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# A mucosal recovery software tool for endoscopic submucosal dissection in early gastric cancer

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**Background:** Due to the limited diagnostic ability, the low detection rate of early gastric cancer (EGC) is a serious health threat. The establishment of the mapping between endoscopic images and pathological images can rapidly improve the diagnostic ability to detect EGC. To expedite the learning process of EGC diagnosis, a mucosal recovery map for the mapping between ESD mucosa specimen and pathological images should be performed in collaboration with endoscopists and pathologists, which is a time-consuming and laborious work.

**Methods:** 20 patients at the Zhejiang Provincial People's Hospital, Affiliated People's Hospital of Hangzhou Medical College from March 2020 to July 2020 were enrolled in this study. We proposed the improved U-Net to obtain WSI-level segmentation results, and the WSI-level results can be mapped to the macroscopic image of the specimen. For the convenient use, a software pipeline named as "Pathology Helper" for integration the workflow of the construction of mucosal recovery maps was developed.

**Results:** The MIoU and Dice of our model can achieve  $0.955 \pm 0.0936$  and  $0.961 \pm 0.0874$  for WSI-level segmentation, respectively. With the help of "Pathology Helper", we can construct the high-quality mucosal recovery maps to reduce the workload of endoscopists and pathologists.

**Conclusion:** "Pathology Helper" will accelerate the learning of endoscopists and pathologists, and rapidly improve their abilities to detect EGC. Our work can also improve the detection rate of early gastric cancer, so that more patients with gastric cancer will be treated in a timely manner.

#### KEYWORDS

mucosal recovery map, artificial intelligence, endoscopic submucosal dissection, early gastric cancer, Pathology Helper

**Core tip:** In this article, we present a new approach to construct the high-quality mucosal recovery maps. We use approximately 20,000 patches to train a deep segmentation network to distinguish cancerous and intestinal metaplasia regions from normal ones. We also develop a mucosal recovery software tool to generates high-quality mucosal recovery maps. In clinical application, this technique can greatly reduce the workload of endoscopists and pathologists and rapidly improve their abilities to detect EGC.

### Introduction

Gastric cancer (gastric carcinoma) is a malignant tumor originating from the gastric mucosal epithelium. In 2018, there were 1,033,701 new cases and 782,685 deaths due to gastric cancer, making it the 6th most commonly diagnosed and 3rd most fatal cancer worldwide (1). In 2015, 42% of the new cases of gastric cancer in the world occurred in China, representing a heavy disease burden of gastric cancer in the country (2). The prognosis of gastric cancer depends largely on the tumor stage. The 5-year survival rate for patients with early gastric cancer is 85-100% with endoscopic submucosal dissection (ESD) operation, while the 5-year survival rate for advanced gastric cancer is <10% (3). However, the early detection rate of gastric cancer is very low. Early detection, diagnosis, and treatment can effectively reduce the mortality of gastric cancer and improve the prognosis after timely treatment. In recent years, with the growth of public health awareness and the popularity of gastroscopy, there was an increase in the number of early gastric cancer detections, but not in the rate of EGC detection. The low rate of diagnosis of EGC may be due to the limited abilities in EGC diagnosis (4).

To expedite the learning process of EGC diagnosis, a mucosal recovery map for the mapping between ESD mucosa specimen and pathological images should be performed in collaboration with endoscopists and pathologists. The mucosal recovery map can show the size, boundary, depth of infiltration, and lymphatic vascular invasion of the lesion. However, it is a time-consuming and laborious work to prepare a mucosal recovery map. To finish a mucosal recovery map, the tumor area should be marked in each slide, and the tumor area should be mapped to the ESD mucosa specimen. If the lesions are large and irregular, it can take many hours to reconstruct a case (5, 6).

Fortunately, the rapid development of deep learning technology provides new ideas to construct mucosal recovery map. Recently, deep learning has been widely used in medical applications, such as computed tomography denoising (7), cell segmentation (8), COVID-19 diagnosis (9), histopathology image classification (10), and breast cancer diagnosis (11). Deep learning can automatically learn task-specific features directly from the data, which can dramatically shorten the time for data processing. In this study, a novel method is proposed for the

construction of mucosal recovery maps based on deep learning which can reduce the work intensity of pathologists.

## Materials and methods

This study was approved by the Ethics Committee of the Zhejiang Provincial People's Hospital, Affiliated People's Hospital of Hangzhou Medical College with the informed consent waived. The proposed method for the construction of mucosal recovery maps can be broken down into the following steps: (1) ESD postoperative specimens processing, (2) Pathological Image Segmentation, and (3) Sections mapping. The workflow was shown in **Figure 1**.

## Endoscopic submucosal dissection postoperative specimens processing

A total of 20 patients at the Zhejiang Provincial People's Hospital, Affiliated People's Hospital of Hangzhou Medical College from March 2020 to July 2020 were enrolled in this study. All patients were diagnosed with EGC and treated with ESD resection. After ESD resection, all resected specimens were processed according to the guidelines of ESD (12). This procedure included stretching of the fresh specimen, fixation in formalin, sectioning of the fixed specimen, and macroscopic photography before and after sectioning. Firstly, the fresh specimen was stretched and pinned at outer borders upon a cork plate with standard pins, and a macroscopic image of the specimen was taken. Then the specimen was immediately fixed through immersion in 10% formalin for 24~48 h and a second macroscopic image was taken. Finally, the fixed specimen was cut and sectioned into small sections at intervals of 2.0~3.0 mm and a third macroscopic image was taken. After the pathological section made, all the sections are scanned into digital WSIs with a Motic scanner. The complete procedure is shown in Figure 2.

#### Pathological image segmentation

When a WSI is prepared properly, pathological image segmentation is the most critical step for the construction of mucosal recovery maps. In this study, a novel segmentation network is proposed for pathological image segmentation. The segmentation network can be broken down into the following steps: (1) Data annotation and preprocessing, and (2) Network construction and training.

#### Data annotation and preprocessing

The annotation work was carried out according to the Japanese classification of gastric carcinoma: 3rd English edition



(13). All WSIs were manually labeled by a group of surgical pathologists by drawing around the cancerous regions (CR) and intestinal metaplasia regions (IR) with red and blue masks, respectively (Figure 3). These masks were modified, confirmed, and verified by another group of pathologists. In the corresponding mask generated, the cancerous regions, intestinal metaplasia regions, and normal mucosa regions (NR) were shown as red, blue, and green, respectively. Then, all annotated WSIs was divided into a training set and a testing set. The training set contained 112 WSIs from 11 patients, and the testing set contained 48 WSIs from 9 patients. Due to the limitations of GPU memory, all WSIs and corresponding masks were split into  $512 \times 512$  pixel patches at 10x magnification (see as Figure 4), and all blank images were removed from the training set. There were 21,799 patches left in the training set and 9,784 patches left in the testing set. The overview of the dataset was shown in Table 1. Random oversampling was adopted for overcome the unbalance between the lesion area and normal area.

#### Network construction and training

Our segmentation network incorporates an SE block (14) into U-Net (15) as shown in **Figure 5**. U-Net is one of the famous

Fully Convolutional Networks (FCNs) (16) used in biomedical image segmentation. The image-label pairs in the training set are fed into the segmentation network for training.

The ResNet-34 framework is employed as the backbone of U-Net. The architecture of our segmentation network is shown in **Figure 6**. The special residual blocks (**Figure 6B**) in ResNet are made up of several convolutional layers with the same number of output channels. Each convolutional layer is followed by a batch normalization layers and a rectified linear unit (ReLU). Then, a shortcut connection and elementwise addition is performed between input and output layers of the block, which make the network easier to optimize (17). Further, a Squeeze-and-Excitation (SE) block is incorporated into U-Net to boost the segmentation performance with increased generalization ability by exploiting adaptive channelwise feature recalibration (14).

The loss function of our segmentation network is the combination of Jaccard distance loss (18) and cross-entropy loss (8). The loss function can be formulated as follows:

$$l = l_{\text{Jaccard distance}} + l_{\text{cross entropy}} \tag{1}$$



FIGURE 3

Whole slide image annotation. (Above and lower left) Endoscopic submucosal dissection specimen with cancerous regions outlined in red, and intestinal metaplasia regions in blue. (Lower right) Corresponding masks for using in deep learning.



Split dataset: (A) Intestinal metaplasia region patches; (B) cancerous region patches; (C) normal region patches.

	Training set	Testing set
Cases	11	9
WSIs	112	48
Patches	21,799	9,784

$$l_{\text{Jaccard distance}} = 1 - \frac{\text{Intersection}}{\text{Union}} = 1 - \frac{1}{N} \sum_{i=1}^{N} \frac{p_i \times y_i}{p_i + y_i - p_i \times y_i}$$
(2)

$$l_{\text{cross entropy}} = -\sum_{i}^{N} p_{i} \log \left( y_{i} \right)$$
(3)

In the formula (2) and (3),  $y_i$  and  $p_i$  are the *i*-th pixels of the labels and predictions, respectively, and N is the number of image pixels.

The network was trained using Adam optimizer with learning rate  $3 \times 10^{-4}$  for 50 epochs with a batch size of 4. The input size of our network was 512 × 512 pixels. To prevent overfitting, data augmentation was operated on all image-label pairs including rotation (rotation angle range  $0\sim359^{\circ}$ ), cropping (vertical and horizontal shift range in  $0\sim50$  pixels), and vertical and horizontal flips. The network is implemented with Keras (TensorFlow backend) and trained on single GTX 1080Ti GPU.

#### Sections mapping

For each WSI in one case, the WSIs are split into 512  $\times$  512 pixel patches. Then the patch-level annotation with the trained

segmentation model, and map the patch-level annotation back to the WSI-level annotation based on their original location. Finally, the WSI-level annotation should be mapped back to the ESD specimens (see in **Figure 7**). Considering that pathological sections may be deformed and atrophied during processing, it was difficult to construct a perfect mucosal recovery map by simple stitching. In this study, GloFlow (19) was employed for slide stitching. GloFlow was a two-stage method for the fusion of pathological image using optical flow-based image registration with global alignment using a computationally tractable graphpruning approach.

## Results

### Specimen preparation standard

To successfully complete the construction of mucosal recovery maps, the specimen needs to meet the following criteria: (1) The edge of the fixed ESD specimen should not be curly, (2) the surface of specimen should be dry and free of mucus, and (3) the photographs of specimen should be without reflections, and micro-structures should be clearly visible.

#### Data and result analysis

We have compared the performance of our model with U-Net on the testing set with 9,784 of patch images. The performance was quantified by using mean intersection over union (MIoU) and Dice Coefficient. MIoU is a standard metric for segmentation purposes, which computes the ratio between the intersection and the union of prediction and ground truth.







The Dice Coefficient is two times the Area of Overlap divided by the total number of pixels in both prediction and ground truth.

As shown in **Table 2**, the segmentation performance of our model and U-Net was listed. From the result in **Table 2**, our model can achieve better performance than U-Net. This is mostly due to the fact that a Squeeze-and-Excitation (SE) block can boost the segmentation performance with increased generalization ability by exploiting adaptive channel-wise feature recalibration. Some segmentation results and corresponding ground truth are shown in **Figure 8**.

# The development of "Pathology Helper"

For the convenient use, a software pipeline named as "Pathology Helper" for integration the workflow of the

TABLE 2 The segmentation performance of our model and U-Net.

Methods	MIoU	Dice
Our model	$0.955 \pm 0.0936$	$0.961\pm0.0874$
U-Net	$0.921 \pm 0.1761$	$0.932\pm0.1585$

construction of mucosal recovery maps was developed. The interface of "Pathology Helper" is shown as Figure 9.

# Conclusion

In the clinical diagnosis and treatment of early gastric cancer, the detection rate (i.e., the number of early gastric cancers as a percentage of the total number of diagnosed gastric cancers) is an important index measuring the level of an endoscopic center. The detection rate varies from place to



Example of segmentation result in patch-level. (A) Whole slide image patches; (B) annotation masks; (C) deep learning model prediction results.

place in China: It can reach 40% in developed cities along the southeast coast, but is less than 10% in remote areas. The overall detection rate in China is about 15%. Therefore, it is very important to improve the detection rate of early gastric cancer.

Mucosal recovery maps can help pathologists and endoscopists improve their understanding of endoscopy and pathomorphology. However, given a specimen of  $6 \text{ cm} \times 5 \text{ cm} \times 0.2 \text{ cm}$  and lesion area about  $3 \text{ cm} \times 2 \text{ cm}$ , it will take about 60 min for a skilled subspecialist in pathology to complete a finely made mucosal recovery map. If the histological classification of the cancer is complex, it may take even longer to complete the task. As a result, many endoscopists are unable to obtain high-quality mucosal recovery maps. In recent years, deep learning has been widely applied in the field of pathological diagnosis, thanks to the popularization of pathological section digitization. In 2017, Esteva et al. (20) used a convoluted neural network to analyze 129,450 pathological images of skin lesions and trained the model to distinguish skin squamous cell carcinoma from seborrheic keratosis, malignant melanoma, and benign nevus with the same accuracy as doctors. In 2019, Kather et al. (21) used a deep residual learning algorithm to identify microsatellite instability (MSI) directly from pathological slices. The accuracy of MSI recognition of colorectal cancer was 84%. There have also been artificial intelligence-assisted diagnostic studies on histopathology, including glioma grade (20), lymphoma classification (21), colorectal cancer polyp classification (22), and prostate cancer diagnosis (23). All these works matched or even went beyond the diagnostic level attained by human pathologists.

In this study, we design a novel segmentation network for pathological image segmentation. Starting with WSIs labeled by surgical pathologists in early gastrointestinal cancer, we trained a novel segmentation network for the automatical annotation of WSIs. Our segmentation network incorporates an SE block (14) into U-Net (15), one of the famous Fully Convolutional Networks (FCNs) (16) used in biomedical image segmentation.



U-Net has had many successful applications, such as brain image segmentation (24), liver image segmentation (25), and cell counting, detection, and morphometry (26). However, it fails to take the differentiate between channel-wise features. In general, the SE block was proposed to be placed in InceptionNet (27) and ResNet (17) for boosting performance in classification and object detection *via* feature recalibration. Accordingly, we incorporate it into U-Net to boost the segmentation performance with increased generalization ability by exploiting adaptive channel-wise feature recalibration. The experiments show that our proposed network has better performance than U-Net alone. After pathological image segmentation, the WSIlevel segmentation result is mapped back to the ESD specimen with the help of a mucosal recovery software tool "Pathology Helper".

"Pathology Helper" can help in the production of highquality mucosal recovery maps. This will accelerate the learning of endoscopists and pathologists, and rapidly improve their abilities to detect EGC. Our work can also improve the detection rate of early gastric cancer, so that more patients with gastric cancer will be treated in a timely manner. However, this software tool still had several limitations. For example, the pathological image segmentation network was developed and trained on the dataset from a single large academic institution, which lacked multi-center or external data validation. Future research is required to determine if the same model trained can achieve high performance on larger or multi-institutional datasets.

## Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

## **Ethics statement**

The studies involving human participants were reviewed and approved by the Ethics Committee of the Zhejiang Provincial People's Hospital, Affiliated People's Hospital of Hangzhou Medical College. The ethics committee waived the requirement of written informed consent for participation.

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## Author contributions

WC, XZ, and YZ: study conception and design. WC, XZ, YZ, YF, QX, and JJ: acquisition of data. HW, CJ, JJ, and TZ: analysis and interpretation of data and statistical analysis. YZ and HW: drafting of the manuscript. WC and XZ: critical revision of the manuscript for important intellectual content, and administrative, technical, or material support. WC: supervision. All authors were involved in writing the manuscript and had final approval of the submitted and published versions.

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## **Conflict of interest**

HW and CJ were employed by Hithink RoyalFlush Information Network Co., Ltd.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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