



# Isolation of Ciprofloxacin and Ceftazidime-Resistant Enterobacterales From Vegetables and River Water Is Strongly Associated With the Season and the Sample Type

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The dissemination of antibiotic-resistant bacteria (ARB) from water used for crop irrigation to vegetables is poorly studied. During a year, five farmer markets in a city in Central Chile were visited, and 478 vegetable samples (parsleys, corianders, celeries, lettuces, chards, and beets) were collected. Simultaneously, 32 water samples were collected from two rivers which are used to irrigate the vegetables produced in the area. Resistant Enterobacterales were isolated and identified. Colistin resistance gene mcr-1 and extended spectrum β-lactamases (ESBL) were molecularly detected. The association of environmental factors was evaluated, with the outcomes being the presence of Enterobacterales resistant to four antibiotic families and the presence of multidrug resistance (MDR) phenotypes. Parsley, coriander, and celery showed the highest prevalence of resistant Enterobacterales (41.9% for ciprofloxacin and 18.5% for ceftazidime). A total of 155 isolates were obtained, including Escherichia coli (n = 109), Citrobacter sp. (n = 20), Enterobacter cloacae complex (n=8), Klebsiella pneumoniae (n=8), and Klebsiella aerogenes (n=1). Resistance to ampicillin (63.2%) and ciprofloxacin (74.2%) was most frequently found; 34.5% of the isolates showed resistance to third-generation cephalosporins, and the MDR phenotype represented 51.6% of the isolates. In two E. coli isolates (1.29%), the gene mcr-1 was found and ESBL genes were found in 23/62 isolates (37%), with blactx-m being the most frequently found in 20 isolates (32%). Resistant Enterobacterales isolated during the rainy

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season were less likely to be MDR as compared to the dry season. Understanding environmental associations represent the first step toward an improved understanding of the public health impact of ARB in vegetables and water.

Keywords: multidrug resistance, vegetable, river water, Chile, environmental risk factors, Enterobacterales

# INTRODUCTION

Antimicrobial resistance (AMR) is one of the most pressing global public health concerns and has been prioritized by the WHO, World Health Organization (2019). The AMR crisis is directly related to the overuse and misuse of antibiotics in multiple activities, including human health, animal production, and agriculture (Manage and Liyanage, 2019). Factors like environmental pollution and livestock production practices likely accelerate the dissemination of antibioticresistant bacteria (ARB) and antimicrobial resistance genes (ARGs) in the environment (e.g., water and soil), facilitating food contamination (Hernando-Amado et al., 2019). Understanding the specific role of each of these factors in the dispersion of ARB and/or ARGs is critical to tackle the fast increase of AMR (Hernando-Amado et al., 2019).

Extended spectrum β-lactamase (ESBL)-producing Enterobacterales, such as Escherichia coli and Klebsiella pneumoniae, are among the top AMR threats (Rajendran et al., 2019). Indeed, the WHO ranked ESBL-producing and carbapenem-resistant Enterobacterales within the critically important pathogens, against which novel strategies are urgently needed (WHO, World Health Organization, 2019). Infections due to ESBL-producing Enterobacterales result in 197,400 hospitalizations and 9,100 deaths per year only in the United States (CDC, Centers for Disease Control and Prevention, 2019). In addition, these pathogens have also been reported in numerous animals, including livestock (poultry and cattle) and companion animals (cats and dogs) (Saliu et al., 2017; Melo et al., 2018; Dantas Palmeira and Ferreira, 2020). In the same way, ESBL-producing Enterobacterales have been found in food (Ye et al., 2018) and water sources (Tanner et al., 2019), highlighting their dissemination into the environment.

In terms of food safety, most of the interest in AMR has focused on recognized foodborne pathogens (e.g., Salmonella spp. and Campylobacter spp.). Not only have these shown a considerable rise in the overall levels of AMR, but also there are increasing reports of emerging resistance to third-generation cephalosporins (3GC) and other critical antibiotics (e.g., colistin and carbapenems) (Lima et al., 2019). Less attention has been given to the presence of clinically relevant ARB in food, whereas current evidence suggests that their presence could be widespread in food products (Hudson et al., 2017). For instance, studies conducted on leafy greens and vegetables have described the presence of multidrug resistance (MDR) Enterobacterales (Zekar et al., 2017; Hölzel et al., 2018; Sapkota et al., 2019; Oh et al., 2020). Similarly, Saksena et al. (2020) described the presence of resistant Enterobacterales, including Klebsiella spp.,

*Escherichia coli, Citrobacter* spp., and *Enterobacter* spp., in a wide range of fruits and vegetables (e.g., apples, tomatoes, and cucumbers, among others) (Saksena et al., 2020). Importantly, previous studies have shown that most of the ARB recovered from vegetables presented resistance to 3GC. In addition, another study reported the presence of fluoroquinolone-resistant *E. coli* in cabbage, lettuce, and spinach in South Africa (Jongman and Korsten, 2016).

Contaminated water used to irrigate crops is one of the main contributors to vegetable contamination with ARB and ARGs (Iwu and Okoh, 2019). This phenomenon has been attributed not only to surface water but also to water wells and groundwater, which have been shown to be capable of transmitting ARB to vegetables and animals (Wu et al., 2016; Guo et al., 2019). Antimicrobial-resistant Enterobacterales have been reported in surface water, with MDR E. coli being the most common bacteria detected in a previous study conducted on the Caribbean island of Guadeloupe, where areas with a low population density showed lower numbers of resistant E. coli in comparison with highly populated urban areas (Guyomard-Rabenirina et al., 2017). While several factors could influence water contamination with ARB, including climate, land usage, and urbanization (Yuan et al., 2019; Weller et al., 2020), in general, the main sources of contamination are feces from humans and animals, including run-off from farms (feed-lots or dairy), manure used as fertilizer, and waste from water treatment plants (Liu et al., 2013; Luna-Guevara et al., 2019). Importantly, in numerous developing countries, rural areas lack drinking water and proper sewage disposal. Consequently, human waste material accumulates in surface water (rivers) (Ferronato and Torretta, 2019). In these circumstances, the use of surface water to irrigate crops is particularly relevant as a potential source of ARB dissemination, particularly in vegetables that are consumed raw or without proper cooking.

While previous studies have highlighted the potential risk to humans of water and vegetables contaminated with ARB, little is currently known about the environmental factors associated with the presence of ARB in water and vegetable sources. Hence, this study aims to determine the presence of clinically relevant antibiotic-resistant Enterobacterales in vegetables and surface water in an agricultural town in central Chile, and their association with environmental factors like season: dry and rainy; source: vegetable type and river water; ambient temperature; produce state (fresh, partly rotten, or completely rotten); presence of insects in farmer market sampled; produce stored at ground level; rain event 5 days before sample collection; pest control present in farmer market; seller wearing gloves when manipulating vegetables; vegetables stored separately by type; and pets present in farmer market.

# MATERIALS AND METHODS

### **Study Location**

This study was carried out in Molina, a city of approximately 45,000 inhabitants in central Chile (Figure 1). Molina is located in a region that comprises 17.2% of the national surface for agricultural and livestock production, from which the main activities are the production of crops, such as cereals, fruit trees, and vineyards (ODEPA, Oficina de Estudios y Políticas Agrarias, 2018). There are 761,981.2 hectares of land used for crop activities (ODEPA, Oficina de Estudios y Políticas Agrarias, 2018), mainly apples, cherries, and kiwis (ODEPA, Oficina de Estudios y Políticas Agrarias, 2018). Also, there are numerous small and mediumsized farms with backyard flocks and other animals, and smalland medium-scale production of vegetables (e.g., lettuce and spinach). Irrigation mainly derives from surface water obtained from two rivers (Lontue and Claro rivers) running parallel to the northern and southern borders of Molina (Figure 1A). The most frequently used irrigation system by small and medium producers is primary and secondary open furrows, using untreated river water distributed by different canal systems. The study area contains one main wastewater treatment plant (WWTP) that discharges the treated effluent into the Carretones Creek which discharges into the river beyond the sampling sites and area evaluated; therefore, this creek was not sampled. The region has a Mediterranean climate, with four seasons, characterized by rainy winters and falls, and dry springs and summers.

## **Vegetable Samplings**

To determine the prevalence of ARB in vegetables harvested and commercialized in the city of Molina, we selected the following vegetables: parsleys, lettuces, beets, chards, celeries, and corianders. This selection fulfilled the following criteria: (i) year-round cultivation in the region, (ii) raw consumption, and (iii) cultivated at ground level. These vegetables were locally grown by small, not industrialized farmers, and had a variety of distribution channels, from collection in larger markets and resale to direct sale in small farmer market. In this location, traceability of sold vegetables is either minimal or absent. Five farmer market selling locally harvested vegetables were selected (Figure 1B and Supplementary Figure S1). Four sampling efforts were performed between May 2019 and January 2020. Samplings were collected in May (fall), July (winter), both represented the rainy season, November (spring) and January (summer), both represented the dry season. A total of 478 vegetable samples were collected, including parsleys (n=103),





lettuces (n=132), beets (n=114), chards (n=108), celeries (n=6), and corianders (n=15). In the absence of a given vegetable, these were replaced by a similar one (e.g., parsley was replaced by coriander). Vegetables were collected on the same market in each sampling; samples were maintained in sterile zip-locked plastic bags and transported aseptically to the Laboratory at Universidad Andres Bello. They were kept at 4°C and processed within 48 h.

The following environmental factors were registered by samplers during each sampling effort: (i) ambient temperature (°C), (ii) produce state (fresh, partly rotten, or completely rotten), (iii) presence of insects in farmer market sampled (yes/no), (iv) produce stored at ground level (yes/no), (v) rain event 5 days before sample collection (yes/no), (vi) pest control presented in farmer market, (vii) seller wearing gloves when manipulating vegetables, (viii) vegetables stored separately by type (yes/no), and (ix) pets present in farmer market (yes/no).

### Water Sampling and Processing

Water sampling was conducted in the course of the Claro and Lontue rivers, both of which originate in the Andes Mountains. The Lontue basin is composed of three river branches (Lontue, Mataquito, and Teno) and the Claro river flows, but flow into the Maule river. All of them finally flow into the Pacific Ocean (**Figure 1A**).

The Lontue and Claro rivers fulfilled the following characteristics: (i) run close to the location where vegetables were collected and produced; (ii) used as irrigation for agricultural purposes; (iii) have perennial flow; and (iv) provide secure access for researchers on foot and/or motor vehicle to collect samples. We sampled these rivers as their water is used to irrigate the area where the vegetables are produced. Sampling points corresponded to areas where each river crossed communes with population densities between 30.28 and 111.88 habs/km<sup>2</sup> (INE, Instituto Nacional de Estadísticas, 2017), including small populated areas with a few households and a middle-sized city. All sampling sites were georeferenced (**Figure 1A**).

A total of 32 water samples were collected from four sampling sites per river every 3 months between May 2019 and January 2020, likewise vegetable samples, two visits represented the dry season, and two visits represented the rainy season. The first sampling site was located in the highest level at which water samples could be collected in the Andes Mountains to determine the original state of the river. The second site was located before the city where vegetables were collected for this study, while the third and fourth sampling sites were located after the city. As the farms of origin of the vegetables collected in the farmers market are scattered along the entire area, we selected different sites along the river's course to evaluate the water quality used for irrigation. Experimentally, 10 liters of river water were collected using the Modified Moore Swab water filtration method (Sbodio et al., 2013). Briefly, this filtration system incorporates a filter gauze into a cassette to retain bacteria from the water sample as it is passed through using a portable peristaltic

pump. All cassettes were kept in individual sterile zip-locked plastic bags, stored at 4°C, and transported aseptically to the Laboratory at Universidad Andres Bello, in Santiago, for processing.

The physical parameters of the river water—pH, water temperature (°C), conductivity ( $\mu$ s), salinity (ppm), and total dissolved solvents (ppm)—were measured and recorded *in situ* at each site using the Yalitech AM 006 Waterproof Multiparameter Meter Combo 6. Also, environmental factors from each visit were registered as: weather conditions (sunny, rainy, partly cloudy, and cloudy), rain event 5 days prior to sample collection (yes/no), ambient temperature (continuous variable °C), presence of visible feces (yes/no), visible presence of domestic animals (yes/no), presence of garbage in sampling site (yes/no), observation of crops nearby sampling site (yes/no), and presence of aquatic plants in sampling sites (yes/no). These variables were further analyzed as described below.

## **Bacterial Isolation and Identification**

A total of 25g of each vegetable were obtained with a sterile scalpel and placed in bags containing 225 ml of buffered peptone water (BD, Franklin Lakes, NJ, United States). Samples were homogenized in a stomacher (IUL Instruments, Spain) for 1 minute and then incubated at 37°C for 18-24 h. The same microbiological procedure was followed for water samples after removing the full gauzes from the cassettes and placed them in peptone water. After incubation, two plates with MacConkey agar medium (BD) were inoculated with 100 µl from each stomacher bag; one plate was supplemented with 2µg/ml of ceftazidime (CAZ; Sigma, Germany) and the other with 2 µg/ml of ciprofloxacin (CIP; Sigma, Germany). In all experiments, K. pneumoniae SCL 2346 (CAZ MIC >16µg/ml and CIP MIC >2µg/ml) and E. coli ATCC 25922 were used as resistant and susceptible controls, respectively. All plates were incubated at 37°C for 18-24h. Colonies were selected according to morphology, using a magnifying glass. This selection was made by classifying the colonies according to standard patterns: colony shape, color (pigmentation), texture, and edge shape, as described previously (Higuera-Llantén et al., 2018). Distinct morphotypes phenotypically consistent with Enterobacterales were further identified by MALDI-TOF (Bruker Daltonics, Germany).

## **Antimicrobial Susceptibility Testing**

All isolates confirmed as Enterobacterales were tested against a panel of 15 antibiotics using the disk diffusion method following CLSI guidelines (CLSI, Clinical and Laboratory Standards Institute, 2018). Antibiotic tested included as ampicillin (AMP, 10  $\mu$ g); cefazolin (CFZ, 30  $\mu$ g); ceftazidime (CAZ, 30  $\mu$ g); ceftriaxone (CRO, 30  $\mu$ g); cefepime (FEP, 30  $\mu$ g); ertapenem (ETP, 10  $\mu$ g); imipenem (IPM, 10  $\mu$ g); meropenem (MEM, 10  $\mu$ g); ampicillin/sulbactam (SAM, 10/10  $\mu$ g); piperacillin/tazobactam (TZP, 100/10  $\mu$ g); ciprofloxacin (CIP, 5  $\mu$ g); amikacin (AMK, 30  $\mu$ g); gentamicin (GEN, 10  $\mu$ g); fosfomycin/trometamol (FOF, 200  $\mu$ g); and trimethoprim/ sulfamethoxazole (SXT, 1.25/23.75  $\mu$ g), all of which were supplied by OXOID (Hampshire, England). Bacterial isolates resistant to three or more antimicrobial classes were cataloged as MDR following previously standardized criteria (Magiorakos et al., 2012). Intrinsic resistance was not considered for susceptibility analysis in *Klebsiella aerogenes* (CFZ and SAM), *Citrobacter freundii* (AMP, CFZ, and SAM), and *Enterobacter cloacae* (CFZ). Importantly, all *Citrobacter* spp. were analyzed as members of the *C. freundii* complex due to the impossibility of identification down to the species level using the MALDI-TOF technique (Kolínská et al., 2015). Isolates classified as intermediate were considered resistant bacteria for the purpose of this study.

# Molecular Detection of Extended Spectrum β-lactamases and *mcr-1*

Isolates exhibiting resistance to third- or fourth-generation cephalosporins (CAZ, CRO, and FEP) or carbapenems (ETP and IMP) were tested to detect the presence of genes encoding ESBLs ( $bla_{\text{TEM}}$ ,  $bla_{\text{SHV}}$ , and  $bla_{\text{CTX-M}}$ ) by a multiplex PCR scheme as previously reported (Salgado-Caxito et al., 2021).

To test a possible resistance to colistin in all isolates, a PCR to detect the *mcr-1* gene was performed. Primers used were previously reported (Rebelo et al., 2018). Briefly, running conditions were as: 1 cycle of denaturation at 95°C for 15 min, followed by 10 cycles of extension: 30 s at 95°C, 30 s at 58°C, and 1 min at 72°C. The final cycle of elongation was performed for 5 min at 72°C. The amplification was visualized by electrophoresis using 2% agarose. *E. coli* isolate SCL1290 (mcr-1 positive) was used as the positive control.

#### **Statistical Analysis**

Antimicrobial resistance profiles were compared among sources by a clustering and a heat map. These represented each isolate resistance/no resistance to previously described antibiotics. Analysis was conducted using Heat-map.plus in R (version 4.0.0). The heat map also included the antibiotic used for isolation, season of isolation collection, bacterial species, source of isolation, and MDR profile (yes/no).

We used generalized linear models (GLM) to explore possible associations between the environmental variables registered during each sampling effort and isolation of MDR Enterobacterales, evaluating each matrix separately. The multivariate statistical model for vegetable samples included all explanatory variables and was selected as the best model based on the Akaike information criterion (AIC=142.11) compared to models including only one variable (AIC > 216.49). The statistical significance (p < 0.05) of each variable in the full model was assessed using Wald's test. As an insufficient number of Enterobacterales was isolated from water samples, GLM could not be conducted. Instead, boxplot (R) or histograms (Excel) were constructed to display the distribution of the data based on isolation of MDR Enterobacterales considering different environmental factors. Some environmental factors were not recorded during the first vegetable sampling (produce condition, wearing gloves while manipulating vegetables, presence of pets, and presence of pest control devices), these were not included in the statistical analysis. Drinking water was available and used in all the farmer markets studied, as well as produce separation by type, therefore, these variables were also not included in the GLM analysis.

It was evaluated the association between each Enterobacterales isolate presenting MDR as defined above (yes/no), with two independent categorical variables (source of the sample and season) that were present in both the vegetable and river dataset: (i) source in which the sample was collected, including "river," "beet," "celery," chard," and "parsley", except for "coriander" that had to be removed from the analysis for having only one sample in which MDR Enterobacterales was isolated, which meant the analysis could not be run; (ii) season in which the sample was collected, with "rainy" including winter and fall and "dry" including spring and summer; and (iii) the variable "CIP/ CAZ selection" corresponding to the antibiotic used as a supplement in the MacConkey agar to isolate clinically relevant Enterobacterales (CIP/CAZ). A similar analysis was conducted categorizing each Enterobacterales isolate resistant to antibiotics of different families: (i) resistant to 3GC (CAZ and/or CRO); (ii) resistant to penicillin with  $\beta$ -lactamase inhibitor (RPIB) antibiotics (SAM and/or TZP); (iii) resistant to the quinolone CIP (RCIP); and (iv) resistant to  $\beta$ -lactam (RBET) antibiotics (AMP, ETP, IPM, MEM, CAZ, CRO, CFZ, FEP, SAM, and/or TZP). However, in these models, the variable "CIP/CAZ selection" was not included. Resistance (yes/no) was characterized as described above based on the CLSI standards.

The binary nature of the response variable (yes/no) required the use of generalized linear models (GLM) with binomial errors (such as logistic regression), including the two variables (source and season) listed above. Analyses of the generalized linear model were performed using the R software<sup>1</sup> (version 4.0.0) The multivariate statistical model included all explanatory variables and was selected as the best model based on the Akaike information criterion (AIC=189.16 for the MDR outcome, AIC=214.51 for the 3GC outcome, AIC=177.77 for the RPIB outcome, AIC=171 for the RCIP outcome, and AIC=190.07 for the RBET outcome) compared to models including only one variable (AIC>216.49). The statistical significance (p<0.05) of each variable in the full model was assessed using Wald's test.

GLM could not be performed for the models to evaluate the association between each Enterobacterales isolates selected using CIP and CAZ resistant to: (i) at least one antibiotic, regardless of their family, as all the isolates were resistant to at least one of the antibiotics evaluated in the study; (ii) carbapenems (ETP, IPM, and/or MEM); and (iii) aminoglycosides (AMK and/or GEN). The GLM for the carbapenem and aminoglycoside outcomes could not be performed because all the Enterobacterales isolates recovered from beets (n=9) were susceptible to carbapenems and aminoglycoside antibiotics as per the CLSI standards.

<sup>&</sup>lt;sup>1</sup>http://www.R-project.org

# RESULTS

# Prevalence of Resistant Enterobacterales in Vegetables

CAZ- and CIP-resistant Enterobacterales were obtained from vegetables during the four samplings. Isolates showed an overall prevalence of 8.8% (42/478) and 17.5% (84/478) for those selected with CAZ or CIP, respectively. For CAZ resistance, the highest prevalence of 35.7% (10/28) and 30.6% (11/36) was found for samples from the *Apiaceae* family (i.e., parsley, coriander, and celery) in the spring and summer, respectively. This was followed by chard samples, which presented a prevalence of 27.6% (8/29) in the summer and 12.5% (3/24) in the spring. Beet and lettuce, also during the summer, showed the higher prevalence (**Table 1**). Interestingly, all 120 vegetable samples obtained during the winter were negative for CAZ-resistant Enterobacterales.

The highest prevalence of CIP-resistance was found in samples from *Apiaceae* during the fall [73.3% (22/30)], spring [50% (14/28)], and summer [44.4% (16/36)]. In chard samples, we observed a prevalence of 30% (9/30) for the fall, 8.3% (2/24) for the spring, and 27.6% (8/29) for the summer. Lettuce samples showed a prevalence of 10% (3/30), 8.3% (3/36), and 6.5% (2/31) for the fall, spring, and summer, respectively. Finally, beet samples were positive only during the fall [13.3% (4/30)] and the summer [4.2% (1/24)] (**Table 1**). Similar to CAZ-resistant Enterobacterales, none of the 120 vegetable samples obtained during the winter season were positive.

### Prevalence of Resistant Enterobacterales Isolated From Water

For the prevalence of isolates obtained in CAZ contained plates, the highest prevalence of 37.5% (3/8) was observed in water samples during the fall (**Table 1**); however, in the water samples, none of the tested samples were positive for CAZ-resistant Enterobacterales during the other seasons. On the other hand, CIP-resistant Enterobacterales were observed in three seasons, with a prevalence of 37.5% (3/8) for the fall and summer and a prevalence of 25% (2/8) in the winter (**Table 1**).

#### Identification and Distribution of Antibiotic-Resistant Enterobacterales Species in Vegetables and Water

A total of 155 ARB was confirmed as Enterobacterales. The predominant species in vegetables and river samples was E. coli, with 70.3% (109/155) of the isolates, which were obtained from the Apiaceae family (n=57 strains), chard (n=18), water samples (n=17), lettuces (n=10), and beets (n=7); Table 2). Moreover, Citrobacter spp. was the second most common (18.7%, 29/155) and was found in the Apiaceae family (n=17), chards (n=7), beets (n=2), and lettuces (n=2); one isolate was recovered from a water sample. Nine isolates belonging to the genus Klebsiella spp. were found (5.8%, 9/155), corresponding to only two species: K. pneumoniae and K. aerogenes; while the first one was found in the Apiaceae family, and in chards and water, K. aerogenes was found only once in a parsley. Finally, E. cloacae complex (2.5%, 8/155) was detected in parsleys, a lettuce, and a chard (Table 2). In addition to the Enterobacterales order, other isolates were identified, including Aeromonas sp., which was recovered from vegetables collected in both rainy and dry seasons (data not shown).

#### Antimicrobial Resistance Profile in Isolates Recovered From Vegetables and Water

Considering the 155 bacterial isolates from vegetables and water, the susceptibility test showed that the highest resistance was to AMP and CIP, with 63.2% and 74.2%, respectively. Resistance to cephalosporins was observed in CFZ, which presented 38.5% of resistance, CAZ 34.8%, CRO 34.2%, and FEP 16.1%. The carbapenems ETP and IPM showed 13.5% and 1.9% of resistance, respectively, while no MEM resistant isolates were obtained during the study. For  $\beta$ -lactams +  $\beta$ -lactamase inhibitor, SAM presented 24.8% of resistance and TZP 8.4%. For aminoglycoside

TABLE 1 | Prevalence of Enterobacterales detected with ceftazidime and ciprofloxacin added plates on vegetable and river samples.

Percentage of positive st uples<sup>2</sup> (Number of positive amples/total samples) in a jiven matrix obtained on p<sup>+</sup> tes with CAZ and CIP

| Season <sup>1</sup> | Parsley, Coriander, and Celery <sup>3</sup> |                | Lettuce     |              | Beet         |              | Chard          |                | Water <sup>₄</sup> |             |
|---------------------|---|----------------|-------------|--------------|--------------|--------------|----------------|----------------|--------------------|-------------|
|                     | CAZ   | CIP            | CAZ         | CIP          | CAZ          | CIP          | CAZ            | CIP            | CAZ                | CIP         |
| Fall                | 6.7% (2/30)                                 | 73.3% (22/30)  | 0% (0/30)   | 10% (3/30)   | 0% (0/30)    | 13.3% (4/30) | 0% (0/30)      | 30% (9/30)     | 37.5% (3/8)        | 37.5% (3/8) |
| Winter              | 0% (0/30)                                   | 0% (0/30)      | 0% (0/35)   | 0% (0/35)    | 0% (0/30)    | 0% (0/30)    | 0% (0/25)      | 0% (0/25)      | 0% (0/8)           | 25% (2/8)   |
| Spring              | 35.7% (10/28)                               | 50% (14/28)    | 2.8% (1/36) | 8.3% (3/36)  | 3.3% (1/30)  | 0% (0/30)    | 12.5% (3/24)   | 8.3% (2/24)    | 0% (0/8)           | 0% (0/8)    |
| Summer              | 30.6% (11/36)                               | 44.4% (16/36)  | 9.7% (3/31) | 6.5% (2/31)  | 12.5% (3/24) | 4.2% (1/24)  | 27.6% (8/29)   | 27.6% (8/29)   | 0% (0/8)           | 37.5% (3/8) |
| Total               | 18.5% (23/124)                              | 41.9% (52/124) | 3% (4/132)  | 6.1% (8/132) | 3.5% (4/114) | 4.4% (5/114) | 10.2% (11/108) | 17.6% (19/108) | 9.4% (3/32)        | 25% (8/32)  |

<sup>1</sup>For all seasons, five farmer markets were sampled.

<sup>2</sup>Included samples with at least one isolate recovered per vegetable and water samples. Total of vegetable samples was 478 and total of river samples was 32.

<sup>3</sup>These three vegetables were grouped together since they belong to the same family of Apiaceae.

<sup>4</sup>Water samples included samples of Lontue and Claro rivers.

CIP, ciprofloxacin; CAZ, ceftazidime.

| Number of isolates obtained  |  |         |      |                |                    |       |  |
|------------------------------|--|---------|------|----------------|--------------------|-------|--|
| Species                      | Parsley, Coriander,<br>and Celery <sup>1</sup> | Lettuce | Beet | Chard          | Water <sup>3</sup> | Total |  |
| Escherichia coli             | 57 <sup>2</sup>                                | 10      | 7    | 18             | 17 <sup>b</sup>    | 109   |  |
| Citrobacter sp               | 17 <sup>2</sup>                                | 2       | 2    | 7              | 1                  | 29    |  |
| Klebsiella pneumoniae        | 2  | 0       | 0    | 5 <sup>2</sup> | 1                  | 8     |  |
| Klebsiella aerogenes         | 1  | 0       | 0    | 0              | 0                  | 1     |  |
| Enterobacter cloacae complex | 6 <sup>2</sup>                                 | 1       | 0    | 1              | 0                  | 8     |  |
| Total                        | 83   | 13      | 9    | 31             | 19                 | 155   |  |

TABLE 2 | Identification and distribution of Enterobacterales strains isolated from vegetable and river samples collected during four seasons during 2019–2020.

<sup>1</sup>These three vegetables were grouped together since they belong to the same family of Apiaceae.

<sup>2</sup>More than one isolate was obtained from the same sample.

<sup>3</sup>Water samples included samples of Lontue and Claro rivers.

resistance, AMK and GEN showed 1.9% and 3.2%, respectively. For FOF, 2.6% of the strains presented resistance. Finally, for SXT, 41.9% showed resistance (**Supplementary Table S1**).

To analyze similarity among antibiotic resistance patterns and sources, a clustering was performed (Figure 2). Five main clusters were identified as: Cluster 1 grouped 21 CAZ-selected isolates [Citrobacter spp. (n=20) from parsley, chard, lettuce, beet, and celery and K. aerogenes (n=1) from parsley] (Figure 2). Nine isolates in cluster 1 presented an MDR phenotype. Cluster 2 grouped 18 isolates (three E. coli from water, six E. coli from parsley, beet, and lettuce, two Citrobacter spp. from parsley and water, and seven K. pneumoniae from parsley, chard, celery, and water), all selected in CAZ from vegetables collected in the fall, spring, and summer and in water samples collected during the fall. All isolates except two K. pneumoniae from chards presented an MDR profile. Cluster 3 grouped 26 MDR isolates (five E. coli from water, 13 E. coli from parsley, chard, and lettuce, and eight E. cloacae complex from parsley, chard, and lettuce) selected in CAZ and CIP from vegetables collected in three seasons (fall, spring, and summer) and from water collected in the fall and summer. Cluster 4 grouped 40 isolates (39 E. coli isolated from parsley, lettuce, chard, beet, celery, coriander, and water and one K. pneumoniae isolated from a chard), all selected in CIP and included isolates from vegetables collected in the fall, spring, and summer, along with isolates from water collected in the fall and summer. A total of 29 E. coli presented MDR. Finally, cluster 5 grouped 50 isolates (43 E. coli isolated from parsley, chard, beet, lettuce, celery, and water and seven Citrobacter spp. isolated from parsley and chard) that were selected and resistant only to CIP; these isolates were obtained from vegetables collected in the fall, spring, and summer, and from samples from water collected in the fall and winter. None of the isolates in cluster 5 presented MDR.

# Presence of *mcr-1* and *bla*<sub>ESBL</sub> Genes in Isolates From Vegetables and Water

The gene *mcr-1* was found in 2/155 isolates; both isolates corresponded to *E. coli* that were isolated during the summer season, from two distinct beet samples from the same market. These two *E. coli* isolates presented identical antibiotic resistance patterns (**Table 3**). Detection of ESBL genes was performed in 62/155 isolates that presented resistance to third-generation

cephalosporins and/or carbapenems. ESBL genes were found in 23/62 isolates tested, representing seven isolates of *K. pneumoniae* (11.3%) and 16 isolates of *E. coli* (25.8%; **Table 3**). The most common ESBL gene detected was  $bla_{CTX-M}$  found in *E. coli* (n=15) and *K. pneumoniae* (n=5), followed by  $bla_{SHV}$  found in *K. pneumoniae* (n=5). Finally,  $bla_{TEM}$  was detected in *E. coli* (n=3) and *K. pneumoniae* (n=1). Combinations of  $bla_{CTX-M}$ ,  $bla_{SHV}$  and  $bla_{CTX-M}$ ,  $bla_{TEM}$  were also found. Summer was the season with more isolates containing ESBL genes, with 10/23 isolates; no ESBL genes were detected in the isolates collected during the winter.

#### Descriptive Evaluation of Environmental Factors and MDR Enterobacterales Isolation in River Water Samples

The results of the descriptive statistics of isolation of MDR Enterobacterales in water samples based on continuous environmental factors registered when samples were collected are shown in **Supplementary Figure S2**. In water samples, 50% of the MDR Enterobacterales isolated in river water were recovered in water with the following characteristics: pH ranging between 6.1 and 7.7, temperature between  $5^{\circ}$ C and  $13^{\circ}$ C, conductivity between 100µs and 250µs, total dissolved solids between 20 and 160ppm; salinity between 20ppm and 120ppm; and an ambient temperature between  $1^{\circ}$ C and  $14^{\circ}$ C (**Supplementary Figure S2**).

The descriptive statistics conducted for the categorical environmental factor (**Supplementary Figure S3**) show that MDR Enterobacterales were (i) more frequently isolated from the Claro river in the rainy season and (ii) slightly more frequent using CAZ instead of CIP as a supplement in the MacConkey agar, (iii) in sunny weather conditions, (iv) in sampling sites in which there was no observation of crops nearby, (v) in sites where a rain event occurred 5 days prior to the water sample collection, (vi) in sites where at least one animal was present when the sample was collected, and (vii) in sites where aquatic plants were present in the sampling point.

#### Association Between Environmental Factors and MDR Enterobacterales Isolation in Vegetable Samples

The descriptive statistics conducted for the categorical and continuous environmental factors (Supplementary Figure S4)



show that MDR Enterobacterales detected in vegetables were (i) more frequently isolated from parsley and chard, (ii) during the dry season, (iii) in sites where a rain event did not occurred 5 days prior to the vegetable sample collection, (iv) in partly cloudy weather conditions, (v) slightly more frequent using CAZ instead of CIP as a supplement in the MacConkey agar, and (iv) in ambient temperature ranging from 18°C to  $27^{\circ}$ C approximately.

The generalized linear model presented in **Table 4** shows that Enterobacterales that grew in MacConkey agar supplemented with CAZ were statistically significantly associated with the isolation of MDR Enterobacterales in vegetable samples, with CAZ used as supplement having a 3.1 times higher likelihood of isolating MDR Enterobacterales compared to those that were isolated in plates supplemented with CIP (OR=0,073; 95% CI: [1.217, 8.2623]; p < 0.021). All the other environmental factors (produce type, season, produce state, insect in farmers market, and produce at ground level) presented a non-significant association with MDR Enterobacterales in the GLM model (value of p > 0.05).

#### Association Between the Environmental Factors Season and Source of the Sample, and AMR Enterobacterales Isolation in Both Vegetable and Water Samples

The seasonality analyses shown in **Table 5** indicate that Enterobacterales isolates recovered from vegetable samples collected during the rainy season were significantly less likely to be resistant to at least one 3GC (OR=0.08; 95% CI: [0.023– 0.227]; p < 0.00001) compared to those recovered in samples collected in the dry season (**Table 5**). Similarly, Enterobacterales isolates recovered from samples collected during the rainy season were significantly less likely to be resistant to at least one penicillin combined with a  $\beta$ -lactamase inhibitor (OR=0.18; 95% CI: [0.05–0.47]; p < 0.0015) and to at least one  $\beta$ -lactam antibiotic (OR=0.22; 95% CI: [0.098–0.482]; p < 0.0001) compared to Enterobacterales isolates recovered from samples collected during the dry season (**Table 5**). In contrast, Enterobacterales previously isolated from samples collected during the rainy season were 5.12 times more likely to be resistant to CIP in the disk diffusion method than isolates recovered in samples collected during the rainy season (OR=5.109; 95% CI: [1.069, 19.806]; p=0.0034).

For the variable matrix, the statistical analyses showed that Enterobacterales isolated from chard and parsley were 0.2 times less likely to be resistant to at least one 3GC compared to the isolates obtained from river (OR=0.203 [95% CI: 0.038, 0.930]; p=0.046 and OR=0.202 [95% CI: 0.043, 0.814]; p<0.029, respectively; **Table 5**). Similarly, Enterobacterales isolated from parsley were 4.51 more likely to be resistant to CIP compared to those isolated from the river ([95% CI: 0.5945633, 26.576365]; p=0.039).

The generalized linear model showed that Enterobacterales that grew in MacConkey agar supplemented with CAZ were the only statistically significant variable associated with the isolation of MDR Enterobacterales (**Table 5**); this indicates

| TABLE 3 | Resistance profile and | presence of mcr-1 | and <i>bla</i> ESBI | genes on F  | coli and K   | nneumoniae isolates    |
|---------|------------------------|-------------------|---------------------|-------------|--------------|------------------------|
| IT OFFO |                        |                   | una placobe         | gonoo on E. | 0011 0110110 | priournornao ioolacoo. |

| Species                    | Source   | Season | Resistance Profile <sup>2</sup> | bla genes or mcr                                  |
|----------------------------|----------|--------|---------------------------------|---|
| E. coli                    | Parsley  | Spring | AMP-CFZ-CAZ-CRO-FEP-            | bla <sub>ctx-M</sub>                              |
|                            |          |        | ETP-SAM-CIP-AMK-SXT             |   |
| E. coli                    | Parsley  | Spring | AMP-CFZ-CAZ-CRO-FEP-            | bla <sub>CTX-M</sub>                              |
|                            |          |        | SAM-CIP-AMK-SXT                 |   |
| E. coli                    | Lettuce  | Spring | AMP-CFZ-CAZ-CRO-FEP-            | bla <sub>CTX-M</sub>                              |
| E coli                     | Parslev  | Spring | AMP-CEZ-CAZ-CBO-EEP-            | blaction  |
| 2.00                       | T Groloy | Opinig | SAM-CIP-SXT                     | DIGCIX-M  |
| E coli                     | Parslev  | Spring | AMP-CEZ-CAZ-CBO-EEP-            | blaction  |
| 21 000                     | i aloioy | opinig | SAM-CIP-SXT                     | STACTX-W  |
| E. coli                    | Parslev  | Spring | AMP-CFZ-CAZ-CBO-FEP-            | blactom   |
|                            |          | -13    | SAM-CIP-SXT                     |   |
| E. coli                    | Lettuce  | Spring | AMP-CFZ-CAZ-CRO-FEP-CIP-        | bla <sub>CTX-M</sub>                              |
|                            |          |        | SXT                             | on m  |
| E. coli                    | River    | Summer | AMP-CFZ-CRO-FEP-SAM-            | bla <sub>ctx-M</sub>                              |
|                            |          |        | CIP-SXT                         |   |
| E. coli                    | Beet     | Summer | AMP-CFZ-CRO-FEP-FOF-SXT         | bla <sub>CTX-M</sub> , bla <sub>TEM</sub> , mcr-1 |
| E. coli                    | Beet     | Summer | AMP-CFZ-CRO-FEP-FOF-SXT         | bla <sub>CTX-M</sub> , bla <sub>TEM</sub> , mcr-1 |
| E. coli                    | Parsley  | Summer | AMP-CAZ-CIP-SXT                 | bla <sub>TEM</sub>                                |
| E. coli                    | River    | Fall   | AMP-CFZ-CAZ-FEP-CRO-SXT         | bla <sub>CTX-M</sub>                              |
| E. coli                    | River    | Fall   | AMP-CFZ-CAZ-FEP-CRO-SXT         | bla <sub>CTX-M</sub>                              |
| E. coli                    | River    | Fall   | AMP-CFZ -CAZ-FEP-CRO            | bla <sub>CTX-M</sub>                              |
| E. coli                    | River    | Fall   | AMP-CFZ-FEP-CRO-SXT             | Ыа <sub>стх-м</sub>                               |
| E. coli                    | River    | Fall   | AMP-CFZ-FEP-CRO-SXT             | bla <sub>CTX-M</sub>                              |
| K. pneumoniae              | Chard    | Summer | CFZ-CAZ-CRO-FEP-ETP-FOF-        | bla <sub>CTX-M,</sub> bla <sub>SHV</sub>          |
|                            |          |        | SXT                             |   |
| K. pneumoniae              | Celery   | Summer | CFZ-CAZ-CRO-SAM-GEN-            | bla <sub>shv</sub>                                |
|                            |          |        | SXT                             |   |
| K. pneumoniae              | Parsley  | Summer | CFZ-CAZ-CRO-FEP-FOF-SXT         | bla <sub>CTX-M</sub> , bla <sub>SHV</sub>         |
| K. pneumoniae              | Chard    | Summer | CFZ-CAZ-CRO-SAM-GEN             | SHV   |
| K. pneumoniae <sup>1</sup> | Chard    | Summer | CFZ-CAZ-CRO-FEP                 | bla <sub>CTX-M</sub> , bla <sub>SHV</sub>         |
| K. pneumoniae <sup>1</sup> | Chard    | Summer | CFZ-CAZ-CRO-FEP                 | bla <sub>CTX-M</sub> , bla <sub>SHV</sub>         |
| K. pneumoniae              | River    | Fall   | AMP-CFZ -CAZ-CRO-FEP-           | bla <sub>CTX-M</sub> , bla <sub>TEM</sub>         |
|                            |          |        | ETP-SAM-CIP-GEN-SXT-TZP-        |   |
|                            |          |        | AMK                             |   |

<sup>1</sup>Isolates resistant only to cephalosporins.

<sup>2</sup>AMP, ampicillin; CFZ, cefazolin; CAZ, ceftazidime; CRO, ceftriaxone; FEP, cefepime; ETP, ertapenem; IPM, imipenem; MEM, meropenem; SAM, ampicillin/sulbactam; TZP, piperacillin/tazobactam; CIP, ciprofloxacin; AMK, amikacin; GEN, gentamicin; FOF, fosfomycin/trometamol; and SXT, trimethoprim/sulfamethoxazole.

that Enterobacterales that grew in CAZ supplemented plates were 3.28 more likely to be MDR Enterobacterales compared to those that grew in CIP supplemented plates (OR = 3.28 [95% CI: 1.519, 7.421] value of p: 0.003). All the other variables included in the model were not significantly associated with the isolation of MDR Enterobacterales (value of p > 0.05).

### DISCUSSION

In this study, antibiotic-resistant Enterobacterales were recovered and characterized from vegetables and water samples in an agricultural city in central Chile; variation in seasons and source composition were analyzed to search for associations with the presence of resistant and MDR Enterobacterales. The main findings of this work are as: (i) wide distribution and significant prevalence of resistant and clinically relevant Enterobacterales in both vegetables and surface water; (ii) colistin resistance gene *mcr-1* and ESBL coding genes found in isolates obtained from vegetables and water; and (iii) association of seasons of the year with the isolation of MDR and third-generation cephalosporin resistant Enterobacterales in vegetables and water samples.

#### Wide Distribution and Significant Prevalence of Resistant and Clinically Relevant Enterobacterales in Vegetables and Water

Currently, there is scarce information about AMR in vegetables and the risk of ARB acquisition by consumption of contaminated vegetables; in this work, we found a high prevalence of resistant and MDR Enterobacterales collected from vegetables, mostly in sampled parsleys, corianders, and celeries. While many food safety research has focused on well-known foodborne pathogens, such as *Salmonella, Listeria monocytogenes*, and *E. coli* O157-H7 in vegetables (Rajabzadeh et al., 2018), our study screened for antibiotic-resistant Enterobacterales. In other studies, distinct prevalence of resistant Enterobacterales has been reported in food, for instance, Richter et al., 2019 found that spinaches and tomatoes, obtained at different points of sale (grocery

| Variable                   | Categories or levels <sup>1</sup> | Odds ratio estimates <sup>2</sup> | SD Error | 95% CI limits   | Р      |
|----------------------------|-----------------------------------|-----------------------------------|----------|-----------------|--------|
| Produce                    | Parsley <sup>3</sup>              |                                   |          |                 |        |
|                            | Beet                              | 0.802                             | 1.0731   | (0.096, 7.718)  | 0.837  |
|                            | Celery                            | 3.596                             | 1.2200   | (0.415, 78.524) | 0.294  |
|                            | Chard                             | 0.698                             | 0.5888   | (0.215, 2.205)  | 0.541  |
|                            | Lettuce                           | 1.183                             | 0.8666   | (0.220, 7.200)  | 0.846  |
| Season <sup>4</sup>        | Summer <sup>3</sup>               |                                   |          |                 |        |
|                            | Spring                            | 1.913                             | 0.9730   | (0.298, 16.139) | 0.505  |
| Produce State              | Fresh <sup>3</sup>                |                                   |          |                 |        |
|                            | Partly Rotten                     | 2.927                             | 0.7116   | (0.764, 13.104) | 0.131  |
|                            | Completely Rotten                 | 0.437                             | 1.1446   | (0.039, 3.981)  | 0.470  |
| Insects in farmers market  | Yes <sup>3</sup>                  |                                   |          |                 |        |
|                            | No                                | 0.3969                            | 1.0318   | (0.0495, 2.965) | 0.371  |
| Produce at ground level    | Yes <sup>3</sup>                  |                                   |          |                 |        |
|                            | No                                | 0.498                             | 0.7339   | (0.112, 2.123)  | 0.342  |
| Enterobacterales isolation | CIP <sup>3</sup>                  |                                   |          |                 |        |
| with CAZ or CIP            | CAZ                               | 3.073                             | 0.4854   | (1.217, 8.2623) | 0.0215 |

**TABLE 4** | Multivariable generalized linear model showing risk factor associations between environmental factors and isolation of MDR Enterobacterales strains isolated from vegetables collected in November 2019 and January 2020.

<sup>1</sup>Vegetable samples with Enterobacterales strains isolated in MacConkey supplemented with 2 μg/ml of ciprofloxacin (CIP) and 2 μg/ml of ceftazidime (CAZ). <sup>2</sup>AIC = 142.11: R-sqr = 0.1091288.

<sup>2</sup>AIC = 142.11; R-sqr = 0.1091288.

<sup>3</sup>Used as the reference category for statistical comparisons.

<sup>4</sup>Spring: September 21st to Dec 20th 2021; Summer: Dec 21st to March 20th.

<sup>5</sup>Risk factors with statistically significant results.

stores, vendors, and farmer markets), were the most frequently contaminated, with a prevalence of 17.4%, which was similar to our study. However, a much lower prevalence (2.7%) was reported for 3GC resistance bacteria in supermarket vegetables in Netherlands (Blaak et al., 2014). This highlights the relevance of understanding local level of contamination and the public health implications of the consumption of ready-to-eat vegetables contaminated with resistant Enterobacterales.

In this study, we also investigated resistant Enterobacterales in water samples; here, we found an important prevalence of resistance and MDR Enterobacterales. Likewise vegetable samples, different prevalence results have been reported, as a similar study that reported highly contaminated water samples (15/22 samples) collected in estuaries in the Lebanon (Diab et al., 2018), where 45% of these isolates presented an MDR profile (E. coli, K. pneumoniae, and Citrobacter spp). These results suggest that rivers used to irrigate the farms, carry antimicrobial-resistant Enterobacterales, and could be a potential source of contamination for the vegetables that were locally produced and consumed throughout the year (Jongman and Korsten, 2016; Hudson et al., 2017). While traceability of sampled vegetables was not possible with our approach (sampling at farmer markets), rather than at the harvesting sites, further whole genome sequencing could facilitate to elucidate closeness of resistant Enterobacterales obtained from water and vegetable samples.

In this work, we not only found high prevalence, but also presence of clinically relevant Enterobacterales (3GC resistant *E. cloacae* complex and *E. coli*, and *K. pneumoniae*). *K. pneumoniae* and *E. cloacae* complex are considered opportunistic pathogens, and several reports indicated that they are associated with important hospital-acquired infections (De Oliveira et al., 2020). Other similar studies have also reported *Enterobacter* and *Klebsiella* genera in fresh vegetables; more concerning, they found a higher concentration of *E. cloacae* in ready-to-eat food

products (Falomir et al., 2013). Our findings along with previous studies are extremely interesting because it creates the possibility of knowing the potential risk of acquiring clinically relevant bacteria from food. These bacteria could colonize the gut microbiota of people or could even cause a higher risk of developing an infection in immunocompromised people. Although the evidence is strong, more studies are needed to trace these bacteria and their fate after people ingest them.

#### Colistin Resistance Gene *mcr-1* and ESBL Were Found in Isolates Obtained From Vegetables and Water

In this publication, two E. coli isolates that carry the mcr-1 gene were found. This result represents the first report of colistinresistant bacteria in vegetables in Latin America and the first time that the mcr-1 gene has been described in non-clinical environments in Chile. Nowadays, colistin is considered "lastline therapy" to treat infections caused by MDR-resistant Gramnegative bacteria, such as E. coli and K. pneumoniae (Jones et al., 2013) and there is an increasing worldwide interest in bacteria isolated from vegetables carrying the mcr-1 gene due to the potential risk of acquiring this gene through food consumption. Colistin-resistant bacteria isolated from vegetables and carrying some alleles of the mcr-1 gene have already been described in diverse other countries (Zurfuh et al., 2016; Liu et al., 2020; Manageiro et al., 2020), which constitutes a major public health problem. Importantly, the two isolates that carried *mcr-1* genes found in this study, also carried the  $\beta$ -lactamases bla<sub>CTX-M</sub> and *bla*<sub>TEM</sub>. Although this work did not study the genetic context of these genes, it would be interesting to evaluate it in a future study since it has been described that the mcr-1 gene with different  $\beta$ -lactamases can coexist in the same plasmid that are highly transmissible (Migura-Garcia et al., 2020).

**TABLE 5** | Multivariate generalized linear model testing the influence of Matrix and season on the likelihood of each Enterobacterales isolate's resistance based on Kirby-Bauer and CLSI standards: (**A**) Multidrug resistance (MDR)<sup>1</sup> and resistance to at least one antibiotic of the following families: (**B**) third-generation cephalosporin (3GC)<sup>2</sup>; (**C**) Penicillin with  $\beta$ -lactamase inhibitor (RPIB)<sup>3</sup>; (**D**) Ciprofloxacin (RCIP)<sup>4</sup>; and (**E**)  $\beta$ -lactam (RBET)<sup>5</sup>.

| Model                | Variable                           | Level   | OR    | OR 95%CI        | Std. error | z value | Pr (> z )  |
|----------------------|------------------------------------|---------|-------|-----------------|------------|---------|------------|
| A. MDR <sup>1</sup>  | Matrix <sup>6,7</sup>              | Beet    | 0.243 | (0.035, 1.421)  | 0.93       | -1.521  | 0.1283     |
|                      |                                    | Celery  | 1.960 | (0.194, 46.447) | 1.29       | 0.522   | 0.6017     |
|                      |                                    | Chard   | 0.450 | (0.119, 1.636)  | 0.66       | -1.205  | 0.2281     |
|                      |                                    | Lettuce | 1.399 | (0.280, 7.550)  | 0.82       | 0.406   | 0.6849     |
|                      |                                    | Parsley | 0.601 | (0.185, 1.901)  | 0.58       | -0.866  | 0.3865     |
|                      | Season <sup>8,9</sup>              | Rainy   | 0.555 | (0.245, 1.224)  | 0.40       | -1.444  | 0.1487     |
|                      | CIP/CAZ<br>Selection <sup>10</sup> |         | 3.282 | (1.519, 7.420)  | 0.40       | 2.953   | 0.003211   |
|                      | Matrix <sup>6,7</sup>              | Beet    | 0.411 | (0.053, 2.862)  | 1.00       | -0.883  | 0.3774     |
| D 0003               |                                    | Celery  | 0.129 | (0.011, 1.235)  | 1.17       | -1.752  | 0.0797     |
| B. 3GC <sup>2</sup>  |                                    | Chard   | 0.203 | (0.039, 0.930)  | 0.80       | -1.992  | 0.046411   |
|                      |                                    | Lettuce | 0.256 | (0.039, 1.508)  | 0.92       | -1.476  | 0.1399     |
|                      |                                    | Parsley | 0.201 | (0.043, 0.814)  | 0.73       | -2.178  | 0.029411   |
|                      | Season <sup>8,9</sup>              | Rainy   | 0.082 | (0.023, 0.226)  | 1.00       | -4.386  | < 0.000111 |
| C. RPIB <sup>3</sup> | Matrix <sup>6,7</sup>              | Beet    | 0.189 | (0.008, 1.822)  | 1.28       | -1.305  | 0.1919     |
|                      |                                    | Celery  | 0.604 | (0.054, 5.955)  | 1.16       | -0.433  | 0.6642     |
|                      |                                    | Chard   | 0.371 | (0.072, 1.910)  | 0.81       | -1.208  | 0.2270     |
|                      |                                    | Lettuce | 0.536 | (0.082, 3.338)  | 0.93       | -0.669  | 0.5033     |
|                      |                                    | Parsley | 0.616 | (0.146, 2.722)  | 0.73       | -0.667  | 0.5046     |
|                      | Season <sup>8,9</sup>              | Rainy   | 0.174 | (0.053, 0.472)  | 0.55       | -3.179  | 0.001411   |
| D. RCIP <sup>4</sup> | Matrix <sup>6,7</sup>              | Beet    | 0.896 | (0.170, 2.86)   | 0.94       | -0.117  | 0.9066     |
|                      |                                    | Celery  | 2.115 | (0.141, 5.958)  | 1.15       | 0.651   | 0.5153     |
|                      |                                    | Chard   | 1.761 | (0.222, 23.604) | 0.76       | 0.745   | 0.4560     |
|                      |                                    | Lettuce | 3.647 | (0.394, 8.173)  | 0.95       | 1.359   | 0.1740     |
|                      |                                    | Parsley | 4.513 | (0.595, 26.576) | 0.73       | 2.067   | 0.038711   |
|                      | Season <sup>8,9</sup>              | Rainy   | 5.109 | (1.069, 19.806) | 0.56       | 2.929   | 0.003411   |
| E. RBET⁵             | Matrix <sup>6,7</sup>              | Beet    | 0.431 | (0.072, 2.523)  | 0.89       | -0.945  | 0.3448     |
|                      |                                    | Celery  | 0.689 | (0.070, 16.050) | 1.28       | -0.291  | 0.7707     |
|                      |                                    | Chard   | 0.509 | (0.131, 1.889)  | 0.68       | -0.999  | 0.3180     |
|                      |                                    | Lettuce | 3.557 | (0.462, 75.096) | 1.19       | 1.070   | 0.2847     |
|                      |                                    | Parsley | 0.475 | (0.140, 1.502)  | 0.60       | -1.243  | 0.2140     |
|                      | Season <sup>8,9</sup>              | Rainy   | 0.221 | (0.098, 0.482)  | 0.40       | -3.726  | 0.000211   |

<sup>1</sup>AIC = 189.16; r2 = 0.07131851.

<sup>2</sup>AIC=214.51; r2=0.1678267.

<sup>3</sup>AIC = 177.77; r2 = 0.0984252.

<sup>4</sup>AIC = 171; r2 = 0.107578.

 $^{5}AIC = 190.07; r^{2} = 0.1302794.$ 

<sup>6</sup>For the variable Matrix, the level "coriander" had to be removed from the model because this food had only one Enterobacterales isolate, which did not present MDR, therefore the GLM presented error.

<sup>7</sup>Water sample was used as the reference for the variable Matrix to estimate the effects of each variable category.

<sup>8</sup>Dry was used as the reference for the variable Matrix to estimate the effects of each variable category.

<sup>9</sup>Season in which the sample was collected with "Rainy" representing March 21st to September 20th, and "Dry" from September 21st to March 20th for a Mediterranean climate in the Southern Hemisphere of the American continent.

<sup>10</sup>CIP/CAZ selection corresponds the antibiotic used to select Enterobacterales AMR isolates. CIP was used as the reference for the variable CIP/CAZ selection to estimate the effects of each variable category.

<sup>11</sup>Variables with statistical significance (p < 0.05).

Our work found that ESBL had a prevalence of 11.3% in *K. pneumoniae* and 25.8% in *E. coli*. Similar results were presented in a previous study that collected 109 vegetable samples from 18 farms in Tunisia and detected ESBL genes in isolates of *E. coli, Klebsiella*, and *Citrobacter*; likewise our study,  $bla_{CTX-M}$  was the most common ESBL detected, and  $bla_{TEM}$  and  $bla_{SHV}$  were also found (Said et al., 2015). Additionally, ESBL genes have also been reported from different water sources, Caltagirone et al., 2017 conducted a study in Italy and reported the presence of  $bla_{CTX-M}$  along with  $bla_{CTX-M}$  in combination with  $bla_{SHV}$  in isolates obtained from wells, streams, and water treatment plants. In Chile, a recent study reported the prevalence of ESBL in

*E. coli* in domestic and wild animals, indicating a 30% prevalence in livestock, 24% in dogs, and 0.5% in wild animals; meanwhile, CTX-M enzymes were the most common enzymes in this study, coinciding with the results reported in the present work (Benavides et al., 2021). Other studies in the country have reported  $bla_{CTX-M}$ in foxes, Andean condors, and wild felids (Cevidanes et al., 2020; Sacristán et al., 2020). These results highlight a high incidence of  $bla_{CTX-M}$  in different environments in Chile and the fact that run-off from domestic animals could be a source of contamination for water and food. Significantly, AMR should be studied with a focus on one health because  $bla_{CTX-M}$  was found to present a high prevalence in an intensive care unit in the country (Pavez et al., 2019). The present study, along with previously reported studies, highlights the relevance of improving our understanding of the environmental dissemination of ESBL in water sources and vegetables. Further studies are necessary, including whole genome sequencing of the collected isolated harboring ESBL, to understand at the genomic level the isolates and mobile genetic elements that are involved in the dispersion and transmission of these genes.

#### Seasons Is Associated With the Isolation of MDR and Third-Generation Cephalosporins Enterobacterales in Vegetables and Water

Statistical analysis performed in this work indicated that the rainy season (fall and winter) has a lower likelihood of isolating Enterobacterales that displayed an MDR phenotype and resistance to at least one 3GC compared to the dry season. Conversely, a previous study carried out in North Africa characterized 3GC resistant Gram-negative bacteria in which a higher frequency of contamination of fruits and vegetables was identified during the rainy season (winter and fall for this region; Zekar et al., 2017). Other, previous research also found a higher load of microorganisms in vegetables during rainy seasons, due mainly to an increase in rainfall that carries garbage along with lower solar irradiation (Allende et al., 2017). The difference between our results could be due in Chile, the dry season is during the summer and spring, in which temperature of water could increase, river water flow could decrease, and rains are scarce, but if there is a rain event, this could drag accumulated material on the banks of the rivers, but this hypothesis should be further investigated. Moreover, none of the investigations mentioned before evaluated AMR. Very few studies have focused on AMR and environmental factors, one previous work has related the increase of bacteria (E. coli and K. pneumoniae) that carry ESBL in the human population during the summer, concluding that seasonality could play a fundamental role in the dissemination of ESBL (Wielders et al., 2020). These results agreed with those obtained in our work, as it is precisely in the summer that the highest number of ESBLs was found. While this study presented data for only 1 year of sampling, longitudinal data for longer than 1 year are necessary. Overall, understanding seasons with higher contamination with resistant Enterobacterales contribute to a better understanding of the transmission dynamics of AMR through food and to further develop interventions.

Our study indicates that performing screening on plates supplemented with ceftazidime increases the probability of finding MDR Enterobacterales in vegetable samples. Therefore, this antibiotic could be used as a marker for multidrug resistance in Enterobacterales in our region, agreeing with data from other regions, such as Europe, where cefotaxime is used as a marker of resistance (Shaw et al., 2021). Before this study, it was thought that supplementing with ciprofloxacin could have a similar effect on the detection of MDR Enterobacterales, as in this region a high prevalence of resistance to this antibiotic is reported (ISP, Instituto de Salud Publica, 2015; Durán, 2018). In addition, ciprofloxacin is usually found in aquatic environments, such as river water that is used to water vegetables due to its low biodegradation in aquatic environments (Girardi et al., 2011).

# CONCLUSION

This study emphasizes the importance of improving our understanding of environmental and food contamination with antimicrobial-resistant bacteria. The presence of MDR Enterobacterales isolates in vegetables that are mostly consumed without further cooking could represent a public health concern. MDR isolates, ESBL producers, and *mcr-1* were found in vegetables and river water that may irrigate those vegetables, these findings highlight the potential wide spread of MDR Enterobacterales and ESBL genes in the studied region. Because AMR is a global concern, reports from underrepresented regions in which environmental surveillance of AMR is not conducted could help to develop local awareness of AMR, especially for food-producing countries that may have underestimated the importance of environmental AMR.

# DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

# AUTHOR CONTRIBUTIONS

CD-G, AM-S, AA, JO-P, and CB designed the study, conducted the experiments, and wrote the manuscript. AA ran the statistical analysis while CD-G constructed the heat map. LR, PG, and FA conducted experiments. GG-R, SC, AO-C, JM, and RA designed experiments and critically reviewed the manuscript.

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## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb.2021. 604567/full#supplementary-material

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