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Unveiling the *Launaea nudicaulis* (L.) Hook medicinal bioactivities: phytochemical analysis, antibacterial, antibiofilm, and anticancer activities

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Commonly used antimicrobial agents are no longer effective due to their overuse or misuse. In addition, many medicinal plant extracts can combat infectious diseases due to their main active constituents or secondary metabolites. The current study aimed to assess the bioactivities of Launaea nudicaulis (LN) leaf extract (LE) against different multi-drug resistant (MDR) Pseudomonas aeruginosa (P. aeruginosa) isolates. The ethyl acetate extract of a Launaea nudicaulis (LN) leaf was analyzed using GC-MS, which identified 27 key bioactive compounds. The major constituents found were as follows: 7-acetyl-6-ethyl-1,1,4,4-tetramethyltetralin, isopropyl myristate, thiocarbamic acid, N,N-dimethyl, S-1,3-diphenyl-2-butenyl ester, hahnfett, cyclopentane acetic acid, 3-oxo-2-pentyl-, methyl ester, hexadecanoic acid, and dotriacontane. Our study demonstrated that the LN leaf was a rich source of other important phytochemicals, including phenolic acids, tannins, saponins, and steroids. The relative biosafety of the L. nudicaulis LE was determined from the elevated inhibitory concentration 50 (IC50) of 262 µg/mL, as calculated from the cytotoxicity assay against the Wi-38 normal cell line. Conversely, 12.7 and 24.5 µg/ mL were the recorded low IC50 values for the tested extract against the MCF-7 and Hep-G2 cancerous cell lines, respectively, reflecting its potent activity against the tested cancerous cell lines. Microbiologically, the susceptible P. aeruginosa isolates to the tested extract showed a growth inhibition zone diameter, in the well diffusion assay, ranging from 11.34 ± 0.47 to 26.67 ± 0.47 mm, and a percent inhibition (PI) value of 50-106.2%, reflecting its acceptable activity. In addition, the broth microdilution assay recorded minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) in the ranges of 15.625-1,000 µg/mL and 125–1,000 µg/mL, respectively. In conclusion, the L. nudicaulis LE revealed showed promising activity and high selectivity against P. aeruginosa. Moreover, the extract exhibited natural anticancer activities with safe low concentrations, indicating its potential as a superior candidate for future studies of its active constituents.

KEYWORDS

Launaea nudicaulis, plant extract, P. aeruginosa, MIC, MBC, antibiofilm activity, anticancer activity

1 Introduction

The overuse or misuse of antimicrobial agents in different sectors, particularly clinical healthcare, animal treatment, and agricultural practices, has resulted in the emergence of antimicrobial resistance. As a result, commonly used anti-infectious agents are no longer effective, posing a serious global health concern in the 21st century (Ahmed et al., 2024). Pseudomonas aeruginosa is a highly adaptable bacterium, with a potential risk of developing increased resistance to currently used antimicrobials. Consequently, this pathogen is among the top pathogens that develop a multi-drug resistant (MDR) phenotype in response to antimicrobial misuse or overuse (Coseriu et al., 2023). Hence, the Infectious Diseases Society of America (IDSA) categorized P. aeruginosa as a causative agent of difficult-to-treat infections (Sathe et al., 2023). Although g/mL were classified common carbapenems are used as a last line of defense to control severe infections, the Centers for Disease Control (CDC) has announced the urgent need to monitor bacterial carbapenem resistance (Coseriu et al., 2023). The WHO included carbapenem-resistant P. aeruginosa on its pathogens list, emphasizing the critical need for innovative therapeutic strategies against the listed pathogens (El-Sapagh et al., 2023).

Plant extracts have long been recognized as a source of antimicrobial compounds, with many species producing secondary metabolites such as phenolics, terpenoids, alkaloids, and flavonoids that exhibit broad-spectrum activity against bacteria, fungi, viruses, and even protozoa (Cowan, 1999; Vaou et al., 2021; Yetgin, 2024). These plant-derived antimicrobials can disrupt microbial cell membranes, inhibit enzymes, and interfere with other vital cellular processes, making them potentially useful in various applications, including food preservation, healthcare, and agriculture (Khare et al., 2021). The complex and diverse nature of plant-derived antimicrobials can also make it more challenging for microbes to develop resistance as they would need to overcome multiple mechanisms of action simultaneously (Abdallah et al., 2023). In addition, the evolving application of antibacterial phytochemicals against bacterial biofilms resulted from the increasing research on the activity of these natural products (Wu et al., 2024). The use of such products has several benefits, including enhanced patient tolerance, effortless biodegradability, renewability, relatively low cost, minimal side effects, and acceptability (Paneri et al., 2023).

The methanolic extract of *Launaea mucronata* showed remarkable antimicrobial activity against *Candida albicans* and *Proteus vulgaris*. The extract also exhibited high antioxidant and biosafety levels and high activity against hepatocellular cancerous cell lines (Abouzied et al., 2021).

Similarly, *Launaea nudicaulis* (LN) extract showed strong free radical scavenging activity and demonstrated selective antiproliferative effects against different cancer cell lines compared to normal cells. In addition, the LN methanolic extract demonstrated significant natural insecticide effects (Abouzied et al., 2021).

This study aimed to identify the key compounds in *L. nudicaulis* leaf extract (LE) using GC–MS and phytochemical analyses and aimed to examine its antibacterial and antibiofilm activities against various MDR *P. aeruginosa* clinical isolates. In addition, the study aimed to evaluate the extract's cytotoxic activities toward both normal and cancerous cell lines.

2 Materials and methods

2.1 Identification of the clinical isolates

Primarily identified 24 MDR P. aeruginosa clinical isolates from patients with infected wounds were obtained from the microbiology laboratory at Sayed Galal University Hospital, Al-Azhar University, Cairo, Egypt. The Pseudomonas aeruginosa isolates were identified according to the conventional standard guidelines described by Procop et al. (2017). These standards include initial culturing of clinical specimens on nutrient agar, 5% blood agar, and MacConkey agar, followed by aerobic incubation for 24h at 37°C. Subsequently, the colony morphology, motility, Gram-stain reaction, and bacterial cell shape and arrangement were examined. Furthermore, the pigment production, the aerobic growth at 40 and 42°C on MacConkey agar, and the growth behavior on cetrimide and TSI agars were evaluated. In addition, the ability of the tested isolates to produce catalase, oxidase, citratase, and tryptophanase enzymes was assessed. Finally, a phenotypic evaluation of the obtained P. aeruginosa clinical isolates' susceptibility to imipenem was aseptically performed using the broth microdilution protocol described by the Clinical and Laboratory Standard Institute (2020) recommendations. The assayed isolates with an imipenem minimum inhibitory concentration (MIC) of $\geq 8 \mu g/mL$ were classified as carbapenem-resistant P. aeruginosa.

2.2 Plant material and preparation of the crude extract of *L. nudicaulis* leaves

Launaea nudicaulis (L.) Hook was collected from the arid region at Ain-Sokhna Road, Suez, Egypt. The identification of the plant used in this study was carried out by Prof. Dr. Abdou Marie Hamed at the Botany and Microbiology Department, Faculty of Science, Al-Azhar University, Cairo, Egypt. All experimental research and field studies on plants, including the collection of plant materials, comply with relevant institutional, national, and international guidelines and legislation.

Dried LN leaves (20 g) were extracted using 100 mL of ethyl acetate as a solvent. The mixture was allowed to stand for 72 h at room temperature, and then, it was filtered using a Whatman No. 2 filter paper. After the filtration stage, the filtrate was evaporated and left to dry at room temperature. Then, the crude extract was stored at 4°C until use (Gennaro, 2008).

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2.3 GC–MS analysis

The leaf extract of LN was first solubilized in CH₃OH, then dried using anhydrous Na₂SO₄, and finally passed through a 0.45 μ m syringe filter before injection into a GC–MS system. The GC–MS system used was a Trace GC Ultra-ISQ system (Thermo Scientific, United States). The initial column temperature was set at 70°C, then increased to 280°C at a rate of 5°C per min and held for 2 min, followed by a further increase to 300°C at a rate of 10°C per min. The extracted components were identified and quantified by comparing their mass spectra and retention times to the databases of known compounds from the Wiley 09 and NIST 11 libraries (Rivero-Cruz et al., 2020).

2.4 Phytochemical analysis

The test samples were subjected to phytochemical analysis to determine qualitatively the presence of chemical constituents, as described in the works of Trease and Evans (1989), Harborne (1998), and Sofowara (1993).

2.4.1 Total phenolic acids content determination

The total phenolic content (TPC) was determined using the Folin–Ciocalteu (FC) method, as described by Makkar (2003). Fifty μ L of the *L. nudicaulis* LE was aliquoted into test tubes, and the volume in each tube was adjusted to 1 mL using distilled water. To each tube, including the blank one, 0.5 mL of FC (1 N) was added and allowed to stand for 5 min at 25°C. Then, 2.5 mL of a 5% Na₂CO₃ solution was added to all the tubes, including the blank one. The samples were incubated in the dark for 40 min at 25°C. The absorbance of the samples was measured at 725 nm using a spectrophotometer.

2.4.2 Total flavonoid content determination

The total flavonoid (TF) content was determined using AlCl₃, as described by Zhishen et al. (1999). The *L. nudicaulis* LE (0.5 mL) was pipetted into a series of test tubes, and the volume in each tube was adjusted to 1 mL with distilled water. Then, 150μ L of a 5% NaNO₂ solution was added to all the tubes, and the tubes were allowed to incubate for 5 min at 25°C. Next, 150μ L of a 10% AlCl₃ solution was added to all the tubes, and the tubes were incubated for 6 min at 25°C. After this, 2 mL of a 4% NaOH solution was added to all the final volume was made up to 5 mL with distilled water. The test tubes were vortexed and allowed to stand in distilled water for 15 min. The absorbance of the samples was measured at 510 nm using a spectrophotometer.

2.4.3 Total tannins content determination

The tannin content (TC) was determined using the Folin–Denis (FD) method, as described by Makkar (2003). To measure the non-tannin phenolics (NTP), 0.5 mL of the LE and 0.5 mL of distilled water were added to 0.1 g of polyvinyl polypyrrolidone (PVPP) at 0°C. The mixture was then incubated at 4°C for 4 h and centrifuged for 10 min. The supernatant, which contained the NTP, was collected. For tannin determination, 0.5 mL of the FD reagent (1 N) and 100 μ L of the NTP extract were combined, and the volume was made up to 1 mL with distilled water for each sample, including the blank. After mixing, the samples were allowed to stand at 25°C for 5 min. Then, 2.5 mL of a 5% Na₂CO₃ solution was added to all the test tubes, including the blank. The tubes were mixed again and incubated at

 $25^{\circ}\mathrm{C}$ for 40 min in the dark. The absorbance of the samples was measured at 725 nm using a spectrophotometer.

2.4.4 Total flavonol content determination

The total flavonol content in the *L. nudicaulis* LE was determined using AlCl₃, as described by Miliauskas et al. (2004). To the sample, $2 \text{ mL of an AlCl}_3$ solution and 6 mL of a sodium acetate (CH₃COONa) solution were added. The mixture was then incubated at 20°C for 2 h. The absorbance of the samples was measured at 440 nm using a UV– Vis spectrophotometer.

2.4.5 Total steroid content determination

A 5g sample of the dried *L. nudicaulis* extract was weighed and hydrolyzed by boiling it in 50 mL of a hydrochloric acid solution for 30 min. The solution was then filtered. An equal volume of ethyl acetate was added to the filtrate, and the mixture was mixed well and allowed to separate into layers. The ethyl acetate layer, containing the extracted compounds, was recovered, while the aqueous layer was discarded. The ethyl acetate layer was dried for 5 min at 100°C in a steam bath, and the steroids were then extracted by heating with concentrated amyl alcohol. This resulted in a turbid mixture. The mixture was weighed, and the steroid content was calculated and expressed as mg/100 g of dry weight of the plant sample, as described by Harborne and Harborne (1973).

2.4.6 Total alkaloid content determination

The total alkaloid content of the dried *L. nudicaulis* extract was measured quantitatively using the method described by Harborne and Harborne (1973). A 1g sample of *L. nudicaulis* powder was mixed with a 4:1 ratio of 70% ethanol and glacial acetic acid. The mixture was allowed to stand for at least 6 h and then filtered. The alkaloids present in the supernatant were precipitated by the dropwise addition of a concentrated ammonia solution. The precipitated alkaloids were then filtered on a pre-weighed scale and dried in an oven at 70°C until they reached a constant weight. The alkaloids content was calculated and expressed as mg/100g of dry weight of the plant sample.

2.4.7 Total saponin content determination

Approximately 50 mg of the dried L. nudicaulis extract was added to 25 mL of 20% ethanol. The sample was heated on a magnetic stirrer for 4h at a temperature of 55°C, with continuous stirring. The mixture was then filtered, and the residue was re-extracted with an additional 50 mL of 20% ethanol. The filtrates were combined and concentrated at 90°C to a volume of 10 mL. The concentrated filtrate was then mixed with 5 mL of diethyl ether, and the diethyl ether layer was removed. The remaining aqueous layer was stored. This purification step was repeated. The remaining aqueous layer was then mixed with 15 mL of butanol, forming two layers. The butanol layer was separated, and the aqueous layer was filtered again with an additional 15 mL of butanol. The combined butanol layers were mixed with 5 mL of 5% NaCl. The solution was then evaporated in a water bath, and the sample was dried in an oven until a constant weight was reached. The saponin content was calculated and expressed as mg/100g of dry weight of the plant sample, as described by Ajiboye et al. (2013).

2.5 Cytotoxicity and anticancer effects

The growth inhibitory activity of the *L. nudicaulis* LE was evaluated using 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyletetrazolium bromide

(MTT) assay, as described by van de Loosdrecht et al. (1994). Normal human diploid (WI-38) cell lines were used for the assessment of the cytotoxic effect, while breast cancerous (MCF-7) cell lines and hepatocellular carcinoma (Hep-G2) cell lines were used to determine the anticancer activity of the *L. nudicaulis* LE. The optical density (OD) of each tested cell line at 560 nm was measured and used for cell viability or inhibitory percentage calculation, following Equations 1 or 2, respectively.

Viability% =
$$\frac{\text{Test OD}}{\text{Control OD}} \times 100$$
 (1)

Inhibition
$$\% = 100 - \text{Viability}\%$$
 (2)

2.6 Antibacterial activity of the *L. nudicaulis* LE against the *P. aeruginosa* clinical isolates

For the preparation of the inoculum of each tested *P. aeruginosa* clinical isolate, several pure colonies of a fresh culture were aseptically suspended in sterile normal saline and adjusted to 0.5 McFarland standard turbidity (1×10^8 CFU/mL).

2.6.1 Primary screening for antibacterial activity

The primary in vitro activity of the L. nudicaulis LE against the MDR P. aeruginosa isolates was evaluated using agar well diffusion assay, which was conducted as three independent tests, according to Assefa et al. (2024). In brief, each sterile Mueller-Hinton agar (MHA) plate was aseptically inoculated with each tested bacterial inoculum using a sterile cotton swab to obtain a uniform lawn bacterial growth form. Then, on the agar surface, equidistance three wells were made using a sterile borer of a diameter of 6 mm. One well was filled with 80 µL of the 2000 µg/mL tested L. nudicaulis LE dissolved in dimethyl sulfoxide (DMSO), while the wells containing DMSO and the wells containing ceftriaxone (30µg/mL) were included as negative controls and positive controls, respectively. Before aerobic incubation at 37°C for 24 h, the L. nudicaulis LE was allowed to pre-diffuse into the MHA by keeping the inoculated plates in a refrigerator for 30 min. Each inhibition zone diameter (IZD) was measured in millimeters (mm), calculated as the mean of triplicate results, and presented as the mean \pm standard deviation (mean \pm SD). Finally, the activity index (AI) for the L. nudicaulis LE against each tested isolate was calculated using Equation 3. In addition, the percent inhibition (PI) of the L. nudicaulis LE against the tested isolates was estimated using Equation 4, as described by Munazir et al. (2012).

Activity Index (AI) =
$$\frac{\text{IZD caused by the PE}}{\text{IZD caused by the standard antimicrobial}} (3)$$

Percent Inhibition (PI) = AI
$$\times 100$$
 (4)

2.6.2 Quantitative antibacterial activity

The minimum concentrations of the tested *L. nudicaulis* LE required to inhibit the growth or destroy the tested clinical isolates were inspected using the broth microdilution method (CLSI, 2020).

In brief, a stock solution of the tested L. nudicaulis LE (1,000 µg/mL) in DMSO was prepared, and a 2-fold serial dilution was conducted in each row of sterile 96-well microtiter plates using sterile Mueller-Hinton broth (MHB). In each row, 10 µL of the tested clinical isolate inoculum was added to each tested well. In addition, wells containing MHB and DMSO inoculated with the tested isolate without the L. nudicaulis LE served as positive controls, while the negative control consisted of un-inoculated MHB containing the L. nudicaulis LE and DMSO. After incubation at 37°C for 24h, 40 µL of a resazurin solution (0.015%) was added to each well, and the plates were incubated for 2h at 37°C. In each row, the lowest concentrations of the L. nudicaulis LE that exhibited no observable change in the color of resazurin to red were designated as the MIC. A 10µL suspension from the wells representing the MIC and the higher concentrations was inoculated onto MHA, followed by incubation at 37°C for 24h. The lowest concentration causing no visible bacterial growth on the MHA was designated as the minimum bactericidal concentration (MBC) of the L. nudicaulis LE. The interpretation of the antibiosis effect of the tested L. nudicaulis LE, either bacteriostatic or bactericidal, was clarified after the calculation of the MIC index (MIC_i) using Equation 5. An MIC_i value of ≤ 2 indicated the extract's bactericidal activity, while an MIC_i value of ≥ 4 indicated its bacteriostatic effect (Shehabeldine et al., 2023)

$$MICi = \frac{MBC}{MIC}$$
(5)

In addition, to illustrate the antibacterial activity of the *L. nudicaulis* LE caused either by its selective toxicity toward the tested microorganisms or due to its general toxic effect, the selectivity or therapeutic index (TI) of the *L. nudicaulis* LE was calculated, as described by Adamu et al. (2014) following Equation 6.

Therapeutic index =
$$\frac{\text{The LE cytotoxicity}}{\text{MIC}}$$
 (6)

2.7 Antibiofilm assay

The sterile 96-well microtiter plate was used for crystal violet (CV) assay to evaluate the biofilm formation level and the activity of the L. nudicaulis LE against various P. aeruginosa biofilm formations. In brief, several colonies of each tested bacterial isolate were inoculated into MHB and incubated at 37°C for 24h. Each bacterial culture of the 0.5 McFarland standard (1.5×108 CFU/mL) was then diluted 1:100 using the sterile MHB. For the determination of the biofilm formation category, a triplicate assay for each tested isolate cultured on the MHB was incubated at 37°C for 24h, where the wells containing bacterial untreated MHB is considered negative control (N). To determine the effect of the tested L. nudicaulis LE on the biofilm formation, the same assay was conducted in the presence of a 0.5 MIC of the plant extract. After discarding the planktonic bacterial suspension and the excess nutrient medium, the OD at 620 (OD₆₂₀) of each CV-stained bacterial biofilm was determined using an ELISA reader. The optical density cut-off (ODc) of the negative control was calculated as the mean OD plus three times the SD (Kamali et al., 2020). Bacterial categorization into non- (OD<ODc), weak (OD<OD<2ODc), moderate (2OD < OD < 4ODc), or strong (OD > 4ODc) biofilm forming was then recorded. In addition, the obtained OD was used to calculate the percentage change in the biofilm formation caused by the *L. nudicaulis* LE (Elkady et al., 2024) using the Equation 7.

Biofilm change (%) =
$$1 - \frac{OD620 \text{ of NPs treated cells}}{OD620 \text{ of NPs untreated cells}} \times 100 (7)$$

2.8 Statistical analysis

The data obtained from all experiments, conducted in triplicate, were presented as the mean \pm standard deviation (mean \pm SD) and analyzed using SPSS for Windows version 20 (Statistical Package for Social Services, Chicago, IL, United States). The graphs were prepared using GraphPad Prism statistical software version 8. The activity index was determined to compare the antibacterial activity of the *L. nudicaulis* LE with standard antibacterials. In addition, the MIC index and therapeutic index were calculated to assess the antibiosis activity and biosafety of the *L. nudicaulis* LE, respectively.

3 Results and discussion

3.1 Confirmation and screening for carbapenem-resistant *P. aeruginosa*

Twenty-four P. aeruginosa clinical isolates, designated as P1-P24, were identified. These phenotypically confirmed non-lactose fermenting, non-hemolytic isolates were primarily characterized as motile, Gram-negative bacteria, with typical yellowish-blue pigmented, large, round, and opaque colonies with irregular margins and a distinctive fruity odor. In addition, these isolates were able to grow aerobically on cetrimide agar and MacConkey agar at either 40 or 42°C, as well as on TSI agar, producing a red slant and butt. Furthermore, phenotypic characterization were confirmed by the positive results for oxidase, catalase, and citratase enzyme production. According to the broth microdilution assay findings in our study, four isolates, P8, P21, P22, and P23, were categorized as carbapenem-resistant P. aeruginosa. Similarly, the P. aeruginosa clinical isolates were initially identified in the microbiology laboratory based on their motility and growth behavior on MacConkey and blood agar plates, and they were further identified according to their characteristic biochemical patterns in the oxidase, catalase, citrate, and TSI tests (Abdi et al., 2024). In addition, the P. aeruginosa isolates were selectively recovered using cetrimide agar. All isolates grew as a non-lactose fermenter on MacConkey agar and produced pigments on MHA, exhibiting a diagnostic yellowish-green to bluish-green color and a grape-like odor. Biochemically, these isolates were strongly positive for the production of oxidase, catalase, and citratase enzymes (Ezeador et al., 2020). These results underscored the importance of microscopic, cultural, and biochemical characteristics in the phenotypic identification of P. aeruginosa clinical isolates.

3.2 Phytochemicals screening of the *L. nudicaulis* LE

The results shown in Tables 1, 2 indicated the presence of compounds such as flavonoids, polyphenols, alkaloids, and quinones

in LN. Furthermore, LN exhibited significant levels of various bioactive compounds such as flavonoids, phenolic acids, tannins, alkaloids, saponins, and steroids. Our findings align with those of Rani et al. (2023), who found that the methanol extract of LN contains a significant number of flavonoids. These compounds are often associated with antioxidant, anti-inflammatory, and other healthpromoting properties (Hilal et al., 2024). The presence of glycosides, polyphenols, and other bioactive compounds suggests potential applications in pharmaceuticals, nutraceuticals, or functional foods. The results shown in Tables 1, 2 also indicated the absence of cardiac glycosides, anthraquinones, and anthocyanins. The phytochemicals in LN vary according to the type of solvents used: Aspidofractinin and tocopherol were detected in the chloroform extract of LN (Ramdan and Abdallah, 2017), while dihydro-isosteviol-methylester and flavone-4'-OH,5-OH,7-di-O-glucoside were found in the methanol extract of LN (Ramdan and Abdallah, 2017).

3.3 GC-MS of the L. nudicaulis LE

The ethyl acetate extract of the LN plant contained 27 compounds that were identified by the GC mass analysis as being critically important. The major compounds included 7-acetyl-6-ethyl-1,1,4,4tetramethyltetralin (20.61%), isopropyl myristate (7.69%), thiocarbamic acid, N,N-dimethyl, S-1,3-diphenyl-2-butenyl ester (6.48%), hahnfett (3.56%), cyclopentane acetic acid, 3-oxo-2-pentyl-, methyl ester (2.74%), hexadecanoic acid (2.58%), and dotriacontane (2.06%) (Table 3 and Figure 1). The compound 7-acetyl-6-ethyl-1,1,4,4-tetramethyltetralin, characterized by its tetralin molecular structure, is notable for its potent antioxidant and antimicrobial activities (Bester, 2009). Isopropyl myristate, a fatty acid ester, is widely employed in cosmetics and pharmaceuticals owing to its ability to moisturize and reduce friction through anti-inflammatory effects (Purnamawati et al., 2017). The thiocarbamic acid functional group consists of a sulfur atom double-bonded to a carbon atom, with two organic substituents attached. Thiocarbamic acid derivatives have been investigated for potential uses as pesticides, fungicides, pharmaceuticals, and in industrial applications (Ajiboye et al., 2022). A cyclopentane ring provides a rigid, cyclic scaffold that can influence the three-dimensional conformation and intermolecular interactions of a molecule. This can be important for binding to biological targets. The presence of the 3-oxo and 2-pentyl substituents on the cyclopentane ring further diversifies the chemical structure and enhances the potential biological activities, including antiinflammatory, analgesic, antimicrobial, and anticancer effects, among others (Asif, 2016). A 16-carbon chain length is typical for many naturally occurring fatty acids, providing a good balance of physicochemical properties for biological functions. Hexadecanoic acid exhibits inhibitory effects against certain bacteria, fungi, and viruses (Orhan et al., 2011). The ethyl acetate extract of Launaea nudicaulis has been found to have several medicinal uses, including antidiabetic activity, pharmacological effects, and nutraceutical relevance (Mashlawi et al., 2024).

3.4 Cytotoxicity and anticancer effects

Chemotherapeutic agents that kill or inhibit the proliferation of cancerous cells have the drawback of being unable to differentiate

No	Test	<	No	Test	Results*
1	Flavonoids	++	9	Diterpenes	+
2	Cardiac glycosides	_	10	Quinones	++
3	Alkaloids	+	11	Tannins	+
4	Steroids	+	12	Phlobatannins	-
5	Saponins	+	13	Gums	_
6	Polyphenols	++	14	Anthocyanins	_
7	Anthraquinones	_	15	Carbohydrates	++
8	Glycosides	++	16	Proteins and amino acids	+

TABLE 1 Qualitative preliminary phytochemical screening of L. nudicaulis.

*+++, strong; ++, moderate; +, weak; -, completely absent.

TABLE 2 Quantitative phytochemical analysis of L. nudicaulis.

Item	Parameters	Results	
1	Total flavonoids (mg RTE/g dry weight)	150.93 ± 0.78	
2	Total flavonols (mg RTE/g dry weight)	85.93 ± 1.40	
3	Total phenolic acids (mg GAE/g dry weight)	56.58 ± 0.80	
4	Total tannins (mg GAE/g dry weight)	26.07 ± 0.44	
5	Total alkaloids (mg/100 g dry weight)	0.53 ± 0.10	
6	Total saponins (mg/100 g dry weight)	1.42 ± 0.12	
7	Total steroids (mg/100 g dry weight)	0.728 ± 0.12	

between normal cells and malignant cells. As a result, they affect both cell types, leading to elevated toxicity and adverse effects (Zhong et al., 2021). In the present study, the low cytotoxicity of the *L. nudicaulis* LE, at different concentrations in the range of $31.25-1,000 \mu g/mL$, toward the Wi-38 normal cell lines was evident. Notably, the viability of the cells improved with exposure to the elevated concentrations of the *L. nudicaulis* LE, with a promising inhibitory concentration 50 (IC50) value of about $262 \mu g/mL$. Furthermore, the treatment of the MCF-7 and Hep-G2 malignant cell lines with the serially diluted *L. nudicaulis* LE in the range of $7.81-250 \mu g/mL$ demonstrated a significant anticancer activity. The viability percentage in both cell lines decreased after treatment with increased *L. nudicaulis* LE concentrations. Relatively low and promising IC50 values of approximately 12.7 and 24.5 $\mu g/mL$ for MCF-7 and Hep-G2, respectively, were recorded (Figure 2).

Our findings align with those of (Mashlawi et al., 2024) a similar study conducted by Mashlawi et al. (2024), in which the in vitro cytotoxicity of the methanolic extract of L. nudicaulis against Wi-38, MCF-7, and HPG-2 cell lines was evaluated. Their results showed a concentration-dependent cytotoxic activity of the L. nudicaulis methanolic extract, with a relatively higher IC50 value of 46.30 and 38.56 µg/mL against MCF-7 and HPG-2 cell lines, respectively. However, their methanolic extract exhibited a simple inhibition (14.06%) on WI-38 normal cells. In addition, the ethyl acetate L. nudicaulis LE exhibited a respectable activity against another two cancerous cell lines, human colon carcinoma (HT-29) and human promyelocytic leukemia (HL-60), with IC50 values of approximately 10.7 and 12.40 µg/mL, respectively (Elhawary et al., 2023). These findings suggest that our L. nudicaulis LE had a specific ability to inhibit the proliferation of different cancerous cell lines with minimal harm to normal cells. This was likely due to the presence of several anticancer compounds, such as 9-octadecenoic acid, methyl jasmonate, quinindoline, mangostine, cyclohexane, 1,3,5-triphenyl, and 13-docosenamide (Table 3). Therefore, the *L. nudicaulis* LE could serve as a source of valuable, naturally derived, and efficient antitumor compounds.

3.5 Antibacterial activity

The obtained behavior of the L. nudicaulis LE against the tested MDR P. aeruginosa clinical isolates from the well diffusion and broth microdilution assays is presented in Table 4. The initial antibacterial activity of the L. nudicaulis LE, represented in terms of the zone of inhibition, AI, and PI from the agar well diffusion assay findings (Figure 3), clarified the initial in vitro activity of the 2000 µg/mL ethyl acetate L. nudicaulis LE against 50% (12/24) of the P. aeruginosa clinical isolates. The susceptible isolates exhibited a mean IZD ranging from 11.34 ± 0.47 to 26.67 ± 0.47 mm. Interestingly, the obtained IZD of the ceftriaxone (30µg/mL) positive control for these isolates was in the range of 15-29 mm. Accordingly, the calculated percentage inhibition of the L. nudicaulis LE against the susceptible isolates was in the range of 50–106.2%, indicating acceptable activity of our extract against the tested isolates. The highest antimicrobial activity, an IZD of 17±0.82 mm and an activity index of 106.2%, with subsequent significant antibacterial effects was observed against the clinical isolate P₈. Our results were in accordance with those of Khatri and Chhillar (2015) a relatively related study conducted by Khatri and Chhillar (2015). Their disc diffusion assay findings were dependent on the extraction solvent. Maximum IZDs of 14.95, 14.76, and 13.54 mm were recorded for a 25 mg/mL acetone extract against Serratia marcescens, Staphylococcus aureus (S. aureus), and Salmonella enterica ser. Typhi with PIs of 68, 59, and 74%, respectively. In another study, the evaluation of the antimicrobial activity of a 400 mg/mL methanolic extract of L. nudicaulis revealed an inhibitory effect in the form of variable IZDs of $(6.5 \pm 0.5 \text{ mm})$, $(6.7 \pm 0.3 \text{ mm})$, and $(10.5 \pm 0.5 \text{ mm})$ against Escherichia coli ATCC 35218, S. aureus ATCC 25923, and S. epidermidis ATCC 12228, respectively. In addition, when comparing these findings with the IZD of a standard gentamicin disc (10 µg), PIs of 29, 23, and 46% for E. coli, S. aureus, and S. epidermidis, respectively, were found (Ramdan and Abdallah, 2017). Furthermore, the maximum antibacterial activity of a 1 mg/well L. nudicaulis methanol extract was demonstrated in well diffusion assay against Klebsiella pneumoniae. The measured IZD was 22.5 mm for the methanol extract compared to an IZD of 25.5 mm for the positive control, 10 µg/well of

No.	Compound	RT (min)	Peak area %	Activity	References
1	1,3-Benzodioxole, 5-[1-[2-(2-butoxyeth oxy)ethoxy]butyl]	34.57	0.28	Insecticide	Ugolini et al. (2005)
2	Cyclopentane acetic acid, 3-oxo-2-pentyl-, methyl ester	36.12	0.84	Antimicrobial agent and plant defense mechanism	Chandrasekaran et al. (2008)
3	9-Octadecenoic acid (Z)-	36.34	0.34	Antioxidant and anticancer	El-Fayoumy et al. (2021)
4	Cyclopentane acetic acid, 3-oxo-2-pentyl-, methyl ester	36.98	2.74	Antimicrobial, antihypertensive, insecticidal, and antitussive	Sugden and Razdan (1972)
5	Methyl jasmonate	37.94	0.52	Anticancer, anti-inflammatory, and plant diseases suppression	Kitaoka et al. (2012)
6	2-Hexanone, (2,4-dinitrophenyl)hydrazone	38.23	0.16	Antimicrobial, antioxidant, and anti-inflammatory	Soukup et al. (1964)
7	Oleic acid	39.16	0.25	Antimicrobial, antioxidant, and apoptotic	Alabi et al. (2018), Hashem et al. (2023)
8	Octanal, 2-(phenylmethylene)-	40.48	1.42	Antimicrobial, anti-inflammatory, and antioxidant	Qiao et al. (2022)
9	Ambrosin	41.38	0.99	Alzheimer disease inhibition and minimizes inflammation and oxidative stress	Khalil et al. (2019)
10	Isopropyl myristate	43.96	7.69	Cosmetics, personal care, and biodegradability	Vadgama et al. (2015)
11	7-Acetyl-6-ethyl-1,1, 4,4-tetramethyltetralin	44.08	20.61	Solubilizer and emulsifier in pharmaceutical formulations and enhances the bioavailability of active pharmaceutical ingredients	Hillard Iii and Vollhardt (1977)
12	Quinindoline	44.86	1.14	Antimicrobial, anticancer, and antiviral	Mendez et al. (2018)
13	Mangostine	46.68	0.24	Antioxidant, anti-inflammatory, anticancer, antimicrobial, and Cardiometabolic benefits	Matsumoto et al. (2003), Shan et al. (2011), Sianglum et al. (2011), Vadgama et al. (2015)
14	Hexadecanoic acid	47.13	2.58	Antioxidant and antimicrobial	Sharaf et al. (2022)
15	Kauren-19-oic acid	47.63	0.18	Plant growth regulation and anti-inflammatory	Cavalcanti et al. (2009)
16	8-Octadecenoic acid	52.39	1.16	Cardiovascular health, anti-inflammatory, and skin health	Pacheco et al. (2008), Calder (2010), Jijie et al. (2017), Attia et al. (2023)
17	Isochiapin B	52.96	0.11	Anti-insect, antimicrobial, and antioxidant	Hashem et al. (2022), Quranayati et al. (2022), Nascimento et al. (2023)
18	Stearic acid	54.82	0.48	Anti-inflammatory and antimicrobial	Pan et al. (2010), Abdelaziz et al. (2023a)
19	9-Octadecenamide	60.51	0.36	Neuroprotective and anti-inflammatory	Huidobro-Toro and Harris (1996), Verme et al. (2005), Abdelaziz et al. (2023b)
20	Cyclohexane,1,3,5-triphenyl	62.58	1.39	Anticancer and antimicrobial	Javaid et al. (2021)
21	Thiocarbamic acid, N,N-dimethyl, S-1,3-diphenyl-2-butenyl ester	64.99	6.48	Pesticidal and fungicidal	Alhasan et al. (2019)
22	Hahnfett	68.88	3.56	Antibacterial	Lotfy et al. (2016)
23	13-Docosenamide	72.34	0.31	Anti-inflammatory, antioxidant, and anticancer	Tamilmani et al. (2018)
24	Ethyl iso-allocholate	74.67	1.62	Antimicrobial	Malathi et al. (2017)
25	Dotriacontane	76.02	2.06	Antioxidant	Ibrahim et al. (2017)
26	Vitamin E	80.21	0.80	Antioxidant and maintaining overall health	Brigelius-Flohé and Traber (1999)
27	ç-Sitosterol	83.75	1.19	Antimicrobial and antifungal	Vengadeshkumar and Sharmila (2020)



ofloxacin, and the calculated PI was 88% (Rashid et al., 2000). Specifically, the agar diffusion assay clarified the antimicrobial activity of the essential oils from LN against Klebsiella sp., Proteus sp., E. coli, and S. aureus (Fadjkhi et al., 2020). The activity indices could be valuable for assessing the comparative antimicrobial effect of the tested plant extract and could help in deciding the importance of active constituent extraction (Assefa et al., 2024). Our PI findings highlight the promising effects of the evaluated LN extracts or their active constituents against Gram-negative bacteria. The activity of the L. nudicaulis LE against the P. aeruginosa clinical isolates could correlated with the observed 7-acetyl-6-ethyl-1,1,4,4be tetramethyltetralin compound that possess potent antimicrobial activity and other active constituents shown in Table 3. In addition, the enhanced antibacterial activity of the L. nudicaulis extract could be mainly attributed to different biologically active phytochemical constituents, including terpenoids, flavonoids, tannins, alkaloids, glycosides, saponins, and anthraquinones, which vary depending on the extraction solvent. Synergistic interactions between these constituents could also contribute to the improved activity index of the tested extract. However, there is no evidence for the presence of a direct correlation between the anticancer and antibacterial activities of L. nudicaulis LE.

Quantitatively, the broth microdilution assay (Table 4 and Figure 4) showed the inhibitory activities of the *L. nudicaulis* LE against the MDR *P. aeruginosa* clinical isolates at different concentrations. The recorded low MIC values, ranging from 15.625 to $1000 \mu g/mL$, demonstrated a high sensitivity of the tested isolates toward the *L. nudicaulis* LE. In addition, the tested isolates showed low MBC values, ranging from 125 to $1000 \mu g/mL$, along with MIC indices ranging from 1 to 8. This indicated that both bacteriostatic and bactericidal antibiosis activities of the *L. nudicaulis* LE against the tested isolates depended on the concentration applied. At a high concentration (1000 g/mL), the *L. nudicaulis* LE exhibited bactericidal activity, while the bacteriostatic effect was observed at a lower concentration. Our findings align with (Khan et al., 2023) those of

Khan et al. (2023), which reported the potent antibacterial activity of *L. nudicaulis* leaf, stem, and root methanolic extracts against *S. aureus*. In related research, methanol extracts of *L. nudicaulis*, rich in alkaloids, saponins, and flavonoids, exhibited antibacterial activity against *Streptococcus pneumoniae*, with an MIC value of 248 μ g/mL (Nivas and Boominathan, 2015). In addition, the study conducted by Khatri and Chhillar (2015) reported high antibacterial activity of an LN leaves acetone extract against *Serratia marcescens*, *S. aureus*, and *Salmonella enterica* ser. Typhi, with MIC values of 190, 390, and 190 μ g/mL, respectively, and MBC values of 190, 1560, and 190 μ g/mL, respectively. The calculated MIC index of 1 for *Serratia marcescens* and *Salmonella enterica* ser. Typhi and 4 for of *S. aureus* indicated that the antibiosis mechanism of the extract was due to its bactericidal activity against the tested Gram-negative bacteria.

Furthermore, the therapeutic indices of the tested *L. nudicaulis* LE calculated from its effect on a normal human cell line were in the range of 0.262–16.768. The higher therapeutic indices reflect its relative antibacterial selectivity toward the *P. aeruginosa* clinical isolates. In a relatively related study, the biosafety or low toxicity evaluation of newly tested antimicrobial agents was correlated with their recorded therapeutic indices, which ranged from 2 to 109 (Scaccaglia et al., 2024).

3.6 Antibiofilm activity

Regarding the biofilm formation side, the calculated ODc from the CV assay classified the tested 24 isolates into non (3/24; 12.5%), weak (2/24; 8.3%), moderate (11/24; 45.9%), or strong (8/24; 33.3%) biofilm-forming *P. aeruginosa* (Table 5). In addition, the majority (P_8 , P_{22} , and P_{23}) of the carbapenem-resistant isolates (3/4; 75%) were biofilm forming. In the research carried out by Lordelo et al. (2024), the tested *P. aeruginosa* strains were categorized according to their biofilm-forming capability into non-biofilm producers (3%), weak



biofilm producers (9.1%), moderate biofilm producers (21.2%), and strong biofilm formers (66.7%). Another similar study reported a relatively comparable prevalence rate of 18.3, 18.3, 53.0, and 10.4% for strong, moderate, weak, and non-biofilm-forming *P. aeruginosa* isolates, and 95% of their tested carbapenem-resistant isolates were identified as biofilm formers (Heidari et al., 2022). The variation in biofilm-forming capacities among *P. aeruginosa* clinical isolates could be attributed to the types of collected specimens, the number of tested isolates, and the specific capabilities of each isolate for biofilm formation. Understanding the growth behavior and biofilm formation capacity of *P. aeruginosa* isolates could help in overcoming their possible medical device colonization and in ensuring proper eradication of this superbug.

Furthermore, this assay demonstrated the inhibitory activity of the *L. nudicaulis* LE against biofilm-forming *P. aeruginosa* in the range

of $3.542 \pm 0.07-74.403 \pm 0.42\%$. In a related study, Alam et al. (2020) reported that extracts from Clematis grata and Bergenia ciliata, which are rich in catechin flavonoids, efficiently inhibited *P. aeruginosa* biofilm formation by 80 and 81%, respectively, without affecting viable growth. In addition, the catechin bioactive compound can reduce 72% of *P. aeruginosa* biofilms' extracellular DNA content, an essential structural component of bacterial biofilm formation. Similarly, Song et al. (2018) found that negletein flavone, isolated from the leave extract of *Scutellaria oblonga*, exhibited a 72.3% *P. aeruginosa* biofilmreducing ability at a concentration of $64 \mu g/mL$. These findings underscore the potential application of plant extracts as antibacterial agents against biofilms, highlighting the role of bioactive constituents, such as flavonoids and other phenolic compounds, in minimizing bacterial adherence, which is the initial step in bacterial biofilm formation. TABLE 4 Various anti-pseudomonas activity of the *L. nudicaulis* plant extract.

Character	<i>L. nudicaulis</i> LE	CRO				L. nudicaulis LE		
Isolates*		IZD (mm)		MIC	MBC		Antibiosis	
	IZD (mi			μg/mL		MIC index	effect	TI
P ₁	0	21	N/A	1,000	1,000	1	D	0.262
P ₂	0	15	N/A	1,000	1,000	1	Bactericidal	0.262
P ₃	26.67 ± 0.47	29	90.31	31.25	125	4		8.384
P ₄	15.67 ± 0.47	25	64.0	15.625	125	8	Bacteriostatic	16.768
P ₅	15±0	26	57.6	1,000	1,000	1	Bactericidal	0.262
P ₆	24.34 ± 0.47	26	92.3	62.5	250	4		4.192
P ₇	18.67 ± 0.47	23	82.6	62.5	500	8	D	4.192
P ₈	17±0.82	16	106.2	62.5	250	4	Bacteriostatic	4.192
P ₉	13±0	25	52.0	125	500	4		2.096
P ₁₀	0	25	N/A	1,000	1,000	1	Bactericidal	0.262
P ₁₁	18.34 ± 0.47	24	75.0	62.5	500	8	Bacteriostatic	4.192
P ₁₂	0	0	N/A	1,000	1,000	1	Bactericidal	0.262
P ₁₃	11.34 ± 0.47	22	50.0	31.25	250	8	Bacteriostatic	8.384
P ₁₄	0	28	N/A	1,000	1,000	1		0.262
P ₁₅	0	24	N/A	1,000	1,000	1		0.262
P ₁₆	0	31	N/A	1,000	1,000	1		0.262
P ₁₇	0	19	N/A	1,000	1,000	1	D	0.262
P ₁₈	0	25	N/A	1,000	1,000	1	Bactericidal	0.262
P ₁₉	0	33	N/A	1,000	1,000	1		0.262
P ₂₀	0	25	N/A	1,000	1,000	1		0.262
P ₂₁	0	18	N/A	1,000	1,000	1		0.262
P ₂₂	11.67 ± 0.47	17	70.58	31.25	250	8		8.384
P ₂₃	12.34 ± 0.47	15	80.0	62.5	250	4	Bacteriostatic	4.192
P ₂₄	13.34±0.47	22	59.09	31.25	250	8		8.384

*P₁-P₂₆, MDR *P. aeruginosa* clinical isolates (1–24); CRO, ceftriaxone; PI, percent inhibition; IZD, inhibition zone diameter; MIC, minimum inhibitory concentration; MBC, minimum bactericidal concentration; TI, therapeutic index; N/A, not applicable.



FIGURE 3

Agar well diffusion assay of the *L. nudicaulis* LE showing the *P.* zones of growth inhibition for the *aeruginosa* clinical isolate (P_{22}). Wells **(A)** 30 µg/mL ceftriaxone (positive control), **(B)** 2000 µg/mL *L. nudicaulis* LE, and **(C)** DMSO (negative control).



FIGURE 4

Resazurin-based broth microdilution assay illustrating the inhibitory activities of the *L. nudicaulis* LE. Rows A-D inoculated with *P. aeruginosa* P₁-P₈, respectively. Columns 1–10 containing the 2-fold serially diluted *L. nudicaulis* LE at the concentrations ranging from 2000 to 3.906 μ g/mL. Columns 11 and 12 represent the negative and positive controls, respectively.

Item		Biofilm percentage	ltem		Biofilm percentage inhibition by the <i>L. nudicaulis</i> LE	
Isolates*	Biofilm category	inhibition by the <i>L.</i> <i>nudicaulis</i> LE	Isolates	Biofilm category		
P ₁	Moderate	16.623 ± 0.62	P ₁₃	Moderate	24.222 ± 0.73	
P ₂	Strong	17.721 ± 0.24	P ₁₄	Moderate	17.875 ± 0.86	
P ₃	Weak	74.403 ± 0.42	P ₁₅	Moderate	12.653 ± 0.85	
P ₄	None	N/A	P ₁₆	Strong	3.542 ± 0.07	
P ₅	Strong	38.124±0.61	P ₁₇	Moderate	4.224 ± 0.21	
P ₆	Strong	51.170±1.31	P ₁₈	Strong	11.647 ± 0.98	
P ₇	None	N/A	P ₁₉	Moderate	17.625 ± 1.18	
P ₈	Strong	30.452 ± 0.60	P ₂₀	Weak	4.089 ± 0.07	
P ₉	Moderate	7.664 ± 0.44	P ₂₁	None	N/A	
P ₁₀	Moderate	9.173 ± 0.79	P ₂₂	Moderate	50.892±3.12	
P ₁₁	Moderate	46.626 ± 0.4	P ₂₃	Strong	48.188 ± 1.2	
P ₁₂	Strong	20.351 ± 0.75	P ₂₄	Moderate	47.541 ± 1.5	

TABLE 5 P. aeruginosa biofilm eradicative effect of the L. nudicaulis LE.

*P1-P24, MDR P. aeruginosa clinical isolates (1-24); N/A, not applicable.

4 Conclusion

The development of various MDR bacterial species necessitates the development of potential antimicrobial alternatives. Accordingly, extensive research should be directed to uncover, isolate, and identify various bioactive constituents from widely distributed medicinal plants. The ethyl acetate extract of the L. nudicaulis LE was analyzed using GC-MS, identifying 27 key bioactive compounds, including 7-acetyl-6-ethyl-1,1,4,4-tetramethyltetralin, isopropyl myristate, and others. The LN was also found to be a rich source of various important phytochemicals, such as phenolic acids, tannins, saponins, and steroids. Our study reveals the anticancer activities of L. nudicaulis leaf extract, demonstrating low toxic outcomes in normal cells. On the microbiological side, the extract exhibited promising antibacterial activity, with high selectivity against P. aeruginosa clinical isolates, which could be help control antimicrobial resistance. The results also suggest that L. nudicaulis leaf extract is a promising candidate for future studies that plan to separate, purify, and identify its various active constituents and that plan to independently evaluate its possible therapeutic bioactivity for selecting the most potent therapeutic constituent. In addition, the findings highlight the need for further investigations to clarify the microbial targets and identify the destructive mechanism of the most active constituents.

Data availability statement

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding authors.

Author contributions

FE: Formal analysis, Methodology, Resources, Writing – original draft, Writing – review & editing. BB: Methodology, Writing – original draft,

Writing – review & editing. AH: Conceptualization, Data curation, Formal analysis, Investigation, Methodology, Resources, Validation, Writing – original draft, Writing – review & editing. MA: Methodology, Writing – original draft, Writing – review & editing. AA: Formal analysis, Methodology, Writing – original draft, Writing – review & editing. AA-A: Funding acquisition, Methodology, Writing – original draft, Writing – review & editing. GA: Data curation, Formal analysis, Writing – original draft, Writing – review & editing. HH: Investigation, Methodology, Validation, Writing – original draft, Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

The author(s) declared that they were an editorial board member of Frontiers, at the time of submission. This had no impact on the peer review process and the final decision.

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