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Dynamic changes of Ct values of N gene and ORF1ab genes and laboratory parameters in patients with COVID-19 caused by SARS-CoV-2 B.1, BA.2, and BA.5 variants and their correlation with clinical characteristics

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Objective: To characterize the dynamic patterns of ORF1ab and N gene Ct values in oropharyngeal swabs from COVID-19 patients infected with different SARS-CoV-2 variants and assess their clinical and laboratory correlations.

Methods: We conducted a retrospective cohort study of 259 COVID-19 patients hospitalized in Jilin Province between 2021–2023. Comparative analyses were performed on: (1) variant-specific Ct value trajectories for ORF1ab and N genes, (2) nucleic acid conversion times, and (3) longitudinal hematological and biochemical parameters.

Results: B.1 variant exhibited the lowest median Ct values (ORF1ab: 31.37; N gene: 30.49) and longest median nucleic acid conversion time (18 days). BA.2 variant demonstrated the highest median Ct values (ORF1ab: 33.00; N gene: 32.00) and shortest conversion time (14 days). Disease progression correlated with: increased creatinine (CREA), neutrophil percentage (NE%), and coagulation markers (D-dimer). Decreased lymphocyte percentage (LY%).

Conclusion: Significant inter-variant differences were observed in viral clearance kinetics (Ct values and conversion times) and organ dysfunction markers. These findings highlight variant-specific pathophysiological profiles, with B.1 showing prolonged viral shedding and Omicron subvariants (particularly BA.2) exhibiting faster clearance but distinct hematological perturbations.

KEYWORDS

COVID-19, SARS-CoV-2 BA.2 variant, SARS-CoV-2 BA.5 variant, SARS-CoV-2 B.1 lineage, cycle threshold, reverse transcription-quantitative polymerase chain reaction

Introduction

SARS-CoV-2 has undergone genetic diversification since the COVID-19 pandemic caused by it, which has caused the introduction of novel variants (Alkhatib et al., 2021). The World Health Organization (WHO) has been regularly monitoring and evaluating the evolution of SARS-CoV-2 (Flisiak et al., 2023). Five variants of concern (VoC) have been detected and labeled with Greek

letters to date: Alpha (B.1.1.7), Beta (B.1.351), Gamma (P.1), Delta (B.1.617), and Omicron (B.1.1.529). The B.1 lineage, which is regarded as the ancestral lineage and is less developed than the VoC above, may have originated during the COVID-19 outbreak in northern Italy in early 2020, as demonstrated (Gao et al., 2023). A novel SARS-CoV-2 variant (B.1.1.529) was discovered in South Africa from a patient sample on November 9, 2021, and the WHO named it the Omicron variant on November 26 (Colson et al., 2022). Due to a significant number of mutations (particularly in the spike and envelope proteins), studies have shown that Omicron variants exhibit increased transmissibility, high receptor binding affinity, and evasion of naturally occurring infection or vaccine-induced immunity (Sohn et al., 2022; Liu et al., 2025). This lineage consists of BA.1/21K, BA.2/21L, BA.3, BA.4/22A, BA.5/22B, BA.2.12.1/22C, and BA.2.75/22D; regarding the Omicron BA.5/22B variant, it was reported to have a growth advantage over the Omicron BA.1 and BA.2 variants (Colson et al., 2022).

Patients with COVID-19 typically present with systemic symptoms like fever and muscle pains or respiratory symptoms like cough (Long et al., 2022). The previous SARS-CoV-2 variants appear to affect primarily the upper respiratory tract and cause acute laryngitis without olfactory dysfunction, with clinical manifestations similar to those of epiglottitis in some patients, whereas the Omicron variant appears to affect primarily the lower respiratory tract and causes loss of smell and taste in many patients (Piersiala et al., 2022). In addition, patients with the Omicron variant show lower median ages and a higher proportion of milder and asymptomatic patients than those with the Delta and Beta variants (Yang et al., 2022).

Real-time reverse transcription polymerase chain reaction (RT-PCR) has been frequently used to identify SARS-CoV-2 nucleic acids in respiratory swabs from patients. When the detection value of the fluorescent signal is above the cycling threshold (Ct), the earlier the cycle, the higher the concentration of the target gene in the sample. The Ct value is typically inversely proportional to the viral load (Aranha et al., 2021), and the Ct value is frequently utilized as a distinct metric of viral load in the research of new coronaviruses (Miranda et al., 2021).

In Jilin Province, China, COVID-19 patients appeared one after the other from 2021 to 2023. The three SARS-CoV-2 variants that predominated during that time all belonged to different genotypes, as revealed by whole genome sequencing and genomics analysis. The BA.2 variant prevalent in 2022 and the BA.5 variant prevalent in 2023 were both members of the Omicron lineage (Colson et al., 2022), while the B.1 variant prevalent in 2021 belonged to the ancestral lineage (Gao et al., 2023). In this study, the Ct values of the ORF1ab gene and the N gene of SARS-CoV-2 in oropharyngeal swabs of patients with COVID-19, the negative conversion time of nucleic acid, clinical performance of patients with COVID-19, and blood test levels were compared and analyzed in order to investigate the characteristics of molecular biological tests and other laboratory tests for different genotypes of SARS-CoV-2, as well as the differences in clinical performance, and to provide a reference for the diagnosis and treatment of COVID-19.

Materials and methods

Participants and clinical samples

A total of 259 patients were included in this study, including 110 patients with B.1 variant infection admitted to Changchun Infectious

Disease Hospital from January to February 2021, 82 patients with BA.2 variant infection admitted to Department II of Jilin University Hospital from April to May 2022, and 67 patients with BA.5 variant infection admitted to Mehekou City Hospital from December 2022 to February 2023. The demographic data, clinical and laboratory parameters, and clinical classification were obtained through the hospital's electronic medical record and analyzed by a group of skilled doctors.

In our study, clinical data included patient demographics (sex, age); "combined underlying disease" refers to pre-existing chronic conditions in patients, such as hypertension, diabetes, cardiovascular disease, pulmonary disease, renal disease, liver disease, neurological disease, and prior history of malignancy; signs and symptoms (fever, cough, chest tightness, weakness, palpitations, dyspnea, shortness of breath after activity, dizziness and headache, nausea and vomiting, nausea and diarrhea, asymptomatic), and duration of hospitalization.

Laboratory parameters included SARS-CoV-2 nucleic acid test results (ORF1ab gene and N gene Ct values) from the patient's oropharyngeal swab and blood tests selected based on their established clinical relevance for COVID-19 severity assessment: (1) Renal function markers: creatinine (CREA, reference interval 41-73 109/L): elevated levels correlate with acute kidney injury, a known complication of severe COVID-19 (Cheng et al., 2020). (2) Inflammatory and hematologic markers: white blood cells (WBC, $3.52-9.50\times10^9$ /L) and differential counts (NE% 40–75%, LY% 20-50%): lymphopenia and neutrophilia are hallmarks of SARS-CoV-2-induced cytokine storm (Terpos et al., 2020), and Platelet count (PLT, $125-350 \times 10^9$ /L): thrombocytopenia predicts poor outcomes in COVID-19 (Lippi et al., 2020). (3) Coagulation parameters: D-dimer (D-D, 0.00-0.50 mg/L): key predictor of thrombotic complications (Arachchillage and Laffan, 2020). APTT (28.0-42.0 s) and PT (11.0-15.0 s): coagulopathy indicators associated with disease severity (Levi et al., 2020). (4) Nutritional marker: Albumin (ALB, $40-55 \times 10^9/L$): hypoalbuminemia reflects systemic inflammation and predicts mortality (Huang et al., 2020).

The disease is divided into four categories in clinical practice: mild, moderate, severe, and critical. Mild cases are those with mild clinical symptoms and no imaging signs of pneumonia; moderate cases are those with fever and respiratory symptoms and imaging signs of pneumonia; and severe cases are those with one of the following criteria: (a) dyspnea with respiratory rate \geq 30/min; (b) pulse oximetry at rest ≤93%; (c) oxygenation index (arterial partial pressure of oxygen/inhalation oxygen fraction, PaO₂/FiO₂) ≤300 mmHg; (d) progressive clinical symptoms with significant progression of lesions >50% on lung imaging within 24-48 h; critical cases are those that meet one of the following criteria: (a) respiratory failure requiring mechanical ventilation; (b) shock; (c) combined with other organ failure requiring ICU monitoring and treatment. All diagnostic and clinical classifications of COVID-19 above are based on the "Diagnosis and Treatment Protocol for Novel Coronavirus Pneumonia (8th Trial Version)" published by the National Health Commission of the People's Republic of China (Wei, 2020).

Methods

In this study, pharyngeal swabs from patients with COVID-19 were collected for routine COVID-19 diagnosis, and the inclusion

criterion was a Ct value of <38 for nucleic acid testing in patients in 2021-2022, and <35 for nucleic acid testing in 2023. The negative criteria for nucleic acid testing in 2021-2022 were established as two consecutive nucleic acid tests for the ORF1ab gene and the N gene with a Ct value of \geq 38 (fluorescence quantitative PCR method, two sampling intervals of at least 24 h); the negative criteria for nucleic acid testing in 2023 were established as two consecutive nucleic acid tests for the ORF1ab gene and the N gene with a Ct value of \geq 35 (fluorescence quantitative PCR method, two sampling intervals of at least 24 h). When patients were admitted to the hospital, blood tests were conducted every 3 days for mild patients and as often as the dynamics of the disease permitted until the patients were discharged for severe patients. Four clinical classification were present in the cases included in this study, but there were not enough patients with the moderate or critical types to form separate groups. As a result, the text has referred to the combination of mild and moderate patients as "mild" and the combination of severe and critical patients as "severe."

Quality control

Laboratory parameters included ORF1ab gene and N gene Ct value testing for SARS-CoV-2 in patient oropharyngeal swabs and blood tests. Oropharyngeal swab sample collection and RT-qPCR assays were performed by trained medical personnel according to standardized procedures and traceability of sample results. "Guidelines for the Implementation of Regional 2019-nCoV Nucleic Acid Detection (2nd Edition)" and "Working Manual of Novel Coronavirus Nucleic Acid Detection for Medical Institutions (second trial Edition)" were strictly followed during the sample collection procedure. RNA extraction was performed using a nucleic acid extraction (NAE) system and accompanying NAE or purification reagents, and the operating procedures strictly followed the manufacturer's protocol. Nucleic acid amplification was performed on a RT-qPCR detection system. The PCR reaction system configuration, reaction parameters, and program settings were set according to the kit's instructions, respectively. Each run was subjected to quality control, which included three weakly positive and one weakly negative controls to detect false positive and false negative results. At the three hospitals, the blood testing equipments were put through stringent quality control testing. The Jilin Clinical Laboratory Center accredited all three of the study's participating labs for inter-laboratory quality evaluation and proficiency. The Health Commission of Jilin Province provided standardized training to all of the doctors, technicians, and nurses involved in this study. For common biochemical analytes and blood cell analysis in Chinese adults, reference interval standards have been issued by the National Health Commission of the People's Republic of China. Reference intervals that met the requirements were used by the three hospitals. There was no influence of different instruments on the test results.

Statistical analysis

All statistical analyses were performed using IBM SPSS Statistics version 22 (IBM Corporation, Armonk, NY, United States). Data distribution normality was assessed using the Shapiro-Wilk test.

Continuous variables including Ct values, nucleic acid conversion time, and hematological parameters were analyzed as follows: for normally distributed data: group comparisons were conducted using unpaired Student's t-tests, results expressed as mean ± standard deviation. For non-normally distributed data: Mann–Whitney *U* tests were employed, results presented as median (interquartile range, IQR). Categorical variables (demographic characteristics and clinical manifestations) were expressed as frequencies (percentages) and compared using: χ^2 tests for expected cell counts >5; Fisher's exact tests for expected cell counts ≤5. Correlation analyses were performed using: Pearson's correlation for normally distributed continuous variables; Spearman's rank correlation for non-parametric data; binary logistic regression for dichotomous outcomes. All statistical tests were two-tailed, with p < 0.05 considered statistically significant. Graphical representations were generated using GraphPad Prism 8 (GraphPad Software, San Diego, CA) and OriginPro 2022 (OriginLab Corporation, Northampton, MA).

Ethics

The data set was entirely anonymous and did not include any personally identifiable health information that might be used to violate the subjects' rights or interests. The study was carried out in accordance with the approved guidelines and was approved by the ethics committees of the hospitals: Ethics Committee of Changchun Infectious Diseases Hospital (No. 2020-001) and First Hospital of Jilin University (No. K2022028). The Ethics Committee of the First Hospital of Jilin University (No. K2022028) and the Ethics Committee of Changchun Infectious Diseases Hospital (No. 2020-001) waived written informed consent for this study for it was a retrospective study.

Results

Baseline characteristics of study population

Table 1 presents the demographic and clinical characteristics across the three SARS-CoV-2 variants. Key findings include: (1) Demographic distribution: No significant sex differences were observed among variants (p > 0.05). Significant age variations emerged: B.1 patients were younger (median: 56 years) than BA.2 (65 years) and BA.5 (72 years) cohorts (p < 0.05). (2) Comorbidity profiles: The prevalence of underlying diseases differed substantially (p < 0.05): B.1: 46.36% vs. BA.2: 67.07% vs. BA.5: 76.12%. (3) Disease severity: BA.5 variant demonstrated the highest proportion of severe cases (50.75%), contrasting with BA.2 (0%) and B.1 (8.18%) (p < 0.05). (4) Vaccination status: All B.1 variant cases were unvaccinated (100%). Comparable vaccination rates between BA.2 (45.12%) and BA.5 (34.33%) variants (p > 0.05).

Viral load dynamics across variants

Our analysis revealed distinct patterns in Ct values (representing viral load) among the three variants (Table 2 and Figure 1): (1) Intervariant comparisons: B.1 variant demonstrated significantly lower median Ct values (higher viral loads) for both ORF1ab (median:

TABLE 1 Comparison of basic characteristics of three variants.

Groups		B.1	BA.2	BA.5
Total		110	82	67
S (0/)	Male	46 (41.82)	42 (51.22)	29 (43.28)
Sex (n, %)	Female	64 (58.18)	40 (48.78)	38 (56.72)
Median age		56 ^{a,b}	65	72
1 (0)	<60	62 (56.36) ^{a,b}	31 (37.80)	18 (26.87)
Age (n, %)	≥60	48 (43.64) ^{a,b}	51 (62.20)	49 (73.13)
Clinical	Mild	101 (91.82) ^b	82 (100)	33 (49.25)
classifications $(n, \%)$	Severe	9 (8.18) ^b	0	34 (50.75)
Underlying diseases	Yes	51 (46.36) ^{a,b}	55 (67.07)	51 (76.12)
(n, %)	No	59 (53.64) ^{a,b}	27 (32.93)	16 (23.88)
	Yes	0	37 (45.12)	23 (34.33)
Vaccination $(n, \%)$	No	110 (100)	36 (43.90)	17 (25.37)

*Indicates that there is a significant difference in data distribution between patients with B.1 and BA.2 variants.

31.37) and N genes (median: 30.49) compared to BA.2 (ORF1ab: 33.00; N: 32.00; both p < 0.05). The N gene consistently showed lower Ct values than ORF1ab across all variants. (2) Clinical severity association: B.1 severe cases exhibited significantly lower viral loads than mild cases (ORF1ab Δ Ct = 2.58; N gene Δ Ct = 2.22, both p < 0.05). (3) Omicron subvariants (BA.2 vs. BA.5): BA.2 showed higher Ct values (lower viral loads) than BA.5 overall (ORF1ab: 33.00 vs. 32.38; N: 32.00 vs. 31.54; both p < 0.05), this pattern persisted in vaccinated subgroups (ORF1ab: 32.00 vs. 30.96; N: 32.00 vs. 30.23, both p < 0.05). Gender differences were observed in BA.2 (Male vs. Female: ORF1ab 33.00 vs. 32.00; N 33.00 vs. 31.00, both p < 0.05). (4) Vaccination effects: Paradoxically, BA.5 vaccinated patients showed lower Ct values than unvaccinated (ORF1ab: 30.96 vs. 34.66; N: 30.23 vs. 33.34, both p < 0.05). (5) Longitudinal patterns: All variants showed progressive Ct value increases (viral load decline) over time (Figure 1).

Comparison of the negative nucleic acid conversion time of patients with the three variants

Results of viral clearance kinetics analysis revealed significant differences among variants (Figure 1). The median time to negative nucleic acid conversion was longest in B.1 variant patients (18 days), followed by BA.5 (15 days) and BA.2 variants (14 days), with B.1 demonstrating significantly prolonged clearance compared to both Omicron subvariants in all stratified analyses (p < 0.01). Multivariate analysis showed that: for B.1 and BA.5 variants: no significant associations were observed between nucleic acid conversion time and sex, age, disease severity, comorbidities, or vaccination status (all p > 0.05). For BA.2 variant: advanced age correlated with prolonged viral clearance (p < 0.05). Unvaccinated status was associated with longer conversion time compared to vaccinated individuals (p < 0.05) (Figure 2). Notably, no significant inter-group differences were

observed between BA.2 and BA.5 variants in other demographic or clinical subgroups (all p > 0.05). These findings suggest variant-specific patterns of viral persistence, with BA.2 showing unique age-and vaccine-dependent clearance dynamics.

Comparison of the clinical performance of the three variants

Clinical symptom profiles differed significantly among the three variants (Table 3). While fever and cough represented the most prevalent symptoms across all variants, their clinical manifestations exhibited distinct patterns: (1) Asymptomatic presentation: The B.1 variant demonstrated the highest proportion of asymptomatic cases (n = 91, 82.73%), significantly exceeding BA.2 (n = 14, 17.07%) and BA.5 (n = 3, 4.48%) variants (p < 0.001). (2) Symptom spectrum: BA.2 and BA.5 variants were associated with broader symptom profiles, including: cardiorespiratory symptoms: chest distress (B.1: 1.82% vs. BA.2: 13.41% and BA.5: 35.82%, *p* < 0.05) and dyspnea (B.1: 0.91% vs. BA.2: 13.41% and BA.5: 16.42%, *p* < 0.05); Systemic manifestations: weakness (B.1:1.82% vs. BA.2: 20.73% and BA.5: 31.34%, p < 0.05) and myalgia (B.1: 0.91% vs. BA.2: 13.41% and BA.5: 16.42%, *p* < 0.05); Neurological symptoms: headache (B.1: 0 vs. BA.2: 12.20% and BA.5: 19.40%, p < 0.05). (3) Variant-specific features: BA.5 variant patients showed significantly higher rates of: shortness of breath after activity (BA.5: 26.87% vs. BA.2: 2.44%, *p* < 0.05); gastrointestinal symptoms (nausea/vomiting): (BA.5: 16.42% vs. BA.2: 2.44%, *p* < 0.05). These findings suggest evolutionary changes in viral tropism and pathogenicity across variants, with Omicron sublineages (particularly BA.5) exhibiting enhanced respiratory and systemic symptomatology.

Assessment of risk factors for clinical classification and clinical performance

To assess risk factors associated with disease severity and clinical manifestations, we performed multivariate logistic regression analyses incorporating sex, age, underlying comorbidities, and vaccination status across all three variants. Key findings demonstrated: (1) Disease severity predictors (Figure 3A): advanced age (≥60 years) emerged as a significant independent risk factor for severe disease classification (adjusted OR = 5.92, 95% CI: 2.02-17.38; p < 0.001), after controlling for sex, comorbidities and vaccination status. (2) Symptomatic presentation predictors (Figure 3B): the presence of underlying comorbidities showed the strongest association with symptomatic disease (adjusted OR = 6.61, 95% CI: 3.15–13.86; p < 0.01), independent of age, sex or vaccination status. Notably, vaccination status did not demonstrate statistically significant associations with either outcome measure in our regression models (all p > 0.05). These findings highlight the differential impacts of demographic versus clinical factors on COVID-19 outcomes during the study period.

Comparison of blood test levels for patients with the three variants

Patients infected with the BA.2 and BA.5 variants showed significantly higher serum creatinine (CREA), white blood cell

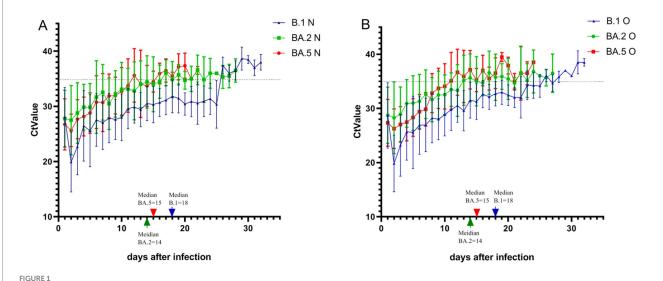
^bIndicates that there is a significant difference in data distribution between patients with B.1 and BA.5 variants; patients with BA.2 and BA.5 variants in all grouped data constituted differences that were not statistically significant.

TABLE 2 Comparison of Ct values of OFR1ab gene and N gene among patients with three variants.

		B.1		BA.2		BA.5	
		0	N	0	N	0	N
Median Ct value		31.37 (28.31, 33.44) ^{a,d}	30.49 (27.62, 32.54) ^a	33.00 (29.00, 36.00) ^c	32.00 (28.00, 35.00) ^c	32.38 (27.29, 34.70)	31.54 (26.35, 34.13)
C	Male	31.21 (28.17, 33.46) ^{a,b,d}	30.55 (27.87, 32.56) ^a	33.00 (29.00, 36.00)°	33.00 (29.00, 35.00) ^{c,e}	32.62 (27.43, 34.97)	32.00 (26.24, 34.23)
Sex	Female	31.46 (28.36, 33.43) ^{a,d}	30.49 (27.51, 32.51) ^a	32.00 (28.00, 35.00)°	31.00 (27.00, 35.00) ^c	32.00 (27.19, 34.50)	30.93 (36.39, 34.12)
A	<60	31.41 (28.68, 33.44) ^{a,d}	30.38 (27.79, 32.43) ^a	33.00 (29.00, 36.00)	32.00 (27.75, 35.00)	32.88 (26.87, 34.87)	32.00 (25.74, 34.12)
Age	≥60	31.29 (27.80, 31.29) ^{a,d}	30.59 (27.38, 32.73) ^a	32.00 (29.00, 35.00)	32.00 (28.00, 35.00) ^c	32.20 (27.65, 34.70)	31.15 (27.18, 34.18)
Clinical	Mild	31.49 (28.61, 33.45) ^{a,d,e}	30.55 (27.80, 32.59) ^{a,e}	33.00 (29.00, 36.00)	32.00 (28.00, 35.00)	32.50 (26.69, 35.01)	32.04 (25.85, 34.56)
classifications	Severe	28.91 (25.36, 31.81) ^{b,e}	28.33 (24.69, 31.63) ^{b,e}	_	_	31.99 (27.54, 34.40)	31.15 (27.39, 33.92)
Underlying	Yes	31.16 (27.63, 33.42) ^{a,d}	30.43 (26.92, 32.40) ^a	32.00 (29.00, 35.00) ^c	32.00 (28.00, 35.00) ^c	32.07 (26.48, 34.96)	31.04 (25.48, 34.38)
diseases	No	31.61 (28.78, 33.45) ^{a,d}	30.57 (28.12, 32.62) ^{a,b}	33.00 (29.00, 36.00)	33.00 (28.00, 36.00)	32.88 (31.06, 33.65)	32.40 (29.97, 33.49)
***	Yes	_	_	32.00 (29.00, 36.00) ^c	32.00 (28.00, 35.00) ^c	30.96 (25.41, 33.66) ^e	30.23 (23.82, 33.92) ^e
Vaccination	No	31.37 (28.31, 33.44) ^{a,b,d}	30.49 (27.62, 32.54) ^{a,b}	32.00 (28.00, 36.00)	32.00 (27.00, 35.00)	34.66 (27.71, 35.11) ^e	33.34 (24.68, 37.39) ^e

^aIndicates that difference between patients with B.1 and BA.2 has statistical significance.

[&]quot;Indicates that OFR1ab or N genes in the gender, age, clinical classification, whether the merger basic diseases, whether vaccination interclass difference has statistically significant.



Temporal dynamics of ORF1ab and N gene cycle threshold values across three SARS-CoV-2 variant infections. Using the first positive nucleic acid test as the first day of the disease course, the distribution and trend of Ct values of the ORF1ab gene and the N gene in oropharyngeal swabs of patients with the three variants during the disease course were recorded. (A) Depicts the trend of Ct value change for the N gene. (B) Depicts the trend of Ct value change for the ORF1ab gene. The green arrow on the marked line in the figure indicates the median negative nucleic acid conversion time of 14 days for patients with BA.2 variant, the red arrow indicates the median negative nucleic acid conversion time of 15 days for patients with BA.5 variant, and the blue arrow indicates the median negative nucleic acid conversion time of 18 days for patients with B.1 variant. The Ct value corresponding to the dashed line in the figure is 35.

count (WBC), and neutrophil percentage (NE%) compared to those infected with the B.1 variant (p < 0.01), while albumin (ALB) and lymphocyte percentage (LY%) were significantly lower than in B.1 variant patients.

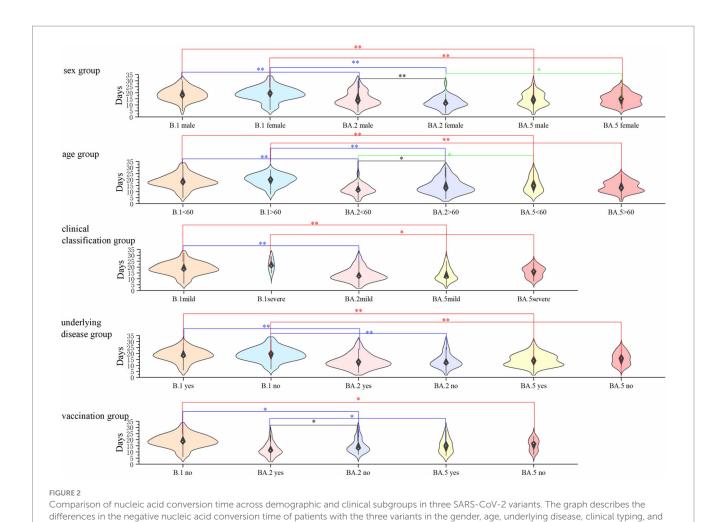
Among patients infected with the B.1 and BA.5 variants, as disease severity increased, LY% decreased significantly, whereas CREA, NE%, activated partial thromboplastin time (APTT), prothrombin time (PT), and D-dimer (D-D) increased

significantly (Table 4). However, in patients infected with the B.1 variant, blood test parameters such as CREA, WBC, APTT, PT, NE%, platelet count (PLT), and LY% fluctuated within the reference ranges throughout the disease course. In contrast, in patients infected with the Omicron BA.2 and BA.5 variants, most measurements of CREA, ALB, D-D, and LY% were either above or below the reference ranges (Figure 4).

 $^{^{\}mathrm{b}}$ Indicates that difference between patients with B.1 and BA.5 has statistical significance.

 $^{^{\}circ}$ Indicates that difference between patients with BA.2 and BA.5 has statistical significance.

^dIndicates that the OFR1ab gene and the N gene of patients has statistical significance.



vaccination groups, where none of the patients with the B.1 variant were vaccinated and no patients with severe disease were infected with the BA.2 variant, so they are not indicated in the graph. *Indicates p < 0.01 and indicates p < 0.05, and the differences were considered statistically significant.

TABLE 3 Comparison of clinical symptoms of patients with three variants.

	B.1	BA.2	BA.5
Asymptomatic	91 (82.73) ^{a,c}	14 (17.07) ^b	3 (4.48)
Fever	11 (10.00)a,c	17 (20.73) ^b	49 (73.13)
Cough	12 (10.91) ^{a,c}	41 (50.00) ^b	55 (82.09)
Palpitation	3 (2.73) ^{a,c}	7 (8.54)	13 (19.40)
Chest distress	2 (1.82) ^{a,c}	11 (13.41) ^b	24 (35.82)
Weakness	2 (1.82) ^{a,c}	17 (20.73)	21 (31.34)
Myalgia	1 (0.91) ^{a,c}	11 (13.41)	11 (16.42)
Headache	0	10 (12.20)	13 (19.40)
Dyspnea	1 (0.91) ^{a,c}	11 (13.41)	11 (16.42)
Diarrhea	2 (1.82) ^a	7 (8.54)	1 (1.49)
Shortness of breath after activity	0	2 (2.44) ^b	18 (26.87)
Nausea and vomiting	1 (0.91)a,c	2 (2.44) ^b	11 (16.42)

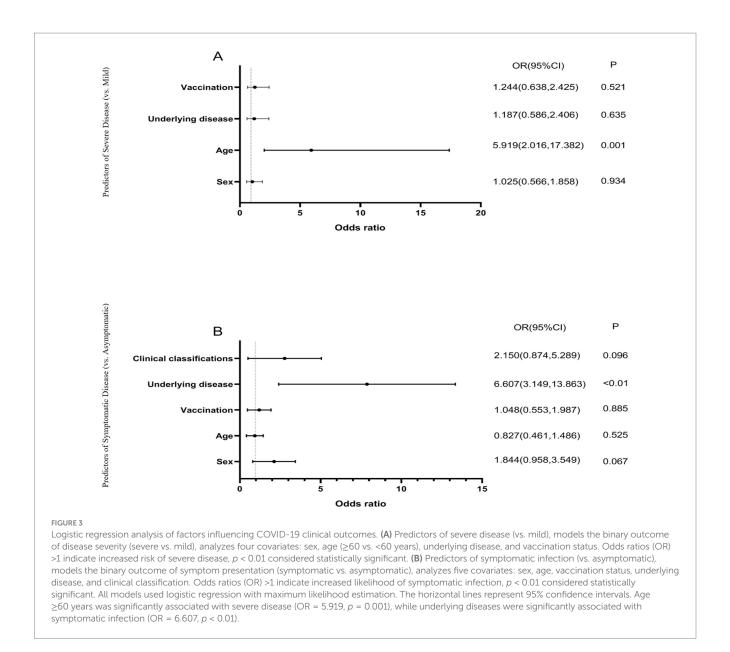
 $^{^{\}mathrm{a}}$ Indicates that there is a significant difference in clinical symptoms between patients with B.1 and BA.2 variants.

In this study, when patients with all three variants were combined for analysis, Pearson correlation analysis revealed that the number of days since infection was positively correlated with ALB, NE%, and PT, and negatively correlated with LY% (p < 0.01) (Table 5). Additionally, correlation analysis of patient sex, age, underlying diseases, vaccination status, clinical classification, and blood test parameters showed that age, underlying comorbidities, and COVID-19 clinical classification were negatively correlated with ALB and LY%, but positively correlated with WBC, NE%, and D-D. Furthermore, age was positively correlated with COVID-19 clinical classification and underlying comorbidities. The correlations between other indicators are shown in Figure 5.

Discussion

This study provides a comprehensive comparison of clinical and laboratory characteristics among patients infected with the B.1, BA.2, and BA.5 SARS-CoV-2 variants in Jilin Province from 2021 to 2023. Our key findings highlight distinct patterns in viral kinetics, clinical severity, and laboratory markers across

^bIndicates that there is a significant difference between patients with BA.2 and BA.5 variants. ^cIndicates that there is a significant difference between patients with B.1 and BA.5 variants.



variants, while also underscoring limitations that warrant consideration.

Clinical and demographic differences

The demographic and clinical profiles of patients varied significantly between variants, likely influenced by evolving public health policies. During the BA.5 wave (December 2022–February 2023), quarantine measures were lifted, leading to broader community transmission. This shift may explain the higher proportion of elderly and comorbid patients hospitalized with BA.5, consistent with reports that Omicron BA.5 causes milder disease in younger, healthier individuals but poses greater risks to older populations with underlying conditions (Yang et al., 2022; Li et al., 2020). Logistic regression confirmed that age >60 years was strongly associated with severe disease (OR: 5.919), aligning with global trends (Qassim et al., 2022).

Viral kinetics: Ct values and nucleic acid clearance

Viral load dynamics, assessed via ORF1ab and N gene Ct values, revealed three key observations: (1) Temporal trends: Ct values plateaued early (Day 2 post-infection) before gradually rising, with BA.2 and BA.5 showing higher variability during recovery, possibly due to sampling limitations (Zhou et al., 2022). (2) Gene-specific differences: The N gene had lower Ct values than ORF1ab in B.1 infections, supporting its higher sensitivity in diagnostics (Zhuang et al., 2021). (3) Variant-specific viral load: While BA.5 and B.1 had comparable median Ct values, BA.2 exhibited significantly lower viral loads and shorter nucleic acid clearance times. Notably, BA.5 demonstrated enhanced replicative fitness over BA.2 (Ong et al., 2023), though vaccination status may confound these findings (see limitations).

The evaluation of factors influencing the negative conversion cycle among the three variants revealed that significant differences in the time

TABLE 4 Comparison of blood test results of patients with three variant strains.

	B.1		BA.2		BA.5	
Clinical classifications	Mild	Severe	Mild	Severe	Mild	Severe
Total (n, %)	101 (91.82)	9 (8.18)	82 (100)	0	33 (49.25)	34 (50.75)
CREA	62.00 (53.00, 72.00) ^{a,b,d}	65.00 (54.00, 81.75) ^b	74.50 (60.75, 89.25)	_	69.00 (53.00, 95.00) ^d	77.10 (63.00, 112.10)
ALB	38.60 (36.5, 40.9) ^{a,b,d}	31.45 (29.50, 34.50) ^b	33.3 (30.28, 37.35)	_	34.00 (30.00, 38.00)	34.00 (30.00, 37.00)
WBC	5.80 (4.60, 7.20) ^{a,b,d}	8.10 (6.45, 9.95)	6.26 (4.62, 8.03) ^c	_	6.97 (5.13, 9.46)	6.96 (5.25, 10.44)
NE%	60.50 (53.70, 66.20) ^{a,b,d}	78.70 (71.65, 86.45) ^b	65.70 (55.35, 75.19) ^c	_	74.30 (64.85, 83.15) ^d	81.60 (72.80, 91.00)
LY%	29.00 (24.00, 35.70) ^{a,b,d}	11.20 (7.70, 16.50)	22.15 (14.38, 29.80) ^c	_	17.20 (10.15, 24.25) ^d	10.60 (5.20, 17.70)
PLT	220.5 (176.0, 269.75)	220.0 (120.0, 296.5) ^b	209.0 (151.0, 273.0)	_	205.0 (168.0, 270.0) ^d	161.0 (124.0, 231.0)
APTT	33.00 (30.23, 37.20) ^{a,b,d}	34.25 (32.60, 39.50) ^b	36.30 (33.35, 42.65) ^c	_	29.70 (25.95, 35.20) ^d	33.05 (29.20, 36.03)
PT	13.40 (13.10, 13.88) ^{b,d}	15.90 (14.08, 17.63) ^b	13.40 (12.60, 14.20) ^c	_	12.70 (11.95, 13.50) ^d	13.80 (12.38, 15.20)
DD	0.47 (0.24, 0.83) ^{b,d}	2.02 (0.88, 3.76)	0.42 (0.26, 1.10) ^c	_	1.24 (0.82, 3.81)	1.71 (1.04, 3.01)

^aIndicates that patients with B.1 variants and BA.2 variants blood test index difference has statistically significant.

^dIndicates that mild and severe patients blood test index difference has statistically significant.

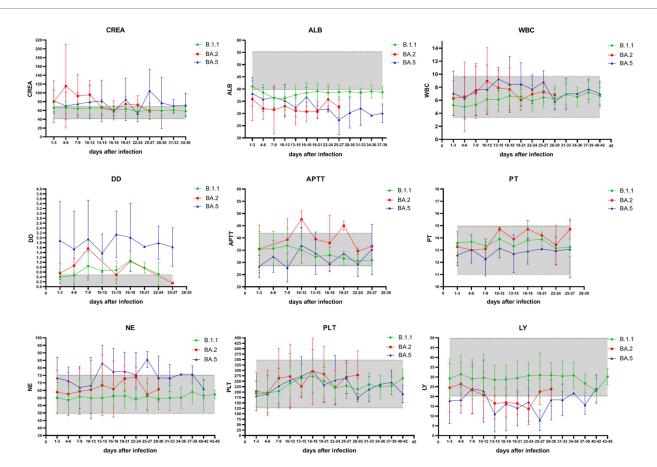


FIGURE 4
Temporal trends of key hematological and biochemical parameters in COVID-19 patients across SARS-CoV-2 variants. Green represents blood test results in patients with the B.1 variant, red represents blood test results in patients with the Omicron BA.2 variant, and blue represents blood test results in patients with the Omicron BA.5 variant. The shaded part of the graph represents the reference interval of blood test parameters. Measured parameters: CREA: creatinine (41–73 µmol/L); ALB: albumin (40–55 g/L); WBC: white blood cells (3.5–9.5 × 10³/L); NE%: neutrophil percentage (40–75%); LY%: lymphocyte percentage (20–50%); PLT: platelet count (125–350 × 10³/L); APTT: activated partial thromboplastin time (28–42 s); PT: prothrombin time (11–15 s); D-D: D-dimer (0.00–0.50 mg/L). During infection with the Omicron BA.2 and BA.5 variants, the measured values of CREA, ALB, D-D, and LY% in patients were mostly either above or below the reference ranges.

^bIndicates that patients with B.1 variants and BA.5 variants blood test index difference has statistically significant.

 $^{^{\}circ}$ Indicates that patients with BA.2 variants and BA.5 variants blood test index difference has statistically significant.

to negative conversion were only observed in patients aged \geq 60 years and unvaccinated status. In contrast, the presence of underlying diseases and disease severity showed no significant impact on the negative conversion cycle. This observation may be attributed to the following factors: (1) Variant-specific pathological mechanisms: Emerging evidence suggests that Omicron variants (BA.2/BA.5) may exhibit shorter tissue persistence

TABLE 5 Correlation between blood test parameters and days of infection.

	Pearson	p
CREA	-0.067	0.031
ALB	0.142	<0.01
WBC	-0.034	0.196
NE	0.179	<0.01
LY	-0.183	<0.01
PLT	0.033	0.218
APTT	-0.009	0.84
PT	0.208	<0.01
DD	-0.034	0.512

The table describes the correlation between the above blood test indicators and the days of infection, p < 0.01 considered that the difference was statistically significant, the negative value of the Pearson value indicates that the indicator was negatively correlated with the days of infection, and the positive value of the Pearson value indicates that the indicator was positively correlated with the days of infection.

compared to the ancestral strain, potentially reducing clearance differences associated with disease severity (Yang et al., 2023). (2) Study population characteristics: Our hospitalized cohort may represent a narrower spectrum of disease severity than the general COVID-19 population. (3) Treatment homogeneity: The standardized antiviral treatment protocol implemented in our hospital may have minimized clearance variations related to disease severity. (4) Sample size limitations: Subgroup analyses were powered at 80% to detect differences of \geq 3 days. (5) Biological plausibility: Recent studies have also indicated that while vaccination accelerates viral clearance, disease severity may not significantly prolong viral shedding time in hospitalized patients during the Omicron era (Yang et al., 2023).

Laboratory markers: inflammation, coagulation, and organ injury

Inflammatory response

Elevated NE%, WBC, and D-dimer, alongside reduced LY%, correlated with disease severity, reflecting heightened inflammation in advanced COVID-19 (Zhang et al., 2020). Lymphopenia in Omicron patients may signal severe disease or age-related immune decline.

Renal impairment

BA.2 and BA.5 patients exhibited elevated creatinine (CREA), suggesting greater renal injury than B.1, independent of age or

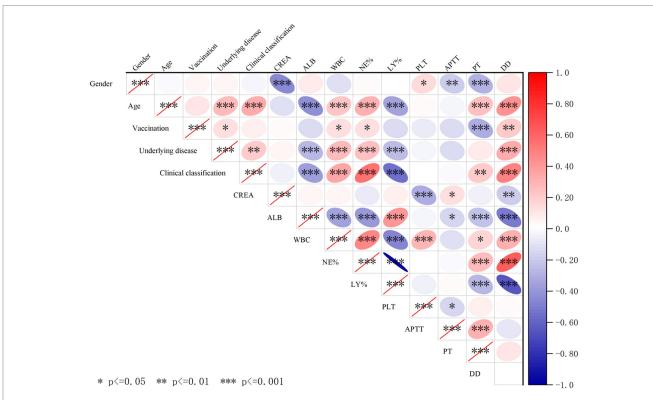


FIGURE 5

Cross-correlation analysis of demographic factors, clinical characteristics, and hematological/biochemical parameters in COVID-19 patients. The red ellipse indicates a positive correlation between the two variables, the blue ellipse indicates a negative correlation between the two variables, a darker color indicates a stronger correlation, *indicates p < 0.05, indicates **p < 0.01, and ***indicates *p < 0.001, and the correlation between the two variables is considered statistically significant. Especially, clinical classification were negatively correlated with ALB and LY% and positively correlated with WBC, NE%, D-D, and underlying disease.

comorbidities. This aligns with evidence of Omicron's tropism for renal tissue (Figure 5).

Coagulopathy

Thrombocytopenia and prolonged APTT/PT in severe cases implied endothelial injury and consumptive coagulopathy (Xu et al., 2020). Omicron variants (BA.2/BA.5) showed lower PLT than B.1, potentially worsening prognosis.

Limitations and future directions

Our study has several limitations that warrant discussion. First, data gaps such as missing vaccination records (e.g., 27 BA.5 cases) and uneven vaccine rollout (none in the B.1 cohort) limited the assessment of vaccine efficacy. Second, subgroup heterogeneity was not fully addressed; simplified vaccinated/unvaccinated comparisons failed to account for dosing intervals and waning immunity, highlighting the need for larger, stratified studies (Kandel et al., 2023; Tozer et al., 2022). Third, unmeasured confounders, including co-infections (e.g., influenza/RSV) that may alter viral kinetics, were not systematically evaluated (Contes and Liu, 2025). Future research should prioritize these aspects to strengthen the robustness of conclusions.

Conclusion

While Omicron variants (BA.2/BA.5) may drive milder disease in younger populations, they pose significant risks to older, comorbid individuals, with distinct impacts on viral persistence, organ injury, and coagulation. Our findings underscore the need for variant-specific clinical monitoring and highlight critical gaps—particularly in vaccine effectiveness and co-infection dynamics—for future research.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving humans were approved by Ethics Committee of Changchun Infectious Diseases Hospital (No. 2020-001) and First Hospital of Jilin University (No. K2022028). The studies were conducted in accordance with the local legislation and institutional requirements. The ethics committee/institutional review board waived

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the requirement of written informed consent for participation from the participants or the participants' legal guardians/next of kin because in public health emergencies (such as COVID-19), some studies may streamline procedures and allow for verbal consent.

Author contributions

WY: Validation, Writing – review & editing, Writing – original draft, Data curation, Visualization, Methodology. TC: Writing – review & editing, Data curation, Methodology. QZ: Supervision, Writing – review & editing, Data curation. JX: Writing – review & editing, Methodology, Data curation, Supervision.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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