



High Speed AFM and Nanoinfrared Spectroscopy Investigation of A β ₁₋₄₂ Peptide Variants and Their Interaction With POPC/SM/Chol/GM1 Model Membranes

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Due to an aging population, neurodegenerative diseases such as Alzheimer's disease (AD) have become a major health issue. In the case of AD, A β ₁₋₄₂ peptides have been identified as one of the markers of the disease with the formation of senile plaques via their aggregation, and could play a role in memory impairment and other tragic syndromes associated with the disease. Many studies have shown that not only the morphology and structure of A β ₁₋₄₂ peptide assembly are playing an important role in the formation of amyloid plaques, but also the interactions between A β ₁₋₄₂ and the cellular membrane are crucial regarding the aggregation processes and toxicity of the amyloid peptides. Despite the increasing amount of information on AD associated amyloids and their toxicity, the molecular mechanisms involved still remain unclear and require in-depth investigation at the local scale to clearly decipher the role of the sequence of the amyloid peptides, of their secondary structures, of their oligomeric states, and of their interactions with lipid membranes. In this original study, through the use of Atomic Force Microscopy (AFM) related-techniques, high-speed AFM and nanoinfrared AFM, we tried to unravel at the nanoscale the link between aggregation state, structure and interaction with membranes in the amyloid/membrane interaction. Using three mutants of A β peptides, L34T, oG37C, and WT A β ₁₋₄₂ peptides, with differences in morphology, structure and assembly process, as well as model lipidic membranes whose composition and structure allow interactions with the peptides, our AFM study coupling high spatial and temporal resolution and nanoscale structure information clearly evidences a local correlation between the secondary structure of the peptides, their fibrillization kinetics and their interactions with model membranes. Membrane disruption is associated to small transient oligomeric entities in the early stages of aggregation that strongly interact with the membrane, and present an antiparallel β -sheet secondary structure. The strong effect on membrane integrity that exists when these oligomeric A β ₁₋₄₂ peptides interact with membranes of a particular composition could be a lead for therapeutic studies.

Keywords: high speed atomic force microscopy, nanoinfrared spectroscopy, peptide A β , model lipidic membranes, Alzheimer's disease

INTRODUCTION

Alzheimer's disease (AD) is a neurodegenerative disease associated with progressive memory loss and dementia. Two types of abnormal amyloid aggregates are found in the patient's brains, extracellular Amyloid β plaques containing $A\beta$ peptides and intracellular neurofibrillary tangles (NFT) composed of hyperphosphorylated Tau protein. Both are involved in a complex cascade of events leading to synapse dysfunction and neuronal death. The formation of senile plaques, one of the hallmarks of the pathology, results from the self-assembly of $A\beta$ aggregates into fibers. As the major component of these plaques, the 42 amino-acid long amyloid peptide $A\beta_{1-42}$ has been shown to be neurotoxic (Yasumoto et al., 2019) playing a role in the memory impairment and the other tragic syndromes associated with the disease. $A\beta_{1-42}$ is considered as a biological key player in AD (Selkoe, 2001), but its fibrillization is not the only parameter involved in the AD disease. An overwhelming body of evidence in *in vitro* (Henry et al., 2015; Yasumoto et al., 2019) and *in vivo* (Fruhmann et al., 2018; Yasumoto et al., 2019) studies has highlighted the importance of $A\beta_{1-42}$ /membrane interactions and the crucial role that lipid bilayers play regarding fibrillogenesis and toxicity (Williams and Serpell, 2011).

As stated before, the aggregation state of the amyloid species is a crucial parameter in the amyloid/membrane interaction. Intermediate species of $A\beta$ peptides in the fiber formation process, such as monomers, oligomers, protofibrils and fibers, have distinct cytotoxicities. The oligomer species have been identified as the most toxic species (Henry et al., 2015; Kepp, 2017; Bode et al., 2019; Limbocker et al., 2019; Yasumoto et al., 2019), and are often associated with a secondary structure of antiparallel β -sheets (Bobo et al., 2017; Henry et al., 2018). However the heterogeneity of amyloid species populations in biophysical studies is an obstacle to the precise understanding of the involved processes (Doig et al., 2017; Henry et al., 2018). Indeed, the aggregation state is often not controlled, leading to the observation of an average effect of several aggregation species (Matsuzaki, 2014; Bode et al., 2019) and therefore to a lack of reproducibility (Henry et al., 2015). The separate characterization of monomers, oligomers and fibers is required in order to fully understand the mechanisms of amyloid toxicity. In order to study in details the action mechanisms of toxic oligomers, an approach has been to separate fibrillization products by size-exclusion chromatography (Vignaud et al., 2013; Bode et al., 2019; Yasumoto et al., 2019). Gaining from such isolation of fibrillization species, the understanding of oligomer-induced cytotoxicity has recently benefitted from several advances. High molecular weight oligomers produce more plasma membrane damage than low molecular weight ones, with additional oxidative stress and membrane fluidity decrease (Yasumoto et al., 2019). It is, however, still unclear how the observed deleterious effects relate to the sequence of the amyloid peptide, its secondary structure, or its aggregation state.

Apart from the properties of the $A\beta$ peptide, several studies also showed that the interactions of $A\beta$ with lipid membranes are strongly modulated by several membrane parameters including

its lipid composition and its organization and phase separation. Ganglioside GM1 is a preferential partner in the $A\beta$ /membrane interaction, and $A\beta$ species have been shown to accumulate on GM1 clusters, which alter the aggregation pathways of $A\beta$ into the formation of toxic species (Matsuzaki, 2014; Dai et al., 2020). Interestingly, the formation of GM1 clusters is cholesterol-dependent, as a depletion in cholesterol in neuronal cells rescued them from $A\beta$ accumulation and toxicity (Matsuzaki, 2014). Indeed, lipid composition influences the membrane nanoscale organization, as demonstrated *in vitro* on membrane models (Drolle et al., 2017). The presence of membrane domains was notably shown to modulate the amyloid/membrane interaction, with $A\beta$ peptides interacting preferentially with liquid domains (Azouz et al., 2019). Membrane heterogeneity can also be induced by $A\beta$ aggregation and binding, with a decrease of the lateral fluidity of the membrane (Sasahara et al., 2013). Different models of interaction have been proposed for $A\beta$ -membrane interaction (Berthelot et al., 2013), from adsorption on the membrane to dissolution or insertion, formation of pores, ion channels, or raft-like structures (Drolle et al., 2014), while an uptake of lipids in $A\beta$ aggregates (Sasahara et al., 2013) suggests lipid recruitment.

Though these studies bring valuable information to the field, questions still arise especially regarding the molecular mechanisms involved in AD, which remain elusive and require in-depth investigation at the local scale (Doig et al., 2017). The understanding of the structure of the amyloid species and of their interactions with membranes at the molecular scale could provide new insights leading to the development of novel therapies, especially considering that clinical trials focused on the removal or disassembly of amyloid plaques have not been successful so far (Panza et al., 2019). One limitation of the experiments classically performed in most studies (e.g., ThT fluorescence assays, Infrared absorption spectroscopy, Circular dichroism) is their lack of resolution leading to the characterization of averaged properties of amyloid peptides and of lipid membranes. Most of the time, different fibrillization forms of peptides (monomers, oligomers, fibrils) coexist in solution, with different structures, while a strong heterogeneity is observed in the membrane composition and organization, thus complicating a precise identification of the predominant mechanisms involved in AD. Among the different tools that could help decipher these mechanisms, Atomic Force Microscopy (AFM) is of particular interest due to its high resolution and its ability to work in liquid conditions (contrary to cryo-electron microscopy for instance). In particular, AFM allowed adding some interesting information regarding the fibrillization process of the peptides (Mastrangelo et al., 2006; Hane et al., 2014). Nevertheless, AFM is still limited by the speed of imaging acquisition and by the lack of information about the chemical properties of studied objects. Lately, these two drawbacks have been addressed through the development of High Speed AFM (HS-AFM), allowing real time experiments, and of nanoInfrared AFM (NanoIR) (Dazzi et al., 2010, 2012) and Tip-Enhanced Raman Spectroscopy (TERS) AFM (Bonhommeau and Lecomte, 2018) providing chemical and structural information at the nanoscale without the labeling used in super-resolution optical microscopy, which can affect the structures of labeled species and their interactions. HS-AFM has

Fibrillization Study

Peptides were diluted in Tris(hydroxymethyl)aminomethane buffer (TRIS) (Tris 10 mM, NaCl 150 mM, DTT 5 mM, pH 7.4, referred to as TRIS buffer below) reaching a final peptide concentration of 20 μM , and were incubated at 37°C. Samples were collected regularly after homogenization by vortex in order to follow the morphological evolution of fibrillization species formed along the aggregation process on short and long time scales.

Preparation of Supported Lipid Bilayers (SLB) and Multilayers

Lipids of interest were purchased from Avanti Polar lipids: 1-Palmitoyl-2-oleoylphosphatidylcholine (POPC), sphingomyelin (SM), cholesterol (Chol), and ganglioside GM1 (GM1). After dissolution in a solution of chloroform/methanol (4:1 v/v), the lipids were mixed in the following proportions: SM/POPC/GM1/Chol 20/20/40/20 (w%), homogenized, evaporated under $\text{N}_2(\text{g})$ flux and kept in a dessicator overnight to remove any trace of organic solvent. The resulting lipid films were re-hydrated with TRIS buffer reaching a final concentration of 1.5 mg/ml of lipids. The lipid suspensions were vortexed until total dissolution and submitted to 5 freeze/thaw cycles. Large unilamellar vesicles (LUV) were then obtained by extrusion performed at 65°C using 100 nm diameter pores.

The LUV suspensions were diluted 5 times in 10 mM CaCl_2 , and 2 μL of the resulting solution were deposited onto freshly cleaved mica. Samples were incubated for 45 min at 60°C, rinsed and observed by HS-AFM in buffer. The samples were between 1 and 4 bilayers thick (\sim between 5 and 20 nm height).

High-Speed AFM Imaging

A self-built High-Speed atomic force microscope (HS-AFM) similar to the one used by Ando et al. (2001) and provided by RIBM was used. Imaging was performed in tapping mode at room temperature, using Si_3N_4 rectangular cantilevers (BL-AC10DS-A2, Olympus) with a nominal spring constants of $\sim 0.2 \text{ N.m}^{-1}$, oscillation frequency of $\sim 630 \text{ kHz}$ in aqueous medium and an electron beam deposited amorphous carbon tip grown on the original tip. The free oscillation amplitude of the cantilever was adjusted to $\sim 2 \text{ nm}$ with a setpoint amplitude set at approximately 85% of the free oscillation amplitude. The images and videos were analyzed using the Falcon Viewer analysis software, applying a first order polynomial filter to remove sample tilt when necessary. Topographical sections were extracted from the images.

For the morphological observation of fibrillization products, samples were prepared by depositing on freshly cleaved mica 2 μL of amyloid peptides collected at different times in the aggregation process. After 5 min of incubation, samples were rinsed with 6 μL of TRIS buffer, and subsequently placed on the AFM setup for observation in liquid. Because of the slow kinetics of fiber formation, the process was not followed continuously by HS-AFM but images were recorded at given times. Though the mica substrate has an impact on membrane properties, notably on lipid diffusion (Scomparin et al., 2009), it is a standard substrate used

in AFM-based studies because of its planarity and has therefore been chosen in our study in order to reproduce previous results and use them as a reference point.

In order to study the impact of different $\text{A}\beta$ mutant peptides on supported lipid bilayers, a SLB was first prepared and imaged by HS-AFM. After identification of a zone of interest, 6 μL of freshly thawed peptides at a concentration of 20 μM were injected in the HS-AFM fluid cell (final volume, 80 μL) while simultaneously adjusting the setpoint amplitude to counter any perturbations induced by the injection. Final concentration of peptide in the experimental volume was 1.5 μM .

NanoInfrared Measurements

NanoInfrared AFM experiments were performed using a NanoIR2 system (Brüker, United States), with an OPO laser covering the range from 890 to 3600 cm^{-1} to acquire full IR spectra or a QCL laser covering the range from 1000 to 2000 cm^{-1} when focusing on the amide I bands. The measurements were carried out in contact mode (OPO laser) or in resonant contact mode (QCL laser) using a gold-plated silicon nitride AFM probe with an elastic constant of 0.07–0.4 N/m and nominal radius of 20 nm (model PR-EX-nIR2, Bruker, United States). The different images and spectra were analyzed using the Analysis Studio software (Brüker, United States). Once the fibrillization products were observed in liquid on mica (see previous HS-AFM experiments), the same samples were dried and analyzed in NanoIR to be sure to study the same objects. No changes in the morphology were observed in the fibers or the oligomers during the drying process. IR spectra were collected on isolated structures of the different peptides (L34T, WT, and oG37C) using the spectroscopic mode of the nanoIR. For each peptide, at least 50 spectra were recorded and analyzed. The same protocol was used to analyze the lipid SM/PC/Chol/GM1 bilayers before and after injection of the different peptides. After injection of the peptides as previously described for HS-AFM experiments and a 4 h incubation in humid conditions, the samples were imaged in order to check for the persistence of lipid layers. They were then rinsed with pure water so as to get rid of the non-interacting peptides present in the solution, dried in air and analyzed in NanoIR after finding a proper spot with visible layers on the sample surface. At least 50 spectra were then acquired on different spots for each sample.

RESULTS

Morphology of $\text{A}\beta_{1-42}$ Peptides and Their Fibrillization Products

First, the aggregation state of each different amyloid peptide at the initial time of thawing was assessed, allowing to confirm the monomeric/oligomeric state of the peptide at the moment of our membrane interaction experiments. HS-AFM was used to observe freshly thawed peptides deposited on mica (Figures 2A,D,G). The $\text{A}\beta_{1-42}$ WT peptides, as well as $\text{A}\beta_{1-42}$ L34T present similar initial morphologies with small globular species below 10 nm in diameter on the mica substrates. In the case of the oligomer $\text{A}\beta_{1-42}$ oG37C, larger globular aggregates are

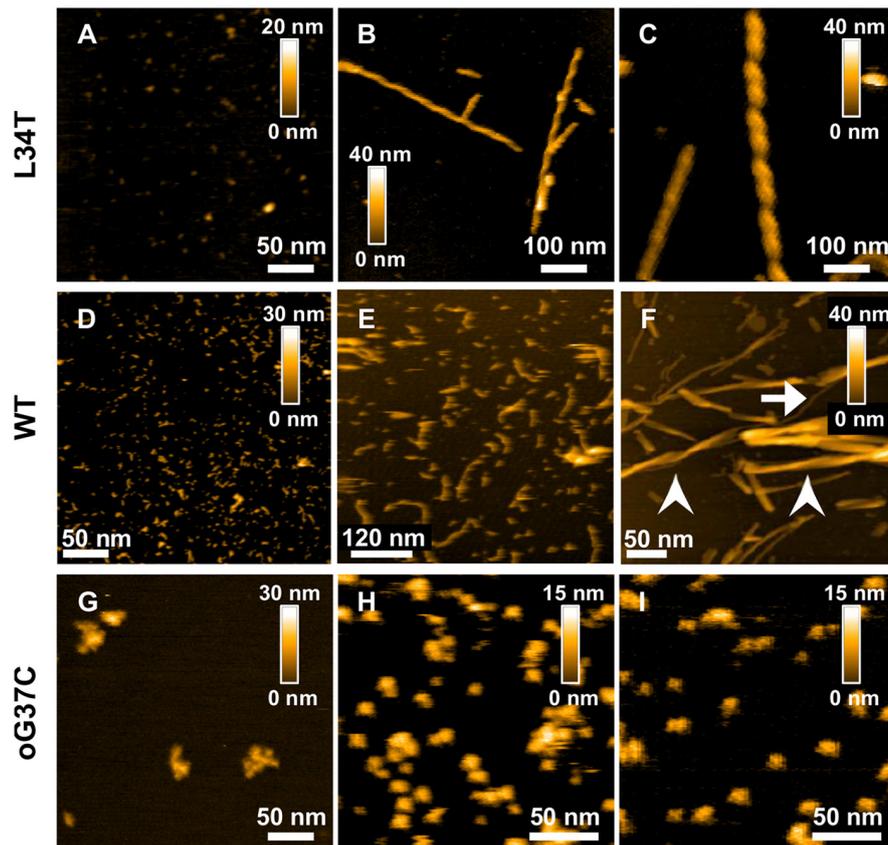


FIGURE 2 | Morphology of $A\beta_{1-42}$ WT and mutant peptides and their fibrillation products revealed by AFM height images obtained for L34T (**A–C**) WT (**D–F**), and oG37C (**G–I**) peptides at different times in the fibrillation process, with images acquired at day 0 (**A,D,G**), day 1 (**B,H**), day 2 (**C,E,I**), and day 7 (**F**). All peptides are incubated at 20 μ l. White arrows indicates unique fibers, arrow-heads indicates fiber bundles.

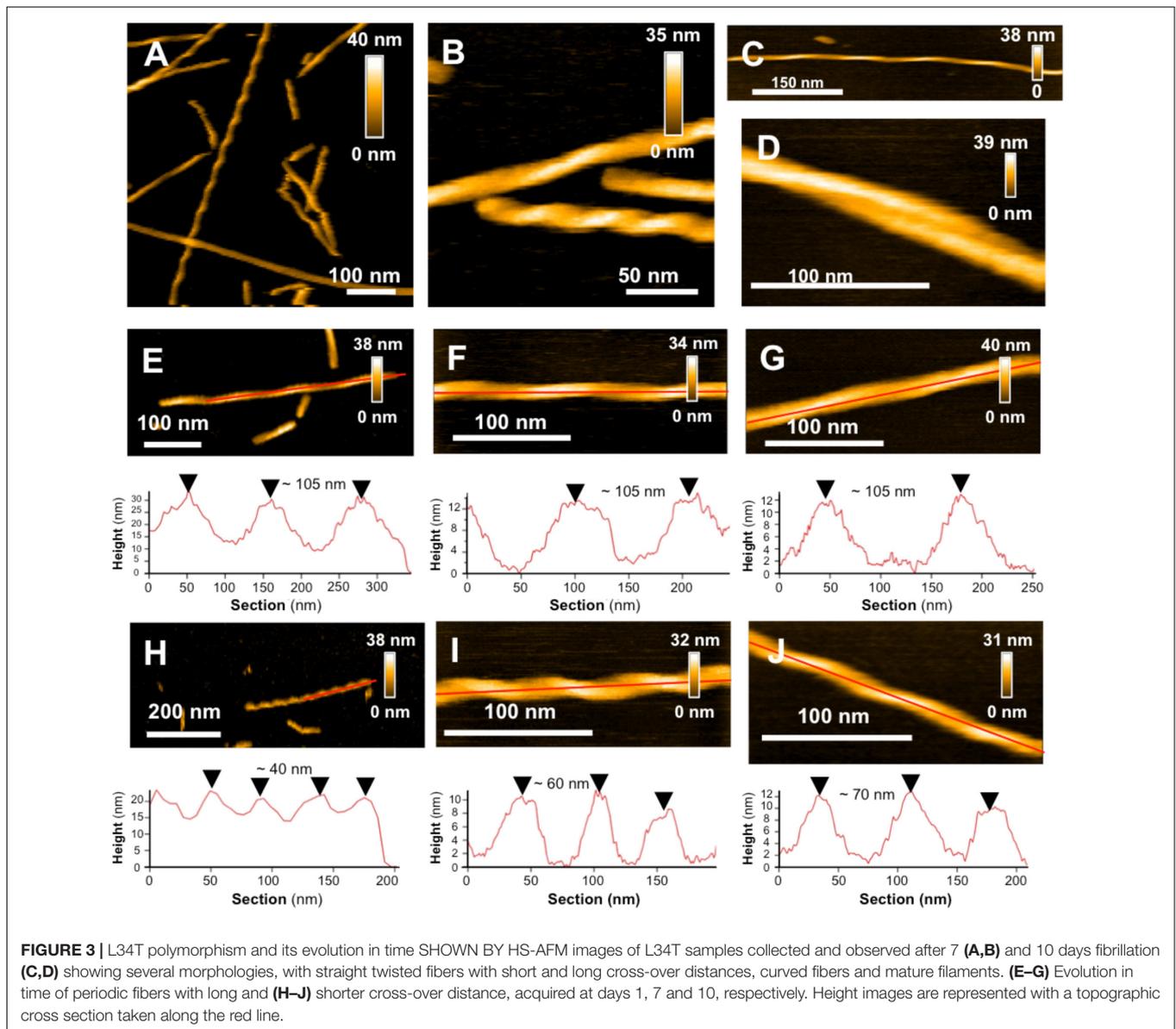
preferentially observed with sizes ranging from 20 to 50 nm in diameter, with occasional small globular objects (5–10 nm) still present, corresponding to previously observed isolated oligomers (Bonhommeau et al., 2017; Ewald et al., 2019).

Then the aggregation kinetics of the different mutant peptides was followed and compared to the WT peptide by imaging their fibrillization products at different incubation times, thus complementing previous work using ThT fluorescence and cryo-electron microscopy (Vignaud et al., 2013; Henry et al., 2015). Marked morphological differences were observed between fibrillization products of the different mutant $A\beta_{1-42}$ peptides. Rapid fiber formation for the $A\beta_{1-42}$ L34T peptide is evidenced (**Figures 2A–C**), with the formation of well-separated long straight fibrils (>600 nm) within 24 h (**Figures 2B,C**), with highly periodic morphologies, and regularly spaced cross-over distances. This twisted ribbon morphology is the most frequent in our observations, in agreement with literature on amyloid polymorphism (Adamcik and Mezzenga, 2018). At day 7 of incubation (**Figures 3A,B,E,I**), L34T presents an increasing number of fibers, with a majority of long well-separated straight fibers. In contrast, after 2 days the $A\beta_{1-42}$ WT peptide forms only short fibrils (~100 nm in length) with curved or random morphologies, and abundant globular aggregates as well

(**Figure 2E**). At day 7 the fibers obtained for the WT (**Figure 2F**) are thicker and shorter than the L34T ones, and assemble majoritarily into twisted short fibers, in accordance with literature (Fitzpatrick et al., 2013; Nirmalraj et al., 2020), though occasional single fibers are observed (example pointed by the white arrow on **Figure 2F**). Contrary to both WT and L34T peptides, the $A\beta_{1-42}$ oG37C oligomer does not aggregate further compared to our initial assessment (**Figures 2H,I**), and we still observe similar globular aggregates (20–50 nm in diameter), though more abundant on the mica substrate. This confirms that oG37C is stable as an oligomeric form and no fibril or mature fibers are formed.

L34T Amyloid Polymorphism

In a single amyloid sample, it is common to observe different types of morphologies, which can either be in equilibrium or come from distinct intermediates on the aggregation pathway (Cendrowska et al., 2020). Polymorphism is of high interest as distinct morphologies have been shown to lead to different patterns of toxicity or spreading (Cendrowska et al., 2020). Our observations are based on homogeneous starting stocks of peptides with similar growth conditions, allowing to show morphological heterogeneity between mature fibers of $A\beta_{1-42}$



WT and L34T, implying an influence of the peptide’s sequence in the morphology. High-resolution AFM imaging also allowed us to go further in the morphological characterization of L34T fibrillation products, highlighting a marked polymorphism.

Starting as early as day 1 of aggregation, our observations revealed well-separated straight twisted fibers with highly periodic morphologies, and regularly spaced cross-over distances, leading to the identification of 2 groups of fibers depending on their axial periodicity (Figures 3E,H). Long cross-over distances of ~ 105 nm are observed at all times over a 10-day period (Figures 3E–G), and are resembling to previously described periodic Aβ₁₋₄₂ WT fibers (Schmidt et al., 2009; Young et al., 2017; Watanabe-Nakayama and Ono, 2018). Shorter cross-over distances are also observed, but evolved with time, increasing from ~40 nm at day 1 to ~60 nm at day 7 and ~70 nm at day 10 of incubation (Figures 3H–J). At day 7 of incubation,

twisted fibers are co-existing with non-twisted ones, though the later are a minority in our samples (Figures 3A,B), and curved fibers are also present at day 10 in a low proportion (Figure 3C), which is consistent with previously observed mature Aβ₁₋₄₂ WT fibers (Lin et al., 2020).

Spectroscopic Characterization of the Fibrillation Products at the Nanoscale

NanoIR measurements were performed on the different peptide variants to access their secondary structures at the nanoscale (Dazzi et al., 2012; Ruggeri et al., 2015; Henry et al., 2018), both in early stages of aggregation, i.e., on freshly thawed samples hereafter named pre-fibrillar samples, and later in the process after 2 days of incubation. This is of prime importance as it is now widely accepted that the toxicity of the amyloids and

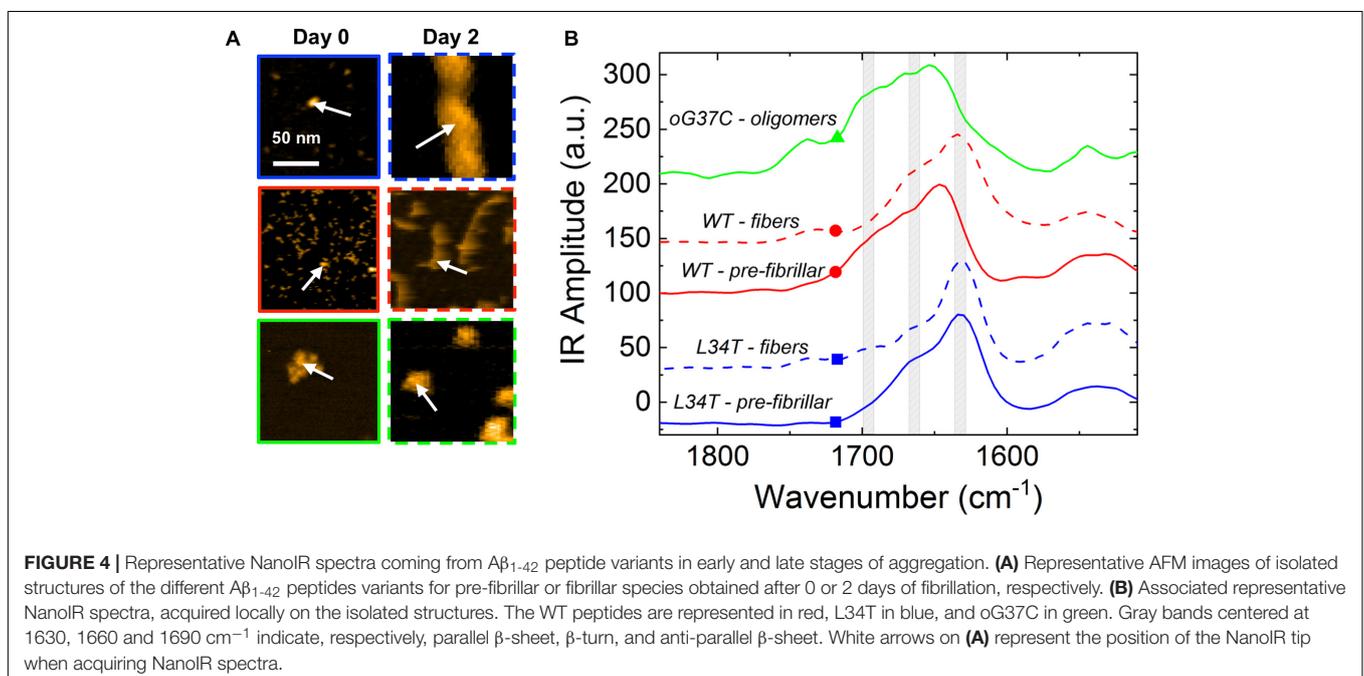
their secondary structures are linked (Vignaud et al., 2013; Bonhommeau et al., 2017). In particular, the high toxicity of some peptides could be due to the existence of oligomeric species organized in anti-parallel β -sheets (Seilheimer et al., 1997; Henry et al., 2015). Nevertheless, most studies are using characterization methods such as ATR-FTIR, Raman spectroscopy or Circular Dichroism, which have the drawback of averaging the spectral signatures of the different species present in the samples. As most of the time, the different forms of the peptides co-exist (monomers, oligomers, fibers, fibrils), it is difficult to get a precise information on the secondary structures of the different peptides. One of the major interests of NanoIR is that the IR spectra can be locally collected from isolated objects as shown on **Figure 4**, thus giving a reliable description of their secondary structures. NanoIR spectra shown in the **Figure 4B** were recorded from isolated representative species of each peptide both on pre-fibrillar samples, i.e., a heterogeneous mixture of monomers and small oligomers for WT and L34T vs a homogeneous population of oligomers for oG37C, and on 2-day samples, i.e., fibers for L34T and WT and still oligomers for oG37C. The oligomer oG37C is indeed stable in its oligomeric form and corresponds to a 14-mer (Bobo et al., 2017). The focus was given to the Amide I band between 1600 and 1700 cm^{-1} as it allowed discriminating β -sheets, parallel and antiparallel, as well as random coil secondary structures.

The nanoIR spectra obtained for *fibrillar* L34T and WT (**Figure 4B**, dashed lines, blue and red, respectively) show that both have a similar secondary structure with two main bands characteristic of a parallel β -sheet secondary structure around 1630 cm^{-1} , which is the major component, and of a β -turn structure around 1660 cm^{-1} . Regarding the oG37C oligomer, the IR spectrum is clearly different with the appearance of a shoulder with an important intensity around 1690 cm^{-1} and

a clear decrease of the intensity of the 1630 cm^{-1} band. This new 1690 cm^{-1} band is characteristic of the anti-parallel β -sheet secondary structure. These results acquired on individual objects are consistent with previous ATR-FTIR (Vignaud et al., 2013) and Raman measurements (Bonhommeau et al., 2017). We also probed the secondary structure of *pre-fibrillar* WT and L34T species (**Figure 4B**, solid lines, red and blue, respectively) in order to assess the evolution of secondary structure over the course of the fibrillization process. Pre-fibrillar L34T exhibits a very similar IR signature compared to its fibrillar counterpart, with a dominant band characteristic of a parallel β -sheet secondary structure around 1630 cm^{-1} , and a β -turn structure around 1660 cm^{-1} . The early acquisition of a parallel β -sheet secondary structure for pre-fibrillar L34T is consistent with the fast fibrillization observed. However, the IR signature of pre-fibrillar WT slightly differs from fibrillar WT peptides, with a shift toward higher wavenumbers and a contribution in the 1690 cm^{-1} area, characteristic of the anti-parallel β -sheet secondary structure and close to the signature observed for oligomeric oG37C peptides. This indicates the presence of an anti-parallel β -sheet secondary structure in pre-fibrillar WT amyloid species, and suggests a reorganization over the course of the fibrillization process, as no anti-parallel β -sheet structure is observed in fibrillar WT species.

Interaction of Amyloid Peptides and Fibers With Model Membranes

In order to assess the behavior of $\text{A}\beta_{1-42}$ peptide variants on lipid membranes, real-time HS-AFM imaging of model membranes was performed before and after injection of freshly thawed $\text{A}\beta_{1-42}$ L34T, WT, and oG37C peptides *in operando*. Thus, our objective is to assess a correlation between the peptide's structure, their fibrillization behavior and their interaction with membranes,



with potential deleterious effects. Control experiments have been performed in order to ensure that the scanning of model membranes by the AFM tip in our experimental conditions did not impact the integrity or the behavior of the supported lipid layers over long time periods largely higher than our timescale of observation (see **Supplementary Video 1**). When possible, areas at the membrane/mica interface were targeted in order to characterize the effect of peptides on the model membrane while assessing its interaction with the substrate. In addition, selected areas were first scanned for 10 min before injecting the peptide to ensure the stability of the membranes. The injection of the peptide is performed *in operando* in the experimental volume, and therefore the homogeneity in the fluid cell and the local concentration of peptides are not guaranteed at the moment of the scan, which explains the observed variations for the kinetics from one experiment to the other, and strongly motivated the repetition of experiments, in addition to occasional injections of peptides in larger quantities to confirm the effects.

In a previous study focusing on the toxic behavior of oligomeric amyloid peptides, the oG37C oligomer was used as a model peptide to unravel oligomer/membrane interactions (Ewald et al., 2019). Both cholesterol and GM1

are required in the membrane in order to observe oligomer-induced deleterious effects, with a fast and total dissolution of SM/PC/Chol/GM1 membranes (Ewald et al., 2019). As presented in **Figure 5** (see **Supplementary Video 2**), upon addition of the oligomeric oG37C peptide in the experimental volume, the POPC/SM/Cholesterol/GM1 membrane coverage rapidly decreases and only small patches of membrane remain after 110 seconds. In agreement with previous work on membrane disruption by oG37C (Ewald et al., 2019) or by phospholipase D for instance (El Kirat et al., 2008), a marked enlargement of the pre-existing defects of the membrane was observed, and the membrane dissolution seemed to be driven at the edges of the SLB. This effect has been interpreted as membrane dissolution through a detergent effect induced by oG37C. After injection of A β ₁₋₄₂ WT peptides on a model SM/PC/Chol/GM1 membrane (**Figure 6** and **Supplementary Video 3**), an extension of the holes present in the SLB is also evidenced, with progressive disappearance of the membrane until total dissolution after 240 s, indicating a strong interaction of the WT peptide with the membrane. As previously noticed for oG37C, no accumulation of peptide on the membrane or on the mica substrate was observed. The behavior of A β ₁₋₄₂ WT peptides on

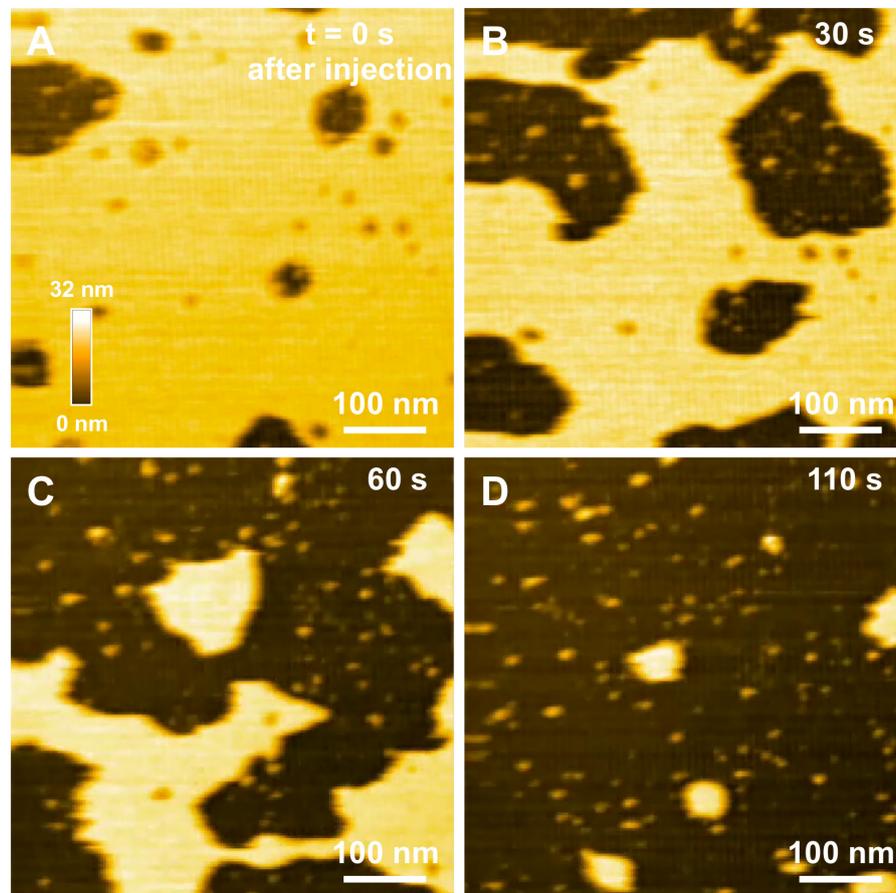


FIGURE 5 | Interaction between oG37C peptides and a POPC/SM/Chol/GM1 membrane. Successive HS-AFM height images extracted from video 2 at the time of injection **(A)**, 30 s after injection **(B)**, 60 s after injection **(C)**, and 110 s after injection **(D)**.

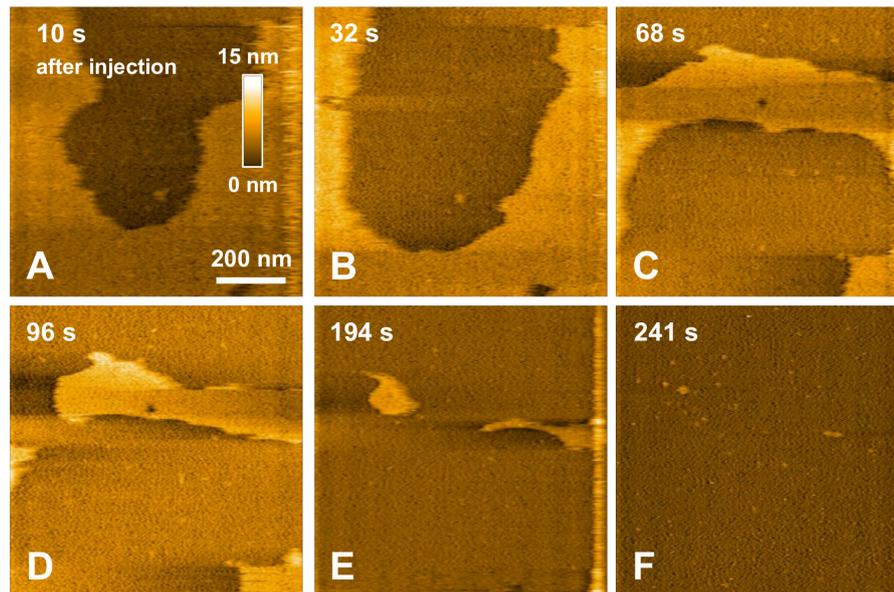


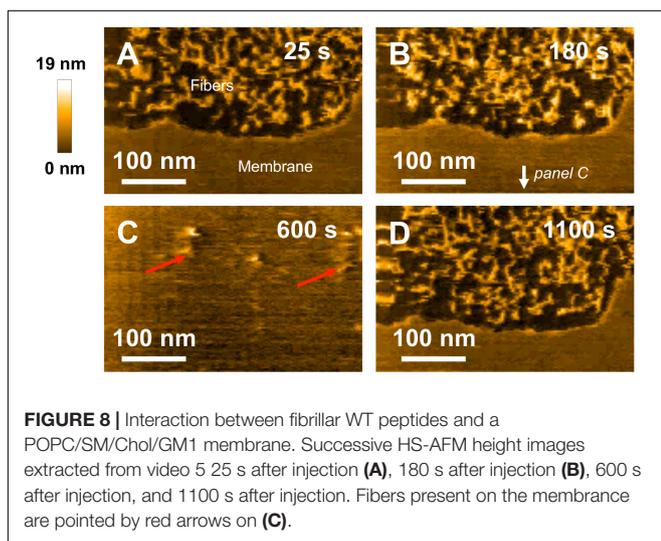
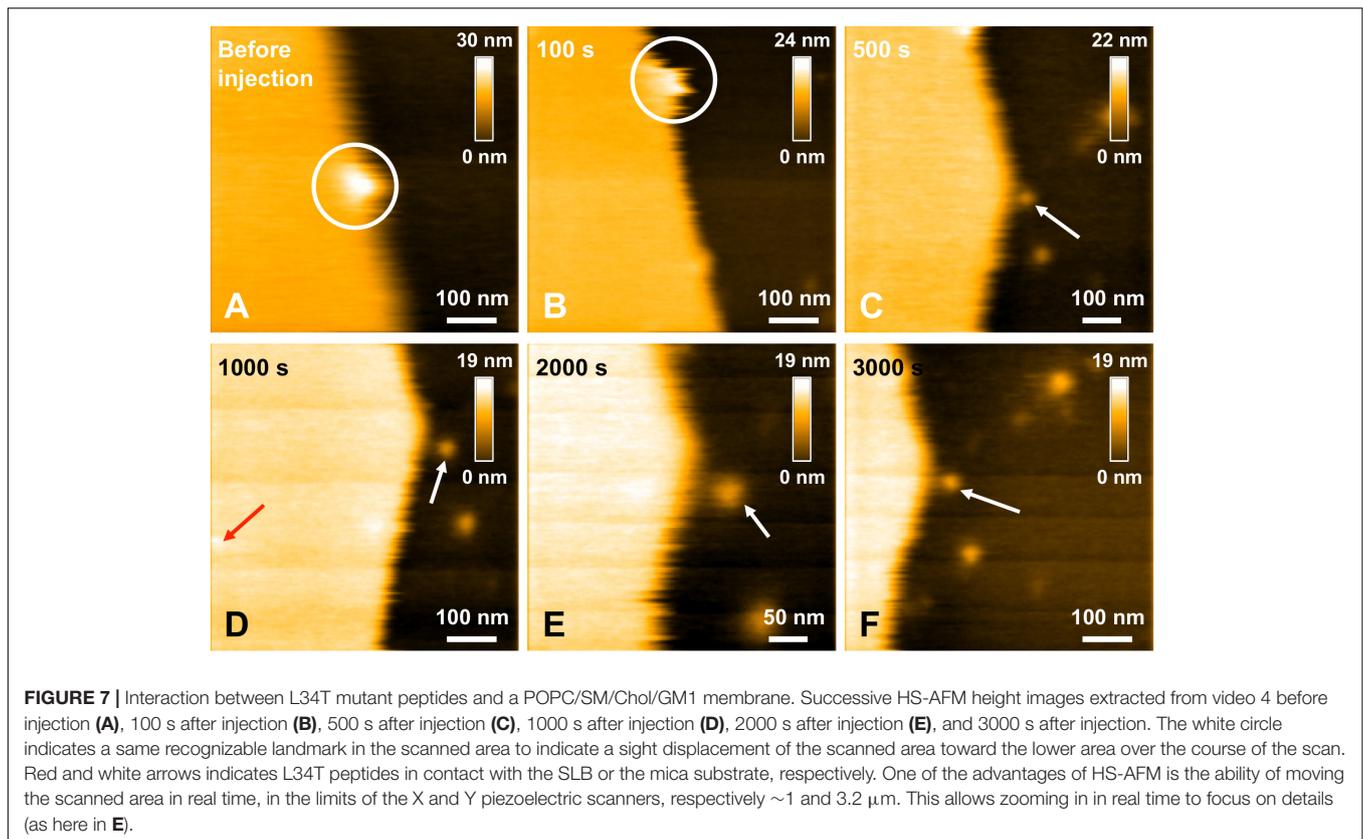
FIGURE 6 | Interaction between pre-fibrillar WT peptides and a POPC/SM/Chol/GM1 membrane. Successive HS-AFM height images extracted from video 3 10 s after injection (**A**), 32 s after injection (**B**), 68 s after injection (**C**), 96 s after injection (**D**), 194 s after injection (**E**), and 241 s after injection.

POPC/SM/Cholesterol/GM1 membranes is therefore similar to the one observed for toxic oligomers oG37C. This confirms that oG37C and its mechanisms of toxicity are representative of the WT peptide, even though its stable oligomeric state is originating from a purification based on size-selection (Vignaud et al., 2013). However, the fastest membrane dissolution observed for the WT peptide (**Figure 6**, 240 s) appears slower than for oG37C, where total dissolution was observed in under a minute (Ewald et al., 2019), even when taking into account the heterogeneity of kinetics between experiments. This is consistent with the WT peptide quickly starting to aggregate and form small oligomers when thawed and injected, with at least part of the oligomers formed adopting the structure and behavior of oG37C oligomers. In contrast to the WT and oG37C peptides, the injection of the L34T peptide did not induce a deleterious effect on the SM/PC/Chol/GM1 membrane. A slow accumulation of peptides on the mica substrate is observed, indicated on **Figure 7** by white arrows (**Figures 7C–F**), while only few peptides (indicated by a red arrow, **Figure 7D**) are visible on the membrane after 1000 s. The density of peptides accumulating on the mica is, however, low (**Figure 7F**). In order to confirm our observations, a second injection was performed at $t = 1750$ s (noticeable on **Supplementary Video 4**), with no additional effect. L34T does not seem to interact with SM/PC/Chol/GM1 membranes, or only weakly.

Finally, the same experiment using fibrillar WT species was performed with HS-AFM to investigate their interaction with model SM/PC/Chol/GM1 membranes. 3Fibers and proto-fibrillar species quickly accumulate on the mica substrate after the injection (**Figures 8A,B**). Only a few fibrillar WT species are observed on the membrane (**Figure 8C**, indicated by red arrows), indicating weak interaction of fibrillar WT species with

the membrane. Contrary to pre-fibrillar WT, which induced membrane dissolution (**Figure 6**), the integrity of the membrane is here preserved even 1100 s after injection of the fibrillar WT (**Figure 8D** and see **Supplementary Video 5**), thus confirming a weak interaction of fibrillar WT with the SM/PC/Chol/GM1 membranes.

Our HS-AFM experiments showed that in the same way as for the oG37C amyloid oligomer, the WT peptide interacted strongly with SM/PC/Chol/GM1 membranes during early stages of aggregation, with an amyloid-induced dissolution through a detergent effect. Small entities such as small oligomers are therefore responsible for this interaction in the pre-fibrillar stage of the aggregation process. Such detergent effect has already been observed in other studies (Williams and Serpell, 2011; Bode et al., 2019) in the case of A β oligomers. A β oligomers caused detergent-like disruption with lipid extraction and curvatures within PC/Chol/GM1 bilayers, leading to bilayer damage (Bode et al., 2019). A strong parallel can be drawn between A β oligomers and anti-microbial peptides, which show a similar detergent effect, which would depend on membrane insertion (Bechinger and Lohner, 2006). Nicastro et al. (2016) observed an insertion of A β peptides in liposomes with GM1-cholesterol domains, resulting in structural changes into the liposome internal layers. Our observations are in accordance with this model since the interaction of our oligomeric peptides (either oG37C or WT in the pre-fibrillar state) with SM/POPC/Chol/GM1 membrane leads to the rupture of the lipid membrane. Complementary ATR-FTIR measurements could allow quantifying A β_{1-42} induced membrane solubilization. The challenging characterization of amyloid-lipid assemblies at the atomic level by mass and NMR spectrometries, combined to molecular dynamics simulations



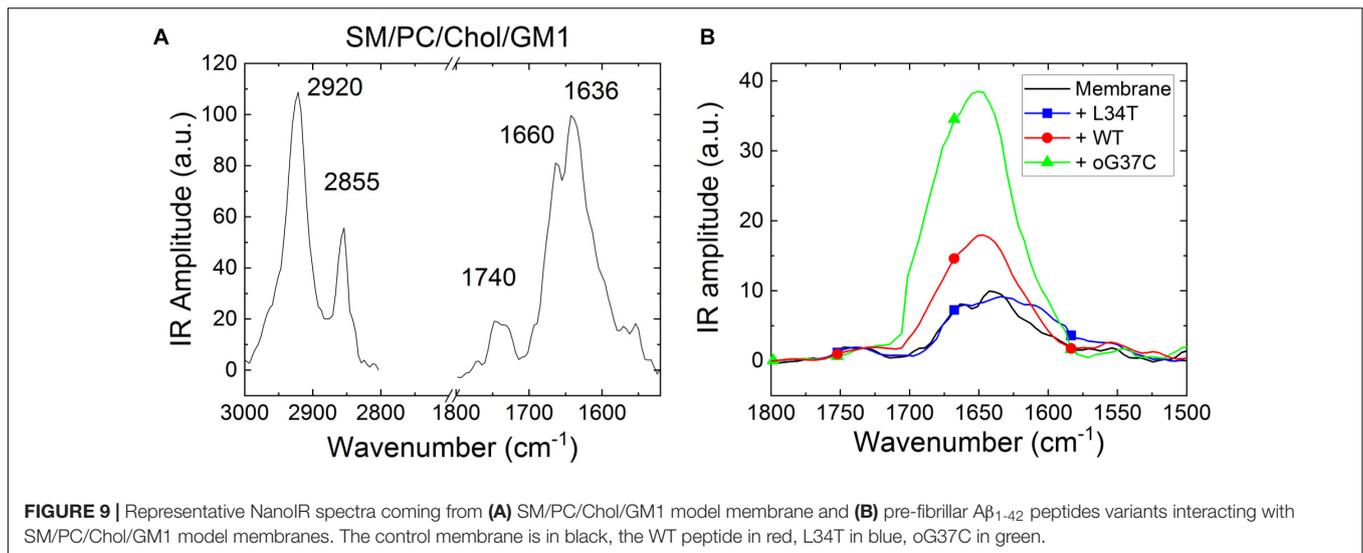
would allow establishing a detailed atomistic model of the mechanism at play. Recent studies have for instance allowed characterizing the formation of pores by Aβ₁₋₄₂ tetramers and octamers (Ciudad et al., 2020) or the stability of Aβ₁₋₄₀ trimers of parallel and antiparallel β-sheet structures (Ngo et al., 2020) in membrane mimicking environments. Interestingly, fibrillar WT no longer interacted with the membranes. Likewise, L34T only interacted weakly with the membrane, with no deleterious

effect in the timescale of our experiments (~3000 s of real-time observation). These different observations performed at the nanoscale are in favor of a negative correlation between fiber formation and interaction with membranes (Henry et al., 2015).

It could be noted that in our experiments, the disruption seems to start from the edges of the membranes: even if this effect concerns model membranes, such a disruption effect could also happen in living cells. Indeed, during the biological processes which would lead to interactions between peptides and cell membranes, some local forces could induce differences in the membrane morphology that could be assimilated to an edge in our experiments and this could explain *in vivo* membranes damages already observed elsewhere (Tarozzi et al., 2010; Yasumoto et al., 2019).

Nanoscale IR Spectroscopy of Amyloid Peptides Interacting With Model Membranes

To get a better idea of the interactions between the peptides and the SM/PC/Chol/GM1 membranes, NanoIR measurements were carried out (Figures 9A,B). Such an approach is original as it could allow detecting the presence of the peptides through their spectroscopic signature, even if they are inserted within the membranes, which is a possibility regarding the HS-AFM experiments previously described. A previous study focused on the interaction of Aβ₁₋₄₂ WT and oG37C peptides with SM/PC or SM/PC/Chol membranes (Henry et al., 2018), which allowed



confirming the presence or the absence of the toxic peptides in the bilayers depending on the presence of cholesterol. In order to get enough sensitivity to chemically characterize thin model membranes with and without the peptides, as well as to increase the IR signal, we worked with lipid multilayers, typically 4 bilayers, i.e., model membranes of a thickness around 20 nm. An incubation time of ~ 4 h after injection of the peptides was selected to let enough time for the peptides to interact with the membranes before performing our NanoIR observations. Because of the presence of multiple layers, not all of the membranes are degraded after 4 h, even in the case of the oG37C peptide. Topography of the model membranes was checked in liquid before injection, and after incubation before drying. As stated before, in the present study, the focus was made on SM/PC/Chol/GM1 membranes, as it is known that Cholesterol and GM1 are needed to lead to membrane degradation (Grimm et al., 2013; Ewald et al., 2019).

First, NanoIR experiments were performed on SM/PC/Chol/GM1 bilayers without peptides (Figure 9A) and results showed the presence of characteristic bands of organized lipids (Vigano et al., 2000). At high wavenumbers, two bands around 2920 and 2850 cm^{-1} are visible, which correspond to antisymmetric and symmetric CH_2 vibration modes, respectively. In the Amide I area, two bands are also observed corresponding to the ester of PC around 1740 cm^{-1} and to the CO-amide groups of SM and GM1 around 1636 cm^{-1} . As GM1 includes three amide groups but SM only one, the main contribution (at 1636 cm^{-1}) comes from GM1 while the contribution of SM around 1660 cm^{-1} enlarges the IR band.

Once SM/PC/Chol/GM1 membranes were characterized, the same measurements were performed on these membranes after injection and incubation of freshly thawed peptides (L34T, WT, or oG37C), in order to evidence their possible interaction with the lipid layers (Figure 9B). Before drying the sample for NanoIR analysis, the samples were rinsed in order to remove non-interacting peptides still present in the solution. To highlight

the effect of peptide injection, the focus was made on the amide I band for which the peptides could have an additional contribution (see Figure 4B). The spectra were then normalized regarding the CO stretching band around 1740 cm^{-1} , as the main contribution of peptide addition should be observed in the 1600–1700 cm^{-1} range. Regarding the intensities and shapes of the amide I band, two clear behaviors were identified. For the L34T peptide, after injection, the spectra remain identical to the one of SM/PC/Chol/GM1 membranes and the representative bands coming from the peptides are not observed. It seems that the peptides are poorly interacting with the membrane, as rinsing the membrane before drying is sufficient to get rid of L34T peptides. For WT and oG37C peptides, the observed behavior is totally different as changes could be observed in the IR spectra, mostly regarding band intensity but also for band shape. Indeed, there is a strong increase in the intensity of the 1650 cm^{-1} band of about a factor 1.8 ± 0.4 for the WT peptide and 3.8 ± 0.5 for the oG37C oligomer, combined with the appearance of a higher wavelength component, especially for oG37C. The enlargement of the amide I band is due to the different secondary structures of WT and oG37C peptides that contribute to the IR signal, and is in line with the presence of the antiparallel β -sheet secondary structure of toxic peptides, centered at 1690 cm^{-1} , as observed in isolated peptides in early stages of aggregation (Figure 4B). The two spectral changes observed indicate that the WT and oG37C peptides are accumulating on or within the membrane and that a strong interaction between WT and oG37C and SM/PC/Chol/GM1 membranes exists compared to L34T, as they are not removed by the rinsing step. These results confirmed the hypothesis previously made based on our HS-AFM imaging: WT and oG37C peptides that are leading to membrane disruption have a strong interaction with the membranes. They are surely present within or attached at the surface of the membranes contrary to the L34T peptides, which are not evidenced in/on the membranes after injection and drying of the samples. The results clearly establish a correlation between toxicity of the

peptides, their interactions with SM/PC/Chol/GM1 membranes and membrane disruption.

DISCUSSION

In this study, a series of mutant $A\beta_{1-42}$ peptides were studied and their link at the nanoscale between their fibrillization kinetics, morphologies and structure, their interaction with membranes and membrane toxicity were investigated. To that end, it was taken advantage of the high spatial and temporal resolution of HS-AFM, as well as the exciting nanoscale chemical possibilities of NanoIR.

Marked differences in fibrillization kinetics and morphology of fibrillization products for the 3 considered $A\beta_{1-42}$ peptides were evidenced. The L34T peptides grew more rapidly than its WT analog, with the acquisition of twisted morphologies with highly periodic structures as early as day 1. This abundant twisted morphology has been shown to be promoted by the presence of NaCl in the growth medium, whereas KCl would promote an alternation between twisted and straight/smooth morphologies (Watanabe-Nakayama and Ono, 2018). It is therefore related to assembly conditions. The observed co-existence of long and short periodicities was previously observed for $A\beta_{1-40}$ fibers (Goldsbury et al., 2005), with two predominant mature fiber types, coiled fibrils with short cross-over spacing of ~ 25 nm and twisted ribbons with longer periodicities ranging from 80 to 130 nm, which was interpreted as multiple assembly pathways. Recent cryo-EM data on $A\beta$ polymorphism indicated three dominant types of fibrils, with varied axial periodicities involving an increasing number of protofilaments in the fibril (Kollmer et al., 2019). With one protofilament, the first fibril morphology presented short cross-over distances of ~ 41.5 nm close to the one observed at day 1 of fibrillization. A second and third morphology presented 2 and 3 protofilaments, with increasing cross-over distances of ~ 129 and 143 nm, respectively. However, in contrast to our results, this increase in cross-over distance was accompanied with an increase in width, which we do not observe, thus ruling out an increase in the number of protofilaments as the cause of the observed twist polymorphism in our L34T samples. Indeed, most of our observed L34T fibers seemed to be made of single protofilaments, even though we occasionally observed mature fibrils with 2 twisted protofilaments (day 10, **Figure 3D**), in agreement with previous results (Young et al., 2017; Cendrowska et al., 2020). The modification of the helical step of formed fibers could indicate a rearrangement of protofibrils during the formation of mature fibrils, a reorganization of β sheets as times goes, as shown by ATR-FTIR (Sarroukh et al., 2013). Interestingly, amyloid aggregates isolated from brain or heart exhibit morphological homogeneity, notably in term of helical periodicity (Cendrowska et al., 2020). Though a majority of the observed L34T fibers showed a left-handed twist, in agreement with most *in vitro* grown fibers (Kollmer et al., 2019), occasional right-handed ones as pictured in **Figure 2B** were observed. An increasing structural complexity during fiber thickening could explain the inversion of handedness as for short amphiphilic peptides (Wang et al.,

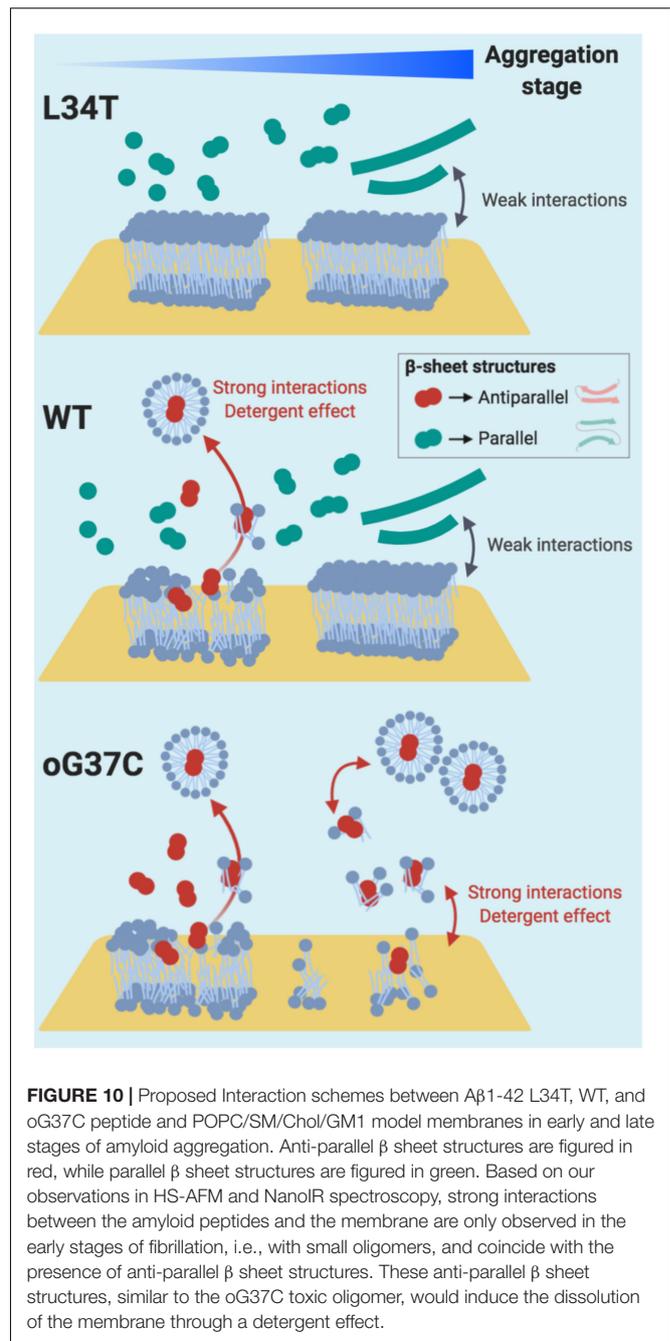
2017). Yet both fibers on our image (**Figure 2B**) are of similar width. The co-existence of both morphologies could, however, be explained by the possibility for protofilaments to adopt varied twist angles from -11 on the left side to $+8$ degrees on the right side in response to external conditions (Periole et al., 2018). The possibility for several left-handed fibrils to assemble into a right-handed one could also explain this observation (Wang et al., 2017). Compared to L34T, the WT peptide formed well-structured fibers on a longer timescale. The WT fibrils observed at day 7 of incubation, shorter and thicker than the L34T fibers, resemble the striated ribbon fibrils described for $A\beta_{1-40}$, involving a variable number of protofilaments (Tycko, 2015). Finally, the oG37C peptide did not fibrillate, thus confirming its stability as an oligomer.

NanoInfrared measurements on isolated peptide structures confirmed the high content of all probed amyloid peptides in β -sheet secondary structures. Going into details, the presence of anti-parallel β -sheet secondary structures in oG37C peptides was evidenced with a strong contribution at 1690 cm^{-1} in the nanoIR spectra, in agreement with previous work leading to averaged signals using circular dichroism and ATR-FTIR (Vignaud et al., 2013) and with existing literature (Cerf et al., 2009). In addition, NanoIR allowed to evidence a structural difference in the WT peptide depending on its aggregation stage. Fibrillar WT, like pre-fibrillar and fibrillar L34T, showed classic amyloid IR signatures, with a dominant parallel β -sheet secondary structure. In contrast, WT species in the early stage of aggregation exhibited a clear contribution of anti-parallel β -sheet secondary structure. This implies that (i) pre-fibrillar WT includes anti-parallel aggregates, often associated with toxic species, and (ii) the secondary structure of the WT peptides evolves in time, with a re-organization to obtain parallel structures in the final fibrillization product. These observations are in full agreement with previous characterization of $A\beta_{1-42}$ by ATR-FTIR (Cerf et al., 2009), as well as with the structural characterization by NanoIR of α -synuclein oligomers and fibers at different aggregation stages (Zhou and Kurouski, 2020), with spherical aggregates always exhibiting a higher anti-parallel β -sheet content than the fibrillar ones. Furthermore, a recent study combining SAXS and molecular dynamics showed that the first stages of aggregation, with small length- and time-scales, would be dominated by antiparallel structures, even if later stages in the aggregation exhibited the parallel β -sheet as the most common structure (Zanjani et al., 2020).

The link between antiparallel β structure and oligomer toxicity is more and more documented in literature. For instance, it was shown by ATR-FTIR that whey proline-rich peptides suppressed both oligomerization and the formation of antiparallel β -sheet (Bharadwaj et al., 2013), leading to a rescue of yeast and neuronal cells. Such modulation of the folding pathway of $A\beta_{1-42}$ has also been shown for Fucosterol, which protected neuronal cells against $A\beta_{1-42}$ -induced toxicity (Gan et al., 2019). Using ThT fluorescence, AFM, and molecular dynamics, Castro-Silva and co-workers demonstrated that fucosterol inhibits $A\beta_{1-42}$ aggregation by binding to structural regions of the monomers involved in the formation of antiparallel β strand of the $A\beta_{1-42}$ oligomer (Castro-Silva et al., 2020). In addition

to strengthening the link between antiparallel β structure and oligomer toxicity, the present study allows linking both parameters to the interaction of the oligomers with membrane. HS-AFM experiments of membranes interacting with variant amyloid peptides, as well as their chemical characterization by NanoIR, allowed assessing of (i) the strength of the amyloid/membrane interaction and (ii) the membrane toxicity of each of the L34T, WT and oG37C peptides through the assessment of membrane damage. Though fiber formation is enhanced for L34T, it interacted only weakly with the membrane, as it did not contribute to the IR spectra obtained after incubation. Moreover, it did not induce any membrane damage, and barely accumulated on the membrane. In $A\beta_{1-40}$, the Leucine residue in position 34 is involved in molecular contact with a phenylalanine residue in position 19. This contact has been shown to influence oligomer stability, fibril elongation and local structures, and substitutions of L34 have led to a decrease in toxicity, while substituting the F19 residue completely abolished the toxicity (Korn et al., 2018). A double mutant of $A\beta_{1-42}$ with F19S and L34P substitutions has even presented protective effects against $A\beta_{1-42}$ induced phospholipid membrane destabilization and permeation (Oren et al., 2020). This is consistent with the results obtained in the present study for the L34T peptide, where substituting a Leucine by a Threonine residue in position 34 led to a lower membrane interaction and no membrane damage. In contrast, two distinct sets of characteristics for the WT peptides were highlighted in this study, depending on the aggregation stage. In early stages of fibrillization, NanoIR spectroscopy showed strong interaction between pre-fibrillar WT species and model SM/PC/Chol/GM1 membranes. Moreover, the injection of pre-fibrillar WT species on the membrane led to a disruption of the membrane through a detergent effect, thus presenting a deleterious behavior similar to the one described for the oG37c oligomers (Ewald et al., 2019) and consistent with recent literature on $A\beta_{1-42}$ interacting with PC/GM1/Chol membranes (Bode et al., 2019). This confirmed a strong interaction of small WT entities with the membranes in the early stages of aggregation. However, in later stages of aggregation, fibrillar WT species did not interact with the membrane, and had no deleterious effect on the membrane, in agreement with recent AFM and electron microscopy studies (Bode et al., 2019) and consistent with weak interactions with the membrane. This study deepens the fundamental understanding of how amyloid species interact with membranes, yet we are still far from addressing how this damage mechanism of $A\beta$ -induced detergent-like disruption of the membrane ties into the development of Alzheimer's disease. From our model lipid membrane system to a complex cellular environment, many additional processes will need to be taken into account, from the role of membrane proteins in the $A\beta$ /membrane interaction to existing membrane repair processes (Jimenez et al., 2014).

In summary (Figure 10), considering our HS-AFM and NanoIR data, it can be concluded that membrane disruption is associated to amyloid species that (i) present strong interactions with the membrane, as well as (ii) an antiparallel β -sheet secondary structure, and (iii) are only transient small oligomeric entities in the early stages of aggregation. The



strong interaction between oligomeric species and the membrane could therefore be a valuable target to consider in order to inhibit $A\beta_{1-42}$ toxicity. A recent study focused on both reducing the binding affinity of oligomers to membranes and enhancing aggregation (Limbocker et al., 2019), therefore promoting the conversion from toxic oligomer to less toxic fibrillar species, with promising results. The present study provides a comprehensive set of data linking aggregation,

structure, interactions with membranes and deleterious effects on membranes, thus deepening our understanding of the amyloid/membrane interaction.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, upon request.

AUTHOR CONTRIBUTIONS

CC designed and prepared the different peptide mutants. CF, MA, EL, and SH prepared the model membranes. EL and ME carried out the HS-AFM experiments. CF and MM performed the NanoIR experiments. EL, MA, and SM performed the AFM experiments to check the sample integrity. CF, EL, ME, and MM analyzed and treated the data. CF and MM prepared the figures and the manuscript. CF, MM, EL, ME, SH, MA, SM,

CC, and SL corrected the manuscript. SL and MM designed the study. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fmolb.2020.571696/full#supplementary-material>

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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