



Tap Test Can Predict Cognitive Improvement in Patients With iNPH—Results From the Multicenter Prospective Studies SINPHONI-1 and -2

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Background: We analyzed the predictive value of the tap test (TT) on the outcome of cerebrospinal fluid (CSF) shunting in patients with idiopathic normal pressure hydrocephalus (iNPH) and cognitive impairment up to 12 months postoperatively.

Methods: We analyzed the data of two prospective multicenter studies on ventriculoperitoneal shunt (VPS) and lumboperitoneal shunt (LPS) use in iNPH patients. We selected patients with Mini-Mental State Examination (MMSE) scores \leq 26 points as study subjects. We used a multivariate logistic regression model to obtain the optimal threshold of MMSE scores after TT to predict the score improvement at 12 months following shunting and that helped to control for confounding factors such as age and MMSE scores before TT. We used logistic regression models to identify variables with age-adjusted odds ratio (A-OR) and multivariate-adjusted OR (M-OR).

Results: For an improvement of \geq 3 points in the MMSE score cutoff 7 days following TT in VPS and LPS cohort studies, the MMSE scores improved by 6 points after 12 months. The VPS cohort had sensitivity, specificity, and area under the curve (AUC) of 69.2, 73.7, and 0.771%, respectively; however, for the LPS cohort, they were 86.2, 90.9, and 0.906%, respectively. For MMSE scores that improved by \geq 3 points in patients after the TT, the possibility of an improvement by 6 points at 12 months following CSF shunt had A-OR 7.77 and M-OR 6.3 times for the VPS, and A-OR 62.3 and M-OR 59.6 times for the LPS cohort.

Conclusion: CSF shunting contributes to improved cognitive function in iNPH patients. Furthermore, MMSE score evaluation at the TT can sensitively predict improvement in postoperative MMSE scores following LPS intervention.

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Clinical Trial Registration: SINPHONI-1 (ClinicalTrials.gov, no. NCT00221091), first posted: September 22, 2005.

SINPHONI-2 [University Hospital Medical Information Network (UMIN) Clinical Trials no. UMIN000002730], the posted: February 1, 2010.

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INTRODUCTION

Idiopathic normal pressure hydrocephalus (iNPH) is a syndrome that occurs in older adults presenting with enlarged cerebral ventricles during diagnostic imaging and neurological symptoms, including gait disturbance with trunk balance disorder, cognitive impairment, and urinary incontinence (1-3). A cerebrospinal (CSF) shunt generally leads to an improvement in symptoms. The diagnosis and management of iNPH has progressed since the establishment of the current guidelines (4-10).

The rate of cognitive impairment in iNPH patients varies widely (11). A decline in cognitive function is important since it is the most burdensome symptom from the perspective of a caregiver (12). Some cohort studies have reported that improvement in cognitive function occurs slightly later than gait improvement (13). However, most of these were subjective evaluations (14). Global cognitive status previously assessed by Mini-Mental State Examination (MMSE) baseline scores is the widely applied quantitative predictor of cognitive outcomes (15–17). Although iNPH appears as a treatable form of dementia, an improvement in cognitive function has not been verified. In 1985, Black reported that shunting may not lead to improvement if dementia occurred first or is a major symptom (18). The perception that cognitive function in patients with iNPH does not meaningfully improve is apparently persisting (19).

In a multicenter, prospective cohort study of iNPH on neurological improvements (SINPHONI)-1, shunting was routinely performed on all enrolled patients, without judging the indications of surgery according to the CSF tap test (TT), which involves the removal of 30-50 ml of CSF (20, 21). Patients who improved by one or more parameters on a modified Rankin Scale (mRS), which evaluates the activities of daily living, were classified as shunt responders (SR). In a previous SINPHONI-1 study, the ventriculoperitoneal shunt (VPS) intervention was used, and it was reported that 69% of the patients were SR, thus, showing improvement in one or more parameters on the mRS after 12 months. SINPHONI-2 reported improvement in 61% of the cases with a lumboperitoneal shunt (LPS) intervention (22, 23). Nonetheless, an improvement in MMSE scores was demonstrated even in groups classified as non-SRs when evaluated with mRS (14, 24). Furthermore, the extent of change in MMSE scores after TT to predict the change after shunt intervention is not yet known. Moreover, with regard to treatment methods for patients with iNPH, researchers do not know if VPS or LPS should be prioritized from the perspective of cognitive function.

We aimed to analyze the predictive value of the TT for the effects of CSF shunting on patients with iNPH and cognitive impairment up to 12 months postoperatively, from the multicenter collaborative studies SINPHONI-1 and SINPHONI-2, involving two different shunting techniques.

METHODS

Study Population

We retrospectively analyzed the prospectively collected cognitive outcomes from SINPHONI-1 (ClinicalTrials.gov, no. NCT00221091) and SINPHONI-2 [University Hospital Medical Information Network (UMIN) Clinical Trials no. UMIN000002730] patient cohorts. The recruitment and methodology of these studies have been described previously (20, 22, 23, 25).

We selected patients with probable iNPH and cognitive impairment, including mild cognitive impairment (MCI) and an MMSE score <26 points as study subjects. A total of 156 subjects were classified as follows (Figure 1): (i) SINPHONI-1 group [n]= 80; age: median, interquartile range (IQR, 25–75%), 75 (72–78) years] who underwent a TT and VPS and (ii) SINPHONI-2 group [n = 76; age 77 (73-79.75) years]. Patients in the latter group included a postponed group [n = 35, 77 (72.75-80) years] who underwent shunting after 3 months of waiting and an immediate group [n = 41, 77 (73-79) years] who underwent LPS at an early stage (Figure 2). There was no significant difference in the MMSE scores of the postponed group before TT [20, (14-23)] and after 3 months of waiting [before shunting, 20 (15.25-23)] (Wilcoxon's signed rank test, p = 0.673). Therefore, the two SINPHONI-2 groups, the immediate and postponed groups were combined to form one LPS group.

We evaluated the MMSE scores before TT, 7 days after TT, and 12 months postoperatively (SINPHONI-1, n = 71; SINPHONI-2, n = 69).

Outcome Measures

A CSF TT consisted of drawing out \geq 30 ml of CSF via a lumbar tap. Physical therapists, independent of the neurosurgeons performing the CSF shunt surgeries, recorded the clinical symptoms before and 7 days after TT and during the postsurgical follow-up points (12 months later). Cognition was evaluated using MMSE scores 7 days following TT (21, 26), as the change in cognitive function after the tap test, as assessed by Matsuoka et al. in the Montreal Cognitive Assessment scores, was more pronounced after 7 days (13).



Mini-Mental State Examination; iNPH, idiopathic normal pressure hydrocephalus; TT, tap test; VPS, ventriculoperitoneal shunt.

We evaluated the degree of improvement by dividing the group of patients with cognitive impairment by three points on the MMSE score and dividing them by the severity of their illness. In the first study, the severity was classified into four groups using the MMSE scores before surgery as follows: grade (G)1, 24-26 points, MCI; G2, 21-23 points, mild dementia; G3, 18-20 points, moderate dementia; and G4, 0-17 points, severe dementia. MMSE scores alone were used as an indicator of the outcome. Patients with iNPH and MMSE scores that improved to \geq 27 points following the TT or postoperatively were classified as G0. The degree of change in MMSE scores after the TT and 12 months following the shunt intervention were classified as one of the following four levels: excellent improvement (two ranks up from the severity group classification at entry), improvement (one rank up), no change, and worse (one or more ranks down).

Other cognitive function tests such as frontal assessment battery (FAB) scores, symbol search subtest of the Wechsler Adult Intelligence Scale—Third Edition (WAIS-III), Trail Making Test (TMT)-A (sec.), and Zarit Caregiver Burden Interview (ZBI) were assessed before and 12 months following shunting (**Supplementary Tables 1, 2**).

In the second study, we analyzed the optimal threshold, sensitivity, and specificity for MMSE score change after the TT for predicting MMSE score improvements at 12 months following shunting for SINPHONI-1 and SINPHONI-2.

To assess the predicted outcomes 12 months after the shunt surgery, we applied two definitions of MMSE score improvement: (i) \geq 3 points or (ii) \geq 6 points.

Statistical Analyses

We used a per protocol set for all efficacy analyses, which made the data set compatible with those of SINPHONI-1 and

SINPHONI-2. We performed the Wilcoxon's signed-rank test to analyze the median values and interquartile range (IQR, 25–75%) for age, MMSE, FAB, WAIS-III, TMT-A, and ZBI. The relationship of MMSE scores before TT to after TT and after CSF shunt was examined using Spearman's rank correlation coefficients.

We plotted the receiver-operating characteristic curve (ROC) of CSF TT for predicting the shunt effectiveness. Furthermore, we examined the association of improvement in MMSE scores following TT and after shunting to elucidate the reasons behind differences in accuracy of TT between SINPHONI-1 and SINPHONI-2. We used logistic regression models to search for variables with age-adjusted odds ratio (A-OR) and multivariate-adjusted OR (M-OR). A multivariate logistic regression model was used to control for confounding factors, such as age and MMSE scores before TT.

The odds ratios, 95% confidence intervals (CIs), and the probability (p) values of Fisher's exact test were calculated. Statistical significance was considered at a *p*-value < 0.05. All missing data were treated as deficit data that did not affect other variables. All statistical analyses were performed using SPSS version 25 (SPSS, Cary, NC, USA) for Windows and R software (version 3.0.1; R Foundation for Statistical Computing, Vienna, Austria); http://www.Rproject.org).

Standard Protocol Approvals, Registrations, and Patient Consents

In SINPHONI-1 (ClinicalTrials.gov, no. NCT00221091), the patients were enrolled between November 2004 and November 2006. The Translational Research Informatics Center (TRI-Kobe, Japan) together with the steering committee, monitored all clinical data, imaging data, data related to safety issues, and protocol compliance via a



FIGURE 2 | Changes in average MMSE scores for subjects with an MMSE score ≤26 during research participation. The changes in MMSE score of the cohort are shown as median MMSE score (solid line), 25–75% (dashed line). In SINPHONI-1, the median MMSE score (25–75%) are 20 (15–24) before tap test (TT), 22 (17–26) after TT, 23 (20–27) at 3 months, 24 (21–27) at 6 months, and 25 (21–27) at 12 months after VPS, respectively. For the immediate group in SINPHONI-2, the median MMSE scores are 22 (16.5–24) before TT, 21 (17–24) after TT, 23 (18–26) at 3, 6 months, and 23 (19–26.75) at 12 months after LPS, respectively. For the postpone group in SINPHONI-2, the median MMSE scores are 12 (16.5–24) before TT, 21 (17–24) after TT, 23 (18–26) at 3, 6 months, and 23 (19–26.75) at 12 months after LPS, respectively. For the postpone group in SINPHONI-2, the median MMSE scores are 19 (14–23) before TT, 21 (14–24) after TT, 20 (13–22) at 3 months, later, 21 (15–25) at 3 months, 22 (13–25) at 6 months, and 21 (14–24) at 12 months after VPS, respectively. CSF, cerebrospinal fluid; LPS, lumboperitoneal shunt; MMSE, Mini-Mental State Examination; VPS, ventriculoperitoneal shunt; SINPHONI, a multicenter, prospective cohort study of iNPH on neurological improvements; TT, tap test.

web-based case report system. In SINPHONI-2 (University Hospital Medical Information Network Clinical Trials, no. UMIN000002730), patients were recruited from 20 Japanese institutes and hospitals between March 2010 and October 2011, and was designed by all the SINPHONI-2 investigators including a biostatistician and Independent Data and Safety Monitoring Committee members, in conformity with the Guidelines for Good Clinical Practice and the Declaration of Helsinki of the World Medical Association. The institutional review boards for the SINPHONI-1 and-2 studies approved the study protocol. All patients or their representatives provided written informed consent. All clinical and radiological data were prospectively recorded in an independent protocol compliance center via a web-based case report system. An authorization has been obtained for information disclosure (consent to disclose) for publication in a journal, in derivative works by the AAN, or on a journal's website.

RESULTS

Changes in Average Mini-Mental State Examination Scores

Tap Test

Eighty and seventy-six patients were allocated to the VPS [G1 (n = 28), G2 (n = 11), G3 (n = 12), and G4 (n = 29)] and LPS [G1 (n = 16, G2 (n = 19), G3 (n = 15), and G4 (n = 26)] cohorts, respectively. The median MMSE score before TT (IQR, 25–75%) in SINPHONI-1 (VPS cohort) and SINPHONI-2 (LPS cohort) were 20 (15–24) points and 20 (16–23) points, respectively (**Table 1**). When we analyzed changes in each group (G1–G4), 55 of 156 subjects (35.2%) demonstrated improved scores and 17 of 156 subjects (10.9%) demonstrated worsened scores after TT (**Figure 3**).

Cerebrospinal Fluid Shunt Placement

The CSF shunt resulted in a better MMSE score of "improved" or above after 12 months in 81 among 140 subjects (57.8%) (**Figure 4A**). Twenty-five of 48 subjects (52%) did not fit the G4 classification at 12 months following CSF shunt placement. In other words, approximately half of those in G4 demonstrated improved cognitive function. In G2, improvements were observed in 21 of 30 subjects (70%). Moreover, 18 of 25 subjects (72%) in G3 demonstrated cognitive improved cognitive function after 12 months, five (13.5%) revealed improved cognition. The degree of improvement due to the difference in VPS and LPS shunt was not statistically significant.

Tap Test as a Predictor of PostoperativeMini-Mental State Examination Scores

We performed ROC analysis to evaluate the optimal threshold, sensitivity, and specificity of MMSE scores at the TT to predict improvement at 12 months following shunting. Improvements in MMSE score cutoff values of three points at TT for both VPS and LPS cohorts predicted a likely improvement by six points after treatment. Following shunt intervention, the VPS cohort had a sensitivity, specificity, and AUC of 69.2, 73.7, and 0.771%, respectively, after 12 months. However, the LPS cohort had a sensitivity, specificity, and AUC of 86.2, 90.9, and 0.906%, respectively. Regarding the predicted improvement of three points before TT to 12 months postoperatively, the VPS cohort revealed a sensitivity, specificity, and AUC of 90.3, 40.0, and 0.624%, respectively, for an MMSE score with no change at 1 week after the TT. In contrast, the LPS cohort revealed a sensitivity, specificity, and AUC of 57.1, 85.3, and 0.789%, respectively (Figure 5).

For MMSE scores that improved by \geq 3 points after TT, the possibility of an improvement by 6 points after 12 months following the intervention was A-OR 7.77 (95% CI: 2.22–27.2) and M-OR 6.30 (1.74–22.8) times higher in the VPS cohort. Conversely, the possibility was A-OR 62.3 (6.96–557.5) and M-OR 59.6 (6.64–535.6) times higher in the LPS cohort (**Table 2**).

For no change in MMSE scores by the TT, the possibility of an improvement by three points by 12 months following the

TABLE 1 | Baseline characteristics before the tap test.

	Total shunt	SINPHONI-1 (VPS)		Postpone vs. immediate		
		Total	Total	Postpone	Immediate	p-value
Total number of patients	156	80	76	35	41	
Men, number (%)	86 (55.1%)	44 (55%)	42 (55.3%)	24 (68.6%)	18 (44%)	
Median age (25–75%), years	76 (72–79)	75 (72–78)	77 (73–79.5)	77 (72.75–80)	77 (73–79)	0.892
MMSE scores, median (25–75%)	20 (15–24)	20 (15–24)	20 (16–23)	19 (14–23)	22 (16.5–24)	0.113
G4: 0–17 points, number (%)	55 (35.3%)	29 (36.3%)	26 (34.2%)	14 (40%)	12 (29.3%)	
G3: 18–20 points, number (%)	27 (17.3%)	12 (15%)	15 (19.7%)	8 (22.9%)	7 (17.1%)	
G2: 21–23 points, number (%)	30 (19.2%)	11 (13.8%)	19 (25%)	9 (25.7%)	10 (24.4%)	
G1: 24–26 points, number (%)	44 (28.2%)	28 (35%)	16 (21.1%)	4 (11.4%)	12 (29.3%)	

FAB, frontal assessment battery; LPS, lumboperitoneal shunt; MMSE, Mini-Mental State Examination; TMT-A, Trail Making Test A; VPS, ventriculoperitoneal shunt; WAIS-III, Symbol search subtest of the Wechsler Adult Intelligence Scale — Third Edition; ZBI, Zarit Caregiver Burden Interview.



FIGURE 3 | MMSE score changes after the tap test. Distribution of dementia severity grades before and after the tap test, according to MMSE scores in SINPHONI-1 and SINPHONI-2. Numbers in each box indicate the number of patients. Blue, green, and red boxes indicate patients in "excellent improvement," "improvement," and "worse" groups. Spearman's rank correlation coefficient and *p*-value between before and after the tap test are ρ : 0.83 (p < 0.001) in SINPHONI-1 and ρ : 0.85 (p < 0.001) in SINPHONI-2, respectively. G, grade; SINPHONI, study of idiopathic normal pressure hydrocephalus on neurological improvement.

intervention was A-OR 1.06 (0.26–4.39) and M-OR 1.18 (0.27– 5.09) in the VPS cohort, compared with A-OR 7.51 (2.33–24.2) and M-OR 7.54 (2.91–24.8) in the LPS cohort. For cutoff values (MMSE score 0 improvement), the prediction was effective only for the LPS cohort (**Table 2**).

DISCUSSION

The iNPH syndrome has emerged as a more treatable gait disorder than a treatable form of dementia (27). There are few reports of objective neuropsychological assessment methods to predict the effect of shunt surgery (28–30). We confirmed that cognitive function improves with iNPH using objective measures of MMSE scores rather than subjective measures such as the Grading Scale and showed that a TT can predict the

effect of cognitive function improvement after shunt surgery. Other cognitive function tests, such as WAIS-III, TMT-A, and ZBI, also showed statistically significant improvement at 12 months after shunting compared with preoperative levels (**Supplementary Table 2**). These results indicate that shunting iNPH patients with cognitive impairment has a role to play in reducing the burden on caregivers, as a clear improvement in cognitive function was demonstrated.

Herein, 57.8% of iNPH patients with cognitive impairment demonstrated "cognitive improvement" (improvement by one or more grades) at 12 months after shunt placement. However, there was a difference in the improvement between G2 (70%), G3 (72%) on one side, and G1 (54%), G4 (48%). Patients with moderate cognitive decline (G2 and G3), whose preoperative MMSE scores ranged from 18 to 23 points, showed a significant improvement in cognitive function after shunt intervention.



months after shunting are p: 0.51 (p < 0.001) in VPS and p: 0.66 (p < 0.001) in LPS cohort, respectively. (B) Changes after shunt treatment in severity classification by MMSE scores. CSF, cerebrospinal fluid; MMSE, Mini-Mental State Examination; LPS, lumboperitoneal shunt; and VPS, ventriculoperitoneal shunt.

Following shunt placement, about half of the patients in the G1 group with MCI revealed improved cognition compared with the normal range. This was partially because elderly people are the target base of iNPH and partly because of a ceiling effect. Also, improvement was less in patients with severe cognitive disturbance (G4 group) who had MMSE scores ≤ 17 (**Figure 4B**). The finding that iNPH patients with more severe disability do not improve after surgery is similar to that reported for gait disturbance (14). It may indicate that cognitive dysfunction may not improve when reaching more severe stages (27, 31-34).

Cognitive function changes appear later compared with other iNPH symptoms, such as gait disturbance (14). Considering that the MMSE score changes due to TT are not considerably large, it might be insufficient to evaluate cognitive function during a time period of 7 days after TT (30, 35, 36). However, MMSE score changes between "before TT" and 7 days after are useful in predicting the level of improvement at 12 months after shunt surgery. Following TT, MMSE score change groups with improvement or even without change groups tended to continue their increase 12 months after CSF shunting. The cutoff value (MMSE score <3 or ≥ 3) was a valid predictor of an improvement of ≥ 6 points in MMSE after both VPS and LPS. Practically, if a patient had responded to TT, a better effect of treatment with LPS can be expected, and in an improvement in MMSE score changes <3 points only, obtained by TT, an improvement of MMSE ≥ 6 after the shunt cannot be expected. The LPS group results-in which, even after intervention, CSF can be drained from the lumbar subarachnoid space-were highly correlated with the changes after TT. It became clear that if there was no improvement in MMSE in the TT, there would



be no improvement in MMSE scores after LPS intervention and, therefore, should be avoided owing to the fact that it worsens cognitive function.

On the other hand, we can speculate that in VPS, cognitive function improvement was not reflected by the TT result for patients with iNPH where the CSF flow to the lumbar subarachnoid space might be affected, e.g., due to spondylosis, but shunt effectiveness can still be obtained. These trends, such as the LPS being more reflective of TT results, are similar to previous reports assessing gait disturbance after TT (24). We supposed that the reason for these results might be in the inclusion criteria of the SINPHONI-1 and 2 study, which were based on patients with disproportionately enlarged subarachnoid space hydrocephalus (DESH) as an imaging finding (20). In patients with probable iNPH and DESH findings, indications for shunting do not require an improvement in MMSE of three points or more on the TT, as indicated in the first and second Japanese iNPH guidelines (4, 5, 9), but rather, any improvement in MMSE of three points or more on the TT is a predictive marker for an additional improvement of six points or more after shunting.

In an earlier report, Miyajima et al. reported that there was no significant difference between the two methods, using data from SINPHONI-1 and SINPHONI-2 trials (23). No randomized trials have directly compared the aforementioned surgical techniques. It is necessary to discuss the optimal shunt treatment method, either VPS or LPS, for iNPH patients based on the individual patient situation.

This study has some limitations. The number of participants who were recruited was small. We conducted a multicenter

cooperative study and entrusted patient selection to each facility. Despite the inclusion of patients meeting the clinical criteria, surgeons may have excluded cases complicated by neurodegenerative diseases, such as Alzheimer's disease or dementia with Lewy bodies, and a considerable number of them are expected to have iNPH, causing a potential selection bias.

Furthermore, in this study, short-term improvement in cognitive function was achieved with shunting. However, elucidating cognitive changes over a longer-term course or in cases of iNPH with comorbid diseases is a challenge for iNPH treatment selection. It has been reported that CSF biomarkers are useful to differentiate patients with iNPH with comorbid neurodegenerative diseases and that patients with Alzheimer's disease are less likely to have their cognitive function improved (37–44). We believe that in the present cohort, the multicenter study (SINPHONI-1 and SINPHONI-2) may include selection bias that recruited iNPH without comorbidities as much as possible.

Currently, all iNPH severity classifications are based on preoperative symptoms. The necessity of revising severity classifications that predict the degree of improvement from shunting for intervention selection is another challenge of the future.

In conclusion, CSF shunting contributes to an improvement in cognitive function for patients with iNPH. Furthermore, MMSE score evaluation at the TT can sensitively predict an improvement in postoperative MMSE scores after LPS intervention. TABLE 2 | The odds ratio for improvement of scores on MMSE after shunt surgery.

Before shunt At tap test	After shunt									
	Worse or <6 improved	≥6 scores improved	Sensitivity (95% CIs)	Specificity (95% CIs)	A-OR [†]	(95% CIs)	p-value	M-OR [§]	(95% CIs)	<i>p</i> -value
12 months after VPS	in SINPHONI-	1 (<i>n</i> = 71)								
Worse or <3 improved	36	5	0.69	0.74	Reference		Reference			
≥3 scores improved	16	14	(0.62–0.74)	(0.55–0.87)	7.77	(2.22–27.2)	*** <0.001	6.30	(1.74–22.8)	**0.004
12 months after LPS	in SINPHONI-	2 (n = 69)								
Worse or <3 improved	50	1	0.86	0.91	Reference		Reference			
≥3 scores improved	8	10	(0.82–0.88)	(0.66–0.98)	62.3	(6.96–557.5)	*** <0.001	59.6	(6.64–535.6)	*** <0.001
At tap test	Worse or <3 improved	≥3 scores improved	Sensitivity	Specificity	A-OR [†]	95% CIs	<i>p</i> -Value	M-OR [§]	95% Cls	p-Value
12 months after VPS	in SINPHONI-	1 (<i>n</i> = 71)								
Worse	4	5	0.13	0.88	Reference		Reference			
≥0 scores improved	27	35	(0.06-0.21)	(0.82–0.94)	1.06	(0.26–4.39)	0.93	1.18	(0.27–5.09)	0.82
12 months after LPS	in SINPHONI-	2 (n = 69)								
Worse	20	5	0.57	0.85	Reference		Reference			
≥0 scores improved	15	29	(0.46-0.65)	(0.74–0.93)	7.51	(2.33-24.2)	*** <0.001	7.54	(2.91–24.8)	*** <0.001

 $p^{**} = 0.01$, $p^{**} = 0.001$. A-OR[†], age-adjusted odds ratio; M-OR[§], multivariate-adjusted odds ratio, which was adjusted by age and MMSE score before shunt surgery; 95% Cis, 95% confidence intervals; LPS, lumboperitoneal shunt; MMSE, Mini-Mental State Examination; VPS, ventriculoperitoneal shunt.

DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available on reasonable request from the corresponding author, MN. The data are not publicly available since they include information that could compromise the privacy of the research participants.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by the Ethics Committee of Juntendo University. The patients/participants provided their written informed consent to participate in this study. Written informed consent was obtained from the individual(s) for the publication of any potentially identifiable images or data included in this article.

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AUTHOR CONTRIBUTIONS

MI and EM conceived and coordinated the study and chaired the steering committee. MN prepared the first draft of the manuscript. All authors were members of the steering committee and designed and wrote the study protocol with input from all listed members of the study advisory board, involved in the interpretation and/or presentation of the data, reviewed and revised the initial draft and subsequent versions of the report, and approved the submitted version, listed investigators contributed to the patient enrollment, the steering committee, independent data, and safety monitoring committee monitored the study.

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SUPPLEMENTARY MATERIAL

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