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#### \*CORRESPONDENCE Manon J. Damen

manon.damen@radboudumc.nl

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# Commentary: Autoimmune diseases in patients with myotonic dystrophy type 2

Manon J. Damen<sup>1,2\*</sup>, Alfons A. den Broeder<sup>3</sup>, Nicol C. Voermans<sup>1</sup> and Alide A. Tieleman<sup>1</sup>

<sup>1</sup>Department of Neurology, Donders Institute for Brain, Cognition and Behaviour, Radboud University Medical Center, Nijmegen, Netherlands, <sup>2</sup>Department of Neurology, Medisch Spectrum Twente, Enschede, Netherlands, <sup>3</sup>Department of Rheumatology, Sint Maartenskliniek, Nijmegen, Netherlands

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## A Commentary on

## Autoimmune diseases in patients with myotonic dystrophy type 2

Peric, S., Zlatar, J., Nikolic, L., Ivanovic, V., Pesovic, J., Djordjevic, I. P., et al. (2022) *Front. Neurol.* 13:932883. doi: 10.3389/fneur.2022.932883

# Introduction

With interest, we read the article by Peric et al. about the frequency and type of autoimmune diseases (AIDs) in a large cohort of Serbian patients with myotonic dystrophy type 2 (DM2) (1). Their results are in line with the previously high incidence of autoimmune diseases in DM2 reported in the Dutch cohort (2).

In the conclusion of their article, however, the authors state that "*The pathogenesis* of AIDs in DM2 remains an intriguing question" and "*To understand better the autoimmunity in DM2, future studies should also focus on assays to measure B cell and T cell activity and interleukin pathways.*" We would like to comment on these statements below based on our previous observations and recent immunological research in DM2.

## Discussion

Peric et al. described a high frequency (28.8%, n = 36/125) of AIDs in the Serbian cohort of patients with DM2 (1), a finding that is very similar to the observations



in our 2009 study on AIDs (21.4%, n = 6/28, compared to 2.0% in a DM1 control group) (2, 3). We also proposed possible explanations for the association between DM2 and AIDs.

In the last decade, immunological studies both *in vitro* and *in vivo* (CCHC-Type Zinc Finger Nucleic Acid Binding Protein (CNBP) depleted zebrafish, CNBP-deficient mice, and human blood samples) revealed important roles of CNBP as a novel transcription regulator of interleukin-12 $\beta$  (IL-12 $\beta$ ) gene transcription in macrophages and in IL-12-driven and Th1-mediated immune responses (Figure 1) (4, 5). CNBP has also been shown to be a transcriptional regulator of IL-6 in inflammatory responses (6). Furthermore, the analysis of expression of CNBP in normal human tissues revealed that immune cells express this gene the most, particularly B and T lymphocytes (7).

DM2 is caused by a tetranucleotide (CCTG) repeat expansion in intron 1 of the CNBP gene resulting in both an RNA gain-of-function and a CNBP loss of function. We, therefore, consider the results of the recent immunological studies summarized above very relevant for the observations in the Serbian cohort (8). The studies reveal that CNBP contributes to the coordination of immune gene expression by regulating IL-12 $\beta$  and IL-6 gene transcription, IL-12 production, and Th1 immunity. This likely creates a pro-inflammatory state, and therefore, a higher incidence of AIDs in DM2.

In conclusion, CNBP has recently been identified as a key transcriptional regulator required for activating and maintaining the immune response. This role of CNBP suggests an additional explanation in the pathogenesis of the wide variety of AIDs in DM2.

## Author contributions

MD wrote the first draft of the manuscript. AT wrote sections of the manuscript. MD, AB, NV, and AT contributed to the manuscript revision and read and approved the submitted version.

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# **Conflict of interest**

The authors declare that the research was conducted in the absence of any commercial or financial relationships

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