

Phase I study of celecoxib with concurrent irinotecan, cisplatin, and radiation therapy for patients with unresectable locally advanced non-small cell lung cancer

Ritsuko Komaki¹*, Xiong Wei¹, Pamela K. Allen¹, Zhongxing Liao¹, Luka Milas¹, James D. Cox¹, Michael S. O'Reilly¹, Joe Y. Chang¹, Mary Frances McAleer¹, Melenda Jeter¹, George R. Blumenschein Jr.² and Merrill S. Kies²

¹ Department of Radiation Oncology, The University of Texas MD Anderson Cancer Center, Houston, TX, USA

² Department of Thoracic/Head and Neck Medical Oncology, The University of Texas MD Anderson Cancer Center, Houston, TX, USA

Edited by:

Masahiro Tsuboi, Kanagawa Cancer Center, Japan

Reviewed by:

Arnold Manfred Herskovic, Rush University Medical Center, USA Rabab Mohamed Gaafar, Cairo University, Egypt Lorenzo Spaggiari, European Institute of Oncology, Italy

*Correspondence:

Ritsuko Komaki, Department of Radiation Oncology, Unit 97, The University of Texas MD Anderson Cancer Center, 1515 Holcombe Blvd, Houston, TX 77030, USA. e-mail: rkomaki@mdanderson.org

Purpose: Preclinical findings suggest that adding targeted therapies to combination radiation-chemotherapy can enhance treatment efficacy; however, this approach may enhance normal tissue toxicity. We investigated the maximum tolerated dose, dose-limiting toxicities, and response rate when the selective cyclooxygenase-2 inhibitor celecoxib is added to concurrent irinotecan, cisplatin, and radiation therapy for patients with inoperable stage II-III non-small cell lung cancer (NSCLC). Methods and Materials: Eighteen patients were analyzed in a phase I clinical dose-escalation trial. Celecoxib was given daily beginning 5 days before radiation followed by maintenance doses for 12 weeks. Toxicity was graded with the Common Terminology Criteria for Adverse Events V3.0 and response with the World Health Organization system. Primary endpoints were maximum tolerated dose of celecoxib and treatment toxicity; secondary endpoints were response and survival rates. Results: The maximum tolerated dose of celecoxib was not reached, in part owing to discontinuation of the drug supply. At doses of 200 or 400 mg/day, no patients experienced any dose-limiting toxicity (acute grade \geq 4 esophagitis or pneumonitis, neutropenic fever or thrombocytopenia requiring transfusion, or acute grade >3 diarrhea). Grade 3 toxicities were leukopenia (five patients), fatigue (3), pneumonitis (2), dyspnea (1), pain (1), and esophageal stricture (1). Interestingly, pulmonary fibrosis (a late toxicity) was no more severe in the higher-dose (400-mg) group and may have been less common than in the lower-dose group. The clinical response rate was 100% (8 complete, 10 partial). Two-year rates were: overall survival 65%; local-regional control 69%; distant metastasis-free survival 71%; and disease-free survival 64%. Conclusion: Although preliminary, our results suggest that adding celecoxib to concurrent chemoradiation for inoperable NSCLC is safe and can improve outcome without increasing normal tissue toxicity.

Keywords: celebrex, CPT-11, cyclooxygenase-2 inhibitor, concurrent chemoradiotherapy, stage II or III non-small cell lung cancer

INTRODUCTION

Lung cancer is a major cause of cancer-related mortality worldwide (Jemal et al., 2011), with 5-year survival rates of only about 16%. Roughly one-third of non-small cell lung cancer (NSCLC) presents as locally advanced disease, with tumor or nodal involvement of the mediastinum. Because disease at this stage is often not resectable, definitive treatment that combines platinum-based chemotherapy and radiation therapy is considered the standard of care (Furuse et al., 1999; Pfister et al., 2004; Blackstock and Govindan, 2007), particularly for patients with good performance status. However, the optimal schedule and components of chemoradiotherapy regimens are still being explored, and the 5-year survival rates still leave considerable room for improvement.

Concurrent chemoradiation seems to be more effective than sequential therapy, as demonstrated by the West Japan Lung Group (Furuse et al., 1999), the Radiation Therapy Oncology Group (RTOG) in trial 94-10 (Curran et al., 2011), and the French NPC-9501 trial (Fournel et al., 2005). However, these trials used older chemotherapy agents (e.g., vindesine, vinblastine, etoposide), whereas more recent regimens that combine platinumbased chemotherapy with other agents (e.g., docetaxel, paclitaxel, irinotecan, gemcitabine, vinorelbine) seem to be more effective for advanced NSCLC (Kubota et al., 2004; Baggstrom et al., 2007). However, the newer chemotherapy agents must be administered in reduced doses in combination with thoracic radiation therapy to avoid producing unacceptable toxicity.

One such agent being studied in combination with platinumbased chemotherapy and radiation is irinotecan (CPT-11), a topoisomerase I inhibitor with radiosensitizing effects (Tamura et al., 1997). Irinotecan is thought to have synergistic effects with cisplatin in NSCLC (Yamada et al., 2002; Takiguchi et al., 2005; Kim et al., 2006). Several trials of irinotecan, cisplatin, and radiation for locally advanced NSCLC (Takiguchi et al., 2005; Langer et al., 2007) have shown that this combination has promise but is limited by both acute toxicity, particularly esophagitis and pneumonitis, and late toxicity, mostly diarrhea. These effects may be related to increases in tissue prostaglandin E2 (PGE2) levels; Trifan et al. (2002) reported that both cyclooxygenase-2 (COX-2) and PGE₂ protein levels were increased after irinotecan in mouse and rat models and that the selective COX-2 inhibitor celecoxib enhanced the antitumor effect while blunting late diarrhea in these models. Overexpression of COX-2 in lung cancer is associated with aggressive tumor growth, facilitation of metastatic spread, and poor patient survival (Achiwa et al., 1999; Khuri et al., 2001; Liao et al., 2005). If inhibiting this enzyme with COX-2 inhibitors can enhance tumor radioresponse without appreciably increasing radiation-induced normal tissue damage, then COX-2 inhibitors could increase the therapeutic ratio of radiation therapy (Komaki et al., 2004).

We hypothesized that combining celecoxib with irinotecan, cisplatin, and radiation therapy would have the dual benefit of enhancing antitumor effects and reducing toxicity and thus could improve outcome for patients with unresectable NSCLC. We describe here the findings from a phase I study of a novel regimen combining celecoxib with irinotecan, cisplatin, and radiation therapy for patients with unresectable stage II–III NSCLC.

MATERIALS AND METHODS

This phase I prospective clinical trial was approved by the appropriate institutional review board of The University of Texas MD Anderson Cancer Center, and all patients provided written informed consent before participating. A total of 20 patients with inoperable stage II or III NSCLC were enrolled beginning in November 2003. Inoperability, whether medical or disease-related, was determined jointly by a group of thoracic surgeons, thoracic radiation oncologists, and medical thoracic oncologists at MD Anderson. In most cases, stage II or IIIA disease was inoperable for medical reasons and stage IIIB disease was inoperable owing to tumor proximity to critical structures.

ELIGIBILITY CRITERIA

Inclusion criteria were as follows: histologic or cytologic evidence of NSCLC; unresectable stage II or III disease; good performance status (Karnofsky score \geq 70); age 18–70 years; no prior radiation or combined-modality therapy for other malignancy; no evidence of distant metastatic disease; and adequate end-organ indices [i.e., absolute neutrophil count \geq 2,000/µL, platelet count \geq 100,000/µL, serum creatinine level \leq 1.5 mg/dL, total bilirubin \leq 1.5 × institutional upper limit of normal (1.0 IU/L), and aspartate aminotransferase levels \leq 1.5 × institutional upper limit of normal (46 IU/L)]. Prior chemotherapy was allowed if it had been completed at least 4 weeks before study entry. Use of low-dose aspirin (>2 g/day) or other non-steroidal anti-inflammatory drugs was not.

Exclusion criteria were history of gastric ulcer, gastrointestinal bleeding, or renal failure; history of poorly controlled hypertension (systolic >150 mmHg), angina, or other cardiac abnormalities; history of cardiovascular disease (e.g., myocardial infarction,

angina, coronary angioplasty, congestive heart failure, stroke, or coronary bypass surgery in the past 6 months); family history of premature coronary disease (i.e., onset <55 years); receipt of amifostine within the past 6 months; history of active, invasive malignancies curatively treated in the past 2 years; allergies to sulfonamides, non-steroidal anti-inflammatory drugs, or celecoxib; uncontrolled hypercholesteremia (low-density lipoprotein cholesterol levels of >200 mg/dL more than twice in repeated tests); history of deep venous thrombosis, pulmonary embolism, or systemic lupus erythematosus; family history of protein S or C deficiencies; and prior heparin-induced thrombocytopenia, factor V Leiden deficiencies, or high homocysteine levels.

ENDPOINT, DOSE ESCALATION, AND DOSE-LIMITING TOXICITY

The phase I endpoint (the maximum tolerated dose of celecoxib combined with fixed-dose irinotecan and cisplatin plus radiation) was to be determined by standard dose escalation in 10-patient cohorts. Ten patients were to be entered at each dose level beginning at 200 mg/day. Enrollment in the higher-dose groups was to be terminated of \geq 5 patients had grade \geq 3 esophagitis or pneumonitis. If \leq 4 patients showed grade \geq 3 esophagitis or pneumonitis, 10 patients were to be entered at the next higher-dose level.

Adverse events were defined according to the Common Terminology Criteria for Adverse Events v3.0 (National Cancer Institute, 2006). Dose-limiting toxicities were acute neutropenic fever (temperature >100.6°F with absolute neutrophil count <1,000/µL); acute thrombocytopenia requiring transfusion; acute grade \geq 4 esophagitis or pneumonitis; acute grade \geq 3 diarrhea; and any treatment-related grade 5 toxicity. The maximum tolerated dose was defined as 1 dose level below that causing any dose-limiting toxicity.

TREATMENT

The treatment schema is shown in Figure 1. Radiation therapy was started after 5 days of celecoxib and given in 1.8-Gy daily fractions, 5 fractions/week, for 7 weeks (total dose 63 Gy in 35 fractions). The gross tumor volume included the complete extent of visible primary tumor and lymph nodes visualized on radiography. Clinical target volume encompassed the gross tumor volume plus a margin of 8 mm, and the planning target volume encompassed the clinical target volume plus a margin of at least 7 mm but no more than 13 mm. The supraclavicular fossa was not included in the treatment field unless the primary tumor was located in the upper lobe or a supraclavicular node was clinically involved. The ipsilateral hilar lymph nodes (with a 1.5-cm margin) and the contralateral hilar lymph nodes (with a 1-cm margin) were routinely included in the radiation fields. Three-dimensional conformal or intensity-modulated radiotherapy treatment planning was used in all cases, and radiation doses were prescribed to an isodose line covering 95% of the planning target volume with no lung heterogeneity correction. The radiation beam energy was defined by the optimized treatment plan.

Irinotecan was administered once a week for 7 weeks (on day 1 of weeks 2-8) at 30 mg/m^2 as a 90-min intravenous infusion before the cisplatin. Cisplatin was administered once a week for

7 weeks (weeks 2–8) at 25 mg/m² as a 60-min intravenous infusion. Hydration included at least 1 L of intravenous fluids before the cisplatin infusion, plus at least 1 additional liter of fluid with mannitol and appropriate electrolytes afterward. Celecoxib was given orally [10 patients at 200 mg/day and 10 at 400 mg/day (200 mg, twicedaily)] beginning 5 days before the chemoradiation; the same dose was continued throughout the 8-week course of chemoradiation therapy and for four more weeks thereafter (through week 12).

BASELINE AND FOLLOW-UP EVALUATIONS

Baseline evaluations included complete medical history and physical examination, with documentation of Karnofsky performance status, recent weight loss, usual weight, and concurrent nonmalignant diseases and therapies. Laboratory studies were done before registration and included complete blood counts; blood chemistries; alanine aminotransferase levels; and urinalysis. Imaging studies were to be obtained within 6 weeks before study registration and included chest X-ray, computed tomography (CT) of the chest (including upper abdomen), magnetic resonance imaging of the brain, positron emission tomography, and radionuclide bone scanning as needed. Patients suspected of having gastrointestinal bleeding underwent esophagogastroduodenoscopy. All patients underwent pulmonary function tests and electrocardiography before treatment. The location, type, and size of all measurable lesions were documented before treatment.

Patients were assessed weekly during radiation therapy, with interval history and physical examinations, with particular attention to drug-induced side effects and changes in body weight and performance status; laboratory tests were also performed weekly. Blood chemistry was assessed as needed to define drug toxicity, and esophagogastroduodenoscopy was used when clinically indicated. Tumor measurements, response of each lesion, site, and overall response were documented before and 1 month after the entire course of therapy had been completed. Patients were required to fill out medication diaries to assess compliance.

RESPONSE CRITERIA

Tumor response was evaluated according to World Health Organization criteria (Miller et al., 1981), in which tumors were measured in two dimensions on chest X-rays, CT scans, or sonograms and their area estimated as the product of the longest diameter and its perpendicular dimension. Complete response was the disappearance of all clinical evidence of tumor that persisted for at least 4 weeks; partial response as a decrease in the sum of the areas of all measured lesions of >50% that persisted for at least 4 weeks. Regression of lesions not fulfilling the criteria of partial response but without evidence of progression was considered stable disease. Progressive disease was any increase exceeding 25% in the areas of any measurable lesion or the appearance of new lesions (including brain lesions). Response durations were measured from the time of response (not the beginning of treatment) until evidence of progressive disease appeared. Survival duration was measured from the day of registration to the date of last follow-up or documented death. Patterns of failure were assessed from the day of registration to the dist of used form the day of registration to the first documented failure.

STATISTICAL METHODS

Pearson's chi-square tests were used to assess associations between acute normal tissue toxicity or late normal tissue toxicity and celecoxib dose in frequency tables. Overall survival was measured from the date of NSCLC diagnosis to the date of last follow-up or documented death. Kaplan–Meier survival estimates were used to calculate survival distributions and log-rank tests to assess quality of survival function. *P* values ≤ 0.05 were considered to indicate statistically significant differences for all two-sided statistical tests. All analyses were done with Stata statistical software (Release 10, 2007; StataCorp LP, College Station, TX, USA).

RESULTS

Twenty patients with unresectable NSCLC (2 stage II and 17 stage III) were enrolled over a 4-year period. The median follow-up time was 25.3 months (range, 7.0–60.4 months). Two patients [both in the lower-dose (200 mg) celecoxib group] withdrew from the study after the first weekly dose of irinotecan, one after experiencing an abdominal rash that spread to both breasts and thighs and the other after severe chest pain, nausea, and vomiting requiring inpatient intravenous rehydration. The other 18 patients completed the protocol treatment and were eligible for analysis. The trial was stopped early in September 2008 because of slow accrual owing to publication of three randomized trials demonstrating increased

									Weeks
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	9-12
Celecoxib	ccccc	cccccc							
Radiation		xxxxx							
Irinotecan		I.	I.	I	I	I.	I	I.	
Cisplatin		С	С	С	С	С	С	С	

FIGURE 1 | Treatment schema. Radiation therapy was started after 5 days of celecoxib. Cisplatin and irinotecan were administered once a week for 7 weeks (weeks 2–8). Celecoxib was given orally beginning 5 days before the

initiation of chemoradiation therapy; the same dose was continued daily throughout the entire 8-week course of chemoradiation therapy and for four more weeks thereafter (through week 12).

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Survival was from date of registration to date of last follow-up or documented death. *After biopsy-proven recurrence in the supraclavicular region, the patient is currently without evidence of disease. 1 °, primary, 3D-CRT, three-dimensional conformal radiation therapy; A, adenocarcinoma; CR, complete response; DD, died of disease; DI, died of other disease; F, female; IMRT, intensity-modulated radiation therapy LN, lymph node; M, male; NSC NOS, undifferentiated non-small cell carcinoma; OF, out of field; persist., persistent; PR, partial response; RT, radiation therapy; NED, no evidence of disease; Sq, squamous ce carcinoma; VF, within field.	20	Σ	64	۷	1MB	T2N3M0	IMRT	400	2	-	0	РВ	РВ	NED	0.9	WF 1° tumor	13
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cardiac toxicity from another selective COX-2 inhibitor, rofecoxib (Vioxx), and the withdrawal of that drug from the market. As a result, no patients were enrolled in a planned 800-mg dose group (the maximum allowable dose according to the U.S. Food and Drug Administration). Characteristics of the 18 eligible patients are shown in **Table 1**. The median patient age was 62 years (range, 42–74 years); 4 (22%) had adenocarcinomas, 11 (61%) squamous cell carcinomas, and 3 (17%) unspecified NSCLC.

TOXICITY

Eighteen patients were evaluable for toxic effects (**Table 2**). Pulmonary toxicity was diagnosed by thoracic radiologists who were blinded as to treatment group, and the diagnosis was subsequently confirmed by radiation oncologists with the isodose curves. No patient experienced grade 4 toxicity or dose-limiting toxicity; hence the maximum tolerated dose was not reached. No patient experienced grade ≥ 3 treatment-related esophagitis; two patients (11%) had grade 3 pneumonitis. No differences in these toxic effects were noted between celecoxib dose groups (P > 0.05). Similarly, the incidence of grade 3 leukopenia was no different between groups (three in the 200-mg group and two in the 400-mg group, P = 0.25). However, pulmonary fibrosis (assessed on chest CT scans and diagnostic image reports) was worse in the lower-dose group [one grade 0 and seven grade 1 in the 200-mg group vs. six grade 0 and four grade 1 in the 400-mg group (P = 0.04)].

EFFICACY

Tumor response, although not the primary endpoint, was evaluable in 18 patients: 7 had complete response and 11 had partial response of the primary lung tumor; 9 patients had complete response and 9 partial response of nodal lymphadenopathy. Tumor response rates were not significantly different between the two dose groups (P > 0.05).

TUMOR CONTROL AND SURVIVAL

Treatment outcomes are shown in **Figure 2**. The median overall survival time for all 18 patients was 37.5 months (range, 7.0–60.4 months). At 2 years, rates for all 18 patients were as follows: overall survival 65%; local-regional control 69%; distant metastasis-free survival 71%; and disease-free survival 64%. Patients in the two celecoxib dose groups did not differ in median overall survival time (37.5 months for the 200-mg group vs. 50.9 months for the 400-mg group, P > 0.05), 2-year overall survival rate (75% for 200 mg vs. 58% for 400 mg, P > 0.05), localregional control rate (71% 200 mg vs. 70% 400 mg, P > 0.05), distant metastasis-free survival rate (86% 200 mg vs. 60% 400 mg, P > 0.05), or disease-free survival rate (71% 200 mg vs. 60% 400 mg, P > 0.05).

DISCUSSION

The combination of radiation and chemotherapy for lung cancer has been shown to improve tumor response rates (84% for concurrent chemoradiation therapy vs. 66% for radiation alone; Furuse et al., 1999), 3-year survival rates (29.7% for weekly paclitaxel vs. 16.8% for radiation alone; Huber et al., 2006), and 5-year survival rates (8.2% for concurrent chemoradiation therapy vs. 6.0% for radiation alone; Auperin et al., 2006). Preclinical findings suggest that molecular targeted therapies can enhance efficacy when used in combination with other treatment modalities; however, whether such therapies would enhance normal tissue toxicity has been unclear.

The primary goal of this phase I study was to determine the maximum tolerated dose of celecoxib given in combination with irinotecan, cisplatin, and thoracic radiation; secondary goals were to determine the feasibility of this therapy in terms of its toxicity profile and its effectiveness. We found that celecoxib can be safely administered in doses up to 400 mg in this combination for

Table 2 | Acute and late toxic effects of patients given 200 or 400 mg celecoxib with chemoradiation therapy for non-small cell lung cancer.

Toxic effect	Celecoxib dose group										P value
		Тохі	city grad	e 200 mg	/day		Тохіс	ity grade	400 mg/	day	-
	0	1	2	3	4	0	1	2	3	4	-
Pneumonitis	0	5	4	1	0	1	7	1	1	0	0.69
Esophagitis	0	1	7	0	0	2	3	5	0	0	0.21
Radiation dermatitis	0	4	4	0	0	1	5	4	0	0	0.64
Pericardial effusion	7	1	0	0	0	10	0	0	0	0	0.31
Fatigue	0	2	6	0	0	2	0	6	2	0	0.12
Dyspnea	5	2	0	1	0	9	0	1	0	0	0.17
Pain	4	1	2	1	0	9	0	1	0	0	0.09
Nausea	4	3	1	0	0	6	3	1	0	0	0.91
Pulmonary fibrosis	1	7	0	0	0	6	4	0	0	0	0.04
Esophageal stricture	8	0	0	0	0	8	1	0	1	0	0.41
Anemia	3	4	1	0	0	5	3	1	1	0	0.67
Leukopenia	4	1	0	3	0	5	0	3	2	0	0.25
Thrombocytopenia	7	1	0	0	0	7	1	2	0	0	0.41

Bold indicates that the P value is less than 0.05



patients with unresectable stage II or III NSCLC. No patients developed treatment-related cardiac problems, diarrhea, or neutropenic fever. No patients developed treatment-related grade >3 acute thrombocytopenia or anemia requiring transfusion. One patient in each celecoxib dose group (200 or 400 mg/day) developed grade 3 pneumonitis, which could have resulted from the radiation, the drug therapy, or both. No patients experienced any grade 4 toxicity. The most common grade 3 toxicity was leukopenia (three patients in the low-dose group and two in the higher-dose group), but this could also be attributable to concurrent chemotherapy. Hence we found no evidence of increased normal tissue toxicity from the addition of celecoxib - indeed, esophagitis and pneumonitis were no worse in the higher-dose (400 mg) group. The apparent difference in lung fibrosis between groups, with the lower-dose group experiencing more fibrosis, needs to be verified in a larger-scale phase II or III trial. Nevertheless, these findings compare quite favorably with results of a phase II study indicating no improvement in side effects from the addition of celecoxib to second-line therapy (Lilenbaum et al., 2006).

The response rates in this study (44% complete, 56% partial) were higher than those in studies by Mutter et al. (2009; 7% complete and 36% partial) and Altorki et al. (2003; 17% complete and 48% partial). We are reluctant to speculate as to why this is the case given the very small number of patients in our study and the fact that tumor response was not a primary endpoint. However, our chemotherapy regimen (cisplatin and irinotecan) was different that that of these other studies (carboplatin and paclitaxel), and

patients in these other studies may have had bulkier tumors or poorer performance status than ours did. We further recognize that tumor response is more commonly assessed with RECIST than with the WHO criteria, which was the institutional policy at the time; however, our response rates would have been still higher if we had used the RECIST system. Moreover, the 2-year overall survival rate in our study, 69%, was also excellent compared with other trials of combined chemoradiotherapy such as RTOG 9801 (Movsas et al., 2005) and RTOG 94-10 (Curran et al., 2011).

We conclude that adding celecoxib to weekly irinotecan and cisplatin with concurrent thoracic radiation therapy for unresectable stage IIB or III NSCLC is safe, feasible, and may improve outcomes. Further randomized phase II trials are needed to determine the clinical significance of celecoxib and pulmonary fibrosis, and a prospective randomized phase III trial is needed to definitively determine if adding a COX-2 inhibitor such as celecoxib to chemoradiation therapy will produce a survival benefit for patients with unresectable stage IIB or III NSCLC.

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