

# Trastuzumab: updated mechanisms of action and resistance in breast cancer

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Francois X. Claret, Department of Systems Biology, The University of Texas MD Anderson Cancer Center, Houston, TX 77054, USA. e-mail: fxclaret@mdanderson.org HER2-positive breast cancer accounts for 20–30% of all breast cancers and has the secondpoorest prognosis among breast cancer subtypes. The approval of trastuzumab in 1998 has significantly improved patients' outcomes and paved the way for the beginning of advent of targeted approaches in breast cancer treatment. However, primary or acquired resistance to trastuzumab has been increasingly recognized as a major obstacle in the clinical management of this disease. In addition, in clinical practice, there are currently no conclusive biomarkers for patient response to trastuzumab. Therefore, understanding the molecular mechanism of trastuzumab and the development of resistance to this drug are of interest. Such understanding will provide the guidance critically needed for the design of better combination therapy and will allow the appropriate selection of patients who are responsive to trastuzumab-based strategies. In line with that, our review highlights the well-accepted mechanisms of action and resistance to the therapy and discusses the progress that has been made toward successfully overcoming this resistance.

Keywords: HER2/ERBB2, HER3, trastuzumab, herceptin, targeted therapies, breast cancer

## **INTRODUCTION**

The family of epidermal growth factor receptors comprises HER1, HER2, HER3, and HER4. These tyrosine kinases play a critical role in cellular growth and are frequently up-regulated in numerous cancers, including breast carcinoma (Browne et al., 2009). The overexpression or gene amplification of HER2 has been found in about 20-30% of breast cancers, which is classified as the HER2positive subtype (Slamon et al., 1987; Seshadri et al., 1993; Owens et al., 2004). HER2-positive breast cancer has the second-poorest prognosis among breast cancer subtypes and is correlated with lower disease-free and overall survival rates (Slamon et al., 1987; Tandon et al., 1989; Seshadri et al., 1993; Andrulis et al., 1998; Paik et al., 2000). Typically, HER2 is expressed at a low level on the surface of epithelial cells and is necessary for the normal development of many tissues, including those of the breast, ovary, lung, liver, kidney, and central nervous system (Browne et al., 2009). In contrast, in breast cancer cells, immunohistochemical analyses have revealed extremely high levels of HER2, which can reach up to two million receptors per cell (Slamon et al., 1987; Browne et al., 2009). The overexpression of HER2 is of crucial importance since its activation triggers multiple downstream pathways required for the abnormal proliferation of cancer cells (Browne et al., 2009).

HER2 is activated by the formation of homodimers or heterodimers with other EGFR proteins. This dimerization results in autophosphorylation and/or transphosphorylation of specific tyrosine residues in EGFR intracellular domains, which in turn leads to the activation of the Ras/Raf/mitogen-activated protein kinase, the phosphoinositide 3-kinase/Akt, and the phospholipase C<sub>γ</sub> (PLC<sub>γ</sub>)/protein kinase C (PKC) pathways (Browne et al., 2009). Of note, the HER2-HER3 heterodimer is the most potent stimulator of downstream pathways, particularly the PI3K/Akt, a master regulator of cell growth and survival (Alimandi et al., 1995; Lee-Hoeflich et al., 2008). Moreover, HER2 dimerization promotes the mislocalization and rapid degradation of cell cycle inhibitor  $p27^{Kip1}$  protein leading to cell cycle progression. Some of the well studied pathways affected by activation of HER2 are briefly described in **Figure 1**.

## **MECHANISMS OF ACTION OF TRASTUZUMAB**

Given that HER2 is frequently up-regulated in breast cancer and is correlated with poor prognosis, targeting HER2 is an attractive therapeutic approach. The first Food and Drug Administration (FDA)-approved targeted therapy for breast cancer was trastuzumab (Gajria and Chandarlapaty, 2011). Trastuzumab (or Herceptin) was developed by Genentech Inc (San Francisco, CA, USA) as a recombinant humanized monoclonal antibody directed against the extracellular domain IV of HER2 (Carter et al., 1992), has served as a remarkable example of a successful targeted therapy in breast cancer. Clinical studies have shown that the combination of trastuzumab with standard chemotherapy produces far better response rates than does chemotherapy alone (Slamon et al., 2001; Vogel et al., 2002). Thus, the combinations that

Abbreviations: ADCC, antibody-dependent cellular cytotoxicity; Akt, protein kinase B; c-Cbl, Casitas B-lineage lymphoma; CDK2, cyclin-dependent kinase 2; EGFR, epidermal growth factor receptor; EpoR, erythropoietin receptor; HGF, hepa-tocyte growth factor; IGFBP3, IGF-binding protein-3; IGFR, insulin-like growth factor receptor; MAPK, mitogen-activated protein kinase; PI3K, phosphatidylinositol triphosphate kinase; PTEN, phosphatase and tensin homolog; rHuEPO, recombinant human erythropoietin.



heterodimerization is the prerequisite step for HER2 activation. Its activation then triggers a broad spectrum of downstream cascades to promote numerous effects, including cell growth, proliferation, and survival. PI3K/Akt is

one of the most well studied pathways activated by HER2. Activated PI3K/Akt also triggers mTOR, a master positive regulator of cell metabolism. In addition, HER2 activation can activate Ras/Raf and MEK pathways, which favors cancer cells' growth and migration.

include trastuzumab have been considered as the standard of care for HER2-overexpressing breast cancer patients (Hudis, 2007). In this part, we focus on the molecular mechanisms of actions of trastuzumab, which are grouped into three major categories, summarized below.

## **HER2 DEGRADATION**

Trastuzumab has been proposed to trigger HER2 internalization and degradation through promoting the activity of tyrosine kinase – ubiquitin ligase c-Cbl (Klapper et al., 2000). It was observed that the binding of trastuzumab to HER2 recruits c-Cbl to its docking site, Tyr<sup>1112</sup> where c-Cbl ubiquitinates HER2 and leads to its degradation. However, how c-Cbl is induced as trastuzumab binds to HER2 and how c-Cbl mediates HER2 degradation remain obscure.

## ANTIBODY-DEPENDENT CELLULAR CYTOTOXICITY

As an antibody, one of the major mechanisms of trastuzumab is to attract immune cells to tumor sites that overexpress HER2, by a mechanism called antibody-dependent cellular cytotoxicity (ADCC). Xenografts study by Clynes et al. (2000) showed that natural killer cells could target HER2-overexpressing cells coated with trastuzumab via a CD16-mediated ADCC mechanism. Arnould et al. (2006) later confirmed the immune cell-modulated activity of trastuzumab by using samples from patients with locally advanced breast cancer. After treating the tumor samples with trastuzumab and docetaxel, the group observed an increase in the number of both natural killer cells and cytotoxic proteins in tumor infiltrates (Arnould et al., 2006). These findings provide strong support for ADCC as a mechanism of action of trastuzumab and help explain why cancer cells with high HER2 expression are more responsive to the drug.

## MAPK AND PI3K/Akt INTERFERENCE

The most well known effect of trastuzumab is the inhibition of the MAPK and PI3K/Akt pathways (**Figure 1**), which leads to an increase in cell cycle arrest, and the suppression of cell growth and proliferation. It is widely accepted that by interfering with the dimerization of HER2, trastuzumab inhibits HER2 activation and suppresses Akt phosphorylation (Junttila et al., 2009). Other groups critically showed that trastuzumab, by binding to HER2, can block tyrosine kinase Src signaling and thus, increases PTEN



(p95HER2) that lacks trastuzumab-binding sites. The truncated form of HER2 (p95HER2) that lacks trastuzumab-binding domain can no longer be inhibited by trastuzumab. The remaining structure can still dimerize with other receptors and therefore can still trigger downstream cascades. (2) Alternative elevations of other receptor tyrosine kinases. The overexpression of other growth factor receptors, such as c-Met and

level and activity. This also results in the suppression of PI3K/Akt signaling and reduction in cell growth and survival (Nagata et al., 2004; Zhang et al., 2011). Moreover, trastuzumab was demonstrated to induce cell cycle arrest by restoring p27 and suppressing CDK2 activity in BT474 and SKBR3 breast cancer cells.

In general, trastuzumab, by binding to extracellular domain of HER2, can potently suppress cancer cells growth, proliferation, and survival in both direct and indirect manners.

# **MECHANISMS OF TRASTUZUMAB RESISTANCE**

Even though trastuzumab has significantly improved outcome in breast cancer patients and has paved the way for the era of targeted therapy in breast cancer treatment, the median duration of response is modest (Gajria and Chandarlapaty, 2011; Zhang et al., 2011). This is due to either primary or secondary mechanisms of resistance to the therapy. Less than 35% of patients with HER2positive breast cancer initially respond to trastuzumab (Wolff et al., 2007; Narayan et al., 2009), which means these patients are "primarily" or "inherently" resistant to the drug. On the other IGF-1R, the two most commonly reported, can trigger similar effects on cell behavior, even though HER2 signaling is inhibited by trastuzumab. (3) Intracellular alterations. In trastuzumab resistant cells, PTEN function is lost; thus, Akt is constitutively active. Also, resistant cells can harbor activating mutations in PI3K or Akt, which can trigger other downstream signaling pathways even when HER2 is blocked by trastuzumab or when PTEN is active.

hand, about 70% of patients who initially responded experience progression to metastatic disease within a year (Gajria and Chandarlapaty, 2011), suggesting that "secondary" or "acquired" resistance to trastuzumab frequently develops. Some tumor suppressor proteins and oncoproteins, such as PTEN and Src, have biological significance and play overlapping roles in both primary and acquired resistance (Nagata et al., 2004; Zhang et al., 2011). On the other hand, little information on the basis of primary and secondary resistance is available (Narayan et al., 2009). In this review, we classified the potential mechanisms of resistance to trastuzumab according to the inter- or intra-networks of HER2 signaling. These are summarized in three major categories, briefly described in Figure 2: (1) the steric effects, such as the structural mutation in HER2 protein, (2) the alternative elevations of other tyrosine kinase receptors, such as insulinlike growth factor receptor (IGFR), or (3) the intracellular alterations in HER2 downstream signaling, notably phosphatase and tensin homolog (PTEN) deficiency and/or PI3K/Akt constitutive active.

# STERIC EFFECTS

HER2 can mutate to "cut off" its extracellular domain, which inhibits the binding of trastuzumab to the receptor (Scott et al., 1993; Christianson et al., 1998). This process is called proteolysis, which generates the truncated p95HER2 isoform with constitutive kinase activity (Scott et al., 1993; Christianson et al., 1998; Scaltriti et al., 2007). This mutated isoform promotes the continuous activation of oncogenic signaling and bypass trastuzumab's effects. In a study of tumor cells from 46 patients with metastatic breast cancer, those who acquired the p95HER2 mutation were less likely to respond to trastuzumab than were those with full-length HER2 (Scaltriti et al., 2007). However, how cancer cells can induce HER2 proteolysis in response to trastuzumab has not been examined. Another mechanism that may contribute to the "masking" of the trastuzumab-binding site on HER2 is the elevated expression of mucin-4. Mucin-4, a highly O-glycosylated membrane protein, is also the putative partner of HER2, and its expression was correlated with poor prognosis in not only breast cancer but also other carcinoma types (Nagy et al., 2005). However, how Mucin-4 is overexpressed in trastuzumab resistant cells and by what mechanism Mucin-4 confers resistance to the therapy required further studies.

## **OVEREXPRESSION OF OTHER TYROSINE KINASE RECEPTORS**

Since trastuzumab does not prevent HER3 dimerization (Wehrman et al., 2006), the overexpression of HER3 could overcome trastuzumab-mediated inhibition of HER2 signaling. It was previously found that co-expression of HER3 and HER2 is required for the transformation of NIH-3T3 cells (Alimandi et al., 1995) and that HER2-HER3 dimerization results in increased tyrosine phosphorylation of HER3 which subsequently increases PI3K recruitment and downstream activation (Alimandi et al., 1995; Holbro et al., 2003). These findings imply that cancer cells, by utilizing HER3 signaling, can compensate for the inhibition of HER2 signaling mediated by trastuzumab.

Another promising target whose aberrant expression may confer resistance to trastuzumab is insulin-like growth factor 1 receptor (IGF-1R). Lu et al. (2001) found that ectopic expression of IGF-1R drives trastuzumab-sensitive SKBR3 cells to resistant to the therapy. Also, IGF-1R-overexpressing SKBR3 cells show significantly low levels of  $p27^{Kip1}$ ,  $p21^{Cip1}$  proteins, and a high level of CDK2 kinase activity (Lu et al., 2001). This indicates that IGF-1R-overexpressing cells, by overcoming cell cycle arrest mediated by trastuzumab contribute to the drug resistance. Interestingly, the resistance is reversed by suppression of IGF-1R signaling with recombinant IGF-binding protein-3 (IGFBP3) or by gradual heatinduced expression of the dominant-negative IGF-1R 486/STOP (Lu et al., 2001; Jerome et al., 2006). This further confirms that the elevation of IGF-1R significantly contributes to trastuzumab resistance.

Notably, the overexpression of tyrosine kinase c-Met has emerged as a potential contributor to trastuzumab. *c-Met* is a critical oncogene that encodes for a receptor tyrosine kinase composed of an  $\alpha$  chain disulfide linked to a  $\beta$  subunit (Bottaro et al., 1991). c-Met, until now, is reported to have only one known ligand called hepatocyte growth factor (HGF) and is normally expressed in epithelial and endothelial cells (Bottaro et al., 1991). Although

Met signaling is actively involved in the regeneration and development of various organs, c-Met and HGF have been reported to be overexpressed in human breast carcinomas and tumor stroma, respectively. Moreover, c-Met overexpression is correlated with poor prognosis in breast cancer patients (Kang et al., 2003). Furthermore, c-Met was shown to be highly elevated in HER2-positive breast cancer cell lines and in 25% of HER2-positive breast cancer patients' tissues (Yamashita et al., 1994; Lindemann et al., 2007; Shattuck et al., 2008). More importantly, c-Met has recently been demonstrated to physically interact with HER2 (Agarwal et al., 2009). These findings suggest that c-Met synergizes with HER2 signaling to confer resistance to trastuzumab. Sweeney's group, indeed, revealed that depletion of c-Met makes the cells more sensitive to trastuzumab and that trastuzumab rapidly up-regulates c-Met expression in vitro (Shattuck et al., 2008). These findings imply that c-Met overexpression is critical for treatment-acquired resistance to trastuzumab. However, further studies are needed to strengthen our knowledge of the contribution of c-Met to trastuzumab resistance and to understand how c-Met is elevated in resistant cells.

Moreover, Liang et al. (2010) found that recombinant human erythropoietin (rHuEPO), which has long been used to manage the anemia and fatigue caused by cancer treatment, antagonizes trastuzumab's effects on breast cancer models both in vitro and in vivo. This group demonstrated that, in a panel of 10 primary breast cancer cell lines, 5 express the erythropoietin receptor (EpoR), and 2 have relatively high levels of both HER2 and EpoR. These observations indicate that EpoR and HER2 are overexpressed in the same cancer cells. Furthermore, using the same cell lines, they found that rHuEPO significantly reduces the cell growth inhibition induced by trastuzumab. rHuEPO also triggers the PI3K/Akt and Src pathways, leading to the suppression of PTEN and trastuzumab's effects. This was confirmed by a mouse xenografts study in which rHuEPO introduction promotes tumor growth suppressed by trastuzumab (Liang et al., 2010). These elegant models suggested that rHuEPO administration contributes to the resistance to trastuzumab.

## **INTRACELLULAR ALTERATIONS**

One of the most under-investigated "driving forces" involved in trastuzumab resistance is PTEN. Nagata et al. (2004) reported that the loss of PTEN was observed in 36% of HER2-positive primary breast tumor specimens from patients with stage IV disease. In addition, they also showed that patients with PTENdeficient tumors had remarkably lower overall response rates to trastuzumab than did patients with wild-type PTEN. Later on, other group reported 25% of PI3KCA activating mutation and 20-25% of PTEN deficiency in tumors from a cohort of 55 patients resistant to trastuzumab (Berns et al., 2007; Kataoka et al., 2010). They found that trastuzumab-treated patients with activating PI3KCA mutations had significantly shorter progression-free survival than did those without mutations. The group also demonstrated that HER2-positive breast cancer cell lines with activating PIK3CA mutations (E545K and H1047R) are more resistant to trastuzumab than are HER2-positive cell lines without those mutations (Berns et al., 2007; Kataoka et al., 2010). These studies suggest that constitutive active PI3K/Akt pathway, either due to PTEN loss

or activating mutations in PIK3CA, significantly contributes to both inherent and acquired resistance to trastuzumab.

PTEN deficiency that may confer resistance to the therapy was recently confirmed by Yu's group (Zhang et al., 2011). Of interest, the group also found that Src is activated in breast cancer cell lines which is associated with both primary and acquired resistance to trastuzumab. Specifically, they revealed that patients with active Src were significantly less responsive to trastuzumab than were those without Src activation. In terms of molecular networking, they showed that Src is the central mediator of all resistant pathways. Those features enable Src a promising "global" therapeutic target for patients resistant to trastuzumab. Furthermore, Src inhibition can reverse trastuzumab resistance in vitro and in vivo, specifically through effectively blocking Akt phosphorylation and downstream signaling of EGFR, even in PTEN-deficient cells. This poses a novel promising approach of combining trastuzumab and Src inhibition for better clinical benefit in a large population of patients with poor response to trastuzumab.

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# **CONCLUDING REMARKS**

A number of critical studies have been conducted to identify the mechanisms that account for trastuzumab's effects and the resistance to the therapy. Notably, multiple mechanisms may act simultaneously to confer resistance to the drug, due to the accumulation of intracellular alterations and the heterogeneity of breast cancer. For this reason, it is clinically unfeasible to extensively combine various therapeutic targets. Therefore, further studies are urgently needed to distinguish "driving force" from "bypass" mechanisms. This, together with the clarification of primary and acquired resistance, will ultimately help in designing more specific and effective combination therapies.

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