Check for updates

OPEN ACCESS

EDITED BY Jenny L. Persson, Umeå University, Sweden

REVIEWED BY

Johan Nicolay Wiig, Oslo University Hospital, Norway Ching-Chieh Yang, Chi Mei Medical Center, Taiwan Alfonso De Stefano, G. Pascale National Cancer Institute Foundation (IRCCS), Italy

*CORRESPONDENCE Corrado Pedrazzani Corrado.pedrazzani@univr.it

RECEIVED 19 January 2023 ACCEPTED 22 May 2023 PUBLISHED 05 June 2023

CITATION

Turri G, Caligola S, Ugel S, Conti C, Zenuni S, Barresi V, Ruzzenente A, Lippi G, Scarpa A, Bronte V, Guglielmi A and Pedrazzani C (2023) Pre-diagnostic prognostic value of leukocytes count and neutrophil-to-lymphocyte ratio in patients who develop colorectal cancer. *Front. Oncol.* 13:1148197. doi: 10.3389/fonc.2023.1148197

COPYRIGHT

© 2023 Turri, Caligola, Ugel, Conti, Zenuni, Barresi, Ruzzenente, Lippi, Scarpa, Bronte, Guglielmi and Pedrazzani. This is an openaccess article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

Pre-diagnostic prognostic value of leukocytes count and neutrophil-to-lymphocyte ratio in patients who develop colorectal cancer

Giulia Turri¹, Simone Caligola², Stefano Ugel³, Cristian Conti¹, Silvia Zenuni¹, Valeria Barresi⁴, Andrea Ruzzenente¹, Giuseppe Lippi⁵, Aldo Scarpa⁴, Vincenzo Bronte², Alfredo Guglielmi¹ and Corrado Pedrazzani^{1*}

¹Division of General and Hepatobiliary Surgery, Department of Surgical Sciences, Dentistry, Gynecology and Pediatrics, University of Verona, Verona, Italy, ²Istituto Oncologico Veneto IRCCS, Padova, Italy, ³Immunology Section, University Hospital and Department of Medicine, University of Verona, Verona, Italy, ⁴Department of Diagnostics and Public Health, Section of Pathology, University of Verona, Verona, Italy, ⁵Department of Neurological, Biomedical and Movement Sciences, Section of Clinical Biochemistry, University of Verona, Verona, Italy

Introduction: Emerging evidence is pointing towards a relevant role of immunity in cancer development. Alterations in leukocytes count and neutrophil-to-lymphocyte ratio (NLR) at diagnosis of colorectal cancer (CRC) seems to predict poor prognosis, but no data is available for the pre-diagnostic values.

Methods: Retrospective analysis of patients who underwent surgery for CRC at our center (2005 – 2020). 334 patients with a complete blood count dating at least 24 months prior to diagnosis were included. Changes in pre-diagnosis values of leukocytes (Pre-Leu), lymphocytes (Pre-Lymph), neutrophils (Pre-Neut), and NLR (Pre-NLR) and their correlation with overall- (OS) and cancerrelated survival (CRS) were analyzed.

Results: Pre-Leu, Pre-Neut and Pre-NLR showed an increasing trend approaching the date of diagnosis, while Pre-Lymph tended to decrease. The parameters were tested for associations with survival after surgery through multivariable analysis. After adjusting for potential confounding factors, Pre-Leu, Pre-Neut, Pre-Lymph and Pre-NLR resulted independent prognostic factors for OS and CRS. On sub-group analysis considering the interval between blood sampling and surgery, higher Pre-Leu, Pre-Neut, and Pre-NLR and lower Pre-Lymph were associated with worse CRS, and the effect was more evident when blood samples were closer to surgery.

Conclusion: To our knowledge, this is the first study showing a significant correlation between pre-diagnosis immune profile and prognosis in CRC.

KEYWORDS

colorectal cancer, inflammatory markers, prognosis, diagnosis, leucocytes, inflammation

The relationship between inflammation and cancer has been widely investigated. As early as in the 19^{th} century, mounting evidence suggested a correlation between inflammatory processes and cancer development (1, 2). Epidemiological studies confirmed that chronic inflammation predisposes to several forms of cancer, including colorectal carcinoma (CRC) in patients with inflammatory bowel diseases (1). More recently, immunotherapy has shown promising results as an effective treatment in patients with various cancers, especially in those with melanoma or breast cancer (3, 4), but some evidence of its potential efficacy has also been found in subjects with CRC (5, 6).

The immunity-cancer relationship is most likely bi-directional. On one hand, prolonged inflammatory stigmata trigger cancer cells proliferation and angiogenesis, thus facilitating genetic mutations and the acquisition of a malignant profile (2, 7) as well as metastatic spread (7). On the other hand, cancer cells may secrete themselves pro-inflammatory cytokines able to recruit immune cells in the tumor micro-environment (TME) (8). Immune cells composing TME could play a facilitating or an antitumor response, depending on the involved subset of cells (9). Recent studies suggested that cancer progression may result from imbalances between tumor growth and the host immune surveillance (10, 11). Interestingly, several studies have found a relevant association between survival of patients with different cancers and alterations in peripheral immune cells count (12-15). The latter may in fact play a role as circulating biomarkers of an immune shift leading to tumor escape (16). Particular attention has been directed towards cellular response, identifying neutrophils, lymphocytes, leucocytes, monocytes, platelets, and some of their ratios as main prognostic factors in CRC (17-21). Previous analyses evaluated exclusively pre-operative values of circulating cells, but changes in immune profile may take place months or years before cancer diagnosis given its implication in tumor etiopathogenesis (22). Only few studies assessed longitudinal changes of pre-diagnosis systemic inflammatory markers in cancer patients (22-25), but no data are available for CRC.

The aim of this retrospective study was to evaluate the prediagnostic trend and the prognostic significance of pre-diagnosis leukocyte count and neutrophil-to-lymphocyte ratio (NLR) in patients who develop CRC.

2 Materials and methods

2.1 Inclusion criteria

The initial study population consisted of patients who underwent surgery for CRC at the Division of General and Hepatobiliary Surgery, University of Verona Hospital Trust between January 2005 and December 2020. The clinical data were retrieved from a retrospective single-center database. Age of 18 years or older, urgent or elective surgery, histological diagnosis of CRC, clinical-pathological and follow-up data, and availability of a complete blood count dated at least 24 months before surgery were the inclusion criteria of this study.

2.2 Preoperative work-up and histopathological staging

All elective patients underwent preoperative staging by colonoscopy, thoracoabdominal CT scan and tumor markers (CEA, CA 19-9). Additional diagnostic modalities (e.g. MRI, PET-CT) were used when clinically indicated. The preoperative assessment of urgent cases varied depending on clinical necessities. All patients underwent preoperative routine laboratory tests.

The specimens were examined through routine histopathological analysis. Tumor staging was assessed according to the 8th Edition of the American Joint Committee on Cancer (AJCC) and the Union International Contre Le Cancer (UICC) (26). The presence of residual tumour after resection was described using the AJCC/UICC terminology (R classification). Patients were grouped according to the presence (R2) or absence (R0-R1) of macroscopic residual tumour.

2.3 Assessment of pre-diagnosis blood tests

Data regarding pre-diagnosis blood tests were obtained by querying the Medical Laboratory database system into which all laboratory results were stored. Blood samples associated with admission to the Emergency Department or with clear evidence of an ongoing infection were excluded. Patients with autoimmune disorders and receiving corticosteroids or immunosuppressive/ immunomodulatory treatments were also excluded. For each patient operated on within the inclusion period, one complete blood count (CBC) with differential dated at least 24 months before surgery was obtained. When more than one blood test was available, we recorded the closer to diagnosis. Pre-neutrophil-tolymphocyte ratio (Pre-NLR) was calculated by dividing the absolute number of Pre-neutrophils (Pre-Neut) by the absolute number of Pre-lymphocytes (Pre-Lymph). The CBC was performed using Advia 2120 (Siemens Healthcare Diagnostics, Tarrytown NY, USA). The local reference ranges are 4.3– 10.0×10^9 /L for total leucocytes, $2.0-7.0 \times 10^9$ /L for neutrophils, and $0.95-4.5 \times 10^9$ /L for lymphocytes. The same analyser was used throughout the study period, and the quality and reproducibility of test results was validated by data of both internal quality control and external quality assessment.

2.4 Extent of surgery

The main goal of surgery was the complete removal of the tumor (R0 resection), although palliative surgery was carried out in selected cases to treat tumor-related complications. Extent of surgery was planned considering patient's performance status and age and primary tumour location. Surgical approach (open versus

minimally invasive) was based on surgeon's preference and expertise. Anatomical resections with ligation of vessels at their origin were the procedures of choice in order to achieve an adequate lymphadenectomy (27).

2.5 Data collection and follow-up

Clinical and pathological data were retrieved from a retrospective database. The analyzed variables included demographic, clinical, surgical, and pathological characteristics. Patients who died within 30 days from surgery were not considered for survival analysis. Survival and follow-up data were obtained by collecting outpatient clinical records or by contacting the patients or their relatives. Data about recurrence, status at most recent follow-up, and cause of death were registered. Overallsurvival (OS) was defined as the length of time between surgery and death from any cause. Cancer-related survival (CRS) was measured from the date of surgery to the date of death from CRC, whilst patients who died from causes other than cancer were considered censored at the time of death. All methods used in this study were performed in accordance with the relevant ethical guidelines and regulations of the University Hospital of Verona, where the investigation was carried out. Informed consent was obtained from all patients, and the study protocol was approved by the local ethical committee (Comitato Etico per la Sperimentazione Clinica delle Province di Verona e Rovigo, Azienda Ospedaliera Universitaria Integrata Verona; ID number: 58642-CRINF-1560CESC).

2.6 Statistical analysis

Continuous data were presented as means ± standard deviations (SD) or medians (ranges), as appropriate. Categorical data were presented as frequencies. All parameters of Pre-CBC were tested for potential associations with survival after surgery, and those with adequate numerosity and significant associations are presented in the results (Pre-leukocytes (Pre-Leu), Pre-Neut, Pre-Lymph, Pre-NLR). Multivariate analysis of OS and CRS was performed using Cox regression. We fitted an individual Cox regression model for Pre-Leu, Pre-Neut, Pre-Lymph and Pre-NLR adjusting for the following covariates: age, gender (female vs. male), tumor location (rectum vs. colon), histological type (mucinous vs. non-mucinous), setting of surgery (elective vs. urgent), and AJCC/ UICC TNM stage (stage II, stage III and stage IV vs. stage I). Pre-Leu, Pre-Neut, Pre-Lymph, Pre-NLR and age were treated as continuous variables. Prior to fitting the Cox regression model, the distribution of the continuous parameters was inspected and patients with outlier values were removed from the analysis after initial inclusion. Martingale residuals were used to assess the functional form of the continuous covariates and to assess the overall fit of the Cox model. Nonlinearity of the parameters was addressed using spline terms. To choose the model, the goodnessof-fit was assessed using the likelihood ratio test between models with or without spline terms for the continuous parameters. PreLeu, Pre-Neut, Pre-NLR and age were treated as simple linear covariates while Pre-Lymph were modeled with a linear spline with a single knot located in the median. The proportional hazards assumption was checked using the Schoenfeld residual-based test. The variable 'intent of surgery (R0, R1, R2)' was stratified in each Cox model because it violated the proportional hazard assumption. Multicollinearity was checked computing the variance inflation factors (VIF). The significance of the parameters was assessed through the analysis of variance (ANOVA) considering a pvalue < 0.05 statistically significant. Hazard ratios (HR) for continuous parameters were computed as interguartile range (IQR) effects. A subsequent analysis was conducted considering the interval between CBC sample and surgery. The variable ranged between 24 and 180 months, therefore it was sub-categorized into 4 groups: 24-36 months, 37-60 months, 61-120 months, and >120 months before surgery. Survival curves were built estimating the survival probability of the patients in the different time intervals before surgery and considering the 1st quartile, median and 3rd quartile of Pre-Leu, Pre-Neut, Pre-Lymph and Pre-NLR. To accomplish this task, the parameter 'months before surgery' was included in the Cox model for this analysis. The statistical analysis was performed with the R (v4.1.0) programming language and functions of the 'rms' and 'survival' (v3.2-11) packages. The figures were generated using the R packages 'rms', 'ggplot2' (v3.3.3), 'ggpubr' (v0.4.0), 'MASS' and 'scales'.

3 Results

3.1 Patients under study

During the study period, 1674 patients underwent urgent and elective surgery for CRC. Among these, we were able to retrieve prediagnosis full blood count values for 334 patients. The median interval (interquartile range, IQR) between the pre-diagnosis blood sample and surgery was 50 (36 – 84) months.

Table 1 describes the clinic-pathological characteristics of the cohort under study. Median age (range) at diagnosis was 70.1 (27.9 – 91.6) years. Most of the CRC were localized in the right colon (n = 135, 40.4%) followed by the rectum (n = 129, 38.6%). Stages were almost equally distributed within the cohort. Most patients underwent potentially curative surgery (R0 n = 290, 86.8%; R1 n = 8, 2.4%). 72 patients (21.6%) presented mucinous histology. Table 1 also presents the mean values of pre-diagnosis parameters, which were all within normal ranges.

3.2 Longitudinal analysis of Pre-CBC

Being a retrospective study, the interval between Pre-CBC and surgery varied in our cohort, from a minimum of 24 months to a maximum of 180 months. Temporal distribution of parameters is depicted in Figures 1A–D. Despite the correlation index was quite low for all parameters, it should be noted that the value of Pre-Leu, Pre-Neut and Pre-NLR tended to be higher close to surgery, while the value of Pre-Lymph showed an opposite trend.

TABLE 1 Characteristics of the cohort under study.

Patients Data Age, median (range) 334 70.1 (27.9 - 91.6) Gender 334 204 (61.1) Male 204 (61.1) 130 (38.9) CEA, median (range) 195 2.6 (0.1 - 1276.8) Tumor location 334 70.1 (27.9 - 91.6) Tumor location 334 204 (61.1) Female 130 (38.9) 2.6 (0.1 - 1276.8) Tumor location 334 70.2 (21.0) Right colon 135 (40.4) 129 (38.6) Tumor location 334 313 (93.7) Recturn 129 (38.6) 131 (93.7) Intent of surgery, elective (R0-1) 334 298 (89.2) Pathological TNM stage 334 98 (89.2) II 96 (28.7) 11 IV 98 (29.3) 11 IV 98 (29.3) 11 IV 94 (25.1) 12 IV 56 (16.8) 14.0 Istology, adenocarcinoma 334 262/78.4) Grading, poorly differentiated (G3)			
Gender 334 Gender 334 Male 204 (61.1) Female 130 (38.9) CEA, median (range) 195 2.6 (0.1 - 1276.8) Tumor location 334 135 (40.4) Right colon 135 (40.4) 129 (38.6) Left colon 70 (21.0) Return Return 334 313 (93.7) Intent of surgery, elective 334 313 (93.7) Intent of surgery, curative (R0-1) 334 298 (89.2) Pathological TNM stage 334 98 (29.3) II 96 (28.7) 98 (29.3) III 84 (25.1) 98 (29.3) IV 98 (29.3) 11 IV 98 (29.3) 11 IV 98 (29.3) 12 Itistology, adenocarcinoma 334 262/78.4) Grading, poorly differentiated (G3) 262 261/78.4) Phetolignosis complete blood court 14.2 (1.7) Platelets, mean (SD) 334 325.9 (75.8) RDW, mean (SD)		Patients	Data
Image Image Image Male 204 (61.1) Female 130 (38.9) CEA, median (range) 195 2.6 (0.1 - 1276.8) Tumor location 334 Image Right colon 334 Image Left colon 70 (21.0) Return Recturn 334 313 (93.7) Type of surgery, elective 334 313 (93.7) Intent of surgery, curative (R0-1) 334 298 (89.2) It 96 (28.7) 1 It 96 (28.7) 1 III 98 (29.3) 1 IV 98 (29.3) 1 Itstology, adenocarcinoma 334 262/78.4) Grading, poorly differentiated (G3) 262 262/78.4) Pre-diagnosis complete blood court 14.2 (1.7) Platelets, mean (SD) 334 253.9 (75.8) RDW, mean (SD) 334 31.6 (1.2) Icukocytes, mean (SD) 334 21.0(7) Neutrophils, mean (SD) 334 21.10,7) <td>Age, median (range)</td> <td>334</td> <td>70.1 (27.9 – 91.6)</td>	Age, median (range)	334	70.1 (27.9 – 91.6)
Female 130 (38.9) Female 130 (38.9) CEA, median (range) 195 2.6 (0.1 – 1276.8) Tumor location 334 135 (40.4) Right colon 135 (40.4) 129 (38.6) Left colon 70 (21.0) Return 129 (38.6) Type of surgery, elective 334 313 (93.7) Intent of surgery, curative (R0-1) 334 298 (89.2) Pathological TNM stage 334 298 (89.2) I 96 (28.7) 1 I 96 (28.7) 1 II 98 (29.3) 1 III 84 (25.1) 1 IV 56 (16.8) 34 Histology, adenocarcinoma 334 262/78.4) Grading, poorly differentiated (G3) 262 34 (10.2) Hb (g/dL), mean (SD) 334 14.2 (1.7) Platelets, mean (SD) 334 13.6 (1.2) Leukocytes, mean (SD) 334 13.6 (1.2) Neutrophils, mean (SD) 334 4.2 (1.6)	Gender	334	
CEA, median (range) 195 2.6 (0.1 - 1276.8) Tumor location 334 135 (40.4) Left colon 135 (40.4) 129 (38.6) Type of surgery, elective 334 313 (93.7) Intent of surgery, curative (R0-1) 334 298 (89.2) Pathological TNM stage 334 298 (89.2) I 96 (28.7) 1 I 96 (28.7) 1 II 98 (29.3) 1 IV 98 (29.3) 1 IV 56 (16.8) 34 Grading, poorly differentiated (G3) 262 34 (10.2) Pre-diagnosis complete blood cout 14.2 (1.7) 14.2 (1.7) Platelets, mean (SD) 334 13.6 (1.2) RDW, mean (SD) 334 13.6 (1.2) Leukocytes, mean (SD) 334 4.2 (1.6) Neutrophils, mean (SD) 334 4.2 (1.6)	Male		204 (61.1)
Tumor location 334 Right colon 135 (40.4) Left colon 70 (21.0) Rectum 129 (38.6) Type of surgery, elective 334 Junent of surgery, curative (R0-1) 334 Pathological TNM stage 334 I 96 (28.7) II 98 (29.3) III 98 (29.3) III 98 (29.3) IV 56 (16.8) IV 56 (16.8) Histology, adenocarcinoma 334 Grading, poorly differentiated (G3) 262 Pet-diagnosis complete blood cout 253.9 (75.8) Hb (g/dL), mean (SD) 334 13.6 (1.2) RDW, mean (SD) 334 7.2 (1.9) Neutrophils, mean (SD) 334 4.2 (1.6) Leukocytes, mean (SD) 334 4.2 (1.6)	Female		130 (38.9)
Right colon 135 (40.4) Left colon 70 (21.0) Rectum 129 (38.6) Type of surgery, elective 334 Intent of surgery, curative (R0-1) 334 Pathological TNM stage 334 I 96 (28.7) II 98 (29.3) III 98 (29.3) IV 98 (29.3) IV 56 (16.8) Histology, adenocarcinoma 334 Grading, poorly differentiated (G3) 262 Pte-diagnosis complete blood cout 253.9 (75.8) RDW, mean (SD) 334 13.6 (1.2) Leukocytes, mean (SD) 334 2.2 (1.9) Neutrophils, mean (SD) 334 2.2 (1.6)	CEA, median (range)	195	2.6 (0.1 - 1276.8)
Left colon 70 (21.0) Rectum 129 (38.6) Type of surgery, elective 334 313 (93.7) Intent of surgery, curative (R0-1) 334 298 (89.2) Pathological TNM stage 334 96 (28.7) I 96 (28.7) 98 (29.3) II 98 (29.3) 98 (29.3) III 84 (25.1) 98 (29.3) IV 56 (16.8) 34 Grading, poorly differentiated (G3) 262 34 (10.2) Pre-diagnosis complete blood cout 56 (16.8) 34 Hb (g/dL), mean (SD) 334 14.2 (1.7) Platelets, mean (SD) 334 253.9 (75.8) RDW, mean (SD) 334 7.2 (1.9) Neutrophils, mean (SD) 334 4.2 (1.6) Lukocytes, mean (SD) 334 4.2 (1.6)	Tumor location	334	
Rectum 129 (38.6) Type of surgery, elective 334 313 (93.7) Intent of surgery, curative (R0-1) 334 298 (89.2) Pathological TNM stage 334 1 I 96 (28.7) 98 (29.3) II 98 (29.3) 11 IV 98 (29.3) 84 (25.1) IV 56 (16.8) 14.2 (1.7) Ivon Second	Right colon		135 (40.4)
Type of surgery, elective 334 313 (93.7) Intent of surgery, curative (R0-1) 334 298 (89.2) Pathological TNM stage 334 1 I 96 (28.7) 98 (29.3) II 98 (29.3) 98 (29.3) III 84 (25.1) 1 IV 56 (16.8) 56 (16.8) Histology, adenocarcinoma 334 262/78.4) Grading, poorly differentiated (G3) 262 34 (10.2) Pre-diagnosis complete blood cout 14.2 (1.7) Platelets, mean (SD) 334 13.6 (1.2) Leukocytes, mean (SD) 334 7.2 (1.9) Neutrophils, mean (SD) 334 4.2 (1.6) Lymphocytes, mean (SD) 334 2.1 (0.7)	Left colon		70 (21.0)
Intent of surgery, curative (R0-1)334298 (89.2)Pathological TNM stage33496 (28.7)I96 (28.7)98 (29.3)II84 (25.1)98 (29.3)III84 (25.1)10IV56 (16.8)Histology, adenocarcinoma334262/78.4)Grading, poorly differentiated (G3)26234 (10.2)Pre-diagnosis complete blood court33414.2 (1.7)Platelets, mean (SD)33414.2 (1.7)Platelets, mean (SD)33413.6 (1.2)Leukocytes, mean (SD)3347.2 (1.9)Neutrophils, mean (SD)3344.2 (1.6)Lymphocytes, mean (SD)3342.1 (0.7)	Rectum		129 (38.6)
Pathological TNM stage 334 I 96 (28.7) II 98 (29.3) III 84 (25.1) IV 56 (16.8) Histology, adenocarcinoma 334 Grading, poorly differentiated (G3) 262 Pre-diagnosis complete blood court 344 Hb (g/dL), mean (SD) 334 Platelets, mean (SD) 334 Autorphils, mean (SD) 334 Autorphils 4.2 (1.6)	Type of surgery, elective	334	313 (93.7)
I 96 (28.7) II 98 (29.3) III 84 (25.1) IV 56 (16.8) Histology, adenocarcinoma 334 262/78.4) Grading, poorly differentiated (G3) 262 34 (10.2) Pre-diagnosis complete blood cout 334 14.2 (1.7) Hb (g/dL), mean (SD) 334 14.2 (1.7) Platelets, mean (SD) 334 253.9 (75.8) RDW, mean (SD) 334 13.6 (1.2) Neutrophils, mean (SD) 334 4.2 (1.6) Neutrophils, mean (SD) 334 2.1 (0.7)	Intent of surgery, curative (R0-1)	334	298 (89.2)
II 98 (29.3) III 98 (29.3) III 84 (25.1) IV 56 (16.8) Histology, adenocarcinoma 334 262/78.4) Grading, poorly differentiated (G3) 262 34 (10.2) Pre-diagnosis complete blood court 334 14.2 (1.7) Platelets, mean (SD) 334 253.9 (75.8) RDW, mean (SD) 334 13.6 (1.2) Leukocytes, mean (SD) 334 7.2 (1.9) Neutrophils, mean (SD) 334 4.2 (1.6) Lymphocytes, mean (SD) 334 2.1 (0.7)	Pathological TNM stage	334	
III 84 (25.1) IV 56 (16.8) Histology, adenocarcinoma 334 262/78.4) Grading, poorly differentiated (G3) 262 34 (10.2) Pre-diagnosis complete blood court 334 14.2 (1.7) Platelets, mean (SD) 334 253.9 (75.8) RDW, mean (SD) 334 13.6 (1.2) Leukocytes, mean (SD) 334 4.2 (1.6) Neutrophils, mean (SD) 334 4.2 (1.6) Lymphocytes, mean (SD) 334 2.1 (0.7)	Ι		96 (28.7)
IV56 (16.8)Histology, adenocarcinoma334262/78.4)Grading, poorly differentiated (G3)26234 (10.2)Pre-diagnosis complete blood court33414.2 (1.7)Hb (g/dL), mean (SD)334253.9 (75.8)RDW, mean (SD)33413.6 (1.2)Leukocytes, mean (SD)3347.2 (1.9)Neutrophils, mean (SD)3344.2 (1.6)Lymphocytes, mean (SD)3342.1 (0.7)	II		98 (29.3)
Histology, adenocarcinoma334262/78.4)Grading, poorly differentiated (G3)26234 (10.2)Pre-diagnosis complete blood count14.2 (1.7)Hb (g/dL), mean (SD)33414.2 (1.7)Platelets, mean (SD)334253.9 (75.8)RDW, mean (SD)33413.6 (1.2)Leukocytes, mean (SD)3347.2 (1.9)Neutrophils, mean (SD)3344.2 (1.6)Lymphocytes, mean (SD)3342.1 (0.7)	III		84 (25.1)
Grading, poorly differentiated (G3)26234 (10.2)Pre-diagnosis complete blood court14.2 (1.7)Hb (g/dL), mean (SD)33414.2 (1.7)Platelets, mean (SD)334253.9 (75.8)RDW, mean (SD)33413.6 (1.2)Leukocytes, mean (SD)3347.2 (1.9)Neutrophils, mean (SD)3344.2 (1.6)Lymphocytes, mean (SD)3342.1 (0.7)	IV		56 (16.8)
Pre-diagnosis complete blood count Hb (g/dL), mean (SD) 334 14.2 (1.7) Platelets, mean (SD) 334 253.9 (75.8) RDW, mean (SD) 334 13.6 (1.2) Leukocytes, mean (SD) 334 7.2 (1.9) Neutrophils, mean (SD) 334 4.2 (1.6) Lymphocytes, mean (SD) 334 2.1 (0.7)	Histology, adenocarcinoma	334	262/78.4)
Hb (g/dL), mean (SD) 334 14.2 (1.7) Platelets, mean (SD) 334 253.9 (75.8) RDW, mean (SD) 334 13.6 (1.2) Leukocytes, mean (SD) 334 7.2 (1.9) Neutrophils, mean (SD) 334 4.2 (1.6) Lymphocytes, mean (SD) 334 2.1 (0.7)	Grading, poorly differentiated (G3)	262	34 (10.2)
Platelets, mean (SD) 334 253.9 (75.8) RDW, mean (SD) 334 13.6 (1.2) Leukocytes, mean (SD) 334 7.2 (1.9) Neutrophils, mean (SD) 334 4.2 (1.6) Lymphocytes, mean (SD) 334 2.1 (0.7)	Pre-diagnosis complete blood cou	int	
RDW, mean (SD) 334 13.6 (1.2) Leukocytes, mean (SD) 334 7.2 (1.9) Neutrophils, mean (SD) 334 4.2 (1.6) Lymphocytes, mean (SD) 334 2.1 (0.7)	Hb (g/dL), mean (SD)	334	14.2 (1.7)
Leukocytes, mean (SD) 334 7.2 (1.9) Neutrophils, mean (SD) 334 4.2 (1.6) Lymphocytes, mean (SD) 334 2.1 (0.7)	Platelets, mean (SD)	334	253.9 (75.8)
Neutrophils, mean (SD) 334 4.2 (1.6) Lymphocytes, mean (SD) 334 2.1 (0.7)	RDW, mean (SD)	334	13.6 (1.2)
Lymphocytes, mean (SD) 334 2.1 (0.7)	Leukocytes, mean (SD)	334	7.2 (1.9)
	Neutrophils, mean (SD)	334	4.2 (1.6)
NLR, mean (SD) 334 2.3 (1.3)	Lymphocytes, mean (SD)	334	2.1 (0.7)
	NLR, mean (SD)	334	2.3 (1.3)

Data in parentheses are percentages unless specified otherwise. SD: standard deviation: NLR: neutrophils-to-lymphocytes ratio.

3.3 Association between Pre-CBC and survival

All parameters of Pre-CBC were tested for potential associations with survival after surgery through multivariable analysis. An individual Cox regression was conducted for Pre-Leu, Pre-Neut, Pre-Lymph and Pre-NLR adjusting for age, gender, tumor location, histological type, setting of surgery, and AJCC/UICC pTNM stage as previously described. As shown in Table 2, all the parameters of Pre-CBC resulted to be independent prognostic factors for OS and CRS. Other significant prognostic factors were age for OS (p<0.001), and TNM stage for both OS and CRS (p<0.001).

Since Pre-Leu, Pre-Neut, Pre-Lymph and Pre-NLR were tested as continuous variables, the hazard ratio (HR, 95% CI) deriving from multivariable analysis was plotted against the values of the parameters. Figures 2, 3 show the trend of the HR for OS and CRS, respectively. Both Figures show a progressive rise in the HR with increasing values of Pre-Leu, Pre-Neut, and Pre-NLR. It should be noted how the curve is particularly steep for Pre-NLR as soon as the value exceed the threshold of 3. On the other hand, the HR associated with Pre-Lymph shows a dual trend, consisting of a sharp increase in HR for values of Pre-Lymph below 1.5 x 10^9/L, but also a moderate rise for values above 3 x 10^9/L.

3.4 Effect of the interval time before diagnosis

To further evaluate the interaction between pre-diagnosis interval and survival, the interval between Pre-CBC sample and surgery was sub-categorized into 4 groups (24-36 months, 37-60 months, 61-120 months, and >120 months before surgery). Survival curves for CRS were built estimating the survival probability of the patients in the different time intervals and considering the 1st quartile, median and 3rd quartile of Pre-Leu, Pre-Neut, Pre-Lymph and Pre-NLR (Supplementary Figure 1). As depicted in the Supplementary Figure, CRS of patients with Pre-Leu, Pre-Neut and Pre-NLR in the 3rd quartile was worse than that of patients with median and 1st quartile values, regardless of the interval between pre-diagnosis sample and surgery. On the contrary, patients with Pre-Lymph values in the lowest (1st) quartile showed worse CRS after surgery, compared to the median and 3rd quartile. Interestingly, differences between curves were more pronounced when the Pre-CBC sample was taken between 24 and 36 months before surgery, compared to patients whose Pre-CBC dated over 120 months before diagnosis.

4 Discussion

Mounting evidence in recent years advocates a relevant role to chronic inflammation and host immune system in cancer development, progression, and prognosis (8, 9, 28). Notably, the ability to escape immune destruction is now considered within the fourteen core hallmarks of cancer (16). Many studies investigated the relationship between altered immune profile at diagnosis and survival in CRC (17, 18, 29-31) and other solid tumours (12, 15, 32, 33), but none assessed longitudinal changes in these parameters nor the association of Pre-CBC and post-operative survival. In fact, this is the first study ever that investigated the relationship between prediagnosis immune profile (at least 24 months before surgery) and cancer survival. The main findings of our study are: i) changes in the immune profile happen years before CRC diagnosis, with a rising trend for Pre-Leu, Pre-Neut and Pre-NLR, and a decreasing trend for Pre-Lymph; ii) Pre-CBC values are independent prognostic factors at multivariable analysis for OS and CRS; iii) the HR for OS and CRS increases proportionally with increasing values of Pre-Leu, Pre-Neut, and Pre-NLR, while the association with Pre-Lymph shows a dual trend; iv) Patients with the highest values of Pre-Leu, Pre-Neut and Pre-NLR or with the lowest values of Pre-Lymph



present worse CRS after surgery, and the differences between subgroups are more pronounced approaching the date of diagnosis.

Despite the association between inflammation, immune system and cancer is a well-studied topic, the body of evidence on prediagnosis inflammatory markers and increased risk of cancer is scarce. Some studies from primary care evaluated the rate of incident cancers in subjects with raised inflammatory markers through the analysis of cancer and population-based registries.

TABLE 2 Multivariable analysis for OS and CRS.

	OS HR (95% CI)	p value	CRS HR (95% CI)	p value
Age	2.03 (1.47 - 2.79)	<0.001	1.36 (0.92 – 2.01)	0.13
Gender		0.99		0.49
Male	-		_	
Female	1.00 (0.67 - 1.48)		1.20 (0.71 - 2.00)	
Tumor location		0.47		0.56
Colon	-		_	
Rectum	0.83 (0.50 - 1.38)		0.83 (0.44 - 1.57)	
Type of surgery		0.07		0.24
Elective	-			
Urgent	1.81 (0.95 - 3.47)		1.77 (0.68 - 4.56)	
Pathological TNM stage		<0.001		<0.001
Ι	-		-	

(Continued)

TABLE 2 Continued

	OS HR (95% CI)	p value	CRS HR (95% CI)	p value
II	1.68 (0.87 - 3.25)		0.91 (0.32 - 2.59)	
III	2.88 (1.51 - 5.50)		3.68 (1.52 - 8.89)	
IV	6.1 (2.89 - 12.87)		9.18 (3.51 - 24.06)	
Histological type		0.10		0.36
Adenocarcinoma	-		-	
Mucinous	0.61 (0.36 - 1.04)		0.68 (0.35 - 1.32)	
Pre-NLR*	1.41 (1.22 - 1.62)	<0.001	1.51 (1.26 - 1.81)	<0.001
Pre-Leukocytes*	1.37 (1.09 – 1.71)	0.006	1.61 (1.121 – 2.13)	<0.001
Pre-Neutrophils*	1.41 (1.17 – 1.70)	0.003	1.65 (1.30 - 2.09)	<0.001
Pre-Lymphocytes*	0.76 (0.62 - 0.94)	<0.001	0.76 (0.59 – 0.99)	<0.001

*Hematological parameters were inputted separately in multivariable analysis. We report HR (95% CI) of the multivariable analysis including NLR.

Statically significant p values are reported in bold.

"-" refers to the reference category.

Although the incidence of cancer was higher in patients with raised pre-diagnosis inflammatory markers, these presented poor sensitivity (25, 34, 35). Zhou and colleagues analyzed primary care blood tests up to 12 months prior to diagnosis in 4533

patients who developed bladder and renal cancer, and found increased rates of raised inflammatory markers from 6-8 months prior to diagnosis (22). Similarly, Moullet and colleagues identified low hemoglobin, high platelets and increased inflammatory



FIGURE 2

Overall survival (OS) analysis. Hazard ratio (HR) resulting from Cox regression model including Pre-Leu (A), Pre-Neut (B), Pre-Lymph (C), and Pre-NLR (D) adjusting for the following covariates: age, gender, tumor location, histological type, setting of surgery, AJCC/UICC TNM stage, and presence of residual tumor. Values in parenthesis are 95% confidence intervals (CI) for HR. Box plots on top of each figure represent the distributions of each parameter.



distributions of each parameter

markers as early as 9 months prior to the diagnosis of CRC (24). In line with the results of these studies, we also described a progressive change in CBC as early as 24 months prior to diagnosis, with a tendency of Pre-Leu, Pre-Neut, and Pre-NLR to increase, and a decreasing trend for Pre-Lymph.

Interestingly, the analysis of approximately 440000 participants from the large prospective UK Biobank identified a positive association between four immune-related markers (systemic immune-inflammation index [SII], NLR, platelet-to-lymphocyte ration [PLR], and lymphocyte-to-monocyte ratio [LMR]) and risk of several cancers. With respect to CRC, the authors described a positive association with SII, NLR, and PLR, and a negative association with LMR. Also, the association between systemic inflammation markers and the risk varied according to the time between blood drawn and diagnosis. Specifically, no clear association was observed until 4-5 years prior to the diagnosis, with subsequently elevated HR estimates within the last year before diagnosis (23). Apart from Pre-Leu, Pre-Neut, Pre-Lymph, and Pre-NLR, we also considered Pre-LMR as a potential immune-related marker but we did not include it in the final analysis as Pre-monocyte was available only for 257 patients. However, also in our cohort Pre-LMR showed a negative correlation with survival (data not shown). While the study on the UK Biobank only assessed the correlation of inflammatory markers with the risk of cancer development and did not infer on cancer prognosis, it still highlighted a significant role of blood cell ratios as early biomarkers of immune response shift to an already developing tumor process. The early identification of immunological changes may represent a window of opportunity for early diagnosis of cancer. However, it should be more extensively investigated whether these alterations in Pre-CBC represent the *primum movens* of cancer pathogenesis in predisposed patients or just an epiphenomenon of tumour growth.

The balance between immune surveillance by the cellular immunity and the capability of tumour cells to avoid immune destruction represents one of the crucial points in cancer progression (16). Lymphocytes can act as tumour suppressors through the release of lytic components and direct cell-cell interaction (36, 37). Neutrophils, on the other hand, can prompt cell proliferation because of inflammation and production of cytokines and chemokines that promote tumour growth, angiogenesis, and metastasis (36, 38, 39). Accordingly, increased NLR represents an easily available and adequate biomarker of a pro-tumorigenic immune shift. It should be noted that the median values of Pre-CBC components were within normal ranges. Therefore, although we identified a significant prognostic role of these immunological parameters, further studies on specific sub-populations will be needed to aid clinical applicability.

Some limitations of the study should be acknowledged. Due to its retrospective nature, it was not possible to retrieve complete data for all variables, in particular Pre-CBC for all patients. From an initial population of 1674 patients, we were in fact able to obtain Pre-CBC just for 334 patients, who were however representative of the global cohort as demonstrated by clinical and pathological characteristics (Table 1). Also, although we excluded patients with clear evidence of an ongoing infection, autoimmune disorders, treated with corticosteroids or immunosuppressive/immunomodulatory therapy, and blood samples associated with admission to the Emergency Department, it may be possible that some alterations in Pre-CBC were consequence of a subclinical inflammatory or infective condition. Finally, no information is available on the different subtypes of lymphocytes. It is sensible to believe that the involvement of different subpopulations may account for the dual trend in HR in relationship to Pre-Lymph values.

On the other hand, it should be noted that this is the first study evaluating pre-diagnosis CBC and its correlation with postoperative survival in a fairly large cohort of surgically resected CRC. Further studies will be required to confirm our results, as well as to deeply investigate the complex interaction between cancer and immunity cells. Future perspective may involve characterisation of the role of the different sub-classes of lymphocytes and neutrophils together with the cross-talk between circulating and TME cells.

5 Conclusions

Given the known correlation between inflammation and cancer, and the prognostic role of some inflammatory markers, our study aimed at assessing changes in complete blood count occurring even before the diagnosis of CRC. After controlling for relevant covariates, Pre-Leu, Pre-Neut, Pre-Lymph, and Pre-NLR proved to be independent prognostic factors for OS and CRS.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, upon reasonable request to the corresponding author.

Ethics statement

The studies involving human participants were reviewed and approved by Comitato Etico per la Sperimentazione Clinica delle

Province di Verona e Rovigo, Azienda Ospedaliera Universitaria Integrata Verona. The patients/participants provided their written informed consent to participate in this study.

Author contributions

Conceptualization: GT, SU, VBr, and CP Methodology: GT, SC, CP. Software: SC. Validation: CC, SZ. Formal analysis: GT, SC. Data curation: GT, CC, SZ. Writing—original draft preparation: GT, SC, SU, CP. Writing—review and editing: GT, CC, VBa, AS, GL, AR, VBr, AG, CP. Supervision: SU, VBa, GL, AS, AR, VBr, AG, CP. All authors have read and agreed to the published version of the manuscript.

Funding

This research was funded by Open Access Funding provided by UNIVERSITA' DEGLI STUDI DI VERONA within the CRUI-CARE Agreement. WOA Institution: Università degli Studi di Verona. Blended DEAL: CARE. Also funded by S. Ugel grants of the Fondazione Italiana per la Ricerca sul Cancro (AIRC) (MFAG project: 21509), PRIN program (MIUR, CUP: B38D19000140006) and Research and National Center for Gene Therapy and Drugs based on RNA Technology (application code CN00000041, Mission 4, Component 2 Investment 1.4, funded from the European Union -NextGenerationEU, CUP B33C22000630001) of Italian Ministry of Education, University.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fonc.2023.1148197/ full#supplementary-material

10.3389/fonc.2023.1148197

References

1. Balkwill F, Mantovani A. Inflammation and cancer: back to virchow? Lancet (2001) 357:539-45. doi: 10.1016/S0140-6736(00)04046-0

2. Mantovani A, Allavena P, Sica A, Balkwill F. Cancer-related inflammation. Nature (2008) 454:436-44. doi: 10.1038/nature07205

3. Schmid P, Adams S, Rugo HS, Schneeweiss A, Barrios CH, Iwata H, et al. Atezolizumab and nab-paclitaxel in advanced triple-negative breast cancer. *N Engl J Med* (2018) 379(22):2108–21. doi: 10.1056/NEJMoa1809615

4. da Silveira Nogueira Lima JP, Georgieva M, Haaland B, de Lima Lopes G. A systematic review and network meta-analysis of immunotherapy and targeted therapy for advanced melanoma. *Cancer Med* (2017) 6(6):1143–53. doi: 10.1002/cam4.1001

5. Ganesh K, Stadler ZK, Cercek A, Mendelsohn RB, Shia J, Segal NH, et al. Immunotherapy in colorectal cancer: rationale, challenges and potential. *Nat Rev Gastroenterol Hepatol* (2019) 16(6):361–75. doi: 10.1038/s41575-019-0126-x

6. Lichtenstern CR, Ngu RK, Shalapour S, Karin M. Immunotherapy, inflammation and colorectal cancer. *Cells* (2020) 9:618. doi: 10.3390/cells9030618

7. Solinas G, Marchesi F, Garlanda C, Mantovani A, Allavena P. Inflammationmediated promotion of invasion and metastasis. *Cancer Metastasis Rev* (2010) 29 (2):243-8. doi: 10.1007/s10555-010-9227-2

8. Colotta F, Allavena P, Sica A, Garlanda C, Mantovani A. Cancer-related inflammation, the seventh hallmark of cancer: links to genetic instability. *Carcinogenesis* (2009) 30:1073–81. doi: 10.1093/carcin/bgp127

9. Hanahan D, Weinberg RA. Hallmarks of cancer: the next generation. *Cell* (2011) 144:646–74. doi: 10.1016/j.cell.2011.02.013

10. Schreiber RD, Old LJ, Smyth MJ. Cancer immunoediting: integrating immunity's roles in cancer suppression and promotion. *Science* (2011) 331:1565–70. doi: 10.1126/science.1203486

11. Galon J, Angell HK, Bedognetti D, Marincola FM. The continuum of cancer immunosurveillance: prognostic, predictive, and mechanistic signatures. *Immunity* (2013) 39:11–26. doi: 10.1016/j.immuni.2013.07.008

12. Yin X, Wu L, Yang H, Yang HB. Prognostic significance of neutrophil-lymphocyte ratio (NLR) in patients with ovarian cancer: a systematic review and meta-analysis. *Med* (*Baltimore*) (2019) 98(45):e17475. doi: 10.1097/MD.000000000017475

13. McSorley ST, Lau HYN, McIntosh D, Forshaw MJ, McMillan DC, Crumley AB. Staging the tumor and staging the host: pretreatment combined neutrophil lymphocyte ratio and modified Glasgow prognostic score is associated with overall survival in patients with esophagogastric cancers undergoing treatment with curative intent. *Ann Surg Oncol* (2021) 28(2):722–31. doi: 10.1245/s10434-020-09074-5

14. Proctor MJ, Morrison DS, Talwar D, Balmer SM, Fletcher CD, O'reilly DSJ, et al. A comparison of inflammation-based prognostic scores in patients with cancer. a Glasgow inflammation outcome study. *Eur J Cancer* (2011) 47(17):2633–41. doi: 10.1016/j.ejca.2011.03.028

15. Conci S, Campagnaro T, Danese E, Lombardo E, Isa G, Vitali A, et al. Role of inflammatory and immune-nutritional prognostic markers in patients undergoing surgical resection for biliary tract cancers. *Cancers (Basel)* (2021) 13(14):3594. doi: 10.3390/cancers13143594

16. Hanahan D. Hallmarks of cancer: new dimensions. *Cancer Discov* (2022) 47:31–46. doi: 10.1158/2159-8290.CD-21-1059

17. Pedrazzani C, Mantovani G, Fernandes E, Bagante F, Luca Salvagno G, Surci N, et al. Assessment of neutrophil-to-lymphocyte ratio, platelet-to-lymphocyte ratio and platelet count as predictors of long-term outcome after R0 resection for colorectal cancer. *Sci Rep* (2017) 7(1):1–10. doi: 10.1038/s41598-017-01652-0

18. Turri G, Barresi V, Valdegamberi A, Gecchele G, Conti C, Ammendola S, et al. Clinical significance of preoperative inflammatory markers in prediction of prognosis in node-negative colon cancer: correlation between neutrophil-to-lymphocyte ratio and poorly differentiated clusters. *Biomedicines* (2021) 9(1):1–11. doi: 10.3390/biomedicines9010094

19. Dell'Aquila E, Cremolini C, Zeppola T, Lonardi S, Bergamo F, Masi G, et al. Prognostic and predictive role of neutrophil/lymphocytes ratio in metastatic colorectal cancer: a retrospective analysis of the TRIBE study by GONO. *Ann Oncol* (2018) 29 (4):924–30. doi: 10.1093/annonc/mdy004

20. Park JH, Ishizuka M, McSorley ST, Kubota K, Roxburgh CSD, Nagata H, et al. Staging the tumor and staging the host: a two centre, two country comparison of systemic inflammatory responses of patients undergoing resection of primary operable colorectal cancer. *Am J Surg* (2018) 216(3):458–64. doi: 10.1016/j.amjsurg.2017.08.044

21. Pedrazzani C, Turri G, Mantovani G, Conti C, Ziello R, Conci S, et al. Prognostic value of thrombocytosis in patients undergoing surgery for colorectal cancer with synchronous liver metastases. *Clin Transl Oncol* (2019) 21(12):1644–53. doi: 10.1007/s12094-019-02093-z

22. Zhou Y, Walter FM, Mounce L, Abel GA, Singh H, Hamilton W, et al. Identifying opportunities for timely diagnosis of bladder and renal cancer via abnormal blood tests: a longitudinal linked data study. *Br J Gen Pract* (2022) 72 (714):E19–25. doi: 10.3399/BJGP.2021.0282

23. Nøst TH, Alcala K, Urbarova I, Byrne KS, Guida F, Sandanger TM, et al. Systemic inflammation markers and cancer incidence in the UK biobank. *Eur J Epidemiol* (2021) 36(8):841–8. doi: 10.1007/s10654-021-00752-6

24. Moullet M, Funston G, Mounce LT, Abel GA, de Wit N, Walter FM, et al. Prediagnostic clinical features and blood tests in patients with colorectal cancer: a retrospective linked-data study. *Br J Gen Pract* (2022) 72:E556–63. doi: 10.3399/ BJGP.2021.0563

25. Fest J, Ruiter R, Mulder M, Groot Koerkamp B, Ikram MA, Stricker BH, et al. The systemic immune-inflammation index is associated with an increased risk of incident cancer-a population-based cohort study. *Int J Cancer* (2020) 146(3):692–8. doi: 10.1002/ijc.32303

26. Edge SB, Byrd DR, Compton CC, Fritz AG, Green FL, Trotti A. AJCC cancer staging manual, 7th Edition. (New York: Springer) (2010).

27. Pedrazzani C, Lauka L, Sforza S, Ruzzenente A, Nifosì F, Delaini GG, et al. Management of nodal disease from colon cancer in the laparoscopic era. *Int J Colorectal Dis* (2015) 30(3):303–14. doi: 10.1007/s00384-014-2075-8

28. Park JH, Watt DG, Roxburgh CSD, Horgan PG, McMillan DC. Colorectal cancer, systemic inflammation, and outcome: staging the tumor and staging the host. *Ann Surg* (2016) 263(2):326–36. doi: 10.1097/SLA.000000000001122

29. Zhang J, Zhang H-Y, Li J, Shao X-Y, Zhang C-X, The elevated NLR. PLR and PLT may predict the prognosis of patients with colorectal cancer: a systematic review and meta-analysis. *Oncotarget* (2017) 8(40):68837-46. doi: 10.18632/ oncotarget.18575

30. Malietzis G, Giacometti M, Askari A, Nachiappan S, Kennedy RH, Faiz OD, et al. A preoperative neutrophil to lymphocyte ratio of 3 predicts disease-free survival after curative elective colorectal cancer surgery. *Ann Surg* (2014) 260(2):287–92. doi: 10.1097/SLA.00000000000216

31. Kozak MM, von Eyben R, Pai JS, Anderson EM, Welton ML, Shelton AA, et al. The prognostic significance of pretreatment hematologic parameters in patients undergoing resection for colorectal cancer. *Am J Clin Oncol [Internet]* (2017) 40 (4):405–12. doi: 10.1097/COC.00000000000183

32. Diem S, Schmid S, Krapf M, Flatz L, Born D, Jochum W, et al. Neutrophil-to-Lymphocyte ratio (NLR) and platelet-to-Lymphocyte ratio (PLR) as prognostic markers in patients with non-small cell lung cancer (NSCLC) treated with nivolumab. *Lung Cancer* (2017) 111:176–81. doi: 10.1016/j.lungcan.2017.07.024

33. Zhang X, Zhang W, Feng LJ. Prognostic significance of neutrophil lymphocyte ratio in patients with gastric cancer: a meta-analysis. *PloS One* (2014) 9(11). doi: 10.1371/journal.pone.0111906

34. Watson J, Salisbury C, Banks J, Whiting P, Hamilton W. Predictive value of inflammatory markers for cancer diagnosis in primary care: a prospective cohort study using electronic health records. *Br J Cancer* (2019) 120(11):1045–51. doi: 10.1038/ s41416-019-0458-x

35. Watson J, Salisbury C, Whiting P, Banks J, Pyne Y, Hamilton W. Added value and cascade effects of inflammatory marker tests in UK primary care: a cohort study from the clinical practice research datalink. *Br J Gen Pract* (2019) 69(684):E470–8. doi: 10.3399/bjgp19X704321

36. Grivennikov SI, Greten FR, Karin M. Immunity, inflammation, and cancer. *Cell* (2010) 140:883–99. doi: 10.1016/j.cell.2010.01.025

37. Titu LV, Monson JR, Greenman J. The role of CD8+ T cells in immune responses to colorectal cancer. *Cancer Immunol Immunother* (2002) 51(5):235-47. doi: 10.1007/s00262-002-0276-4

38. Mizuno R, Kawada K, Itatani Y, Ogawa R, Kiyasu Y, Sakai Y. The role of tumorassociated neutrophils in colorectal cancer. *Int J Mol Sci* (2019) 20(3):1–14. doi: 10.3390/ijms20030529

39. Fridlender ZG, Albelda SM. Tumor-associated neutrophils: friend or foe? Carcinogenesis (2012) 33(5):949-55. doi: 10.1093/carcin/bgs123