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RECEIVED 22 July 2025

ACCEPTED 30 September 2025

PUBLISHED 17 October 2025

CITATION

Abidov A and Bayer DK (2025) Atopic dermatitis, primary atopic disorders, and the cutaneous microbiome: current understanding of an expanding field. *Front. Pediatr.* 13:1670623. doi: 10.3389/fped.2025.1670623

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Atopic dermatitis, primary atopic disorders, and the cutaneous microbiome: current understanding of an expanding field

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Atopic dermatitis is a common inflammatory skin disease with rapidly expanding worldwide prevalence. Increasingly, cases of severe and early-onset dermatitis have been identified and found to be due to underlying monogenic mutations, leading to immune dysregulation. These conditions, called primary atopic disorders, have become an area of extensive study over the last 30 years. Simultaneously, our understanding of the human microbiome has steadily grown, and there is clear evidence that dysbiosis plays a major role in atopic dermatitis, not only in severity of disease and as a potential trigger but also offering clues for targeted treatment strategies. Unfortunately, despite our growing understanding of the cutaneous microbiome and the expanding availability of genetic testing allowing for diagnosis of primary atopic disorders, there remains very limited understanding regarding the microbiomics changes that underlie these disorders. Here we review the current research regarding atopic dermatitis in the setting of primary atopic disorders, understanding regarding primary atopic disorders and associated cutaneous dysbiosis, and identify specific gaps in knowledge.

KEYWORDS

atopic dermatitis, microbiome, primary atopic disorder, immunodeficiency, inborn errors of immunity

Introduction

Atopic dermatitis (AD) is an increasingly common, chronic, inflammatory skin disease characterized by epidermal barrier breakdown and dysregulated inflammation, predominantly via Th2-mediated inflammatory pathways. The resulting pruritic, eczematous lesions are the prototypical early manifestation of the so-called atopic march, the progressive development of AD followed by development of other atopic diseases, such as allergic rhinitis, food allergy, asthma, and eosinophilic esophagitis (1). Recent studies suggest that halting the progression of AD may reduce future systemic allergic sensitization to antigens—although evidence remains limited on the effect this may have on the atopic march (1–4). Given the rising worldwide prevalence of atopic diseases (5), early identification and management of AD has become increasingly critical.

As the focus on AD management has grown, significant progress has been made in understanding the correlation between dysregulation of the skin barrier and changes in

the skin microbiome. Enhanced skin colonization by *Staphylococcus aureus* and resultant enzyme and superantigen production has been the best characterized change in the microbiome of patients with AD (6). However, numerous other cutaneous bacterial, fungal, and viral taxa have been identified and studied in the pathogenesis of AD (7). Notably, loss of certain commensal skin bacteria, in particular *S. epidermidis* and *S. hominis*, has also been associated with increased AD severity (8, 9). Recent studies have shown that commensal microbes may have antipathogenic effects via direct pathogen-inhibiting molecules (10–13) and via modulation of the cutaneous barrier (10, 14, 15). Given the microbiome's likely role in the pathogenesis of AD, the effects of specific AD treatments on the skin microbiome have also been studied extensively to better elucidate the pathogenesis of this disease and to develop more targeted treatment options (6). The relationship between the microbiome and skin health is not just skin deep, however, and multiple researcher groups have identified a so-called gut-skin axis, where changes in the gut microbiome may lead to changes in skin health (16–19). These findings imply a microbiome-immune axis, where changes in the human microbiome—regardless of skin location—may lead to increased immune dysregulation.

Given that the changing prevalence of AD cannot be explained by genetic shifts alone (18), there has been an increased interest in the effects of environmental changes leading to a propensity for AD development (18, 20). The list of environmental factors affecting AD development is vast and includes pollutants, rural vs. urban living, allergens, medications, and microbial exposures (including to antibiotic-resistant pathogens) (18, 21, 22). In recent decades, cases of very early onset, severe, and unique presentations of AD have also been identified. These cases have

led to the characterization of a group of inborn errors of immunity typically presenting with early and severe AD, termed primary atopic disorders (PADs) (23). PADs are defined as monogenic diseases presenting with significant allergy and/or atopy as characteristic features, frequently manifesting with an eczematous dermatitis (23). Most PADs have been characterized within the last 30 years (24). Apart from highly prevalent loss-of-function (LOF) variants in *FLG*, which codes for the crucial epidermal barrier protein filaggrin, most PADs result in significant immune dysfunction with high risk for severe infections (23–26). Categorization of these disorders is not standardized given significant functional and symptomatic overlap, and new PADs are rapidly being discovered. Additionally, it appears likely that environmental exposures may further modulate clinical onset of PADs (22, 27), leading to variability in presentations. Given the importance of early treatment of these immune compromised patients, early diagnosis is paramount.

While the skin microbiome in AD has been extensively researched, there is very limited available literature regarding differences in the skin microbiome of patients with PADs. This is in contrast to the gut microbiome in primary immunodeficiencies, which has been evaluated in much greater detail (17, 28). Treatments modifying the gut microbiome in patients with PADs have also been studied (17, 28, 29).

The available data reviewed in the following sections suggests that immune dysfunction in PADs significantly influences the cutaneous microbiome. In Figure 1, we review the factors that influence AD and associated cutaneous microbiome alterations, including in this unique patient population. Later, we will discuss the current understanding of the difference in the skin microbiome in patients with the most extensively studied PADs,

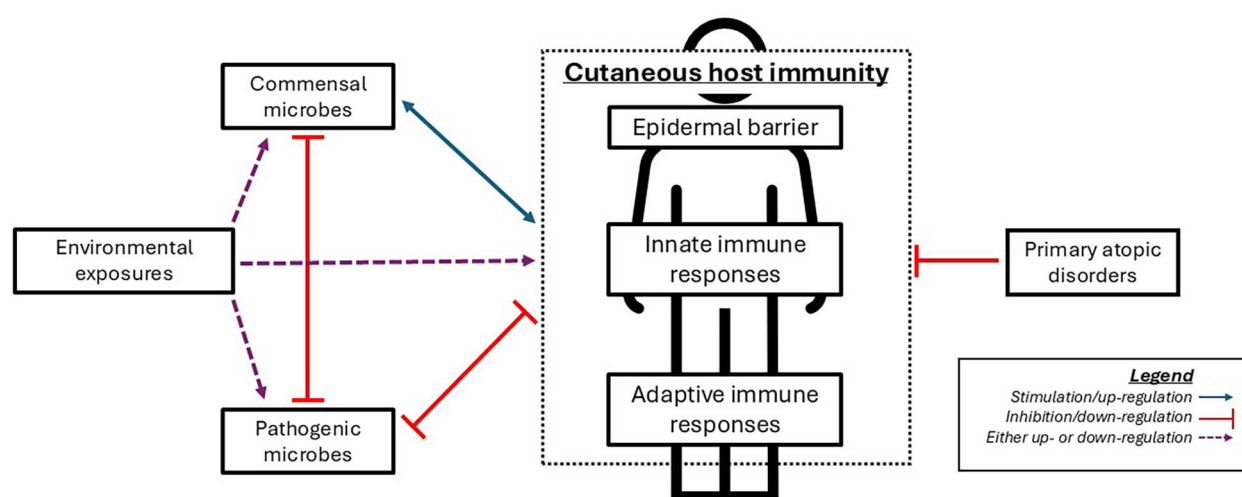


FIGURE 1

Simplified representation of interactions between microbes, cutaneous immunity, and primary atopic disorders. Commensal microbes play a major role in cutaneous immune function via inhibition of potential pathogens and regulation of certain immune functions. Appropriate immune responses help foster a healthy microbiome, which conversely fosters appropriate immune responses. Disruption in normal cutaneous immunity (e.g., via environmental exposures or primary atopic disorders) leads to microbiome changes which promote pathogenic microbes, which can further inhibit the normal microbiome and normal immune function.

along with a general review of these PADs and of diseases that mimic PAD pathology.

Skin microbiome in AD

We have been aware in recent years of the important role that commensal microorganisms play in normal immune function. The healthy skin microbiome consists of a diverse community of bacteria, fungi, and viruses, responsible for impeding the growth of pathogens, presumably through competition and both direct and indirect antimicrobial effects. Bacteria make up the majority of commensal microbes, with *Corynebacterium*, *Cutibacterium*, *Micrococcus*, *Staphylococcus*, *Streptococcus*, Betaproteobacteria, and Gammaproteobacteria being the most common (30). *Malassezia* spp., in particular *M. globosa* and *M. restricta*, are the most prevalent fungal colonizers (31). Skin microbial diversity varies by body location, the type of skin, skin moisture, patient age, and patient ethnicity, with healthy children displaying especially diverse microbiota as compared to adults (6, 30).

In patients with AD, skin microbial composition differs compared to controls with over-representation predominantly of *S. aureus*, although a definitive causal relationship has not been clearly defined. In disease flares, diversity appears to shift towards less varied communities with an increased proportion of *S. aureus* in the skin compared to after flares are resolved; a similar difference is noted between lesional and non-lesional skin in patients with AD (30, 32). Conversely, increased proportions of certain *Staphylococcus* species (such as *S. epidermidis* and *S. hominis*) and other common commensal bacteria (*Streptococcus*, *Corynebacteria*, and *Propionibacterium*) have been associated with reduced AD rates and severity (33). Many of these commensal organisms have been found to directly and indirectly protect host skin via multiple mechanisms, such as secretion of lantibiotics or promoting antimicrobial peptides such as β -defensins which may suppress *S. aureus* (6, 9). In patients with AD, the majority of *S. aureus* strains produce superantigens, such as staphylococcal enterotoxin B, which can further exaggerate Th2 inflammatory responses and exacerbate AD (2, 9, 34). Other studies have focused on differences in fungal communities (31, 35), noting relative enrichment of certain *Malassezia* spp. (*M. dermatis*, *M. sloofiae*, and *M. sympodalis*) in AD. These studies have been difficult to consistently replicate due to variance between lesional and non-lesional skin, differences in skin sampling sites, microbial changes with patient age, and differences in disease activity; all of these factors influence the skin microbiome (30). In addition, evidence suggests that there are differences in virulence factors between certain strains of *S. aureus*, with those found on active AD lesions inducing skin inflammation in mouse models, more-so than *S. aureus* from healthy human skin (34).

Lastly, environmental exposures have a major effect on the skin microbiome, affecting microbial diversity and quantity (22, 36–38). The environmental factors affecting the skin microbiome are similar to those associated with AD, such as medication exposures, rural vs. urban environments, climate

changes, pollutants, and allergens. Specifically, these environmental exposures appear to greatly affect the abundance of pathogenic microbes (in particular, *S. aureus* and pathogenic fungi), and changes in commensal microbial taxa (22, 38).

Effects of treatments on the skin microbiome

With advances in skin microbiome research, we have begun to understand the effects that targeted therapeutic strategies may have on the skin microbiome. Numerous studies have evaluated the effects of treatments in patients with AD on the skin microbiome and *S. aureus* in particular, excellently summarized by Demessant-Flavigny et al. and Huang et al. (6, 39). As a whole, multiple studies evaluating both indirect (emollients, anti-inflammatory topicals, monoclonal antibodies) and direct antibacterials (including antiseptics, topical and systemic antibiotics, and *S. aureus*-specific therapies including anti-*S. aureus* endolysin and bacteriotherapy) have shown beneficial changes in *S. aureus* populations and increases in commensal bacteria (6, 33, 39–44). Of the monoclonal antibodies approved for AD treatment, the microbiome-modulating effects of the interleukin (IL)-4 receptor alpha antagonist dupilumab and IL-13 antagonist tralokinumab have both been evaluated (43–46). Of the three studies evaluating dupilumab and one study evaluating tralokinumab, all excluded pediatric patients, and all showed improvement in cutaneous dysbiosis, reduction in *S. aureus* abundance, and increases in *S. epidermidis* and *S. hominis*. While Janus Kinase (JAK) inhibitors were recently approved for treatment of AD, there is thus far limited understanding of the effects these therapies may have on the skin microbiome (47).

Cutaneous probiotics (live microbes) and direct cutaneous microbial transplantation has been explored, with variable efficacy in clinical studies (9, 21, 39). However, the use of postbiotic therapies (beneficial non-live metabolic byproducts of probiotic microbes) has shown promising results in clinical studies with lower theoretical risk than probiotics (48), which may be a concern in patients with certain PADs. Notably, a number of trials using oral probiotics have shown improvement in AD with treatment (16), further solidifying the gut-skin axis.

Primary atopic disorders

As noted previously, PADs encompass a large group of monogenic defects leading to significant allergic and/or atopic diseases, with eczematous dermatitis as a common presenting feature. To date, there have been at least 48 single-gene defects identified as PADs, most of which are associated with underlying immune dysregulation (23). Many PADs can have catastrophic implications for patients, frequently requiring early and aggressive treatment, including potential hematopoietic stem cell transplantation, making early identification and expanded treatment strategies increasingly important. Standardized

categorizations of PADs have not been established, although certain groupings are commonly used (Table 1). Very broadly, the immune dysregulation of these disorders leads to variable combinations of: (1) propensity for Th2 pathways, either via direct upregulation or loss of downregulation (2) dysfunctional T-regulatory (Treg) cell pathways, leading to loss of self-tolerance and (3) direct loss of epidermal barrier function (49).

In the following sections, we will discuss the most studied PADs to date, their clinical presentations, distinguishing features, associated dermatologic findings, and current understanding of their effects on the host cutaneous microbiome (Table 2). When available, we will review PAD-specific AD treatment evidence in the respective disorder section. A detailed review of the current

knowledge regarding gut microbiome changes in patients with PADs, among other inborn errors of immunity, has been recently published by Hazime et al. (17) and will not be reviewed in detail here.

Filaggrin deficiency

LOF variants of the gene *FLG*, which encodes filament aggregating protein (filaggrin), cause the most common PAD (50, 51). *FLG* LOF mutations with variable degrees of function follow a semi-dominant inheritance pattern, with homozygous or compound heterozygous genotypes conferring increased risk

TABLE 1 Select PADs with dermatitis as a characteristic feature.

Disease or syndrome name	Gene	Clinical features
Filaggrin deficiency	<i>FLG</i>	Severe AD, ↑ IgE
Hyperimmunoglobulin E Syndromes (HIES) and Similar Clinical Phenotypes		
Autosomal dominant-HIES/STAT3-HIES	<i>STAT3 (LOF)</i>	Severe dermatitis, ↑ IgE, eosinophilia, recurrent skin abscesses, CMC, recurrent pneumonia, bone fragility, scoliosis, joint hyperextensibility, retained primary teeth, dysmorphic facial features
AR-HIES/DIDS	<i>DOCK8</i>	Severe AD, ↑ IgE, eosinophilia, food allergy, CMC, cutaneous infections (esp. molluscum, papilloma virus, herpes simplex), malignancy, autoimmunity
Variant STAT3-HIES/AR GP130 deficiency	<i>IL6ST</i>	Similar to STAT3-HIES, destructive lung disease, +/- neurodevelopmental delay
Variant STAT3-HIES/AR IL-6 receptor deficiency	<i>IL6R</i>	Similar to STAT3-HIES, typically without skeletal abnormalities
Variant STAT3-HIES/HIES3	<i>ZNF341</i>	Similar to STAT3-HIES
ERBIN deficiency	<i>ERBB2IP</i>	Similar to STAT3-HIES
STAT5b deficiency	<i>STAT5b (LOF)</i>	↑ IgE, postnatal growth impairment, growth hormone insensitivity Can have IPEX-like presentation
STAT6 gain-of-function	<i>STAT6 (GOF)</i>	↑ IgE, severe atopy, ↑ risk for hematologic malignancy
TYK2 deficiency	<i>TYK2</i>	Similar to STAT3-HIES in some cases; ↑ susceptibility to intracellular bacteria (mycobacteria), viral infection
PGM3 deficiency	<i>PGM3</i>	↑ IgE, severe atopy, ↑ rate of bone marrow failure, skeletal dysplasia, neurodevelopmental delay
Wiskott-Aldrich syndrome (WAS) and Similar Clinical Phenotypes		
WAS	<i>WAS</i>	Severe AD, thrombocytopenia with small platelets, recurrent infections (bacterial, viral), hematologic malignancy, autoimmunity, bloody diarrhea
WAS 2/WIP deficiency	<i>WIPF1</i>	Severe AD, thrombocytopenia with small platelets, recurrent infections (bacterial, viral), bloody diarrhea
ARPC1B deficiency	<i>ARPC1B</i>	Similar to WAS, milder
CBM complex-associated diseases		
CADINS	<i>CARD11</i>	General atopy, ↑ IgE, eosinophilia, respiratory and cutaneous viral infections
CARD14 deficiency	<i>CARD14</i>	General atopy, recurrent respiratory and cutaneous pyogenic and viral infections
MALT1 deficiency	<i>MALT1</i>	Similar to CADINS with ↑ risk of IBD
Additional PADs		
Netherton syndrome	<i>SPINK5</i>	Congenital ichthyosis, “bamboo hair”, ↑ IgE, ↑ risk of enteropathy, failure to thrive
IPEX syndrome	<i>FOXP3</i>	Severe eczematous dermatitis, ↑ IgE, ↑ IgA, recurrent severe infections, autoimmune enteropathy, polyendocrinopathy
RLTPR deficiency	<i>CARMIL2</i>	General atopy, recurrent respiratory and cutaneous infections, malignancy, and EBV-associated lymphoproliferative disease
Severe Combined Immunodeficiency (SCID) Phenotypes		
Omenn syndrome	Multiple genes: <i>RAG1, RAG2, IL7RA, ZAP70, ADA, DCLRE1C, RMRP, CHD7</i>	Very early onset eczematous dermatitis (<2 months), erythroderma, combined immunodeficiency, eosinophilia

Other clinical features and causative genes are summarized here. PADs are grouped by their general clinical features and diseases they may mimic. PADs that do not cause dermatitis as a prominent feature are not included here. PAD, primary atopic disorder; AD, atopic dermatitis; AR, autosomal recessive; LOF, loss of function; GOF, gain of function; IL, interleukin; CMC, chronic mucocutaneous candidiasis; WIP, WAS/WASL interacting protein; IPEX, immunodysregulation polyendocrinopathy enteropathy X-linked; CBM, caspase recruitment domain (CARD) proteins, B-cell CLL/Lymphoma 10 (BCL20), and mucosa-associated lymphoid tissue lymphoma translocation protein 1 paracaspase (MALT1); CADINS, CARD11-associated atopy with dominant interference of NF-κB signaling; EBV, Epstein–Barr virus.

TABLE 2 Summary of PADs with available cutaneous microbiome data.

Disease	Gene	Skin microbiome	Characteristic cutaneous infections
Normal skin (6, 55)	Wild type	• Wide diversity • Uncommon colonization with <i>S. aureus</i> (10%–20%)	
Atopic dermatitis (6, 9, 55)	Wild type	• ↑ <i>S. aureus</i>, certain <i>Malassezia</i> spp., and <i>Candida</i> colonization • ↓ common commensal microbiomes, including other <i>Staphylococcus</i> spp.	• <i>S. aureus</i>, <i>Candida</i>
Filaggrin deficiency (6, 55)	<i>FLG</i>	• ↑ <i>S. aureus</i>, certain <i>Malassezia</i> spp., and <i>Candida</i> colonization • ↑ <i>S. aureus</i> biofilm propensity, pathogenicity • Non-lesional skin is similar to lesional skin of patients with AD	• <i>S. aureus</i>, <i>Candida</i>
STAT3-HIES (63–65)	<i>STAT3</i>	• Colonization by <i>Serratia marcescens</i>, <i>S. aureus</i>, <i>Corynebacterium</i> spp., <i>Candida</i> spp., and <i>Aspergillus</i> spp. • <i>S. aureus</i> strains display ↑ virulence genes and antibiotic resistance • <i>S. aureus</i> and <i>S. haemolyticus</i> enriched	• Recurrent “cold” abscesses associated with <i>S. aureus</i>, <i>Candida</i> (CMC) • Cutaneous viral infections are less common than in DIDS
DIDS (63, 68, 70)	<i>DOCK8</i>	• Similar to STAT3-HIES, with ↑ viral colonization (<i>Papillomaviridae</i>, <i>Polyomaviridae</i>, and <i>Poxviridae</i> predominance) • Limited data on bacterial populations	• Cutaneous viral infections, especially MC, HSV, and HPV • Otherwise, similar to STAT3-HIES
Wiskott-Aldrich syndrome (63)	<i>WAS</i>	• Limited data in eczematous patients • ↑ bacterial community diversity (retroauricular crease only)	• Cutaneous viral infections, bacterial cellulitis and abscesses, <i>S. aureus</i> predominant
Netherton syndrome (87)	<i>SPINK5</i>	• ↓ microbial diversity • ↑ in <i>S. aureus</i>, <i>S. epidermidis</i>, <i>Strep agalactiae</i> • ↑ <i>S. aureus</i> bacterial virulence peptides and proteases (PSMα, Staphopain A and B)	• Cutaneous bacterial infections, gastrointestinal infections, rare invasive infections

Summary of PADs with data available regarding cutaneous microbiome changes, compared to wild type controls. PADs without available literature were not included. LOF, loss of function; HIES, hyperimmunoglobulin E syndrome; AD, atopic dermatitis; CMC, chronic mucocutaneous candidiasis; DIDS, DOCK8 immunodeficiency syndrome; MC, molluscum contagiosum; HSV, herpes simplex virus; VZV, varicella zoster virus; HPV, human papillomavirus; PSMα, phenol-soluble modulin alpha.

of AD and an early presentation of AD (within the first months of infancy) (52, 53). While *FLG* LOF is not specifically associated with immune deficiency, skin barrier breakdown in these patients can lead to increased cutaneous infections and immune dysregulation. The AD affecting these patients may also be treatment-resistant. Although filaggrin deficiency is the most common PAD, the availability of diagnostic genetic testing is limited due to challenges of sequencing this gene (54).

Patients with filaggrin deficiency have underlying changes in their cutaneous microbiome—notably, an increased prevalence of *S. aureus* and *Malassezia* colonization, with overall reduced microbial diversity compared to wild type controls (7, 55). Patients with filaggrin deficiency may have a predilection for more pathogenic *S. aureus* strains with higher biofilm forming propensity (6, 55). In addition, there may be less lesional vs. non-lesional skin divergence in these patients, and earlier onset of dysbiosis (7, 47, 55).

Hyperimmunoglobulin E syndromes

Hyperimmunoglobulin E syndromes (HIES) were originally defined as two primary variants, each with mutations in a different gene: an autosomal dominant variant caused by loss of function of the signal transducer and activator of transcription (STAT) 3 gene, *STAT3*, and an autosomal recessive variant due to loss of function of the dedicator of cytokinesis 8 gene, *DOCK8*. Over time, numerous genotypes with similar clinical phenotypes have been identified; HIES has thus become somewhat of a misnomer as many PADs may present with very elevated IgE levels (25, 26). For example, filaggrin deficiency,

which is not commonly considered an inborn error of immunity, is also associated with high levels of IgE due to AD (25, 26). Thus, while we will use the term HIES here to define a set of diseases characterized by very elevated IgE levels, elevated IgE levels can be seen in many patients with AD without an overt PAD due to many factors, including but not limited to the increased Th2 skew associated with AD and induction of IgE production by environmental factors such as *S. aureus* colonization (18, 56).

STAT3-HIES

The most common form of HIES continues to be dominant-negative *STAT3* (STAT3-HIES, or autosomal dominant HIES) mutations, previously called “Job’s Syndrome”. *STAT3* plays a key role in the differentiation of Th17 cells, with downstream downregulation of Th2 pathways (57). This disease is characterized predominantly by elevated IgE, eosinophilia, severe eczematous dermatitis as early as the first month of life, recurrent skin abscesses without the typical inflammatory signs (warmth, erythema, or tenderness; “cold abscesses”), recurrent cyst-forming pneumonias, and chronic mucocutaneous candidiasis (CMC) (25, 26). The eczematous dermatitis of STAT3-HIES tends to be severe and does not necessarily meet strict clinical criteria for AD (25, 58, 59). While STAT3-HIES-associated dermatitis is generally treatment-resistant, dupilumab appears to be effective in treating dermatitis in these patients (60–62).

Other atopic features are less common in patients with STAT3-HIES compared to wild-type patients with AD (59). Multiple extracutaneous findings, including retained primary

teeth, minimally traumatic bone fractures, characteristic facial features, and scoliosis, may be present later in life (25).

STAT3-HIES appears to affect the cutaneous microbiome (63–65). In general, the skin of these patients shows decreased microbial diversity, loss of some commensal strains, and increase in certain pathogenic bacterial and fungal strains (63–65). The strains of *S. aureus* affecting these patients tend to be more likely to express methicillin resistance, Panton-Valentine Leukocidin (PVL), and staphylococcal enterotoxins K and Q (SEK and SEQ, respectively) (60, 61, 64). PVL is a pore-forming cytotoxin associated with methicillin resistance, while SEK and SEQ are non-classical staphylococcal superantigens rarely expressed in wild-type patients with AD (64). While overall *S. aureus* presence was not increased in most patients—likely due to widespread use of *S. aureus*-targeting therapies—the strains present did appear more pathogenic. Other *Staphylococcus* species, including *S. epidermidis* and *S. haemolyticus*, were enriched in these patients. Fungal colonization with relatively increased *Candida* and *Aspergillus* spp. abundance was noted, likely due to the deficiency of Th17 cells observed in STAT3-HIES. Interestingly, these patients were noted to have novel skin colonization with *Serratia* species (specifically *S. marcescens*), with increased variance between patients with STAT3-HIES compared to controls. In addition to *Serratia* species, *Acinetobacter* species also seem to have an increased prevalence in these patients, while commensal *Corynebacterium* spp. were less prevalent, loss of which may further inhibit host immune responses to *Candida* spp. and *S. aureus* (60, 61, 65).

DOCK8 deficiency

LOF mutations in *DOCK8* are the next most common HIES and follow an autosomal recessive pattern, often termed DOCK8 immunodeficiency syndrome (DIDS) or autosomal recessive HIES. We will use DIDS to distinguish it from other autosomal recessive HIES variants. Patients with DIDS have markedly impaired T-cell differentiation and function, leading to significant immune dysregulation (26, 66).

Like STAT3-HIES, patients with DIDS have the classic features of high IgE, eosinophilia, severe AD, skin infections (abscess), and CMC, but are distinguished by an increased propensity for cutaneous viral infections and increased risk for autoimmunity and malignancy (67). These cutaneous viral infections include infections with molluscum contagiosum (MC), herpes simplex virus (HSV), and human papillomaviruses (HPV) and may be treatment-resistant (25, 66, 68).

Additionally, DIDS-associated eczematous dermatitis is more consistent with typical AD compared to the eczematous dermatitis of STAT3-HIES (26, 59, 66). Musculoskeletal and dental abnormalities are rare as compared to STAT3-HIES (25, 26). The increased malignancies observed are primarily lymphomas and cutaneous squamous cell carcinomas (59).

DIDS-associated cutaneous dysbiosis has been analyzed in multiple studies. Generally, the bacterial pathogens are similar to

those found in patients with STAT3-HIES (63), with a notable difference in the cutaneous virome (63, 68). Patients with DIDS have profoundly elevated relative abundances of certain eukaryotic viruses in the skin, with *Papillomaviridae*, *Polyomaviridae*, and *Poxviridae* being the most predominant (68). This is consistent with the typical clinical features of resistant cutaneous infections with MC and HPV in these patients.

Similar to STAT3-HIES, patients with DIDS frequently have treatment-resistant AD, and the efficacy of dupilumab in this population has been described in limited case reports demonstrating efficacy of dupilumab treatment (61, 62, 69). Notably, dupilumab appears to benefit both the AD and reduce skin infections in these patients. More recently, Che et al. followed 24 patients with DIDS through hematopoietic stem cell transplantation (HSCT), showing that HSCT had dramatic effects not only on the cutaneous microbiome of these patients, but functionally resolved the skin disease of many of these patients (70). These patients showed normalization of their skin microbiomes closer to healthy controls, regaining site-specific patterns, and dramatic reductions in *S. aureus* and viral abundance.

STAT3-HIES phenocopies

Mutations in other genes can present phenotypically like STAT3-HIES, as these variants affect proteins crucial to the STAT3 signaling pathway. Normal IL-6 signaling is transduced in large part via STAT3. Autosomal recessive variants of the IL-6 receptor gene, *IL6R*, present similarly to STAT3-HIES but lack the skeletal abnormalities (25, 26, 71). Variants of the IL-6 Cytokine Family Signal Transducer gene, *IL6ST*, which has both autosomal dominant and autosomal recessive LOF variants, have phenotypes that resemble that of STAT3-HIES but are associated with neurodevelopmental delay, destructive lung disease, and bronchiectasis (72, 73). *ZNF341* (zinc finger protein 341) encodes a transcription factor involved in the STAT3 signaling pathway; LOF variants of *ZNF341* cause a syndrome phenotypically identical to STAT3-HIES by impacting DNA binding by ZNF341 (26). Finally, individuals with ERBIN deficiency due to autosomal dominant *ERBB2IP* LOF present very similarly to patients with STAT3-HIES but with fewer infections. The protein ERBIN forms a complex with STAT3 to facilitate STAT3 signaling (23, 24, 26).

Other variants of HIES

Mutations of other STAT and STAT-related genes have also been implicated in early childhood dermatitis and elevated IgE, including LOF mutations of *STAT5b* and gain-of-function (GOF) mutations of *STAT6* (23, 24, 74). *STAT5b* is required for the response of naïve T cells to IL-2, triggering production of the IL-4R α subunit (75), and *STAT6* is required for differentiation of Th2 cells (74, 75). Notably, *STAT5b* LOF mutations are associated with a unique phenotype of postnatal

growth impairment due to growth hormone insensitivity. Autosomal recessive TYK2 deficiency has also been described with a HIES-like clinical phenotype in some affected patients, associated with increased susceptibility to viral, intracellular bacterial, and mycobacterial infections (25, 76).

Autosomal recessive hypomorphic mutations in the phosphoglucomutase 3 gene *PGM3* can lead to a clinical SCID phenotype with features of HIES, with elevated IgE, severe atopy, systemic bacterial infections, disseminated Herpesvirus infections, neurologic impairment, and increased autoimmunity (25).

Wiskott-Aldrich syndrome and similar syndromes

Mutations in the Wiskott-Aldrich syndrome gene, *WAS*, which codes for WAS protein (WASp), can lead to an eponymous X-linked immunodeficiency called Wiskott-Aldrich syndrome (WAS) (26, 77). WASp is a key protein in the signal transduction and actin polymerization pathways of hematopoietic cells, and certain variants can lead to combined immune deficiency, thrombocytopenia with small platelets, and eczematous dermatitis, often within the first month of life (77). The eczematous dermatitis of WAS affects the majority of patients and generally meets clinical criteria for AD but can be abnormally severe, widespread, and often difficult to treat (59). Along with AD, complications of thrombocytopenia are often one of the first clinical presenting features (25, 26, 67, 77).

Patients with WAS may have aberrant regulatory T cell (Treg) function, which is likely largely responsible for the increased rate of autoimmunity in this population (77, 78). There is a notably increased rate of hematologic malignancy as well. Other mutations in *WAS* may lead to less severe phenotypes, such as X-linked thrombocytopenia, which lack infectious and dermatologic complications (77).

There is very little known regarding changes in the microbiome of patients with WAS. The only available study on skin microbiome dysbiosis in humans to date (63) included patients that did not have the severe eczematous phenotype, with significantly lower SCORAD (Scoring Atopic Dermatitis) scores and with lower IgE levels than included patients with AD, STAT3-HIES, and DIDS. These patients had microbial colonization generally more similar to healthy controls than to those of other PADs (specifically, STAT3-HIES or DOCK8 deficiency), suggesting the possibility of confounding due to the difference in their specific disease phenotype. However, a mouse model of WAS (79) did note significant dysbiosis with a relative abundance of certain genera (*Streptococcus* and *Helicobacter*) and novel colonization not detected in wild-type mice. Some of these changes began as early as the first week of life. Fortunately, treatment of WAS with both gene therapy and hematopoietic stem cell therapy have been reported to be effective in improving AD in these patients (80, 81).

Multiple other PADs may present similarly to WAS without WASp deficiency. Loss of function variants of *WIPF1*

(WAS/WASL interacting protein family member 1) can lead to an autosomal recessive variant of WAS called WAS 2, with a similar clinical presentation (23, 75). A somewhat milder variant of a WAS-like syndrome may also present secondary to *ARPC1B* LOF, with more mild thrombocytopenia but otherwise similar clinical phenotype (26).

CBM complex-associated disorders

Caspase recruitment domain (CARD) proteins, B-cell CLL/Lymphoma 10 (BCL10), and mucosa-associated lymphoid tissue lymphoma translocation protein 1 paracaspase (MALT1), interact to form what is known as the CARD-BCL10-MALT1 (CBM) complex (25, 75, 82). The CBM complex regulates activation of NF- κ B pathways, facilitating T cell receptor signal transduction, loss of which leads to the Th2 phenotype. Mutations in the genes encoding these proteins lead to so-called “CBM-opathies” (25).

CARD11 and *CARD14* dominant-negative mutations can both lead to severe atopy, recurrent viral respiratory and cutaneous infections, with *CARD11* showing a more Th2-skewed immune response (25, 26, 82). Patients with *CARD11* LOF frequently have treatment-resistant AD, although both dupilumab and omalizumab have been reported to be effective as treatments (83).

MALT1 LOF has a similar phenotype, with an increase in gastrointestinal infections and loss of self-tolerance, predisposing to inflammatory bowel disease (25, 26). Use of hematopoietic stem cell transplant has been reported to also treat the AD of patients with *MALT1* LOF (84, 85).

Netherton syndrome

Mutations in the serine protease inhibitor Kazal type 4 gene (*SPINK5*) lead to a loss of function of the protein lymphoepithelial Kazal-type-related protease inhibitor (LEKTI-1) (86). Loss of LEKTI-1 leads to increased protease activity, thereby increasing skin barrier damage and epidermal inflammation. This monogenic, autosomal recessive disease is called Netherton syndrome or Comèl-Netherton syndrome and is characterized by congenital ichthyosiform erythroderma and severe eczematous dermatitis, classic hair shaft abnormalities (trichorrhexis invaginata or “bamboo hair”), potential failure to thrive, and the development of significant atopic disease. Skin infections in this population are very common (86).

The lesional skin in patients with Netherton syndrome is dominated by *S. aureus* and *S. epidermidis*, isolates of which are both able to promote skin inflammation in mouse models (87). The secreted virulence peptides and proteases of these *S. aureus* isolates have also been associated with an increased frequency of childhood skin infections (87). Notably, patients with Netherton syndrome do not seem to have severe underlying systemic immune deficiency, meaning their immune dysregulation and recurrent skin infections are more likely to be related to severe barrier dysfunction (88).

Other monogenic disorders

Immune dysregulation polyendocrinopathy enteropathy X-linked (IPEX) syndrome, caused by LOF of *FOXP3*, leads to significant Treg dysfunction. This leads to a PAD characterized by elevated IgE levels, eczema, eosinophilia, autoimmune enteropathy, autoimmune endocrinopathies, and severe infections (25, 26, 59). Diseases with IPEX syndrome-like presentations include CD25 deficiency, which is autosomal recessive with chronic viral, fungal, and bacterial infections, and the previously reviewed STAT5b deficiency, distinguished by growth-hormone insensitive dwarfism (25, 26).

RLTPR deficiency, caused by autosomal recessive mutations of *CARMIL2*, leads to an atopic phenotype characterized by recurrent infections, malignancy, and Epstein–Barr virus-associated lymphoproliferative disease (25, 26).

Severe combined immunodeficiency (SCID) and similar presentations

Many patients with SCID and SCID-like diseases may present early in life with severe eczematous dermatitis, severe immunodeficiency, and autoimmunity. These are features of Omenn syndrome (most commonly due to mutations in *RAG1* or *RAG2*) and more mildly of adenosine deaminase severe combined immunodeficiency (ADA-SCID) (26, 89). However, this presentation may be seen with other SCID genotypes, including mutations in *IL7RA*, *ZAP70*, *IL2RA*, *DCLRE1C*, *RMRP*, and severe pathogenic variants of *CHD7* (25, 26, 89). Many of these patients, particularly those with Omenn syndrome, have early onset eczematous dermatitis, presenting as early as birth. These patients will frequently present with dermatitis that does not technically meet classification criteria for AD and is often treatment-resistant (25, 26).

The skin and gut microbiome in patients with hypomorphic *RAG* mutations has been described in detail by Blaustein et al., although none of these patients were reported to have severe eczematous dermatitis as can be seen in patients with Omenn syndrome (90). Regardless, this study showed significant changes in baseline gut and skin microbiomes compared to healthy controls with loss of body site specificity, increased inter-individual variation, and colonization with microbes (including bacteria, fungi, and viruses) not previously described on human skin.

Discussion and conclusions

Early presentation of severe atopy, often presenting as severe eczematous dermatitis, is a clear warning sign for underlying immune dysregulation and should raise concern for underlying immune deficiencies or PAD. While our understanding of the existence and clinical importance of PADs has grown, significant knowledge gaps regarding PADs persist.

Even in patients without PAD, AD is a complex disease caused by the interaction of immune dysfunction, skin barrier disruption, and microbiome changes, and is highly associated with increased risk for future atopic diseases. Our understanding of the effects of microbiome-immune system crosstalk has rapidly expanded in recent years, especially in the context of atopy. Despite our improved understanding of the alterations in the microbiome in patients with AD, little is known regarding cutaneous microbiomes in patients with PADs, despite the growing recognition of PADs as a group. This knowledge gap affects both patients with and without PADs—the specific immune dysfunction highlighted by each PAD provides clinicians with important information regarding the specific roles of individual components of cutaneous immunity. Understanding which unique pathogens affect patients with specific PADs may further unlock understanding of the virulence factors these pathogens may produce and the importance of certain commensal microbes in the human cutaneous microbiome. In the future, this research may unlock avenues of treatment for patients with and without PAD, with the eventual goal of preventing AD onset entirely as we better understand the factors at play in this complex disease.

To date, only filaggrin deficiency, STAT3-HIES, DIDS, Netherton syndrome, and WAS have had their underlying cutaneous dysbiosis studied. However, the available literature regarding the cutaneous microbiomes of patients with WAS predominantly describes patients without the severe eczematous phenotype that is most characteristic of most patients with WAS (63). The other PADs reviewed in Table 1 (with the exception of filaggrin deficiency) have little known regarding the cutaneous microbiome changes which may or may not be unique to these disorders, and more studies replicating prior research and focused on patients with other PADs are clearly needed.

Unfortunately, PADs present a group of diseases that are exceptionally difficult to study due to small patient populations, generally young patients, extensive heterogeneity among patient presentations, and environmental factors, all of which lead to limitations in microbiome research findings. AD itself has high variability with age, as does the cutaneous microbiome, making research conducted on adult populations difficult to apply to most patients with PADs, which typically present and are diagnosed at a young age. Given the relative rarity of these patients, careful monitoring, documentation, and sample collection (when possible) will be crucial to facilitate future research.

Additionally, a number of potential biomarkers have been identified in recent years for earlier recognition of AD to facilitate more aggressive recognition and treatment. Stratum corneum lipids and certain cytokines have already been identified as early biomarkers for AD onset and severity (91, 92), yet few clinically viable microbial-derived biomarkers have been identified to date. Currently, there is strong evidence for early cutaneous microbiome changes as a risk factor for development of AD (93, 94), although utility for testing prior to AD-onset remains limited. Nasal and gut *S. aureus* colonization

has been observed in patients with AD, but the clinical use of this measure is uncertain as *S. aureus* presence is ubiquitous in patients with AD and measures of *S. aureus* quantity and propensity for biofilm formation are limited (95, 96). Skin microbiota shifts have been repeatedly identified with AD treatment (39, 40, 44, 95, 97), suggesting a role for microbiome-based assays (either direct microbial population testing or measuring microbe-derived metabolites) as future biomarkers for treatment response. While this research remains in its infancy, future clinical application options will present additional diagnostic and monitoring parameters clinicians can utilize to help patients. Improved understanding of the differences noted in patients with PADs, such as colonization with unusual cutaneous microbes, may provide further diagnostic clues for an underlying PAD.

Patients with PADs continue to present clinical challenges for treating providers and understanding their unique traits may greatly impact treatment courses. With the advent and availability of advanced genetic testing, we anticipate more patients being identified, earlier recognition of disease, more targeted treatments (including bacteriotherapy, biologics, and small molecules), and improved outcomes for patients with PADs in the future.

Author contributions

AA: Conceptualization, Investigation, Writing – original draft, Writing – review & editing. DB: Conceptualization, Investigation, Supervision, Writing – review & editing.

Funding

The author(s) declare that no financial support was received for the research and/or publication of this article.

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Acknowledgments

We would like to thank Drs. Michael Rebagliati, PhD (University of Iowa Carver College of Medicine), Nathan Price, MD (University of Arizona College of Medicine Division of Pediatric Infectious Diseases), Zuhair Ballas, MD (University of Iowa Division of Immunology), and Truman Nguyen, MD (University of Iowa Division of Immunology) for their extensive editing assistance and feedback.

Conflict of interest

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