



A Pharmacological Overview of Alpinumisoflavone, a Natural Prenylated Isoflavonoid

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Specialty section:

This article was submitted to
Ethnopharmacology,
a section of the journal
Frontiers in Pharmacology

Received: 25 February 2019

Accepted: 26 July 2019

Published: 10 September 2019

Citation:

Ateba SB, Mvondo MA, Djogoue S,
Zingué S, Krenn L and Njamen D
(2019) A Pharmacological Overview
of Alpinumisoflavone, a Natural
Prenylated Isoflavonoid.
Front. Pharmacol. 10:952.
doi: 10.3389/fphar.2019.00952

Over the last decade, several studies demonstrated that prenylation of flavonoids enhances various biological activities as compared to the respective nonprenylated compounds. In line with this, the natural prenylated isoflavonoid alpinumisoflavone (AIF) has been explored for a number of biological and pharmacological effects (therapeutic potential). In this review, we summarize the current information on health-promoting properties of AIF. Reported data evidenced that AIF has a multitargeted potential with antiosteoporotic, antioxidant and anti-inflammatory, antimicrobial, anticancer, estrogenic and antiestrogenic, antidiabetic, and neuroprotective properties. However, research on these aspects of AIF is not sufficient and needs to be reevaluated using more appropriate methods and methodology. Further series of studies are needed to confirm these pharmacological effects, and this review should lay the basis for the design of respective investigations. Overall, despite the drawbacks of studies recorded, AIF exhibits a potential as drug candidate.

Keywords: alpinumisoflavone, therapeutic potential, natural product, prenylated isoflavonoid, structure-activity relationship

INTRODUCTION

In the drug discovery process, plants still remain an invaluable source of drugs and drug leads. They possess enormous structural and chemical diversity that is not matched by any synthetic libraries of small molecules (Shen, 2015). As pharmacological activities of chemicals are generally structure dependent, the structural and chemical diversity is obviously an advantage. Over the last decade, the interest in (iso) flavonoids strongly increased. Especially the prenylated forms moved into the focus because of their versatile and promising pharmacological properties and health benefits on multitarget tissues (Kumar and Pandey, 2013; Chen et al., 2014). Prenylated isoflavonoids have increased lipophilicity as compared to nonprenylated forms, leading to high affinity with cell membranes and enhanced biological activities or significant pharmacological effects (Chen et al., 2014; Sherif et al., 2015). These compounds offer a multitude of biological activities, which justify major and much deeper pharmacological investigation (Botta et al., 2009). Accordingly, there is a recent in-depth investigation of prenylated flavonoids as promising anticancer, anti-inflammatory, antioxidant, and neuroprotective nutraceuticals (Yang et al., 2015; Venturelli et al., 2016), with the prenyl substituent playing a key role in the molecular activity. Prenylated flavonoids are found predominantly in the Leguminosae family, although the

phenyl-propanoid pathway—necessary for their production—is ubiquitously present in plants including nonleguminous families (Reynaud et al., 2005; Lapčík, 2007).

Alpinumisoflavone (AIF) or [5-hydroxy-7-(p-hydroxyphenyl)-2,2-dimethyl-2H-6H-benzo-[1,2-b:5,4-b]dipyrano-6-one] is a dimethylpyrano derivative prenylated at ring A of genistein (Figure 1). It is a major constituent of *Derris eriocarpa* F.C. How, commonly referred as “Tugancao” in “Zhuang” and “Dai” ethnomedicine in Guangxi and Yunnan Province of China (Guangxi Institute of Chinese Medicine, 1986). A high content of AIF was reported in fully mature fruits (mandarin melon berry) of *Cudrania tricuspidata* Bur. ex Lavalley (syn. *Maclura tricuspidata* Carrière) (Shin et al., 2015), a crop cultivated in East Asia (Xiong et al., 1993; Shi, 2010), Europe and America (Markovski, 2016) for its fruits and timber, and with an immense medicinal and economic value (Xin et al., 2017). Isolated for the

first time by Jackson et al. (1971), AIF was identified in many medicinal plants widely used over the world (Table 1). Although data depicted in this table are not exhaustive, the global trend is in accordance with Botta et al. (2005) who reported that prenylated flavonoids occur mostly in Leguminosae and Moraceae, with few detected in other families. Over the last two decades, the body of literature of AIF and its pharmacological potential is steadily growing. This review summarizes and gives a critical look on the current knowledge of the biological activities, therapeutic potential, and mechanism of action of AIF.

PHARMACOLOGICAL ACTIVITIES

Over the last decade research indicates that prenylation usually renders (iso)flavonoids with improved bioactivities (Yang et al.,

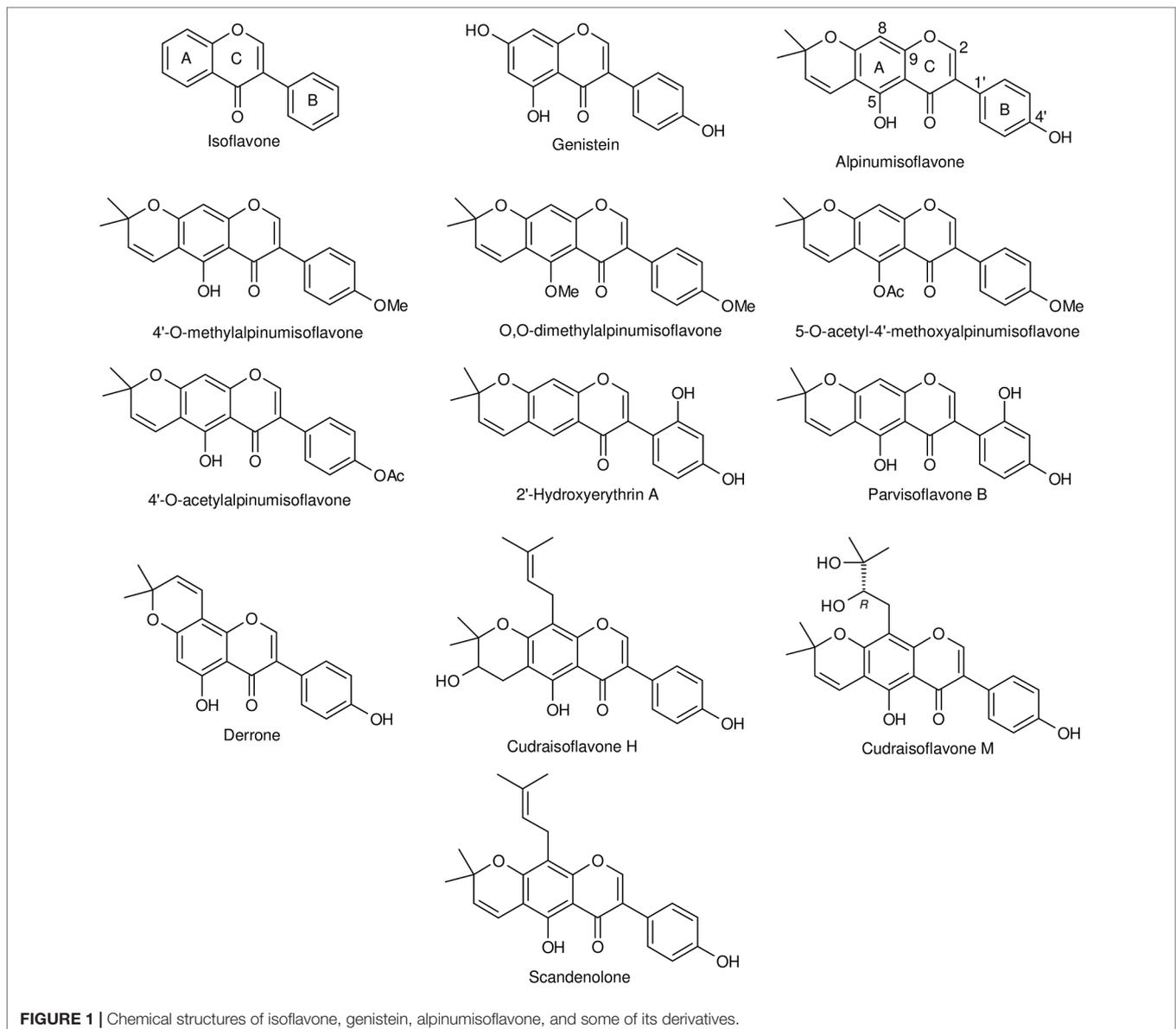


TABLE 1 | Sources and biological and/or pharmacological activities of alpinumisoflavone.

Family	Plant species	Plant parts	Origin/city (country)	Biological and/or pharmacological activity	References	
Leguminosae	<i>Crotalaria bracteata</i>	Roots and stems	Roi-Et (Thailand)	Cytotoxicity against MCF-7 and NCI-H187 cell lines (inactive)	Sudanich et al., 2017	
	<i>Erythrina caffra</i> Thunb.	Stem bark	KwaZulu-Natal (South Africa)	Anti-bacterial activity against <i>Staphylococcus aureus</i> , <i>Bacillus subtilis</i> , <i>Klebsiella pneumoniae</i> and <i>Escherichia coli</i>	Chukwujekwu et al., 2011	
	<i>Erythrina indica</i>	Stem bark	Ibadan (Nigeria)	Cytotoxicity against KB cells	Nkengfack et al., 2001	
	<i>Erythrina lysistemon</i>	Stem bark	– (Zimbabwe)	Estrogen-like effects in a menopause model of ovariectomized Wistar rats	Mvondo et al., 2011; Mvondo et al., 2012; Mvondo et al., 2015	
	<i>Erythrina mildbraedii</i>	Root bark	Buea (Cameroon)	Inhibition of protein tyrosine phosphatase-1B (PTP1B)	Na et al., 2006	
	<i>Erythrina orientalis</i>	Stem bark	Kunir Kidul (Indonesia)	Cytotoxicity against murine leukemia P-388 cells Radical scavenging activity using DPPH (2,2-diphenyl-1-picrylhydrazyl)	Tjahjandarie and Tanjung, 2015a	
	<i>Erythrina ovalifolia</i> Roxb.	Stem bark	Kunir Kidul (Indonesia)	Antiplasmodial activity against <i>Plasmodium falciparum</i>	Tjahjandarie and Tanjung, 2015b	
	<i>Erythrina poeppigiana</i>	Stem bark	Sancta Cruz (Bolivia)	Estrogen-like effect in U2OS human osteosarcoma cells through ERS-dependent reporter gene activity	Djiogue et al., 2009; Djiogue et al., 2010	
	<i>Erythrina senegalensis</i> DC	Stem bark	Foumban (Cameroon)	Inhibition of the HIV-1 Protease Phospholipase C γ 1 inhibitory activity (inactive) Inhibition of acyl CoA:diacylglycerol acyltransferase	Lee et al., 2009a Oh et al., 2005 Oh et al., 2009	
	<i>Erythrina stricta</i> Roxb.	Stem bark	Nagaland (India)	Antimicrobial and radical scavenging (DPPH) activities	Akter et al., 2016	
	<i>Erythrina suberosa</i> Roxb.	Stem bark	Jammu (India)	Cytotoxicity against human myeloid leukemia cell lines HL-60 and K-562 and T lymphoblastic cell line MOLT-4	Kumar et al., 2013	
	<i>Erythrina variegata</i> L.	Stem bark	Dhaka (Bangladesh)	Apoptotic potential in HL-60 cells Radical scavenging (DPPH) activity	Rahman et al., 2010	
	Leguminosae	<i>Derris eriocarpa</i>	–	–	Inhibition of osteoclast differentiation <i>in vitro</i> and antiosteoporotic effect in ovariectomized mice	Cong et al., 2017
			–	–	Suppression of tumor growth and metastasis of clear-cell renal cell carcinoma	Wang et al., 2017a
<i>Laburnum alpinum</i> J. Presl.		Twigs	Salford (England)	–	Jackson et al., 1971	
<i>Lonchocarpus glabrescens</i>		–	Punchana, (Peru)	Inhibition of the hypoxia-inducible factor-1 (HIF-1) activation in human breast tumor T47D cells	Liu et al., 2009	
<i>Milletia pachycarpa</i>		Stem and leaves	–	No estrogenic activity on the β -galactosidase activity in a yeast two-hybrid assay	Okamoto et al., 2006	
<i>Milletia taiwaniana</i>		Twigs and leaves	– (Singapore)	Inhibition of the Epstein-Barr virus activation with no cytotoxicity against Raji cells	Ito et al., 2000	
<i>Milletia thonningii</i> (Schum. et Thonn.) Bak.		Seeds	Legon-Accra (Ghana)	Antifungal activity against wild-type <i>Candida albicans</i> and the reference strain ATCC18804C	Ayine-Tora et al., 2016	
		Seeds	Accra (Ghana)	Antischistosomal activity against <i>Schistosoma mansoni</i>	Lyddiard et al., 2002	
		Seeds	– (Ghana)	Antiplasmodial activity against <i>Plasmodium falciparum</i>	Khalid et al., 1986	
<i>Sophora moorcroftiana</i> (Wall.)		Aerial parts	Tibet (China)	Antibacterial effects on Meticillin-resistant <i>Staphylococcus aureus</i>	Wang et al., 2014	
<i>Tipuana tipu</i> (Benth.) Lillo	Leaves	Mansoura (Egypt)	Antiproliferative activity against leukemia [CCRF-CEM, MOLT-4, and HL-60(TB)], renal SN12C, and breast MCF-7 cancer cells Anti-inflammatory activity in carrageenan-induced rat paw edema model	Amen et al., 2013		

(Continued)

TABLE 1 | Continued

Family	Plant species	Plant parts	Origin/city (country)	Biological and/or pharmacological activity	References	
Moraceae	<i>Chlorophora tinctoria</i> (L.) Gaud.	Leaves and twigs	Maynas (Peru)	Fatty acid synthase inhibitory and antifungal activities (inactive)	Li et al., 2002	
	<i>Cudrania tricuspidata</i> (Carr.)	Fruits	Cheongju, (Korea)	Inhibition of the mouse brain monoamine oxidase	Han et al., 2005	
	<i>Ficus bengalensis</i>	Twigs	Anhui (China)	Tyrosinase inhibition	Zheng et al., 2013	
	<i>Ficus benjamina</i> var. nuda (Miq.) Barrett	Aerial roots	Sahiwal (Punjab, India)	–	Riaz et al., 2012	
	<i>Ficus glumosa</i>	Fruits	Honolulu (Hawaii)	–	Dai et al., 2012	
	<i>Ficus chlamydocarpa</i> Mildbraed and Burret	Root bark	Bahouan (Cameroon)	Antimycobacterial, antibacterial and antifungal activities	Kuete et al., 2008	
	<i>Ficus glumosa</i>	Stem bark	Makenene (Cameroon)	Cytotoxicity against prostate cancer PC-3 cell line	Nana et al., 2012	
	<i>Ficus nervosa</i> Heyne ex Roth.		Pingtung (Taiwan)	–	Chen et al., 2010	
	<i>Ficus racemosa</i>	Fruits	– (Vietnam)	Inhibition of protein tyrosine phosphatase-1B (PTP1B)	Trinh et al., 2017	
	<i>Ficus tikoua</i> Bur	Rhizomes		Radical scavenging (DPPH) and α -glucosidase inhibitory activities	Fu et al., 2018	
	<i>Maclura tricuspidata</i> Carrière (syn. <i>Cudrania tricuspidata</i>)	Fruits	Jinju (South Korea)	Cytotoxicity against human neuroblastoma SH-SY5Y cell line	Hong et al., 2018	
	Dilleniaceae	<i>Tetracera scandens</i>	Branch	– (Vietnam)	Glucose-uptake induced activity in basal and insulin-stimulated L6 myotubes	Lee et al., 2009b
	Apiaceae	<i>Azorella madreporica</i>	Whole plant	Valle Nevado (Chile)	Antimycobacterial and antibacterial activities (inactive)	San-Martín et al., 2015

–, not indicated.

2015; Mukai, 2018), suggesting that prenylated compounds have a higher potential to be developed and utilized (Chen et al., 2014). Focusing on AIF, the following activities have been demonstrated and claimed to be promising by the authors (Table 2).

Estrogenic and Antiestrogenic Activities

Estrogenic plant-derived products act *via* binding to human estrogen receptors (ERs). AIF was found to be a weak ER α and ER β binder with conflicting results concerning the preference for ER β versus ER α (Djiogue et al., 2009; Magne Nde et al., 2012; Mvondo et al., 2012). The authors used the same estrogen receptor competitor assay based on fluorescence polarization in the same laboratory and according to the instructions of the same manufacturer. The discrepancies can probably be ascribed to the purity of compound. The ER competitive ligand binding assay cannot distinguish between estrogenic and antiestrogenic substances and does not provide insight into the ability of a substance to initiate the molecular cascade leading to altered gene expression (Legler et al., 1999). To overcome this disadvantage, reporter gene assays such as the ER-mediated chemically activated luciferase gene expression assay (ER-CALUX) and the yeast estrogen screen (YES) based on stably transfected cell lines are usually applied. In an ER-CALUX assay using human osteosarcoma U2OS cells stably transfected with ER α and transiently transfected with ER β , AIF stimulated the endogenous ER-estrogen response element (ERE) interaction and, thus, the luciferase reporter gene activity (Djiogue et al., 2009; Magne Nde et al., 2012). However, in a yeast two-hybrid β -galactosidase assay, AIF failed to induce the ligand-dependent interaction of ER α and coactivator TIF2 as determined by the expression of a

reporter gene, β -galactosidase (Okamoto et al., 2006). Although ER-CALUX and YES assays rely on the same principle and use the same receptors, the yeast cell wall is usually less permeable to compounds compared to mammalian cell membranes (Legler et al., 1999). This makes the ER-CALUX assay robust, more sensitive and more predictable than the YES assay (Leusch et al., 2010). In MCF-7 cells, AIF upregulated ER α target genes such as proliferating cell nuclear antigen (PCNA), cyclin D1, cyclin E1, cMyc (myelocytomatosis viral oncogene homologue), and liver receptor homologue 1 (LRH-1), and downregulated growth regulation by estrogen in breast cancer 1 (GREB1) (Magne Nde et al., 2012). On the other hand, AIF suppressed estradiol (E2)-induced activity in U2OS-ER β cells but not in U2OS-ER α cells and ER α yeast two-hybrid systems (Okamoto et al., 2006; Magne Nde et al., 2012). Antagonizing the ER β -mediated signaling pathway in the presence or absence of E2 is not promising as ER β is known to counteract the proliferative responses of ER α involved in estrogen-related cancers, osteoporosis, and cardiovascular diseases.

In *in vivo* studies AIF induced estrogen-like effects by increasing uterine wet weight as well as uterine and vaginal epithelial height in ovariectomized Wistar rats (Mvondo et al., 2011; Mvondo et al., 2012). In this model, AIF also reduced the hot flush index by increasing the FSH/LH ratio. It displayed atheroprotective effects by an augmentation of HDL-cholesterol levels, a reduction in the atherogenic index of plasma (Mvondo et al., 2011), and by upregulating the expression of estrogen-sensitive genes associated with bile acid formation (Cyp7a1) (Mvondo et al., 2015). Taken together, the *in vitro* and *in vivo* systems/models used to study estrogenic effects of AIF are quite suitable. The investigations demonstrated that AIF,

TABLE 2 | Pharmacological activities of alpinumisoflavone and underlying mechanisms.

Pharmacological activities	Experimental model	Dose/concentration	Mechanism of action	References
Estrogenic activity	ER competitor binding assay		Weak ER α and ER β binder; higher selectivity for ER α	Mvondo et al., 2012; Magne Nde et al., 2012
	ER competitor binding assay		Weak ER α and ER β binder; higher selectivity for ER β	Djogoue et al., 2009
	U2OS-ER α , U2OS-ER β human osteosarcoma cells	10 ⁻⁹ –10 ⁻⁶ M	Induction of luciferase reporter gene activity	Djogoue et al., 2010; Magne Nde et al., 2012
	MCF-7 breast cancer cells	10 ⁻⁹ –10 ⁻⁶ M	Up-regulation of the expression of estrogen α receptor target genes PCNA, cyclin D1, cyclinE1, cMyc, and LRH-1; downregulation of GREB1 at 10 ⁻⁹ M	Magne Nde et al., 2012
	Ovariectomized Wistar rats	0.01, 0.1, and 1 mg/kg daily for 3 days i.p.	Increase in uterine wet weight, and uterine and vaginal epithelial height	Mvondo et al., 2012
	Ovariectomized Wistar rats	1, 10 mg/kg daily for 28 days i.p.	Increase in uterine and vaginal epithelial height; increase in FSH/LH ratio; reduction in atherogenic risks	Mvondo et al., 2011
	Ovariectomized Wistar rats	0.1, 1, and 10 mg/kg daily for 3 days i.p.	Down-regulation of Esr1 mRNA expression; upregulation of Cyp7a1 mRNA expression.	Mvondo et al., 2015
Antiosteoporotic activity	RAW264.7 osteoclast precursor	2.5 and 5 μ M	Suppression of osteoclast differentiation and proliferation by inhibiting RANKL-induced p38, ERK and JNK activation	Cong et al., 2017
	Ovariectomy-induced osteoporosis	10, 25 mg/kg daily for 6 weeks p.o.	Prevention of OVX-induced bone loss by increasing BV/TV ratio, Tb.Th and Tb.N while decreasing Tb.Sp in OVX mice	Cong et al., 2017
	Dexamethasone-induced osteoporosis	20, 40 mg/kg daily for 8 weeks p.o.	Increase in bone mineral density and mineral content of the proximal femur bone in rats; increase in BV/TV ratio, Tb.Th and Tb.N; decrease in Tb.Sp	Wang et al., 2017b
	MC3T3-E1 and MLO-Y4 osteoblasts and osteocytes	5–20 μ M	Reverse of proapoptotic and antiproliferative effects of dexamethasone <i>via</i> suppressing Nox2-dependent ROS generation	Wang et al., 2017b; Yin et al., 2018
Antioxidant activity	DPPH assay	IC ₅₀ : 8.30 μ g/ml IC ₅₀ : 708.5 μ M IC ₅₀ : 54.80 μ g/ml IC ₅₀ : 54.02 μ g/ml	DPPH scavenging activity of differing degree	Rahman et al., 2010; Tjahjandarie and Tanjung, 2015a; Fu et al., 2018
	Ferric Reducing Antioxidant Power (FRAP) assay LPS-stimulated RAW264.7 cells	35.55 μ M trolox equivalents/1.5 mM 5, 10 μ g/ml	Free radical-scavenging activity Increase in the FRAP reducing power Increase in catalase, HO-1, glutathione peroxidase, and superoxide dismutase production	Bórquez et al., 2013; Bórquez et al., 2013; Li et al., 2018
Anti-inflammatory activity	LPS-stimulated acute lung injury in mice	1, 5, 10 mg/kg i.p. 1 h before LPS challenge	Alleviated lung lesions, pulmonary edema, and hemorrhages: inhibition of myeloperoxidase activity	Li et al., 2018
	LPS-stimulated RAW264.7 cells	5, 10 μ g/ml	Decreased production of TNF- α , IL-6, IL-1b, ICAM-1, and NO; suppression of NF- κ B, MAPKs, and NLRP3 pathways	Li et al., 2018
	Carrageenan-induced rat paw edema	25 mg/kg i.p. 30 min before λ -carrageenan (unique dose)	Inhibition of edema formation	Amen et al., 2013
Antimicrobial activity	<i>Mycobacterium smegmatis</i> MC2 155	MIC = 19.53 μ g/ml MBC = 39.06 μ g/ml	Growth inhibition	Kuete et al., 2008
	<i>Enterobacter cloacae</i> LMP1104G <i>Escherichia coli</i> LMP0101U	IZ = 15.5–18.7 mm except for <i>E. coli</i> (7 mm)	Growth inhibition	Kuete et al., 2008
	<i>Morganella morganii</i> LMP0904G <i>Proteus mirabilis</i> LMP0504G	MIC = 39.06 μ g/ml except for <i>P. mirabilis</i> (78.12 μ g/ml)		
	<i>Staphylococcus aureus</i> LMP0206U			
	<i>Bacillus stearothermophilus</i> LMP0104G			

(Continued)

TABLE 2 | Continued

Pharmacological activities	Experimental model	Dose/concentration	Mechanism of action	References
	<i>Candida albicans</i>	IZ = 14.5 mm MIC = 78.12 µg/ml	Growth inhibition	Kuete et al., 2008
	<i>Candida albicans</i> wild type <i>Candida albicans</i> ATCC18804 3D structure of CdsD protein of Chlamydial T3SS	MIC = 0.25 µg/ml MIC = 0.50 µg/ml	Growth inhibition Interaction with the active site residue GLU-626(O-H) of contact-dependent secretion D (CdsD) protein	Ayine-Tora et al., 2016 Sathishkumar and Tharani, 2017
	<i>Bacillus subtilis</i> ATCC6051 <i>Staphylococcus aureus</i> ATCC12600 <i>Klebsiella pneumoniae</i> ATCC 13883 <i>Escherichia coli</i> ATCC11775	MIC of 3.9 µg/ml except for <i>B. subtilis</i> (7.8 µg/ml)	Growth inhibition	Chukwujekwu et al., 2011
	<i>Staphylococcus aureus</i> SA1199B <i>Staphylococcus aureus</i> RN4220 <i>Staphylococcus aureus</i> EMRSA-15 <i>Staphylococcus aureus</i> XU212 <i>Staphylococcus aureus</i> EMRSA-16 <i>Staphylococcus aureus</i> ATCC25923	MIC = 64 µg/ml MIC = 128 µg/ml MIC = 128 µg/ml MIC > 128 µg/ml MIC > 128 µg/ml MIC > 128 µg/ml	Growth inhibition	Wang et al., 2014
Antimicrobial activity	<i>Staphylococcus aureus</i> MSSA <i>Staphylococcus aureus</i> MRSA <i>Staphylococcus aureus</i> MDRSA	MIC = 15 µg/ml MIC = 30 µg/ml MIC = 30 µg/ml	Growth inhibition	Akter et al., 2016
Anticancer activity	KB oral epidermoid carcinoma cells P-388 leukemia cells	ED ₅₀ = 4.13 µg/ml IC ₅₀ = 4.31 µg/ml	Inhibition of cell proliferation Inhibition of cell proliferation	Nkengfack et al., 2001 Tjahjandarie and Tanjung, 2015a
	HL-60, MOLT-4, K-562 leukemia cells	50 µM	Inhibition of cell proliferation; induction of apoptosis via both intrinsic and extrinsic pathways (activation of caspase-3, -8, -9; PARP cleavage; release of cytochrome c, Bax; downregulation of Bcl-2 expression) and inhibition of NF-kB (p65)/Stat3 tango in HL-60 cells	Kumar et al., 2013
	Full NCI 60 cell panel	10 ⁻⁵ M	Inhibition of proliferation of CCRF-CEM, MOLT-4, and HL-60(TB) leukemia cells, SN12C renal cancer cells and MCF7 breast cancer cells	Amen et al., 2013
	H2108, H1299, MRC-5 lung cancer cells; LPS-stimulated RAW264.7 cells	30, 60 µM	Inhibition of cell viability; induction of apoptosis (activation of caspase 3/7; repression of AP-1 and NF-kB-dependent transcription; inhibition of ERK/MAPK pathway); Suppression of (LPS)-induced NO production	Namkoong et al., 2011
	Eca109, KYSE30 esophageal squamous carcinoma cells (ESCC); Eca109 xenograft mouse model	5, 10, 20 µM; 20 mg/kg daily for 20 days	Inhibition of cell proliferation; increase in radio-sensitivity of ESCC; enhanced irradiation-induced DNA damage, apoptosis, G2/M cell cycle arrest; increase in irradiation-induced ROS generation by suppressing Nrf2 and target genes HO-1 and NQO-1; <i>in vivo</i> suppression of tumor growth and expression of Ki-67 and PCNA; more profound in combination with irradiation	Zhang et al., 2017

(Continued)

TABLE 2 | Continued

Pharmacological activities	Experimental model	Dose/concentration	Mechanism of action	References
Anticancer activity	786-O, RCC4 clear-cell renal cell carcinoma (ccRCC); 786-O xenograft mouse model	2.5, 5, 10 μ M; 40, 80 mg/kg daily for 24 days	Suppression of cell growth; induction of apoptosis; inhibition of cell invasion; increased miR-101 expression; repression of RLIPT76 expression; inhibition of Akt <i>in vivo</i> suppression of tumor growth and pulmonary metastasis	Wang et al., 2017a
	HCT-116, SW480 colorectal cancer (CRC) cells; HCT-116 xenograft mouse model	5, 10 μ M; 25, 50 mg/kg daily for 24 days i.p.	Inhibition of cell proliferation; induction of apoptosis; increased DNA double-strand breaks by inhibiting DNA repair <i>via</i> RAD51 downregulation; suppression of CRC tumor growth without adverse effects on normal tissues; downregulation of <i>in situ</i> levels of Ki-67, Bcl-2 and RAD51; increased cleaved caspase-3 and Bax in tumor tissues	Li et al., 2019
	PC-3 prostate cancer cells	IC ₅₀ > 30 μ M	Inhibition of cell proliferation	Nana et al., 2012
	A375, SK-MEL-1 melanoma cells; B16-F10 mouse model of lung metastasis	5, 10 μ M; 20, 50 mg/kg daily for 24 days (intragastric route)	Inhibition of cell proliferation; impaired metastatic potential by downregulating COX-2 <i>via</i> the miR-124/SPHK 1 axis; decreased number of lung metastases; decreased COX-2 and SPHK1 expression and increased miR-124 expression in metastatic tissues	Gao et al., 2017
	EC9706, KYSE30 ESCC cell lines; KYSE30 xenograft mouse model	10, 20 μ M; 50, 100 mg/kg daily for 30 days	Suppression of cell proliferation and tumor growth; Induction of apoptosis by upregulating the miR-370/PIM1 signaling	Han et al., 2016
Antidiabetic activity	CCRF-CEM, CEM/ADR5000 leukemia cells		Strong inhibition of cell proliferation (degree of resistance = 0.62); induction of G0/G1 cell cycle arrest and apoptosis in CCRF-CEM cells through caspase 3/7 activation, mitochondrial membrane potential loss, and ROS production	Kuete et al., 2016
	MDA-MB-231-pcDNA3, MDA-MB-231-BCRP clone 23 breast cancer cells		Moderate inhibition of cell proliferation (degree of resistance = 1.54)	Kuete et al., 2016
	HCT116 (<i>p53</i> ^{+/+}), HCT116 (<i>p53</i> ^{-/-}) colon cancer cells		Moderate inhibition of cell proliferation (degree of resistance = 0.86)	Kuete et al., 2016
	U87MG, U87MG. Δ EGFR glioblastoma cells		Moderate inhibition of cell proliferation (degree of resistance = 0.90)	Kuete et al., 2016
	T47D, MDA-MB-231 breast cancer cells	1, 3, 10 μ M	Inhibition of hypoxia-induced and iron chelator-induced HIF-1 activation in T47D cells; inhibition of MDA-MB-231 cell migration and chemotaxis	Liu et al., 2009
Neuroprotective activity	α -glucosidase	IC ₅₀ = 73.3 μ M	Inhibition of α -glucosidase activity	Fu et al., 2018
	Protein tyrosine phosphatase-1B (PTP1B)	IC ₅₀ = 42.0 μ M	Inhibition of PTP1B activity	Na et al., 2006
	PTP1B L6 myotubes; PTP1B	IC ₅₀ = 21.2 μ M 1, 10, 25 μ M	Inhibition of PTP1B activity Stimulation of basal and insulin-treated glucose-uptake in L6 myotubes by increasing AMPK activation, glucose transporters mRNA expression; moderate inhibition of PTP1B (IC ₅₀ = 37.52 μ M)	Trinh et al., 2017 Lee et al., 2009b
	Acyl-CoA:diacylglycerol acyltransferase (DGAT)	12.5 μ g/ml	Inhibition of DGAT activity	Oh et al., 2009
	Monoamine oxidases (MAOs)	IC ₅₀ = 25.8, 52.6, 16.8 μ M, respectively	Inhibition of mixed mouse total brain MAO, MAO-A and MAO-B activity	Han et al., 2005
	SH-SY5Y neuroblastoma cells	IC ₅₀ > 25 μ M	Attenuation of 6-hydroxydopamine-induced neurotoxicity and ROS generation	Kim et al., 2017

(Continued)

TABLE 2 | Continued

Pharmacological activities	Experimental model	Dose/concentration	Mechanism of action	References
Antiplasmodial activity	<i>Plasmodium falciparum</i>	IC ₅₀ = 1.98 µg/ml	Inhibition of parasite proliferation	Tjahjandarie and Tanjung, 2015b
Anti-HIV	HIV-1 protease	IC ₅₀ = 30.1 µM	Inhibition of HIV-1 protease activity	Lee et al., 2009a

Akt, protein kinase B; *BV/TV ratio*, bone volume/total volume ratio; *cMyc*, myelocytomatosis viral oncogene homolog; *COX-2*, cyclooxygenase-2; *DPPH*, 1,1-diphenyl-2-picrylhydrazyl; *ER*, estrogen receptor; *ERK*, extracellular signal-regulated kinase; *GREB1*, growth regulation by estrogen in breast cancer 1; *HIF-1*, hypoxia-inducible factor-1; *HO-1*, heme oxygenase-1; *ICAM-1*, intercellular adhesion molecule-1; *IZ*, inhibition zone; *JNK*, c-Jun N-terminal kinases; *LRH-1*, liver receptor homologue 1; *MAPKs*, mitogen-activated protein kinases; *MIC*, minimum inhibitory concentration; *NF-κB*, nuclear factor-kappa B; *NLRP3*, nucleotide-binding domain-like receptor protein 3; *NQO-1*, NADPH:quinoneoxidoreductase-1; *PARP*, poly-ADP Ribose polymerase; *PCNA*, proliferating cell nuclear antigen; *PIM1*, Pim family kinases 1; *RANKL*, receptor activator of nuclear factor kappa-B ligand; *ROS*, reactive oxygen species; *SPHK1*, sphingosine kinase 1; *Tb.N*, trabecular number (linear bone density of the trabecular bone); *Tb.Sp*, trabecular separation (distance between the edges of the trabecular bone); *Tb.Th*, trabecular thickness.

through activation of ERs and modulation of estrogen-sensitive genes, exhibited estrogenic activities on uterus and vagina and by influencing several factors reduced the atherogenic risk. Nevertheless, further *in vivo* studies are necessary to get deeper insight into its potential.

Antiosteoporotic Activity

Isoflavonoids are increasingly considered as a promising first-line prophylaxis for osteoporosis in clinical settings (Ma et al., 2008; Lambert and Jeppesen, 2018). The therapeutic strategies globally emphasize the inhibition of “osteoclast-mediated bone resorption” and/or the prevention of the apoptosis of osteoblasts and osteocytes.

Using experimental protocols of postmenopausal or glucocorticoid-induced osteoporosis, AIF exhibited an antiosteoporotic activity both *in vitro* and *in vivo*. A 6-week oral treatment with AIF (10 and 25 mg/kg) prevented ovariectomy-induced osteoporosis in mice by suppressing osteoclast differentiation (Cong et al., 2017). Despite its limits (Egermann et al., 2005; Lelovas et al., 2008), the ovariectomized rat/mouse model is the most widely used animal model in research on postmenopausal osteoporosis. Long-term exposure to glucocorticoids, e.g., in the treatment of chronic autoimmune and pulmonary disorders, cancers of the lymphoid system, as well as in the prevention of transplant rejection (Oakley and Cidlowski, 2013), is the primary cause of the secondary osteoporosis (Tanaka, 2014). In dexamethasone-induced osteoporosis in rats, 20 and 40 mg/kg AIF p.o. prevented bone loss (Wang et al., 2017b). *In vitro*, 5–20 µM AIF abrogated the dexamethasone-induced cytotoxicity and proapoptotic effects on osteoblasts and osteocytes (MC3T3-E1 and MLO-Y4 cells) through the inhibition of ROS production as well as through the activation of nuclear factor erythroid 2-related factor 2 (Nrf2) and AMPK-dependent NAD(P)H oxidase 2 (Nox2) signaling pathways (Wang et al., 2017b; Yin et al., 2018). Osteoporosis remains an important target of research (Hendrickx et al., 2015), and, despite some limits, the two described animal models are appropriate and closer to the human situation than other models. Although further investigation is needed, the available studies showed that AIF, by suppressing osteoclast differentiation or osteoblasts and osteocytes apoptosis, could have beneficial effects on postmenopausal- and glucocorticoid-induced bone damage.

Antioxidant and Anti-Inflammatory Activities

Through free radical-scavenging and antioxidative effects, antioxidants constitute the first line of defense against the pathogenesis of several diseases (Rani, 2017).

AIF showed radical scavenging activity against 1,1-diphenyl-2-picrylhydrazyl (DPPH) radicals (Rahman et al., 2010; Bórquez et al., 2013; Tjahjandarie and Tanjung, 2015a; Akter et al., 2016; Fu et al., 2018). IC₅₀ values of 8.30 µg/ml (Rahman et al., 2010), 54.02 µg/ml (Bórquez et al., 2013), 54.80 µM (Fu et al., 2018), and 708.50 µM (Tjahjandarie and Tanjung, 2015a) were determined. In lipopolysaccharide (LPS)-stimulated murine macrophages RAW264.7 and in mice with LPS-stimulated acute lung injury (ALI), 5 and 10 µg/ml AIF significantly increased the production of antioxidative enzymes such as catalase, heme oxygenase-1 (HO-1), glutathione peroxidase, and superoxide dismutase (Li et al., 2018).

There is a long and ever-growing list of *in vitro* antioxidant assays. In the DPPH free radical scavenging assay, quite different IC₅₀ values were obtained with AIF probably due to the differences in assay conditions (Table 3). Variable DPPH concentrations, incubation times, sample volumes, solvent systems, and pH clearly result in large differences in IC₅₀ values (reviewed by Tan and Lim, 2015). To standardize the methodology and ensure comparability between studies or laboratories, a DPPH concentration of 50 µM (for good accuracy), an incubation time of 30 min, and methanol as solvent for less polar samples or buffered methanol for more polar samples have been proposed (Sharma and Bhat, 2009; Mishra et al., 2012). Results expressed in different units additionally impede cross-comparison in many cases. The DPPH assay does not actually measure the antioxidant activity but the reducing capacity of the sample (Benzie and Strain, 1999). Moreover, there is no linear relationship between the antioxidant concentration and the radical scavenging activity. The numerous drawbacks of this assay underline its ineptitude to evaluate the antioxidant capacity. Among the other single electron transfer (SET)-based assays such as the trolox equivalent antioxidant capacity (TEAC), ferric reducing antioxidant power (FRAP), and thiobarbituric acid reactive substances (TBARS), TEAC assay is most popular due to its convenient application which better reflects the antioxidant activity (Floegel et al., 2011). More recently, hydrogen atom transfer (HAT)-based

TABLE 3 | Assay conditions of the DPPH method in studies recorded in this review.

Studies	DPPH concentration	Solvent for sample (pH)	Sample volume	Incubation time (min)	Standard compound
Bórquez et al. (2013)	400 μ M	Methanol (-)	-	30	Quercetin
Fu et al. (2018)	-	-	-	-	Propyl gallate
Rahman et al. (2010)	20 mg/l	Methanol (-)	-	20	<i>Tert</i> -butyl-1-hydroxytoluene
Tjahjandarie and Tanjung (2015a)	500 μ M	Methanol + 0.1 M buffer acetate (pH 5.5)	-	30	Ascorbic acid

-, not indicated.

assays like oxygen radical absorbance capacity (ORAC), total radical-trapping antioxidant parameter (TRAP), and crocin-bleaching assays provide better analogies to *in vivo* action (Prior et al., 2005). The main limits of TRAP (which relies only on the lag phase of the kinetic curve for quantitation) and the crocin-bleaching (easily disturbed by compounds absorbing at the monitored wavelength of 450 nm, crocin is not sold as pure compound but as an extract of saffron) assays are probably the reason why the ORAC assay is currently preferred in food and pharmaceutical industries (Huang et al., 2005; Ćiž et al., 2010; Power et al., 2013). According to Tan and Lim (2015), a mix of SET and HAT-based assays, encompassing several different radical types is recommended to better estimate the overall antioxidant activity of a sample. In summary, the DPPH assay is not appropriate to evaluate the antioxidant activity of a sample. Moreover, the studies recorded in this review did not use the standardized protocols. However, results from the LPS-induced ALI protocol, well known to be associated with the production of ROS and oxidative stress (Su et al., 2014; Yeh et al., 2014), indicate that, *via* an activation of antioxidative enzymes, AIF could be beneficial in the treatment of diseases associated with oxidative stress.

The overproduction of free radicals is usually associated with excessive or sustained inflammatory reactions (Dandekar et al., 2015). Administered 1 h before LPS challenge, AIF (10 mg/kg *i.p.*) alleviated LPS-induced lung lesions, pulmonary edema, and hemorrhages by reducing the activity of myeloperoxidase (Li et al., 2018). In this model and in LPS-induced RAW264.7 cells, 5 and 10 μ g/ml AIF inhibited the production of proinflammatory mediators including tumor necrosis factor (TNF)- α , interleukin (IL)-6, IL-1b, intercellular adhesion molecule-1 (ICAM-1), and nitric oxide (NO). The mechanisms underlying these activities include the suppression of nuclear factor-kappa B (NF- κ B), mitogen-activated protein kinases (MAPKs), the nucleotide-binding domain-like receptor protein 3 (NLRP3) inflammasome, and IL-17 signaling pathways (Li et al., 2018). A similar effect on LPS-induced NO production in RAW264.7 cells was observed by Namkoong et al. (2011) with an IC_{50} value of 15.97 μ M. In GOLD docking fitness, AIF displayed a fitness score of 35.42 against cyclooxygenase (COX)-2, an inducible enzyme only expressed after an inflammatory stimulus (Uddin et al., 2014). Four hours after administration, AIF (25 mg/kg *i.p.*) reduced the carrageenan-induced rat paw edema by 29% in male Wistar rats, whereas the positive control indomethacin (10 mg/kg *i.p.*) reduced it by 41.67% (Amen et al., 2013). The models used in studies recorded in this review including the

carrageenan-induced rat paw edema and the LPS-induced ALI are well-established to study the anti-inflammatory potential of chemicals. Therefore, results from these models provide a strong evidence of the anti-inflammatory potential of AIF.

Antimicrobial Activity

Over the last decade, the antimicrobial properties of AIF have been evaluated against several drug-resistant and drug-susceptible strains using agar disk diffusion (Kuetze et al., 2008), broth microdilution (Kuetze et al., 2008; Chukwujekwu et al., 2011; Wang et al., 2014; Ayine-Tora et al., 2016) and macrodilution assays (San-Martín et al., 2015), thin layer chromatography (TLC) bioautography (Akter et al., 2016), and computer-based (virtual) (Sathishkumar and Tharani, 2017) methods.

Tuberculosis (TB) is the leading human infectious-related cause of death (WHO, 2017). Usually, nonpathogenic mycobacterial species such as *Mycobacterium smegmatis* are used as model systems (Altaf et al., 2010; Namouchi et al., 2017). *M. smegmatis* displays an identical susceptibility to that of multidrug-resistant (MDR) clinical isolates of *Mycobacterium tuberculosis* for the two frontline anti-TB drugs isoniazid and rifampicin (Chaturvedi et al., 2007). AIF displayed a minimum inhibitory concentration (MIC) of 19.53 μ g/ml and a minimum bactericidal concentration (MBC) of 39.06 μ g/ml against *M. smegmatis* MC2 155 (32-fold less active than ciprofloxacin) while showing no activity against *M. smegmatis* ATCC14468 (San-Martín et al., 2015) and *M. tuberculosis* H37Rv (Kuetze et al., 2008).

AIF also prevented the growth of Gram-negative (*Enterobacter cloacae*, *Escherichia coli*, *Morganella morganii*, and *Proteus mirabilis*) and Gram-positive (*Staphylococcus aureus* and *Bacillus stearothermophilus*) bacteria with inhibition zones (IZ) of 15.5–18.5 mm. Only the effects against *E. coli* (IZ = 7.0 mm) were weaker. MIC values of 39.06 μ g/ml (against *E. cloacae*, *M. morganii*, *S. aureus*, and *B. stearothermophilus*) and an MBC of 78.12 μ g/ml (only against *M. morganii*) were determined. In this series, AIF was less active than the reference gentamycin (IZ = 23.8–31.7 mm; MIC = 2.44–9.76 μ g/ml) (Kuetze et al., 2008). In a study by Chukwujekwu et al. (2011), AIF displayed MICs of 3.9 μ g/ml (against *S. aureus*, *E. coli*, and *Klebsiella pneumoniae*) and 7.8 μ g/ml (against *Bacillus subtilis*), while those of the reference neomycin ranged between 0.78 and 1.6 μ g/ml. Weak inhibitory activity (MIC \geq 64 μ g/ml) was observed against drug-resistant (SA1199B, RN4220, EMRSA-15, XU212, and EMRSA-16) and wild-type strains of *S. aureus* (Wang et al., 2014). Using a TLC bioautography assay, Akter et al. (2016)

reported minimum inhibitory quantities of 15 µg for methicillin-sensitive *S. aureus* and 30 µg for a methicillin-resistant and an isolated multidrug resistant strain of *S. aureus*. By contrast, AIF did not show antibacterial activity against the clinical isolates of *S. aureus*, *M. morgani*, *E. coli*, and *Klebsiella granulomatis* in a study by San-Martin et al. (2015). This might be explained by differences in the methods and microbial strains.

Chlamydia trachomatis is the most common infectious cause of trachoma. By significantly interacting (G.score of -2.5 kcal/mol) with the active site residue GLU-626(O-H) of contact-dependent secretion D (CdsD) protein *in silico*, AIF might disrupt the assembly of the type III secretion system (T3SS) involved in differentiation, replication, and dissemination *C. trachomatis* (Sathishkumar and Tharani, 2017).

AIF was fungistatic against wild (MIC = 0.25 µg/ml) and ATCC18804 (MIC = 0.50 µg/ml) strains of *Candida albicans* (Ayine-Tora et al., 2016). At the concentration of 50 µg/ml, AIF was not able to inhibit the activity of fatty acid synthase (a potential antifungal target) and the growth of *C. albicans* ATCC90028 and *Cryptococcus neoformans* ATCC90113 (Li et al., 2002). It did not display any activity against *Candida glabrata* (Kuethe et al., 2008).

The antibacterial activity of flavonoids is often widely conflicting mainly due to the use of different nonstandardized techniques. To overcome this issue, the Clinical and Laboratory Standards Institute (CLSI) and the European Committee for Antimicrobial susceptibility testing (EUCAST) have approved and published some guidelines over the last two decades (CLSI, 1998; CLSI, 2002; CLSI, 2004; CLSI, 2008; CLSI, 2010a; CLSI, 2010b; CLSI, 2012a; CLSI, 2012b; EUCAST Definitive Document, 2000; EUCAST Discussion Document, 2003). However, despite these guidelines for agar dilution, broth microdilution, and broth macrodilution, results from nonstandardized protocols are still published even in highly reputable journals. Although the disk diffusion technique is easy to apply without specialized equipment, and cheap, the determined IZ value is not related to the antibacterial activity but depends on polarity, concentration, and molecular weight of compounds (Tan and Lim, 2015). Thus, highly polar compounds display a high IZ, and many compounds with the same diffusion rate result in quite different antimicrobial activities. This method is only useful for a simple qualitative screening. It does not allow the quantification of the amount of the antimicrobial agent diffused into the agar, impeding the determination of MICs and MBCs (Ncube et al., 2008; Balouiri et al., 2016). The broth macrodilution or microdilution assays are among the most appropriate methods to determine MIC and MBC values despite the fact that they are unsuitable for highly nonpolar compounds (Tan and Lim, 2015). The reproducibility and the low price due to small amounts of reagents are the main advantages of the microdilution assay over the macrodilution assay. The latter is tedious to perform, requires a lot of manual handling, and is associated with a risk of errors in the preparation of antimicrobial solutions (Jorgensen and Ferraro, 2009). Accordingly, the microdilution method appears to be more accurate. In general, the interpretation of the efficacy depends on the profound

knowledge of the model and the used protocol. Nevertheless, stringent endpoint criteria have been set to MIC values of <10 µg/ml or <25 µM for promising plant compounds (Ríos and Recio, 2005; Cos et al., 2006). According to this criterion, AIF could be considered promising only against *S. aureus* ATCC12600, *E. coli* ATCC11775, *K. pneumonia* ATCC13883, *B. subtilis* ATCC6051, and wild and ATCC18804 strains of *C. albicans*. Overall, despite the limits of the used assays/protocols and the discrepancies in results, recorded data suggest the potential of AIF to act as an antimicrobial drug against few microorganisms.

Anticancer Activity

Different studies reported promising anticancer activities of plant-derived (iso)flavonoids (Magne Nde et al., 2015; Nwodo et al., 2016; Patil and Masand, 2019) including the suppression of proliferation, migration/invasion, tumor angiogenesis and metastasis, and the promotion of apoptosis in various cancers.

In several studies the 3-(4,5-dimethylthiazole-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay was applied to determine the cytotoxic effects of AIF: The compound exhibited strong cytotoxicity against human oral epidermoid carcinoma KB cells (IC₅₀ = 4.13 µg/ml) (Nkengfack et al., 2001) and murine leukemia P-388 (IC₅₀ = 4.31 µg/ml) cells (Tjahjandarie and Tanjung, 2015a). IC₅₀ values of 19, 34, and 41 µM, respectively, were observed against human leukemia HL-60, K-562, and MOLT-4 cell lines (Kumar et al., 2013). In human lung H2108, H1299, and MRC-5 cancer cell lines, AIF displayed moderate cytotoxicity with IC₅₀ values of 33.5, 38.8, and 52.5 µM, respectively (Namkoong et al., 2011). At the concentration of 10 µM, the growth and invasion of the human clear-cell renal carcinoma ccRCC 786-O and Caki1 cells were suppressed by 40 and 50–60%, respectively (Wang et al., 2017a). An IC₅₀ value of >25 µM was obtained against human prostate PC-3 (Nana et al., 2012) and neuroblastoma SH-SY5Y (Hong et al., 2018) cancer cells. At the concentration of 10⁻⁵ M, AIF inhibited the growth of the renal SN12C cancer cells by 32.67% (Amen et al., 2013). AIF (10 µg/ml) displayed a low antiproliferative activity (30–40% inhibition) against the human melanoma A375 and SK-MEL-1 cells after a 24-h incubation and suppressed the migration and invasion of these cell lines (Gao et al., 2017). However, after 48 h of incubation, AIF did not exhibit inhibitory effects against SK-MEL-28 cells in a study by Hu et al. (2017). The degree of cytotoxicity in MTT assay increases with the cell number, the concentration of MTT, and the incubation time (van Tonder et al., 2015). The concentration of MTT was not indicated in the two latter studies, and the cell number (5 × 10³ cells/well) was only indicated by Hu et al. (2017). Comparison of the incubation times showed that the higher incubation time (Hu et al., 2017) was associated with lower antiproliferative activity. Although neglected in the vast majority of studies, long incubation times are often associated with the decomposition, metabolism, or precipitation of compounds (Ateba et al., 2018).

Under use of a cell counting kit-8 (CCK-8) assay, AIF exhibited a moderate antiproliferative activity against human

esophageal squamous carcinoma (ESCC) Eca109 and KYSE30 cells and at 5 μM enhanced the sensitivity of these cell lines to irradiation (Zhang et al., 2017). In the same model, it also reduced the viability of colorectal HCT-116 and SW480 cancer cells (IC_{50} of 10 and 5 μM , respectively) (Li et al., 2019). The enzyme-based methods including CCK-8 and MTT assays are easy to use, safe, and have a high reproducibility. However, the toxicity of MTT as well as interference of polyphenols with the tetrazolium MTT dye has to be taken into consideration (Wang et al., 2010). A further advantage of the CCK-8 method is its far higher sensitivity (https://www.dojindo.eu.com/Shared/Flyers/Flyer_CCK-8-Rev.pdf)

At 10^{-5} M, AIF inhibited the growth of leukemia CCRF-CEM, MOLT-4, and HL-60 cancer cells by 51.17, 26.15, and 15.49%, respectively. In this study, the type of assay was not specified (Amen et al., 2013).

Induction of apoptosis is a very important property of anticancer drug candidates. In 786-O and Caki1 cells, AIF led to apoptosis by modulating the miR-101/RLIP76 signaling pathway through the inhibition of Akt (Wang et al., 2017a). In addition to the induction of DNA damage and cell cycle arrest (Zhang et al., 2017), AIF induced apoptosis in ESCC cells by upregulating the miR-370/Pim family kinases 1 (PIM1) signaling (Han et al., 2016) and by suppressing the expression of Nrf2, HO-1 and NADPH:quinine oxidoreductase-1 (Zhang et al., 2017). In HL-60 leukemia cells, apoptotic cell death was observed *via* the suppression of NF- κ B and the signal transducer and activator of transcription (STAT) signaling pathway (Kumar et al., 2013). AIF induced lung tumor apoptotic cell death by repressing both the ERK/MAPK and NF- κ B pathways (Namkoong et al., 2011). In HCT-116 and SW480 cells, it triggered apoptosis by blocking DNA damage repair mediated by the DNA double-strand break repair gene RAD51 (Li et al., 2019) and in CCRF-CEM cells through the loss of MMP and production of ROS (Kuete et al., 2016).

Drug resistance constitutes a major impediment to effective cancer treatment. AIF displayed antiproliferative effects against several MDR cancer cell lines. Strong antiproliferative activities were obtained for both the drug-sensitive CCRF-CEM (IC_{50} = 9.6 μM) and the multidrug-resistant P-glycoprotein-overexpressing subline CEM/ADR5000 (IC_{50} = 5.91 μM) cells (Kuete et al., 2016). In other drug-sensitive cell lines [breast MDA-MB-231-pcDNA3, colon HCT116 (p53^{+/+}), glioblastoma U87MG] and their MDR counterparts [MDA-MB-231-BCRP clone 23, HCT116 (p53^{-/-}) and U87MG. Δ EGFR], AIF displayed moderate effects with IC_{50} values of 42.4–46.7 and 36.4–65.6 μM , respectively. In comparison to normal AML12 hepatocytes, a selective index >3.13 was observed towards HepG2 liver cancer cells (Kuete et al., 2016).

The role of increased activity of hypoxia-inducible factor-1 (HIF-1), especially HIF-1 α is well known in cancer progression (Massoud and Li, 2015; Schito and Semenza, 2016). Hypoxic cancer cells seem to be resistant to radiation and chemotherapy (Rohwer and Cramer, 2011; Zhang et al., 2015). Therefore, targeting HIF-1 is an important approach for cancer prevention and treatment. AIF suppressed both hypoxia-induced and iron

chelator-induced HIF-1 activation in T47D human breast cancer cells as well as MDA-MB-231 cell migration (Liu et al., 2009).

The antiproliferative or cytotoxic activity associated with apoptosis in malignant cells is a highly important target in the screening of anticancer drugs. Given the severe adverse reactions in normal tissues by tumoricidal doses of chemotherapeutic agents, the cytotoxic activity of drug candidates should also be evaluated against normal cells. In addition to a strong antiproliferative activity (IC_{50} <4 $\mu\text{g}/\text{ml}$ or <10 μM for a pure compound after 48–72 h incubation) (Boik, 2001), a high selectivity (selectivity index ≥ 3) towards malignant cells is needed. The inclusion of positive controls in respective studies of natural compounds is indispensable in good experimental practice (Ateba et al., 2018). Among the 13 *in vitro* studies recorded in this review, only one investigated the effects against normal cells (Kumar et al., 2013) and four used a positive control (Nana et al., 2012; Tjahjandarie and Tanjung, 2015a; Hu et al., 2017; Hong et al., 2018). In addition to this deficit, human tumor cell lines as the workhorse of cancer research are cultured since decades and do not adequately mirror (different tumor environment) the biology of human tumors (Ben-David et al., 2017). Therefore, *in vivo* models with better and more clinically predictive power of human cancers are an imperative.

In vivo, AIF has been tested in various xenograft mouse models. After 30 consecutive days of treatment, the compound reduced tumor growth in KYSE30 (50 and 100 mg/kg/day) and Eca109 (20 mg/kg/day) xenograft mouse models (Han et al., 2016; Zhang et al., 2017). It also suppressed the tumor growth in an HCT-116 xenograft mouse model after 24 days treatment (25 and 50 mg/kg/day AIF i.p.) (Li et al., 2019). In a B16-F10 mouse lung model of metastasis, 24-day intragastrical administration of 20 and 50 mg/kg/day AIF decreased the number of metastatic pulmonary nodules. The reduction in COX-2 through modulating miR-124/SPHK1 axis was the underlying mechanism involved (Gao et al., 2017). The dose of 40 and 80 mg/kg/day for 24 days suppressed the growth and pulmonary metastatic nodules in a 786-O xenograft mouse model by modulating miR-101/RLIP76 signaling (Wang et al., 2017a). In a study by Zhang et al. (2017), combination of AIF (20 mg/kg/day for 30 days) with irradiation induced a more profound tumor regression than single treatments. All these *in vivo* activities occurred without affecting the body weight of the mice. Despite the drawbacks of the majority of the current cell-line-derived or patient-derived mouse xenograft models reviewed by Landgraf et al. (2018), they have become a prominent cancer model system over decades. For research in pharmaceutical industry, the accurate description of materials and methodology is indispensable to assure that experiments can be accurately replicated. However, the route of administration of AIF, an extremely important parameter, is not mentioned in the studies by Zhang et al. (2017) and Wang et al. (2017a), published in “high-impact” journals. As a different route of administration leads to different results, this underlines the importance of an accurate review of such papers. Nevertheless, all data reported in this section demonstrate that AIF could have a potential to suppress some tumor growth *in vivo*.

Antidiabetic Activity

Adequate glycemic control remains the main foundation of managing diabetes mellitus (DM) (Chaudhury et al., 2017). Retarding the release of D-glucose from dietary carbohydrates and delaying its absorption through the inhibition of α -glucosidase is an attractive therapeutic target for the treatment of DM, obesity, and other related complications (van de Laar et al., 2005). *In vitro*, AIF exhibited a moderate α -glucosidase inhibitory activity with an IC_{50} value of $73.3 \pm 12.9 \mu\text{M}$ (Fu et al., 2018).

Protein tyrosine phosphatase 1B (PTP1B) is a negative key regulator of insulin signaling pathways that leads to insulin resistance. Thus, it is a promising molecular-level therapeutic target in the management of type 2 DM and obesity (Wang et al., 2015). In a study by Na et al. (2006), AIF exhibited *in vitro* PTP1B inhibitory activity with an IC_{50} value of $42 \mu\text{M}$ as compared to the positive controls RK-682 ($IC_{50} = 4.5 \pm 0.5 \mu\text{M}$) and ursolic acid ($IC_{50} = 3.6 \pm 0.2 \mu\text{M}$) (Trinh et al., 2017). By increasing the AMPK activation and the expression of glucose transporters' (GLUT-4 and -1) mRNA as well as by inhibiting the PTP1B activity ($IC_{50} = 37.52 \mu\text{M}$ vs. ursolic acid— $5.13 \mu\text{M}$), AIF significantly stimulated the glucose uptake in L6 myotubes (Lee et al., 2009b). These differences in IC_{50} values can be explained by the application of different experimental conditions. Using a nonkinetic method to estimate the amount of produced *p*-nitrophenol at 405 nm, Na et al. (2006) added 10 M NaOH to stop the reaction, while in the study of Trinh et al. (2017), the release rate of *p*-nitrophenol (kinetic method) was determined by measuring the absorbance at 405 nm every 30 s for 10 min. Moreover, these studies used different concentrations of PTP1B and the substrate *p*-nitrophenyl phosphate.

Acyl-CoA:diacylglycerol acyltransferase (DGAT) is a key enzyme in the synthesis of triglycerides, the imbalance of which usually leads to insulin resistance and type 2 DM. At the concentration of $12.5 \mu\text{g/ml}$, AIF induced 23% inhibition of the activity of this enzyme, while the positive control displayed an IC_{50} value of $4.8 \mu\text{g/ml}$ (Oh et al., 2009).

Overall, these preliminary results suggest that AIF could exhibit a potential for the treatment of type 2 DM by retarding the glucose absorption from small intestine, by increasing the insulin sensitivity and the glucose transport into cells, and by improving triglycerides' profile. But most important, this hypothesis has to be confirmed by respective meaningful *in vivo* models.

Neuroprotective Activity

Elevation of the activity of brain monoamine oxidases (MAOs), especially MAO-B, contributes to chronic neurodegeneration and brain atrophy (Naoi et al., 2018; Tong et al., 2017). AIF inhibited the mixed type of mouse total brain MAO with an IC_{50} value of $25.8 \mu\text{M}$. Its activity on MAO-B ($IC_{50} = 16.8 \mu\text{M}$) was 3.1-fold higher than that on MAO-A (Han et al., 2005). Globally, AIF was more active than the positive control amitriptyline on mixed MAO, MAO-A, and MAO-B. By destroying dopaminergic and noradrenergic neurons in the brain through excessive production of ROS such as superoxide

radicals, the neurotoxin 6-hydroxydopamine (6-OHDA) induces neuronal cell death and Parkinson's disease in rats (Heikkila et al., 1989; Perese et al., 1989; Schober, 2004). At noncytotoxic concentrations, AIF attenuated ($IC_{50} > 25 \mu\text{M}$) the 6-OHDA-induced neurotoxicity and ROS generation in SH-SY5Y cells (Kim et al., 2017).

The relatively high MAO inhibitory activity of AIF compared to amitriptyline and its capacity to protect against 6-OHDA-induced neurotoxicity justifies further in-depth investigations of AIF for its potential in neurodegenerative diseases such as Parkinson's and Alzheimer's.

Other Activities

With 216 million cases and 445,000 deaths in 2016, malaria remains a major cause of death worldwide, especially in Africa (<http://www.who.int/malaria/en/>). AIF has shown strong antiplasmodial properties against *Plasmodium falciparum* with an IC_{50} value of $1.98 \mu\text{g/ml}$ as compared with the positive control chloroquine ($IC_{50} = 1.02 \mu\text{g/ml}$) (Tjahjandarie and Tanjung, 2015b).

HIV-1 protease and reverse transcriptase are the most important targets in the search for anti-HIV agents. *In vitro*, AIF showed a low inhibitory activity against HIV-1 protease with an IC_{50} value of $30.1 \mu\text{M}$ (Lee et al., 2009a).

STRUCTURE-ACTIVITY RELATIONSHIP

Numerous prenyl- (Hu et al., 2017), O-methyl- (Waffo et al., 2000; Han et al., 2005; Liu et al., 2009; Lim et al., 2012; Ndemangou et al., 2013; Ayine-Tora et al., 2016; Ocloo et al., 2017; Fu et al., 2018), and/or O-acetyl (Bórquez et al., 2013; Ayine-Tora et al., 2016) derivatives of AIF have been detected in various plants and studied for the impact on the biological activities. From studies comparing both the activities of AIF and those of one or more of its derivatives (Table 4), it can be deduced that:

- i) The replacement of C4'-OH and/or C5-OH by -OMe or O-acetyl reduces the antifungal activity against *C. albicans* (Ayine-Tora et al., 2016).
- ii) The 4'-O-methylated form of AIF promoted the inhibition of HIF-1 activation in T47D cells, the MDA-MB-231 cell migration (Liu et al., 2009), and the inhibition of urease (Ndemangou et al., 2013) and MAO-A (Han et al., 2005) activities, while no significant changes on the influence on MAO-B and α -glucosidase activities were observed (Han et al., 2005; Fu et al., 2018).
- iii) In AIF, initially inactive, the introduction of a prenyl group at the C-8 position to obtain scandenolone or wrangalone significantly increased the growth inhibitory activity ($IC_{50} < 5 \mu\text{M}$) towards human melanoma SK-MEL-28 cells (Hu et al., 2017).
- iv) The [1,2-*b*:5,4-*b'*]dipyran derivative derrone showed antiproliferative activity in human leukemia U937 cells in a similar magnitude like AIF (Matsuda et al., 2007). The same refers to the inhibition of PTP1 ($IC_{50} = 12.6 \mu\text{M}$ for derrone and $21.6 \mu\text{M}$ for alpinumisoflavone) (Trinh et al., 2017). In contrast, derrone was moderately inhibiting phospholipase

TABLE 4 | Impact of different substitutions on the activity of alpinumisoflavone.

Substituent	Impact on the activity	Experimental model	References
4'-O-methyl	↑ Inhibition of hypoxia-inducible factor-1 (HIF-1) activation	Human breast tumor T47D cells	Liu et al., 2009
	↑ Inhibition of tumor cell migration and chemotaxis	MDA-MB-231 cells	Liu et al., 2009
	↓ Antiradical activity	DPPH assay	Fu et al., 2018
	↔ Inhibition of α -glucosidase activity	α -Glucosidase enzyme model	Fu et al., 2018
	↓ Antifungal activity	<i>Candida albicans</i> (wild and ATCC18804 strains)	Ayine-Tora et al., 2016
	↑ Monoamine oxidase-A (MAO-A) activity	Mitochondrial fraction from mouse brain	Han et al., 2005
	↔ MAO-B activity		
O,O-dimethyl	↑ Inhibition of urease activity	<i>Helicobacter pylori</i> urease enzyme assay	Ndemangou et al., 2013
	↓ Antifungal activity	<i>Candida albicans</i> (wild and ATCC18804 strains)	Ayine-Tora et al., 2016
5-O-acetyl- and 4'-O-methyl	↓ Antifungal activity	<i>Candida albicans</i> (wild and ATCC18804 strains)	Ayine-Tora et al., 2016
4'-O-acetyl	↓ Antiradical activity	DPPH assay	Bórquez et al., 2013
8-prenyl	↑ Antiproliferative activity	Human melanoma SK-MEL-28 cells	Hu et al., 2017

†; increase, ↓; decrease, ↔; not different.

Cy1 activity and the formation of inositol phosphates in phospholipase $\text{C}\gamma 1$ -overexpressing NIH3T3 fibroblasts, whereas AIF remained without effect (Oh et al., 2005).

The differences in the activities of some compounds closely related to AIF, preclinically tested in comparable assays but not directly compared with AIF, are difficult to interpret due to the limitations as discussed above. Nevertheless, we include those results, which were obtained in the most similar experimental setups:

- i) The 2'-OH derivative parvisoflavone B showed a stronger α -glucosidase inhibition ($\text{IC}_{50} = 12.2 \mu\text{M}$; Dendup et al., 2014) than AIF ($\text{IC}_{50} = 73.3 \mu\text{M}$; Fu et al., 2018). Nevertheless, due to the lack of a positive control in the study with AIF, a comparison of the results remains questionable. Parvisoflavone B resulted also in a better cytotoxic effect against MDA-MB-231 breast cancer cells ($\text{EC}_{50} = 16.9 \mu\text{M}$) (Nyandoro et al., 2017). The weak antimycobacterial effect ($\text{MIC} = 90.9 \mu\text{M}$) of parvisoflavone B against *M. tuberculosis* H37rV (Nyandoro et al., 2017) differed from the inactive AIF (Kueté et al., 2008).
- ii) Cudraiso flavon M—carrying an additional 2,3-dihydroxy-prenyl group at C-8 of AIF—did not show any activity against 6-OHDA-induced cell death in SH-SY5Y cells (Hiep et al., 2017), whereas cudraiso flavon H with a prenyl group at C-8 and an additional hydroxy group at C-2'' of AIF resulted in an IC_{50} value of $4.5 \mu\text{M}$ (Hiep et al., 2015).
- iii) The comparison of the antimicrobial effects of derrone with AIF is extremely difficult due to the differences in the experimental setup as discussed above. Nevertheless, the activity of derrone against *E. coli*, *S. aureus*, and *C. albicans* seems lower than the one of AIF (Edziri et al., 2012). The antiproliferative potential of derrone and AIF differ in dependence of the cell line: In SW480 cells, AIF with an IC_{50} value of $5 \mu\text{M}$ inhibits the proliferation (Li et al., 2019), whereas derrone remains inactive (Li et al., 2017). In MCF-7 cells, AIF was inactive (Sudanich et al., 2017) and derrone at $10 \mu\text{M}$ inhibited this cell line by 13.6% (Li et al., 2017). HepG2

cells seem to be similarly sensitive to the two compounds [AIF— IC_{50} $37.99 \mu\text{M}$ (Kueté et al., 2016); derrone—23.7% inhibition at $10 \mu\text{M}$ (Li et al., 2017)].

- iv) 2'-Hydroxyerythrin A with the OH group from C-5 shifted to C-2' showed good activity against several Gram-positive and Gram-negative bacteria (Wang et al., 2018). The magnitude of the DPPH radical scavenging effect was in the same range (Wang et al., 2018) as in some studies with AIF (Rahman et al., 2010; Bórquez et al., 2013; Fu et al., 2018).

The infrequency of studies and the low number of different substitution patterns and of investigated activities are the main drawback in the deduction of structure–activity relationships (SAR) of AIF and its derivatives. Continued efforts are needed to further synthesize or isolate new derivatives of AIF to expand SAR. Nevertheless, published data indicate that the C4'-O-methylation and the C8-prenylation increase the activity of AIF in cancer and neurodegenerative conditions. This is in accordance with Bernini et al. (2011) who indicated that O-methylation of flavonoids ensures a superior anticancer activity as compared with the corresponding hydroxylated derivatives, since such compounds are more resistant to hepatic metabolism and show higher intestinal absorption. In addition, Walle et al. (2007) suggested that O-methylation enhances the stability of flavonoids to metabolic degradation and increases their bioavailability as well as a higher tissue distribution as compared to unmethylated forms.

POINT OF VIEW AND FUTURE PERSPECTIVE

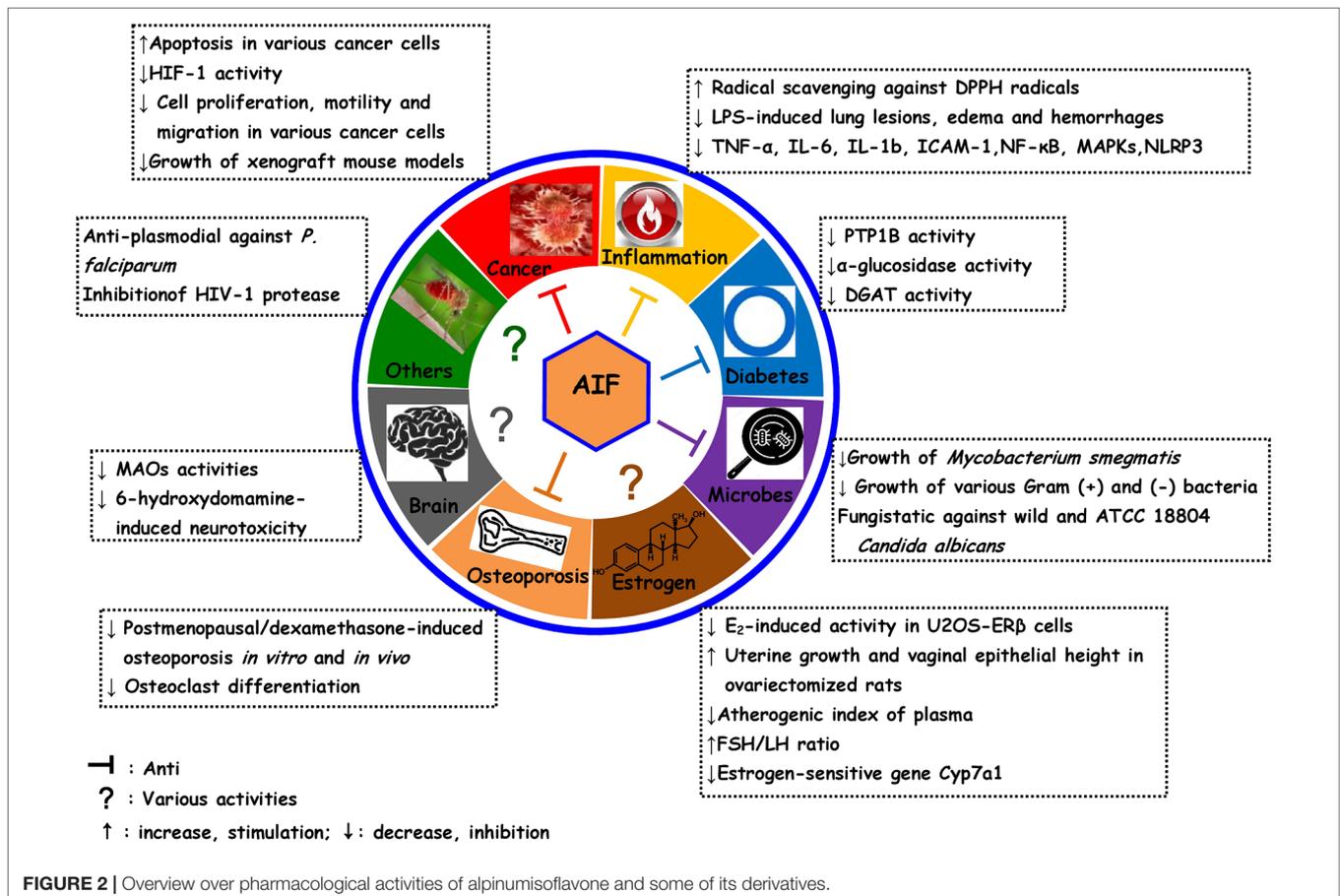
Prenylated (iso)flavonoids are attracting more and more attention due to a series of promising biological activities ascribed to their increased lipophilicity and a strong affinity to biological membranes as compared to the respective unprenylated compounds (Botta et al., 2005; Botta et al., 2009; Chen et al., 2014; Sherif et al., 2015; Mukai, 2018).

In this context, numerous pharmacological investigations of alpinumisoflavone, extracted from various medicinal plants, were carried out over the last decades. Data recorded in this review evidence a wide array of activities such as antiosteoporotic, antioxidant, anti-inflammatory, antimicrobial, anticancer, estrogenic and antiestrogenic, antidiabetic, and neuroprotective. Discrepancies between results were usually attributed to the purity of the tested compound, the experimental setup, the operator's experience, or other experimental parameters (Ateba et al., 2018). Many of related pathologies or conditions such as antimicrobial resistance, cancer, diabetes mellitus, and neurodegenerative diseases are becoming pivotal concerns for public health over the world. However, although AIF might be considered a promising preventive and/or therapeutic agent for such ailments, these investigations are only at the beginning. Using suitable and well-designed standardized models or assays, further and thorough studies related to the above mentioned or other pathologies/conditions are needed to confirm this potential. *In vitro* evaluation is an important primary screen and due to its rapidity common practice in many research laboratories. Nevertheless, many *in vitro* studies are not necessarily optimal due to poor standardization, redundancy, and/or outdated methodology (Tan and Lim,

2015). Clearly, compounds exhibiting promising activity require further studies to validate or confirm their therapeutic potential (Kenny et al., 2015). Accordingly, the correlation with *in vivo* data using appropriate models is an indispensable prerequisite.

The analysis of structure–activity relationships provides information on the preferential conformation to maintain high activities. Studies of AIF until now revealed that the free –OH groups at C-4' and C-5 are important for the fungicidal activity towards *C. albicans* (Ayine-Tora et al., 2016). 4'-O-Methylation and the presence of a prenyl group at C-8 enhanced anticancer activities (Liu et al., 2009; Hu et al., 2017). Studies with diversified substituents would be ideal for the investigation of SARs. They might allow the identification of important structures with reduced toxicity and increased therapeutic efficacy that can guide the design of novel leads or drug candidates. However, such studies on AIF and its derivatives are scarce until now, and this underlines the necessity of further well-performed investigations.

Besides the efficacy, extensive safety and pharmacokinetic data are required for potential drug candidates as an important aspect in the drug development process. However, till today, no study dealing with the toxicity or pharmacokinetics of AIF has been reported.



CONCLUSION

This review evidences that AIF is a versatile compound with a wide array of possible health benefits. We summarize the current preclinical evidence of the antiosteoporotic, antioxidant and anti-inflammatory, antimicrobial, anticancer, estrogenic and antiestrogenic, antidiabetic, and neuroprotective activities (Figure 2). However, more persuasive and scientific evidence and detailed mechanistic studies are urgently needed for a therapeutic exploitation of AIF. Moreover, SAR of AIF and its derivatives indicates that 4'-O-methyl-AIF appears to be

more promising than AIF, and these indications need to be investigated in-depth.

AUTHOR CONTRIBUTIONS

SA obtained literatures, wrote the first draft, and edited the manuscript; MM obtained literatures and wrote sections of the manuscript. SD, SZ, and DN gave ideas and critically reviewed the manuscript. LK gave ideas, critically reviewed and edited the manuscript. All authors read and approved the manuscript.

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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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