



OPEN ACCESS

EDITED BY

Kirsten Fairfax,
University of Tasmania, Australia

REVIEWED BY

Carolyn Anne De Graaf,
The University of Melbourne, Australia
Jasper de Boer,
Hudson Institute of Medical Research, Australia

*CORRESPONDENCE

Chunyan Liu,
✉ liucunyan_1981@tmu.edu.cn
Rong Fu,
✉ furong8369@tmu.edu.cn

†These authors have contributed equally to this work and share first authorship

RECEIVED 10 December 2024

ACCEPTED 01 August 2025

PUBLISHED 25 August 2025

CITATION

Deng L, Liu C, Guo Y, Liu C and Fu R (2025) Recombinant human thrombopoietin improves hematopoietic stem cell differentiation and T-cell immune homeostasis in patients with severe aplastic anemia by upregulating c-MPL. *Front. Pharmacol.* 16:1542837. doi: 10.3389/fphar.2025.1542837

COPYRIGHT

© 2025 Deng, Liu, Guo, Liu and Fu. This is an open-access article distributed under the terms of the [Creative Commons Attribution License \(CC BY\)](https://creativecommons.org/licenses/by/4.0/). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

Recombinant human thrombopoietin improves hematopoietic stem cell differentiation and T-cell immune homeostasis in patients with severe aplastic anemia by upregulating c-MPL

Ling Deng^{1,2,3†}, Chenchen Liu^{4†}, Yiyu Guo^{1,2,3}, Chunyan Liu^{1,2,3*} and Rong Fu^{1,2,3*}

¹Department of Hematology, Tianjin Medical University General Hospital, Tianjin, China, ²Tianjin Key Laboratory of Bone Marrow Failure and Malignant Hemopoietic Clone Control, Tianjin, China, ³Tianjin Institute of Hematology, Tianjin, China, ⁴Department of Hematology, Tianjin Medical University General Hospital Airport Hospital, Tianjin, China

Background: Recombinant human thrombopoietin (rhTPO) regulates platelet production by promoting megakaryocyte proliferation and has shown promising therapeutic effects in hematopoietic recovery for severe aplastic anemia (SAA). However, its potential impact on immune cells remains unclear.

Methods: This study included 23 patients with SAA, who were divided into two groups based on whether they received rhTPO. Flow cytometry was used to assess the proportions of peripheral immune cells and hematopoietic stem cells (HSCs), as well as their c-MPL expression. Further validation was performed by *in vitro* culture experiments and SAA mice.

Results: The rhTPO group exhibited an upward trend in platelet counts (PLT), as well as a higher proportion of peripheral CD4⁺ T cells and an increased CD4⁺/CD8⁺ T cell ratio. The expression of the receptor of rhTPO, c-MPL, was significantly increased on CD4⁺ T cells and regulatory T cells (Tregs). More important is we found c-MPL expression on bone marrow CD34⁺ cells was unregulated in the rhTPO group. *In vitro* stimulation of bone marrow mononuclear cells from patients with SAA using rhTPO elevated the proportion of Tregs and the CD4⁺/CD8⁺ T cell ratio. Furthermore, CsA combined with rhTPO treatment in SAA mice significantly restored the proportion of peripheral Tregs.

Conclusion: rhTPO can induce the upregulation of c-MPL expression on HSCs, CD4⁺ T cells, and Tregs in patients with SAA. It accelerates platelet production and regulates the proliferation of CD4⁺ T cells and Tregs, thereby promoting immune homeostasis restoration in SAA.

KEYWORDS

severe aplastic anemia, rhTPO, c-MPL, T-cell immune homeostasis, hematopoietic stem cells

Introduction

Severe aplastic anemia (SAA) is an immune-mediated bone marrow failure disorder in which abnormally activated CD8⁺ T cells destroy hematopoietic stem cells (HSCs). Patients with SAA exhibit severe immune dysregulation, with inverted CD4⁺/CD8⁺ T cell ratio, significantly elevated CD8⁺ T cells, and increased secretion of cytokines such as IFN- γ and TNF- α . For transfusion-dependent non-severe aplastic anemia (TD-NSAA) patients and young SAA/very severe aplastic anemia (VSAA) patients without HLA-matched donors, immunosuppressive therapy (IST), consisting of antithymocyte globulin (ATG)/antilymphocyte globulin (ALG) combined with cyclosporine A (CsA), remains the standard first-line treatment (Patel et al., 2022; Peffault De et al., 2022). The primary role of IST is to suppress T cells, reduce the secretion of negative hematopoietic regulatory factors, and decrease bone marrow hematopoietic suppression and destruction, thereby facilitating hematopoietic recovery (Liu and Shao, 2018). Since not all patients receiving IST achieve full hematopoietic recovery, combined hematopoietic support therapy is crucial before the full effects of immunosuppression are realized.

Recent studies have shown that combining IST with androgens, granulocyte colony-stimulating factor (G-CSF), erythropoietin (EPO), or IL-11 can reduce early mortality, infection risk, and bone marrow suppression in patients with SAA, offering a treatment option for those with impaired organ function (Shao et al., 1998; Tichelli et al., 2011). Platelet recovery and maintenance remain major challenges in the treatment of SAA, as platelet counts (PLT) typically take longer to recover and are the first to decline sharply during disease relapse. Recombinant human thrombopoietin (rhTPO) achieves good clinical efficacy in the treatment of SAA (Wang et al., 2015; Zhang et al., 2020; Yang et al., 2024). Thrombopoietin (TPO) binding to its receptor, c-MPL, activates downstream signaling pathways, stimulates the differentiation of bone marrow HSCs into megakaryocytes, promotes megakaryocyte proliferation, and increases the platelet production (Guo et al., 2018). Treatment of SAA with rhTPO or in combination with other hematopoietic factors markedly increases the megakaryocytes, promotes bone marrow recovery, shortens the duration of transfusion dependency, and improves the hematologic response while preventing increases in the incidences of clonal evolution and myelofibrosis (Wang et al., 2015), which suggests a potential therapeutic role of rhTPO as an adjuvant therapy in the treatment of SAA.

Patients with SAA have extremely low residual hematopoiesis in the bone marrow, a significantly reduced trilineage hematopoietic cell counts in the peripheral blood, and a slow clearance of TPO, resulting in a marked elevation of endogenous TPO levels (Zhao et al., 2018). But why the administration of supraphysiological doses of rhTPO, in addition to already significantly increased endogenous TPO levels, still improves hematopoiesis in patients with SAA needs to be further investigated. In this study, we found that rhTPO not only stimulated the recovery of bone marrow HSCs but also affected the immunological status in patients with SAA.

Materials and methods

Patients

This study included 23 patients with SAA who were diagnosed according to the standard criteria (Killick et al., 2016) in our hospital between June 2021 and December 2022. The inclusion criteria were as follows: all patients receiving IST had no HLA-matched donor or were not suitable candidates for hematopoietic stem cell transplantation; alanine transaminase (ALT) < 69 U/L, aspartate transaminase (AST) < 46 U/L, total bilirubin < 33.0 μ mol/L, and serum creatinine < 133 μ mol/L prior to treatment with rhTPO; there was no history of other severe autoimmune diseases, malignancies, anemia-related heart disease, or thrombotic/embolic events. This study was approved by the Ethics Committee of Tianjin Medical University General Hospital, and all participants provided written informed consent.

All patients were received with standard IST: ALG (Genzyme Polyclonals S.A.S., France; 5 mg/kg/d for 5 consecutive days, intravenous) and CsA (plasma concentration at 200–400 ng/mL, for at least 1 year), or only CsA treatment. Among them, 14 patients were treated with the subcutaneous injection of rhTPO (15,000 U, 3 times a week, 3SBIO, Shenyang, China), until PLT returned to the normal range (100–300 \times 10⁹/L). The remaining 9 patients who did not receive rhTPO served as the control group. Platelet transfusions were administered when PLT < 20 \times 10⁹/L, red blood cell transfusions were given when hemoglobin (Hb) < 60 g/L, and subcutaneous G-CSF was administered when the absolute neutrophil count (ANC) \leq 0.5 \times 10⁹/L. Clinical efficacy was evaluated at 3 or 6 months based on peripheral blood counts (Camitta, 2000). Baseline clinical characteristics of all patients are in Table 1.

SAA mice

SAA mice were established as previously described (Ding et al., 2020; Chen et al., 2007). 8-Week-old CB6F1 mice were used as recipients and subjected to 4 Gy total body irradiation (TBI). 3 \times 10⁶ lymph nodes cells of 8-week-old C57BL/6 mice (B6, H2^{b/b}) and intravenously injected into the recipients via the retro-orbital sinus. The untreated CB6F1 mice were served as the normal control group (NC), while the TBI group received irradiation only. All mice were purchased from Shanghai Southern Model Biotechnology Co., Ltd. The animal experimental protocol was approved by the Animal Welfare and Ethics Committee of Tianjin Medical University General Hospital.

SAA mice were divided into four treatment groups: CsA, rhTPO, CsA combined with rhTPO, and saline control group. CsA was diluted in IMDM medium and administered via intraperitoneal injection at a dose of 50 mg/kg/day for 10 days. rhTPO was administered subcutaneously at 25 μ g/kg/day for 10 days. On day 7, peripheral blood cell counts were measured by blood collection via the retro-orbital sinus. All mice were sacrificed on day 14 by cervical dislocation, and knee joints were collected and fixed in 4% paraformaldehyde, followed by decalcification. Tissues were

TABLE 1 Baseline characteristics.

Characteristics	All (n = 23)	rhTPO group (n = 14)	Control group (n = 9)	p
Age (years)	50 (18–72)	59 (18–72)	49 (21–70)	0.403
Gender (male/female)	11/12	8/6	3/6	0.491
Severity				0.572
SAA	15	8	7	
VSAA	8	6	2	
Immunosuppressor				0.205
IST	10	6	4	
CsA	13	8	5	
At diagnosis ^a				
Hb (g/L)		69.5 (58.75, 83)	65 (40, 85)	0.892
PLT ($\times 10^9/L$)		14.5 (8.75, 19.75)	37 (12.5, 47.5)	0.120
ANC ($\times 10^9/L$)		0.625 (0.14, 3.11)	0.7 (0.25, 2.35)	0.862
Ret ($\times 10^9/L$)		21.95 (9.25, 63.4)	24.85 (13.65, 65)	0.640

^aPeripheral blood cell counts at diagnosis are presented as median (range). Ret, absolute reticulocyte count.

embedded in paraffin, sectioned, and stained with hematoxylin and eosin (H&E) for bone marrow hematopoiesis observation under a microscope. At least 4–5 mice were included in each group, and the experiment was repeated at least three times.

Cell culture

Bone marrow mononuclear cells (BMNCs) were isolated from bone marrow aspirates of 15 patients with SAA at diagnosed. After separation by density gradient centrifugation, the cells were equally divided into two groups and cultured in DMEM complete medium containing 10% fetal bovine serum. The intervention group was treated with rhTPO (50 ng/mL) and incubated at 37°C and 5% CO₂ for 48 h. The control group was treated with an equal volume of phosphate buffer solution (PBS).

Flow cytometry

Fresh peripheral blood from patients with SAA was anticoagulated with EDTA, and bone marrow aspirates were anticoagulated with heparin sodium. Lymphocyte subsets were detected using the BD Multitest IMK Kit (BD Biosciences, San Jose, CA, United States) according to the manufacturer's instructions. Antibodies used to assess bone marrow immune cells and c-MPL expression included: FITC-CD34, FITC-CD3, PE-CD4, FITC-CD8, FITC-CD25, PE-CD127, PerCP-CD110 (c-MPL), and the corresponding isotype control antibodies for each monoclonal antibody. For the analysis of c-MPL, blood samples were consistently run at a medium flow rate. For the analysis of peripheral blood lymphocytes in SAA mice, the following antibodies were used: PE-Cy7-CD3, APC-CD4, PerCP-CD8, FITC-CD25, PE-CD127 and the corresponding isotype control antibodies. Flow cytometry was performed using the FACSCanto II flow cytometer and analyzed by FlowJo 10.0. All reagents and instruments were

purchased from BD Biosciences (San Jose, CA, United States). The plasma cytokine levels (IL-2, IL-4, IL-6, IL-10, IFN- γ , TNF- α and IL-17) were measured using an NMPA-approved kit (Human Th1/Th2 Subset Detection Kit, Hangzhou CellGer Biotechnology Co., Ltd.) via the multiplex bead-based flow fluorescence assay (FACSCanto II) according to the manufacturer's instructions.

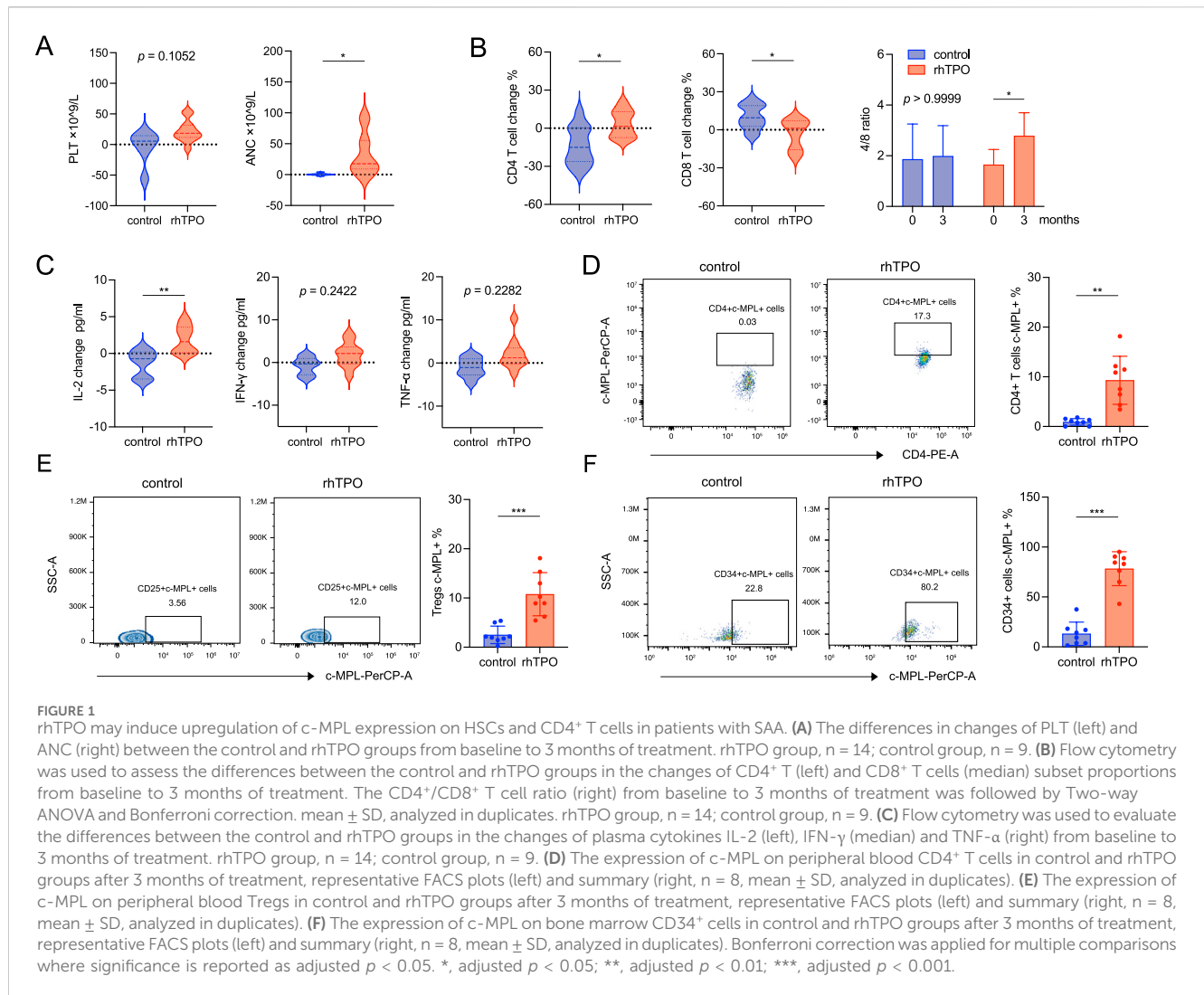
Statistics

Continuous variables were expressed as median (range) and analyzed using the Wilcoxon signed-rank test. Normally distributed data were presented as mean \pm standard deviation (SD) and analyzed using Student's *t*-tests, One-way ANOVA and Two-way ANOVA. Bonferroni correction was applied to *p*-values for multiple hypothesis testing. Categorical variables were presented as n (%) and analyzed using the chi-square test. All statistical analyses were performed using GraphPad Prism 8.0 (GraphPad Software, San Diego, CA, United States). *p* < 0.05 was considered statistically significant.

Results

rhTPO may induce upregulation of c-MPL expression on HSCs and CD4⁺ T cells in patients with SAA

We compared the changes in the peripheral blood cell count, lymphocyte subsets, and cytokine levels from baseline to 3 months between the two patient groups. The PLT levels in the rhTPO group had an upward trend compared with the control group. ANC also showed a moderate increase (adjusted *p* = 0.012), while Hb and Ret remained largely unchanged (Figure 1A; Supplementary Table S1). In lymphocyte subsets, the proportion of CD4⁺ T cells was increased (adjusted *p* = 0.0308) and the proportion of CD8⁺ T cells was decreased (adjusted *p* =



0.0348) in the rhTPO group, resulting in a significant rise in the CD4⁺/CD8⁺ T cell ratio (adjusted $p = 0.0328$). But there is no significance in the proportion of NK cells and B cells (Figure 1B; Supplementary Figure S1A; Supplementary Table S2). In addition, compared with the control group, the rhTPO group showed a slight elevation of IL-2 level in plasma (adjusted $p = 0.0091$), while IFN- γ , TNF- α , IL-4, IL-6, IL-10 and IL-17 levels showed no significant differences (Figure 1C; Supplementary Figure S1B). To further explore the potential mechanisms underlying changes in T cell subset proportions, we assayed the expression of the TPO receptor c-MPL on T cell subsets and HSCs. At 3 months of treatment, the c-MPL expression on CD4⁺ T cells ($9.3\% \pm 4.84\%$ vs. $0.92\% \pm 0.66\%$, adjusted $p = 0.0012$) and regulatory T cells (Tregs) ($10.77\% \pm 4.4\%$ vs. $2.516\% \pm 1.77\%$, adjusted $p = 0.0008$) in the rhTPO group was significantly higher than that in the control group, but showed no significant change on CD8⁺ T cells (Figures 1D,E; Supplementary Figures S1C, S2, S3A). Interestingly, although the proportion of bone marrow CD34⁺ cells (HSCs) did not differ significantly between the two groups, the c-MPL expression on the bone marrow CD34⁺ cells was significantly increased in the rhTPO group ($78.29\% \pm 17.01\%$ vs. $13.13\% \pm 11.73\%$, adjusted $p < 0.0004$) (Figure 1F; Supplementary Figure S1D, S3B).

We evaluated the clinical efficacy. At 3 months, the rate of favorable hematologic response (complete response (CR) + partial response (PR)) showed no significant difference ($p = 0.742$). At 6 months, the rhTPO group demonstrated an increased rate of favorable hematologic response but still without statistically significant ($p = 0.524$) (Supplementary Table S3). We also assessed transfusion independence in both groups. At 1 month, 2 patients in the rhTPO group became independent of platelet and red blood cell transfusions, compared to 1 patient in the control group ($p = 0.825$). By 2 months, 8 patients in the rhTPO group had achieved transfusion independence, compared to only 2 in the control group; however, the difference remained statistically nonsignificant ($p = 0.099$) (Supplementary Table S4). All patients were followed for 12 months. During follow-up, all patients in the rhTPO group were found to be well-tolerated, with no thrombotic events or other significant adverse effects observed. One patient in each group died during months 8–9 of follow-up, both due to severe pulmonary infection secondary to SAA, leading to heart failure and respiratory failure. No patients developed reticulosis of the bone marrow after 6 months. At 12 months, none of the surviving patients had clonal karyotype or disease progression.

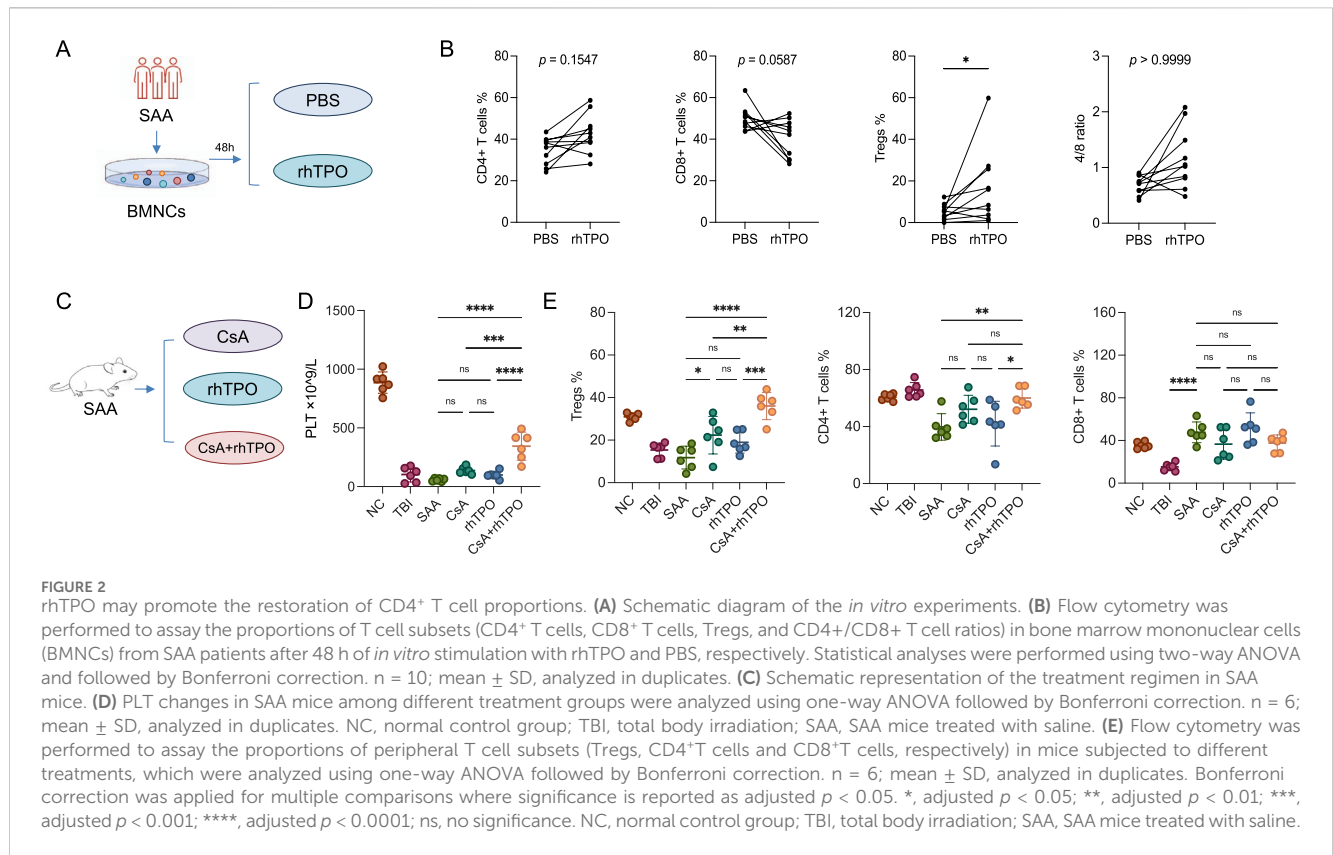


FIGURE 2 rhTPO may promote the restoration of CD4⁺ T cell proportions. **(A)** Schematic diagram of the *in vitro* experiments. **(B)** Flow cytometry was performed to assay the proportions of T cell subsets (CD4⁺ T cells, CD8⁺ T cells, Tregs, and CD4⁺/CD8⁺ T cell ratios) in bone marrow mononuclear cells (BMNCs) from SAA patients after 48 h of *in vitro* stimulation with rhTPO and PBS, respectively. Statistical analyses were performed using two-way ANOVA and followed by Bonferroni correction. n = 10; mean ± SD, analyzed in duplicates. **(C)** Schematic representation of the treatment regimen in SAA mice. **(D)** PLT changes in SAA mice among different treatment groups were analyzed using one-way ANOVA followed by Bonferroni correction. n = 6; mean ± SD, analyzed in duplicates. NC, normal control group; TBI, total body irradiation; SAA, SAA mice treated with saline. **(E)** Flow cytometry was performed to assay the proportions of peripheral T cell subsets (Tregs, CD4⁺T cells and CD8⁺T cells, respectively) in mice subjected to different treatments, which were analyzed using one-way ANOVA followed by Bonferroni correction. n = 6; mean ± SD, analyzed in duplicates. Bonferroni correction was applied for multiple comparisons where significance is reported as adjusted p < 0.05. *, adjusted p < 0.05; **, adjusted p < 0.01; ***, adjusted p < 0.001; ****, adjusted p < 0.0001; ns, no significance. NC, normal control group; TBI, total body irradiation; SAA, SAA mice treated with saline.

TABLE 2 SAA mice bone marrow cytology.

No.	Treatment	Megakaryocyte	BM Cellularity (%)	M: E ratio
10	CsA + rhTPO	Normal range	70	Increased
14	CsA + rhTPO	Normal range	70	Normal range
3	CsA	Normal range	50	Normal range
5	CsA	Scarce	70	Slightly increased
40	rhTPO	Scarce	50	Slightly increased
8	rhTPO	Only one	40	Increased
9	SAA	No observed	40	Slightly increased
15	TBI	Normal range	80	Slightly increased
19	NC	Normal range	80	Normal range

BM, bone marrow; M: E ratio, myeloid: erythroid ratio; SAA, SAA mice treated with saline; TBI, total body irradiation; NC, normal control group.

In vitro experiments and SAA mice demonstrate that rhTPO may promote the restoration of CD4⁺ T cell proportions

Bone marrow mononuclear cells from patients with SAA were cultured *in vitro* and stimulated with rhTPO for 48 h. There was a significant increase in the proportion of Tregs (Figures 2A,B; Supplementary Table S5). In SAA mice, the group treated with CsA and rhTPO had higher PLT levels and megakaryocyte counts than those treated with CsA or rhTPO alone (Table 2). In addition, the proportion of peripheral Tregs in the CsA + rhTPO group was

significantly elevated than that in the CsA group (adjusted p = 0.003), but there were no significant differences in the proportion of CD4⁺ and CD8⁺ T cells (Figures 2C,D; Supplementary Tables S6, S7).

Discussion

SAA is a bone marrow failure disorder characterized by pancytopenia, commonly caused by hyperactive CD8⁺ T cells targeting HSCs. While IST achieves hematologic responses in

60%–75% of patients, recovery of bone marrow function largely depends on the quantity and functionality of residual HSCs. Our previous studies have shown that combining IST with hematopoietic growth factors significantly improves hematologic response and reduces infection in patients with SAA (Shao et al., 1998). In addition, rhTPO has been shown to enhance hematologic responses and promote bone marrow recovery in patients receiving IST and, in combination with CsA, accelerates platelet recovery (Wang et al., 2015). In this study, we demonstrated that rhTPO combined with CsA significantly increases platelet production and, to some extent, reduces the duration of transfusion dependence.

TPO, primarily produced by the liver, is an endogenous hematopoietic regulator that drives megakaryocyte differentiation and maturation and regulates platelet production. By binding to its receptor c-MPL, TPO activates downstream signaling pathways including JAK/STAT, PI3K/AKT, and RAS/MAPK, stimulating all stages of thrombopoiesis (Guo et al., 2018; Hitchcock et al., 2021). Moreover, the TPO/c-MPL axis plays a critical role in the proliferation and differentiation of HSCs. Mice deficient in TPO or c-MPL exhibit markedly reduced HSCs, which can be reversed by administration of physiological levels of TPO (Zeigler et al., 1994; Wang et al., 2005; Ishikawa et al., 2018). Under normal conditions, c-MPL is highly expressed on hematopoietic stem and progenitor cells, with flow cytometry indicating that approximately 30%–50% of CD34⁺ cells express c-MPL, and even higher expression is observed on the immature CD34⁺CD38⁻ stem cell subset (Ninos et al., 2006). Peripheral B cells typically do not express c-MPL, although a small population of pro-B cells may transiently express it during bone marrow development (Rollinger-Holzinger et al., 1998). Whether resting T cells express c-MPL at the mRNA and protein levels remains poorly studied. Our previous research demonstrated that c-MPL expression was significantly reduced on bone marrow CD34⁺ cells in patients with AA. Autoreactive T cells may suppress c-MPL expression via inflammatory cytokines such as IFN- γ , and the residual CD34⁺ cells show impaired function accompanied by downregulation of c-MPL (Mengying et al., 2023). In this study, we found that CsA combined with rhTPO significantly upregulated c-MPL expression on bone marrow CD34⁺ cells in the patients with SAA, suggesting that rhTPO may not only directly stimulate platelet production but also promote HSCs proliferation and potentially restore their function by inducing c-MPL expression. Although the patients with SAA exhibit high levels of endogenous TPO, the decreased expression of its receptor c-MPL may be responsible for the dysfunction in HSCs proliferation and differentiation.

Previous studies have shown that TPO possesses immunomodulatory effects, such as improving T cell function and inducing the production of related cytokines. TPO has been reported to significantly accelerate thymic T cell reconstitution, particularly CD4⁺ T cells, in mice receiving sublethal irradiation. This was accompanied by improved PLT and faster recovery of erythroid and myeloid lineages (Amado et al., 1998). These findings seem consistent with our results, where CsA combined with rhTPO increased the proportion of peripheral CD4⁺ T cells and Tregs in patients with SAA, along with

upregulated c-MPL expression on their surfaces. In contrast, c-MPL expression on CD8⁺ T cells showed no significant change. Tregs regulate the autoimmune microenvironment of SAA by inhibiting overactive T cells (Yan et al., 2015; Kordasti et al., 2016). Therefore, rhTPO may mainly alleviate the immune hyperactivity of SAA by restoring the number of CD4⁺T cells and Tregs. Alvarado et al. demonstrated that an *in vitro* treatment with an increased rhTPO concentration could not abrogate the inhibitory effect of IFN- γ on the self-renewal and proliferation of CD34⁺ cells (Alv et al., 2019). The results of this study showed no significant changes in plasma IFN- γ and TNF- α levels in the rhTPO group, suggesting that rhTPO may have a limited impact on CD8⁺ T cell function.

This study demonstrates that rhTPO not only promotes hematopoiesis but also modulates the immune status in patients with SAA, suggesting that its clinical dosing could be adjusted based on both PLT and immune status. Upon platelet activation, surface of P-selectin is upregulated, promoting binding to leukocytes via P-selectin glycoprotein ligand-1 (PSGL-1) and leading to the formation of leukocyte–platelet aggregates. Conventional flow cytometry has certain limitations in identifying these aggregates, which may result in potential contamination when assessing c-MPL upregulation on lymphocytes. We therefore recommend imaging flow cytometry for a more accurate analysis of rhTPO-induced c-MPL expression on lymphocytes (Hui et al., 2017). And this study has other certain limitations, including a relatively small sample size and a lack of long-term follow-up on immune parameters. Future studies will aim to expand the sample size, extend the follow-up period to assess immune status and disease relapse or progression, and investigate the underlying molecular mechanisms, such as the effects of rhTPO on lymphoid progenitor cell differentiation.

In summary, our results indicated that rhTPO stimulated HSCs recovery and accelerated PLT production by increasing the expression of c-MPL in bone marrow CD34⁺ cells in patients with SAA. In addition, rhTPO was found to exert a major immunomodulatory effect, which promoted the restoration of immune homeostasis in patients with SAA by reversing the imbalance in the CD4⁺/CD8⁺ T-cell ratio, promoting the proliferation of Treg cells, and upregulating c-MPL expression.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding authors.

Ethics statement

The studies involving humans were approved by Ethics Committee of Tianjin Medical University General Hospital. The studies were conducted in accordance with the local legislation and institutional requirements. The participants provided their written informed consent to participate in this study. The animal study was approved by Ethics Committee of Tianjin Medical University

General Hospital. The study was conducted in accordance with the local legislation and institutional requirements.

Author contributions

LD: Writing – original draft, Data curation. CeL: Data curation, Formal Analysis, Writing – original draft. YG: Data curation, Writing – review and editing. CuL: Funding acquisition, Investigation, Methodology, Resources, Writing – review and editing. RF: Methodology, Project administration, Resources, Writing – review and editing.

Funding

The author(s) declare that financial support was received for the research and/or publication of this article. This work was supported by the National Natural Science Foundation of China (grant nos. 82470141, 82270142, 82270139, 82300239), Key Projects of Tianjin Diversified Investment Fund (grant no. 21JCZDJC01180), Tianjin Municipal Natural Science Foundation (grant no. 24ZGSSSS00050), Tianjin Science and Technology Planning Project (grant no. 24ZXGZSY00090), Tianjin Municipal Health Commission Project (grant no. TJWJ2023XK003), Tianjin Municipal Education Commission Research Project (grant no. 2023KJ110), and Tianjin Medical University Climbing Program Talent Project.

References

- Alvarado, L. J., Huntsman, H. D., Cheng, H., Townsley, D. M., Winkler, T., Feng, X., et al. (2019). Eltrombopag maintains human hematopoietic stem and progenitor cells under inflammatory conditions mediated by IFN- γ . *Blood* 133 (19), 2043–2055. doi:10.1182/blood-2018-11-884486
- Amado, R. G., Symonds, G., Jamieson, B. D., Zhao, G., Rosenblatt, J. D., and Zack, J. A. (1998). Effects of megakaryocyte growth and development factor on survival and retroviral transduction of T lymphoid progenitor cells. *Hum. Gene Ther.* 9 (2), 173–183. doi:10.1089/hum.1998.9.2-173
- Camitta, B. M. (2000). What is the definition of cure for aplastic anemia? *Acta Haematol.* 103 (1), 16–18. doi:10.1159/000040999
- Chen, J., Ellison, F. M., Eckhaus, M. A., Smith, A. L., Keyvanfar, K., Calado, R. T., et al. (2007). Minor antigen h60-mediated aplastic anemia is ameliorated by immunosuppression and the infusion of regulatory T cells. *J. Immunol.* 178 (7), 4159–4168. doi:10.4049/jimmunol.178.7.4159
- Ding, S., Liang, X., Zhang, T., and Fu, R. (2020). The effectiveness of rapamycin combined with eltrombopag in murine models of immune-mediated bone marrow failure. *J. Immunol. Res.* 2020, 1798795. doi:10.1155/2020/1798795
- Guo, J. C., Zheng, Y., Chen, H. T., Zhou, H., Huang, X. H., Zhong, L. P., et al. (2018). Efficacy and safety of thrombopoietin receptor agonists in children with chronic immune thrombocytopenia: a meta-analysis. *Oncotarget* 9 (6), 7112–7125. doi:10.18632/oncotarget.23487
- Hitchcock, I. S., Hafer, M., Sangkhae, V., and Tucker, J. A. (2021). The thrombopoietin receptor: revisiting the master regulator of platelet production. *Platelets* 32 (6), 770–778. doi:10.1080/09537104.2021.1925102
- Hui, H., Fuller, K. A., Erber, W. N., and Linden, M. D. (2017). Imaging flow cytometry in the assessment of leukocyte-platelet aggregates. *Methods* 112, 46–54. doi:10.1016/j.ymeth.2016.10.002
- Ishikawa, M., Matsuda, A., Okamura, D., Maeda, T., Kawai, N., Asou, N., et al. (2018). The progression of severe aplastic anemia to hypoplastic leukemia in a long-term observation after the administration of pegylated rHuMGDF. *Hematol. Rep.* 10 (3), 7679. doi:10.4081/hr.2018.7679
- Killick, S. B., Bown, N., Cavenagh, J., Dokal, I., Foukaneli, T., Hill, A., et al. (2016). Guidelines for the diagnosis and management of adult aplastic anaemia. *Br. J. Haematol.* 172 (2), 187–207. doi:10.1111/bjh.13853
- Kordasti, S., Costantini, B., Seidl, T., Perez Abellan, P., Martinez Llordella, M., McLornan, D., et al. (2016). Deep phenotyping of Tregs identifies an immune

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Generative AI statement

The author(s) declare that no Generative AI was used in the creation of this manuscript.

Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphar.2025.1542837/full#supplementary-material>

signature for idiopathic aplastic anemia and predicts response to treatment. *Blood* 128 (9), 1193–1205. doi:10.1182/blood-2016-03-703702

Liu, C., and Shao, Z. (2018). Aplastic anemia in China. *J. Transl. Int. Med.* 6 (3), 134–137. doi:10.2478/jtim-2018-0028

Mengying, Z., Gaochao, Z., Fangfang, X., Liu, M., Dong, X., Qi, W., et al. (2023). Identification of plasma thrombopoietin level and its significance in patients with aplastic anemia and myelodysplastic syndrome. *Glob. Med. Genet.* 10 (3), 194–198. doi:10.1055/s-0043-1771456

Ninos, J. M., Jefferies, L. C., Cogle, C. R., and Kerr, W. G. (2006). The thrombopoietin receptor, c-Mpl, is a selective surface marker for human hematopoietic stem cells. *J. Transl. Med.* 4, 9. doi:10.1186/1479-5876-4-9

Patel, B. A., Groarke, E. M., Lotter, J., Shalhoub, R., Gutierrez-Rodriguez, F., Rios, O., et al. (2022). Long-term outcomes in patients with severe aplastic anemia treated with immunosuppression and eltrombopag: a phase 2 study. *Blood* 139 (1), 34–43. doi:10.1182/blood.2021012130

Peffault De Latour, R., Kulasekararaj, A., Iacobelli, S., Terwel, S. R., Cook, R., Griffin, M., et al. (2022). Eltrombopag added to immunosuppression in severe aplastic anemia. *N. Engl. J. Med.* 386 (1), 11–23. doi:10.1056/NEJMoa2109965

Rollinger-Holzinger, I., Griesser, U., Pollak, V., and Zwierzina, H. (1998). Expression and regulation of the thrombopoietin receptor variants MPLP and MPLK in PBMC. *Cytokine* 10 (10), 795–802. doi:10.1006/cyto.1998.0346

Shao, Z., Chu, Y., Zhang, Y., Chen, G., and Zheng, Y. (1998). Treatment of severe aplastic anemia with an immunosuppressive agent plus recombinant human granulocyte-macrophage colony-stimulating factor and erythropoietin. *Am. J. Hematol.* 59 (3), 185–191. doi:10.1002/(sici)1096-8652(199811)59:3<185::aid-ajh2>3.0.co;2-3

Tichelli, A., Schrezenmeier, H., Socié, G., Marsh, J., Bacigalupo, A., Dührsen, U., et al. (2011). A randomized controlled study in patients with newly diagnosed severe aplastic anemia receiving antithymocyte globulin (ATG), cyclosporine, with or without G-CSF: a study of the SAA Working Party of the European Group for Blood and Marrow Transplantation. *Blood* 117 (17), 4434–4441. doi:10.1182/blood-2010-08-304071

Wang, Z., Skokowa, J., Pramono, A., Ballmaier, M., and Welte, K. (2005). Thrombopoietin regulates differentiation of rhesus monkey embryonic stem cells to hematopoietic cells. *Ann. N. Y. Acad. Sci.* 1044, 29–40. doi:10.1196/annals.1349.005

- Wang, H., Dong, Q., Fu, R., Qu, W., Ruan, E., Wang, G., et al. (2015). Recombinant human thrombopoietin treatment promotes hematopoiesis recovery in patients with severe aplastic anemia receiving immunosuppressive therapy. *Biomed. Res. Int.* 2015, 597293. doi:10.1155/2015/597293
- Yan, L., Fu, R., Liu, H., Wang, H., Liu, C., Wang, T., et al. (2015). Abnormal quantity and function of regulatory T cells in peripheral blood of patients with severe aplastic anemia. *Cell Immunol.* 296 (2), 95–105. doi:10.1016/j.cellimm.2015.04.001
- Yang, Y., Hu, Q., Yang, C., Chen, M., and Han, B. (2024). High-vs regular-dose recombinant human thrombopoietin plus cyclosporine A in patients with newly diagnosed non-severe aplastic anemia: a retrospective cohort study. *Hematology* 29 (1), 2298523. doi:10.1080/16078454.2023.2298523
- Zeigler, F. C., De Sauvage, F., Widmer, H. R., Keller, G. A., Donahue, C., Schreiber, R. D., et al. (1994). *In vitro* megakaryocytopoietic and thrombopoietic activity of c-mpl ligand (TPO) on purified murine hematopoietic stem cells. *Blood* 84 (12), 4045–4052. doi:10.1182/blood.v84.12.4045.bloodjournal84124045
- Zhang, M. L., Chen, W. S., and Han, B. (2020). Evaluation of the efficacy of cyclosporin A combined with recombinant human thrombopoietin for treating patients with non-severe aplastic anemia. *Zhonghua Xue Ye Xue Za Zhi* 41 (8), 637–642. doi:10.3760/cma.j.issn.0253-2727.2020.08.004
- Zhao, X., Feng, X., Wu, Z., Winkler, T., Desmond, R., Olnes, M., et al. (2018). Persistent elevation of plasma thrombopoietin levels after treatment in severe aplastic anemia. *Exp. Hematol.* 58, 39–43. doi:10.1016/j.exphem.2017.09.006