

# Preserved frontal lobe oxygenation following calcium chloride for treatment of anesthesia-induced hypotension

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Vasopressor agents may affect cerebral oxygenation (rScO<sub>2</sub>) as determined by near-infrared spectroscopy on the forehead. This case series evaluated the effect of calcium chloride vs.  $\alpha$  and  $\beta$ -adrenergic receptor agonists on rScO<sub>2</sub> in patients (n = 47) undergoing surgery during i.v. anesthesia. Mean arterial pressure (MAP) and cardiac output (CO) were assessed by Model-flow<sup>®</sup> and ephedrine (55  $\pm$  3 vs. 74  $\pm$  9 mmHg; 10 mg, n = 9), phenylephrine (51 ± 5 vs. 78 ± 9 mmHg, 0.1 mg, n = 11), adrenaline (53 ± 3 vs.  $72 \pm 11$  mmHg; 1–2 µg, n = 6), noradrenaline (53 ± 5 vs. 72 ± 12 mmHg; 2–4 µg, n = 6) 11), and calcium chloride ( $49 \pm 7 \text{ vs.} 57 \pm 16 \text{ mmHg}$ ; 5 mmol, n = 10) increased MAP (all P < 0.05). CO increased with ephedrine (4.3  $\pm$  0.9 vs. 5.3  $\pm$  1.2, P < 0.05) and adrenaline  $(4.7 \pm 1.2 \text{ vs. } 5.9 \pm 1.1 \text{ l/min}; P = 0.07)$  but was not significantly affected by phenylephrine  $(3.9 \pm 0.7 \text{ vs. } 3.6 \pm 1.0 \text{ l/min})$ , noradrenaline  $(3.8 \pm 1.2 \text{ vs. } 3.7 \pm 0.7 \text{ l/min})$ , or calcium chloride (4.0  $\pm$  1.4 vs. 4.1  $\pm$  1.5 l/min). Following administration of  $\beta$ -adrenergic agents and calcium chloride rScO<sub>2</sub> was preserved while after administration of α-adrenergic drugs rScO<sub>2</sub> was reduced by app. 2% (P < 0.05). Following  $\alpha$ -adrenergic drugs to treat anesthesia-induced hypotension tissue oxygenation is reduced while the use of β-adrenergic agonists and calcium chloride preserve tissue oxygenation.

Keywords: brain, blood pressure, cardiac output, NIRS, cerebral oxygenation, cerebral oximetry

# **INTRODUCTION**

Cerebral autoregulation has a lower limit (Paulson et al., 1990) and following induction of anesthesia blood pressure may decrease to what is considered to be below that level. Accordingly, patients receive intravenous administration of vasopressor agents such as phenylephrine (an  $\alpha$ -adrenergic receptor agonist) or ephedrine that stimulates both  $\alpha$ - and  $\beta$ -adrenergic receptors. Bolus calcium chloride could also increase blood pressure (Ellender and Skinner, 2008) by an increase in intracellular calcium to increase cardiac stroke volume via an effect on myocytes and vascular resistance via increase d contraction of smooth muscles. Also calcium chloride may increase venous return by unloading the splanchnic reservoir. Thus, with administration of calcium chloride cardiac output (CO) increases without affecting heart rate (HR) (Ellender and Skinner, 2008) contrasting ephedrine that has the potential to increase both HR and CO.

Phenylephrine decreases the near infrared spectroscopy (NIRS) determined frontal lobe oxygenation (rScO<sub>2</sub>) (Brassard et al., 2010, 2014; Nissen et al., 2010; Meng et al., 2011; Foss et al., 2014) related to vasoconstriction in extracranial vasculature rather than to a decrease in cerebral oxygenation (Ogoh et al., 2011, 2014; Sørensen et al., 2012). In this study patients undergoing major abdominal surgery were recruited to evaluate rScO<sub>2</sub> following routine administration of vasoactive drugs to treat a drop in blood pressure by induction of anesthesia. We used bolus calcium chloride along with the vasopressor agents phenylephrine, ephedrine, adrenaline or noradrenaline depending on the choice of the anesthesiologist. We tested the hypothesis

that administration of ephedrine, adrenaline and calcium chloride to treat anesthesia-induced hypotension would preserve rScO<sub>2</sub>, while rScO<sub>2</sub> would be reduced following administration of drugs that stimulate  $\alpha$ -adrenergic receptors (phenylephrine and noradrenaline).

## **METHODS**

In a pilot-like prospective study-design as approved by the regional ethical committee (H-1-2009-107) we included predominantly patients planned for major abdominal surgery. In 47 patients (age 63  $\pm$  7 yrs, height 176  $\pm$  7 cm, weight 78  $\pm$  16 kg; 28 males; mean  $\pm$  SD) this selection of cases tested the effect of different vasopressor agents on anesthesia-induced hypotension and rScO<sub>2</sub>. Most patients were admitted for planned surgery including the liver, pancreas, esophagus, ventricle, or colon. In one case the spleen was the target for surgery and an other patient suffered from a retroperitoneal tumor. Three patients underwent vascular surgery and one patient was in surgery for hydronephrosis. Diabetes requiring insulin and the use of anti-hypertensive medication were considered to contradict inclusion in the evaluated series of patients. An increase in bilirubin was also an exclusion criterion due to the influence of bilirubin on near-infrared light absorption (Madsen et al., 2000).

The patients were exposed to at least 6 h of fast and orally intake of clear fluids was stopped 2 h before surgery. Three-lead electrocardiography monitored HR and pulse oximetry assessed arterial hemoglobin O<sub>2</sub> saturation (SpO<sub>2</sub>). A hand vein was used for administration of fluid and anesthetics. According to local guidelines, a radial artery catheter (20 gage; 1.1 mm) was, after local anesthesia, inserted in the arm with the highest noninvasively determined systolic blood pressure and the catheter was kept patent by isotonic saline (3 ml/h) through to a transducer (Edwards Life Sciences, Irving, CA, USA) positioned at the level of the heart. For surgery an epidural catheter was placed at Th. 8–10 in the lateral decubitus position and under local anesthesia, lidocaine (3 ml, 10 mg/ml) with adrenaline (5  $\mu$ g/ml) was administered to test for intravascular or intrathecal placement.

A two channel cerebral oximeter (INVOS 5100C, Somanetics, Troy, MI, USA) detected rScO<sub>2</sub> that represents hemoglobin oxygen saturation in the tissue beneath the sensor as the ratio between oxygenated and total hemoglobin. As approved by the US Food and Drug Administration (510k-080769), the INVOS 5100C-determined rScO<sub>2</sub> is considered a trend monitor of the hemoglobin O2 saturation for skin, scalp, and cortical tissue. With the NIRS-probe applied on the forehead it is assumed that capillaries within the frontal lobe contribute to light absorbance (Madsen and Secher, 1999) but skin, subcutaneous tissue and the scalp blood flow also influences the INVOS-determined rScO<sub>2</sub> (Davie and Grocott, 2012). rScO<sub>2</sub> was determined at least 2 cm above the eyebrows to limit an influence from the frontal sinus on rScO<sub>2</sub> (Tubbs et al., 2002). Cardiovascular variables including mean arterial pressure (MAP), HR, cardiac stroke volume (SV) and thus CO were assessed invasively by Model-flow® (Nexfin, B.V, Amsterdam, The Netherlands; Bogert and van Lieshout, 2005).

Anesthesia was induced with propofol (2 mg/kg) and maintained with propofol (0.08 mg/kg/min) and remifentanil (0.3– 0.4  $\mu$ g/kg/min). For ventilation a Dräger CATO (M32040, Lübeck, Germany) in volume-controlled mode was adjusted to an end-tidal CO<sub>2</sub> tension of 4–4.5 kPa and a positive end-expiratory pressure of 5 cm H<sub>2</sub>O was used. When the patient was orally intubated, the inspiratory O<sub>2</sub> fraction was set to 0.7 to preserve rSCO<sub>2</sub> (Rokamp et al., 2014). From induction of anesthesia, including tracheal intubation and until surgical incision, a reduction in MAP to below 60 mmHg was treated with administration calcium chloride (5 mmol) or  $\alpha$ - and  $\beta$  adrenergic receptors: ephedrine (10 mg), phenylephrine (0.1–0.2 mg), adrenaline (1–2  $\mu$ g), or noradrenaline (2–4  $\mu$ g). No patient received more than one vasoactive agent.

It was estimated that to demonstrate a  $10 \pm 1.5\%$  change in rScO<sub>2</sub> (from 70% to 63%) as compared to the level before administration of the drug (alpha 0.05, power >90%) 17 patients was needed in each group. The goal was set to 20 patients to take drop-outs into account, but due to slow enrolment in study it was

terminated. The study was conducted as open-label as the drug used depended on the choice of the anesthesiologist.

For comparison of values before and after drug administration a paired *t*-test (two tailed) was used and for comparison between groups and a *t*-test for unpaired data. For evaluation of differences in age, height and weight between groups we used ANOVA with unpaired data and a Tukey-test for *post-hoc* analysis. Analysis was performed by statistical software (PRISM 6.0 for MacOS; GraphPad software, San Diego, CA, USA) and a P < 0.05was considered statistically significant.

# **RESULTS**

Nine patients were provided with ephedrine to correct anesthesiainduced hypotension, phenylephrine was administered to eleven patients, noradrenaline to eleven patients, six patients received adrenaline, and calcium chloride was administered to ten patients. The five groups of patients were comparable in terms of height and weight but the patients in the adrenaline group were younger than those in the other groups (**Table 1**).

Bolus calcium chloride maintained HR, SV, and CO and, as intended MAP increased (from 49  $\pm$  7 to 57  $\pm$  16 mmHg, P < 0.05) (**Table 2, Figure 1**). The other vasoactive agents also influenced cardiovascular variables: following administration of adrenaline SV tended to increase (P = 0.08) and as HR was maintained (P = 0.71) also CO tended to increase (by 25%, P = 0.07). Similarly, administration of ephedrine increased CO (P < 0.05) due to a non-significant change in HR (P = 0.26) and SV (P = 0.10). Both adrenaline and ephedrine increased MAP by 19 mmHg. Phenylephrine and noradrenaline maintained HR, SV, and CO with an increase in MAP by 27 and 20 mmHg, respectively.

The effect of vasoactive therapy on the NIRS determined rScO<sub>2</sub> are shown in **Table 2** and **Figure 1**. In patients treated with adrenaline and ephedrine rScO<sub>2</sub> was not affected significantly and when these data were pooled into one group of patients treated with  $\beta$ -adrenergic drugs, rScO<sub>2</sub> remained statistical unaffected: there was an increase in rScO<sub>2</sub> for five patients and for seven patients rScO<sub>2</sub> decreased without relation to changes in MAP or CO. After noradrenaline and phenylephrine a small but non-significant reduction in rScO<sub>2</sub> was noted for each vasoactive agent. However, with data evaluated as one group ( $\alpha$ -adrenergic receptor agonists; noradrenaline and phenylephrine), seven patients with noradrenaline and seven patients with phenylephrine demonstrated lowered rScO<sub>2</sub> after drug administration while for only six patients rScO<sub>2</sub> increased (**Figure 2**). For two of these patients rScO<sub>2</sub> decreased almost 10%

	Ephedrine	Adrenaline	Phenylephrine	Noradrenaline	Calcium chloride
	( <i>n</i> = 9)	( <i>n</i> = 6)	( <i>n</i> = 11)	( <i>n</i> = 11)	( <i>n</i> = 10)
Age (yrs)	67±3	56±11*	64±7	64±3	60±9
Weight (kg)	$84 \pm 18$	$76 \pm 13$	76±9	$76 \pm 16$	$80\pm22$
Height (cm)	$178\pm5$	$174\pm 6$	$179\pm7$	$177 \pm 7$	$172\pm7$

Variable are mean  $\pm$  SD. \*Difference between Ephedrine and Adrenaline; P < 0.05

	Adrenaline before	After	Ephedrine before	After	Noradrenaline before	After	Phenylephrine before	After	Calcium before	After
HR (beat/min)	$65\pm5$	63±9	60±9	64±18	57±18	$58\pm19$	56±11	$55\pm12$	$61 \pm 14$	$58 \pm 15$
SV (ml)	$72 \pm 17$	$89\pm10*$	$76\pm14$	$82\pm15*$	$64 \pm 14$	$70\pm12$	$66 \pm 9$	$67\pm11$	$65\pm21$	$67\pm17$
CO (L/min)	$4.7 \pm 1.1$	5.9±1.1*	$4.3\pm0.9$	5.3±1.2*	$3.8 \pm 1.2$	$3.7\pm0.7$	$3.9\pm0.7$	$3.6\pm1.0$	$4.0 \pm 1.4$	$4.1\pm1.5$
MAP (mmHg)	$53\pm3$	72±11*	$55\pm3$	$74\pm9*$	$53\pm5$	$72\pm12*$	$51\pm5$	$78\pm9*$	$49\pm7$	$57\pm16^{*}$
rScO <sub>2</sub> (%)	$58\pm13$	$58\pm12$	$73\pm10$	$73\pm11$	$70\pm12$	$68\pm11$	$67\pm8$	$66 \pm 7$	$68\pm12$	$68\pm11$

Table 2	Cardiovascular	variables in five or	ouns of vasoactive	e therany to treat	t anesthesia-induced	hypotension
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Variables are mean  $\pm$  SD. HR, heart rate; SV, cardiac stroke volume; CO, cardiac output; MAP, mean arterial pressure; rScO<sub>2</sub>, frontal lobe oxygenation. \*Different between before and after in each group; P < 0.05. In calcium group determination of CO and SV was successful in six patients. After adrenaline SV and CO changed with P-values at 0.08 and 0.07, respectively. Epedrine affected SV at P = 0.10.



while CO increased (0.5 and 2.3 L/min) and for the whole group of patients ( $\alpha$ -adrenergic receptor agonists) rScO<sub>2</sub> decreased 2%. After calcium chloride in four patients rScO<sub>2</sub> decreased (1–5%) and while rScO<sub>2</sub> was unchanged (n = 2) or increased (up to 6%) in the other eight patients, rScO<sub>2</sub> was not statistical affected by calcium chloride. Correlations between rScO<sub>2</sub> and MAP or CO were not observed.

## DISCUSSION

This case series of 47 patients confirms that following anesthesiainduced hypotension in elective surgical patients, a vasopressor



difference between groups. P < 0.05.

agent including calcium chloride increases MAP. The new finding is that frontal lobe oxygenation (rScO<sub>2</sub>), as determined by near-infrared spectroscopy was not significantly affected following the use of calcium chloride for treatment of anesthesiainduced hypotension. A similar finding was observed with the use of ephedrine, phenylephrine, adrenaline, and noradrenaline as rScO<sub>2</sub> remained at levels similar to those established before drug administration. However, when data from patients treated with *a*-adrenergic receptor agonists (phenylephrine and noradrenaline) were pooled into one group and patients treated with β-adrenergic drugs (adrenaline or ephedrine) were sampled in an other group, rScO<sub>2</sub> decreased 2% after  $\alpha$ -adrenergic drug administration but remained unaffected with administration of β-adrenergic stimulating drugs. This observation supports results obtained in patients (Nissen et al., 2010; Meng et al., 2011; Brassard et al., 2014) and healthy awake subjects (Brassard et al., 2010). Although a 2% reduction in rScO<sub>2</sub> seems small, the change is in the magnitude as induced by hyperventilation that lowers arterial CO<sub>2</sub> partial pressure with development of presyncopal symptoms (Madsen and Secher, 1999). Also Thomas et al. (2009) report  $\sim$ 6% drop in cerebral oxygenation at presyncope.

Why  $rScO_2$  is reduced after  $\alpha$ -adrenergic drugs and not after administration of  $\beta$ -adrenergic-therapy and calcium chloride

remains unclear. In patients with intact cerebral autoregulation, the decrease in rScO<sub>2</sub> after phenylephrine and noradrenalin administration is associated with concordant reduction in CO, whereas rScO<sub>2</sub> remains unchanged when CO was maintained with ephedrine (Meng et al., 2011). This observation supports that changes in CO, independently of arterial pressure, affect cerebral hemodynamics (Ogoh et al., 2005). Cerebral arteries are abundantly innervated by sympathetic fibers (Sandor, 1999) and the decrease in rScO<sub>2</sub> after administration of  $\alpha$ -adrenergic drugs could be by direct  $\alpha$ -receptormediated cerebral vasoconstriction. An influence of cutaneous vasoconstriction beneath the NIRS optode, however has to be considered (Davie and Grocott, 2012; Sørensen et al., 2012).

The increase in MAP by vasoactive therapy was expected and the use of bolus calcium chloride also increased MAP even in patients without a suspected reduction in plasma ionized calcium. Indication for the use of calcium chloride is more clear after the use of blood products containing citrate that may lead to hypocalcemia (Jawan et al., 2003) and hemodynamic instability (Marquez et al., 1986). Thus, calcium chloride restores the levels of ionized calcium in blood and in turn also MAP.

Despite the effect of vasoactive agents on MAP was similar with the use of different drugs, the rise in pressure was achieved differently. Both ephedrine and adrenaline increased CO but such an effect was absent after administration of phenylephrine or noradrenaline. When data from patients treated with noradrenaline and phenylephrine were pooled into one group, CO was reduced in several patients (Figure 2): the eight lowest points with a decrease in CO by up to app. 50% represent four patients treated with phenylephrine and four patients treated with noradrenaline. After calcium chloride CO was unchanged and there was a trend towards a reduced HR (P = 0.16). For most of the patients treated with β-adrenergic agonists, CO increases by unloading of the splanchnic reservoir (Cannesson et al., 2012). An increase in CO may be important to override potential vasoconstriction in cutaneous and subcutaneous vessels following the use of vasoactive therapy. Considering that microvascular circulation influences wound healing, we consider that vasoactive drugs with significant vasoconstrictive capacity should be avoided both during and after surgery.

The use of calcium chloride to restore MAP is safe and in terms of the effect on  $rScO_2$  this study is unable to promote one vasoactive drug over an other. The data do suggest that the use of a vasopressor agent with combined  $\alpha$ - and  $\beta$ -adrenergic agonistic capacity appears to be favorable to restore MAP following anesthesia-induced hypotension. Results from a randomized double-blinded clinical trial are needed before a general recommendation to use combined  $\alpha$ - and  $\beta$ -adrenergic drugs or calcium chloride for treatment of anesthesia-induced hypotension is substantiated.

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