

### β<sub>3</sub>-adrenoceptors inhibit stimulated norepinephrine release in spontaneously hypertensive rats

### Torill Berg \*

Department of Physiology, Institute of Basic Medical Sciences, University of Oslo, Oslo, Norway

#### Edited by:

James J. Galligan, Michigan State University, USA

#### Reviewed by:

Pieter Vanden Berghe, Center for Gastroenterological Research, Belgium Liya Qiao, Virginia Commonwealth University, USA

#### \*Correspondence:

Torill Berg, Department of Physiology, Institute of Basic Medical Sciences, University of Oslo, P.O. Box 1103, Blindern, 0317 Oslo, Norway e-mail: torill.berg@medisin.uio.no

Here, the influence of  $\beta_3$ -adrenoceptors on catecholamine release in normotensive and spontaneously hypertensive rats was analyzed. Blood pressure was recorded through a femoral artery catheter, and cardiac output by ascending aorta flow. Time from onset of flow to maximum rise in flow indicated inotropy. Total peripheral vascular resistance (TPR) was calculated. Norepinephrine release was stimulated with tyramine, which allowed presynaptic release-control to be reflected as changes in the plasma norepinephrine concentration. B<sub>3</sub>-adrenoceptor agonist (BRL37344) reduced baseline vascular resistance, the tyramine-stimulated norepinephrine overflow and the positive inotropic response to tyramine in hypertensive but not normotensive rats.  $\beta_3$ -adrenoceptor antagonist (SR59230A) reduced tyramine-stimulated norepinephrine release in both strains and the secretion of epinephrine in hypertensive rats. SR59230A reduced tyramine-induced tachycardia in normotensive rats, and prevented down-regulation of the tyramine-induced rise in resistance in hypertensive rats. It was concluded that the contradicting results obtained by agonist vs. antagonist, could be explained by their interaction with two different β-adrenoceptors: The BRL37344-dependent inhibition of stimulated norepinephrine release and positive inotropic response to tyramine was compatible with stimulation of  $\beta_3$ -adrenoceptor coupling to inhibitory G-protein. This was observed only in hypertensive rats during stimulated, high levels of circulating catecholamines. The effect of BRL37344 on baseline vascular resistance was compatible with activation of  $\beta_3$ -adrenoceptor coupling to endothelial nitric oxide synthase. The inhibitory effect of SR59230A on tyramine-stimulated norepinephrine release in both strains, the increased TPR-response to tyramine in hypertensive rats and tachycardia in normotensive rats may result from inhibition of the low-affinity-state  $\beta_1$ -adrenoceptor, also known as the putative  $\beta_4$ -adrenoceptor.

Keywords:  $\beta_3\text{-}adrenoceptors,$  putative  $\beta_4\text{-}adrenoceptors,$  norepinephrine release, epinephrine secretion, hypertension

### **INTRODUCTION**

The release of norepinephrine from vesicles in peripheral sympathetic nerve terminals is modulated by presynaptic receptors, which either inhibit or stimulate release (Westfall, 1977; Starke et al., 1989). Of the three  $\beta$ -adrenoceptor (AR) subtypes, i.e.,  $\beta_1$ -,  $\beta_2$ - and  $\beta_3$ AR, the  $\beta_2$ -subtype has been recognized as the main BAR which stimulates norepinephrine release (Stjarne and Brundin, 1976; Westfall et al., 1979; Nedergaard and Abrahamsen, 1990). However, during tyramine-induced norepinephrine release, presynaptic  $\beta_1$ AR was recently found to be equally efficient as the  $\beta_2 AR$  in stimulating the release of norepinephrine (Berg, 2014). However, their effect was not additive, since blocking both was not more efficient than blocking one or the other. Little is known about the role of the  $\beta_3AR$ in modulating norepinephrine release, although an increase in norepinephrine transmission, probably in the locus coeruleus, has been observed after central stimulation with the  $\beta_3AR$  agonist SR58611A (Claustre et al., 2008). However, unlike  $\beta_1$ - and  $\beta_2$ AR, the  $\beta_3$ AR may couple not only to stimulatory G-protein

(G<sub>s</sub>) but also to inhibitory G-protein (G<sub>i</sub>) (Gauthier et al., 1996). Through this, the  $\beta_3AR$  may activate nitric oxide (NO) synthase (NOS), most likely endothelial NOS (eNOS), and produce a negative inotropic effect in cardiomyocytes (Gauthier et al., 1998). In the vasculature,  $\beta_3AR$ , through coupling to G<sub>s</sub>, may induce vascular smooth muscle cell (VSMC) relaxation directly, or indirectly through endothelial eNOS activation (for review, see Rozec and Gauthier, 2006). If the  $\beta_3AR$  will inhibit or facilitate norepinephrine release from peripheral sympathetic nerve terminals is not known. In cultured human adrenal chromaffin cells,  $\beta_2AR$ and  $\beta_3AR$ , but not  $\beta_1AR$ , were found to stimulate release of both norepinephrine and epinephrine (Cortez et al., 2012). Similar studies have not been done on the rat adrenal gland or *in vivo*.

Little is known about the role of the  $\beta_3AR$  in hypertension. A missense mutation in the  $\beta_3AR$  gene was associated with hypertension (Tonolo et al., 1999; Ringel et al., 2000; Hao et al., 2004) and other features of the metabolic syndrome such as insulin resistance and in some populations, overweight/obesity and dyslipidemia (Widen et al., 1995; Arner and Hoffstedt, 1999; Thomas

et al., 2000). This mutation was also associated with an increased sensitivity to the pressor effect of exogenous norepinephrine (Melis et al., 2002), similar to the augmented rise in total peripheral vascular resistance (TPR) during stimulated norepinephrine release in the presence of  $\beta_3$ AR antagonist (Berg et al., 2010). The  $\beta_3$ AR is more resistant to catecholamine-induced desensitization than  $\beta_{1/2}$ AR, and is preserved and present in a higher density compared to the  $\beta_1$ AR in SHR (Mallem et al., 2004; Rouget et al., 2004). This difference may contribute to the altered presynaptic control of catecholamine release known to be present in spontaneously hypertensive rats (SHR) (Berg, 2013; Berg and Jensen, 2013).

It was therefore hypothesized that  $\beta_3AR$  are located presynaptically on peripheral sympathetic nerve endings and adrenal chromaffin cells, where they may either lower or facilitate release, and that their function may be more prominent in hypertension. The aim of the present study was therefore to decipher the role of \$\beta\_3AR\$ in the control of catecholamine release in SHR and their normotensive controls (WKY). Presynaptic control of norepinephrine release was studied by the use of tyramine, which selectively activates the release of norepinephrine from peripheral sympathetic nerve terminals by stimulating reverse transport through the norepinephrine re-uptake transporter (NET). When NET is blocked (Berg et al., 2012), or engaged in release in the presence of tyramine (Berg and Jensen, 2013), re-uptake is prevented, and the impact of presynaptic control of vesicular release is reflected as differences in overflow to plasma (Berg, 2013, 2014) (Figure 1). The presynaptic receptors are activated by the released norepinephrine and other agonists present in their vicinity. The release of norepinephrine is therefore not directly dependant on the sympathetic tone, which will be influenced by factors such anesthesia, ventilation and rat strain, but activated pharmacologically in the nerve terminal. The surgical trauma was responsible for some secretion of epinephrine, also subjected to presynaptic control (Berg et al., 2012). The present study is the first to analyse in vivo the role of  $\beta_3$ AR in catecholamine release in WKY and SHR, and, in the same animal, their impact on inotropy, heart rate (HR) and TPR.

### MATERIALS AND METHODS EXPERIMENTAL PROCEDURE

All experiments were approved by The Norwegian Animal Research Authority (NARA) (approval number 10.2914), and conducted in accordance with the Directive 2010/63/EU of the European Parliament. Fifty-eight male, 12-14 weeks old SHR (Okamoto, SHR/NHsd strain,  $281 \pm 3$  g body weight) and 55 age-matched WKY (Wistar Kyoto,  $282 \pm 3$  g body weight) on conventional rat chow diet (0.7% NaCl) were included in the study. As previously described (Berg et al., 2010), the rats were anesthetized with sodium pentobarbital (65-75 mg/kg, IP). The level of surgical anesthesia was tested by non-responsiveness to pinching between the toes. When satisfactory anesthesia was established, it remained throughout the experiment without further supply. The rats were instrumented with a heparinized catheter in the femoral artery to record systolic (SBP) and diastolic (DBP) blood pressure (BP), and a flow probe on the ascending aorta to measure cardiac output (CO) and HR. Mean arterial BP



FIGURE 1 | An overview of the experimental design to test the role of  $\beta_3AR$  in catecholamine release. The presynaptic  $\beta AR$  will be activated by the released norepinephrine or by circulating epinephrine from the adrenals. Dotted arrows; tested, but not verified hypothesis. \*; effect observed in SHR only in response to  $\beta_3AR$  antagonist (adrenal) and antagonist (neuronal). NE, norepinephrine; E, epinephrine; NET, norepinephrine re-uptake transporter.

[MBP = (SBP–DBP)/3 + DBP] and TPR (MBP/CO) were calculated.  $T_F$  (time from onset of ascending aorta flow to maximum rise in flow, derived from high resolution aorta flow data, i.e., 5000 points during a 2-s collection-period, stored when pressing a specified key on the computer) was used to indicate changes in inotropy (Berg et al., 2010). A negative change in  $T_F$  indicated a positive inotropic response, and *vice versa*. The rats were kept on a positive-pressure respirator and ventilated with air throughout the experiment. Body temperature was maintained by external heating, guided by a thermo sensor inserted inguinally into the abdominal cavity. Removal of the adrenal glands (AdrX) was done through bilateral flank incisions at the start of the surgical procedure, i.e., 30 min before injecting the first drug. At completion of the experiment, the animals were sacrificed by an IV injection of about 35 mg pentobarbital.

### **EXPERIMENTAL PROTOCOLS**

All drugs were dissolved in phosphate-buffered saline (PBS; 0.01 M Na-phosphate, pH 7.4, 0.14 M NaCl) and administered through a catheter in the femoral vein. After a control period of about 10 min, control rats were pre-treated with PBS (0.6 ml/kg, bolus injection), followed 10 min later by a 15 min infusion with tyramine (1.26 µmol/kg/min) to stimulate norepinephrine release (Berg et al., 2010, 2012). In time control rats, tyramine was replaced by an infusion with PBS. To test the influence of  $\beta_3$ AR on release control, the rats were pre-treated with the  $\beta_3$ AR agonist BRL37344 ((±)-(R\*, R\*)-[4-[2-[[2-(3-Chlorophenyl)-2-hydroxyethyl]amino]propyl]phenoxy]-acetic acid sodium hydrate) infused at a rate of 1 nmol/kg/min (Malinowska and Schlicker, 1997) for 10 min, and subsequently combined with tyramine throughout the tyramine infusion-period. Alternatively, rats were pre-treated with the  $\beta_3AR$  antagonist SR59230A (13.8 µmol/kg, 0.6 ml/kg, bolus injection) 5 min

before administration of tyramine, as previously described (Berg et al., 2010). These experiments were run in not-AdrX and AdrX rats to study the influence of circulating epinephrine on  $\beta_3$ AR activity, and if the effect of  $\beta_3$ AR agonist and antagonist influenced norepinephrine release indirectly by altering adrenal epinephrine secretion. To study the effect of presynaptic  $\beta_3$ AR on norepinephrine release in the absence of  $\beta_{1+2}AR$  stimulation of release and without interference from the adrenals, AdrX WKY and SHR were pre-treated with the  $\beta_1$ AR antagonist CGP20712A (11 µmol/kg, 0.6 ml/kg, bolus injection) followed 10 min later by the  $\beta_2 AR$  antagonist ICI-118551 (1µmol/kg initial dose, subsequently infused with 0.3 µmol/kg/min for 10 min), alone or with SR59230A injected 5 min into the infusion of ICI-118551 (Berg et al., 2010). Tyramine was subsequently infused combined with ICI-118551. An overview of drug actions and hypotheses tested are given in Figure 1. The rats in the antagonist and control groups were in part the same as in a previous study (Berg et al., 2010), where the plasma concentration of catecholamines were not measured, except in the AdrX CGP20712A + ICI-118551 + tyramine SHR group. Additional rats were included to overlap in time with the BRL37344-groups, and to have sufficient numbers of plasma when remaining plasma from old controls and the CGP20712A + ICI-118551-treated AdrX SHR group was not sufficient to repeat the measurement of catecholamines with our present assay, which differed from that previously employed. The cardiovascular response in these additional rats corresponded to that observed before (Berg et al., 2010). Previously published cardiovascular data will therefore be only shortly summarized, to be included in the discussion of the interpretation of the data, in light of the present new information, i.e., the plasma catecholamine concentrations after  $\beta_3$ AR agonist and antagonist, as well as the cardiovascular response to agonist. The number of rats included in each group (Table 1) was based on sample power calculations using previous data from similar or related experiments.

### **MEASUREMENT OF PLASMA CATECHOLAMINES**

At the end of the tyramine infusion, without discontinuing the infusion, 1.5 ml blood was collected by free flow from the femoral artery catheter, into tubes containing 40  $\mu$ l 0.2 M glutathione, 0.2 M ethylene glycol-bis(2-aminoethylether)-N,N,N',N'-tetraacetic acid (EGTA) (4°C). Plasma was stored at  $-80^{\circ}$ C until catecholamine concentrations were determined using 400  $\mu$ l plasma and the 5000 Reagent kit for HPLC analysis of Catecholamines in plasma from Chromsystems GmbH, Munich, Germany, as described by the manufacturer. The samples were run on a Shimadzu monoamines analyzer system, using an isocratic flow rate of 0.8 ml/min, and an electrochemical detector (Decade II) and a SenCell electrochemical flow cell (Antec Leyden, Zoeterwoude, The Netherlands).

### DRUGS

SR59230A was from Santa Cruz Biotechnology, Heidelberg, Germany, and ICI-118551 from ICI-Pharma, Cheshire, UK. BRL37344 and tyramine were from Sigma Chemical Co., St. Louis, MO, USA.

### **STATISTICAL ANALYSES**

The results are presented as mean values  $\pm$  s.e.m. The plasma catecholamine concentrations were evaluated by overall tests (One-Way ANOVA). When the presence of significant group differences was indicated, these were located by two-sample Student's *t*-tests for parametric data, and by Kruskal-Wallis tests for non-parametric data.  $P \leq 0.05$  was considered significant.

The cardiovascular data were averaged every min. The cardiovascular response to pre-treatment and baselines prior to tyramine were evaluated by One-Way ANOVA, including all groups within each strain. When the presence of group differences was indicated, these were subsequently located by two-sample Student's *t*-tests and Kruskal-Wallis tests for parametric and nonparametric results, respectively. The tyramine response-curves

Table 1	The plasma	concentration	of norepine	phrine and	epinephrine.

	WKY			SHR		
	N	Norepinephrine (nM)	Epinephrine (nM)	N	Norepinephrine (nM)	Epinephrine (nM)
PBS + PBS (not-AdrX   time control)	6	0.7±0.2	6.9±1.2	6	1.3±0.2	10.9±1.9
PBS + tyramine (not-AdrX control)	9	21.5±1.2*	$3.9 \pm 1.2$	9	$27.2 \pm 1.3*^{\dagger}$	$5.8\pm0.9$
BRL37344 + tyramine (not-AdrX)	7	$26.1\pm3.5$	$4.9 \pm 2.3$	6	$21.8\pm1.2^\ddagger$	$5.4 \pm 1.1$
SR59230A + tyramine (not-AdrX)	10	$14.9 \pm 2.1^{\ddagger}$	$1.8 \pm 0.6$	9	$21.2\pm1.6^\ddagger$	$2.7\pm1.0^{\ddagger}$
AdrX + PBS + PBS (AdrX time control)	6	$0.2 \pm 0.1$	$0.0 \pm 0.0$	8	$3.7 \pm 1.3$	$0.3 \pm 0.2$
AdrX + PBS + tyramine (AdrX control)	6	21.7±2.4*	$0.7 \pm 0.7^{-1}$	6	$33.2 \pm 4.0*^{\dagger}$	$0.1 \pm 0.1^{-1}$
AdrX + BRL37344 + tyramine	8	$17.3 \pm 1.9^{-1}$	$0.0 \pm 0.0^{-1}$	6	$34.6 \pm 5.7^{-1}$	$0.0 \pm 0.0^{-1}$
AdrX + SR59230A + tyramine	8	$22.6 \pm 2.9^{-1}$	$0.4 \pm 0.4^{-1}$	7	$33.2 \pm 5.1^{-1}$	$0.4 \pm 0.3^{-1}$
AdrX + CGP20712A + ICI-11855 + tyramine	7	$16.7 \pm 2.4$	$0.6 \pm 0.4$	7	$37.7 \pm 5.3$	$0.2\pm0.2$
AdrX + CGP20712A + ICI-11855 + SR59230A + tyramine	6	$12.8\pm1.3^{\ddagger}$	$0.9\pm0.9$	6	$25.6\pm6.5$	$0.5\pm0.5$

Significant differences between the time controls and corresponding tyramine control groups (\*), between the SHR and WKY PBS + tyramine groups in not-AdrX and AdrX rats (<sup>†</sup> after SHR values), between corresponding PBS + tyramine and agonist/antagonist + tyramine groups (<sup>‡</sup>), and between corresponding not-AdrX and AdrX groups (<sup>¬</sup>), were detected as indicated. Significant differences between the AdrX + CGP20712A + ICI-11855 + tyramine and AdrX + CGP20712A + ICI-11855 + tyramine groups were not detected. N, number of rats per group. \*, <sup>†</sup>, <sup>‡</sup>, <sup>¬</sup> –  $P \le 0.05$ .

were analyzed using Repeated Measures Analyses of Variance and Covariance, first as over-all tests including all groups within each strain, and subsequently between groups and for each group separately. Significant responses (one-sample Student's *t*-tests) and groups differences (two-sample Student's *t*- or Kruskall-Wallis tests) were subsequently located at specific times, i.e., at the initial peak-pressure response (about 3 min) and/or after 15 min. For each step, testing proceeded only when the presence of significant responses, differences and/or interactions was indicated, and the *P*-value was for all tests and each step adjusted according to Bonferroni.

### **RESULTS**

### EFFECT OF $\beta_3 AR\text{-}AGONIST$ and -ANTAGONIST ON THE PLASMA CATECHOLAMINE CONCENTRATIONS (TABLE 1)

Tyramine clearly increased the plasma concentration of norepinephrine in both not-AdrX and AdrX rats of both strains (P < 0.001 compared to the time controls infused with PBS instead of tyramine), but did not significantly influence the epinephrine concentration. At the end of the tyramine-infusion period, the plasma concentration of norepinephrine was higher in SHR than in WKY in not-AdrX as well as AdrX rats (P = 0.005 and 0.037, respectively). The concentration of norepinephrine in AdrX rats was not different from that in the not-AdrX controls (P = NS), showing that the tyramine-stimulated overflow of norepinephrine involved sympathetic nerves rather than the adrenals. The plasma concentration of epinephrine was almost totally eliminated in AdrX rats (P = 0.029 and 0.001 compared to not-AdrX WKY and SHR, respectively).

The  $\beta_3$ AR-agonist BRL37344 did not alter the tyramineinduced norepinephrine overflow to plasma in WKY (P = NS) but reduced overflow in SHR (P = 0.011), suggesting  $\beta_3$ AR to have a negative influence on release in this strain. In contrast to this result, the  $\beta_3$ AR-antagonist SR59230A was observed to lower norepinephrine overflow, and did so in both strains (P =0.006 and 0.032 in WKY and SHR, respectively). SR59230A and BRL37344 had no significant effect on norepinephrine overflow in AdrX WKY and SHR.

In AdrX rats, pre-treatment with  $\beta_1$ - and  $\beta_2$ AR antagonist, i.e., CGP20712A + ICI-118551, followed by SR59230A reduced the tyramine-stimulated norepinephrine overflow (P = 0.018 compared to the AdrX WKY controls), whereas the almost same reduction following CGP20712A + ICI-118551 alone was not statistically significant. The reduction seen in CGP20712A + ICI-118551 + SR59230A-pre-treated AdrX SHR was not statistically significant (P = NS compared to the AdrX SHR controls).

BRL37344 had no effect on the plasma epinephrine concentration in either strain (P = NS). However, SR59230A reduced the plasma epinephrine concentration in both strains, although the difference was statistically significant in SHR only (P = 0.034).

# EFFECT OF $\beta_3 \text{AR-AGONIST}$ and -antagonist on cardiovascular baselines

BRL37344 reduced MBP  $(-11 \pm 2 \text{ compared to the } -1 \pm 2 \text{ mm}$ Hg following the injection of PBS in the controls, P = 0.005) in WKY, increased CO in both strains  $(9 \pm 2 \text{ and } 4 \pm 1 \text{ ml/min in WKY} \text{ and SHR, respectively, compared to } 3 \pm 0 \text{ and}$   $1 \pm 1$  ml/min in the controls) and in AdrX WKY (7  $\pm 1$  compared to  $3 \pm 1$  ml/min in the controls) ( $P \le 0.006$ ). The effect of BRL37344 on TPR baseline was not significant in WKY or SHR (P = NS). However, BRL37344 reduced baseline TPR in the AdrX WKY ( $-0.9 \pm 0.1$  mm Hg/ml/min compared to  $-0.4 \pm 0.1$  mm Hg/ml/min after PBS) and AdrX SHR ( $-1.2 \pm 0.4$  and  $-0.4 \pm$ 0.4 mm Hg/ml/min, respectively). The resulting TPR after pretreatment, i.e., prior to tyramine, was 2.4  $\pm$  0.3 and 1.9  $\pm$  0.1 mm Hg/ml/min after PBS and BRL37344, respectively in the WKY controls,  $2.1 \pm 0.1$  and  $1.9 \pm 0.2$  mm Hg/ml/min, respectively, in AdrX WKY, and  $5.0 \pm 0.3$ ,  $4.8 \pm 0.3$ ,  $6.6 \pm 0.9$  (*P* = NS compared to the control group) and  $3.6 \pm 0.8$  (P = 0.034) mm Hg/ml/min in the corresponding SHR groups. BRL37344 reduced T<sub>F</sub> (i.e., increased inotropy) in SHR ( $\Delta T_{\rm F} = -6 \pm 4$  compared to  $4 \pm 3\%$ in the controls) and in AdrX SHR ( $\Delta T_{\rm F} = -7 \pm 3$  compared to  $2 \pm 5\%$  in the controls) ( $P \le 0.01$ ). As previously described (Berg et al., 2010), the antagonist SR59230A increased baseline MBP and reduced T<sub>F</sub> (i.e., indicating an increase in inotropy) in WKY  $(P \le 0.004)$ , and increased MBP and CO and reduced T<sub>F</sub> in AdrX WKY (P < 0.018) (data not shown). A change in baseline T<sub>F</sub> was not observed in AdrX WKY when SR59230A was given after  $\beta_1$ and  $\beta_2AR$  blockade with CGP20712A and ICI-118551 (–8  $\pm$  2% compared to  $1 \pm 2\%$  in the control group, P = 0.041). SR59230A had no effect on TPR baseline in not-AdrX or AdrX WKY or any of the cardiovascular baselines in not-AdrX or AdrX SHR. TPR after SR59230A was  $3.3 \pm 0.3$  and  $3.3 \pm 0.4$  mm Hg/ml/min in WKY and AdrX WKY, respectively, and 5.4  $\pm$  0.4 and  $7.3 \pm 0.8$  mm Hg/ml/min in the corresponding SHR groups.

# EFFECT OF $\beta_3 AR\text{-}AGONIST$ and -antagonist on the cardiovascular response to tyramine

BRL37344 reduced the tyramine-induced fall in T<sub>F</sub> in not-AdrX SHR (-23  $\pm$  2 compared to -36  $\pm$  2% in the controls, P = 0.018), demonstrating a counter-action of the positive inotropic response to tyramine. BRL37344 had no effect on the tyramineinduced, sustained tachycardia in none of the groups (data not shown). The same pattern was seen regardless of expressing the change in bpm or in percentage of HR baseline. As previously described (Berg et al., 2010), SR59230A clearly reduced the tachycardia in WKY and AdrX WKY but had no effect in SHR or AdrX SHR. The rise in TPR in response to tyramine was augmented by BRL37344 throughout the tyramine infusion-period in AdrX SHR when expressed in percentage of baseline (Figure 2), but not when expressed in mm Hg/ml/min, and may therefore result from the particularly low TPR baseline after AdrX in this group. The down-regulation of the TPR-response to tyramine observed during the late part of the infusion-period was eliminated by SR59230A in not-AdrX SHR (Figure 2).

### DISCUSSION

The main result in the present study was that the  $\beta_3AR$  agonist BRL37344 reduced tyramine-stimulated norepinephrine overflow to plasma in SHR but not in WKY. BRL37344 also reduced the positive inotropic response to tyramine. Most effects of the antagonist SR59230A were likely to be due to inhibition of low-affinity state  $\beta_1AR$  ( $\beta_{1L}AR$ ), i.e., a reduced tyramine-stimulated norepinephrine release in both strains, a reduced secretion of

epinephrine in SHR and a reduced tyramine-induced tachycardia in WKY. BRL37344 reduced TPR baseline in SHR, and SR59230A prevented the down-regulation of the TPR-response to tyramine, compatible with effects involving  $\beta_3$ AR-eNOS- or  $\beta_{1L/1/2}$ AR-mediated vasodilatation. The results and deductions are summarized in **Table 2**.

# THE EFFECT OF $\beta_3\text{AR-AGONIST}$ and -antagonist on stimulated Norepinephrine release

The influence of  $\beta_3AR$  on catecholamine release was studied during tyramine-stimulated norepinephrine release since  $\beta AR$  antagonist (propranolol) did not significantly alter the low plasma catecholamine concentrations in unstimulated rats



FIGURE 2 | The TPR-response to tyramine in WKY and SHR, without and after acute AdrX. The rats were pre-treated with the  $\beta_3AR$  antagonist SR59230A or agonist BRL37344 as indicated by symbol legends. The TPR-results in the SR59230A-treated groups are from Berg et al. (2010).  $*P \le 0.025$  after curve evaluation (please see Methods).

		WKY	AdrX WKY	SHR	AdrX SHR	Possible mechanisms responsible for the results
BRL37344						
Baselines:	T <sub>F</sub>	$\sim$	~	$\downarrow$	$\downarrow$	Pos. inotropy: $\uparrow \beta_1/\beta_2 AR$
	TPR	$\sim$	$\downarrow$	$\sim$	$\downarrow$	<sup>a</sup> Vasorelaxation: $\uparrow\beta_3 AR\text{-}eNOS$ or $\uparrow$ VSMC $\beta_{1/2} AR\text{-}G_s$
Tyramine:	T <sub>F</sub>	~	~	↑	~	Neg. inotropy: $\uparrow \beta_3 AR$ -G <sub>i</sub> or due to $\downarrow NE$ release
	TPR	$\sim$	$\sim$	$\sim$	(↑)	<sup>a</sup> Vasoconstriction: Due to a low baseline?
	Plasma NE	$\sim$	$\sim$	$\downarrow$	$\sim$	Inhibition of release: $\uparrow \beta_3 AR-G_i$
	Plasma EPI	$\sim$	~	$\sim$	$\sim$	No effect on adrenal epinephrine release
SR59230A						
Baselines:	T <sub>F</sub>	$\downarrow$	$\downarrow$	$\sim$	$\sim$	Pos. inotropy, absent after CGP20712A+ICI-11855: $\uparrow \beta_1 AR-G_s$
	TPR	$\sim$	~	$\sim$	$\sim$	No effect
Tyramine:	T <sub>F</sub>	~	~	~	~	No effect
	HR	$\downarrow$	$\downarrow$	$\sim$	$\sim$	Neg. chronotropy: $\downarrow \beta_{1L}AR$ -G <sub>s</sub> or due to $\downarrow NE$ release
	TPR	$\sim$	$\sim$	↑	$\sim$	$\downarrow \beta AR$ vasorelaxation: $\downarrow \beta_3 AR$ -eNOS and/or $\downarrow \beta_{1L}AR$ -G <sub>s</sub>
	Plasma NE	$\downarrow$	$\sim$	$\downarrow$	$\sim$	Inhibition of release: $\downarrow \beta_{1L}AR-G_s$
	Plasma EPI	$\sim$	~	$\downarrow$	$\sim$	Inhibition of release: $\downarrow \beta_{1L}AR-G_s$

<sup>a</sup> In the absence of epinephrine-activated  $\beta_2AR$ -mediated vasodilatation. NE, norepinephrine. EPI, epinephrine, secretion activated by the surgical trauma, not by tyramine.  $\sim$ , unchanged parameter. Pos., positive. Neg., negative.

(T. Berg, unpublished observations). As previously published (Berg, 2014), the tyramine-stimulated norepinephrine overflow was not different in AdrX rats of either strain, showing that the released norepinephrine originated from peripheral sympathetic nerves rather than the adrenals. The agonist BRL37344 had no effect on the tyramine-stimulated norepinephrine overflow in WKY, but reduced overflow in SHR. This was not explained by the weak  $\beta_1$ - and  $\beta_2AR$  agonistic effect of BRL37344 (Dolan et al., 1994), since such activity would be expected to enhance release. BRL37344 may therefore inhibit norepinephrine release by stimulating  $\beta_3$ AR-coupling to G<sub>i</sub>, similar to that described for the β<sub>3</sub>AR-mediated inhibition of cardiomyocyte contraction (Gauthier et al., 1996). These inhibitory  $\beta_3AR$  were likely to be located presynaptically on peripheral sympathetic nerve endings, similar to that described for the facilitating  $\beta_1 AR$  and  $\beta_2 AR$ (Westfall, 1977; Starke et al., 1989; Berg, 2014).

Similar to that previously described for both  $\beta_1$ - and  $\beta_2AR$ antagonists (Berg et al., 2010; Berg, 2014), also the B<sub>3</sub>AR antagonist SR59230A reduced the tyramine-induced norepinephrine overflow in WKY and SHR. Any B1AR agonistic effect of SR59230A (Malinowska and Schlicker, 1997) would be expected to increase norepinephrine overflow. Thus, opposite of what was expected from the effect of BRL37344, and under the same conditions, SR59230A inhibited a release-stimulating mechanism. In addition, unlike the β3AR-Gi-signaling suggested by BRL37344, this stimulating mechanism was present in both strains. However, SR59230A has been shown in vivo to inhibit an atypical, putative, Gs-coupled, cardio-stimulating BAR with equal efficacy as it inhibited B3AR-mediated thermogenesis, whereas the same receptor was only marginally stimulated by BRL37344 (Malinowska and Schlicker, 1997). This putative BAR has now been recognized to represent  $\beta_{1L}AR$  (Granneman, 2001; Kaumann et al., 2001). Since norepinephrine release has been shown to be reduced by  $\beta_1$ AR antagonists such as atenolol and metoprolol and also the  $\beta_{1L}AR$  antagonist CGP20712A (Berg, 2014; Berg et al., 2010), it seemed reasonable to conclude that the reduced norepinephrine overflow in SR59230A-treated rats resulted from inhibition of presynaptic  $\beta_{1L}AR$ .

SR59230A and BRL37344 did not significantly influence the tyramine-stimulated norepinephrine overflow to plasma in AdrX rats of either strain. This observation may indicate that circulating epinephrine was in fact the agonist responsible for the  $\beta_{11}$ AR-activity, at least in WKY, and that the effect of  $\beta_3$ AR agonist/antagonist on norepinephrine release was indirect and due to an effect on the secretion of epinephrine. However, as discussed below, a significant change in the plasma epinephrine concentration was observed only in the SR59230A-pre-treated SHR. β<sub>1+2</sub>AR inhibition, i.e., CGP20712A and ICI-118551 combined, reduced overflow in AdrX WKY, although the difference was not statistically significant, and additional pre-treatment with SR59230A resulted in a similar, significant reduction in the plasma norepinephrine concentration. An additive effect of βAR antagonist directed against more than one subtype may not have been expected since the reduction following inhibition of  $\beta_1 AR$  and  $\beta_2 AR$  separately was not different from that after inhibition of both (Berg, 2014). However, pre-treatment with CGP20712A+ICI-118551, alone or combined with SR59230A,

did not reduce norepinephrine overflow in AdrX SHR. Thus, AdrX altered the ability of not only the  $\beta_3AR$ , but also that of  $\beta_{1+2}AR$ , to stimulate norepinephrine release. This change may be due to that AdrX altered the balance between the  $\beta AR$  and other mechanism(s) influencing norepinephrine release, for instance  $\alpha_2AR$ -mediated inhibition of release. This possibility is presently under investigation.

# THE EFFECT OF $\beta_3\text{AR-AGONIST}$ and -antagonist on epinephrine release

The plasma concentration at the end of the experiment in time controls was higher than that in plasma from anesthetized rats not subjected to surgery other than femoral artery catheterization  $(0.1 \pm 0.1 \text{ nM} \text{ in both WKY} \text{ and SHR compared to } 6-10 \text{ nM}$ in the time controls, P < 0.001) (Berg et al., 2012). It was therefore concluded that the adrenal secretion of epinephrine in this experimental model was activated by the surgical trauma. Also this release was sensitive to  $\alpha_2 AR$  auto-inhibition (Berg, 2013; Berg and Jensen, 2013). Pre-treatment with SR59230A, but not BRL37344, reduced the plasma concentration of epinephrine, with a statistically significant difference detected only in SHR. The secretion of epinephrine in SHR therefore appeared to be enhanced by the  $\beta_{1L}AR$ . SR59230A, like the  $\beta_2AR$  antagonist ICI-118551, also reduced basal and stimulated catecholamine release in human adrenal, isolated chromaffin cells, indicating a  $\beta_2$ - and  $\beta_3$ AR-mediated stimulation of release (Cortez et al., 2012). Unless the  $\beta_3$ AR influence on epinephrine and norepinephrine release in the rat differed by coupling to G<sub>s</sub> and G<sub>i</sub>, respectively, it may be considered that SR59230A may inhibit the  $\beta_{1L}$ AR also in human chromaffin cells.

# THE EFFECT OF $\beta_3 AR\text{-}AGONIST$ and -antagonist on cardiovascular baselines

BRL37344 induced a decrease in baseline T<sub>F</sub> in SHR but not WKY, indicating a positive inotropic effect. The same response was observed also in AdrX SHR. Without stimulation of norepinephrine release, overflow to plasma in anesthetized rats was very low, even in the presence of desipramine, an inhibitor of synaptic norepinephrine re-uptake (Berg et al., 2012). If β<sub>3</sub>AR-activation depended on a high catecholamine concentration and, from that, a catecholamine-induced receptor rearrangement, the  $\beta_3AR$  may not be present in sufficient quantity in the basal condition to mediate a negative inotropic response. The positive inotropy may therefore without stimulation of norepinephrine release result from the weak  $\beta_{1+2}AR$ agonistic effect of BRL37344 (Dolan et al., 1994). BRL37344 in addition induced a fall in TPR baseline in AdrX rats of both strains. Thus, in the absence of the  $\beta_2$ AR-mediated vasodilatory component, BRL37344 induced vasodilatation, either through a VSMC  $\beta_{1/2}$ AR-G<sub>s</sub>-cAMP-dependent mechanism or, perhaps more likely, through endothelial  $\beta_3$ AR-eNOS activation (Mallem et al., 2005).

SR59230A reduced baseline  $T_F$  in both not-AdrX and AdrX WKY, but not in SHR, demonstrating an increase in inotropy, suggesting the presence of a  $\beta_3AR$ -G<sub>i</sub>-mediated, negative inotropic component in the unstimulated WKY (Berg et al., 2010). However, SR59230A has been shown to have some  $\beta_1AR$ 

agonistic effect (Malinowska and Schlicker, 1997), which will be expected to enhance inotropy and thus lower T<sub>F</sub>. This explanation was supported by the fact that SR59230A did not lower baseline T<sub>F</sub> after prior administration of  $\beta_{1+2}AR$  antagonists in AdrX WKY. Thus, what appeared to indicate a SR59230A-induced inhibition of a  $\beta_3AR$ -G<sub>i</sub>-mediated negative inotropy, as we previously concluded (Berg et al., 2010), may just as well be due to  $\beta_1AR$  activation.

# THE EFFECT OF $\beta_3 \text{AR-AGONIST}$ and -antagonist on the cardiovascular response to stimulated norepinephrine release

When the release of large amounts of norepinephrine was stimulated by tyramine, the results differed from that observed in the basal condition. BRL37344 increased T<sub>F</sub> in tyramine-stimulated SHR but not in AdrX SHR or WKY, indicating that BRL37344 in SHR hampered the positive inotropic effect of tyramine. Thus, selective  $\beta_3 AR$  stimulation with agonist in the presence of high concentrations of norepinephrine and circulating epinephrine appeared to evoke coupling to G<sub>i</sub>, possibly functioning as a "safety valve" against excessive stimulation. This may be due to a direct effect on the cardiomyocytes, but may also be explained by the parallel reduction in norepinephrine release, which also was observed only in the not-AdrX SHR group. A reduction in norepinephrine release may also explain the previously documented inhibitory effect of SR59220A on the tyramine-induced tachycardia in WKY (Berg et al., 2010). The SR59230A-dependant inhibition of the down-regulation of the late TPR-response to tyramine in not-AdrX SHR was compatible with an up-regulated β<sub>3</sub>AR expression in SHR, and a SR59230A-dependant inhibition of B<sub>3</sub>AR-eNOS induced vasodilatation. However, it cannot be excluded that the latter two effects of SR59230A may be explained by inhibition of  $\beta_{IL}AR$ -G<sub>s</sub>-signaling, since also the  $\beta_1AR$  antagonist CGP20712A reduced the tyramine-induced tachycardia and prevented the down-regulation of the late TPR-response (Berg et al., 2010).

### **CONCLUSIONS**

From the present results it may be deduced that effects explained by a  $\beta_3$ AR-G<sub>i</sub>-signaling, i.e., inhibition of norepinephrine release and negative inotropy, was only observed after stimulation with the agonist BRL37344, and then only in SHR during tyraminestimulated release of norepinephrine. In the absence of selective, exogenous  $\beta_3$ AR agonist, the response to tyramine-stimulated norepinephrine release predominantly involved  $\beta_{IL}$ AR, such as stimulation of norepinephrine release in both strains, secretion of epinephrine from the adrenal glands in SHR and norepinephrineinduced tachycardia in WKY. These responses were inhibited by SR59230A, which antagonizes  $\beta_{IL}$ AR equally well as  $\beta_3$ AR. In situations such as heart failure, acute myocardial infarction and arrhythmia, where the release of norepinephrine is greatly increased, BRL37344 and SR59230A may both provide relief by reducing norepinephrine release.

### FUNDING

This work was supported by The Norwegian Council on Cardiovascular Diseases and by Anders Jahres Fond.

#### **REFERENCES**

- Arner, P., and Hoffstedt, J. (1999). Adrenoceptor genes in human obesity. J. Intern. Med. 245, 667–672. doi: 10.1046/j.1365-2796.1999.00495.x
- Berg, T. (2013). Angiotensin AT1 alpha2Cadrenoceptor interaction disturbs alpha2A-autoinhibition of catecholamine release in hypertensive rats. *Front. Neurol.* 4:70. doi: 10.3389/fneur.2013.00070
- Berg, T. (2014). beta1-blockers lower norepinephrine release by inhibiting presynaptic, facilitating beta1-adrenoceptors in normotensive and hypertensive rats. *Front. Neurol.* 5:51. doi: 10.3389/fneur.2014.00051
- Berg, T., and Jensen, J. (2013). Tyramine reveals failing alpha2-adrenoceptor control of catecholamine release and total peripheral vascular resistance in hypertensive rats. *Front. Neurol.* 4:19. doi: 10.3389/fneur.2013.00019
- Berg, T., Piercey, B. W., and Jensen J. (2010). Role of beta1-3-adrenoceptors in blood pressure control at rest and during tyramine-induced norepinephrine release in spontaneously hypertensive rats. *Hypertension* 55, 1224-1230. doi: 10.1161/HYPERTENSIONAHA.109.149286
- Berg, T., Walaas, S. I., Roberg, B. A., Huynh, T. T., and Jensen, J. (2012). Plasma norepinephrine in hypertensive rats reflects alpha(2)-adrenoceptor release control only when re-uptake is inhibited. *Front. Neurol.* 3:160. doi: 10.3389/fneur.2012.00160
- Claustre, Y., Leonetti, M., Santucci, V., Bougault, I., Desvignes, C., Rouquier, L., et al. (2008). Effects of the beta3-adrenoceptor (Adrb3) agonist SR58611A (amibegron) on serotonergic and noradrenergic transmission in the rodent: relevance to its antidepressant/anxiolytic-like profile. *Neuroscience* 156, 353–364. doi: 10.1016/j.neuroscience.2008.07.011
- Cortez, V., Santana, M., Marques, A. P., Mota, A., Rosmaninho-Salgado, J., and Cavadas, C. (2012). Regulation of catecholamine release in human adrenal chromaffin cells by beta-adrenoceptors. *Neurochem. Int.* 60, 387–393. doi: 10.1016/j.neuint.2011.12.018
- Dolan, J. A., Muenkel, H. A., Burns, M. G., Pellegrino, S. M., Fraser, C. M., Pietri, F., et al. (1994). Beta-3 adrenoceptor selectivity of the dioxolane dicarboxylate phenethanolamines. J. Pharmacol. Exp. Ther. 269, 1000–1006.
- Gauthier, C., Leblais, V., Kobzik, L., Trochu, J. N., Khandoudi, N., Bril, A., et al. (1998). The negative inotropic effect of beta3-adrenoceptor stimulation is mediated by activation of a nitric oxide synthase pathway in human ventricle. *J. Clin. Invest.* 102, 1377–1384. doi: 10.1172/JCI2191
- Gauthier, C., Tavernier, G., Charpentier, F., Langin, D., and Le, M. H. (1996). Functional beta3-adrenoceptor in the human heart. J. Clin. Invest. 98, 556–562. doi: 10.1172/JCI118823
- Granneman, J. G. (2001). The putative beta4-adrenergic receptor is a novel state of the beta1-adrenergic receptor. Am. J. Physiol. Endocrinol. Metab. 280, E199–E202.
- Hao, K., Peng, S., Xing, H., Yu, Y., Huang, A., Hong, X., et al. (2004). beta(3) Adrenergic receptor polymorphism and obesity-related phenotypes in hypertensive patients. *Obes. Res.* 12, 125–130. doi: 10.1038/oby.2004.17
- Kaumann, A. J., Engelhardt, S., Hein, L., Molenaar, P., and Lohse, M. (2001). Abolition of (-)-CGP 12177-evoked cardiostimulation in double beta1/beta2adrenoceptor knockout mice. Obligatory role of beta1-adrenoceptors for putative beta4-adrenoceptor pharmacology. Naunyn Schmiedebergs Arch. Pharmacol. 363, 87–93. doi: 10.1007/s002100000336
- Malinowska, B., and Schlicker, E. (1997). Further evidence for differences between cardiac atypical beta-adrenoceptors and brown adipose tissue beta3adrenoceptors in the pithed rat. Br. J. Pharmacol. 122, 1307–1314. doi: 10.1038/sj.bjp.0701516
- Mallem, M. Y., Toumaniantz, G., Serpillon, S., Gautier, F., Gogny, M., Desfontis, J. C., et al. (2004). Impairment of the low-affinity state beta1-adrenoceptorinduced relaxation in spontaneously hypertensive rats. *Br. J. Pharmacol.* 143, 599–605. doi: 10.1038/sj.bjp.0705990
- Mallem, Y., Holopherne, D., Reculeau, O., Le Coz, O., Desfontis, J. C., and Gogny, M. (2005). Beta-adrenoceptor-mediated vascular relaxation in spontaneously hypertensive rats. *Auton. Neurosci.* 118, 61–67. doi: 10.1016/j.autneu.2005. 01.003
- Melis, M. G., Secchi, G., Brizzi, P., Severino, C., Maioli, M., and Tonolo, G. (2002). The Trp64Arg beta3-adrenergic receptor amino acid variant confers increased sensitivity to the pressor effects of noradrenaline in Sardinian subjects. *Clin. Sci.* (*Lond.*) 103, 397–402.
- Nedergaard, O. A., and Abrahamsen, J. (1990). Modulation of noradrenaline release by activation of presynaptic beta-adrenoceptors in the cardiovascular system. *Ann. N.Y. Acad. Sci.* 604, 528–544. doi: 10.1111/j.1749-6632.1990.tb32018.x

- Ringel, J., Kreutz, R., Distler, A., and Sharma, A. M. (2000). The Trp64Arg polymorphism of the beta3-adrenergic receptor gene is associated with hypertension in men with type 2 diabetes mellitus. *Am. J. Hypertens.* 13, 1027–1031. doi: 10.1016/S0895-7061(00)00290-9
- Rouget, C., Breuiller-Fouche, M., Mercier, F. J., Leroy, M. J., Loustalot, C., Naline, E., et al. (2004). The human near-term myometrial beta 3-adrenoceptor but not the beta 2-adrenoceptor is resistant to desensitisation after sustained agonist stimulation. Br. J. Pharmacol. 141, 831–841. doi: 10.1038/sj.bjp.0705616
- Rozec, B., and Gauthier, C. (2006). beta3-adrenoceptors in the cardiovascular system: putative roles in human pathologies. *Pharmacol. Ther.* 111, 652–673. doi: 10.1016/j.pharmthera.2005.12.002
- Starke, K., Gothert, M., and Kilbinger, H. (1989). Modulation of neurotransmitter release by presynaptic autoreceptors. *Physiol. Rev.* 69, 864–989.
- Stjarne, L., and Brundin, J. (1976). Beta2-adrenoceptors facilitating noradrenaline secretion from human vasoconstrictor nerves. *Acta Physiol. Scand.* 97, 88–93. doi: 10.1111/j.1748-1716.1976.tb10238.x
- Thomas, G. N., Tomlinson, B., Chan, J. C., Young, R. P., and Critchley, J. A. (2000). The Trp64Arg polymorphism of the beta<sub>3</sub>-adrenergic receptor gene and obesity in Chinese subjects with components of the metabolic syndrome. *Int. J. Obes. Relat. Metab. Disord.* 24, 545–551. doi: 10.1038/sj.ijo.0801193
- Tonolo, G., Melis, M. G., Secchi, G., Atzeni, M. M., Angius, M. F., Carboni, A., et al. (1999). Association of Trp64Arg beta 3-adrenergic-receptor gene polymorphism with essential hypertension in the Sardinian population. *J. Hypertens.* 17, 33–38. doi: 10.1097/00004872-199917010-00006
- Westfall, T. C. (1977). Local regulation of adrenergic neurotransmission. *Physiol. Rev.* 57, 659–728.

- Westfall, T. C., Peach, M. J., and Tittermary, V. (1979). Enhancement of the electrically induced release of norepinephrine from the rat portal vein: mediation by beta 2-adrenoceptors. *Eur. J. Pharmacol.* 58, 67–74. doi: 10.1016/0014-2999(79)90341-8
- Widen, E., Lehto, M., Kanninen, T., Walston, J., Shuldiner, A. R., and Groop, L. C. (1995). Association of a polymorphism in the beta 3-adrenergic-receptor gene with features of the insulin resistance syndrome in Finns. *N. Engl. J. Med.* 333, 348–351. doi: 10.1056/NEJM199508103 330604

**Conflict of Interest Statement:** The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Received: 11 October 2014; accepted: 02 December 2014; published online: 19 December 2014.

Citation: Berg T (2014)  $\beta_3$ -adrenoceptors inhibit stimulated norepinephrine release in spontaneously hypertensive rats. Front. Physiol. 5:499. doi: 10.3389/fphys.2014.00499 This article was submitted to Autonomic Neuroscience, a section of the journal Frontiers in Physiology.

Copyright © 2014 Berg. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) or licensor are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.