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Soluble interleukin-1 receptor type 2 plasma levels in Parkinson's disease: relationship with cardiac autonomic profile before and after peripheral mechanical somatosensory stimulation

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Introduction: Systemic inflammation promotes neurodegeneration in Parkinson's disease (PD). Interleukin-1 receptor type 2 (sIL-1R2) plasma levels increase during inflammation. Data on sIL-1R2 in PD patients and its relationship with PD cardiac autonomic profile are limited, given the possible anti-inflammatory effect of vagal activation. Previously, automated mechanical peripheral somatosensory stimulation (AMPSS) enhanced cardiac vagal modulation. Objectives were to 1) evaluate sIL-1R2 plasma concentrations in PD patients and healthy controls and 2) investigate the correlations between sIL-1R2 and cardiac autonomic indices obtained by spectrum analysis of heart rate variability before and after AMPSS.

Methods: sIL-1R2 plasma levels were assessed in 48 PD patients and 50 healthy controls. Electrocardiogram and beat-by-beat arterial pressure were recorded at baseline and after 5 AMPSS sessions in 16 PD patients.

Results: PD patients had higher sIL-1R2 levels than controls. In the PD subgroup, an inverse correlation between sIL-1R2 and HFnu was found. There was a negative correlation between changes induced by AMPSS on HFnu and sIL-1R2.

Discussion: Higher sIL-1R2 levels in PD patients reflect the inflammatory dysregulation associated with the disease. In PD patients, higher sIL-1R2 was associated with reduced cardiovagal tone. Increased cardiovagal modulation following AMPSS was associated with lower sIL-1R2 levels in Parkinson's disease patients, suggesting inflammatory state improvement.

KEYWORDS

soluble interleukin-1 receptor type 2 (sIL-1R2), cardiovascular autonomic control, Parkinson's disease, mechanical somatosensory stimulation, heart rate variability

Introduction

Chronic inflammation significantly contributes to the progression of the neurodegenerative process in Parkinson's disease (PD) (Rocha et al., 2015). Inflammatory changes in affected brain regions of PD patients have a detrimental effect on neurons (Tansey et al., 2022). Increased levels of pro-inflammatory cytokines in the brain and cerebrospinal fluid may promote neuron degeneration (Tansey et al., 2022). In addition, PD patients were also found to have elevated plasma levels of inflammatory markers compared to healthy subjects (Reale et al., 2009; Qin et al., 2016), which often correlated with disease severity (Menza et al., 2010; Lindqvist et al., 2012).

Interleukin-1 (IL-1) is a cytokine with prominent inflammatory functions in the brain, as well as non-inflammatory roles. It is physiologically expressed in the brain, activates neurons (Huang et al., 2011) and regulates several neurophysiological processes, such as sleep, adult neurogenesis, synaptic plasticity and modulation of long-term potentiation (Liu and Quan, 2018). IL-1 also negatively affects neuronal survival (Liu and Quan, 2018) and plays a crucial role in neurodegenerative processes, including PD, Alzheimer's disease (AD), acute brain injury, central nervous system (CNS) autoimmunity, post-infectious neuropathology, and febrile convulsions (Khazim et al., 2018; Liu and Quan, 2018; Mantovani et al., 2019). IL-1 activity is highly regulated by a receptor antagonist (IL-1Ra) and by negative regulatory receptors, including the decoy IL-1 receptor type 2 (IL-1R2). IL-1R2, cell-associated or in its soluble form, is an endogenous inhibitor of the pro-inflammatory cytokine IL-1 and is involved in the negative regulation of IL-1 activity (Colotta et al., 1994; Mantovani et al., 1996; Molgora et al., 2018; Supino et al., 2022). A soluble form of IL-1R2 (sIL-1R2) is released in inflammatory conditions and it has been used as a marker of inflammation. Indeed, increased levels of sIL-1R2 were detected in cerebrospinal fluid and peripheral blood in various pathological conditions compared to healthy conditions (Supino et al., 2022), including neuro-inflammatory disorders such as AD (Garlind et al., 1999). However, its presence and relevance in PD have not yet been described.

The autonomic nervous system (ANS) plays a crucial role in regulating the complex interactions between the immune and nervous systems (Tracey, 2002). The release of pro- and anti-inflammatory molecules is partly regulated by the ANS (Tracey, 2002; Pavlov and Tracey, 2004), and cytokines affect both arms of the ANS (Kenney and Ganta, 2014). On the other hand, ANS functional status may remarkably influence inflammation. Indeed, through the vagus afferent and efferent nerve fibers, the parasympathetic nervous system may reduce inflammation at the tissue level (Bonaz et al., 2017; Williams et al., 2019; Bellocchi et al., 2022). In contrast, the role of the sympathetic nervous system in inflammation is controversial, as its activation has been shown to either enhance or dampen the activity of immune cells (Furlan et al., 2006; Nance and Sanders, 2007; Pongratz and Straub, 2014).

Signs and symptoms of ANS dysfunction are common in PD patients which include thermoregulation, gastrointestinal, and blood pressure regulation abnormalities such as orthostatic hypotension and supine hypertension (Poewe, 2008; Sharabi et al., 2021). We and others (Barbic et al., 2007; Heimrich et al.,

2021; Li et al., 2021) have assessed the magnitude of cardiac dysautonomia in PD by means of power spectrum analysis techniques of heart rate variability (HRV). Results suggested that both sympathetic and vagal cardiac modulatory activities are impaired compared with healthy control subjects (Barbic et al., 2007; Heimrich et al., 2021; Li et al., 2021).

Mechanical foot stimulation has shown positive effects on various Parkinson's disease (PD) symptoms, such as improved gait and notable changes in cardiac autonomic profile (Barbic et al., 2014; Brognara and Cauli, 2020). Subsequently, repetitive automated mechanical peripheral somatosensory stimulation (AMPSS) applied to the forefeet of PD patients were found to result in a significant increase in the high-frequency component (HF_{RR}) and a reduction in the low-frequency component (LF_{RR}) and LF/HF ratio of HRV (Zamunér et al., 2019). This meant enhanced parasympathetic and decreased sympathetic modulations to the sinoatrial node (Zamunér et al., 2019), resulting in a decline in systemic arterial pressure in the supine position (Zamunér et al., 2019).

In the current study, we investigated whether peripheral sIL-1R2 plasma levels acted as a marker of PD-associated inflammation by comparing sIL-1R2 plasma levels between PD patients and healthy controls. Furthermore, we assessed whether sIL-1R2 plasma levels correlated with the changes in the spectral indices of cardiac autonomic modulation induced by AMPSS in PD patients.

Methods

The current study consisted of two parts.

First part. A total of 98 subjects participated in this part of the study. In patients with PD, sIL-1R2 plasma levels were compared to age and gender-matched healthy controls. Table 1 displays the general characteristics of the PD patient and control groups.

Forty-eight PD patients were recruited from the neurology department outpatient clinic of Humanitas Research Hospital, Milano, Italy. PD was diagnosed based on the UK Parkinson's Disease Brain Bank criteria (UK PDBB) (Hughes et al., 1992). Clinical stage and disease severity were established using the Hoehn and Yahr (H & Y) stage and the Unified Parkinson's Disease Rating Scale III (UPDRS III- motor function assessment) (Hoehn and Yahr, 1967). Fifty age- and sex-matched healthy controls were also recruited.

Individuals were excluded from the study if they met any of the following conditions: the presence of coexisting neurodegenerative diseases; dementia and/or psychiatric illnesses; clinical history and/

TABLE 1 Characteristics of PD patients and healthy controls.

| Characteristics | PD patients (n = 48) | Controls (n = 50) |
|------------------------|----------------------|-------------------|
| Age (years) | 69.5 ± 9.3 | 62.9 ± 6.9 |
| Male/Female | 31/17 | 32/18 |
| Hoehn & Yahr stage | 2–4 | - |
| UDPRS-III score | 25.3 ± 16.6 | - |
| Duration of PD (years) | 7.5 ± 3.5 | - |

UPDRS III, unified Parkinson's disease rating scale; Data expressed as mean ± SD.

TABLE 2 General characteristics, baseline sIL-1R2 plasma levels and cardiac autonomic profiles of the PD patient subgroup ($n = 16$).

| Characteristics | PD patients |
|--------------------------------------|---------------------|
| Age (years) | 66 ± 9 |
| Male/Female | 6/10 |
| Body mass index (kg/m ²) | 24.2 ± 2.8 |
| Hoehn-Yahr stage | 2–4 |
| UDPRS-III score | 25.3 ± 16.6 |
| Disease duration (years) | 7.0 ± 3.5 |
| Levodopa (mg/day) | 249.5 ± 351.6 |
| sIL-1R2 (pg/ml) | 8,756.76 ± 2,117.67 |
| SAP (mmHg) | 131 ± 5 |
| DAP (mmHg) | 77 ± 3 |
| R-R Interval (ms) | 898 ± 184 |
| σ^2_{RR} (ms ²) | 563 ± 507 |
| HF _{RR} (ms ²) | 123.5 ± 136.8 |
| HF _{RR} (nu) | 50.2 ± 13.7 |
| LF _{RR} (ms ²) | 138.4 ± 113.7 |
| LF _{RR} (nu) | 49.8 ± 13.7 |
| LF/HF | 1.56 ± 0.96 |

UPDRS III, unified Parkinson's disease rating scale; sIL-1R2, soluble interleukin-1 receptor type 2; SAP, systolic arterial pressure; DAP, diastolic arterial pressure; σ^2_{RR} , variance of R-R interval; HF, high frequency component; LF, low frequency component; LF/HF ratio between the low frequency and the high frequency components of RR variability; nu, normalized units. Data expressed as mean ± SD. Some of the data displayed in the present table had been previously reported (Zamunér et al., 2019).

or family history of seizures; cardiovascular diseases (atrial fibrillation, arrhythmias, and coronary disorders); chronic inflammatory diseases; chronic use of anti-inflammatory drugs; diabetes mellitus; existing liver, kidney and/or lung disease; regular use of seizure prone drugs and/or psychiatric drugs; a history of alcohol abuse.

Second part. We conducted a prospective interventional investigation using a single-arm pre-post study design. Here we assessed for any associations between sIL-1R2 plasma levels and cardiac autonomic profile before and after repetitive AMPSS in a smaller subgroup of 23 PD patients. The study involved multiple assessments, including a clinical/baseline evaluation, five consecutive AMPSS sessions, and a final clinical/post-AMPSS assessment. The complexity of the second part of the study protocol significantly limited patient participation, resulting in only 23 out of the original 48 PD patients agreeing to take part. Although the sample size was reduced, we considered it to be roughly representative of the larger PD group, with an inclusion rate of approximately 2:1.

This part of the study was held at the Humanitas Research Hospital autonomic outpatient clinic. A week before baseline recordings, each patient underwent a comprehensive clinical evaluation and was introduced to the stimulator device (Gondola™; Gondola Technologies, Epalinges, Switzerland) and

the clinical laboratory environment. Arterial pressure was measured using an automated device (Philips M3046A M3) while patients were in a recumbent position before each AMPSS session. Five patients were excluded at enrollment due to peripheral sensory neuropathy, liver, kidney, lung, or heart diseases, diabetes, or any condition related to autonomic dysfunction. Subsequently, two patients were excluded from the final analysis due to short episodes of atrial fibrillation detected during the electrocardiogram (ECG) monitoring. Ultimately, 16 patients participated in the experimental study. PD treatment was unchanged for 30 days before and throughout the study. In this part of the protocol, we will be partially referring to data (Table 2) that were previously published regarding the effects of AMPSS on cardiovascular autonomic control (Zamunér et al., 2019). All patients were evaluated at baseline and 72 h after the last AMPSS stimulation.

Experimental procedure

Automated mechanical peripheral somatosensory stimulation (AMPSS) was applied to the supine patient's forefeet over two specific points using a device (Gondola™; Gondola Technologies, Lugano, Switzerland). A full description of the device and the required adjustments are provided elsewhere (Zamunér et al., 2019). This shoe-shaped device contains built-in electrical motors activating two rounded-tip steel rods that deliver mechanical pressure over the tip of the hallux and the plantar surface of the first metatarsal joint of the foot. Those specific sites were used based on previous research showing significant changes in the cardiovascular autonomic modulation in PD patients, namely an increased cardiovascular modulation and overall reduced sympathetic activity (Barbic et al., 2014). At enrollment, the magnitude of the applied mechanical pressure was individualized for each patient. It was set as the amount of pressure that elicited the reflex withdrawal (i.e., tibialis muscle contraction) and was subsequently used during all stimulation procedures.

Each participant underwent an AMPSS session every 72 h for a total of 5 sessions. It is important to highlight that while AMPSS proved to reduce blood pressure in PD patients while supine, no orthostatic hypotension nor symptoms of orthostatic intolerance were reported by the patients, in keeping with a previous observation in a PD population after the same somatosensory stimulation (Zamunér et al., 2019).

For each patient, ECG, noninvasive beat-by-beat blood pressure (Nexfin monitor, BMEYE B.V., Amsterdam, Netherlands), and respiratory activity (thoracic bellow) were continuously recorded for fifteen minutes in the supine position. The signals were digitalized at 300 Hz/signal by an analog-to-digital converter (ADInstruments, Powerlab DAQ, PL3516/P, Oxford, UK) and stored onto a hard disk for offline analysis.

Cardiac autonomic profile evaluation

The cardiac autonomic profile of the patients was assessed twice during the study: before intervention (baseline) and 72 h after the last AMPSS session. Complete data on the effects of AMPSS on

cardiovascular autonomic control are described elsewhere (Zamunér et al., 2019). Notably, the present study is a further extension of a previously published work (Zamunér et al., 2019). Since we are now focused on the relationship between inflammatory markers and cardiac autonomic control and their changes induced by repetitive AMPSS, in the present study we needed to provide the reader with the baseline values of the indices of cardiac autonomic profile, although already published (Zamunér et al., 2019). HRV analysis results are expressed as delta values in Figure 3. Delta values were computed as the difference between HF nu and LF nu values after repetitive AMPSS–HF nu, LF nu and LF/HF Pre AMPSS values, respectively.

Spontaneous fluctuations in heart rate (or in the ECG R waves interval, i.e., RR interval) result from instantaneous influences of sympathetic and parasympathetic modulation on the sinus node activity. Spectral analysis techniques were used to assess the amplitude and frequency of these oscillations. A detailed description of the software techniques for data acquisition, spectral, and cross-spectral analyses of RR interval variability is reported elsewhere (Heart rate variability, 1996; Furlan et al., 2000). Briefly, the high frequency (HF) and low frequency (LF) are the two major oscillatory components obtained from RR interval variability. The former is characterized by a central frequency ranging between 0.15 Hz to 0.4 Hz, and its power, HF_{RR} , reflects the vagal (i.e., parasympathetic) efferent modulatory activity directed to the sinoatrial node (Pomeranz et al., 1985; Furlan et al., 2000). The LF_{RR} component is characterized by a central frequency ranging from 0.04 Hz to 0.15 Hz. Its power, when expressed in normalized units (nu), may be used as an index of the sympathetic modulatory activity to the sinoatrial node (Pagani et al., 1986; Furlan et al., 2000), although its physiological role is still debated (Pomeranz et al., 1985; Reyes del Paso et al., 2013). The LF/HF ratio is a dimensionless index that reflects the instantaneous sympathovagal balance (Pagani et al., 1986; Furlan et al., 2000).

Samples collection and sIL-1R2 measurement

sIL-1R2 plasma levels were checked before the intervention (baseline) and 72 h after the last AMPSS session, i.e., after the 5th stimulation session.

Venous blood samples from the antecubital fossa area were collected in Ethylenediaminetetraacetic Acid (EDTA) containing vacutainer tubes from each subject under fasting conditions. Plasma was obtained by centrifuging blood samples within 45 min of blood withdrawal. The plasma samples were then frozen at -80°C . Plasma concentrations of sIL-1R2 were measured by solid-phase, enzyme-linked immunosorbent assay (ELISA) developed in-house and based on the sandwich principle, as previously described (Müller et al., 2002). Briefly, the monoclonal antibody 8.5 was used as capturing antibody while detection of bound sIL-1R2 was performed using a biotin-labeled polyclonal rabbit serum. Plasmatic levels of sIL-1R2 were calculated by linear regression using a standard curve made with the recombinant purified protein (R&D Systems) as a reference. Changes induced by repetitive AMPSS on sIL-1R2 plasma levels were expressed as delta values. Delta values were computed as the

difference between sIL-1R2 plasma levels after Repetitive AMPSS–sIL-1R2 plasma levels Pre AMPSS.

Statistical analysis

Kolmogorov-Smirnov and Shapiro-Wilk test were applied to assess whether data were normally distributed. A comparison of sIL-1R2 plasma levels between the PD and control groups was performed using the parametric t-Student test for unpaired data. For the experimental part of the study involving a subgroup of PD patients, the effects of repetitive AMPSS on the cardiac autonomic profile and sIL-1R2 were analyzed by the non-parametric Wilcoxon signed-rank paired test. The Spearman's correlation test was used to check for relationships between sIL-1R2 plasma levels and cardiac autonomic indices at baseline and following 5 AMPSS sessions. GraphPad Prism™ software was used for statistical analysis. Categorical measurements are reported as number (*n*) and percentage (%). Continuous variables are displayed as mean \pm standard deviation (SD). The significance level was set at 5%.

Study approval

The study protocol was approved by Humanitas Research Institute Ethics Committee (Authorization n.1395) and was registered on [clinicalTrials.gov](https://clinicaltrials.gov) (#NCT02608424). All participants provided written informed consent to participate in the study.

Results

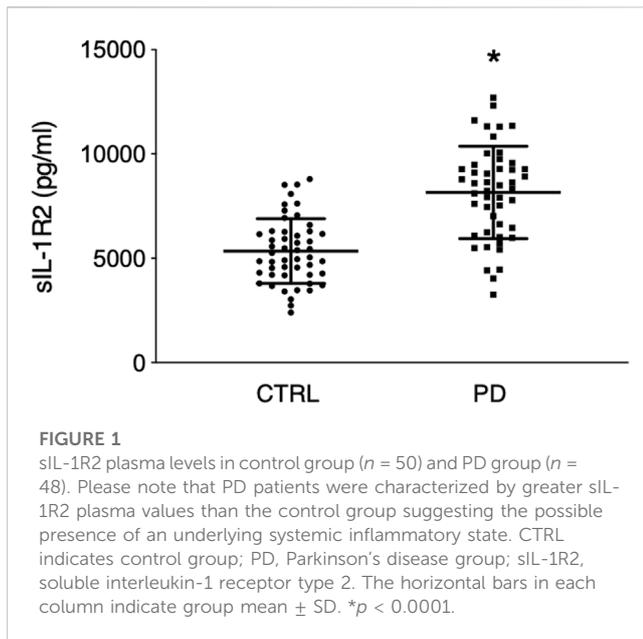
sIL-1R2 plasma levels in patients with Parkinson's disease compared to age and sex-matched healthy controls

Table 1. Displays the general characteristics of the two groups. There were no significant differences between the groups concerning age and sex.

Mean plasma concentration of sIL-1R2 was significantly higher in the PD patient group compared to the healthy control group ($8,089 \pm 2,213$ pg/ml vs. $5,344 \pm 1,551$ pg/ml, respectively; $p < 0.0001$) (Figure 1).

Relationships between baseline sIL-1R2 plasma levels and cardiac autonomic profile in the PD patient subgroup

Table 2. Describes the general characteristics, baseline sIL-1R2 plasma level, and cardiac autonomic profiles in the PD patient subgroup. In this subgroup, a significant positive correlation was found between baseline levels of sIL-1R2 and baseline LF/HF ratio ($r = 0.524$, $p = 0.040$) (Figure 2A). Additionally, before AMPSS, a significant inverse correlation was seen between sIL-1R2 levels and HFnu ($r = -0.582$, $p = 0.020$) (Figure 2B). These results indicate that higher cardiac sympathetic modulation and lower



cardiac parasympathetic modulation were associated with higher plasma levels of sIL-1R2.

sIL-1R2 plasma level changes and its relationships with cardiac autonomic profile modifications in PD patient subgroup following repetitive AMPSS

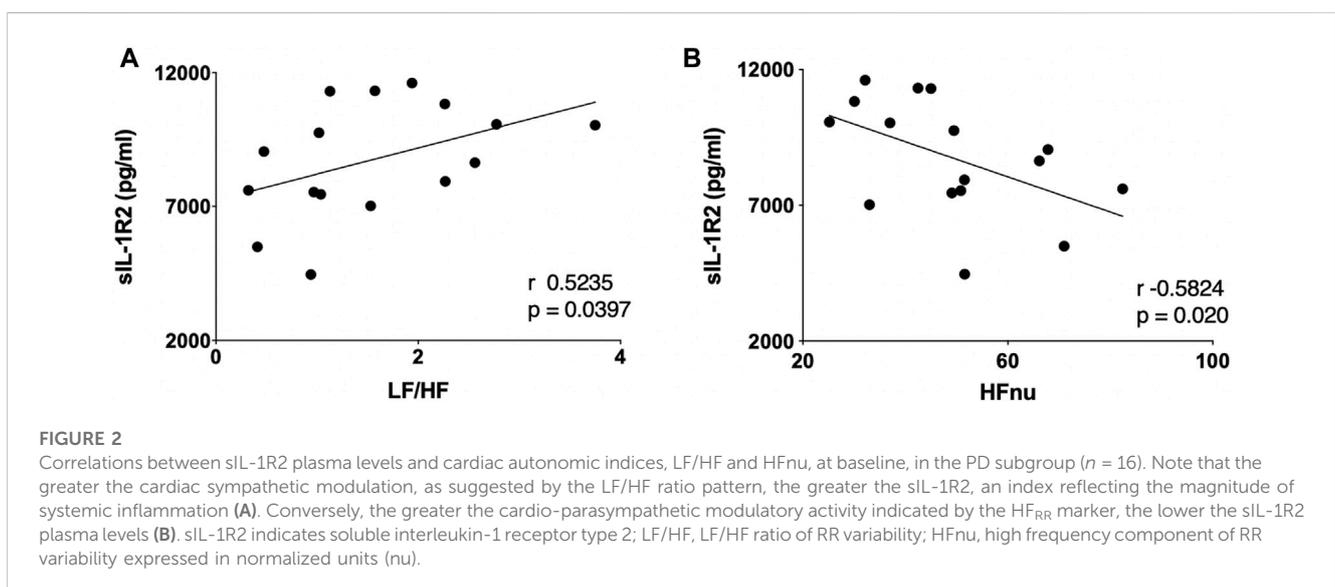
Repetitive AMPSS was not associated with a significant reduction in the plasma levels of sIL-1R2 ($\Delta 188.2 \pm 2,126.5$ pg/ml) when compared to baseline ($8,780.8 \pm 2,123.5$ pg/ml; $p > 0.05$). However, a significant negative correlation ($r = -0.60$, $p = 0.015$) between delta sIL-1R2 ($\Delta 188.2 \pm 2,126.5$ pg/ml) and delta HFnu ($\Delta 2.2 \pm 23.2$) (Figure 3A), and a significant positive correlation ($r =$

0.57 , $p = 0.02$) between delta sIL-1R2 and delta LFnu ($\Delta -4.1 \pm 24.3$) (Figure 3B) were seen. These findings suggest that the patients who most reduced sIL-1R2 levels were the ones who most reduced the cardiac sympathetic modulation and increased the cardiac parasympathetic modulation after AMPSS.

Discussion

The main findings of the present study are that 1) patients with PD had higher sIL-1R2 plasma concentration than age- and sex-matched healthy subjects; 2) in PD patients, higher sympathetic and lower parasympathetic modulatory activities to the heart, as assessed by the spectral markers of RR variability, were associated with higher plasma levels of sIL-1R2, and 3) changes in the spectral indices of cardiac autonomic control, elicited by repetitive AMPSS, were related to changes in the levels of sIL-1R2. Namely the greater the increase in HF_{RR} the greater the reduction in sIL-1R2 plasma levels and similarly, the greater the decline in LF_{RR} the larger the decrease in sIL-1R2 after AMPSS.

The soluble form of the regulatory IL-1 decoy receptor, sIL-1R2, which was markedly higher in our PD patients, was shown to be upregulated in several inflammatory chronic diseases such as multiple sclerosis, rheumatoid arthritis, and AD, acting as an inflammatory biomarker (Molgora et al., 2018; Supino et al., 2022). IL-1R2 mediates anti-inflammatory functions in the periphery and central nervous system by inhibiting the effects of IL-1 (Molgora et al., 2018; Supino et al., 2022), a potent pro-inflammatory cytokine that was found to be elevated in PD patients (Qin et al., 2016) and other neurodegenerative disorders (Mantovani et al., 2019). During inflammatory conditions, sIL-1R2 is released into the bloodstream where it binds to IL-1 α and IL-1 β , making it a potential biomarker for inflammatory diseases (Supino et al., 2022). However, its role as a potential biomarker or prognostic tool, is still unclear as research findings have been inconsistent. Studies have shown that increased levels of sIL-1R2 are associated with various



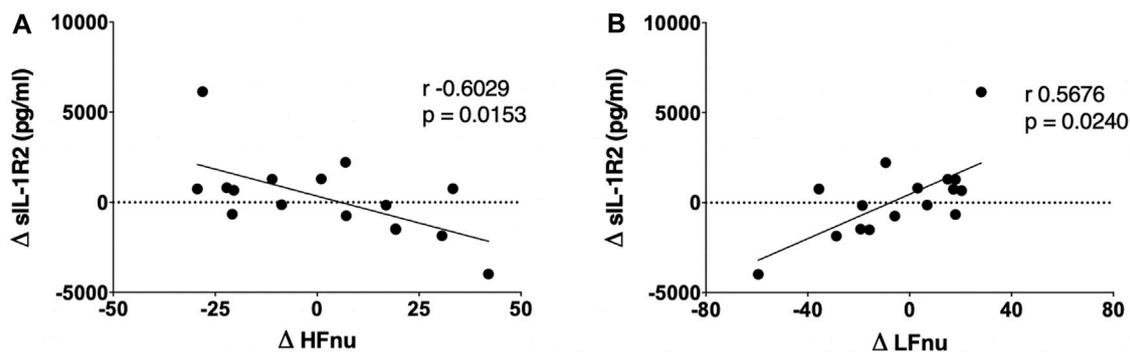


FIGURE 3

Correlations between modifications in cardiac autonomic indices and changes in sIL-1R2 induced by repetitive AMPSS in a PD subgroup ($n = 16$). The greater the increase of HFnu, a marker of the cardiac parasympathetic modulatory activity, the greater the decrease of sIL-1R2 plasma levels after repetitive AMPSS (A). Additionally, the greater the decrease in LFnu, a marker of the cardiac sympathetic modulation, the greater the reduction of sIL-1R2 plasma levels after repetitive AMPSS (B). sIL-1R2 indicates soluble interleukin-1 receptor type 2; HFnu, high frequency component of heart rate variability in normalized units (nu). LFnu, low frequency component of heart rate variability in normalized units (nu).

inflammatory conditions, such as necrotizing enterocolitis, acute respiratory distress syndrome, acute meningococcal infection, and sepsis (Supino et al., 2022). In many of these cases, sIL-1R2 levels were found to reflect the severity of the disease. However, in other contexts, such as rheumatoid arthritis, the concentration of sIL-1R2 negatively correlated with the severity of the disease, indicating that endogenous sIL-1R2 may function as a natural anti-inflammatory factor in chronic polyarthritis (Jouvenne et al., 1998). In multiple sclerosis patients, sIL-1R2 levels increased in cerebrospinal fluid following steroid therapy, suggesting a potential beneficial effect of the molecule (Dujmovic et al., 2009). Finally, a previous study that showed increased sIL-1R2 levels in the cerebrospinal fluid of AD patients proposed that it might reflect a compensatory anti-inflammatory mechanism attempting to inhibit IL-1 receptor-mediated activity in the brain (Garlind et al., 1999). PD, like AD, is characterized by a chronic neurodegenerative process with a substantial inflammatory component. Thus, it is plausible that the higher sIL-1R2 plasma levels in our PD patients compared to the healthy controls might reflect PD associated inflammation and the presence of a similar compensatory mechanism aimed to counterbalance the IL-1 pro-inflammatory effects in the disease (Mantovani et al., 2019).

The current study results showed that, before AMPSS, higher levels of sIL-1R2 were associated with lower HF_{RR} nu values, an index of cardio-vagal (i.e., parasympathetic) modulation, and higher LF/HF ratios, indicating a shift in the sympathovagal balance towards a relative sympathetic predominance. This implies that lower parasympathetic modulation was associated with a higher degree of inflammation in our group of PD patients. In keeping with this finding are the results of several studies including a recent meta-analysis performed on 51 clinical studies assessing the relationship between HRV indices derived from frequency and time domain analyses and markers of inflammation (Aeschbacher et al., 2017; Williams et al., 2019; Badke et al., 2022). A general negative association was found between indices of parasympathetic-mediated HRV and markers of inflammation in accordance with our observations. Moreover,

for the frequency domain, the HF_{RR} nu index showed more robust and consistent negative associations across markers of inflammation (Williams et al., 2019). In addition, it was found that COVID-19 patients experienced significant drops in HRV, indicating decreased parasympathetic activity, prior to an increase in the acute inflammatory marker C-reactive protein (Hasty et al., 2020). This observation suggests that HRV could potentially serve as a predictive marker for acute inflammatory response in individuals diagnosed with COVID-19 (Hasty et al., 2020).

Chronic inflammatory conditions were found to be associated with increased sympathetic nerve activity (Furlan et al., 2006; Nance and Sanders, 2007; Pongratz and Straub, 2014). Additionally, studies have demonstrated the association between increased sympathetic tone and inflammatory cytokine levels (Pongratz and Straub, 2014). This is also noted in our PD patients, since those with increased cardiac sympathetic modulation, as assessed by enhanced LF/HF ratio, also had higher plasma levels of sIL-1R2. As previously mentioned, higher circulating sIL-1R2 levels are present in inflammatory processes (Supino et al., 2022), and IL-1 β is increased in PD patients (Qin et al., 2016). Microglial cells in the brain upregulate IL-1R2 in different pathological conditions of the central nervous system and in response to IL-1 β injected into rat brains (Docagne et al., 2005; Supino et al., 2022). In other animal studies, IL-1 β administration was shown to increase sympathetic drive through the activation of the central nervous system (Ericsson et al., 1997) and resulted in increased blood pressure and heart rate (Yao et al., 2020).

Regarding the effects of AMPSS on sIL-1R2 plasma levels, our hypothesis is based on the parasympathetic regulation of inflammation through the cholinergic anti-inflammatory pathway (Pavlov et al., 2003; Pavlov and Tracey, 2005; Tracey, 2007), since previous studies have shown that AMPSS is effective in shifting the cardiovascular autonomic control towards a greater cardiac parasympathetic and reduced sympathetic modulatory activities in patients with PD (Barbic et al., 2014; Zamunér et al., 2019). Although five AMPSS sessions could not significantly modify sIL-

1R2 plasma levels in our PD patients, we found significant correlations between changes in cardiac autonomic control spectral indices and changes in this inflammatory marker. Specifically, patients who most decreased their sIL-1R2 levels were those who most increased the cardiac parasympathetic and decreased cardiac sympathetic modulation after AMPSS.

The autonomic nervous system plays a major role in the regulation of inflammation. The cholinergic anti-inflammatory pathway modulates inflammation through a parasympathetic reflex that involves a brainstem integrated communication between vagal afferent and efferent nerve fibers (Pavlov and Tracey, 2005). Following an acute inflammatory response afferent fibers of the vagus nerve may transmit information to the solitary nucleus tract. Subsequently, activation of vagal efferent fibers inhibits the production of pro-inflammatory cytokines through the neurotransmitter acetylcholine (Tracey, 2002; Andersson and Tracey, 2012). Some authors have challenged this model by showing that inflammation is modulated by an inhibitory neural reflex mediated by sympathetic nerves rather than by vagus nerves (Singh et al., 2009; Martelli et al., 2014). In one of those studies, lipopolysaccharide treatment in rats increased efferent activity in the greater splanchnic nerve through conventional sympathetic nerve pathways, and suppressed plasma TNF α response by 80% (Martelli et al., 2014). Moreover, vagotomy had no discernible effect on reflex control of inflammation (Martelli et al., 2014). However, recently the cholinergic anti-inflammatory pathway hypothesis was supported by a large meta-analysis that found a general negative association between HRV, namely HF-HRV, and markers of inflammation (Williams et al., 2019).

Limitations

We acknowledge the following limitations of the current study.

First, we did not perform a randomized controlled trial (RCT) to check the effects of repetitive AMPSS on the inflammatory marker sIL-1R2. Rather the second part of the current study was designed as a prospective interventional investigation, with a single arm pre-post intervention. Indeed, due to the strenuous nature for PD patients of the AMPSS protocol and because of the previously observed beneficial effects of AMPSS both on gait and blood pressure in PD patients (Brognara and Cauli, 2020; Heimrich et al., 2021), we speculated that a randomization procedure was to some extent unethical, would have remarkably limited the sample size of each of the two resulting groups (i.e., the placebo and treated individuals) and would have eventually had a negative impact on the study feasibility.

Second, the main aim of the second part of the current study was to assess the association between the cardiac autonomic profile changes elicited by AMPSS, and possible concomitant modifications in the IL-1R2 plasma levels resulting by the activation of the cholinergic anti-inflammatory pathway. However, because of the current study design, we could not infer any causality. While we had the strength of temporality, suggesting that outcomes may be related with the intervention, on the other hand the observed modifications in both sIL-1R2 plasma levels and

cardiac autonomic profile indices could not be fully attributed to the AMPSS.

Finally, the mechanistic relationship between neuroinflammation, sIL-1R2 and cardiovagal modulation were only partially assessed in the current study since the linear relationships that were found did not give us any causality information. Future *ad hoc* studies should examine the association between inflammatory biomarkers, symptom severity, disease progression, and their role in prognosis and potential therapeutic strategies in patients with PD.

Because of the above limitations, the present study has to be regarded as a “proof of concept” for future RCTs to check the effects of AMPSS on inflammation.

Conclusion

The current study first part results showed that PD patients had higher sIL-1R2 plasma levels than healthy controls, providing additional evidence of the possible presence of peripheral inflammatory dysregulation in the disease. Moreover, before AMPSS was applied, a significant inverse correlation was found between the level of sIL-1R2 and cardiac parasympathetic tone in PD patients. Although 5 AMPSS sessions did not significantly change circulating sIL-1R2 levels, there was a significant association between sIL-1R2 plasma levels and autonomic nervous system spectral indices. Specifically, patients who most increased the cardiac parasympathetic and decreased cardiac sympathetic modulation indices after AMPSS were those who most decreased the marker of systemic inflammation sIL-1R2 after AMPSS, possibly suggesting an improvement in their overall inflammatory state.

Data availability statement

The raw data supporting the conclusion of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving human participants were reviewed and approved by Humanitas Research Institute Ethics Committee (Authorization n.1395) and was registered on [clinicalTrials.gov](https://clinicaltrials.gov) (#NCT02608424). The patients/participants provided their written informed consent to participate in this study.

Author contributions

DS, MM, AZ, FB, and MB collected, analyzed and interpreted the patient data regarding the relationship between sIL-1R2 and cardiac autonomic profile before and after peripheral mechanical somatosensory stimulation. BB, CG, and RL processed and analyzed the blood samples. DS drafted the manuscript. RF, AM, FC, AP, DS, and AZ were major contributors in the study design and in writing and revising the manuscript. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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