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Effects of leaf age during drought and recovery on photosynthesis, mesophyll conductance and leaf anatomy in wheat leaves

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Summary statement: Mesophyll conductance (g_m) was negatively correlated with wheat leaf age but was positively correlated with the surface area of chloroplasts exposed to intercellular airspaces (S_c). The rate of decline in photosynthetic rate and $q_{\rm m}$ as leaves aged was slower for water-stressed than well-watered plants. Upon rewatering, the degree of recovery from water-stress depended on the age of the leaves, with the strongest recovery for mature leaves, rather than young or old leaves. Diffusion of CO₂ from the intercellular airspaces to the site of Rubisco within C_3 plant chloroplasts (g_m) governs photosynthetic CO_2 assimilation (A). However, variation in $q_{\rm m}$ in response to environmental stress during leaf development remains poorly understood. Age-dependent changes in leaf ultrastructure and potential impacts on $g_{\rm m}$, A, and stomatal conductance to CO₂ ($g_{\rm sc}$) were investigated for wheat (Triticum aestivum L.) in well-watered and water-stressed plants, and after recovery by re-watering of droughted plants. Significant reductions in A and $q_{\rm m}$ were found as leaves aged. The oldest plants (15 days and 22 days) in water-stressed conditions showed higher A and gm compared to irrigated plants. The rate of decline in A and q_m as leaves aged was slower for water-stressed compared to well-watered plants. When droughted plants were rewatered, the degree of recovery depended on the age of the leaves, but only for q_m . The surface area of chloroplasts exposed to intercellular airspaces (S_c) and the size of individual chloroplasts declined as leaves aged, resulting in a positive correlation between $g_{\rm m}$ and $S_{\rm c}$. Leaf age significantly affected cell wall thickness (t_{cw}), which was higher in old leaves compared to mature/ young leaves. Greater knowledge of leaf anatomical traits associated with gm partially explained changes in physiology with leaf age and plant water status, which in turn should create more possibilities for improving photosynthesis using breeding/biotechnological strategies.

KEYWORDS

leaf internal conductance, leaf age, water stress, *Triticum aestivum*, leaf anatomy, recovery

Introduction

Wheat (Triticum aestivum) is counted among the 'big three' cereal crops after rice and maize, with an annual average harvest of ca. 750 million tonnes from 2016-2018 (FAO, 2019). Overall wheat is the staple food for almost half of the world's population and wheat alone provides $\geq 20\%$ of the calories and protein for the world's population (Hawkesford et al., 2013). For our future predicted population of 870 million people by 2050, our global crop production needs to be increased by 60 - 110% to meet future demands (McGuire, 2012). The area farmed for wheat is constant over the last 50 years, so we must focus on continual improvements in yield to meet the rising demand (Evans and Lawson, 2020). In addition, anthropogenic changes in climate is a major environmental challenge which pose significant threats to water resources, crop production and food security (Hochman et al., 2017). In high latitude regions, precipitation is likely to increase, while it is predicted to decrease over large parts of the subtropics (IPCC, 2021). From 1980 to 2017, water-deficit decreased wheat and rice yields by 27% and 25%, respectively (Zhang et al., 2018). Consequently, it is expected that changes to water availability in future climates will directly impact photosynthetic carbon uptake, biomass production and crop yield (Sage and Kubien, 2007; Lawlor and Tezara, 2009; Alberth et al., 2011). To overcome those challenges, we need to understand the physiological responses of crops to water scarcity and their recovery after re-watering to build resilience within cropping systems and sustainably feed the future population.

Understanding the effect of leaf age on the components that underpin photosynthetic capacity is necessary to identify opportunities to improve production of key cereal crops in water limited environments (Wu et al., 2023). In addition, this knowledge will enable better estimates of the long-term carbon budget of the leaf and whole plant. Daily carbon gain is closely associated with photosynthetic capacity and photosynthetic rate (Reich et al., 1991; Gay and Thomas, 1995; Zhang et al., 2008).

A considerable amount of work has been done in relation to leaf age with different types of plants species. Clarke et al. (2021) reported for tobacco that photosynthetic rates (*A*) decreased as leaves aged and were lower in the canopy. Alonso-Forn et al. (2022) demonstrated in *Quercus ilex* the age-dependent adjustments of g_m and *A* were correlated to changes in anatomy and photosynthetic biochemistry. Kitajima et al. (2002) reported a decline in photosynthetic capacity with increasing leaf age and position in two tropical tree species, *Cecropia longipes* and *Urera caracasana*. The age-related decline is not an uncontrolled physiological deterioration but is caused by redistribution of resources (such as nitrogen and carbon) from older to newer leaves (Hikosaka et al., 1994; Ackerly, 1996).

Crops consist of a population of leaves occupying different positions with different age structures and microhabitats within the canopy. For wheat, photosynthetic rates (A) for each leaf showed a short-term rise after ligule emergence, a plateau, and then a linear decline as the leaf aged (Rawson et al., 1983). An understanding of photosynthesis variation across different leaves is crucial for developing crop models to better predict where improvements in photosynthesis can be made; for example, rice (Yin and Struik, 2017). Therefore, greater understanding of the effects of leaf age on photosynthetic rate is important for crop production.

Photosynthetic rate (*A*) often has a strong positive correlation with mesophyll conductance (g_m , the diffusion of CO₂ from substomatal cavities to the carboxylation sites in the chloroplasts; Barbour et al., 2010; Giuliani et al., 2013; Jahan et al., 2014; Xiong et al., 2016; Ellsworth et al., 2018; Knauer et al., 2019; Gago et al., 2020; Jahan et al., 2021) and decreased g_m is considered to be one of the main factors involved in early age-induced photosynthetic decline (Niinemets et al., 2005; Flexas et al., 2007; Zhang et al., 2008). Conversely, Tosens et al. (2012) found g_m and *A* increased, and the CO₂ drawdown from intercellular airspace to chloroplast (C_i - C_c) decreased, with increasing leaf age in *Populus tremula* L. Whitehead et al. (2011) did not find leaf age effects between currentyear leaves and one-year old leaves on stomatal conductance (g_{sc}) and g_m but there was a significant decline in g_m with increasing tree height in *Nothofagus solandrii* var. *cliffortiodes*.

Leaf anatomical traits such as leaf cell wall thickness, chloroplast spatial distribution, chloroplast to leaf area ratio, and mesophyll cell surface area exposed to intercellular airspace per unit of leaf surface area, are among the strongest determinants of g_m (Evans and von Caemmerer, 1996; Tosens et al., 2012; Giuliani et al., 2013; Tomas et al., 2013; Xiong et al., 2016; Evans, 2020). The surface area of chloroplasts exposed to intercellular airspace (S_c) is often strongly positively related to gm (Evans et al., 1994; Terashima et al., 2006; Evans et al., 2009; Tosens et al., 2012; Peguero-Pina et al., 2017; Carriquií et al., 2019; Clarke et al., 2021). The relative importance of leaf anatomy to the response of g_m as leaves aged is unclear, although Evans and Vellen (1996) found that while g_m declined as wheat leaves aged, there was no change in S_c . In addition to these anatomical traits, metabolic factors, such as activity of aquaporin and carbonic anhydrase, may be involved in the regulation of g_m (Price et al., 1994; Hanba et al., 2004; Flexas et al., 2006a; Momayyezi and Guy, 2017; Ogeíe et al., 2018; Xu et al., 2019; Ermakova et al., 2021).

One of the well-known responses to water stress is stomatal closure, which increases the resistance to CO₂ diffusion into leaves (Kaiser, 1987). The CO₂ concentration inside the chloroplast may be further restricted by resistance inside the mesophyll (resistance through the liquid phase inside cells, g_{liq}) and this resistance is also likely to increase in water-stressed leaves (Cornic and Massacci, 1996; Loreto et al., 1997: Evans and von Caemmerer, 2013). Mesophyll conductance (the diffusion of CO₂ from substomatal cavities to the carboxylation sites in the chloroplasts) is a dynamic leaf trait and in particular, $g_{\rm m}$ was found to vary with water availability; gm was lower under water stress for Populus tremula (Tosens et al., 2012), Eucalyptus regnans, Solanum lycopersicum and Phaseolus vulgaris (Warren, 2008), and rice (Wang et al., 2018). However, gm was unaffected by drought for bell pepper (Capsicum annuum L.) and sugar beet (Beta vulgaris L.) (Delfine et al., 2001; Monti et al., 2006). In C3 leaves, water stress predominantly affects CO₂ diffusion, generating decreases in both stomatal and mesophyll conductance without decreasing the biochemical capacity to assimilate CO₂ (Flexas et al., 2004).

The recovery phase following rewatering is an important part of the overall plant physiological response to drought and may be dependent on the degree of water stress (Flexas et al., 2006b; Chaves et al., 2009; Lawlor and Tezara, 2009). The behaviour of g_m recovery depends on environmental conditions: in spring, g_m recovers rapidly (within 1-2 days) after rewatering while it remained low many days after re-watering in summer (Galle et al., 2009). Those researchers also found g_m initially declined with water stress, then recovered to control values during the acclimation period. The recovery after re-watering remains an important aspect of plant response to drought (Miyashita et al., 2005; Galle et al., 2007; Galmes et al., 2007; Peguero-Pina et al., 2018).

The combined effect of leaf age and water limitation on mesophyll conductance has been assessed in ash and oak trees (Grassi and Magnani, 2005), where water stress reduced g_m but the impacts were not confounded by leaf ontogeny. Moreover, Varone et al. (2012) worked on three different Mediterranean species under water stress, and observed that net assimilation rate decreased slowly in seedlings (1-year old) due to stomatal limitations, while in saplings (3 to 4-years old) it decreased more quickly and was mainly associated with g_m . Clearly, there is still limited and partly conflicting information on dynamic modifications of g_m through leaf ontogeny, and on the long-term water deficit effects on g_m (Tosens et al., 2012).

The primary objectives of this study were to investigate the relationship between morphological and anatomical traits in well-watered, water-deficit, and re-watered wheat (*Triticum aestivum* L.) plants that affect physiological responses of A, stomatal conductance to CO₂ (g_{sc}) and g_m as leaves aged. The following hypotheses were tested: (A) g_m changes significantly as individual leaves aged and has a correlation with S_{ci} (B) leaf age plays a role in the rate of change in A and g_m for water stressed plants; and (C) after rewatering, leaf age plays a role in the degree of recovery for g_m .

Materials and methods

Plant material and growth conditions

Triticum aestivum L., cultivar 'Tasman', was used to address the role of leaf age on leaf ultrastructure and plant physiological response to water stress and water stress recovery. The cultivar 'Tasman' is one of the parents in a quantitative trait loci (QTL) mapping population studied in depth for Δ^{13} C of leaf tissue by Rebetzke et al. (2009); the cultivar has low stomatal conductance to CO₂ (g_{sc}) and high leaf-intrinsic water-use efficiency (A/g_{sw}) (Jahan et al., 2014).

Water stress experiment

In the first part of this study, plants were grown in a controlledenvironment growth room at the University of Sydney, Centre for Carbon Water and Food (Camden, NSW, Australia). The environment inside the growth room was 25°C during the 14-h light period [photosynthetic photon flux density (PPFD) was 800 μ mol m⁻² s⁻¹ at the top of the plants], and 17°C during the 10-h dark period, while relative humidity was maintained at 75% at all times. Seeds were planted in 6-L pots filled with commercial potting mix with slow-release fertilizer (Osmocote Exact, Scotts, NSW, Australia). Seedlings were thinned to one plant per pot after emergence. Pots were well-watered for five weeks after emergence. Water treatments started for half of the plants at the sixth week after emergence. At the temporary wilting point (7 days after the start of the drought treatment), total weights of pot and plants were recorded for all water-stressed pots, and this was taken as a target water content. A visual assessment of leaf wilting was used as an indicator of water status for water-stressed plants where the temporary wilting point was defined as the first day on which leaves of water-stressed plants wilted. The target water content was maintained gravimetrically thereafter to introduce a mild water stress to half the plants. The well-watered pots were well-watered throughout the experiment. Pots were moved and rotated routinely to minimize the effect of environmental heterogeneity within each growth room. Gas exchange measurements commenced in the fifth week, which was one week prior to the start of the waterstress treatment.

Water stress recovery experiment

In the second part of our experiment, plants of the same cultivar 'Tasman' of wheat (Triticum aestivum L.) were grown in a controlled-environment growth room, under the same environmental conditions as above, to assess the recovery of plants from the drought treatment. Plants were well watered up to 3 weeks after emergence. Then water was withheld until temporary wilting point, when water content was maintained gravimetrically as described above. Gas exchange measurements were made on the sixth week after emergence. On the seventh week after emergence, plants were re-watered by soaking pots overnight in a full bucket. Gas exchange measurements recommenced on the following day to assess the recovery of gm after re-watering leaves of different ages (i.e. leaves were remeasured one day after rewatering, but one week after the initial measurements under drought conditions). A Scholander-style pressure chamber (115, Soil Moisture Equipment, Santa Barbara, CA, USA) was used to measure the water potential (Ψ_1) at midday for well-watered and water stress plants on leaves of three different ages. Leaves were wrapped in plastic film and cut just above the ligule with a razor blade prior to sealing in the pressure chamber for measurement.

A scheme of the experimental design of the water stress and water stress recovery experiments is presented in Figure 1.

Estimation of g_m

Two or three of the youngest fully expanded leaves per plant were selected for gas exchange measurements (weeks 5 to 9 after plant emergence). Leaves were labelled on the week of their full expansion (leaf number 5 on week 5, up to leaf 9 on week 9), and not by their position or tiller number. Under the experimental growth conditions used, leaves took between 5 and 8 days to



expand, so that the 'fifth leaf' was 5-8 days older than the 'sixth leaf'. Same-aged leaves from the same plant were placed side-by-side in a 6 cm^2 (2×3) leaf chamber of a LI-6400XT portable photosynthesis system fitted with a red-blue light (LI-COR, Lincoln, NE, USA). During the time of measurement, all the plants were at the tillering phase except week 9, when the flowering heads began to emerge. During measurements, the leaf chamber was controlled at a CO₂ mole fraction of 380 µmol mol⁻¹, a leaf temperature of 25°C and irradiance of 1500 µmol m⁻² s⁻¹. The vapour pressure deficit inside the leaf chamber varied between 0.6 and 2.3 kPa, depending on g_{sw}. Mesophyll conductance was estimated by combining leaf gas exchange measurements with measurements of carbon isotope discrimination using a tunable-diode laser absorption spectrometer (TDLAS, model TGA100A, Campbell Scientific, Inc., Logan, UT, USA) as described by Barbour et al. (2010) and Jahan et al. (2021).

When assessing the recovery of plants from the water stress, leaves were placed side-by-side in a 12 cm² (2×6) leaf chamber (Li6400-11) attached to a LI-6400XT portable photosynthesis

system (LI-COR, Lincoln, NE, USA) fitted with a red-green-blue light set to mimic the red-blue light source used in the first experiment (Li6400-18 RGB light source). The chamber environmental conditions were similar for all physiological measurements and represented light-saturated photosynthesis. Leaves were labelled based on age of their full expansion: young leaf is the newly fully expanded leaf (1 day old), mature leaf is one week older than young leaf (8 days old) and old leaf is one week older than mature leaf (15 days old), and not by their position or tiller number.

The value of $g_{\rm m}$ was calculated from the difference between predicted discrimination assuming infinite mesophyll conductance ($\Delta_{\rm i}$) and measured discrimination ($\Delta_{\rm obs}$), as described by Jahan et al. (2021) using equations developed by Evans et al. (1986) and Barbour et al. (2010), and including a ternary effect as described by Farquhar and Cernusak (2012). Average δ^{13} C during the light period for a 7-day running average ($\delta^{13}C_{CO2}$) was measured using a stable isotope cavity ring down laser (G11101-i, Picarro CA, USA). We used the average ambient growth $\delta^{13}C_{CO2}$ values (-13.2 ‰) in the calculation of $g_{\rm m}$. The Picarro laser was calibrated as described by Thurgood et al. (2014). Here, values of fractionation factors were used in the calculation of $g_{\rm m}$ as described by Jahan et al. (2014); the fractionation associated with carboxylation was assumed to be 29‰, the fractionation during dissolution and diffusion through water was assumed to be 1.8‰, the fractionation associated with photorespiration was assumed to be 16.2‰, the fractionation occurring during diffusion through the leaf boundary layer was assumed to be 2.9‰ and the rate of day respiration was taken to be 0.8 µmol m⁻² s⁻¹.

Light and electron microscopy

Leaves measured for gas exchange were analysed using microscopy to assess anatomical features as a function of leaf age and drought treatment. Leaf samples approximately 5 mm \times 2 mm were cut for sectioning, avoiding major veins. Sections were fixed in a solution of 2.5% glutaraldehyde, 3% paraformaldehyde and 0.1 M phosphate buffer (pH 7.2) for 18 h period under vacuum. Samples were then fixed in 2% osmium tetroxide for 2 h, then further fixed using 2% uranyl acetate for 30 min. Samples were dehydrated using an ethanol series of 15, 30, 50, 70, 90, 95 and 100% and then embedded in LR-white resin series of 20, 40, 60, 80, 100% (London Resin Company, London, UK). Semi-thin leaf cross-sections of 0.5 μ m for light microscope were cut using an ultra-microtome with glass tip blades, then sections were stained with toluidine blue.

Sections were viewed in bright field with a Leica DM6000B upright light microscope with phase contrast at 400× magnification. We used IMAGE J software (National Institute of Health, Bethesda, MD, USA) for analysis of images. Images were used to determine: (a) leaf thickness, (b) mesophyll thickness between the two epidermal layers (t_{mes}), (c) the surface area of mesophyll cells exposed to the intercellular airspaces (S_{mes}), (d) the surface area of chloroplast exposed to intercellular airspace (S_c) and (e) chloroplast number per unit leaf area (Z, in number per m²). S_{mes} , S_c and Z were calculated as described by Evans et al. (1994).

$$S_{mes} = \frac{L_{mes}}{W}F \tag{1}$$

where L_{mes} is the total length of mesophyll cells facing the intercellular airspace, *W* is the width of the section measured and *F* is the curvature correction factor (1.25) by Thain (1983). Then,

$$S_c = \frac{L_c}{L_{mes}} S_{mes} \tag{2}$$

where, $L_{\rm c}$ is the length of chloroplast exposed to the intercellular airspace.

$$Z = \frac{z}{L_{mes}} S_{mes}$$
(3)

where, z is the total number of chloroplasts in the section measured. The volume fraction of inter-cellular airspace (*fias*) was calculated as described by Xiong et al. (2016),

$$f_{ias} = \frac{S_{ias}}{S_{mes}} \tag{4}$$

where S_{ias} is the total cross-sectional intercellular airspace area. Ultrathin cross- and paradermal sections of 70 nm were prepared by an ultramicrotome for use in the scanning transmission electron microscope (STEM). The sections for STEM were stained with lead citrate and mounted on glass with Eukitt (Electron Microscopy Sciences, Hatfield, PA, USA). Cell wall thickness (t_{cw}), and chloroplast to outer cell wall distance were measured from STEM micrographs by using IMAGE J software.

Statistical analysis

The effects of leaf age on physiological measures were assessed using two-factor analysis of variance (ANOVA); means were compared using Fisher's unprotected least significant difference tests. The associations between g_m and A, between g_m and g_{sc} , between S_c and g_m , and between t_{cw} and g_m were assessed using linear regression and correlation. GenStat 14th edition (VSN International Ltd, Hemel Hempstead, UK) was used for statistical analyses, and in all tests, results were considered statistically significant when P < 0.05.

Results

Leaf age effects

Photosynthetic rate (A), stomatal conductance to $CO_2(g_{sc})$ and mesophyll conductance (gm) significantly (P< 0.01) decreased as leaves aged (Figures 2A-C) regardless of water treatments. For leaf 6, A decreased by 78% (rate of 0.98 μ mol m⁻² s⁻¹ day⁻¹), g_{sc} by 73% $(0.008 \text{ mol } \text{m}^{-2} \text{ s}^{-1} \text{ day}^{-1})$ and g_{m} by 87% $(0.031 \text{ mol } \text{m}^{-2} \text{ s}^{-1} \text{ bar}^{-1})$ day^{-1}) from week 6 to week 9. The linear trend in A over the study period differed significantly (P < 0.05) among leaf numbers: for leaf 5, the rate of decline was -8.78 ± 4.31 per week, while leaf 6 declined by -4.89 \pm 1.34 per week, and leaf 7 declined by -2.06 \pm 4.31 per week (Figure 2A). This linear trend was also significant (P < 0.05) for $g_{\rm sc}$ (Figure 2B), whereas the linear trend was not significant for $g_{\rm m}$ and A/gsw (Figures 2C, D).When leaves of different ages were compared, A, $g_{\rm sc}$ and $g_{\rm m}$ for the oldest leaves (22 day-old) were significantly lower than younger leaves (15, 8 or 1 day-old) (Figures 3A-C). There were no significant leaf age effects for leafintrinsic water-use efficiency (A/g_{sw}) (Figure 2D), or between different leaves of different ages (Figure 3D).

Plant age effects

Photosynthetic rate (*A*), stomatal conductance to $CO_2(g_{sc})$ and mesophyll conductance (g_m) of the youngest fully expanded leaves decreased significantly (*P*< 0.001) from week 5 to week 9, in well-



watered plants (Figures 4A–C). In well-watered plants, A, g_{sc} and g_m of the youngest fully expanded leaf initially increased with rising plant age up to week 7, and then decreased rapidly with increasing plant age. Leaf-intrinsic water-use efficiency (A/g_{sw}) was not affected by plant age for well-watered plants from week 5 to week 9 (Figure 4D).

Water availability effects

The water-stress treatment applied in the second experiment resulted in significantly (P = 0.05) more negative midday leaf water potentials (Ψ_L) for water-stressed compared to well-watered plants (averages of -1.4 and -1.1 MPa across all leaf ages for water-stressed and well-watered plants, respectively) (Supplementary Table 1).

Only stomatal conductance to $CO_2(g_{sc})$ was significantly higher (P = 0.03) in well-watered plants compared to water-stressed plants, when individual leaves were considered (Figure 2B). These changes resulted in higher A/g_{sw} in drought plants compared to irrigated plants. However, the slope of the decline in photosynthetic rate (A) with leaf age did not significantly differ between well-watered and water-stressed plants (Figure 2A). Overall, mesophyll conductance (g_m) was slightly, but not significantly, higher in well-watered compared to water-stressed leaves when individual leaves were compared up to week 8 (Figure 2C).

When we consider leaves at different ages measured on the same day, water availability did not affect photosynthetic rate for 1 dayand 8 day-old leaves, whereas A was significantly (P = 0.05) higher for water-stressed plants compared to well-watered plants, for 15 and 22 day-old leaves (Figure 3A). However, the rate of decline in photosynthetic rate (A) with different leaf positions varied significantly (P = 0.03) for well-watered plants only (Figure 3A). Well-watered plants showed significantly higher g_{sc} compared to water-stressed leaves, only for 1 day- and 8 day-old leaves, whereas for the oldest leaf measured at day 22, water-stressed plants had higher g_{sc} than well-watered leaves at the same age. There was no water effect on gm for any leaf ages except 15 day-old leaves (Figure 3C). Water-stressed plants had significantly higher A/g_{sw} compared to well-watered leaves for all leaf ages (Figure 3D). Moreover, the rate of decline in A/g_{sw} with different leaf positions varied significantly (P< 0.03) for both well-watered and waterstressed plants (Figure 3D)

Considering the youngest fully expanded leaf over 5 weeks of measurement, water-stress decreased *A* and g_{sc} (*P* = 0.01), but the proportional decrease in *A* was less than the decrease in g_{sc} , resulting in higher values of A/g_{sw} (*P*< 0.001) for water-stressed plants compared to well-watered plants. Leaf-intrinsic water-use efficiency increased with increasing plant age (*P* = 0.001) only for water stressed plant (Figure 4D). Water-stress did not significantly affect g_m for the youngest fully expanded leaf at any period.



Light-saturated photosynthetic rate (A) (A), stomatal conductance to CO2 (gsc) (B), mesophyll conductance (gm) (C) and leaf-intrinsic water use efficiency (A/gsw) (D) for wheat leaves of different ages in both well-watered and water-stressed conditions on the ninth week of measurement. Values are mean \pm standard error, n = 5. Letters indicate significant differences (P <0.05).

Relationship between g_m and A, and g_m and g_{sc}

Significant positive relationships (P < 0.001) were found between $g_{\rm m}$ and A, and between $g_{\rm m}$ and $g_{\rm sc}$ in both well-watered and water-stressed conditions. The relationship between $g_{\rm m}$ and Awas stronger (well-watered: $g_{\rm m} = 0.028A - 0.078$, r = 0.78, P < 0.001; water-stressed: $g_{\rm m} = 0.027A - 0.095$, r = 0.58, P < 0.001) than between $g_{\rm m}$ and $g_{\rm sc}$ (well-watered: $g_{\rm m} = 1.90g_{\rm sc} + 0.027$, r = 0.69, P < 0.001; water-stressed: $g_{\rm m} = 1.59 g_{\rm sc} + 0.19$, r = 0.45, P < 0.001). However, there was no significant water availability effect (P > 0.05) on the association between $g_{\rm m}$ and A, or between $g_{\rm m}$ and $g_{\rm sc}$ (Supplementary Figure S1).

Anatomical properties

Changes were observed in leaf structure as leaves aged, with young leaves having the highest surface area of chloroplast exposed to intercellular airspace (S_c) (P< 0.001), followed by mature leaves, and then old leaves (Table 1). The ratio between S_c and the surface area of mesophyll cells exposed to the intercellular airspaces (S_{mes})

was significantly higher for young leaves compared to old leaves (P < 0.001), whereas there was no age effect on S_{mes} . Mesophyll thickness was marginally (but not significantly, P = 0.08) higher for wellwatered compared to water-stressed plants, whereas S_c/S_{mes} was higher for water-stressed plants compared to well-watered plants (but not statistically significant, P = 0.06) (Table 1). S_c declined more quickly with increasing age for well-watered leaves compared with that for water-stressed leaves (Figure 5). Furthermore, the number of chloroplasts per unit leaf surface area was higher for water-stressed plants than for well-watered plants but did not change with leaf age. Taken together, these results suggest that water limitation had subtle effects on chloroplast number, size and distribution, and on the changes in these anatomical properties as leaves aged. Moreover, there was no water or leaf age effect on f_{ias} (Supplementary Table 2).

There was a significant (P = 0.01) relationship between t_{cw} and different leaf stages; young leaves had significantly lower t_{cw} compared to old leaves regardless of the water treatment (Figures 6, 7). There was a significant positive relationship between S_c and g_m (P = 0.01) (Figure 8A) whereas, the relationship between t_{cw} and g_m was not significant (P = 0.22) (Figure 8B) for three different leaf stages at two water treatments.



FIGURE 4

Light-saturated photosynthetic rate (A) (A), stomatal conductance to CO2 (gsc) (B), mesophyll conductance (gm) (C) and leaf-intrinsic water use efficiency (A/gsw) (D) for the youngest fully expanded wheat leaves at the beginning of each week of measurement in both well-watered and water-stressed conditions. Here the water treatment was started at 6th week of plant age. The youngest fully expanded leaves were measured each week. The bar represents the average standard error, n = 5.

Re-watering effect

After one day of re-watering, leaves were less water stressed as $\Psi_{\rm L}$ rose from -1.38 MPa to -1.10 MPa. Gas exchange parameters were measured on the same leaves for water-stress plants and one week later following re-watering. As expected, $g_{\rm sc}$ significantly increased after re-watering (Figure 9B), whereas *A* and $A/g_{\rm sw}$ did not change significantly following re-watering (Figures 9A, D). There was a significant interaction effect between re-watering and leaf age in $g_{\rm m}$ (*P* = 0.05) where $g_{\rm m}$ decreased for young leaves and increased for mature leaves (Figure 9C).

Discussion

Mesophyll conductance declines as wheat leaves aged

It is widely observed that stomatal conductance (g_{sc}) and photosynthetic rate decline as leaves aged and includes crops such as rice (Gu et al. (2012)) and maize (Azizian and Sepaskhah (2014)) and other herbaceous plants (e.g. *Arabidopsis* (Flexas et al. (2007)). Other examples include an alpine orchid (Zhang et al. (2008)) and woody species such as pine (Warren (2006)) and oak (Niinemets

Treatments		Anatomical Parameters					
Leaf age	Water	Leaf thickness (µm)	Mesophyll thickness (µm)	S _{mes}	S _c	S _c /S _{mes}	Z (μm⁻²)
Young	Irrigated	1301 ± 54a	1031 ± 63a	11.3 ± 1.2a	9.0 ± 0.9d	0.80 ± 0.03c	0.70 ± 0.03a
Mature	Irrigated	1350 ± 60a	1050 ± 42a	10.7 ± 0.3a	7.0 ± 0.4bc	0.66 ± 0.04b	$0.61 \pm 0.07a$
Old	Irrigated	990 ± 260a	735 ± 199a	9.5 ± 0.9a	5.0 ± 0.5a	0.52 ± 0.02a	0.60 ± 0.18a
Young	Drought	829 ± 239a	606 ± 179a	9.8 ± 0.9a	8.1 ± 0.5cd	0.82 ± 0.04c	1.03 ± 0.25a
Mature	Drought	1019 ± 277a	776 ± 213a	10.7 ± 0.7a	8.7 ± 0.8cd	0.80 ± 0.03c	0.94 ± 0.28a
Old	Drought	843 ± 376a	623 ± 274a	10.8 ± 1.0a	5.8 ± 0.3ab	0.55 ± 0.05ab	1.07 ± 0.36a

TABLE 1 The effect of leaf age (young, mature and old) on leaf thickness (µm), mesophyll thickness (µm), the surface area of mesophyll cells exposed to the intercellular airspaces (Smes), the surface area of chloroplast exposed to intercellular airspace (Sc), The ratio between Sc and Smes and chloroplast number per unit leaf area (Z) for wheat leaves from well-watered and water-stressed plants.

Values are mean \pm standard error, n = 4. Letters indicate significant differences (P <0.05).

et al. (2005)). The decline in *A* has sometimes been attributed to a decline in mesophyll conductance (g_m) in oak (Niinemets et al. (2005), and mustard (Monti et al. (2009)) which in some instances was due to changes in leaf anatomy including tobacco (Clarke et al., 2021), maple (Hanba et al. (2001) and poplar (Tosens et al. (2012)). However, other studies in pine report that g_m limitations to *A* did not increase with leaf age (Warren (2006)) and in southern beech, g_m itself was not significantly lower in mature compared to young leaves (Whitehead et al. (2011)). We found that *A* declined by 1.2 µmol m⁻² s⁻¹ day⁻¹, and that g_m declined by 0.035 mol m⁻² s⁻¹ bar⁻¹ day⁻¹, as leaves matured. Evans and Vellen (1996) also report a decline in *A* and g_m as wheat leaves aged but did not provide actual ages of the leaves so a direct comparison is not possible. We have previously observed declines in *A* and g_m of 1 µmol m⁻² s⁻¹ day⁻¹ and 0.05 mol m⁻² s⁻¹ bar⁻¹ day⁻¹, respectively, over one week for

newly expanded leaves in the wheat cultivar 'Scout', but no significant decline in A or g_m over same the period for the cultivar 'Cranbrook' (Jahan et al., 2014). Clarke et al. (2021) observed that A and g_m decreased by 68% and 50% respectively among different leaf positions over 3 weeks. Similarly, we also observed that A and g_m decreased by 64% and 61% respectively among different leaves over the same 3-week period (from Figure 3).

Anatomical and structural changes are observed during and after leaf development. When fully mature *Populus tremula* leaves are aging (based on a leaf plastochron index, LPI, of 6 to 12), leaf thickness (t_{leaf}), mesophyll thickness (t_{mes}), S_{mes} and fraction of internal airspace (f_{ias}) remained constant (Tosens et al., 2012), while $S_{cr} S_c/S_{\text{mes}}$, thickness of chloroplasts (t_{chl}) and length of chloroplasts (L_{chl}) began to decrease (Tosens et al., 2012). In the current study, we also observed that S_c and S_c/S_{mes} decreased with increasing leaf



FIGURE 5

Light micrograph of transverse leaf sections at three different ages (old, mature and young) for well-watered plants (A-C, respectively) and waterstressed plants (D-F, respectively). BS, outer bundle-sheath cell; E, epidermis; M,mesophyll cell; VB, vascular bundle. Photos are taken at magnification of 400x.



FIGURE 6

Transmission electron micrographs of transverse leaf sections at three different ages (old, mature and young) for well-watered plants (A–C, respectively) and water-stressed plants (D–F, respectively). CW, Cell wall thickness; C, Chloroplast.

age, but leaf age did not affect f_{ias} , and that this was due to a decline in the size of individual chloroplasts for young leaves compared to old leaves. Mesophyll conductance and S_c were strongly positively correlated in wheat leaves. Similarly, Evans (2020) also observed in his review paper that for any given species, g_m varies in direct proportion to S_c .

Clearly, S_c is partly responsible for the reduction in g_m observed in the current experiment. However, the age-related reduction in S_c is proportionally much smaller than in g_m , so other anatomical and



FIGURE 7

Cell wall thickness (tcw) for wheat leaves of three different ages. Values are mean \pm standard error, n = 4. Letters indicate significant differences (P <0.05).

metabolic factors must also play a role. In general, a negative relationship was found between cell wall thickness (t_{cw}) and g_m because of the longer pathway for CO2 diffusion from the intercellular airspace to the plasma membrane (Peguero-Pina et al., 2012; Tosens et al., 2012; Giuliani et al., 2013; Peguero-Pina et al., 2015). In this experiment, old leaves have thicker t_{cw} compared to young or mature leaves, and overall gm is not associated with t_{cw} ; this indicates that across the leaf stages, cell wall thickness is responsible for age-related reduction in g_m for wheat cultivar 'Tasman'. Evans (2020) reviewed g_m in C4 leaves and suggested that the effective porosity of cell walls decrease with increasing cell wall thickness. Hence, changes in the porosity of cell walls with varying leaf age need to be considered to identify the association of g_m and t_{cw} at different leaf ages. In addition to anatomical and structural factors, biochemical factors should be considered in association with g_m and t_{cw} at different leaf ages. For example, Warren (2006) observed that the down-regulated activity of Rubisco with age was responsible for the variation in g_m with leaf age for Pinus pinaster, and for wheat, Rubisco activation decreases in mature leaves compared to old leaves (Sharwood et al., 2016).

Mesophyll conductance can be divided into three components: conductance through intercellular airspaces (g_{ias}), through cell walls (g_w) and through the liquid phase inside cells (g_{liq}) (Flexas et al., 2008). In this experiment, gas-phase conductance from substomatal cavities to the outer surface of cell walls (g_{ias}) was calculated as described by Tosens et al. (2012); we observed no leaf age effect on g_{ias} . Apart from anatomical changes, enzyme activity also typically declines as leaves age, including carbonic anhydrase, and aquaporins. Carbonic anhydrase (CA) catalyses the reversible interconversion of CO₂ with HCO₃⁻, and occurs in multiple forms in the chloroplast, cytosol, mitochondria and plasma membrane (Fabre et al., 2007; Ogeíe et al., 2018). The influence of CA activity on photosynthesis in C₃ plants is small



(Price et al., 1994; Williams et al., 1996), and the effects of CA on g_m have not been widely reported. Gillon and Yakir (2000) measured both g_m and total leaf CA activity in tobacco and soy, and reported no relationship between them. However, on a latitudinal genotype transect in *Populus trichocarpa*, northern genotypes exhibited higher *A* as a function of higher g_m and elevated CA activity

(Momayyezi and Guy, 2017). However, it is well known that CA activity declines as leaves age (Novichkova et al., 2006), and therefore the decline in $g_{\rm m}$ as leaves age may be in part due to the decline in CA activity.

Aquaporins influence the diffusion of CO_2 through membranes and may regulate g_m (Hanba et al., 2004; Flexas et al., 2012; Uehlein



FIGURE 9

Response of gas exchange parameters for wheat plants remaining under water-stressed conditions and after being rewatered for leaves of differing age for light-saturated photosynthetic rate (A) (A), stomatal conductance to CO2 (gsc) (B), mesophyll conductance (gm) (C) and leaf-intrinsic water use efficiency (A/gsw) (D), where the first and second measurements were made 5-8 days apart, n = 4. Letters indicate significant differences (P <0.05).

et al., 2012; Ermakova et al., 2021). Terashima and Ono (2002) investigated the involvement of aquaporins in CO₂ diffusion across the plasma membrane of Vicia faba and observed that gm decreased by 40% and 30% when the leaflets were fed with the aquaporin inhibitor 0.3 mM and 1.2 mM HgCl₂, respectively. Evans et al. (2009) reviewed the role of aquaporins in CO₂ diffusion conductance in plants and suggested that aquaporins are responsible for 25% of lipid-phase diffusion conductance. Moreover, Boron et al. (2011) also suggested that aquaporins play a key role in membrane permeability. A wide range of aquaporins are known in plant leaves, with more than 30 isoforms identified in higher plants, and they constitute the most abundant plasma membrane and tonoplast proteins (reviewed by Maurel et al., 2008). The expression of different aquaporins occurs during leaf development (Wei et al., 2007; Prodo and Maurel, 2013), so aquaporin expression and activity may contribute to age-related decline in g_m although this is yet to be demonstrated. Therefore, high membrane permeability may explain the lack of an association between $g_{\rm m}$ and cell wall thickness.

Further studies on membrane permeability and the porosity of cell wall are needed to examine the effects of leaf anatomical characteristics and metabolic factors (aquaporins) for different aged leaves on g_m in wheat plants. Obtaining a thorough understanding of the association of g_m with anatomical traits is important to interpret photosynthetic traits, which will lead to a better understanding of how to manipulate g_m to improve plant performance and increase yield in stressful environments.

Water-deficit slowed the rate of age-related decline in A and g_m

A review by Flexas et al. (2007) demonstrated that a reduction in g_m in response to drought is commonly observed. For example, in Populus tremula, water stress reduced the exposed chloroplast to leaf area ratio (S_c/S) and increased cell wall thickness, and these changes combined to reduce gm (Tosens et al., 2012). However, reduced g_m in response to drought is not always observed (Flexas et al., 2012), or is transient (Flexas et al., 2009; Galle et al., 2009). In the current experiment, one week after the water treatment started (week 6), water-deficit plants had slightly lower $g_{\rm m}$ (0.53 mol m⁻² s⁻¹ bar⁻¹) than irrigated plants (0.58 mol m⁻² s⁻¹ bar⁻¹) averaged across all leaf ages. Three weeks later, these same leaves of water-deficit plants (now 15- and 22-day-old leaves) had higher gm and A than their well-watered counterparts. That is, the reduction in g_m and A as leaves aged was less pronounced in water-deficit plants than wellwatered, perhaps reflecting a slowing of leaf development under water-deficit.

4.3 Leaf age affected the response to rewatering

Wheat plants re-watered after a water stress event showed an increase in g_{sc} and different g_m recovery rates for different aged leaves, which indicates that photosynthetic machinery is preserved

with no irreversible damage. Water stress has been implicated in reducing photosynthetic biochemistry such as maximum photochemical efficiency (Fv/Fm) and the efficiency of electron transfer through PSII (Φ_{PSII}), however, rewatering for 14 days restored Fv/Fm and Φ_{PSII} to pre-water deficit conditions (Wang et al., 2018). Mesophyll conductance (g_m) was somewhat reversible when water stress was released in sugar beet (Monti et al., 2006) while Galle et al. (2009) observed a rapid recovery of g_m in tobacco from water stress in Spring compared with Summer. Peguero-Pina et al. (2018) observed complete recovery of g_m in holm oak (Quercus *ilex* L.) after re-watering. Furthermore, it has been showed that g_m recovered more quickly in Eucalyptus dumosa than in Eucalyptus pauciflora because aquaporins were deactivated in E. pauciflora associated with higher oxidative stress (Cano et al., 2014). In this study, rates of gm recovery for different leaf ages were not equal when comparing water-deficit plants and plants after re-watering. That is, young leaves did not recover to unstressed values after rewatering, while in mature leaves gm increased after re-watering. There is no clear explanation for the differences in rates of recovery after rewatering, but these differences may relate to: a) the conditions under which the leaves formed (young leaves formed under water stress, while mature leaves did not); b) differences in leaf anatomy including maturity of stomata development (the degree of recovery of stomatal conductance was inversely related to leaf age); or c) redistribution of resources from old leaves to younger leaves.

We consider the applied water stress as moderate because when measured in high light and moderate vapour pressure deficit, stomatal conductance to water vapour (g_{sw}) was higher than 0.16 mol H₂O m⁻² s⁻¹ and the average leaf water potential (Ψ_L) was -1.38 MPa (Supplementary Table 2.). Similarly, Shrestha et al. (2018) also observed similar stomatal conductance to water vapour (g_{sw}) for three chickpea genotypes and described them as moderately water stressed. Leaf age, and/or duration of water stress can alter the recovery rate of leaf physiological parameters; e.g. Warren et al. (2011) found that long-term water stress delayed the recovery rate of A in *Eucalyptus*. Genotypic variation was also found to affect the recovery rate of A between two *Eucalyptus* species (Cano et al., 2014).

Conclusion

We found that gas exchange parameters, including mesophyll conductance, declined as wheat leaves aged, but that the rate of decline was reduced when plants were moderately water stressed. The rate of recovery after rewatering water-stressed plants varied between leaves of differing ages. In terms of anatomical changes with physiological parameters, the surface area of chloroplasts exposed to intercellular airspaces (S_c) declined as leaves aged, resulting in a positive correlation between g_m and S_c . In addition, cell wall thickness (t_{cw}) increased for old leaves compared to mature/young leaves; however, the association between g_m and t_{cw} high membrane permeability could explain higher g_m for young leaves.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material. Further inquiries can be directed to the corresponding author.

Author contributions

EJ: Conceptualization, designed and conducted the experiment including technical measurements and analysis of data, developed initial draft of manuscript. RS: Provided suggestion and feedback on and edited the manuscript. DT: Provided feedback on the overall design of the study, results and drafts of the manuscript, specifically critical review, commentary and editing. All authors contributed to the article and approved the submitted version.

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Conflict of interest

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fpls.2023.1091418/ full#supplementary-material

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