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# Seaweed-derived plant boosters: revolutionizing sustainable farming and soil health

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Seaweeds are abundant and valuable marine resources that contain a diverse range of bioactive compounds, including lipids, minerals, phytohormones, amino acids, carbohydrates, osmo-protectants, and antibacterial substances. Historically, seaweeds have been widely used in food, feed, and medicine, but their agricultural significance has gained increasing recognition in recent years. With the growing shift toward organic and sustainable farming, seaweed extracts (SEs) have been explored as biofertilizers, soil conditioners, and natural biocontrol agents. They play a crucial role in enhancing soil health, improving plant growth, and increasing resistance against pests, diseases, and abiotic stressors such as drought, salinity, and extreme temperatures. Their ability to stimulate plant defense mechanisms and promote root development makes them an eco-friendly alternative to synthetic agrochemicals. Numerous studies have demonstrated the efficacy of seaweed extracts in boosting crop productivity while minimizing environmental impact. This review highlights recent advancements in seaweed-based agricultural applications, focusing on their benefits, mechanisms of action, and potential for integration into sustainable farming practices.

## KEYWORDS

seaweed extracts, biofertilizers, biostimulants, plant growth promotion, sustainable agriculture, soil health, organic farming, abiotic stress tolerance

## 1 Introduction

The multicellular, microscopic algae known as seaweeds are found in maritime environments. Although there are more than 9 thousand macroalgae species in the waters, they can be generically categorized into three classes: *Rhodophyta* (red algae), *Chlorophyta* (green algae), and *Phaeophyta* (brown algae) (1). Seaweeds are naturally rich

in nutrients, including beneficial lipids, enzymes, polysaccharides, proteins, and bioactive peptides (2). Additionally, they produce various stress-related bio-compounds to withstand and lessen various pressures in their natural habitats (3). Because of their rich resource content, seaweeds are useful as plant modifiers that can increase agricultural output. For many years, seaweeds have been employed in agriculture as bio-stimulants. According to the oldest reports, seaweeds were employed for centuries as soil conditioners before being used as biofertilizers and bio-stimulants (1). Seaweeds aren't currently being used directly for either commercial or agricultural purposes. The best nutrient sources are seaweed extracts, full of the valuable micronutrients and macronutrients present in seaweeds (3). Since more than one-third of the global bio-regulator market is made up of seaweed extracts, their use as a preferred bio-regulator has caused a boom in the agribusiness sector (4). The growing urbanization, lack of groundwater, climate change, and a general reduction in arable land are some of the toughest challenges that the world's agriculture is currently experiencing. Together, they represent a greater threat to meeting the world's population's rising food needs.

On the one hand, farmers and producers utilize excessive chemicals to increase crop output. On the other side, overusing these chemicals has resulted in several health risks and environmental safety concerns, as well as deteriorating quality of the rhizosphere (5). Therefore, it is urgent to find a strategy to reduce the use of harmful chemicals in agriculture if they are not eliminated. In this regard, the seaweed extract-based bio-stimulants provide a novel and substitute method for increasing agricultural crop productivity without using chemical fertilizers or pesticides (Shukla et al., 2019). Extract preparation from seaweeds can be directly applied onto the soil, just like chemical fertilizers or pesticides, or they can be used as foliar spray on plants (6). Applications made to the soil can create soil microflora, leading to soil retention and remediation (7). On plants, seaweed extracts can affect phytohormone homeostasis and reduce nutrient shortage (6). It is evident from the existing literature that seaweeds play a crucial role in both agriculture and daily life. Most seaweed deposits are found throughout the world's coastlines and should be used wisely and effectively. Plants can benefit from the physiological processes of biostimulants, which can be synthetic or natural compounds (8). These processes include improved tolerance to various abiotic stressors and nutrient absorption and translocation (9). Plants can benefit from the physiological processes of biostimulants, which can be synthetic or natural compounds generated from microorganisms and/or plants. These processes include improved tolerance to various abiotic stressors and nutrient absorption and translocation (10). Creating bio-stimulants based on seaweed extract is one method of efficient use of seaweed biomass. However, farmers should be made aware of and encouraged to use these seaweed-based bio-regulators in their fields in place of standard chemical fertilizers and pesticides (11). Therefore, using seaweed-based solutions can be a sustainable way to enhance integrated pest management and organic farming (Wan et al., 2018). Even though there have been numerous reviews

on its bio-regulator-based use in agricultural advancements, this review paper concentrates on a detailed understanding of the updates regarding the extraction methods for seaweed extract-based bio-regulator and their mechanisms of action for enhancing plant as well as soil health. We have also discussed the value of seaweed extracts in other fields, such as horticulture and floriculture. Additionally, the prospects for seaweed extract-based bio-stimulants are given in-depth, with a strong emphasis on the economic side.

## 2 Importance of seaweed

Rapid population expansion should lead to an increase in agro-based products. As one of the key components in increasing food production, the fertilizer industry will unavoidably grow alongside agro-based goods. There is now a 3–4 million tons fertilizer shortfall worldwide (12). Seaweeds are frequently used as manure throughout the world, particularly in regions close to the ocean. Seaweeds can be composted or used directly as organic manure (13). Two things determine how vital seaweed fertilizer is. First and foremost, seaweeds include significant concentrations of micronutrients besides Ca, N, P and K. Growth hormones like auxin, gibberellin, and cytokinin as well as oligo elements like Zn, Cu, etc. are also present (14). The presence of diverse mucopolysaccharides, which aid in soil conditioning by adding organic matter to the soil and increasing its moisture-retaining capacity, is a second distinguishing quality of seaweeds. Numerous seaweeds can be utilized as manure in all regions of the country, either directly or in the form of compost, due to their abundance of nutritional value for plant growth (Figure 1). When manure with seaweed compost was applied, efficient observations were also obtained with several crops such as cereals, fruits, and vegetables; crotons also thrived with its application; high nitrogen levels can also be maintained with its treatment.

## 3 Nutrient composition

According to Mirparsa et al. (15), seaweeds are known to supplement the macronutrients (N, P, K, etc.) as well as a variety of micronutrients in amounts sufficient for plant growth (Table 1). The mineral content of various seaweed species from different taxonomic groupings, including red, green, and brown algae, was investigated. (Table 2). This indicated the presence of several mineral elements, including Ca, Mg, Na, K, Fe, Mn and Zn (19). In addition, several organic compounds, such as vitamins, cellulose, hemicelluloses, cellulose, fat, and amino acids, are rich in seaweed. It has also been shown that seaweeds have a greater mineral composition than terrestrial plants (20). Several researchers have identified a wide variety of polysaccharides as cell wall and storage component elements (21), indicating a high concentration of soluble and insoluble fibers. Seasonal variations, temperature, salinity, light, and the availability of nutrients are only a few

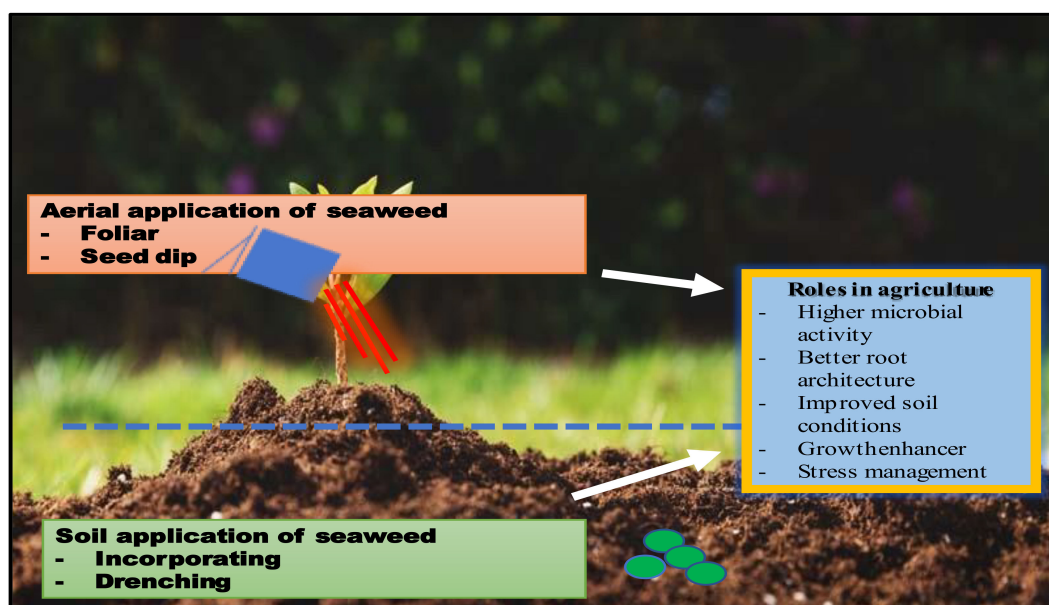


FIGURE 1  
Application methods of seaweeds and their impacts on agriculture.

examples of how the environment affects chemical composition (22). Between the wet winter and the warm summer, a considerable shift in composition was seen (23). More diverse amounts of phycobiliproteins, chlorophyll, and carotenoids were also detected (24).

## 4 Chemical composition of seaweed

### 4.1 Growth hormones

The growth responses induced by seaweed extracts cannot be explained by the concentration of mineral nutritional components seen in commercial seaweed concentrations (SWCs). Seaweed concentrations (SWCs) may contain chemicals that regulate plant development, according to positive results seen in a variety of plant growth bioassays (25). Additionally, the wide variety of growth reactions brought on by its extracts suggests the existence of many hormones or chemicals that promote plant growth. Seaweed extracts and raw seaweed have both been found to contain cytokinins (26). Trans-zeatin and its dihydro derivatives, including trans-zeatin riboside are among the cytokinins found in

seaweed compositions (27). Auxins have been found in other types of algae, such as *Porphyra perforata*. However, the amounts were small (28). The inactive conjugate of IAA with carboxyl groups, glycans, amino acids, and peptides is present in higher plants. Upon hydrolysis, these compounds are transformed into free active IAA (29). *Ascophyllum nodosum* and *Laminaria digitata* were used to extract water-soluble growth inhibitors that significantly slowed down the growth of lettuce's hypocotyl (30). Studies using gas-liquid chromatography, thin-layer chromatography, and bioassays showed that one of these substances appeared to be connected to ABA. Others, including Tietz et al (31), have also reported finding ABA in seaweeds.

### 4.2 Betaines

Betaines are a suitable solute that plants use to reduce osmotic stress brought on by salinity and drought stress. Several different betaines and betaine-like substances can be found in *Ascophyllum nodosum* preparations. Still, they may also play other roles, such as increasing the amount of chlorophyll in leaves after being treated with seaweed extracts (32). There may have been less chlorophyll

TABLE 1 Nutritional composition of different seaweeds.

Name of seaweed	Nitrogen (mg/g)	Phosphorus (mg/g)	Potassium (mg/g)	References
<i>Ulva lactuca</i> (Green algae)	174	45	75	Divya et al. (16)
<i>Laurencia Obtuse</i> (Red algae)	3.9	3.8	2	Safinaz and Ragaa et al (17)
<i>Sargassum Wightii</i> (Brown algae)	174	45	72	Divya et al. (16)

TABLE 2 Mineral composition of two genera of seaweed (18).

Mineral compound (ug/g of extract)	Red algae	Green algae
Potassium	5.17	113.0
Zinc	15.8	1.01
Iron	915.0	0.37
Sodium	4.15	185.0
Calcium	351.5	195.2

breakdown, which would explain the rise in chlorophyll content (33). Due to the seaweed's betaines' effects on increased chlorophyll content in the leaves of numerous agricultural plants, yields from those plants have been found to increase. (34)

### 4.3 Sterols

Sterols are a crucial class of lipids in eukaryotic cells, as they are in many other eukaryotes. Typically, a plant cell contains a variety of sterols, including cholesterol, 24-methylenecholesterol, stigmasterol, and b-sitosterol (35). Brown seaweed primarily contains fucosterol and its derivatives, whereas red seaweed typically contains cholesterol and its derivatives. Ergosterol and 24-methylenecholesterol are the two primary lipids that green seaweed accumulates (35).

## 5 Application methods of seaweed

Seaweed biomass and seaweed meal have been applied to horticultural crops using a variety of application techniques. The type of seaweed product utilized determines the type of application. Seaweed species are found in tropical, temperate, and polar parts of the world's coastal climates (Sarkar et al., 2016). Near the seaside, where seaweeds are abundant, the usage of whole seaweed biomass or meal is widespread. Whole seaweeds or seaweed meal are spread on the ground and usually incorporated into the soil to speed up the microbial decomposition of the seaweed. Because soil bacteria reduce nitrogen during the decomposition process, causing a temporary nutrient immobilization that may adversely affect plant growth, seaweeds are introduced into the soil well before planting crops. As an organic matter, the decomposed seaweed generally enhanced the soil's physical and chemical characteristics, its ability to hold water and its microbial activity. Additionally, it shielded plants from environmental hazards including extreme temperatures and water stress (36).

Seaweed extracts, which are either in a soluble powder form or as liquid extracts, are readily available and are the most commonly utilized seaweed product on agricultural and horticultural crops. Applying drip irrigation to crops while mixing liquid extracts with irrigation water it is possible to apply extracts close to the plant's roots. Seaweed extracts are also used as foliar sprays on various floral, vegetable, and tree crops (37). Leaf stomata opening in the

morning appears to be the best time for foliar administration of seaweed extracts. The plant's stage of growth has an impact on how effective seaweed extracts are. For instance, Dwelle and Hurley (38) discovered that seaweed extract had the most significant effect on potato yield when applied two weeks after tuber start.

## 6 Preparation of seaweed bioregulator

Seaweed extract includes vitamins, auxins, gibberellins, antibiotics, trace elements, and other chemical substances. To protect the crops, it is crucial to preserve some of the components as heat decomposes others. When making commercial seaweed extracts and evaluating the conflicting field trial findings that have been reported, it is known that several seaweed constituents experience significant seasonal fluctuations (12).

### 6.1 Extraction from brown seaweeds (*Sargassum tenerrimum* and *Padina tetrastromatica*)

For the preparation of seaweed extracts, species such as *Sargassum tenerrimum* and *Padina tetrastromatica* should be chopped into smaller pieces and boiled in purified water (39). After boiling, the mixture should be filtered to obtain the filtrate. This filtrate serves as the base for preparing different concentrations of seaweed extract, beginning with a 100% concentration.

### 6.2 Extraction from commercial seaweed meal (*Ascophyllum nodosum* and *Fucus vesiculosus*)

Challen and Hemingway (40) outlined a method using two commercial seaweed meal samples derived from *Ascophyllum nodosum* and *Fucus vesiculosus*. To prepare the extract, the seaweed meal should be diluted with water to match the total solids content of a commercial seaweed extract obtained from dried seaweed. Further dilution may be necessary. The process involves mixing the powdered seaweed meal with distilled water and allowing it to stand. The mixture should then be heated, cooled, and filtered through a fine screen to remove solids. The resulting liquid should undergo centrifugation, after which the separated solid fraction should be pressed to extract additional liquid. The pressed extract should be combined with the primary extract, and the mixture should be condensed under reduced pressure to yield a concentrated brown fluid.

## 7 Bioregulator nature

The positive properties of seaweed-based organic manure are attributed to the extensive spectrum of bioactive substances found in seaweed extract, including vitamins, auxins, gibberellins, antibiotics, trace elements, and amino acids. The species

employed and the extraction technique may significantly impact the activity that promotes plant growth. Many seaweed components are said to experience seasonal fluctuations, and these variations are taken into account in the commercial manufacture and testing of organic seaweed manure. Surprisingly, despite the intended use of the extraction methods, there is a shortage of precise and thorough information about extraction techniques and procedures for agricultural purposes. This is partly because ownership dossiers for production and extraction techniques are rarely published and maintained (41). Extracts are frequently created by grinding at low temperatures, using water, acid, or alkali, or by physically disrupting the material (42). The most economical and practical approach for releasing micro- and macronutrients necessary for producing organic manure and bio-regulators appears to be the water-based method (43). Numerous publications indicate that water or an alkaline seaweed extract has a bio-stimulant impact on grains, legumes, vegetables, etc. (44). Species include *Ascophyllum nodosum*, *Fucus vesiculata*, *Hypnea musciformis*, *Sargassum plagiophyllum*, *Ulva lactuca*, *Sargassum wightii*, *Laminaria saccharina*, *Padia tetrastomatica*, and *Ecklonia radiata* have purportedly been used to manufacture liquid seaweed fertilizer (45).

## 8 Scope of seaweed in agriculture

The right balance of phytohormones, humic acids, and phytonutrients in seaweed characterizes it as superior organic manure. In addition to boosting soil fertility, applying seaweed fertilizers improves the soil's ability to retain moisture and provides sufficient micronutrients for plant growth (45). The development of liquid-based seaweed fertilizer is a result of current attention being paid to the spray application of plant nutrients, which improves nutrient absorption efficiency (46). Seaweed extracts are applied to the soil, utilized as a foliar spray, and used to soak seeds before planting. It has been suggested that using seaweed-based fertilizers will lower the nitrogen, phosphorus, and potash fertilizer doses. It is known that about 59 species of seaweed can increase crop output and growth, as well as seed germination and other growth factors, more effectively than artificial fertilizers (47) (Table 3).

## 9 Effect on soil health

### 9.1 Seaweed as a soil conditioner

To boost agricultural yield in coastal locations and to restore alkaline soils where deficiency diseases are common, seaweeds were utilized directly or through compost along with FYM in European countries starting in 1951. Since the ancient period, seaweeds have been employed by combining them with sand or soil or composting them with organic materials like peat, straw, etc. Due to the advantages of using seaweed as an organic source of nutrients, its use in agriculture has increased (55). Seaweeds add humic acid to clay soils that are impenetrable, devoid of crumbly structure and have low quantities of organic matter. The polysaccharide alginates interact

chemically with the soil's metallic radicals or join up with larger clay aggregates to a greater extent to generate a crumbly structure (12). Seaweeds were initially used as soil conditioners, but more recently, interest has grown in using them as organic or bio-fertilizers to increase plant nutrition (56). They are given out in various forms, such as manure, granules, powder, and foliar spray. (57).

### 9.2 Bio-remediation of polluted soils by seaweed

It is well known that by employing seaweed biomass as adsorbents, heavy metal ions like cadmium and lead are effectively removed (58). Seaweed may be used to remove heavy metal ions from aqueous solutions, according to investigations on heavy metal adsorption employing *Kappaphycus* sp (59). To reduce chromium toxicity, a mixture of green, red, and brown algae was created. Material analysis revealed two functional groups of seaweed surface polysaccharides that were involved in adsorption (60). Similar to this, investigations have shown that seaweed like *Eucheuma denticulatum* and *Kappaphycus alvarezii* is effective at removing lead (Pb) toxicity and cadmium (II) toxicity, respectively (61).

### 9.3 Rhizosphere microbes proliferation

The use of seaweed and seaweed extracts promotes the growth of beneficial soil microbes and the release of chemicals that condition the soil. Alginates influence soil characteristics and promote the development of helpful fungi, as was already indicated. In a study published in 2000, Ishii and colleagues discovered that alginate oligosaccharides, which are produced by the enzymatic breakdown of alginic acid, which is primarily extracted from brown algae, significantly induced hyphal growth and elongation in arbuscular mycorrhizal (AM) fungi and triggered their infectivity on trifoliate orange seedlings. *Laminaria japonica* Areschoug and *Undaria pinnatifida* (Harvey) Suringar, two different marine brown algae extracts, could be employed as an AM fungal growth stimulant (62).

## 10 Effect of seaweed on plant

### 10.1 Seaweed for crop production and soil fertility

To boost soil fertility and crop output, seaweed extract has been used directly or in compost form (41). In most cases, brown seaweeds like *Ascophyllum nodosum*, *Fucus*, *Laminaria*, *Sargassum*, and *Turbinaria* spp. Make commercial seaweed extract products (63). Seaweeds typically include a wide variety of uncommon minerals, including organic substances, plant hormones, and various polysaccharides (laminarin, fucoidan, and alginates), which are typically absent from terrestrial plants (64).



TABLE 3 Utilization of seaweed in different crops.

S. No.	Seaweed	Crop	Effect	Reference
1	<i>Gracilaria</i> sp.	Tomato	Improved germination	Rao and Chatterjee (48)
2	<i>Stoechospermum</i> sp.	Brinjal	Higher fruiting parameters	Sivasangari Ramya et al. (49)
3	<i>Laurencia</i> sp.	Vigna Mungo	Enhanced germination	Emmanuel et al. (50)
4	<i>Ulva rigida</i>	Beans	Higher vegetative growth under stress	Mounir et al. (51)
5	<i>Kappaphycus</i> sp.	Rice	Higher yield	Devi and Mani (52)
6	<i>Sargassum wightii</i>	Brinjal	Higher productivity	Divya et al. (16)
7	<i>Codium</i> sp.	Wheat	Improved quality	Mohy El-Din (53)
8	<i>Sargassum</i> sp.	Soybean	Increased biochemical parameters	Mathur et al (54)

Seaweed extracts applied topically to the leaves of various crops improve nutrient uptake, growth stimulation, and root development (65). These extracts function as chelators, improve the plant's capacity to absorb minerals and nutrients and improve the soil's structure and aeration, all of which encourage the development of roots (66). There are additional reports that applying algal extracts to the model plant *Arabidopsis thaliana* improves its root and shoot growth (67). Additionally, it increased the consumption of micronutrients like Mg, Zn, Mn, and Fe, as well as macronutrients like N, P, K, Ca, and S (68).

## 10.2 Phytohormones impact

Plant growth and stress tolerance have long been enhanced by using seaweeds and their extracts. According to Wally et al. (69), seaweed contains substances that promote plant growth, including auxins (IAA, IBA), gibberellins, cytokinins, etc. These substances also increase the growth and yield of various fruit and vegetable crops. The potential contribution of phytohormones in seaweed extract to plant growth has been extensively studied. According to Zodape et al. (68), cytokinin plays a part in controlling plant development. Various agricultural environments have used *Ascophyllum nodosum* seaweed extracts to increase production and productivity (70). The *Ascophyllum nodosum* extracts under study revealed a significant concentration of cytokinins (CKs), particularly trans-zeatin type CK and abscisic acid (69).

## 10.3 Antioxidant potential of seaweeds

Numerous studies have found a strong link between total phenolic content and antioxidant activity. Phlorotannins, a type of seaweed polyphenol chelate ferrous ions, scavenge free radicals like superoxide and peroxy radicals, and neutralize nitric oxide (71). Phlorotannins including eckol, dieckol, phlorofucofuroeckol A, and 8,8'-bieckol from the Japanese brown algae *Eisenia bicyclis*, *Ecklonia cava*, and *Ecklonia kurome* exhibit 2-10 times more antioxidant activity when compared to catechin, tocopherol, and

ascorbic acid. In a liposome system, these substances also demonstrated strong prevention of phospholipid peroxidation (72). According to Cho et al. (73), ethanol extracts of *Sargassum siliquastrum* have a 95% DPPH radical scavenging activity at 0.5 mg/ml or above.

## 10.4 Root development and mineral absorption

Seaweed products encourage the development and expansion of roots (74). When extracts were administered to maize at an early growth stage, the root-growth stimulatory impact was more prominent, and the reaction was comparable to that of auxin. This key hormone promotes root growth (74). In addition to other substances in the extracts, endogenous auxins may impact a stronger root system. Seaweed extracts increase the uptake of nutrients by roots (75), leading to root systems with higher water and nutrient efficiency, which in turn improves plant vigor and growth in general.

## 10.5 Post-harvest management

Numerous research on the impact of a commercial *A. nodosum* extract treatment on spinach revealed that it improved the leaf's nutritional value and storage quality as well as the production of flavonoids (76). Once a month, 3–10 L/ha of *A. nodosum* extract was treated in the field to determine the extract's phenolic and antioxidant content. The concentration of phenolic chemicals in cabbage, potato, and onion enhanced following the application of seaweed extract. The use of seaweed extract did not change yield but considerably raised the number of phenolics and flavonoids that are good for your health (77). Additionally, post-harvest treatments have been made using seaweed extracts. Post-harvest treatment of navel oranges with seaweed extract containing a mixture of *Sargassum*, *Laminaria*, and *A. nodosum* extracts significantly boosted post-harvest shelf-life and quality while maintained at room temperature or in cold storage.

## 11 Seaweed's role in stress reduction

### 11.1 Abiotic stress reduction

Seaweeds can assist plants in coping with abiotic challenges and their bio-controlling abilities. Plants express a few proteins that are directly related to stress management when they are under stress. Osmoprotectants, transporter, and detoxifying enzymes are some of these. Some metabolisms can be changed to manage stress by creating regulating chemicals such as proline, salicylic acid, and abscisic acid (78). Plants release glycine betaine to stabilize protein structure and the cell wall, and they scavenge ROS to maintain turgor pressure. Research reveals that betaines and cytokinins are two bioactive components of seaweed that are important in stress management, yet the mechanism by which seaweeds help plants to tolerate stress is not fully understood (79).

Additionally, it was noted that plants' endogenous levels of stress-related substances such as cytokinins, proline, and antioxidants increased when seaweed extract was present (76). However, seaweed polysaccharides have the capacity to stimulate plant defense mechanisms (80). *Ascophyllum nodosum* and their lipophilic fraction boost *Arabidopsis*' capacity for cold tolerance by stabilizing membrane structure, reducing the expression of the chlorophyllase gene, and raising the expression of the cold tolerance gene. These actions also increase resistance to high-salt conditions, drought, and heat (81).

Plants function better under abiotic stressors thanks to bioactive chemicals found in seaweed extracts. Spraying extracts on plants has increased their resistance to the stress caused by freezing temperatures (81). Applying an *A. nodosum* extract formulation specifically improved the ability of grapes to withstand freezing because it reduced the leaves' osmotic potential, which is a vital sign of osmotic tolerance. After nine days of seaweed extract treatment, the average osmotic potential of the treated plants was 1.57 MPa as opposed to 1.51 MPa in the untreated controls (82).

### 11.2 Biotic stress reduction

It has been demonstrated that seaweed extracts improve plant defense against pests and diseases. Seaweed products also affect the physiology and metabolism of plants, and they influence the microbial rhizosphere community, which benefits plant health. Various pest plants treated with seaweed extracts are typically avoided by aphids and other sap-feeding insects (83). Spraying apple plants with hydrolyzed seaweed extracts decreased red spider mite numbers (84), and 2-3 years of applying its extract resulted in a control similar to acaricides (84). Furthermore, it was demonstrated that using Maxicrop on strawberry plants (*Fragaria* sp.) greatly reduced the two-spotted red spider mite population (*Tetranychus urticae*) (83). The presence of chelated metals, which have been shown to reduce the population of red spider mites, in seaweed extracts has been hypothesized (85). Observations have shown the

potential of its extracts in causing plant resistance to pests and diseases as they have become more popular as organic fertilizers or soil conditioners in the past. Numerous investigations have been carried out to assess the antibacterial properties of seaweed extracts. The antifungal activities of the extracts have been connected to terpenes (86). Numerous green algae, including *Ulva fasciata* and *U. lactuca*, have shown effectiveness against red cotton bug nymphs and adults (*Dysdercus cingulatus*).

Furthermore, many types of brown seaweeds are good at avoiding plant diseases (87). Extracts from various marine algae species, including *Melanothamnus afaqhusainii*, *Sargassum tenerrimum*, and *Padina tetrastrumatica*, exhibited nematocidal activity against the root-knot nematode *Meloidogyne javanica* (88). The bioactive compounds obtained from green, brown, and red algae, such as polysaccharides, fatty acids, tannins, and halogenated compounds, have recently been found to be promising in suppressing fungus infects the roots of okra seedlings (87). With an improvement in strawberry output, foliar use of seaweed extracts was proven to reduce fruit rot (89). To establish direct pathogen inhibition and induce systemic resistance in the plants, thorough studies of the influence of seaweed extracts in suppressing pests and disease must be carried out.

Kahn et al. (90) discuss how seaweed products can reduce biotic stress. When sprayed to the leaves or absorbed into the soil at a 1:500 dilution, the seaweed extract Kelpak 66 has been demonstrated to decrease root damage caused by nematode (*Meloidogyne incognita*) predation in tomatoes (91). The roots, leaves, and fruits of very ill plants exhibited the most significant improvement with a sole soil application at the time of transplantation. Interestingly, when the seaweed extract was administered, the number of nematodes recovered from inside the roots was significantly less than that in the infected controls, even though the nematode count in the soil grew over the optimum point. When young nematodes were injected into *Arabidopsis* seedlings in a lab, the fertility of the root-knot nematode *M. javanica* decreased if the seedlings were treated with seaweed extract or an equivalent dosage of a betaine combination (92).

## 12 Physical environment interactions

Salt content, hydraulic conductivity, sunlight, temperature, and availability of nutrients are a few of the primary environmental elements that impact seaweeds. The relationships between sessile animals and their epiphytic bacteria, fungi, algae, and other sessile animals, as well as the connections between herbivores and plants and predators, including humans, are examples of biological interactions. All of these elements working together have an overall impact on the individual patterns of growth, morphology, and reproduction. The physicochemical environment of an organism, which is made up of all the external abiotic factors that affect it, is extremely complicated and continually changing. The saltwater density is influenced by temperature and salinity, mixing

nutrient-rich bottom water with nutrient-depleted migration of epiphytic animal larvae. Turbidity, siltation, and the availability of nutrients can all be impacted by water velocity. These are illustrations of how one environmental factor influences another. The interaction of temperature and photoperiod controls growth and reproduction in many seaweed species. Additionally, interactions between physicochemical and biological components are more often than not. Factor interaction through sequential effects is the last type of interaction. Red algae may catabolize some phycobiliproteins due to a lack of nitrogen, lowering their capacity to absorb light. Therefore, many seaweed species and genera within seaweed floras inhabiting more or less constrained regions of the world's seacoast are more or less identical.

### 13 Current status of seaweed fertilizer use

The United States, United Kingdom, Canada, New Zealand, Australia, Ireland, Scotland, England, France, and Spain are just a few of the nations that regularly employ seaweed fertilizers. Green, brown, and red seaweed extracts are offered for sale in South Africa to soil conditions. *Hypnea*, *Ulva*, and *Enteromorpha* are frequently employed in Brazil, while the *Sargassum* is utilized in China and the *Hypnea* in the West Indies.

### 14 Seaweed as a farming resource

As previously mentioned, coastal agricultural soils have been treated with seaweed for millennia, either in their fresh or sun-dried state. However, a variety of simple (compost, flour) or more complicated seaweed-based fertilizers are being offered commercially (bio-stimulant extracts). Since the middle of the 20th century, many types of extracts have replaced seaweed-based fertilizers as bio-stimulants in contemporary agriculture (93). The increased usage of extracts is likely due to their convenience in storage and transportation and the quick effects of their active ingredients on plants (94). The horticulture industry has already used seaweed extracts to a large extent (94), and horticultural crops have been the subject of the majority of studies on seaweed usage in agriculture. To enhance the economic and environmental balances, several seaweed extracts are utilized to boost the effectiveness of traditional fertilizer by decreasing doses. Through cryo processing, cell rupturing under high pressure, or extraction with water, acid, or an alkali, bioactive chemicals in seaweed can be recovered (42). All of these techniques prevent the target products from degrading.

### 15 Constraints

Long-term use and the high salt content of seaweeds may result in salinity issues. Utilizing purified preparations may help to mitigate this problem. These problems can be avoided by

adopting sporadic pauses in the application of seaweed and allowing a rain rinse phase to minimize salt content. The use of seaweeds from contaminated locations as fertilizer or soil conditioner would increase the pollutants in soil and plants because seaweeds are efficient heavy metal accumulators in marine and other ecosystems (95). Seaweed contamination levels must therefore be assessed before application. Additionally, sulfides produced by the anaerobic breakdown of sulfur compounds in seaweed may cause soil acidification as they are microbially oxidized to sulfates (96). Carrageenans, laminarins, and ulvans are the distinctive organic components of seaweed that set them apart from other major plants' polymeric carbon compounds like cellulose, hemicellulose, and lignin. The soil microbial community also experiences these novel compounds, which may be resistant to biodegradation (97). In such cases, a thorough analysis of the long-term effects of seaweed use on the local microbial population of the soil should be conducted. Additionally, seaweeds are known to support a variety of microbial communities that generate antibacterial chemicals (98). It is crucial to determine the depth to which this microbial community has established itself in the soil. The seaweed-associated microbial population that has been introduced may boost soil nutrient turnover, which could form the cornerstone of better plant and soil health.

### 16 Conclusion

This review highlights the significance of seaweed-based bio-regulators derived from red, brown, and green algae in agricultural disease management. Seaweed extracts (SEs) offer a natural and sustainable alternative to synthetic chemicals, reducing the environmental impact of conventional agrochemicals while enhancing plant health. Their bioactive compounds stimulate plant defense mechanisms by activating pathogen-responsive genes, transcription factors, and defense-related enzymes, thereby improving disease resistance. Standardizing extraction techniques, application rates, and treatment methods is crucial to maximizing the effectiveness of SEs, as variations in composition influence their efficacy against different plant diseases. Further research is needed to evaluate and compare diverse seaweed species to determine their optimal use in various agricultural conditions. By refining dosage, method, and application frequency, SEs can be integrated into modern farming systems to enhance plant growth, improve soil health, and boost stress tolerance. This approach will strengthen confidence in SEs as reliable bio-regulators, promoting their widespread adoption in sustainable agriculture and contributing to eco-friendly crop management strategies.

### Author contributions

KS: Conceptualization, Writing – original draft, Writing – review & editing. AS: Methodology, Writing – original draft, Writing – review & editing. HC: Methodology, Software,



Supervision, Writing – review & editing. HK: Conceptualization, Formal Analysis, Writing – review & editing. MH: Investigation, Supervision, Writing – review & editing.

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