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Consumer food demand in Japan before and after the beginning of COVID-19: AIDS analysis using home scan data

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COVID-19 had an impact not only on human health but also on consumers' food consumption. Employing the Almost Ideal Demand System (AIDS), this study analyzes whether consumers change their demand for food between 2019 and 2020 in Japan, where the legal action was not implemented to restrict consumer behavior. Using the home scan data, 25 food items, including eating out and delivery, were analyzed to see the impact of COVID-19. Results show that the increase in shares of expenditure is mainly related to consumption in the home in 2020, while that for eating out turned into a significant decrease. The estimated own price elasticity and expenditure elasticity of demand shows that ingredients for home cooking are more substitutive with eating out and more complementary within the ingredients in 2020.

KEYWORDS

AIDS model, home scan data, the COVID-19, elasticity, food demand

Introduction

The coronavirus disease found in 2019 (hereafter, COVID-19) caused a global pandemic in 2020. Its impact has not been limited to people's health but also the health of the economy. The responses to the pandemic outbreak vary from country to country. Some countries, such as Europe, the United States, and China, took strict restrictive measures, some other countries, such as Japan, took moderate measures; and the other countries, such as Taiwan, took relatively lax measures (Weible et al., 2020; Hale et al., 2021). In Japan, the government declared a state of emergency between 7 April and 25 May 2020, but this declaration was not legally binding. Although the government would rather choose a voluntary-based request to stay home than legally bind people's behavior (Watanabe and Yabu, 2021), many people in Japan refrained from going out, and the amount of time of staying home did not differ from the other countries where strict measures were taken (Ritchie et al., 2020). Thus, even though the request is voluntary, the request to stay home had wide-ranging effects on economies in Japan, including energy, foreign exchange markets, trade, lifestyles, and tourism (Baldwin and Tomiura, 2020; Inoue and Todo, 2020; Kitamura et al., 2020; Narayan et al., 2020; Aruga, 2021; Watanabe and Yabu, 2021).

The impact of COVID-19 extends to consumers' food consumption behaviors and preferences. While changes in food consumption have been mainly reported in Europe, the United States, and Africa (Celik and Dane, 2020; Janssen et al., 2021; Caso et al., 2022), such changes also exist in Japan, focusing on nutritional aspects, including changes in children's nutritional balance associated with school closure (Horikawa et al., 2021), changes in consumption and dietary behavior (Qian et al., 2020; Hayashi and Takemi, 2021), and changes in dietary behavior including alcohol consumption (Nishijima et al., 2021). However, studies looking at changes in food consumption in a comprehensive manner are limited. Unlike countries where people were legally restricted except for shopping for essential goods or going for walks, Japan did not impose legal restraints. Many restaurants complied with requests for shorter hours and refraining from serving alcoholic beverages, but some of them did not comply with such requests and kept their normal operations because it was not illegal. Therefore, the Japanese countermeasures against COVID-19 were more in the hands of consumers; some consumers continued going out for a meal, others reduced their chances to go out and increased their chances to cook at home (Morita et al., 2020; Hayashi and Takemi, 2021). The Japanese request-based measures against COVID-19 gave consumers many options to choose, and made consumer behavior more complex, and thus the case of Japan is necessary to analyze more comprehensively, including foods from cooking materials at home to eating out.

In previous literature for economic studies, hedonic price analyses exist that measure the impact of lockdown policies and COVID-19 on food prices (Dietrich et al., 2021; Hillen, 2021; Ruan et al., 2021). The possibility of an impact of COVID-19 on food demand has also been discussed (Cranfield, 2020), but there are few empirical studies of the impact on food demand. A study examines online demand for food in Taiwan, which finds a 5.7% increase in sales and a 4.9% increase in customers when additional cases of COVID-19 confirm in the online food market in Taiwan (Chang and Meyerhoefer, 2021). There is also a study using demand system analysis that examines the impact of the lockdown on the demand for food losses before and after COVID-19 (Vargas-Lopez et al., 2021). However, no studies have analyzed the demand for food in general and its substitutive and complementary relationships. In the case of Japan, where the lockdown was not legally imposed, it is necessary to understand the impact of COVID-19 on food consumption, including the relationship between food items.

This study investigates whether Japanese consumers' food consumption demand changed between pre- and post-year of the beginning of the COVID-19 outbreak in 2020, and how the voluntary restraint of action affects consumer demand in Japan. The Almost Ideal Demand System (AIDS) is employed to estimate the changes in food consumption share before and after COVID-19, as well as the price and expenditure elasticities of demand, to determine how the characteristics of Japanese consumer demand changed. The analysis targets the households around the Greater Tokyo area using home scan data.

The Almost Ideal Demand System, developed by Deaton and Muellbauer (1980), is a practical method to approximate theoretical values of demand by a regression. The demand for food consumption in Japan has been analyzed by AIDS including seafood, meat, and food trade (Hayes et al., 1990; Yang and Koo, 1994; Eales et al., 1997). AIDS using home scan data has also been conducted in the United States and Scotland (Davis et al., 2012; Akaichi and Revoredo-Giha, 2016). However, the only existing demand estimation using AIDS for COVID-19 is limited to the aforementioned food loss study (Vargas-Lopez et al., 2021).

This study aims to test any significant difference in demand between 2019 and 2020 using AIDS. Home scan data are analyzed between 2019 and 2020 among the same population. The analysis assumes that socio-demographics and preferences of the same population do not change in 1 year, except for an extraordinary external shock (i.e., the impact of COVID-19). This study is structured as follows: the analytical framework in the next section is followed by a description of the results, and then we conclude our analysis.

Analytical framework

Data

Home scan data (Macromill Holistic Spending Panel Survey), digital household account, were collected by Macromill, Inc. The participants of the home scan data scan their purchased receipts or manually input their consumption records if receipts are not available to keep their digital household account. Therefore, the home scan data provide comprehensive household consumption on food including fresh food, eating out, and delivery, which categories are excluded in point of sales data (POS); the data set targets households in the Greater Tokyo metropolitan area (Tokyo, Kanagawa, Chiba, and Saitama prefectures) from 1 January 2019 to 31 December 2020, for a total of 3,099 households and a total receipts record of 8,864,368. The Greater Tokyo area was selected for analysis because it is the most densely populated area in Japan, which means the area is most affected by COVID-19. The number of COVID-19 positive cases is the largest in Japan (Ministry of Health, Labor and Welfare, Confirmed positive cases of COVID-19, https://www.mhlw.go.jp/content/ 10900000/000962458.pdf, Accessed on 11 July 2022). Although the data are kept in the form of daily data, the daily data are converted into 2-year (2019 and 2020) data per household to analyze the data as yearly panel data. The data include nonfood items such as durable goods, consumables, and entertainment, however food items are kept for the analysis, focusing mainly

on items that could be consumed as food for cooking in the home.

The following 25 categories used in the analysis are mostly compliant with the governmental household survey on the family income and expenditure survey: fresh and daily foods (fish and shellfish, fresh vegetables and fruits, seasonings and oils, tofu, natto, fish paste and pickles, meat, ham and eggs, and dairy products), staple foods (fresh noodles, cup noodles and dried noodles, flour, rice, grains, and cereals), storable foods (retort pouch and cooked ingredients, canned and dried foods, frozen foods and frozen ingredients, and alcoholic beverages), and food consumption outside the home (consumption in restaurants or café, meal delivery, and takeout). To exclude ineffective household data, outliers are removed, such as households where no consumption is recorded, where their annual expenditures consist of a few items, and where they recorded too few days of purchases and respective total expenditures. As a result, 2,882 households in 2019 and 2,890 in 2020, and totally 5,772 households, are identified as effective data and used for the analysis.

Table 1 compares the sociodemographics of the respondents in our data with those of the official statistics in the same region, which shows that the respondents, whose age is between 30 and 59 years, have two times as many as those in the official statistics. The number of women, household income, and the average number of people per household is higher in our data. In contrast, our data have less than half as many people in their 60s or older compared with the official statistics, which indicates that the effects of the generation most affected by COVID-19 are discounted in our analysis. The mode of our data is in the working age group (between 40s and 50s), which would reflect the impact of the population group with relatively higher annual incomes in working-age households, considering the working age groups in Japan show relatively higher annual incomes compared with other non-working age groups (METI, 2020), Average monthly income by age groups, https://www.mlit.go.jp/jidosha/anzen/04relief/resourse/ data/kyuuyo.pdf, Accessed on 11 July 2022). Accordingly, this skewed distribution needs to be considered when interpreting the results.

The average purchased price and annual expenditure for each item in 2019 and 2020 are shown in Table 2. Compared with 2019, the average purchased price and expenditures in 2020 decreased for eating out and increased for food that requires cooking, frozen food, and preserved food. Although some significant changes are shown in expenditure, total expenditure between 2019 and 2020 is not significantly different, which COVID-19 seems to substitute the demand for food consumption at home with the demand for eating out.

One problem with comprehensive food analysis using household consumption is the presence of zero-consumption

TABLE 1 Comparison between official demographics of metropolitan areas and home scan data.

G. Tokyo	Our data				
8%	0%				
12%	3%				
13%	17%				
16%	31%				
13%	33%				
37%	15%				
51%	56%				
6,709	6,951				
2.14	2.51				
	8% 12% 13% 16% 13% 37% 51% 6,709				

Note: G. Tokyo denotes the Greater Tokyo area. The values of our data are based on the data that Macromill Inc. surveyed with the respondents of home scan data. Values in G. Tokyo are a weighted average of respective demographic data across prefectures (Ministry of Health, Labour and Welfare)¹. Household income in G. Toyo is a weighted average of the working-age population (Ministry of Internal Affairs Communication, 2019). Household income in our data is based on categorical data (0–2 million yen (m), 2–4 m, 4–6 m, 6–8 m, 8–10 m, 10–12 m, 12–15 m, and 15–20 m, 20 m or more). To calculate the weighted average household income, we took the average of the respective income ranges up to 20 m (1 m, 3 m, 5 m, 7 m, 9 m, 11 m, 13 m, and 17.5 m), and took 20 m if the income is beyond 20 m.

items. In many households, one or more items are treated as missing values when the households do not consume the item(s) throughout the year. This study also holds zeroconsumption data in the range of 2 to 78%, depending on the item (Supplementary Table A). In particular, 74% of households do not use delivery between 2019 and 2020, but dropping such observations as missing values would make the analysis impossible. While the zero-consumption problem is not rare in analyses using household surveys, ignoring them causes underestimation of elasticity (Deaton and Irish, 1984; Heien and Wesseils, 1990). Therefore, in this study, dummy variables were introduced for the items with zero-consumption rates above 10% to control for their effects. The food consumption variable is left-censored at zero, and it is desirable to be addressed by the Tobit model, which well manages the bias coming from the censored data, but this study introduces dummy variables to control the censored observations due to the limitations of the software package. The introduction of the dummy variables at least separates censored observations from nonzero consumption data and lessens biased estimation. Heterogeneity of preferences also has the possibility of bias estimation. This study assumes that the sociodemographic characteristics and preferences of households, including zero consumption, do not change over the year, and possible biases caused by such heterogeneities can be canceled out

¹ Ministry of Health, Labour and Welfare Population by Age (Five-Year Groups) and Sex for Prefectures. Available online at: http://www.stat.go. jp/data/jinsui/2019np/index.html [Accessed June 22, 2022].

TABLE 2 Descriptive statistics of household expenses in 2019 and 2020.

		20	19		2020									
	Purcha	used prices	Annua	l expenses	Purch	ased prices	Statistical	Annua	al expenses	Statistical				
Variables	Mean	Std. Dev.	Mean	Std. Dev.	Mean	Std. Dev.	difference	Mean	Std. Dev.	Difference				
1. Rice, grains and cereals	961	654	8,067	15,505	994	816	**	8,836	16,429	**				
2. Lunchboxes	340	1,094	16,738	22,904	347	285		16,749	24,021					
3. Cooked noodles	347	179	1,958	6,322	354	753		2,182	6,429					
4. Fresh noodles, cup noodles, dried noodles	170	98	7,299	8,122	178	137	***	8,457	9,244	***				
5. Bread	165	105	18,049	18,840	167	104		18,117	18,556					
6. Fresh vegetables and fruits	170	229	28,905	35,053	194	728	**	32,033	38,424	***				
7. Meat, ham, eggs	335	284	29,910	38,025	363	495	***	34,334	43,422	***				
8. Seafood	419	345	12,898	21,629	451	493	***	14,983	24,573	***				
9. Tofu, natto, fish paste, pickles	142	144	9,333	10,888	141	156		10,248	11,715	***				
10. Prepared foods and hot foods	233	174	19,200	24,663	242	200	**	19,676	25,791					
11. Dairy products	186	126	10,014	12,424	201	164	***	11,097	13,686	***				
12. Frozen foods and ingredients	268	285	9,151	17,139	274	315		10,697	18,301	***				
13. Retort pouch/cooking ingredients	195	128	6,859	8,019	203	179	**	7,767	9,316	***				
14. Seasonings and oils	243	192	9,201	10,753	247	192		10,409	11,716	***				
15. Canned and dried foods	230	199	4,147	5,715	226	164		4,643	6,305	***				
16. Flour etc.	172	76	701	1,460	178	100	***	886	1,678	***				
17. Confectionery, desserts, ice cream	224	192	39,995	34,845	221	187		40,450	34,948					
18. Beverage (liquid)	160	159	27,552	25,809	172	199	***	28,631	27,184					
19. Alcoholic beverages	551	679	19,067	36,645	579	1,079		21,296	40,184	**				
20. Nutritional drinks and health foods	665	1,329	7,427	20,130	707	1,249		8,197	23,147					
21. Tea leaves, powdered beverages, coffee beans	442	410	4,850	7,794	447	397		5,387	9,307	***				
22. Baby food and milk	466	157	597	5,418	465	176		457	4,242					
23. Other food products	631	2,116	8,830	42,305	628	2,019		9,665	48,831					
24. Cafes and restaurants (in-store)	837	782	80,914	123,250	797	747	**	57,115	98,801	***				
25. Cafes and take-out (to-go)	471	282	5,773	12,195	509	307	***	8,372	17,227	***				
26. Delivery	1,477	993	1,742	9,547	1,462	671		2,283	13,742	**				
27. Other outside catering and delivery	577	1,060	3,432	8,895	590	771		3,215	8,524					
28. Total expenditure			392,609	264,192				396,182	271,789					

Std. Dev. denotes standard deviation.

The statistical difference shows the results of t-test of means of prices and expenses between 2019 and 2020.** and *** Indicate statistical significance at 5, and 1% levels, respectively. Unit of the value is yen.

by differentiating 2020 from 2019 to measure the impact of COVID-19.

Almost ideal demand system

The Almost Ideal Demand System (AIDS), developed by Deaton and Muellbauer (1980), is employed to analyze households' food consumption. Demand is estimated using "aidsills" as published by Lecocq and Robin (2015) in their STATA code. To obtain standard errors, the asymptotic variance-covariance matrix is estimated in the code according to Blundell and Robin (1999). A simultaneous equation model with a three-stage least squares method is applied to run the regression.²

The equation of the AIDS model is expressed as follows, and all of these expressions are quoted from Lecocq and Robin (2015).

$$w_{j}^{i} = \alpha_{j} + \gamma_{j}^{'} \mathbf{p}^{i} + \beta_{j} \{ x^{i} - a(\mathbf{p}^{i}, \theta) \} + \varepsilon_{j}^{i}$$
(1)

where w_j^i is a household *i*'s (i = 1, ..., I (sample size of MHS)) share of expenditure on an item j (j = 1, ..., J), x^i is household *i*'s total expenditure on food consumption, p^i is the price vector of each food item, θ is a set of parameters α and γ , ε_j^i is the error term, and a (\mathbf{p}, θ) is defined as the price index of all food items weighted by the shares. The parameter vectors to be estimated are α and γ . The nonlinear price aggregator in the above equation is given by,

$$a(\mathbf{p},\theta) = \alpha_0 + \alpha' \mathbf{p} + \frac{1}{2} \mathbf{p}' \Gamma \mathbf{p}.$$
 (2)

The vectors of $\alpha = (\alpha_1, \ldots, \alpha_J)'$ and $\Gamma = (\gamma, \ldots, \gamma_J)'$ are parameters to estimate. The dummy vectors, which control for year dummies and zero consumption, are added to the variables, estimating the parameter vector α as follows (Pollak and Wales, 1981).

$$\alpha = \mathbf{A}\mathbf{s}^{i}, \mathbf{A} = (\alpha_{i})^{\prime}. \tag{3}$$

where α_0 of the price index is not pre-specified and can be set to any fixed value.³ There are three necessary conditions to perform

AIDS: (1) the additivity condition that the sum of β_i and γ_i be sum to zero and the sum of α_i be unity in all equations; (2) the homogeneity condition that the effect of the log price estimates be zero in each equation; and (3) the symmetry condition that the parameter γ_i of budget allocation *j* is equal to γ'_i of budget allocation *i* as follows,

$$\sum \alpha_i = 1, \ \sum \beta_i = 0 \sum \gamma_{ij} = 0, \ \gamma_{ij} = \gamma_{ji}.$$
(4)

This study analyzes two models. The first model (Model 1) used pooled data to estimate the demand for the period from 2019 to 2020 introducing a 2020-year dummy. The second model (Model 2) runs regressions separately in 2019 and 2020 to estimate the demand for each year to examine how the elasticity of demand changed before and after 2020 when the pandemic occurred.

The expenditure elasticity is given by

$$e_i = \beta_i / w_i + 1, \tag{5}$$

and the uncompensated and compensated price elasticities are given by

$$e_{ij}^{u} = \frac{\gamma_{ij} - \beta_i \alpha_j + \beta_i \gamma_j \mathbf{p}}{w_i} - \delta_{ij}, e_{ij}^{c} = e_{ij}^{u} + e_i w_j, \qquad (6)$$

respectively (Lecocq and Robin, 2015). δ_{ij} is the Kronecker delta ($\delta_{ij} = 1$ *if* i = j, $\delta_{ij} = 0$ *if* $i \neq j$). Compensated price elasticity represents a pure price effect where the point in time is compensated for the spending effect of price changes (Green and Alston, 1990). Therefore, compensated price elasticity is treated as elasticity in this study.

Results

Model 1

Model 1, estimation with pooled data, explains the respective equations with R-squares ranging from 2 to 40%, and all models are significant, and especially meat and eggs, eating out, seasonings, other foods, fresh fruits and vegetables, and seafood relatively well-explain the equations (Table 3). Detailed estimation results are available upon request. Expenditure elasticities and own-price elasticities for respective items are shown in Table 4. The estimated price elasticity for both uncompensated and compensated demand is quite similar to each other, but small differences are found in meat and eating out. The own-price elasticities for flour and other flour products (flour, etc.) turn out to be positive. The market price

² A three-stage least-squares method is to estimate a system of regression equations simultaneously assuming dependent variables as endogenous variables (Zellner and Theil, 1962). AIDS assumes that the Engel curve is linear. A bias is sometimes observed when the Engel curve is nonlinear, and in such cases, a quadratic AIDS (QUAIDS) is required to cope with the bias, which corresponds to a quadratic Engel curve (Banks et al., 1997). In this study, however, the Engel curve is not identified as quadratic (refer to Supplementary Figure A) and the results are unchanged, so the Engel curve is assumed to be linear and AIDS is adopted.

³ α_0 is usually set to a value less than the logarithm of the minimum value of x_t (Poi, 2012). ln(min(x)) was 10.48 in our data, α_0 was set to 10 as an arbitrary value, but did not converge. Thus, we set the value to 8.

Variables	Obs	Parms	RMSE	R-sq	F(34, 5737)	Prob > F
1. Rice, grains and cereals	5772	34	0.03	0.18	37.05	0
2. Lunchboxes	5772	34	0.06	0.11	21.56	0
3. Cooked noodles	5772	34	0.01	0.07	13.2	0
4. Fresh noodles, cup noodles, dried noodles	5772	34	0.02	0.12	24.58	0
5. Bread	5772	34	0.04	0.09	17.31	0
6. Fresh vegetables and fruits	5772	34	0.05	0.25	56.93	0
7. Meat, ham, eggs	5772	34	0.05	0.41	118.46	0
8. Seafood	5772	34	0.03	0.21	47.38	0
9. Tofu, natto, fish paste, pickles	5772	34	0.02	0.20	43.51	0
10. Prepared foods and hot foods	5772	34	0.04	0.12	23.63	0
11. Dairy products	5772	34	0.03	0.09	18.04	0
12. Frozen foods and ingredients	5772	34	0.03	0.15	30.06	0
13. Retort pouch/cooking ingredients	5772	34	0.02	0.14	29.45	0
14. Seasonings and oils	5772	34	0.02	0.29	69.71	0
15. Canned and dried foods	5772	34	0.01	0.17	34.83	0
16. Flour etc.	5772	34	0.00	0.15	30.18	0
17. Confectionery, desserts, ice cream	5772	34	0.07	0.09	17.53	0
18. Beverage (liquid)	5772	34	0.06	0.16	33.68	0
19. Alcoholic Beverages	5772	34	0.08	0.19	41.32	0
20. Nutritional drinks and health foods	5772	34	0.04	0.17	34.8	0
21. Tea leaves, powdered beverages, coffee beans	5772	34	0.02	0.16	32.36	0
22. Cafes and restaurants (in-store)	5772	34	0.16	0.31	77.85	0
23. Cafes and take-out (to-go)	5772	34	0.04	0.08	14.42	0
24. Delivery	5772	34	0.02	0.02	4.25	0
25. Other Food Products	5772	34	0.07	0.26	60.6	0

TABLE 3 Model fit of AIDS estimation with pooled data (Model 1).

of flour has increased by nearly 10% since 2017, while its demand has also increased. Thus, the recent situation possibly causes a bandwagon effect. All the expenditure elasticities are estimated to be around 1, which means normal goods. Cafés and restaurants, including takeout and delivery, and lunchboxes, are non-essential goods but turn to be necessary goods. This suggests that certain types of consumers do not cook at home and rely solely on eating out (or cooked food) for their meals. Cross-price elasticities are also estimated, and the types of goods (substitutive or complementary) are shown in the (Supplementary Table B). Most ingredients for home cooking turn out to be complementary within themselves and substitutes for eating out.

The y_{20} dummies are estimated to be significantly positive for most of the ingredients for home cooking, delivery, and takeout from restaurants (Table 5). The rate of increase ranges up to 0.6%. The share of expenditure on items in 2020 that increases compared with 2019 is ingredients for cooking at home, such as fresh vegetables, seafood, tofu and other products, dairy products, seasonings, dairy products, flour, tea leaves, and preservable foods (noodles, frozen foods, canned foods, and retort pouch, etc.), alcoholic beverages, takeout, and delivery. Conversely, only the share of expenditure on eating out (instore) significantly reduces its share by about 3%.

Model 2

In Model 2, the respective yearly data are analyzed separately, resulting in expenditure and price elasticities for 2019 and 2020. The model fit for each year is almost identical to the model fit of Model 1 using the pooled data, and the root mean square error (RMSE) is not different between 2019 and 2020 within the range of 1% error (Supplementary Table C). The self-price elasticity is higher in 2020 than in 2019 (Table 6). Many goods in 2020 become more inelastic than in 2019. In contrast, delivery and frozen foods become more elastic. Expenditure elasticities of delivery, frozen foods, eating out, and tea leaves become closer to necessary goods, while goods such as noodles, boxed lunches, liquor, and takeout come to be closer to luxury goods. Eating out (in-store) is estimated as substitute goods with home cooking materials, and its cross-elasticity changed in a positive direction, which can be interpreted that the

TABLE 4 Estimated budget share, elasticities of Model 1.

Variables	Estimated Budget share	Expenditure elasticity	Own price elasticity						
	Dudget shure	clusticity	Uncompensated	Compensated					
1. Rice, grains and cereals	0.021***	1.037***	-0.313***	-0.291***					
2. Lunchboxes	0.044***	0.863***	-0.535***	-0.497***					
3. Cooked noodles	0.005***	0.992***	-0.276***	-0.271***					
4. Fresh, cup, dried noodles	0.021***	1.055***	-0.525***	-0.503***					
5. Bread	0.049***	0.930***	-0.797***	-0.752***					
6. Fresh vegetables and fruits	0.074***	1.235***	-0.773***	-0.681***					
7. Meat, ham, eggs	0.077***	1.230***	-0.365***	-0.270***					
8. Seafood	0.031***	1.329***	-0.671***	-0.629***					
9. Tofu, Natto, fish paste, pickles	0.024***	1.164***	-0.722***	-0.694***					
10. Prepared foods and hot foods	0.048***	1.100***	-0.401***	-0.348***					
11. Dairy products	0.027***	1.094***	-0.877***	-0.848***					
12. Frozen foods and ingredients	0.024***	1.231***	-0.424***	-0.395***					
13. Retort pouch/cooking ingredients	0.019***	1.138***	-0.505***	-0.484^{***}					
14. Seasonings and oils	0.025***	1.147***	-0.608***	-0.580***					
15. Canned and dried foods	0.011***	1.142***	-0.458***	-0.446***					
16. Flour etc.	0.002***	1.134***	0.343***	0.345***					
17. Confectionery, desserts, ice cream	0.110***	0.917***	-0.722***	-0.621***					
18. Beverage (liquid)	0.077***	0.868***	-0.581***	-0.514***					
19. Alcoholic Beverages	0.049***	0.881***	-0.275***	-0.231***					
20. Nutritional drinks and health foods	0.019***	0.870***	-0.055	-0.038					
21. Tea leaf, powder beverages, coffee beans	0.013***	0.839***	0.041	0.053					
22. Cafes and restaurants (in-store)	0.172***	0.873***	-0.754***	-0.604***					
23. Cafes and take-out (to-go)	0.019***	0.723***	-0.674***	-0.660***					
24. Delivery	0.005***	1.058***	-1.679***	-1.674***					
25. Other food products	0.033***	0.802***	0.300***	0.326***					

***Indicate 1% of significance levels.

degree of substitution enhances between food service and home cooking materials.

Compared with respective cross-price elasticities of demand between 2019 and 2020, the nature of goods does not change significantly from complementary goods (alternative goods) to substitutes (complementary goods) (refer to Supplementary Table D). Most of the changes in elasticities move toward the negative, which is the direction of strengthening the complementary relationship, while a few goods significantly strengthen substitutive relationships (Table 7). Among the items that are significant in both 2019 and 2020, the items with the largest increase found in complementary goods are flour-dairy products, flour-sweets, and cooked noodles-meat, all of which are shifted in the complementary direction. Many of the items strengthen complementary relationships among food ingredients for home cooking, which is presumably because people increase the chance of home cooking in 2020.

Validation of estimation

Validation (robustness check) is often conducted in econometrics to test the consistency of models by adding or dropping some unnecessary variables when the true drivers of the model are unknown. However, this AIDS model is different from such models in that the framework of this model clearly defines all of the necessary variables, such as shares of food expenses, which we obtained from home scan data. Thus, the robustness check has relatively less importance to this study. In addition, the number of observations is \sim 3,000 or more, which is enough size to obtain consistent parameters following the large sample theory. Although multicollinearity sometimes biases estimation, our estimation in both models shows that the mean of variance inflation factor (VIF) is 1.4 and the maximum variable is 3.0, which is less than the threshold of multicollinearity of 20 (Greene, 2003). A three-stage least squares method generates a bias when the equation is not just identified (Lecocq and Robin, 2015), but our system of equations

TABLE 5	Result of	the year	dummy	variable	(Model 1).
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Variables	2020 year dummy
1. Rice, grains and cereals	-0.00013
2. Lunchboxes	-0.0013
3. Cooked noodles	-0.00052
4. Fresh noodles, cup noodles,	-0.0012**
dried noodles	
5. Bread	-0.0012
6. Fresh vegetables and fruits	-0.0029**
7. Meat, ham, eggs	-0.0021
8. Seafood	-0.0024^{***}
9. Tofu, Natto, fish paste, pickles	-0.0010^{**}
10. Prepared foods and hot foods	-0.0013
11. Dairy products	-0.0015^{**}
12. Frozen foods and ingredients	-0.0019^{**}
13. Retort pouch/cooking	-0.00077
ingredients	
14. Seasonings and oils	-0.0014^{***}
15. Canned and dried foods	0.00097***
16. Flour etc.	0.00022***
17. Sweets, desserts, ice cream	0.00100
18. Beverage (liquid)	-0.00038
19. Alcoholic Beverages	0.0054***
20. Nutritional drinks and health	0.0013
foods	
21. Tea leaves, powdered	0.0014***
beverages, coffee beans	
22. Cafes and restaurants (in-store)	-0.030***
23. Cafes and take-out (to-go)	0.0061***
24. Delivery	0.00088**
25. Other food products	0.0016

** and *** Indicate 5 and 1% of significance levels.

is just identified. We also estimate robust standard errors with an asymptotic variance-covariance matrix (Blundell and Robin, 1999).

Discussion

The results of this study generally do not contradict reality. The change in people's lifestyles due to the pandemic resulted in a significant increase in the expenditure share on home cooking ingredients (fresh vegetables, fruits, noodles, seafood, tofu, dairy products, etc.), frozen and canned foods that can be stored relatively long, and meal delivery and takeout instead of eating in restaurants. This is possibly because households took actions to avoid the risk of infection caused by going out (Janssen et al., 2021), or eating healthier meals to reduce health risks due to COVID-19 (Rodríguez-Pérez et al., 2020). In the meantime,

this study also finds an increase in alcohol consumption in the home, which is also endorsed by existing studies that reported increased alcohol consumption in Europe and Japan due to the stress attributed to COVID-19 (Vanderbruggen et al., 2020; Janssen et al., 2021; Nishijima et al., 2021). Such an increase in expenditures on alcoholic beverages is not possible to conclude whether absolute alcohol consumption increased or drinking outside merely shifted to drinking at home since alcoholic expenditure within the eating-out category is not available. Price elasticity became less elastic for home-cooking ingredients in 2020, which suggests that households have become less sensitive to price because they avoided alternative options of inside-thehouse consumption, such as eating out, and also because they reduced the frequency of shopping. On the contrary, storable foods have become more elastic; households hoarded storable foods when prices are low to be ready just in case. COVID-19 brought a variety of positive and negative influences on consumers' health, such as an increase in food consumption at home or alcohol. It is not possible for our study to conclude whether consumers' health improved or worsened by COVID-19, but our analysis ensures that consumers faced a certain effect on their food consumption.

The changes in respective elasticities in 2019 and 2020 show that the items estimated as substitutive (complementary) goods in 2019 do not turn out to be complementary (substitutive) goods. The substitutive/complementary relationships, such as the relationship between food consumption inside and outside the house and the relationship within ingredients for home cooking, seem to be amplified by COVID-19. Demand for food ingredients for home cooking increased due to the increase in domestic consumption. The expenditure elasticity of those ingredients also slightly increased, which means those goods became more sensitive to expenditures and inelastic to price. Considering that their total expenditure did not change between 2019 and 2020, the households sacrificed their consumption to balance their total expenditure for food consumption.

Expenditure elasticity with respect to eating out became more inelastic toward necessary goods. Some eating-out intensive households who do not (or cannot) cook at home (and eat only at restaurants) are considered to keep their consumption in 2020, while other households who do not only eat out but also cook at home have reduced their eating-out consumption in 2020. Such eating-out intensive households may be a reason to make expenditure elasticity more inelastic. From these results, we conjecture that the households in our data are categorized into three groups: home-cooking households, eating-out households, and hybrid households. COVID-19 gave hybrid households more chance of home cooking, while they gave up eating out, which makes eating-out households more isolated, eating-out intensive diets. The positive price elasticity for flour in both 2019 and 2020 may be due to the bandwagon effect. Although the price of flour and other flours has been rising in recent years, the demand has also increased recently

TABLE 6 Estimated elasticities of Model 2 and change rate from 2019 (Model 2).

		2019			2020	Change (%)				
	Estimated share %	Expenditure Elas	Own price Elas.	Estimated share %	Expenditure Elas.	Own price Elas.	Exp Elas %	Price Elas		
1. Rice, grains and cereals	2***	1.035***	-0.356***	2***	1.041***	-0.229***	1	-13		
2. Lunchboxes	5***	0.83***	-0.473***	4***	0.901***	-0.523***	7	5		
3. Cooked noodles	1***	0.95***	-0.4***	1***	1.023***	-0.18	7	-22		
4. Fresh, cup, dried noodles	2***	1.018***	-0.465***	2***	1.085***	-0.531***	7	7		
5. Bread	5***	0.918***	-0.715***	5***	0.942***	-0.786***	2	7		
6. Fresh vegetables and fruits	7***	1.236***	-0.715***	8***	1.234***	-0.656***	0	-6		
7. Meat, ham, eggs	8***	1.221***	-0.339***	8***	1.237***	-0.194***	2	-15		
8. Seafood	3***	1.341***	-0.661***	3***	1.316***	-0.608***	-2	-5		
9. Tofu, natto, fish paste,	2***	1.176***	-0.71***	3***	1.153***	-0.678***	-2	-3		
pickles										
10. Prepared foods and hot	5***	1.088***	-0.361***	5***	1.114***	-0.345***	3	-2		
foods										
11. Dairy products	3***	1.082***	-0.872***	3***	1.103***	-0.837***	2	-4		
12. Frozen foods and	2***	1.272***	-0.294***	3***	1.197***	-0.474***	-8	18		
ingredients										
13. Retort pouch/cooking	2***	1.102***	-0.464***	2***	1.171***	-0.506***	7	4		
ingredients										
14. Seasonings and oils	2***	1.164***	-0.606***	3***	1.133***	-0.549***	-3	-6		
15. Canned and dried foods	1***	1.141***	-0.466***	1***	1.142***	-0.444***	0	-2		
16. Flour etc.	0***	1.133***	0.43***	0***	1.128***	0.3***	-1	-13		
17. Sweets, desserts, ice	11***	0.915***	-0.664***	11***	0.92***	-0.58***	1	-8		
cream										
18. Beverage (liquid)	8***	0.845***	-0.551***	8***	0.89***	-0.483***	5	-7		
19. Alcoholic Beverages	5***	0.871***	-0.25***	5***	0.896***	-0.222***	3	-3		
20. Nutritional drinks and	2***	0.85***	-0.038	2***	0.894***	-0.05	4	1		
health foods										
21. Tea leaves, powdered	1***	0.918***	-0.01	1***	0.775***	0.116	-14	11		
beverages, coffee beans										
22. Cafes and restaurants	19***	0.91***	-0.593***	15***	0.822***	-0.615***	-9	2		
(in-store)										
23. Cafes and take-out	2***	0.704***	-0.637***	2***	0.749***	-0.707***	5	7		
(to-go)										
24. Delivery	0***	1.127***	-1.474***	1***	1.024***	-1.856***	-10	38		
25. Other food products	3***	0.849***	0.357***	3***	0.761***	0.298***	-9	-6		

Values in gray indicate insignificance.

***Indicate 1% of significance levels.

TABLE 7 Rate of change in cross price elasticities from 2019 to 2020 (Model 2).

	Variables	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.	15.	16.	17.	18.	19.	20.	21.	22.	23.	24.	25.
1.	Rice, Grains & Cereals	-0.13	0.08	-0.01	0.10	0.07	0.02	-0.07	-0.03	0.01	0.04	-0.05	0.03	-0.01	0.01	0.01	0.00	-0.12	-0.06	-0.01	-0.01	-0.04	-0.04	-0.06	-0.01	0.02
2.	Lunchboxes	0.04	0.05	0.00	-0.02	0.03	0.01	0.04	-0.01	0.04	-0.02	-0.02	-0.04	-0.02	0.00	-0.01	0.00	0.03	0.05	-0.06	0.00	0.02	-0.06	-0.01	0.03	0.02
3.	Cooked Noodles	-0.01	-0.04	-0.22	0.05	-0.32	-0.14	-0.30	0.39	0.06	-0.09	-0.24	0.13	-0.01	0.00	0.00	-0.02	0.19	0.24	0.11	0.14	-0.14	0.03	0.01	-0.20	-0.06
4.	Fresh Noodles, Dried Noodles	0.10	-0.03	0.02	0.07	0.04	0.01	0.00	-0.08	0.00	0.11	-0.03	-0.03	0.00	-0.01	0.00	0.00	-0.13	-0.01	0.04	0.02	0.02	-0.04	0.04	0.05	-0.02
5.	Bread	0.03	0.03	-0.03	0.01	0.07	-0.04	0.07	-0.07	-0.01	-0.12	0.03	0.03	0.00	0.04	0.01	0.01	0.07	0.03	-0.02	0.01	0.03	-0.01	0.00	-0.02	-0.02
6.	Fresh vegetables and fruits	0.01	-0.01	-0.01	0.00	-0.03	-0.06	-0.04	-0.01	0.01	0.04	-0.01	0.02	0.02	-0.01	0.00	0.00	0.00	-0.09	0.03	0.00	0.01	-0.01	0.00	0.03	0.00
7.	Meat, ham, eggs	-0.02	0.02	-0.02	0.00	0.04	-0.04	-0.15	0.00	0.00	0.01	-0.01	-0.01	-0.01	-0.01	-0.01	0.01	-0.04	-0.04	0.01	0.04	-0.01	-0.03	-0.01	-0.01	0.01
8.	Seafood	-0.02	-0.03	0.06	-0.05	-0.12	-0.02	-0.02	-0.05	0.00	0.04	-0.01	0.03	0.04	0.02	0.02	0.00	-0.01	-0.07	0.06	-0.02	0.00	-0.08	0.06	0.03	0.03
9.	Tofu, natto, fish paste, pickles	0.01	0.06	0.02	0.00	-0.01	0.03	0.00	-0.01	-0.03	0.03	-0.02	0.08	0.02	-0.03	-0.01	-0.02	0.00	-0.05	0.02	0.01	-0.05	-0.04	-0.04	-0.01	-0.02
10.	Prepared foods and hot foods	0.02	-0.02	0.00	0.05	-0.12	0.06	0.00	0.03	0.01	-0.02	0.03	0.05	0.03	0.01	-0.02	-0.02	-0.03	0.02	0.00	0.02	-0.04	-0.01	-0.06	-0.02	0.02
11.	Dairy products	-0.03	-0.04	-0.05	-0.02	0.04	-0.04	-0.02	-0.01	-0.02	0.06	-0.04	-0.02	-0.05	0.05	-0.03	-0.02	-0.06	-0.03	0.00	-0.03	0.10	-0.05	0.11	0.04	0.08
12.	Frozen foods & ingredients	0.02	-0.09	0.03	-0.03	0.08	0.05	-0.02	0.04	0.08	0.09	-0.03	0.18	-0.02	0.00	0.01	0.01	-0.13	0.08	0.04	0.01	0.00	-0.12	0.07	0.03	-0.04
13.	Retort pouch/cooking ingredients	-0.01	-0.05	0.01	0.01	-0.01	0.08	-0.04	0.07	0.02	0.06	-0.07	-0.02	0.04	0.02	0.03	0.02	-0.01	-0.02	-0.02	0.01	-0.01	-0.04	0.02	0.00	0.01
14.	Seasonings & oils	0.01	0.00	0.00	-0.01	0.07	-0.04	-0.04	0.02	-0.03	0.03	0.06	0.00	0.01	-0.06	0.01	0.01	-0.08	-0.04	0.01	0.00	0.03	-0.03	-0.02	-0.01	-0.02
15.	Canned and dried foods	0.03	-0.04	0.00	0.00	0.03	-0.01	-0.07	0.05	-0.01	-0.04	-0.08	0.01	0.05	0.03	-0.02	0.01	-0.02	0.03	-0.01	0.02	-0.02	0.05	-0.02	0.01	-0.02
16.	Flour etc.	0.01	0.04	-0.06	-0.02	0.16	0.04	0.26	0.04	-0.15	-0.55	-0.27	0.09	0.22	0.06	0.06	-0.13	-0.22	0.04	0.04	0.03	0.19	0.07	-0.04	0.10	-0.02
17.	Sweets, desserts, ice cream	-0.02	0.01	0.01	-0.03	0.03	0.01	-0.03	0.00	0.00	-0.02	-0.01	-0.03	0.00	-0.02	0.00	0.00	-0.08	0.01	-0.01	-0.02	0.01	-0.05	0.06	0.00	-0.01
18.	Beverage (liquid)	-0.02	0.03	0.02	0.00	0.02	-0.08	-0.04	-0.02	-0.01	0.01	-0.01	0.03	0.00	-0.01	0.01	0.00	0.02	-0.07	-0.03	-0.02	-0.03	-0.02	0.04	0.00	0.04
19.	Alcoholic Beverages	0.00	-0.05	0.01	0.02	-0.02	0.04	0.02	0.04	0.01	0.00	0.00	0.02	-0.01	0.00	0.00	0.00	-0.02	-0.05	-0.03	-0.03	-0.01	-0.01	0.00	0.02	0.01
20.	Nutritional drinks and health foods	-0.01	0.02	0.04	0.02	0.03	0.01	0.15	-0.03	0.02	0.04	-0.04	0.01	0.01	0.00	0.01	0.00	-0.09	-0.08	-0.08	0.01	0.02	0.05	-0.08	-0.01	-0.01
21.	Tea leaves, powdered beverages	-0.06	0.05	-0.06	0.04	0.08	0.05	-0.07	0.01	-0.10	-0.13	0.20	0.01	-0.01	0.05	-0.01	0.03	0.04	-0.18	-0.05	0.02	0.11	-0.16	0.05	0.02	0.05
22.	Cafes and restaurants (in-store)	0.00	-0.02	0.00	0.00	0.01	0.02	0.01	-0.01	0.00	0.00	0.00	-0.01	0.00	0.00	0.01	0.00	0.00	-0.01	0.01	0.01	-0.01	0.03	-0.01	0.01	0.02
23.	Cafes and take-out (to-go)	-0.06	-0.04	0.01	0.01	-0.12	0.02	-0.08	0.12	-0.08	-0.20	0.15	0.10	-0.01	-0.02	0.00	0.00	0.24	0.13	0.01	-0.03	0.04	0.02	0.07	-0.04	-0.10
24.	Delivery	-0.10	0.27	-0.23	0.20	-0.29	0.51	-0.06	0.22	-0.08	-0.14	0.23	0.12	-0.05	-0.08	0.01	0.05	-0.04	-0.11	0.23	-0.06	0.08	0.15	-0.15	0.38	-0.32
25.	Other Food Products	0.01	0.02	-0.01	-0.02	-0.03	-0.01	0.01	0.02	-0.02	0.03	0.06	-0.03	0.00	-0.02	-0.01	0.00	-0.02	0.08	0.01	0.00	0.02	0.04	-0.05	-0.04	-0.06

Values indicate difference between 2019 and 2020; Values in bold red means that both values in 2019 and 2020 are significant; Blue (red) shaded area means that the change shifts toward substitute (complement), and darker shade shows the magnitude of the change is larger.

as an increasing number of people bake their homemade baked goods to share on their social networking services.

Our results also find that the decrease in in-store food consumption is the largest among 25 food items, which also reflects the domestic economic situation in Japan that restaurants and the pub industry most suffered from the decrease in consumption. Given this situation, the Ministry of Economy, Trade, and Industry (METI) budgeted a subsidy program for sustaining business and subsidized small and medium-sized enterprises up to 2 million yen. As a result, 4.2 million small (or mid)-sized enterprises received as much as 55 trillion yen in total (METI, Application and provision of a subsidy program for sustaining business (in Japanese), https:// www.meti.go.jp/covid-19/jizokuka-info.html, Accessed on 11 July 2022). Among the subsidy program, hotels and restaurants industry received 693 billion yen in total. Although this subsidy program mitigated the negative impact of COVID-19 on smallor mid-sized restaurants, the number of restaurants bankrupted increased by 6.6% and was the worst ever (Teikoku Data Bank, 2021, Statistics of Bankruptcy (in Japanese), https://www.tdb. co.jp/tosan/syukei/20nen.html, Accessed on 11 July 2022(. In addition, large-sized restaurants in Japan were not able to receive this subsidy and 14 main listed franchised restaurants and pubs reduced the number of their locations by 18.8% compared to before the pandemic (TSR, 2022, 14 major izakaya restaurants closed 1,356 stores compared to the pre-COVID period (in Japanese), https://www.tsr-net.co.jp/news/analysis/ 20220216_02.html, Accessed on 11 July 2022). Hence, in spite of the public subsidy, incurred economic losses in the in-store food and drink industry in Japan became profound.

Conclusion

This study analyzes how consumers responded to COVID-19 in the absence of legal regulation in Japan. This is the first study to look at comprehensive Japanese consumer food demand before and during COVID-19. Although the attitude and perception against COVID-19 vary across countries, similar results may apply to consumer behavior in countries where economic activity is relaxed owing to successful infection control. Home scan data used in this study are weighted toward the working-age group between the 30 and 50 s, compared to the official statistics. Since younger and elder age groups may be undervalued in this study, the result should be weighted toward the working-age group. To overcome this, a national household expenditure survey or equivalent official statistics is necessary to obtain more unbiased results for further study. The estimated elasticities in this study may also be underestimated by zero-consumption data. Although this study focuses on the difference between 2019 and 2020 and introduced zero-consumption dummies to treat this possible

bias, a possibility of underestimation of estimates still remains, which should be considered.

Data availability statement

The data analyzed in this study is subject to the following licenses/restrictions: The datasets are owned by a private firm and anyone can purchased the data from Macromill, Inc. Requests to access these datasets should be directed to https://group.macromill.com.

Author contributions

NI, YM, and HW: conceptualization, validation, investigation, writing—review and editing, and visualization. HW: methodology, software, formal analysis, writing-original draft preparation, supervision and project administration. MH: resources. NI and YM: data curation. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/ frsc.2022.920722/full#supplementary-material

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