



Integrating Mindsets and Toolsets at the Frontier of Systems Biology

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INTRODUCTION: MY PERSONAL JOURNEY TO THE FRONTIER OF SYSTEMS BIOLOGY

This manuscript is intended as a general discussion on the role and potential impact of systems biology in the broader context of biomedical research, as a brief meditation on my own journey in systems biology, and as a statement of purpose for our new journal. To me, these elements are all intertwined, since I fell into systems biology somewhat coincidentally during a time (the turn of the 21st century) when this discipline was truly new [at least in the way it was defined then (Ideker et al., 2001) and largely still now, as opposed to the fairly long history of mathematics applied to the study of biological systems (Edelstein-Keshet, 1988)].

As an introduction into the mission of Frontiers in Systems Biology, I think it is useful to recapitulate my own path into systems biology, since the concepts espoused in this journal's mission statement derive fairly directly from my own experiences; I believe that the same holds true for my Section Chief Editor colleagues. I obtained my Ph.D. in Immunology in 1993, but my life in biological research was not a foregone conclusion since I had an early interest in the application of mathematics to biology (the setting in which I understood the power of mathematics for the first time, in high school) as well as a concurrent interest in the application of computers to medical practice (having generated a medical practice software program in the mid-1980s to help my father run his surgical practice). My undergraduate, graduate, and postdoctoral research focused on biochemistry and immunology in diverse contexts (sepsis, cancer, neurodegenerative diseases), leading to the realization that diverse diseases seemed to be more alike than different with regard to the involvement of inflammation in their etiology or pathogenesis. This realization was influenced strongly by the generalist view of biology-and especially of inflammation-of my mentors (Nathan and Sporn, 1991; Nathan, 2002). Generalism and synthesis, however, were out of favor at that time, a culmination of multiple efforts at gaining insights into the molecular biology of disease at the cellular level that, unfortunately, resulted in a plethora of data from micro-focused studies but a dearth of true insight into how biology was wired (Mesarovic et al., 2004; Kirschner, 2005), with the consequence being insufficient clinical translation and other practical applications of this vast body of reductionist science (Ideker et al., 2001; An, 2014).

As luck would have it, I came to this realization after arriving at the University of Pittsburgh in 1999, shortly after which I was invited to collaborate on a quixotic project aimed at mathematical modeling of critical illness (Clermont et al., 2001; Kumar et al., 2001). *Via* this interdisciplinary collaboration, I learned the power of being able to express biology in the language of intertwined differential equations or programming rules, and the challenges inherent in interdisciplinary interactions to make this happen on a larger scale (Vodovotz et al., 2007). We (and others) helped define the theoretical dynamics of acute inflammation (An, 2001; Kumar et al., 2004), to apply these models for the design of *in silico* clinical trials (An, 2004; Clermont et al., 2004), to suggest the

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Vodovotz Y (2021) Integrating Mindsets and Toolsets at the Frontier of Systems Biology. Front. Syst. Biol. 1:745692. doi: 10.3389/fsysb.2021.745692 presence of a single set of mechanisms that drive inflammation induced by diverse stimuli (Chow et al., 2005), and to create the first individual-specific, mechanistic models of inflammation in humans (Li et al., 2008; Brown et al., 2015). In the process, I came to know true interdisciplinary research, and have lived through ~20 of the most fascinating, productive, engaging, fulfilling, frustrating, and at times terrifying years of my life.

This has culminated in my now taking on the role of Field Chief Editor of this journal. Frontiers in Systems Biology represents the unification, under one title, of multiple sections on systems biology previously listed under separate Frontiers journals. As I noted, this is a deeply personal journey for me. I am both tremendously grateful to have this opportunity and acutely aware of the need to push beyond the status quo. This is because despite major conceptual, methodological, and practical advances that have brought systems biology and related fields (e.g., bioinformatics) to the fore, many challenges remain if systems biology is to achieve the lofty goals envisioned by researchers (Ideker et al., 2001; Kitano, 2002; An, 2014; Levine, 2017), policymakers (Brüninghaus et al., 2015), and the public at large (Burke and Trinidad, 2011; Schleidgen et al., 2017). When viewed individually, these challenges may seem as disparate and specific to particular domains and/or constituencies. In contrast, I see these challenges as stemming from a fundamental lack of agreement on underlying principles, conceptual approaches, and ultimate use that have led to a state of fragmentation. As I outline below, the goal of this journal is to address this core challenge not to drive conflict among constituents or to pick favorites, but as an opportunity to improve systems biology as a discipline. After all, systems biology is about integrating the parts to discern the whole. You may concur or disagree; the editorial staff and I welcome your feedback.

Integration, A Grand Challenge for Systems Biology

Research in biology and biomedicine is tackling more complex questions than ever before, due to the seemingly intractable nature of the urgent questions affecting us all. The ongoing COVID-19 pandemic has brought this into sharp relief for scientists, policymakers, and the population at large. Addressing these requires integrated. issues an interdisciplinary approach, and yet much of research in the field of biology-systems biology included-remains entrenched in silos based on distinct disciplines and methods. Leading journals have taken steps to drive integration across fields by the very nature of the way they present their content (Nature Biotechnology, 2016).

Unfortunately, systems biology (much like the reductionist research that this discipline is rapidly supplanting) suffers from fragmentation. While the challenge in the early 2000s was to demonstrate the value of systems biology relative to reductionist approaches (Neugebauer et al., 2001; Ahn et al., 2006), the current challenge lies more at the interface of pure data-driven machine learning approaches vs. principles-based, mechanistic approaches (Azhar et al., 2013; Alber et al., 2019). Another area of fragmentation in systems biology, reflecting that seen in the broader context of biomedical research, involves the tension between gleaning basic insights vs. driving clinical translation or other practical applications to better human health and wellbeing (Vodovotz et al., 2008). The advent of "multi-omics" (Haas et al., 2017; Hasin et al., 2017) has highlighted the paradoxically siloed nature of individual omics approaches. Perhaps less obvious is the fragmentation inherent in systems biology research focused on a specific biological goal vs. methodologically driven work aimed at driving advances in modeling theory. Finally, there is currently no meaningful



interaction between the systems biology community and the systems engineering community and its rich tradition and toolset of systems thinking (Mesarovic et al., 2004).

THE NEW FRONTIER IN SYSTEMS BIOLOGY

Frontiers in Systems Biology is therefore dedicated to the concept of integration across disciplines, across modeling scales, across datasets, and across computational methodologies. Though this journal is still in its formative stages, we have structured *Frontiers in Systems Biology* into nine sections that should be viewed as integral parts of a whole (**Figure 1**), wherein discrete fields (evolution, genetics/genomics, neuroscience, immunology, and hopefully more to come) leverage a common set of methods (e.g., multiscale mechanistic modeling, integrative omics) in a manner that is, undergirded by a clear grounding in systems concepts and theory and with the ultimate goal of driving clinical and other practical advances to better the human condition in this increasingly complex and intertwined world. We hope you will join us in

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integrating mindsets and toolsets at *Frontiers in Systems Biology*, as we do our small part in helping this discipline to live up to the promise of integrating theory, experimentation, and practical application in an ethical and sustainable context.

AUTHOR CONTRIBUTIONS

YV is the sole author, having conceived, written, and edited this manuscript.

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Conflict of Interest: YV is also a co-founder of, and stakeholder in, Immunetrics, Inc. He holds several patents related to commercial applications of systems and computational biology.

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