



Public Health Policy Pillars for the Sustainable Elimination of Zoonotic Schistosomiasis

Eva Janoušková^{1*}, Jessica Clark^{2,3}, Olumayowa Kajero¹, Sergi Alonso^{2,3}, Poppy H. L. Lamberton^{2,3}, Martha Betson¹ and Joaquín M. Prada¹

¹ School of Veterinary Medicine, University of Surrey, Guildford, United Kingdom, ² Institute of Biodiversity, Animal Health and Comparative Medicine, University of Glasgow, Glasgow, United Kingdom, ³ Wellcome Centre for Integrative Parasitology, University of Glasgow, Glasgow, United Kingdom

OPEN ACCESS

Edited by:

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Reviewed by:

Rico Ancog, University of the Philippines Los Baños, Philippines James Truscott, Imperial College London, United Kingdom

*Correspondence: Eva Janoušková e.janouskova@surrey.ac.uk

Specialty section:

This article was submitted to Neglected Tropical Diseases, a section of the journal Frontiers in Tropical Diseases

Received: 30 November 2021 Accepted: 07 February 2022 Published: 16 March 2022

Citation:

Janoušková E, Clark J, Kajero O, Alonso S, Lamberton PHL, Betson M and Prada JM (2022) Public Health Policy Pillars for the Sustainable Elimination of Zoonotic Schistosomiasis. Front. Trop. Dis. 3:826501. doi: 10.3389/fitd.2022.826501 Schistosomiasis is a parasitic disease acquired through contact with contaminated freshwater. The definitive hosts are terrestrial mammals, including humans, with some Schistosoma species crossing the animal-human boundary through zoonotic transmission. An estimated 12 million people live at risk of zoonotic schistosomiasis caused by Schistosoma japonicum and Schistosoma mekongi, largely in the World Health Organization's Western Pacific Region and in Indonesia. Mathematical models have played a vital role in our understanding of the biology, transmission, and impact of intervention strategies, however, these have mostly focused on non-zoonotic Schistosoma species. Whilst these non-zoonotic-based models capture some aspects of zoonotic schistosomiasis transmission dynamics, the commonly-used frameworks are yet to adequately capture the complex epi-ecology of multi-host zoonotic transmission. However, overcoming these knowledge gaps goes beyond transmission dynamics modelling. To improve model utility and enhance zoonotic schistosomiasis control programmes, we highlight three pillars that we believe are vital to sustainable interventions at the implementation (community) and policy-level, and discuss the pillars in the context of a One-Health approach, recognising the interconnection between humans, animals and their shared environment. These pillars are: (1) human and animal epi-ecological understanding; (2) economic considerations (such as treatment costs and animal losses); and (3) sociological understanding, including inter- and intra-human and animal interactions. These pillars must be built on a strong foundation of trust, support and commitment of stakeholders and involved institutions.

Keywords: Schistosoma japonicum, Schistosoma mekongi, NTD, epidemiology, economics, sociology, mathematical modelling, zoonotic transmission

INTRODUCTION

Neglected Tropical Diseases (NTDs) predominantly affect communities in low- and middle-income countries and impose a significant human, economic and social burden, thus perpetuating a cycle of poverty. Schistosomiasis is caused by infection with parasitic worms of the genus Schistosoma. An estimated 240 million people are infected¹ and the disease is classified by the World Health Organization (WHO) as an NTD. The main Schistosoma species responsible for human disease are Schistosoma haematobium, causing urogenital disease, and S. mansoni, S. japonicum, and S. mekongi causing intestinal disease. They differ in geographical distribution and host species they infect. Schistosoma haematobium and S. mansoni mainly infect humans as the definitive host. Schistosoma japonicum (found in the Philippines, China and Indonesia), and S. mekongi (Cambodia and Laos) use human and non-human mammals as definitive hosts, driving zoonotic transmission. Over 12 million people are estimated at risk of zoonotic infection in Asia with three million requiring treatment. Though vital to transmission, the number of animals at risk is generally not reported² (1). The life-cycle of zoonotic schistosomes is maintained by human and animal contact with contaminated freshwater sources, where the intermediate hosts (speciesspecific freshwater snails) are present, and where the access to safe water and sanitation is limited (Figure 1). Infections can occur through recreational, habitual and employment activities of humans, and watering or grazing of animals. Human intestinal schistosomiasis symptoms range from abdominal pain, diarrhoea, blood in the stool, to liver and spleen enlargement, cancers and death (2). There is a dearth of data regarding the clinical impact of S. japonicum and S. mekongi in animals.

In January 2021, schistosomiasis was targeted for elimination as a public-health problem (EPHP) globally in the WHO's Road map for neglected tropical diseases 2021-2030 (3). This is achieved when the proportion of heavy intensity infections (over 400 eggs per gram of stool by Kato-Katz diagnostic) is reduced below 1% (3). The cornerstone of schistosomiasis control in endemic areas is preventive chemotherapy with the anthelmintic praziquantel. However, drug treatment alone is likely insufficient to reach elimination goals since only a few infected individuals can maintain the transmission cycle (4). Significant gains towards S. japonicum elimination have been achieved with integrated intervention approaches (including preventive and selective chemotherapy, mollusciciding, health-education, sanitation and environmental improvement) in countries such as China. Although transmission was interrupted in some provinces for over 10 years, other provinces remained endemic, and reemergence has recently been observed (1, 5-7). Progress towards elimination seems to be slowing, with transmission still ongoing in

many regions, and zoonotic schistosomiasis remains a publichealth problem, particularly in the Philippines (8).

Efforts have been largely concentrated on the more common non-zoonotic schistosomiasis. Data needs have been reviewed for various NTDs (9) and models have been successfully used to inform control strategies (10, 11). Nevertheless, zoonotic schistosomes pose a unique challenge to achieving EPHP as multiple definitive host species contribute to transmission dynamics (12). The complexity of zoonotic schistosomiasis must be captured by these models if they are to continue playing a major role in public-health policy. Data on animal reservoirs need to be collected along with data on humans to adequately calibrate the models. Historical and current modelling approaches to capture the dynamics of schistosomes and zoonotic transmission are reviewed elsewhere (8). Here we discuss the challenges of collecting and analysing data and developing models to inform control programmes, and how a One-Health approach, recognising the interconnection between people, animals, and their shared environment (13), can improve them. Our vision builds on three cross-cutting pillars that are vital to sustainable public-health policy: (1) understanding epidemiology; (2) economic considerations; and (3) accounting for sociological aspects. All pillars must stand on a strong foundation of trust and support, requiring involvement and commitment of stakeholders and other involved institutions (14). We illustrate the three pillars framework for building a sustainable control programme in the context of zoonotic schistosomiasis EPHP, where animal reservoirs' contribution to transmission accompanies all pillars. Nevertheless, this framework can be applied to improve public-health policy across diseases.

PILLAR I: EPIDEMIOLOGY

This first pillar encompasses our understanding of the disease in its geographical context, including environmental drivers, host heterogeneity, parasite interactions and intervention efficacy, derived from a combination of epidemiological data (parasitological, surveys, etc.) and analyses. Prior to data collection, mathematical modelling can inform on optimal study sample sizes, sampling frequencies, and target participant groups necessary to accurately estimate parameters (15). Next, in collaboration with stakeholders, optimal and accepted epidemiological and biological data collection can be undertaken (16-18). To complete the understanding of disease transmission dynamics and to predict impacts of interventions, mathematical models calibrated to, and informed by, available data provide quantitative evidence, capable of informing both clinical trials and the final implementation of large-scale interventions, thus making these critical aspects of disease control more ethical and effective in the long-term. Model parameters and assumptions are based on field data, guided by stakeholder knowledge, in turn determining model quality (9).

Mathematical models have informed intervention programmes and played a vital role in informing the WHO's

 ¹Who.int. 2021. Schistosomiasis. [online] Available at: https://www.who.int/news-room/fact-sheets/detail/schistosomiasis [Accessed 27 November 2021].
 ²Who.int. 2021. Preventive chemotherapy (PC) data portal [online] Available at: https://www.who.int/Global Health Observatory [Accessed 27 November 2021].



roadmap for NTDs 2021-2030 (11, 19). Model development and the coordination of necessary data collection should be conducted in consultation with stakeholders, who are ideally placed to understand and advise on local situations, expectations of modelled outputs, and optimal methods for data collection (14). Ensuring that modelling results are interpreted correctly, and that strengths and limitations of the models are recognised, requires communication at several structural levels. Introductory and follow-up meetings with institutions involved in policy decision-making, and discussions with stakeholders at community, district and national level (14) will result in the strongest interventions. Analyses focused exclusively on this first pillar can identify the most effective strategies to achieve a target health outcome and determine timelines for achieving them (20–23).

It is widely acknowledged that to provide relevant insights, data quantity and quality needs to be improved (24). Specific data needs for some NTDs, including schistosomiasis, are reviewed elsewhere (9). The need for community-wide data is recognised, in particular, age-infection intensity profiles from adults – hindered because most studies focus on school-aged children. Low sensitivity and questionable specificities of available diagnostic tools (e.g. Kato-Katz and antigen-based diagnostics) also pose a challenge to data quality (25, 26). This becomes a greater problem as infection intensities are reduced after decades of preventive chemotherapy, further reducing the proportion of infections detected when egg-based diagnostics are the norm. Regarding interventions, if not applied yet, the lack of data can be overcome by making suggestions either based on data from different locations, or based on current interventions and expertise assumptions from stakeholders increasing uncertainty of modelled results. Many infection and population characteristics which influence disease transmission, such as present prevalence, age-intensity distributions, community- and age-contact rates and transmission rates, vary spatially. Therefore, studies mapping the spatial distribution in endemic areas need to be performed (27-32). Furthermore, some biological aspects of infection and hosts cannot be, or are difficult to be, measured. For example, it is still not known what the dominant mechanism is behind age-intensity distribution - age-dependent water contact rate, acquired immunity, worm density dependence, concomitant immunity or (likely) some combination. These unknown aspects must be further explored (33-37).

Zoonotic transmission makes data collection and analyses more complicated. When human and animal data are collected independently, it becomes harder to consolidate and unify, hindering calibration and evaluation of multiple-host models. As highlighted by the WHO, providing centralised data access will facilitate understanding, expediting analyses and consequently the decision-making process (3). An example of this is the Pan-African Rabies Control Network, which established a platform for centralised rabies data collection and analysis, with an option for open data sharing (38, 39). We see opportunity in extending such a framework to other zoonotic diseases across a wider geographic area. Mapping the spatial distribution can help to identify locations and groups where efforts should be concentrated to prevent infection, improve interventions and increase coordinated communication across veterinary and human health teams (40).

In communities where zoonotic schistosomiasis is endemic, livestock can be a major asset, residing closely with owners. However, this also fosters an environment where domestic animals can be responsible for a considerable amount of transmission to humans (4, 41). Infection dynamics in these systems with multiple hosts differ significantly from single-host systems, and are more complex to model with greater data requirements. Transmission rates vary across definitive host species, which can be due to differing behaviour like water contact, driving diversity in exposure and contamination rates. Similarly, each definitive host species will have different epidemiological characteristics in terms of recovery, birth, and mortalityrates. Capturing definitive host heterogeneities in disease dynamic processes translates to more accurately predicting higher prevalences and intensities of infection (42, 43). Additionally, estimating the contribution of each definitive host species to parasite transmission is vital (13, 19).

The best combination of interventions is expected to vary spatially according to animal host species' densities. For example, in China, attention had initially been exclusively on bovines, because historically, most of the research was conducted in lake areas where bovines were ubiquitous (41, 44-46). It is known today that rodent species are the main animal hosts of S. japonicum in mountainous provinces, whilst bovines drive infection around the lakes (4, 47-49). To understand how to manage multi-host zoonotic systems, it is crucial to determine prevalence in animals and identify locationspecific dominant animal reservoirs (50). Quantifying each host's contribution to transmission enables identification of maintenance and essential hosts, and the predicted impacts of control strategies targeting these hosts (51-55). Human-only treatment for schistosomaisis is insufficient to achieve EPHP in some settings because transmission is maintained by untreated reservoirs. Alternatively, interventions focused on the main reservoir predict success in reducing transmission to humans (4, 46, 49). Other work has explored the possible impact of a range of animal- and environment-focused controls (46, 55, 56). Different modelling approaches for the dynamics of intestinal helminths, including schistosomes and zoonotic transmission are reviewed elsewhere (8).

PILLAR II: ECONOMICS

The second pillar accounts for the economic implications of, in this case, different interventions to achieve EPHP. Primarily, a centralised data collection and analysis platform similar to that described above could reduce costs, as similar data needs across NTDs facilitate cross-cutting data collection and treatment activities (9). Furthermore, for an effective intervention strategy to be feasible, it must be affordable to individuals, governments and/or donors in addition to biologically effective. This includes the generally high upfront start-up investment, as well as recurrent maintenance costs. A useful economic evaluation approach is costeffectiveness analysis, where costs and non-monetary health effects of different control interventions can be compared (57). Results are expressed as additional costs per unit of improved health outcome, such as reduction in transmission rate, prevalence/ incidence, or deaths (58). The communication of results to policy-makers is key, as sometimes the most effective intervention for reducing disease might not be cost-effective (14). Cost-effective analysis has already been used for numerous NTDs and can be integrated into detailed infection transmission models. In the context of zoonotic diseases such as S. japonicum and S. mekongi, it should be leveraged to explore the costs and effectiveness of animal-based and other combined interventions (59). The costs to be considered include expected resources used for implementing and eventually maintaining an intervention, including the net savings to patients and healthcare providers due to reducing the disease burden (57). Savings comprise out-ofpocket and health system expenses, travel costs of care-seeking and opportunity costs of ill health, such as reduced patient productivity or school and work attendance, which are unfortunately often overlooked. In zoonotic schistosomiasis, additional costs are incurred due to animal death or illness, which adds time and cost to replace animals, as well as reduced livestock productivity (60).

One challenge remains regarding the appropriate metric to use for health outcomes that is generalizable. Disabilityadjusted life-years (DALYs) are widely used to measure disease burden, with one DALY representing the loss of one life-year lived in optimal health, thereby translating both disease mortality (the years of life lost, YLL), and morbidity (the years lived with disability, YLD) into a single metric (61, 62). This enables comparison across studies, settings, and interventions targeting the same or different diseases (58). However, DALYs face some limitations, as they frequently disregard the infection-associated mental health burden or the need to adjust for co-morbidities. To estimate morbidity, DALYs rely on general estimates of disability weights - most of them estimated by an expert medical panel, instead of a preference-based valuation method, raising universality concerns (63). This leads to the health impacts of infection being underestimated. Lastly, DALYs are unsuitable when evaluating zoonotic diseases because they disregard effectiveness resulting from improving animals' and owners' quality of life and well-being due to averted animal morbidity/ mortality. Efforts have been made to quantify the zoonosis burden on humans and animals simultaneously - zoonosis disability-adjusted life-years (zDALYs) (64). These include an additional component called animal loss equivalents, which converts expected livestock production and local per capital income losses to the equivalent number of human YLD.

Nevertheless, this metric has been rarely used in costeffectiveness analyses of zoonotic diseases (65, 66), and only once for schistosomiasis (67).

Most economic evaluations of schistosomiasis interventions have focused on chemotherapy with praziquantel (68–70). The WHO NTD roadmap has highlighted the benefits, including financial, of cross-cutting interventions (3). However, the use of different effectiveness measures (i.e. health outcomes) for evaluation of new control interventions hampers comparison within and between NTDs (71, 72). Standardising the use of a common metric across economic analyses will enable costeffectiveness comparisons across multiple NTDs and beyond. Such metrics should be extendable, as appropriate to zoonotic diseases. Programmes that consider the first and second pillars together are more sustainable, as knowledge of the most effective interventions from an epidemiological perspective can be supplemented by evaluations of their economic impact and the time horizon for cost benefits.

PILLAR III: SOCIOLOGY

The third pillar acknowledges the impact of human behaviour on intervention outcomes. This is most commonly considered in the context of adherence, referring to how individuals interact with a given intervention. For example, when offered medication, whether a person will ingest it or not, in the context of animal treatment, whether an owner gives the drug to the animal - an important differentiation between treatment coverage and treatment compliance (36, 73). If enough individuals do not adhere to control measures, effectiveness at population levels can be lower than predicted. This can lead to failure in meeting targets like EPHP and/or increases in intervention costs, which could change the cost-effectiveness of the programme. Indeed, numerous studies across diseases (not just NTDs) suggest that it is not realistic to expect full compliance with any control measure (74-78). Intervention strategies can be better informed when models explicitly account for inconsistent adherers (36, 79).

Assessing the impact of novel interventions in a given location can be challenging when the social determinants of participation are unknown. The WHO has suggested that Water, Sanitation, and Hygiene (WaSH) methods should be incorporated into NTD control programmes (3). This will be crucial in the context of zoonotic schistosomiasis where efficacy of WaSH interventions can be strongly affected by noncompliance because very few individuals (human or animal) are required to maintain transmission. Modelling the impacts of WaSH interventions is not novel for non-NTDs (80-82) or NTDs (83). Existing studies focused on WaSH interventions to control schistosomiasis have been reviewed (84), and new studies have been performed (85) or are currently ongoing (86). Interventions that include participatory processes are more likely to be successful as people are more interested and perceive responsibility/ownership for the outcomes of the control programmes (3, 87, 88). Pre-intervention consultations with communities may help identify challenges in intervention design that can be addressed. For example, lack of clarity of ownership and maintenance obligations were reported as reasons to limit or halt usage of unmaintained boreholes (89). Quantification of preferences for different WaSH interventions can be obtained using discrete choice experiments (DCE) which enable the comparison of preferences for WaSH and healtheducation interventions, considering monetary and nonmonetary costs (90). Health-education interventions can help people understand the transmission cycle, including animal contribution, and increase their perception of the disease threat, thus improving the adherence to WaSH and other interventions (90). Interventions informed by DCEs in areas endemic for zoonotic schistosomiasis will need to include preferences for animal-related interventions. The outcome of a strategy built on these pillars will provide more robust, sustainable policy recommendations.

DISCUSSION

Sustainability has been discussed in many fields, and always encompasses three pillars, environmental, economic, and social. Here, we have linked these three pillars in the context of NTDs, for the purpose of informing sustainable global-health policy. This is of particular importance for zoonotic NTDs (e.g. schistosomiasis caused by S. japonicum and S. mekongi), where the interconnection between people, animals, and their shared environment should be recognised - emphasising the importance of a One-Health approach. For the first pillar, epidemiology, we focus on definitive host heterogeneity and quantifying their contribution to overall transmission, enabling us to inform optimal intervention strategies and timelines to programmatic targets. Epidemiological understanding will be strengthened through access to improved cross-disease data. The second pillar, economics, can inform interventions by accounting for costs to all stakeholders involved and the time horizon for cost benefits. Challenges remain in establishing a standardised metric for cost-effectiveness evaluation that is appropriate for zoonotic diseases. The third, and last, pillar, sociology, considers the impact of human behaviour - particularly adherence - on programmatic success. A strong foundation of stakeholder engagement and commitment is needed from scientists across disciplines, politicians, and public-health experts. Only by combining these three pillars and commitment of all involved, can the best strategies to achieve the desired target health outcomes be developed, whilst considering costs, that will be championed by relevant stakeholders approved by local communities. The modelling community may use these recommendations to make the model predictions more accurate, assisting decision-makers to design sustainable control programmes to reach the WHO's ambitious 2030 goal.

AUTHOR CONTRIBUTIONS

EJ and JP conceived the study. EJ, JC, and OK wrote the original draft. All authors critically reviewed and edited

the manuscript. JP provided overall supervision of the project.

FUNDING

This work was supported by the European Research Council (starting grant SCHISTO_PERSIST_680088 awarded to PL,

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supporting JC); Wellcome Trust (grant 204820/Z/16/Z awarded to PL, supporting JC); the Engineering and Physical Sciences Research Council (grant EP/T003618/1 to PL, JP, supporting EJ and SA.); the Drugs for Neglected Diseases Initiative (grant awarded to PL, supporting JC); the Medical Research Council (grant MR/ P025447/1 to PL, supporting JC) and the Newton Fund awarded through the Medical Research Council (MRC; grant number MR/ R025592/1 to MB, JP, supporting OK).

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