



# Ex vivo Platforms to Study the Primary and Recall Immune Responses to Intracellular Mycobacterial Pathogens and Peptide-Based Vaccines

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## OPEN ACCESS

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### Specialty section:

This article was submitted to  
Veterinary Infectious Diseases,  
a section of the journal  
Frontiers in Veterinary Science

**Received:** 17 February 2022

**Accepted:** 01 April 2022

**Published:** 03 May 2022

### Citation:

Davis WC, Mahmoud AH,  
Abdellrazeq GS, Elnaggar MM,  
Dahl JL, Hulubei V and Fry LM (2022)  
Ex vivo Platforms to Study the Primary  
and Recall Immune Responses to  
Intracellular Mycobacterial Pathogens  
and Peptide-Based Vaccines.  
Front. Vet. Sci. 9:878347.  
doi: 10.3389/fvets.2022.878347

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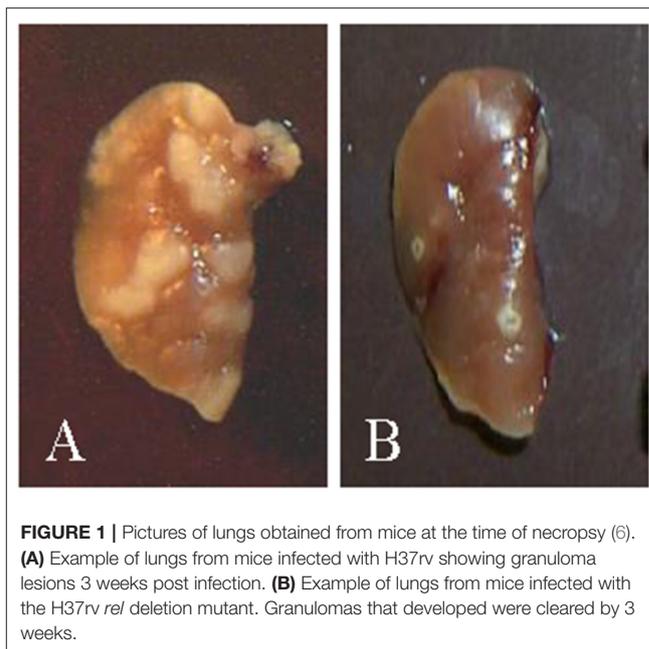
Progress in the study of the immune response to pathogens and candidate vaccines has been impeded by limitations in the methods to study the functional activity of T-cell subsets proliferating in response to antigens processed and presented by antigen presenting cells (APC). As described in this review, during our studies of the bovine immune response to a candidate peptide-based vaccine and candidate *rel* deletion mutants in *Mycobacterium avium paratuberculosis* (*Map*) and *Mycobacterium bovis* (BCG), we developed methods to study the primary and recall CD4 and CD8 T-cell responses using an *ex vivo* platform. An assay was developed to study intracellular killing of bacteria mediated by CD8 T cells using quantitative PCR to distinguish live bacteria from dead bacteria in a mixed population of live and dead bacteria. Through use of these assays, we were able to demonstrate vaccination with live *rel Map* and BCG deletion mutants and a *Map* peptide-based vaccine elicit development of CD8 cytotoxic T cells with the ability to kill intracellular bacteria using the perforin-granzyme B pathway. We also demonstrated tri-directional signaling between CD4 and CD8 T cells and antigen-primed APC is essential for eliciting CD8 cytotoxic T cells. Herein, we describe development of the assays and review progress made through their use in the study of the immune response to mycobacterial pathogens and candidate vaccines. The methods obviate some of the major difficulties encountered in characterizing the cell-mediated immune response to pathogens and development of attenuated and peptide-based vaccines.

**Keywords:** *Mycobacterium tuberculosis*, *Mycobacterium bovis*, *Mycobacterium avium* subspecies *paratuberculosis*, cellular immune response, intracellular pathogens, peptide vaccines

## INTRODUCTION

*Mycobacterium tuberculosis* (*Mtb*), *Mycobacterium bovis* (*Mbv*), and *Mycobacterium avium* subsp. *paratuberculosis* (*Map*) are members of a lineage of bacteria with a long evolutionary history (1). These bacteria cause tuberculosis in humans and livestock, and paratuberculosis in livestock, respectively. They are representative of multiple lineages of mycobacteria that cause disease in humans and other species. The genetic modifications associated with the adaptation to infect and persist in the vertebrate host were acquired during the evolution of the ancestral *Mycobacterium* that succeeded in establishing a persistent infection in a vertebrate host. When we initiated our studies with *Map*, little was known about the pathogenesis of disease caused by *Map*. Because of the long period of latency before appearance of clinical disease, it was thought there was an age-related difference in susceptibility to infection, and the possibility that exposure didn't always lead to infection. The similarity of paratuberculosis with human and bovine tuberculosis was not clear. Development of flow cytometry and monoclonal antibody reagents for use in cattle made it possible to use cattle as a model species to compare the immune response to *Map* and *Mbv* *ex vivo*. Initial studies revealed a CD4 and CD8 T-cell response occurs following immunization with either *Map* or *Mbv* (2–4). Exposure to *Map* led to infection of all animals, indicating there was no age-related susceptibility to infection. This observation demonstrated similarity of the immune response to *Map* and other mycobacterial pathogens and indicated comparative studies of the immune response to *Map* and *Mbv* could be conducted to determine whether both organisms utilize the same mechanisms to establish persistent infection.

Sequencing the genomes of *Mtb*, *Mbv*, and *Map* afforded opportunities to begin examining the role of specific gene products as virulence factors associated with modulating the immune response, allowing for establishment of a persistent infection. Studies of the stringent response (the ability of bacteria to survive in unfavorable environmental conditions) in *Mtb* in a mouse model provided a lead, suggesting a member of a highly conserved gene system, *rel*, might be involved (5). Comparative analysis of a *rel* deletion mutant in the H37Rv strain of *Mtb* with the wild-type form of H37Rv revealed deletion of the gene resulted in a loss of ability to establish a persistent infection. Pulmonary lesions resolved over time. Histological examination and culture of the lungs showed the bacteria were cleared (Figure 1) (6). At the time, inability of the bacteria to survive was hypothesized to be due to failure of regulatory pathways under control of *rel*, leading to nutrient starvation. The chronology of the infection suggested to us, however, that failure to survive could also be attributable to the development of an immune response that cleared infection of the mutant bacteria. It suggested to us that deletion of *rel* interrupted the mechanisms used by *Mtb* to dysregulate the immune response and establish a persistent infection. It also suggested the finding might be of universal importance if it could be demonstrated that deletion of the gene in another lineage of mycobacteria had the same effect.



**FIGURE 1** | Pictures of lungs obtained from mice at the time of necropsy (6). **(A)** Example of lungs from mice infected with H37rv showing granuloma lesions 3 weeks post infection. **(B)** Example of lungs from mice infected with the H37rv *rel* deletion mutant. Granulomas that developed were cleared by 3 weeks.

To explore this possibility, advantage was taken of improvement of methods to selectively delete genes of interest in *Mtb* (7). The method was optimized for use with slow growing bacteria and used to disrupt *rel* and two other virulence associated genes in *Map*, *PknG* and *Isr2* (8). *PknG* was selected for comparison to determine if disruption of other virulence-associated genes had the same effect on the capacity to establish a persistent infection (9). Studies were conducted with calves and young goats in different sets of experiments. Analysis of tissues at necropsy showed the presence of *Map* in tissues taken from calves and goats infected with *Map* using culture and PCR. In contrast, analysis of tissues obtained from calves and goats infected with the *Map rel* mutant showed that, as previously observed in mice infected with the *Mtb* H37Rv *rel* deletion mutant bacteria, the mutant bacteria were cleared, and the animals lacked histologic lesions. Comparative studies in calves showed deletion of *PknG* did not prevent establishment of infection (10).

## DEVELOPMENT OF EX VIVO PLATFORMS TO STUDY THE RECALL AND PRIMARY IMMUNE RESPONSES TO CANDIDATE VACCINES

The need to necropsy the animals to establish whether deletion of *rel* abrogated the capacity to survive *in vivo* limited opportunities to compare the immune response elicited by wild type *Map* with the immune response elicited by the *rel* mutant. Analysis was only conducted as part of the study with calves. Monoclonal antibodies (mAbs) were used with flow cytometry to characterize the immune response to *Map* and a *Map rel* deletion mutant *Map/rel* (Table 1). A tissue culture platform was developed

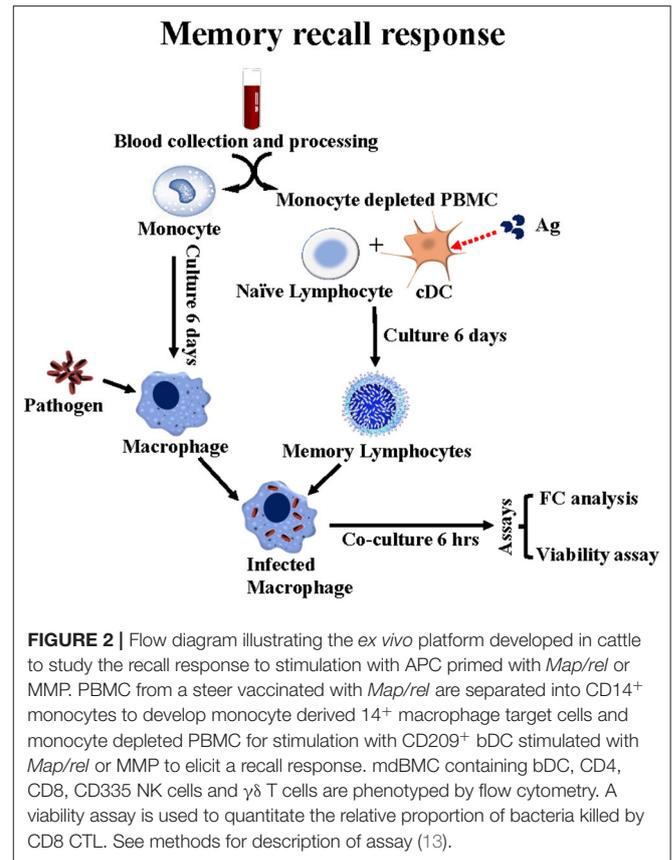
**TABLE 1** | mAbs used to study the immune response to mycobacterial pathogens.

mAb	Isotype	Specificity
H58A	IgG2a	MHC I
PT85A	IgG2a	MHC I
TH14B	IgG2a	MHC II HLA-DR orthologue
TH81A	IgG2a	MHC II HLA-DQ orthologue
IL-A11A	IgG2a	CD4
CACT138A	IgG1	CD4
7C2B	IgG2a	CD8
IL-A116A	IgG3	CD8
CACT116A	IgG1	CD25
LCTB2A	IgG3	CD25
GB21A	Igg2b	$\gamma\delta$ TCR $\delta$ chain specific
EC1.1	IgG1	CD335 NK cells
CAM36A	IgG1	CD14
DH59B	IgG1	CD172a
209MD26A	IgG2a	CD209

The mAbs were obtained from the WSU Monoclonal Antibody Center.

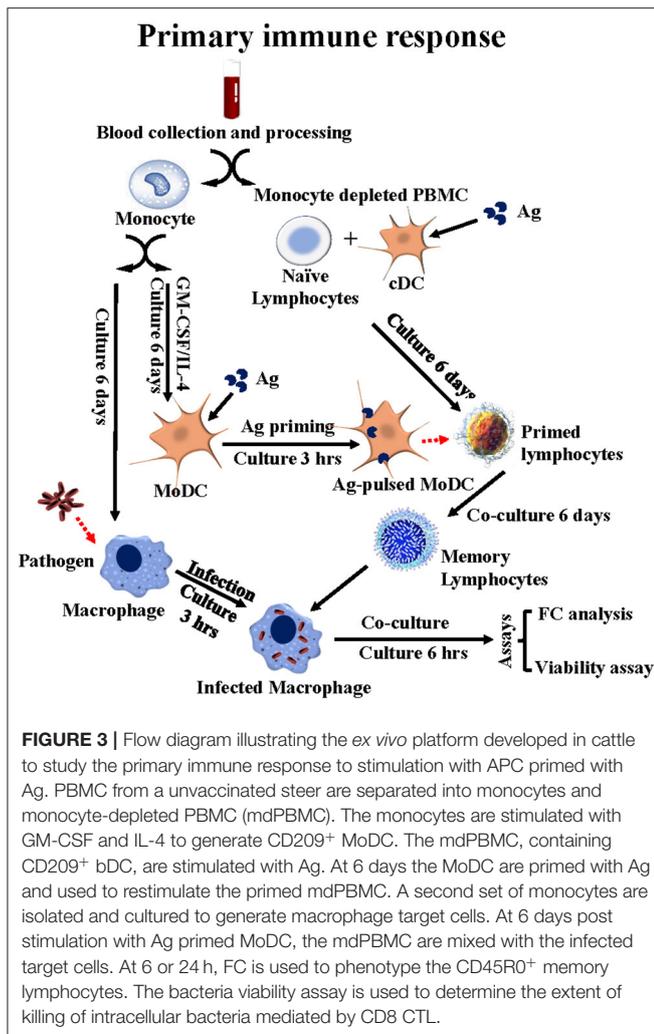
to examine the potential role of the cell-mediated immune response in preventing establishment of a persistent infection (Figure 2) (11). Development of a mAb to CD209, a molecule specifically expressed by dendritic cells (DC) in cattle, provided an opportunity to look at the recall response to *Map* antigens (Ag) processed and presented by three types of antigen presenting cells (APC): DC present in blood (bDC), monocyte-derived DC (MoDC), and monocyte-derived macrophages (MoM $\Phi$ ) (11). A consistent observation obtained with PBMC from a steer vaccinated with *Map/rel* was that direct stimulation of PBMC and PBMC depleted of monocytes (mdPBMC) with *Map/rel*, MoDC or MoM $\Phi$ , primed with *Map/rel*, elicited the same proliferative response in CD4 and CD8 CD45R0 positive memory T cells (11). Further studies were conducted to determine the target of the immune response. A 35 kDa major membrane protein (MMP) was selected as the first candidate to examine based on previous studies that demonstrated it plays a role in invasion of bovine epithelial cells (12). MMP elicited an identical recall response. A final set of experiments were conducted to determine if the recall response was MHC-restricted. Pre-incubation of MoDC and MoM $\Phi$  with mAb specific for MHC class I and class II molecules blocked the proliferative recall T-cell response, demonstrating that the response was MHC-restricted (11).

Results obtained with the *ex vivo* culture system suggested it might be possible to look at the primary response as well as the recall immune response *ex vivo*, and thereby characterize the functional activity of CD4 and CD8 T cells,  $\gamma\delta$  T cells and NK cells stimulated with Ag-primed APC. MMP was used to conduct these studies. Two rounds of stimulation were necessary to obtain enough cells for analysis. bDC in mdPBMC were used in the first round of stimulation and MoDC in the second round of stimulation (Figure 3). CD4 and CD8 T cells were the main cell types present in primary cultures of mdPBMC, consistent with results obtained in study of the recall response. Little or no proliferative response of  $\gamma\delta$  T cells or NK cells was evident in cultures of mdPBMC stimulated with *Map/rel*-primed APC (13).



## DEVELOPMENT OF AN ASSAY TO CHARACTERIZE THE FUNCTIONAL ACTIVITY OF ANTIGEN SPECIFIC CD4 AND CD8 T CELLS

Studies conducted with bacille Calmette-Guérin (BCG) in humans by Worku and Hoft (14) suggested an *ex vivo* assay could be developed to study the functional activity of CD4 and CD8 T cells proliferating in response to stimulation with *Map/rel*-primed APC. They used MoM $\Phi$  infected with BCG as targets, and tritiated uridine and the colony forming unit (CFU) assays to assess the effect of co-culture of PBMC from BCG-vaccinated humans on the intracellular growth of BCG. They used flow cytometry to monitor a change in size of lymphocytes using side vs. forward light scatter (SSC vs. FSC), associated with the proliferative response to stimulation with BCG and mycobacterial antigens (Ag). Cells were concurrently assessed using flow cytometry and anti-CD4, -CD8, - $\gamma\delta$  T cell antibodies to determine the identity and frequency of cell subsets proliferating in response to stimulation with MoM $\Phi$  primed with BCG or mycobacterial Ags. Their studies demonstrated PBMC from latently infected and vaccinated humans stimulated with BCG and Ag-primed MoM $\Phi$  inhibited growth of intracellular BCG. PBMC stimulated with irrelevant Ags enhanced intracellular survival. Similar studies were conducted more recently by Pooley et al. (15) using the



methods developed by Worku and Hoft to study the immune response to *Map* in sheep. In their studies, PBMC were collected and separated into mdPBMC and monocyte adherent cells. The mdPBMC were rested overnight. The monocyte adherent cells target cells were incubated with *Map* overnight and washed the next day prior to mixing with the mdPBMC. The mdPBMC were washed away. A rapid culture qPCR was used to assess killing (16). The assay showed there was a reduction in viable bacteria obtained from monocyte infected target cells mixed with mdPBMC from infected and vaccinated sheep.

The assays used to examine the effect of Ag-primed PBMC on survival of intracellular bacteria limited the ability of Worku and Hoft to determine the mechanisms used by Ag-specific T cells to inhibit the intracellular growth of bacteria. The method used by Pooley et al. also limited the ability to examine the mechanisms of killing. Concurrent studies by Kralik et al. (17) were focused on developing a more direct way to circumvent the limitations of the CFU assay. Through use of a membrane impermeable viability dye, propidium monoazide, in combination with a quantitative PCR, using a single copy *Map* specific gene (F57), they were able to

demonstrate live bacteria could be distinguished from dead bacteria in a mixed population of dead and live bacteria. We adapted the method for use in distinguishing live from dead bacteria obtained from MoMΦ target cells infected with *Map* (Figure 4) (13).

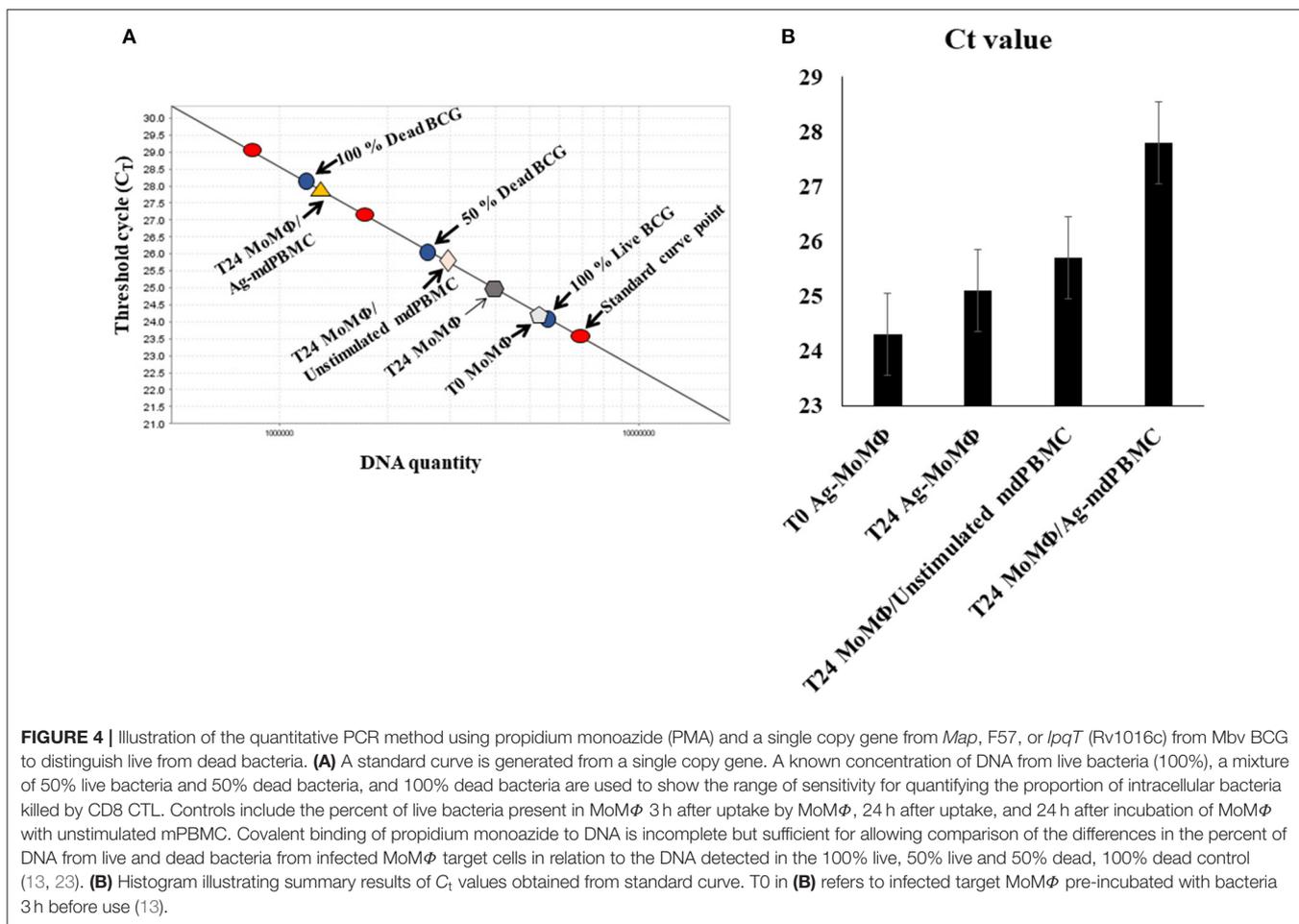
## FUNCTIONAL ACTIVITY OF CD4 AND CD8 T CELLS PROLIFERATING IN RESPONSE TO STIMULATION WITH MMP-PRIMED APC

Modification of the method developed by Kralik et al. demonstrated that bacteria could be isolated from MoMΦ target cells and processed to distinguish live from dead bacteria (17). This provided an opportunity to examine the functional activity of CD4 and CD8 T cells that develop in response to stimulation with MMP-primed APC. Use of the method revealed killing of intracellular bacteria could be detected within 6 h of mixing MMP-stimulated mdPBMC with *Map*-infected MoMΦ target cells. Reciprocal depletion studies demonstrated killing was mediated by CD8 T cells. Any killing activity associated with CD4 T cells was below the level of detection. Consistent with previous observations, little or no proliferative or CTL activity was detected in  $\gamma\delta$  T cells present in cultures of mdPBMC. The frequency of NK cells was invariably low, limiting opportunities to determine if they had any CTL activity.

The ability to examine the functional activity of CD8 T cells *ex vivo* also provided an opportunity to examine the mechanism used by CD8 T cells to kill intracellular bacteria. Concurrent studies by Dotiwala et al. (18) and Walch et al. (19) had reported intracellular killing is mediated through the perforin, Granzyme B, granulysin pathway. Flow cytometry was used to examine the phenotype of CD4 and CD8 stimulated with MMP-primed APC before and after mixing with infected target cells. Intracellular labeling demonstrated the presence of perforin in cytotoxic granules present in both CD4 and CD8 T cells in unstimulated lymphocytes. Use of a mAb that distinguished memory T cells from naïve T cells showed detectable perforin was present in equal proportion in naïve and memory T cells prior to mixing with infected target cells. There was no apparent increase in perforin in naïve and memory CD4 T cells following mixing with infected target cells. In contrast, there was a clear increase in perforin in naïve and memory CD8 T cells following mixing with infected target cells with almost all of the memory CD8 T cells containing perforin. Labeling to detect Granzyme B revealed approximately half the CD8 memory T cells expressed Granzyme B. A mAb specific for granulysin was not available at the time of the studies (13).

## BOTH BCG AND A BCG/REL DELETION MUTANT ELICIT DEVELOPMENT OF CD8 CTL

The *ex vivo* platform also provided an opportunity to examine the immune response to BCG and determine whether deletion



of *rel* might improve the efficacy of BCG as a vaccine. The use of BCG as a vaccine in humans has shown it is not fully effective (20). Extensive studies in cattle have shown it is not effective as a vaccine in its present form (21, 22). Efforts to increase its efficacy through further genetic modification has not been successful. Our studies suggested the reason for limited efficacy might be associated with BCG being able to establish a persistent infection (20). A *rel* deletion mutant was developed in BCG and used to compare the immune response of BCG/*rel* to BCG (23). No difference was detectable in the proliferative response of CD4 and CD8 T cells primed with BCG or BCG/*rel*. Intracellular killing was similar and dramatic. Infected target cells lost adherence to the surface of the culture plates within minutes following addition of CD8 CTL. Further analysis showed the perforin, Granzyme B, and granulysin pathway was used in killing (23). As observed with the studies of *Map*, development of CD8 CTL was MHC-restricted (23). The finding that BCG also elicits development of CD8 CTL was expected since vaccination with BCG does elicit an immune response that has some protective effect against *Mbv*. Further studies are needed to determine how the immune response to the *rel* deletion mutant differs from the immune response to BCG.

## TRI-DIRECTIONAL SIGNALING IS ESSENTIAL FOR ELICITING CD8 CYTOTOXIC T CELLS

Development of the *ex vivo* platform to study primary and recall T-cell responses provided an opportunity to investigate another issue impeding vaccine development progress, especially peptide-based vaccines. Extensive studies had shown CD4 T cells are essential for development of long-lived CD8 memory T cells. Detailing the signaling between CD4 T and CD8 T cells essential for eliciting development of CD8 CTL has been elusive [reviewed in (24)]. Model systems used to determine how and when T cell help is delivered to elicit development of CD8 CTL have not yielded definitive information. Studies with the *Map/rel* and *BCG/rel* mutants provided data showing CD4 T cells must be present in cultures with Ag-primed APC for development of CD8 CTL. The studies also demonstrated stimulation with Ag-primed APC is MHC-restricted. The complexity of the immune response to live bacteria, however, made it difficult to determine antigenic features required to elicit a CTL response and also, the necessary timing of signaling interactions between CD4 and CD8 T cells and Ag-primed APC for development of CTL. As in our studies with *Map/rel* and *BCG/rel* mutants, studies with



the vertebrate host accounts for the loss of ability to survive in the vertebrate host (5). Our studies show loss of ability to survive in the vertebrate host includes development of CD8 T cells with the ability to kill intracellular bacteria. These results may be of universal importance; suggesting *rel* is the Achilles' heel for multiple lineages of pathogenic bacteria. Further studies in other lineages of bacteria are clearly needed. A search of the literature yielded information on only one other group of investigators studying the effect of deleting *rel* in *Francisella novicida* (31). Similar to studies by Dahl et al. (6) demonstrated survival of the *rel* mutant in a mouse model was reduced. A challenge study conducted at the same time, with the mice immunized with the *rel* mutant, showed an immune response developed that reduced survival of wild type *F. novicida* used for challenge (31).

In summary, methods developed to study the immune response to mycobacterial pathogens overcome some of the challenges of studying the immune response to pathogens and the development of vaccines. Reagents are now available through the WSU Monoclonal Antibody Center and distributors that make it possible to use cattle as a model species for research. It is hoped

that sufficient detail has been provided to facilitate use of the methods by other investigators.

## AUTHOR CONTRIBUTIONS

WD developed the initial draft of the review. AM, GA, ME, VH, and LF participated in writing the final manuscript. All authors have read and agreed to the published version.

## FUNDING

The studies reviewed in this manuscript were supported in part by the National Institute of Food and Agriculture-Agriculture and Food Research Initiative Competitive Grant 2018-67015-28744 (WD). Mention of trade names, proprietary products, or specified equipment do not constitute a guarantee or warranty by the USDA and does not imply approval to the exclusion of other products that may be suitable. USDA is an Equal Opportunity Employer. This review was also supported in part by the WSUMAC: <http://vmp.vetmed.wsu.edu/resources/monoclonal-antibody-center>.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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