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An overview of fasciolosis in human and cattle populations in New Valley, Egypt

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Introduction: Fascioliasis, a significant global zoonotic disease caused by trematode parasites of the genus *Fasciola*, affects various livestock species.

Aim: This study aimed to identify demographic, epidemiological, clinical manifestations, pathological, and genetic characteristics in New Valley, Egypt's human, and cattle populations.

Methods: This study is made of two parts, the first part is a cohort study of 1000 cattle slaughtered at three abattoirs in El Kharja, El Dakhilah, and El Farafra from February 2023 to January 2024. A retrospective analysis of patients visiting El Kharja hospital with clinical symptoms and confirmed with coprological and radiological examinations.

Results: The study revealed a high prevalence in cattle (23%) and humans (3.6%). Enrolled human fascioliasis was diagnosed in 58.3% and 41.7% by coprological and radiological analysis, respectively. A 66.7% of enrolled cases were females, with a median age range of 37 ± 13 years old. Treatment outcomes demonstrated a response of 25%, 50%, and 25% to single, two, and three doses of the treatment, respectively. In cattle, infection rate was 20.0% in females compared to 24.9% in males with low prevalence in animals <1 year (12.7%) and high in animals >3 years (30.4%). Autumn had the highest prevalence (28.7%), whereas summer had the lowest prevalence (18.0%). A significant difference in the prevalence of fasciolasis was observed between human and animals. Morphological and histopathological analysis elucidated acute and chronic manifestations of hepatic fascioliasis with ectopic migration to cattle lung tissue. Genetic characterization of ectopic worm confirmed *Fasciola hepatica* infection, with genetic similarity to human isolates from Iran.

Discussion: The study highlights the importance of one health approach in understanding and managing fascioliasis.

KEYWORDS

Fasciola hepatica, retrospective, human, demographic, histopathology, genetic characterization

Introduction

Fascioliasis, a global food-borne zoonotic affliction caused by trematode parasites of the genus *Fasciola*, significantly impacts livestock, including humans and animals (1). The World Health Organization (WHO) has classified fasciolosis as a neglected tropical disease, and it is the most geographically distributed parasitic infection (2). Simultaneously, it emerges as a substantial zoonotic disease in South America, Egypt, Iran, and Vietnam,

with reports estimating global infections (3). Occurrence of fascioliasis is closely linked to freshwater mollusks of the genus *Lymnaea* spp., which serve as intermediate hosts for the liver fluke (4). Therefore, infection is acquired when animals ingest forage or water contaminated with *Fasciola* spp. metacercariae, the infective larval stage of the parasites (5). Humans can be infected by ingestion of contaminated vegetables, water, and occasionally through consumption of undercooked or raw liver products (6–8). Fascioliasis prevalence is influenced by a range of ecological factors, including the presence of the intermediate host *Lymnaeidae* snails; consequently, the prevalence of the disease exhibits significant variability worldwide (9). In both human and animal infections, the clinical signs of fasciolosis depend on the period of infection (either invasive/acute or chronic) and are related to the level of damage to the liver (3).

Fasciola infection leads to hepatic lesions, fibrosis, and chronic bile duct inflammation with many subclinical infections remaining (10). Ectopic or aberrant fasciolosis has been shown to occur when migrating immature flukes find their way to other organs, most commonly elsewhere in the gastrointestinal tract but also the abdominal wall, heart, lungs, and occasionally, the eyes or brain (11). The economic impact of *F. hepatica* infection in cattle and sheep is substantial, estimated at over 3 billion USD annually on a global scale including Egypt (6, 12). The economic losses were categorized as direct losses, which consist of drug costs, labor, and liver condemnation at abattoirs, and indirect losses associated with decreased productivity, such as reduced production, feed conversion efficiency, weight gain, and fertility (13).

Diagnosing Fasciola infection requires a multifaceted approach, incorporating various methods. These include coprological examination to identify Fasciola eggs in stool samples, alongside imaging techniques like abdominal ultrasonography or computed tomography (14). In animals, visceral inspection may also be employed, where the presence of worms in the liver serves as a diagnostic indicator (15, 16). Considering the complexity of Fasciola characterization through morphological examination, molecular approaches have been used to identify this parasite with higher accuracy (17).

The Internal transcribed spacer 1 (ITS1) region of the nuclear rDNA cluster in Fasciola species is a valuable tool for studying their molecular biology and evolutionary relationships (18). This region, which can be amplified and sequenced using universal primers, provides a high level of variation, making it useful for phylogenetic studies (19). Additionally, the ITS region has been used to genetically characterize Fasciola species, distinguishing between Fasciola hepatica and Fasciola gigantica (20). There are few studies on human and animal fascioliasis in the New Valley Governorate, Egypt. Recently, Hassan et al. (21) reported that the prevalence of fascioliasis was 0% in humans and 1.6% in animals based on coprological examinations. Moreover, sheep had a higher infection rate of 2.9% compared to cattle 1.3% with no significant association between infection and factors such as species, age, sex, locality, or time of infection (21). Moreover, Elshraway et al. (22) reported high prevalence rate of fasciolasis (30.88%) in cattle slaughtered in El-Kharga oasis, the New Valley Governorate, Egypt. The study aims to evaluate the prevalence rates and demographic profiles of humans and cattle affected by fascioliasis in New Valley Governorate, Egypt. Furthermore, evaluate the genetic similarities between human and cattle parasites. Data were collected over a 1-year period from infected cattle and human patients who had clinical symptoms and treatment outcomes. This research endeavors to contribute to the understanding of fascioliasis transmission dynamics, informs public health strategies by highlighting affected demographics, offers insights into disease manifestations from necropsy results, and inform public health interventions for effective control and prevention of the disease in the study area and beyond. On the other hand, establish connections between human and cattle infections, indicating zoonotic transmission.

Materials and methods

Ethical approval

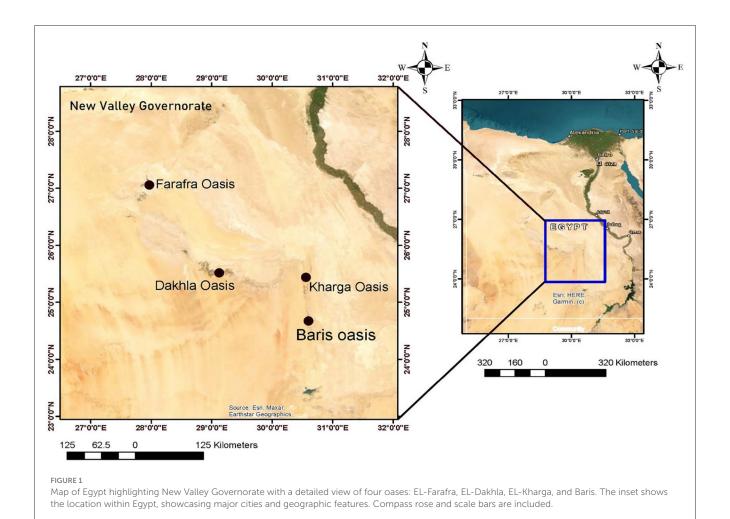
Animal data and sampling were conducted according to the guidelines of the OIE standards and university guidelines of the Committee of the Faculty of Veterinary Medicine, Assiut University, Egypt (approved number: 06/2024/0172). The study was conducted following the ARRIVE (Animals in Research: Reporting In Vivo Experiments) criteria (23). Retrospective patient data were guaranteed to remain confidential, while data sheets were coded with numbers to maintain anonymity and were conducted in accordance with the ethical guidelines of the Helsinki Declaration by the Medical New Valley Ethics Committie (Approval No. 20241230013), Faculty of Medicine, New Valley University, Egypt.

Study area

The New Valley Governorate is located in southwestern Egypt at approximately $24^{\circ}2/45.70$ "N latitude and $27^{\circ}9/44.91$ "E longitude (Figure 1). It has an arid climate and extensive desert and oasis terrain. It is the largest area in Egypt ($440.098~\rm km^2$) with the lowest population density (2 people per km²) and a poverty rate of 52.6%. It includes five cities: El Kharga, El Dakhla, Baris, Abo Monqar, Gharb Elmohoub, and El Farafra Oasis.

Data collection

Across sectional study consisted of two parts, the first part is a cohort study of cattle slaughtered at three abattoirs from February 2023 to January 2024. A total of 1,000 cattle were examined for fascioliasis, including 602, 222, and 176 in El Kharja, El Farafra, and El Dakhilah, respectively. The enrolled animals comprised 610 males and 390 females, spanning different age ranges including calves (>1 year), young (1-3 years), and adults (>3 years). Records of all fasciolosis cases that have been identified and confirmed (230 cases) through necropsy findings, meat inspection, and exclusion of cattle liver. Demographic data regarding sex, age range, and season of collection (Summer from June to August, Autumn from September to November, Winter from December to February, and Spring from March to May) (24) were considered. Necropsy records of concurrent infections, histopathology, parasitological findings, ectopic migration, and molecular identification of ectopic worms were assessed.



In the second part, based on our results of animal infection, we performed a retrospective cohort study on 334 patients visiting El Kharja Hospital with symptoms such as abdominal pain, jaundice, and fever. Records of coprological and radiological examinations were examined for final diagnosis. Demographic data were collected based on sex, age range, drug response, and follow-up coprological and radiological examination. The drug efficiency was evaluated based on routine diagnosis, egg clearance, according to the Ministry of health guidelines.

Postmortem examination and gross examination

The postmortem examination protocol began with a visual assessment of the outer carcass surface to identify any abnormalities. Subsequently, the abdominal cavity was opened to conduct a comprehensive inspection of internal organs, particularly focusing on the liver, lungs, and intestine. During the examination, a non-toothed forceps was used to collect any detected parasites. All inspection visits to the slaughterhouse were conducted under the supervision of a licensed veterinarian to ensure precise observations. Following the examination, the samples were collected, carefully stored, and transported to the

Laboratory of Parasitology, Faculty of Veterinary Medicine, New Valley University, Egypt for further detailed analysis.

Morphological analysis

A morphological analysis of the liver flukes was conducted using a light microscope. The specimens were stored in a refrigerator at 4° C until they reached a state of complete relaxation. Then, the flukes were fixed in 70% ethanol and stained in acetic acid alum carmine (25). The flukes were identified according to the key by Gibbons et al. (26).

Histopathological examination

The liver and lung specimens of the infected animals underwent histopathological analysis according to Abdel-Hakeem et al. (27). The specimens were fixed in 10% neutral buffered formalin, dehydrated in an ascending concentration of ethyl alcohol, and cleared in xylene for 24 h. The specimens were embedded in paraffin and sliced into 4–5 μm sections using a rotatory microtome. The sections were meticulously placed on glass slides and subjected to hematoxylin and eosin staining. The examination

was conducted using a light microscope (Olympus BX43F, Tokyo 163-0914, Japan), and the captured images were obtained through a camera (Olympus, EP50, Tokyo, Japan) at the Photomicrograph Lab of the Department of Parasitology, Faculty of Veterinary Medicine, Assiut University (28).

DNA extraction and PCR amplification

Genomic DNA was extracted from immature flukes present in the lung tissue using QIAamp DNA Mini Kits (Qiagen, USA) as per the manufacturer's guidelines. The ITS1 fragment was amplified through PCR (29), employing the forward primer 5'-TTGCGCTGATTACGTCCCTG-3' and reverse primer 5'-TTGGCTGCGCTCTTCATCGAC-3'. The PCR Master Mix was prepared with the Emerald Amp GT PCR Master Mix (Takara) Code No. RR310A following the manufacturer's instructions. The reaction was composed of 12.5 µl of the 2x premix, 5.5 µl of PCR-grade water, 1 µl each of the forward and reverse primers (20 pmol each), and 5 µl of template DNA (measured at 50 $ng/\mu L$), resulting in a total reaction volume of 25 μl . For amplifying the target gene, the temperature and time parameters comprised an initial denaturation at 95°C for 5 min, followed by secondary denaturation at 94°C for 30 s, annealing at 53°C for 40 s, and extension at 72°C for 45 s. This cycling process was repeated for 35 cycles, with a final extension step at 72°C for 10 min. Following the preparation of the reaction mixture with a total volume of 25 μl, each sample underwent separation on a 1.5% agarose gel using electrophoresis. The PCR products were visualized and captured using a UV radiation detector to confirm successful amplification (30).

Purification of PCR products

The PCR products were purified using the QIAquick PCR Product Extraction Kit (Qiagen Inc., Valencia CA). The purification involved the PCR sample and Buffer BP1 with a volume of 1:5, applying the mixture to a QIAquick spin column, washing with buffer PE, and eluting the purified DNA using Buffer EB or water. This purification process typically took around 10 min and resulted in the production of purified PCR products suitable for subsequent applications (25).

Sequence and phylogenetic analysis

The positive PCR clones were selected for sequencing. The purified PCR products were subjected to sequencing in both the forward and reverse directions using an automated DNA sequencer from Applied Biosystems (ABI, 3130, USA). The sequencing reactions were performed using the BigDye Terminator v3.1 Cycle Sequencing Kit from PerkinElmer/Applied Biosystems, Foster City, CA. Upon successful sequencing, the obtained sequences were compared to existing sequences available in GenBank using the NCBI BLAST program. Phylogenetic analysis was performed using the CLUSTAL W multiple sequence alignment program (version

2.1 of the MegAlign module) (31). The evolutionary relationship among *ITS1*-rDNA genes was further elucidated by constructing phylogenetic trees employing both the maximum likelihood (ML) method and the neighbor-joining distance method in MEGA11, with a confidence level of 1,000 bootstrap replicates (32). Finally, the evolutionary relationships and genetic similarities/differences between our sample and various populations were visualized using Interactive Tree of Life (ITOL) v6.6 (33).

Data analysis

The gathered data was meticulously entered into a spreadsheet in Microsoft Excel 2010 and then analyzed using Statistical Package for the Social Sciences (SPSS, version 20) for Windows 10 (34). Descriptive statistics, frequencies, and percentages for categorial variables were used to determine the prevalence of Fasciola hepatica infection. Prevalence rates and 95% confidence intervals (CIs) were calculated using the Wilson score method. Chi-square tests were performed to determine associations between infection rates in each variable (gender, age, season, and abattoir). Univariate binary logistic analysis was conducted to estimate the odds ratios (OR) with 95% confidence intervals (CI) with infection as the binary outcome. Reference groups were chosen based on the lowest infection rates and used to estimated odds ratios for each variable. A multivariate binary logistic regression analysis was performed using backward step-wise selection method, starting with all variables (gender, age, season, and abattoir). The nonsignificant variables (P > 0.05) were excluded, and only significant variables (P < 0.05) remained. The same reference groups as in the univariate analysis were maintained. Model fit was evaluated using the Hosmer-Lemeshow goodness-of-fit Test and Negelkerke R². P-value of less than 0.05 was indicative of statistical significance.

Results

Data of enrolled humans and cattle

As shown in Table 1, a total of 12 (3.6%) human patients were positively diagnosed to fascioliasis and included in the study, with 7 (58.3%) diagnosed through coprological analysis, whereas radiological diagnosis was done in 6 (41.7%). The enrolled cases showed significant differences between the infection and gender. They included 8 females (66.7%) and 4 (33.3%) males with a median age of 37 ± 13 years and a range between 15 and 65 years. According to the protocol of the Egyptian Ministry of Health and Population, a single dose of triclabendazole (10 mg/kg) was used in the treatment of human fascioliasis. In this study, the response was reported in 3 patients (25%) to a single dose, 6 patients (50%) to two doses, and 3 (25%) to three doses of the treatment (Table 1).

A total of 1,000 cattle were examined for fascioliasis across three abattoirs (El-Khargah, El-Dakhla, El-Farfra) in Egypt were included in this study. Of these, 610 (61%) were male, and 390 (39%) were female. Age distribution included 229 (22.9%) animals <1 year, 524 (52.4%) aged 1–3 years, and 247 (24.7%) >3 years. Samples were collected across seasons: autumn (230, 23%), winter (226, 22.6%), spring (227, 22.7%), and summer (317,

31.7%). By abattoir, 602 (60.2%) animals were from El-Khargah, 176 (17.6%) from El-Dakhla, and 222 (22.2%) from El-Farfra. Fecal samples were examined using copro-microscopy to detect Fasciola spp. eggs. Necropsy examination revealed acute fascioliasis in 160 (69.6%) cases, chronic fascioliasis in 70 (30.4%) cases, and ectopic lung migration in 8 (3.5%) cases. Additionally, concurrent parasite infection was observed, with 24 (10.4%) cattle infected with *Paramphistomum* spp., 125 (45.3%) with *Moniezia* spp., and 9 (3.9%) with *Avitellina* spp. Furthermore, parasitic nodules were found due to *Oesophagostomum* spp. infection in 72 (31.3%) cattle.

Overall, 230 were confirmed with *F. hepatica* infection, with a prevalence of 23% (95% CI: 20.5–25.7%). As shown in Table 2 and Figure 2, infection rate varied by gender, age, season, and

TABLE 1 Demographic data of human patients diagnosed with fasciolasis.

Variables	No. 12	%	Chi-square (χ^2)	<i>P-</i> value	
Gender					
Male	4	33.3%	12.190	0.001	
Female	8	66.7%	(df = 1)		
Age					
15-30 years	3	25%	0.163	0.922	
31-42 years	5	41.7%	(df = 2)		
43-65 years	4	33.3%			
Drug response					
One dose	3	25%	2.788	0.248	
Two doses	6	50%	(df = 2)		
Three doses	3	25%			
Diagnosis					
Coprological	7	58.3%	6.370	0.012	
Radiological	5	41.7%	(df = 1)		

abattoir. Among females, 78 of 390 were infected (20.0%, 95% CI: 16.3–24.3%), compared to 152 of 610 males (24.9%, 95% CI: 21.7–28.4%). By age, prevalence was lowest in animals <1 year (12.7%, 95% CI: 8.9–17.7%, 29/229), followed by 1–3 years (24.0%, 95% CI: 20.6–27.9%, 126/524), and highest in animals >3 years (30.4%, 95% CI: 24.9–36.5%, 75/247). Seasonally, autumn had the highest prevalence (28.7%, 95% CI: 23.2–34.9%, 66/230), followed by winter (24.8%, 95% CI: 19.6–30.8%, 56/226), spring (22.5%, 95% CI: 17.6–28.3%, 51/227), and summer (18.0%, 95% CI: 14.2–22.5%, 57/317). By abattoir, El-Khargah had the highest prevalence (24.8%, 95% CI: 21.6–28.3%, 149/602), followed by El-Farfra (26.1%, 95% CI: 20.8–32.3%, 58/222), and El-Dakhla (13.1%, 95% CI: 8.9–18.7%, 23/176).

Univariate analysis using Chi-square tests identified significant associations between Fasciola hepatica infection and age (P < 0.001), season (P = 0.027), and abattoir (P = 0.002), with a marginal association for gender (P = 0.071) (Table 2). The univariate logistic regression results (Table 2) showed that animals aged 1-3 years had 2.17 times higher odds of infection compared to those <1 year (95% CI: 1.37-3.44, P = 0.001), and those >3years had 2.98 times higher odds (95% CI: 1.82–4.86, P < 0.001). However, Autumn season had 1.83 times higher odds of infection compared to Summer (95% CI: 1.20-2.82, P = 0.024), whereas Spring (OR = 1.32, 95% CI: 0.86-2.03, P = 0.199) and Winter (OR = 1.50, 95% CI: 0.97-2.32, P = 0.064) showed no significant associations. Compared to El-Dakhla, animals at El-Khargah had 2.19 times higher odds of infection (95% CI: 1.34-3.57, P =0.002), and those at El-Farfra had 2.35 times higher odds (95% CI: 1.39-4.00, P=0.002). Gender and Season showed no significant associations in univariate analysis (P > 0.05).

In the multivariable logistic regression analysis (Table 3), a binary logistic regression analysis was performed with the infection status as the dependent to gender, age, season, and abattoir as predicted variables. The final model indicated age and abattoir, as significant variables. Animals aged 1–3 years had 2.10 times higher odds of infection compared to those <1 year (95% CI: 1.32-3.36, P=0.002), and those >3 years had 2.80 times higher

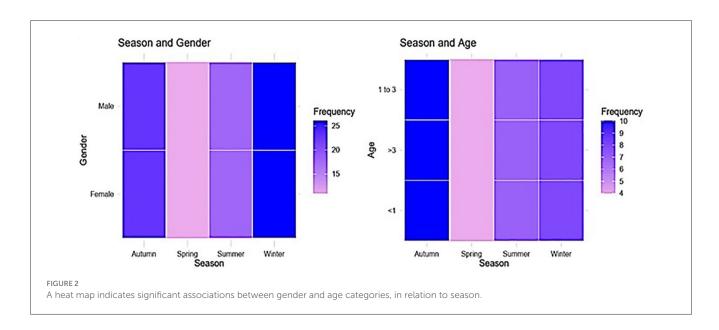


TABLE 2 The univariable analysis of the Fasciola hepatica infection in the cattle (n = 1,000) sampled from 3 different abattoirs of New Valley, Egypt.

Variable	Category	Prevalence (%)	OR (95% CI)	Wald <i>P</i> value	Correlation
Gender	Female	20.0%	Ref*	-	0.71
	Male	24.9%	1.328 (0.96–1.831)	0.086	
Age	<1 year	12.7%	Ref*	-	
	1 to 3 year	24.0%	2.172 (1.372–3.436)	0.001	0.000
	>3 year	30.4%	2.977 (1.822-4.863)	< 0.001	
Season	Summer	18 %	Ref*	-	
	Spring	22.5%	1.323 (0.862-2.033)	0.199	0.027
	Autumn	28.7%	1.834 (1.195–2.815)	0.024	
	Winter	24.8%	1.503 (0.974-2.319)	0.064	
Abattoir	El-Dakhla	13.1%	Ref*	-	
	El-Khargah	24.8%	2.187 (1.341–3.566)	0.002	0.002
	El-Farfra	26.1%	2.353 (1.385–3.998)	0.002	

OR, odds ratio; CI, Confidence Interval. Statistically significance P-value < 0.05. Correlation P-value derived from Chi-square tests. * is the reference group.

TABLE 3 Binary logistic regression of the Fasciola hepatica infection in the cattle (n=1,000) sampled from 3 different abattoirs of New Valley, Egypt.

Variable	Comparison	OR (95% CI)	Wald <i>P</i> value
Age			
<1 year	Ref*	1.00	-
1 to 3 year	1–3 years vs. <1 year	2.103 (1.317–3.360)	0.002
>3 year	>3 years vs. <1 year	2.803 (1.697-4.630)	<0.001
Abattoir			
El-Dakhla	Ref*	1.00	_
El-Khargah	El-Khargah vs. El-Dakhla	2.073 (1.260-3.412)	0.004
El-Farfra	El-Farfra vs. El-Dakhla	2.174 (1.268-3.727)	0.005

OR, odds ratio; CI, Confidence Interval. Statistically significance P-value <0.05. Model fit indicators: Hosmer-Leme show test: $\chi^2=7.82$, df = 8, P= 0.451; Nagelkerke R² = 0.126. * is the reference group.

TABLE 4 Comparison of infection rates between humans and cattle population.

Species	Infected (%)	Odds ratio (95% CI)	χ²	<i>P-</i> value
Humans	12 (5.2)	Ref* (1.00)	37.67	< 0.001
Cattle	230 (23)	5.45 (2.99 – 9.93)		

 $\ensuremath{\mathrm{X}^2}$, Chi-square. Statistically significance P-value <0.05. * is the reference group.

odds (95% CI: 1.70–4.63, P < 0.001). Compared to El-Dakhla, animals at El-Khargah had 2.07 times higher odds (95% CI: 1.26–3.41, P = 0.004), and those at El-Farfra had 2.17 times higher odds (95% CI: 1.27–3.73, P = 0.005). However, gender and season were excluded due to nonsignificant contributions in

the multivariate model. The final model fit using the Hosmer-Lemeshow goodness-of-fit Test showed a chi-square value of 7.82 (P=0.451), indicating a good fit. Furthermore, the Negelkerke R^2 was 0.126, suggesting that the model explains 12.6% of the variance in infection status.

A significant difference (P < 0.001) in the prevalence of fasciolasis was observed between human and animals (Table 4).

Morphometric analysis of the retrieved specimens

Coprological examinations of human patients exhibited the diagnostic operculated, yellowish-colored egg of fasciola (Figure 3a). In the postmortem examination of cattle, the retrieved *Fasciola* flukes exhibited an elongated body with a total length $20 \text{ mm} \pm 5$, a distinct reddish-brown color, presenting a smooth and shiny surface (Figure 3b). The microscopic examination showed a prominent cephalic cone with a conspicuous oral sucker (Figure 3c), complemented with a larger ventral sucker positioned toward the middle, uterus, and vitelline gland (Figure 3d).

Pathological lesions

Liver

Grossly, two distinct manifestations of hepatic fascioliasis, acute and chronic, were observed (Figure 4). Macroscopic analysis of acute fascioliasis revealed notable features such as enlargement, firmness, congestion, and spontaneous bleeding from the incised surface (Figures 4a, b). Chronic fascioliasis showed smaller liver sizes, firm consistency, and the presence of a corrugated capsule (Figure 4d). Black minute granules were also observed, indicative of hematoporphyrin pigment with a palpable gritty sensation in the bile ducts, and calcified bile duct wall. Mature liver flukes were

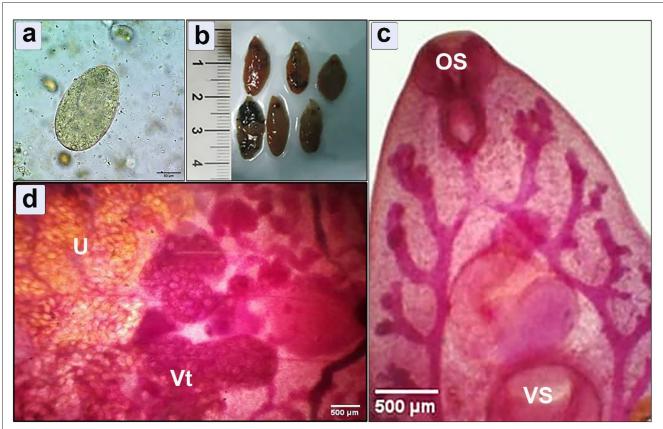


FIGURE 3
Morphometric examination of the collected specimens showing (a) Fasciola spp. egg retrieved from human infected feces (bar = $50 \,\mu m$); (b)
Macroscopic examination of flukes isolated from hepatic parenchyma of the infected cattle; (c, d) Microscopic examination shows cephalic cone, oral sucker (OS), ventral sucker (VS), uterus (U), and vitelline gland (Vt) (bar = $500 \,\mu m$).

occasionally observed within the lumens of thickened bile ducts (Figures 4b, c).

Microscopically, the hepatocyte showed degeneration, coagulative necrosis, and subsequent destruction (Figure 5a). This involved the development of a migratory tract due to the parasite's traversal through hepatic tissues (Figure 5b). Severe dilation and congestion of the blood vessels including central veins, portal veins, and even small blood capillaries were observed. The portal area showed endothelial hyperplasia of the portal vessel, perivascular, and periductal fibrosis with forming new bile ducts (Figure 5c). Extensive infiltration of mononuclear cells, eosinophils, fibroblasts, and giant cells (Figure 5d).

Chronic cholangitis, severe bridged fibrosis, periductal fibrosis, and dystrophic calcification, thickened calcified bile duct wall, and the development of multilobular cirrhosis were observed in chronic fasciolosis (Figures 6a, b).

Ectopic migration

Ectopic migration in the lung was observed in 8 positive cases (3.5%) in which the pulmonary tissue showed a firm texture with a limited number of encapsulated immature flukes (Figure 7a). The encapsulation process was evident. The consolidated lobules had a moist texture. Notably, small airways within the tissue exhibited signs of leakage, characterized by purulent exudate (Figure 7b).

Histopathological examination revealed profound pathological alterations intricately linked to the parasite's presence. An immature fluke was observed within the lung tissue, encapsulated by connective tissue (Figure 8a). Concurrently, parasitic activity induced extensive necrosis, hemorrhage, and hemosiderosis in the alveoli (Figure 8b). In One case the flukes were not morphologically distinguishable and further molecular studies were needed.

Genetic characterization for Fasciola species in the pulmonary tissue

The amplification of the *ITS1* gene from Fasciola DNA revealed a distinct band at 680 bp under UV light on a 1.5% agarose gel (Figure 9). Subsequent sequencing of the amplified gene and Blasting in NCBI showed a high identity of 98–100% with *Fasciola hepatica* (Figure 9), which was deposited in GenBank (accession number: PP229208).

Phylogenetic analysis

The phylogenetic relationship of the ITS1 nucleotide sequences from our isolate and 16 reference strains of *Fasciola* species, including *Fasciola hepatica*, *Fasciola gigantica*, and *Fasciola nyanzae*, with *Fascioloides magna* as the outgroup, is shown in Figure 9. *F. hepatica* clusters with our isolate (PP229208.1), supported by high bootstrap values (99 and 94%), highlighting their

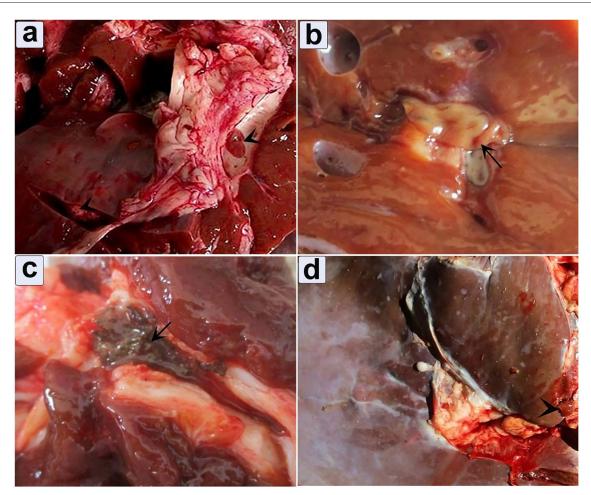


FIGURE 4
Gross appearance of infected liver illustrates the pathological impact of fascioliasis. (a) Fasciola worms within the bile duct, accompanied by extensive bleeding from the cut surface (arrowhead); (b) An infected liver exhibits an adult Fasciola species adult worm (arrow); (c) Hematoporphyrin pigment was observed in the bile duct (arrow); (d) Depicting engorgement of the bile duct.

genetic similarity. In contrast, *F. gigantica* is clearly separated, with a bootstrap value of 91%, indicating divergence from *F. hepatica*. *F. nyanzae* forms a distinct clade, reflecting its unique evolutionary lineage, while *F. magna* is positioned on a separate branch, reinforcing its taxonomic distinction from the *Fasciola* species.

Genetic affinity of F. hepatica isolate

A comparative analysis between \sim 19 reference samples obtained from Egypt and other countries was conducted (Figure 10). There was a remarkable genetic similarity between the present F. hepatica isolate and the specimens previously isolated from cattle in Egypt, as well as from humans in Iran. This finding underscores the potential interconnectedness of Fasciola transmission between different host species and geographical regions.

Discussion

The present study aimed to identify demographic, epidemiological, clinical manifestations, pathological, and

genetic characteristics in both human and cattle populations diagnosed with fascioliasis in New Valley Governorate, Upper Egypt. In this area, factors such as water contamination with snails, poor management practices, and inadequate sanitary hygiene significantly contribute to the increase in fasciolosis infections among humans and animals. Although climatic conditions, temperature and humidity are important for the transmission and life cycle of *Fasciola* spp., with egg hatching inhibited below 10°C and optimal between 20 and 30°C, higher temperatures accelerate miracidia hatching and cercarial shedding in snails. Metacercarial viability decreases at elevated temperatures but is extended by higher humidity, while snail growth rates peak at 25 °C (35). The region's topography and climatic changes create conditions that further support the life cycle of *Fasciola*.

In the human population, our findings revealed that 58.3% (7/12) and 41.7% (5/12) were positively diagnosed through coprological analysis and radiological examination, respectively. Globally, Lan et al. (36) reported that the pooled human fasciolasis was 5%. Recent research demonstrated a high prevalence of fascioliasis infection, with $\sim 20.4\%$ of patients being affected, highlighting the significant public health concern posed by this parasite (37). Our findings align with a retrospective

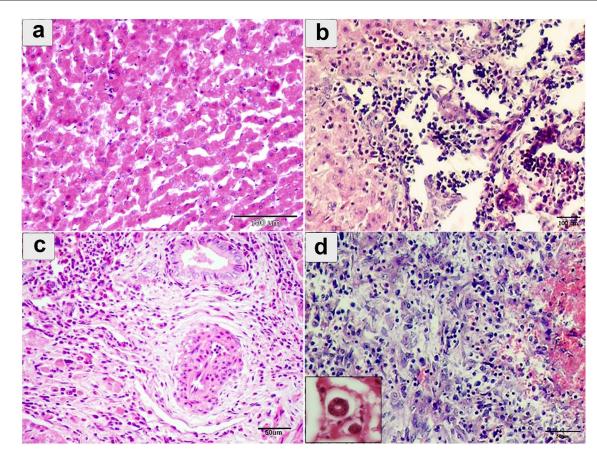


FIGURE 5
Histopathological examination of cattle-infected liver showing (a) coagulative necrosis of hepatic cells with destructed hepatocytes intermixed with eosinophilic infiltration; (b) hepatic sinusoids, fresh hemorrhage, Lymphohistiocytic infiltration, and cell necrosis; (c) Portal area showing endothelial hyperplasia of portal vessel, perivascular, and periductal fibrosis; (d) severe eosinophilic and lymphocytic cellular infiltration in the portal area. Giant cells were noted in small box. Staining: hematoxylin and Eosin.

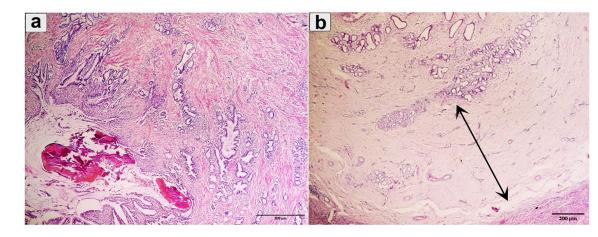


FIGURE 6
Histopathological examination of cattle-infected liver showing (a) Chronic cholangitis and bile duct hyperplasia was observed with multilobular cirrhosis and calcified parasite; (b) Bile duct hyperplasia with desquamation was observed (double arrow). Staining: hematoxylin and Eosin.

study conducted in Assiut, Egypt, which indicated a significant prevalence of the disease, recording \sim 261 cases between January 2018 and January 2020 (38). In another study in Upper Egypt (Manfalout, Assiut) on 67 patients infected with *Fasciola* spp.

which indicate the endemicity of the infection within this region (39).

Additionally, recent research aimed at determining the global prevalence of *Fasciola* sp. in humans utilized a systematic review

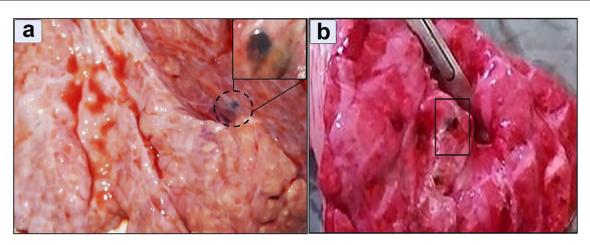
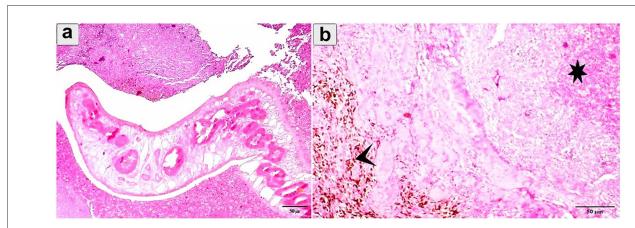


FIGURE 7
Gross appearance of a lung infected with Fasciola hepatica (a) Immature flukes encapsulated in the pulmonary parenchyma, (b) moist texture revealed after incision.



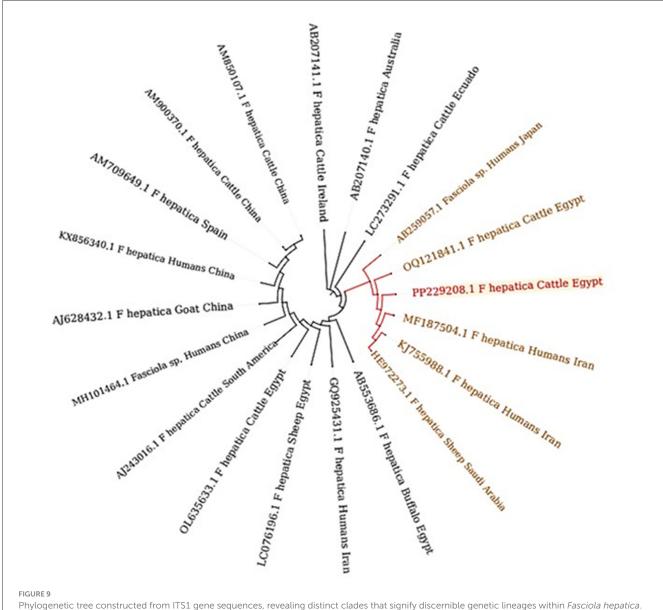
Histopathological examination of cattle-infected lungs showing (a) An immature fluke encapsulated by connective tissue with multiple necrosis and hemorrhage; (b) Eosinophilic infiltration and hemorrhage (asterisk) between alveoli. Prominent hemosiderosis was observed (arrowhead). Staining: hematoxylin and Eosin.

and meta-analysis of 4,422 articles, with 371 included in the final analysis. In the present study, analysis of infection distribution across different age groups indicated a notable concentration within the 31-42 age bracket, constituting 41.7% of cases, which corresponds to findings from a previous study by Ibrahim et al. (38), which reported that more than 40% of patients fell within the 21-40-years-old age. Regarding gender distribution, females appeared to be disproportionately affected by fascioliasis, comprising 66.7% of the infected individuals compared to 33.3% of males, consistent with recent previous reports by Hussieun et al. (40). The high incidence of infection in females can be influenced by behavioral factors and environmental exposure. Women typically handle cooking and vegetables, which places them in direct contact with potential sources of infection (encysted metacercaria). Additionally, pregnancy can elevate stress levels, further increasing their risk. Triclabendazole (TCBZ) emerged as the recommended drug for the treatment of acute and chronic human fascioliasis (41). Our findings showed that most patients

received one or two doses of TCBZ, as recommended by the Centers for Disease Control and Prevention (42). Furthermore, a study by Branco et al. (43) found that treatment failure occurred in some cases of human fascioliasis even after patients received three doses. This observation may suggest a potential resistance against the anthelmintic drug, indicating variability in the efficacy of TCBZ treatment depending on the dosage regimen.

The overall prevalence of *Fasciola* infection among examined cattle was 23%. This finding aligns with various studies that have reported high prevalence rates of *Fasciola* infection in cattle across different regions. Diaz-Quevedo et al. (44) reported a high prevalence of cattle fascioliasis (90.13%) in Amazonas, Peru. Moreover, Lan et al. (36) showed the global pooled prevalence of bovine fasciolosis was 17%.

A noteworthy finding of our study is the variation in *Fasciola* infection prevalence across different age groups. Within the enrolled cattle, individuals aged > 3 years demonstrated the highest infection rates, with a prevalence of 30.36%, which aligns with



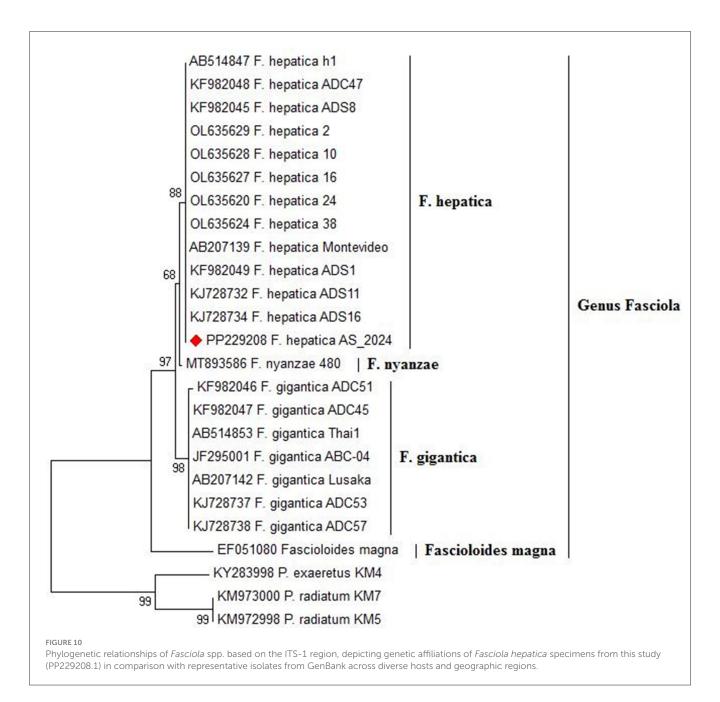
Phylogenetic tree constructed from ITS1 gene sequences, revealing distinct clades that signify discernible genetic lineages within Fasciola hepatica. The bootstrap confidence level inferred from 1,000 replicates is taken next to the branches

Kusumarini et al. (45). This highlights the vulnerability of this age group to Fasciola infection, suggesting a need for targeted intervention strategies. In the present study, male animals often show higher infection rates than females, due to the high number of males that slaughtered at the abattoir house than females, this aligns with findings from Isah (46).

Regarding gender-based differences, our results showed a slightly higher prevalence of Fasciola infection in male animals 24.9% compared to females 20% in agreement with Mathewos et al. (12). However, gender may only have a minor influence on the risk of infection, with other factors likely playing a more substantial role in determining susceptibility. The analysis of seasonal variations in Fasciola infection revealed distinct patterns. The autumn season exhibited the highest infection rate of 28.7%, winter at 24.8%, followed by spring at 22.5% and summer at 18%. This observation is consistent with another study that demonstrated an increased

risk of liver fluke infection in cattle slaughtered during August and November (47). The seasonal pattern in Fasciola infection may be attributed to environmental factors such as temperature and moisture, which influence the survival and availability of Fasciola spp. larvae in the environment (48).

Diagnosis of Fasciola infection involved a comprehensive approach utilizing three distinct methods: clinical manifestation, coprological analysis, and postmortem inspection. These diagnostic strategies yielded results consistent with previous reports, which successfully identified Fasciola in liver tissue through coprological and postmortem examination (10, 12). Morphologically, we have identified a distinct morphological feature in the parasite, including the total length (20 mm \pm 5), oral sucker, ventral sucker, and genital pore with a slightly protruded cirrus which plays a vital role in reproduction and egg release. The spines in the anterior region of the parasite enhance its grip within the host's tissues. Additionally,



the surface of the parasite's tegument, which is marked by micro ridges serves multiple functions, including increasing absorption of the surface area and potentially providing structural support or protection. These observations significantly enhance our understanding of *Fasciola* spp. anatomical characteristics and adaptations to parasitic life cycles. Genetic characterization of *Fasciola* species plays a crucial role in unraveling their evolutionary history, population genetics, and epidemiology. In this study, PCR amplification of the ITS1 gene from *Fasciola* DNA extracted from lung tissue produced distinct 680 bp bands. Sequencing of these bands revealed a high identity of 98–100% with *Fasciola hepatica*, these results harmonized with the recent findings in Egypt (8). Phylogenetic analysis further unveiled a close genetic affinity between *F. hepatica* and *F. gigantica* (2). Moreover, the study identified close sequence similarities to *F. nyanzae* and *F.*

magna, indicating a direct evolution of F. hepatica and F. gigantica from F. nyanzae (49). The genetic similarity observed between our F. hepatica isolates and specimens previously isolated from cattle in Egypt and humans in Iran suggests the potential for interspecies transmission and zoonotic transmission of F. hepatica (8). The genetic resemblance between our isolate and specimens from both cattle and humans underscores the importance of one health approach in studying and managing fascioliasis (50). Furthermore, the genetic similarity across geographical regions, particularly between Egypt and Iran, hints at the potential dispersal of F. hepatica populations across borders (51). This could be facilitated by factors such as animal trade, migration, or natural dispersal mechanisms (52). Understanding the epidemiology of F. hepatica in different populations is essential for implementing effective control measures and preventing the spread of infection.

Microscopic analysis of liver specimens revealed a spectrum of fascioliasis infection, with 69.6% acute and 30.4% chronic manifestations. Acute cases showed enlarged, congested livers with signs of bleeding, while chronic cases presented smaller liver sizes and a corrugated capsule. These findings are consistent with Ashoor and Wakid (53) in Saudi Arabia, the presence of hemorrhagic migrating tracts emphasizes the destructive nature of migrating parasites on hepatocytes and erythrocytes. Additionally, chronic cholangitis and bile duct hyperplasia were prominent, often accompanied by the presence of dead and calcified parasites (9, 53). Furthermore, examination of lung tissue revealed the presence of firm tissue containing encapsulated immature flukes (3.5%), alongside areas of necrosis and hemorrhage, The same results were reported by Sotohy et al. (54).

Furthermore, alongside *Fasciola* infection, concurrent parasitic infections were reported, including *Paramphistomum* spp. (10.4%), *Moniezia* spp. (45.3%), *Avitellina* spp. (3.9%), and parasitic nodules linked to *Oesophagostomum* sp. infection (31.3%). These coinfections highlight the intricate nature of parasitic infestations in cattle, as previously noted in a study examining the simultaneous presence of both fascioliasis and trypanosomosis infections in cattle (55), indicating the coexistence of multiple parasitic species simultaneously.

The One Health perspective emphasizes the interconnectedness of human, animal, and environmental health. Controlling fasciolosis is vital for protecting both human and cattle health, as Fasciola spp. primarily affect the livestock. The disease imposes significant economic burdens on agriculture, reducing productivity and increasing veterinary costs. Infected cattle can act as reservoirs, facilitating transmission to humans, especially in shared water sources. Implementing control measures such as regular livestock screening, improved sanitation, and community education—is essential. This integrated approach not only reduces disease incidence in humans but also enhances agricultural productivity, promoting healthier ecosystems and food security for all. Despite the retrospective studies including animal and human fasciolasis remains insufficient, which raises the findings of the present study. This study may have some limitations, including the sample size of the human population, and the determination of the specificity and sensitivity of diagnosis methods. Future study on the correlation between infection and heredity in human and animal populations is recommended.

Conclusion

This study sheds light on the impact of *F. hepatica* infection on human and animal health, emphasizing its global prevalence as a neglected tropical disease with zoonotic potential. We have elucidated key insights into the prevalence, clinical manifestations, morphological analyses, histopathological examinations, and genetic diversity of *Fasciola* species. Genetic characterization provides valuable insights into its evolutionary history and population genetics. The close genetic affinity observed between *Fasciola* hepatica isolates from different host species and geographical regions highlights the need for integrated One Health approaches to disease control and prevention.

Data availability statement

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/supplementary material.

Ethics statement

The studies involving humans were approved by Retrospective patient consent was waived by the Medical New Valley Ethics Committee (Approval No. 20241230013), Faculty of Medicine, New Valley University, reviewed by the Egyptian Ministry of Health and Population study, and data accessed on 01/02/2024. The studies were conducted in accordance with the local legislation and institutional requirements. The participants provided their written informed consent to participate in this study. The animal study was approved by Egyptian laws and university guidelines of the Committee of the Faculty of Veterinary Medicine, Assiut University, Egypt (approved number: 06/2024/0172). The study was conducted in accordance with the local legislation and institutional requirements.

Author contributions

AK: Conceptualization, Data curation, Formal analysis, Investigation, Methodology, Software, Writing – original draft. SarA-H: Data curation, Investigation, Methodology, Supervision, Writing – review & editing. WM: Conceptualization, Methodology, Supervision, Validation, Writing – review & editing. SalA-H: Data curation, Formal analysis, Investigation, Methodology, Writing – review & editing. AA-H: Data curation, Formal analysis, Funding acquisition, Methodology, Project administration, Resources, Software, Validation, Visualization, Writing – review & editing. MT: Conceptualization, Formal analysis, Funding acquisition, Methodology, Project administration, Resources, Software, Supervision, Validation, Visualization, Writing – review & editing. SA-E: Data curation, Formal analysis, Investigation, Methodology, Writing – review & editing. MK: Conceptualization, Investigation, Methodology, Supervision, Writing – original draft.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

The reviewer AA declared a shared affiliation with the authors SA-E, SarA-H, MK and SalA-H to the handling editor at the time of review.

Generative AI statement

The author(s) declare that no Gen AI was used in the creation of this manuscript.

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