



IMMUNOLOGICAL MECHANISMS, BIOMARKERS AND IMMUNOTHERAPIES OF ALZHEIMER'S DISEASE

EDITED BY: Yu-Hui Liu, Jun Tan and Yang Xiang
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IMMUNOLOGICAL MECHANISMS, BIOMARKERS AND IMMUNOTHERAPIES OF ALZHEIMER'S DISEASE

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Table of Contents

- 04 Editorial: Immunological Mechanisms, Biomarkers and Immunotherapies of Alzheimer's Disease**
Jia-yan Xin, Xiao-yan Zhu, Xiao Huang, Yu-hui Liu, Jun Tan and Yang Xiang
- 07 Analyses Mutations in GSN, CST3, TTR, and ITM2B Genes in Chinese Patients With Alzheimer's Disease**
Yaling Jiang, Bin Jiao, Xinxin Liao, Xuewen Xiao, Xixi Liu and Lu Shen
- 17 Differential Circulating Levels of Naturally Occurring Antibody to α -Synuclein in Parkinson's Disease Dementia, Alzheimer's Disease, and Vascular Dementia**
Jian Wang, Bo Zheng, Shu Yang, Mei Hu and Jian-Hong Wang
- 24 Neurogranin: A Potential Biomarker of Neurological and Mental Diseases**
Yang Xiang, Jiayan Xin, Weidong Le and Yongjian Yang
- 37 Acupuncture for the Treatment of Alzheimer's Disease: An Overview of Systematic Reviews**
Jinke Huang, Min Shen, Xiaohui Qin, Manli Wu, Simin Liang and Yong Huang
- 47 The Role of Chronic Inflammatory Bone and Joint Disorders in the Pathogenesis and Progression of Alzheimer's Disease**
Robert A. Culibrk and Mariah S. Hahn
- 77 Dynamics and Concordance Abnormalities Among Indices of Intrinsic Brain Activity in Individuals With Subjective Cognitive Decline: A Temporal Dynamics Resting-State Functional Magnetic Resonance Imaging Analysis**
Yiwen Yang, Xinyi Zha, Xiaodong Zhang, Jun Ke, Su Hu, Ximing Wang, Yunyan Su and Chunhong Hu
- 89 TNFRSF1B Gene Variants and Related Soluble TNFR2 Levels Impact Resilience in Alzheimer's Disease**
Jagan A. Pillai, Gurkan Bebek, Maria Khrestian, James Bena, Cornelia C. Bergmann, William S. Bush, James B. Leverenz and Lynn M. Bekris
- 101 Circulating Neurofilament Light Predicts Cognitive Decline in Patients With Post-stroke Subjective Cognitive Impairment**
Jian-Hong Wang, Jie Huang, Fu-Qiang Guo, Fang Wang, Shu Yang, Neng-Wei Yu, Bo Zheng and Jian Wang
- 109 Temporal Ordering of Inflammatory Analytes sTNFR2 and sTREM2 in Relation to Alzheimer's Disease Biomarkers and Clinical Outcomes**
Jagan A. Pillai, Maria Khrestian, James Bena, James B. Leverenz and Lynn M. Bekris



Editorial: Immunological Mechanisms, Biomarkers and Immunotherapies of Alzheimer's Disease

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Editorial on the Research Topic

Immunological Mechanisms, Biomarkers, and Immunotherapies of Alzheimer's Disease

Alzheimer's disease is the most common type of dementia characterized by neuropathological changes such as intracellular tau tangles and extracellular deposition of β -amyloid ($A\beta$) as plaques. At present, the study of pathogenesis, the search for biomarkers, and the development of treatment strategies of AD are all closely related to immunological theory and techniques. The main aim of the current Research Topic was to provide a current collection of immunological mechanisms, biomarkers, and therapeutic strategies in AD.

Growing evidence has proved that Alzheimer's disease (AD), as a typical degenerative disease of the central nervous system, has complex connections with the peripheral system (Wang et al., 2017), such as the peripheral clearance of pathogenic substances ($A\beta$ and Tau) or the impact of gut microbiota on AD-like pathological characteristics, etc. Among them, the relationship between systemic autoimmune diseases and AD has been puzzling researchers for years. Culibrk and Hahn summarized the link of chronic inflammatory osteoarthritis disease with late-onset AD. In particular, they focused on the pathophysiological characteristics and immunotherapy of rheumatoid arthritis, osteoarthritis, and osteoporosis, as well as their implications on AD pathogenesis. They also summarized some other possible mechanisms, including the age-related cellular/immuno-senescence, the aberrant peripheral nervous system activity, dysregulated autophagic homeostasis, and the pathological microRNA profiles, which could attract more attention from the audience.

The relation between hereditary amyloidosis and AD is a topic rarely discussed before. Although the pathogenic substances of the two diseases are different, it is not an obstacle to investigating their association from the perspective of genetics. Jiang et al. reported two novel likely pathogenic frame-shift mutations of gelsolin in AD patients using the genes targeted sequencing (GTS) method. Intriguingly, both mutations seem to correlate with the age at which clinical symptoms of AD appeared, respectively, even though the gelsolin is a common pathogenic gene charged with hereditary amyloidosis.

The development of biomarkers is a spotlight in AD research over the past decade. The proposal of the NIA-AA research framework of AD in 2018 not only categorizes AD biomarkers as per the

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AT(N) system but also provides more objective and rigid biological criteria for the diagnosis of AD than ever before (Jack et al., 2018). Since the presence or absence of A β is the sole criterium for the etiologic diagnosis of AD in the AT(N) system, the emerging novel non-A β biomarkers are mostly classified in the (N) catalog. Based on the Alzheimer's Disease Neuroimaging Initiative (ADNI) cohort, Pillai, Bebek et al. measured the levels of tumor necrosis factor receptor (TNFR) 2 in the cerebrospinal fluid (CSF) and investigated its correlations with CSF t-Tau, CSF p-Tau, the cognitive domains, the MRI measures, and the longitudinal cognitive changes, together indicating the potential value of TNFR2 in the diagnosis and treatment of AD.

The biomarker research has gradually shifted from CSF to blood due to the invasive operation, difficult acquisition, and patient unacceptability of CSF sampling (Zetterberg and Blennow, 2018). Wang J. et al. compared the naturally occurring antibody to α -synuclein (NAb-a-Syn) in the blood of patients with Parkinson's disease dementia, AD, vascular dementia, and normal controls, and further explored the correlations between NAb-a-Syn and the severity of cognitive impairment and PD, respectively. Of note, the naturally occurring antibodies also have a good performance in the immunotherapy of AD (Liu et al., 2021).

As a shining star of AD biomarkers in the past years, the value of neurofilament light chain (NfL) in AD diagnosis and prognosis is no longer needed to be described. Especially, the blood-NfL is consistent and comparable with CSF-NfL, which greatly increases the clinical application value of NfL (Fortea et al., 2018). Wang J-H. et al. evaluated the difference of blood-NfL in patients with post-stroke subjective cognitive decline (SCD). Although this study was a single-center prospective study with a small sample size, post-stroke SCD is a clinical condition that has received little attention before, showing the careful observation and thinking of the authors.

Likewise, neurogranin has emerged as an important biomarker for neurodegenerative diseases in recent years, although the current studies have not demonstrated that its clinical value is comparable to that of the NfL. Xiang et al. reviewed the associations between neurogranin and neurological and psychiatric diseases and further made the perspectives on the research and applications of neurogranin in the future.

Compared with body fluid-based biomarkers, image-based biomarkers have not developed rapidly over recent decades. The clinical applications of A β -positron emission tomography (PET) and tau-PET have promoted the early diagnosis and severity assessment of AD (Hansson, 2021); however, the high cost and low coverage of PET limit its clinical application. Many reports on functional magnetic resonance imaging (fMRI) emerged, but fMRI has not yet reached the same value as that of A β -PET and tau-PET in the diagnosis of AD. Based on ADNI, Yang et al.

studied the dynamics and concordance changes in different brain regions in the patients with SCD using resting-state fMRI (RS-fMRI), adding the new evidence for the use of fMRI in AD.

Researchers have long been interested in acupuncture for the treatment of neurological diseases, even though its mechanism is not fully understood (Kaptchuk, 2002). Based on growing published data, Huang et al. analyzed the therapeutic effect of acupuncture on AD using a meta-analysis method. The authors proposed that high-quality studies with rigorous study designs and larger samples are required in the future, even though it is now generally believed that acupuncture is a promising complementary treatment for AD.

Over the past decades, a variety of hypotheses about the mechanism of AD have emerged. At present, even the amyloid cascade hypothesis either have to face updates or have to face challenges (Tolar et al., 2020). A growing body of evidence suggests that the mechanisms of AD beyond A β and Tau are possible in which the neurovascular unit, brain lymphatic system, gut microbiota, and neuroinflammation could be involved (Henstridge et al., 2019). Among them, the activation of the immune system is the key regulatory factor of AD pathology (Long and Holtzman, 2019). Moreover, almost all the clinical trials of anti-AD drugs targeting A β or Tau failed or have been inconclusive (Mullard, 2021), suggesting that the immunotherapy strategies may also need to concentrate on some other targets rather than just A β and Tau.

We have always regarded AD as a degenerative disease of the central nervous system. However, more and more evidence confirms that the peripheral system has a great influence on AD. As an essential part of the peripheral system, the role played by the immune system and tissues and organs rich in immune cells in the pathogenesis of AD have not been fully answered. The spleen, intestine, omentum, and blood, these seemingly distant and unrelated organs and tissues are likely to affect our brain structure and cognitive function *via* immunological regulation, fascinating scientific issues for further and future research.

AUTHOR CONTRIBUTIONS

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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Analyses Mutations in *GSN*, *CST3*, *TTR*, and *ITM2B* Genes in Chinese Patients With Alzheimer's Disease

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Amyloid protein deposition is a common mechanism of hereditary amyloidosis (HA) and Alzheimer's disease (AD). Mutations of *gelsolin* (*GSN*), *cystatin C* (*CST3*), *transthyretin* (*TTR*), and *integral membrane protein 2B* (*ITM2B*) genes can lead to HA. But the relationship is unclear between these genes and AD. Genes targeted sequencing (GTS), including *GSN*, *CST3*, *TTR*, and *ITM2B*, was performed in a total of 636 patients with clinical AD and 365 normal controls from China. As a result, according to American College of Medical Genetics and Genomics (ACMG) guidelines, two novel likely pathogenic frame-shift mutations (*GSN*:c.1036delA:p.K346fs and *GSN*:c.8_35del:p.P3fs) were detected in five patients with AD, whose initial symptom was memory decline, accompanied with psychological and behavioral abnormalities later. Interestingly, the patient with K346fs mutation, presented cerebral β -amyloid protein deposition, had an early onset (48 years) and experienced rapid progression, while the other four patients with P3fs mutation had a late onset [(Mean \pm SD): 69.50 \pm 5.20 years] and a long course of illness [(Mean \pm SD): 9.24 \pm 4.86 years]. Besides, we also discovered 17 variants of uncertain significance (VUS) in these four genes. To our knowledge, we are the first to report AD phenotype with *GSN* mutations in patients with AD in the Chinese cohort. Although mutations in the *GSN* gene are rare, it may explain a small portion of clinically diagnosed AD.

Keywords: Alzheimer's disease, hereditary amyloidosis, gelsolin, genetics, China

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INTRODUCTION

Alzheimer's disease (AD) is a progressive neurodegenerative disease and is the most common form of dementia in the elderly, which mainly characterized by the progressive decline in memory and cognitive function. Epidemiological data showed that there were 50 million AD patients worldwide in 2018, and it was expected to grow to 152 million by 2050 (International AsD, 2019). Although the vast majority of AD occur on a sporadic basis, mutations in three genes [*amyloid precursor protein* (*APP*), *presenilin 1* (*PSEN1*), and *presenilin 2* (*PSEN2*)] could lead to rare familial AD (FAD; <0.5%), whose symptoms occur earlier than sporadic AD, usually between 30 and 50 years of age, also named as early-onset AD. "Typical" late-onset AD may be motivated by a complex interaction between genetic and environmental factors, usually more than 65 years of age. It is currently believed that about 70% of AD risk

can be attributed to genetic factors (Bateman et al., 2011; Lane et al., 2018). The prevalent theory of AD pathogenesis is the amyloid hypothesis, suggesting that accumulation of pathological forms of β -amyloid protein ($A\beta$) is the primary pathological process (Lane et al., 2018).

Hereditary amyloidosis (HA) represents a series of single-gene diseases that caused by amyloidogenic precursor protein genes mutations (Chyra Kufova et al., 2018). There are four genes, which were *gelsolin* (*GSN*), *cystatin C* (*CST3*), *transthyretin* (*TTR*), and *integral membrane protein 2B* (*ITM2B*), whose mutations can lead to autosomal dominant HA, while playing an important role in the pathogenesis of AD (Ray et al., 2000; Sastre et al., 2004; Hirko et al., 2007; Mi et al., 2007; Buxbaum et al., 2008; Buxbaum and Johansson, 2017; Tamayev et al., 2011; Matsuda and Senda, 2019). Established associations between these genes and HA include *GSN* and familial amyloidosis of the Finnish type (FAF; Nikoskinen et al., 2015), *TTR* and transthyretin-related amyloidosis (AMYLTTR; Sekijima, 2015), *ITM2B* and familial British dementia or familial Danish dementia (Del Campo and Teunissen, 2014), as well as *CST3* and cerebral amyloid angiopathy (Abrahamson et al., 1989). The *GSN* gene encodes gelsolin, which is a calcium-regulated actin regulatory protein that involved in inflammation, cell movement, apoptosis, and cancer development. The gelsolin protein could also inhibit the fibrillization of $A\beta$, and defibrillize its preformed fibrils (Ray et al., 2000; Hirko et al., 2007). The cystatin C protein is an inhibitor of cysteine proteinases, which could inhibit amyloid fibril formation and $A\beta$ deposition (Sastre et al., 2004; Mi et al., 2007). The transthyretin protein, a thyroid hormone-binding protein, contains a BRICHOS domain, which could serve as the efficient inhibitor of $A\beta$ fibril formation and toxicity (Buxbaum et al., 2008; Buxbaum and Johansson, 2017). Then integral membrane protein 2B, a type II transmembrane protein, could bind APP and inhibit all alpha, beta, and gamma pathways of APP proteolysis (Tamayev et al., 2011; Matsuda and Senda, 2019). In summary, they all could play as physiological inhibitors of $A\beta$ under specific conditions, which might be associated with AD.

Although there are few reports of *CST3* (Hua et al., 2012; Paz-Y-Miño et al., 2015) and *TTR* (Sassi et al., 2016; Xiang et al., 2017) genes in patients with AD, there is no report of *GSN* and *ITM2B* genes. Our study is the first to screen mutations in *GSN*, *CST3*, *TTR*, and *ITM2B* genes in patients with AD by genes targeted sequencing (GTS).

MATERIALS AND METHODS

Subjects

The study included 636 AD patients in China [female 59.3%, onset age (Mean \pm SD): 66.17 \pm 11.18 years]. Patients were diagnosed by at least two experienced doctors of Xiangya Hospital according to the National Institute of Neurological and Communicative Disorders and Stroke and the Alzheimer's Diseases and Related Disorders Associations (NINCDS-ADRD). A total of 365 cognitive normal individuals (MMSE \geq 27) were recruited from a physical examination center of Xiangya hospital [female 52.1%, age (Mean \pm SD):

70.65 \pm 5.35 years]. All subjects signed informed consent. Patients carrying with pathogenic genes of AD (*APP*, *PSEN1*, *PSEN2*) and vascular cognitive impairment [*notch receptor 3* (*NOTCH3*), *HtrA serine peptidase 1* (*HTRA1*), *collagen type IV alpha 1 chain* (*COL4A1*), *three prime repair exonuclease 1* (*TREX1*), *galactosidase alpha* (*GLA*)] were excluded.

Genes Targeted Sequencing and Data Analysis

GTS, including *GSN* (NM_000177.4), *CST3* (NM001288614.1), *TTR* (NM000371.3), and *ITM2B* (NM_021999.4), was performed in all subjects. Genomic DNA of all samples was extracted according to the manufacturer's standard procedure using the QIAamp DNA Blood Midi Kit (Qiagen, Hilden, Germany). Then the genomic DNA was fragmented by Covaris LE220 (MA, USA) to generate paired-end library (200–250 bp) and constructed into the libraries. The baits, a pool of 423 individually synthesized 5'-biotinylated 120 bp RNA oligonucleotides, cover four genes related with $A\beta$ protein processing in HA. The targeted regions were captured with the baits as described below. DNA libraries (1 μ g each) were mixed with the adaptor blockers and 5 μ g of Cot-I DNA. The DNA mixture was denatured at 95°C for 5 min and then snap cooled on ice immediately. Next, the denatured DNA mixture and baits were transferred into hybridization solution (6 \times SSC, 1% SDS, 5 \times Denhardt's Solution). Hybridization was performed at 65°C for 4 h. After hybridization, the capture chip was washed with 2 \times SSC and 0.1% SDS for 5 min and 0.2 \times SSC and 0.1% SDS for 2 \times 5 min at 55°C. The captured DNAs were eluted with 100 μ l of TE at 95°C for 10 min and purified by using a PCR clean-up kit. The eluted DNAs were subjected to 15 cycles of PCR amplification using the Illumina P5 and P7 primers and subjected to another round of hybridization capture with the same conditions. The products were then subjected to Agilent 2100 Bioanalyzer and ABI StepOne to estimate the magnitude of enrichment. After quality control, captured library sequencing was carried out on Illumina HiSeq X Ten Analyzers (Illumina, San Diego, CA, USA). Following the manufacturer's standard sequencing protocols for 150 cycles per read to generate paired-end reads. Image analysis, error estimation, and base calling were performed using Illumina Pipeline software to generate raw data.

Then, we performed bioinformatics processing and data analysis to detect the potential variants. We using AfterQC to generate "clean reads" for further analysis. The "clean reads" (with a length of 150 bp) derived from targeted sequencing and filtering were then aligned to the human genome reference (hg19) using the BWA (Burrows Wheeler Aligner) software. After alignment, the output files were used to perform sequencing coverage and depth. We used GATK (Genome Analysis Toolkit) software¹ to detect SNVs and indels. All SNVs and indels were filtered and estimated *via* multiple databases, including Genome AD (Genome Aggregation Database dataset) and ExAC (The Exome Aggregation Consortium dataset). We used dbNSFP (Liu et al., 2016) to predict the effect of missense variants. Pathogenic variants were assessed by the American

¹<https://software.broadinstitute.org/gatk>

College of Medical Genetics and Genomics (ACMG) guidelines (Richards et al., 2015).

Sanger Sequencing

All likely pathogenic variants were screened using sanger sequencing. The sanger sequencing was amplified using identical forward and reverse primers (GSN-K346fs-F: 5'-CTTCCCAT GTGCAGTTTGTGTT-3', GSN-K346fs-R: 5'-AGCCCAAGAC TTCTGATTTCCA-3'; GSN-P3fs-F: 5'-GCCTCGGTGAAAAG CTTTCAAA-3', GSN-P3fs-R: 5'-TTTCCTAGCGCTGTATCT GCAA-3'). All PCR products were sequenced with Big Dye terminator v3.1 sequencing chemistry on an ABI 3730xl DNA analyzer (Applied Biosystems). DNA sequences were analyzed using sequencing software of Mutation Surveyor (Softgenetics).

Multiple Sequence Alignment and Structure Modeling

To evaluate the effect of the novel frame-shift mutations on structure and function of proteins, multiple sequence alignment was analyzed by T-Coffee², and three-dimensional (3D) models of the mutant protein structures were built by Discovery Studio software. We used homology models of gelsolin in the Protein Data Bank (PDB) to construct the 3D structure of the mutant proteins by Discovery Studio software.

RESULTS

This study included 636 patients with clinical AD and 365 cognitive normal controls from China, and the basic information of patients and controls was shown in **Table 1**. According to the ACMG guidelines, we identified two novel “likely pathogenic” mutations and 11 variants of uncertain significance (VUS) in the *GSN* gene, two VUS in the *CST3* gene, two VUS in the *ITM2B* gene, and two VUS in the *TTR* gene in patients with AD in the Chinese cohort (**Table 2**). The two novel “likely pathogenic” mutations were not detected in normal controls. The first “likely pathogenic” mutation (PVS1 + PM2) in the *GSN* gene was c.1036delA:p.K346fs, whose frequency in all databases was not available (NA), such as East Asian population of Genome Aggregation Database dataset (gnomAD_genome_EAS), All population of Genome Aggregation Database dataset (gnomAD_genome_ALL), and East Asia population of the Exome Aggregation Consortium (ExAC_EAS). The second “likely pathogenic” mutation (PVS1 + PM2) in the *GSN* gene was c.8_35del:p.P3fs, whose frequency in gnomAD_genome_EAS was 0.0049, in gnomAD_genome_ALL was 0.0003, and in ExAC_EAS was 0, suggesting that the P3fs mutation was only detected in East Asian populations. The multiple sequence alignment and 3D models of the mutant protein structures were shown in **Figure 3**.

The K346fs mutation was detected in a sporadic female patient whose onset age was 48 years old (case 1; **Figure 1A**). The patient first presented memory decline, manifested as forgetting things just done. Simultaneously, she became apathetic and did not communicate with others. About

TABLE 1 | Basic information of patients and controls.

	AD patients	Cognitive normal controls
Numbers	636	365
Age of onset (years)	66.17 ± 11.18	70.65 ± 5.35
Gender		
Male	259	175
Female	377	190
Race		
Han nationality	630	365
Others	6	0
APOE		
ε2/ε2	2	2
ε2/ε3	50	54
ε2/ε4	12	6
ε3/ε3	321	237
ε3/ε4	207	63
ε4/ε4	44	3

1 year later, she could not recognize her relatives or take care of herself in daily life such as wearing clothes and bathing. She also developed psychiatric symptoms about the same time, which were emotionally violent, hitting people and crying for no reasons. Cognitive assessments: (1) mini-mental state examination (MMSE): 9/30; (2) montreal cognitive assessment scale (MoCA): 2/30; (3) neuropsychiatric inventory (NPI): 6; (4) daily living ability scale (ADL): 37; and (5) clinical dementia rating scale (CDR): 2. Electroencephalogram (EEG) showed moderate abnormal EEG (frontal and temporal regions were paroxysmal slow waves). Brain magnetic resonance imaging (MRI) showed mild leukoencephalopathy and brain atrophy (**Figure 1G**). Positron emission tomography-computed tomography (PET-CT) revealed: (1) fluorodeoxyglucose (FDG) metabolism decreased in bilateral frontal and parietal lobes; (2) diffuse Aβ protein deposition in bilateral cerebral cortex and subcortical nuclei; (3) lacunar infarction in brain stem; and (4) brain atrophy (**Figure 1G**). In addition, ophthalmologic symptoms are common in FAF patients. The ophthalmologic examinations of the case 1 patient revealed that the cornea was normal, but bilateral optic nerves were atrophied. Unfortunately, the patient refused to do the skin biopsy.

The P3fs mutation was detected in four sporadic patients (case 2–5; **Table 3**), whose onset age was older than 65 years [onset age (Mean ± SD): 69.50 ± 5.20 years; **Figures 1B–E**]. The initial symptom was memory decline and the symptom progressed slowly in all patients. Among them, case 2, case 3, and case 4 patients experienced cognitive disturbance (spatial disorientation and count disturbance) and behavior change (became irritable and prone to temper) later. The case 2 patient developed behavioral and psychological symptoms in the third year after onset. The case 5 patient, who had a shorter course, did not suffer above symptoms, and her clinical manifestations were milder than other patients. Case 2 and case 3 patients cannot be traced at present. The case 4 patients were seriously ill and stayed in bed all day during our follow-up, so he could not cooperate with our study. The symptom of case 5 patient has not changed obviously so far, and she did more

²<https://www.ebi.ac.uk/Tools/msa/tcoffee/>

TABLE 2 | Variants in genes of *gelsolin* (GSN), *cystatin C* (CST3), *transthyretin* (TTR), and *integral membrane protein 2B* (ITM2B).

Gene name	Mutation name	ACMG	Patients	Normal controls	Mutation mode	HET/HOM	Risk dbSNP	gnomAD_g enome_EAS	ExAC_EAS	Polyphen2	MutTaster	PROVEAN
GSN	c.8_35del;p.P3fs	Likely pathogenic (PVS1 + PM2)	4	0	Frameshift deletion	HET	rs764841269	4.90E-03	0	NA	NA	NA
GSN	c.1036delA;p.K346fs	Likely pathogenic (PVS1 + PM2)	1	0	Frameshift deletion	HET	NA	NA	NA	NA	NA	NA
GSN	c.425G>A;p.R142Q	Uncertain significance (N)	1	0	Nonsynonymous SNV	HET	rs138153246	0	0	B	D	N
GSN	c.613G>A;p.V205M	Uncertain significance (PM2)	1	0	Nonsynonymous SNV	HET	NA	NA	NA	D	D	N
GSN	c.863C>T;p.A288V	Uncertain significance (N)	3	0	Nonsynonymous SNV	HET	rs780252276	4.06E-04	0.0006	B	N	N
GSN	c.902C>T;p.Y301C	Uncertain significance (PM2)	2	0	Nonsynonymous SNV	HET	rs758752620	5.80E-05	0.0001	D	D	D
GSN	c.958C>T;p.P320S	Uncertain significance (N)	1	0	Nonsynonymous SNV	HET	rs768184900	0	0	D	D	D
GSN	c.1055C>T;p.T352M	Uncertain significance (PM2 + BP4)	1	0	Nonsynonymous SNV	HET	NA	NA	NA	B	N	N
GSN	c.1406C>T;p.Y469C	Uncertain significance (PM2)	1	1	Nonsynonymous SNV	HET	rs375227932	4.06E-04	0.0003	D	D	D
GSN	c.1655dupC;p.S522fs	Uncertain significance (PM4)	1	0	Frameshift insertion	HET	rs769989772	1.76E-04	0.0003	NA	NA	NA
GSN	c.1730G>T;p.R577L	Uncertain significance (PM2)	1	0	Nonsynonymous SNV	HET	rs528604896	1.11E-03	0.001	D	D	D
GSN	c.1793C>T;p.T598I	Uncertain significance (N)	2	1	Nonsynonymous SNV	HET	rs376326631	1.16E-04	0.0001	D	D	D
GSN	c.2198C>T;p.T733M	Uncertain significance (PM2)	1	0	Nonsynonymous SNV	HET	rs142854368	0	0	D	D	D
CST3	c.236G>T;p.R79L	Uncertain significance (PM2 + BP4)	1	0	Nonsynonymous SNV	HET	NA	NA	NA	P	N	D
CST3	c.371C>T;p.S124F	Uncertain significance (PM2)	2	0	Nonsynonymous SNV	HET	rs754306266	0	0	D	D	D
TTR	c.62G>C;p.G21A	Uncertain significance (PM2)	1	0	Nonsynonymous SNV	HET	NA	NA	NA	B	N	N
TTR	c.370C>T;p.R124C	Uncertain significance (PM2 + PP3)	1	1	Nonsynonymous SNV	HET	rs745834030	4.64E-04	0.0001	P	N	N
ITM2B	c.20C>T;p.N7S	Uncertain significance (N)	1	2	Nonsynonymous SNV	HET	rs779234032	0	0	B	D	N
ITM2B	c.325G>T;p.A109S	Uncertain significance (N)	2	2	Nonsynonymous SNV	HET	rs748146945	5.22E-04	0.0003	B	D	N

PVS1: predicted null variant in a gene where loss of function (LOF) is a known mechanism of disease. PM2: absent in population databases. PM4: protein length changing variant. PP3: multiple lines of computational evidence support a deleterious effect on the gene/gene product. BP4: multiple lines of computational evidence suggest no impact on gene/gene product. Uncertain significance (N): does not meet any ACMG standards. Polyphen2 (D: probably damaging, P: possibly damaging; B: benign). MutTaster (D: disease causing; N: polymorphism). Provean (D: deleterious SNV; N: neutral). gnomAD_genomeEAS: frequency in the East Asian population of Genome Aggregation Database dataset; ExACEAS: frequency in East Asia population of the Exome Aggregation Consortium (ExAC) database; HET: heterozygous; HOM: homozygous; NA: not available; SNV: single nucleotide variant.

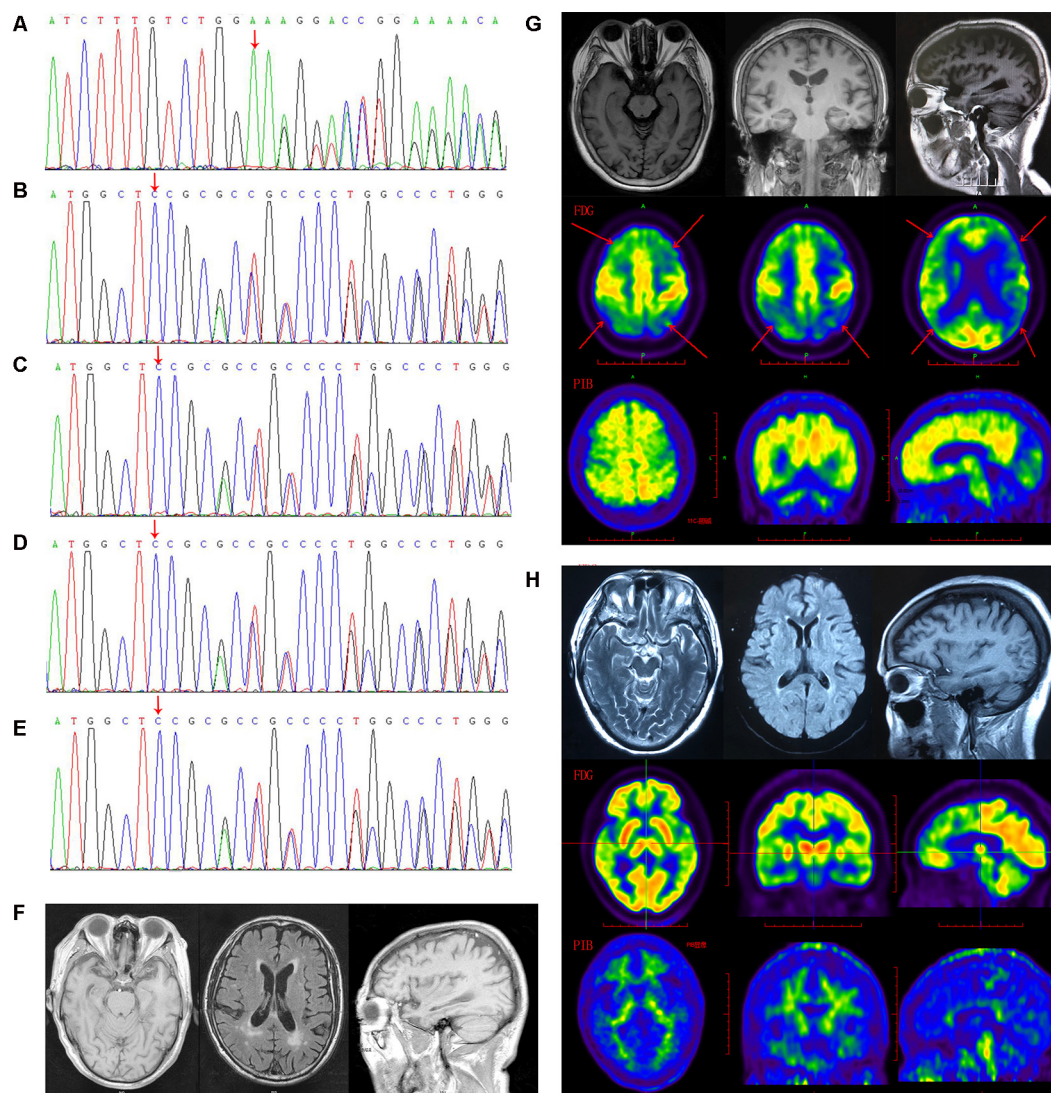


FIGURE 1 | The *gelsolin* (*GSN*) gene mutation sequencing diagram and patients' imaging. **(A)** The sequencing diagram of case 1 (GSN:c.1036delA;p.K346). **(B)** The sequencing diagram of case 2 (GSN:c.8_35del;p.P3fs). **(C)** The sequencing diagram of case 3 (GSN:c.8_35del;p.P3fs). **(D)** The sequencing diagram of case 4 (GSN:c.8_35del;p.P3fs). **(E)** The sequencing diagram of case 5 (GSN:c.8_35del;p.P3fs). **(F)** The magnetic resonance imaging (MRI) of case 4 with P3fs mutation. **(G)** The MRI, FDG-PET and PIB-PET of case 1 with K346fs mutation. **(H)** The MRI, FDG-PET and PIB-PET of case 5 with P3fs mutation).

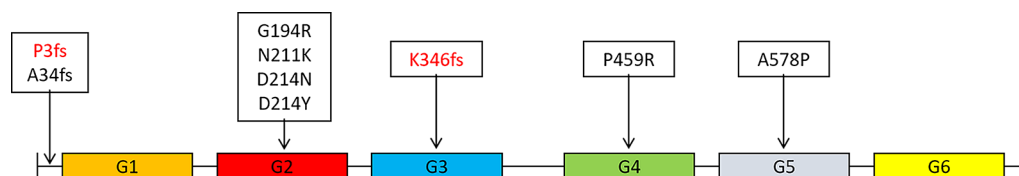
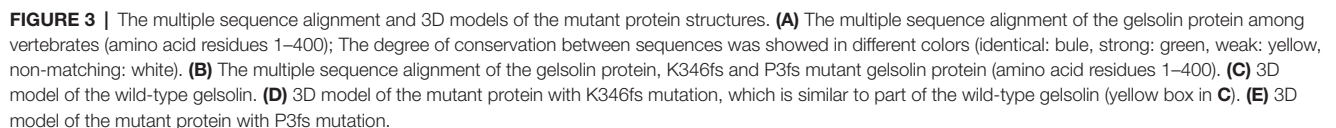


FIGURE 2 | Distribution of mutations in the *GSN* gene in different domains of gelsolin protein (Gelsolin protein has six domains, named G1 to G6).

examinations during the follow-up. PET-CT revealed: (1) FDG imaging showed no abnormal increase or decrease in glucose metabolism in the brain; (2) PIB imaging showed no abnormality of imaging agent uptake in cerebral cortex, and suggested

no obvious A β protein deposition in the cerebral cortex; and (3) mild brain atrophy (**Figure 1H**). As the case 5 patient had a history of numbness of the limbs, an extra electromyogram (EMG) was performed. Nerve conduction velocity (NCV) was



In our study, we screened mutations of *GSN*, *CST3*, *TTR*, and *ITM2B* genes by GTS in patients with AD in China, and identified two novel “likely pathogenic” mutations K346fs and P3fs in the *GSN* gene, suggesting that *GSN* gene may explain a small portion of AD.

TABLE 3 | Information of five patients with mutations in the *GSN* gene.

	Case 1	Case 2	Case 3	Case 4	Case 5
Mutation	K346fs	P3fs	P3fs	P3fs	P3fs
Gender	Female	Female	Male	Male	Female
Onset age	48	77	69	66	66
Visiting ages	50	80	75	68	67
Course (years)	4	12	14	8	3
First symptoms	Memory decline	Memory decline	Memory decline	Memory decline	Memory decline
Additional symptoms	Behavioral and Psychological symptoms	Behavioral and Psychological symptoms	Behavior change	Behavior change	No
Past medical history		Coronary heart disease	Cerebral infarction, hypertension, rhinitis, left inguinal hernia	Hypertension, hyperlipidemia, diabetes	Headache, numbness of the limbs, patent foramen ovale
Family history	No	No	No	No	No
APOE	ε3/ε4	ε3/ε3	ε3/ε3	ε3/ε3	ε3/ε4
Cognitive Assessment					
MMSE	9/30	9/30	0/30	18/30	23/30
MoCA	2/30	8/30	0/30	14/30	15/30
ADL	37	61	-	-	23
NPI	6	-	-	-	7
CDR	2	-	-	-	0.5
MRI	Mild leukoencephalopathy and brain atrophy (Figure 1G)	-	-	Multiple lacunar infarction in the brain, leukoencephalopathy, brain atrophy (Figure 1F)	Mild brain atrophy and mild leukoencephalopathy (Figure 1H)

The *GSN* gene is located on the chromosome 9q33.2 and is inherited by dominance. Up to now, seven pathogenic mutations in the *GSN* gene have been reported in worldwide, namely A34fs, G194R, N211K, D214N, D214Y, P459R, and A578P (Figure 2 and Table 4, Hiltunen et al., 1991; Stewart et al., 2000; Conceição et al., 2003; Chastan et al., 2006; Ardalán et al., 2007; Huerva et al., 2007; Carrwik and Stenevi, 2009; Luttmann et al., 2010; Makioka et al., 2010; Asahina et al., 2011; Solari et al., 2011; Taira et al., 2012; Sethi et al., 2013; Efebera et al., 2014; Park et al., 2016; Caress et al., 2017; de Souza et al., 2017; Feng et al., 2018; Mustonen et al., 2018; Oregel et al., 2018; Sridharan et al., 2018). The D214N/Y mutation is the most common mutation and could cause the disease of FAF, which mainly manifested as corneal lattice dystrophy, cranial neuropathy, peripheral neuropathy, and cutis laxa (Nikoskinen et al., 2015). FAF has also been reported in other areas besides Finland. Due to differences in regions and races, it could be seen that, in East Asia, the clinical manifestations of FAF were mainly neurological symptoms (Taira et al., 2012; Park et al., 2016; Feng et al., 2018). Followed by G194R and N211K mutations, whose clinical phenotype is different from D214N/Y, mainly gelsolin-related renal amyloidosis (Sethi et al., 2013; Efebera et al., 2014). A34fs, P459R, and A578P mutations were reported recently, corresponding totally different manifestations from mutations that we mentioned before (Feng et al., 2018; Oregel et al., 2018; Sridharan et al., 2018; Table 4). Patients with A34fs mutation presented with seizures and brain lesions, without skin and eye symptoms. The patient with P459R mutation manifested as cranial nerve palsy (facial nerve) and proximal muscle weakness, then dead due to unexplained dyspnea and severe sepsis. The patient with A578P mutation combination with V122I mutation in the *TTR* gene (mainly related to cardiac

involvement), characterized by progressive dyspnea, without cranial nerve, eye, and skin symptoms. That is to say, the *GSN* gene has a heterogeneity between genetic phenotype and clinical phenotype, different mutations lead to different locations of the lesions, resulting in different clinical manifestations. But there was no report of the AD phenotype, and we are the first to report that K346fs and P3fs mutations in the *GSN* gene may lead to AD.

Gelsolin protein consists six domains, named G1 to G6. Most mutations currently found (D214N/Y, G194R, and N211K) were located in the G2 domain (Figure 2), affecting the stability of the G2 domain and leading to disease (Bonì et al., 2016, 2018; Giorgino et al., 2019). Recently, Zorgati et al. (2019) proposed a new hypothesis that the D214N/Y mutation affected the stability of the G2 domain by affecting the interactions between G2–G3 domains. They validated this hypothesis by making G3 domain non-FAF mutations (K341M, L388D, and Q391L), confirming that these mutations disrupted the interactions of G2 and G3 domains, making the cleavage site more susceptible to exposure; and they also predicted that mutations in the G3 domain will also lead to disease. Our newly identified K346fs mutation was located in the G3 domain, which was near the sites that we mentioned above, and might promote the occurrence of disease in the similar way. Moreover, the case 1 patient carried K346fs mutation started disease early, and her PIB-PET showed Aβ deposition. Therefore, we considered that the K346fs mutation is most likely to be pathogenic.

Both the P3fs mutation, which was our newly identified, and the A34fs mutation had a frame shift at the start site. Due to the frame shift at the start site, some scholars believed that it might not translate the functional domain of gelsolin. Therefore, the amyloid protein formed by the A34fs mutation might have different composition relative to other FAF fibrils

TABLE 4 | Pathogenic mutations in the *GSN* gene in worldwide.

Mutation	Area	Disease	Pathogenic protein deposition	Clinical manifestations
P3fs*	China	AD	Not known, maybe brain	Cognitive dysfunction, mild peripheral neurological symptoms, no eye or skin symptoms.
A34fs	China (Feng et al., 2018)	Atypical FAF	Not known, maybe brain and cerebral vessels.	Seizures and brain lesions. no skin, or eye symptoms.
G194R	USA (Sethi et al., 2013)	Gelsolin-related renal amyloidosis	Kidney	Chronic kidney disease and anemia.
N211K	USA (Efebera et al., 2014)	Gelsolin-related renal amyloidosis	Kidney	Nephrotic range proteinuria of 13.2 g/day as the only presenting symptom.
D214N/Y	Finland (Hiltunen et al., 1991; Mustonen et al., 2018), USA (Caress et al., 2017), Japan (Makioka et al., 2010; Asahina et al., 2011; Taira et al., 2012), Spain (Huerva et al., 2007), France (Chastan et al., 2006), Portugal (Conceição et al., 2003), England (Stewart et al., 2000), Iran (Ardalan et al., 2007), Brazil (Solari et al., 2011; de Souza et al., 2017), Sweden (Carrwik and Stenevi, 2009), Germany (Luttmann et al., 2010), Korea (Park et al., 2016)	FAF	Eye, nerve, and skin	The main clinical manifestations are corneal lattice dystrophy, cranial neuropathy, peripheral neuropathy and cutis laxa. In East Asia (Japan and Korea), the clinical manifestations of FAF were mainly neurological symptoms.
K346fs*	China	AD	Not known, maybe brain	Cognitive dysfunction, personality changes, psychiatric symptoms, symptoms in multiple systems of the body (eyes, skin and thyroid).
P459R	USA (African descent; Oregel et al., 2018)	Atypical FAF	Muscle tissue	Cranial nerve palsy (facial nerve) and proximal muscle weakness, then dead due to unexplained dyspnea and severe sepsis. The MRI of the head and spinal cord was normal. Biopsy of left quadriceps femoris biopsy showed focal myopathy and denervation atrophy (severe, type II).
A578P	USA (Sridharan et al., 2018)	ATTR (transthyretin amyloidosis)	Myocardium (amyloid deposition); abdominal fat and rectum mucosa (gelsolin deposition).	Combination with V122I mutation of the <i>TTR</i> gene (mainly related to cardiac involvement), characterized by progressive dyspnea, no cranial nerve, eye or skin symptoms.

*Novel mutation.

(Feng et al., 2018; Zorgati et al., 2019). Both patients with A34fs and P3fs mutations mainly presented with central nervous symptoms, without skin, eyes, and peripheral nervous symptoms. All patients (case 2–5) with P3fs mutation had a late onset of disease, and the PIB-PET showed no A β deposition in the case 5 patient. But the patient with A34fs mutation reported recently did not have a biopsy of skin or other sites. It was uncertain whether the patient had the deposition of gelsolin protein. Although the P3fs mutation was assessed as “likely pathogenic” by ACMG, we considered that it needed more studies to verify.

There was also a close relationship between AD and gelsolin protein. The level of gelsolin changed as AD progressed (Antequera et al., 2009; Guntert et al., 2010; Peng et al., 2015; Yao et al., 2018). Mechanism studies found that gelsolin contained two A β binding sites (Chauhan et al., 1999), through binding to A β protein, gelsolin could inhibit A β -induced toxicity (Harms et al., 2004; Qiao et al., 2005), inhibit A β fibrosis and degrade fibers that already formed (Ray et al., 2000; Hirko et al., 2007). Studies also showed that injection or over expression of gelsolin resulted in a significant reduction in amyloid loads and a decrease in A β levels in AD transgenic mice (Hirko et al., 2007;

Antequera et al., 2009; Yang et al., 2014). In general, gelsolin acted as an anti-amyloid-forming protein and had neuroprotective effects in AD patients. When the *GSN* gene mutated in AD patients, its protective effect on the nerve might be decreased, thus promoting the occurrence of AD.

Some variants in genes of *CST3*, *IMT2B*, and *TTR* were detected in our study, but they were not pathogenic. Although some evidence suggested that the cystatin C could affect the A β protein processing (Kaur and Levy, 2012), there were no pathogenic mutations found in the *CST3* gene in Chinese patients with AD (Hua et al., 2012; Paz-Y-Miño et al., 2015), which was similar to our results. As for the *TTR* gene, some potential pathogenic mutations were reported in patients with AD (Sassi et al., 2016; Xiang et al., 2017), which was different to our results. The reasons for the difference might be our smaller sample size and different races. The *ITM2B* gene was similar to *CST3* (Fotiniopoulou et al., 2005; Matsuda et al., 2005), and no related pathogenic mutations were reported. Therefore, we suspected that these three genes may not be closely related to AD.

In summary, we are the first to report AD phenotype with *GSN* mutation in patients with AD in Chinese cohort, expanding

the GSN gene mutation spectrum and its corresponding clinical phenotype spectrum. Although mutations in the GSN gene are rare, it may explain a small portion of AD.

DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found below: BioProject NCBI, accession no.: PRJNA656640 (<https://www.ncbi.nlm.nih.gov/bioproject/PRJNA656640>).

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by Ethics Committee of National Center for Geriatrics Clinical Medical Research, China. The patients/participants provided their written informed consent to participate in this study. Written informed consent was obtained from the

individual(s) for the publication of any potentially identifiable images or data included in this article.

AUTHOR CONTRIBUTIONS

LS designed the experiment. YJ performed the experiment. YJ, XX and XLiu processed the data. YJ wrote the article. BJ and XLiao modified the article.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Differential Circulating Levels of Naturally Occurring Antibody to α -Synuclein in Parkinson's Disease Dementia, Alzheimer's Disease, and Vascular Dementia

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Background: Aggregation of alpha-synuclein (α -Syn) is considered to be a significant pathological hallmark and a driving force of Parkinson's disease (PD). PD dementia (PDD) occurs in a substantial number of PD patients. Naturally occurring antibody against α -Syn (NAb- α -Syn) exists ubiquitously in human blood and is reported to be altered in PD. However, it is not clear yet whether PDD had similar changes of circulating NAb- α -Syn.

Methods: In this study, we recruited 61 PDD patients, 52 patients with Alzheimer's disease (AD), 51 patients with vascular dementia (VaD), and 50 normal controls (NCs). ELISA was used to examine NAb- α -Syn levels in serum.

Results: In comparison with NCs, serum levels of NAb- α -Syn were significantly lower in patients with PDD. However, serum levels of NAb- α -Syn were comparable among AD, VaD, and NC groups. Serum levels of NAb- α -Syn were positively correlated with the cognitive function, as reflected by Mini-Mental State Examination (MMSE) and Montreal Cognitive Assessment (MoCA). Serum levels of NAb- α -Syn were negatively correlated with the severity of PD [as reflected by the Unified Parkinson Disease Rating Scale (UPDRS)] and the duration of PD and PDD. Serum NAb- α -Syn can differentiate PDD patients from AD and VaD patients.

Conclusion: These results suggest that circulating NAb- α -Syn might be a potential biomarker of PDD.

Keywords: α -Synuclein, dementia, naturally occurring antibody, biomarker, circulating

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INTRODUCTION

Neurodegenerative disorders such as Parkinson's disease (PD), Alzheimer's disease (AD), and Creutzfeldt-Jakob disease (CJD) are characterized by the deposition and aggregation of misfolded proteins in the central nervous system (CNS; Skovronsky et al., 2006). The characteristic pathological changes in PD consist of dopaminergic neuronal loss, gliosis, and intraneuronal Lewy body formation in the substantia nigra pars compacta and striatum. Alpha-Synuclein (α -Syn) was found to be the predominant protein in Lewy body inclusions (Tofaris and Spillantini, 2007).

Although PD is considered to be a motor disorder, non-motor symptoms may occur from early stages, even before the manifestation of motor symptoms. Dementia can occur in a substantial number of PD patients with a prevalence of about 30% (Hanagasi et al., 2017). PD dementia (PDD) is characterized by a dysexecutive syndrome with early and prominent impairment of attention and visuospatial functions, moderately impaired episodic memory, and relatively preserved core language functions (Hanagasi et al., 2017). Although the symptoms and clinical courses vary in PDD and other types of dementia, there is some overlap of clinical characteristics among different dementias. Currently, blood-based biomarkers are limited to distinguish them. After damage of neurons or axons, soluble α -Syn is released into the cerebral spinal fluid and efflux to the circulation in PD patients and in healthy individuals (El-Agnaf et al., 2006). This event may stimulate an induction of autoantibody formation against α -Syn [naturally occurring antibody against α -Syn (NAb- α -Syn); Papachroni et al., 2007]. The levels of circulating NAb- α -Syn have been reported to be altered in PD patients (Besong-Agbo et al., 2013). However, studies investigating the levels of NAb- α -Syn in PDD patients are limited. In this study, we investigated whether circulating NAb- α -Syn was capable of distinguishing PDD from AD and vascular dementia (VaD).

MATERIALS AND METHODS

Participants

A total number of 61 PDD, 52 AD, and 51 VaD patients were consecutively recruited from the Department of Neurology, Sichuan Provincial People's Hospital. Fifty normal controls (NCs) without cognitive dysfunction were recruited from the health examination center of Sichuan Provincial People's Hospital. PDD was diagnosed according to criteria proposed by the Movement Disorder Society Task Force (Emre et al., 2007). Patients who developed dementia within 1 year after PD onset were excluded. AD diagnoses were based on the clinical criteria for probable AD as described by the National Institute on Aging-Alzheimer's Association (McKhann et al., 2011). The diagnosis of VaD was based on the Diagnostic and Statistical Manual of Mental Disorders—fourth Edition (DSM-IV) and also fulfilled the imaging criteria for VaD (Erkinjuntti et al., 2000). Patients with cognitive and behavioral symptoms presenting as a result of other conditions, such as acute confusion due to systemic disease, abnormality or drug intoxication, depression, normal pressure hydrocephalus, progressive supranuclear palsy, or history of significant brain trauma followed by persistent neurologic deficit or known structural brain abnormality, were excluded. All participants received cognitive assessment using Mini-Mental State Examination (MMSE) and Montreal Cognitive Assessment (MoCA). Severity of PD was assessed by the Unified Parkinson Disease Rating Scale (UPDRS). Informed consent was obtained from all patients and their legal relatives. This research project was approved by the institutional review boards at Sichuan Provincial People's Hospital.

Isolation of Naturally Occurring Antibody Against Alpha-Synuclein

NAb- α -Syn isolated from human intravenous immunoglobulin G (IVIg; Yuanda, Sichuan, China) was used as a standard. NAb- α -Syn was extracted using affinity chromatography. Briefly, a column was packed with 2 ml resin (PIERCE Biotechnology, Rockford, IL, USA), labeled with 1 mg recombinant α -Syn (rPeptide, Bogart, GA, USA), equilibrated, and washed with phosphate-buffered saline (PBS, pH 7.4). After passing purified IVIg through the column, fractions were eluted with glycine buffer, pH 2.8. The main fractions containing the highest amount of NAb- α -Syn were pooled, and their concentration was determined using the NanoDrop spectrometer (Nanodrop1000, PeqLab, Erlangen, Germany). Pooled NAb- α -Syn was stored at -20°C until use.

Naturally Occurring Antibody Against Alpha-Synuclein ELISA

High-bind 96-well ELISA plates (Nunc, Denmark) were coated overnight with recombinant α -Syn 50 $\mu\text{g/ml}$ (100 ml/well) in phosphate-coating buffer (1.7 mM sodium dihydrogen phosphate, 98 mM disodium hydrogen phosphate, 0.05% sodium azide; pH 7.6) at 4°C . Wells were then blocked with 5% bovine serum albumin (BSA; Sigma, St. Louis, MO, USA) in PBS for 1 h at 37°C . Standards were prepared by diluting purified NAb- α -Syn from IVIg in dilution buffer (5% BSA). Sera were diluted 1:100. Plates were washed four times with 300 μl washing buffer (PBS with 0.05% Tween-20) and incubated with standards and samples (100 μl /well) for 1 h at room temperature (RT). After washing, plates were incubated with 100 μl /well of detection antibody, a 1:5,000 dilution of peroxidase-labeled goat antihuman IgG antibody (Sigma, St. Louis, MO, USA) in dilution buffer, at RT for 1 h. After a final wash, the assay was developed using 100 μl /well TMB (Sigma, St. Louis, MO, USA) for 15 min. The reaction was stopped with 30 μl 2 N sulfuric acid (Roth, Karlsruhe, Germany) and read at 450 nm. The difference in signal between coated and uncoated wells was considered to be solely due to α -Syn-nAbs binding to α -Syn and was used for further calculations.

Statistics

Statistical analysis was performed using SPSS (version 19.0, SPSS, Chicago, IL, USA). The Kolmogorov-Smirnov and Shapiro-Wilk tests were used to check for normal distribution. To compare demographic, clinical, and serum data between groups, parametric and nonparametric tests such as one-way analysis of variance were used. Kruskal-Wallis test was used to compare multiple groups (PDD, AD, VaD, and NC), followed by *post hoc* pairwise comparisons using Dunn multiple comparison procedures. In order to test for significant correlations between clinical and demographic characteristics of patients and the serum data, Spearman rank correlation was used. Optimal sensitivity and specificity were determined *via* the receiver operating characteristic (ROC) curve analysis to determine the capacity of NAb- α -Syn in differentiating different types of dementia. A $p < 0.05$ was regarded as significant.

TABLE 1 | Demographic data of subjects.

	NC (n = 50)	PDD (n = 61)	AD (n = 52)	VaD (n = 51)	p
Age, years	66.68 \pm 8.63	69.07 \pm 8.25	66.90 \pm 9.58	65.00 \pm 8.99	0.115
Female, n (%)	25 (50.00)	31 (50.82)	25 (48.08)	24 (47.06)	0.978
ApoE ϵ 4, n (%)	10 (20.00)	12 (19.67)	24 (46.15)	10 (19.61)	0.003
Education, years	8.84 \pm 4.49	8.92 \pm 4.55	8.08 \pm 4.27	8.47 \pm 4.58	0.752
MMSE	27.96 \pm 1.88	14.52 \pm 6.62	14.87 \pm 6.21	15.27 \pm 5.37	<0.001
MoCA	28.12 \pm 1.76	12.90 \pm 6.24	13.19 \pm 5.15	12.10 \pm 4.61	<0.001
UPDRS	NA	29.70 \pm 1.75	NA	NA	NA
Duration of PD	NA	7.26 \pm 3.83	NA	NA	NA
Duration of dementia	NA	2.57 \pm 2.51	5.73 \pm 2.96	6.04 \pm 3.38	<0.001

Age, education, MMSE, MoCA, and UPDRS were expressed as means \pm SD. Female and ApoE ϵ 4 carriers were expressed as number (frequencies). NA, not applicable; NC, normal control; PDD, Parkinson's disease dementia; AD, Alzheimer's disease; VaD, vascular dementia; MMSE, Mini-Mental State Examination; MoCA, Montreal Cognitive Assessment; UPDRS, Unified Parkinson Disease Rating Scale.

RESULTS

Demographics

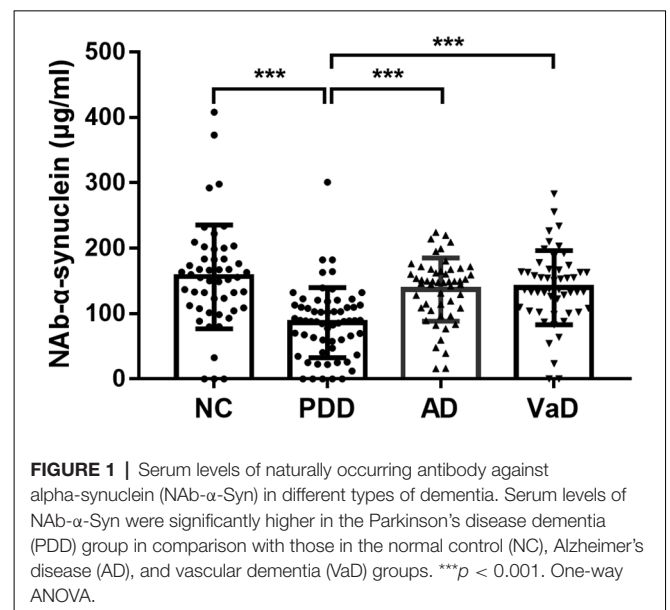
The present study recruited 61 PDD patients, 52 AD patients, 51 VaD patients, and 50 NCs. The average age was not significantly different among groups (NC: 66.68 \pm 8.63 years, PDD: 69.07 \pm 8.25 years, AD: 66.90 \pm 9.58 years, VaD: 65.00 \pm 8.99 years; p = 0.115). The percentages of females were similar among groups (NC: 50.00%, PDD: 50.82%, AD: 48.08%, VaD: 47.06%; p = 0.978). However, the percentage of ApoE ϵ 4 carriers was significantly higher in the AD group (NC: 20.00%, PDD: 19.67%, AD: 46.15%, VaD: 19.61%; p = 0.003). The average education level was also not significantly different among groups (NC: 8.84 \pm 4.49 years, PDD: 8.92 \pm 4.55 years, AD: 8.08 \pm 4.27 years, VaD: 8.47 \pm 4.58 years; p = 0.752). The cognitive status, as reflected by MMSE (NC: 27.96 \pm 1.88, PDD: 14.52 \pm 6.62, AD: 14.87 \pm 6.21, VaD: 15.27 \pm 5.37; p < 0.001) and MoCA (NC: 28.12 \pm 1.76, PDD: 12.90 \pm 6.24, AD: 13.19 \pm 5.15, VaD: 12.10 \pm 4.61; p < 0.001), was significantly different among groups (Table 1).

Serum Naturally Occurring Antibody Against Alpha-Synuclein Levels in Different Types of Dementia

We first investigated serum levels of NAb- α -Syn in different types of dementia. We found that serum levels NAb- α -Syn were significantly higher in the PDD group (86.2 \pm 53.6 pg/ml) in comparison with those in the NC (156.3 \pm 79.4 pg/ml; p < 0.001), AD (136.9 \pm 48.2 pg/ml; p < 0.001), and VaD (139.7 \pm 56.6 pg/ml; p < 0.001) groups. However, no significant difference was found among the NC, AD, and VaD groups (Figure 1). These findings indicated that the alteration of serum NAb- α -Syn levels was relatively specific in PDD.

Correlations of Serum Naturally Occurring Antibody Against Alpha-Synuclein Levels With Cognitive Function

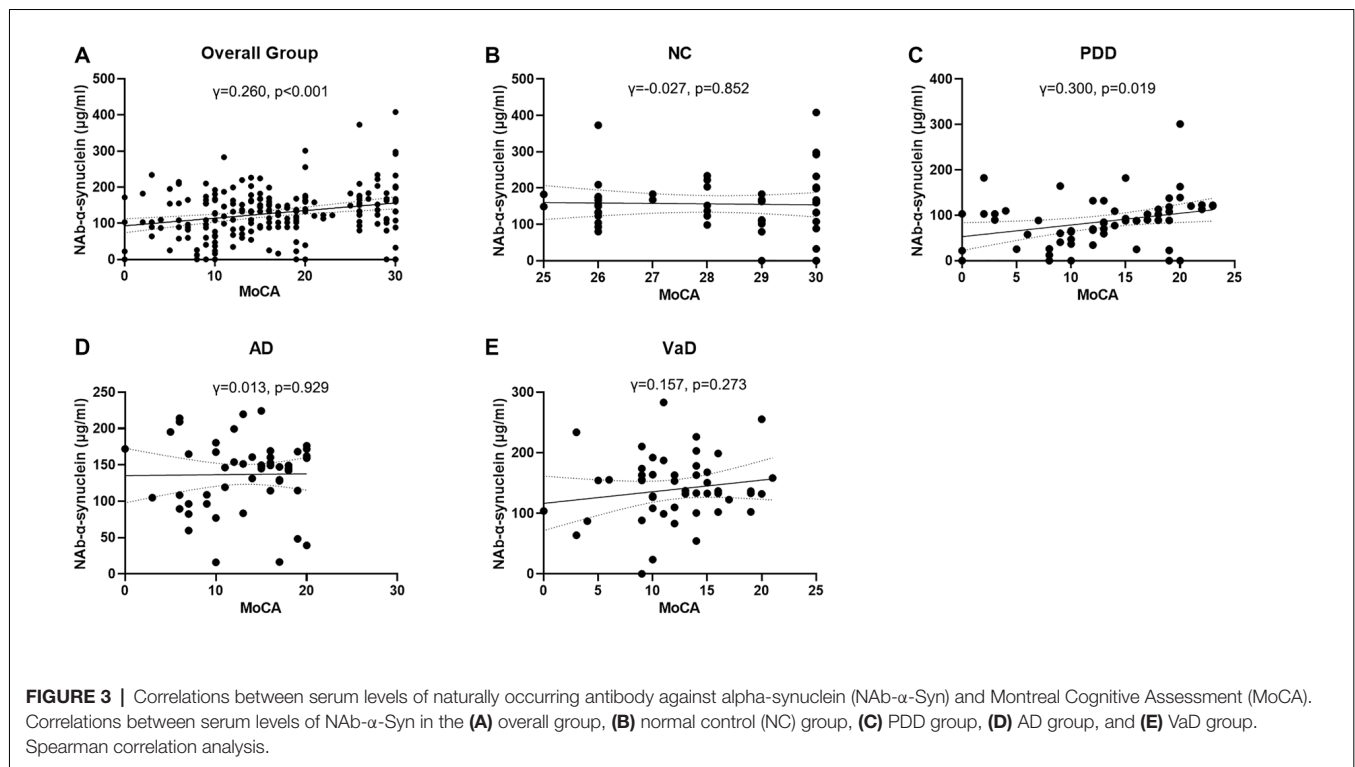
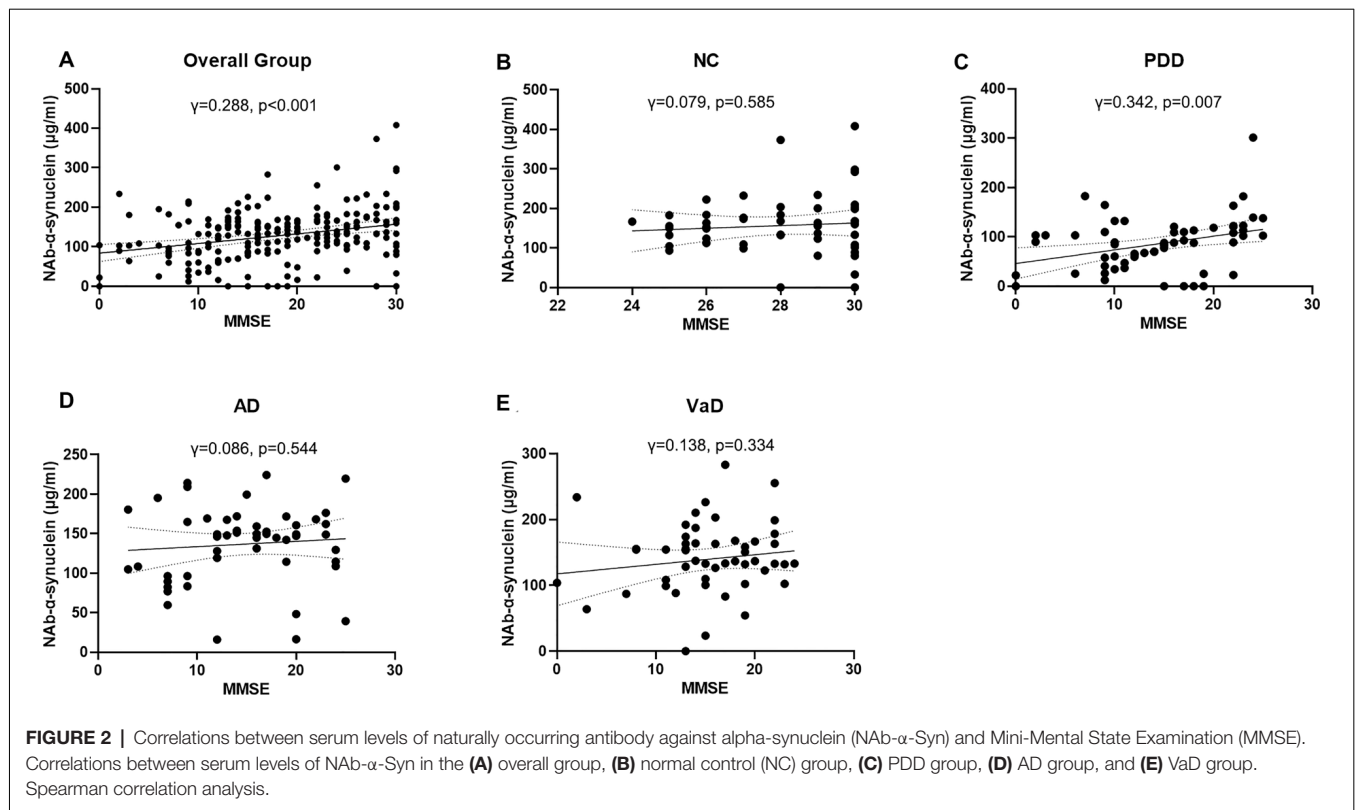
We next investigated the correlations of serum NAb- α -Syn levels with the cognitive functions. We found that serum NAb- α -Syn levels were significantly correlated with MMSE in the overall group (γ = 0.288, p < 0.001). Subgroup analysis indicated that serum NAb- α -Syn levels were significantly



correlated with MMSE in the PDD group (γ = 0.342, p = 0.007), but not in the NC (γ = 0.079, p = 0.585), AD (γ = 0.086, p = 0.544), or VaD (γ = 0.138, p = 0.334) group (Figure 2). Similarly, serum NAb- α -Syn levels were significantly correlated with MoCA in the overall group (γ = 0.260, p < 0.001) and the PDD subgroup (γ = 0.300, p = 0.019), but not in the NC (γ = -0.027, p = 0.852), AD (γ = 0.013, p = 0.929), or VaD group (γ = 0.157, p = 0.273; Figure 3).

Correlations of Serum Naturally Occurring Antibody Against Alpha-Synuclein Levels With Disease Severity and Duration

We next investigated the correlations between serum NAb- α -Syn levels and UPDRS in the PDD group. We found that serum NAb- α -Syn levels were negatively correlated with UPDRS (γ = -0.531, p < 0.001; Figure 4A). However, serum NAb- α -Syn levels were not significantly correlated with the age of PDD patients (γ = -0.096, p = 0.463; Figure 4B). Serum NAb- α -Syn levels had a positive correlation with both the duration of PD (γ = -0.374, p = 0.003) and dementia (γ = -0.498, p < 0.001)



in the PDD group (Figures 4C,D). However, serum NAb- α -Syn levels were not correlated with the duration of dementia in the

AD ($\gamma = 0.051, p = 0.718$; Figure 4E) or VaD group ($\gamma = -0.167, p = 0.242$; Figure 4F).

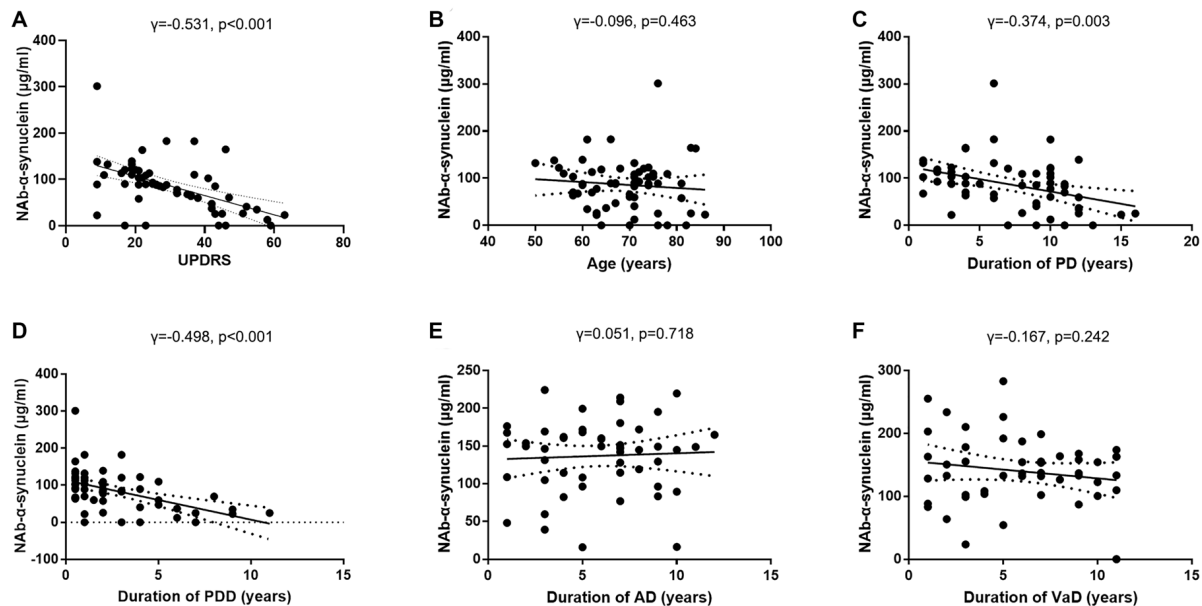


FIGURE 4 | Correlations of serum levels of naturally occurring antibody against alpha-synuclein (NAb- α -Syn) with disease severity and duration. **(A)** Correlation between serum levels of NAb- α -Syn and Unified Parkinson Disease Rating Scale (UPDRS) of PDD. **(B)** Correlation between serum levels of NAb- α -Syn and age of PDD. **(C)** Correlation between serum levels of NAb- α -Syn and duration of Parkinson's disease (PD). **(D)** Correlation between serum levels of NAb- α -Syn and duration of PDD. **(E)** Correlation between serum levels of NAb- α -Syn and duration of AD. **(F)** Correlation between serum levels of NAb- α -Syn and duration of VaD. Spearman correlation analysis.

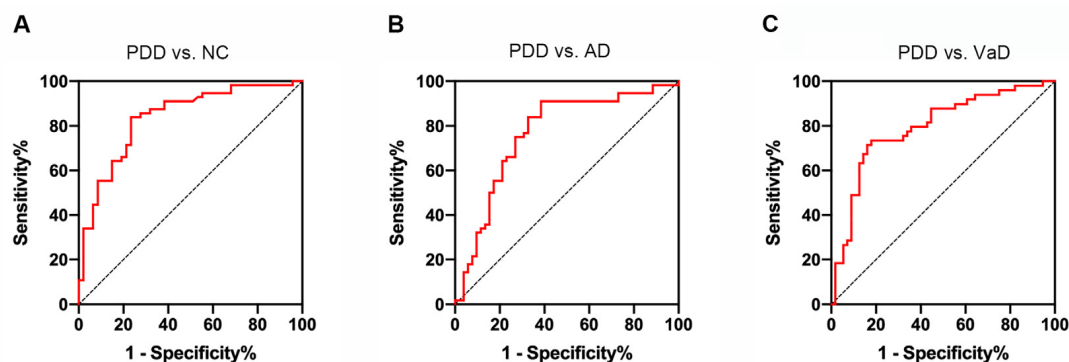


FIGURE 5 | Receiver operating characteristic (ROC) curves of serum naturally occurring antibody against alpha-synuclein (NAb- α -Syn) in differentiating PDD from normal control (NC) and other types of dementia. **(A)** The ROC curve of serum NAb- α -Syn in differentiating PDD from NC. **(B)** The ROC curve of serum NAb- α -Syn in differentiating PDD from AD. **(C)** The ROC curve of serum NAb- α -Syn in differentiating PDD from VaD.

The Capacity of Serum Naturally Occurring Antibody Against Alpha-Synuclein in Differentiating Different Types of Dementia

Using the ROC curve analysis, we found that the area under the ROC curve (AUC) of serum NAb- α -Syn in PDD vs. NC was 0.837 ($p < 0.001$, 95% confidence interval = 0.758–0.915). When applying the optimal cut-off value of 123.0 pg ml⁻¹ calculated using the Youden index, the overall sensitivity and specificity of serum NAb- α -Syn for distinguishing PDD from NC was 83.9% and 76.6%, respectively (**Figure 5A**). The AUC of serum

NAb- α -Syn in PDD vs. AD was 0.712 ($p < 0.001$, 95% confidence interval = 0.672–0.859). When applying the optimal cut-off value of 140.7 pg ml⁻¹, the overall sensitivity and specificity of serum NAb- α -Syn for distinguishing PDD from AD were 91.1% and 61.5%, respectively (**Figure 5B**). The AUC of serum NAb- α -Syn in PDD vs. VaD was 0.794 ($p < 0.001$, 95% confidence interval = 0.706–0.882). When applying the optimal cut-off value of 140.7 pg ml⁻¹, the overall sensitivity and specificity of serum NAb- α -Syn for distinguishing PDD from AD were 73.5% and 82.1%, respectively (**Figure 5C**).

DISCUSSION

In the present study, we found differential serum levels of NAb- α -Syn among PDD, AD, and VaD patients. Serum levels of NAb- α -Syn were correlated with the cognitive function and disease severity of PDD. Moreover, serum levels of NAb- α -Syn is a potential biomarker for differentiating PDD from AD and VaD.

α -Syn exists in its soluble form and can efflux from the brain into the periphery, which may stimulate the production of NAb- α -Syn. The levels of NAb- α -Syn in PD were controversial in previous studies (Besong-Agbo et al., 2013; Folke et al., 2019). Currently, few studies have investigated the circulating levels of NAb- α -Syn in PDD. We found in this study that circulating NAb- α -Syn was decreased in PDD patients. However, AD and VaD patients had comparable circulating NAb- α -Syn levels. These findings imply that the pattern of circulating NAb- α -Syn may have disease specificity among neurodegenerative diseases. The mechanism underlying the decrease of NAb- α -Syn is not clear yet. We found that serum NAb- α -Syn levels were correlated with the duration of PD and PDD, but not with the age of PDD patients, indicating that the alteration of NAb- α -Syn levels are not consequent to aging, but to the α -Syn pathogenesis. It is possible that NAb- α -Syn is consumed by increased circulating α -Syn.

The decrease of NAb- α -Syn in PDD may have some clinical and pathological relevance. We found that circulating levels of NAb- α -Syn were positively correlated with MMSE and MoCA scores in the overall group and PDD subgroup. Furthermore, circulating levels of NAb- α -Syn were also negatively correlated with UPDRS in the PDD group. These findings suggest an association between NAb- α -Syn and the severity of neurodegeneration in PDD. While the etiology of PDD is multifactorial, α -Syn is suggested to be a central component to the pathogenesis of the disease (Rocha et al., 2018). NAb- α -Syn may aid in the clearance of α -Syn, resulting in the alleviation of neuronal injury by α -Syn. This hypothesis is supported by previous studies, which suggests that NAb- α -Syn rescues memory and motor functions and attenuates α -Syn pathologies in animal models of PD (Huang et al., 2019). In this regard, NAb- α -Syn might be a physiological protective factor against α -Syn pathologies. The decrease of NAb- α -Syn in PDD might contribute to α -Syn-induced memory loss and motor dysfunctions.

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Currently, the differential diagnosis of dementia is largely based on the symptom spectrum of patients. Recent progress in molecular imaging (Janelidze et al., 2020; Kantarci et al., 2020; Kozlova et al., 2020) and cerebrospinal fluid (CSF) biomarkers (Altomare et al., 2019; Llibre-Guerra et al., 2019) improved the diagnostic accuracy of dementia. However, due to the high cost and invasiveness of these diagnostic strategies, blood-based biomarkers are in urgent need for the diagnosis and differential diagnosis of dementia. Our ROC curve analysis found that circulating NAb- α -Syn has relatively high accuracy to differentiate PDD from AD and VaD. As there is some overlap of clinical manifestations among different types of dementia, NAb- α -Syn might be a potential differential diagnostic biomarker of PDD.

This study is limited by its cross-sectional nature and small sample size. Besides, this study is a pure correlative study that investigated the association between NAb- α -Syn and PDD. However, we found a disease-specific change of circulating NAb- α -Syn in PDD. This study also proposed a possible role of NAb- α -Syn in the pathogenesis of PDD from a clinical aspect.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by Sichuan Provincial Hospital. The patients/participants provided their written informed consent to participate in this study.

AUTHOR CONTRIBUTIONS

J-HW and MH designed the study and drafted the manuscript. JW and BZ conducted the experiments, collected and analyzed the data, and drafted the manuscript. SY and MH were responsible for clinical assessment of the subjects.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Neurogranin: A Potential Biomarker of Neurological and Mental Diseases

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Neurogranin (Ng) is a small protein usually expressed in granule-like structures in pyramidal cells of the hippocampus and cortex. However, its clinical value is not fully clear so far. Currently, Ng is proved to be involved in synaptic plasticity, synaptic regeneration, and long-term potentiation mediated by the calcium- and calmodulin-signaling pathways. Due to both the synaptic integrity and function as the growing concerns in the pathogenesis of a wide variety of neurological and mental diseases, a series of researches published focused on the associations between Ng and these kinds of diseases in the past decade. Therefore, in this review, we highlight several diseases, which include, but are not limited to, Alzheimer's disease, Parkinson disease, Creutzfeldt–Jakob disease, neuro-HIV, neurosyphilis, schizophrenia, depression, traumatic brain injury, and acute ischemic stroke, and summarize the associations between cerebrospinal fluid or blood-derived Ng with these diseases. We propose that Ng is a potential and promising biomarker to improve the diagnosis, prognosis, and severity evaluation of these diseases in the future.

Keywords: neurodegenerative disorder, mental disorder, biomarker, cerebrospinal fluid, neurogranin

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INTRODUCTION

Neurogranin (Ng, also called RC3, p17, and BICKS) is a protein with a molecular weight of 7.5 kD and composed of 78 amino acids (Watson et al., 1990). It is often found in granule-like structures in pyramidal cells of the hippocampus and cortex, which gives rise to its name of “neurogranin” (Represa et al., 1990). Ng was discovered in 1990; however, its clinical value is not fully clear so far.

The mammalian Ng gene NRGN spans around 12.5 kbp and contains four exons and three introns (Martinez de Arrieta et al., 1997). The human Ng sequence predicts five amino acids encoded by exon 1 and 73 amino acids encoded by exon 2 (Martinez de Arrieta et al., 1997). However, the other two exons contain untranslated sequences (Martinez de Arrieta et al., 1997). The coding sequence homology of NRGN between humans and rats is 90% at the nucleic acid level and 96% at the protein level (Martinez de Arrieta et al., 1997). In early studies, Ng was found principally as a neuronal postsynaptic protein in the telencephalon of the adult rat, specifically

Abbreviations: AD, Alzheimer's disease; AIS, acute ischemic stroke; A β , amyloid β ; BACE1, precursor protein cleaving enzyme; CCI, controlled cortical impact; CJD, Creutzfeldt–Jakob disease; CNS, central nervous system; CSF, cerebrospinal fluid; DLB, dementia with Lewy bodies; FTD, frontotemporal dementia; GPI, general paresis of the insane; HD, Huntington disease; MCI, mild cognitive impairment; NDEs, neuronal-derived exosomes; NDs, neurodegenerative disorders; neuro-HIV, neuro-human immunodeficiency virus; NfL, neurofilament light; Ng, neurogranin; NRGN, neurogranin gene; NS, neurosyphilis; PD, Parkinson disease; PDD, PD with dementia; p-tau, phosphorylated tau; ROC, receiver operating characteristic; TBI, traumatic brain injury; t-tau, total tau.

located in the cell bodies and dendrites of neurons in the cerebral cortex, hippocampus, and striatum (Represa et al., 1990) (Figure 1). Thereafter, Ng was detected successively in the lung, spleen, and bone marrow with a low expression level (Diez-Guerra, 2010). Moreover, high and moderate levels of Ng were found in platelets and B type lymphocytes, respectively (Glynne et al., 2000; Gnatenko et al., 2003). A recent study first identified Ng expression in both human and mouse endothelia (Cheriyian et al., 2020).

The present data strongly point that Ng is involved in the plasticity and regeneration of synapse mediated by the calcium- and calmodulin-signaling pathways. For instance, Zhong et al. (2009) found that Ng enhances the postsynaptic sensitivity and elevates the synaptic strength in an activity- and NMDAR-dependent manner (Zhong et al., 2009). Besides, the potentiation of synaptic transmission modulated by Ng mimics and occludes the long-term potentiation (Zhong et al., 2009). A recent study revealed that long-term blockade of NMDAR significantly decreases Ng expression (Garrido-Garcia et al., 2019). Moreover, the long-term bicuculline administration facilitates synaptic activity and increases Ng expression (Garrido-Garcia et al., 2019). Lentiviral expression of Ng results in the elevated density of both excitatory and inhibitory synapses (Garrido-Garcia et al., 2019). In addition, Ng is involved in a variety of biochemical processes and molecular interactions (Figure 2).

Of note, synaptic integrity and function are both the growing concerns in the pathogenesis of a wide variety of neurological and mental diseases (Fyfe, 2015; Hellwig et al., 2015; Yang et al., 2015; Zetterberg and Blennow, 2015; Bereczki et al., 2017; De Vos et al., 2017; Guha et al., 2018; Blennow et al., 2019). In animal experiments, it showed that mice lacking NRG1 show a remarkable decline in hippocampus-dependent spatial memory and deficits in hippocampal long-term potentiation (Pak et al., 2000). Aging is associated with the cognitive decline as well as the decreased Ng levels in pyramidal neurons (Mons et al., 2001). Ng reduction and cognitive deficit detected in 5XFAD mice are restored after the intra-hippocampal injection with an Ng-expressing lentiviral vector (Jeon et al., 2018). On the basis of these basic studies, a series of researches published in the past decade focused on the associations between Ng and these kinds of diseases, which include, but are not limited to, AD, PD, CJD, HIV, infection (neuro-HIV), NS, TBI, AIS, and schizophrenia.

Therefore, in this review, we highlight and summarize several neurological and mental diseases associated with Ng and propose that Ng is a potential and promising biomarker to improve the diagnosis, prognosis, and severity evaluation of these diseases in the future.

ASSOCIATIONS BETWEEN NEUROGRANIN AND NEUROLOGICAL AND MENTAL DISEASES

Using the keywords, including “neurogranin,” “Ng,” “RC3,” and “BICKS,” we searched the clinical research articles involved in Ng via PUBMED and categorized them as per the kind of disease.

An overview of the major clinical researches involved in Ng was currently published (Table 1).

Cerebrospinal Fluid Neurogranin in Neurodegenerative Disorders

Neurodegenerative disorders (NDs) are characterized by progressive dysfunction of neurons, glia, synapses, as well as the neural networks (Kovacs, 2016, 2017). A critical feature of NDs is the aggregation and deposition of variants of physiological proteins in the CNS (Kovacs, 2016, 2017). Both neurons and glia have the capacity to accumulate these pathological variants (Kovacs, 2016, 2017). NDs can be broadly classified by their clinical presentations, most of which are the disorders of movement, cognition, mentation, or behavior. A small portion of patients develop pure syndromes, but most patients show mixed clinical features (Dugger and Dickson, 2017). AD and PD are the two kinds of the most common NDs. The occurrence of these types of NDs is usually in middle or old age, and the incidence is elevated with an increasing life expectancy of the population. In general, the diagnostic gold criteria of diverse NDs are neuropathological evaluation at autopsy. In comparison, the detectable biomarkers *in vivo* are supposed to improve the diagnosis, stratification, and prognosis of patients (Kovacs, 2016).

Cerebrospinal Fluid/Plasma Neurogranin in Alzheimer's Disease

As the most common kind of dementing disease, AD is a relentlessly progressive and fatal disorder of CNS, which begins approximately 10–15 years before the clinical manifestations (Raffi, 2016). Pathologically, AD is characterized by both certain hallmarks in the brain, including the extracellular plaques composed of A β peptide and the intracellular neurofibrillary tangles composed of the hyperphosphorylated tau protein (Blennow et al., 2006). Undoubtedly, the core CSF biomarkers of A β reflecting brain amyloidosis, t-tau reflecting neurodegeneration intensity, and p-tau that is related to tau pathology, have good diagnostic accuracy in clinical practice. However, in view of the multifactorial pathogenesis of AD and the overlapping pathology with other kinds of dementia, it is necessary to integrate the core CSF biomarkers with other novel biomarkers that are capable of reflecting different aspects of neuropathology. Synaptic degeneration is an essential component of AD pathophysiology, which is present in early disease stages (Masliah et al., 2001; Scheff et al., 2007). An increasing amount of data suggests that synaptic dysfunction is associated with cognitive decline and ahead of neuronal degeneration (DeKosky and Scheff, 1990). Thus, the biomarkers reflecting the integrity and plasticity of synapses may be useful for the early diagnosis and prognosis of AD.

Many of clinical studies support the findings that the levels of CSF Ng are higher in AD or MCI patients than those in healthy controls (HCs) or non-AD dementia patients (Fyfe, 2015; Hellwig et al., 2015; Kester et al., 2015; Portelius et al., 2015). Higher levels of CSF Ng are positively correlated to higher scores of A β neuritic plaques and tau tangles pathology (Portelius et al., 2018). High levels of CSF Ng in AD and prodromal AD have

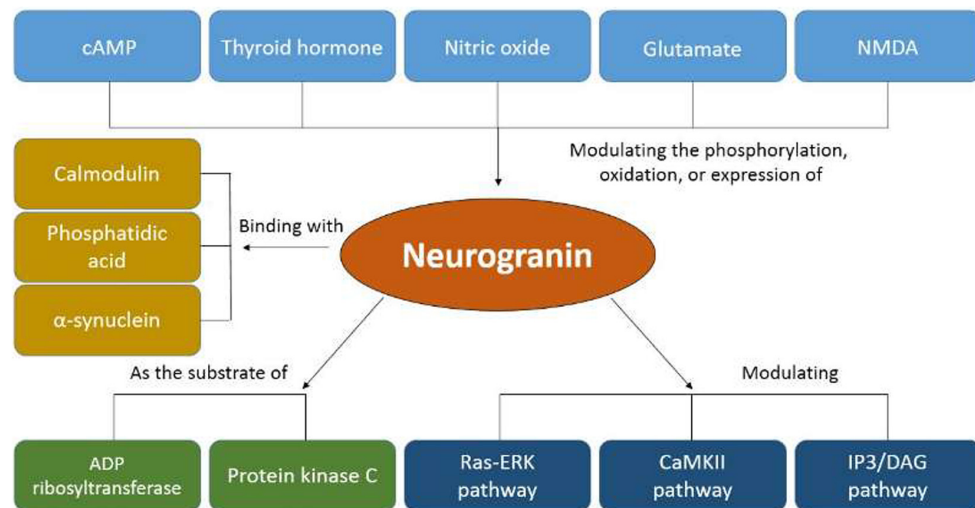


FIGURE 1 | Cellular and regional distribution of neurogranin in the adult rat brain.

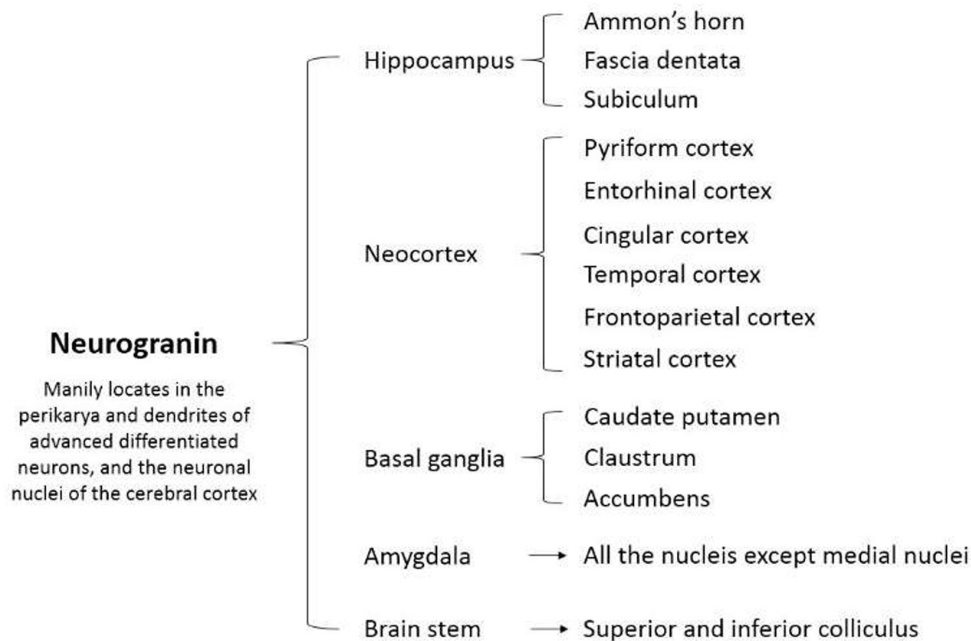


FIGURE 2 | A diagram of the molecular and signaling pathways involved in neurogranin. cAMP, cyclic adenosine monophosphate; NMDA, *N*-methyl-D-aspartate; ADP, adenosine diphosphate; ERK, extracellular signal-regulated kinase; CaMK II, calmodulin-dependent protein kinase II; IP3, inositol 1,4,5-trisphosphate; DAG, diacylglycerol.

been verified in several subsequent studies (Hellwig et al., 2015; Kvartsberg et al., 2015a).

A study explored the correlations between baseline CSF Ng levels with baseline and longitudinal cognitive decline, brain atrophy, and glucose metabolism (Portelius et al., 2015). They found that high baseline levels of CSF Ng in the MCI patients are associated with the longitudinal decline of hippocampal volume and cortical glucose metabolism at clinical follow-up (Portelius et al., 2015). Further, within the progressive

MCI group, elevated CSF Ng levels correlate with accelerated deterioration in Alzheimer's disease Assessment Scale—cognitive subscale (Portelius et al., 2015). In a recent meta-analysis, it revealed that the CSF Ng level is significantly higher in MCI patients progressed to AD than that in stable MCI patients (Mavroudis et al., 2019).

A cross-sectional and longitudinal observational study of cognitive decline between the symptomatic AD patients and cognitively normal controls proved that the CSF levels of Ng can

TABLE 1 | An overview of the major clinical researches involved in Ng published currently.

	Participants	Measures	Outcomes	Correlations	Study design	References
AD	ADD (<i>n</i> = 39) MCI-AD (<i>n</i> = 13) MCI-o (<i>n</i> = 29) Non-ADD (<i>n</i> = 14)	CSF Ng	MCI-AD ↑ vs. MCI-o ADD ↑ vs. MCI-o	Positively correlated with CSF tau and p-tau.	Case-control study	Hellwig et al., 2015; Kvartsberg et al., 2015b
	AD (<i>n</i> = 65) MCI (<i>n</i> = 61) CTRL (<i>n</i> = 37)	CSF Ng	Baseline CSF levels of Ng: AD ↑ vs. CTRL MCI-AD ↑ vs. sMCI Predicting progression from MCI to AD	Positively correlated with CSF T-tau and P-181 tau, but not with Aβ42.	Longitudinal study	Kester et al., 2015; Zetterberg and Blennow, 2015
	ADD (<i>n</i> = 95) MCI (<i>n</i> = 173) CTRL (<i>n</i> = 110)	CSF Ng	ADD ↑ vs. CTRL MCI ↑ vs. CTRL sMCI ↑ vs. CTRL pMCI ↑ vs. CTRL pMCI ↑ vs. sMCI	High baseline CSF Ng predicting cognitive decline as reflected by decreased MMSE.	Case-control study	Portelius et al., 2015
	ADD (<i>n</i> = 397) MCI (<i>n</i> = 114) FTD (<i>n</i> = 96) PDD (<i>n</i> = 29) DLB (<i>n</i> = 33) CTRL (<i>n</i> = 75)	CSF Ng and autopsy for the neuropathology	ADD ↑ vs. CTRL ADD ↑ vs. MCI AD biomarker-positive CTRL subjects ↑ vs. AD biomarker negative CTRL group ADD vs. PD ↓/PD MCI ↓/PDD ↓ ADD ↑ vs. FTD/ALS	Positively associated with: Aβ neuritic plaque and tau tangle pathology scores.	Prospective study	Portelius et al., 2018
	ADD (<i>n</i> = 100) MCI (<i>n</i> = 40) CTRL (<i>n</i> = 80)	CSF Ng	Both AD and MCI-AD: markedly decrease; The highest level in ADD; High CSF Ng levels at the MCI stage; Predicting progression to ADD.	Positively correlated with t-tau and p-tau, but no correlations with Aβ 1-42.	Case-control study	Kvartsberg et al., 2015a
	AD (<i>n</i> = 95) CTRL (<i>n</i> = 207)	CSF Ng	The mean (SE) AUC was 0.73 (0.04) for Ng to differentiate patients with early symptomatic AD from CTRL; Predicting future cognitive impairment (adjusted hazard ratio, 1.89).	CSF Ng level correlates with a whole brain and regional atrophy in AD, and the amyloid load in preclinical AD.	Cross-sectional and longitudinal observational study	Tarawneh et al., 2016
	AD (<i>n</i> = 10) MCI (<i>n</i> = 20) MCI-AD (<i>n</i> = 20) CTRL (<i>n</i> = 10)	Plasma NDEs levels of: PT-181-tau PS-396-tau Aβ 1-42 Ng	AD/MCI vs. CTRL: Plasma NDE levels of PT-181-tau PS-396-tau, and Abeta 1-42 ↑ Plasma NDE levels of Ng ↓	N/A	Case-control study	Winston et al., 2016
	Discovery stage: AD (<i>n</i> = 28) aMCI (<i>n</i> = 25) CTRL (<i>n</i> = 29) Validation stage: AD (<i>n</i> = 73) aMCI (<i>n</i> = 71) CTRL (<i>n</i> = 72) pre-AD (<i>n</i> = 160) CTRL (<i>n</i> = 160)	Blood nero-exosomal: GAP43 Ng SNAP25 Synaptotagmin 1	Discovery stage: AD ↓ vs. CTRL aMCI ↓ vs. CTRL aMCI ↑ vs. AD Validation stage: same with discovery stage The combination of exosomal biomarkers detected AD 5 to 7 years before cognitive impairment (AUC = 0.87–0.89)	Exosomal biomarker levels were correlated with those in CSF ($R^2 = 0.54–0.70$).	Longitudinal and retrospectively study	Antonell et al., 2020; Jia et al., 2020
	MCI or ADD (in total <i>n</i> = 59) CTRL (<i>n</i> = 29)	Paired CSF/plasma samples	CSF: MCI ↑ vs. CTRL AD ↑ vs. CTRL plasma: AD vs. CTRL: no change	Positively correlated with CSF tau; Negatively correlated with CSFAβ 1-42/Aβ 1-40; No correlation between CSF and plasma Ng.	Case-control study	De Vos et al., 2015; Kvartsberg et al., 2015a

(Continued)

TABLE 1 | Continued

	Participants	Measures	Outcomes	Correlations	Study design	References
PD	PD (<i>n</i> = 52) PD Drug naïve (<i>n</i> = 30) CTRL (<i>n</i> = 87)	CSF Ng; Motor disease stage (Hoehn and Yahr scale) Cognitive performance (MoCA).	PD ↑ vs. CTRL	Associated with reduced cognition and higher motor disease stage.	Case-control study	Bereczki et al., 2017
	PD (<i>n</i> = 30) CTRL (<i>n</i> = 26)	CSF Aβ; α-synuclein; Ng; Cortical glucose metabolism.	PD ↓ vs. CTRL	Lower CSF Ng concentrations were found with more severe reductions on FDG-PET.	Longitudinal study	Selnes et al., 2017
	CTRL (<i>n</i> = 47) PD (<i>n</i> = 157) PDD (<i>n</i> = 29) AD (<i>n</i> = 124) MSA (<i>n</i> = 26)	CSF Ng	PD ↓/PDD ↓/ MSA ↓ /PSP ↓ vs. CTRL PD ↓/PDD ↓/ MSA ↓ /PSP ↓ vs. AD	No significant associations between Ng and clinical progression.	Case-control study	Hall et al., 2020
HD	CTRL (<i>n</i> = 12) HD gene expansion carriers (<i>n</i> = 20)	CSF Ng	HD vs. CTRL: No change	N/A	Case-control study	Byrne et al., 2018
CJD	AD (<i>n</i> = 46) CJD (<i>n</i> = 81) CTRL (<i>n</i> = 64)	CSF Ng T-tau NfL 14-3-3 protein postmortem brain tissue	CSF: CJD ↑ (4.75 times of CTRL) vs. CTRL AD ↑ (1.94 times of CTRL) vs. CTRL Differentiating CJD from AD (AUC = 0.85) Brain tissue: Ng reduced in AD, and more significantly in CJD	Showed a good correlation with tau, but did not correlate with NfL.	Case-control study	Blennow et al., 2019
	CJD (<i>n</i> = 38) Pre-AD (<i>n</i> = 21) MCI-AD (<i>n</i> = 56) ADD (<i>n</i> = 108) FTD (<i>n</i> = 34) CTR (<i>n</i> = 50)	CSF Ng	FTD ↓ < CTRL < ADD ↑ < CJD ↑ Applying the AT(N) system, 62% of subjects were positive for neurodegeneration if Ng was used.	N/A	Unicentric cohort study	Antonell et al., 2020; Jia et al., 2020
Neuro-HIV	HIV-1-positive (<i>n</i> = 8) HIV-1-negative (<i>n</i> = 4)	The expression of Ng in FC tissues	HIV-1-positive ↓ vs. HIV-1-negative	Associated with a decreased level of CaMKII	Case-control study	Guha et al., 2018
	HIV-infected (<i>n</i> = 138) CTRL (<i>n</i> = 13)	CSF Ng	HIV-infected individuals vs. CTRL: No change	N/A	Cross-sectional study	Sinharay and Hammoud, 2019; Yilmaz et al., 2019
Neurosyphilis	NS (<i>n</i> = 13) GPI (<i>n</i> = 55) AD (<i>n</i> = 23)	CSF/plasma: Ng, Aβ, BACE1	CSF Ng, BACE1, and tau, as well as plasma BACE1 levels, were significantly different among groups.	CSF tau and plasma Ng correlated with cognitive scale scores	Case-control study	Zhang et al., 2020
Schizophrenia	Schizophrenia (<i>n</i> = 7) CTRL (<i>n</i> = 7)	Prefrontal cortex expression of Ng in pyramidal cells in layers III and V in area 9 and 32.	A marked decrease in Ng immunostaining in both areas 9 and 32 of the prefrontal cortex.	N/A	Case-control study	Broadbelt et al., 2006
Depression	Major depression (<i>n</i> = 12)	Whether the ECT will change CSF Ng	CSF Ng concentrations do not change before and after a course of ECT	Baseline Ng levels were positively correlated with the therapeutic response.	Prospective study	Kranaster et al., 2017

(Continued)

TABLE 1 | Continued

	Participants	Measures	Outcomes	Correlations	Study design	References
FEP	FEP patients (<i>n</i> = 40) CTRL (<i>n</i> = 20)	CSF Ng	FEP patients ↓ vs. CTRL	N/A	Longitudinal study	Santillo et al., 2019
TBI	TBI patients (<i>n</i> = 76) CTRL (<i>n</i> = 150)	Serum Ng	TBI patients ↑ vs. CTRL with an ROC for diagnosing TBI of 0.72	N/A	Case-control study	Yang et al., 2015
	CTRL (<i>n</i> = 328) mTBI (<i>n</i> = 179)	Serum Ng	mTBI patients ↑ vs. CTRL	N/A	Prospective observational study	Peacock et al., 2017
AIS	AIS (<i>n</i> = 50)	Paired CSF/plasma Ng	Ng was elevated in both CSF and plasma.	Positively correlated with infarct volume	Prospective study	De Vos et al., 2017

MCI-AD, MCI due to AD; MCI-o, MCI not due to AD; aMCI, amnesic MCI; CTRL, control; sMCI, stable MCI; pMCI, progressive MCI; Ng, neurogranin; AD, Alzheimer's disease; PD, Parkinson disease; CJD, Creutzfeldt-Jakob disease; TBI, traumatic brain injury; mTBI, mild TBI; AIS, acute ischemic stroke; CSF, cerebrospinal fluid; Aβ, amyloid β; t-tau, total tau; p-tau, phosphorylated tau; MCI, mild cognitive impairment; HD, Huntington disease; FTD, frontotemporal dementia; DLB, dementia with Lewy bodies; PDD, PD with dementia; NFL, neurofilament light; neuro-HIV, neuro-human immunodeficiency virus; FC, frontal cortex; MMSE, Mini-Mental State Examination; ECT, electroconvulsive therapy; MoCA, the Montreal Cognitive Assessment scores; FEP, first episode psychosis; ROC, receiver operating characteristic; NDEs, neuronal-derived exosomes; NS, neurosyphilis; GPI, general paresis of the insane; BACE1, precursor protein cleaving enzyme; N/A, not applicable due to lack of evidence; ↑, increased level; ↓, decreased level.

develop the diagnosis and prognosis for early symptomatic AD that is comparable with other CSF biomarkers of AD (Tarawneh et al., 2016). Importantly, CSF Ng enhances the comprehensive capacity of these biomarkers to predict future cognitive decline in the cognitively normal controls (Tarawneh et al., 2016).

Additionally, the data of Ng expression in postmortem brain tissues of AD demonstrated that the elevated CSF Ng levels are in accordance with the decreased Ng levels in the cerebral cortex and hippocampus (Blennow et al., 2019). Ng levels in brain tissues of AD do not differ between early and late Braak stages, indicating that synaptic loss is not only a late-stage pathological feature (Blennow et al., 2019). Therefore, CSF Ng is a promising biomarker for early diagnosis and progression prediction of AD, which could be a useful complement to the panel of AD biomarkers currently.

For clinical applications, sample collection needs to be as accessible and reproducible as possible. However, no significant differences were found in plasma levels of Ng between AD patients and controls (De Vos et al., 2015), indicating the necessity of developing other kinds of Ng-related biomarkers from the blood. In that regard, a pilot study investigated the blood-derived Ng and revealed that the concentrations of Ng in the plasmatic NDEs are significantly lower in AD compared with the controls and correlate with the progression from MCI to AD (Winston et al., 2016). A recent meta-analysis uncovered that compared with the cognitively normal controls, the levels of plasmatic NDEs Ng in AD patients have an obvious decrease (Liu et al., 2020). Moreover, a recent study confirmed the difference in plasmatic NDEs Ng between AD patients and controls (Jia et al., 2020). Furthermore, the plasmatic exosomal levels of Ng are found to be correlated with CSF Ng levels. Also, the plasmatic exosomal Ng distinguishes AD with amnesic MCI and controls with the highest accuracy among all the plasmatic exosomal synaptic protein candidates, including growth-associated protein 43, Ng, synaptosome-associated protein 25, and synaptotagmin 1 (Jia et al., 2020).

The NIA-AA Research Framework, published in 2018, emphasized the necessity of a biological definition of AD and

established the A/T/(N) biomarker classification system (Jack et al., 2018). In the framework, “A,” “T” and “(N)” stand for Aβ, tau, and neurodegeneration, respectively. It is generally recognized that “N” includes the cellular injury, regional volume loss of the brain, and the destruction of system-level circuits (Jack et al., 2018). Taken together, as a postsynaptic protein, the current evidence suggests that Ng is a promising biomarker reflecting synaptic dysfunction in AD. The value of CSF Ng in the diagnosis and prediction of AD has been clarified, but the relationship between blood-derived Ng and AD still needs further study.

Cerebrospinal Fluid Neurogranin in Parkinson Disease

Characterized by the loss of nigrostriatal dopaminergic neurons, PD is the second most common primary ND of the CNS, whose major clinical manifestation is the development of movement disorder (Barker and Transeuro consortium, 2019). Synaptic dysfunction is an early change in PD, which has been shown in a previous animal study (Yarnall et al., 2013). It proved that the neurons expressing Ng in the cortex degenerate in the late stage of PD (Yarnall et al., 2013). Besides, the levels of phosphorylated Ng are also lower in the superior temporal cortex in PD patients (Koob et al., 2014).

A study enrolled 52 PD patients and 87 HCs, measured the CSF concentrations of Ng, and explored the associations between Ng with motor symptoms (evaluated by Hoehn and Yahr scale) as well as cognitive symptoms (evaluated by the Montreal Cognitive Assessment scores) (Bereczki et al., 2017). It showed significant associations between increased concentrations of CSF Ng and cognitive impairment in the PD group, and CSF Ng is increased in PD patients in a disease-specific manner and associated with the severity of cognitive decline and motor disorder (Bereczki et al., 2017). Confusingly, a subsequent study showed the inconsistent results that enrolled 30 patients with mild-to-moderate PD and 26 HCs and tested the correlation between hypometabolism, CSF Aβ, CSF Ng, and CSF α-synuclein (Selnes et al., 2017). It showed that the CSF Ng levels are significantly lower in mild-to-moderate PD than those in controls

and associated with CSF A β levels, CSF α -synuclein levels, and motor stage (Selnes et al., 2017). A prospective study showed that the Ng levels are significantly lower in PD, PD with MCI, and PDD relative to AD dementia (Portelius et al., 2018). A recent study tested the CSF Ng in patients with PD, PDD, AD, and HCs and investigated the possible correlations between CSF Ng with cognitive and motor impairment (Hall et al., 2020). They found that Ng is decreased in patients with PD and PDD compared with the HCs and AD patients, respectively (Hall et al., 2020). Nevertheless, they did not find that Ng correlates with a motor disorder, cognitive impairment, longitudinal cognitive decline, or the progression to dementia in PD (Hall et al., 2020).

To sum up, the research on PD and Ng is booming currently, but the diagnostic value of Ng in CSF still needs to be further explored. More importantly, the correlation between blood Ng and PD remains unclear.

Cerebrospinal Fluid Neurogranin in Huntington Disease

As an autosomal dominant inheritance disease, HD is devastating to patients and their families, which is caused by an expanded trinucleotide repeat of CAG in the gene of huntingtin (Bates et al., 2015). There is evidence that synaptic dysfunction is a critical feature in HD pathogenesis (Smith et al., 2005; Sepers and Raymond, 2014). The whole-brain gene expression study in postmortem HD patient brains proved that the NRGN is one of the most robustly downregulated genes in HD caudate compared with the controls (Hodges et al., 2006; Runne et al., 2007). However, Byrne et al. (2018) quantified Ng and triggering receptor expressed on myeloid cells-2 in CSF samples from HD mutation carriers and controls and found that CSF Ng levels do not significantly differ between HD and HCs (Byrne et al., 2018). In addition, it did not find the significant associations between CSF Ng levels and the disease burden score, total functional capacity, or motor score (Byrne et al., 2018).

In a word, Ng-related research in HD is still far behind that of AD and PD. This may attribute to the type and characteristics of the disease or the limitation of the current testing methods of Ng.

Cerebrospinal Fluid Neurogranin in Creutzfeldt–Jakob Disease

Creutzfeldt–Jakob disease is a rapidly progressive and fatal neurodegenerative disease that is caused by misfolded, transmissible proteinaceous infectious particles (Uttley et al., 2020). One fundamental characteristic of CJD is synaptic degeneration and disorganization, resulting in neuronal loss and spongiform changes (Blennow et al., 2019). Actually, over a 30% reduction of the certain synaptic index in the brain has been found in prion disease compared with the controls (Clinton et al., 1993).

Blennow et al. (2019) investigated CSF Ng, t-tau, neurofilament light, and 14-3-3 protein in CJD ($n = 81$), AD ($n = 46$), and neurological controls (NCs, $n = 64$). The accuracy of Ng that differentiates the three groups and Ng expression in postmortem brain tissue was evaluated. They found that CJD has the highest levels of CSF Ng, which is helpful in the prediction of prognosis of CJD, is not influenced by age

or sex, and is dependent on disease subtype (Blennow et al., 2019). In detail, CSF Ng is elevated in MM1/MV1 molecular subtypes compared with the VV2 subtype, which is in line with the severity of cortical pathological affection (Blennow et al., 2019). However, the authors did not consider CSF Ng as a specific marker of synaptic degeneration but rather a marker of neuronal damage (Blennow et al., 2019). A recent study had a unicentric cohort of 353 participants, including HC subjects, AD, frontotemporal dementia (FTD), and CJD (Antonell et al., 2020). They analyzed and compared the diagnostic accuracy and differentiating capacity of four noncore biomarkers, which stand for the distinct aspects of the neurodegeneration process (Antonell et al., 2020). The rank of CSF Ng concentrations from lower to higher is FTD < HC < AD < CJD, which is in concordance with previously published data. Comparing their capacity in differentiating among neurodegenerative dementias, CSF Ng shows the significant differences across all three groups (AD, FTD, and CJD) (Antonell et al., 2020).

At present, the relation of Ng and CJD is still scatteredly reported, in which CSF Ng has been evaluated for diagnosis and differential diagnosis, and the results are relatively consistent, suggesting that CSF Ng has the potential to be a CJD biomarker.

Cerebrospinal Fluid Neurogranin in Other Neurodegenerative Disorders

In addition to the AD, PD, and HD, some scattered studies about CSF Ng in other NDs, including FTD, DLB, progressive supranuclear palsy (PSP), and multiple system atrophy (MSA), have been published so far (Wellington et al., 2016; Portelius et al., 2018). An optimized immunoassay was introduced to analyze CSF Ng in a retrospective cohort, which showed FTD does not have significantly elevated CSF Ng concentrations compared with controls (Wellington et al., 2016). Of note, CSF Ng concentrations are slightly higher in speech variant frontotemporal dementia compared with behavioral variant frontotemporal dementia (Wellington et al., 2016). A study investigated CSF levels of Ng and other two synaptic proteins in FTD. CSF samples were analyzed in 66 patients in the FTD spectrum and 19 HCs. Patients were stratified as per their tau-to-A β 42 ratio (tau/A β 42) (Clarke et al., 2019). In detail, patients with a ratio of >1 were considered as undergoing the likely AD pathology (“AD biomarker” group [$n = 18$]), and patients with a ratio <1 were considered as undergoing the likely FTD pathology (“FTD biomarker” group [$n = 48$]) (Clarke et al., 2019). However, no CSF synaptic proteins showed a pathological abnormality in the “FTD biomarker” group, and the higher CSF concentrations of Ng appear to be more related to AD pathology (Clarke et al., 2019).

In a study in which a total of 129 postmortem human brain samples were analyzed in brain regional-specific manner, it found that Ng levels are reduced across the brain regions in all the three dementia groups (DLB, PDD, and AD) compared with the controls (Bereczki et al., 2016). The most significant changes reflecting synaptic dysfunction were found in DLB patients, followed by patients with PDD and AD (Bereczki et al., 2016). The authors suggested that the proposition that synaptic biomarkers predicting cognitive decline in AD is supposed

to be extended to DLB (Bereczki et al., 2016). In contrast, another retrospective cohort study did not show the significant differences in CSF Ng concentrations between DLB and controls (Wellington et al., 2016).

Cerebrospinal Fluid Neurogranin in Infectious Diseases of the Central Nervous System

Infectious diseases of the CNS have a sizable effect on local health-care systems and economies (Vora et al., 2014). The change in mental status induced by the inflammation is a hallmark of neurotropic pathogen infections of the CNS (Klein et al., 2017). Pathogens, including bacteria, viruses, fungi, and parasites, can invade the brain parenchyma and give rise to the inflammation and/or the infection of both meningeal and parenchymal compartments, which lead to the dysfunction of neurons, glia cells, and the neural networks (Cain et al., 2019). On the basis of the published studies so far, we mainly summarize the relationship between Ng and the following two infectious diseases of the nervous system.

Cerebrospinal Fluid Neurogranin in Neuro-Human Immunodeficiency Virus Infection

Soon after transmission, HIV can be detected in the CSF in most patients (Valcour et al., 2012). The antiretroviral therapy has decreased the rates of mortality and morbidity in HIV-positive (HIV⁺) patients and has decreased the incidence of HIV-associated dementia, which is the most severe stage of neuro-HIV (Sinharay and Hammoud, 2019). Synaptic disruption is crucial in the mechanisms of cognitive impairment in HIV-1-infected patients (Everall et al., 1999; Green et al., 2019). Compared with neuronal apoptosis and HIV-encephalitis, the dendritic injury due to HIV-1 infection is more closely related to cognitive impairments among HIV-associated neurocognitive disorder (HAND) patients (Everall et al., 1999). Guha et al. (2018) compared the expression of Ng in the frontal cortex (FC) between HIV-1-positive subjects with and without HAND and the controls (Guha et al., 2018). The study found that the expression levels of Ng are reduced significantly in FC of HAND-positive patients in contrast with the uninfected individuals. Yet, a recent cross-sectional study showed that CSF Ng concentrations are in the same range for all the groups of HIV-infected patients and uninfected controls (Yilmaz et al., 2019).

Cerebrospinal Fluid Neurogranin in Neurosyphilis

NS, the clinical outcomes of nervous system infection of *Treponema pallidum*, can occur at any stage of syphilis (Ropper, 2019). NS is very insidious in the early stage, while its clinical manifestation in the late stage is very serious, which includes the general paresis and tabes dorsalis. Thus the early diagnosis and differential diagnosis are critical.

Intriguingly, patients with NS at a later stage general paresis of the insane (GPI) are found to have the brain pathology features of AD (Zhang et al., 2020). In a recent study, the levels of Ng and amyloid precursor protein cleaving enzyme (BACE1) in CSF and plasma, together with A β 40, A β 42, and t-tau in the CSF of AD patients ($n = 23$), GPI patients ($n = 55$), and NS patients

($n = 13$) were tested (Zhang et al., 2020). It found that the CSF concentrations of Ng, BACE1, and tau and the plasma BACE1 levels significantly differ among all the groups (Zhang et al., 2020). Pooling data from GPI and NS patients, both CSF tau and plasma Ng levels, are associated with cognitive scale score. These findings indicate the potential of diagnosis, differential diagnosis, and assessment of the severity of NS (Zhang et al., 2020). However, there are a few other reports, and further research is needed.

Cerebrospinal Fluid Neurogranin in Mental Disorders

Millions of people experience mental disorders, such as schizophrenia and depression. These mental diseases are characterized by a combination of abnormal thoughts, emotions, behaviors, and perceptions (Quintero et al., 2019). Given the multifactorial complexity of these disorders, the biomarkers are supposed to assist in the early diagnosis, monitoring, and treatment selection. As a severe and complex mental disorder, schizophrenia has a lifetime prevalence of $\sim 1\%$, constituting $\sim 1\%$ of the global burden of the disease (Lora et al., 2012). A genome-wide association study identified a relationship between schizophrenia and the single nucleotide polymorphism of rs12807809 in the NRG1 (Stefansson et al., 2009). In recent years, several reports attempted to reveal the association between rs12807809 polymorphism and schizophrenia among different populations, but the results were controversial (Li et al., 2010; Sudesh et al., 2017). A recent meta-analysis aiming to integrate the present studies on the 12807809 polymorphism showed a statistically significant association between schizophrenia and rs12807809 polymorphism in the overall population in the allelic model (odds ratio = 1.10, 95% confidence interval 1.04–1.17). Nevertheless, the subgroup analysis revealed that a similar association only exists in Caucasians but not in Asians (Jin et al., 2019). A study of postmortem brain tissues showed a significant decrease in Ng immunostaining in both areas 9 and 32 of the prefrontal cortex (PFC) in schizophrenia compared with controls (Broadbelt et al., 2006).

In an animal study, transgenic mice overexpressing Ng in the PFC show the enhanced local plasticity and increased rate of extinction learning among different behavioral tasks, suggesting that Ng signaling in the PFC may be a specific therapeutic target for the treatment of disorders that are characterized by impaired extinction of fearful stimuli, e.g., post-traumatic stress disorder, or of reward-associated stimuli, e.g., drug addiction (Zhong et al., 2015). Electroconvulsive therapy (ECT) is a widely used treatment for severe depression, which is considered to facilitate the neurogenesis and neural plasticity (Rotheneichner et al., 2014). A study investigated the changes of CSF Ng in response to ECT treatment in patients with depression and found that the mean CSF Ng levels do not alter within a course of ECT, but the low baseline Ng levels in the patients with major depression are positively associated with the degree of therapeutic response (Kranaster et al., 2017).

Further, a study examined CSF Ng in patients with first-episode psychosis (FEP) and HCs. It showed that CSF Ng is

lower in FEP patients compared with the controls, although it is not statistically significant. In the FEP group, the significant effects of antipsychotic treatment, which is correlated to the lower levels of CSF Ng, suggest that CSF Ng is probably changed as a consequence of minimal exposure to the antipsychotic treatment (Santillo et al., 2019).

In fact, studies on the association between Ng genotypes and psychiatric disorders, particularly schizophrenia, have been carried out for many years. However, the research on the relationship between body fluids-based Ng and mental disorders is still at an early stage and is worth further exploration.

Serum Neurogranin in Traumatic Brain Injury

Traumatic brain injury is a significant medical problem worldwide, which may cause short- or long-term synaptic changes in the CNS, resulting in an increased risk for cognitive impairment later in life (Svirsky et al., 2020). Animal studies showed that TBI could cause significant changes in axonal structure, synaptic structure, dendritic morphology, and spine density as a result of diffuse axonal injury and synaptic loss (Gao et al., 2011; Park and Biederer, 2013). A study developed a sensitive Ng sandwich ELISA to measure Ng quantitatively in serum samples from both cohorts of acute TBI patients and non-TBI controls. It found that serum Ng levels in acute TBI patients are significantly higher than those in non-TBI controls, with a ROC of 0.72 for diagnosing TBI (Yang et al., 2015). An observational emergency department study of head-injured and control patients also reached the consistent conclusions that Ng is elevated within 2–6 h after injury (Peacock et al., 2017). A recent study aimed to explore the effect of TBI on Ng by detecting the protein expression at different time points after injury (Svirsky et al., 2020). Adult male rats were subjected to either CCI group or sham group, and the expression of Ng and postsynaptic density (PSD) 95 was measured by Western blotting in the cortex and hippocampus at 1, 7, 14, and 28 days after injury. It found that the contralateral and ipsilateral hippocampus have a significant reduction in Ng levels at 1 day after CCI injury. Besides, the levels of Ng in the ipsilateral hippocampus are still significantly decreased at 7 and 14 days after CCI injury, whereas they recover to sham levels by 28 days. These results indicated that CCI lowers Ng expression in a temporal and regional specificity manner (Svirsky et al., 2020).

As a disease entity, TBI is also a risk factor for a variety of neurological diseases. Current studies suggest that Ng has potential in TBI diagnosis and disease progression. However, the lack of clinical research has limited the further transformation and application of Ng.

Cerebrospinal Fluid and Plasma Neurogranin in Acute Ischemic Stroke

Globally, stroke (including ischemic stroke and hemorrhagic stroke) affects around 13.7 million individuals per year and is the second leading cause of death (Lindsay et al., 2019). Ischemic stroke caused by arterial occlusion is responsible for the majority of stroke cases (Campbell et al., 2019). After a stroke, a period of plasticity involving the neuronal genesis and synaptic

modulation is essential to spontaneous recovery, which contains compensatory adaptation and real neurologic recovery (Felling and Song, 2015). A prospective study exploring Ng in paired CSF/plasma samples of AIS patients used both ELISA and single-molecule array (Simoa) technology for Ng measurement (De Vos et al., 2017). It showed that plasma Ng levels are only associated with the volume of cerebral infarction. Likewise, the levels of CSF Ng are significantly higher in patients with an infarction volume >5 ml than those in patients with smaller infarction volume. However, neither the symptoms severity nor long-term outcomes are correlated with Ng in plasma or CSF (De Vos et al., 2017).

In addition to AD, AIS is the only disease that has been studied to observe levels of CSF and blood Ng and their correlation. The discussed findings suggest the potential of blood Ng in reflecting brain tissue damage. However, whether the blood and CSF Ng have certain consistency is still an unavoidable issue for blood-based Ng. Recent studies have found that some kind of enzymes have the capacity of cleaving Ng and yielding specific fragments (Becker et al., 2018), which could influence the accuracy of the current detection methods. Therefore, the development of novel detection approaches is an urgent part of Ng clinical research.

DISCUSSION

Considerable evidence proves that a synaptic dysfunction is an early event in the pathogenesis of many neurodegenerative diseases, particularly in the AD (DeKosky and Scheff, 1990; Masliah, 2001) and PD (Jellinger, 2012). As a postsynaptic protein, Ng has been recommended as a promising biomarker for synapse loss or dysfunction (Brinkmalm et al., 2019). A series of clinical studies have confirmed the rationality, validity, sensitivity, and specificity of CSF Ng in the diagnosis for both AD dementia and prodromal AD. Thus, CSF Ng has been included in the A/T/(N) research framework of the biological definition of AD as an essential indicator of neurodegeneration (Jack et al., 2018).

However, there are still many problems in the development of the application of Ng from bench to bedside. So far, no clear evidence proves that Ng is a disease-specific biomarker, as the change of function and structure of synapse is common in the pathogenesis of different kinds of CNS diseases, indicating that the current research reports are insufficient to uncover the profile and potential application values of Ng in clinical practice. Besides, the consistency of the present results about Ng and AD is acceptable, but the other findings need more interpretation, such as the association of Ng with PD (Selnes et al., 2017; Hall et al., 2020), neuro-HIV (Guha et al., 2018; Yilmaz et al., 2019), FTD (Byrne et al., 2018; Clarke et al., 2019), etc., which in part attributes to the current measuring methods lacking high accuracy in detecting the proteins of extremely low levels both in CSF and blood.

Given that the blood samples are more accessible than CSF samples, striving has been made for replacing CSF-based biomarkers with blood-based biomarkers, especially for the diagnosis of NDs such as AD. For instance, the blood and CSF levels of neurofilament light (a promising biomarker for

AD diagnosis) has been proved consistent (Fortea et al., 2018; Jack et al., 2018), indicating that it is potential to develop a blood-based, rapid, simple, portable, and easily accessible testing method for the AD screening in community populations. Frustratingly, only scattered studies have investigated blood Ng levels but failed to show a significant difference between AD patients and HCs. Also, no significant correlation between CSF and blood Ng was reported previously (De Vos et al., 2015). Besides, blood Ng has also been poorly studied in other neurodegenerative diseases. Given that the concentration of CNS biomarkers outside of the CNS is often extremely low, it is difficult to be conducted using conventional clinical assays.

Other important factors complicating the analysis include peripheral expression of Ng, the endogenous antibodies interfering with the measured results, and the proteases influence the catabolism of Ng (Zetterberg and Burnham, 2019). Since the discovery of Ng in 1990 (Watson et al., 1990), there are, to our knowledge, very few studies investigating its metabolic profile. Mass spectrometry analyses suggested that Ng is catabolized into several short C-terminal peptides, which can be identified in CSF, and only minute amounts of full-length Ng is present in CSF. Furthermore, it showed that Ng in human plasma exists as several endogenous peptides via analyzing paired plasma and CSF samples from patients with AD and HCs. Among the endogenous Ng peptides detected, CSF Ng 48–76 shows the most pronounced increase in patients with AD compared with the controls. Importantly, Ng 48–76 is also proved to be dominant in the brain tissues of AD patients. However, Ng 48–76 is not detected in plasma. These findings indicate that this particular peptide is probably brain-specific (Kvartsberg et al., 2015b). Conversely, four of the Ng peptides found only in plasma are not generated after incubation of full-length Ng in Ng-depleted plasma, indicating that some certain enzymes existing in plasma have the capacity of cleaving Ng at different sites (Kvartsberg et al., 2015b).

On the basis of current studies, Ng is expressed in the lung, spleen, bone marrow, and platelets, which may contribute to its high concentrations in blood. Due to the high plasma concentrations of Ng in normal individuals (Kvartsberg et al., 2015b), the subtle alteration is probably not detected in blood in

case of chronic progressive neurodegeneration like AD. Besides, Ng is catabolized into several short C-terminal peptides; the levels of which vary in CSF and plasma, implying that the development of monoclonal anti-Ng antibodies-based testing methods is relatively difficult.

In summary, blood-based biomarkers are an important development direction in the diagnosis of neurological and mental diseases due to their many advantages compared with CSF based biomarkers. Currently, the transformation process of Ng from bench to bed has been developing rapidly in the NDs, especially in AD. In other kinds of diseases, such as PD and schizophrenia, it also has a very great potential value of transformation and application. As an essential synaptic component, Ng is a potential and promising biomarker to improve the diagnosis, prognosis and severity evaluation of the neurological and mental diseases in the future with the development of detection approaches and sample processing.

AUTHOR CONTRIBUTIONS

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Acupuncture for the Treatment of Alzheimer's Disease: An Overview of Systematic Reviews

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Background: Acupuncture may be an effective complementary treatment for Alzheimer's disease (AD). The aim of this study was to summarize the evidence provided by systematic reviews (SRs)/meta-analyses (MAs) on the effect of acupuncture on AD.

Methods: Eight electronic databases were searched from their inception until October 19, 2020. The methodological quality, reporting quality, and risk of bias of the included SRs were assessed by the Assessing the Methodological Quality of Systematic Reviews 2 (AMSTAR-2), the Risk of Bias in Systematic Reviews (ROBIS) tool, and the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA). Moreover, the evidence quality of the outcome measures was assessed by the Grading of Recommendations, Assessment, Development, and Evaluation (GRADE).

Results: Eleven SRs/MAs met all inclusion criteria. According to the results of the AMSTAR-2, all included reviews were rated critically as being of low quality. With PRISMA, the reporting checklist was relatively complete, but some reporting weaknesses remained in the topics of the protocol and registration, search strategy, risk of bias, additional analyses, and funding. Based on the ROBIS tool, only two SRs/MAs had a low risk of bias. With the GRADE system, no high-quality evidence was found, and only seven outcomes provided moderate-quality evidence. Among the downgraded factors, the risk of bias within the original trials was ranked first, followed by inconsistency, imprecision, and publication bias.

Conclusions: Acupuncture is a promising complementary treatment for AD. However, due to the low quality of the SRs/MAs supporting these results, high-quality studies with rigorous study designs and larger samples are needed before widespread recommendations can be made.

Keywords: acupuncture, Alzheimer's disease, overview, systematic reviews, treatment

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INTRODUCTION

Alzheimer's disease (AD) is a common progressive degenerative encephalopathy characterized by cognitive impairment, declining memory, emotional changes, and a language barrier (McKhann et al., 1984). AD seriously affects the physical health and quality of life of patients and places a heavy burden on families and society (Xu et al., 2017). With the extension of the average life

expectancy of the population, the incidence of AD is increasing annually; the number of patients worldwide is currently as high as 24 million, which is expected to increase 4-fold by 2050 (Reitz and Mayeux, 2014). Currently, no medication can prevent, halt, or reverse the progression of AD. The clinical drugs approved by the Food and Drug Administration (FDA) for AD only have modest symptomatic effects (Atri et al., 2008) and have been related to many adverse reactions (Tampi and Dyck, 2007). Hence, some patients choose complementary and alternative medicine to treat AD in an effort to improve their quality of life. Worldwide, acupuncture has been accepted as a popular and safe complementary therapy (Bodeker et al., 2005), and it has been widely used to treat AD by physicians aiming to reduce the side effects of medication and to increase its therapeutic effectiveness.

Systematic reviews (SRs)/meta-analyses (MAs) are important tools to guide evidence-based clinical practice, and they have been widely used in various medical fields in recent years. However, with the increasing number of SRs/MAs, their quality is uneven, and their conclusions on the same topic of SR/MAs are often contradictory; therefore, the clinical evidence they provide has been criticized. A systematic overview of SRs/MAs is a relatively new approach for synthesizing the outcomes from multiple SRs/MAs, evaluating their quality and attempting to address any inconsistent outcomes. The objective of our study was to critically assess the scientific quality of relevant SRs/MAs regarding the application of acupuncture in the treatment of PD using a systematic overview.

MATERIALS AND METHODS

Eligibility Criteria

Type of Studies

This study included SRs/MAs of randomized controlled trials (RCTs) of patients who were diagnosed with AD using definitive diagnostic criteria. Repeated publications, graduate dissertations, and SRs/MAs that were not rigorous were excluded.

Interventions

Studies of acupuncture (e.g., manual acupuncture, auricular acupuncture, or needling) or acupuncture plus conventional therapy (CT) as an intervention for AD were included. The following treatments were used in the control group: medication, placebo, and no treatment. The control group treatments were CT alone or placebo.

Outcome Indicators

SRs/MAs should have at least one clear outcome such as the effective rate, Ability of Daily Living (ADL), Mini-Mental

State Examination (MMSE), Alzheimer's Disease Assessment Scale-Cognition (ADAS-cog), Hasegawa's Dementia Scale (HDS), mood, or behavior.

Data Sources and Search Strategy

Eight electronic databases [Web of Science, The Cochrane Library, PubMed, EMBASE, Sino-Med, China National Knowledge Infrastructure (CNKI), Wanfang Database, and Chongqing VIP] from their inception until February 21, 2020, were searched for potential SRs/MAs, and we conducted an updated search on October 19, 2020, to provide more up-to-date and comprehensive evidence. The search strategies for each database are presented in **Appendix 1**.

Data Management and Extraction

All articles were read by two independent investigators, and data from the articles were validated and extracted according to the predefined criteria. Disagreements between the two investigators were resolved through discussion.

Quality Assessment

Two independent investigators assessed the methodological quality, reporting quality, risk of bias, and evidence quality by the Assessing the Methodological Quality of Systematic Reviews 2 (AMSTAR-2) (Shea et al., 2017), Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) for the acupuncture checklist (Wang et al., 2019a), Risk of Bias in Systematic Reviews (ROBIS) (Whiting et al., 2016), and Grading of Recommendations, Assessment, Development, and Evaluation (GRADE) (Atkins et al., 2004), respectively. Disagreements between the two investigators were resolved through discussion.

The AMSTAR-2 is a valid instrument composed of 16 items, and each item could be evaluated as "yes," "partial yes," or "no." After interpreting the weaknesses detected in all items, the overall rating of the quality can be rated as "high," "moderate," "low," or "critically low" (Shea et al., 2017). The PRISMA statement is a valid instrument composed of 27 items. Each item was evaluated as "yes," "partial yes," and "no," representing full reports, partial reports, and no reports (Moher et al., 2010). The completion of each item is presented as a ratio. The ROBIS is a valid tool composed of three phases for evaluating the level of bias present within an SR. The risk of bias can be rated as "low," "high," or "unclear" (Whiting et al., 2016). The GRADE system assesses evidence quality with four levels: high, moderate, low, or very low. The initial grading would be decreased if there were study limitations, inconsistencies, imprecision, indirectness, or publication bias (Atkins et al., 2004).

RESULTS

Results on Literature Search and Selection

In total, 226 publications were retrieved from the eight databases. After removing duplicates and title/abstract screening, 16 publications were retrieved for full-text assessment. Examining these full-text publications resulted in the exclusion of four publications (**Appendix 2**). Finally, 11 publications (Guo et al., 2008; Lee et al., 2009; Cao et al., 2014; Xu and Xie, 2015; Zhou

Abbreviations: AD, Alzheimer's disease; SR, systematic review; MA, meta-analysis; AMSTAR-2, Assessing the Methodological Quality of Systematic Reviews 2; ROBIS, Risk of Bias in Systematic Reviews; PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses; GRADE, Grading of Recommendations, Assessment, Development, and Evaluation; FDA, Food and Drug Administration; RCTs, randomized clinical trials; CT, conventional therapy; CNKI, China National Knowledge Infrastructure; MMSE, Mini-Mental State Examination Score; ADL, Activities of Daily Living Scale; ADAS-cog, Alzheimer's Disease Assessment Scale-Cognition; HDS, Hasegawa's Dementia Scale; PICO, Population, Intervention, Control Group, and Outcome.

et al., 2015, 2017; Zou et al., 2016; Lin et al., 2017; Huang et al., 2019; Wang et al., 2019b, 2020) were selected for inclusion in this overview. The screening and selection procedure is presented in **Figure 1**.

Description of Characteristics

The summarized data extracted from the 11 SRs/MAs are presented in **Table 1**. These included SRs/MAs that were published in the period from 2008 to 2020. Six of them were written in Chinese (Guo et al., 2008; Cao et al., 2014; Xu and Xie, 2015; Zou et al., 2016; Lin et al., 2017; Wang et al., 2019b), and the remaining five (Lee et al., 2009; Zhou et al., 2015, 2017; Huang et al., 2019; Wang et al., 2020) were written in English. These SRs/MAs were all published by authors from East Asia (10 from China and one from Korea). The number of trials ranged between three and 31, and the sample size ranged from 166 to 2,045. Interventions in the therapy group were mainly acupuncture or

acupuncture combined with CT, while CT or sham acupuncture was used in the control group. In terms of the quality assessment scales, two (Guo et al., 2008; Xu and Xie, 2015) used Jadad, and the others used the Cochrane risk of bias criteria. Three (one was published in English and two were published in Chinese) of the 11 included SRs/MAs reached negative conclusions, and the remaining eight reached positive conclusions (four were published in English and four were published in Chinese).

Results of the Methodological Quality

Considering the methodological quality, all SRs/MAs were regarded as critically low quality because there was more than one critical item that was unmet in the included SRs/MAs. The methodological limitations arose from the following items: item 2 (only one SR/MA registered the protocol), item 4 (only three SRs/MAs provided a complete search strategy), item 7 (none of the SRs/MAs provided

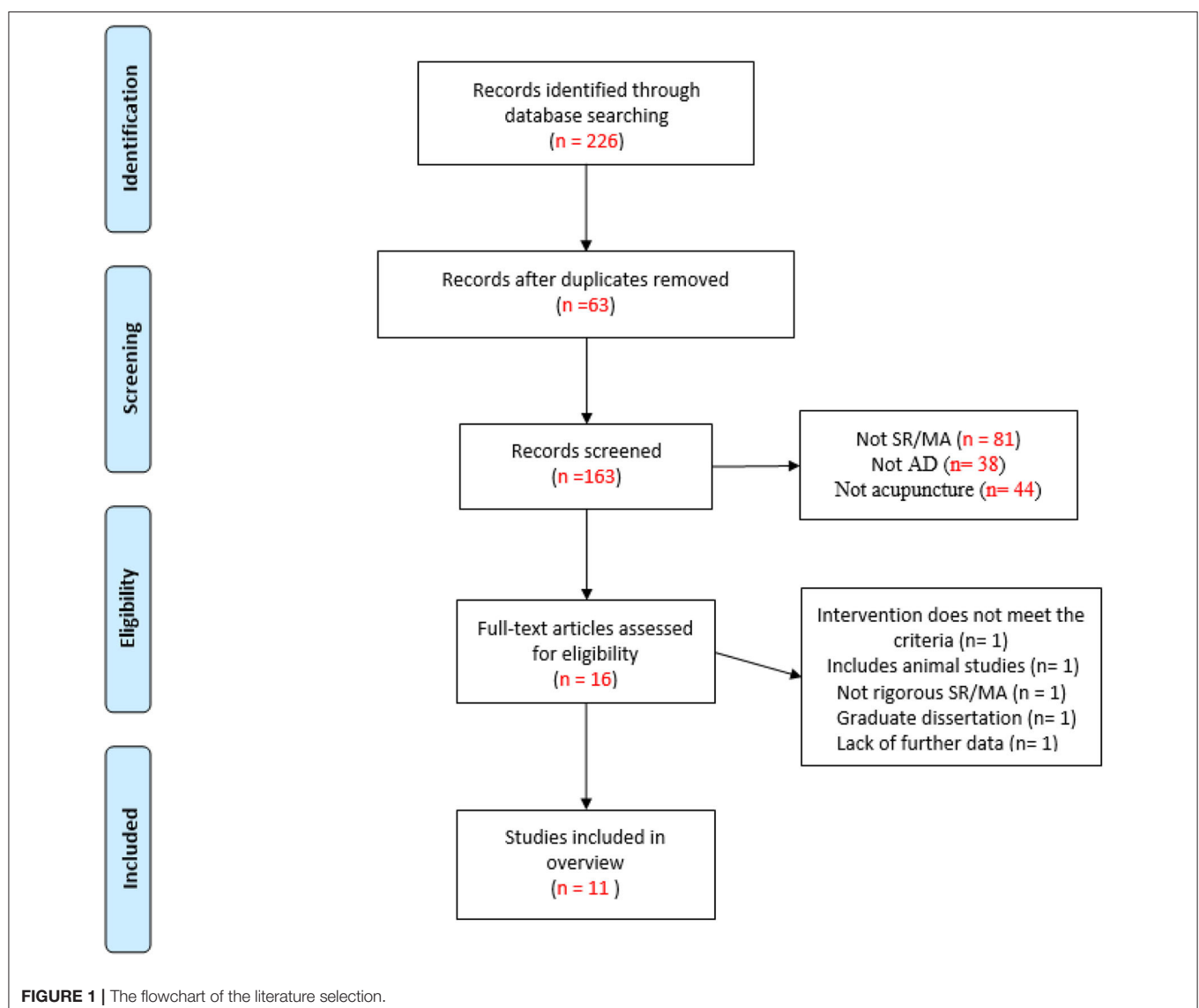


TABLE 1 | Main characteristics of the included reviews.

Author, year (country)	Language	Trials (subjects)	Treatment intervention	Control intervention	Quality assessment	Meta-analyses	Results	Results summary
Wang et al. (2019b) (China)	Chinese	8 (472)	CA + CT	CT	Cochrane criteria	Yes	Acupuncture combined with medicine for cognitive functions and life quality of AD patients is effective	Positive
Lin et al. (2017) (China)	Chinese	13 (730)	CA, EA, AT + CT	CT	Cochrane criteria	Yes	Acupuncture treatment can improve the learning and memory ability of patients with AD	Positive
Zou et al. (2016) (China)	Chinese	8 (349)	CA, EA	CT	Cochrane criteria	Yes	The advantages of acupuncture in treating AD compared with medication are unsure	Negative
Xu and Xie (2015) (China)	Chinese	10 (652)	CA, EA, SA, CA + CT	CT	Jadad	Yes	Acupuncture combined with medication in AD treatment is definitely effective	Positive
Cao et al. (2014) (China)	Chinese	5 (233)	CA	CT	Cochrane criteria	Yes	Compared with medication, the acupuncture cannot improve the MMSE and ADL score in patients with AD	Negative
Guo et al. (2008) (China)	Chinese	22 (1,368)	EA, SA, CA	CT	Jadad	Yes	Acupuncture is effective on AD according to the domestic clinical literatures	Positive
Wang et al. (2020) (China)	English	31 (2,045)	EA, CA + CT	CT, sham acupuncture, no treatment	Cochrane criteria	Yes	Acupuncture plus drug therapy may have a more beneficial effect for AD patients than drug therapy alone on general cognitive function in the short term and medium term and on ADL skills in the medium term	Positive
Huang et al. (2019) (China)	English	13 (777)	CA, EA	CT	Cochranecriteria	Yes	Acupuncture alone is superior to CT for AD in most of the studies assessed in the current MAs	Positive
Zhou et al. (2017) (China)	English	15 (1,217)	CA + CT	CT	Cochrane criteria	Yes	From the current results, acupuncture plus medicine may have advantages over CT for treating AD	Positive
Zhou et al. (2015) (China)	English	10 (585)	SA, EA, CA + CT	CT; no treatment	Cochrane criteria	Yes	Acupuncture may enhance the effect of CT for treating AD in terms of improving cognitive function. Acupuncture may also be more effective than CT at improving AD patients' ability to carry out their daily lives	Positive
Lee et al. (2009) (Korea)	English	3 (166)	EA + CT	CT	Cochrane criteria	Yes	The existing evidence does not demonstrate the effectiveness of acupuncture for AD	Negative

CA, conventional acupuncture; EA, electroacupuncture; SA, scalp acupuncture; EA, eye acupuncture; CT, conventional therapy.

a list of excluded studies), item 13 [three SRs/MAs did not account for risk of bias (RoB) in the primary studies when interpreting the results of the review], and item 15

(four SRs/MAs did not conduct a publication bias study or discuss its impact on the review). The details are given in **Table 2**.

TABLE 2 | Results of the AMSTAR-2 assessments.

References	AMSTAR-2																Quality
	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Q11	Q12	Q13	Q14	Q15	Q16	
Wang et al. (2019b)	Y	PY	Y	PY	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y	CL
Lin et al. (2017)	Y	PY	Y	PY	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	N	Y	CL
Zou et al. (2016)	Y	PY	Y	PY	Y	Y	N	Y	Y	N	Y	N	N	Y	N	N	CL
Xu and Xie (2015)	Y	PY	Y	PY	N	N	N	Y	Y	Y	Y	N	Y	Y	Y	Y	CL
Cao et al. (2014)	Y	PY	Y	PY	Y	Y	N	Y	Y	N	Y	Y	Y	Y	N	N	CL
Guo et al. (2008)	Y	PY	Y	PY	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y	CL
Wang et al. (2020)	Y	PY	Y	Y	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y	CL
Huang et al. (2019)	Y	PY	Y	Y	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y	CL
Zhou et al. (2017)	Y	PY	Y	PY	Y	Y	N	Y	Y	N	Y	Y	N	Y	Y	N	CL
Zhou et al. (2015)	Y	Y	Y	Y	Y	Y	N	Y	Y	Y	Y	Y	N	Y	Y	Y	CL
Lee et al. (2009)	Y	PY	Y	PY	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	N	Y	CL

Y, yes; PY, partial yes; N, no; CL, critically low; L, low; H, high.

Results of the Reporting Quality

Table 3 presents the overview of the PRISMA for the acupuncture checklist. In general, no SR/MA reported all items of the PRISMA, but both of them were adequately reported, over 60%. The results showed that more than half of the items were reported in 100% of all SRs/MAs, but there were still some reporting flaws in other items. In the section of the methods, the topic of the protocol and registration, diagnostic criteria in traditional medicine, search, risk of bias across studies, and additional analyses were reported inadequately ($\leq 50\%$); in the section of the results, no SR/MA reported details of the “de-qi,” and the risk of bias and additional analyses were reported in only 54.5%; in the section of the discussion, limitations were reported in only 81.8%; in section of the funding, funding was reported in only 72.7%. More details are presented in **Table 3**.

Results of ROBIS Evaluation

For ROBIS, phase 1 assesses the relevance of the research topic, and all SRs/MAs were rated as having a low risk of bias. Domain 1 assessed the study eligibility criteria, and all SRs/MAs were rated at a low risk of bias. Domain 2 assessed the identification and selection studies, and 10 SRs/MAs had a low risk of bias. Domain 3 assessed the collection and study appraisal, and 10 SRs/MAs were at a low risk of bias. Domain 4 assessed the synthesis and findings, and 4 out of 11 SRs/MAs were rated as having a low risk of bias. Phase 3 considered the overall risk of bias in the reviews, and three SRs/MAs were at a low risk of bias. More details are presented in **Table 4**.

Evidence Quality

Thirty-three outcomes were evaluated by the GRADE system. According to the evaluation results, no high-quality evidence was found, and only seven outcomes provided moderate-quality evidence. The evidence was downgraded due to limitations within the RCTs, inconsistency, imprecision, and publication bias. The details are given in **Table 5**.

Efficacy Evaluation

Acupuncture vs. CT

Eight studies (Guo et al., 2008; Lee et al., 2009; Cao et al., 2014; Zhou et al., 2015; Zou et al., 2016; Lin et al., 2017; Huang et al., 2019; Wang et al., 2020) compared the effects of acupuncture with CT. The effective rate of acupuncture in the treatment of AD was reported in four of seven SRs/MAs (Guo et al., 2008; Zou et al., 2016; Lin et al., 2017; Huang et al., 2019), and the results showed that acupuncture was superior to CT. Four SRs/MAs (Zhou et al., 2015; Zou et al., 2016; Lin et al., 2017; Huang et al., 2019) found significantly greater reductions in MMSE scores in the acupuncture group than in the CT group; however, there was no significant difference in the other three reviews (Lee et al., 2009; Cao et al., 2014; Wang et al., 2020). One SR/MA (Lee et al., 2009) revealed a significantly greater reduction in ADL scores in the acupuncture group than in the CT group, while there was no significant difference in the other five reviews (Cao et al., 2014; Zhou et al., 2015; Zou et al., 2016; Huang et al., 2019; Wang et al., 2020). Three SRs/MAs (Zhou et al., 2015; Huang et al., 2019; Wang et al., 2020) revealed that the HDL score and ADAS-cog score were significantly lower in the acupuncture group than in the CT group. For the HDS score, three SRs/MAs (Zou et al., 2016; Huang et al., 2019; Wang et al., 2020) revealed a significant decrease in the acupuncture group compared with the CT group.

Acupuncture Plus CT vs. CT

Four SRs/MAs (Xu and Xie, 2015; Zhou et al., 2015, 2017; Wang et al., 2019b) compared the effects of acupuncture plus medication with medication. Two out of the four SRs/MAs (Xu and Xie, 2015; Zhou et al., 2017) reported the effective rate of acupuncture plus CT for AD, and the results indicated that the combined treatment was superior to CT alone. The MMSE score was used to evaluate the efficacy of acupuncture for AD in four SRs/MAs (Xu and Xie, 2015; Zhou et al., 2015, 2017; Wang et al., 2019b), and the results showed that the MMSE score was significantly reduced in the combined treatment group. Three SRs/MAs (Zhou et al., 2015, 2017; Wang et al., 2019b) used ADL scores to evaluate the efficacy of acupuncture plus CT vs. CT.

TABLE 3 | Results of the PRISMA for the acupuncture checklist.

Section/ topic	Items	Wang et al. (2019b)	Lin et al. (2017)	Zou et al. (2016)	Xu and Xie (2015)	Cao et al. (2014)	Guo et al. (2008)	Wang et al. (2019b)	Huang et al. (2019)	Zhou et al. (2017)	Zhou et al. (2015)	Lee et al. (2009)	Compliance (%)
Title	Q1. Title	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
Abstract	Q2. Structured summary	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
Introduction	Q3. Rationale	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q4. Objectives	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
Methods	Q5. Protocol and registration	N	N	N	N	N	N	N	N	N	Y	N	9.1
	Q6. Eligibility criteria	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q6a.1. Diagnostic criteria in Western medicine	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	N	100
	Q6a.2. Diagnostic criteria in traditional medicine	Y	N	Y	N	N	Y	N	N	Y	N	N	36.4
	Q6b. Types of acupuncture	N	Y	Y	Y	N	Y	Y	Y	N	Y	Y	63.6
	Q6c. Report measures for therapeutic effects	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q7. Information sources	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q8. Search	PY	PY	PY	PY	PY	PY	Y	Y	PY	Y	PY	27.3
	Q9. Study selection	Y	Y	Y	Y	N	Y	Y	Y	Y	Y	Y	90.9
	Q10. Data collection process	Y	Y	Y	Y	N	N	Y	Y	Y	Y	Y	81.8
	Q11. Data items	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q12. Risk of bias in individual studies	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q13. Summary measures	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q14. Synthesis of results	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q15. Risk of bias across studies	Y	N	N	Y	N	Y	Y	Y	Y	N	N	54.5
	Q16. Additional analyses	Y	N	Y	N	N	N	Y	Y	Y	Y	N	54.5
Results	Q17. Study selection	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q18. Study characteristics	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q18a. Describe details of “de-qi”	N	N	N	N	N	N	N	N	N	N	N	0
	Q19. Risk of bias within studies	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q20. Results of individual studies	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q21. Synthesis of results	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q22. Risk of bias across studies	N	N	Y	Y	N	Y	Y	Y	Y	N	N	54.5
	Q23. Additional analysis	N	N	Y	Y	N	N	Y	Y	Y	Y	N	54.5
Discussion	Q24. Summary of evidence	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
	Q25. Limitations	Y	Y	N	Y	N	Y	Y	Y	Y	Y	Y	81.8
	Q26. Conclusions	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	100
Funding	Q27. Funding	Y	Y	N	Y	N	Y	Y	Y	N	Y	Y	72.7

TABLE 4 | Results of the ROBIS assessments.

Reviews	Phase 1	Phase 2				Phase 3
	Assessing relevance	Domain 1: study eligibility criteria	Domain 2: identification and selection of studies	Domain 3: collection and study appraisal	Domain 4: synthesis and findings	Risk of bias in the review
Wang et al. (2019b)	😊	😊	😊	😊	😞	😞
Lin et al. (2017)	😊	😊	😊	😊	😞	😞
Zou et al. (2016)	😊	😊	😊	😊	😞	😞
Xu and Xie (2015)	😊	😊	😞	😞	😞	😞
Cao et al. (2014)	😊	😊	😊	😊	😞	😞
Guo et al. (2008)	😊	😊	😊	😊	😞	😞
Wang et al. (2020)	😊	😊	😊	😊	😊	😊
Huang et al. (2019)	😊	😊	😊	😊	😊	😊
Zhou et al. (2017)	😊	😊	😊	😊	😊	😊
Zhou et al. (2015)	😊	😊	😊	😊	😊	😞
Lee et al. (2009)	😊	😊	😊	😊	😞	😊

😊, low risk; 😞, high risk.

in the treatment of AD, and the results showed that there was a significant decrease in ADL scores in the combined treatment group. Furthermore, one review (Wang et al., 2019b) reported that acupuncture plus medication was superior to medication alone for the ADAS-cog score.

DISCUSSION

SRs/MAs are considered the gold standard for assessing the effects of healthcare interventions, but their methodology must strictly comply with a series of guidelines to minimize the possibility of bias in answering a specific research question. That is, a high quality of SRs/MAs is crucial to ensure the validity, clarity, and accurate comprehension of evidence (Jadad et al., 1998; Balshem et al., 2011). In recent years, the number of SRs/MAs targeting the same topic has been increasing, but their quality is uneven, and their results are not always fully consistent. From the perspective of evidence-based medicine, this phenomenon might impair policy-making and healthcare decisions. Based on the above issues, the research methods of an overview of SR/MA has been proposed by experts in evidence-based medicine (Hunt et al., 2018). An SR/MA overview is a comprehensive research method for re-evaluating a comprehensive collection of SRs/MAs related to the same disease or health problem, and it enables more comprehensively integrating evidence, thus providing higher-quality evidence for clinicians. A literature search revealed that numerous SRs/MAs have been performed to clarify the efficacy and safety of acupuncture in the treatment of AD. However, their quality varied, and the results of these SRs/MAs have limitations. We conducted this systematic overview to synthesize the outcomes from multiple SRs/MAs and to evaluate their quality and attempted to address any inconsistent outcomes. To our knowledge, this overview was the first study to comprehensively evaluate SRs/MAs of acupuncture for AD, and some pivotal findings were found.

Summary of Main Findings

First, from this overview, we found that the methodological quality, reporting quality, risk of bias, and evidence quality of the included SRs/MAs were unsatisfactory. In AMSTAR-2, all included SRs/MAs were regarded as critically low quality, especially in items 2 (protocol registration), 4 (literature search strategy), 7 (literature screening), 13 (account for RoB), and 15 (publication bias). For reporting quality, inadequate reporting items focused on protocol registration, risk of bias, search, additional analyses, and risk of publication bias. For ROBIS, almost all included SRs/MAs were rated as high risk in phase 3, which results in a consequent decrease in the transparency of SRs/MAs and a consequent increase in the risk of bias. For GRADE, no high-quality evidence was found, and the risk of bias was the most common among the downgrading factors in the included SRs/MAs, followed by imprecision, inconsistency, publication bias, and indirectness. The assessment results of the above tools for the included SRs/MAs from different perspectives revealed common areas for improvement. First, almost all SRs/MAs did not register a protocol, which may result in a larger adjustment of the study process than expected, increasing the risk of bias and affecting the rigor of the systematic review. Second, 8 of 11 SRs/MAs provided only search keywords but no specific search strategy, likely contributing to making the comprehensiveness of the literature search difficult to ensure. Third, all included SRs/MAs did not provide a list of excluded trials with reasons for exclusion, which may undermine the transparency of the SRs/MAs and affect the reliability of their results. Furthermore, the included SRs/MAs have different degrees of shortcomings in the reasonable explanation of bias risk, the data synthesis process, publication bias, and funding support information, which affect the quality of SRs/MAs and reduce the utility of the evidence.

Second, no definitive conclusions can be drawn, and caution is required when acupuncture is recommended as an alternative treatment for AD based on the published results. Among

TABLE 5 | Results of evidence quality.

Reviews	Outcomes	Limitations	Inconsistency	Indirectness	Imprecision	Publication bias	Relative effect (95% CI)	P-value	Quality
Wang et al. (2019b)	MMSE score	−1	−1	0	0	0	MD 0.76 (0.42, 1.10)	<0.0001	L
	ADAS-cog score	−1	0	0	−1	−1	MD −0.32 (−0.61, −0.03)	0.03	CL
	ADL score	−1	−1	0	−1	−1	MD −0.66 (−1.06, −0.27)	0.001	CL
Lin et al. (2017)	Effective rate	−1	−1	0	0	0	RR 1.16 (1.03, 1.31)	0.01	L
	MMSE score	−1	−1	0	−1	0	MD −0.99 (−3.45, 1.46)	>0.01	CL
Zou et al. (2016)	Effective rate	−1	0	0	−1	0	OR 1.15 (0.69, 1.91)	0.60	L
	MMSE score	−1	−1	0	0	0	MD 0.40 (−2.18, 2.97)	0.78	L
	ADL score	−1	−1	0	−1	0	MD 0.60 (−0.54, 1.74)	0.30	CL
	HDL score	−1	−1	0	−1	0	MD −0.20 (−1.19, 0.80)	0.70	CL
Xu and Xie (2015)	Effective rate	−1	0	0	0	0	RR 1.25 (1.14, 1.38)	<0.01	M
	MMSE score	−1	−1	0	−1	−1	MD 2.87 (0.64, 5.10)	0.01	CL
Cao et al. (2014)	MMSE score	−1	−1	0	−1	−1	WMD −0.61 (−1.34, 0.13)	0.11	CL
	ADL score	−1	−1	0	−1	−1	WMD −0.48 (−1.72, 0.76)	0.45	CL
Guo et al. (2008)	Effective rate	−1	0	0	0	0	OR 3.72 (2.73, 5.07)	<0.0001	M
Wang et al. (2020)	MMSE score	0	−1	0	0	0	MD 0.83 (0.14, 1.52)	0.02	M
	ADAS-cog score	0	−1	0	−1	0	MD −3.21 (−5.53, −0.89)	<0.01	L
	HDS score	0	0	0	−1	0	MD 0.58 (0.18, 0.99)	<0.01	M
	ADL score	0	0	0	−1	0	MD 0.21 (−0.74, 1.16)	0.66	M
Huang et al. (2019)	Effective rate	−1	0	0	0	0	RR 1.17 (1.06, 1.29)	0.001	M
	MMAE score	−1	−1	0	0	0	MD 1.96 (0.66, 3.26)	0.003	L
	ADAS-cog score	−1	−1	−1	0	−1	MD 3.56 (1.10, 6.03)	0.005	CL
	HDS score	−1	−1	0	0	0	MD −0.17 (−0.26, 0.90)	0.728	L
	ADL score	−1	−1	0	0	0	MD 1.99 (0.65, 3.34)	0.004	L
Zhou et al. (2017)	Effective rate	−1	0	0	0	0	OR 2.72 (2.04, 3.62)	<0.0001	M
	MMSE score	−1	−1	0	0	0	MD 2.10 (0.69, 3.51)	0.004	L
	ADL score	−1	−1	0	−1	−1	MD −3.59 (−7.18, 0.01)	0.05	CL
Zhou et al. (2015)	MMSE score	−1	−1	0	0	0	MD 1.05 (0.16, 1.93)	0.02	L
	HDS score	−1	0	0	−1	−1	SMD 0.09 (−0.28, 0.46)	0.62	CL
	ADL score	−1	0	0	−1	0	MD −2.80 (−4.57, −1.02)	0.002	L
	MMSE score	−1	0	0	−1	−1	MD 2.37 (1.53, 3.21)	<0.0001	CL
	ADL score	−1	0	0	−1	−1	MD −2.64 (−4.95, 0.32)	0.03	CL
Lee et al. (2009)	MMSE score	−1	0	0	−1	−1	MD −0.55 (−1.31, 0.21)	0.15	CL
	ADL score	−1	0	0	−1	−1	MD −1.29 (−1.77, −0.80)	<0.0001	CL

−1, downgrade; 0, not downgrade; CL, critically low; L, low; M, moderate; H, high; MMSE, Mini-Mental State Examination Score; ADL, Activities of Daily Living Scale; ADAS-cog, Alzheimer's Disease Assessment Scale-Cognition; HDS, Hasegawa's Dementia Scale; MD, mean difference; RR, relative risk/risk ratio; OR, odds ratio; WMD, weighted mean difference; SMD, standardized mean difference.

the included SRs/MAs, 8 of 11 reached positive results on acupuncture for AD, and the remaining came to a negative conclusion. Though the research topics of the included SRs/MAs were consistent, all were about acupuncture for AD, and they drew upon the same pool of articles. However, the research conclusions of these SRs/MAs were not consistent. Possible reasons for the inconsistency in conclusions are as follows. First, there was the same article pool among different SRs/MAs on the same topic, and when the number of articles in the article pool accounts for the majority of articles included in all of the SRs/MAs, they are more likely to draw consistent conclusions. We conducted an extraction analysis of all original RCTs included in the SRs/MAs of acupuncture for AD. It was found that 11 SRs/MAs included a total of 137 articles, of which 97 (70.8%) articles appeared only once in all of the SRs/MAs, which means

that these 97 articles were not included in the common article pool. The same article pool contained 40 (29.2%) articles. Of these 40 articles, the same article was included from one to five times in the SRs/MAs, including 16 articles that were repeatedly included once, 6 articles that were repeatedly included twice, and 3 articles that were repeatedly included four times. This finding suggests that although the included SRs/MAs are all about acupuncture treatment of AD, their number of articles drawn from the same article pool is too small, and the overall differences among the included studies were large, so this may be one of the reasons why they came to inconsistent conclusions. Second, for GRADE, a risk of bias was the most common (29/33, 87.9%) downgrading factors in the included SRs/MAs, which means that the original trials included in the SRs/MAs were of poor quality. Assessing the methodological quality of the original RCTs, most

of them refer only to randomization and do not provide a random sequence generation method; most of the RCTs do not explicitly state that treatment allocation was concealed; only a few RCTs mentioned blinding, and most of the subjects and doctors were not blinded. Well-designed and implemented RCTs are considered the gold standard for evaluating interventions to minimize or avoid bias (Moher et al., 2010). Therefore, when the quality of the included RCTs is unsatisfactory, the risk of bias increases and may ultimately affect the authenticity of the results of SRs/MAs. Furthermore, it is worth noting that although most of the included SRs/MAs indicated that acupuncture appears to be an effective treatment for AD, most authors did not wish to draw definitive conclusions due to the small sample size of the included trials or their low quality. Therefore, more high-quality RCTs with large sample sizes are essential to determine whether acupuncture is beneficial for AD.

Third, all of the SRs/MAs included in this overview were conducted in two Asian countries (10 from China and one from Korea), and no unpublished studies using patients of different races were found, which may lead to a risk of publication bias. The included SRs/MAs were published in both Chinese and English languages, and the articles published in both languages contained negative and positive results. No significant risk of publication bias was found in the Chinese and English language publication forms. Acupuncture is currently used to relieve AD symptoms in many clinics in the West as well as the East, but there has been little research on its effectiveness; thus, this may affect the application of the results for an international population. Further studies on this topic should be carried out in both the East and the West in the future.

Implications for Future Research

Assessment of various aspects of the included SRs/MAs using the AMSTAR-2, PRISMA, and ROBIS assessments identified areas for common improvement. For example, the reviewer should register or publish the study protocol in advance to avoid any risk of bias and to ensure the rigor of the SR/MA process. In terms of the literature search and selection, the gray literature should be taken into account, and a list of excluded literature with explanations should be provided to guarantee transparency and to avoid publication bias. When conducting data analyses, if the heterogeneity is significant, subgroup analysis or meta-regression should be performed. Funding sources should be mentioned in the reviews because the results of business-funded studies might be biased toward the funder. Researchers should follow the relevant norms of the AMSTAR-2, PRISMA,

and ROBIS assessments as much as possible to minimize the possibility of bias in answering a specific research question and to further improve the study quality. For GRADE, future RCTs should address the methodological issues through rigorous trial designs, reasonable appraisals, and critical analyses, and researchers should follow the basic guidelines for reporting clinical trials, such as the CONSORT statement and the STRICTA recommendations. Moreover, studies on this topic should be carried out in both the East and the West in the future.

Strength and Limitations

As an overview of acupuncture for AD, this study can provide a comprehensive evidence reference for clinical practice. Based on the current results, it may be useful for decision-making for AD treatment in the clinic. In addition, the evaluation process through AMSTAR-2, PRISMA, ROBIS, and GRADE revealed obvious limitations in SRs/MAs and RCTs, which may help guide future high-quality studies. However, it is also limited since the evaluation of quality is a subjective process, and different authors may have their own judgment on each factor, so the results may be different from other reviews, although our overview has been evaluated and checked by two independent authors.

CONCLUSION

This overview suggests that acupuncture is a promising complementary treatment for AD. However, the low quality of the SRs/MAs supporting these results is of concern. Future studies can be improved by adequately reporting the methodological details and adhering to the guidelines for conducting such reviews. The clinical effectiveness of acupuncture for AD should be tested in future RCTs with larger sample sizes.

AUTHOR CONTRIBUTIONS

JH and MS planned and designed the study. MW, SL, and XQ screened potential studies and extracted data from the included studies. JH and MS assessed the quality and summarized the evidence. JH wrote the first draft. YH revised the draft. All authors approved the final version of the manuscript.

SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fnagi.2020.574023/full#supplementary-material>

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The Role of Chronic Inflammatory Bone and Joint Disorders in the Pathogenesis and Progression of Alzheimer's Disease

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Late-onset Alzheimer's Disease (LOAD) is a devastating neurodegenerative disorder that causes significant cognitive debilitation in tens of millions of patients worldwide. Throughout disease progression, abnormal secretase activity results in the aberrant cleavage and subsequent aggregation of neurotoxic A β plaques in the cerebral extracellular space and hyperphosphorylation and destabilization of structural tau proteins surrounding neuronal microtubules. Both pathologies ultimately incite the propagation of a disease-associated subset of microglia—the principle immune cells of the brain—characterized by preferentially pro-inflammatory cytokine secretion and inhibited AD substrate uptake capacity, which further contribute to neuronal degeneration. For decades, chronic neuroinflammation has been identified as one of the cardinal pathophysiological driving features of AD; however, despite a number of works postulating the underlying mechanisms of inflammation-mediated neurodegeneration, its pathogenesis and relation to the inception of cognitive impairment remain obscure. Moreover, the limited clinical success of treatments targeting specific pathological features in the central nervous system (CNS) illustrates the need to investigate alternative, more holistic approaches for ameliorating AD outcomes. Accumulating evidence suggests significant interplay between peripheral immune activity and blood-brain barrier permeability, microglial activation and proliferation, and AD-related cognitive decline. In this work, we review a narrow but significant subset of chronic peripheral inflammatory conditions, describe how these pathologies are associated with the preponderance of neuroinflammation, and posit that we may exploit peripheral immune processes to design interventional, preventative therapies for LOAD. We then provide a comprehensive overview of notable treatment paradigms that have demonstrated considerable merit toward treating these disorders.

Keywords: Alzheimer's disease, osteoarthritis, osteoporosis, rheumatoid arthritis, inflammation, mesenchymal stem cells

INTRODUCTION

Canonical CNS Targets for AD Therapy

Pathological β -amyloid accumulations were among the earliest recorded physiological manifestations of AD (Tomlinson et al., 1970) and, along with neurofibrillary tangles, are considered a hallmark of AD-related neurodegeneration. It is therefore understandable that herculean efforts have been made in past decades to uncover their etiological contributions and

evaluate whether interventions targeting plaque accumulations ameliorate patient outcomes. While numerous animal studies have demonstrated significant dose-dependent attenuation of A β accumulation when such therapies were administered to a variety of transgenic disease models (Wiessner et al., 2011; Eketjäll et al., 2016), these results were rarely—if ever—recapitulated in clinical trials (Holmes et al., 2008; Salloway et al., 2011; Egan et al., 2018).

Interest in tau-targeting therapies has drastically increased in recent years, in part due to the overall failure of A β -directed treatment paradigms. Under neurotypical conditions, tau proteins surround neuronal microtubules in an organized lattice, affording structural integrity and facilitating inter-neuronal nutrient transport (Vershinin et al., 2007). In AD, however, through a series of complex immunological and neurophysiological events that transpire well before the onset of cognitive impairment (Braak et al., 2006), tau proteins undergo a series of post-translational modifications—including and chiefly hyperphosphorylation. These not only disrupt their standard microstructure but also promote aggregation into fragments which both directly and indirectly incite neuronal necrosis (Gong and Iqbal, 2008). While tauopathies present as a heterogeneous mixture of paired helical filaments, straight filaments, twisted ribbons and oligomeric aggregates in the AD brain, oligomeric tau has recently emerged as the current research focus, owing to its strong cytotoxic effect in preclinical models and its prominence in early stages of AD and mild cognitive impairment (MCI) (Mufson et al., 2014; Guerrero-Muñoz et al., 2015). Unfortunately, as with A β -targeting therapeutics, a variety of promising drugs and immune therapies designed to target tau protein modification, prevent tau aggregation, or promote phagocytosis of cytosolic tau have either produced modest or negligible clinical benefits, resulted in adverse effects, or demonstrated suboptimal long-term pharmacokinetics. The results of these recent clinical studies, representing a broad gamut of tau-targeting therapies, have been comprehensively reviewed elsewhere (Congdon and Sigurdsson, 2018).

Of unclear significance to the neurodegenerative cascade in the AD brain is the generation, activation, and proliferation of disease-associated microglia (DAMs). Despite the intrinsic phenotypic heterogeneity of microglia, DAMs are functionally and pathologically distinct from their neurotypical counterparts: they express significantly lower levels of genes related to microglial homeostasis (including a host of purinergic receptors) and express far greater levels of genes associated with AD risk, including Apolipoprotein E (*APOE*), Lipoprotein lipase (*LPL*), and Triggering Receptor on Myeloid Cells 2 (*TREM2*) (Keren-Shaul et al., 2017; Ofengeim et al., 2017). Likely due to sustained neuroinflammation, microglia proximal to sites of neuronal necrosis or pathological protein aggregation transition to a semi-activated state, demonstrating abrogated expression of homeostatic regulatory genes and robustly upregulated chemotactic cytokine activity. A *TREM2*-mediated secondary activation event then occurs, wherein microglia are rendered incapable of phagocytizing AD substrates, develop a “frustrated” phenotype, and subsequently contribute to the secretion of neuroinflammatory factors (Michaud and Rivest, 2015; Kabba et al., 2018). It is yet uncertain whether the net effects of

DAMs in the early- and late-stage AD brain are beneficial yet insufficient, or altogether detrimental. While microglia-mediated neuroinflammation has garnered tremendous interest in recent years, no specific microglia-targeting therapy has reached clinical trials at the time of this review.

The dysregulation of microglial behavior in late stage AD has recently been credited to a series of missense mutations in *TREM2*-encoding genes at various loci. *TREM2* is a transmembrane glycoprotein commonly expressed on granulocytes and monocytes. Its primary function is the modulation of leukocytic function; specifically, immunocyte activation following antigen recognition (Martin and Delarasse, 2018). A mutation at exon 2 of *TREM2*—which encodes a substitution of histidine for arginine at index 47 (R47H)—has been shown to result in abrogated *TREM2* signaling potential. This loss of function prevents effective microglial phagocytosis of AD substrates and is believed to be one of the main sources of pathogenic effects in the AD brain (Doens and Fernández, 2014). Microglia-mediated neuronal degradation could be attributed to the aggressive encircling of synaptic clefts when microglia carrying the mutated variant interact with AD substrates—an effect further intensified by the microglial spread of insoluble tau. Indeed, *TREM2* missense has been implicated in the spread of tau aggregates via cyclical failed phagocytosis and subsequent exocytosis, irrespective of synaptic transmission (Colonna and Holtzman, 2017). Clinical deficits associated with the R47H mutation are apparent: patients carrying the missense variant exhibited lower-than-average performance on a series of cognitive assessments, particularly those involving a series of temporal memory tasks (Jonsson et al., 2013). The observed decline implicates *TREM2* missense in the early cognitive deterioration that results in AD and is in line with the prevailing hypothesis that the disease manifests in accelerated mental aging. Nonetheless, despite the abundance of correlative genome-wide and preclinical studies involving this key microglial receptor, the specific mechanisms by which *TREM2* missense propagates in a neuro-degenerative pathology are poorly understood and methodologies for targeted therapeutic intervention have yet to be realized. Moreover, while *TREM2* research has undoubtedly offered new insight into the underlying pathological processes of AD, its mutation, along with mutations in Presenilin 1 (*PS1*), Presenilin 2 (*PS2*), and Amyloid precursor protein (*APP*) account for <5% of all AD cases (National Institute of Aging, 2011).

Chronic Peripheral Inflammation—A Novel Paradigm for Therapeutic Intervention

The limited clinical success of the above treatment paradigms illustrates the need to investigate alternative features implicated in AD pathogenesis and exacerbation. Considerable evidence has recently emerged that chronic systemic inflammation originating in the periphery is associated with the neurodegenerative cascade in AD. Multiple systematic meta-analyses indicate elevated peripheral whole blood concentrations of inflammatory cytokines tumor necrosis factor alpha (TNF- α), interleukin 6 (IL-6), IL-1 β , transforming growth factor beta (TGF- β), IL-12, and IL-18 in AD patients relative to age-matched healthy

controls (Swardfager et al., 2010; King et al., 2018; Walker et al., 2019a). Increases in C-X-C motif chemokine 10 (CXCL10), a chemokine that binds to C-X-C receptor 3 (CXCR3) and subsequently primes T-cell proliferation and natural killer cell maintenance, and vascular cell adhesion protein 1 (VCAM-1), a molecule involved in microvasculature permeability, have also been observed (Lai et al., 2017). Importantly, several studies have indicated that AD patients begin presenting aberrant pro-inflammatory cytokine profiles at *early* disease stages—levels which drop precipitously with disease progression (Engelhart et al., 2004; Kuo et al., 2005). Recent investigations have reiterated these findings in whole peripheral blood and plasma samples: in a heterogeneous population of patients with Lewy-body dementia (LBD), advanced AD, and MCI, significantly higher levels of IL-1 β , IL-4, and IL-2 were observed in MCI patients relative to healthy controls. The severity of cognitive decline—evaluated through performance assessments including the Mini Mental State Examination (MMSE) and Addenbrooke's Cognitive Examination Revised (ACE-R)—was found to be inversely proportional to serum levels of inflammatory markers (King et al., 2018). Longitudinal clinical studies further implicate early chronic peripheral inflammation in the preponderance of neurodegenerative disease: individuals with higher levels of pro-inflammatory cytokines in midlife are at a significantly higher risk for cognitive decline as they age (Walker et al., 2019b)—those who maintained aberrant levels for multiple decades were found to be especially prone to debilitating neurodegeneration via reduced brain volume and abnormal white matter microstructural integrity (Walker et al., 2017, 2018). Altogether, these data posit a putatively temporal relationship between chronic, systemic immune activation and cognitive deterioration and suggest that inflammation—which may occur decades before the onset of AD symptoms—exacerbates or directly mediates neurodegeneration.

Integral to our current understanding of the elaborate interplay between CNS immune activity and that of the periphery is the discovery that inflammatory cytokines are capable of traversing the blood-brain barrier (BBB) (Gutierrez et al., 1993; Banks et al., 1995). Where it was once believed that the tight junctions formed by capillary endothelial lining, astrocyte sheaths, and pericytes embedded in the capillary basement membrane conferred nearly complete immune privilege (Pollack and Lund, 1990), numerous studies indicate that circulating cytokines can induce signaling in the CNS through multiple mechanisms: (1) traversal of circumventricular organs (Buller, 2001; Roth et al., 2004), (2) vagus nerve stimulation (Borovikova et al., 2000; Das, 2007), and (3) direct cytokine-endothelial interactions, which result in tight junction opening and subsequent cytokine diffusion (Walker et al., 2019a). Indeed, systemic inflammation—whether caused by infection, chronic illness, or sepsis—has been identified as the primary catalyst of BBB permeability (Le Page et al., 2018), is shown to simultaneously upregulate proinflammatory (chiefly TNF- α , IL-1 β , and IL-6) and downregulate immunosuppressive (IL-1ra, IL-4, IL-10, TGF- β) markers in whole blood, serum, and plasma samples (Su et al., 2019), and activates resident microglia, which in turn locally release

proinflammatory cytokines that interfere with hippocampal neurogenesis (Chesnokova et al., 2016).

The World Health Organization collectively classifies chronic inflammatory diseases as the greatest threat to human health. As of 2017, 92.1 million Americans either have doctor-diagnosed arthritis or frequently report symptoms consistent with an arthritis diagnosis—a metric predicted to increase 49% by 2040. Moreover, previous estimates, which largely rely on doctor diagnoses, drastically undervalue the prevalence of inflammatory arthritis in younger population segments: indeed, a recent study found that 1 in 3 people aged 18–64 suffer from arthritis (Jafarzadeh and Felson, 2018). The animal studies and clinical investigations reviewed herein demonstrate that conditions like rheumatoid arthritis, osteoarthritis, and osteoporosis significantly increase the risk of and putatively accelerate cognitive decline in AD-related neurodegeneration. Given their ubiquity, it is imperative to consider whether effective treatment of these peripheral disorders before AD onset can forestall or mitigate AD-related neurodegeneration and subsequent cognitive decline. Therefore, while the pathogenic mechanisms of immune dysfunction for these conditions remain elusive, a thorough review covering the pathophysiology of these disorders, identifying current treatment paradigms, and discussing evidence of comorbid associations may provide new insight into how systemic inflammation may contribute to and mediate cognitive decline.

INFLAMMATORY AD COMORBIDITIES

Rheumatoid Arthritis (RA)

Pathophysiology

RA is a heterogeneous chronic inflammatory disease that develops as a consequence of complex interactions between the innate and adaptive immune systems and is characterized by synovial hyperplasia leading to painful joint swelling and functional impairment (Catrina et al., 2017; Ghoryani et al., 2019). Increasing evidence attributes excessive neutrophil extracellular trap (NET) formation to the stimulation and maintenance of autoimmunity and inflammation in RA (Angelotti et al., 2017). Upon initiation of the typical inflammatory cascade, neutrophils aggregate, sequester, and stimulate degradation of invading pathogens including bacteria, viruses, and some microorganisms. During a process called “NETosis,” which is thought to be elicited at least partly via local IL-8 secretion (Yipp and Kubes, 2013), neutrophils undergo “beneficial controlled suicide,” releasing a milieu of intracellular components—nucleotides, proteins, histones, and elastases—that facilitate the formation of web-like structures that bind pathogens, rendering them inert (Takei et al., 1996). In both early and late-stage RA, neutrophils demonstrate a marked proclivity toward spontaneous NET formation (Corsiero et al., 2016; Berthelot et al., 2017). Additionally, neutrophils isolated from RA patients have been shown to favor NET formation *in vitro* following antigenic and inflammatory cytokine stimulation compared to those isolated from healthy controls (Angelotti et al., 2017). Recent investigations have established that, in RA, NETs promote pathogenic interferon gamma (IFN- γ)-producing T helper subtype 1 (Th1) cell immune

responses by increasing secretion of dendritic cell costimulatory molecules cluster of differentiation 80 (CD80) and CD86, as well as pro-inflammatory cytokine IL-6 (Papadaki et al., 2016). Another pathological mechanism that has recently gained traction is cyclical NETosis-mediated autoantibody production. RA neutrophils strongly express protein-arginine deiminase 4 (PAD4), an enzyme that catalyzes the conversion of specific arginine residues to citrulline, and as a result manufacture citrullinated forms of fibrinogen and histones H2A and H2B (Berthelot et al., 2017). These proteins, in turn, are recognized by antibodies to citrullinated protein antigens (ACPAs) which incite an autoimmune response that prompts inflammatory cytokine secretion, further neutrophil infiltration, and NET formation (Yipp and Kubes, 2013). Thus, NET-produced citrullinated proteins fuel the ACPA autoimmune response within the RA synovium, producing a positive-feedback loop that stimulates exponential immune activity.

Substantial research has implicated aberrant pro-inflammatory macrophage activity in the pathogenesis and maintenance of synovitis in RA. TNF- α is heavily upregulated in the synovial fluid (SF) of RA patients (Chu et al., 1991), is known to directly impair endothelial function by inciting production of nuclear factor κ B (NF- κ B) and reactive oxygen species (ROS) (Di Minno et al., 2015), and plays a pivotal role in disease pathogenesis (Ursini et al., 2017). Immunohistological assessments of excised synovial tissues reveal that macrophages are the principal TNF-producing cells in the inflamed RA joint (Udalova et al., 2016). Localized abundance of TNF- α and macrophage secretion of IL-8 and monocyte chemoattractant protein 1 (MCP-1) results in the recruitment of peripheral monocytes and neutrophils and activation of synovial fibroblasts, which perpetuate the inflammatory response via addition of IL-1 β (Hamilton et al., 1993; Shigeyama et al., 2000). Activated synovial fibroblasts, in turn, produce receptor activator of nuclear factor κ B ligand (RANKL) and macrophage colony stimulating factor (M-CSF) which elicit osteoclast proliferation and enforce pro-inflammatory macrophage polarization, respectively (Braun and Zwerina, 2011). The pathological macrophage secretome is likewise implicated in the dysregulation of adaptive immune processes: IL-23 stimulates the activation and proliferation of Th17 cells, putative regulators of autoimmunity in RA (Miossec and Kolls, 2012). Sustained macrophage IL-12 expression has been shown to upregulate Th1 activity (Aarvak et al., 1999). Indeed, the maintenance of the pro-inflammatory environment in RA appears to be due, at least in part, to the disruption of Th(1,17)/Treg balance (Wang W. et al., 2012), but further investigation is required to delineate the source(s) of this phenotypic shift. **Figure 1** summarizes these mechanisms.

Advancements in Current Treatments

The central role of TNF- α in synovial hyperplasia is emphasized by the clinical benefits conferred by anti-TNF drugs. While the therapeutic efficacy of conventional synthetic and biologic disease-modifying antirheumatic drugs (DMARDs) are thoroughly discussed elsewhere (Aletaha and Smolen, 2018), of particular note are antibody-based TNF antagonists Etanercept, Golimumab, and Certolizumab pegol. In a randomized,

controlled clinical trial involving 234 patients with active RA, twice-weekly subcutaneous injections of Etanercept significantly reduced disease activity in a dose-dependent fashion (Moreland et al., 1999). In patients that had discontinued use of conventional TNF- α inhibitors due to lack of effectiveness, Golimumab significantly improved multiple patient outcomes, including swollen joint count, tender joint count, and patient assessments of pain, throughout the entire 24-week trial period (Smolen et al., 2009). Its increased effectiveness is attributed to its entirely human architecture and ability to bind both soluble and transmembrane TNF (Radner and Aletaha, 2015). Comparable therapeutic efficacy was observed in DMARD inadequate responders with Certolizumab pegol which, significantly, required half the administration frequency relative to standard DMARDs (Fleischmann et al., 2009).

Recent preclinical studies have explored more targeted approaches for correcting deviant mechanisms within the innate and adaptive immune systems in RA. As mentioned above, M-CSF is heavily upregulated in the SF of RA patients. Binding of the cytokine to its cognate receptor CSF1R is required for osteoclastogenesis and TNF- α induced osteolysis. Prophylactic administration of muAB5, a CSF1R antagonist, significantly reduced production of IL-6, CXCL8, C-C motif chemokine ligand 2 (CCL2), CCL7, and matrix metalloproteinase 9 (MMP-9) in a collagen-induced arthritis (CIA) mouse model of RA (Garcia et al., 2016). Yin yang 1 (YY1) is a transcription factor that regulates multiple complex biological functions, has recently gained attention as a mediator of autoimmune disease, and is over-expressed in both RA patients and CIA mice. Lentiviral YY1 deactivation attenuated IL-6 production, reduced Th17 activity, and slowed disease progression in CIA mice (Lin et al., 2017). Jiang et al. targeted synovial angiogenesis and discovered that subcutaneous IL-35 administration attenuated arthritis in CIA mice via Th17 suppression, Treg stimulation, and inhibition of VEGF-mediated angiogenesis (Jiang et al., 2016).

Relation to AD

Numerous preclinical, systematic, and meta-analysis studies have implicated RA in the pathogenesis of LOAD. Raised whole blood and serum levels of several pro-inflammatory cytokines and adaptive immune players (chiefly TNF- α , IL-1 β , IL-6, IFN- γ , Th1, and Th17) have been extensively studied for their involvement in the pathogenesis of both RA and AD (Ravaglia et al., 2007; Aletaha et al., 2008; Trollor et al., 2012; Pope and Shahrara, 2013; Schoels et al., 2013; Chi et al., 2017). A recent study found that inducing arthritis in APP/PS1 mice—the canonical murine model of AD—led to glial activation and exacerbation of amyloid pathology (Kyrkanides et al., 2011). Perhaps more compellingly, a nationwide cohort study found that the incidence of AD and other dementia-related illnesses is higher in RA patients than that of the general population (Lin et al., 2018). An independent nested case-control study of more than 8.5 million adults validated this disparity and found that it was maintained in both the young (average age 42.1 years) and the elderly (aged 65+) (Chou et al., 2016). In fact, the presence of any inflammatory joint disorder (OR:

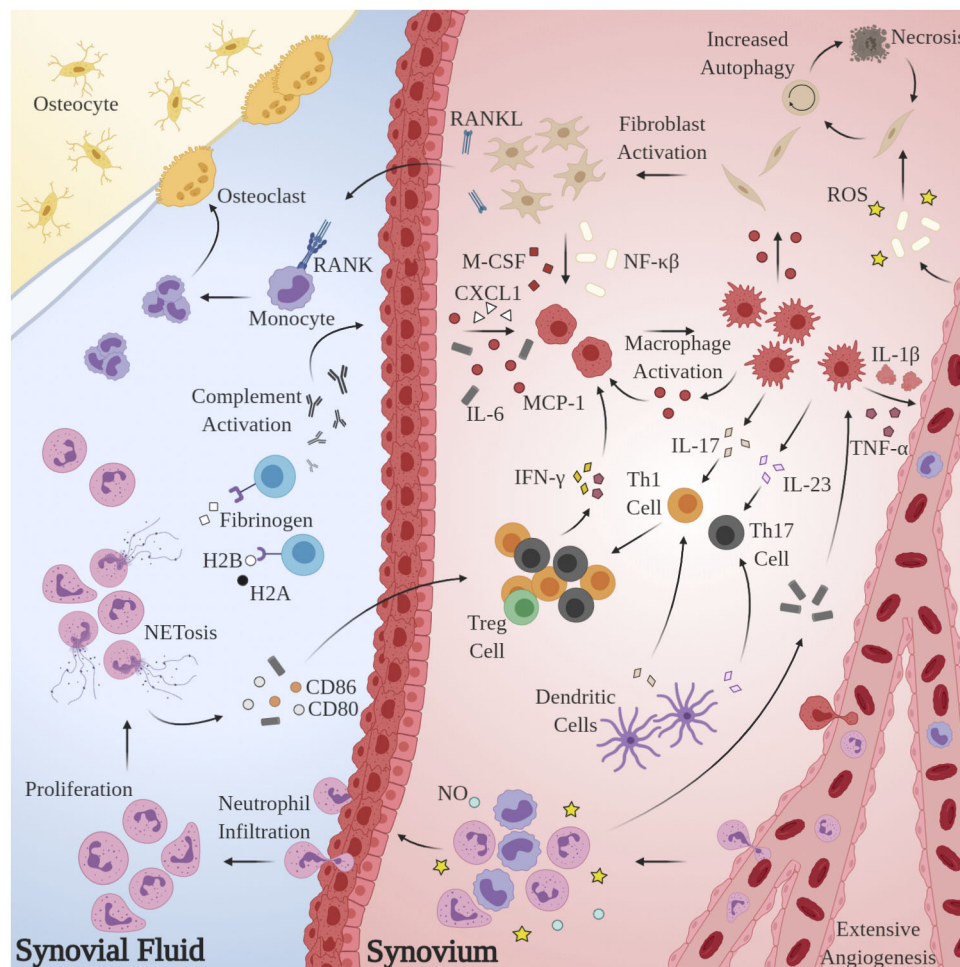


FIGURE 1 | Model for the generation and maintenance of chronic inflammation in RA. Pathological neutrophils manufacture citrullinated forms of fibrinogen and histones H2A and H2B which are recognized by proximal APCs, prompting activation of the complement cascade and secretion of chemoattractant and pro-inflammatory cytokines CXCL1, IL-6, and MCP-1. Local macrophages are “activated” by this milieu, inciting extensive angiogenesis, activation, and proliferation of T-lymphocytes and synovial fibroblasts and further recruitment of circulating macrophages, monocytes, and neutrophils. Pro-inflammatory Th subsets dominate, owing largely to the byproducts of NETosis. Elevated RANKL production and osteoclast proliferation have also been observed.

1.96), but especially RA (OR: 2.77) is significantly associated with AD-related cognitive decline later in life—a correlation that remains significant when considering AD only and not general dementia (2.49) (Wallin et al., 2012). Interestingly, Vitturi et al. reported RA patients demonstrate evidence of cognitive impairment independent of canonical AD mechanisms earlier in life: RA patients scored significantly lower in MMSE and MoCA cognitive performance assessments relative to healthy controls ($p < 0.001$). General neuropsychiatric impairment was also found to be more prevalent in RA patients (59.5%) than in age-matched controls (17.1%; $p < 0.001$) (Vitturi et al., 2019). A recent systematic review recapitulated these findings and found that RA patients—predominantly women—exhibit significantly lower scores in attention, concentration, memory, and verbal function than age-matched controls. Finally, treatments including DMARD methotrexate (Judge et al., 2017) and prescription NSAIDs (Zandi and Breitner, 2001; Weaver

and Carter, 2008), which target inflammation remission in RA patients, have been found to decrease risk of AD-related dementia particularly when administered early in disease. These data posit a putative, temporal relationship between chronic inflammation in RA and the onset and exacerbation of cognitive impairment in AD. Moreover, they highlight the importance of implementing treatments before AD symptom onset that target aging-associated systemic inflammation.

Osteoarthritis (OA)

Pathophysiology

OA is a progressive chronic inflammatory disease identified via gradual deterioration and loss of articular cartilage with concomitant structural and functional changes throughout the joint, including the synovium, meniscus, periarticular ligaments, and subchondral bone (Buckwalter and Mankin, 1998; Mobasheri and Batt, 2016). While chronic immune activation in

OA is considered low-grade relative to RA (Robinson et al., 2016), synovial explants and synovial fluid extracted from OA patients consistently demonstrate elevated levels of pro-inflammatory mediators TNF- α , IL-1 β , IL-6, IL-8, IL-15, IL-17, IL-18, IL-21, PGE2, NO, and various complement components implicated in perpetuating immune activation (Blom et al., 2007; Robinson et al., 2016; Krishnasamy et al., 2018; Mora et al., 2018; Griffin and Scanzello, 2019). Unlike RA, the clinical manifestations of OA (pain, joint range of motion, radiographic pathology) are heterogeneous; nevertheless, canonical features of inflammatory arthritis, including perivascular fibrosis and lymphoid follicles, are essentially conserved (Griffin and Scanzello, 2019). Moreover, like RA, synovial macrophages are considered key mediators of synovitis, synovial hyperplasia, osteophytosis, and inflammatory factor secretion (Blom et al., 2007; Bondeson et al., 2010). The number and concentration of macrophages is significantly upregulated in synovial tissue of OA patients and is known to be proportional to the severity of articular cartilage degradation (Kraus et al., 2016). Recent investigations posit a central role for macrophages in established destructive pathways: upon activation by damage-associated molecular patterns (DAMPs; the byproducts of cartilage degeneration) (Roh and Sohn, 2018), complement membrane attack complexes (MACs) (Ricklin et al., 2016), and pathological chondrocytes and synovial fibroblasts via toll-like receptors (TLRs) and CCR2, respectively, macrophages secrete IL-1, which induces activation and proliferation of matrix-metalloproteases MMP1, MMP3, and MMP13, as well as PGE2 (Bondeson et al., 2010; Griffin and Scanzello, 2019), cardinal mediators of cartilage catabolism. Various *in vivo* studies incriminate macrophages further: Blom et al. observed that macrophage depletion prior to OA induction via intra-articular administration of clodronate significantly decreased MMP-mediated cartilage damage in a CIA murine model (Blom et al., 2007). More recently, it was found that selective inhibition of macrophage pyroptosis—a novel apoptotic pathway implicated in OA (Vande Walle and Lamkanfi, 2016)—rescued synovial fibrosis and reduced inflammatory factor expression (Zhang L. et al., 2019).

The adaptive immune constituents in the OA synovium share many of the pathological features exhibited in inflammatory arthritis. CD3⁺ T cells dominate synovial infiltrates, and CD4⁺/CD8⁺ cells propagate at levels comparable to those seen in RA synovial explants (Haseeb and Haqqi, 2013). Pro-inflammatory Th1 T cell subsets dominate their largely immunosuppressive (Th2) counterparts (Li et al., 2017) and directly contribute to the upregulation of inflammatory cytokines IL-2 and IFN- γ found in most OA patients. While no conclusive data exist identifying putative antigens responsible for autoantibody production, CD20⁺ B-lymphocytes are found in significantly higher concentrations in sclerotic regions of subchondral bone (Weber et al., 2019a) and recent clonal analyses indicate OA B-cells undergo antigen driven activation suggestive of clonal selection (Da et al., 2007; Zhu et al., 2020).

Remarkably, osteoblasts have garnered increased attention as another key player in OA pathogenesis. Alterations in the physicochemical environment of subchondral bone may be linked to the progression of OA, as osteoblast phenotype is

known to be modulated by a variety of stimuli including intraosseous pressure, fluid shear, mechanical loading, and local oxygen saturation (Hillsley and Frangos, 1994; Dodd et al., 1999; Warren et al., 2001). Indeed, preclinical studies in guinea pig models of OA have demonstrated that venous outlet syndrome and decreased perfusion directly precede and radiographically coincide with bone resorption and cartilage degeneration (Imhof et al., 1997; Watt, 2009). Additionally, Tanaka et al. observed that osteoblasts respond to changes in strain-induced fluid flow by synthesizing cytokines involved in the extracellular matrix (ECM) changes observed in OA including transcription factors c-Fos and Egr1, intracellular inflammatory mediators COX2, PGE2, and NO, and catabolic enzymes MMP1, MMP3, and MMP13 (Tanaka et al., 2005). Likely as a result of interactions with DAMPs and sustained exposure to the pro-inflammatory microenvironment observed in OA, osteoblasts undergo a discernable, pathological phenotypic shift that accelerates disease progression by interacting with key regulators of cartilage homeostasis: synovial chondrocytes. Conditioned media taken from OA-derived osteoblasts has been shown to enhance GAG release from normal cartilage (Westacott et al., 1997). Further, co-cultures of OA-derived osteoblasts and chondrocytes result in reduced expression of COL2A1, aggrecan, PTHrP/PTH-R, and SOX9 (Sanchez et al., 2005b), increased expression of OSF-1, MMP3, and MMP13 (Sanchez et al., 2005a), and induction of chondrocyte hypertrophy and matrix calcification via p38 and ERK-1/2 suppression (Aaron et al., 2017). See **Figure 2** for an overview of the pertinent pathological mechanisms.

Advancements in Current Treatments

Current clinical therapeutic goals for OA include inflammation and concomitant pain remission, ameliorating existing damage to or stimulating regeneration in articular cartilage, maximizing range of motion, and in general enhancing patient quality of life. Of the currently available treatments, topically and orally administered NSAIDs still represent the most prescribed medications for managing OA-related pain (Mora et al., 2018; Nakata et al., 2018), though other treatments paradigms have demonstrated some clinical success. Duloxetine, a serotonin and norepinephrine reuptake inhibitor originally prescribed for severe depression disorders, performed better than placebo at reducing pain and improving function when administered for at least 10 weeks (Citrome and Weiss-Citrome, 2012; Wang Z. Y. et al., 2015). Correction of dysfunctional pain pathways is considered the primary mechanism of action. Corticoids, another common therapy modality, exert anti-inflammatory effects by acting directly on nuclear receptors, decreasing production of IL-1, leukotrienes, prostaglandins (PGs), and MMPs (Levy et al., 2018). Significantly, >50 mg doses of prednisone (an NF- κ B inhibitor) have been shown in multiple clinical trials to confer more lasting pain relief compared to other corticoid-based therapies (Bellamy et al., 2006; Law et al., 2015; Buyuk et al., 2017); however, a recent meta-analysis suggests that longitudinal corticoid administration may contribute to cartilage loss and degenerative OA pathology, suggesting that systemic anti-inflammatories possess limited efficacy in chronic conditions (Zeng et al., 2019).

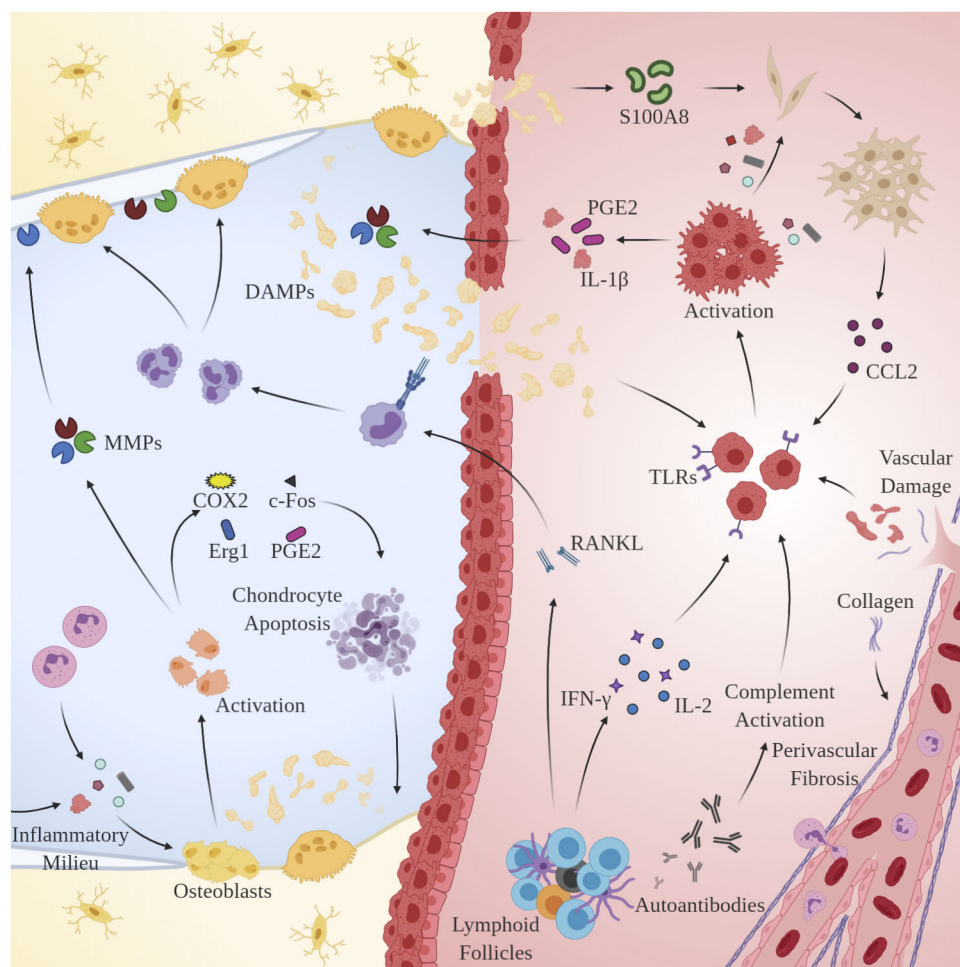


FIGURE 2 | Mechanisms of chronic immune hyperactivity in OA. Clinical features of inflammatory arthritis, including perivascular fibrosis and lymphoid follicles, are conserved. Upon activation by DAMPs, MACs, chondrocytes and synovial fibroblasts via TLRs and CCR2, respectively, macrophages secrete IL-1 β , inducing proliferation of MMPs 1, 3, and 13, and PGE2 production. Th1 cells dominate and directly contribute to upregulation of inflammatory cytokines IL-2 and IFN- γ . B-cells undergo clonal selection and are implicated in RANKL production.

Hyaluronic acid (HA)—a glycosaminoglycan that provides viscous lubrication and shock-absorbing properties in healthy synovial tissue—is a common intraarticular supplement for the management of mild to severe OA (Altman et al., 2016). While some studies purport exogenous HA enhances endogenous HA and proteoglycan synthesis, promotes articular cartilage regeneration, and inhibits synovial production of pro-inflammatory cytokines (Migliore and Procopio, 2015), evidence for long-term clinical efficacy is conflicting (Richards et al., 2016; Altman et al., 2018; Pelletier et al., 2018) and the American Academy of Orthopedic Surgeons no longer recommends IA HA injection for clinical use (Jevsevar, 2013). Platelet-rich plasma—whole blood fractions prepared via centrifugation of autologous blood—may provide a viable alternative. Multiple favorable patient outcomes were observed in a series of randomized controlled trials (Cerza et al., 2012; Patel et al., 2013; Vaquerizo et al., 2013) due largely to its regenerative effect and anti-inflammatory potential (Shen et al., 2017).

Relation to AD

Systemic chronic inflammation has been implicated in the initiation and cyclical aggravation of a variety of age-related disorders including OA and AD (Weber et al., 2019b). Systematic reviews have identified multiple potential mechanisms through which the chronic low-grade inflammation in OA may contribute to AD-related neurodegeneration: (1) disruption of the BBB and subsequent influx of peripheral pro-inflammatory cytokines, (2) active transport of pro-inflammatory cytokines across the BBB, (3) a chain of activation events including brain endothelial cells, perivascular cells, and brain parenchymal cells, and (4) aberrant peripheral nervous system (PNS) activity (e.g., communications between peritoneal cavity and neuronal populations in the brain stem) (Banks et al., 2002; Konsman et al., 2002). Various studies have demonstrated significant overlap between the pathological cytokine profiles observed in OA and AD: one such work found that high-mobility group box 1 (HMGB1) and its cognate receptor for advanced glycation end products (RAGE) are found

at greatly elevated levels in both OA (Sun et al., 2016) and AD (Festoff et al., 2016). Multiple animal studies have linked OA to AD exacerbation and pathogenesis: induction of OA in APP/PS1 mice resulted in accelerated development of A β plaques and greater plaque deposition at later timepoints compared to OA⁻ controls (Kyrkanides et al., 2011). Moreover, transgenic mice expressing the human APOE ϵ 4 allele—an allele associated with greater risk of LOAD onset—exhibited significantly greater synovial thickening and 32% more cartilage damage relative to APOE ϵ 3 mice following 42 days of OA induction (de Munter et al., 2017). This suggests that patients carrying the pathological ϵ 4 allele may be more susceptible to OA and other peripheral inflammatory diseases in addition to AD.

The results of epidemiological and longitudinal meta-analyses paint a similar picture. Age- and gender-adjusted cohorts of OA patients were found to be at a significantly greater risk for developing dementia later in life (OR: 1.36, $p < 0.0001$) (Weber et al., 2019b). A recent nationwide cohort study in Taiwan established a similar correlation, finding that OA patients were 25% more likely to have dementia (Adjusted HR: 1.25, $p < 0.001$) (Huang et al., 2015). In a study including 21,982 Appalachian adults aged 40 and older, participants with OA were found to be 80% more likely to report frequent memory loss independent of sleep or mood disorders (OR: 1.8, $p < 0.001$) (Innes and Sambamoorthi, 2018). Interestingly, in an investigation representing nearly 42.7 million Americans aged 65 or older, patient-reported pain, and the extent to which pain interfered with activities of daily living, was found to be significantly and positively correlated with the incidence of AD and related dementias, both in the presence (OR: 1.37) and absence (OR: 1.44) of OA ($p < 0.005$) (Ikram et al., 2019). Further investigation is required to decouple the contributions of pain to disease pathology.

Osteoporosis (OP)

Pathophysiology

OP is an age-related bone disorder characterized by reduction in bone mass and impairment of microarchitecture resulting in fragility fractures and a preponderance in activity of osteoclasts over osteoblasts (Pietschmann et al., 2016). Pathological bone resorption in OP is caused in part by changes in relative concentrations of RANKL and osteoprotegerin (OPG): RANKL is a type II transmembrane protein expressed by osteoblasts, proximal T-lymphocytes, and bone marrow stromal cells. Binding of RANKL to its cognate receptor RANK induces terminal differentiation of preosteoclasts and subsequent bone resorption. OPG, produced by osteoblasts (Hofbauer et al., 1999) and select B-cells, acts as a competitive inhibitor for RANKL (Awasthi et al., 2018). Under normal circumstances, completion of bone resorption initiates bone formation via recruitment of preosteoblast cells, during which factors including TGF- β , IGF-1, IGF-2, BMP-2, PDGF, and FGF inform differentiation of mesenchymal stem cells into osteoblasts (Clarke, 2008). Alternatively in OP, chronic pathological levels of pro-inflammatory cytokines and mediators promote bone resorption via osteoclast differentiation and activation, enhancement of RANKL expression, and the inhibition osteoblast survival (Clowes et al., 2005). Indeed, systemic

inflammation is implicated in the dysregulation of multiple processes related to bone homeostasis: OP pathology propagates through a complex interplay of endocrine (estrogen; Almeida et al., 2017; Levin et al., 2018; Wu et al., 2018; Farr et al., 2019, parathyroid hormone; Camirand et al., 2016; Noordin and Glowacki, 2016; Williams et al., 2018; Lou et al., 2019, androgen; Shin et al., 2018; Joseph et al., 2019) immune (T-lymphocytes, cytokines), small molecule (Vitamin D; Ebeling and Eisman, 2018; Shill et al., 2019), and canonical signal pathway (Wnt/ β -catenin; Johnson and Recker, 2017; Amjadi-Moheb and Akhavan-Niaki, 2019) regulators (see **Figure 3**).

Inflammatory cytokine-mediated bone resorption appears to occur through a variety of mechanisms. Both T- and B-lymphocytes have been shown to constitutively overexpress RANKL in pro-inflammatory conditions (Pietschmann et al., 2016; Srivastava et al., 2018). The inflammatory milieu produced by macrophages, dendritic cells, and local fibroblasts (TGF- β , IL-6, IL-1 β , IL-23) incites proliferation of Th17 cells, which in turn promote bone resorption via RANKL expression (Dar et al., 2018c), upregulation of RANKL expression by osteoblasts and fibroblasts via IL-17 (Raphael et al., 2015), and exacerbation of the pro-inflammatory polarization of macrophages through secretion of IL-6, IL-17, TNF- α , and IFN- γ (Komatsu and Takayanagi, 2012). Activated B-lymphocytes, in addition to secreting TNF- α (Weitzmann, 2014), generates autoantibodies implicated in accelerating osteoclastogenesis (Pietschmann et al., 2016). TNF- α secreted by dendritic cells, macrophages, and CD4⁺/CD8⁺ cells is purported to act both indirectly by activating stromal cell secretion of RANKL, M-CSF, and IL-1, and directly by promoting osteoclast differentiation through activation of TGF- β (Al-Daghri et al., 2017). While data concerning inflammatory cytokine expression profiles in OP patients is limited, one study of over 100 post-menopausal OP patients found elevated pro-inflammatory cytokine levels (TNF- α , IL-1 β , IL-6) were inversely correlated with expression of markers involved in inflammation remission (IL-4) and osteogenesis (osteocalcin) (Al-Daghri et al., 2017). STAT3 and the CXC (L1/R1) axis also merit further investigation: in an RA-induced murine population, STAT3 activation driven by pro-inflammatory cytokine expression led to increased RANKL-mediated bone loss, and STAT3 inhibition via cycloheximide significantly reduced expression of IL-6 family cytokines and RANKL (Mori et al., 2011). In a study comparing pre- and post-menopausal healthy controls to post-menopausal OP patients, CXCL1 concentrations were inversely correlated to bone mineral density and were directly proportional to bone turnover (TRACP-5b, NTx) and inflammatory (IL-1 β , IL-6) markers (Chen et al., 2016), suggesting CXCL1 may be correlated to degree of OP development. Viral-mediated suppression of CXCR1 transcription resulted in a distinct reduction in RANKL-induced osteoclastogenesis (Wojdasiewicz et al., 2019).

Advancement in Current Treatments

Antiresorptive drugs are the most common therapy for osteoporotic patients and include selective estrogen response modulators (SERMs), bisphosphonates, and antibody-based RANKL inhibitors (Chapurlat and Genant, 2015). Estrogen is known to mediate bone turnover by directing calcium

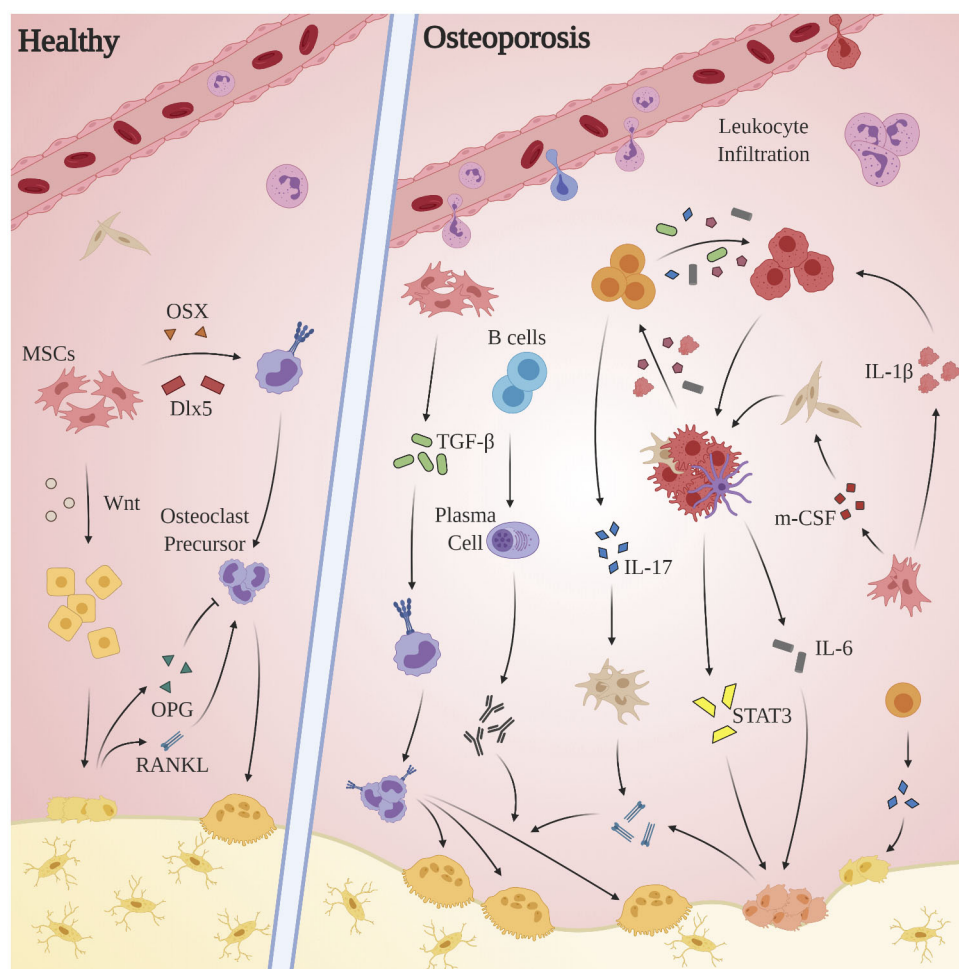


FIGURE 3 | Aberrant immune mechanisms in OP. Chronic pathological levels of pro-inflammatory cytokines and mediators promote bone resorption via osteoclast differentiation and activation, enhancement of RANKL expression, and the inhibition of osteoblast survival. The inflammatory milieu produced by macrophages, dendritic cells, and local fibroblasts incites proliferation of Th17 cells, which in turn express RANKL, promote upregulation of RANKL expression by osteoblasts and fibroblasts, and exacerbate the M1 polarization of macrophages. Multiple players contribute to osteoclastogenesis—both indirectly, as through activated stromal cell secretion of RANKL, and directly as by promoting osteoclast differentiation through activation of TGF- β . The STAT3 and CXCL1/R1 axes, while clearly of clinical significance, remain obfuscated and merit further investigation.

and Vitamin D homeostasis and conditionally promoting upregulation of cytokines that either incite or inhibit bone resorption (Lizneva et al., 2018). That OP is overwhelmingly presented by post-menopausal women (four times more common in women over 50 than similarly aged men) further solidifies the preponderance of estrogen in disease pathology. Thus, until recently, exogenous estrogen administration was a popular antiresorptive therapy: several controlled trials have demonstrated its ability to prevent bone mineral density (BMD) loss and reduce the risk of hip fractures by ~30% (Chapurlat and Genant, 2015). Unfortunately, bone loss resumes at post-menopausal levels following cessation of therapy (Greendale et al., 2002) and prolonged treatment is linked to aberrant blood coagulant activity and significant breast cancer risk (Rossouw et al., 2009; Gennari et al., 2016).

The therapeutic mechanisms and longitudinal efficacies of SERMs, bisphosphonates, and RANKL inhibitors have

been extensively reviewed elsewhere (Gennari et al., 2016). Moreover, the limited clinical potency and risk factors associated with existing treatments underscores the need to target alternative pathways contributing to disease pathology. Recent investigations have identified multiple treatments that remediate bone loss through modulating immune activity. B cell depletion via rituximab reduced synovial RANKL, expression of RANK⁺ osteoblasts, and sera levels of bone turnover markers in patients with inflammatory OP (Wheater et al., 2011; Boumans et al., 2012). In ovariectomized and post-menopausal murine models of OP, administration of D-mannose (Liu et al., 2020), *Bacillus calusii* (Dar et al., 2018a), and *Lactobacillus acidophilus* (Dar et al., 2018b) attenuated bone loss, reduced expression of pro-inflammatory cytokines IL-6, IL-17, TNF- α , and IFN- γ , and increased expression of anti-osteoclastogenic factor IL-10 by stimulating the proliferation of Treg cells, restoring Treg/Th17 balance. Antibody-based TNF- α inhibition in a rat

model of OP elevated bone density, simultaneously increased and decreased OPG and RANKL expression, respectively, and enhanced osteogenic differentiation of endogenous stromal cells (Yu et al., 2019). Collectively, these and other studies purport inflammation as a viable target for therapeutic intervention in OP.

Relation to AD

While AD and OP initially appear pathologically and immunologically distinct, the results of numerous studies suggest a bidirectional and mutually antagonistic interplay between the two age-related disorders. Patients with AD exhibit, on average, significantly reduced hip BMD and retain a nearly 2-fold risk of hip fracture relative to healthy age-matched controls (Chen and Lo, 2017). Elevated TNF- α levels observed in AD patients, even before the onset of cognitive impairment, are known to induce osteoclastogenesis, inhibit bone formation by suppressing Wnt signaling, and accelerate cartilage destruction via production of MMPs and disintegrin and metalloproteinase with thrombospondin motifs (ADAMTSs) (Osta et al., 2014). Bone turnover proteins osteocalcin (OCN), osteopontin (OPN), and sclerostin have been shown to exert potent neurological effects *in vivo* (Yuan et al., 2019a): OCN can traverse the BBB, enhance synthesis of serotonin, dopamine, and noradrenaline, inhibit GABA secretion, and bind to neurons in the brainstem, midbrain, and hippocampus (Oury et al., 2013). In a recent study, intravenous (IV) injection of plasma derived from OCN^{+/+} 3 month-old mice rescued cognitive function of 16 month-old WT mice, but this therapeutic effect could not be replicated with OCN^{-/-} mice, suggesting OCN may play a role in mitigating age-related cognitive deficits (Khrimian et al., 2017). OPN is found in higher levels in the plasma of AD patients (Comi et al., 2010; Carecchio and Comi, 2011), is known to enhance bone resorption (Luukkonen et al., 2019), and reduces A β burden in murine models of AD (Rentsendorj et al., 2018). Moreover, pathological variants of A β propagate in osteoporotic bone (Xia et al., 2013) and BMD has been shown to be inversely correlated with A β and APP expression in vertebral trabecular bone specimens ($r = -0.617$ and -0.531 for A β_{42} and APP, respectively) (Li et al., 2014). *In vitro*, A β_{42} enhances RANKL-induced bone resorption by silencing inhibitor of nuclear factor kappa B (I κ B), subsequently enhancing NF- κ B activity (Li et al., 2016). Finally, in AD, microglia-like cells originating from bone marrow traverse the BBB and migrate into the brain in a chemokine-dependent manner (El Khoury and Luster, 2008), giving further credence to the hypothesis that peripheral inflammation can directly contribute to pathological microgliosis and subsequent neuronal degradation.

ADDITIONAL MECHANISMS UNDERLYING SYSTEMIC PATHOLOGY

While no single theory exists concerning the underlying mechanisms of these systemic disorders, cellular senescence, dysregulation in peripheral nervous system activity, and a disruption in autophagic homeostasis are considered hallmark

artifacts of arguably the most significant risk factor for all the conditions discussed above: aging. Cellular and immunosenescence are highly conserved features in age-related inflammatory bone and joint disorders, as well as in CNS diseases including LOAD (Rodier and Campisi, 2011; Muñoz-Espín and Serrano, 2014). Cell cycle suppression genes are heavily upregulated with age and are implicated in the generation and maintenance of chronic systemic inflammation and exacerbation of disease pathology (Lebrasseur et al., 2015). Aberrant peripheral nervous system activity provides a physiological basis for the intimate, bidirectional relationship between bone and joint disorders and dysregulated neurological homeostasis. Not only are autonomic structures among the first impacted in neurodegenerative illness, but select neuropeptides highly expressed in bone are known to drive a host of osteo-homeostatic processes including bone reformation, hematopoietic progenitor cell (HPSC) niche maintenance, and innate and adaptive immune activity (Asada et al., 2013). Finally, global reduction in autophagy has been reported to exacerbate age-associated inflammation and accelerate the progression of degenerative diseases (Cuervo and Dice, 2000). Conversely, the maintenance of proper autophagic activity has been credited with heightened longevity and resistance to a host of age-related conditions (Arensman and Eng, 2018). Therefore, while complex disorders like AD result from a wide range of multifactorial mechanisms, a comprehensive understanding of these age-related phenomena is crucial to the development of effective interventional therapies.

Age-Related Cellular/Immuno-Senescence

Tissues affected in a variety of age-related diseases exhibit a preponderance of senescent cells characterized by cell cycle arrest, apoptosis resistance, and chronic secretion of preferentially pro-inflammatory molecules (Rodier and Campisi, 2011; Muñoz-Espín and Serrano, 2014). In conventional aging, cells assume a senescence-associated secretory phenotype (SASP) which is believed to contribute to age-related tissue inflammation (Lebrasseur et al., 2015). While SASPs surface from a variety of factors, including cell type, mechanism of senescence induction, and hormonal milieu (Wiley et al., 2016), inflammatory cytokines, including IL-6 and IL-8, are highly conserved in SASPs and are believed to play a crucial role in maintaining SASP signaling and senescence (Acosta et al., 2008; Coppé et al., 2008; Lasry and Ben-Neriah, 2015).

In AD, aggregating A β_{1-42} peptides have been shown to directly trigger expression of senescence-associated marker β -galactosidase in oligodendrocyte precursor cells (OPCs) (Osso and Chan, 2019), indicating that senescent OPCs commonly observed in AD brains may be generated through direct stress from A β aggregates rather than, or in addition to, canonical replicative senescence mechanisms. Indeed, in 5XFAD murine models of AD, the expression of cell cycle suppression genes *p53*, *p16*, and *p21* were all upregulated in hippocampal homogenates. *P16* demonstrated the most significant discrepancy, increasing over 5-fold following the onset of pathology—a result consistent for both genomic and proteomic characterizations. Importantly, *p16* expression was inversely correlated with cognitive performance and

immunofluorescent staining revealed predominantly neuronal localization of the gene. These results were recapitulated *in vitro*: the administration of 10 μ M oligomeric A β significantly upregulated *p16* (but not *p53*) in neuron monoculture (Wei et al., 2016). A similar senescent phenotype was discovered in aged APP/PS1 Δ E9 mice and both short- and long-term administration of quercetin, a senolytic drug providing targeted ablation of senescent cells, conferred multiple benefits. Short-term treatment eliminated senescent OPCs, ramified pathological microglia proximal to plaques, and reduced IL-6 levels. Long-term therapeutic intervention before the onset of plaque pathology reduced overall hippocampal plaque burden later in disease and attenuated overall inflammatory cytokine secretion (Zhang P. et al., 2019).

P16 and *p21* are also known to be heavily upregulated in OP bone (Farr et al., 2019). In highly enriched cell populations derived from murine bone and bone marrow with no *in vitro* culture, expression of *p16* was greater in B- and T-lymphocytes, myeloid cells, osteoblast progenitors, osteoblasts, and osteocytes in 24 month-old mice relative to 6 month-old mice. Conventional aging was attributed to an over 500% increase in senescent osteocytes (Khosla et al., 2018). Indeed, as they age, bone marrow derived MSCs are known to not only lose their functional and regenerative capabilities, but also develop an increased propensity toward replicative senescence, contributing to chronic systemic inflammation and exacerbation of disease pathology (Qadir et al., 2020). Targeting senescent cells using genetic (Baker et al., 2011), senolytic (Yi et al., 2016), or inflammatory SASP-inhibiting compounds (Xu et al., 2015) for 2–4 months markedly improved bone mass and microarchitecture in trabecular and cortical bone.

Aberrant Peripheral Nervous System (PNS) Activity

Autonomic dysfunction—postulated to surface due to deficits in cholinergic function—is common in patients with dementia (Allan et al., 2007; Femminella et al., 2014). In an observational study, MCI patients were found to be ~5.6 times more likely to demonstrate parasympathetic dysfunction than age-matched healthy controls (Collins et al., 2012). Central autonomic structures, including the hypothalamus, amygdala insula, and locus coeruleus are among the first neural structures afflicted in neurodegenerative illnesses like AD (Ahmed et al., 2015). These alterations culminate in markedly changed neuropeptide levels in the brains and cerebrospinal fluid (CSF) of AD patients—among them, reduced cortical calcitonin gene-related peptide (GCRP) (Choi et al., 2014) and vasoactive intestinal peptide (VIP) (Zhou et al., 1995; Sterniczuk et al., 2010), diminished CSF Substance P (SP) (Friedberg et al., 1991; Quigley and Kowall, 1991; Waters and Davis, 1997), and elevated norepinephrine (NE) (Gannon and Wang, 2019), tyrosine hydroxylase (TH) (Szot et al., 2006, 2007), dopamine β hydroxylase (DBH) (Giubilei et al., 2004), and neuropeptide Y (NPY) (Allen et al., 1984).

Importantly, these and other neuronal products are expressed in bone and have been shown to exert multiple immunomodulatory and osteo-homeostatic pathological

deviations in the periphery (Asmus et al., 2000). CGRP increases proliferation and reduces apoptosis of osteoblast progenitors, enhances osteogenic gene expression, and stimulates osteoblast activity via cAMP and Wnt/ β -catenin signaling (Mrak et al., 2010). A decrease in VIP levels induces a concomitant increase (>50%) in osteoclast-covered surface in rat mandible and calvariae (Elefteriou, 2005). SP inhibition exacerbates bone loss via decreased MSC recruitment, as evidenced by increased osteoblast activity and decreased OPG/RANKL ratio in ovariectomized murine models of OP (Elefteriou, 2005). Adrenergic (NE) signaling directly stimulates osteoclast differentiation through upregulation of RANKL by binding β 2AR, a β -adrenergic receptor highly expressed in osteoblasts (Brazill et al., 2019). Inhibiting DBH signaling lowers sympathetic tone, induces osteoblast proliferation, and increases mean BMD in murine bones (Elefteriou, 2005). Deletion of NPY and its major receptor, Y2, in selective knockout mice stimulates osteoblast activity and increases both cortical and trabecular bone formation (Baldock et al., 2002).

Given the above, that the hypothalamus enjoys a central role in regulating bone homeostasis comes as no surprise. Neural-osteo interplay appears to occur through two distinct channels: (1) well-defined hormonal signals generated in the hypothalamus and subsequently processed in the pituitary; (2) efferent neuronal discharges originating from the hypothalamus and processed through the brainstem (Driessler and Baldock, 2010). Chronic stimulation of sympathetic outflow is known to have detrimental effects on bone: indeed, sustained β 2AR signaling on osteoblasts and osteocytes disrupts their capacity to maintain the endosteal HPSC niche. Various immune players have been implicated in regulating local neuropeptide secretion (Serre et al., 1999) and, under certain conditions, uptake (Pirzgalska et al., 2017), but further investigation is required to determine whether these mechanisms can be exploited for designing therapeutic interventions.

Dysregulated Autophagic Homeostasis

Autophagic lysosome deficits occur early in AD onset and are hypothesized to be significant contributors to disease pathology (Zare-shahabadi et al., 2015). As early as 1967, abnormal aggregations of subcellular vesicles—subsequently identified as immature autophagic vacuoles—were reported to accumulate in dystrophic neurites in the AD brain (Suzuki and Terry, 1967). Aberrant lysosomal activity in AD resembles that induced by knocking out specific cathepsins or by administering lysosomal protease inhibitors. Prevailing theory suggests that failed protein and organelle catabolism by dystrophic autophagosomes induces a compensatory mechanism whereby autophagy is upregulated via ROS-dependent activation of type III PI3 kinase. Unfortunately, because downstream degradative pathways (chiefly lysosomal acidification) are already dysregulated, this only accelerates disease pathology. Promoting cathepsin activity via deletion of cystatin B (a cathepsin inhibitor) rescues autophagic-lysosomal pathology, reduces pathological A β accumulations, ubiquitinates proteins within autophagosomes, and reduces intraneural A β peptide (Yang et al., 2011). The pathological associations between

dysregulated autophagic processes and neurodegeneration in AD are emphasized by the similar clinical features observed in certain lysosomal storage disorders: neurofibrillary tangles are seen in human Niemann Pick Type C disease and mucopolysaccharidosis type IIB (Ryazantsev et al., 2007). Further, evidence suggests that APOE- ϵ 4, considered a risk factor toward the onset of sporadic AD, may work in concert with A β peptides to incite lysosomal membrane disruption, release of lysosomal enzymes, and subsequent neuronal degradation. While counterintuitive, global *inhibition* of autophagy, when deviant as in neurodegenerative disease, may be beneficial (Tung et al., 2012).

While the role of autophagy in the pathogenesis of age-related chronic inflammatory diseases like OP and OA requires elucidation, autophagic processes are intimately ingrained in the maintenance of bone and cartilage homeostasis. Increased autophagy is assumed critical in osteogenesis due to the requirement for rapid organelle recycling, preservation of nutrients, and the increased environmental susceptibility to hypoxia inherent to the osteoblast-to-osteocyte transition (Manolagas and Parfitt, 2010). In articular cartilage, primarily characterized by low cell turnover and limited vascularization, autophagy is essential for maintaining cellular integrity, function, and survival. Indeed, expression of ULK1, Beclin1, and LC3, an inducer, regulator, and executor of autophagy, respectively, was found to decrease with GAG loss in both age-related and surgically induced OA (Caramés et al., 2010). Importantly, autophagosome formation is heavily upregulated in the superficial and medial zones of OA cartilage in early disease stages and apoptotic factors dominate with disease progression, suggesting a shift toward an apoptotic phenotype that may be due, at least in part, to failed autophagy similar to that observed in AD (Almonte-Becerril et al., 2010).

Recent studies have purported autophagy inhibition as a novel treatment paradigm for inflammation-mediated osteoclastogenesis. Overall resorptive activity decreased in osteoclast monoculture following bafilomycin (potent autophagy inhibitor) administration (Neutsky-Wulff et al., 2010). These findings were later recapitulated in a murine model of bone loss induced by both ovariectomy and glucocorticoid treatment, where pharmacological (chloroquine) and genetic (*Atg7* deletion) suppression of autophagy in monocytes reduced osteoclastogenesis and subsequent bone resorption (Lin et al., 2016). Others, however, have reported the opposite: promoting autophagy in osteoblasts rescued viability following glucocorticoid treatment and reduced bone loss (Yao et al., 2016). Deletion of *FIP200* (involved in autophagosome formation) in osteoblasts induces osteopenia in rats (Yao et al., 2016). *Atg7* osteocyte knockout was shown to promote BMD loss in both male and female mice, not unlike that seen during natural aging (Onal et al., 2013). It appears that, overall, upregulation of autophagy in osteocytes and osteoblasts relieves oxidative stress, promotes cellular viability, and decreases bone resorption, while increased autophagy in osteoclasts exacerbates and accelerates bone and articular cartilage degradation in OP and OA. This precludes the use of systemic autophagy inhibitors for the treatment of these pathologies and underscores the

need to develop vehicles for targeted stimulation or inhibition of autophagy in defined cell types. Moreover, the net effect of aging on autophagy on the microscopic scale requires further investigation: while age-related senescence contributes to a global reduction in autophagy (Caramés et al., 2010), the resulting accumulation of oxidative stress may induce autophagy predominantly in inflammatory mediators involved in disease pathology. A study delineating the propensity of different cell types toward increased autophagy following ROS stimulation at varied disease stages may provide some insight.

Pathological MicroRNA Profiles

Micro ribonucleic acids (miRNAs) are sentinels of post-transcriptional regulation of gene expression: by binding the 3'-untranslated regions (UTRs) of their target genes, miRNAs prevent translation—either through direct translation suppression or mRNA cleavage (Llave et al., 2002). Due to the ubiquity of 3'-UTR motifs and the wide gamut of complementary microRNAs discovered in recent years, these short nucleotide strands are estimated to target and modulate expression of over 80% of all genes in humans (Herrera-Espejo et al., 2019). Dysregulation of miRNA profiles has thus garnered considerable interest as a prominent driving force of several systemic pathologies, including those discussed herein. Indeed, a host of miRNAs regulate genes involved in production of amyloid plaques (Jahangard et al., 2020) and hyperphosphorylated tau (Femminella et al., 2015; Moncini et al., 2017), as well as those encoding cytokines canonically associated with chronic neuroinflammation (Ravari et al., 2017; Liu et al., 2019)—most of which are downregulated in the AD brain (Reddy et al., 2017b). Multiple target genes implicated in the inception and maintenance of chronic peripheral inflammation (Zhu et al., 2012; Bogunia-Kubik et al., 2016) and concurrent cartilage degradation (Park S. J. et al., 2013) and osteopenia (Kelch et al., 2017) likewise continue to be evaluated. While dysregulated miRNA profiles in AD (Herrera-Espejo et al., 2019), RA (Reyes-Long et al., 2020), OA (Sondag and Haqqi, 2016), and OP (Ko et al., 2020) have been thoroughly reviewed elsewhere, **Table 1** lists the miRNAs prominently referenced in recent literature, identifies whether they are up- or down-regulated in each condition, and provides a succinct overview of their respective targets and putative contributions to disease pathology. Inconsistencies in the expression of these miRNAs taken from different patient cohorts and procurement sites exemplify the complexity of miRNA biology: greater standardization and experimentation is required to uncover any direct correlation between those miRNAs differentially expressed in peripheral inflammatory bone and joint disorders and the onset and exacerbation of neurodegenerative disease.

MESENCHYMAL STEM CELL (MSC) THERAPY

Cumulatively, the results of the above studies suggest that effective treatment of RA, OA, and OP may delay and ameliorate AD-related neurodegeneration and that they may do

TABLE 1 | Dysregulated miRNA profiles implicated in the pathologies discussed herein.

Disease	miRNA	Expression vs. Control	Relevant Target(s) Putative contribution to pathology	Source(s)
AD	9	Down	<i>FGFR1, SIRT1, REST</i> Downregulation correlates directly with reduced cortical thickness and cognitive performance in AD patients	Kumar and Reddy, 2016; Maldonado-Lasuncion et al., 2019
	16-5p	Down	<i>APP</i> Inhibition leads to accumulation of APP, subsequent dysregulation of insulin pathway and heightened expression of Raf and/or NF- κ B	Liu et al., 2012; Kirouac et al., 2017
	29	Down	<i>BACE1, BIM</i> Expression inversely correlated with BACE1; Treatment with exogenous miR-29b has been shown to reduce expression of A β , and its pathological effects, <i>in vitro</i>	Jahangard et al., 2020
	34a-5p	Up	<i>p53</i> Heightened miR-34 expression associated with tau hyperphosphorylation; Downregulation has been found to rescue some cognitive abilities in murine models	Zovoillis et al., 2011; Femminella et al., 2015
	106	Down	<i>APP, ABCA1</i> Overexpression may inhibit amyloid-associated tau aggregation	Kim et al., 2012; Liu et al., 2016b
	107	Down	<i>CDK5</i> Heavily downregulated in the hippocampus and temporal cortex of AD patients; CDK5 involved in tau hyperphosphorylation	Shukla et al., 2012; Moncini et al., 2017
	125-5p	Up	<i>DUSP6, PPP1CA, Bcl-W</i> Upregulation associated with heightened neuroinflammation	Banzhaf-Strathmann et al., 2014; Reddy et al., 2017a
	132-3p	Down	<i>SIRT1, FOXO1, p250GAP</i> Reduction in miR-132 appears preclude neuron loss; <i>in vitro</i> miR-132 protects neurons against both A β and glutamate; In early AD, expression is increased and correlated to higher MMSE scores; In late AD, expression is abrogated in both AD brain and neural exosomes	Wong et al., 2013; Hadar et al., 2018; Cha et al., 2019
	146a	Up	<i>TLR2</i> Key regulator of AD-related immune response and implicated in multiple inflammatory pathologies including AD; Murine models demonstrate positive correlation between miR expression, senile plaque density, and cognitive impairment	Li et al., 2011; Ravari et al., 2017; Ansari et al., 2019
	155	Up	<i>c-Maf, IFNGR1, SHIP1</i> Regulates microglial inflammatory response; Heavily upregulated in 3xTg murine models of AD; elevated levels coincide with c-Jun expression, microglial and astrocyte activation, and upregulated secretion of inflammatory mediators; Has also been implicated in activation of a wide gamut of T lymphocytes	Song and Lee, 2015; Liu et al., 2019; Zhao et al., 2019
	181a/c/d	Down	<i>SPTLC1, c-Fos, SIRT1</i> Regulates cell proliferation, apoptosis, autophagy, mitochondrial function, and immune response; Loss increases serine palmitoyltransferase	Ouyang et al., 2012; Rodriguez-Ortiz et al., 2014; Indrieri et al., 2020
RA	212-3p	Down	<i>SIRT1</i> Correlations similar to those observed in 132-3p	Hadar et al., 2018
	16-5p	Up	<i>A2AaR</i> Results in upregulation and activation of NF- κ B pathways; upregulation in Th17 cells; treatment with anti-TNF agents or DMARDs led to significantly increased expression	Reyes-Long et al., 2020
	23b-3p	Up/Down	<i>NOX4, TAB2, TAB3, IKK-α</i> Immunosuppressive via regulation of NOX4, which in turn inhibits expression of proinflammatory cytokines COX2, TNF- α , and IL-1 β ; Shown to be protective of GABAergic and motor neurons; Regulates NF- κ B via TAB2, TAB3, and IKK- α (genes through which TNF- α , IL-17, IL-1 β activate the NF- κ B pathway); IL-17 creates dysregulated feedback loop between 23b-3p and NF- κ B, leading to increased expression of both	Zhu et al., 2012
	124-3p	Up/Down	<i>IκB, MCP-1, SIRT1</i> Pathological downregulation leads to repression of inhibitors of κ B (I κ B), ultimately increasing NF- κ B expression	Chiu et al., 2020
	146-5p	Down	<i>TRAF6, JNK/CCL2, NF-κB</i> Serum expression significantly reduced in RA patients compared to controls, but found significantly increased in synovial tissue and synovial fluid-derived monocytes; expression induced by TNF- α and IL-1 β	Bogunia-Kubik et al., 2016; Reyes-Long et al., 2020
OA	155-5p	Up	<i>SOCS1</i> Overexpressed in synovial joints of RA patients, leading to suppression of SOCS1 and triggering expression of TNF- α and IL-6	Bogunia-Kubik et al., 2016
	223-3p	Up	<i>E2F1</i> Predominantly expressed in Th cells; Overexpression in RA decreases E2F1 levels, leading to dysregulation of T-lymphocyte phenotype and subsequent autoimmunity	Pawlik et al., 2003; Fulci et al., 2010
	9	Down	NF- κ B Overexpression has been implicated in reduction of NF- κ B pathway signaling factors including NF- κ B, TNF- α , IL-1 β	Bazzoni et al., 2009; Liu et al., 2016a
	34a	Up	<i>SIRT1</i> Upregulation results in concomitant decrease in SIRT1 expression; injection of a lentiviral vector encoding anti-miR-34a effectively abrogated OA progression in rat models	Yan et al., 2016
	130	Down	<i>TNF</i> Downregulated in OA patients, with concomitant upregulation in TNF	Li et al., 2015; Panagopoulos and Lambrou, 2018
	146a	Up	<i>CAMK2D, PPP3R2</i> Upregulation exacerbates proinflammatory cytokine secretion; miR-146a overexpression murine model demonstrated significantly higher TNF- α , IL-1 β expression; TNF- α , IL-1 β , and IL-17 administration appear to elevate miR levels in a positive feedback loop manner	Zhang X. et al., 2017

(Continued)

TABLE 1 | Continued

Disease	miRNA	Expression vs. Control	Relevant Target(s) Putative contribution to pathology	Source(s)
OP	149	Down	<i>MyD88</i> , <i>STAT3</i> Effective modulator of a wide variety of pro-inflammatory factors; inhibits hepatic inflammatory response via <i>STAT3</i> pathway; Overexpression in macrophages linked to inhibition of NF- κ B, TNF- α , and IL-6	Xu et al., 2014; Zhang Q. et al., 2017; Tahamtan et al., 2018
	199	Down	<i>SMAD1</i> , <i>MAPK</i> Involved in promotion of chondrogenesis; Promotes osteoblastic differentiation of hMSCs via down- and up-regulation of <i>SOX9</i> and aggrecan, respectively; Downregulation in OA results in increased expression of <i>COX-2</i>	Laine et al., 2012; Zhang et al., 2012
	558	Down	<i>COX2</i> Directly suppresses <i>COX-2</i> mRNA activity and IL-1 β induced catabolic events in chondrocytes to promote homeostasis	Park S. J. et al., 2013
	9-5p	Up	<i>WNT3A</i> Found to be highly expressed in OP patients relative to negative controls; Promotes adipogenesis and inhibits osteogenesis	Zhang H. G. et al., 2019
	21	Up/Down	<i>PDCD4</i> Upregulated in senile osteoporosis, which leads to c-Fos expression and subsequent osteoclastogenesis; Role in osteoblast differentiation is more controversial	Sugatani et al., 2011; Cheng et al., 2019
	23-3p	Up	<i>RUNX2-SATB2</i> Inhibition of <i>SATB2</i> expression may incite osteoclastogenesis	Yavropoulou et al., 2020
	29b	Down	<i>HDAC4</i> , <i>RUNX2</i> Decrease in miR-29b causes concomitant increase in <i>HDAC4</i> and subsequent reduction in osteoblastic differentiation	Li Z. et al., 2009; Bellavia et al., 2019
	100	Up	<i>BMPR2</i> , <i>SMAD1</i> Inhibits osteogenic differentiation of MSCs; <i>Ex vivo</i> study of osteoclasts taken from OP patients revealed an inverse correlation between miR-100 expression and BMD at the femoral neck	Fu et al., 2016; Bellavia et al., 2019
	124	Up	<i>Dlx2</i> , <i>Dlx3</i> , <i>Dlx5</i> MiR-124 overexpression has been shown to drive MSC adipogenesis; Significantly elevated in patients with low bone mass	Qadir et al., 2015; Yavropoulou et al., 2017
	125	Up	<i>CBFβ</i> Inhibition of osteogenesis via <i>RUNX2</i> suppression; MiR-125 level found to be inversely correlated with patient femoral head BMD; Circulating miR-125 found to be significantly upregulated in osteoporotic patients	Huang et al., 2014; Liu et al., 2015; Panach et al., 2015
	133	Up	<i>RUNX2</i> , <i>CXCL11</i> , <i>CXCR3</i> , <i>SLC39A1</i> , <i>TCF-7</i> Suppression of osteoblastic differentiation via <i>RUNX2</i> inhibition	Li et al., 2008; Wang Y. et al., 2012; Liao et al., 2013
	187	Down	<i>IL6</i> , <i>TNF</i> Elevated expression may lead to increased pro-inflammatory cytokine expression and inhibited osteogenesis	Garmilla-Ezquerro et al., 2015
	2861	Down	<i>HDAC5</i> Significantly downregulated in osteoporosis patients, leading to <i>HDAC5</i> -mediated inhibition of <i>RUNX2</i> and BMD loss	Li H. et al., 2009

so through targeting mechanisms associated with aging. The limited longitudinal clinical benefits conferred by the currently administered pharmacological and antibody-based therapies highlights the need to investigate novel paradigms for the treatment of these disorders. Moreover, while conservative, systemic anti-inflammatory treatments may suffice for short-term improvement in patient-reported pain and range of motion, their role in ameliorating the underlying structural abnormalities in bone and cartilage remain limited (Jevotovsky et al., 2018). The introduction and usage of stem cells represents an important advance in regenerative cellular therapy: a number of works report preclinical benefits through differentiation of induced pluripotent stem cells (iPSCs) and embryonic stem cells (ESCs) into targeted cell types and these findings have been thoroughly reviewed elsewhere (Burke et al., 2016; Duncan and Valenzuela, 2017); however, their tendency to incite teratoma growth (Zakrzewski et al., 2019) as well as their immunogenicity (Deuse et al., 2019) has precluded their mainstream usage. MSCs possess excellent therapeutic potential for a broad range of chronic inflammatory and neurodegenerative conditions, owing to their accessibility relative to embryonic and induced pluripotent stem cells, their relatively predictable behavior, and their inherent ability to differentiate into osteoblasts, chondrocytes, and adipocytes. Typically isolated from bone marrow, adipose tissue, and more recently, the umbilical cord (Xu et al.,

2018), MSCs mediate wound-healing by exerting pro-angiogenic, anti-fibrotic, and anti-inflammatory activity through direct cell-cell interactions and via the secretion of potent trophic factors (Shi et al., 2018). In addition to retaining oxidative stress resistance in inflammatory environments (Cui et al., 2017), MSCs modulate the activation, proliferation, and function of key mediators of both the innate and adaptive immune systems (see Figure 4). As such, they are uniquely suited to serve as the foundation for multiple therapies designed to ameliorate AD-related neurodegeneration, chronic systemic inflammation, and arthritis-associated bone and cartilage degradation. Over past decades, a plurality of studies have found that direct intracerebral (AD) and intraarticular (RA, OP, OA) injection of MSCs confers multiple benefits evidenced by three key features: (1) inflammation remission, (2) stimulation of neotissue formation, and (3) measurable improvements in behavioral outcomes. While these investigations are thoroughly reviewed elsewhere (Duncan and Valenzuela, 2017; Kim and Shon, 2020), we here discuss current developments toward maximizing the clinical usability and therapeutic potential of MSCs as they apply to AD, inflammatory arthritis, and OP.

Systemic MSC Injection

Systemic or intravenous (IV), MSC administration confers a key clinical benefit: minimization of the proximal tissue damage

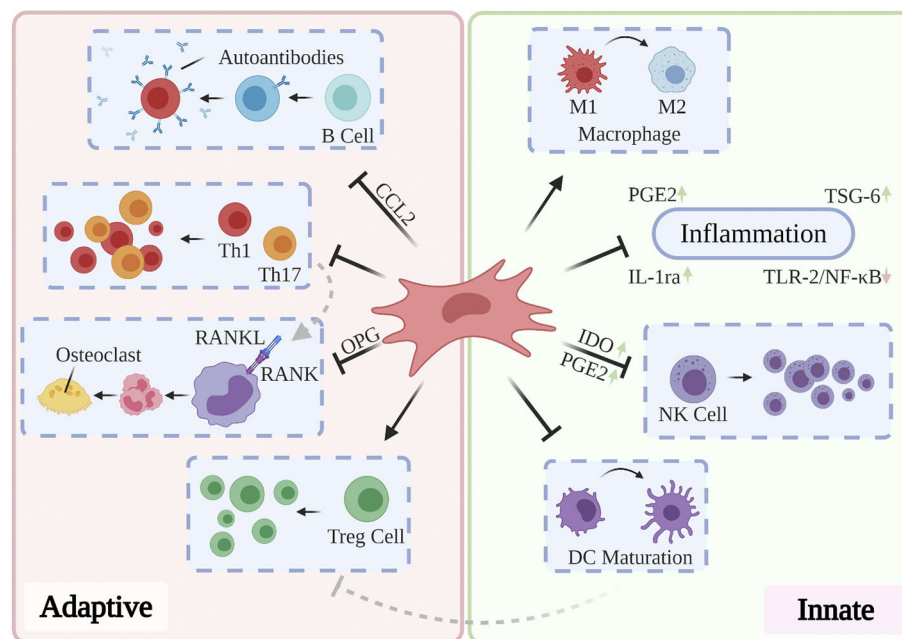


FIGURE 4 | Partly hypothetical model for the key immunosuppressive mechanisms of MSCs, which modulate the activation, proliferation, and function of prominent mediators of both the innate and adaptive immune systems. In addition to quelling production of local inflammatory cytokines via secretion of PGE2, IL-1ra, and TSG-6, primed MSCs have been shown to reverse the pro-inflammatory polarization of macrophages, inhibit proliferation of NK cells via IDO and PGE2, and prevent the maturation of DCs. Local and systemic administration of MSCs has also been shown to restore normal Th1/Th17:Treg ratios, prevent the production of pathogenic autoantibodies via CCL2, and inhibit osteoclastogenesis through OPG production. These and other findings contribute to the hypothesis that MSCs are uniquely suited to treat a variety of chronic inflammatory diseases.

inherent to local MSC injection boluses. This coupled with accumulating evidence that intravenously injected MSCs home to sites of interest (Sui et al., 2016) and retain therapeutic efficacy comparable to direct injection routes (Cui et al., 2017; Harach et al., 2017) renders systemic administration an appealing and viable treatment paradigm. In AD, intravenously injected MSCs have been shown to traverse the BBB and, importantly, display no evidence of eliciting a tumorigenic or immune response (Duncan and Valenzuela, 2017). While the mechanisms by which MSCs exert their therapeutic potential in the AD brain have yet to be clarified, multiple studies have shown that MSCs can differentiate into a plurality of neural cell types and enhance neurogenesis through the secretion of neurotrophic factors (Park D. et al., 2013; Garcia et al., 2014; Kim et al., 2015). Recent animal studies reflect this paradigm: intravenous transplantation of 2×10^6 human umbilical cord (hUC)-MSCs into 12 month-old Tg2576 mice improved cognitive performance as assessed by the Morris water maze 4 weeks after transplantation, attenuated oxidative stress, promoted neuronal proliferation, supported neurogenesis in the hippocampus, and increased expression of neurotrophic factors Sirt1, brain-derived neurotrophic factor (BDNF), and α -synuclein (SYN) (Cui et al., 2017). APP/PS1 mice given an equivalent treatment of bone marrow (BM)-MSCs demonstrated a significantly reduced escape latency in the Morris water maze, decreased concentrations of pathological $A\beta_{1-42}$ and beta-secretase 1 (BACE1), and attenuated expression of inflammatory

cytokines IL-1, IL-2, TNF- α , and IFN- γ in whole blood samples (Wei et al., 2018). Collectively, IV MSC treatment appears to ameliorate cognitive dysfunction by promoting neurogenesis and synaptic plasticity, increasing secretion of neurotrophic factors, decreasing hippocampal oxidative stress, and modulating expression of $A\beta$ -related genes.

Similarly encouraging results have emerged for its application in inflammatory arthritis. In a Phase Ia clinical trial including predominantly post-menopausal women, IV injection of 1×10^8 hUC-MSCs reduced whole blood levels of IL-1 β , IL-6, IL-8, and TNF- α 24 h post-injection (Park et al., 2018). In another controlled trial including 53 patients, nearly 50% of those receiving a single injection of autologous adipose-derived (A)-MSCs achieved ACR20—a clinical benchmark for treatment efficacy—within the first month; however, benefits were found to diminish after 3 months, suggesting longitudinal efficacy would require repeated treatments (Álvaro-Gracia et al., 2017). In a macaque model of OA receiving 2 weekly injections of 1×10^7 allogenic MSCs, immunohistochemical staining revealed that the peripherally administered cells localized in and around the injured synovium (Fernandez-Pernas et al., 2017). Surprisingly, proliferation and activation of endogenous MSCs was heavily upregulated 2 weeks post-infusion, suggesting injected MSCs exert their therapeutic affects partly by recruiting and activating endogenous senescent MSCs. Finally, systemic infusion of 1×10^6 allogenic BM-MSCs via the caudal vein maintained

trabecular bone mass in glucocorticoid-challenged murine models of OP and promoted osteoblast and osteoprogenitor survival (Sui et al., 2016). As with previous studies, donor MSCs were found to specifically home and engraft to recipient bone marrow 4 weeks post-infusion.

Despite these encouraging findings, systemic MSC injection is not free of limitations. While IV administration is less invasive than established local injection paradigms and allows for the therapeutic cells to disseminate throughout the body, significant pulmonary MSC entrapment has been observed in a number of animal models (Fischer et al., 2009; Ankrum and Karp, 2010; Zheng et al., 2016). Before they attain systemic circulation, MSCs pass through and agglutinate in the lungs, largely due to interactions between the abundance of pulmonary fibronectin and vitronectin, and select adhesion integrins on the MSC surface (Wang S. et al., 2015). While promising advancements have been made in mitigating this phenomenon—be it via antibody-mediated integrin blockade (Wang S. et al., 2015) or strategic culturing practices during the *in vitro* expansion of MSCs from select sources (Nystedt et al., 2013)—pulmonary MSC entrapment represents a significant clinical obstacle which merits further investigation.

MSC Conditioned Medium

While MSCs exert potent immunosuppressive functions following exposure to an inflammatory microenvironment (Noronha Nc et al., 2019), recent studies suggest that longitudinal interactions with pro-inflammatory cytokines and their mediators may gradually reduce their clinical efficacy (Shi et al., 2018). Researchers have identified several attributes inherent to MSCs that limit their therapeutic efficiency in injections, including low survival rates in pathological microenvironments and the concomitant requirement for substantial overexpansion prior to injection, and considerable variability in donor properties, *in vitro* culture conditions, and clinical performance assessment procedures (Noronha Nc et al., 2019). These and other deficiencies have prompted investigation into the purely paracrine modality of MSC-mediated immunosuppression through utilization of MSC-conditioned medium (MSC-CM). Conditioned medium extracted from primed MSCs presents several hypothetical advantages: (1) CM can be manufactured in tightly controlled *in vitro* culture conditions optimized for mass production; (2) It can be freeze-dried, packaged, and subsequently transported far easier than live MSC populations; (3) A single CM batch preparation can be used for multiple therapeutic injections; and (4) CM vastly decreases the probability of host rejection and the aberrant immune response inherent to allogeneic stem cell transplantation (Chen et al., 2018).

The results of numerous animal studies support the clinical efficacy of MSC-CM. Sustained microglial activation has been implicated in the pathogenesis and exacerbation of AD (Colonna and Holtzman, 2017; Perea et al., 2018). Both murine carcinoma (BV2) and primary human microglia showed a ~50% reduction in the secretion of pro-inflammatory cytokines TNF- α and IL-6 and increased IL-10 production following LPS activation when cultured in MSC-CM for 24 and 6 h, respectively (Ooi et al., 2015). A separate study found that MSC-CM protected BV2

microglia from A β _{35–45} challenge by reducing BV2 proliferation and apoptosis, promoting A β phagocytosis, correcting aberrant autophagic profiles, and upregulating expression of A β -degrading enzymes (Xu et al., 2018). Intraarticular injection of concentrated MSC-CM into antigen-induced arthritis (AIA) murine models reduced TNF- α sera concentration, attenuated aggrecan breakdown, increased production of IL-4 and FOXP3, and restored Treg:Th17 balance (Kay et al., 2017). Incubation of LPS-activated chondrocytes in concentrated MSC-CM decreased transcription of proinflammatory genes at both 24 and 72 h post-treatment, increased expression of ECM markers AGG and COL1, and increased global chondrocyte viability relative to untreated controls (Chen et al., 2018). Intriguingly, multiple reports have proposed that MSC-CM can induce a similar or stronger osteogenic effect than transplanted cells (Osugi et al., 2012; Chen et al., 2018). *In vivo* imaging and immunohistopathological staining of transgenic OP rats revealed that MSC-CM treatment groups displayed a larger area of newly regenerated bone and greater recruitment of native MSCs to the defect area compared to MSC-injected groups (Osugi et al., 2012). This finding adds further credence to the hypothesis that MSCs exert their regenerative effects partly through the mobilization of endogenous stem cells.

In the short term, MSC-CM exerts powerful neuroprotective, chondroprotective, and anti-inflammatory effects; however, the relatively short experimental timepoints of the above works (~3–7 days) highlight the need for elucidating the longitudinal effects of MSC-CM treatment, dose requirements, and treatment frequency to produce optimal therapeutic outcomes. Moreover, tightly regulated manufacturing standards (e.g., basal media formulations, MSC incubation period, MSC seeding density, MSC age, donor, etc.) must be enforced to rigorously test clinical efficacy. Isolation and utilization of MSC-derived exosomes further diminishes potential immunogenicity concerns associated with MSCs and their derivatives. Indeed, MSC-secreted exosomes have recently been found to orchestrate—to a significant degree—MSCs' therapeutic mechanisms of action. This exciting field of MSC therapy has been thoroughly reviewed elsewhere (Mendt et al., 2019; Yin et al., 2019; Forsberg et al., 2020).

Biomaterial-Based Approaches

The field of tissue engineering is dominated by two primary strategies for creating regenerative tissue constructs: scaffolds and spheroids. While spheroid architectures intrinsically promote cell-cell interactions and cellular fusion into cohesive constructs that endogenously produce ECM, they often demonstrate inadequate mechanical properties, especially when used to regenerate load-bearing tissues. Alternatively, scaffolds are suitable for applications requiring compressive and torsional strength, native cellular infiltration, and neotissue deposition. In addition, scaffolds are remarkably versatile, enabling a broad range of mechanical and degradative properties, and can be tailored to release therapeutic molecules either via controlled release or surface immobilization (McMasters et al., 2017; Ovsianikov et al., 2018). Finally, combinatorial approaches utilizing multiple substrates afford advanced characteristics

like shape-memory and endogenous induction of targeted cell phenotypes. Engineered scaffolds thus represent an appealing paradigm for maximizing the therapeutic efficiency of MSCs, either through directed differentiation or stimulation of immunosuppressive phenotypes.

OP

Electrospun gelatin scaffolds, which demonstrate structural properties similar to native collagen, have been shown to promote MSC proliferation, survival, and osteogenic differentiation in the absence of exogenous growth factors (Chang et al., 2012). Following 21 days of osteogenic induction, BM-MSCs seeded in pure gelatin scaffolds demonstrated significantly increased mineralization relative to 2D controls (Moll et al., 2017). Poly(ϵ -caprolactone) (PCL) is used commonly in general scaffold design owing to its biocompatibility, biodegradability, low immune reactivity, optimal biomechanical properties and the ability to form complex 3D shapes; however, its usage in osteogenic induction is limited as it lacks the surface reactivity necessary for cell attachment. Application of composites like hydroxyapatite, and more recently, powdered oyster shells (OS), overcome these detriments by conferring hydrophilicity and topographical variance. Seeding MSCs on OS-coated PCL scaffolds enhanced MSC proliferation, significantly promoted osteogenic differentiation, increased long-term MSC viability, and demonstrated higher levels of alkaline phosphatase (ALP) activity and calcium deposition than bare PCL scaffolds (Didekhani et al., 2020).

Numerous studies have reported that applying HA coating to polymer meshes supports osteoblast function and osteogenic differentiation (Sato et al., 2006; Nguyen et al., 2013; Venugopal et al., 2013). The application of HA nanoparticles to electrospun PCL scaffolds dramatically increased hydrophilicity in the absence of plasma treatment, increased ALP activity by 20% compared to PCL/collagen controls, markedly increased mineralization, and incited noticeable changes in cellular morphology associated with osteogenesis (Venugopal et al., 2013). Indeed, HA and other major bone constituents including α - and β -tricalcium phosphate (TCP) are the most widely investigated ceramic scaffold supplements for osteogenic stimulation of MSCs; however, both lack vital elements related to bone metabolism and TCP generates alkaline degradation products that lead to proximal cytotoxicity and reduction in scaffold mechanical properties. Zinc-containing hardystonite (HS) has been shown in PCL scaffolds to surpass HA coating in mechanical strength, MSC proliferation, scaffold infiltration, ALP activity, and mineralization (Jaiswal et al., 2013). These effects were later recapitulated in electrospun PLLA scaffolds, which demonstrated increased osteonectin and OCN expression (Tavangar et al., 2018). Other studies have indicated that HA and TCP supplementation with various phytochemicals enhances their osteogenic effects: incorporation of 20 μ M diosmin augmented ALP activity and calcium deposition, and increased expression of RUNX2, ALP, COL1, OCN, and osterix following 14 days of culture (Chandran et al., 2019). After 11 days, 10^{-8} – 10^{-6} M icariin increased ALP expression and bone mineralization (Fan et al., 2011). 5–10 μ M chrysin enhanced

ALP activity, produced a marked increase in mineralization and calcium deposition, and sustained upregulation of RUNX2 expression (Menon et al., 2018).

OA

The mechanical stimuli produced in tissue microenvironments is known to direct differentiation of stem cells to terminal, specific fates. Hydrogel systems have demonstrated an excellent capacity to enhance chondrogenesis of MSCs by approximating the fibrous nanostructure of articular cartilage, but they are limited in their ability to simultaneously recapitulate the most crucial physiological properties of cartilage: compressive and viscoelastic moduli, porosity, and complex *in vivo* geometry. To illustrate, while the compressive modulus of human articular cartilage ranges from 240 to 1,000 kPa, that of typical hydrogel systems is lower by at least an order of magnitude (Beck et al., 2016). Bioengineers and material scientists are thus often presented with a “tightrope walk,” where they must balance the high viscoelastic moduli needed to intrinsically promote chondrogenesis with requisite scaffold porosities enabling effective seeding, native cell perfusion, and nutrient diffusion. To that end, Aliabouzar et al. tested multiple pore geometries and found that small ($700 \times 690 \mu\text{m}$) square pores stimulated significantly higher MSC proliferation than hexagonal pores (Aliabouzar et al., 2018). This finding coincided with those of other investigations which indicated that MSCs preferentially adhere to and proliferate more rapidly on larger curvatures (Knychala et al., 2013; Zhou et al., 2016).

In a recent study, various popular polymer chemistries were evaluated for their inherent potential to direct chondrogenic differentiation in seeded MSCs. Of the six formulations tested, poly-L-lysine-coated polydioxanone (PDO) and poly-L-ornithine (PLO) scaffolds best supported chondrogenic fate commitment, resulting in increased sulfated GAG concentration and chondrogenic matrix deposition. Notably, these effects persisted in the absence of supplemented chondrogenic growth factors (San-Marina et al., 2017). Scaffolds are frequently implanted to sequester therapeutic cells to injury sites. Poly-lactic-co-glycolic acid (PLGA) nano fibers (NFs) promote MSC proliferation and differentiation into osteoblasts under osteogenic culture conditions. Immunohistology revealed that MSCs seeded in columnar-shaped PLGA NFs enjoyed greater chondrogenic potential compared to 2D controls in equivalent media, as shown by heavily upregulated SOX9 and COL10A1 mRNA expression (Sonamoto et al., 2016).

AD

Intracranially transplanted cells typically generate sparse amounts of non-neuronal cells or unexpectedly die (Menon et al., 2018). Additionally, limitations in real-time imaging and human error often produce spatial disparities between injury and therapeutic injection sites. Although there currently exists no published literature pertaining to scaffold-based tissue regeneration in AD, various pre-clinical studies in models of related neurodegenerative disorders have produced encouraging results. Collagen scaffold implantation of MSCs in a rat model of TBI improved cell survival and neurite outgrowth *in vivo*, limited

distribution of MSCs to the transplanted region, improved brain metabolism, and resulted in improved neurite functional recovery compared to direct MSC injection (Menon et al., 2018). Following surgical resection-simulated chronic TBI in rats, fibrous collagen scaffolds obtained from bovine aponeuroses and seeded with hUC-MSCs improved locomotion, promoted neural regeneration and remyelination, induced proximal neurogenesis, and blocked astrocyte proliferation outside the lesion area (Wang et al., 2018). Self-assembling nanofiber scaffolds (SANs), characterized by a repetitive peptide sequence which mimics native ECM properties, have garnered recent attention in AD therapeutics owing to their inherent capacity to augment cellular adhesion, enhance axon growth impacts, and stimulate synapse development (Liedmann et al., 2012). Perhaps most importantly, SANs have been shown to innately interfere with APP processing by inhibiting BACE1 signaling, reducing the expression of A β _{1–40} and A β _{1–42} in APP/PS1 transgenic mice.

ALTERNATIVE TREATMENT PARADIGMS

As of this review, MSCs are a predominant non-pharmacological therapy applied toward peripheral chronic inflammatory conditions including RA, OA, and OP. The plurality of investigations reviewed herein support their usage, owing to their tissue regenerative properties and their intrinsic propensity to drive inflammation remission; unfortunately, current MSC procurement and administration methods limit their therapeutic efficacy and pose multiple clinical challenges. Firstly, the accepted clinical procedure for the harvesting and intra-articular injection of autologous MSCs is invasive—often entailing a prolonged recovery period (Harrell et al., 2019). Moreover, MSC injections are only approved for those with severe disease. When the procedure is ultimately approved, IV-injected MSCs have been shown to home to therapeutic areas of interest (Sui et al., 2016); however, undesired cell scattering is inevitable and degrades therapeutic efficiency (Zheng et al., 2016). Finally, few of the clinical studies enumerated above involve sufficiently long investigatory timepoints and thus fail to assess the longitudinal (>6 months) effects of MSC administration.

While drawing attention to the prevailing need to investigate novel methods for maximizing the clinical utility of MSCs is a focus of this review, a plurality of other therapeutic paradigms are under continual development and demonstrate tremendous potential for treating and/or modeling the complex, multifactorial conditions described herein. Following their discovery in the seminal works of Takahashi et al. (2007), iPSCs have contributed to astounding advancements in personalized medicine, disease modeling, and cellular therapy; indeed, iPSCs have been used as model system and treatment paradigm for AD (Devineni et al., 2016; Tcw, 2019; Penney et al., 2020), RA (Cassotta et al., 2020), OA (Dubey et al., 2018; Nakayama et al., 2020); and OP (Paspaliaris and Kolios, 2019; Rana et al., 2019). iPSCs retain several theoretical advantages over MSCs when applied to cellular therapies: in addition to being capable of unrestrained growth, they demonstrate relatively minimal immunogenicity and can be differentiated into a wide gamut

of specific cell niches. When coupled with recent advances in genome editing, iPSCs enable interrogation of the consequences of various genetic and environmental perturbations in tightly controlled settings. While their embryo-derived counterparts, ESCs, represent the ideal source for cellular differentiation studies, they are generally considered unsuitable for clinical treatments due to their low differentiation efficiency, observed overgrowth within tissue grafts, tumorigenicity, and the host of ethical and safety concerns associated with their procurement and usage (Rana et al., 2019). Interestingly, iPSC-derived MSCs have gained abundant interest in recent years, as they integrate the benefits of both iPSCs and MSCs: autologous somatic cells can be harvested via relatively non-invasive procedures, and differentiated MSCs ostensibly confer immunosuppression and tissue regeneration with minimal risk of eliciting a host immune response (Khan et al., 2019).

Systems for targeted genomic modification have likewise gained considerable traction—particularly after the discovery of the Clustered Regularly Interspaced Short Palindromic Repeats (CRISPR)-Cas9 paradigm (Jinek et al., 2012). The Cas9 endonuclease, when paired with a single guide (sg)RNA, can efficiently cleave specific sites of double-stranded (ds)DNA, ultimately rendering specific gene segments inert (Lino et al., 2018). These gene knock-out models have been employed extensively toward refining searches for genetic disease susceptibility loci. In preclinical models of AD, most CRISPR-Cas9 mediated therapies are directed toward inhibiting the neurotoxic form of A β proteins and deactivation of γ -secretase activating protein (Karimian et al., 2020), and have demonstrated encouraging results toward their therapeutic application in both FAD and LOAD. The CRISPR-Cas9 system has also been utilized to generate numerous knockout models of inflammatory arthritis and OP. Following the identification of putatively pathological gene segments via genome-wide association studies, these genes of interest are either deactivated, modified, or spliced into model systems (often incorporating iPSCs) to faithfully recapitulate the diseased phenotype in controlled *in vitro* and *in vivo* settings—these findings have been thoroughly reviewed elsewhere (Adkar et al., 2017; Ding and Orozco, 2019; Wu et al., 2019; Yuan et al., 2019b). The simplicity, low cost, and high cleavage efficiency of CRISPR-Cas9 compared to earlier Transcription Activator-Like Effector Nuclease and Zinc Finger Nuclease based systems is appealing; however, its limitations merit serious consideration and currently preclude its use in mainstream clinical settings. Firstly, Cas9 is known to generate off-target modifications: a few mismatches distal to the protospacer adjacent motif do not prevent activation of the CRISPR-Cas9 system. Screening alternative Cas orthologs with enhanced specificity and target range has been attempted to mitigate this artifact (Wu et al., 2019). Founder mosaicism is another boundary: in knockout and transgenic models of disease, CRISPR-Cas9 components are injected into the fertilized zygote and continuously target and cleave genes during embryonic development, often causing mosaicism in the introduced mutations. Certain strategies are being investigated to combat mosaicism, including quickening the editing process (introducing Cas9 at very early zygote stages), shortening the

longevity of Cas9, and CRISPR-mediated germline modification (Mehravar et al., 2019); these investigations are ongoing.

The conditions discussed in this review are complex and multifactorial, resulting from a wide array of genetic, epigenetic, and environmental factors; however, given that specific gene segments have been shown to drastically increase the risk and severity of these conditions, gene therapy has recently emerged as another exciting avenue of research. Gene therapy entails the delivery of therapeutic genes via specialized carriers, or vectors, that are typically viral, polymeric, or lipid-based in design (Deviatkin et al., 2020). Viral vectors have historically enabled remarkably stable and longitudinal transgene expression, but also demonstrate a host of safety concerns, including the risk of insertional mutagenesis inherent to retroviruses and activation of innate and adaptive immune mechanisms. Polymeric and lipid-based vector systems effectively eliminate these safety concerns, but are generally overlooked due to their comparatively low induction of transgene expression (Young et al., 2020). As with CRISPR-mediated treatments, the vast majority of gene therapy strategies for AD involve inhibition of the pathological variants of A β peptides, either through functional gene knockouts, A β immunization, or viral-mediated overexpression of genes encoding for enzymes that efficiently degrade A β (Choong et al., 2016). Adeno-associated viruses (AAVs) are the most popular vehicles for genetic therapies, owing to their proven efficacy and safety in a large number of animal models (Naso et al., 2017). Indeed, AAV-mediated enforcement of osteogenic and chondrogenic gene overexpression in transplanted somatic cells and infusion of exogenous recombinant growth and survival factors appears to be the focus of current clinical investigations in arthritis (Deviatkin et al., 2020; Young et al., 2020) as well as OP (Ball et al., 2018). Unfortunately, the results of multiple preclinical and clinical trials have made it yet unclear whether viral-mediated delivery of growth/survival factors is beneficial in these conditions (Ball et al., 2018; Honig, 2018; Deviatkin et al., 2020). Nonetheless, these drug and gene delivery vehicles—in conjunction with CRISPR-Cas9 and iPSCs—enable the development of combinatorial therapeutic strategies that bring us ever closer to truly personalized medicine.

CONCLUSION

Accumulating evidence from preclinical, clinical, systematic, and meta-analysis studies reports that peripheral chronic inflammatory conditions including rheumatoid arthritis, osteoarthritis, and osteoporosis may contribute to AD pathogenesis and exacerbate inflammatory neurodegeneration with disease progression. While the mechanisms underlying these disease pathologies remain elusive, chronic inflammation is clearly implicated as a predominant driving force of bone, cartilage, and neuron degeneration, and numerous immunosuppressive therapeutic agents have produced positive clinical outcomes in AD—especially when administered prior to the onset of cognitive impairment. The chronic systemic

inflammatory conditions discussed herein are prevalent—crucially, even among the young—and therefore merit serious consideration as significant factors contributing to AD pathogenesis. Moreover, the limited clinical success of treatments geared toward canonical AD targets in the CNS illustrates the need to consider more holistic approaches toward generating interventional therapies. Given the above data, we submit that effective treatment of these prominent peripheral immune disorders in early- to mid-life may significantly decrease the risk of and ameliorate inflammation-mediated cognitive decline in AD. MSCs are uniquely suited to serve as the foundation for multiple therapies designed to address these aberrant aging-related inflammatory conditions due to their robust immunosuppressive properties, their unique ability to activate and recruit senescent cells, and their excellent accessibility relative to their embryonic and pluripotent stem cell counterparts. Nonetheless, current administration methods limit their clinical and longitudinal efficacy, and increase the risk of donor site morbidity and host rejection of transplanted allogenic cells. Future studies, therefore, should investigate methods of maximizing the therapeutic efficiency of MSCs and their conditioned medium via isolation and concentration of select paracrine factors and combinatorial biomaterials to improve MSC localization to diseased regions of interest. Toward this end, decoupling the direct cell-cell and paracrine mechanisms by which MSCs exert immunomodulation is crucial. Emerging technologies and treatment paradigms such as CRISPR-Cas9 and vector-mediated gene therapy should be utilized in conjunction with MSCs to generate combinatorial, personalized therapies. Indeed, a holistic consideration of the contributions of peripheral immune processes to changes in the CNS may incite a paradigm shift in our understanding of AD pathogenesis and treatment.

AUTHOR CONTRIBUTIONS

RC performed all data acquisition, interpretation, and manuscript drafting. MH assisted with data interpretation and performed manuscript revision. All authors contributed to the article and approved the submitted version.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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GLOSSARY

ABCA1, ATP-binding cassette transporter sub-family A; ACE-R, Addenbrooke's Cognitive Examination Revised; ACPA, Antibodies to citrullinated protein antigens; AD, Alzheimer's Disease; ADAMTS, Disintegrin and metalloproteinase with thrombospondin motifs; AGG, Aggrecan; AIA, Antigen-induced arthritis; ALP, Alkaline phosphatase; A-MSC, Adipose-derived mesenchymal stem cell; APOE, Apolipoprotein E; APP, Apolipoprotein; BACE1, Beta-secretase; BBB, Blood-brain barrier; BDNF, Brain-derived neurotrophic factor; BIM, Bcl-2-like protein 11; BMD, Bone mineral density; BM-MSC, Bone marrow-derived mesenchymal stem cell; CCL, C-C motif chemokine ligand; CD##, Cluster of differentiation ##; CDK5, Cyclin dependent kinase 5; CIA, Collagen-induced arthritis; CNS, Central nervous system; Col1, Collagen-1; CSF, Cerebrospinal fluid; CXCL, C-X-C motif chemokine; CXCR, C-X-C motif receptor; DAM, Disease-associated microglia; DAMP, Damage-associated molecular pattern; DBH, Dopamine beta-hydroxylase; DMARD, Disease-modifying anti-rheumatic drugs; ECM, Extracellular matrix; FGFR1, Fibroblast growth factor receptor 1; GABA, Gamma aminobutyric acid; GCRP, Calcitonin gene-related peptide; HA, Hydroxyapatite; HMGB1, High-mobility group box 1; HPSC, Hematopoietic progenitor cell; HS, Hardystonite; hUC-MSC, Human umbilical cord-derived mesenchymal stem cell; IFN- γ , Interferon gamma; IL, Interleukin; IV, Intravenous; I κ B, Inhibitor of nuclear factor κ B; LBD, Lewy body dementia; LPL, Lipoprotein lipase; LOAD,

Late-onset Alzheimer's Disease; LPS, Lipopolysaccharide; MAC, Membrane attack complex; MCI, Mild cognitive impairment; MCP-1, Macrophage chemoattractant protein 1; M-CSF, Macrophage colony stimulating factor; MMP, Matrix metalloproteinase; MMSE, Mini Mental State Examination; MSC, Mesenchymal stem cell; MSC-CM, Mesenchymal stem cell conditioned medium; NE, Norepinephrine; NET, Neutrophil extracellular trap; NF, Nanofiber; NF- κ B, Nuclear factor κ B; NPY, Neuropeptide Y; OA, Osteoarthritis; OCN, Osteocalcin; OP, Osteoporosis; OPC, Oligodendrocyte precursor cell; OPG, Osteoprotegerin; OPN, Osteopontin; OS, Oyster shell; PAD4, Protein-arginine deiminase 4; PCL, Poly(ϵ -caprolactone); PDO, Polydioxanone; PLGA, Poly-lactic-co-glycolic acid; PLO, Poly-L-ornithine; PNS, Peripheral nervous system; RA, Rheumatoid arthritis; RAF, RAF proto-oncogene serine/threonine-protein kinase; RAGE, Receptor for advanced glycosylated end products; RANKL, Receptor activation of nuclear factor κ B; REST, RE1-silencing transcription factor; ROS, Reactive oxygen species; SAN, Self-assembling nanofiber scaffold; SASP, Senescence-associated secretory phenotype; SERM, Selective estrogen response modulator; SF, Synovial fluid; SIRT1, Sirtuin 1; SP, Substance P; SYN, Alpha-synuclein; TCP, beta-tricalcium phosphate; TGF, Transforming growth factor; TH, Tyrosine hydroxylase; Th1, T helper subtype 1; TLR, Toll-like receptor; TNF, Tumor necrosis factor; Treg, Regulatory T-cell; TREM2, Triggering receptor on myeloid cells 2; VCAM, Vascular cell adhesion protein; VIP, Vasoactive intestinal peptide; YY1, Yin yang 1.



Dynamics and Concordance Abnormalities Among Indices of Intrinsic Brain Activity in Individuals With Subjective Cognitive Decline: A Temporal Dynamics Resting-State Functional Magnetic Resonance Imaging Analysis

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Individuals with subjective cognitive decline (SCD) are more likely to develop into Alzheimer disease (AD) in the future. Resting-state functional magnetic resonance imaging (rs-fMRI) studies have shown alterations of intrinsic brain activity (IBA) in SCD individuals. However, rs-fMRI studies to date have mainly focused on static characteristics of IBA, with few studies reporting dynamics- and concordance-related changes in IBA indices in SCD individuals. To investigate these aberrant changes, a temporal dynamic analysis of rs-fMRI data was conducted on 94 SCD individuals (71.07 ± 6.18 years, 60 female), 75 (74.36 ± 8.42 years, 35 female) mild cognitive impairment (MCI) patients, and 82 age-, gender-, and education-matched controls (NCs; 73.88 ± 7.40 years, 49 female) from the Alzheimer's Disease Neuroimaging Initiative database. The dynamics and concordance of the rs-fMRI indices were calculated. The results showed that SCD individuals had a lower amplitude of low-frequency fluctuations dynamics in bilateral hippocampus (HP)/parahippocampal gyrus (PHG)/fusiform gyrus (FG) and bilateral cerebellum, a lower fractional amplitude of low-frequency fluctuation dynamics in bilateral precuneus (PreCu) and paracentral lobule, and a lower regional homogeneity dynamics in bilateral cerebellum, vermis, and left FG compared with the other two groups, whereas those in MCI patients were higher (Gaussian random field-corrected, voxel-level $P < 0.001$, cluster-level $P < 0.05$). Furthermore, SCD individuals had higher concordance in bilateral HP/PHG/FG, temporal lobe, and left midcingulate cortex than NCs, but those in MCI were lower than those in NCs. No correlation between concordance values and neuropsychological scale scores was found. SCD individuals

showed both dynamics and concordance-related alterations in IBA, which indicates a compensatory mechanism in SCD individuals. Temporal dynamics analysis offers a novel approach to capturing brain alterations in individuals with SCD.

Keywords: subjective cognitive decline, Alzheimer's disease, resting-state functional MRI, temporal dynamics analysis, intrinsic brain activity

INTRODUCTION

The neurodegenerative changes that eventually develop into dementia due to Alzheimer disease (AD) begin to accumulate approximately 20 years before clinical symptoms appear (Sperling et al., 2011). Subjective cognitive decline (SCD) refers to the subjective experience of cognitive decline without any objective impairments detectable by cognitive assessments, and they are more likely to develop into AD in the future (Jessen et al., 2014; Rabin et al., 2017). The early diagnosis of AD-related SCD individuals is particularly important for AD prevention and intervention in clinical settings (Lin et al., 2019). In recent years, neuroimaging biomarkers capable of detecting the early neurodegenerative changes and dynamic alterations in neurological disorders on the AD spectrum have been identified, including SCD duration (Yang et al., 2018). A previous structural magnetic resonance imaging (sMRI) study demonstrated that a thinner cortical layer, particularly in the temporal cortex, is associated with steeper memory decline in SCD individuals (Verfaillie et al., 2018). Other researchers have also reported that SCD individuals have a greater white matter (WM) hyperintensity volume (van Rooden et al., 2018) and more severe WM fiber tract injury than controls (Brueggen et al., 2019). Moreover, SCD individuals exhibit higher amplitude of low-frequency fluctuations (ALFF) values in some brain regions compared with controls (Sun et al., 2016). Additionally, SCD individuals show alterations in their whole-brain functional connectivity strength (FCS), with the relative FCS found to be higher in posterior cingulate cortex (PCC)/precuneus (PreCu) (Dong et al., 2018). Furthermore, Rodda et al. found that while executing a divided attention task, SCD individuals showed increased activation in some brain regions compared to controls (Rodda et al., 2011). Li et al. assessed the intrinsic connectivity network of SCD individuals and found that SCD individuals show higher degree centrality (DC) in bilateral hippocampus (HP) and left fusiform gyrus (FG), but lower DC in the inferior parietal region than controls (Li et al., 2018). All these studies indicate a possible compensatory mechanism affecting the intrinsic brain activity (IBA) of SCD individuals. In addition, research has revealed no significant differences in cortical thickness in SCD individuals compared with healthy people (Sun et al., 2016), suggesting that the change in IBA might be a more sensitive biomarker for SCD than structure alterations.

To date, resting state functional MRI (rs-fMRI) studies have mostly focused on static characteristics, which involve calculations based on all time points during the scan as a whole. However, human brain activity is context-sensitive and activity-dependent, meaning that IBA is dynamic and fluctuates over time; this underlies functional integration in the brain (Park

et al., 2018). Recently, studies of the temporal dynamics of IBA using analyses such as the sliding window method have yielded some important results. For instance, Mao et al. found gender differences in dynamic functional connectivity in healthy individuals (Mao et al., 2017). Similarly, dynamic alterations have also been reported in patients with depression (Kaiser et al., 2016; Li et al., 2019b; Wu et al., 2019), epilepsy (Wang et al., 2019), and Parkinson disease (Fiorenzato et al., 2019; Zhang et al., 2019). In addition, Yan et al. found that different rs-fMRI indices of IBA tend to exhibit a relatively high degree of concordance within and between individuals; this difference in concordance appears to be stable and is negatively related to age when taken as an interindividual measurement (Yan et al., 2017). However, to our knowledge, few studies to date have analyzed changes in the dynamics and concordance of IBA indices in SCD individuals.

To investigate changes in the dynamics of IBA in SCD individuals, we conducted a temporal dynamics analysis based on rs-fMRI data obtained from SCD individuals, and compared these with data from mild cognitive impairment (MCI) patients and controls (NCs), respectively. We hypothesized that there would be some differences in the dynamics and concordance of IBA among the three groups and that the alterations in SCD individuals would be intermediate between those in MCI patients and NCs.

MATERIALS AND METHODS

Alzheimer's Disease Neuroimaging Initiative

Data used in this study were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (<http://adni.loni.usc.edu>). ADNI was launched in 2003 as a public-private partnership, led by principal investigator Michael W. Weiner, MD. The primary goal of ADNI is to test whether data from clinical and neuropsychological assessments, serial MRI, positron emission tomography, and other biological markers can be combined to measure the progression of AD.

Participants

The research plan was approved by the review committee at each institution participating in ADNI. All subjects fully understood the research aims and signed an informed consent form. Individuals with self-report significant memory concern are recruited into significant memory concern cohort in ADNI. In the current study, this part of the population was included as the SCD group. SCD, MCI, and NC subjects who underwent structural, rs-fMRI scans on 3.0 T MRI (Siemens, Germany), in addition to receiving neuropsychological assessments in the

same visit, were included (see **Supplementary Material 1** for the specific inclusion criteria for subjects). Exclusion criteria were as follows: incomplete image or neuropsychological assessment data, severe neuropsychiatric disease, cerebral organic disease, history of brain injury or other persistent neurological diseases, or known structural abnormalities of the brain. According to the criteria above, a total of 291 were collected in this study; 40 individuals were excluded because of excessive head motion. Finally, 94 SCD individuals, 75 MCI patients, and 82 well-matched NCs were included in this study.

Neuropsychological and MRI Data Acquisition

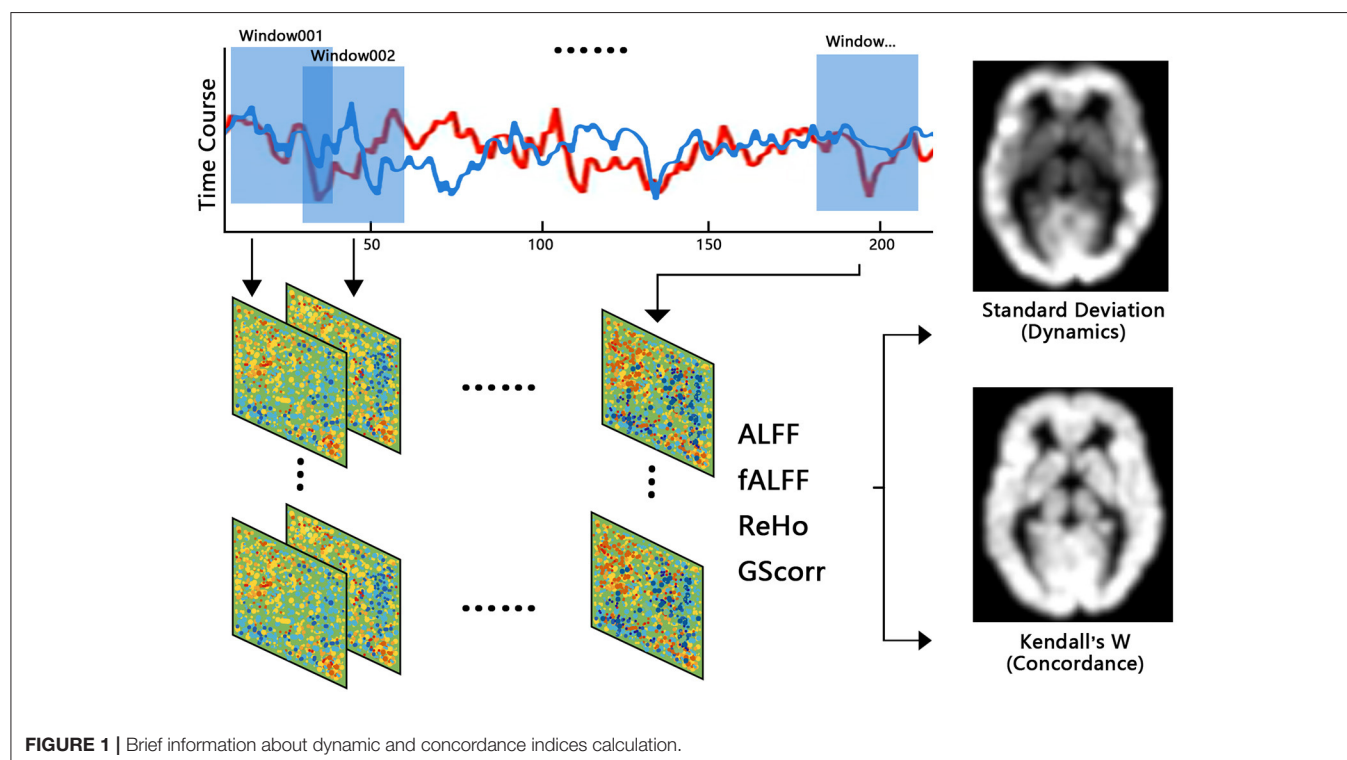
All subjects underwent neuropsychological tests, comprising the following assessments: to evaluate general cognition, the Mini-Mental State Examination and the Montreal Cognitive Assessment Scale were used; to evaluate memory function, the delayed recall test of Webster's Memory Scale-Logical Memory II and the immediate and delayed memory parts of the Auditory Verbal Learning Test (AVLT) were used; to evaluate executive function, parts A and B of the Trail-Making Test were used; to evaluate daily cognition, the Everyday Cognition test (patient and informant version) was used; and to evaluate visuospatial function, the Clock-Drawing Test was used.

Magnetization-prepared rapid gradient echo (MPRAGE), 3D T₁-weighted image (T₁WI), and echo-planar imaging (EPI) rs-fMRI sequences were included in this study. The parameters of each sequence were as follows: sagittal MPRAGE 3D-T₁WI: repetition time (TR)/echo time (TE) = 2,300 ms/2.95 ms; field of view = 240 × 256 mm; flip angle = 9°; thickness = 1.2 mm;

176 slices; and EPI rs-fMRI: TR/TE = 3,000 ms/30 ms; spatial resolution = 3.4 × 3.4 × 3.4 mm; 48 slices; 197 time points. All subjects were instructed to keep their eyes open as normal and to rest calmly during the scan.

MRI Data Preprocessing and Calculation of rs-fMRI Indices

Image preprocessing was performed using the Data Processing Assistant for Resting-State fMRI toolbox (DPARSF; <http://rfmri.org/DPARSF>). The first 10 volumes were removed to allow for adaptation of participants to the environment, and the remaining 187 volumes were corrected for timing differences. The corrected functional sequences from each subject were motion-corrected using a six-parameter (rigid body) linear transformation. Forty subjects were removed based on exclusion criteria of head movements leading to >2-mm translation or >2° rotation in any direction. Next, individual T₁WI images were coregistered to the mean functional images and then segmented into gray matter, WM, and cerebrospinal fluid (CSF). Based on these segmented images, the functional volumes of each individual were spatially normalized to the Montreal Neurological Institute space using the Diffeomorphic Anatomical Registration Through Exponentiated Lie Algebra (DARTEL) toolbox and then resampled to 3-mm isotropic voxels. To prepare the data for extracting rs-fMRI indices, functional volumes were selectively smoothed with a 6-mm full width at half maximum (FWHM) Gaussian kernel, and the linear trend of the time course was removed, or the volumes were filtered using a bandpass filter of 0.01–0.08 Hz. In order to eliminate the influence of FWHM on the results, we also adopted FWHM kernel of 4 and 8 mm. Finally,



nuisance signals including Friston 24-head motion parameters and CSF signals were extracted and regressed out from the data to reduce the effects of non-neuronal signals. For studies that have dispute over whether the mean global and WM signal regress (Murphy and Fox, 2017; Ding et al., 2018; Li et al., 2019a), we have studied the data with removal and non-removal of the mean global signal and WM signal, respectively. The resultant residual time series were used for further analyses (Figure 1).

Calculation of rs-fMRI Indices of Dynamics

Sliding window analysis was used to generate rs-fMRI indices of brain dynamics using the Temporal Dynamic Analysis toolkit in the Data Processing & Analysis of Brain Imaging (DPABI; <http://rfmri.org/DPABI>) toolbox. Moderate Hamming windows with a length of 30 TR and an overlap of 1 TR were applied to the preprocessed time series to obtain windowed time series. For each subject, 187 postprocessed volumes were segmented into 158 windows in total. Within each window, the following indices of IBA were calculated: (1) ALFF, (2) fractional ALFF (fALFF), (3) regional homogeneity (ReHo), and (4) global signal correlation (GSCorr). It is worth noting that data for ALFF and fALFF were

smoothed but not filtered, and that data for the other indices were filtered but not smoothed. Standard deviation (SD) maps of each index across the windows were later calculated to characterize the dynamics of the rs-fMRI indices (yielding dALFF, dfALFF, dReHo, and dGSCorr). Finally, *Z* standardization and smoothing (except for dALFF and dfALFF, which were smoothed during preprocessing) were performed on these SD maps. Other window sizes of 60 and 90 TR were also conducted in this study.

Concordance Index of rs-fMRI Indices

The concordance indices were calculated based on Kendall's *W* among each rs-fMRI index. We calculated two kinds of concordance index: (1) the volume-wise concordance index, with Kendall's *W* of the rs-fMRI indices across all brain voxels for each subject across all time windows during the scan, was calculated as the global-level concordance index; (2) the voxel-wise concordance index, with Kendall's *W* for the rs-fMRI indices of each voxel for each subject across time windows was calculated as the voxel-level concordance index. Considering the high similarity between ALFF and fALFF, and fALFF is less susceptible to artifactual contributions of motion and pulsatile effects

TABLE 1 | Comparison of demographic and neuropsychological data among the SCD, MCI, and NC groups.

	NC (<i>n</i> = 82)	SCD (<i>n</i> = 94)	MCI (<i>n</i> = 75)	<i>F</i> / χ^2	<i>P</i>
Demographics					
Gender (female/male)	49/33	60/34	35/40	5.308	0.070
APOE $\epsilon 4$ (+/-)	19/61	33/47	26/42	6.140	0.046
Age (years)	73.88 \pm 7.40	71.07 \pm 6.18	74.36 \pm 8.42	1.680	0.191
Education (years)	16.70 \pm 2.18	16.91 \pm 2.17	16.03 \pm 2.84	0.792	0.454
Jenkinson mean FD	0.11 \pm 0.07	0.12 \pm 0.06	0.12 \pm 0.07	0.770	0.680
Global cognition					
MMSE	28.88 \pm 1.53	29.03 \pm 1.14	26.96 \pm 3.71	19.574	<0.001
MoCA	26.40 \pm 2.78	26.03 \pm 2.65	22.37 \pm 4.10	37.441	<0.001
Memory					
WMS-LM II delayed recall	14.13 \pm 3.67	13.05 \pm 3.89	7.20 \pm 4.48	66.965	<0.001
AVLT immediate recall	9.23 \pm 4.78	7.76 \pm 4.40	4.35 \pm 4.20	23.982	<0.001
AVLT delayed recall	13.48 \pm 1.97	12.92 \pm 2.40	10.72 \pm 3.63	22.274	<0.001
Executive function					
TMT-A (s)	31.07 \pm 9.68	30.71 \pm 8.80	41.78 \pm 27.18	11.091	<0.001
TMT-B (s)	74.98 \pm 40.53	74.64 \pm 28.12	109.19 \pm 75.69	12.039	<0.001
Everyday cognition					
ECog memory (patient)	1.40 \pm 0.48	1.82 \pm 0.54	2.30 \pm 0.80	41.363	<0.001
ECog total (patient)	1.23 \pm 0.30	1.52 \pm 0.41	1.84 \pm 0.61	34.824	<0.001
ECog memory (informant)	1.28 \pm 0.39	1.40 \pm 0.51	2.28 \pm 0.91	56.833	<0.001
ECog total (informer)	1.14 \pm 0.22	1.22 \pm 0.30	1.88 \pm 0.76	55.901	<0.001
Visuospatial function					
CDT	4.66 \pm 0.67	4.77 \pm 0.51	4.33 \pm 1.10	6.966	0.001

AVLT, Auditory Verbal Learning Test; CDT, Clock Drawing Test; ECog, Everyday Cognition scale; MCI, mild cognitive impairment; MMSE, Mini-Mental State Examination; MoCA, Montreal Cognitive Assessment Scale; NC, normal control; SCD, subjective cognitive decline; TMT-A and -B, Trail-Making Test, parts A and B; WMS-LM II, Webster's Memory Scale-Logical Memory II.

compared to ALFF (Yan et al., 2017), only the fALFF, ReHo, and GSCorr indices were used to calculate the concordance index in this study, in order to avoid artificially improving the concordance.

Statistical Analysis

Data regarding the gender and genetics of subjects were compared among groups using the χ^2 -test. The demographic data, neuropsychological scale scores, and volume-wise concordance indices of each group were analyzed using one-way analyses of variance (ANOVAs), with the least significant

difference (LSD) test used for *post-hoc* comparisons. $P < 0.05$ was considered as statistically significant. One-way ANOVAs were performed to compare the standardized SD maps of each rs-fMRI index and the voxel-wise concordance maps among the three groups. In order to reduce the influence of factors such as age, gender, education, head motion, and scanning site on the results, these factors were used as covariates and removed by regression during statistical analysis. Gaussian random field correction was used to correct for multiple comparisons, using a voxel-level $P < 0.001$ and cluster-level $P < 0.05$. Finally, the concordance indices in regions with significant differences in each SCD individual

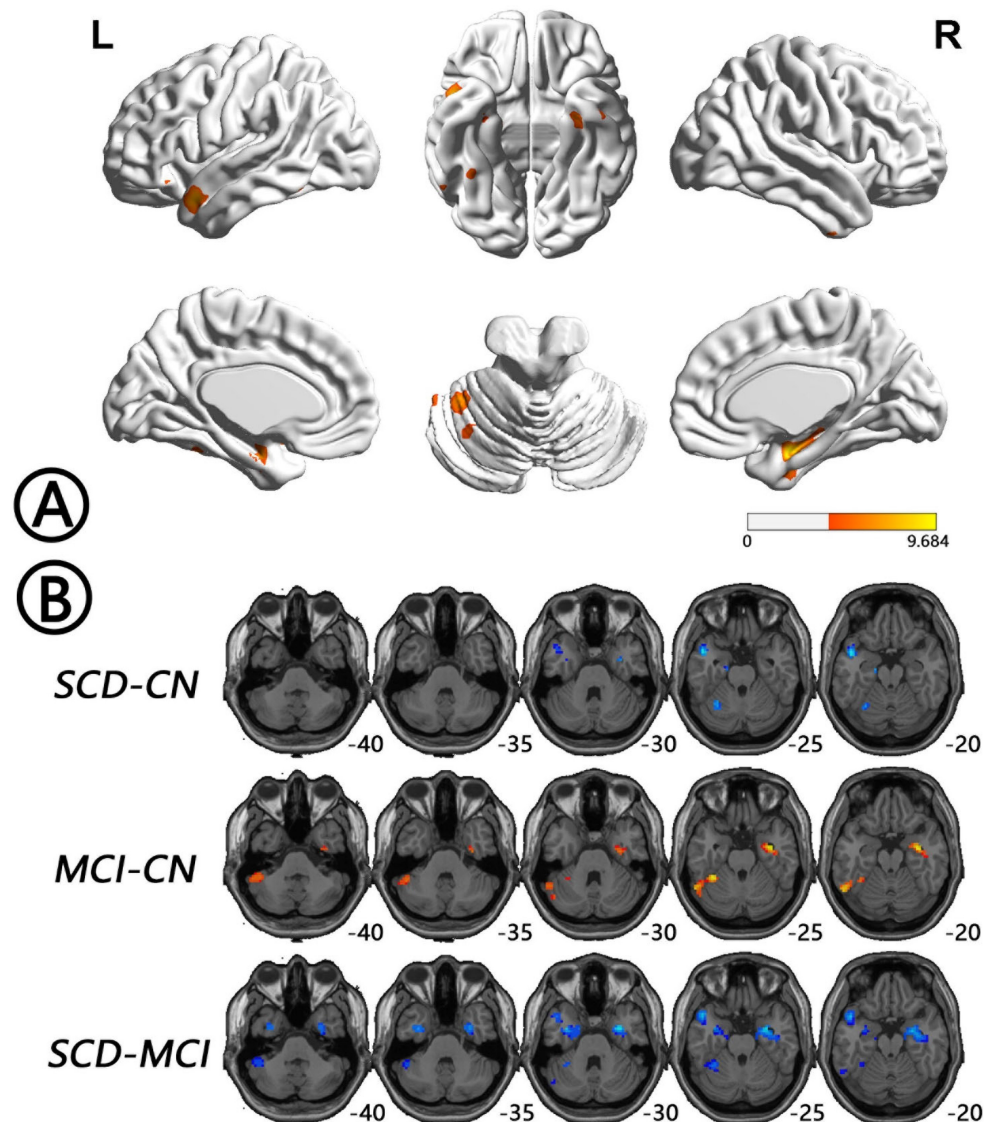


FIGURE 2 | Regions with differences in dALFF between the SCD, MCI, and NC groups and *post-hoc* analysis brain maps (GRF-corrected, voxel-level $P < 0.001$, cluster-level $P < 0.05$). **(A)** Differences in dALFF were shown in bilateral HP/PHG/FG, which extended to the left STG/MTG/TP and bilateral cerebellum among groups (red). **(B)** dALFF values in the MCI group were higher than those in the NC group (red), whereas those in the SCD group were lower than those in the other two groups (blue). dALFF, dynamics of amplitude of low-frequency fluctuations; FG, fusiform gyrus; GRF, Gaussian random field; HP, hippocampus; MCI, mild cognitive impairment; MTG, middle temporal gyrus; NC, normal control; PHG, parahippocampal gyrus; SCD, subjective cognitive decline; STG, superior temporal gyrus; TP, temporal pole.

were extracted, and correlations between the concordance indices of each brain area and scores on the neuropsychological scales were analyzed using a general linear model:

$$Y = \beta_0 + \beta_1 \times V_{\text{scores}} + \beta_2 \times V_{\text{age}} + \beta_3 \times V_{\text{sex}} + \beta_4 \times V_{\text{edu}} + \beta_5 \times V_{\text{meanFD}} + \beta_6 \times V_{\text{site}} + \text{error} \quad (1)$$

RESULTS

Demographic and Neuropsychological Data

There were no significant differences in age, gender, and education level among the SCD, MCI, and NC groups ($P > 0.05$) (Table 1), whereas difference in *APOE* $\epsilon 4$ status of the three groups was significant ($P = 0.046$). In contrast, all neuropsychological test scores differed significantly among the three groups ($P < 0.05$, Table 1). LSD *post-hoc* analysis revealed

that only the AVLT immediate memory scores ($P = 0.033$) were significantly lower in the SCD group than those in NCs; all of the other significant neuropsychological differences resulted from comparisons between the MCI group and the other two groups, respectively ($P < 0.001$) (Supplementary Table 1).

Dynamics of rs-fMRI indices

The intergroup differences in ALFF dynamics (dALFF) included bilateral HP/parahippocampal gyrus (PHG)/FG, which extended to the left superior temporal gyrus/middle temporal gyrus/temporal pole (TP), and bilateral cerebellum. Differences in fALFF dynamics (dfALFF) among the three groups included bilateral PreCu and paracentral lobule. And differences in ReHo dynamics (dReHo) among the three groups included left cerebellum posterior lobe, which extended to the left FG, vermis, and right cerebellum anterior lobe. There were no significant differences in dGSCorr among the

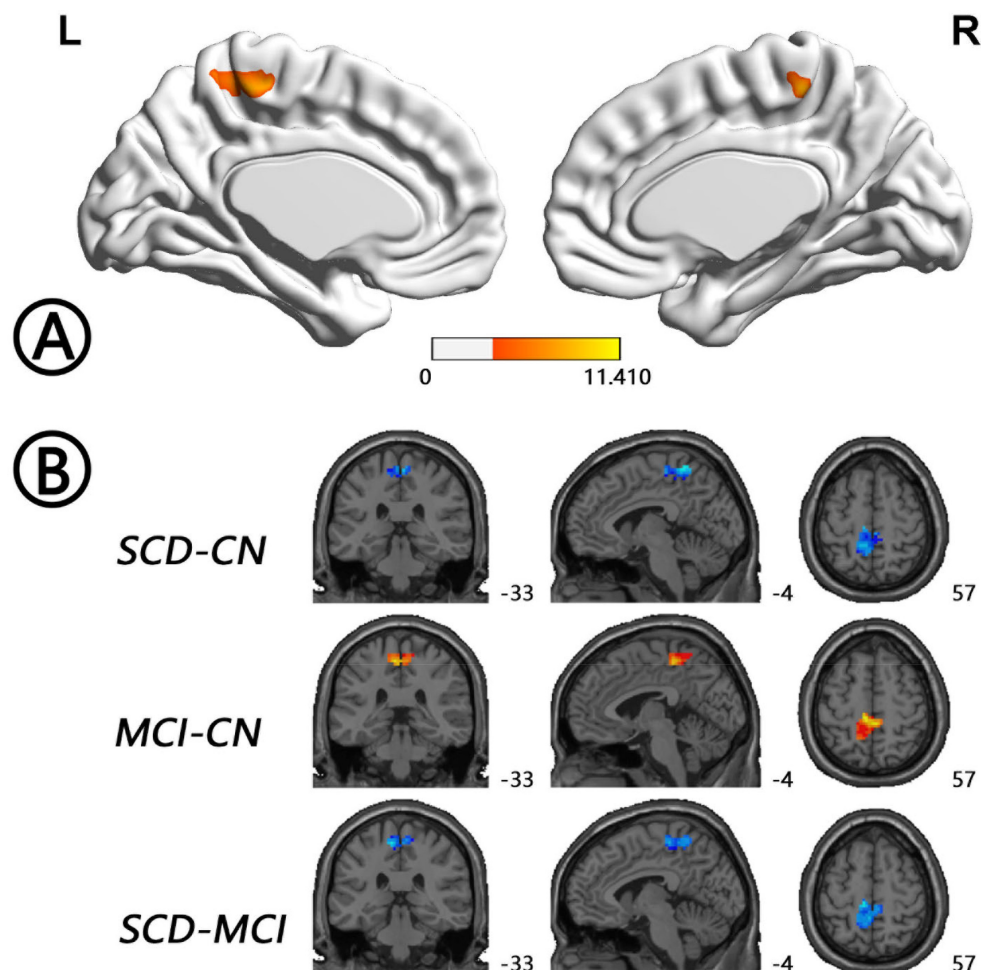


FIGURE 3 | Regions with differences in dfALFF between the SCD, MCI, and NC groups and *post-hoc* analysis brain maps (GRF-corrected, voxel-level $P < 0.001$, cluster-level $P < 0.05$). **(A)** Differences in dfALFF were shown in bilateral PreCu and paracentral lobule (red). **(B)** dfALFF values in the MCI group were higher than those in the NC group (red), whereas those in the SCD group were lower than those in the other two groups (blue). dfALFF, dynamics of fractional amplitude of low-frequency fluctuations; GRF, Gaussian random field; MCI, mild cognitive impairment; NC, normal control; PreCu, precuneus; SCD, subjective cognitive decline.

three groups. *Post-hoc* analysis using LSD testing showed that dALFF, dfALFF, and dReHo in the MCI group were higher than those in the NC group, whereas these measures were lower in the SCD group than those in the other two groups (Figures 2–4, Table 2). All of the results were preserved when we omitted different FWHM Gaussian kernel or different Hamming window size (Supplementary Figures 1–4). Results of whether the WM or mean global signal regresses were similar (Supplementary Figures 5, 6).

Concordance of rs-fMRI Indices

The mean values of the volume-wise concordance in the SCD, MCI, and NC groups show significant differences ($P = 0.005$). Subsequent analyses showed that the mean concordance of the MCI group was lower than that of the NC group ($P = 0.035$), whereas that of the SCD group was higher than those of the MCI ($P = 0.002$) and NC groups ($P = 0.022$). There was no statistical difference in the SD of the volume-wise concordance among the three groups ($P = 0.445$) (Figure 5, Table 3).

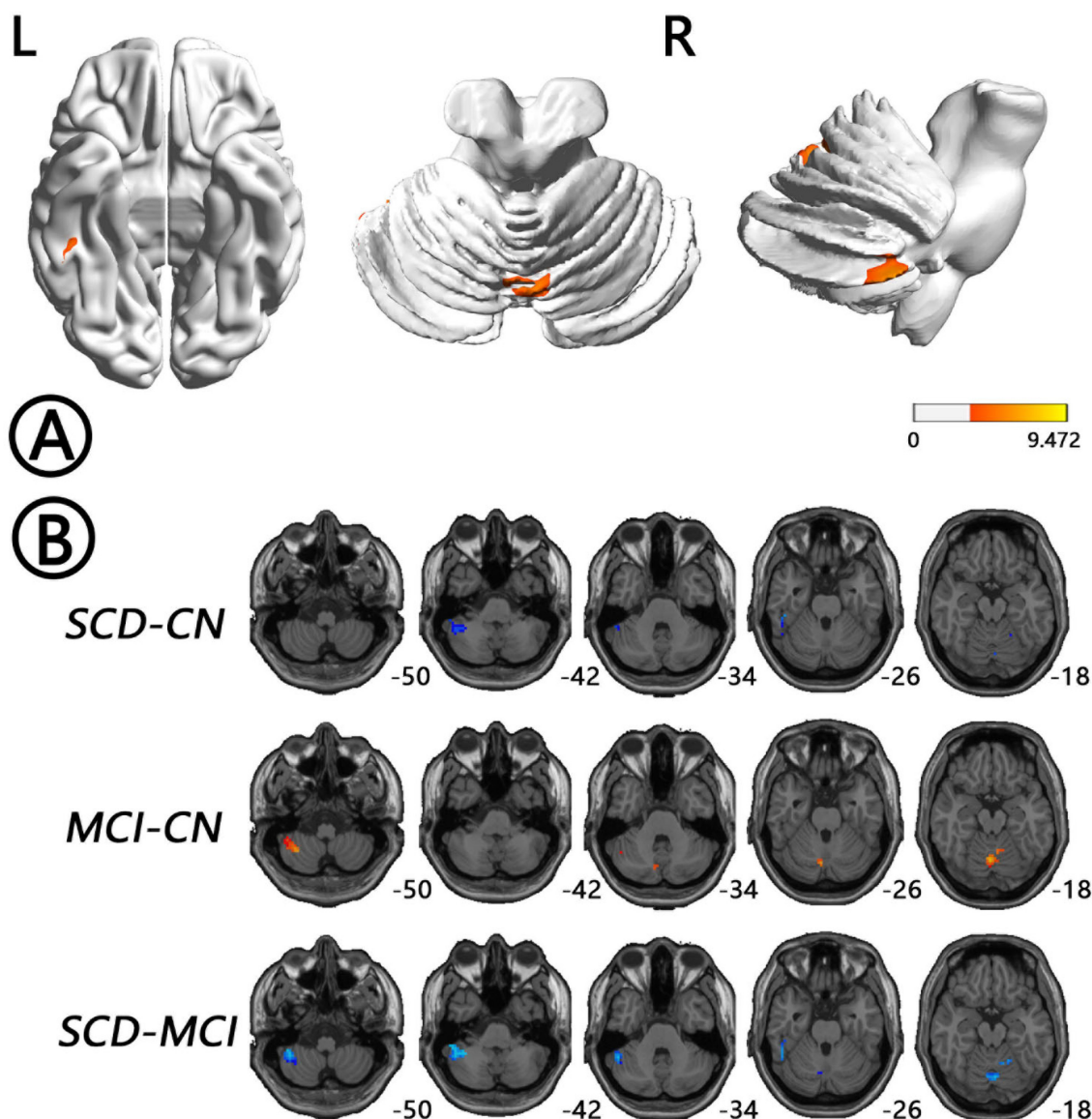


FIGURE 4 | Regions with differences in dReHo between the SCD, MCI, and NC groups and *post-hoc* analysis brain maps (GRF-corrected, voxel-level $P < 0.001$, cluster-level $P < 0.05$). (A) Differences in dReHo were shown in left cerebellum posterior lobe, which extended to the left FG, vermis, and right cerebellum anterior lobe (red). (B) dReHo values in the MCI group were higher than those in the NC group (red), whereas those in the SCD group were lower than those in the other two groups (blue). dReHo, dynamics of regional homogeneity; FG, fusiform gyrus; GRF, Gaussian random field; MCI, mild cognitive impairment; NC, normal control; SCD, subjective cognitive decline.

TABLE 2 | Regions with differences in rs-fMRI indices of dynamics among the SCD, MCI, and NC groups.

Brain regions	Brodmann area	Size (voxels)	MNI coordinates (mm)			Peak value
			X	Y	Z	
dALFF						
Right HP/PHG/FG	20/28/36	281	30	−6	−24	7.0327
Left HP/PHG/FG extend to STG/MTG/TP	20/21/36/38	270	−51	12	−21	9.6840
Left cerebellum anterior/ posterior lobe	—	226	−37	−48	−23	7.2869
dfALFF						
Bilateral PreCu/paracentral lobule	5	184	1	−37	54	11.2712
dReHo						
Left cerebellum posterior lobe extend to FG	—	190	−42	−48	−48	6.2432
Right cerebellum anterior lobe and vermis	—	104	−3	−63	−15	8.1379

dALFF, dynamics of amplitude of low-frequency fluctuations; dfALFF, dynamics of fractional amplitude of low-frequency fluctuations; dReHo, dynamics of regional homogeneity; FG, fusiform gyrus; HP, hippocampus; MNI, Montreal Neurological Institute; MTG, middle temporal gyrus; PHG, parahippocampal gyrus; PreCu, precuneus; STG, superior temporal gyrus; TP, temporal pole.

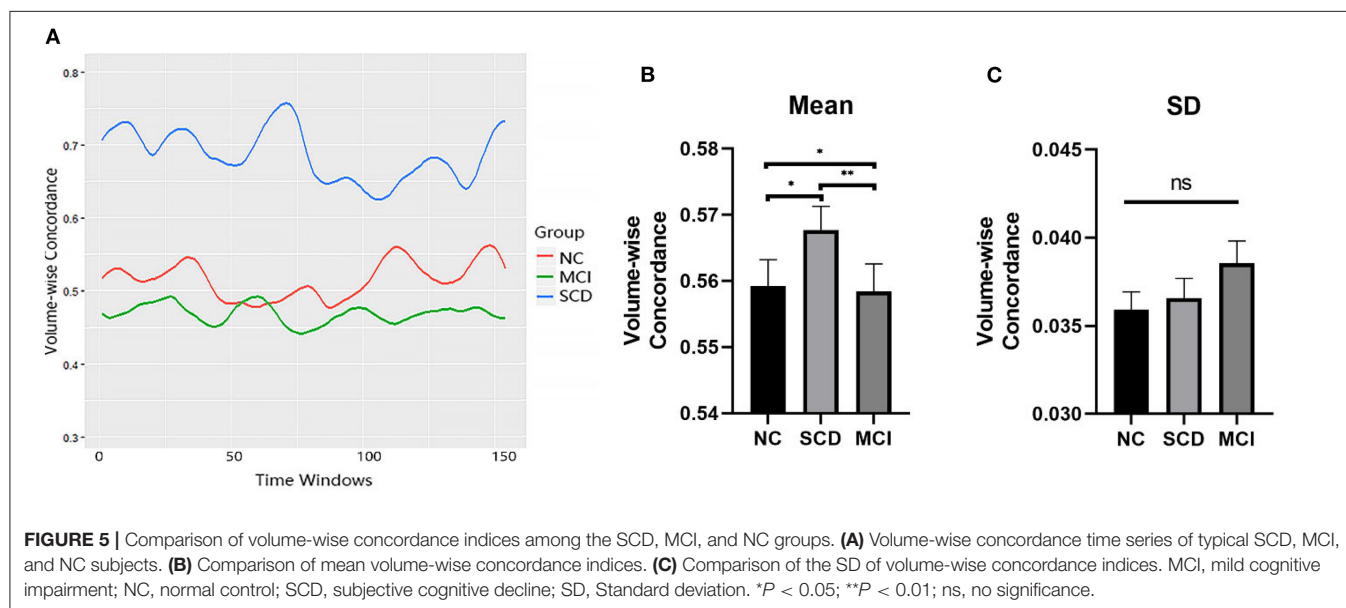


FIGURE 5 | Comparison of volume-wise concordance indices among the SCD, MCI, and NC groups. **(A)** Volume-wise concordance time series of typical SCD, MCI, and NC subjects. **(B)** Comparison of mean volume-wise concordance indices. **(C)** Comparison of the SD of volume-wise concordance indices. MCI, mild cognitive impairment; NC, normal control; SCD, subjective cognitive decline; SD, Standard deviation. * $P < 0.05$; ** $P < 0.01$; ns, no significance.

TABLE 3 | Comparison of volume-wise concordance indices among the SCD, MCI, and NC groups.

	NC	SCD	MCI	F	P
Mean	0.56 ± 0.04	0.57 ± 0.03	0.55 ± 0.03	5.510	0.005
SD	0.04 ± 0.01	0.04 ± 0.01	0.04 ± 0.01	0.811	0.445

MCI, mild cognitive impairment; NC, normal control; SCD, subjective cognitive decline; SD, standard deviation.

Comparing the voxel-wise concordance maps among the three groups, significant differences were found in left HP/PHG, left insula/TP, left midcingulate cortex (MCC), right TP/FG, and right Rolandic operculum/insula. Subsequent analysis showed that the concordance of these regions in the MCI patients

was lower than that in the NCs, whereas the concordance in SCD patients was higher than those in the other two groups (Figure 6, Table 4). All of the results were preserved with different FWHM Gaussian kernel or different Hamming window size (Supplementary Figures 7, 8). Results of whether the WM or mean global signal regresses were similar as well (Supplementary Figure 9).

No correlation between concordance values and neuropsychological scale scores was found in the SCD.

DISCUSSION

In this study, we found that SCD individuals had lower dALFF and dReHo values and higher concordance in memory-related brain regions such as HP, PHG, and FG compared with the other

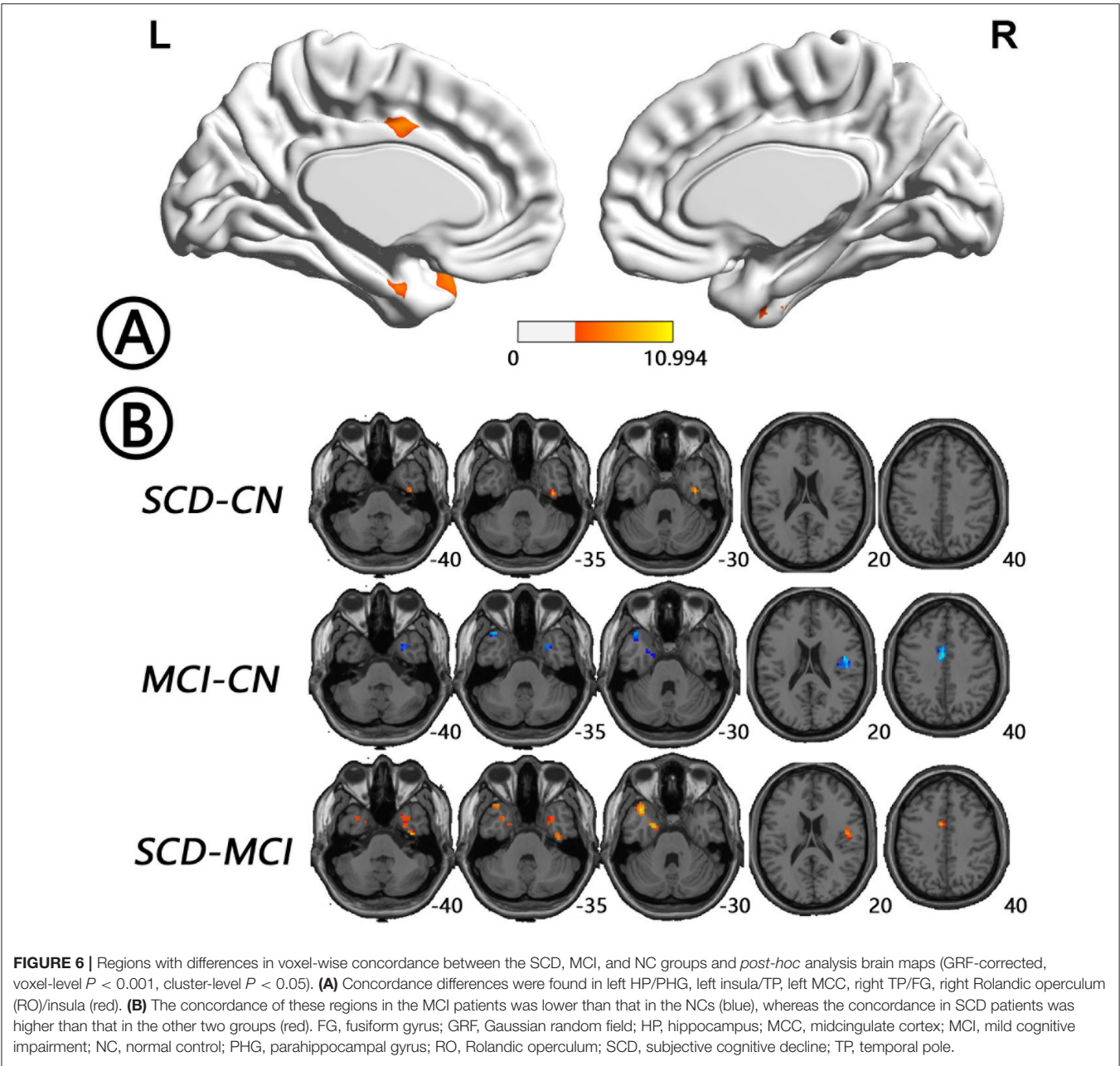


FIGURE 6 | Regions with differences in voxel-wise concordance between the SCD, MCI, and NC groups and *post-hoc* analysis brain maps (GRF-corrected, voxel-level $P < 0.001$, cluster-level $P < 0.05$). **(A)** Concordance differences were found in left HP/PHG, left insula/TP, left MCC, right TP/FG, right Rolandic operculum (RO)/insula (red). **(B)** The concordance of these regions in the MCI patients was lower than that in the NCs (blue), whereas the concordance in SCD patients was higher than that in the other two groups (red). FG, fusiform gyrus; GRF, Gaussian random field; HP, hippocampus; MCC, midcingulate cortex; MCI, mild cognitive impairment; NC, normal control; PHG, parahippocampal gyrus; RO, Rolandic operculum; SCD, subjective cognitive decline; TP, temporal pole.

TABLE 4 | Regions with differences in the concordance of rs-fMRI indices among the SCD, MCI, and NC groups.

Brain regions	Brodmann area	Size (voxels)	MNI coordinates (mm)			Peak value
			X	Y	Z	
Left PHG/HP	28/36	53	−18	−3	−27	7.4466
Left MCC	23/24	62	−6	−6	39	6.6607
Left insula/TP	38/48	133	−44	10	−12	7.3861
Right FG/TP	20/36	89	40	−15	−32	6.7529
Right RO/insula	48	58	45	−9	21	8.9552

FG, fusiform gyrus; HP, hippocampus; MCC, midcingulate cortex; MNI, Montreal Neurological Institute; PHG, parahippocampal gyrus; RO, Rolandic operculum; TP, temporal pole.

two groups. MCI patients showed high dynamics-related indices in these areas, suggesting insufficient stability of IBA in these areas. In contrast, SCD individuals showed IBA dynamics values that were even lower than those in the NC group, indicating stable but inflexible brain activity. This alteration might affect the efficient, rapid, and complex processes related to memory coding, resulting in memory loss in SCD patients. The concordance of rs-fMRI indices reflects the integrative function of the brain (Yan et al., 2017). Concordance in MCI patients was significantly lower than that in NCs, indicating that this integrative function might be impaired in MCI patients or in those who suffer from a cognitive disorder. However, the concordance was high in SCD individuals, suggesting that their integrative function was intact; indeed, it was even higher than that in NCs, which is not consistent with the memory loss observed in SCD individuals. We infer that this finding might reflect ineffective integration or be the result of a compensatory mechanism (Elman et al., 2014).

Brain regions showing differences in dALFF among the three groups were more extensive, including bilateral HP/PHG/FG and bilateral cerebellum. All these regions are consistent with brain areas reported for tau protein deposition in AD patients (Congdon and Sigurdsson, 2018). HP and PHG are essential structures of the medial temporal lobe and play a role in the coding of episodic memory (Eichenbaum et al., 2007). Visible HP and PHG atrophy can be found in MCI and AD patients (Yang et al., 2012), and furthermore, the functional connectivity between HP, PHG, and other brain regions has been shown to be reduced in MCI and AD patients (Liu et al., 2015). The FG is the center of face recognition (Weiner and Zilles, 2016), with recent studies showing that FG also plays a vital role in semantic memory (Forseth et al., 2018) and that abnormalities in left FG can result in semantic dementia (Merck et al., 2017). In this study, we found increased dynamics in bilateral HP/PHG/FG in SCD patients, which is consistent with results of Li et al. (2018). In addition to dALFF, dReHo also showed differences among groups in the bilateral cerebellum. The cerebellum is the center of motor regulation and forms a cognitive and motor loop with the telencephalon (Salmi et al., 2010), with both cerebellum (Jacobs et al., 2018; Schmahmann, 2019) and vermis (Wang et al., 2017) critical to cognitive function. Abnormal IBA in cerebellar regions has been reported in SCD, MCI, and AD patients (Yang et al., 2012; Sun et al., 2016). Besides, bilateral PreCu also showed dfALFF differences among groups. PreCu locates in the posteromedial portion of the parietal lobe. Functional imaging findings in healthy subjects suggest a central role for the PreCu in a wide spectrum of highly integrated tasks, including episodic memory retrieval (Cavanna and Trimble, 2006). The PreCu and PCC regions together constitute a key hub of the default mode network, which is also an area associated with the accumulation of amyloid- β plaque (Buckner et al., 2009). The PCC/PreCu exhibits reduced functional connectivity in mild AD patients (Zhang et al., 2009). After 12 weeks of moderate-intensity walking exercise training, functional connectivity of the PCC/PreCu was increased in individuals with MCI (Chirles et al., 2017).

Our results showed intergroup concordance differences in left HP/PHG, MCC, and bilateral temporal lobe regions. The

temporal lobe is involved in memory and language function (Eichenbaum et al., 2007), whereas the cingulate cortex plays a key role in cognitive, motor, and emotional function, with activity in MCC correlating with cognitive and sensorimotor networks (Kragel et al., 2018). Studies have shown significant atrophy of the temporal lobe in patients with MCI (Sheelakumari et al., 2018; DeVivo et al., 2019). Moreover, the global functional connectivity of the cingulate cortex, including MCC, shows deterioration in MCI patients (Cera et al., 2019).

No correlation between concordance values and neuropsychological scale scores was found in the SCD group in our research. This may be that the cognitive changes of SCD individuals caused by abnormal functional integration ability were too subtle, and simple cognitive scales cannot reflect such subtle changes. Therefore, we need to find a scale that can identify SCD individuals more efficiently.

There are several limitations to this study. First, the sample size was insufficient; thus, further analyses with more participants are warranted. Second, ADNI is a multicenter study, and although the influence of site was regressed out as a covariate in our statistical analyses, its effect still cannot be removed completely. Third, only ALFF, fALFF, ReHo, and GSCorr indices were used in this study, and more parameters could be analyzed in future studies. Finally, the sliding window method in this study requires a fixed window width, but in the future, a more comprehensive analysis without a fixed window width could be conducted.

SCD individuals showed both alterations to the dynamics and concordance of their IBA. These results suggest that analysis of temporal dynamics based on rs-fMRI data is a novel approach for investigating brain alterations in individuals with SCD. Furthermore, these alterations in dynamics and concordance might help us to better understand the mechanisms underlying brain activity changes in SCD individuals.

DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/Supplementary Material.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by Alzheimer's Disease Neuroimaging Initiative Coordinating Center. The patients/participants provided their written informed consent to participate in this study.

AUTHOR CONTRIBUTIONS

YY contributed to the design the work, analyzed the data, and wrote the manuscript. XZhan provided technical support for the data analysis and revised the manuscript. XZha agreed to be accountable for all aspects of the work. JK provided technical support for the data analysis and revised the manuscript. SH

gave final approval of the version to be published. XW agreed to be accountable for all aspects of the work. YS revised the manuscript and gave final approval of the version to be published. CH agreed to be accountable for all aspects of the work. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fnagi.2020.584863/full#supplementary-material>

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TNFRSF1B Gene Variants and Related Soluble TNFR2 Levels Impact Resilience in Alzheimer's Disease

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Tumor necrosis factor receptor 2 (TNFR2) promotes neuronal survival downstream. This longitudinal study evaluated whether the *TNFRSF1B* gene encoding TNFR2 and levels of its soluble form (sTNFR2) affect Alzheimer disease (AD) biomarkers and clinical outcomes. Data analyzed included 188 patients in the Alzheimer's Disease Neuroimaging Initiative (ADNI) who had mild cognitive impairment (MCI) and AD dementia. Further, a replication study was performed in 48 patients with MCI with positive AD biomarkers who were treated at a memory clinic. Cerebrospinal fluid (CSF) sTNFR2 levels along with two related *TNFRSF1B* gene single nucleotide polymorphisms (SNPs) rs976881 and rs1061622 were assessed. General linear models were used to evaluate the effect of CSF sTNFR2 levels and each SNP in relationship to CSF t-tau and p-tau, cognitive domains, MRI brain measures, and longitudinal cognitive changes after adjustments were made for covariates such as *APOE ε4* status. In the ADNI cohort, a significant interaction between rs976881 and CSF sTNFR2 modulates CSF t-tau and p-tau levels; hippocampal and whole brain volumes; and Digit Span Forwards subtest scores. In the replication cohort, a significant interaction between rs976881 and CSF sTNFR2 modulates CSF p-tau. A significant interaction between rs976881 and CSF sTNFR2 also impacts Clinical Dementia Rating Sum of Boxes scores over 12 months in the ADNI cohort. The interaction between *TNFRSF1B* variant rs976881 and CSF sTNFR2 levels was noted to modulate multiple AD-associated severity markers and cognitive domains. This interaction impacts resilience-related clinical outcomes in AD and lends support to sTNFR2 as a promising candidate for therapeutic targeting to improve clinical outcomes of interest.

Keywords: Alzheimer disease, neuroinflammation, TNFRSF1B, resilience, executive function, MCI, digit span

INTRODUCTION

Alzheimer disease (AD) is paradigmatically characterized by the presence of amyloid β plaques and tau neurofibrillary tangles in the brain. However, the cognitive and behavioral phenotypes of AD and their related CSF and MRI biomarker signatures can vary among patients, and molecular factors beyond amyloid β and tau likely play a role in this heterogeneity (van der Vlies et al., 2009; Whitwell et al., 2012; Dubois et al., 2014; Risacher et al., 2017; Pillai et al., 2019a). Multiple studies have evaluated *APOE* ϵ 4 and other genes that may be related to the various MRI and clinical endophenotypes of AD (Hohman et al., 2014; Saykin et al., 2015; Louwersheimer et al., 2016; Theriault et al., 2020). Elucidating the interplay between genetic factors and these clinical phenotypes is crucial to developing precision medicine interventions and understanding cognitive “resilience,” a term used to describe better-than-expected cognitive performance in relation to the degree of AD pathology (Negash et al., 2013; Arenaza-Urquijo and Vemuri, 2018).

Accumulating evidence supports that inflammation-related changes may play a role in AD (Perry et al., 2010; Wyss-Coray and Rogers, 2012). We recently reported that key inflammatory analytes in the CSF related to rapid cognitive decline are pro-inflammatory among patients with the mild cognitive impairment (MCI) stage of AD (MCI-AD) (Pillai et al., 2020), whereas a cell-protective analyte profile is noted in the CSF correlating to neurodegeneration markers (Pillai et al., 2019b). Among the analytes that showed consistently high correlation with CSF t-tau, p-tau, and neuron-specific enolase was CSF soluble tumor necrosis factor receptor 2 (sTNFR2) (Pillai et al., 2019b). TNFR2 activation has been shown to promote downstream antiapoptotic responses and protect against oxidative stress-induced neuronal death and neurodegeneration (Fischer et al., 2011; Dong et al., 2016). sTNFR2 results from alternative splicing/shedding from membrane bound TNFR2 and, upregulation of the TNFR2 receptor is thought to be reflected in elevated sTNFR2 levels during inflammation (DeBerge et al., 2015). The *TNFRSF1B* gene (also known as *TNFR2*) and its variants have previously been linked with inflammatory responses, inflammatory disease outcomes, and rate of cancer progression (Fairfax et al., 2011; Steenholdt et al., 2012; Singhal et al., 2016), but the role of these gene variants in AD has yet to be elucidated.

We therefore sought to determine whether sTNFR2 and related *TNFRSF1B* gene variants affect the relationship between the biomarkers of tau pathology, MRI measures of disease severity, and cognitive outcomes. Our main hypothesis was that key *TNFRSF1B* gene variants and associated CSF sTNFR2 levels would modify AD biomarker levels of t-tau and p-tau, MRI brain volumes, and cognitive outcomes. After performing this analysis for patients enrolled in the Alzheimer's Disease Neuroimaging Initiative (ADNI), we evaluated the reliability of the findings by assessing the same factors in a group of patients with MCI-AD who were treated at a memory clinic.

MATERIALS AND METHODS

For the ADNI study, all patient consent was obtained according to the Declaration of Helsinki, and the study was approved by local Institutional Review Boards. For the replication memory clinic cohort, all patients provided written informed consent, and CSF, plasma, and DNA samples were collected for the Lou Ruvo Center for Brain Health Aging and Neurodegeneration Biobank following approval by the Cleveland Clinic Institutional Review Board.

Study Design

A multistage study design was used to collect and replicate findings in two independent cohorts (the ADNI cohort and the replication memory clinic cohort) for which data regarding *TNFRSF1B* variants, CSF sTNFR2, and CSF AD biomarkers and cognitive variables were available. The CSF data used in this analysis were cleaned and quality controlled according to methodology described previously¹.

ADNI Cohort

ADNI is a longitudinal multicenter study designed to develop clinical, imaging, genetic, and biochemical biomarkers for the early detection and tracking of AD. The eligibility criteria for ADNI-1 (the first phase of the project) are described in the ADNI-1 protocol (available at <http://adni.loni.usc.edu/methods/documents/>). Briefly, eligible participants were aged 55 to 90 years, spoke either English or Spanish, and had an informant who was able to provide an independent evaluation of functioning. Eligible participants had also completed at least 6 years of education (or had a work history sufficient to exclude intellectual disability).

Our final analysis cohort consisted of 188 patients from ADNI-1 for whom CSF sTNFR2 levels and genetic status related to the *TNFRSF1B* SNPs of interest were available. In addition CSF A β 42 levels were available for 177 and t-tau and p-tau levels for 182 of these patients. Details regarding the Elecsys method used to measure ADNI AD biomarkers are provided elsewhere (Shaw et al., 2019).

ADNI Cohort: sTNFR2 Levels

Levels of sTNFR2 were measured in ADNI CSF samples using the RBM Discovery Multi-Analyte Profiling (MAP) v.1.0 panel (Myriad Genetics, Salt Lake City, Utah), which uses a Luminex platform (Myriad Genetics). Data obtained from “Biomarkers Consortium CSF Proteomics Project RBM Multiplex Data and Primer.”

ADNI Cohort: Genotyping

ADNI-1 patients were genotyped using Illumina's10 Human610-Quad BeadChip (San Diego, California), and intensity data were processed with GenomeStudio v2009.1 (Illumina). For this study, we analyzed two *TNFRSF1B* SNPs: rs976881 and rs1061622, which were found to be in linkage equilibrium in all populations

¹Biomarkers Consortium ADNI CSF Targeted Proteomics Project - Data Primer Version 28 Dec 2011. Available online at: <http://adni.loni.usc.edu/methods/> (accessed December 1, 2018).

($R^2 = 0.022$ and $D' = 0.50$; chi square = 108.34; $p < 0.0001$) according to LDlink analysis (Machiela and Chanock, 2015). These two SNPs are located within or in close proximity to the *TNFRSF1B* gene in the chr1p36 intronic 5' region (rs976881) and a missense coding variant in exon 6 (rs1061622). These SNPs were chosen based on their association with *TNFRSF1B*-related clinical outcomes and peripheral sTNFR2 levels (Glossop et al., 2005; Vistorovsky et al., 2010; Medrano et al., 2014; Cohen-Woods et al., 2018). Reference, heterozygous, and alternate alleles were T/T, T/C, and C/C, respectively, for rs976881, and G/G, G/T, and T/T, respectively, for rs 1061622. The reference and alternate allele notations were determined per the ADNI dataset based on calls from the International HapMap Project phase 3 data (Biffi et al., 2010). *APOE* $\epsilon 4$ genotyping data were obtained from the ADNIMERGE table.

ADNI Cohort: Structural MRI Acquisition and Processing

In ADNI-1 patients with MCI or dementia, results from 1.5T MRI scans were performed at baseline, and these results (taken from the ADNIMERGE primary table) were used for this analysis (Jack et al., 2008). The whole brain, ventricular volume, and hippocampal volume were the primary dependent variables, with intracranial volume used as a covariate in statistical models. These data are available as part of the ADNIMERGE package (downloaded on May 6, 2020).

ADNI Cohort: Neurocognitive Measures

Baseline neurocognitive scores for ADNI-1 patients with MCI or dementia were analyzed. All major cognitive domains included in ADNI were evaluated, including the Logical Memory delayed recall score to assess verbal episodic memory (Wechsler Memory Scale, Logical Memory subtest) (Wechsler, 1981). Attention was assessed using the Digit Span subtest (Digit Span Forward and Digit Span Backward), and executive functioning was quantified using the Trail Making Test Part B, both from the Wechsler Adult Intelligence Scale (Wechsler, 1981). Object naming was assessed using the Boston Naming Test (Kaplan et al., 1983), and verbal fluency was assessed using a category fluency test (animals) (Strauss et al., 2006). The Mini Mental State Examination (MMSE) (Folstein et al., 1975) and Clinical Dementia Rating Sum of Boxes (CDR-SB) score (Morris, 1993) were used to assess global cognition, and change in CDR-SB score over 12 months was used to assess longitudinal change in cognition.

Replication Memory Clinic Cohort

A cross-sectional replication cohort consisting of 48 patients in the MCI stage of AD (MCI-AD) were recruited from a specialized memory clinic at Cleveland Clinic (Lou Ruvo Center for Brain Health, Cleveland site). Recruitment details have been described previously (Pillai et al., 2019b).

The diagnosis of MCI-AD in these patients was confirmed by the presence of CSF A β 42 and p-tau levels consistent with a diagnosis of AD as the primary etiology; the diagnosis was also based on consensus evaluation from two neurologists using published criteria (Albert et al., 2011). A commercially available test (ADmark Alzheimer's Evaluation, Athena Diagnostics,

Marlborough, Massachusetts) was used to measure CSF levels of A β 42, t-tau, and p-tau. All patients met the CSF cutoffs of ≤ 530 pg/mL for A β 42 and ≥ 60 pg/mL for p-tau, which are consistent with amyloid-positive status on Amyvid (florbetapir F18 injection) at our center. *APOE* status was determined with blood samples (10 ng per patient) dispensed into 96-well plates for TaqMan (Applied Biosystems, Waltham, Massachusetts) allelic discrimination assays for the detection of SNPs associated with *APOE* alleles (rs429358, rs7412). PCR was performed using a 9700 Gene Amp PCR system (Applied Biosystems) and an end-point read in a 7500 Real-Time PCR system (Applied Biosystems) (Bekris et al., 2008).

Replication Memory Clinic Cohort: sTNFR2 Levels

CSF levels of sTNFR2 were assessed as described previously (Pillai et al., 2019b). In brief, CSF was collected and analyzed by an independent laboratory via the RBM HumanMAP v.2.0, which is a subset of the RBM DiscoveryMAP v.1.0 used in the ADNI cohort; these platforms have the same quality control and thresholding process and are comparable. The lowest detectable dose of sTNFR2 was 0.0017 ng/mL. Samples of CSF were frozen within 15 min after collection and were processed (at -70°C in dry ice) and maintained at -80°C (in a non-frost-free refrigerator). The samples were shipped frozen in a Styrofoam container with sufficient dry ice to maintain the temperature at $<-70^{\circ}\text{C}$ for at least 48 h. Samples therefore underwent a single freeze-thaw cycle before analysis.

Replication Memory Clinic Cohort: Genotyping

Genomic DNA was extracted from peripheral whole blood using standard protocols. Two *TNFRSF1B* SNPs (rs976881 and rs1061622) were characterized. *TNFRSF1B* variant allelic discrimination was performed using the 7500 Real Time PCR System and TaqMan SNP Genotyping Assays. The genotypes were determined based on sample clustering using the autocaller function of the Genotyping Application within Thermo Fisher Connect software.

Replication Memory Clinic Cohort: Cognitive and Functional Measures

MMSE and Montreal Cognitive Assessment (MoCA) scores (Nasreddine et al., 2005) obtained <6 months before AD biomarker testing were available for all patients. In addition baseline CDR-SB scores (Morris, 1993) were available to characterize patients' cognitive and functional deficits.

Statistical Analysis

Participants in ADNI-1 who had either MCI or AD dementia at baseline were merged into one group to ensure adequate power of analysis. The normality of biomarkers was evaluated using graphical methods and the Shapiro-Wilk test. A log (base 2) transformation allowed Pearson correlations to be fit; the sTNFR2 and AD biomarker levels described are therefore dimensionless. Along with estimates of correlation, 95% CIs and p -values were calculated. ANOVA models were used to

estimate the mean differences between CSF sTNFR2 and t-tau and p-tau levels among reference, alternate, and heterozygous alleles of the *TNFRSF1B* SNPs. Multivariate general linear models were used to test the effect of CSF sTNFR2 levels and each of the two *TNFRSF1B* SNPs on CSF t-tau and p-tau, MRI brain measures, and cognitive domains after adjustments were made for covariates such as age, sex, years of education, *APOE ε4* status, and CSF Aβ42/p-tau ratio. Baseline MMSE and t-tau were also included as covariates in evaluations of cognitive domains as dependent variables, and baseline intracranial volumes and t-tau were included as covariates in evaluations of MRI measures as dependent variables.

First, we tested the effect of sTNFR2 levels on CSF t-tau and p-tau, MRI volumetric measures, and cognitive variables. Second, we tested the effect of each *TNFRSF1B* variant of interest on CSF t-tau and p-tau, MRI volumetric measures, and cognitive variables. Third, we tested whether the interaction effects between sTNFR2 and each *TNFRSF1B* variant and between sTNFR2 and t-tau were present for CSF t-tau and p-tau, MRI volumetric measures, and cognitive variables. Levene's test of equality of error variances, lack-of-fit F-test, and residual plots were used to assess model linearity and fit.

Model 1, evaluated the dependent variables CSF t-tau and p-tau. The main effects were CSF sTNFR2, *TNFRSF1B* SNP, and interaction effect between sTNFR2 and *TNFRSF1B* SNP. Covariates for this model included age, sex, CSF Aβ42, and *APOE ε4* status.

Model 2, evaluated the dependent variables hippocampal volume, ventricular volume, and whole brain volume. The main effects were CSF sTNFR2, *TNFRSF1B* SNP, CSF t-tau, and interaction effects between sTNFR2 and *TNFRSF1B* SNP and between sTNFR2 and t-tau. Covariates for this model included age, sex, years of education, CSF Aβ42/p-tau ratio, *APOE ε4* status, and baseline intracranial volume.

Model 3, evaluated the dependent variables Logical Memory delayed recall score, Digit Span subtest score, Trail Making Test Part B score, category fluency test (animals), and Boston Naming Test score. The main effects were CSF sTNFR2, *TNFRSF1B* SNP, CSF t-tau, and interaction effects between sTNFR2 and *TNFRSF1B* SNP and between sTNFR2 and t-tau. The covariates for this model included age, sex, years of education, CSF Aβ42/p-tau ratio, *APOE ε4* status, and baseline MMSE score.

Model 4, CDR-SB scores were log transformed because Levene's test demonstrated that the variances were significantly different for CDR-SB scores for the *TNFRSF1B* SNPs. A univariate general linear model was used to evaluate the interaction effect for each *TNFRSF1B* SNP and CSF sTNFR2 on change in CDR-SB score over 1 year in the ADNI cohort. CDR-SB score at 1 year was the dependent variable; the main effects were disease state (MCI or AD dementia), CSF t-tau, and interaction effect between sTNFR2 and *TNFRSF1B* SNP. The covariates included age, sex, years of education, *APOE ε4* status, baseline CDR-SB score, and CSF Aβ42/p-tau.

Replication Cohort Model

Paralleling Model 1, here the dependent variables were again CSF t-tau and p-tau. The main effects were CSF sTNFR2, *TNFRSF1B*

SNP, and interaction effect between sTNFR2 and *TNFRSF1B* SNP. Covariates for this model included age, sex, CSF Aβ42, and *APOE ε4* status.

Sensitivity analysis with and without covariates were conducted. Proportion of variance associated with one or more main effects was calculated using eta squared. All tests were two-tailed, and statistical significance was set at $p < 0.05$. For model 3 (with more than three dependent variables in the outcome), the Benjamini-Hochberg false discovery rate was used to assess significance. IBM SPSS Statistics for Windows, Version 22.0 (Armonk, New York) and RStudio Team (2020) RStudio (Version 1.2.5042) were used for all analyses.

Data Availability

ADNI data are available on request at loni.adni.org.

RESULTS

Our analysis included a total of 188 ADNI-1 participants (59 with AD dementia; 129 with MCI) (**Table 1**). There were no differences in sTNFR2 or in CSF Aβ42, t-tau, or p-tau biomarker levels within the allelic subgroups of rs976881 or rs1061622.

A total of 48 participants with MCI-AD were included in the replication memory clinic cohort (**Table 2**). There were again no differences in sTNFR2 or in CSF t-tau, or p-tau biomarker levels within the allelic subgroups of rs976881 and rs1061622. The differences between ADNI and replication cohort is noted in **Supplementary Table 1**. Both cohorts had similar baseline CDR-SB scores, years of education and were predominantly White and a slightly higher frequency of men. The replication cohort had a lower age, higher frequency of *APOE ε4* carriers and a slightly lower baseline MMSE.

ADNI Cohort: Model 1

A significant interaction effect between rs976881 and CSF sTNFR2 was associated with CSF t-tau levels, but this association with CSF t-tau levels was not seen for the interaction effect between rs1061622 and CSF sTNFR2 (**Table 3** and **Figure 1A**). The effect sizes (by partial eta squared values) were 0.046 for CSF t-tau and 0.044 for CSF p-tau (i.e., 4.6% of all variance in CSF t-tau and 4.4% of all variance in CSF p-tau were attributable to the interaction effect between rs976881 and CSF sTNFR2). The T/T group was noted to have a shallower slope and poorer fit ($R^2 = 0.1$) than C/C ($R^2 = 0.38$), suggesting that sTNFR2 levels are not as closely related to t-tau levels in T/T as in C/C. The direct main effects of sTNFR2 on CSF t-tau and p-tau are shown in **Supplementary Table 2**.

ADNI Cohort: Model 2

A significant interaction effect between rs976881 and CSF sTNFR2 was associated with hippocampal volume and whole brain volume but not with ventricular volume (**Table 3**). 8.8% of all variance in hippocampal volume and 5.9% of all variance in whole brain volume were attributable to the interaction effect between rs976881 and CSF sTNFR2.

TABLE 1 | Demographics of ADNI cohort with patients divided into allelic subgroups, Mean (Std dev), percent of total and counts are presented.

ADNI cohort (MCI + AD dementia)	rs976881 Homozygous reference T/T N = 16	rs976881 Heterozygous T/C N = 78	rs976881 Homozygous alternate C/C N = 94	rs976881 Total 188	P-value	rs1061622 Homozygous reference G/G N = 8	rs1061622 Heterozygous G/T N = 45	rs1061622 Homozygous alternate T/T N = 130	rs1061622 Total 183	P-value
MCI, N/total	11/16	51/78	67/94	129/188	0.70	4/8	31/45	92/130	127/183	0.46
Age, yrs	71.01 (8.8)	73.53 (7.9)	76.50 (6.1)	188	0.014*	75.95 (9.7)	76.27 (5.9)	74.29 (7.5)	183	0.23
Female, %F	18.7%	35.9%	37.2%	66/188	0.35	37.5%	44.4%	31.5%	64/183	0.29
Education, yrs	15.31 (2.9)	15.64 (3.0)	15.86 (2.8)	188	0.75	14.88 (3.4)	16.16 (2.6)	15.62 (2.9)	183	0.66
APOE ε4 +ve	7	50	58	115/188	0.58	5	29	77	111/183	0.80
Log ₂ CSF Aβ42	9.42 (0.5)	9.22 (0.5)	9.32 (0.5)	171	0.48	9.50 (0.7)	9.28 (0.4)	9.28 (0.5)	166	0.87
Log ₂ CSF t-tau	8.17 (0.4)	8.34 (0.4)	8.25 (0.6)	182	0.36	8.56 (0.4)	8.36 (0.5)	8.24 (0.5)	177	0.24
Log ₂ CSF p-tau	4.76 (0.5)	4.99 (0.5)	4.89 (0.7)	188	0.39	5.18 (0.5)	5.01 (0.6)	4.88 (0.6)	177	0.36
Log ₂ CSF sTNFR2	-0.13 (0.1)	-0.11 (0.1)	-0.147 (0.1)	188	0.59	-0.136 (0.1)	-0.11 (0.1)	-0.13 (0.1)	183	0.86
MMSE	26.56 (2.7)	25.85 (2.2)	25.74 (2.5)	188	0.37	25.38 (3.6)	26 (2.4)	25.93 (2.3)	183	0.94
CDR-SB	2.18 (1.3)	2.59 (1.8)	2.36 (1.7)	188	0.53	3.31 (2.1)	2.53 (2.0)	2.32 (1.5)	183	0.22
CDR-SB change at 12 months	0.25 (0.9)	1.20 (1.8)	0.81 (1.2)	188	0.19	0.93 (1.8)	1.18 (1.8)	0.83 (1.3)	183	0.44
Logical memory delayed	3.13 (2.9)	2.58 (2.4)	2.79 (2.7)	188	0.70	3 (3.1)	2.56 (2.6)	2.75 (2.6)	183	0.62
Digit span forward length	6.31 (1.3)	6.55 (0.9)	6.33 (1.1)	188	0.35	6.38 (0.9)	6.49 (1.1)	6.38 (1.0)	183	0.82
Digit span backward length	4.13 (1.4)	4.46 (1.0)	4.39 (1.2)	188	0.46	4.62 (0.7)	4.87 (1.1)	4.24 (1.2)	183	0.007*
Trails B score	143.87 (87.7)	161 (90.4)	160.52 (84.9)	188	0.98	181.25 (106.6)	146.59 (78.6)	158.36 (86.8)	183	0.51
Category fluency Animals	15.69 (6.0)	14.13 (4.6)	14.65 (4.8)	188	0.62	15.13 (6.8)	15.49 (5.3)	14.27 (4.5)	183	0.39
Boston naming test Total	26.06 (4.1)	24.81 (4.5)	24.12 (5.6)	188	0.24	24.38 (3.2)	24.93 (6.0)	24.62 (4.6)	183	0.39

Independent samples Kruskal Wallis test *p*-values, **p* < 0.05. All cognitive scores at baseline unless otherwise stated.

The MRI measures were not affected by rs1061622, nor by the interaction effect between sTNFR2 and CSF t-tau. CSF t-tau did have a significant direct main effect on ventricular volume and whole brain volume but not on hippocampal volume (Supplementary Table 2).

ADNI Cohort: Model 3

In Model 3, a significant interaction effect between rs976881 and CSF sTNFR2 was associated with the Digit Span subtest score, the Trail Making Test Part B score, and the category fluency test (animals) score (Table 3). 9.9% of all variance for the Digit Span Forward score and 4.7% of all variance for the category fluency (animals) score were attributable to the interaction effect between rs976881 and CSF sTNFR2. There was no significant interaction effect between sTNFR2 and CSF t-tau, nor was there a significant

main effect of CSF t-tau on these cognitive measures (Figure 2A). As shown in Figure 2B, the T/T group had a steeper slope and a larger regression coefficient for the Digit Span Forward score ($R^2 = 0.33$), suggesting that lower sTNFR2 levels (but not CSF t-tau levels) relate to poorer Digit Span Forward scores for this group, unlike for the C/C group ($R^2 = 0.004$). The interaction effect between rs1061622 and CSF sTNFR2 had no effect on these cognitive measures. The Digit Span Forward score was significant even after false discovery rate correction (false discovery rate-corrected *p*-values are provided in the Supplementary Material).

ADNI Cohort: Model 4

A significant interaction effect between rs976881 and sTNFR2 was associated with change in CDR-SB scores over 1 year (df 3, 175; mean square = 0.21; *F* = 2.83; adjusted $R^2 = 0.36$). A

TABLE 2 | Demographics of replication memory clinic cohort with patients divided into allelic subgroups.

Replication Cohort (MCI only)	rs976881 Homozygous reference T/T N = 8	rs976881 Heterozygous T/C N = 19	rs976881 Homozygous alternate C/C N = 21	rs976881 Total	P-value	rs1061622 Homozygous reference G/G N = 2	rs1061622 Heterozygous G/T N = 38	rs1061622 Homozygous alternate T/T N = 8	rs1061622 Total	P-value
Age, yrs	67.9 (6.7)	69.6 (7.9)	64.3 (7.4)	48	0.088	65.0 (7.6)	66.8 (7.9)	67.3 (7.0)	48	0.65
Female, %F	22.2%	47.4%	45%	20/48	0.50	50%	39.5%	50%	20/48	0.90
Education, yrs	16.1 (2.4)	15.0 (3.1)	15.4 (2.9)	48	0.65	13.0 (1.4)	15.8 (2.7)	14.1 (3.3)	48	0.20
APOE ε4 +ve	5	16	15	36/48	0.46	2	28	6	36/48	0.72
Log ₂ CSF Aβ ₄₂	8.5 (0.26)	8.04 (0.47)	8.9 (0.63)	48	0.018*	8.0 (0.56)	8.2 (0.52)	7.7 (0.58)	48	0.12
Log ₂ CSF t-tau	8.7 (0.50)	9.3 (1.02)	8.7 (0.88)	48	0.066	9.07 (1.09)	8.9 (0.91)	9.7 (0.74)	48	0.41
Log ₂ CSF p-tau	6.2 (0.39)	6.6 (0.72)	6.1 (0.63)	48	0.075	6.8 (0.58)	6.3 (0.67)	6.4 (0.67)	48	0.41
Log ₂ CSF sTNFR2	1.06 (0.33)	1.21 (0.59)	1.25 (0.4)	48	0.54	0.96 (0.28)	1.19 (0.49)	1.2 (0.00)	48	0.32
MMSE Baseline	24.5 (3.7)	25.1 (3.1)	23.4 (6.1)	48	0.39	25.0 (1.4)	24.2 (5.1)	24.3 (3.3)	48	0.59
MOCA Baseline	19.3 (4.2)	18.2 (4.8)	18.2 (2.4)	48	0.79	13.0 (1.4)	18.5 (4.5)	18.0 (4.1)	48	0.14
CDR-SB Baseline	2.07 (0.87)	2.05 (1.30)	2.22 (1.22)	47	0.43	2.3 (1.8)	2.1 (1.2)	2.3 (1.1)	47	0.90

Mean (Std dev), percent of total and counts are presented. Independent samples Kurskal Wallis test p-values, *p < 0.05.

total of 4.6% of all variance in CDR-SB change over 1 year was attributable to the interaction effect between rs976881 and CSF sTNFR2 (**Figure 3A**). As shown in **Figure 3B**, the T/T group had a smaller change (shallower slope) in CDR-SB change over 1 year than the C/C group ($R^2 = 0.52$ vs 0.70). There was no significant effect of rs1061622 on CDR-SB change over 1 year (df 3, 170; $F = 2.32$; adjusted $R^2 = 0.35$).

Replication Memory Clinic Cohort

A significant interaction effect between rs976881 and CSF sTNFR2 was associated with CSF p-tau levels (**Table 3**). Eleven percentage of all variance in CSF t-tau and 13% of all variance in CSF p-tau were attributable to the interaction effect between rs976881 and CSF sTNFR2. The homozygous reference (T/T) group had a shallower slope and a smaller regression coefficient ($R^2 = 0.37$) than the homozygous alternate allele (C/C) ($R^2 = 0.42$) (**Figure 1B**), suggesting that sTNFR2 levels are not as closely related to t-tau levels in the T/T replication memory clinic group as they are in the ADNI cohort. Pairwise comparisons for the rs976881 alleles demonstrated significant differences between the T/T and T/C groups in CSF t-tau levels (mean difference = -0.58 ; 95% CI: 0.074 to 1.09) and CSF p-tau levels (mean difference = -0.39 ; 95% CI: 0.050–0.747). **Supplementary Table 2** provides details regarding the direct main effects of significance.

A significant interaction effect between rs1061622 and CSF sTNFR2 was associated with CSF t-tau and p-tau levels. Fourteen percentage of all variance in CSF t-tau and 14% of all variance in CSF p-tau were attributable to the interaction effect between

rs1061622 and CSF sTNFR2 (**Table 3**). Pairwise comparisons for the rs1061622 alleles demonstrated significant differences between the T/T and T/G groups in CSF t-tau levels (mean difference = -0.69 ; 95% CI: -0.079 to -1.29) and CSF p-tau levels (mean difference = -0.49 ; 95% CI: -0.067 to -0.91).

DISCUSSION

Immune-related genes and pathways have been found to play a role in AD pathophysiology (Fischer et al., 2011; Kunkle et al., 2019). Previous studies have assessed how these genetic immune and factors could affect AD biomarkers (Hohman et al., 2014; Louwersheimer et al., 2016; Deming et al., 2019) and clinical outcomes (Pillai et al., 2020), but little research has addressed their potential contribution to resilience. The inflammatory analyte TNF has been found to play a role in synaptic plasticity and modulating responses to neural injury and neurodegeneration (Beattie et al., 2002; Ellwardt et al., 2018), suggesting that it may also be involved in cognitive resilience (Pape et al., 2019). The current study demonstrated that the interaction between TNF pathway-related sTNFR2 CSF levels and *TNFRSF1B* gene variants contributed to significant differences in AD-associated severity markers such as CSF t-tau and p-tau, MRI measures of interest, and cognitive scores in the ADNI cohort. In a replication memory clinic cohort, the interaction between CSF sTNFR2 and rs976881 was also associated with differences in CSF p-tau biomarkers, with a significantly larger effect size than was seen in the ADNI cohort. In the ADNI cohort, rs976881 T/T allele (homozygous reference)

TABLE 3 | Key results of the general linear models: Results from the ADNI and replication memory clinic cohorts, * $p \leq 0.05$.

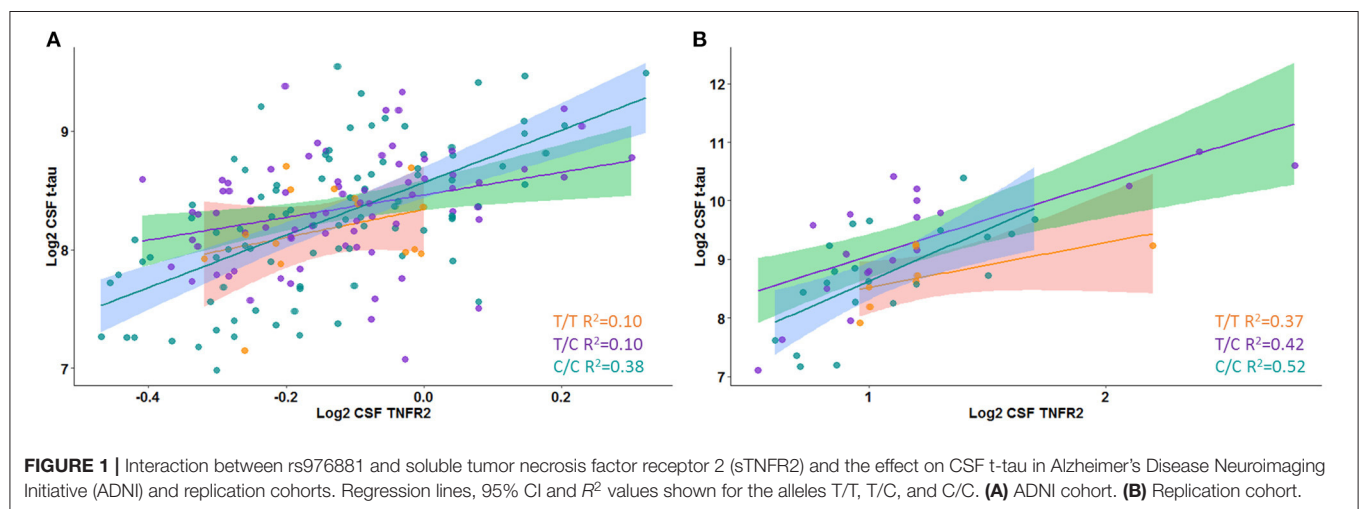
Rs976881 * sTNFR2	Df	Mean Square	F	P-value	Adjusted R^2	Partial Eta squared
Model 1: Dependent variables: CSF t-tau and p-tau, Main effects: CSF sTNFR2, TNFRSF1B SNP, Interaction effect: sTNFR2 X TNFRSF1B SNP, Covariates: age, sex, CSF A β 42, APOE ϵ 4 status						
ADNI cohort						
Log CSF t-tau	2,165	0.21	3.94	0.021*	0.27	0.046
Log CSF p-tau	2,165	0.33	3.83	0.024*	0.24	0.044
Replication cohort						
Log CSF t-tau	2,44	1.30	2.82	0.07	0.47	0.11
Log CSF p-tau	2,44	0.70	3.20	0.05*	0.51	0.13
Rs1061622*sTNFR2						
Log CSF t-tau	2,44	1.60	3.58	0.036*	0.48	0.14
Log CSF p-tau	2,44	0.77	3.56	0.037*	0.52	0.14

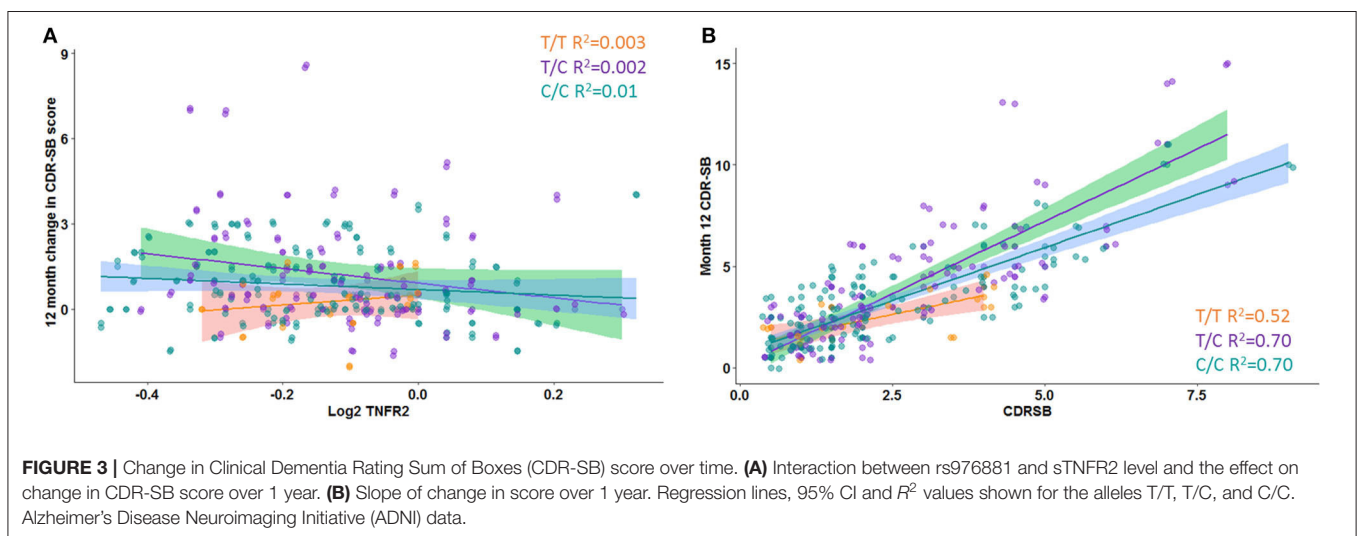
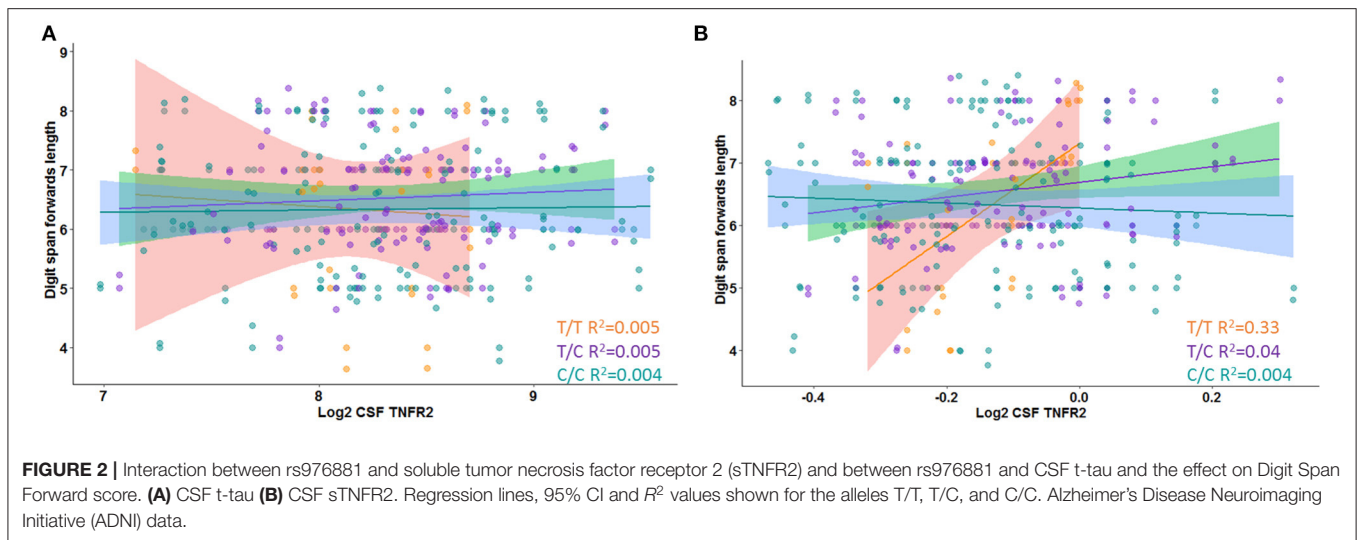
Model 2: Dependent variables: hippocampal volume, ventricular volume and whole brain volume, Main effects: CSF sTNFR2, TNFRSF1B SNP, CSF t-tau, Interaction effects: sTNFR2 X TNFRSF1B SNP and sTNFR2 X t-tau, Covariates: age, sex, education, CSF A β 42/p-tau ratio, APOE ϵ 4 status and baseline intra cranial volume

ADNI Cohort						
Hippocampus	2,134	2646708.94	6.48	0.002*	0.08	0.088
Ventricles	2,134	33816326.80	0.64	0.94	0.12	0.001
Whole brain volume	2,134	9426117372.29	4.21	0.017*	0.16	0.059

Model 3: Dependent variables: Logical Memory delayed recall, Digit Span length, Trails B score and Boston Naming total score, Main effects: CSF sTNFR2, TNFRSF1B SNP, CSF t-tau, Interaction effects: sTNFR2 X TNFRSF1B SNP and sTNFR2 X t-tau, Covariates: age, sex, education, CSF A β 42/p-tau ratio, APOE ϵ 4 status and baseline MMSE

ADNI Cohort						
Logical memory	2,159	5.22	0.78	0.459	0.038	0.01
Digit span forward length	2,159	8.90	8.89	<0.0001*	0.064	0.099
Digit span backward length	2,159	4.43	4.43	0.036*	0.025	0.041
Trails B-score	2,159	26889.98	3.71	0.027*	0.046	0.045
Category Fluency Animals	2,159	92.64	3.96	0.021*	0.025	0.047
Boston naming test	2,159	22.61	0.84	0.43	0.003	0.01





carriers demonstrated slower rates of CDR-SB score changes in relation to corresponding sTNFR2 levels. Additionally, statistical interaction effects demonstrated that the strength of a linear relationship between sTNFR2 and (1) CSF t-tau and p-tau, (2) MRI whole brain and hippocampal volumes, and (3) Digit Forward test score varied for the rs976881 T/T allele compared to the C/C and T/C alleles. Studies in animal models have demonstrated that TNFR2 plays a protective role against neurodegeneration in the CNS (Marchetti et al., 2004; Fischer et al., 2011; Dong et al., 2016). Taken together, these findings support this genotypic variant is a potential marker of resilience in AD.

sTNFR2 is expressed primarily in immune and endothelial cells. TNFR2 receptor signaling is involved in pro-survival signaling pathways, which activate cellular inhibitors of apoptosis and the NF- κ B pathway (Kanehisa et al., 2016). Subsequent downstream activation of PKB/Akt promotes cell survival and proliferation (Fischer et al., 2020). sTNFR2 has previously

been found to be highly correlated with CSF t-tau, p-tau, and neuron-specific enolase in MCI-AD (Pillai et al., 2019b), and a similar profile with *TNFRSF1B* activation was noted in a parallel brain transcriptome analysis (Pillai et al., 2019b). It is possible, therefore, that sTNFR2 and *TNFRSF1B* SNPs play a modulating role in regard to clinical outcomes in AD, rather than serving as an AD risk gene that have been the focus of prior genome-wide association studies in AD. This is consistent with prior reports of gene variants related to resilience in AD which suggest that genetic architecture of resilience appears to be distinct from that of clinical AD (Dumitrescu et al., 2020).

Research has shown that rs976881 and rs1061622 are associated with sTNFR2 levels in the periphery, with the rs976881 reference allele (T/T) related to higher sTNFR2 levels than the alternate allele (C/C) (Vistoropsky et al., 2010; Cohen-Woods et al., 2018). In the replication memory clinic cohort in this study, patients with the rs976881 reference allele T/T had lower CSF t-tau and p-tau levels than patients with T/C (given

their corresponding CSF sTNFR2 levels). Previous research has also found that rs976881 T/T is less responsive than T/C to anti-TNF α maintenance therapy (infliximab) in patients with Crohn's disease (Steenholdt et al., 2012). It is therefore likely that among minor allele (T/T) carriers with Crohn's disease, higher levels of TNFR2 counteract TNF- α , making infliximab less effective. In our study, the effect of rs976881 may also be tied to its effect on sTNFR2 levels, with the rs976881 minor allele (T/T) demonstrating a more robust sTNFR2 response than C/C and T/C alleles to CSF t-tau and p-tau levels. Studies have also demonstrated that the minor allele of rs1061622 is also related to sTNFR2 levels and response to anti-TNF α maintenance therapy in patients with Crohn's disease (Medrano et al., 2014). In our study, the significant interaction observed between rs1061622 and sTNFR2 and its effect on CSF t-tau and p-tau in the replication cohort but not in the ADNI cohort suggests differences in the nature of participants recruited, as discussed in further detail later.

In the ADNI cohort, a significant interaction between rs976881 and CSF sTNFR2 was strongest with regards to Digit Span Forwards subtest, but was also noted in Trail Making Part B test, and category fluency test (animals) scores. These measures assess overlapping but distinct cognitive skills, including working memory, complex attention, and speed of information processing, and can be categorized as contributing to domains of attention/executive functioning and processing speed. In this cohort, rs976881 status was also related to the change in CDR-SB score over 1 year. This is consistent with our previous finding that better initial performance on the Digit Span subtest and related working memory task is associated with a slower rate of functional decline on the CDR-SB test over time in patients with AD (Pillai et al., 2014). Additionally, higher levels of pro-cell survival and inflammation resolution chemokines have been found in the human temporal cortex and entorhinal cortex at autopsy among human brains resilient to AD pathology (Barroeta-Espar et al., 2019). These results are reflected in our study, which demonstrated that a significant interaction between rs976881 and CSF sTNFR2 modulated favorable outcomes in three measures related to AD severity: CSF biomarkers of neurodegeneration and tau (CSF p-tau and t-tau), MRI measures (hippocampal and whole brain volumes), and cognitive measures (Digit Span Forward score and CDR-SB score).

Strengths/limitations: The current study demonstrated directional replication by consistently noting a similar directional interaction effect of sTNFR2 and rs976881 on CSF p-tau and t-tau in both the ADNI and replication cohorts. Additionally, the effect of rs976881 on MRI and cognitive outcomes demonstrated in this study is consistent with the known relationship between these biomarkers (CSF p-tau, t-tau, hippocampal volume, and whole brain volumes) and longitudinal cognitive outcomes in the ADNI population. In the ADNI cohort for this study, 4.6% of the variance in CSF t-tau levels was explained by rs976881 and sTNFR2, whereas 11% of the variance in CSF t-tau was attributed to the same variables in the replication cohort. There were some differences between the cohorts, however. First, the positive correlation between the sTNFR2 and neurodegeneration biomarkers are consistent within each cohort but the replication

cohort had 2.2 times higher mean levels of p-tau than ADNI (Pillai et al., 2019b). Mean sTNFR2 levels correlating with neurodegeneration biomarkers were also 2.4 times higher in the replication cohort than ADNI. This is likely due to different participant characteristics for the two cohorts; for instance, the replication cohort was a sample of memory clinic patients with a faster rate of disease progression than patients in the ADNI cohort (Pillai et al., 2020). Second, the replication cohort included participants at the MCI stage of AD, whereas the ADNI cohort included patients with MCI and AD dementia. As the replication cohort was not harmonized with the ADNI cohort for all of the neurocognitive variables and MRI volumetric measures, there could not be a close corroboration between the replication cohort and the ADNI cohort for the multiple variables of interest. These results are likely generalizable to MCI and AD dementia subjects with positive AD biomarkers but the fact that patients in both cohorts were predominantly Caucasian and had a higher level of education suggests the need for replication of these results among other racial and ethnic cohorts with a diverse education and socioeconomic backgrounds.

Within the ADNI cohort, MRI hippocampal volumes were noted to have a significant interaction effect between rs976881 and sTNFR2, while logical memory delayed recall scores did not meet significance. One possible reason for this is that the predominance of amnesic patients with MCI despite likely multiple etiologies of amnesic complaints in ADNI cohort, limits our ability to discriminate based on logical memory delayed recall scores alone given normative limits (Nettiksimmons et al., 2014). Additional corroboration of these results in a cohort with recruitment goals different from those of ADNI is therefore warranted. The lack of neuropathologic confirmation of diagnosis also limits our understanding regarding the potential role of mixed pathology on clinical outcomes.

The study is an evaluation of the association between CSF sTNFR level and *TNFRSF1B* SNPs on clinical outcomes, and does not address the mechanistic relationship between them on neurodegeneration. This study further does not provide a comprehensive survey of *TNFRSF1B* SNPs in AD, as we did not analyze other *TNFRSF1B* SNPs reported to be related to sTNFR2 levels (e.g., rs590368). These other SNPs were not included because of the smaller number of participants within ADNI who had these genetic variants and who also had measured levels of sTNFR2 available. Using multiple SNPs may allow researchers to define a stronger *TNFRSF1B* haplotype with regard to sTNFR2 levels, and some variables may become more or less salient considering additional SNP interactions. Independent replication using the same biomarkers used in ADNI would allow for further clarification. Type II errors have to be considered for this study, given the small number of patients within some of the allele groups; smaller effect sizes could therefore have been missed.

The rs976881 T/T reference genotype has been related to higher levels of sTNFR2 previously and activation of TNFR2 signaling has been posited as a promising strategy for AD therapy (Ortí-Casañ et al., 2019). We have now demonstrated that interaction between *TNFRSF1B* gene variant rs976881 and CSF sTNFR2 affects CSF and MRI biomarkers of neurodegeneration,

cognitive profiles, and rate of functional decline over 1 year. These results provide important information regarding the molecular characterization of AD phenotypes and suggest that this genotypic variant could be used as a marker of resilience in AD. Independent confirmation of these results in other cohorts with mutidomain AD biomarkers is warranted.

DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found at: <http://adni.loni.usc.edu/>, genetic-data.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by Cleveland Clinic Institutional Review Board ADNI Individual Site Institutional Review Board. The ethics committee waived the requirement of written informed consent for participation.

AUTHOR CONTRIBUTIONS

JP: obtained funding for research project, organization of research project, execution of research project, design the statistical analysis, execution of statistical analysis, and writing the first draft of manuscript preparation. GB: execution of research project, review and critique of statistical analysis, and review and critique of manuscript preparation. MK: execution of research project and review and critique of manuscript preparation. JB: design the statistical analysis and review and critique of manuscript preparation. CB, WB, and JL: review and critique of statistical analysis and review and critique of manuscript preparation. LB: organization of research project, review and critique of statistical analysis, and review and critique of manuscript preparation. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fnagi.2021.638922/full#supplementary-material>

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Circulating Neurofilament Light Predicts Cognitive Decline in Patients With Post-stroke Subjective Cognitive Impairment

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Background: Subjective cognitive impairment (SCI) is common after acute ischemic stroke and adversely affects the quality of life. SCI is associated with an increased risk of developing mild cognitive impairment and dementia. Identifying biomarkers which could predict long-term cognitive outcomes of post-stroke SCI is of importance for early intervention. This study aims to investigate the association between circulating neurofilament light (NfL) and long-term cognitive function in patients with post-stroke SCI.

Methods: This longitudinal study recruited 304 patients with post-stroke SCI, and serum NfL levels were determined at baseline. These patients were followed up for 12 months for the observation of cognitive change. Cognitive performances were assessed by a Chinese version of the Telephone Interview of Cognitive Status-40 (TICS-40) scale.

Results: The patients were divided into a progression group (as determined by decreased TICS-40 scores) and a stable group (as determined by increased or unchanged TICS-40 scores). The progression group had significantly higher serum NfL levels than the stable group at baseline. Serum NfL levels were predictive for longitudinal cognitive decline during follow-up.

Conclusion: These findings imply that circulating NfL could predict the long-term cognitive change of patients with post-stroke SCI.

Keywords: acute ischemic stroke, neurofilament light, biomarker, prognosis, subjective cognitive impairment (SCI)

INTRODUCTION

Subjective cognitive impairment (SCI) is a common complaint post-acute ischemic stroke (AIS), with a prevalence estimates ranging between 30 and 90% (Van Rijsbergen et al., 2014, 2019, 2020; Burns et al., 2019). SCI has been reported to be associated with an increased risk of progressing to objective cognitive impairment (OCI), including mild cognitive impairment (MCI) and dementia

(Lee et al., 2020; Liew, 2020). Once the patients advanced to OCI stage, the quality of life would be adversely affected. Therefore, identifying post-stroke SCI individuals that are at risk of developing OCI is important for early intervention for long-term cognitive consequences. However, currently no or few reliable prognostic biomarkers are available to monitor the cognitive change of post-stroke SCI patients.

Neurofilament light (NfL) is a neuron-specific structural protein (Zetterberg, 2016), and NfL concentrations in cerebrospinal fluid could reflect the severity of neuronal damage (Khalil et al., 2018). Circulating NfL is suggested to be a reliable biomarker for monitoring the clinical trajectory of many types of neurodegenerative disease such as Parkinson's disease (Mollenhauer et al., 2020) and Alzheimer's disease (Mattsson et al., 2017). Recent evidence also demonstrated that NfL could serve as a prognostic marker of AIS (Tiedt et al., 2018; Pedersen et al., 2019). However, the predictive effects of circulating NfL for the long-term cognitive change of post-stroke SCI patients are not clear. In this study, we investigated the association between circulating NfL and the cognitive trajectory of post-stroke SCI patients.

SUBJECTS AND METHODS

Patients

Inpatients with AIS from the Department of Neurology, Sichuan Provincial People's Hospital and Ya'an People's Hospital during May 1, 2016 and Dec 31, 2019 were screened for eligibility for this study. The patients were recruited at 1 month after the onset of AIS, when the patients crossed over the acute AIS stage and the symptoms were stable. The patients were included if they fulfil the following criteria: (1) aged 60 years or older, (2) with self-reported cognitive impairment, and this cognitive complaint should be subsequent to an AIS event, (3) no objective cognitive impairment was observed as determined by the Clinical Dementia Rating (CDR) scale, and (4) willing to participate in this study. The subjects were excluded if they have one of the following conditions: (1) have cognitive impairment before AIS onset, (2) have a family history of dementia, (3) have psychiatric disorders, such as schizophrenia, bipolar disorders, depression, etc., before AIS onset, (4) cannot complete the cognitive test due to hearing, language, or communicating disabilities, (5) other severe neurological diseases that may affect circulating NfL levels, such as Parkinson's disease, Alzheimer's disease, traumatic brain injury, etc., and (6) refused to participate in this study. Written consent for participation was obtained from the patients or their legal relatives. This study conformed with the principles of the Declaration of Helsinki and was approved by the Investigational Review Board of the Sichuan Provincial People's Hospital and Ya'an People's Hospital.

Clinical Assessment and Data Collection

At baseline (1 month after stroke onset), the demographic information [including age, sex, education level, body mass index (BMI), and smoking history], medical history (including oral anticoagulants or antiplatelet drug use), and data on

comorbidities (including hypertension, diabetes mellitus, hypercholesterolemia, and atrial fibrillation) were collected from the medical records. AIS was diagnosed according to the World Health Organization Multinational Monitoring of Trends and Determinants in Cardiovascular Disease criteria and was verified by magnetic resonance imaging performed within 24 h after symptom onset. The neurological deficits of the patients were examined with the National Institutes of Health Stroke Scale (NIHSS) upon admission (Goldstein and Samsa, 1997), performed by a certified stroke neurologist. AIS subtype was determined with the TOAST criteria.

Cognitive Assessment and Patients' Follow-Up

Assessment of cognitive function was conducted at 1 month after stroke onset. Briefly, to exclude pre-stroke SCI or OCI, cognitive functioning prior to stroke onset was assessed with a Chinese version of the short-form Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE). Patients with a previous diagnosis of cognitive impairment were included based on clinical interview and an average score >4 in IQCODE. This cutoff was previously validated to achieve a high specificity but simultaneously avoiding the exclusion of a large number of patients without prior cognitive impairment (Harrison et al., 2016). As commonly used cognitive testing scales such as the Mini-mental State Examination (MMSE) and Montreal cognitive assessment (MoCa) scales require contact lime functions, a Chinese version of the Telephone Interview of Cognitive Status-40 (TICS-40) was selected to examine the current cognitive status, which was previously validated by others (Fong et al., 2009). The TICS-40 scale used in this study includes 10 variables with a maximum of 40 points. TICS-40 score ≤ 20 was defined as MCI, and a score ≤ 12 was defined as dementia according to a previous study (Fong et al., 2009). Severity of cognitive impairment was examined with the CDR scale. Patients with a CDR score ≥ 0.5 were excluded as described above. Patients were followed up for cognitive and dementia severity assessment at 12 months after the first interview. Although the TICS-40 scale was designed as a telephone interview scale, the patients in this study were interviewed face to face. The patients were interviewed by five experienced neurologists who were expert in cognitive examinations. As for the quality control of cognitive tests, 11 subjects with dementia, nine subjects with MCI, and six cognitively normal subjects were included in this study for the inter-rater reliability assessment, generating an interclass correlation coefficient of 0.933, reflecting a relatively high inter-rater reliability.

NfL Concentration Determination and ApoE Genotyping

Blood was sampled at the first face-to-face interview, and serum was separated within 30 min after sampling and stored at -80°C until further analysis. Serum NfL was determined using the single-molecule (Simoa) array according to the manufacturer's instructions (Li et al., 2019). Monoclonal antibodies and purified bovine NfL were used as calibrators.

ApoE genotypes (rs429358 and rs7412) were determined with the restriction fragment length polymorphism method. The PCR reactions were performed with 1 μ l DNA sample, 2.0 mM Mg^{2+} (TaKaRa, Japan), 1 \times GC-I buffer (TaKaRa, Japan), 1 U HotStarTaq polymerase (Qiagen, Germany), 0.2 mM dNTP (Generay Biotech, China), 2 μ M multiple PCR primers (Sangon, China), and ddH₂O in a total volume of 10 μ l. The cycling program was the same as mentioned above. The digestion of endonuclease was performed with *Afl*III or *Hae*II (New England Biolabs, United States) for rs429358 or rs7412, respectively. Then, the products were analyzed with ABI3130XL sequencer (Applied Biosystems, United States).

Statistical Analysis

Continuous variables were tested for normality, and if they were normally distributed, independent *t* test was used, but if they were not normally distributed, Mann–Whitney *U* test was used. For categorical data, two-sample tests of proportions were used to compare proportions. A logistic regression model and two linear regression models were utilized to assess the association between circulating NfL levels and cognitive outcomes. The first logistic regression model included disease progression (as indicated by TICS-40 scores ≤ 20 at the follow-up interview) as the dependent variable, serum NfL levels, age, sex, ApoE $\epsilon 4$ carrier status, education level, BMI, smoking history, antiplatelet drug use, family history of stroke, coexisting disorders including hypertension, diabetes mellitus, hypercholesterolemia, atrial fibrillation, DWI hyperintensity volume, delirium, hemorrhagic transformation, recurrent AIS, infarction locations, post-stroke anxiety, and post-stroke depression, and the baseline TICS-40 score as independent variables. We first fitted univariate models with a single candidate variable at one time. The potential risk factors as determined by a $p < 0.2$ were

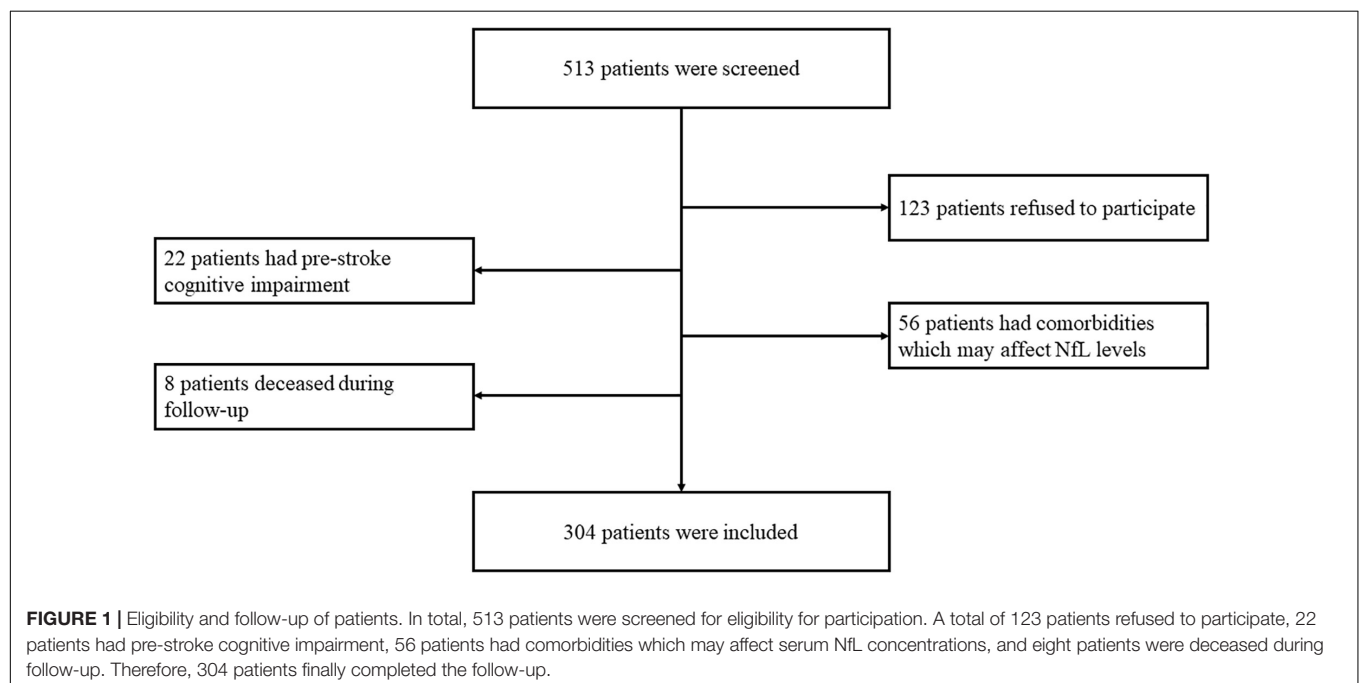
included in the final multivariate regression models. The final multivariate regression models were adjusted for age and sex, although these two variables were not significant in the univariate models. The second linear regression model included the cognitive status at endpoint as the dependent variable, and the independent variables were the same as described above. The third linear regression model included the change of TICS-40 scores during a 1-year follow-up as the dependent variable. As the variable “antithrombotic drug use” had collinearity with “atrial fibrillation”, it was not fitted into these regression models. The receiver operating characteristic (ROC) curve analysis was utilized to test the predictive effects of baseline serum NfL on cognitive outcomes at follow-up. Optimal sensitivity and specificity were determined *via* a non-parametric approach. The Youden index was calculated to determine the cutoff value that maximized the discriminating power of the test. Statistical analyses were conducted using SPSS statistical package, version 24 (IBM SPSS Statistics for Windows, Armonk, NY, United States), and a $p < 0.05$ was regarded as statistically significant.

RESULTS

Demographic Data

This study screened 505 post-stroke SCI patients for eligibility for participation, among which 123 patients refused to participate, 22 patients had pre-stroke cognitive impairment, and 56 patients had co-existing disorders that may affect serum NfL concentrations; thus, 304 patients were finally recruited (**Figure 1**).

We divided the patients into the progression group ($n = 49$) and the stable group ($n = 255$) according to the endpoint



events. Patients with decreased TICS-40 scores during follow-up were allocated into the progression group, and the others were allocated into the stable group. The stable group and the progression group had no significant differences in terms of mean age, frequencies of ApoE ϵ 4 carriers, median education level, median BMI, frequencies of a smoking history, antiplatelet drug use, antithrombotic drug use, a family history of stroke, and frequencies of comorbidities such as hypertension, diabetes mellitus, hypercholesterolemia, and atrial fibrillation. The stable group had significantly lower frequencies of post-stroke anxiety than the progression group. However, the frequencies of post-stroke depression were comparable between the two groups. The two groups also had no significant difference in DWI hyperintensity volume and frequencies of delirium during the acute phase of AIS. No significant difference of infarction site was found between groups. Furthermore, no significant difference was observed in frequencies of hemorrhagic transformation and recurrent AIS between groups (specified in Table 1).

Serum NfL Levels in AIS Patients With Subjective Cognitive Impairment

Serum NfL concentrations at baseline were significantly higher in the progression group (mean \pm SD: 75.64 \pm 17.22) in comparison with the stable group (mean \pm SD: 49.47 \pm 24.08, $p < 0.001$, Figure 2A). We next conducted a ROC analysis to investigate the diagnostic efficacy of serum NfL for a longitudinal cognitive decline in AIS patients with SCI. Serum NfL levels had a relatively high capacity to differentiate the progression and stable group, with a specificity of 0.906, a sensitivity of 0.653, and an area under the curve of 0.865 at a cutoff value of 79.31 pg/ml (Figure 2B).

Association Between Serum NfL Levels and Cognitive Change During Follow-Up

We first utilized a logistic regression model to address the association between serum NfL concentrations at baseline and the progression of cognitive impairment, with the longitudinal cognitive decline (defined as a decreased TICS-40 score during follow-up) as the dependent variable and with demographic variables, medical history, and comorbidities as independent variables. In the univariate analysis, smoking history, post-stroke anxiety, and serum NfL concentrations were found to be significant predictors for a longitudinal cognitive decline. However, in the multivariate analysis, post-stroke anxiety and serum NfL remained to be significant predictors for longitudinal cognitive decline (Table 2).

The second linear regression model included TICS-40 scores at follow-up as the dependent variable and demographic variables, medical history, and comorbidities as independent variables. TICS-40 at baseline and serum NfL were significantly associated with TICS-40 scores at endpoint (Table 3). The third linear regression model included the change of TICS-40 scores (score at follow-up – score at baseline) during follow-up as the dependent variable and demographic variables, medical history, and comorbidities as independent variables. Similarly, TICS-40 at baseline and serum NfL were significantly associated

TABLE 1 | Demographic data of the subjects.

Variables	Stable group (<i>n</i> = 255)	Progression group (<i>n</i> = 49)	<i>P</i> value
Age, mean (SD)	64.86 (9.37)	65.18 (8.61)	0.318 ^a
Female, number (%)	107 (41.96)	23 (46.94)	0.532 ^b
ApoE ϵ 4 carriers, number (%)	34 (13.33)	5 (10.20)	0.647 ^b
Education, year, median (IQR)	11 (6–15)	9 (4–14)	0.417 ^c
BMI, median (IQR)	24.38 (23.07–25.61)	24.49 (23.02–25.40)	0.558 ^c
Smoking history, number (%)	19 (7.45)	9 (18.37)	0.027 ^b
Antiplatelet drug use, number (%)	35 (13.73)	5 (10.20)	0.647 ^b
Antithrombotic drug use, number (%)	15 (5.88)	4 (8.16)	0.523 ^b
Family history of stroke, number (%)	15 (5.88)	3 (6.12)	1.000 ^b
Comorbidities			
Hypertension, number (%)	86 (33.73)	18 (36.73)	0.743 ^b
Diabetes mellitus, number (%)	41 (16.08)	8 (16.33)	1.000 ^b
Hypercholesterolemia, number (%)	23 (9.02)	5 (10.20)	0.788 ^b
Atrial fibrillation, number (%)	15 (5.88)	4 (8.16)	0.523 ^b
Post-stroke anxiety, number (%)	17 (6.67)	8 (16.32)	0.031
Post-stroke depression, number (%)	14 (5.49)	5 (10.20)	0.174
DWI hyperintensity volume, ml (SD)	28.30 (9.24)	29.37 (8.02)	0.255 ^a
Infarction region^d			
Cerebral lobe, number (%)	44 (17.25)	8 (16.32)	0.532 ^b
Cerebral white matter, number (%)	41 (16.08)	5 (10.20)	0.206 ^b
Striatocapsule, number (%)	179 (70.20)	36 (73.47)	0.392 ^b
Thalamus, number (%)	8 (3.14)	4 (8.16)	0.110 ^b
Cerebellum, number (%)	8 (3.14)	2 (4.08)	0.499 ^b
Delirium, number (%)	14 (5.49)	2 (4.08)	1.000 ^b
TICS-40 at baseline, median (IQR)	26 (23–29)	29 (23–32)	0.021 ^c
TICS-40 at endpoint, median (IQR)	27 (23–30)	15 (10–19)	< 0.001 ^c
NIHSS at baseline, median (IQR)	12 (7–17)	12 (5–15)	0.297 ^c
NIHSS at endpoint, median (IQR)	6 (2–8)	5 (1.5–7)	0.694 ^c
Stroke etiology			
Atherothrombotic, number (%)	218 (85.49)	39 (79.59)	0.287 ^b
Cardioembolic, number (%)	15 (5.88)	4 (8.16)	0.523 ^b
Lacunar, number (%)	11 (4.31)	6 (12.24)	0.039 ^b
Unknown, number (%)	11 (4.31)	0 (0.00)	0.222 ^b
Complication			
Hemorrhagic transformation, number (%)	9 (0.04)	1 (0.02)	1.000 ^b
Recurrent acute ischemic stroke, number (%)	3 (0.01)	2 (0.04)	0.185 ^b

IQR, inter-quartile range; BMI, body mass index; TICS, telephone interview of cognitive status 40; NIHSS, National Institutes of Health Stroke Scale.

^aUnpaired *t* test.

^bPearson χ^2 test.

^cMann–Whitney *U* test.

^dIt is notable that the infarctions may involve multiple brain regions.

with the change of TICS-40 scores during follow-up (Table 4). This finding demonstrated that patients with lower TICS-40 and higher serum NfL concentrations at baseline were more likely to have longitudinal cognitive decline.

DISCUSSION

The present study investigated the association between baseline circulating NfL levels and the longitudinal cognitive decline in a

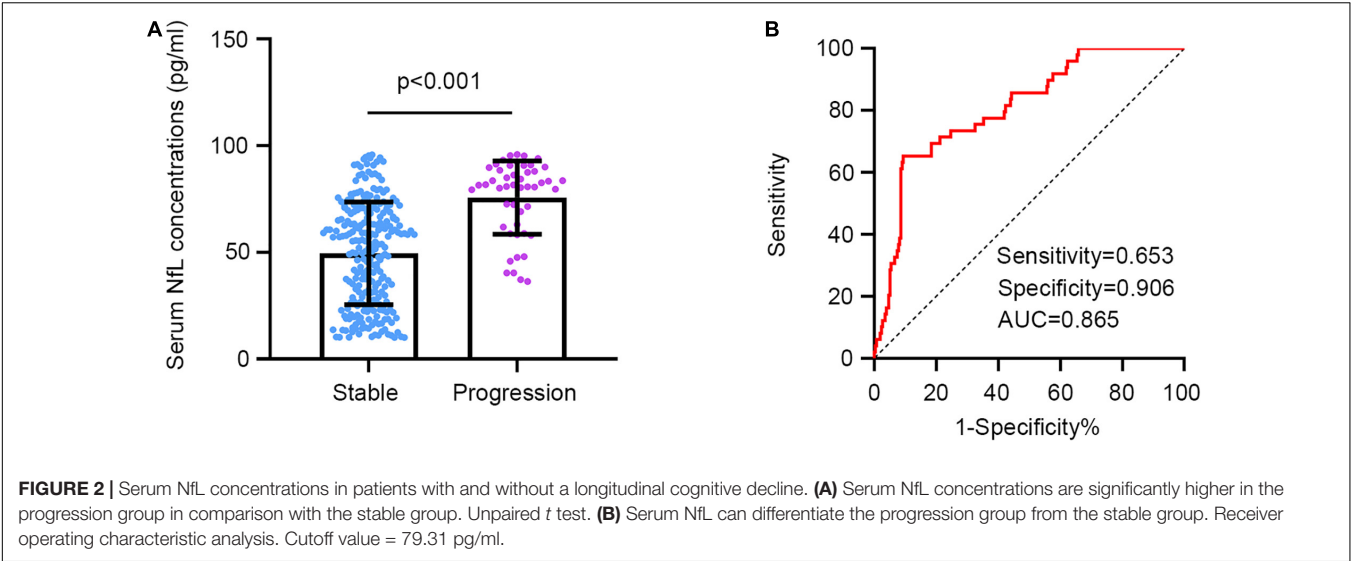


TABLE 2 | A logistic regression model to evaluate the risk factors for cognitive decline as indicated by decreased TICS-40 scores in patients with subjective cognitive impairment post-stroke.

Variables	Univariable ORs (95%CI)	P value	Multivariable ORs (95%CI)	P value
Age, year	1.004 (0.971, 1.038)	0.823	1.005 (0.967, 1.044)	0.806
Sex, male	1.224 (0.662, 2.260)	0.519	1.375 (0.679, 2.781)	0.376
ApoE ε4 carrier status	1.354 (0.502, 3.654)	0.550	0.410 (0.150, 1.121)	0.082
Education, year	0.980 (0.930, 1.033)	0.448		
BMI, kg/m ²	0.928 (0.758, 1.137)	0.473		
Smoking history vs. no	0.358 (0.151, 0.846)	0.019		
Antiplatelet drug use vs. no	1.400 (0.519, 3.773)	0.506		
Family history of stroke vs. no	0.958 (0.267, 3.444)	0.948		
Hypertension vs. no	0.876 (0.464 to 1.656)	0.684		
Diabetes mellitus vs. no	0.982 (0.429 to 2.247)	0.965		
Hypercholesteremia vs. no	0.872 (0.315 to 2.418)	0.793		
Atrial fibrillation vs. no	0.703 (0.223 to 2.216)	0.548		
Anxiety vs. no	0.366 (0.148, 0.903)	0.029	0.183 (0.059, 0.572)	0.003
Depression vs. no	0.511 (0.175, 1.491)	0.219		
DWI hyperintensity volume, ml	1.013 (0.980 to 1.048)	0.449		
Cerebral lobe infarction vs. no	1.069 (0.469, 2.437)	0.874		
Cerebral white matter infarction vs. no	1.686 (0.631, 4.508)	0.298		
Striatocapsule infarction vs. no	0.851 (0.427, 1.693)	0.645		
Thalamus infarction vs. no	0.364 (0.105, 1.261)	0.111		
Cerebellum infarction vs. no	0.761 (0.157, 3.697)	0.735		
Delirium vs. no	1.365 (0.300 to 6.206)	0.687		
Hemorrhagic transformation vs. no	1.756 (0.217 to 14.184)	0.597		
Recurrent acute ischemic stroke vs. no	0.280 (0.046 to 1.720)	0.169		
TICS-40 at baseline	1.070 (0.983 to 1.165)	0.117		
Serum NfL concentrations, pg/ml	1.061 (1.040 to 1.082)	< 0.001	1.066 (1.044, 1.088)	< 0.001

Dependent variable: cognitive decline as indicated by decreased TICS-40 scores.

cohort of AIS patients with SCI. To our knowledge, this is the first report on the predictive effects of circulating NfL levels for the longitudinal cognitive change in AIS patients with SCI.

SCI is suggested to be accompanied by structural changes in the brain, which might be associated with an increased risk of future OCI (Hu et al., 2019). Therefore, SCI is

regarded as a pre-MCI state. SCI occurs in a substantial proportion of patients with AIS, and these subjects are supposed to have increased risks of developing OCI (Sachdev et al., 2014; Van Rijsbergen et al., 2014). Furthermore, only a minor proportion of these OCI subjects belong to Alzheimer’s disease type (Sachdev et al., 2014; Van Rijsbergen et al., 2014),

TABLE 3 | A linear regression model to evaluate the risk factors for cognitive impairment as indicated by TICS-40 scores at endpoint in patients with subjective cognitive impairment post-stroke.

Variables	β unadjusted	S.E.	β adjusted	P value
Age, year	-0.006	0.033	-0.009	0.865
Sex, male	0.181	0.684	0.015	0.792
ApoE ϵ 4 carrier status	0.015	0.905	0.001	0.987
Education, year	0.083	0.053	0.082	0.123
BMI, kg/m ²	0.054	0.218	0.014	0.806
Smoking history vs. no	0.125	1.171	0.006	0.915
Antiplatelet drug use vs. no	-0.475	0.898	-0.027	0.597
Family history of stroke vs. no	0.187	1.421	0.008	0.895
Hypertension vs. no	0.075	0.653	0.006	0.908
Diabetes mellitus vs. no	-0.412	0.839	-0.026	0.624
Hypercholesterolemia vs. no	-0.384	1.276	-0.019	0.764
Atrial fibrillation vs. no	1.109	1.318	0.046	0.401
Anxiety vs. no	-2.116	1.138	-0.099	0.064
Depression vs. no	0.090	1.318	0.004	0.945
DWI hyperintensity volume, ml	-0.080	0.051	-0.123	0.117
Cerebral lobe infarction vs. no	1.335	1.715	0.085	0.437
Cerebral white matter infarction vs. no	2.149	1.267	0.131	0.091
Striatocapsule infarction vs. no	1.618	1.447	0.125	0.264
Thalamus infarction vs. no	-1.150	1.584	-0.038	0.469
Cerebellum infarction vs. no	0.005	2.066	0.000	0.998
Delirium vs. no	1.489	1.328	0.056	0.263
Hemorrhagic transformation vs. no	0.937	2.037	0.028	0.646
Recurrent acute ischemic stroke vs. no	-3.299	2.390	-0.071	0.169
TICS-40 at baseline	0.742	0.084	0.470	< 0.001
Serum NfL concentrations, pg/ml	-0.066	0.012	-0.279	< 0.001

Dependent variable: cognitive impairment as indicated by TICS-40 scores at endpoint.

indicating that vascular mechanisms might also contribute to the conversion from SCI to OCI. Therefore, identifying subjects at a high risk of developing OCI is of importance for early intervention for cognitive decline. However, currently no reliable biomarker, especially blood-based biomarker, is available to determine the long-term risk of developing OCI in patients with post-stroke SCI. We found in the present study that circulating NfL (with a cutoff value of 79.31 pg/ml) can differentiate patients with a longitudinal cognitive decline from those with stable, or improved cognitive functions during follow-up.

In this study, patients with self-reported cognitive impairment post-stroke were screened, and the IQCODE scale was used to exclude pre-stroke cognitive impairment. Furthermore, patients with a CDR score more than 0 were also excluded. These will ensure that the patients were SCI rather than OCI. Patients were recruited and NfL determination was conducted at 1 month after stroke onset to exclude NfL secretion after acute neuronal damage during the acute phase of AIS, as demonstrated by previous studies. Although the patients were interviewed face to face, we used the TICS-40 which is used as a telephone interview scale, instead of MMSE and MoCa. This is because these scales require integrated motor functions,

TABLE 4 | A linear regression model to evaluate the risk factors for cognitive decline as indicated by a change of TICS-40 scores during follow-up in patients with subjective cognitive impairment post-stroke.

Variables	β unadjusted	S.E.	β adjusted	P value
Age, year	-0.006	0.033	-0.010	0.865
Sex, male	0.181	0.684	0.017	0.792
ApoE ϵ 4 carrier status	0.015	0.905	0.001	0.987
Education, year	0.083	0.053	0.091	0.123
BMI, kg/m ²	0.054	0.218	0.015	0.806
Smoking history vs. no	0.125	1.171	0.007	0.915
Antiplatelet drug use vs. no	-0.475	0.898	-0.030	0.597
Family history of stroke vs. no	0.187	1.421	0.008	0.895
Hypertension vs. no	0.075	0.653	0.007	0.908
Diabetes mellitus vs. no	-0.412	0.839	-0.029	0.624
Hypercholesterolemia vs. no	-0.384	1.276	-0.021	0.764
Atrial fibrillation vs. no	1.109	1.318	0.051	0.401
Anxiety vs. no	-2.116	1.138	-0.110	0.064
Depression vs. no	0.090	1.318	0.004	0.945
DWI hyperintensity volume, ml	-0.080	0.051	-0.137	0.117
Cerebral lobe infarction vs. no	1.335	1.715	0.095	0.437
Cerebral white matter infarction vs. no	2.149	1.267	0.145	0.091
Striatocapsule infarction vs. no	1.618	1.447	0.139	0.264
Thalamus infarction vs. no	-1.150	1.584	-0.042	0.469
Cerebellum infarction vs. no	0.005	2.066	0.000	0.998
Delirium vs. no	1.489	1.328	0.063	0.263
Hemorrhagic transformation vs. no	0.937	2.037	0.032	0.646
Recurrent acute ischemic stroke vs. no	-3.299	2.390	-0.079	0.169
TICS-40 at baseline	-0.258	0.084	-0.181	0.002
Serum NfL concentrations, pg/ml	-0.066	0.012	-0.310	<0.001

Dependent variable: cognitive decline as change of TICS-40 scores during follow-up (TICS-40 at baseline – TICS-40 at endpoint).

especially functions of the right upper arm. Furthermore, we only included patients aged over 60 years in order to investigate the cognitive change during the 1-year follow-up period, which is actually not long enough for assessment of cognitive change. Indeed among the 304 included subjects, 49 subjects (16.11%) developed OCI during follow-up, which is a relatively a lower prevalence in comparison with reports from previous studies (Van Rijsbergen et al., 2014).

We found in this study that circulating NfL levels were predictive for a longitudinal cognitive decline through three regression models. The first model fitted cognitive decline during follow-up as the dependent variable and found that increased serum NfL levels were associated with a higher risk of OCI. Furthermore, the linear regression models found that lower TICS-40 scores at baseline and higher serum NfL levels were associated with a worse cognitive performance at endpoint and a larger decrease of TICS-40 scores during follow-up. This study failed to figure out the association of other factors, including age and vascular risk factors such as hypertension or diabetes mellitus, with the longitudinal cognitive decline post-stroke, which is not consistent with previous

studies (Jessen et al., 2020; Lee et al., 2020; Liew, 2020). This phenomenon might be attributed to the fact that the subjects in this study had relatively old age and that the follow-up period is not long enough for the observation of the contribution of these factors to cognitive decline. NfL is released from damaged neurons after acute or chronic neuronal injury conditions. It is not clear yet why circulating NfL were still in an increased level, as compared to that in healthy subjects, in AIS recovering stage, during which damaged neurons may have been wiped out. Interestingly, it is suggested that neuronal damage due to chronic inflammation may persist in a very long period after AIS onset (Martin et al., 2018). This could, to some extent, explain the increased NfL levels during the recovery stage of AIS and that increased NfL in this stage could predict long-term cognitive decline.

This study has some limitations. First, no control cohort with SCI but without AIS was included. Therefore, we could not compare the circulating NfL levels between post-stroke SCI subjects and SCI patients without AIS. Second, we could not deny that, for an observational study, the sample size is relatively small; thus, there are some inconsistencies with previous studies, as discussed above. Third, the patients were only followed up for once, thus the dynamic change of NfL during follow-up was not investigated. However, this study identified a potential prognostic biomarker for longitudinal cognitive decline in patients with post-stroke SCI. Patients with increased circulating NfL levels after stroke should be intensively monitored for delayed cognitive decline.

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DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author/s.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by Investigational Review Board of the Sichuan Provincial People's Hospital and Ya'an People's Hospital. The patients/participants provided their written informed consent to participate in this study.

AUTHOR CONTRIBUTIONS

JW and J-HW designed the study and drafted the manuscript. F-QG and FW collected the samples and patients' information. SY and N-WY participated in the determination of NfL. BZ conducted the statistical analysis. All authors contributed to the article and approved the submitted version.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Temporal Ordering of Inflammatory Analytes sTNFR2 and sTREM2 in Relation to Alzheimer's Disease Biomarkers and Clinical Outcomes

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Inflammatory changes are among the key markers of Alzheimer's disease (AD) related pathological changes. Pro-inflammatory analytes have been related to cognitive decline while others have been related to attenuating neuronal death. Among them, changes in cerebrospinal fluid (CSF) levels of soluble triggering receptor expressed on myeloid cells 2 (sTREM2) and soluble tumor necrosis factor receptor 2 (sTNFR2) have been described as impacting favorable clinical outcomes in AD. We therefore evaluate the effect of CSF sTREM2 and sTNFR2 when taken together on AD biomarkers and longitudinal clinical decline to understand their relative role on impacting AD clinical biomarkers and subsequent clinical outcomes. This longitudinal observational cohort study included 168 amyloid-positive (A+) and p-tau-positive (T+) participants with mild cognitive impairment (MCI) or AD dementia from the Alzheimer's Disease Neuroimaging Initiative (ADNI) with 109 of them having concomitant CSF sTREM2 and sTNFR2 data and 48 A+ T+ participants with MCI from a tertiary memory clinic cohort. An exploratory analysis was performed using data from 86 cognitively normal (CN) participants from ADNI with 72 of them having concomitant CSF AD biomarkers and CSF sTREM2 and sTNFR2 data. General linear models were used to evaluate the effect of sTREM2 and sTNFR2 levels on baseline CSF A β 42, t-tau, and p-tau, and a linear mixed-effects model was used to assess longitudinal cognitive change after controlling for well-known covariates. Among ADNI A+ T+ MCI and AD dementia participants, CSF sTNFR2 had a stronger association, than CSF sTREM2, with CSF t-tau and p-tau. This was replicated among A+ T+ MCI participants from the memory clinic cohort. On the contrary, among A+ T+ CN participants, CSF sTREM2 explained significant variance in CSF t-tau and p-tau, while CSF sTNFR2 did not. When the effects of CSF sTNFR2 and t-tau on longitudinal cognitive change were taken into account, higher CSF sTREM2 predicted slower cognitive decline in A+ T+ AD dementia participants and faster decline in A+ T+ CN participants. Our results show that given the dynamic changes in sTREM2 and sTNFR2, the clinical impact of these distinct inflammation related biomarkers in tracking AD temporal progression across disease stages are likely to differ.

Keywords: Alzheimer's disease, soluble TREM2, soluble TNFR2, inflammation, MCI, dementia, preclinical AD, ATN classification

BACKGROUND

Genome-wide association studies in Alzheimer's disease (AD) have noted multiple susceptibility loci for late-onset AD related to the innate immune system (Lambert et al., 2013; Van Cauwenbergh et al., 2016). Among these susceptibility loci, the presence of the gene encoding the triggering receptor expressed on myeloid cells 2 (*TREM2*) has been reported to increase the risk of AD development by 2–3-fold (Guerreiro et al., 2013; Jonsson et al., 2013). *TREM2* promotes anti-inflammatory cytokine expression, reduces pro-inflammatory cytokine release, and is involved in osteoclast development and the activation of brain microglia and monocyte-derived dendritic cells (Carmona et al., 2018). *TREM2* is also thought to enhance the rate of phagocytosis and to modulate inflammatory signaling (Gratuze et al., 2018).

These results, amongst animal and *in vitro* models, have prompted researchers to evaluate how *TREM2* may mediate clinical outcomes of interest in AD. However, the results of these studies have been more nuanced with regard to *TREM2*'s effects in clinical AD. For instance, network analysis of post-mortem AD brain gene expression with the highest connectivity to *TREM2* revealed both anti- and pro-inflammatory gene clusters (Forabosco et al., 2013). Clinical reports regarding cerebrospinal fluid (CSF) levels of sTREM2, a soluble *TREM2* protein fragment produced by the cleavage of *TREM2*, have demonstrated varying levels of this protein in the different stages of AD (Wunderlich et al., 2013). Although most studies have shown that CSF sTREM2 is increased in the presence of AD biomarkers, the results are somewhat inconsistent regarding sTREM2 levels in amyloid-positive (A+) and tau-positive (T+) cognitively normal (CN) individuals (Ewers et al., 2019; Suárez-Calvet et al., 2019), patients with mild cognitive impairment (MCI) (Gispert et al., 2016b; Henjum et al., 2016; Suárez-Calvet et al., 2016b, 2019; Ewers et al., 2019; Knapskog et al., 2020), and those with AD dementia (Gispert et al., 2016b; Piccio et al., 2016; Suárez-Calvet et al., 2016b, 2019). Some studies have demonstrated no differences in sTREM2 levels across the AD spectrum (Gispert et al., 2016a; Henjum et al., 2016; Knapskog et al., 2020), whereas other research has demonstrated decreased levels of sTREM2 in patients with AD dementia, perhaps partially reflecting the variability in clinical symptoms even within the same stage of AD (Kleinberger et al., 2014; Bekris et al., 2018). However, other studies have found that CSF sTREM2 has a dynamic response in the tracking of AD progression (Suárez-Calvet et al., 2016c, 2019; Ma et al., 2020), and a study in patients with MCI or AD dementia who had A+ and T+ biomarkers found that higher concentrations of sTREM2 in CSF were associated with reduced memory decline, lower CSF p-tau levels, and hippocampal shrinkage (Ewers et al., 2019).

A variety of other inflammatory analytes in the CSF are altered in both pre-symptomatic (Janelidze et al., 2018) and subsequent clinical stages of AD (Pillai et al., 2019b). While pro-inflammatory analyte levels in the CSF have been noted to predict AD disease progression (Pillai et al., 2020), other inflammatory markers have been reported to attenuate neuronal death and affect clinical outcomes favorably in AD including

sTREM2 (Ewers et al., 2019; Chen et al., 2020; Franzmeier et al., 2020). Recently, our group found that the inflammatory gene, *TNFRSF1B* and related soluble tumor necrosis factor receptor 2 (sTNFR2) CSF levels also relate to favorable clinical outcomes in AD (Pillai et al., 2021). TNFR2 is thought to promote downstream antiapoptotic responses and to play a protective role against neurodegeneration (Fischer et al., 2011; Dong et al., 2016). The effect of *TREM2* levels on AD biomarkers and clinical outcomes has garnered significant interest as detailed earlier but there are limited studies of the effects of TNFR2 on AD biomarkers and on clinical outcomes in different stages of AD.

The potential interaction between *TNFRSF1B* and *TREM2* has also been the focus of recent research in animal models. In a study of *TNFRSF1B* conditional knockout mice, lack of TNFR2 activation was found to impair constitutive expression and transcriptional regulation of *TREM2* by soluble TNF (Gao et al., 2017). These findings suggest a complex interplay across the inflammation-related pathways underlying neurodegeneration, making clinical studies of this subject challenging but critical. Elucidating the relationship between sTREM2 and sTNFR2 and the effect of these analytes on AD biomarkers and patient outcomes could help us to make more effective use of these analytes as clinical biomarkers, as well as develop therapeutic strategies that target these inflammation-related pathways.

We therefore sought to evaluate CSF sTREM2 and CSF sTNFR2 levels across the continuum of AD, and to determine the relationship between these analyte levels and AD CSF biomarkers and longitudinal cognitive outcomes. We used data from the Alzheimer's Disease Neuroimaging Initiative (ADNI) research cohort to test whether CSF sTREM2 levels correlate with sTNFR2 among MCI and dementia subjects classified as AD, aggregated A β (A+) and aggregated tau (T+), according to the National Institute on Aging and Alzheimer's Association (NIA-AA) AT(N) framework (Jack et al., 2018) and whether CSF sTREM2 levels independent of sTNFR2 levels are associated with the AD biomarkers CSF A β 42, t-tau, and p-tau. We evaluated the reliability of these results in ADNI by assessing the same variables among A+ T+ MCI participants being treated at a memory clinic. We also sought to evaluate whether CSF sTREM2 levels, independent of sTNFR2, are associated with favorable clinical outcomes in AD. Based on previous reports (Ewers et al., 2019; Franzmeier et al., 2020), we hypothesized that higher concentrations of sTREM2 in CSF would be associated with slower rates of cognitive decline in both the A+ T+ MCI and A+ T+ dementia stages of AD. Finally, we explored the consistency of these results in a smaller cohort of cognitively normal (CN) individuals from the ADNI cohort who met A- T-, A- T+, A+ T-, or A+ T+ criteria.

MATERIALS AND METHODS

Study Cohort: ADNI

The ADNI is a longitudinal multicenter study designed to develop clinical, imaging, genetic, and biochemical biomarkers for the early detection and tracking of AD. ADNI was launched by the National Institute of Aging with additional support from private pharmaceutical companies and non-profit organizations.

The eligibility criteria for the first phase of the ADNI study are described in the ADNI1 protocol (<http://adni.loni.usc.edu/methods/documents/>). Briefly, eligible participants were aged 55–90 years, had an informant able to provide an independent evaluation of functioning, and spoke either English or Spanish. Participants had completed at least 6 years of education (or had a work history sufficient to exclude intellectual disability). For clinical staging, the categories of CN, MCI, and AD dementia were used (Jack et al., 2011, 2018).

Details regarding the Elecsys method used to measure AD biomarkers in the ADNI cohort are described elsewhere (Shaw et al., 2019). Following the ATN criteria, amyloid deposition (A+) was defined as abnormal values of CSF A β 1–42, and tau pathology (T+) was defined as abnormal values of CSF p-tau181 (Jack et al., 2017, 2018). Based on previously published cut points in the ADNI sample (Ewers et al., 2019), the criterion for A+ was defined as A β 1–42 < 976.6 pg/mL; the criterion for T+ was defined as p-tau181 > 21.8 pg/mL. A total of 109 participants in ADNI (MCI, $n = 67$; AD dementia, $n = 42$) met the A+ T+ criteria at baseline and had data on CSF sTNFR2 and CSF sTREM2 (Table 1).

CSF sTNFR2 Levels and CSF sTREM2 Levels in ADNI

In ADNI, levels of sTNFR2 are measured in CSF samples using the RBM DiscoveryMAP[®] v.1.0 panel, which uses a Luminex platform (Myriad Genetics; Salt Lake City, UT). The CSF multiplex data used in this analysis were cleaned and quality controlled based on methodology described in the statistical analysis of the Biomarkers Consortium data primer¹.

The CSF sTREM2 assay used in ADNI is based on the Meso Scale Diagnostics platform and has been described previously (Suárez-Calvet et al., 2016b; Ewers et al., 2019). The CSF sTREM2 values used in this study were corrected based on the values of the four internal standards that were loaded on all plates (variable “MSD_sTREM2CORRECTED” in the ADNI database). Further details regarding the CSF sTREM2 measurements in the ADNI samples, as well as the original data, are available at <https://ida.loni.usc.edu>.

Cognitive and Functional Measures

The Mini-Mental State Exam (MMSE) (Folstein et al., 1975) and Clinical Dementia Rating–Sum of Boxes (CDR-SB) (Morris, 1993) were used to characterize the degree of baseline cognitive and functional deficits. CDR-SB scores were also evaluated longitudinally to assess cognitive change from baseline.

Study Cohort: Replication Memory Clinic

A cross-sectional replication cohort was created, including 48 participants in the MCI stage of AD (MCI-AD) who were recruited from a specialized memory clinic at Cleveland Clinic (Lou Ruvo Center for Brain Health, Cleveland site). Recruitment details have been described previously (Pillai et al., 2019b, 2020). In brief, consent was obtained from participants to include their CSF, plasma, and DNA samples in the Lou Ruvo Center for Brain

Health Aging and Neurodegeneration Biobank (CBH-Biobank), following approval by the local Institutional Review Board.

In these participants, the diagnosis of MCI-AD was confirmed by the presence of CSF A β 42 and p-tau levels consistent with a diagnosis of AD as the primary etiology; the diagnosis was also confirmed by two neurologists (JP, JL) using published criteria (A+ T+) (Albert et al., 2011). A commercially available test (ADmark[®] Alzheimer's Evaluation, Athena Diagnostics; Marlborough, MA) was used to measure CSF levels of A β 42, t-tau, and p-tau. The ADmark[®] Alzheimer's evaluation uses sandwich Enzyme Linked Immunosorbant Assay (ELISA) kits [Innotest β -amyloid[1–42], Innotest hTAU-Ag, Innotest Phospho-Tau[181P], Innogenetics, Ghent, Belgium]. All participants met the cutoff of A β 42 \leq 530 pg/mL, which is consistent with A+ status on the Amyvid TM (Florbetapir F 18 Injection; Eli Lilly and Company; Indianapolis, IN) positron emission tomography used at our center. Participants also met the diagnostic threshold for p-tau per the ADmark test, \geq 60 pg/mL consistent with a T+ status. APOE status was determined through assessment of blood samples (10 ng per patient) dispensed into 96-well plates for TaqMan (Thermo Fisher Scientific, Waltham, MA) allelic discrimination detection of single nucleotide polymorphisms that discriminate the APOE alleles (*rs429358*, *rs7412*). Polymerase chain reaction (PCR) was performed using a 9700 Gene Amp PCR system (Applied Biosystems, Waltham, MA) and an end-point read in a 7500 Real-Time PCR system (Applied Biosystems).

CSF sTNFR2 and sTREM2 Levels in the Replication Memory Clinic

Details regarding CSF sampling for sTNFR2 have been published previously (Pillai et al., 2021). In brief, CSF was collected and analyzed by an independent laboratory via the validated RBM Multi-Analyte Profile (MAP) platform from Myriad Genetics. The RBM HumanMAP[®] v.2.0 used in the replication cohort is a subset of the RBM DiscoveryMAP[®] v.1.0 used in ADNI with the same quality control and thresholding process. The least detectable dose of sTNFR2 was 0.0017 ng/L. Samples were frozen within 15 min of collection, were processed at -70°C (in dry ice), and were continuously maintained at -80°C (in a maximum non-frost-free-type refrigerator). The samples were shipped frozen in a Styrofoam container with sufficient dry ice to maintain the temperature below -70°C for at least 48 h. Samples therefore underwent a single freeze-thaw cycle before analysis.

The CSF sTREM2 assay used in the Bekris lab has been described previously (Bekris et al., 2018). In brief, CSF sTREM2 levels were measured using a Luminex 200 3.1 xPONENT System (EMD Millipore; Chicago, IL) and a custom-designed detection method to capture sTREM2. With this method, a capture antibody bound to MagPlex beads binds sTREM2 (R&D #MAB1828 human TREM2 antibody monoclonal mouse IgG2B Clone #263602; Immunogen His19-Ser174), and a biotinylated antibody with a SAPE conjugate is then used for detection (R&D: #BAF1828; human TREM2 biotinylated antibody; antigen affinity-purified polyclonal goat IgG; Immunogen His19-Ser174).

¹Biomarkers Consortium Project. Use of Targeted Multiplex Proteomic Strategies to Identify Novel Cerebrospinal Fluid (CSF) Biomarkers in Alzheimer's Disease (AD). Data Primer. Version 28 Dec 2011.

TABLE 1 | Demographics of participants from the Alzheimer's Disease Neuroimaging Initiative (ADNI) and replication memory clinic cohorts (participants meeting A+ T+ criteria and concomitant sTREM2 and sTNFR2 data).

Demographic variable	ADNI MCI cohort (<i>n</i> = 67)	ADNI AD dementia cohort (<i>n</i> = 42)	Replication MCI memory clinic cohort (<i>n</i> = 48)	<i>P</i> -value ^a
	Mean (SD)	Mean (SD)	Mean (SD)	
Age, y	74.06 (6.99) ¹	74.16 (7.87) ²	68.10 (7.3) ^{1,2}	<0.0001
Sex (% female)	41.8%	47.6%	41.7%	0.49
<i>APOE</i> ε4 (%)	71.6%	80.9%	77.1%	<0.0001
Patient education, y	15.75 (3.01)	15.17 (3.02)	15.37 (2.87)	0.58
Baseline MMSE score	26.75 (1.76) ^{3,4}	23.45 (2.00) ^{3,5}	24.8 (3.1) ^{4,5}	<0.0001
Baseline CDR-SB score	1.59 (0.9) ^{6,7}	4.22 (1.51) ^{6,8}	2.17 (1.2) ^{7,8}	<0.0001
Log ₂ CSF Aβ42 ^b	9.21 (0.39)	9.06 (0.45)	8.12 (0.55)	
Log ₂ CSF t-tau ^b	8.48 (0.38)	8.50 (0.40)	8.93 (0.92)	
Log ₂ CSF p-tau ^b	5.17 (0.43)	5.19 (0.45)	6.27 (0.67)	
Log ₂ CSF sTREM2	12.0 (0.69) ⁹	12.0 (0.66) ¹⁰	10.26 (0.75) ^{9,10}	<0.0001
Log ₂ CSF sTNFR2	−0.12 (0.15) ¹¹	−0.11 (0.15) ¹²	1.15 (0.45) ^{11,12}	<0.0001
Years of follow up	5.0 (2.5)	3.0 (0.58)	— ^d	<0.0001

AD, Alzheimer's disease; CDR-SB, Clinical Dementia Rating–Sum of Boxes; MCI, mild cognitive impairment; MMSE, Mini-Mental State Exam; SD, standard deviation; sTNFR2, soluble tumor necrosis factor receptor 2; sTREM2, soluble triggering receptor expressed on myeloid cells 2. ^a*P*-values from ANOVA for continuous variables and from χ^2 tests for categorical variables. ^bCSF Aβ, t-tau, and p-tau levels measured in ADNI by Elecsys method and in replication cohort by INNOTEST ELISA. ^c*n* = 42. ^donly baseline data analyzed. Tukey HSD Post-hoc test: ¹ADNI AD MCI vs. Replication AD MCI: Diff = −5.9600, *p* = 0.0001. ²ADNI AD dementia vs. Replication AD MCI: Diff = −6.0600, *p* = 0.0004. ³ADNI AD MCI vs. ADNI AD dementia: Diff = −3.3000, *p* < 0.0001. ⁴ADNI AD MCI vs. Replication AD MCI: Diff = −1.9500, *p* ≤ 0.0001. ⁵ADNI AD dementia vs. Replication AD MCI: Diff = 1.3500, *p* = 0.017. ⁶ADNI AD MCI vs. ADNI AD dementia: Diff = 2.6300, *p* < 0.0001. ⁷ADNI AD MCI vs. Replication AD MCI: Diff = 0.5800, *p* = 0.027. ⁸ADNI AD dementia vs. Replication AD MCI: Diff = 2.0500, *p* = 0.00001. ⁹ADNI AD MCI vs. Replication AD MCI: Diff = −1.7400, *p* < 0.0001. ¹⁰ADNI AD dementia vs. Replication AD MCI: Diff = −1.7400, *p* < 0.0001. ¹¹ADNI AD MCI vs. Replication AD MCI: Diff = 1.2700, *p* < 0.0001. ¹²ADNI AD dementia vs. Replication AD MCI: Diff = 1.2600, *p* < 0.0001.

Cognitive and Functional Measures

As in the ADNI cohort, the MMSE and CDR-SB were used to characterize the degree of baseline cognitive and functional deficits in the replication memory clinic cohort. CDR-SB scores were also evaluated longitudinally to assess cognitive change from baseline.

Exploratory Analysis in ADNI CN Participants

CN participants as defined in the ADNIMERGE dataset (downloaded on May 6, 2020) with concomitant data on CSF sTREM2 and CSF sTNFR were included in the exploratory analysis (*n* = 72). Again following the ATN criteria, amyloid deposition (A+) was defined as an abnormal value of CSF Aβ1–42, and tau pathology (T+) was defined as an abnormal value of CSF p-tau181 (Shaw et al., 2019). The cutoff points were as described earlier for the MCI and AD dementia groups (Jack et al., 2017). At baseline, 35 CN participants with sTREM2 and sTNFR2 data were A− T−, 14 were A+ T+, 11 were A+ T−, and 12 were A− T+ (Supplementary Table 1).

Additionally, a sensitivity analysis to evaluate the robustness of results was repeated among participants that had data on CSF sTREM2 (including those lacking concomitant CSF sTNFR2 data) and AD biomarkers (A+T+ MCI, *n* = 111, A = T+ AD dementia, *n* = 57) (Supplementary Table 11) and 86 cognitively normal participants with CSF sTREM2 values (including those lacking concomitant sTNFR2 data) (Supplementary Table 12).

Statistical Analysis

A log (base 2) transformation allowed Pearson correlations to be fit for exploratory univariate analyses for all analytes, and the levels described are therefore dimensionless. Normality of biomarkers was evaluated using Shapiro-Wilk tests and graphical methods. Pearson estimates of correlation and *P*-values were calculated for sTREM2, sTNFR2, and AD biomarkers. All tests were two-tailed, with the significance level set at 0.05. Sensitivity analyses were completed to assess the robustness of the effects, and collinearity between sTNFR2 and sTREM2 was assessed for the dependent variables t-tau, p-tau, and Aβ42. IBM SPSS Statistics for Windows, version 22.0 (Armonk, NY), and R Core Team RStudio (version 1.2.5042) were used for all analyses.

Model 1

To evaluate the effect of sTREM2 and sTNFR2 individually, multivariate general linear models were used to assess the effect of baseline CSF sTREM2 or sTNFR2 on CSF t-tau, p-tau, and Aβ42 levels (dependent variable) after controlling for well-known covariates of age, sex, education years, and *APOE*ε4 status. Effect size was calculated using partial η^2 . F-test for lack-of-fit and residual plots were used to assess the model linearity and fit.

Model 2

To evaluate the effect of sTREM2 and sTNFR2 together, multivariate general linear models were used to assess the effect of baseline CSF sTREM2 plus sTNFR2 on CSF t-tau, p-tau, and Aβ42 levels (dependent variable) after controlling for well-known covariates of age, sex, education years, and *APOE*ε4

status. The interaction between CSF sTREM2 and sTNFR2 on the AD biomarkers was also assessed for significance. Effect size was calculated using partial η^2 . F-test for lack-of-fit and residual plots were used to assess the model linearity and fit.

Model 3

This analysis was performed only for the ADNI cohort, as the replication memory clinic cohort had a maximum follow-up period of only 15 months. To assess whether the effect of baseline sTNFR2 and sTREM2 on future cognitive decline was dependent or independent of the effect on AD biomarker CSF t-tau, linear mixed-effects regression models were applied to the MCI and AD dementia A+ T+ groups. CDR-SB at each visit was the dependent variable. The fixed main effects for sTREM2, sTNFR2, t-tau, and visit number, as well as the interactions between each biomarker and visit number, were evaluated. A random intercept for each patient was included in all models. The visit number was defined as the follow-up duration of the neuropsychological testing in years (with baseline set at zero). Covariates of age, sex, years of education, *APOE* ϵ 4 status, and CSF A β 42 were controlled for in each analysis. In addition, 95% confidence intervals (CIs) and Benjamini-Hochberg adjusted false discovery rate (FDR) *P*-values were calculated. Higher order interactions between sTREM2 and sTNFR2 together on longitudinal clinical outcomes were not assessed given challenges in interpretation. A sensitivity analysis was next conducted with and without the covariates and using p-tau instead of t-tau (given the concern for collinearity with both CSF t-tau and p-tau in the model) to evaluate the reliability of these results. Additionally Model 3 (without sTNFR2) results were corroborated in a sensitivity analysis among a larger number of ADNI participants with sTREM2 data alone (demographics in **Supplementary Tables 11, 12**).

Data Availability

The ADNI data analyzed are available in the ADNI repository, <http://adni.loni.usc.edu/>.

RESULTS

Demographic details of participants from the ADNI cohort (A+ T+) and the memory clinic replication cohort are presented in **Table 1**. The above two cohorts differed in age, and *APOE* ϵ 4 status, in addition to biomarker variables and baseline cognitive scores. Between A+T+ CN, MCI and dementia groups in ADNI, only CSF A β levels differed between them ($F = 3.91$, $p = 0.023$) but not CSF t-tau, p-tau, sTREM2 and sTNFR2 analytes (**Supplementary Figure 1**).

ADNI and Replication Memory Clinic Cohorts

Among the MCI and AD dementia A+ T+ participants in the ADNI cohort, univariate analysis demonstrated that sTNFR2 and sTREM2 were significantly correlated with each other and with CSF t-tau and p-tau but not with A β 42. This significant positive correlation between sTNFR2 and sTREM2 was replicated in the memory clinic participants with MCI, but only the sTNFR2

positive correlation with CSF t-tau and p-tau met the significance threshold (**Table 2**).

Models 1 and 2

For ADNI MCI A+ T+ participants, both sTNFR2 and sTREM2 significantly predicted CSF p-tau and t-tau levels but not A β 42 level (Model 1). The effect sizes were higher for sTNFR2 than for sTREM2. In Model 2, only sTNFR2 significantly predicted CSF p-tau and t-tau levels (**Figure 1, Table 3**). For ADNI AD dementia A+ T+ participants, sTNFR2 significantly predicted CSF t-tau levels but not CSF p-tau or A β 42 levels (Model 1). In Model 2, both analytes failed to meet significance (**Figure 1, Table 4**). sTREM2, sTNFR2 interactions on AD biomarker outcomes were checked and were found to be non-significant for both MCI and dementia A+ T+ participants and were removed from model fits.

Among participants in the replication memory clinic cohort, sTNFR2 (but not sTREM2) significantly predicted CSF p-tau and t-tau levels but not CSF A β 42 level (Model 1). In Model 2, only sTNFR2 significantly predicted CSF p-tau and t-tau levels (**Figure 1, Table 5**). sTREM2, sTNFR2 interactions on AD biomarker outcomes in the replication cohort were again non-significant.

Model 3

In ADNI MCI A+ T+ participants, neither CSF sTREM2 nor sTNFR2 levels predicted future cognitive decline on CDR-SB when taking into account CSF p-tau or t-tau levels (**Figure 2, Table 6**). In a sensitivity analysis with larger number of participants with sTREM2 and AD biomarkers alone, the above results were again corroborated (**Supplementary Table 13**).

In ADNI AD dementia A+ T+ participants, higher CSF sTREM2 predicted lower future cognitive decline on CDR-SB independent of CSF t-tau levels. With every doubling of CSF sTREM2 levels, the longitudinal change in CDR-SB decreased by 1.3 points ($\beta = -1.33$, $df = 115.2$, $t = -2.27$, $P = 0.006$, $FDR = 0.048$) (**Figure 2, Table 7**). In a sensitivity analysis using p-tau instead of t-tau, the same directional trend was observed ($\beta = -1.28$, $df = 114.7$, $t = -2.69$, $P = 0.008$, $FDR = 0.064$). On further evaluating the robustness of this effect among a larger number of participants with sTREM2 and AD biomarkers alone, the significance and directionality of the results were again corroborated (**Supplementary Table 14**).

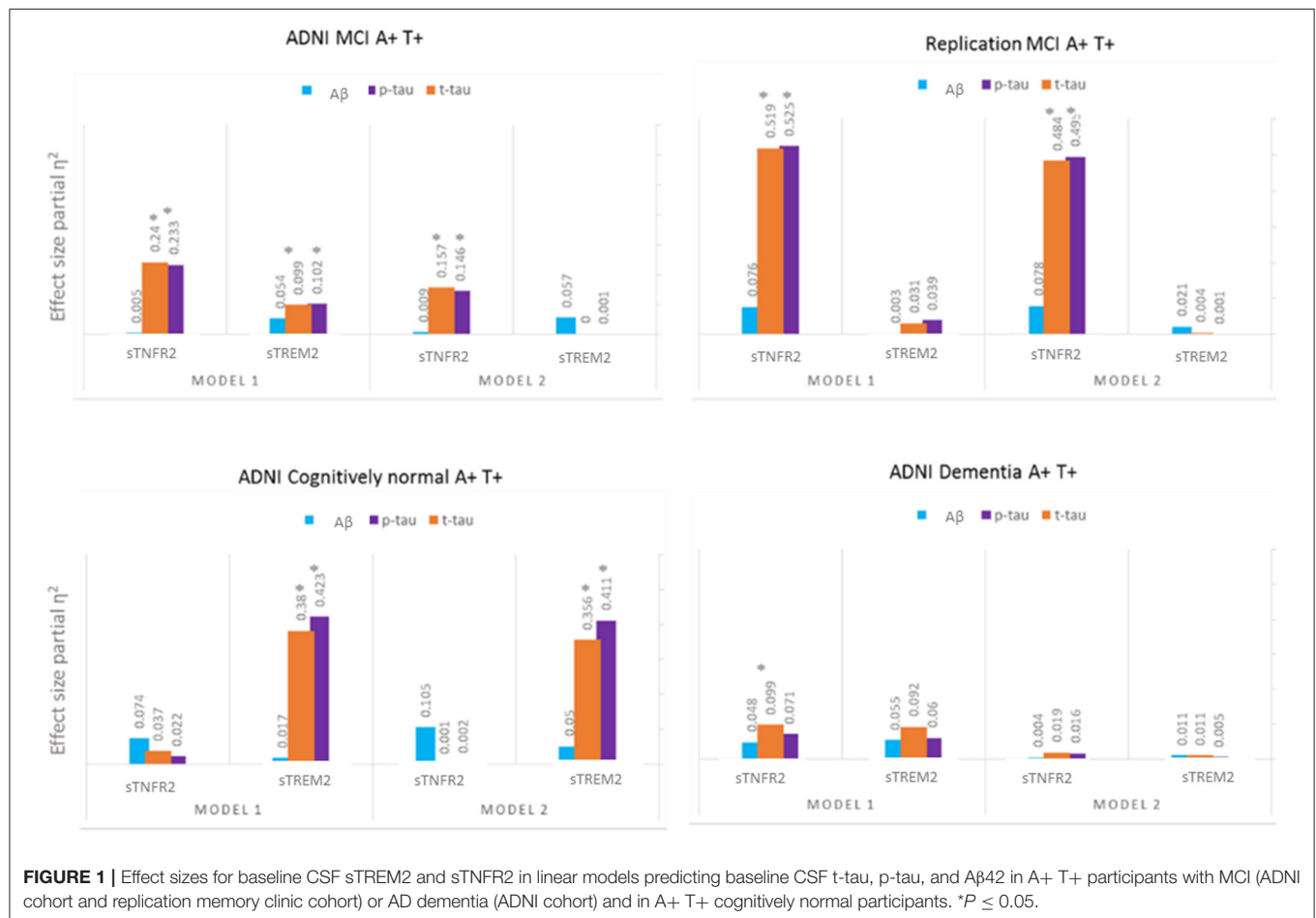
Exploratory Analysis in ADNI CN Participants

For all ADNI CN participants, all A and T groups combined, sTNFR2 and sTREM2 were correlated ($\rho = 0.487$, $p < 0.0001$). In the A- T- subgroup, sTNFR2 and sTREM2 were modestly correlated with each other ($\rho = 0.35$, $p = 0.036$) and each analyte was significantly related to CSF t-tau (sTNFR2 $\rho = 0.38$, $p = 0.023$ and sTREM2 $\rho = 0.35$, $p = 0.034$). In the A+ T+, A+ T-, and A- T+ subgroups, sTNFR2 and sTREM2 were not significantly correlated with each other. Only sTREM2 was correlated with CSF t-tau and p-tau in the A+ T+ subgroup, whereas only sTNFR2 was significantly correlated with CSF t-tau and p-tau in the A- T+ subgroup (**Supplementary Table 2**).

TABLE 2 | Pearson correlations between sTNFR2/sTREM2 and A β 42, t-tau, and p-tau for participants from the Alzheimer's Disease Neuroimaging Initiative (ADNI) and replication memory clinic cohorts (participants meeting A+ T+ criteria, includes those with concomitant sTREM2 and sTNFR2 data).

Cohort	Analyte	Log ₂ sTREM2	Log ₂ sTNFR2	Log ₂ A β 42	Log ₂ t-tau	Log ₂ p-tau
		Correlation (P-value)	Correlation (P-value)	Correlation (P-value)	Correlation (P-value)	Correlation (P-value)
ADNI MCI (n = 67)	sTREM2	1	0.67 (<0.0001)**	0.23 (0.059)	0.31 (0.01)**	0.31 (0.008)**
	sTNFR2	0.61 (<0.0001)**	1	0.072 (0.56)	0.49 (<0.0001)**	0.48 (<0.0001)**
ADNI AD dementia (n = 42)	sTREM2	1	0.75 (<0.0001)**	0.23 (0.13)	0.30 (0.052)	0.24 (0.11)
	sTNFR2	0.75 (<0.0001)**	1	0.21 (0.16)	0.31 (0.042)*	0.26 (0.088)
Replication memory clinic (n = 48)	sTREM2 ^a	1	0.31 (0.042)*	0.058 (0.71)	0.17 (0.25)	0.19 (0.20)
	sTNFR2	0.31 (0.042)*	1	0.27 (0.058)	0.72 (<0.0001)*	0.72 (<0.0001)*

AD, Alzheimer's disease; MCI, mild cognitive impairment; sTNFR 2, soluble tumor necrosis factor receptor 2; sTREM2, soluble triggering receptor expressed on myeloid cells 2. ^an = 43. *P ≤ 0.05. **P ≤ 0.01 and False Discovery Rate, p = 0.05.



Models 1 and 2

Among A+ T+ CN participants, only sTREM2 predicted CSF t-tau and p-tau levels but not CSF A β 42 level (Model 1). In Model 2, sTREM2 again significantly predicted CSF p-tau and t-tau levels (Figure 3, Supplementary Table 3). sTREM2 and sTNFR2

interaction on AD biomarker outcomes among A+ T+ CN participants were again non-significant.

Among A+ T- CN participants, neither analyte significantly predicted CSF p-tau and t-tau levels (Figure 3, Supplementary Table 4).

TABLE 3 | Key results of the general linear model with CSF A β 42, t-tau, and p-tau as the dependent variables and covariates: age, sex, education, APOE ϵ 4 status, among participants from the Alzheimer's Disease Neuroimaging Initiative cohort with mild cognitive impairment (participants meeting A+ T+ criteria).

Model 1: Main effects: CSF sTNFR2 OR sTREM2								
Main effect	Dependent variable	Type III sum of squares	df	Mean square	F	P-value	R ²	Partial eta squared
sTNFR2	A β 42	0.083	1.65	0.054	0.342	0.561	0.005	0.005
	t-tau	2.395	1.65	2.395	20.538	<0.0001**	0.24	0.24
	p-tau	2.858	1.65	2.858	19.711	<0.0001**	0.233	0.233
sTREM2	A β 42	0.553	1.65	0.553	3.698	0.059	0.054	0.054
	t-tau	0.986	1.65	0.986	7.13	0.01**	0.099	0.099
	p-tau	1.252	1.65	1.252	7.374	0.008**	0.102	0.102
Model 2: Main effects: CSF sTNFR2 AND sTREM2								
sTNFR2	A β 42	0.083	1.64	0.083	0.549	0.461	0.062	0.009
	t-tau	1.411	1.64	1.411	11.921	0.001**	0.24	0.157
	p-tau	1.616	1.64	1.616	10.985	0.002**	0.233	0.146
sTREM2	A β 42	0.582	1.64	0.582	3.864	0.054	0.062	0.057
	t-tau	0.002	1.64	0.002	0.021	0.886	0.24	0
	p-tau	0.009	1.64	0.009	0.064	0.801	0.233	0.001

CSF, cerebrospinal fluid; df, degrees of freedom; sTNFR 2, soluble tumor necrosis factor receptor 2; sTREM2, soluble triggering receptor expressed on myeloid cells 2. * $P \leq 0.05$. **FDR ≤ 0.05 .

TABLE 4 | Key results of the general linear model with CSF A β 42, t-tau, and p-tau as the dependent variables and covariates: age, sex, education, APOE ϵ 4 status, among participants from the Alzheimer's Disease Neuroimaging Initiative cohort with Alzheimer's disease dementia (participants meeting A+ T+ criteria).

Model 1: Main effects: CSF sTNFR2 OR sTREM2								
Main effect	Dependent variable	Type III sum of squares	df	Mean square	F	P-value	R ²	Partial eta squared
sTNFR2	A β 42	0.404	1.40	0.404	2.003	0.165	0.048	0.048
	t-tau	0.65	1.40	0.65	4.408	0.042*	0.099	0.099
	p-tau	0.586	1.40	0.586	3.051	0.088	0.071	0.071
sTREM2	A β 42	0.462	1.40	0.462	2.307	0.137	0.055	0.055
	t-tau	0.599	1.40	0.599	4.029	0.052	0.092	0.092
	p-tau	0.498	1.40	0.498	2.563	0.117	0.06	0.06
Model 2: Main effects: CSF sTNFR2 AND sTREM2								
sTNFR2	A β 42	0.035	1.39	0.035	0.17	0.682	0.059	0.004
	t-tau	0.114	1.39	0.114	0.763	0.388	0.109	0.019
	p-tau	0.126	1.39	0.126	0.642	0.428	0.075	0.016
sTREM2	A β 42	0.093	1.39	0.093	0.453	0.505	0.059	0.011
	t-tau	0.063	1.39	0.063	0.424	0.519	1.09	0.011
	p-tau	0.038	1.39	0.038	0.193	0.663	0.075	0.005

CSF, cerebrospinal fluid; df, degrees of freedom; sTNFR 2, soluble tumor necrosis factor receptor 2; sTREM2, soluble triggering receptor expressed on myeloid cells 2. * $P \leq 0.05$. **FDR ≤ 0.05 .

Among A- T+ CN participants, sTNFR2 predicted t-tau and p-tau levels (Model 1). In Model 2, sTNFR2 significantly predicted CSF t-tau and A β 42 levels (**Figure 3**, **Supplementary Table 5**).

Among A- T- CN participants alone, the interaction of sTNFR2 and sTREM2 was significant on t-tau and p-tau levels (Model 1) (**Supplementary Table 6**).

Model 3

Among all CN participants combined, neither sTNFR2 nor sTREM2 predicted longitudinal cognitive change after accounting for CSF AD biomarkers (data not presented).

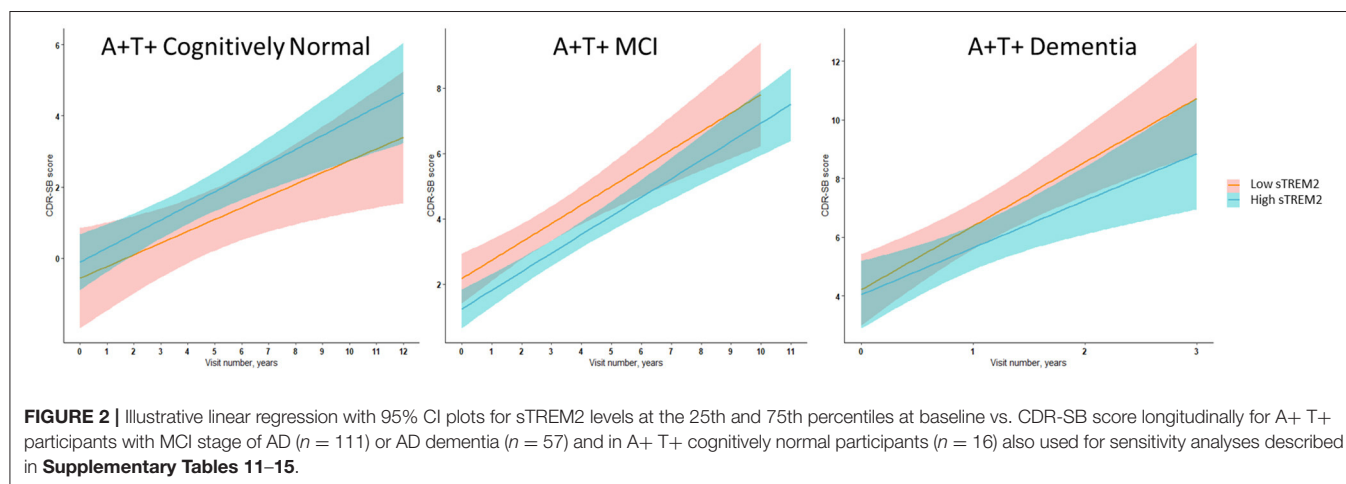
Among A+ T+ CN participants, higher sTREM2 levels predicted more longitudinal cognitive change after accounting for CSF t-tau but this result was not significant after FDR correction ($\beta = 0.94$, $df = 21.94$, $t = 2.43$, $P = 0.023$, FDR = 0.092) (**Supplementary Figure 1**, **Supplementary Table 7**). In a sensitivity analysis with a slightly larger number of participants with sTREM2 and AD biomarkers alone, the above results were again corroborated and now met FDR threshold (**Supplementary Table 15**).

Among A- T+, A+ T- and A- T- CN participants, neither sTNFR2 nor sTREM2 predicted longitudinal cognitive change

TABLE 5 | Key results of the general linear model with CSF A β 42, t-tau, and p-tau as the dependent variables and covariates: age, sex, education, APOE ϵ 4 status, among mild cognitive impairment participants from a replication memory clinic cohort (participants meeting A+ T+ criteria).

Main effect	Dependent variable	Type III sum of squares	df	Mean square	F	P-value	R ²	Partial eta squared
Model 1: Main effects: CSF sTNFR2 OR sTREM2								
sTNFR2	A β 42	1.093	1.46	1.093	3.775	0.058	0.076	0.076
	t-tau	20.951	1.46	20.951	49.543	<0.0001**	0.519	0.519
	p-tau	11.073	1.46	11.073	50.789	<0.0001**	0.525	0.525
sTREM2	A β 42	0.035	1.41	0.035	0.139	0.711	0.003	0.003
	t-tau	1.061	1.41	1.061	1.315	0.258	0.031	0.031
	p-tau	0.747	1.41	0.747	1.685	0.202	0.039	0.039
Model 2: Main effects: CSF sTNFR2 AND sTREM2								
sTNFR2	A β 42	0.807	1.40	0.807	3.367	0.074	0.081	0.078
	t-tau	16.004	1.40	16.004	37.482	<0.0001**	0.5	0.484
	p-tau	9.006	1.40	9.006	39.252	<0.0001**	0.515	0.495
sTREM2	A β 42	0.21	1.40	0.21	0.875	0.355	0.081	0.021
	t-tau	0.071	1.40	0.071	0.167	0.685	0.5	0.004
	p-tau	0.013	1.40	0.013	0.056	0.815	0.515	0.001

CSF, cerebrospinal fluid; df, degrees of freedom; sTNFR2, soluble tumor necrosis factor receptor 2; sTREM2, soluble triggering receptor expressed on myeloid cells 2. * $P \leq 0.05$. **FDR ≤ 0.05 .



after accounting for CSF AD biomarkers after FDR correction (Supplementary Tables 8–10).

DISCUSSION

This study demonstrates that the CSF levels of sTREM2 and sTNFR2 are dynamic in relation to p-tau and t-tau biomarkers over the temporal stages of AD. A positive correlation was seen between CSF levels of sTREM2 and sTNFR2 in A+ T+ participants with AD dementia (ADNI) or MCI (both cohorts). Among the above participants, sTNFR2 rather than sTREM2 explained most of the variance in relation to CSF t-tau and p-tau, whereas sTREM2 rather than sTNFR2 explained most of the variance in the same biomarkers among A+ T+ CN individuals (ADNI). These results are consistent with previous reports that demonstrated a positive correlation between CSF sTREM2 and

t-tau and p-tau in participants with MCI (Heslegrave et al., 2016; Piccio et al., 2016; Suárez-Calvet et al., 2016a,b, 2019), and among preclinical AD with low CSF A β 42 and high total-tau or p-tau levels (Ma et al., 2020) but our results extend previous reports by demonstrating the limited significance of CSF sTREM2 in explaining CSF t-tau and p-tau variance when taking CSF sTNFR2 levels into account among participants in various AD clinical stages (with the exception of A+ T+ CN). There was no significant interaction between sTNFR2 and sTREM2 levels on AD biomarkers in A+T+ CN, MCI and dementia groups but this interaction was significant in the A–T– CN group.

Prior analysis in the ADNI cohort had noted that higher CSF sTREM2 levels at baseline were associated with slower rates of A β accumulation as assessed by amyloid PET over 2 years, with the largest effect in the MCI and dementia stages of AD (Ewers et al., 2020). Consistent with this, we note that the effect of CSF

TABLE 6 | Key results of the linear mixed-effects regression model with CDR-SB as the dependent variable among participants with A+ T+ mild cognitive impairment from the Alzheimer's Disease Neuroimaging Initiative cohort (Model 3).

Parameter	Estimate	Standard error	df	t	P-value	95% confidence interval	
						Lower bound	Upper bound
Intercept	3.991006	13.69949	107.56	0.291	0.771	−23.165	31.14702
sTREM2	−0.42004	0.632681	107.895	−0.664	0.508	−1.67413	0.834061
sTNFR2	0.829879	3.489585	109.082	0.238	0.812	−6.08631	7.746066
t-tau	0.313797	1.12039	108.769	0.28	0.78	−1.90683	2.534427
Visit number in years	2.761182	2.621731	348.072	1.053	0.293	−2.39525	7.917609
Visit number in years × sTREM2	0.015941	0.120067	360.652	0.133	0.894	−0.22018	0.25206
Visit number in years × sTNFR2	0.129465	0.720227	362.272	0.18	0.857	−1.28689	1.545817
Visit number in years × t-tau	−0.22548	0.238439	365.207	−0.946	0.345	−0.69436	0.243411

CSF sTREM2 × visit number + CSF sTNFR2 × visit number, CSF t-tau × visit number + CSF sTREM2 + CSF sTNFR2 + CSF t-tau + visit number (fixed effect). CDR-SB, Clinical Dementia Rating–Sum of Boxes; CSF, cerebrospinal fluid; df, degrees of freedom; sTNFR 2, soluble tumor necrosis factor receptor 2; sTREM2, soluble triggering receptor expressed on myeloid cells 2.

TABLE 7 | Key results of the linear mixed-effects regression model with CDR-SB as the dependent variable among participants with A+ T+ AD dementia from the Alzheimer's Disease Neuroimaging Initiative (ADNI) cohort (Model 3).

Parameter	Estimate	Standard error	df	t	P-value	95% confidence interval		FDR
						Lower bound	Upper bound	
Intercept	5.76527	14.38224	62.274	0.401	0.69	−22.9819	34.51244	1
sTREM2	0.096417	0.961389	61.919	0.1	0.92	−1.82542	2.018256	0.92
sTNFR2	1.417211	4.269298	61.595	0.332	0.741	−7.11811	9.952532	0.988
t-tau	−0.31314	1.091746	62.298	−0.287	0.775	−2.4953	1.869025	0.885
Visit number in years	9.80077	7.13377	113.013	1.374	0.172	−4.3325	23.93404	0.458
Visit number in years × sTREM2	−1.33428	0.47665	115.165	−2.799	0.006*	−2.27841	−0.39014	0.048*
Visit number in years × sTNFR2	2.457261	2.061383	116.28	1.192	0.236	−1.62547	6.539987	0.472
Visit number in years × t-tau	0.983455	0.56413	113.405	1.743	0.084	−0.13415	2.101055	0.336

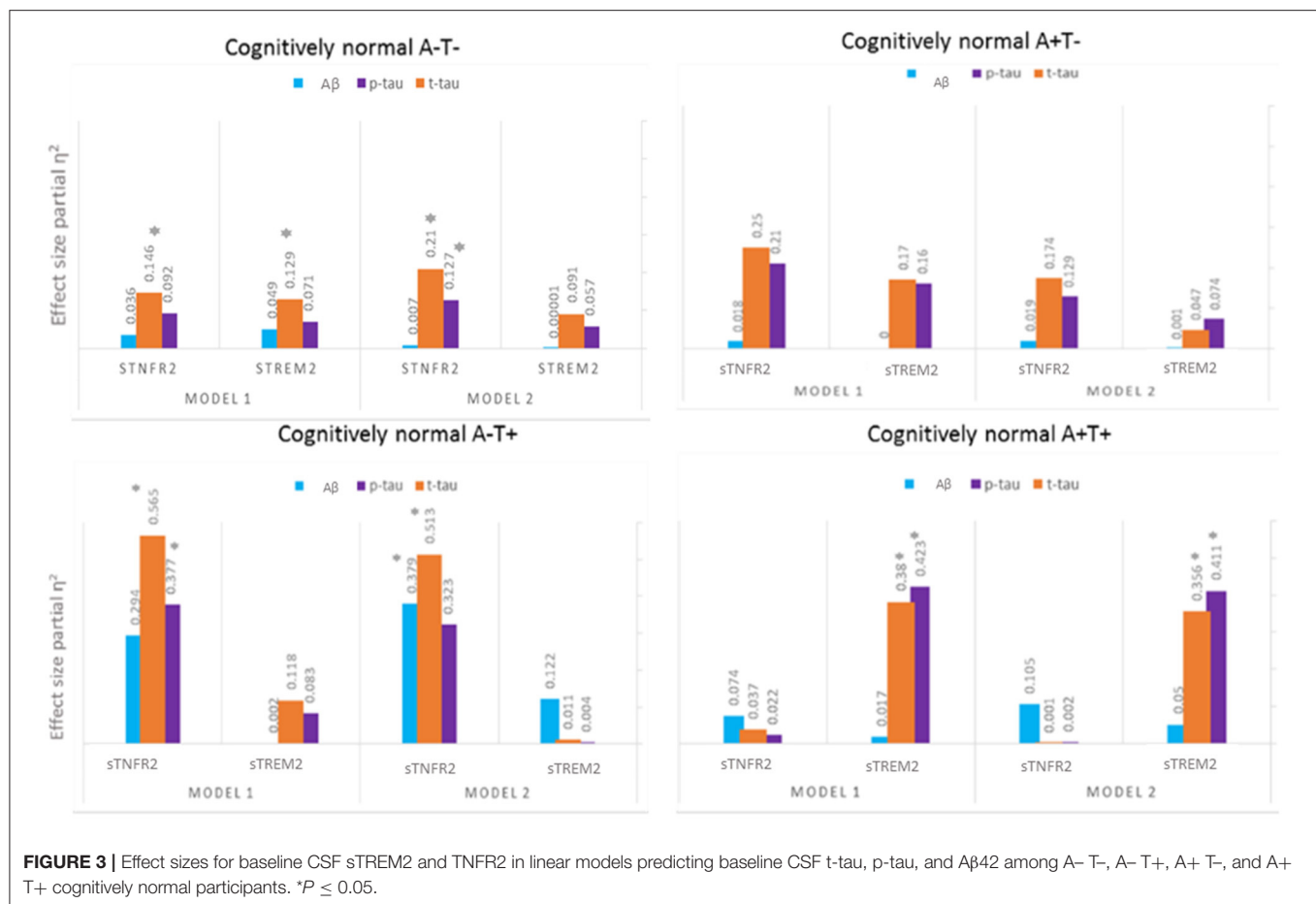
CSF sTREM2 × visit number + CSF sTNFR2 × visit number, CSF t-tau × visit number + CSF sTREM2 + CSF sTNFR2 + CSF t-tau + visit number (fixed effect). CDR-SB, Clinical Dementia Rating–Sum of Boxes; CSF, cerebrospinal fluid; df, degrees of freedom; FDR, false discovery rate; sTNFR 2, soluble tumor necrosis factor receptor 2; sTREM2, soluble triggering receptor expressed on myeloid cells 2. * $P \leq 0.05$.

sTREM2 on cognitive decline (i.e., higher level of CSF sTREM2 relates to slower longitudinal decline on CDR-SB scores) was significant at the A+ T+ AD dementia stage, possibly subsequent to its effect on A β accumulation that appears maximal at the MCI stage and this interestingly was independent of its association with CSF t-tau and p-tau levels. Additionally, we found that sTREM2 levels explain less of the variance in CSF A β 42 similar to previous reports (Suárez-Calvet et al., 2016a,b, 2019; Ma et al., 2020).

In contrast, CSF sTNFR2 levels were associated with CSF t-tau and p-tau levels in the A+T+ MCI and dementia stages but did not predict rates of cognitive decline on CDR-SB on longitudinal follow up over subsequent years. However, among A+ T+ MCI or AD dementia groups in ADNI, we had previously reported that the interaction between *TNFRSF1B* gene variants and CSF sTNFR2 levels relates to CSF t-tau and p-tau levels and longitudinal cognitive change over 1 year (Pillai et al., 2021). This suggests that the sTNFR2 levels are impacted by both CSF t-tau and p-tau levels and *TNFRSF1B* gene variant status, and mitigate cognitive decline over the short term but do not significantly

impact cognitive outcomes over the longer term as the disease continues to evolve.

Our exploratory analysis among CN participants further notes that the relative association of CSF sTREM2 on markers of neuronal injury and neurofibrillary tangles (CSF t-tau and p-tau) is higher in the preclinical stage of AD (A+ T+ CN) than in the A+ T+ MCI or dementia stages. Consistent with this, higher CSF sTREM2 levels that relate to higher CSF t-tau and p-tau levels at the preclinical AD stage was associated with greater cognitive decline, unlike in the dementia stage, in which higher CSF sTREM2 levels were associated with slower cognitive decline (Figure 2). These results among CN groups which were limited to CSF measures of A β and tau are preliminary given the smaller number of subjects analyzed with both CSF sTREM2 and sTNFR2 data. Although higher levels of CSF sTREM2 do not necessarily relate to cognitive outcomes favorably in the preclinical stage with concurrent increase in CSF t-tau and p-tau in our data, they are still a marker of slower rate of clinical progression longitudinally in later disease stages. This is also supported

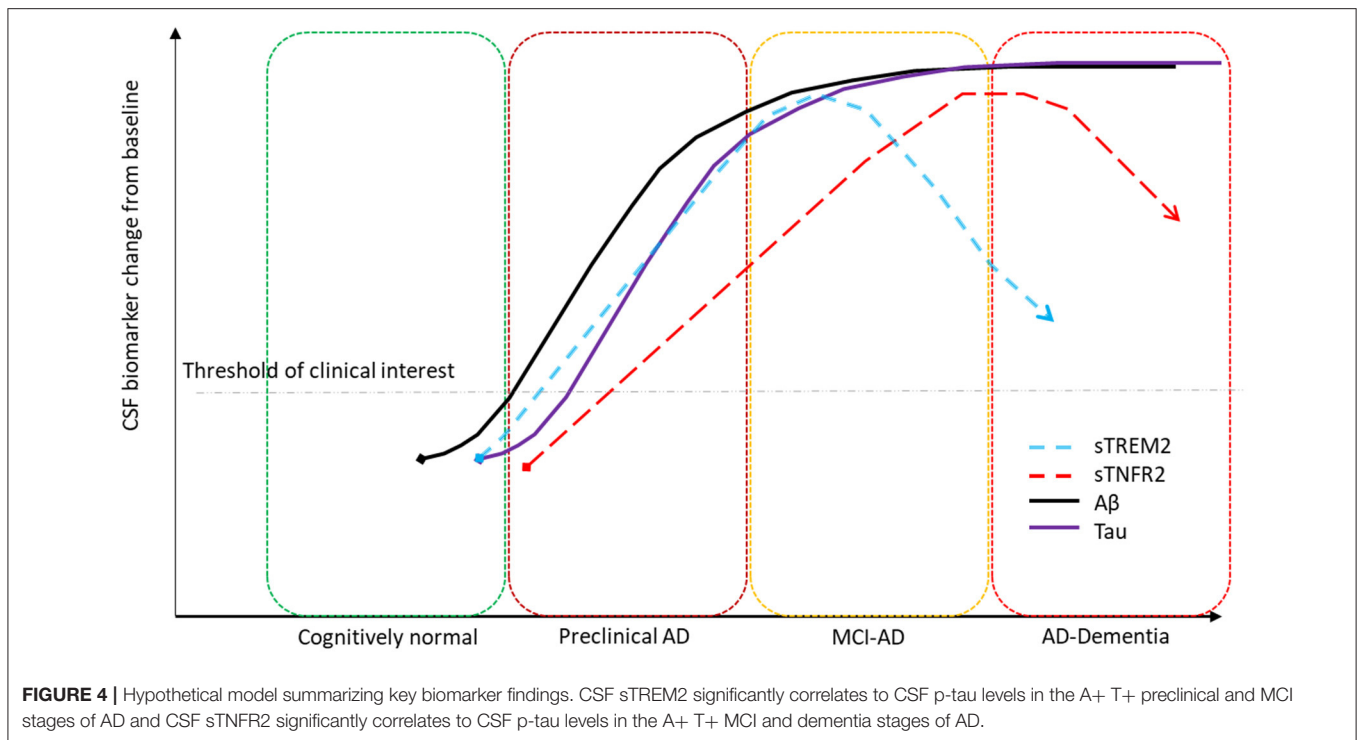


by previous reports (Ewers et al., 2019; Franzmeier et al., 2020).

Taken together our results suggest that there is a temporal window that should be considered for future therapeutic options targeting sTREM2- and sTNFR2-related inflammatory pathways and for the use of CSF sTREM2 in combination with other CSF AD and inflammatory biomarkers in evaluating its clinical significance. The temporal changes in CSF sTREM2 across different AD stages in this study parallels what has been described previously (Suárez-Calvet et al., 2016b, 2019). Based on prior models on the temporal evolution of AD biomarkers (Jack and Holtzman, 2013), **Figure 4** summarizes a hypothetical model based on the key findings of CSF sTREM2- and sTNFR2 relationships to A β and tau levels in the different stages of AD, plotting biomarker severity (degree of abnormality) vs. disease stage. The key insight here being that the time course of change among the distinct inflammation related markers (sTREM2, sTNFR2) with the progression of AD stages are very different.

Analysis within the CN subgroups was exploratory given the small number of participants. Nevertheless, we could still delineate some patterns of interest with respect to sTREM2 that needs future validation. First, preclinical AD (CN A+ T+) appears to be a transition state in which the relationship

noted between sTREM2, sTNFR2 and CSF t-tau or p-tau in all other stages of AD appears to be reversed, suggesting that in this stage, sTREM2 explains more of the variance of CSF t-tau and p-tau than does sTNFR2. This is consistent with prior results among preclinical AD with low A β 42 and high total-tau or p-tau in the CABLE study (Ma et al., 2020). Within the CN A+ T+ group, higher sTREM2 levels was associated with more cognitive decline (unlike in AD dementia). This finding is consistent with results from the DIAN Study, in which an increase in CSF sTREM2 among autosomal dominant mutation carriers was found to differ from the level in normal controls 5 years before symptom onset, with this increase followed by A β , tau, and associated neurodegenerative changes; in advanced stages of the disease in the DIAN cohort, this difference did not reach statistical significance (Suárez-Calvet et al., 2016c). A second pattern we observed in the current study was that higher levels of sTREM2 appear to be related to slower cognitive decline among AD stages in which sTREM2 is not strongly correlated with neurodegeneration markers (i.e., AD dementia), but this was not the case among AD stages that demonstrated a strong correlation between sTREM2 and neurodegeneration markers (CN A+ T+). This suggests that CSF levels of sTREM2 alone are likely not good independent prognosticators of future clinical decline but could reflect a more complex interplay of immune cell



activation in relation to neurodegenerative changes in different AD stages.

The statistical interaction noted between sTNFR2 and sTREM2 among CN A-T- participants shows higher levels of both sTNFR2 and sTREM2 together impact t-tau and p-tau levels more than we would expect if they acted independently, this appears to parallel the reports from animal studies where TNFR2 activation levels were related to transcriptional regulation of TREM2 (Gao et al., 2017). It is possible that the lack of statistical interaction between sTNFR2 and sTREM2 levels on AD biomarkers among A+T+ CN, MCI and dementia suggests altered TNFR2 and TREM2 pathway activations in AD. As the current study is an association study of biomarkers, future studies in AD models are needed to evaluate the mechanistic relationship between TNFR2 and TREM2 in AD.

LIMITATIONS

Biomarker changes alone may not reflect completely the pathophysiological roles of TNFR2 and TREM2 at different AD stages and these should not be interpreted as providing mechanistic insights. Further, all models evaluating CSF sTNFR2 and CSF sTREM2s impact on AD biomarkers relied on cross-sectional data. Cross-sectional data do not provide a window into within subject temporal trajectories of CSF sTNFR2 and sTREM2s changes, therefore future longitudinal evaluations of these inflammatory analytes are needed. These study results are most robust for the A+ T+ MCI and dementia stages of AD given the relatively large number of participants and the replication of results across two different A+ T+ MCI cohorts. However, the results in the A+ T+ CN group was consistent

with reports from prior studies and therefore provide confidence to our results. Given the limited follow-up (15 months) in the replication cohort, the findings from this group could not be used to corroborate the effects of these analytes longitudinally from ADNI. These findings should also be corroborated in a cohort with different recruitment goals than ADNI, as the ADNI cohort is predominantly White with a high education attainment. We did not screen participants for possible TREM2 mutations, as the likelihood of these mutations is low (Suárez-Calvet et al., 2019). Additionally, lack of neuropathologic confirmation also limits our understanding of the role of mixed pathology.

There were also known differences between the ADNI and the replication cohorts. The replication cohort included a sample of memory clinic participants with a faster rate of disease progression than participants in the ADNI cohort (Pillai et al., 2020). Additionally, the replication cohort also included a few atypical AD participants with highly elevated CSF t-tau levels (Pillai et al., 2019a) and had a higher frequency of APOE ε4 carriers, unlike typical amnesic MCI participants in the ADNI cohort. The positive correlation between sTNFR2 and CSF t-tau and p-tau levels was still consistent within each cohort, but the replication cohort had higher mean t-tau and p-tau levels than the ADNI cohort even when the CSF levels were compared using the same measurement technique as previously reported (Pillai et al., 2020). Mean sTNFR2 levels correlating with neurodegeneration biomarkers were therefore much higher in the A+ T+ MCI replication cohort than in the A+ T+ MCI ADNI cohort.

The differences between the ADNI A+ T+ MCI and the replication cohort A+ T+ MCI also gives us pause in

extrapolating the current results to future validation cohorts with different AD clinical and pathological characteristics given the heterogeneity in clinical, biomarker and neuropathology phenotypes of AD (Murray et al., 2011; Pillai et al., 2019a; Suárez-Calvet et al., 2019). The relationship between sTREM2 and CSF t-tau was also stronger in the dementia stage in a prior report by our group (Bekris et al., 2018). Perhaps these differences reflect the variability in clinical symptoms even within the broad stage of AD dementia between cohorts. It is also likely that *APOE* ϵ 4 carrier rates can vary from study to study impacting longitudinal results (Tsuang et al., 1996; Franzmeier et al., 2020). Presence of mixed pathology and the differences in recruitment biases to atypical AD should also be considered when comparisons are made between cohorts in longitudinal outcomes (Dubois et al., 2007; Pillai et al., 2016). It is likely these are some possible reasons behind significant differences in sTREM2 levels reported by prior studies across the AD spectrum (Kleinberger et al., 2014; Gispert et al., 2016b; Henjum et al., 2016; Bekris et al., 2018; Suárez-Calvet et al., 2019; Knapskog et al., 2020).

Type II errors also must be considered in this study given the smaller number of participants within some CN subgroups, as smaller effect sizes could have been missed. It is possible that with a larger sample size among the CN subgroups, some variables of significance could become more salient in the consideration of cognitive and AD biomarker outcomes. Independent replication in larger cohorts using the same biomarkers as those used in ADNI would allow us to clarify this point.

CONCLUSIONS

Our results suggest that the levels of both sTREM2 and sTNFR2 vary dynamically in relation to neurodegenerative biomarkers at different AD stages. This implies that the utility of distinct inflammation related biomarkers in tracking AD temporal progression and their role in predicting clinical outcomes are also expected to differ based on disease stage.

DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found at: <http://adni.loni.usc.edu/>.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by Cleveland Clinic. The patients/participants provided their written informed consent to participate in this study.

AUTHOR CONTRIBUTIONS

JP obtained funding, design and conceptualized study, analyzed the data, interpreted the data, and drafted the manuscript for intellectual content. MK analyzed the data and revised

the manuscript for intellectual content. JB design of study, interpreted the data, and revised the manuscript for intellectual content. JL interpreted the data and revised the manuscript for intellectual content. LB organized the data, interpreted the data, and revised the manuscript for intellectual content. All authors read and approved the final manuscript.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fnagi.2021.676744/full#supplementary-material>

Supplementary Figure 1 | Box plot for CSF levels of \log_2 sTREM2, \log_2 sTNFR2, \log_2 Abeta, \log_2 total tau within A+ T+ CN, MCI, and dementia groups. The groups differed only on the mean CSF \log_2 Abeta levels ($F = 3.91$, $p = 0.023$) and not on the other analytes.

Supplementary Table 1 | Demographics of cognitively normal participants (includes those with concomitant sTREM2 and sTNFR2 data) in the Alzheimer's Disease Neuroimaging Initiative cohort.

Supplementary Table 2 | Pearson correlations between sTNFR2/sTREM2 and A β 42, t-tau, and p-tau for cognitively normal participants from the Alzheimer's Disease Neuroimaging Initiative cohort.

Supplementary Table 3 | Key results of the general linear model with CSF A β 42, t-tau, and p-tau as the dependent variables among cognitively normal A+ T+ participants from the Alzheimer's Disease Neuroimaging Initiative cohort.

Supplementary Table 4 | Key results of the general linear model with CSF A β 42, t-tau, and p-tau as the dependent variables among cognitively normal A+ T- participants from the Alzheimer's Disease Neuroimaging Initiative cohort.

Supplementary Table 5 | Key results of the general linear model results with CSF A β 42, t-tau, and p-tau as the dependent variables among cognitively normal A- T+ participants from the Alzheimer's Disease Neuroimaging Initiative cohort.

Supplementary Table 6 | Key results of the general linear model results with CSF A β 42, t-tau, and p-tau as the dependent variables among cognitively normal A- T- participants from the Alzheimer's Disease Neuroimaging Initiative cohort.

Supplementary Table 7 | Key results of the linear mixed-effects regression model with CDR-SB as the dependent variable among A+ T+ cognitively normal participants from the Alzheimer's Disease Neuroimaging Initiative cohort (Model 3).

Supplementary Table 8 | Key results of the linear mixed-effects regression model with CDR-SB as the dependent variable among CN A- T+ cognitively normal participants from the Alzheimer's Disease Neuroimaging Initiative cohort (Model 3).

Supplementary Table 9 | Key results of the linear mixed-effects regression model with CDR-SB as the dependent variable among A+ T- cognitively normal participants from the Alzheimer's Disease Neuroimaging Initiative cohort (Model 3).

Supplementary Table 10 | Key results of the linear mixed-effects regression model with CDR-SB as the dependent variable among A- T- cognitively normal participants from the Alzheimer's Disease Neuroimaging Initiative cohort (Model 3).

Supplementary Table 11 | Demographics of A+T+ participants with CSF sTREM2 values (includes those without concomitant sTNFR2 data) along with CSF AD biomarkers in the Alzheimer's Disease Neuroimaging Initiative cohort for sensitivity analysis.

Supplementary Table 12 | Demographics of cognitively normal participants with CSF sTREM2 values (includes those without concomitant sTNFR2 data) along with CSF AD biomarkers in the Alzheimer's Disease Neuroimaging Initiative cohort for sensitivity analysis.

Supplementary Table 13 | Sensitivity analysis of linear mixed-effects regression model with CDR-SB as the dependent variable among participants with A+ T+ mild cognitive impairment from the Alzheimer's Disease Neuroimaging Initiative cohort with $n = 111$ with sTREM data alone.

Supplementary Table 14 | Sensitivity analysis of linear mixed-effects regression model with CDR-SB as the dependent variable among participants with A+ T+ dementia from the Alzheimer's Disease Neuroimaging Initiative cohort with $n = 57$ with sTREM data alone.

Supplementary Table 15 | Sensitivity analysis of linear mixed-effects regression model with CDR-SB as the dependent variable among participants with A+ T+ CN from the Alzheimer's Disease Neuroimaging Initiative cohort with $n = 16$ with sTREM data alone.

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