

NOVEL THERAPEUTIC INTERVENTIONS AGAINST INFECTIOUS DISEASES: COVID-19

EDITED BY: Sugunadevi Sakkiah, Keun Woo Lee, Chandrabose Selvaraj
and Brijesh Kumar Singh

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NOVEL THERAPEUTIC INTERVENTIONS AGAINST INFECTIOUS DISEASES: COVID-19

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Editorial: Novel Therapeutic Interventions Against Infectious Diseases: COVID-19

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Keywords: COVID - 19, SARS - CoV - 2, drug repurpose, molecular docking, virtual screening

Editorial on the Research Topic

Novel Therapeutic Interventions Against Infectious Diseases: COVID-19

The research topic “Novel Therapeutic Interventions Against Infectious Diseases: COVID-19” intends to examine, at the molecular level, the mechanisms of SARS-CoV-2 infection and their potential inhibition through computational or experimental approaches. Drug targets for SARS-CoV-2 infections and macromolecules responsible for the virion’s binding to the host receptor protein are described in detail. The 15 research articles in this issue, each focusing on a different aspect of the fight against SARS-CoV-2, use a variety of interdisciplinary approaches, including computational chemistry, biochemical analyses, and biological activity testing. Contributing authors have searched for novel leads from the available natural substances, new chemical entities, and FDA-approved drugs to target SARS-CoV-2. Indari et al. present a comprehensive update on FDA-approved drugs for repurposing, namely chloroquine, hydroxychloroquine, remdesivir, lopinavir-ritonavir, favipiravir, ribavirin, azithromycin, umifenovir, and oseltamivir as well as convalescent plasma therapy used as antiviral therapy against SARS-CoV-2. Preclinical and clinical findings, treatment regimens, pharmacokinetics, and drug–drug interactions are discussed in this review. Some clinically approved medications have been proposed as potential anti-SARS-CoV-2 options as a result of this repurposing strategy. Yadalam et al. performed a computational study to identify the essential oil components as SARS-CoV-2 antivirals, especially in the pre-procedural mouth rinses for dental settings. Pre-procedural mouth rinses are helpful in decreasing viral particles in the oral cavity, since most of COVID-19 dissemination occurs due to the virus’ presence in the mouth. Through the molecular docking and conceptual density functional theory (DFT) approach, the antiviral efficacy of essential oil components are studied against the receptor binding domain (RBD) of the spike protein. The compounds cuminal, carvacrol, myrtilan, and pinocarveol were found to be highly active by showing strong interactions with the RBD and shown to be active based on the correlation between the structure and the activity of the compounds. They recommend these components to be included as pre-procedural mouth rinses for dental procedures. Cai et al. has come up with a rehabilitation strategy by applying intermittent hypoxic preconditioning (IHP) and also showed how IHP can be a beneficial treatment strategy in the management of COVID-19. IHP, a non-drug alternative therapy for COVID-19 management, showed beneficial effects related to the impact of oxidative stress, inflammation, and the immune response. Li and Peng have reported the strategy and challenges and described recent progress in identifying broad-spectrum antivirals through drug repurposing, by classifying them into direct-acting repurposed antivirals (DARA) and host-targeting repurposed antivirals (HTRA). In addition, they have summarized and examined the

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putative mechanisms of action of repurposed antivirals with potential broad-spectrum effectiveness against a range of viruses. Xiao et al. reports the potential of myricetin for the inhibition of the main protease in SARS-CoV-2, with a 3 μ M IC₅₀ in the enzyme assay. They also reported myricetin as having potent effect on bleomycin-induced pulmonary inflammation, by inhibiting the infiltration of inflammatory cells and the secretion of inflammatory cytokines IL-6, IL-1 α , TNF- α , and IFN- γ . Rattis et al. have reviewed the therapeutic potential of curcumin, which interferes at different time points during the infection caused by SARS-CoV-2. This review has strategically contributed to the relentless search for therapies that can act on the combat of COVID-19, in addition to providing targets for future studies using the curcumin as an adjuvant treatment to COVID-19. Wang et al. stated the importance of pulmonary surfactants (PS) in treating acute respiratory distress syndrome in COVID-19. The lack of efficacy reported so far is attributed to the insufficient delivery of PS to the lungs; thus, research has been initiated to investigate new drug delivery systems for improving the PS delivery directly to the lungs. In support to that, they have integrated the data on PS with reference to pulmonary physiology and infection with its possible therapeutic benefit in COVID-19 patients. Hsu et al. have found the potency of remdesivir and cyclosporine that synergistically inhibit the human coronaviruses OC43 (HCoV-OC43) and SARS-CoV-2 by showing inhibitory activity against HCoV-OC43 in HCT-8 and MRC-5 cells. This study, suggests that the combination of remdesivir and cyclosporine merits further study as a possible treatment for COVID-19 complicated by a cytokine storm. Du et al. elucidate the add-on effect of honeysuckle for the treatment of COVID-19 with a meta-analysis. Honeysuckle combined with conventional therapy may be beneficial for the treatment of COVID-19 in improving lung CT, clinical cure rate, clinical symptoms, and laboratory indicators and reducing the rate of conversion to severe cases. Wang et al. highlight the role of high-density lipoprotein (HDL) in COVID-19 by analyzing the pathophysiological characteristics of COVID-19, the pleiotropic properties of HDL, the changes and clinical significance of HDL, and prospect of HDL-targeting therapy. They also suggest that the HDL level-raising pharmacological compounds, such as cholesteryl ester transfer protein (CETP) inhibitors and fibrates, which are already in the preclinical research stage, may be considered as potential treatments for patients with COVID-19. Basit et al. have designed the short peptides and report those peptides for blocking interactions between SARS-COV-2 and human ACE2. The RBD is highly conserved and is also a potential target for blocking its interaction with human cell surface receptor. For this, they have chosen the amino acid regions 21–40 and 65–75 of ACE2 as scaffold for the *de novo* peptide design, and those peptides are potentially strong candidates for the blocking of protein–protein interactions. Kulkarni et al. 2021 have characterized the phytocompounds from the *Ulva intestinalis* L. and report its action against the SARS-CoV-2 spike

glycoprotein RBD. Some compounds, namely, 2,4-di-tert-butylphenol (2,4-DtBP); doconexent; 4,8,13-duvatriene-1,3-diol (DTD); retinoyl- β -glucuronide 6',3'-lactone (RBGUL); and retinal had showed better binding affinity for RBD. Similarly, Kumar et al. have also identified the phytocompounds from sesame against SARS-CoV-2 main protease drug target through molecular docking and dynamics. They have identified four natural metabolites from sesame, namely, sesamin, sesaminol, sesamol, and sesamolol through docking and dynamics approach with the Mpro and reported their interactions insights. Rizvi et al. have shown the effect of prophylactic use of intranasal oil formulations in the hamster model of COVID-19. They have reported the prophylactic application of two intranasal formulations provided by the National Medicinal Plant Board (NMPB), anu oil and til taila, in the hamster model of SARS-CoV-2 infection. Their molecular analysis using mRNA expression profiling indicated the reduced expression of pro-inflammatory cytokine genes, including Th1 and Th17 cytokines for both the intranasal formulations as a result of decreased viral load. Fred et al. have performed *in vitro* studies on antidepressant and antipsychotic drugs that reduce the viral infection by SARS-CoV-2. Their results show that approved drugs of antidepressants, including fluoxetine, citalopram, reboxetine, and imipramine, as well as antipsychotic compounds chlorpromazine, flupenthixol, and pimozide inhibited the infection by pseudotyped viruses with minimal effects on cell viability. Overall, the “Novel Therapeutic Interventions Against Infectious Diseases: COVID-19” research topic gives an updated summary of molecular and mechanical insights towards identifying COVID-19 therapeutic targets for the identification or repurposing of molecules to be used against the virus.

AUTHOR CONTRIBUTIONS

All authors listed have made a substantial, direct, and intellectual contribution to the work and approved it for publication.

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An Update on Antiviral Therapy Against SARS-CoV-2: How Far Have We Come?

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COVID-19 pandemic has spread worldwide at an exponential rate affecting millions of people instantaneously. Currently, various drugs are under investigation to treat an enormously increasing number of COVID-19 patients. This dreadful situation clearly demands an efficient strategy to quickly identify drugs for the successful treatment of COVID-19. Hence, drug repurposing is an effective approach for the rapid discovery of frontline arsenals to fight against COVID-19. Successful application of this approach has resulted in the repurposing of some clinically approved drugs as potential anti-SARS-CoV-2 candidates. Several of these drugs are either antimalarials, antivirals, antibiotics or corticosteroids and they have been repurposed based on their potential to negate virus or reduce lung inflammation. Large numbers of clinical trials have been registered to evaluate the effectiveness and clinical safety of these drugs. Till date, a few clinical studies are complete and the results are primary. WHO also conducted an international, multi-country, open-label, randomized trials-a solidarity trial for four antiviral drugs. However, solidarity trials have few limitations like no placebos were used, additionally any drug may show effectiveness for a particular population in a region which may get neglected in solidarity trial analysis. The ongoing randomized clinical trials can provide reliable long-term follow-up results that will establish both clinical safety and clinical efficacy of these drugs with respect to different regions, populations and may aid up to worldwide COVID-19 treatment research. This review presents a comprehensive update on majorly repurposed drugs namely chloroquine, hydroxychloroquine, remdesivir, lopinavir-ritonavir, favipiravir, ribavirin, azithromycin, umifenovir, oseltamivir as well as convalescent plasma therapy used against SARS-CoV-2. The review also summarizes the data recorded on the mechanism of anti-SARS-CoV-2 activity of these repurposed drugs along with the preclinical and clinical findings, therapeutic regimens, pharmacokinetics, and drug-drug interactions.

Keywords: COVID-19, SARS-CoV-2, drug repurposing, antivirals, mechanism of action, pharmacokinetics

INTRODUCTION

The coronavirus disease of 2019 (COVID-19) pandemic has changed the scenario of the entire world, which has not been seen for a century. Influenza (H1N1 virus) outbreak of Spain that occurred in 1918 was the worst ever hit pandemic in recent history. Now, the current outbreak started in Wuhan, China, has globally spread to 219 countries and territories (WHO, 2020a). Severe acute respiratory

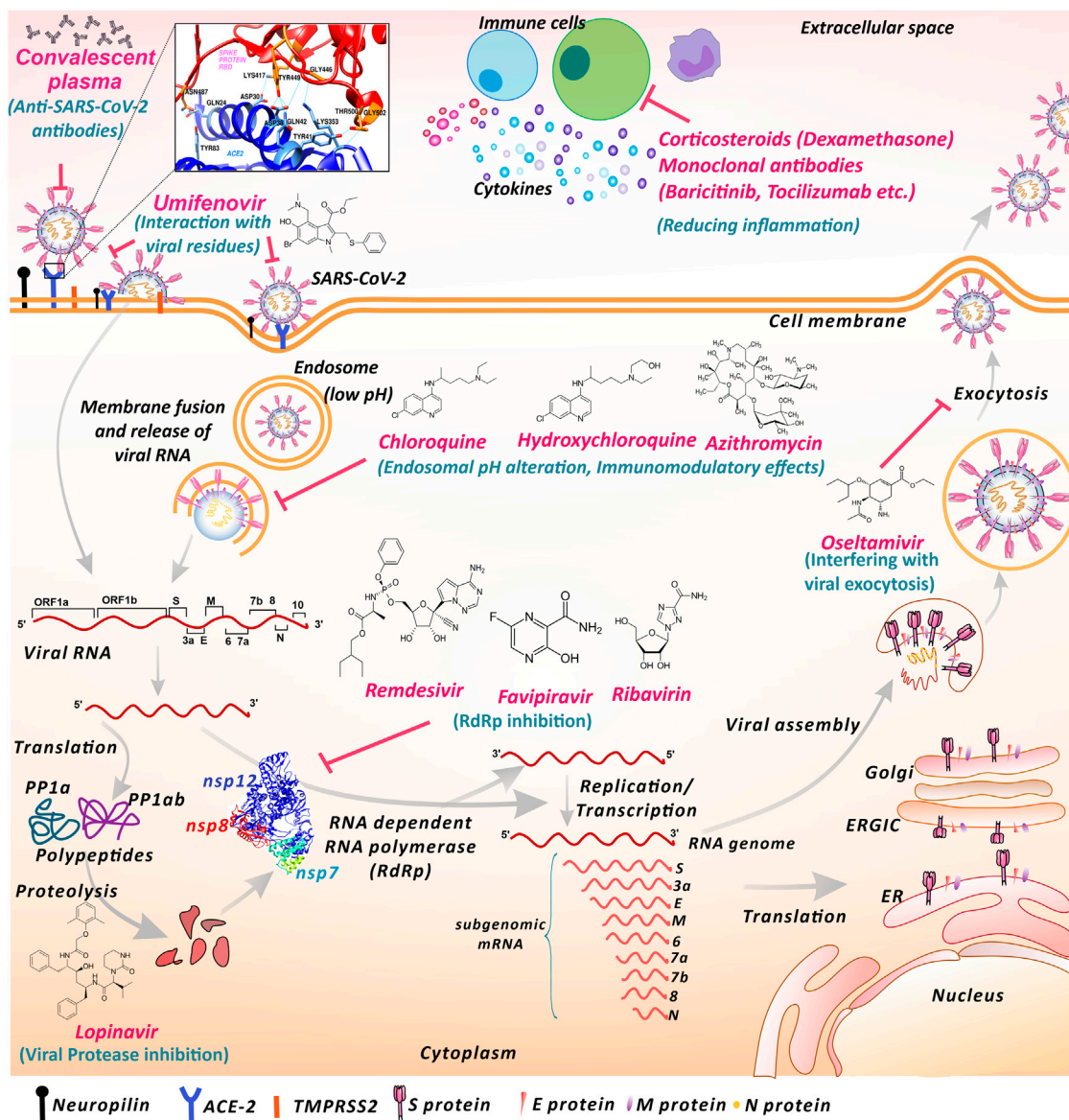


FIGURE 1 | Proposed mechanisms of repurposed drugs and therapies used against SARS-CoV-2 infection. SARS-CoV-2 interacts with cell surface receptors like ACE-2 and neuropilin to gain entry inside the cell. Umifenovir may interact with SARS-CoV-2 surface glycoproteins and lipids and obstruct the interaction with the entry receptor ACE-2. Anti-SARS-CoV-2 antibodies present in convalescent plasma may inhibit SARS-CoV-2 entry and subsequent infection transmission. Chloroquine, hydroxychloroquine and azithromycin may elevate endosomal pH and hinder viral entry and RNA release process. Chloroquine, hydroxychloroquine and azithromycin also shows immunomodulatory effects. Nucleoside inhibitors like remdesivir, favipiravir and ribavirin may inhibit RNA replication and suppress RNA-dependent RNA polymerase activity. Lopinavir may fraternize with viral protease altering the proteolysis. Oseltamivir may interplay with components involved in the exocytosis process, blocking the viral exit from the cell. Monoclonal antibodies against cytokine receptors and Corticosteroid shows anti-inflammatory actions against exaggerated immune response. (ACE-2-Angiotensin-converting enzyme 2, TMPRSS2 Transmembrane Serine protease 2, RdRp- RNA dependent RNA polymerase, ER- Endoplasmic reticulum, ERGIC- Endoplasmic reticulum-golgi intermediate complex. The displayed ACE-2-Spike interaction residues and RdRp structures are based on Protein databank structure ID: 6M0J and 6M71 respectively).

syndrome coronavirus (CoV) 2 (SARS-CoV-2), a large ssRNA virus, is the causative agent of COVID-19, which primarily attacks the respiratory tract including associated organs. Additionally, the virus has shown to impact various other organs or body systems like the gastrointestinal system, nervous system etc (Jakhmola et al., 2020a; Jakhmola et al., 2020b; Sonkar et al., 2020). Currently new variants of

SARS-CoV-2 are reported from different regions of the world. In December 2020, the United Kingdom variant of SARS-CoV-2 lineage B.1.1.7, now designated as Variant of Concern 202012/01 (VOC) and the South Africa variant named 501Y.V2 have been reported to spread widely within the country and displaced the other lineages of viruses (WHO, 2020c). By the end of first COVID-19 pandemic year the VOC-202012/01 variant was

reported in 31 other countries/territories (WHO, 2020c). The receptor-binding domain of viral spike protein is essential in SARS-CoV-2 entry into the host cell via surface angiotensin-converting enzyme-2 (ACE-2) (Zhou et al., 2020) (**Figure 1**). Recently, another cell receptor Neuropilin-1 was found to be involved in SARS-CoV-2 entry (Cantuti-Castelvetri et al., 2020). The further life cycle of the virus inside the cell is similar to that of other coronaviruses. After binding to the receptor, the conformational change in the spike protein leads to virus fusion with the host cell membrane. The virus may transfer the RNA directly inside the cells or may proceed through the endosomal pathway (Simmons et al., 2005; Li, 2016; Hasan et al., 2020; Hoffmann et al., 2020). Upon translation of viral RNA, the viral replicase polyprotein PP1a and PP1ab are synthesized and cleaved into small products by viral endopeptidase (Van-Boheemen et al., 2012; Shereen et al., 2020). RNA dependent RNA polymerase (RdRp) produces subgenomic RNAs by discontinuous transcription (Hussain et al., 2005; Chen et al., 2020; Shereen et al., 2020). This further gets translated into respective viral proteins. After processing through the endoplasmic reticulum (ER), ER-Golgi intermediate compartment (ERGIC), and Golgi complex the viral RNA and proteins are assembled into virions (Lai and Cavanagh, 1997; Song et al., 2004). These virions are transported through vesicles and exocytosed for transmission. These steps of the viral life cycle are lucrative virus inhibition targets for different drugs (**Figure 1**).

Currently, no specific drug or vaccine is available for the treatment of SARS-CoV-2 infected patients. Nonetheless, drug repurposing could prove to be advantageous tactics for finding COVID-19 treatment. Benefits of drug repurposing include cost-effectiveness, elimination of some clinical trial steps, sooner on-field availability, combining the candidate drugs with other possible drugs based on prior data, and generation of new information about the existing drugs mechanisms (Agrawal, 2015). The available knowledge of previous CoVs treatments, genomic sequences, and protein modeling studies has helped researchers put forward the potential COVID-19 drug candidates. The primarily investigated drugs are either antimalarials, antivirals, antibiotics, corticosteroids, and they have been repurposed based on their potential either to negate virus, reduce lung inflammation or other disease symptoms. In particular, chloroquine (CQ) hydroxychloroquine (HCQ) and azithromycin (AZM) are majorly used against COVID-19 as they initially showed reasonably good *in vitro* and *in vivo* antiviral activity against SARS-CoV, MERS-CoV and SARS-CoV-2. Lopinavir/ritonavir (LPV/RTV), which are anti-HIV drugs, were examined for COVID-19 as they were found to be effective in earlier CoV outbreaks. Moreover, remdesivir (RDV), an experimental anti-Ebola drug, was investigated for COVID-19 and received greater attention. Based on the appreciable preliminary data, FDA has issued EUA for CQ, HCQ, and RDV (FDA, 2020b; FDA, 2020c; FDA, 2020d). However, later the EUA for CQ and HCQ was revoked while EUA for RDV was re-issued by some amendments. Similarly, favipiravir (FPV), ribavirin (RBV), umifenovir (UFV), and oseltamivir (OTV) having a broad-spectrum antiviral activity

were also clinically investigated against SARS-CoV-2. WHO put forward a solidarity clinical trial, a multi-country, open-label randomized trial, for the use of HCQ, RDV, LPV/RTV, or LPV/RTV in combination with Interferon (IFN) β -1a against COVID-19 (WHO, 2020b). The recent interim results of the solidarity trial declare that all these drugs had little or no effect on overall mortality, initiation of ventilation and duration of hospital stay in hospitalized patients (Pan et al., 2020). So far, to treat severe and critical COVID-19, only corticosteroids have proven effective (WHO, 2020b). New treatment options need to be added to the solidarity trial in the future. However, solidarity trials may have few limitations like it was focused on worldwide outcomes of considered treatments. Hence, if a particular drug shows comparatively better outcome in some regions or populations that could get neglected. Therefore, there is scope to conduct the clinical studies involving various suitable drugs with different treatment regimens and combinations.

In this review, we have provided updated comprehensive information about majorly repurposed drugs which are used as antivirals to combat SARS-CoV-2 infection. We attempted to collate and review the studies regarding all these drugs, which are dispersed in various distinct publications. Furthermore, we have also summarized the data recorded on the mechanism of anti-SARS-CoV-2 activity of these repurposed drugs along with the preclinical and clinical findings, therapeutic regimens, pharmacokinetics, and drug-drug interactions.

SELECTED ANTIVIRALS REPURPOSING IN COVID-19 TREATMENTS

Chloroquine and Hydroxychloroquine

CQ and HCQ both belong to the 4-aminoquinoline chemical class (Devaux et al., 2020) with potential antimalarial and anti-inflammatory activities. These drugs are weak diprotic bases that increase the endosomal pH to hinder the host-virus fusion process (Devaux et al., 2020) (**Figure 1**; **Table 1**). *In vitro* studies have shown antiviral activity of CQ on MERS and SARS-CoV (Cong et al., 2018; Keyaerts et al., 2004). In addition, *in vivo* studies suggest potent activity of these drugs against human CoV-OC43, EV-A71, zika virus, and *in vitro* activity against influenza-A (Keyaerts et al., 2009; Tan et al., 2018; Li et al., 2017; Ooi et al., 2006). Recent *in vitro* studies report CQ and HCQ effectiveness against SARS-CoV-2 (Half maximal effective concentration (EC₅₀) 2.71mM and 4.51mM, respectively) in Vero E6 cells (Liu J. et al., 2020). However, HCQ has *in vitro* activity with a lower EC₅₀ for SARS-CoV-2 compared to CQ after 24h of growth (HCQ: 6.14 μ M and CQ: 23.90 μ M) (Yao X. et al., 2020). CQ treatment has demonstrated to reduce the recovery time and improved physiological conditions in COVID-19 patients. According to a randomized Chinese COVID-19 controlled trial, CQ (Dose 500mg bid, 15days) may work more efficiently than LPV/RTV (Huang M. et al., 2020). Another study compared the low dose (450mg bid for 1day followed by 450mg, 4days) and high dose (600mg bid, 10days) in combination with azithromycin (AZM) and OTV which determined that high dose CQ was associated with high

mortality (Borba et al., 2020). A multicentre, randomized, open-label trial from China investigated the use of HCQ (1200mg daily for 3days, followed by a maintenance dose of 800mg daily) to standard care. The interpretation included that the HCQ treated group showed inadequate response compared to control (Tang et al., 2020). The combination of HCQ and AZM resulted in early viral clearance, as demonstrated by an open-label non-randomized clinical trial (Gautret et al., 2020). A meta-analysis report stated that compared to alone HCQ, the combination of HCQ and AZM significantly increased mortality in COVID patients (Fiolet et al., 2020). A United States based observational study interpreted that HCQ treated patients did not either benefit or suffer in terms of intubation or mortality (Geleris et al., 2020). A large-scale clinical trial was conducted in United Kingdom, a Randomized Evaluation of COVID-19 Therapy (RECOVERY Trial), to investigate various drug candidates or therapies including HCQ against severe COVID-19. The result demonstrated no efficacy of HCQ against COVID-19 (Horby et al., 2020b). Surprisingly FDA issued EUA for CQ and HCQ against COVID-19 on March 28, 2020 and was revoked on June 15, 2020 (FDA, 2020b; FDA, 2020c). Major side effects of these drugs include QT prolongations, and decreased insulin clearance and resistance (FDA, 2020b; FDA, 2020c). The overuse of CQ and HCQ could possibly lead to tissue injury in the liver, retina, skeletal, and cardiac muscle cells due to their lysosomal affinity (Satarker et al., 2020; Cohen, 2020). Therefore, studies recommend that physicians avoid high doses and exercise extreme caution in the compassionate use of CQ/HCQ, either alone or in combination with other antivirals (Acharya and Sayed, 2020). Currently 88 and 267 COVID-19 associated clinical trials have been registered for CQ and HCQ respectively (ClinicalTrials.gov, 2020b; ClinicalTrials.gov, 2020d).

Lopinavir/Ritonavir

LPV/RTV are approved anti-HIV drugs that specifically target HIV protease (Chandwani and Shuter, 2008). LPV is used in combination with RTV to elevate its half-life via cytochrome P450 suppression (Chandwani and Shuter, 2008). LPV is predicted to act on the viral 3-chymotrypsin-like protease (3CLpro) (Sisay, 2020) (Figure 1; Table 1). Previous studies have established *in vitro* LPV effectiveness against SARS-CoV at 4µg/ml (Chu et al., 2004). A cumulative *in vivo* study involving LPV and RTV against MERS revealed the EC₅₀ of the two drugs as 11.6 and 24.9µM respectively with 50% cytotoxic concentration (CC₅₀) values >50µM (Sheahan et al., 2020). However, no *in vitro* study is available of LPV/RTV against SARS-CoV-2. In China, a clinical trial for LPV/RTV against adult hospitalized COVID-19 patients was conducted (Cao et al., 2020). The study showed no benefit of LPV/RTV (Dose: 400mg/100mg bid, 14days) treatment compared to standard care control groups (Cao et al., 2020). Although LPV/RTV treated groups exhibited less serious complications than the controls. A Japanese case-study reports successful treatment of non-severe COVID-19 pneumonia patients with LPV/RTV (Wada et al., 2020). Another study of 47 patients reported that LPV/RTV treatment improved physiological condition without adverse events (Ye et al.,

2020). In the study of 120 patients, if the LPV/RTV treatment is initiated within 10days of symptom onset, it significantly reduces viral shedding (Yan et al., 2020). LPV/RTV along with IFN-α or RBV may improve the health of COVID-19 patients (Yuan et al., 2020). On the contrary, another report from Taiwan suggested that LPV/RTV treatment did not reduce the duration of viral shedding in infected patients (Cheng et al., 2020). A single-center, randomized, open-labeled, prospective clinical trial conducted by Huang et al. studied the effect of LPV/RTV plus IFN-α, LPV/RTV plus RBV plus IFN-α, and RBV plus IFN-α treatment on COVID-19 patients. All the three regimens showed no significant difference regarding their effectiveness against COVID-19. LPV/RTV when given in combination with RBV lead to more adverse events suggesting that these two drugs should not be administered together (Huang Y.-Q. et al., 2020). A meta-analysis study investigating randomized trials showed LPV/RTV may reduce mortality (Huang Y.-Q. et al., 2020; Verdugo-Paiva et al., 2020). Albeit some contradictory studies showed no statistically significant effect on reducing the death rate (Karolyi et al., 2020; Horby et al., 2020). A report stated the risk of bradycardia in elderly critically ill COVID-19 patients with RTV plasma overdose (Beyls et al., 2020). Adverse gastrointestinal effects such as diarrhea, nausea and vomiting have been observed in patients treated with LPV/RTV (Huang Y.-Q. et al., 2020; Liu W. et al., 2020; Vecchio et al., 2020). Therefore, it remains difficult to safely recommend LPV/RTV dose without compromising the benefit of the antiviral strategy. There is an urgency of a comprehensive pharmacokinetic/pharmacodynamic analysis for the upcoming clinical trials in similar critically ill COVID-19 patients (Lê et al., 2020). Currently, 90 clinical trials have been registered for LPV/RTV for COVID-19 (ClinicalTrials.gov, 2020e).

Remdesivir

RDV is a prodrug of an adenosine triphosphate (ATP) analog and is converted into its active form GS-441524 on administration (Al-Tawfiq et al., 2020). It was initially proposed for the Ebola virus that acted by viral replication inhibition through premature termination of RNA transcription (Al-Tawfiq et al., 2020) and hence targeting RdRp. RDV metabolites have proved useful against yellow fever virus, Dengue virus type 2, influenza A, parainfluenza 3, and various delta CoVs (Cho et al., 2012). The parent nuclei of RDV is evaluated against alpha CoV (EC₅₀ = 0.78µM), porcine delta CoV, SARS-like bat CoVs and MERS-like bat CoVs (Murphy et al., 2018; Brown et al., 2019; Amirian and Levy, 2020). Studies on SARS and MERS infected human airway epithelial cells (EC₅₀ ≈ 0.07µM) and animal models demonstrated the viral polymerase inhibition ability of the drug (Agostini et al., 2018). The drug is efficient at EC₅₀, 0.77µM, and CC₅₀ > 100µM in Vero E6 cells against SARS-CoV-2 (Wang M. et al., 2020). Studies also revealed that RDV targeted structurally analogous regions of SARS-CoV-2 polymerase (Lo et al., 2020). Several *in-vivo* reports suggested that RDV decreased viral load, reduced pathological processes, alleviated mild symptoms, and improved pulmonary lesions in SARS-CoV-2 infected animals with adverse effect (Frediansyah et al., 2020; Badgujar et al., 2020; Pruijsers et al., 2020). The

TABLE 1 | General information of repurposed drugs used against SARS-CoV-2.

Drugs	Group	Mechanism of action	Targeted virus/disease indication	Molecular target	Possible correlation to be used against COVID 19 treatment	No. of clinical trials registered	Strengths	Limitations
CQ or HCQ	Antiparasitic	Antiviral effect, immuno-modulation	<i>Plasmodium</i> sp., arthritis, CoV-OC43, enterovirus 71, zika virus	Altering endosomal pH	Activity against SARS-CoV2 and immuno-modulatory effect	88 and 267	Have shown activity against earlier outbreak CoVs	Shown to cause QTc prolongation, torsades de pointes, ventricular arrhythmia, and cardiac deaths
LPV/RTV	HIV protease inhibitor	Viral protease inhibition	HIV, SARS-CoV, MERS-CoV	Viral protease inhibition	Binding to M ^{pro} protein of SARS-CoV-2	90	Have shown activity against earlier outbreak CoVs	No efficacy in multiple clinical trials including large scale clinical trials, known to cause QTc prolongation and is on the possible risk of torsades de pointes
RDV	Nucleoside analogue	Viral RNA synthesis termination	Ebola, SARS-CoV, MERS-CoV, yellow fever virus, dengue virus type 2, influenza A, parainfluenza 3, and various delta CoVs	Adenosine analogue competes with dATP in RNA synthesis	Viral replication inhibition	78	Recently discovered drug active against multiple viruses including delta CoVs, SARS and MERS CoVs, shown efficacy in recent clinical trials	Questionable safety on long term effect as the drug is recently discovered, showed no efficacy in large scale trials, known to cause acute hepatotoxic effect due to an increase in hepatic transaminase activity but no effect on QTc
FPV	Nucleoside analogue	Viral RNA synthesis inhibition	Influenza a and B viruses, arenavirus, bunyavirus, flavivirus, filoviruses and ebola virus	Guanosine analogue competes with dGTP in RNA synthesis	Viral replication inhibition	45	Active against many viruses, shown <i>in vitro</i> activity against SARS-CoV-2	Variation in FPV plasma concentration between the US and the Japanese population, shown to cause adverse effects on the fetus
RBV	Nucleoside analogue	Viral RNA synthesis inhibition	Hepatitis C virus, canine distemper virus, enterovirus 71, chikungunya virus, semliki forest virus, orthopoxvirus, influenza virus, flavi- and paramyxoviruses	Guanosine analogue competes with dGTP in RNA synthesis	Viral replication inhibition	15	Shows efficacy against MERS-CoV in animal model and used in earlier CoV outbreaks	Majorly used in combination with other drugs and is not effective against reducing mortality, shown to cause hemolytic anemia and worsening of cardiac disease to myocardial infarctions
AZM	Antibiotic	Bacterial protein synthesis inhibition, Antiviral effect	Bacteria, influenza virus, dengue virus, zika virus, ebola virus	Altering endosomal pH	Activity against SARS-CoV2, immuno-modulatory effect and interfere with viral replication	122	Active against many viruses and shown <i>in vitro</i> activity against SARS-CoV-2	Majorly used in combination with other drugs, showed adverse events, no efficacy in large scale trials, shown to cause QTc prolongation including ventricular and supraventricular arrhythmia

(Continued on following page)

TABLE 1 | (Continued) General information of repurposed drugs used against SARS-CoV-2.

Drugs	Group	Mechanism of action	Targeted virus/disease indication	Molecular target	Possible correlation to be used against COVID 19 treatment	No. of clinical trials registered	Strengths	Limitations
UFV	Broad spectrum antiviral	Stacking interactions with certain amino acid residues, viral glycoproteins, lipids	Influenza-A virus, respiratory syncytial virus, rhinovirus type-14, Coxsackievirus-B3 and adenovirus type-7	Stacking interactions with certain amino acid residues, viral glycoproteins, lipids	Targeting viral proteins or lipids and preventing viral entry	11	Active against SARS-CoV and SARS-CoV-2 <i>in vitro</i> , commonly used	No efficacy against COVID-19, rarely cause serious mental/mood changes but no effect on QTc
OTV	Neuraminidase inhibitor	Inhibits viral neuraminidase enzyme	Influenza a and B viruses	Component involved in exocytosis process	Virus exocytosis Inhibition	20	Commonly used drug	No efficacy against SARS-CoV-2, rarely cause serious mental/mood changes but no effect on QTc

The strength and limitations of drug used are conclusively stated comparing the reports explained in the manuscript. QTc: corrected QT interval.

recommended dose of RDV is 200mg on Day 1 and 100mg daily for 5days (for non-severe cases) to 10days (severe cases). A similar dose was considered in numerous clinical trials. A randomized, open-label, phase 3 trial investigating RDV dose for 5days vs. 10days revealed that the treatment for 5days was comparatively beneficial (Spinner et al., 2020). A double-blinded, randomized, placebo-controlled trial, determined that severe COVID-19 patients treated with RDV showed fast recovery compared to control, though statistically insignificant (Wang Y. et al., 2020). Moreover, the RDV administration is not approved globally due to questionable safety. Although SOLIDARITY trial results denote that RDV is not beneficial against COVID-19, result of some recently completed clinical trials are contrary. A double-blinded, randomized, placebo-controlled trial from the United States showed that RDV treated hospitalized patients may recover faster with comparatively less adverse events and mortality than the placebo group (Beigel et al., 2020). Prominent adverse reactions were acute respiratory failure, decreased glomerular filtration rate, lymphocytopenia, pyrexia, hyperglycemia, increased anemia, increased creatine, and liver transaminases (Beigel et al., 2020; FDA, 2020d). Result of multicentre clinical trial published at the end of first year of the pandemic, showed that RDV given in combination with baricitinib (a Janus kinase inhibitor used to hinder intracellular signaling of cytokines) was effective compared to RDV alone in terms of reducing recovery time additionally speeding improvement (Kalil et al., 2020). Based on such positive results of RDV, it has been approved to use by various authorized platforms like FDA (Mahase and McCullough, 2020). An interesting investigation showed that RDV's parent nucleotide GS-441524 is superior and less toxic than its pro-drug form and has shown efficacy in *in vivo* veterinary settings (Yan and Muller, 2020). Therefore, further investigation regarding the use of the parent nucleotide itself against COVID-19 should be driven with a faster pace. Currently,

78 COVID-19 associated clinical trials are registered with RDV (ClinicalTrials.gov, 2020g).

Favipiravir

Favipiravir (FPV), an approved influenza treatment, is a pyrazinecarboxamide derivative (Furuta et al., 2013). It also showed efficacy against arenavirus, bunyavirus, flavivirus, filoviruses, and Ebola virus (Furuta et al., 2017). The prodrug after administration is transformed by host enzymes into the ribofuranosyl triphosphate derivative (T-705-RTP), a guanine analogue and suppresses the RdRp (Figure 1; Table 1). *In vitro* effectivity of FPV against SARS or MERS viruses have not been addressed. An *in vitro* study has shown inhibition of SARS-CoV-2 by FPV ($EC_{50} = 61.88\mu M$; $CC_{50} = \text{over } 400\mu M$) (Wang X. et al., 2020). In Japan, the approved dose of FPV against influenza is 1,600mg bid on day 1, followed by 600mg bid on days 2–5 with associated side effects (PMDA, 2020). A Chinese open-label, controlled study investigated the effects of FPV (Day 1; 1600mg twice and Day 2–14; 600mg bid) vs. LPV/RTV (Day 1–14; 400mg/100mg bid). The preliminary results indicated potent FPV action and fewer adverse effects than LPV/RTV ($p < 0.001$) (Cai et al., 2020). A report suggested treatment of COVID-19 patients with FPV during times of early symptoms, helped in reducing the SARS-CoV-2 presence in nasal secretions (McCullough, 2020). However, previous clinical trials have reported the variation in FPV plasma concentration between the United States and the Japanese population (Madelain et al., 2016). Therefore, more trials regarding global use of FPV should be considered. In a Japanese study FPV also showed to control inflammatory mediators and pneumonia progression in COVID-19 patients (Yamamura et al., 2020). Severe or critical COVID-19 patients showed improvements after treating with FPV (Takahashi et al., 2020) and FPV also led to improved lung histology (Kaptein et al., 2020). However, in a meta-analysis study, FVP proved to have significant clinical and radiological

improvement without significant differences on viral clearance (Shrestha et al., 2020). For the use of FPV with respect to COVID-19, 45 clinical trials have been registered (ClinicalTrials.gov, 2020c).

Ribavirin

Ribavirin (RBV), a broad-spectrum antiviral prodrug is metabolized in host into a guanosine analog (Gish, 2006). The drug showed antiviral efficacy against canine distemper virus, hepatitis C virus, Enterovirus 71, Chikungunya virus, and Semliki Forest virus, orthopoxvirus, influenza virus, flavi- and paramyxoviruses (Elia et al., 2008; Galli et al., 2018; Li et al., 2008; Briolant et al., 2004; Smee et al., 2001; Leyssen et al., 2005). A study observed reduced replication of the MERS-CoV in rhesus macaques upon treatment with IFN- α 2b and RBV (Falzarano et al., 2013). RBV in combination with LPV/RTV was used in SARS-CoV and MERS-CoV trials (Yao T. et al., 2020). In the case of SARS-CoV-2 infection, an *in vitro* study determined the EC50 of RBV as 109.50 μ M (Wang X. et al., 2020). A study included RBV along with LPV/RTV and IFN- α in the treatment of hospitalized COVID-19 patients (Hung et al., 2020). The triple therapy was found to be beneficial to reduce disease symptoms and virus shedding compared to groups provided LPV-RTV alone. The dose of RBV considered was 400mg bid along with 400mg/100mg of LPV/RTV + IFN- α for 14days. A study assessed the impact of sofosbuvir/daclatasvir (antivirals) compared to RBV in treatment of COVID-19 patients. The mortality was higher (33%) in COVID-19 patients treated with RBV than that of sofosbuvir/daclatasvir (Eslami et al., 2020). A retrospective cohort study comparing RBV vs. supportive therapy stated that RBV did not help in reducing the mortality rate in COVID-19 patients (Tong et al., 2020). 15 clinical trials have been registered for the use of RBV alone or in combination with other COVID-19 drugs (ClinicalTrials.gov, 2020h).

Azithromycin

Azithromycin (AZM) is a semisynthetic macrolide antibiotic belonging to the azalide class (Ballow and Amsden, 1992). It has bactericidal effects and targets the protein synthesis process of bacteria. AZM has also been shown to inhibit influenza, zika, dengue, and Ebola viruses (Damle et al., 2020; Wang M. et al., 2020). Specifically, a study showed AZM induced reduction in rhinovirus replication 7-fold in primary bronchial epithelial cells without inducing cell death (Schögler et al., 2015). The *in vitro* EC50 for AZM against SARS-CoV-2 was 2.12 μ M (EC90: 8.65 μ M) following a 72-hour incubation post-infection (MOI of 0.002) (Hughes et al., 2020). The addition of AZM with HCQ was efficient in virus elimination in COVID-19 patients (Gautret et al., 2020). The dose of 500mg on day 1 followed by 250mg/day, the next 4days was used in compliment to HCQ dose of 200mg, three times/day, for 10days. Some investigations suggested HCQ and AZM combination to be beneficial in reducing mortality in COVID-19 patients (Bonny et al., 2020; Arshad et al., 2020). A case report showed AZM provided with HCQ proved to be an effective treatment approach in pregnant women against the SARS-CoV-2 infection and associated with reduced mortality (Sisti et al., 2020). In contrast, a report from the

United States stated that neither HCQ nor AZM separately or together could reduce the mortality of COVID-19 patients compared to the control group (Rosenberg et al., 2020). Moreover, treatment of AZM and HCQ was associated with greater changes in QTc in COVID-19 patients (Mercuro et al., 2020). Few other studies also reported that AZM included in treating COVID-19 patients did not provide any beneficial effect (Rodríguez-Molinero et al., 2020; Furtado et al., 2020; Cavalcanti et al., 2020). 122 clinical trials have been registered for the use of AZM alone or in combination with other drugs against COVID-19 (ClinicalTrials.gov, 2020a).

Umifenovir

Umifenovir (UFV) is an indolyl carboxylic acid widely recognized as Arbidol (Blaising et al., 2014). It is used as a treatment and prevention measure against influenza virus (Blaising et al., 2014). It has direct antiviral and host-targeting action. UFV can interact with virus protein or lipid components and may hinder different stages of the viral life cycle (Blaising et al., 2014). *In vitro* analysis of the antiviral activity of arbidol against several human respiratory viruses, namely influenza-A virus, respiratory syncytial virus, rhinovirus type-14, coxsackievirus-B3 and adenovirus type-7 is demonstrated (Shi et al., 2007). Inhibition of SARS-CoV replication on UFV treatment was demonstrated *in vitro*. UFV is also known to inhibit various isolates of zika virus in multiple cell lines (Fink et al., 2018). The inhibitory action of the drug against SARS-CoV-2 in Vero E6 cells (MOI of 0.05) has been demonstrated. The EC50 and CC50 were 4.11 and 31.79 μ M, respectively (Wang X. et al., 2020). Briefly, the study showed enhanced inhibitory activity at early stages compared to the post-entry stage (**Figure 1**). A small-scale study suggested post-exposure prophylaxis (PEP) use of UFV in people exposed to COVID-19 patients (Zhang et al., 2020). Another study determined that arbidol monotherapy was superior to LPV/RTV against COVID-19 (Zhu et al., 2020). COVID-19 patients provided with UFV along with LPV/RTV showed better outcomes compared to patients who received LPV/RTV only (Deng et al., 2020). A contrary study reported that UFV was not beneficial to improve the condition of the patient or viral clearance (Lian et al., 2020). Moreover, another study suggested arbidol + LPV/RTV were associated with many adverse events (Wen et al., 2020). In most of the studies, a dose of 200mg thrice a day was considered. According to a meta-analysis, UFV was not effective in terms of reducing the SARS-CoV-2 elimination from the infected patient in terms of detection in diagnostic tests and even hospital length of stay of hospitalized patients (Huang D. et al., 2020). There is no evidence to support the use of UFV for improving patient-important outcomes in patients with COVID-19. 11 registered clinical trials include UFV use in COVID-19 treatment (ClinicalTrials.gov, 2020i).

Oseltamivir

Oseltamivir (OTV) is a synthetic derivative prodrug of ethyl ester with antiviral activity (Schade et al., 2014). It acts as a neuraminidase inhibitor against the influenza virus and is also effective for various avian influenza virus strains (Ward et al., 2005). An *in vitro* OTV study on H5N1 influenza showed that the

TABLE 2 | ADMET analysis of drugs repurposed against SARS-CoV-2.

Property	Model name	Predicted value										Unit
		CQ	HCQ	AZM	RMD	RBV	LPV	RTV	FPV	UFV	OTV	
Absorption	Lipophilicity	4.81	3.78	1.90	2.31	-3.01	4.32	5.90	-0.99	5.17	1.28	Numeric (LogP)
	Water solubility	-4.249	-3.627	-4.133	-3.07	-1.71	-4.819	-3.35	-2.12	-3.98	-2.47	Numeric (log mol/L)
	Caco2 permeability	1.62	1.54	-0.21	0.63	0.42	0.06	0.37	0.62	0.83	0.93	Numeric (log papp in 10 ⁻⁶ cm/s)
	Intestinal absorption (human)	89.95	90.21	45.80	71.10	54.98	65.60	69.45	91.69	88.29	74.46	Numeric (% Absorbed)
	Skin permeability	-2.67	-2.84	-2.74	-2.73	-2.76	-2.73	-2.73	-3.2	-2.73	-3.17	Numeric (log Kp)
	P-glycoprotein substrate	Yes	Yes	Yes	Yes	No	Yes	Yes	No	Yes	No	Categorical (Yes/No)
	P-glycoprotein I inhibitor	No	No	Yes	Yes	No	Yes	Yes	No	Yes	No	Categorical (Yes/No)
	P-glycoprotein II inhibitor	No	No	No	No	No	Yes	Yes	No	Yes	No	Categorical (Yes/No)
	VDss (human)	1.33	1.07	-0.214	0.30	-0.01	-0.24	0.42	-0.21	0.72	0.04	Numeric (log L/kg)
	Fraction unbound (human)	0.19	0.24	0.51	0.005	0.78	0	0	0.78	0.12	0.59	Numeric (Fu)
Distribution	BBB permeability	0.349	0.07	-1.85	-2.05	-0.92	-0.83	-1.66	-0.12	0.03	-0.69	Numeric (log BB)
	CNS permeability	-2.19	-2.51	-3.77	-4.67	-3.75	-2.935	-3.29	-3.08	-2.19	-3.11	Numeric (log PS)
Metabolism	CYP2D6 substrate	Yes	Yes	No	No	No	No	No	No	No	No	Categorical (Yes/No)
	CYP3A4 substrate	Yes	Yes	Yes	Yes	No	Yes	Yes	No	Yes	No	Categorical (Yes/No)
	CYP1A2 inhibitor	No	Yes	No	No	No	No	No	No	No	No	Categorical (Yes/No)
	CYP2C19 inhibitor	No	No	No	No	No	Yes	No	No	Yes	No	Categorical (Yes/No)
	CYP2C9 inhibitor	No	No	No	No	No	Yes	Yes	No	No	No	Categorical (Yes/No)
	CYP2D6 inhibitor	Yes	Yes	No	No	No	No	No	No	Yes	No	Categorical (Yes/No)
	CYP3A4 inhibitor	No	No	No	No	No	Yes	Yes	No	Yes	No	Categorical (Yes/No)
Excretion	Total clearance	1.09	1.15	-0.42	0.19	0.62	0.45	0.56	0.51	0.68	0.92	Numeric (log ml/min/kg)
	Renal OCT2 substrate	Yes	No	No	No	No	No	No	No	No	No	Categorical (Yes/No)
Toxicity	AMES toxicity	Yes	Yes	No	No	No	No	No	No	No	No	Categorical (Yes/No)
	Max. Tolerated dose (human)	-0.16	-0.09	1.02	0.15	1.01	-0.29	0.09	1.29	0.33	0.47	Numeric (log mg/kg/day)
	hERG I inhibitor	No	No	No	No	No	No	No	No	No	No	Categorical (Yes/No)
	hERG II inhibitor	Yes	Yes	No	Yes	No	Yes	Yes	No	Yes	No	Categorical (Yes/No)
	Oral rat acute toxicity (LD50)	2.85	2.65	2.76	2.04	1.98	2.38	2.70	1.94	2.95	2.67	Numeric (mol/kg)
	Oral rat chronic toxicity (LOAEL)	1.02	1.40	1.99	1.63	3.09	5.94	2.23	2.02	0.73	1.09	Numeric (log mg/kg_bw/day)
	Hepatotoxicity	Yes	Yes	Yes	Yes	No	Yes	Yes	No	Yes	No	Categorical (Yes/No)
	Skin sensitization	No	No	No	No	No	No	No	No	No	No	Categorical (Yes/No)
	<i>T.pyrifomis</i> toxicity	1.55	1.06	0.28	0.28	0.28	0.28	0.09	0.29	0.10	0.10	Numeric (log ug/L)
	Minnow toxicity	0.74	1.32	7.80	0.29	4.62	-1.50	1.787	3.40	-0.12	2.31	Numeric (log mM)

The ADMET information about selected drugs is predicted using online server <http://biosig.unimelb.edu.au/pkcsml/>.

IC₅₀ was 0.1–4.9nM (Govorkova et al., 2009). However, an *in vivo* study involving H5N1 infection required a longer course and higher dosage of OTV (Borio et al., 2018). No *in vitro* study against SARS-CoV-2 is conducted for OTV. The COVID-19 originated in China during flu season, and hence earlier, many patients received OTV treatment until the causative agent SARS-CoV-2 was discovered. Some current clinical trials have used OTV in combination with other major therapeutic candidates. A study showed that the drug exhibited no positive result on COVID-19 (Wang D. et al., 2020). 20 clinical trials have been registered which include OTV in the treatment panel of COVID-19 (ClinicalTrials.gov, 2020f).

OTHER POTENTIAL ANTIVIRAL DRUGS AND THERAPIES

Convalescent Plasma Therapy

Apart from antiviral drugs another probable efficient antiviral strategy includes the use of convalescent plasma collected from the recovered patients containing the anti-SARS-CoV-2 antibodies. Convalescent plasma obtained from patients

recovered from COVID-19 carry receptor binding domain specific antibodies with potent antiviral activity (Robbiani et al., 2020). These antibodies can directly interact with SARS-CoV-2 proteins and could block the viral entry into the cell (Figure 1). In August 2020, FDA issued EUA for the use of convalescent plasma in hospitalized patients (FDA, 2021a). The samples were considered of high titer if it followed one of the following criteria-a neutralizing antibody titer of ≥250 as per Broad Institute's neutralizing antibody assay, a signal-to-cut off (S/C) of ≥12 as per Ortho VITROS IgG assay, or a level of ≥1:2,880 in the Mount Sinai COVID-19 ELISA IgG Antibody Test (FDA, 2021a; FDA, 2021b; FDA, 2021c). Units with low titer should be specified and considered to use if high titer samples were not available. The initial dose of 200ml is recommended and further the dose is advised as per condition and requirement of the patient. However, clinical trials have used different values of titer or doses and generally convalescent plasma was examined using immunoassays instead of viral neutralization assays. For example, a study reported use of no minimum neutralizing-antibody titer and single dose of 200–500ml plasma as per the patient's condition (Joyner et al., 2020a). While in an open label phase II multicentre randomized controlled trial (PLACID Trial)

from India, two doses of 200ml with titers ranging from 1:20 to $\geq 1:1,280$ (from immunoassay) was used. In a Chinese trial, single dose of median volume of 200–250ml with titer $\geq 1:1,640$ was used (Li et al., 2020). Although various studies have shown efficacy of this therapy (Ahn et al., 2020; Duan et al., 2020; Abolghasemi et al., 2020; Hegerova et al., 2020; Xia et al., 2020), some clinical trials have demonstrated that use of convalescent plasma did not reduced the hospitalization duration, severity, or mortality compared to the control groups (Simonovich et al., 2020; Li et al., 2020; Agarwal et al., 2020). Recently completed randomized, double-blind, placebo-controlled trial from Argentina showed reduced disease progression in patients treated with high titer ($>1:1,000$) convalescent plasma (Libster et al., 2021). Also, another multicentre study from Poland stated that convalescent plasma can be given as supportive therapy to COVID-19 patients due to availability and low frequency adverse events (Moniuszko-Malinowska et al., 2020). Another large-scale observational analysis of patients from the United States who received the convalescent plasma put forward the opinion that this therapy could be beneficial if provided in early days of symptoms onset (Joyner et al., 2020b, Effect of Convalescent Plasma on Mortality among Hospitalized Patients with COVID-19: Initial Three-Month Experience, 2020). The titers of neutralizing antibodies from donor and viral titers in recipient should be considered for providing the convalescent plasma and further clinical outcomes should be studied for optimizing the therapy. There is a lack of studies exclusively investigating the effect of convalescent plasma treatment on SARS-CoV-2 infected children or pregnant women. Additionally, the effectivity of convalescent plasma in patients infected with new SARS-CoV-2 variants also needs to be tested. The ongoing trials may shed more light on efficacy of this therapy against COVID-19 patients. However, many trials were terminated due to reduced cases in the study region. Currently, overall 172 clinical trials have been registered to investigate the use of convalescent plasma in COVID-19 patients (ClinicalTrials.gov, 2021a).

New Antiviral Candidates and Other Potential Therapies On-Board

Other than the repurposed drugs the development of anti-SARS-CoV-2 drugs has been accelerated. Recently, a hydroxymethylketone derivative PF-00835,231 showed potency to block protease of SARS-CoV-2 in pre-clinical experiments (Hoffman et al., 2020). This drug has also shown to have suitable pharmaceutical properties and has gathered as an intravenous therapy to cure the disease. Another drug AT-527, a purine nucleotide prodrug, which has shown pan-genotypic efficacy against hepatitis C infection (Good et al., 2020) has also been considered against COVID-19 in a multinational clinical trial (Clinical trial no. NCT04396106). Apart from antiviral drugs, the strategies to tackle increased inflammatory responses during COVID-19 have also been investigated in various studies. Corticosteroids, due to their potent anti-inflammatory effects have gained importance in this regard. Numerous studies investigated a glucocorticoid-dexamethasone but its importance is recently highlighted in large scale RECOVERY

trial (Horby et al., 2020a) and further gained recommendation of its use from various platforms. The daily dose of 6mg dexamethasone for 10days was used for hospitalized patients and showed reduced mortality on 28th day compared to the control groups (Horby et al., 2020a). Currently there are 45 registered clinical trials for corticosteroid use against COVID-19 (ClinicalTrials.gov, 2021b).

PHARMACOKINETICS AND DRUG INTERACTIONS OF SOME REPURPOSED DRUGS

Understanding the relationship between the pharmacokinetic properties and the therapeutic effect or side-effect of a drug is clinically important (Takahashi, 2000). The bioavailability, volume of distribution, protein binding, half-life, and elimination are the key determinants of successful drug therapy. Especially in severe COVID-19 cases, complex clinical situations may arise due to multiple organ failure and the consequences of drug action cannot be predicted without sufficient pharmacokinetic data (Zaim et al., 2020; Wang T. et al., 2020). The relevant information can be obtained from preclinical and large randomized clinical trials. However, clinicians will continue to confront the challenge of deciding the dosage of repurposed drugs until the pharmacokinetics parameters are better assessed in COVID-19. Furthermore, multi-drug therapy is unavoidable in the treatment of COVID-19, especially for those patients with pre-existing diseases (Jafari et al., 2020). Therefore, drug-drug interactions (DDIs) are the major concern in clinical practice. It is too early to precisely estimate the effect of DDIs between the experimental drugs used to treat COVID-19 and other prescription drugs. Similarly, the impact of DDIs on pre-existing clinical conditions may not be clearly ruled out. Because, the currently available COVID-19 clinical results are mostly obtained from a relatively short-term study and was not performed in patients taking specific drugs for pre-existing illness (Sciacaluga et al., 2020). Moreover, clinically significant DDIs can be rationalized in relevant studies performed on appropriate patient populations with high accuracy. Herein, we recapitulate the pharmacokinetics and DDIs of some COVID-19 repurposed drugs under consideration. Additionally, we report the *in silico* pharmacokinetics prediction of all repurposed drugs discussed in this review (Table 2).

Generally, the drugs are evaluated for potential risk of DDIs during drug development stage to determine the effect of cytochrome P450 (CYP) and P-glycoprotein mediated interactions (Elmeliegy et al., 2020). However, a lack of published clinical data in this area is a major setback. Some efforts are made to document the potential DDIs and they can be accessed from the COVID-19 Drug Interactions site (Liverpool COVID-19 interactions, 2021) published by the Liverpool Drug Interaction Group and the IBM Micromedex Drug Interaction Checking site (IBM Micromedex, 2021) maintained by IBM Watson Health, Greenwood Village, Colorado, United States.

Two antimalarial drugs CQ and HCQ, with or without a macrolide antibiotic AZM, have been studied in multiple clinical

trials for the treatment of COVID-19. QTc prolongation, Torsade de Pointes, ventricular arrhythmia, and cardiac deaths are major risks of CQ and HCQ. QT prolongation and potentially life-threatening arrhythmias with HCQ therapy originate from its pharmacodynamics action (O'Laughlin et al., 2016). CQ and HCQ are moderate inhibitors of cytochrome P450 (CYP) 2D6, and potential inhibitors of P-glycoprotein (P-gp) (Rendic and Guengerich, 2020). Therefore, these drugs cause a wide range of potential DDIs by altering the plasma concentration of several drugs. HCQ increases the plasma concentrations of amiodaron, dabigatran, edoxaban, cyclosporine, tacrolimus and sirolimus and decreases the bioavailability of carbamazepine and rifampicin with concomitant use (Liverpool COVID-19 interactions, 2021). The co-administration of HCQ with anti-tubercular drugs such as isoniazid or ethambutol increases the risk of peripheral neuropathy in diabetic patients. CQ and HCQ may decrease the activity of RDV and therefore co-administration of these drugs is not recommended. AZM is not metabolized by cytochromes P450 and it is not a substrate/inhibitor of CYP450. AZM is a known P-glycoprotein (P-gp) inhibitor and, if co-administered with P-gp substrates, it may result in increased serum levels requiring special therapeutic dose monitoring (Scherrmann et al., 2020).

RDV is a prodrug that inhibits viral RNA polymerases. The metabolic stability of RDV studied in various animal models showed that it was relatively stable in the intestine ($t_{1/2} = 40.3\text{--}114.1\text{min}$) but unstable in the liver ($t_{1/2} < 3.9\text{min}$) (FDA, 2020a). The hepatic instability and the complete first-pass effect prevented oral delivery of RDV. Therefore, the drug is administered through the intravenous route (IV). The IV administration of RDV (200mg) to healthy humans produced AUC₀₋₂₄ values of $4.8\mu\text{M/h}$ with moderate protein binding. The *in vitro* metabolism studies of RDV suggest that it was predominantly metabolized by CYP2C8, CYP2D6, and CYP3A4. It is extensively metabolized in hepatic tissues, and the rate of metabolism by CYP3A4 alone was estimated as 42.1%. The elimination studies carried out in rats and monkeys showed that kidney and bile excretion were the major routes of elimination of RDV. It has a low potential for significant drug-drug interactions because of its rapid clearance. However, the antiviral activity effect of RDV is reduced when co-administered with CQ or HCQ (COVID-19 treatment update, FDA). It is because of the interference of CQ on the intracellular metabolic activation of RDV. Therefore, the co-administration of inhibitors of such CYPs can lead to a potentially high risk of toxic effect (Cattaneo et al., 2020). In a case study it was reported that RDV induced acute hepatotoxic effect in a male COVID-19 patient and realized the toxic effect was due to probable interaction of P-glycoprotein (P-gp) inhibitors (Leegwater et al., 2020). The clinical history of the patient described that the patient was treated with the P-gp inhibitors like chloroquine and amiodarone along with RDV. An adverse effect of an increase in hepatic transaminase activity was also observed in the clinical trial of RDV. RDV was not genotoxic, and it does not impair male fertility (Singh et al., 2020). Based on these preliminary findings, the FDA had granted a EUA for RDV for the treatment of

COVID-19 patients (Ison et al., 2020; FDA, 2020d) and was last reissued on October 22, 2020 with some amendments.

The combination of LPV and RTV was approved for the treatment of HIV infection and has recently been investigated in COVID-19 patients (Jean et al., 2020). RTV-boosted LPV (400/100mg) was orally administered to COVID-19 patients. LPV is predominantly metabolized by CYP3A4 isoenzyme, and RTV is a strong inhibitor of CYP3A4 (Chen, 2005; Gregoire et al., 2020). Therefore, RTV prevented the metabolism of LPV. The concentrations of LPV in COVID-19 patients were extremely high compared with HIV-infected patients. No severe adverse events were reported in the clinical trials of LPV and RTV. However, these two drugs can inhibit metabolism and increase plasma levels of several drugs that may induce toxic effects. The potentially severe DDIs were recorded for the concurrent administration of HCQ and LPV/RTV in hospitalized COVID-19 patients (Cattaneo et al., 2020). Cattaneo, *et al.*, reported that more than fifty percent of category D based DDIs and they are attributed to LPV/RTV. The risk of QT interval prolongation by LPV/RTV therapy may be due to inhibition of human ether-a-go-go related gene (hERG) (Sciacaluga et al., 2020). The cardiotoxicity risk ratio of LPV/RTV is double that of HCQ and AZM (Cattaneo et al., 2020). Furthermore, RTV is shown to increase in the bioavailability and half-life of immunosuppressant drugs such as tacrolimus and cyclosporine by inhibition of CYP3A (Zijp et al., 2020).

The clinical trial results of FPV showed that the peak plasma concentration was achieved at 2h after oral administration (Du and Chen, 2020). The plasma protein binding of FPV was observed 54% in humans. FPV is metabolized in the hepatic tissues majorly by aldehyde oxidase (AO), and partly by xanthine oxidase (Gowen et al., 2015). The metabolites of FPV are rapidly excreted by the kidneys. Particularly, FPV is a mechanism-based AO inhibitor and affects the action of AO in a concentration-dependent manner. Furthermore, potential DDIs between FPV, cimetidine, and zaleplon have been already reported (Renwick et al., 2002). The chances of occurring DDIs between FPV and citalopram, famciclovir, zaleplon and sulindac are higher as these drugs are also metabolized by AO (Du and Chen, 2020). *In vivo* study showed inhibitory effect of FPV on CYP2C8 isoenzyme. Therefore, more caution was necessary with anticancer agents such as tamoxifen (AO inhibitor) and paclitaxel (CYP2C8 substrate) (Jafari et al., 2020). Furthermore, a clinical study showed that FPV increases the concentrations of antidiabetic drugs such as pioglitazone or repaglinide with concomitant use that leads to the risk of hypoglycemia. Therefore, a great deal of attention must be paid by clinicians in designing the therapeutic dosage regimen.

CONCLUSION

For containing the devastating scenario of COVID-19 pandemic, the identification of potent and less toxic therapeutics for COVID-19 is a key research priority. Current research efforts are intensified on the evaluation of existing drugs against SARS-CoV-2 infection. Despite several challenges in SARS-CoV-2 infection, the drug repurposing strategy has proved its

important role in the rapid discovery of an effective treatment for COVID-19. Only judicious evaluation of these repurposed drugs may show real insights on its clinical effectiveness and clinical safety in COVID-19 patients. Furthermore, it is essential to address the issue of drug-drug interaction of the repurposed drugs in COVID-19 patients with comorbidities (Jakhmola et al., 2020c). In our knowledge, the present review adequately provides all relevant information currently needed to assist clinicians and researchers working in this area.

AUTHOR CONTRIBUTIONS

HJ and OI devised the idea of study. OI, SJ, and EM contributed to literature search. OI, SJ, and EM prepared the initial draft of

manuscript. OI developed tables and figure. HJ did the proof reading, correction, modifications and final drafting.

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Antiviral Essential Oil Components Against SARS-CoV-2 in Pre-procedural Mouth Rinses for Dental Settings During COVID-19: A Computational Study

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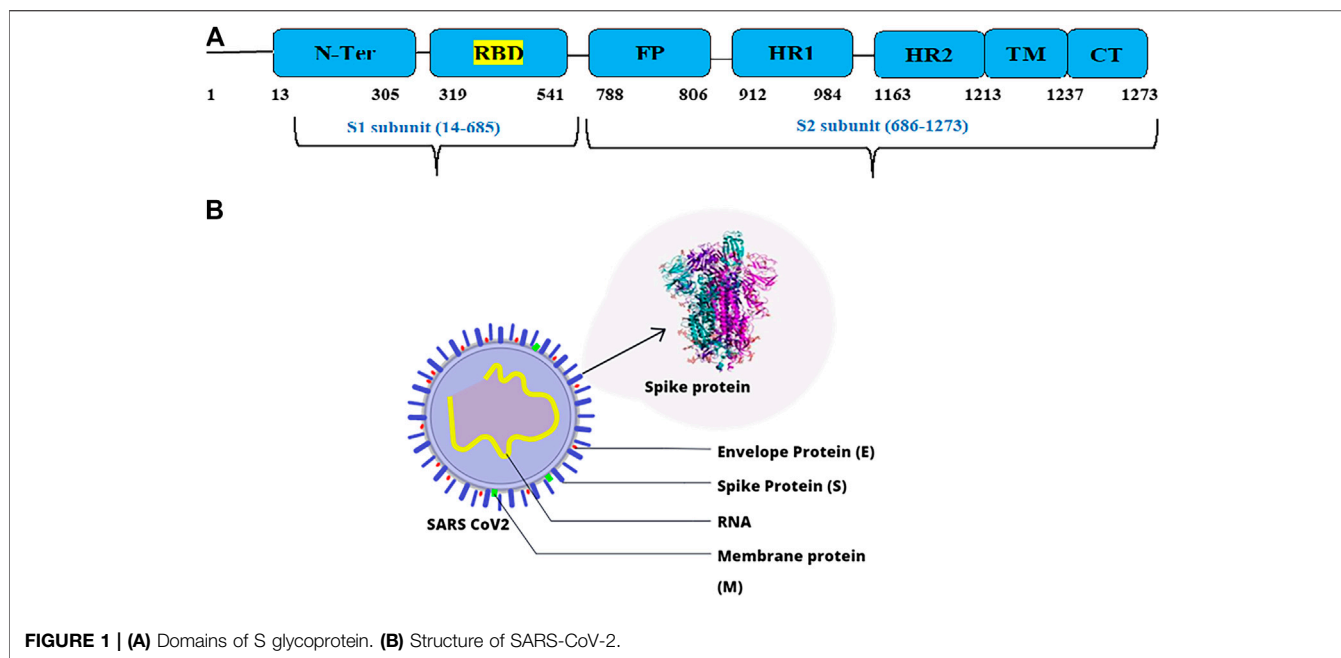
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COVID-19 mainly spreads through cough or sneeze droplets produced by an infected person. The viral particles are mostly present in the oral cavity. The risk of contracting COVID-19 is high in the dental profession due to the nature of procedures involved that produce aerosols. Along with other measures to limit the risk of infection, pre-procedural mouth rinses are beneficial in reducing the viral particles in the oral cavity. In this study, the antiviral efficacy of essential oil components has been determined specifically against SARS-CoV-2 by molecular docking and conceptual DFT approach. Based on the binding affinities of the components against the receptor binding domain of the S1 glycoprotein, cuminal, carvacrol, myrtanol, and pinocarveol were found to be highly active. The molecular descriptor values obtained through conceptual DFT also indicated the above-mentioned components to be active based on the correlation between the structure and the activity of the compounds. Therefore, pre-procedural mouth rinses with these components included may be specifically suitable for dental procedures during the COVID-19 period.

Keywords: COVID-19, SARS-CoV-2, pre-procedural mouth rinse, antiviral, dental, molecular docking, conceptual DFT

INTRODUCTION

The outbreak of corona virus disease 2019 (COVID-19) in Wuhan, China, has impacted the world in several ways (Lai et al., 2020). This disease, caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), has swiftly spread across 202 countries in the world due to its highly contagious nature (Peng et al., 2020b). As per the World Health Organization (WHO) report, there have been about 38 million confirmed cases of COVID-19, including one million deaths all over the world (as on October 16, 2020) (<https://covid19.who.int/>). And in India alone, there are seven million cases with about 100,000 deaths reported (as on October 12, 2020) (WHO Coronavirus Disease, 2020). Despite undertaking serious measures to contain the disease globally, it is still on the rise with no



vaccine or drug to control the same. The virus spreads through direct contact with cough and sneeze droplets from an infected person or by touching contaminated surfaces and further by touching the nose or mouth (Dhand and Li, 2020). Once a person contracts the disease, the viral particles are mostly housed in the nasal cavity, oropharynx, nasopharynx, and salivary secretions (Han and Ivanovski, 2020; Krajewska Wojciechowska et al., 2020). An infected person displays symptoms such as fever, cough, and cold, and there have been reports indicating that asymptomatic carriers also spread the disease (Qu et al., 2020; Yu and Yang, 2020).

The nature of dental doctors' work mostly involves being in close proximity with patients and exposure to saliva and blood from aerosols generated from regular dental procedures, which puts them at high risk of viral infection (Li et al., 2020; Meng et al., 2020; Peng et al., 2020a). The droplets may infect the dentist if they are large in size; otherwise, they may remain suspended in the air and cause long-distance transmission in case of smaller droplets (Baghizadeh Fini, 2020). Several studies suggest that SARS-CoV-2 spike protein (1273 amino acid residues) binds to human angiotensin converting enzyme 2 (ACE-2) and utilizes it as a cellular entry receptor for binding and replication (Gurwitz, 2020; Verdecchia et al., 2020; Ziegler et al., 2020). The spike (S) protein is composed of two subunits, namely, S1 and S2. The receptor binding domain (RBD) of the S1 protein (319–541 residues) binds to the ACE-2 cell receptor, followed by fusion, which involves the S2 protein. The RBD lies in the C-terminal domain of the S1 protein, which has more residues that directly interact with the ACE-2 receptor when compared to the N-terminal domain (Huang et al., 2020). The domains of S glycoprotein and structure of SARS-CoV-2 are depicted in **Figure 1**. Hence, this region is a critical target for antibodies or antiviral compounds. ACE-2 receptors are abundantly present

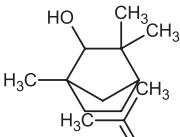
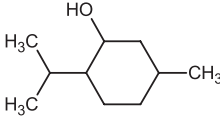
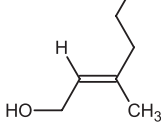
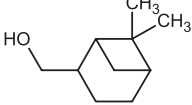
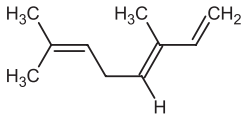
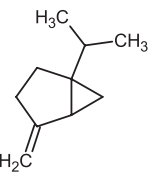
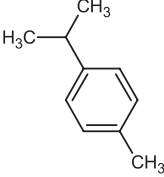
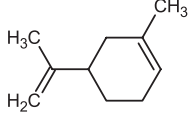
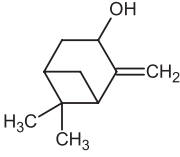
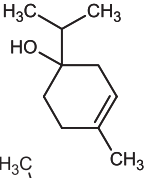
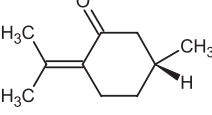
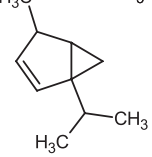
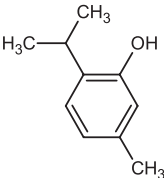
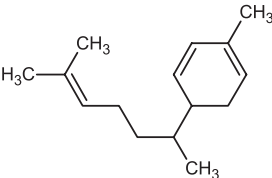
in the salivary glands and lungs (Xu et al., 2020). Therefore, dental professionals must exercise extreme care in terms of safety to prevent nosocomial infection. Dental societies and associations have laid down guidelines to control the transmission of the disease by suggesting dental professionals either completely stop providing dental services or postpone elective treatments and provide primary care through telemedicine services. Only emergency treatments are permitted to be performed by wearing personal protective equipment (PPE) and treating the patients with pre-procedural mouth rinse (PPMR) as a precaution to avoid any possible infection (Jevon and Shamsi, 2020; Nimbalkar et al., 2020). Recent studies have acknowledged the effectiveness of PPMR components such as povidone-iodine, 0.12%-chlorhexidine gluconate, cetylpyridinium chloride, chloroxynol, benzalkonium chloride, and cetrimide/chlorhexidine in dental care to limit the viral load prior to treatment (Herrera et al., 2020; Meng et al., 2020). Certain essential oil (EO) components such as menthol, thymol, eugenol, and eucalyptol are common active ingredients in mouth rinses (Vlachojannis et al., 2013; Alshehri, 2018). Essential oils are a complex mixture of aromatic compounds that are known for antimicrobial activity against a host of microbes (Bakkali et al., 2008). The activity of these compounds is mostly related to their structure. Previously, numerous studies have proven the efficacy of EOs against many viruses such as herpes simplex virus (type 1 and type 2), influenza virus adenovirus type 3, and poliovirus (Minami et al., 2003; Koch et al., 2008; Swamy et al., 2016; Tariq et al., 2019). The study of synergistic activity among the EO components may lead to better antimicrobial activity. The main advantage of using EOs for therapy, against synthetic drugs, is that they fall under the GRAS (generally regarded as safe) category, whereas synthetic drugs have to undergo various levels of safety and toxicity testing,

TABLE 1 | 2D structures of the ligands (EO components).

Compound name	Structure	Compound name	Structure
α -Terpinene		Carvacrol	
Anethole		Caryophyllene	
Camphene		Cinnamaldehyde	
Cinnamyl acetate		Citronellol	
Citral		Cuminal	
Citronellal		Estragole	
Eucalyptol		Limonene	
Eugenol		Linalool	

(Continued on following page)

TABLE 1 | (Continued) 2D structures of the ligands (EO components).

Compound name	Structure	Compound name	Structure
Fenchol		Menthol	
Geraniol		Myrtanol	
Ocimene		Sabinene	
p-Cymene		Sylvestrene	
Pinocarveol		Terpinen-4-ol	
Pulegone		Thujene	
Thymol		Zingiberene	

which is time-consuming. EOs are generally used for therapeutic benefits in complementary and alternative medicine (CAM) to treat infectious, non-infectious, and psychological disorders. Hence, in this study, we aim to identify EO components that are comparable or better in terms of activity, in comparison with the ones that are commonly used.

In silico techniques such as molecular docking and conceptual DFT have been employed in this study. The EO components have been docked to the RBD of the spike glycoprotein (S1) since this protein is a key target for many inhibitors because of its involvement in ACE-2 binding. The major objectives of this study are to determine the best set of inhibitors of spike protein based on the binding affinity calculations and to assess the activity of the top inhibitors based on their structure–activity relationship obtained by conceptual DFT calculations.

MATERIALS AND METHODS

Selection and Preparation of Protein Structure

The target protein considered for this study is the RBD of the SARS-CoV-2 S1 subunit, since it is primarily involved in interaction with ACE-2. The 3D structure of this protein possessing PDB ID 6M0J was retrieved from the Protein Data Bank (<http://www.rcsb.org/>). Initial preparation of the protein structure involved removal of water molecules and co-crystal ligands such as NAG, Cl, Zn, and ACE-2 structure which was bound to the RBD using PyMol software (<http://www.pymol.org/>). The protein was further prepared for docking by adding charges, energy minimization, fixing side chains and atom bumps, and using PyRx virtual screening software.

TABLE 2 | Binding affinities of the EO components with the RBD of S protein along with the H-bond and hydrophobic interactions made with the amino acid residues. EO components with better binding affinities are represented in bold.

Compound name	Binding affinity (kcal/mol)	H-bond interactions	Hydrophobic interactions
α -Terpinene	-4.3	—	Tyr449, Tyr451, Tyr453, Leu455, Phe456, Leu461, Ile468, Thr470, Ile472
Anethole	-4.8	—	
Camphene	-4.4	—	
Carvacrol	-4.9	Ser459	
Caryophyllene	-4.7	—	
Cinnamaldehyde	-4.6	Tyr473	
Cinnamyl acetate	-4.7	Arg454	
Citral	-4.0	Ser459	
Citronellal	-4.4	Ser459	
Citronellol	-4.4	Arg454	
Cuminal	-4.9	Arg457, Ser459	
Estragole	-4.7	Arg457	
Eucalyptol	-4.2	Lys458	
Eugenol	-4.9	Arg457, Phe456	
Fenchol	-4.6	—	
Geraniol	-4.6	Arg454, Phe456	
Limonene	-4.6	—	
Linalool	-4.7	Asp467, Ser469	
Menthol	-5.0	—	
Myrtanol	-5.3	Ser459, Lys458	
Ocimene	-4.0	—	
p-Cymene	-4.8	—	
Pinocarveol	-5.0	Ser469	
Pulegone	-4.8	Ser459	
Sabinene	-4.3	—	
Sylvestrene	-5.1	—	
Terpinen-4-ol	-4.8	Arg457, Asp467	
Thujene	-4.8	—	
Thymol	-5.4	Arg457, Phe456	
Zingiberene	-5.2	—	

Subsequently, the protein was converted to the PDBQT file format to render it readable by AutoDock Vina in PyRx software (Trott and Olson, 2010; Dallakyan and Olson, 2015).

Selection and Preparation of Ligands

The ligands chosen for this study are the components of certain EOs which are known to possess high antimicrobial activity against a broad range of microorganisms. Thymol, eucalyptol, menthol, and eugenol are widely used in most of the pre-procedural mouth rinses used by dentists (Baptista-Silva et al., 2020). These components are majorly present in thyme, eucalyptus, and clove essential oils. Therefore, other essential oil components are chosen along with these standard compounds for comparison purposes.

The 3D structure of the ligands was obtained from the PUBCHEM database (<https://pubchem.ncbi.nlm.nih.gov/>) in the SDF (structure data file) format. PUBCHEM is a database maintained by the NCBI, which consists of chemical and structure information of compounds that can be freely downloaded along with descriptive datasets. The ligand molecules were imported to the PyRx software using OpenBabel control (O'Boyle et al., 2011). They were prepared by adding charges and optimized using the universal force field (UFF). Furthermore, the ligands were also converted to the PDBQT format, as required by AutoDock Vina. The 2D images of the ligands are presented in **Table 1**.

Binding Site Selection and Molecular Docking

Prior to docking, selection of the appropriate binding site for the ligands is of paramount importance for deriving reliable inference from docking results. One particular binding site has been well characterized by Choudhary et al., 2020; Kulkarni et al., 2020; and Prajapat et al., 2020. Therefore, the site on the RBD with residues Tyr453, Arg454, Leu455, Lys458, Ser459, Ser469, Glu471, Pro491, Leu492, Gln493, and Tyr489 was chosen for docking of ligands. This site of the RBD of S1 protein is also involved in binding to ACE-2.

Molecular docking is performed *in silico* to assess the affinity of binding between a macromolecule and a set of small molecules based on the scores generated by the software for every interaction. In this study, docking was performed using AutoDock Vina in PyRx virtual screening open source software. AutoDock Vina is an upgraded version of AutoDock 4.0 in terms of speed and accuracy of binding mode prediction. In the PyRx software, the protein and ligand molecules to be docked are selected under the Vina Wizard control. The grid which appears on the protein is modified in dimensions according to the area around the binding site. The "Run Vina" control is selected to start the docking process. The results can be viewed under the "Analyze Results" tab and can also be exported in the CSV format to the working directory.

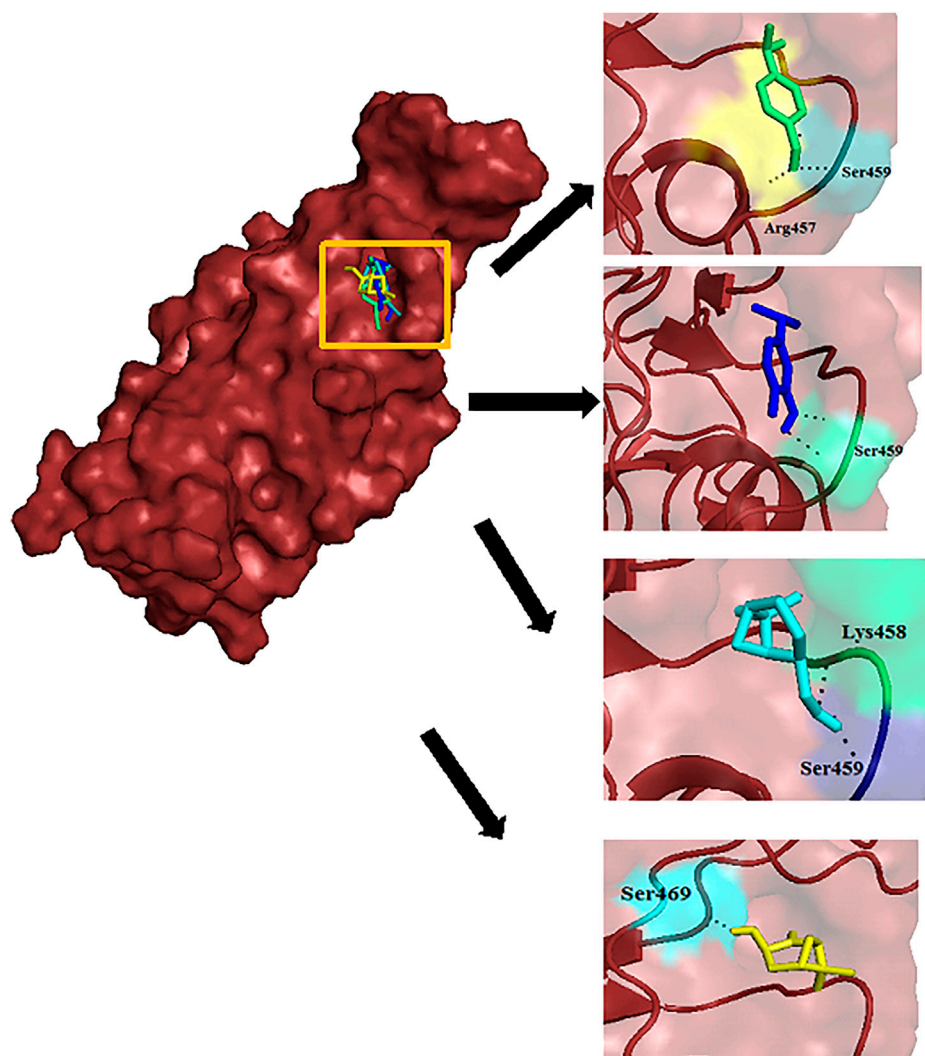


FIGURE 2 | Docked poses of cuminal (green), carvacrol (blue), myrtanol (teal), and pinocarveol (yellow) in the binding site of the RBD of S glycoprotein. The hydrogen bonding between ligands and amino acid residues is depicted.

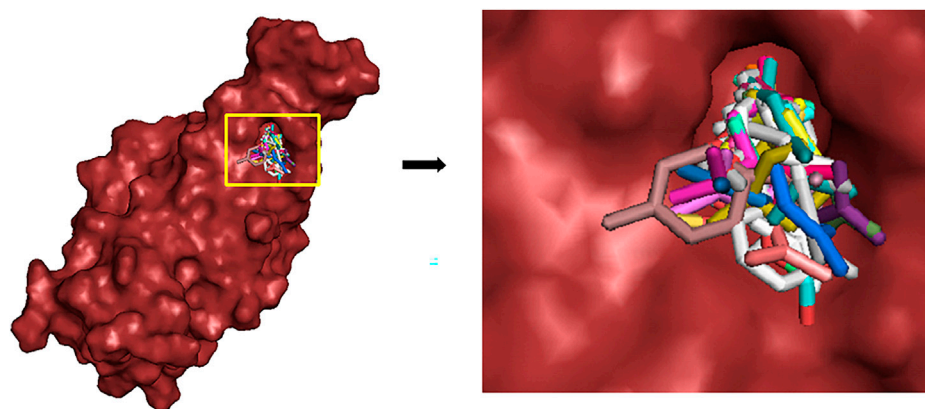


FIGURE 3 | Ligands docked in the binding site of the RBD of S protein.

TABLE 3 | Statistics of DFT based molecular descriptors of selected EO components.

Compound	Total energy (E _γ) (in eV)	Molecular dipole moment (debye)	E _{HOMO}	E _{LUMO}	HOMO/LUMO gap (ΔE)	Absolute hardness (η)	Global softness (σ)	Electronegativity (χ)	Chemical potential (μ)	Electrophilicity index (ω)
α-Terpinene	-10631.09	0.49	-5.23	-0.26	4.97	2.49	0.20	-2.75	2.75	1.52
Carvacrol	-12645.87	1.45	-5.75	0.19	5.94	2.97	0.17	-2.78	2.78	1.30
Caryophyllene	-15945.58	0.35	-5.95	0.53	6.48	3.24	0.15	-2.71	2.71	1.13
Cuminal	-12612.99	3.84	-6.83	-1.59	5.24	2.62	0.19	-4.21	4.21	3.39
Eugenol	-14658.45	1.50	-5.72	0.08	5.80	2.90	0.17	-2.82	2.82	1.37
Menthol	-12744.29	1.50	-6.90	2.01	8.91	4.45	0.11	-2.44	2.44	0.67
Myrntanol	-12710.09	1.64	-6.91	1.89	8.80	4.40	0.11	-2.51	2.51	0.72
Pinocarveol	-12676.80	1.70	-6.88	-1.50	5.38	3.48	0.14	-3.15	3.15	2.71
Sylvestrene	-10630.83	0.35	-6.13	0.77	6.91	3.45	0.14	-2.68	2.68	1.04
Thymol	-12645.82	1.45	-5.72	0.18	5.90	2.95	0.17	-2.77	2.77	1.30
Zingiberene	-15835.79	0.37	-7.96	3.89	11.86	5.93	0.08	-2.04	2.04	0.35

Conceptual DFT

Conceptual DFT (CDFT) is a subfield of DFT (density functional theory). This technique has been employed in this study to observe the chemical behavior of a molecule based on the electron density in the molecular orbitals (Geerlings and de Proft, 2008). DFT and CDFT are mainly based on the Hohenberg–Kohn theorem (Hohenberg and Kohn, 1964). About 10 different molecular descriptors are calculated as a part of the CDFT study that defines the molecular activity of the components. They are the total energy, lowest unoccupied molecular orbital (LUMO), highest occupied molecular orbital (HOMO), energy gap (ΔE), global softness (σ), absolute hardness (η), molecular dipole moment, electronegativity (χ), electrophilicity index (ω), and chemical potential (μ). These descriptors can provide prominent insights into the structure–activity relationship of molecules.

RESULTS

Molecular Docking

Docking technique essentially aids in identifying the best inhibitors to a particular protein based on the binding affinity scores generated for various conformations of the docked poses. Visualization tools such as PyMol further help in locating the ligands in the binding pocket along with the bonds exhibited with the neighboring residues. In this case, all 30 EO components were docked in the binding site specified during the docking run. Among them, carvacrol, cuminal, myrntanol, and pinocarveol displayed the best binding affinity with the spike protein with scores of -4.9 kcal/mol, -4.9 kcal/mol, -5.3 kcal/mol, and 5.0 kcal/mol, respectively, and they formed hydrogen bonding with residues Ser459, Arg457, Ser469, and Lys458. Thymol, eugenol, eucalyptol, and menthol, which were also docked for comparison purposes, scored -5.4 kcal/mol, -4.9 kcal/mol, -4.2 kcal/mol, and 5.0 kcal/mol, respectively. Zingiberene and sylvestrene too displayed good binding affinity with scores of -5.2 kcal/mol and -5.1 kcal/mol, respectively, but these components did not make any hydrogen bonds with the residues in vicinity. The stability of all the ligands in the pocket may be attributed to

numerous hydrophobic residues present around the site. The docking scores along with hydrogen bonding and hydrophobic interaction information are tabulated in **Table 2**. It is clear from this study that the components proposed as top inhibitors have displayed almost similar or better activity when compared to the EO components used in conventional PPMRs. **Figure 2** illustrates the docked poses of selected inhibitors of SARS-CoV-2 with the hydrogen bonding made by them with the residues. **Figure 3** illustrates the docked poses of all the 30 ligands in the binding pocket of the RBD of S protein.

Conceptual DFT

Optimization of the EO components was performed using Gaussian 16 (Frisch et al., 2016) with B3LYP function (Becke, 1988) and 6-31G(d) basis set. The energies of the molecular orbitals represented as HOMO (E_{HOMO}) and LUMO (E_{LUMO}) were calculated on the basis of Fukui's theory (Fukui, 1982). The values of each of the descriptors were derived for the selected EO components. The HOMO and LUMO represent the ability of the compounds in donating and accepting electrons, respectively. The energy gap (ΔE) is the difference in energies between two molecules orbitals, which is given by $\Delta E = E_{LUMO} - E_{HOMO}$. ΔE essentially represents the energy needed to perform transition of molecules from the HOMO to the LUMO, and hence, it is directly proportional to the molecular reactivity (Mert et al., 2011). In this study, larger ΔE values were attributed to a wide range of E_{LUMO} values. **Table 3** provides the statistics of DFT-based molecular descriptors of selected EO components. It can be observed from the table that cuminal showed the lowest ΔE, whereas zingiberene displayed the largest ΔE. It is understood that the lower the energy gap, the higher the activity of the molecules, which can be correlated with the transition of molecules from the HOMO to the LUMO. Carvacrol, caryophyllene, pinocarveol, and sylvestrene also exhibited low ΔE. The electron density maps depicting the density of electrons in different regions of the molecules are presented in **Figure 4**. Mert et al., 2011, have pointed out that the molecular dipole moment of a molecule is directly proportional to its chemical reactivity. Cuminal has the highest dipole moment with 3.84 debye, followed by pinocarveol with 1.70 debye and myrntanol with 1.64 debye, which is higher than that of eugenol,

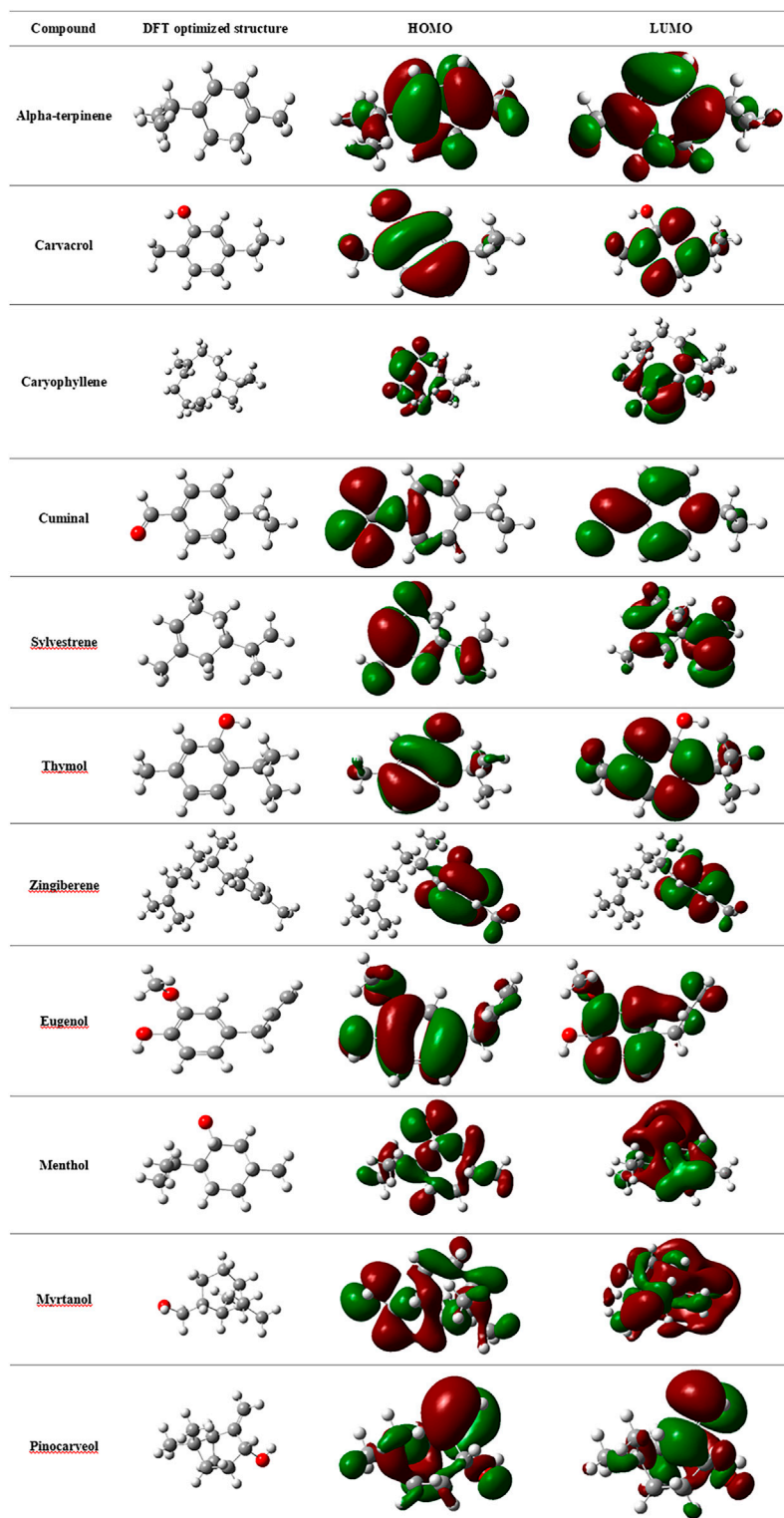


FIGURE 4 | Electron density maps of the HOMO and LUMO of selected essential oil components.

menthol, and thymol. Carvacrol and thymol scored 1.45 debye. Electronegativity of a compound is an index of the ability of a molecule to accept electrons. It is an important indicator of

efficiency of inhibition of the molecule. The lower the electronegativity of a molecule is, the higher its efficiency of inhibition will be. Cuminal has the lowest electronegativity

index (−4.21). This index for other components was almost in the range of −3.15 to −2.82. The results of conceptual DFT are in agreement with the docking results.

DISCUSSION

Due to the sudden outbreak of COVID-19, the standard procedures of operation had to be modified in almost every sector, especially in the field of medicine and dentistry since they involve frontline care givers. Dental professionals have to exercise extra caution because of the high risk of nosocomial infection through aerosol-generating procedures. Although physical protection from the virus by wearing safety gear such as PPE is recommended, an effective antiviral PPMR may ensure safety even in case the patient is infected but asymptomatic. Recent literature suggests numerous mouth rinses that can effectively reduce the viral load in the oral cavity. Povidone-iodine (PVP-I) oral rinse has been found to be effective in various studies conducted by Tessema et al., 2020; Bidra et al., 2020; and Pelletier et al., 2021. Mouth rinses containing 1% PVP-I exhibited a virucidal activity higher than 99.99%, which corresponds to a reduction of viral load greater than 4 log₁₀. The use of PVP-I has been contraindicated in patients with an allergy to iodine, thyroid disease, and pregnancy. Chlorhexidine (CHX) is a broad-spectrum antiseptic that has long been known to be effective against herpes simplex virus (HSV), human immunodeficiency virus (HIV), and hepatitis B virus (HBV) (Brookes et al., 2020). The effectiveness of CHX specifically against SARS-CoV-2 has not been well established yet. In comparison with PVP-I, hydrogen peroxide (H₂O₂) has been found to be less effective by a study conducted by Ather et al., 2020. Certain essential oil (EO) components such as thymol, eugenol, menthol, methyl salicylate, and eucalyptol are common major ingredients in mouth rinses recommended by the American Dental Association (ADA) (Alshehri, 2018). The activity of these components has been well established by several studies against a wide array of microbes, including viruses. The main aim of this study was to explore other components with comparable or better activity than the existing ones by *in silico* methods. Moreover, EO components are safe since they fall under the generally regarded as safe (GRAS) category. Cuminal, myrtanol, carvacrol, caryophyllene, pinocarveol, and sylvestrene were found to have inhibitory effects against SARS-CoV-2. A number of recent *in silico* studies have predicted the antiviral activity of EO components against SARS-CoV-2. Kulkarni et al., 2020, performed a similar study with the same target protein and

found that cinnamaldehyde, anethole, thymol, and carvacrol were highly active. Similar results were obtained by Asif et al., 2020, and Senthil Kumar et al., 2020. Boukhatem, 2020, have discussed how EOs could have an inhibitory effect on SARS-CoV-2, similar to the effect they have had on other viruses. Thuy et al., 2020, predicted that 17 compounds of garlic oil interacted with the viral main protease (Mpro) of SARS-CoV-2. Da Silva et al., 2020, predicted that (E,E)- α -farnesene, (E,E)-farnesol, and (E)-nerolidol interacted with SARS-CoV-2 Mpro, thereby inhibiting viral replication, out of 171 EO components. So far, no *in vitro* or *in vivo* studies have established the efficacy of these compounds. This study has resulted in predicting EO components that can increase the efficiency of conventional PPMRs by reducing the viral load in the oropharyngeal cavity, specifically against SARS-CoV-2.

CONCLUSION

Providing dental care treatment to patients, while reducing the risk of highly contagious viral infection caused by SARS-CoV-2 is a challenge for dental professionals. Through this study, we conclude that EO components such as cuminal, carvacrol, myrtanol, caryophyllene, pinocarveol, and sylvestrene are good inhibitors of the S1 glycoprotein of coronavirus by *in silico* methods. Hence, these components can be proposed to be effective antiviral ingredients of pre-procedural mouth rinses recommended to be administered to patients for effective reduction of viral load in the oropharyngeal cavity. The futurology of this study indicates *in vitro* and *in vivo* testing of the same to confirm the antiviral efficiency of the proposed EO components, specifically against SARS-CoV-2.

DATA AVAILABILITY STATEMENT

The authors acknowledge that the data presented in this study must be deposited and made publicly available in an acceptable repository, prior to publication.

AUTHOR CONTRIBUTIONS

PY, HS, and TM contributed to the conception, design, and data acquisition. PY drafted the manuscript. KV, KR, PC, DA, and TN contributed to data analysis and have critically revised the manuscript. All authors gave final approval and agreed to be accountable for all aspects of the work.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Intermittent Hypoxic Preconditioning: A Potential New Powerful Strategy for COVID-19 Rehabilitation

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COVID-19 is a highly infectious respiratory virus, which can proliferate by invading the ACE2 receptor of host cells. Clinical studies have found that the virus can cause dyspnea, pneumonia and other cardiopulmonary system damage. In severe cases, it can lead to respiratory failure and even death. Although there are currently no effective drugs or vaccines for the prevention and treatment of COVID-19, the patient's prognosis recovery can be effectively improved by ameliorating the dysfunction of the respiratory system, cardiovascular systems, and immune function. Intermittent hypoxic preconditioning (IHP) as a new non-drug treatment has been applied in the clinical and rehabilitative practice for treating chronic obstructive pulmonary disease (COPD), diabetes, coronary heart disease, heart failure, hypertension, and other diseases. Many clinical studies have confirmed that IHP can improve the cardiopulmonary function of patients and increase the cardiorespiratory fitness and the tolerance of tissues and organs to ischemia. This article introduces the physiological and biochemical functions of IHP and proposes the potential application plan of IHP for the rehabilitation of patients with COVID-19, so as to provide a better prognosis for patients and speed up the recovery of the disease. The aim of this narrative review is to propose possible causes and pathophysiology of COVID-19 based on the mechanisms of the oxidative stress, inflammation, and immune response, and to provide a new, safe and efficacious strategy for the better rehabilitation from COVID-19.

Keywords: COVID-19, intermittent hypoxic preconditioning, HIF-1 α , immune response, inflammatory cytokine storm, rehabilitation

INTRODUCTION

Since the outbreak and pandemic of the highly infectious and pathogenic COVID-19, most attention has been focused on containing transmission of the coronavirus and addressing the surge of critically ill patients in acute care settings. However, in the future, emphasis will gradually transition to prognosis care and rehabilitation of COVID-19 survivors. Although COVID-19 predominantly affects the respiratory system, it's anticipated that COVID-19 may have an adverse impact on physical, cognitive, mental and social health status, which is a multisystem disease and frequently

severe and often results in death (Barker-Davies et al., 2020; Madjid et al., 2020). Rehabilitation guideline after critical illness recommends progressive rehabilitation programmes are best initiated within the first 30 days (post-acute phase) to have greatest impact on recovery, including improving respiratory function, physical exercise ability, self-care in daily living activities, as well as psychological support, etc (Group, 2009). Very little attention to the prognosis and rehabilitation therapy methods or outcomes of COVID-19 patients after discharge from acute care. So far, only one related study has been published, in which a randomized controlled trial showed that 6 weeks respiratory rehabilitation (2 sessions of 10 min per week) had beneficial to the improvement of respiratory function, endurance, quality of life, and depression following discharge from acute care (K. Liu K. et al., 2020).

The latest epidemiological analysis pointed out a lower incidence of COVID-19 and proposed a possible weaker transmission rate of severe SARS-CoV-2 among high-altitude populations (Arias-Reyes et al., 2020; Segovia-Juarez et al., 2020; Xi et al., 2020). The typical characteristic of plateau environment is hypobaric hypoxia, which could increase tissue oxygen delivery and enhance oxygen utilization. Thus, it can be argued that high-altitude residents may be somewhat tolerant to the consequences of more hypoxemia and systemic tissue hypoxia developing as a result of COVID-19 infection and subsequent lung injury. An intuitive evidence is that hypoxia can reduce the incidence of COVID-19, which may be related to the fact that hypoxia can shorten the half-life of SARS-CoV-2 virus and induce down-regulation of angiotensin-converting enzyme 2 (ACE2) expression, thereby increasing the body's resistance to viruses (Arias-Reyes et al., 2020). Of note, recently, intermittent hypoxic preconditioning (IHP) as a new non-drug treatment has been used in the clinical treatment of chronic obstructive pulmonary disease (COPD), diabetes, coronary heart disease, hypertension, and other diseases. Many clinical studies have confirmed that IHP can improve the cardiopulmonary function of patients, increase blood oxygen content and the tolerance of tissues and organs to ischemia, inhibit the overactivation of immune system, and control acute pulmonary inflammation. Based on the many beneficial functions of IHP, we speculate that IHP is expected to become a new exploration in the prognosis and rehabilitation of stable COVID-19 cases.

In this review, we briefly outlined the epidemiology, pathological features and histopathology, inflammatory cytokine storm and related damage of COVID-19. Then, we mainly focused on the potential of IHP applied in rehabilitation of COVID-19 and the prognosis based on a variety of IHP related beneficial impacts on physiological functions, and plausible mechanisms to better help the patients to recover and return to society promptly and safely.

EPIDEMIOLOGY

At December 2019, the first cases of severe acute respiratory infections of unknown origin were reported in Wuhan, China. The causative agent was identified as a novel β -coronavirus

SARS-CoV-2 and the disease was named COVID-19, which is another human infectious disease caused by coronavirus. The transmission of COVID-19 is potent and the infection rate is high. Although the outbreak of COVID-19 is better under control in China, the global situation is still in severe challenge and the confirmed infected cases are continually increased. Since the beginning of 2020, the infection has been spreading worldwide over 215 Countries, causing 115,967,664 cases and over 2,579,775 deaths (as of 09:38 am, March 7, 2021, <https://covid19.who.int/>), which led the WHO to declare COVID-19 a public health emergency of international concern and the current situation as a new normal for epidemic prevention and control.

The transmission of COVID-19 occurs mainly via respiratory droplets and contact routes, the incubation period ranges from 1 to 14 days with mostly 3–7 days (Guan et al., 2020). All age groups are susceptible, especially the elderly and those with chronic diseases. Now most cases are asymptomatic or mild, but they are potential sources of infection and some patients develop severe pneumonia with acute respiratory distress, septic shock, and multi-organ failure. In other words, asymptotically infected persons and patients in incubation or recovered from COVID-19 may pose serious challenges for disease prevention and control. The overall case fatality rate is estimated to range from 1 to 16%, which depends on some important parameters such as age, underlying medical comorbidities, preparedness of health system to an outbreak, implementation of preventive measures, and country reaction time to epidemic situation (Verity et al., 2020).

PATHOLOGICAL FEATURES AND HISTOPATHOLOGY

The most common symptoms of COVID-19 are fever (98%), dry cough (76%), and myalgia or fatigue (44%) (Huang et al., 2020). Other symptoms are sputum production, arthralgia or sore throat, headache, nausea, vomiting or diarrhea (Borges do Nascimento et al., 2020). Meanwhile, clinical examination shows that severe cases are usually accompanied by obvious hypoxemia (the oxygen saturation is less than 92%) and hypocapnia, which is manifested by decreased arterial partial pressure of oxygen to the ratio of inhaled partial pressure of oxygen and lower plasma CO₂ levels (Wang D. et al., 2020; Wang M. et al., 2020). Besides, more than half of patients developed dyspnea.

Typical pulmonary imaging findings of COVID-19 cases include multifocal peripherally distributed ground-glass opacities or consolidations, interlobular septal thickening, crazy paving appearance and cystic changes. In autopsies, immunostaining shows bilateral diffuse alveolar damage with cellular fibromyxoid exudates, histological patterns in lung and extrapulmonary tissues were characterized by capillary congestion, necrosis of pneumocytes, hyaline membrane, interstitial edema, pneumocyte hyperplasia, and reactive atypia, which are accompanied by severe inflammatory response (Menter et al., 2020; Xu et al., 2020). Moreover, infiltrates express as macrophages in alveolar lumens and

lymphocytes in the interstitium are found in the lung (Song et al., 2020). Again, a lot of findings are suggestive for vascular dysfunction, in lung and other tissues. Meanwhile, COVID-19 has also been shown to be harmful to the heart, some patients are associated with cardiovascular complications such as myocardial injury (Madjid et al., 2020), cardiac arrest (Baldi et al., 2020) and acute heart failure (Tomasoni et al., 2020; Xu et al., 2020). Adverse outcomes of COVID-19 are associated with comorbidities, including hypertension, cardiovascular disease, and lung disease.

Lipids metabolism and inflammation may play key roles in the development of COVID-19. A recent study indicates that lipids are important in the envelopment and transformation of COVID-19 virus, and metabolic disorders may provide additional possibility for the virus to invade host cells (Abu-Farha et al., 2020). The aging associated with increasing chronic inflammation will also destroy the effective control of the immune system in the acute phase of COVID-19 replication (Figliozzi et al., 2020). In addition, COVID-19 will induce excessive inflammation, oxidative stress, abnormal immune responses, and other cardiovascular complications. Then, activation of immune cells will increase oxygen consumption and reduce the supply of O₂ due to vascular dysfunction, resulting in breathing difficulties and hypoxia, and even death (Cummins et al., 2016).

INFLAMMATORY CYTOKINE STORM AND RELATED DAMAGE

Chest computerized tomography (CT) scans of COVID-19 show pneumonia with abnormal findings in all cases, and the potential mechanisms are particularly complex. Clinical and preclinical research will have to explain many aspects that underlie the particular clinical presentations of COVID-19. The data so far are available to indicate that the viral infection is capable to produce an excessive immune reaction in the host. In some cases, a reaction takes place which as a whole is labeled an “inflammatory cytokine storm”, including the tumor necrosis factor α (TNF- α), IL-1 β , IL-6, IL-8, IL-12, interferon-gamma inducible protein (IP10), macrophage inflammatory protein 1A (MIP1A), and monocyte chemoattractant protein 1 (MCP1). Moreover, COVID-19 can bind the Toll-like receptor (TLR) to induce the release of pro-IL-1 β , which is cleaved into the active mature IL-1 β mediating lung inflammation, until fibrosis (Conti et al., 2020). In the early stage of the disease, characteristic laboratory findings of normal white blood cell (WBC) count or mild leukopenia, marked lymphopenia, elevated inflammatory factors (IL-2R, IL-6, TNF- α), suggest that uncontrolled inflammatory responses may further aggravate tissue damage in cardiovascular and other organs (Qin et al., 2020; Wu and McGoogan, 2020). Interestingly, lymphopenia appears to be a negative prognostic factor. The elevated neutrophil-to-lymphocyte ratio (NLR), derived NLR ratio (d-NLR) [neutrophil count divided by the result of WBC count minus neutrophil count], and platelet-to-lymphocyte ratio, can be the expression of the inflammatory storm (Yang et al., 2020).

Research has shown that peripheral proinflammatory CD4 and cytotoxic granules CD8 T cells reduce in severe patients, suggesting antiviral immune responses and overactivation of T cells (Xu et al., 2020). However, the reduced T-cell numbers is negatively correlated with IL-6 and TNF- α (Diao et al., 2020). Additionally, the obviously increased levels of senescence markers (PD-1, Tim-3, CTLA-4 and TIGIT) are important signs of severe COVID-19 (Zheng H.-Y. et al., 2020). Moreover, lymphocytes may also become depleted due to the expression of pro-inflammatory cytokines by (not infected) innate immune who are recruited to the lungs and trigger hyper-inflammation, seen during the development of a “cytokine storm” (Cron and Chatham, 2020).

Study shows that excessive inflammation will make patients more prone to endothelial dysfunction and thrombotic diseases in the blood circulation (Bikdeli et al., 2020). Microvascular thrombosis in the pulmonary circulation can lead to an increased dead space. Early pulmonary fibrosis following the disease has been reported from Italy, which could be deficient oxygen-related or excessive inflammation-related. Pulmonary thrombosis has been associated with wedge-shaped infarcts in the lungs on imaging, without the evidence of deep vein thrombosis (Li et al., 2020). Virus also can induce cell death, including necrosis or pyroptosis, proinflammatory cytokine overexpression (uninfected) immune cell recruitment and activation. And COVID-19 may also (partially) escape these mechanisms through the induction of T cell apoptosis (Yi et al., 2020). Pneumonia can lead to respiratory dysfunction and hypoxaemia, which can also bring about cardiomyocyte injury (Zheng Y.-Y. et al., 2020).

TREATMENT STRATEGIES

With the rapid increase in the global prevalence and mortality of COVID-19, there is an urgent need to develop targeted therapies. Specific pharmacological treatment for COVID-19 is not currently available. Based on the previously therapeutic experience of SARS and MERS, the potential treatments for COVID-19 include antiviral drugs (anti-HIV drugs, anti-HBV and anti-HCV drugs), plasma transfusion, vaccines and so on (Li and Clercq, 2020). However, now there is no specific antiviral treatment recommended and the effective vaccines are still on the road. Therefore, the clinical efficacy of above drugs requires strictly clinical trials to prove.

In these patients experiencing worsening inflammatory-induced lung injury, there is a decrease in oxygen saturation (<93%). This seems to be the crucial phase of the disease, from this point onwards, there may be a rapid deterioration of respiratory functions. The scenario is truly incredible because, for patients who are paucisymptomatic and slightly hypoxic, the first therapeutic approach is oxygen therapy. A significant number of patients with pneumonia require passive oxygen therapy. Non-invasive ventilation and high-flow nasal oxygen therapy can be applied in mild and moderate non-hypercapnia cases. A lung-saving ventilation strategy must be implemented in acute respiratory distress syndrome and mechanically ventilated

patients. Although this strategy is effective, the worsening of respiratory failure may occur in some patients. With the drive preserved, the next step, according to logic, is the non-invasive ventilation (NIV). This therapy has a rapid success by increasing the $\text{PaO}_2/\text{FiO}_2$ (Partial arterial O_2 pressure, PaO_2 ; Fraction of inspiration O_2 , FiO_2). In some patients, however, there is a sudden, unexpected worsening of clinical conditions. Patients collapse under the operator's eyes and require rapid intubation and invasive mechanical ventilation. However, after 24–48 h the patient can have a rapid improvement with an increase in P/F. Operators are therefore tempted to proceed with weaning. But very often, after an initial success, there is a new worsening of respiratory conditions, such as to require a new invasive therapy. Therefore, mechanical ventilation has also been suggested for 1–2 weeks.

The treatment is symptomatic, and oxygen therapy represents the first step for addressing respiratory impairment. Non-invasive (NIV) and invasive mechanical ventilation (IMV) may be necessary in cases of respiratory failure refractory to oxygen therapy. Another clinical trial aiming to test with the use of hyperbaric oxygen is estimated to start on April 25, 2020. The anti-inflammatory effects, which include decreased expression of IL-1 β , IL-6 and TNF- α (Aricigil et al., 2018), could be beneficial to mitigate ARDS associated with COVID-19 and fibrosis development.

Although the prospective of counteracting cytokine storm is compelling, a major limitation relies on the limited understanding of the immune signaling pathways triggered by COVID-19 infection. The altered identification of signaling pathways during viral infections may help to unravel the most relevant molecular cascades implicated in biological processes mediating viral infections and to unveil key molecules that may be targeted. Thus, given the key role of the immune system in COVID-19, a deeper understanding of the mechanism behind the immune dysregulation might give us clues for the clinical management of the severe cases and for preventing the transition from mild to severe stages.

COVID-19 has been related to hypoxia and inflammation leading to endothelial dysfunction, increased permeability, and aberrant coagulation in small and large vessels, which are the early hallmarks of organ damage in patients. Moreover, thrombotic complications are a relevant cause of death in COVID-19 patients, and the interaction of SARS-CoV-2 with ACE2 possibly implies alterations of angiotensin II plasma levels. Therefore, the vascular system is increasingly being addressed as a major therapeutic target for defeating COVID-19 (Escher et al., 2020; Giannis et al., 2020).

POSSIBLE REHABILITATION STRATEGY-INTERMITTENT HYPOXIC PRECONDITIONING

In view of the above-mentioned pathological of COVID-19, a non-drug alternative therapy- intermittent hypoxic preconditioning (IHP), via increasing blood oxygen delivery and promoting tissue oxygenation response to improve severe

dyspnea, may act as a significant effect on the prognosis and rehabilitation treatment of COVID-19. IHP is a method by which subjects receive exposure to short bouts (1–6 min) of moderate hypoxia (9–12% O_2), interspersed with the brief periods of normal air (Serebrovskaya, 2002). Firstly, IHP is expected to inhibit the overactivation of immune system, control acute pulmonary inflammation and improve the endogenous reparation for injured tissue, which will become a new exploration in the rehabilitation of stable COVID-19 cases. Secondly, IHP will be an ideal treatment measure of novel coronavirus infection-related acute respiratory distress syndrome. More importantly, IHP has the advantages of high safety, easy-to-accomplish and no side effects.

IHP can trigger the body's endogenous protective mechanism to make the tissues and cells highly resistant to hypoxia, to relax airways and blood vessels and to improve myocardial contractility. Moreover, it also can increase cardiopulmonary endurance, reduce the area of heart infarction, add blood vessel density and coordinate blood oxygen delivery. Therefore, it can have a strong defense and protective effect on the subsequent longer or more severe ischemia and hypoxia (Neubauer, 2001). Besides, it's also effective on improving respiratory muscle function and relieving dyspnea, alleviating disease-related anxiety and depression, and enhancing skeletal muscle function of upper and lower limbs (Ponsot et al., 2006; Bao et al., 2020). Studies have confirmed that IHP can improve the balance of the rat's immune system by activating the defenses of cells against oxidative stress and inflammation (Shi et al., 2015), and IHP is also an effective measure to reduce the damage of the cardiopulmonary system (Ding et al., 2004).

Collectively, combined with the many beneficial functions of IHP, although there is no exact method for the treatment or prevention of COVID-19, we propose that IHP can improve immunity, accelerate the recovery of patients, and reduce the occurrence of positive rejuvenation after discharge. Here, we will explore the potential mechanisms of action of a certain model of IHP in the cardiopulmonary system damage, vascular endothelial dysfunction and hemodynamics of COVID-19, and explored possible rehabilitation options for the prognosis of patients, with a view to providing a novel and effective rehabilitation method for the prognosis of patients, and better help the patients to recover and return to society more promptly and safely (Figure 1).

Possibility of Applying IHP to the Rehabilitation of COVID-19

Hypoxia is a "double-edged sword", mainly depending on a variety of the concentration, frequency, and duration of hypoxia exposure, can cause harm or benefit to the human body. Modest hypoxia (9–16% inspired O_2) and low cycle numbers (3–15 episodes per day) most often lead to beneficial effects, while severe hypoxia (2–8% inspired O_2) and more episodes per day (48 episodes/day) elicit progressively greater pathology (Navarrete-Opazo and Mitchell, 2014). After the appropriate intermittent hypoxic exposure, tissues and organs can form a complex and active defense mechanism against the

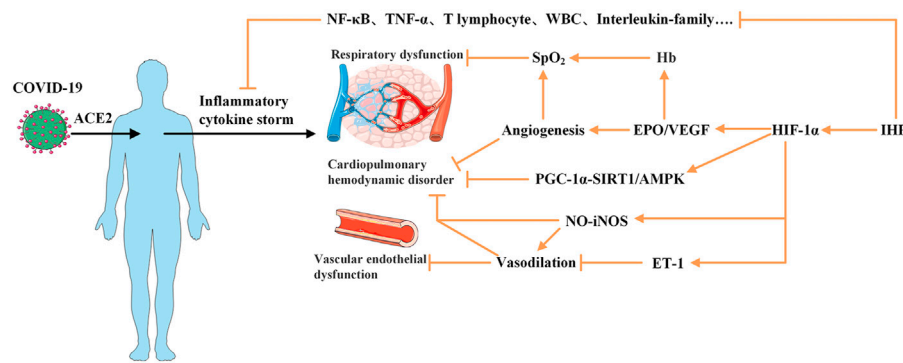


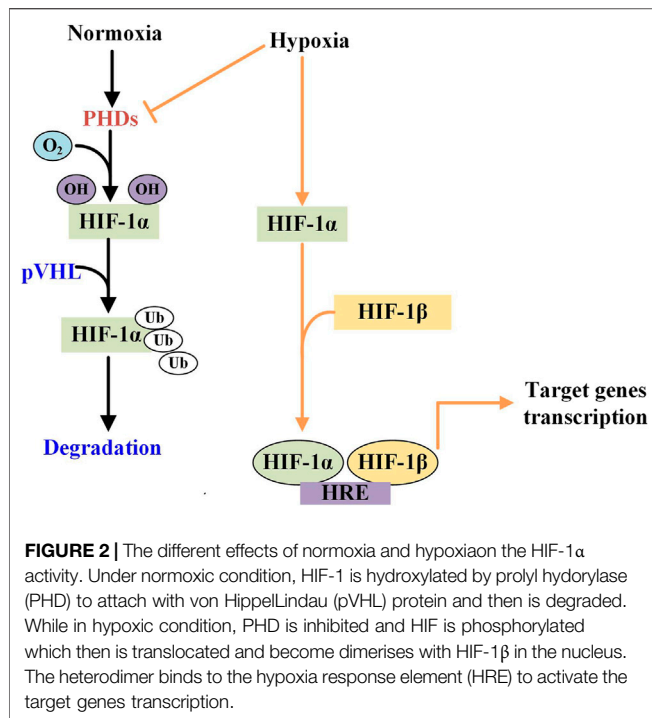
FIGURE 1 | Plausible mechanisms of intermittent hypoxia preconditioning applied for COVID-19 rehabilitation. COVID-19 virus enters the body and combines with ACE2 to produce an excessive immune reaction and to trigger “inflammatory cytokine storm,” which may initiate the pathogenesis of SARS, cardiopulmonary hemodynamic disorder and vascular endothelial dysfunction. Application of IHP on patients may provide inhibitory effect on the levels of various proinflammatory factors and activate HIF-1 to promote target genes to augment EPO/VEGF expression which lead to stimulate production of red blood cell and Hb and angiogenesis to increase capacity to carry oxygen. Furthermore, activated HIF-1 may mobilize PGC-1-SIRT1/AMPK pathway and NO availability and inhibit ET-1. These factors can help reverse the virus induced cardiopulmonary hemodynamic disorder and endothelial dysfunction. ACE2, Angiotensin-converting enzyme 2; AMPK, 5'-AMP activated protein kinase; EPO, erythropoietin; ET, endothelin; Hb, hemoglobin; HIF, hypoxia-inducible factors; PGC, γ -coactivator; NF- κ B, nuclear factor-k-gene binding; SARS, severe acute respiratory syndrome; SIRT, Sirtuin; TNF- α , Tumor Necrosis Factor- α ; VEGF, vascular endothelial growth factor; WBC, white blood cell. symbol indicates an activation; symbol indicates an inhibition.

same or similar hypoxic environment, and develop resistance and tolerance, thereby to prevent or reduce the damage that it may cause (Semenza, 1999; Verges et al., 2015). This is because that IHP has the function of stimulating the body adaptive physiological changes in different modes of brief repeated exposure in a (10–16% inspired O_2) hypoxic environment. In the last decade, many clinical trials have described the powerful protective effects of IHP on the respiratory diseases. Rozova et al. confirmed that IHP (15 min 12% inspired O_2 + 15 min 21% inspired O_2 /cycle, 5 cycle/d for 4 weeks) could relieve the structural damage of the lung air-blood barrier, and promote a specific type of mitosis in lung and heart tissues, then normalize the ultrastructure of lung and heart (Rozova and Mankovska, 2012). Burtscher et al. believe that the protection of IHP on chronic obstructive pulmonary disease (COPD) and coronary heart disease (CAD) benefits from its positive effects of increasing total hemoglobin, enhancing lung diffusion and lung ventilation (Burtscher et al., 2010). Vogtel et al. found that the 18 COPD patients' exercise endurance enhances, and the functions of forced expiratory volume in 1 s (FEV1), forced vital capacity (FVC) and carbon monoxide diffusing capacity (DLCO) significantly increase, when performing IHP (12–15% inspired O_2 for 15 times within 3 weeks) (Vogtel and Michels, 2010). Even if IHP is used after brain and spinal cord injury, it can also limit the further development of the disease and promote the remodeling and recovery of tissue structure and function (Baillieul et al., 2017). Many of the previous studies have suggested that IHP has a significant therapeutic effect on COPD and various lung pathological changes. In addition, studies have confirmed that IHP can not only activate hypoxia-inducible factors-1 α (HIF-1 α) and 5'-AMP activated protein kinase (AMPK)/SIRT1 (Sirtuin1)/ γ -coactivator 1 α (PGC-1 α) signaling cascade, but also can

reduce the mRNA and protein levels of ACE2, which can significantly inhibit the number of receptors for SARS-CoV-2 virus to enter host cells, thereby to improve endothelial dysfunction, promote cardiovascular hemodynamics, inhibit excessive inflammation and immune response. These changes will be provide the benefit for the recovery from heart and lung injury and dyspnea (Zhang et al., 2009; Singh et al., 2013; Yu et al., 2018; Gangwar et al., 2020), and the inhibitory effect of HIF-1 α on ACE2 provides a novel idea for using IHP to treat COVID-19.

IHP can Enhance the Cardiopulmonary Function

It has been showed that ACE2 plays an important role in the immune systems, and SARS-CoV-2 infects host cells through ACE2 receptors causing COVID-19 (Li et al., 2003; Zhou P. et al., 2020). The ACE2 mRNA and protein expression levels of patients with viral infections and complications of cardiopulmonary injury are significantly higher than those of uncomplicated patients, so they have a higher risk of heart disease and critical illness (Chen et al., 2020). Moreover, ACE2 is highly expressed in the heart and kidneys as well as on the lung alveolar epithelial cells, which are the principal target cells for SARS-CoV-2 and the site of dominant injury (Walls et al., 2020). It can be concluded that ACE2-related signaling pathway may play a crucial role in cardiopulmonary injury. It has been fully proven that IHP can reduce and/or reverse cardiovascular damage and cardiopulmonary dysfunction in the way of improving cardiovascular endothelial dysfunction and hemodynamics. This effect usually depends on the HIF-1 mediated downstream signaling pathway. HIF-1 consists of a constitutively expressed subunit β and an oxygen-regulated subunit α (or its paralogs 2 α and 3 α). The stability and activity of the α subunit of are regulated by its post-translational modifications such as hydroxylation,



ubiquitination, acetylation, and phosphorylation. During normoxia, hydroxylation of two proline residues and acetylation of a lysine residue at the oxygen-dependent degradation domain of HIF-1α trigger its association with pVHL, thereby reducing its stability and leading to HIF-1α degradation (Kaelin and Ratcliffe, 2008). HIF-1 exists in all tissues, with highly sensitive to tissue oxygen tension (Seroeki et al., 2018). In hypoxia, the α subunit becomes stable and will be translocated to the nucleus where HIF-α heterodimerizes with HIF-1β. Then the HIF1α/β complex binds to the promoter regions of target genes containing hypoxia-responsive elements (HRE) and activates a variety of hypoxic adaptive target genes transcription (Figure 2).

IHP-induced hypoxia-reoxygenation cycle can activate HIF-1, thereby promoting the expression of cytoprotective proteins, such as nitric oxide synthase (NOS), erythropoietin (EPO) and vascular endothelial growth factor (VEGF) (Singh et al., 2013), and then up-regulate the synthesis of NO, promote the normalization of microvessels and improve the vasodilation function (Korkushko et al., 2010). At the same time, it can increase the number of red blood cells and improve the vascular microcirculation (Connolly et al., 1989; Krantz, 1991). Some researchers believe that the efficacy of hypoxic adaptation will decrease as patients aging (Levine et al., 1997; Korkushko et al., 2009). However, Korkushko et al. reported that IHP is also well tolerated and safe for elderly patients (Korkushko et al., 2010).

IHP can Improve the Vascular Endothelial Function

Endothelial dysfunction is a common feature of cell damage caused by virus infection, which will lead to microvascular dysfunction, in turn, inducing vasospasm or abnormal

vasocontraction and thrombosis of multiple major arteries (Steinberg et al., 2012; Chen et al., 2020). Vascular endothelial cells play key roles in regulating vascular tension and peripheral resistance by synthesizing vascular “dilators” (NO etc.) and vasoconstrictors (endothelin-1, ET-1, etc.). The endothelial dysfunction is caused by the unbalanced expression of vascular endothelial factor (Virdis et al., 2011; Lytsy et al., 2013). Gel'tser et al. found that the severity of the disease was positively correlated with vascular endothelial dysfunction in extra-hospital pneumonia, which manifested as insufficient vasodilation or even contraction, and then increased the risk of cardiac hypoperfusion (Gel'tser and Brodskaya, 2005). Aguilar et al. found that applying the treatment of IHP (11.7% inspired O₂ + 21% inspired O₂, 4 cycles/d for 4 days) could activate the antioxidant defense mechanisms to improve the cardiovascular endothelial dysfunction of adult Wistar rats (Aguilar et al., 2018). In addition, study has shown that activation of HIF-1α can inhibit the expression of ET-1 in pulmonary artery smooth muscle cells and reduce pulmonary vasoconstriction (C. C. Wang et al., 2018). Meanwhile, IHP (4–8 h/d, 10%–12% inspired O₂) can promote the expression of inducible nitric oxide synthase (iNOS) and increase cardiac NO synthesis ability (Coulet et al., 2003; Robinson, et al., 2011). As hypoxia itself can promote the release of NO and other vasodilator factors, it meets the myocardial demand for O₂ better, which can lead local arterioles to dilate (Park et al., 2015). Lyamina et al. proved that IHP (3 min 10% inspired O₂ + 3 min 21% inspired O₂ for 4–10 cycles) was one of the most effective ways to stimulate the synthesis of endogenous NO, in which the antihypertensive effect was highly correlated to the increase of NO expression level (Lyamina et al., 2011). In addition, Mukharliamov et al. found that IHP (10 cycles/d for 5 min 10–14% inspired O₂ + 5 min 21% inspired O₂) combined with antihypertensive drugs significantly reduced the systolic and diastolic blood pressure of hypertensive (Mukharliamov et al., 2006). Furthermore, IHP has been proved not to cause hypertensive reaction in healthy subjects (X. Liu et al., 2017). Faulhaber et al. found that the arterial blood pressure of mild COPD was not affected during IHP intervention (Faulhaber et al., 2015). Based on these, we hypothesize that IHP can resume the balance between the expression of NO and ET-1 in COVID-19, so as to improve the dysfunction of the cardiopulmonary vascular endothelium and accelerate the recovery.

IHP can Improve the Hemodynamics via Activating HIF-1α/EPO/VEGF Signals

The evaluation of hemodynamics is a method to detect whether the blood flow maintains the optimal oxygen delivery, to ensure good oxygen tissue perfusion, and the hemodynamics of COVID-19 may be changed for viral infection. After evaluating the erythrocyte sedimentation rate and high-sensitivity C-reactive protein (hs-CRP) level of 27 COVID-19 cases, Zhou et al. found that the erythrocyte sedimentation rate increased in 18 cases, and the hs-CRP expression added in all 27 cases, which are signs of acute pneumonia or autoimmune system damage (Zhou S. et al., 2020). Some studies also have shown that COVID-19 is characterized by increasing pulmonary capillary pressure,

which induces an increase in alveolar-capillary permeability, accompanied by the lung compliance decrease as well as the dead space adding, and even induces cardiopulmonary and other multiple organs dysfunction, ultimately resulting in death.

EPO and VEGF are glycoprotein growth factors regulated by HIF-1, and both play a variety of positive roles in coordinating hemodynamics (Krantz, 1991; Dale et al., 2014). EPO is one of the earliest discovered HIF-1 α -regulated target proteins. It is mainly produced in the kidney and used to increase the number of red blood cells. The expression and secretion are closely related to tissue oxygen (Fliser and Haller, 2007). Studies have shown that IHP (6 min 10% inspired O₂+6 min 21% inspired O₂, 10 cycles) can activate HIF-1 α to up-regulate the EPO activity to provide more O₂ supply for the myocardia, which in turn stimulates red blood cell production, enhances hematopoietic function and the oxygen-transport capacity (Jelkmann, 1992; Bin-Jaliah et al., 2010). Törpel et al. proved that IHP (3 h, 13.5% inspired O₂) could increase the central and peripheral EPO levels, and under the same hypoxia intensity, the EPO expression of young people is significantly higher than that of the elders. In addition to promoting red blood cell production, EPO also has other physiological functions (Törpel et al., 2019). Costa et al. treated rats with hypobaric hypoxia and found that the EPO activity was increase induced by HIF-1 α . Then, it upregulated the key transcription factor Nrf2 (NF-E2-related factor 2) to exert cellular antioxidant and anti-inflammatory effects, which can promote the synthesis of antioxidant enzymes and reduce the excitotoxicity of nuclear factor kappa-B (NF- κ B) induced damage in rat brain and heart (Costa et al., 2013; Mallet et al., 2018). Animal model of myocardial infarction shows that EPO can reduce the infarct size and improve left ventricular function. The mechanism is mainly through the activation of phosphoinositide-3-kinase (PI3K)/protein kinase B (Akt) signal pathways to inhibit cardiomyocyte apoptosis, and mobilize endothelial progenitor cells as well as inhibiting inflammatory cell migration (Roubille et al., 2013).

VEGF, called vascular permeability factor (VPF), the gene expression can be regulated by HIF-1 α to increase angiogenesis, improve hemodynamics, and increase the supply of energy substances. Paula et al. found that activating HIF-1 α helped to up-regulate the VEGF gene expression for increasing the capillary density (Rodriguez-Miguel et al., 2015). Senger et al. expounded that intraperitoneal injection of the purified VEGF could increase the vascular permeability of the peritoneal wall, diaphragm, and mesentery *in vitro* (Senger et al., 1983). Connolly et al. found that VEGF could promote the growth of new blood vessels, when injected into the healed rabbit bone graft or rat cornea (Connolly et al., 1989). Dao et al. confirmed that VEGF with exogenous nasal delivery could promote compensatory lung growth in mice, which is manifested by the significant increase of lung capacity and alveolar count (Dao et al., 2018). Fan et al. found that the organism could mediate HIF-1 α /VEGF to upregulate the anti-oxidative stress activity during lung injury, which in turn activates the self-protection mechanism of angiogenesis and angioplasty (Fan et al., 2019). In addition, VEGF, cooperated with EPO, can promote angiogenesis, accelerate blood flow, and facilitate the transportation of nutrients and the removal of metabolic waste (Orth et al., 2019). Therefore, we speculate that IHP via the

character of activating HIF-1 α to upregulate the EPO and VEGF, can reduce the pressure of the vascular circulatory system, increase the efficiency of blood oxygen utilization, and improve the cardiopulmonary circulatory function. As a result, the COVID-19 hemodynamics will be significantly improved and the patient prognostic recovery will be promoted.

IHP can Alleviate the Dyspnea via Rectifying Inflammation and Lipid Metabolism Disorders

Evidence suggests that the levels of inflammatory markers, such as IL-6, hs-CRP, immune cells, in the fifth grade level of dyspnea is far higher than the first and second grade despite that the inflammation is not completely related to dyspnea (Garrod et al., 2007; Ryan et al., 2016). In addition, the disorder of lipid metabolism may be the other important factor for dyspnea (Gualdoni et al., 2018). Studies have confirmed that virus infection will interfere with the lipid synthesis and the related signal transduction in host cells. In this process, the virus envelopes and receptors synthesize faster to for completing the virus replication, in consequence, a series of pathological changes occurs in the cardiopulmonary and other peripheral systems (Murillo et al., 2015; Abu-Farha et al., 2020).

In addition to directly activating the HIF-1 α signaling cascade, evidences show that IHP can activate the AMPK/SIRT signaling cascade, thereby activating its downstream target PGC1- α , and promoting the dephosphorylation of NF- κ B, which is then play a potential protective role in the metabolism and the immune response (Yu et al., 2018; Gangwar et al., 2020). As one of the nicotinamide adenine dinucleotide (NAD⁺) dependent deacetylases, SIRT1 is a key factor, which is crucial in the regulation of metabolic transcription (H. Yang et al., 2015). Gao et al. confirmed that the increased transcription and expression of SIRT1 in T lymphocytes could better maintain the tolerance of peripheral T lymphocytes, thereby regulating the immune response (Gao et al., 2012). Considering of the close relationship between inflammation, lipid metabolism disorders and dyspnea, IHP may be a potential treatment for improving dyspnea and alleviating tissue hypoxia. For example, in the terms of ameliorating the dyspnea, Berezovskyi et al. performed IHP (1-2w, 3cycles/d, 15 min 12% inspired O₂+10 min 21% inspired O₂/cycle) on 55 patients (6-17 years old) with bronchospasm. The results suggest that the bronchial obstruction significantly improves along with the vital capacity enhances and breath-hold time prolongs (Berezovskyi et al., 2015). Serebrovska et al. confirmed that IHP (20 min 12% inspired O₂+5 min 21% inspired O₂/cycle, four cycle/session, 5 sessions/w) has little adverse effect on the SpO₂ of diabetes (Serebrovska T. V. et al., 2019). They also found that the IHP (3 times/d, 15 d, 6-7 min 11% inspired O₂) significantly increase the alveolar ventilation and maximum lung ventilation of healthy subjects in the sitting and supine positions, and also significantly improve hypoxic ventilation response sensitivity in hyperpnea subjects (Serebrovska et al., 1999).

IHP can Boost Antioxidant and Antiinflammation Capacity of COVID-19

Gangwar et al. found that the healthy subjects may have a slight inflammatory response in the early stage of IHP (4 h/d, 12%

inspired O₂) implementation. However, the levels of ROS in macrophages tend to decrease, in parallel, the secretion of the antioxidant enzyme enhances, such as glutathione at the 7th-day-IHP treatment, which indicates that the redox homeostasis mechanism is activated to inhibit oxidative stress and acute inflammatory signal response (Gangwar et al., 2020). Rudyk et al. declared that IHP could reduce the accumulation of ROS and inhibit cell apoptosis by enhancing the mitochondria resistance to the open of mitochondrial permeability transition pore (mPTP) in the old rats myocardium heart (Rudyk et al., 2004). Meanwhile, IHP can exert antioxidant protection by inhibiting the excessive formation of reactive metabolites, such as superoxide and peroxide nitrate, or by weakening the activity of stress-activated protein kinase p38 (Ryou et al., 2017). In addition to directly influencing the oxidative stress and inflammatory injury, the IHP likely indirectly reduced these damage via activating the HIF-1 α -mediated downstream signals. Tian et al. manifested that the IHP (3 w, 6 h/d 11.1% inspired O₂ hypoxic exposure) could promote the expression of HIF-1 α and the antioxidant ability of kidney to defense the tissue injury in diabetic rats (Tian et al., 2016). This effect may be attributed to the activation of the HIF-1 α /VEGF/intranuclear nuclear factor (erythroid-derived 2, Nrf2) signaling pathway, in which the antioxidant enzymes activity enhances to reduce urine protein, inflammatory cell infiltration and glomerular interstitial damage (Chang et al., 2019). Based on the previous studies, we speculate that IHP can improve the inflammation and oxidative stress of COVID-19 by stimulating their own anti-oxidation mechanism.

The effect of hypoxia on the innate immune system and host defenses is controversial. Study has suggested that long-term exposure to hypoxic condition may be harmful to the cellular immune function and increase the risk of respiratory infections at high altitude (Walsh and Oliver, 2016). Wang et al. found that IHP (30 min/d 15% inspired O₂, 5 d/w, 4 w) could delay the aging of T lymphocyte subsets in the blood, reduce oxidative stress and the production of pro-inflammatory cytokines, and then to the greatest extent to improve immune dysfunction (Wang et al., 2011). IHP can activate the SIRT1 to promote the deacetylation of NF- κ B and decrease its activity, thereby reducing the TNF- α and IL-1 β expression to enhance the adaptive immune response (Schug et al., 2010).

THE POSSIBLE APPLICATION OF IHP IN THE PROGNOSIS AND REHABILITATION OF COVID-19

Choose the Appropriate Timing to Apply IHP

All rehabilitation should be carried out under the premise of safety. Patient's heart rate, arterial oxygen saturation (SaO₂) and other indicators can be used to determine whether the patient has passed the acute phase. Due to the lack of IHP clinical interventions for COVID-19, the specific cut-in time remains to be further studied. In case a patient shows peripheral capillary oxygen saturation (SpO₂) < 88% or develops symptoms, such as cardiac arrhythmia, palpitations, sweating, chest tightness, and

shortness of breath, which are deemed unsuitable for rehabilitation by the clinician, then the rehabilitation program should be terminated immediately. For mild and moderate cases, rehabilitation interventions should be introduced as early as possible. In contrast, for severe and critical cases, life-saving measures should be prioritized when the patient's condition is unstable or the disease is still progressing. In such cases, pulmonary rehabilitation interventions should be introduced only when the patient's condition has stabilized. In addition, in view of safety and human resources, movement of severely or critically ill patients should be limited to their bed or bedside. Once discharged, patients should continue individualized rehabilitation under the premise of strengthening protection and prevention against other infectious diseases such as cold. In addition, the following contraindications should be noted during IHP intervention (Serebrovskaya and Xi, 2016): ① acute phase of physical disease (myocardial infarction within the last three months, unstable angina pectoris, acute ischemic stroke within six months); ② with fever and/or acute infectious diseases and conditions that require enhanced traditional therapy; ③ compensated chronic renal failure, requiring hemodialysis; ④ three-stage hypertension, frequent hypertension; ⑤ severe peripheral blood flow disorder; ⑥ hypercapnic patient; ⑦ congenital abnormalities of the heart and great blood vessels; ⑧ thrombosis and embolism complications; ⑨ primary and secondary polycythemia; ⑩ personal intolerance to hypoxia; ⑪ mental or mental disorders.

Choose the Appropriate IHP Therapeutic Options

According to the recent research on the cardiovascular protective function of IHP, the use of IHP to improve the prognosis of COVID-19 is traceable. Patients with chronic pulmonary diseases, when exercising, as the interval for red blood cells to pass through the alveolar capillaries is shortened, the ventilation flow rate disorder increases, oxygen intake and blood oxygen saturation decreases. IHP therapy can well make up for the limitations of exercise therapy, not only can ensure the safety and effectiveness of the application, but also be more convenient for home rehabilitation. At the same time, even if the patients with mobility impairments can get the same or even better rehabilitation effect than exercise. Currently, however, there is no standard IHP treatment plan clinically developed. And in recent years, IHP intervention experiments and clinical studies also have large differences in its related parameter settings, such as the range of hypoxic concentration (from 12 to 18%), the duration of hypoxia (ranging from 15 s to 12 h), the number of cycles per day (ranging from 3 cycles to 25 cycles) etc (Serebrovskaya and Xi, 2016). Therefore, it is so important about the strict control of IHP intervention parameters. It also can set parameters according to the hypoxic sensitivity and the development of its disease, such as using the heart rate changes during the steady decline of SaO₂ to predict the individual's adaptation to hypoxia and prognosis, and select the best intervention plan.

Based on the above clinical research evidence, we set an IHP plan for the prognosis and rehabilitation of COVID-19: 3–5 min

hypoxia (10–16% inspired O₂) + 5 min normoxia (21% inspired O₂) as one cycle, 6–10 cycles per day, 3–5 times a week for a total of 8 weeks. Before the formal intervention, the patient should undergo hypoxic preconditioning training to familiarize himself with the treatment equipment and procedures, and at the same time checking the tolerance of the patient and adjusting the appropriate hypoxia concentration. During the treatment process, real-time monitoring of the patient's heart rate, blood pressure, electrocardiogram, peripheral blood oxygen saturation, lung ventilation function and other physiological indicators. Moreover, as subjects need to inhale low-oxygen gas through a breathing mask, considering the high infectivity of COVID-19, after a patient finished using the device, the disposable face mask should be replaced immediately, and the ventilation pipe and periphery of the device should be disinfected to avoid cross-infection. At the same time, the treatment clinic where the patient is located should be strictly disinfected. In addition, the following principles should be followed: patients should be evaluated comprehensively before starting the rehabilitation program by clinical experts. Evaluation and monitoring should be conducted throughout the IHP rehabilitation program. As COVID-19 patients having chronic pulmonary diseases often have excessive airway secretions, should pay attention to facilitate sputum excretion and reduce the exhaustion due to coughing. Meanwhile, more clinical research should be conducted to prove the safety and efficacy of IHP therapy among COVID-19 rehabilitated phase patients, and explore individualized treatment program.

SUMMARY AND PERSPECTIVE

Currently, evidence on the prognosis and rehabilitation of COVID-19 patients is insufficient, especially for elderly patients whose disease is complicated by other pathology or comorbidity. It remains unclear whether the impairment of multiple systemic functions is completely reversible or if the long-term existence of the virus can cause residual physical and mental dysfunction in these patients. Nonetheless, we believe that IHP not only has beneficial effect on cardiovascular protection

and cardiorespiratory fitness, but also can applied as a potential protector against inflammatory stress. Timely implementing IHP intervention to restore the cardiopulmonary function of COVID-19 and to recover the autoimmunity is very important. IHP intervention program for the prognosis and rehabilitation of COVID-19 should be based on the existing condition and actual vital signs of the patients (such as blood cell parameters, blood oxygen saturation, heart rate, blood pressure, etc.) in consideration of all other underlying disorders (such as hypertension, diabetes, COPD, etc.) to set different intervention parameters to target the biological mechanism mediated by HIF-1 α to activate downstream signal targets (iNOS, EPO, VEGF), and at the same time activate AMPK/SIRT1 signaling cascade, and then reduce the tissue and organ damage of patients, and improve the body's tolerance and resistance to ischemia and hypoxia. It is possible to prevent disease or reduce the virus damage if we may take IHP before attach of virus, which is critical to maintain strong immune capacity, and reduce the prevalence of various chronic diseases. The most appropriate timing and program, the efficacy and safety of IHP for rehabilitation interventions require large-scale clinical trials and further confirmation.

AUTHOR CONTRIBUTIONS

MC, XC, JS, and RY wrote the primary draft and drew the graph. XS, LC, and LW proposed the idea and revised the final version. QG, XB, and PX searched and reviewed the literatures. All authors have accepted responsibility for the entire content of this manuscript and approved its submission.

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Strategy, Progress, and Challenges of Drug Repurposing for Efficient Antiviral Discovery

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Emerging or re-emerging viruses are still major threats to public health. Prophylactic vaccines represent the most effective way to prevent virus infection; however, antivirals are more promising for those viruses against which vaccines are not effective enough or contemporarily unavailable. Because of the slow pace of novel antiviral discovery, the high disuse rates, and the substantial cost, repurposing of the well-characterized therapeutics, either approved or under investigation, is becoming an attractive strategy to identify the new directions to treat virus infections. In this review, we described recent progress in identifying broad-spectrum antivirals through drug repurposing. We defined the two major categories of the repurposed antivirals, direct-acting repurposed antivirals (DARA) and host-targeting repurposed antivirals (HTRA). Under each category, we summarized repurposed antivirals with potential broad-spectrum activity against a variety of viruses and discussed the possible mechanisms of action. Finally, we proposed the potential investigative directions of drug repurposing.

Keywords: drug repurposing, emerging virus, antivirals, broad spectrum, COVID-19

INTRODUCTION

Since December 2019, a novel coronavirus disease 2019 (COVID-19) has rapidly spread all over the globe to cause a pandemic (Li et al., 2020b; Zhu et al., 2020). The pneumonia causative agent was identified to be a new coronavirus, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). As of April 6, 2021, more than 130 million cases have been confirmed globally, including approximately 2.85 million deaths. The still ongoing pandemic represents the most recent example of how emerging or re-emerging human or zoonotic viruses pose a threat to public health. These viruses include but not limited to Ebola virus (EBOV), Zika virus (ZIKV), West Nile virus (WNV), yellow fever virus (YFV), dengue virus (DENV), henipaviruses (Nipah, Hendra), SARS-CoV, Middle East respiratory syndrome (MERS-CoV), Lassa virus (LASV), Crimean-Congo hemorrhagic fever virus (CCHFV), Rift Valley fever virus (RVFV), chikungunya virus (CHIKV), human immunodeficiency virus (HIV) and influenza A virus (IAV). We listed six viral families in which a number of viruses have merged or remerged in recent years to have caused or potentially cause an epidemic or pandemic, including *Coronaviridae*, *Filoviridae*, *Flaviviridae*, *Arenaviridae*, *Nairoviridae*, and *Orthomyxoviridae*. The genome structure, important viruses, and key features regarding virus-host interactions are summarized in **Table 1**.

The emerging or reemerging virus outbreak has emphasized the urgent need for preventative or treatment regimens. Vaccines are recognized as a preferred promising line of defense. However, vaccine development is a complex process and multiple challenges are involved in light of the fact

TABLE 1 | Important emerging or reemerging viruses.

Virus family	Genome	Important viruses	Key features/Virus-host interactions	Ref
<i>Coronaviridae</i>	ss (+) RNA; 26–32 kb	SARS-CoV, SARS-CoV-2, MERS-CoV, HCoV-229 E, HCoV-OC43, HCoV-NL63, HCoV-HKU1	Enveloped viruses; case fatality rate: 30% (MERS-CoV), 10% (SARS-CoV), 3% (SARS-CoV-2); receptor: ACE2 (SARS-CoV, SARS-CoV-2); DPP4 (MERS-CoV); S protein proteolytic cleavage by cathepsins or TMPRSS2 is necessary for infection; RNA proofreading is viable due to the exoribonuclease activity	de Wit et al. (2016); Chen (2020)
<i>Flaviviridae</i>	ss (+) RNA; 9.6–12.3 kb	DENV, ZIKV, YFV, WNV	Enveloped viruses; cause hemorrhagic fever, liver damage, congenital malformations (microcephaly); transmission by vectors like mosquitos or ticks	Mukhopadhyay et al. (2005); Barrows et al. (2018)
<i>Filoviridae</i>	ss (–) RNA; 19 kb	EBOV, MARV	Enveloped filamentous virions can exceed to 14,000 nm in length; cause fatal viral hemorrhagic fevers; case fatality rate: from 25 to 90%; DC-SIGN, or integrins as attachment factor; receptor: NPC1 (EBOV)	—
<i>Arenaviridae</i>	ss (–) RNA; segmented	LASV, JUNV	Enveloped viruses; case fatality rate: 20–30% (JUNV), 1% (LASV); entry factors: Alpha-dystroglycan, LAMP1 (LASV); cause hemorrhagic fever; virus spreads through rodents	Jae et al. (2014); Pontremoli et al. (2019)
<i>Nairoviridae</i>	ss (–) RNA; segmented	CCHFV	Enveloped viruses with circular genome; case fatality rate: 10–40% (CCHFV); virus entry is clathrin-, pH- and cholesterol dependent; cause hemorrhagic fever; transmission by vectors like ticks	Simon et al. (2009); Zivcec et al. (2016)
<i>Orthomyxoviridae</i>	ss (–) RNA; segmented	IAV (H1N1, H2N2, H5N1, H3N2, H7N9, ...)	Enveloped viruses; genome reassortment is common; case fatality rate varies, 2–3% (1918 H1N1)	Ramos and Fernandez-Sesma (2012)

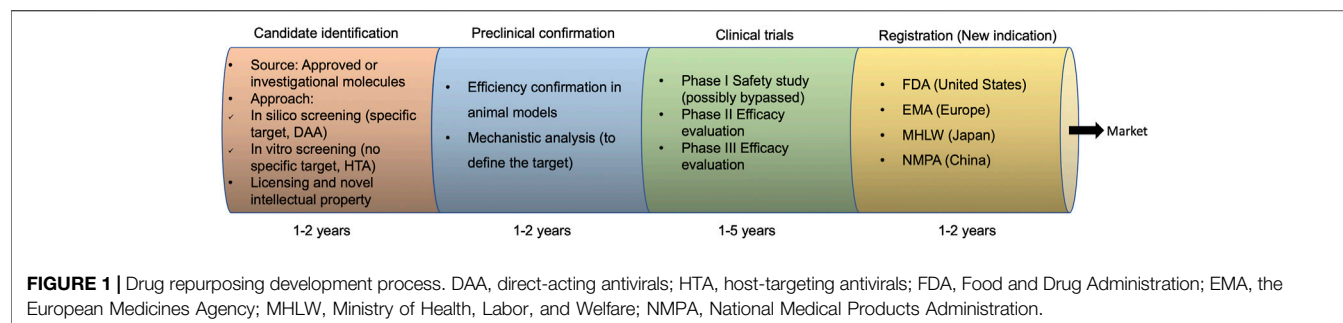
TABLE 2 | Compound library for drug repurposing.

Library	Library scale	Introduction	Refs
Prestwick chemical library	1,520	99% approved drugs (FDA, EMA and other agencies)	Ulferts et al. (2016)
NCATS pharmaceutical collection (or NCGC pharmaceutical Collection)	~3,500	2,500 approved molecules, plus about 1,000 investigational compounds	Huang et al. (2011)
ReFRAME compound library	~12,000	Containing nearly all small molecules that have reached clinical development or undergone significant preclinical profiling, 38% of which are approved drugs	Janes et al. (2018); Riva et al. (2020)
Library of pharmacologically active compounds (LOPAC), sigma	1,280	Biologically annotated collection of inhibitors, receptor ligands, pharma-developed tools, and approved drugs	Hu et al. (2014)
NIH clinical collection	727	All have a history of use in human clinical trials and known safety profiles	van Cleef et al. (2013)

that the pathogens that need to be confronted may display high genetic variability (e.g., HIV) or an identity hardly predicted in advance (e.g., SARS-CoV-2 or ZIKV). Thus, unprecedented demands have emerged on antivirals that can be rapidly available in clinical practices. In the absence of a vaccine available to use, hepatitis C virus (HCV) is supposed to be eliminated in the use of the direct-acting antivirals, which probably represents the first virus to be cured by antivirals. That strengthens the promising potential of antivirals in terms of virus treatment.

Drug repurposing (also called drug repositioning) is a strategy for identifying new uses for approved or investigational drugs that beyond the original indicative scope to facilitate antiviral development. Typically, antiviral discovery development is time and resource-consuming, which involves three major stages including drug discovery (3–6 years), preclinical studies in

experimental animal models (about 3 years), clinical trials in humans from phase I to III (about 5 years). Finally, if a therapeutic succeeds to pass all the processes, it needs to get approved by the appropriate agency. It is estimated that only 5% of the candidate molecules are finally approved and up to 3 billion dollars are consumed. Given that the repurposed drugs have been proven to be safe in humans, drug repurposing likely can skip phase I and probably the phase II clinical trials. Thus, the attrition rate to be a novel antiviral is reduced, although the phase III trial is still needed. Remdesivir, an adenosine analog to inhibit EBOV RNA-dependent RNA polymerase (RdRp) (Tchesnokov et al., 2019), is the latest example. Although remdesivir did not show therapeutic activity against EBOV infection in a real-world phase III clinical trial (Nakkazi, 2018), remdesivir shows potent antiviral activity against SARS-CoV-2, SARS-CoV, and MERS-CoV *in vitro* or *in vivo* in preclinical animal models (de Wit et al.,



2020; Wang et al., 2020a). Two randomized phase III clinical trials indicate that patients who received remdesivir had a shorter time to recover (Spinner et al., 2020; Wang et al., 2020c), based upon which the U.S. Food and Drug Administration (FDA) has approved remdesivir for use in COVID-19 patients, less than 1 year after the outbreak of the pandemic. From the above example, drug repurposing could significantly facilitate antiviral development for emergency use. Given the urgent need for therapeutics for emerging or re-emerging viruses and a great number of approved or developmental therapeutics, drug repurposing represents a better way for antiviral discovery. In this review, we discussed the strategies of drug repurposing for antiviral development, summarized the promising drug candidates that have the antiviral potency with broad-spectrum activity, and analyzed the possible caveats of this strategy of drug discovery.

STRATEGIES TO DEVELOP REPURPOSED ANTIVIRALS

A typical drug repurposing strategy comprises four steps (Figure 1), including the identification of a candidate therapeutic for the new indication as an antiviral; antiviral efficiency confirmation and/or mechanistic analysis in preclinical animal models; antiviral efficacy evaluation in clinical trials (phase I may be not prerequisite if sufficient safety data has already been obtained as parts of the original indication); and approval of the novel indication by government agencies such as the FDA, the European Medicines Agency (EMA), Ministry of Health, Labor and Welfare (MHLW) of Japan, and National Medical Products Administration (NMPA) of China.

APPROACHES FOR ANTIVIRAL REPURPOSING

The identification of the right drug for the new indication is crucial. The major approaches involve high throughput *in silico* or *in vitro* screening. The *in silico* screening is commonly used for the identification of a compound that binds to the given target, commonly a virally encoded protein, such as RNA-dependent RNA polymerase (Patel and Kukol, 2017). The *in vitro* screening involves the high throughput antiviral screening, leading to the

subsequent validation for the most potent candidates. These candidates can target host proteins or viral proteins (Kouznetsova et al., 2014; Chopra et al., 2016; Xu et al., 2016; Li et al., 2017c). For either approach, compound libraries, in particular those with approved molecules, are needed (Table 2). These include the Drugbank library, NIH Clinical Compound (NCC) Collection (van Cleef et al., 2013), the Prestwick Chemical Library (Ulferts et al., 2016), the Library of Pharmacologically Active Compounds (LOPAC) (Hu et al., 2014), a library of approved drugs that were assembled by the NIH Chemical Genomics Centre (NCGC) called the NCGC Pharmaceutical Collection (NPC) (Huang et al., 2011), and the ReFRAME (Repurposing, Focused Rescue, and Accelerated Medchem) Library (Janes et al., 2018). Recently, the LOPAC and ReFRAME drug libraries were successfully used for the discovery of the SARS-CoV-2 antiviral candidates (Riva et al., 2020).

CATEGORIES OF REPURPOSED ANTIVIRALS

Based on the origin and feature of the repurposed antiviral targets, two major categories are divided: direct-acting repurposed antiviral (DARA) and host-targeting repurposed antiviral (HTRA) repurposing. The representative antivirals with repurposed potentials are summarized in Figure 2.

Direct-Acting Repurposed Antiviral (DARA)

A large majority of antivirals approved by the FDA are direct-acting antivirals (DAA) other than host-targeting agents (HTA) (Chaudhuri et al., 2018). DARAs contain antiviral activity relying on structural similarity or identical enzymatic activity of virally encoded targets, particularly viral polymerase, protease, reverse transcriptase, or viral proteins with ion channel activity. Below we reported the advances in repurposed antivirals targeting the two important viral enzymes, RdRp and protease.

RdRp Inhibitors

Remdesivir (GS-5734)

Remdesivir was an investigational compound in the class of nucleotide analogs, which was originally developed to treat *Filoviridae* members EBOV or Marburg infection and rapidly pushed through clinical trials due to the EBOV epidemic in West Africa from 2013 through 2016. However, in August 2019,

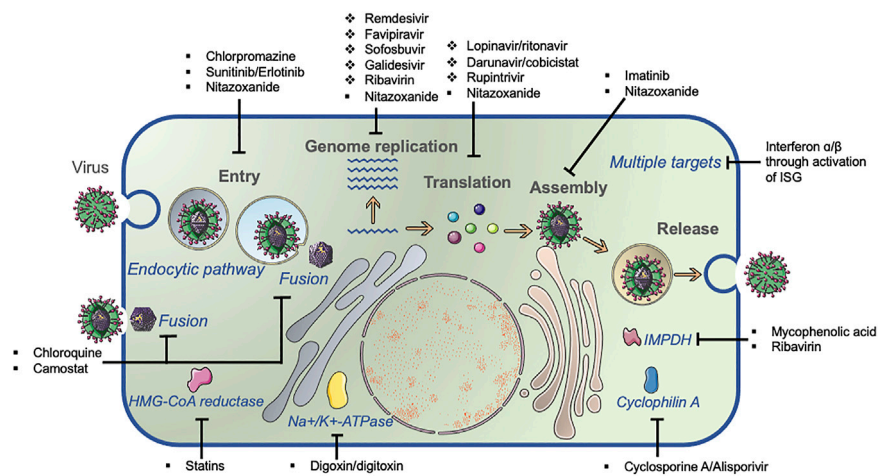


FIGURE 2 | Common viral lifecycle and broad-spectrum antiviral identification. The common viral lifecycle comprises three steps: viral entry, genome replication, and virus assembly/release. Direct-acting antivirals (DAA, ♦) and host-targeting antivirals (HTA, ■) inhibit virus replication by targeting viral protein and host molecules that are required for virus replication, respectively.

remdesivir was announced to be less effective than the other two monoclonal antibody regimens (Mulangu et al., 2019). It has also been found to show antiviral activity against other RNA viruses such as *Pneumoviridae* member RSV (EC₅₀ = 0.019 μ M); *Paramyxoviridae* Nipah virus (EC₅₀ = 0.029 μ M), Hendra virus (EC₅₀ = 0.055 μ M), parainfluenza type three virus (EC₅₀ = 0.018 μ M), MV (EC₅₀ = 0.037 μ M) and MuV viruses (EC₅₀ = 0.79 μ M); *Arenaviridae* JUNV (EC₅₀ = 0.47 μ M), LASV (EC₅₀ = 1.48 μ M); some *Flaviviridae* viruses like Kyasanur Forest disease virus (KFDV) (EC₅₀ = 1.8 μ M), Omsk Hemorrhagic Fever virus (OHFV) (EC₅₀ = 1.2 μ M), Tick-borne encephalitis (TBEV) (EC₅₀ = 2.1 μ M), and *Coronaviridae* including MERS-CoV (EC₅₀ = 0.074 μ M), SARS-CoV (EC₅₀ = 0.069 μ M), and SARS-CoV-2 (EC₅₀ = 0.77 μ M) (Warren et al., 2016; Lo et al., 2017; Sheahan et al., 2017a; Choy et al., 2020) (Table 3). The parent nucleoside of remdesivir, GS-441524 (1'-cyano substituted adenine nucleoside analog or Nuc) also shows a broad-spectrum but less effective antiviral activity against infections of coronaviruses like MERS-CoV and feline coronavirus (Warren et al., 2016; Pedersen et al., 2019).

Remdesivir shows prophylactic or therapeutic potency when administrated in SARS-CoV-infected mice, in which reduced viral load in lung and improved clinical symptoms and respiratory function was observed (Sheahan et al., 2017a). A similar prophylactic or therapeutic potency of remdesivir against MERS-CoV was seen in macaques or mouse models (de Wit et al., 2020; Sheahan et al., 2020). Remdesivir efficiently inhibits SARS-CoV-2 replication *in vitro* (Wang et al., 2020b), and was used as a compassionate use in the first COVID-19 case in the United States (Holshue et al., 2020) before large-scale clinical studies (NCT04280705; NCT04292899; NCT04292730; NCT04257656) were launched. One large-scale study in which hospitalized COVID-19 patients were given remdesivir for 10 days showed significantly shortened time to recovery (Beigel et al., 2020). Another study indicated that remdesivir

treatment in moderate COVID-19 patients for 5 days led to symptom improvement significantly higher than the standard care group (Spinner et al., 2020). Contrarily, a smaller scale study only found remdesivir resulted in a marginally but numerically faster time to clinical improvement (Wang et al., 2020c). Based upon these clinical studies, the full and conditional use of remdesivir in hospitalized COVID-19 patients was approved by FDA in October 2020. Although World Health Organization (WHO) recommends against it, based on the interim result of the WHO Solidarity Trial.

Mechanistically, remdesivir exerts the antiviral activity through competing with ATP that is supposed to incorporate into viral RdRp for RNA replication. It results in delayed EBOV and MERS-CoV RNA chain termination at the fifth and third position, respectively after the initiation site (Warren et al., 2016; Tchesnokov et al., 2019; Gordon et al., 2020).

Ribavirin (RBV)

RBV is on the WHO's list of essential medicines, it is licensed to treat RSV infection (Committee on Infectious Diseases, 1993), or HCV infection in combination with interferon (IFN)- α or direct-acting antivirals (AASLD-IDSA HCV Guidance Panel, 2018). RBV is also effective against other hepatotropic viruses including HBV (Galban-Garcia et al., 2000) and HEV (Kamar et al., 2014; Kamar et al., 2019) in clinical studies, although no convincing activity against HBV was obtained in cell culture systems (Isorce et al., 2016). Ribavirin was clinically used to treat a variety of viral hemorrhagic fevers, including Lassa fever (McCormick et al., 1986), Crimean-Congo hemorrhagic fever (Fisher-Hoch et al., 1995), and Hantavirus infection (Ogg et al., 2013) alone or in combination with favipiravir, even though RBV might be effective only at early stages (Johnson et al., 2018; Eberhardt et al., 2019).

The clinical use of RBV as a supplement to other agents like corticosteroid for SARS-CoV treatment was documented in China and Canada (Peiris et al., 2003), while RBV had an

TABLE 3 | Approved or investigational direct-acting antivirals with repurposed potential against other virus infections.

Category	Agent name	Primary indication	Broad antiviral activity				Clinical trials	Ref
			Virus name	EC50/ EC90 (μM)	CC50 (μM)	SI		
Viral RdRp inhibitor	Remdesivir	Antiviral (EBOV, no approval)	EBOV	0.07/0.22 (Huh7 cells)	3.7	52.86	Phase III failed	Warren et al. (2016)
			JUNV	0.47/2.8	N.D.	N.D.		Warren et al. (2016)
			MERS-CoV	0.074/N.D.	>10	>135		Sheahan et al. (2017b)
			SARS-CoV	0.069/N.D.	>10	>144		Sheahan et al. (2017b)
			SARS-CoV-2	0.77/1.76	>100	>129.87	Approved for hospitalized COVID-19 patients	Wang et al. (2020b)
			RSV	0.021/0.059	6.195	395		Lo et al. (2017)
			NiV	0.029/0.053	8.294	286		Lo et al. (2017)
			HCV	8.4/N.D.	108	12.86	Approved	Ortega-Prieto et al. (2013)
			RSV	69.5/N.D.	N.D.	N.D.	Approved	Kim et al. (2017)
			HBV	N.D./N.D.	N.D.	N.D.	Phase I NCT04356677; phase II NCT04276688; phase III NCT04392427	Isorce et al. (2016)
	Ribavirin	Antiviral (HCV, RSV)	HEV	6.9/50.38	N.D.	N.D.		Todt et al. (2018)
			ZIKA	23/281	N.D.	N.D.		Kamiyama et al. (2017)
			LASV	2.47/N.D.	>50	>20		Welch et al. (2016)
			EBOV	5.34/N.D.	>50	>9		Welch et al. (2016)
			SARS-CoV	81.9/N.D.	>819	>10		Saijo et al. (2005)
			MERS-CoV	66.9/86.6	N.D.	N.D.		Falzarano et al. (2013a)
			SARS-CoV-2	109.5/N.D.	>400	3.65	Phase II/III NCT04460443, NCT04497649; phase III NCT04392427, ...	Wang et al. (2020b)
	Favipiravir	Antiviral (IAV)	IAV(H1N1)	1.97/3.75	>128	>64	Approved	Sleeman et al. (2010)
			LASV	29.3/43.2	>1000	>34		Oestereich et al. (2016)
			JUNV	0.79/5.0	188	239		Furuta et al. (2013)
			CCHFV	6.37/10.18	>100	>15.7		Oestereich et al. (2014b)
			RVFV	5.0/32	>980	>196		Furuta et al. (2013)
			Rabies	32.4/N.D.	N.D.	N.D.		Yamada et al. (2016)
			RSV	N.D./36	>1600	N.D.		Jochmans et al. (2016)
			EBOV	67/110	>1000	>14.9		Oestereich et al. (2014a)
			SARS-CoV-2	61.88/N.D.	>400	>6.46	Phase III: NCT04425460, NCT04373733; phase IV NCT04359615.	Wang et al. (2020b)
			WNV	53/N.D.	N.D.	N.D.		Morrey et al. (2008)
	Sofosbuvir	Antiviral (HCV)	YFV	180/330	>6370	>19		Julander et al. (2009)
			ZIKA	22/N.D.	>637	>26		Zmurko et al. (2016)
			EV-71	68.74/N.D.	>1000	>14.55		Wang et al. (2016b)
			HCV	0.032–0.13/N.D.	N.D.	N.D.	Approved	Han et al. (2019)
			YFV	4.2/N.D.	381	90		de Freitas et al. (2019)
			DENV	1.4/6.4	>100	>71		Xu et al. (2017)
			CHIKV	1/N.D.	402	402		Ferreira et al. (2019)
			ZIKA	1.37/12.3	>200	>145		Bullard-Feibelman et al. (2017)
			HEV	1.97/N.D.	>100	>51		Nettler et al. (2019)
			HBV	—	—	—	Phase II NCT03312023	—
			SARS-CoV-2	—	—	—	Phase II/III: NCT04460443, NCT04443725; phase IV NCT04498936; ...	—
	Galidesivir	Antiviral (EBOV, investigational)	EBOV	11.8/25.4	>11,800	>100	Preclinical	Warren et al. (2014)
			MARV	4.4/10.5	1065	242	Phase I NCT03800173	Warren et al. (2014)
			SUDV	3.4/10.3	>3400	>100		Warren et al. (2014)
			TBEV	0.95/N.D.	N.D.	N.D.		Eyer et al. (2019)
			YFV	14.1/46.8	>14,100	>100	Phase I NCT03891420	Warren et al. (2014)
			WNV	2.33/N.D.	>100	>42		Eyer et al. (2017)
			DENV	32.8/89.3	>9710	>296		Warren et al. (2014)
			ZIKA	3.8/18.2	N.D.	N.D.		Julander et al. (2017)
			RVFV	41.6/98.0	>41,600	>100		Warren et al. (2014)
			LASV	43.0/>100	>4300	>100		Warren et al. (2014)
			RSV	11.0/25.7	>980	>89		Warren et al. (2014)
			IAV(H1N1)	10.7/17	>3167	>296		Warren et al. (2014)
			SARS-CoV	57.7/>95	>17,080	>296		Warren et al. (2014)
			SARS-CoV-2	—	—	—	Phase I NCT03891420	—

(Continued on following page)

TABLE 3 | (Continued) Approved or investigational direct-acting antivirals with repurposed potential against other virus infections.

Category	Agent name	Primary indication	Broad antiviral activity				Clinical trials	Ref
			Virus name	EC50/ EC90 (μM)	CC50 (μM)	SI		
Viral protease inhibitor	Lopinavir/ ritonavir	Antiviral (HIV)	HIV (lopinavir)	0.018/N.D.	N.D.	N.D.	Approved	Masse et al. (2007)
			HIV (ritonavir)	0.046/N.D.	N.D.	N.D.		Masse et al. (2007)
			SARS-CoV (lopinavir)	17.1/N.D.	>32	>2		de Wilde et al. (2014)
			MERS-CoV (lopinavir)	8.0/N.D.	24.4	3.1		de Wilde et al. (2014)
	Rupintrivir	Antiviral (HRV, investigational)	SARS-CoV-2 (lopinavir)	26.63/N.D.	49.75	1.87	Phase III: NCT04372628, NCT04321174; phase IV: NCT04350684, NCT0435067; ... Phase II completed	Choy et al. (2020)
			HRV-100	0.022/0.032	N.D.	N.D.		Binford et al. (2005)
			Echovirus-6	0.051/0.094	N.D.	N.D.		Binford et al. (2005)
			CVB2	0.022/0.088	N.D.	N.D.		Binford et al. (2005)
			CVA16/860 F	0.015/N.D.	>50	>3500		Zhang et al. (2013)
			EV71/695 F	0.014/N.D.	>50	>3500		Zhang et al. (2013)
			HCoV-229e	0.3/N.D.	>500	>1500		Kim et al. (2012)
			TGEV	2.5/N.D.	>500	>200		Kim et al. (2012)
			BOC	15.3/N.D.	>500	>32		Kim et al. (2012)
			Norovirus/ Norwalk	0.32/1.5	>50	>150		Rocha-Pereira et al. (2014)

EC50 of 81.9 μM *in vitro* (Saijo et al., 2005). RBV is also effective to inhibit MERS-CoV with an EC50 ranging from 66.9 μM (16.33 μg/ml) to 169.7 μM (41.45 μg/ml) *in vitro* (Falzarano et al., 2013a). RBV alongside IFN-α was reported to reduce the hospital mortality rate from 70 to 29% in hospitalized MERS patients at 14 days after admission (Omrani et al., 2014). RBV also shows antiviral activity against SARS-CoV-2 *in vitro* with an EC50 of 109.5 μM (Wang et al., 2020b), while another report did not find the favorable effect of RBV (Choy et al., 2020). The higher EC50 of RBV against either MERS-CoV or SARS-CoV-2 may be due to the reduced RBV uptake (Ibarra and Pfeiffer, 2009) or inability to accumulate sufficient amounts of phosphorylated RBV metabolites required for the effective RBV antiviral actions (Shah et al., 2010). As of early January 2021, at least seven clinical trials (phase I NCT04335123; phase II NCT04494399; phase II NCT04563208; phase II NCT04605588; NCT04664010; phase II NCT04276688; phase II/III NCT04402203) have been launched to investigate the efficacy of RBV alone or in combination with other agents for COVID-19 treatment.

Mechanistically, at least two types of antiviral machinery may be involved. Upon the uptake into cells, RBV is metabolized to form a purine RNA nucleotide-like form, which interferes with viral RNA polymerases, leading to hypermutation of RNA that reduces the viability and is lethal to RNA viruses. RBV is also an inhibitor of inosine-5'-monophosphate dehydrogenase (IMPDH), which is essential for the *de novo* synthesis of guanosine-5'-monophosphate (GMP). RBV structure may interfere with the RNA capping process that relies on natural guanosine to prevent RNA degradation. Upon the inhibition of IMPDH, RBV can lower the intracellular pool of GTP, and DNA virus replication is then inhibited. Alternatively, RBV has the potential to reduce cell death, affect type 1 cytokine production or inflammatory response, which may help combat HBV, HCV, or LASV infection (Tam et al., 1999; Oestereich et al., 2016).

Favipiravir

Favipiravir (6-fluoro-3-hydroxy-2-pyrazinecarboxamide) was firstly designed to inhibit influenza RdRp, despite of different serotypes and strains of influenza A, B, or C (Furuta et al., 2013). Favipiravir has been approved since 2014 in Japan for emergent use to treat influenza. In addition, favipiravir has shown a broad antiviral activity against other negative sense RNA viruses such as RSV (*Pneumoviridae*, EC90 = 36 μM), CCHFV (*Nairoviridae*, EC50 = 6.37 μM), LSAV (*Arenaviridae*, EC50 = 29.3 μM), JUNV (*Arenaviridae*, EC50 = 0.79 μM), Rabies virus (*Rhabdoviridae*, EC50 = 32.4 μM), EBOV (*Filoviridae*, EC50 = 67 μM), or positive sense RNA viruses like SARS-CoV-2 (*Coronaviridae*, EC50 = 61.88 μM), *Flaviviridae* ZIKA (EC50 = 22 μM), WNV (EC50 = 53 μM), YFV (EC50 = 180 μM), and enterovirus EV71 (*Picornaviridae*, EC50 = 68.74 μM) (Morrey et al., 2008; Oestereich et al., 2014a; Oestereich et al., 2014b; Jochmans et al., 2016; Oestereich et al., 2016; Yamada et al., 2016; Zmurko et al., 2016; Furuta et al., 2017; Wang et al., 2020b) (Table 3).

A preclinical study in EBOV-infected macaques shows a higher plasma favipiravir concentrations greater than 70–80 μg/ml or 446–509 μM were associated with reduced viral loads and extended survival rate (Guedj et al., 2018). A similar study in IFNAR-/- mice also shows a high dose [300 mg/(kg/d)] of favipiravir enhances EBOV clearance and prevents a lethal outcome (Oestereich et al., 2014a). Clinically, favipiravir showed good tolerance in EBOV patients but no strong antiviral efficacy (Sissoko et al., 2016), possibly due to the low median trough drug concentrations (46 μg/ml or 293 μM at day 2 post-treatment) (Nguyen et al., 2017). Thus, the optimal dosage and potency of favipiravir merit further investigation.

Favipiravir exhibited antiviral activity against SARS-CoV-2 *in vitro* (Wang et al., 2020b) and showed a significantly shorter viral clearance time than the control group (4 vs. 11 days) and a higher improvement in chest imaging in a non-randomized clinical study (Cai et al., 2020). Another

small-sized open-label phase II/III clinical trial (NCT04434248) also found that favipiravir enabled SARS-CoV-2 viral clearance in 62.5% of patients within 4 days, as compared to 30% of patients on a standard of care; however, the viral clearance rate by day 10 after favipiravir administration was only marginally improved (Ivashchenko et al., 2020). Although favipiravir has been approved in some countries, large-scale, placebo-controlled, double-blinded clinical trials may be still needed to further evaluate the efficacy and safety of favipiravir.

The mechanism of action of inhibiting influenza RdRp by favipiravir involves the conversion to the metabolite favipiravir ribofuranosyl-5'-triphosphate (favipiravir-RTP), which further incorporates into influenza RdRp to inhibit the polymerase activity at nanomolar to micromolar concentrations (Furuta et al., 2013). The inhibition of other viral RdRp by favipiravir may involve a similar mechanism.

Sofosbuvir

Sofosbuvir that targets HCV RdRp NS5B from 15 subtypes in six genotypes with an EC₅₀ ranging from 0.032 to 0.13 μM is an approved oral direct-actin antiviral to treat chronic hepatitis C (Han et al., 2019). A cocktail treatment regimen containing sofosbuvir and HCV protease NS3/4A inhibitors has already been approved for pan-genotypic HCV infection. Sofosbuvir shows antiviral effects against other virus members in *Flaviviridae* family, such as ZIKA (EC₅₀ = 4.25 μM) (Bullard-Feibelman et al., 2017; Mumtaz et al., 2017; Sacramento et al., 2017), DENV (Sacramento et al., 2017), CHIKV (EC₅₀ = 1 μM) (Ferreira et al., 2019), and YFV (EC₅₀ = 4.2 μM) (de Freitas et al., 2019). Strikingly, HEV, another hepatotropic virus but evolutionally distant from HCV, was reported to be susceptible to sofosbuvir (EC₅₀ = 1.97 μM) (Todt et al., 2018; Netzler et al., 2019) (Table 3). A phase II clinical trial of sofosbuvir for HBV treatment (phase II NCT03312023) is also under investigation. Besides, the binding residue of sofosbuvir on coronavirus RdRp is conserved among SARS-CoV, SARS-CoV-2, and MERS-CoV (Jacome et al., 2020), although sofosbuvir did not exhibit the inhibitory effect against MERS-CoV RdRp in a cell-based reporter assay (Min et al., 2020). Sofosbuvir binds to SARS-CoV-2 RdRp and inhibits virus infection in lung and brain cells (Elfiky, 2020a), and clinical trials have initiated in multiple countries (phase II NCT04561063, phase II NCT04532931, phase II/III NCT04460443; phase II/III NCT04497649; phase III NCT04530422, phase III NCT04535869, phase IV NCT04498936).

Galidesivir (BCX4430, Immucillin-A)

Galidesivir, an imino-C-nucleoside analog, was originally developed to combat EBOV infection (Warren et al., 2014). Galidesivir strongly inhibits EBOV RdRp activity *in vitro* and post-exposure intramuscular administration of galidesivir protects mice or macaques against Ebola virus or Marburg disease (Warren et al., 2014). Currently, a phase I clinical trial (NCT03800173) for Marburg disease is being performed.

Galidesivir was subsequently identified to exhibit broad-spectrum antiviral effectiveness against other RNA virus families like *Flaviviridae* members TBEV (EC₅₀ = 0.95 μM),

YFV (EC₅₀ = 14.1 μM), WNV (EC₅₀ = 2.33 μM), DENV (EC₅₀ = 32.8 μM), and ZIKA (EC₅₀ = 3.8 μM), *Arenaviridae* (LASV, EC₅₀ = 43.0 μM), *Phleboviridae* (RVFV, EC₅₀ = 41.6 μM), *Pneumoviridae* (RSV, EC₅₀ = 11.0 μM), *Orthomyxoviridae* (IAV H1N1, EC₅₀ = 10.7 μM), and *Coronaviridae* MERS-CoV (EC₅₀ = 68.4 μM) and SARS-CoV (EC₅₀ = 57.7 μM) (Warren et al., 2014; Eyer et al., 2017; Julander et al., 2017; Westover et al., 2018; Eyer et al., 2019). Preclinical studies showed intramuscular or intraperitoneal administration of galidesivir in Syrian golden hamsters effectively limited systemic RVFV infection and improved survival outcomes (Westover et al., 2018). Galidesivir also showed anti-ZIKA activity in a lethal mouse model even when the treatment was initiated during the peak of viremia (Julander et al., 2017). Despite the anti-coronavirus activity *in vitro*, and the predicted strong binding of galidesivir with SARS-CoV-2 RdRp (Elfiky, 2020b), an early stage clinical showed that treatment with galidesivir offered COVID-19 patients no benefit compared to a placebo.

Viral Protease Inhibitor

Lopinavir/ritonavir (LPV/r)

LPV/r is a fixed-dose combination for HIV prevention and treatment. It combines LPV with a low dose of ritonavir (RTV), both of which are HIV protease inhibitors. In HIV-1 NL4-3 infection system *in vitro*, LPV and RTV have an EC₅₀ of 0.018 and 0.046 μM , respectively, against HIV-1, but LPV has a much higher potency than RTV does (EC₅₀ = 0.015 μM for LPV vs. 0.349 μM for RTV) for HIV-2 (Masse et al., 2007). RTV is also a very potent inhibitor of intestinal and hepatic cytochrome P450 3A4 (Eagling et al., 1997), which is involved in LPV catabolism. As with LPV/r, darunavir/cobicistat (DRV/c) is also a dose-fixed combination containing HIV protease inhibitor DRV and CYP3A enzymatic antagonist cobicistat (Masse et al., 2007). Low doses of RTV or cobicistat could slow down the breakdown of HIV protease inhibitors, thereby greatly increases its blood concentration.

Some viruses, like SARS-CoV, MERS-CoV, and SARS-CoV-2, encode proteases, which are structurally and functionally similar to HIV protease. LPV shows an EC₅₀ of 17.1, 8.0, and 26.63 μM , respectively against the three coronaviruses (de Wilde et al., 2014; Choy et al., 2020) (Table 3). LPV/r combination shows greater anti-MERS-CoV activity than LPV does (EC₅₀ of 8.5 vs. 11.6 μM) *in vitro* (Sheahan et al., 2020). LPV/r alongside IFN- β shows improved clinical and pathological features in a nonhuman primate MERS model (Chan et al., 2015), while prophylactic or therapeutic LPV/r-IFN- β treatment only slightly improves the disease outcomes in patients (Sheahan et al., 2020). Similarly, SARS patients receiving LPV/r were found to have an improvement in respiratory syndrome (Chu et al., 2004). However, the potency of LPV/r for SARS-CoV is only effective if administered early but not as rescue or salvage therapy (Chan et al., 2003). Despite of its potential for COVID-19 treatment, a randomized trial showed the hospitalized COVID-19 patients did not benefit from LPV/r therapy (Cao et al., 2020).

Rupintrivir (AG-7088)

Rupintrivir is a peptidomimetic compound inhibiting viral protease activity, it is designed to combat human rhinovirus (HRV, belonging to family Picornaviridae) infection. Rupintrivir shows potent *in vitro* activity against all 48 HRV serotypes tested, with a range of EC₅₀s of 0.007 to 0.104 μ M (Binford et al., 2005). A phase II placebo-controlled randomized, double-blind trial experimentally shows the biosafety and potential efficacy in volunteers (Hayden et al., 2003). Because of a lack of efficacy in natural HRV infection in a subsequent clinical trial, further development of rupintrivir was suspended.

Rupintrivir has shown antiviral activity against a spectrum of viruses that encodes 3C or 3C-like protease, for instance, rupintrivir exhibits antiviral activities against multiple enteroviruses, including EV71 (strain 695F, EC₅₀ = 0.014 μ M), coxsackievirus B2 (CVB2, EC₅₀ = 0.022 μ M), CVA16 (strain 860F, EC₅₀ = 0.015 μ M) (Hung et al., 2011). Two studies show rupintrivir exhibits cross-genotypic inhibitory activity against either human or mouse norovirus, a member in the family *Caliciviridae*, with the EC₅₀ of 0.32 and 13 μ M, respectively (Kim et al., 2012; Rocha-Pereira et al., 2014). A molecular modeling study shows rupintrivir is capable to bind with SARS-CoV main proteinase 3CL^{Pro} (Anand et al., 2003); however, rupintrivir fails to show good activity at even 100 μ M, although some rupintrivir derivatives show better potency (IC₅₀ = 11–39 μ M) (Shie et al., 2005). Rupintrivir exerts an antiviral effect on coronaviruses including CoV-229E (EC₅₀ = 0.3 μ M), transmissible gastroenteritis virus (TGEV, EC₅₀ = 2.5 μ M), bovine coronavirus (BCV, EC₅₀ = 15.3 μ M) (Table 3). Rupintrivir also showed inhibition for SARS-CoV-2 main protease with a 50% inhibitory concentration of 68 ± 7 μ M (Vatansever et al., 2021).

Rupintrivir has poor aqueous solubility and low oral bioavailability in animals, the hydrolyzed metabolites are reportedly 400-fold less active than rupintrivir but predominates the biotransformation pathway. The above features may limit its potential clinical application.

Host-Targeting Antiviral (HTA) Repurposing

HTA repurposing identifies antivirals targeting to host proteins, functions, or pathways, which are required for virus life cycle including viral entry, genome replication, protein translation, and virus assembly and release. As the entire viral life cycle cannot be completed without cells, HTA may exhibit broad antiviral activity against different viruses. Based on the essential steps of a viral life cycle, four major categories of host-targeting repurposed antivirals (HTRA) are classified as below.

HTRA Aiming Virus Entry Step

The first step of the viral life cycle is to enter permissive cells. Some enveloped viruses like HIV, and Nipah virus enter cells *via* direct membrane fusion with the plasma membrane, resulting in the release of nucleocapsid directly to the cytosol (Bossart et al., 2002; Wilen et al., 2012). Bacteriophages can inject their genomes alone into bacterial cells. Except for the aforementioned two mechanisms, most viruses depend on an endocytic pathway to be

internalized into cells. The involved pathways include clathrin-mediated endocytosis, caveolar/lipid raft-mediated endocytosis, or micropinocytosis, through which viruses are internalized into the early endosome, intermediate endosome, and then late endosome or lysosome in a stepwise manner. Finally, the exposure of virions either naked or enveloped to low pH and proteolytic enzymes will trigger changes in the naked virions, or membrane fusion between the organelle and enveloped viruses, to help deliver the viral genome or the intact nucleocapsid into cytosol. Aftermath, most RNA viruses replicate in different locations within the cytosol, whereas DNA viruses continue the journey to the nucleus.

Chlorpromazine (CPZ) and Other Dopamine Antagonists

CPZ is a phenothiazine used to treat psychotic disorders including schizophrenia or manic-depression in adults. CPZ can treat in children severe behavioral problems like attention deficit hyperactivity disorder. CPZ is also indicated to treat anxiety before surgery, nausea and vomiting, and chronic hiccups that do not improve following other treatments (Lopez-Munoz et al., 2005). CPZ is on the list of WHO's essential medicines, among the most effective and safest medicines. CPZ antagonizes dopamine receptors, which are divided into two classes based on which G-protein they are coupled: the D1-like class (including D1 and D5) and the D2-like class, which comprises D2, D3, and D4 receptors. CPZ can bind to and block two types of dopamine receptors, in particular D2 dopamine receptors, exerting antipsychotic activity.

CPZ has proved to inhibit clathrin-mediate endocytosis by preventing the assembly of the clathrin-coated pit on the cell surface (Wang et al., 1993). Thus, CPZ and other dopamine receptor antagonists show antiviral activity against a broad spectrum of viruses that use clathrin-mediated endocytosis to enter cells. These viruses include HIV (Bosch et al., 2008), rubella virus (Kee et al., 2004), human adenovirus (HAdV) (Diaconu et al., 2010), EV71 (Hussain et al., 2011), HAV (Rivera-Serrano et al., 2019), HEV (Yin et al., 2016a), HCV (Blanchard et al., 2006), DENV (Carro et al., 2018), ZIKA (Persaud et al., 2018; Li et al., 2020a), CSFV (Shi et al., 2016), CCHFV (Simon et al., 2009; Ferraris et al., 2015b), SFV (Pohjala et al., 2011), EBOV (Bhattacharyya et al., 2010), MERS-CoV (de Wilde et al., 2014), and SARS-CoV (Inoue et al., 2007).

HIV can either enter cells through direct viral membrane fusion with the plasma membrane, or cell-to-cell transmission and viral synapses between T cells. The latter type of HIV entry is sensitive to CPZ treatment, suggesting the involvement of clathrin-mediated endocytosis (Bosch et al., 2008). Viruses within *Flaviviridae* family, such as HCV, DENV, ZIKA, and CSFV also enter cells dependent on clathrin-mediated endocytosis and are susceptible to CPZ treatment (Zhu et al., 2012; Shi et al., 2016). Cell surface Fc γ R was reported to be required for antibody-dependent enhancement of DENV or ZIKV infection (Khandia et al., 2018). Interestingly, the viral entry mediated by Fc γ RII needs the formation of clathrin-coated vesicles whilst Fc γ RI-dependent viral entry is independent of clathrin (Carro et al., 2018). On the contrary, naked and enveloped viruses may comparably be sensitive to CPZ. HAV

and HEV had been recognized as naked viruses until recently the membrane-trapped viral particles were identified (Feng et al., 2013; Yin et al., 2016a). The naked and enveloped HAV or HEV are both sensitive to CPZ treatment (Yin et al., 2016a; Rivera-Serrano et al., 2019), suggesting the clathrin-mediated endocytosis is equally needed. Coronaviruses such as MERS-CoV and SARS-CoV share the same clathrin-mediated endocytosis for virus entry. In light of this, clinical studies have initiated (phase II/III NCT04354805; phase III NCT04366739) to evaluate the safety and effectiveness of CPZ for COVID-19 treatment, although observational clinical studies have suggested that CPZ at the prescribed dose may not be clinically effective for COVID-19 (Hoertel et al., 2021).

Sunitinib, Erlotinib (Receptor Tyrosine Kinase Inhibitors)

Sunitinib and erlotinib are inhibitors to receptor tyrosine kinases (RTK) that play important roles in both tumor angiogenesis and tumor cell proliferation. Sunitinib has been approved for the treatment of cancers, such as gastrointestinal stromal cell tumor, renal cell carcinoma, and imatinib-resistant gastrointestinal stromal tumor; while erlotinib is licensed to treat non-small cell lung cancer, and pancreatic cancer (Hartmann and Kanz, 2008; Neveu et al., 2015). Erlotinib is on the list of WHO's essential medicines.

The major antiviral mechanism of sunitinib involves the inhibition of adaptor protein 2 (AP2)-associated protein kinase 1 (AAK1), which phosphorylates membrane trafficking adaptor proteins AP-1 and AP-2 to enhance the binding with clathrin-associated cargos for bidirectional transport and endocytosis from the plasma membrane, respectively (Ricotta et al., 2002). The inhibition of AAK1 thereby inhibits virus entry, or assembly and release. For instance, sunitinib reportedly inhibits DENV entry and infectious virus release but not RNA replication (Bekerman et al., 2017). In a multiple cycle infection system, the EC₅₀ against DENV1 is 0.6 μ M, similar EC₅₀s (0.3–1.2 μ M) of sunitinib against other members in the family *Flaviviridae* (HCV, ZIKV, other DENV serotypes) were reported (Bekerman et al., 2017) (Table 4). Sunitinib is also effective against infections of other viruses including EBOV (EC₅₀ = 0.47 μ M), CHIKV (EC₅₀ = 4.67 μ M), JUNV (EC₅₀ = 4.8 μ M), HIV (EC₅₀ = 0.8 μ M), and RSV (EC₅₀ < 0.12 μ M) (Bekerman et al., 2017). Albeit sunitinib and erlotinib combinations showed no efficacy in murine models of DENV and EBOV infection (Bekerman et al., 2017).

EGFR is involved in multiple virus entry processes such as DNA viruses HBV, HPV, and RNA viruses HCV, RSV, and porcine reproductive and respiratory syndrome virus in cell cultures (Lupberger et al., 2011; Wang et al., 2016a; Iwamoto et al., 2019; Lingemann et al., 2019; Mikulić et al., 2019). Specifically, EGFR mediates HCV entry by regulating CD81-claudin-1 associations and viral glycoprotein-dependent membrane fusion (Lupberger et al., 2011). EGFR reportedly associates with sodium taurocholate cotransporting polypeptide (NTCP), the HBV receptor on the hepatocyte cell surface, and inhibition of EGFR dramatically impairs HBV virion internalization (Iwamoto et al., 2019; Gan et al., 2020). However, a recent clinical study suggests that HBV reactivation may occur

in lung cancer patients receiving erlotinib treatment (Yao et al., 2019). Therefore, the safety and efficacy of sunitinib/erlotinib need to be cautiously investigated.

Chloroquine (CQ) (Lysosomotropic Agents)

CQ is a medication primarily used to treat or prevent a non-resistant malaria infection, it is also occasionally used for amebiasis treatment. Additionally, CQ has shown anti-inflammatory properties for the clinical management of some autoimmune diseases such as rheumatoid arthritis and lupus erythematosus (Rainsford et al., 2015). CQ is on the list of WHO's essential medicines. The anti-malarial mechanism of action involves the lysosomotropic feature, which allows CQ to accumulate in an acidic digestive vacuole inside red blood cells, where CQ binds to hemes to form a toxic product resulting in cell lysis and ultimately parasite cell autodigestion. Also, because of the involvement of lysosomes in the autophagy process, the inhibition by CQ of lysosomal enzymes leads to the accumulation of the autophagy cargos that are supposed to break down in lysosomes, leading to the impairment of autophagy machinery.

Due to the lysosomotropic feature, CQ or other agents like hydroxychloroquine (HCQ) and Bafilomycin A, accumulate in lysosomes, acidic endosomes, or trans-Golgi network vesicles to elevate the pH and subsequently inhibit the residential hydrolase activity (Thome et al., 2013). Such an inhibition in lysosomal function leads to the uptake impairment of a panel of viruses. These include HCV (Ashfaq et al., 2011), DENV (Farias et al., 2014; Farias et al., 2015), ZIKA (Li et al., 2017b; Shiryayev et al., 2017), CCHFV (Ferraris et al., 2015a), CHIKV (Khan et al., 2010), MERS-CoV (Dyall et al., 2014), SARS-CoV (Keyaerts et al., 2004; Vincent et al., 2005), and SARS-CoV-2 (Wang et al., 2020b).

CQ exerts antiviral activity against DENV infection either *in vitro* (Farias et al., 2014) and *in vivo* in an infected monkey model (Farias et al., 2015). However, a double-blind and placebo-controlled trial in 307 dengue patients found that CQ does not reduce the duration of viremia and the viral NS1 antigenemia (Tricou et al., 2010). Although CQ shows antiviral activity against EBOV *in vitro*; however, CQ fails to protect against EBOV infection and disease pathogenesis in the *in vivo* guinea pig model (Dowall et al., 2015). CQ shows antiviral activity against some strains of HIV *in vitro* (Tsai et al., 1990) with an EC₅₀ of 0.4–0.9 μ M when treated in combination with hydroxyurea plus didanosine in a lymphocytic cell line (Boelaert et al., 1999). And HCQ exhibits anti-HIV activity *in vivo* (Sperber et al., 1995). The mechanism may involve the inhibition of cell-to-cell transmission of HIV, which requires clathrin-mediated endocytosis (Bosch et al., 2008), or the inhibition of p120 production at a post-transcriptional level, possibly by impairing hydrolases or other enzymes in acidic vesicles (Savarino et al., 2001).

CQ shows broad and good antiviral activity against coronavirus infection *in vitro*. However, no efficacy is observed to reduce SARS-CoV virus titers in a nonlethal mouse model (Barnard et al., 2006a). Although CQ and HCQ had drawn a lot of attention for the treatment of COVID-19, the safety or severe side effects of CQ or HCQ at a high dose is

TABLE 4 | Approved and investigational host-targeting antivirals with repurposed potential against virus infection.

Agent name	Primary indication/mechanism of action	Category	Repurposed antiviral activity				Clinical trials	Ref
			EC50/ EC90 (μM)	CC50 (μM)	SI	Mechanism of action		
Chlorpromazine (CPZ)	Anti-psychotic; CPZ antagonizes dopamine receptors to exert antipsychotic activity	Virus entry inhibitor	SARS-CoV	8.8/N.D.	24.3	2.8	Phase I/II/III NCT04354805; phase III NCT04366739	de Wilde et al. (2014)
			MERS-CoV	4.9/N.D.	21.3	4.3		de Wilde et al. (2014)
			SARS-CoV-2	—	—	—		—
			HCoV	N.D./N.D.	N.D.	CPZ and other dopamine receptor antagonize		Blanchard et al. (2006)
			DENV	N.D./N.D.	N.D.	dathrin-mediated endocytosis which is required for		Carro et al. (2018)
			ZIKA	N.D./N.D.	N.D.	some virus entry		Khandia et al. (2018)
			CSFV	N.D./N.D.	N.D.			Shi et al. (2016)
			CCHFV	10.6/N.D.	30	2.8		Ferraris et al. (2015b)
			SPV	15.7/N.D.	67.3	4.5		Potijla et al. (2011)
			EBOV	N.D./N.D.	N.D.			Bhattacharyya et al. (2010); Du et al. (2020)
Chloroquine (CQ)	Anti-malaria; lysosomotropic CQ accumulates in acidic digestive vacuole inside red blood cells, where CQ binds to hemozoin to form a toxic product resulting in cell lysis and ultimately parasite cell autodigestion	Virus entry inhibitor	HAV	N.D./N.D.	N.D.		Phase III: NCT04447534, NCT04360759; phase IV: NCT04362332, NCT04331600; ...	Rivera-Serrano et al. (2019)
			HEV	N.D./N.D.	N.D.			Yin et al. (2016a)
			HCoV	<50/N.D.	>100	As a lysosomotropic agent, CQ blocks the membrane		Ashtiq et al. (2011)
			DENV	N.D./N.D.	N.D.	fusion between virus and lysosomes to inhibit virus entry		Farías et al. (2014)
			ZIKA	7.25/N.D.	>30			lanevski et al. (2018)
			CCHFV	39.4/N.D.	1000			Ferraris et al. (2015a)
			SARS-CoV	6.5/N.D.	>100			Dyall et al. (2014)
			MERS-CoV	6.28/N.D.	>10			Dyall et al. (2014)
			SARS-CoV-2	1.13/N.D.	>100			Wang et al. (2020b)
			EBOV	1.57/3.35	N.D.			Du et al. (2020)
Sunitinib/erlotinib	Anti-tumor; inhibiting tumor cell growth by inhibiting receptor tyrosine kinase (RTK) pathways	Virus entry inhibitor	αHAV	N.D./N.D.	N.D.		Phase I/II NCT02380625	Feng et al. (2013)
			HIV	<0.9/N.D.	N.D.	Sunitinib/erlotinib inhibits RTKs including AAK1 or EGFR, which is involved in intracellular vesicle trafficking that is used by some virus to enter cells		Boelaert et al. (1999)
			HCoV(sunitinib)	1.2/N.D.	>10			Bekerman et al. (2017)
			HCoV(erlotinib)	0.6/N.D.	>15			Bekerman et al. (2017)
			DENV1(sunitinib)	0.6/N.D.	>10			Bekerman et al. (2017)
			DENV1(erlotinib)	1.9/N.D.	>20			Bekerman et al. (2017)
			ZIKV(sunitinib)	0.51/N.D.	14.1			Bekerman et al. (2017)
			ZIKV(erlotinib)	6.28/N.D.	>30			Bekerman et al. (2017)
			EBOV(sunitinib)	0.47/N.D.	>10			Bekerman et al. (2017)
			EBOV(erlotinib)	2.88/N.D.	15			Bekerman et al. (2017)
Camostat	Chronic pancreatitis and postoperative reflux esophagitis; inhibiting transmembrane protease, serine 2 (TMPRSS2)	Virus entry inhibitor	CHIK(sunitinib)	4.67/N.D.	11.9		Phase I: NCT02134866, NCT00890747; phase I/II: NCT02380625; NCT01835938; phase II NCT00521092; ...	Bekerman et al. (2017)
			CHIK(erlotinib)	0.7/N.D.	30			Bekerman et al. (2017)
			JUNV(sunitinib)	4.8/N.D.	10.4			Bekerman et al. (2017)
			JUNV(erlotinib)	1.7/N.D.	>20			Bekerman et al. (2017)
			HIV(sunitinib)	0.8/N.D.	>20			Bekerman et al. (2017)
			HIV(erlotinib)	2/N.D.	>20			Bekerman et al. (2017)
			RSV(sunitinib)	<0.12/N.D.	12.5			Bekerman et al. (2017)
			RSV(erlotinib)	<0.12/N.D.	>30			Bekerman et al. (2017)
			HBV(erlotinib)	N.D./N.D.	N.D.			Bekerman et al. (2017)
			SARS-CoV-2	—	—			Gan et al. (2020)
Camostat	Chronic pancreatitis and postoperative reflux esophagitis; inhibiting transmembrane protease, serine 2 (TMPRSS2)	Virus entry inhibitor	SARS-CoV	~1/-5	>500	Camostat is an inhibitor to TMPRSS2 which is required for entry of coronaviruses or influenza	Phase I/II NCT04455815; phase III NCT04355052; phase IV NCT04338906; ...	Hoffmann et al. (2020b)
			MERS-CoV	~1.5/-5	>500			Hoffmann et al. (2020b)
			SARS-CoV-2	~1/-5	>500			Hoffmann et al. (2020b)
			IAV-A	4.4/N.D.	>1000			Hosoya et al. (1992)
			IAB-B	11.7/N.D.	>1000			Hosoya et al. (1992)

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TABLE 4 | (Continued) Approved and investigational host-targeting antivirals with repurposed potential against virus infection.

Agent name	Primary indication/mechanism of action	Category	Virus name	Repurposed antiviral activity			SI	Mechanism of action	Clinical trials	Ref
				EC90 (μM)	EC50 (μM)	CC50 (μM)				
Statins	Hypercholesterolemia; statins are HMG-CoA reductase inhibitors to reduce cholesterol biosynthesis	Virus replication inhibitor	DENV	11.9/N.D.	53.6	4.5	4.5	Statin inhibits replicase formation of flaviviruses;	Phase II NCT02841774; phase III NCT03037372	Martinez-Gutierrez et al. (2011)
			ZIKA (osivastatin)	0.02/N.D.	0.37	18.1	18.1	reverse transcription of HIV; impairs EBOV		Espano et al. (2019)
			ZIKA (lovastatin)	14.59/N.D.	38.76	2.66	2.66	glycoprotein processing		Espano et al. (2019)
			HCV (lovastatin)	N.D./N.D.	N.D.	N.D.	N.D.			Ye et al. (2003)
			HIV	N.D./N.D.	N.D.	N.D.	N.D.			Glugiere and Tremblay (2004); Arnet et al. (2008)
			HBV (simvastatin)	5.2/N.D.	>30	>5.7	>5.7			Okuyama-Dobashi et al. (2015)
			EBOV (fluvastatin)	0.89/2.48	N.D.	N.D.	N.D.			Du et al. (2020)
			RSV	N.D./N.D.	N.D.	N.D.	N.D.			Gower and Graham (2001); Pavi et al. (2013a)
			CytB3	N.D./N.D.	N.D.	N.D.	N.D.			Werner et al. (2014)
			MV	N.D./N.D.	N.D.	N.D.	N.D.			Robinson et al. (2009)
Digoxin	Heart failure; the cardiac glycoside can block the Na ⁺ /K ⁺ ATPase ion pump activity to raise the intracellular Ca ²⁺ level to improve the cardiac failure		SARS-CoV-2	—	—	—	—		Phase III: NCT04486508, NCT04472611; phase IV NCT02735707; ...	—
			HSV	0.13/N.D.	10.21	78.54	78.54	Digoxin impedes the immediate-early or early		Su et al. (2008)
			HSV (digitoxin)	0.05/N.D.	10.66	213	213	gene expressions of herpes viruses; impairs JEV or EBOV		Su et al. (2008)
			HCMV	0.036/N.D.	0.45	12.6	12.6	RNA replication or virus entry; may also inhibit coronavirus entry;		Kapoor et al. (2012)
			HAdV	N.D./N.D.	N.D.	N.D.	N.D.	inhibits arenaviruses whose replication depends on Na ⁺ /K ⁺ ATPase activity		Grosso et al. (2017)
			HIV	0.045/0.1	>0.1	18.9	>2			Wong et al. (2013)
			HBV (digitoxin)	0.093/N.D.	1.7	>100	>100			Okuyama-Dobashi et al. (2015)
			CHIKV	0.10/N.D.	>10	>969.9	>200			Guo et al. (2020)
			CHIKV	0.0488/N.D.	>10	>200	>200			Ashbrook et al. (2016)
			SINV	0.1989/N.D.	N.D.	N.D.	N.D.			Ashbrook et al. (2016)
Mycophenolic acid (MPA)	Immuno-suppression; MPA inhibits IMPDH to cause the intracellular guanosine depletion, resulting in immunosuppressive activity in lymphocyte		PRV	0.1265/N.D.	N.D.	N.D.	N.D.			Norris et al. (2018)
			RSV	0.026/N.D.	0.839	32.3	32.3			Iwasaki et al. (2018)
			LCMV (ouabain)	0.0058/N.D.	0.0289	4.99	4.99			Iwasaki et al. (2018)
			LASV	N.D./N.D.	N.D.	N.D.	N.D.			Iwasaki et al. (2018)
			JUNV	N.D./N.D.	N.D.	N.D.	N.D.			Iwasaki et al. (2018)
			Reovirus	0.1339/N.D.	N.D.	N.D.	N.D.			Ashbrook et al. (2016)
			VSV	0.2387/N.D.	N.D.	N.D.	N.D.			Ashbrook et al. (2016)
			EBOV	0.32/2.44	N.D.	N.D.	N.D.			Du et al. (2020)
			MERS-CoV (ouabain)	N.D./N.D.	N.D.	N.D.	N.D.			Burkard et al. (2015)
			SARS-CoV-2	0.043/N.D.	>10	>32	>32			Cho et al. (2020)
Cyclosporine A (CsA)	Immuno-suppression; CsA is an inhibitor to peptidylprolyl isomerase cyclophilin A (CyPA), causing the block of T cell activation through the cypa-calcineurin-nt- pathway		CHIKV	1.5/N.D.	>200	>130	>130	MPA exerts antiviral activity through IMPDH-mediated depletion of intracellular guanosine, on which viral genome replication relies	Phase II NCT03262441	Pohjala et al. (2011)
			HCV	0.89/N.D.	73.8	108.5	108.5			Ye et al. (2012)
			DENV	0.3/N.D.	N.D.	N.D.	N.D.			Diamond et al. (2002)
			WNV (New York isolate)	2.8/0.94	>312	>111	>111			Morrey et al. (2002)
			ZIKV	0.1-1/N.D.	N.D.	N.D.	N.D.			Barrows et al. (2016)
			HBV	N.D./N.D.	N.D.	N.D.	N.D.			Gong et al. (1999); Ying et al. (2000)
			HIV	N.D./N.D.	N.D.	N.D.	N.D.			Chapuis et al. (2000)
			HEV	N.D./N.D.	N.D.	N.D.	N.D.			Wang et al. (2014)
			VacV	0.7/N.D.	48	68.6	68.6			Smee et al. (2001)
			HuNoV	N.D./N.D.	N.D.	N.D.	N.D.			Dang et al. (2017)
Cyclosporine A (CsA)	Immuno-suppression; CsA is an inhibitor to peptidylprolyl isomerase cyclophilin A (CyPA), causing the block of T cell activation through the cypa-calcineurin-nt- pathway		Rotavirus	0.885/N.D.	438.07	435.05	435.05			Yin et al. (2016b)
			IAV (H1N1)	1.51/N.D.	>50	>33	>33			To et al. (2016)
			MERS-CoV	0.53/8.15	>32	>195.12	>195.12			Chan et al. (2013)
			SARS-CoV-2	0.15/N.D.	—	—	—			Han et al. (2021)
			HCV	0.33/N.D.	N.D.	N.D.	N.D.			Kozumi et al. (2017)
			DENV	N.D./N.D.	N.D.	N.D.	N.D.			Qing et al. (2009)
			MERS-CoV	3.6/N.D.	26.4	7.3	7.3			de Wille et al. (2017)
			SARS-CoV	1.3/N.D.	>50	>38.5	>38.5			de Wille et al. (2017)
			SARS-CoV-2	0.46/3.1	>10	>21	>21			Soltic et al. (2020)
			HIV	N.D./N.D.	N.D.	N.D.	N.D.			Frankie et al. (1994); Hatzilamou et al. (2005)
Cyclosporine A (CsA)	Immuno-suppression; CsA is an inhibitor to peptidylprolyl isomerase cyclophilin A (CyPA), causing the block of T cell activation through the cypa-calcineurin-nt- pathway		HBV	1.12/N.D.	>10	>8.9	>8.9			Watanashi et al. (2014)
			IAV	1.45/N.D.	>20	>13	>13			Hanamoto et al. (2013)

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TABLE 4 | (Continued) Approved and investigational host-targeting antivirals with repurposed potential against virus infection.

Agent name	Primary indication/mechanism of action	Repurposed antiviral activity						Clinical trials	Ref
		Category	Virus name	EC50/ EC90 (μM)	CC50 (μM)	SI	Mechanism of action		
Imatinib	Anti-tumor; imatinib inhibits tyrosine kinase c-Abl to block tumor cell proliferation	Virus assembly/ release inhibitor	EBOV	N.D./N.D.	N.D.	N.D.	Imatinib decreases the budding or release of EBOV, VacV, and DENV; imatinib also inhibits CVB entry	Phase II: NCT04357613, NCT04346147; phase III: NCT04394416, NCT04422678; ...	Garcia et al. (2012) Clark et al. (2016) Dyall et al. (2014) Dyall et al. (2014) Han et al. (2021)
			DENV	N.D./N.D.	N.D.	N.D.			
			MERS-CoV	17.7/N.D.	>50	>2.8			
			SARS-CoV	9.82/N.D.	>50	>5			
			SARS-CoV-2	4.86/N.D.	37.3	7.7			
Interferon α/β	Approved for antiviral (HCV, HBV) and multiple sclerosis treatment; IFN induces the production of interferon-stimulated genes through JAK-STAT pathway	Inhibition of multiple targets	VacV	N.D./N.D.	N.D.	N.D.	IFN exerts the broad-spectrum antiviral activity by inducing ISG production, which may inhibit each step of the viral life cycle	Phase I NCT03294798; phase II NCT03575208; phase IV NCT03357822, NCT04035837; ... Phase 1/2 NCT0247143	Reeves et al. (2011) Okuse et al. (2005) Chen et al. (2020) Iyer et al. (2017) McCarthy et al. (2016) McCarthy et al. (2016) Pires de Mello et al. (2018a) Pires de Mello et al. (2018b) Cinatti et al. (2003) Cinatti et al. (2003) Falzarano et al. (2013a) Mantilo et al. (2020)
			HCV (IFN-α)	*2.5/10	>10,000	>4000			
			HBV(IFN-α2)	*7754/N.D.	N.D.	N.D.			
			HIV	N.D./N.D.	N.D.	N.D.			
			EBOV (IFN-β)	*74/N.D.	N.D.	N.D.			
			EBOV (IFN-α)	*748/N.D.	N.D.	N.D.			
			DENV	*182.1/N.D.	N.D.	N.D.			
			ZIKV	*407.8/N.D.	N.D.	N.D.			
			SARS-CoV(IFN-α)	*4950/N.D.	>10,000	>2			
			SARS-CoV(IFN-β)	*95/N.D.	>10,000	>105			
			MERS-CoV(IFN-α-2b)	*58.08/320.11	N.D.	N.D.			
			SARS-CoV-2 (IFN-α or β)	*1.35 or 0.76/N.D.	N.D.	N.D.			
			IAV (H1N1/PR8)	3.25/N.D.	>163	>50	Nitazoxanide inhibits morphogenesis of IAV and rotavirus; post-entry steps of SeV and RSV; HBV DNA replication; viral protease activity of ZIKV or coronavirus; induce innate immune genes	Phase III: NCT04492475, NCT04320238; phase IV: NCT04350671, NCT04254874; ... Phase II NCT03905655	Rossignol et al. (2009) Rossignol (2014) Rossignol (2014) Korba et al. (2008) Shi et al. (2014) Li et al. (2017c) Tan et al. (2012) Korba et al. (2008) La Frazia et al. (2013) Wang et al. (2016c) Cao et al. (2015) Wang et al. (2020b)
			SeV	1.63/N.D.	>163	>100			
			RSV	0.98/N.D.	>163	>166			
			HCV	0.68/3.03	123.7	181			
			JEV	0.39/N.D.	60	154			
			ZIKV	1.48/4.0	77	52			
			HIV	1.63/N.D.	>100	>50			
			HBV	0.39/2.7	>325	>833			
			Rotavirus	6.5/N.D.	>163	>25			
			CHIKV	2.96/N.D.	25	8.45			
Nitazoxanide	Anti-parasite; nitazoxanide interferes with the pyruvate:ferredoxin oxidoreductase (PFOR) enzyme-dependent electron transfer reaction to disrupt parasite energy metabolism		MHV	1/N.D.	>10	>10		Phase III: NCT04382846, NCT04392427; phase IV: NCT04498936, NCT04406246; ...	Wang et al. (2020b)
			SARS-CoV-2	2.12/N.D.	35.53	16.76			

Note: N.D. not determined. # pg/ml; * IU/ml for IFN unit.

concerned (Borba et al., 2020; Cortegiani et al., 2020), and recent clinical studies (including WHO Solidarity trial) indicate that CQ or HCQ has little efficacy for COVID-19 (Boulware et al., 2020).

Camostat or Nafamostat Mesylate (TMPRSS2 Inhibitor)

Camostat and nafamostat are serine protease inhibitors that inhibit the transmembrane protease, serine 2 (TMPRSS2). Camostat is approved in Japan for the treatment of postoperative reflux esophagitis and chronic pancreatitis, while nafamostat is approved for pancreatitis, an anticoagulant in patients with disseminative blood vessel coagulation, hemorrhagic lesions, and hemorrhagic tendencies (Jia et al., 2005; Maruyama et al., 2011).

Camostat and nafamostat exhibit effectiveness against a broad spectrum of viruses from different families including IAV (Hosoya et al., 1992; Hosoya et al., 1993; Lee et al., 1996), myxoviruses (Hosoya et al., 1992), DENV (Rathore et al., 2019), MERS-CoV (Shirato et al., 2013), SARS-CoV (Kawase et al., 2012), and SARS-CoV-2 (Hoffmann et al., 2020b) (Table 4). Particularly, camostat and nafamostat are effective to inhibit type A or B IAV replication *in vitro* at a micromolar level, while showing no efficacy against other respiratory viruses tested including RSV and parainfluenza virus (Hosoya et al., 1992). Additionally, camostat mesylate at an ED50 (the survival rate of influenza virus-infected chick embryos by 50%) of 0.8 µg/g can increase the survival rate of influenza virus-infected chick embryos (Lee et al., 1996). The mechanism of camostat antiviral activity involves the inhibition of hemagglutinin (HA) cleavage, which is essential for the process of IAV infection and is achieved intracellularly or extracellularly by host proteases like TMPRSS2 (Yamaya et al., 2015).

SARS-CoV and SARS-CoV-2 both use angiotensin-converting enzyme 2 (ACE2) as a receptor, whereas MERS-CoV utilizes DDP4 as the receptor for entry (Li et al., 2003; Raj et al., 2013; Lan et al., 2020). These three coronaviruses all use two mechanisms to enter cells. One involves the direct membrane fusion at the cell surface after the virions binding to receptors, the membrane fusion is triggered by TMPRSS2 serine protease to generate a cleaved form of spike (S) protein for fusion step (Kawase et al., 2012; Shirato et al., 2013; Yamamoto et al., 2016; Hoffmann et al., 2020a). Alternatively, these viruses enter cells through the endocytic pathway in the absence of TMPRSS2, involving the cleavage and priming of S protein by cysteine protease cathepsin B/L in acidic endosomes (Simmons et al., 2005; Qian et al., 2013; Hoffmann et al., 2020a). Inhibition of both TMPRSS2 serine protease and cathepsin B/L cysteine protease activities are required for full blockade of the above coronavirus infection (Kawase et al., 2012; Hoffmann et al., 2020a), while TMPRSS2 inhibition by camostat or nafamostat only results in partial impairment in virus entry (Kawase et al., 2012; Shirato et al., 2013). Strikingly, camostat at a dose of 30 mg/g shows antiviral efficacy by improving the survival rate in a lethal SARS-CoV-infected mouse model; however, a cysteine protease inhibitor SMDC256160 at a higher dose of 50 mg/g is no effective (Zhou et al., 2015). The result suggests that TMPRSS2 rather than cathepsin B/L facilitates the spread of SARS-CoV in the infected mice. It would be of interest to evaluate the treatment

efficacy of camostat or nafamostat for SARS-CoV-2 infection, and multiple clinical studies have been available for camostat (phase I/II NCT04321096; phase I/II NCT04435015; phase II NCT04353284; phase II NCT04374019; phase II NCT04470544; phase II/III NCT04455815; phase III NCT04355052; phase IV NCT04338906) and nafamostat (phase II/III NCT04352400; phase II/III NCT04418128; phase II/III NCT04473053).

HTRA Targeting Virus Replication Step

After the viral genome is uncoated from nucleocapsid, viral genome replication and protein translation occur. Positive-sense RNA viruses, for instance, coronaviruses and flaviviruses, directly use the viral genome as a template for viral protein translation using host machinery. Negative-sense RNA viruses like filoviruses and myxoviruses, need to generate positive-sense RNA by the virally encoded polymerase, and then protein translation is initiated. Retrovirus and HBV replication involve one additional step, copying RNA to DNA by using virally encoded reverse transcriptase. DNA viruses need to use a host RNA polymerase to generate RNA from the viral DNA genome for protein translation. A number of viruses replicate in specific compartments, so-called replication organelles, in the cytoplasm, involving the aberrant lipid-rich membrane rearrangement (de Wilde et al., 2018). Specifically, some flaviviruses or alphaviruses replicate on an architecture composed of single-membrane spherules (den Boon and Ahlquist, 2010); while coronaviruses or picornaviruses form double-membrane vesicles as replicase sites (de Wilde et al., 2013; van der Schaar et al., 2016). To facilitate viral genome amplification, a variety of host proteins or related pathways are required to generate a favorable environment for virus production. These host proteins or pathways that interact with viral proteins are ideal host-targeting antivirals with a potential comprehensive antiviral efficacy.

Statins (HMG-CoA Reductase Inhibitors)

Statins are reversible inhibitors of 3-hydroxy-3-methylglutaryl-CoA (HMG-CoA) reductase, a rate-limiting enzyme involved in cholesterol biosynthesis. The statins are clinically approved to reduce cholesterol levels to prevent primary and secondary cardiovascular diseases. There are various forms of statins, which include lovastatin, atorvastatin, fluvastatin, pitavastatin, pravastatin, rosuvastatin, and simvastatin. Simvastatin is on the list of the WHO's essential medicines. Statins have been reported to inhibit a panel of disparate viruses including the viruses within the family *Flaviviridae* (HCV, DENV, and ZIKV) (Ye et al., 2003; Soto-Acosta et al., 2017; España et al., 2019), HIV (Amet et al., 2008), HBV (Okuyama-Dobashi et al., 2015), MV (Robinson et al., 2009), EBOV (Shrivastava-Ranjan et al., 2018), RSV (Gower and Graham, 2001), EBV (Katano et al., 2004; Cohen, 2005), PRV (Desplanques et al., 2010), SFTSV (Urata et al., 2018), and parainfluenza (Bajimaya et al., 2017), because cholesterol biosynthesis is required for the replication of these viruses.

Statins efficiently inhibit flaviviral replication either in cell cultures or in animal models. Lovastatin impairs HCV RNA replication by blocking geranylgeranylation of a host protein required for HCV replication. Statins inhibit infectious ZIKV

production as well as virus spread, possibly through the inhibition at either the early stage and the post-entry steps (Españo et al., 2019). Lovastatin impairs DENV replicase complex formation or virus assembly (Martinez-Gutierrez et al., 2011; Soto-Acosta et al., 2017). In addition, lovastatin, either prophylactically or even 48 hr post-infection significantly prolongs the survival rate of DENV-infected mice (Martinez-Gutierrez et al., 2014). Lovastatin is able to inhibit HIV reverse transcriptase activity (Mazière et al., 1994), HIV attachment (Giguère and Tremblay, 2004), or HIV virion release (Amet et al., 2008). However, drug-drug interactions are reported to exist for statins and viral protease inhibitors like HCV NS3/4A antagonists or HIV protease inhibitors (Busti et al., 2004; Chauvin et al., 2013). Thus, the efficacy of statins against Flavivirus or HIV infection in the real world needs to be further assessed.

Negative strand RNA viruses are susceptible to statins. Lovastatin shows antiviral potency in RSV-infected mice prophylactically and prevents the illness-associated weight loss (Gower and Graham, 2001), which is consistent with the observation that RSV induces HMG-CoA reductase activity and lovastatin is able to inhibit RSV replication *in vitro* (Ravi et al., 2013b). Lovastatin impairs coxsackie virus B3 infection through downregulating coxsackie and adenovirus receptor expression (Werner et al., 2014). Lovastatin inhibits hPIV assembly and release but no other steps (Bajimaya et al., 2017). Statins are capable of impairing EBOV glycoprotein processing and infectious EBOV production and the glycoprotein-induced attachment (Hacke et al., 2015; Shrivastava-Ranjan et al., 2018). Retrospective clinical studies found that statins may help improve the outcome in hospitalized flu patients (Rothberg et al., 2012), although no effect was observed in IAV-infected rodent models (Kumaki et al., 2012; Belser et al., 2013; Glück et al., 2013).

Statins may benefit COVID-19 patients according to a retrospective study in 13,981 COVID-19 patients (Zhang et al., 2020). Currently, at least eight clinical trials are being on the way to continue the investigation into the efficacy of statins for COVID-19 (NCT04333407; phase II NCT04348695; phase II NCT04380402; phase II/III NCT04466241; phase III NCT04486508; phase III NCT04472611; phase III NCT04343001; phase IV NCT02735707).

Digoxin (Ion Pump Modulator)

Digoxin is a cardiac glycoside or cardiotonic steroid, on the WHO's list of essential medicines. Digoxin has been used to treat certain heart dysfunctions including atrial fibrillation, and other heart failures (Gheorghiadu et al., 2006). Digoxin has been shown to block the Na^+/K^+ -ATPase with an inhibitory potency around 100–200 nM (Noel et al., 2018), resulting in elevated intracellular Na^+ level, and subsequent Ca^{2+} level *via* the sodium-calcium exchanger. Digoxin and its analogs are reported to inhibit a global type of viruses, including dsDNA virus adenovirus (Grosso et al., 2017) and HSV (Dodson et al., 2007), retrovirus HIV (Wong et al., 2018), HBV (Okuyama-Dobashi et al., 2015), positive-sense alphavirus CHIKV, SINV, and RRV (Ashbrook et al., 2016), negative-sense enveloped RNA virus VSV, dsRNA naked virus reovirus (Ashbrook et al., 2016), RSV (Norris et al.,

2018), arenaviruses including LCMV, LASV, and JUNV (Iwasaki et al., 2018), filovirus EBOV (Du et al., 2020), and coronaviruses (Burkard et al., 2015) (Table 4).

Cardiac glycoside efficiently inhibits DNA virus replication. Digoxin or ouabain exhibits herpes virus, such as HSV and HCMV, at the immediate-early or early gene expression stage, the antiviral activity relies on the inhibition in Na^+/K^+ -ATPase activity (Dodson et al., 2007; Su et al., 2008; Kapoor et al., 2012). Besides, digoxin also reportedly inhibits HSV release step (Su et al., 2008). Digoxin also inhibits HAdV DNA synthesis (Grosso et al., 2017).

Other cardiac glycosides but not digoxin are able to inhibit HBV infection *in vitro*, possibly through blocking HBV preS1 protein binding to its receptor NTCP (Okuyama-Dobashi et al., 2015). Digoxin inhibits HIV protein expression in peripheral blood mononuclear cells, by a mechanism involving the impaired activity of the CLK family of SR protein kinases (Wong et al., 2013), or the modulation of MEK1/2-ERK1/2 signaling (Wong et al., 2018). In addition, digoxin may also negatively affect HIV integration in T cells (Zhyvoloup et al., 2017). As digoxin exhibits anti-HIV activity with an excellent EC₅₀ (1.1–1.3 nM) at which it is far below the concentration in clinical use, cardiac glycosides merit further investigation to validate the efficacy for HIV treatment.

Digoxin and ouabain at nanomolar inhibit JEV infection in multiple cell culture systems, and ouabain protects against the JEV infection-induced lethality in mice (Guo et al., 2020). The inhibitory mechanism of digoxin or ouabain against (+) ssRNA virus infection may involve impaired RNA replication or virus entry (Ashbrook et al., 2016; Guo et al., 2020).

Na^+/K^+ -ATPase is implicated in the entry process of coronaviruses including MHV and FIPV, cardiac glycosides like ouabain or bufalin inhibit MHV, FIPV, and MERS-CoV infections, by inhibiting virus entry and membrane fusion steps (Burkard et al., 2015). By contrast, cardiac glycosides inhibit SARS-CoV-2 at the post-entry step rather than S protein-mediated virus fusion or syncytia formation (Cho et al., 2020; Musarrat et al., 2020). Despite the excellent antiviral activity of cardiac glycosides against SARS-CoV-2 *in vitro*, no clinical trials have been initiated. One of the possible concerns is the association between digoxin use and increased all-cause mortality.

Mycophenolic Acid (MPA) (IMPDH Inhibitor)

MPA, also called mycophenolate, is an immunosuppressant approved to prevent transplant organ rejection and to treat Crohn's disease (van Gelder and Hesselink, 2015). MPA is a reversible, non-competitive inhibitor of IMPDH, which is the rate-limiting enzyme for the *de novo* synthesis of guanosine nucleotides that are substrates for DNA or RNA synthesis. MPA is more potent to inhibit type II than type I IMPDH enzyme, the former type expresses in activated lymphocytes, while the latter one in other most cells (Allison and Eugui, 2000). DNA or RNA virus replication relies on host guanosine pool, thus, MPA shows a broad spectrum antiviral activity against a variety of viruses, including HIV (Chapuis et al., 2000), HEV (Wang et al., 2014), HBV (Gong et al., 1999), BK

polyoma virus (Acott et al., 2009), HCV and flaviviruses (DENV, WNV, JEV, and ZIKA) (Diamond et al., 2002; Morrey et al., 2002; Henry et al., 2006; Sebastian et al., 2011; Ye et al., 2012; Barrows et al., 2016; Adcock et al., 2017), orthobunyaviruses (Guama and Tacaiuma viruses) (Livonesi et al., 2007), orthopoxviruses like Vaccinia virus (VacV) and cowpox (Smee et al., 2001), rotavirus (Chan et al., 2013), SINV (Scheidel and Stollar, 1991), IAV (To et al., 2016; Cho et al., 2017; Hui et al., 2018), and MERS-CoV (Chan et al., 2013) (Table 4).

MPA displays anti-HIV activity both *in vitro* and in HIV patients (Margolis et al., 1999; Chapuis et al., 2000), and a phase II clinical study (NCT03262441) is currently under investigation. Additionally, MPA potentiates the antiviral effect of reverse transcriptase inhibitors such as abacavir (Margolis et al., 1999). The antiviral mechanisms involve the depleted guanosine pool, as well as the induction of T cell apoptosis (Chapuis et al., 2000).

MPA is also effective for HBV, at 31.2 μM (10 $\mu\text{g/ml}$, the therapeutic concentration in serum for immunosuppressive effect) in primary hepatocytes drastically reduces the secretion of HBV DNA and HBsAg, as well as the intracellular cccDNA level (Gong et al., 1999). Moreover, MPA and RBV, another IMPDH inhibitor, enhance the anti-HBV activity of nucleoside analogs including entecavir (Ying et al., 2000; Ying et al., 2007).

Although MPA shows anti-HCV potency *in vitro* or a mouse model (Henry et al., 2006; Pan et al., 2012; Ye et al., 2012), it fails to show antiviral efficacy in a double-blinded and placebo-controlled clinical study (Firpi et al., 2003). MPA presents anti-JEV activity *in vitro* with an EC₅₀ of 9.68 μM (3.1 $\mu\text{g/ml}$) and up to 75% protection against the lethal challenge of JEV *in vivo* (Sebastian et al., 2011). MPA effectively dampens DENV replication with an EC₅₀ of 0.3 μM *in vitro* (Diamond et al., 2002; Manchala et al., 2019), and similarly inhibits ZIKV with the EC₅₀ between 0.1 and 1 μM (Barrows et al., 2016), although high cytotoxicity was also observed (Adcock et al., 2017).

MPA inhibits human and avian-originated IAV *in vitro*, including IAV-A (H1N1) (pdm09/H1/415, EC₅₀ = 1.51 μM), A (H3N2), A (H5N1) (Vietnam/1194/2004, EC₅₀ = 0.94 μM), A (H7N9) and IAV-B (To et al., 2016; Cho et al., 2017). MPA also shows efficacy in an H5N1-infected mouse model (Cho et al., 2017).

After a repurposed drug screening, MPA exhibited good anti-MERS-CoV activity with an EC₅₀ (0.53 μM), EC₉₀ (8.15 μM), and high SI value (>195.12) (Chan et al., 2013). MPA in combination with IFN- β further lowers the EC₅₀ by 1–3 times (Chan et al., 2013). Contrarily, IMPDH inhibitors including MPA slightly enhance SARS-CoV replication in the lungs (Barnard et al., 2006b). MPA enables to inhibit SARS-CoV-2 infection in different cell cultures (Kato et al., 2020; Han et al., 2021), however, no clinical evidence is available to show the efficacy of MPA in COVID-19 patients.

Cyclosporine A (CsA) (Cyclophilin Inhibitor)

CsA is an immunosuppressant firstly isolated from fungus and has been approved to treat and prevent graft-versus-host disease in bone marrow transplantation, to prevent rejection of kidney, heart, and liver, or to treat autoimmune diseases like rheumatoid

arthritis and psoriasis transplants (Griffiths and Voorhees, 1990; Faulds et al., 1993). CsA was recently approved as eye drops to treat dry eye disease (Mandal et al., 2019). CsA is on the WHO's list of essential medicines. The immunomodulatory mechanism of CsA involves its binding to peptidylprolyl isomerase cyclophilin A (CyPA). The CsA-CyPA complex is able to inhibit the calcineurin phosphatase activity, the nuclear translocation of the nuclear factor of activated T cells (NF-AT), eventually block the transcription of cytokines and T cell activation (Matsuda and Koyasu, 2000). CsA and its analog like alisporivir (ALV) have shown a broad-spectrum antiviral capacity against viruses, including *Flaviviridae* members HCV and ZIKV (Watashi et al., 2003; Henry et al., 2006; Koizumi et al., 2017; Dong et al., 2019), hepatotropic viruses HBV and HEV (Wang et al., 2014; Watashi et al., 2014), HIV (Keckesova et al., 2006; Saini and Potash, 2006; Nicolás et al., 2017), coronavirus SARS-CoV, SARS-CoV-2, CoV-NL63, and MERS-CoV (de Wilde et al., 2011; Pfefferle et al., 2011; Tanaka et al., 2013; Carbajo-Lozoya et al., 2014; Guisado-Vasco et al., 2020), rotavirus (Shen et al., 2015; Yin et al., 2016b), norovirus (Dang et al., 2017), DNA virus CMV (Abdullah et al., 2018), and IAV (Hamamoto et al., 2013; Ma et al., 2016).

CsA inhibits HCV RNA replication and the antiviral capacity seems independent of its immunosuppressive effect (Watashi et al., 2003; Henry et al., 2006), as ALV, a non-immunosuppressive CsA analog, maintains the anti-HCV capacity (Crouch et al., 2018). ALV in follow-up clinical trials (phase I to III) shows a higher sustained virological response rate than IFN and ribavirin do (Stanciu et al., 2019). However, serious side effects were more frequent in ALV-treated patients, the clinical studies were then halted. CyPA interacts with flavivirus proteins and is required for viral replication (Chatterji et al., 2009; Chatterji et al., 2010), and CsA is capable of inhibiting the infections of DENV, WNV, and YFV (Qing et al., 2009). Interestingly, CsA shows strong adulticidal activity against mosquitos, although no direct anti-ZIKV activity was found in a mosquito cell culture system (Dong et al., 2019).

CsA displays anti-HBV activity *in vitro*, and the inhibition is independent of CyPA or calcineurin (Watashi et al., 2014; Phillips et al., 2015). The inhibitory mechanism involves the block of the interactions of NTCP, the HBV entry receptor, with HBV large envelope protein (Watashi et al., 2014). CsA derivatives that maintain the anti-HBV activities but lose the impact on NTCP transporter activity have been successfully developed (Shimura et al., 2017). CyPA interacts with IAV matrix (M) protein (Liu et al., 2009), but CsA inhibits IAV or IBV infection at the steps of viral replication, IAV protein translation, or virus assembly/release, in a CyPA-independent manner (Liu et al., 2012; Hamamoto et al., 2013; Ma et al., 2016). Further preclinical and clinical studies for either virus infection are warranted later.

CyPA specifically binds to the nucleocapsid and Nsp1 proteins of SARS-CoV and is detectable in the SARS-CoV particles (Chen et al., 2005; Pfefferle et al., 2011). CsA inhibits diverse coronaviruses including SARS-CoV, MERS-CoV, HCoV-229E, HCoV-NL63, and MHV (de Wilde et al., 2011; Pfefferle et al., 2011; de Wilde et al., 2013). 16 μM CsA drastically inhibits infectious SARS-CoV production by >3log, although CsA less

than 4 μM seems to have pro-viral activity (de Wilde et al., 2011). CsA inhibits SARS-CoV RNA replication or post-entry steps (Pfefferle et al., 2011; Softic et al., 2020), and the early step is also possibly affected (de Wilde et al., 2011). Despite the encouraging results in cell culture systems, treatment with RBV and ALV does not protect from SARS-CoV infection in a mouse model (de Wilde et al., 2017). 9 μM CsA treatment completely blocks the MERS-CoV-induced cytopathology in Vero cells, and CsA in combination with IFN- α display more effective anti-MERS-CoV activity (de Wilde et al., 2013; Li et al., 2018). ALV displays antiviral activity against SARS-CoV-2 with an EC₅₀ of 0.46 μM *in vitro* (Softic et al., 2020), and CsA in a cohort study showed a 4-fold decrease in observed mortality in hospitalized COVID-19 patients (Guisado-Vasco et al., 2020). Currently, at least four clinical trials have been in the process to evaluate the efficacy of CsA or ALV to treat COVID-19 (NCT04451239; phase I NCT04412785; phase II NCT04492891; phase IV NCT04392531). More results will be available soon.

HTRA Targeting Virus Assembly/Release Step

After a sufficient viral structure protein pool is available, viral assembly, a dynamic process driven by programmed sequential reactions is initiated, which involves interactions between the viral genomes and viral capsid proteins, and virus-host protein associations. The newly assembled nonenveloped virions disrupt the cytoskeleton to facilitate dispersal of viral progenies, whilst enveloped viruses gain their envelope from an intracellular organelle or plasma membrane to exit the cells by a budding or exocytosis process, albeit the dividing line between nonenveloped and enveloped viruses has become blurred given that non-lytic spread mechanisms have been identified for HAV, HEV, and some enteroviruses (Feng et al., 2013; Bird et al., 2014; Chen et al., 2015; Yin et al., 2016a). The host endosomal sorting complexes required for transport (ESCRT) and autophagy machinery have emerged roles to mediate the virus release despite the envelopment.

Imatinib (STI-571) (c-Abl Inhibitors)

Imatinib is a 2-phenyl amino pyrimidine derivative that functions as a specific inhibitor of many tyrosine kinases, including c-Abl, c-Kit, and platelet-derived growth factor receptor. It replaces ATP in the enzymatically active site, leading to the decreased activity of these tyrosine kinases. Imatinib is a medication used to treat cancer including chronic myelogenous leukemia, acute lymphocytic leukemia, and gastrointestinal stromal tumors. Imatinib is on the list of WHO's essential medicines. c-Abl is also implicated in the lifecycle of different viruses, and imatinib has been reported to inhibit infection of EBOV, DENV, MERS-CoV, SARS-CoV, coxsackievirus, and VacV (Table 4).

c-Abl inhibitor imatinib or nilotinib drastically decreases the budding or release of EBOV, as the inhibition of phosphorylation of the viral matrix protein VP40 (Garcia et al., 2012). Similarly, imatinib significantly dampens the extracellular enveloped VacV virion release without affecting cell-associated enveloped virions, and imatinib shows prophylactical or therapeutic antiviral effect in VacV-infected mice (Reeves et al., 2011). In addition, imatinib

significantly inhibits DENV replication at the post-entry steps, reducing the production of infectious DENV (Clark et al., 2016).

Interestingly, imatinib appears to inhibit the entry step of group B coxsackieviruses (CVBs), blocking the aggregation of virions to the tight junction, where the virions subsequently initiate the internalization step to finally surmount the epithelial barrier (Coyne and Bergelson, 2006).

Imatinib or other c-Abl inhibitors nilotinib and dasatinib are able to inhibit MERS-CoV or SARS-CoV infection (Dyall et al., 2014). Specifically, imatinib and dasatinib show effectiveness against both viruses, while nilotinib is only effective for SARS-CoV (Dyall et al., 2014). Recently, imatinib was reported to inhibit SARS-CoV-2 in stem cell-differentiated lung organoids (EC₅₀ = 4.86 μM) (Han et al., 2021). The detailed mechanism for this inhibition warrants further investigation. Currently, at least five clinical trials including three phase III studies (NCT04394416; NCT04422678; NCT04356495) have been carried out to investigate the treatment efficacy of imatinib for COVID-19.

Other Agents

Other agents that are also capable of inhibiting virus assembly/release include statins, which, as mentioned previously, inhibits virion assembly of DENV or parainfluenza, and impairs infectious HIV or EBOV release (Amet et al., 2008; Martinez-Gutierrez et al., 2011; Bajimaya et al., 2017; Shrivastava-Ranjan et al., 2018). Another example is nitazoxanide, exhibiting multiple targeting features, can inhibit assembly/release of IAV, rotavirus, and possibly paramyxoviruses (Rossignol et al., 2009; La Frazia et al., 2013; Piacentini et al., 2018).

Repurposed Agents With Multiple Targets

Some repurposed agents have more than three potential targets, either viral or host proteins. The most documented example is IFN- α/β , which is a crucial member of innate immunity, the first line to defend pathogens including viruses. Another instance is nitazoxanide, which has shown a very broad antiviral efficiency, representing divergent antiviral mechanisms for different viruses.

Interferon

Almost all viruses can induce interferon response that is mediated by different sensors including cGAS for DNA viruses; RIG-I, MDA5 for RNA viruses (Tan et al., 2018). These pattern recognition receptors recognize the invaders containing pathogen-associated molecular patterns to induce IFN, which in turn secretes out of cells and binds to receptors to induce the activation of JAK-STAT pathway. As a result, a broad spectrum of interferon-stimulated genes (ISG) is induced and exert antiviral effects through different mechanisms (Liu et al., 2013; Bailey et al., 2014; Li et al., 2017a). Clearly, the ISG network is diverse and complicated, each ISG functions in concert with others, in a combinatorial or even redundant way to combat virus infection. There are three classes of IFNs, type I, type II, and type III, distinguished by their different receptors. The type I IFNs include IFN- α , IFN- β , IFN- ϵ , IFN- κ , and IFN- ω ; type II IFN comprises IFN- γ ; and type III IFNs refer to IFN- λ 1 (IL-29), IFN- λ 2 (IL-28A), IFN- λ 3 (IL-28B), and IFN- λ 4 (Stanifer et al., 2019). IFN- α

has been used for clinical purposes against HCV and HBV for a long time, and IFN- β is approved to treat multiple sclerosis (Rice et al., 2001; Heim, 2013; Ezzikouri et al., 2020).

IFNs have been explored clinically to treat different virus infections including EBOV (Rhein et al., 2015; Konde et al., 2017; Fanunza et al., 2018; Lee et al., 2019), DENV (Pires de Mello et al., 2018a), ZIKA (Ngono and Shrestha, 2018; Caine et al., 2019), MERS-CoV, SARS-CoV, and SARS-CoV-2 (Cinatl et al., 2003; Tan et al., 2004; Kindler et al., 2016; Haji Abdolvahab et al., 2021). A clinical study suggests that IFN- β -1a facilitates EBOV viral clearance and enhances survival rate (Konde et al., 2017), consistent with cell culture data that EBOV is sensitive to IFN- α or β (McCarthy et al., 2016). AG129 mice that are deficient in interferon $\alpha/\beta/\gamma$ signaling are more susceptible to all four serotypes of DENV (Sarathy et al., 2015; Milligan et al., 2017), suggesting the importance of IFN for DENV control. Similarly, IFN- α/β receptor (IFNAR)-deficient mice are highly susceptible to ZIKV infection (Lazear et al., 2016), and IFN- α considerably inhibits ZIKV infection *in vitro* alone or in combination with favipiravir (Pires de Mello et al., 2018b). Moreover, IFN- λ protects the female reproductive tract against ZIKV infection in mice (Caine et al., 2019).

IFNs enable to inhibit SARS-CoV or MERS-CoV in cell cultures (Cinatl et al., 2003; Falzarano et al., 2013a), and show potency in macaques infected with SARS-CoV or MERS-CoV (Haagmans et al., 2004; Falzarano et al., 2013b). A retrospective cohort study in MERS-CoV patients shows that IFN- α -2a plus RBV results in a significant survival rate at 14 days than control supportive care (Omrani et al., 2014). However, the same treatment regimen did not benefit MERS patients in another clinical study (Al-Tawfiq et al., 2014). A preliminary, uncontrolled study shows that IFN plus corticosteroids are associated with better disease outcomes in SARS patients compared to corticosteroid treatment alone (Loutfy et al., 2003). Interestingly, a dual role of IFN for SARS pathology in mice was recently reported, while delayed IFN response correlates with severe lung immunopathology and reduced survival rate, early IFN administration ameliorates immunopathology (Channappanavar et al., 2016). IFN- α or IFN- β efficiently inhibits SARS-CoV-2 infection *in vitro* (EC50 1.35 and 0.76 IU/ml, respectively) (Mantlo et al., 2020). However, the Solidarity clinical trials launched by WHO concluded that IFN does not affect overall mortality in hospitalized COVID-19 patients. In spite of that, multiple clinical studies are still in progress to evaluate the efficacy of IFNA for COVID-19 including four phase III (NCT04492475; NCT04320238; NCT04324463; NCT04315948) and five phase IV (NCT04350671; NCT04254874; NCT04350684; NCT04291729; NCT02735707) trials.

Nitazoxanide

Nitazoxanide is licensed in the United States to treat parasite infection-induced diarrhea (Ortiz et al., 2001) due to the interference with the pyruvate: ferredoxin oxidoreductase (PFOR) enzyme-dependent electron transfer reaction which is essential to anaerobic energy metabolism. Nitazoxanide reduces IAV-induced duration of clinical symptoms and viral shedding in

a double-blind, randomized, and placebo-controlled phase IIb/III clinical trial (Haffizulla et al., 2014). A phase III clinical trial (NCT01610245) is then initiated. The mechanism of action of nitazoxanide against IAV infection involves the inhibition in the maturation of viral hemagglutinin (HA) at the post-translational stage, thus impairing HA intracellular trafficking and insertion into the host plasma membrane (Rossignol et al., 2009). Besides, nitazoxanide is found to clinically effective to treat infections of adenovirus (Esquer Garrigos et al., 2018), rotavirus (Rossignol and El-Gohary, 2006; Teran et al., 2009), HBV (Rossignol and Keffe, 2008), and HCV (Rossignol et al., 2008; Elazar et al., 2009; Rossignol et al., 2010). In addition, nitazoxanide enables to inhibition of other viral infections *in vitro* including HIV (Tan et al., 2012), JEV (Shi et al., 2014), ZIKV (Cao et al., 2017; Li et al., 2017c), feline calicivirus (Fumian et al., 2018), rubella virus (Perelygina et al., 2017), CHIKV (Wang et al., 2016c), paramyxovirus SeV and RSV (Piacentini et al., 2018), coronavirus MHV, MERS-CoV, and SARS-CoV-2 (Cao et al., 2015; Rossignol, 2016; Wang et al., 2020b).

Different antiviral mechanisms are involved for nitazoxanide in the context of different virus infections. Nitazoxanide prohibits SeV or RSV fusion step after entry into cells (Piacentini et al., 2018), HBV DNA replication and viral protein synthesis (Korba et al., 2008), viral RNA replication or protein processing of HCV, ZIKV, or MHV (Rossignol and Keffe, 2008; Cao et al., 2015; Li et al., 2017c), viral morphogenesis of IAV or rotavirus (Rossignol et al., 2009; La Frazia et al., 2013). Nitazoxanide also triggers innate immune genes, like IRF1, RIG-I, or PKR, to combat norovirus or EBOV replication (Dang et al., 2018; Jasenosky et al., 2019).

HBV or HCV is susceptible to nitazoxanide treatment. An open-label small-scale clinical trial shows the preliminary efficacy of nitazoxanide in treating chronic hepatitis B (Rossignol and Keffe, 2008). A further phase II clinical study (NCT03905655) is currently instigated. Clinical trials in hepatitis C patients show the improved SVR rate when treated alone or in combination with IFN and/or RBV (Rossignol et al., 2008; Elazar et al., 2009; Rossignol et al., 2010).

Nitazoxanide has potent antiviral activity against coronavirus. Nitazoxanide emerges as one of the most potent antivirals against MHV after drug repurposing screening (Cao et al., 2015), similar activity is observed for MERS-CoV (Rossignol, 2016) or SARS-CoV-2 (Wang et al., 2020b). A preliminary clinical study suggests the potential efficacy of nitazoxanide for COVID-19 treatment (Rocco et al., 2021). Currently, at least 18 clinical trials have been launched to test the antiviral efficacy in COVID-19 patients including five phase III (NCT04382846; NCT04392427; NCT04343248; NCT04359680; NCT04486313) and three phase IV (NCT04498936; NCT04406246; NCT04341493) clinical studies (Table 4).

CHALLENGES AND PERSPECTIVE

Currently, most of the approved antivirals are used to treat infections of HIV, HCV, HBV, and IAV, very few novel antivirals for recently emerging viruses including SARS-CoV-2, MERS-CoV, EBOV, ZIKV, and DENV. Drug repurposing has

played a crucial role in pushing the approved or investigational therapeutics through clinical trials, because of higher success rate, less investment, and faster approval.

Drug repurposing is not risk-free, the success rate is reported around 30%. There are still a lot of hurdles before the repurposed drug is approved. Even though repurposed drugs could be exempted from phase I clinical trial, which mainly focuses on the drug safety evaluation, drug safety still represents one of the biggest concerns for repurposing. For instance, the safety of the drug that has been evaluated in a group of participants for the original indication does not necessarily guarantee safety in another group of people. In this scenario, drug safety may need to re-evaluate. Moreover, the dosing regimen of the repurposed drug validated previously may be different in new indications. A major obstacle to successful repurposing attributes to the higher effective concentrations in the new indication than those in the original indications. It suggests that greater harm and less benefit may be instigated. To overcome the obstacle, cocktail-based combinatorial regimens that contains at least two repurposed drugs targeting different steps of the viral lifecycle would be beneficial. In addition, drug-drug interactions may be another challenge when a repurposed drug has to use in combination with other drugs and no drug-drug interaction data is available. Thus, drug safety issue needs to be carefully appraised and addressed if necessary.

Apart from the safety issue, the intellectual property barrier is another important issue that needs to address. Commonly, drug repurposing focuses on drugs for which the patents on the original indication have been expired. For the off-patent generic drugs, a new method-of-use patent can be obtained for the new indication. However, enforceability or market exclusivity can be a major issue, as other company-manufactured generic drugs may be prescribed as off-label use for the new indication, which would be hardly prohibited. That may reduce the profit and financial incentive for drug repurposing. The off-label use can be limited if a new formulation or dosing regimen is required for the novel indication so that it cannot be easily fulfilled with the

available generic versions of the drug. On the other hand, with the appropriate licensing, repurposing of drugs that are still covered by existing patent property is also achievable, even though many repurposed uses of patent drugs have been reported in the literature, which may limit the ability to gain the new patent protection. The reliable and novel evidence to support the new indication of the repurposed drug is a necessity to obtain the granted patents. Other challenges include self-medication, misuse, drug shortage, and price hike of the drugs with potential repurposed indications (Mallhi et al., 2020a; Mallhi et al., 2020b). The misuse of repurposed drugs would be devastating and should be discouraged particularly during a pandemic. The availability and affordability of these repurposed agents should also be vigilantly monitored.

With more approaches to address the safety, efficacy, and patent issues by deploying recombination therapies and reinforcing collaboration and negotiation, drug repurposing for a novel, efficient, and broad-spectrum antiviral development would strengthen the efforts to combat the emerging and re-emerging viruses.

AUTHOR CONTRIBUTIONS

XL drafted the manuscript. TP edited and revised the manuscript. All authors reviewed and approved the final version of the manuscript for publication.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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GLOSSARY

BOC bovine coronavirus	LASV Lassa virus
CCHFV Crimean-Congo hemorrhagic fever virus	LCMV lymphocytic choriomeningitis virus
CHIKV chikungunya virus	MARV Marburg virus
CVA16 Coxsackievirus A16	MERS-CoV Middle East respiratory syndrome
CVB1 Coxsackievirus B1	MHV murine hepatitis virus
DENV dengue virus	MuV Mumps virus
EBOV Ebola virus	MV Measles virus
EBV Epstein-Barr virus	OHFV Omsk Hemorrhagic Fever virus
EV71 enterovirus 71	PRV pseudorabies virus
FIPV feline infectious peritonitis virus	RRV Ross River virus
HBV hepatitis B virus	RSV respiratory syncytial virus
HCoV-229E human coronavirus 229E	RVFV Rift Valley fever virus
HCV hepatitis C virus	SARS-CoV severe acute respiratory syndrome coronavirus
HEV hepatitis E virus	SARS-CoV-2 severe acute respiratory syndrome coronavirus-2
HIV human immunodeficiency virus	SFTSV Severe fever with thrombocytopenia syndrome virus
hPIV human parainfluenza virus	SFV Semliki Forest virus
HRV human rhinovirus	SINV sindbis virus
HSV herpes simplex virus	SUDV Sudan virus
HuNoV human Norovirus	TBEV Tick-borne encephalitis (TBEV)
IAV influenza A virus	TGEV transmissible gastroenteritis virus
JEV Japanese encephalitis virus	VZV varicella zoster virus
JUNV Junin virus	WNV West Nile virus
KFDV Kyasanur Forest disease virus	YFV yellow fever virus
	ZIKV Zika virus



Curcumin as a Potential Treatment for COVID-19

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Coronavirus disease 2019 (COVID-19) is an infectious disease that rapidly spread throughout the world leading to high mortality rates. Despite the knowledge of previous diseases caused by viruses of the same family, such as MERS and SARS-CoV, management and treatment of patients with COVID-19 is a challenge. One of the best strategies around the world to help combat the COVID-19 has been directed to drug repositioning; however, these drugs are not specific to this new virus. Additionally, the pathophysiology of COVID-19 is highly heterogeneous, and the way of SARS-CoV-2 modulates the different systems in the host remains unidentified, despite recent discoveries. This complex and multifactorial response requires a comprehensive therapeutic approach, enabling the integration and refinement of therapeutic responses of a given single compound that has several action potentials. In this context, natural compounds, such as Curcumin, have shown beneficial effects on the progression of inflammatory diseases due to its numerous action mechanisms: antiviral, anti-inflammatory, anticoagulant, antiplatelet, and cytoprotective. These and many other effects of curcumin make it a promising target in the adjuvant treatment of COVID-19. Hence, the purpose of this review is to specifically point out how curcumin could interfere at different times/points during the infection caused by SARS-CoV-2, providing a substantial contribution of curcumin as a new adjuvant therapy for the treatment of COVID-19.

Keywords: curcumin, COVID-19, SARS-CoV-2, new therapies, ACE2

INTRODUCTION

Coronavirus disease 19 (COVID-19/2019-nCoV) is caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The clinical manifestation of COVID-19 range from asymptomatic upper respiratory tract infection to critical illness and pneumonia associated with acute respiratory distress syndrome (ARDS) (Guan et al., 2020). The main risk factors associated with greater severity and mortality caused by COVID-19 include hypertension, diabetes mellitus, cardiovascular disease (CVD), advanced age, and obesity (Simonnet et al., 2020; Wu and McGoogan, 2020; Zhou et al., 2020).

SARS-CoV-2 is an enveloped β -coronavirus composed of four structural proteins: spike (S), envelope (E), membrane (M), and nucleocapsid (N) proteins (Chen et al., 2020). Entry of the virus into the host cell occurs through the cleavage of protein S into two subunits (S1 and S2) where SARS-CoV-2 develops a multibasic site at the S1-S2 boundary, which is cleaved by furin to form protein S for processing by TMPRSS2 (Hoffmann et al., 2020). The amino-terminal S1 subunit contains a receptor-binding domain (RBD) that is responsible for binding to the cell surface receptor, angiotensin-converting enzyme 2 (ACE2) (Wrapp et al., 2020; Xia et al., 2020). The membrane-

anchored S2 subunit is composed of the fusion peptide (FP), heptapeptide repeat sequences 1 and 2 (HR1/HR2), transmembrane domain (TM), and cytoplasmic domain. These components are responsible for viral fusion and cell invasion (Huang Y. et al., 2020; Xia et al., 2020). After the RBD domain is attached to ACE2, the S2 subunit changes its conformation and moves closer to the viral envelope and cell membrane for viral fusion and entry (Huang Y. et al., 2020). In the host, ACE2 is widely expressed in the lungs, heart, liver, vascular endothelium, kidneys, and gut. It is an important regulator of the renin-angiotensin-aldosterone system (RAAS), and promotes the conversion of angiotensin I (Ang I) to Ang (1–9) and Ang II to Ang (1–7) (D'ardes et al., 2020; Gheblawi et al., 2020). Ang (1–7) has an important physiological role and promotes vasodilation, including anti-hypertrophic, anti-inflammatory, anti-oxidant, anti-thrombotic, and anti-fibrotic effects (Imai et al., 2005; Kuba et al., 2005; Chung et al., 2020; D'ardes et al., 2020). The conversion of Ang II to Ang (1–7) regulates the concentration of Ang II-mediated by ACE2. When available, Ang II binds to the ATR1 receptor, thereby promoting harmful pro-inflammatory effects, such as hypertrophy, oxidative stress, and vasoconstriction (Imai et al., 2005; Kuba et al., 2005; Chung et al., 2020; D'ardes et al., 2020). Therefore, the negative regulation of ACE2, promoted by the binding of SARS-CoV-2, results in increased levels of Ang II (Imai et al., 2005; Kuba et al., 2005; D'ardes et al., 2020).

The current drugs approved by the Food and Drug Administration (FDA) for the treatment of patients with COVID-19 prior to the writing of this manuscript are: Fresenius Medical, multiFiltrate PRO System and multiBic/multiPlus Solutions (Fresenius Medical Care); Fresenius Kabi Propoven 2% (Fresenius Kabi USA, LLC.); REGIOCIT replacement solution that contains citrate for regional citrate anticoagulation (RCA) of the extracorporeal circuit (Baxter Healthcare Corporation); COVID-19 convalescent plasma (Office of the Assistant Secretary for Preparedness and Response US Department of Health and Human Services); remdesivir (Veklury) (Gilead Sciences, Inc.); bamlanivimab (Eli Lilly and Company); baricitinib (Olmiant) in combination with remdesivir (Veklury) (Eli Lilly and Company); REGEN-COV (casirivimab and imdevimab) (Regeneron Pharmaceuticals); bamlanivimab and etesevimab (Eli Lilly and Company); and Propofol-Lipuro 1% (B. Braun Melsungen AG), as obtained from the regulators database (<https://www.fda.gov/>).

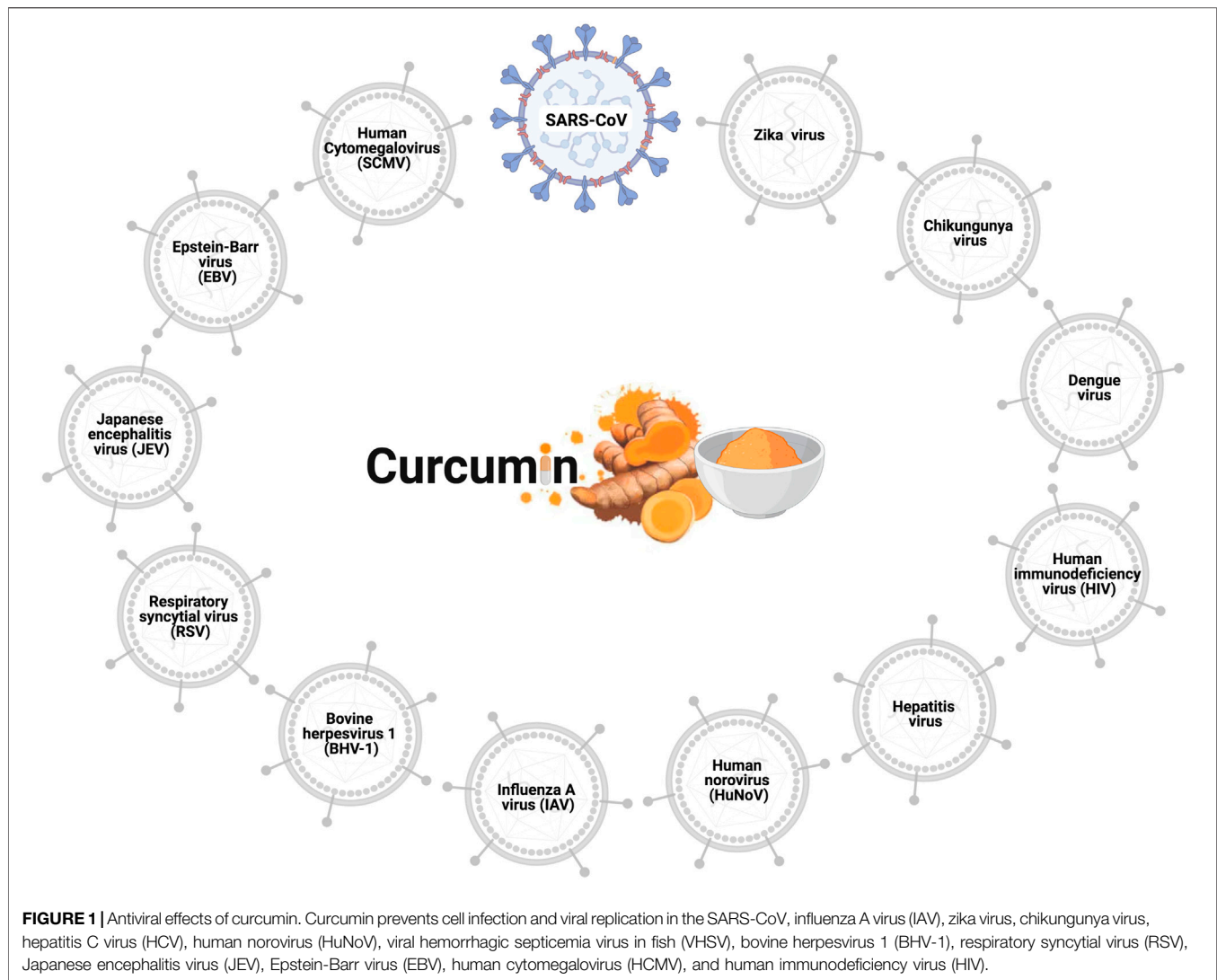
Drug repurposing has been viewed as a promising strategy for combating COVID-19. Several factors, such as molecular recognition, binding affinity, and interactions, are calculated during computational drug design and development. Virtual screening was performed with approximately 3,410 drugs approved by the FDA. However, remdesivir was yet to be approved at the time, but has since been analyzed (Beck et al., 2020). The aforementioned and other studies suggested that remdesivir is a potential antiviral agent against SARS-CoV-2, following the demonstration of its affinity to target sites of the virus, including RNA-dependent RNA polymerase (RdRP), helicase, 3-to -5 exonuclease, 2-O-ribose methyltransferase,

and endoRNase from SARS-CoV-2 and SARS-CoV-2 main protease (Mpro, also called 3CLpro) (Beck et al., 2020; Elfiky, 2020). Following this methodology, curcumin displayed promising results, making it a strong candidate for *in vitro* and *in vivo* studies against SARS-CoV-2.

Natural compounds based on medicinal plants and traditional Chinese medicine (TCM) formulas with antiviral action against coronavirus have been investigated. These compounds presented several targets against SARS-Cov and Middle East Respiratory Syndrome (MERS), such as (1) spike (S) glycoprotein, (2) papain-like protease (PLpro), and (3) nucleocapsid (N) proteins. Among these compounds, including the specific viral targets, are ginsenoside-Rb1 (1), hirsutenone (2), tanshinones I–VII (2), with anti-SARS-CoV action, and resveratrol (3) with anti-MERS activity (Wu et al., 2004; Park et al., 2012; Park et al., 2012; Lin et al., 2017). Numerous therapeutic effects of the natural polyphenol, curcumin, have been reported, including potential chemotherapeutic, antioxidant, antiviral, antibacterial, and anti-inflammatory properties (Paciello et al., 2020). Clinical studies have demonstrated the effects of nanoencapsulated curcumin in patients with COVID-19. In the aforementioned study, a significant reduction in clinical manifestations of COVID-19 (fever, cough, and dyspnea) was observed in the group treated with nanocurcumin (patients with mild and severe disease) (Tahmasebi et al., 2020; Valizadeh et al., 2020). In addition, nanocurcumin reduced the mortality rate of these patients. However, the mortality rate of the placebo group was significantly higher than that of the two groups (patients with light and severe disease) treated with nanocurcumin (Tahmasebi et al., 2020; Valizadeh et al., 2020). Currently, another study involving patients with COVID-19 treated with nanoencapsulated curcumin is ongoing (Hassaniyazad et al., 2020). Therefore, this manuscript provides a review of the biological effects of curcumin in diseases that arise following SARS-CoV-2 infection.

IN SILICO MODELS PREDICTING THE ANTIVIRAL EFFECTS OF CURCUMIN AGAINST SARS-COV-2

The antiviral effects of curcumin have been widely explored, and the viruses to which curcumin has antiviral action are shown in **Figure 1**. Curcumin prevents the binding of the influenza A virus (IAV) (Chen et al., 2010; Ou et al., 2013), dengue virus (Balasubramanian et al., 2019), Zika virus, and chikungunya virus (Mounce et al., 2017) to host cells. Curcumin inhibits the entry of the hepatitis C virus (HCV) (Chen et al., 2012; Anggakusuma et al., 2014), human norovirus (HuNoV) (Yang et al., 2016), viral hemorrhagic septicemia virus in fish (VHSV) (Jeong et al., 2015), and bovine herpesvirus 1 (BHV-1) (Zhu et al., 2015). Furthermore, the curcumin hinders viral genome replication and transcription of the respiratory syncytial virus (RSV) (Obata et al., 2013; Yang et al., 2016) and Japanese encephalitis virus (JEV) (Dutta et al., 2009), and interferes with the translation and assembly of the Epstein-Barr virus (EBV) (Hergenroth et al., 2002), human cytomegalovirus



(HCMV) (Lv et al., 2014a; Lv et al., 2014b), and human immunodeficiency virus (HIV) (Gupta et al., 2011; Ali and Banerjee, 2016). *In vitro* analyses revealed the antiviral action of curcumin against the SARS-CoV virus in Vero-E6 cells; this natural polyphenol could inhibit viral replication at concentrations of 3–10 μ M (Wen et al., 2007). Based on such data regarding antiviral activity, researchers using *in silico* prediction models evaluated the potential of curcumin against the binding proteins of SARS-CoV-2 and its cellular receptors.

The SARS-CoV-2 S glycoprotein is responsible for the interaction between the virus and the host cell, promoting fusion and internalization of the virus via the ACE2 receptor. Thus, both the S glycoprotein and ACE2 are potential targets for the treatment of COVID-19. *In silico* analysis showed that curcumin has a high-affinity for interaction with the S glycoprotein through the establishment of six hydrogen bonds (Maurya et al., 2020). In this study, curcumin obtained higher scores than the control compounds, such as nafamostat and hydroxychloroquine (Maurya et al., 2020). In addition,

curcumin displayed an affinity for ACE2. Moreover, docking results showed that curcumin interacted with the active site of the protein, in addition to forming two hydrogen bonds (Maurya et al., 2020). Similarly, curcumin demonstrated a better affinity for ACE2 than the control compounds, such as captopril and hydroxychloroquine (Maurya et al., 2020).

The transmembrane protein serine protease 2 (TMPRSS2) facilitates the entry of SARS-CoV-2 from the spike protein (Hoffmann et al., 2020). *In silico* analyses focusing on TMPRSS2 showed that curcumin forms four hydrophobic interactions and an H-bond with TMPRSS2 (Motohashi et al., 2020). These findings corroborated results of *in vitro* studies where curcumin treatment led to the downregulation of TMPRSS2 in prostate cancer cells (Zhang et al., 2007; Thangapazham et al., 2008).

The main protease (Mpro) of SARS-CoV-2 is indispensable in maturation and viral replication, and is a promising target in the treatment of SARS-CoV-2. The proteins that are matured by Mpro include RNA-dependent RNA polymerase (RdRp, Nsp12)

and helicase (Nsp13), which depend on the cleavage of Mpro (Rut et al., 2020). Inhibition of Mpro prevents viral replication; thus, compounds with inhibitory effects on Mpro have become attractive targets for the treatment of COVID-19 (Zhang S. et al., 2020; Anand et al., 2003). To identify compounds with potential binding to Mpro, an *in-silico* study using docking was carried out to evaluate a series of compounds, including the drugs currently used in the treatment of COVID-19. In this study, two compounds with a high affinity for Mpro were used as controls: N3 and O6K (HUYNH; WANG; LUAN, 2020). Among the compounds tested, including chloroquine, entecavir, hydroxychloroquine, and remdesivir, curcumin surprisingly formed the most stable complex with SARS-CoV-2 Mpro, and

the affinity score was comparable to that of the N3 control (Huynh et al., 2020).

The entry of SARS-CoV-2 through the endosome requires an endosomal environment with an acidic pH that is promoted by the endosomal proteases, cathepsin B and L, and ion channels, particularly the vacuolar ATPase pump (V-ATPase), which is crucial in regulating endosomal pH (Aslam and Ladilov, 2020; Khan et al., 2020). Curcumin has been shown to be a potential pH controlling agent, decreasing the expression of V-ATPase, which causes an increase in pH in tumor cells (Vishvakarma et al., 2011).

In vitro results of the antiviral action of curcumin on SARS-CoV and the data from *in silico* analyses reinforce the hypothesis

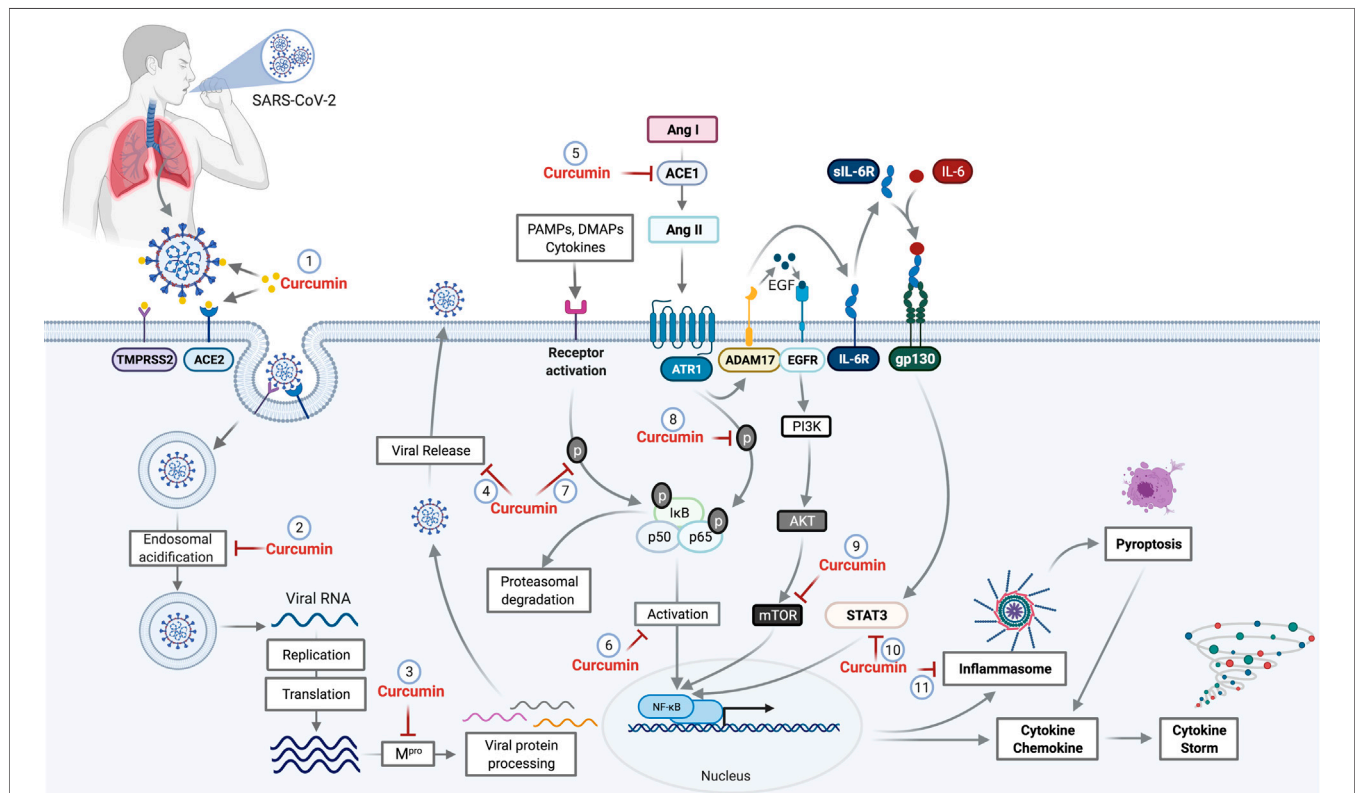


FIGURE 2 | Potential curcumin targets as antiviral and anti-inflammatory in SARS-CoV-2 infection. The first antiviral effect of curcumin against SARS-CoV-2 is its potential for preventing the binding of viral S protein to the ACE2 receptor and initiate the host cell infection process (1). After penetrating the host cell via endosomes, the virus begins the replication process that requires an acid endosomal environment to initiate the proteolytic process of viral proteins and subsequent release to the external environment. Curcumin acts by inhibiting the Endosomal acidification (2) and processing of the viral proteins (Mpro), necessary for viral release (3,4). Further, the inhibition of ACE mediated by curcumin (5) prevents the increase of Ang II levels. Curcumin inhibits NF-κB (6) through the inhibition of different pathways. The binding of PAMPs, DAMPs, and cytokines that leads to IκB phosphorylation and proteasomal degradation is one of those pathways that cause NF-κB activation. Curcumin prevents both IκB phosphorylation and p65 subunit from the NF-κB (8), which consequently prevents NF-κB activation. The activation of ADAM17 by the AngII-ATR1 axis promotes the interaction between EGF and EGFR receptor, which promotes the activation of the PI3K/AKT/mTOR axis resulting in NF-κB activation. Curcumin acts as a potential inhibitor for mTOR (9), preventing the NF-κB pathway activation. ADAM17-mediated signaling also triggers the release of soluble interleukin 6-receptor, forming a complex with IL-6 (sIL-6R-IL-6) that binds to glycoprotein gp130. This complex binding (sIL-6R-IL-6+gp130) activates the signal transduction pathways responsible to induce the activators of transcription 3 (STAT3). Activation of STAT3 results in activation of NF-κB, which can be prevented by the curcumin (10). The NF-κB activation induces a protein complex formation, known as inflammasome, which can lead to cell death through pyroptosis, a pathway to cell death mediated by the activation of caspase-1. However, curcumin can cause the inhibition of inflammasome formation (11) by the inhibition of NF-κB. Abbreviations: TMPRSS2, transmembrane protease, serine 2; ACE1, angiotensin-converting enzyme 1; ACE2, angiotensin-converting enzyme 2; Mpro, main protease; PAMPs, pathogen-associated molecular pattern; DAMPs, damage-associated molecular patterns; ANG I, angiotensin I; Ang II, angiotensin II; ATR1, angiotensin II (All) receptor 1; ADAM17, a disintegrin and metalloproteinase 17; EGF, epidermal growth factor; EGFR, epidermal growth factor receptor; IL-6R, interleukin 6 receptor; sIL-6R, soluble Interleukin 6 receptor; gp130, glycoprotein 130; PI3K, phosphoinositide 3-kinase; AKT, protein kinase B; mTOR, mammalian target of rapamycin; STAT3, signal transducers and activators of transcription; NF-κB, factor nuclear kappa B.

of the potential activity against SARS-CoV-2. Thus, this review aims to encourage evaluation of the effect of curcumin on cells infected by SARS-CoV-2 and the replication of the virus using *in vitro* and *in vivo* models, and in randomized clinical trials. The possible interaction sites of curcumin with SARS-CoV-2 in the host cells are shown in **Figure 2**.

EFFECTS OF CURCUMIN IN THE COVID-19-INDUCED INFLAMMATORY PROCESS

The inflammatory process of COVID-19 is complex and multifactorial. Patients with the severe form of the disease can be affected by a hyperinflammatory condition called a cytokine storm, highlighting the need for anti-inflammatory treatment to alleviate the hyperactivation of the immune response, which induces this cytokine storm. Focusing on the anti-inflammatory action of curcumin, two studies were conducted with patients with COVID-19. In the first study, the research group investigated the modulation of pro-inflammatory cytokines by nanocurcumin. Patients with COVID-19 showed high mRNA expression and secretion of cytokines, IL-1 β , IL-6, TNF- α , and IL-18, but showed a significant reduction in IL-6 and IL-1 β after treatment with nanocurcumin (Valizadeh et al., 2020). Subsequently, exploring the modulatory mechanisms of nanocurcumin, the researchers demonstrated that the number of Th17 cells, gene expression, and serum Th17-mediated factors level (IL-17, IL-21, IL-23, and GM-CSF) were significantly reduced in both stages of the disease in the group of patients with COVID-19 treated with nanocurcumin (Tahmasebi et al., 2020).

Despite the rapid scientific progress regarding the pathophysiology of COVID-19, the precise mechanisms that trigger the exacerbated inflammatory response observed in some of the patients have not yet been completely elucidated. However, several hypotheses attempt to explain such changes. The nuclear factor-kappa B (NF- κ B) pathway is directly involved in this inflammatory process and can stimulate the production of pro-inflammatory cytokines when activated. Recent findings led to concerns regarding the overstimulation of the NF- κ B pathway and its potential contribution to the emergence of cytokine storms. Studies have shown that NF- κ B can be activated directly by SARS-CoV-2 from Toll-like receptors (TLRs) and RAAS system components (Mahmudpour et al., 2020). In such situations, the SARS-CoV envelope (E) and nucleocapsid (N) proteins were shown to be directly related to NF- κ B activation (Liao et al., 2005; DeDiego et al., 2014). Consequently, when this protein was deleted in a genetically modified virus, a reduction in NF- κ B activation was observed (DeDiego et al., 2014).

Activation of the AngII-AT1R axis causes NF- κ B activation (Crowley and Rudemiller, 2017). The AngII-AT1R axis is directly involved in the pro-inflammatory response by acting on the main pathways that lead to the release of cytokines and chemokines. The increase in AngII stimulates the phosphorylation of the NF- κ B p65 subunit, leading to its activation and the subsequent release of cytokines (IL-6, IL-1 β , IL-10, and TNF- α) (Ruiz-Ortega

et al., 2001; Skurk et al., 2004). The AngII-AT1R axis activates disintegrin and metalloprotease 17 (ADAM17), processing the membrane form of IL-6R α to its soluble form (sIL-6R α) through epidermal growth factor (EGFR). The sIL-6R α -IL-6 complex leads to gp130-mediated STAT3 activation (Eguchi et al., 2018; Murakami et al., 2019), with STAT3 being essential for the complete activation of the NF- κ B pathway, in conjunction with the main pathway stimulator, IL-6 (Murakami et al., 2019). The cytokines, TNF and IL-1, also trigger signals that cause the translocation of NF- κ B to the nucleus by activating genes involved in the production of inflammatory mediators (Crowley & Rudemiller, 2017). Curcumin blocks STAT3-mediated NF- κ B activation, and the consequent reduction in pro-inflammatory cytokines disrupts the positive feedback between pro-inflammatory cytokines and NF- κ B (Alexandrow et al., 2012; Rahardjo et al., 2014; Ma et al., 2015; Yadav et al., 2015).

NF- κ B is inactive in the cell cytoplasm because of its association with the I κ B protein complex. In the presence of stimuli (PAMPs, DAMPs, and cytokines), I κ B undergoes phosphorylation and proteasomal degradation that dissociates the NF- κ B complex, allowing NF- κ B to translocate into the nucleus, leading to the expression of chemokines and pro-inflammatory cytokines (Solt and May, 2008). Curcumin acts by inhibiting the phosphorylation of I κ B through inhibiting translocation and the consequent activation of NF- κ B (Karunaweera et al., 2015; Wang et al., 2018; Cheemanapalli et al., 2019). Owing to NF- κ B inhibition, there is a reduction in the production of inflammatory cytokines, such as IL-1 α , IL-6, and TNF- α (Rahardjo et al., 2014; Ma et al., 2015; Yadav et al., 2015).

Viral infections commonly activate inflammasomes. SARS-CoV has been shown to express at least three proteins that activate the NLRP3-type inflammasome (NOD-, LRR-, and pyrin domain-containing protein 3): envelope protein (E), Open Reading Frame-3a (ORF3a), and Open Reading Frame-8b (ORF8b) (Nieto-Torres et al., 2015; Chen et al., 2019; Shi et al., 2019). Protein E and ORF3a stimulate NF- κ B signaling, thereby promoting the release of pro-inflammatory cytokines, such as IL-1 β , IL-8, and IL-18, and priming NLRP3 expression to reach the functional level (Kanzawa et al., 2006; DeDiego et al., 2014; Siu et al., 2019). The amino acid sequence of protein E is 94.7% conserved in SARS-CoV and SARS-CoV-2, indicating the possibility of inflammasome activation in patients with COVID-19 (Chan et al., 2020; Lu et al., 2020). A recent study demonstrated that active caspase-1 (Casp1p20), IL-1 β , IL-18, IL-6, and lactate dehydrogenase (LDH) were increased in the serum of patients with COVID-19, and that Casp1p20 and IL-18 are products derived from inflammasomes (Rodrigues et al., 2021). The researchers also found active inflammasome NLRP3 in peripheral blood mononuclear cells (PBMCs) and in the tissues of deceased patients at autopsy. The levels of IL-18 and Casp1p20 were higher in patients who had severe disease, indicating a worse prognosis (Rodrigues et al., 2021). Therefore, the regulation of NF- κ B by curcumin inhibits the formation of inflammasomes, specifically NLRP3, decreasing the secretion of IL-1 β and IL-18 (Yin et al., 2018).

Another regulator of NF- κ B is the mammalian target of rapamycin (mTOR) pathway. mTOR is comprised of two complexes, mTORC1, which is sensitive to rapamycin inhibition through the Raptor protein that is associated with mTORC1, and mTORC2, which is associated with Rictor protein, and has low sensitivity to rapamycin (Saxton and Sabatini, 2017). In lipopolysaccharide sepsis models, the inhibition of mTOR by rapamycin resulted in decreased phosphorylation of the p65 subunit of NF- κ B, with a consequent reduction in cytokines and pro-inflammatory chemokines, such as IL-1 β , IL-18, IL-6, TNF- α , MCP-1, and led to the reduced expression of the NLRP3 inflammasome (Temiz-Resitoglu et al., 2017; Jia et al., 2019). Although rapamycin is already used as an immunosuppressant in the treatment of transplant patients, it has numerous adverse effects and is associated with a high cost. Curcumin is a potential target inhibitor of the mTOR pathway and can promote the inhibition of both the mTORC1 and mTORC2 complexes (Beevers et al., 2009). Curcumin at low doses was found to suppress the mTORC1-Raptor interaction, leading to inhibition of the mTORC1 complex. Curcumin also promoted interruption of the mTORC2-Rictor interaction at higher doses, thereby inhibiting mTORC2 (Beevers et al., 2006; Beevers et al., 2009; Johnson et al., 2009).

The anti-inflammatory mechanisms of curcumin have been extensively investigated in clinical studies of several inflammatory diseases, such as Crohn's disease, ulcerative proctitis, ulcerative colitis, irritable bowel syndrome, rheumatoid arthritis, postoperative inflammation, gastric ulcer, *Helicobacter pylori* infection, and idiopathic inflammatory orbital pseudotumor (Gupta et al., 2013). Evaluating the mechanisms of action of curcumin already described in both experimental and clinical trials, which can potentially benefit patients with dysregulated immune responses in COVID-19, seems to be an innovative strategy. The mechanisms of action of curcumin and its potential effects on COVID-19 are showed in **Figure 2**.

CURCUMIN IN HEMOSTATIC DISORDERS

A growing number of studies have reported thromboembolic events in patients hospitalized due to COVID-19. High D-dimer levels are considered to be a common marker for increased thrombotic propensity and poor prognosis (Paliogiannis et al., 2020; Zhou et al., 2020). Increased platelet activation and viral RNA detectable in the blood are associated with platelet hyperactivity, leading to abnormal blood clotting. These causes have been associated with thromboembolic prognosis in patients with COVID-19 (Zhang L. et al., 2020). The following signs of hypercoagulability have been observed in these patients: prolonged prothrombin time (PT), activated partial thromboplastin time (APTT), and elevated levels of D-dimer and other fibrin degradation products (FDP) (Tang et al., 2020). In such cases, antithrombin (AT) activity has been reported to be lower than normal (Tang et al., 2020). Human platelets express ACE2 and TMPRSS2 receptors. SARS-CoV-2

binds to these receptors and promotes platelet activation (Zhang L. et al., 2020).

Endothelial cells express the necessary receptors for SARS-CoV-2 to bind and infect cells, causing cell damage and apoptosis. Damage to the vascular endothelium exposes pro-coagulating factors, such as collagen and von Willebrand factor (vWF), and stimulates the release of tissue factor (TF) (Grobler et al., 2020; Iba et al., 2020). Platelets express specific receptors for these molecules, including glycoprotein VI (GPVI) which binds to sub-endothelial collagen, and glycoprotein (GP) Ib-IX-V which binds to vWF (Falati et al., 1999; Grobler et al., 2020). In addition, activated platelets express P-selectin, which binds to monocytes and circulating neutrophils *via* the PSGL-1 receptor, causing activated monocytes to express TF and activated neutrophils (McFadyen et al., 2020). Curcumin exerts a critical antiplatelet effect, preventing platelet adhesion to the vascular endothelium and subendothelium, in addition to reducing the expression of P-selectin and GP VI (Zhang et al., 2008; Mayanglambam et al., 2010).

Activated neutrophils release extracellular neutrophil traps (NETs). This process is accompanied by cell death (NETosis) and can exacerbate the inflammatory response (Schönrich and Raftery, 2016; Bonaventura et al., 2018). NETs can contribute to the formation of clots and thrombi *via* platelet-dependent or independent pathways. The latter can cause total blood vessel occlusion, resulting in organ damage (Jiménez-Alcázar et al., 2017; Gómez-Moreno et al., 2018). Studies have shown that defects in NET degradation cause partial or total obstruction of blood vessels in the lungs (Jiménez-Alcázar et al., 2017). Furthermore, analyses of lung tissue collected at autopsy from patients with acute respiratory distress syndrome and sepsis revealed the presence of NET components in the observed clots (chromatin and myeloperoxidase), indicating that NETs can form intravascular clots in humans (Jiménez-Alcázar et al., 2017). The products released from NETs can also be cytotoxic to endothelial cells, leading to the recruitment of more NETs, which contributes to a thrombo-inflammatory response (Gómez-Moreno et al., 2018). Curcumin treatment, both *in vitro* and *in vivo*, was demonstrated to inhibit the function of NETs and reduce neutrophilic infiltration in a murine air pouch model induced by LPS (Antoine et al., 2013). In addition, the reduction in expression of P-selectin promoted by curcumin may be a key mechanism in the reduction of NETs; this is because platelets use P-selectin to bind to neutrophils, thereby promoting neutrophilic activation (Zhang et al., 2008; McFadyen et al., 2020).

In endothelial cells associated with the airways, the increased concentration of Ang II causes TF to be upregulated, with consequent activation of the pro-coagulant response (Nishimura et al., 1997). TF is expressed after vascular injury or activation of endothelial cells. Inflammatory mediators, such as TNF- α and IL-1 β , are important inducers of TF in endothelial cells (Pendurthi et al., 1997). When expressed, TF serves as a receptor for factor VIIa, and the binding of factor VIIa to TF initiates the coagulation cascade. This leads to thrombin generation and sequential clot formation with the deposition of fibrin protofibrils (Hergenhahn et al., 2002; Butenas et al., 2008; D'Alessandro et al., 2018; Sathler, 2020).

Treatment of human endothelial cells with curcumin inhibited the expression of TF induced by TNF- α , LPS, and thrombin (Pendurthi et al., 1997). Curcumin was also found to inhibit platelet aggregation induced by arachidonic acid, adrenaline, and collagen (Srivastava et al., 1995). These findings corroborate those of another study that revealed the inhibition of platelet agonists, viz. epinephrine-induced platelet aggregation, platelet-activating factor (PAF), and arachidonic acid, with curcumin (Shah et al., 1999). Furthermore, curcumin has been shown to inhibit the formation of thromboxane A₂ (TXA₂) by platelets (Shah et al., 1999). Platelet aggregation is stimulated by TXA₂ produced by active platelets, and promotes the activation of other platelets. Pretreatment of platelets with curcumin inhibited platelet aggregation induced by the calcium ionophore A-23187, following curcumin interfering with the mobilization of intracellular Ca²⁺, which is essential for platelet aggregation (Shah et al., 1999). Curcumin has also been shown to decrease the levels of D-dimers, circulating platelets, and inhibit diesel exhaust particles (DEP) (Nemmar et al., 2012).

Curcumin administration in an *in vivo* model of disseminated intravascular coagulation (DIC) reduced the circulating levels of TNF- α , preventing the consumption of peripheral platelets and plasma fibrinogen (Chen et al., 2007). Curcumin also reduced the deposition of fibrin in the renal glomeruli, a characteristic finding of DIC with curcumin (Chen et al., 2007). In a clinical study, a 10 mg curcumin injection administered for 15 days was sufficient to reduce plasma fibrinogen levels (Ramirez Bosca et al., 2000).

Procoagulant and pro-thrombotic events are recurrent in patients with COVID-19 and can cause significant damage. Curcumin, a well-tolerated natural compound, is a promising candidate for studies in the context of COVID-19 disorder hemostatic. In fact, several *in vitro* and *in vivo* studies have reported its anticoagulant and antithrombotic effects. Therefore, the mechanisms described in the management of other diseases can be reused for new studies regarding hemostatic disorders induced by SARS-CoV-2 deserving further investigation. The molecular mechanisms underlying the targets of curcumin

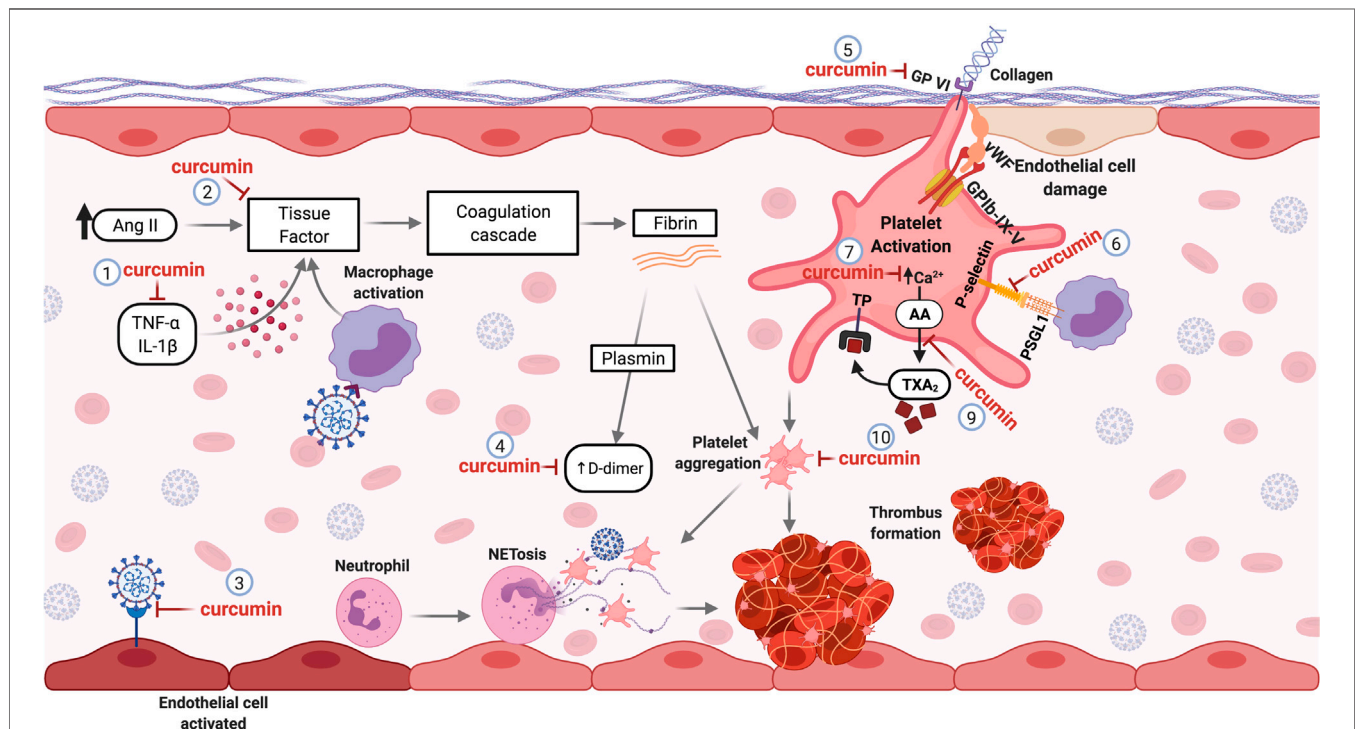


FIGURE 3 | Curcumin as a Potential antithrombotic in hemostatic disorders induced by SARS-CoV-2. Pro-inflammatory cytokines and Ang II elevated levels can induce the production of tissue factor (TF) by the endothelial cells, initiating the coagulation cascade. Curcumin decreases pro-inflammatory cytokines (1) and inhibits TF expression (2) in the vascular endothelium, avoiding the activation of the coagulation cascade. The affinity of curcumin by the SARS-CoV-2 protein S and ACE2 binding can prevent the infection and activation of endothelial cells (3). During the activation of the coagulation cascade, fibrinolysis can occur, generating D-dimers. Curcumin treatment decreases fibrin deposition and D-dimer levels formation (4). Lesions of the endothelial cells can expose the subendothelial collagen, which can be recognized by the platelet's receptor (GP-VI), leading to platelet cell activation. Curcumin can inhibit the GP-VI receptor, reducing and/or abolishing the platelet activation by binding to collagen (5). The interaction of platelets with monocytes through binding the P-selectin-PSGL-1 receptor promotes monocyte activation, causing an increase of TF expression. Curcumin inhibits this interaction by inhibiting P-selectin in platelets (6). The mobilization of intracellular calcium mediates platelet aggregation. Curcumin prevents calcium-mediated platelet aggregation (7). Besides, curcumin inhibits the thromboxane A₂ (TXA₂) generation (9) released by activated platelets to stimulate other platelet activation. Thus, curcumin inhibits platelet aggregation (10). Abbreviations: TNF- α , tumor necrosis factor alpha; IL-1 β , interleukin 1 beta; Ang II, angiotensin II; GPVI, glycoprotein VI; vWF, Von Willebrand factor; GPIb-IX-V, glycoprotein (GP) Ib-IX-V; PSGL-1, P-selectin glycoprotein ligand-1; AA, arachidonic acid; TXA₂, thromboxane A₂; TP, thromboxane receptor.

involved thrombotic and coagulant disorders caused by COVID-19 are illustrated in **Figure 3**.

CURCUMIN AS A POTENTIAL AGENT AGAINST PULMONARY IMPAIRMENT

Alveolar type II (ATII) cells are the primary target of SARS-CoV-2 infection, triggering the apoptotic death of target cells and subsequent infection of adjacent ATII alveolar cells (Mason, 2020). The inflammatory process, together with cellular damage, results in the appearance of multinucleated giant cells and a fibrin-rich hyaline membrane, which causes diffuse alveolar damage that can progress to acute respiratory distress syndrome (ARDS) (Dushianthan et al., 2011). In a model of lung injury induced by benzo (a) pyrene (BaP), curcumin reduced the death of ATII cells and decreased the levels of pro-inflammatory cytokines (TNF- α , IL-6, and C-reactive protein) in serum (Almatroodi et al., 2020).

In more severe cases, patients with COVID-19 may require mechanical ventilation (MV) (Fan et al., 2020). However, inadequate MV can worsen pulmonary pathology. Ventilator-induced lung injury (VILI) causes lung expansion conversion into biochemical signals, resulting in increased activation of inflammatory cells (Silva et al., 2015). Experimentally, it has been shown that curcumin reverses the damage caused by VILI, reducing edema and lung injury. This effect was found to be mediated by the inhibition of NF- κ B and the reestablishment of the redox balance from recovery of total antioxidative capacity (Wang et al., 2018).

High levels of circulating NETs have been detected in intubated patients with COVID-19 (Middleton et al., 2020). A correlation between severity and NETs has been established, suggesting that NETs contribute to COVID-19-related lung injury. In addition, platelet colocalization with citrullinated histone H3⁺ and NETs indicated the presence of NETosis in pulmonary microthrombi of patients who died of COVID-19 (Middleton et al., 2020). In the lungs, NETs have a cytotoxic effect on epithelial cells, endothelial cells, and connective tissue, which can aggravate pulmonary pathology (Saffarzadeh et al., 2012). In sepsis and ARDS, NETs cause cell damage and microthrombi, potentially resulting in multiple organ dysfunction and death (Czaikoski et al., 2016; Lefrançois et al., 2018; Papayannopoulos, 2018). In experimental studies involving ARDS due to polymicrobial sepsis (CLP), curcumin decreased the apoptosis of lung cells and attenuated the severity of lung injury. IL-17A acts on ATII cells causing them to release CXCL-1, in turn inducing neutrophil aggregation. Curcumin treatment reduced the levels of IL-17A and neutrophils in the lungs (Chai et al., 2020).

Regulatory T cells (Tregs) are essential regulators of the inflammatory process and generate an adequate immune microenvironment through their anti-inflammatory and anti-apoptotic functions (Lin et al., 2018). Curcumin induces the differentiation of naïve CD4⁺ T cells to Tregs by regulating the expression of IL-10 (Chai et al., 2020). IL-10 is an anti-inflammatory cytokine that promotes macrophage reprogramming from an inflammatory profile (M1) to a repeating profile (M2) by suppressing the mTORC1 complex.

M2 macrophages decrease the inflammatory process and stimulate tissue repair in sepsis-induced LPA (Ip et al., 2017). Macrophages with the M1 phenotype are essential for controlling viral replication. However, limiting immunopathological reactions through the M2 phenotype is essential (Sang et al., 2015). In a COVID-19 study, severely ill patients showed a higher frequency of type M1 macrophages than patients with moderate infection or healthy control subjects who presented higher frequencies of type M2 macrophages (Liao et al., 2020). Curcumin promotes a decrease in M1 and an increase in M2 macrophages in septic lungs, indicating its potential effect on macrophage polarization (Chai et al., 2020).

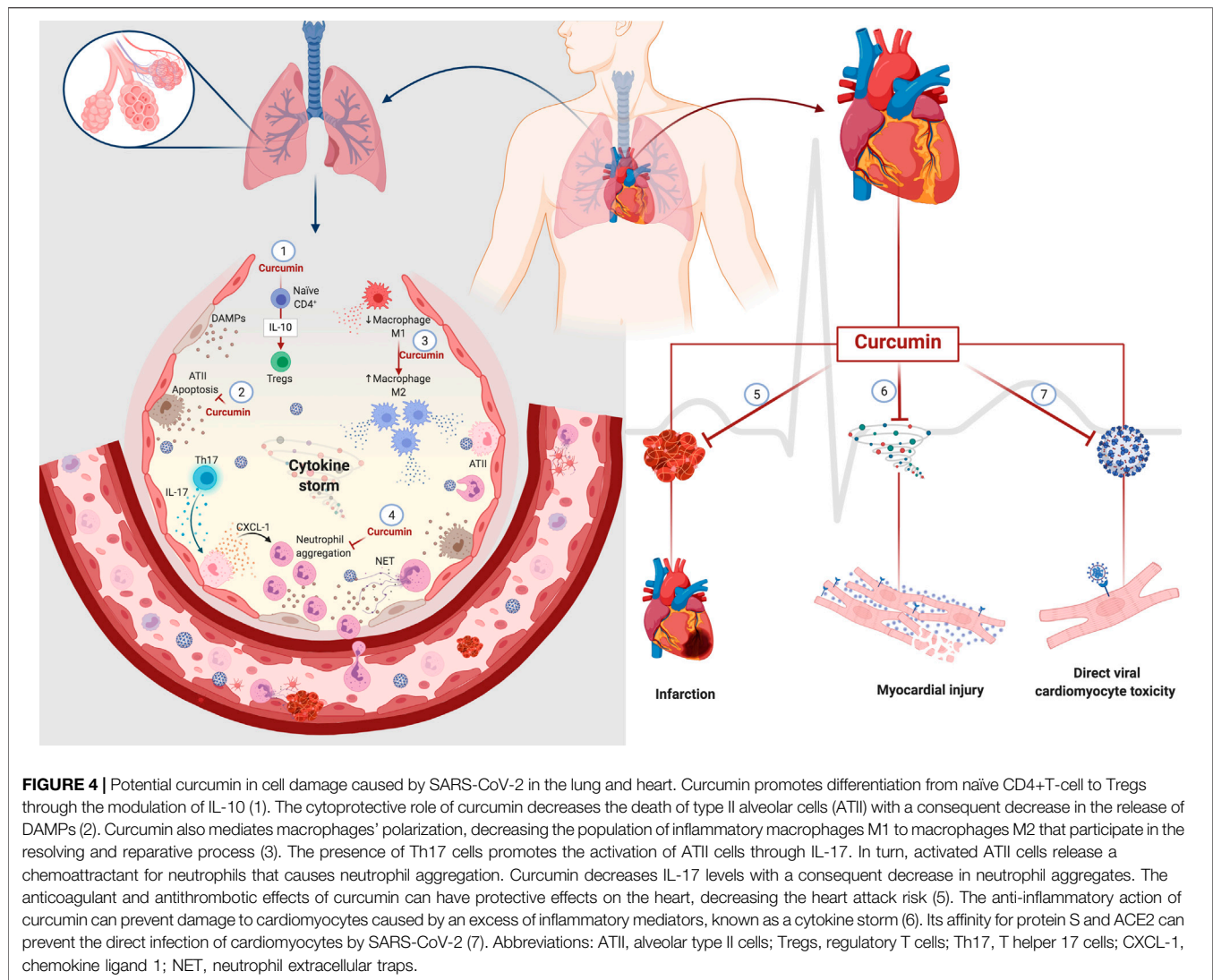
In an *in vivo* model of lung injury mediated by cyclophosphamide, treatment with curcumin reduced lung injury and restored the oxidant-antioxidant balance by reducing lipid peroxidation (Ashry et al., 2013). In LPS-induced acute lung injury (ALI), treatment with curcumin decreased pulmonary edema, increased PaO₂, and improved lung function (Cheng et al., 2018). ALI can be a consequence of hemorrhagic shock and resuscitation (HSR). Animals subjected to HSR and treated with curcumin showed a reduction in the levels of reactive oxygen species, TNF- α , and neutrophilic infiltrates. Such finding indicates that the treatment provided a protective pulmonary barrier function (Yu-Wung Yeh and Wang, 2020). ALI and ARDS studies in animals with sepsis showed that treatment with curcumin attenuated lung damage and decreased proinflammatory cytokine levels (Xiao et al., 2012; Xu et al., 2013; Liu et al., 2017).

Although clinical studies have not reported the direct effects of curcumin on respiratory impairment, the decrease in clinical manifestations (fever, cough, and dyspnea) in patients with COVID-19 is a promising indicator that encourages further investigations (Tahmasebi et al., 2020; Valizadeh et al., 2020). Many clinical trials have established the therapeutic potential of curcumin, either as a single agent or in combination with other drugs in various diseases, owing to its effect on diverse cell signaling pathways. The possible curcumin action sites that can be targeted after SARS-CoV-2-induced changes in the lungs are illustrated in **Figure 4**.

CARDIOPROTECTIVE EFFECTS OF CURCUMIN

Clinical reports involving some of the first patients with COVID-19 from the Wuhan province of China showed that 5 of the 41 patients had changes in levels of highly sensitive cardiac troponin I (hs-cTnI), indicating myocardial injury (Huang C. et al., 2020). Interestingly, some patients sought medical assistance after cardiac symptoms (palpitations and chest tightness) rather than the classic symptoms of COVID-19 (fever and cough) (Deng et al., 2020; Stefanini et al., 2020). In children, COVID-19 can cause a hyperinflammatory syndrome similar to Kawasaki disease (Riphagen et al., 2020).

Underlying CVD significantly increases the mortality rate of patients with COVID-19. One study showed that patients with COVID-19, CVD, and increased troponin T levels had a mortality rate of 69.4%; however, the mortality rate of patients



with COVID-19 with increased levels of troponin T without CVD was 37.5% (Guo et al., 2020).

The cardiac events reportedly caused by COVID-19 include acute myocardial injury, heart failure, acute coronary syndrome, infarction, and arrhythmia (Lang et al., 2020; Amirfakhryan and Safari, 2021). The hypotheses surrounding cardiovascular involvement in COVID-19 involve direct infection of cardiac cells by SARS-CoV-2, injury mediated by the inflammatory process, reduced oxygen supply, hypoxia, microthrombi, and stress cardiomyopathy (Lang et al., 2020; Amirfakhryan and Safari, 2021). Histopathological analysis of the heart of a patient with COVID-19 revealed cardiac tissue with a fibrin thrombus in a perforating vein associated with myocardial infarction, myocardial necrosis (transmural), and neutrophilic infiltrates (Rapkiewicz et al., 2020).

In experimental models of sepsis, curcumin proved to be effective at improving the survival parameters, reducing hypovolemia levels observed in the late phase of sepsis, suppression of hyperglycemia in the acute phase, and attenuation of hypoglycemia in the late stage (Silva et al.,

2017). Curcumin also attenuated heart damage induced by sepsis; improved cardiac function and body temperature (Yang et al., 2013); and reduced troponin I levels and the product of lipid peroxidation, suggesting its reduction of oxidative damage (Yang et al., 2013).

The restoration of blood flow in the ischemic myocardium can exacerbate tissue injury and result in a poorly adaptive tissue process (Vinten-Johansen et al., 2005; Prasad et al., 2009). First, oxidative stress activates metalloproteinases (MMPs) that promote degradation of the extracellular matrix (ECM). This results in the progressive expansion of the infarction, thinning of the ventricular wall, and dilation of the chamber (Wang et al., 2012). The cure for the infarction involves deposition of collagen, forming a fibrotic and non-functional scar. In an experimental model of ischemia and reperfusion, treatment with curcumin reduced ECM degradation by MMPs and increased the synthesis of collagen and the accumulation of myofibroblasts (Wang et al., 2012). Consequently, there was an improvement in cardiac function, reduced left ventricle dilation, and increased wall thickness (Wang et al., 2012).

An increased number of studies evaluating post-COVID-19 sequelae warns of cardiovascular symptoms, such as chest pain and palpitations (Schneider, 2020; Carvalho-Schneider et al., 2021; Halpin et al., 2021; Huang et al., 2021; Vallejo et al., 2021). The cumulative incidence of thrombosis (2.5% at 30 days after discharge), including segmental pulmonary embolism, intracardiac thrombus, thrombosed arteriovenous fistula, and ischemic stroke, were reported in a single-center study in the United States with 163 patients (Patell et al., 2020). The 6-month post-evaluation of COVID-19 showed that patients suffer from long-term sequelae of the disease, including venous thromboembolic diseases (cardiovascular and cerebrovascular events) (Huang et al., 2021). Currently, there are no reports of curcumin in cardiac changes resulted from COVID-19. However, based on data published on other diseases and cardiac disorders, we hypothesize that curcumin may be a promising agent in preventing cardiovascular damage caused by SARS-CoV-2 infection, as summarized in **Figure 4**.

CONCLUSION

Due to the uncountable mechanisms of action addressed in this and other reviews, it has been reinforced that curcumin could serve as an adjuvant drug in COVID-19 treatment (Babaei et al., 2020; Manoharan et al., 2020; Roy et al., 2020; Soni et al., 2020; Zahedipour et al., 2020; Saeedi-Boroujeni et al., 2021; Thimmulappa et al., 2021). The multiplicity of pathophysiological responses induced by SARS-CoV-2 highlights the need for a combination of different drugs as a treatment strategy (i.e., there is no single "magic pill" for the cure of COVID-19). Curcumin is a well-tolerated natural compound in humans, even at high concentrations (Dhillon et al., 2008; Kanai et al., 2011; Gupta et al., 2013). Thus, its combination with drugs that are already approved for use appears logical. Curcumin is a well-tolerated natural compound in humans, even at high concentrations (Dhillon et al., 2008; Kanai et al., 2011; Gupta et al., 2013). Thus, its combination with drugs that are already approved for use appears logical. The first results from the studies regarding the effect of curcumin in patients with COVID-19 are promising. However, several questions need to be answered: 1)

Does curcumin prevent SARS-CoV-2 infection of the host cells? 2) Does curcumin treatment attenuate respiratory and cardiovascular system commitment? 3) Is the curcumin able to reestablish hemostatic homeostasis?

Despite the absence of specific studies addressing the mechanism of action of curcumin in the treatment of COVID-19, currently, the world is experiencing an uncommon situation, which has led researchers and physicians to evaluate the available knowledge to the other diseases, in an attempt to design more promising pathways against SARS-CoV-2. In conclusion, this review strategically contributes to the relentless search for therapies that can act on combat of COVID-19, in addition to providing targets for future studies using the curcumin as an adjuvant treatment to COVID-19.

AUTHOR CONTRIBUTIONS

BR: Conceptualization, Writing—original draft, author of illustrations. SR: Conceptualization, Writing—review and editing, Funding acquisition. MC: Conceptualization, Writing—review and editing, Funding acquisition, Supervision.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Myricetin Inhibits SARS-CoV-2 Viral Replication by Targeting M^{pro} and Ameliorates Pulmonary Inflammation

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The coronavirus disease 2019 (COVID-19) has spread widely around the world and has seriously affected the human health of tens of millions of people. In view of lacking anti-virus drugs target to SARS-CoV-2, there is an urgent need to develop effective new drugs. In this study, we reported our discovery of SARS-CoV-2 M^{pro} inhibitors. We selected 15 natural compounds, including 7 flavonoids, 3 coumarins, 2 terpenoids, one henolic, one aldehyde and one steroid compound for molecular docking and enzymatic screening. Myricetin were identified to have potent inhibit activity with IC₅₀ 3.684 ± 0.076 μM in the enzyme assay. The binding pose of Myricetin with SARS-CoV-2 M^{pro} was identified using molecular docking method. In the binding pocket of SARS-CoV-2 M^{pro}, the chromone ring of Myricetin interacts with His41 through π-π stacking, and the 3'-, 4'- and 7-hydroxyl of Myricetin interact with Phe140, Glu166 and Asp187 through hydrogen bonds. Significantly, our results showed that Myricetin has potent effect on bleomycin-induced pulmonary inflammation by inhibiting the infiltration of inflammatory cells and the secretion of inflammatory cytokines IL-6, IL-1α, TNF-α and IFN-γ. Overall, Myricetin may be a potential drug for anti-virus and symptomatic treatment of COVID-19.

Keywords: COVID-19, SARS-CoV-2, 3CLpro (M^{pro}), myricetin, pulmonary inflammation

INTRODUCTION

The new type of coronavirus pneumonia is called COVID-19, which is a viral respiratory disease caused by the SARS-CoV-2 infection (Mittal et al., 2020; Wang et al., 2020). COVID-19 caused a global health emergency and was declared a pandemic by the World Health Organization (Ciotti et al., 2019; Kumar et al., 2020). The spread of COVID-19 brought great harm and social impact (Tandon, 2020). As of December 1, 2020, the cumulative number of confirmed cases has near to 70 millions all over the world. The overall mortality reaches about 2.19% (Cucinotta and Vanelli, 2020). Based on the data from the Chinese National Reporting System, as of February 20, 2020, 80% of the reported confirmed cases were without pneumonie, or had mild to mode rate pneumonia; about 15% had severe pneumonia (Park, 2020). Although some mild patients can heal on their own, there are still many patients who progress rapidly in the later stages, and develop into acute respiratory distress syndrome and fibrosis (Ozma et al., 2020). And now, there are still no specific

medicines and effective therapeutic methods. Therefore, there is an urgent need to developing specific drugs for COVID-19.

SARS-CoV-2 is a single positive-stranded RNA virus, it contains about 30,000 basic group and 14 open reading frames (ORFs), which can coding replicases, four structural proteins (Spike, Envelope, Membrane and Nucleocapsid protein), 16 non-structural proteins (NSPs) and nine accessory proteins (Boopathi et al., 2020; Mittal et al., 2020; Sarma et al., 2020). NSPs play an important role in the replication and transcription cycle of the virus. NSP5 is the main protease of SARS-CoV-2, also called 3CLpro, it is essential for viral polyproteins processing and maturation (Anand et al., 2003; Jin et al., 2020; Liu et al., 2020; Zhang et al., 2020), therefore, it is recognized as an important potential drug target (De Clercq and Li, 2016).

Natural products (NPs) received great attention by scientific to discover potential drugs for the treatment of various diseases, such as cancer (Cragg et al., 1997), HIV (Kurapati et al., 2015), malaria (Clark, 1996) and cardiovascular disease (Mashour et al., 1998). And recently, a large of studies reported the screening result of NPs as anti-SARS-CoV-2 inhibitors based on *in-silico* drug discovery approaches (Ibrahim et al., 2020; Joshi et al., 2020; Li et al., 2020), but there are few reports on the directly inhibition of enzyme activity. We identified Myricetin as a potent inhibitor of SARS-CoV-2 M^{Pro} from 15 NPs by molecular docking and enzymatic assay in this study. Myricetin also exhibit potent anti-inflammation effect on bleomycin-treated mice. It suggests that Myricetin might be a promising candidate for COVID-19 therapy.

METHOD

Drugs and Reagents

The 15 test compounds were mainly obtained from Pusi Biotechnology Co. Ltd. (Chengdu, China). The enzyme activity inhibitor screening kit was purchased from Beyotime Biotechnology (Shanghai, China).

Molecular Docking

The crystal structure (PDB ID: 6LZE) of SARS-CoV-2 M^{Pro}, which was resolved by Dai et al. (Dai et al., 2020), was extracted from the RCSB Protein Data Bank (PDB). Then, the protein structure was prepared using the Protein Preparation Wizard module in Schrodinger 2017 (Bhachoo and Beuming, 2017) to remove all crystallographic water molecules, correct side chains with missing atoms, add hydrogen atoms and assign protonation states and partial charges with the OPLS_2005 force field. The Protein Preparation Wizard module of Schrödinger was applied to add hydrogen. The protonation states for the hydroxyl, Asn, Gln, and His were optimized using the ProtAssign module of Schrödinger. After that, the protein structure was minimized until the root-mean-square deviation (RMSD) of the nonhydrogen atoms reached less than 0.3 Å. The structures of the 15 natural compounds and 17 chemical compounds were prepared using the LigPrep module of the Schrodinger 2017 molecular modeling package to add hydrogen atoms, convert 2D structures to 3D, generate stereoisomers and determine the ionization state at pH

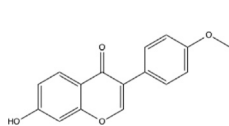
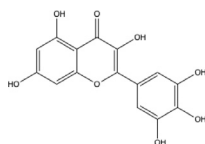
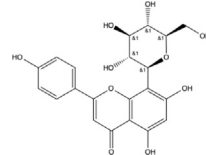
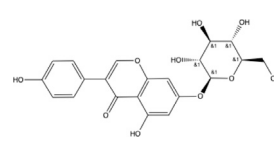
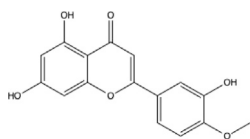
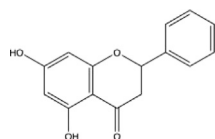
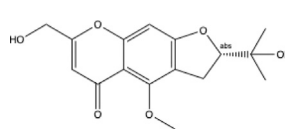
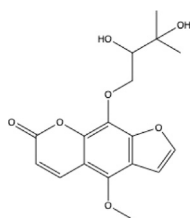
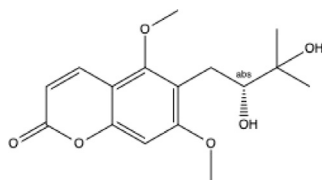
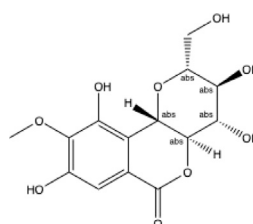
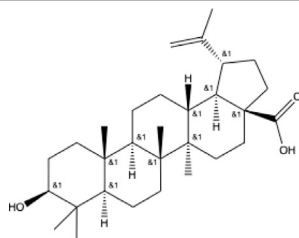
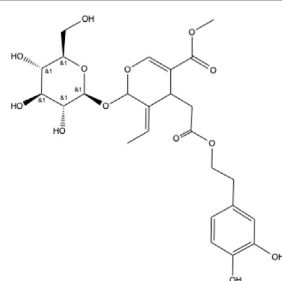
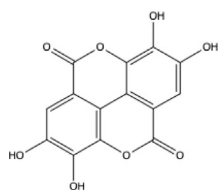
7.0 ± 2.0 with Epik. Using the prepared receptor structure, a receptor grid was generated around the original ligand site of the crystal structure. Then, the 15 natural compounds and 17 chemical compounds were docked to the receptor using the Glide XP protocol.

Protease Activity Assay

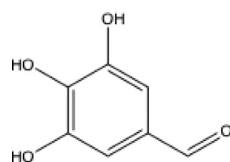
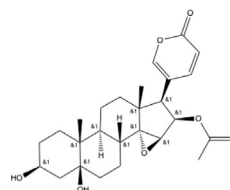
Enzyme activity inhibitor screening adopts fluorescence resonance energy transfer method. The protease assays were performed in 96-well black flat-bottomed plates with a final volume of 100 µl. The SARS-CoV-2 M^{Pro}, at a final concentration of 0.3 µM was pre-incubated for 5 min at 37°C with different compounds, at a final concentration of 50 µM in the assay buffer (50 mM Tris, 150 mM NaCl, 1 mM EDTA, 1% glycerol, PH7.3). The FRET substrate, Dabcyl-KTSAVLQSGFRKME-Edans (Jin et al., 2020), is added at a final concentration of 20 µM to the enzymatic reaction mixture for 10 min at 37°C. The blank control well consists of 93 µl assay buffer, 5 µl DMSO and 2 µl Substrate. Enzyme activity control well contains of 92 µl assay buffer, 1 µl M^{Pro}, 5 µl DMSO and 2 µl Substrate, sample wells are 92 µl assay buffer, 1 µl M^{Pro}, 5 µl compound and 2 µl Substrate. After incubating at 37°C for 5 min in the dark, the fluorescence signals (excitation/emission, 340 nm/490 nm) of released EDANS were measured using a multiscan spectrum (Thermo, United States). The results were plotted as dose inhibition curves using nonlinear regression with a variable slope to determine the IC₅₀ values by GraphPad Prism 7.0.

Molecular Dynamics Simulation

To investigate the stability of Myricetin inside the active site of SARS-CoV-2 M^{Pro}, molecular dynamics (MD) simulation was performed on the binding complex of SARS-CoV-2 M^{Pro} with Myricetin obtained from the molecular docking. The MD simulation was carried out using the PMEMD module of AMBER18. The AMBER FF14SB force field (Maier et al., 2015) was used for SARS-CoV-2 M^{Pro} and the GAFF force field (Wang et al., 2004) was used for Myricetin. The binding complex was neutralized by adding sodium counterions and was solvated in a rectangular box of TIP3P water molecules, with a minimal distance of 12 Å from the protein to the box boundary. The system was subject to energy minimization for 10,000 steps. Next, the complex was gradually heated from 0 to 310 K, followed by equilibration for 5 ns using NVT ensemble, and the protein and ligand were constrained with a force constraint of 50 kcal mol⁻¹·Å⁻². Then, the system was equilibrated for 30 ns using the NPT ensemble with constraint force constant gradually decreased and finally removed for the production MD simulation. The production MD at 310 K was kept running 100 ns to obtain a stable MD trajectory. During the MD simulation, a 12 Å nonbonded interaction cutoff was used, the SHAKE algorithm integration was used to constrain covalent bonds that involved hydrogen atoms and the particle mesh Ewald (PME) method was applied to treat long-range electrostatic interactions. The frames were saved every 5000 steps for analysis. Binding free energy between the SARS-CoV-2 M^{Pro} and Myricetin was calculated with the MM-GBSA method.

TABLE 1 | List of drug molecular docking and primary FRET assay against SARS-CoV-2 M^{pro}.**Flavonoids compounds**Formononetin(1)
docking score (−5.988)Myricetin(2)
docking score (−8.473)Vitexin(3)
docking score (−8.359)Genistin(4)
docking score (−7.934)Diosmetin(5)
docking score (−7.761)Pinocembrin(6)
docking score (−6.748)Cimifugin(7)
docking score (−6.578)**Coumarins compounds**Byakangelicin(8)
docking score (−7.177)Toddalolactone(9)
docking score (−6.527)Bengenin(10)
docking score (−6.143)**Terpenoid**Betulinic acid(11)
docking score (−3.623)Oleuropein(12)
docking score (−10.33)**Henolic compound**

Ellagic acid(13) docking score (−7.222)

Aldehyde compound3,4,5-Trihydroxybenzaldehyde(14)
docking score (−3.828)**Steroid**

Cinobufotalin(15) docking score (−4.24)

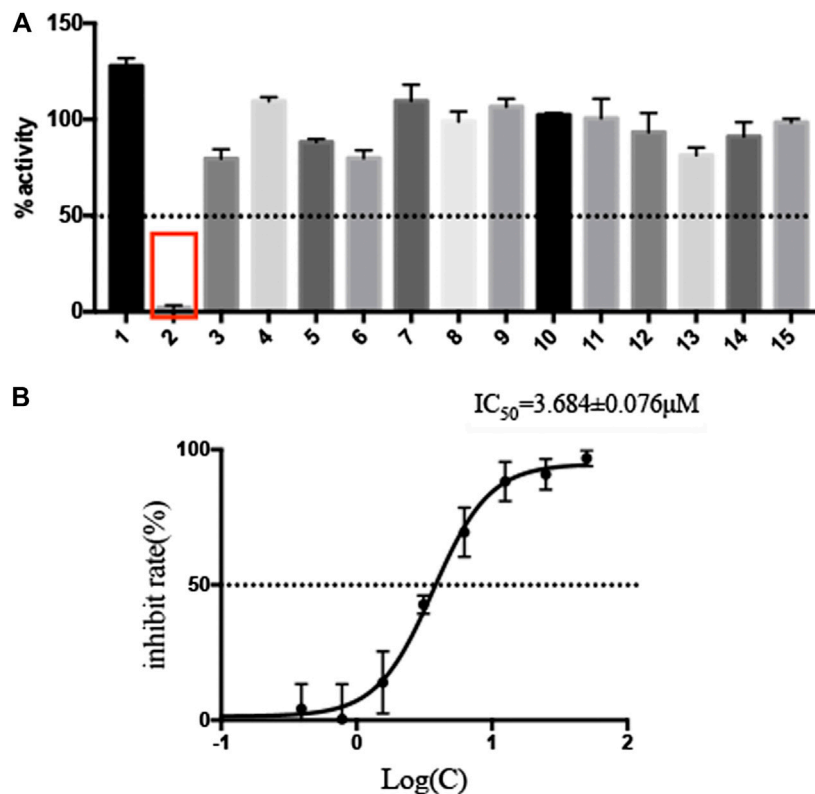


FIGURE 1 | Screening of natural compounds against SARS-CoV-2 M^{Pro} and the inhibitory activity of Myricetin *in vitro*. **(A)** 50 μM compound was pre-incubated with 0.3 μM SARS-CoV-2 M^{Pro} at 37°C for 10 min, and then 20 μM FRET substrate was added to the reaction mixture to initiate the reaction. The excitation wavelength is 340 nm and the emission wavelength is 490 nm for fluorescence measurement. Results Inhibition rate (%) = (RFU100% enzyme activity control-RFU sample)/(RFU100% enzyme activity control-RFU blank control) \times 100%. The results are average \pm standard deviation of three repeats. **(B)** The inhibitory assay of Myricetin show efficient inhibition for M^{Pro}. Error bars: mean \pm S.D. of three independent replicates.

Cytotoxicity Assay

BEAS-2B cells were cultured at 37°C with 5% CO₂ in a humid atmosphere. BEAS-2B cells were maintained in 96-well plates at 5×10^4 cells/ml, and were cultured with serially twice diluted Myricetin for 48 h. 15 μl MTT reagent was added in each well of 96-well plate, Cell viability was measured after 4 h of culture at 37°C. The resulting formazan crystals were dissolved with 120 μl of DMSO solution. The value of OD was measured at a wavelength of 570 nm by using Thermo Scientific™ Multiskan™ FC (New York, NY, United States). These experimental results were repeated at least three times.

Animals and Bleomycin Administration

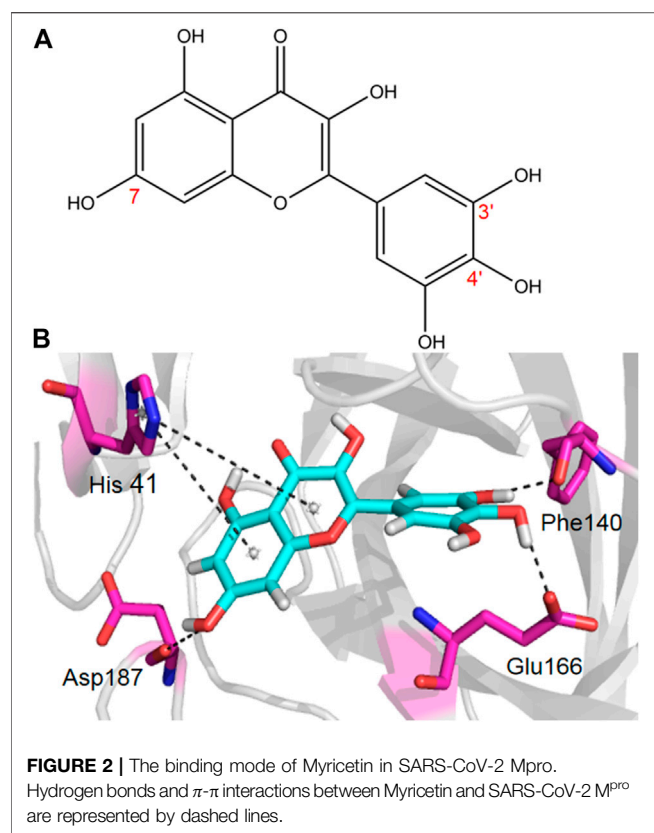
Male C57BL/six mice (6–8 weeks, 20–25 g) were purchased from Charles River Laboratory (Beijing, China). All animal feeding and testing procedures comply with the criteria approved by the Institutional Animal Care and Use Committee (IACUC) of Nankai University (Permit No. SYXK 2014-0003). Mice were exposed to a controlled temperature (22–26°C), humidity (60 \pm 2%) and a 12 h cycle of light and dark, giving them free access to food and water.

Mice were intratracheal injected with bleomycin (BLM). In short, mice were anesthetized by intraperitoneal injection of

1% pentobarbital sodium, followed by intratracheal injection of 2.5 U/kg bleomycin (BLM, China Hanfai Manufacturing Co., LTD.) with sterile insulin syringe. After injection, the mice were immediately raised and gently flapped to evenly distribute the liquid in the lungs. In the control group, the same method was used to inject the same amount of normal saline (0.9% NaCl), the 30 mice were randomly divided into six groups, with five mice in each group: control group, BLM model group, BLM + pirfenidone (PFD) group (200 mg/kg), BLM + Myricetin group (25 mg/kg), BLM + Myricetin group (50 mg/kg), BLM + Myricetin group (100 mg/kg). Pirfenidone was used as positive control. The drug Pirfenidone or Myricetin was given daily intragastric administration 1–7 days after BLM injury, the control group and BLM model group were given the same amount of normal saline. Mice were euthanized on the eighth day after administration to assess pulmonary inflammation.

Bronchoalveolar Lavage Fluid

The lungs were lavaged with PBS to collect bronchoalveolar lavage fluid (BALF), underwent lavage through a blunt needle attached to a syringe, which worked as a trachea cannula in the airway. Bronchoalveolar lavage fluid (BALF) was collected by washing the



lung through a tracheal intubation. The lungs were washed twice times, and each time 1 ml PBS was used, rinse once and twice for the second time. The BALF was centrifuged at 3,000 rpm for 10 min and collected the supernatant and stored at -80°C . The supernatant was used for inflammatory factor analysis. The precipitated cells were resuspended with 1 ml red blood cell lysis buffer. H&E staining was performed on each suspension smear, and cell classification and count were performed. Neutrophils, macrophages and lymphocytes were counted under an optical microscope using standard morphological standards.

Histological Examination

The left lung was fixed with 10% paraformaldehyde for 24 h, the excess tissues were removed and embedded in paraffin. Lung sections were prepared (4 μm), hematoxylin -eosin (H&E) staining (Zsbio, China) for histological examination.

ELISA Detection

The supernatant of BALF was used to detect the concentration of inflammatory factors including IL-1 α , IFN- γ , IL-6, TNF- α and IL-4 using enzyme-linked immunosorbent assay (ELISA) kits (Jianglai biotech, shanghai, China) in accordance with the manufacturer's protocol.

Statistical Analysis

Statistical analysis was performed using GraphPad Prism 7.0 software. Differences between experimental and control group

were assessed by Student's *t* test. Significant differences among multiple groups were detected by one-way ANOVA. $P < 0.05$ was considered as statistically significance, * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, NS: nonsignificant.

RESULTS

Molecular Docking

We docked the 15 natural compounds and 17 chemical compounds to the crystal structure of SARS-CoV-2 M^{pro}. The 2D structures of the 15 natural compounds and the corresponding Glide XP docking scores are listed in **Table 1** and the 2D structures of the 17 chemical compounds and the corresponding Glide XP docking scores are listed in **Supplementary Table S1**. Among them, four compounds (i.e. Myricetin, Vitexin, Genistin and Oleuropein) show docking scores lower than -8.0 , which indicates that these compounds might have effective inhibition on SARS-CoV-2 M^{pro} activity.

Fluorescence Resonance Energy Transfer (FRET)-Based Screening Assay

The selected 15 natural compounds belong to 6 different categories, 7 compounds are flavonoids, 3 compounds are coumarins. 2 compounds is terpenoid, one is henolic, one is aldehyde and one is steroid. We screened these 15 natural compounds and 17 chemical compounds by fluorescence resonance energy transfer enzymatic assay at a final concentration of 50 μM (**Figure 1A** and **Supplementary Figure S3**). We identified that Myricetin has effective inhibition on enzymatic activity, the inhibition rate reached 97.79%, but, other compounds did not show obvious inhibitory activity, including Oleuropein, Vitexin and Genistin with low molecular docking scores.

Myricetin Inhibit the SARS-CoV-2 M^{pro} Activity and Its Structural Basis

Given the encouraging results from the primary screening, we then further characterized the inhibitory activity of Myricetin in a dose gradient and the Myricetin inhibited SARS-CoV-2 M^{pro} with 50% inhibitory concentration values (IC_{50}) of $3.684 \pm 0.076 \mu\text{M}$ (**Figure 1B**). As the positive control, Ebselen inhibited M^{pro} with IC_{50} of $0.5417 \pm 0.0306 \mu\text{M}$ (**Supplementary Figure S4**). We measured the cell toxicity of Myricetin to BEAS-2B cell, after treated with Myricetin for 48 h, Myricetin had no cytotoxicity within 50 μM (**Supplementary Figure S2**). We also identified the structural basis of Myricetin and M^{pro}. To investigate the stability of Myricetin inside the active site of SARS-CoV-2 M^{pro}, we performed 100 ns MD simulation on the binding complex of SARS-CoV-2 M^{pro} with Myricetin. The revealed binding mode of Myricetin with SARS-CoV-2 M^{pro} is depicted in **Figure 2**, and the interaction details between Myricetin and SARS-CoV-2 M^{pro} over time are shown in **Supplementary Figure S5**. The calculated RMSD shows the stability of the system (**Supplementary Figure S5A**). RMSF

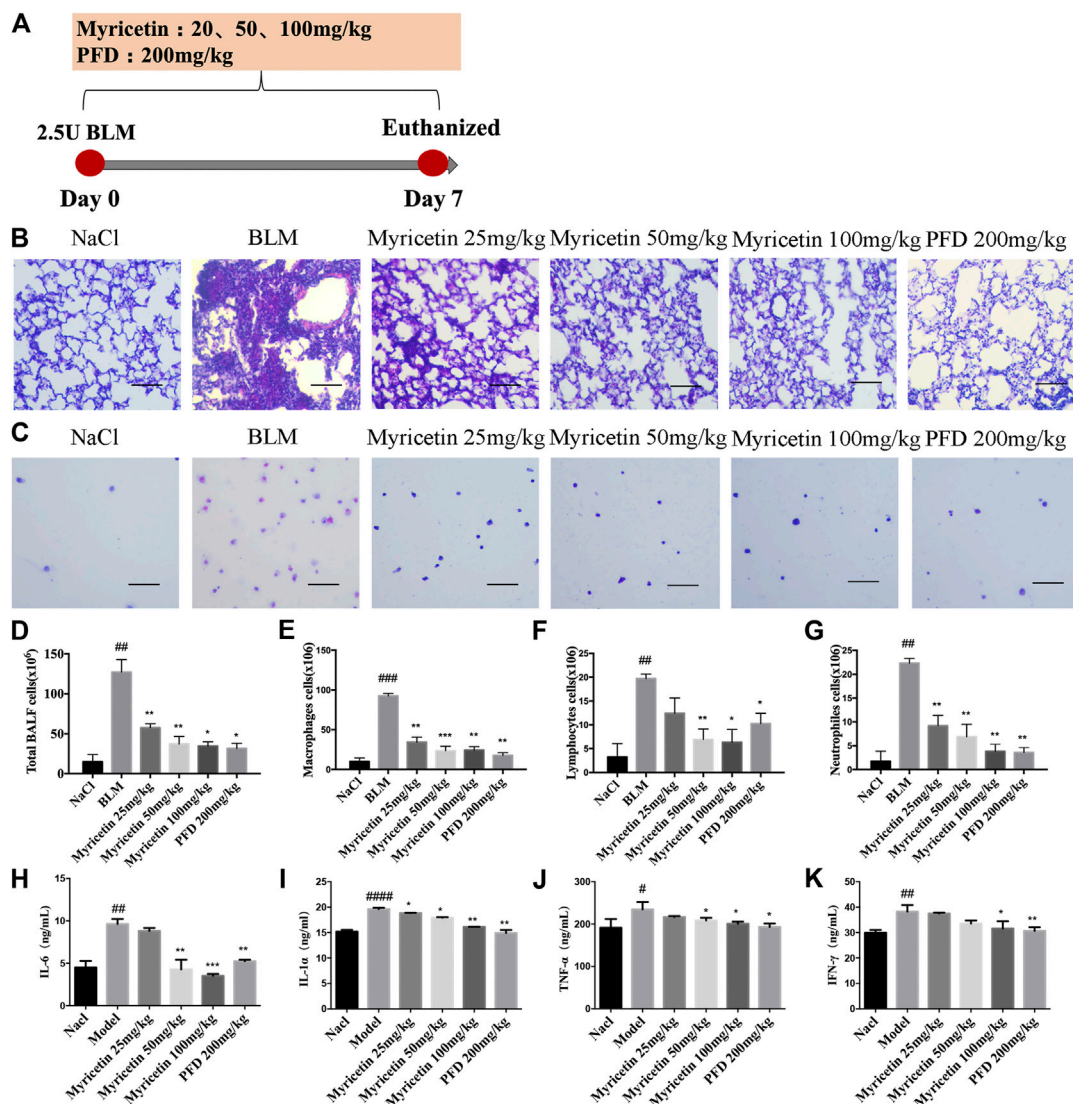


FIGURE 3 | Myricetin reduces the inflammatory response in BLM-treated mice. **(A)** Dosing regimen in BLM-induced inflammatory model. **(B–C)** H&E staining of left lung tissues (B, Scale: 50 μ m) and inflammatory cells in BALF (C, Scale: 20 μ m) of each group. **(D)** Total number of cells from BALF in each group. **(E)** Counts of macrophages in BALF. **(F)** Counts of lymphocytes in BALF. **(G)** Counts of Neutrophils in BALF. **(H–K)** The expression of inflammatory factors including IL-6, IL-1 α , TNF- α and IFN- γ in BALF were detected by ELISA. Data are shown as mean \pm SD. # represent the difference between NaCl and BLM-treated group, ## P < 0.01, ### P < 0.001, #### P < 0.0001. * represent the difference between BLM-treated and treatment group, * P < 0.05, ** P < 0.01, *** P < 0.001, **** P < 0.0001.

shows fluctuations are at the N-terminal and C-terminal ends of the protein (**Supplementary Figure S5B**). The chromone ring of Myricetin interacts with the imidazole side chain of His41 through π - π stacking (with the centroids distance of ~ 6.1 Å, **Supplementary Figure S5C**). The 3'- and 4'-hydroxyl of Myricetin form hydrogen bonds with the backbone oxygen of Phe140 and the side chain carboxyl oxygen of Glu166 (with the hydrogen bond lengths of ~ 2.3 Å and ~ 2.0 Å, **Supplementary Figures S5D,E**). The 7-hydroxyl of Myricetin forms a hydrogen bond with the backbone oxygen of Asp187 (with the hydrogen bond length of ~ 2.4 Å, **Supplementary Figure S5F**). These values indicate that Myricetin maintains its position in the binding pocket of SARS-CoV-2 M^{Pro}. The binding free energy of

Myricetin with SARS-CoV-2 M^{Pro} is -32.98 kcal/mol calculated using the MMGBSA method. We also performed docking and MD simulation for the control drug Ebselen in the same binding pocket of Myricetin (i.e. the Cys145 site). The binding pose of Ebselen in the Cys145 pocket is shown in **Supplementary Figure S6A**. The benzisoselenazolone ring and the benzene ring of Ebselen interact with the imidazole side chain of His41 through π - π stacking (with the centroids distance of ~ 4.8 and ~ 5.4 Å, **Supplementary Figures S6B,C**) in this pocket, and the binding free energy is only -17.68 kcal/mol. Fortunately, we found that the crystal structure of Ebselen bound to SARS-CoV-2 M^{Pro} was just deposited in the protein data bank quite recently (PDBID: 7BFB). In this structure, Ebselens covalently bind to SARS-CoV-2 M^{Pro}

through four binding sites, e.g. the Cys44 site, the Cys145 site, the Cys156 site and the Cys300 site. The aforementioned binding mode (in **Supplementary Figure S6A**) only reflects the binding of Ebselen in the Cys145 site. The molecular size of Ebselen is small, it can easily reach these four Cys sites in SARS-CoV-2 M^{Pro}. Moreover, the sulfhydryl group of Cys is quite active, when Ebselen enters the active site, they will react quickly and form the covalent complex. These provide the structural basis for Ebselen having lower IC₅₀ than other ligands.

Myricetin Reduced the Inflammatory Response in Bleomycin-Treated Mice and Macrophage

To study the anti-inflammatory effect of Myricetin on lung injury, a BLM-induced lung injury model was established. The drug was administered continuously for 7 days, and pirfenidone was used as a positive control (**Figure 3A**). The results of H&E staining in lung biopsy showed that Myricetin significantly improved the infiltration of inflammatory cells in BLM damaged lung tissue (**Figure 3B**). In the BALF of BLM-treated mice, the total number of inflammatory cells and the number of different inflammatory cells were significantly up-regulated, while the number of inflammatory cells in Myricetin-treated mice was significantly down-regulated in a dose dependent manner. The effect of high dose Myricetin (100 mg/kg) is similar to that of the positive drug pirfenidone (**Figures 3C–G**). In addition, the expression levels of inflammatory factors such as IL-6, TNF- α , IFN- γ and IL-1 α in BALF were measured, and the results showed that Myricetin significantly inhibited the expression levels of inflammatory factors (**Figures 3H–K**). These data showed that Myricetin reduced lung inflammation in BLM-induced mice.

DISCUSSION

The popularity of coronavirus disease 2019 (COVID-19) has given rise to an urgent need for new therapy strategies (Wu et al., 2020). At present, there is no available specific drugs targeting SARS-CoV-2 (Luo et al., 2020), but new drug candidates targeting the SARS-CoV-2 M^{Pro} to inhibit the viral replication are being explored with the X-ray crystal structure was reported (Garg and Roy, 2020; Jin et al., 2020; Ma et al., 2020; Zhang et al., 2020). Now, a large number of compounds have been screened by structure-based virtual screening, including FDA approved drug libraries (Kandeel and Al-Nazawi, 2020), drug candidates in clinical trials (Mahanta et al., 2020) and other pharmacologically active compounds (Vijayakumar et al., 2020). Lopinavir and nelfinavir (Costanzo et al., 2020; Reiner et al., 2020), the FDA approved antiretroviral drug used against HIV, showed excellent binding affinity with the M^{Pro} through virtual screening and *in silico* studies. However, it were proved that they have no inhibitory activity at 20 μ M by FRET-based assay (Hung et al., 2020), which reflecting the fact that no benefit was observed in patients with severe COVID-19. Tens of thousands of phytochemicals and Chinese medicinal agents,

such as flavonoids, garlic, naturally occurring coumarin derivatives and green tea polyphenols, have been determined to have higher affinity than some marketed drugs and may be promising candidates, but their usefulness for targeting M^{Pro} needs experimental validation and clinical manifestation (Ghosh et al., 2020; Joshi et al., 2020; Li et al., 2020).

We compared the binding affinity of 15 natural compounds, contain of flavonoids, coumarins, terpenoids, henolic, aldehyde and steroid compounds, with SARS-CoV-2 M^{Pro} through virtual analysis. Oleuropein, Myricetin and vitexin have high affinity with M^{Pro}, however, only Myricetin exhibit significant inhibition with IC₅₀ 3.684 \pm 0.076 μ M by FRET-based assay. Structurally, Myricetin can interact with His41 through π - π stacking and form hydrogen bonds with Phe140, Glu166 and Asp187 in the catalytic center of SARS-CoV-2 M^{Pro}. This result indicates that the antiviral activity test based on experiments are necessary for developing more effective and reliable anti-SARS-CoV-2 drugs.

COVID-19 is an inflammatory disease caused by SARS-CoV-2 (Zhu et al., 2020). Excessive inflammation is central to a poor prognosis, and associated with inflammatory mediators such as IL-6 and lactate dehydrogenase (LDH) (Conti et al., 2020; Rodrigues et al., 2021). Here, we further evaluated the effect of Myricetin on pulmonary inflammation with bleomycin treated mice. The results showed that Myricetin can effective inhibit the infiltration of inflammatory cells and the secretion of inflammatory factors in the lung, especially lymphocytes and IL-6.

CONCLUSION

In a word, Myricetin may be an potential candidate drug for COVID-19 therapy by both anti-SARS-CoV-2 and anti-inflammation. Small-molecule bioactive natural products could be a useful source of SARS-CoV-2 M^{Pro} inhibitors and an effective first line of defense against COVID-19.

DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession numbers can be found in the article/**Supplementary Material**.

ETHICS STATEMENT

The animal study was reviewed and approved by the Institutional Animal Care and Use Committee (IACUC) of Nankai University (Permit No. SYXK 2014-0003).

AUTHOR CONTRIBUTIONS

HZ, CY, and DL contributed to the conception and design. TX, MC, CZ, MW, and RS contributed to the collection and assembly of data. DG, JB, SR, and JL contributed to the data analysis and

interpretation. BY and XL contributed to the data revision. TX and MC contributed to the manuscript writing. All author read and approved the final manuscript.

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The Role of Pulmonary Surfactants in the Treatment of Acute Respiratory Distress Syndrome in COVID-19

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Lung alveolar type-II (AT-II) cells produce pulmonary surfactant (PS), consisting of proteins and lipids. The lipids in PS are primarily responsible for reducing the air-fluid surface tension inside the alveoli of the lungs and to prevent atelectasis. The proteins are of two types: hydrophilic and hydrophobic. Hydrophilic surfactants are primarily responsible for opsonisation, thereby protecting the lungs from microbial and environmental contaminants. Hydrophobic surfactants are primarily responsible for respiratory function. Severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) enters the lungs through ACE-2 receptors on lungs and replicates in AT-II cells leading to the etiology of Coronavirus disease – 2019 (COVID-19). The SARS-CoV-2 virus damages the AT-II cells and results in decreased production of PS. The clinical symptoms of acute respiratory distress syndrome (ARDS) in COVID-19 patients are like those of neonatal respiratory distress syndrome (NRDS). The PS treatment is first-line treatment option for NRDS and found to be well tolerated in ARDS patients with inconclusive efficacy. Over the past 70 years, a lot of research is underway to produce natural/synthetic PS and developing systems for delivering PS directly to the lungs, in addition to finding the association between PS levels and respiratory illnesses. In the present COVID-19 pandemic situation, the scientific community all over the world is searching for the effective therapeutic options to improve the clinical outcomes. With a strong scientific and evidence-based background on role of PS in lung homeostasis and infection, few clinical trials were initiated to evaluate the functions of PS in COVID-19. Here, we connect the data on PS with reference to pulmonary physiology and infection with its possible therapeutic benefit in COVID-19 patients.

Keywords: pulmonary surfactant, COVID-19, SARS-cov-2, ARDS, NRDS

Abbreviations: AA, amino acid; ACE-2, angiotensin converting enzyme 2; ARDS, acute respiratory distress syndrome; AT-II, alveolar type-II; COVID-19, Coronavirus disease 2019; CPAP, continuous positive airway pressure; DAD, diffuse alveolar disease; DPPC, dipalmitoyl phosphatidylcholine; HIV, human immunodeficiency virus; NCT, National Clinical Trials; NL, neutral lipid; NRDS, neonatal respiratory distress syndrome; PC, phosphatidylcholine; PE, phosphatidylethanolamine; PG, phosphatidylglycerol; PL, phospholipid; POPG, palmitoyloleoyl phosphatidylglycerol; PS, pulmonary surfactant; RDS, respiratory distress syndrome; RSV, respiratory syncytial virus; SARS-CoV-2, Severe acute respiratory syndrome coronavirus 2; SP, surfactant protein.

INTRODUCTION

Human pulmonary surfactant (PS) is an endogenous lipoprotein complex produced naturally in the lungs. PS forms a layer on the alveolar epithelium and is responsible in reducing surface tension at the air-fluid interface on the alveolar surface (Agassandian and Mallampalli, 2013). The reduced alveolar surface tension will allow the expansion of alveoli and allows gas exchange (Seadler et al., 2020). Human PS contains phospholipids, mainly dipalmitoylphosphatidylcholine (DPPC), and surfactant proteins-A, B, C, and D. The PS is present as a barrier when inhaled particle and noxious agents come in contact with it and enhances the clearance of particles. PS also participate in host defense against infections and inflammation. The loss or deficiency in endogenous surfactant is implicated with respiratory disorders (Wert et al., 2009). During the gestation period, the production of endogenous lung surfactant results in lowering alveolar surface tension and stabilizes the alveoli to prevent the lung from collapsing at resting transpulmonary pressures. Premature infants are highly likely to be PS deficient, which causes increased surface tension leading to lung collapse and results in neonatal respiratory distress syndrome (NRDS). NRDS is associated with fast breathing, increased heart rate and

apoxia, which in certain cases may lead to death (Khawar and Marwaha, 2021). PS therapy is currently the first-line treatment for NRDS.

During the COVID-19 pandemic, patients admitted in intensive care units are mainly those with clinical symptoms of acute respiratory distress syndrome (ARDS). The severe acute respiratory syndrome coronavirus (SARS-CoV)-2-induced lung injury in COVID-19 patients may lead to respiratory failure. Emerging evidence on respiratory mechanisms suggests that clinical symptoms of ARDS in COVID-19 patients resemble to those of NRDS caused by surfactant deficiency.

In this review, we connect the current understanding of the pathophysiology of lungs in COVID-19 patients with the possible role of PS in circumventing ARDS symptoms in COVID-19 patients.

PULMONARY SURFACTANT IN LUNG HOMEOSTASIS

PS is an important biosurfactant in human. PS lines the alveoli and terminal bronchioles, thereby protecting the lungs from

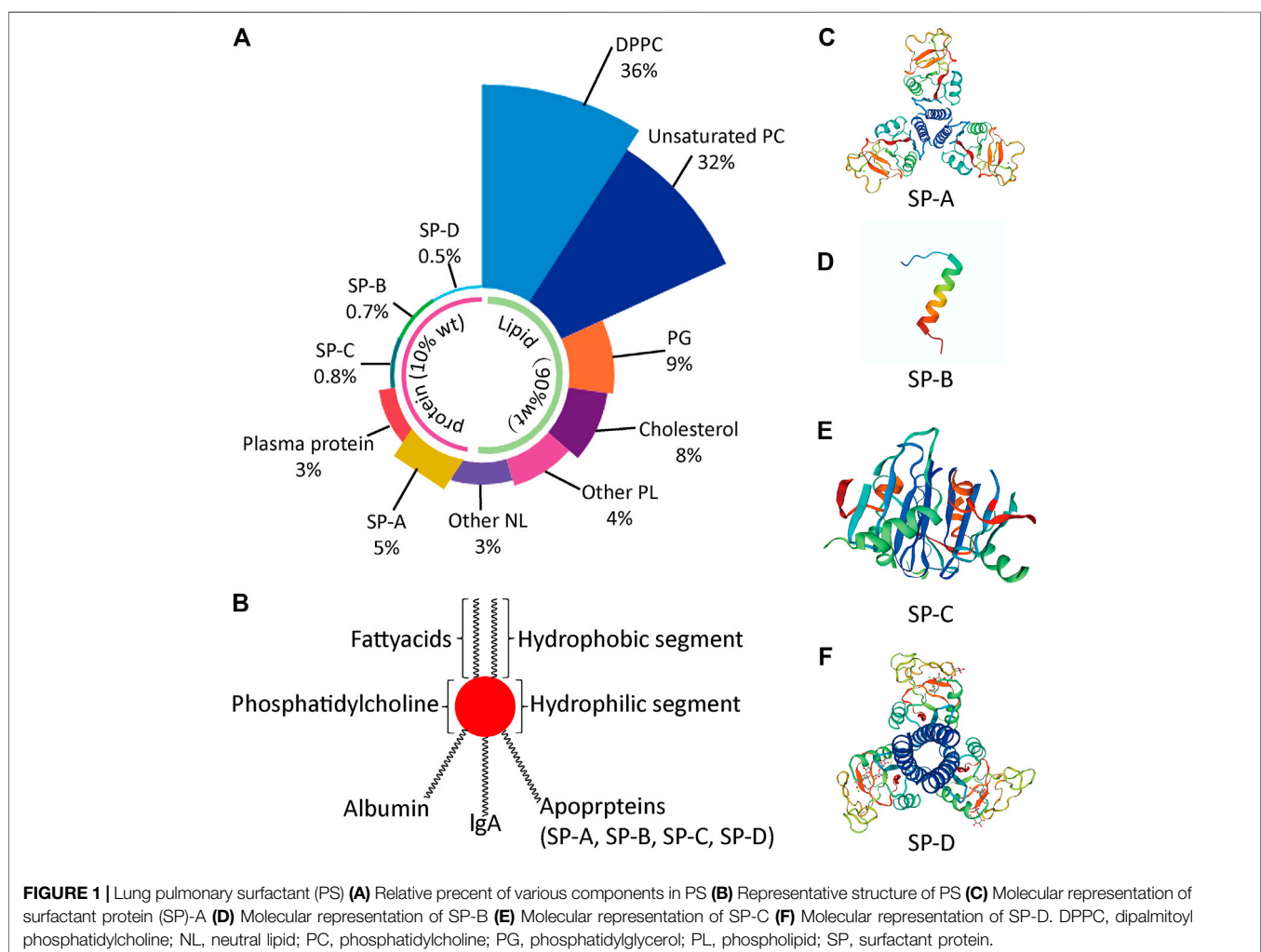


TABLE 1 | Characteristics and details of pulmonary surfactant proteins and surfactant lipids.

Name	Size	Chemistry	Major functions	Ref
SP-A	28–36 kDa	Hydrophilic Octadecameric glycoprotein, acidic	Involved in facilitating phagocytosis, inhibition of phospholipase A ₂ activity and maintaining surfactant integrity during lung injury	[1]
SP-B	8 kDa	Hydrophobic. Disulfide linked homodimer with 79 amino acids (AA)	Involved in decreasing the surface tension and enhancing adsorption of PL at air-water interface. Deficiency results in severe respiratory failure	[2]
SP-C	4.2 kDa	Hydrophobic.	Involved in stabilizing phospholipids, increasing the viscosity of air-water interfacial film	[2]
SP-D	43 kDa	α-helical protein with 35 AA Hydrophilic. Dodecameric glycoprotein with 4 trimmers	Deficiency results in minimal effect on respiratory function Involved in regulating surfactant metabolism and promotes phagocytosis by alveolar cells	[3]
1,2-Dipalmitoyl-sn-glycero-3-phosphatidylcholine	734.05 g mol ⁻¹	PC16:0/16:0, C ₄₀ H ₈₀ NO ₈ P	Involved in the generation of near-zero surface tension	[3]
1-Palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (POPC)	760.09 g mol ⁻¹	PC 16:0/18:1 C ₄₂ H ₈₂ NO ₈ P	Involved in making the membrane fluid at body temperature	[3,4]
1-Palmitoyl-2-palmitoleoyl-sn-glycero-3-phosphocholine (PPPC)	732.04 g mol ⁻¹	PC 16:0/16:1, C ₄₀ H ₇₈ NO ₈ P	Involved in regulating respiratory rate and surface dynamics of surfactant	[3,4]
1-Palmitoyl-2-myristoyl-sn-glycero-3-phosphocholine	706 g mol ⁻¹	PC16:0/14:0, C ₃₈ H ₇₆ NO ₈ P	Involved in regulating respiratory rate and alveolar macrophages function to improve protection	[4,5]
1,2-Dipalmitoyl- sn-glycero-3-phosphoglycerol (DPPG)	722.98 g mol ⁻¹	C ₃₈ H ₇₆ O ₁₀ P	Involved in reducing permeability of benzo [a]pyrene	[4,5]
1-Palmitoyl-2-oleoyl-sn-glycero-3-phosphoglycerol (POPG)	749.02 g mol ⁻¹	C ₄₀ H ₇₇ O ₁₀ P	The most abundant PG in human pS. Enhances fluidization of film, inhibits macrophage proinflammatory responses and antiviral	[4,5]
Phosphatidylserine	792.09 g mol ⁻¹	C ₄₂ H ₈₂ NO ₁₀ P	Involved in determining the cellular and subcellular distribution of quinidine	[2,4]
PE	299.22 g mol ⁻¹	C ₉ H ₁₈ NO ₈ P	Involved in stabilizing membrane protein by initiation of lateral pressure and curvature stress	[2,4]
Phosphatidylinositol	334.21 g mol ⁻¹	C ₉ H ₁₉ O ₁₁ P	Involved in increasing the rate of alveolar fluid clearance and stabilization of surfactant mono layer	[4,6]
Cholesterol	386.66 g mol ⁻¹	C ₁₇ H ₄₆ O	Involved in increasing the surfactant fluidity	[4,7]

Note: AA, amino acid; DPPC, dipalmitoyl phosphatidylcholine; PE, phosphatidylethanolamine; PS, Pulmonary surfactant; SP, surfactant protein; C, Carbon; H, Hydrogen; O, Oxygen; p, Phosphorus; N, Nitrogen.

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atelectasis (Han and Mallampalli, 2015). PS is synthesized in type II alveolar epithelial cells, stored in lamellar bodies, and is secreted via exocytosis into the alveolar lumen. PS is a complex mixture comprising 90% lipids and 10% surfactant proteins by weight. The lipids are made of DPPC (36%), unsaturated phosphatidylcholine (PC; 32%), phosphatidylglycerol (PG; 8%), cholesterol (7%), other phospholipids (PL; 4%) and other neutral lipids (NL; 3%). The surfactant proteins consist of plasma protein (3%), surfactant protein (SP)-A (5%), SP-B (0.7%), SP-C (0.8%) and SP-D (0.5%) as depicted in **Figure 1A** (Bernhard, 2016).

The PS lipids forms a monolayer at the air-fluid interface, reduces the surface tension to a minimum of <10 mN/m and thus, prevents the collapse of alveoli and maintains the alveolar stability (Sunde et al., 2017). The main active component of PS lipids is DPPC.

The SPs are classified into hydrophilic SPs (SP-A and SP-D) and hydrophobic SPs (SP-B and SP-C; **Figures 1C–F**). The details of SPs and PS lipids are provided in **Table 1** (Wang et al., 2020). SP-A and SP-D are highly ordered collagen-like oligomeric glycoprotein belonging to collectin family. These two SPs are part of innate immune response and protect the lungs against inhaled chemicals and microorganisms via stimulating phagocytosis by alveolar macrophages. They are also involved in surfactant metabolism. SP-A is the most abundant SP and accounts for 2–3% w/w of total SPs. It does not have any effect on surface tension at air-fluid interface in alveoli. However, it enhances the phospholipid absorption process to the air-fluid interface, regulates the PS secretion by AT-II cells, binds specific carbohydrate moieties found on lipids and on the surface of microorganisms and prevents the inhibition of surfactant function by plasma proteins which are leaked into the alveolar

space (Echaide et al., 2017). The encoded protein may also be involved in surfactant metabolism. SP-B and SP-C are apolipoproteins comprising of 1–2% w/w of total SPs (Echaide et al., 2017). These are involved in the spreading of the surfactant layer at the air-fluid interface and thus reduce the surface tension (Weaver and Conkright, 2001). The SP-B enhances the rate of spreading and increases the stability of monolayers.

PULMONARY SURFACTANT DEFICIENCY/DYSFUNCTION

In anticipation of birth during gestation period, the alveoli start producing PS in 24th week and reaches to the peak production in 34th week. The endogenous cortisol stimulates the production of PS during gestation. Premature infants, especially those born before 34th weeks, have immature lungs and are deficient in pS. These infants have difficulty in breathing and develop a condition called NRDS (Nogee, 2019). Pregnant women who are at the risk of premature delivery are given betamethasone for 48 h before delivery to improve the lung maturity and reduce the risk of developing NRDS. The genetic disorders comprising the mutations in SP-B and SP-C are reported to cause surfactant dysfunction, leading to the development of NRDS. Observational studies suggested that humans with ARDS have altered PS composition and its functions. AT-II epithelial cells are reported to be the primary site of influenza virus replication. Mice infected with influenza virus have shown lower amounts of phosphatidylcholine and alters the metabolism of PS, which are attributed to the development of ARDS (Woods et al., 2016).

The effects of SP deficiencies or dysfunctions is paramount in the pathogenesis of neonatal respiratory diseases (Verlato et al., 2018). In neonates, SP-A is critical in lung immune system while SP-B is important in sustaining respiratory physiology. It was also substantiated that there is a significant lack of surfactant protein found in preterm newborns with RDS or had experienced failure in extubation than that of newborns with normal functioning lungs (Ballard et al., 2019). It is also known that polymorphisms of SP-A, B and D showed association with idiopathic pulmonary fibrosis and various other pulmonary diseases. Chang et al. reported that SP-A +186A/G and SP-B 1580C/T polymorphisms results in the elevated risk of preterm NRDS; on the other hand, polymorphisms of SP-B –18A/C, SP-D Met11 ThrT/C, and Ala160 ThrG/A genes are not associated to the risk of NRDS (Chang et al., 2016).

The beneficial use of surfactant protein as a treatment in neonates with RDS has been a breakthrough and has been studied in-depth for neonatal medicine in the past 3 decades (Speer et al., 2013). Thus, it is logical to hypothesize that restoration of PS does improve the lung function (Echaide et al., 2017) and circumvent the symptoms of NRDS in infants and ARDS in adults.

APPLICATIONS OF PULMONARY SURFACTANT

The primary application of pulmonary surfactants is in the treatment of NRDS in premature infants. However, the studies

did not demonstrate significant benefit of pulmonary surfactants in ARDS. Meta-analysis of randomized controlled trials for the effect of surfactant in adult patients with ARDS (Ballard et al., 2019) revealed neither improvements in the mortality nor improvement in oxygenation. Marcel Filoche et al. proposed that insufficient delivery of PS to the lungs in adults could be the reason for showing the efficacy in adults (Speer et al., 2013). One of the postulations put forward to explain the observed differences in clinical efficacy of PS in NRDS and ARDS is that in case of NRDS, the surfactants are administered well in advance before the RDS becomes severe in infants who are at the risk of developing NRDS. Thus, it is worth to explore the option of checking the efficacy of PS in early stages of ARDS. However, this approach requires the identification of patients who are at the stage of developing ARDS. Thus, identification of PS levels in serum would predict the occurrence of ARDS.

The clinical efficacy of PS is also being actively investigated in other pulmonary diseases such as asthma and pneumonia (Choi et al., 2020). One study reported that PS improved lung function in an acute asthma exacerbation but not in stable asthma (Tepper et al., 2012). One study reported the administration of PS improved oxygenation in Gram-negative lobar pneumonia and in HIV-infected patients with *P. carinii* pneumonia or RSV pneumonia (Han and Mallampalli, 2015). Another study reported that PS improved the pulmonary function in adult patient with stable chronic bronchitis (Agudelo et al., 2020). In addition, PS is reported to decrease the cytokine release, synthesis of inflammatory mediators, lymphocyte proliferation, immunoglobulin production, and expression of adhesion molecules. Another study reported PS improves the anti-inflammatory effect of amikacin. All the above observations suggest the possible role of surfactants in modulating the immune responses in pulmonary diseases.

The SP-A and SP-D are reported to bind to viruses (influenza A, human immunodeficiency virus (HIV), respiratory syncytial virus (RSV), SARS-CoV) and inhibit their activity of the viruses through viral neutralization, agglutination, and enhanced phagocytosis (Cañadas et al., 2020).

THERAPEUTIC PULMONARY SURFACTANTS

There are two types of therapeutic PS: natural and synthetic. Natural PS are derived from animals while synthetic PS contain peptides that mimic SP-B and SP-C. Therapeutic PS are the first-line treatment option for NRDS (Whitsett, 2014; Hentschel et al., 2020). The natural therapeutic PS are being sourced from bovine, porcine, and human amniotic fluid. Currently the use of human amniotic fluid for sourcing therapeutic PS are halted mainly because of non-availability and cost. The advantage of natural surfactants is that they contain surfactant-associated proteins and thus results in better spreading and lung defense properties.

Due to the difficulties in sourcing animal derived surfactant, well-defined synthetic surfactants were developed. Initially, the synthesis of artificial SP-B and SP-C used for the treatment of neonatal RDS was indeed challenging. It was also reported that

TABLE 2 | Clinical trials on pulmonary surfactants for the treatment of ARDS in COVID-19 patients.

Surfactant	Dose	Administration route	Study type	Primary purpose	NCT number
Poractant alfa	50 mg/kg only once	Bronchial fibroscopy	Interventional	Treatment using Curosurf® in adult acute respiratory distress syndrome due to COVID-19	NCT04384731
Poractant alfa	30 mg/kg once a day for 3 days	Endotracheal intubation	Interventional	Treatment using poractant alfa - curosurf for SARS-cov-19 ARDS (Covid-19)	NCT04502433
Bovine lung extract surfactant	50 mg/kg once a day for 3 days	Endotracheal intubation	Interventional	Treatment using London's exogenous surfactant study for COVID-19 (LESSCOVID)	NCT04375735
Bovine lung extract surfactant	150 mg twice a day for 5 days	Inhalation	Observational	Treatment using Surfactant-BL in adult ARDS due to COVID-19	NCT04568018
Lucinactant	80 mg	Injection	Interventional	Treatment by assessing the safety and preliminary tolerability of lyophilized lucinactant in adults with Covid-19	NCT04389671
COVSurf	N/A	N/A	Interventional	Treatment using delivery of the surfactant to the lungs	NCT04362059
Exogenous surfactant		Inhalation	Interventional	Evaluation of the effect of exogenous surfactant through nebulizer mask on clinical outcomes in Covid-19 patients	NCT04847375
Biological: AT-100 (rhSP-D)	75 or 150 mg once a day for 7 days	Intratracheal administration	Interventional	Treatment: Safety study on AT-100 in treating adults with severe COVID-19 infection	NCT04659122

Note: N/A, Not applicable; ARDS, Acute Respiratory Distress Syndrome; NCT, National Clinical Trials.

synthetic surfactant containing only one protein has not found success (Johansson and Curstedt, 2019). Both synthetic and natural surfactants are found to be effective in RDS with natural surfactants containing SP-B and SP-C are found to be superior in clinical efficacy.

To date, the list of natural surfactants, and synthetic surfactants developed for the treatment of respiratory infections are shown in **Table 2**. First generation synthetic surfactants were prepared in combination of DPPC with either egg phosphatidylglycerol (ALEC®) or hexadecanol and tyloxapol (Exosurf®) (Zhang et al., 2011). However, the first-generation surfactants do not contain either SP-B or SP-C peptide mimics, thus limiting their clinical efficacy. The second-generation of synthetic surfactants contain either SP-B (Surfaxin®) or SP-C (Venticute®) peptide (Bae et al., 2016). The second-generation of synthetic surfactants are found to be clinically effective, suggesting the presence of SP-B and SP-C in surfactants are essential.

Colfosceril palmitate is a first generation commercially available artificial surfactant (Law et al., 2014; Sardesai et al., 2017). At present, it is under the state of cancellation in the post-marketing stage because of adverse effects. In addition to being useful in RDS, it has also shown to significantly reduce the risk of pneumothoraces, pulmonary interstitial emphysema and mortality, bronchopulmonary dysplasia, intraventricular hemorrhage and patent ductus arteriosus. Sinapultide, also known as KL4 peptide, mimics human SP-B. It is administered as its aqueous dispersion with the phospholipids. Lucinactant is a synthetic surfactant containing sinapultide, and lipids, DPPC, palmitoyloleoyl phosphatidylglycerol (POPG) and a palmitic acid. Pumactant is another synthetic surfactant containing naturally occurring phospholipids DPPC and PG.

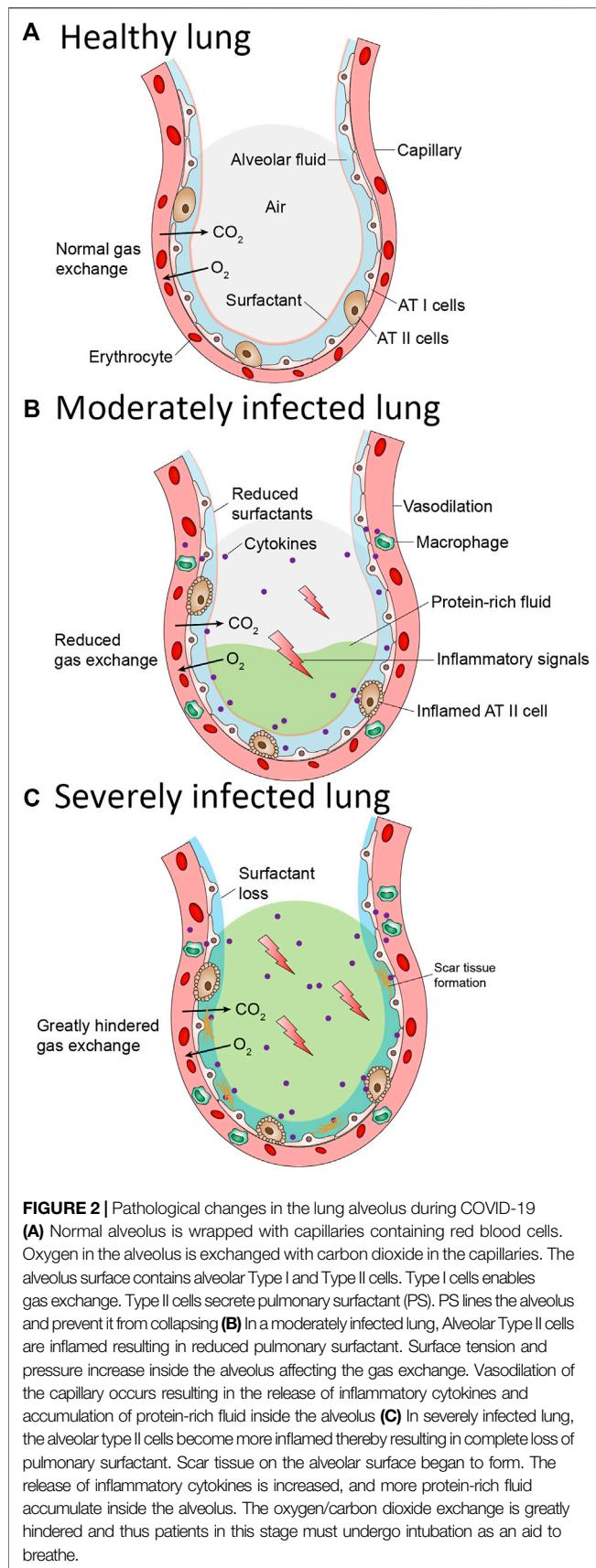
Calfactant is a natural pulmonary surfactant from calf lungs containing phosphatidylcholine, SP-B and SP-C. Beractant is another natural pulmonary surfactant from bovine lungs containing phosphatidylcholine, triglycerides, fatty acids, SP-B and SP-C. Portactant alfa is another natural pulmonary surfactant

from porcine lungs containing phosphatidylcholine, dipalmitoylphosphatidylcholine, SP-B and SP-C.

PULMONARY SURFACTANTS IN COVID-19

SARS-CoV-2 enters the body through lungs via binding of viral spike protein with angiotensin converting enzyme 2 (ACE-2) receptor (Mason, 2020). After entry, SARS-CoV-2 is postulated to destroy type II alveolar cells, the site for the synthesis of pulmonary surfactants, resulting in decreased production of pS. Decreased surfactant production causes atelectasis and reduced the pulmonary compliance. The patients with Coronavirus disease 2019 (COVID-19) are presented with clinical symptoms which are very similar to those observed in NRDS (Nieman et al., 2018; Schousboe et al., 2020) for which deficiency in PS is the primary cause (**Figure 2**). Decreased concentration of PS, altered composition of PS and mutations in PS are reported to be the critical factors in COVID-19 mortality (Weiskirchen, 2020). Mirastschijski et al. has suggested to include pulmonary surfactants therapy in the early stages together with standard ARDS care. Preliminary observations from lung autopsies of COVID-19 patients found that pulmonary surfactant increased blood oxygenation, reduced pulmonary edema, and ameliorated the excessive inflammatory reaction (Mirastschijski et al., 2020). In addition, PS is reported to have the ability to recognize the SARS-CoV-2 spike protein and thereby activate the macrophages for phagocytosis (Matera et al., 2020). This evidence motivated the interventional clinical trials to investigate the clinical effectiveness of PS in COVID-19 patients.

Gattinoni et al. (Gattinoni et al., 2020) has classified COVID-19 patients into two different groups; one group develops acute respiratory distress syndrome (ARDS) with low compliance and another group develops non-ARDS with normal compliance. Gene expression studies on lung biopsy cells in COVID-19 patients have confirmed the downregulation of pulmonary surfactant proteins and their metabolism which has provided a



scientific base to advocate further studies on investigating the usefulness of surfactant therapy in COVID-19 patients (Islam and Khan, 2020). Clinical trials are underway to determine the association of SP-D levels (NCT04618861) and SP genetic variants (NCT04650191) with severity of COVID-19 infection (Surfactant Protein D Levels in Covid-19 Infection: Case-Control Study; Surfactant Protein Genetic Variants in COVID-19 Infection) and the results are not yet available.

Peter et al. (Schousboe et al., 2020) has postulated that COVID-19 patients with pulmonary surfactant deficiency develop symptoms resembling neonatal respiratory distress syndrome (NRDS). A clinical trial (NCT04609488) is underway to determine the levels of surfactant proteins in COVID-19 patients to delineate the association between surfactant deficiency and progression of COVID-19 disease.

Lung surfactant therapy is a standard, safe and effective therapy for the treatment of ARDS in neonates, however clinical trials on recombinant SP-C based surfactant was found to be ineffective in the treatment of ARDS in adults (Spragg et al., 2004). The natural surfactants, compared to synthetic surfactants, are reported to be superior in improving the blood oxygenation and shortening the ventilation time in infants (Ainsworth et al., 2000; Been and Zimmermann, 2007). These observations suggest that early administration of natural surfactant to COVID-19 patients might be beneficial to improve the pulmonary function (Mirastchijski et al., 2020).

A recent review article by Francesco et al. (Cattel et al., 2021) has highlighted the potential use of exogenous surfactants early in the treatment of COVID-19 ARDS. Kumar et al. (Kumar, 2020) has proposed an innovative hypothesis that co-aerosolized exogenous pulmonary surfactant and ambroxol can be a potential therapeutic option for the treatment of COVID-19 ARDS. The hypothesis was made based on reported evidences on beneficial effects of exogenous surfactants (Davidson et al., 2006; Dushianthan et al., 2012; Zhang et al., 2013; Meng et al., 2019) and ambroxol (Malerba and Ragnoli, 2008; Paleari et al., 2011; Kantar et al., 2020) in the treatment of ARDS. However, this hypothesis is yet to be tested. A prospective observational cohort study revealed that autoimmunity in severe COVID-19 patients is mediated through binding of immunoglobulin A (IgA) antibodies to human surfactant protein B (SP-B) and surfactant protein C (SP-C) leading to reduced levels of pulmonary surfactant (Sinnberg et al., 2021).

Abbas et al. (Abbasi et al., 2021) has made a serendipitous observation that non-invasive ventilation improved the survival of mice with bacterial pneumonia and the improved survival is associated with the expression of surfactant protein A. Majority of the COVID-19 patients are also reported to be co-infect with other pathogens (Hughes et al., 2020; Jiang et al., 2020; Kim et al., 2020; Roh et al., 2021) and many research papers (Floros and Phelps, 2020; Tekos et al., 2020; Xu et al., 2020) have highlighted that SP-A variants have shown beneficial effects in the treatment of ARDS in COVID-19 patients under different scenarios. Thus, in an opinion article by Abbs et al. (Abbasi et al., 2021), the team has expressed that non-invasive ventilation using high-flow nasal cannula (HFNC) may be beneficial for COVID-19 patients which

TABLE 3 | List of natural and synthetic surfactant proteins.

Trade name	Surfactant	Type
Curosurf®	Porcine surfactant	Natural
Survanta®	Modified version of bovine surfactant	Natural
ALEC®	Combination of DPPC and egg phosphatidylglycerol	Synthetic
Exosurf®	Combination of DPPC with hexadecanol and tyloxapol	Synthetic
Surfaxin®	SP-B analog KL4	Synthetic
Venticute®	Recombinant human surfactant protein C	Synthetic

warrants further laboratory and clinical studies to confirm (Abbasi et al., 2021).

A clinical study (Choreño-Parra et al., 2021) has concluded that serum SP-D level is high only in pandemic influenza A (H1N1) but not in COVID-19. However, contradicting to this study, another clinical study (Kerget et al., 2020) has concluded that human SP-D levels is higher in individuals with COVID-19 compared to those without COVID-19. The contradictory results from these two studies may be due to differences in the population demographics, and objectives of the study. Thus, more clinical studies are warranted to confirm the association between SP-D levels and progression of COVID-19 infection.

In a case study of a 48-year-old-male non-smoker COVID-19 patient with comorbidities of hyperlipidemia and prediabetes (Heching et al., 2021), it is reported that administration of surfactant (Calfactant) directly to the lungs has improved oxygenation. This observation rises a hope that surfactant therapy would be beneficial for treating ARDS in COVID-19 and thus warrant further detailed investigations to confirm the therapeutic efficacy of surfactants in COVID-19 patients.

The recombinant fragment of human lung surfactant protein D (rhSP-D) is reported to be more potent than remdesivir, an antiviral, in inhibiting the replication and infectivity of SARS-CoV-2 and the activity is found to mediated through down regulation of RdRp gene expression (Hsieh et al., 2021; Madan et al., 2021).

Computational fluid dynamics simulation studies (Kitaoka et al., 2021) using 3D human airway models has predicted that wedge instillation of pulmonary surfactant from subsegmental bronchi is better than conventional method to deliver the effective concentration of pulmonary surfactant to the lungs to protect them from COVID-19 infection.

Hideyuki has put forward a hypothesis (Takano, 2020) based on cumulative scientific evidences that pulmonary surfactants or synthetic surfactants or surfactant production stimulants may be effective for either prophylaxis or treatment for COVID-19. However, this hypothesis is yet to be tested and validated in clinic.

CLINICAL TRIALS ON PULMONARY SURFACTANTS IN COVID-19 PATIENTS

Based on the data retrieved from <https://clinicaltrials.gov/>, accessed on June 15, 2021, the details of on-going clinical trials in surfactants related to COVID-19 are provided in Table 3. Three surfactant products: poractant alfa, bovine lung extract surfactant (BLSE), and lucinactant are in phase I/II trials to test their efficacy in improving the clinical outcomes of ARDS

in COVID-19 patients. There are two trials that are underway on poractant alfa using two different routes of administration: bronchial fibroscopy and endotracheal intubation. Another two trials are underway on BLSE using two different routes of administration: endotracheal intubation and inhalation. As for lucinactant, one trial is underway, and it is administered via injection only. In addition, two trials are going on to determine the levels of surfactants present in the lungs and serum of COVID-19 patients with the objective of finding the association between the surfactant levels and ARDS symptoms. Lastly, one clinical trial is underway to determine the efficacy of new drug delivery system directly to the lungs using COVSurf.

CONCLUSION

SARS-CoV-2 uses ACE-2 receptor on lungs for entry and alveolar type II cells for replication. Infection with SARS-CoV-2 causes ARDS which may lead to respiratory failure. AT II cells are the sites of pulmonary surfactant production. Lack of PS is the principal cause for NRDS and viral infections are known to reduce PS levels in lungs. PS therapy is the mainstay for NRDS treatment across the world for many years. The results from clinical trials on the efficacy and safety PS in adults with ARDS were not significant in terms of clinical outcomes but they were proven to be safe. The lack of efficacy is attributed to the insufficient delivery of PS to the lungs and thus research has been initiated to investigate new drug delivery systems for improving the PS delivery directly to the lungs. Serum PS levels were found to be low in COVID-19 patients and ARDS clinical symptoms in COVID-19 were found to be like those of NRDS. The science of pulmonary surfactant has come a long way since it was discovered in the 1950s and provides very strong theoretical evidence suggesting that PS could play a role in COVID-19 treatment. In the current COVID-19 pandemic crisis, researchers and health care workers across the globe have been working hard to find a solution to end the pandemic. Few clinical trials are in progress to test the efficacy of three pulmonary surfactants in improving the clinical outcomes in COVID-19 patients, to determine the association between surfactant levels and severity of ARDS in COVID-19 patients, and new drug delivery systems for improved and safe delivery of PS in COVID-19 patients.

AUTHOR CONTRIBUTIONS

SW and ZL searched the literature, collected the data, and drafted the manuscript. SW, ZL, XW, and SZ contributed to analysis and manuscript preparation. SZ, PG, and ZS helped in checking the figures and tables. SZ and XW downloaded the documents and made classification. SZ, PG, and ZS contributed comments for version of the manuscript. All authors contributed to the article and approved the submitted version.

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The Role of High-Density Lipoprotein in COVID-19

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The current Coronavirus disease 2019 (COVID-19) pandemic has become a global challenge. Managing a large number of acutely ill patients in a short time, whilst reducing the fatality rate and dealing with complications, brings unique difficulties. The most striking pathophysiological features of patients with severe COVID-19 are dysregulated immune responses and abnormal coagulation function, which can result in multiple-organ failure and death. Normally metabolized high-density lipoprotein (HDL) performs several functions, including reverse cholesterol transport, direct binding to lipopolysaccharide (LPS) to neutralize LPS activity, regulation of inflammatory response, anti-thrombotic effects, antioxidant, and anti-apoptotic properties. Clinical data shows that significantly decreased HDL levels in patients with COVID-19 are correlated with both disease severity and mortality. However, the role of HDL in COVID-19 and its specific mechanism remain unclear. In this analysis, we review current evidence mainly in the following areas: firstly, the pathophysiological characteristics of COVID-19, secondly, the pleiotropic properties of HDL, thirdly, the changes and clinical significance of HDL in COVID-19, and fourthly the prospect of HDL-targeting therapy in COVID-19 to clarify the role of HDL in the pathogenesis of COVID-19 and discuss the potential of HDL therapy in COVID-19.

Keywords: COVID-19, SARS-CoV-2, lipoproteins, HDL, angiotensin-converting enzyme 2

INTRODUCTION

Coronavirus disease 2019 (COVID-19), caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), outbreak in Wuhan in late 2019 (Guan W.-J. et al., 2020; Wang et al., 2020a; Huang C. et al., 2020; Hui et al., 2020; Lu et al., 2020). It has since spread worldwide (Albarelo et al., 2020; Giunta et al., 2020; Young et al., 2020). By June 30, 2021, more than 180 million people have been infected with SARS-CoV-2, and nearly four million have died globally (WHO, 2021a). The COVID-19 pandemic has become a significant burden on global healthcare systems. Patients with COVID-19 with underlying metabolic dysfunction, such as type 2 diabetes and non-alcoholic fatty liver disease, have a higher risk of poor outcomes (Guan W.-j. et al., 2020; Mahamid et al., 2020; Ji et al., 2021). A decline in total cholesterol, high-density lipoprotein (HDL), and low-density lipoprotein (LDL) levels in patients with COVID-19 has been observed in several studies, including our previous research (Wei et al., 2020a; Wang et al., 2020b). Our data also shows that among the several lipids named above, only HDL was associated with the severity of COVID-19 (Wang G. et al., 2020). In this review, we aim to analyze the available evidence about how HDL dysfunction is associated with infection, including a focus on COVID-19.

SARS-COV-2

SARS-CoV-2 is a positive-sense, single-stranded RNA virus, surrounded by an envelope (Han et al., 2020; Kočar et al., 2021). SARS-CoV-2 is reported to share 79.6% homology with SARS-CoV (Zhou F. et al., 2020). The highly pathogenic CoVs, including Middle East Respiratory Syndrome (MERS) CoV, SARS-CoV-1, and SARS-CoV-2, mainly invade the lower respiratory tract through the upper respiratory tract and result in fatal pneumonia (Han et al., 2020).

SARS-CoV-2 entry into susceptible host tissue cells depends on the host cell angiotensin-converting-enzyme 2 (ACE2) receptor via the spike (S) protein, followed by S protein cleaving and membrane fusion (Chambers et al., 2020). ACE2 is widely expressed in human tissues, including in lung alveolar epithelial cells, small intestinal epithelial cells, vascular endothelial cells and smooth muscle cells within the lung, kidney, intestines, and other organs (Kočar et al., 2021).

PATHOPHYSIOLOGICAL CHARACTERISTICS OF COVID-19

COVID-19 causes significant infection-related morbidity and mortality. There have been about 33 million positive cases and nearly 600 thousand deaths in America (WHO, 2021b), while in China, there have been about 118 thousand positive cases and about five thousand deaths (WHO, 2021c). A recent meta-analysis of 212 studies from 11 countries/regions involving 281,461 individuals showed about 22.9% of patients with COVID-19 had severe disease and 5.6% patients die (Li J. et al., 2021). The most striking pathophysiological feature of patients with severe COVID-19 is a dysregulated immune response, characterized by lymphopenia and a cytokine storm, which results in acute respiratory distress syndrome, hepatic dysfunction, multiple-organ failure, and ultimately death. Abnormal coagulation function is also a prominent feature in severe COVID-19 cases (Beltrán-García et al., 2020; José et al., 2020; Song et al., 2020; Zafer et al., 2021).

Dysregulated Immune Responses

SARS-CoV-2 may activate both innate and adaptive immune responses in patients, including lymphopenia, cytokine release syndrome, and abnormal activation of macrophages and their complement system (Jamal et al., 2021). Lymphopenia, involving a drastic reduction in T-cells and B cells (Qin et al., 2020a; Tan et al., 2020; Xu et al., 2020), is a common feature in patients with severe COVID-19. This is possibly triggered by SARS-CoV-2-induced activation of apoptosis in lymphocytes (Xiong et al., 2020).

Patients with COVID-19 have also shown monocyte/macrophages morphological and physiological changes. These monocytes were characterized by mixed M1/M2 polarization, relatively elevated CD80⁺ and CD206⁺ expression, and higher secretion of interleukin (IL)-6, IL-10, and tumor necrosis factor (TNF)- α (Zhang D. et al., 2021). Macrophages infiltrated into the lungs of patients with COVID-19 were mostly type 1 (Yao et al.,

2020). Monocytes obtained from patients with COVID-19 were shown to express ACE2 receptors, suggesting SARS-CoV-2 may directly infect and affect monocytes and macrophages in COVID-19 (Zhang Y. et al., 2021). Additionally, cytokine storms were common in patients with severe COVID-19. Patients exhibited increased cytokine secretion, particularly IL-2, IL-4, IL-6, IL-10, TNF- α , and interferon (IFN)- γ (Qin et al., 2020b). The possible causes of this cytokine release syndrome could be a dysregulated immune response incapable of controlling the production of excessive amounts of cytokines and chemokine.

The complement system was also considered to play a pivotal role in COVID-19. A recent study showed that complement components of the classical (C1q, C4d) and alternative (Factor H, C3d) pathways were deposited in the lungs of people with COVID-19, indicating the activation of complement system in COVID-19 (Satyam et al., 2021). Early clinical reports indicates that C3 inhibition therapy holds potential anti-inflammatory properties in COVID-19 (Mastaglio et al., 2020; Satyam and Tsokos, 2020) and anti-complement C5 therapy in patients with severe COVID-19 lead to a drop in inflammatory markers and a successful recovery (Diurno et al., 2020; Satyam and Tsokos, 2020).

Abnormal Coagulation

Abnormal coagulation function is also a prominent feature in severe COVID-19 cases. Severe COVID-19 was associated with widespread activation of the coagulation system, corroborated by elevated activated partial thromboplastin time (APTT) and prothrombin time (PT) along with markedly elevated D-dimer levels (Tang et al., 2020; Zhou P. et al., 2020). Severe endothelial injury and widespread thrombosis with microangiopathy are evident in lungs from patients with COVID-19 (Ackermann et al., 2020). Possible causes include a direct attack by the virus on the endothelial cells via ACE-2 receptors (Ackermann et al., 2020), and cytokine storms such as TNF and IL-6, which are potent activators of the tissue factor (TF)-dependent coagulation cascade (Tijburg et al., 1991; Kerr et al., 2001).

COMPOSITION, METABOLISM AND FUNCTION OF HDL

HDL is a type of lipoprotein with an extremely heterogeneous composition, density, and particle size, containing cholesterol, phospholipids, triglycerides, and apolipoproteins. It was first isolated from blood in the 1960s by ultracentrifugation. Among all types of human plasma lipoproteins, HDL, mainly synthesized in the liver and small intestine, has the highest density and smallest volume in the circulatory system. Apolipoprotein A-I (ApoA-I) is the main structural protein component of HDL, and other protein components such as serum amyloid A (SAA), lecithin cholesterol acyltransferase (LCAT), paraoxonase-1 (PON-1) and cholesterol ester transfer protein (CETP) also participate in the metabolic process of HDL (Gordon et al., 1989; Ginsberg, 1998; Tosheska Trajkovska and Topuzovska, 2017).

Reverse Cholesterol Transport

Normally metabolized HDL has various functions. The most important and well characterized function is the regulation of reverse cholesterol transport. During the formation and maturation of HDL, its main functional protein, ApoA-I, continuously binds to free cholesterol in tissue cells, and is then transported to the liver. Thus, cholesterol is excreted from the body's tissue cells through a series of transport and transformation processes, which reduces the cholesterol level in the body and delays the occurrence and progression of coronary heart disease (Gordon et al., 1989; Rader, 2003; Tosheska Trajkovska and Topuzovska, 2017).

Direct Binding to Lipopolysaccharide and Neutralizing LPS Activity

LPS is the chief component of the outer membrane of Gram-negative bacteria. Numerous studies have found that HDL prevents systemic endotoxemia by binding and neutralizing LPS (Parker et al., 1995), which is considered to be the main mechanism of HDL's antimicrobial effect (Ulevitch et al., 1979; Freudenberg et al., 1980). Early studies have shown that HDL can prevent the activation of peripheral blood monocytes and macrophages by LPS, and reduce the synthesis and secretion of inflammatory cytokines such as TNF- α and IL-1 β (Levine et al., 1993). *In vivo* studies have shown that the initiation of intravenous infusion of recombinant HDL prior to induction of endotoxemia in healthy volunteers significantly reduced TNF, IL-6, and IL-8 levels, as well as reducing endotoxin-induced clinical symptoms and leukocyte activation (Pajkrt et al., 1996). A recent study showed that, compared with normal mice, ApoA-I (the main component of HDL) knockout mice showed increased production of inflammatory cytokines, decreased ability to neutralize and clear LPS, and reduced survival (Guo et al., 2013). In addition to binding and neutralizing LPS, HDL also promotes LPS clearance, mainly binding with SR-B1 and mediating LPS intake. It has been reported that in LPS-induced endotoxemia and cecal ligation and puncture (CLP) sepsis models *in vitro*, SR-B1 gene deletion mice showed decreased endotoxin clearance (Cai et al., 2008; Guo et al., 2009).

Regulation of Inflammatory Response

HDL may also be a key regulator of inflammatory response. *In vitro* cell experiments show that HDL inhibits a subset of LPS-stimulated macrophage genes that regulate the type I interferon response via microarray analysis (Suzuki et al., 2010). HDL also down-regulates the expression of Toll-like receptor (TLR)-induced pro-inflammatory cytokines through the transcriptional regulator activating transcription factor 3 (ATF3) (De Nardo et al., 2014). Transgenic mice with 2-fold-elevated plasma HDL levels had lower plasma cytokine levels, and improved survival rates in an endotoxemia mouse model (Levine et al., 1993).

Anti-Thrombotic Effects

HDL can act as a regulator of platelet and coagulation responses in a variety of ways. Numerous epidemiological studies have established an inverse correlation between HDL levels and the

risk of thrombosis (Sharrett et al., 2001; Deguchi et al., 2005; Lüscher et al., 2014), and many studies have explored the mechanisms involved. HDL stimulates NO and prostacyclin production in endothelial cells which are both inhibitors of platelet activation (Van Sickle et al., 1986; Yuhanna et al., 2001; Calabresi et al., 2003). Endothelial cells express TF after thrombin-induction in acute coronary syndromes, and HDL presents an atheroprotective effect by inhibiting thrombin-induced human endothelial TF expression (Viswambharan et al., 2004). HDL, mainly ApoA-I, also protects endothelial cells against oxidized LDL (oxLDL) and prevents its apoptosis (Suc et al., 1997). Additionally, purified HDL enhances inactivation of coagulation factor Va by activated protein C (APC) and protein S (Griffin et al., 1999). ApoA-I also neutralizes the procoagulant properties of anionic phospholipids, and incorporation of ApoA-I in anionic vesicles prevents the formation of the prothrombinase complex (Oslakovic et al., 2009; Oslakovic et al., 2010).

Antioxidant and Anti-Apoptotic Properties

HDL can prevent intracellular reactive oxygen species (ROS) production, triggered by oxLDL or H₂O₂, thereby inhibiting the subsequent proteasome activation, and NF-kappa B activation (Robbesyn et al., 2003). HDL exerts a protective effect against oxidative damage induced by copper ions (Ferretti et al., 2003). Additionally, PON-1 is an HDL-associated esterase, which protects lipoproteins against oxidation. It is demonstrated that PON-1-deficient mice were susceptible to oxidative stress and HDL isolated from these mice were unable to prevent LDL oxidation (Shih et al., 1998).

HDL was shown to have the capacity to inhibit apoptosis of endothelial cells induced by oxLDL (Suc et al., 1997). HDL also prevented caspase-3 and caspase-9 activation, as well as apoptotic alterations of the plasma membrane (Nofer et al., 2001). In addition, HDL reduced cardiomyocyte apoptosis in a mouse model of myocardial ischemia/reperfusion (Theilmeyer et al., 2006).

HDL CHANGES DURING HUMAN INFECTION

Changes in Levels or Functions of HDL

Levels and functions of HDL changed significantly in patients infected with different pathogens. Multiple studies show HDL decreased in many infections, including sepsis, nosocomial infections, dengue, *Helicobacter pylori* infection, and HIV infection (Canturk et al., 2002; van Leeuwen et al., 2003; Chien et al., 2005; Rose et al., 2006; Jia et al., 2009; Aragonès et al., 2010; Baker et al., 2010; Zou et al., 2016; Cirstea et al., 2017; Tanaka et al., 2017; Barrientos-Arenas et al., 2018). The explanations includes decreased HDL synthesis, over-consumption of HDL particles, or HDL redistribution from intravascular to extravascular space (Pirillo et al., 2015; Tanaka et al., 2020a; Cao et al., 2020). Infection not only leads to a decrease in HDL levels, but also affects its function. HDL from HIV+ individuals has reduced antioxidant function (Angelovich

et al., 2017), modified HDL metabolism, and reduced functionality of reverse cholesterol transport (Rose et al., 2008). In mice models, HDL loses its anti-inflammatory properties after acute influenza infection (Van Lenten et al., 2001).

Relationship Between HDL, Susceptibility of Infection and Outcome

Low serum HDL levels seem to be associated with a higher risk of infectious diseases, including sepsis (Shor et al., 2008; Grion et al., 2010), nosocomial infection after surgery (Delgado-Rodriguez et al., 1997; Canturk et al., 2002), and in-hospital infection in patients with acute ischemic stroke (Rodríguez-Sanz et al., 2013). Furthermore, a prospective population-based cohort study involving more than 100,000 patients showed a U-shaped association of HDL with the risk of infectious disease, and that both high and low levels of HDL were related with a high risk of infection (Madsen et al., 2018). In addition, mortality rates, intensive care unit (ICU) stay, and length of hospital stay, all increased among septic patients with lower levels of HDL or ApoA-I (Chien et al., 2005; Montero-Chacón et al., 2020). Low HDL level at admission was also associated with severe sepsis (Grion et al., 2010). Lower HDL may herald a bad outcome, while higher levels of HDL seem to have a protective effect toward infection.

Therapeutic Strategy Targeting HDL in Infection

Due to the important role of HDL in infection, therapeutic strategy targeting HDL is considered as a possible new approach to the treatment of infection. Reconstituted HDL was shown to reduce inflammation and bacterial burden, attenuate organ injury and improve survival in experimental septic models (Levine et al., 1993; McDonald et al., 2003; Tanaka et al., 2020b; Tanaka et al., 2020c). Trypanosome lytic factor, as a minor subfraction of HDL, ameliorates Leishmania infection, possibly due to the ability to selectively damage pathogens in phagolysosomes (Samanovic et al., 2009). CETP is a key regulator of HDL levels. Its gain-of-function variant was significantly associated with an increased risk of mortality in sepsis (Trinder et al., 2019). CETP inhibitor Anacetrapib preserved levels of HDL and ApoA-I and increased the survival rate in CLP sepsis models (Trinder et al., 2021).

ASSOCIATION BETWEEN HDL AND COVID-19

Alteration of HDL Level in Patients With COVID-19

A large number of studies have shown a close correlation of HDL with COVID-19, which were summarized in Table 1. The serum HDL level in patients with COVID-19 was lower than that in healthy controls (Huang et al., 2021). A genome-wide association study (GWAS) summary analysis of 7362 COVID-19 participants

from the United Kingdom Biobank, showed that individuals with a lower level of HDL were more vulnerable to SARS-CoV-2 infection (Zhang D. et al., 2021). A clinical observational study also found that lower HDL levels were related to a higher risk of SARS-CoV-2 infection (Aung et al., 2020), while higher HDL levels were associated with a lower risk of SARS-CoV-2 infection (Ho et al., 2020).

Changes of HDL Function in Patients With COVID-19

In addition to HDL levels, the composition and functions of HDL in COVID-19 were also changed. ApoA-I and PON-1 were less abundant in patients with COVID-19, whereas, using proteomic analyses, SAA and alpha-1 antitrypsin were found to be higher (Begue et al., 2021). HDL from patients with COVID-19 showed less protection in TNF- α treated endothelial cells (Begue et al., 2021). Generally, patients with diabetes and elderly patients showed a higher extent of glycation (Kawasaki et al., 2002; Park and Cho, 2011). Glycated HDL showed much lower antiviral activity against SARS-CoV-2 than that of native HDL, which may explain why older patients and patients with underlying conditions such as diabetes are more likely to develop severe illness and death in COVID-19 (Cho et al., 2021).

Relationship of HDL With the Outcomes of Patients With COVID-19

Additionally, HDL or ApoA-I levels were significantly lower in severe, critically ill and mortality groups compared to patients with mild COVID-19 (Wang et al., 2020b; Huang C. et al., 2020; Ouyang et al., 2020; Xie et al., 2020; Zhang Q. et al., 2020; Hilser et al., 2021; Li J. et al., 2021; Turgay Yıldırım and Kaya, 2021). This suggests that HDL is associated with COVID-19 severity and risk of death (Tanaka et al., 2020b; Hu et al., 2020; Wang et al., 2020; Wei X. et al., 2020; Zhang B. et al., 2020). During ICU hospitalization in patients with COVID-19, in cases of bacterial superinfection, low HDL concentrations were also found to be correlated with higher mortality (Tanaka et al., 2020c). Significantly, in patients with severe COVID-19, a gradual increase of HDL levels during hospitalization could suggest a path to gradual recovery (Qin et al., 2020a). Moreover, HDL levels influenced the virus shedding duration in patients with COVID-19 (Ding et al., 2020) and may predict the risk of hospitalization for COVID-19 (Hamer et al., 2020; Lassale et al., 2021). This data strongly suggests that high HDL levels might be beneficial in patients with COVID-19 through its antiviral activity.

The Possible Mechanism of HDL Action in COVID-19

Lipid metabolism plays an essential role during SARS-CoV-2 infection. Cholesterol is widely shown to interact with SARS-CoV-2 S protein (Koçar et al., 2021). The accumulation of lipids was observed in SARS-CoV-2 infected cells, both *in vitro* and in the lungs of patients of COVID-19 (Nardacci et al., 2021). In a cell experiment *in vitro*, HDL showed an obvious antiviral effect on

TABLE 1 | Changes in HDL levels in patients with COVID-19.

Author	Country	Number of patients	Time point	Comparison of HDL levels
Wang (Wang et al. (2020a))	China	228	Within 24 h after admission	COVID-19 patients vs healthy control: median, 0.78 vs 1.37 mmol/L, $p < 0.001$ Severe vs non-severe patients: median, 0.69 vs 0.79 mmol/L, $p = 0.032$
Huang (Huang et al. (2021))	China	218	The 1st day of admission	COVID-19 patients vs healthy control: mean, 1.02 vs 1.52 mmol/L, $p < 0.05$ Severe vs non-severe patients: mean, 0.83 vs 1.15 mmol/L, $p < 0.05$
Zhang (Zhang B. et al. (2020))	China	74	Not known	Severe vs non-severe patients: median, 0.92 vs 1.08 mmol/L, $p = 0.021$
Xie (Xie et al. (2020))	China	62	Not known	Severe vs non-severe patients with CVD: median, 1.1 vs 1.4 mmol/L Severe vs non-severe patients without CVD: median, 1.1 vs 1.3 mmol/L
Hu (Hu et al. (2020))	China	114	On admission	COVID-19 patients vs healthy control: mean, 1.08 vs 1.27 mmol/L, $p < 0.001$ Severe vs non-severe patients: median, 1.01 vs 1.21 mmol/L, $p < 0.001$
Wei (Wei et al. (2020b))	China	597	Not known	Mild vs severe vs critical patients: median, 50 vs 50 vs 36 mg/dL, $p < 0.05$
Tanaka (Tanaka et al. (2020a))	France	48	Upon ICU admission	Alive vs dead patients on day 28: median, 0.6 vs 0.5 mmol/L, $p = 0.036$
Huang (Huang W. et al. (2020))	China	2,623	At admission	Critical vs non-critical patients: median, 0.86 vs 0.95 mmol/L, $p < 0.001$
Sun (Sun et al. (2020))	China	99	Within 24 h of admission	Mild vs severe: median, 1.18 vs 0.94, $p < 0.001$
Ouyang (Ouyang et al. (2020))	China	107	Last result	Survivors vs non-survivors: average, 1.07 vs 0.79 mmol/L, $p = 0.006$
Li (Li Y. et al. (2021))	China	424	Not known	Survivors vs non-survivors: median, 0.9 vs 0.8, $p = 0.001$
Turgay (Turgay Yildirim and Kaya (2021))	Turkey	139	At admission	Survivors vs non-survivors: median, 44.0 vs 28.5 mg/dL, $p < 0.001$

Abbreviations: HDL, high-density lipoprotein; COVID-19, Coronavirus disease 2019.

SARS-CoV-2 via cytopathic effect (CPE) and inhibition activity tests (Cho et al., 2021). Although HDL is believed to play a protective role in infection, some studies have come to the opposite conclusion. Several studies showed HDL facilitated SARS-CoV-2 infection. It was found that HDL significantly increased cell-surface SARS-CoV-2-S binding, viral entry and replication *in vitro* through SR-B1. Blockade of the cholesterol-binding site on SARS-CoV-2 or treatment with HDL SR-B1 antagonists, inhibits HDL-enhanced SARS-CoV-2 infection (Wei et al., 2020a). Another study showed that pretreatment of 293T cells with an HDL antagonist, in the presence of HDL, strongly inhibited the entry of SARS-CoV-2 into host cells (Wei et al., 2020). It suggested that the down-regulation of HDL levels in patients with COVID-19 may be due to HDL consumption during viral invasion, and HDL or SR-B1 could be treatment targets for COVID-19. However, future studies will need to explore the molecular nature of the interaction between HDL and SARS-CoV-2.

Additionally, clinical data showed influencing the inflammatory response may be one of the mechanisms of HDL involvement in the pathophysiology of COVID-19. Severe COVID-19 is considered to be a sepsis induced by SARS-CoV-2 (Colantuoni et al., 2020; Lin, 2020; Shenoy, 2020), which is characterized by excessive inflammation and multiple-organ failure. It is reported that a marked increase in inflammatory factors occurs in COVID-19, including C-reactive protein (CRP), IL-6, TNF- α , etc. (Song et al., 2020; Zafer et al.,

2021). ApoA-1 and HDL levels were shown to be negatively correlated with CRP and IL-6 levels in patients with COVID-19 (Hu et al., 2020; Sun et al., 2020), suggesting that the increased inflammatory response related to reduced HDL levels is one of the pathogenic mechanisms of COVID-19.

Moreover, apoptosis, oxidative stress and abnormal blood coagulation are all involved in the pathophysiological process of COVID-19 (Tang et al., 2020; Cizmecioglu et al., 2021; Mehri et al., 2021), and multiple studies demonstrated HDL had anti-thrombotic, anti-apoptotic and anti-oxidative effects (Tanaka et al., 2020a), which offers a possibility that HDL may also regulate these pathways in COVID-19. However, further research is needed to confirm these conclusions.

Therapeutic Strategy of COVID-19 Through Targeting HDL

Until now effective therapeutic interventions for COVID-19 are limited. Drug repurposing could identify potential treatments in a short time, which has become an important approach to explore therapeutic agents for COVID-19 (Kost-Alimova et al., 2020). As many studies have found that HDL is closely linked to COVID-19, some related randomized controlled trial (RCT) studies remain ongoing (Table 2). Omega-3 polyunsaturated fatty acids (PUFAs) improve lipid metabolism by reducing triglyceride and increasing HDL (Yanai et al., 2018), which enhance patient's immune function and reduce inflammatory

TABLE 2 | Clinical studies about drugs that affect HDL on patients with COVID-19.

Therapy	ClinicalTrials.gov Identifier	Mechanism of action	Effect on HDL
Dalcetrapib Omega3-FA	NCT04676867	CETP inhibitor	Raise HDL levels
	NCT04658433	Multifactorial	Raise HDL levels or affect HDL metabolism
	NCT04553705		
	NCT04483271		
Fenofibrate Atorvastatin	NCT04517396	PPAR-alpha activator	Raise HDL levels
	NCT04801940	HMG-CoA reductase inhibitors	Raise HDL levels
	NCT04631536		
	NCT04486508		
	NCT04466241		
Rosuvastatin	NCT04380402		
	NCT04472611	HMG-CoA reductase inhibitors	Raise HDL levels
	NCT04359095		
Simvastatin	NCT04348695	HMG-CoA reductase inhibitors	Raise HDL levels
	NCT04343001		

Abbreviations: HDL, high-density lipoprotein; COVID-19, Coronavirus disease 2019; HMG-CoA, 3-hydroxy-3-methylglutaryl coenzyme A; CETP, cholesteryl ester transfer protein; PPAR, peroxisome proliferator-activated receptor; FA, fatty acids.

responses (Ni et al., 2020; Sorokin et al., 2020). Subsequently, as it is considered to have a positive role in the treatment of COVID-19, it has become the most studied lipid-regulating drug in COVID-19. Statins, including Atorvastatin, Rosuvastatin, and Simvastatin also showed HDL-increasing capacity (Jones et al., 2003; Miller et al., 2004; Rosenson, 2005; Sasaki et al., 2013), and are one of the current research hotspots of COVID-19. Moreover, RCT studies on the effects of two classic HDL-increasing drugs, CETP inhibitor Dalcetrapib and Fenofibrate, in patients with COVID-19, are also underway. Other HDL-raising pharmacological compounds such as LCAT, have been also considered as potential therapies for COVID-19 (Sorokin et al., 2020).

CONCLUSION

COVID-19 has spread globally and caused significant morbidity and mortality. Patients with severe COVID-19 are characterized by a dysregulated immune response and abnormal coagulation function, which results in organ dysfunction and ultimately death. HDL possesses several well-documented functions, including regulating immune response, neutralizing endotoxins, anti-oxidation, anti-apoptosis, and anti-thrombosis formation. Multiple studies showed that HDL level, composition and functions were greatly changed in COVID-19 and lower HDL level was correlated with higher risks of severity and mortality, indicating that high HDL levels might be beneficial in COVID-19. HDL level-raising pharmacological compounds

such as CETP inhibitors and fibrates are considered to be potential treatments for patients with COVID-19, and they are already in the preclinical research stage. Until now, there are still relatively few studies on the mechanisms about the protective role of HDL in COVID-19. Notably, many studies related to sepsis support that increasing the levels of HDL in septic patients may be a feasible treatment target. However, simply increasing the level of HDL does not seem to be enough to restore the function of HDL. Therefore, we still need to comprehensively understand the mechanism of HDL action in COVID-19 and improve new strategies for the treatment of patients with COVID-19, by further in-depth study on the composition, structure, and function of HDL in COVID-19.

AUTHOR CONTRIBUTIONS

Conceptualization, YZ and GW; methodology, YZ; software, JD; validation, YZ; formal analysis, YZ; investigation, JD; resources, JD; data curation, YZ; writing—original draft preparation, GW; writing—review and editing, YZ; supervision, JL, CW, HD, and SW. All authors have read and agreed to the published version of the manuscript.

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Remdesivir and Cyclosporine Synergistically Inhibit the Human Coronaviruses OC43 and SARS-CoV-2

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Remdesivir, a prodrug targeting RNA-dependent-RNA-polymerase, and cyclosporine, a calcineurin inhibitor, individually exerted inhibitory activity against human coronavirus OC43 (HCoV-OC43) in HCT-8 and MRC-5 cells at EC₅₀ values of 96 ± 34 ~ 85 ± 23 nM and 2,920 ± 364 ~ 4,419 ± 490 nM, respectively. When combined, these two drugs synergistically inhibited HCoV-OC43 in both HCT-8 and MRC-5 cells assayed by immunofluorescence assay (IFA). Remdesivir and cyclosporine also separately reduced IL-6 production induced by HCoV-OC43 in human lung fibroblasts MRC-5 cells with EC₅₀ values of 224 ± 53 nM and 1,292 ± 352 nM, respectively; and synergistically reduced it when combined. Similar trends were observed for SARS-CoV-2, which were 1) separately inhibited by remdesivir and cyclosporine with respective EC₅₀ values of 3,962 ± 303 nM and 7,213 ± 143 nM by IFA, and 291 ± 91 nM and 6,767 ± 1,827 nM by a plaque-formation assay; and 2) synergistically inhibited by their combination, again by IFA and plaque-formation assay. Collectively, these results suggest that the combination of remdesivir and cyclosporine merits further study as a possible treatment for COVID-19 complexed with a cytokine storm.

Keywords: COVID-19, cyclosporine, IL-6, IL-8, OC43, remdesivir, SARS-CoV-2, synergistic

INTRODUCTION

COVID-19 has affected more than 176.887 million people in 194 countries and caused over 3.84 million deaths (as of 2021-06-18 <https://www.cdc.gov.tw/>) since its emergence at the end of 2019. This disease is caused by infection with Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), and disease progression is usually complexed with a cytokine storm and/or organ dysfunction (McElvaney et al., 2020).

Interleukin-6 (IL-6) and other cytokines are increased in patients with COVID-19, and IL-6 was also found to be a hallmark predictor for COVID-19 progression. (Chen et al., 2020; McElvaney et al., 2020; Yang et al., 2020). Tocilizumab, a monoclonal antibody against IL-6 receptor (IL6-R) is an immunosuppressive drug originally developed for the treatment of rheumatoid arthritis (Scott, 2017) and systemic juvenile idiopathic arthritis (De Benedetti et al., 2012), but is currently under development as an alternative therapy for COVID-19 patients who are at risk of a cytokine storm (Rosas et al., 2021).

Recently, preliminarily data showed tocilizumab to be associated with significant clinical improvement and a reduction in mortality (Klopfenstein et al., 2020; Toniati et al., 2020; Xu et al., 2020). Therefore, mitigation of the cytokine storm that occurs in COVID-19 patients is a sound therapeutic strategy.

Remdesivir targets SARS-CoV-2 itself, inhibiting viral RNA-dependent-RNA-polymerase (RdRp) (Gordon et al., 2020; Pruijssers et al., 2020) and was the first approved treatment for COVID-19, although its efficacy is restricted to a shortening in the time to recovery of hospitalized patients (Beigel et al., 2020). Nonetheless, COVID-19 symptoms and mortality can be ameliorated by anti-inflammatory or immunomodulatory agents (Fatima et al., 2020; Tomazini et al., 2020). Thus, the combination treatment of remdesivir with existing anti-inflammatory or immunomodulatory agents may exert an especially therapeutic effect COVID-19 patients and merits further exploration.

The repurposing of existing drugs to take advantage of their known safety profiles and associated commercial supply chains is an important strategy to expedite the discovery of effective and safe COVID-19 treatments. Moreover, the combination of existing drugs with remdesivir may also improve its effectiveness. SARS-CoV-2 related experiments are regulated and can only be performed in biosafety-level-3 (BSL-3) or higher laboratories, but the number, resources, and capacities of such laboratories are very limited. Therefore, we used the alternative coronaviruses swine transmissible gastroenteritis virus and human flu coronavirus OC43 (HCoV-OC43) as SARS-CoV-2 surrogates, to assay drugs for anti-viral activity prior to testing with SARS-CoV-2 itself. About 230 prescription drugs covered by Taiwan Health Insurance were screened, cyclosporine, an immunosuppressant widely used to prevent organ transplant rejection (Beauchesne et al., 2007; Wu et al., 2018), was found to significantly reduce infection by coronaviruses. Cyclosporine was first isolated from the fungus *Tolypocladium inflatum* (*T. inflatum*) in soil samples by scientists from the Norwegian Sandoz Pharmaceutical Company in 1969 (Beauchesne et al., 2007) (Yang et al., 2018). It is a lactam comprising 11 amino acids (including a D-amino acid) and is synthesized by ciclosporin synthetase, in contrast to most peptides that are synthesized by the ribosomes (Yang et al., 2018). Cyclosporine suppresses the activity of the immune system by inhibiting the activity and growth of T cells (Liddicoat and Lavelle, 2019) as well as IL-6 production (Stephanou et al., 1992; Iacono et al., 1997; Golling et al., 2009). NF- κ B suppression by cyclosporine inhibits the production of proinflammatory cytokines (Meyer et al., 1997; Du et al., 2009; Jerkins et al., 2020).

Herein, we examine the inhibitory activities of combined treatments of remdesivir and cyclosporine against IL-6 cytokine production and the HCoV-OC43 and SARS-CoV-2. The results obtained suggest a potential regimen for combating COVID-19 complexed with a cytokine storm.

MATERIALS AND METHODS

Chemicals and Antibodies

DMSO (D1435, $\geq 99.5\%$), crystal violet (C0775, dye content $\geq 90\%$), and methylcellulose (#M0387) were purchased from

Sigma-Aldrich (St. Louis, MO, United States); remdesivir (GS-5734) (S8932, 99.3%, HPLC) and cyclosporine A (cyclosporine) (S2286, 99.6%, HPLC) from Selleckchem (Houston, TX, United States); Goat anti-human IgG-Alexa Fluor 488 (A11013), Hoechst 333258 (H3569), and DAPI (D1306) from Invitrogen (Thermo Fisher Scientific, Waltham, MA, United States); and 10% formaldehyde solution from Marcon™ Chemicals (#H121-08). The antibody against nucleocapsid (N) protein of HCoV-OC43 (Mab9013) was purchased from Merck Millipore (Burlington, MA, United States), and fluorescein isothiocyanate (FITC)-conjugated anti-mouse immunoglobulin (#55499) from MP Biomedicals (Irvine, CA, United States). Anti-SARS-CoV-2 N protein antibodies were provided by Dr An-Suei Yang of the Genomics Research Center, Academia Sinica.

Cell Lines, Virus, Western Analysis and Immunofluorescence Assay for HCoV-OC43

Human colon adenocarcinoma cell line HCT-8 (ATCC® CCL-244™) and human lung fibroblasts cell line MRC-5 (ATCC® CCL-171™) were obtained from American Type Culture Collection (ATCC), passaged within 6 months of receipt, and established as stocks in the cell bank at an early passage, to ensure cell line-specific characteristics. The subsequent 4th to 20th passages of HCT-8 cells and 7th to 16th passages of MRC-5 cells were used in this study. Heat inactivated premium grade fetal bovine serum (FBS) from VWR Life Science Seradigm (Radnor, PA, United States) was used to culture MRC-5 cells and FBS from Biological Industries Inc. (Cromwell, CT, United States) was used for the HCT-8 cell culture to obtain optimal culture conditions. HCoV-OC43 (ATCC® VR1558™) was grown and propagated in HCT-8 cells cultured with DMEM and 2% FBS. Time course experiments for the detection of HCoV-OC43 N protein with the antibody Mab9013, western blot [as described (Yang et al., 2020)], and IFA were performed with the samples at the indicated time points. For compound treatment studies, HCT-8 or MRC-5 cells were seeded in 96-well plates and then cultured in DMEM or MEM medium containing 2% FBS, respectively. Cells were pretreated with serial dilutions of remdesivir and cyclosporine at the indicated concentrations for 0.5 h prior to HCoV-OC43 infection at an MOI of 0.05. At 30 h.p.i., the resulting adherent cells were then fixed with 4% formaldehyde, permeabilized with 100% methanol, and subsequently subjected to IFA analyses with an antibody against HCoV-OC43 N protein (Mab9013) and FITC-conjugated anti-mouse immunoglobulin (#55499) (green), and the EC₅₀ values determined as described (Yang et al., 2020). CC₅₀ values were determined by staining nuclei blue with Hoechst dye and then determining relative cell viability using the number of nuclei in the vehicle control as 100%. Fluorescent signals were detected and quantified using the ImageXpress Micro XLS Widefield High-Content Analysis System (Molecular Device). The fluorescent signal was normalized with cell viability to calculate the infection rate that no compound treatment was set at 100%. Synergy scores for combined treatments were calculated using SynergyFinder (<https://synergyfinder.fimm.fi/>).

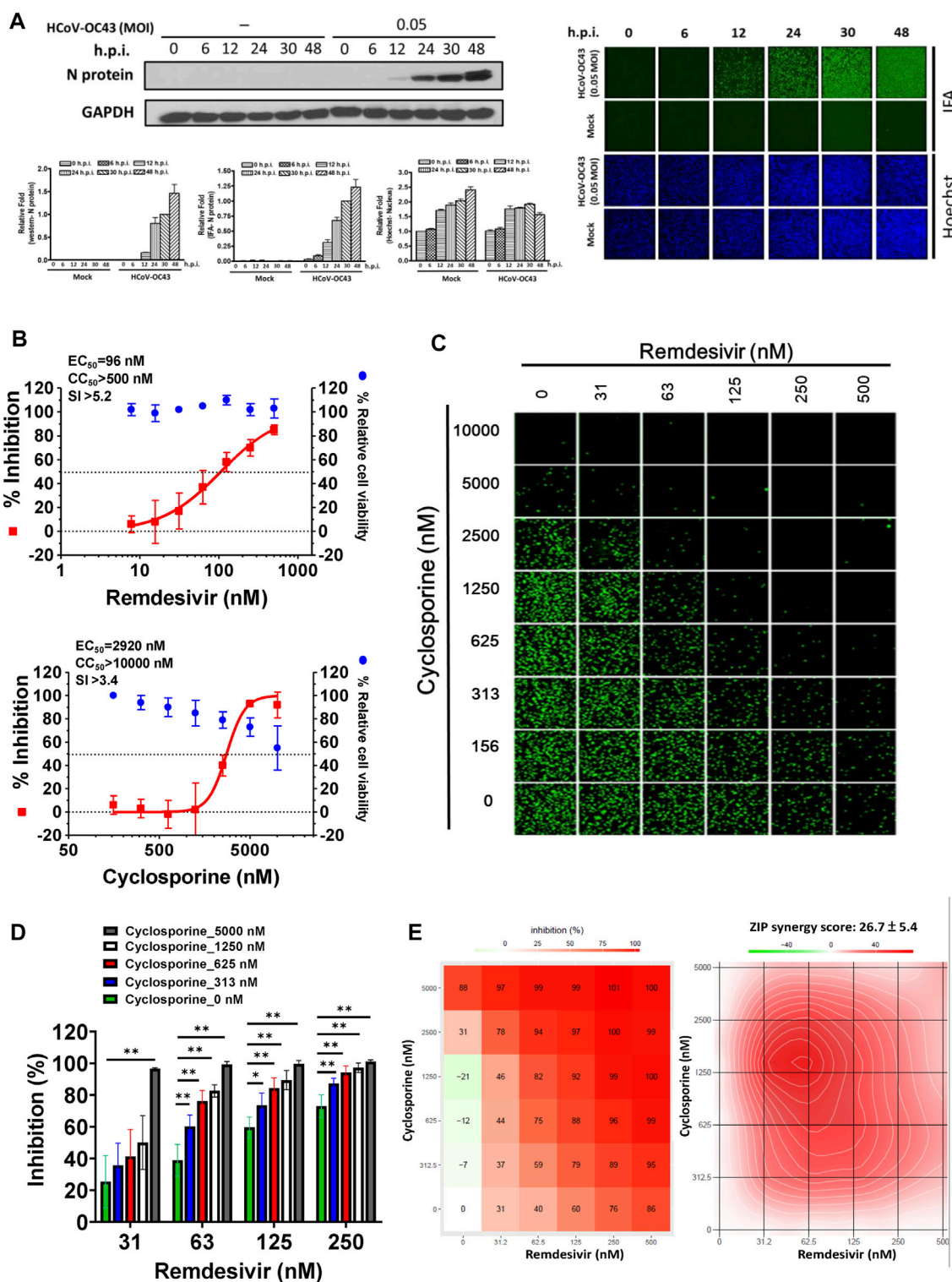


FIGURE 1 | Single or combined treatment of remdesivir and cyclosporine profoundly reduced HCoV-OC43 infection as assayed by immunofluorescence (IFAs) in human HCT-8 colorectal carcinoma cells. **(A)** Time course of HCoV-OC43 N protein expression in infected HCT-8 cells. Western analysis and IFA were performed against an antibody against HCoV-OC43 N protein (Mab9013) with the samples at the indicated time points. **(B)** Single treatments of remdesivir and cyclosporine reduced HCoV-OC43 infection in HCT-8 cells in a dose dependent manner. **(C–E)** Combined treatments of remdesivir and cyclosporine synergistically reduced the HCoV-OC43 infection in HCT-8 cells. IFAs were performed with an antibody against N protein (green) of HCoV-OC43 in HCoV-OC43 (0.05 MOI) infected HCT-8 cells at 30 h.p.i. treated with vehicle (0.5% DMSO) or compounds as indicated. Nuclei (blue) were counter stained with Hoechst dye and used to determine the relative cell

(Continued)

FIGURE 1 | viability by using the number of nuclei in vehicle control as 100% (**Supplementary Figure S1**). The fluorescent signal was normalized with cell viability to calculate the infection rate that no compound treatment was set at 100%. HCT-8 cells were seeded the day before compound treatment or HCoV-OC43 infection. The tested compounds were added to the wells 1 h prior to the addition of HCoV-OC43 at an MOI of 0.05 and the resulting cultures incubated for an additional 30 h at 37°C. AVE \pm SD of three independent experiments are shown (**A, B, D**). The statistical significance was evaluated using one-way ANOVA followed by Tukey's multiple comparison test. * and ** denote statistical significance of $p < 0.05$, and $p < 0.01$ respectively. IFA images shown are representative of three independent experiments (**C**). Shown inhibition % (AVE) and synergy scores (AVE \pm SD) are from three independent experiments (**E**) analyzed via SynergyFinder (<https://synergyfinder.fimm.fi/>).

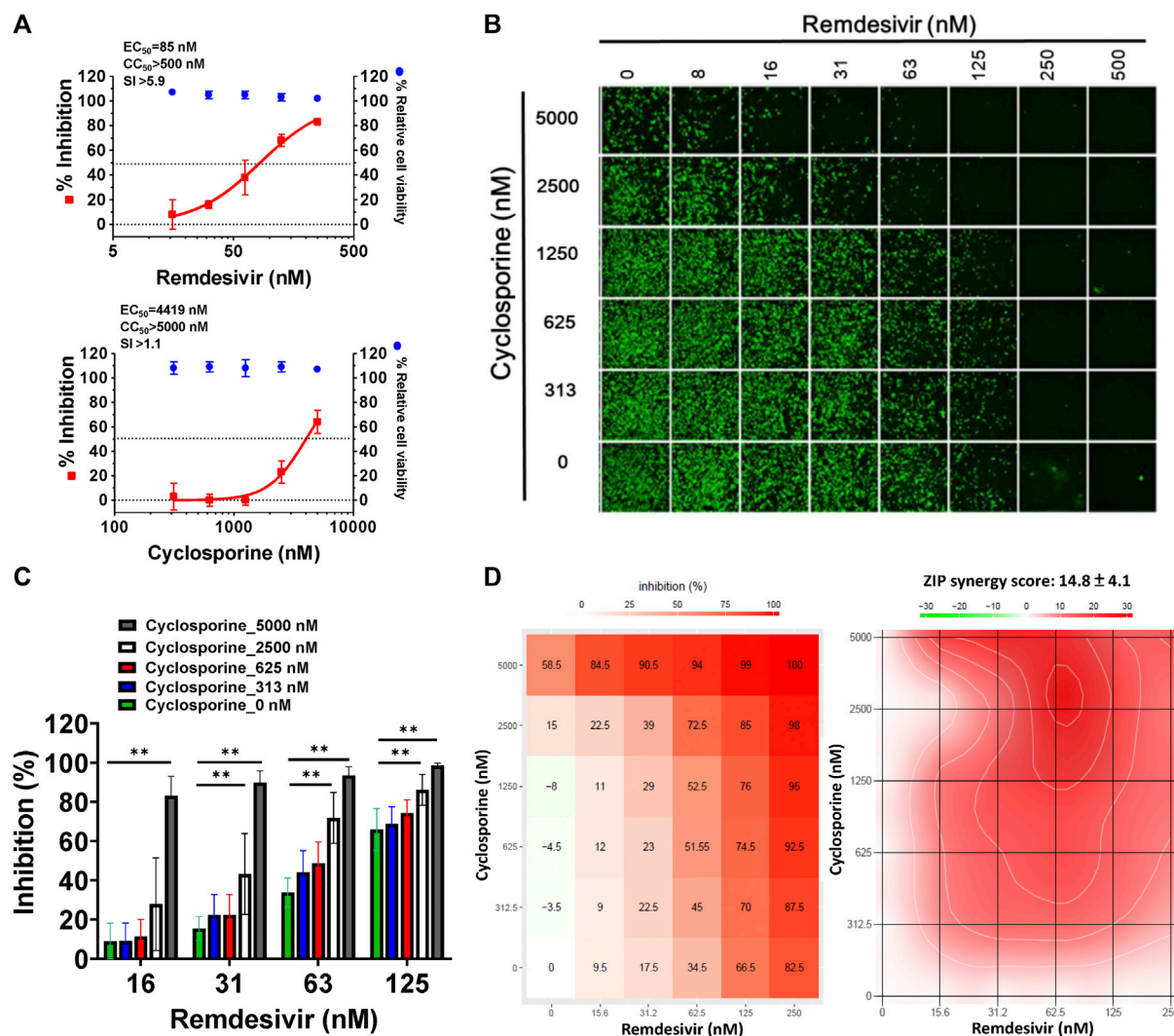


FIGURE 2 | Single or combined treatments of remdesivir and cyclosporine profoundly reduced HCoV-OC43 infection in human fetal lung fibroblast MRC-5 cells assayed by IFA. (**A**) Single treatments of remdesivir and cyclosporine reduced HCoV-OC43 infection in MRC-5 cells in a dose dependent manner. (**B–D**) Combined treatments of remdesivir and cyclosporine synergistically reduced the HCoV-OC43 infection in MRC-5 cells. IFAs were performed with an antibody against N protein (green) of HCoV-OC43 in HCoV-OC43 (0.05 MOI) infected MRC-5 cells at 30 h.p.i. treated with vehicle (0.5% DMSO) or compounds as indicated. Nuclei (blue) were counter stained with Hoechst dye and used to determine the relative cell viability by using the number of nuclei in vehicle control as 100% (**Supplementary Figure S2**). The fluorescent signal of IFA was normalized with cell viability to calculate the infection rate that no compound treatment was set at 100%. MRC-5 cells were seeded the day before compound treatment or HCoV-OC43 infection. Tested compounds were added to the wells 1 h prior to the addition of HCoV-OC43 at an MOI of 0.05. The resulting cultures were then incubated for an additional 30 h at 37°C. AVE \pm SD of three independent experiments are shown (**A and C**). The statistical significance was evaluated using one-way ANOVA followed by Tukey's multiple comparison test. * and ** denote statistical significance of $p < 0.05$, and $p < 0.01$ respectively. IFA images shown are representative of three independent experiments (**B**). Shown inhibition % (AVE) and synergy scores (AVE \pm SD) are from three independent experiments (**D**) analyzed via SynergyFinder (<https://synergyfinder.fimm.fi/>).

TABLE 1 | Antiviral activities and IL-6 reduction of remdesivir and cyclosporine against HCoV-OC43 and SARS-CoV-2. Shown are AVE \pm SD from three independent experiments.

CoV	Cell line	Assay	EC50 (nM)	
			Remdesivir	Cyclosporine
HCoV-OC43	HCT-8	Viral activity by IFA	96 \pm 34	2,920 \pm 364
HCoV-OC43	MRC-5	Viral activity by IFA	85 \pm 23	4,419 \pm 490
SARS-CoV-2	Vero E6	Viral activity by IFA	3,962 \pm 303	7,213 \pm 143
SARS-CoV-2	Vero E6	Viral plaque formation	291 \pm 91	6,767 \pm 1827
HCoV-OC43	MRC-5	IL-6 by ELISA	224 \pm 53	1,292 \pm 352

TABLE 2 | The synergistic inhibition of HCoV-OC43, SARS-CoV-2, and IL-6 production by remdesivir and cyclosporine. Synergy scores were calculated and analyzed by SynergyFinder, ZIP method. Shown synergy scores are AVE \pm SD from three independent experiments.

CoV	Cell line	Assay	Synergy score	Most synergistic area score
HCoV-OC43	HCT-8	Viral activity by IFA	26.7 \pm 5.4	43.1
HCoV-OC43	MRC-5	Viral activity by IFA	14.8 \pm 4.1	19.8
SARS-CoV-2	Vero E6	Viral activity by IFA	25.0 \pm 2.5	65.5
SARS-CoV-2	Vero E6	Viral plaque formation	43.7 \pm 14.9	46.2
HCoV-OC43	MRC-5	IL-6 by ELISA	13.0 \pm 5.7	25.8

Cell Line, Virus, IFA, and Plaque Assay for SARS-CoV-2

For IFA used in the SARS-CoV-2 study, Vero E6 cells (BCRC number: 60476; derived from ATCC CRL-1586) were passaged within 6 months of receipt and the 4th–15th passages used. Cells were pretreated with each compound at the indicated concentration for 1 h at 37°C and then adsorbed with SARS-CoV-2 (TCDC#4) (sequence available on the GISAID website) at 100 PFU (MOI = 0.01) for 1 h at 37°C as described (Yang et al., 2020). The virus-containing supernatants were removed and then fresh medium containing each compound at the indicated concentrations added to the cells. After incubation for 1 day, cells were fixed and immunostained with anti-SARS-CoV-2 N protein antibody (provided by Dr An-Suei Yang) plus anti-human IgG-Alexa Fluor 488 (A11013, Invitrogen) (green). Nuclei were counterstained with DAPI (blue); the number of nuclei in vehicle control (no compound treatment) was defined as 100%; and then relative cell viability and CC₅₀ values were determined. The fluorescent signal was quantified by high-content imaging and the infection rate and EC₅₀ values calculated using normalized values with respective cell viability; the infection rate was defined to be 100% for samples where no compound was added. For combined treatments, the synergy scores were calculated by SynergyFinder (<https://synergyfinder.fimm.fi/>).

Plaque assays for SARS-CoV-2 were performed as described (Yang et al., 2020). Briefly, Vero E6 cells were seeded 1 day before infection with SARS-CoV-2 for 1 h at 37°C. Subsequently, viruses were removed and the infected cells were covered with overlay media containing 1% methylcellulose (Sigma, cat #M0387) and the test compounds at the indicated concentrations. At 5–7 days post infection, cells were fixed overnight, the overlay media was removed, the resulting cells were stained with crystal violet, and the plaques were counted. Plaque numbers were corrected by plaque size: for a plaque size 50% smaller than the vehicle control, the plaque counted for 0.5 plaque; for a plaque size 75% smaller

than the vehicle control, the plaque counted for 0.25 plaque. The percentage of inhibition was calculated as $[1 - (VD/VC)] \times 100\%$, where VD and VC refer to the virus titer in the presence and absence of the test compound, respectively. The cell viability was determined as described (Kuo et al., 2021) by measurement of relative alkaline phosphatase activity; viability was defined to be 100% for samples where no compound was added.

Interleukin 6 Cytokine Measurement

IL-6 cytokine levels in the culture supernatants of HCoV-OC43 infected MRC-5 cells at 30 h.p.i. were detected and quantified. Test supernatants were diluted to the requisite concentrations using human IL-6 enzyme-linked immunosorbent assay kits (ARG80110) from arigo Biolaboratories Corp. (Hsinchu, Taiwan) per the manufacturer's recommendations.

Drug Combination Study

Viral inhibition by remdesivir, cyclosporine, and their combinations as measured by IFA or plaque assay was assessed by a drug dose-response matrix. Average synergy scores were obtained via the online tool SynergyFinder (<https://synergyfinder.fimm.fi/>). ZIP synergy scores were calculated and plotted from three independent experiments. The interaction between two drugs was considered antagonistic for ZIP synergy scores of less than -10; likely to be additional for scores between -10 and 10; and synergistic for ZIP synergy scores of greater than 10.

Statistical Analysis

The statistical significance between the two groups was evaluated using one-way ANOVA followed by Tukey's multiple comparison test in GraphPad Prism (version 8) software; The two-tailed unpaired Student's t test was used evaluated the dose effect of single drug treatment on IL-6 production. * and ** denote statistical significance of $p < 0.05$, and $p < 0.01$ respectively.

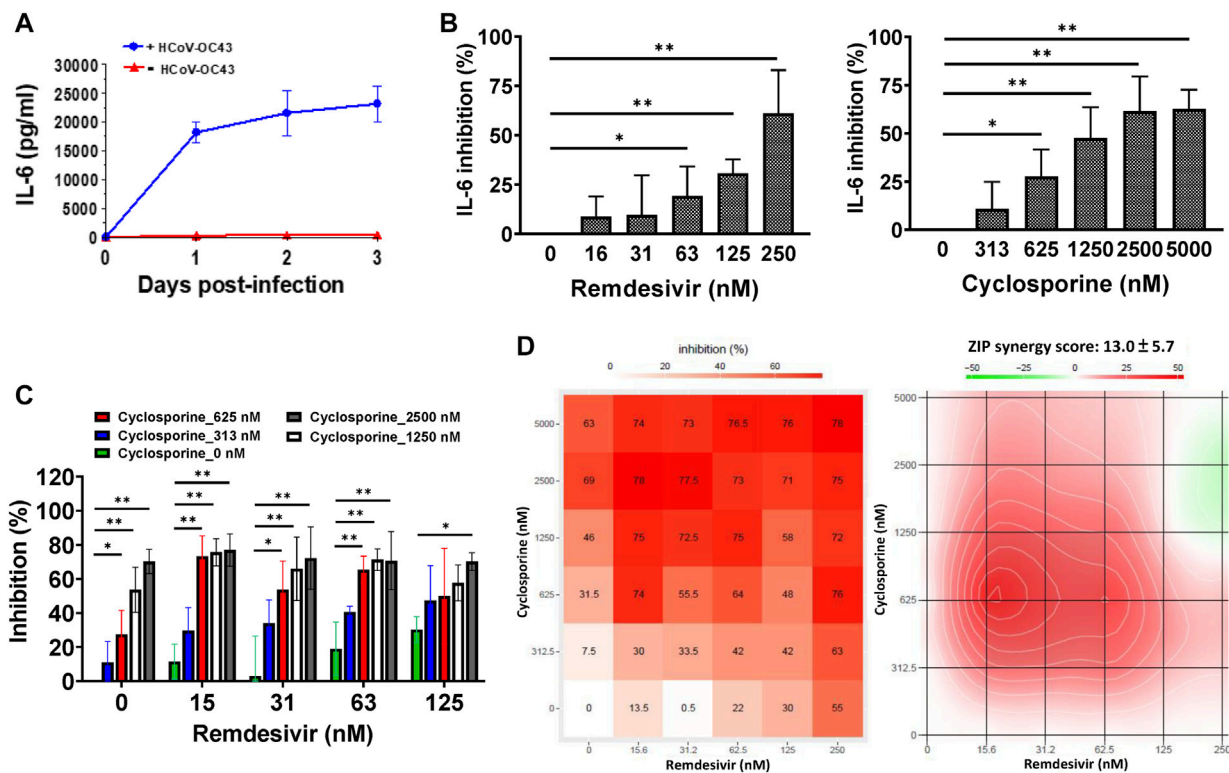


FIGURE 3 | Reduction of IL-6 levels by single and combined treatments of remdesivir and cyclosporine in HCoV-OC43 infected human MRC-5 fetal lung fibroblast cells. **(A)** IL-6 production induced by HCoV-OC43 infection in MRC-5 cells over 3 days. **(B)** Dose dependent reduction of IL-6 levels by remdesivir and cyclosporine treatments in HCoV-OC43 infected MRC-5 cells at 30 h.p.i. Shown are the AVE ± SD from three independent experiments **(A–C)** The two-tailed unpaired Student's *t* test was used to evaluate the dose effect of single drug treatment on IL-6 production. **(C and D)** Synergistic reduction of IL-6 levels produced by HCoV-OC43 infected MRC-5 cells treatment with the combination of remdesivir and cyclosporine. MRC-5 cells were seeded the day before compound treatment or HCoV-OC43 infection. The tested compounds were added to the wells 1 h prior to the addition of HCoV-OC43 at an MOI of 0.05. The resulting cultures were then incubated for an additional 30 h **(B–D)**, or as indicated **(A)**, at 37°C. Subsequently, the culture supernatants were subjected to detection and quantitation of IL-6 by ELISA. AVE ± SD from three independent experiments **(A–C)** are shown; The statistical significance was evaluated using one-way ANOVA followed by Tukey's multiple comparison test. * and ** denote statistical significance of $p < 0.05$, and $p < 0.01$ respectively **(B and C)**. Shown inhibition % (AVE) and synergy scores (AVE ± SD) are from three independent experiments **(D)** analyzed via SynergyFinder (<https://synergyfinder.fimm.fi/>).

TABLE 3 | IL-6 production in human colorectal carcinoma HCT-8 and human fetal lung fibroblast MRC-5 cells with or without HCoV-OC43 infection at 30 h.p.i. Shown are AVE ± SD from three independent experiments.

Cell line	HCoV-OC43 infection	IL-6 quantitative range
HCT-8	–	<minimum 1.5 pg/ml
HCT-8	+	minimum 1.5 pg/ml
MRC-5	–	303 ± 66 pg/ml
MRC-5	+	18,186 ± 1,895 pg/ml

RESULTS

Inhibitory Effects of Remdesivir and Cyclosporine, Alone and in Combination, on HCoV-OC43 in Human HCT-8 Colorectal Carcinoma Cells and Human MRC-5 Fetal Lung Fibroblast Cells (IFA)

As shown in **Figure 1A**, the replication of OC43 in infected HCT-8 cells rose with time over a period of 48 h as examined by western

analysis and IFA. To investigate the anti-coronaviral effects of remdesivir and cyclosporine, human colorectal carcinoma cells HCT-8 and human fetal fibroblast cells MRC-5 were infected by HCoV-OC43 at an MOI of 0.05 and incubated at various concentrations of the indicated compounds for 30 h. As shown in **Figures 1B, 2A** and **Table 1**, remdesivir and cyclosporine inhibited HCoV-OC43 in a dose dependent manner with EC_{50} values of 96 ± 34 nM and $2,920 \pm 364$ nM in HCT-8 cells and 85 ± 23 nM and $4,419 \pm 490$ nM in human MRC-5 fetal lung fibroblast cells, respectively.

The combined effects of remdesivir and cyclosporine against HCoV-OC43 were also investigated at various concentrations of each (**Figures 1C, 2B**). The results revealed that these two drugs exerted a significantly synergistic effect when administered in combination (**Figures 1D, 2C**), with synergy scores of 26.7 ± 5.4 and 14.8 ± 4.1 , and most synergistic area scores of 43.1 and 19.8 against HCoV-OC43 in HCT-8 and MRC-5 cells respectively, as assayed by IFA (**Figures 1C, 2B**) and analyzed by SynergyFinder (**Figures 1E, 2D; Table 2**).

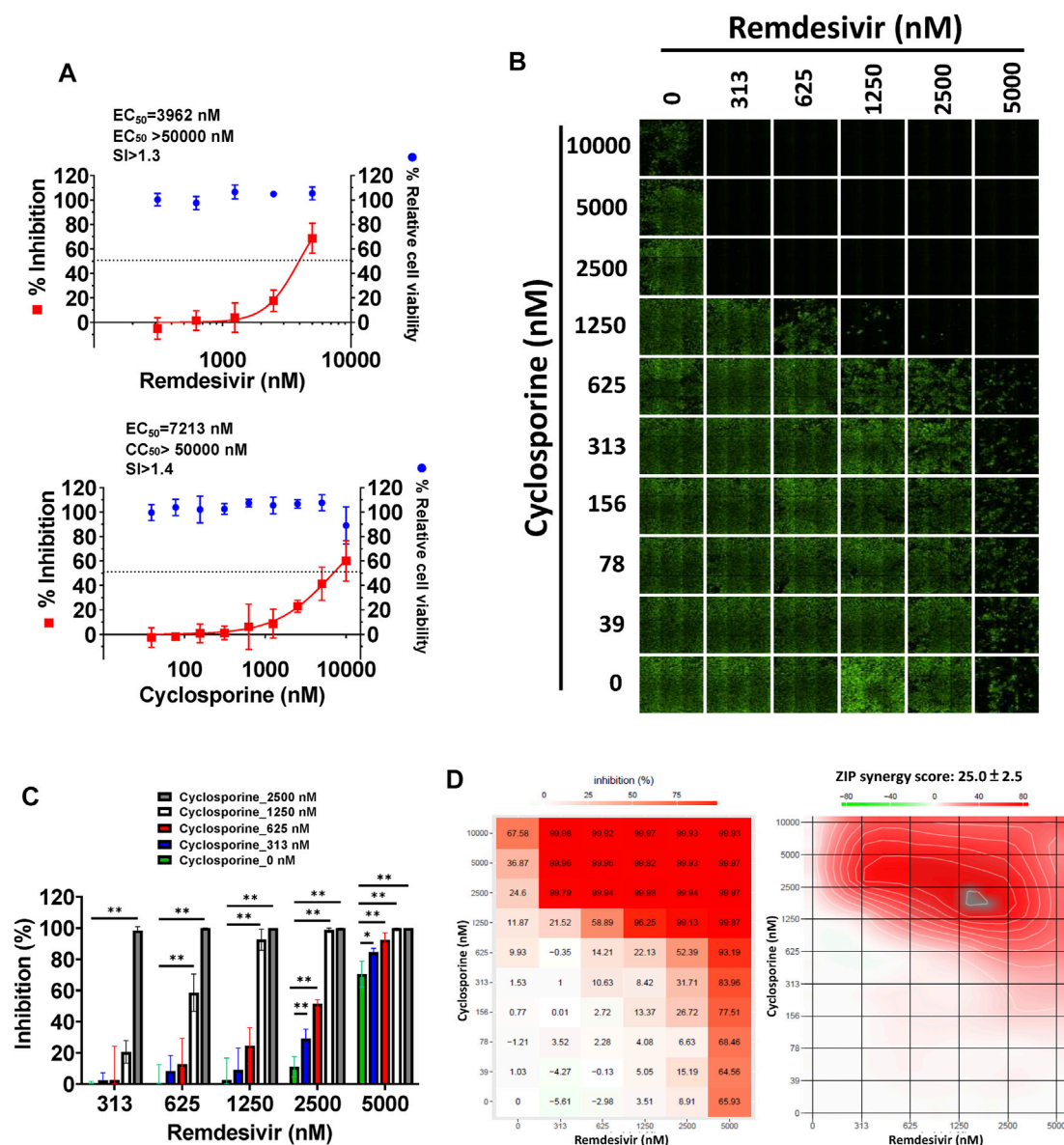


FIGURE 4 | Single or combined treatments of remdesivir and cyclosporine profoundly reduced SARS-CoV-2 infection of Vero E6 cells assayed by IFA. **(A)** Single treatments of remdesivir and cyclosporine reduced SARS-CoV-2 infection of Vero E6 cells in a dose dependent manner. **(B–D)** Combined treatments of remdesivir and cyclosporine synergistically reduced SARS-CoV-2 infection in Vero E6 cells. IFAs were performed with antibody against SARS-CoV-2 N (green) and DAPI staining (blue) for the Vero E6 host live cells. Vero E6 cells were treated with each compound at the indicated concentrations for 1 h at 37°C. The cells were adsorbed with SARS-CoV-2 (TCDC#4) at MOI = 0.01 for 1 h at 37°C. After virus adsorption, the cells were washed with PBS and fresh medium with each compound added at the indicated concentrations and then incubated for 1 day. The cells were fixed with 4% paraformaldehyde and permeabilized with 0.5% Triton X-100. The cells were stained with anti-SARS-CoV-2 N protein antibody and anti-human IgG-Alexa Fluor 488 (green). Nuclei were counter stained with DAPI (blue) and used to determine the relative cell viability by using the number of nuclei in vehicle control as 100% (**Supplementary Figure S3**). N protein expression was measured using a high-content image analysis system (Molecular Devices). The fluorescent signal was normalized with cell viability to calculate the infection rate that no compound treatment was set at 100%. EC₅₀ and CC₅₀ values were calculated by Prism software. Shown are the AVE ± SD from three independent experiments (**A and C**). * and ** denote statistical significance of $p < 0.05$, and $p < 0.01$ respectively. Shown results of IFA are representative of three independent experiments (**B**). Shown inhibition % (AVE) and synergy scores (AVE ± SD) are from three independent experiments (**D**) analyzed via SynergyFinder (<https://synergyfinder.fimm.fi/>).

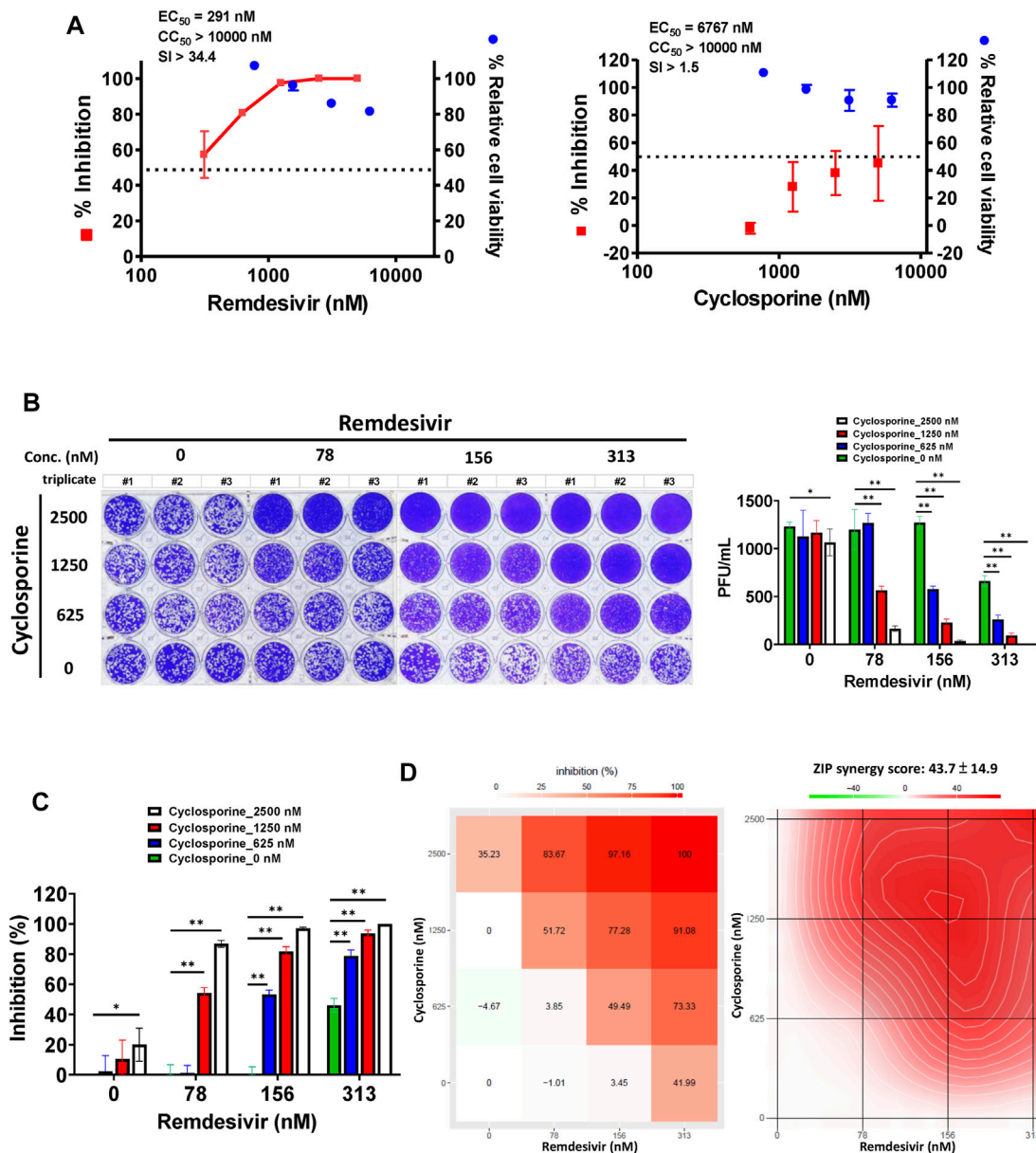


FIGURE 5 | Single or combined treatment with remdesivir and cyclosporine synergistically reduced infectious SARS-CoV-2 viral loads as determined by plaque formation assays. **(A)** Single treatment of SARS-CoV-2-infected Vero E6 cells with remdesivir and cyclosporine reduced the number of plaque-forming units in a dose dependent manner. **(B)** Combined treatment of SARS-CoV-2-infected Vero E6 cells with remdesivir and cyclosporine significantly decreased plaque formation caused by SARS-CoV-2. **(C and D)** Combined treatment of SARS-CoV-2-infected Vero E6 cells with remdesivir and cyclosporine synergistically reduced SARS-CoV-2 viral loads. Plaque assays were performed in triplicate using 24-well tissue culture plates. Vero E6 cells were seeded in DMEM with 10% FBS and antibiotics 1 day before infection. SARS-CoV-2 was added to the cell monolayer for 1 h at 37°C. Subsequently, viruses were removed and the cell monolayer was washed once with PBS before covering with overlay media containing 1% methylcellulose (Sigma, cat#M0387) and the test compounds at indicated concentrations for 5–7 days. The cells were fixed with 10% formaldehyde solution (Marcon™ Chemicals, cat #H121-08) overnight. After removal of overlay media, the cells were stained with crystal violet and the plaques were counted. The percentage of inhibition was calculated as $[1 - (VD/VC)] \times 100\%$, where VD and VC refer to the virus titer in the presence and absence of the test compound, respectively. The inhibition in plaque formation results shown are representative of three independent experiments, each in triplicate **(B)**. Cell viability was determined as described (Kuo et al., 2021) by measurement of relative alkaline phosphatase activity; viability in the absence of compound treatment was set as 100%. AVE ± SD of three independent experiments were shown **(A and C)**; The statistical significance was evaluated using one-way ANOVA followed by Tukey's multiple comparison test. * and ** were used to denote the statistical significance for $p < 0.05$, and $p < 0.01$ respectively **(C)**. Shown inhibition % (AVE) and synergy scores (AVE ± SD) are from three independent experiments **(D)** analyzed via SynergyFinder (<https://synergyfinder.fimm.fi/>).

Inhibitory Effects of Remdesivir and Cyclosporine, Alone and in Combination, on IL-6 Cytokine Production in HCoV-OC43 Infected Human MRC-5 Fetal Lung Fibroblast Cells

Since IL-6 is a pivotal biomarker in COVID-19 disease progression (Henry et al., 2020; McElvaney et al., 2020), we examined IL-6 levels in HCoV-OC43-infected and -uninfected HCT-8 and MRC-5 cells. Greater than 20,000 pg/ml of IL-6 was found to be produced by HCoV-OC43-infected MRC-5 cells over the course of 3 days (Figure 3A); IL-6 levels in uninfected MRC-5 cells were very low (Figure 3A; Table 3). However, IL-6 was not detected in the culture supernatants of HCoV-OC43-infected or uninfected HCT-8 cells (Table 3). Therefore, the effects of remdesivir and cyclosporine on IL-6 cytokine production were examined in HCoV-OC43-infected MRC-5 cells at 30 h.p.i. over a time period equivalent to the time needed for the HCoV-OC43-infected human MRC-5 fetal lung fibroblast cells to produce $18,186 \pm 1,895$ pg/ml of IL-6 (Table 3).

As shown in Figure 3B and Table 1, remdesivir and cyclosporine separately reduced IL-6 production in MRC-5 cells infected with HCoV-OC43 at 30 h.p.i. in a dose dependent manner, with EC_{50} values of 224 ± 53 nM and $1,292 \pm 352$ nM, respectively. Similarly, the combined effects of remdesivir and cyclosporine on HCoV-OC43-induced IL-6 production were investigated at varying concentrations of each. The results showed that these two drugs exerted a significantly synergistic reduction of IL-6 production by HCoV-OC43-infected MRC-5 cells when administered in combination (Figure 3C), with a synergy score of 13.0 ± 5.7 and a most synergistic area score of 25.8, as assayed by ELISA and analyzed by SynergyFinder (Figure 3D; Table 2).

Inhibitory Effects of Remdesivir and Cyclosporine, Alone and in Combination, on SARS-CoV-2 in Vero E6 Cells

We further examined whether the combination of remdesivir and cyclosporine could synergistically inhibit SARS-CoV-2. Two disparate assays (IFA and plaque formation) were performed to examine the single and combined inhibitory effects of remdesivir and cyclosporine on SARS-CoV-2 in Vero E6 cells.

As shown in Figure 4A and Table 1, remdesivir and cyclosporine exhibited dose-dependent SARS-CoV-2 inhibition with respective EC_{50} values of, $3,962 \pm 303$ nM and $7,213 \pm 143$ nM in Vero E6 cells at 1 day post-infection (d.p.i.) with an antibody against SARS-CoV-2 N protein. The combined effects of remdesivir and cyclosporine against SARS-CoV-2 were then investigated at various concentrations of each. The results revealed that the inhibitory effects of these two drugs against SARS-CoV-2 in Vero E6 cells, as assayed by IFA at 1 d.p.i. (Figure 4B), were significantly synergistic (Figure 4C) with a synergy score of 25.0 ± 2.5 (analyzed by SynergyFinder) and a most synergistic area score of 65.5 (Figure 4D and Table 2).

A plaque formation assay was also undertaken, to examine the combined effect of remdesivir and cyclosporine on the SARS-CoV-2 infectious dose at 5–7 d.p.i. in Vero E6 cells (Figure 5). The plaque formation assay is traditionally used to determine the infectious virus dose—the number of plaque-forming units in a virus sample. Plaque formation in culture plates of SARS-CoV-2-infected confluent Vero E6 cells took 5–7 days. Plaques were counted manually and the numbers corrected based on the sizes of plaques as described in Methods. Remdesivir and cyclosporine were again found to separately inhibit SARS-CoV-2 in a dose dependent manner with respective EC_{50} values of 291 ± 91 nM and $6,767 \pm 1,827$ nM (Figure 5A; Table 1). Their combined inhibitory effect was found to be significantly synergistic as shown in Figures 5B,C, with a synergy score of 43.7 ± 14.9 and a most synergistic area score of 46.2 analyzed by SynergyFinder (Figure 5D; Table 2).

CONCLUSION AND DISCUSSIONS

Remdesivir is a prodrug which is metabolized into a nucleoside triphosphate that irreversibly bonds with the RdRp of SARS-CoV-2, blocking viral transcription after cell entry (Shannon et al., 2020; Hanafin et al., 2021). It is used clinically for the treatment of COVID-19 patients, but its efficacy is limited (Beigel et al., 2020; Goldman et al., 2020; Spinner et al., 2020) and its mechanism of action does not address the cytokine storm that also accompanies the disease progression of COVID-19 (McElvaney et al., 2020). Blockade of key pathogenic cytokines in COVID-19 patients should ameliorate disease progression and exert viral inhibition. Elevated IL-6 levels in COVID-19 patients play an important role in disease progression and severity (Henry et al., 2020; McElvaney et al., 2020), and the IL-6 inhibitor tocilizumab is a potential alternative therapy for COVID-19 patients experiencing a cytokine storm (Klopfenstein et al., 2020; Toniati et al., 2020; Xu et al., 2020). However, more controlled clinical trials are needed to confirm its efficacy and safety (Campochiaro et al., 2020; Lan et al., 2020; Stone et al., 2020).

Simultaneous reduction of coronaviral loads and mitigation of the cytokine storm may constitute an efficacious treatment of severe COVID-19. Herein, we identified the immunosuppressant cyclosporine by screening for inhibitors of HCoV-OC43, and found that it exerted a significantly synergistic inhibitory effect against HCoV-OC43 and SARS-CoV-2 in combination with remdesivir (Figures 1, 2, 4, 5; Tables 1, 2). These drugs also reduced coronavirus IL-6 production synergistically, when used in combination (Figure 3; Tables 2, 3). Whereas cyclosporine reduces IL-6 *via* down-regulation of its production (Stephanou et al., 1992; Iacono et al., 1997) (which contributes to its anti-viral activity), remdesivir targets coronaviral RdRp (Gordon et al., 2020; Pruijssers et al., 2020) to reduce viral loads and thereby reducing IL-6 production. In combination, these drugs are capable of profoundly reducing coronaviral loads and IL-6 production in a synergistic manner. Furthermore, the doses of

cyclosporine (3.6–4.8 mg/kg) which correspond to the measured EC_{50} values (3–4 μ M) or lower, when in combination with remdesivir, are actually lower than those in current clinical use (~15 mg/kg for the initial dose and 5–10 mg/kg for the maintenance doses), which result in cyclosporine plasma concentrations of 250–1000 ng/ml (Novais Sandimmune®, https://www.rxlist.com/sandimmune-drug.htm#side_effects). Similarly, the EC_{50} values of remdesivir herein are also equivalent or lower than those in current clinical use (100–200 mg) (Grein et al., 2020). Thus, the cyclosporine and remdesivir levels measured in this study are of clinical significance.

The synergy of the combinations of remdesivir with itraconazole (an anti-fungal), fluoxetine (Schloer et al., 2021) (an anti-depressant), or calcium-channel blocker diltiazem (Pizzorno et al., 2020) respectively was reported, but the effects were only marginal [synergy scores ~12 analyzed by SynergyFinder (Pizzorno et al., 2020; Schloer et al., 2021)]. On the other hand, Janus kinases (JAKs) play a critical role in the cytokine storm of severe COVID-19 patients (Luo et al., 2020) and the combined treatment of remdesivir with the JAK inhibitor baricitinib was found to further reduce recovery time and improve the clinical status of severe COVID-19 patients compared to remdesivir alone (Kalil et al., 2020). Therefore, the synergistic effect of the combined treatment of remdesivir and cyclosporine in reducing coronaviral load and IL-6 levels identified herein merits further study for application in moderately or severely ill COVID-19-patients whose SARS-CoV-2 infection is complexed with a cytokine storm, as well as other applicable conditions identified in the future.

These results validate our strategy of treating COVID-19 with two drugs—one to address viral load, and the other cellular factors. The search for other combined treatments for patients with different progressive and pathogenic stages of COVID-19 merit further exploration.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**, further inquiries can be directed to the corresponding author.

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AUTHOR CONTRIBUTIONS

H-YH, C-WY, and Y-ZL performed most of the biochemistry, and molecular biology experiments. J-JL, C-CL, T-LC, H-CK, and S-HW performed part of the biochemistry, and molecular biology experiments. S-JL, C-WY, Y-ZL, H-YH, Y-LL, and S-YC designed experiments and analyzed the obtained results; interpreted the data and wrote the manuscript. R-BY, J-YC, H-KS and C-TC were involved in composition of the manuscript. S-JL supervised the experimental design, the interpretation of the data, and the composition of the manuscript.

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Designing Short Peptides to Block the Interaction of SARS-CoV-2 and Human ACE2 for COVID-19 Therapeutics

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To date, the current COVID-19 pandemic caused by SARS-CoV-2 has infected 99.2 million while killed 2.2 million people throughout the world and is still spreading widely. The unavailability of potential therapeutics against this virus urges to search and develop new drugs. SARS-CoV-2 enters human cells by interacting with human angiotensin-converting enzyme 2 (ACE2) receptor expressed on human cell surface through utilizing receptor-binding domain (RBD) of its spike glycoprotein. The RBD is highly conserved and is also a potential target for blocking its interaction with human cell surface receptor. We designed short peptides on the basis of our previously reported truncated ACE2 (tACE2) for increasing the binding affinity as well as the binding interaction network with RBD. These peptides can selectively bind to RBD with much higher affinities than the cell surface receptor. Thus, these can block all the binding residues required for binding to cell surface receptor. We used selected amino acid regions (21–40 and 65–75) of ACE2 as scaffold for the *de novo* peptide design. Our designed peptide Pep1 showed interactions with RBD covering almost all of its binding residues with significantly higher binding affinity ($-13.2 \text{ kcal mol}^{-1}$) than the cell surface receptor. The molecular dynamics (MD) simulation results showed that designed peptides form a stabilized complex with RBD. We suggest that blocking the RBD through *de novo* designed peptides can serve as a potential candidate for COVID-19 treatment after further clinical investigations.

Keywords: COVID-19, SARS-CoV-2, RBD, designed peptide, s glycoprotein

INTRODUCTION

Severe acute respiratory syndrome-coronavirus 2 (SARS-CoV-2) is the enveloped and positive-stranded RNA virus (Muralidharan et al., 2021). SARS-CoV-2 was emerged and started causing coronavirus disease 2019 (COVID-19). Hence, it is the utmost public health emergency at present with no treatment available so far, with an urgent need of potent drug against COVID-19 (Muralidharan et al., 2021). Currently, SARS-CoV-2 has affected the whole world and possibly it can re-emerge in the future with some virus beneficial mutations which might lead to more-worst outcome. Coronaviruses use spike (S) glycoprotein to attach and fuse with host cells, followed by

entry into the cell. The interaction between the receptor-binding domain (RBD) of S protein and the human angiotensin-converting enzyme 2 (ACE2) happens while the S protein is in the pre-fusion conformation. The binding of the S protein in pre-fusion conformation with ACE2 triggers the cleavage of the S protein in two large domains: the N-terminal domain that remains attached to ACE2 and the C-terminal domain which folds in the so called post-fusion conformation (6-helix bundle fusion core) determining host-cell invasion (viral membrane fusion process) (Mercurio et al., 2021). A recent study has diagnosed SARS-CoV-2 in serum, urine and fecal samples with a low detection rate (Kim et al., 2020; Wang et al., 2020). Although it is challenging to determine whether the urinary tract, bladder or blood cells are also infected by SARS-CoV-2, virtual screening of RBD with cell surface receptor can raise the possibility of fecal/urine-respiratory infection.

Interestingly, the SARS-CoV-1 and -2 bind with cell surface receptor through RBD (a highly conserved region of S protein) (Singh et al., 2020), which suggests this domain a suitable target for drug designing (Lizbeth et al., 2020). The structural insights of SARS-CoV-2 and ACE2 interactions have been extensively studied (Lan et al., 2020; Yan et al., 2020). The RBD residues critical for interaction with ACE2 are located at position 417, 458, 493–498, and 500–502 (Chan et al., 2020; Lan et al., 2020; Yan et al., 2020; Basit et al., 2021). This suggests that almost similar binding residues of RBD are used to interact with cell surface receptor. The overall sequence of RBD is highly conserved with more than 99.9% homology with worldwide sequences of RBD reported (Basit et al., 2021). Structural elucidation has also confirmed the highly conserved nature of RBD (Lan et al., 2020). Blocking the binding residues of RBD can impede the SARS-CoV-2 to infect the human cells (Huang et al., 2020). The interactions between RBD and cell surface receptor have been extensively elucidated (Chan et al., 2020; Wan et al., 2020; Yan et al., 2020), which can be exploited to design peptide-based inhibitors targeting binding residues of RBD. Several studies have reported peptides for blocking the fusion of SARS-CoV-2 RBD with human cell surface receptor and for targeting the HR1 domain, which have shown successful inhibitory effects (Du et al., 2009; Xia et al., 2019; Han and Kral, 2020; Karoyan et al., 2021). Previous studies have shown that the residues of ACE2 at position 21–40 and 76 are optimal for binding with RBD (Huang et al., 2020; Basit et al., 2021). There are several other peptides reported for blocking RBD of SARS-CoV-2 and SARS-CoV-1 (Han et al., 2006; Chan et al., 2020). However, these peptides may not cover all the binding residues of RBD. Engineering the optimal regions of ACE2 and expanding their binding interaction network can significantly block the infection of SARS-CoV-2 into human cells. *De novo* protein design is a novel approach used to optimize the binding interface of protein-protein interactions by mutating the residues into favorable mutants which provide new binding interactions with increased binding affinity and preserved secondary structure (Chevalier et al., 2017). Recently, Huang et al. (2020), redesigned the previously reported two natural peptides from ACE2 through EvoDesign (Pearce et al., 2019) and produced a hybrid peptide with improved binding affinity for RBD and

showed interactions with residues Y453, F456, Y473, A475, N487, and Y489 of RBD.

In the current study, we aimed to design peptides on the basis of our previously reported truncated ACE2 (tACE2) (Basit et al., 2021) by using EvoDesign, a *de novo* peptide design approach, to increase not only the binding affinity but also extend the binding interaction network with RBD. We have selected two regions of ACE2 (21–40 and 65–75) as a template for *de novo* peptide design (Wan et al., 2020). We designed two peptides, Pep1 and Pep2 for binding with RBD and determined their binding affinity and complex stability through protein-protein docking and molecular dynamics (MD) simulations. The present study will open a new path for designing therapeutic peptides against COVID-19.

MATERIALS AND METHODS

Designing COVID-19 Therapeutic Peptides

The three-dimensional (3D) structure (protein data bank [PDB] ID: 6m17) of RBD of SARS-CoV-2 S glycoprotein was obtained from PDB database. Two peptides (Pep1 and Pep2) were designed against the binding residues at position 417, 453, 458, 493–498, and 500–505 of RBD (Yan et al., 2020). The amino acid position 21–40 of tACE2 binds with the binding residues 493–498 and 501–505 of RBD (Basit et al., 2021), while 65–75 amino acid region of tACE2 interacts with binding residues 417, 453, and 458 of RBD (Lizbeth et al., 2020). Therefore, we selected these two fragments of ACE2 from amino acid position 21–40 and 65–75 as scaffold1 and scaffold2, respectively, for *de novo* peptide design to further enhance their binding affinity for RBD. The 3D structure of the scaffold peptides were produced through I-TASSER (Yang et al., 2015) and optimized for energy minimization through FoldX (Schymkowitz et al., 2005). The optimized scaffold structures were submitted as template to EvoDesign server (<https://zhanglab.ccmb.med.umich.edu/EvoDesign/>) using interface design. The template modeling-score (TM-score) >0.5 indicates that the designed peptide has similar fold to that of scaffold while the value < 0.2 correspond to those of randomly chosen unrelated proteins (Pierce et al., 2014). EvoDesign outputs the top 10 sequences selected from the largest clusters. The top ten designed sequences obtained for each peptide was sorted based on TM-score, sequence identity and lowest free energy. The sequence with the lowest free energy was considered as favorable design. However, we selected Pep1 and Pep2 from their corresponding top 10 sequences based on their Z-score and HADDOCK-score calculated by HADDOCK server (<https://wenmr.science.uu.nl/haddock2.4/>). The 3D models of the designed peptides were produced through I-TASSER (Yang et al., 2015). The selected designed peptides were analyzed for their fold similarity through template modeling alignment (TM-align) (Zhang and Skolnick, 2005).

Docking of RBD With Designed Peptides

Protein-protein docking of the designed peptides with RBD was performed through HADDOCK, a flexible protein-protein docking tool (van Zundert et al., 2016). The structures of designed peptides were optimized before docking for amino

acid side chain clashes and energy minimization by using FoldX (Schymkowitz et al., 2005). HADDOCK performs protein-protein docking by retrieving information from experimentally determined protein-protein complexes. The energy function used by HADDOCK consists on combination of interaction energies and HADDOCK-score, which is a combination of non-bonded intermolecular interactions (Vangone et al., 2017). All the generated docking poses were analyzed through PyMOL (Schrodinger, 2010). The best docked complex of RBD with designed peptides were selected on the basis of HADDOCK-score and were further analyzed for binding affinity ΔG (kcal mol⁻¹) and complex stability by using an online protein binding energy prediction server (<https://bianca.science.uu.nl/prodigy/>), PRODIGY (Xue et al., 2016). Dissociation constant K_d (M) was determined as previously described (Basit et al., 2021). The peptides-RBD docked complexes with higher binding affinity were subjected to MD simulation to further confirm complex stability.

Determination of RBD-Peptide Complex Stability Through MD Simulation

MD simulation of RBD in complex with designed peptides (Pep1 and Pep2) was performed through GROMACS 5.0.4 (Van Der Spoel et al., 2005; Abraham et al., 2015) using CHARMM 27.0 force field (Huang and MacKerell, 2013). The protein complex was solvated in TIP3P cube box water model (volume: 596.38 nm³ and density: 994.63 g L⁻¹) to provide an aqueous environment with a total 55,386 water molecules. The protein complex was centered in the box with a distance of at least 1.0 nm from the simulation box edge, while 1.0 nm distance between the atoms with non-bonded interactions was maintained. To neutralize the total charge of the system, one Cl⁻ ion was added to the box followed by energy minimization to remove conflict between the atoms (Ross et al., 2018). The system now containing 3141 protein atoms in addition to one Cl⁻ ion and 55,386 water molecules, was subjected to energy minimization using steepest descent method for 20,000 steps and then equilibrated through canonical ensemble (NVT: moles (N), volume (V) and temperature (T)) and isothermal-isobaric ensemble (NPT: moles (N), pressure (P) and temperature (T)) at constant temperature (300 K) and pressure (1 bar), respectively for 100 ps. Particle Mesh Ewald (PME) with grid spacing 0.16 nm were used for long-range electrostatics (Huang and MacKerell, 2013). MD simulation was then run for 100 ns at 300 K. Root mean square deviation (RMSD), root mean square fluctuation (RMSF) and radius of gyration (Rg) plots were produced through gnuplot (<http://www.gnuplot.info/>).

RESULTS AND DISCUSSION

De Novo Design of Inhibitory Peptides Against RBD

RBD of spike glycoprotein mediates the entry of SARS-CoV-2 into the human respiratory cells by interacting with cell surface receptor ACE2 (Lan et al., 2020). Therefore, blocking the

interaction residues of RBD might block its interaction with ACE2, hence making it unable to infect human cells. The RBD of SARS-CoV-2 and SARS-CoV-1 is highly conserved (Li et al., 2020) and mainly uses residues 417, 453, 458, 490, 493–495, 498, 501, and 502 for binding to ACE2 (Lan et al., 2020; Yan et al., 2020). Therefore, blocking the binding residues of RBD through inhibitory peptides can potentially block entry of SARS-CoV-2 into the human cells and can also be useful against future pandemic if caused by newly emerged coronaviruses due to the conserved nature of RBD (Lan et al., 2020). Thereby, targeting the RBD to block its interaction with ACE2 is ideal choice for SARS-CoV-2 drug discovery. At present, much research has been focused on non-invasive routes such as nasal, pulmonary, oral, ocular, and rectal for administering peptides (Ibraheem et al., 2014). Unfortunately, the widespread use of peptides as drugs is still faced by many obstacles such as low bioavailability, short half-life in the blood stream, *in vivo* instability, and numerous other problems. In order to overcome these hurdles and improve peptide drug efficacy, various strategies have been developed such as permeability enhancement, enzyme inhibition, and protection by encapsulation (Ibraheem et al., 2014).

Previously, we targeted these nine residues of RBD to be blocked through tACE2 (Basit et al., 2021). However, the current study involved re-designing the binding interface of tACE2 to produce shorter peptide with more binding affinity and covering all the binding residues of RBD (Fosgerau and Hoffmann, 2015). Short therapeutic peptides have gained interest because they have many advantages, such as low molecular weight, selectivity for a specific target, cells with minimal toxicity (Ellert-Miklaszewska et al., 2017). Furthermore, the use of chimeric peptides encompassing disease-targeting and cell-penetrating elements can increase specificity and efficacy of drug delivery together with reducing toxicity (Ellert-Miklaszewska et al., 2017).

The RBD binding residues 490, 493–495, 498, 501, 502 are clustered at one region (region1) while 417 and 458 are clustered at the other region (region2). Therefore, either two peptides can block these two regions or single peptide with extended binding network can hinder interaction between RBD and cell surface receptor.

The residues of ACE2 at amino acid position 21–40 (scaffold1) and 65–75 (scaffold2) were re-designed and produced 10 *de novo* sequences for each scaffold. Two best sequences (Pep1 and Pep2) were selected from top-10 *de novo* sequences produced by EvoDesign from scaffold1 and scaffold2, respectively. The TM-score 0.61 of Pep1 (those of Pep3–10) indicate its similar fold to that of scaffold1, while Pep2 TM-score was 0.16 indicating its different fold than the scaffold2 structure. The Lower RMSD of Pep1 (0.58 Å) is in agreement with its TM-score, while Pep2 showed RMSD 2.12 Å, which indicate slight deviation of secondary structure from its scaffold (Figure 1). Similarly, the amino acid sequence of Pep1 showed 30% similarity while Pep2 showed 20% similarity with its corresponding native sequence (Table 1). The designed peptides with high similarity to their native sequence usually exhibit higher binding affinity towards its partner protein (Huang et al., 2020). We further investigated the

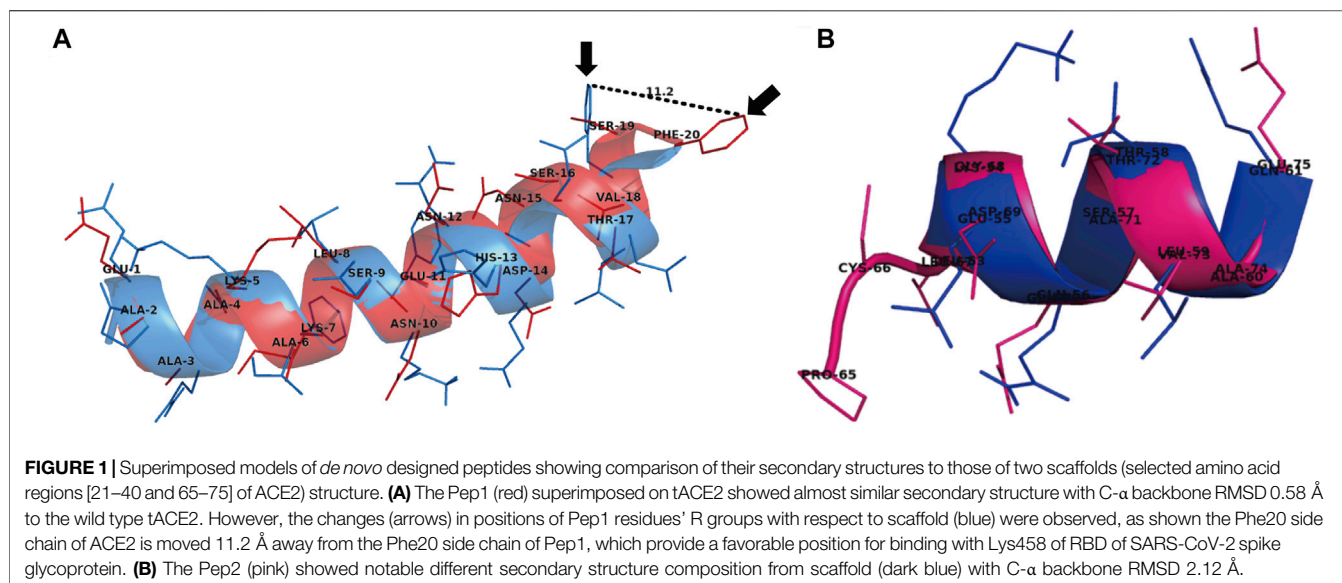


TABLE 1 | Summary of the *de novo* designed peptides produced by using ACE2 as scaffold.

Designed peptide	Sequence	TM-score ^a	Sequence identity (%)	RMSD ^b	Binding affinity (kcal mol ⁻¹)	Number of binding residues in RBD covered by the designed peptide
tACE2 fragment (scaffold1)	I ₂₁ EEQAKTFLDKFNHEADLF ₄₀	—	—	—	–10.2	7
Pep1	EAAAKAKLSNENHDNSTVSF	0.61	30	0.58	–13.2	11
tACE2 fragment (scaffold2)	A ₆₅ GDKWSAFLKE ₇₅	—	—	—	–7.6	3
Pep2	PCLGDQATVAE	0.16	20	2.12	–9.2	3
Pep3	EEAAKTTLANENSDNCFLSF	0.68	40	0.68	–12.8	10
Pep4	EQAAKATLANENSDNGFLSF	0.64	30	0.51	–11.2	9
Pep5	ESAAKAQLRQEDTENAAVMY	0.60	30	0.58	–11.8	8
Pep6	EAAAKSILSNENNDNSTASF	0.62	25	0.60	–10.92	7
Pep7	EENSCSFLAALFSEASCQSK	0.65	30	0.48	–11.8	8
Pep8	EFQQGCFISAADNCQSEISY	0.50	20	0.55	–11.5	8
Pep9	EKLTYALQAEKTSSSPQSG	0.58	10	1.8	–10.8	6
Pep10	EHHAASKLMGIDQESAMIAL	0.61	20	0.78	–12.3	8

^aTemplate modeling-score (TM-score) indicates the fold similarity between two structures (each peptide and ACE2). A TM-scores >0.5 correspond to almost similar fold while the value < 0.2 indicate randomly chosen unrelated proteins.

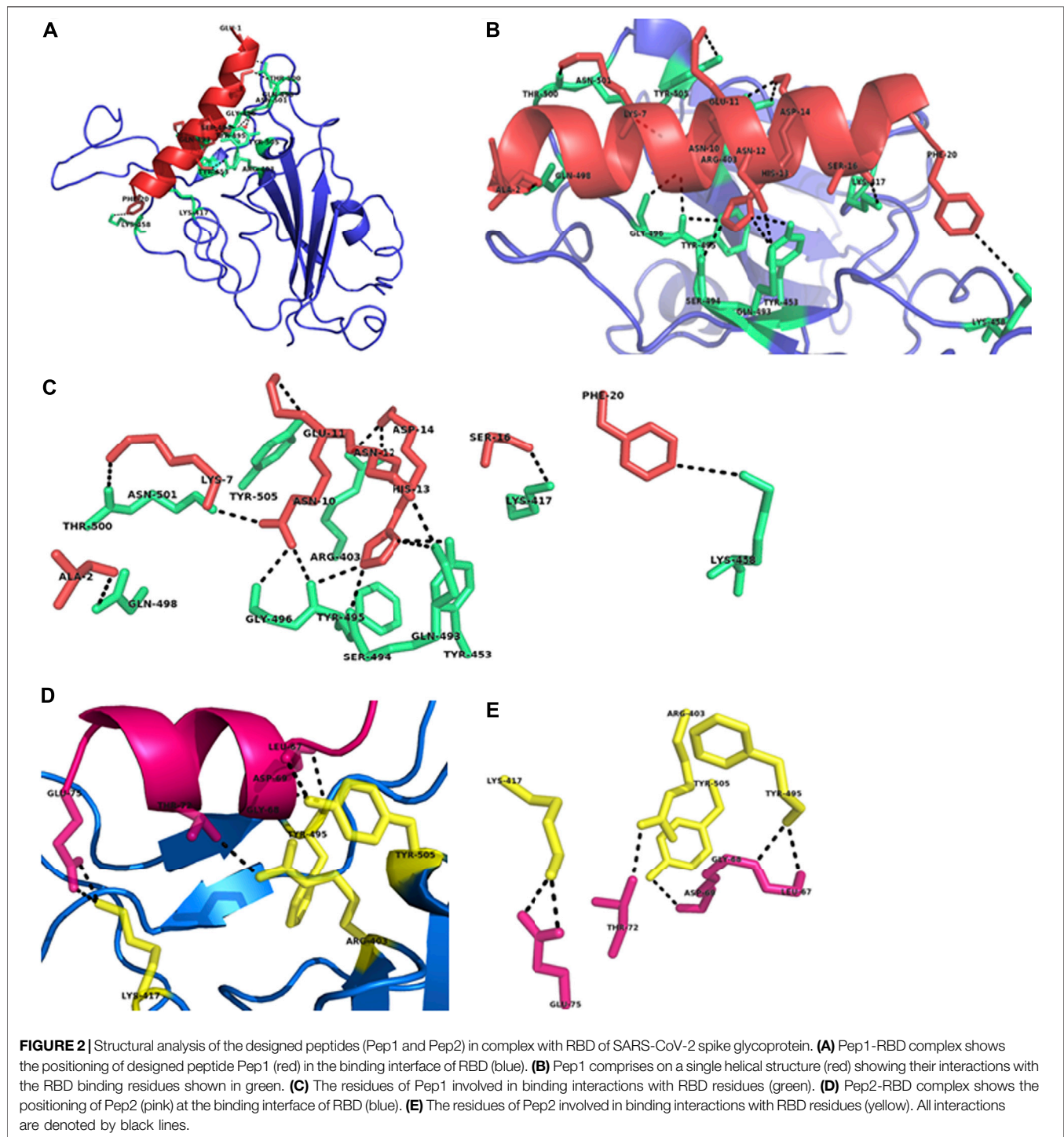
^bRoot mean square deviation (RMSD) calculated by TM-align shows the structural variations of two superimposed structures (each peptide and ACE2).

binding pattern and affinity of the designed peptides for RBD through protein-protein docking.

Protein-Protein Docking

To test the binding properties, protein-protein docking of the designed peptides with RBD was performed through HADDOCK. The HADDOCK-scores (the more negative the better binding affinity) of Pep1 and Pep2 were –119 and –111, respectively, when docked with RBD. The HADDOCK-score of Pep1 is greater than that of the intact ACE2 (–111) docked with RBD (Bisit et al., 2021). The docking RMSD of Pep1 and Pep2 in complex with RBD were 0.6 and 0.8, respectively, showing the high likelihood of the docked complexes with native one (Vangone et al., 2017).

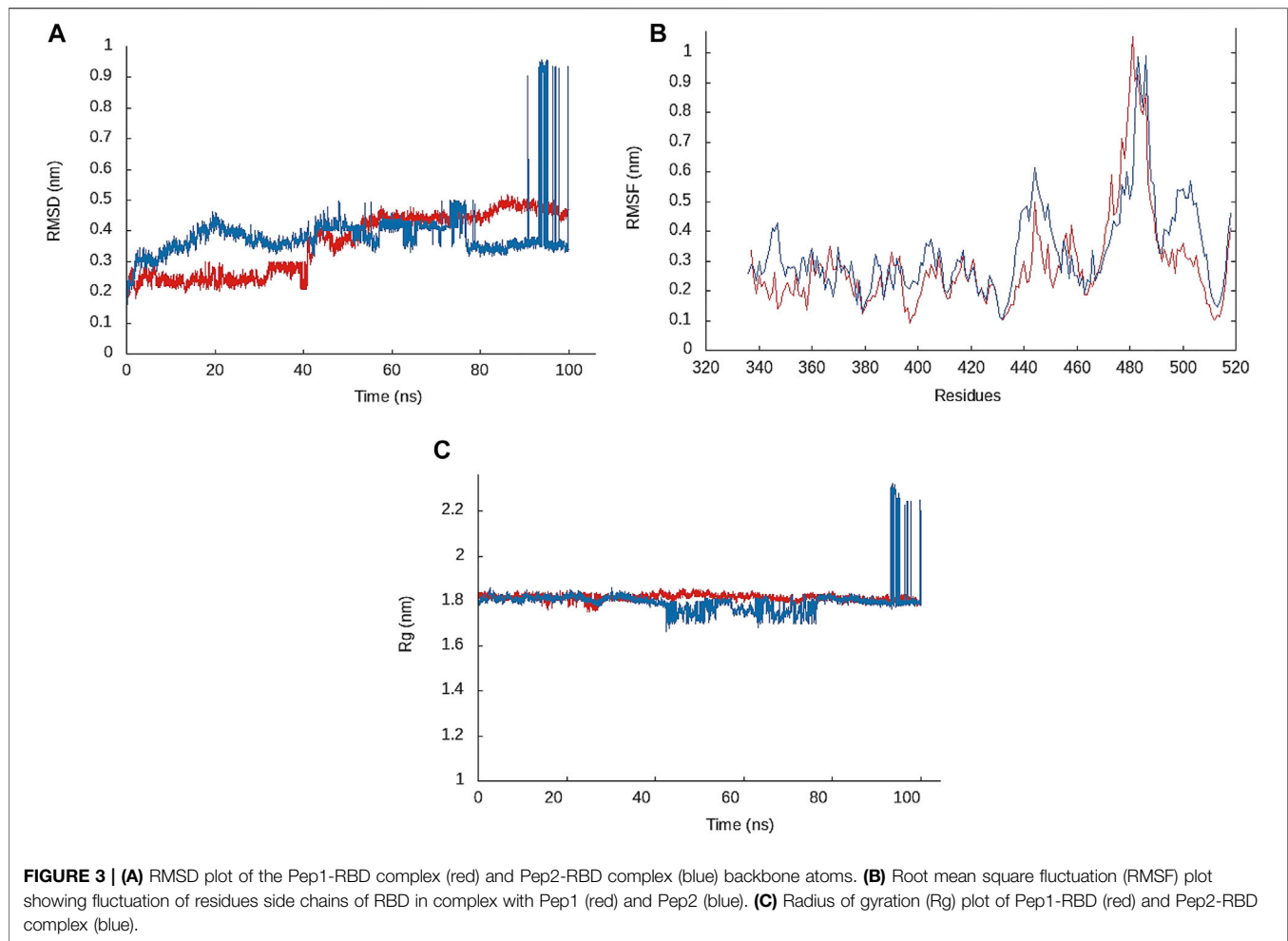
Our docking results showed that nine residues Ala2, Lys7, Asn10-Asp14, Ser16, and Phe20 of Pep1 interact with Arg403, Lys417, Tyr453, Lys458, Gln493-Gly496, Gln498, Thr500, Asn501, and Tyr505 residues of RBD (**Figures 2A–C**), while Leu67-Asp69, Thr72 and Glu75 of Pep2 interact with Arg404, Lys417, Tyr495 and Tyr 505 of RBD (**Figures 2D,E**). Similarly, seven residues of wild type tACE2 scaffold (Glu23, Glu24, Lys31, His34, Glu35, Glu37, and Asp38) showed binding interactions with Seven residues (Tyr453, Lys458, Asn487, Tyr489, Gln498, Thr500 and Gly502) of RBD (**Supplementary Figure S1**). These results confirm that Pep1 not only cover 11 the binding residues of RBD involved in interaction with human ACE2 (**Table 1**) but also other residues at position 403, 417, and 493–498, that may



involve in interaction with human receptors, making this peptide ideal for further clinical investigation for its therapeutic potential.

Previous studies have shown that binding residues of RBD are located at two distinct position, region1 (490, 493–495, 498, 501, 502) and region2 (417 and 458) (Lan et al., 2020; Basit et al., 2021). Interestingly, our *de novo* designed peptide Pep1 showed binding with region1 as well as region2 residues (Figure 2C). The superimposition of docked Pep1 with its scaffold showed that

redesigning moved the Phe20 into the favorable position for interaction with Lys458 of RBD, while mutation Ala16Ser results in interaction with Lys417 of RBD (Figures 1, 2C). Both of these residues are located at region2 and reported to be critical for interaction with RBD (Lan et al., 2020). The superimposition of designed peptides Pep3-10 with scaffold showed average RMSD 0.2 Å, suggesting their almost similar C-α backbone with deviation in R group positioning (Supplementary Figure S2).



The *de novo* design approach created optimum mutation which increased binding network of the designed peptide Pep1, resulting in successful blocking of the RBD binding residues required for interaction with human cell surface receptor.

Binding Affinity of Designed Peptides for ACE2

We further determined the binding affinity of the designed peptides for RBD and complex stability. The binding affinity showed by Pep1 for RBD was $-13.2 \text{ kcal mol}^{-1}$ at 36°C as optimum temperature which is greater than the binding affinity of wild type tACE2 ($-10.7 \text{ kcal mol}^{-1}$) (Basit et al., 2021) and scaffold tACE2 ($-11.2 \text{ kcal mol}^{-1}$). It seems that the favorable mutations and side chain rearrangement resulted in dramatic increase in binding affinity of Pep1 for RBD. The binding affinity of other designed peptides (Pep3-10) with RBD was found lower than Pep1 and almost higher than the scaffold (Table 1). We further determined the dissociation constant K_d values of peptide-receptor complexes. The Pep1-RBD complex showed K_d value $3.9 \times 10^{-10} \text{ M}$, which is lower than the previously reported K_d values of inhibitory peptide (P8: $2.4 \times 10^{-9} \text{ M}$) proposed for S protein of SARS-CoV-2 (Karoyan et al.,

2021) and wild type tACE2-RBD complex (Basit et al., 2021). The smaller K_d value indicates high stability and strong binding affinity between protein-protein complex (Johnson et al., 2007). The lower K_d value of Pep1-RBD complex suggest that the designed peptide Pep1 are tightly bound to the corresponding region of RBD. Binding affinity of Pep2-RBD complex was found lower than the Pep1-RBD complex. This indicates that region 21–40 of tACE2 has important role in binding with RBD.

MD Simulation Showed Stability of Designed Peptides-RBD Complex

To investigate the structural stability and dynamic behavior of the designed peptides in complex with RBD, we performed MD simulation of the RBD in complex with Pep1 and Pep2. The docking conformation with lowest energy was subjected to MD simulation. To investigate structural stability of the complex, RMSD plot of the complex backbone was produced. The RMSD values of Pep1-RBD complex remained 0.2–0.25 nm initially for 40 ns and then increased up to 0.4–0.5 nm for 60–100 ns of MD run. Similarly, the RMSD values of Pep2-RBD complex remained 0.3–0.4 nm during initial 90 ns while slightly increased up to 0.95 nm during 90–100 ns (Figure 3A). In general, the RMSD

≤ 0.3 nm during a 20 ns MD run indicates strong complex stability (Rao et al., 2007; Rani et al., 2016). Overall, a uniform lower RMSD of Pep1-RBD complex indicates that Pep1 bind more tightly to RBD than the Pep2. The RMSD value of Pep1-RBD complex is also lower than the previously reported therapeutic peptide (peptide inhibitor 4: 0.8 nm) for SARS-CoV-2 treatment (Han and Kral, 2020). RMSF determined in the docked complexes shows residues flexibility. The high RMSF values indicate the mobility of residue side chains in relation to their average position (Muralidharan et al., 2021). The RMSF plot of Pep1-RBD complex shows that the residues of RBD at position 358, 417, and 490–500 showing lower fluctuation (nm) than the Pep2-RBD complex. The overall RMSF value of Pep1-RBD complex is less than 0.2 nm in region I & II window, which is lower than the RMSF value (0.35 nm) of RBD when bound to intact ACE2 (Basit et al., 2021). The residues involved in binding interaction with lower RMSF values indicates the most stable region of the complex (Ardalan et al., 2018). The lower RMSF values of RBD binding residues indicate that Pep1 form a stable complex with RBD, as RMSF value < 0.4 nm reveals complex stability (Maqsood et al., 2020).

Rg value was determined to describe the structural integrity and folding behavior of the designed peptides in complex with RBD. A low Rg value reveals better structural integrity and folding behavior (Bhowmick et al., 2020; Chatterjee et al., 2020). Pep1-RBD complex showed a uniform and stable Rg value between 1.80–1.84 nm throughout a 100 ns MD run, while the Rg value of Pep2-RBD complex increased to 2.23 nm during 90–100 ns. The overall Rg values for both peptides remained between 1.80–1.84 nm during 0–89 ns, which is lower than the Rg value (2.2 nm) showed by intact ACE2-RBD complex (Basit et al., 2021), which indicates structural integrity of Pep1 and Pep2-RBD complex (Figure 3C). Overall, the MD simulation results suggests that the *de novo* designed peptides form a stabilized complex with RBD and propose their potential to block the SARS-CoV-2 spike glycoprotein for interaction with human cell surface receptor.

CONCLUSION

SARS-CoV-2 infects human cells through their receptor binding domain of its spike glycoprotein by interacting with cell surface receptor, ACE2. The *de novo* peptide design opens a new path for producing more potential therapeutic peptides that can mask the RBD critical residues required for interaction with human cell

surface receptor, making the SARS-CoV-2 unable to infect human cells. Our *de novo* designed peptides covering 11 binding residues of RBD with increased binding affinity and complex stability. A stabilized interactions network was shown by Pep1 and Pep2. The designed peptides can be tested experimentally for their binding affinity towards spike glycoprotein, followed by analyzing their potential to inhibit the targeted human cell line from SARS-CoV-2 pseudoparticles infection, live virus infection inhibition in cell culture, followed by assessment of its potential inhibitory activity in animal model of infection.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**, further inquiries can be directed to the corresponding authors.

AUTHOR CONTRIBUTIONS

Conceptualization, AB, SuR, and SHL; data collection, AB, AMK, MA, TA, JHL, and JHJ; data analysis, AB, AMK, MA, TA, JHL, and JHJ; writing—original draft preparation, AB, AMK, MA, TA, JHL, JHJ, SuR, and SHL; writing—review and editing, AB, AMK, MA, TA, JHL, JHJ, SuR, and SHL; supervision, SuR and SHL; funding acquisition, SHL. All authors have read and agreed to the published version of the manuscript.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphar.2021.731828/full#supplementary-material>

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Add-On Effect of Honeysuckle in the Treatment of Coronavirus Disease 2019: A Systematic Review and Meta-Analysis

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Effect of Honeysuckle in the Treatment
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Background: The outbreak of coronavirus disease 2019 (COVID-19) has rapidly spread to become a global emergency since December 2019. Chinese herbal medicine plays an important role in the treatment of COVID-19. Chinese herbal medicine honeysuckle is an extremely used traditional edible and medicinal herb. Many trials suggest that honeysuckle has obtained a good curative effect for COVID-19; however, no systematic evaluation on the clinical efficacy of honeysuckle in the treatment of COVID-19 is reported. This study aimed to evaluate the efficacy and safety of Chinese herbal medicine honeysuckle in the treatment of COVID-19.

Methods: Seven electronic databases (PubMed, EMBASE, Cochrane Library, China National Knowledge Infrastructure, China Science and Technology Journal Database, Wanfang Database, and China Biology Medicine) were searched to identify randomized controlled trials (RCTs) of honeysuckle for adult patients (aged ≥ 18 years) with COVID-19. The Cochrane Risk of Bias Tool was applied to assess the methodological quality of trials. Review Manager 5.3 software was used for data analysis.

Results: Overall, nine RCTs involving 1,286 patients were enrolled. Our meta-analyses found that combination therapy of honeysuckle and conventional therapy was more effective than conventional therapy alone in lung computed tomography (CT) [relative risk (RR) = 1.24, 95% confidence interval (95%CI) (1.12, 1.37), $P < 0.0001$], clinical cure rate [RR = 1.21, 95%CI (1.12, 1.31), $P < 0.00001$], and rate of conversion to severe cases [RR = 0.50, 95%CI (0.33, 0.76), $P = 0.001$]. Besides, combination therapy can improve the symptom score of fever, cough reduction rate, symptom score of cough, and inflammatory biomarkers (white blood cell (WBC) count; C-reactive protein (CRP)) ($P < 0.05$).

Conclusion: Honeysuckle combined with conventional therapy may be beneficial for the treatment of COVID-19 in improving lung CT, clinical cure rate, clinical symptoms, and laboratory indicators and reducing the rate of conversion to severe cases. Besides, combination therapy did not increase adverse drug events. More high-quality RCTs are needed in the future.

Keywords: coronavirus disease 2019, honeysuckle, systematic review, meta-analysis, randomized controlled trials

INTRODUCTION

Since December 2019, coronavirus disease 2019 (COVID-19) caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has become a public health emergency of global concern (Sattler et al., 2020). As of May 6, 2021, more than 154.815 million confirmed cases and more than 3.236 million deaths had been reported globally (World Health Organization (WHO), 2021). Thus, there is an urgent need to prevent and treat COVID-19.

Through a series of prevention and medical treatment measures, the COVID-19 epidemic in China has been effectively controlled by May 6, 2021, with 103,731 confirmed cases and 98,392 cured cases (World Health Organization (WHO), 2021; National Health Commission of the people's Republic of China, 2021). Chinese herbal medicine plays an important role in the treatment of COVID-19 in view of no specific drugs approved for COVID-19. Chinese herbal medicine honeysuckle is an extremely used traditional edible-medicinal herb (Li et al., 2021). Pharmacological studies have already proved honeysuckle's ideal clinical therapeutic effects on inflammation and infectious diseases (Li et al., 2021). Also, it is reported that honeysuckle can effectively alleviate clinical symptoms of COVID-19 (Hu et al., 2020; Zhang et al., 2020) and inhibit SARS-CoV-2 replication (Zhou et al., 2020).

At present, there are only few trials on the treatment of COVID-19 with honeysuckle (Hu et al., 2020; Zhang et al., 2020), but many trials on the treatment of COVID-19 used Chinese herbal medicine including honeysuckle as the main components (Ai et al., 2020; Ding et al., 2020; Duan et al., 2020). These trials suggest that honeysuckle has obtained a good curative effect for COVID-19 (Hu et al., 2020; Zhang et al., 2020). Presently, there is no systematic evaluation report on the clinical efficacy of honeysuckle in the treatment of COVID-19. This review aimed to critically evaluate the effectiveness and safety of honeysuckle for COVID-19.

METHODS

The preferred reporting item for systematic review and meta-analysis (PRISMA) Evaluation Scale was used for reporting the results of this review (Moher et al., 2009). The protocol for this review is available in PROSPERO (<https://www.crd.york.ac.uk/prospero/>, registration number is CRD42020224312).

Database and Search Strategies

The following seven databases were retrieved, including PubMed, EMBASE, Cochrane Library, China National Knowledge Infrastructure (CNKI), China Science and Technology Journal Database (VIP), Wanfang Database, and China Biology Medicine (CBM), from December 2019 to May 2021. There was no language restriction. The grouped keywords used as search strategy were as follows: ("traditional Chinese medicine" OR "Chinese herbal medicine" OR "honeysuckle" OR "lonicera" OR "jinyinhua") AND ("coronavirus disease 2019" OR "COVID-19" OR "novel coronavirus pneumonia" OR "SARS-

CoV-2") AND ("clinical trial" OR "randomized controlled trial" OR "randomised controlled trial" OR "lin chuang yan jiu"). The grouped keywords could be modified according to different databases.

Potentially eligible trials were obtained by manually searching the reference lists of published reviews and meta-analyses. We also retrieved the unpublished papers on honeysuckle for COVID-19.

Inclusion and Exclusion Criteria

We considered the following inclusion criteria: 1) study design: randomized controlled trials (RCTs); 2) participants: adult patients (aged ≥ 18 years) diagnosed with COVID-19; the diagnostic criteria of COVID-19 refer to "Diagnosis and Treatment Guideline for COVID-19 (Trial 8th Edition)" (National Health Commission of the people's Republic of China, 2020); 3) interventions: patients in the treatment group were treated with honeysuckle alone or a combination treatment of honeysuckle and controls; the dose of honeysuckle was 5–30 g, along with a duration range of 5–15 days; the form and dosage of honeysuckle were included in the study description; 4) control: patients in the control group were treated by any conventional therapy or placebo; 5) outcomes: lung computed tomography (CT) was the primary outcome. High-resolution CT was used to observe changes in the lung field before and after treatment. The secondary outcomes included clinical cure rate, viral nucleic acid testing, rate of conversion to severe cases, clinical symptoms (e.g., fever, cough, and fatigue), inflammatory biomarkers [e.g., white blood cell (WBC) count, lymphocyte (LYM) count, and C-reactive protein (CRP)], and adverse drug events (e.g., adverse events rate, diarrhea, and liver damage).

We considered the following exclusion criteria: 1) study design: non-RCTs, such as retrospective studies, observational studies, case reports, and cross-over studies; non-RCTs were excluded due to potential high risk of bias and confounding; 2) participants: patients with a suspected diagnosis of COVID-19; 3) repeated data studies; 4) reviews.

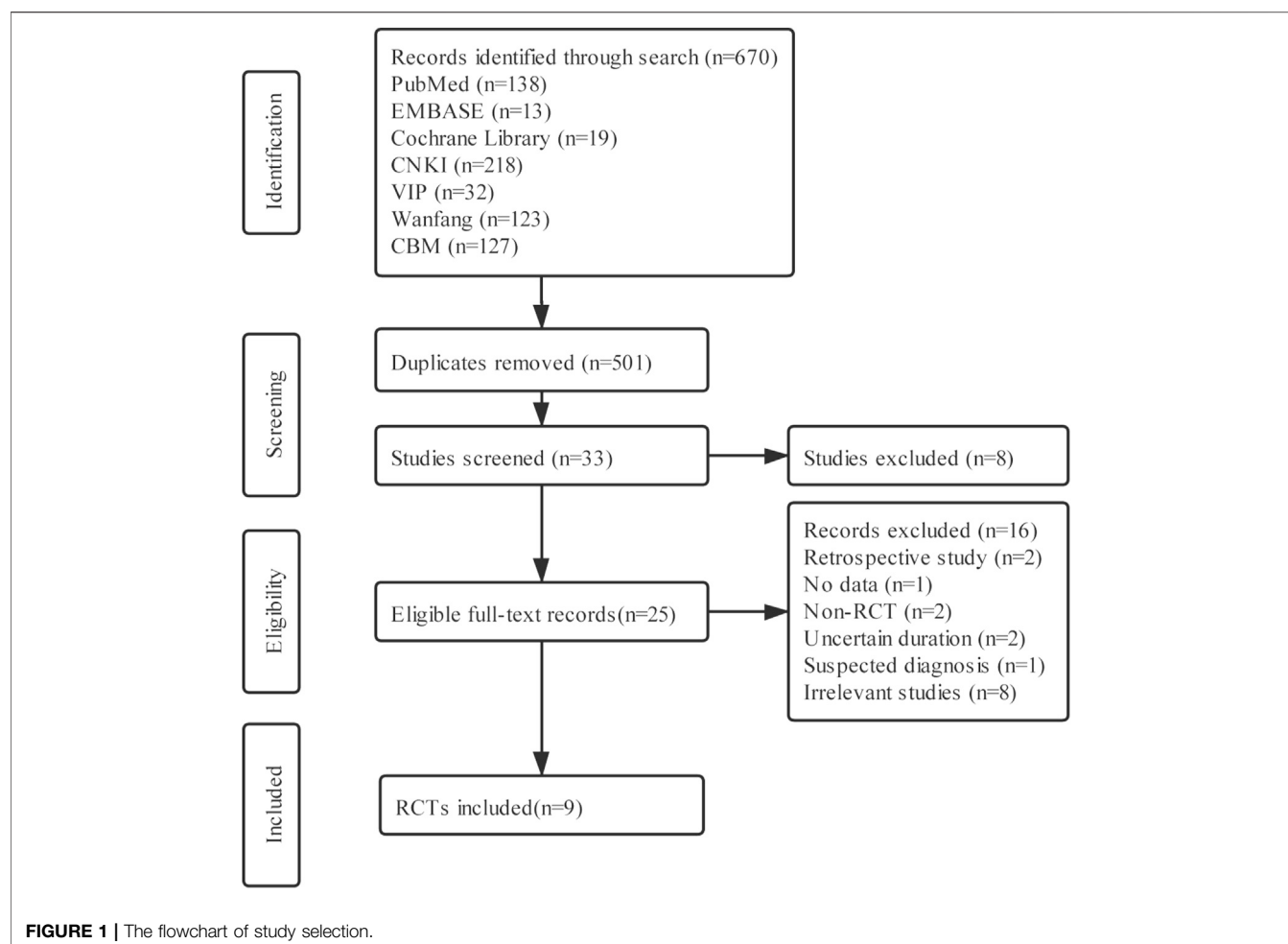
Two reviewers independently screened the trials from seven databases according to the eligibility criteria. Duplicate publications were removed. Through reading the title, abstract, and full text, reviewers excluded the non-RCTs and irrelevant trials. Two reviewers independently extracted data according to the eligibility criteria. Any disagreements were consulted by a third reviewer.

Data Collection

The following information was documented in the data extraction tables: basic characteristics (e.g., the title, first authors' name, publication date, intervention schedule of treatment and control groups, and treatment duration), participant characteristics (e.g., age, gender, and sample size), outcome measures, and adverse drug events.

Quality Assessment

The methodological quality was independently evaluated by two reviewers according to the Cochrane Collaboration's tool (Higgins and Green, 2014). There were seven items of risk of bias (ROB): random sequence generation, allocation



concealment, blinding of participants and personnel, blinding of outcome assessment, incomplete outcome data, selective reporting, and other biases. Each item was assessed at low ROB, high ROB, or unclear ROB. Any disagreements between reviewers were resolved by consultation with a third reviewer.

Statistical Analysis

Review Manager 5.3 software (the Cochrane Collaboration, 2014) was used to perform the quantitative synthesis. Relative risk (RR) was used for the dichotomous variables. Mean difference (MD) or standard mean difference (SMD) was used for the continuous variables. Confidence intervals (CIs) were set as 95%. Heterogeneity was tested with the χ^2 test and the I^2 statistical value. Assuming that the p -value from the χ^2 test was more than 0.10 or $I^2 \leq 50\%$, a fixed-effect model was used to assess the differences between two groups; otherwise, a random-effects model was applied. A subgroup analysis of the primary outcome was performed according to the clinical classification of COVID-19. Subgroup analyses of viral nucleic acid testing and rate of conversion to severe cases were performed according to the Chinese herbal medicine component. Sensitivity analysis was conducted by the leave-one-out method (Panahi et al., 2015). When the number of trials on an outcome measure was larger than ten, a funnel plot

analysis was performed to evaluate the reporting bias (Liu et al., 2020). Statistically significant results were defined by $p < 0.05$.

RESULTS

Study Selection

The flowchart of study selection is shown in (Figure 1). A total of nine eligible trials were included (Fu et al., 2020a; Ai et al., 2020; Ding et al., 2020; Duan et al., 2020; Fu et al., 2020b; Hu et al., 2020; Yu et al., 2020; Zhang et al., 2020; Hu et al., 2021). One article was published online in English (Hu et al., 2021), and the rest were reported online in Chinese.

Study Characteristics

The characteristics of included trials are listed in Table 1. All the trials were conducted in China in 2020, among them, two studies were multicentered trials (Hu et al., 2020; Hu et al., 2021) and seven were single-centered trials (Ai et al., 2020; Ding et al., 2020; Duan et al., 2020; Hu et al., 2020; Yu et al., 2020; Zhang et al., 2020; Hu et al., 2021). The sample size of the included trials ranged from 65 to 295 (total 1,286). The treatment duration ranged from 5 to 15 days. Patients in the treatment group were treated with combination

TABLE 1 | The characteristics of included trials.

First author	Type of COVID-19	Sample size (M/F)	Age (yrs)	Intervention	Control	Duration	Outcome measures
Ai et al. (2020)	Nonsevere	T:55 (24/31) C:43 (17/26)	T:57.4 ± 21.3 C:50.8 ± 23.5	Pneumonia No.1 formula (1 dose/d) + conventional therapy	Conventional therapy including arbidol, lopinavir/tonavir, chloroquine, and symptomatic treatment	12 days	Clinical cure rate, inflammatory biomarkers, and adverse events
Ding et al. (2020)	Mild/moderate/severe	T:51 (39/12) C:49 (39/10)	T:57.4 ± 21.3 C:50.8 ± 23.5	Qingfei Touxie Fuzheng recipe (1 dose/d) + conventional therapy	Conventional therapy including interferon-α, ribavirin, quinolones and/or third-generation cephalosporins, and symptomatic treatment	10 days	Lung CT, clinical symptoms, inflammatory biomarkers, and adverse events
Duan et al. (2020)	Mild	T:82 (39/43) C:41 (23/18)	T:51.99 ± 13.88 C:50.29 ± 13.17	Jinhua Qinggan granule (1 dose/time, tid) + conventional therapy	Conventional therapy including antiviral, anti-infection, and other symptomatic treatments	5 days	Clinical symptoms and adverse events
Fu et al. (2020a)	Mild/moderate	T:32 (17/15) C:33 (19/14)	T:43.26 ± 7.15 C:43.68 ± 6.45	Toujie Quwen granule (1 dose/time, bid) + conventional therapy	Conventional therapy including abidor tablets, moxifloxacin tablets, and ambroxol tablets	10 days	Lung CT, clinical cure rate, rate of conversion to severe cases, clinical symptoms, inflammatory biomarkers, and adverse events
Fu et al. (2020b)	Moderate	T:37 (19/18) C:36 (19/17)	T:45.26 ± 7.25 C:44.68 ± 7.45	Toujie Quwen granule (1 dose/time, bid) + conventional therapy	Conventional therapy including abidor tablets and ambroxol tablets	15 days	Clinical cure rate, rate of conversion to severe cases, clinical symptoms, inflammatory biomarkers, and adverse events
Hu et al. (2020)	Moderate	T:100 (49/51) C:100 (55/45)	T:47.00 ± 14.06 C:49.28 ± 11.14	Jinyinhua oral liquid (120 ml/time, tid) + conventional therapy	Conventional therapy including interferon-α, lopinavir/tonavir tablets, and symptomatic treatment	10 days	Lung CT, virus nucleic acid testing, rate of conversion to severe cases, and adverse events
Hu et al. (2020)	Mild/moderate	T:142 (79/63) C:142 (71/71)	T:50.4 ± 15.2 C:51.8 ± 14.8	Lianhua Qingwen capsule (6 g, tid) + conventional therapy	Conventional therapy including oxygen therapy, antiviral medications, and symptomatic therapies	14 days	Lung CT, clinical cure rate, virus nucleic acid testing, rate of conversion to severe cases, clinical symptoms, and adverse events
Yu et al. (2020)	Mild/moderate	T:147 (82/65) C:148 (89/59)	T:48.27 ± 9.56 C:47.25 ± 8.67	Lianhua Qingwen granule (6 g, tid) + conventional therapy	Conventional therapy including abidor tablets, moxifloxacin tablets, and ambroxol tablets	7 days	Lung CT, clinical cure rate, rate of conversion to severe cases, clinical symptoms, inflammatory biomarkers, and adverse events
Zhang et al. (2020)	Moderate	T:80 (50/30) C:40 (23/17)	T:53.4 ± 13.70 C:52.0 ± 14.10	Jinyinhua oral liquid (60 ml/time, tid) + conventional therapy	Conventional therapy including interferon-α, lopinavir, tonavir tablets, and symptomatic treatment	10 days	Rate of conversion to severe cases, clinical symptoms, and adverse events

therapy of honeysuckle and controls. Control groups used conventional therapy. In each trial, conventional therapy in the treatment group was identical to the control group. Two trial intervention groups were Chinese medicine compound drugs (Pneumonia No. 1 formula and Qingfei Touxie Fuzheng recipe) (Ai et al., 2020; Ding et al., 2020). And the other trials were Chinese patent medicine (Duan et al., 2020; Fu et al., 2020a; Fu et al., 2020b; Hu et al., 2020; Yu et al., 2020; Zhang et al., 2020; Hu et al., 2021). Conventional therapy included oxygen therapy, drugs, and symptomatic therapies. The drugs used in the control group were arbidol, lopinavir, interferon-α, and ribavirin. Two trial control

groups did not provide specific therapy medicine (Duan et al., 2020; Hu et al., 2021).

Description of Honeysuckle

The description of honeysuckle in each trial is shown in **Table 2**. Honeysuckle was used in the dosage formulations of granules (55.55%) (Ai et al., 2020; Duan et al., 2020; Fu et al., 2020a; Fu et al., 2020b; Yu et al., 2020), decoction (11.11%) (Ding et al., 2020), oral liquid (22.22%) (Hu et al., 2020; Zhang et al., 2020), and capsule (11.11%) (Hu et al., 2021). The component of oral liquid (Hu et al., 2020; Zhang et al., 2020) is only honeysuckle.

TABLE 2 | The description of honeysuckle in each trial.

References	Honeysuckle and Chinese herbal medicine	Components
Ai et al. (2020)	Pneumonia No.1 formula (granule)	Honeysuckle 15 g, Lianqiao 30 g, Qingdao 10 g, Huangqi 45 g, Shancigu 20 g, Huangqin 10 g, Daqingye 10 g, Chaihu 5 g, Chantui 10 g, Qianhu 5 g, Chuanbeimu 10 g, Zhebeimu 10 g, Wumei 30 g, Xuanshen 10 g, Fuling 30 g, and Taizishen 15 g
Ding et al. (2020)	Qingfei Touxie Fuzheng recipe (decoction)	Honeysuckle 30 g, Lianqiao 15 g, Mahuang 6 g, Shigao 20 g, Kuxingren 10 g, Lugen 30 g, Yiyren 30 g, Jiangcan 10 g, Chantui 10 g, Huzhang 15 g, Jianghuang 10 g, Baishaoyao 10 g, Taizishen 20 g, and Gancao 15 g
Duan et al. (2020)	Jinhua Qinggan granule	Honeysuckle 10 g, Shigao 10 g, Mahuang 10 g, Kuxingren 10 g, Huangqin 10 g, Lianqiao 10 g, Zhebeimu 10 g, Zhimu 10 g, Niubangzi 10 g, Qinghao 10 g, Bohe 10 g, and Gancao 10 g
Fu et al. (2020a)	Toujie Quwen granule	Honeysuckle 15 g, Lianqiao 30 g, Shancigu 20 g, Huangqin 10 g, Daqingye 10 g, Chaihu 5 g, Qinghao 10 g, Chantui 10 g, Qianhu 5 g, Chuanbeimu 10 g, Zhebeimu 10 g, Wumei 30 g, Xuanshen 10 g, Huangqi 45 g, Fuling 30 g, and Taizishen 15 g
Fu et al. (2020b)	Toujie Quwen granule	Honeysuckle 15 g, Lianqiao 30 g, Shancigu 20 g, Huangqin 10 g, Daqingye 10 g, Chaihu 5 g, Qinghao 10 g, Chantui 10 g, Qianhu 5 g, Chuanbeimu 10 g, Zhebeimu 10 g, Wumei 30 g, Xuanshen 10 g, Huangqi 45 g, Fuling 30 g, and Taizishen 15 g
Hu et al. (2020)	Jinyinhua oral liquid	Honeysuckle 10.8 g
Hu et al. (2020)	Lianhua Qingwen capsule	Honeysuckle, Lianqiao, Mahuang, Kuxingren, Shigao, Banlangen, Mianma, Guanzhong, Yuxingcao, Huoxiang, Dahuang, Hongjingtian, menthol, and Gancao
Yu et al. (2020)	Lianhua Qingwen granule	Honeysuckle, Lianqiao, Mahuang, Kuxingren, Shigao, Banlangen, Mianma, Guanzhong, Yuxingcao, Huoxiang, Dahuang, Hongjingtian, menthol, and Gancao
Zhang et al. (2020)	Jinyinhua oral liquid	Honeysuckle 5.4 g

TABLE 3 | Risk of bias.

References	A	B	C	D	E	F	G
Ai et al. (2020)	L	U	U	U	L	U	U
Ding et al. (2020)	L	U	U	U	L	U	U
Duan et al. (2020)	L	U	U	U	L	U	U
Fu et al. (2020a)	L	U	U	U	L	U	U
Fu et al. (2020b)	L	U	U	U	L	U	U
Hu et al. (2020)	L	U	U	U	L	U	U
Hu et al. (2020)	L	U	U	L	L	U	U
Yu et al. (2020)	L	U	U	U	L	U	U
Zhang et al. (2020)	U	U	U	U	L	U	U

A, random sequence generation (selection bias); B, allocation concealment (selection bias); C, blinding of participants and personnel (performance bias); D, blinding of outcome assessment (detection bias); E, incomplete outcome data (attrition bias); F, selective reporting (reporting bias); G, other biases; L, low risk; H, high risk; U, unclear.

Honeysuckle is one component of Chinese herbal medicine in other dosage formulations.

METHODOLOGICAL QUALITY

The results of the ROB assessment are shown in **Table 3**. In general, there was insufficient information available in all trials included in this study. The risks of bias of included trials were mostly “unclear risk.”

Results of the Meta-Analysis

Four trials (Ding et al., 2020; Duan et al., 2020; Hu et al., 2020; Yu et al., 2020) reported lung CT. Compared with conventional therapy alone, combination therapy of honeysuckle and conventional therapy exhibited a significant improvement on lung CT [4 trials, $n = 744$, $RR = 1.24$, $95\%CI (1.12, 1.37)$, $I^2 = 11\%$, $p < 0.0001$] (**Figure 2A**). Subgroup analysis revealed that

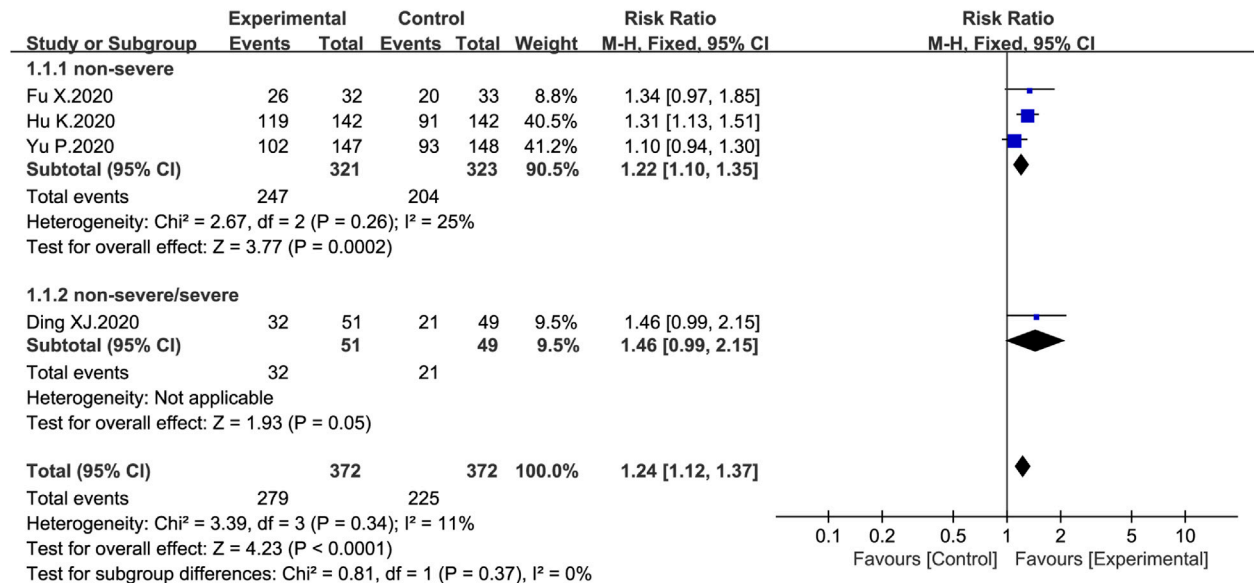
combination therapy could better improve the lung CT of nonsevere COVID-19 [3 trials, $n = 644$, $RR = 1.22$, $95\%CI (1.10, 1.35)$, $I^2 = 25\%$, $p = 0.0002$] (**Figure 2A**).

Five trials (Ai et al., 2020; Fu et al., 2020a; Fu et al., 2020b; Yu et al., 2020; Hu et al., 2021) demonstrated the clinical cure rate. The results showed that clinical cure rate in the combination treatment groups was higher than the control groups [5 trials, $n = 815$, $RR = 1.21$, $95\%CI (1.12, 1.31)$, $I^2 = 19\%$, $p < 0.00001$] (**Figure 2B**).

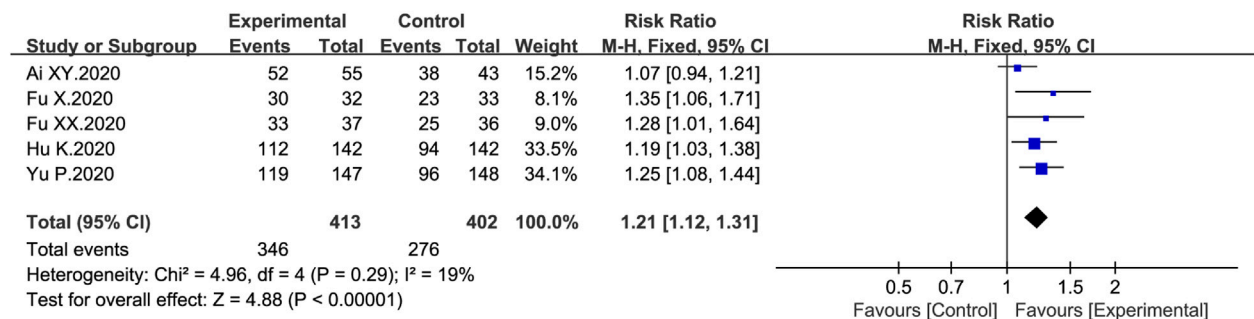
Three trials (Hu et al., 2020; Zhang et al., 2020; Hu et al., 2021) described viral nucleic acid testing. Compared with the control groups, no statistical difference on viral nucleic acid testing was identified [3 trials, $n = 532$, $RR = 1.06$, $95\%CI (0.98, 1.15)$, $I^2 = 0\%$, $p = 0.15$] (**Figure 3A**). Subgroup analysis suggested no statistical difference between honeysuckle alone ($p = 0.32$) and Chinese herbal medicine formula ($p = 0.28$) (**Figure 3A**).

Six trials (Fu et al., 2020a; Fu et al., 2020b; Hu et al., 2020; Yu et al., 2020; Zhang et al., 2020; Hu et al., 2021) reported rate of conversion to severe cases. We found that combination therapy could significantly reduce the rate of conversion to severe cases [6 trials, $n = 965$, $RR = 0.50$, $95\%CI (0.33, 0.76)$, $I^2 = 0\%$, $p = 0.001$] (**Figure 3B**). Subgroup analysis showed that there was a significant difference between honeysuckle alone ($p = 0.04$) and Chinese herbal medicine formula ($p = 0.01$) (**Figure 3B**).

Six trials (Ding et al., 2020; Duan et al., 2020; Fu et al., 2020a; Fu et al., 2020b; Yu et al., 2020; Zhang et al., 2020) described clinical symptoms of fever, cough, and fatigue. Meta-analyses revealed that combination therapy could better improve the symptoms reduction rate and symptom score than conventional therapy (**Table 4**). As shown in **Table 4**, combination therapy could significantly improve the symptom score of fever, cough reduction rate, symptom score of cough, and symptom score of fatigue ($p < 0.05$). However, there was no significant difference in

A

lung CT.

B

clinical cure rate.

FIGURE 2 | Forest plot of the effects of combination therapy for outcomes of **(A)** lung CT and **(B)** clinical cure rate.

fever reduction rate and fatigue reduction rate between the combination treatment and control groups ($p > 0.05$).

Five trials (Ai et al., 2020; Ding et al., 2020; Fu et al., 2020a; Fu et al., 2020b; Yu et al., 2020) reported inflammatory biomarkers. We found that combination therapy was beneficial for WBC count [3 trials, $n = 433$, MD = 0.38, 95%CI (0.31, 0.44), $I^2 = 22\%$, $p < 0.00001$], LYM count [4 trials, $n = 531$, MD = 0.23, 95%CI (0.05, 0.41), $I^2 = 97\%$, $p = 0.01$], and CRP level [4 trials, $n = 533$, MD = -12.95, 95%CI (-21.18, -4.01), $I^2 = 98\%$, $p = 0.004$] to return to normal. And these differences were statistically significant ($p < 0.05$) (Table 5).

All included trials reported adverse drug events. The common adverse drug events of combination therapy were nausea and vomiting, inappetence, diarrhea, headache, renal dysfunction, and abnormal liver function. As shown in Table 6, there was no significant difference in adverse events rate, diarrhea, and abnormal liver function between the

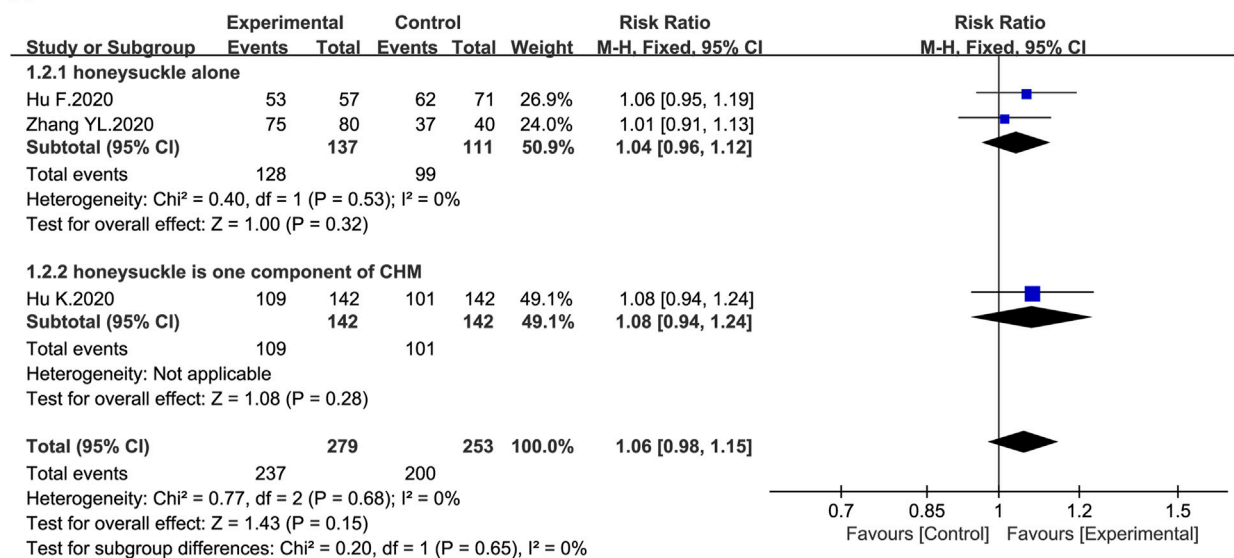
combination treatment and control groups ($p > 0.05$). Additionally, inappetence, nausea and vomiting, headache, and renal dysfunction were reported in one trial (Hu et al., 2021), and no statistical difference was identified in both combination treatment and control groups.

Sensitivity Analysis

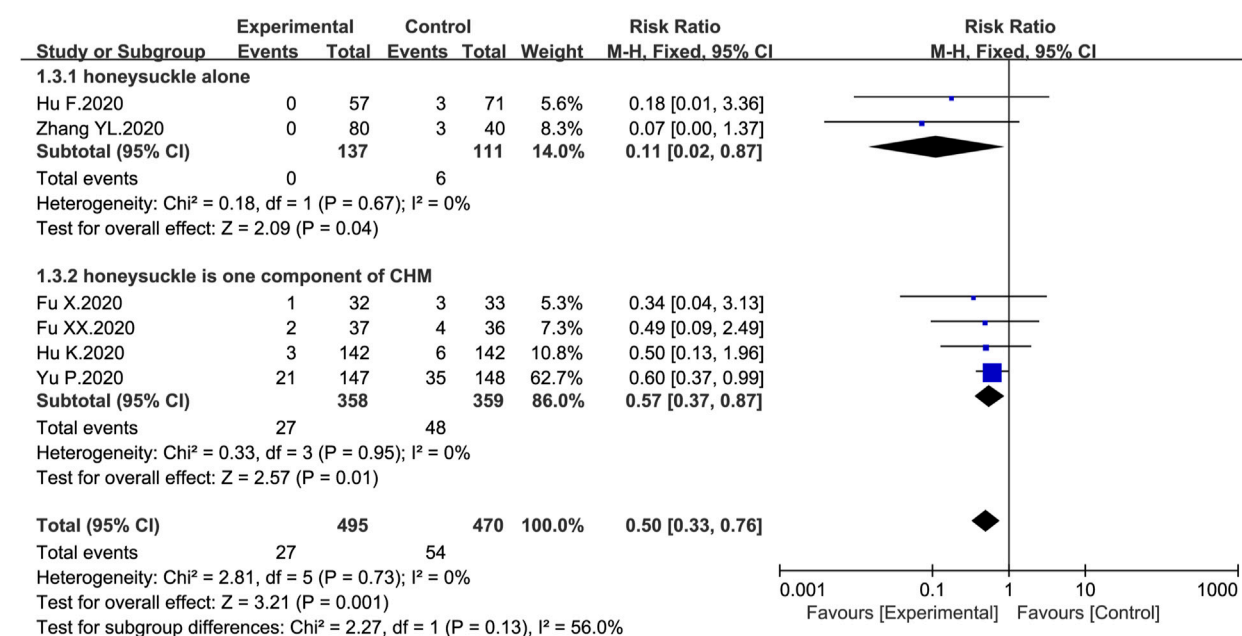
Sensitivity analysis revealed a small change in the effect amount, and a significant difference in lung CT, clinical cure rate, rate of conversion to severe cases, symptom score of fever, cough reduction rate, symptom score of cough, WBC count, and CRP. Sensitivity analysis indicated that the above results were robust.

Publication Bias

As the number of trials in any comparative outcome measure was less than ten, we did not assess the publication bias.

A

viral nucleic acid testing.

B

rate of conversion to severe cases.

FIGURE 3 | Forest plot of the effects of combination therapy for outcomes of **(A)** viral nucleic acid testing and **(B)** rate of conversion to severe cases.**DISCUSSION****Summary of Findings**

In our study, it was found that Chinese herbal medicine honeysuckle could provide additional benefit for the clinical outcomes of COVID-19. This finding was consistent with similar studies (Ang et al., 2020; Xiong et al., 2020). Similar

studies have shown that, compared with conventional therapy, Chinese herbal medicine had better effects and fewer adverse drug events (Ang et al., 2020; Xiong et al., 2020). Facing such a severe COVID-19 epidemic, Western countries should pay high attention to the curative effect of Chinese herbal medicine.

Honeysuckle is one of the most widely used traditional Chinese herbal medicines. It is used as an antiviral,

TABLE 4 | Comparison of clinical symptoms between the treatment group and control group.

Outcome measure	No. of trials	Samples			Statistical method	Effect estimate	p-value
		Total	Events/intervention	Events/control			
Fever cases	3	296	171/185	90/111	RR (random) 95%CI	0.11 (−0.10, 0.33)	0.31
Cough cases	3	260	135/167	56/93	RR (fixed) 95%CI	1.37 (1.15, 1.65)	0.0006
Fatigue cases	2	163	98/116	32/47	RR (random) 95%CI	1.20 (0.85, 1.69)	0.3
Symptom score of fever	3	433	—	—	RR (random) 95%CI	−0.62 (−0.79, −0.45)	< 0.00001
symptom score of cough	3	433	—	—	RR (random) 95%CI	−1.18 (−1.34, −1.03)	< 0.00001
Symptom score of fatigue	3	433	—	—	RR (random) 95%CI	−0.60 (−1.04, −0.17)	0.007

TABLE 5 | Comparison of inflammatory biomarkers between the treatment group and control group.

Outcome measure	No. of trials	Samples	Statistical method	Effect estimate	p-value
WBC count	3	433	MD (fixed) 95%CI	0.38(0.31, 0.44)	< 0.00001
LYM count	4	531	MD (random) 95%CI	0.23(0.05, 0.41)	0.01
CRP	4	533	MD (random) 95%CI	−12.95(−21.18, −4.01)	0.004

TABLE 6 | Comparison of adverse drug events between the treatment group and control group.

Outcome measure	No. of trials	Samples			Statistical method	Effect estimate	p-value
		Total	Events/intervention	Events/control			
Adverse events rate	5	755	96/412	80/343	RR (random) 95%CI	1.72(0.44, 6.74)	0.44
Diarrhea	4	655	37/361	19/294	RR (random) 95%CI	2.43(0.20, 29.33)	0.49
Abnormal liver function	2	384	34/193	35/191	RR (fixed) 95%CI	0.97(0.64, 1.47)	0.88

immunomodulator, anti-inflammatory, hepatoprotectant, and nephroprotectant (Miao et al., 2019; Bai et al., 2020; Fang et al., 2020; Alekhya Sita et al., 2019). Honeysuckle is predicted to suppress SARS-CoV-2 replication (Lee et al., 2021). Honeysuckle extracts can inhibit the replication of influenza viruses H1N1, H3N2, and the oseltamivir-resistant mutant strain H1N1-H275Y (Li et al., 2020). Honeysuckle polysaccharides can regulate nonspecific immunity (Zhou et al., 2018) and inhibit the expression of inflammatory factors TNF- α and IL-1 β (Bai et al., 2020). Neochlorogenic acid from *Lonicera* can prevent excessive macrophage-mediated responses associated with acute and chronic inflammatory disorders (Park et al., 2018). *Lonicera caerulea* L. polyphenols (LCPs) can alleviate LPS-induced liver injury by suppressing the nuclear translocation of NF- κ B p65 and activation of the MAPK signaling pathway (Li et al., 2020). Luteolin is a pharmacologically active component normally found in honeysuckle, which exhibits antioxidant activity and nephroprotective activity (Alekhya Sita et al., 2019).

In our study, honeysuckle combined with conventional therapy was superior to conventional therapy alone in improving clinical symptoms, imaging, and laboratory indexes. Compared with conventional therapy alone, combination therapy of honeysuckle and conventional therapy could improve symptom score of fever, cough

reduction rate, and symptom score of cough. We found that combination therapy could improve lung CT, increase WBC count, and reduce CRP level. This is related to the fact that honeysuckle can affect the immune response and production of inflammatory cytokines (Zhou et al., 2018; Bai et al., 2020). Immunopathological changes, including diminished lymphocytes and elevated cytokines, are important drivers of disease progression and death in coronavirus infections (Tang et al., 2020). Cytokine storm is uncontrolled overproduction of inflammation markers with elevated levels of IL-6, IL-1 β , and TNF- α (Coperchini et al., 2020; Kempuraj et al., 2020). This leads to acute lung injury, acute respiratory distress syndrome (ARDS), and widespread tissue damage resulting in multiorgan failure and death (Ragab et al., 2020; Caricchio et al., 2021). In our study, we also found that combination therapy had improvements in clinical parameters including clinical cure rate and rate of conversion to severe cases.

Safety issues should be another concern when honeysuckle combined with conventional therapy is used for COVID-19 patients. In our study, all included trials reported adverse drug events. Compared with conventional therapy alone, combination therapy of honeysuckle and conventional therapy did not increase adverse drug events. This is related to the fact that honeysuckle exhibits hepatoprotective and nephroprotective activity (Alekhya Sita et al., 2019; Li et al., 2020).

Strengths and Limitations

This study is to our knowledge the first systematic review and meta-analysis for the effectiveness and safety of honeysuckle combined with conventional therapy in adult patients with COVID-19. It could help to respond to the current public health emergency. Another advantage could be that only randomized studies are included. Our study was also performed in accordance with Cochrane Handbook and PRISMA checklist to draw quantitative conclusions with scientific and rigorous methods. In addition, we conducted a subgroup analysis and sensitivity analysis. It meant that our meta-analysis results were more robust.

However, our review had several limitations. Merger statistical analysis of some outcomes had unexplained heterogeneity. Most of the included trials had deficiencies in methodology design, including hidden allocation, blinding, and selective reporting. Publication bias was unclear. The drugs used in the control group were different. However, we did not perform subgroup analyses. The treatment duration ranged from 5 to 15 days. We also did not perform subgroup analyses according to treatment duration.

CONCLUSION

In conclusion, honeysuckle combined with conventional therapy may be beneficial for the treatment of COVID-19 in improving clinical symptoms, lung CT, laboratory indicators, and clinical cure rate and reducing the rate of conversion to severe cases. Besides, combination therapy did not increase adverse drug

events. However, considering the poor methodology of included trials, more high-quality trials are needed to evaluate the efficacy of honeysuckle in the treatment of COVID-19 in the future.

AUTHOR CONTRIBUTIONS

L-PS and W-FC designed the study. L-PS and X-QD searched databases, collected the data, assessed the quality of study, and performed data analysis. L-PS, X-QD, W-FC, Z-WC, BZ, and J-YH contributed to the rationalization of the results. L-PS, X-QD, and W-FC wrote the manuscript.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphar.2021.708636/full#supplementary-material>

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Characterization of Phytochemicals in *Ulva intestinalis* L. and Their Action Against SARS-CoV-2 Spike Glycoprotein Receptor-Binding Domain

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Coronavirus disease-2019 (COVID-19) has caused a severe impact on almost all aspects of human life and economic development. Numerous studies are being conducted to find novel therapeutic strategies to overcome COVID-19 pandemic in a much effective way. *Ulva intestinalis* L. (*Ui*), a marine microalga, known for its antiviral property, was considered for this study to determine the antiviral efficacy against severe acute respiratory syndrome-associated Coronavirus-2 (SARS-CoV-2). The algal sample was dried and subjected to ethanolic extraction, followed by purification and analysis using gas chromatography-coupled mass spectrometry (GC-MS). Forty-three known compounds were identified and docked against the S₁ receptor binding domain (RBD) of the spike (S) glycoprotein. The compounds that exhibited high binding affinity to the RBD of S₁ protein were further analyzed for their chemical behaviour using conceptual density-functional theory (C-DFT). Finally, pharmacokinetic properties and drug-likeness studies were carried out to test if the compounds qualified as potential leads. The results indicated that mainly phenols, polyenes, phytosteroids, and aliphatic compounds from the extract, such as 2,4-di-tert-butylphenol (2,4-DtBP), doconexent, 4,8,13-divatriene-1,3-diol (DTD), retinoyl-β-glucuronide 6',3'-lactone (RBGUL), and retinal, showed better binding affinity to the target. Pharmacokinetic validation narrowed the list to 2,4-DtBP, retinal and RBGUL as the possible antiviral candidates that could inhibit the viral spike protein effectively.

Keywords: SARS-CoV-2 spike S1 subunit, *Ulva intestinalis* L., phytochemicals, GC-MS, COVID-19, molecular docking, ADMET studies, conceptual DFT

INTRODUCTION

COVID-19, a contagious viral disease caused by SARS-CoV-2, was declared as a public health emergency of international concern by the World Health Organization (WHO) on 30 January 2020, and as a pandemic on March 11, 2020 (Ge et al., 2020). According to the recent pandemic situation report released by the WHO, SARS-CoV-2 has infected nearly 180 million individuals, causing about four million deaths. Being a positive, single-stranded RNA virus of size 50–200 nm and genome size

of 29.9 k ribonucleotides, it is the most recent member included in the *Betacoronavirus* genus of the *Orthocoronavirinae* subfamily of coronaviruses (Lu et al., 2020). The viral genome was found to encode twelve main proteins, of which two, the spike glycoprotein and the main protease (M^{pro}) have gained attention as potential COVID-19 drug targets (Pavlova et al., 2021). The availability of structural details of these two proteins has accelerated computational studies. The thermodynamically favoured irreversible inhibition of M^{pro} by Michael acceptors has been studied by computational methods such as molecular dynamics and density functional theory (Poater 2020; Ramos-Guzmán et al., 2021; Zanetti-Polzi et al., 2021). The covalent and non-covalent binding free energies of M^{pro} inhibitors have been studied to aid in rational drug discovery and design for targeted antiviral therapy (Awoonor-Williams and Abu-Saleh, 2021). Several experimentations suggest that SARS-CoV and SARS-CoV-2 have a sequence identity of approximately 79 percent, and both variants use angiotensin converting enzyme 2 (ACE2) as their cellular receptor. Similarly, some studies suggest that the infectivity rate varies with amino acid change in the spike protein, and the adsorption of S protein on gold nanoparticles was completely dependant on the size of the core nano-gold (Bette et al., 2021; Yokoyama and Ichiki, 2021). The spike glycoprotein is comprised of two subunits, the S_1 , which has the receptor binding domain, and the S_2 , which facilitates membrane fusion and endocytosis of the virus (Walls et al., 2020). Several studies have shown that SARS-CoV-2 utilizes the S_1 protein to bind to the functional receptor human ACE2 (hACE2) at the RBD. The same mechanism was used for viral entry by SARS-CoV too. Eventually S_2 protein aids in fusion of viral particles in the host. The receptor-binding motif (RBM) in RBD is the main functional motif and is composed of two regions (region 1 and region 2) that form the interface between the S protein and hACE2. The region outside the RBM in RBD also plays an important role in maintaining the structural stability of the RBD (Li et al., 2003; Yi et al., 2020; Zhou et al., 2020).

The current challenge faced by the health sector is the resistance and insensitivity of the virus to existing drugs, and those drugs that have an edge over the virus were found to have some detrimental side effects. Drugs such as hydroxychloroquine and chloroquine (FDA-approved drugs that are effective against malaria, lupus, and rheumatoid arthritis) were found to hamper this viral infection, but the risks of developing cardiovascular and renal disorders were found in many of its consumers (FDA, 2020). Also, the recovery rate fluctuated from region to region, in fact, from person to person, with varying degrees of side-effects, forcing the WHO to halt the solidarity trial of hydroxychloroquine a few months after the COVID-19 outbreak.

In silico techniques play an important role in accelerating research to identify potential leads against SARS-CoV-2. Molecular docking, molecular dynamic simulation and drug repurposing are the strategies currently practiced for drug development against COVID-19 (Acharya et al., 2020). Molecular dynamic simulation studies further help to substantiate the reciprocity between the protein and the ligand. Such tools can be exploited for drug developmental studies which further aid in lead optimization with increased

specificity and selectivity (Raudah et al., 2020). Various herbs and plant-based compounds are being tested for possible antiviral activity against SARS-CoV-2 (Anand et al., 2021). *Ui*, also called gutweed or grass kelp, a common but often unnoticed macro alga, was mainly studied for its anti-microbial and anti-cancer properties *in vitro*, however, few studies were published on its anti-viral activity (Morán-Santibañez et al., 2016; Klongklaew et al., 2020). It is a member of the *Ulvaceae* family, which belongs to the Chlorophyta (green seaweed) division (Class: Ulvophyceae, Order: Ulvales). It is found to be a euryhaline and thus can grow even in freshwaters, exclusively in nutrient-rich niches such as in water bodies that receive industrial and farm discharges, and low tidal zones. These tubular algae can reach up to 0.3 m in length, with a thickness of about 0.02 m, and exhibit a perennial isomorphic biphasic reproductive cycle. Considering its abundance in the Coromandel coastline of South India, and its possible action against viruses such as the measles *Morbillivirus* Vero cell lines (Morán-Santibañez et al., 2016), *Ui* was considered as the source of phytochemicals that can serve as possible lead compounds against the S protein RBD of SARS-CoV-2.

MATERIALS AND METHODS

Sample Collection and Preparation

The alga *Ui* were collected from the Olaikuda area (Gulf of Mannar) situated near North Mandapam, Rameswaram, Tamil Nadu, India, with the help of the Central Marine Fisheries Research Institute, Mandapam, and Rajendra Kumar Algae Project Center, Mandapam. The algal sample was washed thoroughly with water to remove dirt and debris and packed safely in polythene zip-lock bags. Upon reaching the laboratory it was dried using a tray drier (Figures 1A,C), mainly to concentrate the extract, preserve the hydrolabile compounds, and prevent the growth of bacteria and mold.

Isolation and Identification of Phytochemicals

Phytochemical extraction was performed by Soxhlet extraction. The dried sample (~60 g) was pulverized using a mortar and pestle (Figures 1B,D), and transferred into a thimble in the extraction tube. The extraction solvent used was 95% ethanol (100 ml). The all-glass Soxhlet apparatus was set up according to the standard protocol and was run for 6 h at 78°C using an isomantle. The extract was analyzed for the phytochemicals using a 7890B GC coupled with a 5977A mass selective detector (MSD). The chromatographic column used for GC was HP-5MS of dimensions 30 m × 250 μm × 0.25 μm (length, inner diameter, and film thickness, respectively). It is a bonded, cross-linked, and solvent-rinsable non-polar column made of (5%-phenyl)-methylpolysiloxane, with a capillary tubing made of fused silica (Agilent Technologies, Santa Clara, CA). The volume of the sample injected was 1 μl and the flow rate of the carrier gas (helium) was 1.0 ml.min⁻¹ with a split ratio of 1:1. The injection port temperature was 250°C. The system started with a 2 min-hold at 50°C, then ramped 3°C per minute until the temperature



FIGURE 1 | Samples of *U. intestinalis* used for Soxhlet extraction using ethanol. **(A)** Tray-dried sample **(B)** powdered form of tray-dried sample. **(C)** Freeze-dried sample **(D)** powdered form of freeze-dried sample.

reached 270°C. The system was on hold at this temperature for 20 min. Simultaneously, the separated samples were fed automatically to the MSD at an interface temperature of 280°C. The electron ionization was performed at 70 eV, and the scan range of the system was 40–700 m/z. The total run time of the process was 95 min. The retention indices of the compounds were determined relative to trichloromethane, the standard compound selected for data analysis. Further, the compounds were identified by comparing their mass spectra with the data in NIST-14 Mass Spectral Data Library.

Preparation of Ligands and Target

The three-dimensional chemical structures of the identified phytochemicals were obtained from PubChem ([https://pubchem.](https://pubchem.ncbi.nlm.nih.gov/)

[ncbi.nlm.nih.gov/](https://pubchem.ncbi.nlm.nih.gov/)). These were then saved as SDF files. The energy minimization and format conversion of these structures were performed in PyRx software (Dallakyan and Olson 2015). The default energy minimization parameters were the universal force field and the conjugate gradient algorithm. Once energy minimization was completed, the structures were rewritten as PDBQT files. The target protein used in this study was S₁ receptor binding domain of the spike (S) glycoprotein. The three-dimensional structure of RBD was retrieved from a complex of ACE2 and RBD (PDB ID: 6M0J) from the Protein Data Bank (RCSB-PDB; <https://www.rcsb.org/>). As the first step, the optimization of protein structures was performed using AutoDock Tools by deleting chain A, water molecules, and co-crystal ligands. The missing atoms were then repaired, and polar hydrogens were added. Charges were

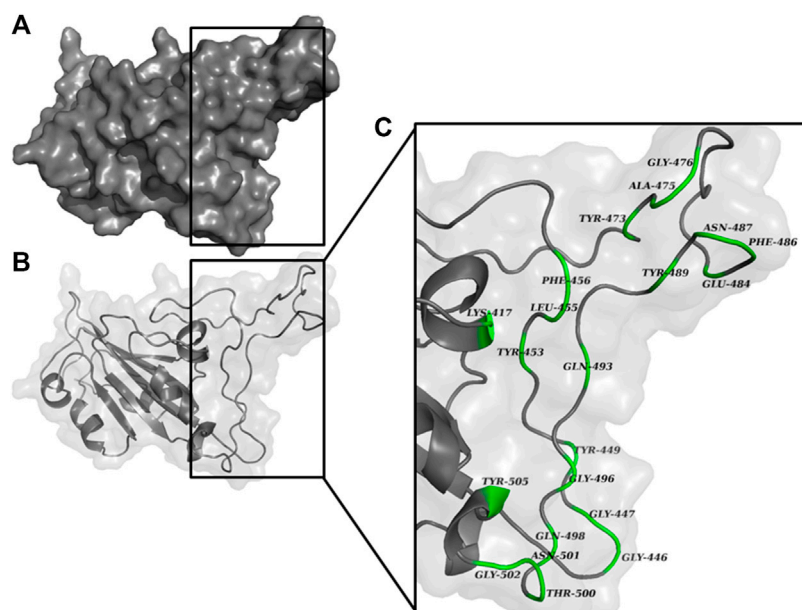


FIGURE 2 | RBD of S_1 protein represented as **(A)** surface, and **(B)** chain. The magnified view of the RBD **(C)** shows the possible interacting residues (green) in <5.0 Å vicinity with ACE2.

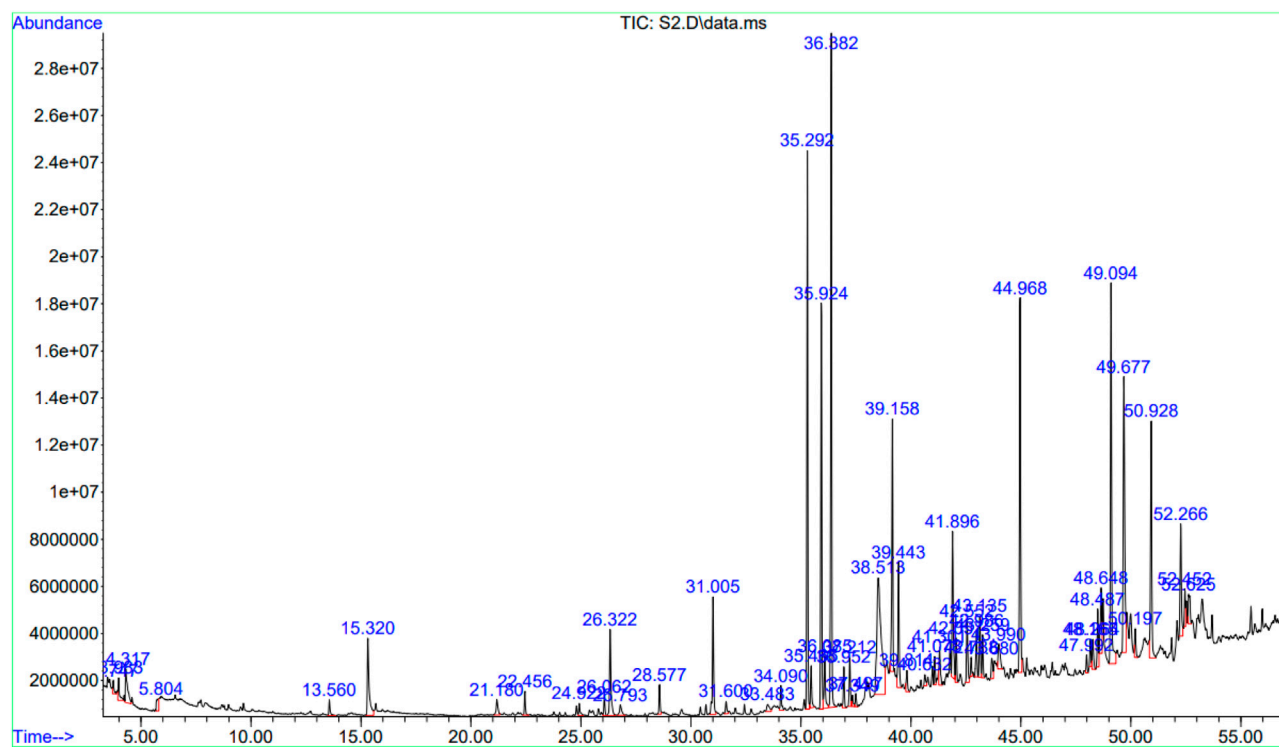


FIGURE 3 | Chromatogram showing the results of GC-MS. The chromatogram was plotted against retention time in minutes (X-axis), and signal abundance (Y-axis). The collected fractions were fed automatically into an MS.

TABLE 1 | GC-MS data of the phytochemicals present in *Ui* extract.

Peak No(s)	Retention time(s) (min)	Compound	aPeak Area (%)
1	3.747	Methylglyoxal	0.237
3	4.317	Furfural	1.110
4	5.804	DMSO	0.445
5	13.560	TAA	0.327
6	15.320	Azulene	2.135
7	21.180	Damascone	0.422
8, 13	22.456, 28.577	Cetene	0.877
9	24.922	Myristyl chloride	0.253
10	26.062	Cyclosativene	0.342
11	26.322	2,4-DtBP	1.902
12	26.793	Dihydroactinolide	0.355
14	31.005	8-Heptadecene	2.164
15	31.600	3-DOCH	0.265
16, 27	33.483, 38.513	Palmitic acid	8.207
17, 18	34.090, 35.292	9-Octadecene	9.082
19	35.465	TMHA	0.761
20, 22, 23, 33, 34	35.924, 36.382, 36.952, 41.301, 41.896	Phytol	21.404
21	36.085	HIP	1.134
24	37.212	CMBA	0.904
25, 41	37.349, 43.680	1-Heptatriacotanol	0.740
26	37.497	Methylpalmitate	0.237
28	39.158	Ethylpalmitate	4.206
29	39.443	Butanoic acid	2.250
30	39.814	Paullinic acid	0.428
31, 37	40.632, 42.738	Doconexent	0.524
32	41.078	Allyl stearate	0.445
35	42.057	DTD	0.734
36	42.552	Retinal	1.201
38	42.986	Ethyllinolelaidate	0.866
39	43.135	Ethyllinolenate	1.095
40	43.259	Ethylelaidate	0.658
42	43.990	Icosapent	0.782
43, 50	44.968, 49.677	2-Monopalmitin	13.139
44	47.992	EEBOD	0.293
45	48.165	MHDTE	0.447
46	48.264	BOD4E	0.606
47	48.487	1-Monolinolein	1.059
48, 55	48.648, 52.625	BOD3E	2.347
49	49.094	BTES	7.174
51	50.197	RBGUL	0.487
52	50.928	DPPP	4.517
53	52.266	Oxymesterone	2.362
54	52.452	Propyllinoleate	0.619

a_{Values} indicate the mean relative peak area. For compounds identified with more than one retention time, this value was presented to be a summation of the individual mean relative peak areas.

DMSO: Dimethyl sulfoxide; TAA: Tert-amyl alcohol; 2,4-DtBP: 2,4-Di-tert-butylphenol; 3-DOCH: 3-(6,6-Dimethyl-5-oxohept-2-enyl)cycloheptanone; TMHA: 3,7,11,15-Tetramethylhexadecylacetate; HIP: Hept-3-yl isobutyl ester of phthalic acid; CMBA: Cholestan-3-ol, 2-methylene- (3 β ,5 α)-; DTD: 4,8,13-Duvatriene-1,3-diol; EEBOD: 3-Ethyl-5-(2-ethylbutyl)octadecane; MHDTE: Methyl 4,7,10,13-hexadecatetraenoate; BOD4E: Butyl 6,9,12,15-octadecatetraenoate; BOD3E: Butyl 9,12,15-octadecatetraenoate; BTES: But-3-enyl tridecyl ester of sebacic acid; RBGUL: Retinoyl- β -glucuronide 6',3'-lactone; DPPP: Di-n-2-propylpentylphthalate.

distributed and minimized over the protein structure. The structure was then saved in PDBQT format.

Active Site Prediction and Grid Box Parameters

An active site is defined as a groove or pocket of an enzymatic or non-enzymatic protein which facilitates ligand binding or biochemical reactions (Pravda et al., 2014). The characteristics of the active site are mainly determined by the active site residues (Srinivasan, 2020), and various studies have characterized the

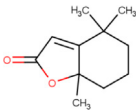
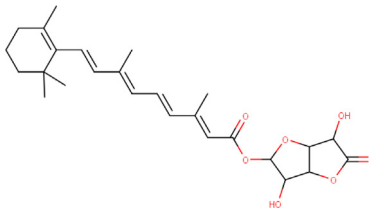
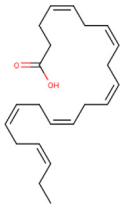
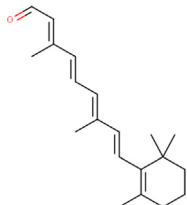
possible active site residues of RBD of S₁ subunit of spike protein (Figure 2). Tyr449, Tyr453, Arg454, Lys458, Ser459, Ser469, Glu471, Phe486, Asn487, Tyr489, Leu492, Gln493, Gly496, Gln498, Thr500, Asn501, Gly502, and Tyr505 were the reported active site residues (Lan et al., 2020; Kulkarni et al., 2020; Prajapat et al., 2020). These residues were further validated using the 'Zone' function in UCSF Chimera software (<https://www.cgl.ucsf.edu/chimera/>). The zone parameter was set to "<5.0 Å from currently selected atoms" (Ashraf et al., 2014), where the currently selected atoms were the atoms of chain A. The mean of the X, Y, and Z coordinates of the final atom of each interacting

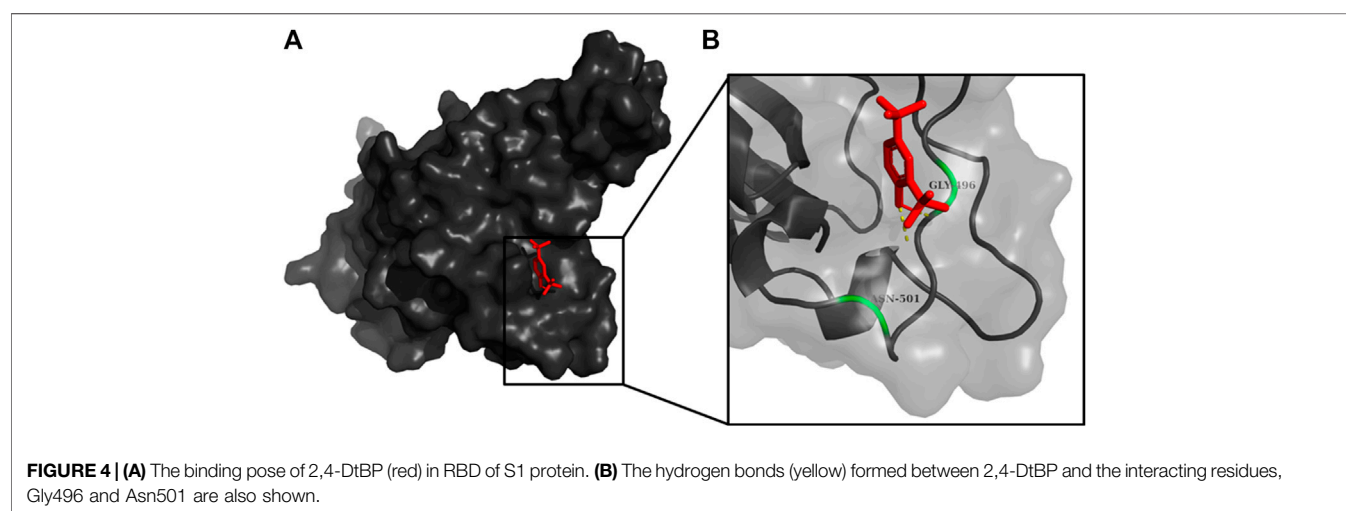
TABLE 2 | List of selected compounds identified from *Ui* extract with their two-dimensional chemical structures.

Compound	Structure	Compound	Structure
2,4-DtBP		DPPP	
3-DOCH		DTD	
Azulene		Furfural	
CMBA		HIP	
Cyclosativene		Icosapent	
Damascone		Oxymesterone	

(Continued on following page)

TABLE 2 | (Continued) List of selected compounds identified from *Uli* extract with their two-dimensional chemical structures.

Compound	Structure	Compound	Structure
Dihydroactinolide		RBGUL	
Doconexent		Retinal	



residue highlighted by UCSF Chimera was calculated and applied as the dimension of the grid-box center. The grid size was manually adjusted to cover the interacting residues. Further, the values of these coordinates were saved as a configuration text file which was later used for docking.

Molecular Docking and Target-Ligand Visualization

Molecular docking is an *in silico* approach which is used to predict the conformational binding energy of ligands to a preferred target using matching and scoring algorithms (Leach et al., 2006). In this experiment, we have used AutoDockVina (Trott and Olson, 2010) in PyRx software as the docking tool. The optimal binding energy of the ligands was obtained based on least root mean square deviation

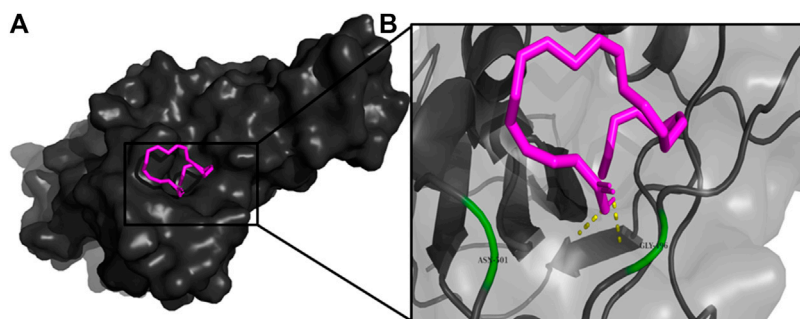
(RMSD) for each conformers of a particular ligand, and arranged in ascending order to select the best ligand(s) for further calculating the chemical behaviour using C-DFT and pharmacokinetic analyses. PyMOL (<https://pymol.org/>), an open-source molecular visualization software was used to identify the polar contacts (H-bonds) between the ligand and the interacting active site residue, and develop printable figures of this interaction. To analyze hydrophobic interactions between the ligand and residues, another visualization software, BIOVIA Discovery Studio Client 2020 (<https://discover.3ds.com/discovery-studio-visualizer-download>) was used.

Conceptual DFT Analysis

Conceptual Density-functional theory (C-DFT) is a computational method to predict chemical behaviour of

TABLE 3 | The binding affinities of selected phytochemicals from *Ui* extract on SARS-CoV-2 spike RBD with the interacting amino acid residues contributing towards hydrogen bonds and hydrophobic interactions. The top five high scoring compounds have been highlighted (bold).

Compound	Binding affinity (kcal.mol ⁻¹)	Hydrogen bond interactions	Hydrophobic (pi) interactions
2,4-DtBP	-5.3	Gly496, Asn501	Arg403, Tyr505
3-DOCH	-5.3	–	Tyr505
Azulene	-5.1	–	Arg403, Tyr505
CMBA	-6.4	–	Tyr505
Cyclosativene	-5.3	–	–
Damascone	-5.2	–	Tyr505
Dihydroactinolide	-5.3	–	–
Doconexent	-5.0	Gly496, Asn501	Arg403, Tyr495, Phe497, Tyr505
DPPP	-4.8	Asn501	Tyr449, Tyr505
DTD	-6.0	Gly496	–
Furfural	-3.8	Arg454, Ser469, Glu471	Arg457, Lys458, Glu471
HIP	-5.2	–	Tyr505
Icosapent	-4.8	Gln498	Arg403, Tyr453, Tyr495, Phe497, Tyr505
Oxymesterone	-6.7	–	Tyr505
RBGUL	-7.0	Gln493	Phe490
Retinal	-5.9	Thr500	–

**FIGURE 5 | (A)** The binding pose of doconexent (magenta) in RBD of S1 protein. **(B)** The hydrogen bonds (yellow) formed between doconexent and the interacting residues, Gly496 and Asn501 are also shown.

the compounds (Poater et al., 2010; Domingo et al., 2016). Density-functional theory (DFT) has been developed from Hohenberg-Kohn theorem, which is an *in-silico* quantum mechanical modeling strategy used to determine the properties of a many-electron systems, using spatially-dependent electron density functionals (Hohenberg and Kohn, 1964; Kohn and Sham, 1965). C-DFT, a sub-field of DFT, helps to analyze the molecular orbital energies of conformers and can give rise to cues for understanding the structure-activity relationship of the molecule (Parr and Yang, 1989; Geerlings et al., 2003; Sarkar and Chattaraj, 2021a; Sarkar and Chattaraj, 2021b). To describe the orbital properties of a molecule, ten different molecular descriptors, known as the global reactivity descriptors and its derivatives, were considered *viz.* total energy (E_T ; in eV),

molecular dipole moment (D_p ; in Debye units), the energy of the lowest unoccupied molecular orbit (LUMO) (E_{LUMO} ; in eV), the energy of the highest occupied molecular orbit (HOMO) (E_{HOMO} ; in eV), energy gap (ΔE ; in eV), absolute hardness (η ; in eV), global softness (σ ; in eV⁻¹), electronegativity (χ), chemical potential (μ ; in eV), and global electrophilicity index (ψ ; in eV⁻¹) (Chattaraj et al., 2003; Chattaraj et al., 2006). These molecular descriptors are calculated based on the electron density of molecules using Fukui's molecular orbital theory (Fukui 1982; Ayers and Parr, 2000). E_{LUMO} and E_{HOMO} are the primary and the most important descriptors which determine the ability of a molecule to accept or donate electrons. D_p is the measure of the total polarity of a system. It is also a positive indicator of the reactivity of the molecule. It was found that the higher the

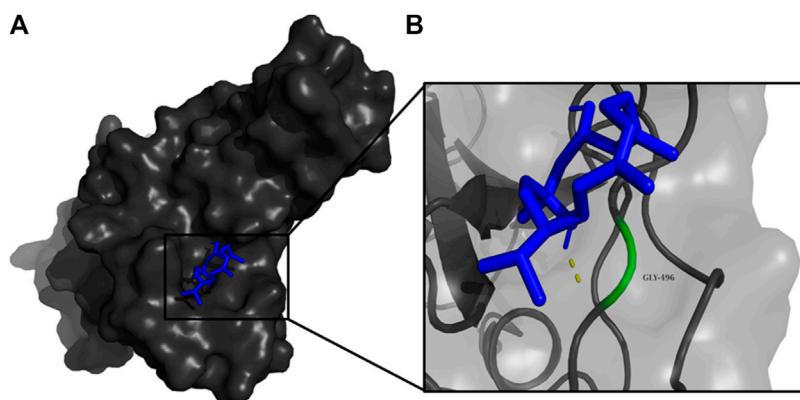


FIGURE 6 | (A) The binding pose of DTD (blue) in RBD of S1 protein. **(B)** The hydrogen bond (yellow) formed between DTD and the interacting residue, Gly496, is also shown.

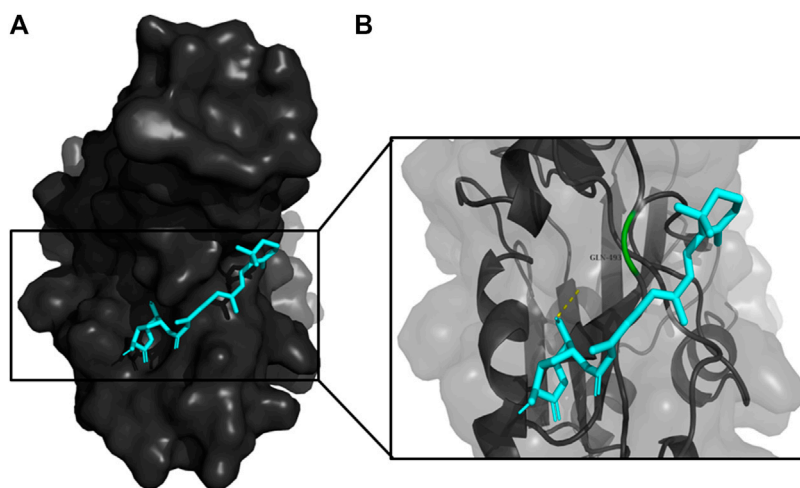


FIGURE 7 | (A) The binding pose of RBGUL (cyan) in RBD of S1 protein. **(B)** The hydrogen bond (yellow) formed between RBGUL and the interacting residue, Gly493, is also shown.

D_p , the greater the reactivity of the molecule (Roy et al., 2006; Mert et al., 2011). The derived descriptors of E_{LUMO} and E_{HOMO} are ΔE , η , σ , χ , μ , and ψ , which also account for the ability of the molecule to interact and contribute to electron sharing or transfer with the target by transiting from HOMO to LUMO. For example, if ΔE is found to be less, the molecule can easily transit from HOMO to LUMO (Chattaraj and Roy, 2007; Bostan et al., 2012). It represents the chemical reactivity and kinetic stability of the molecule; if χ is found to be less, the inhibitory effect of the ligand is higher (Zhan et al., 2003). As the first step in determining these descriptors, the selected ligands were optimized using the Becke-3-parameter, Lee-Yang-Parr (B3LYP) function (Becke 1988; Lee et al., 1988) with 6-311G(2d, p) basis set in Gaussian-16 software (<http://gaussian.com/gaussian16/>) (Frisch et al., 2016). B3LYP is the most popular functional used in molecular quantum

mechanical modeling and is derived from a defined set of atomic/molecular energies and potentials.

Pharmacokinetic and Drug-Likeliness Analyses

The drug-likeness and pharmacokinetic properties such as Absorption, Distribution, Metabolism, Excretion, and Toxicity (ADMET) of the selected ligands were predicted. The Drug Likeliness Tool (DruLiTo; http://www.niper.gov.in/pi_dev_tools/DruLiToWeb/DruLiTo_index.html), an open-source drug-likeness software developed by the Department of Pharmacoinformatics, National Institute of Pharmaceutical Education and Research (NIPER), Punjab, India was used to analyze drug likeliness by checking whether the ligands violate any of Lipinski's Rule of Five (RO5), or

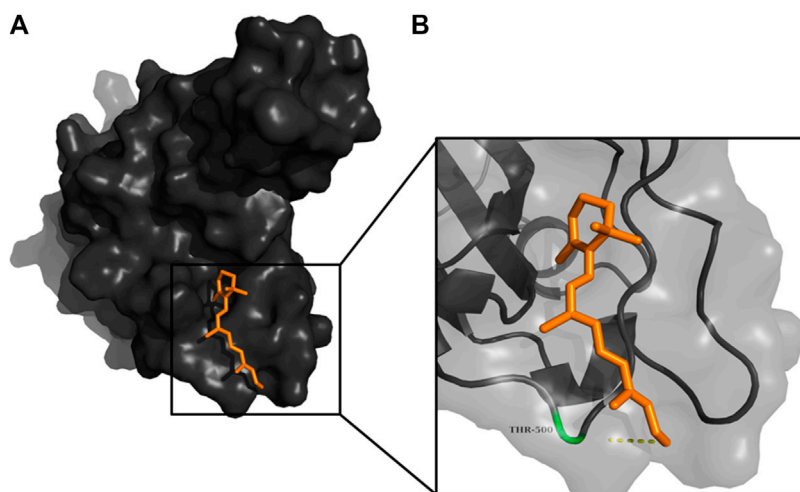


FIGURE 8 | (A) The binding pose of retinal (orange) in RBD of S1 protein. **(B)** The hydrogen bond (yellow) formed between retinal and the interacting residue, Thr500, is also shown.

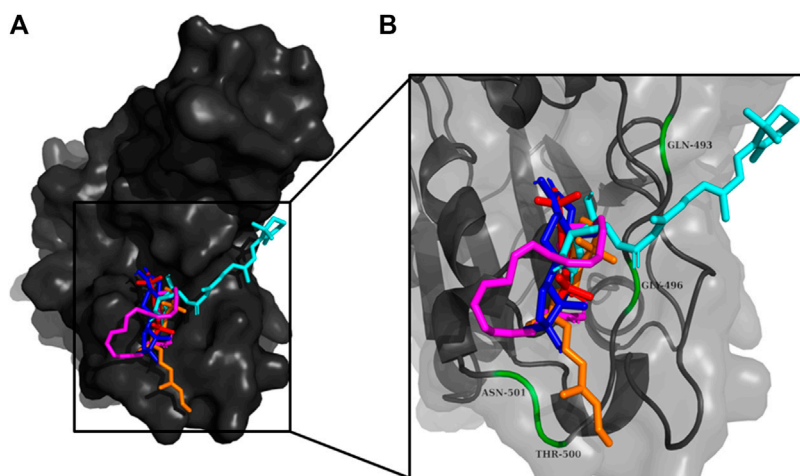


FIGURE 9 | (A) The binding poses of the selected compounds from *U. intestinalis* extract in one of the active binding pockets of RBD of S1 protein. **(B)** The pocket residues interacting with the compounds are highlighted in green.

would pass the Ghose and Veber filters. A reliable online tool for pharmacokinetic predictions of small molecules, pkCSM (<http://biosig.unimelb.edu.au/pkcsml/>), was used to predict the ADMET properties of the ligands (Pires et al., 2015), in which the canonical or isomeric SMILES of the ligands from Pub Chem were given as input.

RESULTS

Chemical Composition of Extract

The GC-MS data of the *Ui* ethanolic extract showed 55 peaks (Figure 3), and on comparison with NIST-14 library, 43 known phytochemicals were identified (Table 1). The phytochemical class analysis revealed that 18 phytochemicals were simple

carboxylic acids, fatty acids, or their derivatives (palmitic acid, HIP, methylpalmitate, ethylpalmitate, butanoic acid, paullinic acid, doconexent, allyl stearate, ethyllinolelaidate, ethyllinolenate, ethylelaidate, icosapent, MHDTE, BOD4E, BOD3E, BTES, DPPP, and propyllinoleate), seven belonged to terpenoid class (damascene, cyclosativene, dihydroactinolide, 3-DOCH, phytol, CMBA, and oxymesterone), three (6.98%) each were aldehydes and its derivatives (methylglyoxal, furfural, and retinal), alcohols and its derivatives (TAA, 1-heptatriacotanol, and DTD), alkene hydrocarbons and its derivatives (cetene, 8-heptadecene, and 9-octadecene), and alkane hydrocarbons and its derivatives (myristyl chloride, TMHA, and EEBOD), two were monoglycerides (2-monopalmitin and 1-monolinolein), and one each were an organosulfur compound (DMSO), an aromatic hydrocarbon

TABLE 4 | Statistics of the conceptual DFT-global reactivity descriptors and their derivatives of the best phytochemicals.

Compound	Total energy, $E_T \times 10^3$ (eV)	Dipole moment (Debye)	E_{LUMO} (eV)	E_{HOMO} (eV)	Energy gap (ΔE)	Absolute hardness (η)	Global softness (σ)	Electro negativity (χ)	Chemical potential (μ)	Electro philicity index (ψ)
2,4-DtBP	-16.92	1.32	0.16	-5.68	5.85	2.92	0.17	2.76	-2.76	1.30
Doconexent	-27.43	1.04	0.17	-6.32	6.49	3.24	0.15	3.08	-3.08	1.46
DTD	-25.39	2.64	-0.03	-6.11	6.09	3.04	0.16	3.07	-3.07	1.55
RBGUL	-41.84	3.61	-2.07	-5.27	3.20	1.60	0.31	3.67	-3.67	4.21
Retinal	-23.24	6.33	-2.30	-5.34	3.04	1.52	0.33	3.82	-3.82	4.80

(azulene), a phenol (2,4-DtBP), and a glycoside (RBGUL). The peak corresponding to HIP showed the highest signal abundance of $>2.8 \times 10^7$, however, the mean relative peak area of phytol (21.404%) was found to be the widest, followed by 2-monopalmitin, 9-octadecene, palmitic acid, and other compounds. The details of the GC-MS analysis such as peak number(s), retention time(s), and mean relative peak area are presented in **Table 1**.

Molecular Docking

Hydroxychloroquine, the control ligand, showed a binding affinity of $-5.7 \text{ kcal.mol}^{-1}$ with the optimized structure of RBD. Twenty-one (48.84%) compounds had binding energies ranging from $-4.0 \text{ kcal.mol}^{-1}$ to $-4.8 \text{ kcal.mol}^{-1}$. Out of the 43 compounds, only 16 were considered for studying their molecular interaction (**Tables 2, 3**). Interaction analysis revealed that furfural had three hydrogen bonds interacting with Arg454, Ser469, and Glu471, but its binding energy was $-3.8 \text{ kcal mol}^{-1}$. Considering hydrophobic interactions, icosapent interacted with Arg403, Tyr453, Tyr495, Phe497, and Tyr505. The binding energy of this molecule was $-4.8 \text{ kcal.mol}^{-1}$. Out of these 16 compounds, only the best five compounds (2,4-DtBP, doconexent, DTD, RBGUL, and retinal) were considered for C-DFT, drug-likeness studies using DruLiTo, and ADMET properties using pkCSM. The criteria used for this selection was mainly their relative lower binding energy. The conformations were visualized using PyMOL software and depicted in **Figures 4–9**.

Estimated Descriptors of Conceptual DFT

The molecular descriptors were calculated after optimization, based on the FMO theory (**Table 4**). The total energy of the compounds is the total electron energy of the ground state. Lower the total energy, higher is their stability. RBGUL displayed the lowest total energy with value $-41.84 \times 10^3 \text{ eV}$. Molecular orbital energies such as HOMO energy (E_{HOMO}) and LUMO energy (E_{LUMO}) were calculated and analyzed (**Table 5**). Retinal showed the least energy gap with an energy difference of 3.04 eV. The energy gap of RBGUL ($\Delta E = 3.20 \text{ eV}$) was also found to be close enough to that of retinal. The maximum D_p was also shown by retinal ($D_p = 6.33$ Debye units). Considering derived descriptors, the most electronegative compound in the selected list was retinal ($\chi = 3.82$). The electronegativity of RBGUL ($\chi = 3.67$) was found to be highly similar to that of retinal. Absolute hardness and Global

softness are criterions of overall stability of the system and also they are supporting parameters of electronegativity. In our study Retinal and RBGUL showed acceptable values of absolute hardness, 1.52 and 1.60 and softness, 0.33 and 0.31, respectively. Chemical potential of compounds is the negative value of electronegativity values, which is also an indication of high chemical activity. Therefore in this case too, retinal and RBGUL exhibited high chemical potential. High electrophilicity of retinal (4.80) and RBGUL (4.21) suggests their elevated likeliness to accept electrons. According to the above findings, RBGUL, and retinal were considered good inhibitors of S_1 RBD of SARS-CoV-2.

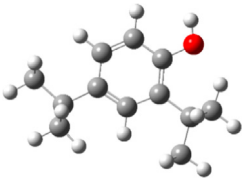
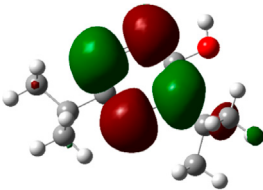
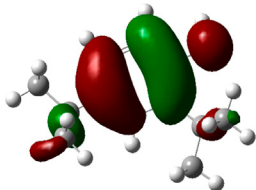
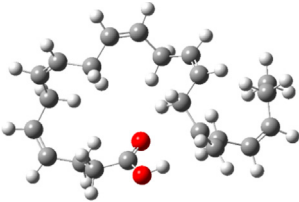
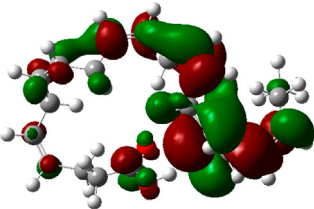
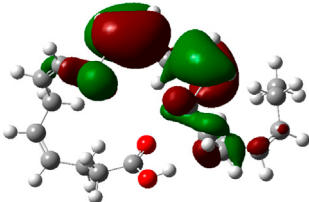
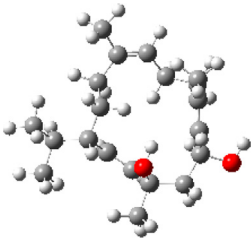
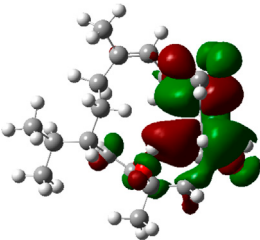
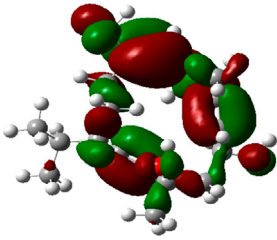
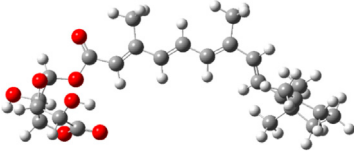
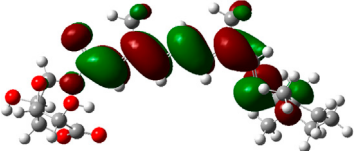
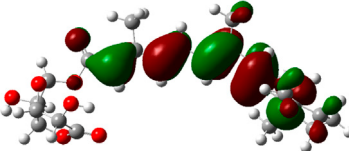
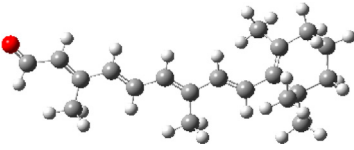
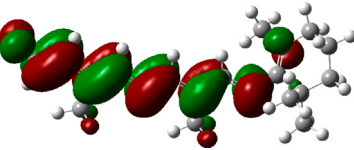
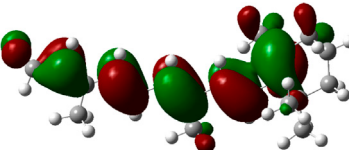
Prediction of Pharmacokinetic Properties and Drug-Likelihood

The drug-likeness prediction from DruLiTo and ADMET results from pkCSM are presented in **Table 6**. Evaluation of drug-likeness showed that 2,4-DtBP satisfied and passed through the Lipinski's RO5, Ghose, and Veber filters, whereas other ligands violated at least one of the three parameters. Absorption properties revealed that all ligands were readily absorbed intestinally. 2,4-DtBP, doconexent, DTD, and retinal showed no interference with the P-glycoprotein system, however, RBGUL was found to be both a substrate and an inhibitor in the system. Skin permeability prediction showed that 2,4-DtBP was slightly permeable. Distribution properties showed that these compounds have tendencies to cross the blood-brain barrier (BBB) and central nervous system (CNS). Metabolic properties revealed that no ligand escaped the cytochrome P450 (CYP) system of the liver completely. Amongst the five selected ligands, DTD and RBGUL showed minimum interference with the system (acted as CYP2C19 inhibitor and CYP3A4 substrate, respectively). Considering excretion and toxicity properties, no ligand acted as renal OCT2 substrate, and human *ether-à-go-go*-related gene (*hERG*)-I protein inhibitors. The compounds passed the Ames toxicity test, indicating their inability to be a mutagen and thus a carcinogen. However, hepatotoxicity was predicted with doconexent, RBGUL, and retinal. Except for RBGUL, all other selected ligands showed skin sensitization too.

DISCUSSION

Medicine has started to change from completely "synthetic" to "semi-herbal" in the last couple of decades. Due to the lack of

TABLE 5 | Electron density maps of LUMO and HOMO of the top phytochemicals.

Compound	Optimized structure	LUMO	HOMO
2,4-DtBP			
Doconexent			
DTD			
RBGUL			
Retinal			

The red blobs represent the negative charge-dense regions and the green blobs represent the positive charge-dense regions of the molecule.

effective treatment and management strategies to treat COVID-19, alternative therapies are being explored. Conventional drug development process involves elaborate and time-consuming protocols, and they seldom produce drugs on demand. To increase the complexity, the causative agent, SARS-CoV-2, is a virus with high mutability and variable reproduction number (Rahman et al., 2020) that is slightly greater than its pathological cousins, SARS-CoV and MERS-CoV (Liu et al., 2020). Due to

these facts, it is challenging to develop drugs against this virus presently. However, drugs could be developed against conserved regions of its genome or proteins encoded from these regions, such as spike glycoprotein or main protease, and intense research is being conducted world-wide, for the same. Drug repurposing is the most accepted strategy considered in this approach. Using *in silico* techniques, commercially available drugs are docked with a target protein, and the screened drug could be made available for

TABLE 6 | Molecular and ADMET properties of the selected ligands by DruLiTo and pkCSM online tool.

Property	2,4-DtBP	Doconexent	DTD	RBGUL	Retinal
Drug-likeness					
Molecular mass (Da)	206.17	328.24	306.26	458.23	284.21
LogP	4.279	8.833	5.228	5.067	6.335
No. of H-bond acceptors	1	2	2	7	1
No. of H-bond donors	1	1	2	2	0
Atom molar refractivity	69.37	111.27	96.24	125.44	95.7
No. of atoms	37	56	56	67	49
TPSA (Å ²)	20.23	37.3	40.46	102.29	17.07
No. of rotatable bonds	2	14	1	7	5
Violation of Lipinski's Rule	No	Yes	Yes	Yes	Yes
Pass through Ghose Filter	Yes	No	Yes	Yes	No
Pass through Veber Filter	Yes	No	Yes	Yes	Yes
Absorption					
logS (log mol/L)	-3.924	-6.098	-4.709	-4.62	-6.888
Caco2 permeability (logP app in 10 ⁻⁶ cm/s)	1.666	1.145	1.636	0.759	1.53
Human intestinal absorption (% absorbed)	92.034	92.98	92.426	72.172	94.747
LogKp	-2.301	-2.731	-2.779	-2.897	-2.491
P-glycoprotein substrate	No	No	No	Yes	No
P-glycoprotein-I inhibitor	No	No	No	Yes	No
P-glycoprotein-II inhibitor	No	No	No	Yes	No
Distribution					
Human VDss (log L/kg)	0.611	-0.709	0.11	0.017	0.506
Human fraction-unbound (Fu)	0.044	0.001	0.256	0.211	0.04
LogBB	0.478	-0.203	0.4	-0.088	0.664
LogPS	-0.848	-1.169	-2.865	-3.051	-1.863
Metabolism					
CYP2D6 substrate	No	No	No	No	No
CYP3A4 substrate	Yes	Yes	No	Yes	Yes
CYP1A2 inhibitor	Yes	Yes	No	No	Yes
CYP2C19 inhibitor	No	No	Yes	No	No
CYP2C9 inhibitor	No	No	No	No	No
CYP2D6 inhibitor	No	No	No	No	No
CYP3A4 inhibitor	No	No	No	No	No
Excretion					
Total clearance (log mL/min/kg)	0.759	2.264	1.376	0.861	1.563
Renal OCT2 substrate	No	No	No	No	No
Toxicity					
Ames toxicity	No	No	No	No	No
Human MRTD (log mg/kg/day)	0.42	-0.98	0.483	-0.142	-0.341
hERG-I protein inhibitor	No	No	No	No	No
hERG-II protein inhibitor	No	No	No	No	Yes
ORAT-LD50 (mol/kg)	2.351	1.459	1.673	1.913	1.564
ORCT-LOAEL (log mg/kg_bw/day)	1.696	3.208	2.002	2.579	1.065
Hepatotoxicity	No	Yes	No	Yes	Yes
Skin sensitization	Yes	Yes	Yes	No	Yes
T. pyriformistoxicity (log µg/L)	1.572	0.451	1.348	0.285	1.515
Minnow toxicity (log mM)	0.006	-1.765	0.528	0.373	-0.56

logP: Octanol-water partition coefficient; TPSA: Total polar surface area; logS: measure of water solubility; logKp: measure of skin permeability; VDss: volume of distribution; logBB: measure of BBB permeability; logPS: measure of CNS permeability; OCT2: organic cation transporter 2; ORAT-LD50: oral rat acute toxicity-lethal dose 50; ORCT-LOAEL: oral rat chronic toxicity-lowest dose causing observed adverse effects.

patients within a much shorter period because the clinical profile of the drug has been already established. Some drugs repurposed against SARS-CoV-2 were Remdesivir, Favipiravir, Ribavirin,

Lopinavir, Ritonavir, Darunavir, Tocilizumab, type I and type II interferons, chloroquine, hydroxychloroquine, arbidol and statins (Singh et al., 2020). Though it is a fast-paced approach,

in vitro and *in vivo* studies are required to fully understand its mechanism in the human body, especially when the stakes of comorbid symptoms are high with this disease.

The undesirable side-effects of synthetic drugs has attracted researchers, and scientists towards developing plant-based medicines. Various compounds obtained from extracts of plants that belong to families such as *Lamiaceae*, *Fabaceae*, *Geraniaceae*, *Rosaceae*, *Asteraceae*, *Rutaceae* and *Malvaceae* have been reported to exhibit antiviral activity against SARS-CoV-2 and certain other viruses too (Drevinskas et al., 2018; Denaro et al., 2020; Siddiqui et al., 2020). The top compounds identified as potent antivirals in our study have been previously reported to have exhibited a wide array of functions. 2,4-DtBP is a lipophilic phenol found mostly in higher plants. The phenol and its analogs were reported to have anti-oxidant, anti-inflammatory, anti-cancer, and anti-microbial properties. Considering their anti-viral activities, they reduced the growth of Coxsackievirus B-3 and Herpes Virus type-2 (Zhao et al., 2020). Our study revealed that 2,4-DtBP binds to S₁ RBD of SARS-CoV-2 with a binding energy of $-5.3 \text{ kcal.mol}^{-1}$, and interacted with Gly496 and Asn501 by hydrogen bonds and Arg403 and Tyr505, hydrophobically. Doconexent is a fatty acid which is rich in docosahexaenoic acid (DHA), is a compound with high anti inflammatory properties which is commercially produced from certain microalgae (Milledge, 2011). It has been repurposed to treat cancer and COVID-19 (Li et al., 2020; Singhal et al., 2020; Stanly et al., 2020). Retinal is a vitamin A aldehyde in the most absorbable form. Many studies have pointed the role of vitamins which include retinal, in managing COVID-19 (Michele et al., 2020; Morais et al., 2020; Gröber and Holick, 2021). DTD is a macrocyclic diterpene, primarily isolated from the Tobacco plant (*Nicotianatabacum*). It was found to be a major constituent in the oil extract from the aerial parts of Hercules' all-heal (*Opopanaxchironium*) (Maggio et al., 2013) and has a structural similarity with cembrene (Roberts and Rowland, 1962). Though DTD was not studied for its clinical properties, it was found that cembrenoid derivatives showed anti-cancer properties *in vitro* (Jassbi et al., 2017). With a binding affinity of $-6.0 \text{ kcal.mol}^{-1}$ against SARS-CoV-2, it proved to be a good inhibitor of the virus. RBGUL has similar properties to retinoic acid, and retinol. It was proposed to be a valuable therapeutic compound for the treatment of dermatological conditions and certain cancers, and also a dose-dependent teratogen (Barua, 1997). In our study, RBGUL was found to be the best inhibitor of SARS-CoV-2, compared to the other compounds with good binding affinity to the virus ($-7.0 \text{ kcal.mol}^{-1}$).

In silico techniques occupy a prominent role in early drug discovery process. A quantitative computational study of the interaction between a particular protein target and a set of ligands, provides a fair idea as to which of the ligands may have an effect on the protein *in vitro*. Screening a large number of compounds against a particular target to narrow down the number of compounds to be tested *in vitro* is easily achievable by bioinformatics techniques. Molecular docking aids in assessing and visualizing the interactions between the ligands and protein. Similarly, the C-DFT study performed by calculating global molecular descriptors based on DFT provides a quantum level understanding of the ligands and helps to construct the relationship between their electronic properties and

biological activity. It can also be used to understand the quantitative structure-activity relationship and perform pharmacophore modeling to design effective drugs out of the existing, according to the target. RBGUL and retinal show similar electron density in the orbitals except that the structures look inverted, suggesting that the inhibitory action of both compounds may be similar. They were also considered as highly active compounds as they showed low ΔE , which helps in an easy transition from HOMO to LUMO. Comparing the results of docking and C-DFT, the compounds with higher electronegativity showed better activity. Thus it can be comprehended that smaller ΔE , high D_p , and low electronegativity are essential for the inhibitory effect of a molecule. However, compared to RBGUL, retinal had more disadvantages based on the pharmacokinetic predictions. Besides RBGUL, 2,4-DtBP is also a potential candidate against RBD of SARS-CoV-2, considering its less adverse effects. That being said, the most recommended inhibitors against RBD would be 2,4-DtBP and RBGUL. More studies on these phytochemicals can reveal their efficacy, thus validating the results of this experiment.

CONCLUSION

Phytochemicals obtained from *Ui* extract were docked with the SARS-CoV-2 RBD to ascertain if it exhibited antiviral activity, and also to screen for the compounds that are responsible for the activity. Through this study, we conclude that RBGUL, 2,4-DtBP and Retinal could be used as potent inhibitors against the RBD of coronavirus based on the molecular docking, C-DFT and ADMET studies. However, further studies involving *in vitro* and *in vivo* testing is essential to confirm the antiviral efficiency of the compounds against SARS-CoV-2.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

AUTHOR CONTRIBUTIONS

TM and HS contributed to the conception, design, and data acquisition. SK and SB drafted the manuscript. SK, BC, and KB contributed to data analysis and have critically revised the manuscript. All authors have given final approval and have agreed to be accountable for all aspects of the work.

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Inhibition Potencies of Phytochemicals Derived from Sesame Against SARS-CoV-2 Main Protease: A Molecular Docking and Simulation Study

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The ongoing COVID-19 pandemic, caused by SARS-CoV-2, has now spread across the nations with high mortality rates and multifaceted impact on human life. The proper treatment methods to overcome this contagious disease are still limited. The main protease enzyme (M^{pro} , also called $3CL^{pro}$) is essential for viral replication and has been considered as one of the potent drug targets for treating COVID-19. In this study, virtual screening was performed to find out the molecular interactions between 36 natural compounds derived from sesame and the M^{pro} of COVID-19. Four natural metabolites, namely, sesamin, sesaminol, sesamol, and sesamolol have been ranked as the top interacting molecules to M^{pro} based on the affinity of molecular docking. Moreover, stability of these four sesame-specific natural compounds has also been evaluated using molecular dynamics (MD) simulations for 200 nanoseconds. The molecular dynamics simulations and free energy calculations revealed that these compounds have stable and favorable energies, causing strong binding with M^{pro} . These screened natural metabolites also meet the essential conditions for drug likeness such as absorption, distribution, metabolism, and excretion (ADME) properties as well as Lipinski's rule of five. Our finding suggests that these screened natural compounds may be evolved as promising therapeutics against COVID-19.

Keywords: COVID-19, main protease, sesame, natural compounds, molecular docking, molecular dynamics simulations, therapeutics

INTRODUCTION

The ongoing pandemic eruption due to the worldwide spread of coronavirus disease (COVID-19) is caused by the novel virus strain severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2; previously named 2019-nCoV) (Wu et al., 2020b). This viral disease is an unprecedented global public health care threat (Jamwal et al., 2020). The first case of COVID-19 disease was originated from Wuhan, Hubei Province, China, and quickly spread across 219 countries and territories around the world with high mortality rates in immunocompromised patients (Enayatkhan et al., 2020; Mackenzie and Smith, 2020; Xu et al., 2020). Based on the recommendations of the Emergency

Committee, the World Health Organization (WHO) has declared this respiratory infectious disease as a Public Health Emergency of International Concern (PHEIC) on 30 January, 2020 and a pandemic on 11 March, 2020 (Shi et al., 2020; Yu et al., 2020). As on 10 July 2021, this contagious disease had led to more than 185,291,530 confirmed cases and 4,010,834 fatalities (<https://covid19.who.int/>), with the number of cases increasing abruptly across the globe. At present, India is fighting hard against the second wave of COVID-19. The ongoing pandemic has now initiated taking a toll on India's economy. A large population of India is facing disproportionately higher rates of COVID-19 infection, morbidity, and mortality. As of 10 July 2021, the total COVID-19 caseload has now soared to 30,752,950 with 405,939 deaths (<https://covid19.who.int/table>). India is the most severely affected Asian country. The ongoing pandemic has been considered more dreadful than the previous global outbreaks, namely, SARS-CoV (2002–2003) and Middle East respiratory syndrome (MERS) (2012–present) (de Wit et al., 2016; Gupta et al., 2020; Wang et al., 2020b; Wu and McGoogan, 2020; Yuan et al., 2020). Based on previous investigations, the fatality rate of SARS-CoV and MERS has been calculated as 10 and 35%, respectively (Lee et al., 2004; Cheng et al., 2007). It has been well-reported that COVID-19 affects the lower respiratory tract of the body, which causes pneumonia and affects the gastrointestinal system, kidney, heart, and central nervous system. Fever, cough, diarrhea, and tiredness have been considered the most common symptoms (Chen et al., 2020a; Tang et al., 2020), while aches and pains, sore throat, conjunctivitis, headache, loss of taste or smell, a rash on skin, or discoloration of fingers or toes are the less common symptoms of this infectious disease (Backer et al., 2020; Rothe et al., 2020; Russell et al., 2020; Verdoni et al., 2020; Yu and Yu, 2020).

The coronaviruses have been recognized as a large enveloped positive-sense single-strand RNA viruses from Nidovirales (order) of the Coronaviridae family and subfamily Coronavirinae (Raj et al., 2021; Shamsi et al., 2021). This subfamily is classified into four genera including *alpha*-, *beta*-, *gamma*-, and *deltacoronavirus* (α -, β -, γ -, and δ -CoV) based on evolutionary methods (Hulswit et al., 2016). In view of previous reports, coronaviruses have been considered as highly evolving viruses, with a high rate of mutation and genomic recombination (Chen et al., 2020b). In the past, six species of human coronavirus associated with different respiratory tract diseases have been reported, which include HCoV-NL63, HCoV-229E, HCoV-OC43, HCoV-HKU1, SARS-CoV, and MERS-CoV (Arden et al., 2005; Woo et al., 2005; Su et al., 2016). The novel strain SARS-CoV-2 has been characterized as the seventh strain of the human coronavirus. Based on the significant nucleotide sequence similarity with SARS and MERS coronaviruses, the International Committee on Taxonomy of Viruses (ICTV) coined the nomenclature of SARS-CoV-2 (Hasan et al., 2020). The ICTV taxonomically placed the SARS-CoV-2 in the genus *Betacoronavirus* (Helmy et al., 2020; Wang et al., 2020b).

The genome size of SARS-CoV-2 is ~29.9 kb (29,903 nucleotides) (Wu et al., 2020a). The first whole-genome sequencing data for SARS-CoV-2 (~30 kb) were submitted to

the Genbank with the accession number MN908947 and isolated from Wuhan (Wu et al., 2020a). The genome of SARS-CoV-2 encodes approximately 13–15 open reading frames (ORFs) which are flanked by 5' and 3' UTRs (Chen et al., 2020b; Elfiky and Azzam, 2020; Gordon et al., 2020). These ORFs constitute a replicase assembly during the replication process of the central dogma of molecular biology and encode 27 distinct structural and non-structural proteins (NSPs) (Liu et al., 2021; Shamsi et al., 2021). The 5' end of the SARS-CoV-2 genome encodes 16 NSPs (Nsp1–16) and constitutes the replicase/transcriptase complex (RTC). These 16 proteins are conserved in all SARS viruses and play a critical role in a set of biological processes such as viral replication, assembly, and immune response modulation (Shamsi et al., 2021). The 3' end of the viral genome encodes four conical structural proteins including E (envelope protein), M (membrane protein), N (nucleocapsid protein), and S (spike protein), and nine putative accessory factors. The main protease enzyme (M^{pro} also called 3CL pro) is essential for viral replication and has been considered as one of the potent drug targets for treating COVID-19 (Joshi et al., 2020; Khan et al., 2020; Kumar et al., 2020; Pant et al., 2020; Wu et al., 2020a; Zhang et al., 2020). In cooperation with other components, this important enzyme also helps in the transcription of the viral RNA. M^{pro} is a key enzyme that exclusively cleaves the polyproteins (pp1a and pp1ab) which is essential for the assembly of virus drugs (Jin et al., 2020). The molecular mass of M^{pro} is 33,797 Da with length of 306 amino acid residues and structurally possesses the three functional domains, namely, domain I (8–101 residues), domain II (102–184 residues), and domain III (201–306 residues) (Jin et al., 2020; Khan et al., 2020). Among them, domains I and II have an antiparallel β -barrel structure, while domain III represents a group of five α -helices organized as a large antiparallel cluster. Domain III is connected to domain II by a 15-residue-long loop region (185–200 residues). The active site is composed of a catalytic dyad having Cys145 and His41 residues (Khan et al., 2020). The functional role of M^{pro} in the viral replication highlights its importance that can be used to identify the potential drug therapeutics against COVID-19 (Ullrich and Nitsche, 2020). Solved crystal structures of M^{pro} provide a platform to develop and design the antiviral drugs to combat COVID-19 (Jin et al., 2020; Zhang et al., 2020). In response to the COVID-19 outbreak, several studies have been performed using integrated bioinformatics and molecular modeling approaches for the screening of novel natural metabolites as potential drug targets against M^{pro} (Chikhale et al., 2020a; Kumar et al., 2020; Maurya and Sharma, 2020; Rout et al., 2020; Tripathi et al., 2020; Mishra et al., 2021; Romeo et al., 2021; Tock et al., 2021). But no effective method has been developed yet to prevent and treat the COVID-19 disease in a significant manner. In addition to the aforementioned approaches, several other viral protease inhibitors like remdesivir, hydroxychloroquine, chloroquine, lopinavir, ritonavir, oseltamivir, and fapilavir have been explored as repurposed drugs for COVID-19 treatment (Chang et al., 2016; Chang et al., 2020; Contini, 2020; Das et al., 2020; Elfiky, 2020; Gonzalez-Paz et al., 2020; Islam et al., 2020; Khan et al., 2020; Sinha et al., 2020; Wahedi et al., 2020; Abdelli et al., 2021). The antimalarial drug named as

chloroquine has been proposed as the potential inhibitor of M^{Pro} activity (Ou et al., 2021). In a recent follow-up study, Pathak et al. (2021) explored the potential of rifampicin and letermovir as repurposed drug candidates against COVID-19. On the contrary, several studies reported the severe adverse effects of these repurposed drugs in different countries (Sultana et al., 2020; Wang et al., 2020a). Therefore, it is imperative to discover natural compound-based drug targets that could serve as potential inhibitors of different SARS-CoV-2 proteins and aid in controlling viral replication to enhance efficacy in COVID-19 treatment.

Sesame (*Sesamum indicum* L.) is an herbaceous annual plant cultivated for its edible seed, oil, and flavorsome value, belonging to the order Tubiflorae, family Pedaliaceae with many common names including gingelly, til, and benne seed (Bhat et al., 2014; Pathak et al., 2019). This oil crop is regarded as “queen of oilseeds” because of its property of resistance to oxidation and rancidity (Dalibalta et al., 2020). Sesame is widely cultivated in the tropical parts of Africa and Asia, India being one of the major producers with Myanmar, China, and Sudan (Majdalawieh et al., 2017). A plethora of nutrients including proteins, carbohydrates, antioxidants, lignans, tocopherols, phytates, phytosterols, and polyunsaturated fatty acids are exclusively found in sesame (Nagendra Prasad et al., 2012; Kumar et al., 2018; Pathak et al., 2019). These bioactive compounds possess certain medicinal properties like hepatoprotective, hypoglycemic, antihypertensive, anti-estrogenic, and anticancer (Kumar and Singh, 2014; Majdalawieh et al., 2017). Active ingredients of sesame have also been investigated as potential inhibitors of Parkinson's disease (PD) (Kappo et al., 2016). There are very few reports available for the screening of sesame-derived compounds against main protease of COVID-19. So far, only one compound of sesame, namely, sesamin has been well-explored against COVID-19 using *in silico* approach. Kodchakorn et al. (2020) investigated the potential of sesamin along with other herbal medicines (andrographolide, anthocyanin-b-D-glucoside, capsaicin, curcumin, cyanidin, cyanidin-3-O-glucoside, and hesperidin) against the M^{Pro} of SARS-CoV-2 using molecular docking. Docking complexes of these nutraceuticals with M^{Pro} were further validated for their atomic stability using molecular dynamics (MD) simulations on 50 ns, and suggested that the screened compounds may be considered for coprotection and treatment against COVID-19. In a recent study, Pandey and Verma (2020) also studied the potential of sesamin and four other dietary components (galangin, ellagic acid, capsaicin, and epicatechin) as structural inhibitors of SARS-CoV-2 M^{Pro} using the molecular docking approach. In a very recent study, Allam et al. (2021) reported seven sesame-derived natural compounds (sesamin, sesamol, pinorelinol, hydroxymatairesinol, spicatulignan, ferulic acid, and vanillic acid) as potential inhibitors against three proteins of SARS-CoV-2 including M^{Pro}, papain-like protease (PL^{Pro}), and the RNA-dependent RNA polymerase (RdRp) using the molecular docking analysis followed by MD simulations on 50 ns for representative complexes. However, there is no significant evidence of docking results evaluation available for MD simulations on high nanosecond scale (up to 200 ns) to understand the inhibitory mechanism of all sesame-derived compounds against the SARS-CoV-2 proteins. Despite the medicinal importance of sesame, all bioactive molecules derived

from this important medicinal plant have not been well-explored in a significant manner yet for the treatment of COVID-19. With the fruitful utilization of molecular modeling methods including molecular docking and MD simulations, sesame-derived bioactive compounds may be utilized to design the alternative natural compound-based effective therapeutics against COVID-19.

Keeping this in view, in the present study, we have undertaken a thorough attempt to investigate the inhibition potencies of 36 phytochemicals from sesame against M^{Pro} of SARS-CoV-2 using the molecular docking approach. Four natural metabolites, namely, sesamin, sesaminol, sesamol, and sesamolol, were further subjected to conformational stability using MD simulations followed by free energy calculations. The knowledge generated in the current study encourages and suggests that the sesame-derived phytochemicals have enough potential of being effective in treatment of COVID-19.

MATERIALS AND METHODS

A flowchart depicting the pipeline involved in the identification of interaction between sesame-derived bioactive molecules and M^{Pro} is presented in **Figure 1**.

Ligand Selection

An extensive literature survey was conducted to prepare a library of sesame-derived natural compounds reported with therapeutic potential. Chemical structures of 36 phytochemicals (**Supplementary Table S1**) were obtained from the PubChem database (Kim et al., 2020) in a Spatial Data File (SDF) format. All these molecules were optimized prior to molecular docking using a set of AutoDock tools (Morris et al., 2009). Each and every molecule embedded in this library was prepared with the addition of polar hydrogens and Gasteiger charges calculation. For the docking purpose, the molecules were saved in a pdbqt format using PyRx Open Babble tools (O'Boyle et al., 2011).

Preparation of Receptor

The crystal structure of the M^{Pro} of SARS-CoV-2 in a complex with Z45617795 (PDB ID: 5R7Y) was attained from the RCSB-Protein Data Bank (Berman, 2000; Burley et al., 2018) for docking purposes. This protein crystal structure was solved by the PanDDA analysis group (<https://www.rcsb.org/structure/5R7Y>). Preprocessing of the M^{Pro} of SARS-CoV-2 was carried out by removing water atoms and heteroatoms, and adding polar hydrogen atoms and Kollman charges on it using AutoDockTools version 1.5.6. Swiss-pdb Viewer (Guex and Peitsch, 1997) was employed to structure optimization and energy minimization. The clean geometry module available in the Discovery Studio platform was utilized for the side chain correction.

Virtual Screening Based on Molecular Docking

In a search for a drug against COVID-19, we performed a site-specific docking screen for the M^{Pro} of SARS-CoV-2 against the prepared library of sesame-derived natural compounds

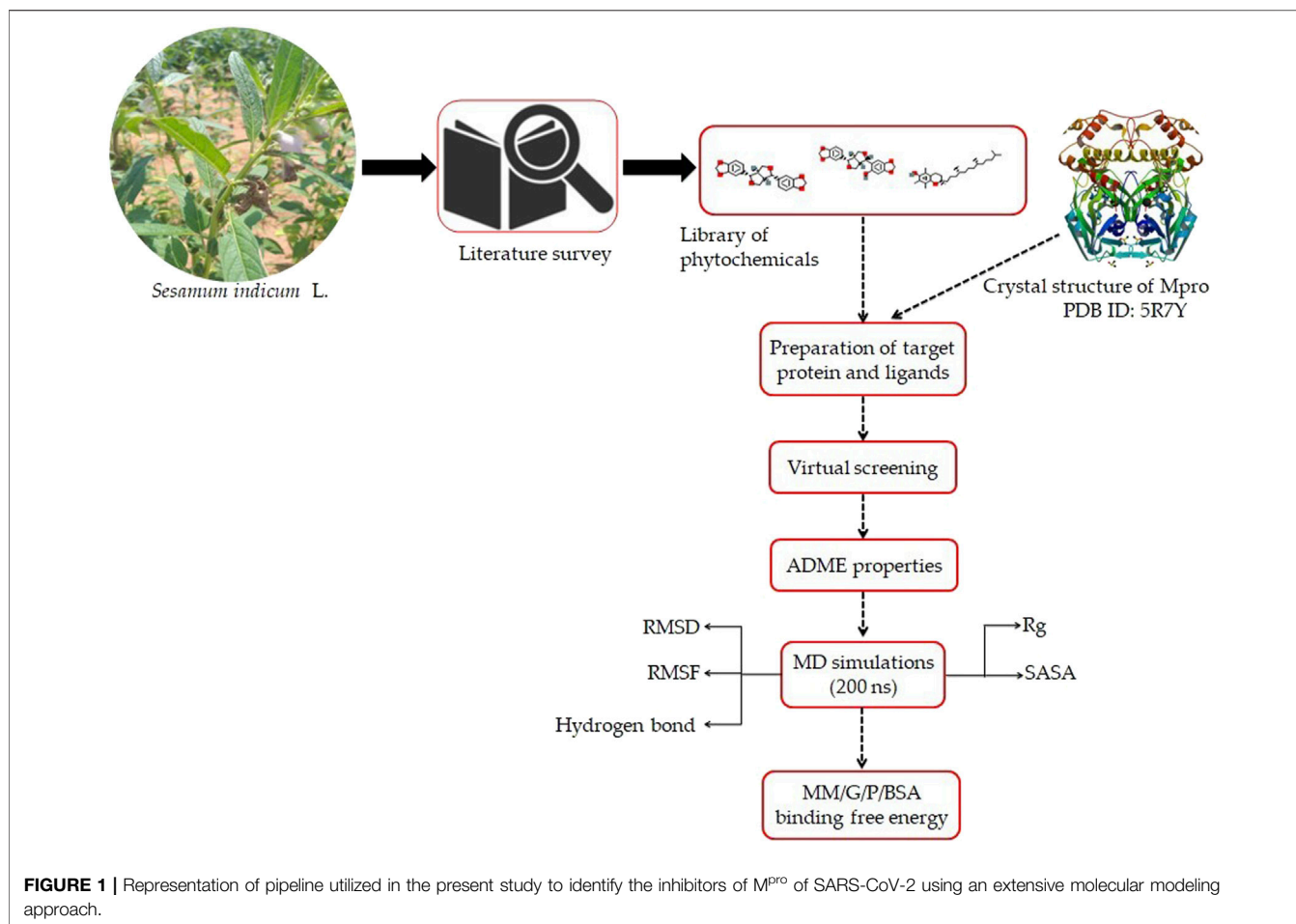


FIGURE 1 | Representation of pipeline utilized in the present study to identify the inhibitors of M^{pro} of SARS-CoV-2 using an extensive molecular modeling approach.

containing 36 compounds. AutoDock Vina program was employed for virtual screening. The grid box was created with the size of $70 \text{ \AA} \times 70 \text{ \AA} \times 70 \text{ \AA}$, with a total of 50 genetic run. For the purpose of docking, amino acid residues such as Thr24, Thr26, Asn119, Phe140, Gly143, Cys145, His163, His164, Glu166, Gln189, and Thr190 were considered as active sites, as earlier reported by Khan et al. (2020) and Kumar et al. (2020). Other parameters were set as default while docking process. The carmofur (CID_2577) compound was selected as the positive control (Jin et al., 2020) for docking process. After docking, the top ranked compounds (based on docking score, number of hydrogen bonds, and specificity) (**Table 1**) were chosen and visually inspected using PyMol and Discovery Studio (DeLano, 2002).

Drug-Likeness and Absorption, Distribution, Metabolism, and Excretion Profiling

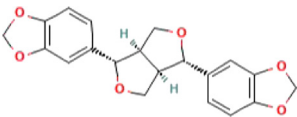
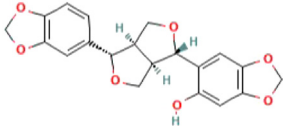
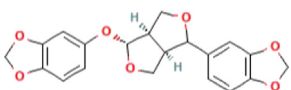
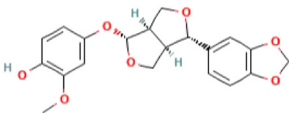
The automated Swiss ADME server (Daina et al., 2017) was employed to calculate the drug-likeness attributes of screened molecules. Different molecular properties such as molecular weight, number of hydrogen bond acceptors, number of hydrogen bond donors, number of rotatable bonds, molar

refractivity, bioavailability score, synthetic accessibility, TPSA, and solubility were calculated with utilizing Lipinski's rule of five (Lipinski, 2004) and Veber's rule (Veber et al., 2002).

Molecular Dynamics Simulations

In order to assess the stabilities of docking conformation complexes of the four bioactive compounds sesamin, sesaminol, sesamol, and sesamolol with SARS-CoV-2 M^{pro}, MD simulations were performed using GROMOS9643a1 force field embedded in GROMACS 5.1.1 package installed on Linux-based workstation (Abraham et al., 2015; Kutzner et al., 2019). For the MD simulations, we followed the protocol previously described by Gajula et al. (2016) and Jee et al. (2017). The automatic PRODRG server was employed to prepare the topology files of ligand molecules (Schüttelkopf and van Aalten, 2004). The docking complexes were solvated in a dodecahedron box. In order to make the whole system neutral, the appropriate Na⁺ ions were added to the system. The steepest descent algorithm was applied to perform the energy minimization of the prepared system with 50,000 iteration steps and cutoff up to $1,000 \text{ kJmol}^{-1}$ with a primary goal of reducing the steric clashes during simulations. The long-range electrostatic interactions were calculated by using particle mesh Ewald (PME) truncation method (Abraham and Gready, 2011). Prior to a

TABLE 1 | List of top four natural compounds shortlisted based on binding energy score as a result of virtual screening.

S. No.	Compound	2D structure	Binding energy (kcal/mol)	Molecular interactions
1	M ^{pro} (active site residues)	Thr24, Thr26, Asn119, Phe140, Gly143, Cys145, His163, His164, Glu166, Gln189, and Thr190		
2	Sesamin (CID_72307)		-6.7	Hydrogen bond: ASN151 (5.46 Å), SER158 (4.38 Å), and ARG298 (6.05 Å) Carbon-hydrogen bond: ASP295 (5.38 Å) Alkyl: VAL104 (5.27 Å) Pi-sigma: VAL104 (4.29 Å)
3	Sesaminol (CID_94672)		-6.6	Hydrogen bond: ARG105 (6.59 Å), ASN151 (5.39 Å), and ARG298 (6.05 Å) Carbon-hydrogen bond: ASP295 (5.27 Å) Pi-Sigma: VAL104 (4.30 Å)
4	Sesamol (CID_131801617)		-6.4	Hydrogen bond: ARG105 (6.03 Å), GLN110 (4.52 Å), and SER158 (4.08 Å) Pi-sigma: VAL104 (4.89 Å)
5	Sesamolol (CID_443019)		-6.1	Hydrogen bond: SER158 (4.10 Å) Carbon-hydrogen bond: ILE106 (4.45 Å), and GLN110 (5.21 Å) Pi-sigma: VAL104 (5.04 Å) Alkyl: VAL202 (5.45 Å), and ILE249 (5.21 Å) Pi-Alkyl: HIS246 (5.26 Å)

production run, the process of equilibrium was completed in two phases. In the first phase, equilibration was established with a constant number of particles, volume, and temperature (NVT), with each step 2 femtosecond (fs). The second phase was performed with a constant number of particles, pressure, and temperature NPT, with the ensemble at 300 K. After determining the coordinates, LINCS algorithm was considered to constrain the covalent bonds involving hydrogen atoms (Hess et al., 1997; Hess, 2007). Temperature was regulated inside the box using V-rescale, a popular Berendsen temperature coupling method. Finally, a production run of 200 ns was run with each step of 2 fs.

Trajectory Analysis

After the successful completion of MD simulations, trajectories were analyzed using a set of tools implemented in GROMACS package. The gRMS tool of GROMACS was utilized to calculate the root-mean-square deviation (RMSD) variation in protein backbone, while the overall root-mean-square fluctuation (RMSF) in the atomic positions of protein C backbone was generated by using the grmsf module. The gyrate, gmxsasa, and gh bond tools were employed to estimate the radius of gyration (Rg), solvent accessible surface area (SASA), and hydrogen bonds, respectively.

Molecular Mechanic/Poisson-Boltzmann Surface Area Binding Free Energy Calculations

The Molecular Mechanic/Poisson-Boltzmann Surface Area (MM/PBSA) was performed on g mmpbsa script program to calculate the binding free energy of interactions between the

docking complexes (Kumari et al., 2014; Aldeghi et al., 2017). After the simulation of docking complexes, all the trajectories of 200 ns were used for MM/PBSA-based binding free energy analysis. The major energy components such as binding energy (kJ/mol), van der Waals energy (DEvdW), electrostatic energy, polar solvation energy, and SASA energy all together contributed to calculate the MM/PBSA relative binding affinity. The MM/PBSA method-based binding free energy of the protein-ligand systems were calculated using the following equation:

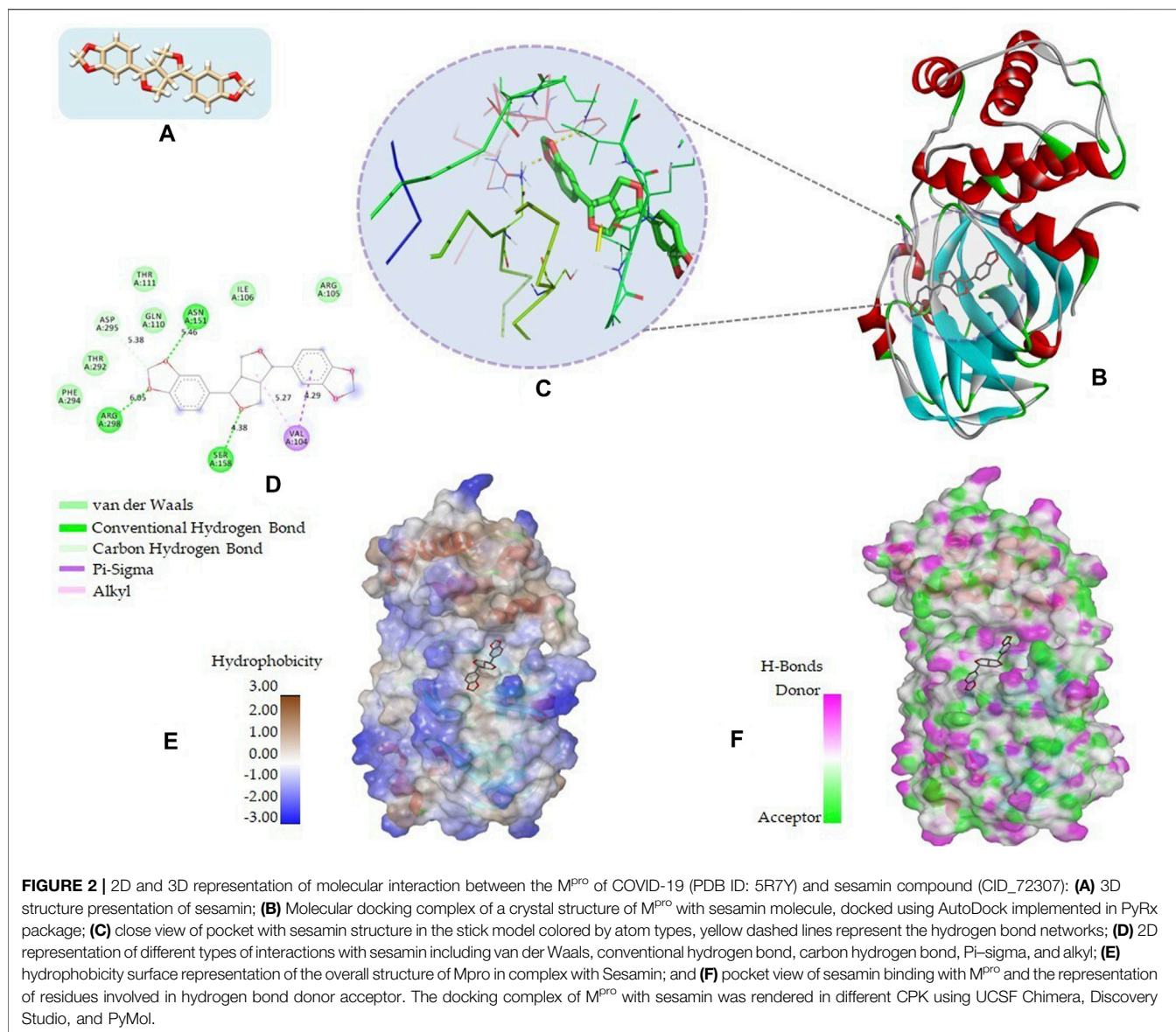
$$\Delta G_{MMPBSA} = \langle G_{complex} - G_{protein} - G_{ligand} \rangle_{complex}$$

where $G_{complex}$ represents the total free energy of the docking complex, and $G_{protein}$ and G_{ligand} depict the total free energies of the isolated protein and ligand in the solvent, respectively.

RESULTS AND DISCUSSION

Molecular Docking

Molecular docking is one of the most applied methods in the process of computer-aided drug design (CADD) to identify potential inhibitors against various pathogens. With this revolutionary method, an immense amount of energy, time, and costs of the drug discovery process can be saved to screen the large drug libraries for the discovery of potential drug compounds (Wadood et al., 2013; Yu and MacKerell, 2016). There is no effective cure for COVID-19 so far; therefore, identification of potential drug compounds is required on an urgent basis. In the present study, we screened an in-house library of sesame-derived bioactive molecules against M^{pro} of SARS-CoV-2 using a molecular docking approach. In total, 36 natural compounds

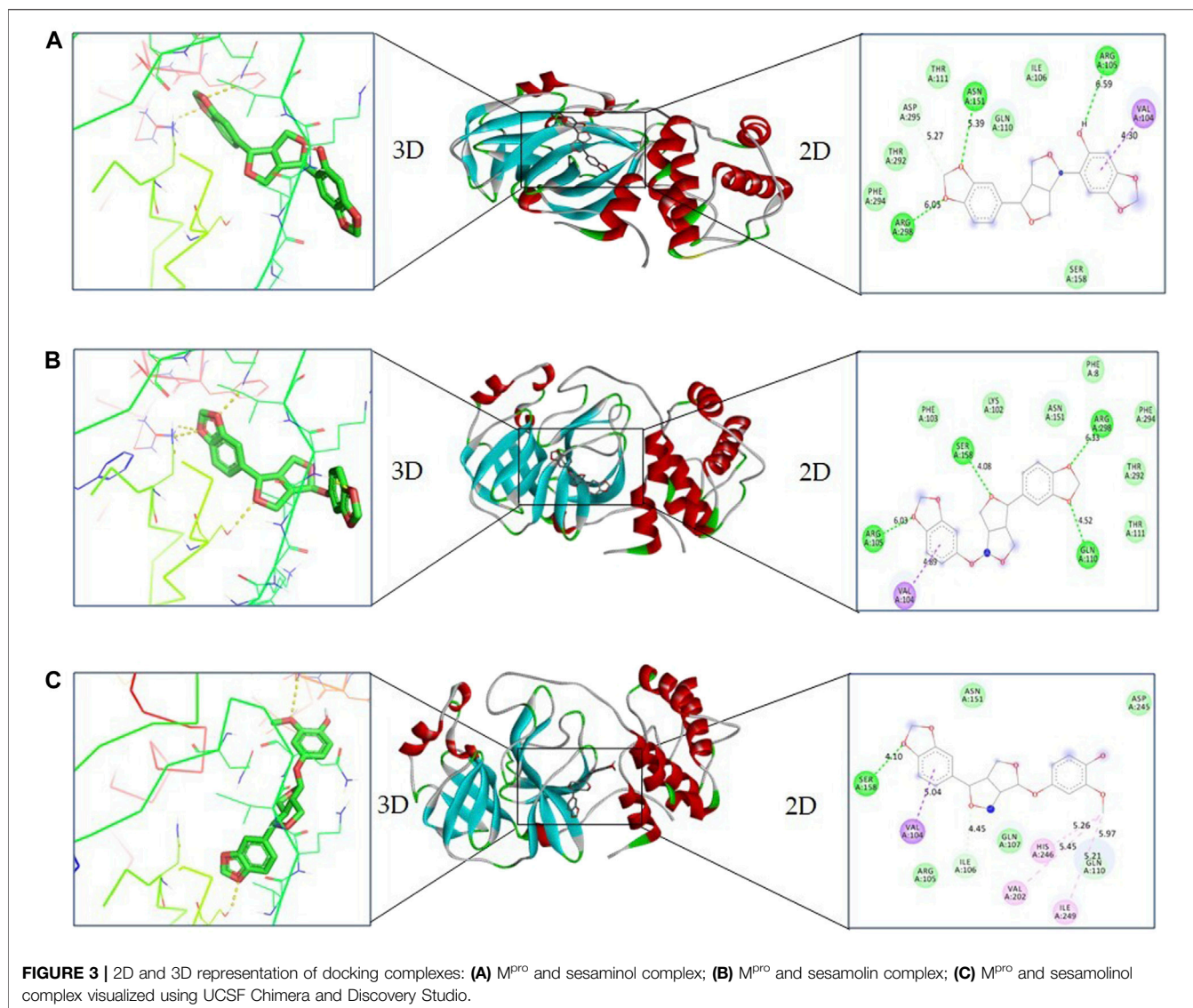


(Supplementary Table S1) were docked into the binding pocket of M^{pro}. The docking results demonstrated that out of 36 selected natural compounds used in the present study, four bioactive molecules, namely, sesamin, sesaminol, sesamol, and sesamolol were found to have a higher binding energy of -6.7 , -6.6 , -6.4 , and -6.1 kcal/mol⁻¹, respectively, than the positive control compound carmofur whose binding energy was determined to be -5.2 kcal/mol⁻¹. These four natural compounds (sesamin, sesaminol, sesamol, and sesamolol) ranked as top interacting with M^{pro} based on the affinity of molecular docking, number of hydrogen bonds and compound specificity.

The 2D structures, binding score, and details of interactions of the top four screened compounds are displayed in **Table 1**. Docking complexes of these natural metabolites with M^{pro} have been considered for further evaluation using MD simulations and MM/PBSA energy calculations. Discovery

studio and PyMOL programs were employed to prepare the two- and three-dimensional plots of molecular interaction networks, respectively. After visualizing the 2D and 3D interaction plots, it was observed that the sesamin compound formed hydrogen bonds with three residues, namely, Asn151 (5.46 Å), Ser158 (4.38 Å), and Arg298 (6.05 Å). This compound was found to have one carbon-hydrogen (C-H) bond with Asp295 (5.38 Å), alkyl bond with Val104 (5.27 Å), and Pi-sigma bond with Val104 (4.29 Å) residue. It also manifests van der Waals (VdW) interaction with six residues including Arg105, Ile106, Gln110, Thr111, Thr292, and Phe294 (**Figure 2**).

In the case of sesaminol, three residues, namely, Arg105 (6.59 Å), Asn151 (5.39 Å), and Arg298 (6.05 Å), formed the hydrogen bonds. Residues Asp295 (5.27 Å) and Val104 (4.30 Å) interacted via C-H bond and Pi-sigma, respectively. Five residues including Ile106, Gln110, Thr111, Thr292, and



Phe294 manifest VdW interaction (**Figure 3A**). As shown in **Figure 3B**, sesamol molecule exhibits the hydrogen bond with three residues, namely, Arg105 (6.03 Å), Gln110 (4.52 Å), and Ser158 (4.08 Å), and one Pi-sigma with Val104 (4.89 Å). VdW interaction with residues Phe8, Lys102, Phe103, Thr111, Asn151, Thr292, and Phe294 was also formed. In the sesamolol molecule, one residue Ser158 (4.10 Å) formed hydrogen bond (**Figure 3C**). Several other residues formed other types of molecular interactions such as Ile106 (4.45 Å), Gln110 (5.21 Å) (C–H bond), Val104 (5.04 Å) (Pi-sigma), Val202 (5.45 Å), Ile249 (5.21 Å) (alkyl), His246 (5.26 Å) (Pi-alkyl), and residues Arg105, Gln107, Asn151, Asp245 demonstrated VdW interactions.

Consistent with previous studies which reported the potential inhibitors of M^{Pro} (Park et al., 2015; Aanouz et al., 2020; Bello et al., 2020; Chikhale et al., 2020b; Krupanidhi et al., 2020; Matveeva et al., 2020; Muhammad et al., 2020; Tripathi et al., 2020; Mitra et al., 2021; Prasanth et al., 2021; Varadharajan et al., 2021), in our study, screened four compounds (sesamin,

sesaminol, sesamol, and sesamolol) were found to be tightly fit into the binding pocket of the M^{Pro} of COVID-19. In previous studies, the potential of herb-derived natural compounds have been explored to inhibit the M^{Pro} of COVID-19 using integrated bioinformatics and molecular modeling approaches (Kumar et al., 2020; Suravajhala et al., 2020; Gunda et al., 2021; Mishra et al., 2021). Three natural metabolites, namely, ursolic acid, carvacrol, and oleanolic acid have been reported as the potential inhibitors of M^{Pro} of COVID-19. The molecular docking study of ursolic acid, carvacrol, and oleanolic acid with the M^{Pro} protein demonstrated the binding energy of −5.9, −4.0, and −6.0 kcal/mol, respectively (Kumar et al., 2020). The ursolic acid formed a strong hydrogen bond with Ser46 residues, while the docking study of carvacrol and oleanolic acid with the M^{Pro} protein exhibits hydrogen bonding with Gly143 and Gln189 residues of the active site, respectively. In a recent study, Gunda et al. (2021) proposed the natural xanthone compounds as promising drug inhibitors against the M^{Pro} of

COVID-19 based on their significant antiviral power, which is well-documented in literatures. In a recent follow-up study, Mishra et al. (2021) explored a set of natural compounds to investigate their binding potential to the M^{Pro} of COVID-19. Based on the docking and MD simulations, the four natural compounds, namely, amentoflavone, guggulsterone, puerarin, and piperine have been reported as antiviral compounds against the M^{Pro} of COVID-19. The binding affinity of these natural metabolites with M^{Pro} protein confirms the results of the present study.

Several compounds of sesame possess the natural antibacterial, antifungal, antiviral, and anti-inflammatory properties, and lignans such as sesamin, sesaminol, sesamol, and sesamolol are good examples (Uncu et al., 2015; Dravie et al., 2020). Sesamin is exclusively found in the sesame plant, and its antioxidant, antibacterial, antiviral, and antifungal activities are well-reported. Kodchakorn et al. (2020) identified that sesamin interacts with the M^{Pro} of SARS-CoV-2 and affects the thermal stability of M^{Pro} using in silico methods, providing evidence for sesamin as a structural inhibitor against the M^{Pro} of SARS-CoV-2. Other studies also indicated that the sesamin compound might interact with amino acid residues Ser144, Cys145, Gln189, and Gln192 and showed significant interactions with effective residues His41, Met49, and Met165 of the M^{Pro} of COVID-19 (Pandey and Verma, 2020). In a follow-up study, Allam et al. (2021) explored the sesamin and sesamol compounds along with other natural compounds against M^{Pro}, PL^{Pro}, and RdRp proteins. Sesamin was found to be interacted with M^{Pro} with three residues including Gln189, Thr190, and His41, while the sesamol molecule was reported to interact with two amino acid residues, namely, Gln189 and Thr190. Our results may support the previous findings on the inhibitory effect of sesamin and sesamol against the M^{Pro} of COVID-19. Previous reports demonstrated the docking results only for few compounds including sesamin and sesamol but did not consider all compounds of sesame reported in the literature, which have significant medicinal properties as well. In the present study, we explored the potential of 36 sesame-derived natural compounds against the M^{Pro} of COVID-19, and based on the docking results, the four natural compounds were selected, namely, sesamin, sesaminol, sesamol, and sesamolol for further evaluation using MD simulations on 200 ns. The previous studies lack the evidence of docking results evaluated using MD simulations on high ns scale. The screened natural compounds based on the present study were also well-studied for their central role in different biological activities. Several *in vitro* and *in vivo* studies illustrate the neuroprotective role of sesamin against cerebral ischemia (Chung et al., 2010; Dar and Arumugam, 2013). Also, this major lignin compound has demonstrated other biological activities such as antihypertensive, atherosclerosis, thrombosis, antidiabetic, anticancer, cardiovascular, and anti-inflammatory (Kumar et al., 2018; Dalibalta et al., 2020). Of note, sesamin has been previously shown to be effective against swine flu (influenza type A H1N1) through in silico and *in vitro* studies (Fanhchaksai et al., 2015). This compound was established as a novel inhibitor of pro-inflammatory cytokines, IL-1 β and TNF- α . Sesaminol is one type of sesame lignan compound commonly found in sesame seeds and well known for its strong antioxidant and anticancer properties (Miyahara et al., 2001; Watanabe et al., 2017).

TABLE 2 | ADME properties of screened top four compounds from sesame (*S. indicum* L.).

Drug-likeness properties	MW (g/mol) (range ≤500 g)	Consensus log Po/w (range ≤5)	No. of H bond acceptors (range ≤10)	No. of H bond donors (range ≤5)	Molar refractivity (range 40–130)	Lipinski	Veber	Bioavailability score (range 0.4–0.6)	Synthetic accessibility (range >6)	TPSA (Å ²) (range >100)	No. of rotatable bonds (range 1–10)	Solubility (mg/ml)
Sesamin (CID_72307)	354.35	2.79	6	0	90.00	Yes	Yes	0.55	4.12	55.38	2	8.98e-03
Sesaminol (CID_94672)	370.35	2.37	7	1	92.02	Yes	Yes	0.55	4.31	75.61	2	3.62e-02
Sesamol (CID_131801617)	370.35	2.74	7	3	91.52	Yes	Yes	0.55	4.43	64.61	3	1.75e-02
Sesamolol (CID_443019)	372.37	2.56	7	1	93.98	Yes	Yes	0.55	4.50	75.61	4	2.80e-02

Using *in vitro* and *in vivo* models, Kaji et al. (2020) reported the preventive effect of sesaminol on a neurodegenerative disease named as Parkinson's disease (PD). Sesamol, the second major lignan, found in sesame oil has been regarded as a natural therapeutic agent because of its various therapeutic properties (Michailidis et al., 2019). Free radical scavenging activity of sesamol provides protection to neuronal hypoxia (Park et al., 2010). Sesamolol has also been considered the important lignin compound due to its various biological activities (Grougnet et al., 2011). The present study reported bioactive molecules (sesaminol, sesamol, and sesamolol) which are established as potential inhibitors of M^{Pro} having enough bibliographical research support.

Evaluation of Drug Likeness

Prior to conducting MD simulation analysis, we evaluated the pharmacokinetic properties of the screened compounds of sesame. The ADME results of the shortlisted molecules calculated using SWISSADME server are shown in Table 2. Sesamin, sesaminol, sesamol, and sesamolol have the following molecular weights, respectively: 354.35, 370.35, 370.35, and 372.37 g/mol; these four natural compounds have a molecular weight ≤ 500 g/mol, which indicated that these screened natural compounds may easily be transported, diffused, and absorbed by the body (Lipinski et al., 2001; Lipinski, 2004). The LogP values of sesamin, sesaminol, sesamol, and sesamolol molecules were found to have 2.79, 2.37, 2.74, and 2.56, respectively, which are in accordance with Lipinski's rule of five. For these four compounds, the number of hydrogen bond donors was less than five, which meets the criteria of ADME as the number of H bond donors should be ≤ 5 . The ADME analysis revealed that sesamin, sesaminol, sesamol, and sesamolol molecules present the following values of the topological polar surface (TPSA): 55.38, 75.61, 64.61, and 75.61 Å². The range of lower TPSA values represents the acceptable results, as described by Ahuja et al. (2021) and Singh et al. (2021) in previous studies. It has been noted that the natural compounds derived from sesame are better behaved than the co-crystallized molecule. These screened molecules also validate Veber's rule which state the oral bioavailability of drug-like compounds. These four metabolites, namely, sesamin, sesaminol, sesamol, and sesamolol have the molar refractivity values 90, 92.02, 91.52, and 93.98, respectively; these compounds also present the scores of the synthetic accessibility (SA): 4.12, 4.31, 4.43, and 4.50, respectively. SA is one of the important parameters of synthesis during the process of drug designing (Ertl and Schuffenhauer, 2009). The predicted SA score of these screened compounds was < 10 , which suggested that these compounds can be easily synthesized. Taken together, the drug-likeness analysis indicated that these sesame-derived natural metabolites possess favorable pharmacokinetic properties, and thus can be considered drug-like molecules.

Conformation of Stability of Docking Complexes for Natural Compounds and SARS-CoV-2 M^{Pro} by Molecular Dynamics Simulations

In order to determine the structural stability of docking complexes, MD simulations were run with the most stable

docked models on 200 ns. Based on docking scores, hydrogen bonds, and compound specificity, four docking complexes, namely, sesamin, sesaminol, sesamol, and sesamolol were subjected to MD simulations. High binding energy scores of docking complexes allowed for the estimation of the amino acid residue interactions over time. The RMSD, RMSF, SASA, and Rg plots were calculated to evaluate the stability of simulated systems.

Root-Mean-Square Deviation

The RMSD is a most commonly used quantitative method to evaluate the stability of the docking complexes and measures the conformational stability perturbations within the protein backbone during MD simulations on different nanosecond scales (Sargsyan et al., 2017). In order to investigate the stability of the ligand molecules to the protein, all the ligand and backbone RMSDs were graphically measured. As evident from Figure 4A, the protein backbone of M^{Pro} showed constant stability throughout the simulation with a range between 0.37 and 0.47 nm. The average RMSD values for complexes with sesamin, sesaminol, sesamol, and sesamolol were ~ 0.37 , ~ 0.38 , ~ 0.31 , and ~ 0.38 nm, respectively. Likewise, the control (blue) element also showed the average value of RMSD to be around 0.47 nm. The complex with sesaminol (yellow) and sesamolol (cyan) displayed higher simulation trajectory after ~ 50 ns than the complex with sesamin (red) and sesamol (green). The compound sesamol has shown two fluctuations throughout the simulations on 200 ns time scale. The first stable conformation was noted between 25 and 100 ns, and the second stable conformation was found between 110 and 200 ns. The RMSD constant was at ~ 0.25 , and a large fluctuation was observed between 10 and 25 ns. However, there was no significant effect of this fluctuation was found on the protein structure. Sesamolol showed slight changes in the starting period of simulation between 2 and 25 ns. After 25 ns, sesamolol was found to be constant at ~ 0.35 throughout the simulations. It may be because of the binding region size and loop presence at the pocket site. All the four ligand molecules shared the almost similar trend of stability and RMSD values with small conformational changes. As depicted in Figure 4B, the calculated ligand RMSD plot is the conformation of the measured protein backbone; RMSD plot shows the stability of target compounds throughout the simulation with fluctuation in sesamolol at starting point between 5 and 15 ns on ~ 0.50 nm. In the same plot, the sesamol compound also showed the fluctuation between 160 and 170 ns on ~ 0.25 nm. Based on the minimal fluctuations and low difference in values depicted in the protein backbone and ligand RMSD plots, it can be predicted that protein-ligand complexes were stable and comparable to solved structures. The docked pose of our ligands is fixed in the active region, same as the crystal structure ligand Z45617795, which is quite acceptable in protein-ligand interaction (Table 1). The RMSDs of our ligands with heavy atoms are similar to crystal structure resolution which is higher than 1.65 Å and is accurately ordered and exactly fitted in the electron density map. Therefore, RMSDs obtained from MD simulation also showed the structure stability during simulation (each ligand has remained constant

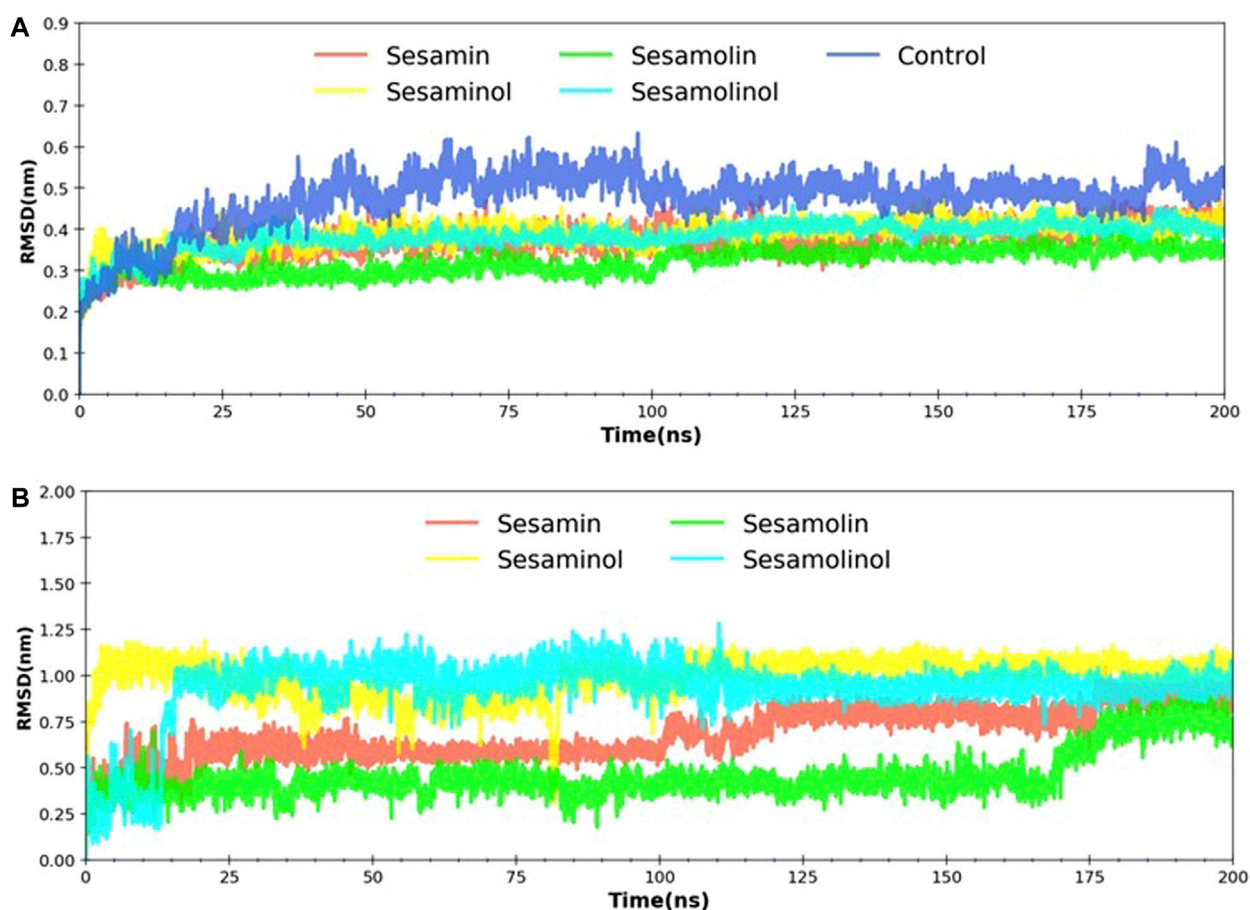


FIGURE 4 | RMSD analysis. **(A)** Backbone RMSD plot of docking complexes; and **(B)** ligand RMSD plot of complexes [M^{pro} – sesamin complex (red), M^{pro} – sesamolin complex (green), M^{pro} – sesaminol complex (yellow), M^{pro} – sesamolinal complex (cyan), and control (blue)].

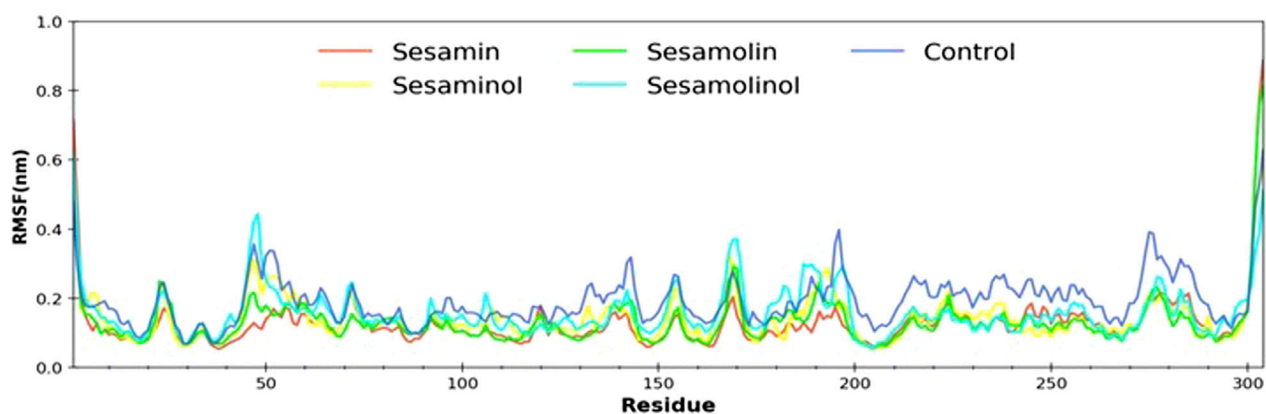
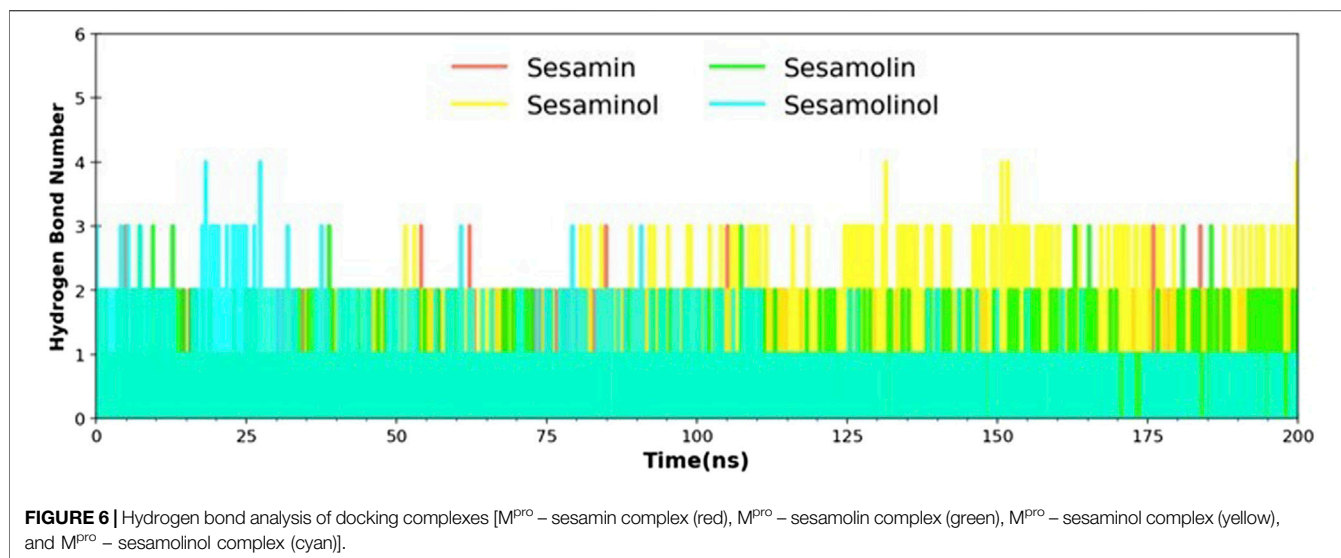


FIGURE 5 | Calculated RMSF plot of docking complexes [M^{pro} – sesamin complex (red), M^{pro} – sesamolin complex (green), M^{pro} – sesaminol complex (yellow), M^{pro} – sesamolinal complex (cyan), and control (blue)].



and has a constant range of RMSDs). From these observations, we assume that our ligand RMSDs (0.25–1 nm) showed similar stability as crystal ligand pose has in resolutions.

Root-Mean-Square Fluctuation

In order to determine the individual residue flexibility of the system with the time, RMSF was calculated, in which high fluctuation score indicates more flexibility and unstable bonds, while a low score reflects well-structured regions in the protein–ligand complexes (Gajula et al., 2016). The RMSF of alpha-carbon atoms of all system was investigated and is given in **Figure 5**. All the five systems (control, M^{pro} –sesamin, M^{pro} –sesaminol, M^{pro} –sesamolin, and M^{pro} –sesamolinal complexes) demonstrated almost a similar pattern of fluctuation across the whole structure during simulation. The average RMSF values of control, M^{pro} –sesamin, M^{pro} –sesaminol, M^{pro} –sesamolin, and M^{pro} –sesamolinal complexes were ~0.25, ~0.20, ~0.23, ~0.21, and ~0.35 nm, respectively. These values revealed that all the subjected docking complexes exhibit relatively less conformation fluctuation than the control system. These less fluctuations of the docking complexes suggested that the residues distributed across the active site of M^{pro} interact with sesamin, sesaminol, sesamolin, and sesamolinal in a significant manner.

Hydrogen Bond Analysis

Hydrogen bonds play an essential role in establishing molecular interactions of biological systems. The molecular interaction between M^{pro} and sesame-derived bioactive molecules was explored by the secondary structure changes, which is, in turn, regulated by a number of hydrogen bonds. For selected complexes (M^{pro} –sesamin, M^{pro} –sesaminol, M^{pro} –sesamolin, and M^{pro} –sesamolinal), a number of formed hydrogen bonds were calculated throughout the MD simulation on the scale of 200 ns. The number of hydrogen bonds and hydrogen bond distribution is represented in **Figure 6**. In complex with sesaminol (yellow) and sesamolinal (cyan), the numbers of

hydrogen bonds were three, with few conformations showing up to 4 hydrogen bonds throughout the simulations. Sesamin (red) and sesamolin (green) have a constant range of hydrogen bonds between two and three in whole simulation. These results showed that the screened natural metabolites were able to maintain a strong interaction with a pocket site and suggested that all four docking complexes were stable throughout the simulation.

Radius of Gyration, and Solvent Accessible Surface Area Analysis

MD trajectories corresponding to four complexes (M^{pro} –sesamin, M^{pro} –sesaminol, M^{pro} –sesamolin, and M^{pro} –sesamolinal) were further investigated with the aid of Rg and SASA analysis. Rg was calculated with a primary goal to determine the compactness of the system with the time. As depicted in **Figure 7A**, the Rg values of all four systems with control were reported as 2.08–2.15 nm throughout the simulation. Rg value analysis affirms the stability of each system and suggested that the binding of screened natural phytochemicals does not induce structural changes during whole simulation. During simulation, SASA values were calculated to measure the receptor exposed to the solvents. It is well-documented that a higher SASA value reflects the expansion of protein volume during MD simulation (Kumar et al., 2020). Always, a low fluctuation is expected during whole simulation. Interaction with ligand compounds may influence SASA and sometimes affect the protein structure in a significant manner. The calculated SASA values showed between 130 and 148 nm², reflecting that the binding of sesamin, sesaminol, sesamolin, and sesamolinal does not affect the folding of protein (**Figure 7B**). The calculated SASA values for these ligand compounds are the consent of previous reports (Kumar et al., 2020; Mishra et al., 2021) and suggested that all of the four complexes were stable after the binding of sesamin, sesaminol, sesamolin, and sesamolinal to the M^{pro} active site.

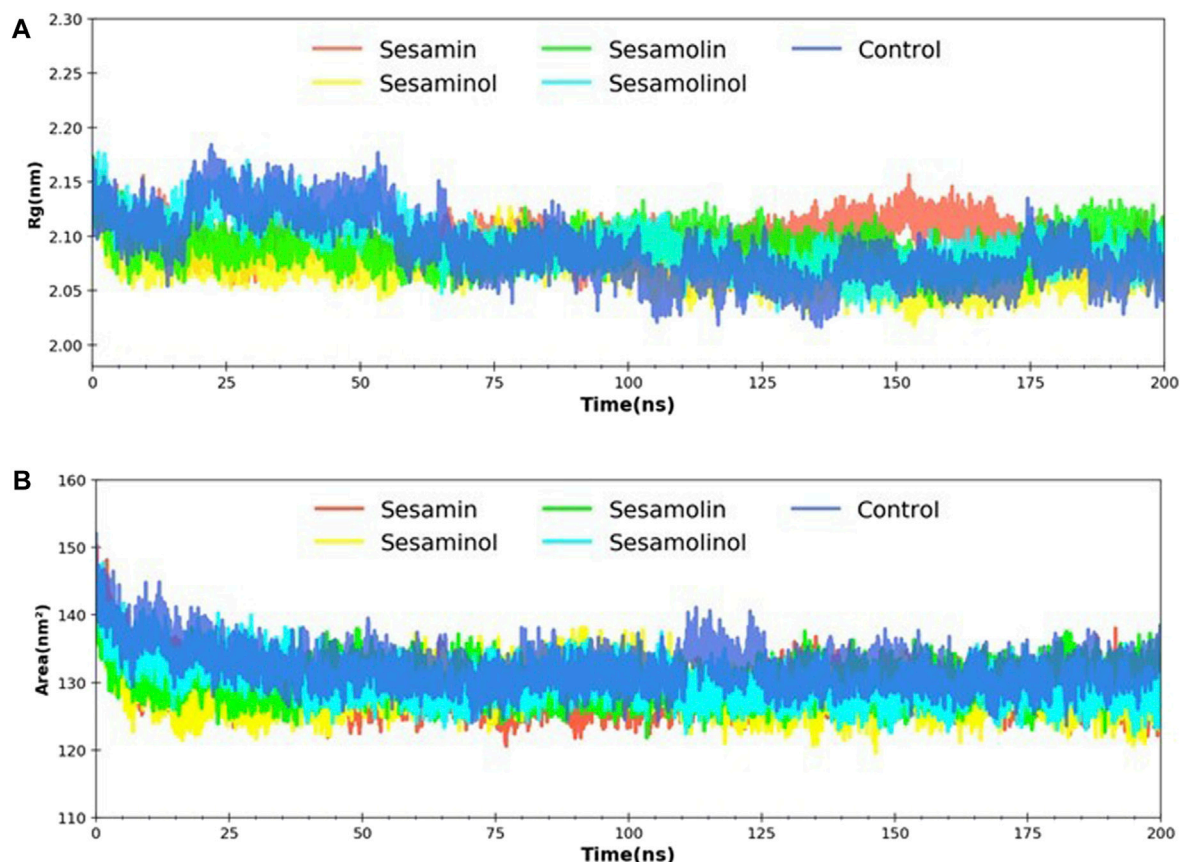


FIGURE 7 | Rg and SASA analysis. **(A)** Predicted Rg plot of docking complexes; and **(B)** SASA plot of selected complexes [M^{pro} – sesamin complex (red), M^{pro} – sesaminol complex (yellow), M^{pro} – sesamolin complex (green), M^{pro} – sesamolinal complex (cyan), and control (blue)].

TABLE 3 | Calculated total binding energy, van der Waals energy, electrostatic energy, polar solvation energy, and SASA energy of the docking complexes.

Complex	Binding energy (kJ/mol)	van der Waals energy (ΔE_{vdW}) (kJ/mol)	Electrostatic energy (ΔE_{elec}) (kJ/mol)	Polar solvation energy (ΔG_{polar}) (kJ/mol)	SASA energy (kJ/mol)
Sesamin	-145.511 ± 17.054	-185.239 ± 12.497	-1.331 ± 2.720	56.328 ± 10.084	-15.269 ± 0.859
Sesaminol	-211.240 ± 14.034	-244.688 ± 13.232	-2.394 ± 2.452	53.429 ± 6.865	-17.587 ± 0.839
Sesamolin	-149.078 ± 9.043	-158.179 ± 8.593	-1.087 ± 1.785	24.598 ± 4.487	-14.410 ± 0.870
Sesamolinal	-199.110 ± 15.881	-233.811 ± 13.828	2.162 ± 2.619	51.381 ± 7.632	-18.842 ± 0.954

Estimation of Binding Free Energy

The average free binding energy of selected complexes (M^{pro} – sesamin, M^{pro} – sesaminol, M^{pro} – sesamolin, and M^{pro} – sesamolinal) was calculated by using a python script `MmPbSaStat.py` embedded in `g_mmpbsa` package. The molecular mechanic/Poisson–Boltzmann surface area (MM/PBSA) is one of the popular and accurate methods to estimate the ligand binding affinities in the protein system. To calculate the binding free energy, we have utilized the steps previously described (Gajula et al., 2016; Jee et al., 2017). The MM/PBSA-based binding energy score extracted after the systematical calculation is provided in Table 3. The

cumulative sum of different energies such as van der Waals, electrostatic, polar solvation, and SASA is presented as the final binding energy. All types of the energy significantly contributed to the molecular interaction between the ligand compounds and M^{pro} . The evaluated binding free energy of screened molecules exhibited as sesamin (-145.511 ± 17.054 kJ/mol), sesaminol (-211.240 ± 14.034 kJ/mol), sesamolin (-149.078 ± 9.043 kJ/mol) and sesamolinal (-199.110 ± 15.881 kJ/mol). The negative values of the binding energy reflect that the targeted compound favorably interact with the receptor protein. As compared with other screened compounds, the sesamolin (-211.240 ± 14.034 kJ/mol) showed the maximum negative

binding energy. The MM/PBSA results clearly suggest that sesamolol (-199.110 ± 15.881 kJ/mol) possessed the second least binding energy. These natural compounds with the maximum negative binding energy and better binding affinity could be utilized as potential inhibitors against the M^{Pro} of COVID-19.

CONCLUSION

The inhibition of M^{Pro} protein represents a promising strategy for controlling viral replication leading to discovery of potential drug candidates. The current extensive study concludes four phytochemicals, namely, sesamin, sesaminol, sesamol, and sesamolol as potential inhibitors against the M^{Pro} of SARS-CoV-2. The integrated molecular docking and MD simulation study revealed that these bioactive molecules form a very stable complex with M^{Pro} that shows excellent binding affinities higher than other sesame-derived molecules. Docking complexes of these natural metabolites with M^{Pro} showed a stable conformation on 200 ns, which is further supported by the results of binding free energy. Moreover, the proposed potential inhibitors also meet the criteria of drug likeness based on Lipinski's rule of five and ADME properties. The inhibitory effect of these sesame-derived natural compounds against the M^{Pro} of SARS-CoV-2 may also be further validated using a plethora of *in vitro* and *in vivo* experiments. The current study suggested that the screened phytochemicals (sesamin, sesaminol, sesamol, and sesamolol) have shown enough potential to inhibit the M^{Pro} and may be utilized as effective drug candidates for the development of new treatment against COVID-19 infection.

DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and

accession number(s) can be found in the article/**Supplementary Material**.

AUTHOR CONTRIBUTIONS

AK and UA contributed to conception, design, and data acquisition. AK drafted the manuscript. DM contributed to data analysis. UA, RY, AR, and DK proofread the final manuscript. All authors gave final approval and agreed to be accountable for all aspects of the work.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fchem.2021.744376/full#supplementary-material>

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Effect of Prophylactic Use of Intranasal Oil Formulations in the Hamster Model of COVID-19

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Severe acute respiratory syndrome coronavirus 2 (SARS-CoV2) infection initiates with viral entry in the upper respiratory tract, leading to coronavirus disease 2019 (COVID-19). Severe COVID-19 is characterized by pulmonary pathologies associated with respiratory failure. Thus, therapeutics aimed at inhibiting the entry of the virus or its internalization in the upper respiratory tract are of interest. Herein, we report the prophylactic application of two intranasal formulations provided by the National Medicinal Plant Board (NMPB), Anu oil and til taila, in the hamster model of SARS-CoV-2 infection. Prophylactic intra-nasal instillation of these oil formulations exhibited reduced viral load in lungs and resulted in reduced body weight loss and lung-pneumonitis. In line with reduced viral load, histopathological analysis revealed a reduction in lung pathology in the Anu oil group as compared to the control infected group. However, the til taila group did not show a significant reduction in lung pathology. Furthermore, molecular analysis using mRNA expression profiling indicated reduced expression of pro-inflammatory cytokine genes, including Th1 and Th17 cytokines for both the intranasal formulations as a result of decreased viral load. Together, the prophylactic intranasal application of Anu oil seems to be useful in limiting both viral load and severity in SARS-CoV2 infection in the hamster model.

Keywords: COVID-19, intranasal, herbal, AYUSH, prophylactic

INTRODUCTION

Since the first report of Coronavirus Disease (COVID-19) in Wuhan in December 2019, a number of COVID-19 incidences have exploded around the globe leading it to be declared a pandemic by the WHO (Chen and Li, 2020; Wang et al., 2020) (<https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases>). As of September 6, 2021, the total number of coronavirus infection incidences was 221,846,104 with around 4,586,516 deaths globally, with 441,075 mortalities in India alone. The majority of the coronavirus cases are asymptomatic and do not require aggressive treatment. However, an estimated 13.8% of the infected individuals are at risk of developing a severe form of COVID-19, which could be characterized by either one or all of the following COVID-19 symptoms: respiratory distress, high fever, loss of taste and smell, and diarrhea (Chen and Li, 2020; Wang et al., 2020). In addition, up to around 6% of COVID-19 cases end up with respiratory failure due to cytokine storm, cardiovascular complications, and

multiple organ failure (<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>) (Guan et al., 2020; Wang et al., 2020). As is known for other respiratory viruses, SARS-CoV2 initially infects the upper respiratory tract and then rapidly spreads to the lower respiratory tract (Chen and Li, 2020). During an active infection, the virus can be transmitted and spread from both symptomatic and asymptomatic individuals via respiratory droplets generated through coughing, sneezing, or hyperventilation via the airborne route (Gandhi et al., 2020; Guan et al., 2020).

Global health research has primarily focused on vaccine development against COVID-19, with active vaccination being the current strategy to protect COVID-19–related mortalities (Poland et al., 2020a; Dong et al., 2020). Given the emergence of new SARS-CoV2 variants, the protective efficacy of vaccines could be reduced; hence, therapeutics that may prevent viral entry, replication, and transmission are highly desirable. In line with this, pharmacological agents such as intranasal delivery of TLR2/6 agonist or lipopeptide agents, intranasal administration of neutralizing antibodies, and intranasal gene therapy are currently being explored as potential strategies to inhibit the host–pathogen interaction and limit the infection (Hassan et al., 2020; Boiardi and Stebbing, 2021; Ku et al., 2021; Kunzelmann, 2021; Proud et al., 2021; Vries et al., 2021). For example, intranasal corticosteroid spray for the recovery of the sense of smell is under clinical trials for COVID-19 patients (Abdelalim et al., 2021). Since pharmaceutical drugs may have many off-target effects, therapeutics based on herbal extracts have recently gained much attention (Matveeva et al., 2020; De Pellegrin et al., 2021; Jan et al., 2021; Li et al., 2021). Here, we evaluated the efficacy of two ayurvedic intranasal (herbal) oil formulations, Anu oil and til tailya (Duraipandi and Selvakumar, 2020), in hamster SARS-CoV2 challenge model.

Sesame oil (til tailya, TT) is the oil derived from a plant (*Sesamum indicum*) which is a classical ayurvedic medicine mentioned in Charak Samhita (<https://niimh.nic.in/ebooks/ecaraka/>). On the other hand, a classical ayurvedic medicine, Anu tailya was used by Maharishi Charak more than 5,000 years ago for therapeutic purposes. Anu oil consists of extracted oils from several important medicinal plants like nāgar mothā (*Cyperus scariosus*), jīvanti (*Leptadenia reticulata*), sweta candana (*Santalum album*), jala (*Pavonia odorata*), Prśniparnī (*Uraria picta*), bela (*Aegle marmelos*), devdāru (*Cedrus deodara*), dāruharidrā (*Berberis aristata*), tejpatra (*Cinnamomum tamala*), dālacinī (*Cinnamomum verum*), kamala keśara (*Nelumbo nucifera*), sevyā (*Chrysopogon zizanioides*), viḍaṅga (*Embelia ribes*), utpala (*Nymphaeanouchali*), anantmūla (*Hemidesmus indicus*), tila tailya (*Sesamum indicum*), mulethī (*Glycyrrhiza glabra*), plawa (*Cyperus platyphyllus*), agarū (*Aquilaria agallocha*), satāvārī (*Asparagus racemosus*), brhātī (*Solanum indicum*), kaṇṭakārī (*Solanum surattense*), surbhī (*Pluchea lanceolata*), śālaparnī (*Desmodium gangeticum*), truṭī (*Elettaria cardamomum*), reṇukā (*Vitex agnus-castus*), and ajadugdha (Duraipandi and Selvakumar, 2020; see the enclosed supplement information). Here, we report that intranasal instillation of both til tailya and Anu oil limited the viral entry and replication in the lungs associated with SARS-CoV2 infection in hamsters. However, Anu oil but not til tailya was able to rescue the lung pneumonitis and injury partly due to suppression of inflammatory cytokine response.

MATERIALS AND METHODS

Sesame oil and Anu oil (a polyherbal medicine) used in the study were prepared as per pharmacopoeial standards and were provided by the National Medicinal Plant Board (NMPB) for the study.

Animal Ethics and Biosafety Statement

6- to 9-week-old golden Syrian hamsters were acclimatized in biosafety level-2 (BSL-2) for 1 week and then infected in the animal BSL3 (ABSL-3) institutional facility. The animals were maintained under the 12-h light and dark cycle and fed a standard pellet diet and water ad libitum. All the experimental protocols involving the handling of virus culture, and animal infection were approved by RCGM, institutional biosafety, and IAEC Animal Ethics Committee (IAEC/THSTI/105).

Virus Culture and Titration

SARS-related coronavirus 2, isolate USA-WA1/2020 virus was grown and titrated in vero E6 cell line cultured in Dulbecco's modified Eagle medium (DMEM) complete media containing 4.5 g/L D-glucose, 100,000 U/L penicillin–streptomycin, 100 mg/L sodium pyruvate, 25 mM HEPES, and 2% FBS. The stocks of the virus were plaque purified at the THSTI IDRF facility inside ABSL3 following institutional biosafety guidelines.

SARS-CoV2 Infection in Golden Syrian Hamster and Ayush Herbal Extracts Dosing Regime

6- to 9-week-old golden Syrian hamsters were procured from CDRI and quarantined for 1 week at the small animal facility (SAF), THST before starting the experiment. The animals were then randomly divided into five groups containing five animals/group, namely, uninfected (UI), infected (I), and two infected groups receiving til tailya (TT) or Anu oil (AO) as therapeutic interventions, respectively. One group received intranasal installation of Anu oil, while the other group received intranasal installation of til tailya (50 ul/nostril/day) starting 5 days before infection and continued till 4 days postinfection (DPI). On the day of the challenge, intranasal administration of Anu oil and til tailya was carried out 30 min before infection. On the day of the challenge, the animals were shifted to ABSL3. Intranasal infection with live SARS-CoV2 10^5 PFU/100 μl or with the DMEM mock control (for uninfected control group) was established with the help of a catheter under mild anesthetized by using ketamine (150 mg/kg) and xylazine (10 mg/kg) intraperitoneal injection inside the ABSL3 facility. All the experimental protocols involving the handling of virus culture and animal infection were approved by the RCGM, Institutional Biosafety and IAEC Animal Ethics Committee.

Gross Clinical Parameters of SARS-CoV2 Infection

All infected animals were euthanized after 4 days post-infection at ABSL3. Changes in body weight were observed each day post-challenge and plotted as percent change in the body weight. Post-sacrifice, the lungs and spleen of the animals were excised and imaged

for gross morphological changes. The left lower lobe of the lung was fixed in 10% formalin and used for histological analysis. The remaining part of the lung's left lobe was homogenized in 2 ml TRIzol solution for viral load estimation. The spleen was homogenized in 2 ml of TRIzol solution. The TRIzol samples were stored immediately at -80°C until further use. Blood of the animals was drawn through direct heart puncture, and serum was isolated and stored at -80°C until further use.

Viral Load

For viral load, estimated lungs were homogenized in TRIzol reagent (Invitrogen), and their supernatant was collected after centrifugation at 4,000 rpm for 15 min at 4°C . Thereafter, RNA was isolated by TRIzol-chloroform method, and RNA yield was quantitated by nano-drop; 1 μg of total RNA was then reverse-transcribed to cDNA using the iScript cDNA synthesis kit (Biorad; #1708891) (Roche). Diluted cDNAs (1:5) were used for qPCR by using the KAPA SYBR[®] FAST qPCR Master Mix (5X) Universal Kit (KK4600) on the Fast 7,500 Dx real-time PCR system (Applied Biosystems), and the results were analyzed with SDS2.1 software. In brief, 200 ng of RNA was used as a template for reverse transcription polymerase chain reaction (RT-PCR). The CDC-approved commercial kit was used for the SARS-CoV-2 N gene: 5'-GACCCCAAATCAGCGAAAT-3' (forward), 5'-TCTGGTTAC TGCCAGTTGAATCTG-3' (reverse). The hypoxanthine-guanine phosphoribosyltransferase (HGPRT) gene was used as an endogenous control for normalization through quantitative RT-PCR. The relative expression of each gene was expressed as fold change and was calculated by subtracting the cycling threshold (Ct) value of hypoxanthine-guanine phosphoribosyltransferase (HGPRT-endogenous control gene) from the Ct value of the target gene (ΔCT). The fold change was then calculated according to the formula $\text{POWER}(2, -\Delta\text{CT}) \times 10,000$ (Malik et al., 2017).

qPCR

RNA from spleen samples was isolated as described earlier for the lung samples, and cDNA was prepared. Thereafter, the relative expression of each gene was expressed as fold change

and was calculated by subtracting the cycling threshold (Ct) value of hypoxanthine-guanine phosphoribosyltransferase (HGPRT-endogenous control gene) from the Ct value of target gene (ΔCT). Fold change was calculated according to the formula $\text{POWER}(2, -\Delta\text{CT}) \times 10,000$ (Malik et al., 2017; Rizvi et al., 2021a). The list of the primers is provided as follows in Table 1

Histology

The lung of the euthanized animals was fixed in 10% formalin solution and then embedded in paraffin. Sample embedded paraffin blocks were then cut into 3- μm fine sections and mounted on silicone-coated glass slides. The slides were then stained with hematoxylin and eosin dye, as previously described (Rizvi et al., 2018). Each stained sample was then analyzed and captured at $\times 40$ magnification. Assessment for the histological score was carried out through blind scoring for each sample by a professional histologist.

Statistical Analysis

Results from the experiments were analyzed and plotted by using GraphPad Prism 7.0 software. The graph for percent change in body weight, gene expression, and lung histology scores were compared and analyzed by using the Student t-test or one-way ANOVA, with $n = 5$ samples per group. The p -value of less than 0.05 and was considered as statistically significant.

RESULTS

Prophylactic Use of Intranasal Instillation of Ayush Oil Formulations Prevents SARS-CoV2 Infection and Associated Gross Clinical Parameters

SARS-CoV2 infection in hamsters peaks in 4–5 days and is characterized by a reduction in body weight and appearance of pneumonitis in the lungs and splenomegaly (Imai et al., 2020; Sia et al., 2020; Rizvi et al., 2021b; Chan et al., 2020). These defined gross clinical parameters were recorded for all the groups,

TABLE 1 | Primer sequences.

Gene	Forward	Reverse
HGPRT	GATAGATCCACTCCCATAACTG	TACCTTCAACAATCAAGACATTG
Tryptase $\beta 2$	TCGCCACTGTATCCCCTGAA	CTAGGCACCCCTTGACTTTGC
Chymase	ATGAACCAACCCTCGGACACT	AGAAGGGGGCTTTGCATTCC
muc1	CGGAAGAAGTATGGGCGAGCT	GCCACTACTGGGTTGGTGTAA
Sftpd	TGAGCATGACAGACGTGGAC	GGCTTAGAACTCGCAGACGA
Eotaxin	ATGTGCTCTCAGGTCATCGC	TCCTCAGTTGTCCCCATCCT
PAI-1	CCGTGGAACCAAGAGAT	ACCAGAATGAGCGTGTGAC
IFN γ	TGTTGCTCTGCTCACTCAGG	AAGACGAGGTCCCTCCATTC
TNF α	AGAATCCGGGCAGGTCTACT	TATCCCGGCAGCTTGTGTTT
IL13	AAATGGCGGGTTCTGTGC	AATATCCTCTGGGTCTTTGATATGG
IL17 A	ATGTCCAAACACTGAGGCCAA	GCGAAGTGGATCTGTTGAGGT
IL10	GGTTGCCAAACCTTATCAGAA ATG	TTACCTGTTCACAGCCTTG
IL6	GGACAATGACTATGTGTTGTAGAA	AGGCAAATTTCCCAATTGTATCCAG
CXCL10	TGGAAATTATTCCTGCAAGTCA	GTG ATC GGC TTC TCT CTG GT

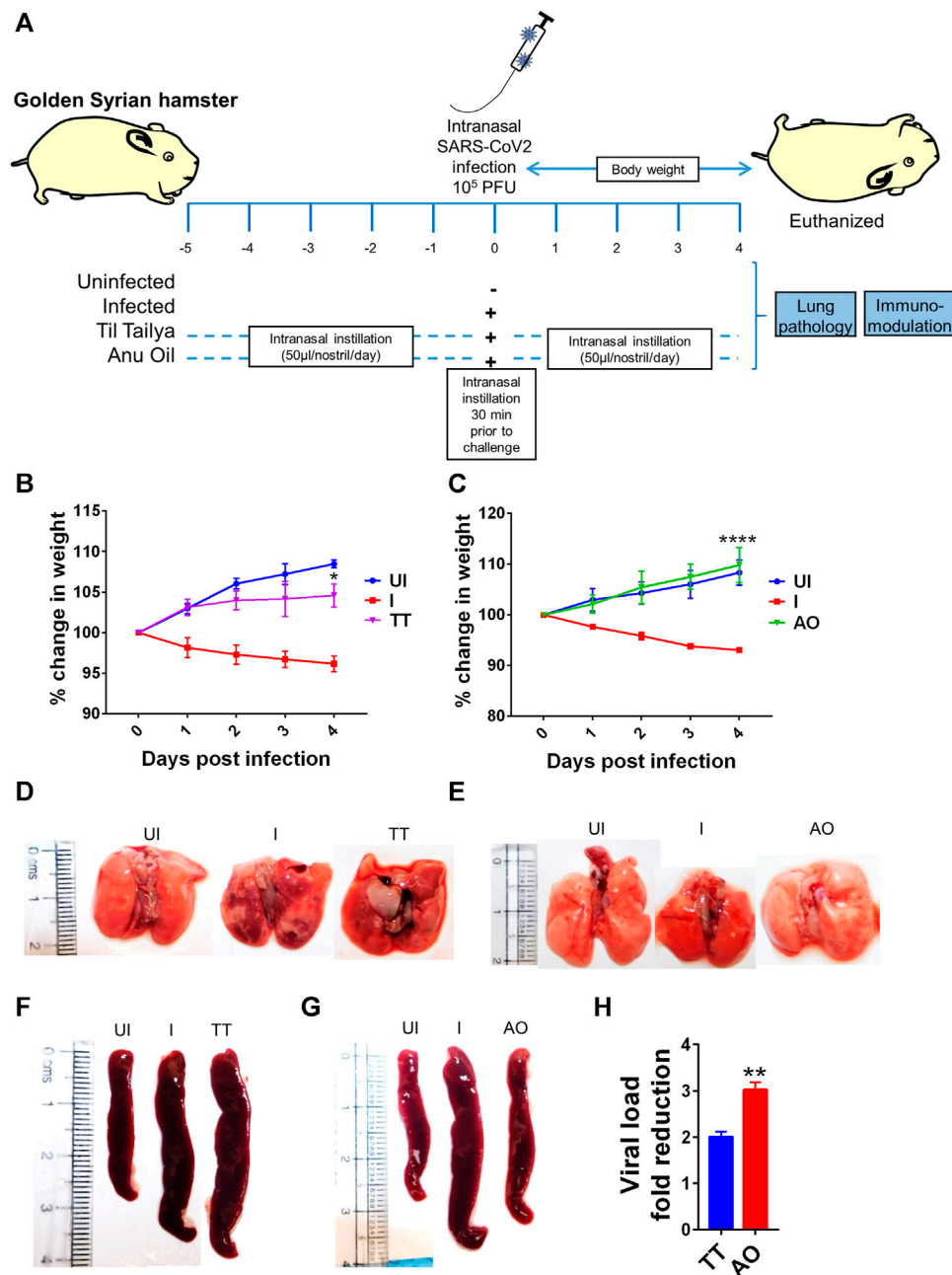


FIGURE 1 | Effect of intranasal instillation of Anu oil and til tailya on gross clinical parameters and lung viral load in SARS-CoV2 infected hamsters. **(A)** Schematic outlines the study design. Prophylactic treatment regime was adopted for Anu oil (AO) and til tailya (TT) with each animal receiving (50 µl/nostril/day) intranasal instillation of Anu oil, til tailya, or mock control 5 days before challenge and then continued till after infection till end point (i.e., 4 days postinfection). One group was challenge and received live infection (I); the other group of animals was unchallenged healthy control (UI). On the day of challenge, the animals were given intranasal oil-instillation 30 min prior to challenge with SARS-CoV2. **(B and C)** Line graph showing mean % change in body weight post-infection ± standard error mean (SEM). **(D and E)** Images of the excised lungs showing gross morphology with pneumonitis region (dark red patches). **(F and G)** Images of excised spleen indicating changes in the spleen length. **(H)** Bar graph showing mean fold reduction in lung viral load ± SEM as compared to the infected (I) control. * $p < 0.05$, ** $p < 0.01$, **** $p < 0.0001$ (t-test).

that is, uninfected control (UI), infected control (I), and infected hamsters receiving either Til tailya (TT) or Anu oil (AO) intranasal formulations (50 µl/nostril/day). Treatment of TT

and AO was started 5 days before SARS-CoV2 live virus challenge and was continued till the end of the experiment, that is, 4 days postinfection (dpi), as presented schematically

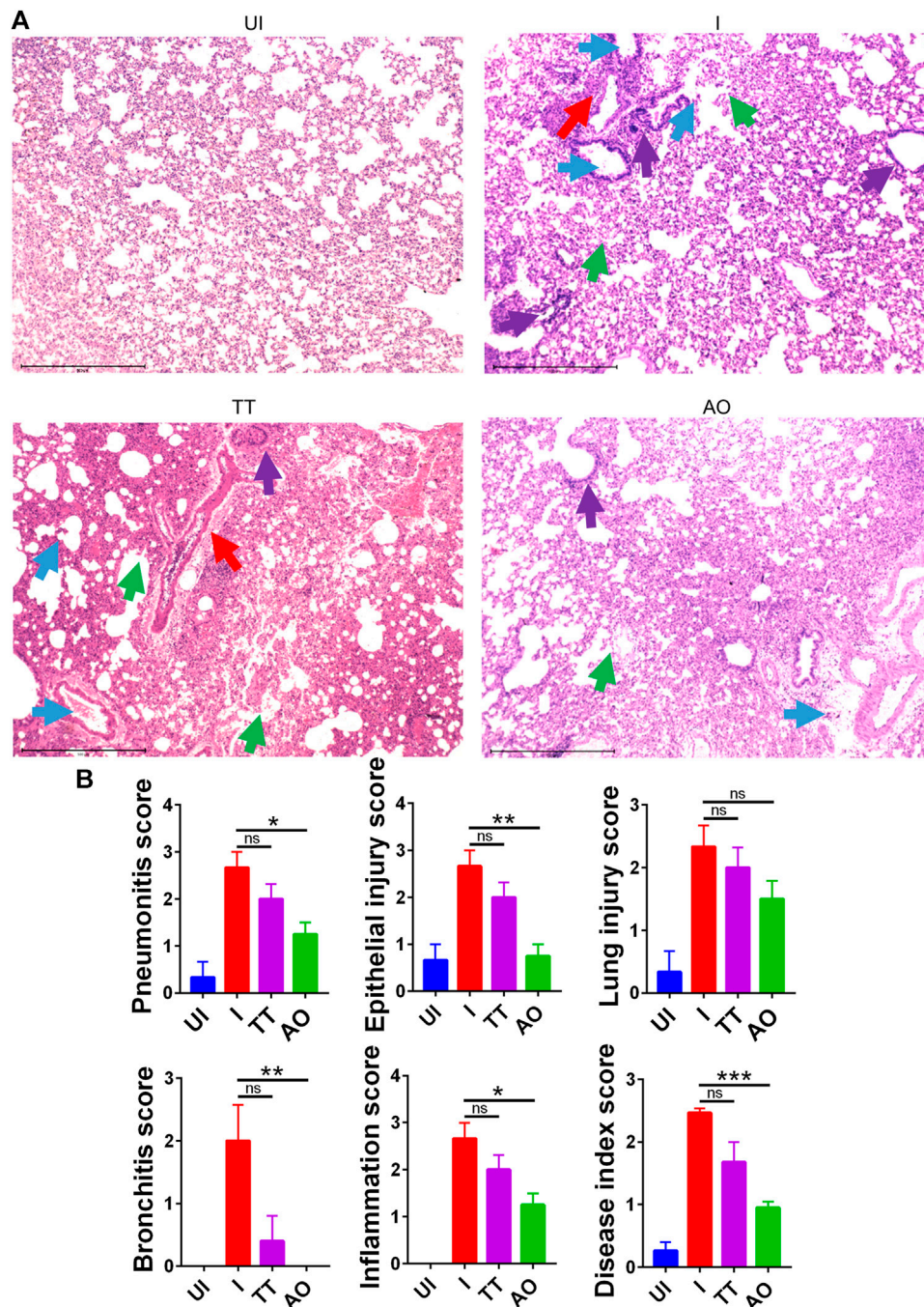


FIGURE 2 | H&E-stained lung sections showing histopathology and its assessment. **(A)** images of H&E-stained lungs at $\times 40$ magnification showing regions of pneumonitis (blue arrow), bronchitis (red arrow), epithelial injury (green arrow), and inflammation (purple arrow) along with their **(B)** histological score for pneumonitis, inflammation, lung injury, alveolar epithelial cells, bronchitis, and overall disease score for different groups UI, I, TT, and AO on day 4 postinfection. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ (one-way ANOVA).

in the study design (Figure 1A). In line with the earlier published reports, a decrease in the body weight of SARS-CoV2-infected hamsters was observed with 5–8% body weight reduction on 4 days dpi. Hamsters receiving TT or AO, before SARS-CoV2 infection, did not lose body weight as observed in the SARS-CoV2-infected group (Figures 1B,C). SARS-CoV2 infection in

the hamster model is characterized by lung inflammation, pneumonitis, and cytokines release (Afrin et al., 2020; Chen and Li, 2020; Moore and June 2020). To further understand the lung-associated pathologies, gross morphological changes of the excised lungs were compared between healthy, SARS-CoV2-infected, and SARS-CoV2-infected plus oil formulated

groups. There was a reduction in the regions of pneumonitis in the excised lungs of the AO group, but not the TT group, as compared to infection control (**Figures 1D,E**). As reported earlier, splenomegaly is one of the critical parameters indicating active infection (Rizvi et al., 2021b). Thus, we tested the splenomegaly between different groups and found that AO, but not TT, showed inhibition in splenomegaly as compared to the SARS-CoV2-infected hamsters (**Figures 1F,G**). We also evaluated the lung viral load at four dpi and calculated the fold reduction in viral load in AO- and TT-treated groups as compared to the SARS-CoV2-infected groups. Our data indicate that compared to the SARS-CoV2-infected group, viral loads in AO- and TT-treated groups were ~3- and ~2-fold less, respectively (**Figure 1H**). Together, these data indicated that prophylactic use of intranasal instillation of TT and AO resulted in decreased lung viral load with the AO group, showing better protection in gross clinical parameters.

Prophylactic Use of Anu Oil Reduces SARS-CoV2-Induced Lung Pathology in Hamsters

Since gross clinical parameters and lung viral load data suggested protection from SARS-CoV2 infection in AO and TT groups, we set out to study the mitigation of pulmonary pathologies such as lung injury, alveolar epithelial injury, bronchitis, pneumonitis, and inflammation using histological analysis (Bao et al., 2020; Lee et al., 2020; Leng et al., 2020; Rizvi et al., 2021b). Hematoxylin and eosin (H and E)-stained lung data showed a reduction in alveolar epithelial injury, inflammation, and pneumonitis in SARS-CoV2-infected AO-treated hamsters as compared to SARS-CoV2-infected hamsters. There was no sign of bronchitis in SARS-CoV2-infected AO-treated hamsters with overall significant mitigation in the disease score as compared to SARS-CoV2-infected hamsters (**Figures 2A,B**). Hamsters treated with TT however showed little or no improvement in lung injury and overall disease score as compared to the infected control (**Figures 2A,B**). Together, lung pathology associated with SARS-CoV2 was found to be resolved in the AO group but not in the TT group, with around 1.5-fold rescue in disease index in the AO group as compared to the infected control group.

Prophylactic Use of Anu Oil Prevent Lung Injury in Hamsters Associated With SARS-CoV2 Infection

Lung histology data indicated overall improvement in histological changes of SARS-CoV2-infected AO-treated groups as compared to SARS-CoV2-infected group. These data compelled us to explore the mechanism involved in the rescue of lung pathologies. Injury to the pulmonary region is characterized by elevated expression of surfactant D (sftp-D), increased mucus (muc-1) secretion, and increased expression of eotaxin, which promotes infiltration of granulocytes and mast cells and an increased risk of pulmonary thrombosis as seen in COVID-19 patients (Crouch, 2000; Guo et al., 2001; Prabhakaran et al., 2003;

Xie et al., 2017; Chatterjee et al., 2020). We observed elevated levels of sftp-D, muc-1, eotaxin, muc-1, chymase, tryptase, and plasminogen activator inhibitor-1 (PAI-1: a key factor for lung fibrosis) in the lungs of infected hamsters (**Figures 3A-C**). However, prophylactic intranasal use of AO in SARS-CoV2-infected hamster significantly reduced the mRNA expression of these lung injury genes and genes that are required for chemotaxis of granulocytes and function of mast cells (**Figures 3A,B**). Prophylactic use of AO in SARS-CoV2-infected hamsters did not reduce PAI-1 expression (**Figure 3C**). In contrast to AO, TT data showed no reduction in lung injury as compared to infected control (**Figure 3A**). Surprisingly, there was a marked increase in mast cell markers in the TT group as compared to the infected control (**Figure 3B**). Overall, consistent with our lung histology data, a profound reduction in the expression of lung injury genes and mast cell markers as compared to the infected control was observed in AO-treated groups.

AO and TT Treatment Inhibits the Expression of SARS-CoV2-Induced Pro-Inflammatory Cytokines

COVID-19-related respiratory distress is associated with inflammation in the lungs. The increase in lung inflammation is characterized by the secretion of pro-inflammatory cytokines in COVID-19 patients (Iwasaki and Yang, 2020; Mathew et al., 2020; Moore and June 2020; Verity et al., 2020). Cytokine expression data from splenocytes indicate elevated expression of Th1 cytokines (IFN γ and TNF α), Th2 cytokine (IL-4, IL-13), Th17 cytokine (IL-17A), and various other pro-inflammatory cytokine-like IL-6 and IL-13 in SARS-CoV2-infected group as compared to uninfected hamsters (**Figures 4A-D**). However, there was not much change observed in anti-inflammatory cytokine IL-10 expression as compared to the challenge control group. Prophylactic intranasal installation of AO and TT in SARS-CoV2-infected hamsters resulted in the reduction in Th1 and Th17 cell cytokines, together with pro-inflammatory cytokine expression (**Figures 4A,B,D**). However, surprisingly, only TT but not AO was able to reduce the Th2 cytokine gene expression (**Figures 4A,C**). Furthermore, we found an elevated IFN-gamma secretion in both AO- and TT-treated animals (**Figures 4A,C**). Since C-X-C motif chemokine ligand 10 (CXCL10), a chemoattractant, is an important mediator of IFN-gamma response and is secreted by various immune cells, we evaluated the mRNA expression of CXCL10 from treated (AO/TT) vs challenge (I) samples (Zhang et al., 2020). As compared to the challenge control group, neither the AO nor TT group did not show significant changes (**Figures 4B,D**). Together, we show that AO and TT reduced the pro-inflammatory cytokines.

Anu Oil Intranasal Formulation Shows More Protective Efficacy Against SARS-CoV2 Infection in Hamsters as Compared to Til Tailya Intranasal Formulation

We summarize the finding of our study and provide the first evidence that intranasal formulation such as Anu oil and til tailya

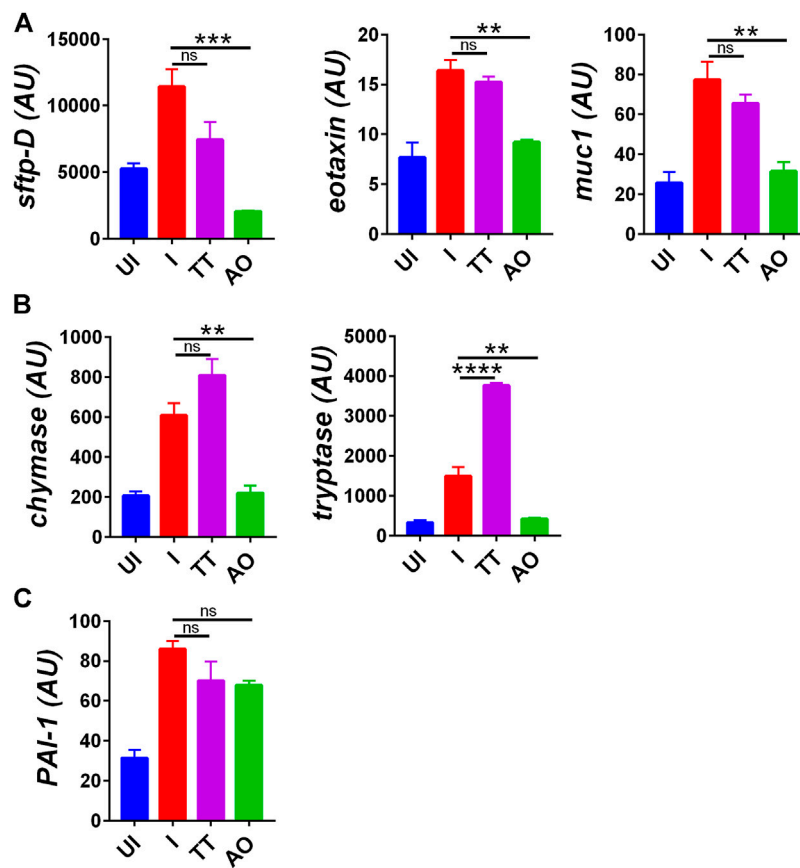


FIGURE 3 | Changes in mRNA expression of genes involved in lung injury upon AO or TT intranasal administration in hamsters infected with SARS-CoV2. Relative mRNA expression profiling was carried out in UI, I, TT, and AO lung samples for (A) lung injury genes (B) mast cell activation markers (C) thrombosis factor. Mean \pm SEM. ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$ (one-way ANOVA).

limits viral entry and replication. However, only Anu oil but not til tailya was effective in reducing the SARS-CoV2-associated pulmonary pathologies and lung injuries, even though both AO and TT were effective in reducing the pro-inflammatory cytokine response in hamsters (Figure 5).

DISCUSSION

Advances in vaccine development against SARS-CoV2 Wuhan strain and aggressive vaccination strategy have significantly reduced the SARS-CoV2 infection and COVID-19 deaths worldwide (Dong et al., 2020; Poland et al., 2020a, 2020b). However, the recent rise in variant strains that show high transmission and disease severity is of concern, primarily, due to the reduced efficacy of virus neutralization in vaccinated individuals for some variant strains (Garcia-Beltran et al., 2021; Planas et al., 2021; Supasa et al., 2021). Therefore, therapeutic options are paramount in combating COVID-19.

Although several repurposed drugs are currently being used for the treatment of COVID-19 patients, they have limited efficacy. Herbal medicines or medicines derived from herbal extracts offer a safer alternative therapy due to their prolonged

human use, acceptability with lesser side effects (Matveeva et al., 2020; Jan et al., 2021; Li et al., 2021). Recently, Chinese traditional medicine has gained popularity due to its antiviral efficacy in *in vitro* and animal models of SARS-CoV2 (Ling, 2020; Xiong et al., 2020; Yang et al., 2020; Jan et al., 2021; Lee et al., 2021). In India, going back to more than 3,000 years, ayurvedic medicines are considered useful for both lifestyle disorders and infectious conditions. The word ayurveda is derived from two Sanskrit words ayur (life) and veda (knowledge) (Subrahmanya et al., 2013; Banerjee et al., 2020; Girija and Sivan, 2020; Golechha, 2020; Joshi and Puthiyedath, 2020; Rastogi et al., 2020). In the present study, we investigated antiviral activity of two oil formulations, namely, til tailya and Anu oil against SARS-CoV2. Due to immiscibility of these oil formulations with culture medium, it was not possible to test them *in vitro* for their antiviral activity using VeroE6 cell line.

Therefore, in the current study, we describe the efficacy of prophylactic use of two intranasal ayurvedic oil formulations using the hamster model for SARS-CoV2 challenge. Hamsters are one of the best small animal models for SARS-CoV2 infection which mimics the viral entry and replication of the upper and the lower respiratory tract of humans (Sia et al., 2020; Rizvi et al., 2021b). Hamsters receiving Anu oil or til tailya intranasally before

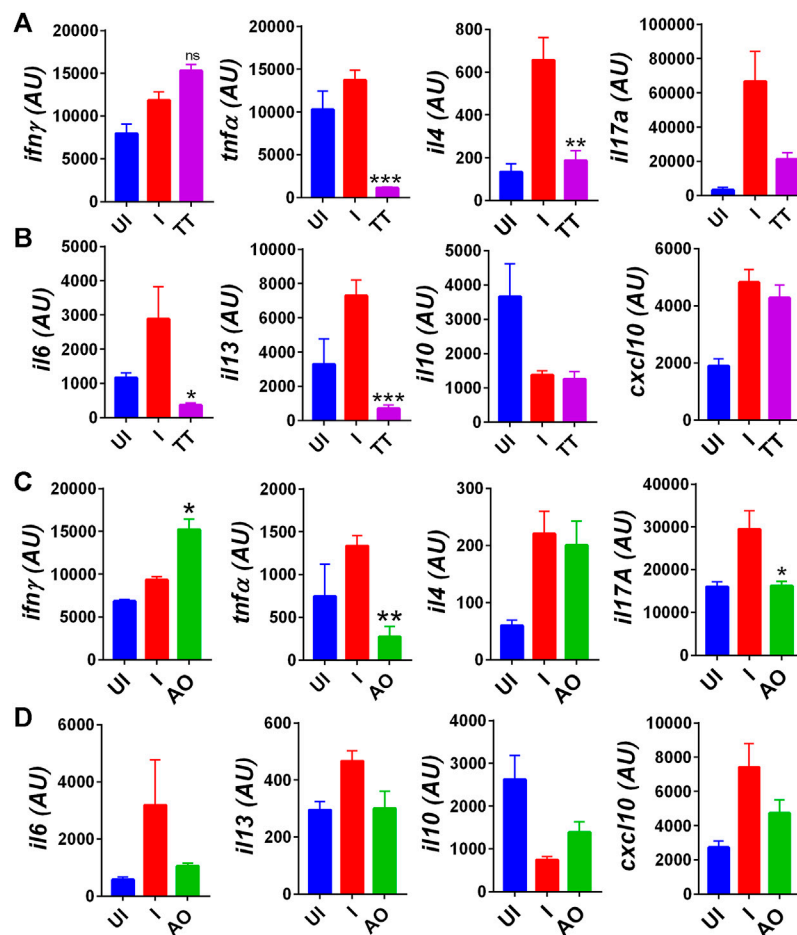
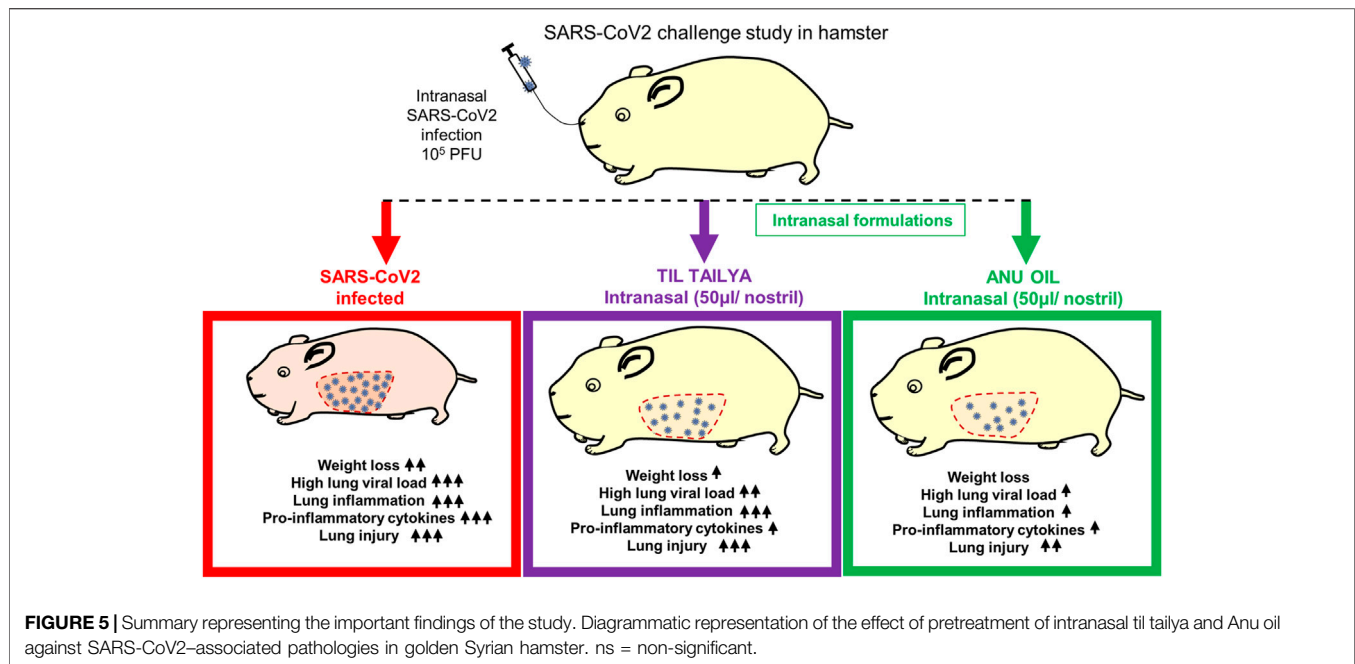


FIGURE 4 | Immuno-modulatory effect of TT and AO on cytokine expression in splenocytes. Relative mRNA expression profiling was carried out in UI, I, TT, and AO splenocytes samples for **(A)** T helper cell cytokines for TT samples. **(B)** pro-inflammatory and anti-inflammatory cytokines for TT samples. **(C)** T helper cell cytokines for AO samples. **(D)** pro-inflammatory and anti-inflammatory cytokines for AO samples. Bar graph showing mean \pm SEM. ns = non-significant ** $p < 0.05$ *** $p < 0.01$, **** $p < 0.001$, **** $p < 0.0001$ (one-way ANOVA).

SARS-CoV2 infection showed reduced weight loss. Lung histology data corroborated with the gross parameter findings showed lesser SARS-CoV2-related histopathology in Anu oil-treated hamsters, while there was little or no protection in the til tailya group. It has been shown earlier that even low dose of intranasal SARS-CoV2 infection in hamsters could result in pneumonitis and lung pathologies (Rizvi et al., 2021b). It might be possible that even though both til tailya and Anu oil could limit the entry of SARS-CoV2 and replication, only Anu oil-treated group exhibited a greater reduction in the lung viral load (around three folds). Expectedly, the Anu oil group also showed lesser lung injury than the til tailya group. Pulmonary damage and pneumonitis have been reported as the major causes of respiratory failure in patients suffering from a severe form of SARS-CoV2 infection (Moore and June 2020). Prophylactic use of Anu oil showed significant reduction in the overall disease index as compared to the infected control, suggesting some degree of protection against SARS-CoV2-induced lung injury and pathology. The reagents and antibodies specific to hamster

CD molecules and signaling proteins were commercially not available, thus limiting the scope of finding the molecular mechanisms and cellular characterization of the protective response. We therefore carried out mRNA expression profiling to assess the role of cytokines and chemokines involved in the inflammatory response and lung injury parameters. mRNA expression data suggest that Anu oil intervention also reduced the expression of lung injury markers and lung inflammation, indicating that Anu oil was able to protect against the pulmonary damage caused by SARS-CoV2 infection. Finally, we studied the expression of cytokines to understand if intranasal formulation could help prevent the inflammatory cytokine response within the lung. Interestingly, both Anu oil and til tailya were able to limit the expression of pro-inflammatory cytokines as compared to the infected hamsters.

Taken together, in the current study, using the hamster SARS-CoV2 model, we report that prophylactic intranasal treatment with Anu oil and til tailya reduced the lung viral load. However, SARS-CoV2-related pulmonary pathologies were prevented only



in Anu oil-treated hamsters as demonstrated by histopathological lung injury scores and expression of injury markers and inflammatory cytokines. Although the chemical constituents of Anu oil and til tailya remain to be investigated. The protection against SARS-CoV2 infection and related pathologies seem to be in part due to the significant reduction in the viral entry and replication in the upper respiratory tract. This preclinical study in the hamster model points to the prophylactic potential of intranasal Anu oil in COVID and necessitates further studies to understand its observed effect.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Files**; further inquiries can be directed to the corresponding authors.

ETHICS STATEMENT

The animal study was reviewed and approved by the Institutional Animal Ethics Committee, Translational Health Science and Technology Institute.

AUTHOR CONTRIBUTIONS

Conceived, designed, and supervised the study: MD and AA; performed the experiments: ZR and NS; ABSL3 procedures: ZR, MT, and NS; qPCR primer designing and analysis: ZR; histology and analysis: ZR and MT; viral load: ZR, MT, and SG; qPCR: ZR,

MT, and SG; virus stock: SM; contributed reagents/materials/analysis tools: AA, NShastri, JS, and MS; wrote the manuscript: ZR; and revised the manuscript: MD and AA.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphar.2021.746729/full#supplementary-material>

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Antidepressant and Antipsychotic Drugs Reduce Viral Infection by SARS-CoV-2 and Fluoxetine Shows Antiviral Activity Against the Novel Variants *in vitro*

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Repurposing of currently available drugs is a valuable strategy to tackle the consequences of COVID-19. Recently, several studies have investigated the effect of psychoactive drugs on SARS-CoV-2 in cell culture models as well as in clinical practice. Our aim was to expand these studies and test some of these compounds against newly emerged variants. Several antidepressants and antipsychotic drugs with different primary mechanisms of action were tested in ACE2/TMPRSS2-expressing human embryonic kidney cells against the infection by SARS-CoV-2 spike protein-dependent pseudoviruses. Some of these compounds were also tested in human lung epithelial cell line, Calu-1, against the first wave (B.1) lineage of SARS-CoV-2 and the variants of concern, B.1.1.7, B.1.351, and B.1.617.2. Several clinically used antidepressants, including fluoxetine, citalopram, reboxetine, imipramine, as well as antipsychotic compounds chlorpromazine, flupenthixol, and pimozide inhibited the infection by pseudotyped viruses with minimal effects on cell viability. The antiviral action of several of these drugs was verified in Calu-1 cells against the B.1 lineage of SARS-CoV-2. By contrast, the anticonvulsant carbamazepine, and novel antidepressants ketamine, known as anesthetic at high doses, and its derivatives as well as MAO and phosphodiesterase inhibitors phenelzine and rolipram, respectively, showed no activity in the pseudovirus model. Furthermore, fluoxetine remained effective against pseudoviruses with common receptor binding domain mutations, N501Y, K417N, and E484K, as well as B.1.1.7 (alpha), B.1.351 (beta), and B.1.617.2 (delta) variants of SARS-CoV-2. Our study confirms previous data and extends information on the repurposing of these drugs to counteract SARS-CoV-2 infection including different variants of concern, however, extensive clinical studies must be performed to confirm our *in vitro* findings.

Keywords: antidepressants (AD), fluoxetine, SARS-CoV-2, alpha variant, beta variant, delta variant

INTRODUCTION

Coronaviruses, members of the enveloped RNA virus family *Coronaviridae* (Lai & Cavanagh, 1997), are known to infect multiple species ranging from birds to mammals (To et al., 2013). In humans, in addition to four coronaviruses causing common colds, high level of pathogenicity of viruses from this family, such as severe acute respiratory syndrome coronavirus (SARS-CoV) and Middle East respiratory syndrome coronavirus (MERS-CoV), were observed in epidemics that emerged in 2003 and 2012, respectively (Tang et al., 2015). The pandemic that started in December 2019 in Wuhan, China, caused by SARS-CoV-2 infection, and the dramatic increase in the number of infected people and death due to COVID-19, has shifted the efforts of scientists towards investigating this virus more closely (F. Wu et al., 2020; Zhou et al., 2020). Autopsies of patients who died from COVID-19 have reported the spread of virus to lungs, kidneys, liver, heart, brain, and blood (Puelles et al., 2020). Taken together, severity of cases and high infectivity of the virus requires more attention and effort towards controlling the global epidemic and developing treatment options.

The spike protein (S protein) localized to the viral envelope has been annotated as one of the critical parts of this group of viruses because of its role in attachment and fusion to host target cells (Li et al., 2005). Angiotensin-converting enzyme 2 (ACE2) located on the surface of the target cells is recognized by S protein of SARS-CoV and SARS-CoV-2 (Li et al., 2003; Walls et al., 2020; Wang et al., 2020; Hoffmann, et al., 2020b). A distinct location, the receptor-binding domain (RBD), in S protein is important for binding to ACE2 (Li et al., 2005; Wan et al., 2020). ACE2-binding alone may allow the viral entry to target cells, however, proteolytic processing of S protein by transmembrane protease/serine subfamily member 2 (TMPRSS2) has been shown to enhance viral entry (Shulla et al., 2011; Hoffmann, et al., 2020b). Recent data on SARS-CoV-2 also suggest that the S protein cleavage by furin proprotein convertase (Hoffmann, et al., 2020a; Johnson et al., 2021) and binding of the C-end of the S1 to the cellular receptor neuropilin-1 can also increase infectivity (Cantuti-Castelvetri et al., 2020; Daly et al., 2020). Lysosomal enzyme Cathepsin L has been shown to regulate priming of SARS-CoV-2 S protein for the entry of viral RNA genome into the host cytoplasm (Ou et al., 2020). Although many key players facilitating viral entry and the routes of infection have been identified since the emergence of COVID-19, effective drugs that can alleviate or eliminate the viral infection remain to be found.

A number of SARS-CoV-2 variants of concern have been identified, including B.1.1.7 lineage (alpha) (Rambaut, 2020), B.1.351 lineage (beta) (Tegally et al., 2020), B.1.1.28 lineage and the descendent P1 lineage (gamma) (Voloch et al., 2020; Faria et al., 2021; PAOLA, 2021), and one of the recent ones, B.1.617 and its sub-lineage B.1.617.2 (delta) (Cherian et al., 2021; Mlcochova et al., 2021). Several common and critical mutations in the RBD of S protein have been detected in these variants which can affect the ACE2 affinity (Khateeb et al., 2021). A common RBD mutation, N501Y, is shared by alpha, beta, and gamma, while K417N and E484K are found in beta and gamma (Khateeb et al., 2021). The delta variant contains a non-RBD mutation, D614G, shared by

alpha and gamma variants, as well as an RBD mutation, E484Q, which is similar to E484K in other variants (Khateeb et al., 2021). These mutations detected in the RBD domain of spike have been associated with antibody neutralization (Gu et al., 2020; Starr et al., 2020; Alenquer et al., 2021; Nelson et al., 2021; Wibmer et al., 2021; Greaney, et al., 2021a; Greaney, et al., 2021b). Moreover, they have also put the currently available vaccines and vaccine candidates under dispute (Fontanet et al., 2021).

The strategy of drug repurposing has been used as a method of searching novel treatments for virus-related diseases (Dyall et al., 2014; Mercorelli et al., 2018; Serra et al., 2021). A pre-clinical study has shown that the antidepressant drugs, such as sertraline, paroxetine, and clomipramine, can reduce the *Zaire* Ebola virus (EBOV) entry to target cells (Johansen et al., 2015). Recently, a number of studies presented evidence supporting the effects of antidepressant drugs and related psychoactive drugs as antiviral compounds against SARS-CoV-2 (Carpinteiro et al., 2020; Drayman et al., 2020; Schloer et al., 2020; Yang et al., 2020; Zimniak et al., 2021). In line with preclinical studies, the treatment of COVID-19 patients with fluoxetine, escitalopram, and venlafaxine for 20 days has been found to reduce the risk of intubation or death by COVID-19 (Hoertel, et al., 2021b). Treatment of COVID-19 patients with fluvoxamine for 2 weeks was also effective to decrease the development of clinical deterioration (Lenze et al., 2020). A follow up randomized controlled trial which was performed with higher number of patients has reached to the same conclusion about fluvoxamine that this compound helps with the reduction of hospitalization risk due to COVID-19 (Reis et al., 2021). Another study reported that the prevalence of COVID-19 was higher in health care professionals compared to patients in psychiatric ward of a hospital in Paris, which prompted the authors to suggest that the consumption of chlorpromazine protects against COVID-19 (Plaze et al., 2020a; Plaze et al., 2020b).

In the present study, we addressed if the psychoactive drugs can be used to reduce SARS-CoV-2 infection of host cells *in vitro*. We show that pharmacologically diverse antidepressant drugs, as well as several antipsychotics were able to reduce the infection by pseudotyped viruses harboring SARS-CoV-2 S protein. Treatment of human lung epithelial cell line Calu-1 infected with the B.1 lineage of SARS-CoV-2 with these drugs was also successful in reducing the amount of infectious virus. Moreover, infection by pseudotyped viruses carrying N501Y, K417N, or E484K single point mutations or triple mutation (N501Y/K417N/E484K) in the spike protein was shown to be reduced by fluoxetine. Fluoxetine was also effective against the variants of SARS-CoV-2, B.1.1.7 (alpha), B.1.351 (beta), and B.1.617.2 (delta) in Calu-1 cells.

MATERIALS AND METHODS

Ethical Statement

Not applicable, all the experiments were performed using cells.

Drugs

Fluoxetine (#H6995, Bosche Scientific), citalopram (#C505000, Toronto Research Chemicals), paroxetine (#2141, Tocris),

TABLE 1 | Psychoactive drugs implicated in our study and the doses used for the treatment of HEK 293T-ACE2-TMPRSS2 and Calu-1 cells.

Category of drugs tested	Name of drugs	Dose (μM)
Selective serotonin reuptake inhibitors (SSRIs)	Fluoxetine	0.01–20
	Citalopram	0.01–50
	Paroxetine	0.01–20
	Fluvoxamine	0.01–50
	Reboxetine	0.1–50
Selective norepinephrine reuptake inhibitor (NRI)	Venlafaxine	0.01–50
Serotonin - norepinephrine reuptake inhibitor (SNRI)	Clomipramine	0.01–10
Tricyclic antidepressants	Imipramine	0.01–50
	Desipramine	0.01–20
	Ketamine	0.01–50
	2R, 6R-Hydroxynorketamine (2R, 6R-HNK)	
	2S, 6S-Hydroxynorketamine (2S, 6S-HNK)	
Rapid-acting antidepressants	Rolipram	0.01–50
Phosphodiesterase-4 inhibitor	Phenelzine	0.01–50
Monoamine oxidase inhibitor	Chlorpromazine	0.01–5
Antipsychotic	Flupenthixol	0.01–10
	Pimozide	1–10
	Carbamazepine	0.1–50
Anticonvulsant		

fluvoxamine (#1033), venlafaxine (#2917, Tocris), reboxetine (#1982, Tocris), imipramine (#17379-5G, Sigma-Aldrich), clomipramine (#C7291, Sigma-Aldrich), desipramine (#3067, Tocris), phenelzine (#P6777, Sigma-Aldrich), rolipram (#R6520, Sigma-Aldrich), ketamine (#3131, Tocris), 2R, 6R-Hydroxynorketamine and 2S, 6S-Hydroxynorketamine (#6094 and #6095, respectively, Tocris), carbamazepine (#4098, Tocris), chlorpromazine (#C8138, Sigma-Aldrich), flupenthixol (#4057, Tocris), and pimozide (#0937, Tocris) were investigated in this study. The compounds were dissolved in dimethyl sulfoxide (DMSO) that was also used as a vehicle in all the experiments. Concentrations tested (Table 1) were selected based on earlier *in vitro* studies from our research group (Fred et al., 2019; Casarotto et al., 2021) and other laboratories (Johansen et al., 2015).

Cell Lines

TMPRSS2 (NM_001135099.1) and ACE2 (AB046569.1) cDNAs were sequentially transfected into HEK293T cells using lentiviral vectors. The positive colonies were selected by blasticidin or puromycin resistance for TMPRSS2 and ACE2, respectively. The viral vectors were generated by transfecting HEK293T cells using polyethylenimine with the packaging vector pCMV-dR8.91 and the vesicular stomatitis virus (VSV-G) envelope expression vector pMD2.G (#12259, Addgene) with either pLenti6.3/V5-DEST-TMPRSS2 (from UH Biomedicum Functional Genomic Unit) or pWPI-puro [modified from, #12254, Addgene, (Zhao et al., 2019)] expressing ACE2 (cDNA from Dr. Markku Varjosalo). Six hours after transfection, media was replaced with fresh Dulbecco's Modified Eagle Medium (DMEM) containing high glucose (Sigma-Aldrich) supplemented with 10% fetal calf serum (FCS). Culture supernatant was collected 2 days after transfection and passed through a 0.22-micron filter. The supernatant containing TMPRSS2 lentivector was added to human embryonic kidney cells, HEK293T, seeded on 6-well

plates. Following 2 days of selection with 15 μg/ml of blasticidin (Invitrogen), the cells were incubated with the medium containing the ACE2 lentivector, and supplemented with 3 μg/ml puromycin (Sigma-Aldrich). After selection with puromycin, single cell lines were established by serial dilution. Both the double-transduced pool and the cloned cell lines were analyzed with SDS-PAGE using an anti-V5 antibody (#MA5-15253, Invitrogen) for TMPRSS2 and an anti-ACE2-antibody (#15983, Cell Signaling Technology).

HEK293T and HEK293T-ACE2-TMPRSS2 cells were maintained in DMEM supplemented with 10% FCS, 2% L-Glutamine, and 1% penicillin/streptomycin. Human lung epithelial cell line Calu-1 was kept in Roswell Park Memorial Institute (RPMI) 1640 medium supplemented with 10% FCS, 1% L-Glutamine, and 1% penicillin/streptomycin. Another human lung epithelial cell line Calu-3 and human colorectal adenocarcinoma cell line Caco-2 were kept in Minimum Essential Medium Eagle (MEM) supplemented with 20% FCS, 1% L-Glutamine, 1% penicillin/streptomycin, and 1% MEM Non-essential Amino acid Solution (100X). VeroE6 cells (ATCC® CRL-1586) were maintained in MEM supplemented with 10% FCS, 1% L-Glutamine and 1% penicillin/streptomycin. All the cell lines were incubated at 5% CO₂ and 37°C.

We compared the expression level of ACE2, TMPRSS2, *FURIN* and *GAPDH* with qPCR in all the cell lines (Supplementary Figure S1) by using human specific primers (Supplementary Table S1).

Production of Luciferase-Encoding Lentiviral Vector Pseudotyped with WT and Mutant SARS-CoV-2 S-Glycoprotein, and VSV-Glycoprotein

HEK293T cells grown in T175 flask were transfected by using TransIT-2020 reagent (Mirus Bio) with p8.9NDSB (Berthouix et al., 2004), pWPI-puro expressing *Renilla* luciferase, pEBB-

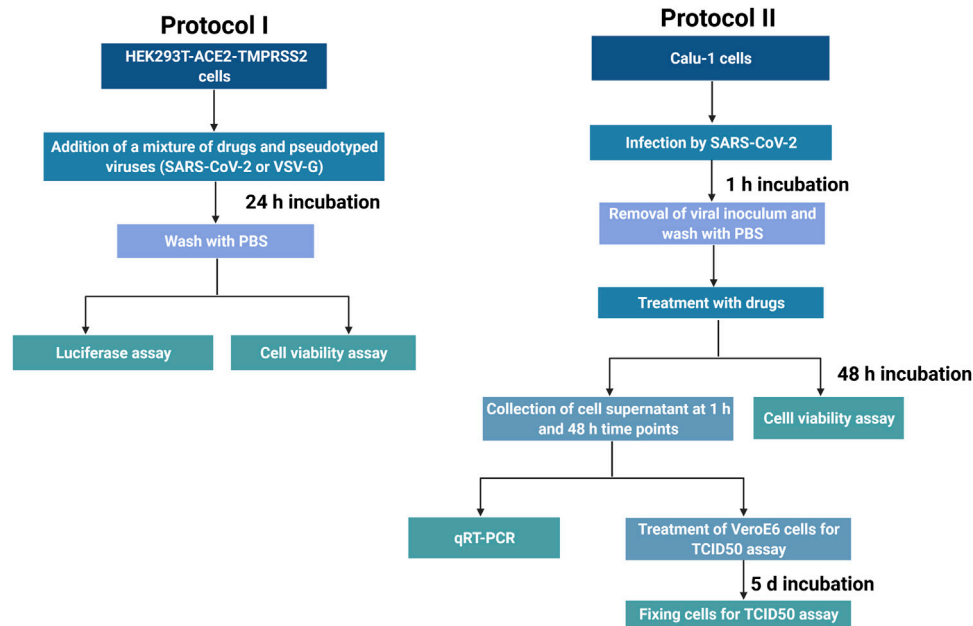


FIGURE 1 | Protocols used in the study. Protocol I represents the experiments in HEK293T-ACE2-TMPRSS2 cell line, while Protocol II corresponds to the experiments conducted in Calu-1 cell line. created with BioRender.com.

GFP, and pCAGGS, an expression vector containing the SARS-CoV-2 spike glycoprotein cDNA of the Wuhan-Hu-1 reference strain (NC_045512.2). The last 18 codons of spike glycoprotein were deleted to enhance the plasma membrane transport. Pseudotyped viruses harbouring the glycoprotein of vesicular stomatitis virus (VSV-G) were produced following the same protocol by using VSV-G envelope expression vector pMD2.G (#12259, Addgene). The culture media was replaced 12–16 h after transfection with fresh DMEM High Glucose (Sigma–Aldrich) supplemented with 10% FBS. The supernatant containing the SARS-CoV-2 spike glycoprotein- or VSV-G-harboring pseudoviruses was collected 48 h after transfection, and passed through a 0.22-micron filter.

Mutations in RBD regions were generated by synthetic DNA (Integrated DNA Technologies) using PvuII and HpaI restriction sites. Lentiviral vectors pseudotyped with mutant spikes were produced by following a similar protocol as the wild type particles with minor changes. Instead of pWPI-puro expressing *Renilla* luciferase, pWPI plasmid carrying both GFP and *Renilla* luciferase were used to eliminate the use of pEBB-GFP plasmid.

Detection of Viral Infection by Pseudotyped SARS-CoV-2 or VSV-G Viruses and Native SARS-CoV-2

In the Protocol I (Figure 1), infection and treatment of HEK293T-ACE2-TMPRSS2 cells was used. Because of the replication-deficient nature of pseudo-viruses, we aimed at understanding the effect of drugs on the initial viral entry to cells. Therefore, we exposed cells to the compounds and the pseudoviruses simultaneously.

HEK293T-ACE2-TMPRSS2 cells were cultured in poly-L-lysine coated 96-well plates (ViewPlate 96, PerkinElmer Life Sciences). Next day, the cells received varying concentrations of listed drugs (Table 1) and pseudotyped lentiviruses harboring S-protein of SARS-CoV-2 or glycoprotein of VSV. Following 24 h incubation with drugs and viral particles, cells were washed once with PBS. After cells were lysed for 15 min at RT, *Renilla* luciferase reporter was used to measure viral entry. For this purpose, luciferase activity was measured with a plate reader employing dispenser feature (Varioskan Flash, ThermoFisher Scientific) after substrate addition to each well (*Renilla* luciferase Assay System, E2820, Promega or Coelenterazine native, cat#303, Nanolight Technology). In order to measure background signal, uninfected cells and empty wells were included into the assay plate.

Calu-1 cells were used in the Protocol II (Figure 1) to address the drug effect on the replication and secondary wave of infection by SARS-CoV-2 virus. Protocol II, while complementing protocol I, addresses the efficiency of drug treatment on infection by the native virus. After identifying selective serotonin reuptake inhibitors (SSRIs), selective norepinephrine reuptake inhibitor (NRI), serotonin - norepinephrine reuptake inhibitor (SNRI), tricyclics, and antipsychotics that reduced the pseudoviral infection in HEK cells, we shortlisted candidates to be tested in Calu-1 cells with the native virus. Therefore, we ensured that there is, at least, one representative from one of these groups (Table 1). All work with infectious SARS-CoV-2 virus was conducted in a Biosafety Level 3 (BSL-3) laboratory of UH at Haartman Institute. SARS-CoV-2 virus isolates (wild type, B.1.1.7, B.1.351, and B.1.617.2), obtained from nasopharyngeal swabs of patients (Cantuti-Castelvetri et al., 2020) (MOI 0.05),

were incubated with Calu-1 cells in 48-well plates (40,000 cells/well) for 1 h at 37°C and 5% CO₂, after which virus inoculum was removed and cells were washed twice with PBS. The compounds were added to the cells in six replicates, diluted in virus growth medium (VGM) (RPMI-1640 supplemented with 2% FCS, L-glutamine, penicillin and streptomycin), and 0.1% DMSO in VGM was used as control. Samples of the supernatant were collected at 1 and 48 h post infection for qRT-PCR and at 48 h for the TCID₅₀ assay. Viral RNA was extracted using RNeasy Mini Kit (Qiagen, Germany), and SARS-CoV-2 qRT-PCR was performed using primers, probe and an *in vitro* synthesized control for RNA-dependent RNA polymerase (RdRp) as described earlier (Corman et al., 2020; Lin et al., 2021). Infectious virus titers were determined by TCID₅₀ measurement of VeroE6 cells. Shortly, 10-fold dilutions of the samples were inoculated to VeroE6 cells, incubated for 5 days, fixed with 10% formaldehyde for 30 min RT and stained with crystal violet.

A flow chart was prepared to summarize the timeline of experiments regarding the pseudotyped viruses and the native virus (Figure 1).

Cell Viability Assay

Cell culturing, treatment, and infection protocols were followed as described for HEK293T-ACE2-TMPRSS2 and Calu-1 cells (Figure 1). At the end of 24 h or 48 h period, cells were washed once with PBS and their viability was measured with a kit designed to quantify ATP level according to instructions of the manufacturer (CellTiterGlo 2.0 Luminescent Cell Viability Assay, Promega).

Data and Statistical Analysis

Pseudotyped Viruses

The number of samples per treatment group was determined based on our earlier studies (Fred et al., 2019; Casarotto et al., 2021). Each “n” represents the number of wells used for the indicated treatment. Some drugs were tested in the same plate, therefore, the same control group values were used for the analysis. Data were normalized to control groups to avoid unwanted sources of variation, pooled together, and analyzed in GraphPad Prism 6.0 software. Pseudotyped virus experiments were analyzed by unpaired *t*-test or one-way analysis of variance (or their nonparametric equivalents) followed by Dunnett or Dunn’s post hoc tests if a significant overall effect was observed. Cell viability of non-infected and infected cells treated with indicated compounds were analyzed by two-way analysis of variance followed by Sidak’s post hoc test, again only if we observed a treatment or interaction effect between the factors. The luciferase activity readings from pseudotyped viruses (SARS-CoV-2 and VSV-G) were replotted together to run a comparative analysis. We compared the drug effect on the infection by SARS-CoV-2 spike and VSV-G pseudotyped viruses by two-way analysis of variance followed by Sidak’s multiple comparison test. The mutant pseudotyped virus experiments (infection) were also analyzed by two-way analysis of variance followed by Sidak’s multiple comparison. IC₅₀ values were calculated in GraphPad Prism software by using the non-linear curve fitting of the data

with log (inhibitor) vs. response-Variable slope function after conversion of drug concentrations to logarithmic scale.

Protein bands detected in Western Blotting were subtracted from background and normalized to total protein of beta actin. Data were analyzed by the two-way analysis of variance followed by Sidak’s post hoc test. Same analysis was applied to the qPCR assessment of ACE2 and TMPRSS2 expression in infected and non-infected HEK cells.

Native SARS-CoV-2 Viruses

Each “n” represents the number of wells used for the indicated treatment. The control group of some samples were the same, as they were tested in the same plate. Therefore, the same control group was represented in different plots. The plots representing changes in the genome copy number were plotted in linear scale, whereas TCID₅₀ values were represented in log₁₀ scale in GraphPad Prism.

For all the experiments, values of *p* < 0.05 were considered significant. Presence of any outliers was calculated by using Grubb’s test on GraphPad Prism website (<https://www.graphpad.com/quickcalcs/grubbs1>), and excluded from the analysis. We performed one-way ANOVA, two-way ANOVA or unpaired *t*-test, followed by Dunnett’s, Dunn’s or Sidak post hoc analysis for the experiments with the native virus. Statistical analysis were provided in **Supplementary Table S2** for the corresponding figures.

RESULTS

HEK293T-ACE2-TMPRSS2 Cell Line Is Responsive to Camostat Mesylate

Camostat mesylate, a clinically tested serine protease inhibitor, has been shown to inhibit the activity of TMPRSS2 and reduce the SARS-CoV-2 infection in cell lines expressing TMPRSS2 (Kawase et al., 2012; Hoffmann, et al., 2020b; Hoffmann, et al., 2020c). In order to confirm the activity of TMPRSS2 in the HEK293T-ACE2-TMPRSS2 cell line, we treated the cells with different doses of camostat mesylate for 24 h and measured the level of viral infection. The infection of HEK293T-ACE2-TMPRSS2 cell line by the pseudotyped lentiviruses was significantly reduced suggesting that these cells express TMPRSS2 and the activity of this protease is blocked by camostat mesylate (**Supplementary Figure S2**).

Antidepressant Drugs Show Antiviral Activity Against Pseudotyped Viruses and the First wave (B.1) Lineage of SARS-CoV-2

In the Protocol I, HEK293T-ACE2-TMPRSS2 cells were treated with a mixture of pseudotyped viral particles and one of the following antidepressants: fluoxetine, citalopram, paroxetine, fluvoxamine, venlafaxine, reboxetine, clomipramine, imipramine, or desipramine (**Table 1**) for 24 h. We found that all the drugs significantly reduced the viral infection, as measured by luciferase reporter activity (**Figure 2**). According to the cell viability assay where ATP level was measured in infected

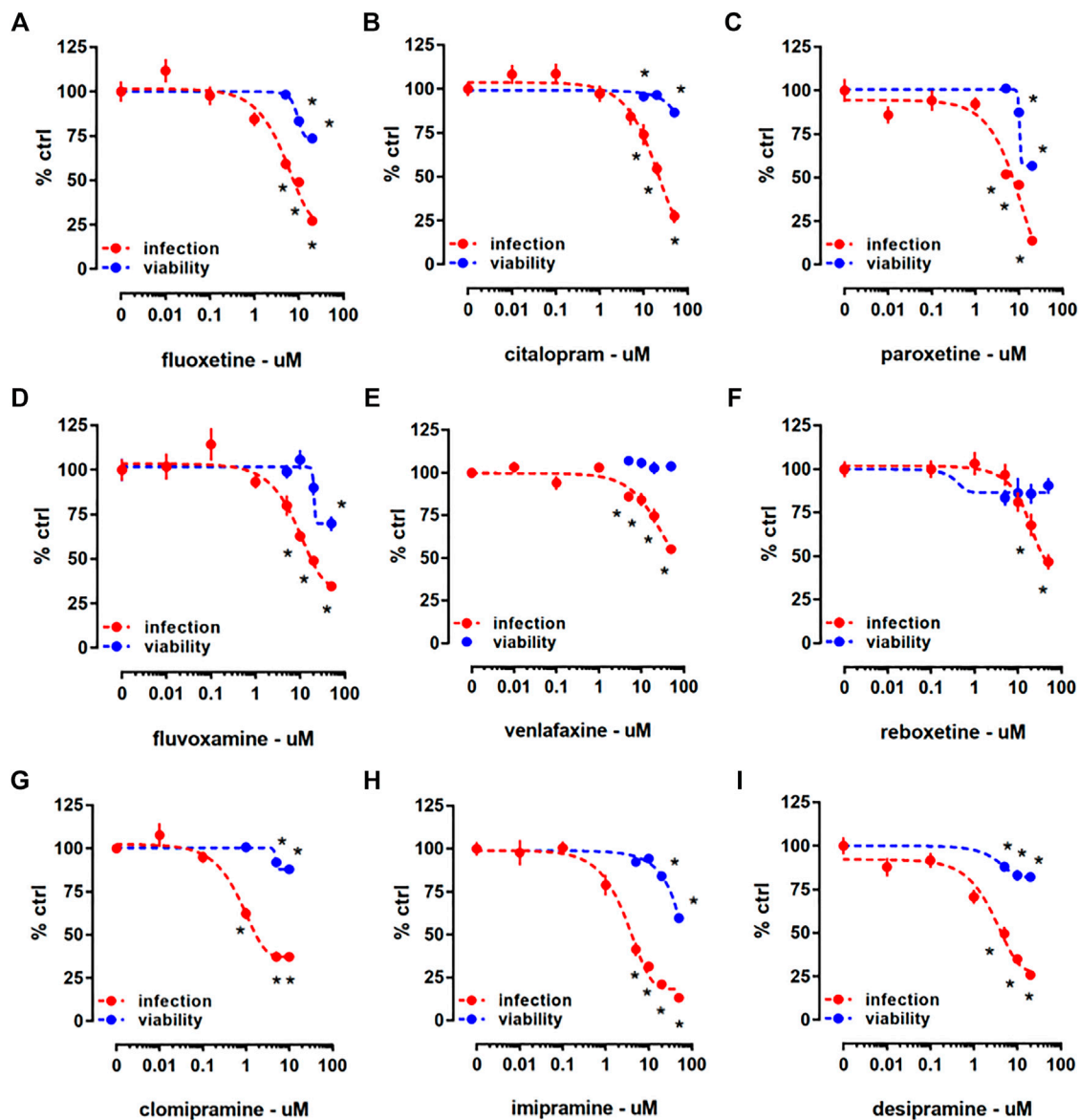


FIGURE 2 | The effect of antidepressant drugs on HEK293T-ACE2-TMPRSS2 cells challenged with SARS-CoV-2 pseudotyped viruses. Treatment with (A) fluoxetine (luciferase assay: $n = 18-26$; cell viability: $n = 6$; $IC_{50} = 5.992 \mu M$), (B) citalopram (luciferase assay: $n = 16-22$; cell viability: $n = 6$; $IC_{50} = 27.51 \mu M$), (C) paroxetine (luciferase assay: $n = 12$; cell viability: $n = 5$; $IC_{50} = 12.55 \mu M$), (D) fluvoxamine (luciferase assay: $n = 14-24$; cell viability: $n = 6$; $IC_{50} = 10.54 \mu M$), (E) venlafaxine (luciferase assay: $n = 11-12$; cell viability: $n = 5$; $IC_{50} = 36.35 \mu M$), (F) reboxetine (luciferase assay: $n = 12$; cell viability: $n = 6$; $IC_{50} = 17.69 \mu M$), (G) clomipramine (luciferase assay: $n = 12-24$; cell viability: $n = 6$; $IC_{50} = 0.75 \mu M$), (H) imipramine (luciferase assay: $n = 6-18$; cell viability: $n = 6$; $IC_{50} = 3 \mu M$), and (I) desipramine (luciferase assay: $n = 12$; cell viability: $n = 5$; $IC_{50} = 8.097 \mu M$) significantly reduced luciferase reporter activity. At higher concentrations, all the compounds, except (E) venlafaxine and (F) reboxetine reduced ATP levels in the luminescent cell viability assay after 24 h incubation. * $p < 0.05$ from control group (0). Data represented as mean \pm SEM.

HEK293T-ACE2-TMPRSS2 cells, all the tested compounds, except venlafaxine (Figure 2E) and reboxetine (Figure 2F), were slightly toxic at higher concentrations (Figure 2). Combination of infection with drug treatment did not induce any further toxicity (Supplementary Figure S3). We also examined the changes in mRNA level of *ACE2* and *TMPRSS2* by the viral infection combined with 24 h of fluoxetine (10 μM), clomipramine (10 μM), and chlorpromazine (5 μM) treatment

(Supplementary Figure S4). The *ACE2* expression remained unaltered upon fluoxetine treatment, while clomipramine in infected cells, and chlorpromazine in non-infected cells induced a reduction of this target (Supplementary Figure S4A). *TMPRSS2* level was increased by fluoxetine in non-infected and infected cells, while the other compounds remained ineffective (Supplementary Figure S4B). Furthermore, by addressing the protein levels (Supplementary

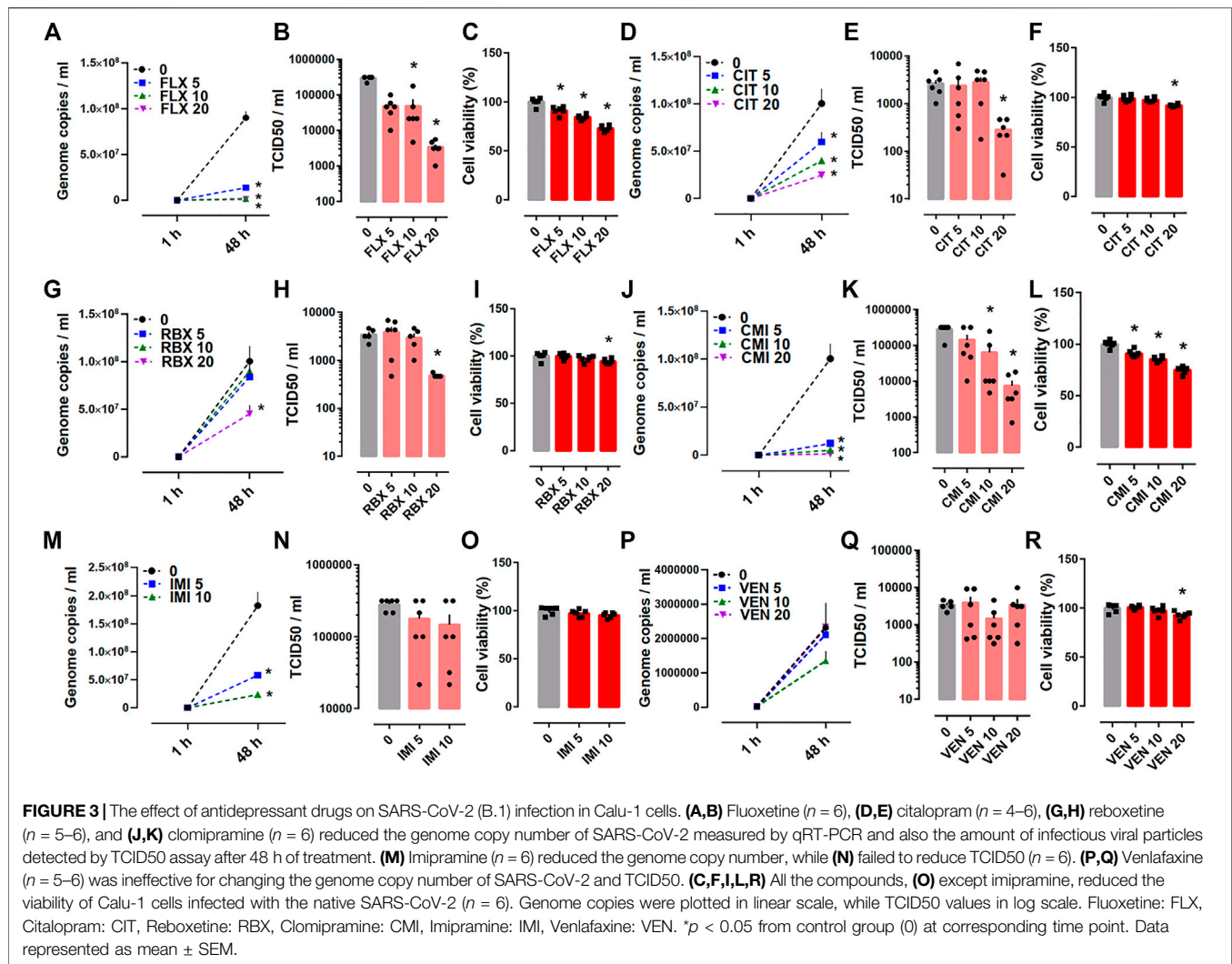


Figure S4C), we found that fluoxetine does not exert any effect on the ACE2 expression (Supplementary Figure S4D), while TMPRSS2 is significantly increased in non-infected cells after 24 h (Supplementary Figure S4E). Despite not being statistically significant, fluoxetine also increased TMPRSS2 in the infected cells (Supplementary Figure S4E).

In the Protocol II experiments, SARS-CoV-2 infected Calu-1 cells were treated with fluoxetine, reboxetine, clomipramine, imipramine, citalopram or venlafaxine up to 48 h at concentrations of 5, 10, and 20 μ M. The base level of viral RNA that was measured 1 h after drug treatment revealed no significant changes between control and treatment groups (Figure 3). However, at 48 h after infection, fluoxetine (Figures 3A,B), citalopram (Figures 3D,E), reboxetine (Figures 3G,H), and clomipramine (Figures 3J,K) clearly reduced the genome copies of SARS-CoV-2 and infectious virus particles measured by TCID₅₀ assay. Despite reducing the genome copies (Figure 3M), imipramine failed to effect the TCID₅₀ (Figure 3N). Venlafaxine was ineffective on reducing the viral replication and infectious particles of native

SARS-CoV-2 (Figures 3P,Q). Viability of Calu-1 cells was measured in infected cells after 48 h treatment with the compounds. All compounds, except for imipramine, decreased the cell viability (Figures 3C,F,I,L,O,R).

Antipsychotics can Decrease the Viral Infection

The antiviral activity of antipsychotics chlorpromazine, flupenthixol, and pimozide were tested through the Protocol I in HEK293T-ACE2-TMPRSS2 cells against the pseudotyped viruses harboring SARS-CoV-2 spike protein (Table 1). Following 24 h incubation, all of these compounds were able to prevent viral infection, although we also observed slight reduction of cell viability (Figures 4A–C).

Chlorpromazine (1, 2.5, and 5 μ M) was also tested through the Protocol II in SARS-CoV-2 (B.1 lineage) infected Calu-1 cells. Treatment for 48 h with all the tested concentrations of chlorpromazine were able to reduce the total amount of virus (Figure 4D), but we failed to observe diminished amount of

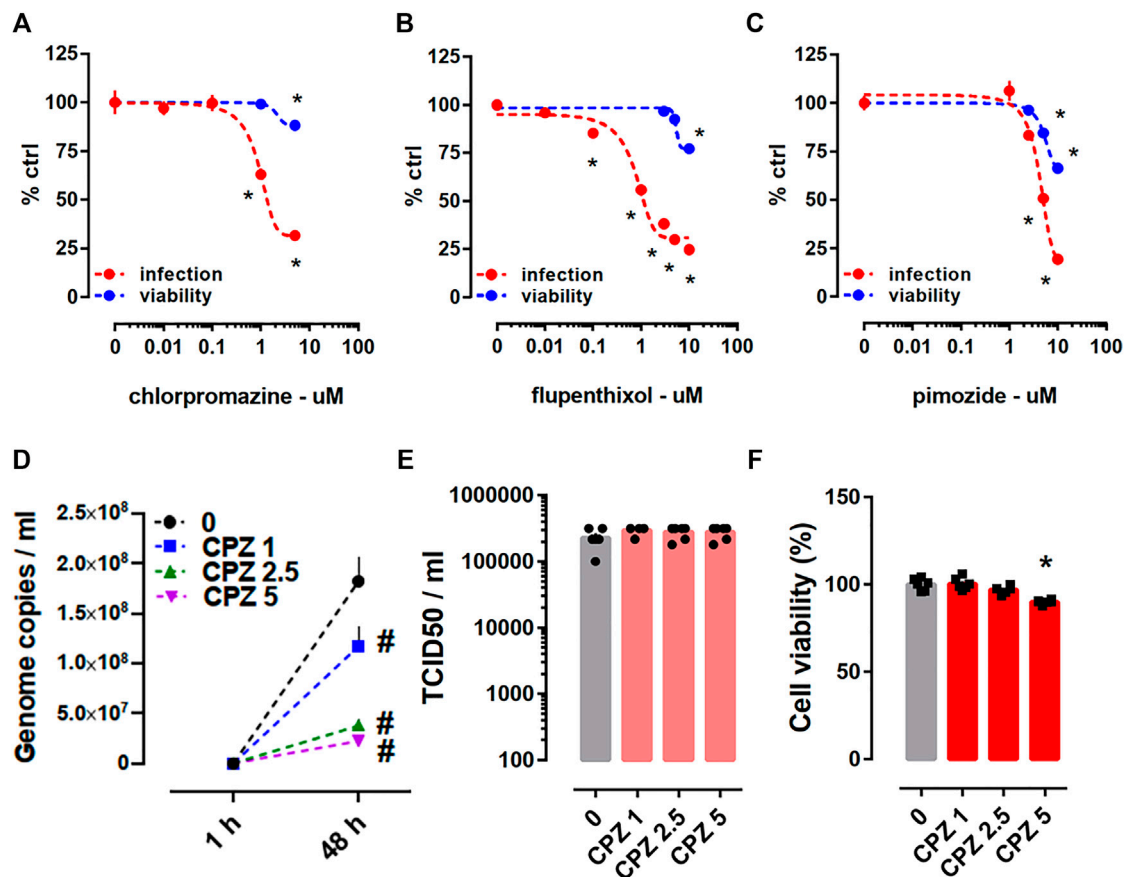


FIGURE 4 | Antiviral activity of antipsychotics in HEK293T-ACE2-TMPRSS2 cells challenged with pseudotyped viruses and in Calu-1 cells infected with SARS-CoV-2 (B.1). Decline of luciferase reporter activity was observed at multiple doses of (A) chlorpromazine (luciferase assay: $n = 8-20$; cell viability: $n = 8$; $IC_{50} = 0.972 \mu M$), (B) flupenthixol (luciferase assay: $n = 12$; cell viability: $n = 5$; $IC_{50} = 1.072 \mu M$), and (C) pimozide (luciferase assay: $n = 12$; cell viability: $n = 5$; $IC_{50} = 4.539 \mu M$) following 24 h incubation suggesting reduced infection. Treatment of cells with (A) chlorpromazine, (B) flupenthixol, and (C) pimozide combined with viral infection decreased cell viability indicated by the ATP level. (D) Treatment with chlorpromazine for 48 h decreased the genome copy number of SARS-CoV-2 ($n = 5-6$) in qRT-PCR, but (E) failed to reduce the amount of infectious virus in TCID₅₀ assay ($n = 6$). (F) The highest dose of chlorpromazine treatment increased the toxicity in infected Calu-1 cells indicated by the ATP level. Genome copies were plotted in linear scale, while TCID₅₀ values in log scale. Chlorpromazine: CPZ. * $p < 0.05$ from control group (0). # $p < 0.05$ from control group (0) at corresponding time point. Data represented as mean \pm SEM.

infectious virus after 48 h treatment (Figure 4E). There was a slight but significant reduction in the viability of infected Calu-1 cells after 48 h treatment with chlorpromazine (5 μM) (Figure 4F).

Some Psychoactive Drugs Fail to Prevent the Infection by the Pseudotyped Viruses

Ketamine, used for many decades as anesthetic drug in clinics, has been shown to induce antidepressant-like effects when administered in sub-anesthetic doses (Berman et al., 2000; Zarate et al., 2006; Abdallah et al., 2015). Therefore, we next tested whether ketamine and ketamine metabolites (2S,6S-HNK and 2R,6R-HNK), which have also received attention as rapid-acting antidepressants during recent years (Abdallah et al., 2015; Zanos et al., 2018), might also inhibit infection by the pseudotyped virus. We found that neither ketamine nor the metabolites were effective in reducing the viral infection

within 24 h of incubation period (Supplementary Figures S5A–C). Furthermore, other classical antidepressant drugs, phosphodiesterase-4 inhibitor rolipram and monoamine oxidase inhibitor phenelzine (Table 1) also failed to prevent the viral entry (Supplementary Figures S5D,E). We also tested carbamazepine, an anticonvulsant, which is also used as mood stabilizer for the treatment of bipolar disorder (Mitchell & Malhi, 2002). This compound also failed to change the viral infection in ACE2/TMPRSS2-expressing HEK cells after 24 h of treatment (Supplementary Figure S5F).

Some of the Tested Drugs Show SARS-CoV-2 Spike Specificity

We used pseudotyped viruses harboring glycoprotein of vesicular stomatitis virus (VSV) to address the specificity and potential viral-entry independent effects of tested compounds. HEK293T-ACE2-TMPRSS2 cells were treated with a mixture of VSV-G

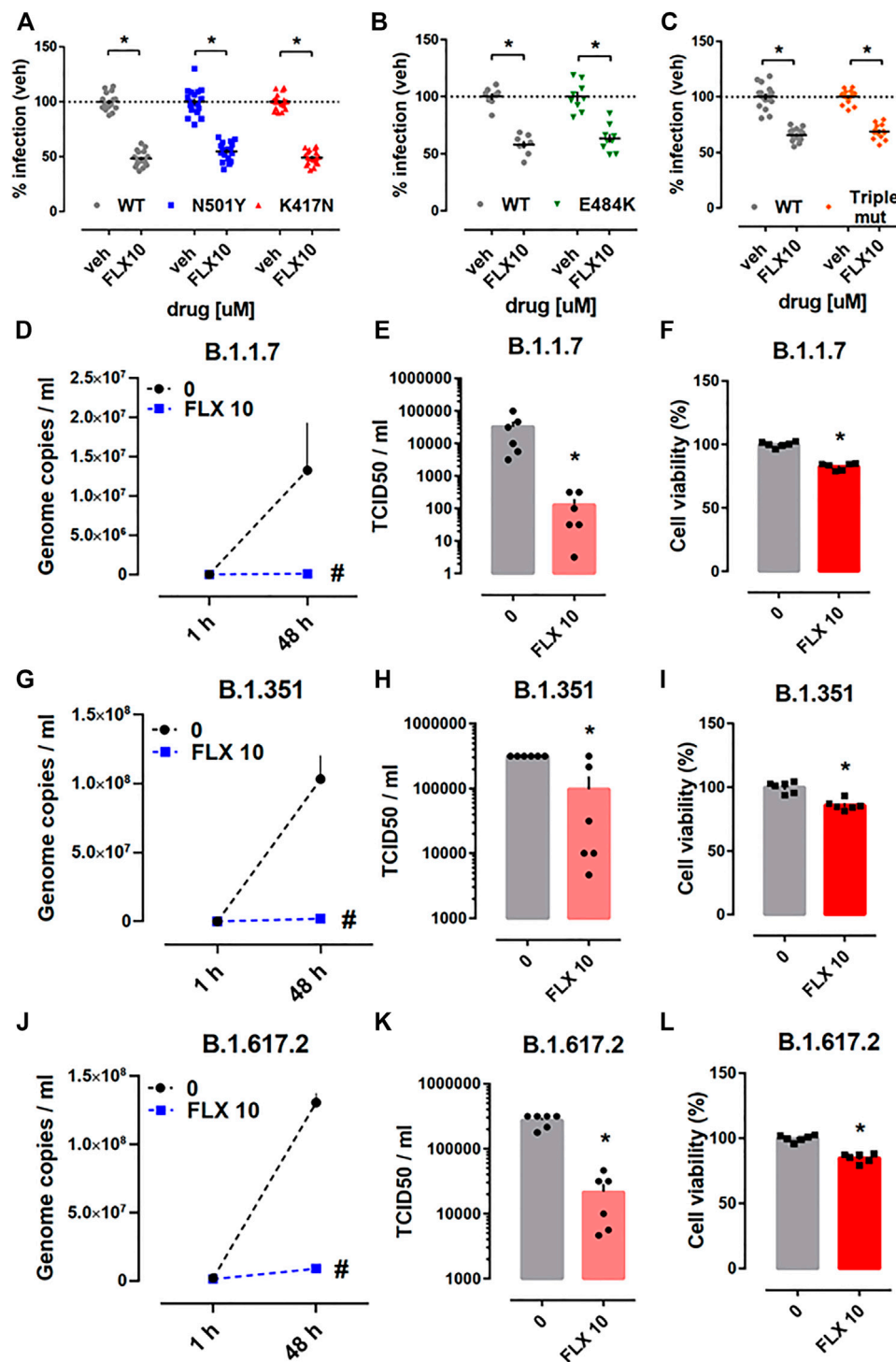


FIGURE 5 | Antiviral activity of fluoxetine against the mutant pseudo-viruses and the native variants of SARS-CoV-2. Treatment with fluoxetine (10 μ M, 24 h) significantly reduced the luciferase reporter activity in HEK293T-ACE2-TMPRSS2 cells infected with (A) WT (grey, $n = 16$), N501Y (blue, $n = 18$), K417N (red, $n = 18$), (B) E484K (green, $n = 8-9$) and (C) triple mutant (N501Y/K417N/E484K, orange, $n = 13-16$), viral particles. Fluoxetine (10 μ M) reduced genome copy number and TCID50 in Calu-1 cells infected with (D,E) B.1.1.7 (alpha), (G,H) B.1.351 (beta), and (J,K) B.1.617.2 (delta) variants, measured by qRT-PCR and TCID50 assay, respectively ($n = 6$). (F,I,L) Fluoxetine also slightly reduced the Calu-1 viability in cells infected with the variants ($n = 6$) measured by the ATP levels. Fluoxetine: FLX and wild type: WT. * $p < 0.05$ from control group (veh). # $p < 0.05$ from control group (0). Data represented as mean \pm SEM.

pseudotyped viruses and drugs including fluoxetine, citalopram, paroxetine, fluvoxamine, reboxetine, clomipramine, desipramine, chlorpromazine, flupenthixol, or pimozone for 24 h. Viral infection was quantified by measuring the luciferase activity (Supplementary Figure S6; Supplementary Figure S7). While fluoxetine (Supplementary Figure S6A), clomipramine (Supplementary Figure S6C), chlorpromazine (Supplementary Figure S6E), flupenthixol (Supplementary Figure S6G), pimozone (Supplementary Figure S6I), and reboxetine (Supplementary Figure S6K) reduced the infection by the VSV-G pseudotyped viruses; citalopram (Supplementary Figure S7A), desipramine (Supplementary Figure S7C), paroxetine (Supplementary Figure S7E), and fluvoxamine (Supplementary Figure S7G) remained ineffective. Slight reduction of cell viability was observed in infected HEK293T-ACE2-TMPRSS2 cells after fluoxetine, clomipramine, chlorpromazine, pimozone, and reboxetine treatment (Supplementary Figure S6), while flupenthixol, citalopram, desipramine, paroxetine, or fluvoxamine did not exert a toxic effect (Supplementary Figure S6; Supplementary Figure S7).

We compared the effectiveness of the tested antidepressants and antipsychotics against SARS-CoV-2 spike- and VSV-G-pseudotyped viruses. We compiled the data from these viruses, and found higher effectiveness of drugs in reducing the luciferase activity in SARS-CoV-2 pseudoviruses compared to VSV-G (Supplementary Figures S6B,D,F,H,J,L; Supplementary Figures S7B,D,F,H).

Fluoxetine Remains Effective Against Pseudotyped Viruses Harboring the S Protein RBD Mutations and Native Variants B.1.1.7 (Alpha), B.1.351 (Beta), and B.1.617.2 (Delta)

Next, we addressed the effectiveness of fluoxetine against the pseudotyped viruses carrying mutations in the S protein that have been observed in some of the emerging SARS-CoV-2 variants. We found that fluoxetine (10 μ M) treatment for 24 h was effective against pseudotyped viruses carrying single point mutations in their S protein (N501Y, K417N, or E484K) (Figures 5A,B), and also a triple mutant harboring combination of these three point mutations (N501Y/K417N/E484K) (Figure 5C). Calu-1 cells which were infected with B.1.1.7 (alpha), B.1.351 (beta), or B.1.617.2 (delta) variants, and challenged with fluoxetine (10 μ M) showed reduced amount of genome copies (Figures 5D,G,I) and infectious virus (Figures 5E,H,K). The viability of Calu-1 cells infected with these variants and treated with fluoxetine for 48 h was slightly reduced (Figures 5F,I,L).

DISCUSSION

In the present study, we identified the potential of some widely consumed antidepressant and antipsychotic drugs against the infection by SARS-CoV-2 (B.1) and the variants B.1.1.7 (alpha),

B.1.351 (beta), and B.1.617.2 (delta). The experiments using pseudotyped viruses to infect HEK293T cells overexpressing ACE2 and TMPRSS2 were aimed at identifying the direct effect of drugs on the entry phase of the viral infection, as we added the virus and drugs around the same time. The outcome measure by luciferase assay was a direct indication of the number of infected cells, due to replication-deficient nature of pseudotyped viruses. In experiments with human respiratory/lung epithelial cells and native virus, Calu-1 cells were first exposed to the SARS-CoV-2 virus, which was followed by the removal of this inoculum and addition of drugs to be tested. In this scenario, drugs do not necessarily interfere with the initial infection of cells by the virus, which was at low multiplicity of infection (MOI 0.05), but with viral particle production and infection of the neighboring cells. The decrease in viral replication that we observed after treating the cells for 48 h with the tested drugs and the reduction of TCID₅₀ as a secondary outcome could be caused by 1) the blockade of virus entry during the subsequent waves of Calu-1 cell infection; 2) a direct effect on the mechanisms of viral replication, packaging and release of new viral particles; 3) an indirect effect through the regulation of innate immunity; or 4) a combination of the above effects. The first alternative, that the drugs interfere with viral infection of Calu-1 cells later on when the cells release newly packed viruses to medium thereby explaining the decline of viral genome copies and TCID₅₀, would also be compatible with our findings with the pseudotyped virus.

By testing pseudotyped viruses harboring the VSV-G, we found that some compounds, including fluoxetine, clomipramine, chlorpromazine, flupenthixol, pimozone, and reboxetine, counteract the infection in HEK-ACE2-TMPRSS2 cells suggesting that these drugs are not specific for SARS-CoV-2 spike protein. On the other hand, the effect was significantly smaller against the VSV-G pseudoviruses compared to the SARS-CoV-2 pseudoviruses. Although the reduction of viability may have contributed to the diminished VSV-G infection, it should be noted that these compounds are effective against the entry of other viruses, as this has been reported in studies testing clomipramine and flupenthixol against Ebola virus (Johansen et al., 2015). Moreover, as these drugs also counteract VSV-G pseudoviruses, it is unlikely that mechanism of action is on the luciferase transcription. Interestingly, fluvoxamine, paroxetine, desipramine, nor citalopram exerted any effect on VSV-G infection suggesting the SARS-CoV-2 spike specificity of these compounds.

Accumulating data suggest that the psychoactive drugs that have been categorized as functional inhibitors of acid sphingomyelinase activity (FIASMA) (Kornhuber et al., 2010; Kornhuber et al., 2011) can significantly reduce the SARS-CoV-2 infection through cellular events associated with cholesterol-trapping, luminal pH changes in endolysosomal compartments, and ceramide manipulation (Carpinteiro et al., 2020; Schloer et al., 2020). FIASMA compounds, other than psychoactive drugs, have been reported to reduce SARS-CoV-2

infection *in vitro* (i.e., ambroxol, a mucolytic drug) (Carpinteiro et al., 2021), and also diminished the risk of intubation or death from COVID-19 in patients (i.e., cardiovascular system medications) (Hoertel, et al., 2021a). Most of the compounds we tested in the present study that showed antiviral activity are considered FIASMA. On the other hand, we found that non-FIASMA compounds reboxetine, in both HEK and Calu-1 cells, and venlafaxine (Kornhuber et al., 2011; Zeitler et al., 2019), in HEK cells, demonstrate antiviral activity. However, the failure of venlafaxine against the native SARS-CoV-2 was unexpected. The data prompted us to assume that HEKs and Calu-1 cells might show differential expression and/or recruitment of distinct molecular targets for the infection by pseudoviruses and the native SARS-CoV-2, respectively. Therefore, availability or absence of specific targets might affect the drug response. Altogether, inhibition of ASM by these drugs can only partially explain the role of psychoactive drugs for the reduction of SARS-CoV-2 infection. Recently, some of these FIASMA compounds, including cationic amphiphilic drugs (CADs), have been suggested to induce phospholipidosis, which can explain the antiviral action of these drugs (Tummino et al., 2021).

Another mechanism of action proposed for these compounds, is the Sigma-1 receptor (S1R) agonism, as the activation of this receptor is known to regulate cytokine production (Lenze et al., 2020). Many psychoactive drugs bind to S1R, including fluvoxamine, sertraline, fluoxetine, citalopram, imipramine, paroxetine, and desipramine (Narita et al., 1996; Sukhatme et al., 2021). However, venlafaxine, one of the compounds that showed antiviral activity in our study in HEK cells, has a very weak affinity to this chaperone (Ishima et al., 2014). Moreover, ketamine can bind to both S1R and S2R (Robson et al., 2012), but this drug was ineffective as an antiviral agent in the present study. Therefore, S1R agonism and the regulation of cytokine levels through this chaperone does not appear to fully explain how these drugs act as antiviral agents.

Our data on chlorpromazine are in agreement with the earlier studies that have demonstrated antiviral activity against other coronaviruses (Cong et al., 2018; Dyall et al., 2014; Wilde et al., 2014). Other antipsychotics, flupenthixol and pimozide, identified as inhibitors of pseudotyped viral infection of HEK cells in our study, have also been confirmed by others as antiviral agents (Drayman et al., 2020; Yang et al., 2020). Pimozide, tested by computational docking analysis and *in vitro* assays, has been suggested to inhibit main protease of SARS-CoV-2 (M^{Pro}) (Vatansever et al., 2020).

Emergence of the novel variants raises concern on the effectiveness of currently available SARS-CoV-2 vaccines for the neutralization of these variants (Callaway, 2021; Callaway and Ledford, 2021; Fontanet et al., 2021). Recent *in vitro* studies reported that some of these vaccines remain effective against the variants carrying a set of mutations (Muik et al., 2021; Wu et al., 2021; Xie et al., 2021); however, others have shown decreased effectiveness, particularly to those carrying the E484K mutation (Wadman, 2020; Callaway and Mallapaty, 2021; Collier et al., 2021; Wang et al., 2021). Our data suggest that fluoxetine remains

effective against the pseudotyped viruses harboring single mutations (N501Y, K417N, E484K), or a triple mutation (N501Y/K417N/E484K) present in beta and gamma variants. In line with this, inhibitory effect of fluoxetine persists against the SARS-CoV-2 variants alpha, beta, and delta. Therefore, it is plausible to argue that antidepressants, as well as related-psychoactive compounds can be considered as an alternative treatment method for people infected with SARS-CoV-2.

One of the limitations of our study is that inferring the drug concentrations required for the inhibition of SARS-CoV-2 infection at the clinical level from *in vitro* data is difficult, as these drugs accumulate in different organs, including brain and lungs, and show variance among individuals (Karson et al., 1993; Bolo, 2000; Johnson et al., 2007). Samples collected from pilot fatalities show 19.6 µg/g mean concentration of fluoxetine in lungs (~7.6 µM) which is in the concentration range that is effective against SARS-CoV-2. Although further experiments are needed to address the tissue concentrations for the other molecules tested, these data suggest that due to accumulation into lung tissue (R. D. Johnson et al., 2007) (60-fold higher concentrations were found in lungs than in plasma), the concentrations tested here have been estimated to be clinically relevant against the SARS-CoV-2 infection (Eugene, 2021). We have also listed the IC₅₀, CC₅₀, and selectivity index (SI) parameters in **Supplementary Table S3**, which were calculated from the HEK cell response. We almost never reached to 50% drop in the cell viability test with the concentrations tested, which might have affected the CC₅₀ values calculated by curve fitting. Therefore, interpretation of CC₅₀ and SI values to suggest a safe antiviral window might be misleading.

Another interesting result we observed was the increase of TMPRSS2 in HEK cells after 24 h fluoxetine treatment. The TMPRSS2 increase by fluoxetine was detected in both non-infected and infected cells suggesting that the infection alone has no impact on this event. In fact, we expected to observe a reduction of TMPRSS2 by fluoxetine. However, the increase of TMPRSS2 after 24 h fluoxetine treatment might not be related with the antiviral action of fluoxetine. To gain an insight into this issue, testing fluoxetine with different treatment regimens is needed.

Dissecting the viral entry routes provides the opportunity for alternative strategies for prevention and management of the viral infection. Since the emergence of COVID-19, substantial progress has been made towards understanding the life cycle of SARS-CoV-2 and particularly how the virus can enter target cells (T. Tang et al., 2020). Earlier studies on viruses including SARS-CoV, Ebola, and influenza shed a light on the mechanism of viral entry and accentuated the importance of endolysosomal compartments and cholesterol (Mingo et al., 2015; Kühnl et al., 2018), which led to the recent discoveries of repurposed drugs against SARS-CoV-2 (Carpinteiro et al., 2020; Schloer et al., 2020). Alternative strategies, including the combination of compounds that can target machineries in host cells and the virus itself have also been developed to increase the effectiveness of the treatment (Schloer et al., 2021). For instance,

combination of fluoxetine with remdesivir, a nucleotide analog interfering RNA-dependent RNA polymerase, was shown to be more effective than either of these compounds alone (Schloer et al., 2021).

Together with other recent studies, our data suggest that antidepressant drugs might become an additional tool against the COVID-19 pandemic, therefore, further clinical studies implicating bigger sample size and longer follow-up periods should be conducted.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**, further inquiries can be directed to the corresponding author. Data produced in the present study is openly available in FigShare (DOI: 10.6084/m9.figshare.14248856).

AUTHOR CONTRIBUTIONS

SF, PC, and EC conceptualization; SF, SK, HU, LL investigation; SF, SK, KS, HU writing first draft, reviewed by SF, SK, KS, OV, PC, and EC.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphar.2021.755600/full#supplementary-material>

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