

# Stevens Johnson syndrome: Past, present, and future directions

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# Stevens Johnson syndrome: Past, present, and future directions

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# Editorial: Stevens Johnson syndrome: past, present, and future directions

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## KEYWORDS

SJS, TEN, HLA, complications, community, testing, diagnosis

## Editorial on the Research Topic

### Stevens Johnson syndrome: past, present, and future directions

Stevens Johnson syndrome/toxic epidermal necrolysis (SJS/TEN) is a rare immune-mediated mucocutaneous disease with a global incidence of up to 12 cases per million population annually (1). SJS/TEN cumulative hospitalization cost is ~\$128 million per year, and mortality rates can exceed 50% in the immunocompromised and elderly (2). There are still many gaps in knowledge about the pathogenesis of SJS/TEN and, hence, in the ways to optimize prevention, earlier diagnosis, targeted acute treatment and long-term management. (3).

In this Research Topic, a wide breadth of novel data and new insights is presented by researchers globally, which reflects the current collaborative work that is ongoing to eliminate the morbidity and mortality of this devastating and life-threatening disease. As a direct result of this collaboration, the SJS/TEN biennial conference was established in 2017 that promoted patient and community involvement (4). The 3rd biennial conference, SJS/TEN 2021 (Marks et al.), brought together 428 international scientists and 140 survivors and family members. The goal of the meeting was to brainstorm strategies to support the continued growth of an international SJS/TEN research network, bridging science and the community. The community workshop section of the meeting focused on eight primary themes: mental health, eye care, SJS/TEN in children, non-drug induced disease, long-term health complications, new advances in mechanisms and basic science, managing long-term scarring, considerations for skin of color, and risks of COVID-19 vaccines. This meeting has since been followed by SJS/TEN 2023 “Bringing Science to All” in August 2023 that tackled an overarching theme of overcoming geographic, social, and economic barriers and disparities, aiming to be inclusive of all populations. Many of these same contributors from the 2023 meeting who presented novel data are represented in this Research Topic.

Over the last decade, there have been considerable insights on immunotherapy and immune-checkpoint-inhibitor-therapy-induced SJS/TEN as well as novel methods to improve the diagnosis, management, and mortality risk stratification of SJS/TEN, and organ-specific pathology.

Chen et al. and Kurian et al. highlight SJS/TEN occurring in association with novel agents: the epidermal growth factor receptor tyrosine kinase inhibitor toripalimab and the  $\alpha$ -specific PI3K inhibitor alpelisib. Kuo et al. (5) highlight the addition of severe cutaneous immune related adverse events associated with immune checkpoint inhibitors and highlight knowledge and evidence gaps related to diagnosis and treatment. The presentation can vary from SJS mimickers such as lichenoid and autoimmune bullous disorders to presentations more in keeping with traditional SJS/TEN. In their comprehensive 40 year literature review, Wang et al. identify the demographics, clinical course, and mortality risk of 379 drug culprits across four common classes associated with SJS/TEN.

While notable recent advances in SJS/TEN have made risk prediction and prevention possible for some causative factors, many challenges still exist in the scoring and documentation of the severity of SJS/TEN, which has not been standardized to be reproducible across individual cases and treatment centers. This phenotyping is a pre-requisite for engaging in further studies, particularly clinical trials, to assess the efficacy of therapeutics and other interventions. Shareef et al. examine the predictive value of a random forests classifier for mortality compared with SCORTEN, the most commonly used mortality risk prediction tool. SCORTEN requires calculation of total body surface area detached, which is subject to considerable observer error and variability. In their model, which used only routine laboratory information, the top five predictors of mortality were RBC count, total bilirubin, prothrombin time, WBC count and RBC count.

Beyond mortality prediction, however, other novel diagnostic and staging systems include medical photography to monitor progression and treatment response. Dobry et al. summarize the state of current clinical assessment and scoring tools and highlight the need for standardized approaches to measure cutaneous involvement. Lehloenya highlights the need for reproducible endpoints in clinical studies and consideration for innovative approaches such as use of biological markers, artificial intelligence, and imaging approaches (e.g., PET/CT scan) to monitor progression and therapeutic response.

In adults, >80% of SJS/TEN is caused by a small molecule drug. SJS/TEN is also marked by tissue specificity. Hence, “blood tests” and *ex vivo/in vitro* tests to define drug causality have been challenging. Copescu et al. comprehensively review the current state of *in vivo* and *ex vivo/in vitro* diagnostic tools of potential use in severe cutaneous adverse drug reactions, including SJS/TEN, to aid diagnosis and drug causality. The sensitivity of both patch testing and *in vitro/ex vivo* testing in SJS/TEN was dependent on the culprit medication and was lower (<50%) for SJS/TEN than for drug reaction with eosinophilia and systemic (DRESS). Genetic testing has been posited in the past as a screening tool for the prevention of SJS/TEN or DRESS where this is a well-established association. When an HLA allele is distinct for a specific medication, genetic testing, along with patch testing and *in vitro/ex vivo* testing, may also aid in diagnosis.

Although there is agreement on harmonized supportive care and comprehensive ophthalmological, cutaneous, and

urogynecological management in an acute critical care setting, the long-term effects of acute SJS/TEN and its management on long-term complications are largely unknown. DenAdel et al. present a retrospective chart review of 77 biopsy-supported female patients with SJS/TEN treated at a single center. They were able to measure a positive impact by protocolizing acute management that guided gynecological consultation and appropriate treatment of vulvovaginal disease.

Although there has been much progress in SJS/TEN research, many gaps exist. In addition to genetic factors, more study is needed on the social determinants of health that can drive medication utilization and impact risk in disadvantaged populations (6, 7). Further study of tissue specific responses will help define markers for earlier diagnosis and targeted treatment. A system that ensures that care does not end at hospital discharge is also crucial to providing necessary medical and psychological support and to prevent and support long-term complications such as visual impairment and blindness (8). Particularly important is documentation and a health “passport” to avoid exposure to culprit medication(s) and ensure drug safety for the future.

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# High Grade Dermatologic Adverse Events Associated With Immune Checkpoint Blockade for Cancer

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Immune checkpoint blockade (ICB) improves survival in many types of cancers including melanoma, non-small cell lung, renal cell, breast, and cervical cancers. However, many of these therapies are also associated with high grade dermatologic adverse events (DAEs), including Stevens-Johnson syndrome and toxic epidermal necrolysis (SJS/TEN), SJS/TEN-like reactions, high grade maculopapular and psoriasiform rashes, autoimmune bullous eruptions, drug reaction with eosinophilia and systemic symptoms (DRESS), and acute generalized exanthematous pustulosis (AGEP), which may limit their tolerability and use. It is important to properly identify and treat DAEs to ICB because these DAEs may be associated with positive anti-tumor response and patients may have limited options for alternative anti-cancer therapeutics. In this review, we describe high grade DAEs to increasingly used ICB agents, which target CTLA-4 and PD-1 or its ligand, PD-L1 and enable the immune system to target cancer cells. We further differentiate life-threatening adverse reactions from mimickers and report cases of serious DAEs which have been recorded in association with ICB through the FDA Adverse Events Reporting System (FAERS), which is an archive of adverse events associated with various drugs and therapeutic biologic products reported voluntarily by consumers and healthcare professionals as well as mandatorily by manufacturers. Lastly, we summarize management recommendations for these adverse events and discuss knowledge and evidence gaps in this area.

**Keywords:** toxic epidermal necrolysis (TEN), Stevens-Johnson syndrome (SJS), immune checkpoint blockade (ICB), acute generalized exanthematous pustulosis (AGEP), drug reaction with eosinophilia and systemic symptoms (DRESS), bullous pemphigoid (BP), rash, dermatologic adverse events (DAEs)

## INTRODUCTION

Immune checkpoint blockade (ICB) improves survival in many cancers including melanoma, non-small cell lung, renal cell, breast, and cervical cancers (1–5). However, it is also associated with dermatologic adverse events (DAEs), which may limit its tolerability and use. Although most DAEs are mild or moderate, others may be systemic and even life-threatening. High grade [Common Terminology Criteria for Adverse Events (CTCAE) grade  $\geq 3$ , see **Table 1**] (6) DAEs cover a spectrum of entities, including Stevens-Johnson syndrome and toxic epidermal necrolysis (SJS/TEN), SJS/TEN-like reactions, bullous eruptions, drug reaction with eosinophilia and systemic

**TABLE 1 |** DAE grading (Adapted from the CTCAE Version 5.0) (6).

DAE	Grade	Description
SJS/TEN	3	Skin sloughing <10% body surface area (BSA) + associated signs (mucous membrane detachment, etc.)
	4	Skin sloughing 10–30% BSA (SJS) or ≥30% BSA (TEN) + associated signs
Rash maculopapular	1	Macules/papules covering <10% BSA ± symptoms (pruritus, burning, etc.)
	2	Macules/papules covering 10–30% BSA ± symptoms (pruritus, burning, etc.), limiting instrumental activities of daily living (ADL), or ≥30% BSA ± mild symptoms
	3	Macules/papules covering >30% BSA + moderate/severe symptoms, limiting self-care ADL
Bullous dermatitis	1	Asymptomatic, blisters covering <10% BSA
	2	Blisters covering 10–30% BSA, painful blisters, or limiting instrumental ADL
	3	Blisters covering >30% BSA, limiting self-care ADL
	4	Blisters covering >30% BSA + fluid/electrolyte abnormalities, ICU/burn unit indicated
	5	Death
Other skin disorders (Other DAEs)	1	Asymptomatic or mild symptoms
	2	Moderate; limiting ADL
	3	Severe or medically significant but not life threatening
	4	Life-threatening consequences
	5	Death

symptoms (DRESS), and acute generalized exanthematous pustulosis (AGEP) (7). It is important to properly identify and treat DAEs to ICB because patients often have limited options for alternative anti-cancer therapeutics. In this review, we describe high grade DAEs to ICB, differentiating life-threatening DAEs from mimickers. We also report cases of serious DAEs which have been recorded in association with ICB through the FDA Adverse Events Reporting System (FAERS), which is an archive of adverse events associated with various drugs and therapeutic biologic products reported voluntarily by consumers and healthcare professionals as well as mandatorily by manufacturers.

## IMMUNE CHECKPOINT BLOCKADE

The anti-CTLA-4 monoclonal antibody ipilimumab, anti-PD-1 monoclonal antibodies cemiplimab, nivolumab, and pembrolizumab, and anti-PD-L1 monoclonal antibodies atezolizumab, avelumab, and durvalumab overcome immune checkpoints, allowing the immune system to target cancer cells. These agents are associated with many immune-related DAEs (irDAEs), which tend to develop earlier than non-cutaneous immune-related adverse events (irAEs) (8, 9). Although the most common irDAEs to ICB, such as maculopapular rash, pruritus, and lichenoid dermatoses, may be controlled with topical corticosteroids and oral anti-pruritics, high grade irDAEs may

require prolonged systemic therapy and/or discontinuation of the culprit immunotherapy (10). Importantly, the development of irDAEs has been associated with better overall survival in patients treated with ICB (11).

## TRUE STEVENS-JOHNSON SYNDROME AND TOXIC EPIDERMAL NECROLYSIS

True SJS/TEN has been described in association with ICB, with classic rapid onset and progression and high mortality rates ranging from 10% for SJS to 50% for TEN (10, 12). As of March 2022, 255 cases of SJS/TEN had been reported through FAERS with pembrolizumab, 102 with ipilimumab, 224 with nivolumab, 55 with atezolizumab, 3 with avelumab, 21 with durvalumab, and 4 with cemiplimab. Diagnosis of true SJS/TEN is based on mucocutaneous involvement with supportive histopathological findings. Irregularly shaped dark, dusky macules may spread from the trunk and proximal extremities to the rest of the body. Patients may first present with a prodrome of malaise, followed by mucocutaneous pain as mucosal membranes and skin undergo necrolysis, upper respiratory symptoms, and fever, later developing systemic involvement of the liver, lungs, or gastrointestinal tract (13). Biopsy typically reveals full thickness epidermal necrosis with vacuolar interface changes, cleavage along the dermal epidermal junction, and subepidermal lymphocytes (14).

When SJS/TEN is suspected, urgent dermatologic evaluation is necessary and inpatient admission should be considered and ICB as well as other potential culprit medications should be held (15). Those with widespread mucocutaneous desquamation or life-threatening complications should be admitted to the intensive care or burn unit (16). Skin biopsies should be assessed for full-thickness epidermal necrosis, which is seen in true SJS/TEN and SJS/TEN-like reactions. Management of true SJS/TEN in patients on ICB must include supportive care and ophthalmologic, gynecologic and/or urologic consultations depending on extent and location of mucosal involvement. ICB must be discontinued once true ICB-associated SJS/TEN diagnosis is confirmed. National Comprehensive Cancer Network (NCCN) Guidelines for Management of Immunotherapy-Related Toxicities (version 1.2022) (15) provide recommendations for SJS/TEN management (without differentiating the treatment for both true SJS/TEN and SJS/TEN-like rashes) with prednisone or methylprednisolone 1–2 mg/kg/day and intravenous immune globulin (IVIg) 1 g/kg/day and/or other immunosuppressive therapies, including etanercept and cyclosporine can be considered for true SJS/TEN (15).

## STEVENS-JOHNSON SYNDROME AND TOXIC EPIDERMAL NECROLYSIS-LIKE REACTIONS

Incidence of SJS/TEN-like reactions is not known. Because cases of SJS/TEN in the FAERS database are voluntarily reported





and unverified, they likely include SJS/TEN-like reactions, which mimic SJS/TEN but vary in severity and clinical course. While ipilimumab has not independently been associated with SJS/TEN-like reactions, emerging evidence suggests anti-PD-1/PD-L1 therapies are associated more frequently with SJS/TEN-like reactions (**Figures 1A–C**) than true SJS/TEN (17, 18). Unlike true SJS/TEN, which presents acutely, some SJS/TEN-like reactions to anti-PD-1/PD-L1 blockade progress from mild DAEs over a few to several weeks. Initially, patients may present with a morbilliform eruption, which then turn into targetoid patches and epidermal detachment with associated mucositis. Alternatively, other SJS/TEN-like reactions occur *de novo* late in the course of treatment with anti-PD-1/PD-L1 therapy. In one series of 18 patients, 2 developed SJS/TEN-like reactions *de novo* without preceding rash more than 6 weeks after initiating treatment with

anti-PD-1/PD-L1 blockade (19). These reactions develop weeks to months after initiating treatment (median: 52 days, range: 3–420 days) (14, 20). SJS/TEN-like reactions due to pembrolizumab typically occur later with a median onset of 11 weeks and average of 12.8 weeks after initiation (19). SJS/TEN-like reactions present with a more benign clinical course and favorable treatment response when compared to true SJS/TEN (18). However, concurrent use of multiple ICB agents such as ipilimumab with nivolumab can lead to earlier and more severe DAEs, as seen in one analysis of pooled safety data from 1,551 patients with advanced melanoma (21). SJS/TEN-like reactions may occur concurrently with extra-cutaneous irAEs. In a pooled analysis of three trials of 448 patients with advanced melanoma who received ipilimumab/nivolumab, the most frequently reported irAEs involved skin (64.3%) and GI (46.7%). Thirty percent of

patients developed grade 2–4 irAEs in more than one organ system (22).

Antibiotic use may precipitate SJS/TEN and SJS/TEN-like reactions to ICB. A large retrospective study of 767 patients treated with ICB at a single institution and analysis of 38,705 safety reports of patients receiving anti-PD-1/PD-L1 from FAERS found that irAE potential risks including SJS/SJS-like development was higher in patients who used antibiotics during ICB therapy compared to those who did not (23). ICB may also increase a patient's risk of developing SJS/TEN and SJS/TEN-like reactions to other agents. One series of seven patients who developed SJS-like reactions after anti-PD-1/PD-L1 with or without anti-CTLA-4 blockade found that all patients had received newly initiated drugs such as trimethoprim-sulfamethoxazole and allopurinol before DAE onset. A 2-hit hypothesis may play a part in the explanation for this association: ICB may first modulate the immune system to heighten drug sensitivity and then addition of a second drug/agent can then trigger an SJS-like reaction (18). Therefore, it is important to carefully identify the culprit agent and to differentiate SJS/TEN-like reactions from true SJS/TEN to potentially allow patients to continue therapy with ICB. Interestingly, even after discontinuation of ICB, patients are still at risk for SJS/TEN-like reactions (24, 25). This may be due to the long half-life of ICB and persistent immune activation in the setting of prolonged tumor responses, which has been observed with both anti-PD-1 and anti-CTLA-4 therapy (26).

Although SJS/TEN-like reactions resemble true SJS/TEN on histopathology (**Figure 1D**), with characteristic findings such as full-thickness epidermal necrolysis, subepidermal clefting, and interface dermatitis, severe clinical symptoms such as fever, ocular involvement, and maximal detachment are much rarer and seen in as few as 8% of patients (17).

In the setting of SJS/TEN-like reactions, ICB should initially be held along with other potential culprit medications. Wound care, topical emollients and high-strength topical steroids can be started (27). NCCN Guidelines for Management of Immunotherapy-Related Toxicities (version 1.2022) for SJS/TEN management (without differentiating the treatment for both true SJS/TEN and SJS/TEN-like rashes) with prednisone or methylprednisolone 1–2 mg/kg/day and IVIg 1 g/kg/day and/or other immunosuppressive therapies, including etanercept and cyclosporine can be considered for true SJS/TEN (15). While etanercept, cyclosporine, and/or IVIg are preferred for true SJS/TEN, topical and systemic steroids are typically used as first-line for SJS/TEN-like eruptions; use of cyclosporine, IVIg, and/or targeted therapies including etanercept, infliximab, tocilizumab, dupilumab may also be considered (27–29). For SJS/TEN-like eruptions, rechallenge of ICB may be considered once all skin and extracutaneous involvement resolves to grade  $\leq 1$ , following a multidisciplinary discussion taking into consideration DAE severity, any required concurrent immunosuppressant for DAE management, prior cancer response to ICB, and alternative anti-cancer therapies (18, 30).

## HIGH-GRADE MACULOPAPULAR RASHES

Pruritic, maculopapular rashes are among the most frequent DAEs associated with ICB (10). High grade (grade 3) maculopapular rashes covering  $>30\%$  of total body surface area, which develop a median of 3.6 weeks after initiation of anti-CTLA-4 blockade, have been observed in up to 4% of patients (31). There are 1,190 reported cases of serious maculopapular rashes with pembrolizumab, 1,340 with ipilimumab, 1,934 with nivolumab, 385 with atezolizumab, 32 with avelumab, 122 with durvalumab, and 36 with cemiplimab recorded in FAERS. These maculopapular rashes typically present with numerous coalescing macules and papules and most often affects the trunk and extremities (10). Biopsy reveals interface and perivascular/periadnexal lymphocytic dermatitis with or without eosinophils (32). For high grade maculopapular rashes, NCCN guidelines recommend initial management with holding ICB and applying high potency topical steroids to affected areas. Patients can be given prednisone 0.5–1 mg/kg/day and up to 2 mg/kg/day if there is no improvement. After the rash resolves to grade 1 or 0, prednisone should be tapered over 4–6 weeks and ICB may be re-challenged (15). As a targeted, steroid-sparing agent, tocilizumab, an anti-IL-6R monoclonal antibody that limits Th17 differentiation and pro-inflammatory response, may be considered for persistent maculopapular rashes (32). Dupilumab, an anti-IL-4R $\alpha$  monoclonal antibody that blocks signaling in Th2 pathways implicated in eczema and itch, may be considered for eczematous DAEs and for pruritus (30, 32). Omalizumab has also been shown to relieve pruritus with increased IgE (33). Per NCCN Guidelines for Management of Immunotherapy-Related Toxicities (version 1.2022), gabapentinoids, aprepitant, and narrow-band UVB phototherapy may also be considered for persistent and severe pruritus (15).

## DRUG REACTION WITH EOSINOPHILIA AND SYSTEMIC SYMPTOMS

While classic DRESS is rare to ICB, patients commonly present with generalized maculopapular rash, fever, and concurrent extracutaneous irAEs (transaminitis, azotemia, and colitis) mimicking classic DRESS. While rarely reported in literature (34–37), FAERS has records of 24 reported cases of DRESS with pembrolizumab, 46 with ipilimumab, 89 with nivolumab, 6 with atezolizumab, 1 with avelumab, 3 with durvalumab, and 1 with cemiplimab. In classic DRESS, grade 2 eosinophilia ( $\geq 1,500 \mu\text{L}^{-1}$ ) is present in up to 81% of cases and grade 1 eosinophilia ( $700\text{--}1,499 \mu\text{L}^{-1}$ ) in 14% of cases (38); however, eosinophilia is less frequently observed in irDAEs, in about 51% (32). Histopathology of the morbilliform eruption of DRESS is often non-specific and may demonstrate features such as interface dermatitis that is present in various dermatoses (16). To manage ICB-DRESS, the culprit ICB should be held initially. Due to systemic involvement, high-dose and prolonged courses of corticosteroids may be



required, with a slow 6- to 8-week taper after ICB-DRESS resolution. Anti-TNF- $\alpha$ , tocilizumab, and dupilumab may be considered as a steroid-sparing, precision medicine approach (16, 30, 37).

## ACUTE GENERALIZED EXANTHEMATOUS PUSTULOSIS

Acute generalized exanthematous pustulosis (AGEP) is an extremely rare DAE to ICB, characterized by small sterile pustules and edematous erythema. FAERS includes 11 reported cases of AGEP with pembrolizumab, 4 with ipilimumab, 6 with nivolumab, and 8 with atezolizumab. No cases of AGEP have been recorded with avelumab, durvalumab, or cemiplimab. Diagnosis is based on clinical and histopathological findings. AGEP has an acute onset, typically within 48 h of starting a new drug, and may have spontaneous rapid resolution (16, 39, 40). Biopsy reveals subcorneal pustules and subepidermal mixed cellular infiltrates with eosinophils (39, 41). Management of AGEP includes holding ICB and a combination of topical and systemic corticosteroids (oral prednisone 0.5–1 mg/kg/day (7, 16). After multi-disciplinary discussion, ICB may be resumed once AGEP has resolved to grade  $\leq 1$ .

## BULLOUS PEMPHIGOID, LICHEN PLANUS PEMPHIGOIDES, AND BULLOUS LICHEN PLANUS

Although rare with anti-CTLA-4 blockade, bullous disorders secondary to anti-PD-1/PD-L1 therapies have been reported with increasing frequency and may become severe. Through FAERS, 204 cases of bullous dermatitis, autoimmune blistering disease, pemphigoid, or generalized bullous fixed drug eruption have been reported with pembrolizumab. Eighty-nine cases have been reported with ipilimumab, 479 with nivolumab, 41 with atezolizumab, 5 with avelumab, 44 with durvalumab, and 16 with cemiplimab.

Bullous pemphigoid (BP) (**Figure 2**) is the most frequently reported bullous disorder relating to anti-PD-1/PD-L1 blockade, and often presents with prodromal or concurrent pruritus. BP commonly develops as a delayed DAE, appearing >4 months after starting anti-PD-1/PD-L1 blockade (10). BP associated with anti-PD-1/PD-L1 blockade appears to present in younger patients (median age 74 years, range: 50–93 years) and affects the mucosal membranes more frequently (in 38.1% of patients on anti-PD-1/PD-L1 blockade) than idiopathic BP (42). In one study, subepidermal blisters were seen in 81% and eosinophilic infiltrate in 82% of anti-PD-1/PD-L1 blockade associated BP cases on histopathology. Direct immunofluorescence was positive in 79% of cases for IgG deposition and 80% for C3 deposition at the basement membrane zone of the dermal-epidermal junction. BP180 and BP230 antibodies were elevated on serology in 61 and 13% of cases, respectively (42).

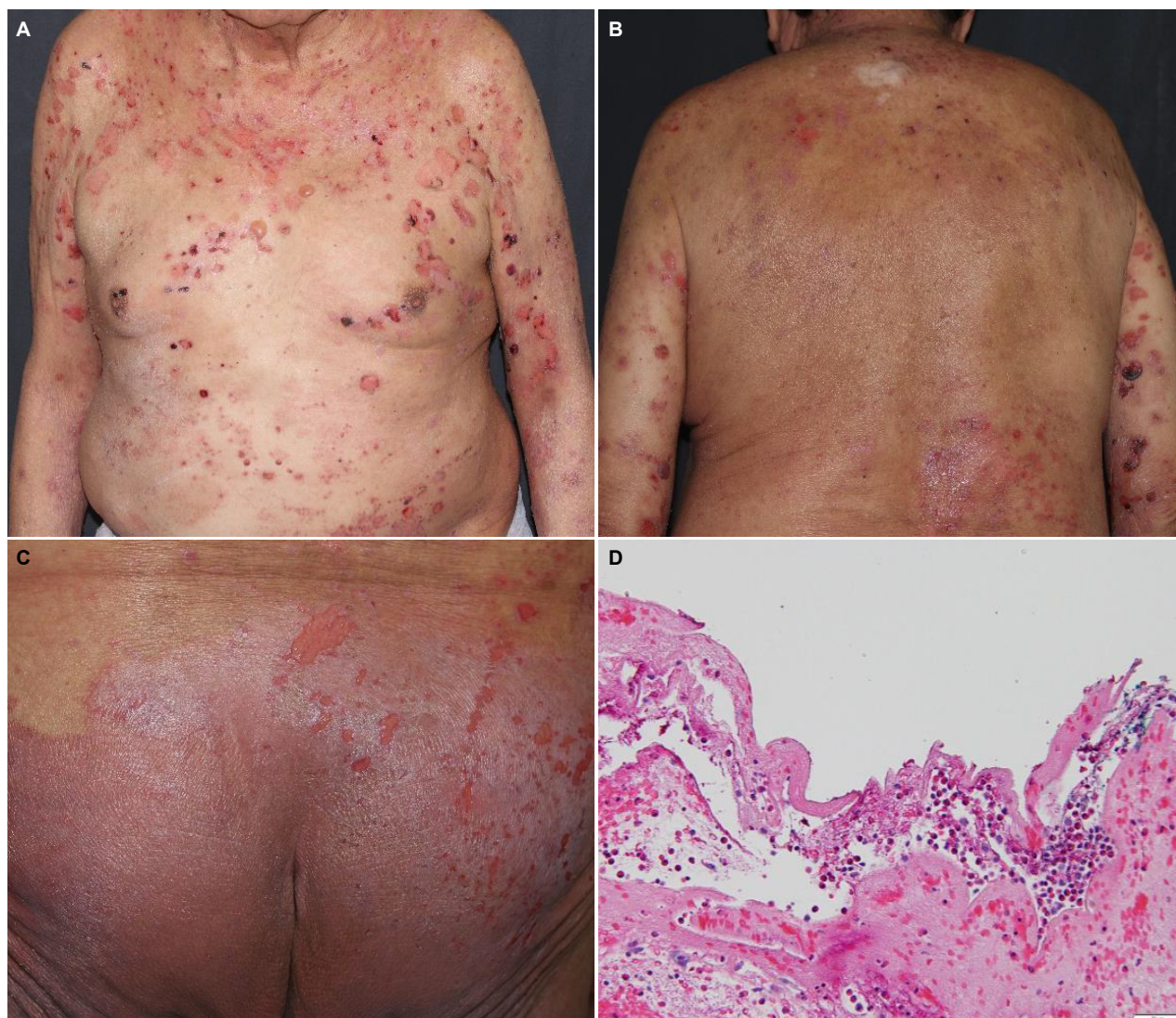
Compared to idiopathic BP, BP secondary to ICB may be more difficult to diagnose and manage (43). Serology with elevated

BP180 antibodies and biopsy with direct immunofluorescence showing IgG and C3 deposition at the basement membrane zone of the dermal-epidermal junction are suggestive of BP (42). Unlike idiopathic BP which generally responds well to systemic steroid treatment, BP from ICB may be systemic steroid-refractory (44). CTCAE grade 1/2 BP in patients on ICB can be managed with high-dose topical steroids and low-dose systemic steroids. In more severe or refractory cases, systemic steroids can be increased to 0.5–1 mg/kg/day (28, 45). In one review, BP from ICB required discontinuation of ICB in 76% of cases (46). In lieu of continued systemic steroid use or for steroid-refractory cases, rituximab, intravenous immune globulin (IVIg), omalizumab, dapsone, dupilumab, or methotrexate can be considered (28, 47, 48).

Other high grade bullous disorders from ICB which have been less frequently observed include blistering lichenoid reactions, such as lichen planus pemphigoides and bullous lichen planus (49–51). Lichen planus pemphigoides presents with clinical features of both BP and lichen planus, with oral involvement in up to half of cases. Histopathological features can include lymphocyte-rich subepidermal bullae with margins exhibiting features of lichen planus including colloid bodies or focal vacuolar degeneration. As in BP, direct immunofluorescence can show IgG and C3 deposits along the basement membrane (49). In cases of bullous lichen planus associated with ICB, patients may present initially with lichenoid plaques that blister with onset time ranging from 3 to 8 months. Histopathology demonstrates lymphocytic infiltrate, as in lichen planus. Direct immunofluorescence may show non-linear IgM and C3 colloid bodies at the dermal-epidermal junction and BP180 antibodies are not expected to be elevated (51). Treatment of lichen planus pemphigoides in the setting of ICB can include topical steroids, systemic steroids, dupilumab, and rituximab, IVIg, as in BP (49). For CTCAE grade  $\geq 3$  lichenoid eruptions, biologics including infliximab and tocilizumab may be considered (10). For steroid-refractory bullous lichenoid DAEs, treatment with cyclosporine to inhibit T-cell activation may be used (52).

## HIGH GRADE PSORIASIFORM DERMATOLOGIC ADVERSE EVENTS

High grade psoriasiform DAEs to anti-CTLA-4 and anti-PD-1/PD-L1 blockade have been widely reported in the literature (53–56). In FAERS, 152 cases of psoriasiform DAEs have been recorded in association with pembrolizumab, 40 with ipilimumab, 243 with nivolumab, 57 with atezolizumab, 5 with avelumab, 24 with durvalumab, and 4 with cemiplimab. In one study of 21 patients, 72% had a pre-existing history of psoriasis (53). Psoriasiform DAEs subtypes included plaque (53.3%), scalp (20.0%), guttate (20.0%) psoriasis, or seborrheic dermatitis (6.8%) (53). Onset from ICB initiation to psoriasis development is  $90.5 \pm 77.7$  days for new-onset psoriasis and  $32.8 \pm 21.8$  days for flares of pre-existing psoriasis (53). In a multicenter study of 76 patients with pre-existing psoriasis and various malignancies treated with ICB, 43 (57%) patients had a psoriasis



**FIGURE 2 |** Bullous pemphigoid with tense bullae and erosions on the (A) trunk, (B) back, and (C) buttocks. (D) Subepidermal vesicular dermatitis with abundant eosinophils and fibrin. Direct immunofluorescence studies revealed linear deposits of IgG, IgG4 and C3 at the basement membrane zone of the dermal-epidermal junction, focal deposits of fibrin in the reticular dermis and deposits of fibrin in the debris within the cleft.

flare after a median of 44 days after ICB initiation. Seven patients experienced grade 3–4 psoriasiform DAEs and 16 (21%) required systemic therapy. Of the 15 patients with pre-existing psoriatic arthritis prior to ICB, 6 experienced arthritis flares (56). Notably, progression-free survival was significantly longer in patients who experienced a psoriasis flare compared to those who did not (39 vs. 8.7 months,  $p = 0.049$ ) (56). When biopsied, psoriasiform DAEs show parakeratosis, diminished granular layers, and acanthosis, with varying concomitant spongiosis (14).

Psoriasiform DAEs are thought to develop due to upregulation of Th17 lymphocytes as a result of PD-1 blockade (28). Therefore, in addition to holding ICB and using topical steroids, targeted management for psoriasiform DAEs and psoriasis flares includes anti-IL-12/23, anti-IL-23, and anti-IL-17 inhibitors, or apremilast

(28, 32). **Table 2** summarizes management of the aforementioned high grade DAEs associated with ICB.

## DISCUSSION

True SJS/TEN due to ICB may be overdiagnosed (17) due to the similarity with and novelty of SJS/TEN-like reactions. Because SJS/TEN-like reactions to ICB present variably along a clinical spectrum, they have been described by various terms including: high grade lichenoid dermatosis or unclassified dermatosis (17), lichenoid mucocutaneous eruptions (57), and progressive immunotherapy-related mucocutaneous eruption (PIRME) further complicating definitive diagnosis of this pattern of reactions (18). Differentiating true SJS/TEN from DAE

**TABLE 2 |** Management of high grade DAEs.

	ICB rechallenge	Recommendations	Level of evidence (66)
True SJS/TEN	Contraindicated	Stop ICB Supportive care (hydration, electrolyte management, nutrition, etc.) Dermatologic, ophthalmologic, gynecologic, and/or urologic consultations Hospital, intensive care unit, or burn unit admission for widespread desquamation and life-threatening complications Etanercept, cyclosporine, and/or IVIg	I (16, 27, 28, 37)
SJS/TEN-Like reactions	May be considered	Hold ICB Dermatologic evaluation Begin methylprednisolone/prednisone (1–2 mg/kg/day) and/or steroid-sparing therapies such as etanercept, cyclosporine, tocilizumab and/or IVIg	IV (17, 18)
Maculopapular rash	May be considered	Hold ICB High potency topical corticosteroids to affected areas on body; low potency topical corticosteroids to face/folds Prednisone 0.5–1 mg/kg/day Consider inpatient care For pruritus, consider gabapentinoids, aprepitant, dupilumab, omalizumab, or narrow-band UVB phototherapy	I (15)
DRESS	May be considered	Hold ICB Dermatologic evaluation High-dose and prolonged courses of oral or intravenous corticosteroids with slow taper Addition of steroid-sparing therapies such as anti-TNF- $\alpha$ , tocilizumab, dupilumab	I (16, 27, 37)
Bullous pemphigoid and lichen planus pemphigoides	May be considered	Hold ICB until grade $\leq 1$ High potency topical corticosteroids twice daily Prednisone 0.5–1 mg/kg/day for grade $\geq 2$ reactions For steroid-refractory or grade $\geq 3$ reactions consider: Rituximab (375 mg/m <sup>2</sup> weekly $\times$ 4 weeks) $\pm$ IVIg (1 g/kg every 4 weeks) Omalizumab (300 mg every 4 weeks) Dapsone (starting dose 25 or 50 mg daily) Dupilumab (600 mg loading dose, then 300 mg every other week) Methotrexate (15–25 mg daily with folic acid supplementation)	I (10, 28, 47, 48)
Psoriasiform DAEs	May be considered	Hold ICB until grade $\leq 1$ Topical corticosteroids Consider targeted biologics including anti-TNF- $\alpha$ , anti-IL-12/23, anti-IL-23, anti-IL-17, or apremilast Consider systemic retinoids (acitretin)	I (10, 15, 56)

mimickers is integral to a patient's cancer care, as emerging evidence suggests that although ICB challenge should not be attempted in cases of true SJS/TEN, it may be achievable after SJS/TEN-like reactions have improved (18).

Best management strategy for ICB-associated DAEs requires ongoing investigation. Evidence regarding the safety of systemic steroids for irDAE management is conflicting. Importantly, the risks and benefits of systemic corticosteroids for the management of high grade DAEs must be carefully weighed, as there is mixed evidence that systemic corticosteroid use may dampen the antitumor effects of ICB. Specifically, in patients treated with ipilimumab for melanoma, use of high-dose systemic corticosteroids was associated with significantly shorter overall survival and the time to treatment failure compared to use of low-dose corticosteroids (58). Similarly, in a study of patients treated with ICB for non-small cell lung cancer, use of systemic corticosteroids at the time of ICB initiation was significantly associated with decreased progression-free survival and overall survival (59). However, a pooled analysis of multiple phase III trials of nivolumab for advanced melanoma found no difference in objective response rates between patients who received systemic corticosteroids or

other suppressive immune-modulating agents and those who did not (60).

Although steroids are currently the initial therapy for many cutaneous and extracutaneous ICB toxicities, there is increasing support for tailored approaches that account for clinical presentation and circulating biomarkers (61). In patients with DAEs associated with ICB, IL-6 has been found to be elevated in 52% of 65 patients, elafin in 30% of 43, IL-8 in 25% of 20, IgE in 24% of 101, and IFN- $\gamma$  in 23% of 26 patients. Notably, serum IgE levels also correlate with DAE severity (32). In hospitalized cancer patients with high grade DAEs, elevated elafin, IL-6, and TNF- $\alpha$  were shown to be associated with higher all-cause mortality. As such, tocilizumab, an anti-IL-6 agent, was recently investigated and shown to be effective for management of ICB toxicities across various organ systems in 86% of 91 cancer patients without disease progression (62). Median resolution of ICB toxicity after tocilizumab initiation was 6.5 days (63). In patients with high grade DAEs associated with ICB and elevated IL-6, tocilizumab is a promising steroid-sparing agent (64). As precision medicine with targeted biologics continues to develop, future research is needed to determine its utility in the management of DAEs. In oncodermatology, continued research



to explore cytokines associated with poor outcomes in cancer patients as potentially useful therapeutic targets is important (65).

Through data from the FAERS database, we show that high grade DAEs such as SJS/TEN to immunomodulatory agents are not uncommon. We expect that as these innovative anti-cancer therapies continue to be used and as new ones develop, more patients will develop high grade DAEs. Familiarization with high grade DAEs and understanding of how to manage these will result in better outcomes through prompt management of patients with life-threatening cutaneous adverse reactions such as SJS/TEN, DRESS, and AGEF, and ability to rechallenge and continue ICB in patients with mimickers of SJS/TEN such as SJS/TEN-like reactions, bullous pemphigoid, lichenoid planus pemphigoides, and bullous lichen planus. Further research must be done not only to better delineate the high grade

DAEs associated with ICB use but also to identify effective management strategies via precision medicine that do not reduce ICB efficacy.

## AUTHOR CONTRIBUTIONS

AK and AM contributed to all parts of the conception, design, and writing of the manuscript. Both authors contributed to the article and approved the submitted version.

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# Scoring Assessments in Stevens-Johnson Syndrome and Toxic Epidermal Necrolysis

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Epidermal necrolysis, the unifying term for Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN), is a severe cutaneous drug reaction associated with high morbidity and mortality. Given the rarity of this disease, large-scale prospective research studies are limited. Significant institutional and geographical variations in treatment practices highlight the need for standardization of clinical assessment scores and prioritization of research outcome measures in epidermal necrolysis. At the present, clinical assessment is typically simplified to total body surface area (BSA) involvement, with little focus on morphology. Validated clinical scoring systems are used as mortality prognostication tools, with SCORTEN being the best-validated tool thus far, although the ABCD-10 has also been recently introduced. These tools are imperfect in that they tend to either overestimate or underestimate mortality in certain populations and are not designed to monitor disease progression. Although mortality is often used as a primary endpoint for epidermal necrolysis studies, this outcome fails to capture more nuanced changes in skin disease such as arrest of disease progression while also lacking a validated skin-directed inclusion criterion to stratify patients based on the severity of skin disease at study entry. In addition to mortality, many studies also use BSA stabilization or time to re-epithelialization as endpoints, although these are not clearly defined morphologically, and inter- and intra-rater reliability are unclear. More specific, validated cutaneous assessment scores are necessary in order advance therapeutic options for epidermal necrolysis. In this review, we summarize the strengths and weaknesses of current clinical assessment practices in epidermal necrolysis and highlight the need for standardized research tools to monitor cutaneous involvement throughout the hospitalization.

**Keywords:** SJS/TEN, scoring assessment, drug reaction, epidermal necrolysis, dermatology

## INTRODUCTION

Epidermal necrolysis, the unifying term for Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN), is a severe cutaneous drug reaction associated with high morbidity and mortality (1–3). It is considered to be the most life-threatening dermatologic disease with a mortality incidence of 15% overall, and up to 50% in the elderly (4, 5). Increasing recognition is also being given to the long-term multisystem sequelae of epidermal necrosis present in the majority

of survivors, including permanent mucosal damage, cutaneous dyspigmentation and scarring, and resultant mental illness (5). Despite its severity, epidermal necrosis has no FDA-approved therapeutics in use. Treatment, including no treatment, varies significantly by physician specialty, institutional geography, and institutional experiences. In this review, we summarize the strengths and weaknesses of current clinical assessment practices epidermal necrolysis and highlight the need for standardized research tools to monitor cutaneous involvement throughout hospitalization. More specific, validated cutaneous assessment scores are necessary to appropriately risk-stratify patients on study entry, assess skin disease change in response to treatment, and ultimately advance therapeutic options for epidermal necrolysis.

**STRENGTHS AND WEAKNESSES OF SCORTEN**

**The Creation of SCORTEN and External Validation**

The severity-of-illness score for TEN (SCORTEN) is a mortality prognostication tool for epidermal necrolysis (1). It was developed in 2000 by a team in France, using 165 patients to identify significant variables via a logistic regression model and 75 patients to internally validate the results (1). From this model, the researchers identified seven equally weighted parameters that are risk factors for death: age >40 years, malignancy, heart rate >120 beats per minute, initial percentage of epidermal detachment >10%, serum urea >10 mmol/L, serum glucose >14 mmol/L, and bicarbonate <20 mmol/L (score range: 0–7, **Table 1**). Collectively, these comprise the SCORTEN, which can predict risk of mortality ranging from 3.2 to 90.0%. Originally, this score was meant to be calculated once within 24 h of admission. Despite this initial intent, authors from this group later published an analysis that demonstrated SCORTEN performance on the first 5 days of hospitalization remained high (and performed even better on day 3), and thus recommended SCORTEN calculation on both days 1 and 3 (6).

In the two decades following its conception, SCORTEN has been widely used and validated in patient populations around the world. In an effort to summarize its use over the past two decades, a group of researchers performed a meta-analysis to better understand the accuracy of SCORTEN in predicting mortality (7). Overall, 64 studies were included. SCORTEN was found to be an overall good predictor of mortality but tends to underestimate mortality for values <3 and overestimate for values >3. Certain factors were associated with reduced predictive accuracy, such as mean age of patients and ending year of the study. SCORTEN tended to underestimate mortality in older cohorts of patients and overestimate mortality in more recent studies. BSA involvement may influence SCORTEN predictiveness, although the results are more varied. One study found that SCORTEN underestimated mortality for a cohort of patients with TEN (BSA > 30%) (8), but another study found SCORTEN retained good predictive ability in burn center patients (9).

**Critiques of SCORTEN and Attempts at Modified SCORTEN Models**

Perhaps the most common criticism of SCORTEN is that it simplifies continuous and dynamic biologic measurements into dichotomous variables, thereby losing a significant amount of information in the process, particularly in the skin assessment which does not regard morphology or locations. Additionally, SCORTEN was originally meant to be used at a single timepoint rather than as a daily monitoring tool. Interestingly some studies have found that either delayed or sequential use of SCORTEN provides improved prognostication (6, 10). Another common concern is that defining BSA remains somewhat subjective, and may vary from one provider to another depending on how BSA involvement is estimated and whether the provider measures only desquamated skin vs. skin with bullae.

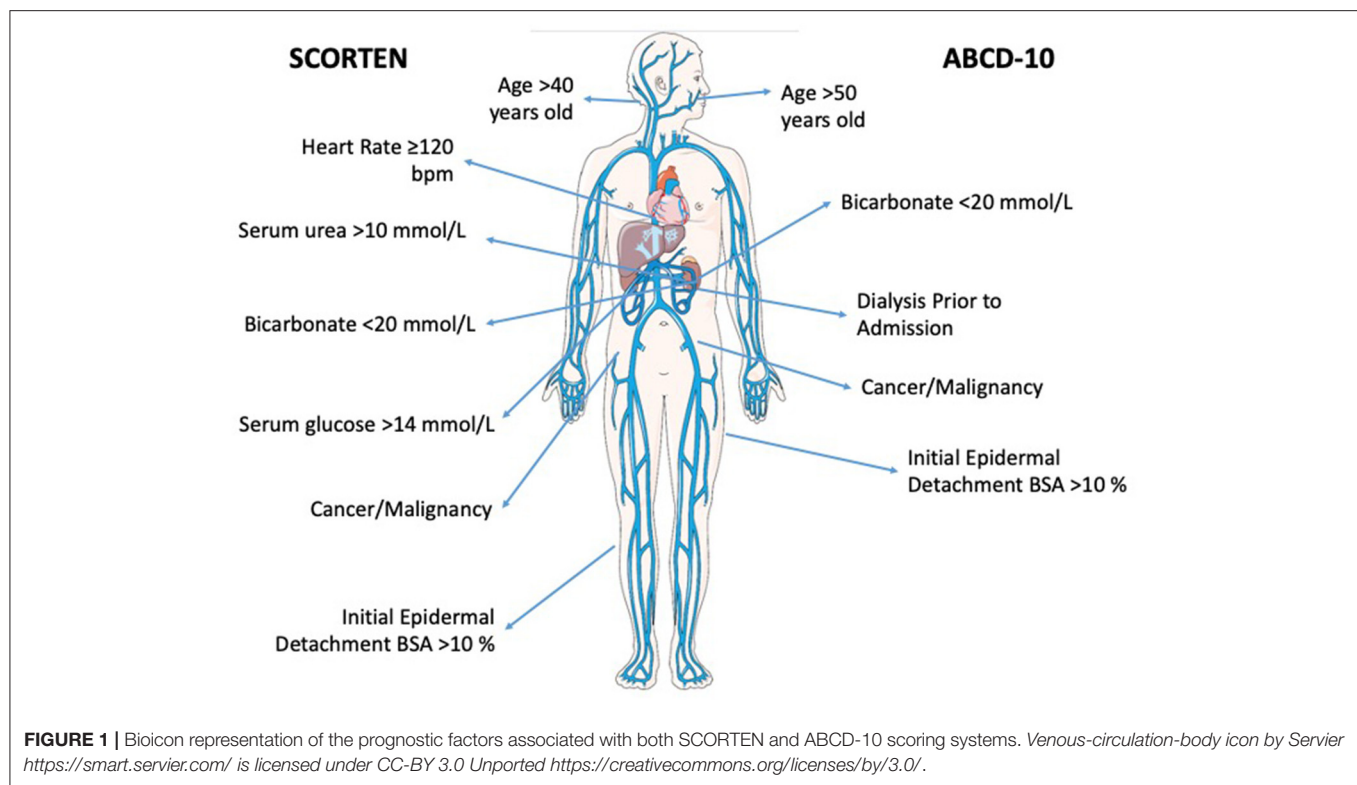
In response to this, a group of researchers designed a refined model from 369 patients in the RegiSCAR study that they termed the auxiliary score which scores both age and BSA differently (11). The auxiliary score divides age into three groups (31–55, 56–75, and ≥75 years). The score additionally uses a higher cutoff

**TABLE 1 |** Comparison of mortality prognostic tools ABCD-10 and SCORTEN.

ABCD-10		SCORTEN	
Age >50 years old	1 point	Age >40 years old	1 point
Bicarbonate <20 mmol/L	1 point	Malignancy	1 point
Cancer/Malignancy	2 points	Heart Rate >120 beats per minute	1 point
Dialysis prior to admission	3 points	Initial Epidermal Detachment BSA >10%	1 point
Initial Epidermal Detachment BSA ≥10%	1 point	Serum urea >10 mmol/L	1 point
		Serum glucose >14 mmol/L	1 point
		Bicarbonate <20 mmol/L	1 point
<b>Score Range: 0–8</b>		<b>Score Range: 0–7</b>	

A SCORTEN score of 0–1 predicts a mortality rate of 3.2%, a score of 2 as 12.1%, score of 3 as 35.3%, a score of 4 and 54.3 and a score ≥5 as 90%. An ABCD-10 score of 0 predicts a mortality rate of 2.3%, a score of 1 as 5.4%, a score of 2 as 12.3%, a score of 3 as 25.5%, a score of 4 as 45.7, a score of 5 as 67.4 and a score of 6 as 83.6.





to differentiate between BSA involvement at  $>30\%$ . Some studies have found that models that differentiate between BSA  $>30\%$ , as in TEN, may have better prognostic ability (8, 10, 11). However, authors of the auxiliary score concluded that SCORTEN should remain the model of choice in the clinical setting, whereas the auxiliary score may be useful in retrospective research with missing biochemical data.

The role of other biochemical markers in predicting mortality risk has also been investigated. A group recently found that the ratio of red cell distribution width to hemoglobin (RDW/Hb) is predictive of mortality (12). They incorporated this value into the SCORTEN and named this new model the Re-SCORTEN. Overall, they found improved mortality prognostication with this revised model as compared to SCORTEN alone, but this scoring model has not yet been validated in other populations.

Despite these critiques, SCORTEN has remained the gold standard for not only predicting patient mortality, but is also frequently used in study outcomes to compare therapy efficacy by survival to expected mortality, as well as compare quality of care between institutions (13, 14).

## STRENGTHS AND WEAKNESSES OF ABCD-10

### The Creation of ABCD-10

Another recently devised mortality prognostication tool for epidermal necrolysis is ABCD-10. The ABCD-10 is calculated using the following metrics: age over 50 years (one point), bicarbonate level  $<20$  mmol/L (one point), cancer present and

active (two points), dialysis prior to admission (3 points), and epidermal detachment  $\geq 10\%$  body surface area on admission (one point) (Table 1) (13). Despite its recency in development, ABCD-10 offers many strengths when assessing patients with epidermal necrolysis. In comparison to SCORTEN, ABCD-10 takes includes patients with end stage renal disease (using prior dialysis as a proxy) and more heavily weighs cancer diagnosis (Figure 1). Authors of ABCD-10 discovered that undergoing dialysis prior to admission was associated with a more than 15-fold increased risk of death in comparison to those not undergoing dialysis (13). In additional studies since its inception, ABCD-10 has been validated in external cohorts as having good discriminatory capability similar to that of SCORTEN (15). With continuing advances in supportive care and intensive treatments, as well as varying treatment protocols across institutions, ABCD-10 is a great step toward improving prognostic information of epidermal necrolysis patients.

### Comparing SCORTEN vs. ABCD-10

While ABCD-10 has good discriminatory ability, multiple studies have showed that it underperforms in comparison to SCORTEN (3, 7, 15, 16). Specifically, one retrospective cohort study in Singapore found that in both patients treated with supportive care or immunomodulatory therapy, ABCD-10 underestimated mortality at lower score ranges and overestimated mortality at higher score ranges (15). Authors of another large retrospective study in the United States postulated that ABCD-10 underperformed SCORTEN due to the lower rates of dialysis and cancer in their population (3).

**TABLE 2 |** Endpoints in trials registered at ClinicalTrials.Gov for epidermal necrolysis interventions.

ClinicalTrials.Gov ID	Intervention	Primary Outcome	Secondary Outcome(s)
NCT01696500 (17)	Intravenous immunoglobulin (IVIg)	1. Disease evaluation score	1. Disease evaluation score 2. Avulsed skin area 3. Erythematous area
NCT03585946 (18)	Cyclosporine vs. IVIg vs. etanercept vs. steroids	1. Mortality 2. Time to cessation of new lesion formation 3. Time to re-epithelialization 4. Hospital length of stay	
NCT02987257 (19)	Cyclosporine vs. etanercept vs. placebo	1. Time to complete re-epithelialization	1. Time to halting of progression of SJS/TEN skin disease 2. Mortality 3. Actual mortality vs. expected mortality 4. Ocular involvement 5. Infections 6. Hospital length of stay 7. Proportion of patients with adverse events due to assigned treatment arm
NCT02795143 (20)	Isotretinoin vs. supportive care	1. Number of days of hospitalization	1. Percent of body surface area affected
NCT02739295 (21)	G-CSF vs. placebo	1. Time for healing 2. Changes in immunohistologic typing 3. Neutrophilic count	1. WBC count 2. WBC formula
NCT04651439 (22)	G-CSF vs. placebo	1. Arrest of progression at day 5	1. Arrest of progression 2. Complete re-epidermization 3. 30-day survival 4. 1-year survival 5. Duration of hospitalization 6. Premature discontinuation of experimental treatment 7. Adverse events 8. Use of systemic corticosteroid therapy 9. Specialty follow-up 10. Quality of life evolution 11. Risk of developing PTSD
NCT04711200 (23)	Adipose derived stromal cells injected IV	1. Safety: observation of at least one adverse effect 2. Efficacy: rate of complete or almost complete re-epithelialization	1. Rate of observed and predicted death by SCORTEN 2. Duration of hospitalization according to historical cohort related to BSA involved 3. Duration of hospitalization according to historical cohort related to onset of the disease 4. Duration of hospitalization according to historical cohort related to SCORTEN 5. Duration of each mucous membranes healing 6. Rate of sepsis 7. Rate of intensive care transfer 8. Rate of sequelae 9. Th1/Th2 immune response in the peripheral blood of the patients 10. Evaluation of expression profile of Th1/Th2 associated chemokines and anti-inflammatory chemokines in the peripheral blood 11. Epidermal chimerism study on healed skin biopsy 12. Cutaneous re-epithelialization rate

*Inclusion criteria included trials enrolling only patients with a diagnosis of SJS or TEN. Exclusion criteria were trials evaluating only organ specific interventions (e.g., ophthalmologic interventions) or trials that were withdrawn.*

Furthermore, some researchers have suggested that SCORTEN already adequately captures kidney disease as a co-morbidity by included serum urea and bicarbonate levels, given evidence of multicollinearity between dialysis and serum bicarbonate levels (15).

Further studies are needed to better understand the applicability of ABCD-10. Still, it is limited in its usefulness in epidermal necrolysis assessment, as it cannot be used to monitor cutaneous involvement throughout hospitalization and responsiveness to treatment.

## CLINICAL ENDPOINTS

While SCORTEN and ABCD-10 are commonly used mortality prognostication tools for epidermal necrolysis, to determine therapeutic efficacy, other clinical endpoints are needed to monitor disease response to interventions. Formal endpoints in clinical trials for patients with epidermal necrolysis have not been standardized. A query of the ClinicalTrials.Gov database for trials evaluating interventions for patients with epidermal necrolysis demonstrated high variability in primary and secondary outcomes (Table 2). Overall, outcomes among clinical trials and retrospective studies are generally grouped into three categories: (1) the standardized mortality ratio, (2) clinical outcomes, and (3) cutaneous response to treatment.

### The Standardized Mortality Ratio

One of the most common primary endpoints utilized in epidermal necrolysis studies is the standardized mortality ratio (SMR), defined as the ratio of observed deaths in comparison to deaths predicted by SCORTEN (13, 24–28). For example, a retrospective cohort analysis on 377 patients across multiple institutions in the United States stratified SMR by therapeutic approach, and demonstrated that combination of intravenous immunoglobulin and steroid use led to the lowest SMR of 0.52 [95% confidence interval (CI) 0.21–0.79] (27). However, the SMR for all patients in this cohort was 0.70 (95% CI 0.58–0.79), suggesting that SCORTEN as a whole overestimated mortality risk in this patient cohort. This has been reflected in other studies that use the SMR (29).

### Clinical Outcomes

Many studies commonly employ basic clinical outcomes, such as length of stay, development of sepsis, and mortality. In a systematic review of the efficacy of intravenous immunoglobulin in the treatment of epidermal necrolysis, clinical endpoints were defined as mortality rates, length of hospital stay, time to disease cessation, and time to skin healing (30). A recent European multicenter study sought to assess overall treatment approaches including supportive care only as the reference group and the treatment groups were systemic glucocorticoids, cyclosporine, intravenous immunoglobulin, and antitumor necrosis factor agents (2). This study classified outcomes as risk of infection, body surface area detachment in the acute phase, and an overall 6-week mortality rate between treatment groups (2). Furthermore, participants were also evaluated for long-term outcomes defined as the development of severe acute complications which included septicemia, acute kidney injury, pulmonary infection, or respiratory distress requiring mechanical ventilation (2). While some of these outcomes are standard clinical outcomes including complicating infections, others are more specific to the disease and lack the validation to confirm their utility such as time to disease cessation, skin healing, and body surface area detachment in the acute phase.

Disease severity is also utilized as an outcome measure, with severity measurements varying between studies. In a study assessing burn unit transfers, disease severity was classified as total body surface area as well as the Acute Physiology and Chronic Health Evaluation (APACHE) score (31). Conversely,

other trials utilized their own severity illness scores by developing rating scales which combined lesion characteristics and patient general conditions (32). While these assessments are commonly used for burn and ICU patients, they are of uncertain utility as a primary outcome measure for an intervention to be beneficial.

### Cutaneous Outcome Measures

In addition to mortality and systemic disease severity as primary endpoints, cutaneous signs are an important outcome measure. The most frequently used cutaneous outcomes include time to skin re-epithelialization and body surface area stabilization from the acute phase. However, there are no standardized morphological assessments for cutaneous resolution of the acute phase and therefore, these outcomes are subject to provider bias and unclear validity. Furthermore, these cutaneous endpoints are not sensitive to special site areas such as the mucous membranes. As alluded to previously, subjectivity also arises in grading of BSA involvement. Some studies utilized a cutaneous measure of total BSA of detached and detachable skin (25, 30) that did not include strictly purpuric lesions, while another study defined cutaneous endpoints as the onset of spontaneous resolution of the acute phase (33). Clearly, more discrete skin scoring assessments and instruments are necessary to be validated for the success of future clinical studies in this disease. Further, improved cutaneous scoring assessments are critical not only as an outcome measure, but as an entry criterion for research studies to ensure balanced randomization across institutions.

## CONCLUSION

The lack of standardized endpoint measures in epidermal necrolysis is a significant barrier in the development of regulatory approved therapies. At the current time, there exists a paucity of drugs, wound care, and supportive care regimens that lack strong evidence for efficacy for treating this disease. Efforts to improve treatment options and reduce mortality require standardized clinical outcomes that are more finely tuned to risk-stratifying patients at entry, then detecting treatment response. Recently some there have been some attempts at standardization of quantitative endpoints via a survey that identified minimally clinical important differences (MCID), defined as the smallest change in a treatment outcome that a patient or clinician would identify as important and indicate a change in management (34).

Further work is required on standardizing outcome measures and validating skin assessments. We recommend the development of a consensus morphological assessment of cutaneous morphologies and locations of involvement, from which cutaneous endpoints can be reliably measured. Without these standardizations, therapeutic treatments and interventions will remain limited with a bias toward lack of intervention efficacy.

## AUTHOR CONTRIBUTIONS

AD, SH, MW, and BK contributed to the writing of the manuscript. AD and BK prepared the final manuscript. All authors contributed to the article and approved the submitted version.

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# Stevens Johnson Syndrome: Past, Present, and Future Directions Gynecologic Manifestations and Management in SJS/TEN

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Stevens Johnson Syndrome (SJS) and Toxic Epidermal Necrolysis (TEN) are severe mucocutaneous hypersensitivity disorders characterized by sudden onset epidermal necrosis. Acute manifestations of SJS/TEN often include vulvovaginal erosions, ulcerations, vaginal discharge, bleeding, vaginal pain, dysuria, and urinary retention. If not treated, this can lead to complications such as vulvovaginal adhesions, vaginal stenosis or dryness, pain, dyspareunia, bleeding, and adenosis. Even with adequate treatment, there are lasting impacts including difficulty with vaginal exams and psychological distress. Early recognition and treatment of vulvovaginal involvement are crucial to preventing severe sequelae. Despite the potentially devastating consequences of genitourinary involvement of SJS/TEN, involvement of the mucocutaneous surfaces of the vulva and vagina is inconsistently documented, and protocols for treatment and follow-up are not well-established. The treatment of vulvovaginal involvement relies largely on expert opinion, and there is little data on the efficacy of suggested management. The goal of this review was to identify whether establishing a clinical pathway increased treatment of vulvovaginal SJS/TEN and to optimize our standardized protocol to prevent genitourinary sequelae.

**Methods:** We conducted a retrospective chart review of female patients with SJS/TEN at Harborview Medical Center, University of Washington from 2008 to 2021. Demographic and clinical data including gynecologic consultation, exam findings, treatment regimens, and outpatient follow-up were collected from the electronic medical record. We compared data before and after implementation of a clinical care pathway in 2017.

**Results:** We reviewed a total of 88 charts of women with possible SJS/TEN between 2008 and 2021. Of these 88 charts, 77 were found to have clear biopsy proven diagnosis of SJS/TEN. A total of 42 patients were found to have vulvovaginal involvement (55%) and gynecology was consulted in 43% of cases. 50% of patients ( $n = 21$ ) with vulvovaginal involvement were recommended treatment with vaginal dilators and steroid ointment and 34% of patients with genital involvement received no treatment. Between 2008 and May of 2017 (pre-protocol), we found 55 patients with SJS/TEN. 55% of patients ( $n = 29$ ) had vulvovaginal involvement ( $n = 26$  vulvar,  $n = 21$  vaginal).

Gynecology was only consulted in 26% ( $n = 14$ ) of patients. Of the 21 females with vaginal involvement, only 38% ( $n = 8$ ) had dilators/vaginal molds with steroid ointment recommended. Of the 26 females with vulvar involvement, 31% ( $n = 8$ ) had no vulvar treatment recommendations with the remaining 69% having some documentation that ranged from gauze placement only (19%) to topical lidocaine, barrier cream, antibiotic or antifungal cream/ ointment, lubricant, or topical steroid ointment (50%). Menstrual suppression was recommended in 38% ( $n = 9$ ) of menstruating females. An antifungal medication was only prescribed in 4% of patients.

Following implementation of the clinical pathway for the treatment of SJS/TEN in 2017, 22 females with SJS/TEN were identified. 72% ( $n = 16$ ) had documented vulvovaginal involvement ( $n = 16$  vulvar,  $n = 9$  vaginal). Gynecology consultations took place in 86% ( $n = 19$ ) of patients. We identified several improvements after implementation of the protocol. Gynecology consults overall increased from 26% pre-, to 86% post-protocol. For patients with vulvovaginal involvement, consultations were completed in 93% compared to 50% prior to protocol. Of note, the finding of vulvovaginal lesions increased from 53 to 72%. Dilator use with topical steroid ointment was consistently recommended, as was antifungal use and menstrual suppression.

**Conclusion:** Having a protocol in place for treatment of female patients with SJS/TEN increased the consistency of Gynecologic consultation and the documentation and treatment of vulvovaginal SJS/TEN. We identified the need to improve clinical follow-up after discharge from the hospital, which could be arranged as multidisciplinary visits and would be a good option to assess long-term outcomes (pain, sexual activity, etc.). With regards to future directions, we are in the process of assessing long-term data on quality of life and sexual functioning. The impact of treatment in the acute setting on the development of chronic sequelae needs to be established, as does the management of long-term sequelae like vaginal dryness, pain, dyspareunia. The role of local estrogen and vaginal laser still needs to be explored. Pelvic floor physical therapy might play a significant role in rehabilitation and has yet to be studied.

**Keywords:** Stevens Johnson Syndrome (SJS), Toxic Epidermal Necrolysis (TEN), vulvovaginal sequelae, gynecologic manifestations of SJS/TEN, treatment of vulva and vagina, standardized protocol for SJS/TEN

## INTRODUCTION

Stevens Johnson Syndrome and Toxic Epidermal Necrolysis are severe mucocutaneous reactions characterized by sudden onset epidermal necrosis. SJS/TEN is more commonly seen in women than men and is most often triggered in response to a medication (1). Mucosal surface involvement is often widespread, involving the respiratory, gastrointestinal, and genitourinary tracts (2, 3). The reported prevalence of vulvovaginal involvement in patients hospitalized with SJS/TEN is extremely variable, was previously estimated to be as high as 70% (2, 4–6) and seems to be higher with routine consultation of a specialist in Gynecology. Failure to recognize and treat vulvovaginal SJS/TEN has the potential for severe acute and chronic morbidity (4), including vulvovaginal adhesions, vaginal stenosis, vaginal dryness, pain, dyspareunia, bleeding, adenositis, and psychological distress. Even when identified and treated, available data suggest that up to one third of patients develop chronic sequelae (2). Despite the

potential for severe consequences, because of the focus on critical care in the acute phases of the illness and the sensitive nature of a gynecologic exam, it is possible that pelvic exams are being deferred, and vulvovaginal SJS/TEN is likely underrecognized.

Reported genitourinary symptoms frequently include pain, swelling, and dysuria (1). The importance of a comprehensive total body examination is well-documented, including the examination of the vulvar mucosa, perineum, perianal skin, and anus. Upon examination, acute vulvovaginal SJS/TEN most often present as erosions and ulcerations. Though a speculum exam is necessary for identification of vaginal lesions, experts have suggested assuming and treating possible vaginal involvement because of the painful and potentially distressing nature of such exams (2).

Treatment of mucosal involvement in the vulva or vagina relies largely on expert opinion, as there are no prospective trials to study its treatment. Current practice typically includes the use of topical application of corticosteroids, vaginal dilator therapy,

menstrual suppression (1) and a Foley catheter with the goal of decreasing adhesion formation and agglutination, vulvar pain, and limiting metaplastic changes in affected tissue. Even when protocols exist at individual institutions, there is little data on the effectiveness of such protocols, or the degree to which they are followed (7).

Harborview Medical Center, University of Washington in Seattle, USA, is the only level one adult and pediatric trauma and burn center in Washington State and receives multistate referrals. In June of 2017, a Clinical Care Pathway for the treatment of patients with SJS/TEN was implemented. This pathway document is an institutional protocol for treating patients with SJS/TEN and provides recommendations for the evaluation and treatment of vulvovaginal involvement in SJS/TEN. It emphasizes consistent consultation of the Gynecology service with the goal of evaluating the patient and educating the patient and family regarding the treatment. The pathway document outlined several recommendations to aid the completion of a thorough gynecologic evaluation. This includes requesting notification of the Gynecology team prior to a procedure in the operating room to allow gynecological exam under anesthesia, including speculum examination to assess vaginal involvement. Treatment recommendations were protocolized. For all women or girls (who have been sexually active or who use tampons) with documented vaginal involvement, vaginal dilator therapy with concurrent use of steroid ointment was recommended to decrease risk of vaginal agglutination and adhesion formation. The protocol standardized vaginal dilator use to 20–30 min 2–3 times daily with generous application of the chosen steroid ointment (i.e., Betamethasone 0.05–0.1% or TAC 0.1% ointment). If unable to use steroid ointment, a water-based lubricant is acceptable. Ointments have fewer additives and are preferred to creams that can contain alcohol which causes a burning sensation on raw surfaces. It suggested consideration of menstrual suppression to decrease the risk of vaginal adenosis and for ease of hygiene. Vaginal antifungals were recommended to be used as needed for patients receiving long term antibiotics and to counteract the vaginal steroid which could promote fungal overgrowth. It advised that in the case of vulvar involvement only, vulvar mucous membranes should be treated similar to vaginal mucous membranes to decrease labial agglutination and scarring through application of topical steroids and manual separation of the labia two or three times daily with an impregnated gauze.

The goal of this study was to identify whether the protocol increased treatment of vulvovaginal SJS/TEN and to optimize our standardized protocol to prevent genitourinary sequelae.

## METHODS

We conducted a retrospective chart review examining the frequency and treatment of vulvovaginal involvement in female patients with SJS/TEN before and after the implementation of a pathway for treating SJS/TEN at our level one burn center in the Northwest of the United States of America. We reviewed charts from 2008 to 2021 (14 years) and identified 77 patients

with biopsy proven SJS/TEN (out of a total of 88 females with SJS/TEN). Inclusion criteria were a female patient admitted to the burn unit of our institution with SJS/TEN between 2008 and 2021. Vulvovaginal involvement was established by physical exam documentation. Treatment regimens were evaluated by reviewing a combination of the discharge summary, medication list, and gynecology consult note as well as other physician and nursing documentation. Post-hospitalization outpatient gynecologic follow-up from 2017 to 2021 was reviewed within our hospital system and using electronic access to other clinic and hospital systems. Descriptive statistics were reported as % (*n*) for all categorical variables and as a mean or count for all continuous variables. Fisher exact test with significance set at  $p < 0.05$  was used to compare categorical variables pre and post implementation of treatment pathway.

Letters were sent to the patients with the goal of obtaining long term data on quality of life and sexual functioning following vulvovaginal sloughing due to TEN and SJS.

## RESULTS

From 2008 to 2021, a total of 77 female patients admitted with biopsy proven SJS/TEN were identified. A summary of patient characteristics and treatment can be found in **Table 1**. The age of patients with SJS/TEN ranged from 6 to 93 years old with a mean age of ~45 years old. 55% of the 77 cases were classified as SJS and 43% were TEN. 55% of the patients with SJS/TEN had documented vulvar involvement ( $n = 42$ ) and 39% had vaginal involvement ( $n = 30$ ). A gynecology consult was obtained in 43% of patients with SJS/TEN. 49% of menstruating patients received menstrual suppression ( $n = 17$ ), and 17% of patients were recommended an antifungal ( $n = 13$ ).

Prior to implementation of the clinical care pathway (2008–2017), 55 patients were identified with a clear biopsy proven diagnosis of SJS/TEN. The mean age was 45 years old (6–93). 47% of patients ( $n = 26$ ) had documented vulvovaginal involvement, 21 of which also were found to have vaginal involvement. Gynecology was consulted in 26% ( $n = 14$ ) patients. Of the 21 females with vaginal involvement, only 38% ( $n = 8$ ) received treatment with dilators/vaginal molds with steroid ointment. Of the 26 females with vulvar involvement, 31% ( $n = 8$ ) received no vulvovaginal treatment. The remaining 69% had some documented treatment that ranged from gauze placement only (19%) to topical lidocaine, barrier cream, antibiotic or antifungal cream/ointment, lubricant, or topical steroid ointment (50%). Menstrual suppression was recommended in 38% ( $n = 9$ ) of menstruating females. An antifungal medication was prescribed for 4% of patients.

Letters were sent to that patient group with the goal of obtaining long term data on quality of life and sexual functioning following vulvovaginal sloughing due to TEN and SJS. However, of the 45 letters sent (out of 55 females, 9 deceased, one location not available), only 5 patients responded and therefore feedback about long-term sequelae was insufficient.

Charts from 2017 to 2021, following implementation of the standardized protocol, were also reviewed. 22 females with



**TABLE 1 |** Demographics and clinical variables of patients with SJS/TEN from 2008 to 2021.

Variable	% (mean or count) <i>n</i> = 77
Age (years old)	6–93 (45)
<b>Menstrual status</b>	
Premenstrual	4% (3)
Menstruating	45% (35)
post-menstrual/hysterectomy	43% (33)
<b>Sexual activity</b>	
Yes	17% (13)
No	22% (17)
Not specified	63% (48)
<b>Diagnosis</b>	
SJS	55% (42)
TEN	43% (33)
<b>Extent of vulvovaginal involvement</b>	
Vulvar involvement	55% (42)
Vaginal involvement	39% (30)
Gynecology consult	43% (33)
Vaginal treatment recommendations (a)	70% (21)
Dilator recommended	70% (21)
Dilator used	67% (20)
Steroid cream/ointment	71% (30)
No vulvar treatment recommendations +	19% (8)
Vulvar treatment recommendations (b)	81% (34)
Gauze only	19% (5)
Topical Steroid	45% (19)
Other	36% (15)
Menstrual suppression (c)	49% (17)
Antifungal	17% (13)

(a) recommendation for vaginal dilator of the patients with documented vaginal involvement (*n* = 30). (b) Vulvar treatment recommendations of the patients with vulvar involvement (*n* = 42). (c) menstrual suppression of menstruating patients (*n* = 35).

SJS/TEN, ages 7–83 with mean age 46 years, were included. Seventy-two percentage (*n* = 16) of patients had documented vulvovaginal involvement, vulvar 72% (*n* = 16) and vaginal 41% (*n* = 9). There was no difference in rates of vulvar involvement between patients with SJS vs. TEN (*n* = 8 for both groups). The rates of vaginal involvement were also not significantly different between patients with SJS vs. TEN (*n* = 5 and 4, respectively). Gynecology consultations took place in 86% (*n* = 19) of patients and only one patient with possible vulvovaginal involvement lacked a consult, while vulvovaginal involvement in 2 females was not documented. Two patients with a gynecology consult were recommended prophylactic vulvovaginal treatment, despite lack of vulvovaginal involvement at the time of examination. One patient was recommended to use a vaginal dilator with a steroid ointment, and the other patient was recommended topical steroid both internally and externally. Both patients were recommended antifungal treatment. Recommendation for post-hospitalization follow-up with gynecology was documented in 9 out of the 20 patients (45%) that were not deceased at the time of discharge, but only

**TABLE 2 |** Demographics and clinical variables of patients with SJS/TEN.

Variable	% (mean or count) <i>n</i> = 55	% (mean or count) <i>n</i> = 22
Age	2008–2017 45 (6–93)	2017–2021 46 (7–83)
<b>Menstrual status</b>		
Premenstrual	4% (2)	4.5% (1)
Menstruating	49% (24)	50% (11)
post-menstrual/hysterectomy	47% (23)	45% (10)
<b>Sexual activity</b>		
Yes	9% (5)	36% (8)
No	17% (9)	36% (8)
Not specified	75% (41)	32% (7)
<b>Diagnosis</b>		
SJS	58% (31)	50% (11)
TEN	44% (22)	50% (11)
<b>Extent of vulvovaginal involvement</b>		
Vulvar involvement	49% (26)	72% (16)
Vaginal involvement	40% (21)	41% (9)
Vaginal only	0	0
Vaginal involvement not specified	—	18% (4)
Gynecology consult	26% (14)	86% (19)
Dilator recommended (a)	38% (8)	59% (13)
Used	38% (8)	55% (12)
Steroid cream/ointment	38% (8)	55% (12)
No vulvar treatment recommendations +	31% (8)	6% (1)
Vulvar treatment recommendations (b)	69% (18)	100% (16)
Gauze only	19% (5)	0
Topical steroid	23% (6)	59% (13)
Other	23% (6)	56% (9)
Menstrual suppression (c)	38% (9)	73% (8)
Antifungal	4% (2)	50% (11)

(a) recommendation for vaginal dilator of the patients with documented vaginal involvement (*n* = 21 from 2008 to 2017, *n* = 9 from 2017 to 2021). (b) Vulvar treatment recommendations of the patients with vulvar involvement (*n* = 26 from 2008 to 2017, *n* = 16 from 2017 to 2021). (c) menstrual suppression of menstruating patients (*n* = 24, *n* = 11).

2 females had completed a documented follow-up visit within 6 months.

We are currently in the process of contacting patients that were hospitalized after 2017, with the goal of obtaining long term data on quality of life and sexual functioning.

We found several improvements after implementation of the protocol (Table 2). Gynecology consults increased from 26% pre- to 86% post-protocol (Fisher exact test statistic value <0.00001 at *p* < 0.05). For patients with vulvovaginal involvement, consultations were done in 93% compared to only 50% prior to protocol (Fisher exact test statistic value <0.00001 at *p* < 0.05). Documentation of vulvar involvement increased from 47% pre-protocol to 72% post-implementation (Fisher exact test statistic

value 0.048). Documented vaginal involvement remained largely unchanged, 40% pre-protocol to 41 % post-protocol. There was a significant increase in the use of vaginal dilators and steroid cream (Fisher exact test statistic value 0.0178) and in the use of an antifungal (Fisher exact test statistic value 0.0004 at  $p < 0.05$ ). There were significant increases in treatment for patients with vulvar involvement and in the use of menstrual suppression (both  $p < 0.05$ ). If a gynecology consult was omitted, rather no vulvovaginal exam than a negative exam was documented. Additionally, documentation of sexual activity and pregnancy status improved significantly.

## DISCUSSION

SJS/TEN is a severe mucocutaneous reaction characterized by epidermal necrosis and mucosal sloughing. The extent of mucocutaneous involvement is variable and widespread, often affecting genitourinary tracts.

In our study, from 2008 to 2021, vulvovaginal involvement was documented overall in ~55% of SJS/TEN cases, compared to vulvovaginal involvement of up to 70% cited in the literature. Notably, when examining the patient cohorts pre and post clinical pathway implementation, the finding of vulvovaginal involvement increased from 49 to 72%. Gynecology consults also increased from 26% pre implementation to 86% post implementation. The increase in rates of vulvovaginal involvement in patients with SJS/TEN after the implementation of the clinical pathway likely represents an increase in the number of thorough pelvic evaluations, rather than an actual increase in the prevalence of the disease. Interestingly, we found no difference in the presence of vulvovaginal involvement between patients with SJS vs. TEN. Collectively these findings underscore the importance of having protocols in place with set treatment recommendations for primary teams to follow. While the severity of an individual case may not make the assessment and treatment of vulvovaginal lesions a priority, many patients with SJS/TEN will have genital involvement, and our findings suggest that severity of the disease does not correlate with the presence or absence of genital involvement and should not be a consideration in the decision of whether to do a pelvic exam.

We found a significant improvement in the percentage of patients who were treated for vulvovaginal SJS/TEN. While only 38% of patients received treatment with vaginal dilators pre-protocol, 59% received it after protocol implementation. Menstrual suppression and antifungals were also recommended

more consistently following the implementation of the clinical pathway.

We were not able to gather information about the long-term outcomes of vulvovaginal involvement in the patients hospitalized prior to 2017, as the follow up was particularly low. There is still little information on how effective these treatments are in preventing adverse long-term outcomes.

With regards to future directions, we identified the need to improve clinical follow-up after discharge from the hospital which could be arranged in multidisciplinary visits and would allow the assessment of long-term symptomatic outcomes (pain, sexual activity, etc.). Of particular importance is the management of long-term sequelae like vaginal dryness, pain, dyspareunia. The role of local estrogen and vaginal laser as therapeutics still needs to be explored. Pelvic floor physical therapy might also play a key role in long-term rehabilitation. The possibility of experimental amniotic membrane application to affected vaginal walls, similar to the procedure in Ophthalmology, is promising and requires additional investigation. While our review demonstrates significant progress in the last 4 years, and highlights the importance of a clinical protocol, there is still a need for optimization of prevention and treatment of urogenital sequelae of SJS/TEN. We recommend a gynecology consult on all SJS/TEN patients seen by other services for a comprehensive assessment of genital involvement.

## DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

## ETHICS STATEMENT

The studies involving human participants were reviewed and approved by University of Washington IRB approval. Written informed consent from the participants or their legal guardian/next of kin was not required to participate in this study in accordance with the national legislation and the institutional requirements.

## AUTHOR CONTRIBUTIONS

EE, MD, and SH have contributed with data collection, data evaluation, and writing and revising of the manuscript. All authors contributed to the article and approved the submitted version.

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# Stevens-Johnson syndrome and toxic epidermal necrolysis: A systematic review of PubMed/MEDLINE case reports from 1980 to 2020

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**Background:** Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN) are rare, life-threatening immunologic reactions. Prior studies using electronic health records, registries or reporting databases are often limited in sample size or lack clinical details. We reviewed diverse detailed case reports published over four decades.

**Methods:** Stevens-Johnson syndrome and toxic epidermal necrolysis-related case reports were identified from the MEDLINE database between 1980 and 2020. Each report was classified by severity (i.e., SJS, TEN, or SJS-TEN overlap) after being considered a "probable" or "definite" SJS/TEN case. The demographics, preconditions, culprit agents, clinical course, and mortality of the cases were analyzed across the disease severity.

**Results:** Among 1,059 "probable" or "definite" cases, there were 381 (36.0%) SJS, 602 (56.8%) TEN, and 76 (7.2%) SJS-TEN overlap cases, with a mortality rate of 6.3%, 24.4%, and 21.1%, respectively. Over one-third of cases had immunocompromised conditions preceding onset, including cancer ( $n = 194, 18.3\%$ ), autoimmune diseases ( $n = 97, 9.2\%$ ), and human immunodeficiency virus (HIV) ( $n = 52, 4.9\%$ ). During the acute phase of the reaction, 843 (79.5%) cases reported mucous membrane involvement and 210 (19.8%) involved visceral organs. Most cases were drug-induced ( $n = 957, 90.3\%$ ). A total of 379 drug culprits were reported; the most frequently reported drug were antibiotics ( $n = 285, 26.9\%$ ), followed by anticonvulsants ( $n = 196, 18.5\%$ ), analgesics/anesthetics ( $n = 126, 11.9\%$ ), and antineoplastics ( $n = 120, 11.3\%$ ). 127 (12.0%) cases reported non-drug culprits, including infections ( $n = 68, 6.4\%$ ), of which 44 were associated with a mycoplasma pneumoniae infection and radiotherapy ( $n = 27, 2.5\%$ ).

**Conclusion:** An expansive list of potential causative agents were identified from a large set of literature-reported SJS/TEN cases, which warrant future investigation to understand risk factors and clinical manifestations of SJS/TEN in different populations.

#### KEYWORDS

toxic epidermal necrolysis, Stevens-Johnson syndrome, drug-related side effects and adverse reactions, case report, review literature

## Introduction

Stevens-Johnson syndrome and toxic epidermal necrolysis (SJS/TEN), characterized by the detachment of the epidermis and mucous membrane, are rare severe cutaneous adverse reactions. SJS/TEN can be life-threatening, with mortality rates between 4.8% and 14.8% (1). Based on the degree of skin detachment, SJS/TEN can be classified into SJS, SJS-TEN overlap, and TEN (2). SJS is defined as skin involvement of <10%; TEN is defined as skin involvement of >30%; SJS-TEN overlap is defined as 10–30% skin involvement. The estimated incidences of SJS, SJS/TEN, and TEN in the United States are 9.2, 1.6, and 1.9 per million adults, respectively (1, 3).

The low incidence among patient populations has created unique challenges in elucidating the epidemiology and etiology of SJS/TEN. The optimal medical management of SJS and TEN demands prompt recognition and immediate withdrawal of the causative drugs to alter the course of the reaction and potentially evade mortality. Most prior SJS/TEN studies report findings based on small sample sizes and do not reflect the heterogeneity of the patient population affected by SJS/TEN, minimizing the generalizability of the findings (4, 5). While common causative agents are increasingly identified, little is known about uncommon and non-drug factors that are highly associated with SJS/TEN (6). For example, in two large European case-control studies, fewer than a dozen medications accounted for half of the analyzed SJS/TEN cases (7, 8). Without an exhaustive list of diverse culprits, efforts to promptly withdraw causative agents are inhibited, leading to increased morbidity and mortality.

Several studies attempted to circumvent these limitations by extracting data from electronic health records (EHRs) and large repositories (9–14). For example, Micheletti et al. (11) performed a retrospective cohort study, notably collecting data across 18 United States medical centers and identified 377 SJS/TEN cases from EHRs. Blumenthal et al. used the EHR allergy list to identify over 700 patients with SJS/TEN (11).

Similar studies have taken place in Asia, identifying hundreds of patients with SJS/TEN using EHRs or registry databases (15, 16). As a result of such regional studies, it is evident that there are ethnic and regional disparities in the incidence of SJS/TEN that may arise from variation in genetics or regional medical practices (5). SJS/TEN cases have also been identified from post-marketing surveillance adverse events reporting systems; however, such cases often lack stringent SJS/TEN definitions, clinical details, and clear causal associations between drugs and adverse events (17, 18).

Considering the rarity of SJS/TEN and the challenges of collecting validated SJS/TEN cases from EHRs or registry databases, case reports from the literature can be a rich source of information to study SJS and TEN. An appreciable number of case reports have been published to highlight suspected culprit agents and effective care for SJS/TEN cases. Case reports from the literature serve to relay clinical knowledge on a case-by-case basis; they are a unique source of detailed medical information for conditions with low prevalence and undefined care. Although several studies have used case reports to study specific culprit agents (19, 20), currently, no research to our knowledge has contextualized and extrapolated significant trends across all case reports. Cognizant of the logistical barriers to evidence-based research and the need to develop a deep understanding of the etiology, optimal care, and patient outcomes of SJS/TEN, this study seeks to conduct a systematic review of case reports from the literature. By amassing data across case reports from an up-to-date database, PubMed/MEDLINE, we aim to assemble a large, diverse SJS/TEN sample set to comprehensively describe the causative agents, trends over time, differences across disease severity, and patient outcomes.

## Methods

### Data sources and collection

We queried PubMed/MEDLINE on 23 March 2021 to retrieve case reports related to SJS and TEN published between 1 January 1980 and 31 December 2020 (see [Table 1](#)).

Abbreviations: SJS, Stevens-Johnson syndrome; TEN, Toxic epidermal necrolysis; HIV, Human immunodeficiency virus; EHR, Electronic health records; EM, Erythema multiforme; NSAIDs, Non-steroidal anti-inflammatory drugs.



TABLE 1 PubMed/MEDLINE query to retrieve case reports related to Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN).

## PubMed/MEDLINE search strategy

No. of  
retrieved  
reports

("Case Reports"[pt] OR "Case report"[tiab]) AND (("toxic"[tiab] AND "epidermal"[tiab] AND "necrolysis"[tiab]) OR ("Steven"[tiab] AND "Johnson"[tiab]) OR ("Lyell"[tiab] AND "Syndrome") OR ("Stevens-Johnson Syndrome"[MeSH])) AND ("1980/01/01"[PDat] : "2020/12/31"[PDat]) AND ("English"[LA])

1982

The publication date was defined as the date that records were made publicly available in PubMed/MEDLINE regardless of the journal issue date of the case reports.

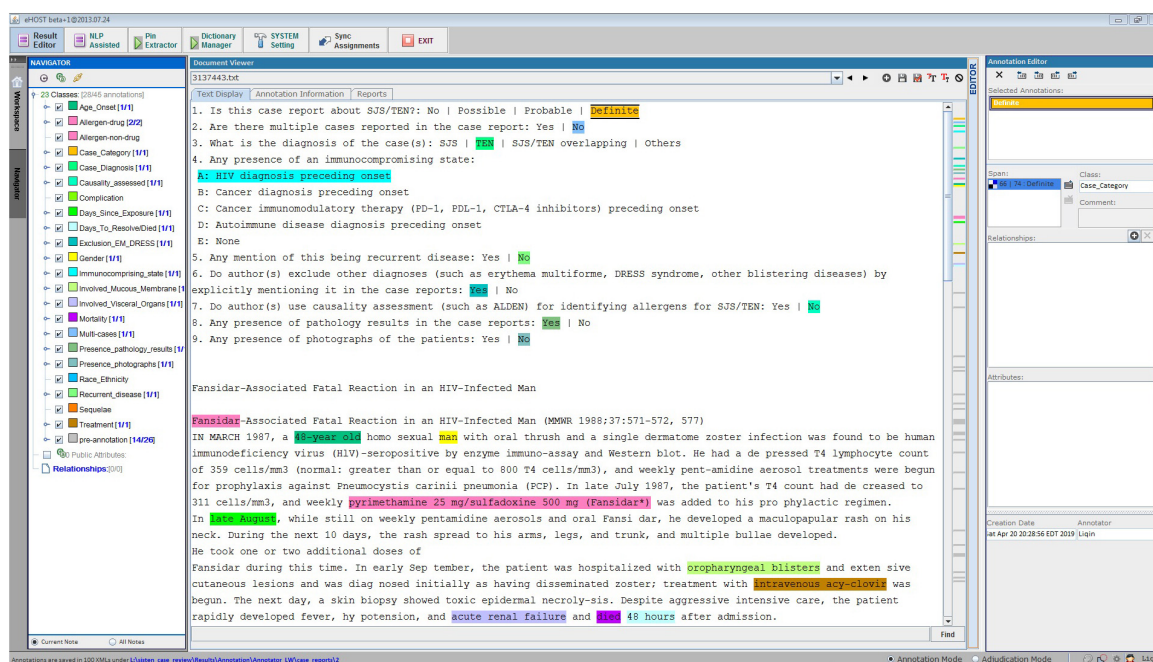


FIGURE 1

Case report annotation environment.

## Inclusion and exclusion criteria

We included case reports that were written in English with full-text available. We excluded duplicated case reports and any case reports describing more than one SJS/TEN case as the cases in those reports were often discussed in an aggregated manner and more likely to have limited clinical details. However, we included case reports that mentioned multiple cases yet only discussed one SJS/TEN case in detail. We also excluded cases that did not provide enough details about the acute phase of the reaction, such as case reports focused on SJS/TEN sequelae without describing the potential cause, the care received, or the disease progression.

## Annotation process and schema

After collecting the full-text case reports in PDF format, we converted them into text files for annotation. To facilitate

manual review, we adopted an open-source annotation tool (i.e., eHOST) to support the extraction of relevant information from the case reports (Figure 1; 21). Each report was annotated by two researchers, and any conflict between the two annotators was resolved by reaching consensus or by a third reviewer. The annotation task was based on an annotation schema, with annotators identifying relevant text in the case reports and assigning the text to a class defined in the schema. We manually defined the schema to cover a broad range of topics for analysis, including age of onset, gender, race/ethnicity, preexisting conditions, involvement of visceral organs and mucous membranes during the acute phase, drug and/or non-drug culprit agents, treatments received, and mortality status.

We also developed 9 questions (see Table 2) and inserted them at the beginning of each report's text to extract additional information from the case report. The questions included whether the case report was about SJS/TEN and whether there were multiple cases examined. If the case report was related to SJS/TEN, the annotators continued to answer the remaining

TABLE 2 Questions answered by annotators for each case report.

- (1) Is this case report about SJS/TEN? No | Possible | Probable | Definite
- (2) Are there multiple cases reported in the case report: Yes | No
- (3) What is the diagnosis of the case(s): SJS | TEN | SJS/TEN overlapping | Others
- (4) Any presence of an immunocompromising state:  
A: HIV diagnosis preceding onset  
B: Cancer diagnosis preceding onset  
C: Cancer immunomodulatory therapy (PD-1, PD-L1, CTLA-4 inhibitors) preceding onset  
D: Autoimmune disease diagnosis preceding onset  
E: None
- (5) Any mention of this being recurrent disease: Yes | No
- (6) Do author(s) exclude other diagnoses (such as erythema multiforme, DRESS syndrome, other blistering diseases) by explicitly mentioning it in the case reports: Yes | No
- (7) Do author(s) use causality assessment (such as ALDEN) for identifying allergens for SJS/TEN: Yes | No
- (8) Any presence of pathology results in the case reports: Yes | No
- (9) Any presence of photographs of the patients: Yes | No

questions regarding the severity level of the diagnosis (i.e., SJS, TEN, SJS-TEN overlap, or others), whether pathology results were reported, and whether patient photos were provided. They also judged whether there was a recurrence of SJS/TEN and if the authors used casualty assessment [e.g., algorithm of drug causality for epidermal necrolysis [ALDEN] (22)] for identifying culprit agents.

## Data cleaning

After applying the inclusion and exclusion criteria, we formed a final set of SJS/TEN cases to be included in the analyses. Due to variability in how information was reported, we manually mapped the annotations to standardized terms; for example, “Bactrim,” “TMX-SMZ,” and “co-trimoxazole” were mapped to “trimethoprim-sulfamethoxazole.” Next, we determined the drug and non-drug class for individual allergens based on the First Databank drug classification and manual expert review. We converted the annotations into numerical or categorical values before including them for analysis. Ages were converted to years; if the patient’s age was less than 12 months, it was coded as 0 year. Race, preconditions, and drug and non-drug allergens were manually reviewed and grouped. Mortality and mucous membrane and visceral organ involvement were converted to binary variables.

## Statistical analysis

We described patient demographics and clinical characteristics by severity (i.e., SJS, TEN, and SJS-TEN overlap). Categorical variables are presented as numbers (percentage) and continuous variables are reported as median  $\pm$  inter-quartiles range. Continuous variables were compared using one-way

analysis of variance (ANOVA) test for normally distributed variables or Kruskal-Wallis test for non-normally distributed variables. Categorical variables were compared using Chi-square test. *Post hoc* test was applied after a significant ANOVA, Kruskal-Wallis or Chi-square test, adjusted by Bonferroni correction. The distribution of the cases was analyzed by publication year, severity type, and allergens. Statistical analyses were completed using R software, version 4.0.4 (R Foundation for Statistical Computing).

## Results

### Identification of Stevens-Johnson syndrome and toxic epidermal necrolysis case reports from the literature

Figure 2 shows the PRISMA diagram for choosing case reports to be included in the analysis (23). The PubMed query returned a total of 1,982 case reports. We excluded 1 duplicate report, 295 reports without full text, 251 multi-case reports, and 376 reports that were irrelevant or did not contain sufficient clinical details of SJS/TEN. In total, 1,059 case reports met the inclusion criteria, which were composed of 381 (36.0%) SJS, 602 (56.8%) TEN, and 76 (7.2%) SJS-TEN overlap cases. Of included reports, 538 (50.8%) included pathology results and 700 (66.1%) contained photographs.

### Publication trends

Figure 3 shows the distribution of SJS, TEN, and SJS-TEN overlap cases by publication year. All cases were published between 1980 and 2020 with 273 (25.8%) cases published before 2000. The number of case reports peaked in 2014 with a total of 58 case reports.

### Demographics and clinical characteristics of Stevens-Johnson syndrome and toxic epidermal necrolysis cases

Table 3 shows the overall demographics and clinical characteristics of the SJS/TEN cases by severity. Approximately 52.6% ( $n = 557$ ) of all included cases were female. Less than half of the sample with an SJS diagnosis were female, unlike the TEN and SJS-TEN overlap samples (46.1% in SJS, 56.1% in TEN, and 56.6% in SJS-TEN overlap,  $p$ -Value = 0.007). The majority of cases ( $n = 795$ , 75.1%) did not report race or ethnicity.

Out of all 1,059 cases, 194 patients had a cancer diagnosis, 35 patients were receiving cancer immunomodulatory

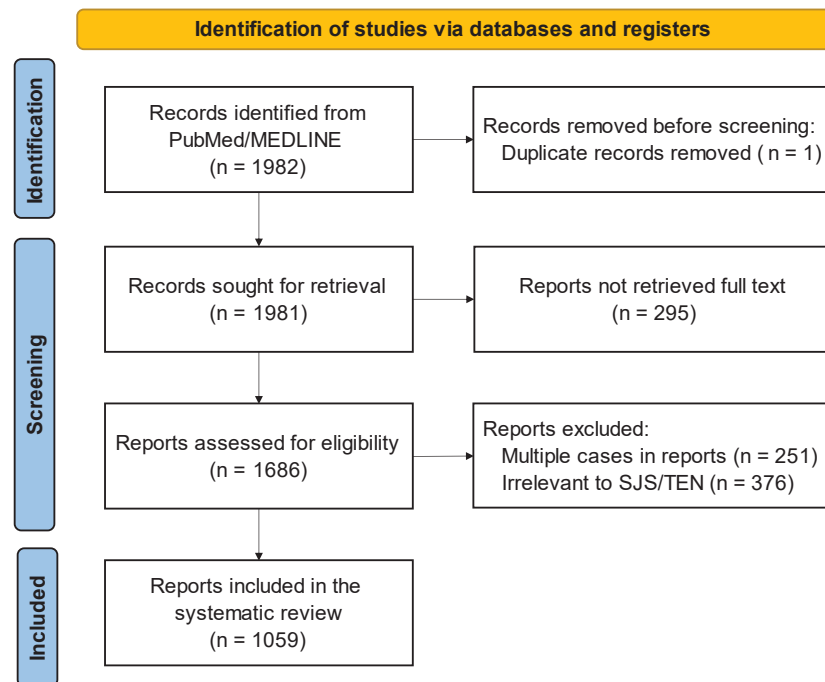


FIGURE 2  
PRISMA flow diagram for choosing Steven Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN) case reports for analysis.

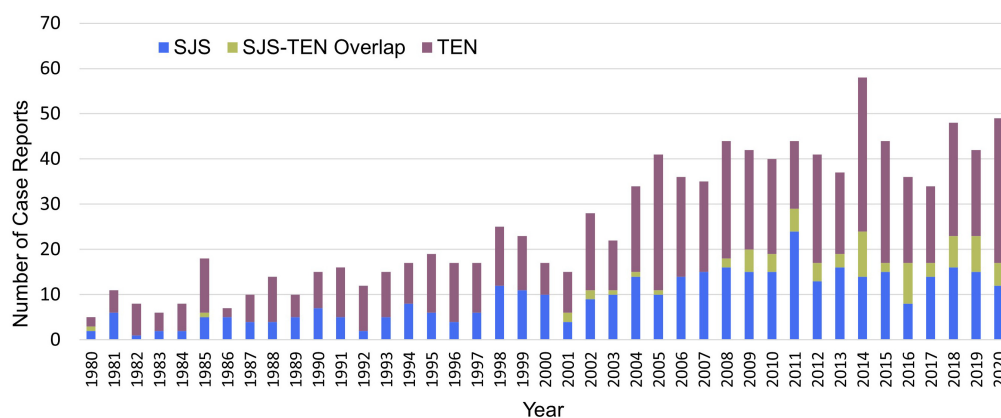


FIGURE 3  
Distribution of Stevens-Johnson syndrome (SJS), toxic epidermal necrolysis (TEN) and SJS-TEN overlap case reports from PubMed/MEDLINE by publication year.

therapy (PD-1, PD-L1, CTLA-4 inhibitors), 97 patients had an autoimmune disease diagnosis (i.e., systemic lupus erythematosus, rheumatoid arthritis, psoriasis), and 52 patients presented with an HIV diagnosis preceding onset. About 20% and 16% of patients diagnosed with TEN and SJS, respectively, were diagnosed with cancer. 2.0% of TEN cases and 2.6% of SJS cases were receiving cancer therapy at the time of their SJS/TEN diagnoses. Altogether, 7–10% of cases in all groups were documented to have at least one autoimmune disease.

Among all the SJS/TEN cases, infections were the most common preconditions prior to SJS/TEN onset ( $n = 201$ , 19.0%). The presentation of infections is highest among SJS cases (21.8%) compared to TEN (17.1%) and SJS-TEN overlap (11.8%) cases. This pattern applies to respiratory tract infections and mycoplasma pneumonia infections, while the later one also shows a significant difference across the three-severity groups ( $p$ -Value < 0.001). Other less common preconditions include epilepsy/seizure disorders ( $n = 102$ , 9.6%), hypertension



( $n = 92$ , 8.7%), cardiovascular conditions ( $n = 54$ , 5.1%), diabetes ( $n = 54$ , 5.1%), musculoskeletal conditions ( $n = 52$ , 4.9%), and endocrine/hormonal conditions ( $n = 50$ , 4.7%).

We also extracted data from the case reports regarding the acute phase of SJS/TEN. The majority of cases ( $n = 842$ , 79.5%) reported involvement of mucosal membranes, including the oropharynx, conjunctiva, genitalia, and/or anus. The SJS-TEN overlap cases reported the highest percentage of patients with mucosal membrane involvement (92.1%), while TEN cases, the severest of the three diagnoses, reported the lowest rate of mucous membrane involvement (73.0%). 210 (19.8%) cases reported that visceral organs were impacted throughout the diagnosis. Fewer patients in the SJS cohort experienced involvement of visceral organs relative to both SJS-TEN overlap and TEN cases alone (14.7% vs. 23.7% vs. 22.6%,  $p$ -Value = 0.007).

Approximately 18% ( $n = 187$ ) of patients diagnosed with SJS/TEN did not survive. Case reports with a TEN diagnosis reported the highest mortality relative to patients diagnosed with SJS-TEN overlap syndrome and SJS (TEN = 24.4%, SJS-TEN overlap = 21.1%, SJS = 6.3%,  $p$ -Value < 0.001).

## Causative agents of Stevens-Johnson syndrome and toxic epidermal necrolysis cases

Of all cases, 957 (90.3%) implicated medications as the cause of the diagnoses. 781 (73.7%) cases reported a single medication as the culprit. More TEN and SJS-TEN overlap cases were caused by drug allergens compared to SJS cases (93.7% for TEN, 97.4% for SJS-TEN overlap, and 83.7% for SJS). 127 (12.0%) cases implicated non-drug culprit agents, of which 46 were concurrently exposed to drug agents. 16 (1.5%) cases did not report the cause of the reaction.

**Table 4** shows the number of SJS/TEN cases caused by drug and non-drug culprits across the spectrum of severity. A total of 379 drugs were associated with the SJS/TEN cases, more than half of which ( $n = 226$ , 59.6%) were associated with only one case. Phenytoin, trimethoprim-sulfamethoxazole, carbamazepine, lamotrigine, allopurinol, acetaminophen, amoxicillin, ibuprofen, phenobarbital, and vancomycin were the most reported drugs, each associated with over twenty SJS/TEN cases. The most frequently suspected drug class was antibiotics ( $n = 285$ , 26.9%), which includes sulfonamides ( $n = 108$ , 10.2%), penicillins ( $n = 60$ , 5.7%), and quinolones ( $n = 35$ , 3.3%) (**Table 4**). Antibiotics were reported as the causative agent in TEN cases (30.1%) slightly more than in SJS (22.1%) and SJS-TEN overlap (26.3%) cases primarily due to sulfonamides. Quinolones were reported to cause the fewest number of SJS cases (1.6%) relative to TEN (4.2%) and SJS-TEN overlap (5.2%) cases. Anticonvulsants, including phenytoin, carbamazepine, lamotrigine, and valproate, are

also associated with a significant number of SJS/TEN cases ( $n = 196$ , 18.5%) and were reported to cause a greater amount of TEN (19.4%) and SJS-TEN overlap (25.0%) cases compared to SJS cases (15.7%). Analgesics/anesthetics were also commonly reported, with a total of 126 (11.9%) cases, 93 of which were associated with non-steroidal anti-inflammatory drugs (NSAIDs). Antineoplastics were reported in 120 (11.3%) SJS/TEN cases. Detailed medications under each category as well as the number of associated SJS/TEN cases are reported in **Table 5**.

Of all SJS/TEN cases, the most common non-drug culprits were infections ( $n = 68$ , 6.4%), which were reported more frequently to cause SJS (13.4%) compared to TEN (2.5%) and SJS-TEN overlap (2.6%) ( $p$ -Value < 0.001). Mycoplasma pneumonia infections ( $n = 44$ , 4.2%) were highest in SJS cases (13.4%) compared to TEN (2.5%) and SJS-TEN overlap cases (2.6%). The second most common non-drug agent implicated in SJS/TEN was radiotherapy, which was reported in 27 SJS/TEN cases; however, many of these cases ( $n = 25$ ) also reported a drug as a causative agent, including anticonvulsants ( $n = 13$ ), antineoplastics ( $n = 4$ ) and chemotherapy rescue drugs ( $n = 3$ ). Chemical substances [e.g., arsenic (24, 25), insecticide (26, 27)] were also reported to cause SJS/TEN. Detailed non-drug culprits as well as the number of associated SJS/TEN cases are reported in **Table 6**.

## Publication trends of the culprit agents

**Figure 4** shows the distribution of drug culprits causing SJS/TEN over time. In particular, **Figure 4A** shows the distribution of the drug categories, while the distribution of cases caused by specific antibiotics, anticonvulsants, NSAIDs, and antineoplastics over time can be found in **Figure 4B**.

## Discussion

In the present study, we retrieved a large set of SJS/TEN cases reported in the literature. We described the demographics and clinical characteristics of the cases across the spectrum of severity and identified a variety of drug and non-drug culprits as well as their frequency of being reported over the years. By examining a significant number of SJS/TEN cases from case reports, our investigation overcomes several research limitations and minimizes logistical challenges. Despite the time-consuming nature of annotating over 1,000 case reports, exhaustive manual data extraction ensured the quality of the extracted data. Because it is difficult to conduct robust evidence-based studies and clinical trials that examine the etiology for a rare condition such as SJS/TEN, our review allowed for a broad analysis of clinical cases that were rich with detail. Like current research utilizing EHR or registry data, our

**TABLE 3** Demographics and clinical characteristics of Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN) cases from PubMed/MEDLINE.

Characteristics	Total ( <i>n</i> = 1,059)	SJS ( <i>n</i> = 381)	SJS-TEN Overlap ( <i>n</i> = 76)	TEN ( <i>n</i> = 602)	<i>P</i> -value <sup>a</sup>
Age of onset <sup>b</sup> (y), median (IQR)	38 (19.75–59)	<b>32 (15–54)</b>	39 (23–58)	<b>41 (23–60.75)</b>	<0.001
Gender, female <sup>b</sup>	557 (52.6)	<b>176 (46.3)</b>	43 (56.6)	<b>338 (56.1)</b>	0.007
Race <sup>b</sup>					0.832
White	105 (9.9)	34 (8.9)	8 (10.5)	63 (10.5)	
Asian	87 (8.2)	28 (7.3)	8 (10.5)	51 (8.5)	
Black	54 (5.1)	22 (5.8)	4 (5.3)	28 (4.7)	
Hispanic	11 (1.0)	5 (1.3)	2 (2.6)	4 (0.7)	
Others <sup>c</sup>	7 (0.7)	3 (0.8)	0 (0.0)	4 (0.7)	
Immunocompromised status					
Cancer	194 (18.3)	61 (16.0)	11 (14.5)	122 (20.3)	0.163
Cancer immunomodulatory therapy (PD-1, PD-L1, CTLA-4 inhibitor)	35 (3.3)	16 (4.2)	2 (2.6)	17 (2.8)	0.473
Autoimmune disease	97 (9.2)	28 (7.3)	8 (10.5)	61 (10.1)	0.31
HIV/AIDS	52 (4.9)	22 (5.8)	1 (1.3)	29 (4.8)	0.256
Pre-conditions					
Infections	201 (19.0)	83 (21.8)	9 (11.8)	103 (17.1)	0.056
Respiratory tract infections	102 (9.6)	48 (12.6)	4 (5.3)	50 (8.3)	0.034
Mycoplasma pneumoniae infections	23 (2.2)	<b>20 (5.2)</b>	1 (1.3)	<b>2 (0.3)</b>	<0.001
Epilepsy/seizure disorders	102 (9.6)	37 (9.7)	10 (13.2)	55 (9.1)	0.533
Hypertension	92 (8.7)	29 (7.6)	6 (7.9)	57 (9.5)	0.636
Cardiovascular/vascular conditions	54 (5.1)	15 (3.9)	7 (9.2)	32 (5.3)	0.149
Diabetes	54 (5.1)	17 (4.4)	4 (5.3)	33 (5.5)	0.814
Musculoskeletal conditions	52 (4.9)	18 (4.7)	2 (2.6)	32 (5.3)	0.693
Endocrine/hormonal conditions	50 (4.7)	20 (5.2)	3 (3.9)	27 (4.5)	0.849
Psychological conditions	38 (3.6)	13 (3.4)	4 (5.3)	21 (3.5)	0.656
Renal conditions	34 (3.2)	12 (3.1)	1 (1.3)	21 (3.5)	0.73
Substance use	28 (2.6)	9 (2.4)	2 (2.6)	17 (2.8)	0.954
Gastrointestinal conditions	22 (2.1)	3 (0.8)	1 (1.3)	18 (3.0)	0.053
Respiratory conditions (e.g., chronic obstructive pulmonary disease)	20 (1.9)	10 (2.6)	1 (1.3)	9 (1.5)	0.388
Other <sup>d</sup>	27 (2.5)	8 (2.1)	2 (2.6)	17 (2.8)	—
Clinical characteristics during the acute phase					
Involvement of mucous membrane	842 (79.5)	<b>333 (87.4)</b>	<b>70 (92.1)</b>	<b>439 (72.9)</b>	<0.001
Involvement of visceral organs	210 (19.8)	<b>56 (14.7)</b>	18 (23.7)	136 (22.6)	0.007
Mortality	187 (17.6)	<b>24 (6.3)</b>	16 (21.1)	<b>147 (24.4)</b>	<0.001
Medications listed as causative agents, No. (%)	956 (90.3)	<b>319 (83.7)</b>	74 (97.4)	<b>563 (93.5)</b>	<0.001
1 <sup>e</sup>	781 (73.7)	266 (69.8)	63 (82.9)	451 (74.9)	0.36
2	111 (10.5)	38 (10.0)	9 (11.8)	64 (10.6)	
3	39 (3.7)	9 (2.6)	1 (1.3)	29 (4.8)	
4	16 (1.5)	5 (1.3)	1 (1.3)	10 (1.7)	
5 or more	10 (0.9)	1 (0.3)	0 (0)	9 (1.5)	
Non-drug listed as causative agents, No. (%)	127 (12.0)	<b>71 (18.6)</b>	6 (7.9)	<b>50 (8.3)</b>	<0.001
Non-drug causative agents only	81 (7.6)	52 (13.6)	2 (2.6)	27 (4.5)	—
1	73 (6.9)	48 (12.6)	2 (2.6)	23 (3.8)	
2 or more	8 (0.8)	4 (1.0)	0 (0)	4 (0.7)	
Combined with drug causative agents	46 (4.3)	19 (5.0)	4 (5.3)	23 (3.8)	

IQR, interquartile range; HIV, human immunodeficiency virus; AIDS, acquired immunodeficiency syndrome.

For continuous variables, the number (percentage) in bold indicates a significant difference between the cells detected by Dunn's *post hoc* test. For categorical variables, the number (percentage) in bold indicates a significant adjusted residual for that cell (meaning that there were significantly more or fewer cases than what would be expected by chance).

<sup>a</sup>*P*-values were provided based on Kruskal-Wallis test for the continuous variable (age of onset) and Chi-square test for categorical variables.

<sup>b</sup>The number of missing cases (age of onset = 7; gender = 3; race = 795).

<sup>c</sup>Includes native American, Pacific Islander, mixed race.

<sup>d</sup>Includes skin/cutaneous (*n* = 9), hereditary (*n* = 8), and neurological conditions (*n* = 10).

<sup>e</sup>The numbers were calculated based on the annotated medications. Due to the variation of medications, this numbers can be under-counted.

TABLE 4 Drug and non-drug allergens reported to cause SJS or TEN among reported cases from the literature.

Allergen <sup>a</sup>	Total ( <i>n</i> = 1,059)	SJS ( <i>n</i> = 381)	SJS-TEN Overlap ( <i>n</i> = 76)	TEN ( <i>n</i> = 602)	<i>P</i> -value <sup>b</sup>
Drug Allergen					
<i>Antibiotics</i>	285 (26.9)	84 (22.1)	20 (26.3)	181 (30.1)	0.022
Sulfonamides	108 (10.2)	26 (6.8)	5 (6.6)	77 (12.8)	—
Penicillins	60 (5.7)	21 (5.5)	6 (7.9)	33 (5.5)	—
Quinolones	35 (3.3)	6 (1.6)	4 (5.2)	25 (4.2)	—
Macrolides	25 (2.4)	12 (3.2)	1 (1.3)	12 (2.0)	—
Vancomycin	21 (2.0)	2 (0.5)	2 (2.6)	17 (2.8)	—
Tetracycline	11 (1.0)	4 (1.1)	1 (1.3)	6 (1.0)	—
Other antibiotics <sup>a</sup>	72 (6.8)	19 (5.0)	5 (6.6)	48 (8.0)	—
<i>Anticonvulsants</i>	196 (18.5)	60 (15.7)	19 (25.0)	117 (19.4)	0.111
Phenytoin	62 (5.7)	16 (4.2)	3 (3.9)	43 (7.1)	—
Carbamazepine	54 (5.1)	15 (3.9)	8 (10.5)	31 (5.1)	—
Lamotrigine	49 (4.6)	20 (5.2)	2 (2.6)	27 (4.5)	—
Valproate	16 (1.5)	8 (2.1)	2 (2.6)	6 (1.0)	—
Other anticonvulsants	32 (3.0)	10 (2.6)	5 (6.6)	17 (2.8)	—
<i>Analgesics/anesthetics</i>	126 (11.9)	34 (8.9)	14 (18.4)	78 (13.0)	0.031
NSAIDs	93 (8.8)	24 (6.3)	9 (11.8)	60 (10.0)	—
Ibuprofen	23 (2.2)	6 (1.6)	5 (6.6)	12 (2.0)	—
Acetaminophen	24 (2.3)	5 (1.3)	3 (3.9)	16 (2.7)	—
Analgesic/antipyretics, non-salicylate	37 (3.5)	10 (2.6)	6 (7.9)	21 (3.5)	—
Other	5 (0.3)	1 (0.3)	1 (1.3)	3 (0.5)	—
<i>Antineoplastics</i>	119 (11.2)	42 (11.0)	10 (13.2)	67 (11.1)	0.858
Systemic enzyme inhibitors (e.g., imatinib)	24 (2.3)	16 (4.2)	1 (1.3)	7 (1.2)	—
Antimetabolites (e.g., methotrexate)	19 (1.8)	3 (0.8)	3 (3.9)	13 (2.2)	—
Alkylating agents (e.g., cyclophosphamide)	15 (1.4)	3 (0.8)	1 (1.3)	11 (1.8)	—
Immunotherapy checkpoint inhibitor combination (nivolumab)	12 (1.1)	4 (1.0)	0 (0)	8 (1.3)	—
Immunomodulator agents (e.g., lenalidomide)	11 (1.0)	6 (1.6)	1 (1.3)	4 (0.7)	—
Other antineoplastics	50 (4.7)	12 (3.1)	4 (5.3)	34 (5.6)	—
<i>Antiarthritics</i>	48 (4.5)	14 (3.7)	6 (7.9)	28 (4.7)	0.265
Xanthine oxidase inhibitors (allopurinol)	45 (4.2)	14 (3.7)	6 (7.9)	25 (4.2)	—
<i>Antivirals</i>	34 (3.2)	14 (3.7)	3 (3.9)	17 (2.8)	0.71
HIV-specific antivirals (e.g., nevirapine)	25 (2.4)	12 (3.1)	0 (0)	13 (2.2)	—
<i>Gastrointestinal drugs (e.g., sulfasalazine)</i>	34 (3.2)	8 (2.1)	2 (2.6)	24 (4.0)	0.251
<i>Psychotherapeutic drugs</i>	25 (2.4)	12 (3.1)	1 (1.3)	12 (2.0)	0.419
Antidepressant	11 (1.0)	6 (1.6)	0 (0)	5 (0.8)	—
<i>Anti-Infectives</i>	24 (2.3)	12 (3.1)	0 (0)	12 (2.0)	0.191
Antimalarial drugs	20 (1.9)	11 (2.9)	0 (0)	9 (1.5)	—
<i>Antifungals</i>	20 (1.9)	7 (1.8)	0 (0)	13 (2.2)	0.426
<i>Cardiovascular drugs</i>	27 (2.5)	8 (2.1)	0 (0)	19 (3.2)	0.203
<i>Diuretics</i>	17 (1.6)	7 (1.8)	1 (1.3)	9 (1.5)	0.897
<i>Vitamin/herb</i>	15 (1.4)	8 (2.1)	0 (0)	7 (1.2)	0.267
<i>Hormones</i>	14 (1.3)	5 (1.3)	0 (0)	9 (1.5)	0.561
Glucocorticoids	11 (1.0)	3 (0.8)	0 (0)	8 (1.3)	—
<i>Biologicals/vaccine</i>	10 (0.9)	6 (1.6)	1 (1.3)	3 (0.5)	0.222
<i>Diagnostic (contrast medium)</i>	10 (0.9)	3 (0.8)	2 (2.6)	5 (0.8)	0.287
<i>Chemotherapy rescue/antidote agents</i>	8 (0.8)	3 (0.8)	0 (0)	5 (0.8)	0.73
<i>Antithrombotic agents</i>	8 (0.8)	2 (0.5)	0 (0)	6 (1.0)	0.518
<i>Cough/cold preparations</i>	6 (0.6)	2 (0.5)	0 (0)	4 (0.7)	0.761

(Continued)

TABLE 4 (Continued)

Allergen <sup>a</sup>	Total ( <i>n</i> = 1,059)	SJS ( <i>n</i> = 381)	SJS-TEN Overlap ( <i>n</i> = 76)	TEN ( <i>n</i> = 602)	<i>P</i> -value <sup>b</sup>
Immunosuppressants	6 (0.6)	5 (1.3)	0 (0)	1 (0.2)	0.052
Non-drug Allergen					
Infection	68 (6.4)	<b>51 (13.4)</b>	2 (2.6)	<b>15 (2.5)</b>	<0.001
Mycoplasma pneumonia infection	44 (4.2)	38 (10.0)	2 (2.6)	4 (0.7)	—
Radiotherapy	27 (2.5)	11 (2.9)	2 (2.6)	14 (2.3)	0.861
Chemical substance	9 (0.8)	5 (1.3)	1 (1.3)	3 (0.5)	0.36
Others	25 (2.4)	4 (2.6)	1 (1.3)	20 (3.3)	—

NSAIDs, non-steroidal anti-inflammatory drugs; HIV, human immunodeficiency virus.

The number (percentage) in bold indicates a significant adjusted residual for that cell (meaning that there were significantly more or fewer cases than what would be expected by chance).

<sup>a</sup>The detailed allergen included in each category could be found in the [Tables 5, 6](#).

<sup>b</sup>*P*-values were provided based on Chi-square test for categorical variables.

data characterizes common causes across many patients and highlights potential agents that have yet to be studied at large, such as herbal medications.

## Publication trends

Overall, the number of published SJS and TEN case reports increased over the past forty years, peaking in 2014. Consistent with other study populations, over half of the cases were female (8, 9, 28). Contrary to the incidence reported in other study populations in this field (1, 9, 29, 30), there were more cases concerning TEN than cases of SJS or SJS-TEN overlap. Although the incidence of TEN is three to four times less than SJS (1, 29), the larger proportion of TEN case reports likely reflects a publication bias for cases with higher clinical severity and complexity. TEN cases reported lower rates of mucous membrane involvement than SJS and SJS-TEN overlap cases, which may be due to a greater degree of skin detachment or underreporting. Also, over 20% of TEN and SJS-TEN overlap cases reported involvement of visceral organs, such as lungs, liver, and kidney, indicating the fatality of the disease and long-term sequelae. With over 600 case reports solely focused on TEN, case reports are an abundant source of information to explore TEN etiology, diagnosis, and treatment.

Publishing trends of the culprit agents reveal that medications classified as antibiotics, anticonvulsants, and analgesics/anesthetics are the dominant culprit agents throughout time. Among these categories, there are several medications that have been repeatedly cited to trigger SJS/TEN. For antibiotics, sulfonamides and penicillins are frequently reported causative agents. Since the 2000s, there has been an increasing number of cases identifying quinolones and vancomycin as the causative agents. Among anticonvulsants, phenytoin is a common causative agent throughout the study period, but from 2015 to 2020, there appears to be a decline in cases citing phenytoin relative to other anticonvulsants. Carbamazepine and lamotrigine, the next most common

anticonvulsant culprit agents, have more cases that triggered SJS/TEN after the 2000s. Antineoplastic-induced cases are skewed to the more recent half of the study period with the vast majority reported after the start of the 2000s. This upward publication trend in antineoplastics parallels the notable increase in the incidence of cancer internationally as well as the growing oncology literature during the study period (31). For all sub-categories, including systemic enzyme inhibitors and antimetabolites, nearly all cases were published after 2000. NSAIDs, specifically ibuprofen, similarly mirror the trend seen in antineoplastics; however, NSAIDs have triggered fewer reported cases of SJS/TEN in general. At large, these fluctuations in publishing trends may be indicative of changes in prescribing practices, incidences of various health conditions, and reporting biases.

## Drug culprits associated with Stevens-Johnson syndrome and toxic epidermal necrolysis

An overwhelming amount of research demonstrates that drugs are the primary causal agents, accounting for nearly 90% of SJS/TEN cases (7). This is consistent with the finding of the present study. We have compiled a comprehensive list of 379 drug culprit agents reported to be associated with SJS and TEN, which is more than most published SJS/TEN studies. Other studies, including Hsu et al. (1) did not study a similarly exhaustive list of medications despite their large sample sizes. The commonly reported medications (e.g., phenytoin, trimethoprim-sulfamethoxazole, carbamazepine) correspond to the list of highly suspected drugs associated with SJS/TEN in preexisting literature (6–8, 12, 32). Among all the drug classes, antibiotics, in particular sulfonamides, were reported to cause the highest number of TEN cases, and analgesics/anesthetics accounted for a higher proportion of SJS-TEN overlap cases. The



TABLE 5 Drug category, drug type, and allergen with case count.

Drug Category	Drug Type	Specific Allergen (Number of SJS/TEN Cases) <sup>a</sup>
Antibiotics	Sulfonamides	Trimethoprim/sulfamethoxazole (54), sulfonamides (9), cephalixin (7), ceftriaxone (5), cefotaxime (5), sulfadiazine (5), Sulfamethoxazole (3), sulfadoxine (3), ceftazidime (3), cefuroxime (2), sulfacetamide (2), cefazolin (2), sulfa drugs (1), cefepime (1), ceftazopran (1), cefsulodin (1), ceftizoxime (1), cefixime (1), cephradine (1), maxipime (1), sulfa antibiotic therapy (1), sulfapyridine (1), sulfisoxazole (1), cefamandole (1), cefaclor (1), cefotiam hydrochloride (1)
	Penicillins	Amoxicillin (24), ampicillin (12), penicillin (8), amoxicillin/clavulanic acid (7), piperacillin/tazobactam (5), oxacillin (2), cloxacillin (2), flucloxacillin (2), amoxycillin (1), ampicillin/sulbactam (1), coamoxiclav (1)
	Quinolones	Ciprofloxacin (11), levofloxacin (10), moxifloxacin (4), norfloxacin (3), ofloxacin (3), lomefloxacin (1), sparfloxacin (1), tosufloxacin (1), trovafloxacin (1)
	Macrolides	Azithromycin (13), erythromycin (7), clarithromycin (3), roxithromycin (2)
	Vancomycin	Vancomycin (21)
	Tetracycline	Doxycycline (7), tetracycline (2), tigecycline (1), minocycline (1)
	Other antibiotics	Antibiotics therapy (7), trimethoprim (7), thalidomide (7), meropenem (6), teicoplanin (5), rifampin (4), gentamicin (3), amikacin (3), cephalosporin (3), nitrofurantoin (3), tobramycin (3), clindamycin (3), aztreonam (2), metronidazole (2), ethambutol (2), rifaximin (2), lincomycin (2), mupirocin (1), anti-tuberculosis medication (1), antibiotics (1), bacitracin (1), cephem (1), chloramphenicol (1), cilastatin (1), cycloserine (1), dapsone (1), ertapenem (1), furazolidone (1), imipenem (1), oral medication for an upper respiratory tract infection (1), pristinamycin (1), pyrazinamide (1), rifabutin (1), streptomycin (1), telithromycin (1)
Anticonvulsants		Phenytoin (61), carbamazepine (54), lamotrigine (49), valproate (15), oxcarbazepine (7), levetiracetam (5), zonisamide (4), antiepileptic drugs (3), clobazam (3), lacosamide (1), anticonvulsant (1), cannabidiol (1), felbamate (1), gabapentin (1), anticonvulsants (1), nitrazepam (1), phenylhydantoin (1), rufinamide (1), tetrazepam (1), trazepam (1), valproic acid (1)
Analgesics/ anesthetics	Analgics/antipyretics/ non-salicylates	Acetaminophen (36), phenacetin (1), dipyrone (1)
	NSAIDs	Ibuprofen (23), etoricoxib (6), acetylsalicylic acid (6), diclofenac (5), non-steroidal anti-inflammatory drug (5), naproxen (5), benoxaprofen (4), mefenamic acid (4), anti-inflammatory drug (3), celecoxib (3), metamizole (3), nimesulide (3), salicylamide (2), diacerein (2), piroxicam (2), ketoprofen (2), oxaprozin (2), indomethacin (2), fenbufen (1), isoxicam (1), loxoprofen (1), Mesalazine (1), methampyrone (1), diflunisal (1), oxyphenbutazone (1), rofecoxib (1), salicylates (1), sulindac (1), valdecoxib (1), diclofenac/serratiopeptidase (1), aceclofenac (1), etofenamate (1), Etodolac (1)
	Other analgesics/anesthetics	Analgesics (1), codeine (1), mepivacaine (1), isopropylantipyrin/arylisopropylacetourea/phenacetinum (1), acetaminophen/oxycodeone (1)
Antineoplastics	Alkylating agents	Cyclophosphamide (4), temozolomide (4), chlorambucil (3), cisplatin (1), carboplatin (1), ifosfamide (1), mechlorethamine (1)
	Antimetabolites	Methotrexate (13), gemcitabine (2), pemetrexed (2), capecitabine (1), cytosine arabinoside (1)
	Immunomodulator agents	Lenalidomide (9), everolimus (1), levamisole (1)
	Immunotherapy checkpoint inhibitor combination	Nivolumab (12)
	Systemic enzyme inhibitors	Imatinib (9), osimertinib (3), afatinib (2), sunitinib (2), sorafenib (2), ribociclib (2), vandetanib (1), bortezomib (1), gefitinib (1), Masitinib (1)
	Other antineoplastics	Vemurafenib (8), pembrolizumab (6), mogamulizumab (6), docetaxel (3), cetuximab (3), fulvestrant (2), Ipilimumab (2), vincristine (2), premetrexed/cisplatin (2), letrozole (2), etoposide (2), ofatumumab (1), paclitaxel (1), pd1 inhibitor (1), atezolizumab (1), peplomycin (1), procarbazine (1), rituximab (1), rituximab/bendamustine (1), tamoxifen (1), actinomycin (1), vinorelbine (1), cobimetinib (1), dactinomycin (1), brentuximab vedotin (1), denileukin diftitox (1), enfortumab vedotin (1), etoposide/cisplatin (1), l-asparaginase (1), bleomycin (1)

(Continued)

TABLE 5 (Continued)

Drug Category	Drug Type	Specific Allergen (Number of SJS/TEN Cases) <sup>a</sup>
Antiarthritics	Xanthine oxidase inhibitors	Allopurinol (45)
	Other antiarthritics	Leflunomide (2), penicillamine (1)
Antivirals	HIV-specific antivirals	Nevirapine (17), abacavir (2), efavirenz (2), stavudine (2), zidovudine (2), indinavir (1), darunavir (1), emtricitabine/tenofovir (1), nelfinavir (1)
	Other antivirals	Lamivudine (4), acyclovir (4), oseltamivir (3), adefovir (1), 18 drugs for encephalitis (1)
Gastrointestinal drugs		Sulfasalazine (10), omeprazole (5), ranitidine (5), lansoprazole (3), famotidine (2), hyoscyamine (1), cimetidine (1), dimenhydrinate (1), donnatal (1), glycerin (1), h2 antagonist (1), lactulose (1), pantoprazole (1), prochlorperazine (1), promethazine (1), rabeprazole (1), scopolamine (1)
Psychotherapeutic drugs	Antidepressant	Fluoxetine (2), mirtazapine (2), amoxapine (1), fluvoxamine (1), venlafaxine (1), duloxetine (1), paroxetine (1), sertraline (1), bupropion (1)
	Other psychotherapeutic drugs	Chlorpromazine (3), lithium (2), paliperidone (1), armodafinil (1), benzodiazepines (1), chlordiazepoxide (1), chlormezanone (1), haloperidol (1), modafinil (1), oxazepam (1), thioridazine (1)
Anti-infectives	Antimalarial drugs	Sulfadoxine/pyrimethamine (11), chloroquine phosphate (7), pyrimethamine (3), mefloquine (2), hydroxychloroquine (1), proguanil (1)
	Other anti-infectives	Atovaquone (2), ivermectin (2), pentamidine (1)
Antifungals		Fluconazole (8), voriconazole (3), terbinafine (3), griseofulvin (2), caspofungin (1), amphotericin B (1), itraconazole (1), nystatin (1)
Cardiovascular drugs		Captopril (3), minoxidil (3), carvedilol (2), hydralazine (2), vasoprotectors (1), rosuvastatin (1), atropine sulfate (1), irbesartan (1), nitroprusside (1), phenylephrine (1), ramipril (1), atorvastatin (1), sildenafil (1), timolol (1), vasodilators (1), amiodarone (2), amlodipine (2), nitroglycerin (1), diltiazem (1), dronedarone (1), isosorbide dinitrate (1)
Diuretics		Furosemide (4), methazolamide (4), acetazolamide (2), hydrochlorothiazide (2), indapamide (2), metolazone (2), bumetanide (1), spironolactone (1)
Vitamin/herb		Herbal medication (7), ayurvedic medication (3), ophiopogonis tuber (1), pyritinol (1), supradyn (1), vitamin b complex (1), traditional Chinese medicine (1), golden health blood purifying tablets (1), moringa oleifera (1)
Hormones	Glucocorticoids	Dexamethasone (7), prednisolone (3), betamethasone (1)
	Other hormones	Danazol (1), gemeprost (1), human chorionic gonadotropin (1), medroxyprogesterone acetate (1), cabergoline (1), clomiphene (1)
Biologicals/vaccine		Vaccine (2), influenza vaccine (2), measles vaccine (1), anthrax (1), hantavirus vaccine (1), MPR vaccine (1), rabies vaccination (1), smallpox vaccine (1), tetanus vaccines (1), varicella-zoster virus vaccine (1), yellow fever vaccine (1)
Diagnostic (contrast medium)		Contrast medium (9), diatrizoate meglumine-diatrizoate sodium (1), cardiac catheterization dye (1)
Chemotherapy rescue/antidote agents		Amifostine (5), mesna (1), leucovorin (1), folinic acid (1)
Antithrombotic agents	Anticoagulants	Warfarin (3), warfarin potassium (1), heparin (1), dabigatran (1)
	Antiplatelet drugs	Acetylsalicylic acid/dipyridamole (1), clopidogrel (1), ticlopidine hydrochloride (1)
Cough/cold preparations		Tipepidine (2), phenylpropanolamine (2), pseudoephedrine (2), guaifenesin (1), guaifenesin/pseudoephedrine (1)
Immunosuppressants		Mizoribine (2), tacrolimus (1), azathioprine (1), tocilizumab (1), mycophenolate mofetil (1)
Others		Teriflunomide (1), phenobarbital (22), strontium ranelate (3), ritodrine (3), propylthiouracil (2), adalimumab (2), tranexamic acid (2), glyburide (1), albuterol (1), alfuzosin (1), amphetamine (1), astemizole (1), bromisovalum (1), butalbital (1), carbocisteine (1), cetirizine (1), cocaine (1), contraceptive pills (1), cromoglycate (1), dimercapto-propane sulfonate (1), disulfiram (1), dorzolamide (1), etidronate (1), etretinate (1), fexofenadine (1), glipizide (1), glyphosate (1), immunoglobulin (1), iron protein succinylate (1), lactose (1), latanoprost (1), mancozeb (1), methamphetamine (1), methimazole (1), mifepristone (1), pirenzepine hydrochloride (1), promethazine methylene disalicylate (1), repaglinide (1), suramin (1), titanium silicate (1), some medications (1)

TMP-SMZ, trimethoprim/sulfamethoxazole; NSAIDs, non-steroidal anti-inflammatory drug; MPR, morbilli-parotitis-rubella; SJS/TEN, Stevens-Johnson syndrome and/or toxic epidermal necrolysis.

<sup>a</sup>The case count is reflecting the number of unique cases while some of the cases could have more than one allergen annotations.

TABLE 6 Non-drug allergen category and non-drug allergen with case count.

Non-Drug Allergen Category	Allergen Type	Specific Allergen (Number of SJS/TEN Cases) <sup>a</sup>
Infection	Mycoplasma pneumonia infection	<i>M. pneumoniae</i> (2), mycoplasma pneumonia infection (40), pneumonia infection (3), upper respiratory infection (2)
	Other infection	<i>Brucella melitensis</i> (1), cytomegalovirus infection (1), dengue virus (1), enterovirus (1), Epstein-Barr virus infection (1), herpes simplex virus (4), influenza B infection (2), mucor infection (1), parvovirus infection (1), pneumonia infection (2), psittacosis (1), respiratory infection (2), staphylococcus septicemia (1), upper respiratory infection (1), varicella-zoster virus (1), varicella infection (1), viral hepatitis type a (1), viral illness (2), yersinia enterocolitica infection (1)
Radiotherapy		Brain radiotherapy (13), cranial radiotherapy (2), radiotherapy (14)
Chemical substance	Chemical compound	Gangliosides (1), s,s-dimethyl cyanocarbonimidodithioate (1), trichloroethylene (1), arsenic (2), Iodine (1), mercury (1), carbamate insecticide (2), organophosphate insecticide (1)
Others	Disease	HIV (1), Hodgkin's disease (cancer) (1), lupus (1), non-Hodgkin lymphoma (1)
	Others	Acrylonitrile-butadiene-styrene (1), alpha-PVP (1), anhydrous caffeine (1), black widow spider bite (1), burn (1), caffeine (1), cellulose acetate (1), cologne (1), cosmetic cream (1), interleukin-2 (1), oil lamp (1), phototoxic allergy (1), polyvinyl chloride (1), printing inks (1), spirulina (1), sun exposure (1), tanning salon (1), UV-cured inks (1), pregnancy (2), pregnancy (2), bone marrow transplantation (2), stem cell transplantation (2)

SJS/TEN, Stevens-Johnson syndrome and/or toxic epidermal necrolysis; HIV, human immunodeficiency virus.

<sup>a</sup>The case count is reflecting the number of unique cases while some of the cases could have more than one allergen annotations.

remaining drug classes had no obvious differences in terms of the percentages among SJS, TEN, and SJS-TEN overlap cases.

Investigating immunosuppressive conditions and preconditions may reveal whether these conditions or related treatments amplify the risk of SJS/TEN. Risk factors, such as cancer, autoimmune disease, and infection, appear to be associated with SJS/TEN diagnosis in this study and prior research (1, 33, 34). Nearly a fifth of all cases reported having cancer prior to being diagnosed with SJS/TEN. Additionally, antineoplastics are one of the most frequently prescribed medications stated to cause SJS/TEN. Imatinib, methotrexate, lenalidomide, and nivolumab were among the most common antineoplastic agents listed as a causative drug. The increasing SJS/TEN cases among cancer patients suggests that the diseased cancer state and anticancer medication regimens may cause patients to be susceptible to severe cutaneous adverse reactions.

To a lesser extent, epilepsy and seizure disorders are a notable comorbidity, affecting nearly one in every ten cases. The high prevalence of epileptic disorders partially explains the significant number of anticonvulsants induced cases. At the same time, patients diagnosed with cancer who are treated with radiotherapy are often also treated with multiple medications, including anticonvulsants to preemptively abate seizures. While the occurrence of SJS/TEN in patients undergoing radiotherapy is rare, this condition has been frequently recognized in patients who are taking anticonvulsant drugs [i.e., phenytoin (35–46), carbamazepine (47), or antineoplastics (43, 48, 49)] while receiving cranial radiation.

In addition to cancer and epileptic disorders, approximately 5% of cases had a preexisting HIV infection, an established risk factor for SJS/TEN (1, 3, 11). Other studies noted a similar rate of 5–7% HIV cases among SJS/TEN cases, which is often higher than the controls for studies with a control group (7, 8). Data from the Nationwide Inpatient Sample from 2009 to 2012 also confirms that HIV/AIDS is one of the most common primary diagnoses for patients diagnosed with SJS/TEN (1). As Mockenhaupt et al. (8) suggest, HIV-associated cases have not significantly fluctuated over time as HIV incidence has stabilized. Still, as standard treatment has evolved, the causative agents associated with SJS/TEN have also changed. Of note, there is a preponderance of nevirapine-associated SJS/TEN cases in patients with HIV, accounting for 39% of all cases with HIV/AIDS. Additionally, nearly 12% of patients with HIV received trimethoprim-sulfamethoxazole, a common cause of adverse reactions in HIV patients (50) and one of the leading causes of SJS/TEN alone.

Beyond studying SJS/TEN through preconditions and risk factors, the compilation of case reports facilitated the identification of unique medication categories that are not often studied in relation to SJS/TEN including herbal medications and vaccines. Herbal medications/vitamins and vaccines are implicated as culprit agents in nearly 2% of cases. These drug categories are not frequently cited to cause SJS/TEN; however, in the case of herbal medications, the lack of cases may be due to underreporting in populations that are more likely to use herbal medications and not as likely to interface with allopathic medicine regularly. One study noted that 34% of

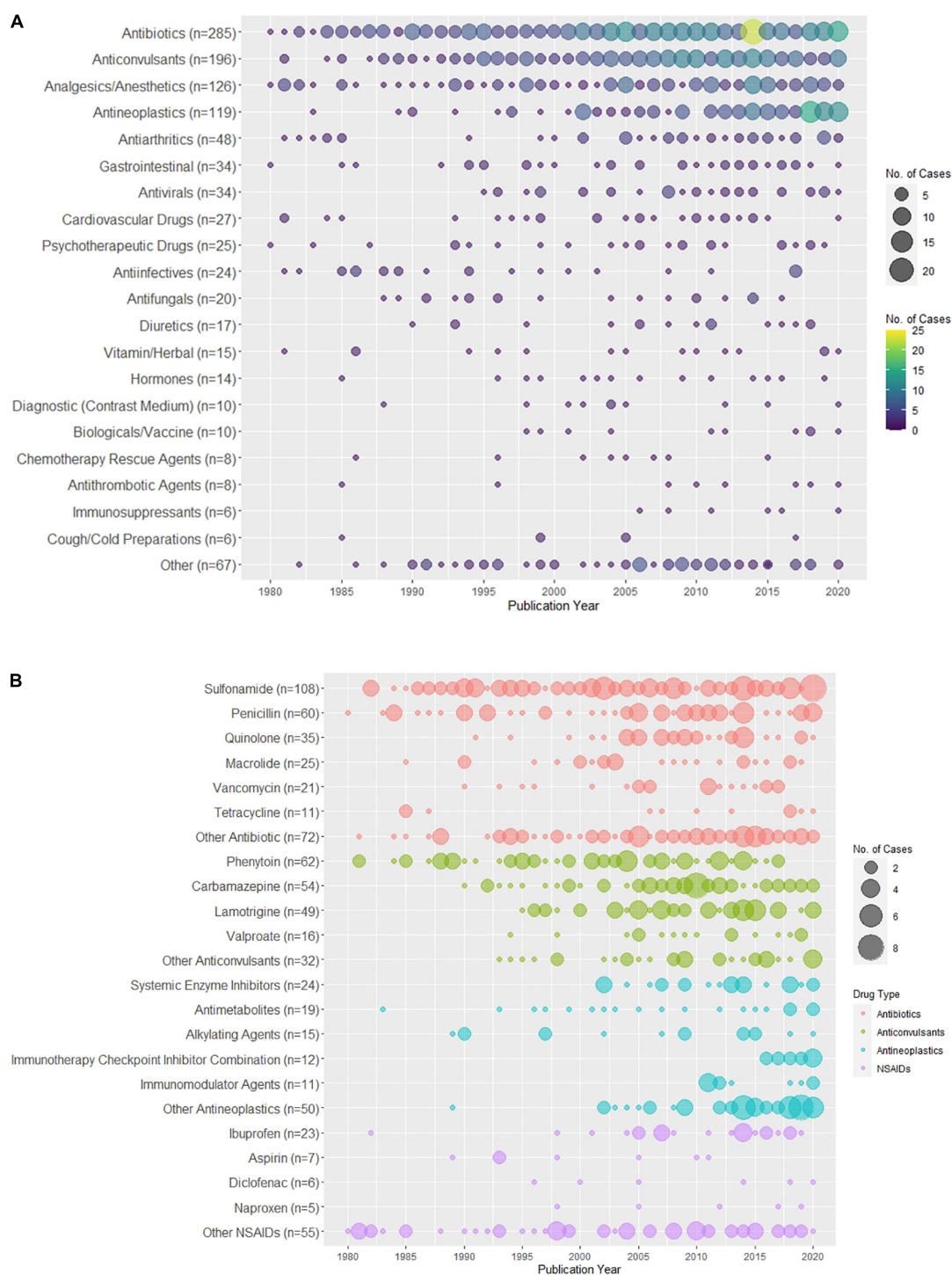


FIGURE 4

Distribution of drug culprits over the years. (A) Distribution of the drug categories of the culprit drugs associated with SJS/TEN over the years. (B) Distribution of the culprit drugs of top four common drug categories (antibiotics, anticonvulsants, antineoplastics, non-steroidal anti-inflammatory drugs [NSAIDs]) associated with SJS/TEN over the years.

people diagnosed with TEN in a burn center in Bangladesh took herbal medications and did not recall the medication name or its ingredients (51). Further analysis revealed that

illiteracy and lack of financial resources influenced their use of herbal medications. The vague understanding of which herbal medications triggers SJS/TEN indicates that there are many

unknowns associated with these medications and their true risk of causing SJS/TEN.

Unlike herbal medications, significant research has been performed to guarantee the overall safety of vaccines (52), yet common vaccines have also been linked to SJS/TEN, including the vaccines for influenza (53), smallpox, anthrax and tetanus (54), measles (55), the varicella-zoster virus (56), morbilli-parotitis-rubella (57), yellow fever (58), and rabies (59). Recently, COVID-19 vaccines were also reported to cause SJS/TEN (60, 61). Despite this potential risk, standard vaccines are not highly suspected to cause these reactions considering they account for 0.9% of cases. Moreover, relative to the sheer number of vaccines distributed annually, patients with vaccine-induced SJS/TEN represent a very small percentage of all vaccine recipients (62). However, these cases are difficult to validate as some probable cases were ill prior to receiving the vaccine or concomitantly taking other medications. All the same, it cannot be ruled out that SJS/TEN is a rare but possible adverse reaction for a small percentage of vaccine recipients.

Because many medical treatments involve multiple medications, it is difficult to determine whether a specific medication alone caused SJS/TEN without controlling for concomitant therapies (63). Approximately 16.6% of all cases were exposed to more than one medication at the time of the diagnosis and in those cases, it may be difficult to understand the influence of drug interactions. A medication that demonstrates the confounding effect of multiple drug therapies is the anticonvulsant valproate. Valproate was identified to cause 1.5% of SJS/TEN cases, suggesting it is a probable culprit agent that may trigger SJS/TEN. Yet 75% of patients receiving valproate were receiving other medications, particularly other anticonvulsants. Prior research reveals that valproate extends the half-life of lamotrigine such that lamotrigine persists in the body longer (64). Thus, while valproate alone has little to no significant risk of SJS/TEN, it increases the likelihood of an adverse reaction like SJS/TEN when interacting with specific medications (8, 64). With respect to cases involving antineoplastics, it is common to prescribe other medications in addition to antineoplastics, including anticonvulsants or antibiotics, which are also strongly associated with an SJS/TEN diagnosis. Several of the cases reporting more than one causative agent are patients with cancer, suggesting that patients with cancer may be at greater risk due to receiving a combination of highly suspected culprit agents that may interact and heighten the risk of SJS/TEN (39, 42, 43, 65).

## Non-medication culprits associated with Stevens-Johnson syndrome and toxic epidermal necrolysis

Non-drug allergens are reportedly associated with SJS/TEN in 12% of cases in the present study, among which, more

than half implicated infections. Three-quarters of the cases with infections as the culprit agent triggered an SJS diagnosis, indicating a strong association between SJS and infections. This link has also been confirmed in other studies (1, 66). Dissimilarly, a vast majority of TEN cases are associated with a medication culprit agent (67). Within our data, 19% of all cases had an infection as a preexisting condition, and at least 2% were confirmed mycoplasma pneumoniae infections. Likewise, infections, specifically mycoplasma pneumoniae infections, were also classified as a non-drug allergen for about 6.4% and 4.2% of all cases, respectively. This discrepancy between how many reports identified the infection as a precondition or as a causative agent indicates that the exact causal mechanism of infections remains unknown (1). It is possible that the antibiotics or other medication used to treat the infection were the true causative agents. However, there are several case reports that did not identify any potential medication that could serve as a causative agent (68–70). Additionally, some research groups have suggested that mycoplasma pneumoniae is more likely to trigger erythema multiforme (EM) and not SJS/TEN. While EM was previously regarded to fall along the same spectrum of severe cutaneous reactions, EM and severe cutaneous reactions such as SJS/TEN have separate diagnostic criteria at present (71). Ultimately, the relationship between infections and SJS/TEN requires further exploration, and understanding the shared characteristics of cases with non-drug allergens will be invaluable in identifying potential risk factors for SJS/TEN or similar severe cutaneous reactions beyond common causative medications.

## Limitations of using case reports from literature to study Stevens-Johnson syndrome and toxic epidermal necrolysis

In general, algorithms that assessed drug causality were rarely reported in the case reports. Therefore, in many cases, the actual causative agent may be a probable but not definite cause for SJS/TEN. Similarly, there is uncertainty surrounding the true causative agents in several studies using EHR or registry database data (4, 9, 72). In addition to multiple drug interactions (7, 73, 74), increased dosage of a medication may also trigger SJS/TEN (8, 75). It is also unclear how many SJS/TEN cases are truly caused by non-drug allergens, considering 7.6% of cases solely implicate non-drug allergens. Furthermore, validating diagnoses of SJS/TEN can be challenging (39), and the definition of SJS/TEN has changed over time. This might result in the inclusion of some EM cases in our analysis inadvertently due to the author's assessment, particularly with cases reported prior to 2000 when the diagnostic criteria were less defined (2, 76). Due to the retrospective nature of our study, we could not re-evaluate the case diagnosis, and only about



half of the SJS/TEN case reports indicated confirmation from pathology results.

By design, data collected from case reports are not generalizable nor can we make causal inferences from case reports, unlike other evidence-based study designs. Although our study reviewed a large number of SJS/TEN cases, there was no way to form a control group for comparison to identify differences that result from an SJS/TEN diagnosis. Also, while our data captures comprehensive patient information, our compiled data cannot be used to infer the epidemiology of SJS/TEN. With publication biases, some cases are more likely to be reported than others, impacting the generalizability of our findings.

Studies that rely on database or registry data may be more capable of overcoming certain reporting biases. For instance, Fukasawa et al. (16) used a large-scale employee claims database that includes longitudinal inpatient, outpatient, and pharmacy information for all employees receiving national coverage to approximate the true and relative risk of SJS/TEN in the Japanese population (77). However, selection bias may still be involved from excluding cases that arise from uncommon medications or causes that are not recorded in the database (9, 62). Also, not all studies take precautions to validate cases or define a control population (9). Despite lacking a control group and being subject to publication biases, significant results from our data remain consistent with data extracted from large-scale databases and registries.

Additionally, missing data due to a lack of standardized criteria that promoted complete, detailed reports made it difficult to detect associations between patient characteristics and SJS/TEN. Such variable level of detail in each case report complicated the annotation and analysis process. For instance, a majority of cases did not report race or ethnicity, inhibiting us from uncovering associations between race and incidence of SJS/TEN diagnosis for certain medications (6, 34, 78). Also, case reports used different terms to refer to the same medication. Because case reports are published according to differing journal-specific standards (79), a broader quality metric does not exist to ensure high quality data reporting. Still, nearly half of all included cases contained pathology results, and approximately 66% contained photographs as reference, indicating that reports have the potential to be very comprehensive and provide invaluable clinical insight. Establishing a quality measure can help ensure the clinical utility of case reports and may minimize publication bias.

Despite these shortcomings, case reports are a rich source of detail regarding the etiology, clinical courses, and potential treatments of SJS/TEN. The information extracted from case reports can shape clinical guidelines for providing care for prospective SJS/TEN patients and, ultimately, enhance our medical understanding these reactions.

## Conclusion

Our study assembled a large, unique set of SJS/TEN cases from the literature and provided an extensive list of potential causative agents associated with SJS/TEN. By identifying differences across the disease spectrum and trends across individual case reports, this research builds a more holistic understanding of SJS/TEN, extracting information from seminal research in the field and validating trends observed in prior studies. For future research, it is necessary to understand the distinct impact of individual medications on SJS/TEN progression and how culprit agents differ in various populations. The sheer abundance of case reports and the level of detail therein will likely support efforts to address these next steps in SJS/TEN research.

## Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

## Author contributions

LW had full access to all the data in this study, took responsibility for the integrity of the data and the accuracy of the data analysis, and did the concept and design. LW, SV, FB, Y-CL, CO, and SS did the acquisition, analysis, or interpretation of data. LW and SV drafted the manuscript and performed the statistical analysis. KB, EP, and LZ obtained the funding. LW and LZ contributed to the administrative, technical, or material support. LW, KB, EP, and LZ supervised the data. All authors critically revised the manuscript for important intellectual content.

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## Conflict of interest

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The remaining authors declare that the research was conducted in the absence of any commercial or financial

relationships that could be construed as a potential conflict of interest.

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# Disease severity and status in Stevens–Johnson syndrome and toxic epidermal necrolysis: Key knowledge gaps and research needs

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Stevens–Johnson syndrome and toxic epidermal necrolysis (SJS/TEN) are on a spectrum of cutaneous drug reactions characterized by pan-epidermal necrosis with SJS affecting < 10% of body surface area (BSA), TEN > 30%, and SJS/TEN overlap between 10 and 30%. Severity-of-illness score for toxic epidermal necrolysis (SCORTEN) is a validated tool to predict mortality rates based on age, heart rate, BSA, malignancy and serum urea, bicarbonate, and glucose. Despite improved understanding, SJS/TEN mortality remains constant and therapeutic interventions are not universally accepted for a number of reasons, including rarity of SJS/TEN; inconsistent definition of cases, disease severity, and endpoints in studies; low efficacy of interventions; and variations in treatment protocols. Apart from mortality, none of the other endpoints used to evaluate interventions, including duration of hospitalization, is sufficiently standardized to be reproducible across cases and treatment centers. Some of the gaps in SJS/TEN research can be narrowed through international collaboration to harmonize research endpoints. A case is made for an urgent international collaborative effort to develop consensus on definitions of endpoints such as disease status, progression, cessation, and complete re-epithelialization in interventional studies. The deficiencies of using BSA as the sole determinant of SJS/TEN severity, excluding internal organ involvement and extension of skin necrosis beyond the epidermis, are discussed and the role these factors play on time to healing and mortality beyond the acute stage is highlighted. The potential role of artificial intelligence, biomarkers, and PET/CT scan with radiolabeled glucose as markers of disease status, activity, and therapeutic response is also discussed.

## KEYWORDS

Stevens–Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN) (SJS/TEN), severity, internal organ involvement, depth, knowledge gaps



## Background

Stevens–Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN), collectively referred to as epidermal necrolysis (SJS/TEN), are on a spectrum of the same life-threatening drug reaction. The primary feature of SJS/TEN is pan-epidermal necrosis of the skin and mucous membranes. In SJS, there is < 10% of body surface area (BSA) with epidermal detachment while in TEN there is > 30%. SJS/TEN overlap lies between these two extremes (1). TEN is considered the more severe phenotype and is associated with significantly higher mortality of up to 40% (2). The severity-of-illness score for toxic epidermal necrolysis (SCORTEN) is currently the most widely used validated tool to predict mortality rates, although its accuracy has been questioned in certain settings and alternative scores developed (3, 4). SCORTEN predictors of higher mortality in acute settings are age > 40 years, heart rate > 120 bpm, BSA > 10%, serum urea > 10 mmol/L, serum bicarbonate < 20 mmol/L, serum glucose > 14 mmol/L, and cancer or hematological malignancies (3).

Despite improved understanding of SJS/TEN in the last 30 years, mortality has remained constant despite global efforts to find effective pharmacotherapeutic interventions (5, 6). These efforts have been hampered, among others, by rarity of SJS/TEN; inconsistent gold-standard definition of cases; inconsistent and inadequate definition of disease severity; inconsistent and inadequate definition of endpoints and clinical outcomes in studies; low clinical effectiveness of current interventions, making it difficult to conduct sufficiently powered studies; and variations in treatment protocols (5–7). A survey of North American clinicians managing SJS/TEN concluded that the length of time before cessation of disease progression and the length of time to complete re-epithelialization are some of the minimum required variables for researchers and clinicians to effectively evaluate SJS/TEN treatment efficacy in a clinically meaningful way. These, as well as mortality and duration of hospitalization, are the endpoints currently used to evaluate pharmacotherapeutic efficacy and other interventions (8). Apart from mortality, none of the others has been standardized sufficiently to be used with reproducible accuracy across individual cases and treatment centers (7).

A systematic review published in March 2022 that included only highest quality studies, namely, randomized-controlled trials and prospective observational comparative studies, found no evidence to support superiority of the following interventions when compared head to head: corticosteroids vs. no corticosteroids; intravenous immunoglobulins (IVIGs) vs. no IVIGs; and cyclosporine vs. IVIGs. However, the study reported a possible reduction in mortality with the use of the TNF-alpha inhibitor etanercept compared to corticosteroids.

The authors assessed three of the four studies included in the comparisons to have very low-certainty evidence and one to have low-certainty evidence. Time to complete re-epithelialization, length of hospital stay, and adverse effects leading to discontinuation of therapy were not reported in the majority of studies. There were no studies that compared etanercept vs. cyclosporine, etanercept vs. IVIG, IVIG vs. supportive care, IVIG vs. cyclosporine, and cyclosporine vs. corticosteroids (7). Another systematic review with a meta-analysis and meta-regression of observational studies also published in March 2022 concluded that the use of etanercept resulted in the lowest mortality rate and the highest IVIG compared to supportive care and other systemic therapies used in SJS/TEN. Corticosteroids were associated the shortest time for re-epithelialization and the shortest length of hospital stay. The authors highlight that the severity of disease seems to influence the choice of therapy by the treating physicians (9). A systematic review and meta-analysis published a few months before these two concluded that systemic glucocorticoids showed a survival benefit for patients with SJS/TEN in all analyses compared with other forms of treatment (10). A common problem highlighted in all these reviews is the heterogeneity of the studies and low confidence in their reproducibility. All conclude that better-designed prospective studies are needed. Despite these challenges, there is more emerging evidence to suggest that combination therapy of etanercept and corticosteroids or etanercept as monotherapy reduces mortality, skin healing time, and hospital stay compared to IVIG combined with corticosteroids or corticosteroid monotherapy (11–13).

The relative rarity of SJS/TEN, and to a lesser extent, the efficacy of current interventions are the two factors that are beyond the immediate control of researchers in the field. Case definition has improved over the years, allowing differentiation from other blistering disorders like erythema multiforme and bullous-fixed drug eruptions (1, 5, 14). The other variables that are inconsistently evaluated and reported in interventional studies for SJS/TEN are amenable to harmonization by a well-directed, focused, and collaborative global effort. Global collaboration, sharing of ideas, and directing research efforts on SJS/TEN are already underway. These international collaborations are an ideal platform to address these issues (15, 16). In this article, research gaps and unmet needs in SJS/TEN research that impact uniformity and consistency in studies that assess therapeutic interventions are highlighted. Also in focus are gaps relating to disease severity, disease status, disease progression or cessation of progression during the acute stage, and definition of disease resolution. Potential future research directions are suggested to address some of these gaps.

## Research gaps

### Body surface area as the sole determinant of severity

Body surface area has an important, validated, and clinically obvious association with in-hospital and early mortality (17, 18).

However, there is considerable evidence showing that BSA impacts mortality only in the first 90 days of SJS/TEN, and that increased mortality is recorded among survivors for up to a year after the acute episode (19). This suggests that factors other than the BSA influence the severity and natural history of SJS/TEN.

### Extension of skin necrosis beyond the epidermis as an additional marker of severity

The extension of tissue damage beyond the epidermis by the pathogenic factors involved in SJS/TEN, even in the absence of complications like skin infection, although largely unappreciated currently, seems to impact the time to complete re-epithelialization regardless of treatment approaches taken. Over the years, in our unit we have encountered “definite” cases of TEN based on the RegiSCAR SJS/TEN validation tool that we informally referred to as “superficial TEN.” Although the BSA and mucosal involvement in these cases were extensive, the epidermal necrosis of the skin seemed to be more superficial and tended to be associated with a better prognosis than those whose necrosis was more typical with the necrosis extending comparatively deeper into the skin. The most obvious clinical difference between the two is the propensity to bleed in the latter group if denuded skin is  $> 5 \text{ cm}^2$ . This suggests a differential extension of the primary pathology into the dermis. **Figure 1** illustrates two “definite” cases of SJS/TEN with comparable BSA involvement at the peak of their disease but different depths of disease extension.

To further support the hypothesis that sometimes the primary pathology in SJS/TEN extends well beyond the epidermis and affects at least progenitor and stem cell populations in affected tissues, two cases of SJS/TEN exclusively managed with supportive care in our unit are highlighted. The first, a previously published case, was a 36-year-old HIV-infected woman of African descent with a CD4+ count of  $510 \text{ cells/mm}^3$  and on zidovudine, lamivudine, and efavirenz for 3 years who desired to conceive. Efavirenz was substituted with nevirapine in her antiretroviral regimen. A week later, she developed a “definite” case of TEN that peaked at 70% BSA. She also developed persistent bilateral corneal perforations despite amniotic membrane transplant. All drugs had been stopped within 48 h of the first symptoms. During her 158-day hospitalization, her skin failed to re-epithelialize despite

numerous attempts to skin graft-denuded areas as well as culture and transplant her keratinocytes *in vitro* to promote healing. All the donor sites also failed to heal. Multiple skin biopsies showed lack of epithelial markers. She died of disseminated tuberculosis and septic shock (20).

The second case is a 40-year-old woman of African descent with epilepsy since the age of 12 who presented to us with a “definite” case of TEN, peaking at 40% BSA and uncharacteristically affecting the scalp. She was 24 weeks pregnant with twins. She had started lamotrigine 17 days earlier, having previously been on phenytoin and sodium valproate uneventfully. All drugs were stopped within 24 h of the first symptoms. Her course in hospital was complicated by a miscarriage of both twins 2 days post admission, keratitis, failure to re-epithelialize, and recurrent systemic bacterial infections well into the evolution of her disease. She eventually had extensive full-thickness skin grafting 122 days after the disease onset. This has been complicated by extensive keloid formation in the grafted areas, although she had no history of hypertrophic scarring or keloid formation (21).

In both cases, time to re-epithelialization and duration of hospitalization were considerably longer than averages in large studies with similar BSA (8, 22–25). A delay in the withdrawal of the offending drug, drugs with longer half-lives, preexisting comorbidities, and ethnic background have been suggested associations with prolonged progression and delayed healing in SJS/TEN, the latter a potential proxy for SJS/TEN severity (26–28). As illustrated by these two cases and others in the literature, delayed healing can be associated with different drugs, can occur in any Fitzpatrick skin type, and does not require delayed cessation of the offending drug or HIV infection (26, 29). It is not clear whether scalp involvement, hypertrophic scarring, and/or keloid formation are markers of deeper extension of the primary pathology beyond the epidermis in SJS/TEN.

### Internal organ involvement as an additional marker of Stevens–Johnson syndrome and toxic epidermal necrolysis severity

Bacterial systemic infection (BSI) and septic shock have been shown to be the major causes of intensive care unit admission and death in SJS/TEN (18, 30). In a retrospective Taiwanese study of 150 patients with SJS/TEN, 21% developed disseminated intravascular coagulation (DIC), a marker for BSI. TEN, compared with SJS and SJS/TEN overlap, was significantly associated with the development of DIC, elevated procalcitonin levels, and a 7-fold increase in mortality (31, 32). The organisms isolated from the bloodstream in BSI seem to originate from both the skin and the gut (33–35). In a study of 18 SJS/TEN cases managed in a burns center, there were 11 deaths, six of whom had a postmortem



FIGURE 1

Toxic epidermal necrolysis affecting 40% body surface area in two patients: (A) a more superficial variant without denudation of the skin and (B) a variant with positive Nikolsky sign and denudation of the skin as well as frank bleeding.

examination. Four of these showed acute ulceration of the esophagus, terminal ileum, and colon ranging from complete denudation to focal ulcerations, becoming a potential source of microbial seeding into the bloodstream. The authors acknowledged that systemic corticosteroids administered to the patients could have caused the ulcers among other possible etiologies (35). These studies support the hypothesis that there may be bacterial dislocation from the gut to the bloodstream in SJS/TEN. The gastrointestinal system (GIT) involvement is further supported by reports of SJS/TEN affecting the esophagus, stomach, small intestines, colon, and the rectum. Apart from visualization on postmortem and scopes, reports of gut perforation, intussusception, bleeding, diarrhea, protein-losing enteropathy, hepatitis strictures, and stenosis following SJS/TEN further support GIT involvement in the disease (35–58).

Multitudes of other studies, case series, and case reports strongly support the involvement of other internal organs in SJS/TEN. Involvement of the respiratory system (RS) can manifest in both the acute or chronic settings. A prospective study of 41 consecutive cases of SJS/TEN found “specific” involvement of the bronchial epithelium in 27% of cases. The authors suggested that this was associated with a worse prognosis (59). Mechanical ventilation was necessary for a quarter of 221 patients with SJS/TEN seen at a French national referral center (60). A retrospective study of 32 SJS/TEN cases found 50% to have abnormal lung function tests during routine follow-up (61). In the published literature, RS involvement following SJS/TEN has been characterized by chronic lung disease, bronchiolitis obliterans, interstitial lung disease, pulmonary air leak syndrome, laryngeal obstruction, and obliterative bronchitis, among others (57, 61–76). The genitourinary system is also not spared in SJS/TEN.

Approximately 30% of SJS/TEN cases have been reported to have some form of acute kidney injury, some severe enough to warrant hemodialysis (41, 64, 75, 77–79). Perforation of the uterus, vaginal and introital adenosis, cervical/vaginal adhesions and stenosis, labial synechiae, hydrocolpos, hematometra, hematometrocolpos, and endometriosis are the other reported sequelae of SJS/TEN (64, 75, 80–90). In recent years, the chronic sequelae of SJS/TEN have been recognized and described more systematically. Apart from those just described, other chronic sequelae include eye disease, depression, anxiety, post-traumatic stress disorder, nail abnormalities, pigmentary disorders, scarring, hair loss, pruritus, chronic pain, autoimmune diseases, chronic fatigue, and dental abnormalities (15, 16, 61, 63, 64, 91–93). Perhaps one of the most worrisome recent findings is the higher-than-expected mortality rate among SJS/TEN survivors up to a year after the reaction. A study of 460 patients with SJS/TEN by the RegiSCAR study group found an overall mortality of 23 and 34% 6 weeks and 1 year after the reaction, respectively. BSA was a risk factor for mortality only in the first 90 days, whereas serious comorbidities and age influenced mortality beyond 90 days and up to 1 year after onset of reaction. Even when controlling for comorbid conditions and age, SJS/TEN survivors still have excess mortality compared to the general population (19).

The existing literature suggests that SJS/TEN is a systemic disease with internal organ involvement that can influence not only outcomes but evolution of the disease. The inclusion of acute parameters like heart rate, serum urea, bicarbonate, and glucose in SCORTEN, which were normal in the premorbid state and return to normal in a proportion of survivors, further supports systemic nature and internal organ involvement in SJS/TEN. Internal organ involvement has been shown by numerous studies to impact mortality and morbidity. However,

the frequency and severity of individual organ involvement and their impact on overall morbidity and mortality are not clear. Although there have been attempts to develop severity grading systems for systemic involvement in SJS/TEN, with varying degrees of focus on cutaneous and internal organ involvement, these are yet to be validated (25, 94–96).

## Inadequate definition of disease status, progression, cessation, and complete re-epithelialization

Disease progression describes the natural history of a disease, such as pain, or levels of a biomarker such as blood pressure or enzyme levels. There are two main measures of response to a therapeutic intervention in any disease, both dependent on the time course of the disease. The most common is a symptomatic effect equivalent to a shift up or down of the natural history curve. Less common but quite clinically important is a disease-modifying effect equivalent to a change in the rate of disease progression. Both measures can be established using clinical outcomes such as symptoms, or biomarkers such as clinical signs and/or other quantifiable indicators of disease status. To adequately determine disease progression, disease status must be clearly determined at baseline (97). Survival and hospital stay are other examples of measurable outcomes.

In interventional studies designed to halt disease progress, it is necessary to have predetermined biomarkers that correlate with the different stages of the disease as it evolves through the natural history. The same biomarkers can then be used to assess disease status at initiation of therapy as well as its evolution in response to treatment or a placebo. One of the challenges confronting SJS/TEN interventional studies currently is inadequate and often inconsistent definition of disease status and consequently disease progression. A recent systematic review and meta-analysis of systemic interventions in SJS/TEN included three randomized-controlled trials and six prospective, controlled observational studies. The limitations of the included studies identified by the authors include failure to report the time to full skin healing; wide treatment variations across institutions; lack of controlling for confounders; inadequate reporting of baseline comorbidities; and the reliance by clinicians on medical history, clinical morphology, and histopathology, as there are no validated biomarkers to aid in the diagnosis or prognostication of SJS/TEN. The authors recommend all these be addressed to improve the quality of the studies (7). A closer examination of the individual studies highlights the variation in endpoints and a generally inadequate definition of these endpoints in even the most robust of interventional studies in SJS/TEN. Other than mortality, endpoints included change in prostration (level of tiredness or weakness); fever; duration of progression of skin detachment; BSA stabilization; arrest of disease progression; beginning and

completion of re-epithelialization; recovery velocity index using a severity-of-illness score developed by the authors; illness auxiliary score that includes modified SCORTEN parameters; and a simplified acute physiology score. Apart from variable endpoints, most of the studies do not fully describe these endpoints in a reproducible fashion (25, 95, 96, 98–102).

## Potential future research directions

### Imaging as a global assessment of Stevens–Johnson syndrome and toxic epidermal necrolysis severity

Positron emission tomography (PET) is a non-invasive molecular imaging tool that provides tomographic images and quantitative parameters of perfusion, cell viability, proliferation, and/or metabolic activity of tissues. These images result from the use of different substances of biological interest (sugars, amino acids, metabolic precursors, hormones) labeled with positron-emitting radionuclides. A combination of important functional information provided by PET with morphological detail provided by computed tomography (CT) as PET/CT provides clinicians with a sensitive and accurate one-step whole-body diagnostic and prognostic tool. Fluorodeoxyglucose (FDG) is a radiolabeled analog of glucose and is taken up by cells *via* the first stages of the normal glucose pathway and trapped inside cells with high glycolytic activity. FDG uptake is quantifiable and correlates with metabolic activity, providing useful information on disease severity, disease progression, and therapeutic response (103). FDG-PET/CT has been used successfully to identify, localize, and quantify inflammation *in vivo* in an array of inflammatory conditions affecting the eye, RS, GIT, GUT, and the cardiovascular system. It is a useful tool to detect metabolic responses in infectious processes and other inflammatory conditions (104). The spectrum of clinical diseases on which FDG-PET/CT has shown utility includes connective tissue diseases, vasculitis, arrhythmias, arteriosclerosis, aneurysm detection and progression, sarcoidosis, amyloidosis, psoriasis and psoriatic arthropathy, malignancies, neuritis, encephalitis, eye tumors, myositis, arthritis, osteomyelitis, osteonecrosis, osteitis, transplant rejection, inflammatory bowel disease, hepatitis, glomerulonephritis, lymph node assessment, hidradenitis suppurativa, tuberculosis, and deep fungal infections (105–118). We have used FDG-PET/CT in an ongoing study to determine internal organ involvement and disease severity in patients with SJS/TEN during the acute stage and a later time point. Our preliminary data show very promising proof-of concept results that demonstrate FDG-PET/CT as relatively non-invasive



methods of identifying and quantifying tissue involvement in SJS/TEN beyond the skin.

## Artificial intelligence as an aid in the Stevens–Johnson syndrome and toxic epidermal necrolysis disease status

Artificial intelligence (AI) is a general term that implies the use of a computer to model intelligent behavior with minimal human intervention. The application of AI in medicine has two main branches, namely, virtual, and physical. The virtual component is represented by deep learning (DL), a subset of machine learning (ML) that is represented by mathematical algorithms that improve learning through experience. AI's goal is to build algorithms ("models") that perform tasks that are considered to require intelligence or training, such as recognizing objects or diseases in images. Traditionally, algorithms are built that can perform image classification tasks by first creating feature detectors (e.g., this is a round spot, this is the color of that spot), then using handcrafted prediction rules (e.g., size > 3 mm, color varying across the spot) to make classifications. However, this can be difficult and the models may be brittle (e.g., the spot detection fails, or the color quantification fails because the lighting is different, or the size detection fails because the skin is a variable distance from the camera).

There are three types of ML algorithms, namely, (1) unsupervised (ability to find patterns), (2) supervised (classification and prediction algorithms based on previous examples), and (3) reinforcement learning (use of sequences of rewards and punishments to form a strategy for operation in a specific problem space) (119). ML is a set of computational techniques to build algorithms that learn from data (i.e., "training data") instead of being engineered to detect specific features. Dermatology, as a predominantly visual specialty, is suitable for ML because there is sufficient complete training data in the form of clinical images. This is more accurate than handcrafted approaches that input data handpicked by the data scientist into the model. For example, by training an algorithm using tens or hundreds of thousands of images of SJS/TEN across a variety of lighting conditions and backgrounds, the algorithm can learn the morphologies that correspond to the disease more accurately.

Deep learning is the dominant AI technology that leverages complex data, such as images, through artificial neural networks that learn complex mappings between inputs (e.g., images) and outputs (e.g., diagnoses) without explicit human engineering. The model self-learns features from the input, such as visual patterns, that are most relevant for predicting the output. In many settings across medical specialties, DL matches healthcare professionals in detecting disease from medical imaging (120). AI is progressively being integrated into clinical care of skin diseases. An AI system has already

been approved for the European market as a medical device for the management of melanoma. The device was shown to perform comparably with dermatologists who reviewed text and clinical images of melanomas in a setting simulating store-and-forward teledermatology (121). A DL system for diagnosis of early SJS/TEN images vs. non-severe cutaneous adverse drug reactions based on imaging of the individual lesions has recently been developed. This was shown to perform significantly better than all 10 board-certified dermatologists and 24 trainee dermatologists involved in the study (122). AI offers a significant opportunity to harmonize SJS/TEN disease status and endpoints across studies.

## Biomarkers as tools for measuring disease severity

Previous SJS/TEN studies have mostly focused on genetic biomarkers and others to predict mortality. There have been much fewer studies focusing on biomarkers to monitor severity, progression, and response to therapy during the acute stages of SJS/TEN and how these correlate with long-term morbidity and delayed mortality. Biomarkers that have been studied either singly or in combination in SJS/TEN include procalcitonin (32); granulysin (123); IFN- $\gamma$  (124); interleukin (IL)-8 and granzyme B (125); endocan, tumor necrosis factor- $\alpha$ , vascular endothelial growth factor, and C-reactive protein; serum IL-17 (126); complement components (127); alarmins like the heterodimeric form of S100 calcium-binding protein A8 and S100 calcium-binding protein (A9 S100A8/A9) (123); chemokines like CXCL9/MIG and CXCL10/IP-10 (124); antimicrobial peptides like LL-37 (128); exosomal nucleic acids like *miR-375-3p* (129); plasma lipid profiles (130); renal functions (78, 79); neutrophil:lymphocyte ratio; and C-reactive protein:albumin ratio (131).

Systematic pattern comparison of biochemical, inflammatory, hematological, and immune biomarkers in SJS/TEN cohorts stratified by severity and mortality may enable sufficient discrimination to warrant inclusion in risk stratification models. In these types of studies, lack of clinically or statistically significant differences does not necessarily imply a lack of association with the outcomes being measured (132). Thus, it is important to have a low threshold for biomarker inclusion in study designs and building predictive risk stratification models.

## Development of consensus on definitions of endpoints in interventional studies

Significant coherence has emerged among the leading researchers in SJS/TEN over the last decade. Numerous



meetings that brought together international experts and researchers have successfully been convened in Asia and North America. The meetings have been effective in collating together the current body of knowledge, allowing closer collaboration among researchers and mapping research agenda on SJS/TEN. Some of the highlighted gaps, including definitions of disease severity, progression, and complete re-epithelialization, can be addressed in these meetings of experts and consensus reached. Similarly, researchers at the forefront of biomarker research can collectively study the most promising biomarkers and map research direction. This would further allow sharing of progress made, including negative findings that would otherwise not make it into publication. Unless these and other similar collaborative efforts are adopted, the proposed international multicenter pharmacotherapeutic interventional studies may not provide robust evidence (133).

## Limitations

The limitations of this work include the use of individual case reports to highlight the gaps in current practice that may be outliers and not generalizable to all patients with SJS/TEN. Additionally, these are proposals that may not be successfully implemented in real-life settings.

## Conclusion

There are gaps that need to be urgently addressed in SJS/TEN research. There is an urgent need for reproducible methods of measuring disease severity that are sensitive to changes induced by therapeutic interventions and that more accurately predict outcomes beyond the acute stage by including the systemic and internal organ effects of SJS/TEN. Potential solutions include consensus on definitions, advances in diagnostic imaging and biomarker assessment, and development of AI platforms for the detection and monitoring of disease.

## Data availability statement

The raw data supporting the conclusions of this article will be made available by the author, without undue reservation.

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## Ethics statement

The studies involving human participants were reviewed and approved by Human Research Ethics Committee, University of Cape Town. The patients/participants provided their written informed consent to participate in this study. Written informed consent was obtained from the individual(s) for the publication of any potentially identifiable images or data included in this article.

## Author contributions

The author confirms being the sole contributor of this work and has approved it for publication.

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## Conflict of interest

The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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# Case report: Alpelisib-induced Stevens–Johnson syndrome

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**Background:** Alpelisib is a recently approved treatment for hormone receptor-positive, HER2-negative, PIK3CA-mutated advanced breast cancer. It has been associated with alopecia and rash, but there are no documented cases of Stevens–Johnson Syndrome (SJS) associated with this drug. Here, we detail the first case of SJS associated with alpelisib.

**Case description:** Our patient is a 60-year-old woman with a past medical history of metastatic hormone receptor-positive (ER+ 80% and PR+ 1%), HER2-negative metastatic breast cancer who presented with acute odynophagia, fevers, and diffuse body rash after receiving her first doses of alpelisib and fulvestrant in the preceding days. She presented to the emergency department after developing a whole-body rash and severe ulceration of her buccal mucosa. She was started on methylprednisolone with remarkable improvement in symptoms.

**Conclusion:** This case report details the only report of SJS following alpelisib treatment. Immediate cessation of drugs and initiation of steroids are the cornerstone of treatment. Patients who experience such side effects will have to be monitored closely for long-term sequelae associated with SJS, including cutaneous, ocular, and oral sequelae, all of which can profoundly affect the quality of life for cancer patients.

## KEYWORDS

breast cancer, metastatic breast cancer, alpelisib, Stevens Johnson syndrome (SJS), Stevens Johnson Syndrome

## Introduction

As therapies continue to evolve for the treatment of metastatic breast cancer, clinicians must be aware of new possible adverse effects that they may encounter. Alpelisib is a novel oral treatment for advanced hormone receptor-positive, HER2-negative, PIK3CA-mutated breast cancer. All-grade rash related to alpelisib was reported in 53.9% of patients and grade 3 rash in 20.1% in the landmark SOLAR1 trial, which resulted since the approval of this medication (1). This is an on-target side effect. Here, we discuss the first reported case of Stevens–Johnson syndrome likely precipitated by alpelisib.

## Case description

A 60-year-old woman with a past medical history of metastatic hormone receptor-positive (ER+ 80% and PR+ 1%), HER2-negative breast cancer with pulmonary, hepatic, and osseous metastases presented to the emergency department with acute odynophagia, fevers, and diffuse body rash. She had started fulvestrant (500 mg intramuscular (IM) injection) 15 days prior and alpelisib (300 mg daily) 19 days prior to presentation. The patient was not previously taking any antibiotics or CYP3A4 inhibitors prior to presentation. Her symptoms started 4 days prior to presentation when she noticed oral lesions initially with mild erythema and a small ulcer on the inner lower lip mucosa. The ulcers increased in size and number, and she was febrile to 100.7°F, which prompted a call to her primary care physician. She was prescribed magic mouthwash, which worsened her

symptoms. She then noticed an erythematous, non-pruritic rash starting on her chest and spreading to her back and presented to the ED. She was noted to have worsening oral pain, sloughing, severe odynophagia, and dysphagia.

## Diagnostic assessment

On admission, she was febrile to 100.7°F and tachycardic with a heart rate of 108. She was normotensive. She noted no nausea, vomiting, chest pain, shortness of breath, and abdominal pain. Complete blood count showed leukocytosis at 13,100. Physical exam was notable for exudative and hemorrhagic sloughing of the lips and buccal mucosa and morbilliform and blanching erythema on the trunk with a superficial erosion on the chest (Figures 1–3). She was also noted to have tearing in both eyes. She was evaluated by ophthalmology, and the evaluation showed no change in vision with the anterior segment unremarkable and conjunctiva with trace hyperemia and injection without significant discharge or conjunctivitis. No symblepharon formation, episcleritis, or iritis was observed upon examination. On genital exam, she was noted to have erythema localized to the vagina.

Differential diagnoses included Stevens–Johnson Syndrome (SJS)/toxic epidermal necrolysis (TEN), paraneoplastic pemphigus, and reactive infectious mucocutaneous eruption (RIME). However, given the extensive skin sloughing of her lips and oral mucosa, the leading diagnosis was SJS/TEN.

A punch biopsy of the back showed features consistent with mild interface dermatitis with basal layer vacuolization and scattered necrotic keratinocytes consistent with the erythema



FIGURE 1  
Morbilliform rash and blanching erythema on the back.



FIGURE 2  
Morbilliform rash and blanching erythema on the trunk.

multiforme spectrum of disorders (Figure 4). Both alpelisib and fulvestrant were stopped. She was started on 1 mg/kg of methylprednisolone daily, and her symptoms improved markedly (Figures 5, 6). She was then transitioned to oral steroids with a regimen of 60 mg of prednisone daily for

7 days, then 40 mg of prednisone daily for 7 days, and then 20 mg of prednisone daily for 7 days. She had no long-term sequelae of SJS. Systemic treatment was held until her steroid taper was completed. Of note, she later tolerated subsequent fulvestrant therapy without any side effects.



FIGURE 3  
morbilliform rash Exudative and hemorrhagic sloughing of the lips and buccal mucosa.

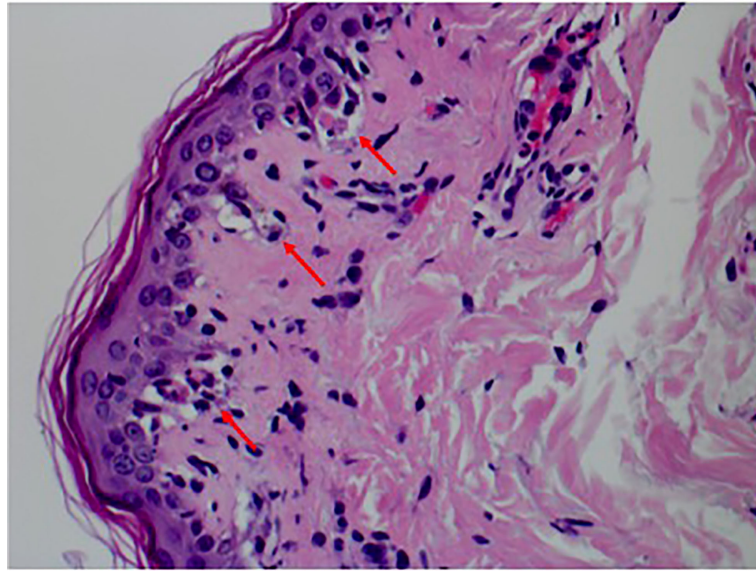


FIGURE 4

Punch biopsy pathology showing interface dermatitis with basal layer vacuolization, several apoptotic keratinocytes, and a sparse lymphocytic infiltrate.

## Discussion

SJS and TEN represent a spectrum of febrile, mucocutaneous drug-induced reactions. Annually, the incidence of SJS in adults in the United States is estimated to be approximately nine cases per

million per year (2). Cases of SJS/TEN have often been associated with various types of antibiotics. These include sulfonamides, tetracyclines, and cephalosporins (3–5). Cases involving other medications including allopurinol, lamotrigine, and imidazole antifungals have also been seen (6–8). The distinction between



FIGURE 5

Patient's mouth 11 days after initial presentation.





FIGURE 6  
Patient's back 11 days after initial presentation.

SJS and TEN is based on the surface area, with SJS being diffuse and involving less than 10% of the total body surface area. It often manifests with widespread erythematous or purpuric macules or flat atypical target-shaped lesions. Conversely, TEN involves greater than 30% of body surface area and may present without any discrete lesions. Skin findings between 10% and 30% are classified as SJS/TEN overlap syndrome.

Alpelisib is indicated for the treatment of advanced or metastatic hormone receptor-positive (HR+), HER2-negative, and PIK3CA-mutated breast cancer, given in combination with fulvestrant (1). It functions *via* the inhibition of phosphatidylinositol-3-kinase (PI3K), primarily acting through the inhibition of PI3K- $\alpha$  (9). This facilitates an increase in estrogen receptor transcription, providing new receptor targets for fulvestrant. Although common dermatologic manifestations including alopecia and rash have been associated with alpelisib, serious dermatologic adverse effects such as SJS have been rare (10, 11). While there are additional risk factors that can predispose a patient to SJS/TEN, such as certain human leukocyte antigens (HLAs) or documented cross-reactivity to other medications, our patient did not have such a history that could explain her symptoms. SJS has been seen previously with older chemotherapeutic agents including bleomycin and thalidomide, EGFR inhibitors such as afatinib and cetuximab, and immunotherapeutic agents including nivolumab and pembrolizumab (12). There are no other reported cases of SJS following alpelisib. In addition, this patient's timeline of symptoms would align with the expected onset of SJS following

a new medication, as symptoms often develop within 1–2 weeks of a new treatment.

## Conclusion

This case report details the only report of SJS following alpelisib treatment. The patient tolerated fulvestrant treatment after this incident without reaction. Immediate cessation of the drug is required. Further therapy may involve steroids, cyclosporine, etanercept, or intravenous immunoglobulin (IVIG). Patients who experience such side effects will have to be monitored closely for long-term sequelae associated with SJS, including cutaneous, ocular, and oral sequelae, all of which can profoundly affect the quality of life of cancer patients.

## Data availability statement

The original contributions presented in the study are included in the article/[Supplementary Material](#). Further inquiries can be directed to the corresponding author.

## Author contributions

CK and AD wrote the manuscript. AH reviewed and edited the manuscript. WR helped with the pathology slide and explanation. All authors contributed to the article and approved the submitted version.



## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fonc.2022.954027/full#supplementary-material>

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# Tools to improve the diagnosis and management of T-cell mediated adverse drug reactions

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Delayed drug T-cell immune-mediated hypersensitivity reactions have a large clinical heterogeneity varying from mild maculopapular exanthema (MPE) to severe cutaneous adverse reactions (SCARs) such as acute generalized exanthematous pustulosis (AGEP), drug reaction with eosinophilia and systemic symptoms (DRESS) and severe skin necrosis and blistering as seen in Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN). Given the knowledge gaps related to the immunopathogenesis of these conditions, the absence of validated diagnostic tools and the significant associated morbidity and mortality, patients with SCARs often have limited drug choices. We performed a comprehensive review aiming to evaluate *in vivo* diagnostic tools such as delayed intradermal skin and patch testing and *ex vivo/in vitro* research assays such as the lymphocyte transformation test (LTT) and the enzyme-linked ImmunoSpot (ELISpot) assay. We searched through *PubMed* using the terms "drug allergy," "*in vivo*" and "*ex vivo*" for original papers in the last 10 years. A detailed meticulous approach adapted to the various clinical phenotypes is recommended for the diagnostic and management of delayed drug hypersensitivity reactions. This review highlights the current diagnostic tools for the delayed drug hypersensitivity phenotypes.

## KEYWORDS

drug allergy, *in vivo*, *ex vivo*, diagnostic tools, delayed hypersensitivity reaction, drug reaction with eosinophilia and systemic symptoms (DRESS), Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN), severe cutaneous adverse reactions (SCARs)

## Introduction

Delayed immune-mediated drug hypersensitivity reactions (DHR) are inflammatory reactions with a predominant manifestation in the skin that can be associated with systemic manifestations, and are hypothesized to be T-cell mediated. These reactions are not anticipated and not dependent on the dose administered (1).

Severe cutaneous adverse reactions (SCARs) are DHR that cause severe damage to the skin and/or internal organs and are associated with significant acute and long-term morbidity and increased mortality risk (2). Risk factors include cystic fibrosis, severe asthma, chronic lymphatic leukemia, human immunodeficiency virus or genetic susceptibility (3). For the purpose of this review, we will focus on mild maculopapular exanthema (MPE) as well as SCAR syndromes: acute generalized exanthematous pustulosis (AGEP), drug reaction with eosinophilia and systemic symptoms (DRESS) and Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN). Our main goal is to portray the diagnostic methods, including a description of the currently used clinical skin testing and novel investigational *ex vivo* methods for the delayed DHR.

## Methods

We formulated a research question focusing on the available diagnostic tools aimed to improve the diagnosis and management of delayed T-cell mediated drug reactions. The objective of the comprehensive review was established using the PICO method, including population, interventions, comparators and outcomes. We searched *PubMed* for peer-reviewed original articles with the terms drug, antibiotic, antimicrobial, sulfonamide, non-steroidal anti-inflammatory, anti-epileptic or anti-convulsant; allergy, hypersensitivity or T-cell mediated; and *in vivo* as well as *ex vivo* diagnostic methods.

We used the key words: {[drug\*(Title/Abstract)] OR [antibiotic\*(Title/Abstract)] OR [antimicrobial\*(Title/Abstract)] OR [sulfonamide\*(Title/Abstract)] OR [non-steroidal anti-inflammatory\*(Title/Abstract)] OR [amoxicillin\*(Title/Abstract)] OR [anti-epileptic\*(Title/Abstract)] OR [anti-convulsant\*(Title/Abstract)]} AND {[*ex vivo* (Title/Abstract)] OR [*in vitro* (Title/Abstract)] OR [skin testing\*(Title/Abstract)] OR [patch testing\*(Title/Abstract)] OR [enzyme-linked immunoSpot assay\*(Title/Abstract)] OR [ELISpot(Title/Abstract)] OR [lymphocyte transformation test\*(Title/Abstract)] OR [lymphocyte proliferation\*

(Title/Abstract)] OR [stimulation test\*(Title/Abstract)] OR [IFN\*(Title/Abstract)] OR [flow cytometry\*(Title/Abstract)]} AND {[allergy\*(Title/Abstract)] OR [hypersensitivity\*(Title/Abstract)] OR [T-cell mediated\*(Title/Abstract)]}.

Articles relevant to the topic of interest were examined following the inclusion criteria: (1) original human studies (pediatric and adult population), (2) academic articles published in peer-reviewed journals, (3) available in English or French language, and (4) published between January 1st 2012 and June 2nd 2022. The search provided 1,440 results (Figure 1). The first screening was based on the titles and abstracts followed by a second round of screening performed by reviewing the full-text articles for selected studies. For the purpose of this study, meta-analysis-based research articles were not considered in the original studies subcategory. Articles on immediate and vaccine hypersensitivity were excluded as these were considered beyond the scope of this review. To better illustrate the existing literature, original articles were further sub-categorized in studies containing information on *in vivo* tools, *ex vivo* tools and HLA-related research. The descriptive/epidemiological reports published that did not address any diagnostic tools were added to another subgroup (Figure 1).

## Delayed hypersensitivity reactions

Delayed hypersensitivity reactions can occur hours to days following exposure to a drug or drug metabolite. It is hypothesized that uncontrolled T-cell production triggers the different immune manifestations (Figure 2). Matured antigen-presenting cells such as dendritic cells and macrophages interact with antigen-specific T CD4+ helper cells as well as CD8+ cytotoxic T-cells leading to drug-specific cell-mediated immunity (4). While adaptive immunity plays an essential role, an implication of the innate immune response has been demonstrated *in vitro* for agents such as allopurinol (5).

There is a limited number of cohort studies that focus on providing a better understanding of the incidence, clinical description and mortality of DHR. The majority of the data is extrapolated from small older studies. Some reports suggest that drug-induced SCARs are less prevalent in the pediatric population compared to an adult population (6–9). A description of the main delayed drug related T-cell mediated hypersensitivity reactions is portrayed in Table 1 with an illustration of the immunopathogenesis and treatment options in Figure 2.

## Maculopapular exanthema

### Clinical description

The MPE, morbilliform drug eruption or benign exanthem is the most common benign skin reaction associated with

Abbreviations: AGEP, acute generalized exanthematous pustulosis; DRESS, drug reaction with eosinophilia and systemic symptoms; ELISpot, enzyme-linked ImmunoSpot; MPE, maculopapular exanthema; SCAR, severe cutaneous adverse reaction; SJS, Stevens-Johnson syndrome; TEN, toxic epidermal necrolysis.

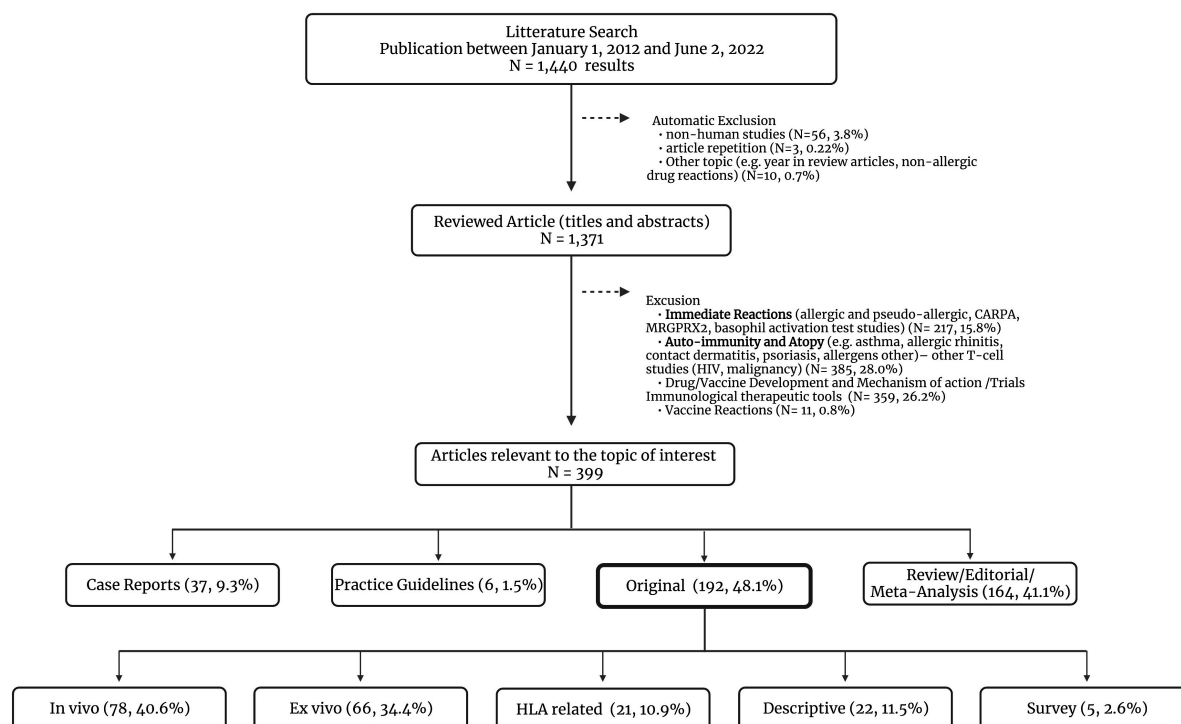


FIGURE 1

Comprehensive literature review—article selection. CARPA, complement activation-related pseudoallergy; HIV, human immunodeficiency virus; HLA, human leukocyte antigen; MRGPRX2, Mas-related G-protein coupled receptor member X2. The *ex vivo* original studies can also describe the use of *in vivo* diagnostic tools in the methods or study design.

drugs. This condition is characterized by a maculopapular erythematous eruption that can become widespread and confluent and can be associated with pruritus and/or mild eosinophilia (10). The onset of the reaction typically occurs in the first 7–10 days of treatment for patients not previously exposed to the medication. However, in previously sensitized individual, re-exposure can lead to a skin eruption as rapid as 6–72 h after treatment initiation. In the pediatric population, viral exanthemas are an important differential diagnosis (11).

## Epidemiology

Early studies suggest a prevalence of 2% for cutaneous drug eruptions in general (12), with up to 90% representing a mild phenotype. However, there is limited recent reliable data describing this non-severe type phenotypes. Another aspect is the non-immune mediated nature of some MPE that may result in overestimating the prevalence of this condition (13).

## Drugs

All drug categories could, in theory, induce a skin eruption and there is a fine line between a recognized side effect and a mild skin hypersensitivity reaction. However, few studies that focus on a limited number of drugs have demonstrated how drugs induce T-cell mediated reaction mainly looking

at antibiotics (penicillins, cephalosporins, sulfonamides) and anticonvulsants.

## Management

Treating through in MPE is part of the accepted management options especially when the treatment alternatives could jeopardize the quality of the treatment or the treatment outcome (14, 15). The skin manifestation can be controlled with oral second-generation antihistamines as well as topical corticosteroids (15). A multidisciplinary approach is suggested for all delayed hypersensitivity conditions from MPE to TEN. Specialists implicated in the management vary depending on the organ involvement with allergy immunology, dermatology and infectious disease usually at the center of the management team (16).

## Acute generalized exanthematous pustulosis

### Clinical description

The AGEF is a non-follicular, sterile, pustular rash over widespread erythema, with a preference for the flexural folds. This condition can be accompanied by systemic symptoms such

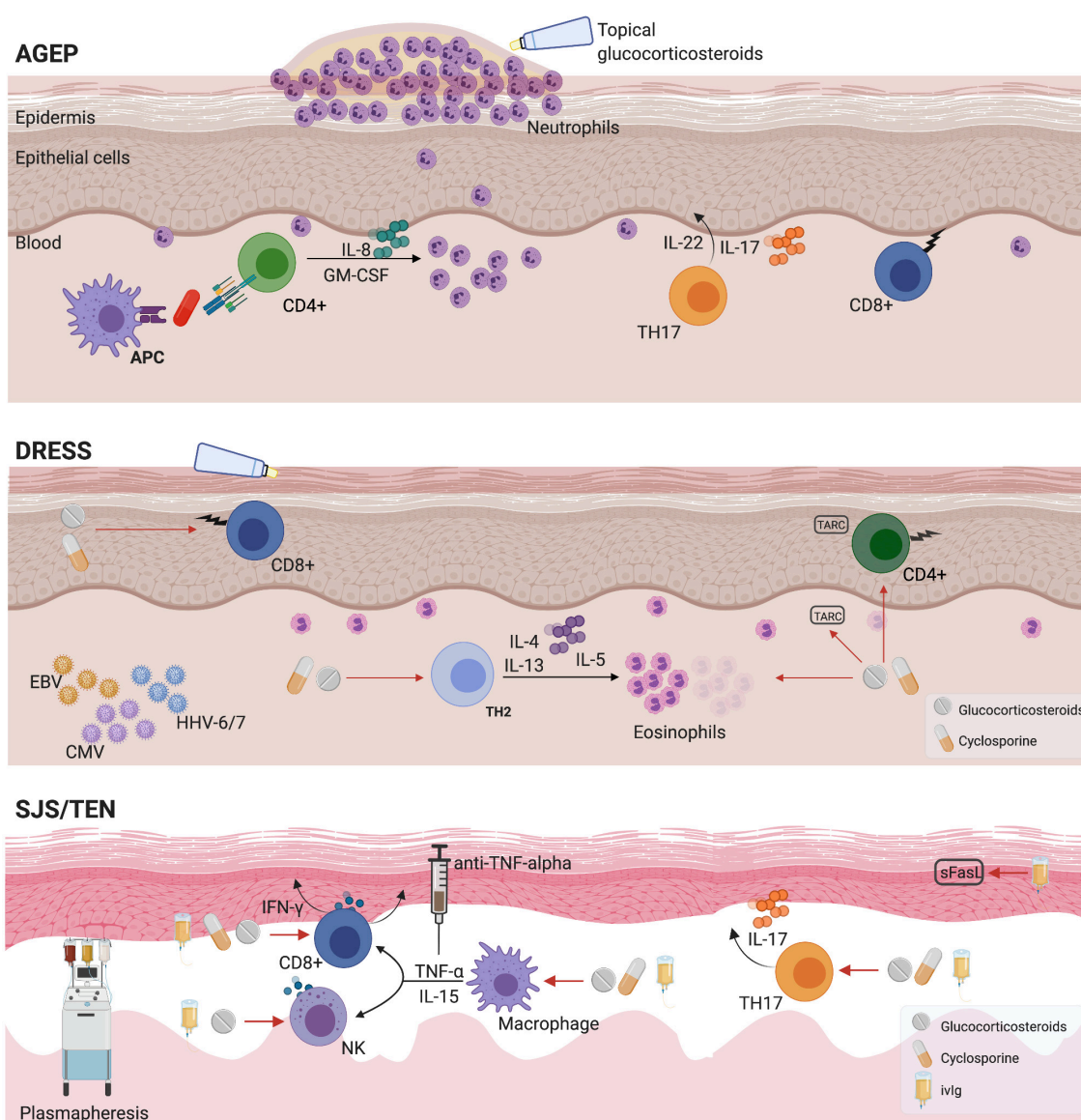


FIGURE 2

Mechanisms and pharmacological management for T-cell mediated reactions. AGEP, acute generalized exanthematous pustulosis; APC, antigen presenting cell; CMV, cytomegalovirus; DRESS, drug reaction with eosinophilia and systemic symptoms; EBV, Epstein-Barr virus; HHV, Human Herpesvirus; GM-CSF, granulocyte macrophage-colony stimulating factor; IFN- $\gamma$ , Interferon gamma; IL, interleukin; sFasL, soluble Fas ligand; SJS, Stevens-Johnson syndrome; TARC, thymus and activation-regulated chemokine; TEN, toxic epidermal necrolysis; TNF, tumor necrosis factor.

as fever and/or biological abnormalities (10). A validation score from the EuroSCAR group criteria can be used to confirm the clinical diagnostic for AGEP cases (17). Part of the differential diagnosis of pustules localized on an erythematous skin is generalized pustular psoriasis (GPP), a rare subtype of psoriasis (18). During the initial clinical presentation, AGEP and GPP can be difficult to distinguish. The clinical evolution, with a shorter disease course for AGEP, as well as the biopsy with psoriasiform changes of the epidermis seen with GPP and absent in AGEP, allows the clinician to clarify the diagnosis (19, 20).

## Epidemiology

A landmark study for AGEP comes from the 2001 EuroSCAR group that reports an incidence of 1–5 cases per million persons per year (17). The mortality rate was reported to be 2–4% (21, 22) while understanding that this condition has a favorable prognosis following culprit drug withdrawal (23).

## Drugs

Multiple agents have been associated with AGEP (17) with antibiotics and antimycotics commonly described (21, 22). The



TABLE 1 Delayed drug related T-cell mediated hypersensitivity reactions.

Phenotype	Incidence	Clinical description	Average latency	Mortality	Skin biopsy	Common drugs (10)	Clinical score	Laboratory Investigations	In vivo Tools	Ex vivo tools	HLA association	Management options
MPE	2% (12)	Maculopapular erythematous eruption that can be associated with pruritus and/or mild eosinophilia	4–12 days	n/a	Vacuolar interface dermatitis and tissue eosinophilia	Antibiotics (penicillins, cephalosporins, sulfonamides); anticonvulsants	Naranjo score	CBC + Diff (Eosinophils)	IDT-Delayed reading PT Drug Challenge	n/a	n/a	Drug withdrawal Symptomatic treatment♦ Treating through
AGEP	1–5/million/year (17)	Non-follicular sterile pustular rash over widespread erythema, fever and/or biological abnormalities	Hours–2 days (aminopenicillins) +2 weeks	2–4% (21, 22)	Spongiform subcorneal and/or intraepidermal pustules; perivascular and interstitial infiltrate	Antibiotics (penicillins, cephalosporins); antimycotics; other (diltiazem, oxycam, analgesics)	Naranjo score AGEP validation score	CBC + Diff (Neutrophils)	IDT-Delayed reading PT Drug Challenge♣	ELISpot LTT	n/a	Drug withdrawal Symptomatic treatment♦
DRESS	09-2/100,000 (32, 188)	Erythematous urticaria-like or violaceous skin eruption, facial and extremity edema, lymphadenopathy, fever, biological abnormalities and internal organ involvement.	2–8 weeks (<2 weeks antibiotics and contrast product)	3–10% (9, 189)	Interface dermatitis with basal vacuolization	Anticonvulsants; antibiotics (sulfonamides, vancomycin, minocycline); allopurinol	Naranjo score RegiSCAR score	CBC + Diff (Eosinophils) Liver panel Renal panel	IDT-Delayed reading PT Drug Challenge♣	ELISpot LTT	A*32:01 (84) (Vancomycin) B*58:01 (190) (Allopurinol) B*13:01 (191) (Dapsone) A*31:01 (Carbamazepine)	Drug withdrawal Symptomatic treatment♦ Systemic glucocorticoids (36) Cyclosporine (40)
SJS/TEN	2–7/million/year (15)	Skin necrosis, skin detachment (Nikolsky sign) and blistering of the mucous membranes accompanied by serious systemic manifestations	4–28 days	30% (47)	Keratinocyte necrosis (partial to full-thickness necrosis of all epidermis layers)	Allopurinol; anticonvulsants; antibacterial sulfonamides; nevirapine; NSAIDs; antituberculosis agents	Naranjo score SCORTEN	CBC + Diff Liver panel Renal panel	PT	ELISpot LTT	B*15:02 (191) (Carbamazepine) B*58:01 (190) (Allopurinol)	Drug withdrawal Supportive wound care (51, 52) IVIG (54) Systemic glucocorticoids and IVIG (55) Cyclosporine (56, 57) TNF inhibitor (58)

AGEP, acute generalized exanthematous pustulosis; ALDEN, algorithm of drug causality for epidermal necrolysis; CBC, complete blood count; Diff, differential; DRESS, drug reaction with eosinophilia and systemic symptoms; ELISpot, enzyme-linked ImmunoSpot; IDT, intradermal testing; IVIG, intravenous immunoglobulin; LTT, lymphocyte transformation test; MPE, maculopapular exanthema; Naranjo score, the Adverse Drug Reaction (ADR) Probability Scale; PT, patch testing; RegiSCAR, European Registry of Severe Cutaneous Adverse Reactions; SCORTEN, Score of toxic epidermal necrosis; SJS, Stevens-Johnson syndrome; TEN, toxic epidermal necrolysis; TNF, tumor necrosis factor.

♣ In specific cases were investigations provide conclusive results, drug challenge can be considered with less likely or alternative drugs.

♦ Symptomatic treatment consists of emollients, moderate to high-potency topical corticosteroid and second generation non-sedating oral antihistamines.

<sup>1</sup>Peter et al. (10); <sup>2</sup>Bigby et al. (12); <sup>3</sup>Sidoroff et al. (17); <sup>4</sup>Saissi et al. (21); <sup>5</sup>Sidoroff et al. (22); <sup>6</sup>Wolfson et al. (32); <sup>7</sup>Muller et al. (188); <sup>8</sup>Kim et al. (9); <sup>9</sup>Chiou et al. (189); <sup>10</sup>Konvinse et al. (84); <sup>11</sup>Hung et al. (204); <sup>12</sup>Zhang et al. (205); <sup>13</sup>Shiohara and Kano (36); <sup>14</sup>Kuschel and Reedy (40); <sup>15</sup>Rzany et al. (48); <sup>16</sup>Sekula et al. (47); <sup>17</sup>Schwartz et al. (51); <sup>18</sup>Seminario-Vidal et al. (52); <sup>19</sup>Huang et al. (54); <sup>20</sup>Micheletti et al. (55); <sup>21</sup>Gonzalez-Herrada et al. (56); <sup>22</sup>Ng et al. (57); <sup>23</sup>Wang et al. (58).

short latency period for AGEP and certain specific clinical characteristics are considered agent specific (24). Case reports have described an association with infections (viral, bacterial or parasitic), spider insect bites and contrast agents (24).

## Management

The main goal is to offer supportive care and to control the skin inflammation and pruritus. Similar to MPE, topical medium potency corticosteroids and second-generation antihistamines are commonly prescribed (25). In a retrospective review of electronic medical records from Singapore of 43 AGEP cases, where 9 (21%) patients were treated with systemic corticosteroids, the use of systemic corticosteroids compared with topical corticosteroids was associated with a reduction in the hospital stay (26). During the acute reaction, a skin biopsy can aid with the identification of the underlying phenotype. While this is not routinely performed for the mild drug eruption or for some of the classic manifestations, the histopathologic findings can support the diagnosis of a drug related reaction particularly in atypical cases or when GPP is suspected (Table 1).

## Drug reaction with eosinophilia and systemic symptoms

### Clinical description

Drug reaction with eosinophilia and systemic symptoms or drug-induced hypersensitivity syndrome (DIHS) is a polymorphic erythematous urticaria-like or violaceous skin eruption that can progress to exfoliative dermatitis, facial and extremity edema. Patients can present with lymphadenopathy as well as fever, biological abnormalities and internal organ involvement. It is suggested that reactivation of viruses from the *Herpesviridae* family such as human herpesvirus (HHV)-6, HHV-7, Epstein-Barr virus (EBV), cytomegalovirus (CMV) play a major role in the pathogenesis (27, 28). This condition is characterized by a delayed onset, the time from the drug exposure varying from 2 to 6 weeks (29). Recent reports have described a shorter latency period (less than 15 days) for antibiotics and contrast agents (30). The RegiSCAR is calculated using clinical and laboratory data to estimate the probability of this condition (definite, probable, possible, or no case) (31).

### Epidemiology

There are no large cohort studies or registries for DRESS. Using electronic health records, a recent report calculated the incidence at 2/100,000 (32) and a Spanish pharmacovigilance program described an incidence of 4/10,000 patients (33). The incidence of DRESS is drug and population dependent.

## Drugs

The primary culprit drugs are antibiotics and anticonvulsants (32) as well as allopurinol (34). Recently, other agents such as contrast product have been described (35).

## Management

Drug withdrawal is an essential part of acute management with patients often being restricted in terms of future drug options. The culprit agents and all possible cross-reactive drugs are avoided. As multiple organ involvement is frequent, systemic corticosteroids are usually initiated besides the usual supportive care (36–38). For refractory cases of DRESS with persistent elevated liver function, viral infections should be ruled out as possible mimickers include infectious mononucleosis (EBV), CMV, and HIV (39). Case reports and small case series demonstrate a role for cyclosporine as a second line agent (40, 41). There might be a role for other immunosuppressive agents but no randomized trials have showed a benefit and they are not part of routine management.

## Stevens-Johnson syndrome and toxic epidermal necrolysis

### Clinical description

Stevens-Johnson syndrome and toxic epidermal necrolysis are characterized by skin necrosis, skin detachment (positive Nikolsky sign) and blistering of the mucous membranes accompanied by serious systemic manifestations. The mortality for this condition can reach 30–50% (42). The distinction between SJS and TEN is determined by affected body surface area (BSA): 1–10% for SJS, 10–30% for SJS/TEN overlap and >30% for TEN (10). The time interval from drug exposure to the development of symptoms can vary from 4 to 28 days and in a third of cases no causal agent is identified (29). In the pediatric population, *Mycoplasma pneumoniae* infection has been associated with SJS (43). A clinical score (SCORTEN) can be calculated to indicate prognostic value (44). The ALDEN score is an algorithm that helps identify the most likely culprit drug based on criteria such as type of drug, timing and possible alternative causes (45, 46). An ALDEN score of 4 or more is usually required for the SJS/TEN phenotype.

### Epidemiology

The incidence of SJS/TEN is estimated at 2–7 cases per million people per year using a German population based-registry with an increase prevalence of SJS cases compared to TEN (47, 48). Recently, data from the FDA adverse event reporting system (FAERS) indicated a rate of 0.15% with 30,202 reactions among the 20,406,852 adverse drug events reported in the database (49). In lower- and middle-income countries where

TB and HIV are more prevalent, the rates of SJS/TEN are up to 10-fold higher (10).

## Drugs

The agents most commonly implicated are allopurinol, anticonvulsants and antibiotics (50). However, in about one third of cases, a drug cannot clearly be associated with the development of the SJS/TEN (46).

## Management

Following drug withdrawal and avoidance of cross-reactive medications, for SJS/TEN, given the multiorgan involvement, various specialties must be involved in the acute setting such as ophthalmology, head and neck, gastroenterology, gynecology, etc. Patients are usually transferred to burn units in order to be able to receive the adequate wound care, nutritional and fluid support (51, 52). The role of adjunctive therapies is unclear at this time with the use of systemic corticosteroids being controversial (47). While reports on mortality show contradictory results, a meta-analysis regrouping 1,209 patients indicated a benefit with corticosteroid treatment (decreased mortality) compared to supportive treatment alone (53). Intravenous immunoglobulins (IVIG), while part of the management in various centers, have an unclear clinical benefit (54). The combination of systemic corticosteroids and IVIG seems to be associated with the lowest mortality rates compared to each treatment alone (55). Cyclosporine has also been used with promising results in terms on mortality reduction (56, 57). Considering the high mortality rate for this condition, novel therapies are required. Recent studies have shown a possible benefit in the acute phase of the disease following the use of TNF-alpha inhibitors such as etanercept. These agents improved skin healing and decreased mortality as estimated by predictive scores (58).

## Generalized bullous fixed drug eruption

### Clinical description

The generalized bullous fixed drug eruption (GBFDE) is considered a rare type of fixed drug eruption that is multifocal and widespread, characterized by sharply defined bullae at the same site following recurrent administration of offending drug (59). The skin surface under the large flaccid bullae is often widespread red or brown (59). Systemic symptoms such as fever and arthralgias have also been described. The main differential diagnosis for this condition is SJS/TEN but GBFDE has a milder course with rapid skin healing in absence of scarring following drug discontinuation (60, 61).

## Epidemiology

While fixed drug eruption (FDE) has been commonly described with an incidence of 14–22% (61), the incidence of GBFDE is unknown at this time.

## Drugs

Fixed drug eruption has been associated with numerous drugs from antibiotics to analgesics and NSAIDs as well as sedatives (61). In a cohort of 48 GBFDE cases, the mean time to disease after drug administration was 2.9 days and the suspected drugs varied from antibiotics to analgesics and NSAIDs (59).

## Management

As for all the previously described conditions, the main treatment is culprit drug removal followed by symptomatic management to decrease pain or related pruritus (61). A biopsy excluding alternative cause (e.g., SJS/TEN, TEN-like lupus and immunobullous disease such as bullous pemphigoid, linear IgA disease) is required. The biological marker granulysin has been shown to help differentiate SJS/TEN from other conditions (62). While the aim of this review is to present diagnostic tools, the GBFDE has been presented as part of the differential diagnosis for SJS/TEN and will not be discussed in detail in the subsequent sections.

## Diagnostic tools

### History and drug timeline

A detailed clinical history is crucial to diagnose drug-related reactions. For beta-lactam allergy, it has been demonstrated that beta-lactam allergy interviews, in absence of skin testing, can assist in ruling out an allergy and reduce the use of non-beta-lactam antibiotics such as fluoroquinolones, considered high-*Clostridioides difficile* infection-risk antibiotics (63, 64). However, this has been infrequently deployed in moderate to severe presumed T-cell mediated reactions.

Following a detailed history, assessing the temporal association between symptoms and drug exposure with the help of a drug timeline is crucial. Any drug started more than 6–8 weeks before the reaction is less likely to be causal (65). The drug half-life must also be considered. SJS/TEN reactions associated with drugs that have a long half-life (more than 20 h) have been associated with an increase in mortality (26%) compared to drugs with shorter half-life (5% mortality) (66). This suggests that the time of drug discontinuation is also important. Using validated causality scores such as the Naranjo score can help guide clinicians in identifying the culprit agents. All agents administered must be considered causal with recent reports showing that T-cell mediated reactions can rarely occur after the administration of agents such as proton pump

inhibitors (67) or anti-histamine receptors such as ranitidine (68). Among the agents commonly used in the hospital setting, contrast agents are often reported to be culprit (69, 70). The nursing and the pharmacy team can provide valuable assistance with identifying the agents for the drug timeline. Further, the pharmacy team can assist with pharmacovigilance researches by exploring existing databases (71).

## In vivo allergy assessment tools

### Intradermal testing

Previous prospective studies and both international and local allergy society guidelines support the use of skin prick and intradermal testing (IDT) for drug allergy assessment (72–80). The concentration administered is designed to cause the least amount of irritation as per published guidelines (72, 74, 81–83), although validated concentrations for T-cell mediated reactions are less well described. Further, the true concentrations required to induce a positive T-cell response are unknown with recent studies showing that the use drugs such as vancomycin at the highest non-irritating concentrations are not enough to evoke a T-cell mediated reaction at the injection site (84). All the agents used are usually approved by local health regulations and have been safely administered via the intradermal route (77, 85–89). However, the sensitivity and specificity of skin tests are not validated for non-immediate reactions and, apart from penicillin, there are no current standardized extracts for skin tests.

Intradermal testing implies that a small quantity (0.02–0.05 mL) of a drug at a non-irritant concentration is gently injected under the skin. The testing is usually performed on the volar surface of the forearm and it is recommended to keep sufficient space (approximately 2–2.5 cm) between each injected agent. The preferred area is 5 cm from the wrist and 3 cm from the antecubital fossa. An immediate reading is performed after 15–20 min and a delayed reading after 24–48 h. A positive reaction translates as erythema and a local reaction when compared with the injection of a negative control, usually saline. A histamine prick test is used as a positive control for immediate reactions and several medications such as antihistamines have been identified as being able to suppress this local reaction. In this context, all drug known to affect the skin testing should be stopped depending on the described duration of suppression. There is no positive control for delayed reactions.

For penicillin non-severe allergic reactions, performing testing with the major allergenic determinant (penicilloyl polylysine), a minor determinant mixture (penicillin G, penicilloate, penilloate), and amoxicillin translated to a negative predictive value of 97.9% (90) for immediate reactions. There is currently a clear recommendation for skin testing followed by challenge for pregnant women with a history of penicillin allergy considering the importance of a beta-lactam treatment for *Group B Streptococcus* (91–93). In a cohort of children with

low risk beta-lactam delayed-type reactions, delayed IDT was considered a useful tool (94).

There is a clear role for delayed IDT reading in delayed reactions to penicillin with evidence showing that delayed reading would have identified an additional 25% of patients in a prospective cohort of 37 patients (95). Furthermore, there is increasing evidence that IDT is safe even for the severe delayed phenotypes (96, 97). Cases of disease reactivation with mild isolated skin symptoms following skin testing have been described, especially when the testing was performed in the first 4–6 weeks following the acute reaction (98). The sensitivity of delayed IDT for antimicrobials ranges from 40% (96, 99) to 56% (98) for the severe phenotypes, excluding SJS/TEN (Table 2). However, the specificity and the false positive rate are not known.

### Patch testing

In patients considered sensitized or allergic, antigen specific T-cells can be found on the surface of the skin. By applying non-irritant drug allergen concentrations under occlusion on the intact skin, patch testing (PT) aims to reproduce in the small limited area of the test the original delayed reaction. The PT is usually applied on the back or lateral upper arm area. There is no positive control that has been used with PT but the testing uses a negative control such as petroleum gel. Patch testing is usually left in place for a duration of 48 h with some studies showing benefit of performing a 7-day reading especially for certain preservatives (100). This is a time-consuming process as patients are asked to avoid showers and an increase in heat/humidity.

Non-irritant concentrations of various drugs for use in patch testing have been established (101, 102). However, there are currently no international guidelines for PT preparation as to ensure the quality of the products with large differences in active ingredient concentrations when using commercially available pure drugs compared with commercialized forms (103). Some alternatives for the classic PT method have been provided such as the scratch-patch involving the scarification or stripping of the epidermis with specialized tapes prior applying the PT (104). While this method proved to be non-irritant compared to the PT, carefully consideration is required especially for the severe phenotypes such as SJS/TEN. Indeed, cases of disease reactivation following PT have been reported in the literature, particularly in the immunosuppressed population (105).

The current published clinical studies underline a low sensitivity of this tool while the specificity is elevated, favoring a role of this tool for the more severe immune-mediated hypersensitivity reactions (102, 106, 107) (Table 3). Another advantage of this tool, compared to the IDT, is the possibility to use non-sterile and oral drug formulations. It is also interesting to note that the positivity of this tool seems to depend on the assessed drug as well as the reported reaction (108). In the clinical setting, considering this low reported sensitivity, lack of a validated positive control and less than 100% negative predictive value, removal of the allergy label should not be

TABLE 2 Recent reported sensitivity and specificity for delayed intradermal testing in drug allergy.

Reference	Study	Patients	Conditions	Drug Category	Sensitivity	Specificity
Fransson et al. (95)	Prospective	57	MPE	Antibiotics	25%	n/a
Copaescu et al. (98)	Prospective	69	MPE AGEP DRESS GBFDE SJS	Antibiotics	46%	n/a
Trubiano et al. (157)	Prospective	32	MPE AGEP DRESS	Antibiotics	56%	n/a
Nakkam et al. (192)	Prospective	15	DRESS	Vancomycin	n/a	n/a
Konvinse et al. (84)	Retrospective	23	DRESS	Vancomycin	33%	n/a
Trubiano et al. (96)	Prospective	31	FDE AGEP DRESS SJS/TEN	Antibiotics	42%	n/a
Romano et al. (193)	Prospective	214	MPE AGEP Bullous exanthema TEN	Antibiotics	97%	n/a
Buonomo et al. (194)	Retrospective	97	MPE	Antibiotics	95%	n/a
Cabanas et al. (99)	Retrospective	3	DRESS	Antibiotics	100% (3/3)	n/a
Barbaud et al. (102)	Prospective	4	DRESS	Antibiotics	3/4	n/a

AGEP, acute generalized exanthematous pustulosis; DRESS, drug reaction with eosinophilia and systemic symptoms; GBFDE, generalized bullous fixed drug eruption; MPE, maculopapular exanthema; n/a, non-applicable; SJS, Stevens-Johnson syndrome; TEN, toxic epidermal necrolysis.

performed following a negative PT. In the pediatric population, while the literature is very limited, the sensitivity seems to be lower compared to the adult population (94). A positive PT should help confirm an immunologic mechanism with studies showing an increased reproducibility with positive PT not been affected by the time interval between testing, sex or age (111, 112). However, this is still dependent on the drug and the use of patch testing, IDT and *ex vivo/in vitro* testing and genetic testing are likely to be complementary (109, 110).

### Drug ingestion challenge test

Several protocols have been suggested for challenge testing in non-severe delayed reactions: (1) single step direct challenge (113–115), (2) 2-step graded challenge (116), (3) single or multiple step challenge following negative delayed intradermal skin testing/patch testing (117–120), (4) direct multiple days challenge or (5) multiple days challenge following negative skin testing (117, 121). In absence of an immediate objective reaction, the “immediate” protocols have often led to the removal of the allergy label even in the context on a reported delayed reaction.

The benefits of penicillin allergy assessment based on clinical history (in person or telemedicine visit) (122, 123), skin testing (124) and challenge have been demonstrated in various studies in recent years (122, 125). Furthermore, for

the non-severe delayed reactions such as MPE, algorithms based on direct challenge (with no prior skin tests) are considered a safe and cost-effective option (64, 126–129). However, currently, there are no clear guidelines on the optimal assessment tools for these low risk penicillin allergies with a need to compare skin testing followed by oral challenge, if negative, to direct oral challenge. Pharmacist led protocols have been instrumental in providing safe and rapid in hospital delabeling (130–132). This literature has evolved from pediatric penicillin and aminopenicillin allergic cohorts, where direct challenge without skin testing is considered part of standard of care (133–135). In these non-severe cases, the presence of an underlying immune mechanism is unclear and the majority of the skin isolated drug eruptions could be related to a non-allergic condition such as a viral illness or a drug-viral interaction (13). For the pediatric population, there is a need to develop clinical decision scores that can be used outside the allergy clinic assessment as to allow improvement of antibiotic stewardship.

While the literature provides interesting evidence for the non-severe reactions, strict drug avoidance is still part of the recommendations for the severe phenotypes associated with an increased mortality (16, 65). In these cases, the use of structurally non-related drugs is recommended. In particular



TABLE 3 Recent reported sensitivity and specificity for patch testing in drug allergy.

Reference	Study	Patients	Conditions	Drug category	Sensitivity	Specificity
Gilisen et al. (107)	Retrospective	N = 9	MPE (6) AGEP (2) DRESS (1) *Healthy (78)	Clindamycin	100%	100%
Prasertvit et al. (195)	Retrospective	N = 20	HIV NVP hypersensitivity (20) *Healthy (15)	Nevirapine (NVP)	10%	100%
Ben Mahmoud et al. (192)	Retrospective	N = 20	MPE (11) DRESS (6) SJS (2) FDE (2) Erythroderma (2)	Antiepileptics	95%	n/a
Atanaskovic-Markovic et al. (94)	Prospective	N = 57 (pediatric)	MPE (57)	Antibiotics	32%	n/a
Hassoun-Kheir et al. (106)	Prospective	N = 25	MPE (13) SJS (4) DRESS (3) AGEP 1 FDE (2) Vasculitis (1) SDRIFE (1) *Healthy (25)	Antibiotics Antiepileptics	32%	92%
Buonome et al. (194)	Retrospective	N = 97	Delayed Reactions	Antibiotics	100%	n/a
Cabanas et al. (99)	Retrospective	N = 8	DRESS (8)	Piperacillin-Tazobactam	1/4 (25%)	n/a
Barbaud et al. (102)	Prospective	N = 134	DRESS (72) AGEP (45) SJS/TEN (17)	Antibiotics Corticosteroids Antiepileptics Other agents	57%	n/a

AGEP, acute generalized exanthematous pustulosis; DRESS, drug reaction with eosinophilia and systemic symptoms; FDE, fixed drug eruption; HIV, Human immunodeficiency virus; MPE, maculopapular exanthema; n/a, non-applicable; SDRIFE, Symmetrical drug-related intertriginous and flexural exanthema; SJS, Stevens-Johnson syndrome; TEN, toxic epidermal necrolysis. \*Indicated the total number of patients.

scenarios such as reported in a South African study with anti-tuberculosis drugs, drug re-challenge with empirically initiated intravenous corticosteroids following the first clinical signs has been associated with a majority of mild to moderate reactions (136, 137). There is also evidence that *ex vivo* assays such as the enzyme-linked immunoSpot (ELISpot) could help risk stratify patients providing diagnostic accuracy compared to the current gold standard, the drug ingestion challenge (138). Large, multi-center international studies are required to further characterize drug re-challenge as a tool to provide optimal drug treatment following *in vivo* and *ex vivo* testing.

## Ex vivo tools

### Lymphocyte transformation test

The lymphocyte transformation test (LTT) has been widely used for past 30 years and is considered the forefather of *ex vivo* testing in drug allergy (139). It is reported that patient isolated memory T-cells can be stimulated with causal agents leading to a drug-specific T-cell proliferation. Because of this mechanism, the LTT is also addressed as a lymphocyte proliferation test of a lymphocyte stimulation or activation test (140). This cell proliferation is defined according to a stimulation

index (SI) or the proportion between the drug stimulated lymphocytes and the background lymphocyte proliferation. This ratio aims to take into consideration the biological variation. For the classic LTT, it is calculated based on a radioactive uptake marker directly proportional to the degree of T-cell proliferation in response to a drug antigen (140). In recent years, variations of the LTT platform have been proposed in the literature.

The reported sensitivity of LTT in delayed hypersensitivity reactions ranges from 27% (141) to 74% (142) and specificity was quoted as 85–100% (141–144) (Table 4). When this tool was studied for a specific phenotype, its accuracy greatly improved. For example, in a cohort of 41 DRESS patients, the reported sensitivity was 73% and the specificity was 82%, using samples from a recovery phase and not an acute phase (145). Further, the sensitivity can vary depending on the drug studied and expression of either granulysin, granzyme B or IFN- $\gamma$ . In a cohort of 63 patients with SCAR associated to the use of anti-epileptics, the sensitivity increased when using granulysin-based lymphocyte activation tests stimulated with carbamazepine (73.9%). Other experimental techniques to increase the sensitivity of this tool have been described such CTLA-4 blocking of lymphocytes, demonstrating the importance of T-cell regulatory pathways (146, 147).

TABLE 4 Reported cases and cohorts showing clinical advantage with the use of the LTT.

Author	N	Country	Phenotypes	Drug(s)	Controls	Sensitivity	Specificity
Cabanas et al. (145)	41	Spain	DRESS	Antibiotics Anticonvulsants Antifungals	n/a	73%	82%
Suthumchai et al. (155)	23	Thailand	DRESS (9) AGEP (4) SJS/TEN (10)	Allopurinol Anticonvulsants Antibiotics Other*	Non-allergic individuals (20)	52%	n/a
Ye et al. (196)	8	South Korea	MPE DRESS	Isoniazid or rifampicin	n/a	100%	n/a
Haw et al. (159)	16	UK	MPE (7) DRESS (5) SJS (3) SJS/TEN (1)	Antibiotics Anticonvulsants Antifungals	n/a	78%	n/a
Sun et al. (150)	57	China	MPE	Antituberculosis drugs	Control group (96)	23–58%	93–98%
Meller et al. (197)	22	Germany	MPE	Pegylated interferon	Control group (7)	23%	100%
Porebski et al. (144)	23	Poland	MPE	Anticonvulsants	Control group (24)	30%	100%
Cabanas et al. (99)	8	Spain	DRESS	Piperacillin-Tazobactam	n/a	100%	n/a
Porebski et al. (141)	15	Poland	SJS	Antibiotics Anticonvulsants	Control group (18)	27%	95%

Case reports were excluded from this table. AGEP, acute generalized exanthematous pustulosis; DRESS, drug reaction with eosinophilia and systemic symptoms; FDE, fixed drug eruption; MPE, maculopapular exanthema; n/a, non-applicable; SJS, Stevens-Johnson syndrome; TEN, toxic epidermal necrolysis. \*Other drugs included tramadol, ibuprofen, and mefenamic acid.

The value of this test was exemplified in various cohort studies and case reports where this tool provided clinical assistance in determining the optimal drug options in both a pediatric (148, 149) and an adult population (141, 150). However, some of these cases can be subject to misclassification bias as the initial reported phenotype was not always consistent with a hypersensitivity reaction (148).

### Enzyme-linked immunoSpot assay

The T-cell ELISpot assays measuring IFN- $\gamma$  cytokine response to different agents has been used to assist drug hypersensitivity causality investigations in patients with drug allergy (143, 151–154). Compared to LTT, in an adult cohort of 23 SCAR patients, the ELISpot IFN- $\gamma$  helped identify more drug-specific IFN- $\gamma$  releasing cells (155). Similar to LTT, this laboratory technique requires viable well-preserved patient T lymphocytes and involves the use of complex manipulations for which an operator-dependent variability could influence the assay results.

In general, standardized concentrations for *ex vivo* diagnostics can be based on confirmatory data from performed cytotoxicity assays (97, 156). However, various studies using non-studied concentrations have been published. Given that antibiotics are a major culprit for SCAR, these agents have been commonly used for the ELISpot assays (98, 157, 158). Other commonly reviewed agents are anticonvulsants, antituberculosis drugs and allopurinol (141, 155, 158, 159).

Depending on the used definition and the studied drugs, the sensitivity of this assay varied from 35% (158) to 86% (84,

160) with a reported specificity of 100% (Table 5). As very few cohort studies from specialized centers are available, there is a need to further explore this promising *ex vivo* method. In the pediatric population, an interesting study regrouping a cohort of 9 SCAR and 7 MPE compared LTT with ELISpot in both an acute and post-recovery phase. The authors showed the ELISpot assay using IFN- $\gamma$  and IL-4 as cytokine outputs, produced a higher drug-specific response contributing to the diagnosis of the culprit drugs (159). However, the sample size is relatively small and hence results are non-conclusive at this point.

The increase in serum level of the IFN- $\gamma$  cytokine in conditions such as MPE and SJS/TEN has been previously documented (161). But other cytokines have been identified such as IL-8, IL-17, and IL-22 in AGEP (162–164), IL-4, IL-5, IL-13, and TARC in DRESS (165, 166) and IL-15 in SJS/TEN (167, 168). This provides relevance for possible outputs to explore in functional assays as to increase the sensitivity of these tools.

### Genetic testing

There have been an increasing number of HLA associations described with many drugs and SCAR (Table 6). Some examples include HLA-B\*57:01 screening prior prescription of the anti-retroviral drug abacavir (169–171) and HLA-B\*15:02 screening before carbamazepine prescription in many South-East Asian countries where this allele is prevalent (172, 173). A study from Thailand reported that 21.2% of SCAR could have been prevented by screening for HLA-B alleles prior to drug exposure (158). Recently, studies have reported that DNA methylation, identified using genome-scale methylation

TABLE 5 Reported cases and cohorts showing clinical advantage with the use of the ELISpot.

Author	N	Country	Phenotypes	Drug(s)	Controls	Sensitivity	Specificity	Conclusions
Copaescu et al. (98)	63	Australia	MPE (17) AGEP (5) DRESS (34) SJS (5) TEN (1) GBFDE (1)	Antibiotics	Tolerant controls (5)	54%	100%	IFN- $\gamma$ positive in 34/63 ( $\geq 50$ SFU/ $10^6$ )
Trubiano et al. (157)	12	Australia	DRESS (3) AGEP (3) MPE (6) B-lactams	Antibiotics	n/a	42%	n/a	IFN- $\gamma$ positive in 5/12 ( $\geq 50$ SFU/ $10^6$ )
Klaewsongkram et al. (158)	116	Thailand	DRESS (50) AGEP (16) SJS/TEN (50)	Antibiotics Allopurinol Antituberculosis drugs Anticonvulsants	Non-allergic control drugs from 62 SCAR patients	35%	n/a	IFN- $\gamma$ positive in 19/50 DRESS, 4/16 AGEAP and 18/50 SJS/TEN (>95% CI controls SFCs)
Konvinse et al. (84)	23	United States	DRESS (14)	Vancomycin	n/a	86%	n/a	IFN- $\gamma$ positive in 12/14 ( $\geq 50$ SFU/ $10^6$ )
Suthumchai et al. (155)	23	Thailand	AGEP (4) DRESS (9) SJS/TEN (10)	Allopurinol Anticonvulsants Antibiotics Other*	Non-allergic control (20)	70%	n/a	IFN- $\gamma$ positive in 17/23 (> 18 SFU/ $10^6$ )
Trubiano et al. (97)	19	Australia	AGEP (2) DRESS (14) SJS (2) TEN (1)	Antibiotics	Tolerant controls (16)	52%	100%	IFN- $\gamma$ positive in 10/19 patients and 0/16 controls (> 50 SFU/ $10^6$ )
Xiong et al. (198)	1	China	SJS (1)	Sulphapyridine	n/a	n/a	n/a	IFN- $\gamma$ positive (300 spots/ $10^6$ )
Trubiano et al. (199)	1	Australia	TEN (1)	Teicoplanin	n/a	n/a	n/a	IFN- $\gamma$ positive ( $\geq 50$ SFU/ $10^6$ )
Ye et al. (196)	8	South Korea	MPE (4) DRESS (4)	Antituberculosis drugs	n/a	63%	n/a	IFN- $\gamma$ and GrbB positive (> 0 Spots/ $10^4$ cells) for T-cell clones with reactivity for INH/RFP (5/8)
Kato et al. (200)	16	Japan	MPE (1) DRESS (5) EM-like (7) SJS/TEN (3)	Allopurinol Antibiotics Anticonvulsants Celecoxib	n/a	19%	100%	IFN- $\gamma$ positive in 3/16 patients
Haw et al. (159)	16	UK	MPE (7) DRESS (5) SJS/TEN (4)	Antibiotics Antifungals Anticonvulsants	n/a	IFN- $\gamma$ : 77% IL-4: 85%	n/a	IFN- $\gamma$ positive in 14/18 patients IL-4 positive in 11/13 patients
Klaewsongkram et al. (201)	24	Thailand	DRESS (13) SJS/TEN (11)	Allopurinol	Controls (21)	71%	95%	IFN- $\gamma$ positive in 15/24 (> 16 SFU/ $10^6$ ) and 1/21 controls
Porebski et al. (144)	23	Poland	MPE (23)	Anticonvulsants	Tolerant controls (24)	GrB: 55% Grl: 39.1%	100%	GrB positive in 12/22 (SFU > 50) Grl positive in 9/22
Lucas et al. (202)	12	Australia	Abacavir HSR HLA-B*57:01 Positive	Abacavir	HLA-B*57:01 + Abacavir naïve (3), HLA B*57:01 tolerant (15) or Abacavir naïve (9)	100%	97–100%	IFN- $\gamma$ positive in 12/12 (> 10 SFU/ $10^6$ ) and 0/3, 1/15 and 0/9 controls
Ben-Said et al. (13)	21	France	DRESS (9) MPE (12)	Antibiotics	n/a	71%	n/a	IFN- $\gamma$ positive in 9/9 DRESS and 6/12 MPE
Keane et al. (203)	19	Australia	Nevirapine HSR	Nevirapine	n/a	40%	n/a	Nevirapine-specific responses were detected in 4/12 (> 100 SFU/ $10^6$ )
Tanvarasethee et al. (204)	25	Thailand	MPE (15)	Cephalosporins	Non-allergic controls (20)	24% (IFN- $\gamma$ or IL-5) 40% (IFN- $\gamma$ and IL-5)	100%	IFN- $\gamma$ and IL-5 positive in 10/25 (mean > 20 SFU/ $10^6$ )
Porebski et al. (141)	15	Switzerland	SJS/TEN (15)	Allopurinol (1) Anticonvulsants (9) Sulfonamide (4) Mefenamic acid (1)	Drug-exposed controls (18)	GrB: 33% Grl: 40% (NKp46+) Grl: 53% (CD3+CD4+)	95–100%	GrB positive in 5/15 patients Grl positive in 6/15 (NKp46+) patients and 8/15 (CD3+CD4+)

(Continued)

TABLE 5 (Continued)

Author	N	Country	Phenotypes	Drug(s)	Controls	Sensitivity	Specificity	Conclusions
Phatharacharukul et al. (205)	1	Thailand	DRESS (1)	Sulfasalazine	n/a	n/a	n/a	IFN- $\gamma$ positive (1 048 SFU/10 <sup>6</sup> )
El-Ghaiesh et al. (160)	8	UK	Piperacillin HRS (8)	Piperacillin	Tolerant controls (5)	87–100%	100%	IFN- $\gamma$ positive in 8/8 (> 10 SFU/10 <sup>6</sup> ); 7/8 (> 30 SFU/10 <sup>6</sup> )
Bensaid et al. (152)	1	France	DRESS (1)	Amikacin	n/a	n/a	n/a	IFN- $\gamma$ positive (213 SFU/10 <sup>6</sup> )

AGEP, acute generalized exanthematous pustulosis; DRESS, drug reaction with eosinophilia and systemic symptoms; ELISpot, enzyme linked ImmunoSpot; EM, erythema multiforme; GBFDE, generalized bullous fixed drug eruption; GrB: Granzyme B; GrI, granulysin; HSR, hypersensitivity; MPE, maculopapular exanthema; n/a, non-applicable; SFU, spot forming unit; SJS, Stevens-Johnson syndrome; TEN, toxic epidermal necrolysis. \*Other drugs are tramadol, ibuprofen (2) and mefenamic acid.

TABLE 6 Human leukocyte antigen (HLA) associations in delayed drug hypersensitivity.

Author (year)	Drug	HLA	Phenotype	Ethnicity	Screening	NPV (%)	PPV (%)	NNT
Mallal et al. (206)	Abacavir	B*57:01	AB HS	Caucasian (5–8%) African/Asia (<1%) African American (2.5%)	<b>Routine screening</b> HIV Positive patients	100	55	13
Chung et al. (62)	Carbamazepine	B*15:02 <sup>c</sup>	SJS/TEN	Han Chinese (10–15%) Koreans, Japanese (<1%) European Ancestry (<0.1%)	<b>Routine screening</b> in Southeast Asian countries	100	3	1000
Hung et al. (190)	Allopurinol	B*58:01	SJS/TEN DRESS	Han Chinese (9–11%) European ancestry (1–6%)	Selective screening <sup>b</sup>	100	3	250
Zhang (191)	Dapsone	B*13:01	DRESS	Papuans/Australian aborigines (28%) Chinese (2–20%) Japanese (1.5%) Indian (1–12%) African and African American (<2%)	<b>Routine screening</b> for leprosy patients in countries with increased prevalence	99.8	7.8	84
Konvinse et al. (84)	Vancomycin	A*32:01	DRESS	European ancestry (6.8%) African American (4%) Southeast Asian (<1.5%)	Pre-emptive <sup>a</sup>	99.99	0.51	75

AB HS, abacavir hypersensitivity syndrome; HIV, human immunodeficiency virus; NNT, numbers needed to test (to prevent one case); NPV, negative predictive value; PPV, positive predictive value. <sup>a</sup>HLA-A\*32:01 testing could have a role in determining the culprit drug (vancomycin) when multiple drugs are implicated in a delayed hypersensitivity reaction. <sup>b</sup>The American College of Rheumatology has recommended preventive screening for patients of Korean ethnicity with chronic kidney disease stage 3 or worse and patients of Han Chinese or Thai ethnicity irrespective of renal function before starting allopurinol (207). <sup>c</sup>Other described alleles: HLA-B\*15:21, HLA-B\*15:11, and HLA-B\*15:18.

analysis, might play a role in allopurinol SJS/TEN (174). The presence of HLA-B\*58:01 is considered a predisposing factor for developing allopurinol/oxypurinol induced SCAR in Southeast Asian populations but not in European and African ancestry populations (175).

Vancomycin induced DRESS was associated with the expression of HLA-A\*32:01 (84) and evidence shows that vancomycin directly interacts with naïve T-cells expressing HLA-A\*32:01 (176). In the Thai population, HLA-B\*15:02, HLA-C\*06:02, HLA-C\*08:01, and HLA-B\*13:01 were associated with co-trimoxazole hypersensitivity reactions and mostly SJS/TEN (177, 178). Dapsone and its reactive metabolite, nitroso dapsone, induced hypersensitivities such as DRESS in individuals with HLA-B\*13:01 (179, 180). Carbamazepine triggered SCAR, was linked to HLA-A\*31:01 in Caucasian and Japanese populations (181). Following genome-wide association studies, HLA-B\*57:01 and

HLA-B\*57:03 were reported in patients with drug-induced liver injury caused by flucloxacillin (182, 183) and (HLA)-DRB1\*01:01 has been associated with nevirapine-induced hepatic hypersensitivity reactions (184). Anti-osteoporotic agents induced SJS were suggested to be associated with HLA-A\*33:03 (185).

However, genetic screening is not currently integrated in routine practice and a comprehensive description of the current identified genetic markers is beyond the scope of this review. The biggest concern with HLA screening for many drugs is the fact that HLA risk is necessary but not sufficient for the development of the hypersensitivity in question. In many cases this means that an extremely high number of patients would need to be tested in order to prevent one case of hypersensitivity and hence this is not a cost-effective confirmatory test. However, there could be scenarios where HLA testing could be used beyond screening and could have a diagnosis role such as the

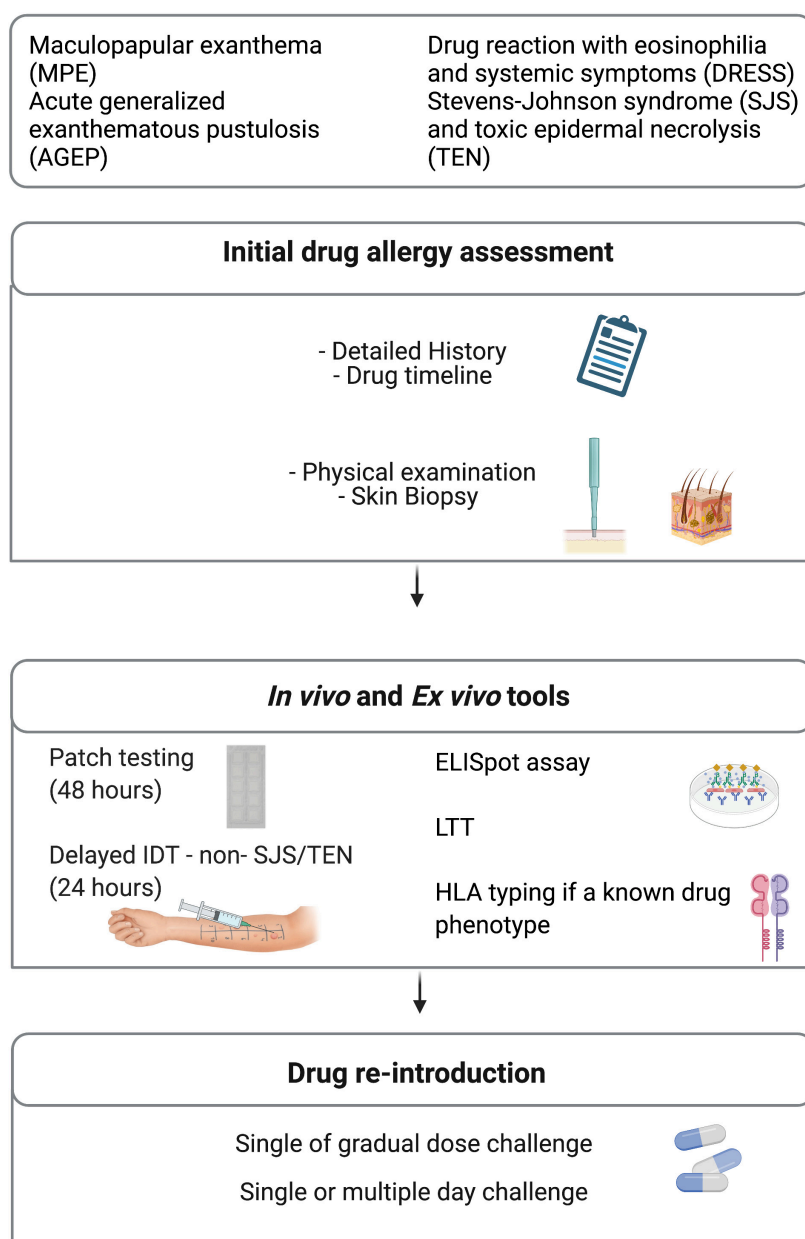


FIGURE 3

Diagnostic management. ELISpot, enzyme-linked immunoSpot; HLA, human leukocyte antigen; IDT, intradermal testing; LTT, Lymphocyte transformation test.

HLA-A\*32:01 testing for vancomycin DRESS in the setting of multiple implicated drugs.

## Lessons learned from *in vivo* and *ex vivo* drug diagnostic tools

Drug allergy labels have important impact on patient care by limiting not only the use of appropriate medications but also by increasing costs and quality of patient care (10,

124, 186). A multidisciplinary patient-centered risk/benefit-based assessment must be part of the management plan (Figure 3). What is the optimal management for the patient's acute condition? What is the reported reaction or described phenotype and what was the most likely causal drug? If the culprit drug is stopped, are there any other drug alternatives available for the patient? Another important inquiry often unexplored is regarding the patient's willingness to take the medication or alternative drugs again. Unfortunately, the clinical investigations can sometimes be limited by the patient's



refusal of *in vivo* investigations. In this scenario, *ex vivo* tools are appealing as the safety of the procedure can be guaranteed (Figure 3). However, as discussed, these tools are not available in the majority of health facilities. Another limit of these tools is their lack of validity. It is possible that the low sensitivity of these diagnostic tools is due to the fact that current assays rely on drug or drug metabolites that are not effectively recognized by the immune system (187). Also, considering that none of these diagnostic tools have a 100% negative predictive value, their use should aim to complement each other as to improve the sensitivity and the specificity of the diagnosis.

There is a current need to provide internationally accepted management algorithms for *in vivo* and *ex vivo* diagnostic tools and/or challenge while understanding the possibility that these algorithms might not apply to all phenotypes. The currently available tools must be prospectively used as to allow safe drug re-introduction.

## Conclusion

Despite the increased mortality associated with SCAR, diagnostic tools remain limited and unstandardized. Ongoing research is required to better understand the epidemiology, the diagnostic approach and management strategies for these delayed drug reactions. Furthermore, large scale studies validating clinical diagnostic tools used for DHR are required.

## Author contributions

AC performed the literature review and wrote the manuscript text with supervision from MB-S and JT. All

authors reviewed the manuscript, made a substantial, direct, and intellectual contribution to the work, and approved the manuscript for publication.

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## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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# An alternative model for assessing mortality risk in Stevens Johnson syndrome/toxic epidermal necrolysis using a random forests classifier: A pilot study

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**Introduction:** Mortality risk prediction is an important part of the clinical assessment in the Stevens-Johnson syndrome and toxic epidermal necrolysis (SJS/TEN) patient. The SCORTEN and ABCD-10 scoring systems have been used as predictive clinical tools for assessing this risk. However, some of the metrics required in calculating these scores, such as the total body surface area (TBSA) involvement, are difficult to calculate. In addition, TBSA involvement is calculated in a variety of ways and is observer dependent and subjective. The goal of this study was to develop an alternative method to predict mortality in patients with SJS/TEN.

**Methods:** Data was split into training and test datasets and preprocessed. Models were trained using five-fold cross validation. Out of several possible candidates, a random forests model was evaluated as being the most robust in predictive power for this dataset. Upon feature selection, a final random forests model was developed which was used for comparison against SCORTEN.

**Results:** The differences in both accuracy ( $p = 0.324$ ) and area under the receiver operating characteristic curve (AUROC) ( $p = 0.318$ ) between the final random forests model and the SCORTEN and ABCD-10 models were not statistically significant. As such, this alternative method performs similarly to SCORTEN while only requiring simple laboratory tests from the day of admission.

**Discussion:** This new alternative can make the mortality prediction process more efficient, along with providing a seamless implementation of the patient laboratory tests directly into the model from existing electronic health record (EHR) systems. Once the model was developed, a web application was built to deploy the model which integrates with the Epic EHR system on the

Fast Healthcare Interoperability Resources (FHIR) Application Programming Interface (API); this only requires the patient medical record number and a date of the lab tests as parameters. This model ultimately allows clinicians to calculate patient mortality risk with only a few clicks. Further studies are needed for validation of this tool.

#### KEYWORDS

Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN) (SJS/TEN), machine learning, random forest (bagging) and machine learning, SCORTEN score, mortality risk, ABCD

## Introduction

Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN) are both mucocutaneous diseases that result in blistering and desquamation of the skin and mucous membranes (1, 2). The distinction between SJS and TEN is based upon the amount of skin involvement. Epidermal detachment less than 10% is considered SJS, while that between 10–30% is considered SJS-TEN overlap, and skin involvement greater than 30% is classified as TEN (3). While the exact etiology of SJS/TEN is not well understood, most cases occur as hypersensitivity reactions from the use of certain medications and can be life-threatening (4, 5).

The SCORTEN scoring system was developed in 2000 as a severity-of-illness score for SJS/TEN and has since been used for predicting mortality for individuals with SJS/TEN. The model uses seven independent risk factors to predict mortality. These include age > 40 years, heart rate > 120 beats per minute, cancer/hematologic malignancy, TBSA involvement (TBSAI) at day 1 > 10%, serum urea level > 28 mmol/L, serum bicarbonate level < 20 mmol/L, and serum glucose levels > 14 mmol/L. Presence of these risk factors indicates a higher mortality risk for the patient (6). While still an important parameter clinically, predictors such as TBSAI can be difficult to assess accurately for various reasons including the subjectivity in calculating TBSAI, the various methods that are used to calculate it, and delays in transfer to a burn unit or hospital which manages SJS/TEN patients.

In addition to the SCORTEN scoring system, another risk prediction model known as ABCD-10 has been developed recently for assessing mortality risk in patients with SJS/TEN (7). This model uses five independent risk factors for mortality prediction: age > 50 years, epidermal detachment > 10% TBSA, serum bicarbonate level < 20 mmol/L, cancer malignancy, and ongoing dialysis (7). Cancer malignancy and ongoing dialysis are associated with greater degrees of risk according to the model (7). The ABCD-10 model still requires further validation; however, preliminary studies seem to show that SCORTEN performs similarly or better than the ABCD-10 model (8, 9).

Due to the vast amount of clinical data that can now be collected through electronic health record (EHR) systems, machine learning (ML), and artificial intelligence (AI) techniques have come into greater use recently to improve clinical decision making (10). The random forests classifier is a ML technique that was developed in 2001 and employs a combination of decision tree classifiers to allow for greater generalization and reduced noise (11). The algorithm has been validated in a number of studies including those on early glaucoma detection with spectral-domain optical coherence tomography (12), classification of melanocytic lesions using dermoscopic images (13), breast cancer diagnosis (14), and prediction of stroke outcome (15).

The purpose of this study was to develop an alternative model to SCORTEN which uses laboratory results to serve as a simpler way to predict mortality and that can be easily incorporated into existing EHR systems. Since the random forest classifier has proven useful in other medical contexts, it was a natural choice when seeking to build an alternative to the SCORTEN model.

## Materials and methods

### Obtaining the data

Access to a database of individuals diagnosed with SJS/TEN was obtained ( $n = 452$ ). All data were collected and managed using Research Electronic Data Capture (REDCap). Data collected included demographics (Table 1) and lab values. Lab values relevant to the SCORTEN and ABCD-10 scoring systems (Table 2) were collected as well as 96 lab values unique to this study. Data samples were taken from patients who had an acute SJS/TEN episode that required admission to a Mass General Brigham hospital. All laboratory tests used for training the model were taken upon admission. Patients who did not have laboratory tests upon admission were not included in the study. There were a total of 192 patients who met these criteria. Laboratory test data were collected for these patients which included 96 unique values. The laboratory test data for these

156 patients were then split into training ( $n = 156$ ) and test ( $n = 36$ ) datasets to be used for building and validating the model. Demographic data of both the training and test dataset can be found in [Table 1](#).

## Data pre-processing

Categorical data were split using one-hot encoding, and missing values for categorical data were imputed with the mode. The remaining missing values in the training dataset were handled using  $k$ -nearest neighbors imputation ( $k = 3$ ).

## Model training

A number of different types of classifiers were initially tested on the dataset using five-fold cross validation. The implementation of all classifiers was carried out using the sci-kit learn Python library. These included support-vector machine (SVM), logistic regression, ridge regression, decision tree, and random forest classifiers (RFC) models. The laboratory data were fed into the model, and the ground truth corresponded to whether the patient had died during the acute SJS/TEN episode or survived. Upon cross validation, it was found that an RFC was the most robust in predictive power and was then used for the remainder of the study. Cross validation was then performed again to find the best hyperparameter set for an RFC model that was trained on the full set of predictors. The top five predictors on the training set of this model were found, and the remaining RFCs were trained using only this subset of predictors. This subset of predictors in order of importance were: nucleated red blood cell (NRBC) number, total bilirubin, prothrombin time (PT), white blood cells (WBC), and red blood cells (RBC). The data were pre-processed again in the same manner as the full dataset with this subset of predictors to ensure past predictors were not affecting the newer model. Because the dataset was quite imbalanced, with there being fewer deceased patients than living patients due to the mortality rate of SJS/TEN, various techniques were used to account for this. RFC models were trained on a dataset with no imbalance correction, upsampling of the data, and downsampling of the data. Imbalance correction was carried out using the imblearn library. Upsampling yielded the RFC model with the greatest accuracy when trained on the subset of predictors.

## Deploying the application

Once the model was trained, it was deployed into a clinician facing web app using Flask and Python along with Epic on FHIR API. By integrating Epic on FHIR API, clinicians can enter the MRN of the patient and the date for the lab tests that

they wish to use to input into the model. If relevant lab tests were collected on that date, the model will output a mortality score. The deployment of the model in a web app paired with integration of the Epic on FHIR API makes the use of this mortality prediction system extremely simple.

$$95\% \text{ CI} = A \pm 1.96\text{SE}(A)$$

## Statistical analysis

Accuracy between the SCORTEN and RFC models were compared using a paired  $t$ -test. Area under the receiver operating curve (AUROC) were compared using the method outlined by Hanley and McNeil (16). The 95% confidence interval was calculated as follows:

$$95\% \text{ CI} = A \pm 1.96\text{SE}(A)$$

Where  $A$  is the AUROC and SE is the standard error of the AUROC. The SE was determined as follows:

$$\text{SE (AUROC)} =$$

$$\sqrt{\frac{A(1-A) + (n_p - 1)(Q1 - A^2) + (n_n - 1)(Q2 - A^2)}{Np * Nn}}$$

Where  $n_p$  is the number of positive cases in the test set (which corresponds to individuals who were deceased after the acute SJS/TEN episode) and  $n_n$  is the number of negative test cases in the test set (which denotes the individuals who remained alive).

Q1 and Q2 were determined as follows:

$$Q1 = \frac{A}{2-A}, Q2 = \frac{2 * A^2}{1+A}$$

Where Q1 is the probability that two randomly chosen samples of deceased individuals will both be ranked with greater suspicion than a randomly chosen living individual and Q2 is the probability that one randomly chosen deceased individual will be ranked with greater suspicion than two randomly chosen living individuals.

## Results

SCORTEN and ABCD score breakdowns can be found in [Table 2](#). For the testing data, the accuracy, AUROC, specificity, and sensitivity for the SCORTEN model were 0.833, 0.688 (95% CI, 0.45–0.92), 0.931, and 0.429, respectively. For the RFC model, the accuracy, AUROC, specificity, and sensitivity were 0.889, 0.842 (95% CI, 0.65–1.03), 1.0, and 0.429, respectively. For the ABCD model, the accuracy, AUROC, specificity, and sensitivity were 0.778, 0.574 (95% CI, 0.33–0.82), 0.966, and 0.0. These results have been summarized in [Tables 3, 4](#). The differences in both accuracy ( $p = 0.324$ ) and AUROC ( $p = 0.318$ )

TABLE 1 Demographics of training and test datasets.

Demographics	Training dataset		Testing dataset	
	Survived to discharge ( <i>n</i> = 129)	Died in the hospital ( <i>n</i> = 27)	Survived to discharge ( <i>n</i> = 29)	Died in the hospital ( <i>n</i> = 7)
Female, no.	71	9	14	5
Age (mean)	46	60	44	66
Hispanic or Latino	6	0	4	0
<b>Race</b>				
White	83	15	16	6
Black	18	6	3	0
Asian	10	2	2	0
Other	1	0	0	0
Unknown/Not reported	17	4	8	1

were not statistically significant when comparing SCORTEN to the RFC model. Differences in accuracy (0.083) and AUROC (0.091) were not statistically significant for ABCD-10 versus the RFC model as well. The five features used to train this algorithm in order of importance were: NRBC count, total bilirubin, PT, WBC count, and RBC count (LOINC codes: 771-6, 42,719-5, 5,902-2, 6,690-2, and 789-8, respectively). The ROC curves can be seen in [Figure 1](#).

The model was then deployed on a web server using the Epic on FHIR API. An example of an integrated SJS/TEN Mortality Predictor is shown in [Figure 2](#).

## Discussion

The medical community has progressed significantly in its understanding of SJS/TEN but mortality rates continue to remain high at 10–34% (3). Accurate assessment of

mortality risk is important in disease prognostication, management, and patient/family provider discussions. It is unclear whether systemic treatments beyond supportive care improve mortality, but there has been recent interest in various immunomodulatory therapies in reducing mortality risk (3). Determining the effectiveness of these potential treatments for different risk cohorts requires accurate and precise mortality risk measurement. Patient and family counseling also heavily relies on mortality risk assessment.

This mortality risk is traditionally calculated with the SCORTEN, a prognostic score which predicts in-hospital mortality during acute SJS/TEN. A high SCORTEN score may also be a risk factor for death after discharge (17). SCORTEN is also often used as a benchmark against which mortality after treatments and interventions are compared.

The SCORTEN model uses seven independent risk factors upon admission to predict mortality: age > 40 years, heart rate > 120 beats per minute, cancer/hematologic malignancy, TBSA involvement > 10%, serum urea level > 28 mmol/L,

TABLE 2 SCORTEN and ABCD scores for testing data.

Testing data	Survived ( <i>n</i> = 29)	Died ( <i>n</i> = 7)
<b>SCORTEN at admission</b>		
Age > 40	17	6
HR > 120	5	1
BSA > 10%	10	4
Cancer	4	2
Serum BUN > 28 mg/dL	4	3
Serum glucose > 252 mg/dL	1	0
Serum bicarbonate < 20 mmol/L	10	2
Mean SCORTEN score	1.76	2.57
<b>ABCD at admission</b>		
Age > 50	14	4
BSA > 10%	10	4
Cancer	4	2
Serum bicarbonate < 20 mmol/L	10	2
Dialysis	1	0
Mean ABCD-10 score	1.55	2.00

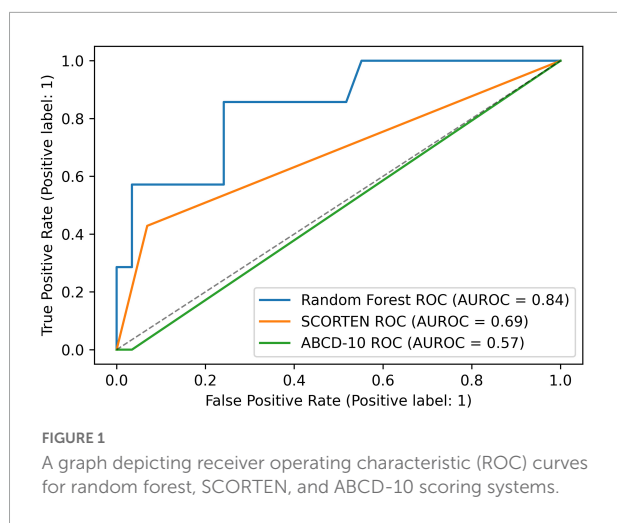
TABLE 3 SCORTEN versus random forest performance.

	SCORTEN	Random forest	<i>P</i> -value
Accuracy	0.833	0.889	0.324
AUROC	0.688	0.842	0.318
Specificity	0.931	1.000	
Sensitivity	0.429	0.429	

TABLE 4 ABCD versus random forest performance.

	ABCD	Random forest	<i>P</i> -value
Accuracy	0.778	0.889	0.083
AUROC	0.574	0.842	0.091
Specificity	0.966	1.000	
Sensitivity	0.000	0.429	





serum bicarbonate level < 20 mmol/L, and serum glucose levels > 14 mmol/L. The most difficult to calculate of these is the TBSA. For SCORTEN, an exact degree of TBSA involvement isn't required, but rather, an assessment of TBSA involvement as less than or greater than 10%. Values significantly lower or higher than 10% are easily calculated and categorized, but those closer to 10% are difficult to categorize as measurement of TBSAI is highly observer dependent and subjective, and there are a variety of methods used to determine the TBSA involved. Furthermore, a single TBSAI measurement does not take into account progressive epidermal loss and TBSAI may be more sensitive to change over time as compared to other risk variables (17). Other alternatives to SCORTEN have been proposed; the most popular being ABCD-10 which stands for age, bicarbonate, cancer, dialysis, 10% BSA. Studies comparing the accuracy of SCORTEN and ABCD-10 have largely found SCORTEN to be superior or equivalent to ABCD-10 (18–20). ABCD-10, like SCORTEN, also requires calculation of TBSAI.

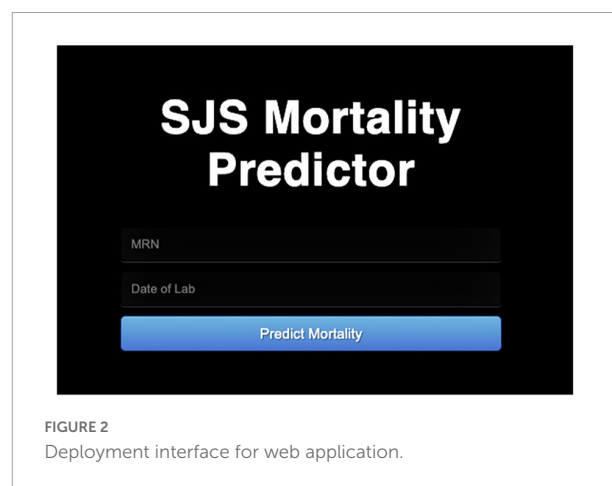
While TBSAI remains a clinically important tool, particularly in determining fluid resuscitation and management, it may not need to be used as a variable in a mortality risk prediction model as demonstrated by this pilot study. Another model of mortality risk prediction, described in 2021, uses the red cell distribution width to hemoglobin ratio as categorical measurements and found this alone to be comparable to the SCORTEN scoring system (21).

In addition to the difficulty in calculating TBSAI, a common criticism of both the SCORTEN and ABCD-10, is that they simplify continuous and dynamic biologic measurements into dichotomous variables, losing a significant amount of information, particularly in the skin assessment which does not take morphology or location into account (18).

While our proposed RFC model does not account for dynamic biologic measurements over time, the use of several continuous variables that are automatically pulled may allow for greater accuracy in mortality risk prediction, better

prognostication over time, and may prove useful as a daily monitoring tool. None of the current scoring systems takes into account the time point after disease onset when a patient was admitted, as all variables are collected within 24 h of admission, with no regard to disease onset. It is unclear how much of an effect admission delay has on the accuracy of scoring systems. A 2006 study found that delay-adjusted SCORTEN scores were comparable to crude scores but that there was significant difference in score between days 1 and 4 (19). Another study showed that SCORTEN and ABCD-10 performed differently depending on when after admission data were collected (20). Our model also does not take time point into account; however, we believe that the use of only lab values as continuous variables may allow for stability over time. We plan to study this in the near future.

In our model, the top five predictors in order of importance were NRBC count, total bilirubin, PT, WBC count, and RBC count. These values from day of admission were the only ones used in the RFC model and are easily calculated and standard of care. The deployment of the model using a web server demonstrates the ease of use when implementing this alternative method. Using the Epic on FHIR API for pulling EHR data from patients in existing healthcare systems, a web app was built that allows clinicians to log in with their Epic credentials. By inputting the MRN of the patient in question and the date of the laboratory tests which they would like to use, the web app is able to use the Epic on FHIR API to pull the necessary laboratory tests and output a predicted probability score for the mortality of the patient using the RFC trained above. Such an application can prove useful in a clinical setting by allowing clinicians to easily, accurately, and quickly predict mortality for patients with SJS/TEN and decide on a course of action for the patient's treatment. These objective measures can also prove useful in both prospective and retrospective research studying the effect of treatments on mortality. Furthermore, interobserver discrepancies in TBSAI would not affect the calculated mortality risk.



While further validation of this model needs to be done on larger datasets and in a prospective manner, the similar performance between the SCORTEN and our RFC model indicates that the RFC model may be utilized as an alternative to SCORTEN in the future. Furthermore, given that the RFC model relies only on objective data that can be gleaned from patient laboratory tests, the RFC model may be put into use more simply than other methods.

## Limitations

The main limitation in this study was the sample size. The sample size in this study is significant given how rare SJS/TEN is and the single-center nature of this study, but ML models perform best with larger datasets. This pilot study demonstrates the potential utility of this RFC model as a proof of concept but should be tested on larger datasets with multicenter involvement. We plan to conduct these larger studies in the future to further validate and improve the model before implementing it in any clinical settings.

Furthermore, due to disease progression for some SJS/TEN patients, mortality predictions may change as time progresses. Due to the retroactive nature of the data collection, the time points of mortality risk calculation were not standardized. However, most patients had the necessary data to calculate risk at the day of admission so this was the only time point used in this study. Future improvements to the model include factoring in various time points during the patient's treatment period in a prospective fashion for predicting patient mortality over a longer period of time, including after discharge.

## Data availability statement

The datasets presented in this article are not readily available because they include confidential patient data. Requests to access the datasets should be directed to HS, [hnsaeed@uic.edu](mailto:hnsaeed@uic.edu).

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## Author contributions

OS and HS contributed to the conception and design of the study. JK, SL, and MT organized the database. OS performed the statistical analysis. OS wrote the first draft of the manuscript. OS, JK, and HS wrote the sections of the manuscript. All authors contributed to manuscript revision, read, and approved the submitted version.

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## Conflict of interest

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# Updates in SJS/TEN: collaboration, innovation, and community

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Stevens-Johnson Syndrome/Toxic Epidermal Necrolysis (SJS/TEN) is a predominantly drug-induced disease, with a mortality rate of 15–20%, that engages the expertise of multiple disciplines: dermatology, allergy, immunology, clinical pharmacology, burn surgery, ophthalmology, urogynecology, and psychiatry. SJS/TEN has an incidence of 1–5/million persons per year in the United States, with even higher rates globally. One of the challenges of SJS/TEN has been developing the research infrastructure and coordination to answer questions capable of transforming clinical care and leading to improved patient outcomes. SJS/TEN 2021, the third research meeting of its kind, was held as a virtual meeting on August 28–29, 2021. The meeting brought together 428 international scientists, in addition to a community of 140 SJS/TEN survivors and family members. The goal of the meeting was to brainstorm strategies to support the continued growth of an international SJS/TEN research network, bridging science and the community. The community workshop section of the meeting focused on eight primary themes: mental health, eye care, SJS/TEN in children, non-drug induced SJS/TEN, long-term health complications, new advances in mechanisms and basic science, managing long-term scarring, considerations for skin of color, and COVID-19 vaccines. The meeting featured several important updates and identified areas of unmet research and clinical need that will be highlighted in this white paper.

#### KEYWORDS

**Stevens-Johnson Syndrome, Toxic Epidermal Necrolysis, severe adverse cutaneous drug reactions, HLA genotyping, pharmacogenomics, body surface area, electronic medical record, SCORTEN**



# 1. Introduction

Stevens-Johnson Syndrome (SJS) and Toxic Epidermal Necrolysis (TEN) are life-threatening, immunologically-mediated, severe, cutaneous adverse drug reactions (IM-ADRs) (1). They are thought to be clinically and mechanistically one illness defined across a spectrum of severity and classified according to the extent of body surface area (BSA) detached: SJS (<10% BSA detached), SJS/TEN (10–30% BSA detached), and TEN (>30% BSA detached) (2). SJS/TEN has an overall mortality of 15–20% but can be more than 50% in the elderly and immunocompromised (2). The incidence rate for SJS/TEN is 1–5 cases per million persons annually in the developed world (3). These rates are likely even higher in the developing world, where many infectious diseases are endemic, and corresponding treatments include drugs that are commonly associated with SJS/TEN. Although SJS/TEN can have an underlying infectious etiology, it is more commonly related to small-molecule drug therapies in more than 80% of adults (4). Drug therapies with the highest risks include aromatic antiepileptic drugs, sulfonamide antibiotics, and allopurinol (1). A causality assessment tool, known as the algorithm of drug causality for EN (ALDEN), defines drugs with a score of 4 or higher as being at higher risk of being associated with SJS/TEN (5). Over the last two decades, research has revealed that drug-induced SJS/TEN is an HLA class I-restricted CD8+ T-cell mediated disease (6). Yet, most drugs still lack known HLA risk alleles and other genetic associations. For some drugs, an HLA risk allele defined in one population will not actually be the main HLA risk association generalizable across all populations. If a known risk HLA allele is present, however, the risk of developing SJS/TEN is thought to be equal across different races and ethnicities. More research is needed to gain a more comprehensive understanding of the genetic risk factors associated with SJS/TEN. Stereotyping and race-based testing for HLA risk is discouraged (6, 7).

Several conferences have furthered goals of increased mentoring and networking in the field of SJS/TEN. In 2021, a two-day virtual meeting titled “SJS/TEN 2021: Collaboration, Innovation, and Community” brought together scientists and community members (Figure 1) to promote awareness, review recent progress, and set priorities for improving patient outcomes (4, 6, 8). At this meeting, we were saddened to acknowledge the loss of a great leader in SJS/TEN: Professor Jean-Claude Roujeau (9) (Supplementary Figure). This international meeting was built on the success of previous conferences in 2017 (8) and 2019 (4) highlighting the cutting-edge research on the prediction, prevention, early diagnosis, and treatment of SJS/TEN. In this paper we review the current state of knowledge in the field, along with the future priorities for patients, providers, and researchers.

Improving outcomes and raising awareness for SJS/TEN requires community engagement and is extremely important for moving the field forward. Awareness among physicians and broad healthcare constituencies is essential to facilitating early identification, diagnosis, and accurate documentation of high-risk medications in the electronic health records (EHR) for SJS/TEN. Patients perceive that most providers are not appropriately trained in the recognition, early diagnosis, triage, or treatment of SJS/TEN. Part of the challenge is the lack of high-level evidence to support specific therapeutic interventions. However, across critical care, the implementation of supportive care has made the most difference in patient outcomes, which stands true today (10). Additionally, the development and

distribution of standardized care plans for SJS/TEN would also be beneficial for mending this gap. Delphi-based consensus exercises have both supported a consensus on the best supportive care practice (11) for SJS/TEN. A survey of SJS survivors attending SJS/TEN 2021 identified several barriers to receiving the post-discharge information and care they need (12).

SJS/TEN patients have also stressed the need for a standardized care protocol for improving patient outcomes (Table 1). SJS/TEN patients and survivors are concerned with the provision of standardized guidelines, a multidisciplinary team, and universal protocols for eye care during the acute stage of SJS/TEN. Patients would benefit from a standardized evidence-based protocol for early transfer to specialized facilities, that include both dermatologic and intensive care, for diagnosis and treatment (6). Additionally, the development of take-home care guidelines, and the distribution of educational materials to medical teams, patients, and caregivers would help improve post-discharge outcomes (12).

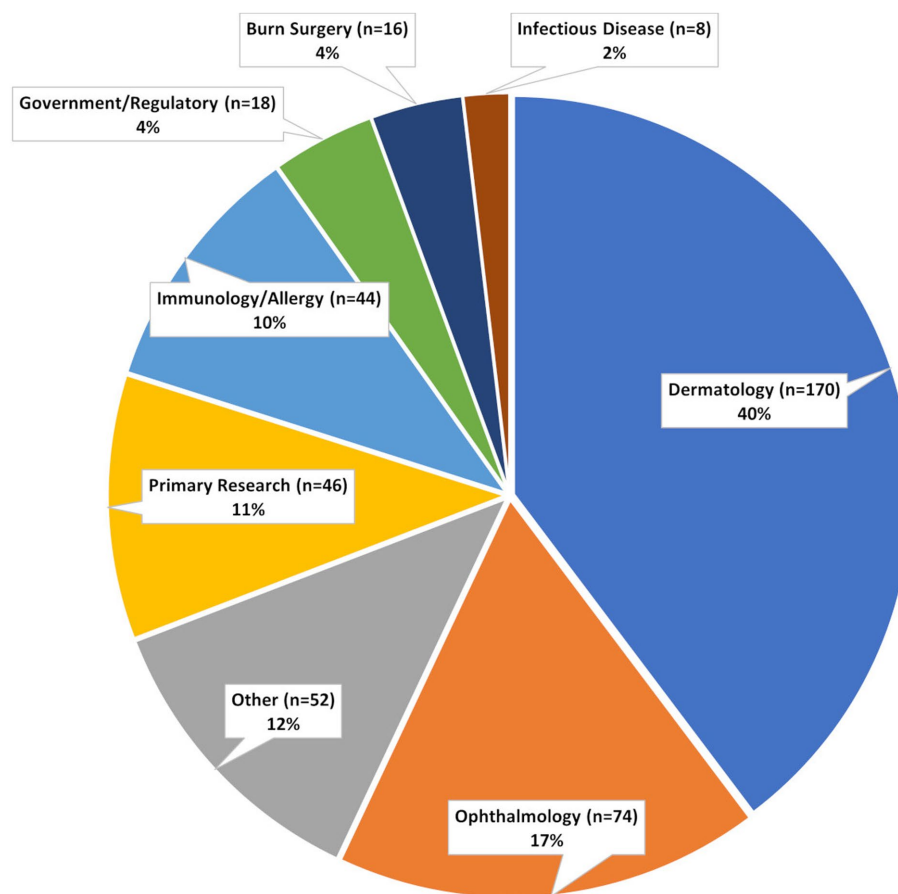
Decreasing the time to diagnosis and immediate cessation of the most likely implicated drug(s) is critical (6). Additionally, documenting all potentially implicated drugs in the EHR is imperative to ensure future drug safety. Optimization of specialized protocols, such as eye care, is necessary to reduce long-term ocular complications like blindness. Early engagement of a multidisciplinary team comprised of dermatology, ophthalmology, gynecology, urology, pulmonology, gastroenterology, psychology and/or psychiatry, and pharmacy is also essential to the creation of an effective rehabilitation plan. Such a plan should be decided directly upon admission to preserve a patient's quality of life.

Another key issue for SJS/TEN is the lack of appropriate follow-up post-discharge. Patients need guidance on proper follow-up care from knowledgeable professionals to ensure physical, mental, and emotional recovery. Follow-ups with specialists and discharge materials, like a list of low versus high-risk drugs, are vital. Another priority voiced by SJS/TEN survivors and their families were referrals, by providers, to community and psychosocial support groups. These groups, whether face-to-face or online, would help to facilitate continued engagement and education following discharge from acute care (12).

## 2. Preventive efforts

### 2.1. Advances in SJS/TEN pharmacogenomics

Clinical implementation and assessment for pharmacogenetic risk markers before initiating drugs suspected of causing severe cutaneous adverse reactions (SCARs) has added significantly to prevention and diagnosis. Several medical centers worldwide have implemented clinical pharmacogenetic services with an aim to prevent SCARs, including SJS/TEN, and have reported on this experience (13–18). The preliminary results of large-scale prospective pharmacogenetic screenings conducted in Southeast Asia have substantially reduced rates of SCARs (19). HLA-B\*15:02 genotyping prior to carbamazepine administration was found to be a cost-effective means to preventing carbamazepine-induced SJS/TEN. This has been shown in several, but not all, Asian countries (20), like Southeast and South Asian countries where the population has a higher HLA-B\*15:02 allele frequency (5–20%), and a strong association between HLA-B\*15:02 and SJS/



**Number of Participants Per Research/Healthcare Categories**

FIGURE 1

Pie chart representing the percentage of participants per research/healthcare categories.

TEN (21). The cost of HLA-B\*15:02 screening is paid by national health insurance (Figure 2) in Hong Kong, Taiwan, Singapore (Chinese and Malay ethnicity), Thailand, and China (20). Caveats have been raised to the fact that the B75 serotype of HLA (which includes not only HLA-B\*15:02 but HLA-B\*15:21, HLA-B\*15:08, HLA-B\*15:11, HLA-B\*15:30 and HLA-B\*15:3) has been associated with carbamazepine SJS/TEN, however, the cost-effective single allele assays have been largely set-up to detect only HLA-B\*15:02. Reports of carbamazepine SJS/TEN in patients carrying these other B75 HLA serotypes have been a primary reason in Southeast Asian countries for HLA-B\*15:02 not detecting all patients at risk of developing carbamazepine SJS/TEN (22–25). Not all HLA alleles are associated with multiple clinical phenotypes of SCAR. For instance, HLA-B\*58:01 is associated with both allopurinol SJS/TEN and drug reaction with eosinophilia and systemic symptoms/drug-induced hypersensitivity syndrome (DRESS/DIHS), however, HLA-B\*15:02 is only associated with carbamazepine SJS/TEN. Therefore, even in Southeast Asia if an individual was negative for HLA-B\*15:02 and other B75 HLA serotypes, they would still be at risk for carbamazepine DRESS/DIHS (Table 2) (26, 27) which has been associated with HLA-A\*31:01.

A model for precision medicine for the prediction and prevention of severe cutaneous adverse drug reactions (SCARs) including SJS/

TEN has been the integration of pharmacogenetics into electronic health records (EHR) in Southeast Asian countries such as Thailand and Taiwan. The EHR-linked clinical decision support system (CDSS) improves the value of evidence-based pharmacogenetic screening through automated pop-up alerts that warn the prescriber if a high-risk allele is present (Figure 3). Diagnostic considerations and optimal treatment strategies are further offered so that clinicians are guided to choose lower-risk medications based on a patient's genetic profile, without being overwhelmed by large amounts of clinical and genetic information (28). This approach has significantly reduced the incidence of specific drug-induced SJS/TEN in Taiwan and Thailand (20, 28).

The training curriculum for certification of proficiency in pharmacogenetics and precision medicine has gradually received greater attention and is now being incorporated into many medical schools and relevant postgraduate training programs. This curriculum has helped healthcare providers and trainees understand the importance of the clinical implementation of pharmacogenetics for the prediction and prevention of SJS/TEN (29). The pharmacogenetics course contains fundamental principles to provide knowledge on pharmacology (e.g., drug metabolism and pharmacokinetics) and human genetics/genomics (e.g., pathogenesis and polymorphism

TABLE 1 SJS survivorship and patient perspectives.

Themes	Community perspective	Physician perspective
Mental health	<ul style="list-style-type: none"> <li>-Follow up care</li> <li>-Bridge between hospital care and follow-up care</li> <li>-Increase healthcare provider education for SJS/TEN PTSD</li> <li>-Address mental health and changes immediately after SJS/TEN</li> <li>-Assist through the recovery process</li> <li>-Implement mandatory mental wellness checks before discharge from the hospital and beyond</li> <li>-Address survivor's guilt</li> <li>-Improve mental health/grief counseling for loved ones who lost an SJS/TEN patients</li> <li>-Provide grief counseling for your "lost life" and changed life</li> <li>-Discuss financial burden</li> <li>-Address low self-esteem</li> </ul>	<ul style="list-style-type: none"> <li>-Understand the psychological impact, and related long term health complications</li> <li>-Conduct qualitative and quantitative research to implicate in clinical care</li> <li>-Understand how the disease condition affects the individual (psychologically, interpersonally, vocationally, and overall quality of life)</li> <li>-Provide realistic expectations about challenges during hospitalization and after discharge</li> <li>-Provide a multidisciplinary support team (social work, psychiatry, psychology)</li> <li>-Provide proper discharge document with a list of medications</li> <li>-Ensure post-discharge follow-ups and counseling with survivors</li> </ul>
Long-term health complications	<ul style="list-style-type: none"> <li>-Improve education for healthcare professionals on residual side effects</li> <li>-Recognize SJS/TEN side effects</li> <li>-Improve treatment for all side effects (more than only eye care, esophageal care, skin care, live care, reproductive care, oral care, dental care)</li> <li>-Increase access to healthcare professionals who specialize with SJS/TEN patients (both in-person and telehealth appointments)</li> <li>-Increase/improve physician response time</li> <li>-Ease transfer of patient records</li> <li>-Develop and utilize an SJS/TEN identification checklist</li> <li>-Implement the use of educational materials by doctors (flyers, brochures, posters)</li> </ul>	<ul style="list-style-type: none"> <li>-Understand the various long-term health-related complications and their effects</li> <li>-Understand complications vary based on the severity of cases</li> <li>-Recognize that treatment options will change according to the case presentation</li> <li>-Increase collaborative research projects to study cases post SJS/TEN</li> <li>-Prioritize long-term follow-up of cases</li> <li>-Provide advice on referral centers</li> <li>-Standardize health checkups to identify complications</li> <li>-Increase collaborative and coordinative work among clinicians</li> <li>-Provide proper documentation for future referrals</li> </ul>
Eye care	<ul style="list-style-type: none"> <li>-Treatment during the acute stage</li> <li>-Treatment post SJS/TEN</li> <li>-Prompt treatment and diagnosis</li> <li>-Education on eye care treatment</li> <li>-Contact an eye care specialist</li> <li>-Aftercare and follow-up appointments</li> </ul>	<ul style="list-style-type: none"> <li>-Understanding treatment during acute stage is critical</li> <li>-Provide proper examination and care by specialists</li> <li>-Recognize treatment options should not be limited to topical steroids. Surgical procedures need to be considered when appropriate</li> <li>-Plan on decreasing the risk of infection and vision loss</li> <li>-Increase knowledge of advanced surgical and sutureless procedures</li> </ul>
Long-term scarring	<ul style="list-style-type: none"> <li>-Awareness of how scarring impacts SJS/TEN survivors (skin, eyes, organs)</li> <li>-How scarring changes over time (thickening)</li> <li>-Improved education for healthcare professionals</li> <li>-Eliminate the use of "Rare" to classify SJS/TEN</li> <li>-Educate patients post SJS/TEN about scarring</li> <li>-Prioritize early diagnosis</li> <li>-Provide second opinions from healthcare providers who have treated SJS/TEN</li> <li>-Implement mandatory certification on SJS/TEN and retraining</li> <li>-Provide examples of SJS/TEN scarring (at all stages from early identification)</li> </ul>	<ul style="list-style-type: none"> <li>-Research best practices to identify, early diagnose and treat SJS/TEN</li> <li>-Implement standard treatment protocols</li> <li>-Confirm diagnosis through histology</li> <li>-Determine specific signs that occur in the presence of certain medications</li> <li>-Have evidence-based studies to determine the causal drugs and treatment options</li> </ul>
Children with no identifiable drug cause	<ul style="list-style-type: none"> <li>-Bring awareness that over-the-counter products are medications</li> <li>-Create awareness about infections causing SJS/TEN and avoid accusing medications used to treat the first symptoms of SJS/TEN</li> <li>-Provide for mental health concerns</li> <li>-Look at genetic factors (HLA-b1502)</li> <li>-Create screenings</li> </ul>	<ul style="list-style-type: none"> <li>-Awareness and documentation of the causal factors</li> <li>-Knowledge of the possibility of life-threatening GI tract involvement when treating cases of SJS/TEN</li> <li>-Consider the usage of steroids and enteric feeding</li> </ul>
Special considerations in skin of color	<ul style="list-style-type: none"> <li>-Identify SJS/TEN in the acute stage</li> <li>-Acknowledge the difference between the appearance of SJS/TEN in the skin of color</li> <li>-Awareness of hyperpigmentation</li> <li>-Lack of visible blisters at the acute stage</li> <li>-Consider low visibility (lack of redness) of SJS/TEN presentation</li> <li>-Improve time to diagnosis</li> <li>-Improve education for healthcare providers of SJS/TEN in the skin of color</li> <li>-Implement a specific checklist for skin of color (purple-looking skin vs. red-looking skin) for identification</li> </ul>	<ul style="list-style-type: none"> <li>-Educate on dyspigmentation, skin changes, and different types of scarring</li> <li>-Understand disease effect on all types of skin cells</li> <li>-Change of practice: start counseling at the bedside</li> <li>-Improve interactions with patients, survivors, and families</li> <li>-Improve pharmacist education on common drug allergies</li> <li>-Improve response to queries or concerns of survivors</li> <li>-Provide detailed discharge instructions with frequent concerns (what products to use on skin, etc.)</li> </ul>
Scientific advances in SJS/TEN	<ul style="list-style-type: none"> <li>-Genetic testing</li> <li>-More research studies and increased patient/survivor participation</li> <li>-Gaining the patient perspective</li> <li>-Spread knowledge/awareness of new SJS/TEN treatments</li> <li>-Get more funding for SJS/TEN research</li> <li>-Bring more awareness of SJS/TEN</li> <li>-Eliminate the use of the word RARE</li> <li>-Increase box warnings</li> <li>-Increase funding to assist patients with SJS/TEN who are not financially stable</li> </ul>	<ul style="list-style-type: none"> <li>-Strengthen experimental models</li> <li>-Predict possible risks and validate signals</li> <li>-Capture cases, specimens, interoperable repositories</li> <li>-Promote consistency and quality in research methods</li> <li>-Use pharmacogenomics for drug safety</li> <li>-Integrate distributed databases/biobanks could enable biomarker discovery/ validation, test monitoring/utility</li> <li>-Implement multicenter investigations to further understand management and treatment</li> </ul>

(Continued)

TABLE 1 (Continued)

Themes	Community perspective	Physician perspective
Safety of COVID-19 vaccines	<div>-Ensure that patients/survivors understand that COVID-19 vaccines are safe, including risks of COVID-19 vs. risk of vaccine</div> <div>-Develop education on potential complications of COVID-19 as an SJS/TEN survivor</div>	<div>-Answer vaccine-related queries-Educate on different responses to the vaccine</div> <div>-Ensure patients it is safe to get the COVID-19 vaccine</div> <div>-Address the misconceptions, hesitancy, and fear of getting the vaccine</div>

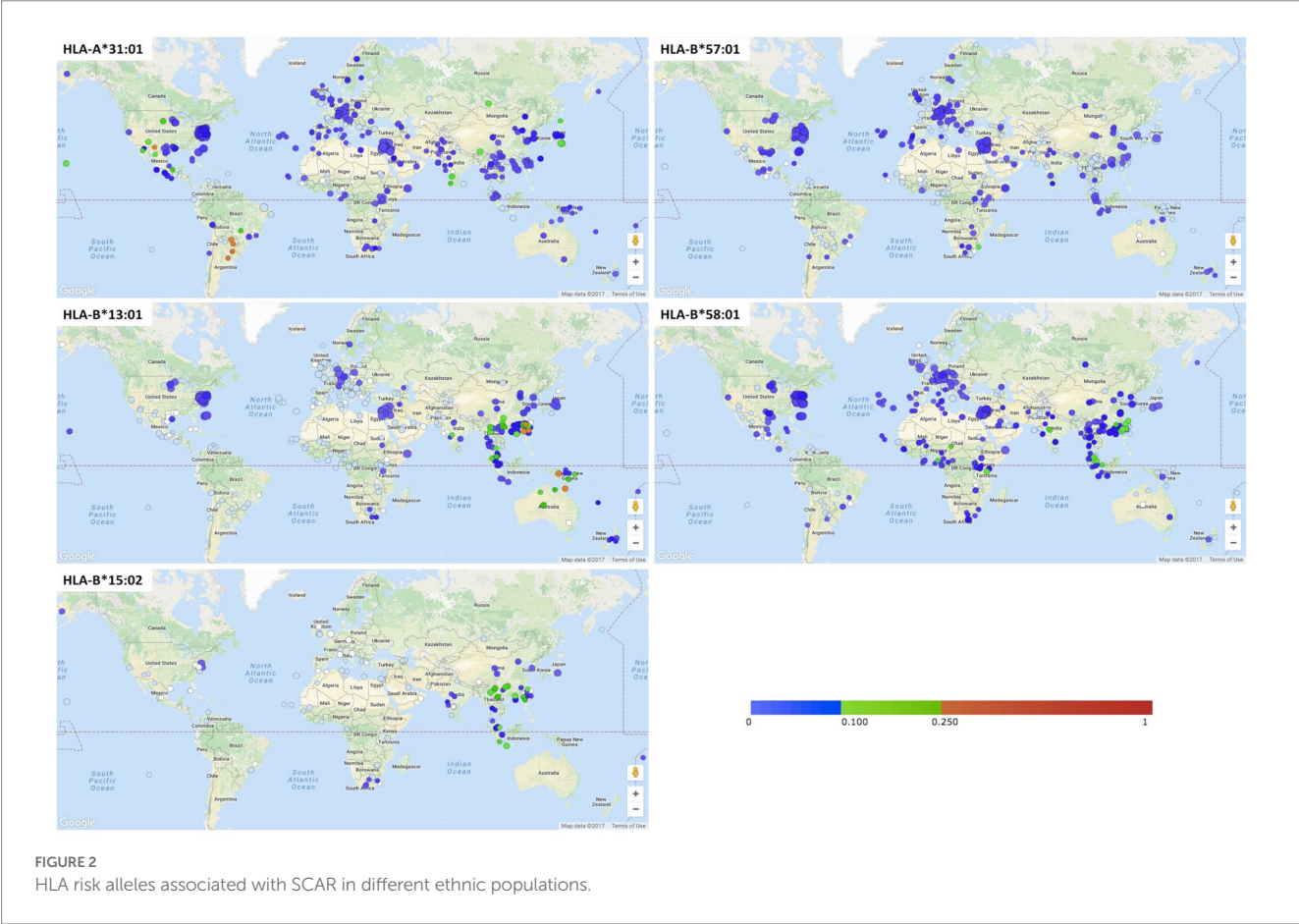
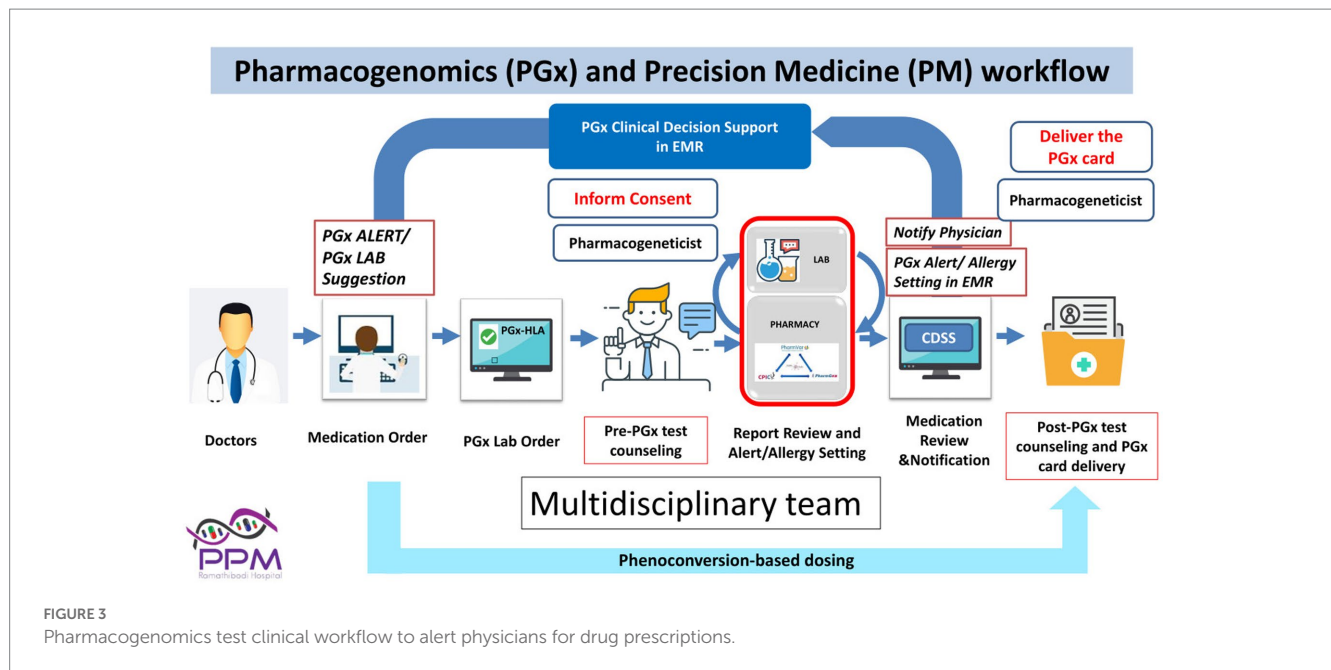


TABLE 2 HLA class I risk alleles are shared amongst some but not all drugs & phenotypes.

Drug	HLA risk allele	MDE	DRESS/DIHS	SJS/TEN	DILI	HSS
Allopurinol	HLA-B*58:01					
Carbamazepine	HLA-B*15:02/B75 serotype					
Carbamazepine	HLA-A*31:01					
Dapsone	HLA-B*13:01					
TMP-SMX/Sulfapyridine	HLA-B*13:01					
Vancomycin	HLA-A*32:01					
Abacavir	HLA-B*57:01					
Flucloxacillin	HLA-B*57:01 HLA-B*57:03					

MDE, maculopapular drug eruption; DRESS/DIHS, drug reaction with eosinophilia and systemic symptoms/drug-induced hypersensitivity syndrome; SJS/TEN, stevens-johnson syndrome/toxic epidermal necrolysis; DILI, drug-induced liver injury; HSS, hypersensitivity syndrome.





analysis). A practical approach is taken whereupon clinical decision-making strategies are built upon robust scientific evidence, clinical practice guidelines, and recommendations. Learning through case studies helps prescribers to become familiar with pharmacogenetic test interpretation and have confidence in incorporating the results into each patient's healthcare management plan (30).

There are a growing number of clinical recommendations for pharmacogenetic tests used in clinical practice (31). Compared with a single test for a particular variant, the utilization of multiple-variant panels are considered beneficial since multiple risk variants can be screened for simultaneously. A pharmacogenetic panel containing multiple genetic variants that are significantly associated with an increased risk for developing SJS/TEN, or other SCAR, has been proposed and separately developed by research groups in Taiwan, Thailand, the UK, and Canada (19, 20, 30, 32). In a prospective observational study conducted in Southeast Asians (e.g., Taiwanese, Chinese, Thai, and Malaysian), the sensitivity and specificity of a multiple-variant panel for specific antiepileptic drugs (e.g., carbamazepine, oxcarbazepine, and phenytoin) was 75 and 90%, respectively (20). Although the less than 100% negative predictive value (NPV) means this would not be the perfect screening test, the results from the panel contribute to drug causality assessment. The panel is also helpful for identifying drugs with increased risk of SCARs to which the patient has not yet been exposed and making shared medical and therapeutic decisions with the patient. Therefore, the development of such multiple-variant pharmacogenetic panels is a dynamic and ongoing process, allowing for cost-efficient additions of newly discovered variants as the evidence base grows.

Given the low incidence of SJS/TEN, several international collaborations are underway to increase statistical power for identifying genetic variants and novel, but clinically relevant, pharmacogenetic associations across diverse ancestries. The latest scientific methods and technologies (e.g., GWAS meta-analysis, polygenic risk scoring,

low-pass whole-genome sequencing) have the potential to make significant contributions to the field by uncovering increased genetic information, particularly for rare variants. More reliable evidence generated from real-world data, especially for under-served populations like First Nations, LatinX, and other diverse populations globally, remains an urgent need to advance the science of SJS/TEN research with regards to all ancestries.

To improve public health and drug safety, regulators update drug labeling and mandate boxed warnings to guide prescribers on the use of SJS/TEN suspect drugs. The U.S. Food and Drug Administration (FDA) has been proactive in incorporating pharmacogenetic risk factors in labeling. As of December 2020, 453 drug-biomarker pairs, including 311 drugs and 133 biomarkers, have been documented by the FDA, while 252 pairs are considered clinically actionable in SCAR. In the past, the recommendation for pharmacogenetic testing has varied based on the likelihood that SCAR, related to a specific drug, will occur in a specific population, and is largely based on the frequency of the HLA risk allele. As highlighted above to avoid structural racism and pharmacogenetic screening approaches that would disadvantage specific populations, a targeted approach based on provider stereotyped patient race is inaccurate. In addition, there has been widespread population admixture and the implications of a specific risk allele when present is the same regardless of the population (6). Other regulatory actions that have been taken by the Taiwanese FDA include collaboration with advisory committees, drug reporting centers that collect necessary safety data, and consultant experts who provide suggestions. A search for drugs which have a warning for SJS/TEN in the label can be done using the FDA label tool<sup>1</sup>.

1 <https://www.fda.gov/science-research/bioinformatics-tools/fdalabel-full-text-search-drug-product-labeling>



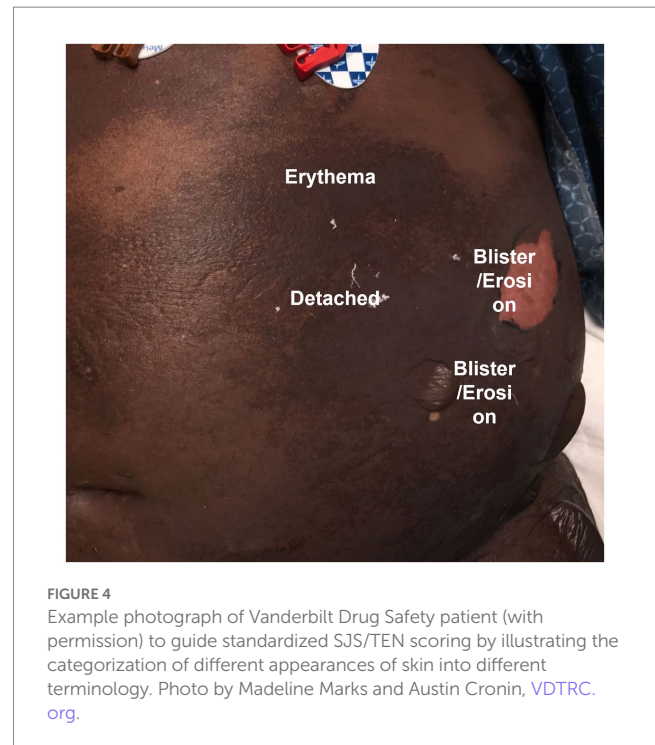
### 3. Updates in diagnosis, assessment, and causality

#### 3.1. General principles

The mainstay of SJS/TEN management is early clinical diagnosis and triage into a critical care setting with a high standard of supportive care, as discussed above. Histopathology aids in the clinical diagnosis and direct immunofluorescence helps identify autoimmune bullous disorders which can be confused with SJS/TEN particularly early in disease. All new drugs, and particularly those initiated within 4 days to 6 weeks, are suspect and should be discontinued (33). Early recognition is key. Although biological markers, such as granulysin, appear quite sensitive and specific for early identification of SJS/TEN, they lack widespread validation (34–36). An HLA risk allele, in addition to being a pre-prescription strategy that prevents SJS/TEN to specific drugs, may also add to the causality assessment that a specific drug is the culprit. Skin and patch testing generally have low sensitivity but high specificity for SJS/TEN with the exception of aromatic anticonvulsants which have a sensitivity of >50%. However, there is a range of sensitivity across different drugs from 0% (allopurinol) to >50% (aromatic anticonvulsants) (37, 38). *Ex vivo* and *in vitro* testing has had lower sensitivity than other severe cutaneous adverse drug reactions and needs more widespread validation and optimization (34, 39, 40). Rechallenge is contraindicated for all suspected culprit drugs and potentially cross-reactive drugs. The exception to this is the treatment of tuberculosis in low and middle-income countries where progress has been made using combinations of *ex vivo* testing and sequential additive challenges with methylprednisolone rescue (41, 42). Integrated approaches combining HLA typing, *in vivo* and *ex vivo/in vitro* testing have been advocated as having higher positive and negative predictive values than any one test alone (27, 42, 43).

#### 3.2. Photography and artificial intelligence to improve SJS/TEN assessment

The SJS/TEN-specific severity-of-illness score (SCORTEN) has been the mainstay of measurements to define mortality risk of SJS/TEN in both clinical practice and research (44). The ABCD-10 (age, bicarbonate, cancer, dialysis, 10% BSA) is another cross-sectional severity scoring system that incorporated end-stage renal disease and was shown to perform slightly inferior to SCORTEN by underestimating mortality (45, 46). Another study proposed adding inflammatory markers to the SCORTEN to improve predictive accuracy. The only marker that was shown to improve predictive accuracy was the red cell width over hemoglobin ratio (47). More recently the CRISTEN (clinical risk score for TEN) was developed as a clinical risk score that does not require laboratory values and this initial study was validated across 416 patients multinationally (48). However, it must be realized that all of these scoring systems are cross-sectional tools weighed toward patient co-morbidities that measure severity at one point in time and are not useful for longitudinal assessments that measure changes in disease severity over time or the specific course of the disease. Due to the difficulties of undertaking randomized controlled trials in an uncommon and unpredictable disease, studies typically draw their primary outcome from a comparison of survival on therapy to the SCORTEN-predicted survival – the standardized mortality ratio for the therapy (49). Six of



the seven SCORTEN prognostic factors are completely objective, drawing from irrefutable patient demography or quantitative physiologic or laboratory measurements. Coupled with these is a single subjective measure known as body surface area (BSA) of epidermal detachment, which was found to have a remarkable mortality association upon crossing a threshold of 10% BSA on the first day of hospitalization.

All clinical methods to estimate BSA have been shown to suffer major errors and inter-observer variations. For example, dermatology providers applying the rule of 9s overestimated psoriatic plaque area by more than a factor of two in 49/80 patient assessments (50). Similarly, a meta-analysis of 26 studies in the burn literature found an average BSA estimation error of 70% across nearly 3,000 patients and concluded that neither the rule of 9s nor palmar surface area are reliable estimates (51). Errors were significantly greater when under 20% BSA was affected. Notably, the rule of 9s and more accurate Lund-Browder charts are both derived from paper-mâché molds from only 12 individuals (52). Very recently, our understanding of the human skin surface has been substantially advanced by high-resolution surface anthropometry laser body scans of 3,047 adults in the Civilian American and European Surface Anthropometry Resource (53), which proved that there is an enormous variability between individuals as to how much each body region contributes to the total BSA. Thus, regardless of evaluation by a dermatologist or in the burn unit, knowing the true BSA of an individual SJS/TEN patient is challenging. This represents a major barrier to the successful application of decades of clinical experience in SJS/TEN.

Collection and analysis of SJS/TEN patient photos could serve an important role in addressing the gap presented by clinical BSA estimation variation. The development of standardized SJS/TEN-specific scoresheets with accompanying training and photos, including preferred terminology for different skin appearances (e.g., Figure 4), could be a major step forward in comparing the outcomes of individual patients and the results of different studies. For

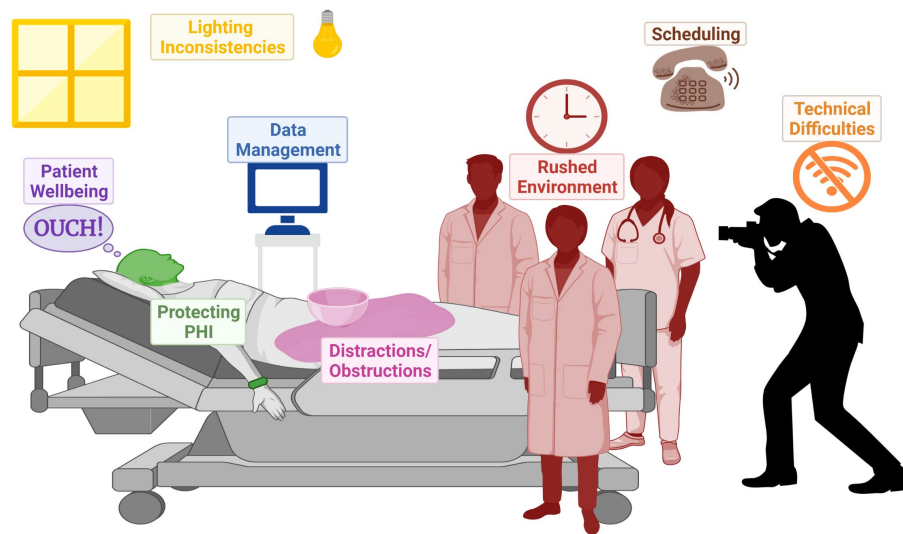


FIGURE 5  
Infographic to illustrate the challenges of photographing in burn ICU.

example, clinicians vary widely in whether they perform a Nikolsky sign or refer to dusky areas of erythema as detached skin. Photography-based adjudication that follows patient bedside BSA assessments, whether by the rater or another trained adjudicator, could further improve data quality. However, standardizing critically ill patient photography presents several challenges illustrated in Figure 5 and Table 3 and so may not be practical for all research groups. In this case, we recommend that future publications of SJS/TEN studies specify the primary data collection sheet used as well as detailed methods on how BSA was estimated. For example, the Lund-Browder method is more reliable than the rule of 9s but may take more time (54). Ideally, the study would retain marked avatars and note the corresponding rater's (or raters') experience and specific training in BSA estimation.

Provided that high-quality photographs are collected, several computer, web-based, and smartphone options for image analysis have been shown to add significant accuracy to BSA assessment (55), enabling completely untrained individuals to outperform experienced providers (56). The application of these technologies could revolutionize the way SJS/TEN studies are conducted by removing time and space constraints in the burn ICU, permitting centralized and standardized quality assurance, and adjudication by off-site experts. A limitation remains the amount of time necessary for a human user to mark borders and otherwise manipulate the photographs in these software interfaces, which can exceed the amount of time to do clinical scoring. One approach is leveraging crowdsourcing of multiple non-expert raters to achieve expert-level accuracy (57), but this would raise issues of patient privacy and data security.

In the future, the application of artificial intelligence (AI) image analysis to standardized photographs could offer practical, rapid, and standardized solutions to the critical gap in SJS/TEN BSA assessments. While there is currently a paucity of literature on this direct application, the SJS/TEN research community can take the following steps to advance:

1. Collating large numbers of standardized SJS/TEN patient photographs, ideally together with clinical variables and patient outcomes
2. Annotating the images with markings of different types of affected skin
3. Connecting these data sets to experts, for example, through global challenges like the melanoma challenge driven by the International Skin Imaging Collaboration (58)

Numerous FDA approvals for medical AI use and even specific guidelines for AI dermatology development (59) and validation lend promise that the combination of photography and AI will eventually lead to substantial advances in SJS/TEN research and patient care. In the near term, higher-quality skin surface assessment and standardized reporting of skin assessment in studies can improve personalized management, prognostic models, and understanding of SJS/TEN. Aside from the limitations stated above, there has been little consensus amongst dermatologists on SJS/TEN terminology, morphological terms and progression and consensus on the most affected sites. A recent study conducted a Delphi consensus exercise to establish a baseline consensus for the development of a standardized SJS/TEN instrument with consistent terminology (60).

## 4. Other considerations for clinical diagnosis and management

### 4.1. SJS mimickers and differential diagnosis

The early features of SJS/TEN are subtle and non-specific with a prodrome of low-grade fever, malaise, anorexia, and mucosal discomfort. It can then progress to include features such as skin pain, and development of bullae, even before the characteristic sloughing of the skin occurs (61). There are many illnesses including infections,

TABLE 3 Challenges in photographing SJS/TEN patients.

Category	Challenge	Explanation	Solution
Room conditions	<b>Lighting inconsistency:</b> Variation in light tone and/or intensity, time of day, or weather.	Lighting inconsistencies increase the chance of shadowing, glare, and distorted skin tone in images.	<ul style="list-style-type: none"> <li>Document the light sources in the room during the photo session.</li> <li>Consistently utilize the same device between sessions.</li> <li>Capture both flash and non-flash photos.</li> <li>Use portable light devices.</li> </ul>
	<b>Rushed environment:</b> A high-stress intensive care environment caused by time constraints, simultaneous performance of procedures, photographer inexperience, or patient discomfort.	A rushed environment negatively impacts attention to detail and photography session quality.	<ul style="list-style-type: none"> <li>Establish a relationship with the care team.</li> <li>Communicate with the care team.</li> <li>Get familiar with the hospital and the unit.</li> <li>Regularly conduct timed practice sessions with a volunteer.</li> </ul>
	<b>Distractions/obstructions:</b> Objects, unrelated to the photography, which distract from or obstruct the patient's skin.	Objects may obstruct part of the skin, visually distract the viewer, and impact the consistency of daily images.	<ul style="list-style-type: none"> <li>Move items out of frame.</li> <li>Move items off patients' skin, if able.</li> <li>Drape distracting items.</li> </ul>
Communication	<b>Scheduling:</b> A missed opportunity to capture uncovered patient's skin (e.g., dressing change, bath) due to miscommunication between the patient's care team and photographer or unavailability of the photographer.	Missed dressing changes or baths prevent a complete photograph of the entire skin surface across all body sites from being collected daily.	<ul style="list-style-type: none"> <li>Communicate daily with the patient's care team.</li> <li>Ideally, multiple trained photographers should be available.</li> <li>Photographers should have flexible schedules to allow time for sessions when needed.</li> </ul>
Patients	<b>Patient wellbeing:</b> The physical or emotional comfort and discomfort of the patient.	Patient wellbeing determines if they are willing to fully participate in repeated photography sessions.	<ul style="list-style-type: none"> <li>Communicate with the patient and their caretaker.</li> <li>Ask permission to photograph at each session.</li> <li>Explain that the photography session can be stopped at any time.</li> <li>Limit the number of people in the room.</li> </ul>
PHI	<b>Protecting PHI &amp; privacy:</b> Photographs may contain sensitive and/or identifying information.	Protecting privacy and PHI helps to establish trust between the patient and photographer.	<ul style="list-style-type: none"> <li>Cover hospital bands with gauze or tape.</li> <li>Flag photos considered sensitive.</li> <li>Flag photos containing PHI.</li> <li>De-identify photos.</li> </ul>
Data management	<b>Data management:</b> The organization of photos by establishing standard operating procedures for naming and storing files.	Standardized data management protocol ensures optimal organization, prevents data loss, and makes locating files easier.	<ul style="list-style-type: none"> <li>Develop a protocol for naming and storing photos.</li> <li>Ensure that filenames are consistent with the naming convention.</li> <li>Keep at least two copies of each photo (have a back-up).</li> </ul>
Technical difficulties	<b>Technical difficulties:</b> Technological malfunctions due to a loss of power, Wi-Fi, or issues capturing images.	Technical difficulties can prevent data from being collected properly and affect its overall quality.	<ul style="list-style-type: none"> <li>Use newer-model devices.</li> <li>Fully charge the device before each session.</li> <li>Bring a backup photography device.</li> <li>Confirm all photos are submitted before exiting the photo capture app.</li> </ul>

autoimmune diseases, and other types of drug reactions that may mimic SJS/TEN (Table 4). Since treatments, prognosis, short and long-term complications, and outcomes vary, prompt and accurate diagnosis is important to guide early intervention and management.

Staphylococcal scalded skin syndrome (SSSS) is a condition with cutaneous involvement that can mimic SJS/TEN. It is a blistering skin condition caused by a toxin from staphylococcus seen either in healthy children with a bacterial focus or in adults with renal insufficiency. SSSS (62) usually presents with tissue-paper thin wrinkling of the

epidermis concentrated in intertriginous areas; such as: inguinal folds, axillae, inframammary folds, and folds of the neck. Additionally, perioral radial fissures, as well as erythema of the eyes and ears is classic. The skin is red and tender before it sloughs. A very superficial layer of the skin is what sloughs off, revealing a moist, pink, and slightly matte surface at the base, underneath compared to the deep red and shiny exposed dermis that is seen at the base of desquamations in SJS/TEN (61, 62). The skin usually heals completely within 5–7 days after starting treatment with antibiotics and supportive care.

TABLE 4 Most common clinical mimickers of Stevens-Johnson Syndrome &amp; Toxic Epidermal Necrolysis.

Diagnosis	Context	Main clinical difference	Causes
RIME	Abrupt eruption of prominent mucositis triggered by infectious etiologies	Minimal to absent cutaneous eruption, mostly children and young adults	<i>Mycoplasma pneumoniae</i> and several other infections
EMM	Development of typical and atypical targetoid macules with central deeper purple or dusky coloration.	Typical, papular 3-zoned targetoid lesions in conjunction with atypical raised targets having only 2 zones, whereas SJS/TEN tends to be flat or flaccid bullous.	Herpes simplex virus most commonly, occasionally other infections, idiopathic, radiation
PNP	Smoldering onset of bullae and lichenoid dermatitis with mucositis, often mistaken for “chronic SJS/TEN”	2 morphologies to eruption: there is both a B-cell mediated bullous morphology and a T-cell mediated lichenoid component	Non-Hodgkin lymphoma, chronic lymphocytic leukemia. Rarely, Castleman's disease, thymomas, sarcomas, and Waldenström's macroglobulinemia.
SSSS	Usually newborns, young children, adults with renal failure	Split is very superficial with a periocular, perioral, and intertriginous predilection. Base of blisters have intact epidermis rather than beefy red dermal appearance. Often intense peri-oral involvement but spares mucous membranes.	Staphylococcal exotoxin (epidermolysin) targeting desmoglein 1
AGEP	Explosive eruption of a brightly erythematous with moist slough	Primary morphology is innumerable, tiny, non-follicularly based pustules on a brightly erythematous base which coalesce to form “lakes of pus.” Time to onset is shorter than SJS/TEN (<4 d), and split is superficial. Absence of mucosal involvement, generally.	Medications
aGVHD4	Morbilloform exanthem that goes on to become blistering, usually within the first 3 months (but can occur later) after transplantation.	Predilection for dorsal hands and feet, palms and soles, forearms, upper trunk, ears and postauricular areas. GI and hepatic signs/symptoms may be concurrent.	Transplantation of bone marrow, sometimes with multivisceral or small bowel

RIME, Reactive infectious mucocutaneous eruption; EMM, Erythema multiforme major; PNP, Paraneoplastic pemphigus; SSSS, Staphylococcus scalded skin syndrome; AGEP, acute generalized exanthematous pustulosis; aGVHD4, Acute Graft vs. Host Disease, grade IV.

Autoimmune and other immune-mediated disorders comprise an array of diseases that can mimic SJS/TEN. Lupus erythematosus can have many similarities to SJS/TEN. Important differences are photodistribution, and subacute presentation (weeks). Additionally, patients with lupus may have positive antinuclear and reflex-ENA antibodies, elevated anti-dsDNA levels, lymphopenia, and other cytopenias and low complement levels which are not typically seen in patients with SJS/TEN (63). Hemophagocytic lymphohistiocytosis (HLH) is a very rare condition caused by natural killer cells and T lymphocytes. It differs from SJS/TEN in that it forms a reticuloform rash and is smoldering, with various stages of resolve although occasionally a positive Nikolsky sign can be seen. Bullous pemphigoid (BP) is a disease that involves the basement membrane. Unlike SJS/TEN, patients with BP will complain of pruritus instead of pain, and their lesions will show a positive Asboe-Hansen sign and a negative Nikolsky sign. Additionally, BP is more often seen in elderly patients without a drug ingestion history. Direct immunofluorescence (DIF) studies of skin reveal linear deposition of IgG and C3 at the basal membrane.

Reactive conditions such as erythema multiforme majus (EMM) are self-limited but occasionally recurrent and may be confused with SJS/TEN. It is hallmarked by typical and/or atypical raised target lesions predominantly on the extremities (acral) in adults and on the face and trunk in children. High fever and several swollen, painful, and erosive mucous membranes may lead to a severe condition in

children, whose predominant cause is infection with *Mycoplasma pneumoniae* (64, 65).

Acute graft vs. host disease (GVHD) is a major complication associated with bone marrow transplants. It is a multi-organ disorder that is most commonly due to foreign blood stem cells being transferred to a new host which in turn stimulates an immune reaction. The reaction can be seen following bone marrow transplants, non-irradiated blood transfusions, maternal-fetal transmission, and solid organ transplants. In its most severe form (Stage IV), acute skin disease can consist of generalized involvement with blister formation and skin sloughing resembling SJS/TEN (66).

Several other severe cutaneous adverse drug reactions can present with clinical features mimicking SJS/TEN. These include linear IgA bullous dermatosis, drug-induced hypersensitivity syndrome/drug reaction with eosinophilia and systemic symptoms (DiHS/DRESS) which can present with a wide range of skin morphologies, acute generalized exanthematous pustulosis (AGEP), generalized bullous fixed drug eruption (GBFDE), bullous lichenoid, and multiforme-like drug eruption caused by various medications, and more recently, by the immune checkpoint inhibitors and most commonly PD-1 and PDL-1 inhibitors used in lung cancer. Tumors have evolved to have several mechanisms to cloak themselves from the human immune system. Immune checkpoint inhibitors are used to unharness T and NK cell responses to improve the host tumor response. While this class of medication has been helpful in patient care, it can trigger reactions similar to SJS/TEN.



One last unusual severe cutaneous adverse drug reaction presentation is a delay in the development of a second mucosal site. It has been reported that greater than 85% of patients will present with involvement of two mucosal sites (1, 64). However, we are now becoming aware of a delay in the presentation of the second site in a subset of patients, which may provide initial confusion in the diagnosis.

## 4.2. SJS/TEN and drug-induced liver injury

Significant literature exists that describes the co-existence of drug-induced liver injury (DILI) and SJS/TEN. DILI is the most common cause of acute liver failure in the Western world and is associated with SCARs in 5% of cases. Although DILI most commonly occurs in the setting of DRESS/DIHS, a study looking at 1718 cases of validated DILI, found that 14 patients were diagnosed with concurrent SJS/TEN attributed to 9 different agents (67). The injury pattern in these cases was diverse. Seven presented with hepatocellular injury, while the other seven presented with cholestatic/mixed injury. Most patients presented with a rash and fever but were not jaundiced at the clinical onset but became jaundiced with disease progression. Two patients were classified with mild liver injury, five with moderate injury, and seven with severe injury. Compared with DILI cases, those with concurrent SJS/TEN were more often younger, more likely to be Black, had a shorter latency period from drug exposure to hepatic dysfunction, and ultimately developed a more severe liver injury. While genetic predisposition is suspected, HLA subtyping has not yet demonstrated any clear clinical patterns associated with SJS/TEN co-occurring with DILI. The experience with DILI in the setting of DRESS/DIHS suggests that the same HLA associations may be relevant (68, 69). Physicians diagnosing SJS/TEN should be aware of the possibility of drug-induced liver injury.

## 4.3. Cutaneous toxicities and management of immune checkpoint inhibitor toxicity and SJS/TEN

Immune checkpoint inhibitors (ICIs) such as PD-1, PD-L1, and CTLA-4 inhibitors often lead to non-specific immune activation, of which the skin is the most common target (70–72). Most patients treated with a PD-1 inhibitor will experience at least two or more adverse events (70); fortunately, patients with a cutaneous reaction also demonstrated improved survival rates (73). Common cutaneous adverse events can be classified into psoriasiform, morbilliform, lichenoid eruptions, and vitiligo-like depigmentation (74). Less common adverse events SCARs or blistering dermatoses (74) with the occurrence of an adverse event, the severity of the reaction is categorized utilizing the Common Terminology Criteria for Adverse Events (CTCAE) to communicate the severity of the rash, including total body surface area involved, as well as the safety of reinitiating immunotherapy.

The subtypes of cutaneous adverse events are associated with the type of immune checkpoint inhibitor. Psoriasiform eruptions generally occur with PD1/PD-L1 inhibitors and can be associated with inflammatory joint disease and uveitis. Flares of pre-existing psoriasis are commonly reported, and treatment should resemble a similar therapeutic ladder to classical psoriasis. Morbilliform reactions are the most common adverse event described with CTLA-4 inhibition (75–77). Histopathology typically demonstrates spongiosis, interface dermatitis,

and/or perivascular dermatitis with a predominately lymphocytic infiltrate. Treatment is usually limited to the use of topical steroids and oral antihistamines. Lichenoid reactions have an unclear incidence but are more commonly reported with PD-1/PD-L1 inhibitors compared with CTLA-4 inhibitors (78). They are best treated with topical steroids, phototherapy, acitretin, hydroxychloroquine, or apremilast. Vitiligo-like depigmentation does not need therapy, but patients should be educated on the risk of photosensitivity in affected areas. Development of bullous dermatoses is rare, but also likely underreported and underdiagnosed (79, 80). These patients present with a median latency of 6–8 months after PD1/PD-L1 treatment initiation (79, 80). IgG and C3 linear deposits are typically demonstrated on immunofluorescence (80). Considerations for therapy include systemic corticosteroids, dupilumab, omalizumab, intravenous immunoglobulin (IVIG), or rituximab. Lastly, SJS/TEN-like reactions can begin as morbilliform eruptions that evolve into a lichenoid reaction with mucositis of oral, ocular, and genital regions (81, 82). It has recently been suggested that two types of SJS-like eruptions can occur following ICI. Bullous lichenoid reactions, which progress slowly and often occur in the presence of a small molecule drug associated with SCAR, and where rechallenge with ICI may not be contraindicated and reactions appear more like TEN (83, 84). The name progressive immunotherapy-related mucocutaneous eruption (PIRME) has been suggested to refer to these lower acuity reactions which may appear SJS-like but progress more slowly, may have a small molecule culprit drug, and where the pathology suggests a lichenoid bullous reaction (84). Patients then develop full-thickness epidermal necrosis. These patients are best managed in a burn ICU and systemic immunomodulating therapy should be considered.

Although complications of immune checkpoint inhibitor therapy are generally treated with immunosuppression, recent data has demonstrated a significant difference in the overall survival and time to treatment failure with either low or high-dose corticosteroids in patients (85), which sets a precautionary tone. Biomarkers such as IL-6, IgE, and elafin have been correlated with the severity of adverse events, as well as predicted six-month survival (86, 87). A future goal is for a combination of biomarkers and known pathophysiology of the eruption to guide the most judicious and targeted treatment options (87). In addition to corticosteroids, which have been the mainstay of treatment for ICI immune-related adverse events (irAEs), more targeted therapies, such as etanercept and tocilizumab, are currently being studied and have demonstrated clinical benefit in treating cutaneous immune-related adverse events (88, 89). True severe cutaneous adverse events related to immunotherapy likely have a distinct immunopathogenesis when compared with SJS/TEN related to a small molecule. In addition, ICI may unmask or increase the risk of a SCAR related to a small molecule, such as those described above with lichenoid bullous reactions. Currently, rechallenge is still not recommended with severe cutaneous adverse events related to ICI that mimic and progress rapidly and are similar to SJS/TEN as case reports of fatalities have occurred even with ICI monotherapy rechallenge (90). However, case reports are emerging that may distinguish at least a subgroup of ICI SCAR that appear to tolerate rechallenge with a different ICI (e.g., distinct PD-1 inhibitor) or even the same drug in some instances (84, 91).

## 4.4. Updates on mechanisms

Current innovation in studying gene-protein and T-cell receptor expression at the site of tissue damage in SJS/TEN such as blister fluid



and sloughed skin has provided insights into the disease as a CD8-dependent class I HLA-restricted condition with upregulation of markers of cytotoxicity and proliferation. The expression of cytolytic peptides such as granulysin and granzyme B by CD8+ T cells, NK T cells, and NK cells has become the hallmark of SJS/TEN. Examples of how the tissue signatures can be utilized to provide the rationale for successful targeted therapy were exemplified by Kim et al. (92) in the case of a patient with a refractory DiHS/DRESS. Capabilities and the ability to deconvolute and analyze complex datasets are equally important (93, 94).

## 4.5. Cell death pathways and novel therapeutics

SJS/TEN is characterized by the death of keratinocytes. Previously, this epidermal damage in the skin lesions of SJS/TEN patients had been considered to be due to apoptosis. Apoptosis is induced by cytotoxic CD8+ T cells through the Fas–Fas ligand (FasL) pathway or the perforin/granzyme pathway. The cell surface of keratinocytes of TEN patients has revealed a high expression of FasL. In addition, high levels of soluble FasL (sFasL) have been found in the serum of SJS/TEN patients. Fas–FasL interactions mediated apoptosis in the skin lesion of SJS/TEN patients, and in addition, granulysin also demonstrated a cytotoxic effect in SJS/TEN (31). Granulysin, which is found in high levels in SJS/TEN blisters, is released from blister cells in skin lesions of SJS/TEN, including cytotoxic CD8+ T cells, NK T cells, and NK cells. Very recently it has been reported that the exosomal miRNA, miR-375-3p, was markedly upregulated in the plasma of SJS/TEN patients, where it induced mitochondria-dependent apoptosis via downregulation of the X-linked inhibitor of apoptosis protein (XIAP) (95). In 2014, Saito et al. (96) reported that necroptosis induced by annexin A1 – formyl peptide receptor 1 (FPR1) interaction contributes to keratinocyte death in SJS/TEN. In electron microscopic analysis, both necrotic cells and apoptotic cells were observed in the skin lesions of patients. Necroptotic (a type of programmed cell death that reveals morphological necrosis) cells release damage-associated molecular patterns (DAMPs), including a range of pro-inflammatory cytokines, resulting in inflammation, unlike apoptosis (97). The induction of necroptosis in the skin and gut provokes a strong inflammatory response, which might be triggered by the emission of DAMPs (98). In general, necroptosis occurs through the stimulation of TNF- $\alpha$  under conditions in which apoptosis is blocked (97). In TNF- $\alpha$  stimulation, receptor-interacting kinase 1 (RIP1) and receptor-interacting kinase 3 (RIP3) are phosphorylated and form a “necrosome” complex. Furthermore, the mixed lineage kinase domain-like (MLKL) pseudo kinase is recruited to the necrosome and phosphorylated by RIP3. The phosphorylated MLKL (pMLKL) is localized to the plasma membrane and induces cell death (97). Kinoshita et al. (99) discovered neutrophils associated with the mechanism of necroptosis in SJS/TEN. CD8+ T cells produced lipocalin-2, which triggered the formation of neutrophil extracellular traps (NETs) in early lesioned skin. Neutrophils undergoing NETosis released LL-37, and LL-37 induced the expression of FPR1 on keratinocytes through P2X7R stimulation. FPR1 expression caused necroptosis of keratinocytes that caused the further release of LL-37 and induced FPR1 expression on surrounding keratinocytes, which likely amplified the necroptotic response. Necroptosis plays an

important role in the immunopathogenesis of SJS/TEN (99). Therefore, inhibition of necroptosis could be an effective therapeutic target. Several compounds, including a new FPR1 antagonist now in development, have been shown to inhibit TEN patient serum-mediated cytotoxicity and keratinocyte death.

Differential gene expression of matrix metalloproteinases (MMPs) and TIMP1 may also predict chronic eye disease in SJS/TEN. In one study, MMP9 was a prognostic predictor of poor best-corrected visual acuity (BCVA) post-cultivated oral mucosal epithelial transplantation (COMET) (100). Another study suggested that epidermal MMP9 expression was significantly higher in SJS/TEN skin than in healthy control skin and non-bullous skin reactions. Serum from SJS/TEN patients also induced MMP9 expression in healthy skin explants which were reduced by etanercept. Furthermore, etanercept reduced TNF- $\alpha$  induced MMP9 expression in cell lines providing additional support for the potential role of etanercept as an SJS/TEN therapeutic agent (101).

Other unexplored areas include the potential for innate triggers for SJS/TEN such as MRGPRX2, a mast cell-specific receptor crucial for pseudo-allergic drug reactions, and the application of novel areas of research such as the field of epigenomics.

Study of particular antigenic epitopes that generate an immune response to specific drugs is of significant interest. This approach has been championed by Kula et al. (102) who described the Tscan® methodology of epitope discovery. Tscan® uses a library screening strategy to validate epitopes of interest. For instance, T cells from an SJS/TEN patient could target cells engineered to carry the human peptidome or virus-specific libraries in addition to the suspected HLA risk allele. Granzyme B-producing cells are sorted and processed by deep sequencing to identify epitopes in conjunction with activated T cells (102).

## 5. Updates in acute care

### 5.1. Updates in supportive care management (Table 5)

#### 5.1.1. Burn and critical care management

Acute SJS/TEN is characterized initially by flat, atypical targets or purpuric macules predominantly on the trunk and by mucosal erosions in at least two mucosal sites, often including the ocular surface. Transfer and consultation for patients with SJS/TEN should happen early before advanced critical care is needed. Once progression to multi-organ failure occurs, the transfer of patients may be futile and often leads to a transition to comfort care once they arrive at the tertiary or quaternary hospital with a burn center. These delayed transfers can utilize already scarce resources, distract from the acute management of burn patients, and challenge future collaboration with referring hospitals.

The consensus on how to manage states of shock after burn injury continues to be debated (103). Nonetheless, hospitals with burn programs have extensive expertise in managing non-hemorrhagic hypovolemia. Additionally, some centers have reported that, like burn injury, SJS/TEN may be associated with multifactorial shock. This may include vasodilatory, cardiogenic, and distributive shock phenotypes, and may occur through a perturbed inflammatory stimulation which warrants further investigation. There remains variation by practice on

TABLE 5 Key points discussed during “updates for clinicians.”

<p><b>Specialized units</b></p> <ol style="list-style-type: none"> <li>1. Consideration should be made to transfer patients with suspected SJS/TEN to hospitals with dermatology inpatient wards or burn centers early in their presentation. The decision should be based on the extent of skin detachment and the need for intensive care.</li> <li>2. Acute and critical care needs for patients with SJS/TEN can be similar to those of patients suffering a thermal injury.</li> <li>3. Psychosocial, rehabilitation, and after care needs for patients with SJS/TEN might be better addressed at hospitals with established programs for patients recovering from thermal injury.</li> </ol> <p><b>Eye care</b></p> <ol style="list-style-type: none"> <li>1. Early ocular involvement is highly variable and can result in chronic complications leading to severe ocular surface disease including corneal blindness.</li> <li>2. Patients who receive acute ophthalmic care based on an evidence-based treatment that involves the use of amniotic membrane may be more likely to retain &gt;20/40 vision than those who do not.</li> <li>3. Customized scleral lenses provide a protective barrier, support the ocular surface, and can prevent corneal complications, improving visual acuity and comfort.</li> </ol> <p><b>Genitourinary issues</b></p> <ol style="list-style-type: none"> <li>1. Gynecology was only consulted in half of the cases of possible vulvovaginal involvement.</li> <li>2. There appeared to be an assumption that there was no need for vulvovaginal care in patients presumably not sexually active.</li> <li>3. Obtaining consent in a sensitive matter is important in very young/older patients as to explain long-term sequelae.</li> </ol> <p><b>Unusual presentations</b></p> <ol style="list-style-type: none"> <li>1. Recognition of SJS/TEN mimickers is critical as management and prognosis can be very different for each category. These include infectious, autoimmune, reactive, and other drug response etiologies.</li> <li>2. Autoimmune conditions and reactive conditions can produce cutaneous mimics of SJS/TEN but differences exist in presentation, chronicity, laboratory studies and histopathology.</li> <li>3. While greater than 85% of patients will present with involvement of two mucosal sites some patients have a delayed second mucosal site involvement. Often times this 2nd site includes ocular mucosa.</li> </ol>
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how bullae (or blisters) are managed (104, 105). Some centers remove blisters, while others drain. Most dermatologists prefer to drain bullae that result from SJS/TEN, and therefore collaboration is required between teams to reach a consensus on wound management. Similarly, there is some variability in the selection of topical dressing, which should be a subject of future studies. An international team has just published a Delphi-based consensus paper and wound management was one item examined (11). Regardless of bullae management and dressing choice, wounds should be cleaned and examined for stigmata of infection. If infection concerns arise, topical or/and systemic antimicrobials should be initiated to prevent wound-related infection, and subsequent systemic sepsis. There have been studies examining the effects of grafting the wounds in SJS/TEN after mild wound bed preparation; however, these practices have not become standard in most burn centers (106–108). Re-epithelialization of large areas of skin, either primarily or assisted with grafting, requires significant energy expenditure. Although not studied formally, most burn centers will provide hyperalimentation for patients with SJS/TEN using similar formulae that they would use for patients with burns (109). Burn centers work closely with dieticians and most have them embedded within their teams. Protein calorie malnutrition must be prevented, and assessment of nutritional status should be performed either by indirect calorimetry or adjuncts such as urinary excretion of nitrogen if normal kidney function is maintained. Hypermetabolic states persist after wound closure and need to be monitored similarly to those receiving care for burns. Pharmacotherapies such as propranolol and oxandrolone are currently under study for patients with burns (110, 111), and further work in this area will be needed depending on the results.

## 5.2. Eye care in SJS/TEN

Early ocular involvement is highly variable and not proportionately related to the extent of body surface area detached. It ranges from

conjunctival hyperemia to near-total sloughing of the ocular surface, including the tarsal conjunctiva and eyelid margins. Chronic complications can result in severe ocular surface disease including corneal blindness.

For survivors, ocular complications are among the most common and debilitating. In a recent survey conducted at 11 academic health centers in the US which evaluated 121 adults diagnosed with SJS/TEN by inpatient consultative dermatologists, 60% of SJS/TEN patients reported long-term eye problems (112). In another study evaluating 105 eyes of 66 patients, the ocular surface worsened during a follow-up of over 5 years, and more than 50% of eyes with partial conjunctivalization progressed toward total conjunctivalization. The severity of tarsal conjunctival or lid-margin scarring affected the worsening of the ocular surface (113).

All of this points to the critical importance of acute phase management. There is a window of opportunity in the first 7 days to alter visual outcomes. Intervention with the amniotic membrane (AM) is the most critical decision to be made to mitigate eyelid margin disease and prevent the long-term sequelae associated with eyelid microtrauma to the ocular surface (114, 115). Traditionally, AM transplantation (AMT) involved the use of bolsters and sutures to secure AM across the eyelid margin and a symblepharon ring to secure it onto the ocular surface. Recent advances in AMT techniques include using cyanoacrylate glue instead of sutures to secure the AM to the eyelids and allow for a painless and rapid procedure that does not require the use of sedation or general anesthesia. This may be of critical importance in acutely ill patients such as those with SJS/TEN (116).

According to a recent study, patients who receive acute ophthalmic care based on an evidence-based treatment that involves the use of AM were more likely to retain >20/40 vision than those who did not (92% vs. 33%). Vision-threatening complications in the chronic phase were also significantly higher in the latter group (67% vs. 17%) (117). However, AMT is not a panacea and long-term complications do still occur, particularly eyelid-related complications and dry eye (118).

Systemic treatments for SJS/TEN have long shown equivocal outcomes in ocular disease. More recently, corticosteroid pulse therapy (CPT), systemic cyclosporine, and etanercept have been explored. In a retrospective case series study by Mieno et al. (119), 36 patients who received CPT within 4 days of disease onset were compared against 49 patients who did not receive such therapy. The percentage of patients with a best corrected visual acuity of 20/200 or greater in the worst eye was significantly different between the two groups, with 52.8% reaching  $\geq 20/200$  in those who received CPT vs. 14.3% in those who did not. Severe ocular complications were also significantly less in the group that received CPT. It is important to note that this study was not randomized, so more research may be needed to further validate these findings. Another study evaluated the effects of acute systemic cyclosporine in a small cohort of patients and found no association between the use of systemic cyclosporine therapy and chronic ocular complications (120). Etanercept, however, has been shown, along with concurrent use of AMT, to have a beneficial effect in reducing chronic ocular sequelae in a small cohort, though the effects of etanercept vs. AMT may be difficult to separate (121). The question of whether specific acute therapies may be better than others for preventing chronic eye sequelae in SJS/TEN is still an open one.

A pivotal point in the care of chronic ocular disease in SJS/TEN was the introduction of customized scleral lenses known as prosthetic replacement of the ocular surface ecosystem (PROSE®). These provide both a protective barrier and support for the ocular surface and can prevent corneal complications, thus improving visual acuity and comfort. PROSE® is often thought of as an intervention that applies only to adults but recently, Wang et al. have shown that pediatric patients with SJS/TEN can also benefit from PROSE® treatment (122). Treatment was feasible in over two-thirds of pediatric patients with chronic ocular surface disease from SJS/TEN and resulted in significant improvements in vision. Other variations of scleral lenses have recently been explored, including a limbal-supported contact lens that led to improved vision compared to spectacles and reduced ocular pain in patients with ocular sequelae from SJS/TEN (123).

Significant advances in our understanding of ocular disease in SJS/TEN have fostered progress in management and outcomes. Though it remains a blinding disease, future advancements will continue to improve vision and visual function in patients with SJS/TEN (124).

### 5.3. Genitourinary disease in SJS/TEN

Although there is consensus on the need that standardized supportive measures should be instituted to prevent long-term genitourinary and reproductive complications in men and women, knowledge of what happens in real clinical practice is lacking. Strictures in the urogenital tract may be more common in women (125). A review of 55 female SJS/TEN survivors sheds light on this issue (126). The key findings from this retrospective review included that gynecology was consulted in <50% of cases and this was unimpacted by the severity of SJS/TEN disease. Furthermore, consultation and care were particularly neglected in girls and young women presumed to be sexually inactive, with no reporting of sexual activity and pregnancy. There was also underutilization of the operating room (OR) and times

when sedation was applied to minimize pain and adverse symptoms associated with vulvovaginal exams.

In a subsequent long-term follow-up study involving the same 55 patients, nine patients were found to be deceased, and one patient had an unknown mailing address. Among the remaining 45 patients who were sent follow-up questionnaires, only five patients responded. Although responses were scarce, many noted persistent complaints of vaginal dryness (126).

The overall goal emphasized by this study is the need to standardize the clinical management of women experiencing vulvovaginal sloughing and men with a urogenital disease during the acute phase. It also highlights the importance of improving follow-up care in the gynecology and urology clinics, or alternatively, implementing a multidisciplinary follow-up plan for affected patients.

During the acute phase of SJS/TEN, it is strongly encouraged to consult with gynecology or urology and remain cognizant of potential long-term sequelae such as scarring, strictures, and vaginal dryness. A follow-up plan involving collaboration between different specialties involving gynecologists and urologists is imperative.

### 5.4. Considerations for rehabilitation therapy, hyperproliferative healing, and aftercare reintegration

Physical and occupational therapy is a keystone of burn care and benefits patients with SJS/TEN. Hospitals with burn programs have a higher density of therapists comfortable with managing patients in intensive care units with open wounds. Therapists are also poised to manage anti-deformity positioning and scar prevention. Although not always discussed, patients with SJS/TEN may develop hypertrophic scars that can be remarkably similar to those seen after burn injury (127). Burn therapists are specialists in scar management and employ adjuncts such as splints and compression garments. Acute stress and later post-traumatic stress disorders may develop and burn programs are poised to screen and treat these early. Community, school, and work reintegration are also areas where burn programs have unique expertise and can provide additional resources to patients with SJS/TEN.

### 5.5. Long-term physical and mental health complications of SJS/TEN

Long-term health complications following SJS/TEN are prevalent and underrecognized. SJS survivors have articulated in a recent survey their concerns for inadequacy of post-discharge physical and mental health care (12). Due to incomplete follow-up of SJS/TEN populations, many complications may not have been initially recognized as being associated with SJS/TEN. Recognized complications can include but are not limited to the eye, skin, mucous membrane, ear, internal organ stricture, reproductive, and mental health concerns. One study found that 88.2% of participants felt that their SJS/TEN diagnosis impacted their physical health. In that same study, 70.2% of participants felt that their physicians did not sufficiently address these complications (12).

The acute stage of SJS/TEN is characterized by mucosal membrane involvement (21). Such involvement may include erosion of the ocular

mucous membranes. The most feared long-term effects in SJS/TEN are chronic ocular complications. Approximately 50% of SJS survivors report long-term ocular complications (128). Ocular damage can include limbal stem cell deficiency and numerous side effects. Survivors with limbal stem cell deficiency often have epithelial defects, corneal scarring, lid entropion, vascularization, dry eye syndrome, photophobia, corneal abrasions, and erosions due to the corneal epithelium losing the ability to repair itself. Often corneal abrasions and erosions lead to visual impairment, including blindness. According to Gregory (114), “Interventions during the acute stage are crucial, as the long-term sequelae can be difficult, if not impossible, to repair.” Additionally, 77% of SJS/TEN patients present with ocular involvement during the acute stage (129). Standard treatment for SJS/TEN patients can include but is not limited to topical medications, pulse corticosteroid therapy, systemic cyclosporine, symblepharon rings, amniotic membrane transplantation, PROKERA® ring, scleral contact lenses, PROSE® contact lenses, SynergEYES® contact lenses, and limbal supported contact lenses.

It is suggested that daily rinsing of the eyes with sterile saline helps combat inflammatory disease. When used in combination with prophylactic topical antibiotics that are bactericidal, rinsing may also decrease the risk of infection. According to Mieno et al. (119), if given within 4 days of symptom onset, pulse corticosteroid therapy led to significantly better vision and fewer corneal and conjunctival complications. Gregory (114) suggests that systemic cyclosporine may decrease ocular surface inflammation.

Symblepharon may still occur with the treatments above, which indicates the implementation of a symblepharon ring to prevent adhesion of the conjunctiva with the eyelid. In addition, amniotic membrane transplantation may be used for anti-inflammatory and anti-scarring purposes and to promote epithelial healing. Increasing evidence supports a combination of the two previously mentioned treatments, called the PROKERA® ring, which prevents symblepharon, and decreases inflammation and scarring risk while promoting epithelial healing.

Increasing evidence for treatment of chronic eye complications includes, but is not limited to topical medications, scleral contact lenses, PROSE® contact lenses, SynergEYES® contact lenses, and limbal supported contact lenses. SJS/TEN survivors frequently suffer from dry eye syndrome and therefore require constant use of artificial eye drops throughout the day and eye ointment during the night. In addition, some survivors opt to use blood serum tears during the day as they provide healing properties for healthy cell growth and may afford patients additional relief and comfort. Scleral contact lenses are gas-permeable contact lenses designed to cover the eye's cornea and help with dry eye syndrome. PROSE® contacts provide durable improvements in vision. SynergEYES® contact lenses consist of a stable, rigid center with high oxygen permeability that delivers clear vision and the comfort of a soft lens. Limbal-supported contact lenses are a type of scleral lens that can improve vision and reduce ocular pain. Itoi et al. (123) suggest that wearing limbal-supported lenses improved vision and reduced ocular pain compared to spectacles.

Outside of ocular complications, complications vary in severity as SJS/TEN cases and treatment courses differ among individuals. According to one study, 80% of patients reported skin sequelae from SJS/TEN (128). Skin damage can manifest as hyper- or hypopigmentation, fibrosis, scarring, sealed pores, hair follicle destruction, and nail bed and

plate damage. Hyper- or hypopigmentation, fibrosis, and hypertrophic scars are more prevalent in people of color. Survivors with hypertrophic scars may experience sealed pores, leading to overheating in hot weather and the inability to sweat. Additionally, survivors may experience hair follicle destruction causing loss of hair, and many survivors experience damage to their nail beds and plates resulting in slow-growing, fragile, or missing nails.

SJS/TEN can affect the regenerative capacity of the mucosal surfaces. In severe cases, it manifests as scarring/fibrosis. Skin areas exposed to pressure and friction may show delayed healing and sometimes even failure to re-epithelialize. Deeper tissue involvement causes significant damage to progenitor and stem cell populations in affected tissues and can impact the surrounding cellular, immunological, and cytokine microenvironment (130). Hair follicle destruction has also been associated with secondary dermal microcalcifications, scarring, and sebaceous hyperplasia (131).

Many survivors also experience oral health complications, including dental growth abnormalities, low saliva volume (dry mouth), altered tongue, pain, burning sensation, numbness, and loss of taste and smell. Dental growth abnormalities, such as stunted root development, enamel damage, and loss of tooth buds have been observed in children, resulting in missing permanent teeth. SJS/TEN survivors may experience altered tongue, which appears smooth due to filiform and/or fungiform papillae damage. This damage can result in pain, burning sensation, numbness, and loss of taste. Closely related to loss of taste, there may be sinus damage from mucous membrane involvement, resulting in disordered smell perception.

Ear damage can occur which includes scarring and loss of cilia. This can result in complete occlusion of the external auditory canal. Loss of cilia can also lead to abnormal ear wax drainage and loss of hearing.

Urogenital complications most commonly include internal strictures. Female SJS/TEN survivors may experience vulvar, vaginal, and cervical adhesions and scarring, as well as vaginal and cervical stenosis (narrowing) due to damage to mucous membranes which can subsequently complicate childbirth.

Female survivors may also suffer from menstrual disturbances caused by obstruction of the outflow of menstrual blood manifesting as: cyclical abdominal pain, hematocolpos (blood accumulated in the vagina), and hematometra (blood accumulated in the uterine cavity). Both male and female survivors may experience urethral adhesions and scarring, urethral stenosis, hypogastric mass, recurrent painful urination, urinary tract infection, and sexual dysfunction.

Other internal organs can be involved largely from mechanical fractures (strictures) and other organ damage including to the esophagus, colon, liver, renal, gastrointestinal, and respiratory systems. Esophageal strictures commonly manifest as difficulty swallowing. Survivors may also have colon complications such as colitis. Ileal strictures can be associated with chronic diarrhea, intestinal ulcers, intussusception (intestinal inversion), ileal pseudodiverticula, and bleeding. Respiratory complications most commonly include asthma, chronic bronchitis, bronchiolitis obliterations, chronic obstructive pulmonary disease (COPD), interstitial lung disease, pulmonary air leak syndrome, and laryngeal obstruction.

Acute and chronic mental health issues are an important, and often overlooked complication of SJS/TEN that can be prevalent decades later and be a key factor impairing return to work and regular daily activities. Psychiatric damage among survivors can manifest as



TABLE 6 Future directions to move SJS/TEN forward.

Unmet needs/gaps	Implementation/focus points
<b>Prevention, prediction, and regulation:</b>	
<ul style="list-style-type: none"> <li>-Lack of knowledge on all casual factors</li> <li>-Generalized genetic test findings</li> <li>-Limited information on casual drugs and targets</li> <li>-Genetic tests with low positive predictive value</li> <li>-Need of evidence-based pre-prescription genetic tests</li> <li>-Lack of real time information on SJS/TEN cases with any new casual drug</li> </ul>	<ul style="list-style-type: none"> <li>-Conduct studies across diverse population groups (age, race, gender, ethnicity)</li> <li>-Low and cost-effective testing</li> <li>-Networks and collaborations to study on multiple drugs, and risk factors</li> <li>-Studies to include genetic and other risk factor identifications</li> <li>-Advancement in pharmacovigilance for immediate updates and alerts on new adverse drug effects</li> </ul>
<b>Early diagnosis and treatment:</b>	
<ul style="list-style-type: none"> <li>-Unidentifiable/unreported cases</li> <li>-Inadequate transfer specialized centers</li> <li>-Lack of knowledge on biological markers that aid in early diagnosis</li> <li>-Identify culprit drugs with testing methods (<i>in vivo/ex vivo/ in vitro</i>)</li> <li>-Photographic data to assess risk and prognosis</li> </ul>	<ul style="list-style-type: none"> <li>-Clinical awareness and decision-making support</li> <li>-Telehealth triage services</li> <li>-Studies to provide genetic markers and point of care markers for early diagnosis and prognosis</li> <li>-Validate drugs causes across different cohorts</li> <li>-Introduce artificial intelligence algorithms into clinical care</li> </ul>
<b>Clinical care and follow-up:</b>	
<ul style="list-style-type: none"> <li>-Need for evidence-based studies to provide best supportive care</li> <li>-Short term treatment plans</li> <li>-Long term clinical/health complications</li> <li>-Coordinated clinical care and support services</li> </ul>	<ul style="list-style-type: none"> <li>-Provide evidence-based study results for best clinical practices</li> <li>-Introduce collaborative networks (domestic and international) in clinical trial studies</li> <li>-Follow-up and long-term care for survivors and families</li> <li>-Coordination among clinical specialties</li> </ul>
<b>Understanding mechanisms and providing care:</b>	
<ul style="list-style-type: none"> <li>-Mechanistic studies to identify cellular and molecular signals that act as a biological marker and novel targets for treatment</li> </ul>	<ul style="list-style-type: none"> <li>-Cohort studies on prospectively collected samples for long-term storage with collaborative effort from international networks</li> </ul>

anxiety and fear of new medicines, survivor guilt, flashbacks, insomnia, depression, and post-traumatic stress disorder. Survivors often feel frustrated due to a lack of providers versed in the disease and a lack of appropriate explanations of how to access specialty care and what to expect. They are particularly fearful of trying new medications and products such as vaccines due to the concern of recurrence.

## 6. Moving the field forward/future directions

SJS/TEN remains a life-threatening and a largely drug-induced disease in adults with high morbidity and mortality. Research into prevention, earlier diagnosis, and treatment of SJS/TEN is impacted by its overall rarity which challenges the ability to study large and diverse populations. The continued development of international networks to synergize efforts from researchers with expertise in different genres of research will be key to the overall success, advancement, and translation. Engagement with the community of SJS/TEN survivors and affected families remains key in this process. Particularly relevant is the fragmentation of healthcare and lack of information on long-term health outcomes for survivors of SJS/TEN. Notable recent advances in SJS/TEN have included insights into earlier diagnosis, mechanisms, risk identification, clinical implications, and pharmaco-surveillance, making risk prediction and prevention possible for some causative factors. As some of the main barriers remain unaddressed, and to truly understand the disease, this research effort requires the collaboration of experts, multidisciplinary leadership/approach, and coordination that

includes a critical review of patient-centered clinical and research priorities and unmet evidence-based research needs.

Strengths and opportunities prevail, and in this paper, we have tried to summarize the updated literature on SJS/TEN while highlighting knowledge gaps and research opportunities. Although there have been many recent advances in SJS/TEN research that will improve SJS/TEN outcomes and care, ongoing global research collaboration is urgently needed to address the challenges of studying diverse SJS/TEN populations to include adequate representation of age, gender, race, and ethnicity. Several national and international projects have had small sample sizes that were not ancestrally diverse enough to identify risk alleles, generalized-based risk factors, or effective treatment strategies. These international collaboration networks grown over time will be a powerful vehicle to address unmet needs like developing affordable pharmacogenomic assays, piloting preemptive testing, and incorporating genotypic information that supports the decision-making directly into the medical record which will aid in drug prescription and dispensing systems (Table 6) (6). These networks can also facilitate genome-wide association research studies of other implicated drugs/agents for which robust genomic risk factors are yet to be identified as well as multiomic and mechanistic studies to facilitate the development of earlier diagnostic and prognostic markers and new targeted therapeutic agents.

## Author's note

This paper was written using the priority framework of content presented at the virtual meeting: SJS/TEN 2021: Collaboration, Innovation and Community (<https://sjsten2021.vfairs.com/>).



## Author contributions

MEM and RKB are the co-first-authors of this manuscript. CB, SD, and EJP are the last authors, with EJP as the corresponding author of this manuscript. RKB and MM contributed to the [Supplementary Figure](#). SP, MEM, RKB and EJP contributed to [Figure 1](#). W-HC and MEM contributed to [Figure 2](#). W-CC and CS contributed to [Figure 3](#). ET and MEM contributed to [Figure 4](#). MEM contributed to [Figure 5](#). RKB, MEM, HBP, and KM contributed to [Table 1](#). SH, BK, MM, and RKB contributed to [Table 2](#). MEM and ET contributed to [Table 3](#). HBP contributed to [Table 4](#). JS, TMB, HNS, AS, JC, EF, HBP, and MM contributed to [Table 5](#). RKB contributed to [Table 6](#). All authors listed have made a substantial, direct, and intellectual contribution to the work and approved it for publication.

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## Supplementary material

The Supplementary material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fmed.2023.1213889/full#supplementary-material>

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# Stevens–Johnson syndrome induced by toripalimab in a previously EGFR-TKI-treated advanced lung adenocarcinoma patient harboring *EGFR* mutations 19 del/T790M/C797S in *trans* and *cis*: a case report

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**Background:** The treatment paradigm for advanced non-small-cell lung cancer (NSCLC) is rapidly changing. Epidermal growth factor receptor tyrosine kinase inhibitors (EGFR-TKIs) and anti-programmed death-1 (PD-1) antibodies have increasingly been incorporated into routine care for nearly all patients with NSCLC. Toripalimab was recently approved as the first-line treatment for advanced non-squamous NSCLC in combination with chemotherapy. Stevens–Johnson syndrome (SJS) is a rare but potentially fatal complication of TKI and anti-PD-1 therapy. We reported a case of SJS after sequential use of EGFR-TKIs and toripalimab in an NSCLC patient with *EGFR* mutations 19 del/T790M/C797S in *trans* and *cis*.

**Case presentation:** A 58-year-old man with stage IV NSCLC received gefitinib because next-generation sequencing (NGS) revealed an *EGFR* 19del, followed by osimertinib and pemetrexed with the emergence of *EGFR* T790M. Four *EGFR* mutations 19 del/T790M/C797S in *trans* and *cis* were detected after osimertinib resistance. The combination of toripalimab and docetaxel was administered as a third-line treatment. The patient developed SJS at 21 days, and toripalimab was discontinued. After treatment with methylprednisolone and prednisolone, the skin toxicity of the patient gradually decreased and eventually disappeared. The patient received osimertinib and anlotinib after recovery, and SJS has not recurred. The ongoing treatment is still effective and results in stable disease.

**Conclusion:** We reported the first case of SJS induced by toripalimab in a patient with lung adenocarcinoma harboring multiple *EGFR* mutations. The TKI treatment after SJS was well tolerated and effective.

## KEYWORDS

Stevens–Johnson syndrome, adverse reaction, toripalimab, non-small-cell lung cancer, EGFR tyrosine kinase inhibitor

## Introduction

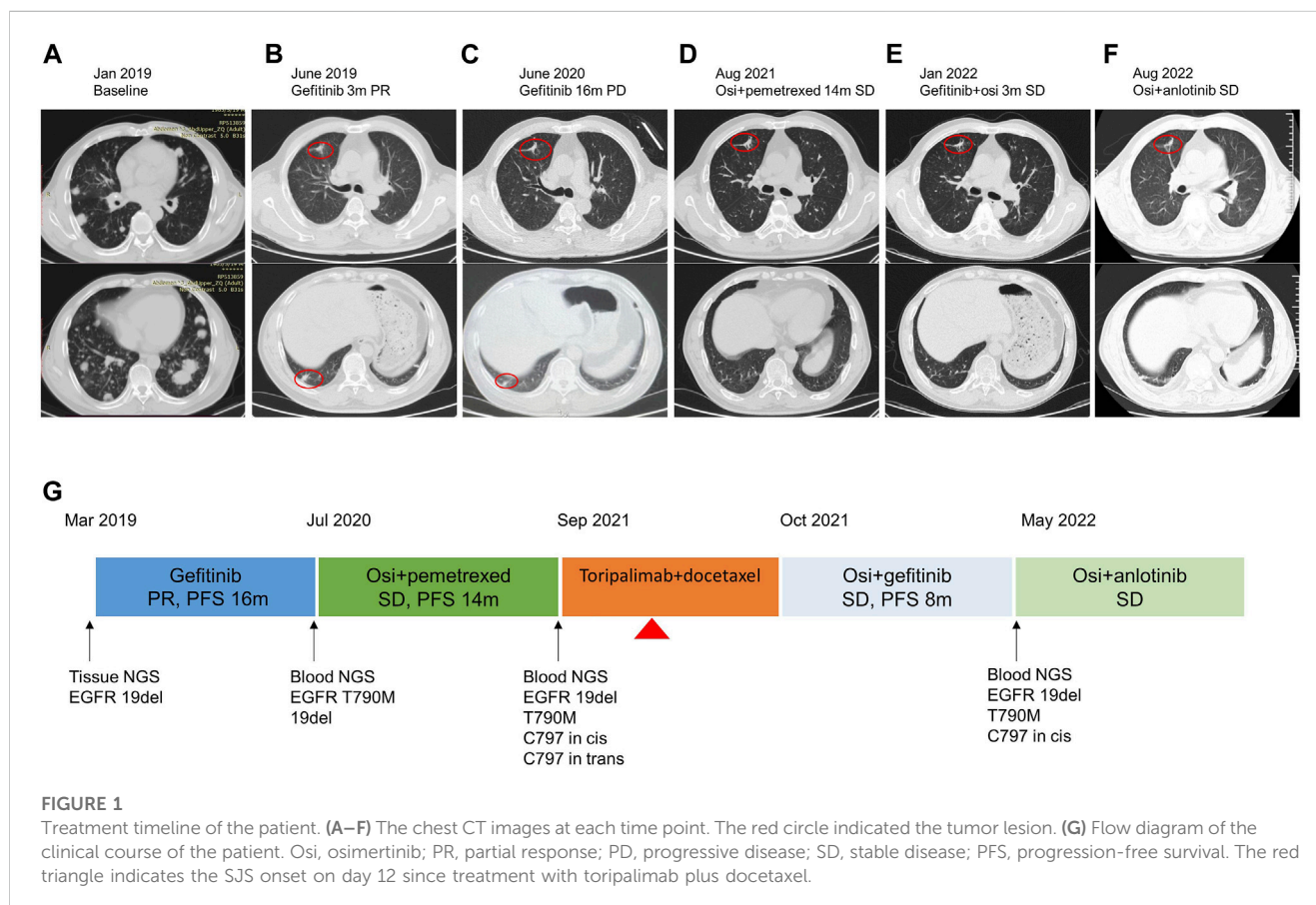
Lung adenocarcinoma is one of the most common types of non-small-cell lung cancer (NSCLC). The treatment paradigm for advanced NSCLC is rapidly changing. Epidermal growth factor receptor (EGFR) is the most common driver genes of lung cancer, and EGFR tyrosine kinase inhibitors (TKIs), such as gefitinib, osimertinib, and anlotinib, dramatically improve the clinical outcomes of *EGFR* mutant lung cancers (Han et al., 2018; Soria et al., 2018; Hosomi et al., 2020). At the same time, immune checkpoint inhibitors (ICIs), such as anti-programmed death-ligand-1 (PD-(L)1) monoclonal antibodies, have increasingly been incorporated into routine care for nearly all patients with NSCLC. Pembrolizumab was approved as the front-line therapy with or without chemotherapy in patients with metastatic NSCLC (Reck et al., 2016). Nivolumab plus ipilimumab was approved as a first-line treatment for NSCLC patients by the Food and Drug Administration (Hellmann et al., 2019). Toripalimab, an anti-PD-1 antibody, significantly improved both progression-free survival (PFS) and overall survival (OS) with chemotherapy in patients with advanced NSCLC with a manageable safety profile (Wang et al., 2023).

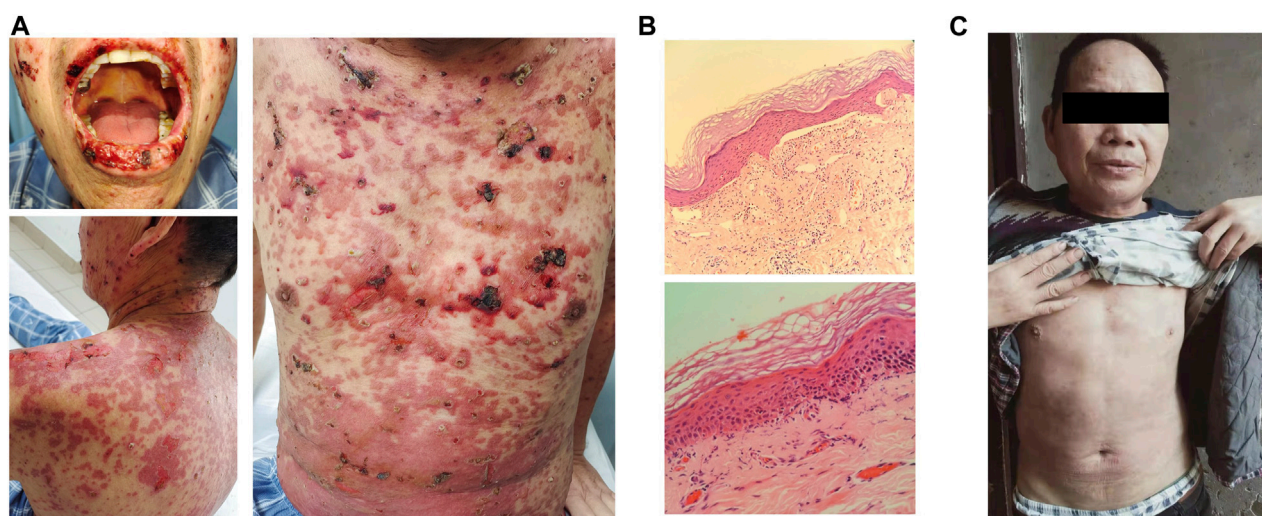
However, cutaneous eruptions are one of the most common immune-related adverse events, including lichenoid reactions, eczema, and vitiligo (Hwang et al., 2016), most of which are mild. Stevens–Johnson syndrome (SJS) is a rare but life-threatening cutaneous adverse reaction, mainly elicited by exposure to certain drugs including EGFR-TKIs and ICIs (Chen

et al., 2018). There is growing concern that the combination of PD-(L)1 and EGFR-TKIs may be associated with an increased risk of toxicity. It is reported that PD-(L)1 blockade followed by osimertinib is associated with severe immune-related adverse events (Schoenfeld et al., 2019). There were no reports of SJS in a patient treated with toripalimab and EGFR-TKIs. Here, we reported the first case of SJS induced by toripalimab in a previously EGFR-TKI-treated advanced lung adenocarcinoma patient harboring multiple *EGFR* mutations.

## Case presentation

A 58-year-old male non-smoker presented to our hospital complaining of persistent pain in the lower back in January 2019. He had no existing physical health issues and no special underlying diseases. The family medical history was unremarkable. The enhanced computerized tomography (CT) scan of the chest and lumbar spine revealed multiple nodules in both the lungs and spinal lesions (Figure 1A). A CT-guided percutaneous needle biopsy was performed. The pathological examination showed lung adenocarcinoma. Together, these results suggested the clinical stage was classified as cT4N3M1, stage IV (TNM classification seventh edition). The patient performance status (PS) was 1. Next-generation sequencing (NGS) identified *EGFR* exon 19 deletion (19 del) with a mutant allele frequency (MAF) of 60.2%. The patient was begun on gefitinib 250 mg once daily in March 2019. Partial response (PR) was achieved with 3 months'





**FIGURE 2**

Diagnosis and treatment of Stevens–Johnson syndrome. (A) Erosions were seen on the mouth, face, and body trunk after 24 days of toripalimab treatment. (B) Hematoxylin and eosin staining of skin biopsy. Original magnifications, the upper panel  $\times 40$  and the lower panel  $\times 100$ . (C) Reduction in diffuse erythema at 6 weeks of steroid therapy.

treatment based on the Response Evaluation Criteria in Solid Tumors (RECIST) 1.1 (Figure 1B), and the PFS was 16 m. New lesions were seen in the left lower lobe (Figure 1C), and gefitinib was discontinued. Blood-based NGS detected *EGFR* T790M (MAF 3.4%) and the retention of *EGFR* 19 del (MAF 5.99%). Osimertinib (oral) and pemetrexed (0.9 g, iv, q3w) were administered in July 2020, and stable disease (SD) was achieved with a PFS of 14 m. The patient complained of pain in the lower back accompanied by numbness in the lower leg in August 2021. The spine magnetic resonance imaging (MRI) revealed more spinal lesions, and the chest CT scan showed the lung nodules were stable (Figure 1D).

NGS targeting eight core lung cancer driver genes (Lung Cure, Burning Rock Biotech, Guangzhou, China) was performed on blood samples. *EGFR* mutations 19 del/T790M/C797S in *trans* and *cis* were detected, with MAF of 1.7%, 0.44%, 0.16%, and 0.14%, respectively. In a phase-II trial, toripalimab plus chemotherapy showed promising anti-tumor activity as the second-line setting in patients with *EGFR*-mutant NSCLC (Jiang et al., 2021). In September 2021, the patient received toripalimab 240 mg and docetaxel 120 mg as the third-line therapy.

The patient began to develop oral ulcers and scattered rash on the 12th day since treatment with toripalimab plus docetaxel, and the rash gradually worsened. He had not received treatment for the skin reactions before visiting our hospital on day 24. He presented with multiple macules and vesicles, and detachment of the epidermis on the mucous membranes of the mouth, face, and body trunk (Figure 2A). He had no fever, and the PS was 1. Routine blood examinations were normal. Bacterial cultures from blood, urine, and sputum revealed no evidence of bacterial infection. Skin biopsy showed a sub-epidermal cell poor blister and perivascular infiltrate of lymphocytes (Figure 2B). Throughout the course of the disease, there were no other organ function abnormalities. He had normal levels of alanine aminotransferase, aspartate aminotransferase, creatinine, urea nitrogen, cardiac enzymes, or brain natriuretic

peptide. The patient was diagnosed as SJS with a severity-of-illness score for toxic epidermal necrolysis (SCORTEN) as 4 (Supplementary Table S1). In terms of pharmacogenetic assessments, we performed human leukocyte antigen (HLA) typing using NGS, which revealed HLA-A\*24:02, HLA-A\*11:01, HLA-B\*40:01, HLA-B\*15:01, HLA-C\*04:01, and HLA-C\*03:04.

Toripalimab and docetaxel were discontinued immediately. A dermatologist was consulted for the diagnosis of skin symptoms. The patient presented with diffuse erythema, and vesicles and ulcerations on extremities, the trunk, oral cavity, throat, nose, eyelids, and genitalia, which were accompanied by skin detachment and tissue necrosis. These manifestations were consistent with SJS. We also checked serum levels of several autoantibodies, including anti-BM antibody, anti-AD antibody, and anti-EC antibody, all of which were negative. Taking into account the clinical and pathological manifestations and the medication history, we arrived at the diagnosis of SJS. The patient was treated with 100 mg/day of methylprednisolone on 10 October 2021 for 1 week, followed by 90 mg/day of prednisolone for 3 weeks. Prednisolone was tapered off and eventually discontinued after 2 months. The patient recovered from SJS after steroid therapy (Figure 2C). During this period, the patient took medicine at home, and the local broken surface was disinfected with iodine and covered with dry gauze to keep the wound dry. He did not experience any concurrent infection.

Afterward, the patient received spine stereotactic body radiotherapy (SBRT) to treat spinal metastases. The combination of gefitinib and osimertinib was administered between October 2021 and May 2022, and SD was achieved with a PFS of 8 m (Figure 1E). A follow-up CT scan revealed stable lung nodules but more spinal lesions, which led to pathological bone fracture and paraplegia. NGS targeting 520 cancer-related genes (OncoScreen Plus, Burning Rock Biotech, Guangzhou, China) was performed on blood samples in May 2022 and revealed



mutations of *EGFR* 19 del/T790M/C797S in *cis*, with MAF of 18.9%, 3.53%, and 3.06%. The patient received osimertinib 80 mg and anlotinib 12 mg in May 2022. A CT scan showed the shrinkage of the lung tumors (Figure 1F) and stable lesions of the spine after 2 months. The patient declined the surgery for spinal metastasis because of financial concerns. He is still treated with osimertinib and anlotinib, and SJS has not recurred. The clinical course is shown in Figure 1G.

## Discussion

Therapeutic anti-PD-1/PD-L1 monoclonal antibodies, such as toripalimab, are important in treatments for patients with advanced NSCLC (Wang et al., 2023). We found that the sequential use of toripalimab and osimertinib was associated with SJS. Importantly, the toxicity appeared associated with toripalimab, given the fact that SJS has not recurred after osimertinib was rechallenged. The patient recovered after steroid treatment and benefited from the EGFR-TKI treatment that was followed. His OS was more than 44 months at the time of preparation the manuscript.

Skin reaction is one of the common adverse reactions of immune checkpoint inhibitors, and once it occurs, it needs to be discontinued permanently. However, with prednisone pre-treatment before using docetaxel, the probability of severe skin adverse reactions is very low, and delayed skin reaction after 1 week of drug use is rare. Based on previous clinical experience and other case reports, it is considered that the patient's SJS is an adverse reaction to immune checkpoint inhibitors rather than to docetaxel. The incidence of SJS was low, but the lethality was extremely high. Although uncommon, SJS related to anti-PD1 in NSCLC has also been reported, such as pembrolizumab (Saw et al., 2017), atezolizumab (Chirasuthat and Chayavichitsilp, 2018), and ipilimumab (Dika et al., 2017). It has been reported that tumor tissues in NSCLC and skin shared similar antigens; thus, in patients treated with PD-1/PD-L1 antibodies, activated T cells may attack skin tissues as well, causing skin-related immune-related adverse events (irAEs) (Bernier et al., 2019). The underlying mechanism of Stevens–Johnson syndrome/toxic epidermal necrolysis (TEN) associated with PD-1/PD-L1 and other drugs may be different. It is hypothesized that small-molecule drugs may bind to proteins in the serum, forming a complex that is recognized by certain HLA molecules and presented to T cells to generate an immune response (Frantz et al., 2021). However, in patients treated with PD-1/PD-L1 antibodies, the immune response is enhanced by the blockade of PD-1 and PD-L1 interaction instead of directly presenting PD-1/PD-L1 antibodies to T cells.

SJS could occur from 1 week to 5 months after the initiation of ICIs, which was usually 1–2 cycles of treatment (Chen et al., 2018). In our case, SJS started to manifest on day 12 since the start of toripalimab plus docetaxel administration. NGS detected HLA-A\*24:02, HLA-A\*11:01, HLA-B\*40:01, HLA-B\*15:01, HLA-C\*04:01, and HLA-C\*03:04 in this case. Because associations between SJS/TEN and certain human leukocyte antigen (HLA) variants have been identified, molecular diagnosis can help to confirm the diagnosis of SJS/TEN. A meta-analysis of Chinese, Korean, and Thai populations found HLA-A\*24:02 associated with the susceptibility to SJS/TEN or mild maculopapular eruptions as lamotrigine-induced cutaneous adverse drug reactions (Deng et al., 2018). A study in the

Japanese population also identified significant associations between HLA-A\*24:02:01 and susceptibility to cold medicine-related SJS/TEN with severe ocular complications (Nakatani et al., 2019). It is possible that the HLA-A\*24:02 allele in our patient conferred susceptibility to SJS upon treatment with toripalimab combined with docetaxel.

Toripalimab is a humanized monoclonal antibody and the first domestically approved anti-PD-1 monoclonal antibody in China. The pharmacokinetic (PK) characteristics of toripalimab within the dose range of 1–10 mg/kg showed that C<sub>max</sub> exhibited generally linear PK characteristics, and the increase in area under the curve was slightly greater than the increase in the dosage. The mean clearance rate of toripalimab was 0.18 mL/h/kg (co-efficient of variation%: 37%), and the geometric mean elimination half-life (t<sub>1/2</sub>) was 12.6 days (co-efficient of variation %: 29%). Toripalimab was degraded through non-specific pathways, and its metabolism was independent of clearance. As monoclonal antibodies are not metabolized by cytochrome P450 enzymes or other drug-metabolizing enzymes, the inhibition or induction of these enzymes by concomitant drugs is not expected to affect the PK of toripalimab. Docetaxel is a taxane that can form a stable, non-functional microtubule bundle by strengthening microtubule polymerization and inhibiting microtubule depolymerization, thereby breaking down tumor cell mitosis to achieve an antitumor effect. Clinical pharmacologic studies have confirmed that docetaxel's antitumor activity is stronger than that of paclitaxel, and there is no cross-resistance with paclitaxel. It is used for the treatment of advanced or metastatic NSCLC after first-line chemotherapy failure. Chemotherapy in combination with immunotherapy has become one of the standard treatment regimens for lung cancer. Many phase III clinical studies of immunotherapy checkpoint inhibitors in the field of lung cancer have adopted paclitaxel in combination with platinum as the basis of chemotherapy regimen. Therefore, there are high-level safety data and evidence-based medical evidence for the combination of docetaxel and PD-1 inhibitors. Considering the patient's economic burden, the relatively low-priced toripalimab was selected as the second-line treatment among the available immunotherapy checkpoint inhibitors.

Management principles of SJS include urgent inpatient evaluation/specialist support, prognostication with tools such as SCORTEN, withdrawal of culprit drug, and supportive care (Saw et al., 2017). The ideal management of severe anti-PD-1-related skin toxicities needs to be clarified. Intravenous prednisone/methylprednisolone 1–2 mg/kg/day and intravenous immunoglobulin are necessary.

The concomitant *EGFR* T790M/C797S in *trans* and *cis* is rare, with a poor prognosis (Liu et al., 2019). Previous studies showed that patients harboring *EGFR* C797S in *trans* with T790M are sensitive to a combination of first- and third-generation *EGFR* TKIs (Wang et al., 2017). However, patients harboring *EGFR* C797S in *cis* with T790M are resistant to combination therapy or every single reagent. In our case, the patient was sensitive to the combination of gefitinib and osimertinib, and the PFS was 8 m, indicating that gefitinib plus osimertinib might be an effective therapy for patients with *EGFR* T790M/C797S in *trans* and *cis*.

In the present case report, we provided timely treatment and discontinued the use of toripalimab when the diagnosis of SJS was made. However, we cannot fully exclude the possibility that SJS was caused by the administration of docetaxel. In the future, clinical usage of PD-1/PD-L1 antibodies in NSCLC patients harboring



EGFR mutations needs to be cautious, and close attention should be paid to identify potential severe adverse events.

## Conclusion

We reported the first case of SJS induced by toripalimab in a patient with lung adenocarcinoma harboring multiple *EGFR* mutations, and the TKI treatment after SJS was well tolerated and effective. Our case report gave additional cautions to observe possible life-threatening cutaneous reactions to toripalimab therapy in NSCLC patients with *EGFR* mutations.

## Data availability statement

The original contributions presented in the study are included in the article; further inquiries can be directed to the corresponding author.

## Ethics statement

The study was approved by The Ethics Committee of Changzheng Hospital, Naval Medical University. The study was conducted in accordance with the local legislation and institutional requirements. The participant provided his written informed consent to participate in this study. Written informed consent was obtained from the individual for the publication of any potentially identifiable images or data included in this article.

## Author contributions

All authors participated in study conceptualization, data collection and analysis, and manuscript draft and revision. HT provided project supervision. All authors contributed to the article and approved the submitted version.

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## Supplementary material

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