

A background image showing several platelets under a microscope. The platelets are small, irregularly shaped cells with some showing internal granules and others with long, thin filaments extending from them. They are set against a dark background.

# PLATELETS AS IMMUNE CELLS IN PHYSIOLOGY AND IMMUNOPATHOLOGY

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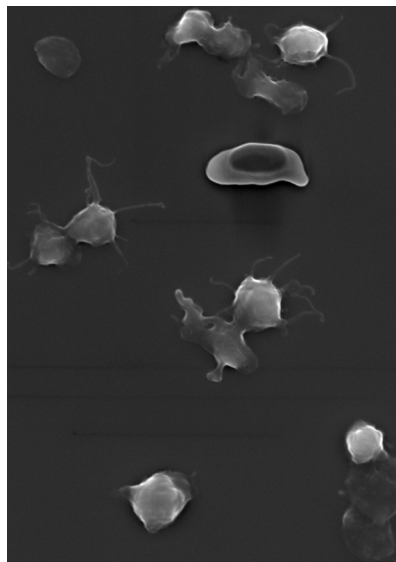
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# PLATELETS AS IMMUNE CELLS IN PHYSIOLOGY AND IMMUNOPATHOLOGY

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Platelets possess important secretory functions, express internal membrane proteins, and release adhesive proteins, coagulation, and growth factors. Certain of the proteins facilitate the cross-talk of platelets with immune (e.g., leukocytes) and non-immune cells (e.g., endothelial cells). Thus, platelets play an important role in inflammatory and proliferative events and play a critical role for tissue remodeling and wound healing.

Image by Olivier Garraud

Are platelets cells? (Not everyone agrees, since they are non-nucleate). And if platelets are cells - which all specialists consider at the time being - are they immune cells? The issue that platelets participate in immunity is no longer debated; however, the issue that they are key cells in immunity is challenged. It has even been proposed a couple of years ago that platelets can present antigen to T-lymphocytes by using their HLA class I molecules. No one has the same functional definition of platelets. The 'Frontiers Research Topic'-coordinators' own view is that platelets are primarily repairing cells, what they do in deploying tools of physiological inflammation. This function is better acknowledged as primary hemostasis, i.e. platelet adherence to injured or wounded vessels, followed by activation, aggregation, and constitution of the initial clot. Platelets would thus repair damaged vascular endothelium; so doing, as they patrol to detect damages, they sense danger along the vascular arborescence. As the latter is immense, platelets get close to tissues, which are not allowed to them under 'physiological' conditions but are readily accessible in pathology. Platelets are equipped with a variety of Pathogen Recognition Receptors such as TLRs; they have a complete signalosome, which is functional until the phosphorylation of NFkB; they have been proved to retro-transcribe RNA and synthesize de novo proteins; etc. Platelets participate to inflammation along the whole spectrum: from physiological (tissue repair, healing) to acute/severe

inflammation (as can be seen in e.g. sepsis). In general, platelets engage complex interactions with most infectious pathogens.

We propose there to cover those topics - from physiology to pathology, that put platelets within cells that not only take place in-, but also are key players of-, innate immunity. The relation of platelets with adaptive immunity is even more complex. Not everyone is convinced that platelets present antigens; however, platelets influence adaptive immunity since they have mutual interactions with Dendritic cells, Monocytes/Macrophages, and B-lymphocytes (the key players of antigen presentation); they also have mutual interactions with T-lymphocytes, though this issue is less clearly deciphered. We propose to also cover these topics—or to present the forum. There is another issue which is medically relevant—speaking of physiology/physiopathology—: this is fetal maternal incompatibility of platelet specific antigens (the HPA system) and the likely formation of maternal antibodies that often injure the newborn with risks of severe thrombocytopenia and intracranial hemorrhage. We propose an update on this issue as well. Last, platelets are very special because they can be directly therapeutic (by transfusion), even when being offered by a generous blood donor displaying given genetic and phenotypic parameters to a patient/recipient in need, who also display his/her own genetic and phenotypic parameters, which—for a large part—differ from the donor's ones. Besides immunization—via mechanisms probably close to the fetal maternal platelet incompatibility, but likely not similar—, transfusion has allowed the identification of the tremendous capacity of platelets to mediate inflammation: we propose to conclude the Topics with this item/forum.

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# Table of Contents

- 05 Editorial: Platelets as immune cells in physiology and immunopathology**  
Olivier Garraud
- 08 Are platelets cells? And if yes, are they immune cells?**  
Olivier Garraud and Fabrice Cognasse
- 16 Emerging evidence for platelets as immune and inflammatory effector cells**  
Matthew T. Rondina and Olivier Garraud
- 22 The inflammatory role of platelets via their TLRs and Siglec receptors**  
Fabrice Cognasse, Kim Anh Nguyen, Pauline Damien, Archibald McNicol, Bruno Pozzetto, Hind Hamzeh-Cognasse and Olivier Garraud
- 37 Platelets and infection – an emerging role of platelets in viral infection**  
Alice Assinger
- 49 Platelets and infections – complex interactions with bacteria**  
Hind Hamzeh-Cognasse, Pauline Damien, Adrien Chabert, Bruno Pozzetto, Fabrice Cognasse and Olivier Garraud
- 67 Breaking the mold: transcription factors in the anucleate platelet and platelet-derived microparticles**  
Katie L. Lannan, Julie Sahler, Nina Kim, Sherry L. Spinelli, Sanjay B. Maggirwar, Olivier Garraud, Fabrice Cognasse, Neil Blumberg and Richard P. Phipps
- 83 Platelets in inflammation: regulation of leukocyte activities and vascular repair**  
Angèle Gros, Véronique Ollivier and Benoît Ho-Tin-Noé
- 91 Platelets in inflammation and atherogenesis**  
Henry M. Nording, Peter Seizer and Harald F. Langer
- 102 Platelet transfusion – the new immunology of an old therapy**  
Moritz Stolla, Majed A. Refaai, Joanna M. Heal, Sherry L. Spinelli, Olivier Garraud, Richard P. Phipps and Neil Blumberg

# Editorial: Platelets as immune cells in physiology and immunopathology

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**Keywords:** platelets, inflammation, infection, transfusion, immunity

Blood platelets are essential for the earliest stages of coagulation, namely, primary hemostasis. They adhere to damaged vessel endothelium, stick to each other (aggregate), and form clots; this prevents bleeding. For most physicians, those attributes of platelets are exactly what they learned in medical school years ago, and this basic knowledge seems quite enough to allow a valid therapeutic strategy when numbers or hemostatic functions of platelets are aberrant. In some cases, this consists in prescribing anti-platelet drugs (aspirin or more sophisticated drugs) to prevent overly active clotting in cardiovascular and metabolic dysfunctions. In other instances, this consists in prescribing platelet transfusions when the platelet count is dangerously low (or – in exceptional occasions – when platelets are dysfunctional). It could be as simple as that, but in fact, it is often not, because platelets are more versatile than initially thought (or expected) and some modification is needed in many cases (1). To cite only one example, anti-viral treatment of HIV infection causes atheroma and platelet deposition, emphasizing the recently recognized inflammatory function of platelets (2, 3); anti-platelet therapy seems a likely approach, but this is not current practice yet.

Thus, let us imagine that a scientific magazine writer decides to contribute a paper emphasizing novel advances in platelet research; the journal's instructions are: no more than four key points, a concise style, and only issues that can be understood by a large community; and – icing on the cake – a translation into today's or tomorrow's therapeutics. What would he/she insist on?

The proposed four points, which in our opinion, are either really new or newly rediscovered (after having been buried for decades and perhaps completely forgotten) would be:

- Not only are platelets genuine cells but also are they intelligent cells, as they can sense dangers differentially (4, 5).
- Despite platelets have been suspected to be inflammatory cells as soon as in the early 70s, this opinion either has been ignored or faded (6). Platelets indeed participate in innate immunity and they can influence adaptive immunity (7–9); they are “licensed” as highly potent pro-inflammatory cells (10).
- Platelets have a remarkable ability to sense and bind microbial agents, in particular, pathogenic viruses, and foremost bacteria (11, 12); interestingly enough, this property has been recognized in the early 70s (13) but not exploited since recently (14).
- Platelets have more than one cell partner (the endothelial cell) as they intimately interact with the leukocyte, not only at different phases of the clot formation but also in tissue pathology (15, 16); this is also an issue, which is rediscovered after having been under-acknowledged according to its importance (17).

Why are all four key points really interesting for the medical community, and – beyond – to the patient community?

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Concisely, we suggest three reasons:

- First, these findings lead to revisiting the essential functions of platelets. While platelets were principally considered relevant to vascular pathology (vessel injury and bleeding), today they are also considered as sentinels along the vascular tree, detecting insults and making daily repairs. Importantly, platelets perform an immune function as danger sensors, detecting circulating viruses and bacteria.
- Second, because they are non-nucleated, and mere fragments of the megakaryocyte, platelets were thought to be terminally differentiated cells, limited in function, fully equipped with static content; only one option remained to enrich their functions: to borrow glycoproteins from the environment. Recent evidence is that platelets can give rise to progeny platelets (18). Do these daughter cells possess identical capabilities to those of the mother cell? And are there no distinct subsets of platelets with different functions *in vivo*, as might be indicated by varying capacity for differential cytokine/chemokine secretion? Further, platelets are capable of using RNA to make secreted proteins (19, 20), an issue, which was suspected as in the late 60s' (21) and then disregarded (it is not fully consensual yet): not so a static dead-end cell after all!
- Lastly, platelets have been considered for some time as sentinels in severe clinical infection and particularly in sepsis (14). Maybe platelets are not just sentinels, but one among the primary targets of infectious pathogens, contributing to severe organ failure, especially because of their intimate relationship with leukocytes (22). Platelets were recently shown to infiltrate joints and cause serious inflammatory damage. Collectively, these observations call for revisiting at least partly the therapy of

certain auto-inflammatory and infectious disease: what about anti-platelet drug use? Oh yes, some are very cheap such as aspirin: but is this effective and safe? In all, anti-platelet therapy reveals itself far more complex and nuanced than previously considered (23).

In aggregate, platelets span the classic field of hemostasis and thrombosis and the novel field of immunology and inflammation. Even transfusion medicine gurus are confused. Most were taught that low platelet counts below a given threshold (ranging from 10,000 to 30,000/ $\mu$ L of blood) require a platelet transfusion; now, they are kindly advised that all platelet transfusions are not equal and some transfusions may well be more pro-inflammatory than others (24, 25). How can they choose? They cannot, because the blood bank has made the choice for them: they are left with some confusion and concerns for their patients. Of note, this last paragraph would certainly not have been appropriate for the hypothetical science writer, because it does not speak to current reality of medical practice. Well, maybe not yet; but physicians and scientists are making significant progress in rendering platelet transfusion definitely much safer in terms of reduction of immunological hazards, and detecting genetic predisposition to harm (26, 27). Thus, we have the new general understanding that platelets are not that simple, after all, and that there may well be much more to learn again.

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# Are platelets cells? And if yes, are they immune cells?

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Small fragments circulating in the blood were formally identified by the end of the nineteenth century, and it was suggested that they assisted coagulation via interactions with vessel endothelia. Wright, at the beginning of the twentieth century, identified their bone-marrow origin. For long, platelets have been considered sticky assistants of hemostasis and pollutants of blood or tissue samples; they were just cell fragments. As such, however, they were acknowledged as immunizing (to specific HPA and HLA markers): the platelet's dark face. The enlightened face showed that besides hemostasis, platelets contained factors involved in healing. As early as 1930s, platelets entered the arsenal of medicines were transfused, and were soon manipulated to become a kind of glue to repair damaged tissues. Some gladly categorized platelets as cells but they were certainly not fully licensed as such for cell physiologists. Actually, platelets possess almost every characteristic of cells, apart from being capable of organizing their genes: they have neither a nucleus nor genes. This view prevailed until it became evident that platelets play a role in homeostasis and interact with cells other than with vascular endothelial cells; then began the era of physiological and also pathological inflammation. Platelets have now entered the field of immunity as inflammatory cells. Does assistance to immune cells itself suffice to license a cell as an "immune cell"? Platelets prove capable of sensing different types of signals and organizing an appropriate response. Many cells can do that. However, platelets can use a complete signalosome (apart from the last transcription step, though it is likely that this step can be circumvented by retrotranscribing RNA messages). The question has also arisen as to whether platelets can present antigen via their abundantly expressed MHC class I molecules. In combination, these properties argue in favor of allowing platelets the title of immune cells.

**Keywords:** platelets, hemostasis, cell physiology, cell biology, immunophysiology, immunopathology, cytokines

## INTRODUCTION

It has become usual in the medicine and physiology community to present platelets as "cells" that are indispensable to primary hemostasis (their function in thrombosis is sometimes ignored); but still today, it is not uncommon that representatives of the pathologist community refute use of the word "cells" for platelets. Platelets, for many, are dust or pollutants at worse, and cell debris at best, though no one doubts their hemostatic functions. Two distinct arguments may be considered in an attempt to explain their reluctance to recognize platelets as cells:

1. *Ex vivo*, platelets usually "contaminate" histological preparations; because they have no nucleus and they apparently are "solely" cytoplasm fractions, and platelets differ from cells forming tissues and also from the regular blood cells: they resemble impurities.
2. *In vivo*, platelet "puree," and not mandatorily fresh, alive, platelets within platelet components (PCs) for transfusion purposes, can also achieve hemostasis in emergency conditions and stop bleeding. This is how a large proportion of thawed PCs [a type of blood component (BC) rarely used] behaves.

## DISCOVERY OF PLATELETS AND THEIR FUNCTIONS

The initial discovery of platelets is disputed. Was Boyle (end of the seventeenth century), Donné (early nineteenth century), or Bizzozzero (end of the nineteenth century) the real discoverer? It is generally considered that the acknowledgment there is a third cellular element in blood besides, and independent of, erythrocytes and leukocytes, is attributed to Bizzozzero, around 1881–1882. This Italian (Lombardy) physician and researcher also very elegantly acknowledged the role of platelets not only in hemostasis but also in thrombosis. Prior to Bizzozzero, and indeed as early as the seventeenth century, platelets had been suspected. For instance, van Leewenhoek, the Dutch microscopist who delivered amazing, seminal observations of natural life, reported precise observations of platelets around 1675. Hewson (around 1780) reported undefined blood particles. At that time, platelets bore names such as particles, corpuscles, and globules. Important information on their size, form change, granular content, and ability to emit filaments was thus available quite early. However, at this time, platelets were often considered to be of leukocyte origin and to be degenerate or degraded. Some observers favored an erythrocyte origin (such as erythrocyte precursors or haemoblasts). Bizzozzero set up

experiments to see platelets in veins, and also as circulating in the mesentery of living animals. He found that they were unrelated to erythrocytes and leukocytes, showed their role in hemostasis and thrombosis, and predicted the intimate relationship of platelets and leukocytes in the latter (and in other functions), as previously only leukocytes were visible in clots. The “only” discovery that Bizzozzero did not make is the acknowledgment of the bone marrow megakaryocyte ancestry of platelets, which Wright did in 1910 (1, 2).

## WHY ARE PLATELETS SOMETIMES NOT RECOGNIZED AS CELLS?

Platelets are non-nucleated cell elements that, clearly, result from fractionation of bone marrow megakaryocytes (MKs). During differentiation, MKs are exposed to constantly increasing pH and pO<sub>2</sub> until reaching the sinuses, where platelets are released from proplatelets supported by shear from the blood flow. Expression of CD34 decreases as MKs mature, while expression of CD41 and CD42b increases (3). In the final step of MK development, platelets are released, and MK cytoskeletal reorganization is an important intracellular process for these morphologic changes. The correlation between cytoskeleton reorganization and proplatelet formation has not been completely clarified. Serotonin is thought to modulate cell migration and remodeling through activation of cytoskeleton reorganization, depending on the Rho/ROCK and Erk1/2 pathways, and 5HT<sub>1A/1B/1D</sub> and 5HT<sub>4</sub> receptors (4).

As such, platelets contain (inherit) MK cytoplasm complete with granules, mitochondria, and mRNA. Indeed, anucleate platelets lack genomic DNA but inherit a diverse array of functional coding or non-coding RNAs and translational machinery from their parent cells, enabling activated platelets to synthesize proteins, which suggests the possibility of post transcriptional gene regulation in platelets (5–8). The soluble proteins stored in the  $\alpha$ -granule matrix, such as von Willebrand factor and thrombospondin, are derived via exclusive synthesis in the MKs, or for proteins such as fibrinogen and albumin, through endocytosis of plasma proteins (9).

Thus, platelets resemble cell fragments rather than fully licensed cells. One of the strongest arguments is probably that platelets have no genes to reorganize, because they have no nucleus and supporting DNA material (apart from the mitochondrial genome).

What about comparison with erythrocytes? Erythrocytes are not denied the qualification of cells though they have neither a nucleus nor genes to reorganize. However, the non-nucleated status of erythrocytes only pertains to mammals, not birds or reptiles. Erythrocytes in mammals evolved from erythroblasts, which are nucleated, and the process of enucleation is finite: one nucleated erythroblast gives rise to one erythrocyte with no intermediate division or transformation (10, 11). MKs, when forced to terminal maturation, separate into a degraded nucleus and platelets, emphasizing the nature of platelets, which are “only” cytoplasm fragments. An MK may produce 10–20 proplatelets, each of which starts as a blunt protrusion that over time elongates, thins, and branches repeatedly. The proplatelets extend into sinusoidal spaces, where they detach and fragment into individual platelets, giving rise to about 2000–5000 new platelets. Each day,

in every human, approximately  $1 \times 10^{11}$  platelets are produced by the cytoplasmic fragmentation of MKs (12–15).

Although it is well established that platelets originate from MKs, the mechanisms by which they are formed and released remains controversial. Three models of platelet formation have been proposed: (1) cytoplasmic fragmentation, (2) platelet budding, and (3) proplatelet formation (13, 16, 17).

One must note that this classical picture of thrombopoiesis is unique (if one accepts the long-debated possibility that there is extramedullary thrombopoiesis, possibly in the lung). It has, however, recently been shown that there is a modest but definite thrombopoiesis in the circulation, as platelets give rise themselves to buds and extrusions distinct from platelet micro-particles (PMPs), turning into pro- and then pre-platelets (5–8, 18, 19). This is not a characteristic of a cell fragment without autonomy. This is, if further evidence is needed, a very strong argument in favor of platelets’ classification as cells. Platelets also form the link between thrombosis and inflammation through the production of microparticles (MPs). PMPs are phospholipid vesicles (100–1000 nm) released after budding from the platelet plasma membrane. Platelets shed these membrane vesicles after stimulation with physiological agonists such as thrombin or collagen, in response to high shear stress (e.g., in severe stenosis) or in the presence of danger signals. As a result, PMP express the same antigens as their parent cells, i.e., GPIIb–IIIa, GPIb, CD31, CD61, and CD62P. This distinguishes them from MPs derived from other cell types (red blood cells, leukocytes, monocytes, endothelial cells). PMPs thus make up between 70 and 90% of the circulating vesicles. PMPs differ from exosomes by their size, and also due to the fact that they are not derived from exocytosis of multivesicular bodies (20–24).

## PLATELETS BEHAVE AS CELLS

Platelets share some very important properties of cells. We list nine here – in physiological order of appearance – but there are many more.

1. Platelets display receptors for a variety of moieties, collectively termed “stimuli,” but individually are quite different in nature. Platelets have glycoproteins (GPs) that sense exposed vascular sub-endothelium structures after vessel stress, insult, or attrition (including mechanical erosion and aging). Platelets can sense non-self infectious danger signals via a panoply of receptors detailed in a companion article. Platelets also display alarmins that can sense self-injury (25–27).
2. Platelets can respond to soluble molecules, via their receptors, and this can be particularly evidenced for thrombin or thrombin-derived peptides; hence, platelets are reactive to agonists and also to antagonists of such hemostatic/thrombotic factors. Additionally, platelets can react to biological response modifiers (BRMs) such as cytokines and chemokines, and become activated or inhibited. Some new drugs and biologics exploit those discerning properties (28–36).
3. Platelets comprise a complete and functional signalosome. Upon stimulation, they can phosphorylate a cascade of signaling molecules upstream of NF $\kappa$ B. NF $\kappa$ B is a crucial molecule in platelet physiology (37–42).

4. The platelet proteome is currently being investigated to determine the effects of treatments inflicted on platelets, such as for PC processing prior to transfusion. It is quite impressive, with more than 1000 proteins currently identified, and more being discovered regularly; 300–350 of those proteins have been proven as secreted by platelets (43). Platelet originating proteins come from three origins: (i) they may be inherited from the MK, (ii) they are absorbed from neighboring fluids and especially plasma [platelets have been described as “sponges” (44)], and (iii) they can be produced *de novo*, using a retrotranscription RNA process and spliceosome. This latter property further justifies the qualification of “cell” for platelets (45–51).
5. Platelets are docked with proteins/GPs for several, and distinct, purposes, including hemostasis, thrombosis, sensing, natural anti-infection (bacterial, viral, perhaps fungal) defense, chemo-attraction, cell communication, angiogenesis, healing, and tissue repair. It is clear, though under-evaluated in terms of physiological value, that platelets make distinction among the “dangers” they face. They can decipher vascular insult and presence of (circulating) infectious pathogens or components of the microbiota (infectious or not, an area that has not yet been examined in-depth), and secrete discrete, probably best-fitted, assortments of “products,” likely coming into “profiles” of BRMs (34, 52–55). This has been well-studied in the case of innate immunity to bacterial products (and live bacteria as well), using the TLR1, TLR2, TLR3, TLR4, TLR6, TLR7, and TLR9 pattern recognition receptors (PRRs) (33, 35, 56–65): platelets can sense distinct natures of danger and secrete different patterns of BRMs accordingly. For instance, LPS, targeting TLR4, was shown to stimulate a distinct intracellular signaling pathway, and elicit the secretion of distinct profiles of BRMs (54, 55). Therefore, platelets are “intelligent” in that they effectively sense the nature of a given danger and respond accordingly.
6. It has been reported recently that platelets have novel functions in vascular permeability. Certain among these have been revealed in pathology; hence, platelets and their PMPs occasionally infiltrate tissues and cause attrition and inflammation (66). Platelets have recently been identified as being largely responsible for the discerned control of vascular permeability, with extravasation of lymphocytes, activated as effectors of immunity, but not erythrocytes because they otherwise warrant the sealing of the vascular arborescence (which is the primary role of platelets) (67). Platelets have also been reported novel roles in pathology: they make leukocytes prone to release neutrophil extracellular traps (NETs) with functions in infection (e.g., sepsis) and also in cancer, favoring thrombosis in either case (68–70).
7. Platelets can bind pathogens. Platelets can sense infectious pathogens and in certain occasion bind to them, sometimes tightly, either directly or indirectly as immune complexes with antibodies or complement factors such as C5a. *In vitro*, C5b–9 is capable of inducing P-selectin expression on platelets, and both C5a and C5b–9 induce surface expression of P-selectin on endothelial cells (71–74).
8. For reasons yet unclear, some infectious pathogens can enter platelets and at least reside in them. The issue of platelet

“infection” is largely unstudied, as well as the outcome of the infected platelets. The relationship between platelets and infectious pathogens has been described in recent reviews (29, 30, 35, 75–81).

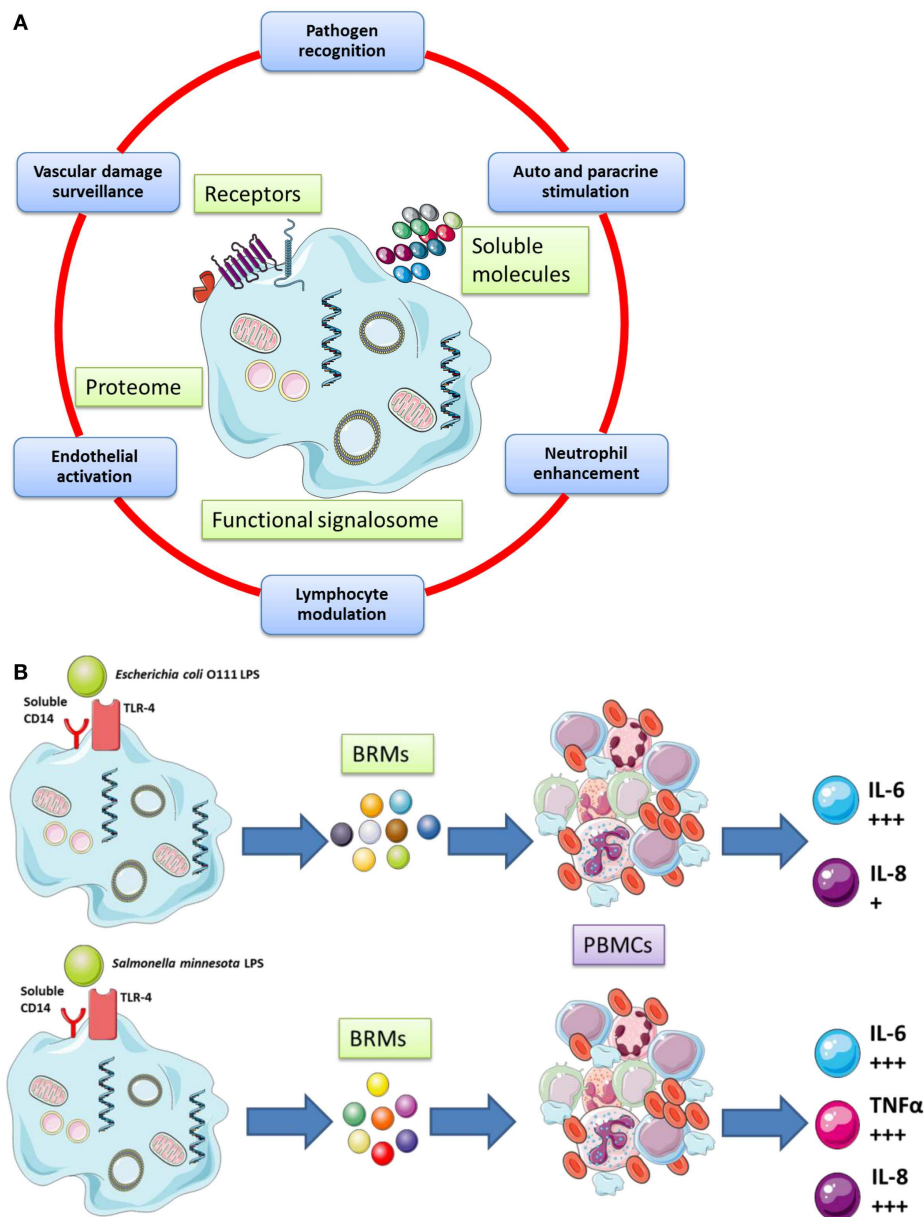
9. Platelets have one of the shortest lifespan among all human cells (only certain epithelial cells are comparable to them, if one excepts the granulocytes, which die shortly from functioning as phagocytes): this property has probably contributed to deny the “cellularity” of platelets. Platelets die as a consequence of different causes/mechanisms. Leytin (82) clearly described all events of platelet death by apoptosis, but Jackson and Schoenwaelder (83) uses the term senescent platelet death rather than apoptosis *stricto sensu*. All events of activation-associated death are necrosis, since activation-associated platelet death results in improved inflammatory receptors, release of BRMs and aggregation that causes immune reactions. Because platelets are anucleate, their apoptosis leading to cell death is intriguing (82). Two main pathways were reported, (i) intrinsic and (ii) extrinsic, that are highly regulated by intra-platelet signaling mechanisms (84). Platelet apoptosis might also play a role in hemostasis, thrombosis, and inflammatory processes (84, 85).

The cellular functions of platelets are cartooned in **Figure 1** (**Figure 1A** gives a broad picture of the cellular functions of platelets, while **Figure 1B** details one selected platelet activation pathway from the sensing of a danger signal on the surface to the phosphorylation of NF- $\kappa$ B (54) [NF- $\kappa$ B is a protein complex that usually controls transcription of DNA in Eukaryotes. NF- $\kappa$ B is found in almost all cell types involved in cellular responses to an extremely large variety of stimuli; it has NF- $\kappa$ B a key role in regulating the immune response to infection and – in turn – incorrect regulation of NF- $\kappa$ B has been linked to cancer, inflammatory, and autoimmune diseases, septic shock, viral infection, and improper immune development; it is also implicated in plasticity and cell survival (86)].

## PLATELETS AS IMMUNE CELLS

What are “immune cells”? There is neither clear nor definite definition of an immune cell. A recent NIAID document states that: “*The immune system stockpiles a huge arsenal of cells, not only lymphocytes but also cell-devouring phagocytes and their relatives. Some immune cells take on all intruders, whereas others are trained on highly specific targets. To work effectively, most immune cells need the cooperation of their comrades. Sometimes immune cells communicate by direct physical contact, and sometimes they communicate releasing chemical messengers [...]*”<sup>1</sup>. According to that, platelets would be acknowledged as immune cells, but this document next stipulates that: “*All immune cells begin as immature stem cells in the bone marrow. They respond to different cytokines and other chemical signals to grow into specific immune cell types [...]*”<sup>1</sup>; this addition would thus next deny the attribute of “immune” cell to platelets, as they do not transform themselves. Well considered, this definition does not, either, take into consideration cells and organs that are now known as being essential to optimal immune functioning,

<sup>1</sup><http://www.niaid.nih.gov/topics/immunesystem/Pages/immuneCells.aspx>



**FIGURE 1 | (A)** Platelets possess important secretory functions, express internal membrane proteins, and release adhesive proteins, coagulation, and growth factors. Certain of the proteins facilitate the cross-talk of platelets with immune (e.g., leukocytes) and non-immune cells (e.g., endothelial cells). Thus, platelets play an important role in inflammatory

and proliferative events and play a critical role for tissue remodeling and wound healing. **(B)** Human platelets can discriminate between various bacterial LPS isoforms via TLR4 signaling and differential cytokines secretion [adapted from Berthet et al. (54) and Hamzeh-Cognasse et al. (87)].

such as the microbiota for example. One may consider that besides to key cellular actors (“Stars”) of immunity such as the lymphocytes, the phagocytes and the Ag presenting cells, there are “Supporting – though essential – roles” on stage, that are cells, which participate to immunity (such as endothelial cells, epithelial cells, and platelets).

The issue of platelets as “immune” cells has thus been not only endorsed but also extensively covered recently in a number of excellent review articles (33, 48, 88–90); therefore, we present only

a brief overview and select three representative issues to address the question of platelet cellularity.

1. Platelets are innate immune sensors. As has been already presented, platelets display on their surface, and up-regulate upon stimulation, PRRs: hallmarks of innate immune functioning, beginning with the sensing of danger (28, 33, 35, 54). This property allows platelets to deal with infectious pathogens, with different outcomes depending on the nature of the invader (76,



78, 79, 81, 91–103). Platelets' relationships with germs from the microbiota at the mucosal surfaces are suspected, but not yet deciphered.

2. Doing so, the platelets initiate inflammation. We, in fact, believe platelets are definitely inflammatory cells that exert their principal role in the physiology of vessel endothelium by detecting (sensing) dangers (vascular insults and attritions) and by fixing damage on a permanent basis. This physiological intervention and repair are no less than a healing process, which itself relates to physiological inflammation. To assist this physiological inflammation, platelets produce assortments of repair tools, such as clotting factors, cytokines, and other BRMs, growth factors, and angiogenic factors (23, 35, 75, 104–108). Apart from that, platelets can surpass their physiological role and participate in pathological inflammation, as with cardiovascular disease, severe infection and sepsis, and arthritis (18, 23, 29, 31, 32, 36, 75, 105, 106, 109–117). Platelets, when transfused as PCs, exert their physiological and repairing role, but in 2–3% of cases (118), the physiological barrier is overcome and they release significant amounts of pro-inflammatory and directly inflammatory factors from the  $\alpha$  and  $\delta$  granules, and membrane-bound as well as solubilized or cleaved molecules. They also secrete in certain cases pro-allergenic factors (from the  $\delta$  granules).
3. Platelets assist innate immunity and affect adaptive immune cells. The very first interactive role of platelets with other blood cells was, again, discovered nearly 140 years ago, with the interplay between platelets and leukocytes in thrombosis. Platelets also have extensive, though complex, interplay with leukocytes and especially polymorphonuclear cells (granulocytes) in increasing, among other things, NETs (95, 119–123). Platelets also activate monocytes and macrophages (109, 115, 124–126), T cells (127–129), B cells (28, 130–135), NK cells (136–138), and dendritic cells (DCs) (87, 93, 139–144). In turn, platelets can be activated by monocytes, T cells, B cells, and DCs (87, 89, 132, 145). This mutual interaction is not anecdotal since, for example, activated platelets can alter the isotype (Ig class) switch program of differentiated B cells (132). Moreover, platelets that harbor numerous copies of HLA class I molecules (~100,000 copies per cell) have been proposed as antigen presenting cells (this discovery, however, awaits firmer confirmation) (146). It has otherwise been suggested that more MHC-I is absorbed from the plasma by the platelets, than is derived from the platelet itself (33). Chapman et al. indicated that platelets always express significant amounts of MHC-I, but that this expression significantly increases during infection (146). Of note, those HLA class I molecules, along with variant moieties harbored by the GP molecules that mediate platelet adhesion and aggregation, termed human platelet antigens or HPA, display polymorphisms that render one's platelets possibly immunizing when transfused into a recipient's body (or from the fetus to the mother) (147).

In sum, platelets are not only innate and inflammatory cells themselves, but they can also assist, depending on the circumstances, adaptive immunity. They do not only assist immunity as has long been thought, but are immune cells.

## CONCLUDING REMARKS

There is no longer doubt that platelets are cells. They are also “intelligent” in that they are capable of discriminating between several types of danger and of adjusting a secretory response. This response is in general, physiologically, only that which is needed to face the danger or to fix a limited insult. This is indeed a platelet's usual function, and what they do when they repair daily the vascular endothelium that they patrol is detect cracks and erosions, and prevent breaches and leakage (bleeding). However, the nature or extent of secretory responses by activated platelets occasionally surpasses physiological conditions and becomes pathogenic. This suggests susceptibility factors in individuals or in transfused patients, along with favorable conditions linked to causal diseases and/or therapeutics. This last issue is now regarded with renewed interest because platelet actions can be easily manipulated by drugs. If correctly readdressed, platelet activation can be turned from deleterious to beneficial to the patient in a range of different infectious and inflammatory situations such as cardiovascular disease, serious infections, autoimmune disorders, autoinflammatory diseases, and cancer.

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# Emerging evidence for platelets as immune and inflammatory effector cells

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While traditionally recognized for their roles in hemostatic pathways, emerging evidence demonstrates that platelets have previously unrecognized, dynamic roles that span the immune continuum. These newly recognized platelet functions, including the secretion of immune mediators, interactions with endothelial cells, monocytes, and neutrophils, toll-like receptor (TLR) mediated responses, and induction of neutrophil extracellular trap formation, bridge thrombotic and inflammatory pathways and contribute to host defense mechanisms against invading pathogens. In this focused review, we highlight several of these emerging aspects of platelet biology and their implications in clinical infectious syndromes.

**Keywords: platelets, immunity, infection, sepsis, pathogens**

## INTRODUCTION

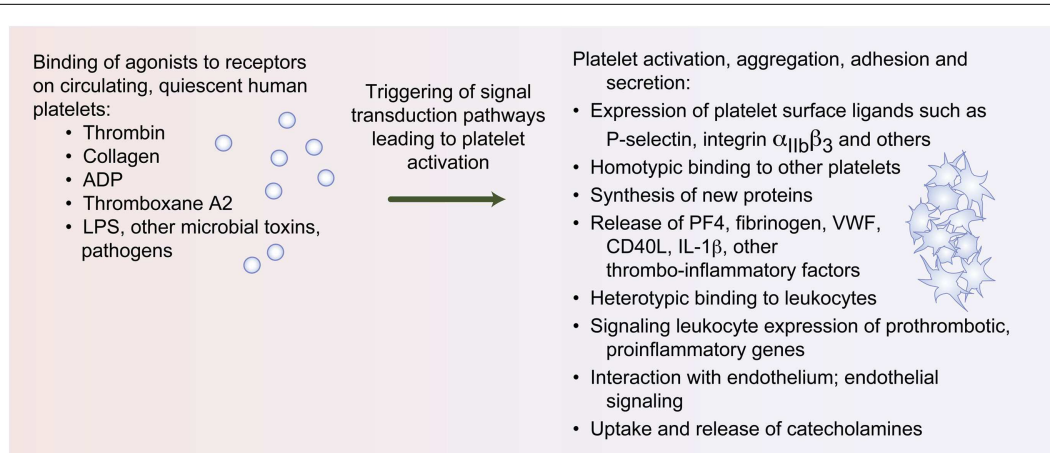
Platelets are small anucleate cells highly specialized for hemostasis and vascular wall repair. Emerging data demonstrate that in addition to their traditional hemostatic functions, platelets are also versatile effector cells with a repertoire of functions that span the immune continuum. These newly recognized and well-established platelet functions bridge thrombotic and inflammatory pathways and contribute to many systemic inflammatory and immune processes and diseases (1–3). Moreover, the inflammatory and immune specializations of platelets are likely evolutionarily driven adaptations that augment host defenses against invading pathogens. These newly recognized platelet activities include the release of pleiotropic immune mediators, heterotypic interactions with endothelial cells, monocytes, and neutrophils, toll-like receptor (TLR) mediated responses, and induction of neutrophil extracellular trap (NET) formation. Here, we provide a focused review on several of the emerging aspects of the biology of platelets across the inflammatory and immune continuum. For additional information on these topics, the reader is referred to several recent reviews (1, 3–5).

**Abbreviations:** CLEC-2, C-type lectin-like 2; CNS, central nervous system; DAMPs, danger associated molecular patterns; GPVI, glycoprotein VI; HIV-1, human immunodeficiency virus 1; IL, Interleukin; LPS, lipopolysaccharide; MCP-1, monocyte chemoattractant protein-1; MPs, microparticles; NET, neutrophil extracellular trap; PF4, platelet factor 4; PMNs, polymorphonuclear leukocytes; RANTES, regulated on activation, normal T-cell expressed and secreted; ROS, reactive oxygen species; TLR, toll-like receptor; TNF- $\alpha$ , tumor necrosis factor alpha.

## PLATELET SURFACE LIGANDS SENSE AND RESPOND TO PATHOGENS

The platelet surface is replete with numerous receptors that not only regulate hemostatic responses but also trigger proinflammatory and immune cascades (**Figure 1**). Many of these surface receptors have been called “immunoreceptors” in homage of their molecular structure and the ligands they recognize (6). For example, platelet Fc receptors bind immunoglobulins of the IgE, IgG, and IgA class and immune complexes, directly inducing immune signaling pathways. Glycoprotein VI (GPVI), which is only found on platelets, triggers platelet microvesicle release and subsequent inflammatory signals through interleukin (IL)-1 (7). GPVI may also be a receptor for hepatitis C, mediating viral transport and replication mechanisms (8). Moreover, GPVI amplifies platelet activation by thrombin, thus providing a mechanism for coordinate signaling with G-protein-coupled pathways (9). C-type lectin-like (CLEC-2) receptors, including DC-SIGN, mediate human immunodeficiency virus 1 (HIV-1) capture by platelets (10) and platelet activation in dengue infection (11).

Human platelets and megakaryocytes also express mRNA and/or protein for the TLRs 1, 2, 4–7, and 9 (2, 12–15). TLRs bind diverse ligands from many infectious pathogens, including bacteria, viruses, parasites, and protozoa. Thus, the discovery that human platelets possess TLRs established direct mechanisms by which platelets may function as pathogen “sensors” (12, 16). Moreover, by recognizing endogenous ligands as well as microbial pathogen-associated molecular pattern motifs, platelet TLRs provide pathways by which human platelets can respond to danger



**FIGURE 1 | Upon activation, platelets mediate responses central to inflammation and hemostasis.** Agonists such as thrombin, collagen, adenosine diphosphate (ADP), thromboxane A2, and LPS bind to agonists on human platelets, triggering classic responses of platelet

activation, aggregation, adhesion, and secretion. Platelet activation also results in protein synthetic activities, release of thrombo-inflammatory modulators, heterotypic binding to leukocytes, and interaction with the endothelium.

associated molecular patterns (DAMPs), whereby mediating both infectious and non-infectious immune syndromes (17, 18).

Among the TLRs identified on platelets at either the mRNA and/or protein level, TLR4 has been most extensively studied to date (2, 12). TLR4 is the receptor for lipopolysaccharide (LPS), an endotoxin component on the outer membrane of Gram-negative organisms that elicits strong immune responses. LPS activates human platelets both *in vitro* and during *in vivo* settings where healthy volunteers are given low doses of LPS, although activation patterns are variable (19–22). Although still incompletely understood, LPS-induced platelet responses include aggregation, degranulation, secretion, pre-mRNA splicing and protein synthesis, and alterations in surface CD40L. Moreover, LPS-induced platelet activation triggers formation of NETs by polymorphonuclear leukocytes (PMNs), enhancing bacterial capture, and killing (23) (Figure 2).

Emerging data have identified new and intriguing roles for platelet TLR7 during viral infections. TLR7, which localizes to the endosomal compartment of the cell (24), is a sensor for nucleic acid ligands – in particular for ssRNA. Viral pathogens such as influenza and HIV, which continue to have significant public health burden, activate the TLR7 receptor (24). These and other ssRNA viruses, which signal through TLR7, are associated with thrombocytopenia, giving rise to suppositions that platelet TLR7 mediates viral sensing and/or host defense mechanisms. In recent and elegantly performed studies (15), activation of platelet TLR7 not only induced platelet-neutrophil aggregation and a reduction in platelet count, but was also necessary for optimal survival in murine models of encephalomyocarditis (EMCV) viral infection. Engagement of platelet TLR7 under these conditions, however, did not induce platelet aggregation (15). Thus, platelet TLR7 plays a key role in host recognition of ssRNA viruses and suggests that platelets may be integral mediators of innate immune responses.

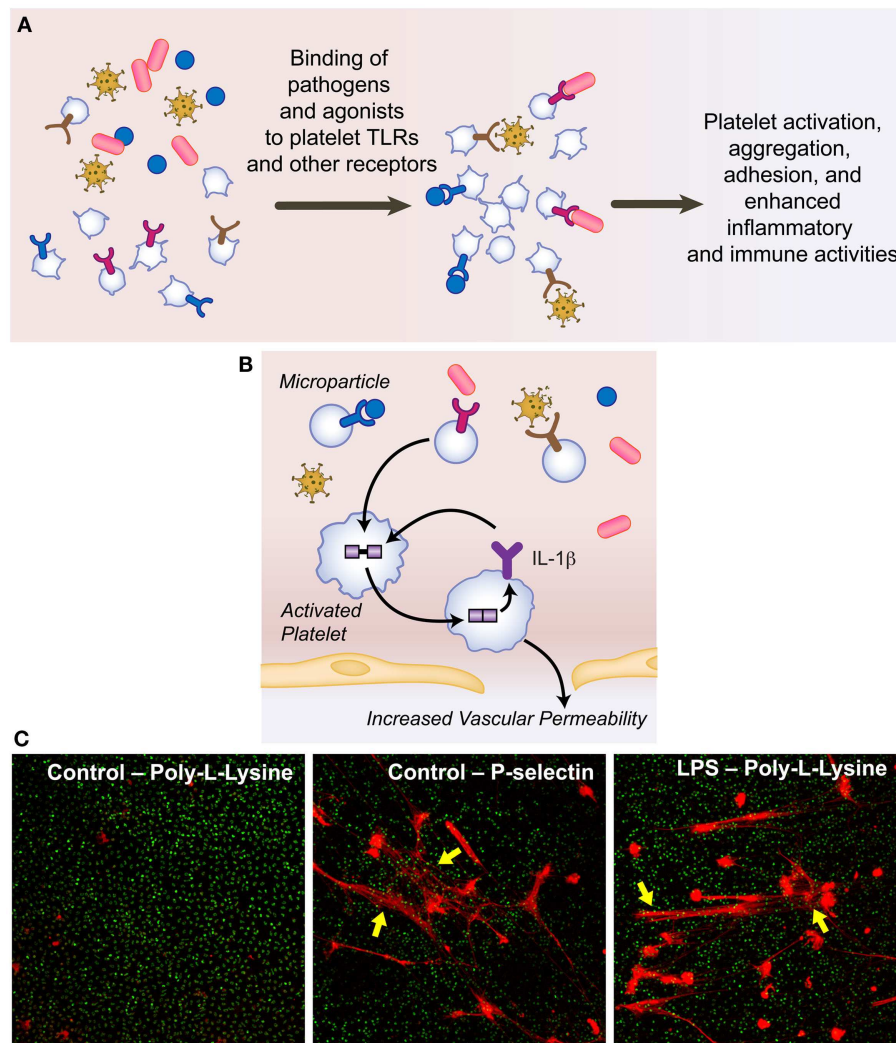
Toll-like receptor9, while less well examined currently, is intriguing given its unexpected cellular localization patterns (19, 25). TLR9 is expressed on the plasma membrane and in the

cytoplasm of quiescent human platelets and its surface expression increases upon activation of platelets with agonists such as thrombin (14, 25, 26). TLR9 is a ligand for unmethylated CpG islands in viral and bacterial DNA, suggesting a previously unrecognized system of pathogen sensing by human platelets (Figure 2). Moreover, TLR9 binds a carboxyalkylpyrrole protein adduct that may serve as a DAMP, resulting in platelet activation, aggregation, and granule secretion and thrombosis (27). Thus, TLR9 represents another functional platelet receptor linking immune, inflammatory, and thrombotic pathways.

## PLATELETS SECRETE MEDIATORS THAT AUGMENT HOST IMMUNE MECHANISMS

Activated platelets have numerous direct and indirect mechanisms for delivering signals to target cells involved in immune and inflammatory interactions (Figure 1). These diverse mechanisms include platelet secretion of chemokines, cytokines, and other mediators (4). There are more than 300 proteins secreted by platelets, the majority of which are stored in at least one of three types of storage organelles: alpha granules, dense granules or bodies, or lysosomes. Recently, a fourth electron-dense tubular system compartment, called the T-granule, was discovered and, intriguingly, co-localizes with TLR9 (25). Many of these proteins translocate to the platelet surface and are released upon platelet activation. Other secreted proteins are located basally on the platelet membrane and/or within other subcellular stores (Figure 1).

Protein products released by platelets orchestrate intercellular signaling for dynamic immune and inflammatory response (1, 2, 4). For example, quiescent human platelets possess the IL-1 $\beta$  pre-mRNA but almost no mature IL-1 $\beta$  mRNA or IL-1 $\beta$  protein (28). Upon activation with agonists often present in the infectious milieu, including thrombin and LPS, platelets synthesize pro-IL-1 $\beta$  protein (28, 29). Components of the inflammasome, which regulates host defense mechanisms to pathogens (30, 31), are present within platelets and mediate conversion of pro-IL-1 $\beta$



**FIGURE 2 | Platelets interact with pathogens present in the infectious milieu, increase vascular permeability, and mediate NET formation.**

**(A)** Binding of pathogens and agonists present in the infectious milieu leads to platelet activation and enhanced inflammatory and immune activities.

**(B)** Platelet-derived microparticles carry IL-1 $\beta$ , which increases vascular permeability. **(C)** P-selectin, which is expressed on the surface of activated platelets, induces NET formation in a reductionist model of endothelial cell and platelet activation. PMNs isolated from healthy adult donors were

incubated on poly-L-lysine or p-selectin coated glass coverslips and assessed qualitatively for NET formation using live cell imaging. Extracellular, NET-associated DNA is shown in red fluorescence (Sytox Orange) and intracellular, nuclear DNA is shown in green fluorescence (Syto Green). NET formation by LPS-stimulated PMNs is shown as a positive control. These images are representative of four separate experiments performed using PMNs isolated from four different healthy adult donors (used with kind permission from Drs. Nathan L. Thornton and Christian C. Yost).

to the mature IL-1 $\beta$  cytokine (2). Mature IL-1 $\beta$ , the gatekeeper of inflammation, can be released by platelets into the systemic circulation and/or packaged within platelet-derived microparticles (MPs). IL-1 $\beta$  within platelet MPs allows for communication with and activation of extravascular cells and induction of endothelial permeability (7, 32). Recent evidence demonstrates that IL-1 $\beta$  also acts through an autocrine loop to amplify platelet activation responses (33). Platelet shedding of IL-1 $\beta$  rich MPs also may contribute to enhanced vascular permeability in hemorrhagic viral infections such as dengue (34) (**Figure 2**). Other proteins secreted by platelets, including platelet factor 4 (PF4), RANTES (*regulated on activation, normal T-cell expressed and*

*secreted*), CD154, transforming growth factor beta 1 (TGF-beta 1), and CD40L are involved in key pathways for innate immune regulation, inflammation, and adaptive immune responses (1, 19, 35–38).

### CLINICAL IMPLICATIONS OF PLATELET IMMUNE ACTIVITIES

Emerging and established evidence demonstrates that platelets participate in diverse inflammatory and immune clinical syndromes. While a detailed discussion is beyond the scope of this review, the reader is referred to several recent articles summarizing these activities (1–3, 12, 19, 36, 37). In the section below, we briefly discuss several of these clinical conditions.

Platelets are key mediators of bacterial and viral infectious syndromes. Emerging and intriguing data also highlight that fungal pathogens such as invasive aspergillosis, also induce platelet activation *in vitro* and *in vivo*. Moreover, upon activation by fungal serine protease and the mycotoxin gliotoxin, platelets inhibit fungal growth (39). These and other data demonstrate that platelet-fungus interactions are multifaceted and complex, involving complement activation, chemotactic attraction, and activation of other immune cells such as phagocytes (40).

Among these various infectious syndromes, sepsis, malaria, and dengue are particularly important to highlight given their commonness and high risk of significant morbidity and mortality (41). Alterations in platelet number and function are integral to each of these, yet the mechanisms underlying these changes remain only incompletely defined. Moreover, the extent to which platelets augment host defense mechanisms or, contrarily, induce injurious systemic responses is unclear.

Thrombocytopenia is common in septic syndromes with clinical studies demonstrating an inverse correlation between platelet number and adverse outcomes (12, 42, 43). The precise mechanisms underlying reductions in platelet counts during infectious syndromes are not entirely clear although interferon production during infections may contribute to impairments in thrombopoiesis and resulting thrombocytopenia. The precise pathways by which interferon causes an antiproliferative effect are still incompletely understood but likely involve direct effects on megakaryocytes residing within the bone marrow niche.

While many studies have focused on alterations in “traditional” platelet activation patterns (44, 45) (e.g., adhesion, secretion, platelet-monocyte aggregation), emerging evidence highlights the new biology of platelets in septic syndromes. For example, in response to *in vitro* stimulation LPS, thrombin, bacteria, and bacterial toxins, human platelets process constitutively present tissue factor (TF) pre-mRNA, resulting in a mature TF transcript, synthesis of TF protein, and generation of TF-dependent procoagulant activity (22). Moreover, platelets from septic patients, but not healthy controls, express the mature, spliced TF mRNA, demonstrating that the septic milieu may alter the platelet transcriptome. Preliminary analyses of next-generation RNA sequencing data (“deep sequencing”) performed on platelets from septic patients identified numerous transcripts that are significantly altered compared to matched, healthy control subjects. Many of these altered transcripts mediate key immune and inflammatory pathways and augment host defenses to bacterial invaders.

Dengue, a mosquito-borne viral infection, has variable clinical manifestations. Nevertheless, especially in more severe cases, marked thrombocytopenia, hemorrhage, “capillary leak,” and shock may occur. While the dengue flavivirus targets endothelial cells and leukocytes, interactions of the virus with platelets and megakaryocytes is likely a central feature of the pathophysiology and course of infection (41). Cytokines synthesized by platelets or in response to platelet-dependent signaling of monocytes, including IL-1 $\beta$ , IL-8, tumor necrosis factor (TNF)- $\alpha$ , and monocyte chemoattractant protein (MCP)-1 (19), are increased in plasma from dengue patients and correlate with the degree of thrombocytopenia (46). Increased IL-1 $\beta$  in platelets and platelet MPs was recently reported to occur through a mechanism dependent on

mitochondrial reactive oxygen species (ROS)-triggered NLRP3 inflammasomes (34). Dengue virus also alters L-arginine transport and nitric oxide generation in platelets *in vitro*, resulting in impaired aggregation (47). Platelets isolated from dengue patients have evidence of mitochondrial dysfunction with activation of apoptosis pathways, mediated through DC-SIGN (11). These findings suggest that platelet dysfunction may contribute to the thrombocytopenia and associated hemorrhagic complications of dengue infection.

Platelets are also likely early responder and effector cells in malaria infections. Human platelets inhibit the growth of some malaria species and also kill the malarial pathogen in parasitized red blood cells (PRBCs), experimental evidence that platelets may serve as early host defense responses to malarial infection in the vasculature (48–50). In contrast to these protective innate immune activities, platelets may also contribute to injurious vasculopathy in severe malaria. While the mechanisms are still not entirely understood, murine studies demonstrate that platelet signaling via PF4 release mediates T-cell recruitment and monocyte activation within the central nervous system (CNS) (51). These processes may contribute to CSN injury in severe malaria. Recent studies of patients infected with *Plasmodium vivax* malaria suggest that the thrombocytopenia that commonly occurs in malaria may be due to platelet phagocytosis (52). Taken together, these studies and others provide experimental and clinical evidence that platelets are important immune effector cells in malaria (53, 54).

## CONCLUSIONS

While traditionally thought of as primary hemostatic cells, platelets are emerging as dynamic effector cells that sense and respond to invading pathogens. Ongoing studies in experimental models of infection and human studies will further elucidate the mechanisms, pathways, and processes governing the platelet’s broad repertoire of immune functions. These previously unrecognized findings may also lead to the development of novel therapies targeting the platelet to augment host defense mechanisms.

## AUTHORS’ CONTRIBUTIONS

Each author contributed to the manuscript ideas and content. Each author was involved in writing the manuscript, the decision to submit the manuscript for publication, and final editing and approval.

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# The inflammatory role of platelets via their TLRs and Siglec receptors

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Platelets are non-nucleated cells that play central roles in the processes of hemostasis, innate immunity, and inflammation; however, several reports show that these distinct functions are more closely linked than initially thought. Platelets express numerous receptors and contain hundreds of secretory products. These receptors and secretory products are instrumental to the platelet functional responses. The capacity of platelets to secrete copious amounts of cytokines, chemokines, and related molecules appears intimately related to the role of the platelet in inflammation. Platelets exhibit non-self-infectious danger detection molecules on their surfaces, including those belonging to the “toll-like receptor” family, as well as pathogen sensors of other natures (Ig- or complement receptors, etc.). These receptors permit platelets to both bind infectious agents and deliver differential signals leading to the secretion of cytokines/chemokines, under the control of specific intracellular regulatory pathways. In contrast, dysfunctional receptors or dysregulation of the intracellular pathway may increase the susceptibility to pathological inflammation. Physiological vs. pathological inflammation is tightly controlled by the sensors of danger expressed in resting, as well as in activated, platelets. These sensors, referred to as pathogen recognition receptors, primarily sense danger signals termed pathogen associated molecular patterns. As platelets are found in inflamed tissues and are involved in auto-immune disorders, it is possible that they can also be stimulated by internal pathogens. In such cases, platelets can also sense danger signals using damage associated molecular patterns (DAMPs). Some of the most significant DAMP family members are the alarmins, to which the Siglec family of molecules belongs. This review examines the role of platelets in anti-infection immunity via their TLRs and Siglec receptors.

**Keywords: platelets, innate immunity, cytokine/chemokine, inflammation, TLR, Siglec**

## INTRODUCTION

It is well accepted that blood platelets play a principal role in primary hemostasis. Since more than 50 years, they have been used therapeutically as transfused blood products (1), and platelet extracts have been used for their healing properties, especially in ophthalmology (2). Platelet concentrate transfusions were considered necessary in a number of situations (e.g., central thrombocytopenia in preference to peripheral thrombocytopenia; thrombopathy associated with bleeding; severe bleeding or risk of bleeding) (3). However, transfusion hazards and, at minimum, discomfort, are common (4), leading the medical community to question this therapy.

Traditionally, hemostasis and thrombosis have been considered difficult to understand for non-specialists. However, there is a general understanding that human platelet antigen (HPA) polymorphisms can complicate the post-transfusion situation in thrombopathies, such as von Willebrand disease (4) and pregnancies and deliveries [notably regarding fetal neonatal allo-immunization (FNAIT) (5)], along with allo-immunization to HLA class I antigens responsible for transfusion refractoriness (6).

Now, however, it is recognized that platelets have a complex role in the whole process of hemostasis and thrombosis (7). As the platelet proteome started to be investigated, it became clear that platelets contain proteins beyond those with hemostatic functions, including angiogenic factors, growth factors, pro-inflammatory factors, anti-inflammatory factors, and biological response modifiers (BRMs) (8).

## AN OVERVIEW OF THE MAIN PLATELET RECEPTORS

Platelets play a vital role in hemostasis, especially primary hemostasis, and subsequently in vascular repair (9). Platelet membrane integrins interact with the subendothelial matrix of a damaged vascular wall, leading to their activation and subsequent creation of a platelet thrombus together by fibrinogen (Fg) to close the vascular lesion and terminate blood loss (10).

Activated platelets liberate arachidonic acid from membrane phospholipids, which in turn is converted to thromboxane A<sub>2</sub> (TxA<sub>2</sub>). As a consequence, TxA<sub>2</sub> is secreted and acts on TP receptors on the cell surface of other platelets, leading to further platelet activation. The TP receptor belongs to the major

agonist receptor family seven transmembrane G-protein coupled receptors (GPCRs).

Granule contents are released from activated platelets. The dense granules contain important agonists like ADP and serotonin. ADP is a significant amplifier of initial platelet aggregation (11). It interacts with specific extracellular membrane receptors to induce intracellular signaling. There are two classes of receptors for ADP, P2Y1 and P2Y12, which belong to the GPCR family (12) and P2 × 1, which belongs to the ADP/ATP determined calcium channel family of purinergic receptors (13, 14). Engagement of the TP receptor by TxA<sub>2</sub> and P2Y1 by ADP lead to the hydrolysis of phosphatidylinositol-4,5 biphosphate by phospholipase C (PLC), leading to the generation of diacylglycerol (DAG) and inositol triphosphate (IP<sub>3</sub>) (15). DAG and IP<sub>3</sub> stimulate protein kinase C and cause release of calcium from the dense tubular system, respectively, which in turn are responsible for many of the final event associated with platelet activation, including the exocytosis of platelet granules. ADP interacts with calcium activated pathway. P2Y12 receptor has been reported to potentiate platelet secretion and be involved in “sustained irreversible platelet aggregation” (12).

Platelets express a class of cell surface protease-activated receptors (PARs), which are members of the GPCR family and activated by thrombin. Human platelets only express PAR1 and PAR4, not PAR2 and PAR3 (16). PAR1 is also the most abundant PAR, expressing about 2500 copies per platelet and is, therefore, predominant for thrombin mediated platelet activation. PAR1 is a highly glycosylated protein that consist of 425 amino acids and has a molecular weight of 70 kDa. PAR4 on the other hand, the last PAR to be discovered, consists of 397 amino acids (17). The PAR1 activating peptide SFLLRN and PAR4 activating peptide AYPGKF are synthetic peptides with the same sequence as their respectively N-terminal after cleavage. They are widely used

in research because they effectively and specific activate their receptors (18).

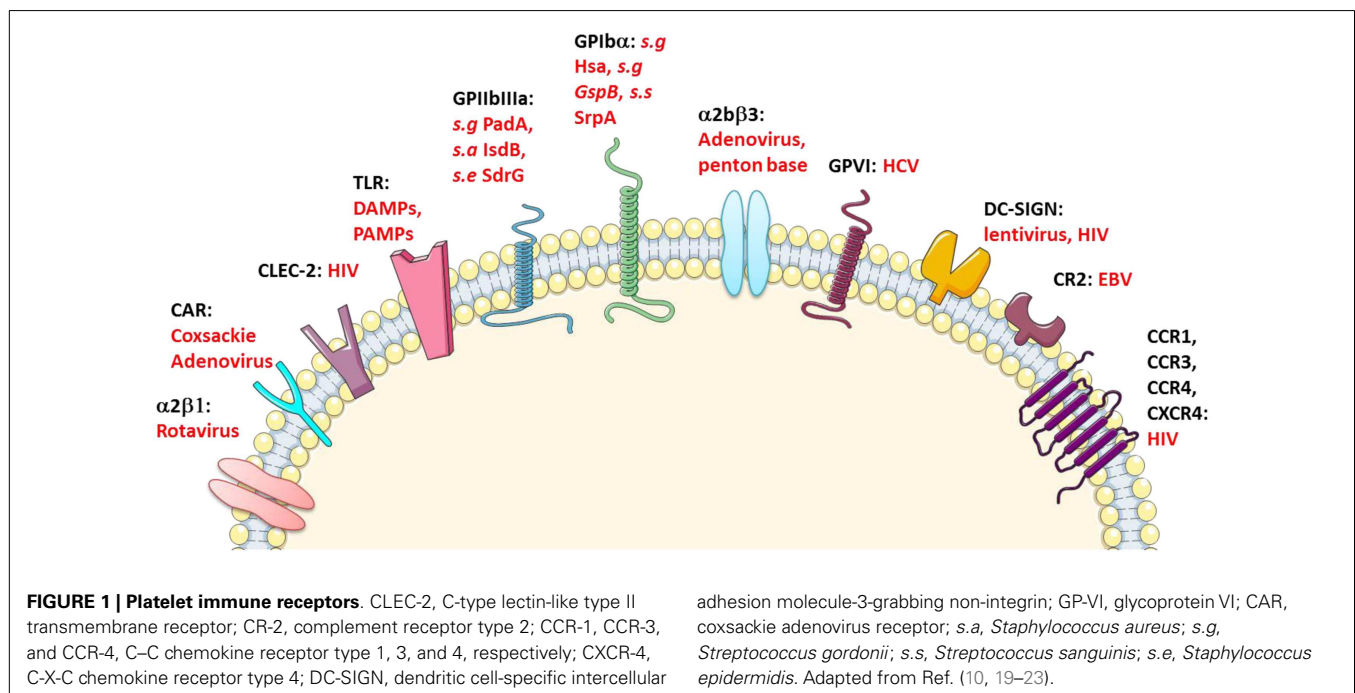
Interestingly, several hemostatic receptors, in addition being the subject of genetic polymorphisms leading to variant HPAs, bind to infectious pathogens (**Figure 1**).

Platelets also express receptors that indirectly bind infectious pathogens: Complement (C) Rs and Fc-Ig-Rcs (**Table 1**).

The apparently complex relationships between platelets and infectious pathogens, as well as the involvement of platelets during sepsis, which have been the subject of recent reviews (10, 27–33), led a number of groups to examine the possibility that platelets have dedicated roles in innate immunity and foremost in pathogen sensing. Those groups almost simultaneously described, both in mice and humans, the presence and then the functionality of toll-like receptors (TLRs) on (TLR2/TLR1/TLR6 and TLR4 ± TLR9) and in platelets (TLR9) (19, 23, 24, 34–36). It is only recently that TLR3 (37) and TLR7 (38) have also been identified. This discovery allowed a paradigm change in the understanding of platelet physiopathology, putting platelets in a continuum of immunity, at the crossroad of innate and adaptive immunity (10, 35, 39–41).

By contrast, Montrucchio et al. (42) demonstrated that platelets neither bind FITC-LPS nor express the LPS-receptors CD14 and toll-like receptor 4 (TLR4); in contrast, LPS primed monocytes – and to a lesser extent polymorphonuclear neutrophils – proved to adhere to platelets. Next, both platelet–leukocyte interactions and platelet aggregation (in whole blood) were inhibited by blockade of CD14 and TLR4.

It must also be noticed that the Sabroe team observed no modulation in platelet response after engagement of TLR1 and TLR4 (43), no platelet aggregation, no increase in CD62p on the platelets surface, and no increase in intra-platelet Ca<sup>2+</sup> levels after stimulation by “natural” ligands of TLR2 (e.g., Pam3CSK4) or TLR4 (e.g., LPS); this allowed them to conclude that agonists of platelet



**Table 1 | Platelet–bacteria interactions adapted from Ref. (24–26).**

Platelet receptors	Bacteria/fungi	Bacterial proteins	Intermediary plasma molecules
GP-IIb–IIIa	<i>S. epidermidis</i>	SdrG	Fg
	<i>S. Aureus</i>	FnbpA/B	Fibronectin
	<i>S. Aureus</i>	FnbpA/B	Fg
	<i>S. Aureus</i>	ClfA	Fibronectin
	<i>S. Aureus</i>	ClfA	Fg
	<i>S. Aureus</i>	IsdB	Direct
	<i>S. pyogenes</i>	M1	Fg
	<i>S. gordonii</i>	PadA	Direct
	<i>S. lugdunensis</i>	Fbl	Fg
GP-Iba	<i>S. sanguis</i>	SrpA	Direct
	<i>S. gordonii</i>	GspB/Hsa	Direct
	<i>S. Aureus</i>	Protein A	vWF
	<i>H. pylori</i>	?	vWF
FC $\gamma$ RIIa	<i>S. Aureus</i>	FnbpA/B	IgG
	<i>S. Aureus</i>	ClfA	IgG
TLR2	<i>S. pneumoniae</i>	?	Direct
	?	Lipoprotein	Direct
TLR4	<i>E. coli</i>	LPS	Direct
gC1q-R	<i>S. sanguinis</i>	?	C1
TLR	Fungi	?	Complement
Protease-activated receptors	Fungi	?	Complement

ClfA, clumping factor A; Fnbp, fibronectin-binding protein; Fg, Fibrinogen; GspB, glycosylated streptococcal protein B; Hsa, hemagglutinin salivary antigen; IsdB, iron-regulated surface determinant B; LPS, lipopolysaccharide; PadA, platelet adhesion binding protein A; SdrG, serine–aspartate repeat G; SrpA, serine-rich protein A; TLR, toll-like receptor; vWF, von Willebrand factor; ?, undefined.

TLRs have no direct effect on platelet activation. This was rather puzzling because agonists of TLR2 and TLR4 are acknowledged to play a significant role in diseases such as atherosclerosis; a mechanism other than the direct activation of platelets is believed to be involved.

Similar data have been observed by Jayachandran et al. (44) who attempted to determine whether LPS affects platelet phenotype after TLR4 engagement. After injecting knockout (KO) mice for the TLR4 coding gene with a non-lethal dose of LPS (0.2 mg/kg IV), they demonstrated that the platelets in TLR4 KO mice are less abundant than in normal mice, contain less RNA, and express less CD62p upon thrombin exposure. However, platelets from TLR4 KO mice do neither aggregate nor secrete adenosine triphosphate upon thrombin stimulation. One week after injection (which is the time required for a full turnover of the platelet pool), the number of circulating platelets, the CD62p expression, and the platelet aggregation had increased; consequently, the platelet phenotype observed 1 week after exposure to LPS appears independent on TLR4. It is concluded that the 1-week lasting effect of LPS is related to the megakaryocytes themselves and the platelets they produce, rather than to the already circulating platelets (44).

Platelets, already identified as secretors of pro-inflammatory cytokines, chemokines, and BRMs, such as soluble-CD40-Ligand

(sCD40L)/sCD154, were revisited for their role in inflammation (45–48).

Initially, platelet linked-inflammation was recognized in pathologies, such as transfusion associated hazards or adverse events, however, further work also identified platelets in peripheral pathologies, such as in cardio-vascular disease and atheroma-plaque formation, inflammatory bowel disease, and arthritis (20, 27, 41, 49–58). This identified the role of platelets in pathological inflammation; however, a role for platelets in physiological inflammation, as this concept potentially established in the immunology landscape (59, 60), remained ill-defined. A series of dedicated studies aimed at stimulating platelets with a variety of defined activators with small differences demonstrated that platelets, despite being non-nucleated, are capable of mobilizing a signalosome differentially, and to secrete discrete panels of BRMs upon activator-dependent stimulation. Platelets appear to have the ability to decipher between vessel endothelial cell injuries eliciting hemostatic responses and between distinct infectious pathogen moieties; however, both types of receptors can be engaged in parallel as – for example – responses to TLR2 engagement on platelets involves PAR1 (61, 62).

In summary, the newly proposed paradigm on platelet pathophysiology is that platelets are equipped with multiple receptors aimed at sensing their environment; basically, the principal danger that can be sensed by circulating platelets is created by endothelial damage. Under normal situations, platelets can repair this damage by eliciting a local micro-inflammatory response aimed at recruiting repairing and healing molecules. In addition, platelets can also sense, under certain circumstances, other potential dangers, such as infectious pathogens harboring Pathogen Associated Molecular Patterns (PAMPs). Therefore, platelets can be regarded as sentinels of danger, especially at the vascular level. Platelets are thus involved along the spectrum of inflammation, from physiology to pathology.

Platelets are engaged in complex relationships with leukocytes [all types (63–66)], notably with polymorphonuclear cells (PMNCs – formally known as neutrophils), both in physiology and pathology (67–73). It has recently been shown that platelets express a (or the) triggering receptor expressed on myeloid cells 1 (TREM1)-receptor which, when engaged by a protein expressed on neutrophils, TRIM1, increases the activation of these cells and modulates the inflammatory response by augmenting both IL-8 secretion and the production of reactive oxygen species (ROS) (74).

Further studies identified that platelets were capable of leaving the circulation (they were initially thought to be strictly contained in the blood flux), especially by being “cargued” by leukocytes (66, 75, 76), and to participate in peripheral pathology [by themselves and by microparticles (PMPs) shed from their membrane (77–79). The capacity of platelets to sense damaged tissues was then addressed and proved to depend on platelet expression of damage associated molecular patterns (DAMP)-sensors] (80, 81). Moreover, Varki et al. (82) proposed “self-associated molecular patterns” (SAMPs), which would be recognized by intrinsic inhibitory receptors, to maintain the baseline non-activated state of innate immune cells and dampen their reactivity following an immune response. To detect such SAMPs, there must be cognate

Self-PRRs (SPPRs). The first-studied example was factor H and the second are the Siglec (sialic acid recognizing Ig-like lectins), which have N-terminal V-set Ig-like domains that recognize sialic acids and often have tyrosine-based inhibitory signaling motifs within their cytosolic tails (83–87). Siglec molecules (Siglec-7, 9, and 11) are now acknowledged as controlling platelet apoptosis (88).

## THE PLATELET TOLL-LIKE RECEPTORS

### BACKGROUND ON TLRs

Toll-like receptors are expressed either on the external surfaces or in the cytoplasm of a wide variety of cells involved in immune processes, and are, to a large extent, involved in natural (or innate) immunity. In particular, TLRs are membrane receptors for pathogens known to play a major role in phagocytosis and inflammation.

It should also be noted that TLRs have endogenous ligands with the capacity to cause, or accelerate, inflammation; these include heat shock proteins (HSP) 60 and 70, Fg, and a diverse products of apoptotic cells (89).

Toll-like receptor expression was initially discovered on immune cells (Table 2), such as macrophages, dendritic cells (DCs), and, later, in B-lymphocytes, as well as some categories of T lymphocytes. These receptors are key-players in the defense of the body, as they form the interface between recognition of the danger signal (pathogenic or endogenous) and initiation of various types of immune response (inflammation, release of molecules involved in inducing adaptive response). The example that best emphasizes their importance is the activation of TLRs present on the surface of DCs. The signaling pathways concerned lead to the release of pro-inflammatory cytokines as well as the “up-regulation” of

**Table 2 | Summary of known mammalian TLRs and Siglecs.**

	Name	Expression	Ligands – Sialic acid linkage specificity		Name	Expression	Ligands
Siglec-family proteins in humans	Siglec-1 (CD169)	Mac	$\alpha 2,3 > \alpha 2,6$	TLR-family proteins in humans	TLR1	B, Mo, Mac, DCs, Plt	Multiple triacyl lipopeptides
	Siglec-2 (CD22)	B	$\alpha 2,6$		TLR2	Mo, Mac, N, MyDCs, Mc, Plt	Multiple glycolipids Multiple lipopeptides Multiple lipoproteins Lipoteichoic acid HSP70 Zymosan (beta-glucan) Double-stranded RNA Poly I:C
	Siglec-3 (CD33)	Mo, MyP	$\alpha 2,6 > \alpha 2,3$		TLR3	DC, B, Plt	Lipopolysaccharide heat shock proteins Fg Heparan sulfate fragments Hyaluronic acid fragments Nickel Various opioid drugs Bacterial flagellin Profilin
	Siglec-4 (MAG)	OligoD, Schw	$\alpha 2,3 > \alpha 2,6$		TLR4	Mo, Mac, N, MyDCs, Mc, B, IE, Plt	Diacyl lipopeptides Imidazoquinoline loxoribin (a guanosine analog) Bropiramine Single-stranded RNA Small synthetic compounds; single-stranded RNA Unmethylated CpG oligodeoxynucleotide DNA Unknown
	Siglec-5 (CD170)	N, Mo, B	$\alpha 2,3$		TLR5	Mo, Mac, DC, IE	Profilin
	Siglec-6 (CD327)	Troph, B	$\alpha 2,6$		TLR6	Mo, Mac, B, Mc, Plt	Imidazoquinoline loxoribin (a guanosine analog) Bropiramine Single-stranded RNA Small synthetic compounds; single-stranded RNA Unmethylated CpG oligodeoxynucleotide DNA Unknown
	Siglec-7 (CD328)	NK, Mo, Plt	$\alpha 2,8 > \alpha 2,6 > \alpha 2,3$		TLR7	Mo, Mac, pDC, B, Plt	Imidazoquinoline loxoribin (a guanosine analog) Bropiramine Single-stranded RNA Small synthetic compounds; single-stranded RNA Unmethylated CpG oligodeoxynucleotide DNA Unknown
	Siglec-8	Eo, Ba	$\alpha 2,3 > \alpha 2,6$		TLR8	Mo, Mac, DC, Mc	Imidazoquinoline loxoribin (a guanosine analog) Bropiramine Single-stranded RNA Small synthetic compounds; single-stranded RNA Unmethylated CpG oligodeoxynucleotide DNA Unknown
	Siglec-9 (CD329)	Mo, N, DC, NK, Plt	$\alpha 2,3 = \alpha 2,6$ (prefers sulfated residues)		TLR9	Mo, Mac, pDC, B, Plt	Imidazoquinoline loxoribin (a guanosine analog) Bropiramine Single-stranded RNA Small synthetic compounds; single-stranded RNA Unmethylated CpG oligodeoxynucleotide DNA Unknown
	Siglec-10	B, Mo, Eo	$\alpha 2,3 = \alpha 2,6$		TLR10	Unknown	Imidazoquinoline loxoribin (a guanosine analog) Bropiramine Single-stranded RNA Small synthetic compounds; single-stranded RNA Unmethylated CpG oligodeoxynucleotide DNA Unknown
	Siglec-11	Mac, Plt	$\alpha 2,8$		TLR11	Mo, Mac, LC, KC, UBE	Imidazoquinoline loxoribin (a guanosine analog) Bropiramine Single-stranded RNA Small synthetic compounds; single-stranded RNA Unmethylated CpG oligodeoxynucleotide DNA Unknown
	Siglec-14	ND	$\alpha 2,6$		TLR12	NE, pDC, DC, Mac	Imidazoquinoline loxoribin (a guanosine analog) Bropiramine Single-stranded RNA Small synthetic compounds; single-stranded RNA Unmethylated CpG oligodeoxynucleotide DNA Unknown
	Siglec-15	ND	ND		TLR13	Mo, Mac, DC	Imidazoquinoline loxoribin (a guanosine analog) Bropiramine Single-stranded RNA Small synthetic compounds; single-stranded RNA Unmethylated CpG oligodeoxynucleotide DNA Unknown
							“CGGAAAGACC”

Toll-like receptors and Siglecs bind different ligands and are expressed by different types of leukocytes or other cell types. Human B, B cells; Ba, basophils; cDCs, conventional dendritic cells; Eo, eosinophils; GRB2, growth-factor-receptor-bound protein 2; ITIM, immunoreceptor tyrosine-based inhibitory motif; Mac, macrophages; Mo, monocytes; MyP, myeloid progenitors; N, neutrophils; ND, not determined; NK, natural killer cells; OligoD, oligodendrocytes; pDCs, plasmacytoid dendritic cells; Schw, Schwann cells; Troph, trophoblasts; Plt, platelets; My DC, Myeloid dendritic cells; Mc, Mast cells; IE, Intestinal epithelium; liver cells, LC; kidney cells, KC; Urinary Bladder Epithelium, UBE; Neurons, NE. Adapted from Ref. (10, 35, 84, 86–88, 91–97).



molecules that potentiate the function of Ag presentation (class II CMH, IL-12, CD80) and consequently the activation of T lymphocytes (90).

Toll-like receptors are also expressed by cells considered non-immune but which occupy the interface between the outside environment and the immune system, in particular fibroblasts and epithelial cells (98).

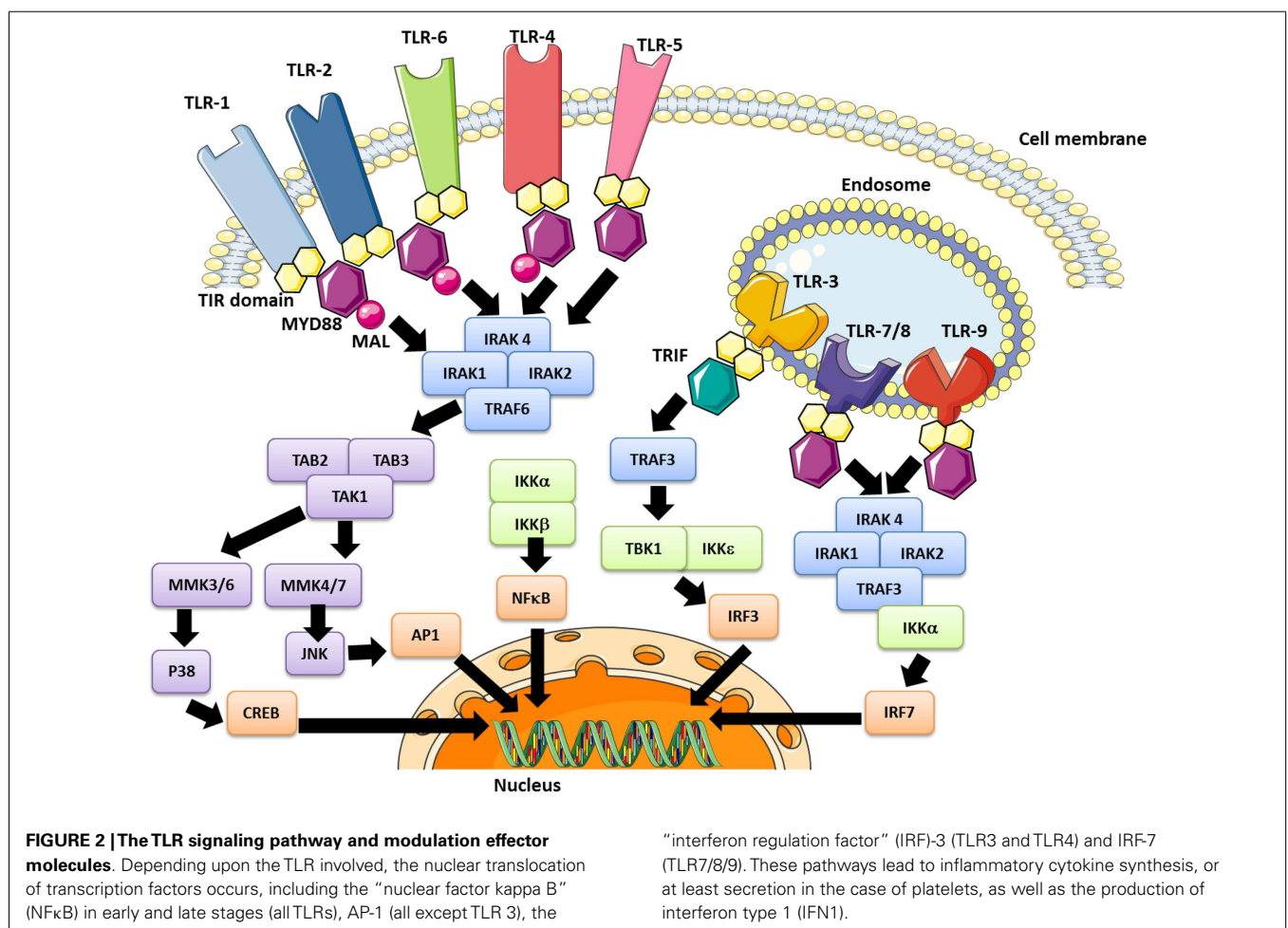
Toll-like receptors are type 1 transmembrane proteins possessing: (i) leucine-rich ectodomains folded into  $\beta$ -sheets, enabling the interaction with PAMPs; (ii) a transmembrane domain; and (iii) a cytoplasmic “Toll-interleukin-1 receptor” (TIR) domain that is fundamental to signal transduction. To date, 10 TLRs have been identified in humans and 13 in mice; TLR12 and TLR13 have not been identified in the former but the latter (89). Of note, TLR11 has the unique feature of possessing a sequence recognized as a stop codon by human transcription machinery; *Toxoplasma* profilin, a ligand of murine TLR11, is recognized by humans and a truncated, but functional, form of TLR11 is, therefore, presumed to exist in the human (99).

The PAMPs recognized by TLRs are lipids, lipoproteins, proteins, or nucleic acids derived from bacteria, viruses, fungi, or parasites. Moreover, PAMPs can be recognized by TLRs in various cellular compartments, including the plasma membrane, endosomes, lysosomes, and endolysosomes (89). After engagement, each TLR

triggers its own distinctive biological response, which is specific for the PAMP recognized. These differences were identified by the discovery of various adaptive molecules that bind to the TIR domain; these include the “Myeloid differentiation primary response gene (88)” (MyD88), TIRAP, TIR-domain-containing adapter-inducing interferon-beta (TRIF), and TRAM. These adaptors activate a variety of signaling pathways. Refer to **Figure 2** for a more detailed description of TLR-signaling pathways.

High mobility group box 1 (HMGB1) is a protein that in humans that is encoded by the HMGB1 gene. Platelets bind to HMGB1 but the cell surface receptor mediating this interaction is less documented. Platelets express previously recognized HMGB1 receptors TLR2/4/9, RAGE, transmembrane proteoglycans, and anionic lipids. Whether these structures mediate HMGB1 binding to platelets has not been much studied.

Recently, Yu et al. (100) evidenced a mechanism by which platelets promote tumor cell metastasis and suggest TLR4 – and its endogenous ligand HMGB1 (alarmin HMGB1) – as targets for antimetastatic therapies. The Manfredi's team reported that activated platelets present HMGB1 to neutrophils and commit them to autophagy and neutrophil extracellular trap (NET) generation (101); further, the abundantly produced ROS dramatically increased the ability of extracellular HMGB1 to activate blood leukocytes (102). Moreover, Vogel et al. (103),



demonstrated that migration of mesenchymal stem cells (MSC) to apoptotic cardiac myocytes and fibroblasts was driven by hepatocyte growth factor (HGF), and platelet activation was followed by HMGB1/TLR4-dependent downregulation of HGF receptor MET on MSC, thereby impairing HGF-driven MSC recruitment.

Toll-like receptors are vital to immunity. However, inappropriate responses can, alternatively, trigger chronic and acute inflammation as well as auto-immune illnesses (triggered by the recognition of endogenous ligands) (104).

## TLR EXPRESSION ON/IN MEGAKARYOCYTES AND PLATELETS

### Identification in megakaryocytes

Megakaryocytes (MK) have been shown to contain mRNA, which codes for TLRs, consistent with these receptors being continuously expressed in MK lineage cells rather than captured through the circulation (34, 35, 62). Moreover, several studies have shown TLR expression both on human megakaryocyte lineage cells (34) and on the MK of mice or isolated from human donors (62, 105), suggesting the origin of platelet TLR expression.

Toll-like receptor 4 expression increases during the MK maturation process. The kinetics of expression of this receptor is similar to that of CD41 (106). Similarly, TLR9 shows a considerable increase in the number of transcripts from day five of MK differentiation in pro-platelets (105).

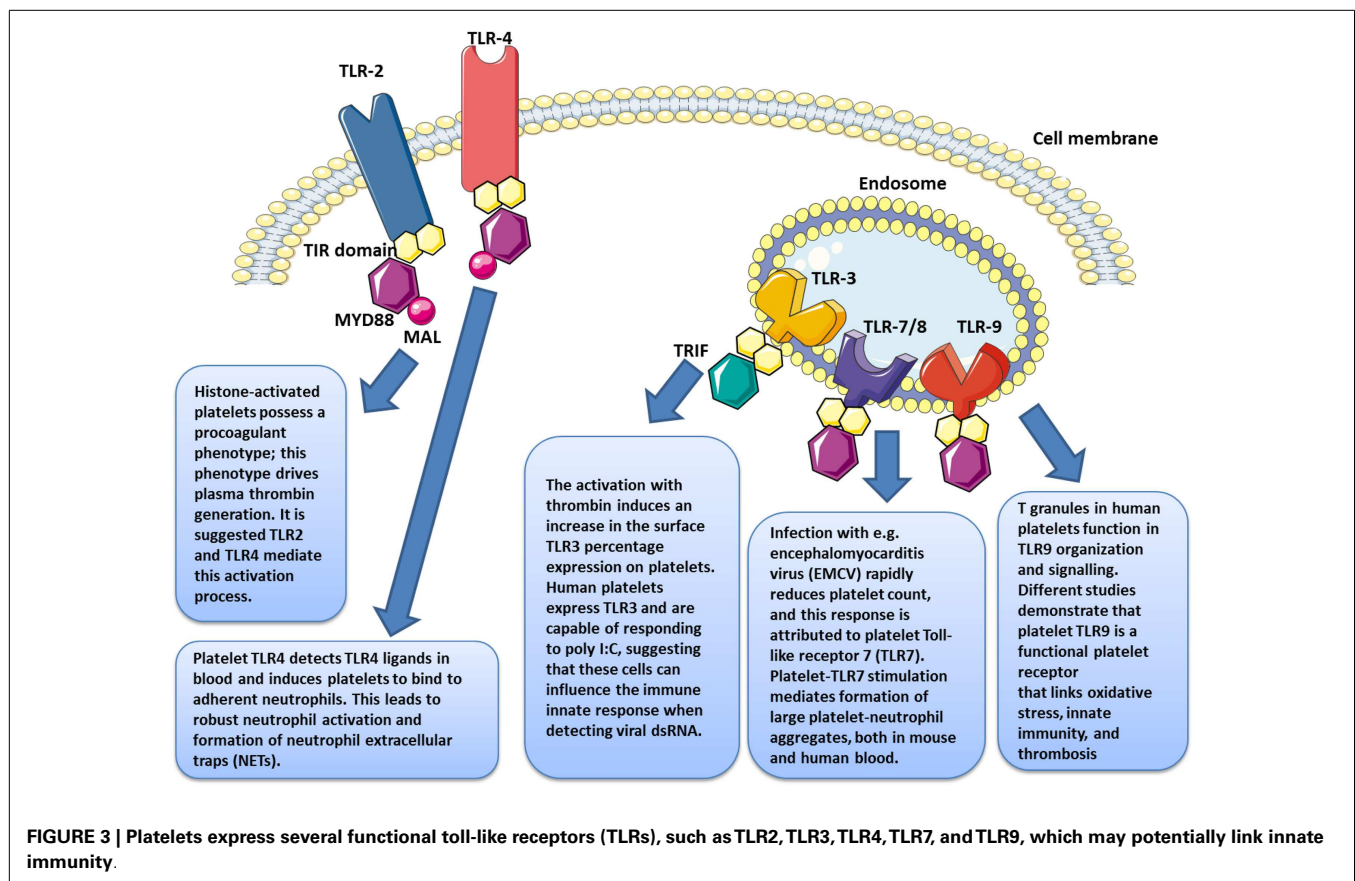
In contrast to the burgeoning studies into the role of platelet TLRs, few studies have been conducted on the functional role of TLRs on MKs. Two studies (44, 106) have shown that TLR4<sup>-/-</sup>

mice have defects in their circulating and reticulated platelet counts compared with wild-type mice, suggesting that TLR4 could play a role in thrombocytopoiesis. Recent studies have shown that hematopoiesis is not a stereotypical phenomenon; rather, it can be activated by an inflammatory environment (107). The TLR4 of hematopoietic precursors may be involved in this regulation. This hypothesis appears to be confirmed by a study showing that mice stimulated by a TLR4 ligand, at a non-lethal dose, have a higher number of platelets compared with untreated mice (44). An increase in the number of encoding transcripts has also been noted for TLR1 and TLR6 in MKs grown in the presence of IFN $\gamma$  in both a dose-dependent and a time-dependent manner (107). This could be a mechanism that enables newly formed platelets to be more numerous, augments the amount of their TLRs and plays a more active anti-infectious role as a result.

### Early identification on/in platelets

In 2004, Shiraki et al. demonstrated the presence of TLR1 and TLR6 on platelet surfaces and their possible involvement in the process of atherosclerosis (34). Studies conducted that same year by our team complemented these findings with the discovery of TLR2, TLR4, and TLR9 on both the human platelet surface membrane and in the cytoplasm; further these TLRs could be modulated, based on the state of platelet activation (106, 108, 109) (Figure 3).

Platelet TLR expression has also been observed in rodents (62), which are a widely used model for the study of these molecules; the



characterization of TLRs has also been investigated on the surface of in chicken thrombocytes (110).

### Function of TLR4 in platelets

Toll-like receptor 4 is the most abundantly expressed TLR on platelets (111). Several groups have examined its function in humans and mice (10, 19, 35, 106, 109).

Lipopolysaccharides (LPS), a major component of the membrane of Gram-negative bacteria, are ligands of TLR4. On eukaryotic cells, TLR4 forms a complex with the MD-2 molecule, thus enabling binding to LPS. Other proteins contribute to LPS binding, such as the “LPS Binding Protein” (LBP) and CD14 (98, 112).

The engagement of platelet TLR4 by LPS significantly increases the number of spliced mRNA encoding tissue factor (TF), which are then translated into functional proteins (113). LPS has been shown to cause severe thrombocytopenia in murine models, with a 60% decrease in the platelet count 4 h after treatment with LPS, compared with a 20% decrease in TLR4 KO mice (106). These results, therefore, suggest that platelet TLR4 is functional *in vivo*. The reduction in circulating platelets after LPS binding can have two causes: (i) an accumulation of platelets in the lungs (along with the otherwise described neutrophil sequestration) (52) and (ii) an increase in their destruction by phagocytosis (114, 115).

The signaling through TLR in general and TLR4 in particular, in platelets has also been examined. Specifically in platelets, the associated intracellular signaling pathways are less clear than in nucleated cells, as the purpose and function of these transcription factors has to be further elucidated. However, the engagement of platelet TLR4 potentiates signaling pathways traditionally detected in platelets. A notable example is the LPS dose-responsive increase in cGMP (116). Inhibition of PKG signaling blocks TLR4-dependent platelet responses, suggesting that cGMP is involved in TLR4-dependent activation (117). MyD88 expression has also been demonstrated in platelets at levels comparable to that obtained with leukocytes (117). Moreover, LPS-induced aggregation was not observed in MyD88-deficient mice or using salting-out processes in immunomodulatory factors (117). As is the case with other cell types, MyD88 is required for transmission of the signal emitted by TLR4 in platelets. It may be proposed, therefore, that either there is the creation of a link with other signaling pathways or the initiation of a TLR pathway specific to platelets. This suggestion is based on our observations that in addition to MyD88, platelets express most of the molecules traditionally involved in signal transduction, such as TRIF, MyD88, TBK-1, IRAK-1, JNKs, MAPK, TRAF3, TRAF6, IRF-3, IKK- $\alpha$ ,  $\beta$ , and NF- $\kappa$ B p65 (111). For an identical amount of protein extracts, the expression of certain molecules is at times even stronger in platelets than in PBMCs. The level of signal transduction molecules in platelets is quite abundant, in amount that would be usable for intracellular signaling in platelets; the precise meaning of such abundant levels of, i.e., NF- $\kappa$ B in platelets is questioned. This would explain why we showed a difference in platelet activation depending on whether a smooth-type or a rough-type LPS is used as the stimulant. Studies in leukocytes revealed that smooth-type LPS stimulates only the MyD88 pathway while rough-type LPS, owing to its high affinity, has the ability to activate both pathways. While this distinguishing mechanism

is present in platelets, the activation of each of these pathways proved to be associated with differential cytokine release (118). TRAF6 has a key role in signaling via platelet TLR4, leading possibly to *de novo* synthesis of IL-1 $\beta$ . In fact, direct stimulation of TRAF-6 produces splicing five times thicker than is obtained in platelets stimulated by LPS. TRAF-6 activation is followed by phosphorylation of Akt and JNK (119). These phosphorylation events are sufficient to initiate the splicing of mRNA encoding IL-1 $\beta$ . Consequently, a derivation of the TLR4 pathway by TRAF6 occurs, allowing the signal to pass through the Akt and MAP kinase pathways.

Several studies have reported that TLR4 expression varies depending on the state of activation of the platelet (23, 109, 120) (Figure 3). Platelet stimulation by thrombin leads to increased TLR4 expression, which, in synergistic combination with membrane CD62P, enables improved LPS binding (120). The fact that platelets have an intracellular pool of TLRs (108) may account for the receptor's translocation to the surface during activation. Even while the LPS does not apparently induce platelet aggregation, it nonetheless potentiates the response triggered by very small concentrations of thrombin and collagen. Our group has shown that TLR4 engagement potentiates the activation of cGMP, bridging activation and aggregation; however, when used at high doses, LPS appears to induce aggregation by itself (57).

As in eukaryotic cells, the function of platelet TLR4 is supported by one or more plasma molecules; the addition of recombinant CD14 to washed platelets, as well as LBP, allows optimal activation to be restored (119–121). CD14, and possibly also MD-2, could be borrowed by platelets in the environment. This is, however, somehow disputed (57).

Several studies have examined the effect of platelet TLR4 engagement on the salting-out of immunomodulatory molecules. For example, Aslam et al. demonstrated that the administration of *Escherichia coli* O111 LPS to mice leads to an increase in the serum levels of “Tumor necrosis factor” (TNF)- $\alpha$ , mainly derived from platelets (109). Our team used similar LPS to stimulate *in vitro* purified platelets obtained from healthy blood donors; we observed a modulation of certain molecules: some were increased (sCD40L and PF4) while others remained unchanged (sCD62P, IL-8, EGF, and TGF) or were even reduced (RANTES, angiogenin, and PDGF-AB) (122). Platelets thus have a highly regulated system for the release of cytokines.

Furthermore, it has been shown that platelets can distinguish between two types of LPS, referred to as “smooth” and “rough,” and to adapt their cytokine response accordingly. In this way, only the smooth-type LPS molecules significantly inhibit the secretion of PDGF-AB (118). In contrast, rough-type LPS, unlike smooth-type LPS, potentiates the production of PMPs as well as platelet aggregation induced by the PAR1 agonists SFLRN (123). The differences in activation can also be seen in the ability of the supernatants obtained to activate peripheral blood mononuclear cells (PBMCs) (118).

### Function of TLR2 in platelets

The functional role of platelet TLR2 has not been as widely examined as TLR4. However, TLR2 is a highly inflammatory receptor that can recognize a very large number of PAMPs.

Among these ligands are, *inter alia*, bacterial lipopeptides, peptidoglycan, and lipoteichoic acid from Gram-positive bacteria, microbial lipoarabinomannan, yeast zymosan, and even viral hemagglutinin (89). TLR2 forms heterodimers with TLR1 or TLR6: the TLR2/TLR1 complex preferentially binds triacylated lipopeptides (Gram-negative bacteria and mycoplasma), and the TLR2-TLR6 complex binds diacylated lipopeptides of Gram-positive bacteria and mycoplasma.

Structural studies are consistent with the mechanism for such discrimination involving the presence of a hydrophobic channel present on the TLR1 but not on the TLR6 (89).

The engagement of platelet TLR2 has also been reported to stimulate the splicing of mRNA encoding IL-1 $\beta$  (121). However, this synthetic lipopeptide is less effective than LPS, though just as effective as thrombin. The splicing of mRNA encoding IL-1 $\beta$  can, therefore, be regulated differently depending on the TLR activated.

Regarding the signaling pathway, TLR2 uses MyD88 to commence its signaling cascade (124). Platelet TLR2 also has the ability to trigger the activation of signaling proteins normally involved downstream of hemostatic receptors. Morello et al. demonstrated that platelet TLR2s were functional and showed that the PI3K/Akt pathway (already detected in platelets, downstream of  $\alpha$ IIB $\beta$ 3) plays a role in platelet aggregation, adhesion, and secretion (125). They further demonstrated that in immune cells, TLR2 has the ability to interact with the p85 sub-unit of PI3K (126), suggesting the involvement of this pathway after TLR2 engagement, independently of the MyD88 pathway. The use of a specific inhibitor of PI3K (LY294002) prior to stimulation by Pam<sub>3</sub>CSK<sub>4</sub> significantly reduces the effects generated by the engagement of platelet TLR2 (i.e., the aggregation, adhesion and membrane expression of CD62P, platelet-neutrophil complex formation,  $\alpha$ IIB $\beta$ 3 activation, as well as oxygen radicals) (127). LY294002 also significantly diminishes, but does not completely inhibit, the formation of platelet:neutrophil aggregates, suggesting that platelets can use alternate pathways besides TLR2 and 4. Other studies showed that during platelet stimulation by *Aggregatibacter actinomycetemcomitans* Y4 and *Porphyromonas gingivalis*, the salting-out of sCD40L resulting from TLR2 engagement is regulated by PI3K (128). However, PI3K is not the only pathway involved in the release of soluble factors induced by TLR2 engagement. In fact, the use of a PLC inhibitor, U73122, prevents CD40L from being expressed on the platelet surface in a manner similar to that observed when the PI3K pathway is blocked (128). PLC is classically identified in the platelets as acting downstream of PAR and GP-VI receptors, leading to degranulation and the generation of TxA<sub>2</sub>.

Phospholipase C and P3IK pathways are, therefore, not only activated by hemostatic stimulation but also following TLR2 engagement. However, phosphorylation kinetics differs depending on the type of stimulation involved (129). In this way, stimulation by thrombin induces a rapid and substantial phosphorylation of Akt, p38, and Erk. In contrast, stimulation by Pam<sub>3</sub>CSK<sub>4</sub> induces a more gradual phosphorylation of Akt and p38, suggesting that it takes longer for the mechanisms to occur and that platelet inflammatory responses take place over time rather than rapidly. The large majority of experimental studies to stimulate TLR2 on platelets use Pam<sub>3</sub>CSK<sub>4</sub>, a triacylated ligand that causes the

dimerization of TLR2 with TLR1. The use of MALP-2, a diacylated ligand that makes use of the TLR2/6 heterodimer, does not allow platelet activation (124). In addition, the preincubation of platelets with MALP-2 reduces and even inhibits the effect of Pam<sub>3</sub>CSK<sub>4</sub>. The engagement of TLR2 and TLR6 is believed rather to have an antagonist effect on platelet activation and could act as a regulator in platelet activation during bacterial invasion by simply blocking access to TLR2.

The first demonstration of platelet TLR2 function, *in vivo* as well as *ex vivo*, was reported in 2009 by Blair et al. (127). The stimulation of platelets by Pam<sub>3</sub>CSK<sub>4</sub>, a synthetic ligand mimicking bacterial lipopeptide, caused activation involving an "inside-out"  $\alpha$ IIB $\beta$ 3 signaling, aggregation, and platelet adhesion to collagen, CD62P release and generation of reactive oxygen derivatives. These phenomena were either blocked by a TLR2 antagonist antibody or absent in *tlr2*<sup>-/-</sup> KO mice, demonstrating the engagement of the receptor. Another study on the functional role of platelet TLR2 showed that Pam<sub>3</sub>CSK<sub>4</sub> also controls increases in platelet intracellular Ca<sup>2+</sup> concentrations, the release of ATP, and the synthesis of TxA<sub>2</sub> (124). These observations are consistent with a role for platelet TLR2 as a thrombo-inflammatory receptor. Even where the ultimate thrombotic purpose is similar to that of classic stimulation (ADP, Fg, collagen, etc.), the intracellular mechanisms activated are quite distinct, particularly with regard to the phosphorylation of signaling molecules (PI3K and MAPK pathways) and protein-protein interactions (mainly in the case of the FXIIIa protein involved in platelet remodeling). Compared with hemostatic stimulation, there are also differences in the release of granular proteins (Fg, thrombospondin, PF4) which can be released or sequestered during TLR2 stimulation (130).

Apart from the thrombotic function of the platelet TLR2, this receptor can also induce an inflammatory response by platelets. Bacterial stimulation of platelets by periodontopathogens (*A. actinomycetemcomitans* and *P. gingivalis*) demonstrated that sCD40L is released independently of TLR2. Furthermore, patients who have undergone restorative dental procedures had a significantly higher level of circulating sCD40L than healthy control subjects (128).

It has been observed, moreover, that mice infected with *P. gingivalis* displayed a higher proportion of platelet-neutrophil complexes than uninfected mice or TLR2<sup>-/-</sup> mice, suggesting that platelet TLR2 is involved in the formation of platelet-neutrophil aggregates (127).

Assinger et al. confirmed these observations and showed that this increase in platelet-neutrophil complexes is accompanied by a rise in neutrophil-mediated phagocytosis of periodontopathogens, which requires TLR2 to be functional (131). Platelet TLR2 is thought to be a prerequisite to the activation of the latter, which are then believed to transmit a signal activating the neutrophils and making them suitable for phagocytosis. The particular signal can involve ligand:receptor pairs (CD62P/PSGL-1, CD40L/CD40, GP-IIb-IIIa/CD11b) or platelet cytokines.

Similarly, it has recently been observed that platelets promote the clearance of *Staphylococcus aureus* and *Bacillus cereus* by Kupffer cells.

When absorbed by these liver macrophages, such bacteria are thought to be rapidly engulfed by a platelet aggregate, predisposing them to destruction. The formation of aggregates would involve the participation of platelet GP-Ib and vWF on Kupffer cells (32).

The release of histones from cells in apoptosis is associated with microvascular thrombosis. In citrated PRP, the presence of histones has been proven to stimulate thrombin generation, independent of dose, with noticeable effects from 10 µg/ml (132). When an anti-TLR2 monoclonal antibody is used prior to stimulation by histones, the procoagulant profile of platelets [membrane expression of phosphatidylserine (PS), CD62P, and coagulation factor V] is reduced. Under the same conditions, TLR2 blockade leads to a reduction of about 50% in the salting-out of thrombin and increases the salting-out time for the remaining 50% by 40 minutes (**Figure 3**).

Platelet TLR2 is, therefore, involved in histone-induced thrombin generation. These results reaffirm the importance of platelet TLR2 in a thrombo-inflammatory response. Inversely, this response can be considered beneficial to the host in cases where the agent that induces cell apoptosis becomes trapped in the fibrin network.

#### Function of TLR9 in platelets

Studies conducted on the role of platelet TLRs rarely address the subject of TLR9. In eukaryotic cells, TLR9 recognizes unmethylated 2'-deoxyribo (cytidine-phosphate guanosine) DNA motifs, commonly referred to as CpG motifs, which are found specifically in bacteria, parasites, and viruses. The location of TLR9 is limited to the endosomes in eukaryotic cells, enabling it to recognize the internal constituents of pathogens, which are often released after they are endocytosed (89, 133).

Platelet TLR9 is also found in cell cytosol and cell membranes (108). Activated platelets overexpress this receptor, either after stimulation by a CpG motif (105) or by thrombin (109).

A recent study on human and murine platelets showed that intra-platelet TLR9 is distributed in a specific, previously unidentified, sub-compartment known as the T granule, which has dense appearance under an electron micrograph (105, 134). This distribution of TLR9 is thought to occur during pro-platelet formation. T granules also contain VAMP7 and VAMP8 proteins, which are involved in directing TLR9 to the membrane. The process by which platelets internalize the CpG/TLR9 complex appears to be similar to that described for other cell types (105, 134).

Platelet TLR9 was recently reported as binding carboxy-alkylpyrrole, a product derived from the combination of polyunsaturated fatty acid oxidation products and protein products, considered a danger signal in cases of oxidative stress (135). In platelets, this joining together triggers aggregation and degranulation. Therefore, in platelets TLR9 appears to function as sensors of internal danger signals rather than external ones (**Figure 3**).

It is only recently that TLR3 (37) and TLR7 (38) have also been identified (**Figure 3**). Human platelets express TLR3 and are capable of responding to poly I:C, suggesting that these cells might influence the immune innate response when detecting viral dsRNA (37). Infection with encephalomyocarditis virus (EMCV) rapidly reduces platelet count, and this response is attributed to platelet Toll-like receptor 7 (TLR7) (38).

## THE SIGLEC: SENSORS OF PATHOGENS NEWLY ACKNOWLEDGED ON PLATELETS

### BACKGROUND ON SIGLEC MOLECULES

Siglec molecules belong to the large family of Ig-like lectins (84, 87, 96), which are categorized in two main families (**Table 2**). They are type I transmembrane proteins comprising three regions (84, 86, 136). First, the extracellular region has a “V-set” N-terminal Ig domain containing an arginine residue that forms a saline bridge with the carboxylate group of sialic acid, which enables specific binding with this molecule and a number varying between 1 and 16 in the “C2-set” domain (97, 136). Second, the transmembrane region allows the signal to be transmitted to the third region, the intracellular region of the receptor, which contains an immunoreceptor tyrosine-based inhibitory motif (ITIM) close to the membrane, and an ITIM-like motif, which is more distal from the membrane. Certain Siglec molecules, such as sialoadhesins (137), Siglec-H (138), Siglec-14 (139), Siglec-15 (140), and Siglec-16, do not have an intracellular region (141).

The primary function of CD33r Siglec (3, 5–11, 14, 16) is to recognize “self” molecules in order to regulate host immune response by the engagement of inhibitory ITIM-like intra-cytoplasmic molecules. Siglec principally recognize and bind sialylated glycans and gangliosides.

Siglec molecules have arginine residues that can form a saline bridge with the carboxylate group of sialic acid enabling them to bind in a specific way (136). In their basal state, Siglec are bound with ligands and are, therefore, expressed on the same cell (*cis* interaction); thus their binding sites are generally masked (84, 95). The interaction is, therefore, predominantly a *cis* interaction (95). However, *trans* interaction may compete with *cis* interaction when the sialylated (*trans*) glycan ligands are attached to glycoproteins and glycolipids, which gives them higher affinity [for example, PAMP structures (LPS or bacterial peptidoglycan) or gangliosides] (96). Furthermore, the *cis* interaction sites can be cleaved by sialidase [a component of certain pathogens like *Vibrio cholerae*, *Clostridium perfringens*, and *Arthobacter ureafaciens* (96, 97)], or unmasked following cell activation, which enables Siglec to have *trans* interactions (142).

The gangliosides formed from glycosphingolipids are bound to Siglec with a very high affinity (143). The affinity of CD33r Siglec is different for each ganglioside depending on their structure; for example, Siglec-7 and Siglec-9 are selective in targeting B-series gangliosides containing the 2,8-disialyl residue (GalNAc or GlcNAc), such as GQ1b, GT1b, GD2, and GD3, while Siglec-8 appears to have low affinity with these gangliosides (143–146).

The main known function of Siglec molecules are:

- (i) the regulation of innate immune responses by balancing (down: *cis* ligation; up: *trans*-ligation) the defense against a number of infectious pathogens that use sialic acid to disguise themselves in an attempt to escape elimination by the infected body;
- (ii) the negative regulation of the B-cell receptors (by co-engagement of two main Siglec: CD22 and Siglec-10 [Human; -G in the mouse; no cluster of differentiation assigned so far] (84, 87, 95, 96, 143, 147) and of T-cell receptors [by



co-engagement of three main Siglec: 7, 9 and 1 [sialoadhesin] (136)].

Siglec molecules operate by phosphorylating principally ITIM/ITIM-like motifs in their intracellular tails, or – exceptionally (Siglec-H and -15) – by mobilizing DAP12. Thus, Siglec appear in general essential to preventing excessive innate and adaptive immune responses and maintaining homeostasy and tolerance.

### SIGLEC AND PLATELETS

A substantial expression of Siglec-7 has been identified very recently (by our group) on platelet surfaces, with more stored on platelet  $\alpha$ -granule membranes. Furthermore, surface membrane expression of Siglec-7 is significantly increased after platelet activation, in a manner similar to the activation-induced membrane expression of CD62P. Indeed the kinetics of Siglec-7 expression on the platelet membrane of closely resembles that of CD62P.

There is also a significant amount of Siglec-7 in the supernatant in both control and TRAP-activated platelets, consistent with the cleavage, or direct salting-out, of Siglec-7 from platelet  $\alpha$ -granules. However, Siglec-7 cleavage does not correlate with a reduction in its expression on the platelet membrane, as is the case for CD62P. A probable explanation for this apparent reduction in concentration over time may be the degradation induced by endogenous proteases.

The engagement of Siglec-7 by its specific ligand, GD2 ganglioside (as well as GD3 and GT1b), does not induce activation, aggregation, or platelet secretion, but leads to platelet apoptosis by the intrinsic and an extra-mitochondrial pathway. Similarly, Martini et al. demonstrated that platelet incubation with exogenous GD3 had no effect on platelet morphology, nor function, nor on ADP-induced platelet aggregation (148). The authors also indicated that GD3 functions like a second-messenger molecule that augments CD32 expression (Fc $\gamma$ RII, platelet FcR isoform); it then binds to this receptor, leading to platelet adhesion on the subendothelial matrix (148). In our study, however, the apoptogenic effects of GD2 on platelets were independent on the engagement of CD32, whereas reduced in the presence of specific antibodies that block Siglec-7. This shows that Siglec-7 engagement is essential for GD2-induced platelet apoptosis. Inhibitors of NADPH oxidase, PI3k and PKC, but not of NF- $\kappa$ B prevented. The engagement of the P2Y1 platelet receptor and of the GP-IIb–IIIa integrin is required for a fully functional Siglec-7.

Platelet apoptosis induced by Siglec-7 engagement is probably a mechanism for negatively regulating platelet inflammatory responses. This mechanism would limit excessive reactions responsible for the destruction of tissues and cells due to inflammation and in this way promotes the healing of wounds. Stored platelets (with the purpose of being used for transfusion purposes) display apoptosis markers that increase independently on activation (149–151). This is a significant aspect of storage damage that reduces the viability and number of platelets in PCs following prolonged storage. Platelet apoptosis can potentially have negative effects in PC recipients, such as reduced function and altered corrected count increment (CCI) (149); probable adverse effects due to the pro-inflammatory and pro-thrombotic properties of PMPs generated during apoptosis are also likely (152).

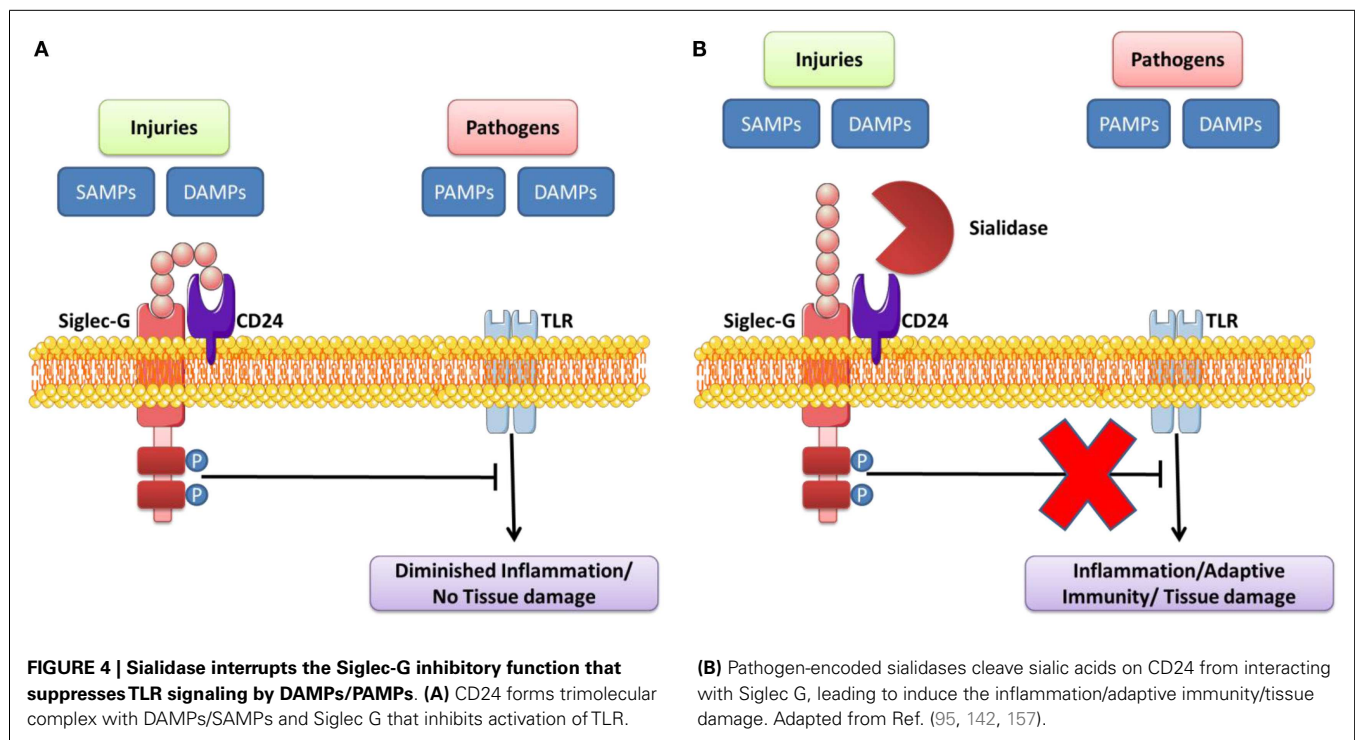
The mechanisms of Siglec-7 translocation to human platelet membranes and its subsequent cleavage are still unaddressed (88) and require further studies. It would be interesting, first, to discover whether this increase is an advance event for triggering platelet activation or whether it is secondary, occurring after platelet activation in order to negatively control inflammatory response following this process (autoregulation). Second, it will be important to determine whether cleavage of soluble Siglec-7 is associated with such translocation. Little is known of the role of soluble Siglec-7 in inflammatory reactions, particularly in immune cells, ECs and platelets, or of the importance of the physiology and platelet interactions at work in the immune system.

In addition, it would be interesting to be able to determine whether Siglec-7 engagement is also specifically linked to platelet recognition of DAMPs. In other words, it would be valuable to examine whether platelet Siglec-7 distinguish several PAMPs (infectious pathogens). Moreover, it would be interesting to investigate platelet Siglec-7 response after DAMP activation (generated either during PAMP-induced inflammatory reactions or due to intra-platelet oxidative stress linked to preparation and/or storage conditions) and how their inflammatory response is modulated. Several studies show that by expressing a very large number of receptors, among them TLRs, GPCRs, RTKs, integrins, and CK/CH receptors, platelets appear to have the ability to differentiate between a hemostatic stimulus or an infectious

**Table 3 | Modulation of TLR function by Siglecs adapted from Ref. (95, 155, 156).**

Molecules	TLR ligands used	Cell type	Observed phenotype
CD22	TLR3, 4, 7, and 9	B	Enhanced proliferation of CD22 KO B cells
Siglec-G	TLR3, 4, 7, and 9 HMGB1	B	Enhanced proliferation of Siglec-G KO B cells
		DC	Enhanced TNF- $\alpha$ production in Siglec-G KO DCs
Siglec-E	TLR4	Mac	Reduced IL-12 production by cross-linking with Abs
Siglec-H	TLR9	pDC	Reduced IFN- $\alpha$ production by cross-linking with Abs
Siglec-5	TLR2, 3, 4, and 9	Mac	Reduced TNF- $\alpha$ and enhanced IL-10 production by over-expression
Siglec-9	TLR2, 3, 4, and 9	Mac	Reduced TNF- $\alpha$ and enhanced IL-10 production by over-expression
Siglec-11	TLR4	Mac	Reduced IL-1 $\beta$ transcript by cross-linking with Abs
Siglec-14	TLR4	Mac	Augmented TNF- $\alpha$ production by over-expression
CD33/Siglec-3	TLR4/CD14	imDCs	Reduced the phosphorylation of NF- $\kappa$ B
Siglec-9	TLR2	Mac	Siglecs exhibit lectin-dependent changes in cellular localization, which may be partly linked to its control mechanism that increases the production of IL-10





stimulus, and endogenous danger signals (DAMPs) and exogenous ones (PAMPs). This method of differentially detecting pathogens produces variations in membrane expression of adhesion molecules, activation molecules, and especially in the salting-out of platelet granule contents and their secretion kinetics, leading to various platelet responses, such as hemostatic, inflammatory, or reparative (35, 118, 122, 153, 154). Furthermore, it would be interesting to study Siglec-7 in the platelet signalosome in the presence of various stimuli, including hemostatic stimuli (as shown in the appendix), infectious agents (PAMPs), or DAMPs. To this effect, numerous studies are considered to complement the characterization of the functional role of platelet Siglec, including Siglec-7.

Siglec molecules contribute to the negative regulation of the intracellular pathways stimulated following TLR/NLR engagement. This serves to prevent excessive immune responses after activation of these receptors (96). The regulation and activation of cells after TLR engagement is different for each cell type (95). This inhibitory function of Siglec is used by pathogens to imitate the structure of their ligands, which initiates an immune response favorable to their survival within the host. Recent studies show that, when Siglec molecules are neutralized by blocking antibodies, TLR signaling is significantly modified; this suggests that the density of Siglec expression near to TLRs can influence the function of these receptors (95). The location (on membranes or endosomes) where Siglec sensors are expressed can also modulate innate immune response in the host following TLR engagement (Table 3). Siglec molecules are normally expressed on immune cells that contribute to regulation of the innate immune system (96). PRRs can recognize “self” (DAMP) and “non-self” (PAMP) danger signals in order to trigger inflammatory reactions. The

engagement of these receptors after engagement by DAMPs can also reduce inflammation and promote the repair and healing of wounds (142). Chen et al. originally illustrated the mechanism by which Siglec-10/Siglec-G enables innate immunity cells to distinguish DAMPs and PAMPs in order to set up an immune response that can defend against pathogens, while at the same time preserving the integrity of tissue at the end of the post-infection defense process. They showed that the interaction between CD24 and human Siglec-10 (murine Siglec-G) can reduce inflammatory response induced by DAMPs of the HMGB1 and HSP70 types, but not in the presence of certain PAMPs (LPS and PolyI:C which activate TLR4 and TLR3, respectively). The glycoprotein CD24 actually has the ability to form a complex of Siglec-10/Siglec-G and DAMP, which inhibits TLR/NLR activation by inhibiting ITIM motifs (Figure 4). However, certain infectious pathogens like *Vibrio cholerae*, *Clostridium perfringens*, and *Arthobacter ureafacien* (96, 142), which have a sialidase, can cleave the bond between Siglec sensors and CD24; in this case, the distinction between the DAMP and PAMP signals will, as a result, not be effective.

## CONCLUSION

As a conclusion, analyzing platelet responses to PRR agonist stimulation in whole blood, platelet-rich plasma and in transfusion platelets concentrate would help clarify the relative contributions of platelets on inflammatory process. How can the small platelet, without a nucleus, be so intelligent?

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# Platelets and infection – an emerging role of platelets in viral infection

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Platelets are anucleate blood cells that play a crucial role in the maintenance of hemostasis. While platelet activation and elevated platelet counts (thrombocytosis) are associated with increased risk of thrombotic complications, low platelet counts (thrombocytopenia) and several platelet function disorders increase the risk of bleeding. Over the last years, more and more evidence has emerged that platelets and their activation state can also modulate innate and adaptive immune responses and low platelet counts have been identified as a surrogate marker for poor prognosis in septic patients. Viral infections often coincide with platelet activation. Host inflammatory responses result in the release of platelet activating mediators and a pro-oxidative and pro-coagulant environment, which favors platelet activation. However, viruses can also directly interact with platelets and megakaryocytes and modulate their function. Furthermore, platelets can be activated by viral antigen–antibody complexes and in response to some viruses B-lymphocytes also generate anti-platelet antibodies. All these processes contributing to platelet activation result in increased platelet consumption and removal and often lead to thrombocytopenia, which is frequently observed during viral infection. However, virus-induced platelet activation does not only modulate platelet count but also shape immune responses. Platelets and their released products have been reported to directly and indirectly suppress infection and to support virus persistence in response to certain viruses, making platelets a double-edged sword during viral infections. This review aims to summarize the current knowledge on platelet interaction with different types of viruses, the viral impact on platelet activation, and platelet-mediated modulations of innate and adaptive immune responses.

**Keywords:** platelets, viruses, thrombocytopenia, thrombosis, immune response

## INTRODUCTION

From an evolutionary perspective, the cellular mediators of hemostasis and immune defense have not always been separated. In invertebrates, a cell type called hemocyte protects the host from invading microbes and the same cell also prevents “blood” (i.e., hemolymph) loss upon injury by triggering coagulation (1, 2). In highly developed species, hemostasis and immune response have been divided and leukocytes resume the immune response functions, while platelets maintain hemostasis (2).

For decades, these two systems were thought to act independently, but this concept has recently been challenged. Emerging evidence suggests that the boundaries between coagulation and immune defense are actually not as clear-cut as originally supposed. A new concept of involvement of immune cells in hemostasis, termed immunothrombosis, has been recently proposed, which assumes a function of innate immune cells in thrombosis (3). On the other hand, an important role of platelets in immune response becomes more and more apparent (4–7).

In 1882, Bizzozzer discovered platelets as the third morphological element in blood and elucidated the function of these cells in hemostasis and thrombosis (8). For a long time, platelets and their granule content were thought to mainly mediate the activation of the coagulation system and the recruitment of further platelets

to stop blood loss upon injury. Unwanted platelet activation was noted to occur as a response to internal injuries, for example, denudation and erosion of the endothelial surface or rupture of an atherosclerotic plaque (9). Consequently, platelets were assumed to be responsible for the lethal steps of cardiovascular diseases, where unstable thrombi occlude small vessels, thereby compromising oxygen supply of target organs. Nevertheless, platelets are involved in far more processes and they respond to and interact with far more triggers than initially thought. Besides their central role in hemostasis, platelets assist and modulate inflammatory reactions and immune responses by direct interaction with leukocytes as well as endothelial cells and via release of soluble inflammatory mediators that enhance recruitment of leukocytes and trigger their activation (2, 4, 6, 10). Platelets also express surface receptors, such as lectins, integrins, and toll-like receptors (TLR), allowing them to directly interact with several pathogens. Moreover, they express Fc receptors by which they can recognize immunocomplexes.

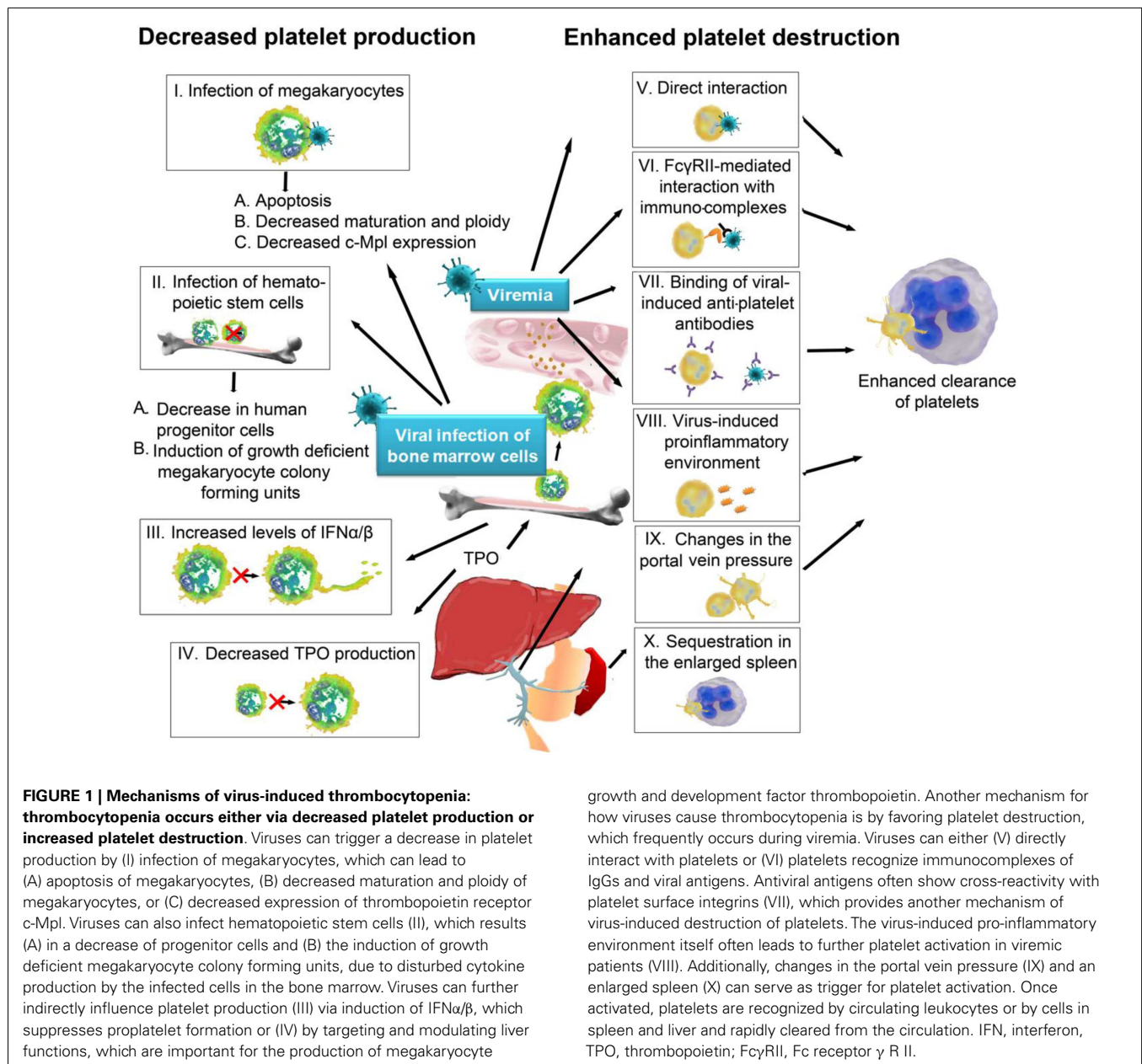
Thus, platelet activation does not only occur in response to injury and is not only limited to hemostatic processes but also modulates host response and virus survival (3–5, 7, 10–12). Therefore, potential immune-modulatory side effects should be considered during anti-platelet therapy.

To date, the role of platelets in response to invading pathogens is not fully understood. Platelet–microbe interactions seem to be beneficial for the host due to up-regulation of immune responses. However, platelet interaction with invading pathogens is also speculated to benefit virus or bacteria, as platelets provide shelter against leukocytes, antiviral agents, and antibiotics. Moreover, the stickiness of platelets might attenuate microbe–endothelial interactions and facilitate infection by similar mechanisms to those recently described for platelet interactions with circulating tumor cells (13).

This review aims to summarize the current knowledge on platelet interaction with different types of viruses, the viral impact on platelet activation, and platelet-mediated modulations of innate and adaptive immune responses.

## MECHANISMS OF VIRUS-INDUCED THROMBOCYTOPENIA

Platelets are, after erythrocytes, the second most abundant cell population in the blood. Normal platelet counts range from 150,000 to 450,000 platelets per microliter. Thrombocytopenia, which represents a drop in platelet count caused by either decreased platelet production or increased platelet destruction, is associated with an increased bleeding risk. Thrombocytopenia is frequent following viral infections and viruses use a variety of distinct strategies to decrease the levels of circulating platelets. The different mechanisms of how virus infection can interfere with platelet production and might trigger platelet destruction are summarized in the first chapter and **Figure 1**. As virus-mediated thrombocytopenia is often multifactorial and differs between virus infections, the mechanisms by which viruses trigger



thrombocytopenia are separately discussed for the most prominent viruses and an overview on the receptors involved in direct platelet–virus interactions is depicted in **Figure 2**.

### DECREASED PLATELET PRODUCTION

Platelets are produced in the bone marrow by megakaryocytes, which develop from hematopoietic stem cells. Megakaryocytes first undergo lineage commitment, followed by endomitosis resulting in polyploidy (14). Polyploidy is a state where one cell comprises multiple sets of chromosomes and this represents an important step in megakaryopoiesis. After endoplasmatic maturation, megakaryocytes form proplatelets, which bud off thousands of platelets and microparticles into the blood stream (15). Megakaryopoiesis is triggered by a variety of cytokines (e.g., GM-CSF, IL-3, IL-6, IL-11, FGF4, and SDF-1), with thrombopoietin (TPO) being the most important. Nevertheless, TPO does not only trigger megakaryocyte development but also fulfils an important role in maintaining stem cells (16).

Viruses can modulate platelet production at various steps of development. They are able to influence the cytokine profile of the host, resulting in altered TPO production in the liver. Examples of this include: simian immunodeficiency virus (SIV), which triggers TPO production via up-regulation of tumor growth factor (TGF)  $\beta$  (17); human herpes virus 6, which can interfere with TPO-inducible megakaryocytic colony formation (18); human

herpes virus 7, which impairs the survival and differentiation of megakaryocytes (19).

Some viruses also directly interfere with TPO production by destruction of liver tissue as shown for hepatitis C virus (HCV) (20). The resulting drop in TPO production results in delayed megakaryocyte development and a decrease in platelet production. Other viruses infect bone marrow stromal cells and hematopoietic stem cells, resulting in altered cytokine production and decreased number of progenitor cells, thereby disturbing hematopoiesis (21).

Human immunodeficiency virus (HIV), cytomegalovirus (CMV), and HCV are known to replicate in megakaryocytes (22–24) and many more viruses can interact with megakaryocytes modulating their proliferation and function (23, 25–29). Viral infection of megakaryocytes can increase apoptosis and decreases the maturation and ploidy of megakaryocytes. Moreover, virus-infected megakaryocytes have been shown to express less surface c-Mpl, which is the receptor for TPO (30). An overview on the different mechanisms on how viruses can interfere with platelet production is depicted in **Figure 1**.

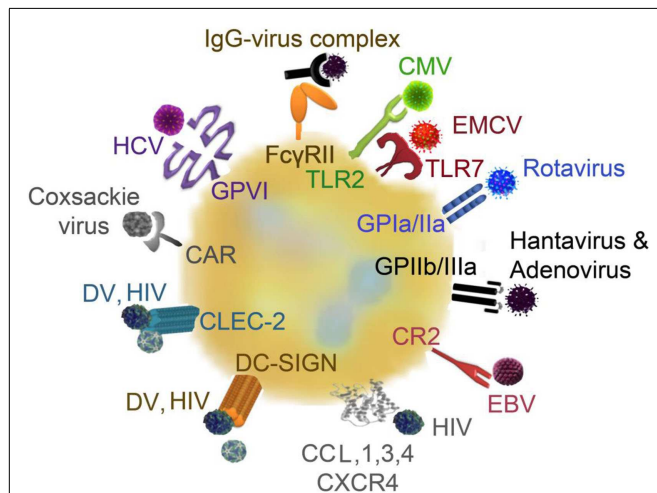
### ENHANCED PLATELET DESTRUCTION

While thrombocytopenia induced by decreased platelet production is observed at later stages of infection, rapidly induced thrombocytopenia in response to viral infections is mediated via enhanced platelet destruction.

The most rapid way of platelet destruction occurs via direct interaction between platelets and viruses. Platelet–virus interaction can occur via a variety of receptors and are mainly mediated by integrins, surface lectins, and TLR (25, 31, 32) (see **Figure 2**). Platelets can bind CMV via TLR2, which triggers platelet activation and degranulation and results in enhanced platelet interaction with neutrophils (32). Encephalomyocarditis virus (EMCV) was recently shown to interact with platelet TLR7, which also leads to platelet degranulation and direct platelet–neutrophil interactions (33). Platelet fragments subsequently get phagocytized by neutrophils, thereby contributing to the drop in platelet count (33).

Rotavirus utilizes the collagen receptor GPIa/IIa to bind to platelets (25, 34), while hantavirus and adenoviruses interact with platelets via the fibrinogen receptor GPIIb/IIIa (35). However, GPIIb/IIIa does not seem to be the unique receptor for platelet–adenovirus interaction, as inhibition of GPIIb/IIIa does not alter platelet internalization of adenoviruses (36). In addition, hantavirus-infected endothelial cells can bind to quiescent platelets via GPIIb/IIIa (37), which results in platelet activation and clearance but might also influence vascular permeability (38).

GPIIb/IIIa is the most abundant platelet integrin and displays bi-directional signaling functions. Inside-out signaling, which is positively regulated by various platelet agonists, is mediated by intracellular protein–protein interactions and biochemical reactions that regulate GPIIb/IIIa affinity (39). These intracellular processes triggering GPIIb/IIIa activation are complex and include recruitment of talin, which separates the GPIIb and the GPIIIa subunits, and kindlins, which are involved in GPIIb/IIIa activation (40) independent of talin recruitment (41). Further, G protein subunit  $G\alpha_{13}$  directly binds to the cytoplasmic domain of GPIIIa and promotes ligand binding to GPIIb/IIIa (42).



**FIGURE 2 | Platelet receptors for viruses: platelets and viruses can directly interact via a plethora of surface receptors.** CMV binds to platelets via TLR2, EMCV interacts via TLR7, rotavirus utilizes GPIa/IIa to bind to platelets and hantavirus and adenovirus interact with platelets via GPIIb/IIIa. EBV–platelet interaction occurs via CR2. HIV and DV bind to lectin receptors such as CLEC-2 and DC-SIGN. HIV further interacts with CXCR4 and CCL3 and CCL5. Platelets express the Coxsackie virus-specific receptor, CAR, and HCV interacts with platelets via GPVI. CAR, Coxsackie-adenovirus receptor; CLEC-2, C-type lectin domain family 2; CCL, chemokine (C–C motif) ligand; CMV, cytomegalovirus; CR, complement receptor; CXCR4, C–X–C chemokine receptor type 4; EBV, Epstein–Barr virus; EMCV, encephalomyocarditis virus; DC-SIGN, dendritic cell-specific intercellular adhesion molecule-3-grabbing non-integrin; DV, Dengue virus; FcγRII, Fc receptor  $\gamma$  II; GP, glycoprotein; HCV, hepatitis virus C; HIV, human immunodeficient virus; IgG, immunoglobulin G; TLR, toll-like receptor;

Outside-in signaling via receptor binding promotes actin polymerization and platelet spreading (39) and can thereby enhance virus attachment to endothelial cells but also promote platelet clearance.

Epstein–Barr virus (EBV) interaction with platelets occurs via complement receptor 2 (CR2) (43). HIV and dengue virus activate platelets by binding to lectin receptors such as C-type lectin domain family 2 (CLEC-2) and cell-specific intercellular adhesion molecule-3-grabbing non-integrin (DC-SIGN) (44). Platelets and/or megakaryocytes can further interact with HIV envelope proteins via C–X–C chemokine receptor type 4 (CXCR4) or via chemokine (C–C motif) ligand (CCL) 3 (MIP-1 $\alpha$ ) and 5 (RANTES) (25). However, HIV-1 changes its co-receptor usage from CCR5 to CXCR4 only after many years of infection and this receptor change represents a switch to non-CD4-dependent platelet activation at late stages of disease.

In addition, platelets express the Coxsackie virus-specific Coxsackie-adenovirus receptor (CAR) (45) and HCV interacts with platelets via collagen receptor GPVI (46).

These direct interactions often result in platelet activation and adhesion of activated platelets to leukocytes. Platelet binding to neutrophils triggers phagocytosis of platelets (33, 47) and platelet activation itself promotes platelet clearance in spleen and liver (48).

However, platelets are not only activated by direct interactions with viruses. Host defense mechanisms in response to viral infections can also lead to platelet activation. For example, many viral infections lead to systemic inflammation, which in turn triggers platelet activation and decreases platelet life span (49). Among others, influenza virus, rhinovirus, and CMV infection result in up-regulation of cytokines, such as interleukin 6 (IL-6), in target cells (50).

Platelets can be activated by these cytokines, leading to platelet–leukocyte interactions, which foster leukocyte and endothelial activation, further amplifying platelet activation and enhancing their clearance by splenic macrophages or Kupffer cells in the liver (45). Monocytes that encounter dengue virus, for example, start generating platelet activating factor (PAF) (51), which is a lipid mediator that triggers platelet activation. This leads to enhanced apoptosis of platelets and accelerates platelet clearance in secondary dengue infection (52).

Several virus infections activate the coagulation cascade via induction of tissue factor (TF) expression in target cells. Generation of thrombin by the activated coagulation cascade causes platelet activation and subsequent clearance via protease activating receptor (PAR) signaling (53). PARs on platelets, endothelial cells, and leukocytes are important modulators during viral infections, which modulate innate immune responses and exert positive and negative effects on TLR-dependent responses (53).

Platelets also recognize viral particles coated with immunoglobulins via their Fc $\gamma$ RII receptor, which results in Fc receptor-mediated platelet activation, aggregation, and platelet clearance (54, 55). Fc $\gamma$ RII-mediated platelet activation depends on IgG and GPIIb/IIIa engagement and involves ADP and thromboxane A<sub>2</sub> (TxA<sub>2</sub>) feedback mechanisms to cause platelet aggregation, which is further enhanced by CXCL4 (56).

Furthermore, B-lymphocyte production of antibodies against some viruses has been shown to interfere with platelet survival. These antibodies, which usually target surface glycoproteins of viruses, show a cross-reactivity with platelet surface integrins such as GPIIb/IIIa or GPIb-IX-V (38). This so called idiopathic thrombocytopenic purpura (ITP) or platelet autoantibody-induced thrombocytopenia has been described for HCV, HIV, CMV, EBV, hantavirus, varicella zoster virus, herpes viruses, and severe acute respiratory syndrome coronavirus (38).

Additionally, platelet destruction in response to viral infections can occur due to disturbed portal vein pressure and enhanced sequestration of platelets by the enlarged spleen as is the case in HCV infection (57).

## MULTIFACTORIAL MECHANISMS LEADING TO THROMBOCYTOPENIA

Thrombocytopenia in response to viral infections is often multifactorial. In viral hepatitis, thrombocytopenia is caused by platelet-specific glycoprotein antibodies (58) as well as by immune complexes bound to the platelet surface (59). In the case of HCV, thrombocytopenia can be reversed using a selective thrombin receptor agonist (60), indicating that coagulation, inflammation, and platelet activation play a role in HCV-induced decrease of platelet count. HCV also indirectly affects megakaryopoiesis (25, 59). HCV-induced liver dysfunction results in a decrease in TPO production, which in turn results in impaired platelet production in the bone marrow (20). The recovery of TPO levels and increase in platelet count following successful liver transplantations in HCV-infected individuals (20) emphasizes the importance of this mechanism in HCV-induced thrombocytopenia. Moreover, portal hypertension leads to platelet activation and shortens platelet survival due to increased splenic platelet sequestration (57). However, treatment aiming at reversing portal hypertension did not always correct thrombocytopenia (20).

Human immunodeficiency virus-induced thrombocytopenia is caused by multiple mechanisms. The effects of HIV on megakaryocyte development were recently reviewed in Ref. (30). In brief, HIV results in impaired survival of bone marrow megakaryocytes and their precursors. HIV also decreases the number and activity of human progenitor cells and decreases megakaryocyte maturation and ploidy. HIV surface glycoprotein gp120 leads to increased megakaryocyte apoptosis *in vitro* due to increased TGF $\beta$  and down-regulation of the proliferation-inducing ligand tumor necrosis factor ligand superfamily member 13 (TNFSF13). Further, gp120 interacts with CD4, which is expressed by immature megakaryocytes, which also express CCR5, and leads to their infection (61). Furthermore, HIV infection of megakaryocytes can lead to reduced TPO receptor (c-Mpl) expression.

In dengue virus infection, platelet production is impaired by suppression of megakaryopoiesis via infection of hematopoietic progenitor cells or indirectly via altered cytokine levels in the bone marrow due to impaired stromal cell function (51). Platelets from patients with dengue infection present signs of activation, mitochondrial dysfunction, and enhanced apoptosis, which may contribute to the genesis of thrombocytopenia



(62, 63). Further, enhanced destruction of platelets occurs due to cross-reaction of platelets with anti-dengue virus antibodies. Dengue virus-induced anti-non-structural protein-1 (NS-1) induces complement-mediated lysis of platelets and thereby further accelerates thrombocytopenia (64). NS-1 can also activate endothelial cells and leads to increased vascular permeability and further platelet activation (65). Dengue virus-infected patients show increased levels of E-selectin on their endothelial cell surface, which promotes adhesion and clearance of platelets (65, 66) as well as enhanced activation of the coagulation cascade (67).

Arenaviruses infection by either lymphocytic choriomeningitis virus (LCMV) or Junin virus results in thrombocytopenia and decreased agonist-induced platelet responses in mice (68, 69). As a consequence, platelet depletion in LCMV-infected mice results in lethal hemorrhagic anemia (68). This effect is caused by diminished platelet responses, rather than solely a drop in platelet count. The underlying mechanism of altered platelet production and reduced platelet reactivity was found to rely on virus-induced production of interferon (IFN)  $\alpha/\beta$  (68, 69). Junin virus mainly infects CD34<sup>+</sup> cells not megakaryocytes but impairs proplatelet formation and platelet release via IFN $\alpha/\beta$  receptor signaling (69). IFN $\alpha/\beta$  receptor signaling represents an important paracrine repressor of megakaryopoiesis, which directly inhibits TPO-induced signaling through induction of suppressor of cytokine signaling 1 (SOCS-1) (70), induction of 2'5'-oligoadenylate synthetase (OAS) (68), and decrease of nuclear factor erythroid 2 (NF-E2) expression (69).

Hantavirus can directly interact with and activate platelets via GPIIb/IIIa (35) and infection of megakaryocytes with hantavirus induces the up-regulation of human leukocyte antigen (HLA) class I molecules on the megakaryocyte surface, which leads to cytotoxic T-lymphocyte-mediated destruction of megakaryocytes (27).

Viruses also possess enzymes, which can modulate platelet functions. For example, Influenza virus exhibits neuraminidase (sialidase), which hydrolyses the terminal sialic acid residues from host cell receptors and thereby decreases the life span of platelets by targeting platelets for rapid clearance in the liver and spleen (71). As another example, mycoviral neuraminidase has been shown to reduce platelet life span by cleaving sialic acid in the platelet membrane (72). Besides the effect on platelet life span, neuroaminidase further alters megakaryocyte ploidy as well as morphology and size of platelets (73). Newcastle virus can directly disrupt platelet cell membrane, resulting in platelet lysis (74). Human parvovirus 19 cannot reproduce in megakaryocytes, but triggers a drop in platelet count via platelet activation (75).

Despite its effects on TPO generation, direct interaction of the non-human SIV with platelets results in platelet-monocyte aggregate formation, which promotes monocyte differentiation into a more inflammatory phenotype. Furthermore, platelet activation triggers clearance of platelets (76, 77) as platelets become recognized by macrophages in the spleen, leading to a rapid drop in platelet count.

It is currently unclear if, and to what extent, viruses or the host could benefit from thrombocytopenia. It has been suggested that down-regulation of hematopoiesis, for example, in dengue virus infection might have a protective role for the microenvironment to limit injury during elimination of infected cells (78).

## ANTIVIRAL EFFECTS OF PLATELETS

Direct interaction between platelets and viruses has been observed in various viral infections and could be proven by *in vitro* studies. The interactions leading to platelet activation do not only result in enhanced platelet clearance, the elimination of virus-laden platelets also contributes to the clearance of virus particles (25).

An overview on the different mechanisms by which platelets can interfere with virus infection is given in **Figure 3**. Platelet activation in response to direct and indirect interaction with viruses results in platelet activation and degranulation. Platelet  $\alpha$ -granules provide platelet-mediated host defense mechanisms, as they contain kinocidins and microbicidal proteins important for antiviral host defense. Kinocidins have immune-modulatory functions including chemotaxis and activation of various immune cells (79). They can differentiate between host and pathogen cell membranes and distinct microbial spectra under different pH conditions. Thrombin, which is produced upon inflammation and injury, can proteolytically cleave kinocidins and platelet antimicrobial peptides resulting in cleavage products with a stronger and broader range of antimicrobial activity (49, 80). Pathogens can also cleave kinocidins on distinct sites, which potentially results in their inactivation.

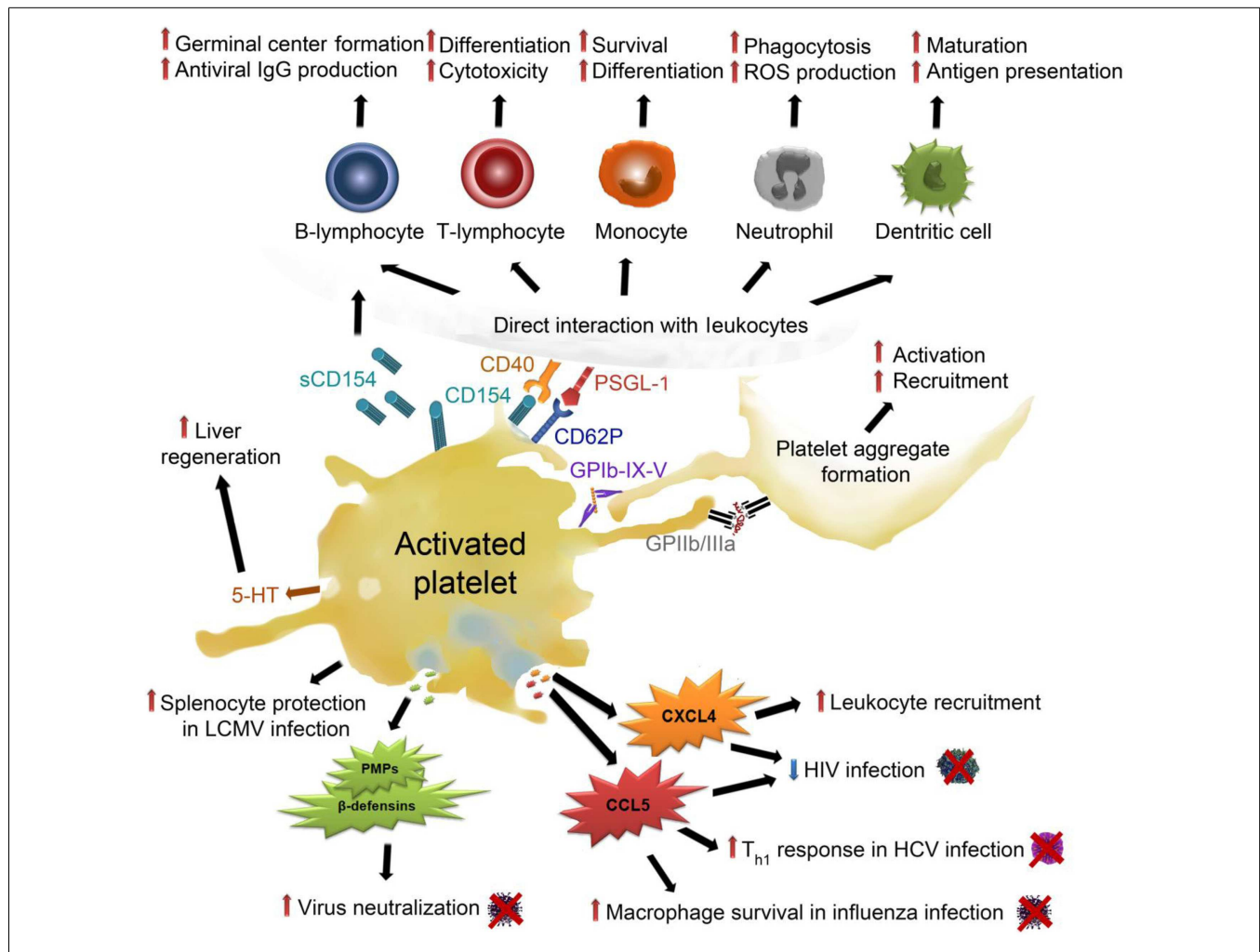
The most abundant platelet kinocidin is platelet factor 4 (PF-4/CXCL4). CXCL4 is released into the blood stream upon tissue injury, inflammation, oxidative stress, or pathogen stimulation such as platelet-virus interactions. CXCL4 has been identified as a broad-spectrum HIV-1 inhibitor and suppresses HIV-1 infection of T-lymphocytes via steric inhibition by binding of CXCL4 proximal to the CD4 binding site on gp120 (81, 82).

Other important chemokine released during viral infections in host defense are CCL5 and CCL3 (83). CCL5 and CCL3 have been identified as major HIV-suppressive factors produced by cytotoxic T-lymphocytes (84) and also platelet-derived CCL5 and CCL3 could play a role in this process. It is currently unclear whether the effect of CCL5 on inhibiting HIV infection is due to perturbation of the viral envelope and/or due to competitive binding to its receptors (primarily CCR5) (79). HIV gp41 is able to decrease CCL5 release from platelets, thereby directly counteracting the antiviral responses of platelets (85). While CXCL4 is mainly platelet-derived, CCL5 can be released by various cell types and indeed, a variety of viruses has been shown to induce CCL5 release [reviewed in Ref. (86)].

CCL5 is further involved in viral lung diseases (87). It represents an important chemokine during the development and resolution of a pulmonary leukocyte response to influenza A virus infection in mice (88). CCL5 interaction with its receptor CCR5 provides an anti-apoptotic signal for macrophages during influenza virus infection (89) and is important for cell survival during viral infections. CCL5 has multifaceted roles in HCV infection, as it modulates inflammatory reactions and tissue injury and also induces the up-regulation of T-lymphocyte helper cells type 1 (Th1) (90).

Upon activation, platelets release  $\beta$ -defensins, which have been shown to neutralize a variety of viruses (91). Platelet antimicrobial peptides PD3 (KNGRKLCDDLQAALY) and PD4 (AALYKKKI-IKKLLES), which are platelet  $\alpha$ -granule-derived molecules, have also been demonstrated to potently reduce viral titers of vaccinia virus (92). Other platelet-derived antimicrobial peptides, for





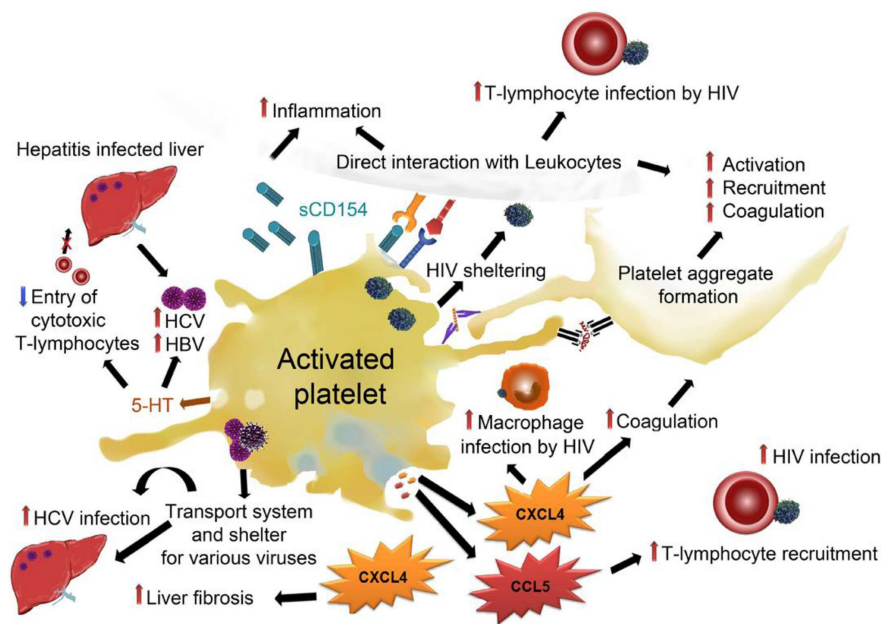
and antiviral IgG production. Platelets trigger T-lymphocyte differentiation and cytotoxicity as well as survival and differentiation of monocytes. In neutrophils, platelet adhesion stimulates ROS production and boosts phagocytosis. Platelet interaction with dendritic cells promotes their maturation and facilitates antigen presentation. Finally, platelet activation results in interaction and activation of further platelets, which triggers platelet aggregation and amplifies the above described processes. CCL5, chemokine (C-C motif) ligand 5; CXCL4, C-X-C chemokine ligand 4, GP, glycoprotein; HBV, hepatitis B virus; HCV, hepatitis C virus; HIV, human immunodeficient virus; IgG, immunoglobulin G; LCMV, lymphocytic choriomeningitis; PMPs, Platelet antimicrobial peptides; PSGL-1, P-selectin (CD62P) glycoprotein ligand-1; sCD154, soluble CD154/CD40 ligand;  $T_{H1}$ , T-helper lymphocyte type 1; 5-HT, serotonin.

example, thymosin beta 4, CXCL7, or cleavage products of antimicrobial peptides (fibrinopeptide A and B, thrombicidins), do not directly act against viral infections but could prevent the host from bacterial super-infections (49).

The highest amounts of serotonin in blood are stored in platelet dense granules, which are also released upon platelet activation. Serotonin was found to be an important mediator of liver regeneration (93, 94) and also mediates early T-lymphocyte stimulation (95).

Platelet degranulation further results in surface expression of P-selectin, which is part of the inner  $\alpha$ -granule membrane, which

fuses with the outer platelet membrane upon granule exocytosis. P-selectin interacts with its counter-receptor P-selectin glycoprotein ligand-1 (PSGL-1), which is constitutively expressed on the surface of leukocytes (96). Platelet interactions with leukocytes mediate immune responses during viral infections (79). Direct interaction with platelets leads to activation of leukocytes, resulting in enhanced phagocytosis and reactive oxygen production of neutrophils, as well as neutrophil extracellular trap formation. The platelet-monocyte interaction results in an increased activation and differentiation and boosts monocyte surface expression of TF and formation of microparticles (96).



**FIGURE 4 | Adverse effects of platelets in viral infections: platelets can shelter viruses like HIV, HVC, HBV, and influenza and facilitate their transportation throughout the circulation, thereby enabling *de novo* infections at distal sites.** Platelet–virus interaction often results in platelet activation and subsequent release of  $\alpha$ -granules and dense granules. CXCL4 from  $\alpha$ -granules has been demonstrated to enhance HIV infection of macrophages and enhance liver fibrosis in hepatitis. CCL5 enhances T-lymphocyte recruitment and thereby promotes HIV infection of T-lymphocytes. Dense granule-derived 5-HT was shown to

boost HBV and HCV infection by decreasing the entry of cytotoxic T-lymphocytes. Direct interaction of platelets with leukocytes facilitates infection of leukocytes and enhances both leukocyte activation and inflammation. Activation of platelets leads to activation and recruitment of further platelets and enhances pro-coagulatory processes. CCL5, chemokine (C–C motif) ligand 5; CXCL4, C–X–C chemokine ligand 4, GP glycoprotein; HBV, hepatitis B virus; HCV, hepatitis C virus; HIV, human immunodeficient virus; sCD154, soluble CD154/CD40 ligand; 5-HT, serotonin.

In response to CMV and EMCV, platelet–virus interaction results in stimulation of TLRs, which trigger platelet degranulation and rapid direct interaction of platelets and neutrophils (32, 33). Of note, platelets were shown to decrease EMCV counts in a TLR7-dependent fashion and contribute to host survival while no pro-thrombotic consequences of platelet TLR7 and EMCV interaction could be observed (33).

Platelets recruit dendritic cells to sites of injury or infection (97) and products released from platelets promote maturation of dendritic cells and enhance their antigen presenting capacity (98, 99).

Platelet–leukocyte interaction and modulation of leukocyte functions can be further accelerated by CD40 ligand (CD40L/CD154) binding to CD40. Platelets express and secrete (soluble) CD154, thereby triggering host responses and boosting inflammation.

Platelets directly interact with T-lymphocytes and B-lymphocytes and modulate their function via direct cell–cell interaction as well as soluble mediators (100). Platelet-released CXCL4 and CCL5 enhance pro- and anti-inflammatory cytokine production of T-lymphocytes (101). CXCL4 represents an important mediator in T-cell differentiation, which leads to an increase in regulatory T-lymphocytes (102) and limits Th17 differentiation (103).

Platelets additionally enhance T-lymphocyte-mediated germinal center formation (104) and they can independently up-regulate adenovirus specific IgGs via CD154 (105).

Binding of IgG-coated viruses causes platelet expression of CD154 and CCL5, which in turn primes protective T-cell-mediated immunity (79). Platelets in mice infected with lymphocytic choriomeningitis virus were found to be responsible for efficient cytotoxic T-cell responses, which depended on platelet GPIIb (CD61) and CD154 (68). T-lymphocyte interaction with platelets also results in the activation of platelets, which amplifies the release of CCL5 (106).

In hepatitis virus B (HBV) infected mice, platelets were shown to be responsible for the intra-hepatic accumulation of virus-specific cytotoxic T-lymphocytes (107) and to mediate cytotoxic T-cell influx into liver tissue via P-selectin, which enhances viral clearance but also tissue damage (108). It was further shown an LCMV infection model that a drop in platelet count leads to necrotic destruction of splenocytes (109). This affects innate and adaptive immunity and leads to uncontrolled LCMV replication (109), indicating that platelets are necessary to maintain splenocyte survival.

#### ADVERSE EFFECTS OF PLATELET ACTIVATION IN VIRAL INFECTIONS

To date, it remains unclear if platelet–virus interactions are beneficial for the host or for the virus. Potential adverse effects of platelets in viral infections are summarized in **Figure 4**. HIV, for example, is internalized by platelets, which results in sheltering of virus particles from the host immune systems and allows dissemination

throughout the entire body [reviewed in Ref. (25)]. Moreover, in response to HIV interaction, platelets become activated and release CCL5, which results in the recruitment of highly susceptible target cells like T-lymphocytes and monocytes. It was demonstrated for influenza virus that platelets serve as a carrier for the virus in the circulation (72). Also HCV has been shown to take advantage of platelets as a safe transport system to reach the liver, where platelet activation further enhances the interaction of platelets and liver cells. This interaction prolongs the time for potential infection of liver tissue by the virus (46).

Virus-mediated activation of platelets and subsequent platelet-derived cytokine release not only protects the host but may also have unwanted implications for the host. While several reports indicate that CXCL4 is a broad-spectrum suppressor of HIV infection, one report indicates that platelet CXCL4 can also facilitate human macrophage infection with HIV-1 and potentiates virus replication (110). Furthermore, CXCL4 has been shown to mediate liver fibrosis in experimental mouse models (111), indicating that this chemokine could play a role in platelet-mediated acceleration of hepatitis-induced liver fibrosis.

Platelet-derived serotonin results in a delayed entry of activated cytotoxic T-lymphocytes into the liver, which slows down virus control and supports virus persistence in the liver (112). This results in aggravation of virus-induced immunopathology.

Megakaryocyte infection and subsequent modulation of platelet function by CMV have been speculated to be a reason for graft failure in allergenic bone marrow transplantation (25).

## BLEEDING AND THROMBOTIC COMPLICATIONS IN RESPONSE TO VIRAL INFECTION

Primary and secondary hemostasis work tightly together. Imbalances of either system result in impaired function of the other. Activation of the coagulation cascade has been observed in various virus infections, including HIV, dengue, and Ebola virus infection, and might provide a host defense mechanism to limit pathogen dissemination (53). Changes in the activation of the coagulation cascade and modulation of platelet count and function, which are also observed during viral infections, lead to an increased risk of disseminated vascular coagulation (DIC), deep vein thrombosis (DVT) thrombosis, and hemorrhage in infected patients (38). Thrombocytopenia is a common result of viral infections and associated with an increased bleeding risk. Approximately 10% of HIV positive patients and up to 60% of patients with acquired immunodeficiency syndrome (AIDS) suffer from thrombocytopenia, which can lead to severe bleedings in these patients (30). In many viral infections, platelet function and aggregation in response to different agonists are diminished (25), causing bleeding complications in viral hemorrhagic fevers (VHF) (51). VHF outbreaks lead to the deaths of thousands of people every year and are caused by different enveloped RNA viruses, which include *Arenaviridae* (e.g., Lassa virus), *Bunyaviridae* (e.g., hantavirus), *Filoviridae* (e.g., Marburg and Ebola virus), and *Flaviviridae* (e.g., dengue virus).

Of note, it was recently shown that a reduction in platelet count of more than 85% is necessary for hemorrhages to occur, indicating that a very low percentage of platelets are sufficient to maintain vascular integrity (109). In an LCMV model, it was

demonstrated that even severe thrombocytopenic mice develop only local hemorrhages at sites of inflammation and that LCMV-dependent bleedings are a result of IFN $\alpha/\beta$  signaling-induced platelet dysfunction (68). Mice lacking functional IFN $\alpha/\beta$  receptor show less severe anemia and hemorrhages due to restored platelet aggregation capacity during LCMV infection (68). This indicates that platelet dysfunction has more tremendous effects than thrombocytopenia in these pathologies. Of note, many VHF viruses inhibit platelet function. Junin virus, causative of Argentinean hemorrhagic fever, induces IFN $\alpha/\beta$  signaling-dependent decrease in platelet production and function (69). Ebola virus also induces an increase in IFN $\alpha$ , which correlated with increased fatality (113). Ebola infection further triggers TF expression, which is associated with Ebola hemorrhagic fever (114). Hantavirus and Lassavirus also abrogate platelet responses via plasma-mediated platelet inhibition and/or direct interaction (37, 115).

Although thrombocytopenia is frequently observed in patients with dengue infections, bleedings are rare. However, if bleedings do occur they are associated with high mortality risk. Of note, in dengue virus-infected patients, platelet count does not predict bleeding risk. However, systemic platelet activation might contribute to the pro-coagulatory state in these patients, which frequently develop DIC (67). Moreover, elevated platelet activation is associated with plasma leakage (116). H1N1 influenza infection enhances activation of circulating platelets (117) and results in increased events of thrombosis (118).

In line with the observation that platelet dysfunction increases the risk of hemorrhages and therefore mortality, it has been demonstrated that pharmacological inhibition of either platelets or the coagulation cascade increases the mortality of H1N1-infected mice (53). Thus, aspirin treatment, which inhibits platelet activation via inhibition of cyclooxygenase and subsequent TxA<sub>2</sub> production, has been hypothesized to have worsened the incidence and severity of the influenza pandemics in the 1910s (119).

Taken together, viruses can either enhance platelet activation resulting in pro-thrombotic events or diminish platelet responses thereby leading to bleeding complications. Platelet count alone does not seem to be sufficient to predict adverse platelet effects and parameters like platelet activation and reactivity might be more accurate to predict thrombotic or bleeding risks in patients.

## PLATELET-VIRUS INTERPLAY IN CARDIOVASCULAR DISEASE

Platelets are responsible for the lethal consequences of cardiovascular disease but emerging evidence suggests that they also play a role in the initiation and progression of atherosclerosis. Several viruses have been associated with cardiovascular disease and herpes simplex virus (HSV), HIV, CMV, HCV, EBV as well as influenza DNA, and/or protein has been found in atherosclerotic plaques (120, 121). Large cohort studies indicate that seropositivity for CMV or HCV represent an independent risk marker for cardiovascular diseases (122, 123), while other studies could not confirm this observation (121). CMV and HCV are further associated with increased graft rejection rates, restenosis following coronary angioplasty and transplant vascular sclerosis, indicating that latent virus re-activates during immunosuppression and contributes to adverse effects (121).

In animal studies, CMV increased T-lymphocyte influx into plaques (124) and neutrophil extravasation, which is further supported in the presence of platelets (32). Influenza virus infection correlates with acute coronary syndromes and myocardial infarction (125), while influenza seropositivity and cardiovascular disease show no clear correlation (121). Animal experiments revealed that influenza triggers inflammatory and thrombotic responses in atherosclerotic plaques (126) and reverses the protective role of high-density lipoproteins (127). Both mechanisms are likely to modulate platelet function and reactivity.

There is some discrepancy regarding the strength of data regarding HSV infection and cardiovascular disease and despite its pro-inflammatory responses, a negative association between EBV infection and cardiovascular disease has been observed.

Moreover, the association between HIV infection and cardiovascular disease remains controversial and anti-retroviral therapy itself alters platelet function (128) and represents an independent risk factor for atherosclerosis (121). Further studies are warranted to evaluate the contribution of platelet–virus interactions in cardiovascular disease.

## CONCLUSION

Platelets and their released products have been reported to directly and indirectly suppress infection but also to support virus persistence in response to certain viruses, making platelets a double-edged sword during viral infections. Platelets are involved in a variety of complications in response to viral infection but also fulfill a pivotal role in retaining adequate host responses. Thrombocytopenia is a common complication in several viral infections and viruses exert various strategies to mediate platelet decay. The question, if thrombocytopenia is a viral strategy to evade immune responses or if it also has host protecting functions, seems to depend on the virus variant and the underlying pathology. Further studies are warranted to fully understand the role of platelets in viral infections and to gain a clear understanding of the effects of anti-platelet therapies in viral infections. These studies will help us to predict the benefit or drawback of platelets and their inhibition during viral infections.

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# Platelets and infections – complex interactions with bacteria

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Platelets can be considered sentinels of vascular system due to their high number in the circulation and to the range of functional immunoreceptors they express. Platelets express a wide range of potential bacterial receptors, including complement receptors, FcγRII, Toll-like receptors but also integrins conventionally described in the hemostatic response, such as GPIIb–IIIa or GPIb. Bacteria bind these receptors either directly, or indirectly via fibrinogen, fibronectin, the first complement C1q, the von Willebrand Factor, etc. The fate of platelet-bound bacteria is questioned. Several studies reported the ability of activated platelets to internalize bacteria such as *Staphylococcus aureus* or *Porphyromonas gingivalis*, though there is no clue on what happens thereafter. Are they sheltered from the immune system in the cytoplasm of platelets or are they lysed? Indeed, while the presence of phagolysosome has not been demonstrated in platelets, they contain antimicrobial peptides that were shown to be efficient on *S. aureus*. Besides, the fact that bacteria can bind to platelets via receptors involved in hemostasis suggests that they may induce aggregation; this has indeed been described for *Streptococcus sanguinis*, *S. epidermidis*, or *C. pneumoniae*. On the other hand, platelets are able to display an inflammatory response to an infectious triggering. We, and others, have shown that platelet release soluble immunomodulatory factors upon stimulation by bacterial components. Moreover, interactions between bacteria and platelets are not limited to only these two partners. Indeed, platelets are also essential for the formation of neutrophil extracellular traps by neutrophils, resulting in bacterial clearance by trapping bacteria and concentrating antibacterial factors but in enhancing thrombosis. In conclusion, the platelet–bacteria interplay is a complex game; its fine analysis is complicated by the fact that the inflammatory component adds to the aggregation response.

**Keywords:** platelet, inflammation, adhesion, infection, cytokine, chemokine, sepsis

## INTRODUCTION

The molecular make-up of platelets, which are specialized in repair and in innate immunity (1–4), makes these “cells” unique blood elements. The recognition of platelets as cells is still controversial, primarily due to their lack of a nucleus. However, the multitude of functions that have recently been attributed to them and that are presented in this manuscript support our decision to consider them as such throughout these studies. The platelet response,

which was once believed to only be involved in hemostasis, is in fact extremely complex and probably adapts when required. In this review, we will address the inflammatory potential of platelets when confronted with pathogenic invasion, and more specifically when it involves bacteria or viruses. We will focus on their ability to directly trigger an immune response, ranging from recognition of the pathogen to the orchestration of its elimination.

**Abbreviations:** Bcl, B-cell lymphoma; C1q, first complement component; CD40L, CD40Ligand; Clf, clumping factor; CTAP3, connective tissue activating protein-3; DIC, disseminated intravascular coagulation; *E. coli*, *Escherichia coli*; Fas, apoptosis stimulating fragment; Fnbp, fibronectin-binding protein; gC1q-R, gC1q receptor; Gsp, glycosylated streptococcal protein; hBD-1, human beta-defensin-1; IE, infectious endocarditis; Ig, immunoglobulin; IL, interleukin; Isd, iron-regulated surface determinant; ITAM, immunoreceptor tyrosine-based activation motif; LPS, lipopolysaccharide; Mac-1, macrophage-1 antigen; mRNA, messenger RNA; MSCRAMM, microbial surface components recognizing adhesive matrix molecules; NET, neutrophil extracellular trap; NO, nitric oxide; NOS, nitric oxide synthase; OCS, open canalicular system; *P. gingivalis*,

*Porphyromonas gingivalis*; PAF, platelet-activating factor; PAFR, platelet-activating factor receptor; PAR, protease-activated receptor; PF4, platelet factor-4; PMP, platelet microparticles; PmP, platelet microbicidal proteins; PS, phosphatidylserines; RANTES, regulated on activation, normal T cell expressed and secreted; ROS, reactive oxygen species; *S. aureus*, *Staphylococcus aureus*; *S. epidermidis*, *Staphylococcus epidermidis*; *S. gordonii*, *Streptococcus gordonii*; *S. pyogenes*, *Streptococcus pyogenes*; *S. sanguinis*, *Streptococcus sanguinis*; sCD40L, soluble CD40L; Sdr, serine–aspartate dipeptide repeat; SEB, staphylococcal enterotoxin B; SrpA, serine-rich protein A; SSL, staphylococcal superantigen-like; TLR, Toll-like receptor; TNF, tumor necrosis factor; Tx, thromboxane; vWF, von Willebrand factor; ΔΨm, mitochondrial membrane potential.

## PLATELETS AND BACTERIAL INFECTIONS

### PLATELETS AT THE INTERFACE BETWEEN BACTERIAL INFECTION AND THROMBOSIS

#### Example of infectious endocarditis

Cardiovascular diseases, although varied, may have infectious origins, as was described by Beynon et al. concerning infectious endocarditis (IE) (5). The main bacterial agents involved in IE are *Staphylococcus aureus*, *Streptococcus sanguinis*, and *Streptococcus gordonii* (*S. gordonii*). According to epidemiological studies, bacteremia that leads to the development of this disease may be the consequence of a local intervention, but there may be a more distant origin such as the recurrent administration of a drug or a surgical dental procedure.

By creating an inflammatory environment, bacteria adhere to the valvular endothelium and increase its permeability, thus leading to the exposure of subendothelial tissue factors. The circulating platelets then adhere to the subendothelium, and their hemostatic activation causes the formation of a thrombus, which can then lead to arterial ischemia, and even pulmonary embolism (6). IE is therefore a disease that links inflammation and hemostasis, though it was long accepted that platelet activation occurred indirectly.

In IE, analysis of a newly formed thrombus in the myocardium showed the presence of bacteria inside the platelet clot (7). The first hypotheses suggested that this bacterial presence stabilized the platelet clot due to the activity of bacterial enzymes specialized in coagulation [coagulase for *S. aureus* (8) or the “clumping factor” (Clf) for the other staphylococci (9)], although without direct participation in platelet activation.

In sepsis, microthrombi form in the blood capillaries (10). As with IE, this phenomenon was attributed to the inflammatory environment that promoted platelet aggregation. The study by Osterud et al. also supports this hypothesis, since the authors show that in severe sepsis, the circulating monocytes show an increased expression of tissue factors, which thus support platelet aggregation (11).

Beginning in 2005, publications describing the role of platelets in immunity put prior observations related to the direct interaction of platelets and bacteria back in the spotlight (12). They then suggested that the binding of bacteria to platelets should even be considered a factor in the immune response. Today, the growing number of studies based on the inflammatory potential of platelets show that these cells express a variety of receptors, soluble molecules, and signaling factors (both hemostatic and inflammatory), enabling them to secure their position as direct effectors of antibacterial defense. This function is presented in the following sections.

#### Inflammatory and thrombotic role of platelet microparticles

Platelets also form the link between thrombosis and inflammation through the production of microparticles. Platelet microparticles (PMP) are phospholipid vesicles (100–1000 nm) that are released after budding from the platelet plasma membrane. As a result, PMP express the same antigens as their parent cells, i.e., GPIIb–IIIa, GPIb, CD31, CD61, and CD62P. This distinguishes them from microparticles derived from other cell types (red blood cells, leukocytes, monocytes, endothelial cells). PMP thus make up between 70 and 90% of the circulating vesicles. PMP differ from exosomes

by their size, but also due to the fact that they are not derived from exocytosis of multivesicular bodies (13).

Platelet microparticles are released by the activated platelets in apoptosis or senescence. A central factor in the induction of this event is the detachment of the actin cytoskeleton from the plasma membrane, which occurs primarily through the increase in intracellular calcium concentration. The calcium then interacts directly with the proteins involved in proteolysis of the cytoskeleton, such as calpain (14, 15). The formation of PMP may also occur independent of calcium, in which case it involves the C5B–9 complement factor and activation of protein kinases, such as calmodulin (16).

Bacterial infection also appears to be a source of PMP formation. This has already been well described during the involvement of platelet Toll-like receptor (TLR) 4 (17–19) but also in response to the Shiga toxin (20).

Platelet microparticle formation results in an asymmetrical distribution of the membrane phospholipids. The circulating PMP thus express phosphatidylserines (PS), which are highly pro-coagulant phospholipids, on their surface (21). PMP also express tissue factor, the major initiator of the coagulation cascade (22–24). PMP have also been described as a surface that enables the *in vitro* generation of plasmin; this ability was not found in microparticles isolated from endothelial cells (25).

Platelet microparticle are also capable of issuing immunomodulatory factors, such as regulated on activation, normal T cell expressed and secreted (RANTES) (26), interleukin (IL)-1 $\beta$  (18), and CD40Ligand (CD40L) (27), and can also modulate the activation of inflammatory cells such as neutrophils (28, 29). PMP even seem to be able to exert their pro-inflammatory activity outside of the blood compartment (30). The pro-inflammatory function of PMP is referred to in greater detail throughout this manuscript.

Finally, the proportion of PMP in the circulation is increased in some illnesses, such as cardiovascular disease (22), sepsis (31), or HIV infection (32), which suggests they may be involved in the pathophysiology of these diseases.

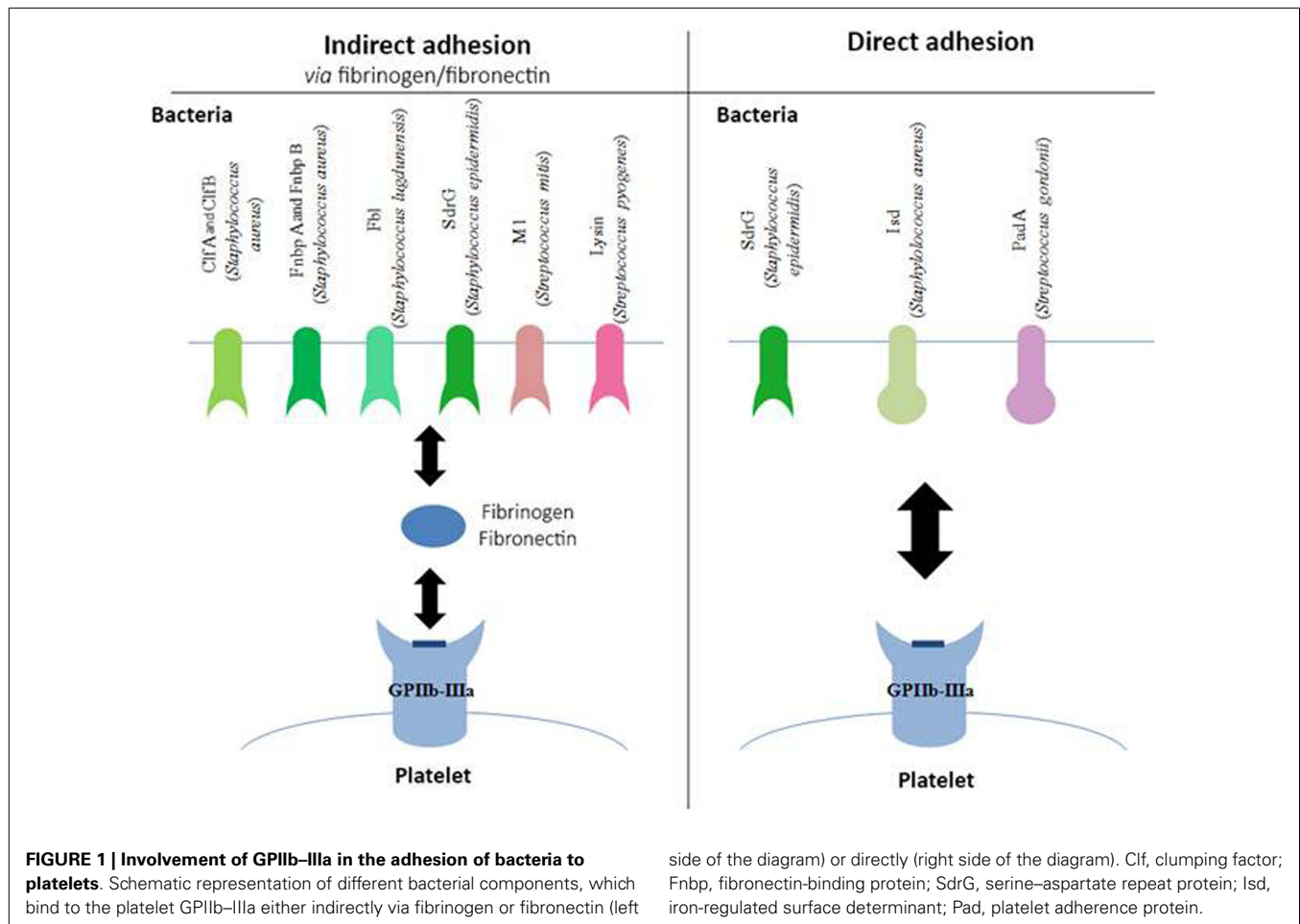
### MECHANISMS OF INTERACTION BETWEEN PLATELETS AND BACTERIA

Three mechanisms of interactions between bacteria and platelets have been described to date: (1) the indirect binding of bacteria to a plasma protein, which itself is a ligand of a platelet receptor; (2) the direct binding of bacteria to platelet receptors; and (3) the binding of secreted bacterial products, particularly toxins, to platelets. The mechanisms of interaction are made more complex by the diversity of platelet receptors involved in bacterial recognition.

#### Role of glycoprotein IIb–IIIa

In addition to ensuring their usual function in hemostasis, the platelet glycoproteins play a role in the adhesion to bacteria. The first platelet receptor identified as such was GPIIb–IIIa. This integrin, specifically from the megakaryocyte cell line, is the receptor for fibrinogen. Its involvement results in adhesion and platelet aggregation (33, 34).

*Staphylococci* express surface receptors that are specific for fibrinogen and fibronectin (Figure 1). These are surface proteins characterized by regions rich with serine–aspartate repeats,



belonging to the microbial surface components recognizing adhesive matrix molecules (MSCRAMM) family (35). These molecules enable bacteria to adhere to tissues, a critical step in the establishment of infection. Some of the most common examples of MSCRAMM are found in *S. aureus*: ClfA (36), ClfB (37), fibronectin-binding protein (Fnbp) A, and FnbpB (38). *Staphylococcus lugdunensis* binds to fibrinogen via its Fbl protein, which is 58% identical to ClfA (39).

The binding of *Staphylococcus epidermidis* was long unknown, even though it had already been shown that trypsin treatment in a culture of *S. epidermidis* prevented its adhesion to platelets (40), suggesting the involvement of a membrane factor. In 2009, Brennan et al. showed that serine-aspartate dipeptide repeat (Sdr) G proteins expressed on the surface of *S. epidermidis* are necessary for the adhesion of bacteria to platelets via fibrinogen (41).

Even though these various MSCRAM are highly similar proteins, they bind to fibrinogen via different binding sites. ClfA and Fbl, as well as FnbpA and B, bind to the C-terminal region of the fibrinogen  $\gamma$ -chain. ClfB has its binding site on the C-terminal region of the fibrinogen  $\alpha$ -chain, and SdrG on the  $\beta$ -chain. Other types of bacteria can also bind to fibrinogen, particularly *Streptococcus pyogenes* (*S. pyogenes*) via the M1 protein, and *Streptococcus mitis* via the enzyme, lysine (42).

More recently, bacteria have been described that also express surface proteins, enabling them to bind directly to GPIIb-IIIa, independent of fibrinogen (Figure 1). Such is the case for SdrG from *S. epidermidis*, which in addition to binding fibrinogen, can also directly target the platelet glycoprotein (41).

*In vivo*, *S. aureus* must find a source of iron that will enable it to grow and ensure its pathogenicity. To do so, it expresses iron-regulated surface determinant (Isd) proteins that are capable of binding the heme from hemoglobin and internalizing it. Yet, it has been shown that IsdB in particular can bind to GPIIb-IIIa in the absence of plasma protein. This adhesion is inhibited in the presence of platelets that have been pre-incubated with anti-GPIIb-IIIa antibodies, and in bacterial strains mutated for IsdB, confirming the specificity of the binding (43). *S. gordonii* also expresses a platelet adherence factor that has been recently described, platelet adherence protein A (PadA), and for which no other known function has been found to date (44).

The binding site(s) involved with GPIIb-IIIa have still not been mapped; however the use of peptides mimicking the arginine-glycine-aspartic acid chain, the ligand usually described for the involvement of the glycoprotein in hemostatic conditions, prevents the direct attachment of bacteria on platelets (42). This



observation suggests that the bond may be the same type as with fibrinogen.

### Role of glycoprotein Ib $\alpha$

GPIb $\alpha$  is a membrane glycoprotein and is also only found in the megakaryocyte cell line. It belongs to the family of leucine-rich repeat proteins. It is capable of binding several ligands and is essential in primary hemostasis through its high affinity with von Willebrand factor (vWF). It is important to remember that GPIb $\alpha$  is found as a complex with GPIb  $\beta$ , GPIX, and GPV at a ratio of 2:2:2:1 (34).

It has been shown that several species of *Streptococcus* are able to bind directly to GPIb $\alpha$  (Figure 2). This interaction involves a family of highly glycosylated, serine-rich bacterial proteins. This family includes serine-rich protein A (SrpA) from *S. sanguinis* (45), as well as glycosylated streptococcal protein B (GspB) and hemagglutinin salivary antigen (Hsa) from *S. gordonii* (46). These bacterial proteins, which are highly similar, bind to the sialic acids of the host's receptors. The staphylococcal accessory regulator (Sar) P protein expressed by *S. aureus* also allows adhesion to platelets (47). The fact that SrpA and GspB are molecularly very close has led to the hypothesis that the SrpA–platelet bond could involve GPIb $\alpha$ .

Bacterial proteins are capable of binding to vWF, although they are fewer than those binding to fibrinogen (Figure 2). It has been

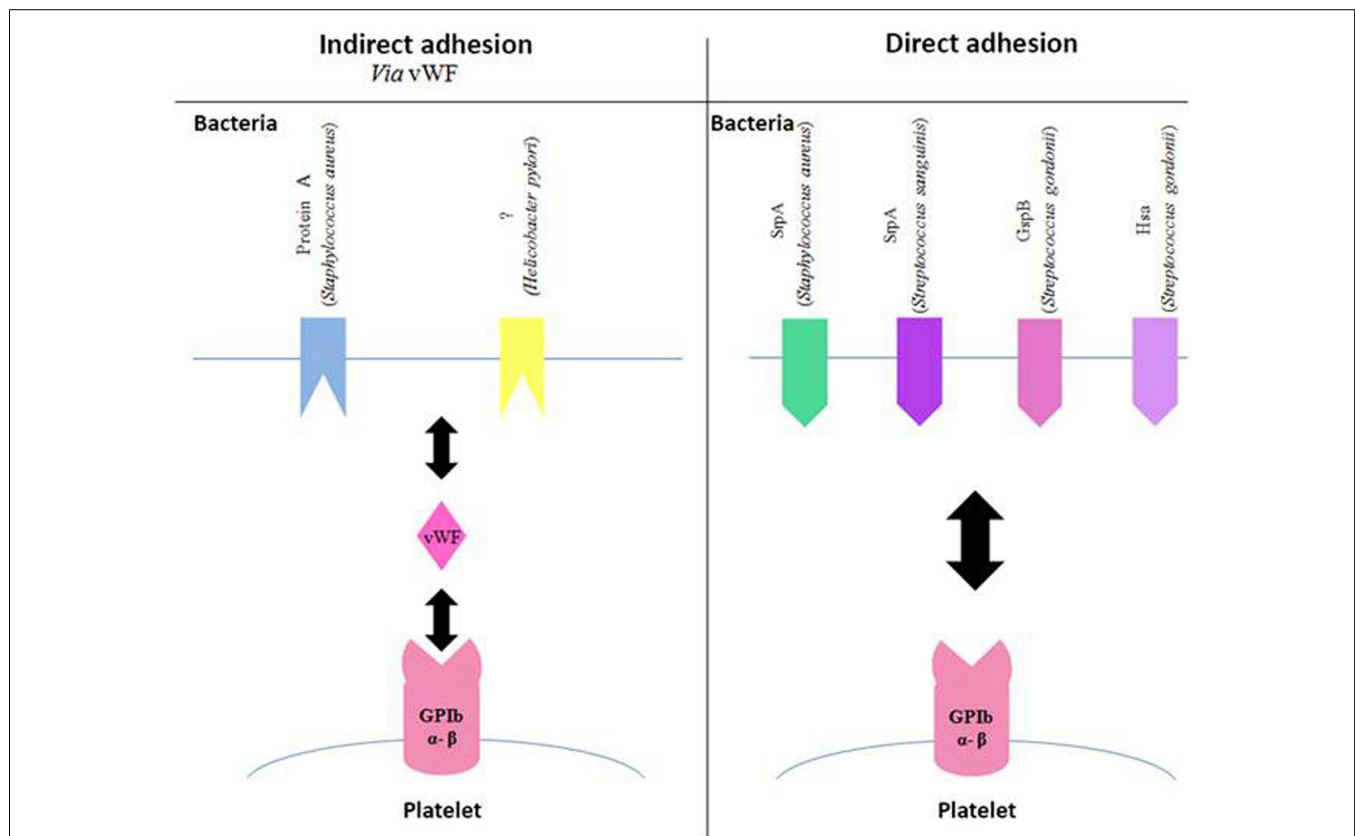
shown that protein A from *S. aureus* is capable of binding to vWF (48–50), which in turn interacts with GPIb  $\beta$ . The same applies to a surface protein of *Helicobacter pylori*, though it has still not been completely characterized. This study on the platelet–bacteria interaction involving vWF shows that if vWF is already bound to bacteria, it does not require shear forces to adhere to GPIb  $\beta$  (51).

### Complement receptors

The literature describes platelets' ability to interact with the complement system. This is mainly observed in activated platelets, thereby allowing their clearance, but also in platelets in a pathological environment (Figure 3). For example, C5b–9 is found at detectable levels on the surface of platelets in 14% of patients with coronary artery disease. From a molecular perspective, complement is capable of activating platelets by inducing the expression of pro-coagulant factors, such as prothrombinase complex, on the surface of the cells (52).

Complement proteins also interact with bacteria both through the conventional pathway and the alternative pathway (53, 54). *S. sanguinis* for example induces platelet aggregation involving complement (55). ClfA and ClfB from *S. aureus* also induce aggregation that is dependent on complement (56).

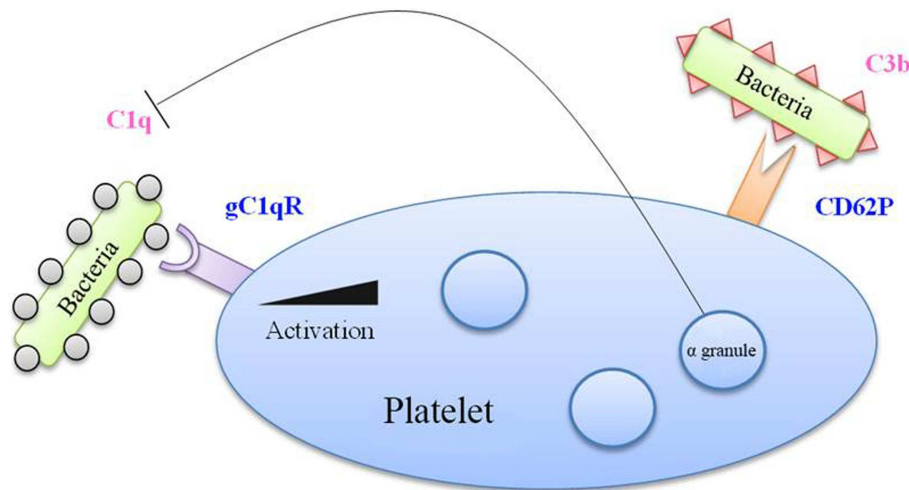
Platelets express gC1q-R, the receptor of C1q, and could thus serve as a receptor for bacteria coated with these complement factors. Following platelet activation, the expression of gC1q-R on the



**FIGURE 2 | Involvement of GPIb in the adhesion of bacteria to platelets.**

Schematic representation of different bacterial components, which bind to the platelet GPIb either indirectly via the von Willebrand Factor (vWF, left side

of the diagram) or directly (right side of the diagram). Gsp, glycosylated streptococcal protein; Srp, serine-rich protein; Hsa, sialic acid-binding hemagglutinin.



**FIGURE 3 | Complement factors in bacterial binding to platelets.** Bacteria coated with C1q factor recognized by the gC1q receptor (gC1q-R) on platelet membrane, which is overexpressed upon platelet activation. Moreover, the

CD62P marker, expressed by activated platelets, is able to recognize the C3b factor. Besides, alpha-granules contain a C1q inhibitor, which limits the interaction between C1q and gC1q-R.

platelet surface is significantly increased (57). Platelet activation also leads to the increase of CD62P at the membrane, which has been reported to bind C3b, another complement protein (58).

This interaction of platelets with complement can be bivalent. On the one hand, platelets can assist in the destruction of bacteria by increasing the activity of complement, but since they bind complement proteins, they themselves can become the target of complement's lytic activity. This is notably what occurs in the case of thrombocytopenic purpura (52). Platelets however possess a C1 inhibitor in their  $\alpha$ -granule, which, during platelet stimulation, would enable complement activation to be modulated (59).

This concept of platelet–bacteria binding by complement molecules involves a mechanism that is more immunologic than hemostatic, which therefore highlights the dual function of platelets.

### **Fc $\gamma$ RIIa receptor**

The expression of this immune receptor, which recognizes the Fc domain of immunoglobulin (Ig)G, is typically described for phagocytes, such as neutrophils and monocytes. Fc $\gamma$ RIIa enables the binding and internalization of immune complexes involving IgG, whether soluble or cellular. This mechanism is regulated by the fact that complexed IgG have a strong affinity for the receptor, while it is very weak for monomeric IgG (60).

Blood platelets also express Fc $\gamma$ RIIa (61), and it is the only type of Fc $\gamma$  receptor that has been described on platelets to date. One of the first functions associated with platelet Fc $\gamma$ RIIa involves its role in the pathophysiology of autoimmune disorders. In cases of heparin-induced thrombocytopenia, Reilly et al. described autoantibodies that recognized the platelet factor-4 (PF4)–heparin complexes binding to the platelet Fc $\gamma$ RIIa. The involvement of the receptor then results in strong hemostatic activation, followed by clearance of the activated platelets (62).

Immunoglobulin G bound to bacteria are also capable of being taken by this platelet receptor. As with leukocytes, the immune

complexes that bind Fc $\gamma$ RIIa can even be internalized by the platelets (63).

The stimulation of other platelet receptors by bacteria very often requires the simultaneous involvement of Fc $\gamma$ RIIa in order to obtain an effective platelet response. This suggests a link between the involvement of Fc $\gamma$ RIIa and the mechanisms of aggregation.

On average, platelets express approximately 5,000 copies of Fc $\gamma$ RIIa (42). Considering the large number of circulating platelets, these are thus the richest reservoir of Fc $\gamma$ RIIa, and indeed, they are therefore a significant cell in the antibacterial platelet response.

### **BACTERIAL TOXINS**

Bacteria may also secrete toxins that are capable of activating platelets. *Porphyromonas gingivalis* secretes a family of cysteine proteases called gingipains. These toxins are capable of recognizing the platelet protease-activated receptor (PAR) 1 and cleave it in a manner similar to that of thrombin, thereby making it functional (64).

Alpha-toxin, expressed by strains of *S. aureus*, binds to the lipid bilayer membrane of platelets to form a pore, followed by a flow of calcium, similar to that induced by calcium ionophore (65). Other toxins capable of forming pores on the platelet surface have also been described. These include streptolysin O from *S. pyogenes* (66) and pneumolysin from *Streptococcus pneumoniae* (67).

*Staphylococcus aureus* and *S. pyogenes* produce a superfamily of toxins called staphylococcal superantigen-like (SSL) toxins, which have a known superantigenic effect. Of them, SSL5 interacts directly with GPIIb $\alpha$  via the sialyl lactosamine residues that terminate its glycan chain. This toxin also has a direct affinity for GPIV (42).

### **EFFECTS OF BACTERIA ON PLATELET FUNCTION**

Most studies focusing on the adhesion of bacteria to platelets show that it is a result of aggregation. The scope of this manuscript does

not include coagulation; only the characteristics of aggregation and inflammation after bacterial contact are addressed.

### INTERNALIZATION OF BACTERIA

During systemic bacterial infection, pathogens are generally captured by phagocytes. When Clawson studied the interaction between platelets and bacteria in the 1970s, he occasionally observed the internalization of *S. aureus* in some platelets (12, 68, 69). Youssefian et al. (70) confirmed these observations, which concerned the internalization of *S. aureus* in particular. Electron microscopy photographs show the internalization of *S. aureus* in platelets, within vacuoles that are independent of the open canalicular system (OCS), suggesting active internalization.

Platelets have a better capacity for internalization when they are activated by a conventional agonist [adenosine diphosphate (ADP) or thrombin], which underscores a common mechanism between activation and internalization. Immunohistochemical labeling of vacuoles containing *S. aureus* shows the presence of CD62P and GPIIb–IIIa, but not GPIb, the phenotype that corresponds to that of an activated platelet membrane. The vacuole may therefore be formed through invagination of the plasma membrane (endocytosis) after activation.

A Japanese team confirmed the internalization of *S. aureus* in platelets but only after activation of the latter by ADP. The same study shows that *P. gingivalis* can also be internalized in platelets. There appears however to be a different mechanism of internalization at work in both bacteria. Indeed, *P. gingivalis* is capable of inducing it alone, without the addition of another platelet agonist, as the platelet aggregates are adequate for internalization of the bacteria (71).

*Staphylococcus aureus* and *P. gingivalis* share a common element with regard to internalization, as both types of bacteria are internalized in the vacuoles independent of the OCS (71). Although the final result is the same, it is thus possible that Gram-positive and Gram-negative bacteria may have different internalization mechanisms, suggesting that one of them has an additional molecule promoting its internalization. It must be emphasized that on the pictures from the study by Li et al., the presence of some *P. gingivalis* cells at the OCS may be explained by passive trapping of bacteria during platelet aggregation (71).

Platelet FcγRII may also initiate the internalization of IgG–pathogen complexes (63). One study indeed shows that platelets are capable, after involvement of FcγRII, of internalizing polystyrene beads (0.5–1.5 μm diameter) covered with IgG. This internalization is inhibited by cytochalasin D, suggesting the need to remodel platelet actin for bacteria to be internalized (72).

There remains a question as to the outcome of the internalized bacteria. White et al. reviewed arguments favoring the inability of platelets to degrade/kill bacteria. Their main argument is the absence of phagolysosomes in platelets (73). The internalization of bacteria in platelets would enable them to escape the immune system. Platelets could however use another pathway for destroying bacteria. Indeed, the endosome containing the pathogens has the ability to merge with the alpha-granules containing many bactericidal molecules (70). Finally, it is possible for *Escherichia coli* (*E. coli*) to be destroyed by platelets via internalization by FcγRII, provided that the bacteria have first been opsonized by IgG (72).

The fate of the bacteria internalized in the platelets thus remains a subject of discussion, being either a means of defending the host or an escape mechanism for the bacteria. Without progressing to internalization however, adhesion of the bacteria or bacterial products on the platelet surface is sufficient for inducing a defense response from the platelets. The main reactions are described in the following section.

### PLATELET ACTIVATION BY BACTERIA

#### Effect on aggregation

Since bacterial binding to platelets includes receptors that are also involved in hemostasis, some data show aggregation to be dependent on bacteria. Bacteria that indirectly use GPIIb–IIIa (via fibrinogen or fibronectin) bring about aggregation similar to that observed with other fibrinogen-coated surfaces (42). However, when there is direct adhesion between the bacteria and GPIIb–IIIa, a different mechanism is used, and aggregation induction is often controversial in the literature. *S. gordonii*, for example, which binds directly to GPIIb–IIIa through its PadA protein, does not induce aggregation (44), potentially due to a weaker affinity for the receptor.

Bacteria that bind to GPIb via vWF can (contrary to soluble or immobilized vWF) cause aggregation in the absence of shear force. This is the case for *S. sanguinis* and *S. gordonii*, which bind to platelets through their SrpA and GspB proteins, respectively. Deletion of these two proteins completely eliminates this aggregation (42). These bacterial components are capable of substituting for the shear forces, particularly by themselves ensuring platelet rolling.

For other bacteria, *S. pyogenes* and *S. aureus* in particular, shear forces are not necessary to induce the thrombus formation, but the observed aggregation may involve other platelet proteins. The hypothesis issued by Cox et al. is that the binding of bacteria to GPIb might bring them close to functional platelet receptors such as FcγRIIa or GPIIb–IIIa (42).

After stimulation by *S. sanguinis*, which involves GPIb, the platelets release the contents of their dense granules that contain vasoactive substances, including the adenosine nucleotides, adenosine triphosphate (ATP) and ADP. Once released, ATP is taken by the ecto-ATPases present on the surface of *S. sanguinis* and hydrolyzed to ADP. The newly formed ADP, as well as that released previously, will bind to their platelet receptor. The P2Y pathway is therefore involved (42).

The use of aspirin during the adhesion of *S. sanguinis* to platelets totally inhibits aggregation, also suggesting the role of cyclooxygenase and the production of thromboxane (Tx)A<sub>2</sub>. The platelets exposed to *S. sanguinis* produce TxA<sub>2</sub>, and the TPα receptor then amplifies platelet activation by binding the newly released TxA<sub>2</sub>.

Platelet activation induced by *S. sanguinis* may also involve the MAP kinase pathways. McNicol et al. recently showed that MAP kinases Erk2 and p38 underwent the triphasic stages of phosphorylation/dephosphorylation observed in other phosphoproteins. Aspirin has no effect on phosphorylation and dephosphorylation of Erk2 but is able to inhibit its rephosphorylation stage (74).

There is little data available concerning platelet signaling related to the adhesion of *S. aureus*. Cox et al. showed that during the

interaction of *S. aureus* with platelets, the induced aggregation is dependent on the cyclooxygenase and Tx pathways (75). This study focused mainly on the mechanisms of interaction, and therefore further details on the intracellular mechanisms were not provided.

Several studies on platelet aggregation after bacterial adhesion have also highlighted the need for FcγRIIa involvement if there is to be an effective response (42). However, FcγRIIa functioning could differ from that which is usually described, since, although the observed aggregation requires FcγRIIa, IgG does not seem to be essential (76). The colocalization of FcγRIIa with GPIIbα during bacterial stimulation might be the first step in signal transduction (76, 77).

One of the most accepted hypotheses concerning the alternative role of FcγRIIa is based on platelet remodeling, since the GPIIb sequence that binds to FcγRIIa (R542G543R544) is the same that binds to actin during platelet activation (77).

A similar type of study was conducted on FcγRIIa and GPIIb–IIIa. Newman et al. showed that Src residue from GPIIb–IIIa, capable of ensuring a role of tyrosine kinase, phosphorylates the immunoreceptor tyrosine-based activation motif (ITAM) residue of FcγRIIa and thus amplifies the platelet activation signals (78). Phosphorylation of the ITAM motif may take place within 30 s following contact, which shows that secondary signaling pathways can be established very quickly.

Aggregation induced by bacteria is different from that observed with the conventional ADP, ATP, and thrombin platelet agonists. It is “binary” aggregation, meaning that aggregation is not observed below a certain bacterial density, and aggregation is already at a maximum when above that density (79).

The lag time required before the appearance of aggregation is another parameter that differs according to whether the platelet stimulation is bacterial or not. This lag time is generally longer with bacterial stimulation than with hemostatic activation. Although about 10 s are needed with a hemostatic agonist, some bacteria can have a very quick lag time of 90–120 s, while others may need more than 20 min before inducing platelet aggregation. Increased bacterial density can decrease this time to a limited extent (79). Several hypotheses have been proposed to explain the lag time variations according to the bacteria: (1) the time required for platelets to bind bacteria, particularly if it done indirectly; and (2) activation of the receptor, which may not be as strong.

Bacteria-induced platelet aggregation nevertheless remains controversial, and several studies show that bacterial stimulation may not result in aggregation but a more targeted inflammatory response [chemokines release, leukocyte activation, neutrophil extracellular trap (NET) formation]. Based on current knowledge, particularly on platelet TLR, other platelet responses to bacteria, in addition to aggregation, may include the release of adapted molecules.

#### **Effect on the release of immunomodulatory factors**

Platelets possess many bioactive molecules in their alpha-granules, including cytokines/chemokines, which are released during their activation and enable them to act during the immune response (80, 81). The Canadian team that partners with our laboratory and studies intraplatelet signaling after *S. sanguinis* stimulation also performed a study on the secretion of platelet cytokines. Four

strains of *S. sanguinis* and one of *S. gordonii* were used for the study.

The observation of aggregation and phosphorylation of signaling molecules such as PCg2 and Erk confirms the pro-thrombotic role of streptococci and also shows the release of RANTES, PF4, soluble (s)CD40L, and platelet-derived growth factor (PDGF-AB). CD62P is only released in the presence of one strain of *S. sanguinis* (82). Another study had also shown that platelets were capable of releasing soluble CD40L (sCD40L) and RANTES after stimulation with IgG-bead complexes, with the absence of aggregation and a very weak expression of CD62P (72).

Epinephrine, known to stimulate fibrinogen binding and aggregation (83), causes the opposite effect on the release of platelet cytokines. The mechanism of inhibition used is unknown but could be linked to the activation of type 3 nitric oxide synthase (NOS) after involvement of the β<sub>2</sub> adrenoreceptors; the resultant generation of nitric oxide (NO) and cGMP has already been described in platelet activation inhibition (82). This clearly demonstrates that platelet aggregation and exocytosis of immunomodulating molecules are two independent functions.

One other platelet cytokine that is important in the antibacterial response is PF4. In heparin-induced thrombopenia syndrome (HIT syndrome), PF4 links to heparin through its positive charge, and together they form a neoantigen that is recognized by IgG. Likewise, soluble PF4 can bind to bacteria and thus form a new recognition site for IgG and the effector immune cells (84). This is particularly seen in Gram-negative bacteria, since PF4 presents an affinity for bisphosphorylated lipid A of lipopolysaccharide (LPS) bacteria. The newly formed complex is taken up the phagocytic cells. Platelet PF4 might thus facilitate the clearance of certain bacteria.

Finally, CD40L is the lead immunoregulatory molecule of platelets. It has been found that over 95% of plasma sCD40L originate from platelets (85). By comprising the main source of this molecule, platelets become an indisputable immunoregulatory factor; they participate both in the activation of the effector cells of innate immunity and that of adaptive immunity, since CD40L is involved in immunological synapses, as well as in class switching of B lymphocytes.

Following platelet activation, CD40L is first exposed to the membrane in trimeric form (the biologically most active form) and is then cleaved by proteolytic activity. Matrix metalloprotease (MMP)-9 is currently thought to be the most likely candidate. It should also be pointed out that the soluble form of platelet CD40L may also have an autocrine effect due to the presence of CD40 on the platelet surface (4, 86).

The involvement of CD40L in the full range of platelet functions is substantiated throughout this manuscript. This molecule is particularly implicated in the platelet response to bacteria, since the involvement of platelet TLR-2 (87–91) and TLR-4 (87, 88, 90–99) by means of their bacterial ligands, can specifically modulate the release of sCD40L. As with leukocytes, the following triad is thus observed: bacterial stimulation–platelet–detected release of immunoregulatory molecules. Hence, the role of platelet sCD40L in the pathophysiology of sepsis is an expanding field of study.

The platelet immunoregulatory molecules presented above are of great interest in the context of the immune system activation,

leading to bacterial elimination. The growing number of studies on the interaction of bacteria and platelets shows that platelets can also directly influence the elimination of microorganisms through the release of bactericidal molecules.

### Release of antibacterial platelet molecules

Kraemer et al. recently showed that platelets incubated with *S. aureus* limit the growth of this microorganism (100). The smallest platelet concentration for obtaining a bacteriostatic effect may even be possible to determine, though this would vary depending on the bacterial species. A 2013 study conducted on 17 volunteers was able to determine a critical platelet concentration for pathogens from the human oral cavity: *E. faecalis* (resistant or non-resistant to vancomycin), *C. albicans*, *S. agalactiae*, *S. oralis*, and *P. aeruginosa* (101). It should be noted that the growth of *P. aeruginosa* was not inhibited by platelet-rich plasma (PRP).

Despite these very recent studies, the first demonstration of the antibacterial role of platelets occurred very long ago. As Yeaman recounts in his literature review on the subject, Fodor already reported in 1887, the bactericidal effect of heated sera (102). The thermostable molecule involved was then identified and named  $\beta$ -lysine. Its platelet origin is based on the fact that it is released in coagulated plasma and is not found in the other blood cells.

Yeaman et al. were particularly interested in this platelet function and established terminology that classified these antimicrobial platelet molecules as platelet microbicidal proteins (PmP) (102), also known as thrombocidins. PmP, of which there are two (PmP1 and PmP2), are released under the induction of thrombin or bacteria, and differ from classically described defensins by their molecular mass, their sequence, and the chaining of lysine and arginine residues, which gives them a cationic charge. To become functional, these molecules must be cleaved by thrombin; the two sub-units then act in an autonomous but complementary manner by alternating the permeability of the bacterial wall (102).

The platelet signaling pathways that lead to the release of PmP depend primarily on the ATP/ADP pair and the P2 receptors. The signal is amplified through the release of ADP, and autocrine activation of the platelets is produced, which can even extend to neighboring platelets (103).

The PMP family was enlarged through the integration of kinocidins, which includes the platelet cytokines that have a direct bactericidal effect (104). They are divided into two subgroups according to the nomenclature of the cytokines. Les  $\alpha$ -kinocidins include the CXC-cytokines [PF4, platelet basic protein (PBP), connective tissue activating peptide (CTAP3), and neutrophil activating peptide (NAP2)], while the  $\beta$ -kinocidins are the CC-type (RANTES). These molecules even have a synergistic effect among themselves. For example, CTAP3 does not have an effect on the viability of *E. coli*, but the presence of PF4 potentiates its activity and thereby reduces the bacterial density by 2 logs. This result is not obtained for PF4 alone (105). Structural biochemical analyses identified the 60–74 structural domain in PF4 as being responsible for the bactericidal activity (106).

Kinocidins are integrated in the mechanisms of innate immunity, to the degree that they conserve their primary role, which is the chemoattraction of leukocytes, enabling cooperation between platelet and leukocyte factors in bacterial clearance (107, 108).

In addition, Kraemer et al. showed the presence of human  $\beta$ -defensins 1 (hBD-1) in megakaryocytes and platelets at the level messenger RNA (mRNA) and peptides (100). Platelet hBD-1 is thus released in response to the alpha-toxin of *S. aureus*; it is not released however in response to thrombin, thrombin receptor activating peptide, or platelet-activating factor (PAF), suggesting that hBD-1 release is independent of degranulation. hBD-1 may therefore not be found in the alpha-granules, especially since the authors did not observe colocalization of the markers of these granules and of hBD-1 (100).

While Kraemer et al. were unable to observe the expression of mRNA coding for hBD-2 and -3 in the platelets, other studies have demonstrated their presence through ELISA, Western Blot, and immunohistochemistry, as well as their microbicidal activity (109, 110). As a result, it appears that platelets are involved in the infectious immune response, both directly through the release of antimicrobial factors, and indirectly through the release of cytokines, enabling them to modulate the cell-mediated immune response.

### PLATELETS–BACTERIA: FOCUS ON STAPHYLOCOCCUS AUREUS INFECTION

There are many studies on the interaction of platelets with *Streptococcus*, particularly oral streptococci, while comparatively few concern *S. aureus*. In 2005, a prospective study was conducted in 39 medical centers throughout 16 countries that included 1779 patients with IE. The final analysis showed that *S. aureus* was the most common pathogen implicated, with 31.6% of cases versus 18% of *Streptococcus viridans* (111). Invasive infections by methicillin-resistant *S. aureus* generally tend to spread in health care centers and result in a high level of mortality (112). It is therefore of interest to consider the role of *S. aureus* on platelets.

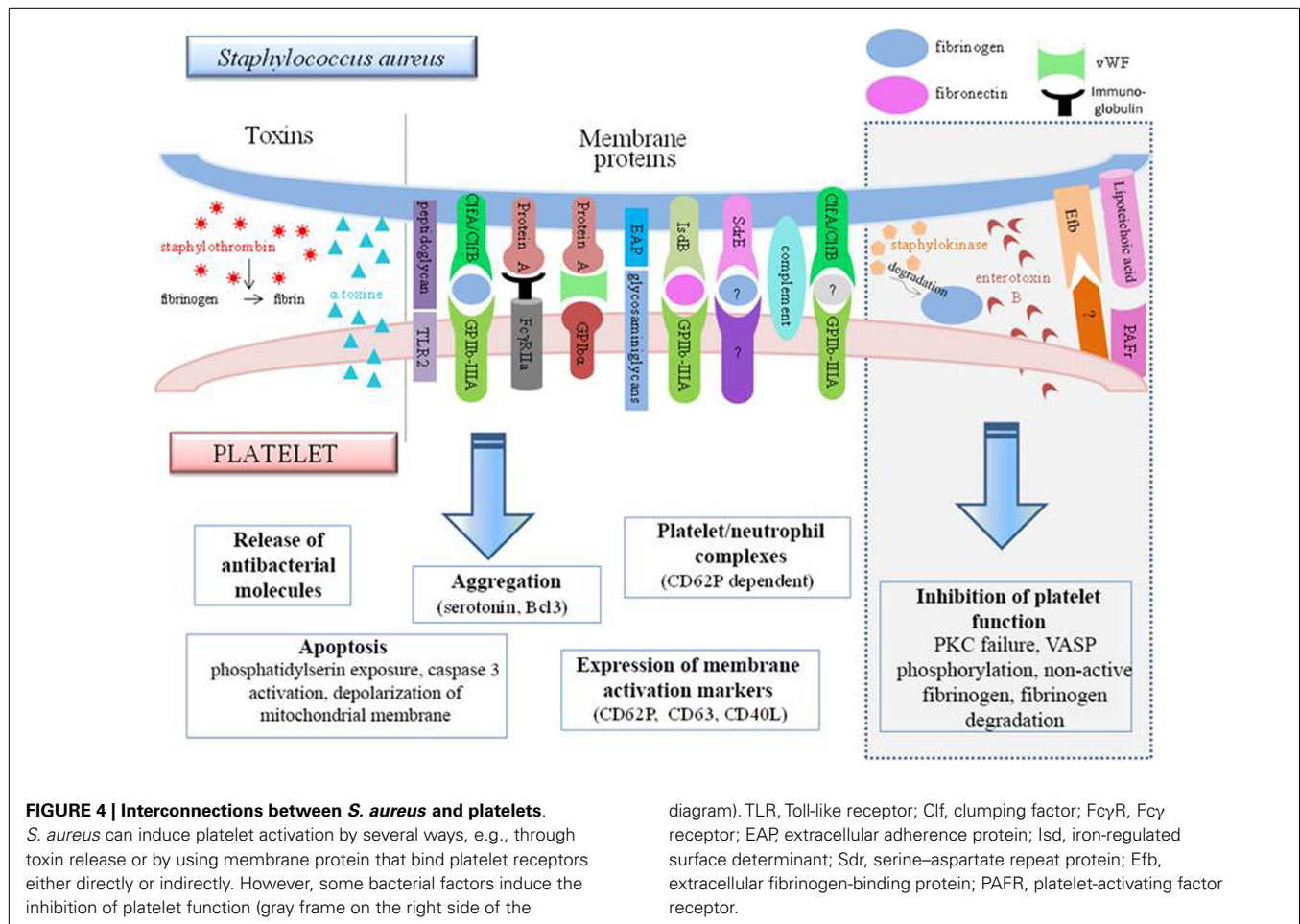
Most of the studies focus on molecules involved on both sides during the adhesion of *S. aureus* to platelets (Figure 4). We first looked at the interactions between the molecules present in the membrane of *S. aureus* and platelets.

Protein A, which is a surface protein of *S. aureus*, can be identified by anti-*S. aureus* antibodies. The immune complexes formed can attach to the Fc $\gamma$ RII of the platelets, resulting in serotonin release and platelet aggregation. This reaction is dependent on the stimulation time and the quantity of immune complexes formed. The activation was found to be optimal at 5 min, and from two bacteria per platelet (75). In a more recent study, protein A was found to be incapable of inducing aggregation by itself, but it was able to maintain it (113).

Protein A from *S. aureus* can also attach to vWF, which binds to GPIIb $\alpha$ . The use of an antibody to block vWF partially inhibits the platelet activation by *S. aureus* (79) providing evidence of the involvement of several adhesion pathways.

Clumping factor A from *S. aureus* is also involved in its attachment to platelets via fibrinogen (114). An alternative receptor exists however, since *S. aureus* adheres to platelets through the intermediary of fibrinogen/fibronectin, which does not necessarily involve GPIIb–IIIa (115). This could be shown by the persistence of aggregation, even if the two fibrinogen-binding sites on GPIIb–IIIa are blocked beforehand. It is not impossible for bacteria to transform fibrinogen so that it can be recognized by another receptor.





This might thus be a method for the bacteria to increase their pathogenicity.

FcγRII and GPIIb–IIIa both have a functional role in the adhesion of *S. aureus*. The interconnection between these two receptors explains why the aggregation induced by *S. aureus* is dependent on FcγRII. This hypothesis also reflects the fact that the involvement of FcγRII alone is not sufficient for inducing aggregation, since its presence is meant to optimize the functionality of GPIIb–IIIa (79).

The identification of genetic mutations of *S. aureus* and the expression of candidate proteins in *L. lactis* (non-aggregative bacteria) showed that ClfB and the SdrE protein are also involved in platelet aggregation. The results also confirm the involvement of ClfA, which is moreover the first factor, before ClfB, that leads to aggregation, since it is the protein inducing the shortest lag time. Aggregation induced by both these factors can be inhibited by GPIIb–IIIa antagonists, aspirin, or prostaglandin E<sub>1</sub> (75). Aggregation is also seen with filtered platelets, suggesting a direct link between *S. aureus* and platelets, independent of fibrinogen. Different results have been observed for the SdrE protein. In order to attach to platelets, the bacterial protein requires the presence of a plasma protein other than fibrinogen, which has yet to be identified.

An important element to take into consideration is that *S. aureus* does not express the same factors depending on its stage

of growth, which could be a bias in *in vitro* studies. ClfA is the dominant pro-aggregant protein in the stationary phase of growth, whereas in the exponential phase, FnBP expression dominates (79). As a result of these indications, it becomes difficult, for example, to evaluate the results of Fitzgerald, which confirm his modeling of the interaction between FnBP and platelets on bacteria in the stationary phase (116).

The complement system is important in platelet aggregation induced by *S. aureus*. It is capable of substituting for ClfA. In this instance, the lag time will be longer (between 8 and 20 min), but simultaneous involvement of the Fcγ receptor remains necessary (56).

The *Staphylococcus* protein, IsdB, could promote the adhesion and internalization of bacteria within platelets in the presence of fibronectin (117). In addition, this protein, unlike the IsdA and IsdH proteins, might induce platelet aggregation (117).

Studies on the interaction between platelets and *S. aureus* began in the 1970s and still continue today. The extracellular adherence protein, EAP, in the form of an oligomer, can bind directly to the glycosaminoglycans of platelets (118). This leads to the stimulation of thiol isomerase in the platelet and resultant platelet activation, ranging from stabilization of the fibrinogen binding, to the membrane expression of platelet activation molecules, such as CD62P, CD63, and CD40L.

In addition to having to integrate the alternative role of hemostasis receptors when confronted with *S. aureus*, there are also newly described platelet receptors that increase the range of functions. This particularly applies to TLR-2, which, by responding to the peptidoglycan of *S. aureus*, results in platelet activation after 30 min in association with a process of apoptosis characterized by depolarization of the mitochondrial membrane, exposure of PS to the plasma membrane, and caspase 3 activation.

In addition to the membrane components and the bacterial wall, *S. aureus* toxins can also modulate the platelet response (Figure 4). It has been shown *in vitro* that the alpha-toxin can interact with the platelet membrane and induce the production of microbicidal proteins and lysis of bacteria (102). This toxin might also be capable of generating dose-dependent platelet aggregation (119). It can also lead to the *de novo* synthesis in the platelet of B-cell lymphoma-3 (Bcl3) (119), a protein involved in the withdrawal of the platelet plug. This exotoxin is also the source of the formation of many platelet–neutrophil complexes via CD62P, an activation marker expressed on the platelet surface. Formation of the complexes increases the activation of neutrophils, which can be measured through the increase of CD11b. These aggregates could thus participate in the destruction of alveolar capillaries and be the cause of *S. aureus* hemorrhagic pneumonia (120).

*Staphylococcus aureus* releases staphylocoagulase and vWF-binding protein. Both of these molecules bind to prothrombin and form the enzymatic complex known as staphylothrombin (121). Staphylothrombin has no direct action on platelet activation, but by transforming fibrinogen to fibrin, it plays a role in stabilization of the aggregation, as well as in the initiation of secondary activation.

It has been noted, however, that several *S. aureus* molecules seem to actually inhibit the hemostatic function of platelets. In this respect, staphylococcal enterotoxin B (SEB) has been observed to cause platelet overactivation of protein kinase C (PKC). This enzyme, essential for platelet response, is therefore no longer found in physiological conditions and therefore cannot ensure its function. This explains why platelets incubated with SEB are incapable of ensuring correct aggregation in response to thrombin (122).

Lipoteichoic acid uses the PAF receptor to increase the level of cAMP within platelets. This latter then increases its phosphorylation activity on vasodilator-stimulated phosphoprotein (VASP) and inhibits aggregation and thrombus formation (123). The anti-thrombotic role of *S. aureus* can also be attributed to the extracellular fibrinogen-binding protein (Efb). *In vitro*, this protein has been described as adhering to platelets (on a non-characterized receptor or on fibrinogen). Once attached, it recruits fibrinogen but in a non-conventional form that is rather inclined to inhibit platelet activation. The inhibitory action of this molecule was confirmed *in vivo*, in which it is able to prevent thrombosis following treatment with platelet agonists (124).

Finally, staphylokinase also exerts inhibitory activity on the platelets although indirectly. This enzyme degrades plasmin and fibrinogen, thereby preventing aggregation (125). Several groups are also studying the interaction of *S. aureus* and platelets under conditions similar to those seen *in vivo*, particularly with regard to preservation of the necessary shear forces. Mice infected by *S. aureus* develop thrombi through a ClfA-dependent mechanism

(126). The use of a molecule occupying the binding site of ClfA on fibrinogen completely prevents aggregation, which demonstrates the predominance of ClfA, despite the multitude of other factors present in the microenvironment.

Dogs with *S. aureus* infection quickly develop sepsis, accompanied by platelet dysfunction (reduction in the capacity of growth in response to a PAR-4 agonist). This latter result suggests that beyond their role in IE due to *S. aureus*, platelets participate in the pathophysiology of *S. aureus*-induced sepsis (127).

In addition, a duality can be seen in the effect of *S. aureus* bacteria on platelets, indicating the complexity of the interaction. All of the studies are based on whether the bacteria have pro-aggregant or non-aggregant abilities. There is no data however on the release of platelet cytokines, which is nevertheless a very important component of bacterial infection.

## ROLE OF PLATELETS IN THE PATHOPHYSIOLOGY OF SEPSIS AND COAGULOPATHY

Data from the early 2000s show that between 30 and 50% of patients with severe sepsis have disseminated intravascular coagulation (DIC), resulting in organ hypoxia (128). During the inflammatory response, the neutrophils release tissue factors that trigger the coagulation cascade, leading to platelet activation. IL-1 and IL-6 are also strong inducers of coagulation (129, 130). This phenomenon is amplified by deregulation of the anticoagulant balance. Patients with sepsis have a strong release of PAI-1, a natural plasmin inhibitor. There is also a reduction in protein C, the active form of which is an inhibitor of coagulation factors Va and VIIIa (10, 129–133). In addition, these natural anticoagulants have their role in thrombin generation, with anti-inflammatory properties influencing nuclear factor  $\kappa$ B (NF $\kappa$ B) (134).

Reactive oxygen species (ROS) released in massive quantities during the acute phase of sepsis are also responsible for coagulopathies. In mice with induced sepsis that are knocked-out for NOS (the enzyme that produces ROS), vasoconstriction is reduced compared to wild mice. By favoring vasoconstriction, ROS participates in circulatory alteration in the blood capillaries. ROS also have a direct effect on the hemostatic activation of platelets (132).

The fourth element favoring excessive coagulation is the increase of adhesion factors. In endotoxemia models, the expression of adhesion molecules is increased in both the platelet and endothelial membranes. The adhesion of platelets to the endothelium promotes mutual activation and an accumulation of platelets, resulting in vessel occlusion (118, 123). Furthermore, in endotoxemia induced in a mouse model, it was seen that overexpression of the endothelial PAI-1 molecule in the lungs limits the *in situ* recruitment of regulatory T lymphocytes but promotes that of neutrophils (135).

Sepsis-related coagulation disorders have highlighted the role of platelets in the pathophysiology of sepsis, particularly through their hemostatic function. However, it is now clear that platelets also possess an inflammatory function that may enable them to directly participate in the amplification of inflammation associated with the early phases of sepsis. In addition to their sensitivity to thrombin, adhesion molecules, and cytokines/chemokines, the hypothesis of their direct involvement in sepsis is also supported by the TLR expression on their surface and the broad range of

inflammatory molecules that they can release during bacterial stimulation.

### SEPSIS AND INFLAMMATORY PLATELET MOLECULES

The first elements supporting the participation of platelets in sepsis-associated inflammation come from studies showing that the level of circulating sCD40L is greater in patients with sepsis than in individual controls (age- and gender-matched) but independent of the severity of the sepsis (136–141). This sCD40L released during sepsis comes from the platelets, since mice that have undergone platelet depletion do not present this increased plasma level (142). One recent study suggests that matrix metalloproteinase-9, which is also increased during sepsis, might be the source of platelet CD40L cleavage (143). This molecule has important inflammatory properties affecting many cells, both immune and non-immune, and may significantly amplify inflammation (144, 145).

In sepsis, sCD40L participates in the recruitment of neutrophils. CD40L gene-deficient C57BL/6 mice that had sepsis induced through cecal ligation puncture do not show neutrophil activation, edema formation, or neutrophil infiltration in the lungs, and they maintain their alveolar microarchitecture (142, 146).

Soluble CD40L may enable the expression of the macrophage-1 antigen (Mac-1) adhesion protein by neutrophils, promoting their recruitment at the mucosa. The mechanism of action of sCD40L may involve macrophage inflammatory protein 2 (MIP-2) and its receptor, CXCR2. This is supported by the fact that *in vitro* recombinant sCD40L does not increase the expression of Mac-1 on the neutrophils in culture (142).

Platelet-activating factor is a molecule synthesized by various cells and that possesses a cytokine function. Its receptor, platelet-activating factor receptor (PAFR), is attached to G proteins and is expressed by the cells that participate in immune defense and coagulation, including platelets. Platelet PAFR activation results in the release of inflammatory factors, degranulation, and the initiation of coagulation cascades. In physiological conditions, signaling associated with PAFR is finely regulated in order to avoid an excessive thrombo-inflammatory response. During sepsis however, this regulatory balance is disrupted, and PAF is then involved in the activation of neutrophils, monocytes, platelets, and in the formation of leukocyte–endothelium, leukocyte–platelet, and platelet–endothelium complexes (147).

A recent study suggested an association between the duration of storage of apheresis platelets before transfusion and the occurrence of complications in patients from a trauma center. This study was conducted on 381 patients who had been admitted to a trauma center and received apheresis platelet concentrates that had been stored for 3 days or less, 4 days, or 5 days. The results show that the transfusion of platelets stored for over 3 days may increase the risk of complications for the patient, sepsis in particular (148). It was shown that during the storage of platelet concentrates, the platelets are activated, and the platelet inflammatory factors, including sCD40L, are released and then accumulate (149–152). This suggests that the inflammatory molecules that accumulate during the storage of platelet concentrates could promote the onset of sepsis.

It has also recently been shown that IL-27 could be a predictive molecule of sepsis in children (153), and that the activated platelets could be a significant source of this cytokine (154). Thrombin formed during sepsis could lead to this release of platelet IL-27.

In addition, an increase in the level of circulating microparticles has been reported in septic patients. These vesicles (granulocytes, monocytes, endothelial cells, and platelets) may arise from several cell types (22). In sepsis, the release of PMP is accompanied by an increase of CD62P at the platelet membrane and an increase of platelet–monocyte aggregates (31). The role of microparticles in sepsis requires further exploration. It has been described however that they possess strong pro-coagulant pathogenicity through the expression of tissue factors. Some studies conducted in other contexts have shown that PMP are rich in CD40L (155) and IL-1 $\beta$  (18, 30), which are two pro-inflammatory molecules that are strongly associated with the pathophysiology of sepsis. It therefore becomes important to consider PMP in the development of inflammation during sepsis.

The role of platelets in the inflammatory phase of sepsis may not be limited to the production of inflammatory molecules. Indeed, in patients with uncomplicated sepsis, the level of circulating platelet–leukocyte complexes is higher than in controls. However, in sepsis complicated by organ failure, the number of platelet–leukocyte complexes is decreased. This can be explained by sequestration of the complexes in the damaged organs, for example the lungs (156). The same type of observation occurred *in vitro*, in which strains of *S. aureus* isolated from bacteremia result in aggregation, the formation of platelet–neutrophil complexes, and activation of these neutrophils (157).

Moreover, since platelets are capable of binding to bacteria, and even keeping them alive intracellularly, they could promote their dissemination within the body. This mechanism was proposed in a mouse model infected by *S. pyogenes* via the intraperitoneal route. Platelet-depleted animals are unable to ensure the transport of bacteria in the blood, lungs, and spleen, which is characterized by a reduction in the bacterial load (through a CFU count) in these organs after sacrifice of the animals (158).

### PLATELET APOPTOSIS IN THE MICROENVIRONMENT OF SEPSIS

The involvement of platelets in sepsis is also characterized by persistent thrombocytopenia in patients (159, 160). There have been various studies done that consider thrombocytopenia a predictive factor of the mortality rate of patients admitted to intensive care (160, 161). Several hypotheses have been made with regard to the decrease in circulating platelets and are presented below.

During sepsis, platelets express activation factors that promote their sequestration in the spleen and then their destruction (162). Platelet depletion can be accelerated if the platelet–bacteria contact involves the complement system (52) or Fc- $\gamma$  receptor (163). Furthermore, sepsis is a pathological state that might promote hemophagocytosis of platelets by macrophages which is partly dependent on macrophage colony-stimulating factor (164).

The failure of thrombopoiesis is an unlikely hypothesis to the degree that the plasma levels of IL-6, tumor necrosis factor (TNF)- $\alpha$ , and thrombopoietin are increased in sepsis (129, 130, 165). On the contrary, the involvement of megakaryocyte TLRs might rather promote an overproduction of platelets.

Another hypothesis points at sepsis-induced coagulopathy leading to DIC, in which disseminated thrombi may immobilize the platelets (166). The results of Tymł et al. confirmed this in a mouse model of sepsis (132).

More recently, the scientific community has been interested in platelet apoptosis. This mechanism of cellular death involves an important step of nuclear transformation involving chromatin condensation, followed by DNA fragmentation (167–169).

Apoptosis, which is known as “programed cell death,” can normally be triggered by two types of stimuli. These are referred to as the intrinsic pathway and the extrinsic pathway.

The extrinsic pathway involves cell death receptors, such as the apoptosis stimulating fragment (Fas) receptor, the ligands of which are the proteins from the TNF family. The involvement of Fas causes trimerization of the receptor, which then becomes active, enabling it to recruit an adaptor molecule, Fas-associated protein with death domain (FADD), which also contains a binding domain for procaspase-8. The formation of this complex leads to cleaving of caspase-8, which is then produced in its active dimeric form. Caspase-8 will then either activate the sequential cascade of the different caspases, or the previously described mitochondrial pathway.

The intrinsic pathway is triggered following cellular stress, such as oxidative stress. Under physiological conditions, Bcl<sub>2</sub> protein and other similar proteins maintain the integrity of the mitochondrial membrane. Under stress conditions, these proteins are degraded. Transition pores then form on the mitochondrial surface, causing them to swell and then burst. Cytochrome C is then released in the cytoplasm and can activate the caspase cascade (170).

In both cases, the pathways converge to activate caspase-3, which has many substrates. The effects of caspase-3 are seen both on the nuclear proteins involved in DNA repair and on cytoplasm proteins such as gelsolin, which is a cytoskeletal regulator. Cleaving of the molecules involved in cellular structure and repair causes DNA and cytoskeletal fragmentation, but the plasma membrane remains intact. During the formation of apoptotic bodies, a change in the distribution of phospholipids is produced, termed “membrane flip flop,” which exposes the PS on the membrane surface. The PS constitute an “eat me” signal for the phagocytic cells, which enables the elimination of the apoptotic bodies (170).

Platelets have also been found to possess apoptotic machinery. The platelets express caspases 1, 3, 4, and 9. Caspases 2, 6, and 8A have a more reduced expression, and no expression for caspases 5, 7, and 10 has been demonstrated. Fas are not expressed in the platelets, but they have other cell death receptors, such as DR3, DR5, TNF-receptor p55, and RIP. Platelets also express proteins from the Bcl-2 family: Bcl-X, Bfl1, Bad, Bak, Bax, and Mcl1 (171).

Activation of these apoptotic molecules has been demonstrated during storage of platelet concentrates. After 5 days of storage in standard blood bank conditions, platelet viability decreases. This platelet death is accompanied by an increase in PS at the cell surface and an increase in caspase-3 activity. Caspase activation occurs in a specific manner, since the use of an inhibitor (z-VAD-fmt) stops this process. Platelet death is thus well associated with a specific apoptosis (171).

This first study showed the independence of apoptosis and platelet activation, since PS exposure was independent of the increase in the expression of the CD63 activation marker, and thrombin activation had no effect on caspase-3 activity. The scientific community however is not in unanimous agreement. It has even been shown that thrombin stimulation induced depolarization of the mitochondrial membrane, the expression of pro-apoptotic molecules (Bax, Bak), activation of caspase-3, and exposure of PS to the membrane (172). The action of thrombin may not be direct and may require the release of platelet factors that can induce apoptosis. During storage, platelets release many soluble factors, including TNF- $\alpha$ , which is a strong inducer of apoptosis through the induction of caspases.

The life span of platelets could therefore be controlled through apoptosis. Caspase-9, for example, is required for platelet and megakaryocyte death but is not involved in their production or their functionality (159).

The Bcl-X family is also at the center of platelet survival. These molecules may even determine their life span. Two missense mutations of Bcl-X are capable of accelerating platelet death resulting in severe thrombocytopenia (173).

It has also been shown that a strain of isolated *E. coli* in a patient with sepsis was able to induce apoptotic manifestations of platelets, such as actin condensation, a decrease of the mitochondrial potential, and degradation of Bcl-X. The use of mutant and non-pathogenic strains showed that only pathogenic strains that release toxins forming pores have the ability to degrade Bcl-X. This applies to the alpha-toxin of *E. coli* and *S. aureus*. These toxins probably act on calpain, since this protein is the source of Bcl-X degradation. However, proteasome inhibition is ineffective in preventing degradation of the pro-apoptotic protein (174). This study is the first demonstration that pathogenic bacteria can influence the intrinsic initiation of platelet apoptosis. The degradation of Bcl-X suggests a new mechanism by which bacteria may be able to cause the thrombocytopenia observed in patients with bacteremia. This mechanism could then explain why depolarization of the mitochondrial membrane potential ( $\Delta\Psi_m$ ) is increased in the platelets of patients with SIRS (175). A decrease in  $\Delta\Psi_m$  could even be associated with SRIS progression.

#### INVOLVEMENT OF PLATELETS IN SEPSIS-RELATED NETose

Another phenomenon, the formation of NETs involving platelets, neutrophils, and bacteria, has been demonstrated and could play an important role in sepsis. It was first described in 2004. Neutrophils that have been activated, particularly by IL-8, release their granular (peptides and enzymes) and nuclear (chromatin and histones) components in the microvessels where they combine to form a network called NET (176). The use of high-resolution electron microscopy has confirmed the structure of NET, which is characterized by extracellular chromatin stretches that are associated with globular proteins. It has also been shown that a bacterial environment, or that mimicked through the injection of LPS, results in the *in vivo* release of NET that are able to trap bacteria and thus reduce their spread during sepsis (177).

It was noted that bacterial trapping at NET is greater under flow conditions, as in the blood circulation (94). NET can reach a

diameter of 25 nm, and once combined, they form a structure that can be over 100 nm both in diameter as well as length (94).

Aligned with DNA, NET contain the histones H1, H2A, H2B, and H4, as well as granular proteins such as elastase, myeloperoxidase, and bactericidal permeability increasing protein, which enable bacterial degradation (176). NET are able to stop both Gram-positive and Gram-negative bacteria. The histones and BPI have a proteolytic action on the alpha-toxin of *S. aureus*, as well as on the IpaB of *S. flexneri* (177). *C. albicans*, although not a bacteria, is also sensitive to NET, but its destruction may only depend on granular proteins and not histones (177).

Neutrophil extracellular trap release occurs within 5–10 min after stimulation of the neutrophils. This time period is too short for the implementation of an apoptosis or necrosis mechanism. It is therefore an active mechanism and not the consequence of disintegration of the neutrophilic plasma membrane (176).

From a molecular viewpoint, the formation of NET involves (178, 179):

- peptidylarginine deiminase type 4, for chromatin decondensation;
- ROS formation, which is NADPH oxidase-dependent for disintegration of the nuclear membrane;
- actin cytoskeleton and microtubules for NET release.

Neutrophil extracellular trap can be released according to three mechanisms (180): (1) a rapid mechanism (30–60 min) involving vesicles; in this case, the neutrophils remain viable; (2) a slower mechanism (3–4 h), resulting in rupture of the neutrophilic plasma membrane; or (3) directly from the mitochondria. At present, the third mechanism and the existence of NET composed from mitochondrial DNA remains controversial, although one study shows that NET might be majorly composed of mitochondrial DNA rather than nuclear DNA (181).

Lipopolysaccharide, which has traditionally been described as a neutrophil activator, is surprisingly incapable of inducing *in vitro* NET release by neutrophils. In contrast, in 2007, Clark et al. showed in a mouse model that the intravenous injection of LPS leads to NET formation within the first 5 min (94). A more detailed investigation showed that LPS-induced NET formation is not direct and requires platelet participation. Indeed, platelet stimulation by LPS in the presence of neutrophils may not cause a standard platelet response but might promote their adhesion; the neutrophils would then be activated and form NET (94).

Kraemer et al. then showed that type 1 beta-defensins released by platelets after bacterial stimulation were responsible for NET formation (100).

Kubes presents platelets as a barometer that can detect a substantial level of bacteria. The platelets are activated by an LPS concentration 100 times greater than that inducing neutrophil activation. The platelets may therefore come to the assistance of the neutrophils by enabling them to form NET when the bacterial load is too high and their normal functions are insufficient for correctly eliminating the bacteria (177). NET could be the innate “last chance” defense.

Neutrophil extracellular traps have been shown to have a positive impact on the destruction of pathogens during bacteremia.

Conversely, they may alter the microvascular circulation by promoting the formation of microthrombi, thereby also preventing the immune cells from reaching the bacteria. In addition, their components may have a toxic effect on the host cells. This was confirmed *in vitro* on human umbilical vein endothelial cell (HUVEC) (94). Hepatotoxicity has been observed *in vivo* following the release of NET, which was measured by the release of alanine aminotransferase and an occlusion of the liver sinusoids (94).

The histones released in the extracellular medium possess prothrombotic activity and are capable of activating the platelets via their TLR-2 and -4 (90). This phenomenon may be extrapolated to the NET histones. In this case, NET would be responsible for platelet overactivation, which may lead to thrombi formation. The potential detrimental effect of NET is another illustration of the alteration of platelet function during sepsis.

## CONCLUSION

The implication of platelets in the inflammatory response marks a veritable turning point in the understanding of platelet physiology and opens new fields of investigation that have been up to now somewhat neglected. The identification of platelets in the various inflammatory mechanisms places them at the center of innate immunity, whether in the recognition of pathogens, signal transduction, or the release of cytokines/chemokines. This functional similarity with leukocytes shows that both of these cells types are not so different.

Anucleated platelets are only found in mammals. In the lower vertebrates, such as birds, reptiles, amphibians, or fish, hemostatic function is ensured by nucleated thrombocytes. With regard to invertebrate species, they do not possess platelets *per se*, but the hemolymph contains a type of nucleated cell called a hemocyte that expresses TLR, which is capable of phagocytizing the foreign body or secreting antimicrobial proteins. It is this same cell however that regulates coagulation and healing. By compiling all of these characteristics, it is possible to discuss a possible common evolution between platelets and leukocytes, followed by a dissociation, proportional to the evolution of the species (1, 3, 4, 182), despite this is debated.

All of the studies presented in this thesis generally show that platelets are able to cover the majority of the steps of inflammation and thus confirm their total involvement in the orchestration of this pathophysiological state. By modulating both the acute effector phase of inflammation and the maintenance of this process, platelets may become a therapeutic target.

## AUTHOR CONTRIBUTIONS

All authors contributed substantially to the conception of this review. HC, PD, and AC drafted it while BP, FC, and OG revised it critically for important intellectual content. All authors approved the final version and agree to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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# Breaking the mold: transcription factors in the anucleate platelet and platelet-derived microparticles

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Platelets are small anucleate blood cells derived from megakaryocytes. In addition to their pivotal roles in hemostasis, platelets are the smallest, yet most abundant, immune cells and regulate inflammation, immunity, and disease progression. Although platelets lack DNA, and thus no functional transcriptional activities, they are nonetheless rich sources of RNAs, possess an intact spliceosome, and are thus capable of synthesizing proteins. Previously, it was thought that platelet RNAs and translational machinery were remnants from the megakaryocyte. We now know that the initial description of platelets as “cellular fragments” is an antiquated notion, as mounting evidence suggests otherwise. Therefore, it is reasonable to hypothesize that platelet transcription factors are not vestigial remnants from megakaryocytes, but have important, if only partly understood functions. Proteins play multiple cellular roles to minimize energy expenditure for maximum cellular function; thus, the same can be expected for transcription factors. In fact, numerous transcription factors have non-genomic roles, both in platelets and in nucleated cells. Our lab and others have discovered the presence and non-genomic roles of transcription factors in platelets, such as the nuclear factor kappa  $\beta$  (NF $\kappa$ B) family of proteins and peroxisome proliferator-activated receptor gamma (PPAR $\gamma$ ). In addition to numerous roles in regulating platelet activation, functional transcription factors can be transferred to vascular and immune cells through platelet microparticles. This method of transcellular delivery of key immune molecules may be a vital mechanism by which platelet transcription factors regulate inflammation and immunity. At the very least, platelets are an ideal model cell to dissect out the non-genomic roles of transcription factors in nucleated cells. There is abundant evidence to suggest that transcription factors in platelets play key roles in regulating inflammatory and hemostatic functions.

**Keywords: platelets, microparticles, transcription factors, NF-kappa B, PPAR gamma, non-genomic, PPAR alpha, steroid receptors**

## INTRODUCTION

Platelets are central players in hemostasis and inflammation, contributing to numerous pathophysiologic conditions (1). They are unique from the majority of mammalian cells apart from red blood cells in that they lack a nucleus, and thus have previously been discounted as “cellular fragments.” This antiquated notion has been refuted many times over as platelets are now emerging as cellular mediators of cancer cell metastasis, atherosclerosis, type II diabetes, and even mediate adaptive immune responses (2, 3). Platelets are metabolically active cells that contain numerous functional organelles, such as endoplasmic reticulum, Golgi apparatus, mitochondria, and granules that can be released upon activation. Although their lack of a nucleus prevents *de novo* transcription, they can be activated very rapidly to release copious amounts of biological mediators within seconds to minutes of stimulation.

The idea that platelets contain transcription factors is a relatively new concept and has led to the discovery of a large number of transcription factors in platelets (Table 1). This review will discuss the newly described roles of transcription factors in platelets, in addition to proposing uninvestigated potential roles of transcription factors in platelets, as extrapolated from findings in nucleated cells (Table 2).

## NUCLEAR FACTOR KAPPA $\beta$

In the Immunology field, nuclear factor kappa  $\beta$  (NF $\kappa$ B) is the most widely recognized transcription factor for its quintessential roles in regulating inflammation and immune responses. Almost any immunologist could rattle off key parts of its signaling pathways in response to toll-like receptor (TLR) signaling, influenza infection, or in cytokine production. Although we are quick to

identify its essential roles in regulating transcription of inflammatory genes, the non-genomic roles of NFκB are often overlooked. In all fairness, the concept that NFκB has non-genomic roles in nucleated and non-nucleated cells is a relatively new area of study that is still in its early stages (4). NFκB signaling molecules regulate several different stages of the inflammatory response, without ever entering the nucleus. For example, the NFκB regulatory protein, IκappaB kinase β (IKKβ), can alter the function of numerous proteins via phosphorylation in addition to regulating signaling through direct interactions with cellular effector molecules (5).

### IKAPPAB KINASE IN PLATELETS

Specifically in platelets, the presence and non-genomic functions of NFκB family members have been demonstrated by several groups, including our own (6–9). Our group discovered the presence of the majority of NFκB family members in human platelets, including the canonical p50/p65 subunits, RelB and c-Rel. Additionally, we identified the presence of IκB proteins and IKK members, which regulate NFκB activation (6). Importantly, these findings suggest that platelets contain an intact, functional, and complete NFκB pathway. The use of the irreversible inhibitor of IKKβ phosphorylation, BAY 11-7082 (BAY), has elucidated complex roles for NFκB in platelet signaling. In human platelets, BAY inhibits platelet spreading and clot retraction, and may alter aggregation at higher doses (6, 10, 11). Malaver et al. (7) and Chen et al. (12) show that high concentrations of BAY (10–25 μM) inhibit platelet aggregation, while our group saw no effect when platelets were treated with 0.5–5 μM BAY (6). As the IC<sub>50</sub> of BAY for inhibition of IKK-mediated phosphorylation of IκBα is 10 μM, <5 μM BAY may be too low to inhibit IKK sufficiently to affect aggregation (13). Another possibility is that IKK inhibition exerts a threshold response in affecting platelet aggregation, rather than a dose-response. Using genetic approaches, Karim et al. demonstrated that IKKβ knockout mice have variable, but generally attenuated, aggregation responses to platelet agonists, which may explain some of the variations observed in human studies as well (14).

Interestingly, the data reported by Chen et al. and Malaver et al. suggest that the second wave of aggregation was most affected by IKKβ inhibition, thus affecting the maximum aggregation and potentiation of the response in human platelets (7, 12). In accordance with this finding, dense granule release was consistently and potently reduced by IKKβ inhibition in these and other studies. This finding is likely explained by the ability of IKKβ to phosphorylate synaptosomal-associated protein-23 (SNAP-23), an integral regulator of granule secretion (14). SNAP-23 is a member of the target sensitive factor attachment protein receptors (SNARE) complex, which interacts with the vesicle-associated membrane protein (VAMP) to facilitate granule release. IKKβ appears to be central in enhancing soluble *N*-ethylmaleimide–SNARE complex formation

**Table 1 | Identified transcription factors in platelets.**

Transcription factor	Activation of transcription factor	Agonist-induced activation
p65	Phosphorylation	↑ Aggregation, spreading, clot retraction, GPIBα shedding
PPARγ	Ligand binding (15d-PGJ <sub>2</sub> , TZDs) Phosphorylation	↓ Aggregation, CD40L, TXB <sub>2</sub> , P-selectin ↑ Collagen-induced activation and granule secretion
PPARβ/δ	Ligand binding (GW501516, PGI <sub>2</sub> )	↓ Aggregation
PPARα	Ligand binding (fenofibrate) Phosphorylation	↓ Aggregation ↑ Activation
LXRβ	Ligand binding	↓ Collagen-induced aggregation
RXRα	Ligand binding (9cRA)	↓ Activation
GR	Ligand binding (prednisolone) Ligand binding (dexamethasone)	↓ Activation Unknown
AHR	Ligand binding	↑ Activation
STAT3	Phosphorylation	↑ Aggregation, P-selectin, thrombosis

**Table 2 | Identified and possible interactions of transcription factors in platelets with other proteins.**

Transcription factor	Known protein interaction		Possible protein interactions	
	Binding partners	Outcome	Binding partners	Outcome
PPARγ	Syk, LAT	Platelet activation	NFκB (p65)	Inhibit NFκB activity → anti-platelet effect
	p-ERK, p-p38	Granule secretion	MEK/ERK	Increased activation
	PKCα	Reduce PKCα activation		
PPARβ/δ	PKCα	Dampen platelet adhesion	–	–
PPARα	NFκB	Inhibit NFκB activity → anti-platelet effect	PKCα	Increased activation
LXRβ	Syk, LAT	Dampen platelet activation	PPARγ	Unknown
RXRα	PPARγ	Unknown	Gq	Decreased activation
GR	HSP90	Unknown	–	–
	Mineralocorticoid Receptor	Unknown	–	–
AHR	–	–	NFκB (p65)	Unknown

though the phosphorylation of SNAP-23. Consequently, platelets from IKK $\beta$  knockout mice have a reduced ability to release alpha, dense, and lysosomal granules upon thrombin stimulation by approximately 30%. Likewise, treatment of mouse or human platelets with an inhibitor of IKK $\beta$  similarly reduced granule secretion upon stimulation. These data suggest that the NF $\kappa$ B signaling molecule, IKK $\beta$ , plays an important regulatory role in platelet activation by transducing critical stimulatory signals.

In general, genetic ablation or pharmacological inhibition of IKK $\beta$  in mice results in a hyporesponsive phenotype to agonist-induced platelet activation. Inhibition of IKK $\beta$  in mice prolonged thrombus formation and increased bleeding times (14). Additionally, a second IKK $\beta$  inhibitor, IKK inhibitor VII, recapitulated several of the aforementioned findings in both human and mouse platelets, including preventing P-selectin expression and dampening aggregation (15). Of note, Gambaryan et al. found that IKK inhibitor VII potentiated collagen and thrombin-induced aggregation, rather than having an inhibitory effect (8). They proposed a model in which thrombin and collagen induce a negative feedback loop in platelets that inhibits platelet function through NF $\kappa$ B. Although the work delves into the complex agonist-induced signaling pathways of NF $\kappa$ B in platelets, their data showing potentiation of platelet activation by IKK inhibitor VII is less clear-cut. Treatment of human platelets with IKK inhibitor VII enhanced very low dose (0.001 U/mL) thrombin-induced PAC1 binding by approximately 15%. Additionally, IKK inhibitor VII treatment only mildly potentiated collagen (10  $\mu$ g/mL) and thrombin (0.01 U/mL)-induced platelet aggregation, with a slight left shift in the aggregation traces compared to control. However, the maximum amplitude of aggregation was indistinguishable between IKK inhibitor VII treatment and control. Although the data demonstrating NF $\kappa$ B signaling post-activation are intriguing, the current consensus is that NF $\kappa$ B primarily plays an important role in positively regulating platelet activation.

As much of the investigations into the non-genomic roles of the transcription factor, NF $\kappa$ B, has involved manipulation of its upstream regulatory kinase, IKK, careful consideration must be taken into account when interpreting the findings of these studies. IKK acts as a kinase that plays a crucial role in regulating NF $\kappa$ B activation, but can also phosphorylate other proteins that may play regulatory roles in platelet activation (5). Thus, inhibition of IKK in platelets may dampen platelet function in a non-canonical fashion, independent of NF $\kappa$ B. On the other hand, many studies have observed changes in p65 phosphorylation in platelets, although the effects of direct inhibition or deletion of p65 has not been investigated to date. It is likely that IKK activation in platelets results in NF $\kappa$ B-dependent and -independent regulation of platelet function. This is supported by the data showing that IKK phosphorylates SNAP-23 (14), leading to granule secretion, but can also activate p65, which can regulate protein kinase A (PKA) (8).

## NF $\kappa$ B IN PLATELETS DURING INFLAMMATION

Nuclear factor kappa  $\beta$  in nucleated cells is known to play a crucial role in inflammatory diseases, although its functions in platelets during inflammation are still under active investigation.

In one study, IKK $\beta$  deficiency increased neointimal formation in low-density lipoprotein receptor (LDLR) knockout mice and exhibited increased leukocyte adherence to the vessel walls after injury (16). Upon further investigation, IKK $\beta$ -deficient platelets were unable to shed GPIb $\alpha$  in response to thrombin stimulation. Interestingly, GPIb $\alpha$  shedding in response to ADP or collagen was not affected, suggesting that IKK $\beta$  is uniquely involved in thrombin-induced GPIb $\alpha$  shedding. These data are intriguing in light of the fact that many studies evaluating the role of IKK $\beta$  in platelets focused on thrombin-induced activation and signaling. However, collagen and ADP-induced aggregation and granule secretion were also dampened by IKK $\beta$  deficiency or pharmacological inhibition. Furthermore, no differences in GPVI, GPIX, or  $\alpha$ IIB $\beta$ 3 shedding were found by loss of IKK $\beta$  in mouse platelets. These data suggest that although IKK $\beta$  plays an important role in the activation of platelets, it may also induce an inhibitory feedback loop, as proposed by Gambaryan et al., perhaps through shedding of GPIb $\alpha$  (8). Sustained levels of GPIb $\alpha$  on the platelet surface can enhance platelet-leukocyte interactions, and thus, may exacerbate certain conditions.

Platelets are also known to respond to various immunologic stimuli, such as TLR ligands (17). In nucleated cells, bacterial lipopolysaccharide (LPS) signaling through TLR4 is largely through NF $\kappa$ B, leading to the production of proinflammatory cytokines and chemokines. We have recently shown that platelets can discriminate between different isoforms of LPS (18). This suggests that platelets are capable of specifically sensing and responding to various bacterial products. Thus, it is possible that LPS signaling in platelets involves differential NF $\kappa$ B activation, although this has not been investigated in platelets to date.

## SIGNALING MECHANISM OF NF $\kappa$ B IN PLATELETS

Thrombin activates the NF $\kappa$ B signaling cascade in platelets, although the complete pathway has not yet been elucidated. Several lines of evidence suggest that p38 mitogen-activated protein kinase (MAPK) signaling is upstream of NF $\kappa$ B in platelets, while the extracellular signal-regulated kinase (ERK) pathway is downstream of NF $\kappa$ B activation (19, 20). In human platelets, inhibition of MAPK prevented collagen-induced IKK $\beta$  and p65 phosphorylation, while treatment with an ERK inhibitor had no effect. Furthermore, collagen-induced ERK phosphorylation was prevented by pretreatment with an MAPK inhibitor or the NF $\kappa$ B inhibitor BAY, suggesting that NF $\kappa$ B signaling regulates ERK activation. ERK activates phospholipase A<sub>2</sub> (PLA<sub>2</sub>), which releases arachidonic acid, leading to platelet aggregation and mediator release. This explains why arachidonic acid-induced platelet aggregation is unaffected by NF $\kappa$ B inhibitors, while aggregation in response to other agonists is dampened. Interestingly, one study suggests that activation of NF $\kappa$ B by CD40L signaling may be independent of p38 MAPK, but may instead involve TRAF2 activation of IKK $\beta$  (15). Additionally, protease-activated receptor 4 (PAR4) stimulation led to ceramide production by sphingomyelin phosphodiesterase (Smase), which in turn activated MAPK, while PAR1 signaling was independent of ceramide (12). This is consistent with the finding that exogenous treatment of platelets with ceramide leads to *in vitro* activation and enhances thrombosis *in vivo*. PAR1

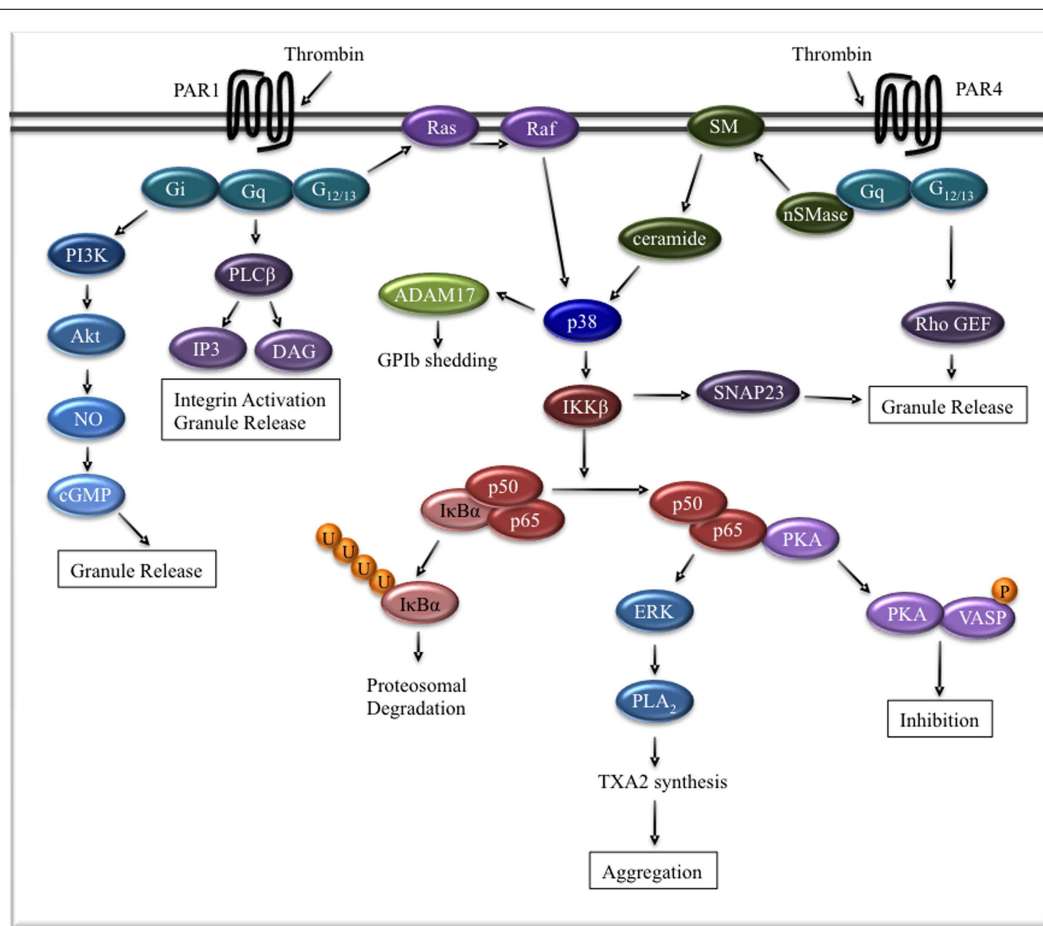
and PAR4 are the thrombin receptors on human platelets, with PAR1 having a lower threshold for activation by thrombin than PAR4 (21). PAR1 activation typically induces a rapid, but transient spike in calcium, while PAR4 activation involves a more sustained response, suggesting overlapping, but distinct roles for these receptors (22). These data reveal a novel and distinct signaling pathway for PAR1 and PAR4 receptors, although both converge on NF $\kappa$ B signaling.

Taken together, these data present compelling evidence that NF $\kappa$ B plays an important, albeit complex, role in platelet activation (Figure 1). The data support a model whereby platelet activation through various receptors leads to phosphorylation and activation of IKK $\beta$ , release of p65, and subsequent platelet aggregation and granule release. This model, however, is not mutually exclusive of the idea that NF $\kappa$ B may induce a negative inhibitory feedback loop in platelets (8). After dissociation of p65 from its inhibitory complex, PKA is free to induce vasodilator-stimulated phosphoprotein (VASP) phosphorylation, which mediates platelet inhibitory signaling. This may represent a mechanism to fine tune platelet activation after thrombin stimulation. In fact, PIP<sub>3</sub> can

induce VASP phosphorylation, leading to inhibitory signaling, in addition to activating IKK through protein kinase B, also known as Akt. Thrombin signaling also appears to be unique in that it stimulates GPIb shedding through NF $\kappa$ B and ADAM17, unlike ADP or collagen-induced activation (16). ADAM17 is a sheddase that is critical for platelet surface receptor shedding and can be activated by p38 MAPK (23). Unlike pharmacological inhibition of NF $\kappa$ B in human platelets, IKK-deficient mouse platelets are unable to phosphorylate p38 MAPK after thrombin stimulation (16). This raises the question as to whether defective GPIb shedding in IKK $\beta$ -deficient mouse platelets is an artifact of interspecies variability, differences in inhibition versus complete lack of IKK $\beta$ , or merely a technical timing issue. Regardless, it will be necessary to investigate the role of ADAM17 and GPIb shedding in human platelet NF $\kappa$ B signaling.

### NON-GENOMIC FUNCTIONS OF NF $\kappa$ B: LESSONS FROM NUCLEATED CELLS

Nuclear factor kappa  $\beta$  is a versatile family of proteins capable of performing multiple functions in nucleated cells apart



**FIGURE 1 | The role of NF $\kappa$ B in platelet thrombin signaling.**

Thrombin signaling through PAR1 in human platelets is mostly independent of NF $\kappa$ B. PAR4 signaling in human platelets involves activation of p38 MAPK through ceramide signaling. Activated p38 MAPK phosphorylates IKK $\beta$ , leading to the subsequent ubiquitination

and proteasomal degradation of the inhibitory I $\kappa$ B $\alpha$  protein. Active p50/p65 dimers activate the ERK signaling cascade, which is involved in thromboxane TXA<sub>2</sub> synthesis and aggregation. The p65 subunit can also bind PKA, inducing a negative feedback loop through VASP phosphorylation.



from acting as a transcription factor (5). Evaluating these identified non-genomic roles in nucleated cells is likely to translate to important regulatory functions in platelets. Although roles for IKK $\beta$  in platelets have already been identified, studies from nucleated cells suggest that there may be more. A strong contender is the role of IKK $\beta$  in platelet spreading, as inhibition of IKK $\beta$  in human platelets leads to a spreading defect. In epithelial cells and B-lymphocytes, IKK $\beta$ -mediated phosphorylation of Dok1 inhibits ERK activation, leading to increased cell motility (24). Platelets are known to transiently activate ERK, which is important for alpha granule release. However, outside-in integrin signaling through the fibrinogen receptor, as is likely to occur during platelet spreading, inhibits ERK signaling (25). Thus, inhibiting IKK $\beta$  may impair platelet spreading through a similar Dok1-mediated mechanism. Proteomic data have identified the presence of Dok1 in human platelets, although its function has yet to be studied in this context (26).

The NF $\kappa$ B protein p65 and I $\kappa$ B $\alpha$ , are found in the mitochondria and appear to be differentially regulated compared to their cytoplasmic counterparts (27). Interestingly, canonical NF $\kappa$ B stimulatory signals had no effect on the expression or phosphorylation of mitochondria-localized p65 (28). Conversely, stimulation of liver or Jurkat cells with tumor necrosis factor  $\alpha$  (TNF $\alpha$ ) or FAS ligand, respectively, led to non-proteasomal degradation of I $\kappa$ B $\alpha$  and induction of apoptosis. IKK $\beta$ , on the other hand, was not localized to the mitochondria. To date, most studies of NF $\kappa$ B in platelets have involved the use of IKK $\beta$  inhibitors and IKK $\beta$  knock-out mice. Investigations in platelets centering on the role of I $\kappa$ B $\alpha$  and p65, in lieu of IKK $\beta$ , may reveal novel apoptotic regulatory elements in platelets.

A second intriguing possibility is the role of 14–3–3 $\beta$  in regulating mRNA stability in platelets. 14–3–3 $\beta$  is a highly conserved protein that binds AU-rich elements (ARE) on mRNA, leading to destabilization of mRNA (29). Phosphorylation of 14–3–3 $\beta$  by IKK results in the release of a 14–3–3 $\beta$ -tritetraprolin complex from the mRNA, thus preventing its destabilizing effects (30). This is interesting in light of the fact that platelets contain mRNA, which can be translated upon stimulation (31). Furthermore, 14–3–3 proteins can interact with p65 and I $\kappa$ B $\alpha$  to facilitate the export of p65 from the nucleus. As proteomic data show that human platelets express 14–3–3 $\beta$  (32), it is possible that it plays an important role in regulating mRNA stability or NF $\kappa$ B signaling in the anucleate platelet.

## PPAR $\gamma$ IN PLATELETS

Peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) is a ligand-activated transcription factor that is important in the regulation of lipid and glucose metabolism and is essential for fat production. Inactive PPAR $\gamma$  is localized to the cytoplasm of nucleated cells complexed with co-repressors. Upon ligand binding, the co-repressors dissociate, leading to a conformational change in PPAR $\gamma$ , allowing dimerization with retinoid X receptor  $\alpha$  (RXR $\alpha$ ) (33). This heterodimeric complex then acts as a scaffold for the recruitment of coactivator proteins, and PPAR $\gamma$ -dependent gene transcription commences. Our group discovered that human and mouse platelets express functional PPAR $\gamma$  protein that is regulated by activation or treatment with PPAR $\gamma$  ligands (34).

## PPAR $\gamma$ LIGANDS ARE CARDIOPROTECTIVE

Thiazolidines (TZDs) are a class of oral antidiabetic drugs that exert their insulin-sensitizing actions through activation of PPAR $\gamma$ . In addition to regulating glucose homeostasis, TZDs, such as rosiglitazone, pioglitazone, and troglitazone, have potent anti-inflammatory properties (35). Type II diabetics taking TZDs have improved glucose metabolism, decreased markers of inflammation, and improved cardiovascular health. Much of this can be attributed to the beneficial actions of TZDs on vascular cells and both direct and indirect actions on circulating platelets. Platelets from type II diabetics exhibit a more activated phenotype and are hyper-responsive to agonist (36, 37). These changes include increased platelet numbers and mean platelet volume (MPV), which may indicate alterations in megakaryocyte function or increased platelet turnover (38). Additionally, platelets from type II diabetics have enhanced surface expression of the collagen receptor (GPVI) and the fibrinogen receptor ( $\alpha$ IIB $\beta$ 3), leading to increased adhesiveness and aggregation (39). Plasma from type II diabetics contains higher levels of the platelet-derived inflammatory mediators, soluble CD40L (sCD40L), soluble P-selectin (sP-selectin), and C-reactive protein (40, 41). Dysregulated platelet function in type II diabetics is likely due to both inherent changes in the platelet and decreased prostaglandin I $_2$  (PGI $_2$ ) and nitric oxide (NO) production from endothelial cells, which exert potent anti-platelet effects.

Numerous studies have demonstrated that TZDs beneficially regulate cardiovascular function in type II diabetics. They have consistently been shown to reduce the elevated levels of plasminogen activator inhibitor 1 (PAI-1) (42–44). PAI-1 rapidly binds and inactivates tissue plasminogen activator, thus preventing fibrinolysis and increasing thrombotic risk. Additionally, TZDs reduce markers of cardiovascular disease, which are typically elevated in type II diabetics, including C-reactive protein, serum amyloid A, fibrinogen, and matrix metalloproteinase 9 (45–49). Many of these beneficial changes can be attributed to improved glucose metabolism and restored vascular and endothelial homeostasis, although similar results can be seen in non-diabetic patients (50).

## PPAR $\gamma$ LIGANDS IMPROVE PLATELET FUNCTION IN TYPE II DIABETIC

Consistent with their ability to reduce thrombotic risk, TZDs reduce markers of platelet activation. Rosiglitazone monotherapy decreased plasma sCD40L and P-selectin levels (51, 52). These data suggest that TZDs can directly or indirectly reduce platelet activation in type II diabetics. Supporting these findings, Khanolkar et al. demonstrated that patients receiving rosiglitazone and metformin had a significantly greater reduction in platelet aggregation compared to patients receiving glimepiride and metformin (53). Similarly, a second study found that pioglitazone in combination with metformin improved platelet function to a greater degree than glimepiride and metformin (49). A major unanswered question from these studies is whether TZDs improve cardiovascular health secondary to improved lipid metabolism or due to the anti-inflammatory actions of PPAR $\gamma$  stimulation. For example, macrophages, which play a key role in atherosclerosis, efflux cholesterol and are less inflammatory in response to PPAR $\gamma$  activation. In an attempt to investigate the insulin-sensitizing independent



effects of TZDs, non-diabetic patients with coronary artery disease were treated with TZDs for 12 weeks. In this setting, TZDs reduced the inflammatory markers, C-reactive protein, tumor necrosis factor  $\alpha$  (TNF $\alpha$ ), and interleukin-6 (IL-6) (50, 54). Additionally, circulating platelet activity was dampened, as evidenced by fewer P-selectin positive platelets, suggesting an important role for the anti-inflammatory actions of PPAR $\gamma$ .

### PPAR $\gamma$ LIGANDS DAMPEN PLATELET FUNCTION FROM HEALTHY DONORS

Due to the global effects of TZDs, it is difficult to tease out indirect actions from potential direct effects of TZDs on platelet function. However, many recent studies have aimed to elucidate the direct effects of TZDs on platelet function. Our lab was the first to show that human platelets and megakaryocytes express functional PPAR $\gamma$  (55). The PPAR $\gamma$  ligands 15d-PGJ $_2$  and rosiglitazone potentially inhibit thrombin-induced CD40L surface expression and thromboxane B $_2$  (TXB $_2$ ) production and dampen ADP-induced aggregation (56). Other studies have confirmed these findings and further demonstrated that rosiglitazone and 15d-PGJ $_2$  inhibited collagen-induced aggregation and prevented P-selectin exposure *in vitro* and *in vivo* (54, 57). Utilizing the specific PPAR $\gamma$  antagonist, GW9662, these effects were partially mediated through PPAR $\gamma$  in platelets from healthy donors (58). Moreover, pioglitazone was protective in a mouse model of thrombosis (57, 59). Similarly, using platelets from type II diabetics, which are hyper-responsive to agonist, rosiglitazone reduced aggregation and mediator release (36, 60). These data support the hypothesis that TZDs can regulate platelet function by directly acting on platelet PPAR $\gamma$ .

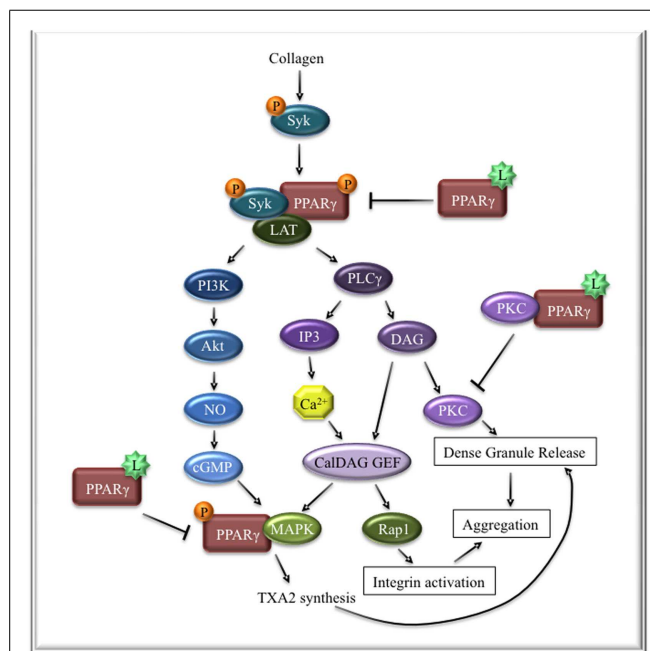
Interestingly, PPAR-independent pathways are evident upon treatment with some ligands. 15d-PGJ $_2$  is an electrophilic compound that is known to form adducts with other cellular proteins, and could explain some of the PPAR-independent effects (61). Most interestingly, the mechanism of troglitazone differs from that of the structurally similar TZD, pioglitazone, in platelets. Although troglitazone and pioglitazone decreased platelet activation *in vivo*, only troglitazone directly inhibited platelet aggregation *in vitro* (62). However, in this study, only 1  $\mu$ M of each TZD was examined for their effects on platelet function. In some cell systems, troglitazone is more potent than pioglitazone, despite having a higher EC $_{50}$  for binding PPAR $\gamma$  and this may also be the case in platelets (63). It is possible that higher concentrations of pioglitazone would exhibit similar effects as troglitazone. Another possibility is that there may be PPAR-independent effects or differential signaling of PPAR $\gamma$  in human platelets. Clinical data points to some PPAR-independent actions of TZDs as pioglitazone has been shown to decrease the risk of myocardial infarction and stroke in type II diabetics, while rosiglitazone had no effect and may actually increase the relative risk (64).

### SIGNALING MECHANISM OF PPAR $\gamma$ IN PLATELETS

Differential signaling of PPAR $\gamma$  is not an unprecedented finding, as PPAR $\gamma$  is known to recruit various co-activators after stimulation with different ligands. Although most TZDs bind identical binding pockets in PPAR $\gamma$ , their biological profiles are distinct (65, 66). This is in part due to differential recruitment of co-activators, but also possibly due to variations in availability of cofactors. In

cell-based systems, PPAR $\gamma$  ligands can act as partial agonists in some cell types and full agonists in others (67). Additionally, different PPAR $\gamma$  ligands can recruit different co-activators in the same cell type, leading to different outcomes (68–70). These differences likely explain many of the adverse effects observed with some TZDs in clinical trials. Although still poorly understood, differential binding and recruitment of cofactors may explain the complex and sometimes contradictory actions of PPAR $\gamma$  in platelets, although no studies have evaluated this role of PPAR $\gamma$  in platelets to date.

Although a transcription factor, PPAR $\gamma$  has been shown to serve many other important non-genomic roles in platelets and nucleated cells (Figure 2). Specifically in platelets, collagen stimulation results in PPAR $\gamma$  recruitment to the GPVI signalosome and interacts with the adapter molecule, Syk (71). As a result, linker of activated T cells (LAT) is recruited and forms a complex with Syk and PPAR $\gamma$ . In this setting, PPAR $\gamma$  appears to be necessary for enhancement of GPVI-mediated activation as treatment with PPAR $\gamma$  antagonists only partially blocks phosphorylation of LAT and the downstream targets phospholipase C $\gamma$  (PLC $\gamma$ ), PI3K, and Akt. Interestingly, several other groups have demonstrated that cytosolic platelet PPAR $\gamma$  is released into the supernatants and in platelet-derived microparticles rapidly upon activation, leaving very low levels of PPAR $\gamma$  in the activated platelets (34, 72). This may suggest that early signaling



roles of PPAR $\gamma$  include recruitment to the LAT/Syk signaling complex, which results in its packaging and export into microparticles, possibly due to its proximity to the cell membrane. Alternatively, there may be different pools of PPAR $\gamma$  that could have different subcellular localization patterns. It is not known whether platelets contain an unknown endogenous PPAR $\gamma$  ligand that plays a role in this signaling pathway. However, exogenous treatment of activated platelets with PPAR $\gamma$  ligands inhibit its interaction with the LAT/Syk signaling complex and reduces the amplitude of the signal, thus reducing aggregation and mediator release. Similarly, PPAR $\gamma$  ligands also blunt release of PPAR $\gamma$  into the supernatants and platelet-derived microparticles (34).

Separate studies have suggested that PPAR $\gamma$  interacts with ERK and p38 MAPK, which are common downstream mediators of platelet activation, leading to granule secretion (73). Stimulation of human platelets with collagen led to phosphorylation of PPAR $\gamma$  and its subsequent association with p-ERK and p38 MAPK. Treatment with PPAR $\gamma$  ligands prevented these interactions, reducing granule release. Similarly, PPAR $\gamma$  has been shown to interact with PKC $\alpha$  in platelets in response to PPAR agonists, consequently reducing the activation of PKC $\alpha$  (74). Although complex, there is sufficient evidence to suggest that PPAR $\gamma$  plays an important role in platelet signaling. PPAR $\gamma$  knockout mice are embryonic lethal; thus, a megakaryocyte and platelet-specific PPAR $\gamma$  knockout mouse model would be invaluable in determining the biologic role of PPAR $\gamma$  in platelets. As platelets do not contain a nucleus, any genomic deletion of PPAR $\gamma$  in platelets must also be deleted in the parent megakaryocyte. Therefore, changes in platelet function in these mice could be due to the loss of PPAR $\gamma$  in the platelet or megakaryocyte. Our group has recently shown that overexpression of PPAR $\gamma$  in a megakaryocyte cell line resulted in enhanced platelet production upon stimulation with a PPAR $\gamma$  ligand (72). These data suggest that PPAR $\gamma$  may play an important role in platelet production from megakaryocytes and could potentially convolute findings from megakaryocyte and platelet-specific PPAR $\gamma$  knockout mice.

### PPAR $\beta/\delta$

PPAR $\beta/\delta$  is broadly expressed and plays an important role in skeletal muscle where it regulates cellular proliferation, differentiation, and fatty acid catabolism (75). Similar to PPAR $\gamma$ , PPAR $\beta/\delta$  is found in human and mouse platelets and PPAR $\beta/\delta$  ligands inhibit platelet function (76). Treatment with the specific PPAR $\beta/\delta$  ligand, GW501516, significantly increased cAMP levels in mouse platelets and prevented aggregation (77). Utilizing platelets from PPAR $\beta/\delta$  knockout mice, the increase in cAMP was shown to be specific to PPAR $\beta/\delta$  signaling, as cAMP levels in knockout platelets were drastically lower in response to ligand. Interestingly, no difference in aggregation was observed between knockout and control platelets treated with GW501516, suggesting that the inhibition of platelet aggregation by GW501516 occurs independent of PPAR $\beta/\delta$ . Furthermore, no differences were observed between knockout and control platelets' ability to produce cAMP or aggregate in response to ADP in the absence of PPAR $\beta/\delta$  ligand. This indicates that PPAR $\beta/\delta$  in platelets may require ligand binding to exert its inhibitory effects on platelet function. Nevertheless, these

data demonstrate that PPAR $\beta/\delta$  is capable of signaling in platelets, although the physiologic relevance remains unclear at this point.

One possible mechanism by which PPAR $\beta/\delta$  dampens platelet activation may involve the endogenous antithrombotic molecule, prostacyclin I<sub>2</sub> (PGI<sub>2</sub>). PGI<sub>2</sub> is produced by endothelial cells and is reported to be a ligand for PPAR $\beta/\delta$  (78), although this has not been proven in platelets. Previous studies have shown that PGI<sub>2</sub> can synergize with endothelial-derived NO to inhibit platelet aggregation in response to variety of agonists through a mechanism involving increased cAMP (76). Another possible mechanism of action of PPAR $\beta/\delta$  in platelets may involve modulation of PKC $\alpha$  function. Treatment of human platelets with GW501516 induced association of PPAR $\beta/\delta$  with PKC $\alpha$  in a dose-dependent manner (77). PKC $\alpha$  has been shown to positively regulate platelet adhesion, a function that was dampened with PPAR $\beta/\delta$  activation. Overall, very little is known about the biological significance and mechanism of PPAR $\beta/\delta$  in platelets, although the available data suggest a role in inhibiting platelet activation.

### PPAR $\alpha$

PPAR $\alpha$  is a major regulator of fatty acid homeostasis and inflammation. It is highly expressed in brown adipose tissue, liver, kidney, heart, and skeletal muscle (75). PPAR $\alpha$  agonists are used as a treatment for elevated plasma lipid levels and for their ability to increase the uptake of fatty acids and improve the high-density lipoprotein (HDL) to low-density lipoprotein (LDL) ratio. Little is known about the function of PPAR $\alpha$  in regulating hemostasis, but its presence was recently discovered in platelets. Statins and fibrates are PPAR $\alpha$  agonists and are widely prescribed for the prevention of coronary artery disease and atherosclerosis, thus reducing the risk of thrombotic events (74). In addition to their effects on lipid metabolism, statins and fibrates have been shown to activate PPAR $\alpha$  (79). Specifically, fenofibrate decreased agonist-induced platelet activation and increased bleeding times in mice (74). Fenofibrate's ability to inhibit platelet aggregation was abolished in the presence of a specific PPAR $\alpha$  antagonist. Additionally, bleeding times in PPAR $\alpha$  knockout mice were not affected by treatment with fenofibrate, unlike control mice. Interestingly, the baseline bleeding times in PPAR $\alpha$  knockout mice were longer than control mice, suggesting an additional role for PPAR $\alpha$  in maintaining hemostasis. Due to the usage of PPAR $\alpha$  global knockout mice, it is unclear whether this difference was due to platelet-specific or multivariate effects. Although the mechanisms of action of PPAR $\alpha$  in platelets have not been thoroughly investigated, some evidence suggests that it may regulate PKC $\alpha$  activity, similar to PPAR $\gamma$  and PPAR $\beta/\delta$  (80).

### NON-GENOMIC FUNCTIONS OF PPARs: LESSONS FROM NUCLEATED CELLS

The wide use of PPAR ligands in the clinic has led to the discovery of numerous pleiotropic effects of these compounds. These include PPAR-dependent, non-genomic actions in addition to PPAR-independent signaling of ligands (81, 82). The PPAR-independent signaling mechanisms of PPAR ligands will not be discussed here, but these effects must be kept in mind when interpreting data investigating the effects of PPAR ligands on platelet function. In fact, these likely play an important role in regulating

platelet function, perhaps through affecting mitochondrial activity, as many effects of PPAR ligands in platelets cannot be reversed using PPAR antagonists. Additionally, many PPAR ligands, such as unsaturated fatty acids, can cross-react with all PPAR isoforms at higher concentrations, further complicating the interpretation of these findings (83). It may be possible to generate useful hypotheses about how PPARs signal in platelets based upon similar studies in nucleated cells.

### PPAR $\gamma$ –PKC $\alpha$ CROSSTALK

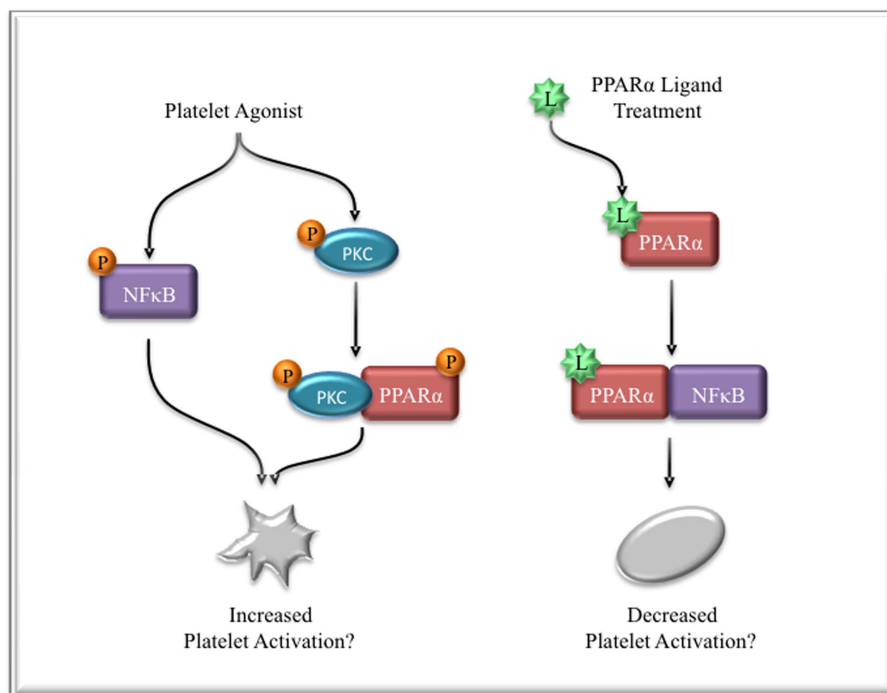
In human epithelial colorectal adenocarcinoma cells, PPAR $\gamma$  has been shown to regulate NF $\kappa$ B activity in a non-genomic fashion involving their direct association (84). In this model, PPAR $\gamma$  bound to p65 in the nucleus, resulting in export of both proteins to the cytoplasm. Consequently, cytoplasmic localization of NF $\kappa$ B prevented its proinflammatory transcription-dependent effects. It is possible that PPAR $\gamma$  can also physically interact with p65 in platelets. This interaction could inhibit NF $\kappa$ B activity in platelets, which would exert anti-inflammatory and anti-platelet effects. PPAR $\gamma$  has also been shown to form a direct interaction with PKC $\alpha$  upon stimulation with various PPAR $\gamma$  ligands in macrophages (85). The physical association of PKC $\alpha$  with PPAR $\gamma$  prevented PKC $\alpha$  translocation to the membrane and subsequent degradation. However, in this system PPAR $\gamma$  was only able to negatively regulate PKC $\alpha$  activation in response to low-dose PMA stimulation. This suggests that the inhibitory effect of PPAR $\gamma$  can be overridden with stronger stimulation.

### PPAR $\alpha$ –PKC $\alpha$ CROSSTALK

Interestingly, PPAR $\alpha$  has also been shown to directly interact with PKC $\alpha$  in macrophages (86). In response to LPS stimulation, PKC $\alpha$  bound and phosphorylated PPAR $\alpha$ . However, in the presence of the PPAR $\alpha$  ligand, simvastatin, PPAR $\alpha$  no longer bound PKC $\alpha$  and consequently was able to transrepress NF $\kappa$ B activation. In this model, PKC $\alpha$  likely acts to deactivate PPAR $\alpha$ 's inhibitory actions on the proinflammatory NF $\kappa$ B signaling. This may represent a mechanism by which PPAR $\alpha$  ligands, such as statins, exert potent and rapid anti-inflammatory actions. Although the interaction of PPAR $\alpha$  with PKC $\alpha$  was postulated to negatively regulate PPAR $\alpha$ 's function in this system, it is possible that this complex serves additional and possibly proinflammatory functions. Similarly, these data suggest that in platelets, ligand-induced activation of PPAR $\alpha$  may function differently than phosphorylation-induced activation, resulting in different or possibly contradictory actions. This may even explain the discrepancy between the bleeding phenotype observed in PPAR $\alpha$  knockout mice, while control mice also had increased bleeding times with PPAR $\alpha$  activation. Perhaps, PPAR $\alpha$ , independent of ligand, acts as a positive regulator of platelet hemostatic function by enhancing activation of PKC $\alpha$ , while ligand-activated PPAR $\alpha$  sequesters and inhibits NF $\kappa$ B thus, negatively regulating platelet activation (Figure 3).

### PPAR $\gamma$ AND PPAR $\alpha$ REGULATE MAP KINASES

Another possible role of PPAR $\alpha$  in platelets involves regulation of MAP kinases. In T cells, PPAR $\alpha$  was shown to inhibit p38 MAPK



**FIGURE 3 | Possible mechanism of PPAR $\alpha$  and NF $\kappa$ B regulation in platelets.** Platelet activation leads to NF $\kappa$ B phosphorylation and activation, which potentiates activation signals. PKC $\alpha$  is also phosphorylated and activated in response to stimulation. This may lead to an interaction between

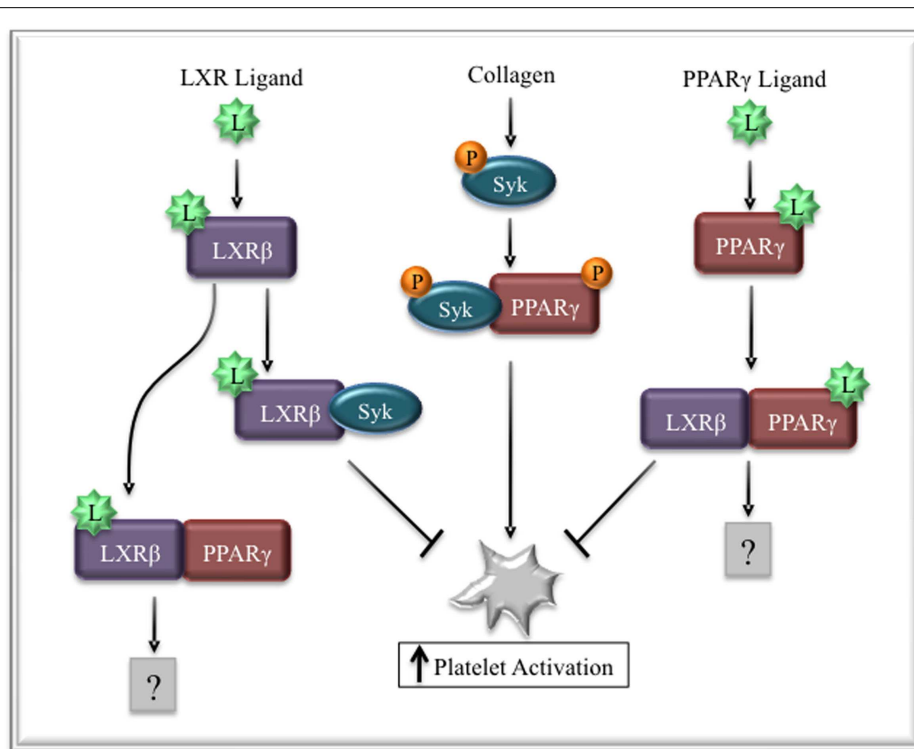
PPAR $\alpha$  and PKC $\alpha$ , leading to increased activation. Treatment with PPAR $\alpha$  ligands prevents PPAR $\alpha$  binding to PKC $\alpha$ , but instead enhances its interaction with NF $\kappa$ B, thus functionally sequestering PPAR $\alpha$  and NF $\kappa$ B from participating in activation signaling.

activation, but only in the absence of ligand (87). Additionally, this regulation of p38 MAPK appeared to be independent of direct interaction with PPAR $\alpha$ , but likely required an unknown secondary mediator. Activation of p38 MAPK occurs early in platelet activation, albeit transiently, to induce granule release that stimulates the second wave of aggregation (88, 89). Subsequent ligand binding to  $\alpha$ Ib $\beta$ 3 downregulates active p38 MAPK (90). Perhaps, PPAR $\alpha$  mediates the regulation of p38 MAPK in these conditions or possibly under shear stress, whereby p38 MAPK mediates adhesion in flow.

PPAR $\gamma$  has also been shown to regulate MAPK pathways in nucleated cells through non-genomic mechanisms (91). PPAR $\gamma$  reversibly interacts with MEK1 via its AF2 domain, resulting in export from the nucleus to the cytoplasm. This corroborates evidence suggesting that PPAR $\gamma$  ligands regulate downstream ERK signaling (92). Interestingly, PPAR $\gamma$  activation led to rapid ERK phosphorylation in human prostate cancer cells, vascular smooth muscle cells, and human microvascular endothelial cells, but inhibited ERK activation in adrenocortical cancer cells (93–95). Similarly, PPAR $\gamma$  enhanced ERK activation in rabbit renal cortex cells, but had no effect in mouse cells (96). These data suggest cell type-specific and species-specific effects of PPAR $\gamma$ , possibly through availability of different co-activators. The effects of PPAR $\gamma$  activation on the MEK/ERK pathway in platelets has not been investigated, but represents a promising avenue of further research.

## LIVER X RECEPTORS

Liver X receptors (LXRs) are transcription factors that play key roles in cholesterol homeostasis by regulating genes, such as apolipoprotein E and cytochrome P450 7 $\alpha$ -hydroxylase 1 (Cyp7a1) (97, 98). Recent studies have demonstrated that platelets express LXR $\beta$  and its ligands inhibited collagen-induced aggregation (99). Thrombin and fibrinogen-induced activation was affected to a lesser degree, requiring high doses of LXR ligands to exert comparable inhibitory effects. Collagen-induced Syk phosphorylation was strongly inhibited by pretreatment with LXR ligands, while LAT and PLC $\gamma$  phosphorylation were inhibited to a lesser degree, which could be explained by the high concentration of collagen used for activation (50  $\mu$ g/mL). Interestingly, and opposite of the results seen with PPAR $\gamma$  (71), LXR ligands induced association of LXR with Syk and PLC $\gamma$ . Moreover, stimulation of platelets with PPAR $\gamma$  or LXR ligands led to an association between the two transcription factors, which was diminished with higher concentrations of ligand. Taken together, these data suggest that LXR and PPAR $\gamma$  can physically interact in platelets and this may represent a novel regulatory mechanism of collagen-induced activation (Figure 4). In cell free systems, LXR $\beta$  was able to bind all three PPAR isoforms with different affinities (100). Moreover, different PPAR ligands altered the affinities of these interactions. For example, troglitazone inhibited PPAR $\gamma$ /LXR $\beta$  interactions, while GI262570, a PPAR $\gamma$  ligand with high binding affinity, had no effect on this interaction. This may help to explain why different



**FIGURE 4 | Regulation of collagen signaling by LXR $\beta$  and PPAR $\gamma$ .** Collagen signaling leads to the phosphorylation of Syk and PPAR $\gamma$ . Ligand-activated LXR binds Syk, preventing its interaction with PPAR $\gamma$ , thus decreasing platelet

activation. Similarly, PPAR $\gamma$  ligands or LXR ligands can induce the interaction of PPAR $\gamma$  and LXR, reducing the availability of PPAR $\gamma$  to participate in collagen signaling.



PPAR ligands exert different effects on platelet signaling and function.

### RETINOID X RECEPTORS

Retinoid X receptors comprise a group of nuclear receptors that recognize vitamin A metabolites (101). The three different isoforms of RXRs ( $\alpha$ ,  $\beta$ , and  $\gamma$ ) are expressed in different tissues, with RXR $\alpha$  and RXR $\beta$  being fairly widely expressed and RXR $\gamma$  is mainly expressed in skeletal muscle and heart tissue (102). RXR $\alpha$  is the heterodimeric binding partner of PPAR $\gamma$ , which is essential for mediating the genomic effects of PPAR $\gamma$ . Platelets express the RXR $\alpha$  and  $\beta$  isoforms, but not RXR $\gamma$ , and RXRs immunoprecipitate with PPAR $\gamma$  in platelets. (103) Similar to PPAR $\gamma$  ligands, the RXR ligand, 9-cis-retinoic acid (9cRA), inhibited agonist-induced platelet activation. Interestingly, however, 9cRA preferentially inhibited ADP and U46619 (a thromboxane mimetic)-induced aggregation, but did not alter collagen-induced activation. This is surprising in light of the fact that PPAR $\gamma$  ligands dampen signaling through the collagen receptor (Figure 2), suggesting that RXR in platelets can signal non-genomically independent of PPAR $\gamma$ . RXR $\alpha$  co-immunoprecipitated with Gq11 in resting platelets and this interaction was enhanced when platelets were stimulated with 9cRA. In this manner, ligand-bound RXR $\alpha$  may sequester Gq from its traditional role in propagating signals from G-protein coupled receptors, such as the ADP and thromboxane receptors.

### GLUCOCORTICOID RECEPTORS

The glucocorticoid receptor (GR) is a nuclear hormone receptor that binds glucocorticoids, such as dexamethasone and prednisolone, resulting in an anti-inflammatory response (104). Human platelets express GR and differentially respond to its ligands (105). One study found that human platelets were less responsive to activation when treated with prednisolone, but not dexamethasone (106). Furthermore, the inhibitory effects of prednisolone on platelet function could be prevented by treatment with the GR antagonist, RU486. Interestingly, binding assays in human platelets revealed that both glucocorticoids could bind GR and increase its association with the chaperone protein, HSP90. In nucleated cells, ligand binding to GR causes HSP90 dissociation from the GR complex, which reveals its nuclear localization signal (107). However, the opposite effect was found in platelets, suggesting a different method of regulation. Moreover, a unique dimerization was identified in human platelets between GR and the mineralocorticoid receptor (MR), which can bind some of the same ligands as GR, such as dexamethasone. This may help to explain why dexamethasone affected platelet function differently from the more specific GR agonist, prednisolone. Additionally, mineralocorticoids activate PI3K, consistent with the finding that mineralocorticoid actions are associated with increased risk of vascular disease (108).

### ARYL HYDROCARBON RECEPTOR

The aryl hydrocarbon receptor (AHR) is a well-known toxicant-sensing receptor that also plays essential roles in immune function and hematopoiesis (109). Common AHR ligands include polycyclic aromatic hydrocarbons, lipoxin A4, and 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD). Mouse platelets express

AHR, which is known to play an important role in hematopoiesis and megakaryocyte development (110). Platelets from AHR knockout mice exhibit defective collagen signaling, with inhibited collagen-induced aggregation and spreading. Of note, platelets from AHR knockout mice had lower levels of the collagen receptor, GPVI, and undetectable levels of Vav proteins. Vav1 and Vav3 are activated downstream of many signaling pathways in platelets, and play a role in responding to collagen (111). Although the defects in platelet collagen signaling in AHR knockout mice are intriguing and may suggest an important role for this transcription factor in platelet biology, a more thorough investigation is needed. It is still unknown whether platelets respond to AHR ligands and whether they affect agonist-induced activation. Moreover, it is possible that the defects in collagen signaling in AHR knockout mice could be solely attributed to defective thrombopoiesis and altered platelet composition. Limited studies have evaluated the effects of AHR ligands in hemostasis. Polychlorinated biphenyls, which are non-specific AHR ligands, enhanced human platelet activation (112). Additionally, the specific AHR ligand, TCDD, was shown to induce thrombocyte aggregation in zebrafish (113). This can likely be attributed to its non-genomic actions in thrombocytes, as these effects were seen as early as 30 min post-treatment. Further research investigating the effects of AHR activation in platelets may reveal novel actions of environmental toxicants on hemostasis and cardiovascular risk.

The AHR has been shown to form a complex with the p65 subunit of NF $\kappa$ B in breast cancer cells (114). Furthermore, this interaction was found to be functionally relevant, resulting in proliferation and tumorigenesis. Additional roles for the AHR in regulation of NF $\kappa$ B signaling have been shown by our group in fibroblasts (115, 116). We found that absence of the AHR coincided with decreased expression of the non-canonical NF $\kappa$ B member, RelB. Signal-specific phosphorylation of RelB targets it for proteosomal degradation. It is possible that physical association between the AHR and RelB prevents its proteosomal degradation and allows it to exert anti-inflammatory effects, similar to its regulation in T cells (117).

### SIGNAL TRANSDUCER AND ACTIVATOR OF TRANSCRIPTIONS

The signal transducer and activator of transcription (STAT) family of proteins were some of the first identified functional transcription factors in platelets (118). Human platelets express STATs 1, 3, and 5, which traditionally play a role in transducing signals from cytokine receptors to elicit an immune response (119). Early on, it was known that thrombopoietin could act on human platelets and this resulted in STAT3 phosphorylation, although the biological significance was unclear. Recently, the role of STAT3 in platelet signaling has been investigated more thoroughly, uncovering an important role for it in GPVI signaling (120). Pharmacologic inhibition of STAT3 signaling or dimerization resulted in a hyporesponsive phenotype to low-dose collagen activation. Additionally, platelets from platelet and megakaryocyte-specific STAT3 knockout mice had lower levels of collagen-induced aggregation, decreased P-selectin expression, and slowed thrombus formation. Interrogation of the signaling cascade revealed that STAT3 was activated by JAK2, in the same manner as in nucleated cells.



Traditionally, STAT3 homodimerizes upon phosphorylation by JAK2, then translocates to the nucleus where it acts as a traditional transcription factor. However, in platelets, phosphorylation of STAT3 by JAK2 resulted in dimerization and activation of PLC $\gamma$ . Syk was found to be an upstream activator of this pathway and was complexed with STAT3 and PLC $\gamma$  after activation with collagen (121). These data suggest that STAT3 plays an important regulatory role in platelet activation downstream of collagen and thrombopoietin signaling.

### THE DIVERGENT ROLES OF TRANSCRIPTION FACTORS

The investigation of transcription factors in platelets has often led to convoluted and sometimes contradictory findings. This can most clearly be seen in the evaluation of the roles of PPAR $\alpha$  in platelets. In this case, PPAR $\alpha$  appears to play an important role in platelet activation, but has the opposite effect in the presence of a PPAR $\alpha$  ligand (74). Additionally, phosphorylated PPAR $\gamma$  positively regulates collagen signaling, while ligand-bound PPAR $\gamma$  inhibits activation (71). These data support the hypothesis that ligand-induced activation of transcription factors can function differently than phosphorylation-induced activation (Figure 3).

### MICROPARTICLES AS TRANSPORTS OF TRANSCRIPTION FACTORS

Microparticles are plasma membrane-derived vesicles ranging in diameter from 0.1 to 1  $\mu$ m that are present at levels of approximately 5–50  $\mu$ g/mL in blood plasma (122). Platelets and megakaryocytes are the primary source of microparticles in the blood circulation (about 80%), whereas other microparticles are derived from erythrocytes, endothelial cells, and granulocytes (122–124). Since their discovery, the role of platelet microparticles in coagulation was evident, and later was supported by identification of tissue factor expression (123) and a phosphatidylserine-rich outer membrane (125) that binds coagulation factors to aid in their assembly and enzymatic processing. Microparticles are produced from resting cells, during apoptosis or during cell activation, likely resulting in different internal and surface composition. Microparticles were shown to differ in composition between human samples and between microparticle size classes (126, 127). Packaging mechanisms for microparticles have not yet been identified and such studies are crucial for the understanding of microparticle influences on their environment. Whether microparticle packaging is a passive or active process, increased proximity of mediators to the cell plasma membrane would likely increase their chances of becoming encapsulated by the released microparticles.

### MICROPARTICLE FUNCTIONS AND ROLES IN INFLAMMATION

Microparticles are postulated to have several means to influence their environment. Burger et al. described their ability to (1) promote coagulation, (2) scavenge NO, (3) generate reactive oxygen species, (4) cleave cellular surface proteins via metalloproteinases, (5) signal cells via surface proteins, and (6) deliver cargo via transfer of membrane and internal contents (128). Additionally, microparticles are postulated to contribute to, and sometimes exacerbate inflammation. It is likely that surface interactions and

the less studied delivery of internal microparticle contents are both contributing to the influences of microparticles on their environment.

### TRANSCELLULAR COMMUNICATION

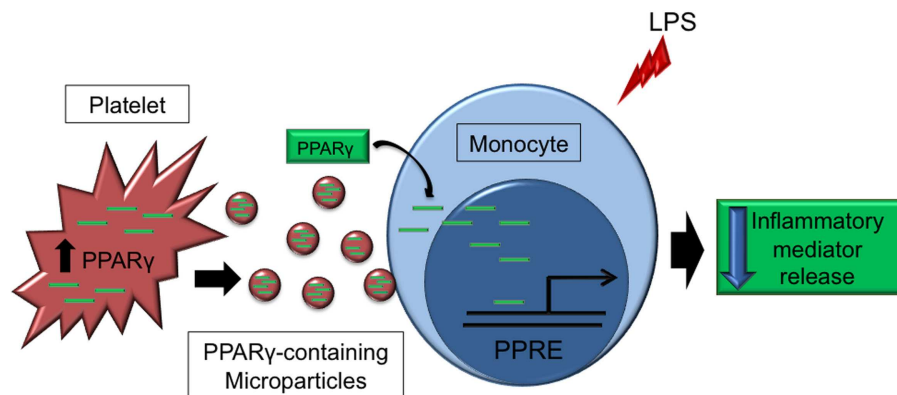
Circulating microparticles can interact with other blood cells they encounter, such as leukocytes, lymphocytes, platelets, and with endothelial cells. Specific modes of cell–microparticle interactions include surface receptor signaling, plasma membrane fusion, or internalization of microparticles (129). The fusion of platelet microparticle membranes to target cell membranes was demonstrated to transfer the surface protein CXCR4 to cells causing recipient cell susceptibility to human immunodeficiency virus infection (130). Membrane fusion or internalization of microparticles could also cause microparticle internal composition to be transferred into the recipient cell cytoplasm. Lipids (131), RNA, and protein (129) have been seen to be delivered in this fashion, and multiple examples of each are reviewed by Mause and Weber (132). Arachidonic acid is a lipid mediator delivered by platelet microparticles that can be further processed into thromboxane A<sub>2</sub> by recipient platelets and contribute to their activation (131). Overall, platelet microparticles contain various mediators that can be delivered to surrounding cells to impact their function.

### TRANSCRIPTION FACTORS IN MICROPARTICLES AND ROLES IN TRANSCELLULAR COMMUNICATION

The influence of microparticles on recipient cell function is based on microparticle composition. Not surprisingly, blood microparticle protein composition was found to be highly variable between healthy humans (127). Our work showed that platelet microparticles contain transcription factors, such as PPAR $\gamma$ , derived from parent cells (34). Furthermore, proteomic analysis has led to the discovery of three other transcription factors in platelet microparticles, RuvB-like 2, STAT3, and STAT5A (133).

Transcription factors are transported from cells through microparticles and retain function within the recipient cells (34, 72). Our lab was the first to show this ability with platelet-derived microparticles delivering functional PPAR $\gamma$  to THP-1 monocytes, detected through an electrophoresis mobility gel shift assay (134). We have since developed a novel platform technology to engineer microparticles through overexpression of PPAR $\gamma$  in platelet and megakaryocyte-derived microparticles obtained from the cultured megakaryoblastic cell line, Meg-01 cells. We showed that these engineered microparticles could be taken up by THP-1 monocytes, and that the transferred PPAR $\gamma$  was functional within recipients shown by induction fatty acid binding protein-4 (FABP4) expression, a unique PPAR $\gamma$ -specific target gene (72) (Figure 5).

To identify the significance of the transferred PPAR $\gamma$  to recipient cells, we compared recipient cell responses incubated with microparticles that did or did not contain PPAR $\gamma$ , to inflammatory stimuli (135). Monocytes that received PPAR $\gamma$ -containing microparticles had decreased inflammatory mediator production compared to the control microparticles. PPAR $\gamma$  activation has been shown to induce cell differentiation (136, 137). Our work also supported the influence of PPAR $\gamma$  on monocyte differentiation as the cells receiving PPAR $\gamma$ -containing microparticles became more adherent through increased integrin expression and fibronectin



**FIGURE 5 | Platelet microparticles as a method of transcellular delivery of transcription factors.** Platelet-derived PPAR $\gamma$  is packaged into platelet microparticles, which can deliver intact PPAR $\gamma$  protein to target cells, such as monocytes. PPAR $\gamma$  can then bind to peroxisome

proliferator response elements (PPRE) in the nucleus to affect transcription of target genes. Transfer of PPAR $\gamma$  to monocytes via microparticles has been shown to decrease LPS-induced inflammatory mediator release.

production (135). These data support the notion that circulating microparticles could have a profound impact on inflammatory cells during responses to insult and injury. Specifically, the anti-inflammatory PPAR $\gamma$  and proinflammatory NF- $\kappa$ B composition of microparticles could vastly dampen or heighten responses of recipient cells.

## DIAGNOSTIC AND THERAPEUTIC POTENTIAL OF MICROPARTICLES

Measurements of microparticle abundance are becoming a more popular assessment of systemic inflammation. With current technology, it is easier and less expensive to measure microparticle number and surface composition rather than running entire microparticle proteomic studies with each patient sample. Microparticle number and surface phenotype have provided descriptive diagnostic tools indicative of disease severity. However, evaluation of the total protein composition of microparticles would tell an infinitely more detailed summary of patient health status. Particularly, looking at levels of the highly influential transcription factors within circulating microparticles would provide insight into the inflammatory state from the cells generating the microparticles as well as the potential inflammatory impact on recipient cells within the blood.

Delivery of platelet proteins such as PPAR $\gamma$  could have an anti-inflammatory and/or pro-differentiation influence on activated cells via microparticles and act as a physiological means of quenching inflammation. Transcription factors would be among the most influential mediators to deliver to a cell, as they are capable of initiating transcripts of multiple downstream products that could influence numerous networks and pathways. Certain transcription factors may require signal or ligand activation to fully function in a microparticle delivery setting. In the case of PPAR $\gamma$ , endogenous ligands such as 15d-PGJ<sub>2</sub> and others may be present or synthesized. Whereas the components delivered by microparticles may be short-lived, their effects on the recipient cells may sometimes be permanent, such as inducing irreversible differentiation or death of recipient cells.

Overall, platelet microparticles are abundant and influential transcellular vesicles. They contain proteins, lipids, and RNA derived from their parent cells. Therefore, these circulating biomarkers provide insight into the cumulative activation and inflammatory state of all blood cell populations. Importantly, microparticles have repeatedly been shown to not just be cell byproducts but rather influential delivery mechanisms. Transportation of transcription factors to cells could influence several ongoing or initiate new pathways causing profound impacts within recipient cells. Transcellular communication involving transcription factors via platelet microparticles substantiates another possible key role of transcription factors presence in platelets.

## CONCLUSION

Transcription factors play numerous important and previously unrecognized roles in regulating platelet function in a non-genomic manner. Additionally, transfer of intact and functional transcription factors to other cells via microparticles may serve as a novel regulatory mechanism for inflammation. The initial discovery of transcriptional regulatory elements in a particular protein does not exclude the possibility of non-genomic roles for that protein as well. The anucleate platelet can serve as an important model system to study non-genomic roles of transcription factors. Further elucidation of the non-genomic functions of transcription factors will yield important discoveries that have the potential to illuminate platelet biology and also help to explain the pleiotropic effects of pharmaceuticals that target these pathways.

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# Platelets in inflammation: regulation of leukocyte activities and vascular repair

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There is now a large body of evidence that platelets are central actors of inflammatory reactions. Indeed, platelets play a significant role in a variety of inflammatory diseases. These diseases include conditions as varied as atherosclerosis, arthritis, dermatitis, glomerulonephritis, or acute lung injury. In this context, one can note that inflammation is a convenient but imprecise catch-all term that is used to cover a wide range of situations. Therefore, when discussing the role of platelets in inflammation, it is important to clearly define the pathophysiological context and the exact stage of the reaction. Inflammatory reactions are indeed multistep processes that can be either acute or chronic, and their sequence can vary greatly depending on the situation and organ concerned. Here, we focus on how platelets contribute to inflammatory reactions involving recruitment of neutrophils and/or macrophages. Specifically, we review past and recent data showing that platelets intervene at various stages of these reactions to regulate parameters such as endothelial permeability, the recruitment of neutrophils and macrophages and their effector functions, as well as inflammatory bleeding. The mechanisms underlying these various modulating effect of platelets are also discussed.

**Keywords: neutrophils, platelets, inflammation, monocytes, vascular permeability, bleeding, thrombocytopenia, ITAM**

## PLATELETS CONTROL ENDOTHELIAL PERMEABILITY AND LEUKOCYTE INFILTRATION

While platelets have long been known to promote the semi-permeable barrier function of the resting endothelium (1), it has become equally clear that under inflammatory conditions, platelets can promote vascular permeability. Indeed, both edema formation and leukocyte infiltration have been shown to be markedly reduced by thrombocytopenia in multiple models of acute or chronic inflammation. For instance, immunodepletion of platelets was shown to inhibit neutrophil extravasation and the efflux of Evans blue from mesenteric venules in a mouse model of thioglycollate-induced peritonitis (2). Thrombocytopenia also resulted in reduced skin edema and infiltration of neutrophils, eosinophils, and mast cells in models of cutaneous leukocytoclastic vasculitis (3) and of chronic contact hypersensitivity (4). These pro-inflammatory effects of platelets were also reported in the inflamed lungs (5–7), the very same organ where the anti-permeability effect of platelets was demonstrated in unchallenged thrombocytopenic animals (8).

Notably, while in the above-cited examples the efflux of leukocytes and plasma were both promoted by platelets, situations where only one of these parameters was impacted by platelet depletion have also been reported. In a mouse model of irritant contact dermatitis, experimental thrombocytopenia led to reduced edema formation without affecting neutrophil infiltration (9). Platelet depletion also resulted in complete abrogation of protein leakage without affecting neutrophil recruitment to the lungs in a model of transfusion-related acute lung injury (7). Concordantly,

thrombocytopenia fully prevented endothelial gap formation and vascular leakage during experimental arthritis but only partially reduced the overall arthritis severity (10). Therefore, although promotion of plasma and leukocyte extravasation by platelets may share common mechanistic aspects, they are clearly distinct parameters with their own distinct regulatory mechanisms. Interestingly, it was recently shown that leukocyte extravasation and vascular permeability can be controlled separately by different tyrosine residues of VE-cadherin (11). Whether such a mechanism contributes to differential regulation of vascular permeability and leukocyte infiltration by platelets remains to be demonstrated but these results suggest that distinct and selective regulation of these two parameters is possible at the endothelial junction level.

Recruitment of platelets to the inflamed vasculature and local release of soluble compounds from activated platelets likely constitute the predominant basic mechanisms common to regulation of both vascular permeability and leukocyte extravasation by platelets. Interactions between platelets and inflamed vessels have been shown to be an early event in various models of acute and chronic inflammation (7, 9, 10, 12–19). Various adhesion receptors can support the early recruitment of platelets to inflamed microvessels and the subsequent actions of platelets on vascular permeability and leukocyte extravasation. The nature of these receptors is highly dependent on the inflammatory context. While platelet P-selectin was crucial for platelet recruitment and leukocyte extravasation in experimental colitis (20), acute lung injury (5), chronic cutaneous hypersensitivity (4), allergic asthma (21), glomerulonephritis (17), and cerebral and intestinal

ischemia/reperfusion (13, 14), it played only a minor role in the recruitment of neutrophils in thioglycollate-induced peritonitis (2). Likewise, GPIb was critical for platelet recruitment and leukocyte invasion at atheromatous lesion-prone sites in hypercholesterolemic mice (12) and during peritonitis (2) but dispensable for early recruitment of platelets to the inflamed glomerulus (19). In addition to P-selectin and GPIb, GPVI, GPIIb–IIIa, CD40L are among the other platelet receptors that have been reported to be involved in platelet recruitment and action on vascular permeability and/or leukocyte recruitment (Table 1).

Remarkably, immunohistological and intravital analyses have revealed that platelet recruitment during the early phase of the inflammatory reaction mostly occurs through transient and firm adhesion of individual platelets to endothelial cells and gaps in the endothelial lining, and/or to adherent leukocytes rather than through platelet aggregation and thrombus formation (7, 9, 10, 12–14, 16, 18–20). Binding of platelets to adherent leukocytes illustrates the fact that while platelets support the recruitment of leukocytes during inflammatory reactions, the opposite is also

true. Inhibition of neutrophil recruitment by immunodepletion of neutrophils or by pharmacological or genetic targeting of their adhesion receptors was indeed shown to induce a reduction in platelet recruitment in various inflammation models (7, 13, 14, 19, 27). It is also noteworthy that interactions between activated platelets and leukocytes do not only occur at the inflammatory site but also in the circulation. The signals triggered by these interactions notably induce integrin activation, thus priming leukocytes for adhesion to inflamed vessels (24, 28). Increased formation of neutrophil/platelet and/or monocyte/platelet complexes has been reported in patients with various inflammatory diseases including rheumatoid and psoriatic arthritis (29–31), allergic asthma (32), perionitis (33), ulcerative colitis (34), ischemic stroke (35), dengue infection (36), and atherosclerosis (37). Considering the contribution of platelet/leukocyte interactions to the pathogenesis of various inflammatory diseases in experimental models, in part, via promotion of neutrophil infiltration, increased platelet/leukocyte complexes in human diseases may not only reflect platelet activation but also participate in disease regulation.

**Table 1 | Regulation of vascular permeability and leukocyte recruitment by platelets.**

	Inflammatory model	Receptors and/or soluble factors involved	References
Vascular permeability	Arthritis	<u>GPVI</u> /Serotonin	Cloutier et al. (10)
	Peritonitis	<u>GPIb</u> /vWF	Petri et al. (2)
	Leukocytoclastic vasculitis	<u>P-selectin</u> /PSGL-1	Hara et al. (3)
	Chronic cutaneous hypersensitivity	<u>ND</u>	Tamagawa-Mineoka et al. (4)
	Acute lung inflammation	<u>P-selectin</u>	Hidalgo et al. (7), Zarbock et al. (5)
Leukocyte recruitment	Glomerulonephritis	<u>P-selectin</u> /PSGL-1	Kuligowski et al. (17)
		<u>P-selectin</u>	Devi et al. (19)
	Atherosclerosis	<u>GPVI</u> /EMMPRIN	Schulz et al. (22)
		<u>CD40L</u> and MCP-1	Lievens et al. (23)
		<u>GPIb</u> , <u>GPIIb/IIIa</u>	Massberg et al. (12)
		<u>P-selectin</u>	Huo et al. (24)
	Cerebral I/R	<u>GPIIb/IIIa</u>	Massberg et al. (15)
		<u>CD40/CD40L/sCD40L</u>	Ishikawa et al. (14)
	Intestinal I/R	<u>P-selectin</u>	Ishikawa et al. (14)
	Abdominal sepsis	<u>Serotonin</u>	Duerschmied et al. (25)
		<u>ND</u> /Mac-1	Asaduzzaman et al. (6)
	Peritonitis	<u>GPIb</u> /vWF	Petri et al. (2)
		<u>Serotonin</u>	Duerschmied et al. (25)
	Experimental colitis	<u>CD40L</u>	Vowinkel et al. (20)
		<u>P-selectin</u> /PSGL-1	Vowinkel et al. (20)
	Aseptic wound	<u>Serotonin</u>	Duerschmied et al. (25)
	Acute Lung inflammation	<u>Serotonin</u> , <u>TXA<sub>2</sub></u> , <u>P-selectin</u>	Duerschmied et al. (25), Hidalgo et al. (7), Zarbock et al. (5)
	Leukocytoclastic vasculitis	<u>P-selectin</u> /PSGL-1	Hara et al. (3)
	Chronic cutaneous hypersensitivity	<u>P-selectin</u>	Tamagawa-Mineoka et al. (4)
	Allergic asthma	<u>P-selectin</u> , <u>Serotonin</u>	Pitchford et al. (21), Durk et al. (26)

Examples of various inflammatory situations in which platelets were shown to regulate vascular permeability and/or leukocyte recruitment. If identified, the adhesion receptors and/or soluble factors involved are indicated. Platelet-derived factors are underlined.

CD40, cluster of differentiation 40, CD40L, cluster of differentiation 40 ligand, EMMPRIN, extracellular matrix metalloproteinase inducer, Mac-1, macrophage-1 antigen, MCP-1, monocyte chemoattractant protein-1, ND, non-determined, PAF, platelet-activating factor, PSGL-1, P-selectin glycoprotein ligand 1, sCD40L, soluble cluster of differentiation 40 ligand, TXA<sub>2</sub>, thromboxane A<sub>2</sub>, VEGF, vascular endothelial growth factor, vWF, von Willebrand factor.

The release of soluble factors by platelets is also central to their ability to modulate endothelial permeability and leukocyte infiltration. In the same way, platelets contain endothelial barrier-enhancing factors [e.g., angiopoietin-1 and sphingosine-1-phosphate (S1P)] (1), they also contain a large range of chemokines, cytokines, and other soluble mediators capable of loosening endothelial junctions and/or of activating or attracting leukocytes. Among the platelet factors that can open interendothelial junctions are factors that are not specific to platelets such as vascular endothelial growth factor (38) or platelet-activating factor (PAF) (39, 40), and serotonin, for which platelets are the major peripheral source (41). In particular, platelet serotonin was recently shown to mediate the GPVI-dependent pro-permeability effect of platelets in inflamed joints during arthritis (10) and the recruitment of neutrophils and/or eosinophils in various models of acute inflammation (25, 26).

The panel of chemokines found in platelets is extensive and includes platelet factor 4, stromal cell-derived factor-1, macrophage inflammatory protein-1 $\alpha$  (MIP-1 $\alpha$ ), regulated upon activation, normal T cell expressed and secreted (RANTES), and thymus and activation-regulated chemokine (TARC), to name but a few (4, 24, 42). Like P-selectin, these chemokines are stored in platelet granules and their contribution to recruitment of leukocytes by platelets highlights the need for platelet activation in this process. In agreement, ADP-dependent platelet activation was required for glomerular recruitment of leukocytes by platelets (19). Moreover, while some platelet-derived soluble factors directly target endothelial cells and/or leukocytes, others like PAF, S1P, and serotonin also target platelets themselves and could therefore amplify their regulatory effects on vascular permeability and/or leukocyte recruitment. Finally, another mechanism reported for the stimulation of neutrophil recruitment by activated platelets is the up-regulation of the expression of adhesion molecules on the endothelium. Activated platelets were shown to increase the expression of ICAM-1 and  $\alpha$ v $\beta$ 3 on endothelial cells through the secretion of IL-1 $\beta$  (43), and to induce the secretion of Weibel-Palade bodies (44). Importantly, together, these observations that platelets can engage their adhesion receptors and release bioactive factors independently of aggregation substantiate the concept that platelet activation is a finely tuned and graduated process that allows context-dependent responses (27, 45–48).

## PLATELETS REGULATE NEUTROPHIL AND MACROPHAGE EFFECTOR FUNCTIONS

Many studies have demonstrated the ability of platelets to regulate most of the effector functions of neutrophils and macrophages such as the production of reactive oxygen species (ROS), the secretion of neutrophil granule content, phagocytosis, or the formation of neutrophil extracellular traps (NETs). Thrombin-activated platelets were shown to stimulate the respiratory burst in unstimulated monocytes and neutrophils *in vitro* (49–51). Zalavary et al. showed that resting platelets enhanced the respiratory burst of neutrophils stimulated with IgG-opsonized yeast particles (52). However, the opposite effect was found when the chemoattractant formyl-methionyl-leucyl-phenylalanine was used as an agonist (53–56). The fact that the pro- or anti-ROS effect of platelets depends on experimental conditions such as

the platelet and neutrophil agonists used again highlights how the action of platelets may ultimately be context-dependent. Several non-mutually exclusive mechanisms have been proposed to support the modulation of the oxidative burst in innate immune cells by platelets. The release of adenine nucleotide derivatives by platelets has been consistently shown to inhibit ROS generation in neutrophils (49, 53, 54). Evidence that direct cell–cell contact between platelets and monocytes/neutrophils is also important for regulation of the oxidative burst in these cells has also been provided. Prevention of platelet adhesion to neutrophils was indeed shown to suppress the modulatory effect exerted by platelets on ROS generation by neutrophils, whether it was stimulatory (50, 51, 54, 57, 58) or inhibitory (58). *In vivo* data on the actual contribution of platelets to modulation of ROS generation by innate immune cells during inflammatory reactions are, however, scarce. Nevertheless, binding of platelets to adherent neutrophils induced the generation of ROS by neutrophils in a mouse model of transfusion-related acute lung injury (7), a mechanism that might contribute to vascular damage and lung injury. Stimulation of the neutrophil respiratory burst by platelets was also proposed to contribute to proteinuria during immune-complex-induced experimental glomerulonephritis (51), as ROS were previously shown to be one of the main causes of glomerular damage in this model (59).

Several *in vitro* studies have shown that platelets can inhibit the release of myeloperoxidase and neutrophil elastase (57, 60). In contrast, platelets amplified lysozyme secretion by neutrophils stimulated with opsonized zymosan (61, 62). It is likely that as for ROS generation and endothelial permeability, platelets regulate neutrophil degranulation in a stimulus-specific manner. Some groups have demonstrated that in addition to regulating neutrophil degranulation and ROS production, platelets can also stimulate neutrophil phagocytosis by both contact-dependent and contact-independent mechanisms (52, 57). More recently, it was shown that the uptake of oxidized low-density lipoproteins (OxLDL) by monocytes was increased by direct platelet–monocyte interactions *in vitro* and *in vivo* (63). These findings partly echoed those of previous studies with the difference that the earlier studies focused on the ability of platelet secretion products to enhance macrophage uptake of OxLDL (64–66).

The production and release of cytokines by monocytes can also be regulated by platelets. Thrombin-activated platelets were shown to induce expression and secretion of MCP-1 and IL-8 by monocytes in a P-selectin-dependent manner (67). The contribution of P-selectin-mediated platelet–monocyte interactions to cytokine responses was recently investigated in patients with dengue infection. Whereas P-selectin-dependent binding of platelets from patients with dengue to monocytes from healthy volunteers induced the secretion of the IL-1 $\beta$ , IL-8, IL-10, and MCP-1, platelets from healthy volunteers only induced the secretion of MCP-1 (36). Modulation of cytokine levels by platelets was also reported in the cecal ligation and puncture mouse model of sepsis, a model in which deficiency in platelet GPIIb $\alpha$  led to reduced platelet–monocyte and platelet–neutrophil interactions, and to increased circulating levels of TNF- $\alpha$ , MCP-1, IL-6, and MIP-1 $\beta$  (68). A substantial contribution of platelets to the regulation of systemic inflammatory responses was also shown in

a model of pneumonia-derived sepsis (69) and in a model of thermal injury (70). In this latter model, plasma levels of TNF- $\alpha$ , IL-6, and MCP-1 were increased in thrombocytopenic mice, which also displayed reduced levels of TGF- $\beta$  compared to control mice. In line with these studies, it was shown that secretion of PDGF by activated platelets was required for the release of MCP-1 and subsequent monocyte infiltration and killing in tissues infected with *Leishmania* parasites (71). It should be noted that thrombocytopenia led to a higher mortality rate in sepsis and thermal injury, and to reduced elimination of *Leishmania* parasites, thus demonstrating an overall beneficial role of platelets in these models. Thrombocytopenia also increased the mortality of mice infected with encephalomyocarditis virus, a situation in which platelet-TLR7-dependent formation of platelet-neutrophil aggregates played a protective role (72). These various examples where platelets exerted a beneficial effect under inflammatory conditions in some way balance those where platelets were shown to play a pathogenic role, as in glomerulonephritis (51), acute lung injury (5), atherosclerosis (12, 15), and rheumatoid arthritis (10, 73).

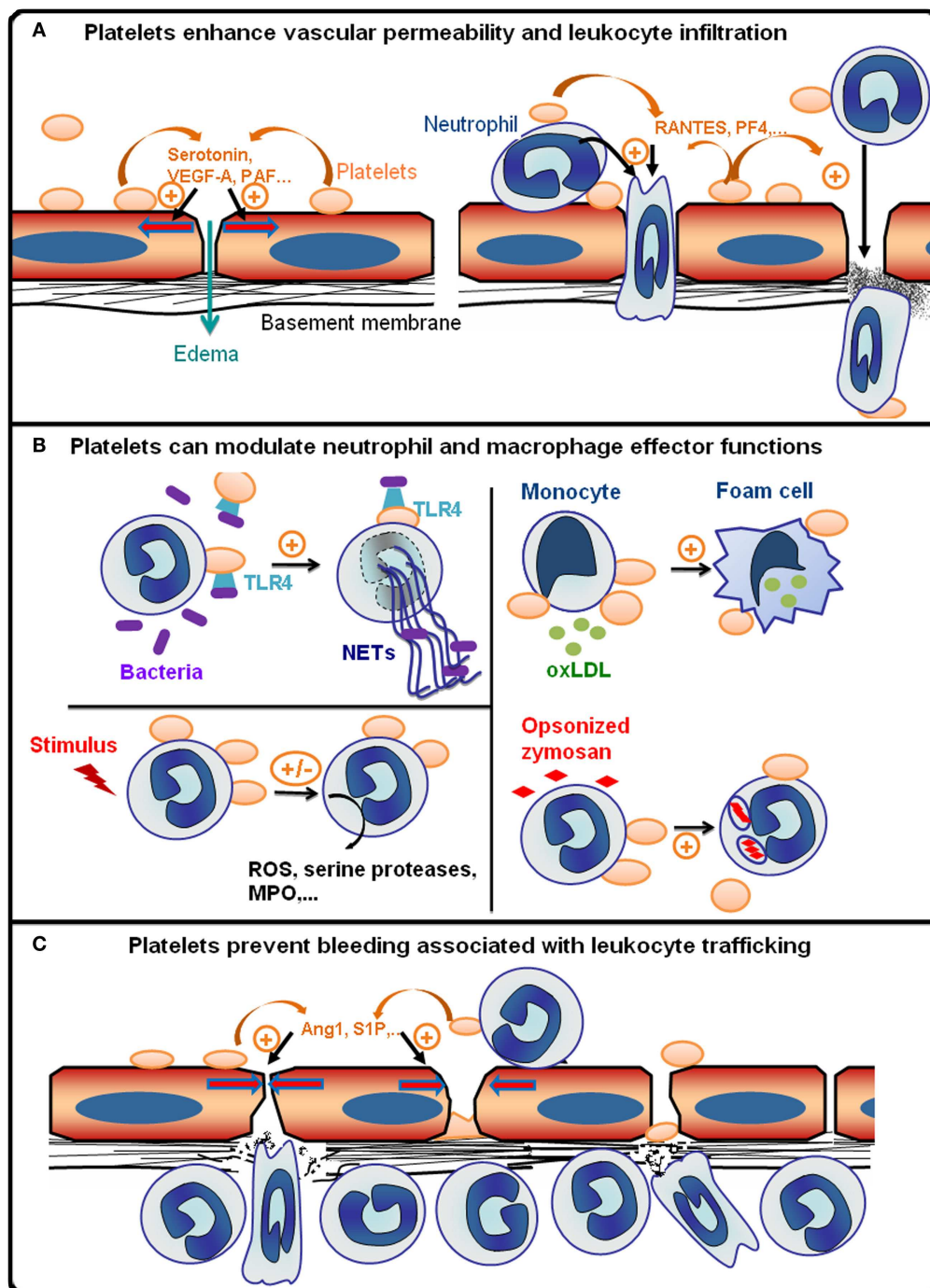
Neutrophil extracellular traps are extracellular webs made of DNA fibers decorated with neutrophil granule proteins that form according to a specific cell death process (74, 75). The contribution of platelets to NET formation was first demonstrated by a series of experiments showing that TLR4- and integrin-dependent platelet-neutrophil interactions led to the production of NETs capable of trapping bacteria and also causing tissue damage in models of endotoxemia and sepsis (27, 76). Stimulation of NET formation by platelets has since been shown in models of sterile acute lung injury where NETs contribute to lung endothelial damage (77, 78). Importantly, while platelets stimulate NET formation, in return, NETs cause platelet activation and aggregation, thus linking inflammation and thrombosis (79). This form of thrombosis triggered by neutrophil-platelet interactions has been called immunothrombosis and helps fight bacterial infection (80, 81). The downside of immunothrombosis is that it can also initiate deep vein thrombosis (82, 83) and contribute to cancer-associated thrombosis (84). Finally, immunothrombosis illustrates how interactions between platelets and leukocytes lead to reciprocal regulation, a notion previously introduced by earlier *in vitro* studies showing the modulation of platelet reactivity and adhesion properties by neutrophils and/or macrophages (48, 85–89).

## PLATELETS PREVENT INFLAMMATORY BLEEDING

Inflammatory reactions have been identified as a cause of spontaneous bleeding during thrombocytopenia, thus demonstrating that platelets also intervene to prevent bleeding during inflammation. This protective role of platelets was notably established in situations where platelets were also shown to promote vascular permeability and/or leukocyte infiltration. For example, induction of thrombocytopenia resulted in immediate and severe skin bleeding during cutaneous leukocytoclastic vasculitis (90), the same model in which it caused reduced skin edema and neutrophil infiltration (3). Again, this highlights the duality of platelets that can exert apparently opposed effects during the course of a given inflammatory reaction. Nonetheless, though regulation of plasma leakage and prevention of bleeding can both be referred to as maintenance of vascular integrity, the mechanisms underlying edema

formation and bleeding are essentially different. Opening of intercellular junctions favors edema formation by allowing plasma fluid and small molecules to filter out through endothelial gaps and the basement membrane. Larger elements like platelets and red blood cells are, however, retained by the vascular wall (91). For this reason, injection of the pro-permeability factor vascular endothelial growth factor (VEGF) did not cause any skin bleeding when injected in thrombocytopenic mice (92). In a similar manner, mice lacking the anti-permeability factor, S1P, in plasma exhibited basal vascular leakage of proteins and fluid in the lungs, but no bleeding (93). Therefore, while vascular permeability is tightly regulated and controlled through modulation of endothelial junctions bleeding implies vascular damage with rupture or distortion of the basement membrane mesh. There is strong evidence suggesting that neutrophils may cause this damage: in various inflammatory models, bleeding in inflamed organs of thrombocytopenic mice was prevented by depletion of neutrophils (18, 92). Prevention of inflammatory bleeding by platelets most likely relies on the inhibition or repair of neutrophil-dependent injury. Although this is unlikely to provide the full explanation, this vasculoprotective action of platelets has been shown to be independent of their ability to form thrombi. Indeed, it has been reported that platelet interactions with inflamed microvessels occur before any sign of thrombosis, and that prevention of this early initial platelet deposition results in accelerated and exacerbated local hemorrhage (18, 90). Moreover, mice lacking platelet adhesion receptors required for thrombus formation or with impaired G-protein coupled receptor (GPCR) signaling in platelets have shown no bleeding at sites of inflammation despite their compromised ability to form platelet plugs and to ensure classical hemostasis (90, 94). A recent study indicates that instead, the immunoreceptor tyrosine-based activation motif (ITAM)-associated GPVI and C-type lectin-like receptor-2 (CLEC-2) play a predominant role in the prevention of inflammatory bleeding by platelets (94, 95). Given that GPVI is the main platelet receptor for collagen, this suggests that platelets could stop bleeding by covering small areas where the basement membrane gets exposed and disrupted by recruited neutrophils. Whereas non-aggregated adherent platelets could exert a purely mechanical action by plugging small holes in the endothelial lining, recent results suggest that the release of soluble factors by platelets could further help seal vessel lesions induced by neutrophils. We have shown that even when not causing aggregation, engagement of GPVI by collagen leads to the release of soluble platelet factors capable of tightening interendothelial junctions such as angiopoietin-1 (48). Furthermore, platelets lacking the adapter protein SLP-76, which mediates GPVI-dependent platelet responses to collagen including degranulation and spreading, were shown to be unable to prevent inflammatory bleeding (94). Also, although absence of S1P is not in itself a cause of bleeding, it was shown to sensitize peripheral lymph nodes to bleeding in a mouse model of immunization characterized by high lymphocyte trafficking (95). Whether this protective role of S1P and, more specifically, of platelet S1P also applies to other inflammatory models remains to be verified but in any case, results from this study indicate that factors stimulating closure of interendothelial junctions can help stop bleeding associated with leukocyte trafficking.





**FIGURE 1 | Platelets are integral players of inflammatory reactions.**

**(A)** During the early phase of inflammatory reactions, platelets are recruited to inflamed vessels and enhance vascular permeability by secreting pro-permeability factors such as serotonin, vascular endothelial growth factor A (VEGF-A), or platelet-activating factor (PAF). Platelets further enhance the recruitment and infiltration of leukocytes by secreting chemokines [e.g., activation or normal T cell expressed and secreted (RANTES) or platelet factor 4 (PF-4)], and by upregulating the expression and/or activation of adhesion molecules on leukocytes and endothelial cells via direct cell–cell contacts and secretion of pro-inflammatory cytokines. The platelet receptors (e.g., GPIIb/IIIa, or P-selectin) supporting the interactions of platelets with inflamed vessels and/or leukocytes vary with the organ and inflammatory reactions concerned. **(B)** Platelets can modulate various leukocyte effector

functions: toll-like receptor 4 (TLR4)-dependent activation of platelets promotes the formation of antibacterial neutrophil extracellular traps (NETs); platelets can also either stimulate or inhibit the production of reactive oxygen species (ROS) and/or secretion of cytokines and cytotoxic enzymes [e.g., myeloperoxidase (MPO), serine proteases] by neutrophils and macrophages depending on the inflammatory situation; platelets can stimulate phagocytosis and thus enhance foam cell formation by promoting the uptake of oxidized low-density lipoprotein by monocytes/macrophages (oxLDL). **(C)** Platelets prevent bleeding associated with leukocyte trafficking. This protective action of platelets has been shown to be independent of thrombus formation and to rely on the engagement of platelet ITAM receptors, which might cause secretion of anti-permeability factors such as angiopoietin-1 (Ang1) and sphingosine-1-phosphate (S1P) by platelets.

The ITAM-dependent vasculoprotective action of platelets could also depend on their interactions with leukocytes. As mentioned above, platelets recruited to inflamed vessels bind to adherent leukocytes. The extracellular matrix metalloproteinase inducer (EMMPRIN) was recently identified as a counter-receptor for GPVI and is present on neutrophils and macrophages (22, 96). Additionally, podoplanin, the ligand for CLEC-2, is absent on blood endothelial cells but is expressed by inflammatory macrophages (97). ITAM-mediated interactions between platelets and innate immune cells thus represent another potential trigger for the anti-permeability and/or “neutrophil-dampening” effect of platelets.

In conclusion, all these data showing that in a given situation, platelets can intervene to regulate vascular permeability, leukocyte infiltration, and effector functions, as well as bleeding associated with leukocyte trafficking, demonstrate that platelets are integral players of inflammatory reactions (Figure 1). Also, it appears that the pro- or anti-inflammatory character of platelets is highly dependent on parameters such as the cause of inflammation, which defines the pathways and extent of leukocyte, platelet, and endothelial cell activation, and the stage and/or endpoint readouts of the inflammatory reaction considered. In a similar manner, the overall impact of platelets on inflammatory diseases can either be beneficial or deleterious depending on the pathophysiological situation. Finally, as illustrated by the increasing interest in platelets as potential targets for the treatment of allergic inflammation (26, 98, 99), the availability of numerous anti-platelet drugs could open up new therapeutic perspectives for the many inflammatory diseases where platelets have been shown to play a pathogenic role (100).

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# Platelets in inflammation and atherogenesis

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Platelets contribute to processes beyond thrombus formation and may play a so far underestimated role as an immune cell in various circumstances. This review outlines immune functions of platelets in host defense, but also how they may contribute to mechanisms of infectious diseases. A particular emphasis is placed on the interaction of platelets with other immune cells. Furthermore, this article outlines the features of atherosclerosis as an inflammatory vascular disease highlighting the role of platelet crosstalk with cellular and soluble factors involved in atheroprogession. Understanding, how platelets influence these processes of vascular remodeling will shed light on their role for tissue homeostasis beyond intravascular thrombosis. Finally, translational implications of platelet-mediated inflammation in atherosclerosis are discussed.

**Keywords: platelets, inflammation, atherosclerosis**

## INTRODUCTION

The vasculature is one of the large networks of the human body and, thus, it needs to be well protected by immune mechanisms. When tissue is injured, the wound is paralleled by a severance of the vascular network, as well. Disruption of the endothelial monolayer lining all vessels from the inside triggers a process referred to as thrombus formation, a well regulated and complex cascade of events (1). During thrombus formation, other systems located within the vasculature can be activated, the most prominent of which is the immune system and inflammation being a part of its innate response. The inflammatory response to tissue injury triggers various events, which allow for defense against possible intruders and initiate the healing process (2). Simultaneously and in close proximity, platelets are recruited to the wound to restore endothelial integrity; they are activated and initiate thrombus formation. Given the close spatiotemporal relationship of these molecular processes, it is not surprising that growing evidence suggests that platelets are not only effectors of thrombus formation, but actively participate in inflammation and other processes related to tissue remodeling (3).

## PLATELETS PRESERVE VASCULAR INTEGRITY

Repair of vascular damage while simultaneously preserving the patency of narrow capillaries is a complex task and requires a finely tuned machinery of pro- as well as anti-thrombotic mechanisms. Platelets are the key cells of primary hemostasis and thrombus formation. They mediate thrombus formation through cellular and soluble factors [recently also reviewed in Ref. (1, 4–7)]. GPIb $\alpha$  is a platelet transmembrane receptor associated with GPIX and GPV (8). GPIb $\alpha$  binding to von-Willebrand-factor (vWF) initiates primary hemostasis (8). In a shear-dependent fashion, GPIb $\alpha$  binding to vWF immobilized on collagen enables initial platelet rolling, which precedes all further steps of thrombus formation (9). Except at sites of high shear rates (10), stable platelet adhesion requires additional contribution of GPVI and integrins (11). GPVI is one of

the platelet collagen receptors. It provides strong mechanic adhesion but also serves as the primary inducer of platelet activation mediated by its FcR $\gamma$ -chain (12, 13). Amongst other signaling events, activation of GPVI causes an elevation of intracellular Ca<sup>2+</sup> and subsequent platelet shape change (14). Platelet activation is paralleled by the secretion of soluble factors from platelet granules, the most important of which are ADP and TxA<sub>2</sub> (15–17), as they activate platelets in an autocrine fashion (18). C-type lectin-like type II (CLEC-2) supports GPVI as it sustains a similar signaling pathway as the one induced by the GPVI/FcR $\gamma$  complex (19, 20). In fact, CLEC-2 was found to be of particular importance for stable aggregate formation under flow conditions (21). The thrombotic activity of platelets is regulated by controlling the surface density of these major receptors by ectodomain shedding (22). A central process in platelet-mediated thrombus formation is integrin activation, as integrins connect the ECM to the platelets' cytoskeleton and enable platelet aggregate formation (11). The integrin  $\alpha_{IIb}\beta_3$  has the ability to “crosslink” platelets via fibrinogen-bridging (23), thus stabilizing the forming thrombus. Due to its central importance, its inside-out activation is referred to as the “final common pathway of platelet activation” (24). The activation of  $\alpha_{IIb}\beta_3$  is mediated by the classical platelet agonists ADP or TxA<sub>2</sub>, and interfering with these pathways was successfully transferred into patient treatment (25). Similar to other integrins,  $\alpha_{IIb}\beta_3$  promotes “outside-in” signaling as well as platelet spreading and clot retraction (26). Finally, platelets also interact with the coagulation system in various ways stabilizing the developing thrombus by fibrin formation, which provides for provisional wound closure (27–29).

## “NON-CLASSICAL” PLATELET FUNCTIONS

Although traditionally not conceived as immune cells, platelets hold important functions in the immune response, particularly in innate immunity (30–32). In both host defense and preservation of vascular functions, platelets are helpful in some and harmful in



other conditions (33). In the following, we will aim to exemplify how platelets mediate effects beyond thrombus formation.

### PLATELETS IN HOST DEFENSE

Platelets contribute to pathogen recognition by interacting with immune cells, but also by interacting with the bacteria themselves (34–41). Recently, it was demonstrated that platelet-rich plasma (PRP) inhibited the growth of bacteria (42). The various receptor interactions involved in this platelet–bacteria crosstalk were already reviewed elsewhere (43, 44). For instance, platelets are able to recognize CpG islands upon thrombin activation and subsequent TLR9 expression (40). Furthermore, platelets react to fungal infections *in vitro* and *in vivo* (45). Finally, platelet “nuclear functions” are increasingly uncovered and recognized (2). Via transcription of mRNA and post-transcriptional modification (46–48), platelets seem to contribute to the inflammasome by producing IL-1 $\beta$  (49), they are involved in modulating NF $\kappa$ B (50) and may influence endothelial polarization by miRNA secretion (51).

### PLATELETS CONTRIBUTING TO MECHANISMS OF INFECTIONS

On the other hand, there are a number of reports describing platelets as an important element in the progression of infections (52). The platelet receptor CLEC-2 has been shown to facilitate the entry of HI-viruses (53), and platelets contribute to disease progression via CD40L (54, 55). Furthermore, platelets are involved in the progression of HBV-infection and other viral diseases (56, 57) by the recruitment of cytotoxic T-cells (CTL) to the liver (58) or other organs in a serotonin-dependent manner (59). Verschoor et al. could recently show that platelets are a relevant factor in the process of immune evasion by intracellular bacteria such as *Listeria* (38). Furthermore, platelets play an important role in infections by *Leishmania* (60) and in the pathogenesis of Hantavirus infection (61). A fact, which complicates the picture even more, is that platelets can also modulate the function of further cells involved in the response to infections – the leukocyte.

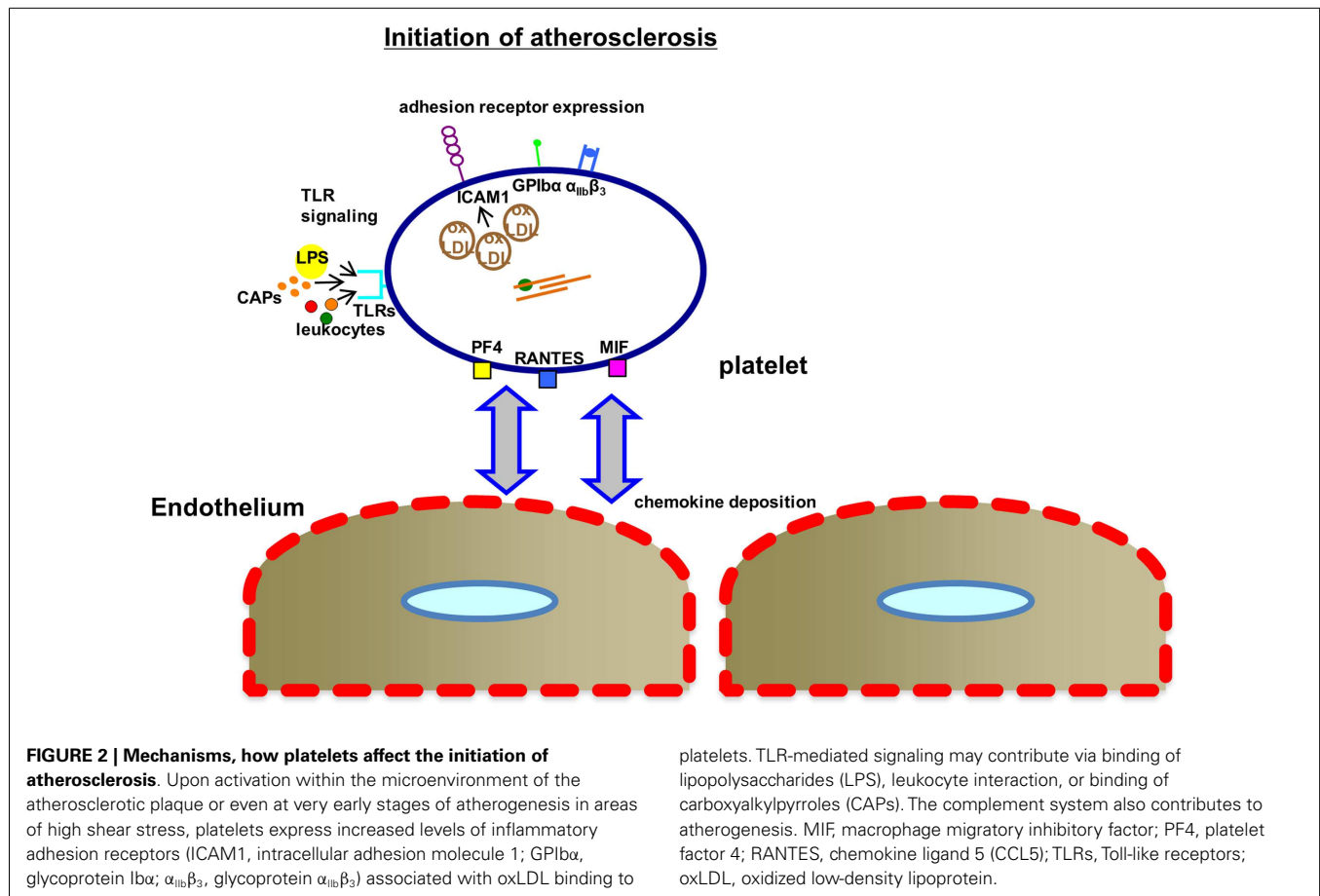
### PLATELET CROSSTALK WITH IMMUNE CELLS

One of the main immune mechanisms of platelets is their capability to recruit leukocytes to sites of infection and inflammation (32, 62). P-selectin–PSGL-1 binding (63, 64), ICAM1 (51), and GPIIb $\alpha$  (65) play an important role in how platelets bring other immune cells to the scene (66), particularly under high shear conditions (67). Platelets have the ability to form aggregates with neutrophils (68). In periodontitis, aggregate formation of platelets and neutrophils (NPA) enhances neutrophil phagocytosis in a TLR-2-dependent manner (69). In acute lung injury, NPA formation mediates neutrophil extravasation (70) and platelet-derived platelet factor 4 (PF4) fostered neutrophil survival in a model of arterial occlusion (71). Furthermore, platelet–leukocyte aggregates can be used as a diagnostic tool, for example as a parameter to assess sepsis severity (72). Another recently discovered way, how platelets modulate neutrophil function is their involvement in neutrophil extracellular trap (NET) formation to ensnare intruders (73). Platelet TLR-4 (74) as well as platelet  $\beta$ -defensins have been implicated in NET formation (75, 76). Specifically, platelet-induced NET formation may play a role in viral infections (77) or transfusion-related lung injury (78). Rossaint et al. have recently

proposed that simultaneous activation of neutrophils via Mac-1 outside-in signaling and G $\alpha$ i engagement by platelet-derived RANTES–PF4 heterodimers is required for NET formation (79). Interestingly, platelets seem to form especially stable aggregates with monocytes (80), and activated platelets induce an inflammatory monocyte phenotype (81). As this process seems to be partially independent of P-selectin interaction with PSGL-1, paracrine mechanisms to strengthen platelet–monocyte aggregate formation have been proposed as an alternative mechanism (81). Platelet–monocyte interaction seems to be of functional relevance, as their formation increases the number of circulating monocytes with a higher affinity for adhesion to the endothelium (82). Furthermore, activated platelets are taken up by monocytes which induces enhancement of cytokine release from macrophages (83). Other authors, however, report on anti-inflammatory effects of platelet–monocyte interaction (84–86) via CXCR5 engagement of CXCL13 on monocytes (84) or, following experimental sepsis, by inhibition of macrophage tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ) and IL-6 secretion (85, 86). Thus, the effect of platelets on monocytes appears to be context-dependent.

Via P-selectin PSGL-1 interaction, platelets can form aggregates with lymphocytes (PLA), as well. Platelet interaction with T-cells, B-cells, and NK-cells induces their homing, activation, and recruitment as recently reviewed (87). Platelets may even serve as a bridge directing T-cells to the endothelium (88). Furthermore, platelets modulate lymphocyte function via direct cell–cell interaction as well as soluble mediators (87). In rheumatoid arthritis patients, platelet binding to lymphocytes promoted activation-induced proliferation as well as IL-17 and interferon- $\gamma$  production by GPVI positive CD4+ T-cells (89). Serotonin from platelet vesicles may also stimulate T-lymphocytes (90). Through release of PF4 and CCL5, platelets can enhance cytokine production in CD4+ T-cells (34). Furthermore, in HCV infection, platelet CCL5 causes upregulation of T-lymphocyte helper cells type 1 (Th1) (91). Finally, platelets may also enhance T-cell-mediated germinal center formation and release of specific IgGs from B-cells via CD40L signaling (35, 41). In fact, platelets may substitute CD40L when few CD40L-positive T-cells are present to stimulate B-cell maturation (92). However, platelets may also induce anti-inflammatory effects. PF4 released from platelets leads to an increase in regulatory T-lymphocytes (Tregs) (93) and limits Th17 differentiation (94). Interestingly, T-lymphocytes can activate platelets, which amplify the release of CCL5 (95). Addressing antigen-presenting cells, there are a number of ways in which platelets interact with dendritic cells (DCs). For instance, platelets can recruit DC via Mac-1 interaction with JAM-C and can activate them inducing platelet phagocytosis and subsequently apoptosis of DCs (96). High shear rates may be a trigger for platelets to recruit DCs and promote their maturation (97). In fact, direct contact of platelets and DCs seems to induce other effects than crosstalk via soluble factors suggesting that platelets have the ability to differentially regulate a DC response (98). This conclusion is supported by recent findings demonstrating that platelets can enhance DC-mediated Th-2 cell response in allergy by secreted RANKL (99). Platelets can, however, also impair DC differentiation or reduce DC production of proinflammatory cytokines IL-12p70 and TNF- $\alpha$  (100).





the classical antigen presenting cells of our body – has been emphasized recently in the context of atherosclerosis and, interestingly, platelets interact with DCs (**Figure 3**). In fact, GPIIb–Mac-1 interaction may be an interesting signaling mechanism in the context of platelet–DC crosstalk modulating atheroprotection (114, 115). This is of particular importance, as DCs have been proposed to play a significant role in the different steps of atherosclerosis (116).

#### PLATELETS IN THE COMPLEMENT SYSTEM AND ATHEROSCLEROSIS

A further part of our innate immune response, the complement system receives increasing attention in the context of atherosclerosis. This cascade of soluble plasma proteins constitutes a phylogenetically very old part of the inherited immune system (117). Complement activation is important for inflammatory conditions associated with vascular injury (118, 119). Most interestingly, platelets were reported to express a number of complement receptors relevant for platelet function and their crosstalk with the local microenvironment (120–122). Several complement components can be bound to the platelet surface (123, 124). We found that expression of complement anaphylatoxin receptors on platelets showed a strong and positive correlation with platelet activation markers such as P-selectin in patients with atherosclerosis (125). Further mechanistic studies will have to address the relevance of this association. In a recent review, the literature on platelets and potential intersection points with the complement

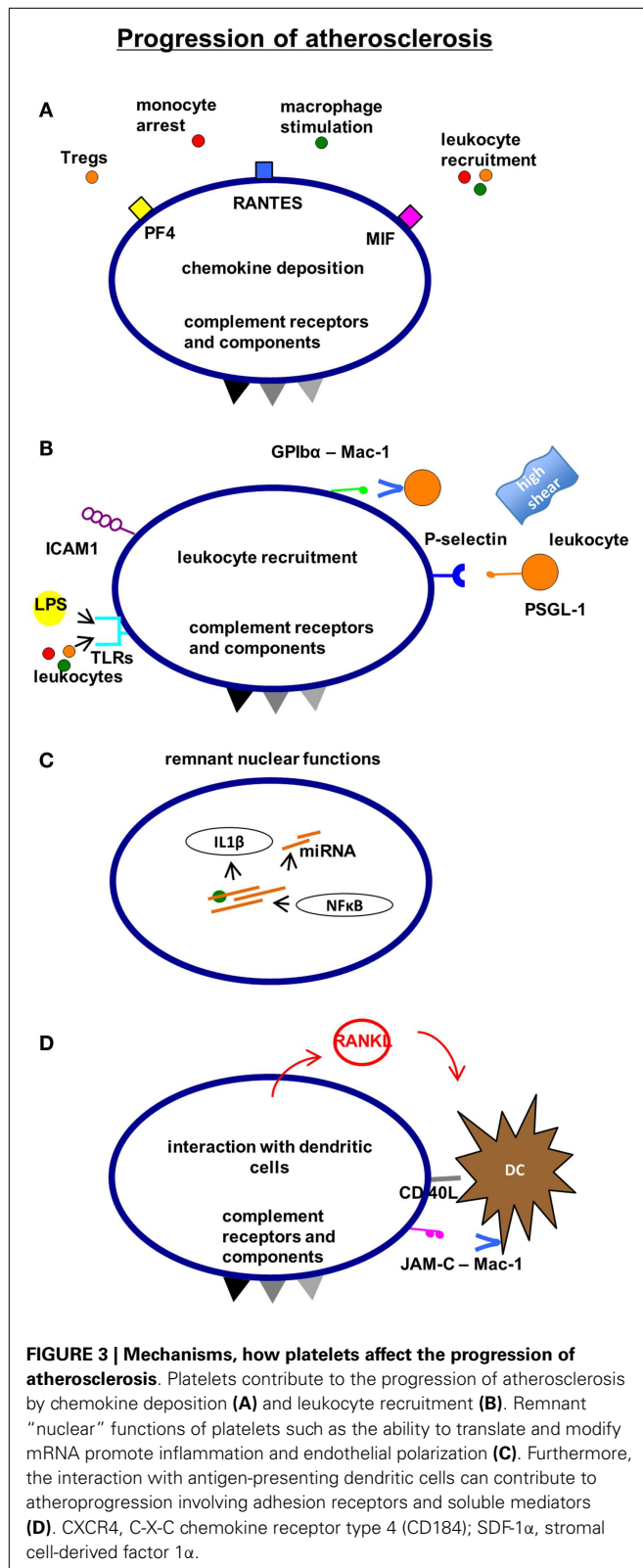
system in diverse settings was summarized (126). Additional profound studies are needed to differentiate our understanding of the intersection points of platelet activation with the immunological elements of atherogenesis such as endothelial inflammation, leukocyte recruitment, antigen presentation, chemokine and cytokine production, or complement activation.

#### PLAQUE RUPTURE

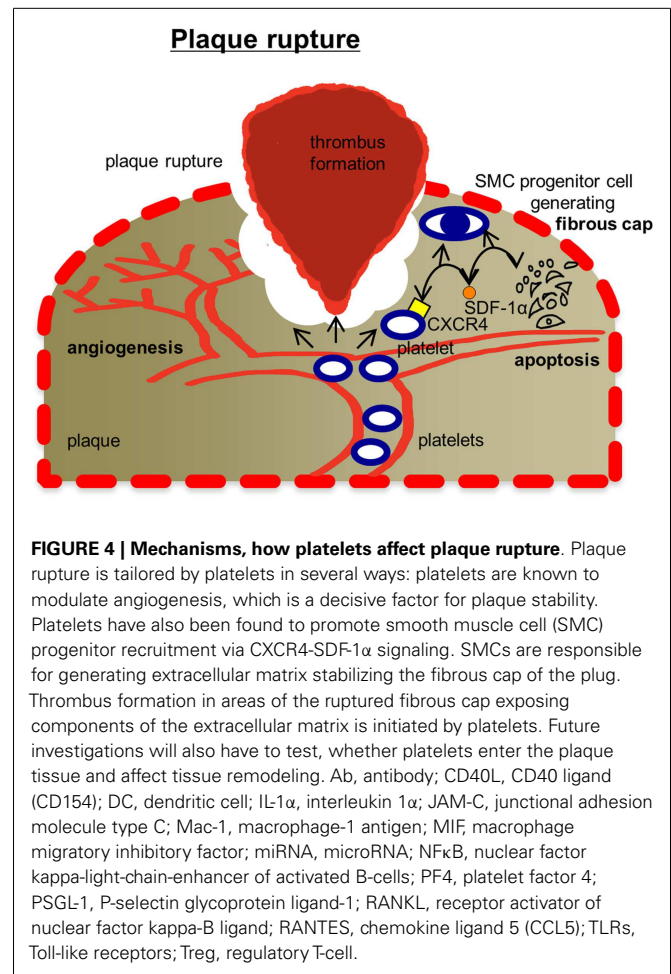
At later stages, the atherosclerotic core becomes hypoxic inducing the outgrowth of vasa vasorum from the adventitia toward the intima [(127, 128), see also **Figure 4**]. As a consequence, fragile and leaky vessels form, which facilitate further invasion of immune cells and release of soluble factors into the surrounding atherosclerotic tissue (129, 130). Moreover, red blood cells get stuck in the plaque liberating hemoglobin and iron (131). These mechanisms ultimately result in plaque destabilization (132). Foam cells produce tissue factor (133), and as soon as the thrombogenic lipid core is exposed to the lumen, fibrin generation is initiated (134–136). In parallel, platelets as well as the coagulation cascade become activated (137, 138). Plaque rupture in the region of a thin fibrous cap is the final event, how atherosclerosis causes acute vascular complications such as myocardial infarction or stroke (139–143).

#### TRANSLATIONAL RELEVANCE

The fact that inflammation plays a key role in central steps of atherosclerosis (31, 144), is increasingly integrated into clinical



considerations. Accordingly, this hypothesis is addressed by two current trials, the CANTOS trial launched in 2011 (145) and the CIRT trial (146) using immunosuppressants to treat



atherosclerosis. Earlier in this article, we have aimed at depicting the importance of platelets for inflammation in atherosclerosis. Inhibition of platelet-mediated inflammation may already be everyday clinical practice considering the use of aspirin for the treatment of cardiovascular disease (147). As an irreversible inhibitor of the enzyme cyclooxygenase, aspirin is a mild inhibitor of platelet function (148). Despite its widespread use, the definite role of aspirin in the prevention of atherosclerosis and atherosclerosis-related diseases is still under discussion (147). There is evidence from preclinical studies that aspirin is able to inhibit the initiation (149) and even the progression of experimental atherosclerosis (150) via its effect on prostaglandin synthesis but also by other mechanisms such as the modulation of endothelial NO synthesis (151), NF $\kappa$ B signaling (152), CRP, or soluble CD40 ligand (sCD40L) (153). Clinical studies on the use of aspirin for primary prevention of atherosclerosis, however, have also yielded negative results [recently reviewed by Gaziano and Greenland (147)]. A large study in a Japanese population over 60 years of age could demonstrate no benefit of low-dose aspirin therapy (154, 155). In patients at low risk for cardiovascular events, the use of aspirin needs to be weighed very carefully against an elevated risk of bleeding events or even hemorrhagic stroke (147).



For the ADP-receptor antagonist clopidogrel, reports on an effect in the context of atherosclerosis exist, too. In animal models, clopidogrel has the ability to slow down the inflammatory progression of atherosclerosis (156, 157). Clopidogrel reduces platelet activation as measured by P-selectin expression and other inflammatory markers (158), while others stress that important inflammatory markers such as hsCRP are not affected (159, 160). On the other hand, platelet-leukocyte aggregate formation is inhibited more effectively by clopidogrel compared to aspirin (161, 162). In contrast, another group reported that under therapy with clopidogrel, the expression of some inflammatory chemokines may even be increased in peripheral blood mononuclear cells in patients with coronary artery disease (163). On the platelet surface, a number of inflammatory receptors may represent potential targets for new therapeutic approaches such as CXCL4, CCL5, CD40 ligand, PSGL-1 (164). Further targets may be platelet-activating factor (PAF) (165) or Annexin A5 (166). Finally, we have already described the evidence on complement receptor involvement in atherosclerosis (126, 167). This class of receptors are involved in a large number of inflammatory processes (117) and are also expressed on platelets (120–122). There are a number of substances targeting different parts of the complement system which are evaluated in different stages of clinical trials in conditions such as age-related macular degeneration or hereditary angioedema (168, 169). Some have even established themselves as first-line treatment such as eculizumab for paroxysmal nocturnal hemoglobinuria (170, 171). It is tempting to speculate, that these substances might be worth an evaluation in the context of atherosclerosis, as well.

Moreover, biomarkers of atherosclerosis are of great importance from a clinical point of view. Due to the high prevalence of cardiovascular disease, it is vital to identify which patient is at particular risk for adverse cardiovascular events and would benefit from preventive diagnostic or therapeutic interventions. A number of platelet surface receptors may be promising candidates to consider in this context. A prominent example is soluble CD40 ligand (sCD40L) released from platelets (172). In a number of settings such as on hospital admission of patients with acute coronary syndrome or in patients undergoing primary angioplasty, sCD40L levels appear to have predictive capacity (173–175). Some authors even discuss sCD40L as a therapeutic target (176). Apart from sCD40L, soluble P-selectin released from platelets is referred to as a further potential platelet-derived biomarker (177, 178).

Considering the achievements of platelet research over the last two decades with a bounty of platelet-targeted drugs, which found their way into everyday clinical practice, platelets and platelet-associated molecular mechanisms offer potential translational applications.

## CONCLUSION

In conclusion, platelets – conceived as immune cells and mediators of vascular/tissue remodeling – have a strong impact on atherosclerosis through inflammatory mechanisms discussed here on the basis of selected cellular or soluble platelet-derived mediators. The net effect of platelet-mediated inflammation may be an atheroprotecting one, although these anucleate cells may mediate distinct

atheroprotective mechanisms, as well. Future investigations will have to identify these specific platelet aspects to enable us to develop better diagnostic markers and therapeutic approaches with fewer undesired side effects.

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# Platelet transfusion – the new immunology of an old therapy

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Platelet transfusion has been a vital therapeutic approach in patients with hematologic malignancies for close to half a century. Randomized trials show that prophylactic platelet transfusions mitigate bleeding in patients with acute myeloid leukemia. However, even with prophylactic transfusions, as many as 75% of patients, experience hemorrhage. While platelet transfusion efficacy is modest, questions and concerns have arisen about the risks of platelet transfusion therapy. The acknowledged serious risks of platelet transfusion include viral transmission, bacterial sepsis, and acute lung injury. Less serious adverse effects include allergic and non-hemolytic febrile reactions. Rare hemolytic reactions have occurred due to a common policy of transfusing without regard to ABO type. In the last decade or so, new concerns have arisen; platelet-derived lipids are implicated in transfusion-related acute lung injury after transfusion. With the recognition that platelets are immune cells came the discoveries that supernatant IL-6, IL-27 sCD40L, and OX40L are closely linked to febrile reactions and sCD40L with acute lung injury. Platelet transfusions are pro-inflammatory, and may be pro-thrombotic. Anti-A and anti-B can bind to incompatible recipient or donor platelets and soluble antigens, impair hemostasis and thus increase bleeding. Finally, stored platelet supernatants contain biological mediators such as VEGF and TGF- $\beta$ 1 that may compromise the host versus tumor response. This is particularly of concern in patients receiving many platelet transfusions, as for acute leukemia. New evidence suggests that removing stored supernatant will improve clinical outcomes. This new view of platelets as pro-inflammatory and immunomodulatory agents suggests that innovative approaches to improving platelet storage and pre-transfusion manipulations to reduce toxicity could substantially improve the efficacy and safety of this long-employed therapy.

**Keywords: platelets, transfusion, immune response, transfusion reaction, storage, thrombosis, bleeding**

## INTRODUCTION

Since their discovery, platelets have displayed a remarkable development from a pro-thrombotic and pro-hemostatic cell fragment to a surprisingly versatile immune-thrombotic cell. The plethora of findings continues to surprise and excite at the same time. In concordance, an old therapy, i.e., platelet transfusion, either for prophylaxis or acute bleeding has been in transition as well. Initially thought as an “easy fix” for thrombocytopenia, platelet transfusions are now considered a double-edged sword at best. Despite all the controversies, platelet transfusions are a clinical necessity and do save lives every day worldwide. However, the majority of platelet transfusions are administered for prophylactic purposes, and for chronic conditions, rather than acute hemorrhage. It is presently unclear if platelet transfusions are effective

in settings of acute hemorrhage. Moreover, the following questions are open and continue to evolve: Do platelet transfusions work the way we think? What are the downsides to this therapy? Some reports already highlight a pro-thrombotic side effect of platelet transfusion, leaving the thrombocytopenic patient, who is already at risk for bleeding with an increased risk of thrombosis and bleeding at the same time.

## PLATELETS – NOVEL FINDINGS IN IMMUNITY AND INFLAMMATION

We briefly summarize a selection of the most relevant findings in regards to an inflammatory and defensive role of platelets from the recent literature.

Platelets are anucleate cell fragments, derived from megakaryocytes and circulate with an average number of 150,000–300,000/ $\mu$ l in humans. Their role in thrombosis and hemostasis has been well described. Their role in inflammation, however, was

**Abbreviations:** NET, neutrophil extracellular trap; PMR, platelet microparticles; sPs, soluble P-selectin.

discovered only relatively recently and has constantly been evolving ever since. From an evolutionary perspective, platelets likely originated from a versatile cell type with both strong hemostatic and defensive cell properties (1, 2). Their role in hemostasis is therefore closely intertwined with their sentinel and inflammatory properties. Activation of platelet surface receptors leads to inside-out signaling, which is followed by integrin activation, which in turn, is crucial for thrombus formation (3). In addition to G-protein coupled receptors (mainly protease-activated receptors, or PARs), platelets also possess immunoreceptor tyrosine-based activation motif (ITAM), e.g., Fc-receptors, glycoprotein VI, and C-type lectin-like receptor 2 (CLEC2). Fc-receptors allow for immunoglobulin and immune complex binding, while GPVI (the major collagen receptor) and CLEC2 are known to be important for vascular integrity in inflammation (4). Toll-like receptors (TLR) are present on platelets as well, although there are conflicting reports about their functionality (5–8). A recent report indicated that platelets were able to discriminate between different LPS isoforms by differential cytokine secretion by mononuclear cells, including IL-6, TNF- $\alpha$ , and IL-8 (9). In addition, platelets express the coxsackievirus and adenovirus receptor (CAR). Of note, coxsackievirus 1 and 3 induced P-selectin exposure and phosphatidyl serine exposure in platelets, albeit independently of CAR. The presence of platelets led to lower coxsackievirus 1 and 3 titers, to less myocardial virus load and to better survival in mice infected with the virus. To a similar conclusion came authors of another recent paper, showing how platelets protect the host during encephalomyocarditis virus (EMCV) infection via TLR7. Platelet depletion led to reduced survival, and transfusion of WT platelets into TLR7-deficient mice improved survival and was accompanied by a drop in platelet count (10). Another virus, which has recently been described to interact with platelets, is the H1N1 influenza virus. During infection with H1N1, platelets show activation of their surface receptors, lipid mediator generation, and release of microparticles. Interestingly, immunized subjects showed circulating immune complexes of virus and IgG, which were able to activate platelets via Fc $\gamma$ RIIa. Alternatively, H1N1 virus was able to activate platelets via thrombin generation (11).

Platelets express high-mobility group protein 1 (HMGB1) (12). Upon activation, HMGB1 is translocated from the cytoplasm to the outer plasma membrane. In its extracellular location, HMGB1 has been implicated in inflammatory, proliferative, and migratory processes (13). TLR2, 4, 9, the receptor for advanced glycolation end-products (RAGE) and Mac-1 have been described in the inflammatory actions of HMGB1 (14–16), while ultimately these signals lead to NF- $\kappa$ B activation. While HMGB1 has not been investigated in the context of platelet transfusion, it is entirely conceivable that HMGB1 accumulates during platelet storage and triggers inflammatory sequelae upon transfusion.

We and others have demonstrated that although platelets are anucleate cell fragments they express an armamentarium of transcription factors including the NF- $\kappa$ B transcriptional regulatory system, Bcl-3, and PPAR $\gamma$  (17–22). The current concept is that these factors act in non-transcriptional ways in platelets, e.g., by modulating the response to activation, even though they act as traditional transcription factors in megakaryocytes (17, 21).

Although platelets do not possess a nucleus, there is evidence that platelets can synthesize IL-1 $\beta$  in substantial amounts upon activation. In a resting state, platelets contain the pre-mRNA of IL-1 $\beta$ . However, when activated, they synthesize pro-IL-1 $\beta$  protein, which is further processed and ends up as the mature form of the cytokine IL-1 $\beta$  (23, 24). One of the earlier discoveries in platelet biology was the tendency of platelets to “stick” to leukocytes when activated and in generalized inflammatory conditions. All subclasses of leukocytes have been described to adhere to platelets (25–27). However, the majority of studies describe myeloid leukocytes as the platelet-binding partner. The interaction between platelet and leukocyte mainly depends on the P-selectin – PSGL-1, and fibrinogen –  $\alpha$ IIb $\beta$ 3, or directly to GPIb and  $\alpha$ M $\beta$ 2 (28).

The initial contact between leukocyte and platelet is established via platelet P-selectin and leukocyte PSGL-1. On the molecular level, P-selectin binds in a stereospecific manner to the N-terminal region of PSGL-1, by recognizing a motif with tyrosine sulfate residues, fucose, galactose, and sialic residues on a core-2 O-glycan (29). Overall, the interaction between P-selectin and PSGL-1 has a very rapid association/dissociation rate, facilitating the rapid capture, tethering, and rolling under high flow and shear conditions (30). Of note, this initial step of tethering and rolling does not require any leukocyte activation signals, but subsequent steps of firm adhesion and transmigration require signaling events that ultimately lead to integrin activation. Specifically, Nef-associated factor 1 (Naf-1, downstream of PSGL-1) is phosphorylated by Src-family kinase (SFK), and leads to Mac-1 ( $\alpha$ M $\beta$ 2) activation. In addition, neutrophils show LFA-1 ( $\alpha$ L $\beta$ 2) activation, while monocytes and lymphocytes show  $\beta$ 1 and  $\beta$ 2 activation (31, 32). Integrin outside-in signaling via SFK then leads to phosphorylation of proline-rich tyrosine kinase 2 (Pyk2), which is followed by a sustained leukocyte activation with stabilization of the integrin bond and a delayed inflammatory response including NF- $\kappa$ B activation. Furthermore, if circulating as heterotypic aggregates, they can facilitate leukocyte deposition at sites of inflammation and vascular injury and have been described in a plethora of diseases (33–36).

Notably, platelets contain substantial amounts of CD40L (formally known as CD154), a protein with a significant role in T-cell-dependent isotype switching and generation of antibody subclasses by B-cells. Platelets can stimulate neutrophils, T-cells, and endothelial cells via CD40L (37–39). In addition to interacting with leukocytes, platelets closely interact with endothelial cells. Inflammatory conditions are usually accompanied by a certain degree of vascular leakiness. Interestingly, thrombocytopenic patients usually do not bleed with platelet counts above 10,000/ $\mu$ l unless they develop inflammation. This contributory role of platelets to vascular integrity seems to mainly depend on platelet ITAM receptors (4, 40–42). In a similar way, platelets seem to protect the vasculature in tumors and prevent bleeding inside of tumors (43, 44). Surprisingly, platelets have also been found to enhance vascular permeability during inflammation, perhaps due to their secretion of VEGF, serotonin, and other similar factors. These seemingly contradictory results might reflect model, species, and site-specific differences, but it might also depend on a differential release of mediators, specifically serotonin has been shown to be crucial for the induction of vessel permeability by platelets (45).

How the differential contribution to vessel integrity and leakiness is regulated *in vivo* remains to be investigated. Examining vascular integrity during dengue virus infection, Hottz et al. found that platelets contribute to vascular leakage by releasing IL-1 $\beta$ -rich microparticles after assembly of nucleotide-binding domain leucine-rich repeat containing protein (NLRP3), and are thus likely to contribute to hemorrhage frequently observed during infection with this virus (46). Other virus-induced hemorrhagic fevers also critically involve platelets (47). Recent studies also highlight the ability of platelets and platelet-like particles to transfer microRNA to leukocytes and endothelial cells. Even though this has not been shown to be the case in an inflammatory setting, it is an interesting mechanism to transfer “long distance” information and contribute to vascular homeostasis (48). An intriguing recent study by Massberg et al. suggested that platelets serve as “first sensors” for endothelial damage and potential invaders. Platelets adhered to and activated neutrophils, which in turn released nucleosomes and serine proteases in order to trigger the intrinsic and extrinsic coagulation pathway. This localized promotion of thrombosis by platelets and neutrophils in order to trap invaders in the microcirculation is a novel example of how closely intertwined innate defense mechanisms and thrombotic processes are (49, 50).

One of the most striking recent findings is how neutrophils produce extracellular traps, or “neutrophil extracellular traps (NETs)” in order to cause thrombosis and thereby trap invading microbes. While neutrophils are the major inducer of NETs by ejecting their nucleus, there is emerging evidence that platelets assist neutrophils in this process: platelet  $\beta$ -defensin-1 released after stimulation with *Staphylococcus*  $\alpha$ -toxin was found to be critically involved in the formation of NETs under flow conditions *in vitro* and *in vivo* (51). Earlier, an elegant study by Clark et al. showed that TLR4 on platelets binds to circulating LPS and mediates neutrophil-platelet binding with subsequent neutrophil activation and NET formation in mice and humans. The authors were able to show that NET formation helped trapping bacteria. Similar to the study mentioned above by Massberg et al., platelets function as a “sensor” for circulating LPS and facilitate neutrophil activation (52). Of note, platelets were also critically involved in NET formation in a mouse model of transfusion-related acute lung injury (53, 54). A somewhat under-recognized cell organelle in platelets has recently been shown to contribute to the inflammatory response by platelets: by releasing mitochondria, either free or coated by microvesicles, they provided the substrate for secreted phospholipase A<sub>2</sub>-IIa (PLA<sub>2</sub>-IIa), which in turn produces lysophospholipids, fatty acids, and mtDNA to activate leukocytes (55).

## PLATELET STORAGE AND INFLAMMATION

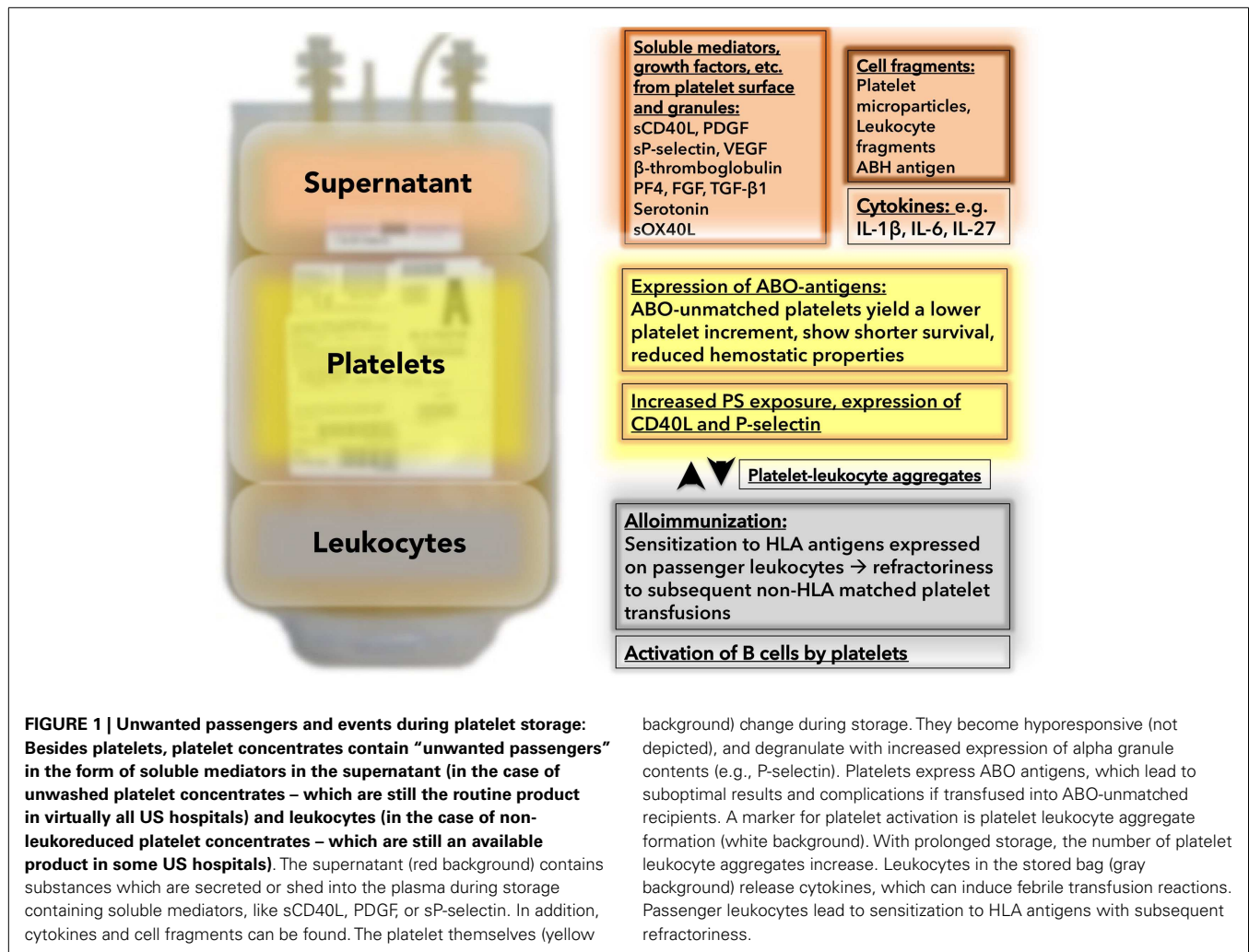
Prolonged storage leads to changes in platelets mostly associated with platelet activation. Contents of the alpha granules are secreted which leads to a gradual increase in P-selectin and CD40L membrane expression. Consistently, the number of platelets attached to leukocytes increases over time during storage (56). A substantial amount of P-selectin and CD40L are shed into the plasma as soluble P-selectin (sPS) and sCD40L, respectively (57, 58) (**Figure 1**). CD40L and its interaction with neutrophils and endothelial cells have been implicated in the development of non-antibody-mediated transfusion-associated acute lung injury (TRALI) (39).

Of note, platelets act in concert with T-cells to mediate B-cell stimulation and function as a “first wave” of B-cell activation (37). Specifically, after a 3-day incubation with platelets, B cells showed an increased production of IgG1, IgG2, and IgG3, but not IgG4, IgA, or IgM (37). Interestingly, activation of dendritic cells by platelets has proven to be independent of sCD40L. While platelets do stick to dendritic cells, dendritic cell activation is mediated by nucleotides like ADP and ATP (59). Platelet CD40L has also been involved in host defense against *Listeria monocytogenes* in a mouse model (60). In addition to its role in inflammation, platelet CD40L has also been implicated in more traditional roles of platelets such as thrombus formation and thrombus stabilization (61). In addition to P-selectin and CD40L, multiple other platelet alpha and dense granule substances are found in the supernatant: e.g.,  $\beta$ -thromboglobulin, platelet factor 4, and serotonin (62).

Stored platelets also exhibit an increase in phosphatidylserine (PS) exposure (**Figure 1**), which can be assessed via annexin V binding. Of note, the degree of platelet activation does not correlate with P-selectin expression, platelet count increment, or function *in vivo*. P-selectin-expressing platelets that were transfused into primates and rabbits rapidly lost their surface P-selectin but continued to function and to circulate *in vivo* (63–65).

Platelet microparticles (PMP) are released from platelets upon activation or apoptosis. Platelet concentrates contain PMPs in the supernatant, reflecting activation during collection, and/or storage (**Figure 1**). Apheresis collection is associated with less PMP formation when compared to platelets separated from whole blood donations (66, 67). PMPs have been shown to be critically involved in inflammatory conditions like rheumatoid arthritis (68). Infusion of activated platelets and microparticles causes early atherosclerotic lesions (fatty streaks) and exacerbate atherosclerosis in mice and diabetic patients (69–71). Furthermore, PMPs enable platelets to transport RNA, cytokines, or chemokines to other cells and tissues, as they are small enough to exit the circulation and to enter the surrounding tissues. This has been shown for RANTES (72), IL-1 $\alpha$  (68), IL-1 $\beta$  (24, 73), PPAR $\gamma$  (74), retinoid X transcription factor (74), and CD40L (75, 76), albeit not under transfusion conditions. Human cytomegalovirus (HCMV) activates platelets via TLR2 and triggers ADP release and subsequent platelet leukocyte aggregate formation *in vitro* and *in vivo*, which might explain how this virus might contribute to atherosclerotic lesion formation (77).

We were recently able to show that the composition of microparticles can be altered by genetic engineering. Using lentiviral technology, we introduced green fluorescent protein (GFP) and increased PPAR $\gamma$  expression in megakaryocytic cell lines and primary megakaryocytes. Platelets and microparticles generated by modified megakaryocytes were internalized by a monocytic cell line and altered the expression of a target protein of PPAR $\gamma$ . This is a potentially useful tool in altering and investigating transcellular communications (78). To what extent PMP contribute to the hemostatic properties of platelet transfusions has not been yet investigated. Moreover, PMPs function as messengers to convey pro-inflammatory information to endothelial cells and leukocytes. No study has investigated the pro-inflammatory role of PMPs after transfusion yet, but it seems likely that there are some systemic effects to the recipient. Stored platelets also contain



background) change during storage. They become hyporesponsive (not depicted), and degranulate with increased expression of alpha granule contents (e.g., P-selectin). Platelets express ABO antigens, which lead to suboptimal results and complications if transfused into ABO-unmatched recipients. A marker for platelet activation is platelet leukocyte aggregate formation (white background). With prolonged storage, the number of platelet leukocyte aggregates increase. Leukocytes in the stored bag (gray background) release cytokines, which can induce febrile transfusion reactions. Passenger leukocytes lead to sensitization to HLA antigens with subsequent refractoriness.

minute fragments of leukocytes that have been involved in HLA-sensitization and platelet refractoriness in pre-clinical studies (79) (Figure 1).

Adding some clinical relevance to the aforementioned pre-clinical *in vitro* and lab findings, we were able to show that washing red cells and platelets (i.e., removing the supernatant) is associated with less inflammatory response in high-risk pediatric populations compared to non-washed platelet transfusions (80). Furthermore, the patients in the study-arm needed fewer transfusions and there was a trend to lower mortality in the study-arm (washed units). Larger clinical trials are needed to determine if this finding is clinically significant (80).

## TRANSFUSION REACTIONS AND IMMUNOMODULATION

Although platelet transfusions are generally well-tolerated, they cause more transfusion reactions than any other blood product (81). The adverse events range from simple allergic reactions to severe anaphylactic reactions, febrile-non-hemolytic reactions, transfusion-associated sepsis, and TRALI. Several strategies have been shown to reduce the rate of transfusion reactions, e.g., leukocyte reduction, washing, and ABO matching. As described above,

stored platelets release sCD40L and accumulate CD40L on their surface. In fact, platelet concentrates from apheresis and whole blood collection demonstrated the highest sCD40L concentrations compared to all other blood products (39). Platelet concentrates involved in TRALI had significantly higher sCD40L levels compared to uninvolved ones. *In vitro* sCD40L was able to prime the PMN oxidase rapidly suggesting that sCD40L could be critically involved in non-antibody-mediated TRALI (39). But, its role might not be limited to that; earlier data from our group suggested that sCD40L could induce febrile transfusion reactions by activating cyclooxygenase-2 and thereby producing prostaglandin E<sub>2</sub> (82). Of note, the concentrations that were required to produce PGE<sub>2</sub> *in vitro* are easily met and even exceeded by one order of magnitude after transfusion of unwashed platelets. In addition, cytokine accumulation (e.g., IL-1β, IL-6, IL-27) and accumulation of soluble OX40 ligand in the stored platelet bag has been shown to contribute to febrile non-hemolytic reactions (83, 84) (Figure 1). Washing and leukoreduction was protective and helped to reduce the incidence of febrile transfusion reactions (85–87). In addition to sCD40L, cytokines, and sPS, platelet-derived growth factor (PDGF) accumulates during platelet storage (88). Moreover,

other growth factors like VEGF, FGF-2, and TGF- $\beta$ 1 have been shown to accumulate during platelet storage (89–91) (**Figure 1**). Upon transfusion into patients with (hematologic-) malignancies, these growth factors may promote cancer growth and antagonize growth factor-targeted therapies (90). Overall, there is good reason to believe that the number of described soluble mediators is not complete; as a recent study showed the presence of 1048 proteins in the supernatant, including 69 membrane proteins (10 had been shown to be shed from platelets before). However, this data warrants further validation under storage conditions since platelets were activated with agonists instead of activating them by prolonged storage (92). We previously investigated the platelet proteome under storage conditions, using mass spectrometry and found that 117 proteins changed during storage conditions. Notably, 22 out of 117 proteins were previously described in platelets and two-thirds of these 22 were associated with alpha granules, supporting degranulation as one of the major events during storage (93).

In an intriguing study, Yazer et al. investigated if a febrile non-hemolytic transfusion reaction renders the patient more susceptible for the development of alloantibodies to subsequent red blood cell products, and found a significantly higher rate of sensitization in the study-arm (94). This result corroborated recent findings in animal models (95, 96) and is presumably due to cytokines in the platelet unit that are high enough to induce a febrile transfusion reaction and generate a humoral immune response which predisposes the recipient to more effective antibody production (97). The idea that transfusions could alter the immune system of the recipient other than through alloimmunization stems from the discovery that allogeneic transfusions enhanced kidney graft acceptance in transplant recipients (98). Shortly afterwards, an association between colorectal cancer recurrence and transfusion was noted and confirmed in retrospective studies (99–101). In concordance was another subsequent finding that transfusions are associated with infections perioperatively in cancer patients (102). Although all of the above mentioned initial work on transfusion-mediated immunomodulation was done on red blood cell transfusions, it is likely that soluble mediators that accumulate in platelet concentrates have an immunomodulatory effect upon transfusion into the recipient as well. Specifically, sCD40L and similar mediators could alter host defense in a way that tumor defense is impaired by shifting the immunity toward a type-2 immune function (103, 104). Our group demonstrated that sCD40L stimulates PGE<sub>2</sub> production and induces COX-2 (58, 82, 105, 106). Another possible mechanism may be that sCD40L functions as a proliferation and survival factor for the circulating leukemic cells. It is likely that washing platelet concentrates before transfusions improves survival in leukemic patients (107, 108). We were recently able to replicate our previous findings in younger patients with acute myeloid leukemia with a striking survival benefit of almost 100% in patients with favorable risk AML on a washed transfusion protocol and a short-term mortality of nearly 0% in patients with any type of AML in the treatment group (washed protocol, unpublished observations). Washing the platelet concentrate is an inexpensive and relatively easy way to get rid of the supernatant. It goes along with a mild activation and a minor loss of platelet numbers prior to transfusion. However,

these modest downsides are disproportionate as compared to the potential benefits to patients in terms of survival.

Interestingly, the rate of TRALI is highest in platelet transfusions. Although it has never been convincingly demonstrated that transfused platelets are causally related to the development of TRALI, a recent discovery linked recipient platelets to the pathogenesis in antibody-mediated TRALI. Aspirin treatment and platelet depletion prevented TRALI in a mouse model (54). Furthermore, two papers linked NETs to the pathogenesis of TRALI and one of them linked the occurrence of NETs directly to platelets (53, 109).

## ABO MATCHING FOR PLATELET TRANSFUSIONS

The ABO blood group system is still the most important system in transfusion medicine since it was first discovered by Karl Landsteiner roughly a century ago. ABO antigens are both integral to and passively adsorbed onto the red blood cell surface. The discovery that platelets also express ABO antigens was made in the 1950s (110). More recently, they have been localized on integrins  $\alpha$ IIb $\beta$ 3 and  $\alpha$ 2 $\beta$ 1 (111, 112). One of the earliest clinical discoveries was that non-ABO-matched platelets transfusions yield a lower platelet count increment (113). This was further substantiated in multiple randomized and observational studies; in addition ABO-matched platelet transfusion protected better from bleeding and led to less frequent refractoriness (114–116). *In vitro*, co-incubation of A, B, or AB platelets with O plasma with differing titers of anti-A and anti-B inhibited platelet aggregation and was also associated with other anticoagulant properties, delivering a potential explanation for the reduced hemostatic activity of non-ABO-matched platelet transfusions (117). The lower platelet increment is speculatively due to clearance of antibody-coated platelets and platelets coated with immune complexes by phagocytic cells. We showed previously, that circulating ABO immune complexes that were isolated from patients after non-ABO-matched transfusion were able to adhere to platelets via the Fc-receptor and complement receptors, cC1q and gC1q. In addition, *in vitro* formed ABO immune complexes showed the same ability to bind platelets via the aforementioned receptors. Inhibition of the receptors with blocking antibodies reduced the amount of bound immune complexes by 67–99%. Together these findings provide an additional potential mechanism for platelet clearance after non-ABO-matched transfusion and overall for the importance of ABO-matched transfusions clinically (118).

In a cohort trial investigating the effect of ABO matching platelets in patients undergoing cardiac surgery, we showed that patients who received at least one ABO-mismatched pool of platelet had significantly longer hospital stays, more days of fever, and more RBC transfusions. Notably, recipients of ABO-identical platelets had one-quarter the mortality, fewer mean days of antibiotics and hours in the ICU than patients receiving ABO-mismatched transfusions. Maybe due to the smaller number of patients, these latter differences were not significant (119). Our institution switched to universal ABO-matched platelet and cryoprecipitate transfusion in 2005, and this approach led to improved clinical outcomes and reduced transfusion requirements in surgical patients (120). Furthermore, this approach has also proven feasible from a blood management and administrative standpoint



(121). **Table 1** summarizes all findings from trials that were performed by our group, at our institution with regards to ABO matching and platelets transfusions.

ALLOIMMUNIZATION TO HLA

Patients who receive frequent platelet transfusions sometimes become less responsive to platelet transfusion, a phenomenon termed “refractoriness.” There are immune-mediated mechanisms of platelet refractoriness and non-immune-mediated mechanisms. Overall, the non-immune platelet removal is more common than immune-mediated removal (122). However, in light of the focus of this review article, we will focus on the immune-mediated mechanisms. The most common reason to develop immune-mediated platelet refractoriness is the development of antibodies to foreign HLA A, B (class I MHC), which are expressed on platelets and most other cell types, or the development of platelet-specific antibodies. Interestingly, in case of the sensitization to HLA antigens, transfusion of leukocyte containing blood products is associated with a higher rate of immunization, and consistently, universal leukoreduction leads to a significant reduction in platelet refractoriness (123) (**Figure 1**). This along with others lead to the conclusion that transfusing a small amount of leukocytes with red blood cells or platelets is more immunogenic than the transfused platelets themselves. Our institution’s policy is to transfuse only leukoreduced and ABO-identical platelets, and our internal data suggest that this leads to fewer incidences of platelet refractoriness (<1% of patients). One potential solution when alloimmunization has occurred and refractoriness is evident is to expend the money necessary and engage in the time-consuming process of finding an HLA-matched donor. This can

be facilitated by HLA-matching or by a test that determines the antibody specificity and selects donors based on their lack of the corresponding antigens (124).

PLATELET TRANSFUSION AND THROMBOSIS

Inflammation and thrombosis are closely intertwined; it is therefore conceivable that platelet transfusions not only lead to inflammation, but also thrombosis. Indeed, there is evidence, mainly coming from an observational study, that transfusions are associated with thrombosis. A retrospective study investigated the associations between transfusions and venous thromboembolism, arterial thromboembolism, and mortality in hospitalized patients with cancer. All three outcomes were significantly more common in patients that received platelet transfusion (125). However, more studies, preferably randomized, controlled trials are needed to show this association is indeed causal. More data is available for red blood cell transfusions (126, 127), while overall clinical data on this subject is still rather scarce.

It is one of the issues of platelet transfusions that the hemostatic potential of the stored platelets decrease over time in the storage bag. On the other hand, the amount of soluble pro-inflammatory and pro-thrombotic mediators in the supernatant increases. These mediators presumably partially compensate for the loss of platelet function, but it is plausible that they contribute to thrombosis as well. Platelet-derived microparticles and sCD40L have been shown to be involved in thrombosis under pre-clinical, experimental conditions and are most likely amongst the culprits that mediate thrombosis (128–131).

Overall it appears, as if fresher platelets (<3 days of storage) are preferable due to reduced cytokine load and are likely less

Table 1 | Studies investigating the role of ABO-group matching in platelet transfusions.

Author	Study type/question	Result	Year	Journal	Reference
Heal et al.	<i>In vitro</i> study investigating the role of circulating immune complexes after ABO-non-identical transfusion	Circulating immune complexes adhere to platelets via Fc-receptor and complement receptors and provide a potential mechanism for platelet clearance	1996	Vox sanguinis	(118)
Blumberg et al.	Retrospective cohort-study investigating patients undergoing cardiac surgery	Patients who received ABO-mismatched platelets had a longer hospital stay, more fever, and more RBC transfusion. Furthermore, there was a trend toward a 75% reduction in mortality with ABO-identical platelets	2001	Transfusion	(119)
Refaai et al.	Retrospective analysis of non-ABO-identical platelet transfusion and the effect on transfusion requirements and other clinical parameters	ABO-identical transfusions might lead to lower transfusion requirements and better clinical outcome	2011	Vox sanguinis	(120)
Henrichs et al.	Feasibility trial, designed to answer if uniform ABO-identical platelet transfusion is doable in a tertiary care hospital setting	97% of patients received ABO-identical platelets. There was an unexpected reduction in febrile and allergic reactions. In addition, there was a reduction in RBC alloimmunization and HLA platelet requirements	2012	Transfusion	(121)
Refaai et al.	<i>In vitro</i> study investigating the effect of anti-A and anti-B on platelet function and clot formation	Anti-A and anti-B inhibit platelet aggregation and reduce clot formation in various <i>in vitro</i> assays	2013	Transfusion	(117)

The table summarizes the *in vitro* and clinical studies by our group at the University of Rochester investigating the role of the ABO blood group system in platelet transfusions.

pathogenic. More clinical studies are needed to evaluate the hemostatic improvement and/or impairment, as well as the thrombotic risk as a function of storage time.

## AUTHOR CONTRIBUTIONS

MS and NB wrote a draft of the manuscript and revised it critically for important intellectual content. MR, SS, JH, and RP provided important feedback and revised the manuscript critically for important intellectual content. All authors approved the final version of the manuscript.

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