# Metabolism of herbs/ natural products and pharmacodynamic or toxic mechanisms

**Edited by** Qi Wang, Bingyou Yang, Longlong Si and Shuai Ji

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### Metabolism of herbs/natural products and pharmacodynamic or toxic mechanisms

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# Table of contents

05 Surface-Enhanced Raman Spectroscopy Analysis of Astragalus Saponins and Identification of Metabolites After Oral Administration in Rats by Ultrahigh-Performance Liquid Chromatography/Quadrupole Time-of-Flight Mass Spectrometry Analysis

Shengnan Kong, Shan Ou, Yan Liu, Minzhen Xie, Ting Mei, Yingshuo Zhang, Jincheng Zhang, Qi Wang and Bingyou Yang

21 Stewed Rhubarb Decoction Ameliorates Adenine-Induced Chronic Renal Failure in Mice by Regulating Gut Microbiota Dysbiosis

> Rui Wang, Baifei Hu, Cheng Ye, Zhigang Zhang, Mingzhu Yin, Qiushi Cao, Yuanming Ba and Hongtao Liu

39 New Therapeutic Horizon of Graves' Hyperthyroidism: Treatment Regimens Based on Immunology and Ingredients From Traditional Chinese Medicine

> Qiongyao He, Hui Dong, Minmin Gong, Yujin Guo, Qingsong Xia, Jing Gong and Fuer Lu

52 Bletilla striata Oligosaccharides Improve Ulcerative Colitis by Regulating Gut Microbiota and Intestinal Metabolites in Dextran Sulfate Sodium-Induced Mice Tianxiang Zhu, Baifei Hu, Cheng Ye, Haiming Hu, Mingzhu Yin,

Zhigang Zhang, Shuiqing Li, Yanju Liu and Hongtao Liu

67 The Effect of Triptolide Combined With Crocin on Arthritis in Mice: From Side Effect Attenuation to Therapy Min Yan, Yinyin Yan, Zhenqiang Zhang, Guoqiang Wang, Wenbo Shi,

Mengyuan Jiang, Junwei Zhao, Xiangxiang Wu and Huahui Zeng

- 80 *Epimedium koreanum* Nakai–Induced Liver Injury—A Mechanistic Study Using Untargeted Metabolomics Pin Li, Lin Zhang, Zhaojuan Guo, Qianjun Kang, Cong Chen, Xiaoyao Liu, Quantao Ma, Jingxuan Zhang, Yujie Hu and Ting Wang
- 95 Biotransformation, Pharmacokinetics, and Pharmacological Activities of Ginsenoside Rd Against Multiple Diseases Jing Li, Qingxia Huang, Yao Yao, Peng Ji, E. Mingyao, Jinjin Chen, Zepeng Zhang, Hongyu Qi, Jiaqi Liu, Zhaoqiang Chen, Daqing Zhao, Lei Zhou and Xiangyan Li
- 110 Systematic characterization of Puerariae Flos metabolites *in vivo* and assessment of its protective mechanisms against alcoholic liver injury in a rat model Jialin Qu, Qiuyue Chen, Tianfu Wei, Ning Dou, Dong Shang and

Jialin Qu, Qiuyue Chen, Tianfu Wei, Ning Dou, Dong Shang and Dan Yuan

128 Liang-Ge decoction ameliorates acute lung injury in septic model rats through reducing inflammatory response, oxidative stress, apoptosis, and modulating host metabolism Wenju He, Qiang Xi, Huantian Cui, Pingping Zhang, Rui Huang, Taihuan Wang and Donggiang Wang 142 Daidzein is the *in vivo* active compound of Puerariae Lobatae Radix water extract for muscarinic receptor-3 inhibition against overactive bladder

> Yining Qiang, Lu Bai, Shuran Tian, Yi Ma, Pingxiang Xu, Mingchang Cheng, Yi Wu, Xiaorong Li, Ming Xue and Xuelin Zhou

154 Metabolism of Paeoniae Radix Rubra and its 14 constituents in mice

Jing Zhang, Yang Lv, Jing Zhang, Wen-Jin Shi, Xu-Yan Guo, Jing-Jing Xu, Peng-Pu Wang, Xue-Tai Chen, Lin-Han Xiang, Feng Xu, Xuan Wang and Shao-Qing Cai

176 The pharmacokinetics profiles, pharmacological properties, and toxicological risks of dehydroevodiamine: A review Shubin Fu, Liying Liao, Yi Yang, Yan Bai, Yan Zeng, Haoyu Wang and Jianxia Wen





### Surface-Enhanced Raman Spectroscopy Analysis of Astragalus Saponins and Identification of Metabolites After Oral Administration in Rats by Ultrahigh-Performance Liquid Chromatography/Quadrupole Time-of-Flight Mass Spectrometry Analysis

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Astragalus mongholicus Bunge (Fabaceae) is an ancient Chinese herbal medicine, and Astragalus saponins are the main active components, which have a wide range of biological activities, such as immunomodulation, antioxidation, and neuroprotection. In this study, silver nanoparticles obtained by sodium borohydride reduction were used as the enhanced substrate to detect astragaloside I (1), astragaloside II (2), astragaloside III (3), astragaloside IV (4), isoastragaloside I (5), and isoastragaloside II (6) in the phloem, xylem, and cork by surface-enhanced Raman spectroscopy (SERS). In the SERS spectrum of Astragalus slices, the characteristic peaks were observed at 562, 671, 732, 801, 836, 950, 1,026, 1,391, and 1,584 cm<sup>-1</sup>, among which 950 cm<sup>-1</sup> and 1,391 cm<sup>-1</sup> were strong SERS signals. Subsequently, the metabolites of the six kinds of Astragalus saponins were identified by UPLC/ESI/Q-TOF-MS. Totally, 80, 89, and 90 metabolites were identified in rat plasma, urine, and feces, respectively. The metabolism of saponins mainly involves dehydration, deacetylation, dihydroxylation, dexylose reaction, deglycosylation, methylation, deacetylation, and glycol dehydration. Ten metabolites (1-M2, 1-M11, 2-M3, 2-M12, 3-M14, 4-M9, 5-M2, 5-M17, 6-M3, and 6-M12) were identified by comparison with reference standards. Interestingly, Astragalus saponins 1, 2, 5, and 6 were deacetylated to form astragaloside IV (4), which has been reported to have good pharmacological neuroprotective, liver protective, anticancer, and antidiabetic effects. Six kinds of active Astragalus saponins from different parts of Astragalus mongholicus were identified by SERS spectroscopy. Six kinds of active Astragalus saponins from different parts of Astragalus mongholicus were identified by SERS spectrum, and the metabolites were characterized by UPLC/ESI/Q-TOF-MS,

5

which not only provided a new method for the identification of traditional Chinese medicine but also provided a theoretical basis for the study of the pharmacodynamic substance basis of *Astragalus mongholicus* saponins.

Keywords: astragali radix, surface-enhanced Raman spectroscopy, metabolite identification, Astragalus saponins, astragaloside IV

#### **1 INTRODUCTION**

Astragalus mongholicus Bunge is an ancient Chinese herbal medicine used as an essential ingredient in over 200 Chinese herbal formulas prescribed to treat different diseases in China and other Asian countries (Yuan et al., 2012; Sun et al., 2019). Pharmacological studies have shown that their saponins, flavonoids, and polysaccharide phytochemicals have interesting bioactivities, such as antioxidant, antiinflammatory, immunomodulatory, antiviral, and antitumor activities (Liu et al., 2017). According to the Chinese Pharmacopeia (2020 version), astragaloside saponins (especially astragaloside possess interesting IV) pharmacological activities, and they are used as quality assessment markers for Astragalus mongholicus Bunge. At present, more than 40 triterpenoid saponins have been obtained from Astragalus mongholicus Bunge and its related plants (Lee et al., 2017a; Song et al., 2007).

Because Astragalus mongholicus Bunge has many pharmacological effects, the current research focuses on the pharmacological substance basis of Astragalus mongholicus, mainly including the identification content and determination of flavonoids and saponins in Astragalus mongholicus (Zhang et al., 2018; Mei et al., 2020). At the same time, the quality of Astragalus mongholicus was also determined by diffuse reflectance mid-infrared transform spectroscopy (Yang et al., 2020). In addition, several researchers have studied the pharmacokinetic characteristics of its active components and metabolites in different crude extracts (Liu et al., 2015; Shi et al., 2015). Among them, astragaloside IV has been studied for neuroprotection, liver protection, anticancer, and antidiabetes and has also been studied extensively in terms of the pharmacokinetics of rats and dogs (Cheng et al., 2016; Lee et al., 2017b; Zhang et al., 2020; Zhang et al., 2007; Zhang et al., 2005). However, Astragalus saponins have similar structures and more isomers, making them difficult to identify. Many potential active saponins in Astragalus mongholicus Bunge have not been studied.

Therefore, it is of great significance to develop a rapid and effective modern detection method for *Astragalus* saponins in chemical studies and the study of their metabolism *in vivo*. This study used SERS to detect interesting astragaloside saponins (astragaloside I (1), astragaloside II (2), astragaloside III (3), astragaloside IV (4), isoastragaloside I (5), and isoastragaloside II (6)), identify metabolites, and determine the metabolic profile of them in rat biosamples by UPLC/ESI/Q-TOF-MS to provide a fundamental basis for further pharmacology research and clinical applications of these phytochemicals.

#### MATERIALS AND METHODS

#### **Chemicals and Reagents**

Compound astragaloside I (1), astragaloside II (2), astragaloside III (3), astragaloside IV (4), isoastragaloside I (5), isoastragaloside II (6), and cycloastragenol were all purchased from Chengdu Monster Biological Technology Co., Ltd., and their purity was above 98%. Heparin sodium was purchased from Beijing Xinyoubo Biotechnology Co., Ltd. (Figure 1). Astragalus mongholicus Bunge was purchased from Heilongjiang Zhongxin Co., Ltd. Sodium borohydride and silver nitrate were purchased from Aladdin. All other reagents were of analytical grade.

#### Preparation of *Astragalus mongholicus* Bunge Sample and SERS Spectrum Detection

The phloem, xylem, and cork of Astragalus mongholicus Bunge were extracted with 0.5 g powder and 1 ml chromatographic methanol for ultrasonic extraction for 30 min. Centrifuge for 15 min at 6,000 rpm, and take the supernatant. The six Astragalus saponins were 1 mg, and 100 µl of chromatographic methanol was added to each and dissolved by ultrasound. 10 µl of silver nanoparticles (Ag@BO) reduced by centrifuged sodium borohydride was added into a 1.5 ml centrifuge tube; then, the sample (2 µl) was added into the centrifuge tube, mixed, and shaken well. After that, 5 µl of sodium borohydride solution was added, shaken, and mixed, and a small amount of mixed sample was absorbed by 0.5 mm capillary for Raman detection. Raman instruments are manufactured by Wetic (Germany). Raman detection parameters are as follows: laser wavelength 633 nm, grating 600, scanning time 10 s/time, laser power 10 mW, and cumulative scanning times once. All Raman signal data in this article have no other smoothing operation except for base operation.

#### Animals and Drug Administration

Sixteen male Sprague Dawley rats (220–250 g) were purchased from the Experimental Animal Center of the Second Affiliated Hospital of Harbin Medical University. The laboratory animal facilities and procedures have been approved by the Animal Care and Use Committee of Harbin Medical University. All procedures are strictly implemented following the National Institute of Health Guidelines for the Care and Use of Laboratory Animals (Institute for Laboratory Animal Resources, 1996). Rats were fed in a metabolic cage with a temperature of 25°C, humidity of  $60 \pm 5\%$ , 12 h dark-light cycle, free drinking water, and normal feed for three consecutive days. Rats fasted for 12 h



before the experiment. Seven compounds were suspended in 1% sodium carboxymethyl cellulose to obtain suspension (2 mg/ml for each compound). Rats (n = 2) were orally given 40 mg/kg, while the control group was orally given the same amount of normal saline (Wang et al., 2014).

### Preparation of Plasma, Urine, and Fecal Samples

0.5 ml of ocular vein blood was collected from rats in each treatment group at 0.5, 1, 2, 4, 6, and 8 h after administration and was centrifuged at 3,000 rpm for 10 min. Plasma samples were collected from the supernatant, combined with plasma, and stored in a  $-20^{\circ}$ C refrigerator for cryopreservation. Urine was collected within 24 h and stored in a refrigerator at  $-20^{\circ}$ C. The feces of rats within 24 h after oral administration were collected and air-dried naturally.

1 ml of plasma was taken, and four times the volume of methanol-acetonitrile (2:1) precipitated protein was added. The precipitated protein was vortexed for 5 min and centrifuged at 13,500 rpm for 5 min, and the supernatant was taken out and rotated-dried at 37°C. 2 ml of urine was extracted and purified on an activated solid-phase extraction column (OASIS HLB 6 CC). Purification process is as follows: first eluting with 3 ml of water, then eluting with 3 ml of 5% methanol-water, and finally eluting with 5 ml of methanol. The methanol eluted parts were collected, decompressed in water at 37°C, rotated, and dried. The dry feces were ground into powder, and 1.0 g was extracted with 20 ml methanol for 30 min by ultrasonic extraction. After extraction, the supernatant was centrifugally extracted, rotated, and dried at 37°C under reduced pressure. All samples were redissolved with 200 µl methanol and filtered through a 0.45 µm filter. Triple TOF 5,600+ LC/MS/MS analysis (Xia et al., 2019).





#### **UPLC/ESI/Q-TOF-MS** Analysis

An AB SCIEX Triple TOF 5600 was used for chromatographic separation. An ACQUITYUPLC CSHTM Phenyl-Hexyl

(2.1 mm  $\times$  178,100 mm, 1.7  $\mu m;$  Waters) was utilized for chromatographic separation. The mobile phase consisted of water (A) containing 0.1% (v/v) formic acid and acetonitrile

(B) at a flow rate of 0.4 ml/min. The pressure limit is 15,000 psi. The linear gradient elution program was set as follows: 0–3 min, 3-30% B; 3-23 min, 30-50% B; and 23-35 min, 50-100% B. 5 µl of sample aliquot was injected onto the column, with the column temperature maintained at 35 °C. The MS full scan range was 150-1,200 m/z, and the production scan range was 80-1,000 m/z. The optimized parameters were as follows: capillary voltage, 5.5 kV; declustering potential, 80 V; and collision energy, 35 V. High-purity nitrogen (N2) and high-purity argon (Ar) were separately used as the desolvation and collision gas, respectively. The flow rate of cone gas (N2) was 0.8 L/min. The desolvation and source temperatures were 450 and 100°C, respectively. All data obtained in positive ion mode were acquired and processed by Analyst<sup>®</sup> TF (V1.6) software (Xu et al., 2018).

#### **RESULTS AND DISCUSSION**

#### Comparison in SRSE and Conventional Raman Spectra of *Astragalus mongholicus* Bunge

In conventional Raman spectrum detection, the Raman effect is very weak due to strong fluorescence background interference (**Figure 2A**). SERS technology effectively quenched the fluorescence, and higher sensitivity was obtained by adsorbing the analyte to the plasma nanoparticles while significantly enhancing the Raman spectral signal (**Figure 2B**). Compared with conventional Raman spectroscopy, when noble metal nanoparticles were used, the conventional surface-enhanced Raman spectroscopy (SERS) enhanced factor was  $10^6 \sim 10^8$  (Albrecht et al., 1977; Jeanmaire and Van Duyne, 1977; Gu et al., 2018). Therefore, SERS has become an interesting method for biological analysis of *Astragalus* and its saponins due to its excellent selectivity and high sensitivity (Stiles et al., 2008; Cialla-May et al., 2017).

### SERS Characterization of *Astragalus* Saponins

*Astragalus* saponins (astragalosides I–IV and isoastragalosides I-II) have similar structures. Although they have characteristic Raman peaks at 732, 801, 836, 950, and 1,026 cm<sup>-1</sup>, there are significant differences (**Figure 3D**). Compared with the strong Raman signal peak of 1,442 cm<sup>-1</sup> of other *Astragalus* saponins, the strong Raman signal of isoastragaloside I was 1,391 cm<sup>-1</sup> (**Figure 3B**). Astragaloside I (**Figures 3A**) and astragaloside II (**Figure 3c**) were 619 cm<sup>-1</sup> and 715 cm<sup>-1</sup>, respectively, and 1,391 cm<sup>-1</sup> was the second strong signal. Astragaloside IV also had a Raman peak of 1,391 cm<sup>-1</sup> (**Figure 3F**), but the response was very low. The strongest peak of astragaloside III shifted to the right, forming a peak of 1,448 cm<sup>-1</sup> (**Figure 3E**).

## SERS Characterization of *Astragalus mongholicus* Bunge

Obvious Raman characteristic peaks could be observed at 562, 671, 732, 801, 836, 950, 1,026, 1,391, and 1,584 cm<sup>-1</sup>. 950 and

1,391 cm<sup>-1</sup> were strong Raman signals, indicating the fingerprint characteristics of biochemical substances in Astragalus mongholicus Bunge. Due to the interaction between compounds, the Raman characteristic peaks of a compound in the prepared slices are offset from those of a single compound measured by Raman spectra. The characteristic Raman frequencies of astragaloside saponins (astragalosides I-IV and isoastragalosides I-II) were consistent with those of Astragalus saponins at 732, 801, 836, 950, and  $1,026 \text{ cm}^{-1}$  in Astragalus mongholicus Bunge Raman spectrum, indicating that Astragalus saponins were contained in Astragalus slices (Figures 2B). The peak of  $1026 \text{ cm}^{-1}$  also indicated that the contents of glycogen, amylopectin, amylose, glucuronic acid, and medium glucosamine were consistent with the known biochemical components of Astragalus mongholicus Bunge, such as protein, amino acid, starch, and polysaccharide. Compared with phloem and xylem, the Raman peak of 1284 cm<sup>-1</sup> indicated that the cork of Astragalus mongholicus Bunge may contain N-acetylglucose, Deuterium N-acetylglucose, glycogen, cyclohexyl amylose, and maltose. The peak of  $1529 \text{ cm}^{-1}$  exhibits tertiary nitroalkanes, which are opposed to NO<sub>2</sub> stretching. The signal intensity showed that xylem > phloem > cork.

### Characteristic Fragments of Saponins in *Astragalus mongholicus* Bunge

Compound 1 astragaloside I had an  $[M + H]^+$  peak at m/z869.4880 (-2.19 ppm), and an m/z 671.4162 ([M + H-Glu- $2^{*}H_{2}O^{+}$  fragment ion was formed after the removal of glucose (162 Da) and two molecules of water (36 Da). m/z473.3731, m/z 437.3422, and m/z 419.3312 were formed by continuous dehydration after aglycone formation, and m/z395.3014 was formed by the loss of 84 Da  $(C_4H_4O_2)$  based on m/z 437.3422 (Figure 4A). The  $[M + Na]^+$  peak of compound 2 was at m/z 849.4619 (0.82 ppm). In the positive ion mode, aglycones were formed with continuous water loss to produce fragments of *m/z* 455.3516, *m/z* 437.3413, and *m/z* 419.3315. In addition, after the aglycones lost two molecules of water, the fivemember ring connected to C-17 lost 100 Da (C<sub>5</sub>H<sub>8</sub>O<sub>2</sub>) to form fragments of *m/z* 355.2631 and C-17 residue *m/z* 143.1061  $([C_8H_{15}O_2]^+)$  (Figure 4B). Compound 3 astragaloside III had an [M + H]<sup>+</sup> peak at *m*/*z* 785.4654 (-4.20 ppm). In tandem mass spectrometry, fragments of m/z 587.3915, m/z 455.3503, m/z 437.3397, m/z 419.3296, m/z 355.2618, and m/z 143.1054 were generated (Figure 4C). High-resolution mass spectrometry showed that compound 4 astragaloside IV had an  $[M + Na]^+$ ion peak at m/z 807.4512 (0.62 ppm) in positive ion mode. In MS/ MS, without glucose (162 Da) and two molecules of water (36 Da), m/z 587.3957 ([M + H-Glu-2 × H<sub>2</sub>O]<sup>+</sup>) was formed. In addition, under the condition of aglycone formation, four molecules of water were successively removed to form m/z473.3636, m/z 455.3526, m/z 437.3422, m/z 419.3318, and the C-17 residue m/z 143.1067 ([C<sub>8</sub>H<sub>15</sub>O<sub>2</sub>]<sup>+</sup>) (**Figure 4D**). Compound 5 isoastragaloside I had an  $[M + H]^+$  peak at m/z869.4871 (-3.22 ppm). The molecules generated fragments of m/z671.4144, m/z 455.3515, m/z 437.3410, m/z 419.3303, and m/z 143.1059 in the secondary mass spectrometry (Figure 4E).



Compound 6 isoastragaloside II had an  $[M + Na]^+$  peak at m/z 827.4785 (-0.97 ppm). Fragments of m/z 629.4043, m/z 473.3619, m/z 455.3515, m/z 437.3412, m/z 419.3305, and m/z 355.2826 were produced (**Figure 4F**). Compound 6 was present in large quantities in feces.

Therefore, based on the above analysis of secondary fragments of *Astragalus* saponins compounds in mass spectrometry, *Astragalus* saponins compounds can produce fragments of glucose (162 Da) and two water molecules (36 Da) in mass spectrometry. Based on lysis into aglycones, the fragments of



m/z 473, m/z 455, m/z 437, m/z 419, and the aglycones were dehydrated continuously. After the loss of two molecules of water, the five-membered ring connected to C-17 lost 100 Da (C<sub>5</sub>H<sub>8</sub>O<sub>2</sub>) to form m/z 355 and the C-17 residues m/z 143.1061 ([C<sub>8</sub>H<sub>15</sub>O<sub>2</sub>]<sup>+</sup>) (**Figure 4G**).

### Metabolite Identification of *Astragalus* Saponins

After oral administration of astragalosides I-IV and isoastragalosides I-II, compound 1 was not detected in the plasma, but it was abundant in feces. A total of 17 metabolites (1-M1 to 1-M17) were detected, among which 11 were detected in plasma and 15 in the urine and feces. In addition, compound 2 produces 18 metabolites (2-M1 to 2-M18) by desiccation, dehydration, dihydroxylation, methylation, and gluconic acid reactions, 11 of which are in the plasma and 17 of which are found in the urine and feces. Additionally, a total of 13 (3-M1 to 3-M13) metabolites with a high content were detected in the plasma, urine, and feces of rats under positive ion mode. In contrast, a total of 14 astragaloside IV-related metabolites (4-M1 to 4-M14) were detected in the rat biosamples. Among them, 4-M4 to 4-M7 were mainly detected in feces, while the remaining metabolites were identified in plasma, urine, and feces. Additionally, twenty-one metabolites (5-M1 to 5-M21) were produced in the blood, urine, and feces of rats after oral administration of isoastragaloside I. All metabolites were present in the plasma, 5-M17 was absent from the urine, and 5-M13 and 5-M14 were absent from the feces. A total of 16 (6-M1 to 6-M16) metabolites were detected in positive ion mode after oral administration of compound 6. There were 14 metabolites in the plasma and urine. Except for 6-M3, all of the other metabolites were present in feces (Figure 5).

Astragalosides II-IV and isoastragalosides I-II can cause continuous dehydration, such as metabolites 2-M1 (m/z809.4675, -.48 ppm), 3-M1 (m/z 767.4582, -4.56 ppm), 4-M1 (m/z 767.4594, 1.56 ppm), 5-M4 (m/z 851.4793, -1.41 ppm), 6-M1 (m/z 809.4687, -1.73 ppm) identified as the dehydration products of Astragalus saponins. The six kinds of Astragalus saponins not only underwent deglucosylation and continuous dehydration, but also underwent dexylose reaction, deglucosylation, and continuous dehydration reactions. Furthermore, the metabolites (1-M12, 2-M14, 3-M9, 4-M11, 5-M17, and 6-M12) produced by deglycosylation of six astragalus saponins were the same (Figure 5). Except for astragaloside III, all the other saponins caused dexylose reaction, and continuous dehydration reactions occurred. Additionally, the deacetylation of astragalosides I-II and isoastragalosides I-II occurs due to the presence of acetyl groups.

The metabolite 1-M11 (m/z 679.405, -1.03 ppm) formed by methylation after deglycosylation of compound 1.1-M16 was a  $[M + Na]^+$  peak at m/z 501.332 (-4.99 ppm), suggesting that 1-M16 was a metabolite formed by acetylation and tri-dehydration along with the deglucosylation and dexylosylation of 1.1-M17 was determined to be  $C_{31}H_{46}O_2$  and produced m/z 455.3258, m/z373.2740, *m/z* 355.2630, and *m/z* 318.3008 fragment ions. Hence, it was identified as a tri-dehydration and methylation product of the aglycone moiety of 1. However, 2-M16, molecular formula C<sub>38</sub>H<sub>58</sub>O<sub>10</sub>, is a dehydration, deglucosylation, dexylosylation methylation, and glucoaldehydation product of 2. Additionally, 3-M8 was a  $[M + H]^+$  peak at m/z 807.4493 (-4.71 ppm), suggesting that 3-M8 was a metabolite formed by glucoaldehydation and methylation along with deglycosylation and dehydration of 3. The molecular formula of 3-M13 was  $C_{31}H_{52}O_4$  (*m/z* 511.3728). It is a dehydroxylated and methylated metabolite after aglycones formed by the removal of two sugars

No.	RT	Formula	Ion condition	Theoretical	Experimental	Error	MS/MS	Transformations	р	u	
	(min)			(m/z)	(m/Z)	(x10 <sup>-6</sup> )	Fragment				
	16.29	$C_{45}H_{72}O_{16}$	Na	891.4718	891.473	1.35	671.4162,473.3731,437.3422, 419.3312,395.3014	Prototype		а	
-M1	11.33	$C_{43}H_{70}O_{15}$	Н	827.4793	827.4787	-0.73	629.4055,473.3630,455.3529,437. 3422,419.3314,143.1064	Deacetylation	с	с	
1-M2	8.92	$C_{41}H_{68}O_{14}$	Na	807.4507	807.4506	-0.12	455.3525,437.3422,355.2635, 297.1854,149.0231	Double-deacetylation	c	c	
-M3	16.42	$C_{43}H_{70}O_{14}$	Na	833.4663	833.4679	1.92	437.3422,419.3313,395.3011,351. 2747,201.1849,133.0856	Deacetylation/dehydroxylation		c	
-M4	11.30	$C_{36}H_{60}O_{10}$	Na	675.4084	675.4075	-1.33	629.4054,473.2629,455.3526,437. 3421,419.3313,143.1066	Double-deacetylation/ dexylose reaction	с	c	
-M5	11.38	$C_{36}H_{58}O_9$	Н	635.4159	635.4167	1.26	629.4055,473.3632,455.3526,437. 3423,419.3313,143.1066	Deacetylation/dexylose reaction/ dehydration	с	c	
-M6	11.32	C <sub>36</sub> H <sub>56</sub> O <sub>8</sub>	Н	617.4053	617.404	2.11	473.3629,455.3517,437.3419, 419.3304,143.1063	Double-deacetylation/ dexylcosylation/ double-dehydration	c	с	
-M7	11.30	$C_{36}H_{54}O_7$	Н	599.3948	599.3939	-1.50	473.3629,455.3526,437.3421, 419.3313,143.1066	Double-deacetylation/ dexylcosylation/tri-dehydration	c	c	
-M8	16.37	$C_{39}H_{60}O_{10}$	Н	689.4265	689.4268	0.44	473.3627,437.3422,419.3310,395.3011, 351.2749,217.0704	Deglucosylation/dehydration		а	
-M9	16.31	$C_{39}H_{58}O_9$	Н	671.4159	671.4151	-1.19	473.3625,455.3524,437.3420,419. 3314,395.3012,217.0705	Deglucosylation/double- dehydration		а	
-M10	16.34	C <sub>39</sub> H <sub>56</sub> O <sub>8</sub>	Н	653.4053	653.4057	0.61	473.3631,437.3420,419.3312,395. 3013,351.2749,133.0856	Deglucosylation/tri-dehydration		а	
-M11	26.94	$C_{37}H_{58}O_{11}$	Н	679.4057	679.405	-1.03	635.3782,547.3257,397.3845,299.2014,149.0234	Deglucosylation/double- demethylation	c	а	
1-M12	15.97	$C_{30}H_{50}O_5$	Na	513.3556	513.3544	-2.34	457.3419,373.2737,355.2632,337. 2524,282.2796,159.1162	Double-deacetylation/ dexylcosylation/deglucosylation	а	а	
-M13	11.36	C <sub>30</sub> H <sub>48</sub> O <sub>4</sub>	Н	473.3631	473.3632	0.21	455.3527,437.3423,419.3314, 175.0598,143.1065	Deglucosylation/double- deacetylation/ dexylcosylation/ dehydration	а	а	
-M14	11.28	$C_{30}H_{46}O_3$	н	455.3525	455.3529	0.88	437.3422,419.3313,285.0760, 175.0600,143.1065	Deglucosylation/double- deacetylation/ dexylcosylation/ double-dehydration	а	а	
-M15	11.25	$C_{30}H_{44}O_2$	Н	437.342	437.342	0.00	419.2212,285.0758,175.0594,143.1062	Double-deacetylation/ dexylcosylation/ deglucosylation/tri-dehydration	b	а	
-M16	10.56	$C_{32}H_{46}O_3$	Na	501.3345	501.332	-4.99	473.3262,391.2841,373.2737,355.2631	Double-deacetylation/ dexylcosylation/ deglucosylation/tri-dehydration/ acetylation			
-M17	8.34	$C_{31}H_{46}O_2$	Na	473.3396	473.3372	-5.07	455.3258,373.2740,355.2630,318.3008	Double-deacetylation/ dexylcosylation/ deglucosylation/tri-dehydration/ methylation			

TABLE 1   (Continued) Characterization of in vivo metabolites of eggp	plant green calyx compounds 1-6 by UPLC/ESI/Q-TOF-MS.
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<b>D.</b>	RT	Formula	Ion condition	Theoretical	Experimental	Error	MS/MS	Transformations	р	u	1
	(min)			(m/z)	(m/Z)	(x10 <sup>-6</sup> )	Fragment				
	11.35	$C_{43}H_{70}O_{15}$	Na	849.4612	849.4619	0.82	473.3622,455.3516,437.3413, 419.3315,355.2631,143.1061	Prototype	с	а	
M1	11.33	C <sub>43</sub> H <sub>68</sub> O <sub>14</sub>	Н	809.4687	809.4675	-1.48	635,4,176,611.3944,473.3626, 455.3519,437.3410,	Dehydration		с	
M2	19.95	C <sub>43</sub> H <sub>66</sub> O <sub>13</sub>	Н	791.4582	791.4588	0.76	419.3306,401.3192,297.2240,143.1057 655.2749,629.4038,537.2873,437.3411,419.3308, 373.2735,355.2633,317.2475,143.1060	Double-dehydration		c	
-M3	8.98	$C_{41}H_{68}O_{14}$	Н	785.4687	785.4677	-1.27	587.3940,473.3620,455.3520,437.3413,419.3306, 373.2736,355.2631,337.2524,143.1061	Deacetylation		а	
M4	12.92	$C_{41}H_{68}O_{13}$	Na	791.4558	791.4575	2.15	473.3362,455.3514,437. 3414,373.2736,355.2635,143.1060	Deacetylation/dehydroxylation		c	
M5	11.16	$C_{36}H_{60}O_{10}$	Na	675.4084	675.4073	-1.63	635.4174,599.3935,473.3622,455.3519, 437.3413,419,3,306,401.3202,143.1059	Deacetylation/dexylcosylation	с	c	
M6	11.25	C <sub>36</sub> H <sub>58</sub> O <sub>9</sub>	Н	635.4159	635.4177	2.83	473.3619,455.3513437.3412,419.3303,143.1060	Deacetylation/dexylcosylation/ dehydration	-	c	
M7	11.21	C <sub>36</sub> H <sub>56</sub> O <sub>8</sub>	Н	617.4053	617.4039	-2.27	473.3617,455.3518,437,3,413,373. 2735,355.2630,143.1062	Deacetylation/dexylcosylation/ double-dehydration	c	c	
V18	11.33	C <sub>36</sub> H <sub>54</sub> O <sub>7</sub>	н	599.3948	599.3927	-3.50	473.3618,455.3520,437. 3415,419.3307,143.1067	Deacetylation/dexylcosylation/ tri-dehydration	С	a	
M9	12.95	C <sub>37</sub> H <sub>58</sub> O <sub>9</sub>	Н	647.4159	647.4131	-4.32	629.4038,537.2873,437.3411,419. 3308,373.2735, 355.2633,317.2475	Deglucosylation/dehydration		a	
M10	11.38	$C_{37}H_{56}O_8$	Н	629.4053	629.404	-2.07	473.3624,455.3519,437.3409,373. 2732,355.2631,337.2532,143.1042	Deglucosylation/double- dehydration	с	а	
M11	12.95	$C_{37}H_{54}O_7$	Н	611.3948	611.3936	-1.96	455.3511,437.3411, 373.2735,355.2633,317.2475	Deglucosylation/tri-dehydration		а	
M12	11.44	C <sub>35</sub> H <sub>58</sub> O <sub>9</sub>	Na	645.3979	645.3957	-3.41	629.4030,473. 3611,455.3511,437.3407, 419.3300,297.2208,240.2323,175.0598	Deacetylation/deglucose	С	с	
M13	12.98	$C_{35}H_{58}O_8$	Na	629.4029	629.4044	2.38	557.3788,455.3506,437.3411,373. 2735,355.2632,317.2476,219.1738	Deacetylation/dehydroxylation/ deglucosylation	с		
-M14	15.97	$C_{30}H_{50}O_5$	Na	513.3556	513.3537	-3.70	473.3611,455.3511,437.3408,419.3304, 355.2628,282.2795,143.1065	Deacetylation/dexylcosylation/ deglucosylation	с	c	
И15	11.18	$C_{30}H_{48}O_4$	Н	473.3631	473.3618	-2.75	455.3519,437.3414,419. 3309,401.3197,143.1059	Deglucosylation/deacetylation/ dexylcosylation/dehydration	a	а	
M16	11.13	C <sub>38</sub> H <sub>58</sub> O <sub>10</sub>	Н	675.4108	675.4071	-5.48	473.3620,455.3520,437.3403,419. 3308,401.3198,143.1058	Deglucosylation/deacetylation/ dexylcosylation/dehydration/ glucoaldehydation/methylation	c	c	
<b>M</b> 17	11.21	$C_{30}H_{46}O_3$	Н	455.3525	455.3517	-1.76	437.3412,419.3307,401.3195143.1058	Deglucosylation/deacetylation/ dexylcosylation/double- dehydration	а	а	
<b>/</b> 18	11.23	$C_{30}H_{44}O_2$	Н	437.342	437.3413	-1.60	419.3307,389.2679,371. 2577,353.2470,143.1061	Deacetylation/dexylcosylation/ deglucosylation/tri-dehydration	b	b	
	9.27	$C_{41}H_{68}O_{14}$	Na	807.4507	807.4496	-4.20	587.3915,455.3503,437.3397, 419.3296,355.2618,143.1054	Prototype	а	а	
M1	9.32	$C_{41}H_{66}O_{13}$	Н	767.4582	767.4547	-4.56	587.3912,473.3604,455.3503,437.3399,419. 3292,373.2723,355.2618,2143.1054	Dehydration	с	а	

Kong et al.

<b>)</b> .	RT	Formula	Ion condition	Theoretical	Experimental	Error	MS/MS	Transformations	р	u
	(min)			(m/z)	(m/Z)	(x10 <sup>-6</sup> )	Fragment			
M2	9.35	$C_{41}H_{64}O_{12}$	Н	749.4476	749.4435	-5.47	587.3918,455.3505,437.3399,419. 3292,373.2721,355.2612,143.1054	Double-dehydration	с	c
ИЗ	9.24	C <sub>41</sub> H <sub>62</sub> O <sub>11</sub>	Н	731.437	731.4339	-4.24	587.3918,473.3606, 455.3502,437.3397,419. 3291,373.2723,355.2618,337. 2515,143.1054	Tri-dehydration	с	с
<b>M</b> 4	9.21	$C_{35}H_{58}O_9$	Н	623.4159	623.4142	-2.73	587.3939,473.3620,455. 3518,437.3412,419.3305,143.1063	Deglucosylation	с	c
<b>M</b> 5	9.19	$C_{35}H_{56}O_8$	Н	605.4053	605.4016	-6.11	473.3606,455.3502,437.3395, 419.3291,371.2565,143.1056	Deglucosylation/dehydration	с	а
V16	9.15	$C_{35}H_{54}O_7$	Н	587.3948	587.3936	-2.04	473.3620,455.3518,437.3411,419.3306,245.0474	Deglucosylation/double- dehydration	с	а
<b>/</b> 17	9.23	C35H52O6	Н	569.3842	569.3829	-2.28	473.3621,455.3517,437.3413,419.3307,143.1060	Deglucosylation/tri-dehydration	c	с
<b>/</b> 18	9.17	$C_{43}H_{66}O_{14}$	Н	807.4531	807.4493	-4.71	473.3626,455.3521,437.3416, 419.3307,355.2631,143.1065	Deglucosylation/ dehydration/glucoaldehydation/ methylation	а	c
M9	15.98	C <sub>30</sub> H <sub>50</sub> O5	Na	513.3556	513.3551	-3.05	473.3620,455.3518,437. 3412,419.3308,143.1061	Dexylcosylation/deglucosylation	с	с
/10	11.30	C <sub>30</sub> H <sub>48</sub> O <sub>4</sub>	Н	473.3631	473.3607	-5.07	455.3504,437.3398,419.3293,373. 2724,355.2618,143.1054	Deglucosylation/ dexylcosylation/dehydration	а	а
M11	11.19	$C_{30}H_{46}O_3$	Н	455.3525	455.3503	-4.83	437.3399,419.3293,282.2781,373. 2723,355.2617,143.1054	Deglucosylation/ dexylcosylation/double- dehydration	а	b
<i>M</i> 12	11.25	$C_{33}H_{44}O_2$	Н	437.342	437.3401	-4.34	389.2671,371.2569,355.2622,331.2263	Dexylcosylation/ deglucosylation/tri-dehydration	b	b
И13	8.73	$C_{31}H_{52}O_4$	Na	511.3763	511.3728	-6.84	448.3055,430.2952,412.2847, 363.3271,355.2635,219.1741	Dexylcosylation/ deglucosylation/ dehydroxylation/methylation	а	
	9.08	$C_{41}H_{68}O_{14}$	Na	807.4507	807.4512	0.62	587.3957,473.3636,455.3526, 437.3422,419.3318,143.1067	Prototype	а	а
Л1	9.24	$C_{41}H_{66}O_{13}$	Н	767.4582	767.4594	1.56	587.3956,569.3856,473.3636,455.3530, 437.3424,419.3319,373.2750,355.2635	Dehydration	с	с
/12	8.90	$C_{41}H_{64}O_{12}$	Н	749.4476	749.448	0.53	587.3953,569.3842,473.3633,455.3529, 437.3423,419.3320,373.2743,355.2638	Double-dehydration	c	c
//3	8.98	$C_{41}H_{62}O_{11}$	Н	731.437	731.437	0.00	473.3637,455.3529,437.3425,419.3319, 401.3207,297.2217,143.1068	Tri-dehydration	с	с
<b>Л</b> 4	11.17	C <sub>36</sub> H <sub>60</sub> O <sub>10</sub>	Na	675.4081	675.4061	0.30	473.3614,455.3514,437.3408, 419.3302,371.2575,143.1063	Dexylcosylation		
15	11.23	C <sub>36</sub> H <sub>58</sub> O <sub>9</sub>	н	635.4159	635.4151	1.26	455.3527,437.3423,419. 3314,355.2640,143.1062	Dexylcosylation/dehydration		
Лб 47	11.14	C <sub>36</sub> H <sub>56</sub> O <sub>8</sub>	Н	617.4053	617.4035	2.92	473.3634,455.3530,437.3425, 419.3320,143.1065	Dexylcosylation/double- dehydration		
М7 49	11.20	C <sub>36</sub> H <sub>54</sub> O <sub>7</sub>	Н	599.3948	599.3935	2.17	473.3636,455.3531,437.3425,419.3317, 355.2641,143.1067	Dexylcosylation/tri-dehydration	а	а
M8	9.17	C <sub>35</sub> H <sub>56</sub> O <sub>8</sub>	Н	605.4053	605.4035	-2.97	587.3937,569.3828,473.3618,455.3515,437. 3409,419.3303,373.2735,355.2627	Deglucosylation/dehydration		~

Astragalus Saponins SERS and UPLC/MS

о.	RT	Formula	Ion condition	Theoretical	Experimental	Error	MS/MS	Transformations	р	u	
	(min)			(m/z)	(m/Z)	(x10 <sup>-6</sup> )	Fragment				
-M9	8.96	$C_{35}H_{54}O_7$	Н	587.3948	587.3933	-2.55	455.3515,437.3410,419.3302,389.2681, 373.2735,355.2628,335.2365	Deglucosylation/double- dehydration	а	а	
-M10	9.00	$C_{35}H_{52}O_6$	Н	569.3842	569.385	1.41	473.3632,455.3531,437. 3426,419.3317,143.1068	Deglucosylation/tri-dehydration	а	а	
I-M11	15.96	$C_{30}H_{50}O_5$	Na	513.3556	513.3538	-3.51	455.3510,437.3408,416. 3365,357.2787,282.2793	Dexylcosylation/deglucose	а	а	
M12	9.19	$C_{30}H_{48}O_4$	Н	473.3631	473.3635	0.85	455.3531,437.3424,419.3316,389. 2685,355.2645,143.1067	Deglucosylation/ dexylcosylation/dehydration	а	а	
M13	9.36	C <sub>30</sub> H <sub>46</sub> O <sub>3</sub>	Н	455.3525	455.3516	-1.98	437.3410,389.2683,373.2735, 355.2630,335.2365,271.1691	Deglucosylation/ dexylcosylation/double- dehydration	b	b	
M14	9.06	$C_{30}H_{44}O_2$	Н	437.342	437.3425	1.14	419.3320,355.2640,341. 1055,245.0479,143.1068	Dexylcosylation/ deglucosylation/tri-dehydration	b	b	
	17.77	$C_{45}H_{72}O_{16}$	Н	869.4899	869.4871	-3.22	671.4144,455.3515,437. 3410,419.3303,143.1059	Prototype	а	а	
M1	14.29	$C_{43}H_{70}O_{15}$	Na	849.4612	849.46	-1.41	647.4132,611.3921,473.3593,437 .3404,357.2786,318.3001,161.1317	Deacetylation	с	с	
-M2	9.09	$C_{41}H_{68}O_{14}$	Na	807.4507	807.4496	-1.36	767.4565,617.4022,587.3934,473.3614455.3514,437. 3408,419.3301,355.2625,297.2207,143.1058	Double-deacetylation	с	с	
ΛЗ	17.86	C <sub>43</sub> H <sub>70</sub> O <sub>14</sub>	Na	833.4663	833.4667	0.48	741.4411,689.4251,671.4145,455.3514,437.3411	Deacetylation/dehydroxylation	с	а	
<b>V</b> 4	17.72	$C_{45}H_{70}O_{15}$	Н	851.4793	851.4781	-1.41	741.4411,689.4251, 671.4145,455.3514,437. 3411,330.3005,302.3056,284.2951	Dehydration	c	а	
M5	17.88	$C_{45}H_{66}O_{13}$	Н	815.4582	815.4584	0.25	741.4411,689.4251,671.4145,455.3514,437.3411, 330.3005,302.3056,284.2951	Tri-dehydration	с	с	
M6	11.13	$C_{36}H_{60}O_{10}$	Na	675.4084	675.4067	-2.52	473.3616,455.3517,437.3411,419.3302,143.1061	Double-deacetylation/ dexylcosylation	с	с	
<b>M</b> 7	11.31	$C_{36}H_{58}O_9$	Н	635.4159	635.4151	-1.26	473.3615,455.3515,437.3410, 419.3302,355.2622,143.1061	Double-deacetylation/ dexylcosylation/dehydration	с	а	
M8	11.34	C <sub>36</sub> H <sub>56</sub> O <sub>8</sub>	Н	617.4053	617.4044	-1.46	473.3619,455.3516,437.3410. 419.3304,401.3195,143.1062	Double-deacetylation/ dexylcosylation/double- dehydration	c	c	
M9	11.18	$C_{36}H_{54}O_7$	Н	599.3948	599.3924	-4.00	473.3617,455.3515, 437.3409,419.3304,143.1062	Double-deacetylation/ dexylcosylation/tri-dehydration	с	с	
<b>V</b> 10	17.75	C <sub>39</sub> H <sub>60</sub> O <sub>10</sub>	Н	689.4265	689.4247	-2.61	671.4145,437.3410,355.2628,330. 3001,302.3054,284.2947,217.0698	Deglucosylation/dehydration	с	с	
<i>J</i> 11	17.80	C <sub>39</sub> H <sub>58</sub> O <sub>9</sub>	Н	671.4159	671.4145	-2.09	653.4039,455.3514,437.3411,330. 3005,302.3056,284.2951,284.2951,217.0697	Deglucosylation/double- dehydration	а	а	
/12	17.83	C <sub>39</sub> H <sub>56</sub> O <sub>8</sub>	Н	653.4053	653.404	-1.99	455.3510,437.3408,419.3303,355.2627, 330.3005,302.3057,284.2951,217.0698	Deglucosylation/tri-dehydration	а	а	
И13	14.97	$C_{37}H_{60}O_{10}$	Na	687.4084	687.4063	-3.05	566.3233,460.2692,415.2111,318.3001,267.1221	Deacetylation/deglucosylation	с	c	
<b>M</b> 14	15.02	C <sub>35</sub> H <sub>58</sub> O <sub>9</sub>	Na	645.3979	645.3979	0.00	503.1080,429.0882,318.3008,219.1739	double-deacetylation/ deglucosylation	с	с	
V15	11.42	C <sub>43</sub> H <sub>70</sub> O <sub>15</sub>	Na	849.4612	849.4589	-2.71	698.4831,639.4035,473.3615,455.2519,437. 3411,419.3304,373.2726,143.1060	Double-deacetylation/ deglucosylation/ glucoaldehydation/double- methylation	с	с	

(Continued on following page)

No.	RT	Formula	Ion condition	Theoretical	Experimental	Error	MS/MS	Transformations	р	u	
	(min)			(m/z)	(m/Z)	(x10 <sup>-6</sup> )	Fragment	_			
5-M16	17.81	C <sub>37</sub> H <sub>60</sub> O <sub>9</sub>	Na	671.4135	671.4149	2.09	635.3962,455.3518, 437.3411,419.3307,217.0701	Deacetylation/ dehydroxylation/ deglucosylation	а	а	
<sup>4</sup> 5-M17	15.97	$C_{30}H_{50}O_5$	Na	513.3556	513.3539	-3.31	455.3517,437.3411,419.3303,373. 3736,355.2628,337.2528,143.1059	Double-deacetylation/ dexylcosylation/deglucosylation	с		
5-M18	11.26	$C_{30}H_{48}O_4$	Η	473.3631	473.3613	-3.80	455.3518,437.3412,419.3305,401.3198, 353.2467,175.0593,143.1061	Deglucosylation/ double-deacetylation/ dexylcosylation/ dehydration	С	а	
5-M19	11.20	$C_{30}H_{46}O_3$	Н	455.3525	455.3516	-1.98	437.3410,419.3303,401.3196,371. 2577,355.2570,143.1059	Deglucosylation/ double-deacetylation/ dexylcosylation/ double-dehydration	а	а	
5-M20	11.15	$C_{30}H_{44}O_2$	Н	437.342	437.341	-2.29	419.3302,401.3196,297.3306,143.1061	Double-deacetylation/ dexylcosylation/ deglucosylation/tri-dehydration	а	а	
5-M21	8.40	$C_{31}H_{46}O_2$	Na	473.3396	473.3364	-6.76	413.3042,371.2574,355. 2629,318.3006	Double-deacetylation/ dexylcosylation/ deglucosylation/tri-dehydration/ methylation	а	c	
6	11.34	C <sub>43</sub> H <sub>70</sub> O <sub>15</sub>	Na	849.4612	849.4592	-0.97	629.4043,473. 3619,455.3515, 437.3412,419.3305, 355.2826	Prototype	c	c	
6-M1	12.90	C <sub>43</sub> H <sub>68</sub> O <sub>14</sub>	Н	809.4687	809.4673	-1.73	629.4045,473.3621, 455.3518,437.3412,419. 3309,401.3197,297. 2210,143.1062	Dehydration	c	c	
6-M2	11.58	$C_{43}H_{66}O_{13}$	Н	791.4582	791.457	-1.52	473.3621,455.3520,437,3414,419,3,307, 371.2581,317.2477,143.1063	Double-dehydration		C	
<sup>d</sup> 6-M3	8.93	C <sub>41</sub> H <sub>68</sub> O <sub>14</sub>	Na	807.4507	807.4487	-2.48	587.3937,473. 3622,455.3515,437. 3412,419.3306, 355.2628,143.1058	Deacetylation	С	c	
6-M4	11.42	C <sub>41</sub> H <sub>68</sub> O <sub>13</sub>	Na	791.4558	791.4567	1.14	647.4149,629.4047,611.3941, 473.3622,455.3521,437.3416, 419.3308,355.2631, 175.0594,143.1062	Deacetylation/dehydroxylation	c	c	
6-M5	11.15	$C_{36}H_{60}O_{10}$	Na	675.4084	675.4071	-1.92	635.4183,480.3137,455.3516, 437.3408,419.3306	Deacetylation/dexylcosylation	с	с	
6-M6	11.17	$C_{36}H_{58}O_9$	Н	635.4159	635.4179	3.15	455.3514,437.3407,419. 3305,335.2379,143.1061	Deacetylation/dexylcosylation/ dehydration	c	c	
6-M7	11.12	C <sub>36</sub> H <sub>56</sub> O <sub>8</sub>	Н	617.4053	617.4046	-1.13	534.3410,498.2881, 473.3619,455.3519,437. 3409,419.3307,389. 2684,335.2572,143.1061	Deacetylation/dexylcosylation/ double-dehydration	c	с	
6-M8	11.31	C37H58O9	Н	647.4159	647.4153	-0.93	,,	Deglucosylation/dehydration	а	а	

16

No.	RT	Formula	Ion condition	Theoretical	Experimental	Error	MS/MS	Transformations	p	u	f
	(min)			(m/z)	(m/Z)	(x10 <sup>-6</sup> )	Fragment				
							629.4047,611.3940,473.3618,455.3512, 437.3414, 419.3308,373.2731, 355.2630,175.0596,143.1060				
6-M9	11.39	$C_{37}H_{56}O_8$	Н	629.4053	629.4047	-0.95	473.3622,455.3520,437.3414, 419.3308,355.2628,175.0591,143.1060	Deglucosylation/double- dehydration	а	а	а
6-M10	11.28	C <sub>37</sub> H <sub>54</sub> O <sub>7</sub>	Н	611.3948	611.3939	-1.47	473.3621,455. 3519,437.3413,419. 3307,371.2579,355. 2631,175.0594,143.1062	Deglucosylation/tri-dehydration	а	а	а
-M11	11.36	C <sub>35</sub> H <sub>58</sub> O <sub>8</sub>	Na	629.4029	629.4044	2.38	473.3620,455.3519,437.3413,419. 3308,355.2624, 175.0591,143.1059	Deacetylation/dehydroxylation/ deglucosylation	а	а	а
6-M12	15.99	$C_{30}H_{50}O_5$	Na	513.3556	513.3549	-1.36	455.3518,437.3416,373.2739, 355.2632,337.2527	Deacetylation/dexylcosylation/ deglucosylation	с		а
-M13	11.25	C <sub>30</sub> H <sub>48</sub> O <sub>4</sub>	Н	473.3631	473.3622	-1.90	455,3519,437,3413,419,3307, 401,3197,297. 2210,143,1061	Deglucosylation/deacetylation/ dexylcosylation/dehydration	а	а	b
-M14	11.23	$C_{30}H_{46}O_3$	Н	455.3525	455.3518	-1.54	437.3414,419.3309,401. 3194,297.2208,143.1062	Deglucosylation/deacetylation/ dexylcosylation/double- dehydration	а	b	b
6-M15	11.21	$C_{30}H_{44}O_2$	Н	437.342	437.3414	-1.37	419.3307,401.3202,297.2213,143.1056	Deacetylation/dexylcosylation/ deglucosylation/tri-dehydration	b	b	b
6-M16	6.70	$C_{32}H_{48}O_4$	Na	519.345	519.3431	-3.66	389.2686,371.2579,333.2425	Deglucosylation/deacetylation/ dexylcosylation/double- dehydration/Acetylation			b

<sup>d</sup>Identified by comparing with reference standards. <sup>b</sup>Detected at the highest abundance. <sup>a</sup>detected at comparatively high abundance. <sup>c</sup>detected at detected at low abundance (+++>++>+). p plasma; u: urine; f: feces.

Astragalus Saponins SERS and UPLC/MS



from compound 3. In contrast, the  $[M + Na]^+$  peak of 5-M15 at m/z 849.4589 (-2.71 ppm) indicated five deacetylation, deglycosylation, methylation, and glucoaldehydation derivatives. 5-M21 was shown to be  $C_{31}H_{46}O_2$  (m/z 473.3364) and it is a five deacetylation, deglycosylation, dexylose reaction, dehydration, and methylation derivatives. 6-M16 was confirmed as  $C_{32}H_{48}O_4$ , which is an acetylated derivative after compound 6 aglycones dehydration products (**Table. 1**).

#### Metabolic Pathways of Compounds 1–6 in *Astragalus mongholicus* Bunge

*Astragalus* saponins 1–6 could not easily be used as a prototype component in plasma after oral administration, but they had a higher content in feces (Fu et al., 2019). This may be related to the physical and chemical properties of saponins, such as their high

molecular weight, high hydrogen bondability, polymer flexibility, and poor membrane permeability, leading to a decrease in their bioavailability (Gao et al., 2012; Yu et al., 2012). Among the phase I metabolites, a relatively large number of dehydration products can be observed in biological samples, all of which are formed by the dehydration of hydroxyl groups at the 3, 6, and 16 positions, which is consistent with our previous findings (Cheng and Wei, 2014; Chen et al., 2018; Lü et al., 2019). Compounds 1, 2, 5, and 6 also had diacetyl metabolites in their biological samples due to the presence of one or two acetyl substitutions on glucose. In addition, compounds 1, 2, and 5 had glycolaldehyde and methylation and acetylation of compound 6, which are all unique metabolic forms but have not been reported previously (Wan et al., 2016; Chen et al., 2019; Li et al., 2021).

In identifying metabolites of astragaloside IV, 12 new dehydration products were added compared with the

previously known ones (Cheng and Wei, 2014). Other pharmacological activities of *Astragalus* saponins have been less studied, all of which were the first metabolites studied here. Interestingly, these six *Astragalus* saponins all underwent deglycosylation and dexylose reaction reactions in the body to form the same aglycones that then underwent dehydration. More importantly, astragalosides I-II and isoastragalosides I-II can form astragaloside IV, which has increased activity after removing the acetyl group (**Figure 6**). This leads us to speculate that astragalosides I-II and isoastragalosides I-II may have the same potential antiinflammatory, antifibrotic, antioxidative stress, antiasthma, antidiabetes, immunoregulation, and cardioprotective effects as astragaloside IV (Li et al., 2017).

#### CONCLUSION

In this study, silver nanoparticles obtained by sodium borohydride reduction were first used as the enhanced substrate to detect astragaloside I (1), astragaloside II (2), astragaloside III (3), astragaloside IV, (4) isoastragaloside I (5), and isoastragaloside II (6) in the phloem, xylem, and cork, by SERS. The Raman signal and mass spectrometry decomposition of the detection results were analyzed. In the SERS spectrum of astragalus slices, the characteristic peaks were observed at 562, 671, 732, 801, 836, 950, 1,026, 1,391, and 1,584 cm<sup>-1</sup>, among which  $950 \text{ cm}^{-1}$  and  $1,391 \text{ cm}^{-1}$  were strong SERS signals. The SERS peak locations obtained could be attributed to biochemical substances such as Astragalus saponin, glucose, and acetamide. The technology of SERS can be used as a new, quick, and effective detection method for biochemical analysis, quality control, and discrimination of decocting pieces of Astragalus mongholicus Bunge or other Chinese medicine. UPLC/ESI/QTOF-MS was used to detect six representative Astragalus saponins in biological samples after the oral administration of Astragalus mongholicus Bunge to rats. Their metabolites were identified, and their metabolic pathways and transformation formed in vivo were summarized. The metabolism of Astragalus saponins 1-6 mainly involved dehydration, deacetylation, dihydroxylation, deglycosylation, methylation, deacetylation, and glycol dehydration reactions. Ten metabolites were identified by comparison with reference standards. According to earlier studies, this is the first study on the metabolism of these Astragalus saponins. The most valuable is that astragalosides

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I-II and isoastragalosides I-II can form astragaloside IV with better activity after removing acetyl groups. This study is of great significance for applying SERS spectroscopy in the identification of TCM and predicting the metabolism of other saponins with similar structures in *Astragalus mongholicus* Bunge, which can promote the systematic study of multi-component metabolism and clinical efficacy of the *Astragalus mongholicus* Bunge.

#### DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/Supplementary Material, Further inquiries can be directed to the corresponding authors.

#### **ETHICS STATEMENT**

The animal study was reviewed and approved by the Animal Care and Use Committee of Harbin Medical University.

#### **AUTHOR CONTRIBUTIONS**

QW, BY, SK, and YL participated in the research design. SK, SO, YL, TM, YZ, JZ, and MX conducted the experiments. QW, SK, and YL performed data analysis. QW, SK, SO, YL, MX, and JZ contributed to the writing of the manuscript.

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### Stewed Rhubarb Decoction Ameliorates Adenine-Induced Chronic Renal Failure in Mice by Regulating Gut Microbiota Dysbiosis

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Wang R, Hu B, Ye C, Zhang Z, Yin M, Cao Q, Ba Y and Liu H (2022) Stewed Rhubarb Decoction Ameliorates Adenine-Induced Chronic Renal Failure in Mice by Regulating Gut Microbiota Dysbiosis. Front. Pharmacol. 13:842720. doi: 10.3389/fphar.2022.842720 <sup>1</sup>College of Basic Medical Sciences, Hubei University of Chinese Medicine, Wuhan, China, <sup>2</sup>Nephrology Department, Hubei Provincial Hospital of Traditional Chinese Medicine, Wuhan, China, <sup>3</sup>Technology Center of Wuhan Customs, Wuhan, China, <sup>4</sup>Nephrology Department, Hubei Provincial Traditional Chinese Medicine Research Institute, Wuhan, China

This study aimed to investigate the protective effect of Stewed Rhubarb (SR) decoction on chronic renal failure (CRF) through the regulation of gut microbiota. Using a CRF mouse model induced by a 0.2% adenine diet, we proved that SR decoction (2.0 g crude SR/kg) significantly reduced the levels of urea and creatinine in plasma of CRF mice, accompanied by the improvement of renal fibrosis and tubular atrophy, amelioration of inflammation, and inhibition of aquaporins damage. Also, SR decoction alleviated gut barrier damage, indicative of the elevated mRNA expression of intestinal mucins and tight junctions. By 16S rDNA sequencing, SR decoction reshaped the imbalanced gut microbiota in CRF mice by statistically reversing the abundance changes of a wide range of intestinal bacteria at family and genus levels, which further led to balance in the production of intestinal metabolites, including short-chain fatty acids (acetic acid, propionic acid, and valeric acid), indole, and bile acids (TUDCA and CDCA). Inversely, SR decoction failed to repress the occurrence of CRF in mice with gut microbiota depletion, confirming the essential role of gut microbiota in SR decoction-initiated protection against CRF. In summary, SR decoction can improve adenine-induced CRF in mice by remolding the structure of destructed gut microbiota community. Our findings shed light on the clinical application of SR decoction in nephropathy treatment.

Keywords: gut microbiota, intestinal metabolites, renal fibrosis, stewed rhubarb, chronic renal failure (CRF)

**Abbreviation:** *SR*, *Stewed Rhubarb*; CRF, chronic renal failure; DHA, 2,8-dihydroxyadenine; TCM, Traditional Chinese Medicine ; RT-PCR, real-time quantitative PCR; H&E, hematoxylin and eosin; PAS, Periodic acid Schiff; HPLC, High Performance Liquid Chromatography; Rg, Rhein-8-O- $\beta$ -D-glucopyranoside; *Il-1β*, interleukin 1β; Tlr4, Toll-like receptor 4; *Col1a1*, Collagen alpha-1(1); *Nlrp3*, NOD-like receptor pyrin domain containing 3; *Tnf-α*, tumor necrosis factor-α; AQP, aquaporin; *Ang4*, Angiogenin 4; *Muc*, mucin; SCFAs, Short-chain fatty acids; BAs, bile acids; CA, cholic acid; TCA, tauro-chenodeoxycholic acid; TCCA, deoxycholic acid; T- $\alpha$ -MCA, tauro- $\alpha$ -murocholic acid; T- $\beta$ -MCA, tauro- $\beta$ -murocholic acid; TDCA, Taurodeoxycholic acid; TUDCA, taurourso-deoxycholic acid; UCDCA, Ursodeoxycholic acid; Abx, antibiotic mixture; BCA, bicinchoninic acid.

#### INTRODUCTION

Chronic renal failure (CRF) is a progressive renal parenchymal injury resulting renal atrophy and a reduction in glomerular filtration rate. The characteristics of CRF are retention of metabolites, renal fibrosis, and imbalance of fluid, electrolyte, and acid-base (Ammirati, 2020). Meanwhile, CRF is often accompanied by multiple complications, such as hypertension, nausea, and neurological disorders (Wang et al., 2016). According to statistics, the incidence rate of chronic kidney disease is 9.1%, and there are currently 697.5 million cases worldwide (GBD Chronic Kidney Disease Collaboration, 2020; Li et al., 2021). The major interventions of CRF are dialysis and kidney transplantation. However, both treatments cause a huge financial burden and usually have adverse effects, like gastrointestinal reactions, kidney transplant rejection, and dialysis complications (Wang et al., 2016).

Adenine is a purine nucleobase, which plays a vital role in the biochemical and physiological functions of cells (Dos Santos et al., 2019). Under physiological conditions, xanthine oxidase catalyzes adenine to 2, 8-dihydroxyadenine (DHA) in the liver, and DHA is finally excreted from urine (Wyngaarden and Dunn, 1957). However, the over-produced DHA will form crystals and deposit in renal tubules or interstitial tissues due to its poor solubility under the pH value of urine, leading to kidney damage (Dos Santos et al., 2019). Now, adenine is widely used to establish the experimental model of chronic renal failure (CRF) in rodents. For example, C57BL/6 mice are often fed with a 0.2% adenine diet to induce the CRF model (Mishima et al., 2015). The primary pathology of the CRF model is renal fibrosis, related to the abnormal changes of several signal pathways, such as TGF-B1/ Smad, MAPK signaling, and GSK-3β/β-Catenin (Ma and Meng, 2019; Schunk et al., 2021; Zhou et al., 2021). Noticeably, GSK-3β/ β-Catenin is pivotal for the formation of renal fibrosis. The phosphorylation of GSK-3β (ser9) can inhibit its enzymatic activity and suppress the degradation of β-catenin, which causes epithelial-mesenchymal transformation, renal fibrosis, and tight junction destruction characterized by the downregulation of E-cadherin (Sun et al., 2016).

Gut microbiota interacts with various organs to maintain host health. It was shown that kidney damage is at least partly due to the dysbiosis of intestinal flora. For example, the increase of Clostridium and Lactobacillales accelerated tubular atrophy and dilatation, interstitial fibrosis, and inflammatory cell infiltration in the kidney (Chen et al., 2019). In clinical trials, the ratio of Firmicutes to Bacteroidetes and a-diversity of intestinal flora was elevated in CRF patients (Jiang et al., 2016; Chen et al., 2019). Further, the disrupted homeostasis among gut microbiota led to bacterial translocation, systemic inflammation, and subsequent renal fibrosis (Miyazaki-Anzai et al., 2021). In addition, the metabolites of gut microbiota play pivotal roles in the occurrence of CRF. In previous studies, the accumulation of uremic toxins (gut microbiota-derived metabolites) caused endothelial cell damage and microvascular injury in the kidney, followed by aggravated tubulointerstitial fibrosis (Koizumi et al., 2014; Giordano et al., 2021). In contrast, as the metabolites of intestinal flora, short-chain fatty acids (SCFAs)

significantly improved renal function by reducing the production of reactive oxygen species and apoptotic cells (Wang et al., 2019). By inhibiting the biotransformation reaction of bile acids (BAs) through gut microbiota, circulating BAs were decreased, accompanied by the relief of vascular calcification and atherosclerosis in CRF (Miyazaki-Anzai et al., 2021). It seems that gut microbiota and their metabolites should be potential regulatory targets in treating CRF.

Stewed Rhubarb (SR), a processed product of Rhubarb, has been used as a herbal medicine for thousands of years. SR was first recorded in "Treatise on Febrile Diseases", in which SR was obtained by steaming raw Rhubarb with glutinous rice wine until it turned black (Zhu et al., 2016). SR has a milder purgative effect than raw Rhubarb, making it possible for long-term medication without significant side effects to the intestine (Yao et al., 2012). Traditional Chinese Medicine (TCM) theory believes that SR has pharmacological effects of defecating, relieving heat, and promoting blood circulation (Zhuang et al., 2020). These effects are attributed to multiple natural active ingredients from SR, including Rhein, Emodin, Aloe Emodin, Physcion, and Chrysophanol for their antibacterial, anti-fibrotic, and anti-inflammatory efficacy (Cao et al., 2017). So far, SR has been widely used to treat acute pancreatitis, constipation, and chronic renal failure (CRF) (Zhang et al., 2017; Zhang et al., 2018).

In most cases, Chinese herbal medicines are orally administered and thus will interact with gastrointestinal bacteria before exerting their pharmacological activities (Liu et al., 2020). This gives them more opportunities to affect intestinal flora and its metabolites, thus showing unique advantages in disease treatment. This study hypothesizes that SR decoction can ameliorate CRF by suppressing the imbalanced gut microbiota and their metabolite changes. Based on an adenine-induced CRF mouse model, we investigated the protective effect of SR decoction on the damage to mouse kidneys. We also examined the improvement of SR decoction on the change of intestinal flora structure and alteration of microbial metabolite profiles in CRF mice. Further, a germdepletion mouse experiment was designed to assess the effect of SR decoction on CRF via gut microbiota modulation.

#### MATERIALS AND METHODS

#### Reagents

Stewed Rhubarb (Polygonaceae; Rhei Radix et Rhizoma) (SR) is the dried root and rhizome of Rheum palmatum L. And SR was purchased from Hubei Tianji Chinese Medicine Decoction Company (Wuhan, China) with the batch number 202005018. Sodium butyrate, sodium acetate anhydrous, sodium propionate, valeric acid, adenine hydrochloride, Metronidazole, Ampicillin, Neomycin sulfate, Gentamycin sulfate, Gallic acid, Aloe-emodin, Chrysophanol, Physcion, Rhein, and Emodin were obtained from Aladdin (Shanghai, China). Rhein-8-O- $\beta$ -D-glucopyranoside was purchased from YuanyeBio Co., Ltd. (Shanghai, China). Indole, cholic acid (CA), taurocholic acid (TCA), chenodeoxycholic acid (CDCA), taurochenodeoxycholic acid (TCDCA), deoxycholic

Stewed Rhubarb Ameliorates Renal Failure

(DCA), Taurodeoxycholic acid (TDCA), acid tauroursodeoxycholic acid (TUDCA), and Ursodeoxycholic acid (UCDCA) were obtained from Sigma (St. Louis, MO, United States). Tauro-a-murocholic acid (T-a-MCA) and tauro-\beta-murocholicacid (T-\beta-MCA) were purchased from TRC (Toronto, Canada). Primary antibodies against phosphorylation-GSK-3β (ser 9) and GSK-3β were obtained from Cell Signaling Technology Inc. (Beverly, MA, United States). Other antibodies, including β-Catenin, E-Cadherin, and β-actin, were separately purchased from Proteintech Group, Inc. (Wuhan, China), Abcam (Cambridge, MA, United States), and Santa Cruz Biotechnology (Santa Cruz, CA, United States).

#### Water Extracts Preparation and Compositional Identification of SR Decoction

The preparation of SR decoction referred to the regulation of *"Treatise on Febrile Diseases"*. In brief, the drug–solvent ratio was 1:8, that is, 30 g of *SR* species (*Rheum palmatum L*; 202005018, Hubei Tianji Chinese Medicine Decoction Company, Wuhan, China) was added into 240 ml of boiling water and extracted for 10 min. Next, the SR decoction was concentrated to 150 ml, and the crude drug content of SR decoction was 200 mg/ml. After that, a part of SR decoction was dried in a vacuum drier to calculate the extraction rate, and the ratio of SR decoction powder to raw herbs was 7.31%. Based on the above, a 2 g crude SR/kg was equivalent of 146.2 mg/kg SR powder in this study. The dose conformed to the concentration range (100–200 mg/kg *in vivo* studies of extracts) (Heinrich et al., 2020). The experimental dose was obtained by a preliminary experiment (**Supplementary Table S1**).

To analyze the composition of SR decoction, we conducted High-Performance Liquid Chromatography (HPLC) analysis on a Waters-system (Waters Corp, Milford, United States) with an Agilent Eclipse XDB C18 column ( $250 \times 4.6$  mm, 5 µm). The flow rate was 1.0 ml/min, and the mobile phase was composed of 0.2% acetic acid v/v (A) and acetonitrile (B). The gradient elution with a flow rate of 1.0 ml/min was as follows: 5-12% B at 0-10 min, 12%-26% B at 10-28 min, 26%-38% B at 28-53 min, 38%-42% B at 53-70 min, 42%-47% B at 70-80 min, 47%-51% B at 80-88 min, 51%-71% B at 88-110 min. The injection volume was 20 µL, and the column temperature was set to 35°C. The mass spectrometry analysis was performed in both positive and negative ion modes in a range of 100-1100 Da. The optimized parameters of the ESI source were set as follows: drying gas (N<sub>2</sub>) flow rate, 10.0 L/min; drying gas temperature, 350°C; nebulizer pressure, 30 psig; fragmentor, 80, 135, 175, 225, 300, and 375 V; capillary voltage, -3,500 or 4000 V. The mass spectrometer was set in multiple reaction monitoring modes for quantification of selected ions.

#### **Animal Experiment**

Male C57BL/6 mice (Six-week-old,  $20 \pm 2$  g) were purchased from Hubei Center for disease Control and Prevention (Wuhan, China). Mice were adaptively housed for 1 week with 12 h light/dark cycle (55  $\pm$  5% humidity, 23  $\pm$  2°C) and free access to food and water. After that, mice were randomly divided into four groups (n = 9): 1) Ctrl group, fed with normal chow diet and administered with saline by gavage for 2 weeks; 2) CRF group, fed with 0.2% adenine diet (w/w) and administered with saline by gavage for 2 weeks; 3) SR group, fed with normal chow diet and administered with SR decoction (2.0 g crude SR/kg) for 2 weeks by gavage; 4) CRF + SR group, fed with 0.2% adenine diet (w/w) and administered with SR decoction (2.0 g/kg) by gavage for 2 weeks. Animal diet was bought from Chunzhilong Experimental Animal Co., Ltd. (Wuhan, China). During the animal experiment, the body weight, diet intake, and water drinking of mice were monitored. At the end of the experiment, fresh feces were collected from each mouse. Then, all mice were euthanized with the collection of the kidney, colon, cecum contents, and plasma. Colon length was measured, and the kidney tissues were photographed. All samples were stored at -80°C for further experiment.

For the antibiotic experiment, male C57BL/6 mice were randomly divided into four groups (n = 9): 1) Ctrl group, given distilled water for 4 weeks and then fed with normal chow diet plus saline by gavage for another 2 weeks; 2) CRF group, give distilled water for 4 weeks and then fed with 0.2% adenine diet (w/w) plus saline by gavage for another 2 weeks; 3) CRF + AB group, given antibiotic mixture (Abx, 1.0 mg/ml ampicillin, 1.0 mg/ml neomycin, 0.5 mg/ml vancomycin, and 0.5 mg/ml metronidazole in distilled water) for 4 weeks and then fed with 0.2% adenine diet (w/w) plus saline by gavage for another 2 weeks; 4) CRF + AB+ SR group, given Abx for 4 weeks and then fed with 0.2% adenine diet (w/w) plus SR decoction (2.0 g/kg) by gavage for another 2 weeks. Four weeks after the start of the animal experiment, mouse fecal samples were collected, and the DNA was extracted for the detection of bacterial content by RT-qPCR. At the end of the experiment, all mice were euthanized, and the tissues were collected as those mentioned above.

The animal experiments were performed according to the Animal Care and Use Committee of the animal facility at the Hubei University of Chinese Medicine.

#### **Creatinine and Urea Analysis**

Creatinine Colorimetric Assay Kit and Urea Colorimetric Assay Kit were separately used to detect the levels of creatinine and urea in plasma according to the manufacturer's instructions (Elabscience Biotechnology Co., Ltd., Wuhan, China).

### RNA Extraction and Real-Time Quantitative PCR

Based on the manufacturer's protocol, total RNA of kidney and colon tissues was extracted using Trizol reagent and reversely transcribed to cDNA with a first-strand cDNA synthesis kit (Allmeek Co., Ltd., Beijing, China). The relative mRNA levels of target genes were measured by RT-qPCR using a SYBR QPCR mixture (Allmeek Co., Ltd., Beijing, China) at the ABI 7500 Real-Time Fluorescence Quantitative PCR instrument. The primer



sequences were listed in **Supplementary Tables S2, S3**. The thermal cycle condition was as follows: pre-denaturing at 95°C for 10 min; 40 cycles of denaturation at 95°C for 10 s, annealing/ extension at 60°C for 30 s. Target gene expressions were normalized against that of  $\beta$ -actin, and fold changes were calculated using a  $2^{(-\Delta\Delta CT)}$  method.

#### **Histological Analysis**

Kidney and colon tissues were fixed with 4% paraformaldehyde, dehydrated, paraffin-embedded, and cut into 5  $\mu$ m-thick sections. After the deparaffinization using xylene and seriously diluted ethanol, sections were stained with hematoxylin and eosin

(H&E). Besides, Periodic Acid-Schiff (PAS) Staining Kit (Solaibao Co., Ltd., Beijing, China) and MASSON Staining Kit (Heart Biological Co., Ltd., Xian, China) were used to evaluate the levels of glomerulosclerosis and renal fibrosis, respectively. Alcian blue staining was performed to evaluate the acidic mucin expression in colon tissues following the manufacturer's instruction (Vectorlabs, Beijing, China). Glycosylated mucin expression in colon tissues was stained using Wheat Germ (WGA)-FITC (Sigma, St. Louis, Agglutinin MO, United States). Images were acquired by a Leica DFC310 FX digital camera connected to a Leica DMI4000B light microscope (Wetzlar, Germany).

Peak no	Name	Formula	Molecular mass	Measured [M-H]	Fragment ions
				<sup>-</sup> (m/z)	
M1	Gallic acid	$C_7H_6O_5$	170	169.010	124.9
M2	Rg	C <sub>21</sub> H <sub>18</sub> O <sub>11</sub>	446	445.261	240.1, 284.0
M3	Aloe emodin	C <sub>15</sub> H <sub>10</sub> O <sub>5</sub>	270	269.302	239.2
M4	Rhein	C15H8O6	284	283.034	239.0
M5	Emodin	C <sub>15</sub> H <sub>10</sub> O <sub>5</sub>	270	269.302	225.0
M6	Chrysophanol	C <sub>15</sub> H <sub>10</sub> O <sub>4</sub>	254	254.093	209.7, 225.3
M7	Physcion	C <sub>15</sub> H <sub>8</sub> O <sub>6</sub>	284	284.294	211.7, 239.4, 268.

**TABLE 1** | Typical MS data of major compounds in SR decoction.

## Quantification of Intestinal Metabolites in Feces

To quantify the levels of BAs in feces, we homogenized 50 mg of fecal samples with 1 ml of water-methanol-formic acid solution (25:74:1, V/V/V) containing  $d_5$ -CA and  $d_4$ -TCA as internal standards at a final concentration of 0.2 µg/ml. To determine the contents of SCFAs, we homogenized 50 mg of fecal sample with 1 ml of 50% (V/V) methanol-aqueous solution (containing 0.2% HCl). To detect the level of indole, we homogenized 25 mg of fecal sample with 1 ml of pre-cooled methanol. All samples were used for GC-MS or LC-MS analysis. The detailed analytical information was indicated in **Supplementary Methods**.

#### 16S rDNA Gene Sequencing

The total mouse fecal genome was extracted, and intestinal flora was detected by sequencing the V3-V4 region of 16S rDNA on the Illumina MiSeq platform (Illumina, San Diego, CA, United States). The metagenomic DNA from mouse colonic contents was obtained using a FastDNA<sup>™</sup> SPIN Kit (MP Biomedicals, CA, United States). The V3-V4 variable region was amplified using barcoded primers. The PCR product was detected by 1% agarose gel electrophoresis and purified with Agencourt AMPure XP Nucleic acid purification kit. The amplicons were then pooled in paired-end sequence on an Illumina MiSeq platform (Illumina, Journal Pre-proof 9 San Diego, CA, United States) by Beijing Allwegene Tech (Beijing, China) following the standard protocols. The detailed analytical information was indicated in Supplementary Methods.

#### Western Blot

Total protein was extracted from kidney tissues using RIPA buffer (Beyotime, Shanghai, China) supplemented with a protease inhibitor cocktail (Merck, Darmstadt, Germany). Then, protein concentrations were determined using a bicinchoninic acid (BCA) protein assay kit (Beyotime, Shanghai, China). Protein samples were separated on sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) gels and transferred to polyvinylidene difluoride (PVDF) membranes. After blocking with 5% skim milk in Tris-buffered saline tween-20 (TBST) for 1 h, the membranes were separately incubated with primary antibodies at 4°C overnight, including E-Cadherin,  $\beta$ -Catenin, p-GSK-3 $\beta$  (ser 9), GSK-3 $\beta$ , and  $\beta$ -actin. After the wash with TBST, membranes were incubated with secondary antibody conjugated with horseradish peroxidase (HRP) for 1.5 h. Finally, protein signals were visualized using an ECL Protein Detection kit.

#### **Statistical Analysis**

Data were presented as mean  $\pm$  SD. The difference between the two groups was analyzed using an unpaired two-tailed Student's *t*-test. Differences among multiple groups were assessed using a one-way ANOVA and Bonferroni post-hoc analysis. And *p* < 0.05 was considered statistically significant. Regular analysis was carried out using GraphPad Prism (Version 8.0.1, GraphPad Software Inc., CA, United States).

#### RESULTS

# Component Identification of SR Decoction by HPLC and MS

The typical HPLC chromatogram of SR decoction (Figure 1A) was mainly composed of seven components as compared to related standards (Figure 1B): Peak 1, Gallic acid; Peak 2, Rhein-8-O- $\beta$ -D-glucopyranoside; Peak 3, Aloe emodin; Peak 4, Rhein; Peak 5, Emodin; Peak 6, Chrysophanol; Peak 7, Physcion. Further, these components were confirmed and quantified by mass spectrometry analysis, as shown in Figure 1C and Table 1, Supplementary Figure S1, and Supplementary Table S4.

# SR Decoction Improved Physiochemical Parameters of CRF Mice

The schematic diagram of animal experimental was indicated in **Figure 2A**. In brief, mice were fed with a 0.2% adenine diet to induce CRF, and then SR decoction was used to interfere with CRF for 2 weeks. Results show that the body weight of CRF mice was gradually decreased (**Figure 2B**). After the treatment of SR decoction, the weight loss of CRF mice was notably inhibited (p < 0.05, *vs*. CRF group) (**Figures 2B,C**). The water drinking of CRF mice was also significantly reduced after the intervention of SR decoction (p < 0.05, *vs*. CRF group) (**Figure 2D**). As indicated in **Supplementary Figure S2**, the diet intake was significantly decreased in mice of the CRF group compared to the Ctrl group (p < 0.01), but there was no



difference between the CRF group and CRF + SR group. Meanwhile, the colon length was shortened in CRF mice but corrected by SR decoction treatment (p < 0.05, vs. CRF group) (**Figures 2E,F**). In comparison with the CRF group, the decreased kidney index was partly reversed in the CRF + SR group (p < 0.05) (**Figure 2G**). Additionally, SR decoction suppressed the increase in levels of urea and creatinine of CRF mice (p < 0.05, vs. CRF group) (**Figures 2H,I**). Noticeably, SR decoction also decreased the levels of plasma urea and creatinine in the control mice (p < 0.05, SR group vs. Ctrl group) (**Figures 2H,I**). Finally, the kidney morphology of CRF mice was characterized by apparent shrinkage and paleness, which were improved by SR decoction treatment (Figure 2J).

#### SR Decoction Suppressed Fibrosis, Inflammation, and Reduction of Aquaporins in Kidney Tissues of CRF Mice

In Figure 3A, renal glomerular sclerosis was observed in CRF mice by HE staining, with characteristics of vacuolization and atrophy of renal tubules. Compared to the Ctrl group, PAS staining of renal tissues manifested thickening of the glomerular basement membrane and renal tubule in mice of



the CRF group (**Figure 3A**). By MASSON staining, mice of the CRF group displayed band-like interstitial fibrosis and collagen fiber proliferation (**Figure 3A**). In contrast, SR decoction treatment ameliorated the above pathological changes in kidney tissues of CRF mice (**Figure 3A**).

To further explore the protective effect of SR decoction on kidney injuries of CRF mice, the mRNA expressions of associated regulators were analyzed by RT-qPCR. As shown in **Figures 3B,C**, we observed the increased expressions of proinflammatory cytokines (*Nlrp3, Tlr-4, Tnf-\alpha*, and *Il-1\beta*) (p < 0.01, *vs.* Ctrl group) and reduced expressions of aquaporins (*Aqp-2, Aqp-3,* and *Aqp-4*) at mRNA levels in CRF mice kidneys (p < 0.01, *vs.* Ctrl group), and these changes significantly blocked by SR decoction (p < 0.05 or 0.01, *vs.* CRF group). Also, we detected abnormal mRNA expressions of fibrosis-related molecules in kidney tissues of CRF mice, as indicated by the down-regulation of *E-Cadherin* and up-regulation of *Col1a1* and *Fibronectin* (p < 0.01, *vs.* Ctrl group),

which were statistically reversed by SR decoction (p < 0.05, *vs.* CRF group) (**Figure 3D**).

To gain more insight into the effect of SR decoction on the renal fibrosis signaling pathway, we examined the protein expressions of  $\beta$ -catenin-related transduction signals in kidneys by western blot analysis. Among these molecules, the E-Cadherin expression was reduced, but the levels of  $\beta$ -Catenin, p-GSK-3 $\beta$  (ser 9), and GSK-3 $\beta$  were increased in CRF mice (**Figure 3E**). On the contrary, SR decoction treatment remarkably inhibited the protein changes of the above regulators or kinases in CRF mice (**Figure 3E**).

## SR Decoction Protected Gut Barrier Against Damage in CRF Mice

Since the colon length was shortened in CRF mice (**Figures 2E,F**), we exploited the effect of SR decoction on damage to the



gut barrier of adenine diet-fed mice. As illustrated in Figure 4A, H&E staining shows an intestinal edema change between the muscular layer and mucous layers in CRF mice with thinned muscularis in the colon, and SR decoction treatment corrected these pathological changes. By WGA-FITC staining and Alcian blue staining, we found the reduced content of intestinal glycoprotein mucins in colon tissues of the CRF group, which was significantly restored by SR decoction (Figure 4A). In consistence with morphological changes, the mRNA expressions of key regulators related to the gut barrier (Muc1, Muc2, Claudin-1, and Ang4) were remarkably lowered in colon tissues of CRF mice (p < 0.05, vs. Ctrl group) but modified after SR decoction intervention (p < 0.05 or 0.01, vs. CRF group) (**Figure 4B**). In consideration of the intestinal edema in CRF mice, the mRNA levels of aquaporins in colon tissues were measured among experimental groups. As indicated in Figure 4B, SR decoction entirely reversed the decrease of Aqp-1, Aqp-2, and Aqp-3 levels in CRF mice (p < 0.01, vs. CRF group).

#### SR Decoction Regulated Production of Gut Microbiota Metabolites in CRF Mice

CRF tends to cause intestinal endotoxin accumulation, thus we quantified the contents of gut microbiota metabolites in fecal samples among four experimental groups by LC/GC-MS analysis. As shown in **Figure 5A**, the level of acetic acid was increased in the feces of CRF mice but remarkably decreased after *SR* decoction treatment (p < 0.05, *vs*. CRF group). In contrast, the fecal levels of propionic acid and valeric acid in CRF mice were reduced, whereas SR decoction statistically reversed these changes (p < 0.05 or 0.01, *vs*. CRF group). Notably, the contents of four SCFAs were also increased in control mice with SR decoction treatment (**Figure 5A**).



Consistently, the relative proportions of four SCFAs in feces were changed as indicated by the increased abundance of acetic acid and decreased abundance of pentanoic acid in CRF mice, which were markedly curbed by SR decoction (**Figure 5B**). Meanwhile, SR decoction suppressed the reduction of fecal indole in CRF mice (p < 0.01, *vs.* CRF group) (**Figure 5C**).

Compared to the Ctrl group, the total BAs in feces were significantly increased in CRF mice (p < 0.01) (Figure 5D). Although SR decoction failed to block the increment of total BAs in CRF mice, it inhibited the changed proportions of several individual BAs, like UCDCA and CA (Figures 5D,E). Next, we determined the absolute contents of individual BAs in feces among experimental groups (Figure 5F). Except for T- $\alpha$ -MCA, TCA, and TDCA, the levels of other BAs were elevated in the feces of the CRF group (p < 0.05 or 0.01, *vs.* Ctrl group). Among them, the contents of TUDCA and CDCA were statistically reduced after SR decoction intervention (p < 0.01, *vs.* CRF group), while the contents of T- $\alpha$ -MCA and T- $\beta$ -MCA

were further promoted by SR decoction (p < 0.01, *vs*. CRF group) (**Figure 5F**).

### SR Decoction Ameliorated Gut Microbiota Dysbiosis in CRF Mice

Gut microbiota plays a vital role in producing intestinal metabolites and the maintenance of gut barrier integrity (Akchurin and Kaskel, 2015). Hence, the 16S rDNA sequencing was conducted to assay the intestinal flora in feces using an Illumina MiSeq platform. A total of 1,765,681 raw sequence reads were obtained, and 2,548 operational taxonomic units (OTUs) were yielded after the exclusion of ineligible OTUs (**Supplementary Table S5**). Alpha diversity was calculated by a Shannon index, which represented the richness of gut microbiota. It was shown that SR decoction reversed the up-regulation of bacterial richness in CRF mice (p < 0.05, vs. CRF group) (**Figure 6A**). The primary component analysis (PCA) and non-metric multidimensional scaling



(NMDS) plot revealed four distinct clusters, suggesting the different structure of gut microbiota among four experimental groups (**Figures 6B,C**).

We performed a taxonomic analysis to quantify the relative abundances of gut microbiota among four experimental groups. At phylum levels, Firmicutes, Bacteroidetes, Verrucobacteria, Proteobacteria, and Actinobacteria were the dominant ones in fecal samples. As compared to the Ctrl group, the abundances of Firmicutes and Tenericutes phylum were up-regulated, while the contents of Verrucomicrobia and Bacteroidetes phyla were downregulated in the CRF group (**Figure 6D**). SR decoction did not affect these phylum changes of CRF mice. However, it reversed the increase of Bacteroidaceae and the decrease of Rikenellaceae and Erysipelotrichaceae at family levels in the CRF group (**Figure 6E**). As indicated by the heat map analysis (Figure 6F), the abundances of a series of bacteria were significantly altered in the CRF group at genus levels. Among them, the content of *Parvibacter* was promoted after SR decoction treatment. In contrast, some other bacteria were decreased in abundances, including *Odoribacter*, *Acetatifactor*, *Alistipes*, *Anaerotruncus*, *Blautia*, *Clostridium*, *Desulfovibrio*, *Enterococcus*, *Lachnospiraceae*, *Marvinbryantia*, *Rikenellaceae*, *Rikenella*, *Ruminiclostridium*, and *Roseburia* (p < 0.05, *vs*. CRF group).

By the LEfSe analysis, we compared the characteristic bacteria taxa among four experimental groups at distinct classification levels ("p\_," phylum; "o\_," order; "c\_," class, "f\_," family, "g\_," genus, and "s\_," species). As illustrated in **Figure 7A**, seven bacterial taxa were identified in the Ctrl group, which were significantly different from those of the other three



**FIGURE 7** | Impact of SR decoction on characteristic taxa and bacterial metabolism in CRF mice, and correlation between gut microbiota dysbiosis and SRF occurrence. (A) Identification of characteristic taxa among four experimental groups by linear discriminant analysis (LDA) effect size (LEfSe). (B) Presentation of characteristic taxa using LDA with a threshold score >3.0. Bar length of LDA represents the impact of characteristic taxa in individual groups. (C) Functional prediction of Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways by Phylogenetic investigation of communities by reconstruction of unobserved states (PICRUSt) analysis. (D) Spearman's correlation analysis between physiochemical indexes and 23 genera with the greatest changes in abundance among four experimental groups. The colors ranged from blue (negative correlation) to dark red (positive correlation), and significant correlations (n = 7) were marked by \*p < 0.05, \*\*p < 0.01.



**FIGURE 8** [Effect of SR decoction on CRF in mice with gut microbiota depletion. (A) Experimental schematic diagram. (B) Growth curve. (C) Body weight gain. (D) Kidney index. (E) Level of plasma urea. (F) Level of plasma creatinine. (G) MASSON staining of kidney tissues ( $200 \times$ ). (H) Expression of renal fibrosis biomarkers in kidney tissues at mRNA levels, including *E-Cadherin*, *Col1a1*, and *Fibronectin*. (I) Expression of proinflammatory cytokines in kidney tissues at mRNA levels, including *Tnf-* $\alpha$  and *II-1* $\beta$ . (J) Expression of aquaporins in kidney tissues, including *Aqp-2*, *Aqp-3*, and *Aqp-4*. Data were represented as mean  $\pm$  SD (n = 6). \*p < 0.05, \*\*p < 0.01 vs. Ctrl group; "p < 0.05, ##p < 0.01 vs. CRF group.

experimental groups in abundance. Seven typical taxa belonged to the CRF group, and fifteen taxa were detected in the SR group. Additionally, Pptostreptococcaceae was the characteristic family in the CRF + SR group. Further, the taxa with the most remarkable differences in abundance were listed using linear discriminant analysis (LDA): 1) f\_Bacteroidales S24\_7 group, g Eubacterium ruminantium group, g Desulfovibrio, and s\_Firmicutes bacterium M10\_2 for the Ctrl group; 2) f Rikenellaceae, c Erysipelotrichia, g Alistipes, and g\_Odoribacter for the CRF group; 3) o\_Verrucomicrobiales, g\_Akkermansia, c\_Verrucomicrobiae, and p\_Verrucomicrobia for the SR group; 4) p\_Firmicutes, g\_Lachnospiraceae NK4A136 group, s\_Lactobacillus gasseri, and g\_Oscillibacter for the CRF + SR group (Figure 7B).

#### SR Decoction Affected Metabolic Pathways of Intestinal Bacteria in CRF Mice

The PICRUST analysis was employed to assess the impact of SR decoction on metabolic pathways of gut microbiota in CRF mice. Based on 141 Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways, seven evidently changed ones were screened for comparison among four experimental groups (Figure 7C). Compared to the Ctrl group, there were five pathways found to be affected in the CRF group (p < 0.01). Among them, the metabolic activity of two pathways was upregulated, including Tryptophan metabolism and synthesis/ degradation of ketone bodies; three pathways were downregulated, including pentose and glucuronate interconversions, amino sugar and nucleotide sugar metabolism, and fructose and mannose metabolism. Conversely, most of these altered pathways were recovered after SR decoction treatment (p < 0.01 or 0.05, vs. CRF group) (Figure 7C).

#### **Correlation Between Bacterial Abundances** and CRF-Related Indicators

To explore the association between gut microbiota dysbiosis and CRF occurrence, we calculated Spearman's correlation coefficient between physiochemical indexes and 23 genera with the greatest changes in abundance among four experimental groups. As illustrated in **Figure 7D**, 17 bacteria (*Anaerotruncus, Blautia, Clostridium*, etc.) were negatively correlated with body weight, kidney index, E-cadherin level, and metabolism of SCFA and indole, while positively related to renal function, Col1a1, and acetic acid levels, and BA metabolism. By contrast, totally different correlations were observed between the other six genera and physiochemical parameters of CRF mice, such as *Akkermansia, Alistipes*, and *Coriobacteriaceae*, etc.

### SR Decoction Failed to Alleviate CRF in Mice With Gut Microbiota Depletion

To examine whether gut microbiota played a vital role in protecting of SR decoction against CRF, we fed mice with adenine diet, adenine diet + AB, or adenine diet + AB+ SR



decoction (2.0 g crude SR/kg) (Figure 8A). After AB treatment for 4 weeks, the intestinal bacteria of mice were almost depleted, as indicated by the undetectable abundances of major phyla in comparison with those of the Ctrl and CRF group (Supplementary Figure S3A). As suggested in Figure 8, most of the deteriorated physiochemical parameters in the CRF group were not improved in either the CRF + AB group or the CRF + AB+ SR group, including the growth curve (Figure 8B), weight gain (Figure 8C), renal fibrosis (Figures 8G,H) and inflammation (Figure 8I), aquaporins destruction in kidneys other (Figure 8J), and related detection indexes (Supplementary Figures S3B-S3F). As compared to the CRF group, the change of kidney index and levels of urea and creatinine in plasma were statistically suppressed in mice of the CRF + AB group due to the depletion of gut microbiota (p < 0.05) (Figures 8D-F). However, SR decoction treatment failed to further strengthen the AB-initiated protective effect (Figures 8D-F). Meanwhile, SR decoction also did not rescue the intestinal damage to CRF mice, as can be seen by the worsened colonic structure in the CRF + AB + SR group (Supplementary Figure S4). The above results imply that SR decoction had no alleviating effect on the occurrence of CRF in mice with gut microbiota depletion.

#### DISCUSSION

As a recognized model drug, adenine degenerates renal tubule and interstitium that causes the occurrence of CRF, characterized by the inhibited excretion of nitrogen compounds, like Creatinine and Urea (Claramunt et al., 2015). Creatinine is the metabolic end product of creatine and phosphocreatine, and urea is synthesized from ammonia in the liver (Baum et al., 1975; Jones and Brunett, 1975). Both metabolites are transported to the kidney for excretion through glomerular filtration, while impairment of the glomerulus will lead to the accumulation of toxic metabolites followed by the occurrence of CRF. In this study, we found that the levels of creatinine and urea in plasma were significantly increased in mice feeding with a 0.2% adenine diet (Figures 2H-J), accompanied by the abnormal changes of related physiochemical parameters (Figures 2, 3A). On the contrary, these typical pathological features of CRF were statistically ameliorated by SR decoction. Since there was no difference in diet intake between the CRF group and CRF + SR group, the alleviated symptoms in the CRF + SR group were not due to less adenine intake (Supplementary Figure S2). This may be attributed to an active ingredient of Rhubarb, i.e., Emodin. Emodin is reported to increase glomerular filtration by inhibiting glomerular podocyte apoptosis and endoplasmic reticulum stress (Tian et al., 2018).

CRF is characterized by renal fibrosis, chronic inflammation, and fluid metabolism disorder. In CRF patients, increased nitrogenous substances may contribute to systemic inflammation via the increment of pro-inflammatory cytokines, like Nlrp3, Tlr4, Il-1β, and Tnf- $\alpha$  (Komada and Muruve, 2019; Ebert et al., 2020). Previously, SR decoction was demonstrated to have an inhibitory effect on inflammation both in vitro and in vivo (Ye et al., 2019; Ji et al., 2020). Similarly, we found that SR decoction could suppress the activation of *Nlrp3* and decrease the mRNA levels of *Il-1\beta* and *Tnf-\alpha* (Figure 3B). Aquaporin is mainly expressed in the kidney and intestine (Esteva-Font et al., 2012). Aquaporins are divided into several subtypes and play different roles in the progression of CRF. Among them, AQP-1 and AQP-3 are responsible for toxin transport like urea and ammonia, and renal tubule injury will cause decreased expressions of both aquaporins followed by delayed toxin elimination (Litman et al., 2009; Hua et al., 2019). AQP-2 not only reabsorbs water but can alleviate renal inflammation in CRF, and AQP-4 is vital for the transport of water and electrolytes (Kong et al., 2020). In the study, SR decoction significantly inhibited the downregulation of these AQPs in CRF mice, suggesting its pivotal role in the maintenance of water and toxin transport (Figure 3C). In addition, SR decoction has a therapeutic effect on renal fibrosis by partly reversing the expression changes of major biomarkers in the kidney, such as E-Cadherin, Col1a1, and Fibronectin (Figures 3D,E). E-Cadherin is an important adhesion molecule to maintain the polarity between renal tubular epithelial cells (Black et al., 2019). Col1a1 and Fibronectin can promote fibroblast differentiation, and their overproduction often causes excessive fiber deposition in the kidney (Mack and Yanagita, 2015; Huang et al., 2020). In the study, SR decoction reduced the mRNA levels of Col1a1 and Fibronectin in kidney tissues of CRF mice, implying its efficacy in the treatment of renal fibrosis (Figure 3D). Further, SR decoction reduced the protein levels of p-GSK-3β (ser 9), GSK-3β, and β-Catenin (Figure 3E). We presume that SR decoction ameliorated renal fibrosis dependent on a blockade of the GSK-3β/β-Catenin signaling pathway.

Notably, SR decoction displayed a protective effect on the intestinal damage of CRF mice (Figures 2, 4), and the action

mechanisms may be multifactorial. On the one hand, since ureaderived ammonia and ammonium hydroxide directly damage the intestinal epithelial barrier (Huang et al., 2020), a reduced level of urea by SR decoction might benefit the gut barrier integrity in CRF mice (Figure 2H). On the other hand, the progression of CRF is accompanied by the dominance of pathogenic intestinal bacteria, leading to gut barrier corrosion (Meijers et al., 2019). Hence, the antibacterial effect of SR decoction makes it possible to prevent the intestine from damage (Xiang et al., 2020). Meanwhile, aquaporins play a major role in the progression of edema. The downregulation of aquaporins in the colon will deteriorate the water transport of mucosa cells and result in intestinal edema (Pelagalli et al., 2016). After SR decoction intervention, we observed significantly increased expressions of Aqp-1, Aqp-2, and Aqp-3, which may be the main reason for the relieved edema in colon tissues of CRF mice (Figure 4A).

As "healthy" gut microbiota products, SCFAs preferentially supply energy to intestinal epithelial cells (Yang et al., 2018). In this study, we observed the alterations of fecal SCFAs in CRF mice indicated by the increase of acetic acid and decrease of the other two SCFAs (Propionic acid and valeric acid), which were significantly repressed by SR decoction (Figure 5A). A similar result was obtained in a previous study that reported the markedly higher levels of acetic acid in feces of nephropathy mice (Yang et al., 2018). Acetic acid is involved in the citric acid cycle through the synthesis of acetyl coenzyme A and renal fibrosis will inhibit such a biological process (Hewitson and Smith, 2021), which may attribute to the sharp increase of acetic acid in CRF mice. In addition to providing the energy source for enterocytes, SCFAs have diverse regulatory functions on host physiology and immunity. For instance, SCFAs are pivotal for gut barrier integrity by promoting mucus production and suppressing inflammatory responses (Basson et al., 2016). This perhaps explains why SR decoction prevented the intestinal structure of CRF mice from damage (Figure 4). Noticeably, propionic acid can reduce urea and creatinine concentrations in the plasma of CRF patients (Huang et al., 2020), so an elevated level of propionic acid should be beneficial to the amelioration of CRF. Based on the above, the protective effect of SR decoction on CRF should be associated with its regulation of SCFA metabolic balance. Indeed, it was reported that gallic acid (a main component of SR decoction) could increase acetic acid consumption by promoting the citric acid cycle (Li et al., 2019; Wang et al., 2019).

Indole and its related bacterial metabolites were known to reduce intestinal inflammation, prevent gut barrier dysfunction, and significantly affect host metabolism (Beaumont et al., 2018). Our result shows that SR decoction statistically promoted the production of fecal indole in CRF mice (**Figure 5C**), suggesting its favorite effect on intestinal functions in the development of nephropathy. Aside from SCFAs and indoles, we also measured the content of fecal BAs. Of the BA pool, most BAs are taken up in the distal ileum and return to the liver. However, about 5% of the remaining BAs will escape intestinal uptake and can be metabolized by the gut microbiota to secondary BAs (Porez et al., 2012). In the intestine, BAs facilitate the digestion and absorption of dietary fat, steroids, or exogenous drug. Besides, BAs act as signaling molecules to modulate glucose and energy homeostasis (Degirolamo et al., 2014). Of note, a high concentration of BAs can cause inflammation, cellular apoptosis, or even accumulation of BAs in the liver (Kuipers et al., 2014). And patients with fatty acid diseases also have increased serum bile acids (Akchurin and Kaskel, 2015). Thus, the increase of total and individual BAs in feces may implicate the deteriorated liver function of CRF mice (**Figures 5D–F**). Nevertheless, SR decoction had a little or even worse effect on the alteration of fecal BAs except for CDCA and TUDCA (**Figure 5F**). It was suggested that BAs are not the main target of SR decoction in CRF treatment.

Considering the significance of gut microbiota in the production of intestinal metabolites, we explored the effect of SR decoction on intestinal floral structure in CRF mice. Our studies suggest that SR decoction reduced gut microbiota diversity in CRF mice (Figure 6A). This might be due to the antimicrobial effects of SR components like Rhein and Gallic acid, which were reported to inhibit the growth of some harmful bacteria, such as Helicobacter pylori, Escherichia coli, and Streptococcus mutans (Shao et al., 2015; Zhou et al., 2015). Though SR decoction did not affect the gut microbiota at phylum levels, it significantly regulated the abundances of several bacterial families, that is, increased the population of Bacteroidales but decreased the contents of Rikenellaceae and Erysipelotrichaceae in CRF mice (Figure 6E). Bacteroidales can alleviate renal inflammation and damage by promoting propionic and butyric acid levels (Marzocco et al., 2018). By contrast, Erysipelotrichaceae is closely related to the synthesis of phenyl sulfate, which contributes to the formation of albuminuria and the subsequent progression of CRF (Kikuchi et al., 2019). At genus levels, the abundances of a wide range of bacteria were also altered in CRF mice (Figure 6F). Among them, Desulfovibrio produces genotoxic hydrogen sulfide (H2S) gas, causing hypoplasia and hyperpermeability of intestinal epithelial cells (Rohr et al., 2020). The Blautia, Acetatifactor, and Ruminococcus genera are the main acetate genera, and their significant upregulation may be the reason for large increased acetic acid in CRF mouse feces (Cai et al., 2020). Genus Parvibacter is responsible for the metabolism of exogenous harmful substances (Choi et al., 2020). Conversely, SR decoction significantly reversed abnormal changes of these genera in CRF mice (Figure 6F). These results fully demonstrated the remodeling effect of SR decoction on the destructed structure of gut microbiota in mice with nephropathy. In a previous report, the dysbiosis of gut microbiota in CRF mice was characterized by increased pathogenic flora (Sun et al., 2021). Clinical trials also show that the abundances of Actinobacteria, Firmicutes, and Proteobacteria had the most significant increases at family levels in CRF patients compared with healthy controls (Vaziri et al., 2013). Most of the increased bacteria at genus levels also belonged to the three bacterial families in our study. Additionally, CRF can induce an increased production of urea. When the high-level urea enters the intestinal tract, it will stimulate the proliferation of bacteria with urease activity (Hobby et al., 2019). In this study, several bacteria elevated at genus levels also have urease activities, such as Blautia, Ruminococcus, Clostridium, Enterorhabdus, and Alistipes. The above reasons may explain why most representative bacteria genera displayed the highest levels in the CRF group (Figure 6F).

By PICRUSt analysis, SR decoction was found to affect the metabolism of gut bacteria in CRF mice, alluding to its regulatory

effect on intestinal bacteria activities (Figure 7C). By correlation analysis, these altered intestinal florae were demonstrated to be associated with the production of intestinal metabolites and CRFrelated physiochemical parameters (Figure 7D). Similar results were reported in clinical studies. For instance, Eggerthella lenta was one of the most enriched species in CRF patients and correlated with the production of several toxins (Moco et al., 2012). Further, severely aberrant gut microbiota and damaged mucosa in CRF patients displayed the potential for accelerated biosynthesis of toxic compounds, leading to a worsened kidney disease (Wang et al., 2020). It seemed that the colon mucosal barrier damage was a crucial inducer in CRF occurrence. In this study, we revealed that SR decoction had protective effects on both microbial structures and gut barrier integrity. Finally, we used germ-free mice to explore whether the original ingredients of SR decoction failed to directly protect mice against CRF before they were metabolized by intestinal flora. Indeed, the results indicate that SR decoction can't initiate a therapeutic effect on CRF without the intestinal bacteria transformation (Figure 8). On the other hand, though antibiotic treatment partly improved CRF symptoms, plasma creatinine and urea levels were elevated in CRF mice with gut microbiota depletion compared to the Ctrl group. So did the pathological changes, such as interstitial fibrosis, collagen fiber proliferation, and renal glomerular sclerosis. These results illustrated that gut microbiota is an important but not the only factor affecting CRF formation.

Previous studies have reported the regulatory effects of *rhubarb* or its chemical components on the intestinal flora. For example, Emodin alleviated gut barrier damage in mice by improving the distribution patterns of intestinal bacteria (Zeng et al., 2016). Rhein treatment increased Lactobacillus abundance, leading to a decreased uric acid level (Wu et al., 2020). As an active ingredient in dietary polyphenols, Gallic acid could elevate the diversity of intestinal flora (Geldert et al., 2021). Besides, Rhein-8-O-β-D-glucoside will be firstly metabolized to Rhein by intestinal flora in the gut, and Rhein raised the stability of gut microbiota (Li et al., 2020). Based on the above, we speculate that several chemical compounds of SR (like Rhein, Gallic acid, and Emodin) may directly display regulatory effects on gut microbiota structure and subsequent treatment of CRF. Besides, some other components (like Rhein-8-O-β-D-glucoside and polysaccharides) will act as prodrugs, and their metabolites transformed by intestinal bacteria further eased CRF symptoms. These presumptions need to be confirmed in future work.

#### CONCLUSION

In summary, this study proved that SR decoction mitigated CRF progression in mice, as indicated by the acceleration of renal fibrosis, reversal of inflammation and abnormal water transport in the kidney, and alleviation of the deteriorated gut barrier. The potential molecular mechanisms underlying the therapeutic effects of SR decoction were related to the reshaping of imbalanced gut microbiota and suppression of abnormal intestinal metabolite production (**Figure 9**). These findings shed light on the potential clinical application of SR decoction in nephropathy treatment.
## DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found below: https://www.ncbi. nlm.nih.gov/, PRJNA791187.

## ETHICS STATEMENT

The animal study was reviewed and approved by The animal study was reviewed and approved by the Ethics Committee of Hubei University of Chinese Medicine (Hubei, China).

### **AUTHOR CONTRIBUTIONS**

HL and YB designed the study. RW, BH, CY, ZZ, MY, and QC were responsible for the acquisition of data. BH interpreted the experimental data. RW and HL were the major contributors in

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### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphar.2022.842720/full#supplementary-material

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# New Therapeutic Horizon of Graves' Hyperthyroidism: Treatment Regimens Based on Immunology and Ingredients From Traditional Chinese Medicine

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He Q, Dong H, Gong M, Guo Y, Xia Q, Gong J and Lu F (2022) New Therapeutic Horizon of Graves' Hyperthyroidism: Treatment Regimens Based on Immunology and Ingredients From Traditional Chinese Medicine. Front. Pharmacol. 13:862831. doi: 10.3389/fphar.2022.862831 Graves' disease is an autoimmune disease characterized by goiter and hyperthyroidism, and 25% patients develop GO. Traditional treatment options, such as antithyroid drugs, radioiodine or thyroidectomy, have remained largely unchanged over the past 70 years. For many patients, there is a high rate of recurrence after antithyroid drugs and lifelong hypothyroidism after ablation and thyroidectomy. The symptoms and quality of life of some patients have not been effectively improved. The clinical demand for new therapeutic regimens, coupled with a deeper understanding of the pathophysiology and immunobiology of Graves' disease, has led to the emergence of several new therapeutic ideas, including biologics, small molecule peptides, immunomodulators and teprotumumab, a specific antibody targeting IGF-1R. Besides, the elements of TCM have attracted more and more interests in modern medicine, because some effective components have been successfully used in the treatment of autoimmune diseases. Based on the pathophysiology and efficacy of clinical management and treatment in Graves' hyperthyroidism, here we review the new strategies under investigation and summarize the effective components of traditional Chinese medicine used for Graves' hyperthyroidism, and explore their mechanisms. These therapies have opened a new window for the treatment of Graves' disease, but the exact mechanism and the research direction still need to be further explored.

Keywords: graves' ophthalmopathy, graves' disease (GD), traditional chinese medicine, immunology, treatment regimens

### HIGHLIGHTS

1) The pathogenesis of Graves' disease is that thyroid stimulating hormone receptor (TSHR) antigen secreted by thyroid gland is specifically recognized by immune cells and reactive thyroid stimulating hormone receptor antibody (TRAB) is secreted to act on thyroid follicular cells and orbital fibroblasts.

39

- 2) Antithyroid drugs, radioactive iodine and thyroidectomy are three traditional treatment methods. Now, biological agents, small molecule peptides, immunomodulators and antibodies targeting growth factor-I receptor (IGF-1R) have also been proposed.
- 3) There are risks of disease recurrence, lifelong replacement therapy of thyroid hormone and complications associated with traditional treatment regimens, while other new treatment regimens have limitations.
- 4) The effective components of traditional Chinese medicine can effectively relieve large goiter and reduce side effects of antithyroid drugs (ATD), relieve symptoms of Graves' ophthalmopathy (GO), alleviate the hypermetabolic symptoms of Graves' disease (GD), reduce allergic symptoms and increase the dosage of ATD used in allergic patients.
- 5) The mechanism of effective components of traditional Chinese medicine (TCM) is different from the existing treatment projects, and it still needs a lot of high-quality randomized controlled trial (RCT) studiesand in-depth explorations to confirm the efficacy and elucidate the exact mechanism.

### INTRODUCTION

GD is an organ-specific autoimmune disease that causes excessive thyroid hormone secretion (hyperthyroidism). GD is the most common cause of persistent hyperthyroidism in adults. Approximately 3% of women and 0.5% of men will develop Graves' disease during their lifetime (Burch and Cooper, 2015). It is clinically characterized by thyrotoxicosis, serum anti-thyroid antibodies (ATA) and the presence of autoreactive lymphocytes in the glands. Thyroid stimulating hormone (TSH) receptor (TSHR), thyroid peroxidase (TPO) and thyroglobulin (TG) have unusual properties (" immunogenicity") and can disrupt immune tolerance. (Burch and Cooper, 2015). Abnormal release of thyroid hormone affects many body systems, so signs and symptoms associated with GD can vary widely and can significantly affect overall health. Common symptoms include shaking, heat sensitivity and warmth, loss of weight even with normal eating habits, anxiety and irritability, goiter, changes of menstrual cycle, erectile dysfunction and loss of libido, fatigue, frequent bowel movements, palpitations, etc. At present, ATD are the first-line treatment for GD. Ablative therapy with radioactive iodine (RAI) or surgical thyroidectomy can lead to hypothyroidism and lifelong replacement therapy of thyroid hormone. High-dose intravenous immunoglobulin or corticosteroid (CS) can reduce inflammation and orbital congestion in patients with active GO. Orbital decompression surgery and post-globular radiotherapy are also selectable treatment methods for Graves' oculopathy, but side effects limit their widespread application.

The clinical demand for new therapeutic regimens of Graves' disease has led to the emergence of several new therapeutic ideas, including biologics, small molecule peptides, immunomodulators and teprotumumab. Elements of TCM have also attracted more and more interests in modern medicine because they have unique curative effects and mechanisms of action. Nutraceuticals are included in TCM, which are defined as a food, or parts of a food, that provide medical or health benefits, including the prevention of different pathological conditions, and thyroid diseases, or the treatment of them. Nutraceuticals have a place in complementary medicines, being positioned in an area among food, food supplements, and pharmaceuticals. The market of certain nutraceuticals such as thyroid supplements has been growing in the last years (Benvenga et al., 2020). Based on the pathology and efficacy of clinical management and treatment in Graves' hyperthyroidism, this article summarizes the new strategies under investigation and the effective components of traditional Chinese medicine used for Graves' hyperthyroidism, and explores corresponding mechanisms.

## PATHOPHYSIOLOGY

GD is an autoimmune disease caused by the abnormally activated immune system and the loss of immune tolerance to TSHR (Smith and Hegedüs, 2016). TSHR peptide secreted by thyroid tissue is taken up by dendritic cells, and the major histocompatibility complex (MHC) class II molecules on the surface of dendritic cells bind to T cell antigen receptor (TCR) on the surface of T lymphocytes to present TSHR peptide to T lymphocytes. Once CD154 molecules on the surface of activated T lymphocytes recognize CD40 molecules on the surface of B cells, the CD40-CD154 interaction initiates the costimulatory pathway, providing the first signal needed to initiate the adaptive humoral immune response (Smith and Hegedüs, 2016). This interaction between B and T lymphocytes is thought to play a central role in the pathogenesis of GD, as it is required for the formation and maturation of B cells in the germinal centers of the thyroid, permitting the production of pathogenic thyroid-stimulating antibodies (Armengol et al., 2001; Huber et al., 2012; Smith and Hegedüs, 2016). B cell activating factor (BAFF) is a member of the tumor necrosis factor (TNF) family of cytokines that plays an important role in the activation, differentiation and survival of B lymphocytes. Elevated circulating BAFF levels have been found in patients with various autoimmune diseases, including GD, in which elevated levels of thyroid hormone and TRAB have been shown to correlate with serum BAFF levels (Lin et al., 2016). The interaction of BAFF and BAFF receptor on the surface of B lymphocytes is the second signal to initiate adaptive humoral immune response.

After the humoral immune response is activated, B lymphocytes secrete large amounts of TRAB, which can be divided into two forms: stimulating type and blocking type (Diana et al., 2016). Circulatory stimulating TRAB is similar to TSH agonist and specifically binds to TSHR to stimulate the proliferation and hypertrophy of thyroid cell, promoting the expression of sodium-iodine cotransporter, thyroglobulin and thyroid peroxidase genes, and ultimately promote the production of thyroid hormone and hyperthyroidism (Smith and Hegedüs, 2016). Blocking TRAB has no functional activity in combination with TSHR and is considered as a neutralizing



antibody. TRAB also acts on TSHR on the surface of orbital fibroblasts, leading to the release of hydrophilic mucopolysaccharide and pro-inflammatory cytokines, which intensifies the orbital inflammatory process, leading to local edema, congestion and eyeball herniation (Armengol et al., 2001; Graves' disease, 2000). Moreover, recent in vitro experiments have shown that insulin-like growth factor-1 receptor (IGF-1R) is another key player and associated autoantigen in the pathogenesis of GO (Wang and Smith, 2014). TSHR and IGF-1R co-locate to thyroid cells and orbital fibroblasts (Smith and Janssen, 2019). When TRAB binds to cells expressing TSHR ligands, "crosstalk" between TSHR and IGF-1R leads to activation of IGF-1R -dependent downstream intracellular pathways (Krieger et al., 2016; Krieger et al., 2017; Marcus-Samuels et al., 2018; Krieger et al., 2019). T helper 1 (Th1) immune response prevails in the immunopathogenesis of GD and GO, during which Th1 chemokines, and the chemokine receptor (C-X-C) R3, play a key role. In GD, recruited Th1 lymphocytes lead to an increased IFN-y and TNF-a production, that stimulates Th1 chemokines secretion from thyroid cells, reiterating the autoimmune process. Elevated serum Th1 chemokines levels are associated with the active phases of GD (Antonelli et al., 2020). (Figure 1)

TSHR peptide secreted by thyroid tissue is taken up by dendritic cells, then MHC class II molecules on the surface of dendritic cells bind to TCR on the surface of T lymphocytes to present TSHR peptide to T lymphocytes. Once CD154 molecules on the surface of activated T lymphocytes recognizes CD40 molecules on the surface of B cells, the CD40-CD154 interaction initiates the costimulatory pathway, providing the first signal needed to initiate the adaptive humoral immune response, then the interaction of BAFF and BAFF receptor on the surface of B lymphocytes provides the second signal. After the humoral immune response is activated, B lymphocytes secrete large amounts of TRAB, of which stimulating type binds to TSHR. TSHR can co-locate with IGF-1R on thyroid cells and orbital fibroblasts to activate subsequent hyperthyroidism and GO.

TSHR, thyroid stimulating hormone (TSH) receptor; BAFF, B cell activating factor; IGF-1R, insulin-like growth factor-I receptor; FcRn, neonatal immunoglobulin receptor.

### MANAGEMENT OF GRAVES' HYPERTHYROIDISM AND NEGATIVE EFFECTS

Currently, there are three traditional methods for the treatment of Graves' hyperthyroidism: drugs to inhibit thyroid hormone production, thyroidectomy and thyroid tissue contraction induced by RAI. To date, ATD have been the preferred method for patients worldwide (Bartalena, 2013; Kahaly et al., 2018). ATD inhibits iodination, a process catalyzed by thyroid peroxidase, of which methimazole (MMI) is a classical and widely distributed ATD (Taurog et al., 1976; Davidson et al., 1978). By contrast, Carbimazole (CBM), an inactive drug, is in much smaller supply worldwide. CBM is rapidly metabolized in the blood to MMI and is on average 2 times less potent than MMI at the same dose (Jansson et al., 1983). Propyl thiouracil (PTU) is the least potent compound at the same dose (10 times less potent than MMI). MMI is considered as the standard ATD with the highest efficacy due to its acceptable and low side effects as well as longest half-life (Cooper, 2003; 2005). However, the efficacy of ATD treatment is limited. Patients with persistent TRAB elevation or hyperthyroidism at 18th month of maintenance therapy, or patients with recurrence after completing the MMI course, can also choose radical treatment with RAI or total

thyroidectomy (TX). TX should be performed by an expert who performs considerable thyroid surgeons, while RAI should be avoided in GD patients with active GO or with a history of smoking (Kahaly, 2020).

However, there are many negative effects of currently available GD treatments. In a study, 2,430 newly diagnosed GD patients were recruited from 13 Endocrine clinics in Sweden, and it found remission rates were 45.3% (351/774) for first-line treatment with ATD, 81.5% (324/264) for I131, and 96.3% (52/54) for surgery (Starling, 2019). The remission rate was even lower (29.4%) if a second round of ATD was given to patients who had relapsed after receiving ATD. Frequent relapses are the main problems and large goiter size was significantly associated with an increased recurrence hazard ratio. Patients who choose ATD as first-line treatment should be informed that they have only a 50.3% chance of avoiding ablation and only a 40% chance of long-term normal thyroid function (Starling, 2019). To help the clinician to tailor a treatment for newly diagnosed Graves' hyperthyroidism in real life, the GREAT (Graves' Recurrent Events After Therapy) score and the Clinical Severity Score (CSS) have been developed, which are useful tools to predict at baseline relapse of hyperthyroidism after treatment (Masiello et al., 2018).

The risk of hypothyroidism with levothyroxine (LT) 4 therapy after radioiodine (RAI) treatment is significantly higher than that during long-term ATD therapy. What's more, RAI therapy has been significantly associated with GO exacerbation, partly due to increased TRAB titers after RAI. In the most robust study, 443 GD patients were randomized to receive RAI or methimazole. The frequency of GO occurrence or progression was significantly higher in the RAI group (15%) than those in the MMI group (2%) (OR 6.5 [95% CI: 2.2 -- 19.4]) (El Kawkgi et al., 2021). However, oral steroid prophylaxis for Graves' orbitopathy after radioactive iodine treatment for Graves' disease is not only effective, but also safe (Rosetti et al., 2020).

As for thyroid surgery, patients need life-long thyroxine replacement therapy and possibly have abnormal low circulating parathyroid hormone (PTH) levels after surgery, which can lead to disorders of the calcium-phosphate balance (Jørgensen et al., 2021). A study including 7,366 thyroidectomy patients showed that patients with severe hypocalcemia had a higher rate of recurrent laryngeal nerve injury (13.4% vs. 6.6%), unplanned reoperation (4.4% vs. 1.3%), and longer hospitalization (30.4% vs. 6.2%) (p < 0.01) (Kazaure et al., 2021).

#### NEW TREATMENT STRATEGIES FOR GRAVES' HYPERTHYROIDISM

The need for new treatment regimens, combined with a better understanding of basic immunobiology, has led to the emergence of new approaches to treat graves' hyperthyroidism. Therapies currently under investigation include biologics, small molecule peptides, immunomodulators and teprotumumab (Kahaly, 2020). Additionally, Th1 immune response prevails in the immune-pathogenesis of GD and GO, during the active phase, when Th1 chemokines, and their (C-X-C) R3 receptor, play a key role. In thyrocytes, the inhibition of Th1 chemokines secretion was stronger with peroxisome proliferators-activated receptors (PPAR)- $\alpha$  than PPAR- $\gamma$  ligands (90% with fenofibrate and 85% with ciprofibrate), suggesting that PPAR- $\alpha$  can modulate the immune response (Antonelli et al., 2020).

# Depletion of B Lymphocytes (CD20 Depletion)

As a B-cell depletion therapy, Rituximab (RTX) has been used to treat lymphoproliferative malignancies such as lymphoma for more than 20 years and has been increasingly used in autoimmune diseases over the past decades. Although anti-CD20 monoclonal antibody RTX is widely studied of B cell therapies, the exact mechanism by which RTX has beneficial effects remains uncertain. (Pavanello et al., 2017).

# Disruption of B Cell Activation or Activity (Blocking CD40 Interactions)

Anti-CD40 monoclonal antibody Iscalimab (CFZ533) targets the CD40-CD154 costimulatory pathway, resulting in reduced B cell activation signaling (Ristov et al., 2018). Iscalimab is a non-consumable immunoglobulin silencing antibody designed to block CD40 receptor interactions without removing CD40-expressing cells. Like RTX, Iscalimab is another immunosuppressive therapy (Pavanello et al., 2017).

# Blocking Immunoglobulin Recirculation (FcRn Therapy)

Neonatal immunoglobulin receptor (FcRn) is associated with the long half-life of IgG antibodies such as TRAB. FcRn participates in the recycling process by binding to IgG antibodies through endocytosis under acidic conditions in the lysosome, after which a number of IgG copies are released back into the tissue to participate in the immune response (Smith et al., 2018). Inhibition of FcRn is an attractive new therapeutic concept, in which accelerated antibody catabolism and reduced circulating pathogenic TRAB levels are beneficial for GD treatment. The two most widely studied compounds targeting FcRn are efgartigimod and Rozanolixizumb (Zuercher et al., 2019), both of which are currently in phase 3 trial to treat autoimmune diseases. Efgartigimod is a humanized IgG-1 derived Fc fragment, while Rozanolixizumab is a humanized anti-FcRn monoclonal antibody, both of which can block FcRn-IgG interaction. (Kiessling et al., 2017; Smith et al., 2018).

# Inhibiting B Cell Proliferation and Differentiation (Blocking BAFF)

BAFF is a member of the TNF family of cytokines that play an important role in B lymphocyte activation, differentiation, and survival. The increased expression of BAFF and its major receptor (BAFF-R) in infiltrating immune cells and thyroid cells of GD patients suggests that BAFF-BAFF-R interaction plays a key role in the pathogenesis of GD. (Lin et al., 2016). BAFF monoclonal antibody belimumab binds to and antagonizes the bioactivity of soluble BAFF. Blocking the interaction between BAFF and its receptor has a negative effect on B cell proliferation, indirectly reducing B cell survival rate and reducing the production of autoantibodies (Stohl et al., 2012; Campi et al., 2015).

#### Specifically Targeting TSHR

Including small molecule TSHR antagonist Antag-3, VA-K-14, S37a, K1-70, etc (Neumann et al., 2010; Neumann et al., 2014). Antag-3 inhibits TSH-stimulated cyclic adenosine phosphate (cAMP) production in vitro and reduces thyroid hormone levels in mice treated with thyroid-stimulated monoclonal antibody M22. Two other TSHR antagonist compounds, VA-K-14 and S37a, have been identified by high-throughput library screening. They can both inhibit TSH expression and TRABinduced signaling in vitro (Latif et al., 2016; Marcinkowski et al., 2019). TSHR-blocking antibody K1-70, which could completely inhibit the elevation of serum thyroxine, suggesting a potential therapeutic effect for GD with high serum TRAB level (Furmaniak et al., 2012). Specific immunotherapy against TSHR involves the use of drugs with a broad immunosuppressive effect and therefore has the potential for infectious side effects.

#### **IGF-1R** Inhibitor

There is considerable evidence show that IGF-1R is meaningfully involved in the development of GO (Smith and Janssen, 2019). Orbital fibroblasts, T cells and B cells overexpress IGF-1R (Pritchard et al., 2003; Douglas et al., 2007; Douglas et al., 2008), there is a functional collaboration between IGF-1R and TSHR (Tsui et al., 2008), while TSHR in GD patients targeted by TRAB causes pathological symptoms (Pritchard et al., 2002; Pritchard et al., 2003). Teprotumumab, an IGF-1R inhibitor, is the only Food and Drug Administration (FDA)-approved treatment for GO based on the understanding that IGF-1R plays an important role in the pathogenesis of GO (Markham, 2020).

Newly developed biological agents, small molecules, and peptide treatment such as immune regulator also have potential limitations due to the unclear beneficial effects and exact mechanism. Besides, it is unknown whether these agents will improve the long-term risk of hypothyroidism, decrease overactive goiter and prevent the late recurrence. Combined with the high cost and potential risk of immune damage from nonspecific treatments, such as infusion reactions, gastrointestinal symptoms, and severe infections, common use of these drugs in adults with GD is not currently recommended (Lane et al., 2020).

## EFFECTIVE INGREDIENTS FROM TRADITIONAL CHINESE MEDICINE AND ACTION MECHANISMS FOR GD

Ingredients of traditional Chinese medicine are attracting increasing interests in modern medicine, as some ingredients have been successfully used to treat autoimmune diseases (Ma et al., 2013; Ma and Jiang, 2016; Shen and Wang, 2018).

### Diosgenin From *Trigonella foenum-graecum* L [Fabaceae; Common Fenugreek Seed] or *Dioscorea Bulbifera* L [Dioscoreaceae; Sevenlobed Yam Rhizome]

Diosgenin (Dio) is a natural steroid saponin, which is produced in large quantities in Trigonella foenum-graecum L [Fabaceae; Common fenugreek seed] and Dioscorea bulbifera L [Dioscoreaceae; Sevenlobed yam rhizome ] (He et al., 2012). Dio had control effects on goiter and hyperthyroidism in GD mice. Interestingly, thyroid hormone tatalthyroxine (TT4) expression and thyroid size in normal mice were only slightly affected, and the difference was not statistically significant even after high-dose Dio treatment. Thus, Dio selectively affects the proliferating thyroid rather than the normal thyroid, suggesting that Dio may be a safe anti-goiter agent to avoid hypothyroidism. The target of Dio may not be expression of TRAB, but thyroid cell proliferation (Cai et al., 2014). In addition to TRAB, several other growth factors are involved in the proliferation of GD cells, among which IGF-1 is considered as the most important factor (Völzke et al., 2007). Dio inhibits IGF-1-induced thyroid cell proliferation in vitro by decreasing the expression of IGF-1, nuclear factor-k-gene binding (NF-κB), cyclin D1 and proliferating cell nuclear antigen (PCNA). In mouse thyroid culture cells (FRTL), IGF-1 promotes cell cycle progression by up-regulating G1/S-specific cyclin D1 through activation of NF-ĸBpathway (Ren et al., 2009). NF-ĸB is a protein complex that plays a key role in regulating cell proliferation and cell survival. In the inactive state, NF-KB is located in the cytoplasm and binds to inhibitory protein recombinant inhibitory subunit of NF kappa B alpha (IKBa). As a stimulus, IGF-1 induces phosphorylation and degradation of IkBa, leading to NF-kB activation. Activated NF-kB enters the nucleus and activates transcription of target genes (Salminen and Kaarniranta, 2010). Cyclin D1 co-phosphorylates retinoblastoma (RB) protein with cyclin-dependent kinase (CDK) and promotes the release of binding E2F transcription factor. These events promote transcription of E2F target genes and participate in the entry and completion of S phase (Stacey, 2003). One E2F target gene is PCNA, a cofactor of the DNA polymerase delta, which is required for DNA synthesis in the S phase (Travali et al., 1989). This study demonstrated that Dio could simultaneously inhibit the overexpression of these proliferation-related proteins in the thyroid of GD mice, suggesting that Dio is a potential new drug candidate for the treatment of GD. Because Dio has multiple biological activities, this compound may affect multiple molecules of the proliferation pathway or pathological aspects of GD (Cai et al., 2014). (Figure 2)

IGF-1 induces phosphorylation and degradation of  $I\kappa B\alpha$ , leading to NF- $\kappa B$  activation. Activated NF- $\kappa B$  enters the nucleus and activates transcription of Cyclin D1. Cyclin D1 co-phosphorylates RB protein with CDK and promotes the release of binding E2F transcription factor from RB. Then E2F targets at the expression of gene PCNA, a cofactor of the DNA polymerase delta, and promotes the transcription and translation of downstream proliferation-related proteins. Dio can decrease



the expression of IGF-1, NF-κB, Cyclin D1 and PCNA to inhibit thyroid cell proliferation.

Dio, Diosgenin; IGF-1, Insulin-like growth factor-I receptor; NF- $\kappa$ B, nuclear factor-k-gene binding I $\kappa$ B $\alpha$ , recombinant inhibitory subunit of NF kappa B alpha; PCNA, proliferating cell nuclear antigen; CDK, cyclin-dependent kinase; E2F, E2F transcription factor; RB, retinoblastoma.

## Resveratrol From *Reynoutria japonica* Houtt [Polygonaceae; Polygoni Cuspidati Rhizoma et Radix]

Resveratrol is the active ingredient in Reynoutria japonica Houtt [Polygonaceae; Polygoni cuspidati rhizoma et radix] (Ravagnan et al. , 2013). Resveratrol is a stilbenoid produced by plants in response to injury and is associated with increased levels of Cu/Zn superoxide dismutase and glyoxal oxidase (Lucini et al., 2018). Resveratrol was found to reduce oxidative stress in GO patients, and increased the nuclear and transcriptional activity of Nuclear Factor 2 (NRF2), thereby increasing its ability to bind to antioxidant genes (ARE) (Gong et al., 2017). NRF2 is an zipper protein with alkaline leucine. Under normal conditions, it is retained in the cytoplasm by Kelchlike ECh-associated protein 1 (Keap1) and degraded by specific cyclin 3 (CUL3) (Itoh et al., 1999). Oxidative stress disrupts the KEAP1-CUL3 ubiquitination system by interacting with the cysteine residues of Keap1, thereby allowing NRF2 to be transported into the nucleus, binding to ARE and promoting downstream product expressions (Dinkova-Kostova et al., 2002; Yamamoto et al., 2008). Some studies have shown that oxidative stress is related to the pathogenesis of GO. In addition, some studies have shown that GO orbital fibroblasts are hypersensitive to oxidative stress. Resveratrol can reduce the production of reactive oxygen species (ROS) and human heme oxygenase 1 (HO-1) induced by oxidative stress, and inhibit lipogenesis and lipid droplet accumulation (Kim

et al., 2015). Resveratrol enhances the nuclear translocation of NRF2 in cultured orbital fibroblasts, promotes the activation of NRF2-ARE pathway, and induces the expression of antioxidant gene ARE. However, NRF2 silence decreases the protective effect induced by Resveratrol in orbital fibroblasts. In conclusion, Resveratrol can relieve oxidative stress-related symptoms by stimulating the NRF2-ARE pathway and inhibit adipogenesis of orbital fibroblasts *in vivo* by reducing ROS production (Li et al., 2020).

## Icariin From *Epimedium Brevicornu* Maxim [Berberidaceae; Epimedium Alpinum Aboveground Part or Leaf]

Icariin inhibits the differentiation of preadipocytes into mature adipocytes by inhibiting autophagy, and these effects are mediated by inhibiting the activation of the 5 '-adenosine phosphate activated protein kinase/mechanistic target of rapamycin (AMPK/mTOR) pathway (Li et al., 2017). In a thyrotropin receptor-induced GO mouse model, Icariin reduces adipose tissue dilation in orbital muscle and lipid drop accumulation by inhibiting AMPK/mTOR mediated autophagy (Li et al., 2017). In addition, a decoction including Epimedium brevicornu Maxim [Berberidaceae; Epimedium alpinum aboveground part or leaf], Pingmu decoction, can reduce the accumulation of orbital adipose cells in GO inactive phase to play a therapeutic role, which may be explained by increased expressions of death receptor (Fas)/death receptor ligand (Fas L) and apoptosis. Pingmu decoction can reduce the cell viability of preorbital adipocytes, inhibit their adipocyte differentiation, and promote the apoptosis of mature adipocytes by activating death signaling pathways through Fas and Fas L. These results suggested the therapeutic mechanism of Pingmu decoction in reducing the accumulation of orbital adipose cells in GO development (Zhang et al., 2017).

# Celastrol From *Celastrus orbiculatus* Thunb [Celastraceae; Celastrus Orbiculatus Stem]

Celastrol, a triterpenoid compound isolated from Traditional Chinese medicine like Celastrus orbiculatus Thunb [Celastraceae; Celastrus orbiculatus stem], is a promising drug for the treatment of various inflammatory and autoimmune diseases. Cytokines play a key role in the development of GO and are essential for the development and maintenance of inflammation. It has been reported that Interleukin (IL)-1β mRNA expression level is higher in orbital tissues of GO patients, and IL-1β mediates inflammatory response (Wakelkamp et al., 2003). Celastrol significantly inhibited IL-1β, and thus inhibited IL-1β-induced production of orbital fibroblast cytokines IL-6, IL-8, intercellular adhesion molecule (ICAM-1), and cyclooxygenase-2(COX-2) (Chen and Greene, 2004; Konuk et al., 2006). ICAM-1 expression is involved in the migration of lymphocytes to orbital inflammatory sites (Sikorski et al., 1993). COX-2 is also considered to be the key to the inflammatory response of GO patients, and the expression of COX-2 is positively correlated with the increasing severity of orbital diseases (Konuk et al., 2006). IL-1ß promotes orbital fibroblasts in patients with GO producing high levels of COX-2 through activation of the NF-KB pathway. Celastrol inhibits IL-6, IL-8, ICAM-1, and COX-2 cytokines production in IL-1βinduced orbital fibroblasts, which suppresses inflammation and inhibits the progression of GO (Li et al., 2016).

## Gypenosides From *Gynostemma pentaphyllum* (Thunb.) Makino [Cucurbitaceae; Gynostemma PentaphyllumAerial Part]

Gypenosides are saponins extracted from Gynostemma pentaphyllum (Thunb.) Makino [Cucurbitaceae; Gynostemma pentaphyllumaerial part ]. They are the pharmacological active components in gynost' pentaphyllum and have a variety of biological activities. Gypenosides can regulate the activation of immune cells and the expression of cytokines, and inhibit the inflammatory response of different diseases (Wang et al., 2017; Wang et al., 2018). Gypenosides have anti-inflammatory and antioxidant biological effects. Through GO analysis, PPI network construction and molecular docking, it is found that Gypenosides may play anti-inflammatory and antioxidant roles in GO through signal transducer and activator of transcription (STAT1) and STAT3 signaling pathways. Inhibiting the expression of STAT1 signaling pathway, Interferon (IFN)-y-induced productions of chemokine 10 (IP-10)/CXC-chemokine ligand 10 (CXCL10) in orbital fibroblasts of GO patients can be inhibited, thus alleviating orbital inflammation (Pu et al., 2019). The STAT3 signaling pathway plays an anti-inflammatory, antioxidant and immunomodulatory role in chronic respiratory diseases, breast cancer and liver inflammation (Alhusaini et al., 2018; Natarajan et al., 2019; Xiang et al., 2019). Inflammation and oxidative stress damage of orbital tissues are the main pathogenesis of GO (Li et al., 2016; Rotondo Dottore et al., 2017). Therefore, STAT1 and STAT3 signaling pathways may be the key target signaling

pathways for Gynostevenosides in the treatment of GO, reducing tissue damage and remodeling caused by orbital inflammation and oxidation (Li et al., 2019).

# Astragaloside IV From *Astragalus mongholicus* Bunge [Fabaceae; Astrgali Mongholici Radix]

Astragaloside IV (AS-VI) is the main active ingredient of Astragalus mongholicus Bunge [Fabaceae; Astrgali mongholici radix]. AS-VI has antioxidant and anti-inflammatory properties and has shown therapeutic potential in numerous ischemic and inflammatory diseases (Li et al., 2018). IL-1ß increases the mRNA expression of inflammatory cytokines IL-6, IL-8, TNF-a and monocyte chemotactic protein-1 (MCP-1) in cultured orbital fibroblasts. This IL-1β -induced inflammation is accompanied by increased autophagy activity, reflected in increased expression of the autophagy effector proteins Beclin-1 and angiotensinogen (AGT)-5 and the conversion of autophagy markers microtubuleassociated protein light chain 3 (LC3)-I to LC3-II. Preconditioning with the autophagy inhibitors 3methyladenine (3-MA) and Bafilomycin A1, or silencing the autophagy related proteins Beclin-1 and ATG-5, could prevent IL-1β-induced orbital fibroblast inflammation, while preconditioning with the autophagy activator rapamycin had the opposite effect. These data suggests that autophagy is involved in GO orbital inflammation. AS-VI treatment significantly reduced IL-1β-induced inflammatory cytokine production in vitro and reduced GO orbital inflammation, fat accumulation, collagen deposition, and macrophage infiltration in vivo. The protective effect of AS-IV on GO was also associated with decreased autophagy activity of orbital fibroblasts and orbital tissues respectively (Li et al., 2018).

# Ingredients From *Prunella vulgaris* L [Lamiaceae; Prunellae Spica Fruit]

Spica Prunellae (SP), the fruit of Prunella vulgaris L [Lamiaceae; Prunellae spica fruit], is a traditional antipyretic botanical drug widely distributed in Northeast Asia (Zhang et al., 2020). SP has been widely used in thyroid diseases, such as goiter and subacute thyroiditis (Li et al., 2019). And in many herbal formulations, SP is treated as an important ingredient for the treatment of GO (Yang et al., 2007). According to the compound-hub genepathway network, Quercetin, Ursolic acid and Rutin interacted with the large number of targets, indicating the main active ingredients in SP and the important roles in the anti-GO system (Zhang et al., 2020). Quercetin is a flavonoid phytoestrogen exhibiting antioxidant and anti-inflammatory properties and reducing proliferation in orbital fibroblasts. Ursolic acid and Rutin are reported to promote apoptosis and regulate immune systems in cell and animal models (Zhang et al., 2020). The PI3K-Akt signaling pathway plays a key role in both immune inflammation and proliferation and apoptosis in GO, and this process may be an effective therapeutic target for SP (Bahn, 2010). In terms of immune inflammation, proinflammatory cytokines COX-2, IL6 and TNFa are confirmed

to be involved in the pathogenesis of GO. Previous studies have shown that COX-2 decreased with declined GO clinical activity scores and is now considered to be critical to the inflammatory process in patients with GO (Dubois et al., 1998; Konuk et al., 2006; Vondrichova et al., 2007). COX-2 is involved in the biosynthesis of prostaglandins, which plays a key role in inflammation. IL6 is related to the pathogenesis of autoimmune diseases and the AKT/NF-KB signaling pathway has been reported to contribute to IL6 production in the retrobulbar space during GO activity (Gillespie et al., 2012). Similarly, elevated serum TNF levels in GO inflammation have been shown to be mediated by the AKT/NF-KB signaling pathway. Currently, some TNF inhibitors, like SP, have been reported to achieve promising results in patients with GO, regardless of rare adverse reactions (Kapadia and Rubin, 2006). For proliferation and apoptosis (Kumar et al., 2011; Li and Smith, 2014; Woeller et al., 2019), the PI3K-Akt signaling pathway seems to play an important role in mediating cell growth and death in GO. Recent studies have shown that orbital fibroblasts overexpress TSHR and increase the expression and proliferation of inflammatory genes by activating the PI3K-Akt pathway. In addition, the PI3K-Akt signaling pathway is also involved in cell proliferation of preorbital adipose cells (Wang et al., 2019), thus promoting GO progression. Caspase 3 (CASP3) activation is one of the last steps of apoptosis, and SP shows a proapoptotic effect in GO by activating CASP3 (Zhu et al., 2018).

# Triptolide From *Tripterygium wilfordii* Hook.f [Celastraceae; Tripterygium Wilfordii Radix]

Triptolide, a diterpenoid tricyclic oxide compound purified from the roots of Tripterygium wilfordii Hook. f [Celastraceae; Tripterygium wilfordii radix], has been identified as one of the main components responsible for the immunosuppressive properties of this botanical drug (Gu et al., 1995). The immunosuppressive activity of Triptolide has been studied in vitro and in vivo, and it has been found to inhibit T cell proliferation, induce T cell apoptosis, reduce IL-2 synthesis, and inhibit the expression of NF - KB in T cells (Yang et al., 1994; Yang et al., 1998; Li et al., 2002; Qiu and Kao, 2003). Triptplide could relieve the clinical manifestations of exophthalmos, diplopia and periorbital swelling caused by inflammatory cell infiltration and accumulation of adipose tissue in the extraocular muscle and orbital connective tissue. Abnormal expression of human leukocyte antigen -DR (HLA-DR) on fibroblasts is associated with the development of GO (Heufelder et al., 1991; Hiromatsu et al., 1995), and it has been reported that the expression of various adhesion molecules (e.g., ICAM-1) on orbital fibroblasts (RFs) is involved in the migration of lymphocytes to the site of orbital inflammation. The cell surface molecule CD40 is a key signal molecule for B lymphocyte expression, and it has been established that CD40 is expressed in RFs and plays an important role in the interaction between RFs and T lymphocytes. The expression of HLA-DR, ICAM-1, and CD40 are all induced by IFN-y. Triptolide inhibited IFN-y-induced RFs activation in GO patients, decreased the expression of HLA-DR, ICAM-1 and

CD40, and inhibited cell proliferation and hyaluronic acid (HA) synthesis in GO patients (Yan and Wang, 2006).

# Bupleurum Saponins From *Bupleurum falcatum* L [Apiaceae; Bupleuri Radix]

Bupleurum saponins, the active component of *Bupleurum falcatum* L [Apiaceae; Bupleuri radix], which have strong antioxidant effects, can improve hyperthyroidism and related organ damages induced by Levothyroxine (LT4). They have good bidirectional regulation effects on hyperthyroidism and secondary hypothyroidism (Kim et al., 2012). In addition, some traditional Chinese medicines with good efficacy are widely used in clinical practice, such as *Prunella vulgaris* L [Lamiaceae; Prunellae spica fruit], *Bupleurum falcatum* L [Apiaceae; Bupleuri radix], *Fritillaria thunbergii* Miq [Liliaceae; Fritillaria thunbergii bulb] and *Paeonia lactiflora* Pall [Paeoniaceae; Paeonia species flower et root], etc. The active components and mechanisms are to be thoroughly studied.

## PROSPECTS OF TRADITIONAL CHINESE MEDICINE ON TREATING GD

## Traditional Chinese Medicine Relieves Large Goiter and Reduce Side Effects of ATD

Many botanical drugs or ingredients could reduce large goiter. For example, Dio reduced goiter formation in GD patients, and the effect was independent of TRAB levels, and the underlying mechanism involved inhibiting thyroid cell proliferation by inhibiting gene transcription and protein expression of certain proliferation-related proteins. Some Chinese botanical drugs can induce apoptosis in combination with ATD in GD. A study including 13 patients of Graves' disease showed that compared with ATD alone, thyroid volume decreased significantly after combined treatment (p < 0.01) (Zhao et al., 1999). Typical apoptotic appearances, such as vacuolar cells, marginal nuclei, chromatin aggregation, and nuclear fragmentation, could be seen under light microscopy, and the apoptosis rates are 2.11 % and 18.66% before and after administration (p < 0.01) (Zhao et al., 1999). Moreover, Dio selectively affects the proliferating thyroid rather than the normal thyroid, suggesting that Dio may be a safe anti-goiter agent to avoid hypothyroidism (Cai et al., 2014). This suggests that traditional Chinese medicine can make up for the deficiency in ATD therapy and effectively relieve the enlargement of abnormal thyroid volume without causing secondary hypothyroidism or other adverse reactions.

### Traditional Chinese Medicine Relieves Symptoms of GO

In addition to the inhibition of orbital fibroblasts to release hydrophilic polysaccharide and proinflammatory cytokines (Armengol et al., 2001; 2020) to alleviate the orbital inflammatory process and local symptoms such as edema, hyperemia and exophthalmos, some effective components of

New Therapeutic Horizon of GD

traditional Chinese are effective in reducing the accumulation of orbital fat cells, reducing orbital pressure and improving malignant exophthalmus. For example, resveratrol can enhance oxidative stress and inhibit the adipogenesis and accumulation of lipid droplets, Icariin inhibits the differentiation of preadipocytes into mature adipocytes by inhibiting autophagy; Epimedium glycoside can reduce the vitality of preorbital fat cells, restrain adipocyte's differentiation, and activate death signaling pathways through Fas and Fas L to promote the apoptosis of mature fat cells; and SP promotes adipocyte apoptosis by activating CASP3 in GO.

# Traditional Chinese Medicine Alleviates the Hypermetabolic Symptoms of GD

As for the relief of symptoms in patients with hyperthyroidism, Astragalus can regulate the immune function of GD patients and significantly reduce the levels of serum IL- $\beta$ , TNF $\alpha$ , IL-6, IL-8 and MCP-1, thus relieving hyperhidrosis, palpitation and other clinical symptoms, which plays an important role in the adjuvant treatment of GD (Wu et al., 2011). *Dendrobium officinale* Kimura and Migo [Orchidaceae; Dendrobium stem] (DOF) can reduce the liver function injury caused by overactive thyroid axis by affecting thyroxine metabolism, reduce blood flow in microcirculation of face and ears, lower the facial temperature and heart rate, and alleviate symptoms such as zygotic redness, irritability and liver function damage in patients (Lei et al., 2015).

## Traditional Chinese Medicine Reduces Allergic Symptoms and Increases the Dosage of ATD Used in Allergic Patients

When patients with hyperthyroidism take antithyroid drugs, drug allergy is easy to occur. The main manifestations are skin fever, itching, maculopapule or urticaria on the face and trunk. In addition to alleviating the symptoms of hyperthyroidism, some Chinese medicines can also alleviate ATD allergic reaction. The compound hyperthyroidism tablet, which contains nine kinds of botanical drugs directed at GD and small dose MMI, has a good effect on the hyperthyroidism with deficiency of qi and Yin, and can be effective in desensitization and treatment of drug rash (Wang, 2000). For patients who refuse surgery or RAI treatment, gradually increasing the treatment dose of ATD assisted by Traditional Chinese medicine may be a treatment choice for them. However, the number of relevant researches is small, and more efforts are still needed to conduct drug screening and mechanism research.

## Limitations and Research Direction of Traditional Chinese Medicine in the Treatment of GD

Although some botanical drugs and effective components can compensate for the deficiency of existing treatments, the researches of Chinese medicine are still limited in quantity and quality. The existing studies were inclined to improve the exophthalmos of GD and the goiter, relevant symptoms of nervous, cardiovascular, digestive, reproductive, skin and skeletal systems caused by hyperthyroidism were ignored. What's more, thyroid function - with the exception of restored thyroid stimulating hormone (TSH) - was not significantly altered by TCM (Zen et al., 2007). A systematic review included in 17 randomized controlled clinical trials with 1,536 participants showed that the serum glutamic pyruvate transaminase (SGPT) of participants slightly increased and menstrual quantity decreased during TCM treatment, but all of the aforementioned studies indicate that the occurrence rates of reported adverse effects in TCM intervention groups were fewer than controls (Xu et al., 2014). Three studies reported druginduced symptoms (such as nausea, vomiting, and gain weight), and the respondents had fewer adverse symptoms in the TCM intervention groups compared with the controls (RR: 0.32; 95% CI: 0.20–0.53; *p* < 0.00001; fixed model; I2 = 0%; three trials; n = 197) (Liu et al., 2019). What's more, majority of them were mild and tolerable and disappeared spontaneously after reducing the dosage of TCM or drug withdrawal. Four studies did not provided clearly proportions, and other studies still at the stage of compound preparation or clinical efficacy evaluation and did not report the safety events. Some traditional Chinese medicines are widely used in clinical practice and have good efficacy, such as Prunella vulgaris L [Lamiaceae; Prunellae spica fruit], Bupleurum falcatum L [Apiaceae; Bupleuri radix], Fritillaria thunbergii Miq [Liliaceae; Fritillaria thunbergii bulb] and Paeonia lactiflora Pall [Paeoniaceae; Paeonia species flower et root]; however, relevant studies to explore the effective molecules of traditional Chinese medicine and their exact mechanisms were seriously deficient, which also points out the direction we need to work on in the future.

The current researches about GD with single drug are numerous, such as TCM containing high-level iodine (Laminaria japonica Aresch [Laminariaceae; Ecklonia kurome leaf], Dioscorea bulbifera L [Dioscoreaceae; Aerial yam aerial parts et rhizome], FossiliaOssisMastrodi, Ostrea gigas tnunb, Prunella vulgaris L [Lamiaceae; Prunellae spica fruit], etc.), botanical drugs with immunosuppressive effects (Tripterygium wilfordii Hook. f [Celastraceae; Tripterygium wilfordii radix], Dioscorea bulbifera L [Dioscoreaceae; Sevenlobed yam rhizome], Malus toringo (Siebold) de Vriese [Rosaceae; Malus spectabilis flower], Ranunculus ternatus Thunb [Ranunculaceae; Ranunculi ternati radix], etc.), botanical drugs with immunomodulatory effects (Astragalus mongholicus Bunge [Fabaceae; Astrgali mongholici radix], Scrophularia ningpoensis Hemsl [Scrophulariaceae; Scrophulariae radix], Paeonia lactiflora Pall [Paeoniaceae; Paeonia species flower et root], Anemarrhena asphodeloides Bunge [Asparagaceae; Anemarrhenae rhizoma], Rehmannia glutinosa (Gaertn.) DC [Orobanchaceae; Rehmanniae radix], Carapax Trionycis, Dendrobium officinale Kimura and Migo [Orchidaceae; Dendrobium stem], etc.) and other traditional Chinese medicines with good clinical effect (Bupleurum falcatum L [Apiaceae; Bupleuri radix], Gentiana scabra Bunge [Gentianaceae; Gentianae radix et rhizoma], Prunella vulgaris L [Lamiaceae; Prunellae spica fruit], Calamus draco Willd [Arecaceae; Dragon's blood palm], etc.).

The composition of Chinese traditional medicine is complex and the molecular targets are multiple, which are the main causes of its unsure clinical efficacy. But with the development of biochemistry, molecular biology, immunology, pharmacology, chemistry and pharmacology of plants, and the emergence of new methods and technologies such as surface plasmon resonance (SPR) analysis, drug affinity reaction target stability (DARTS) analysis, Chinese medicine component chip, drug molecular target hook, screening analysis platform and pathway enrichment analysis, the relevant scientific research work has been continuously improved, and the mechanism exploration of effective molecules and exact targets of single Chinese medicine have gradually become clear. In general, we should still focus on efficacy and screening out the ingredients of TCM with better efficacy and clear mechanism. There is still a long way to go to analyze and extract effective molecules of botanical drugs, prepare finished drug product and promote the modernization, quality and standardization, and finally promote the high-level clinical service with new methods and technologies.

#### CONCLUSION

The inadequacy of traditional treatment promotes the emergence of new therapeutic ideas, including biologics, small molecule peptides, immunomodulators and specific antibody IGF-1R. However, due to the precise mechanism of the treatment effect is unknown and the risk of complications during treatment process, they have not been actively put into clinical use. What's more, these new treatments are mostly targeting the upstream and downstream of the abnormal activation of TSHR to reduce the abnormal thyroid hormone secretion, and

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lacking relevant research and treatment strategies for abnormal hyperplasia and hypertrophy of thyroid follicular epithelial cells, accumulation of orbital adipose cells and formation of lipid drops in patients with GO, hyper sweating, palpitations, zygomatic redness, irritability, impaired liver function and anaphylactic reaction towards ATD. Some active ingredients can inhibit the excessive proliferation of thyroid follicular epithelial cells and relieve eye symptom and systemic manifestation of GD, as well as plaving roles in desensitization and treatment of ATD related allergic reaction. But due to the exility of number and the lack of depth, many studies only stay in the clinical efficacy evaluation stage of compound preparations, and lacking specific verification of effective molecules and molecular mechanisms of actions in single element. Though some adverse effects of TCM had been reported, such as menstrual disorders, gastrointestinal events, impaired liver function and rash, they were mild and recovered after the decrease of TCM dose. The effective components of Traditional Chinese medicine might open a new window for the treatment of GD, but high-quality RCT studies and the exact mechanisms still need to be further explored.

#### **AUTHOR CONTRIBUTIONS**

QH and JG conceived the paper. QH, JG, and FL wrote the article. JG, HD, MG, YG, and QX revised the figures and reviewed the article. All authors reviewed and approved the final version of the manuscript.

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# **Bletilla striata** Oligosaccharides Improve Ulcerative Colitis by Regulating Gut Microbiota and Intestinal Metabolites in Dextran Sulfate Sodium-Induced Mice

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Zhu T, Hu B, Ye C, Hu H, Yin M, Zhang Z, Li S, Liu Y and Liu H (2022) Bletilla striata Oligosaccharides Improve Ulcerative Colitis by Regulating Gut Microbiota and Intestinal Metabolites in Dextran Sulfate Sodium-Induced Mice. Front. Pharmacol. 13:867525. doi: 10.3389/fphar.2022.867525 This study aimed to elucidate the mechanism of *Bletilla striata* oligosaccharides (BO) in the treatment of ulcerative colitis (UC). A UC mouse model was induced by 3% Dextran sodium sulfate (DSS), and BO (200 mg/kg/d) were administered for intervention. The results show that BO effectively inhibited the release of intestinal inflammatory cytokines such as IL-6, TNF- $\alpha$ , and IL-1 $\beta$ . Also, BO profoundly elevated the secretion of mucins and the expression of tight junction (TJ) proteins to attenuate dysfunction of the intestinal barrier. The 16S rDNA sequencing and liquid chromatography/gas chromatography-mass spectrometer (LC/GC-MS) analysis of mouse feces revealed that BO regulated the disturbance of gut microbiota and intestinal metabolites. By using the *in vitro* fermentation broth of BO and gut microbiota-depleted mice treated with antibiotics, we confirmed the protection of BO against UC. In conclusion, BO played a role in improving UC by modulating gut microbial composition and intestinal metabolites, which provided new therapeutic strategies for UC treatment.

Keywords: Bletilla striata oligosaccharides, ulcerative colitis, gut microbiota, intestinal metabolites, intestinal barrier

# INTRODUCTION

Ulcerative colitis (UC) is an idiopathic and chronic inflammatory bowel disease (IBD), and the main symptoms are episodes of abdominal pain and bloody diarrhea (Feuerstein et al., 2019). Patients with UC may experience intestinal perforation in severe cases. UC is characterized by a long course of the disease, difficulty in curing, and various complications, which seriously affect the life quality of patients. According to statistics, the incidence of UC increased year by year. In China, patients with IBD will reach 1.5 million by 2025 (Kaplan, 2015). In recent years, the primary clinical drugs for UC treatment included 5-aminosalicylic acid, corticosteroids, immunosuppressants, and monoclonal antibodies, but these drugs may have clinical limitations or even severe side effects (Eisenstein, 2018). This makes it more urgent to explore new therapeutic candidates and methods.

The pathogenesis of UC is related to impaired intestinal barrier, abnormal immune response, dysbiosis of gut microbiota, genetic mutation, and environmental changes (Porter et al., 2020). Among them, intestinal flora disturbance is a crucial contributor to the occurrence of UC (Sheehan

et al., 2015). Gut microbiota exerts an essential regulatory role in maintaining the physiological activities of hosts under normal circumstances. At the same time, the imbalance between beneficial and harmful bacteria will destroy the intestinal barrier and thus induce or aggravate the development of UC (Pei et al., 2019). For example, the abundance of adherentinvasive Escherichia coli, Clostridium, and Fusobacterium increased. In contrast, the contents of Faecalibacterium prausnitzii, Bifidobacterium, and Roseburia decreased significantly in UC patients' intestines (Zhang et al., 2017). Metabolites of gut microbiota, like bile acids (BAs), shortchain fatty acids (SCFAs), and tryptophan catabolites, are also involved in the pathogenesis of UC (Louis et al., 2014). During UC progression, BA synthesis, transport, and excretion in the liver are aberrant, leading to the accumulation of BAs in the intestine and causing intestinal inflammation (Negroni et al., 2020). Evidence demonstrated that deficiency of secondary BAs, which are generated by hydrolysis of intestinal flora, may disrupt the intestinal mucosal integrity and exacerbate the severity of colitis (Sinha et al., 2020). SCFAs, including acetic acid, propionic acid, and butyric acid, are produced by gut microbial metabolism of indigestible fiber-rich diets (Sun et al., 2017). It was reported that butyric acid improved the intestinal barrier dysfunction and offered adequate treatment of DSSinduced colitis by regulating autophagy through Hypoxiainducible factor-1a (HIF-1a) (Zhou et al., 2020). Tryptophan, an essential amino acid in humans, is metabolized by gut microbiota to produce indole-3-ethanol, indole-3-pyruvate, and indole-3-aldehyde. All of these catabolites initiate protective functions on the intestinal barrier. Thus, it might be a new strategy to improve UC by modulating gut microbiota homeostasis.

Natural products such as polyphenols, alkaloids, and polysaccharides have been certificated to have favorable anti-UC activity (Liu et al., 2018; Ji et al., 2020). For thousands of years, the traditional Chinese medicine *Bletilla striata* (Thunb.) Rchb. f. [Orchidaceae] has been used in China mainly to treat traumatic bleeding and digestive system disorders (Xu et al., 2019). *B. striata* contains a variety of natural chemical constituents such as polysaccharides, glycosides, phenanthrenes, quinones, and bibenzyls (Xu et al., 2019). Among them, the polysaccharides have the highest content in *B. striata* tuber (Zhang et al., 2019). Luo et al. (2018) discovered that *B. striata* polysaccharide (BP) might be a novel protective agent of the intestinal epithelial barrier. However, due to the complex structure and high viscosity of BP, the in-depth research of BP activity has been limited.

Oligosaccharides are a new type of available glycogen with high solubilities and biological activities. Compared to npolysaccharides, oligosaccharides can be easily decomposed and utilized by multiple intestinal florae, thus influencing the enteric homeostasis to benefit human health (Goh & Klaenhammer, 2015). In this study, we proposed to degrade BP into oligosaccharides effectively and investigated its molecular mechanism for improving UC through the metabolic regulation of gut microbiota.

# MATERIALS AND METHODS

## **Reagents and Antibodies**

B. striata oligosaccharides (BO) were extracted from B. striata (Supplementary Methods; Supplementary Figures S1, S2). The preparation methods were carried out according to the previous report, and the molecular weight of BO was 720-1080 Da (Chen et al., 2019; Hu et al., 2020). Bletilla striata (Thunb.) Rchb.f. [Orchidaceae] was purchased from Hubei Zexi Chinese Medicine Technology Co., Ltd. (Qichun, Hubei, China) and authenticated by Xiongjie Sun in Hubei University of Chinese Medicine. Dextran sulfate sodium (DSS, MW 36000-50000) was purchased from MP Biomedicals (Santa Ana, CA. United States). Mouse NGAL (Neutrophil Gelatinase Associated Lipocalin) ELISA kit was bought from Elabscience Biotechnology Co., Ltd. (Wuhan, China). TRIzol Reagent and Biotin-avidin IHC kits were obtained from summer Biotechnology Co., Ltd. (Beijing, China). FastHS SYBR QPCR mixture and AMeasy 1st Strand cDNA synthesis kit were bought from AllMEEK (Beijing, China). Tryptone and yeast extract (YE) were purchased from Amresco (Washington, DC, United States). L-Cysteine, ascorbic acid, ampicillin, vancomycin, neomycin sulfate, metronidazole, and SCFAs (Acetic acid, propanoic acid, butyric acid, and valeric acid) were obtained from Aladdin (Shanghai, China). Tryptamine, 5-hydroxytryptamine (5-HT), indole, Cholic acid (CA), Chenodeoxycholic acid (CDCA) deoxycholic acid (DCA), taurocholic acid (TCA), ursodeoxycholic acid (UDCA), taurochenodeoxycholic acid (TCDCA), cholic acid-2,2,3,4,4-d5 (d5-CA) and sodium taurocholate-2,2,4,4-d4 (d<sub>4</sub>-TCA) were purchased from Sigma Aldrich (St. Louis, MO, United States). Tauro-βmurocholicacid (T-β-MCA) was bought from TRC (Toronto, ON, Canada).

Antibodies for extracellular regulated kinase 1 and 2 (ERK1/ 2), p-ERK, zonula occludens-1 (ZO-1), and Claudin-1 were bought from Santa Cruz Biotechnology (Santa Cruz, CA, United States). Antibodies for NOD-like receptor pyrin domain containing 3 (NLRP3), c-Jun N-terminal kinase (JNK), and p-JNK were purchased from Cell Signaling Technology (Danvers, MA, United States).

### **Animal Experiment**

Six-week-old Specific pathogen free (SPF) male BALB/c mice  $(22 \pm 2 \text{ g})$  were purchased from Hubei Provincial Center for Disease Control and Prevention (Wuhan, China). All mice were housed under temperature-controlled conditions (12 h light/dark cycle,  $22 \pm 1^{\circ}$ C) with free access to sterile water and standard food. After the acclimation, mice were randomly divided into four groups: 1) Ctrl group, treated with distilled water; 2) DSS group, received 3% DSS (in drinking water) from day 15 to 21; 3) BO group, in which mice were given BO (200 mg/kg/d) by gavage for 21 days; 4) DSS + BO group, in which mice were given BO by gavage from day 1 to 21 and received 3% DSS from day 15 to 21. The dose of BO was based on a study of flaxseed oligosaccharides in colitis (Xu et al., 2020). During the experiment, the weight loss, stool consistency, and gross bleeding were recorded daily for the

assessment of disease activity index (DAI) score (**Supplementary Table S1**). After the treatment, all mice were euthanized, and the major tissues were collected. All samples were stored at  $-80^{\circ}$ C for further analysis. In addition, colons were removed to measure the length, and part of the distal colon was fixed with 4% paraformaldehyde. The animal experiment was performed according to the requirement of the Animal Ethical Experimentation Committee of the Hubei University of Chinese Medicine and the National Act on Use of Experimental Animals (China).

#### **Fermentation Experiment**

The culture medium was prepared based on a simulated intestinal environment medium, the components of which were provided in Supplementary Table S2. After the pH was adjusted to 7.5-7.6, the intestinal flora culture medium was autoclaved at 121°C for 20 min. Filter-sterilized 25% ascorbic acid was added to the medium after high temperature and pressure sterilization. Fresh fecal samples from normal BALB/c mice were evenly dispersed in 1% sterile PBS to obtain 20% (w/v) fecal suspension, followed by centrifugation at 3000 rpm for 5 min. Next, 6 ml of the collected supernatant was added to 54 ml of intestinal flora culture medium (containing 1.8 g BO) with a final ratio of 1:9 (v/v). Then, the fermentation broth was placed in an anaerobic culture tank (including 10% H<sub>2</sub>, 10% CO<sub>2</sub>, and 80% N<sub>2</sub>) and incubated at 37°C for 24 h. After the anaerobic fermentation, the broth was centrifuged at 12,000 rpm for 10 min, and the supernatant was collected and filtered with a 0.22 µm microporous membrane for the animal experiment.

### Antibiotic Treatment

Six-week-old male BALB/c mice were randomly divided into five groups: Ctrl group, DSS group, DSS + Antibiotic mixtures (Abx) group, DSS + Abx + BO group and DSS + Abx + BO fermentation broth (BO FB) group. Abx included ampicillin (1 mg/ml), vancomycin (0.5 mg/ml), neomycin sulfate (1 mg/ ml), and metronidazole (0.5 mg/ml). The administration protocol was detailed in **Figure 5A**, and the administration route and dose were the same as above. The body weight, stool consistency, and rectal bleeding were recorded daily for assessment of DAI score.

Before the BO treatment, fecal samples were collected to extract and quantify bacterial genomic DNA to confirm that the gut microbiota was depleted in mice. The experimental details were provided in **Supplementary Methods** and **Supplementary Table S3**. At the end of the animal experiment, the mice were sacrificed, and major tissues were collected as above.

## **RNA Extraction and Quantitative** Real-Time PCR

Total RNA was isolated from colon tissues using Trizol reagents (summer Bio, Beijing, China). cDNA was generated using an AMeasy 1st Strand cDNA synthesis kit (AllMEEK,

Beijing, China). Next, RT-qPCR was performed using a 2 × FastHS SYBR QPCR mixture (AllMEEK, Beijing, China) on a CFX Connect Real-time system (Bio-Rad, Hercules, CA, United States). The amplification protocol was as follows: initial denaturation step at 95°C (15 min), 40 cycles at 95°C (8 s), 60°C (30 s) for amplification. All primer sequences are shown in **Supplementary Table S4**. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as an internal reference to normalize the expressions of target genes. The  $2^{-\Delta\Delta CT}$  method was used to calculate the relative mRNA expression.

# Western Blotting

Colon tissues were homogenized using RIPA buffer (Cell Signaling Technology Inc., MA, United States) supplemented with a protease inhibitor cocktail (Merck, Darmstadt, Germany). Protein concentration was measured with a BCA protein assay kit (Thermo Fisher Scientific, Waltham, MA, United States). Protein samples were separated by SDS-PAGE and transferred onto PVDF membranes. The membranes were blocked with 5% skim milk for 1 h and incubated with primary antibodies at 4°C overnight, including NLRP3 (1:1,000, Cat #15101), p-ERK (1: 200, Cat #sc-9383), ERK (1:200, Cat #sc-514302), p-JNK (1: 1,000, Cat #9251), JNK (1:1,000, Cat #9252), and β-Actin (1: 500, Cat #sc-81178). Then, the membranes were washed and interacted with horseradish peroxidase-conjugated secondary antibody (1:5,000) at room temperature for 1.5 h. Finally, the target protein bands were detected by enhanced chemiluminescence (ECL) (Sigma Aldrich. MO. United States). The densitometry analysis was performed using Image J2x software (National Institute of Health, United States).

# **Histological Analysis**

Colon tissues were fixed with 4% paraformaldehyde, dehydrated, embedded in paraffin, and cut into sections of 5 µm. Hematoxylin and eosin (H&E) staining kit (Beyotime Institute of Biotechnology, Shanghai, China) was used for slide staining. The production of intestinal mucins was assayed by staining with an Alcian Blue staining kit (Vectorlabs, Beijing, China) and fluorescein isothiocyanate conjugated-wheat germ agglutinin (WGA-FITC) immunofluorescence (Sigma Aldrich, MO, United States). The immunohistochemistry of colon tissues was analyzed using anti-ZO-1 (1:50, Cat #sc-33725) and anti-Claudin-1 (1:50, Cat #sc166338) antibodies. Images of colon structures were obtained by a Leica DMIL 4000B light microscope with a Leica DFC450C digital camera (Wetzlar, Germany).

# Analysis of Intestinal Metabolites in Feces

For the quantification of fecal BAs, 50 mg of stool samples were dissolved in 1 ml water-methanol-formic acid solution (25:74: 1, V/V/V) containing d5-CA and d4-TCA as internal standards. The mixture was homogenized and centrifuged at 12,000 ×g for 15 min at 4°C. After filtration with 0.22  $\mu$ m microporous membranes, all samples were analyzed by a liquid

chromatography-mass spectrometer (LC-MS). The LC-MS parameters referred to previous studies (Zheng et al., 2021). For the analysis of SCFAs and tryptophan metabolites, 50 mg of stool sample was dissolved in 1 ml 50% (V/V) methanol aqueous solution (containing 0.2% HCl). After the treatment as above, all samples were analyzed by LC-MS or gas chromatography-mass spectrometer (GC-MS). The detailed LC/GC-MS parameters were provided in **Supplementary Methods**.

#### 16S rDNA Sequencing of Gut Microbiota

Fast DNA<sup>™</sup> SPIN Kit (MP Biomedicals, CA, United States) was used to extract fecal bacterial genomic DNA. Barcoded conventional primers (forward 338 F, 5'-ACTCCTACGGGA GGCAGCAG-3'; 806 5'reverse R. GACTACHVGGGTWTCTAAT-3') were applied to amplify V3-V4 hypervariable regions of bacterial 16S rDNA gene by RT-qPCR. The reaction process was as follows: an initiation at 95°C for 5 min, 20 cycles at 95°C for 30 s, 55°C for 30 s and 72°C for 30 s. Finally, the reaction was extended 10 min at 72°C. The purified amplicons were pooled in paired-end sequencing  $(2 \times 300)$  on an Illumina MiSeq platform (Illumina, San Diego, CA, United States) by Beijing Allwegene Tech (Beijing, China). The data of high-quality sequence was analyzed using QIIME package (Quantitative Insights into Microbial Ecology, United States) (Version 1.8, http://qiime.org). The main criteria for selecting sequences were nucleotide ≥110, sequence overlaps  $\geq 10$  bp, an average quality score higher than 20 in a sliding window of 50 bp, an exact match to primers, and clear features. UCLUST (Version 1.2.22, http://www.Drive5.com/ uclust/downloads1-2-22q.html) divided the unique sequence into an operational taxonomic unit (OTU) when the similarity is more significant than 97%. Chimeric sequences were screened and removed using Usearch (Version 8 January 1861, http://www.drive5.com/usearch). The taxonomy of each 16S rDNA gene sequence was identified by UCLUST against the Silva (Release 128 http://www.arb-silva.de) and Greengene 16S rRNA database (Release 13.5, http:// greengenes.secondgenome.com/), with a minimum threshold of 90% confidence for identification. At last, an OTU table was generated for gut microbiota composition and abundance analysis. Functional prediction of bacterial communities was finished by a bioinformatic tool (PICRUSt, Phylogenetic Investigation of Communities by Reconstruction of Unobserved States). Spearman's rank correlation coefficient analyzed the Correlation between intestinal flora and different indicators.

# **Statistical Analysis**

Results were presented as mean  $\pm$  SD. Statistical differences were evaluated by one-way analysis of variance (ANOVA) followed by Tukey-Kramer test among groups. It was significant for all statistical analyses that the probability value was less than 0.05. Data were calculated using Prism version 8.0 GraphPad Software.

# RESULTS

## Improvement of *Bletilla striata* Oligosaccharides on Physiological Indices in UC Mice

In the present study, DSS was used to induce UC in mice. From the fourth day of DSS administration, the mice exhibited evident body weight loss, and the weight loss was slowed down by BO treatment (Figure 1A). DAI scores were performed to determine the severity of UC based on body weight loss, stool consistency, and gross bleeding (Murthy et al., 1993). As shown in Figure 1B, the DAI scores in UC mice dropped after BO administration. Also, BO were found to inhibit the increase of spleen index in UC mice (p < 0.05, vs. DSS group) (Figure 1C). Meanwhile, a pronounced decrease in the length of the colon was observed in UC mice, and this was expectedly rescued by BO (p < 0.05, vs. DSS group) (Figures 1D,E). Furthermore, H&E staining of colon tissues demonstrated that the muscular layer and crypt of colon tissues were severely disrupted, accompanied by an absence of goblet cells and massive infiltration of inflammatory cells in UC mice, while these damages were significantly restored by BO treatment (Figure 1F). The glycoprotein change in mucins was detected by Alcian blue and WGA-FITC staining (Figures 1G,H). It was shown that BO reversed the reduction of glycoprotein mucins in the colon of UC mice. Lipocalin-2 (Lcn2) is an emerging clinically significant biomarker for IBD. Therefore, the serum Lcn2 in UC mice were determined using an ELISA kit. The results demonstrated that BO reduced the content of serum Lcn2 in UC mice (Supplementary Figure S3).

### Inhibitory Effect of *Bletilla striata* Oligosaccharides on Intestinal Inflammation and Intestinal Barrier Damage in UC Mice

Next, RT-qPCR, WB, and immunohistochemistry were adopted to assess the protective effect of BO on colon tissues. Compared to the DSS group, BO inhibited the overexpression of interleukin-6 (IL-6), interleukin-1 $\beta$  (IL-1 $\beta$ ), inducible nitric oxide synthase (iNOS), tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), NOD-like receptor pyrin domain containing 3 (NLRP3), and cyclooxygenase-2 (COX-2) in UC mice (p < 0.05 or 0.01, vs. DSS group) (**Figure 2A**). At the protein level, BO not only reduced the expression of NLRP3 but also blocked the activation of ERK and JNK in the colon of UC mice (p < 0.05 or 0.01, vs. DSS group) (**Figure 2B,C**).

We also assessed the effect of BO treatment on abnormal intestinal fluid metabolism (an indicator of severe diarrhea) in UC mice. As indicated in **Figure 2D**, the expression of epithelial sodium channel- $\beta$  (ENaC- $\beta$ ), aquaporin 2 (AQP2), and aquaporin 3 (AQP3) was curbed in the DSS group (p < 0.01, vs. Ctrl group). In contrast, BO treatment significantly promoted the expressions of these genes (p < 0.05 or 0.01, vs. DSS group). Then, the damage to the intestinal barrier was



measured. As expected, BO acquired a notable increase in the mRNA expressions of Mucin 2 (MUC2) and Mucin 3 (MUC3) but suppressed the mRNA level of matrix metalloproteinase-9 (MMP-9) in the colon of UC mice (p < 0.05 or 0.01, vs. DSS

group) (Figure 2D). Further, the immunohistochemical analysis of ZO-1 and Claudin-1 demonstrated that BO could restore the integrity of the intestinal barrier in UC mice (Figure 2E). Similarly, WB assays for ZO-1 and Claudin-1



**FIGURE 2** BO inhibited inflammatory responses and gut barrier damage in the colon of UC mice. (A) mRNA levels of inflammatory factors by RT-qPCR, including IL-6, IL-1 $\beta$ , iNOS, TNF- $\alpha$ , NLRP3, and COX-2. (B) Protein expressions of NLRP3, p-ERK, ERK1/2, p-JNK, and JNK in colon tissues by WB. (C) Relative intensities of NLRP3, p-ERK, and p-JNK at protein levels. (D) Expressions of regulators related to aqueous metabolism, intestinal integrity, and gut barrier at mRNA levels, including ENaC- $\beta$ , AQP2, AQP3, MUC2, MUC3, and MMP-9. (E) Immunohistochemical analysis of ZO-1 and Claudin-1 in colon tissues. Scale bar = 200 µm. Data were shown as mean  $\pm$  SD (n = 6). \*p < 0.05, \*\*p < 0.01 vs. Ctrl group; #p < 0.05, ##p < 0.01 vs. DSS group.



**FIGURE 3** BO alleviated gut dysbiosis in UC mice. (A)  $\alpha$ -diversity assay calculated with Shannon index. (B) Principal component analysis (PCA). (C) Non-metric multidimensional scaling (NMDS). (D) Taxonomic profiling of gut microbiota at the phylum level. (E) Taxonomic profiling of gut microbiota at the family level. (F) Variation of 30 OTUs with the greatest changes among four experimental groups at the genus level indicated by a heatmap. Data were shown as means  $\pm$  SD (n = 6). \*\* $\rho < 0.01$  vs. Ctrl group; # $\rho < 0.05$  vs. DSS group.

were consistent with immunohistochemical results (Supplementary Figure S4).

# Modulation of Imbalanced Gut Microbiota in UC Mice by *Bletilla striata* Oligosaccharides

Since the occurrence of IBD is closely related to the imbalance of gut microbiota, 16S rDNA sequencing was used to investigate the role of BO in regulating gut microbiota of UC mice. The  $\alpha$ -diversity was evaluated by the Shannon index, which was reduced in the DSS group (p < 0.01, vs. Ctrl group) (**Figure 3A**), indicating severely damaged richness and diversity of gut microbiota in UC mice. After BO treatment, the reduction of  $\alpha$ -diversity was partly restored (p < 0.01, vs. Ctrl group). Principal component analysis (PCA) and nonmetric multidimensional scaling (NMDS) reflected the  $\beta$ -diversity of gut microbiota among groups. The result shows that four experimental groups were separated entirely into different clusters, suggesting that each group of mice had its unique intestinal bacteria communities (**Figure 3B,C**).

In our study, Firmicutes, Bacteroidetes, and Proteobacteria are the highest in the contents of gut microbiota in BALB/c mice at the phylum level. In comparison with the Ctrl group, the relative abundance of Bacteroidetes was decreased while Proteobacteria was increased in the DSS group (p < 0.05). In contrast, BO intervention effectively reversed the changes of both phyla (p <0.05, vs. DSS group) (Figure 3D). At the family level, BO prevented the decrease in the populations of Rikenellaceae and Bacteroidales S24-7 group, and lowered the abundances of Helicobacteraceae and Bacteroidaceae in UC mice (p < 0.05) (Figure 3E). At the genus level, the abundances of 30 OTUs with the most significant changes were shown in a heatmap. Among them, most of the bacteria performed an apparent increase in UC mice like Parabacteroides, Bacteroides, Oscillibacter, and Helicobacter (p < 0.05 or 0.01, vs. Ctrl group) (Figure 3F; Supplementary Figure S5). Conversely, the contents of other bacteria in the DSS group were lower than those in the Ctrl group, such as Ruminococcaceae NK4A214 group, Odoribacter, and Prevotellaceae UCG-001 (p < 0.05 or 0.01) (Figure 3F; Supplementary Figure S5). Notably, BO treatment remarkably suppressed the alteration of these imbalanced genera in UC mice (p < 0.05 or 0.01, vs. DSS group) (Figure 3F; Supplementary Figure S5).

Next, the Phylogenetic Investigation of Communities by Reconstruction of Unobserved States (PICRUSt) analysis was performed to assess the modulatory effect of BO on metabolic pathways of gut microbiota in UC mice. Based on 147 Keyoto Encyclopedia of Genes and Genomes (KEGG) pathways, 12 evidently changed pathways were chosen for comparisons among four experimental groups. It was suggested that five pathways were downregulated in the DSS group in comparison with those in the Ctrl group, while three pathways were upregulated (Supplementary Figure S6A). On the contrary, three of these altered pathways were recovered to different contents by BO treatment, including Sulfur metabolism, Selenocompound metabolism, Alanine, aspartate, and glutamate metabolism (Supplementary Figure S6B).

## Regulatory Effect of *Bletilla striata* Oligosaccharides on Production of Intestinal Metabolites in UC Mice

The altered production of intestinal metabolites usually accompanies the changes in gut microbiota. As indicated in Figure 4A, the levels of CDCA and T- $\beta$ -MCA were increased in UC mice (p < 0.05, vs. Ctrl group), while the productions of TCA, TCDCA, UDCA, and DCA were significantly reduced (p < p0.05, vs. Ctrl group). After BO treatment, these altered individual BAs were reversed to certain extents, but no significant difference was captured compared with the DSS group. Compared to the Ctrl group, the contents of four SCFAs in feces of UC mice were considerably reduced (p < 0.01), including acetic acid, propanoic acid, butanoic acid, and pentanoic acid. Among them, the amount of acetic acid was profoundly increased after BO administration (p < 0.05, vs. DSS group) (Figure 4B). Additionally, we examined tryptophan catabolites (indole and 5-HT). No significant difference of indole was detected among the four experimental groups. However, the level of 5-HT was abnormally increased in UC mice and downregulated after BO treatment (p < 0.05, vs. DSS group) (Figure 4C).

## Correlation Between Intestinal Bacterial Abundances and UC-Related Pathological Indices

To explore the relationship between alteration of gut microbiota and UC-related pathological parameters, we calculated the Spearman's correlation coefficient between four experimental groups as indicated in **Supplementary Figure S8**. It was found that most of the changed intestinal bacteria at genus levels were positively or negatively correlated with physiochemical parameters, inflammatory responses, intestinal barrier integrity, and bacterial metabolism, suggesting the pivotal role of gut microbiota in the occurrence of UC.

#### Effects of *Bletilla striata* Oligosaccharides and *Bletilla striata* Oligosaccharides Fermentation Broth on DSS-Induced UC in Mice With Gut Microbiota Depletion

To confirm the significance of BO in the protection against UC, we treated mice with Abx for 4 weeks to deplete the gut microbiota (**Figure 5A**). As shown in **Supplementary Figure S7**, the quantification of intestinal bacteria by RT-qPCR proved that Abx entirely destroyed the gut microbiota of mice. In addition, compared to the DSS group, the physiological indices, inflammatory responses, and gut barrier damage were not improved or even worsened in mice from the DSS + Abx group or DSS + Abx + BO group (**Figures 5, 6**). On the contrary, BO fermentation broth (BO FB) significantly suppressed the alteration of physiological indices in UC mice with gut microbiota depletion, such as the weight loss (**Figure 5B**), DAI scores (**Figure 5C**), spleen index (**Figure 5D**), and colon length (**Figures 5E,F**) (p < 0.01 or 0.05, vs. DSS + Abx group). Moreover, BO FB considerably reversed the upregulation of inflammatory cytokines (TNF- $\alpha$  and COX-2) and reduction of MUC3 in the colon



(Figure 6A), and damage to the gut barrier (Figures 6B–D) in gut microbiota-depleted UC mice. At the protein level, BO FB not only promoted the expression of ZO-1 and Claudin-1 but also inhibited the expression of NLRP3 and p-ERK (Supplementary Figure S9).

### DISCUSSION

Accumulating evidence shows that the symptoms of DSS-induced UC mice were similar to those of UC patients. In the present study, UC mice were characterized by diarrhea, abdominal pain, and bloody stools, consistent with a previous report (Kim et al., 2012). However, after BO treatment, the severity of bloody stools was lessened with the reinstated colon injury and reduced spleen weight in UC mice, indicating the preventive effect of BO on the occurrence of UC (**Figures 1A–E**). Moreover, BO effectively suppressed DSS-induced damage to the intestinal tract in UC mice (**Figures 1F–H**), parallel to our previous studies, in which BO were found to avoid the destruction of gut barrier in obese mice by the regulation of gut microbiota (Hu et al., 2020).

NLRP3 inflammasome is widely distributed in epithelial and immune cells, where NLRP3 can activate the MAPK signaling pathways and further lead to the secretion of proinflammatory cytokines in UC (Zhen & Zhang, 2019). MAPKs are a group of cytoplasmic enzymes that mediate the transmission of inflammatory signals from the cell membrane to the nucleus. Upon activation, MAPKs can phosphorylate the serine/threonine amino acids of downstream intracellular proteins, which further initiate the subsequent cascade reactions (Hommes et al., 2003). In this study, BO repressed the phosphorylation of ERK and JNK (members of MAPK family) by inactivating the NLRP3 inflammasome (Figures 2A-C). In addition, TNF-a not only mediates the expression of IL-6 and IL-1 $\beta$  but also acts as a key binding site for the NF-KB pathway that is vital to the pathogenesis of UC (Sands & Kaplan, 2007). Here, the over-expressions of three cytokines were significantly inhibited by BO treatment (Figure 2A), suggesting that BO may improve UC by downregulating the in vivo inflammation. Besides, BO reduced the expressions of COX-2 and iNOS in the colon of UC mice (Figure 2A). COX-2 was reported to affect intestinal epithelial regeneration and induce the proinflammatory response initiated by TNF- $\alpha$  (Li et al., 2018), and iNOS directly caused intestinal damage by promoting the production of NO (Gochman et al., 2012). Both kinases are also inducers of cellular stress, indicative of a potential of BO for ameliorating oxidative injury in the development of UC.

Diarrhea is one of the most apparent symptoms of UC, and its pathogenesis may attribute to the sustained and diffuse inflammation that increases the risk of intestinal mucosal damage and finally cause the dysfunction of ion transporters and channels in intestinal epithelia (Anbazhagan et al., 2018). In this study, the mRNA levels of AQP2, AQP3, and ENaC- $\beta$  were statistically increased in UC mice after BO treatment (**Figure 2D**). We presume that BO might alleviate diarrhea by strengthening the absorption of Na<sup>+</sup> and water in the intestinal lumen of UC mice. On



the other hand, the mucus protein secreted by goblet cells forms a mucus layer, which covers the intestinal mucosa surface and constitutes the first defense line of the gut barrier (Schoultz & Keita, 2019). In addition, the interaction of TJ proteins like Occludin, Claudin-1, and ZO-1 controls intestinal epithelial permeability under physiological state (Konig et al., 2016), while DSS administration may directly cause the loss of goblet cells and destruction of TJ proteins, ultimately resulting in the infiltration of intestinal pathogens (Landy et al., 2016). Interestingly, BO significantly increased the expression of glycoprotein mucins and TJ proteins (**Figures 2D,E**). Based on these findings, we proposed the effectiveness of BO on repairing intestinal barrier damage.

Once the intestinal mucus layer is disrupted, harmful bacteria can easily penetrate intestinal epithelia and lead to changes in gut microbial composition (Pei et al., 2019). In our study, a significant decrease in  $\alpha$ -diversity was observed in UC mice, which meant the reduction of species diversity of intestinal flora in the occurrence of UC (**Figure 3A**). The abundance analysis of gut microbiota at phylum, family, and genus levels further revealed the variability of intestinal florae between the DSS group and the DSS + BO group (**Figures 3D–F**). *Helicobacter, Desulfovibrio,* and *Oscillibacter* are among these most changed genera. *Helicobacter* can induce the activation of pathogenic T cells, disrupt intestinal immune function, and finally promotes UC development (Chow et al.,



2011; Xu et al., 2018). Desulfovibrio is one of the major sulfatereducing bacteria in the intestine of humans and contributes to the generation of H<sub>2</sub>S that is toxic to intestinal epithelia and may induce cellular apoptosis (Rowan et al., 2010). Oscillibacter can worsen intestinal permeability and will be obviously elevated after DSS administration (Wu et al., 2019). The abundance of this bacterial is also positively correlated with the levels of pro-inflammatory cytokines such as IL-6 and IL-1β (Wu et al., 2019). Furthermore, Oscillibacter was found to be relevant to the expressions of NLRP3 and TNF- $\alpha$  in our study (Supplementary Figure S8). The aberrant proliferation of these bacteria is detrimental to the intestinal structure and will exacerbate the development of UC. Expectedly, their abundances were decreased in UC mice after BO treatment (Figure 3F; Supplementary Figure S5). Further, by PICRUSt analysis, BO were found to revert the altered metabolic pathways of gut microbiota in UC mice, implicating its ability to regulate the metabolism of flora (Supplementary Figure S6).

Interestingly, several intestinal bacteria that metabolize BAs were also changed in UC mice, such as *Bacteroides*, *Ruminococcaceae*, and *Lactobacillus* (Figure 3F; Supplementary Figure S5). It was reported that conjugated BAs (TCA and TCDCA) could be hydrolyzed into primary BAs (CA and CDCA) by *Bacteroides* through bile salt hydrolase (BSH) in the intestine (Jia et al., 2018). Then, CA and CDCA were converted into secondary BAs (DCA and LCA) *via* the

7a dehydroxylation of Ruminococcaceae (Camilleri, 2015). In this study, the sequencing of gut microbiota revealed an increased Bacteroides and a decreased Ruminococcaceae in UC mice, which led to a decrement of secondary BAs (Figure 4A). A similar result was illustrated in recent studies (Dong et al., 2021; Gao et al., 2021; Sinha et al., 2020). For example, the lack of secondary BAs like DCA and UDCA may aggravate intestinal inflammation due to the inhibition of immune regulators. On the other hand, the decrease of beneficial bacteria Lactobacillus will cause the accumulation of T-β-MCA in the intestine, an antagonist of FXR, and thus interrupts the activation of intestinal FXR signaling (Li et al., 2013). In the present study, BO restored the abundance changes of Bacteroides and Ruminococcaceae, and partly ameliorated the disturbance of BA metabolism (Figure 4A), suggesting a potential modulatory effect on the production of secondary BAs in UC mice. Besides, SCFAs can provide energy to colon cells, block the NLRP3 inflammasome activation, protect the intestinal barrier integrity, and prevent the deterioration of UC (Feng et al., 2018). Here, we found that the levels of four SCFAs were statistically reduced in feces of the DSS group, accompanied by the decrease of SCFA-producing bacteria like Odoribacter and Intestinimonas (Figure 3F; Supplementary Figure S5). Conversely, BO increased the abundances of both bacteria with the high acetic acid content, which could enhance epithelia-mediated intestinal defense function (Fukuda et al., 2011). In addition, BO



suppressed the production of tryptophan metabolite (5-HT) in the DSS group (**Figure 4C**). The harmful effect of 5-HT on UC was attributed to the stimulation of colonic leukocyte recruitment and overexpression of NADPH oxidase (Dong et al., 2019). By correlation analysis, these changed intestinal bacteria were further proved to be associated with the abnormality of their metabolites (**Supplementary Figure S8**). Thus, BO may prevent the development of UC by modulating the imbalance of gut microbiota and the alteration of intestinal metabolites.

It is difficult for complex carbohydrates to be absorbed in the intestinal tract, but they can be metabolized by gut microbiota as the substrates and then exert indirect biological activities. Indeed, this was confirmed in our antibiotic experiments, in which it was BO fermentation broth rather than BO that improved the physiochemical indices in UC mice with depleted gut microbiota (**Figures 5**, **6**). It points toward the necessity of gut microbiota in mediating the metabolism of BO and subsequent prevention of UC.

# CONCLUSION

Taken together, this study demonstrated that BO displayed a preventive effect on UC, accompanied by the suppression of intestinal inflammation and gut barrier damage. The underlying therapeutic mechanisms were associated with inhibiting gut microbiota dysbiosis and reversing abnormal production of intestinal metabolites (**Figure** 7). Overall, our findings revealed a potential application of BO in the treatment of UC in the future.

# DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found below: National Center for

Biotechnology Information (NCBI) BioProject database under accession number PRJNA787415.

# ETHICS STATEMENT

The animal study was reviewed and approved by the Animal Ethical Experimentation Committee of Hubei University of Chinese Medicine and the National Act on Use of Experimental Animals (China).

# **AUTHOR CONTRIBUTIONS**

HL and YL designed the study. TZ, BH, CY, HH, MY, ZZ, and SL were responsible for the acquisition of data. BH and YL interpreted the experimental data. TZ and HL were the major contributors in drafting and revising the manuscript. All authors read and approved the final manuscript.

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## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphar.2022.867525/full#supplementary-material

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# GLOSSARY

5-HT 5-hydroxytryptamine Abx antibiotic mixtures AQP aquaporin BAs bile acids BO Bletilla striata oligosaccharide BP Bletilla striata polysaccharide CA cholic acid CDCA chenodeoxycholic acid COX-2 cyclooxygenase-2 DAI disease activity index DCA deoxycholic acid DSS dextran sulfate sodium ENaC epithelial sodium channel ERK1/2 extracellular regulated kinase 1/2 IBD inflammatory bowel disease

IL interleukin
iNOS inducible nitric oxide synthase
JNK c-Jun N-terminal kinase
<b>LC/GC-MS</b> liquid chromatography/gas chromatography-mass spectrometer
Lcn2 Lipocalin-2
MMP-9 matrix metalloproteinase-9
MUC mucin
NLRP3 NOD-like receptor pyrin domain containing 3
SCFAs Short-chain fatty acids
TCA taurocholic acid
TCDCA taurochenodeoxycholic acid
<b>TNF-a</b> tumor necrosis factor- $\alpha$
$T$ - $\beta$ - $MCA$ tauro- $\beta$ -murocholic acid
UC ulcerative colitis
UDCA ursodeoxycholic acid

ZO-1 zonula occludens-1



# The Effect of Triptolide Combined With Crocin on Arthritis in Mice: From Side Effect Attenuation to Therapy

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Yan M, Yan Y, Zhang Z, Wang G, Shi W, Jiang M, Zhao J, Wu X and Zeng H (2022) The Effect of Triptolide Combined With Crocin on Arthritis in Mice: From Side Effect Attenuation to Therapy. Front. Pharmacol. 13:908227. doi: 10.3389/fphar.2022.908227 Clinical use of triptolide (TP) is restricted due to severe toxicity. This study assessed the protective effect of crocin (CR) as a natural antioxidant against TP-induced toxicity in bovine collagen type II-induced arthritis (CIA) in mice. The mice in the CIA model group showed macroscopic signs of severe arthritis. The anti-arthritis effects in the control, TP + CR, and TP groups were evaluated through assessment of foot volume, arthritis score, and proinflammatory cytokines, and collagen antibody assay. Crocin reduced TP-induced toxicity, as evidenced by evaluation of survival rate, body weight, visceral index, hepatic and renal functions, histopathologic analyses, and antioxidant enzyme activities. Transcriptome sequencing resulted in identification of 76 differentially expressed genes (DEGs) associated with hepatotoxicity between the TP and TP + CR groups. Of these, Three DEGs (Cyp1a2,Gsta4, and Gstp1) were validated using quantitative real-time PCR analysis. In conclusion, CR protected CIA mice from TP-induced toxicity through modulation of the cytochrome P450 and glutathione metabolism pathways.

Keywords: triptolide, crocin, compatibility, toxicity, arthritis

# **1 INTRODUCTION**

Triptolide (TP), the most studied bioactive chemical monomer of the Chinese herb Tripterygium wilfordii Hook. F., is a highly potent and effective anti-inflammatory, immunosuppressive, anti-rheumatoid, and anticancer agent (Tian et al., 2021; Tong et al., 2021; Zhang et al., 2021; Zhao et al., 2021).

Rheumatoid arthritis (RA) is a typical autoimmune disease often with symmetric facet joint disease, characterized by synovial hyperplasia, cartilage damages, and bone erosion. The collagen type II-induced arthritis (CIA) animal model (Trentham et al., 1977), is the most commonly studied model of RA (Zhao et al., 2022). In this model, antibodies against type II collagen play a crucial role for arthritis pathology (Yabe et al., 2021). The CIA model shares many pathological and histological similarities with RA, such as synovial hyperplasia, cartilage degradation and overproduction of inflammatory cytokines (Brand et al., 2007; Liang et al., 2018).

The Chinese herb Tripterygium wilfordii Hook. F. and its extracts have been used as an antirheumatic in China for many years (Qin, 2019). However, TP is highly toxic, suffers from poor aqueous solubility, and induces significant adverse effects, which limits its clinical use. Therefore, there is an urgent need to reduce TP-related toxicity without affecting therapeutic potency. Many strategies have been explored, including new dosage forms, structural modifications, and combination with other Chinese herbs (e.g., TP combined with chlorogenic acid or glycyrrhizic acid (GA)) (Tan et al., 2018; Wang et al., 2018; Zeng et al., 2020; Zhang et al., 2020; Yalikong et al., 2021).

Modern pharmacological studies of saffron and its main constituents have revealed a wide spectrum of biological activities (i.e., anti-inflammatory, antinociceptive, antioxidant, immunoregulatory effects, neurodegenerative diseases, cardiovascular diseases, anticancer, anti-arthritic effects and protection against natural and chemical toxins) (Attia et al., 2021; Xing et al., 2021). Crocin, mono, and diglycosyl esters of a polyene dicarboxylic acid are some of the main active components that are responsible for the pharmacological effects of saffron (Abdi et al., 2022; Salem et al., 2022; Xu et al., 2022).

Crocin (CR) is thought to protect against toxicity of viscera induced by some materials (El-Beshbishy et al., 2012; Razavi and Hosseinzadeh, 2015). In addition, pharmacokinetic studies have shown that crocin is not bioavailable after oral administration in blood circulation. Instead, it is rapidly transformed into crocetin in the gastrointestinal tract with high relative bioavailability (Zhang et al., 2017; Hosseini et al., 2018). However, there have been no studies to evaluate combination treatment with CR and TP as this treatment strategy may potentially reduce TP-related toxicity without impacting therapeutic efficacy. Therefore, this study focused on the mechanisms by which crocin mitigates TPinduced toxicity in a mouse bovine collagen type II-induced arthritis model.

### **2 MATERIALS AND METHODS**

#### 2.1 Drugs, Reagents, and Animals

Triptolide (purity >98%) was purchased from Xi'an Haoxuan Biotechnology Co. Ltd. (Shanxi, China). Crocin (purity >98%) was obtained from TCI Chemical Industry (Shanghai, China). Glycyrrhizic acid (GA, purity 95%) was purchased from Cool Chemistry (Beijing, China).

Bovine type II collagen (2 mg/ml), Mouse Anti-Type II Collagen IgG Antibody ELISA Kits, complete Freund's adjuvant (CFA, 4 mg/ml), and incomplete Freund's adjuvant (IFA, 5 ml) were purchased from Condrex ((Norcross, GA, United States). BeyoRT<sup>TM</sup> III First Strand cDNA Synthesis Kit (Cat No. D7178M, Shanghai Biyuutian Biotechnology Co., Ltd., Shanghai, China), PowerUp<sup>TM</sup> SYBR<sup>TM</sup> Green Master Mix (Cat No. A25742, Thermo Fisher Scientific, United States), and kits for analysis of creatinine (CRE, Cat No. C011-2-1), blood urea nitrogen (BUN, Cat No. C013-1-1), alanine/aspartate transaminase (ALT/AST, Cat No. C009-2-1/C010-2-1), superoxide dismutase (SOD, Cat No. A001-1), malondialdehyde (MDA, Cat No. A003-1), catalase (CAT, Cat No. A007-2-1) and glutathione (GSH, Cat No. A006-2-1) were purchased from Nanjing Jiancheng Bioengineering Institute (Nanjing, China). Other chemicals and reagents used were of analytical grade.

Kunming (KM) mice (male, 7–8 weeks old,  $20 \pm 2$  g) were purchased from Huaxing Laboratory Animal Farm (Zhengzhou, China) [License No: SCXK (Yu) 20190002]. Prior to experiments, all animals were acclimated to the experimental environment for 7 days and housed in a controlled environment ( $25 \pm 1^{\circ}$ C, humidity of 55  $\pm$  5%) with a 12-h light/dark cycle. The mice were allowed free access to standard diet and water during the acclimation period. The experiments performed in this study were approved by the Animal Ethics Committee In Henan University of Chinese Medicine.

# 2.2 Collagen-Induced Arthritis Model and Grouping

The collagen-induced arthritis (CIA) model was established using bovine type II collagen, and the clinical severity of arthritis was scored as previously described [6]. Foot volume was measured using a volume-plethysmograph (PV-200, TECHMAN,Co. Ltd., Chengdu, China). The arthritis score (or deformation index) was used to describe the shape and joint swelling of the paws of CIA mice. Total scores for each mouse greater than eight were considered successful CIA models, and all mice in the control group had arthritis index scores of 0. A schematic for the animal modeling, mode of drug administration, and subsequent procedures is shown in **Figure 1**. After successful modeling, the mice were randomly divided into seven groups (n = 8) as follows:

- A. normal saline (Control);
- B. Collagen-induced arthritis model group (CIA);
- C. 300 µg/kg TP treatment group (TP);
- D. 300 µg/kg TP+50 mg/kg CR group (TP + LCR);
- E. 300 µg/kg TP+100 mg/kg CR group (TP + MCR);
- F. 300 µg/kg TP+200 mg/kg CR group (TP + HCR);
- G. 300 µg/kg TP+50 mg/kg GA (TP + GA) as the positive drug control group (Yang et al., 2017).

A stock solution of TP was prepared in DMSO at 5 mg/ml, then diluted in saline to prepare the working solution. Doses and frequency of administration were determined during prior experiments. The animals were administered the indicated experimental treatments once every 2 days by oral gavage for 20 days (0.2 ml/10 g).

### 2.3 Drug Treatment Toxicity and Efficacy

Body weight, paw volume, and arthritis score were recorded during drug administration. Twenty-4 hours after the last drug treatment, the whole blood of each mouse was obtained via orbital collection. Serum was obtained by centrifugation (4°C, 3,000 rpm, 10 min). The serum levels of AST/ALT and BUN/CRE were quantified using specific commercial diagnostic kits. The levels of serum inflammatory cytokines (IL-1 $\beta$ , IL-6, and TNF- $\alpha$ ) and mouse anti-type II collagen IgG were detected using ELISA kits according to the manufacturer's instructions. The mice were sacrificed and the ankle joints were fixed in 10% formalin, decalcified, paraffin-embedded, and stained with hematoxylin and eosin (H&E).

### 2.4 In Vivo Drug Toxicity Study

To determine the mechanism by which CR protected against TPinduced toxicity, healthy mice were treated with TP + CR. The



mice were randomly placed in the following seven groups (n = 10): A. Control (normal saline, NS); B. Low-dose TP (LTP, 100 µg/kg); C. Moderate-dose TP (MTP, 300 µg/kg); D. High-dose TP (HTP, 500 µg/kg); E. 100 µg/kg TP+100 mg/kg CR (LTP + CR); F. 300 µg/kg TP+100 mg/kg CR (MTP + CR); G. 500 µg/kg TP+100 mg/kg CR (HTP + CR). The mice were administrated the treatments daily via oral gavage for 7 days at a volume of 0.2 ml/ 10 g per dose. The mice were observed daily for 7 days to monitor body weight and mortality.

The mice were sacrificed and the organs (hearts, livers, spleens, lungs, kidneys, testes, stomach, and intestine) from each group were quickly harvested and washed with precooled 0.9% saline solution to remove the blood. The visceral index was calculated as the ratio of visceral weight to body weight Using the following formula: Visceral index (%) = (viscera weight/body weight) × 100%. Hepatic and renal functional markers (AST/ALT and BUN/CRE) were measured as described in **Section 2.3**.

A portion of each sample was snap-frozen in liquid nitrogen and stored at  $-80^{\circ}$ C for biochemical analysis. Portions of tissues were fixed in 10% formalin for hematoxylin and eosin (H&E) staining and visualized using a light microscope. Body weight, visceral index, histopathology, hematology, and biochemistry factors were investigated as part of the systemic toxicity evaluation.

## **2.5 Determination of Antioxidant Enzyme** Activities

The livers were homogenized in cold saline and centrifuged at 12,000 rpm for 20 min at 4°C. The suspensions were used to assay SOD and CAT activities, and MDA and GSH levels using commercial detection kits according to the manufacturer's instructions.

#### 2.6 Transcriptome Sequencing (mRNA-Seq)

Liver tissues were selected from the Control, MTP, and MTP + CR groups for transcriptome studies. Library construction, mRNA-seq, and bioinformatic analysis were performed by Sinotech Genomics Co., Ltd. (Shanghai, China). The general workflow was as follows: RNA extraction and detection;

mRNA enrichment and reverse transcription; cDNA purification, end repair, A-tailing, and sequencing adapters; and PCR enrichment and library construction. An Illumina NovaSeg 6000 (Illumina, United States) was used for RNA sequencing according to a previous study (Fu, Y. et al., 2020). The original data (raw reads) was trimmed to filter out ungualified sequences, then clean reads were mapped to the reference genome using Hisat2 (Hierarchical Indexing for Spliced Alignment of Transcripts, version 2.0.5). Gene abundance was expressed as fragments per kilobase of exon per million reads mapped (FPKM). Stringtie software was used to count the fragments within each gene, and the TMM algorithm was used for normalization. Differential expression analysis for mRNA was performed using R package edgeR. Differentially expressed RNAs with fold change values >1.5 and q values <0.05 were retained for further analysis, as these were considered as significantly modulated. The raw data are available under GEO: GSE202175.

#### 2.7 Identification of Hepatotoxicity Targets

DisGeNet (http://www.disgenet.org/) and GeneCards (https:// www.genecards.org/) were used to combine the relevant literature to generate a pool of hepatotoxicity targets with the keywords "hepatotoxicity or liver injury." In the DisGeNet database, genes with EI  $\geq$  1 were selected. In the GeneCards database, genes with relevance scores  $\geq$ 10 were selected. Finally, the combined targets were transferred from "*Homo sapiens*" to "*Mus musculus*" (https://string-db.org/).

# 2.8 Gene Ontology and Pathway Enrichment Analysis

Hepatotoxicity targets, differentially expressed mRNAs between the MTP group and the Control group, and differentially expressed mRNAs between the MTP + CR group and the MTP group were analyzed using a Venn diagram (http://bioinformatics.psb.ugent.be/webtools/Venn/ ). The intersecting genes in the Venn diagram were further investigated at the functional level. Gene Ontology (GO) analysis for biological processes, cellular components, and molecular function and KEGG (Kyoto Encyclopedia of

Gene Name	Sequence (5'→3')	Size (Bp)	NCBI GeneID
GSTP1	Forward ATGCCACCATACACCATTGTC	161	14870
	Reverse GGGAGCTGCCCATACAGAC		
GSTA4	Forward TGATTGCCGTGGCTCCATTTA	135	14860
	Reverse CAACGAGAAAAGCCTCTCCGT		
CYP1A2	Forward AGTACATCTCCTTAGCCCCAG	118	13077
	Reverse GGTCCGGGTGGATTCTTCAG		
GAPDH	Forward AGGTCGGTGTGAACGGATTTG	123	14433
	Reverse TGTAGACCATGTAGTTGAGGTCA		



Genes and Genomes) pathway analysis were performed using STRING database. The background species was defined as *"Mus musculus."* 

# 2.9 Quantitative Real-Time PCR Analysis (qRT-PCR)

The relative levels of important differentially expressed genes (DEGs) identified in mRNA seq and KEGG analyses were selected for validation using qRT-PCR. Total RNA extracted from liver tissue using Trizol reagent (Invitrogen) for mRNA-seq was used for qRT-PCR. Total RNA was converted to cDNA according to the reverse transcription kit protocol. Then, PCR amplification was performed using SYBR green PCR master mix on an ABI 7500 FAST instrument. The primers for qRT-PCR are listed in **Table 1**. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as the internal reference gene. The  $2^{-\Delta\Delta CT}$  method was used to calculate the relative expression levels of the verified genes.

#### 2.10 Statistical Analysis

All data were processed using GraphPad Prism7 software and presented as the mean  $\pm$  standard deviation ( $\bar{x} \pm$ S). Statistical significance (p < 0.05, p < 0.01, or p < 0.001) was using Student's *t*-test or one way ANOVA.

#### **3 RESULTS**

## **3.1 Assessment of Drug Side Effects in Mice** With Collagen-Induced Arthritis

The side effects of the administered drugs on CIA mice were evaluated for 20 days after drug administrations. The parameters measured were changes in body weight, and hepatic and renal functions. The TP group showed obvious weight reduction compared to the other groups (p < 0.001), while other groups did not significantly differ from the control group (**Figure 2**). TP induced weight loss was significantly reversed by CR or GA combined treatment with TP. Compared with the control group, blood serum analysis demonstrated that the levels of AST, ALT, and BUN were significantly elevated in the TP group (p < 0.01). In contrast, co-administration of TP with CR or GA mitigated the changes observed in the TP group (**Figure 3**).

# **3.2 Evaluation of Therapeutic Effects in the CIA Model**

Collagen-induced arthritis model mice were used to evaluate the therapeutic efficacy of TP + CR. Changes in foot volume and arthritis scores were evaluated every 3 days during drug treatment (**Figure 4A,B**). The foot volume and arthritis scores in the treatment groups were significantly lower than those in the model group at day 18 post-treatment (**Figure 4 a,b**).

Levels of TNF- $\alpha$ , IL-1 $\beta$ , IL-6, and anti-type II collagen antibody in serum were quantitated using ELISA (**Figure 5**). The level of TNF- $\alpha$  in the serum of the model group was significantly higher than that in the control group (p < 0.05), and levels of IL-1 $\beta$  and IL-6 were increased, but the increases were not statistically significant. The three proinflammatory cytokines measured were reduced to different degrees in each treatment group compared with those in the model group. Anti-type II bovine collagen antibody was not detected in the control group, and was significantly increased in the model group (p < 0.001). The levels of collagen antibody were lower in each administration group compared with those in the model group (p < 0.001).

Mice in the CIA group showed macroscopic signs of severe arthritis such as deformity, swelling, and redness in the hind paw and ankle joints (Figure 6B). Foot swelling was significantly reduced in each treatment group compared with that in the Model group (Figure 6C–G). As shown in Figures 6a,b, the histological tissue sections showed that the surfaces of the ankle joints in the control



group had normal morphology and smooth articular cartilage. In contrast, structural damage and edema of the ankle joint, synovial hyperplasia, and joint cavitation were observed in the CIA model group. The treatment groups showed differing degrees of improvement compared with the Model group (**Figure 6C–G**). In particular, the TP + CRH and TP + GA groups showed normal morphology similar to that in the Control group.

# 3.3 Evaluation of Toxicity of TP + CR in Normal Kunming Mice

Survival rates and body weights were evaluated 7 days after treatment administration (Figure 7). The HTP and HTP + CR groups were the only groups in which mice died. The survival rate in the HTP + CR group was significantly higher than that in the HTP group. Body weight was lower on the seventh day in all but the LTP + CR and MTP + CR groups compared with that in the control group. Treatment with MTP or HTP induced significant weight loss. Furthermore, the MTP and HTP groups showed significantly lower organ coefficients (p < 0.05), while the other groups did not significantly differ from the control group (Table 2). The weight indices of multiple organs appeared normal following co-administration of TP and CR. In addition, biochemical analysis was performed to evaluate druginduced hepatic and renal damage. As shown in Table 3, the serum ALT/AST and BUN/CRE levels were significantly elevated following TP administration compared with those in the control and the co-administration groups. Co-administration of TP and CR group did not induce changes in serum ALT/AST or BUN/ CRE compared to the control group. These results showed that administration of CR significantly mitigated TP-induced changes in hepatic and renal functions.

## 3.4 Crocin Alleviates Damage of Histological Structure Induced by TP Toxicity

We performed histopathological analyses of H&E-stained tissue sections from hearts, livers, spleens, lungs, kidneys, testes, stomach, and intestines. As shown in **Figure 8** and **Table 4**, tissue injury was significantly reduced in the TP + CR group.

# **3.5 Determination of Antioxidant Enzyme Activities**

As shown in **Figure 9**, the activities of hepatic CAT and SOD, and the levels of GSH and MDA, were measured in each group. Hepatic SOD and CAT activities, and GSH content, decreased in a TP dose-dependent manner (p < 0.01). There were no significant differences between the TP + CR group and the control groups. Moreover, MDA content was higher in the MTP and HTP groups than in the control group (p < 0.05). However, there was no significant difference in MDA content in the liver between the TP + CR group and the control group.

# 3.6 Differentially Expressed mRNAs and KEGG Analysis

Expression profiling studies were performed on the RNAs from four independent liver tissue samples in each group. The volcano


plot of differentially expressed mRNAs among three groups is shown in **Figure 10**.

Compared with the Control group, 1,148 mRNAs were identified to be differently expressed in the MTP groups. Furthermore, 1,526 mRNAs were differentially expressed in the MTP + CR group compared with the MTP group (**Figure 11A**). There were 76 differentially expressed mRNAs identified in the MTP group compared with Control group as well as in the MTP + CR group compared with MTP group, which were also associated with hepatotoxicity. Kyoto Encyclopedia of Genes and Genomes analysis showed that the differentially expressed mRNAs related to hepatotoxicity were mainly enriched in the complement and coagulation cascades, p53 signaling pathway, glutathione metabolism, IL-17 signaling pathway, and drug metabolism-cytochrome P450 (**Figure 11B**).

## 3.7 Validation of RNA-Seq Results Using qRT-PCR

Expression of mRNA was restricted to FPKM > 20, which resulted in selection of 23 DEGs. Analysis of the expression trends of the top 23 DEGs (**Figure 12**) resulted in selection of Cyp1a2, Gstp1, and Gsta4, which were related to drug metabolism-cytochrome P450 and glutathione metabolism, for

further qRT-PCR verification. As shown in Figure 13, Cyp1a2, Gsta4, and Gstp1 expression levels were decreased in the MTP group, and these decreases were mitigated in the MTP + CR group.

## **4 DISCUSSION**

The therapeutic window for TP is very narrow, resulting in sometimes overlapping therapeutic and toxic ranges. Therefore, identification of methods to attenuate toxicity without impacting efficacy is of great importance.

Previous studies showed that crocin has a considerable antiinflammatory and antioxidant potency (Li et al., 2018; Korani et al., 2019; Yaribeygi et al., 2021). In addition, combined treatment with GA and TP increase efficacy while decreasing toxicity in RA treatment (Tai et al., 2014). Therefore, in this study, we explored the ability of the novel treatment combination of TP + CR to treat arthritis with reduced TPinduced toxicity using GA combined with TP as the positive control. As a result, the anti-arthritis effects in the TP + CR group were equivalent to those in the TP and TP + GA groups, as determined by evaluation of foot volume and arthritis score, proinflammatory cytokine levels, and collagen antibody assay.







Animal toxicity experiments showed that CR reduced TPinduced multi-organ damage (Figure 8 and Table 4), and reduced mortality. Hepatotoxicity is the most significant TP-induced side effect and the mechanism is complex, which is believed to occur via oxidative stress, abnormal liver drug enzyme activity, and immune-mediated

#### **TABLE 2** Comparison of organ coefficients in each group ( $\bar{x} \pm S$ , n = 6).

Groups	Heart	Liver	Spleen	Lung	Kidney	Testis
Control	0.569 ± 0.019	5.665 ± 0.410	0.514 ± 0.090	0.729 ± 0.074	1.437 ± 0.117	0.635 ± 0.049
LTP	0.544 ± 0.022	5.301 ± 0.342	0.507 ± 0.041	0.682 ± 0.052	1.405 ± 0.087	0.604 ± 0.123
MTP	0.530 ± 0.023**	5.086 ± 0.345*	0.405 ± 0.064*	0.641 ± 0.055*	1.239 ± 0.158*	0.561 ± 0.038*
HTP	0.476 ± 0.036**	4.936 ± 0.413*	0.388 ± 0.092*	0.591 ± 0.052**	1.165 ± 0.202*	0.482 ± 0.112*
LTP + CR	0.564 ± 0.030	5.530 ± 0.455	0.509 ± 0.114	0.714 ± 0.063	1.424 ± 0.075	0.629 ± 0.037
MTP + CR	0.563 ± 0.029 <sup>#</sup>	5.527 ± 0.233 <sup>#</sup>	0.491 ± 0.026 <sup>#</sup>	0.725 ± 0.066 <sup>#</sup>	1.428 ± 0.093#	$0.624 \pm 0.050^{\#}$
HTP + CR	$0.548 \pm 0.051^{\#}$	$5.499 \pm 0.306^{\#}$	$0.499 \pm 0.024^{\#}$	$0.704 \pm 0.092^{\#}$	$1.400 \pm 0.048^{\#}$	$0.621 \pm 0.101^{\#}$

Notes: \*p < 0.05, \*\*p < 0.01 any group vs Control; <sup>#</sup>p < 0.05, XTP + CR, vs XTP (X represent L, M, or H).

Groups	AST (IU/L)	ALT (IU/L)	BUN(mmol/L)	CRE(µmol/L)
Control	23.373 ± 2.829	30.512 ± 9.592	4.634 ± 0.291	14.037 ± 1.952
LTP	34.526 ± 6.497**	43.86 ± 7.142*	4.953 ± 0.221	16.931 ± 2.284
MTP	41.998 ± 4.595**	45.382 ± 10.674*	5.609 ± 0.188**	21.782 ± 1.902*
HTP	50.125 ± 7.816**	49.224 ± 15.304*	7.948 ± 1.171**	22.802 ± 2.866*
LTP + CR	24.32 ± 8.476 <sup>#</sup>	26.774 ± 12.049 <sup>#</sup>	4.781 ± 0.195	15.259 ± 1.229
MTP + CR	25.064 ± 6.311 <sup>##</sup>	$30.371 \pm 4.409^{\#}$	$4.916 \pm 0.480^{\#}$	15.625 ± 0.914#
HTP + CR	25.428 ± 5.766 <sup>##</sup>	34.528 ± 3.703 <sup>#</sup>	5.017 ± 0.485 <sup>##</sup>	17.533 ± 3.445 <sup>#</sup>

Notes: \*p < 0.05, \*\*p < 0.01 any group vs Control; <sup>#</sup>p < 0.05, <sup>##</sup>p < 0.01, XTP + CR, vs XTP (X represent L, M, or H).





	Control	TP Groups	TP + CR Groups
Heart	The myocardial fibers were orderly and tightly arranged	LTP and MTP groups: the transverse striations were ambiguous and there was interstitial congestion HTP group: cardiomyocytes had been dissolved, interstitial fibers showed hyperplasia, and inflammatory cell infiltration occurred	Myocardial damage was significantly ameliorated and histological morphology tended to be normal
Liver	Normal cell morphology, clear hepatic lobule structure, and neatly arranged hepatocytes with no inflammatory	LTP group: few inflammatory cells were observed	Clear structure with no edema, and small fat vacuoles were observed in part of the hepatocyte cytoplasm. Hepatocellular injury was significantly
	cell infiltration	MTP group: hepatocyte edema and punctate	improved
		necrosis Disordered hepatic cell cord arrangement, and	
		compressed sinusoids	
		HTP group: hepatocytes exhibited diffuse hydropic or fatty degeneration	
Spleen	Splenic corpuscle was circular and the structure was	LTP group: Decreased lymphocyte density,	White pulp injury was significantly reduced and no
	clear MTP group: Significant increase in the number of multinucleated macrophages and erythrocytes HTP group: white pulp structures were disordered and numerous apoptotic bodies were present	increased red pulp macrophages	abnormal changes were observed
Lung	The alveolar structure in H&E staining was normal, the lung tissue was well structured, and there was no inflammatory cell infiltration	MTP and HTP group: alveolar and alveolar interstitial inflammatory cell infiltration and edema	Normal alveoli and few inflammatory cells
Kidney	Tubular epithelial cells and glomerular structures were clear and intact	With increased TP drug dosage, the proximal convoluted tubules were edematous and glomerular capillaries were markedly dilated. Infiltration of inflammatory cells was observed	Normal histological morphology. Slight hyperplasia of fibrous tissue was observed in the interstitium
Testes	Clear structure of seminiferous tubules and orderly arrangement of spermatogenic cells. Mature sperm were observed	Compared to that in the healthy testes, the number of spermatogenic cells in the seminiferous tubules was reduced, and they were disorganized	Compared with the model group, the number of spermatogenic cells was increased and the cells were arranged in an orderly fashion
Stomach	The control group showed a normal structure and no histopathological changes	HTP group: tissue structure was disordered, mucosal epithelial cells had shed, and inflammatory cell infiltration was observed	CR treatment significantly ameliorated gastric mucosa damage; regular glandular structure was observed, and reduced inflammatory cell infiltration
Intestine	The mucosal epithelial cells were arranged neatly	HTP group: The epithelial cells had shed and inflammatory cells had infiltrated the lamina propria	The tissues were clear and intact







injury (Tian et al., 2019). Crocin has been shown to act on multiple pharmacological targets, such as antioxidant, anti-inflammatory, and immunoregulatory systems that may be involved in TPinduced toxicity (Attia et al., 2021).

Previous animal studies have shown that crocin is a protective against doxorubicin-induced nephrotoxicity and cyclophosphamide-induced hepatotoxicity through modulation of antioxidant enzymes and inflammatory mediators (Jnaneshwari et al., 2013; Hussain et al., 2021). Combined treatment with vitamin C and TP could combat oxidative stress by regulating the levels of SOD, GSH, CAT and MD (Xu et al., 2019), which agrees with the known mechanisms for TP-induced hepatotoxicity (Cao et al., 2022). TP may lead to emergency oxidative damage of liver cells by reducing thioredoxin activity (Shen et al., 2019). In this study, we evaluated changes in oxidative stress markers in the liver, the primary organ responsible for drug metabolism. The results showed that co-administration of TP + CR reversed TP-induced changes in SOD and CAT activities, and GSH and MDA levels, in a dose-dependent manner.

The metabolism of TP and other drugs depends on enzymes in liver microsomes, which involve phase I and phase II metabolism. Cytochrome P450s, representative enzymes of Phase I, are responsible for the hydroxylation of triptolide *in vitro* and CYP3A4 enzyme mediated metabolic elimination is an important detoxification pathway for TP (Xiao et al., 2020). Glutathione-Stransferases are a superfamily of phase-II metabolic enzymes that protect against oxidative stress (Singh and Reindl, 2021). Transcriptome sequencing and KEGG analysis in this study showed that differentially expressed mRNAs related to hepatotoxicity (76 mRNAs) were mainly enriched in glutathione metabolism, IL-17 signaling pathway, and drug metabolism-



cytochrome P450. We selected the most significantly differentially expressed genes, Cyp1a2, Gstp1, and Gsta4, for confirmation by qRT-PCR. Our results showed that co-administration of TP + CR reversed TP-induced decreased in Cyp1a2, Gsta4, and Gstp1 expression. Cyp1a2 is an important phase-I metabolic enzyme in the cytochrome P450 family of enzymes. Gsta4 and Gstp1 can catalyze the binding of glutathione to TP metabolites in vivo, thus reducing the toxicity of TP. Therefore, our results indicated that phase I and phase II metabolic enzymes both participate in critical detoxification processes in TP-induced liver injury, and crocin could reduce TP-induced liver injury by down-regulating gene expression of these enzymes. In addition, IL-17 mediated the immune response of TP and played an essential role in the liver injury pathology (Wei et al., 2017). Our results also revealed that crocin might be involved in IL-17 mediated immune regulation. However, further research is still required.

In conclusion, our results demonstrated that coadministration of TP and CR could protect CIA mice from TP-induced multi-organ damage without reducing the therapeutic efficacy of TP. The mechanisms by which CR protected against TP-induced toxicity may have been related to the drug metabolism-cytochrome P450 and glutathione metabolism pathways. Our study demonstrated that CR could be used to attenuate TP toxicity without impacting therapeutic efficacy. Future studies should clarify the specific mechanisms by which CR protects against TP-induced toxicity, and ongoing studies are exploring new dosage forms and administration strategies for CR and TP.

### DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found below: https://www.ncbi. nlm.nih.gov/geo/, GSE202175

## ETHICS STATEMENT

The animal study was reviewed and approved by the Animal Ethics Committee In Henan University of Chinese Medicine.

## **AUTHOR CONTRIBUTIONS**

MY and YY performed the experiments, analyzed the data, prepared figures and/or tables, and authored or reviewed drafts of the paper. ZZ conceived the experiments and approved the final draft. GW, WS and MJ performed the experiments, samples collection, and approved the final draft. JZ, XW and HZ conceived and designed the experiments, analyzed the data, authored or reviewed drafts of the paper, and approved the final draft.

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Yan et al.

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# *Epimedium koreanum* Nakai–Induced Liver Injury—A Mechanistic Study Using Untargeted Metabolomics

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Li P, Zhang L, Guo Z, Kang Q, Chen C, Liu X, Ma Q, Zhang J, Hu Y and Wang T (2022) Epimedium koreanum Nakai–Induced Liver Injury—A Mechanistic Study Using Untargeted Metabolomics. Front. Pharmacol. 13:934057. doi: 10.3389/fphar.2022.934057 Epimedii Folium is widely used worldwide as an herbal supplement, and the risk of its induced liver damage has emerged in recent years. Our preliminary study has found that, among several Epimedii Folium species specified in the Chinese Pharmacopoeia, Epimedium koreanum Nakai has a more severe propensity for hepatotoxicity. However, the mechanism of hepatotoxicity of Epimedium koreanum Nakai is still unclear. In this study, untargeted metabolomics was performed to analyze the serum and liver tissue to explore the mechanism of hepatotoxicity of Epimedium koreanum Nakai. The results of experiments in vivo showed that, after 28 days of exposure to Epimedium koreanum Nakai ethanol extract (EEE), the liver weight, levels of AST, ALP, TBIL, etc. in serum of rats in the EEE group were significantly increased, as well as severe cytoplasmic vacuolation appeared in the liver tissue, which suggested that EEE has significant hepatotoxicity. Subsequently, the results of metabolomics revealed significant changes in the metabolic profile in the liver and serum of rats after EEE exposure, in which metabolites in serum such as flavin mononucleotide, phenylacetylglycine, glutathione, L-tryptophan, and sphingomyelin were able to accurately identify liver injury caused by EEE and could be used as serum markers to reflect EEE-induced liver injury. The KEGG pathway enrichment analysis revealed that EEE caused extensive effects on rats' metabolic pathways. Some of the most affected pathways included glutathione metabolism, glutamate metabolism pathway, primary bile acid biosynthesis pathway, and sphingolipid metabolism pathway, which were all directed to the biological process of ferroptosis. Then, the main markers related to ferroptosis in the liver were examined, and the results demonstrated that the content of malondialdehyde was significantly increased, the activity of superoxide dismutase was significantly reduced, the ferroptosis inhibitory proteins GPX4 and System  $x_c^-$  were significantly downregulated, and the ferroptosispromoting protein ACSL4 was significantly up-regulated. Judging from these results, we concluded that the mechanism of hepatotoxicity of Epimedium koreanum Nakai was probably related to the induction of ferroptosis in hepatocytes.

Keywords: herb-induced liver injury, Epimedium koreanum Nakai, metabolomics, glutathione, ferroptosis

## INTRODUCTION

Epimedii Folium (Yinyanghuo in Chinese) is the dried leaf of Epimedium brevicornu Maxim., Epimedium sagittatum (Siebold&Zucc.) Maxim., or Epimedium pubescens Maxim. or Epimedium koreanum Nakai, in the family berberidaceae (Chinese Pharmacopoeia Commission, 2020). In the theory of Traditional Chinese Medicine, Epimedii Folium has the ability to dispel wind and cold, tonify the kidneys, and strengthen the tendons (Ma et al., 2011). It is widely used to treat various diseases, such as osteoporosis, impotence, infertility, cardiovascular disease, and amnesia (Ma et al., 2011). However, in recent years, two registered drugs with Epimedii Folium as the main ingredient, Zhuangguguanjie Pill and Xianlinggubao Capsules, were reported to be associated with liver injury in humans in clinical applications (Cheng et al., 2013; Tang et al., 2017; Tang et al., 2018; Wu et al., 2019), which has attracted widespread attention. Drug-induced liver injury is one of the most serious and common adverse drug reactions in clinical practice (Navarro et al., 2017), and severe liver injury may induce acute liver failure in patients and even lead to the death of patients (Tujios and Fontana, 2011; Iorga et al., 2017). Therefore, it is important to investigate the potential risk of liver injury of Epimedii Folium. At present, the research on the hepatotoxicity of Epimedii Folium has been gradually carried out. Some researchers have found that Icariside I and Icariside II (the main components of Epimedii Folium) could induce specific hepatotoxicity by enhancing the activation of nlrp3 inflammasome (Wang Z et al., 2020; Gao et al., 2021). Other researchers alsohave found that both 2"-O-rhamnosylicariside II and Sagittatoside B caused severe hepatocyte vacuolation and hepatocyte degeneration in adult zebrafish after 15 consecutive days of treatment (Zhong et al., 2019). However, there are few studies on the mechanism of Epimedii Folium inducing hepatotoxicity in vivo.

Most of the liver injury caused by Chinese herbal medicine in vivo is extremely complex and shows significant individual differences (García-Cortés et al., 2016; Brown, 2017). Metabolomics reveals the intrinsic mechanisms of growth and development, disease, and environmental influences on the body through a comprehensive and systematic analysis of metabolites in body fluids, tissues, or cells (Gong et al., 2017; Gika et al., 2019), which has been increasingly applied in exploring the mechanism of hepatotoxicity of herbal medicines (Duan et al., 2018). Zhaoyan Zhang et al. found that Polygoni Multiflori Radix extracts could cause liver damage by interfering with  $\alpha$ linolenic acid metabolism, taurine and taurine metabolism, glycerophospholipid metabolism, and primary bile acid biosynthetic pathways based on a metabolomic approach (Zhang et al., 2019). Yusha Luo et al. found that gardenia might cause liver injury by disrupting pyrimidine, purine, and amino acid metabolism and pantothenic acid and Coenzyme A biosynthesis through metabolomic methods (Luo et al., 2021). Applying metabolomics to study the hepatotoxicity of Epimedii Folium can help not only to clarify the toxicological characteristics of Epimedii Folium but also to reveal its potential mechanism.

In a previous study, we have found that Epimedium koreanum Nakai had more severe hepatotoxicity among several Epimedii Folium prescribed in the Chinese Pharmacopoeia, and its mechanism of hepatotoxicity was considered to be related to oxidative stress by experiments in vitro (Zhang L et al., 2020). However, the detailed mechanism of liver injury caused by Epimedium koreanum Nakai in vivo has not been elucidated. Based on the status of the prophase management research, we planned to study the mechanism of hepatotoxicity of Epimedium koreanum Nakai in this study by hepatotoxicity evaluation in vivo and nontargeted metabolomics method. The hepatotoxicity of Epimedium koreanum Nakai ethanol extract (EEE) was first investigated and validated by histopathological and biochemical methods, and the serum and liver samples were analyzed by untargeted metabolomics. Then, the differential metabolites of these samples were identified and screened using the UPLC-Q-TOF/MS technology platform and were analyzed to predict the pathways of EEE-induced liver injury in vivo. Subsequently, the mechanisms were investigated and analyzed by detecting key indicators in the pathway. This study could provide a reference for the safe utilization of Epimedii Folium in clinical practice.

## MATERIALS AND METHODS

## **Chemicals and Reagents**

Methanol and acetonitrile (UHPLC grade) were purchased from Fisher Chemical (Darmstadt, Germany). Ammonium acetate (70221) and sodium pentobarbital (P3761) were purchased from Sigma-Aldrich (St. Louis, Missouri, United States). Icaritin (110737-201516, purity >98%) and epimedin C (111780-201503, purity >98%) were purchased from the National Medical Products Administration (Beijing, China). Epimedin A (C15J3G1, purity >98%), epimedin B (C28S3G1, purity >98%), epimedin C (H16D5X1, purity >98%), and baohuoside I (H16D5X1, purity >98%) were purchased from Shanghai yuanye Bio-Technology Co., Ltd. (Shanghai, China). Alkaline phosphatase (ALP, AUZ8511), alanine transaminase (ALT, AUZ9151), aspartate aminotransferase (AST, AUZ9022), direct bilirubin (DBIL, AUZ9056), and total bilirubin (TBIL, AUZ8613) assay kits were purchased from Beckman Coulter (Suzhou, China). The malondialdehyde (MDA, M496) assay kit was purchased from Dongren Chemical Technology Co., Ltd. (Shanghai, China). The superoxide dismutase (SOD, S0101S) activity assay kit was purchased from Beyotime Biotechnology (Shanghai, China). Epimedium koreanum Nakai was obtained from the backup samples of previous experiments in our laboratory's herbal sample collection room (Zhang L et al., 2020).

EEE was produced by extracting dried *Epimedium koreanum* Nakai twice with 10 volumes of 70% ethanol-water (V/V), and the extract solution from both times was filtered and concentrated at 50 °C under negative pressure. The concentrates were freeze-dried to obtain a brown extract, and the ratio of the obtained extract from the original herb was 35.2%.

# Quality Assessment of *Epimedium koreanum* Nakai Ethanol Extract

To evaluate the quality of EEE, we determined the concentrations of the five main components in EEE using high-performance liquid chromatography (HPLC). Standard solutions preparation: a mixed standard solution of icaritin, epimedin C, epimedin A, epimedin B, epimedin C, and baohuoside I was prepared using 50% DMSO:  $H_2O$  solution with the concentrations of 11.1 µg/ml, 12.5 µg/ml, 22.9 µg/ml, 12.1 µg/ml, and 9.4 µg/ml for each compound.

Sample solution preparation: 0.5 g EEE was added into 100 ml 50% DMSO:  $H_2O$  solution (V/V) and sonicated for 30 min to dissolve fully. After cooling to room temperature, the solution was filtered using a 0.45  $\mu$ m membrane to obtain the sample solution.

The HPLC method used for the detection was described in the following way:  $C_{18}$  column (Platisil, 4.6 mm × 250 mm, 5 µm, Decima Technology Co., Ltd., Beijing, China). The mobile phase was acetonitrile (A): water (B), and the procedure of gradient elution was (time/A%): 0–25 min, 25%–27%; 25–45 min, 27%–49%; 45–65 min, 49%–81%. The chromatographic analysis was performed with the column temperature maintained at 25°C, mobile phase flow rate at 1 ml/min, detection wavelength at 277 nm, and sample injection volume of 10 µl.

## Animals Handling and Experimental Design

Male Sprague Dawley rats (180–200 g) were purchased from Beijing Vital River Laboratory Animal Technology Co., Ltd (license number SCXK-[jing] 2016–0011). The rats used for the experiments were housed at the Animal Experiment Center of Beijing University of Chinese Medicine, where room temperature was maintained at  $20 \pm 2^{\circ}$ C and humidity at 60–70%, and a 12-h light/dark cycle was maintained. Rats had free access to a standard diet and water throughout the experimental period. All rats were acclimatized to this environment for 4 days before the experiment.

After acclimatization, the experimental rats were randomly divided into control and EEE groups (n = 6, each group). EEE was processed as solutions with deionized water before being used. The EEE group was administered EEE solution at 2 g original herb/kg (0.704 g EEE/kg) for 28 days, in a volume of 1 ml/100 g, once a day. The dosage of EEE was based on our previous studies (Zhang et al., 2018). The control group was also given an equal amount of purified water. Throughout the experiment, all rats were unfettered access to water and food and were weighed every 7 days. On the 28th day, 2 h after the administration, the rats were anesthetized intraperitoneally with sodium pentobarbital, blood were collected from the abdominal aorta to prepare serum samples, and liver tissues were dissected and collected. The study protocol was carried out under the approval and supervision of the Center for Experimental Animal Welfare and Ethics of Beijing University of Traditional Chinese Medicine.

## **Serum Biochemical Analysis**

Blood from rats was collected in 5 ml Vacutainer tubes and then centrifuged for 15 min (1,500 g,  $4^{\circ}$ C) to collect the upper serum layer as serum samples. Liver injury was assessed by measuring

AST, ALT, ALP, DBIL, and TBIL in each rat serum sample using CX4 Pro automated biochemical analyzer (Beckman, Brea, CA, United States) according to the manufacturer's instructions.

## Organ Weight and Histopathological Assessment

After dissection, the livers and brains of the rats were immediately harvested and weighed after washing with normal saline and wiping dry. Part of rat liver tissue was fixed with 10% neutral formalin for 48–72 h, dehydrated, embedded in paraffin, sectioned, stained with hematoxylin and eosin (H&E), and the pathological changes of liver tissues were observed under the microscope. The remaining livers were kept at  $-80^{\circ}$ C for metabolomics, western blot, MDA, and SOD analysis.

## Preparation of Liver and Serum Metabolisms Samples

In addition to using for histopathological assessment, the rest of the liver tissues were immediately frozen in liquid nitrogen and stored at -80 °C. For UPLC-Q-TOF/MS analysis, liver tissues were cut on dry ice, and 100 mg were weighed precisely into Eppendorf tubes (2 ml) with 1 ml of pre-chilled methanol: acetonitrile: water (2:2:1, v/v), which were homogenized and broken by a homogenizer. The homogenate was centrifuged for 15 min (14,000 g, 4°C), and 900 µl of supernatant from each tube was placed in a new Eppendorf tube and dried in a vacuum centrifuge as the test sample. The samples were redissolved in 100 µl of acetonitrile/water (1:1, v/v) solvent for UPLC-Q-TOF/MS analysis.

The rest of the serum samples were aspirated and placed in Eppendorf tubes (2 ml) frozen in liquid nitrogen and stored at  $-80^{\circ}$ C. For UPLC-Q-TOF/MS analysis, serum samples were slowly thawed at 4°C, and 100 µl aliquots were vortexed with 400 µl cold methanol/acetonitrile (1:1, v/v) incubating at  $-20^{\circ}$ C for 30 min to remove proteins. The mixture was centrifuged for 15 min (14,000 g, 4°C), and 400 µl of supernatant from each tube was placed in a new tube and dried under a vacuum. The samples were redissolved in 100 µl of acetonitrile/water (1:1, v/v) solvent for UPLC-Q-TOF/MS analysis.

## **UPLC-Q-TOF/MS** Analysis

Samples were analyzed using UPLC (1,290 Infinity LC, Agilent Technologies) coupled with quadrupole time-of-flight (AB Sciex Triple TOF 6600). For HILIC separation, a 2.1 mm × 100 mm ACQUIY UPLC BEH 1.7  $\mu$ m column (Waters, Ireland) was used. In the positive and negative ESI modes, the mobile phases contained 25 mM ammonium acetate and 25 mM ammonium hydroxide aqueous solution (A) and acetonitrile (B). The gradient elution procedure was as follows (time/B): 0–0.5 min, 95%; 0.5–7 min, 95%–65%; 7–8 min, 65%–40%; 8–9 min, 40%; 9–9.1 min, 40%–95%; 9.1–12 min, 95%. The samples were placed in a 4°C autosampler throughout the analysis. To avoid the effects of fluctuations in the instrument detection signal, samples were analyzed continuously in random order. QC samples were inserted in the sample queue to monitor and

evaluate the stability of the system and the reliability of the experimental data. The gradient flow rate was 0.3 ml/min, and the column temperature was kept constant at 25°C. A 2  $\mu l$  aliquot of each sample was injected.

For mass spectrum (MS) analysis, the AB Triple TOF 6600 mass spectrometer was used for the acquisition of primary and secondary spectra of the samples. The ESI source conditions after BEH Amide chromatographic separation were as follows: Ion Source Gas1 (Gas1): 60, Ion Source Gas2 (Gas2). 60, Curtain gas (CUR): 30, source temperature: 600°C, IonSapary Voltage Floating (ISVF) ± 5500 V (positive and negative modes); TOF MS scan m/z range: 60-1,000 Da, product ion scan m/z range: 60-1,000 Da, product ion scan m/z range: 25-1,000 Da, TOF MS scan accumulation time 0.20 s/spectra, product ion scan accumulation time 0.05 s/spectra; secondary mass spectra were obtained using information. The secondary mass spectra were acquired using information-dependent acquisition (IDA) and high sensitivity mode, Declustering potential (DP): ±60 V (positive and negative modes), Collision Energy: 35 ± 15 eV, IDA settings as follows Exclude isotopes within 4 Da, Candidate ions to monitor per cycle: 10.

## **Data Extraction and Multivariate Analysis**

Raw data of UPLC-Q-TOF/MS in Wiff format were converted to mzXML format using ProteoWizard, and then XCMS software was used for peak alignment, retention time correction, and extraction of peak areas. In the extracted ion features, only those with more than 50% of non-zero measurements were retained. Compound identification of metabolites was performed by comparing accurate m/z values (<10 ppm) and MS/MS spectra with an inhouse database built from available authentic standards.

After normalizing the processed data to the total peak intensity, preto-scale principal component analysis (PCA) and orthogonal partial least squares discriminant analysis (OPLS-DA) multivariate data analysis were performed using the R package (ropls) (Thévenot et al., 2015).

## Metabolic Pathways Analysis and Metabolic Fingerprints Identification

Metabolites obtained from metabolome analysis, with VIP >1 in the OPLS-DA analysis, were further applied to Student's t-test. Metabolites, that *p*-value < 0.05 and VIP >1, were selected as candidate biomarkers. Pathway analysis of candidate biomarkers was performed using MetaboAnalyst 5.0. The predictive performance of potential biomarkers for liver toxicity was analyzed using receiver operating characteristic curves (ROC) to establish metabolic fingerprints.

## Western Blotting, MDA, and SOD Analysis

Liver tissue, which was kept at  $-80^{\circ}$ C for western blotting, was cut on dry ice, an appropriate amount of liver tissue was weighed, RIPA protein extract was added, and then fully disrupted with a tissue homogenizer, and then placed on ice for 10 min. Then the supernatant was collected by centrifugation (14,000 g, 4°C) for 30 min. The protein concentration was assessed by using the BCA protein assay kit. Electrophoresis was performed by using

10% sodium dodecyl sulphate polyacrylamide gel electrophoresis (SDS-PAGE) to separate the proteins. After electrophoresis, proteins were transferred onto polyvinylidene fluoride (PVDF) membranes using a semi-dry method. The PVDF membranes were immersed in 5% TBST skim milk powder solution for 60 min at room temperature for non-specific closure. Then the PVDF membranes were then incubated for 12 h at 4 °C with the following primary antibodies: anti-GPX4 antibody (ab125066, Abcam, Cambridge, UK; 1:20,000), anti-ACSL4 antibody (ab155282, Abcam; 1:10,000), anti-System x<sub>c</sub><sup>-</sup> antibody (ab175186, Abcam; 1:20,000), anti GAPDH antibody (ab9485, Abcam; 1:5,000). After the primary antibody incubation was completed, the PVDF membrane was washed 3 times with TBST, then incubated with hrp-labeled secondary antibody for 1 h at room temperature, and then the PVDF membrane was washed three times with TBST, 5 min each time. Add ECL-plus chemistry and incubate. The film was exposed using an Amersham Imager 680 blot and gel imager, and the grayscale values of the protein bands were analyzed. MDA content in rat liver tissue was assayed according to the manufacturer's instructions, as well as SOD activity.

## **Statistical Analysis**

Experimental data were expressed as mean  $\pm$  standard deviation (SD), and statistical analysis of data was performed using GraphPad Prism software (version 8.0). *p*-values of <0.05 (\*), <0.01 (\*\*) were adopted for statistical significance. Bodyweight, liver weight, liver/brain weight ratio, liver/body weight ratio, AST, ALP, TBIL, SOD, MDA, and Western blot data were analyzed using Student's t-test. All mass spectrometry data were processed by XCMS for peak alignment, retention time correction, and extraction of peak areas. The intensity of each ion was normalized according to the total ion count. PCA and OPLS-DA were performed using the R package (ropls). Pathway analysis was performed based on MetaboAnalyst 5.0.

## RESULTS

## Major Compounds Concentrations Analysis

To ensure the reproducibility and accuracy of the experimental procedure, it is important to evaluate the quality of EEE. Five major components (epimedin A, epimedin B, epimedin C, icaritin, and baohuoside I) in EEE were selected as quality control indicators, and the concentrations of these key compounds in EEE were determined by HPLC. The concentrations of epimedin A, epimedin B, epimedin C, icaritin, and baohuoside I in EEE were 4.5, 7.3, 4.3, 31.8, 6.8 mg/g, respectively. The results are presented in **Figure 1**.

# Toxic Performances of EEE-Induced Liver Injury in Rats

In this study, the body weight, organ weights, serum biochemical parameters, and liver pathology of rats after 28 days of exposure were analyzed to clarify the hepatotoxicity of EEE. Our results showed a gradual increase in body weight of rats in the control and EEE groups during the dosing period; after 28 days of exposure, the body weight



main components in EEE.

of rats in the EEE group was significantly higher than that in the control group (p = 0.0157) (**Figure 2A**). The liver weight, liver/brain weight ratio, and liver/body weight ratio of rats were significantly higher after EEE exposure compared with the control group (p = 0.006, 0.008, and 0.0322) (**Figure 2B**). The results of serum biochemical indexes showed that AST, ALP, and TBIL were significantly higher in rats after treatment with EEE (p = 0.01, 0.0345, and 0.018) (**Figure 2C**). H&E staining analysis of liver sections showed no significant histopathological damage in the control group (**Figure 2D**). In the EEE group, liver sections

showed significant histopathological changes, including visible swelling, hepatocyte steatosis, and severe cytoplasmic vacuolation (Figure 2D).

## Liver and Serum Metabolomic Profile Analysis of EEE-Induced Liver Injury

The overall metabolic profiles of liver tissues and serum samples in the control and EEE groups were obtained by UPLC-Q-TOF/ MS in positive and negative ionization modes, respectively. The



**FIGURE 2** | The phenotype of EEE-induced liver injury in rats. (A) The EEE-induced phenotype of rat liver injury. The rats were randomly divided into the following two groups: a normal control group of rats (Control); a group of rats exposed to EEE (EEE). Results are presented as mean  $\pm$  SD in rats, and significant differences are indicated (\*P < 0.05, \*\* $P \le 0.01$  vs. Control group, n = 6). (A) Bodyweight of rats during EEE exposure. (B) liver weight, liver/brain weight ratio, and liver/body weight ratio after 28 days of exposure. (C) Serum levels of AST, ALP, and TBIL were determined after 28 days of exposure. (D) Histopathological damage of rat liver was assessed by HE staining, +200 magnification).

score plots of PCA analysis based on the data in positive and negative ion mode were shown in **Figures 3A–F**. The QC samples were tightly aggregated in the scoring plots for liver, serum positive ion, and negative ion modes, which indicated the stability of the UPLC-Q-TOF/MS system throughout the analysis process and ensured the reliability and accuracy of the results. In the PCA model of liver and serum positive and negative ion assay results, a clear trend of separation was shown between the control and EEE groups (**Figures 3A,D**). This indicated that the liver and serum metabolic profiles of rats in the EEE administration group were quite different from the control group.

For further screening of differential metabolites in the liver and serum of rats after EEE exposure, the data were first analyzed by applying supervised statistical methods of OPLS-DA and S-plot. The OPLS-DA results (Figures 3B,C,E,F) showed significant separation between liver tissue and serum in the control and EEE groups. In the S-plots (Figures 3B,C,E,F), metabolites were considered to make a significant contribution to the clustering and identification between two groups when the variable VIP value  $\geq 1$  and |P| (corr) value  $\geq 0.5$ . Then the metabolomics data were further analyzed by using the student's t-test. Liver and serum differential metabolites that changed significantly between the control and EEE groups were screened according to VIP >1 and P< 0.05. The previously screened differential metabolites were identified by accurate mass-to-charge ratios, and the true mass error was limited to 10 ppm. The structures of the identified metabolites were analyzed and validated, and exogenous metabolites such as pharmaceuticals were removed. Finally, 78 endogenous differential metabolites were obtained in the liver, of which 40 were up-regulated and 38 down-regulated. 50 endogenous differential metabolites were obtained in serum, of which 28 were up-regulated, and 22 were down-regulated (Figure 3G). The m/z, retention time, and structural formulae of liver and serum differential metabolites were listed in Supplementary Tables S1 and S2. Cluster analysis and heatmap were performed for 78 liver differential metabolites, 50 serum differential metabolites, respectively. The results showed that the 78 liver differential metabolites and 50 serum differential metabolites could effectively distinguish the control group from the EEE group (Figures 3I, J).

# The Metabolite Fingerprint of EEE-Induced Liver Injury

Herb-induced liver injury is insidious, so screening for appropriate serum metabolic fingerprints can help establish an early warning method to avoid liver injury. It was found that 14 differential metabolites were significantly different in both liver and serum after EEE exposure (Figure 3H). Among the 14 shared differential metabolites, 12 showed consistent changes in liver and serum (Figures 4A,B). Among them, glutathione (GSH), sphingomyelin, cholic acid, deoxycholic acid, N-acetylhistamine, and phenylacetylglycine were significantly decreased in liver and serum after EEE exposure. Flavin mononucleotide (FMN), L-tryptophan, fumaric acid, N-acetylornithine, hippuric acid, and lumichrome were significantly increased in liver and serum after EEE exposure. ROC curves were used to analyze the predictive performance of 14 differential metabolites for liver injury, and the top 4 differential metabolites with AUC values in liver and serum were selected to plot ROC curves (Figures 4C-F).



FIGURE 3 | Metabolomic analysis of rats after EEE exposure. (A–C) Metabolomic analysis of rat liver tissues. PCA scores (A), OPLS-DA scores (B), and S-plot (C) of different groups in liver tissues under positive and negative ESI mode. (D–F) Metabolomic analysis of rat serum. PCA scores (D), OPLS-DA scores (E), and S-plot (F) of different groups in serum with positive and negative ESI patterns. (G) Liver and serum metabolite profiles between normal and EEE rats. (H) Shared and unique amounts of liver and serum metabolites were also visualized in the Venn diagram between normal and EEE group rats. (I) Heat map of 78 metabolites significantly altered in the liver, clustered in the normal EEE group. The colors from blue to red indicate the relative amounts of metabolites. (J) Heat map of 50 metabolites significantly altered in serum, clustered in the normal, EEE group. The colors from blue to red indicate the relative content of metabolites.



In the liver, three metabolites' AUC values > 0.9, including FMN, deoxycholic acid, and sphingomyelin. In serum, six metabolites' AUC values > 0.9, including FMN, phenylacetylglycine, GSH, L-tryptophan, sphingomyelin, and anserine. Among them, the AUC values of FMN and sphingomyelin were greater than 0.9 in both liver and serum, which could be used as potential biomarkers of EEE hepatotoxicity.

# Pathway Enrichment and Mechanisms Analysis

To further analyze the effect of EEE exposure on metabolic pathways, the obtained differential metabolites in liver and serum were submitted into MetaboAnalyst 5.0 for KEGG pathway analysis, and the results revealed that the differential metabolites in liver and serum were respectively enriched to 71 and 64 pathways, of which 49 pathways were shared (Figure 5A). According to the KEGG pathway classification, 49 shared pathways are mainly involved in amino acid metabolism, lipid metabolism, digestive system, carbohydrate metabolism, metabolism of cofactors and vitamins, cell growth and death, etc. (Figure 5B). The disturbances of alanine, aspartate and glutamate metabolism, phenylalanine metabolism, arginine biosynthesis, tryptophan metabolism, and glutathione metabolism were observed in amino acid metabolism, disturbances in primary bile acid biosynthesis and sphingolipid metabolism were observed in lipid metabolism, and the disturbances in tricarboxylic citrate cycle, pentose phosphate pathway, and pyruvate metabolism were observed in carbohydrate metabolism. For the digestive system, disturbances in bile secretion, cholesterol metabolism, and other pathways were observed. In addition to the disruptions of thiamine metabolism, riboflavin metabolism, vitamin B6 metabolism, and ferroptosis and necroptosis pathways were observed (**Figure 5C**).

The KEGG enrichment results were imported into Cytoscape software to construct the KEGG pathways-metabolites network (**Figure 5D**), it was found that EEE could broadly affect amino acid and lipid metabolism in rats, mainly including primary bile acid biosynthesis, sphingolipid metabolism, bile secretion, cholesterol metabolism, and glutathione metabolism. These pathways are mainly involved in the metabolism of glutathione and the biosynthesis of unsaturated fatty acids. Among these pathways, studies have shown that glutathione metabolism, cholesterol metabolism, and sphingolipid metabolism are closely related to ferroptosis (Agmon and Stockwell, 2017; Stockwell et al., 2020; Liu et al., 2021). Also, the key differential metabolites of GSH, FMN, fumaric acid, etc. in these pathways have important roles in ferroptosis (Ursini and Maiorino, 2020; Wang H et al., 2020; Vabulas, 2021).



pathways for liver and serum differential metabolites. (B) Cleveland dot plots show the categories of 49 metabolic pathways shared by liver and serum. (C) Sankey diagrams show the relationship of 14 metabolites shared by the liver and serum with key metabolic pathways. (D) Network of liver and serum differential metabolites in relation to the KEGG pathway.

Combining the above metabolic pathway analysis, the hypothesis was proposed that EEE caused liver injury by inducing ferroptosis.

# EEE-Induced Liver Injury Associated With Ferroptosis

To verify whether EEE causes liver injury by inducing ferroptosis in the liver of rats, the typical indicators related to ferroptosis were examined, including the lipid peroxidation marker (MDA), intracellular major antioxidant activity enzyme (SOD), ferroptosis inhibitory protein (GPX4), System  $x_c^-$ , ferroptosispromoting protein (ACSL4). The results showed that EEE exposure could significantly increase MDA content and significantly lower SOD activity in rat liver (P = 0.0147, 0.0084) (**Figures 6A,B**). In addition, the results of the Western blot assay showed that EEE exposure significantly decreased the protein expression of glutathione peroxidase 4 (GPX4), System  $x_c^-$ , while the expression of ACSL4 protein significantly increased (P = 0.0066, 0.0155, 0.0071) (Figures 6C–F). Taken together, these results supported that liver injury in rats after EEE exposure could be strongly associated with ferroptosis.

# DISCUSSION

The factors contributing to liver toxicity with herbal medicines are complex, and studying their mechanisms is a great challenge. Liver plays a crucial role in the metabolism, detoxification, and excretion of exogenous chemicals (Sun et al., 2021). When herbal medicines enter the body, they undergo metabolic reactions, and endogenous small molecules change over time as they are metabolized, and these changes in endogenous small molecules may induce liver injury (Liu et al., 2016). Metabolomics is used to characterize changes in the organism in response to external factors by detecting small molecules at the most downstream level



**FIGURE 6** Changes of ferroptosis markers in rat liver after EEE exposure. (A) The MDA contents were significantly higher than in the control group. (B) The SOD activity was significantly lower than the control group. (C) The protein content of GPX4, System  $x_c^{-1}$  and ACSL4 in the liver was detected by immunoblotting. Results are presented as mean  $\pm$  SD in rats, and significant differences are indicated (\*p < 0.05, \*\*p < 0.01 vs. Control group, n = 6). (D) After EEE exposure, the expression of GPX4 protein was significantly lower than in the control group. (E) After EEE exposure, the expression of System  $x_c^{-1}$  protein was significantly lower than in the control group. (F) After EEE exposure, the expression of ACSL4 protein was significantly higher than in the control group. (G) Mechanism of EEE-induced liver injury by triggering ferroptosis based on metabolomic analysis.

of the system biology (Cuykx et al., 2018). This makes metabolomics fingerprinting very sensitive, and even small external factors may induce changes. Metabolomics allows systematic filtering of the metabolic change patterns of the body through the analysis of endogenous metabolites (Wang et al., 2011). And metabolomics helps to identify potential biomarkers and disordered metabolic pathways by comparing metabolic profiles in normal and toxic states, thus elucidating possible mechanisms (Chen et al., 2020). In this study, the hepatotoxicity of EEE in rats was evaluated, and the relevant mechanisms were explored.

Our results showed that the liver weight, liver/body weight ratio, and liver/brain weight ratio of EEE-exposed rats were significantly higher than those of the control group (Figures **2A,B**). This demonstrated the toxic effects of EEE on the liver. Serum biochemical parameters are the most commonly used markers of liver function (Green and Flamm, 2002). In our experiments, AST, ALP, and TBIL in the serum of rats exposed to EEE were significantly altered compared with control rats (Figure 2C). Pathology of the liver by microscopy revealed severe cytoplasmic vacuolation in liver cells of rats in the EEE group. Organ weight is one of the most sensitive toxicity indicators, and changes are often earlier or more severe than changes in histopathology or serum indicators (Piao et al., 2013); our results showed that the differences in the indicators such as liver weight, liver/body weight ratio, and liver/brain weight ratio of rats were more obvious than serum biochemical indicators such as AST, ALP, this suggested that the effects of EEE on the liver itself predate the changes in blood biochemistry. These results suggested that EEE might have caused significant damage to the rat liver; how EEE induces these pathological changes requires further investigation.

A metabolomic approach was applied to explore the mechanism of EEE-induced liver injury. The results revealed that EEE exposure led to extensive differences in the metabolism of serum and liver in rats. In-depth analysis revealed that 14 identical endogenous metabolites in serum and liver were significantly different from the normal group after EEE exposure and could serve as metabolic fingerprints for EEE-induced liver injury. Among them, FMN and sphingomyelin had AUC values greater than 0.9 in both liver and serum by ROC analysis and could be used to predict hepatotoxicity of EEE. And the subsequent analysis showed that FMN and sphingomyelin had an important role in the mechanism of EEE-induced liver injury.

The KEGG pathway enrichment analysis was performed on differential metabolites to deeply analyze the mechanism of liver injury caused by EEE. The enrichment results showed that EEE exposure had a great effect on amino acid metabolism, lipid metabolism pathways, especially on primary bile acid biosynthesis, sphingolipid metabolism, bile secretion, cholesterol metabolism, glutathione metabolism, and other pathways related to glutathione metabolism and unsaturated fatty acid biosynthesis metabolism have greater interference (Figures 5A-C). Extensive studies have shown that unsaturated fatty acid peroxidation due to abnormal glutathione metabolism is one of the typical features of ferroptosis (Xie et al., 2016; Doll et al., 2019; Li et al., 2020) (Figure 5D). Ferroptosis is a new type of cell death discovered in recent years, and the process of cell death is usually accompanied by massive iron accumulation and lipid peroxidation (Chen et al., 2021). Increased lipid peroxide content is an important marker for the development of ferroptosis. MDA is one of the degradation products of polyunsaturated fatty acid peroxides, and MDA increases significantly when ferroptosis occurs (Tang et al., 2021). Superoxide dismutase (SOD) is widely found in human tissues and is an important antioxidant that plays an important role in maintaining the redox balance of cells (Rosa et al., 2021). Our previous study found that EEE significantly enhanced reactive oxygen species (ROS) levels, decreased GSH levels, and promoted MDA production in HL7702 and HepG2 cells in vitro (Zhang L et al., 2020). Based on these results, we hypothesize that ferroptosis may be the key to EEE-induced liver injury.

The related markers were analyzed to confirm the conjecture that EEE causes ferroptosis; the results of metabolomic showed that GSH in the liver and serum of rats was significantly reduced after EEE exposure (Figures 4A,B). Meanwhile, the SOD activity in liver tissues was significantly decreased, and the level of MDA was significantly increased (Figures 6A,B). Among them, the changes in GSH and MDA were consistent with the results of our previously published in vitro experiments. In addition, the metabolomic analysis revealed significantly higher levels of fumaric acid in liver tissue and serum of rats in the EEE group (Figures 4A,B). It has been found that glutathione succinate (GSF), the covalently bound product of fumaric acid and glutathione, is a substrate for glutathione reductase and can enhance ROS production by consuming NADPH(Sullivan et al., 2013). This finding is consistent with the in vitro results that ROS levels were significantly increased in HL7702 and HepG2 cells after EEE incubation. In conclusion, the above results demonstrated that EEE induced ferroptosis in rat liver by disrupting redox balance.

Ferroptosis initiation and execution are tightly controlled by iron, lipid, amino acid, and glutathione metabolism; the results of metabolomic showed that amino acid and glutathione metabolic pathways were extensively affected in rat liver after EEE exposure (Figure 5B), the cystine/glutamate transporter (System  $x_c^{-}$ ) is involved in this procedure and plays an important part in the process (Koppula et al., 2018). The System x<sub>c</sub><sup>-</sup> is an amino acid antiporter, a transmembrane structure formed by light solute carrier family 7 member 11 and Solute Carrier Family 3 Member 2 (Liu et al., 2020). The System  $x_c^-$  is primarily responsible for pumping intracellular glutamate out of the cell in exchange for extracellular cysteine (Koppula et al., 2021). Cystine entering the cell is converted to cysteine, which is then combined with glutamate and glycine to synthesize the endogenous antioxidant GSH (Lu, 2009), GSH is a tripeptide antioxidant and a cofactor of selenium-dependent GPX4 in reducing lipid peroxidation, reduced GSH synthesis can indirectly inactivate GPX4, lead to the bioaccumulation of intracellular ROS and cause lipid peroxidation (Dixon et al., 2012). GPX4, a member of the GPX family, is the only enzyme, which reduces phospholipid hydrogen peroxide and plays an essential role in maintaining

redox homeostasis in cells, GPX4 limits the propagation of lipid peroxidation in membranes by reducing toxic lipid peroxides (L-OOH) to non-toxic lipid alcohols (L-OH), which in turn prevents ferroptosis (Forcina and Dixon, 2019). Thus, ferroptosis is irreversible when oxidative damage leads to a large production of lipid peroxides or when excessive depletion of GSH leads to a decrease in GPX4 activity (Yang and Stockwell, 2016). Recent studies have shown that inhibition of the System  $x_c^{-}$ , which reduces the uptake of cystine, impairs the antioxidant defense system of cells and eventually leads to ferroptosis (Dixon et al., 2014). It was also found that overexpression of GPX4 in cells caused resistance to ferroptosis, while knockdown of GPX4 promoted ferroptosis (Bersuker et al., 2019). Therefore, with reduced GPX4, System x<sub>c</sub><sup>-</sup> expression is a key marker of ferroptosis. In our experiments, the expression of System xc and GPX4 in rat liver was significantly reduced after EEE exposure (Figures 6D,E), which is one of the pieces of evidence confirming that EEE might induce ferroptosis. Iron-catalyzed excessive peroxidation of phospholipids (PLs) containing polyunsaturated fatty acids (PUFAs) is a major feature of ferroptosis, and these phospholipids are abundant in mammalian cell membranes (Tang et al., 2021).

The results of metabolomic showed that fatty acid metabolism pathways such as the Primary bile acid biosynthesis pathway and sphingolipid metabolism pathway in rat livers were extensively affected after EEE exposure (**Figure 5B**, **Figure 6G**). The study revealed through lipidomic analysis that Acyl-CoA Synthetase Long Chain Family Member 4 (ACSL4) could have an essential role in ferroptosis by regulating the metabolism of lipid components (Doll et al., 2017). Several studies have identified ACSL4 as a key factor in determining ferroptosis sensitivity (Yuan et al., 2016; Doll et al., 2017; Kagan et al., 2017). A significant increase in ACSL4 expression in rat liver tissue after exposure to EEE was observed (**Figures 6C,F**). Therefore, based on the above results, we infer that EEE may induce hepatic lipid metabolism disturbance and promote ferroptosis by upregulating ACSL4.

In addition, interestingly, FMN, sphingomyelin, which had AUC values greater than 0.9 in both liver and serum, also had an important role in ferroptosis. Among them, FMN is a biomolecule produced by riboflavin (vitamin B2) through riboflavin kinase, which is an auxiliary group of various oxidoreductases (such as NADH dehydrogenase) (Akasov et al., 2019). FMN is a more potent oxidant than Nicotinamide adenine dinucleotide (NAD) and enhances the ability of cytochrome P450 oxidoreductase (POR) to autooxidize and produce ROS, and promotes PUFAs peroxidation to induce ferroptosis (Esteves et al., 2020; Yan et al., 2021). Sphingolipids are significant components of animal plasma membranes; some studies have found that it may act as a "biophysical antioxidant" by changing the oxidation rate of PUFA, limiting the propagation of the lipid peroxidation process, and thereby reducing ferroptosis (Coliva et al., 2020; Aldrovandi et al., 2021). Our experiments revealed that the content of FMN in the liver and serum was significantly increased, and the content of sphingomyelin was significantly

decreased after EEE exposure (Figures 4A,B). These also indicated that EEE exposure resulted in severe redox derangements in rat liver, leading to the development of lipid peroxidation, which in turn caused ferroptosis in hepatocytes.

Some researchers have found that GPX4 and GSH, which have important regulatory roles in ferroptosis, may have inhibitory effects on NLRP3 inflammasome activation (Wang et al., 2019; Zhang et al., 2021). In our study, it was also found that GPX4 and GSH decreased after EEE administration, which could not only induce ferroptosis in liver cells to produce direct toxicity, but also lead to non-specific liver injury by activating the NLRP3 inflammasome. According to literature reports, not only EEE can cause direct liver injury, but its main components such as icariside I and icariside II can also induce idiosyncratic liver injury (IDILI) by activating the NLRP3 inflammasome (Wang Z et al., 2020; Gao et al., 2021). In addition, in the KEGG pathway analysis, we found that metabolic disturbance caused by EEE might also cause necroptosis in hepatocytes. Necroptosis is a way of programmed cell death mediated by inflammation (Dhuriya and Sharma, 2018). NLRP3 inflammasome activation often leads to necroptosis in cells (Huang et al., 2021). In addition, studies have found that GPX4 is not only an inhibitor of ferroptosis, but also plays an important role in inhibiting necroptosis (Canli et al., 2016). At the same time, some studies have found that the redox homeostasis of cells also plays an important role in necroptosis (Florean et al., 2019; Zhang Y et al., 2020; Li et al., 2021). Decreased GSH and SOD levels lead to increased oxidative stress in cells, which can induce necroptosis in cells (Xie et al., 2015). Taken together, EEE exposure caused a severe imbalance in redox homeostasis in the rat organism, induced ferroptosis in hepatocytes, and activated inflammatory pathways promoting necroptosis. As for the relationship between EEE and IDILI, we expected to have some new findings in further research. In combination, we found that the liver injury caused by EEE exposure might be related to the extensive disruption of amino acid metabolism, glutathione metabolism, and lipid metabolism in rat liver, and the regulation of the expression of key ferroptosis proteins such as GPX4, System x<sub>c</sub><sup>-</sup>, and ACSL4, resulting in the decrease of antioxidant active substances such as GSH, sphingomyelin and SOD, and the increase of pro-oxidant active substances such as FMN and ROS, which disrupt the redox balance in the liver and promote lipid peroxidation (increased MDA content), causing ferroptosis (Figure 6G).

## CONCLUSION

In conclusion, our study confirmed that EEE could induce liver injury in rats, and its hepatotoxicity mechanism was related to the induction of ferroptosis in hepatocytes. During the performance of metabolic profiling of rat liver and serum, we found the metabolic difference and screened two differential metabolites (FMN, SM) shared by liver and serum as potential biomarkers for EEE-induced liver injury (ROC AUC >0.9). By analyzing the differential metabolites and enrichment pathways, the results suggested that EEE might induce liver injury by disrupting the redox homeostasis of rat liver tissue inducing ferroptosis. This finding was confirmed by the expression of ferroptosis marker proteins GPX4, System  $x_c^-$ , ACSL4, as well as SOD activity and MDA content in the liver. These results provided a theoretical basis for further research on the mechanism of EEE-induced liver injury. However, there were some limitations in this study. The current experimental results did not fully uncover the mechanism of *Epimedium koreanum* Nakai hepatotoxicity, and the main components responsible for hepatotoxicity had not been clarified, which needed further exploration and research.

## DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**; further inquiries can be directed to the corresponding authors.

## ETHICS STATEMENT

The animal study was reviewed and approved by the Center for Experimental Animal Welfare and Ethics of Beijing University of Traditional Chinese Medicine.

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## **AUTHOR CONTRIBUTIONS**

LZ, TW designed and supervised the research. PL, CC participated in the animal experiments. CC, ZG, QK, XL, QM, and YH took part in collecting tissue samples at the end of the experiment. JZ performed the pathological data analysis. LZ, PL performed the data analysis for metabolomics. LZ, PL prepared the manuscript draft. LZ and TW revised the manuscript and provided extensive discussions. All authors participated in the discussions and editing of the manuscript.

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## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphar.2022.934057/full#supplementary-material

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# Biotransformation, Pharmacokinetics, and Pharmacological Activities of Ginsenoside Rd Against Multiple Diseases

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Li J, Huang Q, Yao Y, Ji P, Mingyao E, Chen J, Zhang Z, Qi H, Liu J, Chen Z, Zhao D, Zhou L and Li X (2022) Biotransformation, Pharmacokinetics, and Pharmacological Activities of Ginsenoside Rd Against Multiple Diseases. Front. Pharmacol. 13:909363. doi: 10.3389/fphar.2022.909363 *Panax ginseng* C.A. Mey. has a history of more than 4000 years and is widely used in Asian countries. Modern pharmacological studies have proved that ginsenosides and their compounds have a variety of significant biological activities on specific diseases, including neurodegenerative diseases, certain types of cancer, gastrointestinal disease, and metabolic diseases, in which most of the interest has focused on ginsenoside Rd. The evidentiary basis showed that ginsenoside Rd ameliorates ischemic stroke, nerve injury, cancer, and other diseases involved in apoptosis, inflammation, oxidative stress, mitochondrial damage, and autophagy. In this review, we summarized available reports on the molecular biological mechanisms of ginsenoside Rd in neurological diseases, cancer, metabolic diseases, and other diseases. We also discussed the main biotransformation pathways of ginsenoside Rd obtained by fermentation.

Keywords: Panax ginseng C.A. Mey., ginsenoside Rd, biotransformation, pharmacokinetics, molecular mechanisms

## HIGHLIGHTS

- 1) Approximately 120 studies on the use of ginsenoside Rd for the treatment of multiple diseases have been published.
- 2) This is the first review to report about the biotransformation, pharmacokinetics, and pharmacological effects of ginsenoside Rd.
- 3) The potential pharmacological mechanisms of ginsenoside Rd have been documented.
- 4) No specific reviews have been conducted by now.

# INTRODUCTION

*Panax ginseng* C.A. Mey. is a well-known herbal medicine widely used in China, Korea, Japan, and other East Asian countries. At present, the ginseng root and its extract are the most widely used herbal medicine. Modern pharmacological studies have proved that ginsenosides are the main active ingredient of ginseng and have a wide range of pharmacological effects, such as anti-inflammatory

Ginsenoside Rd

**Multiple cancers** 

**Mitochondrial dysfunction** 

Li et al.

(Xu et al., 2021; Yi, 2021), anticancer (Zhang et al., 2021a), and anti-viral (Kang et al., 2021), regulate immunity (Kang et al., 2021), metabolism (Wang et al., 2021a), and improve cardiovascular system (Wang et al., 2021b; Sarhene et al., 2021) and nervous system (Brioschi Guevara et al., 2021) function, whereas most attention has been focused on the ginsenoside Rd.

**Ischemic stroke** 

GRAPHICAL ABSTRACT |

Biotransformation

**Inflammation factors** 

Other nervous system

diseases

PPD-type ginsenosides

**Apoptotic cells** 

Ginsenoside Rd, a natural compound extracted from the root of *Panax ginseng* C.A. Mey., is one of the protopanaxadiol (PPD)type ginsenosides, while the proportion of ginsenoside Rd in ginseng is very low (Liu et al., 2020a). Interestingly, the promising effects of the pretreatment and treatment of ginsenoside Rd on neurological diseases, cancer, gastrointestinal disease, and metabolic diseases have been studied extensively in *in vivo* and *in vitro* models (Guo et al., 2021; Chen et al., 2022; Zhou et al., 2022).

Existing studies related to ginsenoside Rd have shown that various ginsenosides, such as Rb1, Rb2, and Rc, can be transformed into ginsenoside Rd after absorption and

metabolism *in vivo* (Park et al., 2010; Shin and Oh, 2016). In addition, Rd can be prepared in a variety of ways based on the indepth study of biotransformation and the development of modern fermentation technology (He et al., 2019). Based on the above results, we summarized the biotransformation process of other ginsenosides into Rd, thereby hoping to play a positive role in the large-scale industrial production of Rd. In this study, the biotransformation sources, pharmacokinetics, pharmacological effects, and molecular mechanisms of ginsenoside Rd on various systemic diseases in recent years were reviewed, and their therapeutic potential was discussed.

Gastric and gut diseases

Metabolic diseases Other diseases

# BIOTRANSFORMATION OF GINSENOSIDE RD

Multiple studies have confirmed that ginsenosides can be transformed into ginsenoside Rd using enzymes and bacterial communities and can promote the transformation of ginsenoside

TABLE 1	Summary of	of the	biotransformation	of	ainsenoside Rd.
	Continuou y		biotrarioronniacion	0.	ginoonoonao ma.

References	Conversion	Source	Enzyme	Optimal conditions	Conversion ratio (%)
Akter and Huq, (2018)	Rb1 to Rd	Paenibacillus	MAH-16T	рН 5.0-7.0, 20-40°С	
Fang et al. (2020) Renchinkhand et al.	Rb1 to Rd Rb1 to Rd	Dekkera anomala YAE-1	Pectinase β-glucosidase	pH 6, 52.5°C pH 5.0, 40°C, 48 h	46.15
(2020) Renchinkhand et al. (2017)	Rb1 to Rd	Paenibacillus sp. MBT213	β-glucosidase	pH7.0, 35°C, 14 days	
Hong et al. (2012) Quan et al. (2011)	Rb1 to Rd Rb1 to XVII、Rd to F2 to CK	Flavobacterium johnsoniae Leuconostoc mesenteroides DC102	β-glucosidase Glucosidase	pH 6.0, 37°C pH6.0–8.0, 30°C, 72 h	
Zhong et al. (2016) Feng et al. (2016)	Rb1 to Rd Rb1 to Rd	Lactobacillus brevis Aspergillus niger	β-glucosidase TH-10a	pH 7.0, 30°C pH 5.0, 32°C, 48 h	69 86
Ye et al. (2010) Ye et al. (2012)	Rb1 to Rd Rb1 to Rd	Paecilomyces bainier 229-7 Paecilomyces bainier 229-7	β-glucosidase External calcium regulated β-	pH5.0, 28°C, 72 h pH5.0, 28°C, 72 h	89-94.9 92.44
Son et al. (2008)	Rb1 to Rd	Thermus caldophilus	glucosidase β-glucosidase	pH 5.0, 75°C, 18 h	80
Kim et al. (2013a)	Rb1 to Rd	Microbacterium trichothecenolyticum	M.trichothecenolyticum KCTC 19343	30°C, 24 h	
Zhao et al. (2009)	Rb1 to Rd	Cladosporium fulvum	β-glucosidase	pH 5.0, 37°C, 8 days	86
Lin et al. (2015) Shin et al. (2013)	Rb1 to Rd Rc to Rd	Aspergillus versicolor LFJ1403 Caldicellulosiruptor saccharolyticus DSM 8903	β-glucosidase α-L-arabinofuranosidase	PH 5.0, 30°C, 96 h pH 5.5, 80°C, 30 min	85 100
Xie et al. (2016a)	Rc to Rd	Thermotoga thermarum DSM5069	$\alpha$ -L-arabinofuranosidase	pH 5.0, 85°C, 60 min	99.4
Liu et al. (2013)	Rc to Rd	Leuconostoc sp. strain 22-3	$\alpha$ -L-arabinofuranosidase	pH 6.0, 30°C, 20 min	
Zhang et al. (2021b) Kim et al. (2020) Jung et al. (2014)	Rc to Rd Rb2 to Rd F2 to Rd	<i>Bacillus subtilis</i> Str. 168 <i>Blastococcus saxobsidens</i> Ginseng UDP-glycosyltransferases	α-L-arabinofuranosidase α-L-arabinopyranosidase UDP-glycosyltransferases 94Q2	pH 5, 40°C, 24 h pH 7.0, 40°C, 1 h	90

Rd into other metabolites (He et al., 2019). We summarized the precursors, metabolites, and transformation conditions of ginsenoside Rd (**Table 1**) (**Figure 1**).

Ginsenoside Rd can be synthesized from ginsenoside Rb1 by the hydrolysis of glucose at C-20 (Akter and Huq, 2018). The  $\beta$ glucosidase produced by pectinase (Fang et al., 2020), *Dekkera anomala* YAE-1 (Renchinkhand et al., 2020), *Paenibacillus* sp. MBT213 (Renchinkhand et al., 2017), *Flavobacterium johnsoniae* (Hong et al., 2012), *Leuconostoc mesenteroides* DC102 (Quan et al., 2011), and *Lactobacillus brevis* (Zhong et al., 2016) is able to hydrolyze ginsenoside Rb1 (Rb1) and convert it to ginsenoside Rd during the fermentation of the ginseng. In addition, *Aspergillus niger* strain TH-10 (Feng et al., 2016), *Paecilomyces bainier* 229-7 (Ye et al., 2010; Ye et al., 2012), *Thermus caldophilus* GK24 (Son et al., 2008), *Microbacterium trichothecenolyticum* (Kim et al., 2013a), *Cladosporium fulvum* (Zhao et al., 2009), and *Aspergillus versicolor* (Lin et al., 2015) have shown similar effects as those of hydrolases in Rb1.

The  $\alpha$ -*L*-arabinosidase (AbpBs) from *Caldicellulosiruptor* saccharolyticus (Shin et al., 2013), *Thermotoga thermarum* DSM 5069 (Xie et al., 2016a), *Leuconostoc* sp. 22-3 (Liu et al., 2013), and *Bacillus subtilis* (Zhang et al., 2021b) converts ginsenoside Rc (Rc) into ginsenoside Rd by attacking the C-20 position of  $\alpha$ -linked arabinoside, thereby releasing arabinose (Liu et al., 2013; Zhang et al., 2021b). AbpBs can promote the

biotransformation of ginsenoside Rb2 (Rb2) to ginsenoside Rd by attacking C-20, thereby releasing arabinoside (Kim et al., 2020). In addition, enzymes PgUGT74AE2 and PgUGT94Q2, which participate in ginsenoside biosynthesis, transfer two glucose groups from UDP-glucose (UDP-Glc) to the C3 hydroxyl group of ginsenoside compound K (CK) to form ginsenoside Rd (Jung et al., 2014).

 $\beta$ -glucosidase cleaves the glycoside at the C-3 position of ginsenoside Rd and produces the ginsenoside compound CK (Renchinkhand et al., 2020). Ginsenoside M1 is formed by the hydrolysis of the C-3 glucose group in ginsenoside Rd by snailase (Renchinkhand et al., 2017).

## PHARMACOKINETICS

Intestinal flora can promote the metabolic transformation of ginseng extract and Rb1 into ginsenoside Rd in rats and can enter the blood for absorption in rats (Kim et al., 2014a). Ginsenoside Rd is distributed in various organs, with the highest content in the lungs, followed by the liver, kidney, heart, and intestine, and the lowest content in the brain (Sun et al., 2012). After taking urine 0–24 h after oral administration and intravenous administration, liquid chromatography-mass spectrometry (LC-MS) is used to confirm that oxidation and

TABLE 2 | Summary of the neuroprotective effects and mechanism of ginsenoside Rd in animal and cell models.

References	Diseases	Inducer	Experimental model	Effects	Mechanism
Zhang et al. (2013a)	Ischemic stroke	MCAO	Male SD rats	GLT-1, PKB/Akt, p-ERK1/2↑ Glutamate⊥	Glutamate metabolism
(2012a) (2012a)	Ischemic stroke	Glutamate, NMDA	Primary hippocampal cell cultures from SD rat embryos	TUNEL-positive cells, caspase- 3, $Ca^{2+}\downarrow$	Ca <sup>2+</sup> , apoptosis
Xie et al. (2016b)	Stroke	OGD/Transient MCAO	Adult male primary cortical neuron cells/SD rats	Infarct volume, NR2B subunit, p-Ser-1303, p-Tyr-1472, p-Tyr- 1480]	Hyperphosphorylation of neurons
Zhang et al. (2020a)	Ischemic stroke	OGD/MCAO, CsA	Primary cortical neurons cells, HEK293 cells/Adult male SD rats	Ca <sup>2+</sup> , NMDA receptor currents, caspase3↓	Apoptosis
Zhang et al. (2012b)	Ischemic stroke	MCAO	Male SD rats	ASIC2a↑ TRPM7, ASIC1a↓	Ca <sup>2+</sup> overload
Ye et al. (2011b)	Transient ischemic stroke	MCAO	Male SD rats, isolated mitochondria	ETC, aconitase, MMP, Pyruvate† ROS, Lactate, caspase-3, Cyto C, AIFL	Mitochondrial dysfunction, apoptosis
Yang et al. (2016)	Ischemic stroke	MCAO	Male SD rats	NEIL1, NEIL3↑ Cleaved caspase-3↓	mtDNA and nDNA damages apoptosis
Hu et al. (2013) Ye et al. (2009)	Cerebral ischemia Cerebral ischemic injury	MCAO OGD	Adult male SD rats Primary hippocampal neurons cells	PARP-1, NF-ĸB, AIF↓ GSH, GPX,SOD,CAT,MMP↑ ROS, MDA,LDH, GSSG↓	Apoptosis, inflammation Oxidative stress, apoptosis
Ye et al. (2011c)	Transient focal ischemia in the aged brain	MCAO	Male C57BL/6 mice	Mitochondrial complex, MMP, CAT, SOD, GPX, GST† MDA, protein carbonyl concentration, ROS, mitochondrial aconitase	Mitochondrial dysfunction oxidative stress
Zhang et al. (2014)	Ischemic stroke	OGD/MCAO	Primary culture of neurons/Male SD rats	p-AKT, GSK-3β↑ p-tau, S199/202, PHF-1↓	p-tau
(2014) Liu et al. (2015a)	Stroke	OGD/R/Transient MCAO followed by reperfusion	PC12 cells/Male SD rats	p-AKT, p-ERK, VEGF, BDNF↑	Apoptosis
Hou et al. (2017)	TMT intoxication	Trimethyltin	Primary hippocampal neuron/Male ICR mice	Bcl-2↑ Bax, caspase-3↓	Apoptosis
Ye et al. (2011d)	Transient ischemic stroke	MCAO	Male SD rats	CAT, SOD 1 and 2, GR, GSH/ GSSG↑ 2,3- and 2,5-DHBA, 8-OHdG positive cells, 4-HNE, MDA, AGEs↓	Oxidative stress, inflammation
Zhang et al. (2020b)	Transient forebrain ischemia	MCAO	Male SD rats	lκB-α↑ 20S proteasome, NF-κB, p65, matrix MMP-9↓	Inflammation
Zhang et al. (2016)	Ischemic stroke	OGD or LPS/MCAO	BV2 cells/Adult male SD rats	IL-1β, IL-6, TNF-α, IFN-γ, p-lκBα↓	Inflammation
Wu et al. (2016)	Ischemic stroke	NGF	PC12 cells	p-ERK1/2, p-AKT GAP-43↑	NGF
Ye et al. (2008)	Oxidative damage	H <sub>2</sub> O <sub>2</sub>	PC12 cells	SOD, GPX, MMP↑ LDH, ROS, MDA,↓	Oxidative stress, mitochondrial dysfunction
Ren et al. (2021)	GBS	Peripheral nerve antigen P0 <sub>180-199</sub> peptide, Pertussis toxin (PTX)	Male C57 BL/6 mice	Non-classical Ly6C <sup>lo</sup> monocytes Nr4a1↑ IL-12, IL-1β, TNF- α, IL-6, CD45+Ly6G ⁺↓	Immunization, inflammation
Liu et al. (2015b)	Parkinson disease	MPP +	SH-SY5Y cells/C57BL/ 6J mice	SOD, GPX, MMP, complex I, ATP, Bcl-2, p-Akt↑ LDH, ROS, MDA, Bax↓	Oxidative stress, mitochondrial dysfunction
Liu et al. (2015c)	Alzheimer's disease	Αβ <sub>25-35</sub>	Primary cultured hippocampal neurons	SOD, GSH-Px, Bcl-2 mRNA↑ ROS, Bax mRNA, Caspase-3,	Oxidative stress, Neuronal apoptosis
Liu et al. (2015d)	Alzheimer's disease		cells APP transgenic mice	Cyt C mRNA↓ IL-1β, IL-6, TNF-α, S100β mRNA, NF-κΒ p65↓ IL-10↑	Inflammation
Kim et al. (2014b)	Neurodegenerative diseases		Neuro2a cells	IL-10] ChAT, VAChT, ACh, MAP-2, p75, p21, TrkA↑	Cholinergic markers
Li et al. (2013)	Alzheimer's disease		APP transgenic mice	Ser9, PP-2A↑	p-tau Continued on following page)

References	Diseases	Inducer	Experimental model	Effects	Mechanism
				GSK-3β, Tyr216↓	
Li et al. (2011a)	Alzheimer's disease	Okadaic Acid	Adult male SD rats/ Cortical neurons cells	PP-2A↑ Tau <u>l</u>	Tau
Li et al. (2021)	Alzheimer's disease		APP transgenic mice	P35↑ Tau, P25 <u>1</u>	p-tau
Yan et al. (2017)	Alzheimer's disease	Ovariectomy/Inhibitor	Adult female rats/HT22 hippocampal neuronal cells	BACE1, Aβ↓ sAPPα, ADAM↑	Activating estrogen-like activity
Zhu et al. (2014)	Multiple sclerosis	Experimental autoimmune encephalomyelitis	6-8 weeks female C57 BL/6 mice	IL-4, BDNF, NGF↑ IFN-γ↓	Blood–brain barrier, inflammation
Jin et al. (2020a)	Multiple sclerosis	Experimental autoimmune encephalomyelitis	Splenocyte/6-8 weeks C57BL/6 mice	TGF-β, IL-10, Treg, Foxp3↑ IL-6, IL-17, RORγt, Jak1, Jak2,STAT↓	Inflammation, autoimmunity
Cong and Chen, (2016)	Spinal cord injury	T8 laminectomy and a spinal contusion injury	Adult female SD rats	MDA, TNF-α, IL-1β, IL-6, Bax, GSK, SOD, Bcl-2↑ cleaved-caspase 3, p-ERK, p-JNK, p-p38↓	Oxidative stress, inflammation, apoptosis
Zhou et al. (2014)	Paraplegia	Ca <sup>2+</sup>	lsolated spinal cord mitochondria/Male C57BL/6J mice	p-AKT, p-ERK↑ Cyto C↓	Mitochondrial dysfunction
Wang et al. (2014)	Delayed paralysis	Occlusion of the abdominal aorta for 1 h	Female SD rats	Caspase 3, ASK1, JNK↓	Apoptosis
Wang et al. (2020)	Cognitive impairment	Respiration in a transparent plexiglas restrainer with many air holes to for 10 h	Male C57BL/6J mice	SOD, CAT, GSH, GPX, p-Pl3K, p-CREB, BDNF, TrkB↑ TNF-α, IL-6, p-AKT↓	Oxidative stress, inflammation, neurotrophic factors
Wang et al. (2013a)		Lead (Pb) exposure	Retired breeder SD rats	IL-1β, IL-6, TNF-α↓	Inflammation

TABLE 2 | (Continued) Summary of the neuroprotective effects and mechanism of ginsenoside Rd in animal and cell models.

Abbreviations: CsA, cyclosporin A; ETC, mitochondrial electron transport chain; CAT, catalase; SOD, superoxide dismutase; GPX, glutathione peroxidase; GR, glutathione reductase; GSH, glutathione; GSSG, glutathione disulfide; 8-OHdG, 8-hydroxy-deoxyguanosine; 4-HNE, 4-hydroxynonenal; MDA, malondialdehyde; AGEs, advanced glycosylation end products; NGF, nerve growth factor; PTX, pertussis toxin; Nr4a1, nuclear receptor subfamily 4 group A member 1; ChAT, choline acetyltransferase; VAChT, vesicular acetylcholine transporter; ACh, acetylcholine.

glycosylation (Yang et al., 2006a; Yang et al., 2007a) are the main metabolic pathways of ginsenoside Rd in rats. The absolute bioavailability of Rd in dogs is 0.26% (Wang et al., 2007). As in clinical trials, ginsenoside Rd shows linear pharmacokinetics, is well tolerated in the dose range of 10–75 mg after an intravenous administration, and is slowly cleared from plasma, and the elimination rate does not change after repeated administration (Zeng et al., 2010).

## GINSENOSIDE RD TARGETS MULTIPLE DISEASES

### **Ischemic Stroke**

In ischemic stroke, ginsenoside Rd plays a neuroprotective role by restoring mitochondrial function, reducing neuronal apoptosis, and eliminating neuroinflammation (**Figure 2**). As for the therapeutic window study, ginsenoside Rd shows an obvious neuroprotective effect in the middle cerebral artery occlusion (MCAO) model (Ye et al., 2011a). Importantly, the results of a clinical trial showed that ginsenoside Rd has a positive effect on the prognosis of acute ischemic stroke (Liu et al., 2012).

In  $Ca^{2+}$  influx and mitochondrial dysfunction, ginsenoside Rd, a potential  $Ca^{2+}$  channel blocker (Li et al., 2010), significantly reduces the burst of glutamate by increasing the expression of glutamate transporter-1 (GLT-1) and inhibits the channels of

 $Ca^{2+}$  influx (Zhang et al., 2013a) to protect the rat hippocampal neurons (Zhang et al., 2012a). Similar to a calcineurin inhibitor, ginsenoside Rd exerts a neuroprotective effect by inhibiting the elevation of N-methyl-D-aspartate (NMDA) receptors and the hyperphosphorylation of the N-methyl-D-aspartate receptor 2B (NR2B) subunit in the MCAO model and oxygen-glucose deprivation (OGD) cultured neurons (Xie et al., 2016b; Zhang al., 2020a). et Ginsenoside Rd pretreatment exerts neuroprotective effects by inhibiting the Ca2+ overload and specificity attenuated the expression of transient receptor potential melastatin (TRPM) 7 and acid-sensing ion channel (ASIC) 1a while promoting ASIC2a expression following focal ischemia (Zhang et al., 2012b). Remarkably, the results of a clinical trial based on Ca<sup>2+</sup> disorder and subsequent neurotoxicity induced by acuteischemic stroke, ginsenoside Rd can be considered a calcium channel antagonist and a neuroprotectant (Liu et al., 2009). As for mitochondrial dysfunction, ginsenoside Rd markedly protects the mitochondria, as indicated by regulating enzyme activity, reducing mitochondrial hydrogen peroxide production and depolarizing mitochondrial membrane potential (MMP), decreasing reactive oxygen species (ROS) production in isolated mitochondria from Sprague-Dawley (SD) rats (Ye et al., 2011b), and reducing the mitochondrial DNA (mtDNA) and nuclear DNA (nDNA) damage and cell apoptosis in MCAOinduced ischemic stroke model (Hu et al., 2013; Yang et al., 2016).



These findings are also confirmed in primary cultured hippocampal neuron cells (Ye et al., 2009). In addition, in elderly stroke mice, ginsenoside Rd can play an equivalent neuroprotective role in elderly transient focal ischemic mice by regulating lipid peroxide accumulation, mitochondrial complex activity, and MMP (Ye et al., 2011c).

As far as apoptosis is concerned, ginsenoside Rd may reduce cerebral ischemia-induced tau phosphorylation by decreasing the activity of glycogen synthase kinase- $3\beta$  (GSK- $3\beta$ ) and enhancing the activity of protein kinase B (PKB/AKT) (Zhang et al., 2014). In PC12 cells with OGD/reperfusion (OGD/R) and SD rats with ischemia/reperfusion (I/R) injury, ginsenoside Rd significantly limits the expression of vascular endothelial growth factor (VEGF), brain-derived neurotrophic factor (BDNF), and the phosphatidylinositol 3-kinase (PI3K)/AKT and ERK1/2 pathways (Liu et al., 2015a). As a neuroprotective agent ginsenoside Rd also prevents trimethyltin (TMT)-induced neurotoxicity and significantly reduces neuronal loss in TMTinduced hippocampal dysfunction and active astrocytes via regulation of B-cell lymphoma-2 (Bcl-2), Bcl-2-like protein 4, and caspase-3 (Hou et al., 2017). Taken together, ginsenoside Rd has neuroprotective effects via mitogen-activated protein kinase (MAPK)/ERK-, PI3K/AKT, PI3K/AKT/GSK-3 $\beta$ , and ERK1/2-dependent pathways.

For inflammation, ginsenoside Rd inhibits ischemic strokeindeced neuronal death and inflammation by inhibiting cleaved poly adenosine diphosphate-ribose polymerase-1(PARP-1) activity, levels of poly (ADP-ribose), sequential apoptosisinducing factor (AIF) translocation, and nuclear factor kappalight-chain-enhancer of activated B cells (NF- $\kappa$ B) nuclear accumulation (Hu et al., 2013). Postischemic syntheses of two damaging enzymes, cyclooxygenase-2 (COX-2) and inducible nitric oxide synthase (iNOS), are also significantly inhibited by ginsenoside Rd treatment. Ginsenoside Rd reduces free radical generation during I/R and suppresses oxidative damage and inflammatory injury (Ye et al., 2011d). As a proteasomerelated compound, ginsenoside Rd protects against MCAOinduced ischemic brain injury by inhibiting the proteasome



activity and NF- $\kappa$ B/matrix metalloproteinase-9 (MMP-9) signal pathway (Zhang et al., 2020b). Ginsenoside Rd inhibits MCAOinduced microglial activation, decreases the expression levels of nuclear factor of kappa light polypeptide gene enhancer in B cell inhibitor, alpha (I $\kappa$ Ba) phosphorylation and NF- $\kappa$ B nuclear translocation within a short time, and has fewer side effects than glucocorticoids (Zhang et al., 2016).

## **Other Nervous System Diseases**

Ginsenoside Rd has a significant neuroprotective effect on a variety of neurological diseases, which may be related to its promotion of stem cell proliferation (Shi et al., 2005) and differentiation into astrocytes (Lin et al., 2012). Ginsenoside Rd may promote neurite outgrowth by upregulating growth-associated protein of 43 kDa (GAP-43) expression via ERK- and ARK-dependent signaling pathways in NGF-induced PC12 cells (Wu et al., 2016).

In  $H_2O_2$ -induced PC12 cells, ginsenoside Rd, as a neuroprotective agent, has neuroprotective effects on neurodegenerative diseases (Ye et al., 2008). In the converting monocyte phenotype and macrophages of the Guillain–Barre syndrome (GBS) mouse model, ginsenoside Rd attenuates experimental autoimmune neuritis (Ren et al., 2021). Ginsenoside Rd can regulate MMP by decreasing intracellular ROS and enhancing the activity of antioxidant enzymes and mitochondrial complex, thereby increasing intracellular ATP levels and ultimately reducing 1-methyl-4-phenylpyridinium (MPP<sup>+</sup>)-induced cell death in Parkinson's disease (PD) (Liu et al., 2015b). Meanwhile, in the  $A\beta_{25-35}$ -induced neuronal damage model, apoptosis and oxidative stress are ameliorated by ginsenoside Rd by regulating antioxidant capacity and the production of apoptotic proteins (Liu et al., 2015c). Learning and memory abilities can be improved in ginsenoside Rd-pretreated APP transgenic mice by significantly suppressing the NF-κB pathway to reduce the generation of proinflammatory factors (Liu et al., 2015d). Ginsenoside Rd-mediated neuroprotective effects against Alzheimer's disease (AD) progression play a significant role in Neuro2a cells (Kim et al., 2014b). Ginsenoside Rd pretreatment can inhibit tau protein phosphorylation by maintaining a balance of GSK-3β, cyclindependent kinase 5 (CDK5/P25), and protein phosphatase 2A (PP-2A) (Li et al., 2013) to inhibit tau phosphorylation of tau protein at Ser199/202, Ser396, or Ser404 in okadaic acid-induced rats, APP transgenic mice, and cortical neurons to increase PP-2A activity for protection against AD (Li et al., 2011a; Li et al., 2021), respectively. Moreover, ginsenoside Rd increases the soluble amyloid- $\beta$  precursor protein  $\alpha$  (sAPP $\alpha$ ) level and reduces extracellular  $A\beta$  to enhance the cognitive and memory functions of ovariectomy rats (Yan et al., 2017).

In experimental autoimmune encephalomyelitis, ginsenoside Rd exerts a neuroprotective role by regulating the immune response and inflammatory reaction via a signal pathway of IFN-g/IL-4, BDNF/ NGF (Zhu et al., 2014), and Foxp3/RORyt/JAK2/STAT3 (Jin et al., 2020a). In spinal cord injury (SCI) models, ginsenoside Rd shows

References	Diseases	Experimental model	Effects	Mechanism
Tian et al. (2020)	Gastric cancer	MKN-45, SGC-7901 cells	Caspase-3, caspase-9↑ Cyclin D1↓	Apoptosis
Kim et al. (2013b)	Gastric cancer	AGS cells	Caspase-3, caspase8, PARP↑	Apoptosis
Chian et al. (2019)	NSCLC	A549 NSCLC cells	NRF2↓	Proliferation
Gu et al. (2019)	Glioblastoma	U251 cells	Caspase-3↑ Bcl-2, hTERT↓	Apoptosis
Liu et al. (2020b)	Glioblastoma	U251 cells, H4 (HTB148) cells, U87 MG cells	miR-144-5p, TLR2↑ Toll-like receptor 2↓	Proliferation
Phi et al. (2019)	Colorectal cancer	Human CRC cell, HT29 cells/SW620, NSG mice	Smad2↓	Apoptosis
Zhang et al. (2017)	Breast cancer	HUVECs, MDA-MB-231 cells/Athymic nude mice	Bax, caspase-3, HIF1-α↑ Bcl-2↓	Apoptosis
Kim, (2013)	Breast cancer	AGS cells, MCF-7 cells	Caspase-3↑	Apoptosis
Wang et al. (2016)	Breast cancer	4T1 cells, MDA-MB-231cells/Female BALB/c mice	Smad2↑ miR-18a↓	Attenuates metastasis
Pokharel et al. (2010)	Breast cancer	MCF-7/ADR cells	MDR1↓	Resistance
Yang et al. (2006b)	Cervical cancer	HeLa cells	Bax↑ Bcl-2↓	Apoptosis
Yang et al. (2021a)	Hepatocellular carcinoma	HepG2 cells/Male BALB/c nude mice	·	Proliferation, apoptosis
Yoon et al. (2012)	Hepatocellular carcinoma	HepG2 cells	MMP-1, MMP-2, MMP-7↓	Blocking MAPK signaling and inducing the formation of focal adhesions

TABLE 3 | Summary of the effects and mechanisms of ginsenoside Rd on cell and animal models of multiple cancers.

anti-inflammatory effects consistent with dexamethasone that could significantly decrease the biomarkers of apoptosis, inflammation, oxidative damage factor, and repaired damaged mitochondria; particularly, there is no obvious difference in terms of dexamethasone in anti-inflammatory (Zhou et al., 2014; Cong and Chen, 2016), and these effects depended on the ASK1/JNK pathway (Wang et al., 2014). In the pathology of noise-induced hearing loss (NIHL), ginsenoside Rd could alleviate the apoptosis and oxidative stress damage on neuron cells by activating the SIRT1/ PGC-1a signaling pathway (Chen et al., 2020). In addition, ginsenoside Rd treatment effectively eliminates the oxidative injury and the production of proinflammatory factors and peroxides in the chronic restraint stress (CRS) paradigm (Wang et al., 2020). Ginsenoside Rd pretreatment may be neuroprotective in old rats following acute Pb exposure through limited microglial activation and maintained neural stem cell proliferation (Wang et al., 2013a).

To summarize, ginsenoside Rd can play a significant role in neuron damage by inhibiting the production of excitatory amino acids, reducing the intracellular  $Ca^{2+}$  influx mediated by the NMDA pathway, changing the neurotoxicity of  $Ca^{2+}$  to mitochondrial function damage, and regulating apoptosis-inducing and neuroinflammatory factors (**Table 2**).

#### Cancer

As indicated in **Table 3** and **Figure 3**, ginsenoside Rd can inhibit the proliferation of various cancer cells by participating in the apoptotic pathway. As a potential therapeutic and specific 26S proteasome inhibitor, ginsenoside Rd plays an important role in anticancer therapy by targeting 26S proteasome (Chang et al., 2008).

Ginsenoside Rd can appreciably inhibit the proliferation of gastric cancer cells and can stimulate apoptosis by downregulating cyclin D1, thereby inducing cell cycle arrest in the G0/G1 phase and enhancing the expression of caspase-3 and caspase-9 and the ratio of Bax/Bcl-2 (Tian et al., 2020). After heat processing, the anticancer activity of deglycosylated Rd could be improved via the apoptotic pathway for AGS cells (Kim et al., 2013b).

In non-small-cell lung cancer (NSCLC), ginsenoside Rd, as a therapeutic drug, inhibits the nuclear factor erythroid 2associated factor 2 (NRF2) pathway, and the synergistic effect of ginsenoside Rd in A549 and cisplatin (DDP)-resistant A549 cell lines (A549/DDP) can be weakened by knocking out NRF2 (Chian et al., 2019). As for glioblastoma, ginsenoside Rd decreases the proliferation of human glioma U251 cells and promotes apoptosis by downregulating the expression of hTERT and Bcl-2, upregulating the expression of the caspase-3 level, and inhibiting the telomerase activity of U251 cells (Gu et al., 2019). Ginsenoside Rd inhibits the proliferation and migration of glioblastoma cells by decreasing the expression of tumorsuppressor Mir-144-5p and promoting the expression of the target of Mir-144-5p toll-like receptor 2 (Liu et al., 2020b). In colorectal cancer cells, ginsenoside Rd, a therapeutic agent, targets epidermal growth factor receptor (EGFR)/SOX2 signaling (Phi et al., 2019).

Ginsenoside Rd also plays a crucial role in breast cancer. In MDA-MB-231 cell xenografted mice, ginsenoside Rd treatment inhibits the activation of PI3K, AKT, mammalian target of rapamycin (mTOR), and p70S6K in cells and decreases the expression of hypoxia-inducible factor  $1-\alpha$  (HIF1- $\alpha$ ) (Zhang et al., 2017). In MCF-7 cells, ginsenoside Rd inhibits the proliferation of



MCF-7 cells by enhancing caspase-3 activity, mitochondrial depolarization, and sub-G1 populations (Kim, 2013). In 4T1 cells, the expression of Mir-18a and Smad2 decreases with ginsenoside Rd treatment (Wang et al., 2016). Furthermore, ginsenoside Rd promotes the ubiquitination of MDR1 and inhibits doxorubicin resistance in MCF-7/ADR cells (Pokharel et al., 2010). In cervical cancer, ginsenoside Rd treatment in HeLa cells upregulates Bax expression, downregulates Bcl-2 expression, decreases the mitochondrial transmembrane potential, activates the caspase-3 pathway, significantly inhibits proliferation, and induces apoptosis (Yang et al., 2006b).

Finally, in HepG2 cells and the HepG2 cell-injected nude mice-induced hepatocellular carcinoma model, the combination of CA4P and ginsenoside Rd has synergistic antitumor effects via the PI3K/AKT/mTOR signaling pathway-related inhibition of HIF-1 $\alpha$  (Yang et al., 2021a). HepG2 cells treated with ginsenoside Rd noticeably promoted matrix metalloproteinases' (MMPs) activation, and MAPK signaling pathways were involved in cancer cell migration, thereby suggesting that ginsenoside Rd inhibits the activity of HepG2 cells in a dose-dependent and time-dependent manner (Yoon et al., 2012).

## **Gastric and Gut**

In a sodium dextran sulfate (DSS)-induced colitis model, ginsenoside Rd reduces DSS-induced colonic pathology via the adenosine 5'-monophosphate-activated protein kinase/Unc-51 like autophagy activating kinase 1 (AMPK/ULK1)-induced autophagy signaling pathway and the inhibition of the production of proinflammatory cytokines (IL-1β, TNF-α, and IL-6) in serum and colon tissues (Liu et al., 2018). In irradiationinduced intestinal epithelial cells, ginsenoside Rd reduces apoptosis by activating a pathway of PI3K/AKT, inactivates MEK, and inhibits a mitochondria/caspase pathway (Tamura et al., 2008). Meanwhile, in 2,4,6-trinitrobenzenesulfonic acid (TNBS)-induced ulcerative colitis model, ginsenoside Rd showed obvious anti-inflammatory activity by inhibiting neutrophil infiltration, regulating apoptosis signal and oxidative stress (Yang et al., 2012a), reduced the accumulation of leukocytes, and downregulated multiple proinflammatory cytokines (Yang et al., 2012b).

### **Metabolic Diseases**

Laboratory data of ginsenoside Rd suggest that it has effects on multiple metabolic diseases. The browning of white adipose tissue

induced by cold stress and cAMP levels are increased by ginsenoside Rd. In particular, Rd alleviates obesity and insulin resistance by upregulating thermogenesis through the cAMP/ protein kinase A (PKA) signaling pathway (Yao et al., 2020). In fast-food diet-induced non-alcoholic fatty liver disease (NAFLD), fermented ginsenoside Rd with *Cordyceps militaris* regulates lipid metabolism and the inflammatory response via mTORC1 signaling (Choi et al., 2019). Ginsenoside Rd inhibits the progress of the death of islet transplantation by decreasing the apoptosis of the islet cells (Kaviani et al., 2019). In the atherosclerosis process, ginsenoside Rd decreases oxidized low-density lipoprotein (Ox-LDL) and cholesterol by inhibiting Ca<sup>2+</sup> influx (Li et al., 2011b). In diabetic db/db mice and mesangial cells, pectin-lyase-modified ginsenoside Rd relieves diabetic nephropathy via alleviated ROS production (Jung et al., 2021).

## **Other Diseases**

Ginsenoside Rd has positive effects on skin injury, osteoporosis, kidney injury, vessel injury, heart injury, lung injury, aging, and inflammation. In animal wound models, ginsenoside Rd significantly increases wound healing by promoting the proliferation and migration level of keratinocyte progenitor cells (KPCs) and human dermal fibroblasts (HDFs) (Kim et al., 2013c). Ginsenoside Rd also has a positive effect on rejection caused by a transplant skin allograft (Wang et al., 2012a). Beyond that, ginsenoside Rd, as an antiosteoporotic agent, promotes differentiation and mineralization in osteoblastic MC3T3-E1 cells (Kim et al., 2012). In animal models of renal I/R injury and cultured proximal tubule cells, ginsenoside Rd has a protective effect by inhibiting inflammation and regulating biochemical indexes of renal function (Yokozawa et al., 1998; Ren et al., 2016). In addition, ginsenoside Rd downregulates NF-KB and the expression of iNOS and COX-2 in lipopolysaccharide (LPS)-induced Institute of Cancer Research (ICR) mice, and RAW264.7 cells were suppressed (Kim et al., 2013d). In the nicotine-induced vascular endothelial injury model, ginsenoside Rd plays an important role in the prevention of cardiovascular diseases via participation in NO signaling and regulates platelet and vascular function (Zhang et al., 2020c). Ginsenoside Rd upregulates Cyto C release and caspase-9/caspase-3 activation and decreases the MMP and the ratio of Bcl-2/Bax via the mitochondriadependent pathway in H2O2-induced apoptosis in basilar artery smooth muscle cells (BASMCs) (Li et al., 2012). Furthermore, ginsenoside Rd could relieve the cisplatin-induced kidney injury (Yokozawa and Liu, 2000; Yokozawa and Dong, 2001) and kidney proximal tubules cephaloridine injury under cephaloridine treatment (Yokozawa and Dong, 2001). In an adrenocorticotrophic hormone (ACTH)-induced corticosterone secretion cell model, ginsenoside Rd inhibits ACTH-induced corticosterone production by inhibiting the MC2R-cAMP/PKA/cyclic AMP response element binding (CREB) pathway in adrenocortical cells (Jin et al., 2020b). In myocardial I/R-induced rats and simulated I/R-induced primary neonatal rat cardiomyocyte models, ginsenoside Rd promotes cardioprotection via the activation of AKT/GSK-3b signaling (Wang et al., 2013b). In addition, ginsenoside Rd can protect against LPS-induced acute lung injury by inhibiting the PI3K/AKT signaling pathway (Yang et al., 2021b). Other studies have indicated that ginsenoside Rd can significantly enhance the survival time of Caenorhabditis elegans via lipid metabolism and the activation of the stress response signaling

pathway (Yu et al., 2021) and can alleviate the oxidative damage caused by aging in senescence-accelerated mice (Yokozawa et al., 2004). Finally, the anti-inflammatory activity of ginsenoside Rd is well documented, is considered to be associated with its antioxidant effects (Kim et al., 2007; Zhang et al., 2013b), and selectively produces prostaglandin E2 (PGE2) by activating the CCAAT/ enhancer binding protein (C/EBP) and CREB to express COX-2 (Jeong et al., 2007). Ginsenoside Rd exerts anti-inflammation effects in carrageenan-induced inflammation rats via the inhibition of the NF-kB signaling pathway (Wang et al., 2012b) and in ovalbumin-induced allergic rhinitis mice by regulating multiple inflammatory factors (Kim et al., 2019) and elicits a Th1 and Th2 immune responses (Yang et al., 2007b). Ginsenoside Rd enhances the Th1 response to surface mannan extract in mice, which protects mice from disseminated candida infection by stimulating higher titers of Th1 antibodies and a Th1-dominated immune response (Han and Rhew, 2013).

## **CONCLUSION AND PERSPECTIVE**

As a widely used herbal medicine, ginseng appears in the form of dietary supplements nowadays. Available evidence suggests that the antiapoptotic, antioxidant, and anti-inflammatory activities, which suppress the calcium influx of ginsenoside Rd, may have an important role in the neuroprotective and anticancer effects. Ginsenoside Rd play a crucial role in neuroprotective, anticancer effects, metabolism, and other diseases by regulating PI3K/AKT, inhibiting Cyto C released and caspase activation, and regulating the release of inflammatory factors, which play a crucial role in neuroprotective, anticancer effects, metabolism, and other diseases.

In addition, ginsenoside Rd has potential therapeutic effects on regulating metabolism and in multiorgan protection. However, attributable to the shortage of clinical studies on ginsenoside Rd, it is difficult to make a clear decision. In addition to exploring its various activities, it is suggested to verify existing activities in a deeper mechanism, design clinical trials to prove its safety and effectiveness, and obtain a more extensive clinical application.

# **AUTHOR CONTRIBUTIONS**

JnL, QH, and YY collected, analyzed, and reviewed the literature and wrote the main manuscript; PJ, JC, ME, ZZ, HQ, JaL, and ZC added/checked references and assembled figures/tables; DZ and LZ revised the manuscript; and XL and LZ designed and supervised the final version of the manuscript. All authors have read and agreed to the published version of the manuscript.

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#### GBS Guillain-Barre syndrome GLOSSARY MPP+ 1-methyl-4-phenylpyridinium PPD protopanaxadiol PD Parkinson's disease LC-MS liquid chromatography-mass spectrometry **AD** Alzheimer's disease MCAO middle cerebral artery occlusion CDK5/P25 cyclin dependent Kinase 5 GLT-1 glutamate transporter-1 PP-2A protein phosphatase 2A NMDA N-methyl-D-aspartate sAPPa soluble amyloid- $\beta$ precursor protein a NR2B N-methyl-D-aspartate receptor 2B SCI spinal cord injury **OGD** oxygen-glucose deprivation NIHL noise-induced hearing loss TRPM transient receptor potential melastatin CRS chronic restraint stress ASIC acid-sensing ion channel NSCLC non-small-cell lung cancer MMP mitochondrial membrane potential NRF2 nuclear factor erythroid 2-associated factor 2 **ROS** reactive oxygen species **DDP** cisplatin **SD** Sprague–Dawley EGFR epidermal growth factor receptor mtDNA mitochondrial DNA mTOR mammalian target of rapamycin **nDNA** nuclear DNA HIF1-a hypoxia-inducible factor 1-a PKB protein kinase Bprotein kinase B MMPs matrix metalloproteinases **GSK-3** $\beta$ glycogen synthase kinase-3 $\beta$ DSS sodium dextran sulfate PKB protein kinase Bprotein kinase B $\mathbf{AMPK}$ adenosine 5'-monophosphate-activated protein kinase OGD/R oxygen-glucose deprivation/reperfusion ULK1 Unc-51 like autophagy activating kinase 1 I/R ischemia/reperfusion TNBS trinitrobenzenesulfonic acid VEGF vascular endothelial growth factor PKA protein kinase A **BDNF** brain-derived neurotrophic factor NAFLD non-alcoholic fatty liver disease PI3K phosphatidylinositol 3-kinase TMT trimethyltin Ox-LDL oxidation low lipoprotein Bcl-2 B-cell lymphoma-2 KPCs keratinocyte progenitor cells MAPK mitogen-activated protein kinase HDFs human dermal fibroblasts PARP-1 poly adenosine diphosphate-ribose polymerase-1 LPS lipopolysaccharides AIF apoptosis-inducing factor ICR Institute of Cancer Research NF-κB nuclear factor kappa-light-chain-enhancer of activated B cells **BASMCs** basilar artery smooth muscle cells COX-2 cyclooxygenase-2 ACTH adrenocorticotrophic hormone iNOS inducible nitric oxide synthase PGE2 prostaglandin E2 MMP-9 matrix metalloproteinase-9 C/EBP CCAAT/enhancer binding protein IkBa nuclear factor of kappa light polypeptide gene enhancer in B cells CREB cyclic AMP response element binding protein inhibitor, alpha

GAP-43 growth-associated protein of 43 kDa

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## Systematic characterization of Puerariae Flos metabolites *in vivo* and assessment of its protective mechanisms against alcoholic liver injury in a rat model

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Puerariae Flos, a representative homology plant of medicine and food for alcoholism, has a long history of clinical experience and remarkable curative effect in the treatment of alcoholic liver disease (ALD). However, its effective forms and hepatoprotective mechanisms remain unknown. In the present study, a strategy based on UPLC-QTOF MS combined with mass defect filtering technique was established for comprehensive mapping of the metabolic profile of PF in rat plasma, urine, bile, and feces after oral administration. Furthermore, the absorbed constituents into plasma and bile with a relatively high level were subjected to the network analysis, functional enrichment analysis, and molecular docking to clarify the potential mechanism. Finally, the therapeutic effect of PF on ALD and predicted mechanisms were further evaluated using a rat model of alcohol-induced liver injury and Western blot analysis. In total, 25 prototype components and 82 metabolites, including 93 flavonoids, 13 saponins, and one phenolic acid, were identified or tentatively characterized in vivo. In addition, glucuronidation, sulfation, methylation, hydroxylation, and reduction were observed as the major metabolic pathways of PF. The constructed compound-target-pathway network revealed that 11 absorbed constituents associated with the 16 relevant targets could be responsible for the protective activity of PF against ALD by regulating nine pathways attributable to glycolysis/gluconeogenesis, amino acid metabolism, and lipid regulation as well as inflammation and immune regulation. In addition, four active ingredients (6"-Oxylosyltectoridin, genistein-7-glucuronide-4'-sulfate, tectoridin-4'-sulfate, and 6"-O-xylosyltectoridin-4'-sulfate) as well as two target genes (MAO-A and

**Abbreviations:** ACOX1, peroxisomal acyl-coenzyme A oxidase 1; ALDH2, aldehyde dehydrogenase; ALOX12, polyunsaturated fatty acid lipoxygenase ALOX12; ALOX15, polyunsaturated fatty acid lipoxygenase ALOX15; CHKB, choline/ethanolamine kinase; GOT2, aspartate aminotransferase; HSP90A1, heat shock protein HSP 90-alpha; HSP90B1, endoplasmin; LDHB, L-lactate dehydrogenase B chain; MAO-A, amine oxidase (flavin-containing) A; MIF, macrophage migration inhibitory factor; PPAR-α, peroxisome proliferator–activated receptor alpha; PTGS1, prostaglandin G/H synthase 1; TNF, tumor necrosis factor; TPI1, triosephosphate isomerase; TYR, tyrosinase; UPLC, ultra-performance liquid chromatography.

PPAR- $\alpha$ ) were screened and validated to play a crucial role with a good molecular docking score. The present results not only increase the understanding on the effective form and molecular mechanisms of PF-mediated protection against ALD but also promote better application of PF as a supplement food and herbal medicine for the treatment of ALD.

#### KEYWORDS

Puerariae Flos, metabolic profile, alcoholic liver disease, bioinformatics, PPAR- $\alpha$ , MAO-A



## Highlights

> Metabolic profile of Puerariae Flos (PF) extracts *in vivo* was firstly mapped.

> Phase II conjugated metabolites of isoflavonoids may be the effective forms responsible for the hepatoprotective effects of PF. > PPAR- $\alpha$  and MAO-A involved in lipid regulation and amino acid metabolism were screened and validated to play a crucial role in the treatment of PF on alcoholic liver disease (ALD).

> A comprehensive mechanism for the multi-target and multi-pathway effects of PF on ALD was proposed.

## 1 Introduction

With the development of social economy, alcohol drinkers have been increasing in recent years. Alcohol abuse and

alcoholism have emerged as common public health problems all round the world (Addolorato et al., 2016). As an important organ responsible for alcohol metabolism, the liver is the main target organ for alcohol toxicity. Accordingly, the incidence rate of alcoholic liver disease (ALD) caused by long-term heavy drinking is increasing year by year (Mathurin and Bataller, 2015). Therefore, exploring the effective treatment of ALD has become a particularly important issue which captures the attention of academic research. At present, the treatment of ALD largely relies on three medications or health products, namely, synthetic alcohol dehydrogenase inhibitor fomepizole (González-Santiago et al., 2009), commercial plant extracts of Camette Silybum marianum (L.) Gaertn. (Milk Thistle) and hydrodol tablets imported from Denmark and Australia (Rambaldi et al., 2005; Abenavoli et al., 2010), and an extract of oyster powder known as the Haiwang Jinzun tablet. However, their application is restricted due to side effects (hypotension, slow heartbeat, etc.), high price that depends on import, and safety problems incurred by the influence of fresh storage and marine pollution on raw materials. Overall, the drugs for treatment of ALD enjoy huge market capacity and potential in two respects. First, it has a stable and huge beneficiary population. Second, it is in a situation where imported drugs are dominant and domestic new drugs are obviously scarce.

There have been some records of "alcohol injury," "alcohol jaundice," and "alcoholism" in ancient Chinese medicine books for a long time. As an important part of traditional Chinese medicine, some ethnic and edible medicines have rich clinical experience and remarkable curative effect in the treatment of ALD, and they are valuable and prospective for drug research and development. Puerariae Flos (PF), known as "Ge-hua" in Chinese, is botanically from the dried flowers of Pueraria montana var. thomsonii (Benth.) M.R. Almeida or P. montana var. lobata (Willd.) Maesen and S.M. Almeida ex Sanjappa & Predeep. As a homology plant of medicine and food, it has been traditionally used to relieve toxic symptoms caused by excessive alcohol consumption, such as hangover, nausea, headache, and red face in China, Japan, and Korea for over 1,500 years (National Administration of Traditional Chinese Medicine "Chinese Materia Medica" Editorial Committee, 1999). Consequently, PF has been considered as the most representative antidote in traditional medicine. In clinical application, compound preparations such as Gehua Jiecheng Decoction (葛花解酲汤) and Jiusuyu (酒速愈) are its main forms, which have regulatory and protective effect on the nervous system and the liver caused by alcohol. Meanwhile, diet therapy is also the embodiment of the clinical application of PF. Products of medicine food homology including functional slimming food-PILLBOX Onaka, PF tea, and beverage have become increasingly popular among Asian people. Recent pharmacological studies showed that extracts and compounds from PF possessed various bioactivities, such as hepatoprotective (Xiong et al., 2010), hypoglycemic (Lee et al., 2000), hypolipidemic (Lee et al., 2000), estrogenic (Shin et al., 2006), and anti-inflammatory effects (Yuan et al., 2009). With respect to the chemical constituents of PF, more than 80 compounds have been isolated and identified to date (Qu, 2014), among which, isoflavanoids and triterpenoid saponins are two major types of constituents and play important roles in its pharmacological effects. In addition, five isoflavanoids kakkalide, irisolidone, 6"-O-xylosyltectoridin, tectoridin, and tectorigenin have been proved for potential medicinal values and regarded as important phytochemical markers for quality evaluation and differentiation between species under PF (Lu et al., 2013).

According to the concept of "effective forms" and "additive effect" of pharmacodynamics substances of TCMs, only the constituents and/or metabolites that are successfully assimilated into the circulatory system and maintain a considerable concentration level by additive effect in target organs may exert curative effects. In the past decade, the metabolism of PF isoflavanoids *in vitro* has been reported by

some scholars (Hirayama et al., 2011). Our research group have also been devoting our efforts toward their ADME (absorption, distribution, metabolism, and elimination) characteristic by column separation, ultra-performance liquid chromatography/ quadrupole time-of-flight mass spectrometry (UPLC-QTOF-MS), and NMR spectroscopy (Bai et al., 2010; Bai et al., 2011a; Bai et al., 2011b; Qu et al., 2012; Wang H. et al., 2013; Wang S. et al., 2013; Zhang et al., 2013; Qu et al., 2014; Shi et al., 2015; Zhang et al., 2015). A total of ten urinary and biliary metabolites have been isolated and structurally identified, and the plasma pharmacokinetics as well as urinary and biliary excretion of the conjugated metabolites was also determined in rats after oral administration. The results indicated that glucuronidation and/or sulfation after deglycosylation at the C-7 position was the major metabolic pathway of isoflavanoids from PF in vivo. In addition, kaikasaponin III, soyasaponin I, and kakkasaponin I were the most abundant saponins in PF and showed powerful protective effects against liver damage in the previous study, which are also responsible for the overall curative effects of PF (Kinjo et al., 1999). However, to the best of our knowledge, no reports have described the global metabolic profile of triterpenoid saponins or whole plant extract of PF in vivo. Moreover, pharmacological mechanisms and bioactive components of PF for the treatment of ALF are still not clear.

In this study, the absorbed and excreted prototypes and metabolites of the extract of *Pueraria montana* var. *thomsonii* (Benth.) M.R. Almeida in rat plasma, urine, bile, and feces were first characterized by UPLC-QTOF MS. Furthermore, with subsequent visualization of "ingredient–target–pathway–disease" association network constructed by using a network analysis and the binding interactions between key ingredients with targets performed by molecular docking simulation, the potential active components and underlying pharmacological mechanisms for the effect of PF on ALD were explored. Furthermore, the predicted key targets of PF against ALD were validated in an alcohol-induced liver injury rat model, which would promote better application of PF, which is a medical resource for developing a supplement food or an herbal medicine for the treatment of ALD (Graphic abstract).

## 2 Materials and methods

## 2.1 Chemicals, reagents, and materials

Puerariae Flos (Batch No. 161001) collected from Anhui Province was purchased from the Tong Ren Tang TCM store (Shenyang, Liaoning Province, China) in October 2017 and was authenticated as the flower of *Pueraria montana* var. *thomsonii* (Benth.) M.R. Almeida by Prof. Dan Yuan (Department of Traditional Chinese Medicine, Shenyang Pharmaceutical University). A voucher specimen was deposited at the authors' laboratory. The reference compounds daidzein (16, Cat. No. NH010102) and luteolin (20, Cat. No. JOT-10088) were purchased from Funakoshi Co., Ltd. (Tokyo, Japan) and Chengdu Pufei De Biotech Co., Ltd. (Chengdu, China), respectively.

Moreover, 6"-O-xylosyltectoridin (10), tectoridin (12), genistein (23), tectorigenin (25), and irisolidone (32) were isolated from the extracts of the flowers of *Pueraria montana* var. *thomsonii* (Benth.) M.R. Almeida or *Pueraria lobate* (Willd.) Ohwi. in our previous studies (Yuan et al., 2009). The purities of these compounds evaluated using a HPLC photodiode array detector (PDA) were more than 95%.

HPLC-grade acetonitrile, methanol, and formic acid were supplied by Fisher Scientific Company Inc. (Fairlawn, NJ). Ultrapure water (18.2 M $\Omega$ ) was prepared using a Milli-Q water purification system (Millipore, Milford, MA, United States). All other reagents were of analytical grade and purchased from Shandong Yuwang Pharmaceutical Co., Ltd.(Yucheng, Shandong Province, China).

Rabbit monoclonal antibodies against peroxisome proliferator–activated receptor  $\alpha$  (PPAR- $\alpha$ , Cat. No. ab126285), monoamine oxidase type A (MAO-A, Cat. No. A4105), and  $\beta$ actin (Cat. No. AC026) were obtained from Abcam (Cambridge, MA, United States) and ABclonal Inc, (Wuhan, Hubei Province, China), respectively. A protein extraction kit was purchased from KeyGen Biotech Co., Ltd. (Nanjing, Jiangsu Province, China).

### 2.2 Preparation of Puerariae Flos extracts

Dried flowers of *Pueraria montana* var. *thomsonii* (Benth.) M.R. Almeida (1 kg) were weighed accurately and refluxextracted twice with 80% EtOH (1:12 and then 1:10, w/v) for 1 h each time. After filtering with a six-layer absorbent gauze, the two filtered extracts were combined, concentrated under vacuum to 1 L (equal to 1 g crude herb/mL), and finally transformed into a freeze-dried powder.

Now, 50 mg of prepared powder was dissolved again with 10 ml of methanol/water (8:2, v/v) and extracted for 30 min under ultrasound. After centrifugation at 13,000 rpm for 10 min at 4°C and filtration through a 0.22- $\mu$ m filter, 1.0  $\mu$ L of filtrate was injected to UHPLC-QTOF MS for a qualitative analysis.

To calculate the administered dose, the contents of the three major ingredients were quantitatively determined by reported HPLC-UV using an external standard method (Zhang et al., 2009). The results indicated that the contents of 6''-O-xylosyltectoridin (10), tectoridin (12), and tectorigenin (25) in the extract were 112.5, 96.64, and 19.81 mg/g, respectively.

## 2.3 Sample collection and pretreatment *in vivo*

A total of nine male Sprague–Dawley rats ( $200 \pm 20$  g body weight and about 6- to 8-week-old) purchased from the animal center of Shenyang Pharmaceutical University were maintained

in ambient houses (22  $\pm$  2°C) with a 12-h light/12-h dark cycle. For acclimatization, rats were allowed soy-free food and water ad libitum in metabolic cages for 1 week before the experiments. The animals were divided into three groups at random: a dosed plasma collection group (n = 3), a dosed urine and feces collection group (n = 3), and a dosed bile collection group (n = 3). All animals were fasted for 12 h before the experiments and provided with free access to water and sugar over the period of sample collection. PF extracts were suspended in a 0.5% carboxy-methyl cellulose sodium salt aqueous solution with a concentration of 0.11 g/ml and administered by oral gavage at a dose of 1.1 g/kg body weight (equivalent to 200 mg tectoridin per kg) to rats. All experimental protocols were approved by the Ethics Review Committee for Animal Experimentation of Shenyang Pharmaceutical University (License number: SCXK (Liao) 2015-0001).

Serial blood samples (approximately 0.5 ml) were collected from the suborbital vein and placed in heparinized polythene tubes at 0, 0.5, 1, 1.5, 2, 3, 4, and 8 h after oral administration and then immediately centrifuged at 3,500 rpm for 10 min at 4°C to obtain plasma. Urine and bile samples were, respectively, collected at 0–2, 2–4, 4–8, 8–12, and 12–24 h after the dosing. Feces samples were collected at 0–12 and 12–24 h and then left in a cool and dry place to dry. The collected plasma, urine, and bile samples were mixed and pretreated using solid phase extraction, while the feces samples were extracted with ultrasound in methanol/water (75:25, v/v), according to our previous method (Zhang et al., 2013).

## 2.4 UPLC-QTOF MS analysis

The condition of chromatographic separation and mass detection was almost the same as those reported in the literature (Qu et al., 2014). Water containing 0.2% formic acid (solvent system A) and acetonitrile containing 0.2% formic acid (solvent system B) served as the mobile phase. The only difference is the change of elution gradient, which is listed as follows: 0–1 min, 5%–8% B; 1–8 min, 8%–13% B; 8–9.5 min, 13%–15% B; 9.5–11.5 min, 15% B; 11.5–14 min, 15%–16% B; 14–18 min, 16%–17% B; 18–30 min, 17%–65% B; 30–30.5 min, 65%–99% B; and 30.5–30.6 min, 99%–5% B.

## 2.5 Network analysis

## 2.5.1 Identification of candidate targets of absorbed constituents and ALD

After identifying the absorbed and excreted ingredients of PF *in vivo* by UPLC-QTOF MS/MS, the chemical structure of absorbed constituents in plasma and bile with relative content higher than 3% was obtained as a SDF format by using ChemBioDraw Ultra 12.0 software, and then it was submitted



UPLC-QTOF/MS extracted ion chromatograms of flavonoid- (A) and saponin- (B) related metabolites in rat plasma, urine, bile, and feces samples after oral administration of the flower of *Pueraria montana* var. *thomsonii* (Benth.) M.R. Almeida extract.

to the Swiss Target Prediction platform (http://www. swisstargetprediction.ch/) to predict the most probable protein targets. The official gene names of top 100 targets with high matching degrees were selected for subsequent analysis. The targets associated with "alcoholic liver disease" were acquired from OMIM, TTD, CTD, GAD, DisGeNET, and GeneCards databases.

## 2.5.2 The protein–protein interaction network analysis

The Search Tool for the Retrieval of Interacting Genes (STRING) database (https://string-db.org/) provides predicted

PPI information as well as the data which have been experimentally confirmed. The version 11.0 of STRING was applied to acquire the PPI information, with the species limited to "*Homo sapiens*" and a confidence score > 0.9. These PPI targets were defined as core targets for further analysis.

#### 2.5.3 Enrichment analysis

The KEGG pathway analysis was performed by Database for Annotation, Visualization, and Integrated Discovery (DAVID, https://david.ncifcrf.gov/home.jsp, ver. 6.8) to find the signaling pathways related to candidate targets, and then the ALD-related pathways were selected.

#### 2.5.4 Network construction and analysis

The absorbed constituent-target-pathway-disease network was constructed by using the network visualization software Cytoscape 3.2.1, which supplies a method for data integration, analysis, and visualization for a complicated network analysis. In the network plot, a "node" signifies an ingredient, target, or pathway, and an "edge" represents the interaction among different targets. The "degree" of a node agreed with the number of its connected edges.

## 2.6 Molecular docking and dynamics

The Surflex docking program in Sybyl X2.0 was utilized to evaluate the binding energies and interactions between key active compounds and targets. The crystallographic structures of 16 target proteins were retrieved from the RCSB Protein Data Bank database (http://www.rcsb.org). The binding energy could be accomplished by the formation of binding pockets after preparation of ligands and receptors by removal of water molecules and original ligands, addition of hydrogen atoms, and repairmen of amino acids. "Total Score" was used as the indicator and positive correlation with docking preference. A score  $\geq$  4 was considered meaningful, which mean that there was a binding between the constituents and the targets.

# 2.7 Experimental validations of the pharmacological effects and the molecular mechanisms of PF against ALD

SD rats were randomly divided into four groups, including control group, alcoholic liver injury (ALD) model group, PF treatment  $(1.1 \text{ g·kg}^{-1})$  group, and tiopronin treatment  $(60 \text{ mg·kg}^{-1})$  group (n = 10 in each group). The medicinetreated rats were pretreated with PF extracts or tiopronin by intragastric administration twice daily for 1 week before the first dose of ethanol and at 1 h before each administration of ethanol doses for 4 weeks, whereas the rats in the control and model groups were given equivalent volume of 0.5% sodium carboxymethylcellulose. Except for the control group, the ALD model group was simultaneously induced by orally feeding 56% Erguotou wine (10 ml/kg/d) by gavage for 4 weeks.

Furthermore, 12 h after the final administration, blood was collected and centrifuged at 3,000 r/min for 15 min to obtain serum. Liver tissues were harvested and divided into two parts: one was fixed in 4% paraformaldehyde for histological observation and another was immediately stored in  $-80^{\circ}$ C for the subsequent protein validation experiments.

The levels of alanine transaminase (ALT), aspartate transaminase (AST), and alkaline phosphatase (ALP) in the

serum were measured using an automatic biochemistry analyzer (Hitachi, 7600-020, Tokyo, Japan). The middle lobe of liver tissues was collected, sectioned, and fixed in 4% paraformaldehyde for at least 24 h. After being dehydrated in ethanol and embedded in paraffin, a series of paraffin sections (5  $\mu$ m) were stained with hematoxylin-eosin (H&E) for histopathological examination.

The liver tissues were lysed with a lysis buffer containing 1% PMSF, phosphatase inhibitors, and protease inhibitors and incubated in an ice bath for 30 min to extract total protein. The concentration of the extracted protein was measured by using the BCA quantitative method. Equal amount of protein was electrophoretically separated by 10% SDS-PAGE. After electrophoresis, the protein was transferred on PVDF membranes and then blocked in 5% milk with TBST for 2 h. The membranes were immersed in primary antibody of PPAR-a (1:1,000 dilution), MAO-A (1:1,000 dilution), and  $\beta$ -actin (1: 50,000 dilution), respectively, at 4°C overnight; the next day, they were incubated with horseradish peroxidase-conjugated secondary antibody at room temperature for 2 h. Protein bands were detected with ECL Plus chemiluminescence reagent and quantified using ImageJ software (National Institutes of Health, USA). The values for each target protein were normalized to  $\beta$ -actin.

## 2.8 Statistical analysis

All values were expressed as mean  $\pm$  standard deviation (SD). Differences between different groups were analyzed with oneway analysis of variance (ANOVA) using GraphPad Prism 8.0.1. The value of p < 0.05 was considered as statistically significant.

## **3** Results

## 3.1 Identification of PF metabolites in vivo

In order to identify the *in vivo* metabolites in rats, a total of 43 chemical constituents, including 22 isoflavonoids, 14 saponins, six flavonoids, and one phenolic acid were first identified or tentatively characterized in PF extracts by UPLC-QTOF MS based on our previous literatures (Lu et al., 2013) (Supplementary Figure S1, Supplementary Table S1). Consequently, the extracted ion chromatograms (EICs) were adopted to reduce the endogenous interferences from complex biological matrices and increase the sensitivity by using Metabolynx<sup>TM</sup> software combined with mass defect filtering (MDF) technique.

In total, 25 prototype components and 82 metabolites, including 93 flavonoids, 13 saponins, and one phenolic acid, were obtained by comparing the extraction ion chromatograms of dosed rat biosamples (Figure 1) with control biosamples

No. Formula (M-H)<sup>-</sup> **Identification**<sup>a</sup> Relative content (%)<sup>b</sup> t<sub>R</sub> Р U F Calculated Observed PPM MS/MS В (min) fragments M1 3.26 653.1354 653.1315 477,301,286 Dihydrotectorigenin-7G-4'G 0.03 C28H30O18 -5.97 \_ \_ M2 3.53 651.1197 651.1194 -0.46 475,299,284 Tectorigenin-7G-4'G 0.16  $C_{28}H_{28}O_{18}$ 0.50 Glycitein-7G-4'-S M3 3.98 C22H20O14S 539.0496 539.0497 0.19 363,283,268 5.90 \_ \_ M44.1637.1405 637.1406 0.16 461,299,284 Tectoridin-7G  $C_{28}H_{30}O_{17} \\$ 0.84 8-OH-Dihydrotectorigenin-7G M5 4.2 C22H22O13 493.0982 493.097 -2.43317,301,286 0.34 \_ \_ Glycitin-4'S M6 4 26  $C_{22}H_{22}O_{13}S$ 525.0703 525.0704 0.19 445,283,268 2.92 \_ Μ7 4.44 C27H26O17 621.1092 621.1105 2.09 445,269,133 Genistein-7G-4'G 0.17 0.18 493.0974 317,302 Dihydro-irilin D-7G M8 4.45 C22H22O13 493.0982 -1.620.29 \_ 6-OH-Dihydrogenistein-7G М9 4.51  $C_{21}H_{20}O_{12}$ 463.0877 463.0861 -3.46 287,259 1.18 0.44 0.28 P1 287.269 Dihydrokaempferol-7-O-4.69  $C_{21}H_{22}O_{11}$ 449.1084 449.1083 -0.220.03 glucoside 461,299,284 Tectoridin-4'G M10 4.76 C28H30O17 637.1405 637.1455 7.85 0.06 M11 Genistein-7G-4'S 5.16 C21H18O14S 525.0339 525.0337 349.269.133 1.27 -0.3815.57 \_ P2 593.1499 -1.85 285,151 Nicotiflorin 0.02 5.3 C27H30O15 593.151 M12 Genistin-7S 5.38  $C_{21}H_{20}O_{13}S$ 511.0546 511.0534 -2.35431,269,133 0.08 2.36 \_ M13 5.48  $C_{16}H_{14}O_{10}S$ 397.0229 397.0228 -0.25 317,301,286 8-OH-Dihydrotectorigenin-7S 1.86 \_ M14 5.53 C22H22O14S 541.0652 541.0621 -5.73 461,299,284 Tectoridin-7S 0.26 Genistein-7S-4'G M15 5.79  $C_{21}H_{18}O_{14}S$ 525.0339 525.0361 4.19 349.269.133 6.05 0.02 M16 5.92 C27H30O18S 673.1075 673.1075 0.00 379,299,284 6"-O-Xylosyltectoridin-4'S 6.52 Tectoridin-4'S M17 6.21  $C_{22}H_{22}O_{14}S$ 541.0652 541.0643 -1.66461,299,284 034 31.08 \_ Irilin D-7G-4'G M18 6.56 C28H28O19 667.1147 667.1157 1.50 491,315,300 0.04 0.04 M19 6.71  $C_{22}H_{20}O_{15}S$ 555.0445 555.0441 -0.72379,299,284 Tectorigenine-7G-4'S 12.17 22.71 \_ 0.00 M20 6.87 C22H20O16S 571.0394 571.0394 395,315,299,284 8-OH-Tectorigenine-7G-4'S \_ 2.48 4.65 M21 6.89 459.0927 459.0915 283,268 Glycitein-7G C22H20O11 -2.613.61 2.03 4.49 \_ M22 7.14  $C_{22}H_{22}O_{15}S$ 557.0601 557.0587 -2.51477,301,286 Dihydrotectorigenine-7G-4'S 0.35 0.83 \_ \_ M23 7.17 C16H12O11S2 442.9743 442.9748 1.13 363,283,268 Glycitein-7S-4'S 0.02 P3 7 28 283,268,239 Glycitin  $C_{22}H_{22}O_{10}$ 445.1135 445.1136 0.22 0.04 M24 7.37 C22H20O11 459.0927 459.0922 -1.09283,268 Glycitein-4'G 0.11 0.15 8-OH-Tectorigenine-7G M25 491.0826 491.0817 -1.83315.299.284 7.4 C22H20O13 0.14 \_ C16H14O6 7.88 301.0712 301.0716 Dihydrotectorigenin 2.94 M26 -0.66 286,257 4.40 271,253,225 M27 8.1 C15H12O8S 351.0175 351.0158 -4.84Dihydrogenistein-7S 0.02 0.14 \_ \_ M28 8.36 C16H12O12S2 458.9692 458.9671 -4.58379,299,284 Tectorigenin-7S-4'S 0.10 0.05 \_ 6-OH-Dihydrogenistein M29 8.5 C15H12O6 287.0556 287.0561 1.74 259 \_ \_ 0.13 M30 8.67  $C_{21}H_{18}O_{15}S$ 541.0288 541.0308 3.70 461,285,133 6-OH-Genistein-7G-4'S 0.80 M31 8.84  $C_{21}H_{20}O_{13}S$ 511.0546 511.0535 -2.15 431,269,133 Genistin-4'S 0.20 P4 9.02 C27H30O16 609.1456 609.1415 -6.73301.285 Rutin 0.01 Irilin D-7G-4'S M32 9.21 C22H20O16S 571.0394 571.0386 -1.40395,315,300 0.24 0.21 P5 Genistin 9.75 C21H20O10 431.0978 431.0961 -3.94269,133 0.02 \_ \_ P6 <sup>c</sup> 9.82 C27H30O15 593.1506 593.1506 0.00 299,284,255 6"-O-Xylosyltectoridin 0.40 4.07 M33 459.0925 283,268 Biochanin A-7G 10.15 C22H20O11 459.0927 -0.440.16 \_ M34 10.27  $C_{16}H_{12}O_{10}S$ 395.0073 395.0063 -2.53315,299,284 8-OH-Tectorigenin-7S 0.19 363.0197 283,268 Glycitein-7S M35 10.44 C16H12O8S 363.0175 6.06 0.31 4.26 0.84 M36 10.56  $C_{22}H_{20}O_{12}$ 475.0877 475.0863 -2.95299,284 Tectorigenine-7G 31.64 3.25 8.23 P7 <sup>c</sup> 10.62 C22H22O11 461.1084 461.1076 -1.73299,284,255 Tectoridin 0.71 0.52 1.55 10.74 363.0174 283,268 Glycitein-4'S M37  $C_{16}H_{12}O_8S$ 363.0175 -0.282.90 0.74

TABLE 1 Characterization of the metabolites in rat after oral administration of *P. montana* var. thomsonii (Benth.) M. R. Almeida extract by UHPLC-QTOF MS.

(Continued on following page)

No. Formula (M-H)<sup>-</sup> **Identification**<sup>a</sup> Relative content (%)<sup>b</sup> t<sub>R</sub> Р U F (min) Calculated Observed PPM MS/MS В fragments M38 10.8 475.0877 475.0843 -7.16 299,284 Tectorigenine-4'G 1.27 2.26 C22H20O12 1.00 \_ M39 11.24 491.0826 491.0819 -1.43 315,300 Irilin D-7G 0.16 C22H20O13 Biochanin A-7S M40 11.26  $C_{16}H_{12}O_8S$ 363.0175 363.0181 1.65 283,268 0.30 M41 11.39  $C_{21}H_{18}O_{11}$ 445.0771 445.0743 -6.29 269,133 Genistein-7G 0.80 0.80 M42 11.47 C15H10O8S 349.0018 348.9996 -6.30 269,151 6-OH-Daidzein-7S 0.05 \_ 6-OH-Dihydrodaidzein M43 11.58  $C_{15}H_{12}O_5$ 271.0606 271.0599 -2.58253,225 0.88 M44 11.68 C21H18O11 445.0771 445.0769 -0.45 269,133 Genistein-4'G 0.28 M45 6-OH-Genistein-7G 11.76 C21H18O12 461.0720 461.0714 -1.30285,133 2.42 0.76 0.62 \_ 397.0229 397.0219 Dihydroirilin D-7S M46 12.02  $C_{16}H_{14}O_{10}S$ -2.52317,302 0.27 M47 12.04 329.313.298.283.255 8-OH-Irisolidone-7G 0.55 1.53 C23H22O13 505.0982 505.0963 -3.761.11 M49 12.24  $C_{22}H_{22}O_{12}$ 477.1033 477.1028 -1.05 301,286 Dihydrotectorigenin-7G 0.16 \_ leftM48 397.0229 397.0212 Dihydroirilin D-4'S 12.24 C16H14O10S -4.28317,302 0.39 0.64 \_ P8 12.43  $C_{21}H_{20}O_{11}$ 447.0927 447.0971 9.84 285,267 6-Hydroxygenistein-7-O-1.56 0.28 0.84 glucoside M50 12.75 299,284,255 6-OH-Biochanin A-6G C22H20O12 475.0877 475.0872 -1.051.25 \_ \_ M51 12.86 C16H14O9S 381.028 381.0269 -2.89 301,286 Dihydrotectorigenin-7S 1.51 2.50 \_ M52 13.03 C15H10O9S 364.9967 364.9967 0.00 285,257 6-OH-Genistein-7S 0.19 6-OH-Daidzein M53 13.34  $C_{15}H_{10}O_5$ 269.045 269.0448 -0.74151 1.35 M54 14.08 C15H10O8S 349.0018 348.9989 -8.31 269,133 Genistein-7S 0.93 1.34 299.284 M55 14.2  $C_{16}H_{12}O_9S$ 379.0124 379.0116 -2.11Tectorigenin-7S 12.10 8.75 2.64 M56 14.53  $C_{16}H_{12}O_9S$ 379.0124 379.0133 2.37 299,284 Tectorigenin-4'S 6.97 M57 15.01 C16H12O10S 395.0073 395.0068 -1.27315,300 Irilin D-7S 1.00 \_ 409.0229 M58 16.23 C17H14O10S 409.0227 -0.49 329,313,298,283 8-OH-Irisolidone-7S 1.26 M59 17.19 C15H10O6 285.0399 285.0392 257,229 6-OH-Genistein -2.46\_ \_ 0.26 M60 17.26 C16H12O7 315.0505 315.0511 1.90 299,284,255 8-OH-Tectorigenin 0.47 P9 18.44 C16H12O7 315.0505 315.0483 -6.98 300 Irilin D 0.06 Dihydroglycitein M61 18 49  $C_{16}H_{14}O_5$ 285 0763 285 076 -1.05270 0.03 0 54 P10 19.02  $C_{16}H_{12}O_5$ 283.0606 283.0614 2.83 268 Glycitein 0.68 2.62 0.45 M62 19.02 505.0937 329.314 Iristectorigenin A-7G C23H22O13 505.0982 -8.910.27 \_ P11 ° 19.47 C15H10O6 285.0399 285.0382 -5.96 Luteolin 0.09 133 300,285,257 Dihydroirisolidone M63 19.86 C17H16O6 315.0869 315.0845 -7.62 0.01 \_ \_ P12 20.13 C<sub>8</sub>H<sub>8</sub>O<sub>4</sub> 167.0344 167.0345 0.60 108 Vanillic acid 0.51 0.04 \_ 20.72 Dihydrogenistein 0.14 M64 C15H12O5 271.0606 271.0589 -6.27 253,225 \_ 0.26 M65 20.92  $C_{16}H_{14}O_{6}$ 301.0712 301.0711 -0.66286,257 6-OH-Dihydrobiochanin A 1.67 21.96 M66 21.14  $C_{17}H_{14}O_{10}S$ 409.0229 409.0215 -3.42 329,314 Iristectorigenin A-7S 0.43 0.54 M67 21.3  $C_{17}H_{14}O_9S$ 393.028 393.0269 -2.80313,298,283,255 Irisolidone-7S 1.85 1.42 M68 21.41 C16H12O6 299.0556 299.0553 -1.00284,255 Isotectorigenin 0.25 1.80 5.69 P13 ° 0.59 21.43 C15H10O5 269.045 269.0451 0.37 Genistein 3.02 2.74 133 \_ M69 21.59 C23H24O12 491.119 491.1167 315,300,285 Dihydroirisolidone-7G 0.03 -4.68151 P14 21.74 C15H10O5 269.0452 0.30 0.39 269.045 0.74 Apigenin \_ \_ P15 ° 21.87 C16H12O6 299.0556 299.0548 -2.68284,255 Tectorigenin 11.07 9.11 57.87 M70 22.13 329.0678 5.17 8-OH-Irisolidone 0.05 C17H14O7 329.0661 313,298,283,255 0.21 \_ M71 22.2 C23H22O12 489.1033 489.1028 -1.02313,298,283,255 Irisolidone-7G 0.68 M72 22.24 C18H16O6 327.0869 327.0883 4.28 313,298,283,255 4',7-Di-methyltectorigenin 0.14 0.01

TABLE 1 (Continued) Characterization of the metabolites in rat after oral administration of *P. montana* var. thomsonii (Benth.) M. R. Almeida extract by UHPLC-QTOF MS.

(Continued on following page)

No.	t <sub>R</sub>	Formula	(M-H) <sup>-</sup>			Identification <sup>a</sup>	Rela	tive co	ntent	(%) <sup>b</sup>	
	(min)		Calculated	Observed	РРМ	MS/MS fragments	-	Р	U	В	F
M73	22.3	C <sub>16</sub> H <sub>12</sub> O <sub>6</sub>	299.0556	299.0554	-0.67	284,255	6-OH-Biochanin A	_	0.35	_	_
P16	22.42	$C_{17}H_{14}O_7$	329.0661	329.066	-0.30	314	Iristectorigenin A	_	0.24	_	1.55
P17	23.6	$C_{16}H_{12}O_4$	267.0657	267.066	1.12	252	Formononetin	—	0.04	_	_
M74	25.03	$C_{16}H_{14}O_5$	285.0763	285.0751	-4.21	270	Dihydrobiochanin A	_	_	_	0.13
P18	25.47	$C_{47}H_{76}O_{17}$	911.5004	911.4987	-1.87	765,615,457,437	Astragaloside VIII	_	0.04	0.14	_
P19	25.52	$C_{48}H_{78}O_{18}$	941.511	941.5088	-2.34	795,615,457,437	Soyasaponin I	_	0.15	0.36	0.76
M75	25.56	$C_{17}H_{14}O_6$	313.0712	313.072	-0.66	298,283,255	Isoirisolidone	_	0.04	_	0.13
M76	25.69	$C_{16}H_{12}O_5$	283.0606	283.0605	-0.35	268	Biochanin A	_	0.21	_	0.25
P20	25.86	$C_{47}H_{76}O_{17}$	911.5004	911.5	-0.44	765,615,457,437	Soyasaponin II	_	0.04	_	0.29
P21 <sup>c</sup>	25.89	$C_{17}H_{14}O_6$	313.0712	313.0714	0.64	298,283,255	Irisolidone	_	0.16	_	0.64
P22	26.01	$C_{48}H_{78}O_{17}$	925.5161	925.517	0.97	779,599,441,439	Kaikasaponin III		0.16	_	_
P23	26.57	$C_{42}H_{68}O_{13}$	779.4582	779.4576	-0.77	617,439	Kaikasaponin I	—	0.05	0.13	_
P24	26.66	$C_{47}H_{76}O_{16}$	895.5055	895.5039	-1.79	599,441,439	Kakkasapnin I	_	0.05	0.11	_
P25	26.75	$C_{47}H_{76}O_{16}$	895.5055	895.5021	-3.80	599,441,439	Baptisiasaponin I	_	0.05	0.10	_
M77	27.54	$C_{41}H_{66}O_{12}$	749.4476	749.4461	-2.00	587,411,409	Demethyl-22-dehydroxyl- kaikasaponin I	—	0.03	0.16	—
M78	27.92	$C_{36}H_{60}O_9$	635.4159	635.4177	2.83	459,438	Reduct-soyasapogenol B-3-β-D- glucuronide	_	_	_	0.14
M79	28.03	$C_{31}H_{50}O_3$	469.3682	469.3668	-2.98	455,439,437	Methyl-soyasapogenol E	_	_	_	1.48
M80	28.32	$C_{30}H_{48}O_5$	487.3423	487.3398	-5.13	471,455,439	1, 21-Dihydroxyl- soyasapogenol E	_	—	—	0.55
M81	28.89	$C_{37}H_{62}O_9$	649.4316	649.4307	-1.39	473,459,441,439	9 Methyl-reduct-soyasapogenol B 3-β-D-glucuronide		—	—	0.23
M82	29.31	C30H50O4	473.3631	473.3635	0.85	457,437	1-Hydroxyl-soyasapogenol B	_	_	_	0.65

TABLE 1 (Continued) Characterization of the metabolites in rat after oral administration of *P. montana* var. thomsonii (Benth.) M. R. Almeida extract by UHPLC-QTOF MS.

<sup>a</sup>G, glucuronide; S, sulfate; and OH, hydroxylation.

<sup>b</sup>P, plasma samples; U, urine samples; B, bile samples; and F, fecal samples.

<sup>c</sup>Components identified with reference compounds comparison.

(Supplementary Figure S2). In addition, the peak area of each absorbed constituent was also recorded automatically using the MetaboLynx<sup>TM</sup> system. After summarizing the peak area of all constituents, the percentage calculated by the ratio of their peak area to the total peak area in each biological sample was described as relative content. The detail data of identified results are listed in Table 1. These compounds could be generally divided into two categories, namely, flavonoid- and saponin-related metabolites.

### 3.1.1 Metabolites associated with flavonoids

A total of 93 flavonoids and their metabolites were screened out from the dosed samples, with 16 of them elucidated as prototypes and others assigned as metabolites. Among the prototypes, eight components that were almost consistent with our previous study belonged to aglycones (P9~P11, P13~P17, and P21) and glycosides (P1~P8), respectively. In addition, five (P7~P8, P10, P13, and P15), 25 (P1~P25), three (P6~P8), and six (P10, P13~P16, and P21) prototype components were observed separately in rat plasma, urine, bile, and feces samples. As for the metabolites, glucuronidation, sulfation, methylation, hydroxylation, and reduction were their major metabolic pathways. 76 metabolites, including 24 sulfates, 21 glucuronides, 17 aglycones, eight glucuronide–sulfates, four diglucuronides, and two disulfates were identified (Figure 1A).

As for the aglycone skeleton,  $MS^2$  spectra with high energy showed characteristic <sup>1,3</sup> A<sup>-</sup> and <sup>1,3</sup> B<sup>-</sup> ions origin from a retro-Diels-Alder (RDA) cleavage of the C ring as well as losses of CH<sub>3</sub> (15 Da), O (16 Da), H<sub>2</sub>O (18 Da), CO (28 Da), CO<sub>2</sub> (44 Da), and/ or combination of the fragments mentioned before. Meanwhile, the reduction at 2,3-double bond of the C ring and rearrangement between C-6 and C-8 positions were also common in the *in vivo* metabolic pathway of PF flavonoids according to the related literature (Bai et al., 2010; Bai et al., 2011a). Correspondingly, the metabolic pathway of flavonoids



Proposed metabolic pathways of flavonoid-related metabolites in rats after oral administration of the flower of *Pueraria montana* var. thomsonii (Benth.) M. R. Almeida extract.

from PF *in vivo* was outlined, as shown in Figure 2. The results indicated that irilin D (P9), glycitein (P10), genistein (P13), tectorigenin (P15), iristectorigenin A (P16), and irisolidone (P21), which were the aglycone of flavonoids constituent in PF extracts, were the key prototype components in the metabolic process.

## 3.1.2 Metabolites associated with saponins

Triterpenoid saponins found in PF are another major group of bioactive components. In addition, 13 saponins, sharing a basic chemical skeleton but with different moieties at C-3, C-22, and C-28, were identified and tentatively characterized based on their mass spectra and literature reports (Gao et al., 2007; Liang et al., 2014; Yu et al., 2016) (Figure 1B).

Compounds P18~P20, M78, and M81~M82 could be grouped because they possess the same aglycone soyasapogenol B  $(C_{30}H_{50}O_3)$  as the aglycone, and they presented similar fragmentation pathways. P18 and P20 with precursor ions detected at m/2 911 (M–H)<sup>-</sup> are a pair of isomeric with an identical elemental composition of C47H76O17. Both displayed a series of characteristic fragment ions at m/z 765, 615, 457, and 437 by simultaneously losing sugar units including 146 Da (rhamonose), 132 Da (arabinose, xylose), 176 Da (glucuronosyl), and 18 Da (H<sub>2</sub>O) at the site of C-3. They were ascribed to astragaloside VIII and soyasaponin II, respectively (Lu et al., 2013). Similarly, P19 was identified as soyasaponin I according to our previous reports (Lu et al., 2013). The metabolites M78 and M81 exhibited the protonated molecular ion at m/z 635.4177 (C<sub>36</sub>H<sub>60</sub>O<sub>9</sub>) and m/z 649.4307 (C<sub>37</sub>H<sub>62</sub>O<sub>9</sub>), which were 2Da (2H) and 16 Da (CH<sub>2</sub>+2H) higher than that of the soyasapogenol B-3-β-D-glucuronide, suggesting that both were reduced and methylated metabolites. The reduction at 12,13-double bond of the C ring is a metabolic pathway for saponins such as  $\alpha$ -hederin (Liang et al., 2014), which was also reduced to hydrogenated metabolite in rat feces by the gut microflora. Accordingly, M78 and M81 were tentatively identified as reduct-soyasapogenol B-3-β-D-glucuronide and methyl-reduct-soyasapogenol B-3-β-D-glucuronide based on the aforementioned researches. Similarly, M82 with m/z473.3635 ( $C_{30}H_{50}O_4$ ) was 16 Da (O) higher than that of aglycone, which was identified as 1-hydroxyl-soyasapogenol B because C-1 was the active site according to the related research (Yu et al., 2016).

P22~P25 and M77 could be grouped because they possess the same aglycone sophoradiol. P22~P25 were identified as kaikasaponin III, kaikasaponin I, kakkasaponin I, and baptisiasaponin I by comparison with the identified constituent in PF extracts, respectively (Lu et al., 2013). M77 exhibited a protonated molecular ion at m/z 749.4461 ( $C_{41}H_{66}O_{12}$ ), which was 30 Da (-CH<sub>2</sub>-O) lower than that of kakkasaponin I (P23). Thus, it was demethylated and dehydroxylated metabolite of P23. Since there is only one hydroxyl substituted at C-22, M77 was deduced as dimethyl-22-dehydroxyl-kakkasaponin I. Analogously, M79 and M80 were identified as methylated and C1, C21-dihydroxyl of aglycone soyasapogenol E based on the similar metabolic pathway of saikosaponin G and glycyrrhetinic acid (Gao et al., 2007; Yu et al., 2016).

## 3.3 Compound-target-pathway network construction

In order to understand important effective components, the relative content of each metabolite was calculated by area

normalization and expressed as the percentage of its peak area to the total peak areas in each kind of biosamples (Table 1). A total of 13 candidate components that detected in rat plasma and/ or bile samples with relative content more than 3% were screened for the further network analysis. In all, 104 protein targets associated with the 13 constituents were retrieved from the Swiss Target Prediction platform after eliminating the overlaps, and a component–target network was constructed (Figure 3A). Their detail information is shown in Supplementary Table S2. Similarly, 5338 ALD-related targets obtained from OMIM, TTD, CTD, GAD, DisGeNET, and GeneCards databases were collected after searching, integrating, and de-duplicating steps (Supplementary Table S3).

To acquire the candidate targets of PF against ALD, aforementioned constituent targets and disease targets were intersected, and 88 intersection targets were obtained (Figure 3B). Then the protein-protein interaction (PPI) analysis aiming at more crucial targets was carried out based on the aforementioned 88 targets by using the STRING database. Accordingly, 47 candidate targets with confidence scores greater than 0.9 were screened out (Figure 3C) and subjected to the KEGG pathway enrichment to elucidate their molecular mechanisms. As a result, nine signaling pathways (excluded cancer pathways) were involved and enriched from 16 of 47 targets (Figure 3D), which could be sorted into four groups according to their biological functions: (1) glycolysis/ gluconeogenesis-related targets (LDHB, TPI1, and ALDH2); (2) amino acid metabolism-related targets (ALDH2, GOT2, MAOA, MIF, and TYR); (3) lipid regulation-related targets (ALDH2, ACOX1, CHKB, PPARA, and TNF); and (4) inflammation and immune regulation-related targets (TNF, HSP90AA1, HSP90B1, ALOX12, ALOX15, and PTGS1). Furthermore, we mapped the 16 targets into components and obtained 11 absorbed components (P6, P15, M3, M11, M15~M17, M19, M21, M36, and M55) (Figure 3D).

## 3.4 Molecular docking

A docking analysis was performed to evaluate the relationship between the active components and potential targets that were predicted by the network analysis. The aforementioned absorbed 11 ingredients were selected as candidate components to dock with the 16 relevant targets that were screened by the network analysis. Consequently, a heat map performed by GraphPad 8.0 software was present for intuitively describing the receptor–ligand interactions.

Based on the heat map (Figure 4A), the interactions of 11 components with 16 selective targets were ranked as intensive binding (>8.0), moderate binding (6.0–8.0), and weak binding (<6.0). Here, 8.0 was set as the cutoff value to screen the potential active components against ALD. As a result, 6''-O-xylosyltectoridin (P6) and three metabolites genistein-7-



glucuronide-4'-sulfate (M11), tectoridin-4'-sulfate (M17), and 6"-O-xylosyltectoridin-4'-sulfate (M16) showed better binding ability with more than three intensive values, while weak or no inhibition effects were observed to the prototype tectorigenin (P15). As for targets, monoamine oxidase type A (MAO-A) and peroxisome proliferator–activated receptor  $\alpha$  (PPAR- $\alpha$ ), which rank the top two places in binding ability, contained seven and six values more than the cutoff and revealed close correlations with PF absorbed components. Among them, the interaction between MAO-A and compounds M3, M11, and M16 and PPAR- $\alpha$  and M16 presented the best performance. P15 and M16 were selected as representative prototype components and metabolites, respectively. Their binding mode in the active site of MAO-A and PPAR- $\alpha$  has been shown in a three-dimensional pattern in Figure 4B.

As for MAO-A, P15 showed two H-bond interactions with PHE208 and ALA68, which were C-7 and C-4' phenolic hydroxyls on the A and B rings, respectively. M16 showed eight H-bond interactions as follows: four hydroxyl groups on glucose with Gly443, Gly49, ARG51, and THR52; three hydroxyl groups on xylose with THR435, SER24, and ALA27; and a phenolic hydroxyl at C-4' on the B ring with GLN215. While Gly443 and ILE23 were involved in the N-H Bond interactions with a representative MAO-A inhibitor moclobemide, the former was also the connection site of M16 with MAO-A.

Along the similar lines, interaction between P15 and PPAR- $\alpha$  showed three H-bond interactions, a phenolic hydroxyl, and a carbonyl group from the isoflavonoid skeleton with ASN219; a methoxy group and a phenolic hydroxyl on the A ring with ALA333; and a methoxy group on the A ring with TYR334. Similarly, M16 showed five H-bond interactions, two phenolic hydroxyls with ASN219 and ALA333, and three hydroxyl groups on glucose and xylose with THR279, Glu286, and Gly335. In addition, the interaction of C-4'-sulfate with TYR 279 was also observed. As the positive comparison, PPAR- $\alpha$  agonist WY14643 shared the same residue ALA333 with P15 and M16, which was the active site for the treatment on ALD. Collectively, the docking results above showed that glycosylation or sulfation increased the binding activity comparison with the prototype.

# 3.5 Experimental validations of the pharmacological effects and the molecular mechanisms of PF against ALD

We further verified the pharmacological effects and the prediction mechanisms of PF against ALD based on the rat model. As shown in Figure 5A, ALT and AST levels were

121



Binding interaction between the active metabolites and potential targets predicted by network analysis. (A) Binding energy between 11 constituents with 16 targets performed by docking. (B) Binding mode of tectorigenin (P15), 6''-O-xylosyltectoridin-4'-sulfate (M16), and positive drug with MAO-A and PPAR- $\alpha$ . (Compounds are presented with the thick stick style; hydrogen bonding interactions are expressed by yellow dotted lines. Amino acid residues which form H-bonds are presented by thin line and labeled with residue sequence.)



#### FIGURE 5

Protective effect of PF on ethanol induced rat liver injury. (A) Serum ALT, AST and ALP were measured using the automatic biochemistry analyzer. (B) Histological changes were observed using H&E staining (100×). The arrow indicates swelling and nuclear deviation, red blood cells overflow, or lipid vacuolation. (C) Effects of PF on PPAR- $\alpha$  and MAO-A protein levels in liver tissue based on the Western blotting assay. Data are presented as the mean  $\pm$  SD (n = 3), \*p < 0.05 and \*\*p < 0.01 vs. control group. \*p < 0.05 vs. model group.



enhanced in the ethanol-treated group in comparison with the control group whereas that of ALP decreased significantly (p < 0.05). Conversely, supplementation of PF could effectively reduce the activities of AST and ALT as well as increase the level of ALP (p < 0.05). Similarly, tiopronin reduced the content of ALT (p < 0.05), while there was no statistical difference in the AST and ALP activities (p > 0.05). H&E staining results indicated that PF and tiopronin markedly alleviated ethanol-triggered microvesicular steatosis with mild swelling and nuclear deviation and red blood cells overflow as well as certain lipid vacuolation in hepatocytes (Figure 5B).

To validate whether the targets MAO-A and PPAR- $\alpha$  were involved in the protective effect of ALD by PF, their protein levels in the liver tissues were examined. As shown in Figure 5C, the expression levels of MAO-A and PPAR- $\alpha$  protein respectively increased and decreased in the ALD model rats, compared to the normal control group (p < 0.01). As hypothesized, treatment with PF significantly recovered the protein expression of MAO-A and PPAR- $\alpha$  compared to the model group (p < 0.05). Notably, the effect of PF was approximately equal to that of tiopronin. The verification results are consistent with the network prediction results.

## 4 Discussion

In general, PF is given as a tea drink or compounded preparations with other herbal medicines by oral

administration in the daily life or clinic therapy. Thus, exploring the constituents absorbed and excreted in vivo can narrow the screening scope of effective forms and build a foundation for the follow-up mechanism research of PF in treating various diseases. In the present study, a global metabolic profile of PF including the identification and classification was provided by detecting the metabolites in rat plasma, urine, bile, and feces after oral administration owing to high sensitivity of the UPLC-QTOF MS system. Moreover, the relative content of the prototypes and metabolites in the four biological samples were determined to evaluate the contribution of different metabolic reactions in vivo. As shown in Table 1, two categories of the parent compounds and related metabolites, including flavonoids and saponins, were observed in rat biological samples. The saponins were only detected in urine and feces in the form of prototypes or metabolites that were produced from phase I metabolism, such as hydroxylation, dehydroxylation, methylation, demethylation, and reduction. The flavonoids were generally speculated to be the bioactive components, and the effective forms should be absorbed into blood with appropriate concentrations.

If we evaluate the contribution of different metabolic reactions to the metabolite formation according to their number and relative content, we could find that sulfation and glucuronidation are both major metabolic reactions for PF flavonoids. The route of *in vivo* metabolism or biotransformation for flavonoids is a process to transform them into more hydrophilic metabolites, which not only

enhanced their oral absorption and bioavailability but also enhanced the excretion from the body *via* the bile and urine. O'Leary et al. (2003) demonstrated that the isoflavone conjugates formed at intestinal are easy to be transported into the hepatocytes and then excreted into the bile. Moreover, hepatic uptake and efflux transporters on the basolateral membrane participate in drug elimination, which can facilitate endogenous compounds and metabolites with poor membrane permeability to transport into hepatocytes (Funk, 2008). Except for some conjugated metabolites that were eluted in bile, deconjugated by intestinal microflora, and excreted to feces, the others were reabsorbed *in vivo* and then underwent enterohepatic circulation. Therefore, the metabolites with higher relative content in bile were also selected for a followup mechanism analysis.

The network analysis combined with the docking analysis revealed that 6"-O-xylosyltectoridin (P6) and three metabolites genistein-7-glucuronide-4'-sulfate (M11), tectoridin-4'-sulfate (M17), and 6"-O-xylosyltectoridin-4'-sulfate (M16) may be the effective forms in the treatment of PF on ALD. The latter three belong to conjugated metabolites. Over the past two decades, several studies showed that glucuronides, sulfates, or bis-conjugates were the major existent form of flavonoids in systemic circulation and closely associated with their pharmacological actions. Our previous study found that tectorigenin-7S (M55) and tectorigenin-7G (M36) exhibited stronger inhibitory activity against aldose reductase than tectorigenin (P15) (Qu et al., 2014). In addition, several flavonoids conjugates, such as daidzein-7-glucuronide-4'-sulfate; daidzeinapigenin-7-O-glucuronide; 4',7-disulfate; quercetin-3-O-glucuronide; quercetin-4'-O-glucuronide; quercetin-3'-O-sulfate; and luteolin-7-O-glucuronide, have also been proved to possess some pharmacological activities, including antiinflammatory (Min et al., 2009), anti-oxidative (Moon et al., 2001), antitumor (Chuang et al., 2016), and triglyceride-lowering effects (Eseberri et al., 2019). Therefore, these Phase II metabolites may be responsible for the pharmacological and medicinal properties of flavonoids in vivo, and the conjugation site should be considered as their benefit for structural modification.

When compare the difference in connecting targets, 6"-Oxylosyltectoridin (**P6**), 6"-O-xylosyltectoridin-4'-sulfate (M16), and tectoridin-4'-sulfate (M17) were strongly associated with fatty acid metabolism, adipocytokine signaling pathway, arginine and proline metabolism, NOD-like receptor signaling pathway, and glycolysis/gluconeogenesis *via* targeting ALDH2 and TNF. 6"-O-xylosyltectoridin (P6) was also involved in the NOD-like receptor signaling pathway and glycolysis/gluconeogenesis *via* regulating the candidate targets HSP90A1 and TPI1. Remarkably, GOT2 and CHKB, involved in the regulation of lipid and amino acid metabolism, were only found to be related with the metabolites genistein-7G-4'S (M11), 6"-Oxylosyltectoridin-4'-sulfate (M16), and tectoridin-4'S (M17). These results showed that the protective role of PF depended on the interacting and synergetic of both prototypes and metabolites. The prototypes are more likely to act on glycolysis/gluconeogenesis as well as inflammation and immune regulation, while the metabolites are highly involved in regulation of lipid and amino acid metabolism.

ALD is characterized by oxidative stress, inflammation, and disturbance of hepatocyte metabolism as well as bacterial translocation (Louvet and Mathurin, 2015). In the present study, the KEGG enrichment analysis showed that the targets were regulated by 16 genes correlated with multiple biological processes inclusive of nine pathways, which were interacting and synergetic. Combined with docking results, the regulation of lipid and amino acid metabolism should highly involve in the protective effect of PF against ALD (Figure 6).

Growing evidence has demonstrated that the development of ALD is associated with disturbance of lipid regulation. Fatty acid metabolism (hsa00071), adipocytokine signaling pathway (hsa04920), and PPAR signaling pathway (hsa03320), selected on the basis of the enrichment by five genes ACOX1, CHKB, ALDH2, PPARA, and TNF, participate in the lipid regulation process of PF. Peroxisome proliferator-activated receptor a (PPAR-a), a key nuclear transcription factor abundantly expressed in the liver, plays a major role in lipid metabolism regulation. Several studies reported that PPAR-a agonists were expected to be a treatment for ALD by reducing oxidative stress, regulating fatty acid synthesis and oxidation, inhibiting the production and release of inflammatory and profibrogenic factors, and alleviating liver tissue damage (Kersten, 2014). As the target genes of PPAR-a, the expression of peroxisomal acylcoenzyme A oxidase 1 (ACOX1) and choline/ethanolamine kinase (CHKB) through fatty acid oxidation will be reduced, and the accumulation of triglyceride in the liver and the content of TNF-a in serum was accordingly increased in the development and progression of ALD. Concordantly, increased TNF affects the expression of CHKB through the NF-kB pathway and induces inflammation, which aggravates the course of disease.

Abnormal amino acid metabolism, including tyrosine metabolism (hsa00350), phenylalanine metabolism (hsa00360), and arginine and proline metabolism (hsa00330), is closely related to intestinal flora metabolism, and bacterial translocation from the gut microbiota into the portal blood stream is an important driver of ALD (Vassallo et al., 2015). MAO-A, a mitochondrial enzyme, exists mainly in the human liver, kidney, small intestine, and nerve tissues and could remove the metabolites of tyrosine and phenylalanine by oxidative deamination. It had been closely associated with neurological and psychiatric disorders due to its degradation of catecholamine neurotransmitter. Recent studies provide insights into the application of MAO-A as a novel predictor of clinical outcomes that MAO-A expression was negatively correlated with the alcohol consumption level and hepatocellular carcinoma (Cervera-Juanes et al., 2016). Increasing MAO-A expression or enzyme activity may be a new approach that can be used for ALD treatment. In addition, researchers



founded that ALDH2, aldehyde dehydrogenase located in mitochondria, was the downstream gene of MAO-A. A link between capacity to reduce alcohol consumption and increased liver ratio of MAO to ALDH2 has been established by using an animal model (Cervera-Juanes et al., 2016). Other targets, such as GOT2, TYR, and MIF, are also involved in the gut bacterial pathway for dopamine and tyrosine metabolism, which affect the intestinal permeability and bacterial translocation.

An increasing number of studies have shown that inflammation and immune regulation was also critical for the progression of ALD. Heat shock protein 90 (hsp90), an emerging therapeutic target in ALD, was a main effector in the NOD-like receptor signaling pathway (hsa04621). It is involved in initiation of the early phases of ER stress contributing to stimulation and accumulation of hepatic lipids (Ambade et al., 2014). Hsp90 inhibitors could alleviate serum ALT, endotoxin, and pro-inflammatory cytokines such as TNF-a in acute and chronic alcoholic liver injury and regulating PPAR-a to influence fatty acid oxidation and synthesis. In addition, ALOX12, ALOX15, and PTGS1, which catalyze the generation of leukotrienes and prostaglandins by arachidonic acid metabolism (hsa00590), also participate in the processes of ALD through activation of inflammatory responses (Zhang et al., 2017). Their chemical inhibitors have been confirmed to significantly alleviate alcoholinduced oxidative stress, lipid accumulation, and liver damage. In addition, LDHB, TPI1, and ALDH2, which act as master regulatory genes of glycolysis/gluconeogenesis (hsa00010) due to the increased cells' need for oxygen by chronic alcohol consumption, also play a vital role in the treatment of PF in ALD.

In this study, the bioinformatic method was combined to elucidate the active components and mechanism of PF in the treatment of ALD. Some of the predicted results are confirmed by in vivo experiments, which preliminarily prove the scientific nature of this method. In addition, some of the compound-target-pathway interactions predicted by the network analysis have also been confirmed in the previous studies. For example, protective effects of genistein against chronic alcohol-induced liver injury in mice were related to regulate expression of inflammatory-related factors TNFa, NFκB, and PTGS1 (Zhao et al., 2016). Tectoridin, a characteristic isoflavone glycoside found in PF and Belamcanda chinensis (L.) DC., could protect against ethanol-induced liver steatosis mainly by modulating the disturbance of the PPAR-a pathway and ameliorating the mitochondrial function (Xiong et al., 2010). In addition, attenuated alcoholism by daidzin has been proved to be associated with the liver mitochondrial MAO-ALDH2 pathway (Ambade et al., 2014). However, other constituents and targets especially conjugated metabolites predicted in the present study still need to be validated in the follow-up study.

There are still two shortcomings in this study. On the one hand, benchwork assessing affinity using several technologies such as the surface plasmon resonance biosensor should be combined with a docking analysis to evaluate and validate the importance of relative compounds and targets. As our research focus on the *in vivo* metabolites, the phase II metabolites including glucuronides, sulfates, and/or bis-conjugates that account for the most part were difficult to isolate due to their exclusivity distribution in the biological matrix rather than the plant kingdom. Therefore, the absence of metabolite references restricted further affinity evaluation. On the other side, the single dose in the present study was chosen to continue and compare with our previous metabolism research, which determined the pharmacokinetic parameters of tectoridin and tectorigenin after oral administration at dosages of 200 and 130 mg/kg, respectively (Qu et al., 2012; Wang S. et al., 2013). However, three dosages (low, middle, and high) should be set to reflect the dose–effect relationship more scientifically in the pharmacological research. These deficiencies will be improved in our subsequent studies.

## **5** Conclusion

The present study has developed a sensitive and rapid method for the separation and identification of the absorbed constituents and metabolites of PF in vivo for the first time. Glucuronidation, sulfation, methylation, hydroxylation, and reduction are the major metabolic reactions. Furthermore, the constructed absorbed constituent-target-pathway-disease network and the docking analysis revealed that phase II metabolites may play more important roles in the PFmediated protection against ALD. Also, the protective effects and predicted mechanism associated with decreased and elevated expression of MAO-A and PPAR- $\alpha$  in rat ALD models were also validated (Figure 7). However, the absence of metabolite references restricted the reliability of predicted conclusions about importance of key metabolites. In the future, we will try to purify the glucuronides, sulfates, and/or bis-conjugated metabolites and employed the benchwork assay to obtain the affinity and Michaelis constant of active compounds bound to key targets, which make the research more credible.

## Data availability statement

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/Supplementary Material.

## **Ethics statement**

The animal study was reviewed and approved by the Ethics Review Committee for Animal Experimentation of Shenyang Pharmaceutical University (License number: SCXK (Liao) 2015-0001).

## Author contributions

JQ: experimental works, project administration, data curation, and writing—original draft. QC: experimental works and data curation. TW: bioinformatic investigation of the network analysis and molecular docking. ND: experimental works. DS: writing—review and editing. DY: research design and supervision and writing—review and editing.

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## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphar. 2022.915535/full#supplementary-material

#### SUPPLEMENTARY FIGURE S1

Representative base peak chromatogram (BPC) of seven mixed reference compounds (A) and PF extract (B) in the negative ion mode. See Supplementary Table 1 for the peak numbers, and see section 2.4 UPLC-QTOF MS analysis for UPLC-QTOF MS conditions.

#### SUPPLEMENTARY FIGURE S2

Extracted ion chromatograms of all identified metabolites in blank biosamples determined by UPLC-QTOF MS analysis.

#### SUPPLEMENTARY TABLE S1

Compounds identified from the flower of *Pueraria montana* var. *thomsonii* (Benth.) M.R. Almeida extract by the UPLC-QTOF/MS method.

#### SUPPLEMENTARY TABLE S2

Potential targets of 13 absorbed constituents from Puerariae Flos.

#### SUPPLEMENTARY TABLE S3

Therapeutic targets of alcoholic fatty liver.

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## Liang-Ge decoction ameliorates acute lung injury in septic model rats through reducing inflammatory response, oxidative stress, apoptosis, and modulating host metabolism

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Liang-Ge decoction (LG) has been used in the treatment of early stage of spesis and can ameliorate sepsis-associated lung injury. However, the mechanism of LG on sepsis-associated lung injury remains unknown. In this study, we established a rat model of sepsis-associated lung injury using the cecal ligation and puncture (CLP) method, and investigated the therapeutic effects of LG on lung injury in rats with sepsis. In addition, the anti-inflammatory, anti-oxidative and anti-apoptotic effects of LG on sepsis-associated lung injury model rats were evaluated. Besides, untargeted metabolomics was used to investigate the regulation of metabolites in rats with sepsis-associated lung injury after LG treatment. Our results showed that LG could decrease the wet/dry (W/D) ratio in lung and the total cell count and total protein concentration in bronchoalveolar lavage fluid (BALF) in septic model rats. Hematoxylin and eosin (HE) staining showed that LG reduced the infiltration of pro-inflammatory cells in lung. In addition, LG treatmment down-regulated the gene and protein expression of pro-inflammatory cytokins in lung tissue and BALF. The activities of superoxide dismutase (SOD) and glutathione peroxidase (GSH-Px) were increased and the level of methane dicarboxylic aldehyde (MDA) was decreased in lung tissue homogenate in septic model rats after LG treament. Moreover, the numbers of apoptotic cells in lung were reduced and the activity of lactic dehydrogenase (LDH) in BALF was decreased in septic model rats after LG treament. Untargeted metabolomics analysis showed that LG treatment affected the levels of 23 metabolites in lung in septic model rats such as citric acid, methionine, threonine, alphaketoglutaric acid, and inositol, these metabolites were associated with the glycine, serine and threonine metabolism, cysteine and methionine metabolism, inositol phosphate metabolism and citrate cycle (TCA cycle) pathways. In conclusion, our study demonstrated the therapeutic effetcts of LG on sepsis-associated lung injury model rats. Moreover, LG could inhibit the inflammatory response, oxidative stress, apoptosis and regulate metabolites related to glycine, serine and threonine metabolism, cysteine and methionine metabolism, inositol phosphate metabolism and TCA cycle in lung in sepsis-associated lung injury model rats.

#### KEYWORDS

liang-Ge decoction, sepsis-associated lung injury, inflammatory response, oxidative stress, apoptosis, untargeted metabolomics

## Introduction

Sepsis is a systemic disease caused by infection that can involve numerous organs, such as the lung, kidney, heart, brain, and gastrointestinal (GI) tract. Besides, the consequent multiple organ dysfunction syndromes are the main cause of death in patients with sepsis (Xia et al., 2021). During the progression of sepsis, lung is the first and most common organ to be damaged (Wang et al., 2019; Xu et al., 2020). If patients do not receive timely and effective treatment, their condition often deteriorates rapidly into severe respiratory failure (Johnson and Matthay, 2010), which can be life threatening. Studies have shown that 40%-68.2% of adults with sepsis are accompanied by lung injury (Cecconi et al., 2018). With the widespread use of antibiotics, which has resulted in widespread drug resistance, the treatment of sepsis-associated lung injury is becoming increasingly challenging (Johnson and Matthay, 2010). Therefore, it is crucial to develop practical interventions to improve sepsisassociated lung injury.

Many studies have demonstrated the protective effects of traditional Chinese medicine (TCM) on sepsis-associated lung injury. Qing-Wen-Bai-Du decoction could improve acute lung injury and ameliorate the coagulation disorders in septic model rats (Jia et al., 2022). Xue-Bi-Jing injection could ameliorate acute lung injury in septic model rats through improving lung permeability and inhibiting inflammatory response (Liu et al., 2014). Si-Ni decoction could alleviate lung injury in cecal ligation and puncture (CLP)-induced septic model mice through modulating the gut microbiota (Wang et al., 2020). Ba-Bao-Dan treatment reduced the inflammatory response in septic model mice through inhibiting the activation of NOD-like receptor protein 3 (NLRP3)-mediated inflammasome (Li et al., 2022). Illustrating the protective mechanisms of TCM on sepsisassociated lung injury can contribute to the modernization of TCM.

Alterations in the levels of metabolites have been closely correlated with several pathological states, such as inflammation, tissue injury, apoptosis, and oxidative stress. With the use of untargeted metabolomics, it is possible to study the changes in metabolite levels during disease development. It was found that similar alterations in metabolic levels also occurred during sepsis development. In patients with sepsis, the serum levels of glucose, glycine, 3hydroxybutyrate, creatinine, and glycoprotein acetyls are significantly increased, whereas those of citrate and histidine are significantly decreased compared with healthy subjects (Jaurila et al., 2020). Other studies have also demonstrated a correlation between the total glutathione, adenosine, phosphatidylserine, and sphingomyelin levels, and the development of sepsisassociated lung injury (Stringer et al., 2011). Moreover, adipose tissue-derived mesenchymal stem cells can suppress the inflammatory responses in the lungs of septic rats by regulating the levels of acetylcholine, spermine, phenylalanine, and threonine (Cui J. et al., 2020). Furthermore, mangiferin can improve lung injury caused by sepsis by inhibiting oxidative stress and regulating the lipid metabolism and energy biosynthesis (Wang et al., 2018; Xu et al., 2020).

Liang-Ge decoction (LG) is composed of Rheum palmatum L. [Polygonaceae; Rhei radix et rhizoma], Citrullus lanatus (Thunb.) Matsum. and Nakai [Cucurbitaceae; Mirabilitum praeparatum], Glycyrrhiza glabra L. [Fabaceae; Glycyrrhizae radix et rhizoma], Gardenia jasminoides J. Ellis [Rubiaceae; Gardeniae fructus praeparatus], Mentha canadensis L. [Lamiaceae; Menthae haplocalycis herba], Scutellaria baicalensis Georgi [Lamiaceae; Scutellariae radix], Forsythia suspensa (Thunb). Vahl [Oleaceae; Forsythiae fructus], and Lophatherum gracile Brongn. [Poaceae; Lophatheri herba], and can be used for treating the early stage of sepsis. Clinical study revealed that combination treatment of LG and western therapy could significantly suppress the inflammatory response and reduce platelet activation/thrombocytopenia in spetic petients (Wang et al., 2011). A study has demonstrated that LG can inhibit the inflammatory response in septic model mice (Yang et al., 2019); however, the mechanism of action of LG to improve the symptoms of sepsis-associated lung injury remains unclear. In this study, we established a rat model of sepsis-associated lung injury using the CLP method, and investigated the therapeutic effects of LG on lung injury in rats with sepsis. In addition, the anti-inflammatory, antioxidative and anti-apoptotic effects of LG on sepsisassociated lung injury model rats were evaluated. Besides, untargeted metabolomics was used to investigate the regulation of metabolites in rats with sepsis-associated lung injury after LG treatment.

## Material and methods

## Reagents

Terminal deoxynucleotidyl transferase deoxyuridine triphosphate (dUTP) nick end labeling (TUNEL) staining kit was purchased from Kaiji Biotechnology Co., Ltd. (Jiangsu, China). Enzyme-linked immunosorbent assay (ELISA) kits of rat interleukin (IL)-1 $\beta$ , IL-6 and umor necrosis factor alpha (TNF- $\alpha$ ) were obtained from Shanghai Bluegene Biotech Co., Ltd. (Shanghai, China). Total protein, superoxide dismutase (SOD), methane dicarboxylic aldehyde (MDA), glutathione peroxidase (GSH-Px) and lactic dehydrogenase (LDH) assay kits were purchased from Nanjing Jiancheng Biological Engineering Institute (Nanjing, China). RNA extraction, first-strand cDNA reverse transcription, polymerase chain reaction (PCR) kits and primers were purchased from TianGen Biotechnology Co., Ltd. (Beijing, China).

## Laboratory animals

Seventy-five male Sprague Dawley rats weighing  $200 \pm 20$  g each were obtained from Beijing Huafukang Biotechnology Co., Ltd. They were acclimatized in a quiet environment for one week with a relative humidity of 55%–60%. Adequate clean water was provided to the animals, and they were fed freely. The experiment was approved by the Ethics Committee of Tianjin First Central Hospital.

## Generation of a septic rat model

An animal model of sepsis was generated using the CLP method (Dejager et al., 2011). A 12-h fast for food and water was performed before surgery. The skin of the anterior midabdomen of the rats was shaved after the application of anesthesia with isoflurane gas. This skin was then disinfected and a 2-cm incision was made in the midabdomen. After removing the cecum, the mesentery and cecum were freed, and the end of the cecum was ligated at a site 5 mm away from the ileocecal region using a 3–0 surgical suture; then, a syringe needle (20 G) was used to perform a through-hole puncture twice at a site located approximately 0.8–1 cm away from the intestinal wall on both sides of the distal appendiceal root of the ligature, from where a small amount of intestinal content was squeezed out. Subsequently, a 3 mm $\times$  0.5 mm $\times$  30 mm surgical drain was placed in the cecum through-hole puncture, after which the cecum was placed back into the abdominal cavity and the incision was sutured.

## Preparation of Liang-Ge decoction

LG was firstly recorded in "Prescriptions People's Welfare Pharmacy" in Song Dynasty and was prepared based on the description in "Prescriptions People's Welfare Pharmacy." Briefly, 6 g of R. palmatum L. [Polygonaceae; Rhei radix et rhizoma] (Batch No. 210115), 10 g of Citrullus lanatus (Thunb.) Matsum. and Nakai [Cucurbitaceae; Mirabilitum praeparatum] (Batch No. 210312), 6 g of G. glabra L. [Fabaceae; Glycyrrhizae radix et rhizoma] (Batch No. 210327), 10 g of G. jasminoides J. Ellis [Rubiaceae; Gardeniae fructus praeparatus] (Batch No. 211203), 6 g of M. canadensis L. [Lamiaceae; Menthae haplocalycis herba] (Batch No. 201127), 10 g of S. baicalensis Georgi [Lamiaceae; Scutellariae radix] (Batch No. 210708), 20 g of F. suspensa (Thunb). Vahl [Oleaceae; Forsythiae fructus] (Batch No. 210319), and 10 g of L. gracile Brongn. [Poaceae; Lophatheri herba] (Batch No. 210521) were weighed and soaked with an eight-fold volume of water (624 ml) for 30 min. The mixture was decocted for 30 min and filtered. The filtrate was stored separately. The dregs were then mixed with eight-fold volume of water (624 ml) for the second extraction. About 150 ml of filtrates each time were obtained and combined. Then, the combined filtrates (300 ml) were evaporated to about 50 ml (1.59 g of crude herb/ml). Then, the evaporated LG extraction was the diluted into 0.39 g/ml, and 0.78 g/ml, respectively. All herbs were obtained from Tianjin traditional Chinese Medicine prepared pieces Co., Ltd. and authenticated by pharmacist of the Tianjin First Central Hospital. The voucher specimen of herbs were deposited at the Department of Integration of Traditional Chinese and Western Medicine in Tianjin First Central Hospital.

Quality control of LG was performed using Ultra performance liquid chromatography (UPLC; ACQUITY UPLC<sup>®</sup>, United States) coupled with Xevo G2 quadrupoletimeof-flight (Q-TOF) mass spectrometer (MS; Waters Corp.Milford, MA, United States) systems based on our previous established protocol (Xie et al., 2021).

## Experimental groups and drug administration protocol

Seventy-five rats were selected and randomly and equally divided into the following groups: Sham, model, LG low-dose, LG middle-dose, and LG high-dose groups. Rats from model,



LG low-dose, LG middle-dose, and LG high-dose groups received CLP to establish the sepsis model. In contrast, rats in the sham group only had their abdominal wall incised and sutured without receiving CLP. After modeling, the rats in the Sham and model groups were administered with 1 ml/100 g of saline intragastrically, and the rats in the LG low-, middle-, and high-dose groups were administered with 0.39 g/ml, 0.78 g/ml, and 1.59 g/ml of LG extractions every 12 h, respectively (Figure 1). The gavage amount of LG extraction was 1 ml/100 g. The dosage of LG for rats was calculated using the animal dose conversion formula based on the daily human dose, with a conversion coefficient of 6. The amount used for the middle-dose LG rats group represents the human equivalent dose using the following formula: middledose LG = 78 g (the total raw materials)/60 kg (human weight)  $\times$  6 (conversion coefficient).

## Collection of bronchoalveolar lavage fluid bronchoalveolar lavage fluid

After 24 h of drug administration, the thoracic cavity of the rat was opened and the cervical trachea was exposed layer by layer. A Lanz incision was made on the trachea of the rats, and a rat lavage needle was inserted into the lower end of the right main bronchus. The trachea and rat lavage needle were ligated using surgical sutures. Then, the left hilus of the rat's lung was firmly ligated with surgical sutures, to ensure that the left lung was in an airtight state. Using a syringe, 5 ml of saline was withdrawn and connected to the lavage needle that was ligated in the cervical trachea, and saline was slowly injected into the right lung of the rats. Saline was left in the alveoli for 15–30 s and then gently sucked back to withdraw the BALF; the saline was closely observed for exudation during the lavage. This injection and withdrawal procedure was repeated thrice, and a total of approximately 10 ml of BALF was withdrawn from each rat.

## Lung wet-to-dry wet/dry weight ratio

Twenty-four hours after model generation and drug administration, the left lung of the rats, which had not been lavaged, was collected after collecting BALF from each group. The wet mass (W) of the left lung was weighed, and the organ was dried in a constant temperature incubator at 80°C for 48 h, until the lung weight no longer decreased; the lung was then weighed and the value was used as the lung dry weight (D). The W/D ratio of lung tissue was then calculated.

## Total cell count and protein concentration assay of the bronchoalveolar lavage fluid

The BALF was centrifuged at 3,000 rpm/min at 4°C for 10 min, and the cell precipitate and supernatant were collected separately. The total cell count in the BALF precipitate was assessed using a cell-counting plate. The total protein concentration in the BALF supernatant was measured using a bicinchoninic acid (BCA) total protein concentration assay kit.

TABLE 1 Primer sequences of target genes for rats.

Genes	Primer sequence (5'-3')				
β-actin	Forward: CTTCCAGACACGCCATCATG				
	Reverse: TGGTGATGGCGTAGAACAGT				
IL-1β	Forward: GGGATGATGACGACCTGCTA				
	Reverse: TGTCGTTGCTTGTCTCCT				
IL-6	Forward: CTCATTCTGTCTCGAGCCCA				
	Reverse: TGAAGTAGGGAAGGCAGTGG				
TNF-α	Forward: GAGCACGGAAAGCATGATCC				
	Reverse: TAGACAGAAGAGCGTGGTGG				

IL, interleukin; TNF- $\alpha$ , tumor necrosis factor alpha.

## Pathological staining

Twenty-four hours after model generation and drug administration, the rats were sacrificed and the lung tissues of each group were collected, fixed in a formalin solution, embedded in paraffin, cut into 3-µm sections, routinely stained with hematoxylin and eosin (HE), and sealed with neutral balsam. The pathological changes in each group of rats were observed under a light microscope. The inflammation score of HE staining was evaluated baed on the previous study (Cui Y. et al., 2020). In addition, the level of apoptosis in lung tissue was observed using terminal deoxynucleotidyl transferase deoxyuridine triphosphate (dUTP) nick end labeling (TUNEL) staining. The positive expression area was quantified using Image-Pro Plus 6.0, and the TUNEL positive area was calculated based on the integrated optical density (IOD) and total area using the following formula: TUNEL positive area (%) = IOD/total area \*100%

### Enzyme-linked immunosorbent assay

The levels of the inflammatory cytokines IL-6, IL-1 $\beta$ , and TNF- $\alpha$  in the BALF supernatant were measured based on the instructions of the ELISA kits.

## Quantitative polymerase chain reaction

Total RNA was extracted from the stored frozen lung tissues using an RNA extraction kit (TianGen Biotechnology Co., Ltd. Beijing, China). After testing the purity and concentration of the RNA, it was reverse transcribed into cDNA and used in real-time PCR to detect the expression of the *IL-6*, *IL-1β*, and *TNF-α* mRNAs in liver tissues. The relative expression of the mRNAs was calculated based on the 2<sup>- $\Delta\Delta$ CT</sup> quantification method using *β-actin* as a loading control. The primer sequences were designed by TianGen Biotechnology Co., Ltd. Beijing, China (Table 1).

## Detection of biochemical indicators

The supernatant of BALF was collected the protein levels in the lung tissue homogenate were determined using the BCA kit. Moreover, the activities of SOD and GSH-Px and the level of MDA in the lung tissue homogenate and the activity of LDH in BALF were measured based on the instructions of the kit.

### Untargeted metabolomics

A 100 mg sample of lung tissue was added to 500  $\mu$ l of 80% methanol solution, vortexed, and shaken, and then left to stand in an ice bath for 5 min. Subsequently, the sample was centrifuged at 15,000 × *g* at 4°C for 20 min. The supernatant was collected and diluted with water to 53% methanol, followed by centrifugation at 15,000 g at 4°C for 20 min. The supernatant was collected to obtain a tissue homogenate, in which the level of metabolites was detected by liquid chromatography–mass spectrometry according to the specific detection method and analysis reported previously by the group (Xie et al., 2021, Supplementary materials).

### Statistical processing

The experimental results were analyzed using the SPSS Statistics 20.0 statistical software, and the measurement data were expressed as mean  $\pm$  standard deviation. A *t*-test and a one-way analysis of variance with Tukey's HSD (honest significant difference) post-hoc test were used for the comparison of means among multiple groups. Significance was set at p < 0.05.

## Results

## Identification of main compounds in LG by UPLC-MS analysis

Geniposide, menthol, isoorientin, baicalin, forsythin, forsythoside A, emodin and liquiritin were used as the reference standards to validate the main compounds in LG. The detailed information of these compounds were shown in Supplementary Figure S1. The typical based peak intensity (BPI) chromatograms of LG and these reference standards were shown in Supplementary Figure S2. The characteristic fragment ions of these compounds were shown in Supplementary Table S1. Emodin in *R. palmatum* L. [Polygonaceae; Rhei radix et rhizoma], liquiritin in *G. glabra* L. [Fabaceae; Glycyrrhizae radix et rhizoma], geniposide in *G. jasminoides* J. Ellis [Rubiaceae; Gardeniae fructus praeparatus], menthol in *M. canadensis* L. [Lamiaceae; Menthae haplocalycis herba], baicalin in *S. baicalensis* Georgi [Lamiaceae; Scutellariae



133



LG treatment reduced the inflammatory response and apoptosis in lung. (A) qPCR showed that LG treatment down-regulated the mRNA expression of *IL*-6, *IL*-1 $\beta$ , and *TNF*- $\alpha$  in lung. (B–D) LG treatment decreased the levels of IL-1 $\beta$  (B), IL-6 (C) and TNF- $\alpha$  (D) in BALF. (E,F) TUNEL staining indicated that LG treatment decreased the proportions of apoptotic cells in lung (100x). TUNEL: terminal deoxynucleotidyl transferase deoxyuridine triphosphate (dUTP) nick end labeling. Sham group (n = 15), Model group (n = 8), LG low-dose group (n = 9), LG middle-dose group (n = 9), LG high-dose group (n = 10) ##: *p* < 0.01 compared with the sham group; \*: *p* < 0.05 compared with the model group; \*\*: *p* < 0.01 compared with the sham group.

radix], forsythin and forsythoside A in *F. suspensa* (Thunb.) Vahl [Oleaceae; Forsythiae fructus], and isoorientin in *L. gracile* Brongn [Poaceae; Lophatheri herba]. Were identified as the preeminent compounds in LG.

## Therapeutic effects of Liang-Ge decoction on sepsis-associated lung injury model rats

After 24 h of drug administration for modeling, 15 rats in sham group, 8 rats in the model group, 9 rats in LG low-dose group, 9 rats in LG middle-dose group, 10 rats in LG high-dose group were survived. The W/D ratio of lung tissue, total cell count and total protein level in BALF were significantly increased in model group compared with the sham group (p < 0.01,respectively). Middle- and high-dose treatment of LG reduced the W/D ratio of lung tissue and total cell count in BALF in septic model rats (p < 0.05 and p < 0.01, respectively). In addition, the total protein levels in BALF were lower in LG low-dose (p < 0.05), LG middle-dose (p < 0.01) and LG high-dose (p < 0.01) groups compared with that in the model group (Figures 2A-C). Lung HE staining results showed intact bronchial epithelial structure, normal interalveolar septum, absence of interstitial edema in the lungs, and absence of significant inflammatory cell exudates in the sham group. In the model group, bronchial epithelial structure was no longer intact and infiltration by a considerable number of inflammatory cells could be observed. Treatment with low-, middle- and high-dose LG significantly improved pathological changes in lung from septic model rats (Figure 2D). Likewise, the inflammation score of HE staining was higher in model group than that in the control group and the inflammation score was lower in LG middle-dose (p < 0.05) and LG high-dose (p < 0.05) groups compared with that in the model group (Figure 2E).

## Effects of Liang-Ge decoction on inflammatory response, oxidative stress and apoptosis in lung in sepsis-associated lung injury model rats

The anti-inflammatory effects of LG on sepsis-associated lung injury model rats were studied by investigating the gene and protein expressions of pro-inflammatory cytokines in lung and BALF. qPCR analysis showed that the mRNA expressions of *IL-6*, *IL-1β*, and *TNF-α* in lung tissue were up-regulated in model group compared with those in the sham group (p < 0.01, respectively). Compared with the model group, the mRNA expressions of *IL-1β* and *IL-6* were down-regulated in LG low-dose (p < 0.05 and p < 0.01, respectively), LG middledose (p < 0.01, respectively) and LG high-dose (p < 0.01, respectively) groups. The mRNA expression of *TNF-α* was lower in LG middle-dose and LG high-dose (p < 0.01, respectively) groups compared with the model group (Figure 3A). Likewise, ELISA results showed that the levels of IL-6, IL-1 $\beta$ , and TNF- $\alpha$  in BALF were increased in model group compared with those in the sham group (p < 0.01, respectively). Compared with the model group, the levels of IL-1 $\beta$  and IL-6 were lower in LG low-dose (p < 0.05 and p < 0.01, respectively), LG middle-dose (p < 0.01, respectively) and LG high-dose (p < 0.01, respectively) groups (Figures 3B,C). The level of TNF- $\alpha$  was decreased in LG high-dose groups compared with the model group (p < 0.05, Figure 3D).

Furthermore, the anti-oxidative effects of LG were evaluated by measuring the activities of SOD and GSH-Px and the level of MDA in lung tissue homogenates. The activities of SOD and GSH-Px were lower and the level of MDA was increased in model group compared with those in the sham group (p < 0.01, respectively). Compared with the model group, treatment with middle- and high-dose LG significantly elevated the activities of SOD (p < 0.05 and p < 0.01, respectively) and GSH-Px (p < 0.05 and p < 0.01, respectively) in lung tissue homogenates. The MDA level was lower in LG high-dose group compared with the model group (p < 0.05, Table 2).

The anti-apoptotic effects of LG were then studied using TUNEL staining and by measuring the activity of LDH in BALF. TUNEL staining showed that the TUNEL positive area in model group were increased compared with the sham group (p < 0.01), whereas the TUNEL positive area in LG middle-dose and LG high-dose groups were decreased compared with the model group (p < 0.01, respectively, Figures 3E,F). Besides, the activity of LDH was increased in model group compared with the sham group (p < 0.01). Treatment with middle- and high-dose LG reduced the activity of LDH compared with the model group (p < 0.01, respectively, Table 3).

Taken together, high-dose of LG treatment showed significant therapeutic, anti-inflammatory, anti-oxidative and anti-apoptotic effects on sepsis-associated lung injury model rats. Therefore, LG high-dose group was selected for further untargeted metabolomics study to elucidate the metabolic modulatory mechanisms of LG on sepsis-associated lung injury.

## Effects of Liang-Ge decoction on metabolite levels in lung in sepsisassociated lung injury model rats

We further used untargeted metabolomics to study the changes of metabolites in lung sepsis-associated lung injury model rats after LG treatment. The principle component analysis (PCA) plot showed that the sham and model groups were well differentiated and that the model and LG high-dose group were also well differentiated (Figure 4A). To identify differentially expressed metabolites, partial least-squares discriminant analysis (PLS-DA) was used and the explanatory

Group	SOD (U/mgprot)	MDA (nmol/mgprot)	GSH-Px (U/mgprot)		
Sham	55.70 ± 14.92	1.73 ± 0.62	20.75 ± 3.80		
Model	25.22 ± 15.6 <sup>##</sup>	3.85 ± 1.35##	$8.04 \pm 4.58^{**}$		
LG low-dose	$34.56 \pm 6.62$	3.24 ± 1.35	$12.22 \pm 3.54$		
LG middle-dose	$42.16 \pm 13.07^*$	$3.01 \pm 1.03$	$12.37 \pm 3.42^{*}$		
LG high-dose	$46.66 \pm 13.62^{**}$	$2.60 \pm 0.62^*$	16.12 ± 3.88**		
LG low-dose LG middle-dose	34.56 ± 6.62 42.16 ± 13.07*	$3.24 \pm 1.35$ $3.01 \pm 1.03$	$12.22 \pm 3.54$ $12.37 \pm 3.42^*$		

TABLE 2 Acitivities of SOD and GSH-Px and level of MDA in lung tissue homogenates after LG treatment.

SOD, superoxide dismutase; MDA, methane dicarboxylic aldehyde; GSH-Px, glutathione peroxidase. Sham group (n = 15), Model group (n = 8), LG, low-dose group (n = 9), LG, middle-dose group (n = 9), LG, high-dose group (n = 10) \*\*p < 0.01 compared with the sham group; \*p < 0.05 compared with the model group; \*\*p < 0.01 compared with the model group.

TABLE 3 Activity of LDH in BALF after LG treatment.

Group	LDH (U/mL)				
Sham	$4.37 \pm 0.82$				
Model	31.27 ± 8.42##				
LG low-dose	$25.36 \pm 4.24$				
LG middle-dose	21.25 ± 2.69**				
LG high-dose	15.2 ± 1.61**				

LDH, lactic dehydrogenase; Sham group (n = 15), Model group (n = 8), LG, low-dose group (n = 9), LG, middle-dose group (n = 9), LG, high-dose group (n = 10) ##: p < 0.01 compared with the sham group; \*\*p < 0.01 compared with the model group.

power ( $R^2$ ) and predictive power ( $Q^2$ ) of PLS-DA model were accessed. Compared with the sham group, the model group had an  $R^2 = 0.79$  and a  $Q^2 = -0.78$ , whereas LG high-dose group had an  $R^2 = 0.83$  and a  $Q^2 = -0.78$  compared with the model group (Figures 4B–E). These results showed that the model was stable and had good predictive power.

The following three criteria were used to screen for differentially expressed metabolites: p < 0.05 and VIP >1.0, fold change (FC) > 1.20 or FC < 0.80 (between sham and model group or between model and LG high-dose group), where 28 differentially expressed metabolites were identified in total (Table 4). Compared with those in the sham group, the levels of citric acid, glycocholic acid, hydroxyproline, cytidine, 2-deoxyuridine, uracil, cytosine, L-isoleucine, and DL-serine were significantly increased while those of cholesterol, 2-deoxycytidine, nicotinic acid, glutathione, oleanolic acid, nicotinamide, methionine, chenodeoxycholic acid, cholic acid, inositol, alpha-ketoglutaric acid and hippuric acid were significantly decreased in the model group. Levels of hippuric acid, alpha-ketoglutaric acid, inositol, cholic acid, chenodeoxycholic acid, methionine, oleanolic acid, nicotinic acid, L-ascorbate, threonine, D-proline and D-(+)-tryptophan were significantly increased in the LG high-dose group compared with those in the model group while those of DL-serine, DLmalic acid, taurodeoxycholic acid, L-isoleucine, inosine, cytosine, 2-deoxyuridine, cytidine, hydroxyproline, glycocholic acid and citric acid were significantly decreased in the LG high-dose group (Table 4).

## Pathway analysis of differential metabolites

The MetaboAnalyst platform was used for metabolic pathway enrichment analysis of differentially expressed metabolites together with the KEGG database. Differential metabolic pathways were selected based on a pathway impact >0.05 and p < 0.05 (Xie et al., 2021). Differential metabolic pathways between the sham group and model group included glycine, serine and threonine metabolism, cysteine and methionine metabolism, nicotinate and nicotinamide metabolism, pyrimidine metabolism, inositol phosphate metabolism, citrate cycle (TCA cycle) (Figure 4F). Differential metabolic pathways between the model group and the LG high-dose group included glycine, serine and threonine metabolism, cysteine and methionine metabolism, inositol phosphate metabolism, TCA cycle, tryptophan metabolism and aminoacyl-tRNA biosynthesis (Figure 4G). Among these pathways, glycine, serine and threonine metabolism, cysteine and methionine metabolism, inositol phosphate metabolism and TCA cycle were pathways common to the sham, model, and LG high-dose groups.

## Discussion

In this study, we used CLP to generate a rat model of sepsis. Our results showed that the W/D ratio of the lung tissues in the model group rats was increased, along with the increase of total cell count and protein levels in the BALF, suggesting increased permeability of the lung tissues in the model group rats. The results of the pathological staining revealed a significant inflammatory cell infiltration in the lung tissue of the model group rats, which was accompanied by bronchial epithelial cell injury. These changes were consistent with the pathological changes of sepsis-associated lung injury (Jia et al., 2022). LG significantly reduced the permeability of the lung tissues in rats with sepsis-associated lung injury and improved the pathological changes detected in the lung tissues.

Our results also showed that LG downregulated the expression of the pro-inflammatory cytokines IL-6, IL-1 $\beta$ , and



#### FIGURE 4

LG treatment modulated the metabolites in lung in sepsis-associated lung injury model rats. (A) Scores plots of PCA among each group. (B,C) Scores plots of PLS-DA between the sham and model groups and the corresponding coefficient of loading plots. (D,E) Scores plots of PLS-DA between the model and LG high-dose groups and the corresponding coefficient of loading plots. (F,G) Summary of pathway analysis between sham and model groups (F) and between model and LG high-dose groups (G), the common pathways have been marked in red. (A) Glycine, serine and threonine metabolism; (B) Cysteine and methionine metabolism; (C) Nicotinate and nicotinamide metabolism; (D) Pyrimidine metabolism; (E) Inositol phosphate metabolism; (F) Citrate cycle (TCA cycle); (G) Tryptophan metabolism; (H) Aminoacyl-tRNA biosynthesis. Sham, model, and LG high-dose groups (n = 8 per group). PCA: principle component analysis, PLS-DA: partial least-squares discriminant analysis.

No.	Formula	RT [min]	m/z	Metabolites	VIP		FC		Trend		Pathway
					M vs. S	L vs. M	M vs. S	L vs M	M vs. S	L vs. M	
1	C <sub>6</sub> H <sub>8</sub> O <sub>7</sub>	2.08	191.02	Citric acid	1.88	1.41	3.62	0.18	↑##	↓**	f
2	$C_{26}H_{43}NO_6$	6.73	464.30	Glycocholic acid	1.97	1.02	4.77	0.36	↑##	↓**	
3	C <sub>9</sub> H <sub>9</sub> NO <sub>3</sub>	5.34	178.05	Hippuric acid	2.01	1.11	0.23	1.93	↓##	^*	
4	$C_5H_6O_5$	1.37	145.01	alpha-Ketoglutaric acid	1.63	1.62	0.55	4.84	$\downarrow^{\#\#}$	^**	f
5	$C_6H_{12}O_6$	1.45	179.06	Inositol	1.43	1.55	0.68	5.61	$\downarrow^{\#}$	^**	e
6	$C_{24}H_{40}O_5$	6.60	407.28	Cholic acid	1.38	1.16	0.28	2.97	$\downarrow^{\#}$	^**	
7	$C_{24}H_{40}O_4$	6.91	437.29	Chenodeoxycholic Acid	1.18	0.52	0.39	1.89	$\downarrow^{\#}$	^*	
8	C <sub>5</sub> H <sub>9</sub> NO <sub>3</sub>	1.30	132.07	Hydroxyproline	1.86	0.62	3.91	0.15	<b>↑</b> <i>**</i>	↓**	
9	$C_5H_{11}NO_2S$	5.30	150.06	Methionine	1.02	2.00	0.57	2.27	↓##	^**	b, h
10	$C_6H_6N_2O$	1.89	123.06	Nicotinamide	1.52	0.46	0.27	1.53	↓##	Ŷ	с
11	$C_{30}H_{48}O_3$	9.46	439.35	Oleanolic acid	1.51	1.02	0.57	3.19	↓##	^**	
12	$C_9H_{13}N_3O_5$	1.38	244.09	Cytidine	1.21	0.78	2.17	0.28	↑##	↓**	d
13	$C_{10}H_{17}N_3O_6S$	1.38	308.09	Glutathione	1.32	0.48	0.58	1.52	$\downarrow^{\#}$	Î	
14	$C_9H_{12}N_2O_5$	6.21	229.08	2-Deoxyuridine	1.42	0.29	3.09	0.23	↑#	↓*	d
15	$C_4H_4N_2O_2$	1.79	113.03	Uracil	1.30	0.86	1.99	0.55	↑"	$\downarrow$	d
16	$C_4H_5N_3O$	1.38	112.05	Cytosine	1.13	0.35	1.98	0.47	↑##	↓**	
17	$C_6H_5NO_2$	1.74	124.04	Nicotinic Acid	1.21	1.75	0.46	2.49	$\downarrow^{\#}$	^*	с
18	$\mathrm{C_9H_{13}N_3O_4}$	1.82	228.10	2-Deoxycytidine	1.07	0.38	0.53	1.82	$\downarrow^{\#}$	Î	d
19	C <sub>27</sub> H <sub>46</sub> O	8.18	387.36	Cholesterol	1.22	0.39	0.56	1.68	↓##	Î	
20	$C_6H_8O_6$	5.50	177.04	l-Ascorbate	0.18	1.64	0.96	1.65	Ļ	^**	
21	$C_{10}H_{12}N_4O_5$	5.04	269.09	Inosine	0.22	1.80	1.16	0.44	Ŷ	↓**	
22	$C_6H_{13}NO_2$	3.01	132.10	l-Isoleucine	1.04	1.43	1.31	0.64	↑#	↓**	h
23	C <sub>4</sub> H <sub>9</sub> NO <sub>3</sub>	1.31	120.07	Threonine	0.62	1.38	0.79	4.20	Ļ	^**	a, h
24	C <sub>5</sub> H <sub>9</sub> NO <sub>2</sub>	1.37	116.07	D-Proline	0.71	1.14	0.70	1.79	Ļ	^**	
25	C <sub>26</sub> H <sub>45</sub> NO <sub>6</sub> S	7.13	500.30	Taurodeoxycholic Acid	0.24	1.44	1.35	0.35	Ŷ	↓**	
26	$C_4H_6O_5$	1.67	133.01	DL-Malic acid	0.61	1.30	1.21	0.35	Ŷ	↓**	f
27	$C_{11}H_{12}N_2O_2$	5.13	157.08	D-(+)-Tryptophan	0.62	1.43	0.85	2.99	Ļ	^**	g, h
28	C <sub>3</sub> H <sub>7</sub> NO <sub>3</sub>	1.29	106.05	DL-Serine	1.05	1.59	2.11	0.23	↑##	↓**	a, b, h

TABLE 4 Differential metabolites in lung in sepsis-associated lung injury model rats after the treatment of LG.

RT, retention time; VIP, variable importance of projection; FC: fold change;  ${}^{*}p < 0.05$  as compared to the control group;  ${}^{*}p < 0.01$  as compared to the control group;  ${}^{*}p < 0.05$  as compared to the control group;  ${}^{*}p < 0.01$  as compared to the model group;  ${}^{*}p < 0.05$  as compared to the model group;  ${}^{*}p < 0.01$  as compared to the model group;  ${}^{*}p < 0.05$  as compared to the model group;  ${}^{*}p < 0.01$  as compared to the model group;  ${}^{*}p < 0.05$  as compared to the model group;  ${}^{*}p < 0.01$  as compared to the model group;  ${}^{*}p < 0.05$  as compared to the model group;  ${}^{*}p < 0.01$  as compared to the model group;  ${}^{*}p < 0.01$  as compared to the model group;  ${}^{*}p < 0.05$  as compared to the model group;  ${}^{*}p < 0.05$  as compared to the model group;  ${}^{*}p < 0.01$  as compared to the model group;  ${}^{*}p < 0.01$  as compared to the model group;  ${}^{*}p < 0.01$  compared with the sham group;  ${}^{*}p < 0.05$  compared with the model group;  ${}^{*}p < 0.01$  compared with the model group.

TNF- $\alpha$  in lung tissues, and decreased the levels of these cytokines in the BALF. The overactivation of inflammatory responses is an important pathological process in the early stages of sepsis, and these responses induced by infection and injury are initially protective, but can severely damage lung tissues when the stimulus is too intense and cytokine production is excessive (Jianjun et al., 2018). Studies have shown that the levels of pro-inflammatory cytokines, such as those of IL-6, IL-1 $\beta$ , and TNF- $\alpha$ , significantly increase in rats from 6 to 48 h after CLP treatment (Zafrani et al., 2012; Jia et al., 2021).

In addition, oxidative stress is among the pathological manifestations of lung injury in sepsis. Bacterial infection can directly cause excessive reactive oxygen species (ROS) production in lung tissues, and the high levels of inflammatory cytokines can also promote ROS production; in turn, these ROS can damage membrane structures in lung tissue cells through oxidative reactions (Tripathi et al., 2018). Our results showed that LG increased the activity of SOD and GSH-Px and decreased MDA levels in lung tissues. MDA is a lipid peroxidation end product that is cytotoxic and its level is positively correlated with the degree of oxidative stress (Tsikas, 2017). SOD and GSH-Px are important antioxidant enzymes that scavenge ROS from cells (Olsvik et al., 2005); SOD promotes the conversion of ROS to  $H_2O_2$ , which is subsequently converted to  $H_2O$  and  $O_2$  under the effect of GSH-Px. The increased activity of SOD and GSH-Px protects the lung tissues from oxidative stress injury (Liu et al., 2022).

Bacterial infection can directly lead to alveolar epithelial cell necrosis and apoptosis, and the excessive inflammatory responses and oxidative stress induced by infection can also aggravate alveolar cell damage, which in turn can impair the barrier function of lungs and alter the permeability of lung tissues. LG reduces the activity of LDH in the BALF. LDH is an important regulatory enzyme of anaerobic glycolysis and gluconeogenesis. The disruption of the cell membrane structure causes LDH release; thus, the detection of LDH can reflect cell injury (Laganá et al., 2019). In addition, we used TUNEL staining to observe apoptosis in lung tissues. After apoptosis, the chromosomes break, producing a large number of sticky 3'-OH ends. TUNEL staining is a method that is commonly used to detect apoptotic cells via terminal deoxynucleotidyl transferase to label the sticky 3'-OH ends of DNA with derivatives formed from dUTP and fluorescein (Mirzayans and Murray, 2020). The results of TUNEL staining showed a decrease in the number of apoptotic cells in lung tissues after the LG intervention.

Next, we investigated the effect of LG on metabolites in the lung tissues of rats with sepsis-associated lung injury using untargeted metabolomics. A PCA and PLS-DA revealed significant changes in lung tissue metabolism in the model and sham groups, with the lung tissue metabolism in rats with sepsis-associated lung injury being significantly affected after treatment with LG. A further differential metabolite analysis showed that LG affected the levels of 23 metabolites in lung such as citric acid, methionine, threonine, alphaketoglutaric acid, and inositol. A metabolic pathway analysis of the differential metabolites using MetaboAnalyst showed that glycine, serine and threonine metabolism, cysteine and methionine metabolism, inositol phosphate metabolism and TCA cycle pathways were the common pathways showing differences between the sham and model groups and between the model and LG high-dose groups, suggesting that LG plays a role in the treatment of sepsis-associated lung injury by regulating the metabolites in these pathways.

### Glycine, serine, and threonine metabolism

Our results showed that the LG intervention reduced DLserine levels and increased threonine levels in the glycine, serine, and threonine metabolism pathway in the lung tissues of rats with sepsis-associated lung injury. Amino acid metabolism is closely related to immune cell activation in inflammatory responses. Serine belongs to the one-carbon unit amino acids and plays an important role in cellular nucleotide synthesis (Yang et al., 2019; Yang and Vousden, 2016). In a lipopolysaccharide-induced macrophage model, serine supplementation promoted IL-1 $\beta$  secretion, whereas the inhibition of serine metabolism reduced IL-1 $\beta$  production in a sepsis model, while improving survival in septic mice (Rodriguez et al., 2019). The inhibition of IL-1 $\beta$  production by LG in rats with sepsis-associated lung injury may be associated with a decrease of serine levels in macrophages; however, this needs to be confirmed in additional *in vitro* studies. Threonine is an essential amino acid and an important nutrient for the body and can be converted to acetyl-CoA to enter the TCA cycle and provide energy to the body (Tang et al., 2021). The role of threonine in sepsis has not been reported, and the relationship between the increased threonine levels after treatment with LG and improved sepsis-associated lung injury warrants further study.

## Cysteine and methionine metabolism

Our results showed that the LG intervention reduced DLserine levels and increased methionine levels in the cysteine and methionine metabolism pathway in the lung tissues of rats with sepsis-associated lung injury. The relationship between serine and sepsis-associated lung injury has been discussed previously in this study. Methionine can be converted from serine, which plays an important regulatory role in cell survival (Lee et al., 2015). An *in vitro* study found that methionine deficiency caused apoptosis and cell-cycle arrest (Song et al., 2021). LG may inhibit the inflammatory responses and apoptosis of lung tissue by promoting the conversion of serine to methionine.

## Inositol phosphate metabolism

Our results showed that the LG intervention increased inositol levels in the inositol phosphate metabolism pathway in the lung tissues of rats with sepsis-associated lung injury. Inositol is an important nutrient that promotes cell survival and proliferation and is also used as a drug in the alleviation of respiratory distress syndrome (RDS), Alzheimer's disease, etc. (Bizzarri et al., 2016). An ensuing shamled clinical study found that supplementation with inositol in preterm infants presenting with RDS significantly improved clinical symptoms and reduced the incidence of sepsis in the affected children (Howlett et al., 2019). In addition, an in vitro study found that Myo-inositol, which is an inositol derivative, protects cells from oxidative stress injury (Ponchia et al., 2021). Similarly, one study found that in vitro intervention using Myo-inositol combined with ethanolamine significantly alleviated H2O2-induced oxidative stress injury in cells (Sibomana et al., 2019). Therefore, the effect of LG in ameliorating oxidative stress in sepsis-associated lung injury may be related to the increase in inositol levels in the inositol phosphate metabolism pathway.

## TCA cycle

Our results showed that LG increased the level of alphaketoglutaric acid and decreased those of citric acid and DL-malic acid in the TCA cycle in the lung tissues of rats with sepsis-associated lung injury. The TCA cycle is the most efficient way for the body to oxidize carbohydrates for energy and is the hub for the metabolic liaison and transformation of carbohydrates, lipids, and amino acids. A recent study showed that the reprogramming of glucose metabolism is closely related to macrophage polarization (Russo et al., 2021). Moreover, an in vitro study revealed that alphaketoglutaric acid inhibits M1-type macrophage polarization and reduces the production of the pro-inflammatory cytokines IL-1β, IL-6, and TNF- $\alpha$  by inhibiting nuclear factor kappa B (NF- $\kappa$ B) pathway activation, and also promotes M2-type macrophage polarization by activating Jumonji domain-containing protein D3 (JMJD3) (Pu-Ste et al., 2017). In contrast, citric acid and DL-malic acid levels were significantly increased in activated macrophages (Viola et al., 2019). Citric acid promotes macrophage activation, which in turn induces inflammatory responses (Viola et al., 2019). Interestingly, a recent study found that the citrate/malate exchange on macrophage mitochondria plays an important role in regulating macrophage activation and the secretion of inflammatory mediators (Palmieri et al., 2015). The reprogramming of carbohydrate metabolism in macrophages through its regulation provides a novel strategy for inhibiting the development of inflammatory responses. Melatonin can inhibit the development of inflammatory responses by increasing the levels of alphaketoglutaric acid in macrophages (Liu et al., 2017).

In conclusion, our study demonstrated the therapeutic effetcts of LG on sepsis-associated lung injury model rats. Moreover, LG could inhibit the inflammatory response, oxidative stress and apoptosis and regulate metabolites related to glycine, serine and threonine metabolism, cysteine and methionine metabolism, inositol phosphate metabolism and TCA cycle in lung in sepsis-associated lung injury model rats. This study is the first to screen the differential metabolites of LG on CLP-induced sepsisassociated lung injury model. In addition, our study revealed significant anti-inflammatory, anti-oxidative and anti-apoptotic potentials of LG. Based on the close relationship between host metabolism and pathological processes such as inflammatory response, oxidative stress and apoptosis, our further studies should be carried out using in vivo and in vitro model to construct a metabolism-downstream pathway regulatory network of LG and its active components on sepsis-associated lung injury model.

## Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding author.

## Ethics statement

The experiment was approved by the Ethics Committee of Tianjin First Central Hospital.

## Author contributions

WH carried out the experiments and manuscript writing. QX, HC, PZ, RH, and TW provided experimental help, and performed data analysis and result interpretation. DW provided ideas and technical guidance for the whole work. All authors contributed to the article and approved the submitted version.

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## **Conflict of interest**

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphar. 2022.926134/full#supplementary-material

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## Daidzein is the *in vivo* active compound of Puerariae Lobatae Radix water extract for muscarinic receptor-3 inhibition against overactive bladder

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**Background:** In the previous study, Puerariae Lobatae Radix (named Gegen in Chinese) water extract attenuated M3 receptor agonist carbachol-induced detrusor contraction after 3-week oral administration in a hypertension-associated OAB (overactive bladder) model. This research aimed to investigate the active ingredients from Gegen water extract against OAB.

**Methods:** Bioassay-guided fractionation was performed by using preparative HPLC for fast isolation of fractions followed by screening their *ex vivo* activity through carbachol-induced bladder strip contraction assay. Chemicals in each active fraction were analyzed by HPLC-UV. Urine metabolites were quantified by LC-MS/MS after sub-acute administration. Thermal shift assay with the recombinant human M3 receptor protein was performed, and molecular docking analysis was used for molecular modelling of M3 receptor inhibition.

**Results:** Bioassay-guided fractionation results for isolating M3 receptor inhibitors indicated that four compounds were identified as active ingredients of Gegen water extract, and their inhibition potency on carbachol-induced detrusor contraction was ranked in descending order according to their inhibition concentrations as follows: genistein > daidzein > biochanin A >> puerarin. Daidzein in urine reached an *ex vivo* effective concentration-dependently increased the melt temperature (*Tm*) of recombinant human M3 receptor protein with a positive binding ( $\Delta Tm = 2.12$  °C at 100 µg/ml). Molecular docking analysis showed that daidzein can potently bind to the ligand binding pocket of the M3 receptor via hydrogen bonding.

**Abbreviations:** OAB, overactive bladder; HPLC, high-performance liquid chromatography; SHR, spontaneously hypertensive rats; UV, ultraviolet; MS, mass spectrum; TQS, triple quadrupoles; *T*m, melt temperature; MRM, multiple reaction monitoring.

**Conclusion:** Puerarin and its derivatives were pro-drugs, and daidzein was their *in vivo* active form via M3 receptor inhibition for treating OAB.

KEYWORDS

overactive bladder, Puerariae Lobatae Radix, *in vivo* active components, bioassayguided fractionation, muscarinic receptor inhibition

## Highlights

- The major components of Gegen water extract were isoflavone glycosides (puerarin and its derivatives), but their aglycones were the potent M3 receptor inhibitors as found by bioassay-guided fractionation.
- The contents of aglycones (e.g., daidzein) as the major urine metabolites were quantified by LC-MS/MS.
- Daidzein can bind to recombinant human M3 receptor as revealed by thermal shift assay, but peurarin did not.
- Puerarin and its derivatives were pro-drugs.

## **1** Introduction

Overactive bladder (OAB), a common disease, is defined as a kind of clinical syndrome followed by urinary dysfunction and urgency, with or without incontinence, often accompanied by increased urinary frequency and nocturia (White and Iglesia, 2016). It could seriously affect the patients' quality of life and disturb their normal sociality, and it is socalled "social cancer." The global prevalence of OAB was about 9-43% in women and 7-27% in men (Milsom et al., 2014; Przydacz et al., 2020). Clinical investigation showed that OAB gradually increased with ageing, and the overall prevalence rate of people over 40 years old in China was 11.3% (Chen et al., 2015; Zhu et al., 2015). The pathogenesis of OAB is generally believed to be the result of many factors. At present, one of the main pathogenesis theories of OAB is myogenic, which includes an abnormal excitation of bladder smooth muscle (Andersson et al., 2015).

Selective muscarinic receptor-3 (M3) inhibitors (e.g., solifenacin and darifenacin) are the first-line drugs for treating OAB in clinics (Zinner et al., 2006). However, side effects such as dry mouth and constipation become serious after their long-term use (Yang et al., 2021). The M3 receptor is located in the bladder mainly for controlling detrusor contraction, which is activated by urothelium-released acetylcholine. Thus, drugs in urine possibly act on urothelium for OAB treatment (Ito et al., 2016). Bladder infusion refers to injecting drugs directly into the bladder through a catheter to maximize their local effects. Intravesical administration of oxybutynin hydrochloride, an anti-muscarinic drug, is a potential second-line treatment for patients that cannot tolerate oral anticholinergic drugs (Shen et al., 2022). However, its intravesical delivery still needs a frequent and cumbersome

process in clinics. Therefore, it is urgent to develop an alternative treatment with low side effects for treating OAB.

As a common functional food and well-tolerated medicinal herb, Puerariae Lobatae Radix (named Gegen in Chinese) has been used for medicinal purposes and daily soup for hundreds of years in China and other regions of East Asia. Gegen is honored as "longevity powder" or "Asian ginseng" due to its high nutritional values and high safety (Zhang et al., 2020). The major components in Gegen water extract are isoflavone glycosides such as puerarin (daidzein-8-C-glucoside) and its glycosides, daidzin (daidzein-7-O-glucoside), and genistin (genistein-7-O-glucoside), and the contents of liposoluble aglycones like daidzein were low due to water extraction (Figure 1) (Zhang H. et al., 2019). Gegen and its major component puerarin have been reported for their relaxation effect through different mechanisms on the basilar artery (Prasain et al., 2004), pulmonary arterial smooth muscle (Zhang X. et al., 2019), and microvessels (Deng et al., 2012). In the previous study, the ex vivo analysis of detrusor functions showed that after 3-week oral administration, Gegen water extract at 300 mg/kg, a clinical equivalent dose, decreased detrusor tonic contraction and phasic frequency stimulated by muscarinic receptor agonist carbachol; meanwhile, it was also able to reduce tonic contraction caused by electric field stimulation (Zhou et al., 2016). These results indicated that Gegen water extract could improve detrusor overactivity through anti-muscarinic mechanisms. However, it was still unknown which compounds were responsible for this inhibition on muscarinic receptor.

Pharmacokinetics and metabolism of major compounds in Gegen water extract have been reported. After oral administration of Gegen water extract containing low content of aglycones (Puerarin: daidzin: daidzein = 6.42:1:0.14, w/w/w ratio), it was reported that plasma AUCs of puerarin and daidzein were 15.1 µg·h/mL and 4·4 µg·h/mL, respectively, showing that daidzein was its major metabolites in plasma (Wei et al., 2020). The contents of chemicals in the urine after sub-acute treatment of Gegen water extract were still unknown, although there was a report for its urine metabolite profile. Similar to intravesical oxybutynin, pro-drugs and metabolites of Gegen water extract in the urine probably acted on M3 receptors in the bladder wall if their concentrations can meet the threshold of their inhibitory effects. Hence, our study aimed to identify the pharmacological compounds from Gegen water extract that were responsible for the inhibition of muscarinic receptor-3 against OAB.


# 2 Methods and materials

### 2.1 Chemicals and materials

Commercially obtained standards (purity >98%; HPLC grade) of puerarin, 3'-hydroxypuerarin, 3'-methoxy puerarin, puerarin apioside, genistin, daidzein, and genistein were purchased from Chengdu Chroma Co. (Chengdu, China). Carbachol, SYPRO Orange protein stain (5000x), and other unspecified chemicals were purchased from Sigma-Aldrich Co. LLC (St. Louis, MO, United States). Darifenacin hydrobromide was provided by Amandas (Shanghai, China). Full-length recombinant human M3 muscarinic acetylcholine receptor membrane preparation was provided by Millipore Co. (Merck KGaA, Darmstadt, Germany). The composition used for preparing Krebs' solution was as follows: NaCl, 119 mM; KCl, 4.6 mM; MgCl<sub>2</sub>, 1.2 mM; NaH<sub>2</sub>PO<sub>4</sub>, 1.2 mM; NaHCO<sub>3</sub>, 15 mM; CaCl<sub>2</sub>, 1.5 mM; and D-glucose, 11 mM.

### 2.2 Herbal extraction

The dried root of Pueraria lobata (Willd.) Ohwi (harvested in Henan Province; Lot No. 17072102) was purchased from Beijing Lvye Pharmaceutical Co (Beijing, China). According to Chinese Pharmacopoeia v.2015, the supplier chemically authenticated the raw herb with reference herb and chemical marker puerarin using thin-layer chromatography, showing its good quality as required. The raw materials (400 g) were extracted by boiling with water (4 L) for an hour and repeated once. After filtering, the supernatant was collected and subjected to freeze-drying for the dried extract, which was stored in the desiccator before use.

# 2.3 Chemical profile of Gegen water extract

The chemical composition of Gegen water extract was analyzed via the Agilent 1100 Infinity HPLC-UV system (Santa Clara, CA, United States) after the dried powder was dissolved in water and filtered using a 0.45-µm filter according to our previous study (Zhou et al., 2016). The content of each compound in Gegen water extract was listed as follows (mean  $\pm$  SEM): puerarin, 221.3  $\pm$  8.34 µg/mg; daidzein, 8.07  $\pm$  0.01 µg/mg; 3'-methoxypuerarin, 39.59  $\pm$  0.81 µg/mg; 3'-hydroxypuerarin, 72.98  $\pm$  3.10 µg/mg; puerarin apioside, 64.29  $\pm$  2.78 µg/mg; and daidzin, 41.03  $\pm$  1.32 µg/mg (Supplementary Figures S1A and S1B).

# 2.4 Animals

The nine-week-old male spontaneously hypertensive rats (SHRs) were provided by Beijing Charles River Laboratory

10.3389/fphar.2022.924251

Animal Technology Co., Ltd. To lower the estrogen effect of Gegen isoflavones, male rats were used in this study. All experiments were approved by the Animal Ethics Committee of Capital Medical University (Approved Ethics Number AEEI-2018-098). Animals got free access to soybean-free chow (Beijing Ke-Ao-Xie-Li Co., China) and water for 3 weeks during drug treatment.

# 2.5 Carbachol-induced bladder strip contraction for *ex vivo* activity screening

SHRs were sacrificed with carbon dioxide, and the whole bladder was immediately isolated to prepare detrusor strips in Krebs' solution. Then, the strips were placed in a PanLab organ bath (Harvard Apparatus, Holliston, Massachusetts, United States) full of bubbling Krebs' solution at 37°C. After stimulation with high-potassium solution, the strips were washed with Krebs' solution three times. When the strips were incubated in Krebs' solution until the tension was set at about 1.5 g, 0.1% DMSO was added for a 10-min incubation as a control, and then the muscle strip was stimulated to shrink by adding muscarinic agonist carbachol (10 µM), which is used for determinization of M3 receptor function in the bladder strip (Liang and Leung, 2012). Between two stimulations, the strips were washed out and balanced for 15 min. The contraction force of the bladder strip was recorded. After the experiment, detrusor strips were collected, dried, and weighed for data normalization. Data were recorded and analyzed using LabChart software (version 8.0).

# 2.6 Bioassay-guided fractionation

Bioassay-guided fractionation was performed by using preparative HPLC for fast isolation of fractions and carbachol-induced bladder strip contraction for ex vivo activity screening. Briefly, 10 g of Gegen water extract was totally dissolved in 10 ml of double distilled water and then mixed with 190 ml of ethanol. The mixture was put on the magnetic agitator for stirring and performed ultrasonication for 30 min to precipitate the fiber and protein, etc. After being filtered through a 0.45-µm filter membrane, the purified filtrate was transferred into a 250-ml flask. The liquid was drained using a rotary evaporator at 60°C and a rotating speed of 110 rpm under vacuum, and the dried samples were collected. The dried extract was totally dissolved in methanol (5 ml) and filtered through a 0.45-µm filter membrane into the sample vial for injection to the Agilent 1260 preparative HPLC. An Agilent Zorbax Eclipse XDB-C18 preparative column (21.2  $\times$  150 mm, 5  $\mu$ m) was used, and the flow rate was set at 20 ml/min. The fractionation was performed through two different mobile phases. The mobile phase for the first fractionation consisted of solution A (distilled water) and solution B (acetonitrile) with the following gradient: 10-12.5% B from 0 to 10 min; 12.5-15% B from 10 to 15 min; 15-60% B from 15 to 20 min; 60-90% B from 20 to 25 min; and 90\% B from 25 min to 30 min. The mobile phase for the second fractionation consisted of solution A (distilled water) and solution B (acetonitrile) with the following gradient: 10-30% B from 0 to 10 min; 30% B from 10 to 15 min; 30-60% B from 15 to 20 min; 15 to 20 min; and 90\% B from 20 min to 30 min.

The relevant components were separated and enriched according to their chemical profiles in HPLC chromatograms using the Agilent 1100 HPLC system. The HPLC mobile phase consisted of solution A (0.1% acetic acid) and solution B (acetonitrile) with the following gradient: 10-12.5% B from 0 to 20 min; 12.5-15% B from 20 to 30 min; 15-60% B from 30 to 40 min; and 60-90% B from 40 min to 45 min. The HPLC elution was performed using an Alltima HPLC C18 column (250 mm  $\times$  4.6 mm, 5  $\mu m)$  guarded using a guard column with the same stationary phase. The column was maintained at room temperature, and the flow rate was set at 1 ml/min. The UV absorbance was detected at 254 nm, and the injection volume was 10 µl. The fractions with similar HPLC-UV profiles were combined and transferred into the 250-ml flask for rotary evaporation to collect dried fractions using the same temperature and speed as mentioned previously.

Detrusor strips were isolated from SHRs and placed in the organ bath as mentioned previously, and then inhibitory activities of different fractions at 100  $\mu$ g/ml were tested under carbachol (10  $\mu$ M)-stimulated detrusor contraction. The chemical profiles of potent fractions were analyzed by HPLC-UV at 254 nm with authentic compounds. After confirming potent compounds in each fraction, the concentration-dependent inhibitory effect of each potent compound (6.25-50 or 100  $\mu$ g/ml in 0.1% DMSO-Krebs' solution) against carbachol (10  $\mu$ M)-induced detrusor contraction was performed. Darifenacin (12.5–200 ng/ml) served as a positive control.

# 2.7 Determination of urine metabolites

When the last dose of Gegen water extract (300 mg/kg) in a 3-week treatment was given to SHRs, conscious rats were put into the metabolic cages with free access to water. Urine samples were collected into ice-cold 15-ml Falcon tubes every 2 h and up to a total of 8 h, and the tubes were cooled by ice to prevent bacteria proliferation and water evaporation during collection. The urine of each rat was first centrifuged at 13,000 rpm at 4°C for 10 min, and the supernatant was collected. Then, 50  $\mu$ l of urine and 150  $\mu$ l of methanol were added into the centrifuge tube for fully precipitating protein and then centrifuged at 13,000 rpm and 4°C for 10 min to collect the supernatant for sample analysis via UPLC-MS/MS.

Urine metabolites were analyzed by ultra-performance liquid chromatography (UPLC, Waters) coupled with a Xevo-TQS mass spectrometer (Waters) using the Acquity UPLC HSS T3 column (2.1 mm  $\times$  150 mm, 1.8  $\mu m$ ). The mobile phase flow rate was 0.4 ml/min and consisted of 0.1% formic acid in water (A) and acetonitrile (B). The gradient profile was set as follows: 10-40% B from 0 to 11 min; and 40-80% B from 11 to 15 min. The parameters for mass spectrometry were as follows: capillary, 2.5 kV for negative mode; sampling cone, 34 V; source offset, 80 V; cone gas flow, 150 L/h; desolvation gas flow, 650 L/h; and desolvation temperature, 350°C. Samples were kept at 4°C in the sample manager, and the column was maintained at 40°C. Extracted ion chromatograms were used to quantify puerarin (m/z 414.94→266.9), daidzein (m/z 252.96→90.91), genistein (m/z 268.96→132.93), and biochanin A (m/z 282.98→267.91) in the ESI negative-ion mode. According to the peak area and respective concentrations, the linear ranges of puerarin, daidzein, genistein, and biochanin A were 0.78-50 µg/ml, 0.78-50 µg/ml, 0.16–10 μg/ml, and 6.25-400 ng/ml, respectively ( $R^2 > 0.99$ ). The precision and accuracy of the quantitation were satisfied according to FDA Bioanalytical Method Validation Guidance for Industry. Total ion chromatograms including retention times and MRM masses are shown in Supplementary Figure S2.

# 2.8 Thermal shift assay for the potential binding to M3 receptor

A thermal shift assay was performed to measure the binding of ligands to a recombinant human M3 receptor as modified from the previous study (Huynh and Partch, 2015). Briefly, after optimization of protein and dye concentrations, the M3 receptor protein (0.025 mg/ml) was incubated with different concentrations of tested compounds (0-100 µg/ml in 1% DMSO) in an 18 µl volume of ice-cold PBS for 2 h. Then, SYPRO Orange protein stain (2 µl; 8x as the final concentration diluted from original 5000x with PBS) was added, and the melt curve was detected using the Applied Biosystems QuantStudio5 real-time PCR system under the following conditions: ramp speed, standard; excitation wavelength at 470 nm (Reporter: FAM), and emission wavelength at 586 nm (Quencher: TAMRA) with no passive reference; an initial 2-min hold at 25°C (ramp rate, 1.6°C/s), ramping up in increments of 0.05°C/s to a final temperature of 99°C. Melt temperatures (Tm) were calculated using Protein Thermal Shift software v.1.4 (Applied Biosystems, Thermo, United States). The change in melt temperature ( $\Delta T$ m) was equal to the Tm of control (1% DMSO) subtracted from the Tm of the tested compound.  $\Delta Tm$  higher than 2°C was considered a positive interaction between the ligand and receptor protein (Huynh and Partch, 2015).

# 2.9 Molecular docking analysis for molecular modelling

To better understand the binding affinity of chemicals to the M3 receptor and comprehensively explain the structure-activity relationship of these isoflavones, molecular docking was performed for modelling. AutoDock Vina v.1.0.2 software was used for the molecular docking analysis, and the software parameters were set by default (Trott and Olson, 2010). The protein crystal structure of the M3 receptor was selected from the Protein Data Bank. The molecular docking conformation was further optimized by selecting the binding mode of the compound to the M3 receptor (PDB ID 5ZHP) with the lowest binding free energy (Liu et al., 2018). The crystal structure of the M3 receptor was used to conduct virtual docking of the aforementioned compounds, and the potential active chemical components were determined by comparison with the positive control (crystal ligand 9EC). Simulation results were output and illustrated by LigPlot + v.2.2 (http://www.ebi.ac. uk/thornton-srv/software/LIGPLOT/) (Laskowski and Swindells, 2011) and PyMOL Molecular Graphics System (da Silva Giotto et al., 1998) v.1.3 (Schrödinger, LLC, New York City, United States), respectively.

# 2.10 Data analysis

Data were represented as mean  $\pm$  standard error of mean (SEM). A non-linear regression analysis was used to calculate the IC<sub>50</sub> value by using Prism version 5.0 (GraphPad Software, CA, United States). Data were analyzed by one-tailed student *t*-test. When the *p*-value was less than 0.05, the difference was considered statistically significant.

# 3 Results and discussion

# 3.1 Bioassay-guided fractionation

To confirm the potent M3 receptor inhibitors in Gegen water extract, bioassay-guided fractionation was performed by using preparative HPLC and ex vivo detrusor contraction assay. The schematic diagram of fractionation is shown in Figure 2. For the first fractionation by the preparative HPLC, 30 fractions were attained from the elution at each minute and combined into 8 fractions according to their similar HPLC-UV chromatograms. Then, these 8 fractions were dried by rotary evaporation as mentioned previously and subjected to ex vivo pharmacological tests, respectively (Supplementary Figures S1C and S1D).

Fraction F1-5 (combined tubes 9–12 of first fractionation) with an inhibition rate of 14% contained puerarin, 3'-methoxypuerarin, and puerarin apioside, which were identified by authentic standards.



Schematic diagram indicates the fast isolation of active fractions from Gegen water extract using bioassay-guided fractionation with preparative HPLC. Active fractions were selected for further fractionation.



TABLE 1 Inhibition values of active compounds isolated from Gegen water extract on carbachol-induced detrusor contraction (Mean  $\pm$  SEM, n = 3).

Compound	IC <sub>50</sub> value (µg/ml)	IC <sub>10</sub> value (µg/ml)
Daidzein	$40.27 \pm 0.46$	8.15 ± 1.85
Puerarin	ND	$2.90 \pm 2.11$
Genistein	18.57 ± 11.20	$5.05 \pm 0.58$
Biochanin A	57.07 ± 12.47	34.94 ± 6.75
Darifenacin <sup>a</sup>	$0.0293 \pm 0.0047$	$0.0076 \pm 0.0013$

<sup>a</sup>positive control. ND: not determined.

Fraction F1-6 (combined tubes 13–16 of first fractionation) was identified as a daidzin-rich fraction with an inhibition rate of 16.4%. According to the composition of the mobile phase, Fraction F1-7 (combined tubes 17–21 of first fractionation) was separated into F2-3 (tube 4 of second fractionation) and F2-4 (tube 5 of second fractionation), which were identified as a daidzein-rich fraction (inhibition rate: 11.1%) and a genistein-rich fraction (inhibition rate: 20.6%), respectively (Supplementary Figures S1E and S1F).

Fraction F2-5 (combined tubes 6–30 of second fractionation) significantly inhibited carbachol-induced detrusor contraction, which suggested that F2-5 contained active substances with an inhibition rate of 60.3%. According to the retention time of authentic standard in the HPLC-UV chromatograms, biochanin A was one of the compounds in Fraction F2-5 (Supplementary Figure S1G).

# 3.2 Inhibition activity of potent active compounds

According to the retention times of the pure compounds, the major components in each active fraction were identified. Seven compounds were identified, and their inhibition potency on carbachol-induced detrusor contraction was ranked in descending order according to their IC values as follows: genistein (IC<sub>50</sub> = 18.57  $\pm$  11.20 µg/ml) > daidzein (IC<sub>50</sub> =  $40.27 \pm 0.46 \,\mu\text{g/ml}$  > biochanin A (IC<sub>50</sub> = 57.07 ± 12.47  $\mu\text{g}$ / ml) >> puerarin (IC\_{10} = 2.90  $\pm$  2.11  $\mu g/ml)$  (Figure 3 and Table 1). 3'-Hydroxypuerarin (remaining activity at 100  $\mu$ g/ml: 82.3 ± 1.8%), 3'-methoxypuerarin (remaining activity at 100 µg/ml: 80.1 ± 3.4%), and puerarin apioside (remaining activity at 100 µg/ml: 89.3 ± 9.2%) showed weak inhibition. Compared with the high inhibition rate of the positive control (darifenacin), biochanin A, daidzein, and genistein showed strong inhibitory effects. It has been reported that genistein was a potent inhibitor against carbachol stimulation in the previous study (Di Salvo et al., 1993), which is consistent with our current results. This is the first time to report the inhibitory activity of biochanin A on M3 receptor.

# 3.3 Quantitation of major metabolites in urine

Muscarinic receptor 3 exists in bladder urothelium and suburothelial myofibroblasts, suggesting that active chemicals in urine could act on the M3 receptor in urothelial sensory function. The main urine metabolites after oral administration of Gegen water extract were daidzein and other isoflavone glycosides, and the highest concentration of each compound at 4 h was determined as follows (Mean  $\pm$ SEM): puerarin, 10.280  $\pm$  2.475 µg/ml; daidzein, 15.877  $\pm$ 9.303  $\mu$ g/ml; genistein, 1.410  $\pm$  1.003  $\mu$ g/ml; and biochanin A, 0.085  $\pm$  0.057 µg/ml (Table 2 and Figure 4). Our results were consistent with the previous study, which showed that daidzein was one of the major urine components of Gegen water extract in a clinical trial (Prasain et al., 2004; Jung et al., 2014; Shang et al., 2017). The content of daidzein in urine reached its IC110 value; thus, daidzein in urine could have a direct effect on reducing detrusor contraction with 15% inhibition at 12.5  $\mu$ g/ml on M3 receptor *ex vivo* (p < 0.05). In addition, Gegen water extract did not alter the expression of the M3 receptor as detected by immunochemistry (Supplementary Figure S3).

The literature showed that the bioavailability of glycoside compounds is low, but isoflavone glycosides such as puerarin (daidzein-8-C-glucoside) and daidzin (daidzein 7-Oglucoside) can be biotransformed into aglycones including daidzein by gut microbiota (Nakamura et al., 2020). Since aglycones were produced from in vivo metabolization and considering the decrease of puerarin and its glycosides while daidzein's amount increased, the results indicated that puerarin and its glycosides probably acted as pro-drugs for M3 receptor inhibition. Although biochanin A and genistein were potent inhibitors for carbachol-induced detrusor contraction among these isoflavones, their amounts in Gegen water extract and urine were too low (less than 0.1%). Thus, for the in vivo inhibition against the M3 receptor, daidzein was the major active form for OAB, while puerarin, its glycosides, and daidzin were the pro-drugs.

Isoflavones such as daidzein have been reported in several studies through different mechanisms such as hormone replacement (Waetjen et al., 2013), anti-oxidant, and antiinflammatory (Wu et al., 2018). Thus, our study provided more information on isoflavone-rich herbs in treating OAB with different etiology characteristics.

## 3.4 Thermal shift assay

As suggested by the supplier, the recombinant human M3 receptor protein can bind potent antagonists and be used for inhibitor screening. This membrane fraction contains BSA and glycerin; thus, daidzein was first checked for its possible binding

Compounds	Content (µg/ml)			
	2 h	4 h	6 h	8 h
Puerarin	6.378 ± 0.897	$10.280 \pm 2.475$	3.309 ± 0.325	2.207 ± 0.164
Daidzein	$4.403 \pm 1.002$	15.877 ± 9.303	$8.128 \pm 2.664$	14.425 ± 5.141
Genistein	$0.517 \pm 0.138$	$1.410 \pm 1.003$	$0.327 \pm 0.098$	$0.342 \pm 0.035$
Biochanin A	$0.026 \pm 0.007$	$0.085 \pm 0.057$	$0.030 \pm 0.014$	$0.028 \pm 0.005$

TABLE 2 Contents of major urine metabolites after oral administration of Gegen water extract in SHR detected by LC-MS/MS (Mean ± SEM; n = 8).



to BSA. As a result,  $\Delta Tm$  of daidzein at 100 µg/ml was about 0.58°C in PBS solution containing BSA and glycerin at the same concentrations as the recombinant human M3 receptor protein. Furthermore, as shown in Figure 5A, daidzein at 100 µg/ml shifted the melt curve and increased the *T*m value of the human M3 receptor protein from 64.17 ± 0.37°C to 66.29 ± 0.38°C (p < 0.01). Since  $\Delta Tm$  was 2.12°C, daidzein was positively bound to the human M3 receptor protein as suggested (Huynh and Partch, 2015). In Figure 5B, daidzein concentration-dependently increased the *T*m values with an EC<sub>50</sub> of 15.8 µg/ml at 65.3°C. *In vitro* thermal shift assay with the M3 receptor protein showed that daidzein was much more potent than the *ex vivo* detrusor contraction. At the same time, the *T*m value of the human M3 receptor protein interacted with

puerarin at 100  $\mu g/ml$  was 64.92  $\pm$  0.03°C, showing its very weak binding to the M3 receptor protein.

### 3.5 Molecular docking analysis

Molecular docking results show that biochanin A, daidzein, genistein, 3'-hydroxypuerarin, 3'-methoxypuerarin, puerarin, daidzin, genistin, and puerarin apioside bound to the M3 receptor crystal structure (PDB ID 5ZHP) with different affinities (Table 3). However, only biochanin A, daidzein, and genistein showed potent binding free energy to the M3 receptor with a binding free energy lower than -7 kcal/mol (a basic



of daidzein increased the thermal stability of the M3 receptor protein with  $\Delta Tm > 2$  °C. (B) Daidzein (3.125–100 µg/ml) concentration-dependently increased the melt temperatures of the M3 receptor protein. Data are presented as Mean ± SEM (n = 3). DMSO (1%) served as the vehicle control.

binding free energy for the positive ligand–receptor interaction), which was consistent with the *ex vivo* results.

For docking simulation, the 3D conformation of the newly docked 9EC was highly consistent with the 3D conformation of the original co-crystal compound, indicating the high accuracy of this molecular docking (Figure 6A). Twodimensional conformation analysis revealed that crystallized ligand 9EC strongly interacted with Asn507 through H-bonding at a distance of 2.87 Å and hydrophobic interactions with TRP199, PHE239, TYR506, ASP147, and TYR148, etc., and re-docked 9EC showed similar interactions (Figure 6B). Biochanin A, daidzein, and genistein have strong interactions with amino acid residues in the M3 receptor. For daidzein, its hydroxyl group in Ring C TABLE 3 Binding affinities (logarithm) of major components in Gegen water extract to the binding pocket of M3 receptor (PDB ID 5ZHP chain B).

Ligand	Binding free energy (kcal/mol)
9EC <sup>a</sup>	-11.5
Biochanin A	-9.6
Daidzein	-9.3
Genistein	-9.1
3'-Hydroxypuerarin	-5.7
3'-Methoxypuerarin	-5.0
Puerarin	-4.7
Daidzin	-2.8
Genistin	-2.8
Puerarin apioside	1.5

<sup>a</sup>M3 receptor (PDB ID 5ZHP) co-crystallized ligand 9EC: (1R,2R,4S,5S,7s)-7-({[4-fluoro-2-(thiophen-2-yl)phenyl]carbamoyl]oxy)-9,9-dimethyl-3-oxa-9-azatricyclo [3.3.1.0~2,4~]nonan-9-ium.

interacted with Thr231 and Ala235 through H-bonding (Figure 6C). For genistein, the ether group in Ring B interacted with TYR506 through H-bonding (Figure 6D). For biochanin A, hydroxyl groups at C-5 and C-7 in Ring A interacted with ALA235, THR231, and TYR506 through H-bonding, respectively, as did the ketone group in Ring B, which interacted with TYR148 (Figure 6E).

#### 3.6 Structure–activity relationship

According to the inhibitory activities (IC values) of tested compounds on ex vivo carbachol-induced detrusor contraction as shown in Table 3, structure-activity relationships of isoflavones and their glycosides tested in the current study were analyzed and summarized as follows: first of all, puerarin (daidzein-8-C-glucoside) and its derivatives have lower inhibitory activities among these compounds. Substitution with a methoxyl group or hydroxyl group at C-3' in Ring C could reduce M3 receptor inhibition, as well as substitution by glucose or apioside in Ring A. This is probably due to the reduced binding affinity to the active pocket of the M3 receptor. For instance, 3'-methoxypuerarin (inhibition rate at 100  $\mu$ g/ml: 19.89 ± 3.38%) containing a methoxyl group and 3'-hydroxypuerarin (inhibition rate at 100  $\mu$ g/ml: 17.75  $\pm$  1.75%) at C-3' showed weaker inhibitory activity than puerarin (inhibition rate at 100  $\mu$ g/ml: 33.83 ± 3.05%). Genistin (Genistein-7-O-glucoside) (IC<sub>50</sub> > 100  $\mu$ g/ ml) containing glucose and puerarin apioside containing apioside (inhibition rate at  $100 \,\mu\text{g/ml}$ :  $10.7 \pm 9.24\%$ ) in Ring A showed weak inhibition on the M3 receptor. Second, when compared to daidzein (IC<sub>50</sub>: 40.27  $\pm$  0.46 µg/ ml), puerarin (inhibition rate at 100  $\mu$ g/ml: 33.83 ± 3.05%)



Molecular docking analysis indicates the best binding positions of the ligands with the lowest binding free energy in the ligand binding pocket of the M3 receptor (PDB ID 5ZHP chain B). The three-dimensional diagram illustrates the interactions of redocked 9EC (purple sticks) and the crystallized one (blue sticks) with the M3 receptor with the same binding position (A) which shows the high accuracy of the current docking method. The two-dimensional diagrams show the interactions of 9EC (B), daidzein (C), genistein (D), and biochanin A (E) with the amino acid residues in the binding pocket of the M3 receptor. The spoked arcs show amino acid residues providing nonbonded interactions with the ligand. Green arrows with respective distances represent H-bonding between ligands and specific amino acid residues.

with substitution by glucuronic acid at C-5 in Ring A showed a weaker inhibitory effect on the M3 receptor; without substitution at C-8 in Ring A, daidzein (IC\_{50}: 40.27  $\pm$ 0.46 µg/ml) showed a stronger inhibitory activity. Compounds substituted with a hydroxyl group at Ring A showed stronger M3 receptor inhibition, which is probably due to the interaction with amino acid residues in the binding pocket of the M3 receptor. For example, the substitution of a hydroxyl group at the C-5 site in Ring A increased the inhibitory effect. Genistein (5-hydroxyl daidzein) (IC<sub>50</sub>:  $18.57 \pm 11.20 \,\mu\text{g/ml}$  showed the strongest inhibitory effects among these compounds, whose substitution with the hydroxyl group at the C-5 site provided stronger binding to the M3 receptor when the ether group in Ring B interacted with TYR506 through a hydrogen bond. However, the substitution of a methoxyl group instead of a hydroxyl group at the C-4' site in Ring C reduced the inhibitory activity. Biochanin A (genistein 4'-methyl ether) (IC<sub>50</sub>: 57.07  $\pm$  12.47 µg/ml) with a methoxyl group showed a weaker inhibitory activity than genistein.

# 4 Conclusion

As pro-drugs, puerarin, its derivatives, and daidzin were the major chemical components of Gegen water extract, and daidzein was their major *in vivo* active form for M3 receptor inhibition against OAB at the threshold concentration in urine. It could probably act on the bladder wall since it reached an effective concentration in urine. Biochanin A and genistein were much more potent, but their contents were too low for the pharmacological effect of Gegen water extract. Due to the threshold effects of daidzein, other molecular mechanisms should be revealed to fully understand the underlying mechanisms of Gegen water extract against OAB in the future.

# Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material; further inquiries can be directed to the corresponding author.

# Ethics statement

The animal study was reviewed and approved by the Animal Ethics Committee of Capital Medical University.

# Author contributions

YQ: methodology, writing—original draft, formal analysis, and visualization. LB: methodology. YM: methodology. PX: methodology. MC: validation. YW: methodology. XL: supervision. MX: supervision. XZ: conceptualization, methodology, writing—review and editing, project administration, and funding acquisition.

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# Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphar. 2022.924251/full#supplementary-material

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# Metabolism of Paeoniae Radix Rubra and its 14 constituents in mice

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**Objective:** Paeoniae Radix Rubra (PRR) is a commonly used traditional Chinese medicine with the effects of clearing away heat, cooling the blood, and relieving blood stasis. To 1) elucidate the metabolites and metabolic pathways of PRR and its 14 main constituents in mice and 2) reveal the possible origins of the known effective forms of PRR and their isomers, the metabolism of PRR in mice was systematically studied for the first time.

**Methods:** PRR and its 14 constituents were administered to mice by gavage once a day for seven consecutive days, respectively. All urine and feces were collected during the 7 days of dosing, and blood was collected at 1 h after the last dose. Metabolites were detected and identified using high performance liquid chromatography with diode array detector and combined with electrospray ionization ion trap time-of-flight multistage mass spectrometry (HPLC-DAD-ESI-IT-TOF-MS<sup>n</sup>).

**Results:** In total, 23, 16, 24, 17, 18, 30, 27, 17, 22, 17, 33, 3, 8, 24, and 31 metabolites of paeoniflorin, albiflorin, oxypaeoniflorin, benzoylpaeoniflorin, hydroxybenzoylpaeoniflorin, benzoyloxypaeoniflorin, galloylpaeoniflorin, lactiflorin, epicatechin gallate, catechin gallate, catechin, ellagic acid, 3,3'-di-O-methylellagic acid, methylgallate, and PRR were respectively identified in mice; after eliminating identical metabolites, a total of 195 metabolites remained, including 8, 11, 25, 17, 18, 30, 27, 17, 21, 17, 1, 2, 8, 20, and 20 newly identified metabolites, respectively. The metabolic reactions of PRR and its 14 main constituents in mice were primarily methylation, hydrogenation, hydrolysis, hydroxylation, glucuronidation, and sulfation.

Abbreviations: A, albiflorin; B, benzoylpaeoniflorin; BO, benzoyloxypaeoniflorin; BPCs, base peak chromatograms; C, catechin; CDL, curved desolvation line; CG, catechin gallate; CID, relative collision-induced dissociation; d, day; DEA, 3,3'-di-O-methylellagic acid; EA, ellagic acid; ECG, epicatechin gallate; EICs, extracted ion chromatograms; Err., error.; ESI, electrospray ionization; G, galloylpaeoniflorin; HPLC, high-performance liquid chromatography; HPLC-ESI-IT-TOF-MS<sup>n</sup>, high performance liquid chromatography; HPLC-ESI-IT-TOF-MS<sup>n</sup>, high performance liquid chromatography; L, lactiflorin; Meas., measured; MG, methyl gallate; NLRP3, NOD-like receptor thermal protein domain associated protein 3; O, oxypaeoniflorin; OB, hydroxybenzoylpaeoniflorin; P, paeoniflorin; PRR. Paeoniae Radix Rubra; t<sub>R</sub>, retention time.

Conclusion: We elucidated the metabolites and metabolic pathways of PRR and its 14 constituents (e.g., paeoniflorin, catechin, ellagic acid, and gallic acid) in mice and revealed the possible origins of the 10 known effective forms of PRR and their isomers. The findings are of great significance to studying the mechanism of action and quality control of PRR.

#### KEYWORDS

Paeoniae Radix Rubra, paeoniflorin, catechin, ellagic acid, methylgallate, *in vivo* metabolism

# 1 Introduction

The effective forms of traditional Chinese medicines can be the original constituents or the active metabolites produced *in vivo* (Xu et al., 2022). The metabolism of traditional Chinese medicines is the key link between their phytochemistry *in vitro* and their pharmacological activity *in vivo*. Therefore, studying the metabolism of traditional Chinese medicines is crucial to understanding the forms of the medicine that exist and are active *in vivo* along with the mechanisms of action of traditional Chinese medicines.

Paeoniae Radix Rubra (PRR), obtained from the dried roots of *Paeonia lactiflora* Pall. or *Paeonia veitchii* Lynch, is a commonly used traditional Chinese medicine with the effects of clearing away heat, cooling the blood, and relieving blood stasis (Zhao et al., 2021). PRR has many pharmacological effects, such as preventing liver fibrosis, curing jaundice, improving cholestasis in rats, relieving inflammation, and improving myocardial infarction, hypertrophy, and fibrosis (Tan et al., 2020).

The constituents of PRR have various structures, with the primary ones being monoterpene glycosides, tannins, flavonoids, and triterpenes (Yan et al., 2018). Monoterpene glycosides include paeoniflorin, albiflorin, oxypaeoniflorin, benzoylpaeoniflorin, hydroxybenzoylpaeoniflorin, benzoyloxypaeoniflorin, galloylpaeoniflorin, and lactiflorin. Tannins include ellagic acid and 3,3'-di-O-methylellagic acid. Catechins include catechin, catechin gallate, and epicatechin gallate. Gallic acids include methylgallate.

Among the 14 constituents mentioned above, 11 (all but hydroxybenzoylpaeoniflorin, benzoyloxypaeoniflorin, lactiflorin) exhibit various biological activities. For example, paeoniflorin (the main active constituent of PRR) shows good anti-inflammatory, immunomodulatory, and anti-tumor effects (Zhao et al., 2021). Albiflorin has the function of soothing the liver and relieving depression (Zhao et al., 2018). Oxypaeoniflorin can prevent acute lung injury caused by lipopolysaccharides in mice (Fan et al., 2021). Benzoylpaeoniflorin exhibits anti-allergic activity, making it a potential candidate drug for the treatment of allergic diseases (Zhong et al., 2021). Galloylpaeoniflorin can relieve osteoporosis following oophorectomy (Liu et al., 2021b). Ellagic acid reduces the toxicity of diclofenac in rat hepatocytes by enhancing the

activity of antioxidant enzymes such as catalase (Hatefi-Hesari et al., 2021). 3,3'-Di-O-methylellagic acid significantly reduces retinal vasodilation caused by high glucose levels in juvenile zebrafish (Lee et al., 2018). Methylgallate improves potassium oxazinate-induced kidney damage in mice with hyperuricemia nephropathy by inhibiting the NOD-like receptor thermal protein domain associated protein 3 (NLRP3) pathway, thereby producing a renal protective effect (Liu et al., 2021a). Catechin protects rat cardiomyocytes against hypoxic damage (Fang et al., 2018) and also exerts an anti-inflammatory effect (Syed Hussein et al., 2015). Both catechin gallate and epicatechin gallate have significant anti-inflammatory and anti-proliferative activities (Kurbitz et al., 2011). Catechin gallate inhibits catechol methylation in rat hepatocyte cytoplasm and hepatocyte cultures by inhibiting the activity of catechol oxymethyltransferase (Kadowaki et al., 2005).

In a previous study, we found that only four of the 21 forms of PRR that can effectively treat toxic heat and blood stasis were the original constituents; the other 17 were metabolites (Xu et al., 2022). The four original constituents were paeoniflorin (C1), oxypaeoniflorin (C2), desbenzoylpaeoniflorin isomer (C3), and 3,7/8-dimethylellagic acid (C4), and the 17 metabolites were 3'-O-methyl (epi) catechin 5-O-glucuronide (C5), 3-hydroxy phenylpropionic acid sulfate (C6), 3-hydroxy-4-methoxyphenylpropionic acid sulfate (C7), 3/4-hydroxy benzoic acid sulfate (C8), C10H18O2 glucuronide (C9-C15), C10H18O4 glucuronide (C16), C<sub>10</sub>H<sub>14</sub>O<sub>3</sub> glucuronide (C17), 3-methoxy-4-hydroxy-phenylpropionic acid sulfate (C18), C<sub>8</sub>H<sub>8</sub>O<sub>3</sub> glucuronide (C19, C20), and benzoyl glucuronide (C21). Of them, C9-C17, C19, C20, and M23 are derived from paeoniflorin; C5-C7, C18, and C21 are possibly derived from catechins; and C8 is possibly derived from catechins or gallic acids (Liang et al., 2013).

In this study, we systematically explored the metabolism of PRR and its 14 constituents with four structure types (paeoniflorins, catechins, gallic acids, and ellagic acids) in mice. The objectives of the study were to 1) elucidate the metabolites and metabolic pathways of PRR and its 14 main constituents in mice, 2) determine the possible origins of the metabolites of PRR, and 3) clarify whether these compounds can be converted into the recognized effective forms *in vivo*. The findings are helpful for further elucidating the forms of PRR that exist *in vivo* and identifying the effective forms of PRR. The

findings are also of great significance for studying the mechanisms of action and quality control of PRR.

# 2 Materials and methods

### 2.1 Medicinal materials and reagents

PRR was purchased from Baohua, a dealer of Chinese herbal medicines in Xunke County, Heilongjiang Province (Sample No. 6524). The medicine was identified as the dried roots of *Paeonia lactiflora* Pall. by Professor Shao-Qing Cai from Peking University School of Pharmaceutical Sciences. A voucher sample (No. 6524) was stored in the Herbarium of Peking University School of Pharmaceutical Sciences.

Paeoniflorin (Lot No. PS010957), albiflorin (Lot No. PS011455), No. oxypaeoniflorin (Lot PS010199), benzoylpaeoniflorin (Lot No. PS000157), hydroxyben zoylpaeoniflorin (Lot No. PS000693), benzoyloxypaeoniflorin (Lot No. PS012411), galloylpaeoniflorin (Lot No. PS010194), epicatechin gallate (Lot No. PS000163), catechin gallate (Lot No. PS010638) and 3,3'-di-O-methylellagic acid (Lot No. PS 22960025) were purchased from Chengdu Push Biotechnology Co., Ltd. (Chengdu, China). Catechin (Lot No. P21J11F 118,380) and methylgallate (Lot No. L19D5Y1) were obtained from Shanghai Yuanye Biotechnology Co., Ltd. (Shanghai, China). Lactiflorin (Lot No. MUST-21041202) and ellagic acid (Lot No. KN 960133) were purchased from Chengdu Must Biotechnology Co., Ltd. (Chengdu, China). The purity of all reference substances was greater than 95.0%, as indicated by high-performance liquid chromatography (HPLC; 254 nm). Formic acid (Lot No. 212271), acetonitrile (Lot No. F21LAL 202), and methanol (Lot No. 206409), all HPLC grade, were purchased from Thermo Fisher Scientific, Inc. (Waltham, MA, United States). HPLC-grade ethanol (Lot No. 32061) was purchased from Fuchen (Tianjin) Chemical Reagents Co., Ltd. (Tianjin, China). Sodium carboxymethyl cellulose (Lot No. A18105) was purchased from Sinopharm Chemical Reagents Co., Ltd. (Shanghai, China). Ultrapure water was prepared using a Milli-Q Integral 3 ultrapure water machine (Millipore, Billerica, MA, United States).

# 2.2 Preparation and qualitative analysis of the lyophilized powder of PRR decoction

The lyophilized powder of PRR decoction was prepared as described previously (Liang et al., 2013). Each Gram of the lyophilized powder was equivalent to 2.63 g of the crude drug. The constituents in the lyophilized powder of the PRR decoction were identified by high performance liquid chromatography with diode array detector and combined with electrospray ionization ion trap time-of-flight multistage mass spectrometry (HPLC-DAD-ESI-IT-TOF-MS<sup>n</sup>) with reference

to the mass spectral data of the reference substances or the relevant literature (Supplementary Figure S1).

### 2.3 Animal and metabolic studies

Forty-eight ICR mice (male,  $30 \pm 2$  g) were purchased from the Department of Laboratory Animal Sciences at the Peking University Health Science Center and randomized into one control group and 15 dosing groups (14 compound-dosed groups and one PRR decoction-dosed group) with three mice in each group. All mice were housed in mouse metabolism cages. The experiment lasted for 10 days. After adapting for the first 3 days, the mice were dosed by gavage once per day for the following 7 days. In the 14 compound-dosed groups, the dose was 40 mg/kg mouse weight, while the dose in the decoctiondosed group was 70 mg of lyophilized powder of PRR decoction per kg mouse weight (equivalent to 200 mg/kg of PRR crude drug). All compounds and the lyophilized powder of PRR decoction were suspended in 0.5% sodium carboxymethyl cellulose solution, and the dose volume was approximately 0.2 ml for each mouse. The control group was given the same volume of 0.5% sodium carboxymethyl cellulose solution. The mice were maintained in an environment at 22 ± 2°C (relative humidity 50  $\pm$  5%) and allowed to eat and drink *ad libitum*. All animal experiments were approved by the Animal Ethics Committee of Peking University Health Science Center (approval number: LA2019117).

#### 2.4 Collection and preparation of samples

#### 2.4.1 Collection of samples

All urine and feces were collected during the 7 days of dosing. One hour after the last dosing by gavage, the blood was collected into 1.5-ml heparin sodium-containing tubes by excising the eyeballs. All samples were stored in a refrigerator at  $-20^{\circ}$ C prior to use.

# 2.4.2 Preparation of urine, feces, and plasma samples

All urine, feces, and plasma samples from the same group were pooled, resulting in 16 urine, 16 feces, and 16 plasma samples. Each urine sample was centrifuged at 8,000 rpm at  $4^{\circ}$ C for 15 min. The supernatant was harvested, concentrated, and dried at 55°C followed by the addition of 10 ml of methanol and ultrasonic extraction for 30 min. The extract was filtered, concentrated, and dried at 55°C. Each feces sample was dried at 50°C for 48 h and smashed followed by the addition of 30 ml of methanol and ultrasonic extraction for 30 min per round (three rounds of extraction). The extract was filtered, and the filtrates obtained from the three rounds of extraction were pooled, concentrated, and dried at 55°C

10.3389/fphar.2022.995641

followed by the addition of 10 ml of methanol, ultrasonic extraction for 30 min, and centrifugation at 8,000 rpm and 4°C for 15 min. The supernatant was concentrated and dried at 55°C. The urine and feces samples (0.5 g each) were separately dissolved in 1 ml methanol. Each plasma sample was centrifuged at 5,000 rpm and 4°C for 15 min, and approximately 0.9 ml supernatant was collected for each group. After adding 4.5 ml methanol, the mixture was centrifuged at 5,000 rpm and 4°C for 15 min. The supernatant was blown with nitrogen and dried at 40°C followed by the addition of 0.5 ml methanol for reconstitution. All samples were filtered through a 0.22- $\mu$ m membrane and stored at -20°C prior to further analysis.

### 2.5 Instruments and Conditions

HPLC-DAD-ESI-IT-TOF-MS<sup>n</sup> analysis was performed using an HPLC instrument and an IT-TOF mass spectrometer connected to two LC-20AD pumps, an SIL-20AC autosampler, a CTO-20A column heater, an SPD-M20A photo-diode array (PDA) detector, and a CBM-20A system controller (Shimadzu, Kyoto, Japan). Data analysis was performed using LCMS Solution v.3.60, Formula Predictor v.1.2, and Accurate Mass Calculator (Shimadzu, Kyoto, Japan).

The chromatographic conditions were as follows: chromatographic column, Phenomenex Gemini C18 (250 mm × 4.6 mm, 5 µm); guard column, Phenomenex Security Guard  $(4 \text{ mm} \times 3.0 \text{ mm}, 5.0 \mu\text{m}; \text{Phenomenex}, \text{Torrance}, CA,$ United States); column temperature, 40°C; injection volume, 10  $\mu L;$  and flow rate, 1 ml/min. The mobile phase was 0.1% aqueous solution of formic acid (A) and acetonitrile (B). The mobile phase gradients were as follows: 0-12 min, 3% B; 12-33 min, 3%-8% B; 33-37.5 min, 8% B; 37.5-52.5 min, 8%-12% B; 52.5-82.5 min, 12%-25% B; 82.5-105 min, 25 %-60% B; 105-120 min, 60%-100% B; 120-130 min, 100% B. PDA detector: 200-700 nm. The mass spectrometry conditions were as follows: electrospray ionization (ESI), positive and negative ion mode; mass scan range, m/z 100-1,000 (MS), m/z 50-1,000 (MS<sup>2</sup> and MS<sup>3</sup>); relative collision-induced dissociation (CID) energy, 50%; heater block temperature, 200°C; curved desolvation line (CDL) temperature, 200°C; detection voltage, 1.70 kV; interface voltage (+) 4.5 kV, (-) 3.5 kV; drying gas, nitrogen; and drying gas flow rate, 1.5 L/min.

# 2.6 Identification of the forms of PRR present *in vivo* (original constituents and metabolites)

The *in vivo* existence forms of PRR were identified as previously described (Liang et al., 2013). First, the base peak chromatograms (BPCs) of the samples from the dosing and

control groups were compared to find the distinguishing peaks and tentatively determine the *in vivo* existence forms of PRR. Second, the extracted ion chromatograms (EICs) of the compounds in the dosing and control groups were compared to confirm the distinguishing peaks. The chromatographic peaks that appeared in the dosing groups but not in the control group were considered to represent the *in vivo* existence forms of PRR. Finally, the forms of PRR existing *in vivo* were analyzed structurally based on the obtained liquid chromatographyhigh resolution multi-stage mass spectrometry data combined with 1) the mass spectrometry data of reference substances, 2) the mass spectrometry fragmentation patterns, 3) the mass spectrometry fragmentation information reported in the literature, and 4) information obtained by searching the SciFinder database.

### **3** Results

In this study, 23, 16, 24, 17, 18, 30, 27, 17, 22, 17, 33, 3, 8, 24, and 31 metabolites of paeoniflorin (P), albiflorin (A), oxypaeoniflorin benzoylpaeoniflorin (O), (B), hydroxybenzoylpaeoniflorin (OB), benzoyloxypaeoniflorin (BO), galloylpaeoniflorin (G), lactiflorin (L), epicatechin gallate (ECG), catechin gallate (CG), catechin (C), ellagic 3,3'-di-O-methylellagic acid (EA), acid (DEA), methylgallate (MG), and PRR were respectively identified in mice. After identifying identical metabolites, a total of 195 metabolites remained (Table 1). The LC-MS<sup>n</sup> data of the metabolites and the distributions of metabolites in urine, feces, and plasma of can be found in Supplementary Tables S1, S2.

In this study, the usual neutral losses in mass spectrometry were 30.01 Da (CH<sub>2</sub>O), 14.01 Da (CH<sub>2</sub>), 176.03 Da (C<sub>6</sub>H<sub>8</sub>O<sub>6</sub>), 79.95 Da (SO<sub>3</sub>), 81.97 Da (H<sub>2</sub>SO<sub>3</sub>), 43.99 Da (CO<sub>2</sub>), 15.02 Da (CH<sub>3</sub>•), 27.99 Da (CO), 42.01 Da (C<sub>2</sub>H<sub>2</sub>O), 46.01 Da (CH<sub>2</sub>O<sub>2</sub>), 104.01 Da (C<sub>7</sub>H<sub>4</sub>O), 122.04 Da (C<sub>7</sub>H<sub>6</sub>O<sub>2</sub>), and 162.05 Da (C<sub>6</sub>H<sub>10</sub>O<sub>5</sub>), indicating that a molecule which shows these neutral losses contains formaldehyde or methanyl, methyl, glucuronosyl, sulfonyl, sulfonyl, carboxy or lactone, methyl, carbonyl, acetyl, carboxy or lactone group, benzoyl, benzoyloxy, and hexosyl (more likely glucosyl) groups, respectively. In addition, the fragment ions at *m/z* 175.02 (C<sub>6</sub>H<sub>7</sub>O<sub>6</sub>) and *m/z* 96.96 (SO<sub>4</sub>H) indicate that the molecule contains glucuronosyl and sulfate groups.

# 3.1 Mass spectral features of the 14 reference substances

The mass spectral fragments and fragmentation pathways of the 14 reference substances are presented in Supplementary Table S3 and Supplementary Figure S2.

10.3389/fphar.2022.995641

No.	t <sub>R</sub> (min)	Formula	Meas. (Da)	Err (ppm)	Р	A	0	В	OB	BO	G	L	ECG	CG	С	EA	DEA	MG	PRR	Identification
P0 <sup>a</sup>	56.58	C23H28O11	525.1590	-4.57	+	_	_	_	_	_	_	_	_	_	_	_	_	_	_	paeoniflorin
$A0^{a}$	51.95	$C_{23}H_{28}O_{11}$	525.1597	-3.24	-	+	-	-	-	-	-	-	-	-	_	-	-	-	-	albiflorin
$O0^{a}$	42.99	$C_{23}H_{28}O_{12}$	495.1501	-1.41	-	-	+	-	-	-	-	-	-	-	_	-	-	-	-	oxypaeoniflorin
OB0 <sup>a</sup>	84.65	$C_{30}H_{32}O_{13}$	599.1726	-7.34	_	-	_	_	+	-	_	_	-	-	_	-	-	-	-	hydroxybenzoylpaeoniflorin
BO0 <sup>a</sup>	87.12	$C_{30}H_{32}O_{13}$	599.1755	-2.5	-	-	-	-	-	+	-	-	-	_	-	_	_	_	-	benzoyloxypaeoniflorin
G0 <sup>a</sup>	70.17	$C_{30}H_{32}O_{15}$	631.1633	-5.55	-	-	-	-	-	-	+	-	-	-	_	-	-	-	-	galloylpaeoniflorin
L0 <sup>a</sup>	81.32	$C_{23}H_{26}O_{10}$	507.1508	0.00	-	-	-	-	-	-	-	+	-	_	-	_	_	-	-	lactiflorin
ECG0 <sup>a</sup>	67.80	$C_{22}H_{18}O_{10}$	441.0827	0.00	-	-	-	-	-	-	-	-	+	_	-	_	_	-	-	epicatechin gallate
CG0 <sup>a</sup>	70.36	$C_{22}H_{18}O_{10}$	441.0828	0.23	-	-	-	-	-	-	-	-	-	+	-	_	_	-	-	catechin gallate
DEA0 <sup>a</sup>	90.97	$C_{16}H_{10}O_8$	329.0315	3.65	-	-	-	-	-	-	-	-	-	_	-	_	+	_	-	3,3'-di-O-methylellagic acid
M1 <sup>a</sup>	56.58	$C_{23}H_{28}O_{11}$	525.1590	-4.57	_	_	+	+	+	_	+	-	_	_	_	_	-	_	_	paeoniflorin
M2 <sup>a</sup>	42.53	$C_{23}H_{28}O_{12}$	495.1502	-1.21	+	_	_	-	+	+	_	-	_	_	_	_	-	_	_	oxypaeoniflorin
M3	77.90	$C_{10}H_{16}O_4$	199.0987	5.52	_	_	_	-	_	+	+	-	_	_	_	_	-	_	_	paeonimetabolin II isomer 1
M4	78.72	$C_{10}H_{16}O_4$	199.0978	1.00	_	_	_	-	_	_	_	-	_	_	_	_	-	_	+	paeonimetabolin II isomer 2
M5	80.91	$C_{10}H_{16}O_4$	199.0980	2.01	_	_	_	-	_	_	_	-	_	_	_	_	-	_	+	paeonimetabolin II isomer 3
M6	80.24	$C_{10}H_{16}O_4$	199.0970	-3.01	_	_	_	-	_	+	+	-	_	_	_	_	-	_	_	paeonimetabolin II isomer 4
M7	23.69	C10H16O7S	279.0532	-4.30	_	+	_	-	-	_	_	_	_	-	_	-	-	_	_	paeonimetabolin II sulfate isomer 1
M8	31.89	C10H16O7S	279.0525	-6.81	_	_	_	-	+	_	_	-	_	_	_	_	-	_	_	paeonimetabolin II sulfate isomer 2
M9	43.84	C10H16O7S	279.0524	-7.17	_	+	_	-	_	_	_	-	_	_	_	_	-	_	_	paeonimetabolin II sulfate isomer 3
M10	49.22	C110H16O7S	279.0523	-7.53	_	+	_	-	_	_	+	-	_	_	_	_	-	_	_	paeonimetabolin II sulfate isomer 4
M11	8.77	$C_{16}H_{24}O_{10}$	421.1361	2.14	_	+	_	_	-	-	_	_	-	_	_	-	-	-	-	desbenzoyl albiflorin isomer 1
M12	31.28	$C_{16}H_{24}O_{10}$	375.1266	-8.26	_	+	_	_	-	-	_	_	-	_	_	-	-	_	-	desbenzoyl albiflorin isomer 2
M13	10.08	$C_{16}H_{24}O_{10}$	421.1332	-4.75	_	+	_	_	-	-	_	_	-	_	_	-	-	_	-	desbenzoyl albiflorin isomer 3
M14	51.34	$C_{16}H_{24}O_{10}$	421.1333	-4.51	+	+	+	+	+	-	_	_	-	_	_	-	-	-	-	desbenzoylpaeoniflorin isomer 1
M15	52.97	$C_{16}H_{24}O_{10}$	421.1346	-1.42	+	+	+	+	+	+	+	+	-	_	_	-	-	_	-	desbenzoylpaeoniflorin isomer 2
M16	29.71	$C_{17}H_{26}O_{10}$	435.1485	-5.29	+	_	_	_	-	-	_	_	-	_	_	-	-	-	-	methyl desbenzoylpaeoniflorin isomer 1
M17	26.15	C117H26O10	435.1477	-7.12	_	_	_	_	_	_	_	_	_	_	_	_	_	_	+	methyl desbenzoylpaeoniflorin isomer 2
M18	32.07	C16H22O10	373.1146	1.61	+	-	+	+	+	+	+	_	_	_	_	_	_	_	_	paeonimetabolin I glucuronide isomer 1
M19	33.01	C <sub>16</sub> H <sub>22</sub> O <sub>10</sub>	373.1145	1.34	_	_	+	+	+	+	+	_	_	_	_	_	_	_	_	paeonimetabolin I glucuronide isomer 2
M20	29.78	C <sub>16</sub> H <sub>22</sub> O <sub>10</sub>	373.1123	-4.56	_	_	_	_	_	_	_	+	_	_	_	_	_	_	_	paeonimetabolin I glucuronide isomer 3
M21	28.88	C <sub>16</sub> H <sub>22</sub> O <sub>10</sub>	373.1135	-1.34	_	_	_	_	_	_	_	+	_	_	_	_	_	_	_	paeonimetabolin I glucuronide isomer 4
M22	55.09	C <sub>16</sub> H <sub>22</sub> O <sub>10</sub>	373.1133	-1.88	_	_	+	_	_	_	_	_	_	_	_	_	_	_	_	paeonimetabolin I glucuronide isomer 5
M23	24.88	C <sub>10</sub> H <sub>14</sub> O <sub>6</sub> S	261.0437	-0.38	+	_	_	+	+	+	+	_	_	_	_	_	_	_	_	$C_{10}H_{14}O_3$ sulfate isomer 1
		10 11-0-																		

TABLE 1 Retention times (t<sub>R</sub>) molecular formulae, and identities of 10 absorbed compounds and 195 metabolites of PRR and its 14 constituents in mice based on HPLC-ESI-IT-TOF-MS<sup>n</sup>.

(Continued on following page)

No.	t <sub>R</sub> (min)	Formula	Meas. (Da)	Err (ppm)	Р	Α	0	В	OB	BO	G	L	ECG	CG	С	EA	DEA	MG	PRR	Identification
M24	26.01	C10H14O6S	261.0438	0.00	+	-	_	+	+	+	+	_	_	-	_	_	_	_	_	$C_{10}H_{14}O_3$ sulfate isomer 2
M25	28.75	$\mathrm{C_{10}H_{14}O_6S}$	261.0423	-5.75	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	C <sub>10</sub> H <sub>14</sub> O <sub>3</sub> sulfate isomer 3
M26	29.29	$C_{10}H_{14}O_6S$	261.0423	-5.75	+	-	+	-	+	-	-	-	-	-	-	-	-	-	-	C <sub>10</sub> H <sub>14</sub> O <sub>3</sub> sulfate isomer 4
M27	34.56	$\mathrm{C_{10}H_{14}O_6S}$	261.0429	-3.45	+	-	-	+	+	-	-	-	-	-	-	-	-	-	-	C <sub>10</sub> H <sub>14</sub> O <sub>3</sub> sulfate isomer 5
M28	37.82	$C_{10}H_{14}O_6S$	261.0432	-2.3	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	C <sub>10</sub> H <sub>14</sub> O <sub>3</sub> sulfate isomer 6
M29	24.33	$C_{16}H_{26}O_{10}$	377.1475	5.83	-	-	+	-	+	+	-	-	-	-	-	-	-	-	-	C <sub>10</sub> H <sub>18</sub> O <sub>4</sub> glucuronide isomer 1
M30	24.90	$C_{16}H_{26}O_{10}$	377.1443	-2.65	-	-	-	-	-	+	+	-	-	-	-	-	-	-	-	C <sub>10</sub> H <sub>18</sub> O <sub>4</sub> glucuronide isomer 2
M31	26.71	$C_{16}H_{26}O_{10}$	377.1463	2.65	+	-	+	+	+	+	+	-	-	-	-	-	-	-	-	C <sub>10</sub> H <sub>18</sub> O <sub>4</sub> glucuronide isomer 3
M32	30.81	$C_{16}H_{26}O_{10}$	377.1453	0.00	-	-	-	-	-	+	+	-	-	-	-	-	-	-	-	C <sub>10</sub> H <sub>18</sub> O <sub>4</sub> glucuronide isomer 4
M33	31.97	$C_{16}H_{26}O_{10}$	377.1437	-4.24	+	-	+	+	-	+	+	-	-	-	-	-	-	-	-	C <sub>10</sub> H <sub>18</sub> O <sub>4</sub> glucuronide isomer 5
M34	53.31	$C_{16}H_{26}O_{10}$	377.1443	-2.65	_	-	-	-	-	-	-	+	-	-	-	-	-	-	+	C <sub>10</sub> H <sub>18</sub> O <sub>4</sub> glucuronide isomer 6
M35	56.90	$C_{16}H_{28}O_{10}$	379.1614	1.05	-	-	-	-	-	+	+	-	-	-	-	-	-	-	-	C <sub>10</sub> H <sub>20</sub> O <sub>4</sub> glucuronide
M36	23.65	$C_{14}H_{16}O_9$	327.0731	2.75	-	+	_	-	-	-	_	_	-	-	_	_	-	-	-	C <sub>8</sub> H <sub>8</sub> O <sub>3</sub> glucuronide isomer 1
M37	31.11	$C_{14}H_{16}O_9$	327.0712	-3.06	_	+	-	-	-	+	+	-	-	-	-	-	-	-	-	C <sub>8</sub> H <sub>8</sub> O <sub>3</sub> glucuronide isomer 2
M38	32.32	$C_{14}H_{16}O_9$	327.0722	0.00	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	C <sub>8</sub> H <sub>8</sub> O <sub>3</sub> glucuronide isomer 3
M39	35.98	$C_{14}H_{16}O_9$	327.0707	-4.59	_	+	_	-	-	-	_	_	-	-	_	_	-	_	-	C <sub>8</sub> H <sub>8</sub> O <sub>3</sub> glucuronide isomer 4
M40	41.65	$C_{14}H_{16}O_9$	327.0696	-7.95	_	-	-	-	-	+	+	-	-	-	-	-	-	-	-	C <sub>8</sub> H <sub>8</sub> O <sub>3</sub> glucuronide isomer 5
M41	34.25	$C_{10}H_{18}O_6S$	265.0730	-7.92	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	2,6-dihydroxycineol sulfate isomer 1
M42	47.90	$C_{10}H_{18}O_6S$	265.0732	-7.17	+	-	+	-	+	-	-	-	-	-	-	-	-	-	-	2,6-dihydroxycineol sulfate isomer 2
M43	51.20	$C_{10}H_{18}O_6S$	265.0736	-5.66	+	-	+	+	+	-	-	-	-	-	-	-	-	-	-	2,6-dihydroxycineol sulfate isomer 3
M44	54.17	$C_{10}H_{18}O_6S$	265.0745	-2.26	+	-	+	+	-	-	-	-	-	-	-	-	-	-	-	2,6-dihydroxycineol sulfate isomer 4
M45	63.27	$C_{10}H_{18}O_6S$	265.0729	-8.30	+	+	+	+	+	+	+	-	-	-	-	-	-	-	-	2,6-dihydroxycineol sulfate
M46	83.48	$C_{10}H_{18}O_6S$	265.0739	-4.53	+	-	+	-	-	-	-	-	-	-	-	-	-	-	-	2,6-dihydroxycineol sulfate isomer 6
M47	85.97	$C_{10}H_{18}O_6S$	265.0733	-6.79	+	+	+	+	-	+	+	-	-	-	-	-	-	-	-	2,6-dihydroxycineol sulfate isomer 7
M48	111.38	$C_{10}H_{18}O_6S$	265.0740	-4.15	_	_	_	-	-	-	_	_	-	-	_	_	-	-	+	2,6-dihydroxycineol sulfate isomer 8
M49	128.78	$C_{10}H_{18}O_6S$	265.0753	0.75	_	-	-	-	-	-	-	-	-	-	-	-	-	-	+	2,6-dihydroxycineol sulfate isomer 9
M50	69.08	$C_{16}H_{26}O_9$	361.1522	4.98	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	paeonimetabolin II glucoside isomer 1
M51	71.20	$C_{16}H_{26}O_9$	361.1486	-4.98	_	-	-	-	-	-	-	-	-	-	-	-	-	-	+	paeonimetabolin II glucoside isomer 2
M52	70.28	$C_{16}H_{26}O_9$	361.1520	4.43	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	paeonimetabolin II glucoside isomer 3
M53	72.81	$C_{16}H_{26}O_9$	361.1508	1.11	_	_	_	-	-	-	_	_	-	-	-	_	-	-	+	paeonimetabolin II glucoside isomer 4
M54	66.15	$C_{16}H_{26}O_9$	361.1489	-4.15	_	_	_	-	-	+	+	_	-	_	-	_	-	-	-	paeonimetabolin II glucoside
M55	61.87	$C_{10}H_{20}O_6S$	267.0936	0.00	+	+	+	-	+	+	+	-	-	-	-	-	-	-	-	hydrogenated 2,6-dihydroxycineol sulfate isomer 1
M56	57.88	$C_{10}H_{20}O_6S$	267.0901	-2.62	_	-	-	-	-	-	-	-	-	_	-	_	_	-	+	hydrogenated 2,6-dihydroxycineol sulfate isomer 2

TABLE 1 (Continued) Retention times (t<sub>R</sub>) molecular formulae, and identities of 10 absorbed compounds and 195 metabolites of PRR and its 14 constituents in mice based on HPLC-ESI-IT-TOF-MS<sup>n</sup>.

10.3389/fphar.2022.995641

(Continued on following page)

No.	t <sub>R</sub> (min)	Formula	Meas. (Da)	Err (ppm)	Р	Α	0	В	OB	BO	G	L	ECG	CG	С	EA	DEA	MG	PRR	Identification
M57	38.30	C <sub>16</sub> H <sub>24</sub> O <sub>9</sub>	359.1318	-8.35	+	_	+	+	-	+	+	_	_	_	_	_	_	_	_	dehydrogenated 2,6-dihydroxycineol glucuronide isomer 1
M58	39.01	$C_{16}H_{24}O_9$	359.1343	-1.39	+	-	+	+	-	+	+	-	-	-	-	-	-	-	-	dehydrogenated 2,6-dihydroxycineol glucuronide isomer 2
M59	39.61	$C_{16}H_{24}O_9$	359.1342	-1.67	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	dehydrogenated 2,6-dihydroxycineol glucuronide isomer 3
M60	41.87	$C_{16}H_{24}O_9$	359.1322	-7.24	+	-	+	-	-	+	+	-	-	-	-	-	-	-	-	dehydrogenated 2,6-dihydroxycineol glucuronide isomer 4
M61	48.65	$C_{16}H_{24}O_9$	359.1333	-4.18	+	-	+	+	+	+	+	-	-	-	-	-	-	-	-	dehydrogenated 2,6-dihydroxycineol glucuronide
M62	49.63	$C_{16}H_{24}O_9$	359.1353	1.39	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	dehydrogenated 2,6-dihydroxycineol glucuronide isomer 5
M63	32.99	$C_7H_6O_8S$	248.9691	5.62	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	gallic acid sulfate
M64	42.42	$C_7H_6O_8S$	248.9719	3.21	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	gallic acid sulfate
M65	37.17	$C_9H_9NO_3$	178.0516	3.37	-	+	-	-	-	+	+	-	-	-	-	-	-	-	+	hippuric acid
M66	27.64	$C_9H_9NO_4$	194.0469	5.15	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	hydroxyhippuric acid
M67	29.07	$C_9H_9NO_4$	194.0459	0.00	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	hydroxyhippuric acid
M68	28.31	$C_{13}H_{14}O_9$	313.0547	-5.75	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	salicylic acid glucuronide
M69	71.03	$C_{23}H_{28}O_{10}$	509.1654	-2.16	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	hydrogenated lactiflorin
M70	63.56	$C_{23}H_{28}O_{10}$	509.1652	-2.55	-	-	-	-	-	-	-	+	-	-	-	-	-	-	+	hydrogenated lactiflorin isomer
M71	71.64	$C_{23}H_{28}O_{11}$	525.1598	-3.05	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	hydrogenated hydroxylated lactiflorin
M72	35.33	$C_{23}H_{28}O_{11}$	525.1635	4.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	hydrogenated hydroxylated lactiflorin isomer 1
M73	33.67	$C_{23}H_{28}O_{11}$	525.1624	1.90	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	hydrogenated hydroxylated lactiflorin isomer 2
M74	37.32	$C_{23}H_{28}O_{11}$	525.1624	1.90	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	hydrogenated hydroxylated lactiflorin isomer 3
M75	85.18	$C_{17}H_{18}O_8S$	381.0612	-1.05	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	hydrogenated deglycosylated lactiflorin sulfate isomer 1
M76	66.53	$C_{17}H_{18}O_8S$	381.0625	2.36	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	hydrogenated deglycosylated lactiflorin sulfate isomer 2
M77	84.31	$C_{17}H_{18}O_8S$	381.0622	1.57	_	-	_	_	-	-	_	+	-	-	_	-	-	-	-	hydrogenated deglycosylated lactiflorin sulfate isomer 3
M78	100.37	$C_{17}H_{18}O_8S$	381.0629	3.41	_	-	_	_	-	-	_	+	-	-	_	-	-	-	-	hydrogenated deglycosylated lactiflorin sulfate isomer 4
M79 <sup>a</sup>	40.07	$C_{15}H_{14}O_{6}$	289.0706	-4.15	_	-	_	_	-	-	_	-	-	+	_	-	-	_	-	catechin
M80	71.09	$C_{15}H_{14}O_9S$	369.0295	2.44	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	epicatechin sulfate
M81	66.12	$C_{15}H_{14}O_9S$	369.0285	-0.27	-	-	-	-	-	_	-	-	-	+	-	-	-	_	-	catechin 5/7-O-sulfate isomer 1
M82	67.48	$C_{15}H_{14}O_9S$	369.0268	-4.88	-	-	-	-	-	_	-	-	-	+	-	-	-	_	-	catechin sulfate isomer 2
M83	72.48	$C_{15}H_{14}O_9S$	369.0280	-1.63	-	-	-	-	-	_	-	-	-	+	-	-	-	_	-	catechin sulfate isomer 3
M84	61.79	$C_{15}H_{14}O_9S$	369.0283	-0.81	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	catechin 5/7-O-sulfate isomer 2
M85	68.11	$C_{15}H_{14}O_9S$	369.0283	-0.81	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	catechin 3'/4'-O-sulfate isomer
M86	37.64	$C_{21}H_{22}O_{12}$	465.1038	0.00	-	-	-	-	_	_	-	-	_	_	+	_	_	_	_	catechin glucuronide isomer 1
M87	36.14	$C_{21}H_{22}O_{12}$	465.1008	-6.45	_	-	_	_	-	-	_	_	-	-	+	-	-	-	-	catechin glucuronide isomer 2
M88	32.94	$C_{21}H_{22}O_{12}$	465.1053	3.23	-	-	-	-	_	_	-	-	_	_	+	_	_	_	_	catechin glucuronide isomer 3
M89	66.43	$C_{21}H_{22}O_{15}S$	545.0599	-1.47	-	-	-	-	-	-	-	-	-	+	_	-	-	-	-	catechin glucuronide sulfate isomer 1

(Continued on following page)

Zhang et al.

10.3389/fphar.2022.995641

TABLE 1 (Continued) Retention times (t <sub>R</sub> ) mo	ecular formulae, and identities of 10 absorbed comp	oounds and 195 metabolites of PRR and its 14	constituents in mice based on HPLC-ESI-IT-TOF-MS <sup>n</sup> .
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No.	t <sub>R</sub> (min)	Formula	Meas. (Da)	Err (ppm)	Р	Α	0	В	OB	BO	G	L	ECG	CG	С	EA	DEA	MG	PRR	Identification
M90	61.43	C <sub>21</sub> H <sub>22</sub> O <sub>15</sub> S	545.0576	-5.69	_	_	_	_	_	_	_	_	_	_	+	_	_	-	_	catechin glucuronide sulfate isomer 2
M91	54.85	$C_{21}H_{22}O_{15}S$	545.0621	2.57	-	-	_	-	-	-	-	-	-	-	+	-	-	-	-	catechin glucuronide sulfate isomer 3
M92	83.80	$C_{15}H_{16}O_8S$	355.0485	-2.25	-	-	_	-	-	-	-	-	+	-	-	-	-	-	-	3-HPP-2-ol sulfate isomer 1
M93	85.03	$C_{15}H_{16}O_8S$	355.0475	-5.07	-	-	_	-	-	-	-	-	+	-	-	-	-	-	-	3-HPP-2-ol sulfate isomer 2
M94	79.52	$\mathrm{C_{15}H_{16}O_8S}$	355.0473	-5.63	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	3-HPP-2-ol sulfate isomer 3
M95	40.82	$C_{12}H_{14}O_{12}S$	381.0138	1.31	-	-	-	-	-	-	-	-	+	+	-	-	-	-	-	pyrogallol-O-glucuronide sulfate isomer 1
M96	41.84	$C_{12}H_{14}O_{12}S$	381.0149	4.20	-	-	_	-	-	-	-	-	-	+	-	-	-	-	-	pyrogallol-O-glucuronide sulfate isomer 2
M97	50.13	$C_{11}H_{14}O_4$	209.0812	-3.35	-	-	_	-	-	-	-	-	+	-	-	-	-	-	-	5-(3,4-dihydroxyphenyl)-valeric acid
M98	69.82	$C_{11}H_{14}O_7S$	289.0386	-0.35	-	-	_	-	-	-	-	-	+	-	-	-	-	-	-	5-(3,4-dihydroxyphenyl)-valeric acid sulfate isomer 1
M99	125.97	$C_{11}H_{14}O_7S$	289.0400	4.50	-	-	_	-	-	-	-	-	-	-	+	-	-	-	-	5-(3,4-dihydroxyphenyl)-valeric acid sulfate isomer 2
M100	66.80	$\mathrm{C}_{11}\mathrm{H}_{14}\mathrm{O}_{7}\mathrm{S}$	289.0368	-6.57	-	-	-	-	-	_	-	-	_	-	+	_	-	_	-	5-(3,4-dihydroxyphenyl)-valeric acid sulfate isomer 3
M101	64.15	$\mathrm{C}_{11}\mathrm{H}_{14}\mathrm{O}_8\mathrm{S}$	305.0348	3.61	-	-	-	-	-	_	-	-	+	-	-	_	-	-	-	trihydroxy benzenepentanoic acid sulfate isomer 1
M102	60.56	$\mathrm{C}_{11}\mathrm{H}_{14}\mathrm{O}_8\mathrm{S}$	305.0316	-6.88	-	-	-	-	-	_	-	-	_	-	+	_	-	_	-	trihydroxy benzenepentanoic acid sulfate isomer 2
M103	79.45	$C_{11}H_{12}O_7S$	287.0251	2.44	-	-	_	-	-	-	-	-	+	+	-	-	-	-	-	5-(3,4-dihydroxyphenyl)- $\gamma$ -valerolactone sulfate isomer 1
M104	72.89	$C_{11}H_{12}O_7S$	287.0243	4.18	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	5-(3,4-dihydroxyphenyl)- $\gamma$ -valerolactone sulfate isomer 2
M105	77.34	$C_{11}H_{12}O_7S$	287.0227	-1.39	-	-	_	-	-	-	-	-	-	+	+	-	-	-	-	5-(3,4-dihydroxyphenyl)- $\gamma$ -valerolactone sulfate isomer 3
M106	76.08	$C_{11}H_{12}O_7S$	287.0219	-4.18	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	5-(3,4-dihydroxyphenyl)-γ-valerolactone sulfate isomer 4
M107	46.82	$C_{17}H_{20}O_{10}$	383.1002	4.70	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	5-(3,4-dihydroxyphenyl)-γ-valerolactone glucuronide isomer 1
M108	47.38	$C_{17}H_{20}O_{10}$	383.1005	5.48	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	5-(3,4-dihydroxyphenyl)-γ-valerolactone glucuronide isomer 2
M109	76.97	C10H10O7S	273.0072	-0.73	-	-	-	-	-	-	-	-	+	+	-	-	-	-	-	ferulic acid sulfate
M110	87.39	$C_{11}H_{12}O_6S$	271.0286	1.48	-	-	_	-	-	-	-	-	+	-	-	-	-	-	-	5-(3-hydroxyphenyl)-γ-valerolactone sulfate isomer 1
M111	82.81	$C_{11}H_{12}O_6S$	271.0284	0.74	-	-	_	-	-	-	-	-	-	-	+	-	-	-	-	5-(3-hydroxyphenyl)-γ-valerolactone sulfate isomer 2
M112	78.53	$C_{23}H_{20}O_{10}$	455.0985	0.22	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	methyl catechin gallate
M113	99.94	$C_{15}H_{16}O_{6}$	291.0891	5.84	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	3,4-diHPP-2-ol
M114	95.61	$C_{15}H_{16}O_{6}$	291.0866	-2.75	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	3,4-diHPP-2-ol isomer 1
M115	98.62	$C_{15}H_{16}O_{6}$	291.0875	0.34	-	-	_	-	-	-	_	_	-	-	_	-	-	-	+	3,4-diHPP-2-ol isomer 2
M116	102.43	$C_{15}H_{16}O_{6}$	291.0863	-3.78	-	-	_	-	-	-	-	-	-	-	-	-	-	-	+	3,4-diHPP-2-ol isomer 3
M117	108.16	$C_{15}H_{16}O_{6}$	291.0885	3.78	-	-	_	-	-	-	-	-	-	-	-	-	-	-	+	3,4-diHPP-2-ol isomer 4
M118	110.64	$C_{15}H_{16}O_{6}$	291.0880	2.06	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	3,4-diHPP-2-ol isomer 5
M119	125.68	$C_{15}H_{16}O_{6}$	291.0882	2.75	_	-	-	-	_	-	_	-	_	-	_	_	-	-	+	3,4-diHPP-2-ol isomer 6
M120	95.25	$C_{21}H_{24}O_{15}S$	547.1477	3.66	_	-	-	-	_	-	_	-	_	+	_	_	-	-	-	3,4-diHPP-2-ol glucuronide sulfate
M121	67.91	$C_{21}H_{24}O_{14}S$	531.0796	-3.39	-	-	_	-	-	-	_	_	-	-	+	-	-	-	_	3-HPP-2-ol glucuronide sulfate

10.3389/fphar.2022.995641

(Continued on following page)

Zhang et al.

No.	t <sub>R</sub> (min)	Formula	Meas. (Da)	Err (ppm)	Р	A	0	В	OB	BO	G	L	ECG	CG	С	EA	DEA	MG	PRR	Identification
M122	85.09	C <sub>16</sub> H <sub>16</sub> O <sub>9</sub> S	383.0449	1.83	_	_	-	-	_	_	_	-	+	_	_	_	_	_	_	methyl catechin sulfate isomer 1
M123	82.21	$C_{16}H_{16}O_9S$	383.0456	3.65	_	_	_	_	-	-	_	_	-	+	_	_	-	-	-	methyl catechin sulfate isomer 2
M124	81.83	$C_{16}H_{16}O_9S$	383.0454	3.13	_	_	_	_	-	-	_	_	-	-	+	_	-	-	-	methyl catechin sulfate isomer 3
M125	75.73	$C_{16}H_{16}O_9S$	383.0458	4.18	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	methyl catechin sulfate isomer 4
M126	77.29	$C_{16}H_{16}O_9S$	383.0424	-4.70	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	methyl catechin sulfate isomer 5
M127	42.29	$C_{22}H_{24}O_{12} \\$	479.1165	-6.26	-	-	-	-	-	-	-	-	-	-	+	_	-	-	-	methyl catechin glucuronide isomer 1
M128	51.77	$C_{22}H_{24}O_{12} \\$	479.1171	-5.01	-	-	-	-	-	-	-	-	-	-	+	_	-	-	-	methyl catechin glucuronide isomer 2
M129	40.51	$C_{22}H_{24}O_{12} \\$	479.1198	0.63	-	-	-	-	-	-	-	-	-	-	+	_	-	-	-	methyl catechin glucuronide isomer 3
M130	55.14	$C_{22}H_{24}O_{15}S$	559.0763	0.00	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	methyl catechin glucuronide sulfate isomer 1
M131	53.57	$C_{22}H_{24}O_{15}S$	559.0735	-5.01	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	methyl catechin glucuronide sulfate isomer 2
M132	65.48	$C_{22}H_{24}O_{15}S$	559.0752	-1.97	-	-	-	-	-	-	-	-	-	-	+	_	-	-	-	methyl catechin glucuronide sulfate isomer 3
M133	81.08	$C_9H_8O_6S$	242.9965	-1.65	-	-	-	-	-	-	-	-	+	-	-	_	-	-	-	m-coumaric acid sulfate
M134	56.30	$C_7H_6O_6S$	216.9820	3.69	-	-	-	-	-	-	-	-	+	-	-	_	-	-	-	3/4-hydroxy benzonic acid sulfate isomer 1
M135	40.62	$C_7H_6O_6S$	216.9809	-1.38	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	3/4-hydroxy benzonic acid sulfate isomer 2
M136	126.14	$C_{15}H_8O_{11}S$	394.9707	-2.03	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	methyl ellagic acid sulfate isomer 1
M137	127.57	$C_{15}H_8O_{11}S$	394.9710	-1.27	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	methyl ellagic acid sulfate isomer 2
M138	127.83	$\mathrm{C_{13}H_8O_7S}$	306.9927	2.93	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	urolithin A sulfate
M139	125.56	$\mathrm{C_{13}H_8O_6S}$	290.9960	-3.09	-	-	-	-	-	-	-	-	-	-	-	+	+	-	-	urolithin B sulfate isomer 1
M140	129.13	$\mathrm{C_{13}H_8O_6S}$	290.9959	-3.44	-	-	-	-	-	-	-	-	-	-	-	-	+	-	+	urolithin B sulfate isomer 2
M141	116.13	$\mathrm{C_{13}H_8O_6S}$	290.9947	-7.65	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	urolithin B sulfate isomer 3
M142 <sup>a</sup>	126.77	$C_{16}H_{10}O_8$	329.0300	-0.91	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	3,3'-di-O-methylellagic acid isomer
M143	128.12	$C_{16}H_{10}O_{11}S$	408.9866	-1.22	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	3,3'-di-O-methylellagic acid sulfate isomer 1
M144	126.52	$C_{16}H_{10}O_{11}S$	408.9867	-0.98	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	3,3'-di-O-methylellagic acid sulfate isomer 2
M145	73.88	$C_{22}H_{18}O_{14}$	505.0627	-2.18	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	$3{,}3^{\prime}{\rm -di-}O{\rm -methylellagic}$ acid glucuronide isomer 1
M146	74.73	$C_{22}H_{18}O_{14} \\$	505.0634	1.98	-	-	-	-	-	-	-	-	-	-	-	_	+	-	-	3,3'-di-O-methylellagic acid glucuronide isomer 2
M147	43.79	$C_8H_8O_8S$	262.9867	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methyl gallate sulfate
M148	45.96	$C_8H_8O_8S$	262.9872	1.90	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methyl gallate sulfate isomer 1
M149	59.29	$C_8H_8O_8S$	262.9850	-6.46	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methyl gallate sulfate isomer 2
M150	61.06	$C_8H_8O_8S$	262.9867	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methyl gallate sulfate isomer 3
M151	64.01	$C_8H_8O_8S$	262.9852	-5.70	-	-	-	-	-	-	-	-	-	_	-	_	-	+	-	methyl gallate sulfate
M152	84.88	$C_8H_8O_8S$	262.9862	-1.90	-	-	-	-	-	-	-	-	-	_	-	_	-	+	-	methyl gallate sulfate isomer 4
M153	88.43	$C_8H_8O_8S$	262.9854	-4.94	-	-	-	-	-	-	-	-	-	_	-	_	-	+	-	methyl gallate sulfate isomer 5
M154	125.33	$C_8H_8O_8S$	262.9864	-1.14	-	-	-	-	-	-	-	-	-	_	-	_	-	+	-	methyl gallate sulfate isomer 6

TABLE 1 (Continued) Retention times (t<sub>R</sub>) molecular formulae, and identities of 10 absorbed compounds and 195 metabolites of PRR and its 14 constituents in mice based on HPLC-ESI-IT-TOF-MS<sup>n</sup>.

(Continued on following page)

10.3389/fphar.2022.995641

No.	t <sub>R</sub> (min)	Formula	Meas. (Da)	Err (ppm)	Р	A	0	В	OB	BO	G	L	ECG	CG	С	EA	DEA	MG	PRR	Identification
M155	127.18	C <sub>8</sub> H <sub>8</sub> O <sub>8</sub> S	262.9887	7.60	_	_	_	_	_	_	_	_	_	_	_	_	_	+	_	methyl gallate sulfate isomer 7
M156	36.25	$C_{14}H_{16}O_{11}$	359.0622	0.56	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methyl gallate glucuronide isomer 1
M157	37.21	$C_{14}H_{16}O_{11}$	359.0620	0.00	-	-	-	-	-	-	-	-	-	_	-	-	-	+	-	methyl gallate glucuronide
M158	50.09	$C_{14}H_{16}O_{11}$	359.0597	-6.41	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methyl gallate glucuronide isomer 2
M159	26.75	$C_{14}H_{16}O_{11}$	359.0618	-0.56	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methyl gallate glucuronide isomer 3
M160	40.24	$C_{20}H_{24}O_{17}$	535.0949	1.50	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methyl gallate diglucuronide isomer 1
M161	38.77	$C_{20}H_{24}O_{17}$	535.0943	0.37	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methyl gallate diglucuronide isomer 2
M162	58.58	$C_{14}H_{16}O_{14}S$	439.0199	2.51	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methyl gallate sulfate glucuronide
M163	42.90	$C_{15}H_{18}O_{11} \\$	373.0765	-2.95	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methylated methyl gallate glucuronide isomer 1
M164	44.57	$C_{15}H_{18}O_{11} \\$	373.0773	-0.80	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methylated methyl gallate glucuronide isomer 2
M165	43.71	$C_{15}H_{18}O_{11}$	373.0763	-3.48	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	methylated methyl gallate glucuronide isomer 3
M166	76.78	$\mathrm{C_9H_{10}O_8S}$	277.0014	-3.61	-	-	-	-	-	-	-	-	-	_	-	-	-	+	-	methylated methyl gallate sulfate isomer 1
M167	96.53	$\mathrm{C_9H_{10}O_8S}$	277.0015	-3.25	-	-	-	-	-	-	-	-	-	_	-	-	-	+	-	methylated methyl gallate sulfate isomer 2
M168	126.77	$\mathrm{C_9H_{10}O_8S}$	277.0018	-2.17	-	-	-	-	-	-	-	-	-	_	-	-	-	+	-	methylated methyl gallate sulfate isomer 3
M169	126.98	$C_{10}H_{12}O_8S$	291.0165	-5.15	-	-	-	-	-	-	-	-	-	_	-	-	-	+	-	dimethylated methyl gallate sulfate
M170	81.24	$C_7H_8O_4S$	187.0064	-3.74	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	benzyl alcohol sulfate
M171	50.12	$C_8H_8O_6S$	230.9969	0.00	-	-	-	-	-	-	-	+	-	-	+	-	-	-	-	3/4-hydroxy phenylacetic acid sulfate isomer 1
M172	45.80	$C_8H_8O_6S$	230.9952	-5.19	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	3/4-hydroxy phenylacetic acid sulfate isomer 2
M173	46.27	$C_8H_8O_6S$	230.9953	-6.93	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	3/4-hydroxy phenylacetic acid sulfate isomer 3
M174	53.30	$C_8H_8O_6S$	230.9952	-7.36	-	-	-	-	-	-	-	-	+	+	-	-	-	-	-	3/4-hydroxy phenylacetic acid sulfate isomer 4
M175	48.15	$C_8H_8O_6S$	230.9962	-3.03	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	3/4-hydroxy phenylacetic acid sulfate isomer 5
M176	43.92	$C_8H_8O_6S$	230.9962	-3.03	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	3/4-hydroxy phenylacetic acid sulfate isomer 6
M177	127.45	$C_9H_{10}O_6S$	245.0129	1.63	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	3/4-hydroxy phenylpropionic acid sulfate isomer 1
M178	74.60	$C_9H_{10}O_6S$	245.0126	0.41	-	-	-	-	-	-	-	-	+	+	-	-	-	-	-	3/4-hydroxy phenylpropionic acid sulfate isomer 2
M179	70.97	$C_9H_{10}O_6S$	245.0117	-3.27	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	3/4-hydroxy phenylpropionic acid sulfate isomer 3
M180	69.45	$C_9H_{10}O_6S$	245.0109	-6.53	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	3/4-hydroxy phenylpropionic acid sulfate isomer 4
M181	55.54	$C_9H_{10}O_7S$	261.0059	-5.75	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	3,4-dihydroxy phenylpropionic acid sulfate isomer 1
M182	58.99	$C_9H_{10}O_7S$	261.0083	3.45	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	3,4-dihydroxy phenylpropionic acid sulfate isomer 2
M183	67.81	$C_9H_{10}O_7S$	261.0079	1.92	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	3,4-dihydroxy phenylpropionic acid sulfate isomer 3
M184	64.31	$C_9H_{10}O_7S$	261.0088	-5.36	-	-	_	-	-	-	_	_	-	-	+	-	-	-	-	3,4-dihydroxy phenylpropionic acid sulfate isomer 4
M185	40.17	$C_9H_{10}O_7S$	261.0082	3.07	-	-	_	-	_	_	-	-	-	_	_	_	_	_	+	3,4-dihydroxy phenylpropionic acid sulfate isomer 5
M186	53.09	$C_9H_{10}O_7S$	261.0062	-4.60	-	-	_	-	_	_	-	-	-	_	_	_	_	_	+	3,4-dihydroxy phenylpropionic acid sulfate isomer 6
M187	44.94	$C_8H_8O_7S$	246.9912	-2.43	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	3,4-dihydroxy phenylacetic acid sulfate isomer 1

(Continued on following page)

Zhang et al.

10.3389/fphar.2022.995641

No.	t <sub>R</sub> (min)	Formula Meas. (Da)	Meas. (Da)	Err (ppm) P A	Ч	Α	0	в	OB	BO	G	Г	ECG	CG	C	EA	C EA DEA	MG	PRR	Identification
M188	49.91	$C_8H_8O_7S$	246.9918	0.00	I	I	I	I	I	I	I	I	+	+	I	I	I	I	I	3,4-dihydroxy phenylacetic acid sulfate isomer 2
M189	44.24	$C_8H_8O_7S$	246.9924	2.43	I	I	I	I	I	I	I	I	I	I	+	I	I	+	I	3,4-dihydroxy phenylacetic acid sulfate isomer 3
M190	51.43	$C_8H_8O_7S$	246.9925	2.83	I	I	I	I	I	I	I	I	+	I	I	I	I	I	I	3,4-dihydroxy phenylacetic acid sulfate isomer 4
M191	41.72	$C_8H_8O_7S$	246.9910	-3.24	I	I	I	I	I	I	I	I	I	I	I	I	I	I	+	3,4-dihydroxy phenylacetic acid sulfate isomer 5
M192	125.83	$C_{12}H_{16}O_8S$	319.0488	-1.57	I	I	I	I	I	I	I	+	I	I	+	I	I	I	I	dihydroxylated methoxylated benzenepentanoic acid sulfate isomer 1
M193	90.36	$C_{12}H_{16}O_8S$	319.0507	4.39	I	I	I	I	I	I	I	I	+	I	I	I	I	I	I	dihydroxylated methoxylated benzenepentanoic acid sulfate isomer 2
M194	126.80	$\mathrm{C_{12}H_{16}O_8S}$	319.0490	-0.94	I	I	I	I	I	I	I	I	I	I	+	I	I	I	I	dihydroxylated methoxylated benzenepentanoic acid sulfate isomer 3
M195	124.59	$C_{12}H_{16}O_8S$	319.0495	0.63	I	I	I	I	I	I	I	I	I	I	I	I	I	I	+	dihydroxylated methoxylated benzenepentanoic acid sulfate isomer 4
SUM					23	16	24	17	18	30	27	17	22	17	33	3	8	24	31	

# 3.1.1 Mass spectral features of eight paeoniflorins

The isomers paeoniflorin and albiflorin showed  $[M+HCOOH-H]^-$  at m/z 525.16 with a molecular formula of  $C_{23}H_{28}O_{11}$ . The two isomers showed different relative abundances of the characteristic ions at m/z 449.14 and 479.15; for paeoniflorin, the relative abundance of the characteristic ion at m/z 449.14 was greater than that of the ion at m/z 479.15, whereas the opposite was observed for albiflorin. Oxypaeoniflorin showed  $[M-H]^-$  at m/z 495.15, and its molecular formula was predicted to be  $C_{23}H_{28}O_{12}$ . The fragment ion at m/z 165.05 ( $C_9H_{10}O_3$ ) was formed by the neutral loss of  $C_{14}H_{18}O_9$  [150.04 Da ( $C_8H_6O_3$ ) and 180.06 Da ( $C_6H_{12}O_6$ )].

Benzoylpaeoniflorin showed  $[M+HCOOH-H]^-$  at m/z 629.18, and its molecular formula was  $C_{23}H_{28}O_{12}$ . The fragment ion at m/z 309.10 was formed by the neutral loss of 122.04 Da ( $C_7H_6O_2$ , benzoic acid) from the ion at m/z 431.13. The isomers benzoyloxypaeoniflorin and hydroxybenzoylpaeoniflorin showed  $[M-H]^-$  at m/z 599.17 with a molecular formula of  $C_{30}H_{32}O_{13}$ . The two isomers showed differences in the relative abundances of the characteristic ions at m/z 477.14 and 447.13. For benzoyloxypaeoniflorin, the relative abundance of the characteristic ion at m/z 447.13, whereas the opposite was true for hydroxybenzoylpaeoniflorin.

Galloylpaeoniflorin showed  $[M-H]^-$  at m/z 631.16 with a molecular formula of  $C_{30}H_{32}O_{15}$ . The fragment ion at m/z 509.12 was formed by a neutral loss of 122.04 Da ( $C_7H_6O_2$ ).

Lactiflorin showed  $[M-H]^-$  at m/z 461.13 with a molecular formula of  $C_{23}H_{26}O_{10}$ . The fragment ions at m/z 371.11 and 339.11 were formed by neutral losses of 90.03 Da ( $C_3H_6O_3$ ) and 122.04 Da ( $C_7H_6O_2$ ), respectively.

#### 3.1.2 Mass spectral features of three catechins

Epicatechin gallate, catechin gallate, and catechin respectively showed  $[M-H]^-$  at m/z 441.08, 441.08, and 289.06 with molecular formulae of  $C_{22}H_{18}O_{10}$ ,  $C_{22}H_{18}O_{10}$ , and  $C_{15}H_{14}O_6$ . The cleavage pathways for these three catechins are the same as those described previously (Liu et al., 2009).

#### 3.1.3 Mass spectral features of two ellagic acids

Ellagic acid showed  $[M-H]^-$  at m/z 300.99 with a molecular formula of  $C_{14}H_6O_8$ . The fragment ion at m/z 284.00 was formed by a neutral loss of 17.00 Da (OH•).

3,3'-Di-O-methylellagic acid showed  $[M-H]^-$  at m/z 329.03 with a molecular formula of  $C_{16}H_{10}O_8$ . The fragment ions at m/z 314.01 and 298.98 were formed by two sequential losses of 15.02 Da (CH<sub>3</sub>•).

#### 3.1.4 Mass spectral features of one gallate

Methyl gallate showed  $[M-H]^-$  at m/z 183.03 with a molecular formula of  $C_8H_8O_5$ . The fragment ions at m/z 168.01 and 124.02 were formed by neutral losses of 15.02 Da (CH<sub>3</sub>•) and 43.99 Da (CO<sub>2</sub>), respectively.

# 3.2 Identification of the metabolites of eight paeoniflorins (P, A, O, B, OB, BO, G, L).

The metabolic pathways of benzoyloxypaeoniflorin are shown in Figure 1, and the metabolic pathways of other paeoniflorins are shown in Supplementary Figure S3.

# 3.2.1 Paeonimetabolin II ( $C_{10}H_{16}O_4$ ) and its phase II metabolites (M3–M10 and M50–M54)

According to our previous study, paeonimetabolin II showed  $[M-H]^-$  at m/z 199.09 with a molecular formula of  $C_{10}H_{16}O_4$ . M3-M6 showed  $[M-H]^-$  at m/z 199.09 with a predicted molecular formula of C<sub>10</sub>H<sub>16</sub>O<sub>4</sub>; thus, M3-M6 were tentatively identified as paeonimetabolin II and its isomers (Liang et al., 2013). M7-M10 showed [M-H]<sup>-</sup> at *m/z* 279.05 with a predicted molecular formula of  $C_{10}H_{16}O_7S$ . The fragment ion at m/z 96.96 (HSO<sub>4</sub>) was observed in the MS<sup>2</sup> spectra of M7, M9, and M10. Therefore, based on the mass spectral features and the literature (Shu et al., 1987; Liang et al., 2013), M7-M10 were tentatively identified as paeonimetabolin II sulfate isomers. M50-M54 showed [M-H]<sup>-</sup> at m/z 361.15 with a predicted molecular formula of C16H26O9. The characteristic fragment at m/z 199.10 (C<sub>10</sub>H<sub>16</sub>O<sub>4</sub>, paeonimetabolin II) was formed by a neutral loss of 162.05 Da in the MS<sup>2</sup> spectra of M54; therefore, M54 was tentatively identified as paeonimetabolin II glucoside. The other compounds, M50-M53, are M54 isomers and were tentatively identified as paeonimetabolin II glucoside isomers.

# 3.2.2 Phase II metabolites of 2,6-dihydroxycineol (<sub>C10H18O3</sub>, epomediol or isomer) (M41–M49)

According to our previous identification of 2-hydroxy-1,8cineol ( $C_{10}H_{18}O_2$ ) and our search of the SciFinder database,  $C_{10}H_{18}O_3$  was tentatively identified as 2,6-dihydroxycineol or epomediol. According to the literature (Jose Cuevas et al., 2002; Xu et al., 2022), epomediol reduces cholestasis. M41–M49 showed [M–H]<sup>-</sup> at m/z 265.07, and the molecular formula was predicted as  $C_{10}H_{18}O_6$ S. The characteristic fragment ion at m/z 183.09 ( $C_{10}H_{16}O_3$ ) was formed by a neutral loss of 81.97 Da (H<sub>2</sub>SO<sub>3</sub>) in the MS<sup>2</sup> spectra of M45. Therefore, M45 was tentatively identified as 2,6-dihydroxycineol sulfate; M41–M44 and M46–M49 are isomers of M45 and were tentatively identified as 2,6-dihydroxycineol sulfate isomers.

#### 3.2.3 Derivatives of phase II metabolites of 2,6dihydroxycineol (M55–M62)

M55 and M56 showed  $[M-H]^-$  at m/z 267.09, and their molecular formula was predicted as  $C_{10}H_{20}O_6S$ . The characteristic fragment ion at m/z 169.09 ( $C_{10}H_{17}O_2$ ) was formed by a neutral loss of 97.99 Da ( $H_2SO_4$ ) in the MS<sup>2</sup> spectra of M56. Compared to M41–M49, M55 and M66 have two additional H atoms in their molecular formulae; thus, they were tentatively identified as hydrogenated 2,6-dihydroxycineol sulfate isomers.

M57–M62 showed  $[M-H]^-$  at m/z 359.13, and their molecular formula was predicted as  $C_{16}H_{24}O_{9}$ . The characteristic ion at m/z 183.10 ( $C_{10}H_{16}O_{3}$ ) was formed by a neutral loss of 176.03 Da ( $C_{6}H_{8}O_{6}$ ) in the MS<sup>2</sup> spectra of M61; thus, M61 was tentatively identified as dehydrogenated 2,6-dihydroxycineol glucuronide. M57–M60 and M62 are M61 isomers and were thus identified as dehydrogenated 2,6-dihydroxycineol glucuronide isomers.

#### 3.2.4 Lactiflorin-related metabolites (M69–M78)

M69 and M70 showed  $[M+HCOOH-H]^-$  at m/z 509.16, and their molecular formula was predicted as  $C_{23}H_{28}O_{10}$ . The characteristic fragment ions at m/z 463.16 and 359.15 ( $C_{16}H_{24}O_9$ ) were formed by sequential losses of 46.01 Da ( $CH_2O_2$ ) and 104.01 Da ( $C_7H_4O$ ) in the MS<sup>2</sup> spectra of M69. Based on the mass spectral features and origin of M69 (derived from lactiflorin), M69 was predicted as hydrogenated lactiflorin. M70 is an isomer of M69 and was predicted to be a hydrogenated lactiflorin isomer.

M71–M74 showed  $[M+HCOOH-H]^-$  at m/z 525.15, and their molecular formula was predicted as  $C_{23}H_{28}O_{11}$ . The fragment ions at m/z 479.13 ( $C_{23}H_{27}O_{11}$ ) and 461.13 ( $C_{23}H_{25}O_{10}$ ) were formed by sequential losses of 46.01 Da ( $CH_2O_2$ ) and 18.01 Da ( $H_2O$ ) in the MS<sup>2</sup> spectra of M71. The ions at m/z 357.10 ( $C_{16}H_{21}O_9$ ) and m/z 339.09 ( $C_{16}H_{19}O_8$ ) were formed by sequential losses of 122.04 Da ( $C_7H_6O_2$ , benzoic acid) and 18.01 Da ( $H_2O$ ) from the fragment at m/z479.13 ( $C_{23}H_{27}O_{11}$ ). Based on the mass spectral features of M71 and its origin (derived from lactiflorin), M71 was predicted as a metabolite formed by the hydrogenated hydroxylation of lactiflorin (i.e., M71 is a hydrogenated hydroxylated lactiflorin). M72–M74 are isomers of M71 and were thus predicted to be hydrogenated hydroxylated lactiflorin isomers.

M75–M78 showed  $[M-H]^-$  at m/z 381.06 with a predicted molecular formula of  $C_{17}H_{18}O_8S$ . The fragment ions at m/z 259.01 ( $C_{10}H_{11}O_6S$ ) and m/z 195.07 ( $C_{10}H_{11}O_4$ ) were formed by neutral losses of 122.04 Da ( $C_7H_6O_2$ ) and 186.00 Da [106.04 Da ( $C_7H_6O$ ) and 79.96 Da (SO<sub>3</sub>)] in the MS<sup>2</sup> spectra. The fragment ions at m/z 177.03 ( $C_{10}H_9O_3$ ), m/z 165.04 ( $C_9H_9O_3$ ), and m/z 147.05 ( $C_9H_7O_2$ ) were formed by neutral losses of 18.01 Da ( $H_2O$ ), 30.01 Da ( $CH_2O$ ), and 48.02 ( $H_2O$  and  $CH_2O$ ), respectively, from the ion at m/z 195.07 ( $C_{10}H_{11}O_4$ ). M75–M78 were all derived from the metabolism of lactiflorin and were thus predicted to be metabolites formed by the hydrogenation, deglycosylation, and sulfation of lactiflorin (i.e., M75–M78 are hydrogenated deglycosylated lactiflorin sulfate isomers).

# 3.2.5 Other metabolites of paeoniflorins (M1–M2, M11–M40, M63–M68)

M1 and M2 showed  $[M+HCOOH-H]^-$  and  $[M-H]^-$  at m/z 525.16 and 495.15, respectively, and their molecular formulae



were predicted as  $C_{23}H_{28}O_{11}$  and  $C_{23}H_{28}O_{12}$ , respectively. Their retention time and mass spectral features were consistent with those of the reference substances paeoniflorin and oxypaeoniflorin (see Table 1 and Supplementary Table S1). Thus, M1 and M2 were respectively identified as paeoniflorin and oxypaeoniflorin.

As reported previously (Liang et al., 2013), M11–M13 are isomers of desbenzoylpaeoniflorin ( $C_{16}H_{24}O_{10}$ ) derived from albiflorin. Therefore, we identified M11–M13 as desbenzoyl albiflorin isomers.

According to our previous study (Liang et al., 2013), M14–M15, M16–M17, M23–M28, M35, M36–M40, M63–M64, M65, and M66–M67 were tentatively identified as desbenzoylpaeoniflorin isomers, methyl desbenzoylpaeoniflorin isomers,  $C_{10}H_{14}O_3$  sulfate isomers,  $C_{10}H_{20}O_4$  glucuronide,  $C_8H_8O_3$  glucuronide isomers, gallic acid sulfates, hippuric acid, and hydroxyhipuric acid, respectively.

According to the literature, M18–M22 were tentatively identified as paeonimetabolin I glucuronide isomers (Wang et al., 2017b; Sun et al., 2018); M29–M34 were tentatively

166

identified as  $C_{10}H_{18}O_4$  glucuronide isomers (Liang et al., 2013; Sun et al., 2018), and M68 was tentatively identified as salicylic acid glucuronide (Shen et al., 2015).

# 3.3 Identification of the metabolites of three catechins (CG, ECG, C)

The metabolic pathway of catechin gallate is shown in Figure 2, and the metabolic pathways of other catechins are shown in Supplementary Figure S4.

# 3.3.1 Catechin ( $C_{15}H_{14}O_6$ ) and its phase II metabolites (M79–M91)

M79 showed  $[M-H]^-$  at m/z 289.07, and its molecular formula was predicted as  $C_{15}H_{14}O_6$ . The retention time and mass spectral data of M79 are consistent with those of catechin's reference substance (see Table 1 and Supplementary Table S1). Therefore, M79 was identified as catechin.

M80-M85 showed  $[M-H]^-$  at m/z 369.02, and their molecular formula was predicted as C<sub>15</sub>H<sub>14</sub>O<sub>9</sub>S. The fragment ion at m/z 289.07 (C<sub>15</sub>H<sub>13</sub>O<sub>6</sub>) was formed by a neutral loss of 79.96 Da in the MS<sup>2</sup> spectra of M80-M85. Therefore, based on the mass spectral features and the literature (Gonzalez-Manzano et al., 2009; Rodriguez-Mateos et al., 2014), M80-M85 were predicted to be (epi)catechin sulfate isomers. In addition, in the MS<sup>2</sup> spectra of M81 and M84, the fragment ion at m/z 216.97 (C<sub>7</sub>H<sub>5</sub>O<sub>6</sub>S) of the sulfate conjugate of the characteristic fragment ion at m/z 137.02 (C<sub>7</sub>H<sub>5</sub>O<sub>3</sub>) formed after the RDA cleavage of the C-ring of catechin. Therefore, we presumed that the sulfate group bound to the hydroxyl group at C-5 or C-7. In the MS<sup>2</sup> spectra of M85, the ions at m/z 289.06 (C<sub>15</sub>H<sub>13</sub>O<sub>6</sub>) and m/z 179.03  $(C_9H_7O_4)$  were formed by the sequential losses of 79.96 Da  $(SO_3)$  and 110.04 Da  $(C_6H_6O_2)$  from the ion at m/z 369.02; however, no neutral loss of 82 Da (H<sub>2</sub>SO<sub>3</sub>) was observed. We concluded that the sulfate group did not bind to the hydroxyl group at C-3 due to the energy barrier required for bond breakage. No fragment ion was observed at m/z 216.97 (C<sub>7</sub>H<sub>6</sub>O<sub>6</sub>S), and we concluded that the sulfate group did not bind to the hydroxyl group at C-5 or C-7. Hence, we assumed that the sulfate group bound to the hydroxyl group at C-3' or C-4'.

M86–M88 showed  $[M-H]^-$  at m/z 465.10, and their molecular formula was predicted as  $C_{21}H_{22}O_{12}$ . The ion at m/z 289.06 ( $C_{15}H_{13}O_6$ ) was formed by a neutral loss of 176.03 Da ( $C_6H_8O_6$ ) in the MS<sup>2</sup> spectra. According to the literature (Gonzalez-Manzano et al., 2009; Liang et al., 2013; Rodriguez-Mateos et al., 2014), M86–M88 were predicted to be catechin glucuronide isomers.

M89–M91 showed  $[M-H]^-$  at m/z 545.06, and their molecular formula was predicted as  $C_{21}H_{22}O_{15}S$ . The fragment ions at m/z 369.02 ( $C_{15}H_{13}O_9S$ ) and 289.05 ( $C_{15}H_{13}O_6$ ) were formed by the sequential losses of 176.03 Da

 $(\rm C_6H_8O_6)$  and 79.96 Da (SO\_3) in the  $\rm MS^2$  spectra. Therefore, M89–M91 were predicted to be catechin glucuronide sulfate isomers.

# 3.3.2 5-(3,4-Dihydroxyphenyl)-valeric acid ( $C_{11}H_{14}O_4$ ) and its phase II metabolites (M97–M100)

M97 showed  $[M-H]^-$  at m/z 209.08, and its molecular formula was predicted as  $C_{11}H_{14}O_4$ . The fragment ion at m/z 147.07 ( $C_{10}H_{11}O$ ) was formed by a neutral loss of 62.01 Da ( $CO_2+H_2O$ ) in the MS<sup>2</sup> spectrum. According to the literature (Scheline, 1970), M97 was predicted to be 5-(3,4-dihydroxyphenyl)-valeric acid.

M98–M100 showed  $[M-H]^-$  at m/z 289.03, and their molecular formula was predicted as  $C_{11}H_{14}O_7S$ . The fragment ion at m/z 209.07 ( $C_{11}H_{13}O_4$ ) was formed by a neutral loss of 79.96 Da (SO<sub>3</sub>) in the MS<sup>2</sup> spectra. Therefore, M98–M100 were predicted to be 5-(3,4-dihydroxyphenyl)-valeric acid sulfate isomers.

# 3.3.3 Phase II metabolites of 5-(3,4-dihydroxyphenyl)- $\gamma$ -valerolactone (C<sub>11</sub>H<sub>12</sub>O<sub>4</sub>) (M103-M108)

M103–M106 and M107–M108 showed  $[M-H]^-$  at m/z 287.02 and 383.09, respectively, and their molecular formulae were predicted as  $C_{11}H_{12}O_7S$  and  $C_{17}H_{20}O_{10}$ , respectively. The fragment ion at m/z 207.05 ( $C_{11}H_{11}O_4$ ) was formed by a neutral loss of 79.96 Da (SO<sub>3</sub>) from the ion at m/z 287.02 and a neutral loss of 176.03 Da ( $C_6H_8O_6$ ) from the ion at m/z 383.09 in the MS<sup>2</sup> spectra. Based on our previous report (Liang et al., 2013) and a report of 5-(3,4-dihydroxyphenyl)- $\gamma$ -valerolactone (Kohri et al., 2003), we presumed that M103–M106 were 5-(3,4-dihydroxyphenyl)- $\gamma$ -valerolactone sulfate isomers, while M107–M108 were 5-(3,4-dihydroxyphenyl)- $\gamma$ -valerolactone glucuronide isomers.

# 3.3.4 Identification of methyl catechin gallate (M112)

M112 showed  $[M-H]^-$  at m/z 455.09, and its molecular formula was predicted as  $C_{23}H_{20}O_{10}$ . The fragment ion at m/z303.08 ( $C_{16}H_{15}O_6$ ) was formed by a neutral loss of 152.01 Da ( $C_7H_4O_4$ , galloyl) in the MS<sup>2</sup> spectrum, and the signal at m/z303.08 indicated an additional methyl group compared to catechin ( $C_{15}H_{13}O_6$ ). Thus, M112 was predicted to having a methylcatechin skeleton. In addition, the fragment ion at m/z169.01 ( $C_7H_5O_5$ , gallic acid group) was observed; thus, its structure was presumed to contain a gallic acid group. Comparison of the molecular formula of M112 ( $C_{23}H_{20}O_{10}$ ) with that of the original constituent (catechin gallate,  $C_{22}H_{18}O_{10}$ ) suggested that M112 was a methylated product of catechin gallate. According to a previous report, M112 was predicted to be methyl catechin gallate (Kohri et al., 2003).



# 3.3.5 3,4-DiHPP-2-ol ( $C_{15}H_{16}O_6$ ) and its phase II metabolites (M113–M119, M120)

M113–M119 showed  $[M-H]^-$  at m/z 291.08, and their molecular formula was predicted as  $C_{15}H_{16}O_6$ . Based on the literature (Hara-Terawaki et al., 2017) and the origins of the metabolites (M113 was derived from catechin, while M114–M119 were derived from PRR decoction), M113 was tentatively identified as 3,4-diHPP-2-ol, while M114–M119 are isomers of M113 and were thus predicted to be 3,4-diHPP-2-ol isomers.

M120 showed  $[M-H]^-$  at m/z 547.14, and its molecular formula was predicted as  $C_{21}H_{24}O_{15}S$ . The characteristic ion at m/z 371.11 ( $C_{15}H_{15}O_9S$ ) was formed by a neutral loss of 176.03 Da ( $C_6H_8O_6$ ) in the MS<sup>2</sup> spectrum. Therefore, M120 was tentatively identified as 3,4-diHPP-2-ol glucuronide sulfate.

# 3.3.6 Phase II metabolites of methyl catechin (C<sub>16</sub>H<sub>16</sub>O<sub>6</sub>) (M122–M126, M127–M129, and M130–M132)

M122–M126 showed  $[M-H]^-$  at m/z 383.04, and their molecular formula was predicted as  $C_{16}H_{16}O_9S$ . The ion at m/z 303.08 ( $C_{16}H_{15}O_6$ ) of aglycone methylcatechin was formed by a neutral loss of 79.96 Da (SO<sub>3</sub>) in the MS<sup>2</sup> spectra. In addition, the fragment ions at m/z 216.97 ( $C_7H_5O_6S$ ) and 137.02 ( $C_7H_5O_3$ ) were observed in all these metabolites except M124; hence, we concluded that the sulfate groups of M122, M123, M125, and M126 bind to the hydroxyl group at C-5 or C-7, and the methylation reaction occurs at the hydroxyl group at C-3, C-3', or C-4'. According to our previous study (Liang et al., 2013), M122–M126 were predicted to be methyl catechin sulfate isomers.

M127–M129 showed  $[M-H]^-$  at m/z 479.11, and their molecular formula was predicted as  $C_{22}H_{24}O_{12}$ . The fragment ion at m/z 303.08 ([aglycone–H]<sup>-</sup>,  $C_{16}H_{15}O_6$ ) was formed by a neutral loss of 176.03 Da ( $C_6H_8O_6$ ) in the MS<sup>2</sup> spectra. The fragment ion at m/z 313.0573 ( $C_{13}H_{13}O_9$ ) was observed in the MS<sup>2</sup> spectrum of M129, indicating that the glucuronide group binds to the hydroxyl group at C-5 or C-7, and the methylation reaction occurs at the hydroxyl group at C-3, C-3', or C-4'. According to our previous study (Liang et al., 2013), M127–M129 were predicted to be methyl catechin glucuronide isomers.

M130–M132 showed  $[M-H]^-$  at m/z 559.07, and its molecular formula was predicted as  $C_{22}H_{24}O_{15}S$ . The fragment ions at m/z 383.04 ( $C_{16}H_{15}O_9S$ ) and 303.08 ([aglycone–H]<sup>-</sup>,  $C_{16}H_{15}O_6$ ) were formed by sequential losses of 176.03 Da ( $C_6H_8O_6$ ) and 79.96 Da ( $SO_3$ ) in the MS<sup>2</sup> spectra. Therefore, M130–M132 were predicted to be methyl catechin glucuronide sulfate isomers.

#### 3.3.7 Other metabolites of catechins

M92-M94, M95-M96, M101-M102, M109, M110-M111, M121, M133, and M134-M135 showed [M-H]<sup>-</sup> at m/z 355.04, 381.01, 305.03, 273.00, 271.02, 531.08, 242.99, and 216.98, respectively, and their molecular formulae were predicted as  $C_{15}H_{16}O_8S$ ,  $C_{12}H_{14}O_{12}S$ ,  $C_{11}H_{14}O_8S$ ,  $C_{10}H_{10}O_7S$ ,  $C_{11}H_{12}O_6S$ , C21H24O14S, C9H8O6S, and C7H6O6, respectively. According to our previous study (Liang et al., 2013), M92-M94, M95-M96, M101-M102, M109, M110-M111, M121, M133, and M134-M135 were predicted to be 3-HPP-2-ol sulfate pyrogallol-O-glucuronide isomers, sulfates, trihydroxy benzenepentanoic acid sulfate isomers, ferulic acid sulfate, 5-(3-hydroxyphenyl)-y-valerolactone sulfate isomers, 3-HPP-2-ol glucuronide sulfate, m-coumaric acid sulfate, and 3/4-hydroxy benzoic acid sulfate isomers, respectively.

# 3.4 Metabolites of two ellagic acid compounds (EA and DEA)

The metabolic pathway of 3,3'-di-O-methylellagic acid is shown in Figure 3, and the metabolic pathway of ellagic acid is shown in Supplementary Figure S5.

M136 and M137 showed  $[M-H]^-$  at m/z 394.97, and their molecular formula was predicted as  $C_{15}H_8O_{11}S$ . The fragment ions at m/z 315.01 ( $C_{15}H_7O_8$ ) and m/z 299.98 ( $C_{14}H_4O_8$ , ellagic acid) were formed by sequential losses of 79.96 Da (SO<sub>3</sub>) and 15.02 Da (CH<sub>3</sub>•) in the MS<sup>2</sup> spectra. Therefore, M136 and M137 were predicted to be methyl ellagic acid sulfate and isomers.

M138 and M139–M141 showed  $[M-H]^-$  at m/z 306.99 and m/z 290.99, respectively, and their molecular formulae were predicted as  $C_{13}H_8O_7S$  and  $C_{13}H_8O_6S$ , respectively. M138 was predicted to be urolithin A sulfate (Espin et al., 2013), while M139–M141 were predicted as urolithin B sulfate and isomers (Wang et al., 2017a).

Isomer (C16H10O8, M142) and phase II metabolites (M143-M144, M145-M146) of 3,3'-di-O-methylellagic acid were tentatively identified as follows. M142 showed [M-H]at m/z 329.03, and its molecular formula was predicted as C16H10O8. The fragment ions in its MS2 spectrum were consistent with those of the 3,3'-di-O-methylellagic acid reference compound; however, the retention times were different. M142 was therefore predicted to be an isomer of 3,3'-di-O-methylellagic acid. M143-M144 showed [M-H]<sup>-</sup> at m/z 408.98, and their molecular formula was predicted as  $C_{16}H_{10}O_{11}S$ . The fragment ion at m/z 329.02 ([aglycone-H]<sup>-</sup>, C<sub>16</sub>H<sub>9</sub>O<sub>8</sub>) was formed by a neutral loss of 79.96 Da (SO<sub>3</sub>) in the  $MS^2$  spectra. The ions at m/z 314.00 ( $C_{15}H_6O_8$ ) and m/z 298.98 (C14H3O8) were consistent with the 3,3'-di-O-methylellagic acid reference compound. Thus, M143-M144 were predicted to be 3,3'-di-O-methylellagic acid sulfates. M145-M146 showed  $[M-H]^-$  at m/z 505.06, and their molecular formula was predicted as C<sub>22</sub>H<sub>18</sub>O<sub>14</sub>. The fragment ion at *m/z* 329.03 ([aglycone-H]<sup>-</sup>,  $C_{16}H_9O_8$ ) was formed by a neutral loss of 176.03 Da ( $C_6H_8O_6$ ) in the MS<sup>2</sup> spectra; hence, M145-M146 were predicted to be 3,3'-di-Omethylellagic acid glucuronides.

### 3.5 Identification of the metabolites of methyl gallate

The metabolic pathway of methyl gallate is shown in Figure 4.

# 3.5.1 Phase II metabolites of methyl gallate $(C_8H_8O_5)$ (M147–M155, M156–M159, M160–M161, M162)

M147-M155 showed [M-H]<sup>-</sup> at m/z 262.98, and their molecular formula was predicted as C8H8O8S. The fragment ion at m/z 183.02 ([aglycone-H]<sup>-</sup>, C<sub>8</sub>H<sub>7</sub>O<sub>5</sub>) was formed by a neutral loss of 79.96 Da (SO<sub>3</sub>) in the MS<sup>2</sup> spectra. Due to its chemical structure, methyl gallate is unlikely to produce the metabolites of these nine sulfate conjugates. Thus, we speculated that the aglycones of M147-M155 may be methyl gallate and methylgallic acid, which are isomers. These two isomers show different relative abundances of the characteristic ions at m/z168.00 and m/z 124.01; for methyl gallate, the relative abundance of the characteristic ion at m/z 124.01 is higher than that at m/z168.00, whereas the opposite is true for methylgallic acid. The MS<sup>2</sup> spectra of both M147 and M151 showed higher relative abundances of the characteristic ion at m/z 124.01 compared to that at m/z 168.00; thus, they were predicted to be methyl gallate sulfates. The other metabolites (M148-M150 and M152-M155) were predicted to be methyl gallate sulfate isomers and potentially originated from the metabolic reactions of methyl gallate (e.g., hydroxylation, dehydroxylation, hydrolysis, methylation, and sulfation).

M156–M159 showed  $[M-H]^-$  at m/z 359.06, and their molecular formula was predicted as  $C_{14}H_{16}O_{11}$ . The fragment



ion at m/z 183.02 ([aglycone–H]<sup>-</sup>, C<sub>8</sub>H<sub>7</sub>O<sub>5</sub>) was formed by a neutral loss of 176.03 Da (C<sub>6</sub>H<sub>8</sub>O<sub>6</sub>) in the MS<sup>2</sup> spectra of M156–M158. Thus, M156–M158 were predicted to be methyl gallate glucuronides. M159 was predicted as a methyl gallate glucuronide isomer since it is an isomer of M156–M158. Because of its chemical structure, methyl gallate is unlikely to produce the four glucuronate conjugates. Thus, we speculated that the aglycones of M156–M159 may be methyl gallate and methylgallic acid. In the MS<sup>2</sup> spectrum of M157, the relative abundance of the characteristic ion at m/z 124.01 was higher than that at m/z 168.00; hence, M157 was tentatively identified as methyl gallate glucuronide, whereas M156, M158, and M159 had insufficient characteristic ions and could only be identified as methyl gallate glucuronide isomers.

M160 and M161 showed  $[M-H]^-$  at m/z 535.09, and their molecular formula was predicted as  $C_{20}H_{24}O_{17}$ . The fragment ions at m/z 359.06 ( $C_{14}H_{15}O_{11}$ ) and m/z 183.02 ([aglycone-H]<sup>-</sup>,  $C_8H_7O_5$ ) were formed by sequential losses of two 176.03 Da ( $C_6H_8O_6$ ) in the MS<sup>2</sup> spectra. Hence, M160–M161 were predicted to be methyl gallate diglucuronides.

M162 showed  $[M-H]^-$  at m/z 439.01, and its molecular formula was predicted as  $C_{14}H_{16}O_{14}S$ . The fragment ions at m/z 262.97 ( $C_8H_7O_8S$ ) and m/z 183.01 ([aglycone-H]<sup>-</sup>,  $C_8H_7O_5$ ) were formed by sequential losses of 176.03 Da ( $C_6H_8O_6$ ) and 79.96 Da ( $SO_3$ ) in the MS<sup>2</sup> spectra. Therefore, M162 was predicted as methyl gallate sulfate glucuronide.

# 3.5.2 Phase II metabolites of methylated methyl gallate ( $C_9H_{10}O_5$ ) (M163–M165, M166–M168)

M163–M165 showed  $[M-H]^-$  at m/z 373.07, and their molecular formula was predicted as  $C_{15}H_{18}O_{11}$ . The fragment

ion at m/z 175.02 (C<sub>6</sub>H<sub>7</sub>O<sub>6</sub>) was observed in the MS<sup>2</sup> spectra of M163–M165, suggesting the aglycone to be C<sub>9</sub>H<sub>10</sub>O<sub>5</sub>. The fragment ion at m/z 183.01 (C<sub>8</sub>H<sub>7</sub>O<sub>5</sub>, methyl gallate) was also observed, suggesting the aglycone to be methylated methyl gallate (C<sub>9</sub>H<sub>10</sub>O<sub>5</sub>).

M166–M168 showed  $[M-H]^-$  at m/z 277.00, and their molecular formula was predicted as  $C_9H_{10}O_8S$ . The fragment ion at m/z 197.04 ([aglycone–H]<sup>-</sup>,  $C_9H_9O_5$ ) was formed by a neutral loss of 79.96 Da (SO<sub>3</sub>) in the MS<sup>2</sup> spectra.

Therefore, M163–M165 and M166–M168 were predicted as methylated methyl gallate glucuronide isomers and methylated methyl gallate sulfate isomers, respectively.

# 3.5.3 Phase II metabolite of dimethylated methyl gallate (M169)

M169 showed  $[M-H]^-$  at m/z 291.01, and its molecular formula was predicted as  $C_{10}H_{12}O_8S$ . The fragment ions at m/z 211.06 ( $C_{10}H_{11}O_5$ ) and 196.03 ( $C_9H_8O_5$ ) were formed by sequential losses of 79.96 Da (SO<sub>3</sub>) and 15.02 Da (CH<sub>3</sub>•) in the MS<sup>2</sup> spectrum. Therefore, M169 was predicted to be dimethylated methyl gallate sulfate.

# 3.6 Identification of metabolites derived from compounds with different structure types

M171–M176, M177–M180, M181–M186, M187–M191, and M192–M195 showed  $[M-H]^-$  at m/z 230.99, 245.01, 261.00, 246.99, and 319.04, respectively, and their molecular formulae were predicted as  $C_8H_8O_6S$ ,  $C_9H_{10}O_6S$ ,  $C_9H_{10}O_7S$ ,  $C_8H_8O_7S$ , and  $C_{12}H_{16}O_8S$ , respectively.



Based on our previous study (Liang et al., 2013), M171–M176, M177–M180, M181–M186, M187–M191, and M192–M195 were predicted as 3/4-hydroxy phenylacetic acid sulfate and its isomers, 3/4-hydroxy phenylpropionic acid sulfate and its isomers, 3,4-dihydroxy phenylpropionic acid sulfate and its isomers, and dihydroxy phenylacetic acid sulfate and its isomers, and dihydroxylated methoxylated benzenepentanoic acid sulfate and its isomers, respectively.

M171-M176, M177-M180, M181-M186, and M192-M195 are all derived from paeoniflorins and catechins, while M187-M191 are derived from paeoniflorins, catechins, and gallic acids.

## 3.7 Identification of the metabolites of PRR

A total of 31 PRR metabolites were identified (Supplementary Figure S6), the analyses of 30 metabolites were consistent with the above (except M170).

M170 showed  $[M-H]^-$  at m/z 187.00, and its molecular formula was predicted as  $C_7H_8O_4S$ . The characteristic fragment ion at m/z 107.05 ( $C_7H_7O$ ) was formed by a neutral

loss of 79.96 Da (SO<sub>3</sub>) in its  $\rm MS^2$  spectrum. Based on a previous report (Liu et al., 2020), M170 was tentatively identified as benzyl alcohol sulfate.

# 4 Discussion

### 4.1 Origins of PRR metabolites in mice

A total of 31 metabolites of PRR were identified in mice in this study. The metabolites of 14 PRR constituents were compared, and the relevant literature was analyzed to determine their possible origins. Finally, we identified 13 metabolites derived from catechins (M114–M119, M135, M175–M176, M185–M186, M191, and M195), 14 derived from paeoniflorins (M4–M5, M17, M34, M48–M51, M53, M56, M70, and M72–M74), two derived from ellagic acids (M140–M141), and two derived from other constituents (M65 and M170).

In rats, our previous research (Liang et al., 2013) identified 27, 27, six, 25, and five PRR metabolites derived from catechins,

gallic acids, catechins and gallic acids, paeoniflorins, and other constituents, respectively. In comparison, we identified 20 new metabolites formed by hydroxylation, hydrogenation, glucuronidation, and sulfation in mice: seven catechin-related metabolites (M114-M119, 3,4-diHPP-2-ol isomers; and M195, dihydroxylated methoxylated benzenepentanoic acid sulfate); paeoniflorin-related metabolites (M48-M49, 10 2.6dihydroxycineol sulfate isomers; M50, M51, and M53, paeonimetabolin II glucoside isomers; M56, hydrogenated 2,6dihydroxycineol sulfate; M70, hydrogenated lactiflorin isomer; and M72-M74, hydrogenated hydroxylated lactiflorin isomers); two ellagic acid-related metabolites (M140-M141, urolithin B sulfate isomers); and one other metabolite (M170, benzyl alcohol sulfate).

In our previous research (Liang et al., 2013), the administered dosage in male Sprague-Dawley rats was 9.96 g PRR crude drug/kg rat body weight (equivalent to 18.99 g PRR crude drug/kg of mouse body weight). Pre-experiments revealed that the administration of a high dosage of PRR to ICR mice may lead to diarrhea. Therefore, the administered dosage of PRR in this study was 200 mg crude drug/kg mouse body weight, a much lower dosage than that administered in rats. Due to the lower PRR dose used in this study, we did not expect to discover more metabolites of PRR than that previously reported in rats. In addition, significant species differences have been reported in phase I and phase II metabolism (Qin et al., 2021); hence, the 20 new metabolites of PRR identified in mice might be explained by species differences. PRR produces 11 identical metabolites in rats and mice: paeonimetabolin II and its isomers (M4 and M5); C10H18O4 glucuronide (M34); methyl dibenzoylpaeoniflorin isomer (M17); 3/4-hydroxy phenylacetic acid sulfate isomers (M175-M176); 3,4-dihydroxy phenylpropionic acid sulfate isomers (M185-M186); 3,4-dihydroxy phenylacetic acid sulfate (M191); 3/4-hydroxy benzoic acid sulfate isomer (M135); and hippuric acid (M65).

#### 4.2 New metabolites found in this study

# 4.2.1 New metabolites of PRR and its 14 constituents in mice

This was the first study on the *in vivo* metabolism of PRR and its 14 major constituents in mice. Thus, all the metabolites identified were newly found in mice.

# 4.2.2 New metabolites of PRR and each of its 14 constituents in the whole animal kingdom and microorganism

For 14 constituents of PRR, based on comparison with the literature, the following new metabolites were found in this study: eight new metabolites of paeoniflorin (M42–M47, M52, and M55) (Doyle and Griffiths, 1980; Hattori et al., 1985; Shu et al., 1987; Liang et al., 2013; Cao et al., 2015; Zhu et al.,

2018); 11 new metabolites of albiflorin (M7, M9-M10, M36-M39, M45, M47, M55, and M65) (Cao et al., 2015; Wang et al., 2017b); 24 new metabolites of oxypaeoniflorin (Ml, M14-M15, M18-M19, M22, M25-M26, M28-M29, M31, M33, M41-M47, M55, M57-M58, and M60-M61) (Hattori et al., 1985); and 17 new metabolites of benzoylpaeoniflorin (Ml, M14-M15, M18-M19, M23-M24, M27, M31, M33, M43-M45, M47, M57-M58, and M61) (Hattori et al., 1985). No metabolites of hydroxybenzoylpaeoniflorin, benzoyloxypaeoniflorin, galloylpaeoniflorin, or lactiflorin had been reported in vivo or in vitro. Thus, we identified 18, 30, 27, and 17 new metabolites of hydroxybenzoylpaeoniflorin, benzoyloxypaeoniflorin, galloylpaeoniflorin, or lactiflorin, respectively, in this study.

Considering the literature (Kohri et al., 2003), we found 21 new metabolites of epicatechin gallate: M80, M92–M93, M95, M98, M109, M101, M103–M104, M107, M110, M122, M133, M134, M174, M178, M182–M183, M188, M190, and M193. No metabolites of catechin gallate had yet been reported *in vivo* or *in vitro*. Hence, we identified 17 new metabolites of catechin gallate and one new metabolite of catechin (M121) (Liang et al., 2013).

Considering the literature (Doyle and Griffiths, 1980), we found two new metabolites of ellagic acid (M136 and M137). No *in vivo* or *in vitro* metabolites of 3,3'-di-O-methylellagic acid had been reported; hence, we identified eight new metabolites of 3,3'-di-O-methylellagic acid in this study.

Considering the literature (Jiamboonsri et al., 2016), we found 20 new metabolites of methyl gallate in this study (M147–M155, M160–M169, and M189).

Considering the literature (Liang et al., 2013), 20 new metabolites (M48–M49, M51–M52, M54, M56, M70, M72–M74, M114–M119, M140–M141, and M170) of PRR decoction were found in this study.

# 4.2.3 New metabolites of paeoniflorins, catechins, ellagic acids, and gallic acids in the whole animal kingdom and microorganism

A total of 26 new metabolites of paeoniflorin-type compounds were found in this study. Specifically, we found eight new metabolites of paeoniflorin, six new metabolites of albiflorin, 13 new metabolites of oxypaeoniflorin, seven new metabolites of benzoylpaeoniflorin, six new metabolites of hydroxybenzoylpaeoniflorin, seven new metabolites of metabolites of benzoyloxypaeoniflorin, nine new galloylpaeoniflorin, and 12 new metabolites of lactiflorin. The 26 new metabolites were hydrogenated 2,6-dihydroxycineol sulfate isomer (M55), 2,6-dihydroxycineol sulfate isomers (M41-M47), paeonimetabolin II sulfate isomers (M7-M10), paeonimetabolin II glucoside isomers (M52 and M54), hydrogenated lactiflorin and its isomer (M69 and M70), hydrogenated hydroxylated lactiflorin isomer (M71), hydrogenated deglycosylated lactiflorin sulfates (M75-M78), 3/4-hydroxy phenylacetic acid sulfate isomers (M171 and M172), 3/4-hydroxy phenylpropionic acid sulfate (M177), 3,4-dihydroxy phenylpropionic acid sulfate (M181), and 3,4-dihydroxy phenylacetic acid sulfate (M187).

One new metabolite of each of catechin gallate and catechin was found, namely, 3,4-diHPP-2-ol glucuronide sulfate (M120) and 3-HPP-2-ol glucuronide sulfate (M121), respectively.

Eight new metabolites of ellagic acids were found in this study. Specifically, we found two new metabolites of ellagic acid [methylellagic acid sulfates (M136 and M137)] and six new metabolites of 3,3'-di-O-methylellagic acid [3,3'-di-O-methylellagic acid sulfates (M142), 3,3'-di-O-methylellagic acid sulfates (M143 and M144), and 3,3'-di-O-methylellagic acid glucuronides (M145, and M146)].

Eight new metabolites of gallic acids were found in this study: methyl gallate diglucuronides (M160 and M161); methyl gallate sulfate glucuronide (M162); methylated methyl gallate glucuronides (M163–M165); dimethylated methyl gallate sulfate (M169); and 3, 4-dihydroxy phenylacetic acid sulfate isomer (M189).

# 4.3 Isomer metabolites produced by multiple original constituents of PRR

# 4.3.1 Isomer metabolites produced by compounds with the same structure type

The eight paeoniflorin constituents all produced desbenzoylpaeoniflorin isomers (M11-M15). Seven paeoniflorin constituents (all except lactiflorin) produced 2,6dihydroxycineol sulfate isomers (M41-M47). Seven paeoniflorin constituents (all except albiflorin) produced paeonimetabolin I glucuronide isomers (M18-M22) and  $C_{10}H_{18}O_4$  glucuronide isomers (M29-M34). Six paeoniflorin constituents (all except albiflorin and lactiflorin) produced C10H14O3 sulfate isomers (M23-M28), hydrogenated 2,6-dihydroxycineol sulfate isomer (M55), and dehydrogenated 2,6-dihydroxycineol glucuronide isomers (M57-M62). Albiflorin, benzoyloxypaeoniflorin, and galloylpaeoniflorin produced C8H8O3 glucuronide isomers (M36-M40) and hippuric acid (M65). Paeoniflorin, benzoyloxypaeoniflorin, and galloylpaeoniflorin produced paeonimetabolin II glucoside isomers (M50-M54). Albiflorin, hydroxybenzoylpaeoniflorin, and galloylpaeoniflorin produced paeonimetabolin II sulfate isomers (M7-M10). Albiflorin, and benzoylpaeoniflorin, hydroxybenzoylpaeoniflorin, galloylpaeoniflorin all produced paeoniflorin (M1). Paeoniflorin, hydroxybenzoylpaeoniflorin, and benzoyloxypaeoniflorin all produced oxypaeoniflorin (M2). Both benzoyloxypaeoniflorin and galloylpaeoniflorin produced paeonimetabolin II isomers (M3 and M6).

All three catechin constituents produced (epi)catechin sulfate isomers (M80–M85), 5-(3,4-dihydroxyphenyl)- $\gamma$ -valerolactone sulfate isomers (M103–M106), and methyl-catechin sulfates

(M122–M126). Both catechin gallate and catechin produced catechin glucuronide sulfates (M89–M91). Both epicatechin gallate and catechin produced 3-HPP-2-ol sulfate isomers (M92–M94), 5-(3,4-dihydroxyphenyl)-valeric acid sulfate isomers (M98–M100), trihydroxy-benzenepentanoic acid sulfate isomers (M101–M102), and 5-(3-hydroxyphenyl)- $\gamma$ -valerolactone sulfate isomers (M110–M111). Both epicatechin gallate and catechin gallate produced pyrogallol-O-glucuronide sulfate isomers (M95–M96) and 5-(3,4-dihydroxyphenyl)- $\gamma$ -valerolactone glucuronide isomers (M107–M108).

Both ellagic acid constituents produced urolithin B sulfate isomers (M139-M141).

# 4.3.2 Isomer metabolites produced by compounds with different structure types

Lactiflorin and the three catechin constituents produced 3hydroxy phenylacetic acid sulfate isomers (M171–M176) and 3/ 4-hydroxy phenylpropionic acid sulfate isomers (M177–M180).

Lactiflorin, epicatechin gallate, and catechin produced 3,4dihydroxy phenylpropionic acid sulfate isomers (M181–M186) and dihydroxy-methoxyl-benzenepentanoic acid sulfate isomers (M192–M195).

Lactiflorin, epicatechin gallate, catechin gallate, catechin, methyl gallate, and PRR produced 3,4-dihydroxy phenylacetic acid sulfate isomers (M187–M191).

# 4.4 Origins of the effective forms of PRR

In a previous study, we found 21 effective forms of PRR that account for its effects of clearing away heat, cooling the blood, and dissipating blood stasis (Xu et al., 2022). In this study, we elucidated some possible origins of the 10 known effective forms of PRR and their isomers:

- Desbenzoylpaeoniflorin isomer (C3) can be derived from eight original constituents: paeoniflorin, albiflorin, oxypaeoniflorin, benzoylpaeoniflorin, hydroxybenz oylpaeoniflorin, benzoyloxypaeoniflorin, galloylpae oniflorin, and lactiflorin.
- Paeoniflorin (C1) can be derived from benzoylpaeoniflorin, hydroxybenzoylpaeoniflorin, and galloylpaeoniflorin.
- Oxypaeoniflorin (C2) can be derived from paeoniflorin, hydroxybenzoylpaeoniflorin, and benzoyloxypaeoniflorin.
- 3/4-Hydroxy benzoic acid sulfate (C8) isomer can be derived from epicatechin gallate.
- C<sub>10</sub>H<sub>18</sub>O<sub>4</sub> glucuronide (C16) isomer can be derived from seven prototype paeoniflorin constituents (all except albiflorin).
- C<sub>8</sub>H<sub>8</sub>O<sub>3</sub> glucuronide isomers (C19 and C20) can be derived from albiflorin, benzoyloxypaeoniflorin, and galloylpa eoniflorin.
- 3'-O-methyl (epi)catechin 5-O-glucuronide (C5) isomer can be derived from catechin.

- 3-Hydroxy phenylpropionic acid sulfate (C6) isomer can be derived from lactiflorin, epicatechin gallate, catechin gallate, and catechin.
- 3,3'-Di-O-methylellagic acid isomer can be isomerized from 3,3'-di-O-methylellagic acid.

According to our previous study (Liang et al., 2013),  $C_{10}H_{18}O_2$ (C9-C15) glucuronides and  $C_{10}H_{14}O_3$ glucuronide (C17), two effective forms of PRR, can be derived from paeoniflorin in rats; however, their origins could not be determined in this study. Other effective forms of PRR including 3-hydroxy-4-methoxyphenylpropionic acid sulfate (C7), 3-methoxy-4-hydroxyphenylpropionic acid sulfate (C18), and benzoyl glucuronide (C21) can be derived from catechins in rats (Liang et al., 2013), but their specific origins need further investigation.

# 4.5 Insights for the quality control of PRR

Seventeen of the effective forms of PRR are metabolites that are not present in PRR and cannot be used for quality control. This study identified some of the precursors of the 10 effective forms of PRR, which can be used as indicators for the quality control of PRR.

# 5 Conclusion

This was the first study on the in vivo metabolism of PRR and its 14 constituents in mice. The metabolites were identified by the HPLC-DAD-ESI-IT-TOF-MS<sup>n</sup>. In total, we identified 23, 16, 24, 17, 18, 30, 27, 17, 22, 17, 33, 3, 8, 24, and 31 metabolites of paeoniflorin, albiflorin, oxypaeoniflorin, benzoylpaeoniflorin, hydroxybenzoylpaeoniflorin, benzoyloxypaeoniflorin, galloylpaeoniflorin, lactiflorin, epicatechin gallate, catechin gallate, catechin, ellagic acid, 3,3'-di-Omethylellagic acid, methylgallate, and PRR, respectively, in mice. The main metabolic reactions included methylation, hydrogenation, hydrolysis, hydroxylation, glucuronidation, and sulfation. We elucidated the metabolites and metabolic pathways of the 14 constituents of PRR, including paeoniflorins, catechins, ellagic acids, and gallic acids, in mice, and clarified the possible origins of the 10 known effective forms of PRR and their isomers. The findings will facilitate further studies on the effective forms of PRR in vivo and are of great significance for exploring the mechanisms of action and quality control of PRR.

# Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding authors.

# Ethics statement

The animal study was reviewed and approved by the Biomedical Ethical Committee of Peking University (approval no. LA2019117).

# Author contributions

FX and S-QC designed the study. JZ (first author), YL, and JZ (third author) performed the experiment. X-YG, J-JX, P-PW, X-TC, and L-HX participated in animal experiments. JZ (first author) and W-JS analyzed the data. JZ (first author), FX, XW, and S-QC revised the manuscript.

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# Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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# Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphar. 2022.995641/full#supplementary-material

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# The pharmacokinetics profiles, pharmacological properties, and toxicological risks of dehydroevodiamine: A review

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Dehydroevodiamine (DHE) is a guinazoline alkaloid isolated from Evodiae Fructus (EF, Wuzhuyu in Chinese, Rutaceae family), a well-known traditional Chinese medicine (TCM) which is clinically applied to treat headache, abdominal pain, menstrual pain, abdominal distension, vomiting, acid regurgitation, etc. Modern research demonstrates that DHE is one of the main components of EF. In recent years, DHE has received extensive attention due to its various pharmacological activities. This review is the first to comprehensively summarize the current studies on pharmacokinetics profiles, pharmacological properties, and toxicological risks of DHE in diverse diseases. Pharmacokinetic studies have shown that DHE has a relatively good oral absorption effect in the mean concentration curves in rat plasma and high absorption in the gastrointestinal tract. In addition, distribution re-absorption and enterohepatic circulation may lead to multiple blood concentration peaks of DHE in rat plasma. DHE possesses a wide spectrum of pharmacological properties in the central nervous system, cardiovascular system, and digestive system. Moreover, DHE has antiinflammatory effects via downregulating pro-inflammatory cytokines and inflammatory mediators. Given the favorable pharmacological activity, DHE is expected to be a potential drug candidate for the treatment of Alzheimer's disease, chronic stress, amnesia, chronic atrophic gastritis, gastric ulcers, and rheumatoid arthritis. In addition, toxicity studies have suggested that DHE has proarrhythmic effects and can impair bile acid homeostasis without causing hepatotoxicity. However, further rigorous and well-designed studies are needed to elucidate the pharmacokinetics, pharmacological effects, potential biological mechanisms, and toxicity of DHE.

#### KEYWORDS

dehydroevodiamine (DHE), *Evodiae fructus* (EF), pharmacokinetics profiles, pharmacological properties, toxicological risks

# Introduction

Dehydroevodiamine (DHE, 14-Methyl-5-oxo-7,8-dihydro-5H-indolo[2',3':3,4]pyrido[2,1-b]quinazolin-14-ium-13-ide,

Figure 1A), molecular formula: C<sub>19</sub>H<sub>15</sub>N<sub>3</sub>O, PubChem CID: 9817839, CAS NO. 67,909-49-3, relative molecular mass: 301.3 (https://pubchem.ncbi.nlm.nih.gov/compound/9817839), is one of the natural bioactive components derived from a widely used traditional Chinese medicine (TCM), Evodiae Fructus (EF, Wuzhuyu in Chinese, Rutaceae family) (Figure 1B) (Park et al., 1996; Nam et al., 2016; Wang et al., 2021). For thousands of years, EF has been widely used as a central agent in classical Chinese herbal prescriptions (Wuzhuyu decoction and Zuojin formula) to treat migraine (known as "Jueyin headache" in ancient China) as well as other diseases (Sun et al., 2020). Currently, EF is still a commonly used drug in China for the treatment of various diseases, such as headaches, oral ulcers, menstrual discomfort, cardiovascular diseases (CVD), gastrointestinal diseases, and central nervous system diseases (Schramm and Hamburger, 2014; Tian et al., 2019). Alkaloids are traditionally considered to be the primary biologically active compounds in EF, not only because of the isolation of various types of alkaloids from herbal medicines but also because pharmacological and clinical studies have shown that the main chemical constituents in EF are alkaloids (Han et al. , 2007; Gong et al., 2009). EF mainly contains chemical components such as indoloquinazoline, quinolone, limonoid alkaloids, and flavonoids (Sugimoto et al., 1998; Huang et al., 2012; Wang et al., 2013).

DHE is a white crystalline powder, which is usually soluble in methanol, ethanol, dimethyl sulfoxide (DMSO), and other organic solvents. Evodiamine (PubChem CID: 442088), rutaecarpine (PubChem CID: 65752), and DHE are the three main biological components derived from EF. All three have the same basic structure as indoloquinazoline alkaloids, with different substituents only at the N-14 atom, which might be the critical factor affecting the three-dimensional conformation change and pharmacological activities of DHE compared with the other two alkaloids (Perkins et al., 2014). In general, DHE is not commercially available. Schramm et al., devised a simple, robust, and scalable procedure to purify DHE at the Gram scale. Simultaneously, the process for the selective removal of DHE from EF extracts was also designed to deal with the drug development and clinical practice of DHE (Schramm and Hamburger, 2014).

Quantitative analysis by liquid chromatography-mass spectrometry (LC-MS) showed that the chloroform extract of 1 g of EF decoction contained 0.60 mg of DHE (Ueng et al., 2002). Due to higher polarity, DHE is the active compound in a higher yield in EF. Chromatographic separations revealed a limit of quantifications of 6.88 ng/ml for DHE in EF (Zhao et al., 2014). Modern researches confirm that DHE exerts extensive pharmacological activities in vitro and in vivo, such as antiinflammatory, anti-hypertensive, anti-cancer, anti-thrombotic, anti-obesity, anti-cholinesterase, anti-amnestic, analgesic, neuroprotective, and vasodilatory activities (Yang et al., 1990; Wang et al., 2001; Lim et al., 2004; Zhang Y. N. et al., 2018; Tian et al., 2019; Dai et al., 2022). Thus, the potential therapeutic effects of DHE have been shown on treating Alzheimer's disease (AD), chronic stress, amnesia, chronic atrophic gastritis (CAG), gastric ulcers, and rheumatoid arthritis (RA) (Loh et al., 2014; Schramm and Hamburger, 2014; Ahmad et al., 2021; Wen et al., 2021; Dai et al., 2022). Based on its broad effectiveness, DHE has attracted much attention as a promising chemical compound and natural product for the prevention and treatment of diverse diseases.

The pharmacokinetics profiles, pharmacological properties, toxicological risks, and biological mechanisms of DHE have been extensively reported in the past decades. However, most of the previous related studies are scattered reports, lacking a systematic and comprehensive summary and induction of DHE. Therefore, this review aims to provide a comprehensive summary and



discussion of the latest research progress on the pharmacokinetics profiles, pharmacological properties, and toxicological risks of DHE in various diseases, which will be beneficial to the further clinical practice and application of DHE.

# Materials and methods

### Source material

DHE, a quinazoline alkaloid derived from *Evodiae Fructus* (EF, *Wuzhuyu* in Chinese, Rutaceae family), which is the dry near-ripe fruit of *Evodia rutaecarpa* (Juss.) Benth., *Evodia rutaecarpa* (Juss.) Benth. var. officinalis (Dode) Huang or *Evodia rutaecarpa* (Juss.) Benth. var. bodinieri (Dode) Huang (Nam et al., 2016; Wang et al., 2021). EF belongs to Rutaceae family, *Tetradium ruticarpum* (A. Juss.) T. G. Hartley [Rutaceae] (http://mpns.kew.org/mpns-portal/; http://www.plantsoftheworldonline.org). The non-scientific name, class of name, and medicinal source of EF are shown in Supplementary Table S1.

### Methods

The information of this review was comprehensively searched with resources from multiple literature databases, including PubMed, EMBASE, Web of Science, Wiley Online Library, SinoMed, China National Knowledge Infrastructure (CNKI), VIP medicine information system (VMIS), Wanfang, Chinese Biomedical Database (CBM) and so on. The following search terms were used, including "dehydroevodiamine", "pharmacokinetics", "pharmacology", "toxicology" and so on. Studies concerning the role of DHE in pharmacokinetics profiles, pharmacological properties, and toxicological risks in various diseases were picked out manually. The related studies were downloaded for further evaluation.

### Ethics approval and consent to participate

As this study does not involve animal and patient experiments, the ethics approval and consent to participate are not applicable.

### Pharmacokinetics profiles of DHE

Studies have investigated the pharmacokinetics of DHE in rats, mice, as well as *in silicon* in recent years. Ahn et al., investigated the distribution kinetics of DHE in the rat brain (Ahn et al., 2004). The time profile of DHE plasma levels decreased in a multi-exponential manner after 15 min of

intravenous infusion (at doses of 1-10 mg/kg). Moment analysis indicated that the pharmacokinetics of DHE was linear over the range examined. The concentrations of DHE in cerebrospinal fluid were negligible compared to those in plasma, indicating that the drug is not primarily distributed to the brain through the blood-cerebrospinal fluid barrier. The kinetic analysis indicates that the distribution of DHE inside and outside the brain is regulated by first-order kinetic (Table 1). Xu et al., detected the non-compartmental pharmacokinetic parameters of eight chemical components including DHE in rat plasma (Xu et al., 2013). After oral administration, the plasma concentration of DHE increased rapidly, reaching Cmax within 1 h, and then decreased sharply in a short period of time. Moreover, the results showed that the pharmacokinetic parameters of DHE were statistically different between normal and headache rats (Table 1). The quaternary ammonium structure of DHE might serve as a suitable substrate for organic cation transporters expressed in the rat gut (Zhang et al., 1998). Therefore, DHE might be actively secreted in the gut, leading to irregular absorption patterns.

Intestinal solubility is a crucial factor affecting the absorption of various components. Zhang et al., calculated the pharmacokinetic parameters of DHE and predicted the physicochemical parameters in silico (Zhang Y. et al., 2018). The computer analysis of physicochemical predictions indicated an intrinsic solubility of 0.14 mg/ml for DHE. Male C57BL/6N mice were given DHE at a dose of 80 mg/kg by gavage for 21 days. Calculation of pharmacokinetic parameters showed that the  $C_{max}$  values of DHE treatment were 12.8  $\pm$  2.39 µg/ ml. Ahmad et al., selected the most active natural compounds from a library of 224, 205 compounds in the ZINC database (Ahmad et al., 2021). According to the pharmacokinetic analysis, DHE has a higher binding free energy to the acetylcholinesterase (AChE) receptor. The energy information obtained by the docking between DHE and AChE is as follows: binding energy: 9.00 kcal/mol; inhibition constant: 4.25 μM; intermolecular energy: 7.50; Van der Waals', 'Hydrogen Bond' and 'Desolvation Energy': 7.46; electrostatic energy: 0.05.

Previous studies have shown that DHE could be used as a representative component reflecting the pharmacokinetic behavior of EF alkaloids after administration of the *Zuojin* formula (*Coptidis Rhizoma*: EF = 6: 1) and *Fan-Zuojin* formula (*Coptidis Rhizoma*: EF = 1: 6). Li et al., analyzed the pharmacokinetic profiles of DHE by developed LC-MS/MS using rat plasma after a single oral administration of an extract mixture of 2 g/kg *Tetradium ruticarpum* fruit (*Wuzhuyu* in Chinese) and 2 g/kg licorice (the root and rhizome of *Glycyrrhiza uralensis* Fisch., *Glycyrrhiza glabra L.*, and *Glycyrrhiza inflata* Batal., *Glycyrrhiza uralensis* Fisch., *Gancao* in Chinese) (Li et al., 2021). The pharmacokinetic parameters of DHE show that the maximum plasma drug concentration is 8.25 ng/ml. The other pharmacokinetic values of DHE are shown in Table 1. Qian et al., performed a comprehensive pharmacokinetic study to compare

TABLE 1 Pharmacokinetic parameters of DHE.

Species	Dose of DHE	Pharmacokinetics parameters
Rats Ahn et al. (2004)	Intravenous infusion of 15 min (1-10 mg kg <sup>-1</sup> )	Moment Analysis (2.5 mg kg <sup>-1</sup> )
		$AUC_{0\to\infty}$ : 52,500 ± 19,400 ng min·mL <sup>-1</sup>
		$AUMC_{0\to\infty}$ : 10,800,000 ± 3,980,000 ng min <sup>2</sup> ·mL <sup>-1</sup>
		$MRT_{apparent}$ : 197 ± 6.72 min
		<i>CL</i> : 53.7 $\pm$ 25.0 ml min <sup>-1</sup> ·kg <sup>-1</sup>
		$V_{ss}$ : 10,200 ± 4680 ml kg <sup>-1</sup>
		Simultaneous Nonlinear Regression Analysis (2.5 mg kg $^{-1}$ )
		$C_l$ : 2000 ± 1790 ng mL <sup>-1</sup>
		$C_2$ : 110 ± 6.94 ng mL <sup>-1</sup>
		$\lambda_l: 0.729 \pm 0.213 \text{ min}^{-1}$
		$\lambda_2$ : 0.00585 ± 0.000223 min <sup>-1</sup>
		$CL_{influx}$ : 0.0373 ± 0.0191 ml min <sup>-1</sup>
		$CL_{efflux}$ : 0.0431 ± 0.0181 ml min <sup>-1</sup>
ats Xu et al. (2013)	Intragastric administration with 6.67 g kg <sup>-1</sup> Wuzhuyu decoction	Normal Group
		$AUC_{0\to t}$ : 635.4 ± 282.0 ng h·mL <sup>-1</sup>
		$AUC_{0\to\infty}$ : 689.1 ± 268.7 ng h·mL <sup>-1</sup>
		$C_{\rm max}$ : 432.4 ± 258.9 ng mL <sup>-1</sup>
		$T_{1/2}$ : 3.81 ± 2.02 h
		$T_{\rm max}$ : 0.77 ± 0.00 h
		Headache Group
		$AUC_{0\to t}$ : 720.9 ± 220.5 ng h·mL <sup>-1</sup>
		$AUC_{0\to\infty}$ : 740.9 ± 216.6 ng h·mL <sup>-1</sup>
		$C_{\rm max}$ : 564.0 ± 246.2 ng mL <sup>-1</sup>
		$T_{1/2}$ : 8.79 ± 3.27 h
		$T_{\rm max}$ : 0.77 ± 0.00 h
C57BL/6N mice Zhang et al.	80 mg/kg DHE by gavage	<i>LogP</i> : 2.30
2018b)		Permeability (cm·s <sup>-1</sup> ) (pH = 7.4): $2.00 \times 10^{-7}$
		Intrinsic solubility (mg·ml <sup>-1</sup> ) (pH = 7.4): $0.14$
		Topological polar surface area ( $ extsf{A}^2$ ): 39.1
		$T_{1/2}$ : 64.0 ± 3.45 min
		$T_{\rm max}: 60.0 \pm 0.1 {\rm min}$
		$C_{\rm max}$ : 12.8 ± 2.39 µg ml <sup>-1</sup>
		$AUC_{0\sim t}$ : 3450 ± 34.6 µg ml <sup>-1</sup> ·min
		$AUC_{0-\infty}$ : 4760 ± 36.1 µg ml <sup>-1</sup> ·min
ats Li et al. (2021)	A single oral administration of an extract mixture of 2 g/kg Tetradium ruticarpum fruit	$C_{\rm max}$ : 8.25 ± 2.48 ng mL <sup>-1</sup>
. /	and 2 g/kg licorice	$T_{\rm max}$ : 3.77 ± 2.89 h
		$T_{1/2}$ : 2.35 ± 1.27 h
		$AUC_{0-l}$ : 49.65 ± 12.60 ng h·mL <sup>-1</sup>
		$AUC_{0-C}$ : 53.19 ± 12.50 ng h·mL <sup>-1</sup>
		MRT: $5.78 \pm 0.93$ h
		$k: 0.34 \pm 0.10 \ h^{-1}$

(Continued on following page)
Species	Dose of DHE	Pharmacokinetics parameters
Rats Qian et al. (2017)	Orally administered with 12 g/kg Zuojin formula (crude drug dose)	$AUC_{0\to t}$ : 532.34 ± 57.78 ng h·mL <sup>-1</sup> $AUC_{0\to\infty}$ : 537.43 ± 54.97 ng h·mL <sup>-1</sup>
		$MRT_{0\to t}$ : 260.43 ± 15.40 min
		$MRT_{0\to\infty}$ : 282.90 ± 34.14 min
		$T_{1/2}$ : 192.57 ± 135.94 min
		$T_{\rm max}$ : 240 min
		$C_{\rm max}$ : 155.16 ± 27.92 ng mL <sup>-1</sup>
		$T_{sec}$ : 90 min
		$C_{sec}$ : 117.29 ± 45.45 ng mL <sup>-1</sup>
	Orally administered with 12 g/kg Fan-Zuojin formula (crude drug dose)	$AUC_{0\to t}$ : 274.77 ± 23.19 ng h·mL <sup>-1</sup>
		$AUC_{0\to\infty}$ : 285.60 ± 24.08 ng h·mL <sup>-1</sup>
		$MRT_{0\to t}$ : 279.59 ± 56.33 min
		$MRT_{0\to\infty}$ : 357.86 ± 114.71 min
		$T_{1/2}$ : 301.96 ± 172.11 min
		T <sub>max</sub> : 90 min
		$C_{\text{max}}$ : 85.27 ± 13.37 ng mL <sup>-1</sup>
ats Yan et al. (2012)	Oral gavage with 0.18 g EF and Zuojin formula powder/kg body weight	EF
		$AUC_{0\to t}$ : 68,130 ± 17,451 µgH·L <sup>-1</sup> ·h <sup>-1</sup>
		$AUC_{0\to\infty}$ : 68,134 ± 19,162 µgH·L <sup>-1</sup> ·h <sup>-1</sup>
		$MRT_{0\to t}$ : 4.6 ± 0.7 h
		$MRT_{0\rightarrow\infty}$ : 4.6 ± 5.6 h $t_{1/2z}$ : 1.6 ± 6.4 h
		$T_{\rm max}$ : 3.5 ± 3.0 h
		$C_{\rm max}$ : 15,383 ± 7,166 µgH·L <sup>-1</sup>
		Zuojin Formula
		$AUC_{0\to t}$ : 186,698 ± 46,442 µgH·L <sup>-1</sup> ·h <sup>-1</sup>
		$AUC_{0\to\infty}$ : 186,715 ± 39,211 µgH·L <sup>-1</sup> ·h <sup>-1</sup>
		$MRT_{0\to t}$ : 4.9 ± 0.7 h
		$MRT_{0\rightarrow\infty}$ : 4.9 ± 3.6 h $t_{1/2z}$ : 1.8 ± 5.4 h
		$T_{\rm max}$ : 1.5 ± 1.1 h
		$C_{\rm max}$ : 40,992 ± 21,052 µgH·L <sup>-1</sup>
<i>i silicon</i> Ahmad et al. (2021)	Not report	With high gastrointestinal absorption
		Log <i>Kp</i> (skin permeation): 6.64 cm s <sup><math>-1</math></sup>
		Bioavailability Score: 0.55

TABLE 1 (Continued) Pharmacokinetic parameters of DHE.

Notes: EF, evodiae fructus; AUC, area under concentration-time curve; MRT, mean residence time; CL, clearance.

the pharmacokinetic parameters between the *Zuojin* formula and the *Fan-Zuojin* formula (both are mainly composed of *Coptidis Rhizoma* and EF to illustrate the compatibility dose effect) (Qian et al., 2017). Finally, the pharmacokinetic profiles of 12 alkaloids including DHE after oral administration of the *Zuojin* formula and *Fan-Zuojin* formula were compared *in silico*. The results showed that compared with evodiamine, DHE had a higher level of systemic exposure, regardless of the dose. The C-T curve of DHE is most similar to the comprehensive C-T curve of EF alkaloids, suggesting that DHE can be considered as a representative component reflecting the pharmacokinetic behavior of EF alkaloids. After oral administration of *Wuzhuyu* decoction (6.67 g kg<sup>-1</sup>) to rats in the control group and headache group. Yan et al., used a rapid LC-MS method to evaluate the comparative pharmacokinetic parameters of DHE in rats' plasma after oral administration of EF and *Coptidis Rhizoma*-EF powders (*Zuojin* formula) combination (Yan et al., 2012). The stability of low and high concentrations of DHE in rat plasma has been comprehensively evaluated under various storage and processing conditions. The stability studies have shown that DHE is stable in plasma for 4 h at room temperature (25°C), after three freeze-thaw cycles, and after the reconstitution at 25°C for 24 h. Taken together, DHE has higher exposure and is well absorbed *in vivo*. The pharmacokinetic parameters of DHE are summarized in Table 1.

References

	effects of Dife off valious	central hervous system diseases.	
Pharmacological	Dose and route	The experimental model	Mechanisms

TABLE 2 Pharmacological offacts of DHE on various control nonvous system disaster

activities	of administration	of diseases		
Restore cognitive and memory deficits				
Reduce AD pathological damage associated with Tau	1 mg/kg, <i>i.p</i>	The 5xFAD Tg AD mouse model	Synaptic-related proteins, such as GluN2A-containing NMDARs and PSD-95, Tau protein	Kang et al. (2018)
Restore memory and cognitive impairment				
Anti-oxidation				
Inhibit neurotoxicity				
Decrease intracellular calcium levels	10 mg/kg, <i>p.o</i>	Scopolamine-induced amnesia and a $A\beta_{1\text{-}42}\text{-}$ infused model	ROS, $A\beta_{1-42}$ peptide, neurotoxicity, intracellular calcium levels	Shin et al. (2017)
Restore memory and cognitive impairment				
Antagonize $A\beta$ deposition	0.5 mg/kg, <i>i.p</i>	APP695 transgenic mice	A $\beta$ 40, A $\beta$ 42, $\beta$ -secretase	Shin et al. (2016)
Improve memory impairments and depression-like behaviors	10 mg/kg, <i>p.o</i>	Immobilization-induced chronic stress in rats	NCAM proteins	Kim et al. (2014)
Anti-oxidative stress	3, 6 mg/kg, <i>p.o</i>	D-galactose-induced subacute aging model	SOD	Kang et al. (2010)
Inhibit Tau protein hyperphosphorylation				
Alleviate spatial memory deficit	6.25, 12.5 mg/kg, Tail vein injection	WT/GFX-induced tau hyperphosphorylation and memory impairment rats	GSK-3, Tau protein	Peng et al. (2007)
Decrease inhibitory phosphorylation of PP-2A at Tyr307	10, 100, 200 $\mu M, preincubated at 33 ^\circ C$	Calyculin A-induced AD-like tau hyperphosphorylation	Tyr307-phosphorylated PP-2A, Tau protein	Fang et al. (2007)
Anti-cholinesterase and improve $\mbox{A}\beta$ type amnesia	0.3–12 mg/kg, <i>i.p</i>	Scopolamine-and A $\beta$ peptide-(25–35)-induced amnesia in mice	Aβ peptide-(25–35)	Wang et al. (2001)
Improve impaired spatial working memory				
Improve cognitive deficits				
Reduce neuron loss and infarct size	6.25 mg/kg, <i>i.p</i>	Scopolamine-induced amnesia model of the rat, the MCA-occluded model, and the electrolytic lesioned model of the entorhinal cortex	Protective effects on cognitive deficits and neuronal loss	Park et al. (2000)
Anti-cholinesterase and anti- amnesic	6.25 mg/kg, <i>i.p</i>	Scopolamine-induced amnesia model in rats	Anti-AChE activity	Park et al. (1996)

Notes: AD, Alzheimer's disease; p. o., peros; i. p., intraperitoneal injection; ROS, reactive oxygen species; SOD, superoxide dismutase; AChE, acetylcholinesterase; GSK-3, glycogen synthase kinase-3; Aβ, β-amyloid; WT/GFX, wortmannin and GF-109203X; tg, transgenic; NMDARs, N-methyl-D-aspartate receptors; NCAM, neural cell adhesion molecule; MCA, middle cerebral artery.

# Pharmacological effects of DHE

# Effects of DHE on the central nervous system

DHE has a clear protective effect on the central nervous system. In recent years, a large number of literatures have reported that DHE has a preventive effect on AD induced by various models, and it exhibits good blood-brain barrier (BBB) permeability. DHE is the main component of EF for neuroprotective effect, and it has a neuroprotective effect on the PC12 cell line damaged by MPP<sup>+</sup> or  $H_2O_2$  (Zhang Y. N. et al., 2018).

AD is a typical and fatal neurodegenerative condition with no available preventive treatments (Kandimalla and Reddy, 2017; Ahmad et al., 2019). Currently, cholinesterase inhibitors (ChEIs) are the treatment of choice for AD based on clinical studies on the effects of drugs on cognition (memory and attention) and behavioral symptoms (apathy and agitation) (Decker, 2005). Also, ChEIs have been officially approved clinically for the symptomatic treatment of AD (Han et al., 2019). Numerous studies claim that DHE has substantially pharmacological effects of anti-AChE and enhances cognitive function in memoryimpaired rat models, and thus has the effect of treating AD. DHE exhibits strong anti-amnestic activity *in vivo* and moderate AChE inhibition *in vitro* (Table 2) (Park et al., 1996). Its efficacy is due in part to AChE inhibition, but also the long-term promotion of synaptic transmission due to the activation of muscarinic and N-methyl-D-aspartate receptors (Park et al., 2003). Lim et al., found that DHE inhibited the uptake and release of glutamate, suggesting that chronic exposure to DHE might alter the characteristics of glutamate release and uptake in granule and glial cells (Lim et al., 2004).

It has been reported that from the comprehensive effect of cerebral blood flow enhancement and AChE inhibition, the natural product-based DHE is less effective on AChE than tacrine, but its anti-amnestic effect is more effective than that of tacrine (Park et al., 1996). The anti-AChE activity of DHE has an IC<sub>50</sub> value of 37.9 µM in the treatment of AD, which could be used as a positive anti-AD drug in experimental studies (Zhang et al., 2013). Also, Jung et al., reported that the IC<sub>50</sub> of DHE hydrochloride for inhibitory AChE activity was 37.8 µM (Jung and Park, 2007). Ahmad et al., concentrated on screening natural compounds capable of managing AChE from the ZINC database (224, 205 compounds) (Ahmad et al., 2021). The results indicated that DHE was one of the most potential AChE inhibitors with a free binding energy of -9.00 kcal/mol. Moreover, DHE might cross the BBB and exhibit high levels of intestinal absorption. However, researchers still need to design more experimental studies for using DHE in the treatment of AD.

Changes in compound structure always lead to changes in pharmacokinetics and pharmacological effects. Carboxydehydroevodiamine·HCl (cx-DHED) is a derivative of DHED, which increases its solubility in water, enhances its high bioavailability, and is superior to DHE in ameliorating memory impairment. The study by Kang et al., showed that cx-DHED has a clear therapeutic effect on 5xFAD and AD model mice by improving synaptic stability, which could dramatically reduce memory impairment, amyloid plaque numbers, and PHFs-tau, as well as synaptic instability in 5xFAD AD mice (Kang et al., 2018). Thus, these results suggested that cx-DHED could prevent the development and progression of AD pathology as well as memory deficits in 5xFAD mice (Table 2). Also, Kim et al., found that DHEHCl could prevent memory impairment and neuronal cell loss in a rat model of cognitive impairment (Kim et al., 2014). The effects of DHEHCl on stress-induced memory impairment and behavioral abnormalities were investigated. Mechanistic studies showed that DHEHCl treatment significantly restored the stress-induced reduction in neural cell adhesion molecule (NCAM) protein levels as well as cell viability (Table 2). The results suggested that DHEHCl is a potential drug candidate for memory impairment, neuronal death, and stress-induced depression.

In addition, Shin et al., investigated the effects and potential mechanism of DHE on cognitive improving effect in a scopolamine-induced amnesia model and an  $A\beta_{1-42}$ -infused memory-impaired rat model (Shin et al., 2017). The findings suggest that 10 mg/kg DHE (*p.o.*) has a strong protective effect against cognitive impairment via its anti-oxidant activity, such as

a downregulation in ROS production, and inhibition of neurotoxicity as well as intracellular calcium levels. DHE might be a useful therapeutic agent for symptoms of memory impairment such as AD (Table 2). Fang et al., investigated the effect of DHE on the protein phosphatase (PP)-2A and the PP-1 A (CA)-induced AD-like calyculin inhibitor tau hyperphosphorylation, and its involvement in PP-2A content in metabolically competent rat brain slices (Table 2) (Fang et al., 2007). Rat brain sections were pre-incubated for 1 h at 33 °C in the presence or absence of DHE (10, 100, and 200  $\mu$ M, respectively). Then CA 0.1 µM was added and treated for another 2 h. DHE was found to relieve CA-induced tau hyperphosphorylation at multiple AD-associated sites in metabolically active rat brain slices. The underlying mechanism may involve decreased inhibitory phosphorylation of PP-2 A at Tyr307. Wang et al., examined the protective effects of DHE (0.75-12.0 mg/kg, *i. p.*) on scopolamine-as well as βamyloid (Aβ) peptide-(25-35)-induced amnesia in mice via a step-through passive avoidance test (Table 2) (Wang et al., 2001). It was found that DHE was more effective in amnesia-induced amnesia than Aβ peptide-(25-35)-induced amnesia. DHE has the effect of anti-cholinesterase, and may also be a new effective ligand for improving  $A\beta$  amnesia.

Since DHE readily crosses the BBB, it has been reported to have minimal side effects and doses among cholinesterase inhibitors (Park et al., 1996; Park et al., 2000; Ahn et al., 2004), and in addition to the current findings, it might be a promising candidate for the drug development of AD. Park et al., investigated the pharmacological effects of DHE on a scopolamine-induced amnesia model in rats (Park et al., 2000). A single (20 mg/kg, p. o.) and repeated (10 mg/kg, p. o.) dosing of DHE significantly reversed the latency of scopolamine (1 mg/kg, i. p.) to control levels. Furthermore, DHE dramatically improved the impaired spatial working memory and cognitive deficits in rats, as well as reduced neuronal loss and infarct size (Table 2). These results suggest that DHE might be an effective drug not only for AD types but also for vascular dementia and stroke. Also, Park et al., screened natural products with anti-amnestic activity for their ability to inhibit AChE and reverse scopolamine-induced amnesia. DHE was found to strongly inhibit AChE activity in a dose-dependent and non-competitive manner in vitro and exhibited antiamnestic effects in vivo. DHE has an IC<sub>50</sub> value of 37.8 µM. This potent anti-amnestic effect of DHE is thought to be due to the combined effect of AChE inhibition and the known enhancement of cerebral blood flow. DHE increased cerebral blood flow recorded from the surface of the lateral gyrus of the brain in anesthetized cats. This action reached a maximum 1-4 min after injection and continued for 10 min. However, at the doses examined, the compound had negligible effects on other cardiorespiratory functions (Table 2). These results suggest that DHE selectively increases cerebral blood flow (Haji et al., 1994). Kang et al., discussed the effect of DHE on the learning and memory ability and anti-oxidant capacity of D-galactoseinduced aging model mice, and preliminarily discussed the mechanism of action (Kang et al., 2010). The experimental results show that DHE could improve the learning and memory dysfunction of the aging mouse, which might play an anti-oxidative stress role by regulating the level of superoxide dismutase (SOD) (Table 2).

# Effects of DHE on the cardiovascular system

DHE has clear cardiovascular pharmacological activity, which has an anti-arrhythmic effect on guinea pig ventricular myocytes. Yang et al., investigated the cardiovascular effects of DHE *in vivo* and *in vitro* (Yang et al., 1990). The intravenous injection administration of DHE caused a slight decrease in blood pressure *in vivo*, a significant decrease in heart rate, and an increase in ECG cycle length. However, DHE did not alter total peripheral resistance. Except for reduced blood flow to the kidneys and skin, there were no significant changes in blood flow to other organs. Moreover, DHE significantly inhibited spontaneously beating atria in a dose-dependent manner *in vitro*. These findings suggest an important role for DHE in suppressing the heart, which may largely contribute to the anti-hypertensive effects of this alkaloid. However, its vasodilatory effect on hindquarters muscles cannot be ignored.

DHE has been reported to have vasodilatory effects (Chiou et al., 1996b). It could induce vasodilatory effects on rat aorta with intact endothelium through partial endothelium-dependent effects, R1-adrenoceptor blockade, and 5-hydroxytryptamine (5-HT) antagonism (Chiou et al., 1996a). Electrophysiological studies on isolated guinea pig cardiomyocytes indicated that DHE inhibited cardiac ion currents of  $I_{Nav}$   $I_{Ca,Lv}$  and  $I_K$ . Simultaneously, it prolonged the duration of action potentials in the ventricle and atrium of the guinea pig (Yang et al., 1990).

DHE reduces arterial blood pressure and prolongs the duration of action potentials in cardiomyocytes in experimental animals. Loh et al., explored the ionic basis of its possible anti-arrhythmic effects (Loh et al., 1992). Studies have shown that DHE might suppress arrhythmias triggered in Caoverloaded guinea pig cardiomyocytes through its inhibitory effects on  $I_{Na}$ ,  $I_{ti}$ , and to a lesser extent  $I_{Ca}$ . DHE also exerts class III anti-arrhythmic effects by reducing the outward K current  $(I_k)$  across the sarcolemma. DHE  $(0.1-0.3 \,\mu\text{M})$  is highly effective in inhibiting cardiac arrhythmias induced in Ca2+-overloaded guinea-pig cardiomyocytes in low K+ and high Ca2+ perfusates in guinea-pig cardiomyocytes. The ionic underlying mechanism of the cardioprotective effect of DHE is mainly due to its inhibitory effect on  $I_{Na}$  and  $I_{Ca}$  (Loh et al., 1992). Loh et al., investigated the electromechanical effects of DHE in human atrial and ventricular tissue (Loh et al., 2014). In human atrial and ventricular myocardium, DHE (0.1-0.3 µM)

reduced slow- and fast-response action potential ascending velocity, action potential amplitude, and contractility. DHE (0.1–1  $\mu$ M) reversibly and concentration-dependently decreased Na<sup>+</sup> and Ca<sup>2+</sup> currents in isolated human atrial and ventricular myocytes. In the human ventricular myocardium, strophanthidin-induced triggering activity was attenuated by pretreatment with DHE (0.3  $\mu$ M). In addition, DHE (0.1–0.3  $\mu$ M) also memorably increased resting pHi and Na<sup>+</sup>-H<sup>+</sup> exchanger (NHE) activity. In the human heart, DHE could antagonize inotrope-induced arrhythmias by generally reducing Na<sup>+</sup> and Ca<sup>2+</sup> inward currents while increasing resting intracellular pH (pHi) and NHE activity.

DHE has been reported to induce bradycardia in anesthetized rats (Xu et al., 1982; Yang et al., 1990). It inhibits aortic constriction in vitro as a calcium antagonist and has been suggested to have calcium-blocking activity on calcium currents in the mammalian heart (Loh et al., 1992). Wong investigated whether DHE could act as a calcium antagonist on chronotropic and inotropic activity in isolated mouse atria (Wong, 1996). The data showed that DHE induced bradycardia, but did not reduce right atrial contraction amplitude. Furthermore, DHE did not attenuate the amplitude of contraction of the electrically driven left atrium, and in the presence of  $1 \times 10^{-4}$  M DHE, the amplitude of contraction of the left atrium increased when the calcium concentration in Krebs solution was further increased. Since calcium antagonists are known to inhibit chronotropic and inotropic activity, it seems unlikely that DHE acts as a calcium antagonist in chronotropic and inotropic activity in isolated mouse atria.

#### Effects of DHE on the digestive system

In addition to the effects of DHE on cardiovascular and central nervous system cognition, it also has certain pharmacological effects on the digestive system. Wei et al., clarified the pharmacological effects and mechanisms of DHE on indomethacin (IDO)-induced gastric injury (Wei et al., 2021). The study found that DHE attenuated IDO-induced decreased food intake, weight loss, and gastric injury, and normalized gastric pH and mucosal thickness. In addition, DHE downregulates the expression of myeloperoxidase (MPO), tumor necrosis factor-a (TNF-a), and interleukin-6 (IL-6), and upregulates the expression of interleukin-10 (IL-10) to reduce inflammation-induced damage and create a healing environment. Furthermore, DHE could significantly inhibit the phosphorylation of extracellular signal-regulated kinase (ERK) and p38 but not c-Jun N-terminal kinase (JNK). Studies have shown that DHE ameliorated IDO-induced dyspepsia, inflammatory infiltration, and tissue damage through the ERK and p38 signaling pathways but not the JNK pathway (Table 3). Wen et al., established a rat CAG model and a GES-1 human gastric epithelial cell injury model using

TABLE 3 Pharmacological	activities of	f DHE in the	digestive system.	
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Effects (Reference)	Animals or cells	Experimental model	Doses of DHE	Pharmacological effects	Pathways
Treatment for CAG Wen et al. (2021)	Rats	170 μg/ml of MNNG- induced CAG	5, 10 mg/ kg, <i>i.g.</i>	Down-regulate serum inflammatory factor levels Alleviate histological damage of gastric tissue Increase cell proliferation of GES-1 cells Ameliorate MNNG-induced gastric epithelial cell damage and mitochondrial dysfunction Inhibit migration and invasion of GES-1 cells	Regulate inflammation metabolites and energy metabolism-related pathways. Inhibit HIF-1α/VEGF angiogenesis pathway
Treatment for gastric ulcers Wan and Bao, (2020)	Rats	50 µl glacial acetic acid- induced stomach ulcer	6.25, 12.5 mg/ kg, <i>i.g</i> .	Reduce gastric mucosal ulcers area, serum oxidative stress factor, and serum inflammatory factor levels Increase gastric ulcers inhibition rate, gastric mucosal repair factor levels	Regulate Rho/NF-кВ signaling pathway
Treatment for gastric ulcers Wei et al. (2021)	Rats	5 mg/kg IDO-induced gastric ulcers	10, 20, 40 mg/ kg, <i>i.g.</i>	Relieve gastric injury, restore gastric pH and mucosal thickness. Improves indigestion. Alleviate inflammatory infiltration and tissue damage. Create a healing environment	Regulate the ERK and p38 signaling pathways but not the JNK pathway

Notes: CAG, chronic atrophic gastritis; MNNG, N-methyl-N'-nitro-N-nitrosoguanidine; HIF-1α, hypoxia-inducible factor-1 alpha; VEGF, vascular endothelial growth factor; NF-κb, nuclear factor kappa-B; IDO, indomethacin.

N-methyl-N'-nitro-N-nitrosoguanidine (MNNG) and investigated the therapeutic effect and potential molecular biological mechanism of DHE on CAG (Wen et al., 2021). The results showed that the therapeutic effect of DHE on CAG rats was manifested by down-regulating the levels of serum inflammatory factors and reducing histological damage to gastric histology. In addition, DHE was effective in increasing cell proliferation of GES-1 cells, ameliorating MNNG-induced gastric epithelial cell damage and mitochondrial dysfunction. Molecular biological mechanism studies have shown that DHE has a regulatory effect on tumor angiogenesis, and can play an anti-CAG effect by inhibiting the relative expression of genes and proteins related to the vascular endothelial growth factor (VEGF) signaling pathway mediated by hypoxia-inducible factor-1 alpha (HIF-1 $\alpha$ ) (Table 3).

In addition, Wan et al., discussed the protective effect and mechanism of DHE on the gastric mucosa of rats with gastric ulcers caused by acetic acid cauterization (Wan and Bao, 2020). The results indicated that DHE has an effect on inhibiting Rho/ nuclear factor kappa-B (Rho/NF-KB) signaling, regulating the inflammatory response in gastric ulcer rats, alleviating oxidative stress, and then preventing gastric mucosal damage. Simultaneously, it could promote the release of local trefoil factor family 1 (TFF1) and gastric tissue EGF levels in the stomach and accelerate the repair of the gastric mucosa. It is shown that DHE can significantly improve gastric ulcers in rats through anti-oxidative stress and anti-inflammatory factors, and its potential mechanism may be related to the regulation of the Rho/NF-KB signaling pathway. Therefore, DHE can play a role in the treatment of gastric mucosal ulcers by inhibiting gastric mucosal damage and promoting gastric mucosal repair. The experimental data are provided for the clinical application of DHE against gastric ulcers (Table 3). Overall, the main biological

activities and possible molecular mechanisms of DHE on the digestive system were shown in Figure 2.

#### Anti-inflammatory effects of DHE

The anti-inflammatory effects of DHE have been reported previously (Choi et al., 2006), which could significantly downregulate pro-inflammatory cytokines and inflammatory mediators. For example, Chiou et al., explored the possible anti-inflammatory effects of DHE by evaluating its effect on nitric oxide (NO) production in the mouse macrophage-like cell line RAW 264.7 (Chiou et al., 1997). The results showed that DHE (10, 50, 100 µM) inhibited interferon-alpha/ lipopolysaccharide (IFN-a/LPS)-stimulated NO production in a concentration-dependent manner. However, DHE appears to inhibit NO production by interfering not only with the priming signal elicited by IFN-a but also with inducible nitric oxide synthase (iNOS) protein synthesis.

In recent years, researchers have devoted themselves to finding effective agents for the treatment of RA. It is found that numerous amounts of small molecule compounds derived from natural products have effects on enhancing the therapeutic effects of RA by abating inflammation reactions and inhibiting the abnormal proliferation of fibroblasts. Dai et al., explored the therapeutic effect and feasible mechanism of DHE on RA in complete freund's adjuvant (CFA)-induced adjuvant-induced arthritis (AIA) *in vivo* and *in vitro* (Dai et al., 2022). The results indicated that DHE could substantially improve the symptoms of joint redness and joint swelling in AIA rats. Simultaneously, DHE could inhibit the serum level of pro-inflammatory factors, including TNF- $\alpha$ , interleukin-1 beta (IL-1 $\beta$ ), IL-6, and interleukin-17 (IL-17), as well as the relative



mRNA expression of matrix metallopeptidase 1 (MMP-1) and matrix metallopeptidase 3 (MMP-3) in MH7A arthritis synovial fibroblasts. DHE plays a role in the treatment of RA by reducing inflammation and inhibiting the abnormal proliferation of fibroblasts. Moreover, the potential mechanism might be related to the regulation of the mitogen-activated protein kinase (MAPK) pathway.

#### Toxicological risks of DHE

Toxicity and safety should be considered first when evaluating the pharmacological effects of drugs. One of the four classic and the earliest book of TCM "*Shennong's Classic of Materia Medica*" records that EF has mild toxicity in humans and is a relatively safe herbal medicine. For EF, which mainly contains bioactive indoloquinazoline alkaloids, it is necessary to pay attention to its sensitivity to cardiac and liver safety. Although ingestion of EF decoction may induce human hepatic cytochrome P450 family one subfamily A member 1 (CYP1A), DHE does not affect 7-ethoxyresorufin O-deethylation activity (Ueng et al., 2002). The potential toxicological risks of DHE in various diseases are listed as follows according to the previous studies.

#### DHE has proarrhythmic effects

The quinazoline alkaloid DHE is a potent human ether-a-gogo related gene (hERG) inhibitor in EF extract with an  $IC_{50}$  value of 253.2 ± 26.3 nM detected in patch clamp experiments. The hERG channel blocking property of EF decoction is proportional to the content of DHE (Hamburger, 2019). DHE could cause arrhythmias in chronic atrioventricular block dogs (0.33-0.5 mg/ 5 min) as well as anesthetized rabbits. In 8 chronic atrioventricular block dogs, DHE (0.33 mg/kg/5 min) could increase QT duration by 48  $\pm$  10% and caused Torsade de Pointes (TdP) in 2/4 of these dogs. It is noteworthy that higher doses of DHE did not induce TdP. As for rabbits, DHE significantly increased the QT interval by 12 ± 10%  $(0.05 \text{ mg kg}^{-1}.5 \text{ min}^{-1})$  and  $60 \pm 26\%$   $(0.5 \text{ mg kg}^{-1}.5 \text{ min}^{-1})$  in eight rabbits, and induced TdP arrhythmia(0.5 mg kg<sup>-1</sup>.5 min<sup>-1</sup>) in two rabbits. In addition, it could concentration-dependent prolong action potential duration in dog ventricular cardiomyocytes. Early after depolarizations (EADs) were seen in 14, 67, 100, and 67% of dog ventricular cardiomyocytes after 0.01, 0.1, 1, and 10 µM of DHE (Baburin et al., 2018). Therefore, the dose-dependent pro-arrhythmic effect of DHE should raise awareness of the pro-arrhythmic effects of the widely used EF extract.

#### DHE has no hepatotoxic

Besides, DHE has been reported to be potentially hepatotoxic. Zhang et al., investigated the possibility of hepatotoxicity induced by DHE (Zhang Y. et al., 2018). The livers and serum indices were analyzed in C57BL/6N mice by daily gavage of 80 mg/kg DHE for 3, 12, and 21 days. The results showed that the liver/body weight ratio of the mice did not show a marked difference during the administration period, suggesting that DHE did not cause substantial hepatomegaly. In addition, 80 mg/kg DHE treatment for 21 days did not cause memorably changes in serum alanine aminotransferase (ALT) and aspartate aminotransferase (AST) levels in mice, indicating no apparent hepatotoxicity. These results were also further confirmed by histological analysis, liver/body weight ratio, and serum biochemical analysis.

#### DHE impairs bile acid homeostasis

DHE was not hepatotoxic at the doses used. However, it disrupted bile acid homeostasis in an aryl hydrocarbon receptordependent manner. These findings suggest that the methyl group on the N-14 atom of DHE and its pharmacokinetic behavior were the main determinants of aryl hydrocarbon receptor activation, suggesting that attention should be taken to monitor its effects on bile acid metabolism in the clinical application of EF and DHE (Zhang Y. et al., 2018). Global metabolomics was employed to analyze metabolites in mouse gallbladders. DHE treatment for 21 days could significantly increase the levels of unconjugated bile acids cholic acid,  $\omega$ -muricholic, taurocholic acid and taurodeoxycholic acid, while slightly increasing  $\alpha$ -muricholic, and  $\beta$ -muricholic levels. In addition, DHE could regulate the induction of CYP7A1 or bile salt export pump (BSEP) through the activation of the aryl hydrocarbon receptors.

#### Conclusion and perspective

Natural products refer to the chemical constituents or their metabolites in animals, plants, and microorganisms. As an important source of drug discovery, natural products have the characteristics of diverse structures and have always been a crucial source of new drug discovery (Shen, 2015; Li, 2016; Ekiert and Szopa, 2022). In recent years, drugs such as artemisinin, ephedrine, vincristine, tripterygium glycosides, and taxol have received increasing attention due to their reliable efficacy and low toxicity (Xu et al., 2020). DHE is a key quinazoline alkaloid isolated from EF and now plays an important role in diseases of the central nervous system, digestive system, cardiovascular system diseases, *etc.* However, there are few comprehensive reports on the pharmacokinetics, pharmacological effects, biological mechanisms, and toxicology risks of DHE. This review provides a comprehensive

summary of the chemical properties, pharmacokinetic characteristics, pharmacological activities, biological mechanisms, and toxicity of DHE. Pharmacokinetic studies have shown that DHE has a relatively good oral absorption effect in rats. DHE has a wide spectrum of pharmacological properties in the central nervous system, digestive system, and cardiovascular system, including activity, anti-amnesia, anti-cholinesterase anti-AD, antiarrhythmic, gastrointestinal protection, and anti-inflammatory effects. In addition, toxicity studies have suggested that DHE has proarrhythmic effects and can impair bile acid homeostasis without hepatotoxic. However, long-term and high-dose toxicity studies in animals are still lacking. This summarized information might be helpful for future research and further development of DHE.

In the aspect of pharmacokinetics profiles, a variety of developed methods are successfully applied to determine the related pharmacokinetic parameters of DHE in rats, and mice, as well as in silicon studies. DHE has a relatively good oral absorption effect in the mean concentration curves in rat plasma (Li et al., 2021) and high absorption in the gastrointestinal tract (Ahmad et al., 2021). Also, distributional re-absorption and enterohepatic circulation may lead to multiple blood concentration peaks of DHE in rat plasma (Yan et al., 2012). DHE may be actively secreted in the intestine, resulting in irregular absorption patterns (Xu et al., 2013). In addition, the pharmacokinetic characterization of DHE in the rat brain was also studied. The dynamic distribution of DHE in rat brains showed that the time curve of DHE plasma level decreased exponentially. The clearance rate and steadystate distribution volume were not statistically different from the dose, indicating that the pharmacokinetics of DHE was linear in the range examined. The concentration of DHE in cerebrospinal fluid was negligible compared to that in plasma, suggesting that the drug was not distributed primarily to the brain through the blood-cerebrospinal fluid barrier. This indicates that DHE is transported from systemic circulation to the brain through the BBB. The distribution of DHE into and out of the brain is mediated by first-order kinetics. Consistent the in vivo data, DHE transport across with MBEC4 monolayers is all mediated by first-order kinetics (Ahn et al., 2004).

At present, the world has already entered an aging society (Joe et al., 2021). For the elderly, maintaining normal cognitive function is the guarantee of high-quality life. AD is a progressive neurodegenerative disease and the main type of dementia. In the elderly population, the most common diseases that impair the cognitive function are AD and cerebrovascular disease. Both have become diseases that seriously threaten the health of the elderly (Shin et al., 2016; Shin et al., 2017). Epidemiological and pathological data show that AD and cerebrovascular disease have many overlaps in etiology and pathology, and most sporadic AD is also a cerebrovascular disease (Santos et al., 2017). The treatment of cerebrovascular disease can also delay the occurrence and development of AD. It is especially necessary to extract active ingredients from TCM for AD treatment.



According to the current studies, DHE has a good protective function on the central nervous system and can act on the occurrence and development of AD through multiple pathways. DHE binds strongly to the active site residues of AChE and follows the drug-like properties predicted in silico. Further experimental evaluations of DHE may eventually lead to exciting alternative AD therapies (Ahmad et al., 2021). DHE can effectively slow down the occurrence and development of AD through neuroprotective function by repairing memory and cognitive impairment, antagonizing AB deposition, inhibiting Tau protein hyperphosphorylation, protecting isolated neurons, inhibiting glial cell activation and inflammatory mediators release, etc. Its pharmacological effect on cerebrovascular disease is reflected in the protective effect on ischemic brain injury. Studies have found that DHE can exert anti-AD effects by acting on targets such as ROS, SOD, AB40, AB42, B-secretase, GSK-3, Tau protein, NCAM proteins, etc. Its pharmacological effects include restoring memory and cognitive impairment, antagonizing AB deposition, inhibiting Tau protein hyperphosphorylation, restoring cognitive and memory deficits, improving spatial memory impairment, antioxidation, inhibiting neurotoxicity, etc. (Haji et al., 1994; Park et al., 2000; Fang et al., 2007; Kang et al., 2010; Kim et al., 2014; Shin et al., 2016; Shin et al., 2017; Kang et al., 2018). Although there has been a lot of basic research on DHE, more clinical application experiments are needed based on the existing research to provide a sufficient scientific basis for their future use as effective drugs for AD and cerebrovascular diseases.

Previous work highlighted the role of DHE in the digestive system, which could ameliorate gastric injury in MNNG-induced CAG rats, IDO or glacial acetic acid-induced gastric ulcers (Wan and Bao, 2020; Wei et al., 2021; Wen et al., 2021). The results indicated that the therapeutic effects of DHE on CAG rats were presented in alleviating histological damage of gastric tissue in vivo, increasing cell proliferation of GES-1 cells, and ameliorating MNNG-induced gastric epithelial cell damage and mitochondrial dysfunction. In addition, DHE could inhibit MNNG-induced migration and invasion of GES-1 cells. It was found that DHE plays a crucial role in angiogenesis by inhibiting the HIF-1amediated VEGF pathway in CAG rats and gastric epithelial cells. Furthermore, DHE ameliorates dyspepsia, inflammatory infiltration, tissue damage, and serum oxidative stress through ERK/p38 and Rho/NF-KB signaling pathways. These studies provide a new promising therapeutic agent for the prevention and treatment of CAG and gastric ulcers. However, more animal studies and clinical trials are necessary to further confirm the protective and therapeutic effect of DHE on the digestive system.

In recent years, studies have found that DHE has cardiovascular and cerebrovascular system effects such as anti-arrhythmia, dilation of blood vessels, lowering blood pressure, slowing heart rate, inhibiting Ca<sup>2+</sup> inflow, and selectively increasing cerebral blood flow (Schramm and Hamburger, 2014). DHE inhibits calcium overload-induced arrhythmias and works by prolonging the action potential duration in the cardiomyocytes of experimental animals (Baburin et al., 2018). It can reduce the amplitude and contractility of action potentials in human atrial and ventricular myocytes. Simultaneously, DHE (0.1, 0.3  $\mu$ M) can reversibly and concentration-dependently reduce the influx of Na<sup>+</sup> and Ca<sup>2+</sup>, and also inhibit atrial delayed depolarization caused by epinephrine and high extracellular Ca<sup>2+</sup> in isolated human atrial and ventricular myocytes (Loh et al., 2014). Therefore, DHE can produce an antiarrhythmic effect by reducing the inward current of Na<sup>+</sup> and Ca<sup>2+</sup>, and increasing the pH value of intracellular fluid and  $Na^+-H^+$  exchange in the resting state (Loh et al., 1992; Loh et al., 2014). In addition, DHE lowers blood pressure while slowing heart rate (Shoji et al., 1986; Yang et al., 1990). The related mechanisms of its anti-hypertensive effect include potassium channel activity (Chiou et al., 1996b).

DHE has a vasodilatory effect, which slows down the heart rate while reducing blood pressure. The lowering effect of diastolic blood pressure was stronger than that of systolic blood pressure, suggesting that DHE has the effect of dilating blood vessels (Loh et al., 1992). This vasodilator effect is related to calcium channel blockade, NO-cGMP system, potassium channel activity, *etc.* (Chiou et al., 1996b). In terms of two-way regulation of blood pressure, DHE has a clear blood pressure-lowering effect and a significant anti-hypertensive effect on diastolic blood pressure, which is manifested as vasodilation. Its vasodilatory mechanism is the inhibition of receptor-mediated Ca<sup>2+</sup> channels and endothelial activation in vascular smooth muscle (Chiou et al., 1996b). The pharmacological properties of DHE and its potential biological mechanisms are shown in Figure 3.

Although the beneficial effects have been synthetically reported, the potential toxicological risks of DHE as a quinazoline alkaloid still need attention. In the cardiovascular system, studies have found that DHE has a proarrhythmic effect (Baburin et al., 2018; Hamburger, 2019), which can cause arrhythmias in chronic atrioventricular block dogs and in anesthetized rabbits. Specifically, DHE can prolong the QT interval of dogs and rabbits, and dogs can cause TdP. However, higher doses of DHE did not induce TdP. As for the digestive system, DHED was also reported to have potential hepatotoxicity (Lin et al., 2015). However, there was no significant difference in the liver/body weight ratio of mice after intragastric administration of large doses of DHE, suggesting that DHE did not cause significant hepatomegaly. In addition, 80 mg/kg DHE did not cause significant changes in serum liver function indicators ALT and AST levels in mice after 21 days of treatment, indicating that DHE had no significant hepatotoxicity. Moreover, it has also been reported that DHE destroys the homeostasis of bile acids without causing hepatotoxicity by upregulating CYP7A1 or BSEP through a mechanism that is yet to be determined (Zhang Y. et al., 2018). Thus, whether DHE causes hepatotoxicity varies based on experimental conditions and remains controversial. More rigorous and well-designed studies are needed to elucidate the toxicological risks of DHE.

Currently, most of the research on DHE is focused on its pharmacokinetics, chemical constituents, pharmacological effects, and mechanism of action. However, the research is superficial and not in-depth, and the research methods are relatively backward. Therefore, it is necessary to use advanced scientific and technological means to conduct more in-depth research on the chemical constituents and pharmacological mechanism of DHE, especially the pharmacological mechanism of the central nervous system, cardiovascular system, anti-tumor, anti-inflammatory, and other aspects. On the whole, the follow-up research on the chemical constituents and pharmacological activity of DHE should start from the following three aspects: ① The first is to deeply study its pharmacological effects and mechanism of action, and to more comprehensively expound the scientific connotation of the biological activity of DHE, which can provide a strong scientific basis for clinical application; ② The second is to explore the potential pharmacological effects of DHE that have not yet been reported, and expand the application scope of DHE; ③ Thirdly, strengthen the development and utilization of DHE, and enhance its effectiveness and give full play to its medicinal value by modifying the structure of DHE.

#### Author contributions

SF wrote and amended this manuscript. LL reviewed the drafts and searched the references. YY and YB carefully checked the references. YZ and HW checked crucial information in this manuscript. JW conceived and designed the study. All data were generated in-house, and no paper mill was used. All authors agree to be accountable for all aspects of work ensuring integrity and accuracy.

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## **Conflict of interest**

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphar. 2022.1040154/full#supplementary-material

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# Glossary

DHE Dehydroevodiamine TCM Traditional Chinese medicine **EF** Evodiae Fructus CVD Cardiovascular diseases LC-MS Liquid chromatography-mass spectrometry AD Alzheimer's disease CAG Chronic atrophic gastritis RA Rheumatoid arthritis DMSO Dimethyl sulfoxide AChE Acetylcholinesterase AUC Area under concentration-time curve MRT Mean residence time CL Clearance **BBB** Blood-brain barrier ChEIs Cholinesterase inhibitors cx-DHED Carboxy-dehydroevodiamine·HCl NCAM Neural cell adhesion molecule CA Calyculin A PP Protein phosphatase **A**β β-amyloid SOD Superoxide dismutase p.o Peros **i.p.** Intraperitoneal injection ROS Reactive oxygen species GSK-3 Glycogen synthase kinase-3 WT/GFX Wortmannin and GF-109203X Tg Transgenic NMDARs N-methyl-D-aspartate receptors MCA Middle cerebral artery 5-HT 5-Hydroxytryptamine NHE Na<sup>+</sup>-H<sup>+</sup> exchanger

**IDO** Indomethacin MPO Myeloperoxidase TNF-a Tumor necrosis factor-a IL-6 Interleukin-6 IL-10 Interleukin-10 ERK Extracellular signal-regulated kinase JNK c-Jun N-terminal kinase MNNG N-methyl-N'-nitro-N-nitrosoguanidine VEGF Vascular endothelial growth factor HIF-1a Hypoxia-inducible factor-1 alpha NF-κb Nuclear factor kappa-B TFF1 Trefoil factor family one EGF Epidermal growth factor NO Nitric oxide **IFN-***α* Interferon alpha LPS Lipopolysaccharide iNOS Inducible nitric oxide synthase CFA Complete freund's adjuvant AIA Adjuvant-induced arthritis IL-1β Interleukin-1 beta IL-17 Interleukin-17 MMP-1 Matrix metallopeptidase 1 MMP-3 Matrix metallopeptidase 3 MAPK Mitogen-activated protein kinase CYP1A Cytochrome P450 family 1 subfamily A member 1 hERG Human ether-a-go-go related gene TdP Torsade de Pointes EADs Early after depolarizations ALT Alanine aminotransferase AST Aspartate aminotransferase BSEP Bile salt export pump

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