

Delivering nucleic acids to immune and non-immune cells

Edited by

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Diana Boraschi

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Delivering nucleic acids to immune and non-immune cells

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Editorial: Delivering nucleic acids to immune and non-immune cells

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Editorial on the Research Topic

Delivering nucleic acids to immune and non-immune cells

For decades, there has been ongoing research focused on the targeted delivery of therapeutic DNA and/or RNA molecules designed to regulate the expression of specific genes. This field of study aims to advance new clinical approaches for therapies that target the genetic components of various diseases in a personalized manner. The technology had an impressively rapid advancement and gained global recognition, particularly in the new vaccination strategies adopted during the COVID-19 pandemic (1, 2). However, a major obstacle that still hinders the broader success of nucleic acid-based therapies and vaccines lies in the inefficient delivery of these biopolymers to human cells, as well as in ensuring their subsequent intracellular release and optimal performance. The challenges arise from the inherent limitations of naked, non-modified oligonucleotides, among which are their susceptibility to rapid degradation by nucleases and renal clearance, the inefficient crossing of biological membranes, and the potential to induce uncontrolled immunological responses (3, 4). To optimize the efficacy while minimizing the harmful side effects of nucleic acid cargos, recent research has focused on improving the design of delivery systems suitable for rationally designed DNA and RNA molecules (5). A special emphasis on targeting immune cells is warranted in the case of vaccination. The strategy aims to shuttle the antigen-coding nucleic acids to cells that will be able to synthesize, process, and present the antigens. By doing so, optimally protective immune responses will lead to the development of long-term protective immunological memory.

The current Research Topic features a collection of fifteen review and research articles curated by international leaders in the fields of nucleic acid therapies, immunology, and drug delivery. The manuscripts present a range of innovative technologies encompassing the design of various nucleic acid-based therapeutics, assessment of their biological activities, and optimization of administration conditions.

Antigen-encoding nucleic acids can be optimized for a particular application through several strategies. The review by [Vishweshwaraiah and Dokholyan](#) provides a comprehensive assessment of rational design and optimization strategies for mRNA vaccines, highlights different platforms available for vaccine delivery, and discusses the limitations and future challenges associated with this emerging technology.

By encoding appropriate target proteins, such as the Spike protein of SARS-CoV-2, and selecting between the B- and T-cell epitopes, it becomes possible to elicit either antibody or cellular responses. Also, the specification of CD4 and CD8 epitopes can assist in the stimulation of helper and cytotoxic responses, respectively. The research by [Del Riego et al.](#) provides an analysis of the levels of SARS-CoV-2 specific antibodies and T cells in intensive care unit workers. The aim is to gain additional insights into their immune protection following vaccination. Additionally, [Becker et al.](#) share longitudinal vaccination response data in dialysis patients and control subjects, as part of a mixed mRNA vaccination scheme, and [Raptis et al.](#) report differences in immune responses for patients with inflammatory rheumatic diseases, which depended on the type of administered mRNA vaccine. [Garcia-Dominguez et al.](#) discover that the dosing intervals in mRNA vaccination could improve the durability of immune responses, with longer intervals being preferable.

The inclusion of chemical modifications and sequence optimization plays a crucial role in defining the stability, cellular localization, and therapeutic efficacy of delivered mRNA ([6](#), [7](#)). These strategies enable fine-tuning mRNA physicochemical properties, enhancing its lifetime, and optimizing its performance as a therapeutic agent. In their research article, [Bai et al.](#) present a nucleoside-modified Rabies mRNA-lipid nanoparticle vaccine able to induce prolonged immune responses in animal models, while [Rice et al.](#) employ heterologous vaccination to elicit robust cellular immunogenicity with increased protection against the emerging variants of SARS-CoV-2 infection.

Nucleic acid technologies, combined with the innate capacity of the human immune system to detect nucleic acids and initiate efficient immune/inflammatory responses, have paved the way for their potential use as adjuvants and immunostimulants ([8](#)). These applications are crucial for enhancing vaccine efficacy. The review by [Gu et al.](#) provides a good overview on the relationship between circular RNA and immunity, highlighting the current applications and future directions of these technologies. Consequently, it is imperative to focus research efforts on the design of nucleic acids that can induce controlled inflammation in a limited manner, both temporally and anatomically. For instance, this can be achieved by targeting Toll-like receptors (TLRs) or NOD-like receptors (NLRs). A clinical trial reported by [Daniel et al.](#) reveals the first-in-human Phase 1 study of immunostimulatory spherical nucleic acids designed to target TLR9. The results make this compound promising as an immunotherapy agent.

Recent advancements in nucleic acid bioengineering have led to the emergence of nucleic nanoparticles (NANPs), multistranded nanoassemblies composed exclusively of RNA, DNA, and their chemical analogs, which offer an innovative approach for regulated personalized immunostimulation and drug delivery ([9](#), [10](#)). By changing the composition and architectural features of NANPs, it becomes possible to target the activation of specific pattern recognition receptors (e.g., TLR7 or RIG-I) and promote the delivery of scaffolded antigens and therapeutics to the diseased cells ([11](#), [12](#)). Panigaj et al. review recent developments and applications of NANPs, rationally designed for therapeutic immunomodulation, and identified current limitations and future directions of this innovative platform.

Efficient intracellular delivery of nucleic acid therapeutics relies on the use of various carriers, among which are viral vectors, highly

efficient but with problems of immunogenicity and specificity of targeting, lipid nanoparticles (LNPs), currently the lead delivery systems for nucleic acid-based vaccines and therapeutics, exosomes, extracellular vesicles, a recent promising delivery and diagnostic technology that is still at early stages of its development, as well as various inorganic nanoparticles and polymers ([13](#), [14](#)). In their review, [González-Rioja et al.](#) revise the synthetic methods, physicochemical characterization, and pharmacokinetics of surfactant ionizable lipid nanoparticles loaded with RNA therapeutics. The review articles by [Gao et al.](#) and [Zhang et al.](#) discuss the application of extracellular vesicles and exosomes as new diagnostic tool and drug delivery carriers for cancer immunotherapies, respectively. Finally, [Gusta et al.](#) develop a panel of cationic gold nanoparticle-based nanovectors used for the safe and sustained internalization of mRNAs via endocytosis. The obtained results with cell culture experiments show promise for this technology to be used as a delivery platform for nucleic acids.

With further developments of nucleic acid-based technologies, it is essential to address the potential risks associated not only with therapeutic cargos but also with other formulation components that can lead to excessive inflammation, cytokine storms, and the development of autoimmune and inflammatory diseases ([15](#), [16](#)). The review by [Dobrovolskaia](#) shares the valuable insights obtained from the extensive experience of the Nanotechnology Characterization Laboratory regarding the interactions between different nanoparticles and the immune system, which significantly impact the safety and effectiveness of formulations.

In summary, while nucleic acid therapies hold immense promise and have achieved significant advancements, their broader applications still necessitate further improvements, among which are increasing delivery efficiencies, providing storage and handling of all formulations at ambient temperatures, design-driven regulation of immunorecognition and toxicities, and lowering production costs by addressing technological hurdles and logistical challenges ([17](#)).

Author contributions

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Conflict of interest

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Past, Present and Future: The Relationship Between Circular RNA and Immunity

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The immune system has evolved since the birth of humans. However, immune-related diseases have not yet been overcome due to the lack of expected indicators and targeting specificity of current medical technology, subjecting patients to very uncomfortable physical and mental experiences and high medical costs. Therefore, the requirements for treatments with higher specificity and indicative ability are raised. Fortunately, the discovery of and continuous research investigating circular RNAs (circRNAs) represent a promising method among numerous methods. Although circRNAs were regarded as metabolic wastes when discovered, as a type of noncoding RNA (ncRNA) with a ring structure and wide distribution range in the human body, circRNAs shine brilliantly in medical research by virtue of their special nature and structure-determined functions, such as high stability, wide distribution, high detection sensitivity, acceptable reproducibility and individual differences. Based on research investigating the role of circRNAs in immunity, we systematically discuss the hotspots of the roles of circRNAs in immune-related diseases, including expression profile analyses, potential biomarker research, ncRNA axis/network construction, impacts on phenotypes, therapeutic target seeking, maintenance of nucleic acid stability and protein binding research. In addition, we summarize the current situation of and problems associated with circRNAs in immune research, highlight the applications and prospects of circRNAs in the treatment of immune-related diseases, and provide new insight into future directions and new strategies for laboratory research and clinical applications.

Keywords: circRNAs, immunity, immune-related diseases, autoimmune diseases, tumor, infectious diseases

1 INTRODUCTION

CircRNAs are molecules belonging to the noncoding RNA family that form ring-like structures with covalent bonds without 5' caps and 3' poly (A) tails (1). CircRNAs were first found in pathogens but were regarded as meaningless or even incorrect expression products for decades. In recent years, researchers have begun to realize the importance of circRNAs with the rapid development of specific biochemical and computational methods, such as high-throughput sequencing technology and microarray techniques (2, 3). CircRNAs are generally stable and thought to have unique structural

conformations that differ from their linear RNA homology (4). As confirmed, circRNAs are principally formed *via* the junction of a downstream 3' site with an upstream 5' site, generated *via* back-splicing or exon skipping of pre-mRNAs in general (5, 6). Over years of research, circRNAs have been found to feature four main characteristics (**Figure 1**). First, circRNAs are connected from end to end to form ring structures, enhancing their stability and resistance to most ribonucleases. Studies have shown that the half-life of circRNAs is longer than that of corresponding linear transcripts, which is beneficial for the transportation, preservation, and analysis of samples. Second, circRNAs are conserved, tissue- and spatiotemporal specific, resulting in

acceptable reproducibility and individual differences (7). Third, circRNAs are abundant and almost endogenous (8, 9). The expression level of circRNAs changes accordingly under physiological or pathological conditions. Therefore, the change in the amount of circRNAs can reflect the stage of disease to some extent. Fourth, circRNAs are widely distributed and have high detection sensitivity (8). Currently, circRNAs are commonly divided into the following four categories according to their constituent sequences: exonic circRNAs (ecircRNAs), circular intronic RNAs (ciRNAs), exon-intron circRNAs (EIciRNAs) and tRNA intronic circular RNAs (tricRNAs). However, the circRNAs currently found are mainly derived from exons (5, 9).

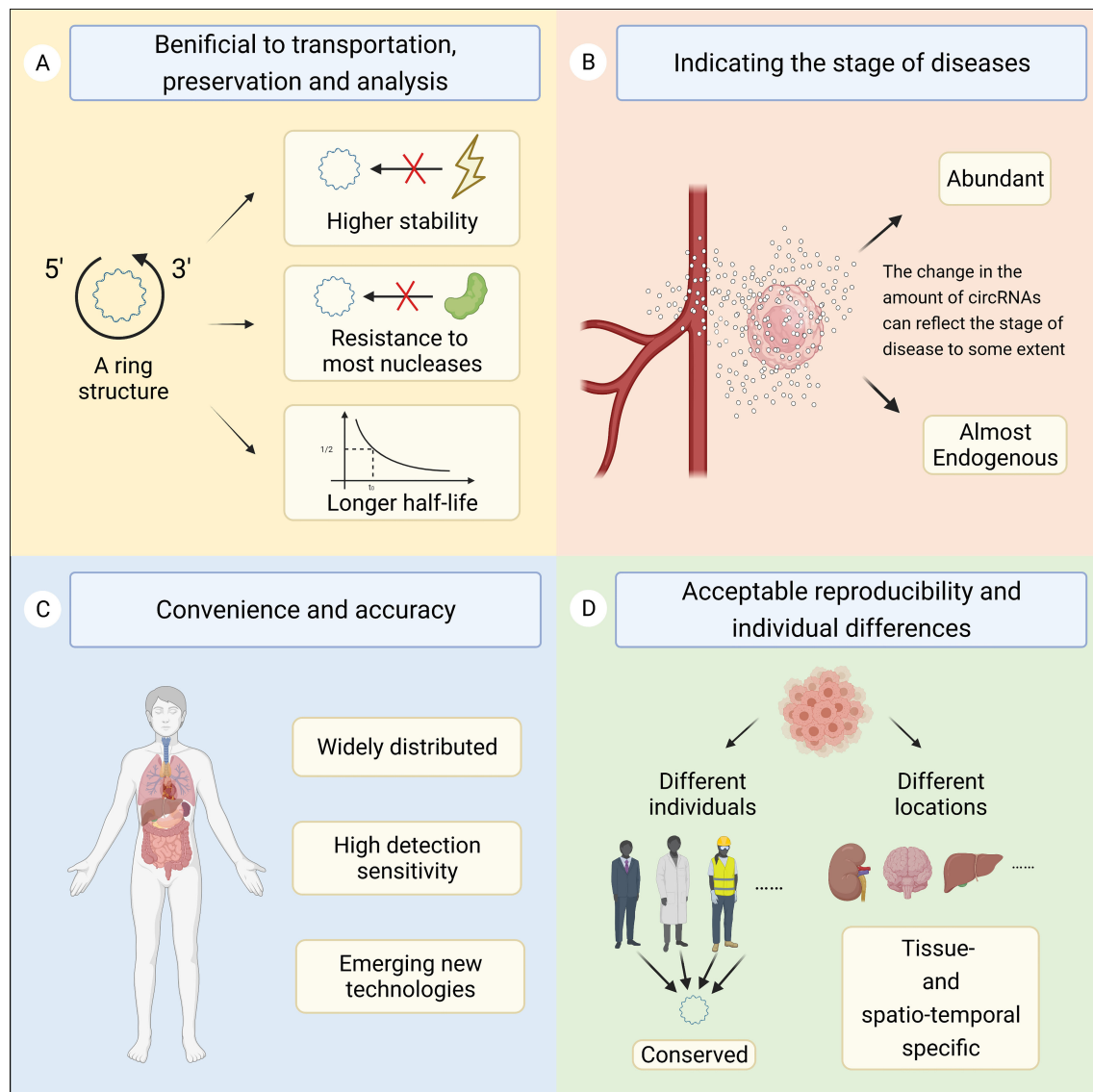


FIGURE 1 | This figure shows the four main characteristics of circRNAs. **(A)** The ring structure is beneficial for the transportation, preservation, and analysis of samples. **(B)** The change in the amount of circRNAs can reflect the stage of disease to some extent. **(C)** CircRNAs are widely distributed and have high detection sensitivity. **(D)** CircRNAs are conserved, tissue- and spatiotemporal specific, resulting in acceptable reproducibility and individual differences.

Since the advent of empirical immunology, research investigating immunity has lasted for a long time. The immune system plays a dual role in the fight against diseases. On the one hand, the body's immune barrier acts as a defense against intruders, and a functioning immune system can quickly detect and address abnormal conditions in the body. On the other hand, a dysregulated response of the human immune system may lead to the deterioration of the disease or the emergence of autoimmune diseases. With the development of research, scientists have noticed that circRNAs are of vital importance in human immunity and have potential clinical significance in the diagnosis and treatment of autoimmune diseases, tumor immunity, infectious diseases and other immune-related diseases (9–12).

This review expounds upon the progress and existing problems in this field and provides potential development directions for the future to improve the environment for clinical treatment.

2 BIOLOGICAL FUNCTIONS OF CIRCRNAS

According to current studies, circRNAs participate in different physiological processes of human diseases and perform a wide range of functions as miRNA sponges, transcription templates, special protein binding sites and regulators of host genes. Many current studies have focused on circRNAs in the cytoplasm, and some of those circRNA were reported to act as competing endogenous RNAs (ceRNAs) and usually function as sponges for miRNAs, thereby regulating miRNAs targeting gene expression (13, 14). A typical example is CDR1as, namely, ciRS-7, which contains more than 70 miRNA response elements (MREs) for miR-7 and can combine with miR-7 to downregulate its miRNA actions (15–17). In addition, circRNAs can use their specific regions to interact with proteins (18), function as protein scaffolds (19) and recruit specific proteins to certain locations in cells (20); thus, circRNAs with internal ribosome entry sites (IRESs) and infinite open reading frames (ORFs) can be translated under specific circumstances (21, 22). Moreover, circRNAs correlated with RNA polymerase II (Pol II) in human cells, localizing in the nucleus, could modulate the expression of their host genes (23, 24). However, unfortunately, research concerning the function of circRNAs only focuses on a small fraction of circRNAs that have been found, thereby requiring more specificity. Therefore, there is still more development space for other types of circRNAs that are less studied, rendering the future of this field full of uncertainty and promises.

3 ROLES OF CIRCRNAS IN IMMUNE-RELATED DISEASES

Many studies have been performed to uncover the mechanism of immunity with the purpose to solve the problems of

immunological diseases. With continuous research development, increasing evidence has emerged showing that circRNAs are able to intervene in the biological processes of assorted immune-related diseases by acting as miRNA sponges, protein interactors, mRNA stability maintainers, potential biomarkers and therapeutic targets *via* diverse axes and intricate signaling pathways (Table 1). In this section (Figure 2), we describe new experimental progress in circRNAs that participate in organ-specific autoimmune diseases (OSADs), systemic autoimmune diseases (SADs), tumor immunology, and infectious diseases and summarize the roles of circRNAs in other studies.

3.1 CircRNAs in Organ-Specific Autoimmune Diseases

In OSADs, autoantigens are a specific component of an organ, and the pathological damage and dysfunction of tissue are limited to the organ targeted by antibodies or lymphocytes. Multiple sclerosis (MS) is an autoimmune disease that demyelinate the white matter of the central nervous system. Although the specific pathogenesis remains unclear, circRNAs have been found to participate in the progression of MS (55). Cardamone et al. indicated that the abnormal metabolism of circRNAs is a potential characteristic of MS (26). Moreover, Iparraguirre et al. found two downregulated circRNAs and considered them potential biomarkers of MS (25). Among ncRNAs, miRNAs and lncRNAs are currently popular issues in MS, while circRNAs are relatively less studied; thus, more research is needed to supplement the regulatory network of ncRNAs in MS (56).

In addition to MS, circRNAs play an important role in many other OSDAs. For example, circRNAs showed promise as candidate biomarkers of primary biliary cholangitis (27), and plasma circRNA_002453 could be used as a novel biomarker of lupus nephritis (28). Researchers also found that circSnx5 control the immunogenicity of dendritic cells as a miRNA sponge, thereby alleviating experimental autoimmune myocarditis (29). Although the participation of circRNAs has further increased the complexity of the mechanism of OSAD, current research is still very simple, and it is difficult to promote the understanding of this type of disease and the therapeutic application of circRNAs.

3.2 CircRNAs in Systemic Autoimmune Diseases

Systemic autoimmune disease is a type of systemic multiple organ damage caused by the extensive deposition of antigen and antibody complexes on the vascular wall, and systemic lupus erythematosus (SLE) is a common disease. The exact cause of SLE is still unclear, but circRNAs have recently been regarded as vital molecules in SLE. Li et al. compared the different circRNA profiles in T cells from healthy and ailing patients and then revealed the biofunction of hsa_circ_0045272 (30). Currently, many circRNAs have been identified as biomarkers of SLE (31–34). Recently, Zhang et al. retrieved the GEO database and obtained a regulatory network, providing novel insight into the role of circRNAs in SLE (57).

TABLE 1 | Roles of circRNAs in four main immune-related diseases.

Diseases	circRNAs	Functions	Related molecules	Related pathways	Ref
Organ-specific autoimmune diseases					
Multiple sclerosis	circ_0005402 circ_0035560	Potential biomarker	— —	— —	(25)
Primary biliary cholangitis	hsa_circ_0106803	Potential biomarker	— —	— —	(26)
Lupus nephritis	hsa_circ_402458	Potential biomarker	— —	— —	(27)
Autoimmune myocarditis	circ_002453	Potential biomarker	— —	— —	(28)
	circSnx5	miRNA sponge	miR-544, SOCS1, PU.1	JAK/STAT signaling pathway, MAPK signaling pathway	(29)
Systemic autoimmune diseases					
Systemic lupus erythematosus	hsa_circ_0045272	miRNA sponge	IL-2, hsa-miR-6127	Apoptosis signaling pathway	(30)
	hsa_circ_0000479	Potential biomarker	— —	— —	(31)
	hsa_circ_0044235	Potential biomarker	— —	— —	(32)
	hsa_circ_0068367				
	circPTPN22	Potential activity indicator	— —	— —	(33)
	hsa_circ_407176	Potential biomarker	— —	— —	(34)
Rheumatoid arthritis	hsa_circ_001308				
	hsa_circ_0001200	Potential biomarker	— —	— —	(35)
	hsa_circ_0001566				
	hsa_circ_0003972				
	hsa_circ_0008360				
	hsa_circ_0000396	Potential biomarker	— —	— —	(36)
	hsa_circ_0130438				
Primary Sjögren's syndrome	hsa_circ_0088036	miRNA sponge	miR-140-3p, SIRT1	AMPK signaling pathway, mTOR signaling pathway	(37)
	hsa_circ_001264	Potential biomarker	— —	— —	(38)
	hsa_circ_104121				
	hsa_circ_045355				
Tumor immunology					
Laryngeal squamous cell carcinoma	hsa_circ_001569	miRNA sponge	CD274, IL-10, FOXP3	Th17 cell differentiation	(39)
	hsa_circ_001859				
Pancreatic adenocarcinoma	circUBAP2	miRNA sponge	CXCR4, ZEB1	Wnt signaling pathway, MAPK signaling pathway	(40)
Melanoma	circ_0020710	miRNA sponge	miR-370-3p, CXCL12	mTOR signaling pathway	(41)
Non-small cell lung cancer	circMET	miRNA sponge	miR-145-5p, CXCL3	TNF signaling pathway	(42)
	circFGFR1	miRNA sponge	miR-381-3p, CXCR4	HIF-1 signaling pathway, Wnt signaling pathway	(43)
Hepatocellular carcinoma	circUHRF1	miRNA sponge, potential biomarker	miR-449c-5p, IFN- γ , TNF- α , TIM-3	TNF signaling pathway, MAPK signaling pathway	(44)
Colorectal cancer	circSPARC	miRNA sponge, protein binder, potential biomarker and therapeutic target	miR-485-3p, JAK2, STAT3, FUS	JAK/STAT signaling pathway	(45)
Infectious diseases					
Pulmonary tuberculosis	hsa_circ_14623	miRNA sponge, potential biomarker	— —	Endocytosis pathways in cancer, MAPK signaling pathway, HTLV-1 infection, and ubiquitin-mediated proteolysis signaling pathway	(46)
	hsa_circ_09585				
	hsa_circ_005538				
	hsa_circ_09993				
	hsa_circ_00074				
	hsa_circ_13478				
	hsa_circ_0005836	potential biomarker and therapeutic target	— —	— —	(47)

(Continued)

TABLE 1 | Continued

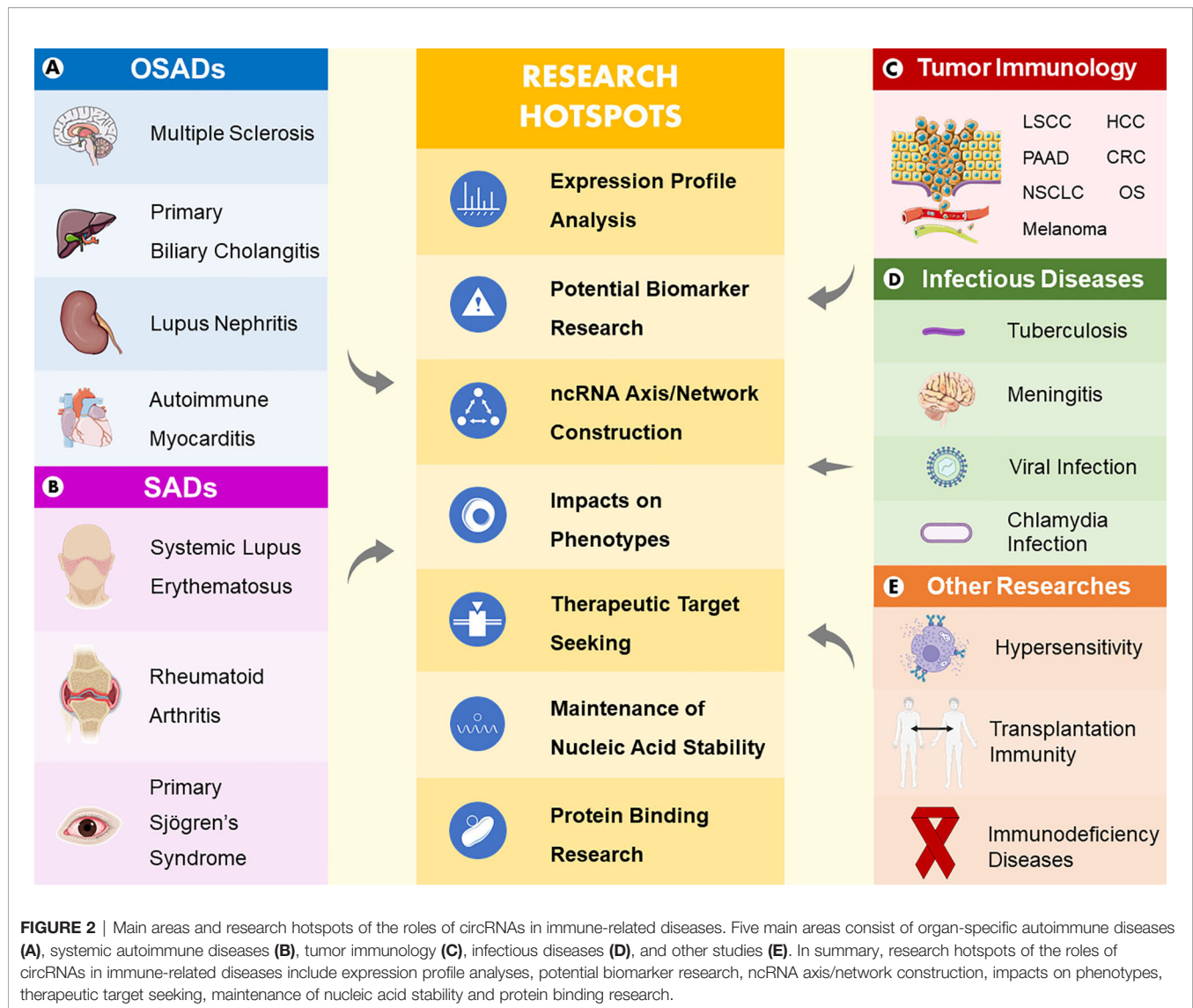
Diseases	circRNAs	Functions	Related molecules	Related pathways	Ref
Active tuberculosis Bacterial meningitis	hsa_circ_001937	potential biomarker	—	—	(48)
	hg38_circ_0002276	miRNA sponge	hsa-miR-5480-3p	—	(49)
	hg38_circ_0031043		hsa-miR-5480-3p	—	
	hg38_circ_0027134		hsa-miR-148a-3p		
	hg38_circ_0032477		hsa-miR-148a-3p		
Viral infection	hg38_circ_0008980		hsa-miR-660-5p		
	hg38_circ_0001582		hsa-miR-194-5p		
	hg38_circ_0017427	interacting with proteins	hsa-miR-107		
	circRNAs		K63, RIG-I, IRF3, NF90/110	Innate immunity	(50, 51)
COVID-19	Ppp1r10 C330019G07Rik circRasGEF1B	miRNA sponge	mmu-miR-124-3p, Ddx58, Gm26917	Antiviral mechanism by IFN-stimulated genes	(52)
Microbial infection Chlamydia infection	hsa_circ_001226 hsa_circ_007046 hsa_circ_400027	maintaining the stability of the mature mRNA miRNA sponge	ICAM-1, LPS, NF- κ B	LPS pathway, NF- κ B pathway, cell cycle, macrophage polarization Endocytosis, MAPK and PI3P-Akt signaling pathway	(53) (54)

Another common type of systemic autoimmune disease is rheumatoid arthritis (RA), whose pathogenesis has not been fully elucidated thus far. Currently, in the research field of circRNAs in RA, research mainly focuses on expression profile analyses, biomarker research and the proliferation and migration of fibroblast-like synovial cells. Wen et al. constructed a network of differentially expressed circRNAs and miRNAs and eventually revealed the expression profile of peripheral blood mononuclear cells (PBMCs) in patients with RA (35). Yang et al. used RNA sequencing technology to uncover the circRNA expression profiles of PBMCs in experimental and control groups and found that circRNAs are novel diagnostic markers of RA (36). Regarding the proliferation and migration of fibroblast-like synovial cells, Zhong et al. found that hsa_circ_0088036 promoted the proliferation and migration of fibroblast-like synovial cells *via* the miR-140-3p/SIRT1 axis in RA (37). In addition to SLE and RA, circRNAs are of great concern in some SADs. For example, Su et al. reported that hsa_circ_001264 might be a biomarker of primary Sjögren's syndrome (pSS) (38). Although circRNAs are closely connected to SADs such as SLE, RA and pSS, research concerning SADs, such as scleroderma, dermatomyositis and polymyositis, currently mainly focuses on miRNAs. Consequently, there is substantial untapped potential in research investigating the mechanisms of circRNAs and SADs.

3.3 CircRNAs in Tumor Immunology

Currently, the study of tumor immunology focuses on the body's immune response to tumors, the mechanism of tumor immune escape tumor immune diagnosis and immune prevention. Over years of research, scientists have discovered that circRNAs are very important molecules in various tumors, playing a variety of immunological functions. The hottest research area is the competing endogenous RNA (ceRNA) network and its regulatory molecules. Sun et al. constructed ceRNA networks based on 133 laryngeal squamous cell carcinoma (LSCC) patients and found that hsa_circ_001569 and hsa_circ_001859 might regulate the expression of CD274, IL-10 and FOXP3, thus intervening in the immune escape of LSCC (39). In another study on ceRNA networks in pancreatic adenocarcinoma (PAAD), Zhao et al. reported that CXCR4 and ZEB1 were regulated by the circUBAP2-mediated ceRNA network, inhibiting antigen presentation and promoting tumor immune escape (40). Among studies investigating ceRNA networks, research focusing on the circRNA/miRNA/mRNA axis is especially plentiful. The effects on cell phenotypes are mainly reflected in the ability to drive tumor immune escape and promote proliferation and metastasis *via* different axes (41, 42). In addition, studies related to anti-PD-1 therapy are included in these reports (43, 44).

With the deepening of understanding, researchers have discovered the potential of circRNAs as therapeutic targets and biomarkers with abilities to assist with diagnosis and prognosis and their function in the immune regulation of exosomes. Wang et al. showed that circSPARC might conceivably act as a possible biomarker for diagnosis and prognosis and a target for therapy in colorectal cancer (CRC) (45). In another study concerning



hepatocellular carcinoma (HCC), scientists reported that the upregulated level of plasma exosomal circUHRF1 decreased NK-cell tumor infiltration, curbing the function of NK cells (44).

Generally, from the laboratory to the clinical level, current research focusing on circRNAs in tumor immunology is proceeding in an orderly manner. Therefore, the application of circRNAs in the future may have a very positive impact on many aspects of tumor immunotherapy, such as diagnosis, treatment, and prognosis.

3.4 CircRNAs in Infectious Diseases

Infectious diseases refer to diseases in which bacteria, viruses, fungi, parasites, and other infectious agents, invade, grow, and reproduce in the body, causing damage to the normal metabolic functions of the tissue structure. Thus far, circRNAs have been found to be used as biomarkers of many infectious diseases in most cases, while emergent corroboration indicates that a small number of circRNAs are verified to directly impact the

regulatory network of infectious diseases (58). By regulating the NF- κ B pathway, the potential miRNA targets of hsa_circ_001937 exert effectiveness in antibacterial immune responses in patients with tuberculosis (46, 48). In a bioinformatics analysis experiment, Zhuang et al. found that hsa_circ_0005836 could be a novel biomarker for diagnosis and prognosis and a target for therapy of active pulmonary tuberculosis (47). In a similar experiment, Yang et al. performed a circRNA transcription analysis of primary human brain microvascular endothelial cells infected with meningeal *Escherichia coli* and preliminarily constructed a potential regulatory network that enhanced our understanding of the mechanisms of bacterial meningitis (49). Additionally, in Marinov et al.'s study focusing on an LPS-inducible circRNA called circRasGEF1B, the authors assumed that inducible RasGEF1B circular RNA may play an essential role in protecting cells against microbial infection by preserving the constancy of the mature mRNA of ICAM-1 in LPS-activated

cells (53), providing a new idea for antimicrobial infection therapies. CircRNAs are of vital importance to the infection of viruses because the abnormal expression of circRNAs may promote or suppress the infection progress of viruses, and vice versa. Studies have shown that when infected with viruses, circRNAs are rapidly degraded by RNase L, releasing PKR (dsRNA-activated protein kinase) linked to circRNAs and participating in innate cellular immune responses (35, 59). Notably, circRNAs initiate innate immunity by combining with K63, which links ubiquitin chains, and RIG-I (retinoic acid-inducible gene I). Exogenous circRNAs without m6A modification can attach to K63 and RIG-I. This complex can promote the polymerization and activation of RIG-I, affect the aggregation of downstream mitochondrial antiviral signals, guide the dimerization and activation of interaction regulating factor 3 (IRF3), and finally induce the expression of autoimmune-related pathway genes (50, 60, 61). The antiviral dsRNA-binding protein NF90/110 can stabilize the secondary structure of intronic RNA, thereby promoting the biogenesis of circRNAs. NF90/110 can also act as global regulators of circRNA biogenesis by reducing their nuclear levels during viral infection (51, 62).

Since the end of 2019, the world has experienced several rounds of outbreaks caused by variants of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) and improper anti-epidemic measures. Omicron, a newly discovered SARS-CoV-2 variant with high transmission, is causing unease and uncertainty. Therefore, whether focusing on the present or the future, it is particularly important to develop new treatment technologies on the basis of existing epidemic prevention measures such as drug development and vaccination (63). CircRNAs, molecules closely associated with viral infection, is one option. A differential host circRNA expression profile analysis in human lung epithelial cells infected with SARS-CoV-2 was completed (64), and two circRNA profile analyses revealed abundant and diverse information regarding the identification and characterization of the circRNAs encoded by SARS-CoV-1, SARS-CoV-2 and MERS-CoV (65, 66), facilitating future studies concerning on COVID-19 infection and pathogenesis. Arora et al. identified a circRNA/lncRNA-miRNA-mRNA ceRNA network involving two circRNAs in SARS-CoV-2-infected cells, enhancing the current understanding of the mechanisms associated with coronavirus disease 2019 (COVID-19) (52). Specific segments of the SARS-CoV-2 5'-untranslated region can be expeditiously accessed by particular antisense circRNAs, resulting in bringing an approximately 90% cutback in virus proliferation in cell culture with a minimal duration of 2 days, which is attractive and promising (67). Briefly, relevant research focused on expression profile analyses, ceRNA construction and therapeutic target seeking. Although circRNAs are in the initial stage in the prevention and treatment of novel coronavirus, with the development of cross-discipline and the emergence of more advanced technology, it is believed that there will be opportunities for circRNAs to display their clinical talents in the future.

In addition to bacteria and viruses, circRNAs function in many other infectious diseases, such as chlamydia infection (54).

In addition to modulating the human body, circRNAs can play a regulatory role in other organisms during infectious diseases, such as parasite infection. Broadbent et al. identified developmentally regulated lncRNAs and circRNAs by strand-specific RNA sequencing in *Plasmodium falciparum* malaria (68), but currently, there is no clinical significance.

Overall, current research concerning circRNAs in infectious diseases mostly focuses on viral and bacterial infections, but in addition to research as biomarkers, these results are still a long way from clinical application.

3.5 CircRNAs in Other Immunological Research

Thus far, we mentioned that circRNAs are of great significance in autoimmune diseases, tumors, and bacterial and viral infections. In addition, expanding the perspective to the whole area, circRNAs perform effectively in hypersensitivity, immunodeficiency diseases and transplantation immunity, namely, the pathological changes caused by immune defense function. However, because the contents and categories of current related studies are relatively similar, there are only a few examples, which are no longer explained in detail here. For instance, circHIPK3 was proven to modulate the proliferation of airway smooth muscle cells by the miR-326/STIM1 axis in asthma (69), a group of ample circRNAs and ceRNA networks were found to likely contribute to acquired immune deficiency syndrome (AIDS) (70), and a two-circular RNA signature of donors was thought to be a biomarker of early allograft dysfunction after liver transplantation (71). In addition to the above diseases, circRNAs play vital roles in a variety of immunological diseases and immune cells. Under stimulation by different pathological factors, the way that circRNAs are involved in the activation of macrophages is a large subject (53, 72–74). In addition, a variety of circRNAs have been identified to influence various immune cells, such as intestinal immune cells (75), lung immune cells poisoned by Nd₂O₃ (76), CD4⁺ T cells in asthma (77) and immune cells in periodontitis (78). In addition to these effects on different immune cells, there are also some studies focusing on innovative technologies. Recently, Wesselhoeft et al. showed that unmodified exogenous circRNA can bypass cellular RNA sensors, thereby avoiding immune responses in RIG-I- and Toll-like receptor (TLR)-competent cells and mice, suggesting that RNA circularization reduces immunogenicity and can prolong the translation time *in vivo* (61).

Studies concerning circRNAs in immune-related diseases are miscellaneous, but the core functions and mechanisms are constant. The discovery of circRNAs has further deepened researchers' understanding of the intricate immune regulatory network. Generally, the immune system has three major functions, namely, immune defense, immune surveillance and immune homeostasis, and circRNAs realize immune-related mechanisms as follows: 1) during immune defense functions, circRNAs can assist the body in removing pathogenic microorganisms and other antigens in various ways; however, hypersensitivity or immune deficiency occurs when the immune response is too high or too low; 2) when immune surveillance operates regularly, circRNAs can help the body remove mutant

cells and virus-infected cells through various pathways; if this function is abnormal, it could lead to tumor occurrence and persistent virus infection; and 3) when immune homeostasis occurs naturally, circRNAs can aid the body in removing damaged or senescent cells in various ways, but imbalance could lead to autoimmune diseases. Therefore, the balance between the immune system and circRNAs plays a key role in whether the body is in a healthy or pathological state.

3.6 Regulatory Mechanisms of circRNAs in Immune-Related Diseases

The regulatory mechanism of circRNAs in immune-related diseases can be summarized into the following two aspects: the regulatory effects of circRNAs on immune-related signaling pathways (Figure 3), such as the MAPK signaling pathway, endocytosis signaling pathway, JAK-STAT signaling pathway, mTOR signaling pathway, and Wnt signaling pathway, and the regulatory effects of circRNAs on immune cells, such as the regulation of macrophages, etc.

3.7 Important Signaling Pathways of circRNAs Involved in the Regulation of Immune-Related Diseases

3.7.1 MAPK Signaling Pathway

The MAPK signaling pathway is a signal transduction system important for eukaryotic cells to mediate extracellular signals in the intracellular response. This pathway transduces extracellular signals in the form of a triple kinase cascade, namely, MAP kinase kinase kinase (MKKK), MAP kinase kinase (MKK) and MAP kinase (MAPK), which regulates a variety of physiological processes, such as cell growth, differentiation, apoptosis and death. There are four main branches of the MAPK pathway as follows: extracellular-signal regulated protein kinase (ERK), c-Jun N-terminal kinase (JNK), p38 mitogen-activated protein kinase (p38 MAPK) and ERK5. Among them, JNK and p38 have similar functions, which are related to inflammation, apoptosis and cell growth; ERK is mainly responsible for cell growth and differentiation, and its upstream signals are the famous Ras and Raf proteins (79, 80). According to current studies, circRNAs mainly play roles as miRNA sponges in the MAPK signaling pathway in immune-related research. For example, Chen et al. found that circSnx5 acted as a sponge of miR-544 to upregulate suppressor of cytokine signaling 1 (SOCS1) (81). Zhang et al. revealed the circUHRF1/miR-449c-5p/TIM-3 axis in HCC (44). Zhao et al. constructed a ceRNA network consisting of 4 DEcircRNAs, 3 DEmiRNAs and 149 DEMRNAs in PAAD (40), which also showed the sponge function of circRNAs. Among the regulated proteins, SOCS1 (82–84), TIM-3 (85–87), ZEB1 (88–90), etc., serve as important regulators in the MAPK signaling pathway.

3.7.2 Endocytosis Signaling Pathway

Endocytosis is the process of transporting extracellular substances into cells through the deformed movement of the plasma membrane. Endocytosis can be divided into phagocytosis, pinocytosis and receptor-mediated endocytosis

according to the size and mechanism. According to clathrin dependence, endocytosis can be divided into clathrin-dependent endocytosis (CDE) and clathrin-independent endocytosis (CIE). In terms of trends, the mechanism of the relationship between signal transduction and endocytosis has received increasing attention in studies investigating of the occurrence and development of many diseases. Endocytosis has been proven to be closely related to lipid metabolism, intracellular iron homeostasis, metabolism, immunity and other functions (91–93). On the basis of existing research, circRNAs mainly participate in the endocytosis pathway as miRNA sponges in immune-related research. Abnormally expressed circRNAs were identified in pulmonary tuberculosis (46) and chlamydia infection (54), and all were predicted to be miRNA sponges. Through bioinformatics analyses, these circRNAs were found to be related to the endocytosis signaling pathway. A special study focused on the protein translation function of circRNAs, and verified that circ-EGFR attenuates EGFR endocytosis and degradation (94).

3.7.3 JAK-STAT Signaling Pathway

The JAK-STAT signaling pathway has been revealed to consist of the following four parts: extracellular signaling factors, tyrosine kinase-related receptors, tyrosine kinase called Janus kinase (JAK) that transmits signals, and transducer and activator of transcription (STAT) that exerts effects. When a variety of cytokines and growth factors bind receptors, JAK is activated, and then the activated JAK phosphorylates the receptor and itself. These phosphorylated sites become the binding sites of STAT with an SH2 structure, thus recruiting and phosphorylating STAT and allowing it to enter the nucleus in the form of a dimer to bind to target genes, regulating the transcription of downstream genes and modulating the process of cell proliferation, differentiation and apoptosis (95, 96). In light of research conducted thus far, circRNAs mainly act as miRNA sponges in the JAK-STAT signaling pathway in immune-related research. For instance, Wang et al. uncovered the circSPARC/miR-485-3p/JAK2 axis in CRC (45). In type 1 diabetes mellitus, Yang et al. identified the hsa_circ_0060450/miR-199a-5p/mRNAs axis, which suppressed the JAK-STAT signaling pathway triggered by IFN-I (97).

3.7.4 mTOR Signaling Pathway

Mammalian target of rapamycin (mTOR) is an evolutionarily conserved serine/threonine protein kinase that can regulate a variety of cell functions by phosphorylating its downstream target protein. There are two key complexes in the mTOR signaling pathway called mTOR complex 1 (mTORC1, including mTOR, Raptor, mLST8, etc.) and mTOR complex 2 (mTORC2, including mTOR, Rictor, mLST8, etc.). mTORC1 is activated in the presence of lysosome levels, ER stress, sterols, hypoxia and energy stress to regulate several biological processes, including lipid metabolism, autophagy, protein synthesis and ribosomal biogenesis, while mTORC2 responds to growth factors and controls cytoskeletal organization, metabolism and cell survival (98–100). According to studies, circRNAs mainly exert an influence as miRNA sponges in the mTOR signaling pathway in immune-related research. For example, Zhong et al. revealed

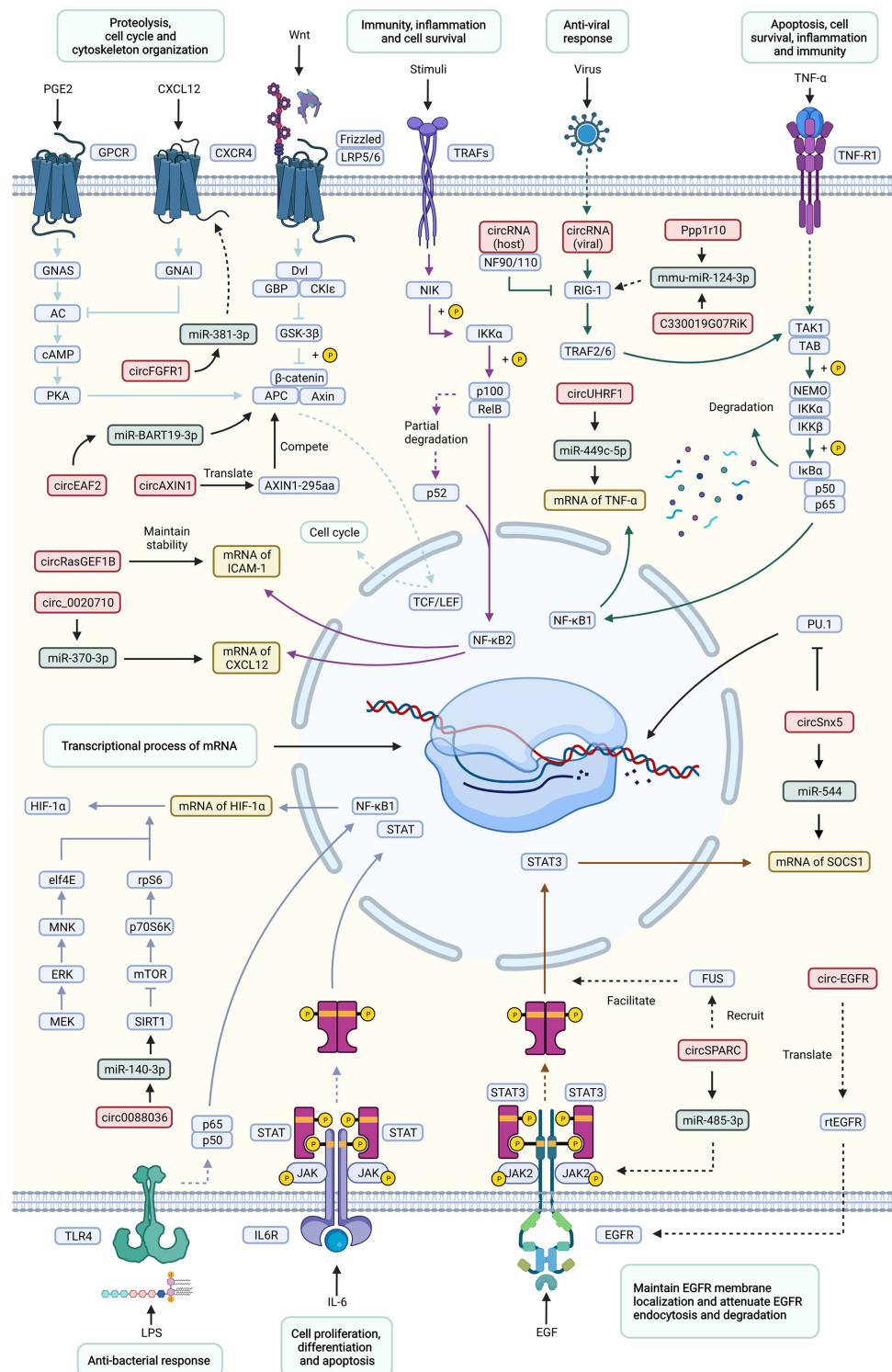


FIGURE 3 | Important signaling pathways of circRNAs involved in the regulation of immune-related diseases. This figure shows how circRNAs influence immune-related diseases via a variety of signaling pathways, including the Wnt, TNF, NF- κ B, JAK-STAT, mTOR, antiviral and antibacterial pathways, and the corresponding responses. Effects and processes are shown in light green rectangles, circRNAs are shown in red rectangles, miRNAs are shown in dark green rectangles, mRNAs are shown in yellow rectangles, and proteins are shown in blue rectangles. Different signaling pathways are distinguished by arrows and inhibitors of different colors. Solid lines represent direct interactions between molecules, while dotted lines represent indirect interactions.

the circ0088036/miR-140-3p/silent information regulator 1 (SIRT1) axis in the promotion of RA (37). Wei et al. indicated the importance of the circ_0020710/miR-370-3p/CXCL12 axis in melanoma (41). Regarding the regulated proteins, SIRT1 (101–103), CXCL12 (104–106), etc., served as important regulators in the mTOR signaling pathway.

3.7.5 Wnt Signaling Pathway

The Wnt signaling pathway is a complex regulatory network that has been verified to include at least the following three branches: the classical Wnt signaling pathway, namely, the Wnt/ β -catenin signaling pathway, Wnt/planar cell polarity (PCP) pathway and Wnt/ Ca^{2+} pathway activated by Wnt5a and Wnt11. Wnt mainly transmits signals through 7 transmembrane receptors of the Frizzled family and LRP5/6 coreceptors and plays a regulatory role in cells through key molecules such as CK1, Deshevelled, GSK3, APC, Axin, and β -Catenin (107–109). Currently, circRNAs mainly produce marked effects as miRNA sponges in the Wnt signaling pathway in immune-related research. For instance, Zhang et al. stated that the circFGFR1/miR-381-3p/CXCR4 axis promoted NSCLC progression and resistance to anti-programmed cell death 1 (PD-1)-based therapy (43). Zhao et al. proposed that circEAF2 counteracts Epstein–Barr virus-positive diffuse large B-cell lymphoma progression *via* the miR-BART19-3p/APC/ β -catenin axis (110). Regarding the regulated proteins, CXCR4 (111–113), APC (114–116), etc., served as important regulators in the Wnt signaling pathway. Specifically, a study revealed that a novel protein AXIN1-295aa encoded by circAXIN1 activated the Wnt/ β -catenin signaling pathway to promote gastric cancer progression (117).

In addition to the pathways highlighted above, circRNAs participate in the regulation of the TNF, AMPK, HIF-1 and NF- κ B. signaling pathways, but generally, the mechanisms are similar; thus, circRNAs exert effects on immune function and immune-related diseases mainly by translating proteins and acting as miRNA sponges.

3.7.6 Regulation of circRNAs in Immune Cells

CircRNAs have various regulatory functions and have been detected in different types of immune cells, such as macrophages, dendritic cells (DCs), natural killer cells (NK cells), CD4⁺ T cells and CD8⁺ T cells. By inhibiting or promoting the activation or exhaustion of these cells, circRNAs participate in the development of various diseases.

3.7.7 Regulation of circRNAs in Macrophages

CircRNAs affect the activation of macrophages. For instance, mouse macrophages specifically express circ-RasGEF1B in the form of NF- κ B after being stimulated by lipopolysaccharide (LPS), which can activate macrophages by positively regulating the expression of intercellular adhesion molecule-1 (ICAM-1) (53, 72). Zhang et al. found that circPPM1F participates in the activation of M1 macrophages in diabetic patients (118), while another study showed that hsa_circ_0110102 inhibits macrophage activation *via* the miR-580-5p/PPAR α /CCL2 pathway (119). In addition, SiO₂ induces macrophage activation through the circHECTD1/HECTD1 pathway and

circZC3H4 RNA and ZC3H4 protein in the process of pulmonary fibrosis (120, 121). In addition, circRNA HIPK3 and circUbe3a can activate macrophages, while the latter participates in the process of myocardial fibrosis (122, 123).

Furthermore, circRNAs can lead to the polarization of tumor-associated macrophages to M1 or M2 macrophages. One study showed that circN4 bp1 could act as a miR-138-5p sponge for the modulation of macrophage polarization through the regulation of the expression of EZH2 (a histone methyltransferase) (124). Moreover, circRNA Cdy1, circPrkcs and circPPM1F were found to play a role in inducing M1 macrophage polarization (118, 125, 126). Many studies have highlighted the importance of circRNAs in the occurrence and development of tumors, and one effect is the mediation of the polarization of M2 macrophages. For example, tumor-derived extracellular circFARSA was discovered to mediate the polarization of M2 macrophages (127). Additionally, cyclic RNA PLCE1, circITGB6, circ_0001142 and hsa_circ_0074854 were also found to play such a role (128–131).

CircRNAs also play a role in regulating the macrophage-related inflammatory response; for example, hsa_circ_0005567 can promote M2 macrophage polarization *via* the mir-492/SOCS2 axis (132). Moreover, hsa_circ_0004287 inhibits macrophage-mediated inflammation in an N-methyladenosine-dependent manner in atopic dermatitis and psoriasis (133). Furthermore, circRNAs can also advance the inflammatory response. In gouty arthritis, circHIPK3 was found to be able to activate the macrophage inflammasome (134), as did hsa_circ_0087352, circ_1639 and circ_0001490 (135–137). Significantly, in Mycobacterium tuberculosis infection, circRNAs TRAPPC6B and hsa_circ_0045474 can induce autophagy in macrophages (138, 139). Other studies have found that the circRNA calcitonin gene-related peptide (CGRP) can induce macrophages to express IL-6 (140).

3.7.8 The Regulation of circRNAs on Other Immune Cells

Current research investigating the correlation between circRNAs and immune cells mainly focuses on macrophages, and there are relatively few studies of other cells. Here, we briefly review the regulation of circRNAs in NK cells, DCs, CD4⁺ T cells and CD8⁺ T cells.

CircRNAs can promote NK-cell depletion and regulate cytotoxicity. A study found that hsa_circ_0048674 and cancer cell-derived exosome circUHRF1 can induce NK-cell dysfunction (44, 141). Hsa_circ_0007456 regulates NK-cell-mediated hepatocellular carcinoma cytotoxicity through the mir-6852-3p/ICAM-1 axis (131). Moreover, circARSP91 can enhance innate immune surveillance by strengthening the cytotoxicity of NK cells (142). In addition, circrHT1 knockout can aggravate the sensitivity of bladder cancer cells to NK cells, and another study showed that circ_0000977 knockout can enhance the killing effect of NK cells on pancreatic cancer cells through HIF1A and ADAM1 (143, 144). A GO analysis showed that circRNAs were involved in regulating DC differentiation and other biological functions (145). Chen et al. found that circSnx5 controls the immunogenicity of DCs through the miR-

544/SOCS1 axis (29). Furthermore, Wang et al. discovered that the knockdown of circFSCN1 could affect the ability of DCs to activate T cells and enhance Treg generation (146). Another study showed that growth differentiation factor 15 induces tolerant DCs (Tol DCs) by inhibiting the circ_malat-1 and NF- κ B signaling pathways and upregulating IDO (147).

Research investigating the connection between circRNAs and CD4⁺ T cells mainly concentrates on systemic lupus erythematosus (SLE) and asthma. Studies have shown that the DNA methylation of CD11a and CD70 in CD4 T cells from patients with SLE is associated with the downregulation of hsa_circ0012919 (148). In addition, the regulatory network among circHIPK3, LncGAS5 and miR-495 can promote Th2 differentiation in allergic rhinitis (149), and hsa_circ_0002594 and hsa_circ_0005519 can affect asthma by regulating CD4⁺ T cells (77, 150). Moreover, N-methyladenosine-modified circIGF2BP3 was found to inhibit CD8⁺ T-cell responses and promote tumor immune evasion (151), while exogenous circTRPS1 was proven to be related to CD8⁺ T-cell exhaustion (152). In addition, Chen et al. noted that the expression of circRNA100783 is affected by time- and CD28-related CD8⁺ T-cell aging during antigen exposure (153). Clinically, cancer cell-derived exosomal circUSP7 was proven to induce CD8⁺ T cell dysfunction and anti-PD1 resistance by regulating the miR-934/SHP2 axis in NSCLC (154).

3.8 Applications and Prospects of circRNAs in the Treatment of Immune-Related Diseases

Immunotherapy refers to a treatment technique that artificially heightens or represses the immune function of the body to treat immune-related diseases in accordance with the low or hyperactive immune state of the body. Because of their unique structure and various functions, circRNAs have broad application prospects in the treatment of immune-related diseases.

At the current stage, most studies investigating the functions of circRNAs are still in the laboratory stage, and only a few theories have been developed for technical applications in clinical treatment, such as gene therapy. Tens of thousands of studies have proven circRNAs to be substantially considerable in the advancement of many immune-related diseases, suggesting the roles of circRNAs as therapeutic agents and targets (50, 62, 147, 155–157). To date, there are four main approaches to realizing gene therapy as follows: inducing or inhibiting the expression of the target circRNA upstream, chemically modifying key molecules, designing analogs of the target circRNA and designing downstream molecular analogs of the circRNA, i.e., miRNA.

In addition to gene therapy, with the discovery of the function of encoding proteins, circRNAs are speculated to have the potential to be novel drug delivery carriers. Wesselhoeft et al. produced a protein with high quality and stable expression in eukaryotic cells after the circularization of mRNA *in vitro* and indicated that RNA circularization can reduce immunogenicity and extend translational duration *in vivo* (61, 158, 159), providing insight into the treatment of immune-related

diseases. In addition, circRNAs have the potential to function as appropriate biomarkers of immune-related diseases. In case of immune-related diseases, it is usually difficult for patients to determine whether they fell ill by the clinical symptoms in the early stage so that they will not go to the hospital until their symptoms worsen (9). Therefore, circRNAs can function as ideal biomarkers due to the four main characteristics mentioned above. Thus far, numerous circRNAs have been found in exosomes, and changes in the content of circRNAs in exosomes can reflect the process of diseases (159). However, the current problem that has blocked the application of circRNAs as biomarkers in the clinic is that with the continuous improvement of the circRNA database in immune-related diseases, the expression of the same circRNA in different diseases may have the same trend, which may interfere with the judgment. Therefore, a more refined database needs to be established.

Unparalleled strides have been made in cancer treatment with the use of immune checkpoint blockade (ICB), but ICB resistance hinders the efficacy of cancer immunotherapies (160). Based on existing research, regulating gene expression at the transcriptional level, acting as miRNA sponges, binding functional proteins and encoding proteins are the four major biological functions of circRNAs, and these functions can play a vital role in regulating immune diseases, such as immune escape, immune tolerance, and antitumor and anti-infection effects, either independently or in combination (7, 12, 161–167). Moreover, circRNAs can achieve cross-cellular regulation *via* exosomes. Recent studies have certified the potential role of exosomes in tumor immunity and resistance to ICB (160). For instance, Lu et al. suggested that immuno-repression and anti-PD1 resistance were caused by exosomal circTMEM181 by increasing the expression of CD39, and suppressing the ATP-adenosine signaling pathway by targeting CD39 on macrophages could rescue anti-PD1 therapy resistance in HCC (168). Therefore, *via* exosomes, circRNAs may yield unusually brilliant clinical results in ICB.

Considering that specially designed antisense circRNAs can effectively access the SARS-CoV-2 5'-untranslated region and inhibit the proliferation of most viruses for a time, circRNAs also an option for the clinical treatment of COVID-19, which is a major achievement that uses of the unique structure of circRNAs and artificial assistance for modification, showing many advantages. The best advantage is that the antisense sequence of circRNAs is better than the corresponding linear configuration and modified antisense oligonucleotides, and antisense circRNAs have strong activity against point mutations in the target sequence. This approach manifests the function of circRNAs as nucleic acid binders, starting novel applications for designing circRNAs and hopeful therapeutic strategies for COVID-19 (67). Fortunately, Qu et al. designed a circular RNA vaccine encoding the receptor domain (RBD) of the spike protein of SARS-CoV-2 for the very virus and its mutants and found that the circRNARBD-Delta vaccine designed for the SARS-CoV-2 Delta mutant was a candidate vaccine for COVID-19 with broad-spectrum protection in rhesus monkeys. A series of comparative evaluations showed that compared with mRNA vaccines, circRNA vaccines have higher

stability and a higher proportion of neutralizing antibodies, which can effectively reduce the potential side effects of vaccine-associated respiratory diseases (VAERD) (169).

Despite numerous studies, research focusing on circRNAs is still limited, and many problems remain to be solved. Although the structure of circRNAs can help attenuate off-target effects, this problem cannot be avoided. Moreover, a specific circRNA may have different functions in different cells and may cause uncontrollable side effects. In addition, if an exogenous circRNA is synthesized without protein-binding partners, it may be recognized by RIG-I as a virus-derived circRNA and thus induce innate immunity (7–9, 62).

3.9 Discussion and Perspectives

CircRNAs perform the functions of sponging miRNAs, binding specific proteins and regulating gene transcription, and some can even encode proteins. Meanwhile, circRNAs are widely distributed in cells, the internal environment and exosomes, coupled with stable ring structures; thus, they have application potential in the diagnosis, treatment and prognosis of immune-related diseases. However, current research investigating related diseases mainly focuses on tumor immunity, bacterial and viral infections, and some autoimmune diseases, while relatively uncommon diseases are rarely studied. The hotspots of the roles of circRNAs in immune-related diseases include expression profile analyses, potential biomarker research, ncRNA axis/network construction, impacts on phenotypes, therapeutic target seeking, maintenance of nucleic acid stability and protein binding research. In addition, the study of the mechanism of circRNAs in immune regulation only occupies the tip of the iceberg in immunology. Currently, few studies on the regulation of circRNAs in the establishment of the immune system and the regulation of the immune system in the normal physiological state. A representative study showed that the structure and decomposition of circRNAs modulate PKR

activation in innate immunity (4). At present, this field also faces some unsolved problems, such as off-target effects and unpredictable side effects. Therefore, continuing to supplement the regulatory network of circRNAs, attempting to explore new mechanisms, and developing new functions will be crucial for the entire field in the future, and the birth of new technologies will further contribute to the complete unveiling of the roles of circRNAs in immunity and immune-related diseases.

AUTHOR CONTRIBUTIONS

JG, CS and FH wrote the manuscript, designed the figures, collected the related references and edited the manuscript, and JL and ZY provided guidance and revised this manuscript. All authors approved the final manuscript.

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Heterologous saRNA Prime, DNA Dual-Antigen Boost SARS-CoV-2 Vaccination Elicits Robust Cellular Immunogenicity and Cross-Variant Neutralizing Antibodies

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We assessed if immune responses are enhanced in CD-1 mice by heterologous vaccination with two different nucleic acid-based COVID-19 vaccines: a next-generation human adenovirus serotype 5 (hAd5)-vectored dual-antigen spike (S) and nucleocapsid (N) vaccine (AdS+N) and a self-amplifying and -adjuvanted S RNA vaccine (AAHI-SC2) delivered by a nanostructured lipid carrier. The AdS+N vaccine encodes S modified with a fusion motif to increase cell-surface expression and an N antigen modified with an Enhanced T-cell Stimulation Domain (N-ETSD) to direct N to the endosomal/lysosomal compartment and increase MHC class I and II stimulation potential. The S sequence in the AAHI-SC2 vaccine comprises the D614G mutation, two prolines to stabilize S in the prefusion conformation, and 3 glutamines in the furin cleavage region to confer protease resistance. CD-1 mice received vaccination by homologous and heterologous prime > boost combinations. Humoral responses to S were the highest with any regimen that included the AAHI-SC2 vaccine, and IgG bound to wild type and Delta (B.1.617.2) variant S1 at similar levels. An AAHI-SC2 prime followed by an AdS+N boost particularly enhanced CD4+ and CD8+ T-cell responses to both wild type and Delta S peptides relative to all other vaccine regimens. Sera from mice receiving AAHI-SC2 homologous or heterologous vaccination were found to be highly neutralizing for all pseudovirus strains tested: Wuhan, Beta, Delta, and Omicron strains. The findings here, taken in consideration with the availability of both vaccines in thermostable formulations, support the testing of heterologous vaccination by an AAHI-SC2 > AdS+N regimen in animal models of SARS-CoV-2 infection to assess its potential to provide increased protection against emerging SARS-CoV-2 variants particularly in regions of the world where the need for cold-chain storage has limited the distribution of other vaccines.

Keywords: self-amplifying RNA, DNA, vaccine, dual antigen, heterologous, spike, nucleocapsid

INTRODUCTION

Impressive efforts of the scientific and pharmaceutical community have resulted in the design, testing and successful deployment of several COVID-19 vaccines that have shown high levels of efficacy (1–5). Nonetheless, SARS-CoV-2 viral variants have continued to emerge and spread throughout the globe – most recently the highly transmissible Omicron variant (6) – pointing to the need for delivery of vaccines to populations that are currently underserved.

To address the need for a vaccine regimen that would be highly efficacious against predominating and emerging variants as well as distributable in currently underserved areas, we previously developed a next-generation human adenovirus serotype 5 (hAd5)-vectored dual-antigen spike (S) plus nucleocapsid (N) vaccine (AdS+N) (7, 8) to leverage the resilience of cell-mediated immunity against variants. This vaccine, encoding Wuhan strain or ‘wild type’ (wt) SARS-CoV-2 S and modified with a fusion sequence (S-Fusion) to enhance cell-surface expression (7, 8), as well as N modified with an Enhanced T-cell Stimulation Domain (N-ETSD) (9) for increased MHC class I and II stimulation (10–12), has been shown to elicit humoral and T-cell responses in mice (8), non-human primates (NHP) (7), and participants in Phase 1b trials (9). The AdS+N vaccine given as a subcutaneous (SC) prime with two oral boosts protected NHP from SARS-CoV-2 infection (7), and a single prime vaccination of clinical trial participants generated T-cell responses that were sustained against a series of variant S peptide sequences, including those for the B.1.351, B.1.1.7, P.1, and B.1.426 variants (9).

Despite the promising findings with the AdS+N vaccine candidate, we wish to continue to investigate vaccine regimens with the potential to maximize immune responses – both humoral and cellular. One such approach is by heterologous vaccination utilizing multiple nucleic acid-based vaccine platforms, such as ImmunityBio’s hAd5-vectored DNA vaccine and the Access to Advanced Health Institute’s (AAHI) RNA-based vaccine (13). Heterologous vaccination using vaccine constructs expressing the same or different antigens vectored by different platforms has previously been reported to significantly increase immune responses (14–16), and specifically for COVID-19 vaccines, heterologous prime-boost regimens including the available mRNA and adenovirus-based vaccines elicit humoral and cellular responses in human subjects that are at least as good as or better than homologous vaccination (17–20).

To assess the potential for enhanced immune responses by heterologous vaccination, we tested prime > boost combinations of the AdS+N vaccine with a self-amplifying and self-adjuvanted S(wt) RNA-based vaccine (AAHI-SC2) delivered in a nanostructured lipid carrier (NLC) (21, 22) that has recently been reported to elicit robust, virus-neutralizing humoral responses, establishment of long-lived antibody-secreting plasma cell populations, and polyfunctional CD4+ and CD8+ T-cell responses after both prime and prime-boost regimens in C57BL/6 mice (13). The NLC stabilizes the self-amplifying RNA (23–25) and delivers it to cells, where the vaccine RNA is then amplified and S protein is expressed. The S sequence in the AAHI-SC2 vaccine comprises a codon-optimized sequence with

the D614G mutation (26) that increases SARS-CoV-2 susceptibility to neutralization (27), a diproline modification to stabilize S in the pre-fusion conformation that increases antigenicity (28), and a tri-glutamine (3Q) repeat in the furin cleavage region to render it protease resistant (29).

In this work, the two aforementioned vaccines were tested by homologous and heterologous AdS+N > AAHI-SC2 and AAHI-SC2 > AdS+N prime > boost regimens. The findings reported here support our hypothesis that heterologous vaccination with the AAHI-SC2 and AdS+N vaccines enhances immune responses, particularly T-cell responses.

METHODS

The AdS+N and AAHI-SC2 Vaccines

For studies here, the next generation hAd5 [E1-, E2b-, E3-] vector was used to create the viral vaccine candidate construct (7). This hAd5 [E1-, E2b-, E3-] vector is primarily distinguished from other first-generation [E1-, E3-] recombinant Ad5 platforms (30, 31) by having additional deletions in the early gene 2b (E2b) region that remove the expression of the viral DNA polymerase (pol) and in preterminal protein (pTP) genes, and by its propagation in the E.C7 human cell line (32–35).

The AdS+N vaccine expresses a wild type spike (S) sequence [accession number YP009724390] modified with a proprietary ‘fusion’ linker peptide sequence as well as a wild type nucleocapsid (N) sequence [accession number YP009724397] with an Enhanced T-cell Stimulation Domain (ETSD) signal sequence that directs translated N to the endosomal/lysosomal pathway (9) as described in Gabitzsch *et al.*, 2021 (7).

The AAHI-SC2 vaccine comprises an saRNA replicon composed of an 11.7 kb construct expressing the SARS-CoV-2 S protein, along with the non-structural proteins 1-4 derived from the Venezuelan equine encephalitis virus (VEEV) vaccine strain TC-83 (**Figure 1**). The S RNA sequence is codon-optimized and expresses a protein with the native sequence of the original Wuhan strain plus the dominant D614G mutation, with the prefusion conformation-stabilizing diproline (pp) mutation (consistent with other vaccine antigens) and replacement of the furin cleavage site RRAR sequence with a QQAQ sequence.

The RNA is generated by T7 promoter-mediated *in vitro* transcription using a linearized DNA template. *In vitro* transcription is performed using an in house-optimized protocol (13, 36, 37) using T7 polymerase, RNase inhibitor, and pyrophosphatase enzymes. The DNA plasmid is digested with DNase I, and the RNA is capped by vaccinia capping enzyme, guanosine triphosphate, and S-adenosyl-methionine. RNA is then purified from the transcription and capping reaction components by chromatography using a CaptoCore 700 resin (GE Healthcare) followed by diafiltration and concentration using tangential flow filtration into 10 mM Tris buffer. The RNA material is terminally filtered with a 0.22 µm polyethersulfone filter and stored at -80°C until use.

The RNA-delivering NLC is comprised of particles with a hybrid liquid and solid oil core, providing colloidal stability (21),

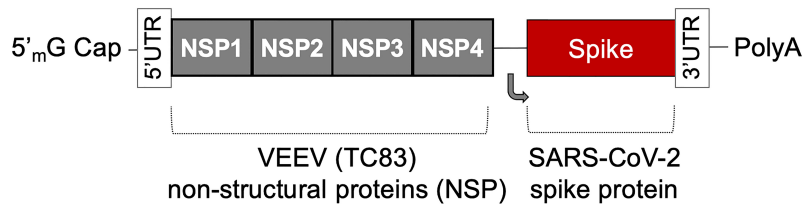


FIGURE 1 | The saRNA(D614G)-2P-3Q-NLC (AAHI-SC2) vaccine. The AAHI-SC2 vaccine comprises an saRNA replicon backbone consisting of the non-structural proteins (NSPs) 1-4 derived from the Venezuelan equine encephalitis virus (VEEV) vaccine strain TC-83 and an independent open reading frame under the control of a subgenomic promoter sequence that contains Wuhan sequence S with a diproline (pp) mutation and a QQAQ furin cleavage site sequence.

surrounded by non-ionic hydrophobic and hydrophilic surfactants to help maintain a stable nanoparticle droplet and the cationic lipid DOTAP to provide positive charge for electrostatic binding with RNA. This RNA binding on the surface of the nanoparticles protects the RNA from RNase degradation and allows effective delivery to cells.

NLC is manufactured by mixing the lipids in an oil phase, dissolving the Tween 80 in citrate buffer aqueous phase, and homogenizing the two phases by micro-fluidization. The resulting emulsion is sterile-filtered and vialled until dilution in a sucrose-citrate solution and complexing with vaccine saRNA.

Murine Immunization and Blood/Tissue Collection

The design of vaccination study performed using CD-1 mice is shown in **Figure 2**.

All *in vivo* experiments described were carried out at the Omeros Inc. vivarium (Seattle, WA) in strict accordance with good animal practice according to NIH recommendations. All procedures for animal use were done under an animal use protocol (#19-08) approved by the IACUC at Omeros, Inc. (Seattle, WA, USA).

CD-1 female mice (Charles River Laboratories) 6-8 weeks of age were used for immunological studies. The adenovirus-vectored vaccines were administered by subcutaneous (SC)

injections at 1×10^{10} viral particles (VP) in 50 μ L ARM buffer (20 mM Tris pH 8.0, 25 mM NaCl, with 2.5% glycerol). The AAHI-SC2 vaccine was administered intramuscularly (IM) in 10% sucrose, 5 mM sodium citrate solution at a dose of 10 μ g.

On the final day of each study, blood was collected submandibularly from isoflurane-anesthetized mice, and sera were isolated using a microtainer tube. Mice were then euthanized for collection of spleens. Spleens were placed in 5 mL of sterile media (RPMI/HEPES/Pen/Strep/10% FBS). Splenocytes were isolated (38) within 2 hours of collection and used fresh or cryopreserved for later analysis.

Intracellular Cytokine Stimulation

ICS assays were performed using 10^6 live splenocytes per well in 96-well U-bottom plates. Splenocytes in RPMI media supplemented with 10% FBS were stimulated by the addition of pools of overlapping peptides spanning the SARS-CoV-2 S protein (both wild type Wuhan strain, wt, or Delta sequence) or N antigens at 1-2 μ g/mL/peptide for 6 h at 37°C in 5% CO₂, with protein transport inhibitor, GolgiStop (BD) added two hours after initiation of incubation. The S peptide pool (wild type, JPT Cat #PM-WCPV-S-1; Delta, JPT cat# PM-SARS2-SMUT06-1) is a total of 315 spike peptides split into two pools, S1 and S2, comprised of 158 and 157 peptides each. The N peptide pool

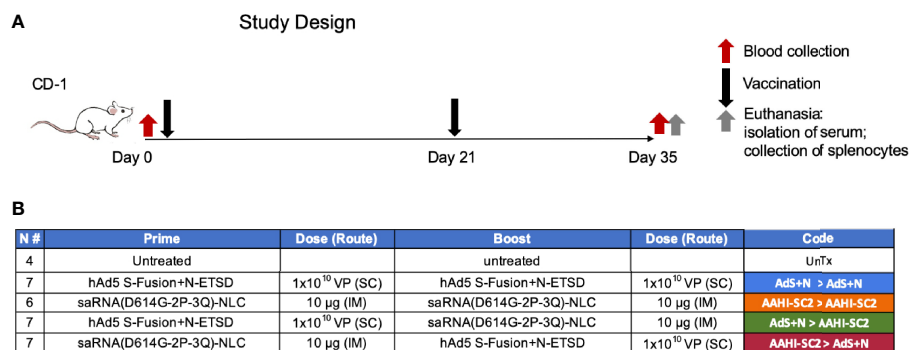


FIGURE 2 | Study design and vaccine description. (A) CD-1 mice received prime vaccination on Day 0 after blood collection and boost vaccination on Day 21; mice were euthanized and tissues/blood collected on Day 35. (B) The various combinations of prime > boost are shown, including: AdS+N homologous; saRNA(D614G-2P-3Q)-NLC (AAHI-SC2) homologous; AdS+N prime, AAHI-SC2 boost; and AAHI-SC2 prime, AdS+N boost. Untreated mice were used as controls. All groups were n = 7 with the exception of untreated n = 4 and AAHI-SC2 homologous n = 6. The color code for each group is shown.

(JPT; Cat # PM-WCPV-NCAP-1) was also used to stimulate cells. A SIV-Nef peptide pool (BEI Resources) was used as an off-target negative control. Stimulated splenocytes were then stained with a fixable cell viability stain (eBioscience™ Fixable Viability Dye eFluor™ 506 Cat# 65-0866-14) followed by the lymphocyte surface markers CD8 β and CD4, fixed with CytoFix (BD), permeabilized, and stained for intracellular accumulation of interferon-gamma (IFN- γ), tumor necrosis factor-alpha (TNF- α), and interleukin-2 (IL-2). Fluorescent-conjugated anti-mouse antibodies used for labeling included CD8 β antibody (clone H35-17.2, ThermoFisher), CD4 (clone RM4-5, BD), IFN- γ (clone XMGI.2, BD), TNF- α (clone MP6-XT22, BD) and IL-2 (clone JES6-5H4; BD), and staining was performed in the presence of unlabeled anti-CD16/CD32 antibody (clone 2.4G2; BD). Flow cytometry was performed using a Beckman-Coulter Cytotex S flow cytometer and analyzed using Flowjo software.

ELISpot Assay

ELISpot assays were used to detect cytokines secreted by splenocytes from inoculated mice. Fresh splenocytes were used on the same day as harvest, and cryopreserved splenocytes containing lymphocytes were used on the day of thawing. The cells ($2-4 \times 10^5$ cells per well of a 96-well plate) were added to the ELISpot plate containing an immobilized primary antibody to either IFN- γ or IL-4 (BD Cat# 551881 and BD Cat# 551878, respectively), and were exposed to various stimuli (e.g. control peptides SIV and ConA, S-WT and N peptides pools – see catalog numbers above) at a concentration of 1–2 μ g/mL peptide pools for 36–40 hours. After aspiration and washing to remove cells and media, extracellular cytokines were detected by a biotin-conjugated secondary antibody to either IFN- γ or IL-4 (BD Cat# 551881 and BD Cat# 551878, respectively), followed by a streptavidin/horseradish peroxidase conjugate (BD Cat# 557630) to detect the biotin-conjugated secondary antibody. The number of spots per well, or per $2-4 \times 10^5$ cells, was counted using an ELISpot plate reader. Quantification of Th1/Th2 bias was calculated by dividing the IFN- γ spot forming cells (SFC) per million splenocytes with the IL-4 SFC per million splenocytes for each animal.

ELISA for Detection of Antibodies

For IgG antibody detection in inoculated mouse sera and lung homogenates, ELISAs for spike-binding (including S1 Delta) and nucleocapsid-binding IgG and IgG subclass (IgG1, IgG2a, IgG2b, and IgG3) antibodies were used. A microtiter plate was coated overnight with 100 ng of either purified recombinant SARS-CoV-2 S-FTD (FL S with fibrin trimerization domain, constructed and purified in-house by ImmunityBio), purified recombinant Spike S1 domain (S1(wt)) (Sino; Cat # 40591-V08B1), purified recombinant Delta variant Spike S1 domain (S1(Delta)) (Sino; Cat # 40591-V08H23), or purified recombinant SARS-CoV-2 nucleocapsid (N) protein (Sino; Cat # 40588-V08B) in 100 μ L of coating buffer (0.05 M Carbonate Buffer, pH 9.6). The wells were washed three times with 250 μ L PBS containing 1% Tween 20 (PBST) to remove unbound protein, and the plate was blocked for 60 minutes at room temperature with 250 μ L PBST. After blocking, the wells were washed with PBST, 100 μ L of either diluted serum or diluted lung

homogenate samples was added to each well, and samples were incubated for 60 minutes at room temperature. After incubation, the wells were washed with PBST and 100 μ L of a 1/5000 dilution of anti-mouse IgG2a HRP (GE Health Care; Cat # NA9310V), anti-mouse IgG2b HRP (Sigma; Cat # SAB3701171), anti-mouse IgG_{2a} HRP (Sigma; Cat # SAB3701178), anti-mouse IgG_{2b} HRP (Sigma; catalog# SAB3701185), or anti-mouse IgG3 HRP conjugated antibody (Sigma; Cat # SAB3701192), (Sigma; Cat #SAB3701192) was added to wells. For positive controls, 100 μ L of a 1/5000 dilution of rabbit anti-N IgG Ab or 100 μ L of a 1/25 dilution of mouse anti-S serum (from mice immunized with purified S antigen in adjuvant) were added to appropriate wells. After incubation at room temperature for 1 hour, the wells were washed with PBST and incubated with 200 μ L o-phenylenediamine-dihydrochloride (OPD substrate, Thermo Scientific Cat # A34006) until appropriate color development. The color reaction was stopped with addition of 50 μ L 10% phosphoric acid solution (Fisher Cat # A260-500) in water, and the absorbance at 490 nm was determined using a microplate reader (SoftMax Pro, Molecular Devices).

Calculation of Relative ng Amounts of Antibodies and the Th1/Th2 IgG Subclass Bias

A standard curve of IgG for OD vs. ng mouse IgG was generated using purified mouse IgG (Sigma Cat #15381); absorbance values from this standard curve were used to convert sample absorbance signals into mass equivalents for both anti-S and anti-N antibodies. Using these values, we calculated the geometric mean value for S- and N-specific IgG per milliliter of serum induced by vaccination. These values were also used to quantify the Th1/Th2 bias for the humoral responses by dividing the sum total of Th1 biased antigen-specific IgG subclasses (IgG2a, IgG2b and IgG3) with the total Th2 indicative IgG1, for each mouse. For mice that lacked anti-S and/or anti-N specific IgG responses, Th1/Th2 ratio was not calculated. Some responses, particularly for anti-N responses in IgG2a and IgG2b (both Th1 biased subclasses), were above the limit of quantification with OD values higher than those observed in the standard curve. These data points were therefore reduced to values within the standard curve, and thus the reported Th1/Th2 bias is lower than would otherwise be reported.

Endpoint titers

Serial dilutions were prepared from each serum sample, with dilution factors ranging from 400 to 6,553,600 in 4-fold steps. These dilution series were characterized by whole IgG ELISA assays against both recombinant S1(wt) and recombinant S1 (Delta), as described above. Half maximal response values (Ab_{50}) were calculated by non-linear least squares fit analysis on the values for each dilution series against each recombinant S1 in GraphPad Prism. Serum samples from mice without anti-S responses were removed from Ab_{50} , μ g IgG/mL sera, and endpoint titer analyses and reported as N/D on the graphs. Endpoint titers were defined as the last dilution with an absorbance value at least 3 standard deviations higher than the standard deviation of all readings from serum of untreated animals ($n = 32$ total negative samples). Quantitative titration

values ($\mu\text{g IgG/mL}$ sera) were calculated against a standard curve as described above.

Pseudovirus Neutralization Assay

SARS-CoV-2 pseudovirus neutralization assays were conducted on immunized mouse serum samples using procedures adapted from Crawford *et al.*, 2020 (39). In brief, lentiviral pseudoviruses expressing SARS-CoV-2 spike protein variants were prepared by co-transfecting HEK293 cells (ATCC CRL-3216) seeded at 4×10^5 cells/mL with a plasmid containing a lentiviral backbone expressing luciferase and ZsGreen (BEI Resources NR-52516), plasmids containing lentiviral helper genes (BEI Resources NR-52517, NR-52518, NR-52519), a delta19 cytoplasmic tail-truncated SARS-CoV-2 spike protein expression plasmid (Wuhan strain, B.1.1.7, and B.1.351 spike variant plasmids were a gift from Jesse Bloom of Fred Hutchinson Cancer Research Center; B.1.617.2 Delta and Omicron variant plasmids were a gift from Thomas Peacock of Imperial College London) and Bio-T transfection reagent (Bioland Scientific B0101). The transfection was incubated for 72 hours at 37°C , 5% CO_2 . Pseudovirus stocks were harvested from the cell culture media, (Gibco DMEM + GlutaMAX + 10% FBS) filtered through a $0.2 \mu\text{m}$ filter, and frozen at -80°C until titering and use.

Mouse serum samples were diluted 1:10 in media (Gibco DMEM + GlutaMAX + 10% FBS) and then serially diluted 1:2 for 11 total dilutions, and incubated for 1 hour at 37°C , 5% CO_2 with a mixture of $5 \mu\text{g/mL}$ polybrene (Sigma TR-1003-G) and pseudovirus diluted to a titer that produces 1×10^8 total integrated intensity units/mL. The serum-virus mix was then added in duplicate to human Angiotensin-Converting Enzyme 2 expressing HEK293 cells (BEI Resources NR-52511, NIAID, NIH) seeded at 4×10^5 cells/mL on a 96 well plate.

The plates were incubated at 37°C , 5% CO_2 for 72 hours. Plates were imaged on a high content fluorescent imager (Molecular Devices ImageXpress Pico) for ZsGreen expression. Total integrated intensity units per well quantified using ImageXpress software (Molecular Devices) was used to calculate % pseudovirus inhibition in each well. Neutralization curves were fit with a four-parameter sigmoidal curve which was used to calculate 50% inhibitory concentration dilution (IC_{50}) values.

Statistical Analyses and Graph Generation

All statistical analyses were performed and figures and graphs generated using GraphPad Prism software. Data that did not have a normal distribution as determined by a Shapiro-Wilks test were analyzed using a non-parametric Kruskal-Wallis test with Dunn's *post-hoc* comparison of groups and were graphed as the mean and standard deviation (SD). Data graphed on a log scale were log-normalized, analyzed using one-way ANOVA and Tukey's comparison of groups, and were graphed as the geometric mean and the geometric SD. Statistical analyses of Endpoint Titers for anti-S1 IgG were performed by assigning a value of 200 – one half the Level of Detection (LOD) of 400 – to the 4 animals with serum values below the LOD. P values for each comparison are listed in **Supplementary Table S1**.

RESULTS

The AAHI-SC2 Vaccine Enhances Generation of Anti-S(wt) IgG

Mice that received either AAHI-SC2 homologous or AAHI-SC2 > AdS+N heterologous vaccination had the higher levels of anti-full length S(wt) (FL S) IgG2a and 2b when compared to untreated or AdS+N homologous vaccinated mice, as determined by ELISA OD readouts OD at 490 nm (**Figure 3A**). Only mice receiving the N antigen generated anti-N IgG (also determined by ELISA 490 nm OD readouts at 490 nm); there were no significant differences between the groups that received AdS+N homologous, prime, or boost vaccination (**Figure 3B**). Determination of the IgG2a + IgG2b + IgG3/IgG1 ratio using ng amounts calculated from the OD reading (see *Methods*) revealed responses were highly T helper cell 1 (Th1)-biased, with calculated values being one or greater (**Figure 3C**).

Humoral Responses Against Wildtype and Delta S1 Were Similar in all AAHI-SC2 Groups

To assess serum antibody production specific for Delta B.1.617.2 variant as compared to wild type (wt) S, ELISAs were performed using either the wt or B.1.617.2 sequence S1 domain of S, which contains the RBD.

There were no statistical differences among groups that received the AAHI-SC2 vaccine in any regimen for anti-S1(wt) or -S1(Delta) Ab_{50} or $\mu\text{g IgG/mL}$ (**Figures 4A, B**, respectively); statistical comparison of the AdS+N homologous group to other groups was not performed in **Figure 4A** or **B** because 4 of 7 values were below the LOD. For the endpoint titer reciprocal dilution (**Figure 4C**), AdS+N sera below the LOD were assigned the value of 200 (half the LOD of 400) to allow statistical analysis. Anti-S1(wt) IgG responses were higher for AAHI-SC2 homologous and AAHI-SC2 > AdS+N group mice compared with AdS+N homologous vaccination. Anti-S1(Delta) IgG responses were significantly higher in animals in the AAHI-SC2 homologous group versus the AdS+N homologous group. Other comparisons were not significant due to variation among individual mice.

An AdS+N Boost After AAHI-SC2 Prime Vaccination Enhances CD4+ and CD8+ T-Cell Responses to S Peptides

Significantly higher percentages of CD4+ T-cells secreting IFN- γ alone, IFN- γ and tumor necrosis factor- α (TNF- α), or IFN- γ , TNF- α , and interleukin-2 (IL-2) as detected by intracellular cytokine staining (ICS) in response to S(wt) peptides were detected in the AAHI-SC2 > AdS+N - but not AdS+N > AAHI-SC2 - group mice as compared to the untreated and AdS+N homologous group (**Figures 5A, C, E**). Although mean values for the AdS+N > AAHI-SC2 group were lower than those for the AAHI-SC2 > AdS+N group, the differences were not statistically significant due to individual variation among mice.

Only cytokine production by CD8+T cells from AAHI-SC2 > AdS+N group mice was significantly greater than the untreated

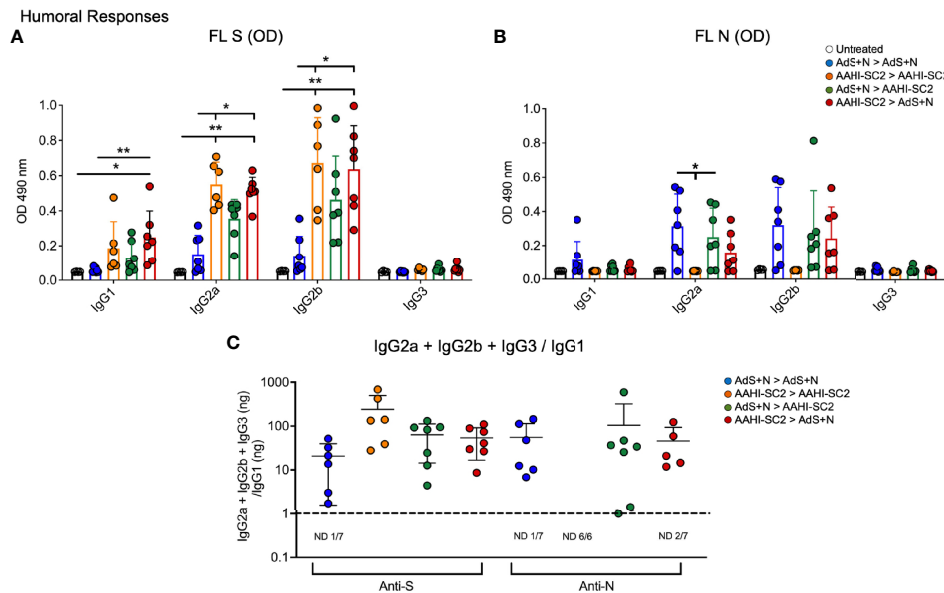


FIGURE 3 | Anti-full length (FL) spike wild type (Swt) and -nucleocapsid (N) IgG antibody levels in sera show T helper cell 1 (Th1) bias. **(A)** Levels of anti-FL Swt and **(B)** anti-N IgG1, IgG2a, IgG2b and IgG3 subtypes represented by OD at 490 nm from ELISA of sera are shown. Statistical analyses were performed using a non-parametric Kruskal-Wallis test and Dunn's *post-hoc* comparison of all groups where * $p \leq 0.05$ and ** $p < 0.01$. In instances of similar significance, the tick marks indicate groups compared to the group without a tick mark; for example in panel A, both the AAHI-SC2 homozygous (orange) and AAHI-SC2 > AdS+N (red) groups showed ** $p < 0.01$ significant increases as compared to the untreated group (clear) for IgG2a. P values are listed in Table 1. The legend in B applies to panels **(A, B)**. All dilutions were 1:400. **(C)** The IgG2a+IgG2b+IgG3/IgG1 ratio calculated using the ng equivalents for each is shown with a dashed line at 1. Values > 1 reflect Th1 bias. The number (n) of animals in which the ratio was not determined due to very low antibody levels is shown below the x-axis for each group. The homologous AAHI-SC2 group did not receive an N antigen. Data graphed as the mean and SD.

group (**Figures 5B, D, F**), and the level of significance was greater than that observed for CD4⁺ T cells (**Figures 5A, C, E**).

Only T cells from mice receiving vaccination regimens that included delivery of the N antigen by the AdS+N vaccine produced cytokines in response to N peptide stimulation. For CD4⁺ T cells, IFN- γ (IFN- γ) production was significantly greater for AdS+N homologous and AAHI-SC2 > AdS+N groups (but not the AdS+N > AAHI-SC2 group) compared to the AAHI-SC2 homologous group (**Figure 5A**), and IFN- γ , tumor necrosis factor- α (TNF- α) as well as IFN- γ , TNF- α , and interleukin-1 (IL-2) production were greater for the same two groups as compared to either the untreated or AAHI-SC2 homologous groups (**Figures 5C, E**, respectively). For CD8⁺ T cells, only the AdS+N homologous group had significantly greater cytokine production than the groups that did not receive N (**Figures 5B, D, F**).

CD4⁺ and CD8⁺ T-Cell Production of IFN- γ Was Similar in Response to Either S(wt) or S(Delta) Peptides

CD4⁺ and CD8⁺ T cells show similar levels of IFN- γ production by ICS in response to either S(wt) or S(Delta) sequence peptides (**Figures 6A, B**, respectively). Patterns of CD4⁺ and CD8⁺ T-cell stimulation by S protein peptides between the vaccination regimens were also similar between the S(wt) and S(Delta) peptides. Compared to the untreated control, the increase in IFN- γ production was again the highest for the AAHI-SC2 > AdS+N

group for both CD4⁺ and CD8⁺ T cells, in response to either S(wt) or S(Delta) peptides.

Numbers of IFN- γ -Secreting Splenocytes in Response to S Peptides Were the Highest From Mice Receiving AAHI-SC2 > AdS+N Heterologous Vaccination

As shown in **Figure 7A**, ELISpot detection of cytokine secreting cells in response to S peptide stimulation revealed that animals receiving either homologous AAHI-SC2 or heterologous AAHI-SC2 > AdS+N vaccination developed significantly higher levels of S peptide-reactive IFN- γ -secreting T cells than untreated group animals; the level of significance was greater with heterologous vaccination. Numbers of IFN- γ -secreting T cells in response to the N peptide pool were similar for AdS+N homologous and AAHI-SC2 > AdS+N groups. T cells from AAHI-SC2 > AAHI-SC2 group animals did not secrete IFN- γ in response to the N peptide pool, as expected, because the AAHI-SC2 vaccine does not deliver the N antigen. There was some skew seen for data in **Figure 7A**, with values for S WT/N of untreated = 2.0/0.0, AdS+N > AdS+N = 1.27/0.27, AAHI-SC2 > AAHI-SC2 = -0.53/2.45, AdS+N > AAHI-SC2 = 1.89/1.4, and AAHI-SC2 > AdS+N = 0.35/-0.118. We note these are outbred mice with variance in MHC haplotype and variable T-cell data not unexpected.

Reflecting the Th1 bias of T-cell responses, induction of interleukin-4 (IL-4) secreting T cells was low for all animals in

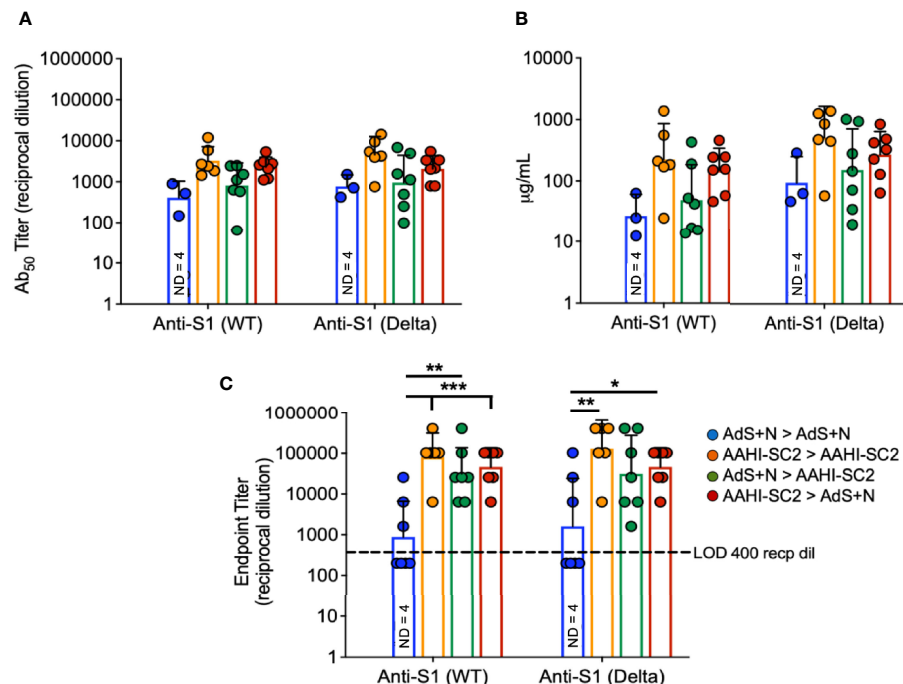


FIGURE 4 | Wildtype and B.1.617.2 'Delta' S1-specific IgG endpoint titers. Levels of anti-S1(wt) and -Delta S1 IgG are shown by (A) Ab₅₀ reciprocal dilution, (B) μg/mL sera, and (C) endpoint titer reciprocal dilution. Values were below the level of detection in 4 of 7 AdS+N homologous group mice. Statistical analyses were performed on log-normalized data using one-way ANOVA and Tukey's *post-hoc* comparison of all groups for anti-S1 (WT) or -S1 (Delta) where **p* ≤ .05, ***p* < .01 and ****p* < .001; in (C), sera without detectable levels of anti-S1 IgG were assigned a value of 200, one-half the Limit of Detection (LOD) of 400. In instances of similar significance, the tick marks indicate groups compared to the group without a tick mark; *p* values are listed in Table 1. Data graphed as the geometric mean and geometric SD. The legend in C applies to all figure panels.

all groups (Figure 7B); therefore the IFN-γ/IL-4 ratio was above 1 for all animals for which the ratio could be calculated, with the exception of 1 animal in the AdS+N > AAHI-SC2 group in response to N (Figure 7C).

Sera From Mice Receiving the AAHI-SC2 Vaccine Neutralize SARS-CoV-2 Wuhan, Delta, Beta and Omicron Pseudoviruses

As represented in Figure 8A, sera from AAHI-SC2 homologous and AAHI-SC2 > AdS+N heterologous group mice showed the highest neutralization capability against the four SARS-CoV-2 lentiviral pseudoviruses: Wuhan (D614G), Beta (B.1.351), Delta (B.1.617.2), and Omicron (B.1.1.529) variants. Neutralizing antibody titers were significantly higher than for sera from untreated and AdS+N > AdS+N group mice.

Comparison of SARS-CoV-2 variant neutralizing antibody titers between groups (Figure 8B) demonstrate that sera from AAHI-SC2 homologous, AdS+N > AAHI-SC2 and AAHI-SC2 > AdS+N heterologous vaccinated mice all have high Wuhan-strain neutralization capacity. There were no significant differences in the capability of sera from AAHI-SC2 homologous vaccinated mice to neutralize the 4 strains tested, but sera from both heterologously vaccinated groups showed a greater capability to neutralize the Wuhan strain than the Omicron strain.

DISCUSSION

The immune responses observed in the present study support our hypothesis, and that of others, that heterologous vaccination provides an opportunity for increased humoral and cell-mediated responses to vaccination. These results are consistent with recently-published data reporting enhanced antibody and T-cell responses in patients who received heterologous vaccination with the currently available COVID-19 vaccines (17–20).

Perhaps the most intriguing finding in the present study was that the increases in S-specific CD4+ and CD8+ T-cell responses from heterologous AAHI-SC2 > AdS+N group mice as compared to untreated mice had the highest level of significance, with greater than 5% of CD8+ T cells accumulating both IFN-γ and TNF-α in response to S peptides, on average. Enhancement of T-cell responses when an adenovirus vaccine is used as a boost for an RNA vaccine prime is consistent with both Liu *et al.* (18), who assessed humoral and cellular responses in participants who received ChAdOx or BNT162b2 in various heterologous and homologous prime-boost combinations and concluded the BNT prime > ChAdOx boost regimen resulted in the greatest expansion of vaccine-antigen responsive T cells; and with Atmar *et al.* (20), who found that with various prime > boost regimens with the Ad26.COVS.2 and mRNA1273 or BNT162b2 vaccines, heterologous boosting with the Ad26.COVS.2 vaccine

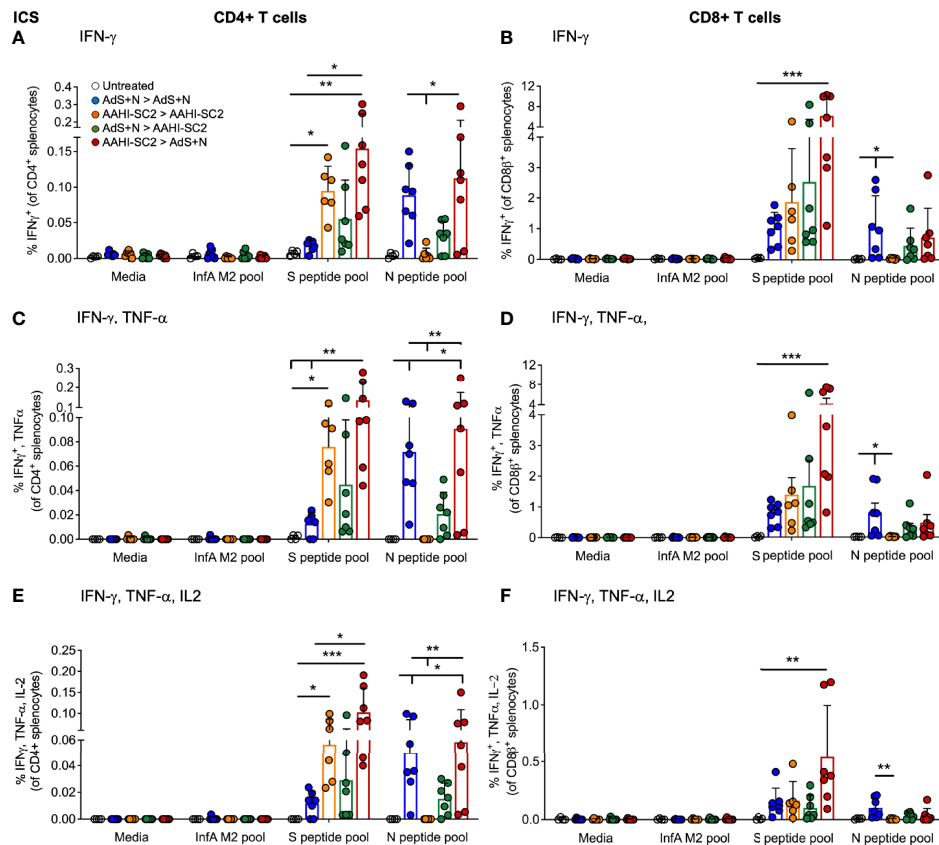


FIGURE 5 | CD4+ and CD8+ T cell intracellular cytokine staining (ICS) in response to S(wt) and N peptides. (A, B) ICS for interferon- γ (IFN- γ), (C, D) IFN- γ and tumor necrosis factor- α (TNF- α), and (E, F) IFN- γ , TNF- α and interleukin-2 (IL-2) are shown for CD4+ and CD8+ T cells, respectively. Statistical analyses performed using a non-parametric Kruskal-Wallis test and Dunn's *post-hoc* comparison of all groups to all other groups where * $p \leq .05$, ** $p < .01$, and *** $p < .001$. In instances of similar significance, the tick marks indicate groups compared to the group without a tick mark; p values are listed in Table 1. Data graphed as the mean and SD. The legend in A applies to all figure panels.

substantially increased spike-specific CD8+ T cells in the mRNA vaccine-primed recipients.

The enhanced T-cell activity in the AAHI-SC2 > AdS+N group mice was observed in both ICS and ELISpot and for CD8+ T-cells, was seen in response to both wild type and Delta S peptides. Responses of CD4+ T cells to S(wt) and S(Delta) were similar for AAHI-SC2 homologous and AAHI-SC2 > AdS+N heterologous group mice. We hypothesize that because the AAHI-SC2 vaccine elicits the greatest humoral response to S when given in any order – possibly reaching the upper detection limit for our ELISA – it enhances CD4+ T-cell activation as such activation is closely related to humoral/B cell responses. Therefore, CD4+ T-cell activation might be expected to be higher after a boost if there are stronger pre-existing, prime-induced B cell responses, that is, when AAHI-SC2 is the prime. Adenovirus vectors such as that used for the AdS+N vaccine are good at eliciting CD8+ T-cell responses (40), an effect that likely also benefits from more robust pre-existing CD4+ T-cell and B cell responses, a condition that exists most prominently when the AAHI-SC2 vaccine is given as the prime.

Effectively, enhanced CD4+-specific T-helper responses seen with AAHI-SC2 prime dosing might have provided conditions for the enhanced CD8+ specific response upon AdS+N boost. Confirmation of this hypothesis awaits further investigation.

Importantly, all of the vaccination regimens that included the AAHI-SC2 vaccine neutralized SARS-CoV-2 variant pseudoviruses – Wuhan, Beta, Delta, and – for AAHI-SC2 homologous vaccination – the highly transmissible Omicron (BA.1) variant. The heterologous vaccine regimens resulted in lower capability of neutralizing Omicron BA.1 variant, reported to be more resistant to neutralization than the BA.2 variant (41) now displacing BA.1. This neutralization capability reflects the strength of humoral responses to the AAHI-SC2 vaccine and is consistent with reported findings for this vaccine (13). The validity of such pseudovirus-based assay results and their correlation to live virus assays has been reported elsewhere (42, 43). We observed that the geometric mean IC50s for reciprocal dilutions of sera from mice receiving the heterologous AAHI-SC2 > AdS+N regimen were consistently higher than those for AdS+N > AAHI-SC2, and speculate that the AAHI-SC2 as a

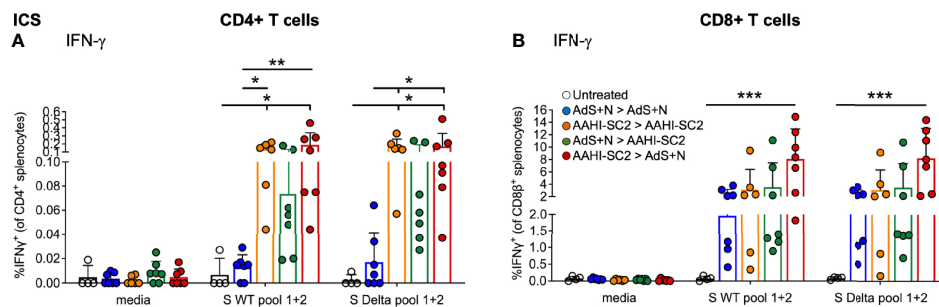


FIGURE 6 | CD4+ and CD8+ T-cell responses to S(wt) and S(Delta) peptides are similar. Both CD4+ (A) and CD8+ (B) T cells show similar levels of interferon- γ (IFN- γ) production in ICS in response to either S(wt) or S(Delta) sequence peptides. For both T-cell types, the greatest responses were seen with AAHI-SC2 > AdS+N vaccination. Statistical analyses performed using a non-parametric Kruskal-Wallis test with Dunn's comparison of groups where * $p \leq .05$, ** $p < .01$, and *** $p < .001$. In instances of similar significance, the tick marks indicate groups compared to the group without a tick mark; p values are listed in Table 1. Data graphed as the mean and SD. The legend in B applies to both figure panels.

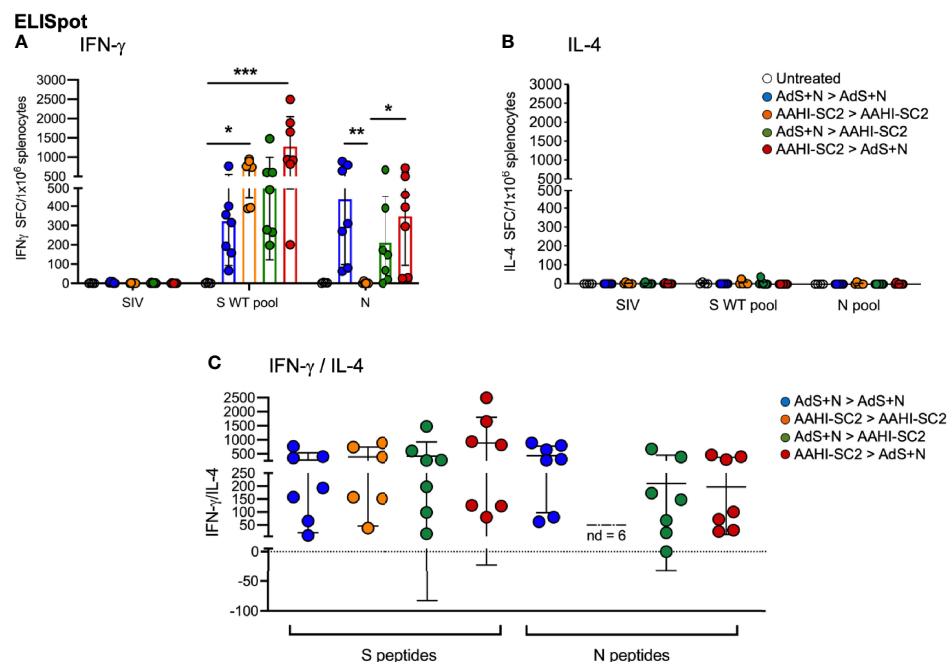


FIGURE 7 | Heterologous vaccination increases T-cell cytokine secretion in ELISpot. (A) Numbers of interferon- γ (IFN- γ) and (B) interleukin-4 (IL-4) secreting T cells in response to S WT and N peptide pools. The legend in B applies to panels A and B. (C) The IFN- γ /IL-4 ratio; value of 1 indicated by dashed line. The ratio was not determined (ND) for animals with very low IL-4 secretion. Statistical analyses performed using a non-parametric Kruskal Wallis test and Dunn's post-hoc comparison of all groups to all other groups where * $p \leq .05$, ** $p < .01$ and *** $p < .001$. Data graphed as the mean and SD.

prime triggers greater B cell priming and development (as compared to AdS+N as the prime) which then results in enhanced recall when the AdS+N boost is delivered.

The lower capability of sera from AdS+N homologously vaccinated mice to neutralize the S-expressing pseudovirus does not necessarily indicate that the predominantly T-cell inducing AdS+N vaccine would not be effective in protecting against SARS-CoV-2 challenge. The pseudovirus assay does not

reveal the protection conferred by T-cells and non-neutralizing antibodies against natural infection, which may be enhanced by addition of the N antigen. In fact, we have previously reported that homologous AdS+N prime-boost vaccination of non-human primates confers protection against viral challenge (7). In the *in vivo* viral challenge testing paradigm, cell-mediated immunity - not accessed in the pseudovirus assay that tests sera - conferred by AdS+N vaccination likely plays a key role in

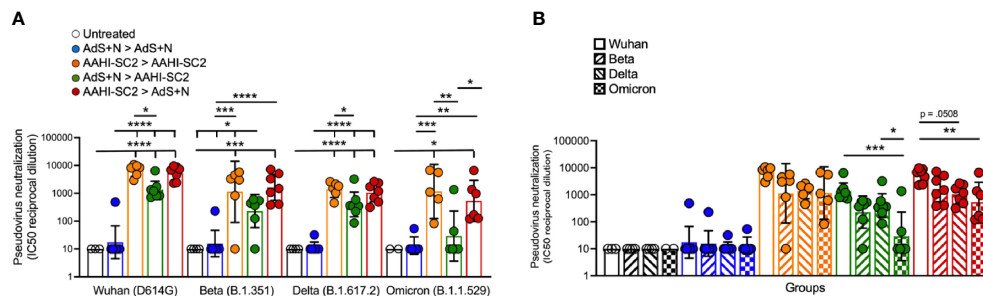


FIGURE 8 | Sera from AAHI-SC2 > AdS+N heterologously vaccinated mice neutralize Wuhan, Delta, Beta, and Omicron SARS-CoV-2 pseudoviruses. **(A)** IC₅₀ reciprocal dilution for pseudovirus neutralization grouped by pseudovirus variant assay is shown. Statistical differences are shown for comparison of each vaccinated group for a specific variant (not between variants). **(B)** IC₅₀ reciprocal dilution for neutralization of all strains/variants tested compared for each group is shown. The color code legend in **(A)** applies also to **(B)**. Statistical comparison of IC₅₀ values for untreated and AdS+N homologous group mice with values < the LOD was not performed. Statistical analyses were performed on log-normalized data using one-way ANOVA and Tukey's post-hoc comparison where *p < .05, **p < .01, ***p < .001, and ****p < .0001. In instances of similar significance, the tick marks indicate groups compared to the group without a tick mark; p values are listed in Table 1. Data graphed as the geometric mean and the geometric SD.

protection, as has been reported for natural infection of patients (44–47). Others have reported that combination of S and N increased provided enhanced protection against infection by variants with highly mutated spike in a hamster model (48), and thus, in future studies, we plan to assess protection against infection by SARS-CoV-2 variants *in vivo* by the dual-antigen vaccine as compared to S or N alone.

There were limitations to the study performed, including there being a single time interval between prime and boost tested (21 days) and a single time point for sample collection (35 days). Our goal was to elicit vigorous T-cell responses while also detecting humoral responses, but the relatively short prime-boost interval as well as time to tissue collection may have favored saRNA-induced over adenovirus (AdS+N) generated humoral responses. In addition, a limitation may be that the S antigen in both vaccines is not the Omicron sequence, given that Omicron is currently the predominant variant in many regions. But recent reports suggest Omicron infection does not produce sera that is highly cross-reactive for other Variants of Concern (VOCs) and that a vaccine delivering an Omicron-based spike immunogen is unlikely to be superior to existing vaccines for prime vaccination (49).

The findings here support ongoing study of heterologous vaccination with the AAHI-SC2 and AdS+N vaccines. In our continued efforts, we are designing vaccines with Omicron S sequences and an saRNA vaccine that delivers both an S and N antigen. Further testing in pre-clinical models of SARS-CoV-2 challenge and clinical trials should be conducted to assess the capability of this vaccine regimen to provide increased protection against COVID-19 and SARS-CoV-2 variants by combining the ability of AAHI-SC2 to elicit vigorous humoral responses with AdS+N's second, highly antigenic N antigen and T-cell response enhancement. In addition to the opportunity for a high level of efficacy, the availability of both the AAHI-SC2 and AdS+N vaccines in thermostable formulations addresses a critical issue in vaccine technology - freedom from cold-chain limitations on

distribution - and provides further justification for their continued development.

DATA AVAILABILITY STATEMENT

The datasets presented in this study are within the manuscript, online at doi: 10.1101/2021.11.29.470440, and available by request.

ETHICS STATEMENT

The animal study was reviewed and approved by the Institutional Animal Care and Use Committee (IACUC) at Omeros, Inc. (Seattle, WA, USA).

AUTHOR CONTRIBUTIONS

AR and MV contributed to the study design, co-wrote the manuscript and, with KD and SM, performed the *in vivo* studies and co-analyzed data. EV is co-inventor of the RNA technology used for the AAHI-SC2 saRNA vaccine, contributed to design of the study, co-analyzed data and data interpretation, and edited the manuscript. SB performed the pseudovirus neutralization assay, with the assistance of PB and SR, and edited the manuscript. LZ, CO, ST, and BM contributed to the design, production, and testing of the AdS+N vaccine. EG co-designed the AdS+N vaccine vector. JS contributed to the study design and provided expert immunological/biological insight for interpretation of data. PS analyzed data, generated figures and tables, and wrote the manuscript. CC contributed to the study design and data analysis, and edited the manuscript. PS-S co-designed and developed the AdS+N vaccine, co-conceptualized the study, reviewed all data, and edited the manuscript. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fimmu.2022.910136/full#supplementary-material>

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Author Disclaimer: All authors with an ImmunityBio, Inc., affiliation contribution to the design, production or testing of the AdS+N vaccine that may become a commercial product. Emily Voigt is an inventor on a patent related to the RNA vaccine technology.

Conflict of Interest: Author EV is one of the inventors of the AAHI-SC2 vaccine and all authors with an ImmunityBio, Inc. affiliation are employees of and/or hold shares of ImmunityBio, Inc. stock, which is developing the AdS+N vaccine as a potential product.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be constructed as a potential conflict of interest.

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Extracellular vesicles: A new diagnostic biomarker and targeted drug in osteosarcoma

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Osteosarcoma (OS) is a primary bone cancer that is highly prevalent among adolescents and adults below the age of 20 years. The prognostic outcome of metastatic OS or relapse is extremely poor; thus, developing new diagnostic and therapeutic strategies for treating OS is necessary. Extracellular vesicles (EVs) ranging from 30–150 nm in diameter are commonly produced in different cells and are found in various types of body fluids. EVs are rich in biologically active components like proteins, lipids, and nucleic acids. They also strongly affect pathophysiological processes by modulating the intercellular signaling pathways and the exchange of biomolecules. Many studies have found that EVs influence the occurrence, development, and metastasis of osteosarcoma. The regulation of inflammatory communication pathways by EVs affects OS and other bone-related pathological conditions, such as osteoarthritis and rheumatoid arthritis. In this study, we reviewed the latest findings related to diagnosis, prognosis prediction, and the development of treatment strategies for OS from the perspective of EVs.

KEYWORDS

EVs, osteosarcoma, biomarkers, treatment, diagnosis

Abbreviations: OS, Osteosarcoma; ALP, alkaline phosphatase; LDH, lactate dehydrogenase; lncRNAs, long non-coding RNAs; miRNAs, microRNAs; mRNAs, messenger RNAs; circRNAs, circular RNAs; ASMCs, airway smooth muscle cells; NSCLC, non-small-cell lung cancer; LUAD lung adenocarcinoma; EVs, extracellular vesicles, ILVs, luminal vesicles; MVBs, multivesicular bodies; AiiX, ALG-2 interacting protein X; ESCRT, endosomal sorting complex required for transport; HGG, high-grade gliomas; PSA, prostate-specific antigen; EMT, epithelial-mesenchymal transition; MSCs, mesenchymal stem cell; CAFs, cancer-associated fibroblasts; BMSCs, bone marrow-derived mesenchymal stem cells; OS, overall survival; DFS, disease-free survival; NGS, next-generation sequencing; CDDP, cisplatin-resistant.

Introduction

Osteosarcoma (OS) predominantly occurs among individuals below 20 years and is a form of aggressive primary bone cancer (1, 2). The etiology of OS is mainly characterized by epidemiological, genetic, and environmental factors (3). Several risk factors are associated with tumorigenesis of OS, such as alkylating agents, hereditary retinoblastoma, Paget's disease, ionizing radiation, and chromosomal abnormalities (4, 5). The diagnosis of OS relies mainly on clinical manifestations, medical imaging, tissue biopsy, and laboratory tests. The standard treatment regimens for OS include neoadjuvant chemotherapy, surgical resection, chemotherapy, and interventional therapy (6, 7). Recent developments related to the treatment of OS include extensive research on stem cell therapy, immunotherapy, and gene therapy (8–10). However, due to the complexity of therapeutic interventions and the genetic differences between laboratory animals and humans, these strategies are limited to preclinical studies. Additionally, patients with OS have a high incidence of early lung metastasis, except for other bone tissue metastasis. About 18% of OS patients show signs of micrometastasis at the time of diagnosis, and the five-year survival rate of patients with stage III OS or higher stages of OS is very low (11–13). Moreover, the treatment outcomes are suboptimal because of the difficulty in early diagnosis, the early onset of metastasis, and high malignancy (14, 15). The five-year survival of OS patients who do not receive chemotherapy is below 30%. Pulmonary metastasis is the main cause of OS-related mortality. Moreover, the chemotherapeutic intervention can partially control pulmonary metastasis of OS and increase the five-year survival to 50%. For OS cases with pulmonary metastasis, the two-year survival is less than 25%. Additionally, although there are several alternatives, the survival period during treatment might stabilize without any improvement. Therefore, implementing traditional treatment strategies might not yield the best results (16, 17). Hence, determining the mechanism of the occurrence and metastasis of OS might help to find new clinical diagnostic markers and efficient therapeutic targets.

Extracellular vesicles (EVs) are specialized membranous vesicles originating from endonuclear bodies with particles ranging from 30 to 100 nm in diameter (18, 19). EVs were first identified as a component of blood erythrocytes. They appeared as a lipid bilayer structure surrounded by cytoplasm and devoid of any organelles (20). These EVs were discovered approximately 40 years ago (20). The understanding of the role of EVs in human pathophysiological processes has improved significantly.

Several studies have shown that EVs are produced by various cancer and healthy cells (21–23). When EVs were discovered, their primary function was thought to be the excretion of metabolic wastes from cells (24). However, various studies highlighted the ability of EVs to perform cellular communication, which is essential during various biological processes and disease progression. This

communication is possible due to the presence of various nucleic acids and proteins that are responsible for distinguishing the transmission of important biological information between cells (25–28). Thus, EVs can be used as nano-cargos for delivering nucleic acids (such as messenger RNA) (29) and therapeutic agents (such as paclitaxel) (30). Cells within the tumor microenvironment (TME) of OS can secrete EVs, which can deliver non-coding RNAs (ncRNAs) and proteins within the tumor matrix essential for cellular communication. Thus, EVs can effectively regulate the TME within OS and accelerate cell proliferation and metastasis. Additionally, EVs show high systemic stability and are not susceptible to cellular enzymes. They also have good therapeutic and diagnostic potential. In this article, we reviewed the different types of EVs and their biological properties, along with their potential in the diagnosis and treatment of OS.

The sources of EVs involved in osteosarcoma

Extracellular vesicles secreted by drug-resistant cells facilitate and transfer drug resistance to different types of tumors, including breast, prostate, colon, lung, and gastric cancer, as well as, osteosarcoma (31). Doxorubicin and cisplatin resistance are transferred from OS resistant cells to sensitive cells through EVs that carry P-glycoprotein, MDR-1 mRNA, or the circular RNA hsa_circ_103801 [178,179]. Bone marrow-derived mesenchymal stem cell-derived extracellular vesicles (BMSC-EVs) can promote the proliferation, invasion, and migration of osteosarcoma cells *via* the MALAT1/miR-143/NRSN2/Wnt/ β -catenin axis (32). Additionally, EVs secreted by the osteosarcoma 143B cell line contain a pro-osteoclastogenic cargo, which includes MMPs (MMP-1 and MMP-13), RANK-L (Receptor Activator of Nuclear Factor κ B Ligand), CD-9, and TGF- β . These findings highlighted that EVs from different sources exhibit different biological activities.

The characteristics of EVs

Extracellular vesicles released from most cells contain various proteins, RNA, genomic DNA (gDNA), non-coding RNAs (ncRNAs), lipids, and metabolites (33, 34). EVs can be categorized into three types based on their size and release mechanisms and include EVs, microvesicles, and apoptotic vesicles, with vesicle sizes ranging from 30 to 150 nm, 100 to 1,000 nm, and 50 to 1,500 nm, respectively (35, 36). EVs are cultured from OS cells obtained *in vivo* and purified by differential centrifugation. The separated and purified EVs are assessed according to their purity and morphology, followed by protein profiling and sequencing of the components. The assessment of the morphology of EVs by electron microscopy remains a gold

standard. Additionally, flow cytometry (FCM) might also be performed for assessing EVs. For particle size analysis of EVs, Nanoparticle Tracking Analysis Technology (NTA) is frequently used. The production of EVs involves the initiation of endocytosis, the formation of multivesicular bodies (MVBs), and the production of exosomes (37, 38). EVs start to develop with the initial formation of plasma membrane invaginations into a cup-like structure containing cell surface proteins, soluble proteins, and endoplasmic reticulum (ER). This cup-shaped structure, together with trans Golgi, promotes the formation of early endonucleosomes (39). Early intranucleosomes mature into late intranucleosomes, resulting in the formation of MVBs. These MVBs may fuse with the plasma membrane to release the intraluminal vesicles (ILVs) associated with EVs or may fuse with autophagosomes or lysosomes for degradation (40, 41). EVs are found in different types of body fluids, such as urine, plasma, breast milk, and ascites (42, 43), which makes EVs a significant tool with great diagnostic potential.

The process of the formation of EVs

Extracellular vesicles are usually formed by endosomal endocytosis, in contrast to other conventional membrane outgrowth processes, which deform membranes from organelles into the cytoplasm. The endosomal limiting membrane undergoes multiple depressions with inward growth resulting in the formation ILVs. These ILVs are then converted into MVBs, which have a dynamic subcellular architecture. Interestingly, MVB formation can occur at the endosomal limiting membrane by the endosomal sorting complex required for the transport (ESCRT) mechanism (44, 45). The ESCRT machinery functions through a set of cytoplasmic protein complexes by recognizing the ubiquitinated modified membrane proteins. The first ESCRT complex (ESCRT-0) can recognize ubiquitin markers, showing high levels of enrichment in the endosomal membrane during the transport of ubiquitinated complex into ESCRT I/II. Within ESCRT I, tumor susceptibility gene 101 protein (TSG101) can detect disulfide bonds and induce depression of the endosomal membrane. They function as shears in the bud neck under the influence of ESCRT III and lead to the formation of MVBs (46, 47). However, MVBs can still be formed in the absence of ESCRT. The process is initiated by an accessory protein ALG-2 interacting protein X (Alix). Alix directly binds to the intracellular bridging protein syntenin, which is further involved in EV formation (48, 49). Such ESCRT-independent MVBs are produced under the action of the abundant tetra-transmembrane protein CD63- α on MVBs and by ceramide-mediated cell membrane outgrowth (50, 51). These MVBs can fuse with lysosomes, degrade their contents, and recirculate them. The sorting of MVBs is significantly regulated by their cholesterol levels. For example, MVBs rich in cholesterol are targeted to cell membranes to be released as EVs, whereas,

MVBs with low cholesterol levels are targeted for transport toward lysosomes (52).

Mechanism of action of EVs

Extracellular vesicles are generally responsible for inducing functional responses in receptor cells by delivering their contents, promoting phenotypic changes in receptor cells, and affecting their physiological state (25, 53). EV-mediated intercellular communication within plasma membrane relies on the activation of surface receptors on recipient cells and initiates cell signaling. The uptake of EVs by recipient cells is facilitated by cytokinesis (54, 55). The mechanisms of exosome cell membrane interaction and the transport of exosomes and endosomes are not fully understood. However, some studies have shown that these mechanisms are associated with the origin of EVs, receptor cells, and downstream processes involved in the same. Some studies have shown the activity of EVs derived from certain cells along with their application in the treatment of diseases (56, 57). The interaction between proteins significantly expressed on EVs and surface receptors of the recipient cell membrane can be used to assess the target cell specificity (58, 59). The known mediators of cell communication also include transmembrane tetraspanins, integrins, lipids, and extracellular matrix components (60, 61).

Extracellular vesicles in tumor diagnosis and treatment

Extracellular vesicles influence the exclusion of redundant and nonfunctional cellular components (62, 63). They can also act as intercellular linkers for protein, nucleic acid, and lipid transport between host and recipient cells. They strongly affect different biological processes, such as antigen presentation, angiogenesis, inflammation, and apoptosis (64–67). These processes might be related to the metastasis of biomolecules and cell crosstalk that leads to cancer-related events (47, 68, 69). The constituent nucleic acids, proteins, and lipids captured by EVs during production might reflect their cellular origin and physiological state.

These biomolecules have high disease specificity and might act as potential biomarkers. Additionally, EVs function as carriers for these biomolecules and prevent their enzymatic degradation. Various tumor-associated events involve EVs for cell proliferation, apoptosis, metastasis, and angiogenesis, and thus, may be used as a noninvasive diagnostic biomarker in various types of cancer (70–72). For example, miR-21, miR-124-3p, and miR-222 in serum EVs might be used as molecular biomarkers for assessing early cancer development during postsurgical management of high-grade gliomas (HGG) (73). Shin et al. reported the expression of miR-

21, miR-451, and miR-636 in urinary EVs in prostate cancer patients, which indicated a close resemblance with preoperative prostate-specific antigen (PSA) levels. Thus, urinary exosome-derived miRNAs might be used as noninvasive markers for predicting prostate cancer prognostic outcomes and metastasis (74). Wang et al. showed that plasma exosome-derived miR-363–5p was necessary for differentiating LN-positive breast cancer (BC) patients from LN-negative patients. Additionally, upregulation of miR-363–5p was strongly associated with overall survival (75). Exosome therapeutic research is focused on three main areas, which include biomedicine, drug delivery, and regenerative medicine. EVs are promising for treating disorders due to their nontumorigenic risk and bactericidal infiltration. Due to their small size, EVs can reach the site of injury through internal circulation and lower immunogenicity, which makes them an ideal candidate for developing treatment against various disorders (76, 77). EVs also facilitate gene delivery to recipient cells, thus altering their biological activity. They are also capable of carrying therapeutic payloads such as proteins, RNAs, and chemotherapeutic agents and delivering them to the target site across different biological barriers (47, 78, 79). EVs can be engineered to target cell signaling pathways or specific recipient cells using a ligand-targeted approach (27, 80). Chemotherapeutic loaded EVs can target tumors with a significant reduction in dose-dependent side effects of chemotherapeutic agents and an increase in their efficacy in cancer treatment (55, 68, 81). Mesenchymal stem cell (MSC)-derived EVs can be used in the field of regeneration and repair. Additionally, some *in vitro* and *in vivo* studies have investigated its regenerative potential and therapeutic applications. In some studies, EVs were found to outperform MSCs in the treatment of various diseases (19, 82, 83).

Role of EVs in tumor growth and metastasis of osteosarcoma (OS)

Extracellular vesicles affect cellular communication between cells within the TME, thus influencing cell proliferation and metastasis in cancer. Bone marrow-derived mesenchymal stem cell-derived extracellular vesicles (BMSC-EVs) can promote proliferation, invasion, and migration of osteosarcoma cells *via* the MALAT1/miR-143/NRSN2/Wnt/ β -catenin axis (32). This enhancement in cell proliferation and metastasis is facilitated by the epithelial-mesenchymal transition (EMT) in related cell types. Moreover, the TME significantly accelerates tumor neovascularization, immunosuppression through stromal cells, and the transformation of cancer-associated fibroblasts (84–87). In conclusion, EVs have a strong effect on OS cell proliferation, migration, invasion, and angiogenesis by participating in intercellular communication and controlling cellular signaling (Figure 1).

Extracellular vesicles are involved in osteosarcoma proliferation

Cancer cells undergo indefinite proliferation (88). In contrast, normal tissues have precise and controlled release of pro-growth signals, which cyclically initiate cell proliferation and differentiation up to a finite number of cell divisions. However, tumor cells can inherently produce growth factor receptors, thus escaping negative feedback regulation against proliferation (89, 90). EVs also have an important effect on proliferation in OS (Table 1). Zhang et al. reported the effect of exosomal miR-208a obtained from bone marrow-derived mesenchymal stem cells (BMSCs) on OS cell proliferation and apoptosis. They found that OS cell growth was enhanced and apoptosis was inhibited when PDCD4 expression was suppressed. This, in turn, activated the Hippo and ERK1/2 pathways. In contrast, the exosomal miR-206 obtained from BMSCs suppressed cell growth, invasion, and migration. It also promoted apoptosis by targeting TRA2B in OS cells (102). Additionally, BMSC-derived EVs could encapsulate and translocate PVT1 in OS cells, and PVT1 promoted cancer development and migration by binding to miR-183–5p and facilitating the expression of ERG (94). BMSC-EVs could enhance OS cell growth, migration, and invasion through MALAT1/miR-143/NRSN2/Wnt/ β -catenin signaling (93). Huang et al. showed the effect of EVs obtained from hBMSCs on tumorigenesis and migration. The EVs showed enhanced tumorigenesis and migration by promoting oncogenic autophagy in OS (95). EVs derived from ADSC could enhance OS cell growth, invasion, and migration by delivering COLGALT2 to OS cells, leading to the malignant progression of OS (96). Li et al. found that OS cells that showed AXL upregulation promoted the secretion of EVs into cells with downregulated AXL, and this promoted cell growth, invasion, and migration *via* the linc00852/miR-7–5p/AXL regulatory axis (103). Ge et al. found that BMSC-derived EVs translocate into OS cells and promote OS growth and migration by LCP1/JAK2/STAT3 signaling and inhibit OS progression *via* miR-135a–5p/LCP1 signaling (98). The MG-63 cell-derived EVs, which were co-cultured using HOS and MG-63 cell lines, significantly enhanced OS cell growth and inhibited apoptosis. This effect might be related to the interaction of Hic-5 with smad4 and a decrease in the expression of TCF/LEF that regulates Wnt/ β -catenin signaling (99). Han et al. found that exosomal miR-1307 obtained from OS cells can promote OS cell growth, invasion, and migration by inhibiting AGAP1 expression. This finding indicated that the miR-1307-AGAP1 axis might act as an anti-OS therapeutic target (100). Wu et al. found that exosomal miR-15a expression decreased in plasma EVs, and exosomal miR-15a was absorbed by OS cells, which suppressed GATA2/MDM2 signaling *via* the p53 pathway. This inhibited OS cell growth and migration *in vitro* (104).

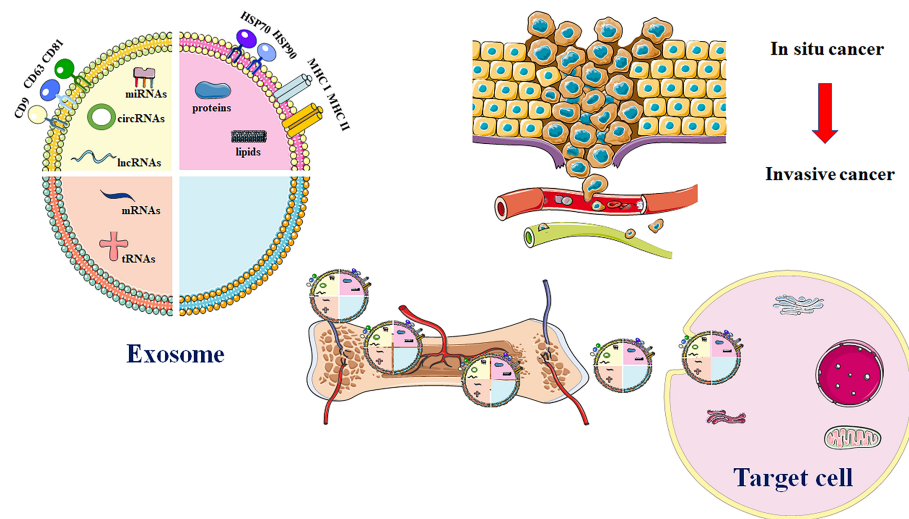


FIGURE 1

Major exosome release process in OS. EVs are comprised of various proteins and nucleic acids. These evolutionarily conserved proteins that can be used as biomarkers, like HSP70, CD9, CD63, and CD81. Additionally, exosomal cargos are also involved in transport of multiple biomolecules such as DNA or RNA. EVs that carry genetic materials are utilized in development of treatment for OS through enhancing drug resistance, immune evasion, migration, invasion, and angiogenesis. Source cell-derived exosomal cargos are also carried into recipient cells via blood circulation. Highly invasive OS cells enhance cell migration and invasion through production of exosomes.

TABLE 1 Biological activity of exosomes in OS proliferation.

EV content	Parent cells	Target cells	Mechanism	Biological activity	Ref.
miR-208	BMSCs	OS cells	PDCD4/ERK1/2	Enhance OS cell invasion, viability as well as clone formation ability	(91)
miR-206	BMSCs	OS cells	TRA2B	Suppress OS cell growth, invasion, and migration, while inducing their apoptosis	(92)
MALAT1	BMSCs	OS cells	MALAT1/miR-143/NRSN2/Wnt/ β -catenin	Promote OS cell proliferation, metastasis, and invasion	(93)
PVT1	BMSCs	OS cells	PVT1/miR-183-5p/ERG	Promote OS proliferation and invasion	(94)
ATG5	BMSCs	OS cells	/	Enhance OS cell growth, invasion, and migration,	(95)
COLGALT2	ADSCs	OS cells	/	Enhance OS cell growth, invasion, and migration	(96)
Linc00852	high AXL expression in OS cells	low AXL expression in OS cells	Linc00852/miR-7-5p/AXL	Promote cell proliferation, migration and invasion	(97)
LCP1	BMSCs	OS cells	miR-135a-5p/LCP1/JAK2/STAT3	Enhance OS cell growth, and migration	(98)
Hic-5	MG-63	MG-63 and HOS cells	Hic-5/sm44-TCF/LEF-Wnt/ β -catenin	Promote cell proliferation and inhibit cell apoptosis	(99)
miR-1307	OS cells	OS cells	AGAP1	Enhance OS cell growth, invasion, and migration	(100)
miR-15a	Serum-derived exosome	OS cells	miR-15a/p53/GATA2/MDM2	Inhibit OS cell growth, invasion, and migration	(101)

EVs have an important effect on OS metastasis

In epithelial-mesenchymal transition (EMT), the epithelial properties of epithelial cells are lost, while the mesenchymal phenotype is acquired. This phenomenon is widely involved in physiological regulation and pathological changes and is closely related to embryogenesis, tissue regeneration, invasion, and metastasis of cancer tissue (105–107). When EMT occurs, the main features of epithelial cells are lost, resulting in a change from polygonal to spindle-shaped fibroblast-like morphology. Additionally, the cells also lose their polarity, show reduced adhesion, and gain the ability to invade and metastasize (108, 109). EVs have a strong effect on OS invasive metastasis (Table 2). When *in-vitro* synthesized miR-143 was transported into OS cells *via* EVs, they significantly inhibited the invasive ability of the cells (110). Gong et al. found that highly invasive OS cells secreted exosomal miR-675 into recipient cells and further suppressed CALN1 expression to enhance migration and invasion of OS cells. Additionally, serum exosomal miR-675 levels among OS cases are strongly associated with the prognosis of OS (111). Mazumdar et al. found that EVs derived from 143-B cells with high metastasis capacity and SAOS-2 cells with low metastasis capacity could induce the recruitment of BMCs into the lungs. The components of EVs might inhibit distant metastasis of OS (113). Zhong et al. showed that the Rab22a-NeoF1 fusion protein with PYK2 could be sorted into EVs in OS. The exosomal Rab22a-NeoF1 fusion protein promotes premetastatic lung niche generation by recruiting bone marrow-derived macrophages (BMDMs) (112). Han et al. showed that exosomal miR-1307 obtained from OS cells enhanced OS cell growth, invasion, and migration by

inhibiting AGAP1 expression; thus, targeting miR-1307 might inhibit the malignant progression of OS (100).

EVs are essential for angiogenesis in osteosarcoma

Angiogenesis is the formation of new blood vessels in capillaries or venules behind capillaries (114, 115). This process is regulated by the interaction between proangiogenic and antiangiogenic factors. Although these factors are stable under normal physiological conditions, they can be activated or inactivated by external stimuli (12, 116). Different types of cells (cancer and healthy cells) require nutrients, which are supplied through blood capillaries. These capillaries can also excrete metabolic waste generated within cells (117, 118). Tumor-derived EVs are associated with an important mechanism that promotes angiogenesis. Moreover, EVs have a critical effect on angiogenesis in OS (Table 3). Yoshida et al. found that the expression of miR-25-3p increased in OS tissues, which promoted cancer development, drug resistance, and invasion by inhibiting the expression of DKK3. Embedding synthetic miR-25-3p into tumor-derived EVs significantly promoted the capillary formation and vascular endothelial cell (EC) invasion (119). Tao et al. showed that angiogenesis in OS could be promoted by EWSAT1. Therefore, including exosomes increases the sensitivity of vascular endothelial cells, which directly induces an increase in the secretion of angiogenic factors (120). Li et al. showed that osteosarcoma cells with high exosome abundance could modulate autophagy and angiogenesis in OS *via* ATG and miR-153 by secreting exosomal lnc-OIP5-AS1 into other OS cells (121).

TABLE 2 Biological functions of exosomes during the metastasis of OS.

EV content	Parent cells	Target cell	Mechanism	Biological activity	Ref.
synthetic miR-143	/	OS cells	/	Inhibit cell invasion	(110)
miR-675	OS cells	hFOB1.19	CALN1	Enhance OS cell invasion, and migration	(111)
Rab22a-NeoF1/PYK2	PYK2-positive osteosarcoma cells	macrophages	RhoA	Facilitate the pre-metastatic niche formation	(112)
miR-1307	OS cells	OS cells	AGAP1	Enhance OS cell growth, invasion, and migration	(100)

TABLE 3 The biological function of exosome in the angiogenesis of OS.

EV content	Parent cells	Target cells	Mechanism	Biological activity	Ref.
synthetic miR-25-3p	/	OS cells	DKK3	Enhance angiogenesis and vascular endothelial cell migration	(119)
EWSAT1	/	OS cells	/	Increase in sensitivity/reactivity of vascular endothelial cells	(120)
OIP5-AS1	OS cells	OS cells	miR-153/ATG5	Increase in the angiogenesis level	(121)

Extracellular vesicles are essential for the immune activity of osteosarcoma

The natural response of the body to any foreign material is expressed by immune system activation and production of EVs (22, 83, 122). EVs can also regulate and modulate immune cells and participate in the immune response (21, 123, 124). EVs obtained from cancer cells can deliver tumor-associated antigens (TAAs) to stimulate immune cells and generate antitumor immune responses. However, they can also interfere with immune recognition and inhibit tissue-associated cells, T cells, immune-related cells, and natural killer (NK) cells, thus accelerating tumor cell escape and metastasis (25, 125). Moreover, EVs are responsible for regulating cancer cell development *via* TME-derived immune cells (126, 127). Additionally, the immune microenvironment within OS cells is strongly affected by EVs (Table 4). Cancer-associated fibroblast (CAFs)-secreted exosomal miR-1228 can enhance OS migration and invasion *via* SCAI. This can be further used in the development of miR-1228-based anti-OS therapy (119). Raimondi et al. found that EVs can promote osteoclast bone resorption and differentiation. EVs can also enhance tube formation in ECs while increasing the expression of angiogenic markers. Specific miRNAs, including miR-21-5p and miR-148a, have important effects on the tumor microenvironment, as determined by second-generation sequencing (128). The EVs of metastatic OS cells secrete exosomal TGFβ2 into tumor-associated macrophages, which in turn promote the M2 phenotype and contribute to immunosuppression and tumorigenesis (129). Mazumdar et al. showed that EVs obtained from OS cells can promote the differentiation of myofibroblasts/CAF, the generation of

fibronectin, and the expression of smooth muscle actin. They can also significantly promote the invasive ability of human lung fibroblasts (130). Cheng et al. showed that OS-obtained EVs can promote the polarization of M2 macrophages *via* Tim-3, which in turn can promote the invasion of OS cells and metastasis (135). Zhang et al. showed that OS cell-derived exosomal COL6A1 can convert normal fibroblasts into CAFs by secreting proinflammatory cytokines. After activation, CAFs can mediate the TGF-β/COL6A1 pathway to enhance the migration and invasion of OS cells (132). Zhang et al. showed that exosomal LIFR-AS1 obtained from macrophages could promote the OS malignancy grade by combining with miR-29a, which promoted the NFIA level (133).

Potential clinical application of EVs in osteosarcoma

Extracellular vesicles consist of various biomolecules, which are biologically active. They circulate through systemic circulation and are also found in various body fluids capable of mediating long-distance intercellular communication (40, 136). Tumor-derived EVs are rich in biomolecules, such as proteins, nucleotides, and lipids, which indicate the origin of the pathophysiological status of the cells (137, 138). EVs can provide a specialized lipid bilayer covering, thus preventing the degradation of RNA molecules (137, 139). Hence, the detection of tumor EVs in patients provides significant advantages to liquid biopsy, and EVs might also be used for early diagnosis. EVs might also be used to develop efficacious treatment strategies and monitor the prognosis of different diseases [181,182]. A specific collection of RNAs in the EV cargo might also serve as new or supplementary biomarkers in the diagnosis

TABLE 4 The biological functions of exosome in the immuno-modulation of OS.

EV content	Parent cell	Target cell	Mechanism	Biological function	Ref.
miR-1228	cancer-associated fibroblasts	OS cells	SCAI	Promote OS cell migration and invasion	(119)
miR-148a-3p and miR-21-5p	OS cells	Raw264.7 and Huvec cells	/	Influence osteoclast formation, tumor angiogenesis, and bone resorption	(128)
TGFβ2	Metastatic OS cells	Tumor-associated macrophages	/	Enhance M2 phenotype while creating the tumor-promoting, Immunosuppressive TME	(129)
TGFβ1	OS cells	Resident lung cells	/	Drive myofibroblast/cancer-associated fibroblast differentiation	(130)
Tim-3	MG63	Macrophages	/	Induce M2 type differentiation of macrophages	(131)
COL6A1	OS cells	cancer-associated fibroblasts	IL-6, IL-8 and STAT1	Convert normal fibroblasts to cancer-associated fibroblasts	(132)
LIFR-AS1	Macrophages	OS cells	miR-29a/NFIA	Enhance OS cell growth, invasion, and migration While promoting their apoptosis	(133)
miR-221-3p	M2-polarized tumor-associated macrophages	OS cells	SOCS3/JAK2/STAT3	Promote growth of OS cells	(134)

and progression of OS (31). Another study showed dysregulated levels of several miRNAs and mRNAs in EVs isolated from the serum of OS patients with a poor chemotherapeutic response compared to that of patients who responded positively to chemotherapy (140). A pilot study showed a higher tumor mutation burden in the RNA isolated from the plasma samples with metastatic EVs compared to that isolated from the plasma samples with non-metastatic ones (141). These findings highlighted the clinical application of EVs in OS.

Extracellular vesicles are promising tools for developing osteosarcoma biomarkers

The diagnostic and prognostic assessment of OS improved considerably with the application of EVs as a biomarker for the disease. Next-generation sequencing was conducted, and eight novel miRNAs were identified from OS cells, out of which five miRNAs were present in circulating EVs among OS patients. However, the biological activity in the pathogenesis of OS and the diagnostic and therapeutic potential of these miRNAs need to be further investigated (142). The expression levels of plasma EV-miR-101 in OS patients and normal participants were determined by performing qRT-PCR. The results indicated a significant decrease in EV-miR-101 levels in OS patients relative to that in normal participants. Moreover, the EV-miR-101 plasma levels in OS patients with metastases were lower than those in patients without metastases. Hence, EV-miR-101 might be a diagnostic marker for OS (143). Ye et al. identified 57 differentially expressed miRNAs in plasma samples obtained from OS patients and normal participants *via* high-throughput sequencing. Among these miRNAs, 20 were upregulated, and 37 were downregulated. The expression of miR-92a-3p, miR-130a-3p, miR-195-3p, let-7i-3p, and miR-335-5p increased significantly within EVs from OS patients relative to their expression in controls. The findings suggested that these miRNAs might be used as potential diagnostic markers for OS (144). Zhang et al. reported high levels of CASC15 in OS cells and tissues along with a significant increase in the levels of CASC15 in the OS plasma EVs compared to their levels in controls (145). Cambier et al. described the significant diagnostic potential of overexpressed biomarkers such as HSATII, HSATI, Charlie 3, and LINE1-P1 at the DNA level rather than the RNA level in serum EVs from OS patients compared to their levels in serum EVs of the control (146). Huo et al. described significant upregulation of hsa_circ_0056285 in serum EVs in OS patients. They also showed the great diagnostic ability of hsa_circ_0056285 based on the ROC curve analysis (147). The expression of SENP1 obtained from plasma exosomes of OS patients was closely related to the tumor size, tumor location, necrosis rate, lung metastasis, and surgical staging. Moreover, patients with higher SENP1 expression had poorer overall survival, and disease-free survival (DFS)

compared to OS patients with downregulated SENP1 (148). Han et al. analyzed EVs from plasma samples of OS patients with and without metastases and compared the results to those of normal controls using MALDI-TOF MS. They identified seven exosomal protein markers that were associated with OS lung metastasis (11). Also, noninvasive liquid biopsy using MALDI-TOF MS fingerprinting and SERS for the identification of EVs can be applied for the rapid diagnosis of OS (149).

Potentials of EVs in the treatment of osteosarcoma

Treatment options for OS were either surgery or radiotherapy until the 1970s. Patients with OS also showed high resistance to radiotherapy (150, 151). Clinical results showed that surgical intervention, including tumor resection and/or amputation, cannot improve the survival rate (the operative mortality was about 80%) (152). The five-year survival rate of tumor resection cases is only 20% (153). Additionally, chemotherapeutic interventions can improve the survival rate of OS and reduce the amputation rate, thus improving the limb rescue score. The long-term survival rate of OS patients without metastasis is as high as 75%, compared to 20% before the 1970s (154, 155). However, the long-term survival rate of patients with recurrence or metastasis is still low (Figure 2).

Kyung et al. showed that EVs have antitumor effects on osteosarcoma cells. EVs from canine macrophages can activate the apoptosis pathway of canine OS cells, which is an effective anti-cancer treatment (156). Additionally, MSC-derived EVs carrying miR-150 can reduce the proliferation and migration of osteosarcoma cells by targeting IGF2BP1 (insulin-like growth factor-2 mRNA binding protein 1) (157). Exosomes might also be used as a carrier to deliver chemotherapeutic drugs to osteosarcoma cells [188.189]. Exosomes can be directly charged with drugs [190.191].

Conclusion

The advanced metastasized tumors, in contrast to primary tumors, often pose a major hindrance to the success of treatment outcomes in OS and increase patient mortality. Therefore, early diagnosis is the key to improving the prognosis and survival of OS patients (123, 158). EVs are stable, diverse, nano-sized vesicles that are found in most tissues, organs, and body fluids (124, 159). Moreover, EVs containing transmembrane proteins and some intracellular proteins, such as integrins or genetic material from the cells of origin, display a high level of identity within cells. This identity is associated with the identification of the tissue of origin, suggesting the importance of EVs and their potential as biomarkers in the early diagnosis and prognosis of OS (22, 160, 161). The

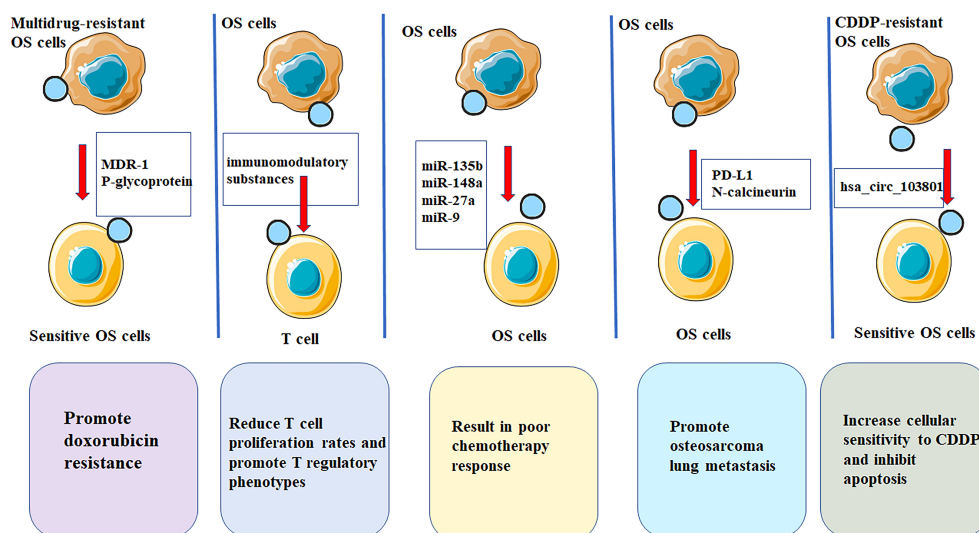


FIGURE 2

EVs have potential applications in treatment of OS. EVs are multifunctional nanostructured carriers which can be used as drug delivery systems with low immunogenicity as well as high biocompatibility and efficacy. OS-derived EVs contain immunomodulation properties that significantly reduces T cell proliferation rates and promote T regulatory phenotypes, thereby promoting OS progression. OS cases showing low chemosensitivity in patients showing favorable chemosensitivity. miR-9, miR-27a, miR-135b and miR-148a show marked up-regulation within serum EVs of OS patients. OS cells could promote osteosarcoma lung metastasis by releasing EVs that contained PD-L1 and N-calcineurin. EVs from cisplatin-resistant (CDDP)-resistant OS cells decreased P-glycoprotein and MDR-associated protein 1 levels in MG63 and U2OS cells, increases cellular sensitivity to CDDP and inhibits apoptosis through exosomal-hsa_circ_103801.

surface proteins of EVs can be targeted and captured by recipient cells, and the contents of EVs can alter the physiological state of recipient cells (162, 163). Tumor EVs can also modulate cancer progression, immune evasion, metastasis, and angiogenesis by interacting with other cells within the TME (125, 164, 165). Additionally, the exosome-mediated pathological processes also highlight the great potential of EVs as biomarkers. Also, a better understanding of the mechanisms of exosome action is necessary to screen, diagnose, and assess patient prognosis.

There are still many problems in the development of EVs. For example, a standardized approach is needed for the quick, easy, and specific isolation of EVs in liquid biopsy. Moreover, EVs can serve as potential biomarkers for the diagnosis of OS, predict its prognosis, and monitor real-time treatment response. Clinical studies with a small sample size have shown reproducibility of EVs (166–168). However, more multicenter trials with large sample sizes are required for developing more accurate liquid biopsies. For evaluating the biological functions of EVs, determining whether they have similar regulatory functions *in vivo* and *in vitro* is challenging. The reason for this heterogeneity is that numerous assays have been performed *in vitro*, however, similar culture conditions cannot be replicated *in vivo*. Additionally, for therapeutic purposes, exosome-derived cells need to be selected carefully to ensure safe treatment. Due to their availability and non-nucleated and non-genetic nature, erythrocytes are the most promising cells for producing exosomes.

Besides their potential as good biomarkers, EVs are promising for precise and targeted cancer therapy (169–171). The development of a novel drug-loading system is a barrier to enhancing the effectiveness of antitumor drug therapy. Therefore, as a natural therapeutic carrier, EVs might be used for their low immunogenicity and various therapeutic bioactive molecules contained within (21, 161). Moreover, exogenous drugs carried by EVs can maintain drug stability *in vivo*. These advantages make EVs a better drug loading system than traditional drug delivery models. Hence, EVs are important for developing precision medicine for OS and other cancers. Han et al. constructed the iRGD-Lamp2b-modified MSC fusion gene for isolating and purifying EVs, as well as, loading the anti-miRNA-221 oligonucleotides into EVs. AMO-loaded EVs are effective in inhibiting *in-vitro* colon cancer (CC) cell growth and clone-forming ability (172). Exosomal ANXA6 levels in the sera of TNBC patients can predict the efficacy of gemcitabine chemotherapy (173). CC cells can produce exosomal miR-208b to receptor T-cells and promote the expansion of Treg cells *via* programmed cell death factor 4 (PDCD4), leading to malignant tumor growth and oxaliplatin resistance (174).

In this study, we highlighted and reviewed the advancements in the research on the biological functions of EVs during the occurrence and development of OS, along with its clinical applications. Moreover, EVs from OS can promote the progression of OS by regulating cancer drug resistance,

immunity, angiogenesis, and metastasis. These findings highlight the role of EVs as anti-OS targets. Additionally, due to their abnormal expression in tumor-derived exosomal inclusions and their ability to reflect the tumor status, EVs might be used as markers for the diagnosis and prognosis of OS. Exosomal drug carriers and immunomodulatory therapy are promising therapeutic strategies in the treatment of OS.

Author contributions

SL, XG, and BG were responsible for original drafting, supplementation, allocation as well as editing. The authors have carefully read and approved the final version for submission.

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Conflict of interest

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Divergent SARS-CoV-2-specific T cell responses in intensive care unit workers following mRNA COVID-19 vaccination

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The cellular immune response to severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in response to full mRNA COVID-19 vaccination could be variable among healthy individuals. Studies based only in specific antibody levels could show an erroneous immune protection at long times. For that, we analyze the antibody levels specific to the S protein and the presence of SARS-CoV-2-specific T cells by ELISpot and AIM assays in intensive care unit (ICU) workers with no antecedents of COVID-19 and vaccinated with two doses of mRNA COVID-19 vaccines. All individuals were seronegative for the SARS-CoV-2 protein S before vaccination (Pre-v), but 34.1% (14/41) of them showed pre-existing T lymphocytes specific for some viral proteins (S, M and N). One month after receiving two doses of COVID-19 mRNA vaccine (Post-v1), all cases showed seroconversion with high levels of total and neutralizing antibodies to the spike protein, but six of them (14.6%) had no T cells reactive to the S protein. Specifically, they lack of specific CD8⁺ T cells, but maintain the contribution of CD4⁺ T cells. Analysis of the immune response against SARS-CoV-2 at 10 months after full vaccination (Post-v10), exhibited a significant reduction in the antibody levels ($p < 0.0001$) and protein S-reactive T cells ($p = 0.0073$) in all analyzed individuals, although none of the individuals become seronegative and 77% of them maintained a competent immune response. Thus, we can suggest that the immune response to SARS-CoV-2 elicited by the mRNA vaccines was highly variable among ICU workers. A non-negligible proportion of individuals did not develop a specific T cell response mediated by CD8⁺ T cells after vaccination, that may condition the susceptibility to further viral infections with SARS-CoV-2. By contrast, around 77% of individuals developed strong humoral and cellular immune responses to SARS-CoV-2 that persisted even after 10 months. Analysis of the cellular

immune response is highly recommended for providing exact information about immune protection against SARS-CoV-2.

KEYWORDS

SARS-CoV-2, specific T-cell response, intensive care unit workers, vaccination, ELISpot, CD4⁺ T cells, CD8⁺ T cells

Introduction

Since the first vaccine against SARS-CoV-2 was approved by the regulatory agencies and millions of people around the world were vaccinated, the pandemic has been analyzed from a different perspective. New questions arising about such matters as the long-term effectiveness of the vaccines, the number of doses or boosters needed, and how interindividual variability is affected, have only been partially answered. We know that mRNA vaccines, in particular Pfizer-BioNTech (BNT162b2, Comirnaty) and Moderna (mRNA-1273, Spikevax), provide up to 95% protection against COVID-19 (1, 2), but the level of specific neutralizing antibodies against the S protein diminish over time. Consequently, a third booster dose, even fourth, is being administered to the most vulnerable population, including aged people and health care workers, as well as to the general population (3, 4).

Most of the relevant studies done so far have been based on antibody levels but it remains partially unclear whether the individuals who have received two doses of vaccine have developed a long-term protective cellular response against SARS-CoV-2 and, more important still, whether all healthy people are adequately immunized after these two doses. To investigate this, we focus on a cohort of COVID-19 intensive care unit (ICU) workers, who are one of the groups who have been at high risk of infection from the start of the pandemic until the present time. The seroprevalence of SARS-CoV-2 antibodies among these workers has been extensively analyzed, not only to measure the effectiveness of vaccines since they were one of the earliest groups to be vaccinated, but also to ensure their safety and the success of the measures adopted to contain the infection against new variants (5).

Studies in healthcare workers, who are comparable to other healthy individuals, showed that vaccination induces higher antibodies levels in people previously exposed to SARS-CoV-2, and that one dose is enough to produce the maximum antibodies levels and to maintain them for up to 1 year (6). However, in unexposed healthy workers, two doses are required to obtain robust humoral immunity, and this declines over time, leading to the advocacy of the administration of a booster vaccine shot (7). In relation to the cellular immune response, numerous studies have evaluated its strength and durability after mRNA

vaccination in healthy people (8–13), but also in older people (14, 15), or in patients with some immunodeficiencies (16–19). Studies in unexposed healthy people showed that a robust humoral and cellular response is triggered in response to second vaccination, although first-dose mRNA vaccination is enough to trigger the immunological memory in COVID-19-recovered subjects (20, 21). Combined analysis of SARS-CoV-2 mRNA vaccines revealed a coordinated immune response mediated by a rapid antigen-specific CD4⁺ T cell response followed by a gradual development of CD8⁺ T cells more variable in magnitude (22). Specifically, circulating T follicular helper (Tfh) cells represent a key fraction of specific CD4⁺ T cells being crucial for the development of memory B cells, plasma cells and support antibody response following vaccination (23). First studies with BNT162b1 showed that two doses are required to elicit a robust CD4⁺ (100% responders) and CD8⁺ T (85% responders) cell response, with a favorable Th1 profile that enhances the quality of cytotoxic cells (12). Spike-specific CD4⁺ (100% responders) and CD8⁺ T (87% responders) cells responses peaked after the second dose of the mRNA-1273 vaccine and were largely maintained up to 6 months after vaccination, with a decline mainly in CD8⁺ T cells (9). Memory spike-specific CD8⁺ T cells produce mainly IFN- γ and co-express granzyme B exhibiting an effector memory surface phenotype. Oberhardt V et al. (24) showed that these vaccine-elicited CD8⁺ T cells are early mobilized, one week after the first dose, when CD4⁺ T cells and antibodies are undetectable and undergo a robust expansion after the second dose generating a pool of highly differentiated CD8⁺ T cells with a relevant effector function. Recently, it has also been reported that the frequency of stem cell-like memory (T_{SCM}) cells one-two weeks post-second vaccination determinates the longevity of memory CD8⁺ T cells induced by SARS-CoV-2 mRNA vaccines (25). SARS-CoV-2-reactive T and B cells persist over time even as the levels of antibodies decline, suggesting that the vaccines do provide durable protection against severe disease (26) and against new variants (27). However, we cannot discount the possibility that interindividual variability might lead to heterogeneous immune responses that will condition the durability of the protection from SARS-CoV-2 infection and COVID-19 disease, even in individuals who are not of older ages or immunocompromised (28).

The aim of this study was to establish the genuine degree of protection against SARS-CoV-2 in ICU workers who have been highly exposed to the virus, and to determine how long the protection lasts after vaccination. Using the T ELISpot and flow cytometry activation induced marker (AIM) assays, we analyzed the SARS-CoV-2- T cells that are reactive against the main structural viral proteins —spike (S), membrane (M) and nucleocapsid (N) — before vaccination, to establish the influence of a pre-existing response, and 1 and 10 months after full vaccination with mRNA vaccines, to analyze the durability of the anti-viral immune response and the requirement for additional boosters.

Results

Pre-existing T cells against SARS-CoV-2 proteins in highly exposed ICU workers

The primary aim of this study was to analyze the presence of SARS-CoV-2-specific T cells in COVID-19 ICU workers who had been highly exposed to the virus during the first (March 2020) and second (November 2020) pandemic waves in Spain and who remained unvaccinated (Figure 1A). None of the participants ($n=41$) had a history of SARS-CoV-2, COVID-19 disease, or household contact with SARS-CoV-2-positive people (Table 1). Initially, we determined the number of SARS-CoV-2-specific memory T cells by using the ELISpot assay to determine the IFN- γ -producing cells. For that, PBMCs were stimulated with overlapping peptides pools spanning the three main structural proteins of SARS-CoV-2, the spike (S), membrane (M) and nucleocapsid (N) proteins. We found 14 of the 41 individuals (34.1%) to have pre-existing T lymphocytes specific for at least one of the three analyzed SARS-CoV-2 structural proteins (Figure 1B). The dominant target of the pre-existing SARS-CoV-2-specific T cells was the M protein (detected in 9/41 of the samples; 22.0%), followed by the S protein (7/41; 17.1%) and the N protein (5/41; 12.2%) (Figure 1B). The distribution of these specific T cells varied considerably between individuals: some showed reactivity against one or two proteins, and two individuals reacted against all three SARS-CoV-2 proteins (Supplementary Figure 1A). Moreover, we determined the presence of antibodies specific to the S and N proteins (Figure 2A), showing absence of both antibodies in all individuals and corroborating the lack of asymptomatic COVID-19.

To elucidate whether the presence of pre-existing T cells against SARS-CoV-2 proteins are due to the continuous exposition to the virus in COVID-19 ICUs, we assayed a cohort of 20 healthy donors obtained in pre-pandemic time,

between 2007 and 2013 years (Table 1). A total of 7 out of 20 (35%) pre-pandemic donors showed reactivity and respond to the viral proteins with a similar frequency to the one detected in ICU workers (Figure 1C). Again, the specific T cell response against the M protein was the majority (25% of samples) followed by the one against the N (15%) and S proteins (10%), suggesting a major role of the M protein in the development of cross-reactivity against other coronaviruses. To further understand the magnitude of the cellular immune response developed after exposition to the SARS-CoV-2 virus, we compared the levels of these pre-existing T cells with the observed in COVID-19 convalescent patients with mild or severe infection (Table 1). All patients were diagnosed by PCR and have S- and N-reactive IgG antibodies. The development of specific T lymphocytes against the three structural proteins of the virus was detected in all COVID-19 patients at high levels, indicating that the cellular response triggered under virus exposition was clearly higher than the one observed in unexposed individuals, ICU workers and pre-pandemic donors (Figure 1D).

In order to corroborate the results obtained by ELISpot assay and discriminate the contribution of SARS-CoV-2-specific CD4⁺ and CD8⁺ T cell responses, we performed AIM assay in samples obtained from ICU workers. The gating strategy used and representative flow cytometry plots of one ICU worker and one COVID-19 patient is showed in Supplementary Figure 2 and Figure 1E. We detect the presence of antigen-specific T cells in all analyzed samples, being in some individuals mediated by CD4⁺ T (Figure 1F) cells and by CD8⁺ T (Figure 1G) lymphocytes in others, but no correlation between them was observed for any protein (Supplementary Figure 1B). However, when the contribution of CD4⁺ and CD8⁺ T cells for each individual was added, all individuals showed a positive response (Figure 1H), and the distribution of positive specific T cells was identical between ELISpot and AIM assays (Supplementary Figure 1C), showing the utility of both methods to detect pre-existing T cells against SARS-CoV-2 and their effector ability secreting IFN- γ . As we have previously reported by ELISpot assay, the magnitude of cellular response determined by AIM assay was slightly higher against M protein, and mainly mediated by CD4⁺ T cells.

Altogether, some ICU workers showed a specific cellular response against SARS-CoV-2 proteins, at similar levels to pre-pandemic donors, probably because of the cross-reactivity between SARS-CoV-2 and other coronaviruses or viruses, and not by the continuous exposition to the virus in the COVID-19 units. That pre-existing immunity is associated with the contribution of both CD4⁺ and CD8⁺ T cells, but variable among individuals.

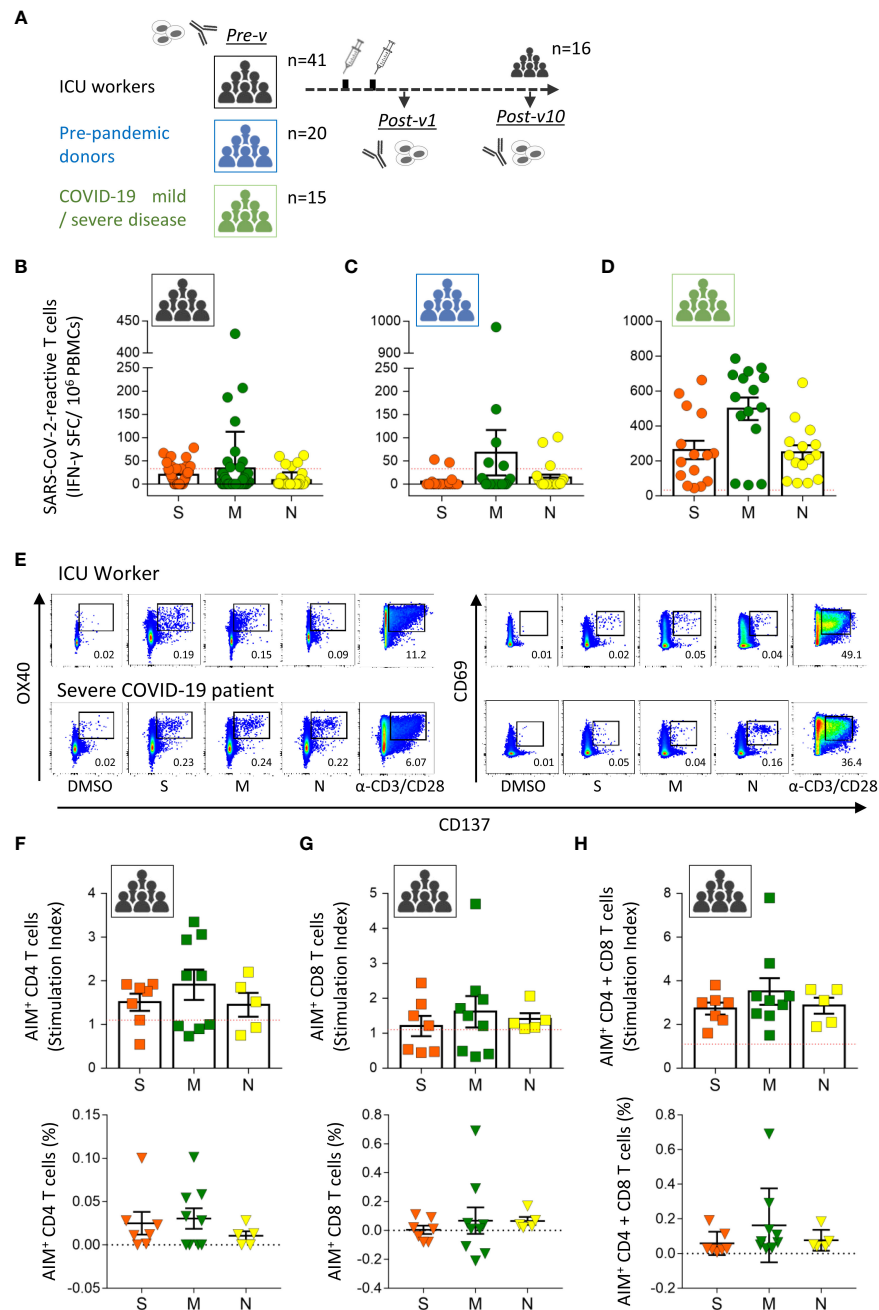


FIGURE 1

Pre-existing SARS-CoV-2-specific T cells in healthy ICU workers. (A) Study design. Blood samples were taken from intensive care unit workers with no known antecedents of COVID-19 before vaccination ($n=41$, Pre-v), and 1 month ($n=41$, Post-v1) and 10 months ($n=16$, Post-v10) after receiving two doses of the mRNA vaccine. Pre-pandemic healthy donors ($n=20$) and COVID-19 convalescent patients ($n=15$) with mild and severe disease were used as control groups. Antibody levels and SARS-CoV-2-reactive T cells were assayed at the indicated times. Frequencies of IFN- γ -producing T cells assayed by ELISpot assay against spike (S, orange circles), membrane (M, green circles) and nucleocapsid (N, yellow circles) proteins in samples from ICU workers (B) taken before vaccination, pre-pandemic healthy donors (C) and convalescent patients recovered from COVID-19 (D). Data from ELISpot assays are depicted as the number of spot-forming cells (SFCs) per 1×10^6 PBMCs. The red dashed line shows the established cut-off (≥ 33.3 SFCs/ 10^6 cells) after subtraction of negative control values. (E) Flow cytometry dot plots from one ICU worker showing the representative gating strategy to identify antigen specific CD4 $^+$ (CD3 $^-$ CD4 $^+$ OX40 $^+$ CD137 $^+$) and CD8 $^+$ (CD3 $^-$ CD8 $^+$ CD69 $^+$ CD137 $^+$) T cells by AIM assay. A patient with severe COVID-19 was reference as positive control. DMSO and polyclonal induction with anti-CD3/CD28 antibodies were used as negative and positive controls of stimulation for each sample. Numbers in dot plots represent the percentage of AIM $^+$ cells in each indicated square. Number of CD4 $^+$ (F), CD8 $^+$ (G) T cells or both (H) detected by AIM assay against spike (S, orange squares, $n=7$), membrane (M, green squares, $n=9$) and nucleocapsid (N, yellow squares, $n=5$) proteins in samples from ICU workers that were positive by ELISpot assay. Data from AIM assay are represented as stimulation index (SI, squares) and frequency (triangles). Red dashed line represents the limit of positivity for SI > 1.1 . All data are represented as mean \pm SEM.

TABLE 1 Characteristics of individuals groups under study.

	ICU workers	Pre-pandemic	Mild/Severe COVID-19
N° of participants; n	41	20	15
Male/Female; n	9/32	12/8	12/3
Age; median \pm SD	39 \pm 12.31	40 \pm 12.09	62 \pm 9.08
SARS-CoV-2 infection by RT-PCR, n (%)	0	0	15 (100%)
Comorbidities, n (%)			
Heart disease	0	0	2 (13.3)
Diabetes Mellitus	1 (2.4)	0	4 (26.6)
Hypertension	0	0	10 (66.6)
Cancer	0	0	0
Pulmonary disease	0	0	5 (33.3)
Medications, n (%)			
Statins	3 (7.3)	–	4 (26.6)
Levothyroxine	6 (14.6)	–	0
ARA II	0	–	9 (60)
Immunosuppressant	0	–	0

(-) not determined.

Divergent cell-mediated immune response induced by SARS-CoV-2 mRNA vaccination

Following these results, the humoral and cellular immune responses were analyzed in the same individuals 1 month (Post-v1) after receiving two doses of COVID-19 vaccine, with the aim of determining whether the pre-existing immunity might condition the immune response to the vaccines. Only the reactivity against the S protein could be analyzed since all the approved mRNA COVID19 vaccines have been designed to act on the S protein. To corroborate the effectiveness of vaccination, we measured seroconversion, and found that all individuals developed high levels of anti-S protein antibodies, with titers >200 AU/ml in all cases, although the levels varied among samples (Figure 2A). Moreover, SARS-CoV-2 nucleocapsid-reactive IgG was not detected in any sample showing that no asymptomatic COVID19 infection was experimented by these ICU workers during the time of the study (Figure 2B). As positive control group, we determine the presence of anti-S and anti-N immunoglobulins in five COVID19 patients, being all the detected values upper than the superior limit of the assays (Figures 2A, B). Besides, we analyzed the presence of neutralizing antibodies using a surrogate virus neutralization assay based on the ability of the antibodies to neutralize the RBD (receptor binding domain of the spike protein)-ACE2 interaction. Results are shown as the percentage of neutralization potential (Figure 2C) and the antibodies titers (Figure 2D). In both cases, we observed the induction of high levels of neutralizing antibodies in all ICU

workers after one month having received the full vaccination. Moreover, a significant correlation between the titers of neutralizing and anti-S IgG antibodies (Figure 2E) suggest that most of the antibodies induced after vaccination are able to block the virus entry.

Next, we analyzed the presence of S-protein-specific T cells by ELISpot assay and most of the individuals developed a strong cellular response; IFN- γ -Spot Forming Cells (SFC), Pre-v: 19.8 ± 20.64 ; Post-v1: 108 ± 97.86 ; $p < 0.0001$ (Figure 3A). Surprisingly, we observed that six individuals (6/41; 14.6%) did not develop any SARS-CoV-2-reactive T cells showing a number of S-protein-reactive T cells below of the established detection limit (SFC $\leq 33.3/10^6$ of PBMCs) (Figure 3B). These individuals were named “Null responders”. Moreover, to analyze the cellular immune response specific against SARS-CoV-2 only as consequence of vaccination, we compared the number of pre-existing specific-T cells against the S protein (Pre-v) from the number of S protein-reactive T cells obtained 1 month after vaccination (Post-v1). We observed that of the seven individuals with pre-existing T cells against S protein, five showed similar levels of SARS-CoV-2-specific T cells to those they had before vaccination (Figure 3B), suggesting there was no increased response to vaccination (“Equal to Pre-v” group), and only two developed a stronger cellular immune response after vaccination, despite the presence of pre-existing T cells. Together, these results indicated that whereas 30 individuals (73.2%, named “Responders”) developed a moderate or elevated number of S-specific T cells, 11 (26.8%), showed a number of specific-T cells below the established cut-off or at equal levels before vaccination (named “Non-responders”) (Figures 3B, C). Thus, nearly one out of four healthy individuals do not reach a strong and effective cellular immunity against SARS-CoV-2 after receiving two doses of the vaccine, despite the high titer of specific antibodies developed.

According to this, no significant correlation was found between the humoral and cellular immune responses assayed by ELISpot assay one month after full vaccination (Supplemental Figure 3A). Moreover, the absence of SARS-CoV-2-specific T cells was not associated with any clinical parameter, treatment or diagnosed immune condition in these ICU workers (data not shown). However, patient chronological age was significantly correlated with the antibody titer, although not with the cellular immune response (Supplemental Figures 3B, C). Younger ICU workers showed a higher titer of S protein-specific antibodies. These correlations were similar when neutralizing antibodies were taken into account, showing a significant correlation with age but not with the cellular response (Supplemental Figures 3D, E).

To corroborate the results found in the cellular response by a different method, we performed AIM assay in seven samples from “Responders” and six samples from “Null responders” groups.

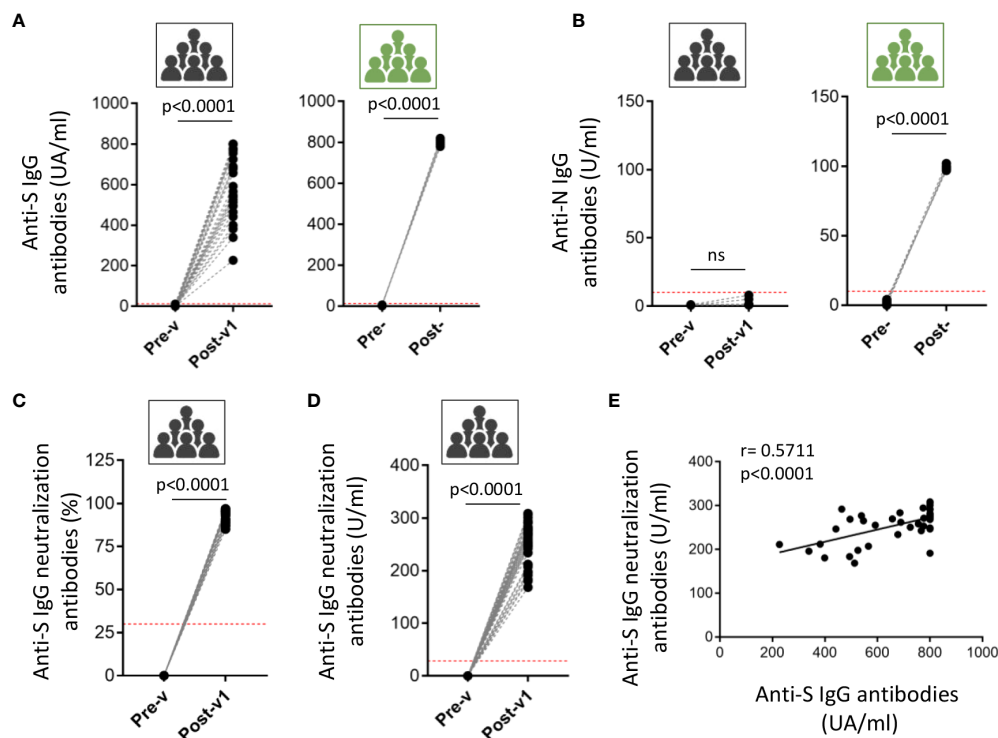


FIGURE 2

Induced humoral response in ICU workers after COVID-19 mRNA vaccination. The antibodies titer against full-length spike (S) protein (A) and nucleocapsid (N) protein (B) was quantified in serum samples from ICU workers (black icons) at times previous to vaccination (Pre-v) and one month after full vaccination (Post-v1), and from five COVID-19 convalescent patients with severe disease (green icons) determined before (Pre-) and after (Post-) infection. Neutralizing antibodies were measured in serum samples from ICU workers (black icons) at times previous to vaccination (Pre-v) and one month after full vaccination (Post-v1) and data are represented as the inhibition percentage (C) and quantified by units per ml (U/ml) (D). Red dotted-lines in panels (A–D) mark the limit of positivity. Statistical comparisons were performed by Wilcoxon test. (E) Correlation between frequencies of the titers of neutralizing and total anti-S IgG antibodies in ICU workers one month after full vaccination. Statistical by Spearman correlation coefficient. ns, not significant.

Unexpectedly, we detect that both ICU workers groups developed AIM⁺ CD4⁺ T cells (“Responders”: 0.1629 ± 0.0241 ; “Null-responders”: 0.1317 ± 0.0322 ; $p=0.4679$) (Figure 3D), whereas only “Responders” individuals showed a strong AIM⁺ CD8⁺ T cell-mediated response cells (“Responders”: 0.2271 ± 0.0249 ; “Null-responders”: 0.03167 ± 0.0047 ; $p=0.0012$) (Figure 3E). That is supported by the significant correlation observed between S-protein reactive T cells assayed by ELISpot and spike AIM⁺ CD8⁺ T cells ($p=0.011$), and not with spike AIM⁺ CD4⁺ T cells ($p=0.9291$) (Figures 3F, G). Moreover, in these analyzed individuals, no significant correlation between AIM⁺ CD4⁺ T cells and total IgG and neutralizing antibodies titers was observed (data not shown). Thus, these results suggest that the absence of cellular response detected in the “Null responders” group by ELISpot assay could be consequence of the lack of a specific immune response against the S protein mediated by CD8⁺ T cells, the main effector cells producing IFN- γ .

An early immune response might condition the durability of the immunological memory to SARS-CoV-2

Subsequently, the persistence of the long-term immune response to SARS-CoV-2 was assayed in a small number of individuals ($n=16$), from the collection of samples 10 months after full vaccination (Post-v10). Overall significant decreases in anti-spike immunoglobulins ($p<0.0001$), percentage ($p<0.0001$) and titer of neutralizing antibodies ($p<0.0001$) in plasma samples were observed in all individuals (Figures 4A–C). As expected, no anti-nucleocapsid antibodies were observed in ICU workers (data not shown), because of mRNA vaccines are aimed against spike protein and no one was infected with SARS-CoV-2 during this time after vaccination. The specific antibody levels declined in the long term, but any samples became seronegative during this time.

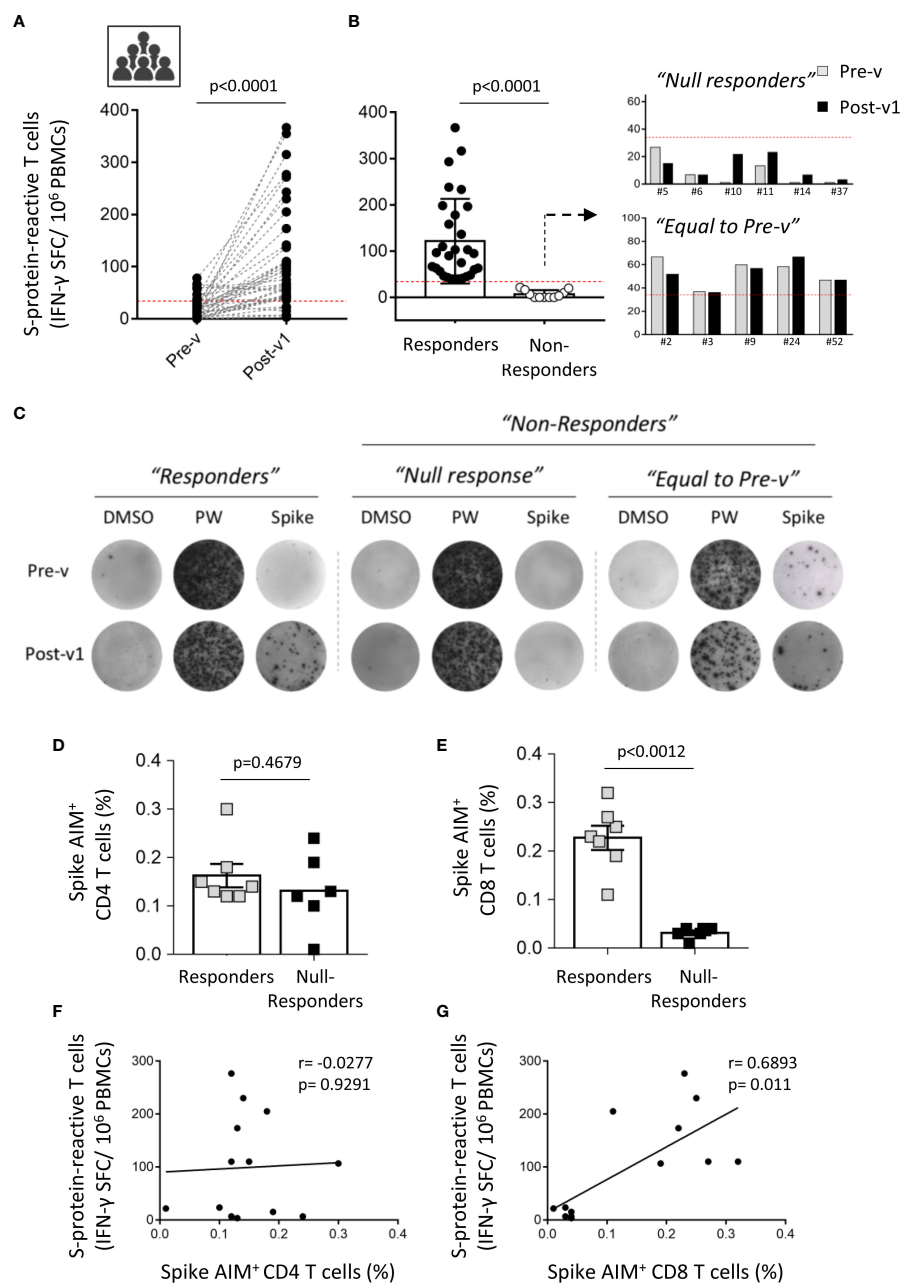


FIGURE 3

Interindividual variation of the cellular immune response to SARS-CoV-2 after COVID-19 mRNA vaccination. **(A)** Paired graph showing the number of specific T cells reactive against the S protein was evaluated by ELISpot assay in PBMCs from ICU workers ($n=41$) obtained before vaccination (Pre-v) and 1 month (Post-v1) after full vaccination. Statistical comparisons were performed by Wilcoxon test. **(B)** Frequency of spike-specific T cells detected by ELISpot assay in samples with a positive response ("Responders") or those with a null response ("Non-responders"). The latter were divided in "Null responders" when the number of specific T cells was below the cut-off (<33.3 SFCs/ 10^6 PBMCs) and "Equal to Pre-v" when the number of specific T cells is not enhanced after vaccination. **(C)** Representative images of IFN- γ -inducing spots in "Responders" and "Non-responders" groups. **(D, E)** Percentage of spike AIM $^+$ CD4 $^+$ and CD8 $^+$ T cells in seven individuals from "Responders" group and six samples that lack of cellular response to SARS-CoV-2 ("Null responders" group). Statistical comparisons were performed by two tail Mann Whitney test. **(F, G)** Correlation between frequencies of spike AIM $^+$ CD4 $^+$ and CD8 $^+$ T cells and the number of spike-reactive T cells evaluated by ELISpot assay in the individuals corresponding to "Responders" ($n=7$) and "Null responders" ($n=6$) groups. Statistical was performed by Spearman correlation coefficient.

Again, the correlation between total anti-spike IgG and neutralizing antibodies was highly significant ($p=0.0003$; Figure 4D), suggesting that the decrease in the number of specific antibodies goes in hand with the reduction in their neutralizing ability. When the cellular response was analyzed, we also observed a significant contraction or reduction of the specific T cell number over time ($p=0.0073$) (Figure 4E). The comparison of the humoral and cellular immune responses detected at ten months after vaccination (Post-v10), revealed that all individuals showed a reduction in the antibody and

specific T cells levels, but maintain neutralizing antibodies levels upper than the detection limit. Moreover, only three individuals showed a decline in the specific-T cell count to levels below the cut-off compared with the number of specific T cells elicited at one month after vaccination (Figure 4F). On the other hand, 76.9% (10/13) of individuals with a positive cellular response after 1 month still had a competent immune response 10 months after receiving their second dose. As expected, individuals ($n=3$) who lacked positive T cells against the S protein one month after vaccination (Post-v1) remained

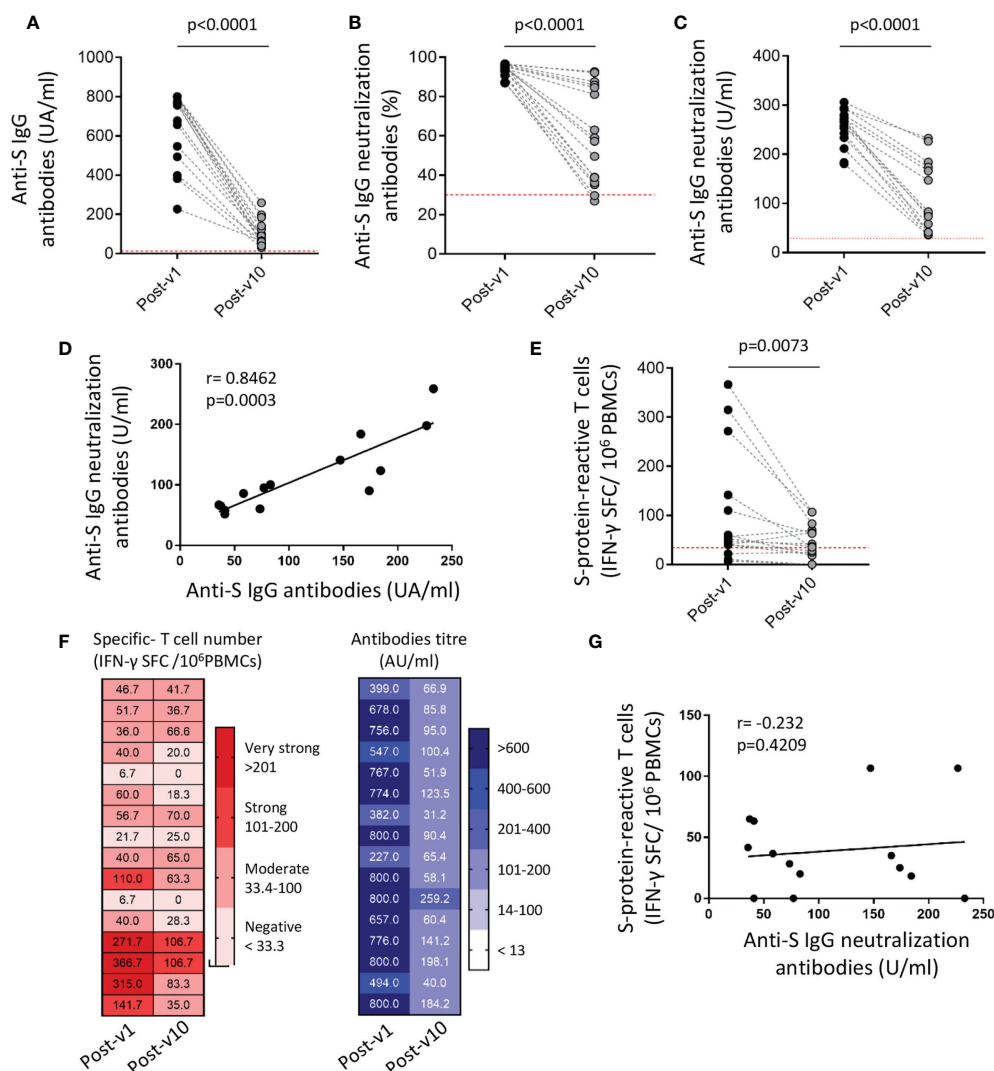


FIGURE 4

SARS-CoV-2-specific humoral and cellular immune responses decline over time but persist 10 months after vaccination. The titer of anti-S IgG and neutralizing antibodies (A–C), the correlation between them (D) and the frequency of S protein-specific T cells (E) were assayed in blood samples ($n=16$) obtained 1 month (Post-v1) and 10 months (Post-v10) after full vaccination. (F) Global distribution of the number of specific T cells (left) and total S IgG titers (right) in samples ($n=16$) obtained at 10 months (Post-v10) after receiving the second dose of the vaccine, and comparison with the values obtained at 1 month (Post-v1) after vaccination. Numbers indicate the S-specific T cells number and antibodies titers and each line represents one ICU worker. (G) Correlation between neutralizing antibodies and the number of spike-reactive T cells in ICU workers at 10 months after full vaccination. Statistical comparisons were performed by Wilcoxon test and correlation with Spearman correlation coefficient.

negative. Despite that both humoral and cellular immune responses are decreased, again no correlation between them was observed (Figure 4G).

In conclusion, most of the individuals maintain a stable repertoire of T cells and antibodies specific to SARS-CoV-2 ten months after having received full vaccination, and those with the highest levels of specific antibodies and cells one month after vaccination are the ones who experienced the least reduction over time. Although more studies are required to ensure strong conclusions, our results provide insights that the immune response reached initially after vaccination could condition the durability of an effective immune response.

Discussion

Although progress continues to be made to understand the humoral and immune responses arising from the administration of COVID-19 mRNA vaccines, many questions remain unanswered and may only be resolved with time and as the pandemic naturally evolves. In the meantime, a range of scenarios need to be analyzed, taking into account the diversity among individuals and the immune history of each. Here, we analyzed the immune response against SARS-CoV-2 over time in healthy individuals, COVID-19 intensive care unit workers who were not infected during the first or second waves of the pandemic in Spain and who received two doses of vaccine by February/March 2021.

The main findings of our study were that: (i) before vaccination, and in the absence of specific antibodies, 34.1% of individuals had T cells that reacted against some of the main structural proteins of SARS-CoV-2, mainly the M protein, and remarkably, this percentage resembles to that one detected in pre-pandemic healthy donors; (ii) all individuals showed high neutralizing antibody titers 1 month after full vaccination, although 14.6% of them had not developed any S-specific T cells by ELISpot assay; (iii) when the contribution of CD4⁺ and CD8⁺ T cells was independently analyzed, we observe a lack of cellular response mediated by CD8⁺ T cells in these “Null responders” individuals; (iv) there were clear long-term declines in the humoral and cellular immune responses, although negative seroconversion was not detected in any individual 10 months after full vaccination, and of greater relevance, still 76.9% of the individuals with a positive cellular response at 1 month after vaccination showed values of specific T cells above the limit of positivity at long-term; and (v) no correlation between humoral and cellular immune responses was observed at any time after full vaccination. Thus, our findings indicate that in healthy individuals whose immune system responded properly to the vaccination against the SARS-CoV-2 S protein, the humoral and cellular immunity that developed early on are specific and durable; however, a small but far from negligible proportion of people, around 15%, did not develop a T cell

response, regardless of their age or known history of immunodeficiency.

Several studies have reported the existence of SARS-CoV-2-reactive T cells in SARS-CoV-2-unexposed healthy people (29–34). Braun and colleagues (35) reported that around 35% of seronegative SARS-CoV-2-unexposed healthy donors had CD4⁺ T cells that were reactive mainly against the C-terminal portion of the SARS-CoV-2-S protein, although this was a lower proportion than in COVID-19 patients. Similarly, in our cohort of ICU healthy workers, around 34% of the samples showed T cells reactive against SARS-CoV-2 proteins, and the number of specific T cells was considerably reduced compared to the observed in COVID-19 convalescent patients. Additional studies of geographically diverse cohorts reported that 20–50% of healthy donors unexposed to SARS-CoV-2 had detectable levels of specific T cells against structural (S, M, N) and non-structural (ORF1a and ORF1b) proteins of SARS-CoV-2 (32). In our study, and according to these previous results, SARS-CoV-2-specific T cells mainly directed against the M protein were detected in SARS-CoV-2-seronegative ICU workers.

Initially, we postulated that the continuous exposition of ICU workers to patients with severe COVID-19 could trigger a slight but efficient cellular immune response specific to SARS-CoV-2 that might influence the response against further SARS-CoV-2 infections. However, the presence of pre-existing T cells in ICU workers was similar to the one detected in samples obtained from healthy donors before the pandemic, who were not exposed to the SARS-CoV-2. Thus, we guess that the origin of these cross-reactive T cells against SARS-CoV-2 proteins is not generated by the virus itself, but the possible recognition of SARS-CoV-2 epitopes shared with other seasonal viruses as it has been shown in previous studies (36, 37). One of the hypotheses suggested is that these unexposed individuals could have developed a variable, short-lived antibody response to another coronavirus but supplemented by a more sustained cellular immune response. Whereas the humoral cross-immunity is weak and decay rapidly (38), the cross-reactivity cellular immunity persists and contributes to SARS-CoV-2 immune responses upon infection or vaccination. Accordingly, SARS-CoV-2-reactive T cells respond to the restimulation with peptide pools obtained from other common coronaviruses (229E and OC43), which is evidence of their origin as an earlier immune response to an endemic human coronavirus (39). However, additional studies using different MHC-II epitopes reported that the high frequency of these cells in unexposed individuals cannot be completely explained by the homology among seasonal coronaviruses, and even that some might be naive and respond to unrelated pathogens (32). In our study, both crossreactive CD4⁺ and CD8⁺ T cells subsets were detected. Moreover, there are some discordances between the diverse reported studies. For instance, we and others observed a higher prevalence of pre-existing T cells with cross-reactive against membrane protein, whilst other studies showed the cellular response to the nucleoprotein as the most prevalent. These differences could be due to the varied geographical

origin of the studied cohorts and the differential exposition to diverse human coronavirus.

The presence of pre-existing cross-reactive T cells has been suggested to contribute to the variation in COVID-19 disease outcome (40, 41), increase the strength of the immune response in SARS-CoV-2 infection and vaccination (42), or even give rise to new therapeutic options that could be built upon and used as passive cell immunotherapy (43). But until now, few studies have evaluated whether these pre-existing T cells contribute to the host defense against SARS-CoV-2 or conversely, impair the development of an effective immune response. Only studies evaluating the severity of SARS-CoV-2 infection in individuals with pre-existing SARS-CoV-2-specific T cells will allow assessing the truly biological relevance of these cells. Meanwhile, Loyal et al. (18) identified a peptide (S816-830) located within the fusion peptide domain of spike protein that is recognized by CD4⁺ T cells in 20% of the unexposed individuals. Most of the individuals, but not all, increased the frequency of cross-reactive T cells after infection or vaccination, suggesting their reactivation and role to mediate the secondary response. By contrast, we showed that only two of the seven ICU workers enhanced the frequency of pre-existing T cells after vaccination, while five maintained similar levels to the ones detected before vaccination though always above the limit of positivity established. Therefore, we postulated that cross-reactive T cells can be generated by the previous exposure to diverse human coronaviruses but only some generated against specific peptides might be boosted upon SARS-CoV-2 infection or vaccination. However, a better phenotypical and functional characterization of pre-existing cross-reactive T cells versus a newly induced SARS-CoV-2-specific T cell response is required to further comprehend their differences and in consequence, whether they could modulate the severity and outcome of the disease.

Following the immune response upon SARS-CoV-2 vaccination, we observed high S protein and neutralizing IgG titers in all individuals only 1 month after complete administration as a consequence of the high efficacy of SARS-CoV-2 mRNA vaccines (1, 2). Antibody levels decline was slightly associated with age, although we should point out that there were no elderly people in our cohort. However, we detected strong variability in the cellular immune response triggered after full vaccination. It is quite remarkable that six (14.6%) individuals, all under 40 years of age, had not developed a cellular response against the S protein. COVID-19 disease is characterized by the great variability of its severity, from asymptomatic to severe, or in the worst cases, with a fatal outcome. In addition, however, the magnitude of the innate and adaptive immune responses to SARS-CoV-2 among people could condition the immune response to further infections, variants or to the vaccination (44). Thus, it is worth considering immunological heterogeneity in all situations, rather than just in the transplant, autoimmunity, and oncological contexts in which immune dysregulation is clearly

established by the received therapy. One of the first studies reported by Sahin U et al. (12) showed that most of the vaccinated individuals, but not all, developed Th1-skewed immune responses and IFN- γ -producing CD4⁺ and CD8⁺ T cells. However, not all individuals responded to the vaccination, remaining the interindividual variability in response to vaccination poorly understood, whereas most studies have tried to understand the durability of the immunological memory. Multiple factors could condition the T cell response to vaccination or to any new viral infection, such as the repertoire of naive T cells, which declines substantially with age but also with the persistent activation of T cells by other chronic viruses, such as cytomegalovirus; deficient ability of cytotoxic T cells to induce an effector response mediated by IFN- γ and cytolytic granules production or the induction of antigen-specific regulatory T cells under subimmunogenic conditions (45), among others.

Our study was designed to analyze for differences in the overall cellular immune response to vaccines, but the specific contribution mediated by CD4⁺ or CD8⁺ T cells was also determined. Cassaniti I et al. (46) showed that the overall SARS-CoV-2 specific T-cell response in convalescent patients was reduced to about 95% and 80% after CD4 or CD8 T-cell depletion, respectively. By using activation assays and cytokine production determinations, other studies showed that upon SARS-CoV-2 exposition the immune responses mediated by CD4⁺ cells are predominant, but SARS-CoV-2-specific CD8⁺ T cells were also reported (47). Most of the studies are commonly carried out upon infection and not after vaccination, and some differences could be observed compared to natural infection although are not fully understood. Goel RR et al. (8) described that after the second dose of SARS-CoV-2 mRNA vaccine, all individuals generated high levels of CD4⁺ T cells, regardless of any prior SARS-CoV-2 infection, and most of them produced a CD8⁺ T cell response. After an initial contraction, these specific memory T cells stabilized and began to decline but remain at least 6 months after vaccination. In addition, the early CD4⁺ T cells response detected in those individuals correlated with the intensity of humoral immunity at long-term. Likewise, in our study, the humoral and cellular responses to SARS-CoV-2 weakened by 10 months after administration of the complete vaccine regime. Nonetheless, we do not detect such correlation neither at 1 month or 10 months after vaccination. On the other hand, we observed that those patients with the highest responses after 1 month of vaccination, undergo a lessened reduction in the antibody titer and specific T cells number, suggesting that the intensity of the early immune response after vaccination may condition their durability and that a third, booster dose is not required so early for all people. Initially, there was a little controversy about whether mRNA vaccines generated CD8⁺ T cell responses and at what time were produced. Oberhardt et al. (24) reported that CD8⁺ T cells are early generated after vaccination, even when

antibodies and CD4⁺ T cells are scarcely detectable and there are highly differentiated effector CD8⁺ T cells. These cells remain stable and fully functional at long-term and together with antibodies and CD4⁺ T cells act in coordination to maintain a full protection. Thus, a combined response mediated by both, CD4⁺ and CD8⁺ T cells, is triggered after vaccination and required to confer protection at different times. In this respect, we observed that the six ICU workers who does not developed IFN- γ -producing specific T cells 1 month after vaccination, are the same that lacked AIM⁺ CD8⁺ T cells. However, they do maintain a modest cellular response mediated by CD4⁺ T cells, like the one detected in the “Responders” ICU workers group with a positive determination by ELISpot assay. Thus, our results suggest that early after vaccination, CD8⁺ T cells are mostly contributing to the IFN- γ production. In this sense, it has been previously reported that the time of antigen exposure required to trigger effector cells is different between CD4⁺ and CD8⁺ T cells, showing these latter a faster rate of cell division and a lower threshold of activation (48). Moreover, we cannot rule out that the length of peptides used for the technical approaches could be also conditioning the MHC-I or MHC-II presentation, although this needs further confirmation.

We recognize that our study is limited by the relatively small number of individuals considered. It would be desirable to have more subjects to enable firm conclusions to be drawn, but to our knowledge, that is one of the scary studies evaluating the complete immune protection (humoral and cellular immunity) against SARS-CoV-2 in highly exposed COVID-19 ICU workers. Although our results demonstrated no correlation between the humoral and cellular responses after vaccination, it should be required to analyze the frequency of Tfh cells to understand the direct association between these cells and the neutralizing antibodies, such as it has been reported by Vikkurthi R et al. (49) with BBV152 vaccine in an Indian cohort. Unfortunately, this kind of studies require a greater number of PBMCs that were not available in our samples. Our results nevertheless suggest that the pattern of the cellular immune response to SARS-CoV-2 after vaccination is highly variable among healthy individuals. Some individuals lack an effective cellular response after receiving two doses of vaccine, but others may be sufficiently protected 10 months after vaccination and so might not require a booster dose. Although we demonstrated that the absence of IFN- γ -producing T cells is mainly mediated by CD8⁺ T cells, an exhaustive functional characterization of these cytotoxic T cells could help to understand the lack of specific cellular response in these individuals.

In summary, after receiving two-doses of COVID-19 vaccine, a strong humoral immune response is produced in all individuals, but the cellular immune response, mainly mediated by CD8⁺ T cells, is more variable. This supports the notion that it exists an interindividual variability to SARS-CoV-2 vaccination among healthy people that could condition their protection at

long-term and thus, determining the SARS-CoV-2-specific T cell response might be of great value not only for establishing real immune competence after vaccination, but also for scheduling subsequent booster doses in highly exposed healthy workers, given that the cellular immune response can be detected in most individuals even 10 months after full vaccination.

Materials and methods

Population, samples and data collection

The observational and prospective study includes COVID-19 ICU workers (n=41, 26 nurses and 15 doctors) at the Central University Hospital of Asturias (Oviedo, Spain), with no antecedents of COVID-19 according to previous COVID-19 symptoms and household contacts. Moreover, we analyzed the humoral and cellular immune response against SARS-CoV-2 proteins in 20 healthy blood donors collected before pandemic (pre-pandemic group) and 15 convalescent patients with mild or severe COVID-19 disease diagnosed by viral RT-PCR test on respiratory samples. The demographic and clinical characteristics of the three groups are provided in Table 1.

Whole blood was collected from all individuals in appropriate collection tubes, serum samples were stored at -80°C until analysis, and peripheral blood mononuclear cells (PBMCs) were isolated by Ficoll (Lymphoprep) density-gradient centrifugation using standard protocols and frozen, maintaining their viability, until use. Samples from ICU workers group were collected between December 2020 and November 2021, specifically, one-week before SARS-CoV-2 vaccination (Pre-v) and then about 1 month (4-5 weeks) after their second dose (Post-v1) (Figure 1A). In 16 patients, an additional sample was taken 10 months after full vaccination (Post-v10). All participants received vaccination with Comirnaty (BNT162b2) except one, who received Spikevax (mRNA1273). Pre-pandemic samples were collected in two times, during 2007 and between December 2012 and January 2013. Another groups of COVID-19 convalescent individuals was diagnosed by viral RT-PCR test and all required hospitalization.

All participants gave their written informed consent for inclusion. The study was approved by the ethic committee of research of Principality of Asturias (CEImPA, n° 2020.521 “Study of the cellular immunity against SARS-CoV-2 in high-risk healthy workers”) and informed consent was obtained from all participants in compliance with the Helsinki Declaration of 1975

SARS-CoV-2-specific antibodies

Serum samples were tested for SARS-CoV-2 antibodies against the S protein using an automated commercial

chemiluminescent system on the LIAISONXL[®] platform. The LIAISON[®] SARS-CoV-2 TrimericS IgG assay (DiaSorin, VC, Italy) was used to quantify IgG antibodies to the anti-trimeric spike glycoprotein of SARS-CoV-2. This test has a clinical sensitivity of 98.7% and specificity of 99.5%, and a good correlation with microneutralization test results (PPA: 100% and NPS: 96.9%). Results are presented in arbitrary units per ml (AU/ml), with a cutoff of 13 AU/ml, and a maximum response of 800 AU/ml. Antibodies against nucleocapsid protein were determined using the BioPlex2200 SARS-CoV-2 IgG panel (Biorad) following the manufacturer's instructions. This test has a clinical sensitivity of 96.3% and specificity of 99.8% and results are shown in units per ml (U/ml), being values ≤ 9 U/ml considered negative and positive for ≥ 10 U/ml.

For detection of neutralizing antibodies, we used the cPass SARS-CoV-2 Neutralization Antibody Detection Kit (Genscript) following the manufacturer's instructions. This test allows to determinate the ability of antibodies to block the interaction of the SARS-CoV-2 receptor-binding domain (RBD) and the human ACE2 receptor. Samples were diluted 1:10 and the percentage of inhibition was determined using the formula: $(1 - \text{OD value of sample} / \text{OD value of negative control}) \times 100\%$. Samples were run by duplicate and percentage of inhibition below 30% were considered as no detectable neutralizing antibodies. Additionally, we used the SARS-CoV-2 neutralizing antibody calibrator (Genscript) to generate a calibration curve and show the semi-quantitative results as units per ml (U/ml). Values ≥ 28.6 U/ml were considered positive.

SARS-CoV-2-reactive T cells detection by ELISpot

The cellular immune response against SARS-CoV-2 was evaluated by the ELISpot assay using the anti-IFN- γ ELISpot kit (AID[®] GmbH, Strasberg, Germany) to measure counts of IFN- γ -producing T cells that had previously been stimulated with SARS-CoV-2 peptide pools. To achieve this, PBMCs (3×10^5 /well) in AIM-V medium (Gibco, MA, USA) were cultured for 16–18 h with the specific antigens of interest on plates precoated with an anti-IFN- γ antibody. Overlapping peptide pools (15-mers with an 11-amino acid overlap) against the SARS-CoV-2 S (ref 130-126-700), M (ref 130-126-702) and N (ref 130-126-698) proteins (all from Miltenyi Biotec, Bergisch Gladbach, Germany) were used as a stimulus at a concentration of 0.5 $\mu\text{g/ml}$. Pokeweed mitogen (AID GmbH), with high mitogenic activity on T and B lymphocytes, and AIM-V medium were used as positive and negative controls, respectively. Plates were developed according to the manufacturer's protocol and spot-forming cells (SFCs) were read with an AID iSpot reader system using AIS ELISpot version 7.0 software (AID GmbH, Germany). Samples were

assayed in duplicate, and results were obtained as the mean count of spots after subtracting the frequency with medium alone, and expressed as the number of SFCs per million PBMCs. T cell response was considered positive when mean spot counts were >10 SFCs per well or ≥ 33.3 spots/ 10^6 cells after subtracting the negative control frequency.

SARS-CoV-2-reactive T cells determination by activation-induced markers

The activation-induced markers (AIM) assay was performed as previously described (50, 51) to determine the antigen-specific CD4⁺ and CD8⁺ T cells. For that, PBMCs were thawed in AIM-V medium (Gibco, MA, USA) and stimulated for 24 hours in the presence of SARS-CoV-2 specific megapools (1 $\mu\text{g/ml}$). The megapools consist of peptide pools of 15-mers overlapping by 11-amino acid and aimed against the SARS-CoV-2 S (ref 130-126-700), M (ref 130-126-702) and N (ref 130-126-698) proteins (Miltenyi Biotec). An equimolar concentration of DMSO and a mix of anti-CD3 (3 $\mu\text{g/ml}$) and anti-CD28 (1 $\mu\text{g/ml}$) antibodies were used as negative and positive controls, respectively. After stimulation, cells were washed with PBS containing 2% FBS and 0.05 mM EDTA and further surface stained with a cocktail of antibodies for 1 hour at 4°C in the dark. The following antibodies were used for multiparametric flow cytometry: CD3 APC-Cy7 (SK7), CD8 BV605 (HIT8a), CD137 APC (4B4-1), CD69 PE-Cy7 (FN50), OX40 PE (ACT35) and CD4 PerCP (SK3). All antibodies were purchased from Biolegend, CA, USA. The DNA-binding dye, DAPI (0.1 $\mu\text{g/ml}$, Santa Cruz Biotechnologies, TX, USA) was used for live/dead discrimination. After staining, cells were washed and resuspended in FACS buffer for further acquisition using Cytex[®] Aurora 3L Spectral Analyzer (Cytex Biosciences). Data were analyzed using FlowJo version 10.8.1. The percentage of antigen-specific CD4⁺ and CD8⁺ T cells was calculated by subtracting the DMSO percentages, set as background. Stimulation Index (SI) was calculated as the ratio between the percentage of AIM⁺ cells after stimulation with peptide pools and the percentage of AIM⁺ cells after DMSO stimulation, and SI > 1.1 was considered positive.

Statistical analysis

Data are expressed as the mean \pm standard error of mean (SEM). Associations between variables were assessed by Spearman correlation and comparisons between samples using Fisher's exact test, Wilcoxon paired-samples test, or Mann-Whitney test for comparison of unpaired samples. Statistical analyses were carried out with IBM SPSS Statistics v20.0

(Armonk, NY, USA) and GraphPad-Prism v7 (San Diego, CA, USA). Statistical significance was concluded for values of $p < 0.05$. Statistical details of the experiments and significance are noted in the respective figures and figure legends.

Data availability statement

The original contributions presented in the study are included in the article/**Supplementary Material**. Further inquiries can be directed to the corresponding author.

Ethics statement

The studies involving human participants were reviewed and approved by CEImPA, 2020.521 “Study of the cellular immunity against SARS-CoV-2 in high-risk healthy workers”. The patients/participants provided their written informed consent to participate in this study.

Author contributions

Conceptualization, BS-A and CL-L; design of the work, BS-A; ESdR; MLS; acquisition of samples, ESdR; CM-M; DE; and BLG; methodology, BS-A; MLS; VC-I; MR-P; interpretation of data and analysis BS-A; MLS and DE; writing the manuscript BS-A; ESdR and VC-I; revision and agree of the manuscript, all authors; funding acquisition BS-A and CL-L. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fimmu.2022.942192/full#supplementary-material>

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Longitudinal cellular and humoral immune responses after triple BNT162b2 and fourth full-dose mRNA-1273 vaccination in haemodialysis patients

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Haemodialysis patients respond poorly to vaccination and continue to be at-risk for severe COVID-19. Therefore, dialysis patients were among the first for which a fourth COVID-19 vaccination was recommended. However, targeted information on how to best maintain immune protection after SARS-CoV-2 vaccinations in at-risk groups for severe COVID-19 remains limited. We provide, to the best of our knowledge, for the first time longitudinal vaccination response data in dialysis patients and controls after a triple BNT162b2 vaccination and in the latter after a subsequent fourth full-dose of mRNA-1273. We analysed systemic and mucosal humoral IgG responses against the receptor-binding domain (RBD) and ACE2-binding inhibition towards variants of concern including Omicron and Delta with multiplex-based immunoassays. In addition, we assessed Spike S1-specific T-cell responses by interferon γ release assay. After triple BNT162b2 vaccination, anti-RBD B.1 IgG and ACE2 binding inhibition reached peak levels in dialysis patients, but remained inferior compared to controls. Whilst we detected B.1-specific ACE2 binding inhibition in 84% of dialysis patients after three BNT162b2 doses, binding inhibition towards the Omicron variant was only detectable in 38% of samples and

declining to 16% before the fourth vaccination. By using mRNA-1273 as fourth dose, humoral immunity against all SARS-CoV-2 variants tested was strongly augmented with 80% of dialysis patients having Omicron-specific ACE2 binding inhibition. Modest declines in T-cell responses in dialysis patients and controls after the second vaccination were restored by the third BNT162b2 dose and significantly increased by the fourth vaccination. Our data support current advice for a four-dose COVID-19 immunisation scheme for at-risk individuals such as haemodialysis patients. We conclude that administration of a fourth full-dose of mRNA-1273 as part of a mixed mRNA vaccination scheme to boost immunity and to prevent severe COVID-19 could also be beneficial in other immune impaired individuals. Additionally, strategic application of such mixed vaccine regimens may be an immediate response against SARS-CoV-2 variants with increased immune evasion potential.

KEYWORDS

dialysis, mRNA vaccination, Omicron variant of concern, protective immunity, immunocompromised, longitudinal response, mixed mRNA vaccination, COVID-19

Introduction

To date, SARS-CoV-2 vaccinations reassuringly provide some degree of protection from severe COVID-19 independent of the currently circulating variants of concern (VoC) for the majority of healthy individuals (1). However, weaker immunogenicity and a faster decline in protection levels to standard two-dose or three-dose booster SARS-CoV-2 immunisation schemes have been widely demonstrated in immunocompromised individuals such as solid organ transplant recipients (2), dialysis patients (3) or patients suffering from other severe chronic conditions such as cancer (4). Starting in mid-2021 and more widely since the beginning of 2022, several countries recommended a fourth dose of SARS-CoV-2 mRNA vaccines for immunosuppressed populations at-risk for severe COVID-19 disease and older individuals to maintain levels of immune protection (5–8). This was driven by weaker peak vaccine responses and waning immunity in those individuals as well as continued evolution of SARS-CoV-2 variants with increasing levels of immune evasion potential as demonstrated for Omicron VoC subspecies BA.1, BA.4, BA.5, and BA.2.12.1 (9–12).

Recent studies reported improved SARS-CoV-2 humoral and cellular responses not only towards the original SARS-CoV-2 B.1 isolate but also Delta and Omicron VoC after a fourth vaccination in haemodialysis patients receiving either mRNA vaccines or vector-based formulations in combination with mRNA vaccines (13–15). However, targeted data on the most efficient dosing and

vaccination scheme or even predictors of vaccination success in haemodialysis patients at-risk of severe COVID-19 and its associated mortality is limited. We aimed to comprehensively examine the magnitude and kinetics of both cellular and humoral immunity towards the most recently dominating Delta and Omicron variant's in a well-controlled longitudinal cohort of haemodialysis patients. These patients received a triple dose of BNT162b2 followed by a full-dose of mRNA-1273. Healthcare workers vaccinated three times with BNT162b2 served as controls. Our data provide preliminary evidence that in addition to heterologous vector- and mRNA-based vaccination schemes also heterologous mRNA vaccine regimens may become strategically beneficial for achieving efficient immunity against SARS-CoV-2 in immunosuppressed patients.

Methods

Study design and sample collection

This is a follow-up study in haemodialysis patients and control individuals, for which the results for haemodialysis patients after a complete two-dose BNT162b2 vaccination (16) and subsequent decline (17) have been previously reported. Blood samples were taken before start of dialysis treatment (n=50) or from healthcare workers (n=33), who participated in the COVID-19 contact (CoCo) study served (18) as non-dialysed control population. To be included in the study, participants had to be over the age of 18 and able to give

written informed consent. For the current analysis, we only considered dialysis patients for which results from all time points after either three or four vaccine doses were available. All participants received the standard two-dose regimen of BNT162b2 three weeks apart, followed by a third BNT162b2 vaccination about six (dialysis) or 8.5 months (controls) after the second vaccination. Only dialysis patients were vaccinated a fourth time with 100 µg mRNA-1273 four months after the last BNT162b2 vaccination. The vaccination schedule and blood collection time points are depicted in **Figure 1** and **Figure S1**. Participants with SARS-CoV-2 infection diagnosed by either PCR or anti-nucleocapsid IgG determined by MULTICOV-AB multiplex measurement (19) were excluded from the analysis. Demographic characteristics and medical information are listed in **Tables 1, S1, S2**. Plasma was obtained from lithium heparin blood (S-Monovette Plasma, Sarstedt, Germany). Whole blood samples were used immediately for interferon γ release assay (IGRA). For saliva collection, all individuals spat directly into a collection tube. To inactivate replication-competent SARS-CoV-2 virus particles potentially present in saliva samples, Tri(n-butyl) phosphate (TnBP) and Triton X-100 were added to final concentrations of 0.3% and 1%, respectively (20). Both plasma and saliva samples were frozen and stored at -80°C until further use.

MULTICOV-AB

IgG binding and levels were analysed using MULTICOV-AB, a multiplex coronavirus immunoassay which contains the trimeric Spike B.1, its subdomains (S1, S2, RBD), nucleocapsid B.1 and RBDs of Delta and Omicron BA.1 antigens as previously described (9, 19). Briefly, antigens were immobilised on spectrally distinct populations of MagPlex beads (Cat #MC10XXX-01, Luminex Corporation) either by EDC/s-NHS

coupling (21) or by Anteo coupling (Cat #A-LMPAKMM-10, Anteo Tech Reagents) following the manufacturer's instruction (19). The combined MagPlex beads were then incubated with samples at an effective dilution of 1:3200 for plasma and of 1:12 for saliva. After a wash step to remove unbound antibodies, IgG was detected with R-phycoerythrin labelled goat-anti-human IgG (Jackson ImmunoResearch Labs, Cat #109-116-098, Lot #148837, RRID: AB_2337678) as secondary antibody. After another wash step and bead resuspension, samples were measured once on a FLEXMAP 3D instrument (Luminex Corporation) using the following settings: Timeout 80 sec, Gate: 7500-15000, Reporter Gain: Standard PMT, 50 events. Raw median fluorescence intensity (MFI) values or normalised values (MFI/MFI of quality control (QC) samples (19, 22) are reported. Three QC samples were measured per individual plate to monitor MULTICOV-AB performance.

RBDCoV-ACE2

RBDCoV-ACE2, a multiplex competitive inhibition assay, was performed as previously described (23) as surrogate assay to determine immunoglobulin neutralisation capacity against SARS-CoV-2 B.1 isolate and variants of concern. For this, biotinylated ACE2 was combined with individual samples (and as a control, ACE2 alone) and incubated with the above mentioned MULTICOV-AB bead mix. Before and after ACE2 detection with Strep-PE (Cat #SAPE-001, Moss), washes were carried out. Samples were measured once on a FLEXMAP 3D instrument with the same settings as MULTICOV-AB and analysed by normalisation of MFI values against the control. 100% ACE2 binding inhibition indicates maximum binding inhibition. Responders for ACE2 binding inhibition are classified as above a 20% ACE2 binding threshold as described in Junker et al. (23).

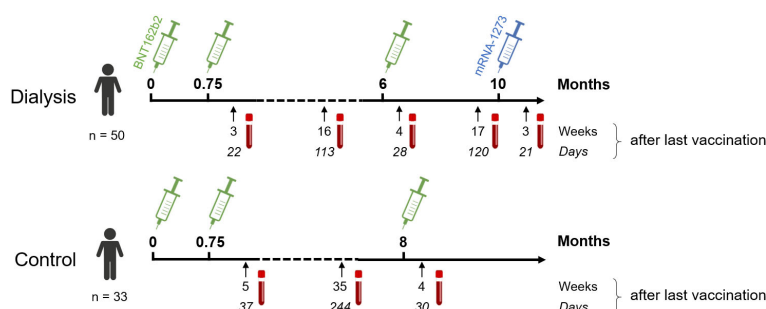


FIGURE 1

Participant recruitment scheme for longitudinal vaccination response analysis in haemodialysis patients after triple BNT162b2 and fourth full-dose mRNA-1273. Patients on haemodialysis ($n = 50$) and healthcare workers as controls ($n = 33$) were triple-vaccinated with BNT162b2 (green syringe) followed by a 100 µg (full) dose of mRNA-1273 (blue syringe) for dialysed individuals only. Sampling and vaccination schedule is given in days and weeks as indicated.

TABLE 1 Characteristics of study population.

Characteristics	Haemodialysis group (n = 50)	Non-dialysis control group (n = 33)	p-value for difference between groups
Age (years), median (IQR)	69.5 (60–79)	42 (32–55)	1.08*10 ⁻¹¹
Sex (female: n, %)	19 (38.0)	23 (69.7)	9.26*10 ⁻³
Days since start of haemodialysis (median, IQR)	1263 (753–2314)	n. a.	n. a.
Immunosuppressive medication (n, %)			
2021 (Vaccine dose 1–3)*	7 (14.0)	0 (0.0)	n. a.
2022 (Vaccine dose 4)*	6 (12.0)	n. a.	n. a.
Co-morbidities			
Obesity (BMI, >30)	12 (24.0)	NA	n. a.
Diabetes mellitus (n, %)	14 (28.0)	1 (3.0)	9.27*10 ⁻³
Cardiovascular disease (n, %)	21 (42.0)	2 (6.1)	8.69*10 ⁻⁴
Cancer (n, %)	1 (2.0)	0 (0.0)	n. a.
Chronic conditions (n, %)			
Ulcerative colitis (n, %)	0 (0.0)	1 (3.0)	n. a.
Goiter (n, %)	0 (0.0)	1 (3.0)	n. a.
Hashimoto's thyroiditis (n, %)	0 (0.0)	1 (3.0)	n. a.
Hypothyroidism (n, %)	0 (0.0)	1 (3.0)	n. a.
Other	0 (0.0)	1 (3.0)	n. a.

*Participants on medication when vaccinated and sampled.

IQR, Inter Quartile Range; BMI, Body Mass Index; n, absolute numbers per group; NA, Information not available; n. a., not applicable.

Anti-SARS-CoV-2 QuantiVac ELISA

Plasma samples were additionally analysed using the Anti-SARS-CoV-2-QuantiVac-ELISA IgG (Cat #EI 2606-9601-10G, Euroimmun) as previously described (16).

Interferon γ release assay

SARS-CoV-2-specific T-cell responses from whole blood were analysed by measuring IFN γ production after stimulation with a peptide pool from the SARS-CoV-2 Spike S1 with the SARS-CoV-2 Interferon Gamma Release Assay (Cat #ET-2606-3003, Euroimmun) and the IFN γ ELISA (Cat #EQ-6841-9601, Euroimmun) according to the manufacturer's description and as previously evaluated against alternative assays for antigen-specific T-cell reactivity using intracellular cytokine staining or enzyme linked immuno spot assay (24, 25). Background signals from negative controls were subtracted and final results calculated in mIU/mL using standard curves. IFN γ concentrations >200 mIU/mL were considered as reactive. We defined this arbitrary cut-off by using average background IFN γ activity without antigen-stimulation in all samples multiplied with 10 for the threshold for IGRA-positive. Using this cut-off, we found in all of the 15 controls taken from independent

individuals before the COVID-19 pandemic negative IGRA results (26). The upper limit of reactivity was 16,000 mIU/mL.

Data analysis and statistics

RStudio (Version 1.2.5001), with R (version 3.6.1) was used for data analysis and figure generation. Additionally, the R add-on package “beeswarm” was utilised to visualise data as stripcharts with overlaying boxplots and to create non-overlaying data points. A second R add-on package “gplots” was used to generate specific colours for plots. Figures were exported from RStudio and then edited using Inkscape (Inkscape 1.2). Spearman's rho coefficient was calculated to determine correlation between IGRA results and ACE2 binding inhibition using the “cor” function from R's “stats” library. Mann-Whitney-U test and Wilcoxon test were used to determine difference of signal distributions between dialysed and control groups for unpaired and paired samples, respectively using the “wilcox.test” function from R's “stats” library. To assess differences in the study population, Pearson's Chi-squared test with Yates' continuity correction was used for categorical characteristics using the “chisq.test” function from R's “stats” library and Mann-Whitney-U test as above was used for difference in age. The type of statistical analysis performed

(when appropriate) is listed in the figure legends. Pre-processing of data such as matching sample metadata and collecting results from multiple assay platforms was performed in Excel 2016.

Results

Inferior humoral responses in haemodialysis patients after triple BNT162b2 vaccination

To characterise the vaccination response after the third BNT162b2 vaccination in 50 patients on maintenance haemodialysis, we had followed immunoglobulin levels longitudinally after the second dose of BNT162b2 using MULTICOV-AB, a multiplex immunoassay containing antigens from the Spike protein of SARS-CoV-2 and selected variants of concern (9). As a novel control group, 33 samples from healthcare workers with triple BNT162b2 vaccination were used for comparison. Detailed information on the study populations can be found in Tables 1, S1, S2. Consistent with our previous reports (16, 17), IgG responses towards the original B.1 isolate in vaccinated dialysis patients were significantly reduced ($p=4.68 \times 10^{-5}$, Mann-Whitney-U test) when compared to the control group and declined after the second vaccination to comparable levels in both groups ($p=7.33 \times 10^{-2}$, Mann-Whitney-U test, Figure 2A). A third BNT162b2 vaccination about six to eight months after the second increased the peak IgG RBD B.1 response in both groups but with

higher variability in dialysis patients ($p=4.02 \times 10^{-2}$, Mann-Whitney-U test, Figure 2A). As an additional control, quantitative S1 IgG titres were measured using a commercial assay (Figure S2), which led to a very similar pattern of significantly diminished antibody responses in dialysis patients compared to non-dialysed individuals after the second BNT162b2 dose, declining titres and a robust peak response increase after the third vaccination. There was no significant difference in male or female individuals and we did not find any association to age. Regarding the decline in anti-S IgG after the third dose, we were able to measure this in only $n=10$ of the control group at a comparable time point after vaccination to the haemodialysis group (Figure S3). Dialysis patients showed a mean 3-fold reduction in anti-S IgG levels 121 days (range 119–129 days) after the third vaccination (from mean 2,314 BAU/mL to mean 771 BAU/mL). This was almost identical to the 3.2-fold decline in healthy controls (from mean 5,430 BAU/mL to mean 1,662 BAU/mL), although the time point for the follow up was somewhat later.

For a functional characterisation of vaccine-induced antibodies towards the original B.1 RBD isolate, we used RBDCoV ACE2 - a multiplex competitive inhibition assay (23). ACE2 binding inhibition was significantly reduced in dialysed compared to non-dialysed individuals ($p=2.42 \times 10^{-6}$, Mann-Whitney-U test) after the second vaccination (Figure 2B). Responses were comparably diminished in both groups four to eight months after the second vaccination, with only 12% and 6% of samples being above the 20% responder threshold in patients on haemodialysis and controls, respectively. However, comparable to IgG binding levels, the

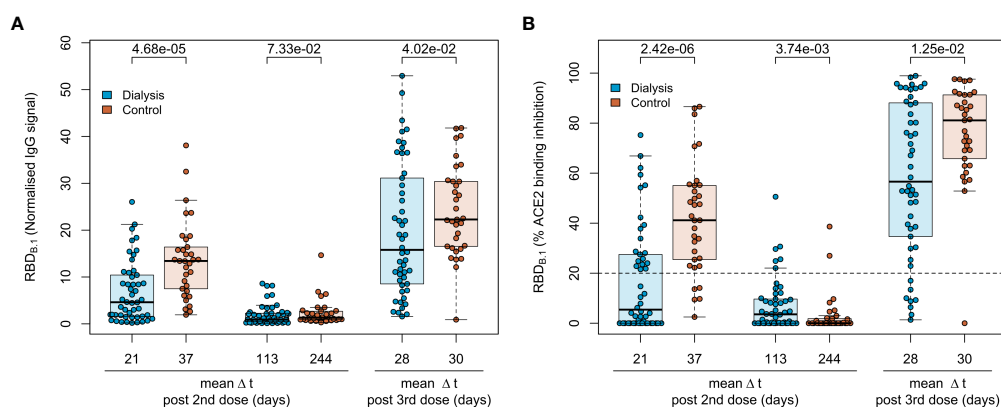


FIGURE 2

Humoral immune response in haemodialysis patients after a triple vaccination with BNT162b2. IgG response (A) and ACE2 binding inhibition (B) towards the SARS-CoV-2 B.1 RBD isolate were measured in plasma from haemodialysis patients (blue circles, $n = 50$) and controls (orange circles, $n=33$) using MULTICOV-AB (A) or an ACE2-RBD competition assay (B) after double or triple vaccination with BNT162b2 at the indicated time points. Data is displayed as normalised median fluorescence intensity (MFI) signal (A) for IgG binding or as % ACE2 binding inhibition where 100% indicates maximum inhibition and 0% no inhibition (B). Samples with an ACE2 binding inhibition of less than 20% (dashed line) are classified as non-responders. Boxes represent the median, 25th and 75th percentiles, whiskers show the largest and smallest non-outlier values. Outliers were determined by 1.5 times IQR. Mean sampling time in days after two-dose BNT162b2 vaccination as Δt is displayed on the x-axis. Statistical significance was calculated by two-sided Mann-Whitney-U test. P-values for relevant comparisons are given above the sample groups. Significance was defined as $p < 0.05$. Response data from dialysed individuals from day 21 and day 113 after the second BNT162b2 dose were already published before as part of Strengert et al. (16) and Dulovic et al. (17).

third BNT162b2 vaccination restored and even augmented ACE2 binding inhibition against the B.1 variant in both populations.

Strong immune responses after a fourth mRNA-1273 vaccination in haemodialysis patients

Next, we followed the anti-Spike RBD IgG levels in haemodialysis patients after the third vaccination over time and after a fourth vaccination with a full 100 µg dose of mRNA-1273, which was considered by German guidelines for immunocompromised individuals. As expected, IgG responses against the original B.1 isolate had again declined within approximately 4 months after the third vaccination (Figure 3A; Figure S2) as did the ACE2 binding inhibition activity as a surrogate for virus neutralisation (Figure 3B). Whilst the decline was not as severe as after the second BNT162b2 dose with now 64% of samples remaining above the 20% ACE2 binding inhibition threshold, only the fourth vaccination with mRNA-1273 markedly raised both anti-Spike RBD IgG levels (Figures 3A, S2; Table S3 for a complete

statistical evaluation) and ACE2 binding inhibition (Figure 3B) towards the B.1 isolate above levels seen at peak response after the second and third dose of BNT162b2. 96% of samples from individuals on haemodialysis were now classified as above the 20% ACE2 responder threshold. Further, we also analysed the longitudinal development of ACE2 binding inhibition towards the dominantly circulating SARS-CoV-2 of 2021 (Delta) and 2022 (Omicron) (Figures 3C, D). ACE2 binding inhibition towards the Delta variant was slightly reduced over time compared to levels observed with the B.1 isolate. Overall, the third dose resulted in a clear increase in Delta ACE2 responder rates from 24% after two-dose BNT162b2 scheme to 64%, which was further increased to 94% after the subsequent dose of mRNA-1273 (Figure 3C). Importantly, neutralisation against the Omicron BA.1 variant, which was largely absent after the second vaccination and only transiently above threshold in 38% of dialysis patients after the third vaccination, reached high levels of ACE2 binding inhibition with an 80% responder rate at peak response after the fourth vaccination with mRNA-1273. This coincided with Omicron being the dominant SARS-CoV-2 variant circulating in Germany (Figure 3D).

We also analysed IgG binding longitudinally after a triple dose of BNT162b2 towards the RBD of B.1, Delta and Omicron

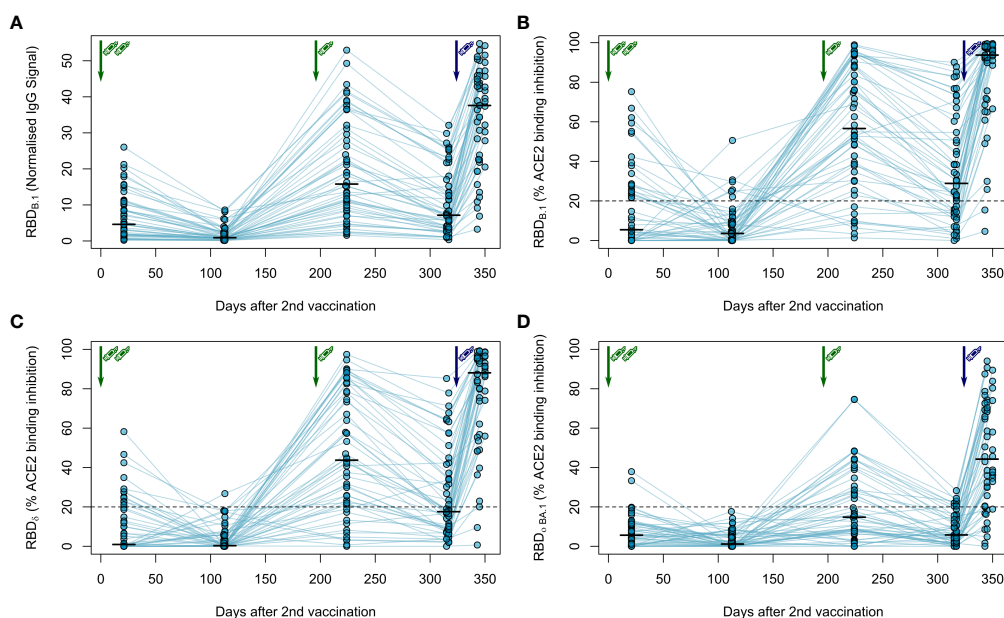


FIGURE 3

Longitudinal humoral immune response in haemodialysis patients after a triple vaccination with BNT162b2 and a fourth full-dose of mRNA-1273. IgG response (A) and ACE2 binding inhibition (B–D) towards the SARS-CoV-2 RBD of B.1 (A, B), δ (C) and O BA.1 (D) isolates were measured in plasma from haemodialysis patients ($n = 50$) using MULTICOV-AB (A) or an ACE2-RBD competition assay (B–D) after immunisation with a triple dose of BNT162b2 (green syringe) and a fourth full-dose of mRNA-1273 (blue syringe). Data is displayed as normalised median fluorescence intensity (MFI) signal for IgG binding (A) or as % ACE2 binding inhibition where 100% indicates maximum inhibition and 0% no inhibition (B–D). Samples with an ACE2 binding inhibition of less than 20% (dashed line) are classified as non-responders (B–D). Interconnecting lines represent samples from the same individual. Sampling time points in days after the standard complete two-dose BNT162b2 vaccination is stated below the graph. Statistical significance was calculated by two-sided paired Wilcoxon rank test. Significance was defined as $p < 0.05$. All p -values for relevant comparisons are listed in Table S3.

BA.1 VoC in saliva of haemodialysis patients to determine protection levels at the primary site of SARS-CoV-2 replication. Although anti-RBD specific IgG was readily detectable both in the peak and plateau response phase following the complete two-dose and the third booster dose of BNT162b2, IgG binding towards the Delta and Omicron BA.1 RBD was significantly reduced compared to the B.1 RBD across all time points (Figure S4). Interestingly, saliva responses across vaccinated individuals were much more widespread in saliva than in plasma.

As clinical studies suggested that both cellular and humoral response can confer protection from COVID-19 (27), we also assessed vaccination-induced T-cell responses by IFN γ release assay longitudinally. Overall, these responses were more stable over time (Figure 4A). After two BNT162b2 vaccinations, IFN γ release after *in vitro* re-stimulation was readily detectable in haemodialysis patients, but declined slightly thereafter. The third BNT162b2 vaccination increased cellular responses to levels comparable to after the second vaccination. Similar to the humoral responses, the fourth vaccination with mRNA-1273 further increased IFN γ release after Spike S1 peptide restimulation of T-cells (Figure 4A; Table S3 for a complete statistical evaluation).

Finally, we correlated B- and T-cell responses after each vaccination within our longitudinal cohort of haemodialysis patients. We overall observed moderate correlation between peak T-cell responses (measured by IGRA) and B-cell responses [determined by % ACE2 binding inhibition of the B.1 variant (Spearman's $\rho=0.561$, Figure 4B, upper panel)], which did not increase after the third (Spearman's $\rho=0.405$) and fourth (Spearman's $\rho=0.371$) vaccination. We further described responder rates for T- and B-cell response by a combined cut-off as displayed in Figure 4B. Notably, responder rates among haemodialysis patients strongly increased to 72% after the triple BNT162b2 dose and further to 86% after the fourth full-dose mRNA-1273. Importantly, whilst we observed a similar trend for the correlation coefficient between Delta and Omicron BA.1 % ACE2 binding inhibition and T-cell responses (Figure 4B; middle and lower panel, Table S3 for a complete statistical evaluation), dual cellular (>200mIU/mL) and humoral (>20% ACE inhibition) responders levels equally strongly increased for both VoC after the third and fourth vaccination to a final 84% and 74%, respectively.

Discussion

Although overall case mortality rates for SARS-CoV-2 have significantly decreased since the initial wave of the pandemic, maintaining high levels of vaccine-induced protection is of paramount importance for at-risk individuals for severe COVID-19 such as haemodialysis patients. Ensuring that these

and other similarly vulnerable individuals are sufficiently protected remains challenging, with high case numbers throughout 2022 as a result of successive occurrence of Omicron subvariants. Despite clear recommendations on the need for a fourth dose, worryingly this fourth dose uptake among haemodialysis patients has decreased compared to the first three doses, with disparities among demographic groups remaining in place (28). At present, recommendations by the German Standing Committee on Vaccination (STIKO) clearly endorse a fourth SARS-CoV-2 vaccine dose including a full dose of mRNA-1273 for immunocompromised individuals (5), which contrasts WHO guidelines recommending 50 μ g mRNA-1273 for fourth vaccinations (29).

Several studies report of superior immunity after initial mRNA-1273 prime/boost vaccination when compared to BNT162b2 in haemodialysis patients (30, 31) or in the general population (32–34) and further improved humoral responses after triple vaccination in dialysis patients (35–39). Third dose vaccination with mRNA-1273 or BNT162b2 provided comparable protection against symptomatic SARS-CoV-2 infection in the general population, although differences between both vaccines were observed after the second dose (40). Finally, Caillard et al. found that a four-dose mRNA-1273 compared to a four-dose BNT162b2 results in increased levels of binding antibodies in kidney transplant recipients (41). In general, COVID-19 vaccine-induced humoral immune responses tend to be higher in females and lower in elderly people. Differences in anti-S IgG were prominent after the second but not after the third vaccination, whilst males remained to have inferior neutralisation activity even after the third vaccination (42). We did not find such association most likely due to the smaller samples size of our cohort.

Two studies found more durable neutralising antibody titers four or six months after a third dose of mRNA vaccine compared to two doses (43, 44). For the BNT162b2 vaccine the decline was 1.6-fold at four months. These findings indicate robust long-lived antibody production after three doses, but the durability of neutralising activity against different SARS-CoV-2 variants could be variable (43). In a third study in an Israeli population receiving the BNT162b2 vaccine, the decline over approximately four months after the third dose was much higher (5.5-fold). We observed an about 3-fold decline in both groups, which is in line with the current literature and indicates that the peak anti-S IgG responses are the main drivers for the differences between groups over time and that the anti-S IgG kinetics are likely similar in dialysis patients and controls. However, conclusions about durability of antibody responses after 3-doses mRNA vaccination remain uncertain, particularly after combination of different vaccines (45). With regard to the T-cell responses, we (24, 25, 46, 47) and others (48, 49) have described that Spike-specific T-cell responses (CD4+ or CD8+ T-lymphocytes) after infection or prime/boost vaccination are more stable as compared to the respective humoral responses in healthy

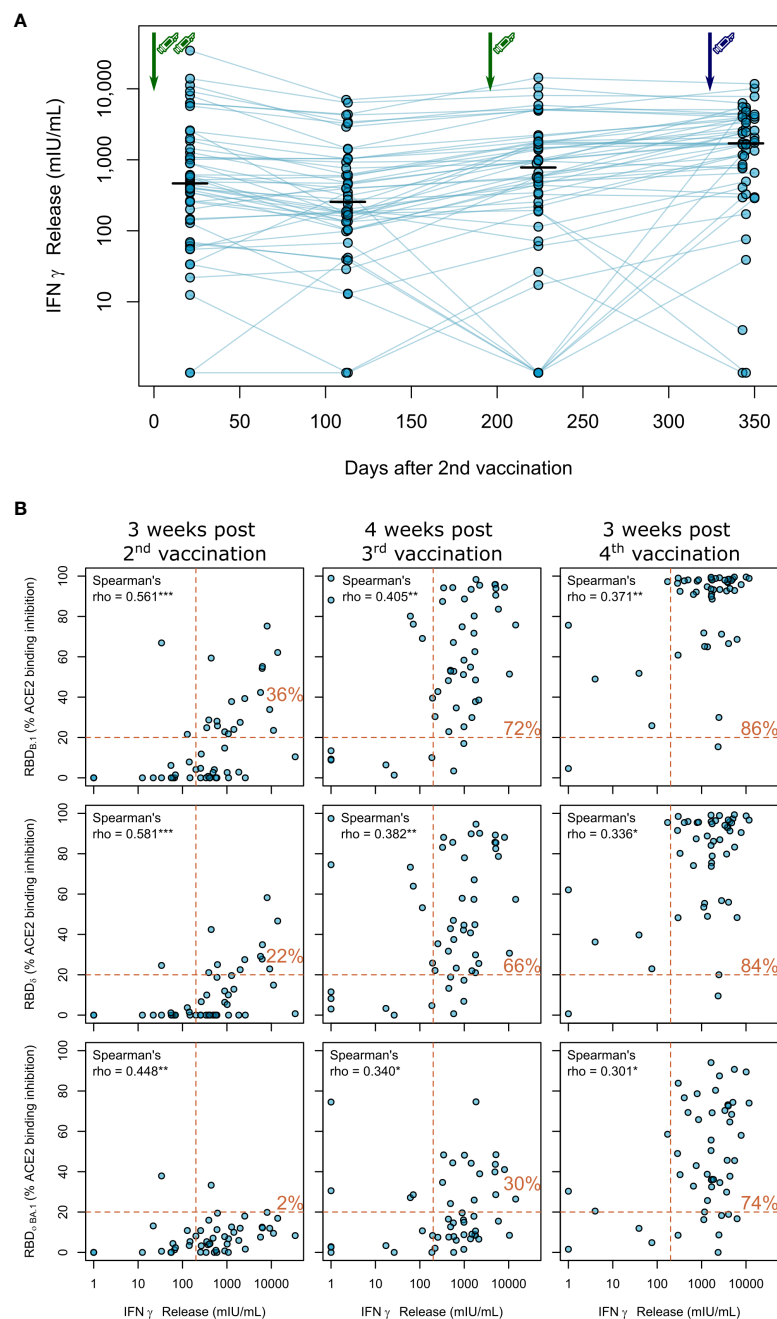


FIGURE 4

Impact of triple vaccination with BNT162b2 and a fourth full-dose of mRNA-1273 on cellular immune response in haemodialysis patients. **(A)** Whole blood from longitudinally-sampled vaccinated haemodialysis patients ($n = 50$) was *ex vivo* stimulated using a SARS-CoV-2 Spike S1-specific peptide pool. Supernatant fractions were then analysed by interferon γ release assay (IGRA). Interconnecting lines represent samples from the same individual. Sampling time points in days after two-dose BNT162b2 vaccination is displayed on the x-axis. Statistical significance was calculated by two-sided paired Wilcoxon rank test. Significance was defined as $p < 0.05$. All p-values for relevant comparisons are listed in Table S3. Response data from dialysed individuals from day 21 after the second BNT162b2 dose were already published before as part of Strengert et al. (16) and Dulovic et al. (17). **(B)** T-cell responses assessed by IGRA and B-cell responses assessed by ACE2-RBD competition assay towards the RBD of B.1, Delta, Omicron BA.1 isolates were plotted for correlation analysis **(B)**. Correlation was calculated using Spearman's coefficient rho. P values are marked as * < 0.05 , ** < 0.01 , *** < 0.001 . Dashed lines indicated the respective responder thresholds for IGRA (IFN γ release > 200 mIU/mL) and RBD-ACE2 binding assay (20%). Responder rates (%) for both cellular and humoral response are shown in the upper right quadrant.

individuals. Thus, vaccine-induced long-lasting T-cell memory after two or three COVID-19 vaccination are most likely not a specific response in dialysis patients COVID-19 (45). The IGRA employed in this study reliably detects vaccine-induced Spike-specific T-cell responses and showed good correlation to other techniques for studying post-vaccination T-cell immunity including ELISpot and intracellular cytokine staining (24, 26).

Potential causes for our observations may include the higher dose of mRNA-1273. Similar doses of mRNA-1273 (25 µg) to the BNT162b2 dose (30 µg) generated comparable Spike-specific memory CD4 T-cell frequencies to natural infection and about half as strong as those seen with high-dose vaccination (100 µg) indicating that differences between cellular and humoral immunity after two mRNA vaccines most likely result from the different doses of the vaccine (48). In addition, Spike and RBD IgG+ memory B-cell frequencies increase between 3 and 6 months after immunisation with mRNA vaccine (50) and germinal centers appear to be central to the immune responses to COVID-19 vaccines (45). Kidney transplant recipients, unlike healthy subjects, presented deeply blunted SARS-CoV-2-specific germinal center B-cell responses coupled with severely hindered neutralising antibody responses. These data indicate impaired germinal center-derived immunity in immunocompromised individuals (51). Germinal centers can persist and be productive for more than six months after two doses of COVID-19 mRNA vaccines and that the quality of neutralising antibodies can improve over three to six months (52). We speculate that diminished B-cell memory generation and germinal center formation is one feature of the immune dysfunction in dialysis patients and that repetitive vaccination, mix of mRNA vaccines or increase in vaccine dose may help to overcome these limitations. Finally, we specifically looked at dialysis patients with IGRA results below threshold after the third vaccination (n=12), of which almost all were among individuals with lowest IGRA results also after the second and fourth vaccination. We classified these as “low responders”, since also their anti-S IgG responses were persistently very low. These low responders comprised all patients with organ-transplantation (n=4) and 7 out of 8 individuals with immunosuppressive therapy at the time of the third vaccination. We found no other association to comorbidities or clinical conditions in the low responder subgroup. Thus, immunosuppression as listed in Table S2 is a further explanation for the inferior humoral and cellular vaccine response in many of the low responders.

We can only speculate about the effects of mixing mRNA-based vaccines. Janssen et al. compared heterologous and homologous mRNA-1273 and BNT162b2 vaccination after the respective first vaccination in a randomised trial (53). They found the geometric mean titers of anti-Spike IgG antibodies for each heterologous regimen to be higher relative to the corresponding homologous regimen. This is consistent with data from Israel (54) and the COV-BOOST study (55), in which even half-dose mRNA-1273 as fourth dose after triple BNT162b2 vaccination

appeared to have higher immunogenicity than full-dose BNT162b2. The authors suggested that this result might be due to a heterologous schedule effect or the vaccine dose. Interestingly, differences between both mRNA vaccines could be more complex, since mRNA-1273 is reported to induce higher concentrations of RBD- and N-terminal domain-specific IgA and more antibodies eliciting neutrophil phagocytosis and natural killer cell activation as compared to BNT162b2 (56).

Our study is, to our knowledge, the only study examining the longitudinal humoral and cellular immune response towards the most recent SARS-CoV-2 isolates in haemodialysis patients after administration of consistent vaccination regimens starting with a triple dose of BNT162b2 followed by a fourth full-dose of mRNA-1273. Whilst other studies principally support the beneficial impact of a fourth vaccination dose on both antibody titers and neutralising potency towards SARS-CoV-2 B.1 and VoC isolates, often various vaccination regimens including heterologous vector-based/mRNA regimens were pooled in cohorts (14) or vaccine dosages not provided (13).

Our data provide solid evidence that the triple vaccination resulted in mean antibody concentration and neutralising activity above levels to after the second vaccination. Interestingly, we identified significant further increases in both humoral and cellular response rates following the fourth dose, compared to the second and third. The increase in response rate from 30% to 74% from third to fourth dose for Omicron is particularly important considering it comprises almost all currently circulating variants of SARS-CoV-2. We consider this as a valid argument for a fourth vaccination in at-risk patients, especially, since T-cell immunity elicited by current vaccines is also effective against VoC including Omicron (57–59). The large range in both humoral and cellular responses illustrates however the variable nature of SARS-CoV-2 vaccination responses in dialysis patients and may be of relevance for identifying individuals with inferior responses in need for further doses.

Our study has several limitations. The number of participants within our cohort was limited, with only 50 patients on haemodialysis and a further 33 control participants, although our sample size is larger than similar studies examining the effect of the fourth dose within haemodialysis patients (15). The use of longitudinal cohort also allows us to directly identify the responses and their decline following each individual dose. Unfortunately, we were unable to obtain samples post-fourth dose for our control population, since many individuals were meanwhile infected with Omicron, additional booster vaccinations are not generally recommended and a full dose mRNA-1273 vaccination would be the unlikely regimen for the healthy controls. Although our control group was well-matched for sample collection at peak antibody levels after the second and third vaccination, they were not optimally matched for age and gender. A potential limitation of our study is that we used only peptides from a single SARS-

CoV-2 S1 protein for T-cell analysis, not taking into account reactivity against other variants including Omicron. To investigate the extent to which substitutions in spike and non-spike proteins affect T-cell recognition, several studies examined T-cells in vaccinated and convalescent individuals (49, 60–62). Overall, these studies show a high degree of preservation of T-cell epitopes between the ancestral strain, Omicron and other variants of concern. However, the degree of cross-reactivity varied among individuals, possibly as a consequence of genetic aspects of antigen presentation. Finally, it would have been interesting to directly compare homologous fourth BNT162b2 dose to mRNA-1273 in haemodialysis patients and to assess the reactogenicity, but this would have required a prospective study design for an interventional study.

Overall, a fourth full-dose of the mRNA-1273 vaccine elicits improved cellular and humoral responses compared to the triple BNT162b2 vaccination and appears to be an advisable strategy for immunocompromised patients, such as haemodialysis patients. Nevertheless, the decline after fourth vaccination and the effectivity against emerging SARS-CoV-2 variants will have to be monitored to assess the immune response duration and requirement for further booster vaccinations.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving human participants were reviewed and approved by the Internal Review Board of Hannover Medical School (MHH, approval number 8973_BO-K_2020, amendment Dec. 2020). The patients/participants provided their written informed consent to participate in this study.

Author contributions

GMNB, NS-M, AD, and MS conceived the study. MB, AD, MS, AD-J, GMNB, AC, NS-M, DJ, and MVS designed the experiments. NS-M, MS, GMNB, AD-J, and GK procured funding. GR, JG, JJ, DJ, and MVS performed experiments. KL, AB, EW, GL, AC, and GMNB collected samples or organized their collection. PK, BT, and UR produced and designed recombinant assay proteins. MB, KL, AD, MS, GR, MVS, and AC performed data collection and analysis. MB generated the figures. MB, MS, AD, and GMNB verified the underlying data. GMNB and MS wrote the first draft of the manuscript with input from MB, AC, KL, and AD. All authors critically reviewed and approved the final manuscript.

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Conflict of interest

NS-M was a speaker at Luminex user meetings in the past. The Natural and Medical Sciences Institute at the University of Tübingen is involved in applied research projects as a fee for services with the Luminex Corporation. GMNB was a speaker on a symposium sponsored by Moderna.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fimmu.2022.1004045/full#supplementary-material>

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Lessons learned from immunological characterization of nanomaterials at the Nanotechnology Characterization Laboratory

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Nanotechnology carriers have become common in pharmaceutical products because of their benefits to drug delivery, including reduced toxicities and improved efficacy of active pharmaceutical ingredients due to targeted delivery, prolonged circulation time, and controlled payload release. While available examples of reduced drug toxicity through formulation using a nanocarrier are encouraging, current data also demonstrate that nanoparticles may change a drug's biodistribution and alter its toxicity profile. Moreover, individual components of nanoparticles and excipients commonly used in formulations are often not immunologically inert and contribute to the overall immune responses to nanotechnology-formulated products. Said immune responses may be beneficial or adverse depending on the indication, dose, dose regimen, and route of administration. Therefore, comprehensive toxicology studies are of paramount importance even when previously known drugs, components, and excipients are used in nanoformulations. Recent data also suggest that, despite decades of research directed at hiding nanocarriers from the immune recognition, the immune system's inherent property of clearing particulate materials can be leveraged to improve the therapeutic efficacy of drugs formulated using nanoparticles. Herein, I review current knowledge about nanoparticles' interaction with the immune system and how these interactions contribute to nanotechnology-formulated drug products' safety and efficacy through the lens of over a decade of nanoparticle characterization at the Nanotechnology Characterization Laboratory.

KEYWORDS

nanoparticles, nucleic acids, immunotoxicity, characterization, trends, methods

Introduction

Nanotechnology is often used to formulate various drugs to improve their solubility, prolong circulation time, achieve delivery to the target organs and tissues, direct the route of particle uptake into and intracellular distribution within a target cell, and benefit from multifunctional capabilities (1–6). Many nanotechnology-based concepts are already used in the clinic and include, among others, anticancer formulations (e.g., Onivyde, Doxil, Abraxane, Daunoxome), anti-microbial agents (e.g., Ambisome), therapeutic nucleic acids (e.g., Onpattro), and vaccines (e.g., Comirnaty). Some industry reports suggest that the global nanomedicine market is rapidly increasing at a compound annual growth rate of 12.6% and will reach \$258.11 billion in 2025 (7). Indeed, many nanotechnology-based concepts are in various stages of drug development, including clinical trials. As a recent example, in August 2020, ClinicalTrials.gov reported 1,200 various nanoparticle-based treatments for over 200 indications (8); these numbers continue to grow every year. Most of these concepts (~72%) in 2020 were intended to treat different cancer types, while a small percentage covered indications for body weight, non-cancerous diseases affecting various systems, and infectious diseases (Figure 1). The dominance of anti-cancer nanomedicines is not surprising due to the extensive research in the past three decades demonstrating the role of the enhanced permeability and retention (EPR) phenomenon in nanoparticle trafficking to and accumulation in solid tumors. The initial EPR concept implied that due to their size, nanoparticles readily pass the leaky vasculature of tumors and stay in the tumor milieu, unable to exit quickly due to altered lymphatic drainage; as such, they accumulate and release drugs in tumors, reducing the exposure

of healthy tissues to cytotoxic drugs. However, more recently, the complexity of EPR became evident in that this phenomenon was more pronounced in some but not all solid tumors and varied considerably between patients. This recent notion stimulated cancer nanomedicine researchers to develop strategies, such as quantifying the degree of EPR in individual patients by non-invasive imaging techniques prior to administering the treatment, with the overall goal of improving the delivery of nanomedicines to tumors. The controversy surrounding EPR and various strategies for improving cancer nanomedicine targeting and efficacy have been recently discussed by Lammers and the team (9). Verifying the clinical utility of these strategies is expected to result in more cancer nanomedicine concepts going into clinical trials.

Given the current global emergency use of lipid-nanoparticle (LNP)-based COVID-19 vaccines to combat the COVID-19 pandemic, some experts expect more nanotechnology applications in infectious diseases (10).

Many studies have demonstrated that the reformulation of a drug using a nanocarrier helps to reduce the drug's toxicity. For example, the anticancer drug doxorubicin (DXR) is known for its accumulation in cardiomyocytes and in relation to its cardiotoxicity; this toxicity is overcome when DXR is delivered using a polyethylene glycol (PEG)-modified liposome (Doxil) (11). The removal of toxic excipient Cremophor and reformulation of another anticancer drug, paclitaxel, using nanoalbumin particles, resulted in an improved safety profile. As a result, the original, Cremophor-EL-based formulation of paclitaxel (Taxol) requires slow infusion and premedication to avoid anaphylactoid reactions, whereas nanoalbumin-formulated paclitaxel (Abraxane) is injected without premedication and does

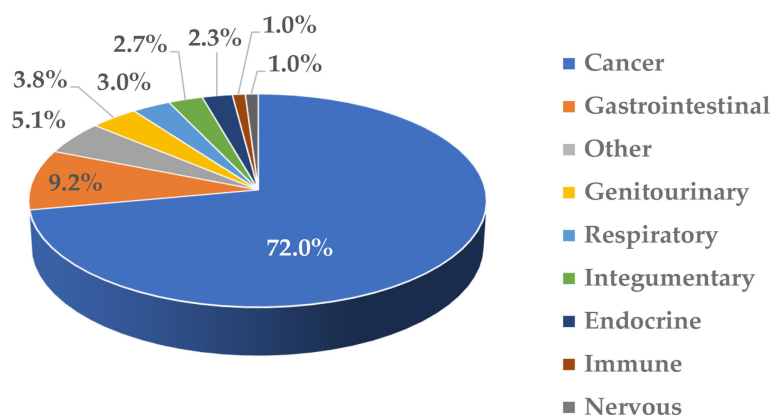


FIGURE 1

Clinical trials involving nanotechnology-based formulations. This figure was prepared based on data downloaded from ClinicalTrials.gov (8) on August 5, 2020; the accessibility of the site was verified on March 2, 2022. The data were grouped based on disease type and the percentage of total (1,200) was calculated. The cancer category included malignancies affecting various organs and systems. Non-cancerous diseases were grouped based on the type of affected system. "Other" includes communicable diseases, congenital abnormalities, body weight, musculoskeletal, death, fibrosis, infectious and stomatognathic diseases, tissue adhesion, blister, and breast and otorhinolaryngologic diseases.

not induce anaphylaxis (12, 13). The formulation of therapeutic proteins TNF α and coagulation factor VIII (FVIII) using colloidal gold and liposome, respectively, helped to overcome systemic inflammatory response to TNF α and generation of neutralizing antibodies to FVIII (14–16).

While reduced drug toxicity through formulation with a nanocarrier is encouraging, available data also suggest that a change in the drug's biodistribution due to the carrier may also occur and lead to the "relocation" of toxicity from one target organ to another. For example, the liposomal formulation of DXR helped to overcome DXR's cardiotoxicity (11); however, due to the liposomal drug's accumulation in the skin's dendritic cells, it created new toxicity, palmar-plantar erythrodysesthesia (PPE, also known as Hand-and-Foot Syndrome) (17). Reformulation of the same active pharmaceutical ingredient (API) DXR using cyanoacrylate nanoparticles eliminated cardiotoxicity and PPE but resulted in nephrotoxicity due to the drug's accumulation in the kidneys (18). These studies emphasize the importance of performing comprehensive toxicology studies even when a previously known drug is used in formulations using nanoparticles because nanocarriers may change the distribution of the drug and, hence, alter its toxicity profile.

For decades, the efforts of the nanotechnology drug delivery community were focused on masking nanoparticles from immune recognition (19–21). However, recent evidence shows that this intrinsic ability of the immune system to clear particulate materials—one that researchers have tried to work around for years—is one that can be modulated to synergize with the primary mechanism of action of drugs delivered by nanocarriers. This creates limitless opportunities to harness this property and direct it against disease-causing mechanisms (22). For example, PEGylated liposomal DXR (Doxil), initially approved for cancer therapy due to its ability to decrease DXR-mediated cardiotoxicity, is now known to stimulate the anticancer immune response, through a mechanism that is not completely understood, that allows for improved anticancer efficacy when Doxil is combined with immune-checkpoint inhibitors (23). A study in a colorectal cancer model in immunocompetent but not immunocompromised mice demonstrated that a combination of Doxil and anti-PD1 resulted in a complete response in 11 out of 12 animals (23). In another study, the same API DXR, formulated using polymeric-LNPs, was effective against breast cancer in treated animals by reducing immunosuppression in the tumor microenvironment (24). RGD-targeted LNPs co-delivering API (a-GalCer) and an immunomodulatory agent (PI3K inhibitor) improved therapeutic outcomes against breast tumors (25). Nanoalbumin-formulated paclitaxel (Abraxane) that has already been approved for clinical use as monotherapy is also undergoing clinical testing in combination with immune-checkpoint inhibitors to improve the outcome of anti-tumor therapy (26, 27).

The mechanisms through which nanocarriers contribute to immunomodulation are incompletely understood. One mechanism commonly discussed in cancer therapy literature includes the induction of so-called immunogenic cell death

(ICD) by APIs, which are more precisely delivered to tumors by nanocarriers (28). The studies that favor this mechanism include those demonstrating that APIs, such as paclitaxel, oxaliplatin, gemcitabine, DXR, 5-fluorouracil, and gemcitabine, to name a few, activate apoptotic pathways that lead to the release of so-called danger signals or danger-associated molecular patterns [DAMPs (e.g., ATP, calreticulin and high-mobility group-B1 protein)] that activate tumor-infiltrating antigen-presenting cells, thereby contributing to immunogenicity of tumor-specific antigens released by dying cancer cells; these studies have been discussed in detail elsewhere (29–31). In contrast, some studies clearly demonstrate that cytotoxic APIs do not have the same efficacy as their nanoparticle-formulated counterparts when used in immunocompetent animals and combined with immune-checkpoint inhibitors (23). Therefore, ICD induction by cytotoxic APIs alone does not entirely explain the observed improvement in anti-tumor efficacy.

The existing data suggest that nanocarriers may contribute to this phenomenon through other mechanisms than delivering an ICD-inducing drug to tumors. Some of such mechanisms may include nanocarriers inducing chemokines. For example, I reported earlier that liposomes and lipid nanocarriers commonly induce chemokine IL-8 (32), which is responsible for the recruitment of leukocytes (33). Other mechanisms may be linked to intracellular complement activation. For example, our team found that dendrimers and other cationic polymeric molecules activate an intracellular complement (34) that plays a critical role in regulating T-cell activation (35–37).

Moreover, nanocarriers can be loaded with immunomodulatory agents that improve the therapeutic outcome of cytotoxic agents. For example, liposomes formulated to co-deliver a PI3K inhibitor with an API (a-GalCer) activated anti-tumor T-cell responses (25). In another recent study, nanoscale coordination polymer core-shell nanoparticles were designed to co-deliver oxaliplatin and dihydroartemisinin; these particles induced reactive oxygen species (ROS), which activated the immune cells and improved the anti-tumor response to anti-PD-1 immunotherapy (38). Interestingly, chemokine induction by lipid-based nanocarriers has also been attributed to their ability to induce ROS (39). Besides activating the chemokine responses, oxidative stress also negatively regulates the complement factor H (a complement system inhibitor), thereby further contributing to inflammatory responses (40). Therefore, oxidative stress induced by a nanocarrier may be an important mechanism contributing to the observed efficacy of nanoformulated drugs in immunotherapy applications.

It is well established now that nanoparticle physicochemical properties such as size, aspect ratio, zeta potential, hydrophobicity, surface area, and functionalization determine interactions between nanoparticles and immune cells. By optimizing these properties, researchers could control undesirable immunotoxicity and achieve desirable immunomodulatory effects. More studies are needed to fully understand the mechanisms by which nanocarriers contribute

to API therapeutic efficacy (besides their primary role as drug-delivery vehicles).

Regardless of the indication, all new formulations must undergo rigorous safety testing prior to their approval for clinical use. Even after receiving initial approval, drugs undergo post-marketing surveillance and can be removed from the market due to toxicity (41). One reason for drug discontinuation in clinical practice is immunotoxicity, with hypersensitivity reactions (HSRs) being named frequently (42, 43). Herein, I will focus on available information relevant to HSRs and immunosuppression and review the current literature about nanoparticle-mediated immunotoxicity and available methodologies to study it.

Infusion reactions

Infusion reactions (IRs) are HSRs that occur within minutes to hours of nanoparticle administration (44). The mechanisms underlying IRs to nanomedicines are complex and often involve overlapping pathways and systems (Figure 2). Some of the currently known mechanisms include activation of the complement system and so-called complement activation related pseudoallergy (CARPA), activation of platelets that release secondary mediators contributing to the overall response, and production of cytokines by immune cells, including but not limited to macrophages (44–48). Interestingly, IR symptoms in patients receiving intravenous (i.v.)

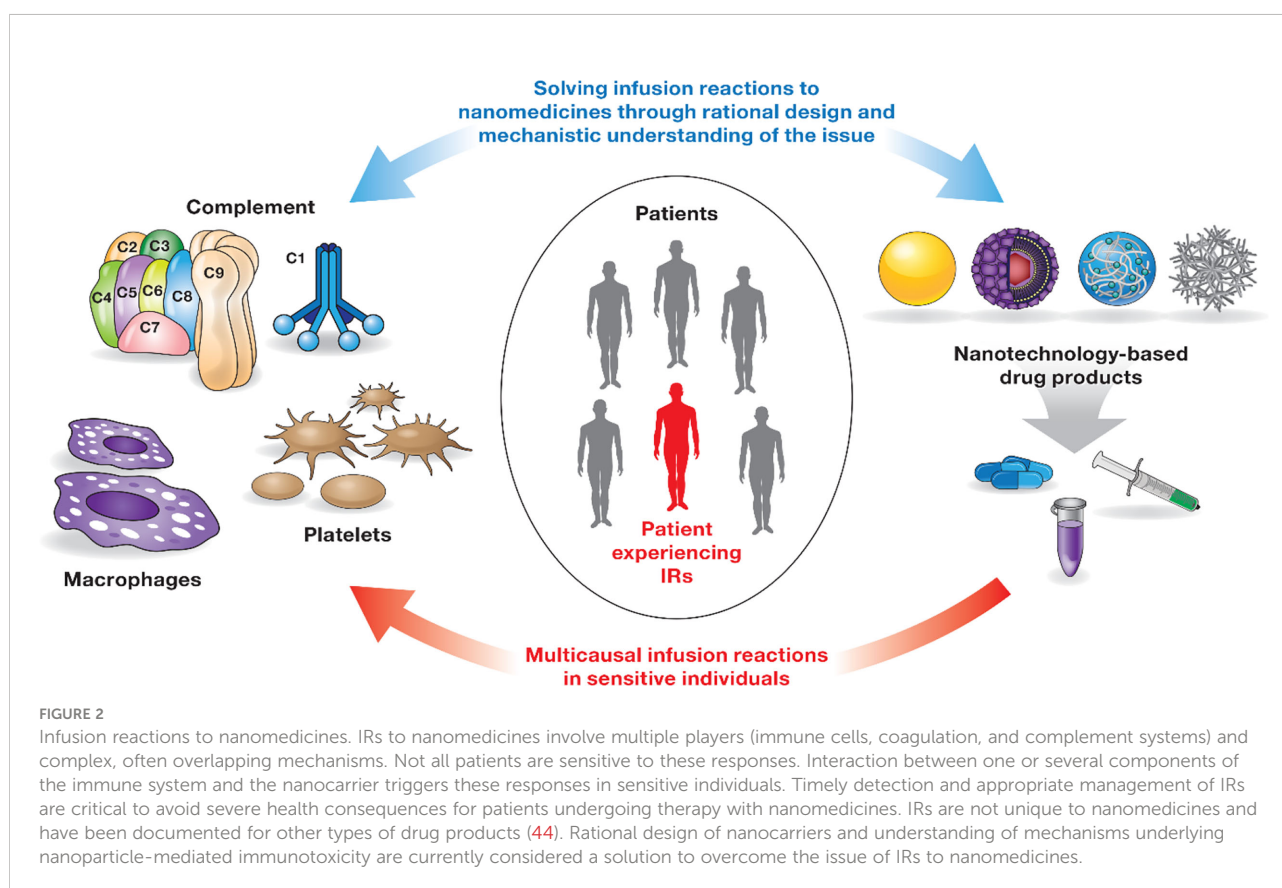
injection or infusion of nanomedicines overlap with that of HSR in individuals immunized with LNP-based mRNA vaccines (49). It is generally agreed that the same pro-inflammatory properties of LNPs required for vaccine efficacy also contribute to the HSR. More detailed mechanisms and safety roadmaps for IRs to nanomedicine and HSRs to LNP-based mRNA vaccines have been discussed elsewhere (44, 49). Below I will focus on the complement system, the coagulation system, and cytokines that are recognized among leading contributors to nanoparticle-mediated IRs and HSRs.

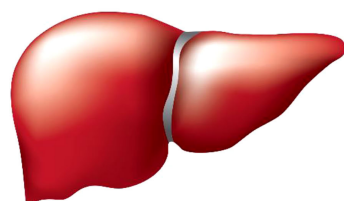
Complement system

The complement system plays an essential role in both innate and adaptive immunity (50). It is complex and includes a large group of proteins that are produced by different cells in the body, act in different compartments, get activated by different mechanisms, and contribute to different types of immune responses (Figure 3). The discussion below focuses on current knowledge about plasma and intracellular complement systems.

Plasma complement

The plasma complement is a group of more than 30 proteins produced by the liver and secreted into the blood, where they “complement” cellular immune defense mechanisms. Activation





Plasma Complement

1. Produced by the liver
2. Required for the detection and removal of pathogens
3. Activation occurs in plasma
4. Activated via formation of convertase
5. Essential component of innate immunity
6. Undesirable activation leads to acute toxicity, which can be resolved by removing exposure to activating agent
7. Undesirable activation leads to anaphylactoid reactions and CARPA

Intracellular Complement

1. Resides inside of T cells
2. Required for sustaining T-cell function
3. Activation occurs inside the cell
4. Activated by cathepsin L
5. Essential component of adaptive immunity
6. Undesirable activation may lead to chronic toxicity, which cannot be resolved by removing exposure to activating agent*
7. Undesirable activation may lead to autoimmunity*



FIGURE 3

The main characteristics of the complement system. The main characteristics of plasma and intracellular complement are summarized. The intracellular complement system is discussed in the figure in the context of T lymphocytes due to a better understanding of its function in the currently available literature. The intracellular complement system has also been detected in other cell types; its role in other cells is less understood and, therefore, not mentioned in the figure. Statements highlighted with an asterisk (*) were hypothesized based on the role of lymphocytes in which the intracellular complement system was described; experimental verification is still required for these statements and represents one of the future directions of research in this field.

of the plasma complement system occurs *via* three main mechanisms—the lectin pathway, initiated by mannose-binding lectin; the classical pathway, initiated by the antibody; and the alternative pathway initiated by C3b binding. Additionally, autoactivation can occur *via* the so-called C3-tickover mechanism (51). Once triggered, these pathways result in sequential proteolytic cleavage of complement proteins organized in a cascade that converges on the C3 component of the complement. The activation culminates with the formation of terminal, or so-called membrane-attack complex, sC5b-9, which is perforin disrupting a microbe membrane and “killing” the microbe. Activation of the plasma complement results in production of anaphylatoxins—C3a, C4a, and C5a—that act like cytokines and activate immune cells, thereby promoting the immune response (51). The action of the plasma complement system is tightly connected to that of the blood coagulation and kinin/kallikrein systems, collectively acting to stop the infection and restore homeostasis. The same components of the complement system intended for the elimination of the pathogen—anaphylatoxins and terminal complex—are also responsible for adverse effects: tissue swelling, redness, pain, and cardiopulmonary changes. When complement activation is triggered by drug products (e.g., PEGylated liposomal DXR or Cremophor-EL formulated drugs), it leads to CARPA. CARPA symptoms overlap with that of immediate type I HSRs triggered by antigen-specific IgE.

When left uncontrolled, CARPA may be fatal. Janos Szebeni of the Semmelweis University in Hungary pioneered the research on CARPA; he coined the term, described the mechanism, and developed *in vitro* and *in vivo* models used by other researchers worldwide to understand this phenomenon further and find the means for controlling it to prevent adverse health effects. Plasma complement activation and CARPA in response to pharmaceuticals, including those formulated using nanotechnology, have been extensively discussed in the literature (most recent references: (44, 46, 48, 52–54); Dr. Szebeni published more than 100 papers on this subject). Understanding the immunogenicity of drug products and their components, as detailed in the immunogenicity section of this review, provides mechanistic insights in understanding the CARPA phenomenon due to the known role of certain types of antibodies in activating the classical complement pathway.

Herein, I want to briefly summarize key structure-activity relationships and current approaches for minimizing the ill effects of CARPA on patients receiving nanomedicines to lay the foundation for the next section pertaining to the lesser-known intracellular complement system. Factors influencing complement activation by PEGylated liposomes include lipid composition and structure, zeta potential, surface and PEG phospholipid anchor charge, density, and the molecular weight of PEG (55). Similar findings were described in another study demonstrating that conformation and density of glycopolymer

coating on polystyrene nanoparticles can serve as “molecular switches” of complement activation (56). An increase in the surface load of cationic moieties on perfluorocarbon nanoparticles was associated with an increase in complement activation, whereas the addition of PEG-3000, but not PEG-350, decreased the reactogenicity (57). Moreover, drug release and crystal formation at the particle surface and contamination with endotoxin may further contribute to the reactogenicity of nanoparticles with the complement system, as was discussed in a liposome study (55). Decreasing nanomedicine infusion rate *in vivo*, applying complement inhibitors, and injecting empty nanocarriers (e.g., Doxebo) before administering drug-loaded nanoparticles (e.g., Doxil) were proposed as effective means of inhibiting complement activation by nanoparticles *in vitro* and *in vivo* (58–60).

Among nanoparticles that passed characterization in the Nanotechnology Characterization Laboratory (NCL; <https://ncl.cancer.gov/>) assay cascade, PEGylated liposomes, especially those with elongated shapes, had more significant complement activation responses than spherical PEGylated liposomes and other PEGylated nanomaterials, which is consistent with the literature (55). The significant factors determining the nanoparticles’ complement activating ability in the NCL assay cascade include composition, shape, and dose. While we found that anti-PEG antibodies contribute to complement activation by PEGylated liposomal DXR, we observed no correlation between the anti-PEG antibody titer in the normal donors’ blood and the magnitude of the complement activation (61). We concluded that the presence of antibodies might be monitored for mechanistic purposes when the reaction occurs, but it should not be used to predict the reaction; instead, functional assays such as an *in vitro* complement activation assay are a more accurate tool to identify nanoparticles that trigger complement activation *in vitro*, and, as such, have a greater risk of causing CARPA *in vivo*.

Intracellular complement

Unlike the plasma complement proteins produced in the liver and secreted into the blood, the intracellular complement system is expressed by and remains inside the cells (Figure 3). The expression is either constitutive or induced by stimuli that activate the cells (35–37, 62). Once activated, intracellular complement split products are transported outside the cell and are exposed on the cellular membrane (34–37). Both C3 and C5 components of the complement system were described in cells. Even though the intracellular complement system is more extensively studied in T cells, it is not specific to T-lymphocytes and is found in other cell types including immune cells (monocytes, neutrophils, and B cells), non-immune cells (epithelial cells, endothelial cells, fibroblasts, and adipocytes), and cells that have undergone malignant

transformation (62–64). The intracellular C3 component of the complement system produced by dendritic cells contributes to T-cell activation (65); when expressed by cancer cells, it promotes tumor growth *via* a mechanism involving the PI3K/Akt pathway (64). The autocrine activation of CD46 and C3aR by intracellular complement directs the metabolic reprogramming of T-cells and determines the Th1 polarization phenotype of activated T-lymphocytes (63, 66).

The study by Liszewski et al. identified the protease cathepsin L as the enzyme responsible for cleaving the C3 protein and generating the C3a split product to be exposed on the cellular membrane (63). Another study was unable to reproduce this mechanism despite analyzing the same activating stimulus (a-CD3 antibody) (34), suggesting that multiple mechanisms of intracellular complement activation likely exist.

Nanoparticles activate intracellular complement based on their surface charge. A recent study investigated a large group of nanomaterials for their ability to trigger intracellular complement activation in human cells (34). The study organized test nanomaterials into several groups based on current knowledge of their involvement in different types of immunotoxicity. One group included materials known for their ability to activate the plasma complement system and cause CARPA in sensitive individuals (e.g., PEGylated liposome, amphotericin-loaded liposome Ambisome, and iron oxide nanoparticles (IONPs) Feraheme, polyethoxylated castor oil Cremaphor-EL, and Propofol). Another group included nanomaterials with an established record of delayed-type HSR and contribution to protein immunogenicity (e.g., nickel, zinc oxide, gold, and silver nanoparticles). The third group was based on materials with a known record of perturbation or disruption of cellular organelles (silica, silicon, nano-silica particles, and dendrimers). Among these materials, only amine- and guanidine-terminated polyamidoamine (PAMAM) and amine-terminated triazine dendrimers activated the intracellular complement system in manner dependent on size and density of surface groups (34). In all cases, complement split products C3c and C3d were detected on the surface of activated T-lymphocytes (34).

Interestingly, unlike the original study describing intracellular complement activation in T cells (63), this study with dendrimers demonstrated that the mechanism underlying nanoparticle-mediated intracellular complement activation involves membrane damage and does not induce substantial changes in cell functionality as was assessed by cytokine production in and proliferative responses of leukocytes (34). Functional consequences of dendrimer-mediated intracellular complement activation remain largely unknown. However, complement split product deposition on lymphocyte surfaces may represent a process of so-called self-opsonization, which nanoparticle-damaged cells use to alarm other cells about the presence of danger. Further investigation is required to

determine whether the cell surface-exposed intracellular complement system represents another DAMP contributing to immunity. It also remains unknown whether intracellular complement system activation by dendrimers observed *in vitro* in healthy human donor lymphocytes (34) is also responsible for the delayed-type HSRs observed in a human subject after occupational exposure to cationic PAMAM dendrimers (67). To my knowledge, our team's study (34) represents the only currently available structure-activity relationship and mechanistic investigation of nanoparticle-mediated activation of the intracellular complement system. Therefore, more studies are needed to improve current knowledge about nanoparticle effects on intracellular complement activation and its functional consequences.

Cytokines

The communication between various immune cells and between the immune cells and other cells in the body can be direct *via* cell-to-cell contact and indirect *via* messenger molecules. Cytokines are a large group of such messenger molecules with diverse structures and functions produced and released by cells in response to inflammatory stimuli or damage. The earliest phase of the innate immune response operates with cytokines produced by macrophages and plasmacytoid dendritic cells (DCs). Other cell types, including platelets, some T cells (mainly regulatory T cells), fibroblasts, endothelial cells, and epithelial cells, can also contribute to the cytokine response during the early phase of inflammation. During this early phase, cytokines act on the nearest cells *via* the paracrine mechanism and, upon entry into systemic circulation, send the message to cells at other locations *via* the endocrine mechanism. Cytokines can have similar, overlapping, and unique functions and stimulate the production of other cytokines and secondary messengers, which amplify the response and initiate new responses. Examples of cytokines produced in the early phase of innate immune responses include tumor necrosis factor- α (TNF α), interleukins (IL-1, IL-12, IL-10, IL-6, IL-15, IL-18, IL-23, and IL-27), type I interferons (IFN α and IFN β), and chemokines (IL-8, MIP-1a, MCP-1). Cytokines coordinate innate and adaptive immune responses; some of them (e.g., IFN γ , TNF, IL-5, and IL-17) are also produced by activated T lymphocytes during the adaptive immune response. Understanding cytokine responses helps interpret the results of both safety and efficacy studies. Other aspects of nanoparticle immunocompatibility, such as the immunogenicity topic described later in this review, may provide mechanistic insight into the cytokine responses to nanomaterials due to the known role of antibodies in activating the immune cells and biochemical immune pathways such as the complement pathway.

Beneficial cytokine responses

Activation of specific cytokines by nanotechnology carriers to direct desirable immune responses is determined by the nanoparticle composition and physicochemical properties (e.g., size, charge, shape and hydrophobicity) (68) and has been extensively studied in the field of vaccines and immunotherapies (69). For example, fibrous TiO₂ particles with a large aspect ratio were more potent at activating NLRP3 inflammasome and promoting LPS-induced IL-1 β induction than their spherical and fibrous low aspect ratio counterparts (70). In another study, smaller carbon black and TiO₂ nanoparticles were more potent inducing cytokines than larger particles of the same composition and surface functionality (71). An interesting example demonstrating the importance of the cell type is the study of sheet-like zinc oxide particles that induced higher levels of TNF than their spherical counterparts in murine dendritic cells but not in macrophages (72). More examples of structure-activity relationships in nanoparticle-mediated cytokine responses are reviewed elsewhere (68).

Iron, silica, chitosan, poly(lactic, glycolic) acid (PLGA), liposomes, emulsions, virus-like particles, peptide- and poly(amino acids)-based carriers, synthetic polymers (e.g., polyethyleneimine, PEI), and DNA origami have been shown in various models to improve the antigen uptake, processing, and presentation, and result in overall better vaccine and immunotherapy performance (73–86). For example, Veneziano et al., designed virus-like particles using DNA-origami technology for presenting antigens to B-cells; in this concept, the antigens were spaced out on the origami surface at a controlled distance (25–30 nm) that allowed for the most optimal activation of the B-cell receptor (85).

Using nanoparticles, researchers were able to direct specific Th1 versus Th2 polarization and major histocompatibility complex (MHC)-restricted cytotoxic T-cell responses that traditional vaccines and therapies could not achieve (73, 86–88). Through nanoparticle-mediated regulation of inflammatory pathways and cytokine production by the cells residing in the tumor microenvironment, researchers have also been able to direct the activation status of macrophages from immunosuppressive M2 to inflammatory M1 phenotypes and thereby contribute to a better outcome of cancer therapy (89–91). Likewise, nanoparticles have been used to achieve repolarization of macrophages from M1 to M2 phenotype to benefit therapy of autoinflammatory and inflammation-mediated neurodegenerative conditions (92–95). Besides inducing desirable host cytokine response supportive of either M2/M1 or M1/M2 repolarization, nanoparticles have been successfully used to deliver cytokines (such as IL-4 and TNF α) that, upon release from a nanocarrier, triggered desirable responses without toxicity to the host (16, 93, 96, 97). Nanoparticle-mediated delivery of TNF α tested in phase I clinical trials demonstrated that, unlike free cytokine, nanoparticle-bound

TNF α does not induce a systemic inflammatory response and is also not immunogenic (16).

Other examples of beneficial cytokine response to nanoparticles and nanoparticle-formulated drugs include a recent study of CpG oligonucleotides delivered using particle replication in non-wetting templates (PRINT) nanoparticles. This concept resulted in particle accumulation in the lungs, where local cytokine response to delivered CpG oligonucleotides resulted in a reduction in the tumor size (98). Unlike free oligonucleotides, the PRINT nanoparticle-formulated CpG oligos did not elicit a systemic cytokine response (98). In another study, local application of doxycycline-loaded PLGA nanoparticles in the oral cavity resulted in an induction of anti-inflammatory (IL-10) and reduction in pro-inflammatory (IL-8, IL-6, IL-17, and IFN γ) cytokines, which contributed to resolving inflammation in patients with type 2 diabetes-associated periodontitis (99). Chitosan/polyglutamic-acid-formulated interferon-gamma induced the secretion of IL-12, IL-6, and TNF α , which modified the tumor microenvironment such that the invasion of colorectal cancer cells was hampered (100).

Overt cytokine responses

In contrast to studies discussed above, an overt production of inflammatory cytokines in response to systemically administered nanoparticles has also been described for certain nanoformulations. For example, adverse immune-mediated reactions to liposomal microRNA formulation MRX34 were so severe that they led to four patient deaths and subsequent discontinuation of the clinical trial (101). The same study reported that the toxicity could be managed using immunosuppressive therapy with dexamethasone (101). Another lipid-based nanoparticle formulation of siRNA, ONPATRO, resulted in IRs in more than 20% of patients. This response was not attributed to cytokines and, in one case, was due to the complement activation (102). The mechanism underlying these reactions in other patients remains unknown. These studies emphasize the importance of considering each nanoformulation in the context of the intended route of administration and indication and conducting extensive physicochemical characterization along with immunotoxicity assessment for the nanocarrier, API, and a final formulation containing both components.

Cytokine responses to nucleic acid nanoparticles

Unlike traditional therapeutic nucleic acids (TNA) such as siRNA, anti-sense DNA oligonucleotides, and CpG oligonucleotides, nucleic acid nanoparticles (NANPs) are

immunoquiescent in that adding these particles to immune cells does not result in a cytokine response (103). However, cytokine response to NANPs can be observed after they are delivered to immune cells using a lipid carrier (e.g., lipofectamine 2000). Earlier studies demonstrated that NANPs, after complexation with a lipid-based carrier, are internalized *via* Scavenger Receptor A-mediated phagocytosis, and this uptake culminates with the production of type I and type III interferons (103). Another remarkable difference between NANPs and TNA is that endosomal TLR7, but not TLR3 or TLR9, triggers the interferon response to RNA and DNA NANPs (104).

The expression of TLR7 is abundant in airways, and the activation of this innate immune receptor has a bronchodilating effect, decreases allergy-mediating Th2 responses, eosinophilic inflammation, and goblet-cell hyperplasia that make it a therapeutic target in asthma (105). Since the activation of TLR7 pathway inhibits viral replication in lungs and reduces airway hyperreactivity triggered by viral infections, synthetic TLR7 agonists [e.g., imiquimod (R837), resiquimod (R848), and 8-hydroxyadenine derivatives] have also been investigated as antiviral drugs (105). Collectively, the existing knowledge of targeting TLR7 for therapeutic indications opens the opportunity for NANPs to be used as antiviral and anti-asthmatic drugs.

While the initial studies are encouraging, more research is needed to fully evaluate the safety of NANP-mediated TLR7 activation because a recent study provided the first causation link between TLR7 activation and systemic lupus erythematosus (SLE), an autoimmune disorder (106), which is in line with the earlier clinical observation of TLR7-agonist association with psoriasis, an autoinflammatory skin disorder (107).

Structure-activity relationship studies revealed that the magnitude of the interferon response to NANPs could be controlled by the type of nucleic acids used to create these particles, with RNA-based NANPs being more potent interferon inducers; three-dimensional shape, with the globular NANPs being more potent than planar and fibrous NANPs; and size, but not sequence complementarity (103). More interestingly, the spectrum of cytokine response to NANPs could be controlled by the type of delivery carrier. Particularly, when amine-terminated dendrimers were used instead of lipofectamine, pro-inflammatory cytokines IL-1, TNF, and IL-6 were observed, whereas type I and type III interferons were not (108). Therefore, both the quantity (e.g., cytokine levels) and the quality (e.g., cytokine spectrum) of the innate immune responses to NANPs can be controlled by using different carriers to deliver these materials.

An extensive discussion regarding the immunotoxicity of traditional TNAs and NANPs; the role of nanocarriers in mitigating this toxicity; and translational challenges, opportunities, and barriers due to the immunological properties of NANPs are available elsewhere (109–115).

Trends in cytokine responses to nanomaterials

Cytokines are commonly used in preclinical studies as biomarkers of inflammation. Previously, NCL reported an interesting trend showing that lipid-based nanomaterials analyzed in the NCL standardized assay cascade between 2005 and 2015 induced chemokine IL-8 without inducing other pro-inflammatory cytokines such as TNF, IL-1, and IL-6 (32). The data were acquired using in-house developed single-plex ELISAs and several commercial multiplex platforms, including Meso Scale Discovery, BD Biosciences Cytometric Bead Array, Rules-Based Medicine MAP, and Bender MedSystems Floccytomix Multiplex Kit, and showed comparable results. In 2016, NCL switched to using chemiluminescent multiplex cytokine panels by Quansys Biosciences; these new custom multiplex assays cover 29 cytokines, including several chemokines (IL-6, MCP-1, MCP-2, MIP-1 α , MIP-1 β , and RANTES). During the past five years, the NCL assay cascade detected nanoformulations that induced a broad spectrum of cytokines and continued observing a trend in nanoformulations that exclusively induce chemokines, i.e., without other pro-inflammatory cytokines (Figure 4A). Nanoparticle composition analysis reveals that most concepts inducing chemokines are made of polymers, lipids, or containing both polymers and lipids, either as core nanoparticle carriers or excipients in the formulation (Figure 4B). Formulations inducing a broad spectrum of cytokines are often those that contain another cytokine as either API or targeting moiety, a TLR agonist as an adjuvant, or CpG oligonucleotide(s) as either an API or structural component of the nanoparticle.

Coagulation system

The coagulation system's two main components are platelets and the plasma coagulation system.

Platelets, also known as thrombocytes, are the smallest among peripheral blood cells (116). The main role of these cells is to maintain hemostasis. Physical damage to blood vessels and inflammation are among the factors that activate platelets and promote their aggregation (116). The contribution of activated platelets to IRs was described in patients undergoing therapy with a perioperative neuromuscular blocking agent and in a humanized mouse model of IgG-dependent anaphylaxis (117). Earlier studies demonstrated that nanoparticle size, charge, and density of surface functional groups determine nanoparticle interaction with platelets (118–121). For example, PAMAM and triazine dendrimers with cationic surface moieties (amine or guanidine) activated platelets and resulted in platelet aggregation; this activity was size-dependent in that larger particles were more potent than

smaller particles with the same surface functionality (119). In contrast to amine-terminated PAMAM dendrimers, particles with hydroxy- or carboxy-functionalized surfaces did not activate platelets regardless of the particle size (119). PAMAM dendrimers were more potent at activating platelets than triazine dendrimers of equivalent size and surface charge (121).

It has also been demonstrated that traditional sterilization methods such as gamma irradiation and autoclaving may change nanoparticle surfaces so that the particles become pro-thrombogenic and activate platelets (122). However, the contribution of platelets to IRs in response to nanoparticles has not yet been fully investigated.

The coagulation factor family is a group of thirteen proteins that, like the complement system, are organized in a proteolytic cascade. When analyzed under *in vitro* conditions, this cascade can be divided into three pathways: an extrinsic (prothrombin time [PT]) pathway, an intrinsic (activated partial thromboplastin time [aPTT]) pathway, and a common (thrombin time) pathway. Nanoparticle interaction with plasma coagulation depends on particle composition, surface functionalization, and size. For example, amine-terminated polystyrene nanoparticles inhibited plasma coagulation by depleting plasma coagulation factors VII and IX (123). This property was size-dependent in that smaller nanoparticles were more effective than their larger counterparts (123). Surface functional groups significantly contributed to the nanoparticle interaction with the coagulation pathway in that polystyrene nanoparticles with a negatively-charged surface coating activated the intrinsic pathway; this property was also size-dependent, with large particles being more effective than their smaller counterparts (123). In contrast, anionic liposomes inhibited plasma coagulation *via* interaction with coagulation factors XII and XI (124).

The number of concepts characterized in the NCL assay cascade and affecting coagulation is growing with the increasing general trend of using polymer-based drug delivery systems and prodrugs (Figure 5A). Most of the particles affecting coagulation pathways contain polymers as a part of the carrier or as an excipient (Figure 5B). Common features these polymers share with traditional anti-coagulant heparin are that these polymers are polar, long, charged, and hydrophilic. This observation deserves attention for several reasons. First, because many tumors have prothrombogenic properties (125), delivering cancer therapeutics using nanotechnology platforms with anti-coagulant properties may have a collateral benefit for cancer therapy. Second, it has been demonstrated that due to its polyanionic nature, heparin binds to various proteins (126). This property contributes to heparin's biological effects beyond blood coagulation. Particularly, heparin inhibits viral infection by competing with the virus for binding sites on target cells (127). The S1 subunit of the SARS-CoV-2 spike protein containing a receptor-binding domain was shown to bind to heparin (128). Moreover, heparin antagonizes histones released from damaged cells, thereby reducing endothelial injury during viral infection (129, 130).

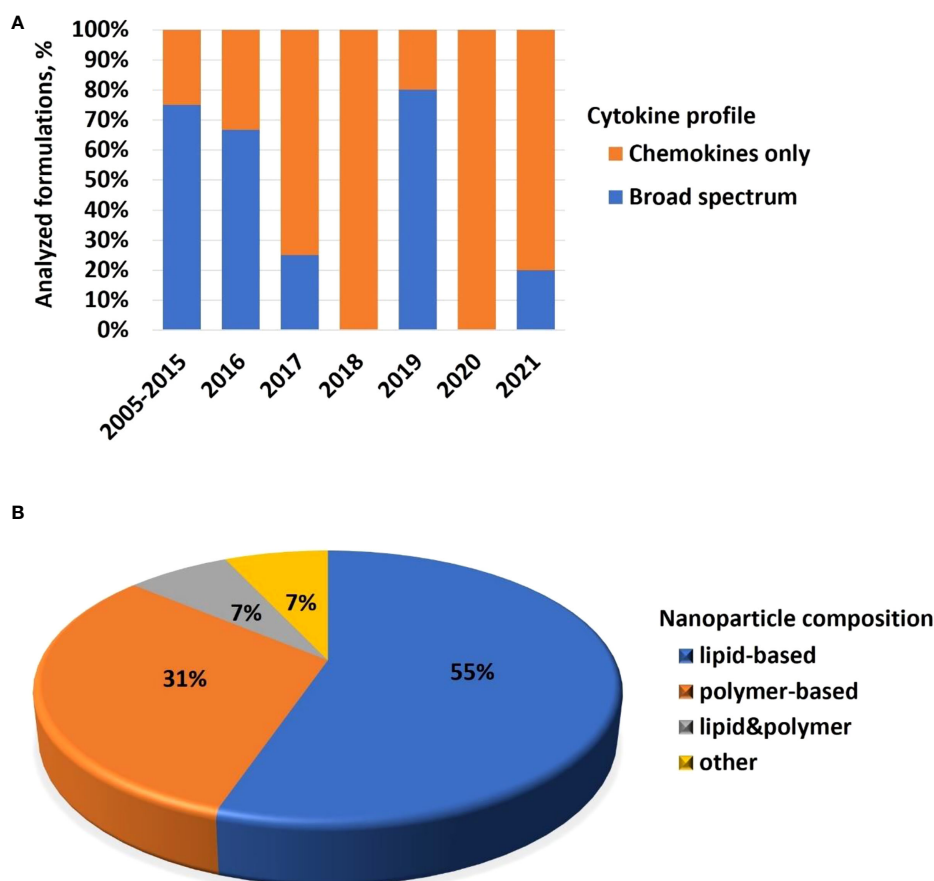


FIGURE 4

NCL assay cascade experience with cytokine analysis. Between 2005 and 2021, NCL has characterized over 450 nanotechnology formulations using assay cascade protocols (<https://ncl.cancer.gov/resources/assay-cascade-protocols>) that include six assays for the assessment of cytokines (ITA-10, ITA-22, ITA-23, ITA-24, ITA-25, and ITA-27). **(A)** Breakdown of formulations by cytokine profile (i.e., formulations that induced broad-spectrum cytokines versus those that exclusively induced chemokines). Percentage reflects the total number of formulations subjected to cytokine analysis. The data for 2005–2015 are pooled; during this time, IL-8 was the only chemokine on the NCL cytokine panel; other cytokines in the NCL 2005–2015 panel include TNF, IL-1 β , IL-6, and IFN γ . The panel was expanded and, since 2016, includes chemokines MIP-1 α , MIP-1 β , MCP-1, MCP-2, and RANTES, in addition to the IL-8. Other cytokines in the extended panel are TNF, IL-1 α , IL-1 β , IL-2, IL-4, IL-5, IL-6, IL-7, IL-10, IL-12, IL-13, IL-15, IL-17, IL-22, IL-23, IL-27, IFN γ , IFN α , IFN β , and IFN λ . “Broad-spectrum” refers to all or any combination of these cytokines where the combination includes cytokines of different functional types (e.g., pro-inflammatory and chemokines; pro-inflammatory and interferons; interferons and chemokines, or all of the above). Chemokines only refer to formulations that induce all or any chemokines in the absence of other functional cytokine types. **(B)** Breakdown of formulations that exclusively induce chemokines by nanoparticle composition. Most of the chemokine-inducing formulations are lipid-based, polymer-based, or contain both lipids and polymers either in the nanoparticle core or as the excipient or both. NCL, Nanotechnology Characterization Laboratory; ITA, immunotoxicity assay.

Therefore, I hypothesize that nanotechnology platforms with heparin-like behavior, when used for the delivery of SARS-CoV-2 therapeutics, may have collateral benefits (like that of heparin) by inhibiting viral interaction with cellular receptors and antagonizing histone-release-mediated endothelial injury.

Immunogenicity

One of the consequences of immunogenicity significant for therapeutic products is the formation of anti-drug antibodies

(ADA). The ADA can increase or decrease the product’s efficacy, cause alterations in the drug’s pharmacokinetics (PK), accelerate the drug clearance, and mediate systemic and local antibody-mediated toxicities such as anaphylaxis, HSR, kidney toxicity, and neutralization of non-redundant endogenous proteins with overlapping epitopes (131). The frequency of ADA occurrence and their clinical impact anti-correlate in that binding antibodies are the most frequent but have the least clinical impact, whereas neutralizing cross-reacting antibodies are the least frequent but have the most clinical impact. Therefore, detection of ADA and understanding their functional type

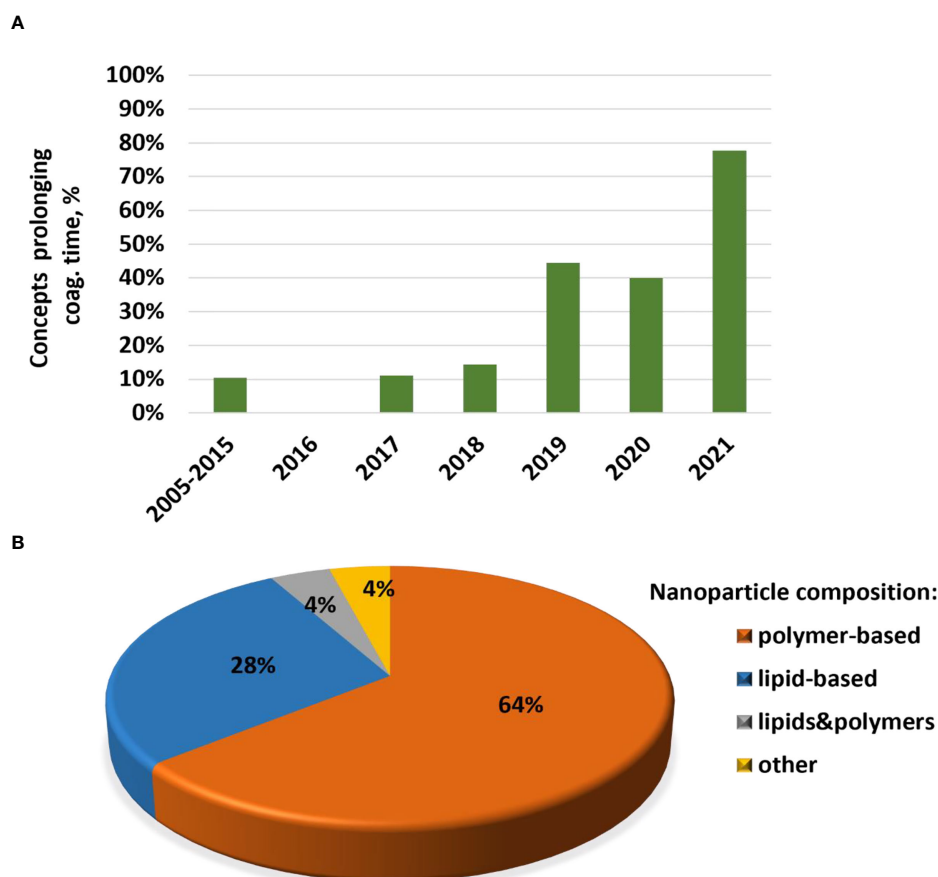


FIGURE 5

NCL assay cascade experiences with nanoparticle effects on blood coagulation. NCL has characterized more than 450 nanotechnology formulations using assay cascade protocols (<https://ncl.cancer.gov/resources/assay-cascade-protocols>) that include two assays for the assessment of the coagulation system (ITA-2 and ITA-12). Shown on the graph is a proportion of formulations that induced prolongation of plasma coagulation time in the NCL assay ITA-12 (A) and breakdown by nanoparticle composition of formulations resulting in APTT prolongation, a feature shared with traditional blood-thinning agent heparin (B). Most of these concepts are polymer-based, contain lipids, or both lipids and polymers either as the core nanoparticle or excipient or both. NCL, Nanotechnology Characterization Laboratory; ITA, immunotoxicity assay.

(e.g., binding, PK-altering, neutralizing, HSR-causing, cross-reacting neutralizing) and isotype (e.g., IgM, IgG, IgE) are recommended by the US Food and Drug Administration for certain drug products (e.g., protein, antibody, and peptide-containing products including nanotechnology concepts) (132). Understanding the functional type of the ADA helps to estimate the risk of adverse events and their severity in the context of PK, safety, and efficacy studies. Knowing the ADA isotype provides a mechanistic insight; for example, IgE is associated with true allergy, whereas IgM and IgG are known for their ability to mediate complement activation and CARPA, as detailed in the complement section above.

Nanoparticle immunogenicity has been extensively studied using fullerenes, dendrimers, and liposomes. These studies demonstrated that nanoparticles are poor antigens and do not induce antibody responses even in the presence of potent adjuvants. For example, C60 fullerene derivatives in the

presence of Freund adjuvant did not induce generation-fullerene-specific antibodies (133). However, conjugation of nanoparticles to proteins and/or administration in the presence of microbial ligands that activate toll-like receptors (TLRs) resulted in the formation of particle-specific antibodies. For example, C60 fullerenes derivatives conjugated to thyroglobulin administered in the presence of an adjuvant resulted in generation-fullerene-specific antibodies (134–136). Interestingly, C60 fullerene-specific antibodies reacted to the core and not to the terminal groups (136) and cross-reacted with C70 fullerenes and single-wall carbon nanotubes (134, 137).

Most importantly, unconjugated fullerenes, even in the presence of Freud adjuvants, were not immunogenic (133). Similar results were obtained with PAMAM dendrimers (138, 139). Dendrimer conjugation to a protein (hIL-3 or BSA) resulted in the formation of a dendrimer-specific antibody response (139). The induced antibodies reacted with

dendrimer surface groups (139). Collectively these studies indicated that nanoparticles behave as haptens and that both T and B lymphocytes are involved in the immunogenicity of protein-conjugated nanomaterials.

Like fullerenes and dendrimers, liposomes alone were not immunogenic (140); however, in contrast to fullerenes and dendrimers, liposomes induced antibodies in the presence of TLR4 agonist, lipid A, which was used as an adjuvant (140–142). Pre-existing (naturally occurring) antibodies to liposome components such as phosphatidylcholine (PC), cholesterol (Chol), and dicetyl phosphate (DCP) were found in human blood (143). The mechanism underlying the formation of these antibodies is not well understood but potentially involves a prior exposure to these lipids coinciding with or related to infectious agents supplying TLR ligands as adjuvants. For example, in an experimental rabbit model, *Trypanosoma rhodesiense* infection led to the formation of antibodies specific to several lipids, including PC, PI, PIP, and Chol; these lipids were also detected in the pathogen used in this animal model (144). Immunization of immunologically competent but not athymic mice with liposomes and an adjuvant resulted in a liposome-specific IgM response; this finding pointed to the thymus-independent mechanism (145). Interestingly, liposome-specific antibodies also recognized phospholipids, DNA, and lipoteichoic acids (141).

Recently, the immunogenicity of hydrophilic polymer coating, particularly that of PEG, on nanoparticle surfaces became a hot topic due to the contribution of these antibodies to infusion reactions and HSRs to nanoformulations, as was discussed above in the complement section. The original intention of including PEG and other hydrophilic polymers on the particle surface was to improve nanoparticle solubility and shield them from clearance by the mononuclear phagocytic system. It was expected that extended circulation time and decreased clearance would also prevent the immunogenicity of both the particles and their therapeutic payload. Surprisingly to many researchers, PEG itself was found to be immunogenic, and various antibodies, including IgM, IgG, and IgE, specific to this polymer, were described in the blood of healthy individuals and patients treated with PEGylated or PEG-containing products (146–148). Anti-PEG IgG and IgM were primarily reviewed in the literature in the context of CARPA because antibody-antigen complexes trigger activation of the classical pathway of complement (47); these antibodies were also shown to induce premature drug release from and reduce the therapeutic efficacy of PEGylated liposomes, underline accelerated blood clearance of PEGylated products, and alter biodistribution and mobility in the mucus of PEGylated nanoparticles (149–151). Anti-PEG IgEs correlated with immediate-type HSRs (true allergy) to PEGylated products (147, 148). Importantly, anti-PEG antibodies cross-reacted with polysorbate and were found to be responsible for allergic reactions to polysorbate-containing products (147). Likewise, in another study, anti-PEG antibodies cross-reacted with other C-C-O-

containing polymers, including polypropylene glycol, polyethyleneimine, and polytetramethylene ether glycol (152). The mechanism underlying PEG immunogenicity is not completely understood, but two recent reviews have discussed the application of general knowledge regarding T-independent antigens to PEG immunogenicity through the passive immunization resulting from environmental exposure and food (153, 154). Interestingly, two recent reports demonstrated anti-PEG IgG and IgM induction *via* active immunization with mRNA-PEG-LNPs in a pig model (155) and humans (156).

For many years, the hydrophilic nature of PEG made some scientists doubt the existence of anti-PEG antibodies and suggested that the unspecific antibodies are cross-reacting with ELISA components. However, structural investigation of the antibody-PEG interaction (157), along with studies linking the presence of these antibodies to HSR (47, 147, 148, 155) and premature drug release (60, 158), softened these doubts. Additional studies investigating the crystal structure of PEG-anti-PEG antibody complexes will further improve the understanding of antibody interactions with hydrophilic polymers and are urgently needed.

These unexpected but quickly expanding findings prompted many researchers to reconsider PEG use in nanomedicine and promoted the investigation of other polymers as PEG alternatives with the hope of overcoming the problem of PEG immunogenicity. Despite initially exciting findings of many such alternatives to improve solubility and increase circulation time of modified nanoparticles, they also discovered immunogenicity of these polymers, very much like earlier studies of PEG. More details about the immunogenicity of PEG alternatives (e.g., polyvinyl pyrrolidone and polyglutamic acid) and other immunological responses to polymers (e.g., heparin, polyoxazoline, and polycarboxybetaine, to name a few) used in pharmaceutical products and nanomedicines have been reviewed in detail elsewhere (154). Overall, it was concluded that no ideal PEG alternative exists; immunogenicity, allergy, and HSRs to various PEG alternatives are common. Moreover, thorough studies of immunological properties of PEG alternatives both alone and in the context of the whole product, which may contain nanoparticle carriers, APIs (e.g., protein, antibody, therapeutic nucleic acid, and small molecule), and excipients appear to be key to understanding immune-mediated reactions to this product and designing safe and effective formulations.

Immunosuppression

Immunosuppression is a condition in which an individual's immune response is lowered. It can result from genetic mutations affecting receptors, adaptor proteins, or transcription factors involved in the normal innate and adaptive immunity (159, 160). For example, the mutation in IRAK4 increases

susceptibility to infections (161, 162). Immunosuppression may also be due to environmental factors (e.g., xenobiotics) and certain types of drug products (163–165). Drug-mediated immunosuppression can be desirable [i.e., used to suppress a known overt activation of the immune system to prevent host damage (e.g., dexamethasone helps to prevent damaging effects of cytokine storm during bacterial or viral sepsis, rejection of organ transplant, or for suppressing an autoimmune response)] (164, 166) or adverse (i.e., when it is not intended but weakens the host's response to microbes and cancer [e.g., chemo and radiation therapy target cancer cells but also damage nontarget immune cells]) (163, 165, 167). Drugs intended to modulate the function of immune cells may also cause adverse immunosuppression. For example, cyclosporin, intended to prevent transplant rejection, when taken for a long time, may also increase the risk of bacterial and viral infections (168). To reduce the negative consequences of immunosuppressive therapies, vaccination and prophylactic antimicrobial therapies are often considered for patients receiving such drugs (167, 169).

Cytotoxic oncology drugs intend to stop cancer cell proliferation but also affect lymphocytes, thereby decreasing lymphocyte-mediated immune responses (170). When such APIs are delivered using nanotechnology platforms, final formulations may inherit the immunosuppressive properties of APIs. For example, among nanotechnology-formulated drugs that were characterized by NCL between 2005 and 2020, the majority (92%) were immunosuppressive due to the APIs, while only a small proportion (8%) was due to the nanocarrier (Figure 6).

Below, I review some examples of drug-mediated immunosuppression due to bone marrow (BM) and blood lymphocyte inhibition and discuss whether and how nanotechnology platforms influence this toxicity. Whenever

available, I will also discuss the immunosuppressive properties of nanocarriers themselves.

Bone marrow

Nanocarriers may influence drug distribution to BM, thereby diminishing or enhancing the drug-mediated toxicity. For example, in one early study, DXR, formulated on polyisobutyl (PIBCA)- and polyisohexyl (PIHCA)- cyanoacrylate nanoparticles, demonstrated differential distribution and toxicity (171). DXR-PIBCA suppressed the formation of granulocyte-macrophage progenitor (CFU-GM) after i.v. injection in mice, and this toxicity was comparable to the effect of free DXR; however, at an equivalent drug dose, DXR-PIHCA were more immunosuppressive. Similar effects were observed on spleen cells with a decrease in granulocytes and lymphocytes being more pronounced with DXR-PIHCA formulation. Both PIBCA and PIHCA carriers alone were not toxic. The authors linked greater toxicity of PIHCA- versus PIBCA-formulated DXR to the more significant accumulation of PIHCA-formulated drug in BM and spleen; however, the mechanisms underlying such differential biodistribution were not identified but were hypothesized to relate to different rates of opsonization that determined the greater uptake of nanoparticle-formulated drug by phagocytic cells in target organs (171). Another study found that the uptake of unfunctionalized- and citrate-stabilized IONPs by BM cells *in vitro* exceeded the uptake of iron citrate used as a control. Greater uptake, however, did not influence cell viability and expression of surface markers (172). Unlike PIHCA and PIBCA nanoparticles in the study by Gibaud et al. (171), IONPs were not loaded with an oncology drug; therefore, the lack of difference in toxicity may be

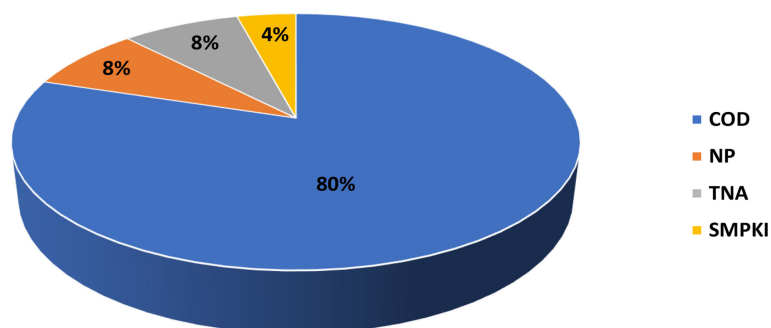


FIGURE 6

Immunosuppressive properties of nanotechnology formulations characterized at NCL. NCL has characterized more than 450 nanotechnology formulations using assay cascade protocols (<https://ncl.cancer.gov/resources/assay-cascade-protocols>) that include two assays for the assessment of immunosuppression (ITA-6 and ITA-18). Shown on the graph is a proportion of formulations that were immunosuppressive in these *in vitro* assays due to either API or carrier. The immunosuppressive properties attributed to APIs included those due to small molecules: cytotoxic oncology drugs (COD), therapeutic nucleic acids (TNA), small-molecule protein kinase inhibitor (SMPKI), or nanoparticle platform (NP). API, active pharmaceutical ingredient; NCL, Nanotechnology Characterization Laboratory; ITA, immunotoxicity assay.

explained by the generally biocompatible nature of the iron oxide platform (172). Provided the greater accumulation of IONPs in BM remains after the drug conjugation, I expect a similar increase in the BM cytotoxicity of the drug-formulated IONPs. Apart from biodistribution, drug-mediated myelosuppression may be influenced by the rates of drug release from nanocarriers. For example, docetaxel conjugated to solid LNPs was less myelosuppressive than docetaxel at equivalent concentrations *in vitro* in a colony-forming unit assay (173).

Accumulation of some nanoparticles in BM resulted in myelosuppressive effects due to particle-mediated apoptosis and hypoplasia. For example, intraperitoneal administration of aluminum oxide nanoparticles to mice decreased total and differential BM counts and altered erythropoiesis (174). The same study also reported myeloid hyperplasia due to the inflammation-associated increase in neutrophil precursors. The damaging effects of aluminum oxide nanoparticles on BM were neutralized by co-treatment with curcumin nanoparticles; the protective effects of nanocurcumin were attributed to its anti-inflammatory properties (174).

Blood lymphocytes

Suppression of lymphocyte function may occur due to either immunosuppressive drug payload or nanocarrier per se. Examples of drug-mediated immunosuppression include PLGA-betamethasone and nanoalbumin-paclitaxel (Abraxane), among others (175–177). Drug-mediated immunosuppression is common for nanotechnology concepts delivering cytotoxic oncology drugs.

Inhalation of carbon nanotubes suppressed B-lymphocytes' function *via* TGF β produced by alveolar macrophages (178). An interesting example is the iron-oxide formulation Feraheme (ferumoxytol) used for iron deficiency in chronic kidney disease patients. While adverse effects of this formulation commonly discussed in the literature include HSRs and CARPA, both attributed to the dextran coating on the surface of IONPs (179–181), this formulation was also found to be immunosuppressive and inhibited human T-cell function *in vitro* (182) and *in vivo* (183). Feraheme inhibited cytokine secretion and antigen-induced proliferation of T cells by inducing mitochondrial oxidative stress (182). Interestingly, Th17 function inhibition and IL-17 secretion by these cells in response to Feraheme *in vitro* (182) was suggested for potential use in relieving inflammation leading to psoriatic skin lesions *in vivo*. In a subsequent study, using a mouse model of chemically induced psoriasis, topical application of Feraheme was almost as effective as hydrocortisone in reducing skin inflammation (183). Another study demonstrated that Feraheme's ability to suppress myeloid-derived suppressor cells has beneficial effects on recovery from endotoxin tolerance following sepsis (184).

Available methods and models to study immunotoxicity

This section will discuss assays for assessing nanoparticle effects on the integrity and function of immune cells commonly used in preclinical research. Nanoparticles must undergo analysis for sterility and contamination with innate immunity-modulating impurities prior to *in vitro* and *in vivo* immunotoxicity studies since microbes and their components (e.g., endotoxin, beta-glucans, and CpG DNA) may confound the results of such studies (185). Challenges with endotoxin and beta-glucans detection in nanomaterials from NCL's experience have been described earlier (19, 32, 186–190). Reports on methodologies for endotoxin detection in nanomaterials from other laboratories are also available (191–196).

In vitro methods

Hemolysis

An *in vitro* hemolysis test is conducted to assess nanoparticles' effects on the integrity of red blood cells. Various experimental protocols for hemolysis studies using human and animal blood are available and have been discussed in more detail elsewhere (197). The *in vitro* method that incubates human whole blood with test nanomaterials and then detects plasma-free hemoglobin (198) shows a good *in vitro-in vivo* correlation. As reported earlier, as low as 5% of hemolysis detected by this method *in vitro* correlates with hemoglobin and hematocrit alterations *in vivo* (199). Nanoparticles that are found hemolytic in the NCL assay cascade possess common structural properties, including cationic surface moieties and the presence of detergents and detergent-like molecules as APIs or excipients.

Complement activation

This assay is used to assess nanoparticles' propensity of causing CARPA. Several formats of this method exist. One of the commonly used methods employs plasma or serum from human donors or animals, which, after exposure to test nanomaterials or controls, are analyzed by western blot or ELISA for the presence of the complement split products (C3a, iC3b, C4a, C5a, Bb, and/or sC5b-9) (200, 201). Szebeni's laboratory established good *in vitro-in vivo* correlation for this method both in the human and animal (pig, rats) matrix (202–205).

When the *in vitro* complement activation assay is used for nanoparticle characterization, it is essential to consider both inter- and intra-species variability in complement activation, which may influence the assay sensitivity and overall conclusions. For example, when mouse plasma from several strains (Balb/c, CD-1, C3H/HeN, C57BL/6, and DBA1) was used as a matrix to study complement activation by liposomal amphotericin (Ambisome), the highest complement activation

was observed in the plasma of Balb/c and CD-1 mice, whereas the lowest activation was seen in plasma of C57BL/6 mice; the activation in plasma of other strains was moderate (206). Interestingly, Balb/c and CD-1 mice are known for their Th-2 bias and preferred for sensitization studies, whereas C57BL/6 mice are Th-1-biased animals and are preferred in vaccine and autoimmunity studies (207). Another interesting observation is the difference in magnitude of complement activation by various agents. For example, human, but not mouse, plasma is susceptible to the complement activation by cobra venom factor (CVF) that is commonly used as a positive control for *in vitro* studies; however, the magnitude of the complement activation by Ambisome is comparable between human and mouse plasma (206). Another topic commonly discussed in the context of *in vitro* complement activation assay is the anticoagulant used to generate blood plasma. Hirudin is generally agreed as the best anticoagulant (208–210); however, this anticoagulant is not widely available. In the absence of hirudin, sodium citrate or EDTA-anticoagulated plasma can be used as long as veronal buffer is also used to supply divalent cations required for the complement activation.

Coagulation system

When analyzing the coagulation system in preclinical studies, it is essential to recognize that all components of this system are closely connected *via* positive and negative regulation loops. Plasma coagulation controls the activity of the zymogen prothrombin and a serine protease thrombin; Factor IIa (α -thrombin) is a final product of prothrombin activation that results in platelet activation and fibrinogen-to-fibrin conversion. Thrombin activates transamidase Factor XIIIa, which stabilizes the fibrin network with activated platelets, thereby forming a blood clot. Positive feedback of thrombin activation includes the activation of coagulation factors XI, IX, V, and VIII. The negative feedback controls the thrombin activity: thrombin binding to thrombomodulin expressed on the surface of endothelial cells activates protein C and stops further procoagulant activity. Activated protein C and its cofactor protein S activate proteolytic degradation of activated coagulation factors Va and VIIIa, which function to accelerate the thrombin-generation pathway. Thrombin also activates complement, leukocytes, and other cell types. Activated by thrombin and complement cells contribute to the plasma coagulation by producing cytokines and expressing the phospholipid-protein procoagulant activity complex. This complex initiates plasma coagulation by activating coagulation factor VII.

Nanoparticle effects on the coagulation system are commonly assessed *in vitro* using platelet aggregation, plasma coagulation, and leukocyte procoagulant activity assays (211). Platelet aggregation can be accessed using light transmission aggregometry and direct counting of single (unaggregated) platelets. Common plasma coagulation assays

include APTT, prothrombin time (PT), thrombin time (TT), and reptilase time (RT) assays. The APTT assay assesses functionality of factors XII, XI, IX, VIII, X, V, II; the PT assay does so for factors VII, X, V and II; TT and RT assess the role of fibrinogen. Alteration in the fibrinogen conversion to fibrin can also be detected in all of these assays. The PT assay is also used to access the procoagulant activity of leukocytes and endothelial cells; in this case, the cells are used instead of the Neoplastin-TM reagent to activate the plasma coagulation.

Despite their common use in nanoparticle hemocompatibility studies, abnormal results of these *in vitro* assays are often challenging to interpret due to the complex effects of nanoparticles on individual components of plasma coagulation, often synergistic and antagonistic effects, and generally low specificity or sensitivity for discrimination between individual pathways of nanoparticle interactions with the coagulation system. Other methodological aspects of thromboelastography, synthetic substrate-based assays, ELISA, fibrinolytic, thrombolytic activity, and other assays for coagulation assessment have been discussed elsewhere (212).

Cytokines

Two types of primary cell-based systems are available to cytokine researchers. They include whole blood cultures and peripheral blood mononuclear cells (PBMCs). If the cytokine of interest is expressed by cells of low abundance in the whole blood and even in PBMCs (e.g., plasmacytoid dendritic cells or $\gamma\delta$ T-cells), researchers could isolate these cells from the blood and concentrate them prior to analysis *in vitro*. Both negative and positive selection reagents are available when enrichment of a particular cell population is of interest. When such enrichment is not needed, the decision between whole blood and PBMCs could be made based on the type of cytokines one wants to detect (Figure 7). Table 1 summarizes human cytokines that are commonly analyzed in preclinical and clinical studies and included in the NCL multiplex panel. The information in this table could be used to guide both study design and data interpretation.

Leukocyte proliferation

Leukocytes can be activated by mitogens such as plant lectin phytohemagglutinin (PHA) for T cells and lipopolysaccharide for B cells. Antigen-specific lymphocytes can also proliferate in response to their cognate antigens (e.g., flu antigens). Proliferating cell expansion can be detected by several commercially available kits and reagents with (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), bromodeoxyuridine, (BrdU) and carboxyfluorescein diacetate succinimidyl ester (CFSC), being broadly used (215, 216). BrdU is preferable as it detects proliferating cells that incorporate this molecule into their DNA. While increased cell viability detected by the MTT assay generally reflects

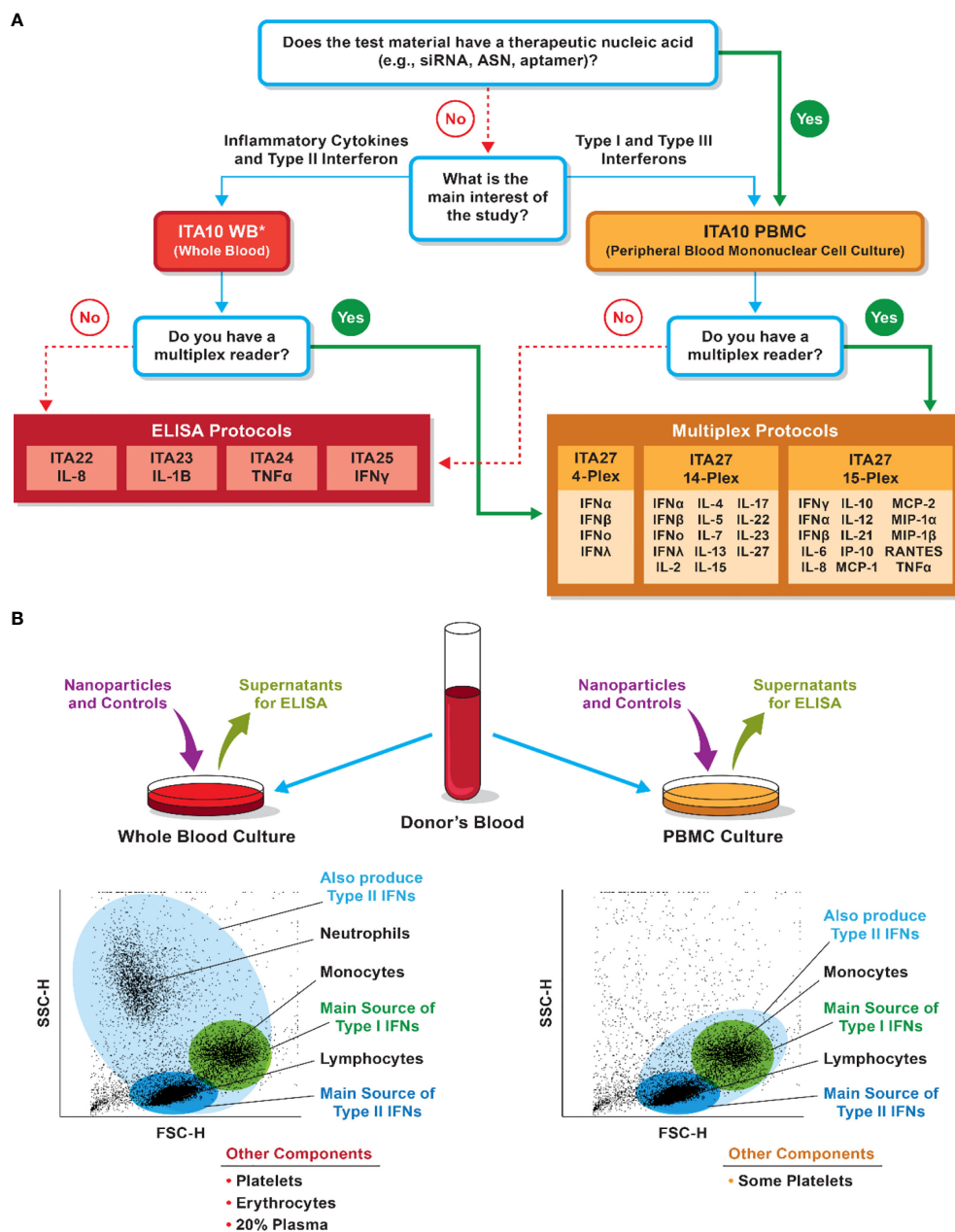


FIGURE 7

Considerations for selection of whole blood versus PBMC cultures for cytokine analysis. **(A)** NCL decision tree for model selection. The decision is influenced by the nanoparticle composition, study questions, and instrument availability. *PBMC could be used to assess pro-inflammatory cytokines and answer questions related to the risk of the cytokine storm. Whole blood, however, is a better system if type II interferon induction is of interest. **(B)** Differences in immune-cell populations between the whole-blood and PBMC cultures may influence the detection of various cytokines. Bullet points at the bottom list other cells or matrices present in the culture but not shown in the forward and side-scatter cytometry plots.

on the number of viable and expanded cells, the MTT signal may also go up when nanoparticles do not induce proliferation but rather improve cell viability by supplying nutrients into the culture medium; for example, nanoformulations containing sucrose are often seen as those increasing the MTT signal.

However, such an increase in the cell viability is usually minor and can be easily distinguished from a true mitogenic effect. Nanoparticles may activate the cells and promote proliferation induced by traditional stimuli, and this property is used to estimate their mitogenic activity. Some nanoparticles,

TABLE 1 Human cytokine panel used at NCL.

Cytokine	Primary cell source	Effector target and function
IL-1 α	Monocytes, DCs, macrophages, endothelial cells, hepatocytes	Endothelial cells (activation, inflammation, coagulation) Hypothalamus (fever)
IL-1 β	DC, macrophages	Endothelial cells, hypothalamus (fever); liver (synthesis of acute-phase protein); Th17 (differentiation)
IL-2	T cells	T cells (activation, proliferation, and differentiation) NK cells (proliferation and activation) B cells: proliferation, antibody synthesis (<i>in vitro</i>)
IL-4	CD4+ T cells, mast cells	B cell (activation, proliferation, and differentiation)
IL-5	T cells, mast cells	B cell (isotype switching to IgE) T cells (Th2 differentiation, proliferation) Macrophages (alternative activation and inhibition of IFN γ -mediated classical activation)
IL-6	T cells, macrophages	Liver (synthesis of acute-phase protein); B cells (proliferation of antibody-producing cells); Th17 (differentiation)
IL-8	Monocytes	Neutrophil recruitment
IL-10	T cells, primarily T regs	Macrophages, DCs (inhibition of IL-12 expression, co-stimulators, and class II MHC)
IL-12	DCs, macrophages	Th1 differentiation; NK and T cells (IFN γ synthesis, increased cytotoxicity)
IL-13	Th2, NKT, ILC2, mast cells	B cells (isotype switching to IgE); Epithelial cells (increased mucus production); Macrophages (alternative activation)
IL-15	Monocytes	CD8+ memory T cells (survival and proliferation) NK cells (proliferation)
IL-21	Th2, Th17	B cells (activation, proliferation, and differentiation); Tfh-cells (development); Th17 (increased generation)
IL-22	γ/δ T cells, ILC3	Epithelial cells (production of defensins, increased barrier function); hepatocytes (survival)
IL-23	Monocytes, DCs	Th17 (differentiation and expansion)
IL-27	DCs, macrophages	T cells (enhancement of Th1 and inhibition of Th17 differentiation) NK cells (IFN γ synthesis)
MIP-1 α	Monocytes, macrophages	Mixed leukocyte recruitment
MIP-1 β	Monocytes, macrophages	T cells, monocytes, NK recruitment
MCP-1	Monocytes, macrophages	Mixed leukocyte recruitment except for eosinophils (monocytes, T lymphocytes, NK cells, basophils, mast cells)
MCP-2	Monocytes, macrophages	Mixed leukocyte recruitment, including eosinophils (monocytes, T lymphocytes, NK cells, basophils, mast cells, and eosinophils)
RANTES	T cells	Mixed leukocytes recruitment
TNF α	NK cells, T cells, monocytes, macrophages	Endothelial cells, neutrophils (activation); hypothalamus (fever); muscle, fat (catabolism, cachexia)
IP-10	Monocytes, macrophages	Effector T-cell recruitment
IFN α (Type I)	Plasmacytoid dendritic cells (pDCs)	All cells (antiviral state, increased class I MHC); NK cells (activation)
IFN β (Type I)	pDCs	All cells (antiviral state), increased class I MHC; NK cells (activation)
IFN ω (Type I)	pDCs	All cells (antiviral state, increased class I MHC); NK cells (activation)
IFN γ (Type II)	T cells (Th1, CD8+), NK cells	Macrophages (classical activation); B cells (isotype switch to opsonizing and complement-fixing IgG subclasses); Th1 differentiation; various cells (increase in class II MHC expression, Ag processing, and presentation to T cells)
IFN λ (Type III)	pDC	DCs, neutrophils, CD4+ T cells, and B cells

This table summarizes cytokines, their origin, and their effector function. The information about these cytokines is based on references (213, 214). Knowing the primary cell source and effector/target function of the cytokines induced by nanoparticles helps to identify cell types affected by the analyzed formulations and to predict the biological effect(s) of such induction. This information aids both safety and efficacy studies.

especially those formulated to deliver cytotoxic drugs, inhibit or suppress the proliferation induced by mitogens (e.g., PHA-M) or antigens (e.g., flu antigen). Identification of nanomaterials' ability to suppress mitogen- or antigen-induced proliferation is commonly used to identify immunosuppression (216).

A popular *in vitro* assay that is a surrogate of the *in vivo* T-cell-dependent antibody response (TDAR) for immunosuppression screening is the human lymphocyte activation (HuLa) test that employs PBMCs of healthy donors immunized with the current-year flu vaccine. The HuLa assay

was initially developed and validated across immunosuppressive drugs with various mechanisms of action and showed consistent performance (217, 218). This method is also instrumental in identifying nanoparticles with immunosuppressive properties (216).

CFU-GM

Hematopoietic stem cells present in the BM proliferate and differentiate to form so-called colony-forming units (CFU). Depending on the growth factors present in the culture medium, these CFU can be of different cell lineage. CFU-GM, for example, assesses the formation of granulocytes and macrophages; CFU-E, erythrocytes; and CFU-GEMM, erythroid and mixed myeloid cells. This method is commonly used to assess the functionality of BM stem cells and the potential effects of test substances on these cells. The method can be conducted *in vitro* and *ex vivo*. In the *in vitro* protocol, the BM stem cells are isolated from untreated animals or human-donor volunteers, followed by the *in vitro* treatment with nanoparticles. In the *ex vivo* format, the BM cells are obtained from animals exposed to nanoparticles. Although the *in vitro* method does not account for nanoparticle biodistribution, it allows for rapid identification of potentially toxic formulations and is helpful in cases when amounts of nanoparticles are limited, and the dose information is unavailable, i.e., early in preclinical development. When BM cells are cultured in a methylcellulose-based medium in the presence of SCF, IL-3, and IL-6, it results in the formation of the CFU-GM that can be enumerated. Therefore, the *in vitro* CFU-GM protocol is used to assess the myelosuppressive properties of cytotoxic oncology drugs or nanoformulations delivering these compounds. The comparison between CFU-GM in the untreated sample (the baseline) and nanoparticle-treated sample (test) allows for the identification of nanomaterials with myelosuppressive properties (219). When conducted *in vitro* using murine or human BM cells, the CFU-GM assay was also found to accurately predict a drug's clinical maximum tolerated dose (MTD) in human patients (220, 221).

Phagocytic function

Phagocytes' primary function is to engulf and eliminate foreign particles, microbes, and abnormal host cells. Drug- or xenobiotic-mediated alterations in phagocytosis may lower the host's response to pathogens and transformed cells. Therefore, investigation of nanoparticle effects on phagocytosis is commonly included in experimental frameworks used to assess the safety of nanotechnology-based drug products. Tracking the uptake of model foreign bodies (e.g., yeast zymosan or heat-killed *E. coli*) could be done by flow cytometry or confocal microscopy; in this case, the model particulates are conjugated to

a fluorescent label. When unconjugated particulates are used as model foreign bodies for monitoring phagocytic function, a luminescence-producing reagent, luminol, is used to detect their uptake by a plate-reader-based assay (222, 223).

NK cytotoxicity

Natural killer (NK) cells are staffed with cytoplasmic granules containing cytotoxic proteins, such as perforin and granzymes. These proteins form pores in tumor and virus-infected cells when released, thereby contributing to the innate immune response against abnormal and infected cells. Alterations in the NK cytotoxicity may impair immunity; therefore, NK cell function analysis is an integral part of immunotoxicity studies. Both model cell lines and primary NK cells are used for such studies. For example, NK92 and HepG2 cell lines are frequently used as effector and target cells, respectively; the viability of HepG2 cells in the presence of untreated or nanoparticle-treated NK92 cells can be monitored in real-time using label-free technology (224). Other experimental approaches include whole-blood and PBMC cytotoxicity assays in which CFSE-labeled K562 target cells are monitored by flow cytometry to assess the cytotoxicity of primary effector NK cells. Another flow-cytometry-based approach includes the CD107a degranulation assay, in which whole blood or PBMCs serve as the source of primary NK cells (225, 226).

In vivo models

After the initial immunotoxicity assessment using general toxicity studies, specialized immune function tests can be employed to further interrogate adverse effects on the immune system. Some of these specialized immune function tests are described below. In these methods, test nanomaterials are administered as the dose level, using the dosing regimen and *via* the route of administration relevant to the intended clinical use of these materials.

Rabbit pyrogen test

Systemic exposure to pyrogens (i.e., fever-causing substances) results in an elevation in body temperature. As such, the rabbit pyrogen test (RPT) was established to detect fever-causing drugs and other medical products to prevent overt responses in patients. The experimental procedure involves the injection of a test material into the ear vein of a rabbit; the animal's body temperature is monitored before the injection and three hours after the injection with 30-minute intervals. The RPT is standardized for worldwide use in the field of drug development and pharmaceutical analysis for pyrogenicity and

is documented in pharmacopoeias of various countries. However, some discrepancies exist between protocols used in various countries with regards of the required number of rabbits, the acceptable initial body temperature, the determination of baseline temperature, and the decision algorithm (227–229). Historically, the RPT was used to detect endotoxin, a pyrogenic component of the cell wall of gram-negative bacteria that is a common contaminant in pharmaceutical products. However, after the discovery of the *in vitro* limulus amoebocyte lysate (LAL) assay (230, 231), the pharmaceutical community largely switched to this *in vitro* method to detect endotoxin. Later, the *in vitro* PBMC and whole-blood cytokine test, also known as monocyte activation test (MAT), has been validated as a reliable surrogate for LAL and RPT to test not only for endotoxin but for non-endotoxin pyrogens (228, 232–238). Moreover, the experience with some biotechnology-derived therapeutics demonstrated that product processing such as lyophilization may affect the ability of LAL and RPT to accurately detect endotoxin resulting in a product that passes these traditional tests but results in a fever in human patients; in contrast, incubation of the product with PBMC reliably detected “leukocytic pyrogen” produced in response to the endotoxin that was present in the product but remained undetectable by LAL and RPT (239). Currently, all methods—*in vivo* RPT and *in vitro* LAL and MAT—are used for pyrogenicity screening, though LAL remains the most popular.

Murine local lymph node proliferation

Guinea Pig Maximization Test, Buehler’s test, and local lymph node assay (LLNA) have been developed to test for delayed-type hypersensitivity (DTH) reactions. More recently, the local lymph node proliferation assay (LLNP) was proposed for the prediction of DTH; this method accurately predicted DTH reactions to systemically administered pharmaceuticals (240). In LLNP protocol, test materials and controls are subcutaneously injected to mice once a day for three consecutive days; next, the animals are allowed to rest for two days before intravenous administration of ³H-thymidine; five hours after the thymidine injection, the animals are sacrificed, and their draining lymph nodes are analysed by scintillation counting to detect thymidine incorporation into the DNA of proliferating leukocytes. An increase in the thymidine incorporation points to T-cell activation that occurs during allergic sensitization. The LLNA protocol is identical to that of LLNP except for the route of test-material administration. In the LLNA assay, the test material is topically applied to the animal’s skin; this test is applicable to nanomaterials formulated as creams or lotions. *In vitro* assays myeloid U937 skin sensitization test (U-SENS also known as MUSST) and human cell line activation test (h-

CLAT) were developed as surrogates for LLNA/LLNP and showed consistent performance in interlaboratory studies (241–243). However, when applied to nanomaterials testing, the results of these *in vitro* assays do not always correlate with that of the *in vivo* LLNP studies. For example, greater rate of positive response was observed using *in vitro* methods than using *in vivo* tests with MUSST/U-SENS being more sensitive in identifying positive responses than h-CLAT (244). Therefore, the *in vitro* assays are recommended when rapid screening of multiple nanoformulations is needed, but once positive responders are identified, they need to be re-tested using an *in vivo* method.

T-Cell-dependent antibody response

This method is used to assess the immunosuppressive properties of a test material. The assay is conducted in mice. First, the animals are exposed to the test nanomaterials. Next, they are injected with a substance known to produce a TDAR (e.g., keyhole limpet hemocyanin). Finally, the levels of the antigen-specific IgM and IgG are assessed one and three weeks from the antigen administration (216). A decrease in the antibody titer indicates immunosuppressive properties of the test material. The results of this *in vivo* test for iron oxide formulation Feraheme correlated with the *in vitro* HuLa assay discussed above; of note, a sex-dependent difference was detected by the TDAR method (216). Inhibition of the T-cell function by Feraheme has also been confirmed both *in vitro* and *in vivo* in other models (182, 183). However, as with any study, differences may be observed between *in vitro* and *in vivo* tests for various nanomaterials. Therefore, like the strategy mentioned above for the DTH studies, every nanoformulation should be considered on a case-by-case basis; the *in vitro* method is suitable for quick screening, whereas the *in vivo* study should be considered to verify the *in vitro* findings.

Porcine model for CARPA

Pigs are infused or injected with nanomedicines, and hemodynamic changes are monitored in real-time, followed by ex vivo blood sample analysis for the presence of complement split products and other inflammatory mediators such as thromboxane; the model reproduces symptoms and molecular markers induced in response to various nanomedicines known to cause IRs in human patients (48, 245, 246). Clinical relevance of this animal model has been extensively discussed elsewhere (52).

Genetically engineered, humanized, and naturalized models

Genetically engineered and humanized models have been developed to assess human-like immune responses in

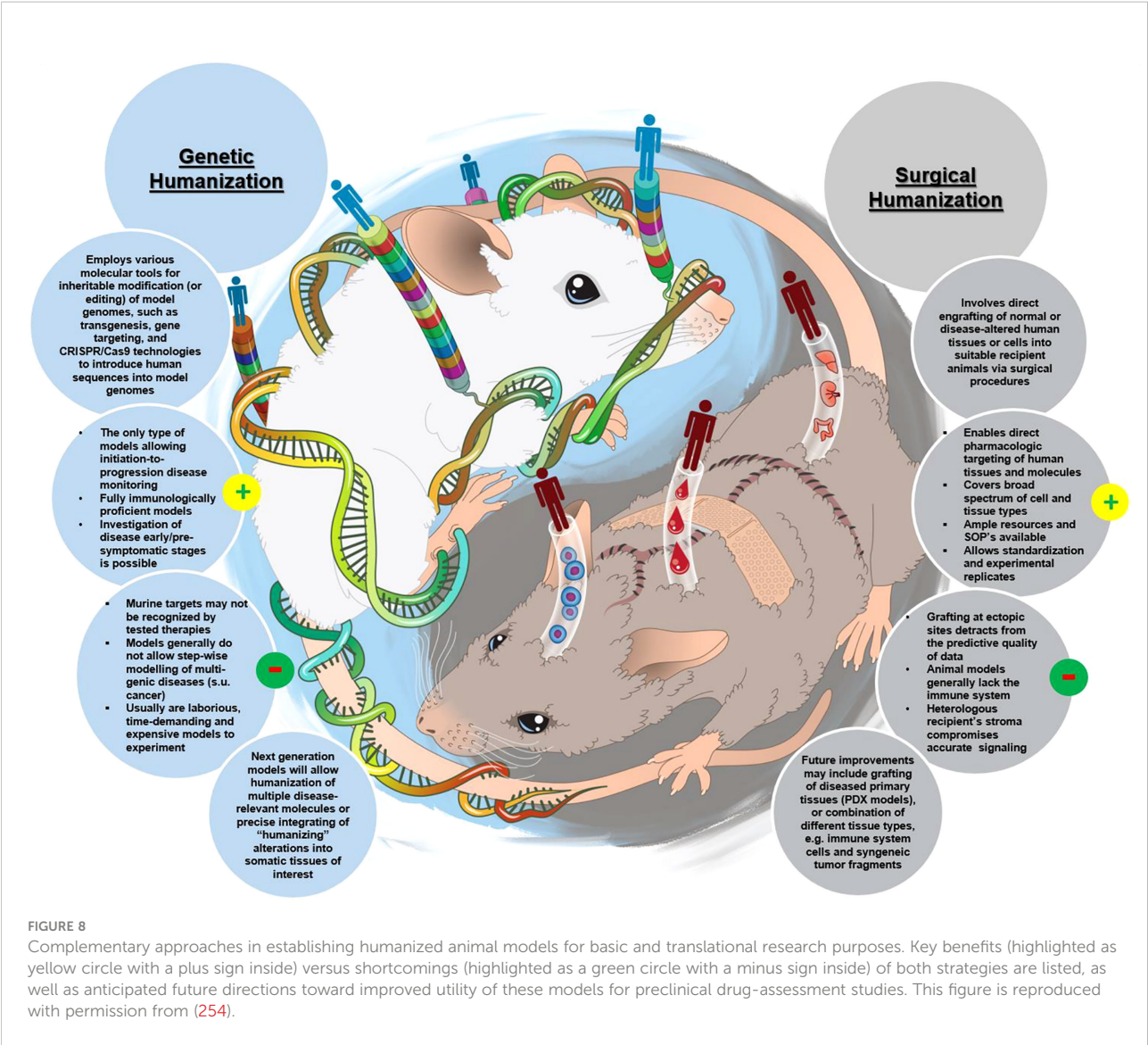


TABLE 2 Differences between standard husbandry conditions and the natural environment.

Condition	Standard Husbandry	Natural Environment
Optimal temperature	21°C	29–31°C
Light/Dark Cycle	12h/12h	Varies with season
Food	Less diverse	More diverse
Physical activity	Low	High
Likelihood of exposure to microbes, parasites, and allergens	Low	High
Behavioral complexity (ability to navigate or maintain vigilance for predators)	Low	High
Leukocytes	Less mature	More mature
Immune repertoire	Less diverse	More diverse

The table summarizes various conditions for C57BL/6 mice based on reviewed literature (258). Naturalizing or rewilding the animals by exposing them to the natural environment increased the maturity and diversity of lymphocytes and diversified the gut microflora (259).

animals (247–251). Such assessment in preclinical studies is often needed when animals do not express the target for nanoparticle-formulated drugs or when drug efficacy requires immunocompetent animals. Genetically engineered mouse models (GEMMs) are ideal for studies of cancer and other diseases due to unique mechanistic insights that traditional models cannot provide; these models were reviewed in detail elsewhere (252). An example demonstrating the utility of these models in preclinical studies of nanomaterials is the Taxane-resistant GEMM strain FVB/NJ containing C3(1)SV40 T-antigen (C3Tag) transgene used to demonstrate the efficacy of PRINT nanoparticles against taxane-resistant triple-negative

breast cancer (253). However, their high costs and complex logistics limit their use in research and development to specialized facilities equipped to support such models. Humanized animal models were developed by surgical transplantation of human cells or tissues, or by genetic engineering to express desired human proteins, and are more widely used in preclinical research due to their wider accessibility (Figure 8) (254). In one such study, PRINT nanoparticles were tested in NOD.Rag1^{−/−}Il2rg^{−/−} (NRG) mice, which, after irradiation, received an intrahepatic injection of CD34⁺ cells from human fetal liver tissues to produce human blood cells. This study found PRINT



FIGURE 9

A framework of mechanistic studies. Types of mechanistic studies, model nanoparticles that could be used as controls, methodologies, and instrumentation, and, whenever available, relevant biomarkers are summarized. API, active pharmaceutical ingredient; ATP, adenosine triphosphate; CRT, calreticulin; ER, endoplasmic reticulum; ELISA, enzyme-linked immunosorbent assay; FDA, fluorescein diacetate; GNP, gold nanoparticles; GSH, glutathione; Histones, Phospho-Histone H2AX (Ser139); HSP, heat shock protein; HMG, high mobility group; ID, identifier; LC, light chain; MSU, monosodium urate; NP, nanoparticles; PI, propidium iodine; ROS, reactive oxygen species; SNP, silver nanoparticles; TM, trade mark; WB, western blot.

nanoparticles' preferential uptake by human CD14⁺ monocytes without induction of systemic inflammation; these data in the humanized animals correlated with the *in vitro* uptake studies performed using human PBMCs (255). Another study utilized NOD/*scid*/*IL2r* common γ chain null (NSG) mice following the transfer of human PBMCs to analyze the functionality of the antigen-specific human regulatory T cells induced by PLGA nanoparticles co-delivering IL-2 and TGF- β to produce the tolerogenic response for lupus therapy (256). Similarly, NSG mice engrafted after the irradiation with human CD34⁺ peripheral blood stem cells derived from granulocyte colony-stimulating-factor-mobilized healthy donors were found instrumental for the *in vivo* efficacy analysis of protein subunit vaccines delivered by self-assembling protein-based nanoparticles to prevent Epstein-Barr virus infection (257).

Another interesting and thought-provoking idea for improving animal model relevance to humans is so-called “rewilding” or naturalizing the animals (258). One study demonstrated that naturalizing or rewilding animals by exposing them to the natural environment increased the maturity and diversity of lymphocytes and diversified the gut microflora (259). Graham reviewed multiple studies across several animal species, demonstrating that transitioning animals from standard husbandry conditions to a natural environment diversified the immune repertoire of the naturalized animals and suggested considering these animals for preclinical studies (258). A comparison between standard husbandry and the natural environment for C57BL/6 mice, as an example, is provided in Table 2. Moving preclinical studies in this direction would increase data variability, logistical challenges, and costs of such studies; however, such costs may be warranted, especially if this approach helps improve the predictability of preclinical animal studies and their relevance to humans. It would be interesting to compare biodistribution, safety, and efficacy of the same nanoformulation in the same laboratory animal strain when it is kept under standard husbandry conditions versus when it is naturalized.

Conclusion and future directions

After almost two decades of researching immunological properties of nanomaterials, common trends have been identified for certain nanoparticles based on their composition (e.g., polymer- and lipid-based nanomaterials induce chemokine response and prolong plasma coagulation time), surface moieties (e.g., the presence of PEG increases the risk of anti-PEG antibody-mediated responses), zeta potential (e.g., cationic materials are pro-thrombogenic and cytotoxic), shape (e.g., fibrous nanomaterials cause lysosomal rupture with subsequent activation of inflammasome), and size (e.g., large [< 300 nm]

materials regardless of their surface coating are quickly eliminated by the phagocytic cells) as reviewed in this manuscript and earlier reports from NCL (32, 199, 260, 261) and other groups (22, 262–271). Knowing these trends helps prioritize safety studies and select nanoparticle platforms for formulating non-immunologically inert APIs. However, each component of nanoformulation has a role and unique properties; therefore, each nanoparticle must be considered on a case-by-case basis and in the context of APIs, excipients, route of administration, and indication.

The investigation of nanoparticle immunological properties progresses toward mechanistic studies involving new technological modalities, such as real-time imaging, advanced immunophenotyping, and immunometabolomics. Some examples of mechanistic studies and relevant methods are summarized in Figure 9. The increased use of nucleic acid therapeutics (e.g., mRNA), especially when delivered using nanocarriers with intrinsic pro-inflammatory properties (e.g., LNPs) *via* local routes traditionally used for immunization (e.g., i.m.), in the presence of adjuvants (e.g., TLR agonists, CpG oligos, saponins and other natural products) and intended for use in healthy individuals (e.g., to prevent infections) warrants studies investigating the risk of autoimmunity. Improving *in vitro* and *in vivo* models for assessing nanoparticle immunotoxicity along with harmonization of testing approaches is another important direction in this field. Sharing high quality data generated by “wet” laboratories with bioinformatics researchers is also expected to improve quality of nanotherapeutics, streamline the selection of nanocarriers and aid in developing safer nanomedicines by generating supporting computer-based algorithms and analysis tools.

Author contributions

The author confirms being the sole contributor of this work and has approved it for publication.

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Conflict of interest

The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Type of mRNA COVID-19 vaccine and immunomodulatory treatment influence humoral immunogenicity in patients with inflammatory rheumatic diseases

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Patients with inflammatory rheumatic diseases (IRD) are at increased risk for worse COVID-19 outcomes. Identifying whether mRNA vaccines differ in immunogenicity and examining the effects of immunomodulatory treatments may support COVID-19 vaccination strategies. We aimed to conduct a long-term, model-based comparison of the humoral immunogenicity following BNT162b2 and mRNA-1273 vaccination in a cohort of IRD patients. Patients from the Swiss IRD cohort (SCQM), who assented to mRNA COVID-19 vaccination were recruited between 3/2021–9/2021. Blood samples at baseline, 4, 12, and 24 weeks post second vaccine dose were tested for anti-SARS-CoV-2 spike IgG (anti-S1). We examined differences in antibody levels depending on the vaccine and treatment at baseline while adjusting for age, disease, and past SARS-CoV-2 infection. 565 IRD patients provided eligible samples. Among monotherapies, rituximab, abatacept, JAKi, and TNFi had the highest odds of reduced anti-S1 responses compared to no medication. Patients on specific combination therapies showed significantly lower antibody responses than those on monotherapy. Irrespective of the disease, treatment, and past SARS-CoV-2 infection, the odds of higher antibody levels at 4, 12, and 24 weeks post second vaccine dose were, respectively, 3.4, 3.8, and 3.8 times higher with mRNA-1273 versus BNT162b2 ($p < 0.0001$). With

every year of age, the odds ratio of higher peak humoral immunogenicity following mRNA-1273 versus BNT162b2 increased by 5% ($p < 0.001$), indicating a particular benefit for elderly patients. Our results suggest that in IRD patients, two-dose vaccination with mRNA-1273 versus BNT162b2 results in higher anti-S1 levels, even more so in elderly patients.

KEYWORDS

SARS-CoV-2, vaccination, mRNA-1273, BNT162b2, anti-spike-IgG, waning immunity, rheumatic disease, immunosuppression

Introduction

Patients with inflammatory rheumatic diseases (IRD) requiring immunomodulatory therapies represent a vulnerable population during the COVID-19 pandemic and may have an increased risk of poor COVID-19 outcomes (1, 2). Two mRNA COVID-19 vaccines, BNT162b2 (Comirnaty, Pfizer-BioNTech) and mRNA-1273 (Spikevax, Moderna), are currently available and have proven to be highly effective in preventing severe COVID-19 disease, including hospitalizations and deaths (3). However, patients on specific immunomodulatory treatments mount an attenuated antibody response following mRNA COVID-19 vaccination compared to healthy individuals and may be less protected (4–9). Data on whether the risk of breakthrough infections is increased as the immune response wanes over time and the impact of certain immunomodulatory medication on the level of antibodies in patients with different diseases are still under discussion (10–12).

The efficacy of therapeutic and prophylactic antibodies against the spike protein further supports the importance of a robust humoral immune response (13, 14). Vaccine-induced immune responses in immunocompromised individuals may, among other factors, depend on the type of vaccine received. The available mRNA vaccines both encode for the SARS-CoV2 spike protein but contain different amounts of mRNA. Moreover, the mRNA incorporates distinct proprietary nucleotide and sequence modifications to stabilise the mRNA and modulate its immune activation profile (15). There is evidence that these differences may be clinically relevant, as, compared to BNT162b2, vaccination with mRNA-1273 resulted in significantly lower infection and hospitalization rates in non-immunocompromised adults and US veterans and higher antibody levels in healthcare workers (16–18). To our knowledge, relevant studies comparing the vaccine-induced immune responses following a two-dose regimen of the mRNA COVID-19 vaccines in patients with rheumatic diseases mostly involved a single sampling timepoint, or have reported results in terms of the proportion of patients

achieving seroconversion or passing a predefined threshold (5, 19, 20). However, since they used relatively low antibody thresholds, it is difficult to explore differences between BNT162b2 and mRNA-1273 induced immunity. As strong, antibody-mediated neutralizing activity increases with higher vaccine-induced anti-S1-antibody levels, comprehensively and longitudinally quantifying a potential difference in the humoral immunogenicity resulting from the approved mRNA vaccines in IRD patients and examining the effects of immunomodulatory treatments thereon may help to optimize COVID-19 vaccination strategies for this vulnerable patient population. Our aim was, therefore, to carry out a long-term, model-based comparative analysis of the magnitude and kinetics of the humoral immune response following two-dose vaccination with BNT162b2 and mRNA-1273 in patients with IRD on different immunomodulatory treatments.

Methods

Study set-up and participants

Between 1 March and 30 September 2021, adult patients from the Swiss cohort for patients with IRD (SCQM, Swiss Clinical Quality Management) who planned to receive an mRNA COVID-19 vaccine and were active users of the mySCQM patient application (21) were recruited into the study. The Geneva Ethics Committee approved the study protocol (BASEC-ID: 2020-01708), and all participants provided written informed consent. Participants' demographics and clinical characteristics were extracted from physician- and patient-reported data from the SCQM cohort database. In addition, at predefined intervals, patients were asked to answer study-specific questionnaires *via* the patient app. These included questions regarding testing for active SARS-CoV-2 infections (if any), COVID-19 vaccination details, changes in medication intake, pausing of immunomodulatory therapies around the vaccination dates, and serious vaccine-related adverse events. The detailed study schedule and questionnaire are available in [Supplementary Figure S1](#) and

Table S1, respectively. Participants received blood collection kits for the self-collection of capillary blood samples (Labonovum, NL), along with instructions for use. Participants were required to collect samples at baseline (i.e., before the first vaccine dose) and 4, 12, and 24 weeks post the second vaccine dose. Some patients with a past SARS-CoV-2 infection, were only given a single dose of an mRNA vaccine according to the Swiss immunization recommendations; others received two doses despite their previous infection. Samples were sent to the centralized laboratory in Geneva with a maximum allowed storage of 2 days at 2–8 °C before shipping and a postal time of ≤ 24 hours to ensure that anti-SARS-CoV-2 spike IgG antibodies were stable in the samples upon reception by the laboratory (22). Samples were tested for IgG antibodies against the S1 domain of the spike protein of SARS-CoV-2 using the EUROIMMUN ELISA. The assay read-out is a unitless index, calculated as the ratio of the optical density of the sample over that of the calibrator. We applied previously validated cut-offs: indices < 0.8 were considered negative, those $\geq 0.8 < 2.5$ indeterminate and subsequently confirmed positive/negative with recombinant immunofluorescence (those ≥ 2.5 considered positive) (23). Prior SARS-CoV-2 infection was defined by records of a past positive anti-SARS-CoV-2 IgG or PCR test in the SCQM cohort database or a positive baseline anti-SARS-CoV2 IgG result.

Final dataset for analysis

Only patients who received an mRNA COVID-19 vaccine, who provided an eligible baseline sample plus at least one subsequent sample, who fully answered the study questionnaires, and for whom the data regarding demographics and clinical characteristics extracted from the SCQM registry database were complete, were included in the analysis. Samples were considered eligible if enough serum for the assay could be extracted and if they were collected within the window of predefined collection timepoints (Figure S2). Samples taken after breakthrough infections or after receiving additional vaccine doses were excluded from the analysis. Samples not yet collected/tested at the time of writing were also not included in the analysis.

Outcomes and objectives

The anti-SARS-CoV-2 spike IgG levels (anti-S1; expressed as a unitless optical density ratio) at 4, 12, and 24 weeks post second vaccine dose were our outcomes of interest. The primary and secondary study objectives were to compare these outcomes depending on the vaccine received (BNT162b2 vs mRNA-1273) and the immunomodulatory treatment at baseline while adjusting for age, disease, and past SARS-CoV-2 infection.

Statistical methods

Models: We applied mixed-effects continuous outcome logistic regression models to the anti-S1 levels obtained at 4, 12, and 24 weeks post second vaccine dose to analyze differences depending on the vaccine and immunomodulatory treatment while accounting for inter-lot and inter-batch variability. These models are appropriate for the ELISA output, which is bounded (by a lower bound > 0 and an upper saturation limit), and, with the assumption of proportional odds, permit the comparison of the immunogenicity, following different vaccines and treatments, in relation to a given antibody cut-off, without the need to predefine it (24). Specifically, at each timepoint considered and for the covariates included, these models return the odds ratios of the vaccine-induced antibody levels being higher than a given cut-off without needing to pre-specify it. This is important since, to date, no absolute correlate of protection against severe COVID-19 has been established, and cut-offs may shift with the emergence of new variants (25). Since the true optical density ratios at the assay upper saturation limit are higher than this limit by an unknown amount, which we did not quantify through sample dilution, we treated the few observations at the saturation limit as right-censored.

Covariates: The following covariates assessed at baseline were included in the models applied at each timepoint: age, disease, past-SARS-CoV-2 infection, vaccine, immunomodulatory treatment as mono/combination therapy, as well as the interaction of vaccine with age (the odds ratios reported are therefore adjusted). Multiple other interactions were investigated prior to the final modelling, including those between vaccine and treatment, but only significant ones were retained in the final model. The majority (89%) of the study population indicated no reduction or pause in their immunomodulatory therapy during vaccination. Therefore, we decided not to include treatment changes in the analysis.

Confounding: In Switzerland, the BNT162b2 vaccine rollout began before that of mRNA-1273, at a time when the vaccination of the elderly and immunocompromized was prioritized. By including age and treatment as covariates in the model, we adjusted for this potential confounding of the vaccine effect by the timing of the vaccination.

Contextualization of absolute antibody levels: In addition to the relative comparisons emerging from the application of the models mentioned above, we sought to contextualize our results as it has been demonstrated that anti-S1 levels expressed as optical density ratios ≥ 5 (using the same EUROIMMUN assay) allowed to identify sera from SARS-CoV-2 convalescent plasma donors with strong neutralizing capacity (90% inhibition plaque reduction neutralization test (PRNT90) titers $\geq 1:20$) with high specificity (26). Accordingly, at the different timepoints considered, we compared the proportion of SARS-CoV-2

naïve BNT162b2 and mRNA-1273 recipients with optical density ratios equal to or greater than this cut-off.

Results

Between 4 March and 16 September 2021, 917 patients consented to participate in the study (Table S2). Five hundred

and sixty-five patients received an mRNA COVID-19 vaccine, provided eligible samples and had complete data (Figure S3 and Table 1). The total number of eligible samples that were tested were 565, 552, 542, and 513 at baseline, 4, 12, and 24 weeks post second vaccine dose, respectively (Figure S3). At the 4-, 12-, and 24-week post-second vaccine dose timepoints, only 3.6%, 1.5%, and 1.2% of the optical density ratios, respectively, were at the upper saturation limit and were treated as right-censored.

TABLE 1 Demographics and clinical characteristics of the study population.

	Total (n = 565)	BNT162b2 (n = 305)	mRNA-1273 (n = 260)
Age at baseline, years [median (IQR)]	53 (44 – 62)	54 (43 – 62)	52 (45 – 61)
Sex, n (%)			
Female	374 (66)	204 (67)	170 (65)
Male	191 (34)	101 (33)	90 (35)
Disease duration at baseline, years [median (IQR)]	15 (8 – 22)	14 (8 – 22)	15 (8 – 21)
Evidence of SARS-CoV-2 infection, n (%)			
Past infection	58 (10)	30 (10)	28 (11)
No past infection	507 (90)	275 (90)	232 (89)
Vaccine, n (%)			
BNT162b2; mRNA-1273	305 (54); 260 (46)	305 (100)	260 (100)
of which one dose*	4; 7	4	7
interval between doses [median (IQR)]	28 (28 – 29)	28 (28 – 29)	28 (28 – 29)
Diagnosis, n (%)			
Rheumatoid arthritis	204 (36.1)	112 (36.7)	92 (35.4)
Axial spondyloarthritis	207 (36.6)	107 (35.1)	100 (38.5)
Psoriatic arthritis	120 (21.2)	62 (20.3)	58 (22.3)
Undifferentiated arthritis	34 (6.0)	24 (7.9)	10 (3.8)
Treatment at baseline, n (%)			
no medication	84 (14.9)	42 (13.8)	42 (16.2)
csDMARD	52 (9.2)	23 (7.5)	29 (11.2)
of which combination therapy with GC	4	1	3
GC monotherapy	5 (0.9)	4 (1.3)	1 (0.4)
TNFi	273 (48.3)	152 (49.8)	121 (46.5)
of which combination therapy [‡] , n	76	47	29
JAKi	36 (6.4)	21 (6.9)	15 (5.8)
of which combination therapy [‡] , n	12	7	5
IL-6/17/23i	77 (13.6)	45 (14.8)	32 (12.3)
of which combination therapy [‡] , n	20	11	9
Rituximab	20 (3.5)	9 (3.0)	11 (4.2)
of which combination therapy [‡] , n	10	5	5
time since last infusion, days [median (IQR)]	267 (179 – 568)	262 (215 – 372)	286 (142 – 706)
Abatacept	14 (2.5)	8 (2.6)	6 (2.3)
of which combination therapy [‡] , n	6	5	1
PDE4i	4 (0.7)	1 (0.3)	3 (1.2)
of which combination therapy [‡] , n	1	-	1
Total GC use over all patients			
in mono- and combination therapy, n (%)	32 (5.7)	20 (6.6)	12 (4.2)
Dose, mg [median (IQR)]	5 (2.5 – 7.5)	5 (2.5 – 6)	7.5 (5 – 10)

*Due to past SARS-CoV-2 infection. No medication, currently on no immunomodulatory medication; csDMARD, conventional synthetic disease-modifying antirheumatic drug; GC, glucocorticoids; TNFi, tumor necrosis factor inhibitor; JAKi, Janus kinase inhibitor; IL-6/17/23i, interleukin 6/17/23 inhibitors; PDE4i, phosphodiesterase-4 inhibitor. [‡]with csDMARD/GC/csDMARD & GC; [‡]with csDMARD/csDMARD & GC; [‡]with csDMARD. The 32 patients receiving GCs are double counted, i.e. included in individual treatment groups and the entire GC group, to show the extent of GC use over the entire study population.

BNT162b2 and mRNA-1273 recipients had comparable demographics and clinical characteristics (Table 1).

We analyzed how participants' treatments affected humoral immunogenicity in SARS-CoV-2 naïve IRD patients (Figure 1A; Table 2). As monotherapy, the use of abatacept, JAKi, rituximab,

and TNFi resulted in significantly lower antibody levels compared to those observed in the group of patients who were not on immunomodulatory medication at baseline (Table 2), with the latter group of patients currently not on medication presenting anti-S1 levels comparable to those previously

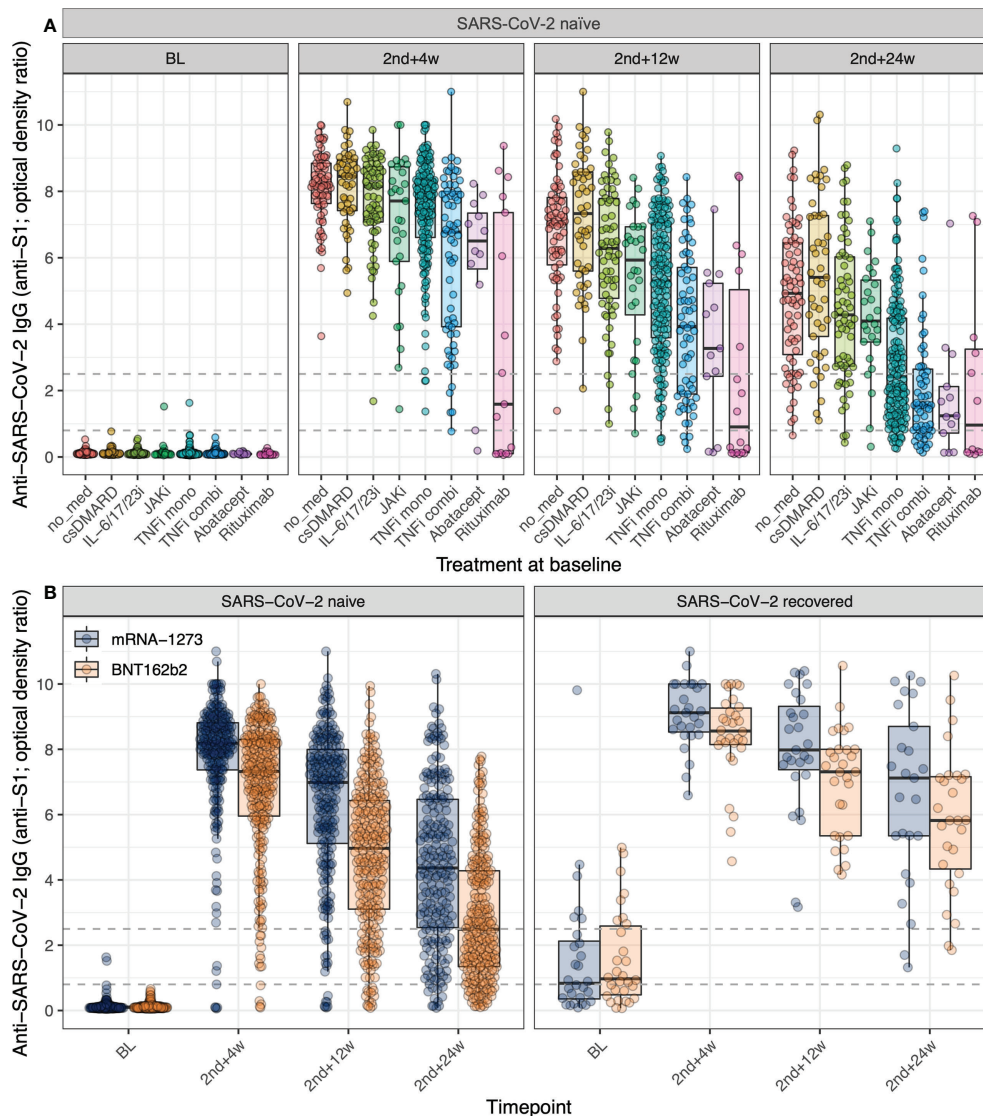


FIGURE 1

Impact of treatment for IRD and mRNA COVID-19 vaccine on anti-S1 antibody levels. **(A)** The variation over time of anti-S1 antibodies post mRNA COVID-19 vaccination in adult SARS-CoV-2 naïve IRD patients disaggregated by treatment group at baseline. No med = currently on no medication; csDMARD = conventional synthetic disease-modifying antirheumatic drugs in mono or combination therapy with GC (glucocorticoids); IL-6/17/23i = interleukin 6/17/23 inhibitors in mono or combination therapy with csDMARD/csDMARD & GC; JAKi = janus kinase inhibitors in mono or combination therapy with csDMARD/csDMARD & GC; TNFi mono = tumor necrosis factor inhibitor as monotherapy, TNFi combi = TNFi in combination therapy with csDMARD/GC/csDMARD & GC; Abatacept in mono or combination therapy with csDMARD/csDMARD & GC; Rituximab in mono or combination therapy with csDMARD/csDMARD & GC. The following treatment groups with five or fewer participants are not shown here: GC monotherapy and PDE4i (phosphodiesterase-4 inhibitor) in mono or combination therapy with csDMARD. **(B)** The variation over time of anti-S1 antibodies post mRNA COVID-19 vaccination in adult IRD patients disaggregated by vaccine and evidence of SARS-CoV-2 infection. For both panels: The dashed lines indicate the assay thresholds (see Methods). Individual points are overlaid on boxplots, with whiskers extending to 1.5*IQR. BL = baseline (day of 1st vaccine dose, before vaccination), 2nd+4w/12w/24w = 4/12/24 weeks post 2nd vaccine dose. For the full, adjusted model outcomes, see Table 2.

TABLE 2 The (adjusted) odds ratios of higher antibody levels (regardless of the threshold) up to 24 weeks post 2nd vaccine dose for IRD patients.

Weeks post 2 nd vacc. dose: (Total number of samples available for analysis)	4 (552)		12 (542)		24 (513)	
	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value
Age ^x	0.96 (0.94 - 0.97)	< 0.0001	0.98 (0.96 - 0.99)	0.0045	0.99 (0.97 - 1.0)	0.074
mRNA-1273 vs BNT162b2	3.3 (2.4 - 4.6)	< 0.0001	3.8 (2.7 - 5.4)	< 0.0001	3.8 (2.7 - 5.2)	< 0.0001
Past SARS-CoV-2 infection vs none	8.2 (4.8 - 14)	< 0.0001	8.6 (5.1 - 15)	< 0.0001	13 (7.2 - 22)	< 0.0001
Abatacept monotherapy*	0.13 (0.035 - 0.45)	0.0013	0.081 (0.020 - 0.32)	0.00036	0.082 (0.021 - 0.32)	0.00034
csDMARD monotherapy*	1.3 (0.66 - 2.4)	0.49	1.8 (0.93 - 3.4)	0.083	2.2 (1.1 - 4.4)	0.022
IL-6/17/23i monotherapy*	0.97 (0.54 - 1.7)	0.92	1.0 (0.55 - 1.9)	0.97	1.0 (0.56 - 1.9)	0.95
JAKi monotherapy*	0.37 (0.16 - 0.84)	0.018	0.36 (0.15 - 0.85)	0.020	0.64 (0.27 - 1.5)	0.29
Rituximab monotherapy*	0.12 (0.022 - 0.62)	0.012	0.074 (0.014 - 0.40)	0.0025	0.11 (0.025 - 0.51)	0.0046
TNFi monotherapy*	0.41 (0.26 - 0.65)	0.00014	0.28 (0.18 - 0.45)	< 0.0001	0.16 (0.098 - 0.26)	< 0.0001
RA vs axSpA	1.0 (0.65 - 1.5)	0.98	1.1 (0.72 - 1.7)	0.68	0.89 (0.58 - 1.5)	0.59
PsA vs axSpA	0.98 (0.64 - 1.5)	0.93	0.94 (0.61 - 1.4)	0.78	0.95 (0.61 - 1.5)	0.82
UA vs axSpA	0.90 (0.48 - 1.7)	0.75	1.3 (0.65 - 2.4)	0.50	1.0 (0.53 - 1.9)	0.98
Abatacept combi [#]	0.97 (0.14 - 6.8)	0.98	0.49 (0.070 - 3.5)	0.48	0.36 (0.055 - 2.4)	0.29
IL-6/17/23i combi [#]	0.34 (0.12 - 0.95)	0.039	0.26 (0.094 - 0.73)	0.011	0.24 (0.086 - 0.68)	0.0070
JAKi combi [#]	1.2 (0.31 - 4.9)	0.77	1.2 (0.37 - 4.0)	0.75	1.1 (0.35 - 3.6)	0.85
Rituximab combi [#]	0.044 (0.0051 - 0.37)	0.0040	0.091 (0.012 - 0.71)	0.022	0.14 [§] (0.015 - 1.3)	0.087 [§]
TNFi combi ^{±#}	0.39 (0.23 - 0.65)	0.00039	0.36 (0.22 - 0.60)	< 0.0001	0.38 (0.22 - 0.64)	0.00029
Interaction of age with vaccine ⁺	1.05 (1.02 - 1.07)	0.00078	1.02 (0.995 - 1.05)	0.11	1.03 (1.01 - 1.06)	0.018

^xFor 1 y increase with BNT162b2. The following treatments are considered at baseline: *vs no medication (= currently on no medication). csDMARD, conventional synthetic disease-modifying antirheumatic drugs; IL-6/17/23i, interleukin 6/17/23 inhibitors; JAKi, janus kinase inhibitors; TNFi, tumor necrosis factor inhibitors. RA, rheumatoid arthritis; axSpA, axial spondyloarthritis; PsA, psoriatic arthritis; UA, undifferentiated arthritis. Combi, combination therapy with csDMARD/csDMARD & GC; ±combination therapy with csDMARD/GC/csDMARD & GC; #vs respective monotherapy ⁺Interaction term showing how the OR of mRNA-1273 vs BNT162b2 increased with increasing age (indicatively, at 4 and 24 weeks post 2nd vaccine dose, for every increase in age of 1 year, the odds ratio of higher antibody levels with mRNA-1273 vs BNT162b2 increased by 5% and 3%, respectively). The following treatment groups with five or fewer participants were included in the model but are not shown here: GC (glucocorticoid) monotherapy, PDE4i (phosphodiesterase-4 inhibitor) monotherapy and combination therapy, and csDMARD combination therapy. [§]At the time of analysis, only five samples from participants in this group were available from this timepoint. Bold values indicate odds ratio estimates that were statistically significant.

reported for healthy individuals (Figure S4). Of note, compared to the untreated IRD group, monotherapy with biologics targeting other cytokines than TNF (i.e. IL-6/17/23i) did not negatively affect the humoral immune response (Table 2). In combination therapy, interleukin inhibitors and TNFi led to significantly lower antibody levels than respective monotherapy over all timepoints. Table S3 provides the summary statistics (median, range and IQR) of the absolute antibody levels

expressed as optical density ratios for each medication group and timepoint.

Comparing the humoral immunogenicity of the two administered mRNA vaccines (Figure 1B; Table 2), we observed that the odds of having higher antibody levels than any given threshold at 4, 12, and 24 weeks post second vaccine dose were, respectively, 3.4, 3.8, and 3.8 times higher following vaccination with mRNA-1273 compared to BNT162b2 for the average-aged

patient (53 y) in this study ($p < 0.0001$, Table 2). This was irrespective of the disease, immunomodulatory treatment, and past SARS-CoV-2 infection. Moreover, for every one-year increase in age, the odds ratio of higher peak antibody levels following mRNA-1273 versus BNT162b2 vaccination increased by 5% (age – vaccine interaction at 4 weeks post second vaccine dose, $p < 0.001$, Table 2). This effect was cumulative (Figure 2, panel ‘4 weeks post 2nd vaccine dose’) ratio of higher peak antibody levels with mRNA-1273 versus BNT162b2 were over two times greater for patients ≥ 62 y (the eldest 25% of the population) versus patients ≤ 44 y (the youngest 25% of the population; Figure 2, panel ‘4 weeks post 2nd vaccine dose’). Vaccination of patients with a past SARS-CoV-2 infection led to strikingly higher peak antibody levels than in SARS-CoV-2 naïve IRD patients (odd ratios 8.2, 8.6, and 13 at 4, 12, and 24 weeks post second vaccine dose, respectively; $p < 0.0001$, Table 2). Table S4 provides the summary statistics (median, range and IQR) of the absolute antibody levels in optical density ratios for each vaccine, SARS-CoV-2 infection status, and timepoint.

In spite of the independence of the model-based results from any priorly defined cut-off, the absolute antibody levels (Figure 1; Tables S3, S4) can also be contextualized in terms of

the optical density ratio cut-off of 5, which has previously been described to identify sera from SARS-CoV-2 convalescent plasma donors with strong neutralizing capacity against the original Wuhan strain of SARS-CoV2 (26). We observed differences in the proportion of SARS-CoV-2 naïve patients with sera reaching an optical density ratio of ≥ 5 in recipients of mRNA-1273 compared to BNT162b2. Specifically, the proportion of samples with an optical density ratio ≥ 5 from mRNA-1273 recipients was 93%, 75%, and 40% at 4, 12, and 24 weeks post second vaccine dose, whereas, during the same respective period, this was only the case in 84%, 50%, and 15% of samples from BNT162b2 recipients (Figure 1B, SARS-CoV-2 naïve patients). While potentially not applicable to the neutralization of more recent variants of concern, this finding suggests that it can be assumed that the higher absolute antibody levels were associated with more robust virus neutralization.

Discussion

Longitudinal data on anti-SARS-CoV-2 vaccine-induced immune responses beyond three months for patients on

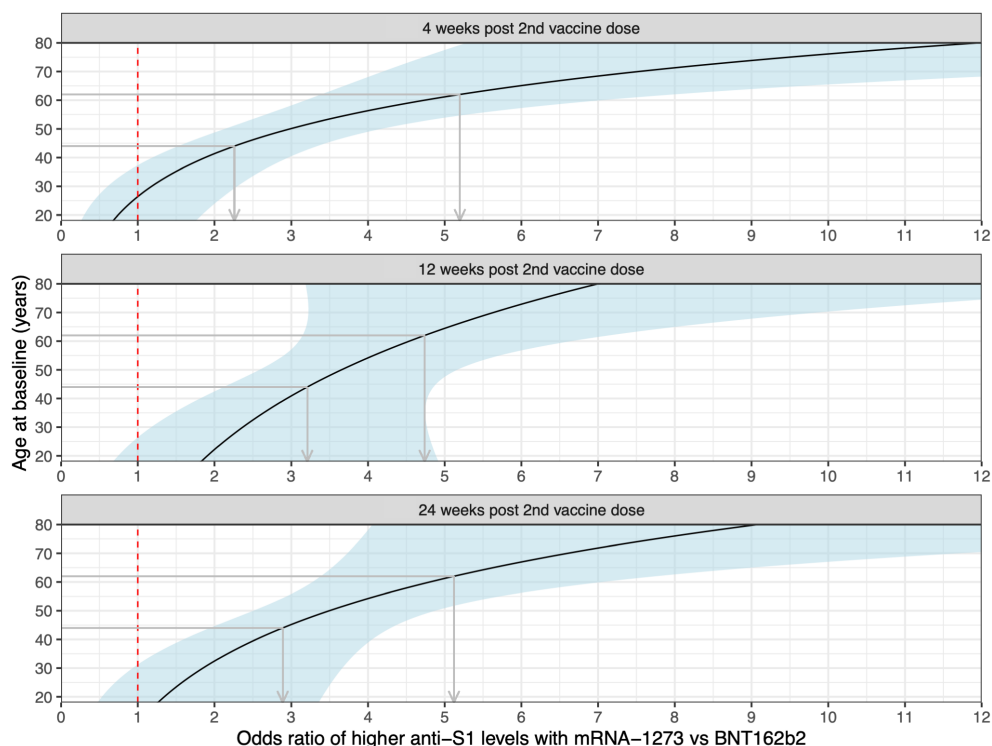


FIGURE 2

Age-dependent odds of higher antibody levels following mRNA-1273 vs BNT162b2 vaccination at the different timepoints. The dashed red line indicates the location of odds ratio = 1, and the light blue-shaded areas the pointwise 95% confidence intervals. The grey arrows demonstrate, at the different timepoints, the increased benefit (in terms of higher odds of higher antibody levels) from vaccination with mRNA-1273 vs BNT162b2 for an IRD patient of 62 y vs 44 y (an interval coinciding with the study population age IQR).

immunomodulatory therapies are still limited but of high clinical relevance given the widespread use of the latter in a variety of immune-mediated diseases. Our results confirmed differences in vaccine-induced antibody responses driven by distinct treatment modalities as others have reported (4, 5, 7, 27, 28). Impaired antibody responses were observed in patients on rituximab, abatacept, TNFi and JAKi supporting the view that the formation of a robust vaccine-induced immune response depends on complex interactions between distinct components of the immune system that may be differentially affected depending on the mode of action of the treatment used. Of note, irrespective of the underlying diagnosis and of the treatment modality, we observed higher odds of increased anti-S1 antibody levels at all timepoints following vaccination with mRNA-1273 versus BNT162b2 in the patients of our cohort. Moreover, our results suggest that in IRD patients the benefit – in terms of humoral immune response – of vaccination with mRNA-1273 versus BNT162b2 increases with age. The higher humoral immunogenicity could be due to the higher dose of mRNA in the mRNA-1273 vaccine, differences in the immune activation by the proprietary mRNA modifications introduced by each manufacturer, or a combination thereof (29). In Switzerland, both vaccines were given at a four weeks interval, excluding a difference introduced by dosing schedules.

The observation that the effect of higher antibodies in mRNA-1273- vs BNT162b2-vaccinated patients increased with age is of special interest. Age is an important factor for reduced immunogenicity and vaccine-induced protection due to immunosenescence (30). Higher antigen doses of influenza or hepatitis B vaccines enable to increase vaccine responses in older adults or patients at risk for vaccine non response (31, 32). Therefore, it can be speculated that the higher dose of the mRNA-1273 may overcome an age-related decrease in immunogenicity. Indeed, for an increase in age of 10 years, the odds of higher antibody levels following BNT162b2 vaccination at peak immunogenicity decreased by a factor of 0.65 (95% CI 0.54, 0.77), while following mRNA-1273 vaccination the change in the odds with 10 more years was estimated as 1.02 (95% CI: 0.83, 1.25). With BNT162b2 therefore, we have evidence that the odds decrease with age (confidence interval entirely below 1), whereas with mRNA-1273 the odds decrease at a lower rate with age compared to BNT162b2, or might even increase (confidence interval includes 1 and does not overlap with the confidence interval for BNT162b2). Consequently, we observe an increasing benefit of mRNA-1273 over BNT162b2 with age.

Strong vaccine-induced anti-S1 antibody responses have been shown to correspond to neutralization of viral variants and correlated with a better clinical outcome (33–35). Yet, to date, no anti-S1 cut-off has been established that correlates with protection from severe COVID-19. Moreover, higher antibody levels are deemed necessary to protect against different variants of concern compared to the wild-type virus (36). With the assumption of proportional odds, the statistical models applied

in this study permit the effective comparison of the impact of different mRNA vaccines and treatments on the antibody levels within a bounded range, without the need to predefine a formal cut-off (24). Furthermore, the applied models also enable adjusting for confounding, allowing for an informative comparison. To our knowledge, a longitudinal comparison of the humoral immunogenicity following two-dose mRNA COVID-19 vaccination in patients with rheumatic diseases has not been performed in this level of detail to date, with relevant studies reporting results in terms of the proportion of individuals achieving seroconversion or passing a relatively low antibody threshold, making it difficult to investigate differences between the BNT162b2 and mRNA-1273 vaccines (5, 19, 20).

Despite the independence of the model-based results from any priorly defined cut-off, the absolute optical density ratios were also contextualized in terms of the cut-off of 5, that has been demonstrated to correspond to strong neutralization capacity against the original Wuhan strain of SARS-CoV2 in plasma derived from convalescent patients (26). While this cut-off is potentially not applicable to the neutralization of more recent variants of concern, the comparison of the proportion of samples per vaccine passing this threshold suggests a higher neutralization capacity of mRNA-1273 compared to BNT162b2. Specifically, while the proportion of SARS-CoV-2 naïve mRNA-1273 and BNT162b2 recipients with antibody levels equal to or above this cut-off is comparable at the timepoint of peak immunogenicity (93% versus 84%, respectively), by 12 and 24 weeks post second vaccine dose 25% more mRNA-1273 recipients achieve this antibody cut-off compared to BNT162b2 recipients. Unlike the adjusted statistical models that form the principal analysis in this study, the comparison in terms of proportions of patients achieving this cut-off is unadjusted. Nevertheless, it is worth noting that the demographic and clinical characteristics of both vaccine recipients were comparable (Table 1).

The limitations of this study include the sampling by capillary blood self-collection, which, while maximizing participation due to its convenience, provided limited serum volumes and restricted the assay choice to the semi-quantitative EUROIMMUN ELISA that requires a small amount of serum. Nevertheless, in terms of accuracy of results for a series of biomarkers, capillary blood self-sampling did not suffer compared to venous blood draws, as demonstrated by a recent randomized controlled trial (37). Another limitation of this study was the inability to perform neutralization or cellular assays or measure antibody responses to other SARS-CoV-2 antigens. Consequently, we have no data on how the vaccination-induced T cell responses compare between the two mRNA vaccines in patients with IRD. Interestingly, in a recent study on RA patients vaccinated with BNT162b2, significant impairment of the humoral immune response but less so of the T cell response was found at six months post vaccination (38).

Moreover, we did not include a matched healthy control group, although we were able to establish that the group of IRD patients on no immunomodulatory medication at baseline had vaccine-induced antibody responses comparable to those reported for healthy individuals (Figure S4). Finally, the study results warrant a comparison of potential vaccine-associated side effects, which were not systematically captured in this study (the questionnaire involved questions on severe vaccine-related adverse events only; Table S1). We were also unable to systematically assess disease activity, however recent studies support the safety of mRNA anti-SARS-CoV2 vaccines in patients and report on infrequent flares of the underlying rheumatic disease (39, 40).

In conclusion, our results suggest that in patients with IRD, who are at risk of a poor vaccine response, two-dose vaccination with mRNA-1273 versus BNT162b2 results in higher peak anti-S1 levels, even more so in elderly patients, and longer antibody persistence. Immunogenicity is only a potential surrogate for vaccine effectiveness and future studies will show whether the observed difference in immunogenicity has an impact on breakthrough infections and whether it persists or levels out after further mRNA COVID-19 vaccine doses.

Data availability statement

Study-related data can be made available from the SCQM Foundation according to the SCQM Rules of Research after the publication of all study-related research objectives. Researchers interested in further analyzing the data resulting from this study can contact the SCQM Foundation (scqm@hin.ch). Data can only be used for scientific research. SCQM is an ongoing, long-term registry with no end date for data collection and data provision.

Ethics statement

This study involving human participants was reviewed and approved by the Geneva Ethics Committee. Patients provided their written informed consent to participate in this study.

Author contributions

CR was involved in project administration, funding acquisition, supervision, conceptualization, investigation, methodology, formal analysis, visualization, and writing the original manuscript draft. CB was involved in the study conceptualization, formal analysis, and writing of the original manuscript draft. AC was involved in funding acquisition, conceptualization, and reviewing & editing of the manuscript. CP was involved in data curation, software, methodology, formal analysis, visualization, and reviewing & editing of the

manuscript. DA, PL, and NV contributed to resources, investigation, validation, and reviewing & editing of the manuscript. TM contributed to project administration, supervision, funding acquisition, resources, investigation, data curation, and reviewing & editing of the manuscript. MR was involved in conceptualization, formal analysis, methodology, and reviewing & editing of the manuscript. AS contributed to the conceptualization, and reviewing & editing of the manuscript. IvL and JS were patient representatives involved in conceptualization and reviewing & editing of the manuscript. KL, BM, and AF contributed to conceptualization, and reviewing & editing of the manuscript. AR-R was the principal investigator involved in funding acquisition, study conceptualization, formal analysis, and writing the original manuscript draft. All authors contributed to the article and approved the submitted version.

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Conflict of interest

KL reports personal fees from Gilead-Galapagos, Pfizer, Viartis, Celltrion, outside of the submitted work. AF has received research support from Abbvie, Eli-Lilly, Galapagos, and Pfizer outside of the submitted work, and consultancies or speaker honoraria for Abbvie, BMS, Eli-Lilly, Gilead, Pfizer, Sanofi, and UCB outside of the submitted work. AR-R reports honoraria for consultation and lectures from Abbvie, Amgen, Pfizer, Gilead, Novartis, Janssen, Eli-Lilly, Sanofi, Roche, UCB, BMS outside of the submitted work.

The remaining authors declare that the research was conducted in the absence of any commercial or financial

relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fimmu.2022.1016927/full#supplementary-material>

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Altering the mRNA-1273 dosing interval impacts the kinetics, quality, and magnitude of immune responses in mice

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For a vaccine to achieve durable immunity and optimal efficacy, many require a multi-dose primary vaccination schedule that acts to first “prime” naive immune systems and then “boost” initial immune responses by repeated immunizations (ie, prime-boost regimens). In the context of the global coronavirus disease 2019 (COVID-19) pandemic caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), 2-dose primary vaccination regimens were often selected with short intervals between doses to provide rapid protection while still inducing robust immunity. However, emerging post-authorization evidence has suggested that longer intervals between doses 1 and 2 for SARS-CoV-2 vaccines may positively impact robustness and durability of immune responses. Here, the dosing interval for mRNA-1273, a messenger RNA based SARS-CoV-2 vaccine administered on a 2-dose primary schedule with 4 weeks between doses, was evaluated in mice by varying the dose interval between 1 and 8 weeks and examining immune responses through 24 weeks after dose 2. A dosing interval of 6 to 8 weeks generated the highest level of antigen-specific serum immunoglobulin G binding antibody titers. Differences in binding antibody titers between mRNA-1273 1 µg and 10 µg decreased over time for dosing intervals of ≥4 weeks, suggesting a potential dose-sparing effect. Longer intervals (≥4 weeks) also increased antibody-dependent cellular cytotoxicity activity and numbers of antibody-secreting cells (including long-lived plasma cells) after the second dose. An interval of 6 to 8 weeks elicited the strongest CD8+ T-cell responses, while an interval of 3 weeks elicited the strongest CD4+ T-cell response. Overall, these results suggest that in a non-pandemic setting, a longer interval (≥6 weeks) between the doses of the primary series for mRNA-1273 may induce more durable immune responses.

KEYWORDS

SARS-CoV-2, mRNA-1273, COVID-19, dosing interval, dosing regimen

Introduction

Vaccination aims to provide protection against infection and/or disease when an individual is subsequently exposed to the causative pathogen (1). Achievement of vaccine-mediated protection relies on the ability of a vaccine to elicit potent and durable immune responses to a specific pathogen (1); this can be affected by a multitude of vaccine-specific variables, including the immunizing antigen, antigen-delivery system (ie, nucleic acid, viral vector, recombinant protein, or inactivated pathogen), immunization route, adjuvant, dosing level, and regimen, as well as characteristics of the vaccine recipient, including prior infection, race/ethnicity, age, and gender (2, 3).

Vaccine-mediated protection often correlates with the magnitude of antibody responses (1, 4, 5), with T cells playing a potentially equally important role, particularly in the context of waning antibody responses (6). Upon pathogen exposure after vaccination, antigen-specific B and T cells increase in frequency and differentiate into antigen-specific memory cells (ie, immunological memory), enabling the immune system to respond quickly and robustly to a re-encountered antigen (1, 7–9).

To establish immunity, vaccines are typically administered on a multi-dose primary vaccination schedule, first to “prime” a naive immune system and subsequently to “boost” immune responses through repeated administrations (ie, prime-boost regimens) (10, 11). However, defining the ideal interval between the doses of the primary vaccination series remains difficult and is not well understood. Current recommendations from the World Health Organization indicate that routine immunizations among children worldwide typically have a minimum 4-week interval between doses 1 and 2 (12); however, the exact interval can vary by vaccine type, antigen, regional location, and population age, among other factors. Understanding how the dosing interval impacts vaccine-elicited immune responses is thus of significant importance for ensuring robust and durable vaccine-mediated protection.

Since the emergence of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) and the ensuing coronavirus disease 2019 (COVID-19) pandemic, several SARS-CoV-2 vaccines have been developed, including mRNA-1273 (SPIKEVAX; Moderna, Inc., Cambridge, MA, USA), an

mRNA-based COVID-19 vaccine encoding for the SARS-CoV-2 spike protein (13). In the pivotal phase 3 clinical trial (NCT04470427), mRNA-1273 100 µg administered intramuscularly with a 4-week interval between dose 1 and 2 resulted in 93.2% efficacy against disease (14). However, emerging studies on other 2-dose SARS-CoV-2 vaccines have indicated that extending the dose interval beyond the standard 4-week schedule improved antibody and B-cell responses as well as vaccine efficacy and effectiveness, but reduced interferon γ (IFN γ)-producing T-cell responses (15–19).

We therefore evaluated how the interval between dose 1 and dose 2 of mRNA-1273 affects vaccine-elicited immunogenicity in mice, assessing multiple aspects of the kinetics, magnitude, and durability of mRNA-1273-induced immune responses across dosing intervals (from 1–8 weeks), including characterizing antigen-specific antibody and T-cell responses as well as long-term memory cell maintenance.

Materials and methods

Mice

Specific pathogen-free, 6- to 8-week-old BALB/c mice were purchased from Charles River Laboratories and housed in microisolator cages in a BSL-2 facility with sterile water and food provided *ad libitum*. Animal experiments were carried out in compliance with approval from the Institutional Animal Care and Use Committee of Moderna, Inc. Mice were immunized with mRNA-1273 1 µg or 10 µg (preclinical batch [non-GMP]) diluted in phosphate-buffered saline (PBS) 50 µL *via* intramuscular injection into the same hind leg for both dose 1 and dose 2. Mice (n=8–10 mice per group) were immunized with 2 doses of mRNA-1273 (1 µg or 10 µg) at varying dosing intervals (1-, 2-, 3-, 4-, 6-, or 8-week intervals between doses; Figure 1); for the purposes of comparing to a single dose regimen, an additional group of mice received only a single mRNA-1273 immunization at the time of dose 2 (prime-only group). For immunogenicity assessments, samples were collected as detailed in Figure 1.

Preclinical mRNA and lipid nanoparticle production

A sequence-optimized mRNA encoding the prefusion-stabilized SARS-CoV-2 spike protein with 2 proline mutations (S-2P) was synthesized *in vitro* as previously described (20). The mRNA then underwent oligo-dT affinity purification, buffer exchange by tangential flow filtration into sodium acetate (pH 5.0), sterile filtration, and stored at –20°C until use. As described previously (21), mRNA was lipid nanoparticle (LNP) encapsulated through a modified ethanol-drop nanoprecipitation process.

Abbreviations: ADCC, antibody-dependent cellular toxicity; ASC, antibody secreting cell; COVID-19, coronavirus disease 2019; ELISA, enzyme-linked immunosorbent assay; FBS, fetal bovine serum; GAM, generalized additive model; IFN, interferon; Ig, immunoglobulin; IL, interleukin; LLPC, long lived plasma cell; LNP, lipid nanoparticle; PBS, phosphate-buffered saline; PEG, polyethylene glycol; PerCP, peridinin-chlorophyll-protein; RBD, receptor binding domain; S-2P, SARS-CoV-2 spike protein with 2 proline mutations; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; Th1, T helper type 1; TMB, 3,3',5,5'-tetramethylbenzidine; TNF, tumor necrosis factor.

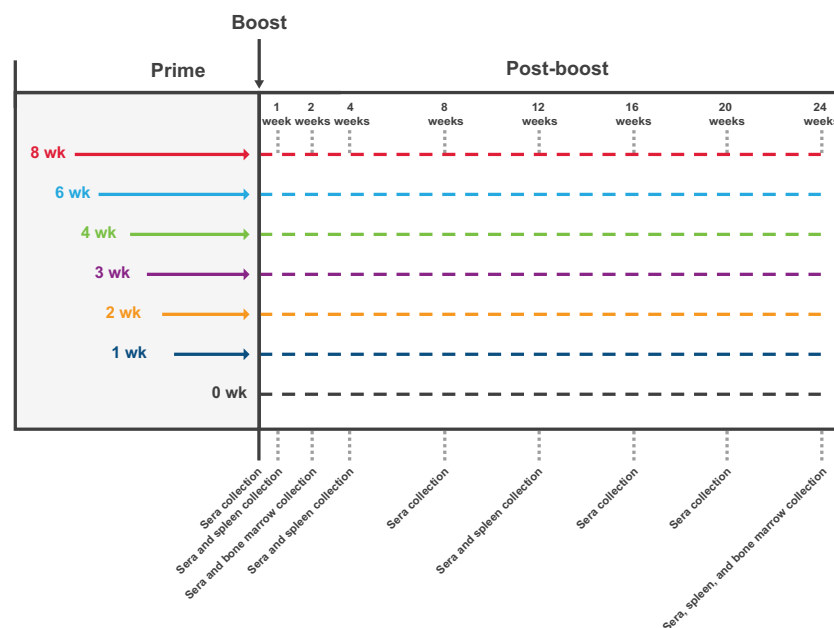


FIGURE 1

Study Design. The impact of the dosing interval on mRNA-1273 vaccine immunogenicity was evaluated by administering 2 doses of mRNA-1273 (1 µg or 10 µg) to mice on a schedule of 1-, 2-, 3-, 4-, 6-, or 8-week intervals between doses; a prime-only group (only administered first dose of mRNA-1273 at time of dose 2) was also evaluated for comparison purposes. Sera were collected from mice (n=8-10 per group) before dose 2 and 1, 2, 4, 8, 12, 16, 20, and 24 weeks following dose 2. Spleens were collected 1, 4, 12, and 24 weeks after dose 2 from a subgroup of mice (n=8-10 per group) administered mRNA-1273 10 µg; bone marrow samples were collected 2 and 24 weeks after dose 2 from the same subgroup of mice. mRNA, messenger RNA.

Ionizable, structural, helper, and polyethylene glycol (PEG) lipids were mixed at a 2.5:1 ratio with mRNA (lipids:mRNA) in acetate buffer (pH 5.0). The drug product was not intended for clinical use; the product underwent analytical characterization (ie, mRNA purity, double-stranded RNA content, particle size and polydispersity determination, encapsulation, osmolality, pH, endotoxin, and bioburden) and was deemed acceptable for *in vivo* study.

S-2P-specific enzyme-linked immunosorbent assay

Microtiter plates were coated with S-2P protein 1 µg/mL (GenScript), corresponding to the spike protein of the Wuhan-Hu-1 virus stabilized with 2 proline mutations, and incubated overnight at 4°C. Plates were then washed 4 times with PBS/0.05% Tween-20 and blocked for 1.5 hours at 37°C using SuperBlock (Thermo). After washing, 5-fold serial dilutions of mouse serum were added (assay diluent: TBS + 5% BSA + 0.05% Tween-20 [Boston Bioproducts]) and incubated for 2 hours at 37°C. Plates were washed and then horseradish peroxidase-conjugated goat anti-mouse immunoglobulin G (IgG) (Southern Biotech) was added at a 1:30,000 dilution in assay diluent. After incubation

for 1 hour at 37°C, plates were washed and bound antibody was detected with a 3,3',5,5'-tetramethylbenzidine (TMB) substrate (Thermo). After a 10-minute incubation at room temperature, TMB stop solution (Invitrogen) was added to stop the reaction and absorbance at 450 nm was measured. Titers were determined using a 4-parameter logistic curve fit in Prism v.8 (GraphPad 112 Software, Inc.), defined as the reciprocal dilution at approximately optical density 450 = 1 (normalized to a mouse standard on each plate).

Anti-polyethylene glycol enzyme-linked immunosorbent assay

Carboxy-modified latex beads (Molecular Probes, Life Technologies) were aliquoted to 100 µL per tube and washed 3 times with 50 mM MES 1 mM EDTA (pH 6.0). Beads were coupled with 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide HCl 5 mg (Thermo Fisher Scientific) on a plate shaker at maximum rpm for 15 minutes at room temperature. Coupled beads were incubated with PEG2K-DMG 400 µg in PBS for 2 hours (at room temperature shaking at 800 rpm), washed 2 times with PBS, and resuspended in PBS + 2% BSA for either direct usage or storage at 4°C. PEG-coupled beads were

incubated with serum samples diluted 1:100 at room temperature for 45 minutes. Beads were then washed and incubated with either anti-mouse IgM APC (1:1000; clone IL-41; BD Pharmingen) or anti-mouse IgG Alexa Fluor 488 (1:1000; polyclonal; Abcam) for 30 minutes in the dark. After washing, beads were resuspended in PBS 100 μ L + 2% BSA for analysis on a ThermoFisher Scientific Attune NXT. Forward scatter and side scatter gatings were adjusted so that the field captured the 10- μ m PEG-coupled carboxy-modified latex beads; 60 μ L of the sample was collected at a speed of 200 μ L/s. Bead population was gated around in FlowJo 10.8, eliminating debris, and median fluorescence intensity for either APC or FITC was applied to appropriate serum samples or controls. Antibody levels for respective IgM and IgG samples were quantified using a standard curve obtained with a monoclonal mouse anti-PEG IgM (AGP4-PABM-A; Academia Sinica, Taipei, Taiwan) or a monoclonal mouse anti-PEG IgG (3.3-PABG-A; Academia Sinica, Taipei, Taiwan).

B-cell ELISpot

Ninety-six well plates were incubated overnight at 4°C with SARS-CoV-2 S-2P protein 2 μ g/mL (GenScript). On the next day, plates were washed 3 times with PBS and blocked for 2 hours at 37°C with RPMI complete medium (RPMI + 10% fetal calf serum + 1% penicillin/streptomycin + 1% HEPES + 1% L-Glutamine). Freshly isolated splenocytes or bone marrow cells were washed 3 times then resuspended in RPMI complete medium, added to each plate, and serially diluted 2-fold down the plate. After overnight incubation at 37°C, plates were washed extensively with PBS + 0.05% Tween-20 and antibody-secreting cells (ASCs) were detected with biotinylated anti-mouse IgG (1:10,000, Southern Biotech; 1030-08), followed by streptavidin-alkaline phosphatase (1:500, Southern Biotech; 7105-04), and developed with nitroblue tetrazolium-5-bromo-4-chloro-3-indolylphosphate (Thermo Scientific). Plates were imaged (Cellular Technologies) and spots were manually counted to determine the number of ASCs.

T-cell assessments by intracellular cytokine staining

A gentleMACS tissue dissociator (Miltenyi Biotec) was used to generate mononuclear single-cell suspensions from BALB/c mouse whole spleens. Following tissue dissociation, cells were sieved through a 70- μ m filter. Cells from each mouse were resuspended in R10 media (RPMI 1640 medium supplemented with L-glutamine, penicillin/streptomycin, and 10% HI-fetal bovine serum [FBS]) and incubated at 37°C for 6 hours with protein transport inhibitors GolgiStop and GolgiPlug (BD Biosciences) and 1 μ g/mL spike glycoprotein peptide pools

(JPT; PM-WCPV-S-1; divided into peptide pools, S1 and S2), 1 μ g/mL spike RBD peptide pool (JPT; PM-WCPV-S-RBD), or 1 μ g/mL spike NTD peptide pool (JPT; custom order). All pools were derived from the Wuhan-Hu-1 strain and contained peptides of 15 amino acids in length overlapped by 11 amino acids (70% purity). Control cells were incubated with an equivalent concentration of DMSO as contained in the peptide pools. Cells were washed with PBS then stained with LIVE/DEAD Fixable Aqua Dead Cell Stain (Invitrogen) for 20 minutes at room temperature. Cells were subsequently washed with FC stain buffer (PBS supplemented with 3% HI-FBS and 0.05% sodium azide) and resuspended in Becton, Dickinson and Company (BD) Fc Block (clone 2.4G2) for 5 minutes at room temperature. Staining was performed at 4°C for 30 minutes with a surface stain cocktail of the following antibodies: CD4 APC (Biolegend; 100412, clone GK1.5), CD8 Alexa Fluor 700 (Biolegend; 126618, clone YTS156.7.7), and CD44 BV421 (BD; 563970, clone IM7). After this step, cells were washed with FC buffer and then fixed and permeabilized using the BD Cytofix/Cytoperm kit according to the manufacturer's instructions. Cells were washed with permeabilized and wash solution and then intracellular staining was performed at 4°C for 30 minutes using the following cocktail of antibodies in 1X permeabilized and wash solution: IFN γ APC-Cy7 (Biolegend; 505850, clone XMGI.2), tumor necrosis factor α (TNF α) PE-Dazzle594 (Biolegend; 506345, clone MP6-XT22), interleukin-2 (IL-2) BV711 (Biolegend; 503837, clone JES6-5H4), IL-4 PE-Cy7 (Biolegend; 504117, clone 11B11), IL-5 PE (Biolegend; 504303, clone TRFK5), IL-9 PerCP-Cy5.5 (Biolegend; 514112, clone RM9A4), IL-10 BV605 (Biolegend; 505031, clone JES5-16E3), and IL-13 Alexa Fluor 488 (ThermoFisher; 53-7133-82, clone eBio13A). Cells were then washed with permeabilized and wash solution, filtered through a 96-well plate 30- μ m filter (Pall), and resuspended in FC stain buffer prior to running on a LSR Fortessa flow cytometer (BD). Analysis was done using FlowJo software (version 10.7.1). Background cytokine expression in the control cells was subtracted from that measured in the peptide pools for each individual mouse.

ADCC reporter assay

CHO-K1 cells constitutively expressing SARS-CoV-2 S protein (GenScript) were cultured in Ham's F-12K media containing 10% FBS and puromycin 8 μ g/mL (Gibco). Cells were seeded at 1.5E4 cells/well in white-walled 96-well dishes (Corning) and incubated overnight at 37°C and 5% CO₂. Serum was serially diluted in assay medium (RPMI 16-40 containing 4% Ultra-low IgG FBS [Gibco]), including a high-positive control and wells lacking serum as a negative control. Media was aspirated from the wells and 25 μ L of assay medium was added to each well; 25 μ L of diluted serum was then added to corresponding wells. Jurkat cells expressing murine Fc γ RIV with

an NFAT-driven firefly luciferase reporter gene (Promega) were diluted in warm assay medium and 25 μ L of the cell solution was added to each well. Plates were incubated for 6 hours at 37°C and 5% CO₂ and then removed from the incubator to rest at room temperature for 10 to 15 minutes. Room temperature BioGlo luciferase substrate (Promega) was added at 75 μ L per well and plates were read immediately on a Pherastar FS plate reader (BMG Labtech). Data were analyzed using Prism 9 (GraphPad) and were processed by subtracting the average plus 3 times the standard deviation of negative wells and normalizing to the average of positive control wells. Curves were fit to the data using the [Inhibitor] versus response – Variable slope (4 parameters) function, and area under the curve was determined and reported for each group.

Statistical modeling and hypothesis testing

A generalized additive model (GAM) (22) was applied to enzyme-linked immunosorbent assay (ELISA) S-specific IgG antibody titers, with a dose- and dosing interval group-specific smooth nonlinear trend in days, and 9-dimensional thin plate spline basis. Animal-specific random effects were included to estimate group-specific time curves after dose 2. Two-way and 3-way interactions of dose, days after dose 2, and dosing interval were included to allow for interval-varying effects of dose levels between days following dose 2. For hypothesis testing of ELISA titers, we opted for a linear mixed effect model and included days following dose 2 as a categorical variable. The linear mixed effect model and the GAM model of ELISA included similar covariates. mgcv R package (23) was used for GAM and lme4 (24) was used for linear mixed model (described in [Supplementary Methods](#)).

ADCC activity was modeled using a Bayesian GAM using brms R package (25, 26) with the default weakly informative priors. A Bayesian model was selected over a frequentist model as a better test for group-specific differences while accounting for heterogeneous variances due to days after dose 2 and simultaneous accounting for data points falling below limit of detection. Dose- and dosing interval-specific non-linear terms, as well as day, dose, and interval interactions, were used to predict ADCC activity. To capture the heterogeneous variance observed across days following dose 2, residual variance was estimated to change linearly in days after dose 2. See [Supplementary Methods](#) for details.

To compare anti-PEG IgM and IgG levels between dosing interval groups, a linear mixed model (lme4) was used separately for IgM or IgG levels, modeling the effect of dosing interval groups and dose levels on titers. For comparisons of spike-specific ASCs and LLPCs, we transformed ASC and LLPC counts/million cells using a Box-Cox transformation (27). Generalized linear regression was used to model the

transformed count by $g(\text{counts}) = \beta_0 + \beta_1 \text{ interval}$ for both spleen and bone marrow data, where $g(\cdot)$ denotes the Box-Cox transformation.

For comparisons of cytokine polyfunctionality and spike-specific CD4+ and CD8+ T-cell IFN γ responses, we used zero-inflated beta regression models (28). Cytokine polyfunctionality thresholded composition data were analyzed (see [Supplementary Methods](#) for thresholding details). A separate model was fit for each cell type, peptide, and each type of polyfunctionality (ie, a separate model was fit to predict the proportion of single expressors, dual expressors, and triple expressors). The model was constructed using default link functions for all 3 components of the zero-inflated beta distribution in the gamlss (22, 28) R package. The dosing interval, days following dose 2, and their interactions were used as linear predictors for the mean component; the dosing interval was used as the linear predictor for the scale parameter σ . Zero-inflated beta regression was similarly used to model spike-specific CD4+ and CD8+ T-cell IFN γ responses (see [Supplementary Methods](#) for details).

Statistical analyses were conducted with R version 4.1.2 (29). Statistical comparisons were conducted using the emmeans package in R (30), with multivariate t adjustment at alpha level of 0.05, except when noted otherwise. Residual diagnostics and goodness-of-fit criteria were examined for all models to affirm satisfactory model fit.

Results

S2-P-specific serum binding antibody titers

To evaluate the impact of the dosing intervals on mRNA-1273 elicited immunogenicity, mice were immunized with 2 doses of mRNA-1273 (1 μ g or 10 μ g) on varying dosing schedules of 1-, 2-, 3-, 4-, 6-, or 8-week intervals between doses 1 and 2; a single dose group (administered dose 1 only at time of dose 2) was also evaluated for comparison purposes ([Figure 1](#)). S2-P-specific serum binding IgG antibody titers were evaluated through 24 weeks after dose 2. Because mRNA vaccines induce robust and long-lasting germinal center (GC) responses (31, 32), and the formation of memory B cells and LLPCs has been associated with durable humoral immune responses (33), we assessed the persistence of serum antibodies through 24 weeks after dose 2.

At 2 weeks following dose 2, all assessed dosing intervals of mRNA-1273 (1 μ g or 10 μ g dose levels) showed increased S2-P-specific antibody titers relative to titers before the second dose ([Figure 2A](#); [Figure S1](#)), with largest fold changes observed for the 6- and 8-week intervals ([Figure S2](#); [Table S1](#); [Figure S3](#)). Increased antibody titers were also observed at 24 weeks following dose 2 for all dosing intervals except for the 2-week interval; for the 8-week

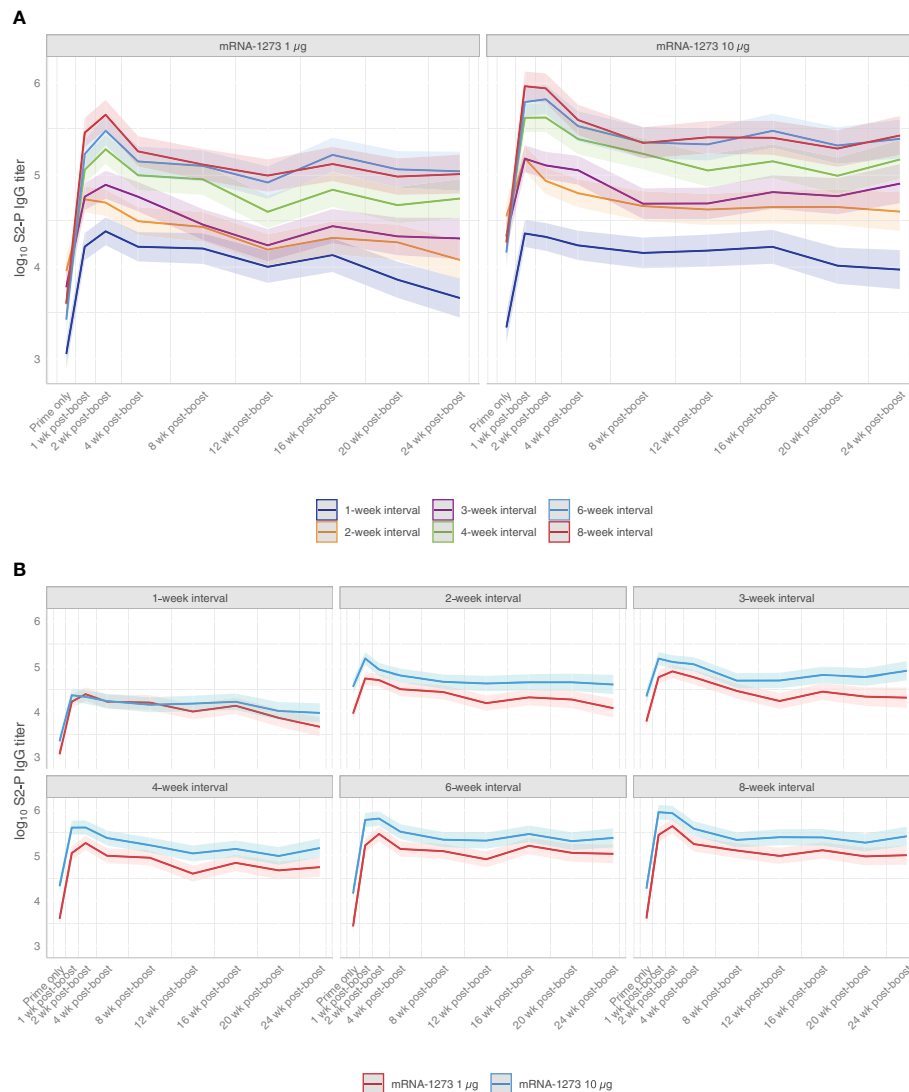


FIGURE 2

S2-P-specific Serum Binding IgG Antibody Titers. Predicted S2-P serum binding IgG antibody titers (with corresponding 95% CIs [shaded region]; based on GAM with days after dose 2 as a continuous variable [see Methods for details]) from before dose 2 through 24 weeks following dose 2 are presented according to (A) mRNA-1273 dosing level (1 µg or 10 µg) or by (B) dosing intervals (1-, 2-, 3-, 4-, 6-, or 8-week intervals between doses) with $n=8-10$ mice per group. Results of statistical comparisons between groups based on GAM are presented in Table S1 and Figure S3. Observed data at individual animal level are shown in Figure S1. CI, confidence interval; GAM, generalized additive model; IgG, immunoglobulin G; mRNA, messenger RNA.

interval, S2-P-specific serum-binding antibody titers at 24 weeks were approximately 30-fold and 10-fold higher relative to before dose 2 for mRNA-1273 1-µg and 10-µg dose levels, respectively (Figure S2). Throughout the 24-week period after dose 2, the 6- and 8-week intervals elicited the highest antibody titers, particularly in comparison to the shorter 1-, 2-, and 3-week intervals. Overall, S2-P-specific serum binding antibody titers after dose 2 were generally comparable between the 6- and 8-week intervals at all evaluated time points.

Across mRNA-1273 dose levels, S2-P-specific serum-binding antibody titers were higher at the 10-µg dose than 1-

µg dose level at all time points following dose 2 for dosing intervals of ≥ 2 weeks (Figure 2B; Figure S1). However, differences in antibody titers between mRNA-1273 dose levels with ≥ 4 -week intervals became progressively less observable over the 24-week study duration.

Antibody Fc-effector responses

Fc-functional antibody responses through 24 weeks after dose 2 of mRNA-1273 (1 µg or 10 µg dose levels) were evaluated using

a reporter assay for ADCC activity, a regulated antibody-centric immune response that is Fc-mediated (Figure S4). Antibody Fc-effector responses improved with longer dosing intervals (ie, 4-, 6-, and 8-week intervals), showing significantly higher activity than ≤ 3 -week intervals at both the 1- μ g and 10- μ g dose levels (adjusted P -value < 0.001 ; Figure 3; Table S2; Figure S5). In mice immunized with mRNA-1273 10 μ g, antibody responses peaked 1 week after dose 2, with longer dosing intervals showing steadily waning responses through 24 weeks after dose 2.

Induction of S2-P-specific ASCs and LLPCs

To evaluate the impact of the mRNA-1273 dosing interval on S2-P-specific ASC and LLPC induction, mice were immunized with mRNA-1273 10 μ g at varying times between dose 1 and 2 and spleens and bone marrow were collected after dose 2 (Figure 1). Based on ELISpot assay, 2 doses of mRNA-1273 10 μ g administered on 6- and 8-week intervals induced the highest number of S2-P-specific ASCs in spleen 1 week following dose 2 (Figure 4; Table S3; Figure S6). At this time point, the number of S2-P-specific ASCs induced by the 6- and 8-week dosing intervals were generally similar and higher than shorter dosing intervals (≤ 4 weeks).

At 4 weeks and 24 weeks following dose 2, the 4-, 6-, and 8-week dosing intervals of mRNA-1273 10 μ g induced the greatest

number of S2-P-specific IgG ASCs (including LLPCs) in the bone marrow (Figure 4; Table S4; Figure S6), although notably, the number of ASCs induced by the 4-week interval declined from 4 weeks to 24 weeks following dose 2, which was not observed with the 6- and 8-week intervals.

Spike-specific CD4+ and CD8+ T-cell responses

Mice were immunized with 2 doses of mRNA-1273 10 μ g at varying dosing intervals and spike-specific CD4+ and CD8+ T-cell responses were evaluated after dose 2. At 24 weeks after dose 2, the 3-week interval elicited the strongest CD4+ IFN γ response to the S2 peptide pool (Figure 5; Table S5; Figure S7), with a similar trend observed for IL-2 (Table S5; Figure S7), although responses overall were low. A 3-week interval between first and second doses elicited the highest percentage of polyfunctional CD4+ T helper type 1 (Th1) cells (adjusted P -value < 0.05 ; Figure 5, Table S6; Figures S8, S9). Both the 6- and 8-week intervals produced the strongest CD8+ IFN γ response to the S1 peptide pool 24 weeks post-dose 2, which were significantly higher than those elicited by a 4-week interval (adjusted P -value < 0.01 ; Figure 5; Table S7; Figure S10). A similar trend was also observed for IL-2 and TNF (Table S7; Figure S10). In CD8+ Th1 cells, the greatest percentage of polyfunctional cells was induced by a 6-week dosing interval of mRNA-1273 (Figure 5; Table S6; Figure S11).

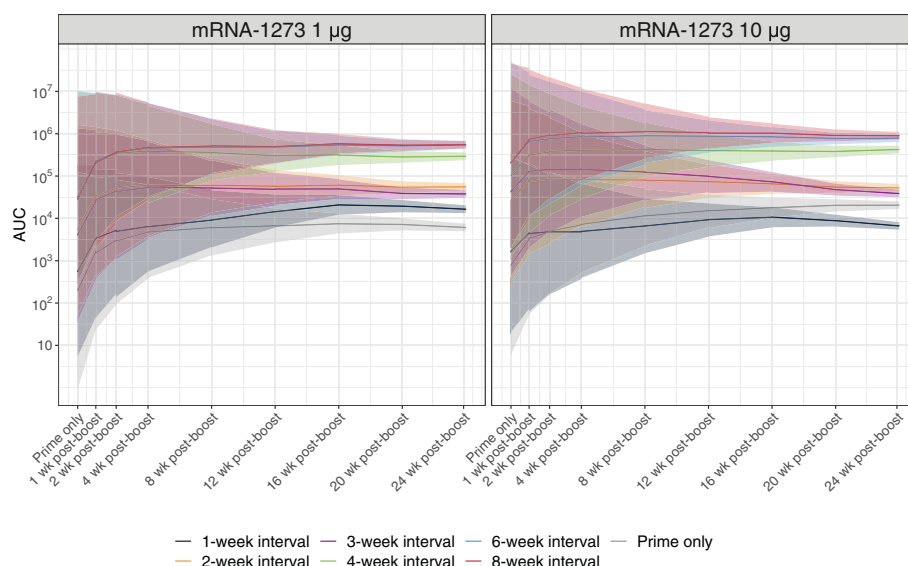


FIGURE 3

Antibody Fc-effector Function Responses. Antibody Fc-effector function was assessed using reporter cells expressing the murine Fc γ RIV. Predicted serum Fc-effector responses from before dose 2 through 24 weeks after dose 2 (with corresponding 95% CIs [shaded region]; based on a Bayesian GAM with days after dose 2 as a continuous variable [see Methods for details]) are presented by dosing interval (prime only, 1-, 2-, 3-, 4-, 6-, or 8-week intervals between doses) for 1- μ g or 10- μ g dosing levels ($n=8-10$ mice per group). Results of statistical comparisons between groups based on the Bayesian GAM are presented in Table S2 and Figure S5. Observed data at individual animal level are shown in Figure S4. AUC, area under the curve; CI, confidence interval; GAM, generalized additive model; mRNA, messenger RNA.

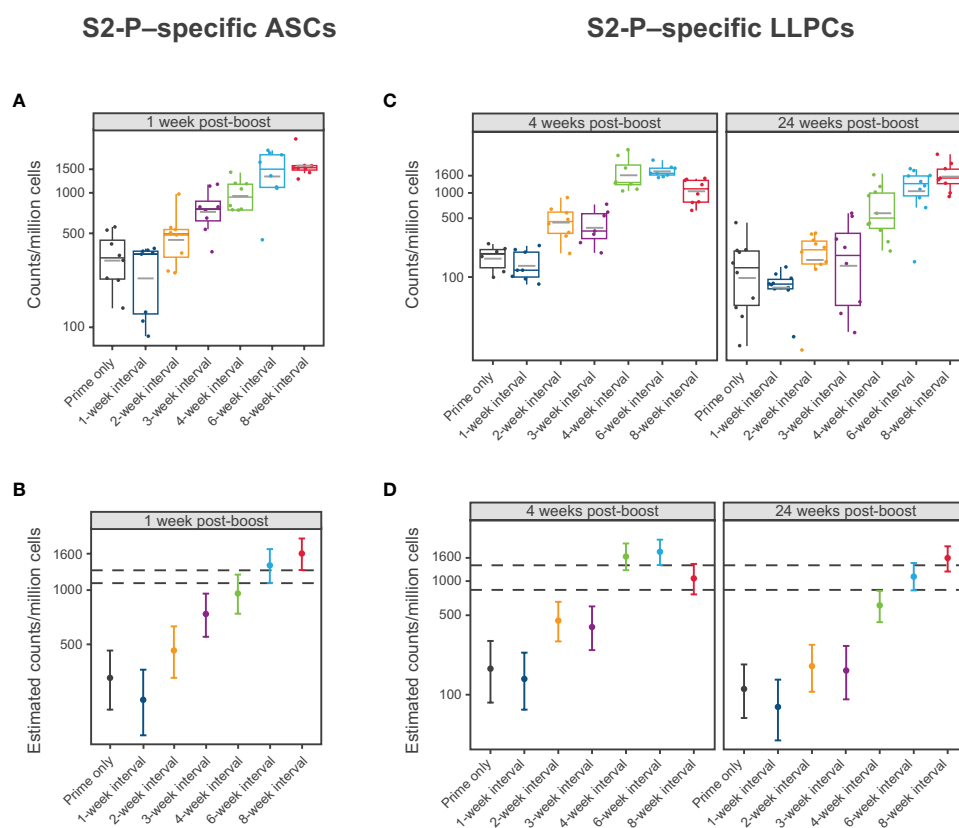


FIGURE 4

S2-P-specific Antibody Secreting Cells and Long-Lived Plasma Cells. **(A, B)** Levels of S2-P-specific ASCs 1 week following dose 2 of mRNA-1273 10 μ g are presented by dosing intervals (prime only or 1-, 2-, 3-, 4-, 6-, or 8-week intervals between doses). Panel **(A)** presents individual animal-level data with dots corresponding to individual animals and grey horizontal lines denoting the average within each group. Panel **(B)** presents the estimated mean and associated 95% CIs based on a statistical model (see Methods), with error bars representing the 95% CI of the estimated mean. **(C, D)** Levels of S2-P-specific LLCs 4 weeks and 24 weeks after dose 2 of mRNA-1273 10 μ g are presented by dosing intervals (prime only or 1-, 2-, 3-, 4-, 6-, or 8-week intervals between doses). Individual animal-level data (dots corresponding to individual animals and grey horizontal line denoting the average within each group) are shown in panel **(C)**. Panel **(D)** presents the corresponding estimated means and associated 95% CIs based on a statistical model (see Methods), with error bars representing the 95% CI of the estimated mean ($n=8-10$ mice per group). Results of statistical comparisons between groups based on the statistical models are presented in [Table S3](#), [Table S4](#), and [Figure S6](#). ASC, antibody-secreting cell; CI, confidence interval; LLC, long-lived plasma cell; mRNA, messenger RNA.

Anti-PEG antibody levels

Polyethylene glycol is a hydrophilic, biocompatible polymer that is acknowledged to significantly reduce recognition and clearance of nanoparticles (34, 35). Nevertheless, the generation of anti-PEG antibodies has been associated with considerably faster clearance of PEG-containing drugs and nanocarrier systems upon repeated administration, potentially hindering drug product efficacy (36). Therefore, to evaluate whether elevated levels of anti-PEG antibodies were detected at shorter intervals, mice were immunized with dose 1 of mRNA-1273 (1- μ g and 10- μ g dose levels) at varying dosing intervals and antibodies to PEG (IgG and IgM) were evaluated before dose 2. Control mice were instead administered PBS. At both the 1- μ g and 10- μ g dose levels, anti-PEG antibodies (IgG and IgM) were significantly elevated relative to controls after dose 1 and prior to

administering dose 2; the greatest anti-PEG antibody titers were observed in mice administered mRNA-1273 1 and 2 weeks (IgG and IgM) and 3 weeks (IgM only) prior to dose 2 (adjusted P -value < 0.05 ; [Figure 6](#); [Table S8](#); [Figure S12](#)), which is consistent with the lower levels of immunogenicity observed previously. No significant differences in anti-PEG (IgG and IgM) relative to control were observed for dosing intervals of ≥ 4 weeks regardless of mRNA-1273 dose level.

Discussion

This study assessed how the interval between dose 1 and dose 2 of mRNA-1273, an mRNA-based SARS-CoV-2 vaccine, impacted the robustness and durability of immune responses in mice. Overall, longer dosing intervals of mRNA-1273 (ie, 6 to

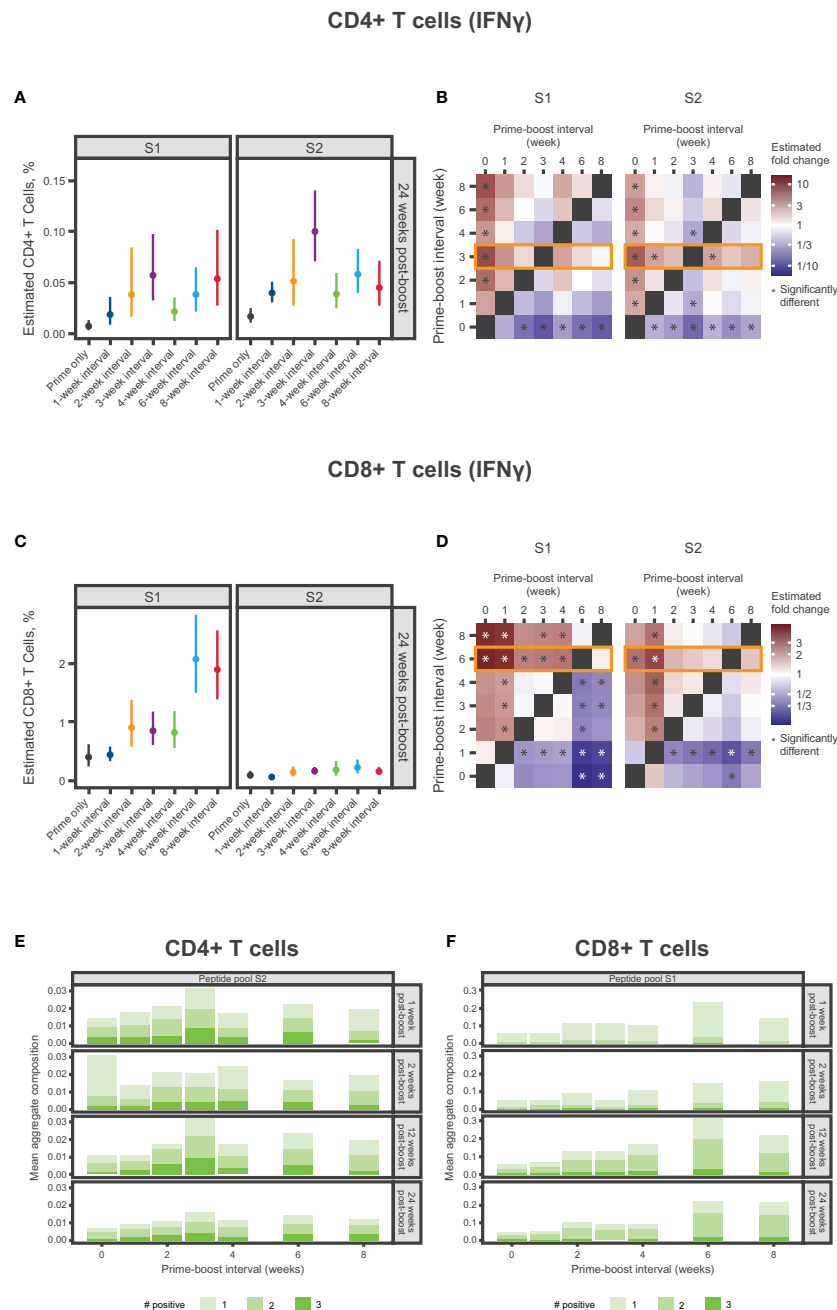


FIGURE 5

Spike-specific CD4+ and CD8+ T-Cell Responses. (A–D) Percentage of SARS-CoV-2 spike-specific IFN γ -producing (A) CD4+ T cells or (C) CD8+ T cells at 24 weeks after dose 2 according to antigen (S1 and S2) and mRNA-1273 dosing interval (prime only or 1-, 2-, 3-, 4-, 6-, or 8-week intervals). Panels (A, C) present the estimated mean and associated 95% CIs based on a statistical model (see Methods), with error bars representing the 95% CIs of estimated means. Panels (B, D) present the same results in heatmaps showing fold change between percentages of spike-specific IFN γ -producing (B) CD4+ T cells or (D) CD8+ T cells at 24 weeks after dose 2. Significant differences denoted by an asterisk if the *P*-value was less than 0.05. Results of statistical comparisons between groups are presented in Table S5, Table S7, Figure S7, and Figure S10. (E, F) Mean aggregate composition of CD4+ T-cell IFN γ response to the S2 peptide pool or CD8+ T-cell IFN γ response to the S1 peptide pool are presented by mRNA-1273 dosing interval at 1, 2, 12, and 24 weeks following dose 2. Data are presented as averages of individual mice (*n*=8–10) within each dosing interval group and time point. These compositions were obtained from a thresholding modeling that accounted for day- and cell type-specific differences (see Methods and Supplementary Methods). Results of statistical comparisons between groups based on a zero-inflated beta regression model (see Methods) and shown in Table S6, Figure S9, and Figure S11. Individual animal-level data are presented in Figure S8. CI, confidence interval; IFN γ , interferon γ ; mRNA, messenger RNA; S1, subunit 1; S2, subunit 2; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2.

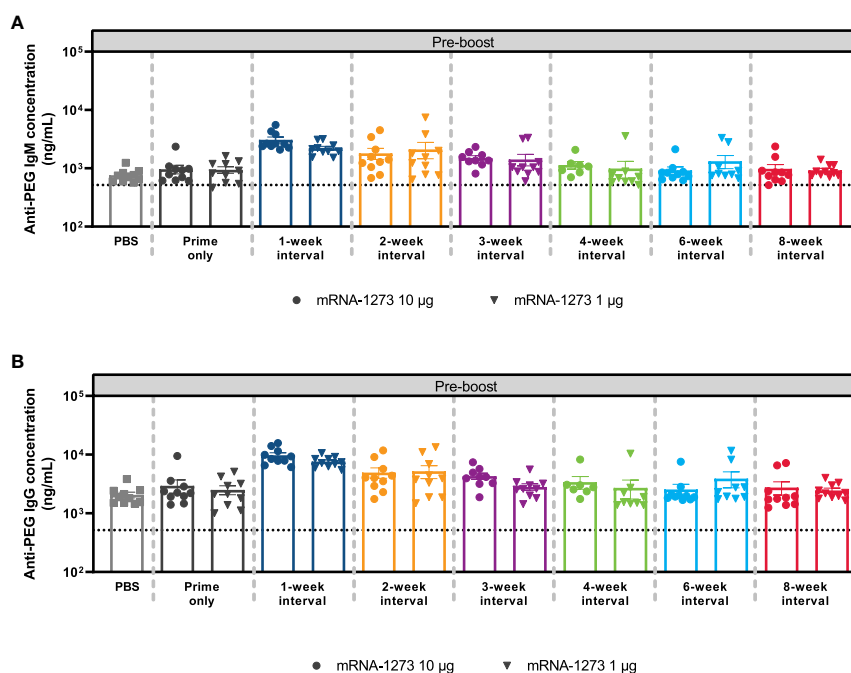


FIGURE 6

Anti-PEG Antibody Responses. The mean \pm SEM concentrations of (A) anti-PEG IgM and (B) anti-PEG IgG antibodies at Day 56 (before dose 2) are presented by mRNA-1273 dosing interval schedule (prime only or 1-, 2-, 3-, 4-, 6-, and 8-week intervals) with $n=8-10$ mice per group. Results of corresponding statistical comparisons between groups are shown in Table S8 and Figure S12. IgG, immunoglobulin G; IgM, immunoglobulin M; mRNA, messenger RNA; PEG, polyethylene glycol; PBS, phosphate-buffered saline; SEM, standard error of the mean.

8 weeks between doses 1 and 2 of the primary vaccination series) generated higher levels of S2-P-specific binding antibodies, higher numbers of S2-P-specific ASCs in the spleen and LLPCs in the bone marrow, as well as increased effector function and polyfunctional CD8⁺ T cells through 24 weeks following dose 2. Our findings are in agreement with prior studies of mRNA-vaccines as well as other vaccine platforms (15–18, 37, 38), further highlighting that the length of the interval between vaccine prime and boost doses can directly impact multiple aspects of elicited immune responses.

To understand the impact of the dosing interval on immunogenicity elicited by mRNA-1273, we first examined levels of antigen-specific serum binding antibodies through 24 weeks after the second dose. Notably, binding antibody titers elicited by mRNA-1273 have been previously shown as strongly correlated with neutralizing antibody titers (39), a proposed correlate of protection for SARS-CoV-2 vaccines (4, 40). In our study, longer dosing intervals consistently produced more robust S2-P-specific serum binding IgG titers regardless of the mRNA-1273 dose level tested. Relative to levels before dose 2, both 6- and 8-week intervals increased antibody levels at 24 weeks following the second dose, with 30-fold and 10-fold increases for the 1 μ g and 10 μ g doses, respectively. Overall, the mRNA-1273 10- μ g dose level induced greater antibody responses than the 1- μ g dose level regardless of the dosing

interval; however, this distinction between the 2 different dose levels was reduced over time for animals dosed on a ≥ 4 -week interval, suggesting potential for a dose-sparing effect (Figure 2B). To extend upon these findings, we also evaluated ADCC activity, which has been suggested as a correlate of the host immune response to SARS-CoV-2 infection or vaccination (41). Similarly, improved antibody Fc-effector responses were observed with longer (≥ 4 weeks) over shorter intervals.

The generation of antigen-specific antibodies, produced by ASCs and non-proliferating bone marrow resident LLPCs, is required for durable humoral immunity (42). We therefore evaluated production of S2-P-specific ASCs in the spleen and ASCs including LLPCs in the bone marrow following varying mRNA-1273 dosing intervals. Overall, longer dosing intervals up to 8 weeks elicited higher antigen-reactive ASC counts 1 week after dose 2. Longer dosing intervals were also associated with increased numbers of antigen-reactive ASCs in the bone marrow at 4 weeks and 24 weeks following dose 2, indicative of a more durable long-lived response (42). These results are in alignment with those observed by a clinical study on another mRNA-based SARS-CoV-2 vaccine, BNT162b2, which showed a nearly 7-fold increase in B-cell responses after a 10-week versus a 4-week interval between doses 1 and 2 (17), indicating continued B-cell development beyond 4 weeks after dose 1 and a benefit of longer intervals in the primary dosing regimens.

CD4+ and CD8+ T-cell responses have important roles in resolving SARS-CoV-2 infection and reducing disease severity, with memory T-cells associated with persistent protection over time (43). In this analysis, dosing intervals of 6 weeks or longer elicited the strongest antigen-specific IFN γ CD8+ responses to the S1 peptide pool. Further, measurements of T-cell cytokine polyfunctionality, performed to gain insight to the robustness of the response (44), indicated that the 6-week interval elicited the highest percentage of polyfunctional CD8+ Th1 cells. Comparatively, a dosing interval of 3 weeks elicited the strongest antigen-specific IFN γ CD4+ responses to the S2 peptide pool and the highest percentage of polyfunctional CD4+ Th1 cells, which is consistent with a prior study showing CD4+ T-cell responses to the S2 peptide pool were higher than to the S1 peptide pool in mice vaccinated with 2 doses of mRNA-1273 (45). While it remains difficult to draw overall conclusions, as CD4+ T-cell responses were generally low in our study, it is notable that a recent study in participants older than 80 years found that peak cellular responses after vaccination with the mRNA-based BNT162b2 vaccine against SARS-CoV-2 was observed with the standard 3-week interval as opposed to extended (11–12 weeks) prime-dose intervals (19). However, a separate BNT162b2 real-world study indicated that longer (6- to 14-week) dosing intervals increased IL-2 and IFN γ CD4+ T-cell responses and decreased IFN γ CD8+ T-cell responses (17). Our study also evaluated the impact of the mRNA-1273 dosing interval on immune responses to PEG, a common lipid conjugate of mRNA-LNP vaccines. Anti-PEG antibodies were significantly elevated relative to controls with a dosing interval of 1 and 2 weeks for IgG and 1, 2, and 3 weeks for IgM, which parallels the low levels of immunogenicity detected following dose 2 for these dosing regimens. We speculate that these elevated anti-PEG titers might contribute to the reduced anti-spike antibody responses observed for short dosing intervals. Nevertheless, further investigation is required to evaluate this correlation.

Overall, our findings further illustrate that the interval between vaccine doses can impact mRNA-1273-induced immunogenicity and potentially mRNA vaccines in general. It is notable that during the COVID-19 pandemic, wherein the distribution and administration of safe and efficacious vaccines were paramount to combat a pervasive and deadly disease, it was essential to consider the risk-benefit of the shortest dosing interval of SARS-CoV-2 vaccines that induced potent immune responses and conferred efficacy against infection and disease. However, our findings indicate that a longer (6- to 8-week) interval between mRNA-1273 doses 1 and 2 elicits more robust and durable binding antibody responses with increased effector function and CD8+ T cell polyfunctionality, suggesting that a longer dosing interval could be used to optimize the immune responses elicited by mRNA-1273 in an endemic setting.

Our results are supported by multiple studies reporting that longer dosing intervals for SARS-CoV-2 vaccines may improve vaccine-elicited immunogenicity, effectiveness, and tolerability.

A recent study among healthcare workers showed mRNA-1273 induced significantly higher humoral immunogenicity than BNT162b2 regardless of SARS-CoV-2 infection status and age, which the authors suggested might result from the higher antigenic content and longer dosing interval of mRNA-1273 compared with BNT162b2 (4 weeks vs 3 weeks, respectively) (16). Notably, a study found that antibody responses among BNT162b2 recipients were 10-fold higher using a 65- to 84-day versus a 19- to 29-day interval between doses 1 and 2, with consistently higher vaccine effectiveness observed with longer dosing intervals (>45 days) (18). A recent pooled analysis of 4 clinical trials of the ChAdOx1 nCoV-19 adenoviral-vectored vaccine also showed that higher vaccine efficacy against symptomatic COVID-19 was observed, with longer dosing intervals (81.3% at ≥ 12 weeks vs 55.1% at <6 weeks); antibody responses were also >2-fold higher with a ≥ 12 -week versus <6-week dosing interval (15). Notably, extended intervals between doses 1 and 2 may also limit certain rare safety events observed with currently available COVID-19 mRNA vaccines, with the US Centers for Disease Control and Prevention recently recommending extending the interval between doses 1 and 2 for mRNA-1273 and BNT162b2 (from 4- to 8-week intervals and from 3- to 4-week intervals, respectively) for individuals ≥ 12 years due to reduced risk of myocarditis with longer intervals (46, 47). Of note, myocarditis and pericarditis following mRNA vaccination are rare and most vaccine-associated myocarditis events have been mild and self-limiting (48, 49).

Limitations to this study include that mouse animal models are not optimal for measuring immune response durability; future studies are planned to further assess the impact of dosing intervals on vaccine-elicited immunogenicity in human participants. Notably, while innate immune responses to SARS-CoV-2 mRNA vaccines differ between mouse animal models and humans, these models are potentially predictive of the innate response and immunogenicity profiles of these vaccines in humans (50). Although this study only examined immune responses elicited by mRNA-1273, it might be anticipated that longer dosing intervals for other mRNA vaccines may similarly elicit more robust and durable immune responses, as has been observed for other vaccine modalities (37, 38).

In conclusion, longer intervals (≥ 6 weeks) between the first and second vaccine dose of mRNA-1273 induced more durable immune responses in mice. Our findings suggest that extending the current dosing interval could improve immune responses for mRNA-1273 and potentially for other mRNA-based vaccines.

Data availability statement

The authors declare that the data supporting the findings of this study are available within this article and its Supplementary

Information. All R code used to produce the results presented in this article are publicly accessible on the Moderna GitHub repository (https://github.com/modernatx/mRNA1273_dosing_Interval_mice_immune_response_kinetics_quality_magnitude.git).

Ethics statement

The animal study was reviewed and approved by Institutional Animal Care and Use Committee of Moderna, Inc.

Author contributions

CH, SE, AC, DE and KB contributed to the study concept and design. Data collection was performed by DG-D, CH, LM, HJ, TM, AF, and HD. All authors besides AC were involved in the analysis and interpretation of the data. All authors were involved in the drafting and critical revision of the manuscript and provided approval for submission. All authors contributed to the article and approved the submitted version.

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Conflict of interest

All authors are employees of Moderna, Inc., and hold stock/stock options from the company. The authors declare that this study received funding from Moderna, Inc. The funder was involved in the study design, collection, analysis, interpretation of data, and the writing of this article or the decision to submit it for publication.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fimmu.2022.948335/full#supplementary-material>

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A first-in-human phase 1 study of cavrotolimod, a TLR9 agonist spherical nucleic acid, in healthy participants: Evidence of immune activation

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Introduction: Tumor immunotherapy is designed to control malignancies through the host immune response but requires circumventing tumor-dysregulated immunomodulation through immunostimulation, relieving immunorepression, or a combination of both approaches. Here we designed and characterized cavrotolimod (formerly AST-008), an immunostimulatory spherical nucleic acid (SNA) compound targeting Toll-like receptor 9 (TLR9). We assessed the safety and pharmacodynamic (PD) properties of cavrotolimod in healthy participants in a first-in-human Phase 1 study under protocol AST-008-101 (NCT03086278; <https://clinicaltrials.gov/ct2/show/NCT03086278>).

Methods: Healthy participants aged 18 to 40 years were enrolled to evaluate four dose levels of cavrotolimod across four cohorts. Each cohort included four participants, and all received a single subcutaneous dose of cavrotolimod. The dose levels were 5, 10, 12.5 and 18.8 µg/kg.

Results and discussion: Cavrotolimod was well tolerated and elicited no serious adverse events or dose limiting toxicities at the doses tested. The results demonstrated that cavrotolimod is a potent innate immune activator, specifically stimulating Th1-type immune responses, and exhibits PD properties that may result in anti-tumor effects in patients with cancer. This study suggests that cavrotolimod is a promising clinical immunotherapy agent.

KEYWORDS

immunotherapy, cytokines, immunomodulation, Toll-like receptor, clinical trial, cavrotolimod, AST-008, spherical nucleic acid

Introduction

The immune system is the body's defense mechanism against foreign and infectious agents, such as bacteria and viruses. In addition to combating these dangers, the immune system can also fight diseases like cancer. Tumor immunotherapy uses the immune system to recognize and kill cancerous cells. However, tumors can use immune-checkpoint pathways as a major mechanism of immune resistance, particularly against T cells that are specific for tumor antigens. These checkpoint pathways can prevent a latent immune response from acting on the tumor.

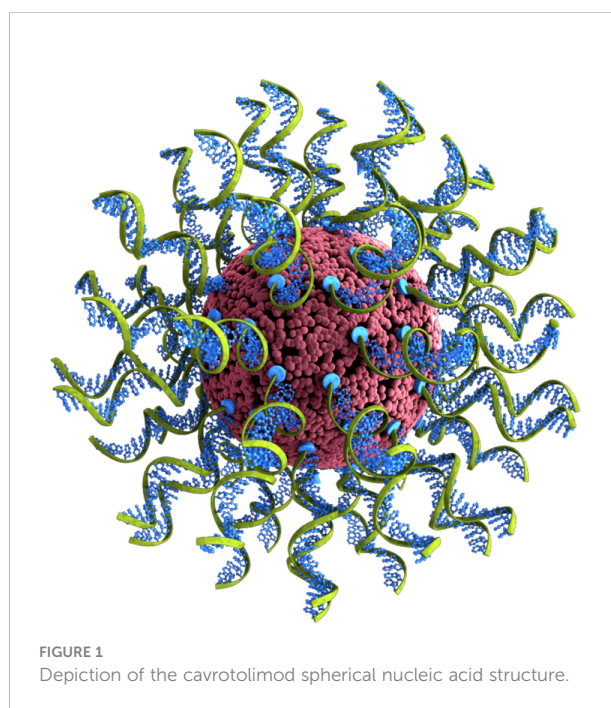
Tumor immunotherapy has been revolutionized by checkpoint inhibitors (CPIs) (1) targeting immune checkpoints such as the programmed cell death 1 protein (PD-1)/PD ligand (L)1 axis and cytotoxic T lymphocyte antigen 4 (CTLA-4). Agents targeting both pathways have been approved for use in many cancer types. CPI therapy reduces the inhibition of anti-tumor immunity, allowing the immune system to act more strongly on cancers, resulting in tumor regression and long-term responses in 10–50% of patients (2, 3). Despite these successes, there are two key opportunities for improvement. First, because only a minority of patients treated with CPIs benefit clinically, new approaches including combination therapies increasing the proportion of responders are needed. Second, because there are limited treatment options after disease progression on CPIs, additional therapeutic options are needed in that setting. We hypothesized that combining a potent TLR9 agonist (an immune stimulant) with CPIs (which support immune response expansion) would be a logical approach for capitalizing on the complementary nature of these two therapeutic mechanisms to begin the self-promoting process of immune-mediated tumor cell death, called the cancer-immunity cycle (4), and address the two key therapeutic opportunities outlined above. TLR9 is a pattern recognition receptor (PRR) that recognizes nucleic acids containing unmethylated cytosine-phosphate-guanosine (CpG) dinucleotides present in specific sequence contexts, referred to as CpG motifs (5–9), resulting in T-helper 1 (Th1)-type innate and adaptive immune responses (10, 11). Innate immunity is a rapid response that protects the body during the time required for an adaptive immune response to develop against a given threat, which is usually a few days to weeks. Antigen-presenting cells, including dendritic cells, macrophages, and B cells, play a critical role in the innate immune response by releasing protein signals called cytokines that induce inflammation to fight invading pathogens or foreign bodies. In addition, they direct T cells, which then coordinate the longer-term adaptive immune response, conferring long-term pathogen-specific immunity to the host.

TLR9 agonists have been extensively evaluated preclinically (12–14) and clinically as agents for treating cancers, asthma and allergies, infectious diseases, and as vaccine adjuvants (15, 16). Despite good safety profiles, conventional TLR9 agonists, such as SD-101 and tilсотolimod, have resulted in varied anti-tumor

responses as monotherapies or when combined with other anticancer agents following systemic administration (16–18), suggesting a need for more potent TLR9 agonists and better combination approaches. A TLR9 agonist packaged within a virus-like particle called vidutolimod showed substantial clinical activity when administered in combination with pembrolizumab in advanced and metastatic melanoma patients who had previously progressed on anti-PD-1 therapy alone (18), but the complexity of preparing the virus capsid and oligonucleotide components, and assembling the virus-like particle structure, may limit its widespread application.

Spherical nucleic acids (SNAs) are an emerging category of therapeutic agents, showing promise for treating a wide range of diseases and debilitating conditions, spanning glioblastoma multiforme (19, 20), psoriasis (21), diabetic wound healing (22), and nonalcoholic steatohepatitis (23), among others. As illustrated in Figure 1, SNA structures consist of densely packed and radially oriented oligonucleotides around a spherical nanoparticle core (24–27). Since these structures enter cells to a greater extent compared to their conventional oligonucleotide analogues (i.e., unformulated oligonucleotides) and do so *via* endosomal pathways (28), they are ideal for interacting with targets that reside in endosomes, such as TLR9 (28–30). Moreover, since the oligonucleotides on the surface of SNAs are projected in a way that supports facile TLR9 binding (i.e., the oligonucleotides are not sequestered within the nanoparticle), such structures are more potent stimulatory agents compared to unformulated oligonucleotides (23).

We developed cavrotolimod, an SNA modified with type B CpG oligonucleotides designed to agonize TLR9 and elicit



immune responses useful in oncology applications, and assessed its PD and safety in a Phase 1 study. The results indicated that cavrotolimod produces AEs and a PD response consistent with immune activation, suggesting that cavrotolimod may synergize effectively with anti-PD-1/PD-L1 antibodies. This study, along with data from nonclinical efficacy studies showing tumor regression in mice (31), supported the clinical evaluation of cavrotolimod in combination with CPIs in patients with advanced cancer.

Materials and methods

Study design

This was an open label Phase 1 study which was designed to assess the safety, tolerability, PK and PD of single ascending doses of subcutaneously (SC) administered cavrotolimod in healthy participants. The objectives and endpoints for this study were: (I) to evaluate the safety and tolerability of cavrotolimod; (II) to recommend a dose and regimen for further development; (III) to determine the PK of cavrotolimod in plasma and urine; (IV) to determine the PD of cavrotolimod; and (V) to determine the effect of cavrotolimod on the corrected QT (QTc) interval. The study was conducted at a single clinical study unit in the United Kingdom (UK) and enrolled four cohorts of four participants to receive single ascending doses of cavrotolimod. Participants were assigned into sequential cohorts that received cavrotolimod doses of 5, 10, 12.5 or 18.8 µg/kg. These doses were selected by applying a cautious multiple between these human doses and the no observed adverse event level of cavrotolimod in monkey toxicology studies. In addition, results from a study of TLR9 agonist PF-3512676 in healthy participant were considered (32). No participants received placebo. The study was approved and had oversight by the South Central – Berkshire B Research ethics committee and the Medicines Healthcare Products Regulatory

Agency, and was conducted according to the Declaration of Helsinki and Good Clinical Practices.

The main criteria for admission were healthy females or males aged between 18 and 40 years with a body mass index between 18.0 and 25.0 kg/m². Participants must have agreed to use effective methods of contraception, if applicable. The main exclusion criteria were any history of cancer and autoimmune or antibody-mediated diseases or any other significant disease or disorder which, in the opinion of the investigator, may have either put the participant at risk because of participation in the study, may have influenced the result of the study or the participant's ability to participate in the study. Participants were screened within 13 days prior to entering the unit on Day -1. Each participant received verbal and written information followed by signing of the Informed Consent Form prior to any screening procedures taking place. Participants were randomized to one dose cohort, admitted to the study unit on Day -1, dosed on Day 1 and discharged on Day 4. All participants attended the unit for outpatient visits on Days 5, 6 and 14 and a follow-up visit on Day 30 (Figure 2).

A mandatory sentinel dosing strategy was used in each cohort, whereby participants were dosed with intervals of 24–96 hours (if safety and tolerability was acceptable) following the prior participant. The Investigator made a judgement whether administration of cavrotolimod to the remaining participants in the cohort could continue based on the clinical safety data available at the time and the protocol toxicity rules. Dose escalation to the subsequent cohort/dose could only occur after satisfactory review of all safety, tolerability, PK and PD data by the Safety Review Committee (SRC) in accordance with the protocol, rules for dose escalation/progression, and toxicity.

Drug supply and administration

A single batch of cavrotolimod was prepared under current Good Manufacturing Practices and released by a Qualified

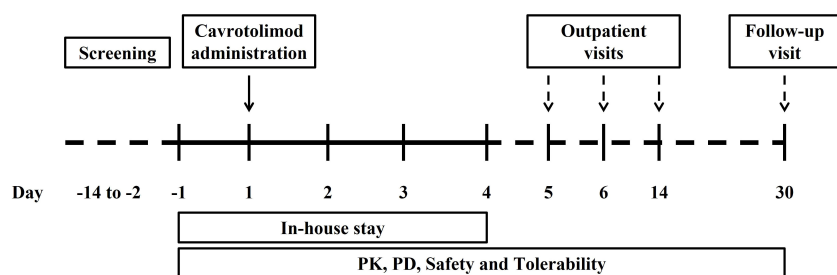


FIGURE 2
Flow chart for the phase 1 study.

Person to support this study. The product was supplied in single use glass vials as a sterile, pH-controlled isotonic solution. To achieve the appropriate doses for each cohort in the study, the pharmacist prepared dilutions of the product in simple saline prior to administration. Cavrotolimod was administered as a SC injection into the abdomen using a 25-gauge, one inch needle.

Safety assessments

Safety and tolerability assessments included AE recording, general health and concomitant medication assessments, and hematology/biochemistry/coagulation parameters during screening, before cavrotolimod dosing, daily during the admission to the study unit, and during the outpatient and follow up visits. At screening and while admitted to the unit, participants were interrogated with continuous 12-lead telemetry starting 1 hour pre-dose through 48 hours post-dose. Further, a Holter electrocardiogram (ECG) was performed during screening to exclude any pre-existing ECG abnormalities. Urinalysis was performed at screening, pre-dose, and Days 3, 14, and 30. Chemokine/cytokine sampling was performed pre- and post-dose during admission, as well as during the outpatient visits and follow up. Lymphocyte sampling was performed pre-dose through Day 3 for the 5 and 10 µg/kg dose groups, and from pre-dose to Day 5 for the 12.5 and 18.8 µg/kg dose groups. PK blood sampling was performed pre- and post-dose through Day 6. PK urine sampling was performed pre-dose and post-dose through Day 2.

Toxicity rules and management algorithm

There were two sets of toxicity rules used in this study. One applied to flu-like symptoms and cytokine release syndrome (CRS), while the second concerned all other adverse events. The rationale for this approach was twofold. First, several constitutional symptoms are present in both flu-like symptoms and CRS, but CRS is a more significant AE, and second, flu-like symptoms were expected after cavrotolimod administration. Therefore, special attention was paid to the toxicity definitions and management of potential CRS reactions.

A CRS management approach based on the literature was used during the first cohort of the study, but for the final three cohorts, a modified algorithm was developed and applied because the approach outlined in the literature was designed for patients who would most likely be in a hospital setting (33). Modifications to the algorithm were therefore made to reflect its application for healthy participants in a non-hospital setting.

The constitutional symptoms and signs of CRS and flu-like symptoms at mild to moderate severity are similar. **Table 1** lists the signs and symptoms of CRS and those in bold overlap with

the presentation of flu-like symptoms. The management of any AE comprised of the signs or symptoms shown in **Table 1** was therefore based on the severity of the overall clinical picture and is illustrated in the algorithm in **Figure 3**.

The toxicity rules that governed study progression of individual participants, cohorts and the overall study in the event of these AEs were based on the same objective severity scale used in the management algorithm and are shown in **Table 2**. Based on the desired pharmacology of stimulating a Th1-type immune response, TLR9 agonists are known to cause a range of local and systemic effects that are not necessarily considered adverse. In general, in healthy participant studies of TLR9 agonists administered SC, participants typically experience at least one of the following AEs: injection site induration, erythema, swelling and tenderness, headache, chills, pyrexia/fever, myalgia, arthralgia (constellation of the 5 latter symptoms often described as “flu-like symptoms”).

Pharmacokinetic assessments

Venous blood samples were collected to assess the concentration of cavrotolimod in plasma (K₂EDTA). Blood was collected pre- and post-dose through Day 6. Urine samples for cavrotolimod concentration measurements were taken from the total urine sample provided pre-dose and post-dose through Day 2. Cavrotolimod concentrations were assessed in plasma and urine with validated assays. Non-compartmental analysis was used for calculation of plasma PK parameters. More information about the assays and PK analysis are provided in the Supporting Information.

Pharmacodynamic assessments

Blood samples were taken for the evaluation of the mechanism of action-related cytokines and chemokine markers and immune cell activation. Chemokine and cytokine sampling was performed pre- and post-dose during admission, as well as during the outpatient visits and follow up. Concentrations of cytokines and chemokines were assessed in plasma with a Randox Evidence Investigator or ELISA. The cytokine and chemokines measured were interferon (IFN)α, IFNγ, interleukin (IL)-10, IL-12 p40, IL-1β, IL-1 receptor (R)α, IL-2, IL-6, IL-8, interferon gamma-induced protein (IP)-10, monocyte chemoattractant protein (MCP)-1, and tumor necrosis factor (TNF)α.

Lymphocyte sampling was performed pre-dose through Day 3 for the 5 and 10 µg/kg dose groups, and from pre-dose to Day 5 for the 12.5 and 18.8 µg/kg dose groups. Differential lymphocyte count was performed on a Beckman Coulter Navios flow cytometer to measure abundance of B-cells, T-cells, natural killer (NK) cells, monocytes, macrophages, and plasmacytoid

TABLE 1 Clinical signs and symptoms associated with CRS. Bold indicates signs and symptoms also seen in flu-like symptoms.

Organ system	Symptoms
Constitutional	Fever \pm rigors, malaise, fatigue, anorexia, myalgia, arthralgia, nausea, vomiting, and headaches. Additionally, pruritus and dizziness were observed with compounds similar to cavitrolimod and for the purposes of this management algorithm will also be regarded as constitutional, unless another cause for these symptoms is identified.
Skin	Rash.
Gastrointestinal	Nausea, vomiting, diarrhea.
Respiratory	Tachypnoea, hypoxemia.
Cardiovascular	Tachycardia, widened pulse pressure, hypotension, increased cardiac output (early), potentially diminished cardiac output (late).
Coagulation	Elevated D-dimer, hypofibrinogenemia \pm bleeding.
Renal	Azotemia.
Hepatic	Transaminitis, hyperbilirubinemia.
Neurologic	Headache, mental status changes, confusion, delirium, word finding difficulty or frank aphasia, hallucinations, tremor, dysmetria, altered gait, seizures.

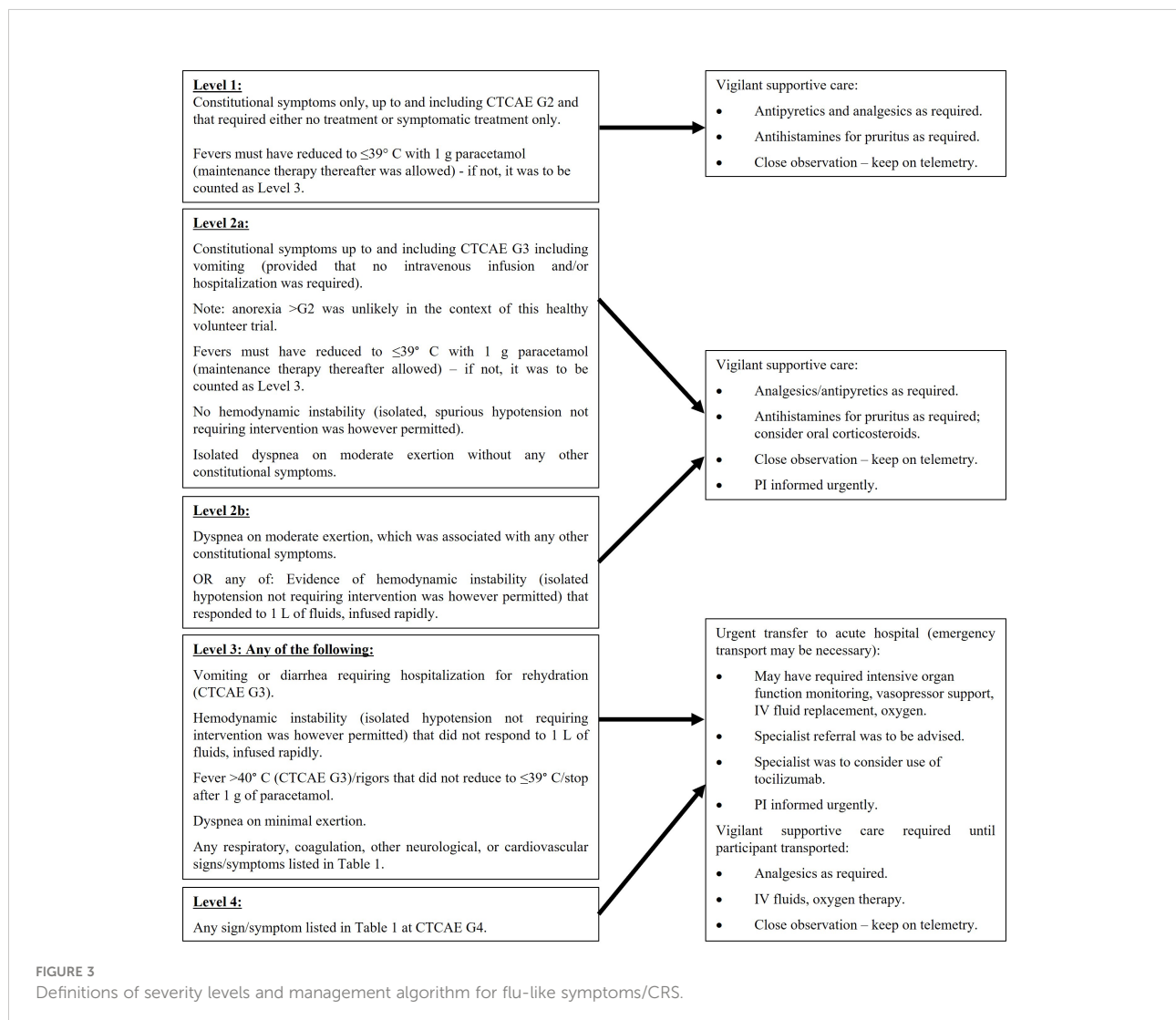


TABLE 2 Toxicity rules for CRS and Flu-like symptoms.

Level (see Figure 3 for explanation on levels)	DECISION 1	DECISION 2	DECISION 3
	Individuals:	Continuation within a dosing regimen:	Study progression:
Level 1 (mild to moderate, not serious)	Continue as per protocol.	Continue as per protocol.	Continue as per protocol.
Level 2a (Severe, not serious)	Cavrotolimod administration was to be discontinued.	1 participant: Continue as per protocol. ≥2 participants: Dosing of the remainder of the dosing regimen suspended. Continuation and extension required substantial amendment.	1 participant: Continue as per protocol. ≥2 participants: Dose escalation and progression to study parts with an equal or higher dose suspended. Dosing regimens on lower dose levels can continue. Progression to successive cohorts or study parts was permitted only with doses below this current level (at which this toxicity was observed). Escalation or progression to study parts with an equal or higher dose requires substantial amendment.
Level 2b (Severe, not serious)	Cavrotolimod administration was to be discontinued.	≥1 participant: Dosing of the remainder of the dosing regimen suspended. Continuation and extension required substantial amendment.	≥1 participant: Dose escalation and progression to study parts with an equal or higher dose suspended. Dosing regimens on lower dose levels can continue. Progression to successive cohorts or study parts was permitted only with doses below this current level (at which this toxicity was observed). Escalation or progression to study parts with an equal or higher dose required substantial amendment.
Level 3 (Severe, serious AE)	Cavrotolimod administration was to be discontinued.		
Level 4 (Life-threatening, serious AE)	Cavrotolimod administration was to be discontinued.	≥1 participants: Dosing of the remainder of the dosing regimen suspended; Continuation and extension requires substantial amendment.	Study suspended (i.e., this dosing regimen AND all ongoing dosing regimens including those at lower doses, and upcoming dosing regimens, were to be immediately suspended). Continuation of the study required a substantial amendment.

dendritic cells. NK and T-cells were identified as CD3-/CD16+/CD19-/CD56+ and CD3+/CD19-/CD45+, respectively. Monocytes were detected as CD14+/CD45+. CD69 was used as the activation marker for these three cell types.

Cytokines, chemokines and flow cytometry analyses were performed by The Doctors' Laboratory (London, UK).

Statistical analysis

A blinded data review meeting was held prior to database lock and completion of the final analyses. AEs, vital signs, ECG parameters and clinical laboratory data were listed and summarized using descriptive statistics. The number and percent of participants who had any AEs were summarized for each dose. All AEs were listed by using system organ class and preferred term assigned to the event using Medical Dictionary for Regulatory Activities (MedDRA). Furthermore, these events were summarized by the maximum intensity and the number of participants who had drug-related AEs. Any serious adverse events (SAEs) and/or AEs that led to withdrawal would have been listed had they occurred.

The statistical analysis of the PD variables consisted of descriptive statistics, listings and graphs of absolute values and fold change from pre- to post-dose time points, and of comparison of pre- to post-dose values by paired t-tests.

Results

Participant characteristics

Cavrotolimod was evaluated in a first-in-human Phase 1 study (34), which was conducted at a single clinical study unit in the UK. The safety, tolerability, PK and PD of single ascending doses of cavrotolimod were studied in healthy participants. Four dose levels of cavrotolimod (5, 10, 12.5, and 18.8 µg/kg) were evaluated in four cohorts. Each cohort included four participants, and all received a single dose of cavrotolimod.

A total of 16 healthy female and male participants were dosed, with the highest single dose of cavrotolimod being 1.4 mg. Among the 16 participants, 13 were male and 3 were female (Table 3). The mean age was 23.9 years (range from 18–37 years), and the mean weight was 69.6 kg (ranging from 54.4 kg to 84.1 kg) at screening. The participants had a mean height of 176.0 cm (ranging from 158 cm to 192 cm). Participants had a mean BMI of 22.4 kg/m² (ranging from 19 kg/m² to 25 kg/m² at screening). A quarter (25%) of the participants who received cavrotolimod were black, while 56.3% were white and 18.8% were of 'other' race. The participants enrolled into the trial were all included in the safety, PK and PD analyses. There were no dropouts.

TABLE 3 Demographic data of healthy participants enrolled in AST-008-101.

Demographic Parameter	Statistic	5 µg/kg (N=4)	10 µg/kg (N=4)	12.5 µg/kg (N=4)	18.8 µg/kg (N=4)	Overall (N=16)
Age* [years]	n	4	4	4	4	16
	Mean	21.8	22.5	28.8	22.5	23.9
	SD	2.6	3.7	5.6	1.3	4.4
	Minimum	18	20	25	21	18
	Median	22.5	21.0	26.5	22.5	23.0
	Maximum	24	28	37	24	37
Gender	Female, n (%)	1 (25.0)	0	0	2 (50.0)	3 (18.8)
	Male, n (%)	3 (75.0)	4 (100.0)	4 (100.0)	2 (50.0)	13 (81.3)
Race	Black or African American, n (%)	1 (25.0)	0	1 (25.0)	2 (50.0)	4 (25.0)
	Other, n (%)	0	1 (25.0)	1 (25.0)	1 (25.0)	3 (18.8)
	White, n (%)	3 (75.0)	3 (75.0)	2 (50.0)	1 (25.0)	9 (56.3)
Height** [cm]	n	4	4	4	4	16
	Mean	175.3	185	176.3	167.5	176
	SD	11.6	4.8	5.3	12.3	10.4
	Minimum	158	181	172	158	158
	Median	180.0	183.5	174.5	163.5	180
	Maximum	183	192	184	185	192
Weight** [kg]	n	4	4	4	4	16
	Mean	68.7	77.95	68.58	63.13	69.59
	SD	10.29	7.26	10.60	6.33	9.62
	Minimum	54.4	67.6	55.7	59.6	54.4
	Median	70.75	80.05	69.4	60.15	70.75
	Maximum	78.9	84.1	79.8	72.6	84.1
Body Mass Index [kg/m ²]	n	4	4	4	4	16
	Mean	22.3	22.8	22.0	22.6	22.4
	SD	0.96	1.82	2.57	1.45	1.64
	Minimum	21	20	19	21	19
	Median	22.1	23.4	22.4	22.5	22.6
	Maximum	24	24	25	24	25

N, total number of participants in cohort; n, number of participants for a given statistic; SD, standard deviation. * Age is calculated at the date of informed consent. ** Height, weight, and body mass index are given at screening.

Safety and tolerability assessments

Safety and tolerability assessments included AE recording, general health and concomitant medication assessments, hematology, biochemistry and coagulation parameters measured during screening, before cavrotolimod dosing, daily during the admission to the study unit, and during the outpatient and follow up visits.

All participants at screening, on Day -1, and Day 1 met all inclusion criteria, and none violated any of the exclusion criteria. Two participants reported previous medical history. One participant who received 5 µg/kg of cavrotolimod reported depression and one participant who received 10 µg/kg reported seasonal allergy and depression. Prior and concomitant medication was reported in nine participants. Prior and concomitant medications related to AEs included norfloxacin for urinary tract infections, Strepsils® for sore

throat, ibuprofen for toothache and flu-like symptoms, lidocaine for toothache, paracetamol (acetaminophen) for headache, hot flush and pyrexia. Prior and concomitant medication use not related to AEs included loratadine for a runny nose and omega-3 fatty acids for health and well-being.

In the trial, no SAEs or dose limiting toxicities were observed. All 16 participants receiving cavrotolimod experienced at least one drug-related AE, all of which were grade (G) 1 in severity according to the Common Terminology Criteria for Adverse Events (CTCAE) version 4.03 (Table 4). The AEs observed were as expected given the mechanism of action and from other TLR9 agonist clinical trials in healthy participants (32, 35) and in diseased populations (16, 36). The frequency of AEs was similar in the lowest three dose groups but increased in the highest dose group. The most common AEs, in descending order of frequency, were pyrexia, headache, influenza-like illness (i.e., flu-like symptoms), dizziness and myalgia. All 16 participants

TABLE 4 Drug-related adverse events (all Grade 1) observed in AST-008-101.

Preferred Term (MedDRA 21.0)	5 µg/kg (N=4) n (%)	10 µg/kg (N=4) n (%)	12.5 µg/kg (N=4) n (%)	18.8 µg/kg (N=4) n (%)	Overall (N=16) n (%)
Pyrexia	–	–	2 (50.0)	4 (100.0)	6 (37.5)
Influenza like illness	–	3 (75.0)	–	1 (25.0)	4 (25.0)
Headache	1 (25.0)	–	1 (25.0)	2 (50.0)	4 (25.0)
Myalgia	–	–	–	2 (50.0)	2 (12.5)
Dizziness	–	–	1 (25.0)	1 (25.0)	2 (12.5)
Lymphadenopathy	–	1 (25.0)	–	–	1 (6.3)
Eye pain	1 (25.0)	–	–	–	1 (6.3)
Decreased appetite	–	–	–	1 (25.0)	1 (6.3)
Back pain	–	–	1 (25.0)	–	1 (6.3)
Muscle twitching	1 (25.0)	–	–	–	1 (6.3)
Hyperesthesia	–	–	–	1 (25.0)	1 (6.3)
Cough	–	–	–	1 (25.0)	1 (6.3)
Flushing	–	–	1 (25.0)	–	1 (6.3)

N, total number of participants in cohort; n, number of participants for a given statistic.

experienced mild injection site reactions (i.e., redness, tenderness) that were not considered adverse, and these reactions resolved on their own. Lymphadenopathy was observed in 12 participants but was considered adverse in only one participant. Across all timepoints, the highest grading was ‘palpable, normal to mild enlargement’. The inguinal, femoral, and iliac lymph nodes were most often affected, due to the lower right quadrant dosing of cavrotolimod.

Clinical biochemistry and hematology results revealed C-reactive protein increases, neutropenia, and lymphopenia, but these changes were not considered adverse due to their short-lived and asymptomatic nature. Neutropenia and lymphopenia are consistent with the pharmacology of cavrotolimod as they were likely due to the transient margination, or exit, of those cells from the bloodstream.

No clinically significant abnormalities in ECG intervals or morphology were observed. Although minor abnormalities of ECG intervals were reported at all doses, most were either not considered to be changes from the subject’s pre-dose baselines or were related to spurious results or anomalies and were not reproducible at subsequent time points. The paired PK/QTc analysis was not conducted because of a lack of change in QTc parameters.

No CRS/flu-like symptoms toxicity rules above Level 1 were met over the course of the study.

Pharmacokinetic assessments

The PK of cavrotolimod was evaluated after single SC administration in healthy adult participants. Eighteen blood samples were collected starting at the pre-dose baseline through 120 hours after the cavrotolimod dose. The samples were used to

measure the concentration of the drug in the participant plasma with a plate-based method, utilizing complementary capture and detection probes, and an ECL readout. There were only a few measurable plasma concentrations per participant. Due to this and the small number of participants, these PK results should be interpreted with caution. PK parameters, including AUC_{0-24hr} , $AUC_{0-tlast}$, C_{max} , the time of maximum plasma concentration (T_{max}) and plasma half-life ($t_{1/2}$) were calculated and are presented by dose in Table 5. The geometric mean AUC_{0-24hr} , $AUC_{0-tlast}$ and C_{max} values were similar for the 5 and 10 µg/kg dose groups, and increased in a dose proportional manner in the higher dose groups.

The median T_{max} ranged from 2.00 to 2.52 hours over the dose range of 5 µg/kg to 18.8 µg/kg, peaking earlier than the PD effects, which apexed at 24 to 72 hours, depending on the cytokine. Geometric mean $t_{1/2}$ values were 3.881 and 2.370 hours following 12.5 and 18.8 µg/kg administration, while geometric mean apparent clearance (CL) and volume (V_z) were 1.133 L/h/kg and 6.344 L/kg for the 12.5 µg/kg dose level, and 2.266 L/h/kg and 7.748 L/kg for the 18.8 µg/kg dose level, respectively. Inter-participant variability for AUC_{0-24hr} , $AUC_{0-tlast}$, C_{max} were generally low to moderate, except for the 12.5 µg/kg dose level which was generally high.

Cavrotolimod was not detected in any urine samples, so PK parameter analysis was not conducted on those samples.

Pharmacodynamic assessments

The PD effects of cavrotolimod were assessed through the measurement of cytokine and chemokine concentrations and lymphocyte changes. Blood was drawn from the participants before and after dosing with cavrotolimod to measure the

TABLE 5 PK parameters calculated by cavrotolimod dose.

PK Parameter	Cavrotolimod dose			
	5 µg/kg	10 µg/kg	12.5 µg/kg	18.8 µg/kg
AUC _{0-24hr} (ng × hr/mL)	2.302	2.084	4.762	8.170
AUC _{0-∞} (ng × hr/mL)	1.992	1.817	4.241	8.565
C _{max} (ng/mL)	0.74009	0.73726	1.3336	1.8234
T _{max} (hr)	2.52	2.00	2.00	2.04
T _{1/2} (hr)	NC	NC	3.881	2.370
CL (L/h/kg)	NC	NC	1.133	2.266
Vz (L/kg)	NC	NC	6.344	7.748

CL, clearance; hr, hour; kg, kilogram; L, liter; mL, milliliter; NC, not calculated; ng, nanogram; Vz, volume of distribution during the terminal phase.

concentration of a set of cytokines and chemokines in the participant plasma as a function of time. Blood samples were also used for fresh flow cytometry to assess immune cell activation as a percent of the cells detected by flow cytometry.

The cytokine and chemokine markers measured in the study were IL-12 p40, IL-1RA, IP-10, IL-6, MCP-1, TNFα, IFNα, IFNγ, IL-10, IL-1β, IL-2, and IL-8. Approximately 18 blood samples were taken from the participants during a period starting at the pre-dose time point out to 30 days post-dose in each participant. These markers were selected to assess the magnitude and character of the immune response provoked by cavrotolimod. Table 6 shows the peak baseline-subtracted cytokine change with cavrotolimod as a function of dose.

Cavrotolimod elicited a broad Th1-type immune response in an approximately dose-proportional manner. IFNγ, IL-12 p40, IL-1RA, IL-6, IP-10, and MCP-1 were consistently induced across all doses. IFNγ increases were small, but statistically

significant, at 20 hours post-dose in all four cohorts. Notably, IP-10 was robustly induced compared to pre-dose levels reaching significance ($p < 0.05$) in all four cohorts between 12- and 24-hours post-dose, providing a second indication that IFNγ was elicited, although the latter was not detected at the same magnitude. IFN-γ expression induces PD-L1, a marker positively associated with anti-PD-1 antibody activity (37). TNF-α was also induced, although not consistently or in a dose-proportionate manner. Two participants showed a substantial increase in TNF-α, to 58 and 179 pg/mL above baseline, at the 10 and 18.8 µg/kg dose levels, respectively, while the other participants in the study did not express meaningful levels of the cytokine.

For most of the measured cytokines and chemokines, the peak response was observed about 24 hours after cavrotolimod administration, although IL-12 p40 peaked at 48 to 72 hours after dosing (Figure 4A). Generally, the IL-6 and IFN-γ

TABLE 6 Peak cytokine response by cohort following cavrotolimod administration.

Cytokine	Peak Cytokine Response (expressed in pg/mL)							
	5 µg/kg		10 µg/kg		12.5 µg/kg		18.8 µg/kg	
	mean ± SD	p value	mean ± SD	p value	mean ± SD	p value	mean ± SD	p value
IFNα	11 ± 27	0.4617	7 ± 4	0.0505	4 ± 6	0.2900	1 ± 6	0.8156
IFNγ	2 ± 0	0.0033	12 ± 8	0.0577	3 ± 3	0.1156	5 ± 2	0.0207
IL-1β	1 ± 1	0.3910	0 ± 1	0.3910	0 ± 1	0.3910	2 ± 3	0.2380
IL-1RA	857 ± 288	0.0094	1763 ± 1024	0.0412	1073 ± 576	0.0337	1519 ± 500	0.0089
IL-2	1 ± 2	0.1828	3 ± 4	0.1818	3 ± 2	0.0822	0 ± 3	0.7915
IL-6	20 ± 16	0.0772	123 ± 48	0.0147	64 ± 81	0.2121	66 ± 99	0.2773
IL-8	4 ± 7	0.3557	5 ± 5	0.1512	22 ± 42	0.3634	15 ± 15	0.1457
IL-10	6 ± 9	0.2586	7 ± 9	0.2030	1 ± 1	0.0524	1 ± 1	0.2188
IL-12 p40	99 ± 57	0.0402	192 ± 149	0.0826	266 ± 30	0.0004	263 ± 157	0.0442
IP-10	277 ± 144	0.0309	721 ± 236	0.0088	687 ± 241	0.0107	1007 ± 342	0.0098
MCP-1	276 ± 115	0.0173	753 ± 613	0.0912	303 ± 84	0.0055	420 ± 188	0.0209
TNFα	2 ± 1	0.0180	17 ± 27	0.3037	2 ± 3	0.3233	46 ± 89	0.3788

Peak cytokine response (mean ± standard deviation) and p values (comparison of pre- to post-dose values by paired t-tests) by cohort as a function of dose (baseline subtracted). pg/mL, picogram per milliliter; SD, standard deviation.

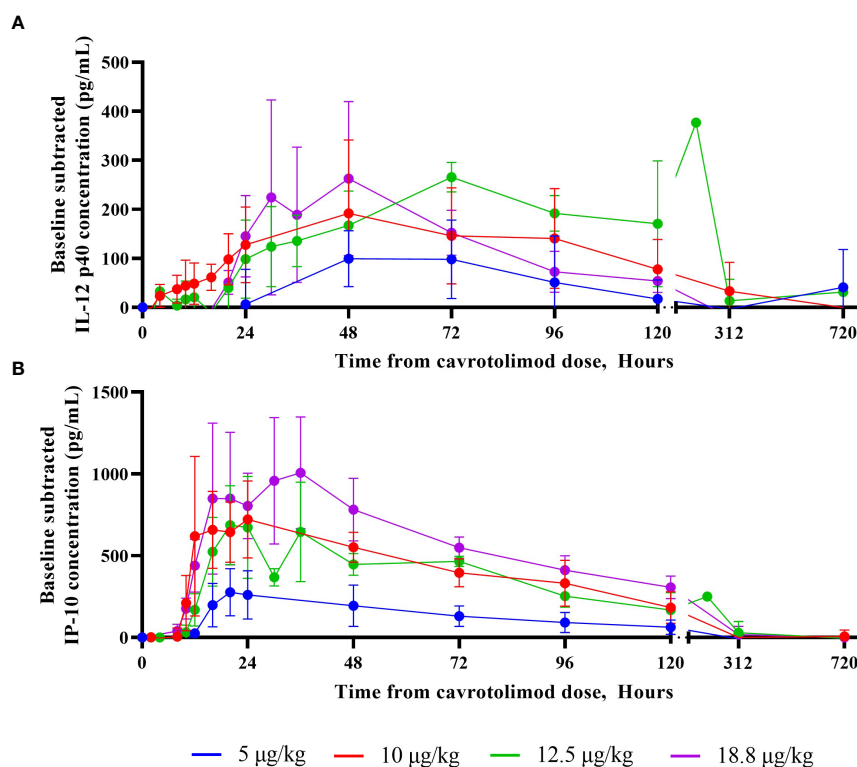


FIGURE 4

IL-12 p40 and IP-10 cytokine responses as a function of time. A Randox Evidence Investigator or ELISA was used to measure concentrations (pg/mL) of IL-12 p40 and IP-10 in peripheral blood following a single SC dose of cavrotolimod. Each point represents averaged, baseline subtracted values from the four participants in each cohort at the sampling time post-dose of cavrotolimod. (A) IL-12 p40. (B) IP-10.

concentrations returned to baseline approximately 48 hours after cavrotolimod administration, while IL-1RA, IP-10 (Figure 4B), and MCP-1 (at higher doses) required 96 or more hours. Some variability in cytokine response across participants was observed. The non-baseline subtracted peak concentrations of IL-6, IL-12 p40, IL-1RA, IP-10, IFN- γ , and MCP-1 was generally within 2- to 4-fold across participants in one cohort.

Lymphocyte activation was measured using a flow cytometry-based analysis. The results indicate that cavrotolimod activated NK and T cells in participants following administration. NK cell activation, which is indicated by the presence of the CD69 marker in flow cytometry, was observed in all participants (Figure 5A). The NK cell activation peaked at about 48 hours and declined through 96 hours (Figure 5B). Mean NK cell activation for the 12.5 µg/kg dose level was significantly increased at 4-, 12-, 48- and 72-hours post-dose compared to the pre-dose levels ($p < 0.05$). T cell activation, which is also measured by the presence of CD69, was also observed in all participants (Figure 5C). It generally peaked between 12 and 24 hours, with the activation tapering off through 96 hours (Figure 5D). T cell activation in each cohort reached significance ($p < 0.05$) at

least once between 24- and 72-hours post-dose compared to pre-dose levels.

No meaningful changes were observed in activated B cells, macrophages or plasmacytoid dendritic cells. For the 5, 10 and 12.5 µg/kg dose levels, 8, 10 and 3-fold increases in the percent of activated monocytes, respectively, were observed at 48 hours. Although these fold changes were relatively large, they were not dose proportional, did not reach statistical significance, and represented only a small fraction (<2%) of the total number of the total monocytes. Further, similar changes were not observed for the 18.8 µg/kg dose level.

Intraparticipant safety, PK and PD data reveal the kinetics of IP-10 changes, body temperature, cell activation and antipyretic use. Figure 6 contains individual time course participant data through 72 hours post-dose after either a 12.5 µg/kg (Figure 6A) or 18.8 µg/kg (Figure 6B) injection of cavrotolimod. For both participants, cavrotolimod was observed in their plasma before meaningful pharmacodynamic effects, followed later by increased concentrations of IP-10. The chemokine release was followed by increases in body temperature (i.e., fever) and NK and T cell activation. Although the plasma concentrations of cavrotolimod peaked earliest and decayed rapidly, the immune

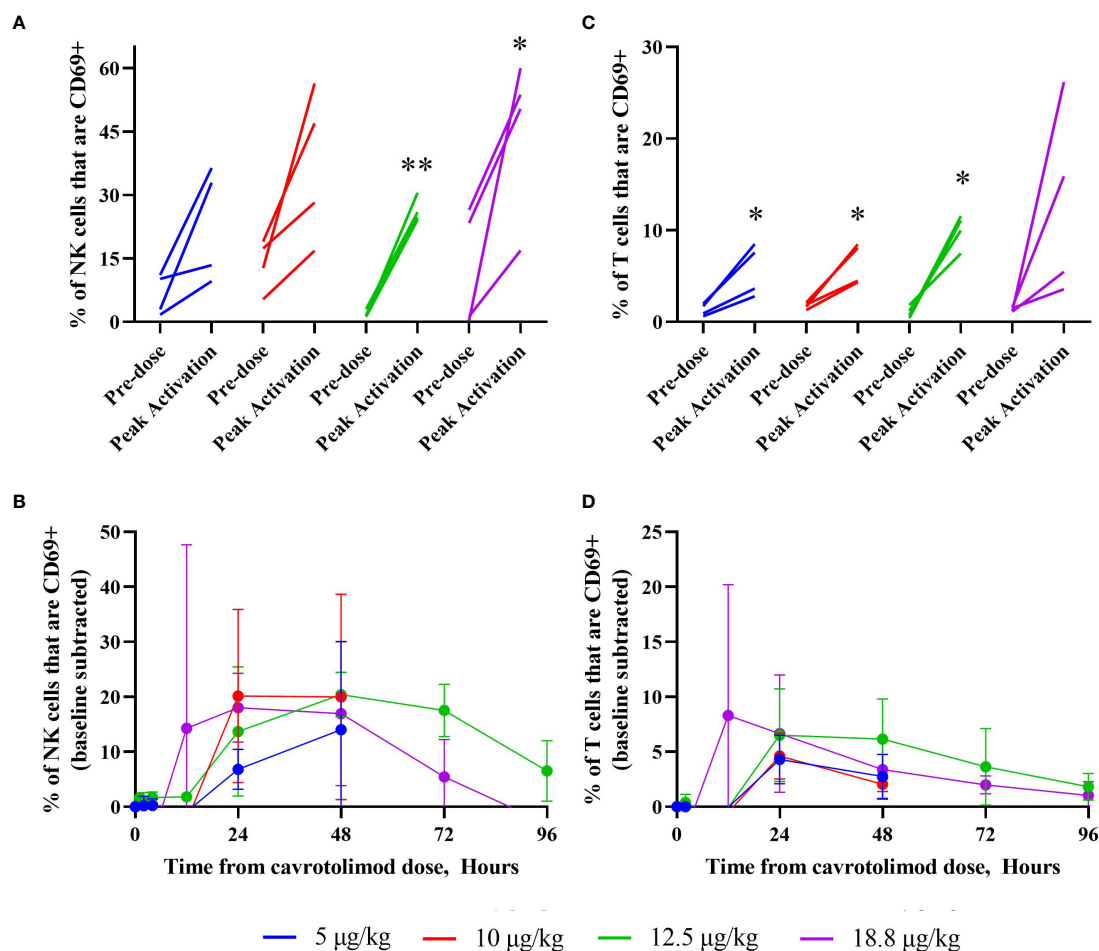


FIGURE 5

NK and T cell activation as a function of cavrotolimod dose and time. Flow cytometry was used to measure NK and T cell activation in peripheral blood following a single SC dose of cavrotolimod. For graphs (A, C), each line represents a single participant. For each participant, the baseline and peak measurements are indicated, independent of time point when the peak cell activation was observed. For graphs (B, D), each line represents averaged, baseline subtracted values from four participants in a cohort at the sampling time points indicated from receiving the dose of cavrotolimod. (A, B) Activated NK cells. (C, D) Activated T cells. Paired t-test of comparison of pre- to post-dose values; * $p < 0.05$; ** $p < 0.01$.

cascade elicited by cavrotolimod had a much longer duration, as the activated NK and T cells peaked later with a longer decay to baseline out to 96 hours. When these participants were administered acetaminophen to address fever, in addition to a reduction in body temperature shortly after administration, there were generally corresponding reductions in peripheral chemokine concentrations.

Discussion

To achieve immune-mediated tumor control, cancer cells must be targeted by immune cells, a process which requires a delicate balance of sufficient neoantigen recognition without widespread autoimmunity. CPIs beneficially promote a shift in

that balance toward anti-tumor responses, and do so by blocking certain immune-inhibitory proteins, allowing anti-tumor immune responses to develop or expand. In recent years, the United States Food and Drug Administration (FDA) has approved several CPIs targeting CTLA-4, PD-L1, and PD-1 (38), which have become indispensable treatments for many cancers. However, a considerable number of patients do not respond to or relapse on CPI treatments, a process called antigenic escape (2, 3). Tumor escape from CPI treatment is thought to result from exhausted effector T cells, functionally impaired antigen-presenting cells (APCs), and/or infiltration of tumor-supporting regulatory T cells (T_{reg}) and myeloid-derived suppressor cells (MDSCs) (39).

In settings where an anti-tumor response has been initiated but is being repressed, CPI therapies contribute greatly by relieving inhibitory signals. However, CPIs alone cannot promote the

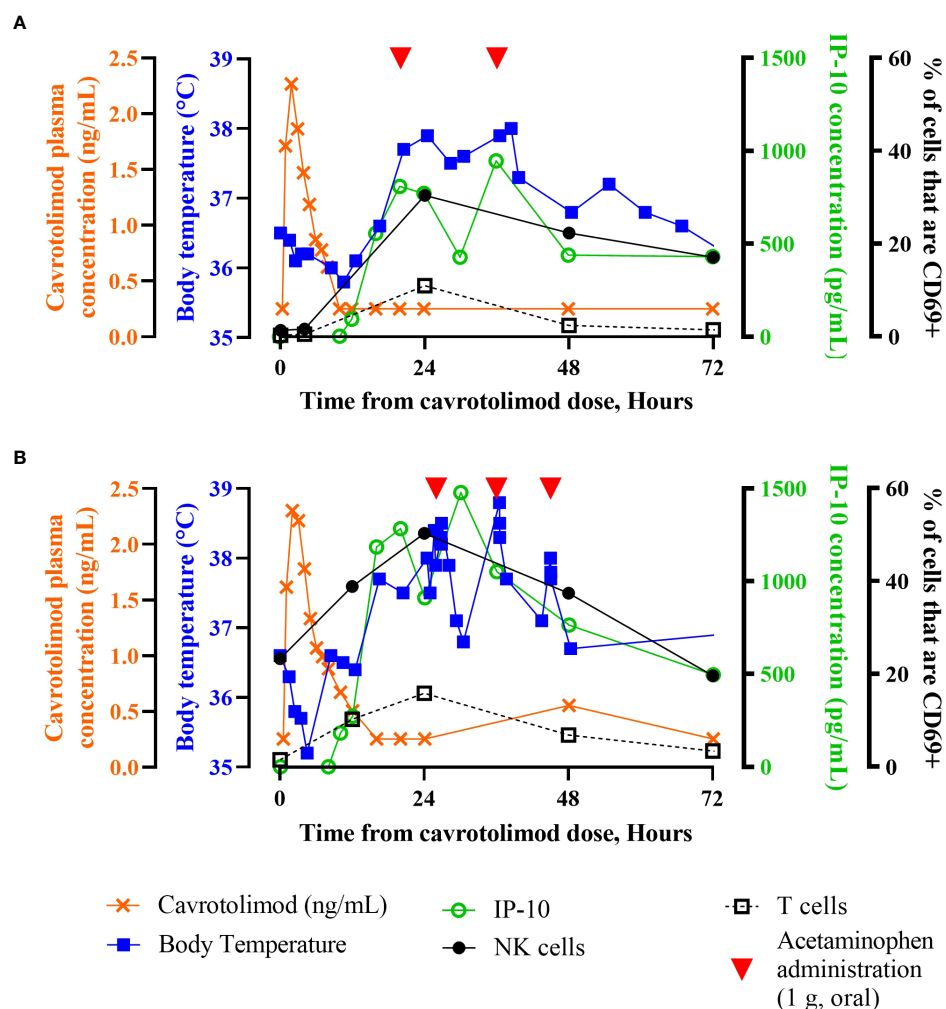


FIGURE 6

Individual participant time course data. Superimposed PK, PD and body temperature data presented as a function of time from receiving the dose of cavrotolimod for group 3 participant 13012 (A) and group 4 participant 14013 (B). Participants 13012 and 14013 received 12.5 $\mu\text{g/kg}$ (0.9 mg) and 18.8 $\mu\text{g/kg}$ (1.1 mg) doses of cavrotolimod, respectively. Each line represents a single data set (PK, PD or body temperature) collected while on study for the respective participant. Administration of 1 g acetaminophen to treat related to AEs are indicated (red arrowheads). IP-10 concentrations and % of cells that are CD69+ are baseline subtracted.

initiation of an anti-tumor response, which require immune-stimulating therapies. A rational approach is the use of oligonucleotides containing CpG motifs that can act as activators of TLR9, which is expressed in the endosomes of B and plasmacytoid dendritic cells and induces rapid innate and long-term adaptive immune responses when agonized (5, 8, 11). TLR9 agonists lead to broad activation of immune cells, including APCs and T cells, and suppress T_{reg} and MDSCs in tumor microenvironments (40–42). TLR9-induced immune activation has been extensively characterized in preclinical and clinical studies of cancer (11, 15, 16). TLR9 agonists are often unformulated oligonucleotides. One major challenge associated with use of unformulated oligonucleotides is poor cellular uptake and limited downstream pharmacological activity (43). SNAs are a

novel class of therapeutic agents consisting of densely packed and radially oriented oligonucleotides in a 3-dimensional arrangement around a spherical liposomal nanoparticle (23). As a consequence of their 3-D structure (illustrated in Figure 1), SNAs have increased cellular uptake, nuclease stability, and affinity to nucleic acid targets (23), characteristics which address many of the challenges associated with unformulated oligonucleotides. Here we described the activity of cavrotolimod, a novel TLR9-agonist SNA that shows potent TLR9 stimulation in a Phase 1 clinical trial.

The primary objective of this study was to assess the safety and tolerability of cavrotolimod following single ascending doses. To meet this objective and to protect the wellbeing of the participants, a CRS and flu-like symptom management strategy was developed and deployed. There is little guidance

available in literature about managing CRS risk in healthy participant studies, but it is essential to have a process in place before a trial starts to appropriately classify and manage all CRS symptoms without unnecessarily stopping a trial or its progression. This approach may be useful for many clinical trials of advanced therapies or for approaches that use or release cytokines or chemokines, but we note that the algorithm may require tailoring to the environment and resources available to a particular clinical research unit.

Overall, cavitrolimod was considered safe and well tolerated after single SC injections. The AEs observed in the trial were as expected from the TLR9 agonism-based mechanism of action, nonclinical toxicology studies and from other TLR9 agonist clinical trial results. The absence of a placebo arm in the study did not affect this objective because a small number of placebo participants were unlikely to produce statistically meaningful results. Instead, due to the high inter-participant variability of cytokines, chemokines and other immune markers, the use of intra-participant comparisons of PD markers before and after cavitrolimod administration in the statistical analysis of the safety/tolerability (and PD) was expected to yield more robust results than comparing these effects across placebo and cavitrolimod treated participants.

Cavitrolimod's mechanism of action and data from other TLR9 agonists showed that cytokine secretion and lymphocyte activation was an expected and desired PD effect. These PD effects would in turn be expected to produce flu-like symptoms including fevers, injection site reactions and lymphadenopathy, which were observed AEs from this Phase 1 study. Injection site reactions and lymphadenopathy were mild and transitory. The lymphocyte and neutrophil count changes observed reflect a well-documented trafficking phenomenon also associated with the pro-inflammatory TLR9 mechanism of action (44). When looking at the overall clinical picture, taking into account AEs, laboratory abnormalities (CRP, neutrophils and lymphocytes), vital signs and lymphadenopathy, the maximum intensity of the flu-like symptoms was mild. Further, no off-target, systemic effects were observed in this study and no other clinically significant abnormalities on safety assessments were observed and thus there was no evidence of any safety signal.

A secondary objective of this study was to assess the PK of cavitrolimod in plasma and urine. C_{max} values were similar for the 5 and 10 $\mu\text{g/kg}$ dose groups whereas dose-proportionate increases were observed from 10 to 18.8 $\mu\text{g/kg}$; the highest mean C_{max} was 1.8 ng/mL at the highest dose. T_{max} ranged from 2.00 to 2.52 hours over the dose range tested. The sparse plasma concentration values observed are not unusual for a SC administered TLR9 agonist. Importantly, the PK and PD of cavitrolimod are not expected to be temporally related, as was observed in this Phase 1 study and based on the literature. Therefore, similar cytokine and lymphocyte activation measurements are important markers for inclusion in future studies. In future studies utilizing greater doses of cavitrolimod, the PK data may be more robust and informative.

PD analyses of the cytokine release profile and lymphocyte subset activation confirmed the desired effects of cavitrolimod. Cavitrolimod elicited a broad Th1-type immune response in an approximately dose-proportional manner and activated T cells and NK cells. Regarding the cytokine response, cavitrolimod has robust PD activity but did not trigger CRS. IL-12 p40, IL-1RA, IP-10, and MCP-1 were consistently induced across all doses. IP-10 was robustly induced, while IFN- γ and TNF- α were inconsistently induced. The maximum duration of the cytokine PD effect generally appears to be approximately five days. This duration was an important factor underlying the selection of the weekly dosing interval selected for a follow on clinical trial in patients. NK cells are cytotoxic lymphocytes critical to the innate immune system, while T cells play a central role in cell-mediated immunity, so the activation of these cells bodes well for the hypothesis that cavitrolimod will produce anti-tumor immune responses. The NK cell activation peaked at about 48 hours and declined through to 96 hours. T cell activation, which was measured by the presence of CD69, was observed in all participants and generally peaked between 12 and 24 hours, with the activation tapering off through to 96 hours.

The kinetics of cytokine and chemokine expression, and cell activation observed during this study suggest a weekly dosing interval, thus fulfilling the final secondary objective of this study. Indeed, weekly cavitrolimod dosing was used for the first three cycles in a Phase 1b/2 study of cavitrolimod in advanced cancer patients (45). Similar cytokine and lymphocyte activation measurements were used for the Phase 1b study to help inform the selection of the recommended Phase 2 dose.

Cavitrolimod's PD activity compares favorably to other TLR9 agonists tested in healthy participant studies. PF-03512676, an unformulated TLR9 agonist, did not produce changes in IFN γ or IL-12 cytokine levels after SC administration at a dose of 20 $\mu\text{g/kg}$ (32), while cavitrolimod produced an increase in the plasma concentration of those cytokines at a similar dose of 18.8 $\mu\text{g/kg}$. IL-12 has been demonstrated to regulate both innate and adaptive immunities in cancer therapy (46), and IFN γ drives PD-L1 expression (47), which correlates to clinical responses to anti-PD-1 and anti-PD-L1 antibody therapy (37). Leflotolimod, another TLR9 agonist previously in a Phase 3 clinical trial, produced a 7-fold increase in cohort mean IP-10 concentrations in participant serum after a 60 mg dose (equivalent to 923 $\mu\text{g/kg}$ for a 65 kg participant) (48). In comparison, cavitrolimod produced a 32-fold increase in IP-10 over baseline at a dose of 18.8 $\mu\text{g/kg}$. Overall, this Phase 1 study confirmed that cavitrolimod has robust PD activity but did not trigger an immune cascade or CRS.

The PD effects observed in healthy participants in this Phase 1 study suggest that cavitrolimod may synergize effectively with CPI antibodies to initiate and sustain the cancer immunity cycle, which is a seven-step model of how the immune system initiates and propagates anti-tumor immunity (4). Cavitrolimod's activation of NK cells and T cells, along with induction of TNF, IL-12 and IP-10 cytokines, address at least four of the

seven steps in the cycle while CPIs are effective at addressing two other steps. In the context of the cancer immunity cycle and data collected from this Phase 1 study, cavrotolimod has promising PD characteristics for use in combination with CPIs in the first line setting or in patients with disease resistant to PD-1/PD-L1 blockade.

The safety and PD results of this study are compelling support for the use of TLR9-agonist cavrotolimod with CPIs in populations with advanced cancer. On the basis of these results, cavrotolimod was studied in a Phase 1b/2 clinical trial in combination with pembrolizumab or cemiplimab (34, 45) in advanced or metastatic skin cancers.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving human participants were reviewed and approved by Health Research Authority - London Bridge Research Ethics Committee Skipton House 80 London Road SE1 6LH. The patients/participants provided their written informed consent to participate in this study.

Author contributions

AB, UL, and WD designed and interpreted the Phase 1 clinical trial study. SM and WD supervised the study as Sponsor, prepared the figures and wrote the manuscript. All authors reviewed the manuscript. All authors contributed to the article and approved the submitted version.

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Conflict of interest

Authors SM and WD are employed by Exicure, Inc. and hold company issued stock and stock options. Author AB was employed by Bexon Clinical Consulting. This study received funding from Exicure, Inc. The funder supported the development of this manuscript and paid for medical writing support.

The remaining author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fimmu.2022.1073777/full#supplementary-material>

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mRNA vaccines for cancer immunotherapy

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Immunotherapy has emerged as a breakthrough strategy in cancer treatment. mRNA vaccines are an attractive and powerful immunotherapeutic platform against cancer because of their high potency, specificity, versatility, rapid and large-scale development capability, low-cost manufacturing potential, and safety. Recent technological advances in mRNA vaccine design and delivery have accelerated mRNA cancer vaccines' development and clinical application. In this review, we present various cancer vaccine platforms with a focus on nucleic acid vaccines. We discuss rational design and optimization strategies for mRNA cancer vaccine development. We highlight the platforms available for delivery of the mRNA vaccines with a focus on lipid nanoparticles (LNPs) based delivery systems. Finally, we discuss the limitations of mRNA cancer vaccines and future challenges.

KEYWORDS

mRNA, cancer vaccine, immunotherapy, lipid nanoparticles, nucleic acid, optimization, tumor antigen

1 Introduction

With almost 10 million deaths per year, cancer remains one of the leading causes of death worldwide (1). Finding effective means to fight cancer has been one of the main goals of researchers worldwide for decades and still presents us with enormous challenges. In recent years, immunotherapy has been emerging as a major cancer

Abbreviations: TAs, tumor antigens; MHC, major histocompatibility complex; DCs, dendritic cells; APC, antigen-presenting cell; ROS, reactive oxygen species; LNPs, lipid nanoparticles; UTR, untranslated region; ORF, open reading frame; IVT mRNA, *in vitro* transcribed mRNA; TNFRSF4, tumor necrosis factor receptor superfamily member 4; NGS, next-generation sequencing; PEG, polyethylene glycol; TLR, toll-like receptors; HLA, human leukocyte antigen.

treatment strategy (2–4). Immunotherapy is a therapeutic approach that dynamically modulates the immune system to recognize and destroy cancer cells. Various immunotherapy approaches are being developed to improve clinical outcomes in cancer patients. The development of cancer vaccines is a promising immunotherapy strategy to induce tumor antigens (TAs) specific and long-lasting immune responses. The artificial triggering of an immune response against TAs forms the basis for vaccines against cancers (1, 5).

Cancer vaccines target TAs to elicit both cellular and humoral immune responses which suppress tumor growth and eradicate the tumor (6). TAs can be classified into tumor-associated antigens and tumor-specific antigens. Tumor-associated antigens are nonmutated proteins that are overexpressed or aberrantly expressed in cancer cells (7). Tumor-associated antigens can be differentiation antigens, products of silent genes, universal tumor antigens, and oncoviral antigens. Clinical trials of cancer vaccines targeting tumor-associated antigens have had limited success (8). In some cases, tumor-associated antigens are expressed in normal cells, increasing the risk of vaccine-induced autoimmune toxicity. Tumor-specific antigens are specifically displayed by the tumor cells and are generally not displayed by the normal cells (9). Neoantigens are unique, tumor-specific antigens, resulting from the genetic instability of cancer cells (10). Neoantigens have a higher affinity for major histocompatibility complex (MHC) and potent immunogenicity. They are specifically expressed by tumor cells and elicit a tumor-specific T-cell response with limited “off-target” toxicity. Hence, neoantigens have become the main target for cancer vaccines in recent years (11).

Cancer vaccination strategies are of two types: preventive or prophylactic strategy and therapeutic strategy (12, 13). The preventive strategy aims to induce immune memory by administering vaccines to healthy individuals to prevent morbidity due to virus-associated cancers. There are currently only two prophylactic vaccines that are approved by the FDA to prevent malignancies caused by hepatitis B virus and human papillomavirus (11, 14, 15). However, not all cancers can be avoided by prophylactic vaccinations, as not all cancers are caused by viruses. To date, no preventive vaccine against non-viral cancers has been approved for use in humans. The therapeutic strategy aims to treat the disease by boosting or reactivating the patient’s own immune system. Two therapeutic vaccines are currently approved in cancer immunotherapy, namely the *Bacillus Calmette-Guérin* (BCG) vaccine for bladder cancer and a dendritic cell-based vaccine (Sipuleucel-T) for castration-resistant prostate cancer (11). In addition to the approved cancer vaccines, several other cancer vaccines are either in development or in the preclinical and clinical

research phase (16). A complete list of cancer vaccines in clinical trials is available at clinicaltrials.gov.

Despite considerable research into cancer vaccine development, the clinical use of cancer vaccines has been hampered due to the diversity of tumor antigens, systemic toxicity, and low immunogenicity of tumor antigens. In recent years, in-depth studies of immunological mechanisms and the development of various new vaccine platforms have greatly advanced vaccine research. The rapid development and success of RNA-based vaccines against SARS-CoV-2 in response to the COVID-19 pandemic have brought cancer vaccines back into focus.

In this review, we discuss cancer vaccine approaches with a focus on nucleic acid vaccines, compare DNA and mRNA cancer vaccines, and finally discuss on the approaches for designing and optimizing mRNA-based cancer vaccines, delivery formats for mRNA vaccines, and future prospects.

2 Cancer vaccine platform types

In general, cancer vaccine platforms are classified into cell-based vaccines, peptide-based vaccines, viral-based vaccines, and nucleic acid-based vaccines (Figure 1).

2.1 Cell-based cancer vaccines

The tumor cell vaccine approach is a simple and straightforward method in which allogenic or autologous patient-derived tumor cells are used to produce cellular vaccines (17, 18). To enhance the immune response against whole tumor cells, tumor cell lines can be genetically modified by introducing cytokines, chemokines, and co-stimulatory molecule-encoding genes or by silencing immunosuppressive genes. The limitation of this method is that it is sometimes difficult to obtain a sufficient number of cells to induce effective immune response (19).

Dendritic cells (DCs) are highly specialized antigen presenting cells (APCs) that activate naive T cells and are used in the development of cell-based cancer vaccines (20). In DC based vaccine development approach, DCs are loaded with a variety of tumor antigens in the form of DNA, RNA, tumor lysates, tumor-derived proteins, or peptides. Based on the DCs subpopulation, various types of DC vaccines have been developed in recent years. The main types of DCs used in DC vaccines include monocyte-derived DCs (Mo-DCs) and leukemia-derived DCs (DCleu) (20). Since it is possible to culture DCs in adequate numbers, DC cancer vaccines have been tested in phase I, II and III clinical trials (21).

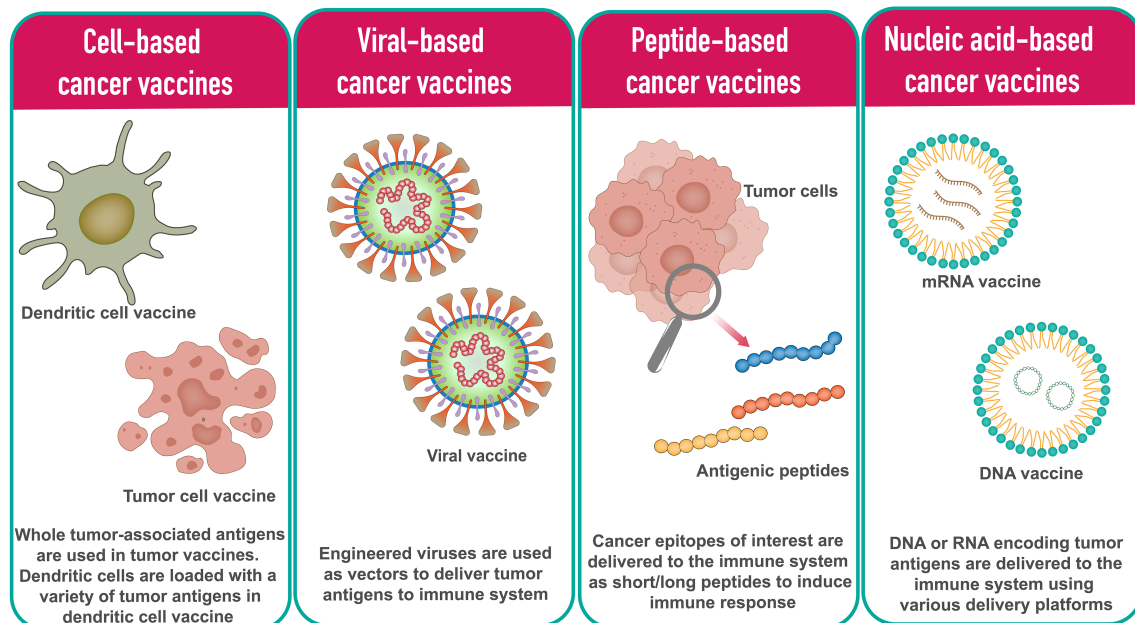


FIGURE 1
Different types of cancer vaccine platforms.

2.2 Peptide-based cancer vaccines

Peptide-based cancer vaccines consist of highly immunogenic tumor-specific peptide antigens to elicit the desired immune response. Using synthetic peptides, peptide vaccination approaches are being used to develop personalized cancer vaccines. Upon administration, peptides antigenic peptides are taken up by APCs and presented in complex with the HLA molecules on the cell surface. T cells recognize the surface antigens, leading to cancer-specific immune responses. The peptide-based vaccine approach has several advantages over other types of vaccines, particularly in terms of safety and ease of manufacturing (22). HBV and HPV vaccines for liver and cervical cancers are two examples of peptide-based vaccines (23).

mechanisms working together in the induction of strong and durable immune responses (26). The downside is that the antiviral immune response can neutralize the vector, limiting further repeat immunizations.

Oncolytic virus vaccines represent a novel and exciting approach. Oncolytic viruses identify, infect, and kill tumor cells and promote anti-tumor responses. After infection with the oncolytic virus, tumor cells produce reactive oxygen species (ROS) and cytokines that stimulate immune cells, followed by oncolysis (27–29). T-VEC, a first-generation recombinant herpes simplex virus product, is one such oncolytic virus vaccine (30). Besides herpes simplex virus, adenovirus is another commonly used oncolytic virus due to its ease of handling and a broad spectrum of host cell tropism (11).

2.3 Viral-based cancer vaccines

Many viruses are inherently immunogenic, and their genetic content can be manipulated to include sequences encoding TAs. Several viruses have been used as platforms for cancer vaccines. The most common viral vaccine vectors are from adenoviruses, poxviruses, and alphaviruses (24, 25). Most viral vectors are either replication-defective or attenuated versions. A major advantage of virus-based vaccines is that the immune system responds efficiently to viruses, with both innate and adaptive

2.4 Nucleic acid-based cancer vaccines

Nucleic acid vaccines are vaccines that contain antigens encoded by either DNA or RNA. The nucleic acid vaccine is a promising and attractive vaccine platform because it allows multiple antigens to be easily administered with one immunization and its ability to induce strong MHC I mediated CD8+ T cell responses (31). Compared to traditional vaccines, nucleic acid vaccines have demonstrated advantages such as safety, specificity for inducing the immune response for the antigen of interest, induction of both

humoral and cellular immune responses, relatively low production cost, and ease of manufacturing (32).

DNA cancer vaccines consist of engineered DNAs that code for one or more TAs. DNA vaccines cross the cell membrane of APCs to the cytoplasm and move to the nucleus to start transcription. The resulting mRNAs translocate to the cytoplasm where they are translated into specific TAs by the host machinery. The resulting antigens are then presented to APC to stimulate an immune response (33). Poor immunogenicity of DNA vaccines compared to other vaccine platforms and long-term expression have drawn attention to RNA vaccines (34). Several DNA cancer vaccines have undergone preclinical and clinical trials over the past decade. The DNA vaccine has been extensively studied in cervical cancer. VGX-3100, a DNA vaccine against HPV-16/HPV-18 E6 and E7 oncogenes, has shown promising results in patients with premalignant high-grade cervical intraepithelial neoplasia (35). This vaccine is currently being evaluated in two Phase III clinical trials for safety and efficacy. GX-188E is another cervical cancer DNA vaccine that fuses multiple epitopes (36). GX-188E has the ability to target and activate dendritic cells. Promising results were obtained in a phase II study of GX-188E in cervical cancer (36). Recently, a preclinical study using a synthetic DNA multi-neoantigen vaccine demonstrated a therapeutic antitumor response by inducing a predominant CD8⁺ T cell response in mouse tumor models (37). In addition, DNA cancer vaccines have demonstrated safety and tolerability in early clinical trials for the treatment of multiple prostate and breast cancers (38, 39).

Like DNA vaccines, mRNA vaccines deliver genetic information encoding TAs in the form of mRNAs. mRNA vaccines do not need to reach the nucleus as they are translated in the cytoplasm (40). The overall immunogenicity of mRNA vaccines is slightly better than that achieved with DNA vaccines. Transient expression of mRNA-encoded antigen allows for more controlled antigen exposure and reduces long-term antigen exposure risk. The disadvantage of the RNA vaccine is that RNA is more easily degraded than DNA (41). However, there are various modifications that can increase stability. Due to challenges related to stability, cost of personalized manufacturing of patient-specific vaccines, and delivery, advances in clinical development of mRNA vaccines have been slow. The COVID-19 pandemic led to the successful development and deployment of multiple mRNA vaccines, confirming the mRNA platform's remarkable versatility, safety, and promising immunogenicity on a global scale (42).

Several mRNA cancer vaccines are in different phases of development. Immunostimulant mRNA vaccine TriMix, encoding CD70, CD40L, and a constitutively active form of TLR4 produced vigorous CD8⁺ T cell responses in patients with stage III or IV melanoma, showing favorable tumor response rates in phase II clinical trial (43). Another immunostimulant mRNA vaccine, mRNA-252, which encodes human OX40L, IL-23, and IL-36, was developed by Moderna for the treatment of lymphoma and is currently in a clinical trial (NCT03739931). BNT111 mRNA

vaccine that encodes four TAAs (NY-ESO-1, MAGE-A3, tyrosinase, and TPTE) has been effective in the treatment of melanoma patients (44). BioNTech and Moderna's personalized mRNA vaccines have shown promising anti-tumor effects in clinical trials. Currently, there are two personalized mRNA cancer vaccines, Moderna vaccine mRNA-4157 (encodes up to 34 neoantigens) and BioNTech vaccine BNT122 (encodes up to 20 neoantigens), in phase II clinical trials (45). A phase II clinical trial with BNT122 for the treatment of colorectal cancer is currently underway (NCT04486378).

For this review, we focus only on mRNA-based vaccines.

3 Rational design and optimization of mRNA cancer vaccines

The typical mRNA consists of a cap flanked by 5'-untranslated regions (UTR), 3'-UTRs, an open reading frame (ORF) encoding cancer antigens in mRNA cancer vaccines, and a poly(A) tail (Figure 2). These components of mRNA can be modified to increase stability, translational efficiency, and immunostimulatory properties. The design and optimization approaches include design and optimization of the coding region, design, and optimization of the noncoding region, and design and optimization of delivery formats.

3.1 Design and optimization of the coding sequence

It is known that codon composition affects translation efficiency. Substituting the rare codons with regular synonymous codons that contain many similar tRNAs in the cytosol accelerates translation and increases yield (46).

However, rare codon optimization for nucleic acid therapies may have potentially serious consequences that should be evaluated (47). Another form of sequence optimization is the enrichment of the GC content. GC enriched sequences are translated at rates 100-fold higher than low GC sequences (48). mRNA can be optimized by incorporating chemically modified nucleosides, which are known to decrease immunogenicity and significantly improve translational efficiency. Nucleotide modifications such as 5-methylcytidine (m5C), 1-methylpseudouridine and pseudouridine (ψ) are generally preferred modifications (49, 50).

3.2 Design and optimization of the noncoding region

The 5' and 3' UTR elements adjacent to the coding sequence are critical considerations in optimal vaccine design as they have

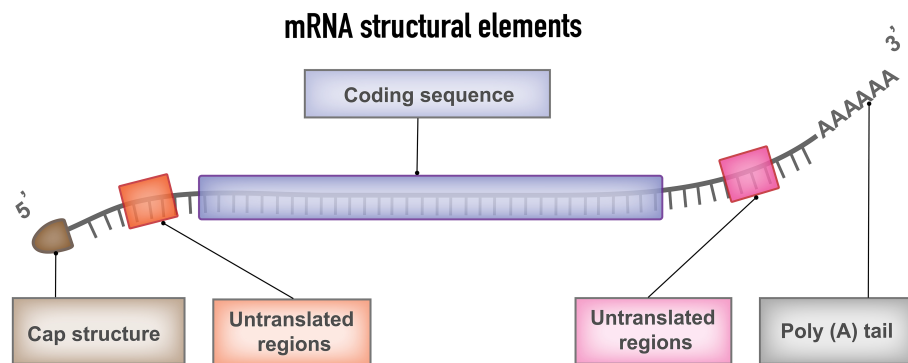


FIGURE 2

mRNA structural elements. Structural elements of mRNA vaccine include coding sequence, flanked by 5' and 3' untranslated regions (UTRs), 5' cap structure and 3' poly (A) tail.

a significant impact on mRNA stability, ribosome recognition, and translation (51). Optimizing 5'- and 3'-UTR elements greatly increases the efficiency and half-life of mRNA. The 5'-UTR sequence can be optimized by avoiding the presence of start codons in the 5'-UTR that disrupt ORF translation, by avoiding the presence of highly stable secondary structures that affect ribosome recruitment and codon recognition, by using shorter 5'-UTRs that are ideal for mRNA translation (52, 53). By introducing the 3'-UTRs of α - and β -globin mRNAs, translation and stability of mRNA may be enhanced (54).

The 5'-cap structure is essential for effective mRNA protein synthesis. The 5-cap regulates pre-mRNA splicing and nuclear export acts as a protective structure protecting RNA from exonuclease cleavage and initiates mRNA translation. 5' capping can be achieved by using a vaccinia virus capping enzyme or by incorporation of synthetic cap or anti-reverse cap analogs during or after the transcription process (52, 55).

The poly(A) tail stabilizes the mRNA and promotes protein translation. The appropriate length of the poly(A) tail is crucial for the regulation of mRNA translation and stability (56). The length of the poly(A) tail is directly proportional to the translational efficacy. The poly(A) tail improves the stability of mRNA by slowing down the degradation of RNA by RNA exonucleases (45). There are two ways to add a poly(A) tail to *in vitro* transcribed (IVT) mRNA *i.e.* (i) extending the IVT mRNA after transcription by using recombinant poly(A) polymerase (ii) including poly(A) tail encoding DNA template from which IVT mRNA is transcribed. mRNA transcribed from a DNA template yields transcripts with a defined poly(A) tail length, whereas the enzymatic polyadenylation process yields mRNA transcripts with variable length poly(A) tails. In addition, deadenylation by poly(A)-specific nucleases can be inhibited by the incorporation of modified nucleotides into the poly(A) tail (52).

3.3 Delivery format optimization

After generating the IVT mRNA transcript, the next step is to administer the RNA vaccine, which should eventually reach the cytoplasm of the target cells. Because of the negatively charged structure of naked RNA and the large molecular size, mRNA is prone to degradation by nucleases and cannot cross the cell membrane. To overcome this obstacle, several mRNA vaccine delivery strategies have been employed, which can be broadly classified into two basic approaches *i.e.* (i) *ex vivo* loading of mRNA into DCs, (ii) direct injection of mRNA with or without a carrier.

3.3.1 *Ex vivo* loading of mRNA into DCs

DCs are the most potent antigen-presenting cells in the immune system. When DCs are used as a vaccination platform, DCs are transfected with mRNA encoding a tumor antigen of interest and then delivered to the host to elicit an immune response against the antigen (57–59). DCs can be transfected with either TAAs mRNA or total tumor RNA (60, 61); both methods have their advantages and disadvantages. DCs can internalize naked mRNA through a variety of endocytic pathways, but *ex vivo* transfection is commonly enhanced by applying electroporation to achieve high transfection efficiency without the need for a carrier molecule (57). Once DCs are loaded with mRNA *ex vivo*, they are reinfused into the recipient of the autologous vaccine to elicit the immune response. Loading of DCs with additional mRNAs, such as mRNAs encoding costimulatory molecules CD83, tumor necrosis factor receptor superfamily member 4 (TNFRSF4), and 4-1BB ligand (4-1BBL), has been shown to result in a substantial increase in the immunostimulatory activities of DCs (59). Most *ex vivo* loaded DC vaccines elicit a predominantly cell-mediated immune response. *Ex vivo* DC loading allows precise control of

transfection efficiency and cellular target. The main disadvantage of this approach is that it is an expensive and labor-intensive vaccination approach (49). An example of this approach is a phase I trial evaluating autologous Langerhans-type dendritic cells with xenogeneic TRP-2 mRNA (62).

3.3.2 Direct injection of mRNA with or without a carrier

Direct injection of mRNA is a comparatively faster and less expensive approach. Recent advances in the direct injection approach have made a lot of progress in precise and efficient cell-type specific delivery of mRNA vaccines.

Naked mRNA has been used successfully for *in vivo* immunizations. Naked mRNA vaccines are formulated in buffer only and without a carrier. In this approach, native mRNA vaccines are injected directly. After administration, naked mRNAs can induce antigen-specific antibodies and T-cell immune responses (61). The limitation of the naked mRNA

vaccine platform is the short extracellular half-life of naked mRNA due to rapid degradation caused by ubiquitous RNAases (63). Viral vector-based technologies have been used to deliver nucleic acid vaccines into cells, but their application is limited by pre-existing or vaccine-induced anti-vector immunity, which can reduce vaccine efficacy (64). To overcome some of these limitations, physical methods such as the gene gun method, electroporation, virus-like particles produced in yeast, synthetic delivery vehicles such as liposomes and lipoplexes, and cationic polymers have been developed for IVT mRNA to protect it from RNAase degradation, enhance cellular uptake and improve vaccine delivery (65–69).

Among the various delivery vehicles, LNPs have emerged as one of the advanced and widely used mRNA delivery platforms due to the success of the mRNA-LNP vaccines against SARS-CoV-2 (Figure 3) (70). Lipid nanoparticles are nanosized lipid formulations designed to protect mRNA payloads from degradation and allow for their efficient delivery to target cells.

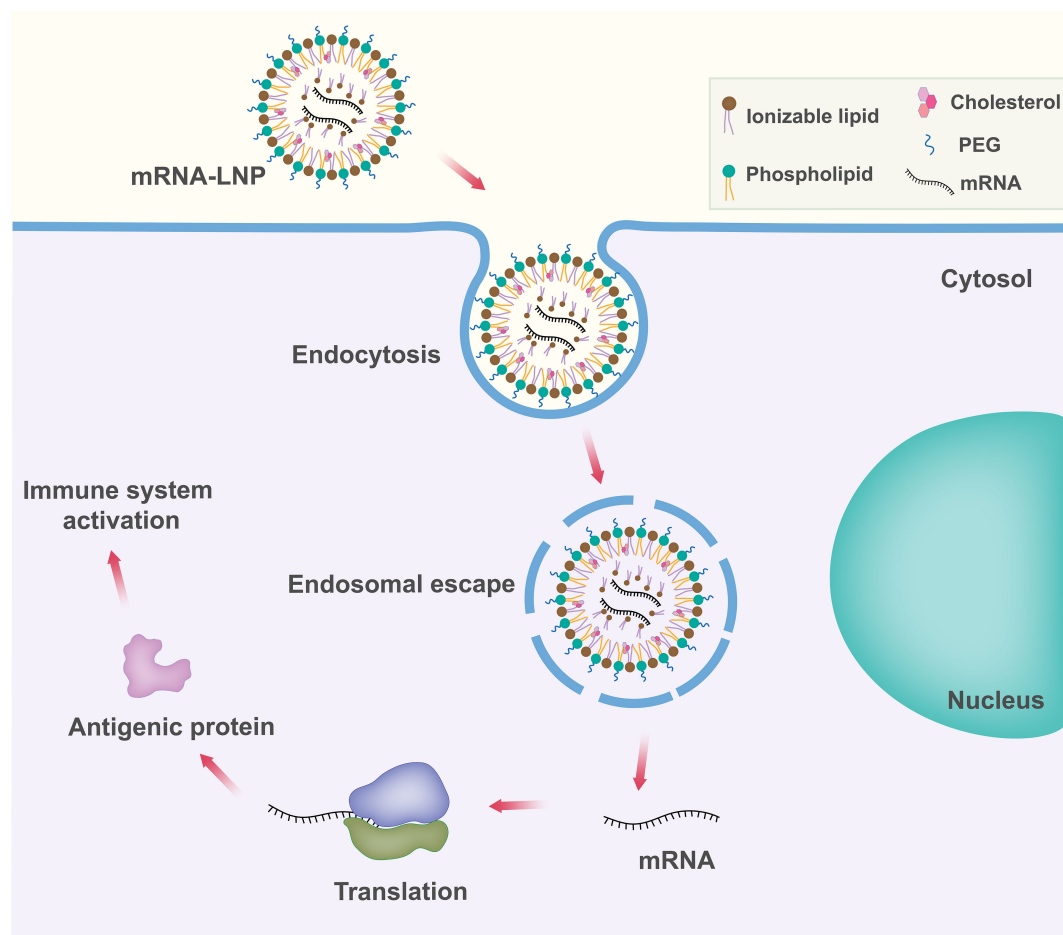


FIGURE 3
Schematic representation of lipid nanoparticle (LNP) based mRNA delivery. Components of the LNP are shown in the upper right box.

These lipid-based nanocarriers can efficiently deliver mRNA intracellularly by fusing with the lipid bilayer of early endosomes, thereby transporting the mRNA into the cytosol. LNPs are typically ~100 nm size carriers and consist of four components: ionizable lipids to form complexation with mRNA and allow the endosomal release of mRNA to the cytoplasm; lipid-linked polyethylene glycol (PEG) to increase the half-life of formulations; cholesterol to stabilize the structure of LNP; and phospholipids to support the lipid bilayer structure (71, 72).

Ionizable lipid. Ionizable lipid is the most important component of LNP as it determines LNP potency. Ionizable lipid generally differentiates different mRNA-LNPs. Ionizable lipids consist of a hydrophilic head group, hydrocarbon chains to enhance self-assembly, and linkers to connect the head groups to the hydrocarbon chains. Ionizable lipids are essential for mRNA complexation. Ionizable lipids are unionized within the LNPs, and they complex with mRNA to form electrostatically stable lipoplex. Ionizable lipids remain neutral in the systemic circulation pH (pH~7.4), but become protonated at early endosomal pH (pH~6.5) and facilitate endosomal membrane fusion followed by cytosolic release (73–75). Ionizable lipids lack a substantial positive charge at physiological pH, resulting in improved pharmacokinetics (76). This property increases the half-life in the bloodstream, allowing for better accumulation in target tissues such as solid tumors. Some ionizable lipids are known to induce inflammation and cell toxicity by activating toll-like receptors (TLR) pathways (77).

Polyethylene glycol (PEG)-lipid. Polyethylene glycol lipids generally comprise <2.5% of the total formulation in LNP. PEG-lipid structure consists of a hydrophilic PEG-polymer, which is conjugated with a hydrophobic lipid anchor. They are found at the surface of LNPs with the lipid domain hidden down in the particle and the PEG domain protruding from the surface. PEG lipids play an important role in balancing circulation time and cellular uptake (71). They are also important for the proper determination of particle size during manufacture (78). PEG-lipid helps to inhibit particle aggregation and in turn improves storage stability (79). Balancing the PEG lipids is important because they are known to prevent the transport of RNA into cells at high concentrations. The development of anti-PEG antibodies has raised concerns about possible allergic reactions to LNPs (80).

Phospholipids and cholesterol. Phospholipids and cholesterol contribute to the structural integrity and phase transition behavior of the LNPs. Cholesterol and phospholipid components of LNPs are unlikely to elicit significant innate immune recognition and inflammatory responses as they are naturally present in mammalian cell membranes (81).

The main advantage of mRNA-LNP vaccines is the modularity and versatility of the platform. LNPs components and their ratios, targeting moieties, and overall lipid-to-mRNA ratios can be tailored and optimized for different targets and applications. LNPs have lower immunogenicity, can deliver larger cargoes, and offer opportunities for rapid and large-scale manufacture. However,

more studies should be done on the risks of mRNA-LNP technology. As with most drugs, side effects with mRNA-LNP vaccines often increase with dose. For example, for the mRNA-1273 vaccine, 100 µg of the dose showed good efficacy and minimal side effects, and 250 µg of the vaccine caused severe side effects, while the BNT162b2 vaccine at 30 µg showed better efficacy and minimal side effects (82, 83). Anaphylactic reactions and inflammatory reactions have been observed with some COVID-19 mRNA-LNP vaccines, even at the recommended doses (84–86). In addition, there is a residual risk of toxic side effects associated with the complexing agents and delivery compounds. Long-term immunological changes affecting adaptive immune responses have been reported (87). These data necessitate future studies to optimize the delivery system of mRNA vaccines.

Apart from the platform, the route of administration is also important to the effectiveness of the mRNA vaccines. Intramuscular and intradermal injections are the most commonly used routes of injection because these routes of injection provide the highest level of immunity and the longest duration of effect (71). Intravenous administration involves liver first-pass metabolism and is less convenient, so it is less preferred (71). The systemic route is only preferred in select cases.

4 Concluding remarks

mRNA cancer vaccines are a powerful and versatile form of immunotherapy. mRNA cancer vaccines are able to encode and express TAA, TSA, and their associated cytokines, and these vaccines can induce both humoral and cellular immunity. Appropriate selection of antigens is the basis for the development of mRNA cancer vaccines. mRNA cancer vaccines have several advantages, such as rapid and large-scale production, flexibility, versatility, relatively low production costs, no oncogenic potential, well-tolerated, and the ability to elicit a robust protective immune response. Importantly, mRNA vaccines do not carry the risk of integrating into the host genome, making them a promising therapeutic modality. The viability of mRNA vaccines to fight cancer has been demonstrated by numerous preclinical and clinical studies. Various mRNA cancer vaccines are currently being developed for a variety of cancer treatments. These studies have been extensively reviewed (45, 51, 88, 89).

Personalized mRNA vaccines open a new direction for precision cancer therapy. Personalized mRNA cancer vaccines coding for specific cancer antigens can be produced by utilizing next-generation sequencing (NGS) technology. Various computational approaches can be used to predict neoantigens and their presentation by human leukocyte antigen (HLA). Previously, we demonstrated such an application of computational approaches in epitope prediction and rational vaccine design (42, 90–94). With the increasing number of studies and clinical trials of personalized cancer vaccines, the possibility of developing mRNA vaccines against different types of

cancer is mounting. Despite the promise of mRNA cancer therapy, much more research is needed to develop stable mRNA and safe advanced delivery systems. Further development of personalized vaccines and clinical trials for different tumors are required.

mRNA-based vaccines have gained more and more popularity for the development of novel immunotherapies. However, the instability and *in vivo* delivery of mRNA cancer vaccine have impaired its clinical application. Although progress has been made over the past decades to overcome these limitations, challenges still exist on the development of mRNA cancer vaccines. Another major challenge is the targeted delivery of mRNA to specific tissues and cell types. In addition, future studies could focus on combining mRNA cancer vaccines with other immunotherapies to improve clinical outcomes and cancer treatment.

In summary, given the technological revolution in the field of mRNA vaccines, we can soon expect a leap in cancer immunotherapy and successful clinical translation of mRNA cancer vaccines.

Author contributions

All authors listed have made a substantial, direct, and intellectual contribution to the work and approved it for publication.

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A single vaccination of nucleoside-modified Rabies mRNA vaccine induces prolonged highly protective immune responses in mice

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Background: Rabies is a lethal zoonotic disease that kills approximately 60,000 people each year. Although inactivated rabies vaccines are available, multiple-dose regimens are recommended for pre-exposure prophylaxis or post-exposure prophylaxis, which cuts down the cost- and time-effectiveness, especially in low- and middle income countries.

Methods: We developed a nucleoside-modified Rabies mRNA-lipid nanoparticle vaccine (RABV-G mRNA-LNP) encoding codon-optimized viral glycoprotein and assessed the immunogenicity and protective efficacy of this vaccine in mice comparing to a commercially available inactivated vaccine.

Results: We first showed that, when evaluated in mice, a single vaccination of RABV-G mRNA with a moderate or high dose induces more potent humoral and T-cell immune responses than that elicited by three inoculations of the inactivated vaccine. Importantly, mice receiving a single immunization of RABV-G mRNA, even at low doses, showed full protection against the lethal rabies challenge. We further demonstrated that the humoral immune response induced by single RABV-G mRNA vaccination in mice could last for at least 25 weeks, while a two-dose strategy could extend the duration of the highly protective response to one year or even longer. In contrast, the three-dose regimen of inactivated vaccine failed to do so.

Conclusion: Our study confirmed that it is worth developing a single-dose nucleoside-modified Rabies mRNA-LNP vaccine, which could confer much prolonged and more effective protection.

KEYWORDS

rabies, mRNA vaccine, rabies virus glycoprotein, virus-neutralizing antibodies, challenge model

Introduction

Rabies is a fatal zoonotic disease that claims about 60,000 lives annually (1). It is a neurological illness caused by the Rabies virus (RABV), a single-stranded non-segmented negative-sense virus belonging to the genus *Lyssavirus*, in the family *Rhabdoviridae* (2). The genome of RABV encodes only five proteins, including nucleoprotein (N), phosphoprotein (P), matrix protein (M), glycoprotein (G), and large polymerase protein (L) (2). The glycoprotein, located on the surface of rabies virions, is the major inducer of virus-neutralizing antibodies (VNA) against RABV infection (3, 4). Dog biting accounts for 95% of human infections, with the virus spreading through bites or scratches, usually in the saliva (5). After its replication in the muscle tissue, the virus could infect the peripheral nerves; when the invasion of the brain occurs, the mortality rate is 100% as soon as the clinical symptoms appear (6).

Nowadays, inactivated rabies vaccines are the most widely used. However, they required repeated injections or adjuvants to induce sufficient neutralizing antibody titers against infection. For pre-exposure prophylaxis (PrEP), a 2-dose PrEP schedule on day 0 and day 7 was needed to elicit virus-neutralizing antibody titers greater than 0.5 international units (IU) (7–10); for post-exposure prophylaxis (PEP), 4 to 5 shots are required (11). Given the high financial costs associated with repeated vaccinations and limited access to medical resources in developing countries, particularly in Asia and Africa, developing novel rabies vaccines effective with single-dose would be a desirable step for curing rabies. Recently, messenger RNA (mRNA)-based vaccines have shown great promise as a non-traditional vaccine platform against many infectious diseases. The realization of such a promise depends on the advancement of various methods that enhance the potency of mRNA vaccines, including modified nucleoside incorporation (12, 13) and coding sequence optimization (14). Non-replicating mRNA-based rabies vaccines with exclusively unmodified nucleosides have been developed (15, 16), mainly by CureVac AG (Tübingen, Germany). The mRNA vaccine platform of CureVac AG, the RNActive platform, has been founded on using a complex sequence optimization algorithm to alter the GC content of the mRNA coding sequence, intending to increase the protein translation efficacy (14). A major improvement of the mRNA vaccine is the employment of modified nucleosides as blocks for mRNA synthesis, which confer important beneficial effects, particularly the increased antigen expression due to the enhanced mRNA stability and the prevention of unnecessary activation of innate immunity (17, 18). The effectiveness of nucleoside-modified mRNA vaccines against virus-causing diseases has been demonstrated in numerous preclinical investigations (19–24), culminated in its use as a major vaccine type licensed for human vaccination against SARS-CoV-2 (25, 26). Despite ongoing studies on Rabies mRNA vaccines, like CV7201 or CV7202 from the CureVac AG, which required a single high-dose or two doses to achieve protective virus-neutralizing titers (VNTs) in preclinical studies (16, 27) and phase 1 clinical trial (28), no Rabies mRNA vaccine has been licensed for human use. In addition, there is a lack of investigation of the efficacy in the induction of virus-neutralizing antibodies and antiviral protectivity of nucleoside-modified Rabies mRNA vaccine, and its dose dependency, in animal models.

This study mainly evaluated the immunogenicity of a single vaccination with nucleoside-modified RABV-G mRNA vaccine versus a commercially available inactivated vaccine in BALB/c mice. We demonstrated that the mRNA vaccine could induce higher VNA production in a dose-dependent manner to protect vaccinated mice against lethal rabies challenges and has a better T-cell response in the spleen than the commercially available inactivated vaccine. Moreover, we investigated the duration of the humoral immune response following a single vaccination and two immunization doses in mice.

Methods

Cells, viruses, vaccines, and animals

HEK293 cells (ATCC) were cultured in complete Dulbecco's modified Eagle's medium supplemented with 10% fetal bovine serum (BI, Utah, USA) and 2% penicillin and streptomycin (BI, Utah, USA), and maintained at 37°C in 5% CO₂ incubator. Purified Vero cell culture vaccine (a rabies vaccine made from aGV strain for human use, freeze-dried, labeled potency is 1 dose ≥ 2.5 IU) was kindly donated by Rongan Biological Co., Ltd (Ningbo, China) and was used as a positive control for the vaccine efficacy comparison. Wuxi Xin Lianxin Biotech co. LTD (Wuxi, China) kindly donated the CVS-11 rabies challenge virus, which was cultivated in BHK-21 cells and titrated in BALB/c mice. The CVS-11 strain has been approved as a challenge virus in RABV-neutralizing antibody tests (29). Female BALB/c mice (6–8 week-old, Specific pathogen-free) purchased from Suzhou Huachang Biological Co., Ltd were housed in the Shanghai Public Health Clinical Center (SPHCC) animal facility.

mRNA and LNP preparation

The mRNA vaccine described here was based on our conventional optimized non-amplifying mRNA platform (CN202211129466.2 and CN 202211129212.0).

T7 RNA polymerase synthesized mRNA using the linearized plasmid (synthesized by GENEWIZ) encoding a codon-optimized Pitman-Moore (PM) strain glycoprotein (accession number AJ871962) as a template. The 3' untranslated region (UTR) of the synthetic plasmid has 250 poly-A inserted at the end of it, eliminating the requirement for poly(A) tailing with poly(A) polymerase during *in vitro* transcription. 1-methylpseudouridine-5'-triphosphate (Nanjing Synthgene Medical Technology Co., Ltd.) instead of UTP was used to generate mRNA incorporating a modified nucleoside. Then, the *in vitro* transcribed mRNAs were capped using the Vaccinia Capping System and an mRNA Cap 2'-O-methyltransferase (Novo protein Shanghai, China). The mRNA was precipitated overnight with 2.5 moles or more of LiCl at –20°C for 30 min, and then centrifuged at maximum speed; the mRNA pellets were washed with 70% ethanol and finally suspended with RNase-free water. The nucleoside-modified mRNAs were identified by agarose gel and stored frozen at –20°C until use.

Using the self-assembly method mentioned earlier (24), a mixture of nucleoside-modified RABV-G mRNA and LNP was made. An aqueous solution containing mRNA at acidic pH4.0 was rapidly

mixed with a lipid mixture in ethanol. LNPs contained the ionizable lipid (Dlin-MC3-DMA) AVT (Shanghai Pharmaceutical Tech Co., Ltd., di-stearoyl phosphatidylcholine (DSPC), cholesterol, and PEG-lipid (PEG2000-DMG) at a ratio of 50:10:38:2 mol/mol. The mRNA and lipid mixture percentage were 3:1. After being dialyzed in PBS, the LNP-encapsulated mRNA was filtered by a 0.22µm microfilter, then stored at 4°C. The encapsulation efficiency was analyzed using a Quanti-T RiboGreen RNA Assay Kit (Thermo Fisher Scientific). The particle size was detected by dynamic light scattering (DLS), and the zeta potential of mRNA RABV-G LNPs was measured through a Zetasizer instrument.

mRNA transfection and protein expression

According to the manufacturer's instructions, the RABV-G mRNA was transfected into HEK293T cells with Lipofectamine 3000 Reagent (Life Technologies). Briefly, 1 µg mRNA in 25 µL Opti-MEM (GIBCO, Gaithersburg, MD, USA) was mixed with 2 µL Lipofectamine 3000 in 25 µL Opti-MEM for 5 min, and then the Lipofectamine 3000-mRNA complex mixture was immediately added to the 24-well plates. Cells were harvested after transfection for 24 h and were lysed in RIPA lysis buffer (Life Technologies) for 30 min on ice. The expression of RABV-G protein was detected by Western blot. Samples were mixed with 4×SDS buffer (Takara), and boiled for 5 minutes, then transferred to PVDF membrane following separation on a 10% polyacrylamide gel. The membrane was blocked with 5% non-fat milk dissolved in PBS containing 0.01% Tween at room temperature for two hours. The RABV-G (glycoprotein) protein was detected using primary antibody Rab-50 (Santa Cruz) for 1 h, followed by secondary peroxidase-conjugated goat anti-mouse IgG (H+L) (Yeasten) for 1 h. The protein signals were detected by the SuperSignal West Pico Plus chemiluminescent substrate (Thermo Fisher Scientific).

Mouse immunization experiments

In this study, there were three distinct immunization protocols.

In the first immunization protocol, female BALB/c mice were divided into five groups ($n = 5$), and vaccinations were performed *via* intramuscular (I.M.) route by injecting into the thigh muscles of the two hind limbs, 0.3 µg, 1 µg, 3 µg, or 10 µg RABV-G mRNA-LNP in 100 µL volume, with empty LNP as the negative control. For a prime-boost regimen schedule, the animals were vaccinated twice with the same vaccine at a 3-week interval.

In the second immunization protocol, mice ($n = 5$) were I.M. immunized with 10 µg of RABV-G mRNA-LNP, and I.M. boosted with 10 µg or 1 µg. Then the antibody titers were monitored until 53 weeks.

In the third immunization protocol, a total of 26 mice were I.M. immunized once with 0.3 µg, 1 µg, or 3 µg of RABV-G mRNA, or the negative control (empty-LNP). Furthermore, a licensed inactivated vaccine (the positive control) ($n = 26$) was injected intramuscularly three times on days 0, 7, and 21 with 100 µL (0.1 human dose). Then spleens of each group of four mice were collected to detect RABV-G-specific T-cell responses at 10 or 30 days. For the rabies virus

challenge, 13 mice of each group were challenged with 20-fold MLD₅₀ (50 µL per mouse) of rabies virus CVS-11 (challenge virus standard-11) *via* the I.M. route. Then the body weight was monitored daily to evaluate the survival rate. Mice were euthanized at seven days post-infection (dpi). The brain tissues of infected mice were collected for viral RNA loads, pathological examination, and detection of viral RNA expression in the brain (three mice per group). To assess the endurance of the humoral immune response, the remaining five mice in each vaccinated group were monitored for at least 25 weeks.

ELISA

RABV-G-specific antibodies were detected by ELISA. The specific ELISA plates were coated with 100 ng/well of RABV-G protein (AtaGenix) overnight at 4°C and blocked with 5% skim milk in PBST at room temperature for two hours. After two washes in PBST, coated plates were sequentially incubated with 2-fold serially diluted mouse sera for 3 hours at room temperature, followed by HRP-conjugated anti-mouse IgG (1:5,000) (Yeasten) for 1 hour at room temperature. If analyzing the subclass of antibodies, biotin-conjugated goat anti-mouse IgG1 (1:5,000) or IgG2a (1:5,000) antibodies (Abcam) were added and incubated at room temperature for 1 hour and then incubated with SA-HRP (1:5,000) (Yeasten) for another 1 h at room temperature. Finally, after five PBST washes, the plates were incubated with the substrate OPD (Sigma) and followed by H₂SO₄ (1 M) to stop the reaction. As previously mentioned, we measured the absorbance at 490 nm with a Synergy Microplate Reader (Bio-Tek) (30). The ELISA endpoint titers were considered the highest serum dilution, with an absorbance over two times that of the negative control mice sera.

Enzyme-linked immunospot assay

The manufacturer's protocol (BD Bioscience) assessed T-cell responses with the mouse IFN-γ ELISpot assay set. In short, the spleens were harvested from vaccinated BALB/c mice at 10- or 30-days post-vaccination. The plates of PVDF membrane were pre-coated with anti-mouse IFN-γ antibodies (5 µg/ml) overnight at 4°C and then blocked for 2 hours at room temperature. Next, the 2×10^5 viable isolated splenocytes were added to each well, followed by stimulation with the RABV-G peptide pool (Chinapeptides Co., Ltd) for 18–24 h at 37°C. Then the plate was incubated with biotin-labeled IFN-γ antibodies (2 µg/ml) for 1 h following addition with SA-HRP (1:100 dilution). Finally, the plate was washed in PBS and reacted with an AEC substrate reagent. Reactions were stopped with water until the spots could be clearly observed. The numbers of spots were read and analyzed with a Bio-spot plate reader (ChampSpot 437III, Beijing Sage Creation Science Co., Ltd).

Flow cytometry assay

To assess antigen-specific T-cell immune responses, we isolated the mouse splenocytes and stimulated them with the RABV-G peptide pool (1 µg/ml of individual peptide, 1×10^6 cells/well).

Golgiplug (BD Biosciences) was mixed with the cells after 1 h and incubated for another 5 h. Then cells were harvested, washed in PBS, and stained with Amcyan Live Dead Kit or antibodies to surface markers, including CD3 (Percpcy5.5, Clone 17A2, BioLegend), CD4 (AF700, Clone RM4-5, BD Biosciences), and CD8 (FITC, Clone 53-6.7, BioLegend). Subsequently, the stained cells were fixed and permeabilized in permeabilizing buffer (BD Biosciences), followed by staining with antibodies to anti-IFN- γ (PE, Clone XMG1.2, BD Biosciences), anti-IL-2 (APC, Clone JES6-5H4, BioLegend), or anti-TNF- α (BV605, Clone MP6-XT22, BioLegend). Data were collected using BD FACSAria III flow cytometer (BD Biosciences) and analyzed using FlowJo 10.

Virus-neutralization measurement

Virus-neutralization antibody titers were determined with the fluorescent-antibody virus-neutralization (FAVN) assay as previously described (31). Briefly, 3-fold serial dilutions of standard serum (0.5 IU/ml) and test serum samples (four replicates per sample) were prepared in 96-well plates and mixed with 100 TCID₅₀ of CVS-11 (50 μ l/well). They were then incubated at 37°C for 1 h in a 5% CO₂ incubator. Next, 50 μ l of suspension containing 210⁴ BHK-21 cells was added to the mixture and continued to incubate at 37°C for 48 h. Cells were first fixed with 80% acetone for 30 min at 4°C and then stained with FITC-labeled RABV-N antibody (Veterinary Research Institute, Changchun, China). Fluorescence was observed under ultraviolet microscopy, and the VNA titers were determined and normalized compared with the value of the standard serum.

Viral RNA extraction and RT-PCR

According to the manufacturer's guide, total RNA was extracted from the brains of infected mice with the RNA isolation kit (Direct-zol RNA Miniprep Plus kit, Zymo Research). First, the rabies virus was detected using the Reverse Transcription System (Promega) and then SYBR green-based real-time PCR (GoTaq qPCR Master Mix; Promega) through a Bioer real-time PCR system with the N protein-specific primers. The oligo primers used were:

F: 5'-AATGCGACGGTTATTGCTGC-3'; R: 5'-TGCCACGTCGGTCTTTGTTA-3'.

The steps of real-time RT-PCR were carried out as follows: 42°C for 15 min and 95°C for 2 min, 40 cycles of amplification at 95°C for 15 s and 60°C for 30 s.

Histopathology and RNA *in Situ* hybridization

Histopathological lesions in the brains were detected through hematoxylin and eosin staining. Brains were first fixed in 4% (v/v) paraformaldehyde and then prepared into paraffin sections (4–5 μ m). For analyzing viral RNA expression in brain sections by RNAscope *in situ* hybridization (ISH), the viral nucleoprotein (NP) RNA was used as the target RNA for its high conservation. The NP-specific

RNAscope probe was V-RABV-gp4 (220268) from ACDBio. The RNA ISH assay was performed with the previously described RNAscope Multiplex Fluorescent Reagent Kit V2 kit (Advanced Cell Diagnostics, 323100) (32).

Ethics statement

All animal experiments in this study were approved by the Institutional Animal Care and Use Committee (IACUC) of the Shanghai Public Health Clinical Center. All the animal studies were strictly conducted following the animal ethics guidelines.

Statistical analysis

For all the analyses, *p* values were obtained from the Mann-Whitney test or One-way ANOVA followed by Tukey's multiple comparisons test through the GraphPad Prism. If *p* < 0.05, data were determined statistically significant (**p* < 0.05; ***p* < 0.01; ****p* < 0.001; *****p* < 0.0001; ns, not significant). All of the graphs were generated with GraphPad Prism Version 9.4 software.

Results

Design and characterization of RABV-G mRNA vaccine

To test our conventional optimized non-amplifying mRNA platform, we designed an mRNA vaccine that encodes the codon-optimized glycoprotein of the Rabies virus Pitman-Moore (PM) strain (Figure 1A). The synthesized RABV-G mRNA *in vitro* includes the modified nucleoside N1-methylpseudouridine to suppress innate immune sensing and enhance mRNA translation (21). Then we examined the RABV-G mRNA expression by transfecting HEK293T cells or Hela cells. Western blot demonstrated that RABV-G protein could be expressed effectively and with the right size (67 kDa) in transfected cells (Figure 1B). To improve the mRNA expression *in vivo*, we encapsulated the RABV-G mRNA in lipid nanoparticles (LNPs). The LNPs had a ratio of 50:10:38:2 for the four lipids, Dlin-MC3-DMA, DSPC, cholesterol, and PEG2000-DMG (Figure 1C). Furthermore, dynamic light scattering analysis showed that the average particle size of LNPs in PBS was 114 nm, with a PDI of 0.089 (Figure 1D). Then a Zeta potential measurement showed a potential of −8.86 mV in PBS (Figure 1D).

Immunogenicity evaluation of various doses of nucleoside-modified RABV-G mRNA vaccine

The immune responses induced by our RABV-G mRNA vaccine were analyzed in BALB/c mice. First, we assessed the effects of different vaccination dosages on the immunogenicity of vaccines. Female BALB/c mice were divided into five groups (*n* = 5) and intramuscularly injected with 0.3 μ g, 1 μ g, 3 μ g, and 10 μ g RABV-G

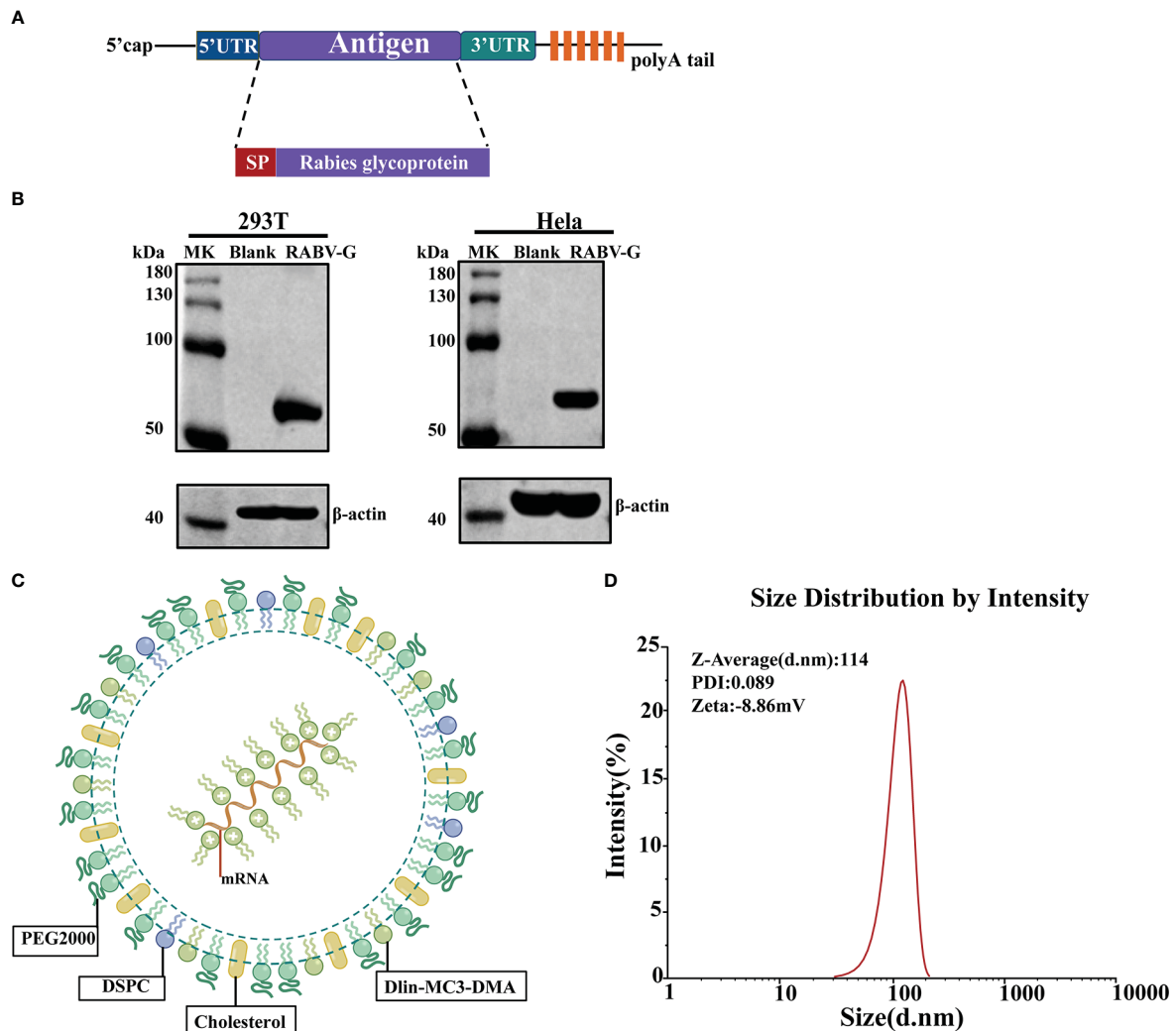


FIGURE 1

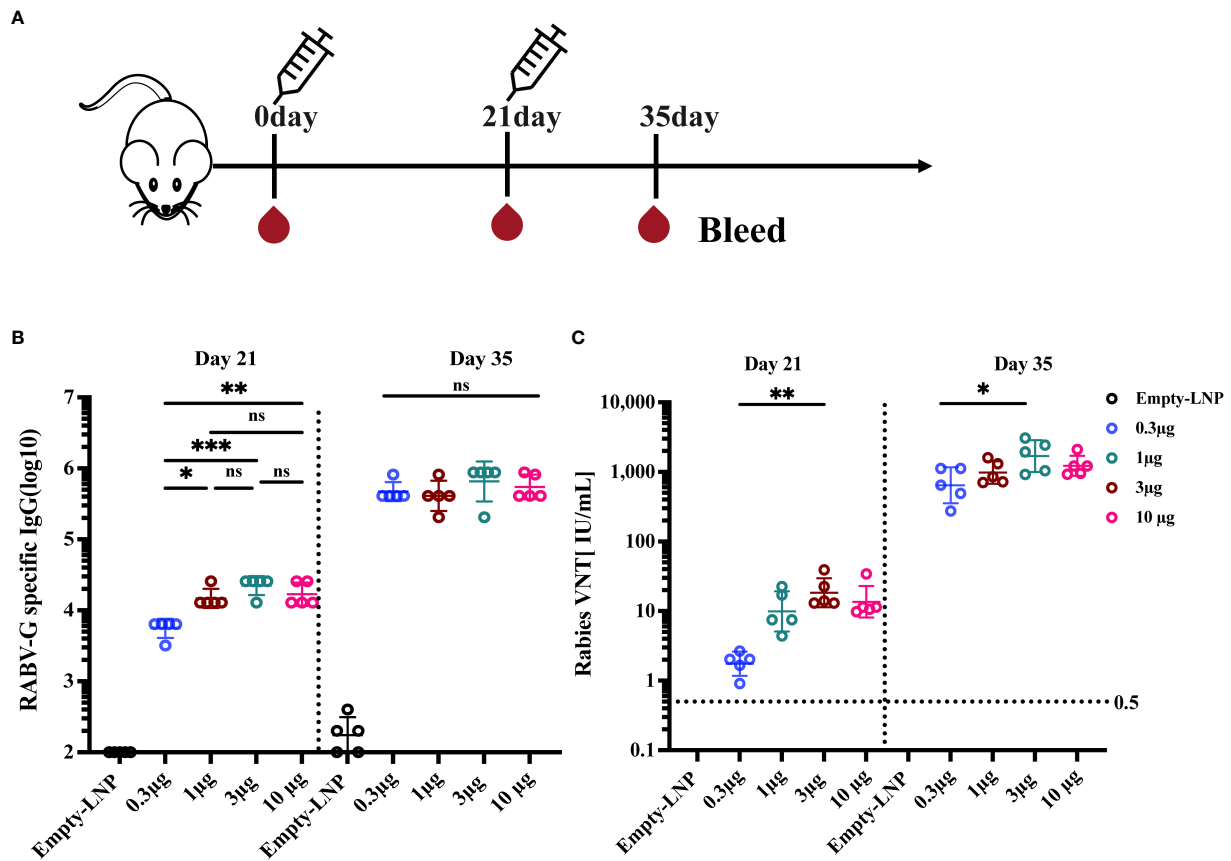
Design and Characterization of RABV-G mRNA Vaccine. (A) Schematic of RABV-G mRNA construct comprising a 5'cap, a 5'UTR, a signal peptide, an antigen (RABV-G from strain Pitman-Moore), a 3'UTR, and a 250 poly (A) tail. (B) RABV-G mRNA was transfected into HEK293T or HeLa cells. RABV-G expression in the cell lysate at 24 h was analyzed by western blotting. (C) Schematic representation of the RABV-G mRNA packaged into LNPs. (D) Particle size graph of LNPs by dynamic light scattering.

mRNA or the equivalent amount of empty-LNP without mRNA as a negative control, with a prime-boost regimen at 3-week intervals (Figure 2A). Serum samples were harvested on days 21 and 35 to measure RABV-G-specific IgG and virus-neutralizing titers. The virus-neutralization antibody titers (VNTs) in different weeks post-immunization were determined by the FAVN method as shown in the method. Mice receiving 1 μ g, 3 μ g, or 10 μ g doses of the RABV-G mRNA produced high endpoint binding titers on day 21 after the initial vaccination, whereas 0.3 μ g of RABV-G mRNA induced the lowest antibody titers or VNTs in all immunized groups (Figures 2B, 2C $p < 0.05$, $p < 0.01$). Two weeks after the second immunization, all four separate doses (0.3 μ g, 1 μ g, 3 μ g, and 10 μ g) successfully induced the RABV-G binding antibody titers, with a geometric mean titer (GMT) of 470507, 409600, 654324, and 547615, respectively, and no statistically significant differences across any of the dosages (Figure 2B). Notably, all inoculated mice in each group developed VNTs above 0.5 IU/ml, whether 21 days after the initial immunization or two weeks after the boost (Figure 2C). Moreover,

a dose-dependent increase in neutralization titer was observed; the VNTs at 21 days post-vaccination ranged from 1.75 to 18.3 IU/ml (Figure 2C, $p < 0.05$), while the VNTs increased by 100-fold or more following a second injection, with an average of 642, 979, 1689, and 1221 IU/ml (as in 0.3 μ g, 1 μ g, 3 μ g, and 10 μ g groups; Figure 2C, $p < 0.01$). Interestingly, it showed that the 3 μ g group, rather than the 10 μ g one, produced the highest VNTs among these doses.

A single RABV-G mRNA vaccination elicits high and Th-1 biased humoral immune response in mice

Having demonstrated that each dosage could induce a viral neutralization titer (VNT) higher than 0.5 IU/ml, considered to be protective in humans, dogs, and cats, we determined the immune responses of a single vaccination with various dosages. Groups of mice ($n = 6$) were immunized I.M. once with a low dose of 0.3 μ g, a



RABV-G mRNA vaccines effectively elicit an antigen-specific T-cell immune response

To evaluate the cellular responses induced by RABV-G mRNA with various doses (0.3 µg, 1 µg, 3 µg) or the licensed inactivated vaccine as a positive control, enzyme-linked immunospot (ELISPOT) and intracellular cytokine staining (ICS) assays were carried out at ten days or 30 days post-immunization. The splenocytes isolated from vaccinated mice (n = 4) were re-stimulated with a pooled library of RABV-G peptides *in vitro*. Ten days post-vaccination, ELISPOT assays

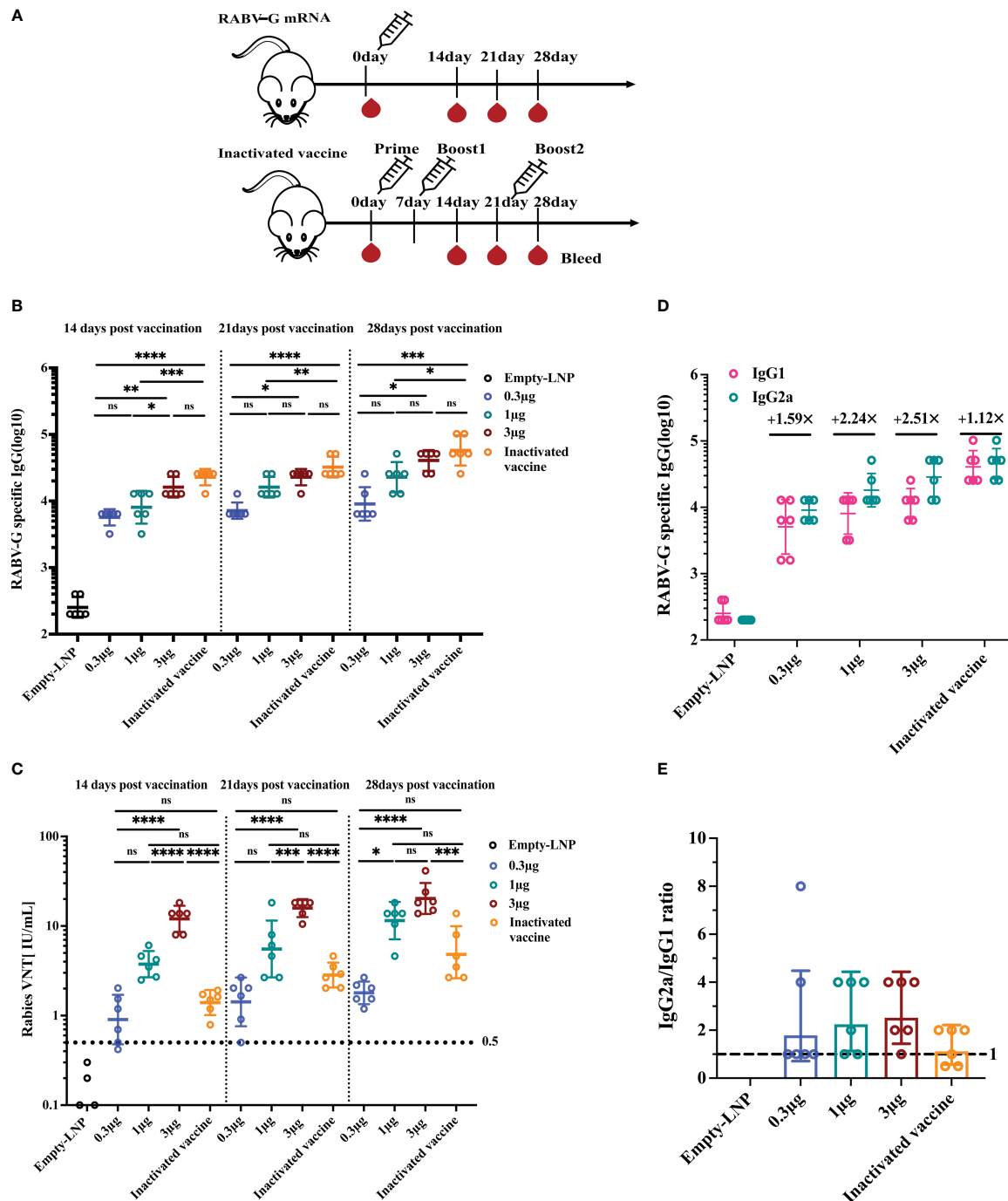


FIGURE 3

Humoral immune response upon single vaccination with escalating doses of RABV-G mRNA compared to three injections of inactivated vaccine. Female BALB/c mice ($n = 6$) were inoculated with a single intramuscular injection of RABV-G mRNA at various doses (0.3µg, 1µg, and 3µg) or an empty-LNP (A). As a positive control, a licensed inactivated vaccine group ($n = 6$) was injected three times on days 0, 7, and 21 with 100l (0.1 human dose) via the intramuscularly (I.M.) route. Serum was collected on days 14, 21, and 28 to detect specific antibody responses (B) and virus-neutralizing antibody titers (C). Serum levels of IgG1 and IgG2a antibodies specific for RABV-G (D) and IgG2a/IgG1 ratios (E) were evaluated by ELISA. Comparisons among experimental groups were determined using One-way ANOVA followed by Tukey's multiple comparisons tests (* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$; **** $p < 0.0001$; ns, not significant).

demonstrated that T cells secreting gamma interferon (IFN- γ) from immunized mice of the high dose group (3 µg; Mean = 1844) were significantly more numerous than those from the inactivated vaccine group (the group received two injections at day 10; Mean = 641; Figure 4A, $p < 0.0001$), while the specific T cells of mice in the low dose (0.3 µg; Mean = 564) or the moderate dose (1 µg; Mean = 1175) group

were comparable to the mice receiving the licensed inactivated vaccine (Figure 4A). Moreover, flow cytometric analysis also showed that RABV-G-specific polyfunctional CD4+ and CD8+ T cells secreting interferon γ (IFN- γ) and interleukin-2 (IL-2) were significantly elevated in RABV-G mRNA immunized mice (especially the high dose group) compared to inactivated vaccine-treated animals (mean of

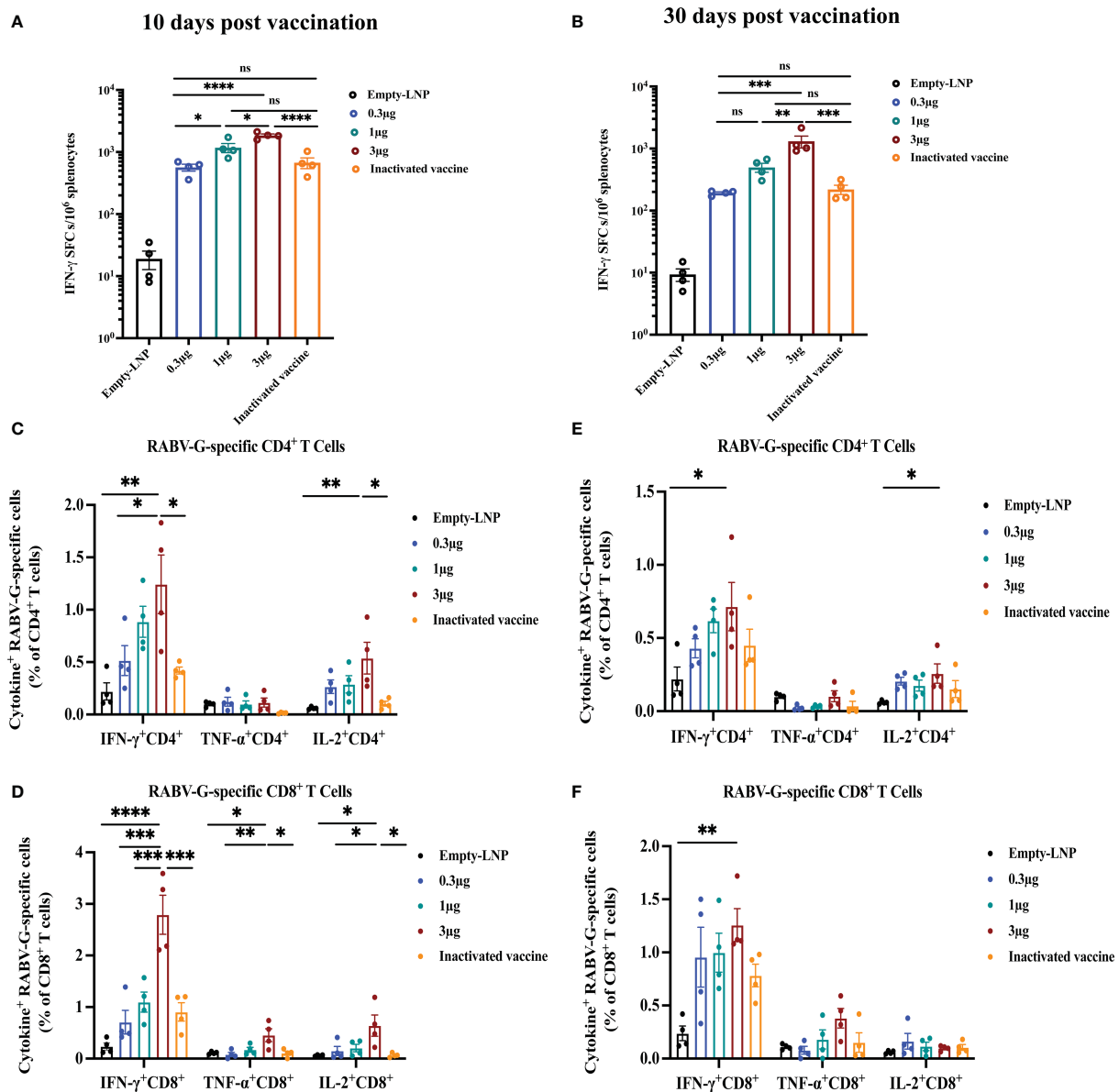


FIGURE 4

T-cell immune responses in vaccinated mice. An ELISPOT experiment was conducted to determine the ability of splenocytes to release IFN- γ after re-stimulation with RABV-G peptide pools at ten days (A) or 30 days post-vaccination (B). Then RABV-G-specific CD4⁺ and CD8⁺ T cells producing IFN- γ , TNF- α , and IL-2 were measured by flow cytometry at ten days (C, D) or 30 days (E, F). The data are shown as the number of IFN γ spot forming cells (SFC)/10⁶ splenocytes. ELISpot counts were represented as mean + SEM (standard error of the mean). Comparisons among experimental groups were determined using one-way ANOVA followed by Tukey's multiple comparisons tests (* p < 0.05; ** p < 0.01; *** p < 0.001; **** p < 0.0001; ns, not significant).

1.2% for IFN- γ expressing CD4⁺ T cells after the high dose RABV-G mRNA and 0.42% after inactivated vaccine immunization) (Figure 4C, Supplementary Figure 2). In contrast, frequencies of antigen-specific tumor necrosis factor-alpha (TNF- α) were low across the groups (Figures 4C, D, Supplementary Figure 2).

Additionally, we further examined RABV-G mRNA induced cellular immune at 30 days post-vaccination. Compared to the inactivated vaccine-treated group (the one that received three injections on day 30), the stimulated splenocytes in the high-dose group produced a higher population of CD4⁺ and CD8⁺ cytokine IFN- γ - and TNF- α - expressing cells (Figures 4E, F). The frequencies

of antigen-specific polyfunctional CD4⁺ and CD8⁺ T cells were similar in the other two groups (the moderate and low doses; Figures 4E, F). ELISPOT analysis also revealed significant induction of IFN- γ in the splenocytes of RABV-G mRNA vaccinated mice in the high dose group (Mean = 1307) than in the inactivated vaccine one (Mean = 220) (Figure 4B, p < 0.001). Our results demonstrated that the RABV-G mRNA vaccine could effectively activate RABV-G-specific antigen T-cell responses in addition to humoral immune responses, the frequencies of antigen-specific T-cells were dose-dependent, and better induction of T cells by our RABV-G mRNA vaccine compared to the inactivated vaccine.

RABV-G mRNA vaccines confer complete protection against the rabies virus

To explore the *in vivo* protection efficacy of the RABV-G mRNA vaccine against lethal rabies virus challenge, BALB/c mice ($n = 13$) received one immunization with three dosages 0.3 μg , 1 μg , and 3 μg of RABV-G mRNA or empty-LNP *via* I.M. route, and positive control

mice ($n = 13$) were vaccinated three times intramuscularly with a 0.1 human dose of the inactivated vaccine (Figure 5A). All mice were challenged with 20-fold MLD₅₀ of rabies virus CVS-11 (challenge virus standard-11) *via* the I.M. route on day 30 (Figure 5A). We monitored the body weight of each mouse daily for 15 days post-infection. We found that body weight dropped at 1 dpi compared to the empty-LNP group but increased more rapidly during the

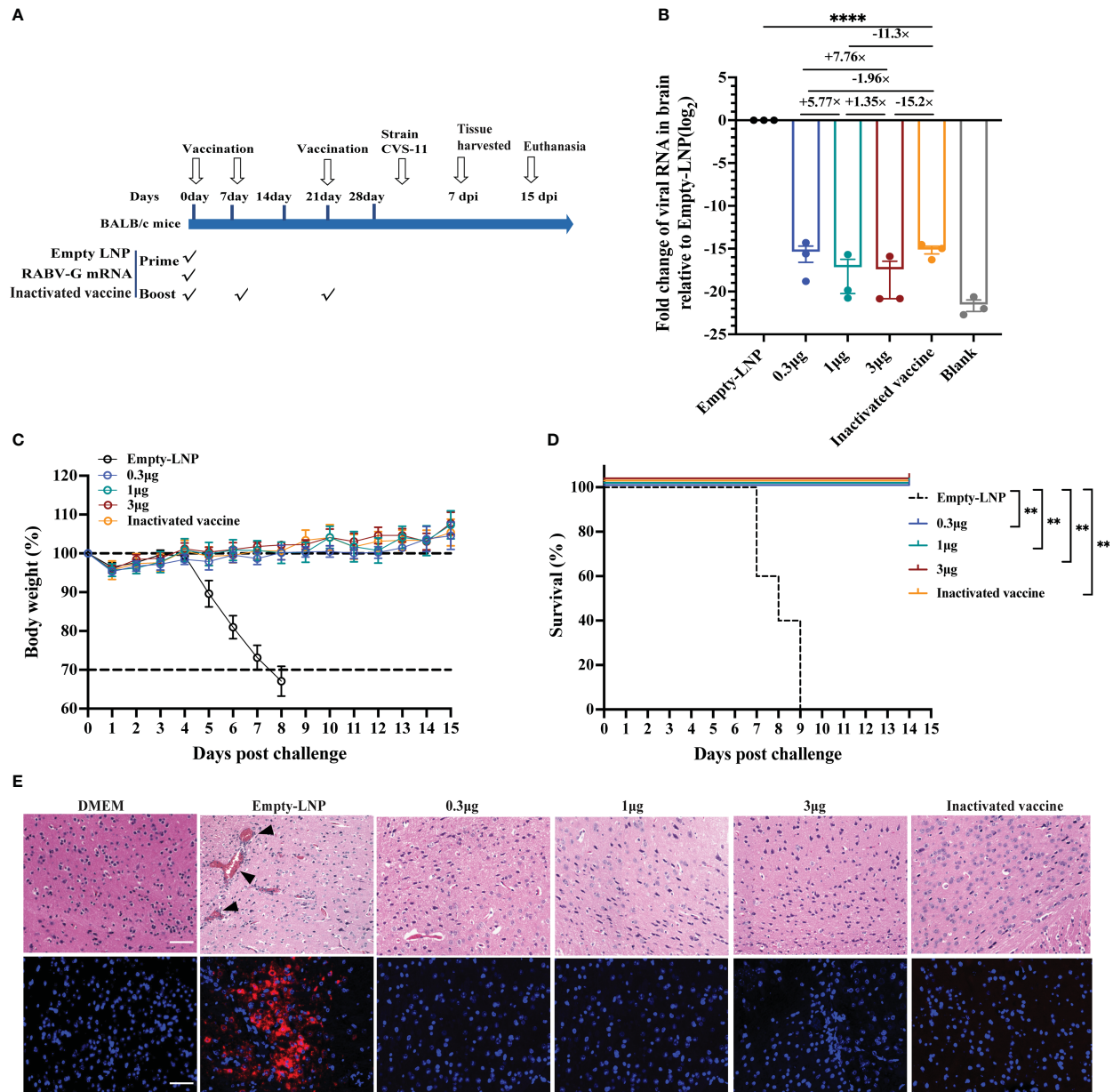


FIGURE 5

Protection of RABV-G mRNA in BALB/c mice against rabies virus challenge. Groups of female BALB/c mice ($n = 13$) received a single dose of RABV-G mRNA or three doses of inactivated vaccine or empty-LNP *via* the I.M. route. Four weeks post initial vaccination, mice were I.M. challenged with 20MLD₅₀ of CVS-11 virus in a total volume of 50 μl . (A) Mice immunization and challenge schedule. The black hollow arrows indicate the time of vaccination and the virus challenge. (B) Relative messenger RNA (mRNA) expression of viral N protein (log₂ fold change from Empty-LNP group) on day seven post-infection. Comparisons among experimental groups were determined using one-way ANOVA followed by Tukey's multiple comparisons tests (**** $p < 0.0001$). (C) The body weight of challenged mice was monitored daily and is shown as the mean + SEM ($n = 5$). As soon as animals lost 25% of their initial body weight (dotted line), they were sacrificed. (D) A Kaplan-Meier analysis illustrates the survival curves during a 15-day observation period. Bars represent the mean and SEM ($n = 5$ /group, ** $p < 0.01$). (E) H&E staining and RNA scope in situ hybridization (ISH) assay of Brain tissues from DMEM group mice or infected mice ($n = 3$ /group). At 7 d.p.i., sagittal sections of the mouse brain were cut and stained with H&E, histopathological analysis was performed, and the representative histological changes (scale bars, 50 μm) are presented. Black triangles indicate pathological changes, including inflammatory cuffs of blood vessels (perivascular cuffing) and/or intravascular coagulations. Representative images of ISH showed virus NP expression in the brain. Each red dot represents a single NP RNA molecule, with nuclei counterstained by DAPI.

following days (Figure 5C). There were no significant differences in body weight among each vaccinated group (Figure 5C). Moreover, all vaccination groups survived post-infection (Figure 5D). Three mice of each group were euthanized at 7 dpi, brain tissues of infected mice were collected for viral RNA loads and histopathology, and RNAscope analyzed the viral expression *in situ* hybridization (ISH; Figure 5E down). Half of the brain was tested for rabies virus replication by quantitative RT-PCR of RNA encoding the rabies nucleoprotein (N protein). As expected, all mice in the empty-LNP group had abundant rabies virus RNAs (Figure 5B). In contrast, most animals in the vaccination groups had extremely low but detectable levels (Figure 5B). Compared to the positive control animals, the average brain viral RNA levels for high-dose, moderate-dose, and low-dose groups were approximately 15.2-fold, 11.3-fold, and 1.96-fold lower, respectively. There were significantly ($p < 0.0001$) lower rabies virus RNA levels in the brain of all four immunized groups compared with the empty-LNP group (Figure 5B). Histopathological analyses revealed intravascular coagulation and perivascular cuffing

in the empty-LNP group (Figure 5E top). In contrast, no lesion changes were observed in the high-dose, moderate-dose, or positive control groups, and only a few intravascular coagulations in the brain of the low-dose group (Figure 5E). Similarly, dot signals of viral RNAs were detected in the brains of empty-LNP mice using RNAscope but not in the vaccinated groups (Figure 5E). These results showed that even at a low dose, single immunization with our nucleoside-modified RABV-G mRNA vaccine afforded complete protection against the lethal challenge of rabies virus in mice.

Immune response kinetics following vaccination of RABV-G mRNA

Prophylactic immunization must produce long-lasting protection. First, we assessed the endurance of the humoral immune response following a single vaccination. The remaining BALB/c mice ($n = 5$) of each group were bled from the time of immunization until 25 weeks

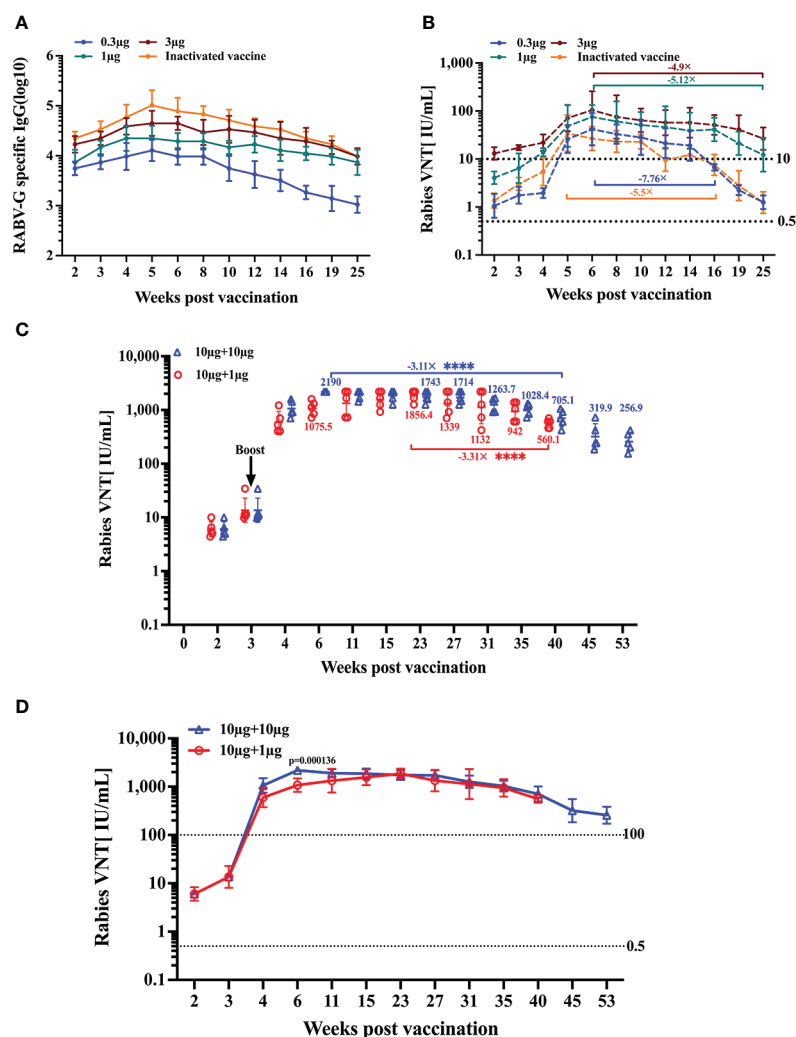


FIGURE 6

Duration of immune response induced by RABV-G mRNA. The durability of the antibody response was analyzed using (A) ELISA of total IgG and (B) virus-neutralizing antibody titers up to 25 weeks after a single-dose immunization or three injections of inactivated vaccine. Kinetic of virus-neutralizing antibody from two I.M. immunizations with different dosages in 3-week intervals; the initial vaccination was 10 µg, and the booster was 10 µg or 1 µg (C, D). Titer data are shown as GMT + GSD. Comparisons among experimental groups were determined using one-way ANOVA followed by Tukey's multiple comparisons tests **** $p < 0.0001$.

after that. We found that the peak RABV-G-specific antibody level in the inactivated vaccine group was higher than in other groups (Figure 6A). However, the peak neutralizing antibody titers in the high-dose group (3 μ g) were at average higher than those in the positive control group. (Figure 6B). (Figure 6B). Notably, the VNTs of the RABV-G mRNA groups peaked six weeks after immunization and remained stable during the 6–14 week period (Figure 6B). Furthermore, we observed a dramatic fall in VNTs to 6.8 and 8.5 IU/mL in both the low dosage and positive groups at week 16, with a decrease of 7.76-fold and 5.5-fold compared to their peak VNTs (Figure 6B). At week 25, the VNA titers in the moderate and high dose groups decreased by 5.12-fold and 4.9-fold from their peak VNTs, but remained higher than 10 IU/mL, whereas the other groups' levels dropped to 1.3 IU/mL, a decrease of nearly 40-fold.

Following a single dose of vaccination, effective neutralizing antibody responses persisted for at least 25 weeks; we wondered whether a second booster immunization would help the VNA response sustain at higher titers for longer. Thus, we evaluated the kinetics of induced humoral response following two vaccinations. Mice ($n = 5$) received two I.M. immunizations with different dosages at 3-week intervals. The initial vaccination was 10 μ g, and the booster was 10 μ g or 1 μ g, respectively. Monitoring the antibody titers for 53 weeks in a group receiving two I.M. immunizations of 10 μ g, we could demonstrate that neutralizing titers stabilized at a level of about 1000–2000 IU/ml for 4–35 weeks. In contrast, at week 40 post-initial immunization, the VNT decreased by 3.11-fold from their peak of 2190 IU/mL (Figures 6C, D). While in the 1 μ g boost group, neutralizing titers rose to 594.8 IU/mL at week 4, peaked at 23 weeks, then, at week 40, dropped to 560.1 IU/mL, a decrease of 3.31-fold from the peak VNTs (Figures 6C, D).

These data suggest that a single immunization with RABV-G mRNA (even a low dose) through the I.M. route can induce a strong and durable antibody response for at least half a year. Furthermore, we observed that pronounced boosting effects were achieved through a second immunization regardless of whether it was a high or low-dose booster. High-neutralizing antibodies could be maintained for one year or much longer.

Discussion

Rabies is an infectious mortality disease that occurs worldwide. Current commercial inactivated vaccines have relatively poor immunogenicity and require repeated injections. In recent years, numerous studies have been carried out to develop novel, safe, and effective rabies vaccines, such as recombinant virus-vector vaccines (33–38), DNA and RNA-based vaccines (15, 16, 27, 28), live attenuated rabies vaccines (39), and protein vaccines (40). In this study, we mainly demonstrated that a single immunization of nucleoside-modified RABV-G mRNA vaccine induced a more potent immunogenic response than commercial inactivated rabies vaccines, providing complete protection against lethal rabies virus challenge, and induced durable NAb responses in BALB/c mice.

We first found that the RABV-G mRNA vaccine with a dose of 0.3 μ g could elicit strong humoral immune responses following a two-dose immunization regimen, with neutralizing antibody titers of 642 IU/ml. In comparison, in a previous study, a dose of 0.5 μ g LNP formulated nucleoside-unmodified RABV-G mRNA induced a

median VNT of 650 IU/ml after two injections in murine models (16). Furthermore, a dose-dependent increase in neutralization titer was observed with a prime-boost regimen. We further probed the immune response of a single vaccination. We demonstrated that a single administration of RABV-G mRNA at doses of 0.3 μ g, 1 μ g, and 3 μ g elicited VNTs of 1.8, 11.5, and 20.3 IU/ml, respectively, at four weeks post-vaccination. Consistent with the VNTs, our results showed that the single dose of RABV-G mRNA-LNP conferred complete protection against the rabies virus of CVS-11 infection *in vivo*, even at a low dose of 0.3 μ g in mice. Then the VNTs were monitored for the following 25 weeks, and it was apparent that RABV-G mRNA peaked six weeks after immunization and remained at high levels in the ensuing period. The inactivated vaccine group dropped to 1.3 IU/mL at week 25, but the VNTs in the moderate and high dose groups remained higher than 10 IU/mL. Surprisingly, we found that the inactivated vaccine has the highest IgG-specific levels but the lowest VNTs. One possible reason may be the disruption of the heterogeneous structure of RABV-G on the virion surface of the inactivated vaccine. This structural heterogeneity may have an impact on the production of neutralizing antibodies that frequently target quaternary epitopes and may result in the short duration of the postvaccination immunological response (41).

It has been shown that T-cell immunity responses—particularly the Th1 immune response—are essential for eliminating RABV viruses from the central nervous system (42, 43). In our study, the single RABV-G mRNA vaccination strongly elicited Th1-biased responses in BALB/c mice. In addition, it effectively activated obvious RABV-G antigen-specific CD4+ and CD8+ T-cell responses, in line with the findings of previous mRNA vaccines (44, 45). Thus, the help of RABV-G antigen-specific T-cell responses may be one of the possible explanations for the sustained VNTs after a single RABV-G mRNA vaccination.

Recently, the recombinant virus-vector vaccine, like ChAd155-RG, has reported that a single vaccination elicited protective efficacy against rabies challenges in animal models (34). Compared to the single immunization of ChAd155-RG, which induced a peak VNT of 30 IU/mL (at a high dose of 10^8 VP) in outbred mice, our single high-dose group produced a higher peak VNT of 100 IU/mL in BALB/c mice. It was comparable with ChAdOx1 or ChAdOx2 adenovirus-vectorized rabies vaccines (at a high dose of 1×10^8 IU) (36) (both peak VNTs around 100 IU/mL).

The rabies virus is usually transmitted through dog bites in developing countries, like Asia and Africa, and children are at high risk of exposure. Therefore, the rabies vaccine should be included in childhood immunization programs. The previous research demonstrated that using rabies vaccines for vaccination programs in children could produce recall responses rapidly (46). In this study, we also observed the kinetics of induction of VNA by RABV-G mRNA-LNP following two inoculations in mice; the durability of the serum VNA response after two vaccinations remained stable with a high VNT of 1,000 IU/ml up to almost one year. Therefore, the RABV-G mRNA may be one of the candidates for Children's vaccination programs. Moreover, it also could be combined with adenovirus-vectorized vaccines in a prime-boost regimen to circumvent the problem of pre-existing anti-vector antibodies.

According to the phase 1 clinical trials conducted by CureVac AG, CV7201 generated virus-neutralizing antibodies above the 0.5 IU/mL threshold in up to 83% of volunteers and needed repeated injections to meet the threshold (15). Then CV7202 could induce modest protective

virus-neutralizing antibodies with two immunizations, whereas a single dose failed to elicit VNTs over 0.5 IU/mL. Likewise, the high doses were not well tolerated, and the trial had to be temporarily stopped (28). Similar disappointing results were also demonstrated in their non-nucleoside-modified SARS-CoV-2 mRNA vaccines (47). Nevertheless, the nucleoside-modified SARS-CoV mRNA vaccine exhibited good tolerance at higher dosages and superior immunogenicity (25, 26). In our study, we employed the powerful nucleoside-modified mRNA-LNP vaccine platform, which has produced effective clinical vaccine candidates against SARS-CoV-2 (25). Therefore, we hypothesized that our mRNA vaccine candidate RABV-G could produce excellent immune protective efficacy *in vivo* only with a single dosage due to the adoption of different vaccine platforms.

There were also several limitations in our study that warrant future investigation. Firstly, we have not had a chance to compare our vaccine with mRNA vaccines generated from unmodified nucleotides, which would allow us to determine the potential benefits associated with switching from unmodified to modified nucleotides. However, the advantage of unmodified nucleotides has been clearly demonstrated by previous studies, and it is tempting to speculate that such an advantage is also applicable to the Rabies mRNA vaccine, underlying the ability of RABV-G mRNA-LNP to induce robust neutralizing titers with a single low dose. Secondly, it is worth notifying there exists uncertainty about the translation of vaccination success in mouse study to human use. Further investigation of vaccine efficacy in a more clinically relevant animal model, like non-human primates, is necessary for deriving the vaccination regimen optimal for human use in terms of both safety and protective efficiency. Nevertheless, our results provide proof-of-concept evidence supporting the feasibility of developing a nucleoside-modified Rabies mRNA vaccine capable of affording safe, effective, and durable protection with a single dose.

Data availability statement

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/[Supplementary Material](#).

Author contributions

SB and TY performed experiments and analyzed data. CZ, MF, LZ, ZZ, XW, RY, and XP conducted the mice sample collection, Elisa, or

Virus-neutralization measurement. SB wrote the manuscript. XZ, JX, and CZ organized the study, guided experiments, and revised the manuscript. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

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Exosomes as smart drug delivery vehicles for cancer immunotherapy

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Exosomes (Exos) as drug delivery vehicles have been widely used for cancer immunotherapy owing to their good biocompatibility, low toxicity, and low immunogenicity. Some Exos-based cancer immunotherapy strategies such as tuning of immunosuppressive tumor microenvironment, immune checkpoint blockades, and cancer vaccines have also been investigated in recent years, which all showed excellent therapeutic effects for malignant tumor. Furthermore, some Exos-based drug delivery systems (DDSs) for cancer immunotherapy have also undergone clinic trials, indicating that Exos are a promising drug delivery carrier. In this review, in order to promote the development of Exos-based DDSs in cancer immunotherapy, the biogenesis and composition of Exos, and Exos as drug delivery vehicles for cancer immunotherapy are summarized. Meanwhile, their clinical translation and challenges are also discussed. We hope this review will provide a good guidance for Exos as drug delivery vehicles for cancer immunotherapy.

KEYWORDS

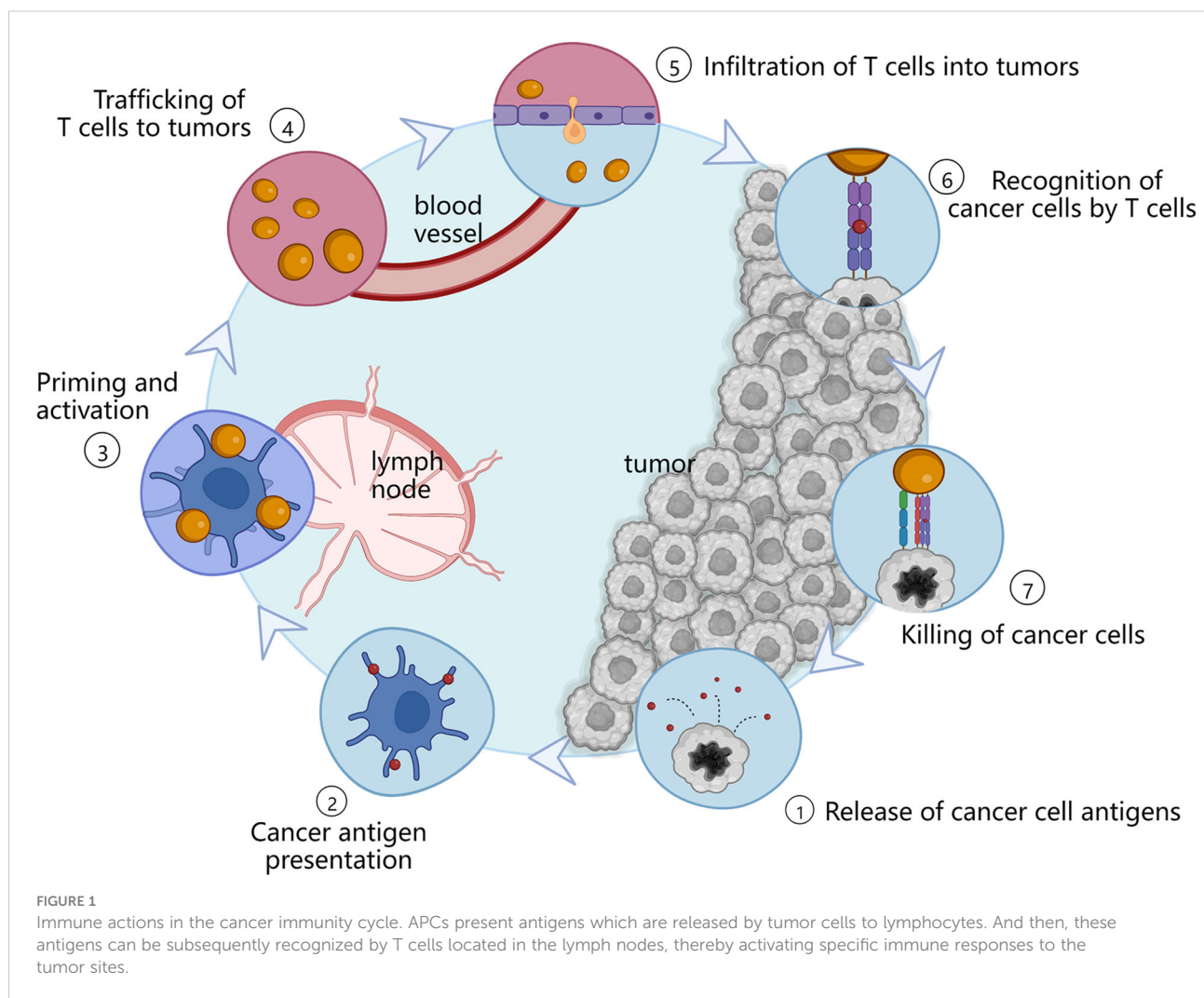
exosomes, immunotherapy, drug delivery system, immune checkpoint blockade, tumor immune microenvironment

1 Introduction

Cancer has become a major cause of death worldwide. According to the latest statistics, there will be a total of more than 1.9 million new cancer patients and 600 thousand cancer deaths in the United States in 2022, suggesting that cancer has seriously threatened human health (1, 2). Although traditional therapeutics, including radiation, chemotherapy and surgery, have shown a certain tumoricidal ability, there are still some limitations (3, 4). These therapeutics often kill both cancer and normal cells, leading to severe side effects and drugs resistance (5). Therefore, it is critical to find an effective therapeutic approach with low or no side effects (6).

Cancer immunotherapy is a novel therapeutic approach that exploits the body's own immune system to recognize and eradicate tumor cells (3, 7). In order to achieve sustained antitumor immune response, the cancer immunity cycle must be repeatedly initiated and expanded (3), as shown in Figure 1. Firstly, tumor cells release some tumor-specific immunogenic antigens, and then, antigen-presenting cells (APCs) including dendritic cells (DCs) and macrophages present antigens for the activation of certain lymphocytes *via* major histocompatibility complex I (MHC-I). After that, these antigens can be further recognized by T cells including CD4⁺ T cells and CD8⁺ T cells inside the lymph nodes, and thus resulting in specific immune responses to the cancer cells. In this case, cancer immunotherapy can specifically kill cancer cells with minimal effect to normal cells, and induce immunological memory to trigger long-term protection against tumor recurrence (5, 8). Therefore, cancer immunotherapy has attracted widespread attentions in the field of cancer therapy.

Nowadays, a series of cancer immunotherapy approaches including nonspecific immune stimulation (9), immune checkpoint blockades (ICB) (10), and cancer vaccines (11, 12) have been evaluated to modulate immune responses. Moreover, some cancer immunotherapy drugs including cytotoxic T-lymphocyte-associated protein 4 (CTLA-4) inhibitors (10), programmed cell death 1 (PD-1) inhibitors and programmed cell death 1 ligand 1 (PD-L1) inhibitors have been authorized by the United States Food and Drug Administration (FDA) for clinical use (13, 14). Although these inhibitors have shown exciting outcomes, some shortcomings still exist. For instance, many malignant tumors have the ability of releasing different immunosuppressive molecules into the tumor microenvironment (TME), promoting their immune escape or suppressing immune reactions (15). Furthermore, their therapeutic effect is often diminished by off-targeting delivery, the induction of immune tolerance and evasion, and all these limit their applications (13, 16). In order to overcome these shortcomings, many researchers



focus on the application of drug delivery systems (DDSs). DDSs can deliver payloads including immune checkpoint inhibitors (ICIs) and immunosuppressive regulatory molecules to the desired site and realize the sustained release of the drugs, thereby improving the efficiency of cancer immunotherapy. Currently, various DDSs, such as exosomes (Exos), liposomes, and nanoparticles, have been extensively studied and hold great promise in cancer immunotherapy.

Exos, one of drug delivery carriers, are 40–160 nm sized extracellular vesicles secreted by live cells and can be found in different types of biological fluids (e.g., serum, saliva, and urine) (17). They possess many advantages such as small size, good biocompatibility, low toxicity, and low immunogenicity (18). Meanwhile, Exos can protect cancer immunotherapeutic agents from degradation, thus increasing their circulation time and targeting ability (19). Unlike liposomes and other synthetic drug nanoparticle carriers, Exos are able to inherit the properties of parent cells and obtain some components of parent cells such as proteins, lipids and nucleic acids, which may endow them homing effect and the ability to activate immune responses (20). Moreover, Exos contain transmembrane and membrane anchored proteins, which may enhance target cells' endocytosis and promote the delivery of their internal content (16). In addition, Exos could be easily engineered to improve drug-loading capacity and tissue-specific targeting (21). Therefore, Exos are recognized as a promising drug carrier.

In order to promote the development of Exos in cancer immunotherapy, in this review, we comprehensively summarized the application of Exos as smart drug delivery vehicles for cancer immunotherapy. First, the biogenesis and composition of Exos are introduced. Then, Exos as drug carrier for cancer immunotherapy are discussed. Finally, the clinical translation and challenges of Exos as drug delivery vehicles are presented.

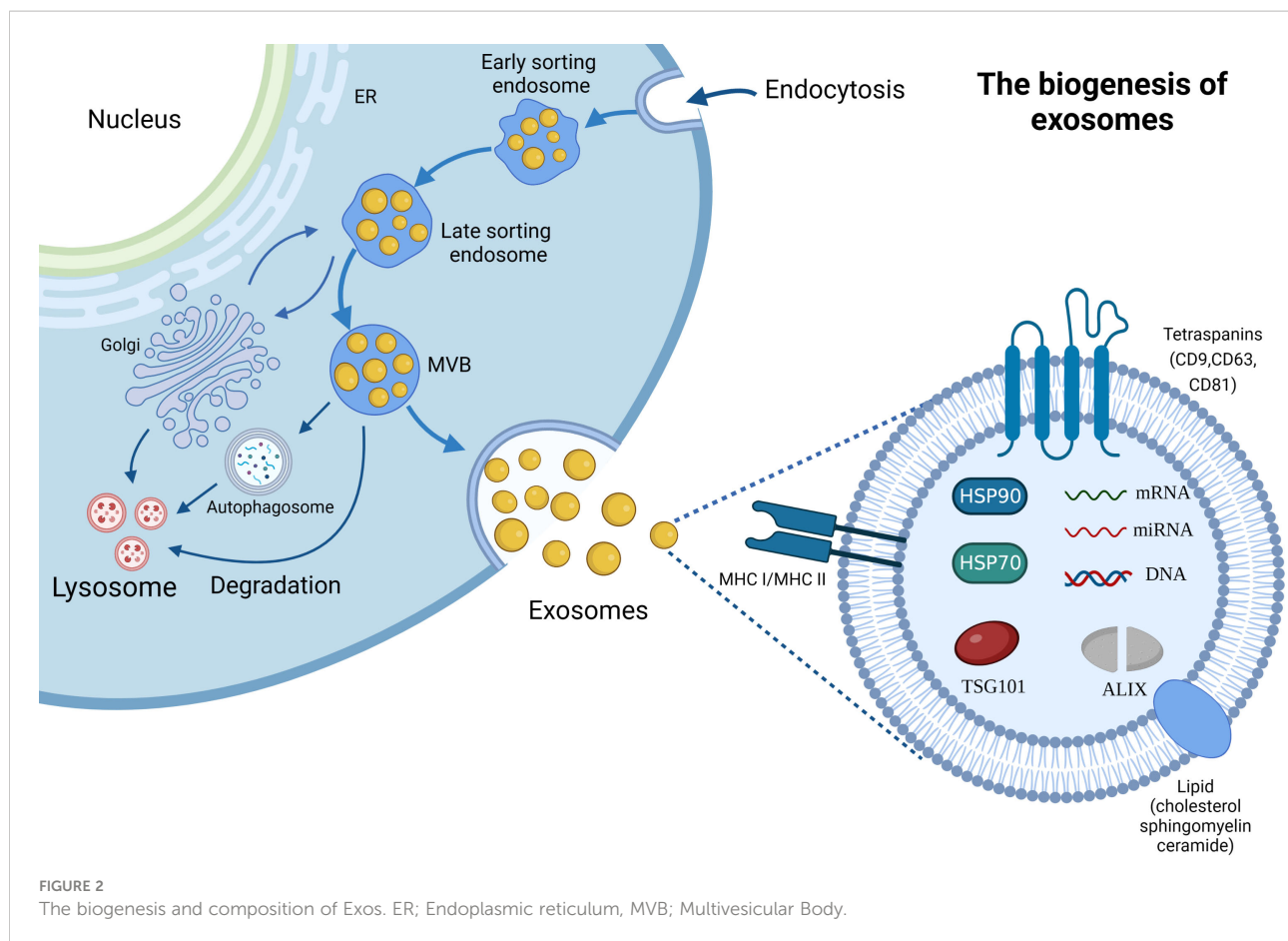
2 Exosomes

The name “exosome” (Exo) first appeared in 1981. At that time, Trams et al. (22) extracted plasma membrane-derived vesicles with 5'-nucleotidase activity, and referred the vesicles as Exos. Exos are the important subset of extracellular vesicles, possessing 40–160 nm particle size (23). A large number of researches have proven that Exos can be actively secreted by most, if not all, organisms including bacteria (24) and almost all cell types (e.g., red blood cells (25), platelets (26), immune cells (27), fibroblasts (28), endothelial cells (29), epithelial cells (30) and tumor cells (31). Their secretion mechanism is simple, and the scheme is shown in Figure 2. It is generally recognized that the generation of Exos involves three major steps: invagination, multivesicular bodies generation, and secretion (32, 33). The generation of Exos begins with the inward budding of the plasma membrane and generates several endocytic vesicles which encapsulate proteins both on the surface of the plasma

membrane and in the extracellular matrix (32). And then, early sorting endosomes (ESEs) are formed under the effect of the endocytic sorting complex and the proteins required for transport. After that, ESEs mature into late sorting endosomes, and continue inward invagination to form multivesicular bodies (MVBs). Finally, MVBs, which contain many intraluminal vesicles (ILVs), can either fuse with the cytoplasmic membrane to release Exos into the extracellular environment or fuse with lysosomes or autophagosomes to be degraded.

It is generally believed that the biogenesis of Exos is a tightly controlled process. In brief, two potential mechanisms are involved in this process: endosomal sorting complexes required for transport (ESCRT) dependent mechanism and ESCRT-independent mechanism (34). Of which, ESCRT provides a crucial mechanism for the formation and sorting of the ILVs (35). ESCRT consists of a five-part protein complex with different roles including ESCRT-0, -I, -II, -III and the AAA ATPase Vps4. Specifically, ubiquitin-binding ESCRT-0 binds directly to specific structural domains of the endosomal membrane through the action of hepatocyte growth factor-regulated tyrosine kinase substrate (HRS) with endosomal-specific phosphatidylinositol 3-phosphate (PtdIns-3-P) (36). Then, ESCRT-I and ESCRT-II are recruited by the interaction between HRS and the ESCRT-I subunit TSG101 (37), and the complexes further recruit ESCRT-III which consists of various soluble coiled-coil-containing proteins Vps2, Vps20, Vps24, and Snf7 to form a protein complex which is involved in promoting the inward budding processes (38). The ESCRT-III complex drives vesicle division and is dissociated and recovered from the MVB membrane through the mediation of the AAA ATPase Vps4 (39). An increasing number of studies demonstrated that several ESCRT-related proteins can affect the secretion of Exos (40, 41). For example, the experimental results of twenty-three components of the ESCRT machinery in Exos biogenesis and related proteins in MHC II-expressing HeLa cells by RNA interference (RNAi) have shown that silencing of HRS, STAM1 and TSG101 can reduce secretion of Exos and decrease the expression of MHC II and CD63 proteins (40, 41). Meanwhile, silencing of VPS4B increased secretion of exosome marker proteins (CD63, MHC II, HSC70), and depletion of ALIX enhanced MHC II-expression on Exos and secreting cells (40). Another research also showed that ESCRT-III-associated protein ALIX interacts with cytoplasmic adaptor syntenin, thus promoting the intraluminal budding of endosomal membrane and Exos' secretion (42). Likewise, the depletion of ESCRT-III and its associated proteins, including CHMP4C, VTA1, increased Exos' secretion (42).

Exos are regarded as small “progeny” of parental cells, because it contains components of parental cells. They contain thousands of proteins, lipids and nucleic acids, and the scheme is presented in Figure 2. Typically, Exos contain a variety of non-specific proteins, including heat shock proteins (HSP70, HSP90), membrane transport proteins (such as annexins and flotillin),



cytoskeletal proteins (myosin, actin and tubulin), MHC proteins (MHC I and MHC II) (43), adhesion molecules (CD11b and CD54) (44), and tetraspanins protein superfamily (CD9, CD63 and CD81) which is considered as the marker protein of Exos (45). Moreover, ALIX and TSG101 proteins aforementioned are also the important components of Exos. Cell type-specific proteins have also been discovered in Exos, such as the A33 protein secreted by the human colon tumor cell line LIM1215 (46), further suggesting that their composition is related to the type and physiological condition of the source cells. In addition, Exos also possess extensive lipids, cholesterol, sphingomyelin, glycosphingolipids and different patterns of RNAs including mRNAs and non-coding RNAs (e.g., miRNAs, circRNAs, lncRNAs, ribosomal RNAs (rRNAs) and transfer RNAs (tRNAs)) (47, 48). Of which, bioactive lipids play an important role in the stability and structural rigidity of Exos, cholesterol can regulate Exos' secretion, and sphingomyelin triggers calcium influx (47). Meanwhile, exosomal miRNAs, such as miR-214, miR-29a, miR-1, miR-126, and miR-320, participate in angiogenesis, hematopoiesis, exocytosis, and tumorigenesis (48). Moreover, exosomal lncRNAs as an intercellular signaling are also involved in the development of oncogenesis and regulation of the TME.

3 Exos as drug delivery carrier for cancer immunotherapy

3.1 The source of Exos

Exos, especially these secreted from tumor cells and immune cells, may influence the phenotype and immune function of target cells (49). In order to better understand the source of Exos as drug delivery carrier, in this section, we summarized the characteristics of immune cell-derived and tumor cell-derived Exos (TEXs).

3.1.1 Immune cells-derived Exos

Immune cells mainly include DCs, macrophage, B lymphocytes, T lymphocyte cells, etc. Phagocytes (e.g., macrophages and neutrophils) and natural killer (NK) cells act as the first line of defense against pathogens, rapidly activating the innate immune response and killing pathogens; T cells, B cells and related cytokines can activate specialized humoral and cellular immune responses, respectively (50). However, Exos produced by immune cells are able to inherit the properties of parent cells and participate in the innate and adaptive immune

responses (20). Therefore, a large number of researches have used immune cells-derived Exos as drug carriers for cancer immunotherapy.

DCs are classical APCs that stimulate specific antigenic immune responses (23). DCs-derived Exos (DEXs), which mainly contain MHC-I, MHC-II, costimulatory molecules (CD80 and CD86), heat shock proteins (HSP70 and HSP90) and adhesion molecules (ICAM-1) (51), are the most widely used immune cells-derived drug carrier. They can activate T cells to kill cancer cells through directly binding of MHC-peptide complex and costimulatory molecules to T cell receptors (TCR) (51). Moreover, DEXs also can present the MHC-peptide complex to another DCs which is possibly an inactivated DC, thereby increasing the expression of the MHC-peptide complex, and subsequently leading to large-scale activation of T cells (52). In fact, DEXs have the same therapeutic effect as the parent DCs. For example, genetically modified DEXs contain Th2 cytokines (e.g., IL-4 and IL-10) and apoptotic proteins (e.g., FASL) to inhibit inflammation and ameliorate the extent of collagen-induced arthritis (53). In contrast, NK cells derived Exos contain NK markers like CD56, NKG2D, CD94, CD40L and killer proteins (e.g., FASL and perforin) (54). NK cells-derived Exos can induce tumor cells apoptosis by significant activation of caspase death pathways *via* perforin and FASL (55, 56). In addition to killer proteins, NK cell-derived Exos may also carry tumor suppressor miRNAs such as miR-186, and thus inhibiting tumor growth and TGFβ1-dependent immune escape, and all of which exhibited the therapeutic potential of NK cell-derived Exos (57).

Macrophage-derived Exos, another immune cells-derived Exos, exhibit pro-inflammatory and pro-tumor functions, which mainly depend on the phenotype of macrophages (M1 and M2 subtypes) (58, 59). For instance, M1 phenotype macrophages-derived Exos (M1-Exos) can activate NLRP3 inflammasomes to enhance the cytotoxicity of T cells and NK cells and thus inhibiting the growth of tumor (20). Moreover, they can also upregulate the expression of miRNAs (e.g., miR-146a, miR-146b and miR-21-3p) and resolve inflammation by inhibiting NF-κB and TLR signaling pathways (60, 61). Meanwhile, a study has proven that M1-Exos can repolarize M2 tumor associated macrophages (TAMs) to M1 macrophages, resulting in pro-inflammatory cytokines releasing and synergistic effects of anti-PD-L1 in tumor immunotherapy (62). In contrast, M2 phenotype macrophages derived Exos showed the ability to suppress T-cell function and participate in tumor proliferation, migration, angiogenesis, and facilitate tumor immune escape (63).

In addition, B lymphocytes and T lymphocyte cells are also immune cells used for Exos generation. B lymphocytes derived -Exos contain CD19, B cell-specific markers, and the immunogenic molecules (e.g., MHC-I, MHC-II, CD40, CD54 and CD86), which stimulate T lymphocytes proliferation, activation and T(H)2-like cytokine production (64–66).

Meanwhile, T cell-derived Exos express TCR, adhesion factors and various markers including CD2, CD3, CD4, CD8, CD11c, CD25, CD69, LFA-1, CXCR4, FASL, GITR (67). In general, T lymphocyte cells are classified into two phenotypes: CD4⁺ T cells and CD8⁺ T cells (68). Depending on their functions and the expression of antigens, CD4⁺ T cells are further classified as regulatory T cells (Tregs), Th cells and follicular helper T cells (Tfh) (67). The Exos secreted by different phenotypes T cells have distinct regulatory effects on immune cells and non-immune cells (67). For example, Exos purified from CD8⁺ T cells generate proliferation in autologous resting cells and produce a higher proportion of CD8⁺ T cells (69). CD8⁺ cytotoxic T lymphocyte (CTL)-derived Exos have a potent benefit when used as DDSs for tumor immunotherapy since the inherited CTL properties. Exos derived from IL-12-stimulated CTLs could directly activate naive CD8⁺ T cells in the absence of antigen, producing IFN-γ and granzyme B, and eliminating tumor cells (70, 71). Conversely, Treg-derived Exos contain specific molecular cargo (let-7b, let-7d, miRNA-155 and iNOS) and cooperate with cytokines (IL-10 and TGF-β) to perform immunosuppressive functions (72).

Furthermore, other immune cell-derived Exos as drug delivery carrier, including neutrophil-derived Exos (73), mast cell-derived Exos (74), eosinophils-derived Exos (75) and myeloid-derived suppressor cell-derived Exos (76), also showed an essential role in the immune microenvironment, participating in immune regulation, inflammatory responses, intercellular communication, etc. (77, 78).

3.1.2 Tumor-derived Exos

In general, TEXs are rarely used as drug carriers for cancer immunotherapy, which mainly because they accurately reproduce the content of parent tumor cells (79–82), and transfer oncogenic signals including activated oncoproteins, transcripts, oncogenic DNA sequences and oncogenic micro-RNAs (83–85) to surrounding immune cells, stromal cells and other tumor cells, and induce various functional changes in the cells (86–89). However, TEXs also contain some immunostimulatory molecules, such as CD80, CD86, MHC complexes (90, 91). They can act as adjuvants and participate in antigen presentation, and thus stimulating the activation of immune response (92). For example, TEXs serve as effective carriers of the chemotherapeutic drug methotrexate and simultaneously act as immunomodulators, stimulating the recruitment of large quantity of neutrophils to the cholangiocarcinoma tumor region and activating the neutrophil anti-tumor response to alleviate obstructive extrahepatic cholangiocarcinoma (93). TEXs are also important mediators in intercellular communication and immune regulation, and the ability of TEXs to protect internal proteins or nucleic acids from degradation makes TEXs the most promising choice as diagnostic and prognostic biomarkers (94).

Currently, TEXs are widely used as diagnostic biomarkers for non-small cell lung cancer (95), pancreatic cancer (96), colorectal cancer (97), and gastric cancer (98).

3.2 Drug-loading strategy

Various studies have suggested that exosome is a potential drug delivery carrier due to its high biocompatibility, low toxicity, low immunogenicity and the ability of crossing natural barriers (99). Various drug-loading strategies have been designed and developed, including incubation (100), physical loading techniques (e.g., electroporation, ultrasound and extrusion) (101, 102), and cell engineering techniques (103), etc. Their pros and cons are presented in Table 1.

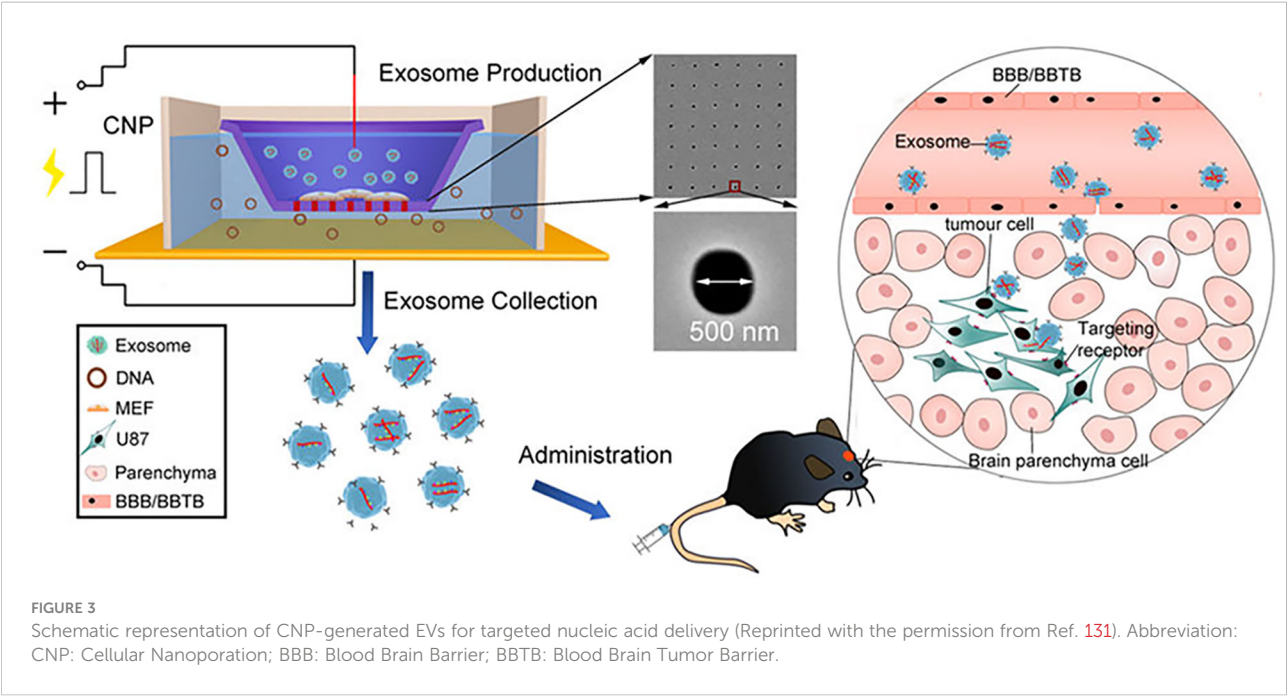
Incubation is the simplest drug-loading method, where the drug diffuses into the exosome membrane or cell membrane according to a concentration gradient (99). Up to now, three incubation strategies have been developed: direct incubation, transfection reagent-mediated incubation, and source cell-mediated incubation (118). They present multiple advantages such as simple operation, no special equipment requirement, preservation of exosome integrity and with minimum damage to Exos and drugs, and these drug-loading strategies have been applied to load different types of drugs. For example, study showed that Exo^{Ce6+R848} was constructed by simple co-incubation of HEK 293T cell-derived Exos with Chlorin e6 (Ce6) and immune adjuvant R848 to reprogram immunosuppressive M2-like phenotypic macrophages and restore the immune microenvironment (119).

Although some payloads cannot be loaded by co-incubation, commercial reagents with better transfection efficacy (e.g., lipofectamine and dharmaFECT3) have been applied to load drugs into Exos (120, 121). For instance, PD-L1 siRNA can be entrapped by Lipofectamine[®] 2000, and then, adding Exos inside can decrease its cytotoxicity and improve its targeting (120). In addition, source cell-mediated incubation was also utilized to obtain DDSs (122). Specifically, donor cells were co-incubated with drugs, causing the secretion of Exos loaded with active drug components (123). Although incubation presents many advantages, the variety of encapsulated drugs is limited and the drug-loading efficiency is relatively low (124).

Physical loading methods including electroporation, ultrasound and extrusion have also been widely applied to load drugs (125). Electroporation is a strategy that drugs are instantaneously loaded into Exos under an electrical impulse (126). In this situation, when the transmembrane potential reaches a certain threshold, a hydrophilic channel is formed in the membrane allowing small molecules hydrophilic nucleic acids to be rapidly loaded by the electric field, followed by self-healing of membranes, which can improve the drug-loading

efficiency (127). In view of this, bone marrow mesenchymal stem cell (BM-MSC) Exos were loaded with galectin-9 siRNA by electroporation and modified with oxaliplatin (OXA) prodrug as an immunogenic cell death trigger to disrupt tumor immunosuppression by M2 TAMs and recruit cytotoxic T lymphocytes, achieving significant therapeutic efficacy in the immunotherapy of pancreatic ductal adenocarcinoma (128). In another study, it was indicated that the loading efficiency of electroporation was three times higher than that of normal incubation (129). Although electroporation showed high drug-loading efficiency, it may damage the intact structure of the Exos and cause cargo aggregation. Therefore, in order to solve these shortcomings, various innovative electroporation strategies were developed to load cargo into Exos (130, 131). Chang et al. (130) batch-produced a 3D NEP chip with a uniform and parallel nanochannel array. The results indicated that this chip showed a significant higher efficiency and transfection uniformity. In addition, our groups (131) developed a cellular nanoporation (CNP) biochip with 500 nm nanochannels, and the scheme is presented in Figure 3. In this work, pores were produced in the cell membrane under transient electrical pulses, and DNA plasmids were shuttled from the buffer into cells. The experimental results indicated that this approach causes less cellular damage and produces more than 50-fold Exos than that of conventional strategies. Moreover, more than 1000-fold mRNA transcripts were loaded inside compared to control. Different from this, the ultrasound method allows the drug to enter the Exos *via* disrupting the Exos membrane by mechanical shear (132). However, ultrasound can result in a degree of membrane damage (106). Extrusion is a technology that breaks the exosome membrane by external force, allowing the mixture of Exos and drugs to recombine into a new exosome (110). Though physical loading methods have been widely used, they also exist some limitations, such as damage the stability and integrity of Exos, specialized equipment requirement and limitation of production scale (118).

In addition to above-mentioned approaches, cell engineering technology is also a drug-loading method. It is a technology that modify the donor cells through gene editing technology or other methods to secrete Exos with target proteins on the cell surface. This approach is the most well-established and complex method, and has been extensively applied to load cargo into Exos (133, 134). Yong et al. (117) developed Exosome-sheathed doxorubicin-loaded PSiNPs (DOX@E-PSiNPs) generated by exocytosis of the tumor cells after treatment with DOX-loaded porous silicon nanoparticles (PSiNPs), penetrating deep into the tumor and exhibiting significant tumor toxicity. In spite of the wide range of applications and greater scope for manipulation of cellular engineering modifications, there are still limitations, such as complicated operations and uncertainty about the cargo of Exos and the amount of cargo (135).



3.3 Exos-based cancer immunotherapy strategies

Exos as a promising drug carrier show the advantage of good biocompatibility, low toxicity, and low immunogenicity. Exos-based cancer immunotherapy strategies including tuning of immunosuppressive tumor microenvironment (ITME), ICB, and cancer vaccines have been widely applied, as shown in Table 2. In order to better understand these strategies, their research status was summarized below.

3.3.1 Tuning of immunosuppressive tumor microenvironment

As is known to us, TME is very complex and comprised of multiple components including cytokines, inflammatory cytokines, extracellular matrix and blood vessels, etc. (3). It

plays an important role in the recruitment of immune cells and tumor progression (143). However, some cancer cells may evade immune systems due to the downregulation of tumor associated antigens, high infiltration of multiple immunosuppressive cells such as TAMs, and low expression of antitumor cytokines (144). In addition, both the physicochemical properties of cancer cells (e.g., hypoxia and weak acidity) and the abnormal metabolic activities can also promote the immune escape of tumors, resulting in an ITME, which becomes one of the major obstacles in cancer immunotherapy (136). Therefore, tuning of ITME can efficiently enhance cancer immunotherapeutic effects.

TAMs, essential elements of the immune responses in TME, play a critical role in inhibiting tumor growth and metastasis (6). TAMs were divided into two phenotypes: tumor-suppressing M1 macrophages and tumor-promoting M2 macrophages. In

TABLE 1 The pros and cons of exosomes-based drug-loading strategies.

Drug-loading strategies	Pros	Cons	Ref
Incubation	Simple operation; No special equipment required; Preservation of exosome integrity; Little damage to exosomes and drugs	Low drug loading efficiency; Cause cytotoxicity	(99, 100, 104, 105)
Ultrasound	High drug loading efficiency	Exosome membrane damage	(106–109)
Extrusion	High drug loading efficiency; Uniform exosome particle size	After reintegrating exosome integrity damage	(110–113)
Electroporation	High drug loading efficiency	Exosome aggregation; Require process optimization; Damage to exosome integrity	(101, 102, 107, 114)
Cell Engineering Techniques	Well-established operating strategy; Toxicity reduction	Complicated operation; Uncertainty of exosomal contents and the amount of cargo	(103, 115–117)

TABLE 2 The samples of Exos-based DDSs for cancer immunotherapy.

DDSs	Exos source	Disease	Kind of study	Immunotherapy strategy	Immunotherapy efficacy	Ref
PTX-M1-Exos	M1-polarized macrophages	Breast cancer	<i>In vivo</i> ; breast xenograft tumors model	Tuning of ITME	High anti-tumor effects	(109)
Exo@DOX-EPT1	Milk	Oral squamous cell carcinomas	<i>In vivo</i> ; oral squamous cell carcinoma xenograft tumors model	pH targeting and tuning of ITME	High effectively treat oral squamous cell carcinomas	(136)
cGAMP@dual-antiExos	Melanoma cell	Melanoma	<i>In vitro</i> ; B16F10 cells	ICB	Effectively activating immune response and inhibiting of immune escape	(137)
Exos encapsulated with sonosensitizers Ce6 and immune adjuvant R848	HEK293T cells	Prostate cancer	<i>In vivo</i> ; mouse brain inflammatory model	Tuning of ITME	Activating effector T cells and reverting the immunosuppressive microenvironment	(119)
Engineered multifunctional immune-modulating Exos	Expi293F cell	Triple negative breast cancer	<i>In vivo</i> , NOD.Cg-Prkdcscid Il2rgtm1Wjl/SzJ (NSG) mice model	ICB	Activating T cells and eliciting robust anticancer immunity, and thus killing cancer cells	(138)
CpG-SAV-exo	Tumor cell	Murine melanoma	<i>In vivo</i> , B16BL6 tumor-bearing mice model	Antigen presentation and T-cell activation	Presenting stronger <i>in vivo</i> antitumor effects in B16BL6 tumor-bearing mice	(9)
Exos loaded CD62L and OX40L	HEK293T cells	Metastatic breast cancer	<i>In vitro</i> ; 4T1 syngeneic mouse model	Tuning of ITME	Activating effector T cells and inhibiting Treg induction, and inhibiting tumor development	(139)
iEXO-OXA	Bone marrow mesenchymal stem cell	Pancreatic cancer	<i>In vivo</i> , Rthotopic PANC-02/luci tumor-bearing mice model	Tuning of ITME	Achieving significant therapeutic efficacy in cancer treatment	(128)
Exos with MART-1 peptide and CCL22 siRNA	Immunogenically dying tumor cells	Bladder cancer	<i>In vivo</i> ; bladder cancer mice model	Cancer vaccines	High anti-tumor effects	(140)
Exos	CAR-T cell	Triple-negative breast cancer	<i>In vivo</i> ; triple-negative breast cancer model	T-cell activation	Showing a highly effective tumor inhibition rate	(141)
SMART-Exos	Expi293 cells	Breast Cancer	<i>In vitro</i> ; breast cancer cells (HCC 1954 cells)	T-cell activation	Showing a highly effective tumor inhibition rate	(142)

PTX-M1-Exos; M1-exosomes loading paclitaxel, ITME; Immunosuppressive tumor microenvironment, Exo@DOX-EPT1; Exosome-doxorubicin-anthracycline endoperoxide derivative, ICB; Immune checkpoint blockades, Ce6; Chlorin e6, CpG-SAV-exo; CpG-SAV-exosomes, iEXO-OXA; Exosomes loading oxaliplatin; Exos, Exosomes.

general, TME promotes the functionality of TAMs into M2 phenotypes, and M2 macrophages produce immunosuppressive cytokines to facilitate tumor progression (145). In contrast, M1 macrophages are activated by pro-inflammatory cytokines, resulting in tumor suppression (146). Thus, regulation of macrophage polarization from M2 phenotypes to M1 phenotypes can efficiently inhibit cancer progression. In order to reactivate TME and enhance the efficiency of breast cancer therapy, Zhao et al. (6) designed and established exosome delivery system derived from M1 macrophage (DTX-M1-Exo). The results indicated that DTX-M1-Exo can promote the development of naïve macrophages into M1 phenotype. Meanwhile, M1 macrophages was long-term maintained by

modulating mitochondrial function. DTX-M1-Exo showed a great antitumor therapeutic efficacy. Similarly, Zhou et al. (128) designed and developed a pancreatic-targeting Exos-based dual delivery biosystem (iEXO-OXA) for pancreatic immunotherapy, and the scheme is shown in Figure 4A). In their work, Exos were secreted from bone marrow mesenchymal stem cell. Galectin-9 siRNA was loaded inside Exos by electroporation method, and OXA was modified on the surface to trigger immunogenic cell death. The results indicated that iEXO-OXA promoted the polarization of M2 phenotype to M1 phenotype upon disrupting the combination of galectin-9 and dectin 1, and TME was reprogrammed, increasing anti-tumor immunity for pancreatic cancer. Moreover, researches showed

that high molecular-weight folic acid could suppresses M1 macrophage polarization and enhance M2 polarization, resulting in immunosuppression (15). In order to modulate TME, Feng et al. (15) designed and fabricated folic acid modified exos with expressing of human hyaluronidase (PH20) drug delivery platform (Exos-PH20-FA) for cancer therapy. The results indicated that Exos-PH20-FA can degrade

high molecular-weight folic acid to low-molecular-weight folic acid and polarize macrophages to the M1 type, thereby improving the efficiency of cancer therapy. Meanwhile, Exos-PH20-FA also reduced tumor cell metastasis, which provides a promising treatment for cancer.

Persistent inflammation is also another characteristic of TME (146). It can induce stromal destruction and normal

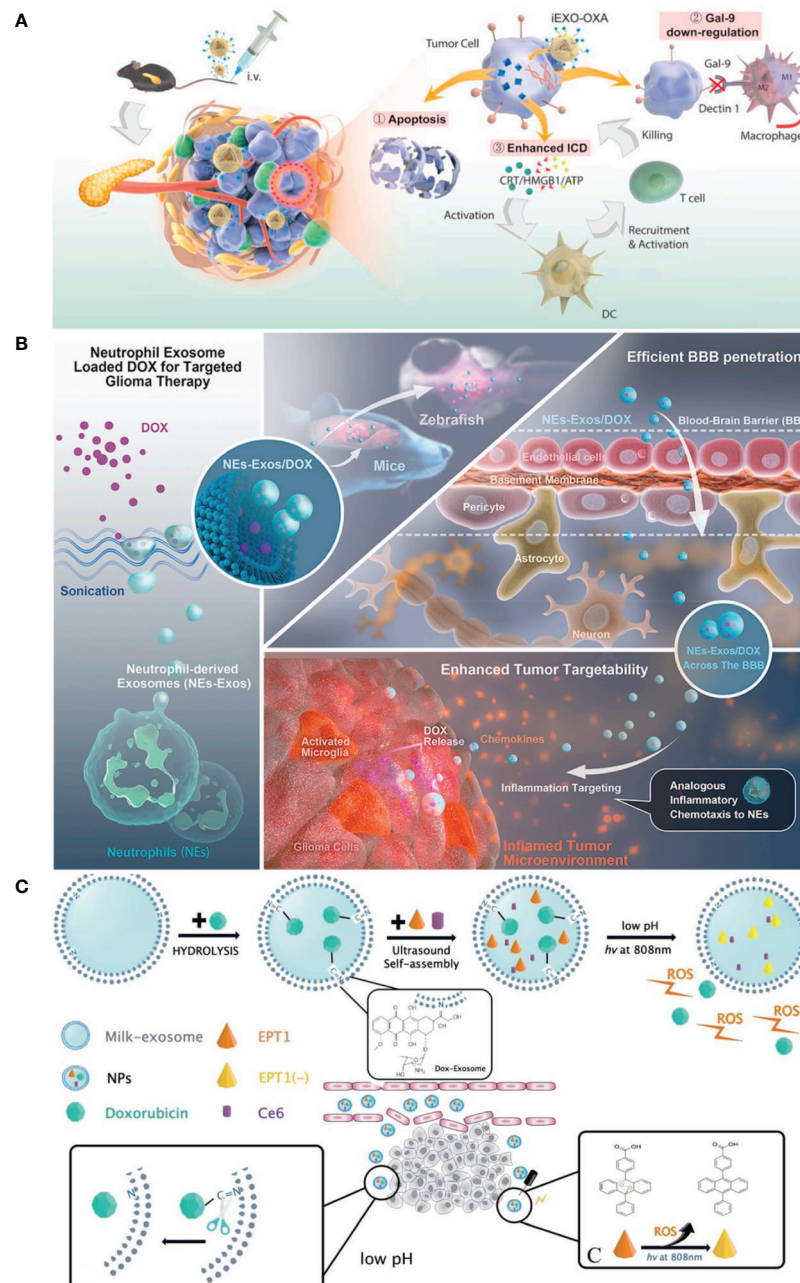


FIGURE 4

(A) Pancreatic-targeting exosomes-based dual delivery biosystem for pancreatic immunotherapy and reprogramming tumor microenvironment (Reprinted with the permission from Ref. 128); (B) The Scheme of NEs-Exos system for glioma immunotherapy (Reprinted with the permission from Ref. 147); (C) The preparation scheme and therapeutic process of Exo@DOX-EPT1 for oral squamous cell carcinoma (Reprinted with the permission from Ref. 136). iEXO-OXA, Exosomes loading oxaliplatin; ICD, immunogenic cell death; EPT1, Endoperoxide derivative; NPs, Nanoparticles; DOX, Doxorubicin; ROS, reactive oxygen; Ce6, Chlorin e6.

tumor vasculature, and thus inhibiting tumor growth. Researches showed that the secretion of pro-inflammatory cytokines, such as TNF- α , can trigger the apoptosis of cancer cells in tumor site (148). Wang et al. (109) established DDSs based on M1-EXOs. The results indicated that the expression level of caspase-3 and pro-inflammatory cytokines were elevated when M1-Exos were exposed around macrophages. Macrophages were polarized to M1 phenotype, and thus enhancing antitumor activity. In addition, in recent years, inflammatory TME targeting has been recognized as a promising and attractive therapeutic strategy. Encouraged by these, Wang et al. (147) designed and developed a neutrophil-Exos (NEs-Exos) system to deliver DOX for glioma immunotherapy, and the scheme is shown in Figure 4B). First, they isolated Exos from neutrophil by ultracentrifugation technique. And then, DOX was loaded inside Exos by sonication. The cellular uptake and the effect of NEs-Exos *in vitro* were investigated. In addition, the tumor-targetability and anti-glioma effect of NEs-Exos were also examined *in vivo*. The results indicated that NEs-Exos not only present the ability of crossing blood brain barrier, but can also respond to inflammatory stimuli and move to inflamed glioma site.

In addition, owing to high glycolysis rate and increased production of lactate, weak acidity becomes another distinct hallmark of ITME, and it can induce irreversible tumor metastasis and promote the tumor growth (149). Therefore, many researchers were devoted to develop pH-responsive DDSs to target tumors and improve tumor therapy efficiency. Kim et al. (149) fabricated a pH-responsive DDSs based on i-motif-modified Exos (Exo-i-motif) to delivery DOX for anti-proliferation activity. The results indicated that Exo-i-motif showed significant anti-proliferation effect in MCF-7/MDR cells. Meanwhile, hypoxia is another feature of ITME and it can promote the tumor growth (149). In this situation, the reactive oxygen (ROS) secreted could correct hypoxia in TME and suppress cancer cells. Therefore, targeting acidic TME and correcting the hypoxic TME is also a promising approach for cancer therapy. Based on these, Zhang et al. (136) established a novel pH/light sensitive drug delivery platform using milk-Exos (Exo@DOX-EPT1) in squamous cell carcinoma therapy, and the scheme is shown in Figure 4C). In their work, DOX was conjugated to the membrane of Exos by a pH-cleavable bond which can target acidic microenvironment. Endoperoxides and Ce6 were both incorporated inside the Exos. The results indicated that Exo@DOX-EPT1 can be efficiently accumulated in tumor site and DOX was specifically released by acid environment stimulation. Ce6 could produce plasmonic heat upon NIR irradiating and ROS was effectively released to kill cancer cells.

3.3.2 Immune checkpoint blockade

ICB as an emerging cancer immunotherapy can block the regulatory receptors which are expressed on immune cells or tumor cells, and thus activating antitumor cytotoxic T-cell

responses and improving cancer therapy efficiency (110, 150). In the past years, PD-1 and CTLA-4 inhibitory receptors were extensively studied and undergone clinic success (151). Despite ICB showed excellent cancer therapy effects, and some inhibitors including anti-CTLA-4 and PD-L1 monoclonal antibodies have been approved by FDA, however, some limitations still exist such as high off-target, low objective response rate and the risk of immune-related side effects (152). Therefore, in order to solve aforementioned drawbacks, many researchers focus on ICB inhibitors DDSs. For instance, Fan et al. (137) developed an Exos-based DDSs (named as cGAMP@dual-anti-Exos) in which anti-PD-L1 and anti-CD40 were all engineered on the surface of Exos for cancer immunotherapy, and the scheme is shown in Figure 5A). Firstly, lipophilic DSPE-PEG-anti-CD40 and DSPE-PEG-PLGVA-anti-PD-L1 were synthesized and applied to donor cells. Meanwhile, immune drug (2'-3'-cyclic guanosine monophosphate-adenosine monophosphate (cGAMP)) was also incubated with donor cells. And then, cGAMP@dual-anti-Exos was generated with these molecules loaded inside. The results indicated that cGAMP@dual-anti-Exos presented excellent targeting and anti-tumor effects, since PLGVA peptides could be cut off by the matrix metalloproteinase enzyme (MMP-2) inside the TME, and anti-PD-L1 was separated from Exos to achieve ICB (137). Similarly, Zhou et al. (153) designed and fabricated exosome-mimetic nanovesicles co-loading CD73 inhibitor (AB680) and PD-L1 antibodies (AB680@EMVs-aPDL1) to target bladder cancer, and the scheme is presented in Figure 5B). In this work, macrophage cell line (RAW264.7 cells) was chosen to secrete exosome-mimetic nanovesicles and AB680 was loaded inside by coextrusion method. After that, PD-L1 antibodies was conjugated to the surface of the exosome-mimetic nanovesicles for ICB. The results suggested that AB680@EMVs-aPDL1 was conducive to drive the transition of CD8⁺ T-cells into effector cells owing to the existence of CD73 molecules. Moreover, a more efficient antitumor effect to PD-1 inhibition and better tumor regression were presented owing to a higher CD8⁺/CD4⁺ ratio in bladder cancer. In addition, the toxicity and biosafety *in vivo* were also evaluated, indicating that AB680@EMVs-aPDL1 was safe and had low toxicity. This work also provides a new and useful strategy for bladder cancer immunotherapy.

CTLA-4, which belongs to the CD28 receptor family, is overexpressed on the activated T cells and Tregs (10). It interacts with CD80/CD86 molecules expressed on the APCs and impedes T-cell activation and downregulates immune responses (21). Therefore, blocking the interaction between CTLA-4 and CD80/CD86 molecules on the APCs can activate T cells and enhance tumor immunotherapeutic efficacy. Recently, many researchers focus on this therapeutic strategy. For example, Phung et al. (10) constructed an exosome-based drug delivery platform (EXO-OVA-mAb) in which Exos were secreted from DCs and anti-CTLA-4 antibody was modified on their surface. EXO-OVA-mAb presented stronger ability of

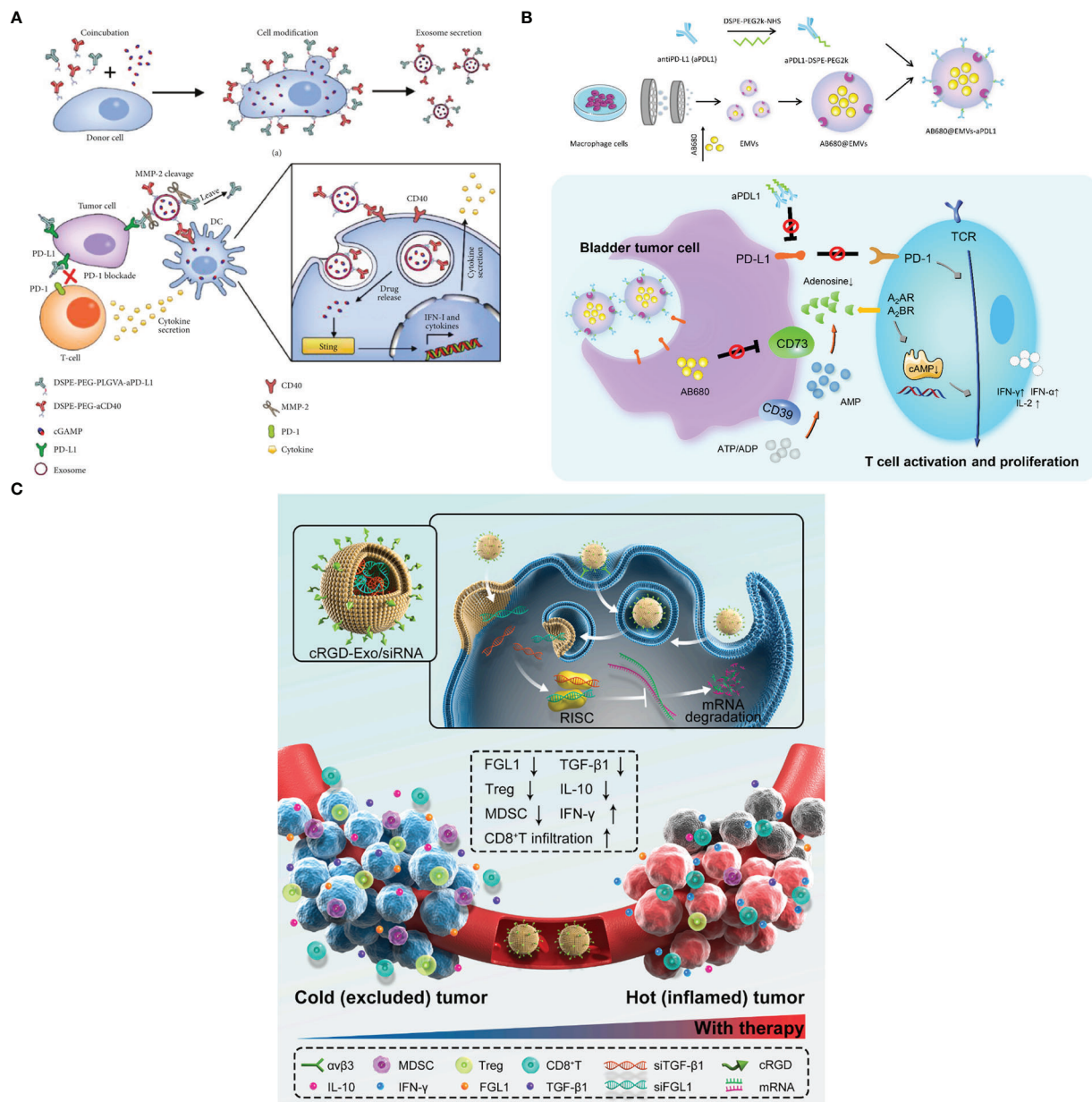


FIGURE 5

(A) The fabricated scheme of cGAMP@anti-Exos and the process of cancer immunotherapy (Reprinted with the permission from Ref. 137). (B) The scheme of AB680@EMVs-aPD1 for bladder cancer therapy (Reprinted with the permission from Ref. 153). (C) The mechanism of cRGD-Exo/siMix for colorectal cancer immunotherapy *in vivo* (Reprinted with the permission from Ref. 154). PD-1; Programmed cell death protein 1, PD-L1; Programmed cell death ligand; MMP-2; Matrix metalloproteinase enzyme; cGAMP; 2'-3'-cyclic guanosine monophosphate-adenosine monophosphate; AB680; CD73 inhibitor, EMVs; Exosome-mimetic nanovesicles, aPD1; Monoclonal antibody targeting programmed cell death ligand 1; cRGD-Exo/siMix; a cyclic RGD peptide (cRGD)-modified exosome delivery system that simultaneously delivered FGL1 and TGFβ1 siRNAs.

activating T cells than others and increased the CTLs/Treg ratio within the tumor site, and this phenomenon may be attributed to the crucial role of anti-CTLA-4 antibody. Moreover, EXO-OVA-mAb also increased the level of IFN-γ and TNF-α in both serum and tumors, and thus enhancing cancer therapeutic effect.

CD47 as another immune checkpoint is also overexpressed on the most tumor cells, and it often interacts with signal

regulatory protein α (SIRPα) on phagocytic cells, which activates “don’t eat me signal” of CD47 and leads tumor cells to escape from immune monitoring (16). Therefore, blocking the interaction between CD47 and SIRPα can enhance tumor therapeutic efficacy. Based on this strategy, Koh et al. (155) designed and developed SIRPα-Exos for interfering CD47-SIRPα interaction to enhance cancer immunotherapy. In their

work, plasmid DNA encoding SIRP α variant was firstly constructed and cocultured with HEK293T cells. And then, engineered Exos with SIRP α proteins were obtained by ultracentrifuged method. Finally, the anti-tumor effect was evaluated in mouse model. The results indicated that SIRP α -Exos presented higher CD47 affinity than control Exos, and enhanced tumor cell phagocytosis *in vitro* and *in vivo*. In addition, the existence of SIRP α -Exos also improved the infiltration of CD8 $^{+}$ T cell, suggesting that SIRP α -Exos could efficiently induce tumor phagocytosis and lead to anti-tumor T cell response.

In addition, silencing the expression of tumor immune checkpoint is also another strategy for cancer immunotherapy. Pei et al. (154) established a cyclic RGD peptide (cRGD)-modified exosome co-loaded with siFGL1 and siTGF- β 1 (cRGD-Exo/siMix) for colorectal cancer immunotherapy by ICB, and the scheme is shown in Figure 5C). cRGD-Exo/siMix can efficiently deliver siFGL1 to silence the expression of tumor immune checkpoint ligand FGL1, and T cells were significantly activated.

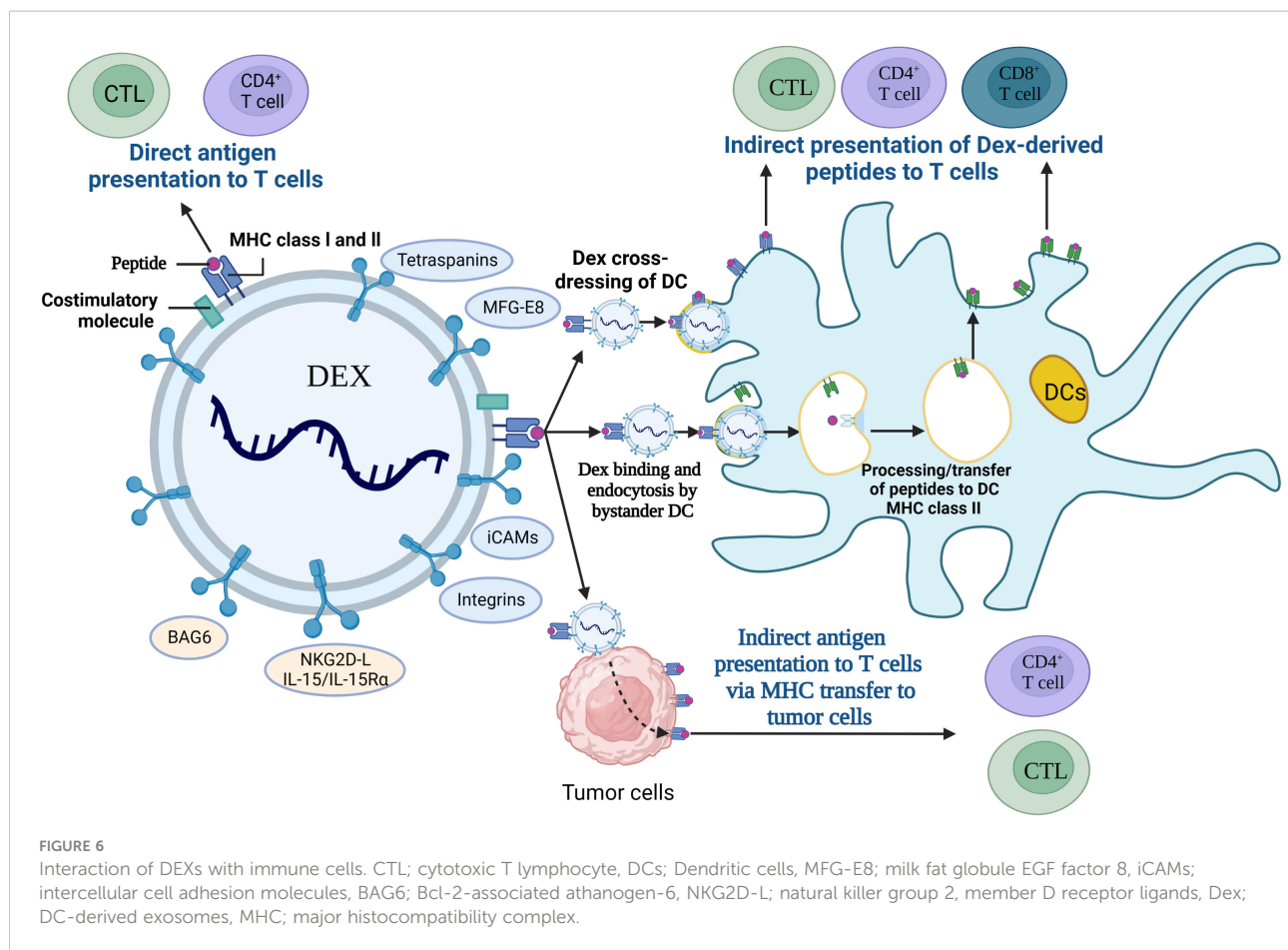
3.3.3 Exosomes-based therapeutic cancer vaccines

It is well known that cancer immunotherapy is largely dependent on the functions of APCs and T cell, because the cancer immunity cycle must be repeatedly initiated and expanded to achieve sustained cancer immune response. In view of this, many researchers focus on cancer immunotherapy *via* Exos-based therapeutic cancer vaccines.

DEXs have been widely used in therapeutic vaccines as an effective alternative to tumor antigens and have tremendous potential for cancer immunotherapy due to their features of long validity period and easily being engineered (156). DEXs express peptide/MHC-I and peptide/MHC-II complexes (pMHC I and pMHC II), heat-shock proteins (HSP), costimulatory molecules (CD80, CD86) and adhesion molecules, and they are involved in antigen uptake and presentation, and also activation of the antitumor response in CD4 $^{+}$ and CD8 $^{+}$ T cells (157), and the interaction mechanism is shown in Figure 6. Research found that Exos secreted from α -fetoprotein (AFP)-expressing DCs (DEX_{AFP}) stimulated CD8 $^{+}$ T lymphocytes to express IFN- γ and secrete IL-2, which led to the reduced CD25 $^{+}$ Foxp3 $^{+}$ Treg, IL-10 and TGF- β in the tumor microenvironment (158). DEX_{AFP} elicited potent antigen-specific immune responses and was proved to be a cell-free vaccine for immunotherapy. Furthermore, a novel EXO-T vaccine was developed which converted the exhausted T cells into tumor-specific effector CTL *via* the CD40L signaling pathway of CD4 $^{+}$ T cells to stimulate a more massive CTL anti-tumor response (159). Moreover, HER2-specific exosome (EXO)-T vaccine was also developed to trigger the activation of immune responses and assist in the treatment against HER2-positive breast cancer (160).

In general, TEXs can also interfere with the immune system by delivering tumor antigens to DCs. However, because TEXs

have the dual role of immunosuppressive and immune activating effects, there is a concern that TEXs will block antigen processing and presentation in DCs (161–164). Study showed that TEXs could be used for vaccine with immunostimulatory effects because they have the same rejection antigens as tumor cells (165). Recently, TEXs containing tumor-specific antigens were extracted from autologous tumor tissue to regulate the Th1 immune response in melanoma, and they blocked tumor growth and metastasis (166). However, the immune response elicited by TEXs is relatively weak which results in the unsatisfactory antitumor effect, so efforts have been made to generate vaccine systems, such as artificially modified TEXs and TEXs-loaded DC, with higher immunogenicity, (167). Common strategies for TEXs modifications include genetic modification (168), external stimulation of donor cells (169), and incorporation of fusion proteins (170). CIITA (Class II transactivator) gene was transduced into B16F1 murine melanoma cell line (B16F1-CIITA) by genetic engineering, and the secreted Exos (CIITA-Exo) expressed high level of MHC-II as well as the tumor antigen TRP2. CIITA-Exo enhanced the splenocyte proliferation and IL-2 secretion, and induced inflammatory cytokines (such as TNF- α and IL-12) mRNA production, so that CIITA-Exo had a more potent anti-tumor immune response compared to control Exos (168). In addition, Morishita et al. (9) chose TEXs as tumor antigen carrier to establish a tumor antigens-adjuvant co-delivery system. In their work, firstly, murine melanoma B16BL6 tumor cells were engineered to produce Exos expressing SAV-LA, and then immunostimulatory CpG DNA was modified on the surface of Exos by SAV-biotin interaction (CpG-SAV-Exo), and the scheme is shown in Figure 7A). The results indicated that CpG-SAV-Exo could efficiently deliver CpG DNA to APC, showing a high antigens-presenting capacity. Meanwhile, CpG-SAV-Exo can efficiently activate T cells and present an excellent antitumor efficacy. Apart from genetic modification, to enrich Exos with more HSP70, external heat stimulation was applied to tumor cells, and the HSP70-enriched Exos (HS Exo) was shown to increase the expression of MHC-II and achieve higher productions of IgG2a and IFN- γ , resulting in strong Th1 immune responses and eliminating cancer cells (169). In addition, the incorporation of viral fusion proteins (such as the G protein of vesicular stomatitis virus (VSV-G)) into TEXs enhances their uptake, induces the maturation of DCs, and improves immunogenicity (172). Co-expression of antigen OVA and VSV-G on TEXs induced a specific CTL immune response *in vivo*, as exhibited with increased IgG2a antibody responses and amplification of antigen-specific CD8 $^{+}$ T cells (170). In addition, another strategy to enhance TEXs vaccine activity is the application of TEXs-loaded DCs, which is due to the advantage of efficient antigen processing and MHC I loading of DCs after co-incubation with TAA-TEXs. Therefore, *in vitro* activation and loading of TEXs into DCs initiate an effective antitumor response, which overcomes the immunosuppressive



limitations of TEXs alone (165). TEXs-loaded DCs activate T lymphocytes to develop into antigen-specific CTLs and trigger specific CTL immune responses with strongly cytotoxicity to autologous tumor cells (173). In a similar study, DCs that loaded with Exos from the supernatant of HeLa cells (HeLa-TEXs) enhanced the proliferation and cytotoxic activity of CTLs, whereas HeLa-TEXs alone showed no effect (174). Before TEXs-loaded DCs were developed, DCs were also used to load tumor lysates, but there is no disputing that TEXs are a better source of TAA due to the better antigen processing and presentation (175). In a comparative study, TEXs-loaded DCs (DC-TEXs) was significantly superior to lysate-loaded DCs in vaccination efficacy. TEX is more effective than tumor lysates in inducing an appropriate anti-tumor immune response, avoiding potentially fatalities in inoculated mice, and providing more persistent antigen presentation and priority antigen processing (176). Overall, immunogenic Exos could serve as adjuvants for therapeutic cancer vaccines in the future.

In addition, a novel strategy for directly activating T cells was also introduced in recently years. Zhao et al. (171) designed and developed a microfluidic device to produce antigenic Exos modified with peptide complex (e.g., gp-100, MART-1, and MAGE-A3) on demand. They also designed magnetic-

nanoparticles with functionalized photo-cleavable and peptide affinity probe for capturing antigenic Exos *via* a light trigger. Meanwhile, the antitumor capability of antigenic Exos was also evaluated *in vitro* and *in vivo*, and the scheme is shown in Figure 7B). The results indicated that Exos which were modified with melanoma tumor peptides including gp-100, MART-1 and MAGE-A3 enhanced the ability of antigen presentation and T cell activation. This is because MHC-I and tumor peptides can form MHC-I/peptide binding complex which can be presented to cytotoxic T cells and thus triggering an immediate response from the immune system (3, 171). Moreover, conjugating cytokine-loaded Exos to T cells surfaces is also another strategy that can enhance adaptive T cell therapy. This approach is simple and can minimize systemic side effects of adjuvant drugs (21).

3.3.4 Combination therapy

The development of immunotherapy has yielded remarkable results in recent years. Currently, various ICIs have been approved by FDA as single agents for cancer treatment, however, the response rate for ICIs is only 10-35% (177–179). The effectiveness of immunotherapy is directly dependent on the state of the tumor microenvironment, while TME mostly presents an

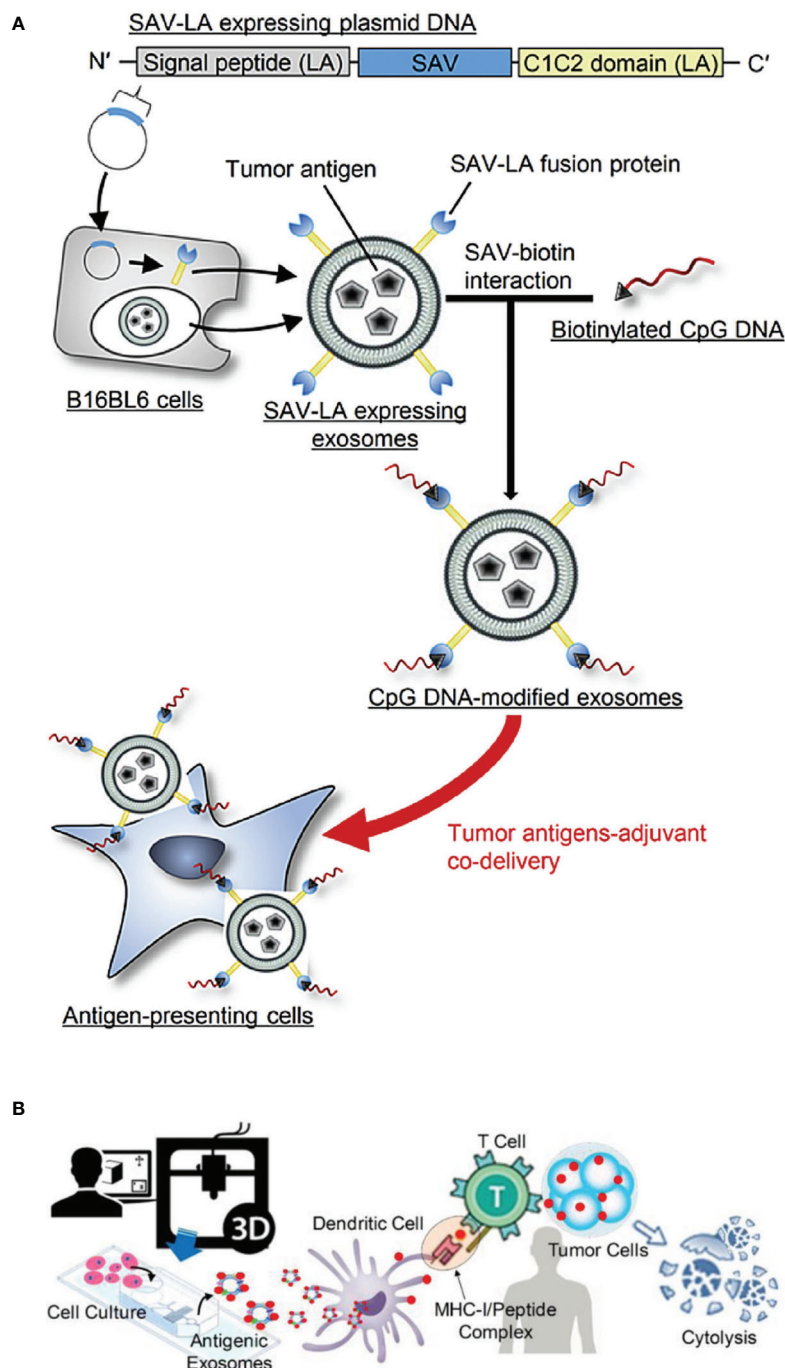


FIGURE 7

(A) The scheme of CpG-SAV-exo to deliver APCs (Reprinted with the permission from Ref. 9); (B) The scheme of MHC-I positive exosomes for activating anti-tumor responses (Reprinted with the permission from Ref. 171). SAV; Streptavidin, SAV-LA; N-terminal secretion signal of lactadherin (LA) and C1C2 domain of LA.

immunosuppressed condition with lack of T-cell infiltration or dysfunction, poor immunogenicity. Moreover, multiple mechanisms of drug resistance also contribute to the low efficiency in immunotherapy (180). Therefore, new alternative

treatment strategies are being explored, and combination therapy containing two or three anti-tumor approaches (including chemotherapy, radiotherapy, photodynamic therapy, targeted therapy, vaccines, oncolytic viruses, ICB, ACT etc.) to achieve

higher efficacy is under evaluation (181, 182). Chemotherapeutic agents [such as anthracyclines, cyclophosphamide, oxaliplatin and paclitaxel (183)] are highly cytotoxic. However, chemotherapeutic drugs can trigger immunogenic cell death to act as adjuvants for immunotherapy by releasing damage-associated molecular patterns and activating apoptosis which make tumors more sensitive to immunotherapy (184). TEX-loaded DC vaccine in combination with chemotherapy could effectively suppress tumor-infiltrating MDSCs, inhibit tumor cell migration and promote greater T-cell activation, resulting in a longer survival time compared to DCs-TEX vaccinated only mice (185). Likewise, radiotherapy can enhance the antitumor effects of immunotherapy by increasing tumor antigenicity through multiple approaches. Radiation has an abscopal effect allowing for systemic tumor control (186) and can trigger the cGAS/STING pathway and stimulate innate and adaptive immune responses through DNA damage and ROS production (187). Short-burst radiation treatment significantly enhanced the delivery efficiency of PD-L1siRNA-loaded targeted Exos, altered the immune environment, sensitized poorly immunogenic glioblastomas to ICB, inhibited tumor growth, and prolonged the survival of tumor-bearing mice (188, 189). Otherwise, photodynamic therapy in synergy with immunotherapy has become a focus of research to overcome the low efficacy of immunotherapy for primary tumors and to monitor

the drug delivery status at the target site (190). TEXs loaded with the photosensitizer Ce6 have been used as vehicles for photoacoustic-guided photodynamic therapy and as tumor antigens to stimulate the immune system to activate anti-tumor responses (191), and the scheme is illustrated in Figure 8A. The lack of tumor infiltration in ICB can also be addressed by oncolytic viruses, which provide a critical switch for the immune system. Oncolytic viruses invade tumor cells and replicate extensively inside, leading to tumor cell lysis (194), and on the other hand recruiting TILs into the damaged tumor, initiating the release of tumor antigens and pro-inflammatory cytokines and promoting the activation of the immune system (195). The scheme is shown in Figure 8B, and it was demonstrated that VSVΔ51 oncolytic viruses loaded with artificial amiRNA-4, when co-targeted with Exos carrying amiRNA-4 and PD-L1 shRNA cargoes, upregulated PD-L1 expression, sensitized tumors to CTLA4 and PD-1 immune checkpoint inhibition, enhanced death of tumor cells, and prolonged overall survival in mice (192). Chimeric antigen receptor T (CAR T) cell therapy has achieved remarkable results in hematologic malignancies, but the results in solid tumors have been less than satisfactory. TDC-Exo, a DC-secreted exosome stimulated by tumor antigen carrying MHC-antigen complexes and CD86, was developed as the “CAR” portion of CAR-T, activating T cells and cooperating with anti-CD3 and anti-EGFR

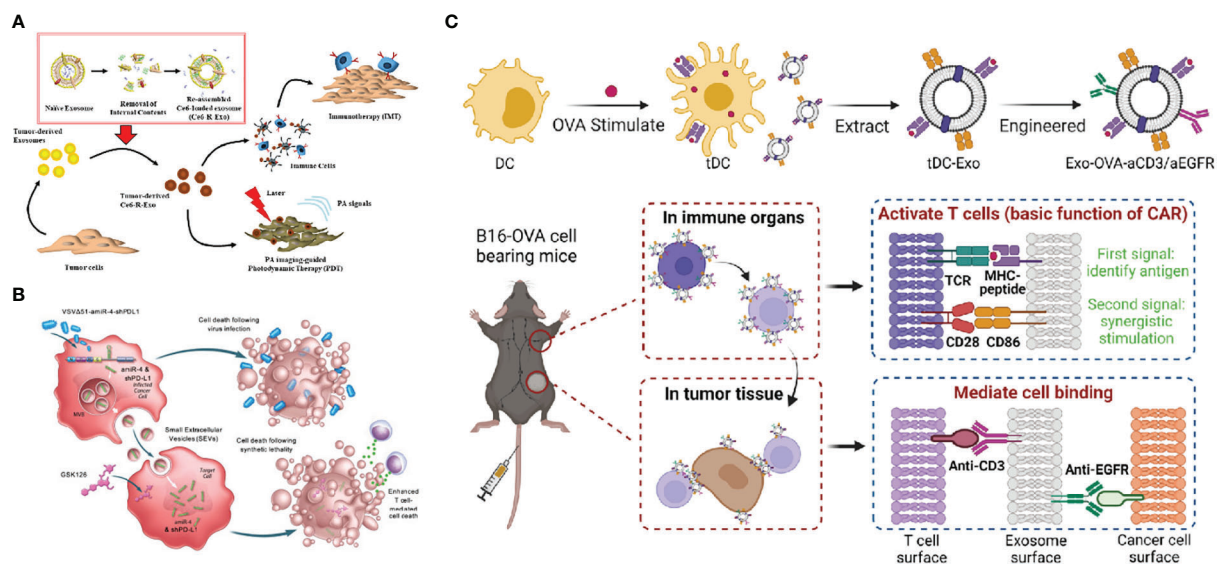


FIGURE 8

(A) Schematic diagram of photoacoustic imaging-guided combined photodynamic and immunotherapy for Ce6-R-Exo treatment (Reprinted with the permission from Ref. 191) (B) Schematic illustration of VSVΔ51-amiR-4-shPD-L1 exerting enhanced T cell-mediated cancer cell death (Reprinted with the permission from Ref. 192) (C) The above diagram is a schematic view of the construction of the engineered tDC-Exo (Exo-OVA-aCD3/aEGFR) with anti-CD3 and anti-EGFR antibodies. The bottom diagram shows the simulated CAR-T treatment process (Reprinted with the permission from Ref. 193). R-Exo; re-assembled exosome, Ce6-R-Exo; chlorin e6-loaded R-Exo, IMT; immunotherapy, PDT; photodynamic therapy, PA; photoacoustic, VSVΔ51-amiR-4-shPD-L1; VSVΔ51 oncolytic viruses- artificial microRNA-4- shPD-L1, MVB; multivesicular bodies, SEVs; small extracellular vesicles, DC; dendritic cells, tDC-Exo; tumor antigen-stimulated dendritic cell-derived exosomes, aEGFR; anti-epidermal growth factor receptors antibodies, OVA; ovalbumin, CAR; chimeric antigen receptor, TCR; T cell receptor, MHC; major histocompatibility complex.

and immune checkpoint inhibitory antibodies anti-PD-L1, further enhancing the efficacy of the CAR-T cell therapy mimetic platform for solid tumor treatment (193). The scheme is demonstrated in Figure 8C.

4 Clinical translation and challenges of Exos as DDSs

Currently, several cancers therapeutic strategies-based Exos DDSs have undergone clinic trials, and the relevant data which was obtained from <https://clinicaltrials.gov/> are present in Table 3. As shown in Table 3, only few of Exos-based DDSs for cancer therapy have entered into clinical trials. Moreover, all of them are in the early clinical stage, suggesting that they still face many challenges.

Firstly, the stable mass production of Exos is the primary challenge. As is known to all, the selection and culture of donor cells are one of significantly important factors. In recent years, mesenchymal stromal cells and cardiac progenitor cells have been proved to provide stable Exos production during scale-up culture. Moreover, cell culture technologies have also been improved and up to 20,000 L of cells can also be cultured *via* stainless-steel bioreactors. In spite of this, the clinical translation of Exos is still difficult. The main reason is that the scaling-up process is relatively expensive. Furthermore, the conditions of cell culture also need to be meticulous, because improper operation may cause cell contamination, which can result in cell subtypes and variation. Therefore, strictly controlling and maintaining the genetic stability of donor cells are difficult.

Secondly, the isolation and purification of Exos are another challenge. Currently, the extraction technologies including ultracentrifugation, tangential flow fractionation, exclusion chromatography and commercial extraction kits have been extensively employed to isolate Exos. Of which, tangential flow fractionation is often used in the mass production of Exos in the clinical trials. However, the purity of Exos obtained by this separation method is low, thereby limiting its application. Although high purity of Exos can be obtained by ultracentrifugation, its features of low throughput and high cost limit the mass production of Exos. Currently, there is no standard procedures for large-scale Exos separation. Therefore, it is urgent to develop an advanced technique with high efficiency, high quality and low cost to separate Exos for DDSs.

Furthermore, the surface modification of Exos is also one of important factors because it affects the targeting functions and biological effects of DDSs. In general, two methods including chemical modification and genetic engineering can be used for the surface modification of Exos. Genetic engineering is highly effective for surface modification by fusing the gene sequence of targeting protein with exosomal membrane protein. However, this approach is limited to genetically encoded targeting motifs. Chemical modification often affects the structure and function of Exos, and thus limiting their application. Meanwhile, there is no standard strategies for loading drugs. Recently, many drug-loading strategies including incubation, electroporation, ultrasound, and cell engineering techniques have been applied. They all have their limitations to some extent. For instance, incubation is the simplest drug-loading method. It does not require special equipment, and the structure of Exos is rarely damaged. However, low drug-loading efficiency was presented in this loading method. Although ultrasound and electroporation can improve drug-loading efficiency, the membrane of exosome maybe damaged and aggregation of Exos may be caused by these methods. Meanwhile, the operation of cell engineering techniques is too complicated though it is considered as well-established operating strategy.

In addition to these limitations mentioned above, the storage conditions of purified Exos also play critical role in clinical translation of Exos. An increasing number of researches suggested that Exos derived from different sources require different storage conditions, because the storage temperature and storage solution (e.g., saline, PBS, cell culture media, etc.) all affected the particle size and protein content of Exos. Therefore, further researches should take the influences of storage conditions into consideration for Exos as drug delivery carriers.

5 Conclusions

In this review, some relevant knowledges including the biogenesis and composition of Exos, the source of Exos for DDSs, drug-loading strategies, cancer immunotherapy strategies, and their clinical translation and challenges were discussed. Exos are mainly divided into immune cell-derived and tumor cell-derived Exos. They can inherit the properties of donor cells and participate in the innate and adaptive immune

TABLE 3 The current clinical trials of Exos as drug delivery vehicles.

DDSs	Exos source	Disease	NTC number	Clinic phase
Curcumin Exos	Plant	Colon cancer	NCT01294072	Phase 1
A vaccination with tumor antigen-loaded Exos	Dendritic cell	Non-small cell lung cancer	NCT01159288	Phase 2
Exos with KRAS G12D siRNA (iExos)	Mesenchymal stromal cells	Pancreatic cancer	NCT03608631	Phase 1
The data is obtained from https://clinicaltrials.gov/ .				

responses, thus promoting extensive applications of immune cells-derived Exos as drug delivery carrier. Meanwhile, various drug-loading strategies of Exos-based DDSs including incubation, physical loading techniques (e.g., electroporation, ultrasound and extrusion), and cell engineering techniques have been designed and developed. In addition, Exos-based cancer immunotherapy strategies (e.g., tuning of ITME, ICB, cancer vaccines, etc.) have been extensively applied, they all presented excellent therapeutic effects.

To our delight, nowadays, several cancers immunotherapeutic strategies-based Exos DDSs have undergone clinic trials. In spite of this, they still face many challenges including their stable mass production, their isolation and purification, their surface modification, and their storage conditions. Therefore, cell culture technologies should be further improved and related bioreactors should also be designed and developed to scale up the Exos production in the future. In addition, it is urgent to develop an advanced technique with high efficiency, high quality and low cost to separate and purify Exos which can be used in DDSs. Meanwhile, the storage conditions of purified Exos from different cell sources should be further explored. Overall, although Exos as drug delivery vesicles still exist some challenges, they provide an excellent platform for cancer immunotherapy.

Author contributions

All authors listed have made a substantial, direct, and intellectual contribution to the work and approved it for publication.

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Conflict of interest

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Therapeutic immunomodulation by rationally designed nucleic acids and nucleic acid nanoparticles

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The immune system has evolved to defend organisms against exogenous threats such as viruses, bacteria, fungi, and parasites by distinguishing between “self” and “non-self”. In addition, it guards us against other diseases, such as cancer, by detecting and responding to transformed and senescent cells. However, for survival and propagation, the altered cells and invading pathogens often employ a wide range of mechanisms to avoid, inhibit, or manipulate the immunorecognition. As such, the development of new modes of therapeutic intervention to augment protective and prevent harmful immune responses is desirable. Nucleic acids are biopolymers essential for all forms of life and, therefore, delineating the complex defensive mechanisms developed against non-self nucleic acids can offer an exciting avenue for future biomedicine. Nucleic acid technologies have already established numerous approaches in therapy and biotechnology; recently, rationally designed nucleic acids nanoparticles (NANPs) with regulated physiochemical properties and biological activities has expanded our repertoire of therapeutic options. When compared to conventional therapeutic nucleic acids (TNAs), NANP technologies can be rendered more beneficial for synchronized delivery of multiple TNAs with defined stabilities, immunological profiles, and therapeutic functions. This review highlights several recent advances and possible future directions of TNA and NANP technologies that are under development for controlled immunomodulation.

KEYWORDS

PRR, PAMP, DAMP, NANPs, immunomodulation, innate immune system, therapy

Immunorecognition of nucleic acids

From prokaryotes to eukaryotes, all cellular forms of life possess a variety of conserved defense mechanisms against pathogens. Bacteria and archaea have evolved multiple intracellular immune systems to protect against viral phage infections, including restricted-modification (R-M), prokaryotic Argonaute proteins (pAgo), clustered regularly interspaced palindromic repeats (CRISPR) and CRISPR associated (Cas) proteins, abortive infection (Abi) and the more recently discovered antiviral STAND NTPase (Avs) homolog proteins (1, 2).

Conceptually parallel to eukaryotic organisms, prokaryotes have both innate (e.g., R-M and pAgo) and adaptive (e.g., CRISPR/Cas) systems; most of which target invading nucleic acids (1, 3). The R-M and similar systems are based on the endonuclease-mediated cleavage of any DNA that lacks specific epigenetic modifications. CRISPR/Cas-mediated immunological memory consists of the insertion of short DNA sequences from intruding DNA into CRISPR arrays in the host genome, ultimately providing sequence-specific cleavage/degradation of foreign nucleic acids after a second encounter (4, 5).

In eukaryotes, defense against pathogenic infection involves multiple cellular and molecular strategies. One example of protection against pathogenic nucleic acids is RNA interference (RNAi), which is conserved from unicellular eukaryotes to mammals. RNAi machinery has many functions, including the recognition of “non-self” double-stranded RNAs originated from viruses and retrotransposons triggering silencing of the target RNA (6). Small silencing RNAs include small interfering RNAs (siRNAs), microRNAs (miRNAs), and PIWI-interacting RNAs (piRNAs) that regulate not only antimicrobial immunity but also “self” gene expression. In cases of viral infection, Dicer-dependent production of virus-derived small interfering RNAs (vsiRNAs) or Dicer-independent production of virus-derived piRNAs (vpiRNAs) can guide specific virus elimination (7).

Metazoan somatic cells have evolved cell-autonomous self-defense mechanisms that synergize with specialized innate immune cells. In addition to innate immunity, vertebrates have developed adaptive immunity (8). While innate immunity provides the first line of defense against infections or damaged cells, adaptive immunity develops at a later stage and requires the activation of lymphocytes. The innate immune system recognizes molecular structures (non-self) that are absent on the host but produced by foreign pathogens. Known as pathogen-associated molecular patterns (PAMPs), these are structures that are distinctive for the particular pathogen and include proteins, lipids, carbohydrates, and nucleic acids that are unique to the viral or microbial pathogens. Examples of nucleic acid PAMPs include single-stranded (ss) or double-stranded (ds) RNAs present in replicating viruses and unmethylated CpG DNA typical for viruses, bacteria, and fungi (9, 10). PAMPs are recognized through their interactions with a diverse set of pattern recognition receptors (PRRs) expressed by host cells. In addition to PAMPs, PRRs can recognize so called damage-associated molecular patterns (DAMPs) of endogenous origin, which are molecules released from damaged or dying cells (11). PRRs are present in most cell types, but their expression is highly abundant in certain myeloid sentinel cells such as macrophages and dendritic cells. Examples of PRRs recognizing foreign nucleic acids include: (i) cytosolic RIG-I-like receptors

(RLRs), which recognize foreign RNA; (ii) Toll-like receptors (TLRs), which are transmembrane proteins in the plasma and endosomal membranes that identify “non-self” RNA and unmethylated CpG DNA; (iii) the nucleotide oligomerization domain containing (NOD)-like receptor (NLR) family pyrin domain containing 1 (NLRP1) receptor, which forms part of a macromolecular inflammasome complex; and (iv) cytosolic DNA sensors (CDSs), which detect bacterial and viral DNA (7). These pathways (briefly described below) are not mutually exclusive and can be activated simultaneously and even synergistically within the same cell.

Within the endosome, TLR3, TLR7, TLR8, and TLR9 detect foreign nucleic acids. TLR3 is responsible for detecting dsRNA and induces downstream activation of NF- κ B (12, 13). DsRNA is produced by most viruses during their replication process (14). TLR7 is responsible for the detection of ssRNA. This is required by the immune system for detection of RNA viruses, especially influenza, which sequesters its double stranded RNA (15). TLR7 recognizes ssRNA sequences containing successive uridines relative to sequences with single uridines (16). TLR8 is phylogenetically and structurally similar to TLR7 and is also responsible for the detection of ssRNA. However, the localization and cytokine induction profiles for TLR7 and TLR8 differ slightly. TLR7 is predominantly expressed in the lungs, spleen, and placenta and induces IFN α and IFN-regulated cytokine production. In contrast, TLR8 is expressed in lungs and monocytes and induces predominantly TNF production (17–19). TLR9 detects non-methylated CpG-motifs found in bacterial or viral DNA (20). All nucleic acid specific TLRs, activate the adapter protein, MyD88 (21, 22), except for TLR3 that activates TRIF (23). RIG-I, MDA5, and LGP2 are categorized as RIG-I-like receptors. These receptors are involved in the sensing of RNA viruses and initiate/modulate the immune response upon virus detection (24). A critical component of innate cellular defense, located predominantly in cytoplasm, is RIG-I, which can differentiate foreign RNAs from native forms. The prevailing opinion is that the triphosphate on the 5'-blunt end (5'-ppp) of RNA duplexes that are at least 10 nucleotides long is required for effective recognition by RIG-I, but apparently single ssRNAs with 5'-ppp may also lead to RIG-I mediated responses as shown by its activation during influenza A virus infections (25, 26). Also, it has been demonstrated that the RNA aptamer Cl9, that is specific to RIG-I, can trigger downstream signaling in a 5'-ppp independent manner (27). The stimulation of RIG-I downstream signaling subsequently leads to production of type I IFNs and IFN-stimulated genes (ISGs) that are important for the induction of adaptive immune responses.

Importantly, the cytosolic presence of 5'-ppp dsRNA is not limited to RNA virus infection but can arise following infection with several DNA viruses and intracellular bacteria due to the transcriptional activity of DNA-dependent RNA polymerase III (RNA Pol III) (28, 29). Cytosolic RNA Pol III therefore represents an important component in host defenses against disparate intracellular pathogens. In contrast, nuclear RNA Pol III, which can transcribe a plethora of ncRNAs with diverse roles including the control of immune functions (as extensively reviewed elsewhere (30, 31), synthesizes nucleus-specific ncRNAs containing 5'-ppp that are not recognized by RIG-I under normal physiological conditions. In this case, the presence of the nuclear envelope appears to help to

isolate the RNA Pol III transcripts from cytosolic RIG-I until these ncRNAs are processed further and become immunoquiescent. The largest pool of such RNA Pol III transcripts are tRNAs that are dephosphorylated by dual-specificity phosphatase 11 (DUSP11). Another strategy to avoid RIG-I recognition is to shield the 5'-ppp by binding to a protein. An example of this is the binding of the RNA component of the signal recognition particle 7SL1 (RN7SL1) with the protein signal recognition particle (SRP) (32).

RLRs and TLR3 recognition of foreign nucleic acids converge on pathways that activate the transcription factors, interferon (IFN)-regulatory factor (IRF) 3 and IRF7, and NF- κ B. IRF3/7 stimulate production of type I IFNs, whereas NF- κ B induces the expression of proinflammatory cytokines, chemokines, and adhesion and costimulatory molecules that induce acute inflammation and initiate adaptive immune responses. Furthermore, crosstalk occurs between these receptors and their signaling components resulting in complex immune responses to particular viral and nonviral nucleic acids (33–36) (Figure 1).

The cyclic guanosine monophosphate–adenosine monophosphate synthase (cGAS)–stimulator of IFN genes (STING) pathway is an important mechanism underlying cytosolic dsDNA-induced type I IFN responses. Activated cGAS generates the signaling molecule cyclic GMP–AMP (cGAMP), which binds to STING and triggers its translocation from the endoplasmic reticulum to the Golgi apparatus. STING then activates the TBK1 kinase that, in turn, activates IRF3, leading to type I IFN gene expression. STING also responds to other cytosolic DNA including DNA-dependent activator of IFN-regulatory factors (DAI; also

known as Z-DNA binding protein 1 (ZBP1)) and IFN inducible protein 16 (IFI16) (37). In addition to inducing IFN production, STING also stimulates autophagy that serves both an innate immune function by delivering cytosolic microbes to the lysosome for elimination (38), and a role in adaptive immunity as a mechanism whereby microbial antigenic epitopes are generated in the lysosomes for presentation to lymphocytes (39).

In summary, activation of PRRs in addition to other pathways, such as global inhibition of protein synthesis mediated by protein kinase R (PKR) and oligoadenylate synthases (OASes) described elsewhere, elicit multiple cellular responses including immediate host responses such as inflammation and more specific subsequent adaptive immunity that are capable of pathogen clearance and long-term protection against reinfection (40).

Therapeutic nucleic acids and PRR agonists as immunomodulators

The presence of an intricate array of PRRs for non-self or abnormal RNA and DNA raises the safety concerns for broader applications of therapeutic nucleic acids (TNAs). Accordingly, the development of nanoparticle-carrier formulations that are immunoquiescent has obvious benefits for the translation of this highly promising biotechnology to the clinic, as severe complications, including severe inflammatory reactions that include cytokine storms

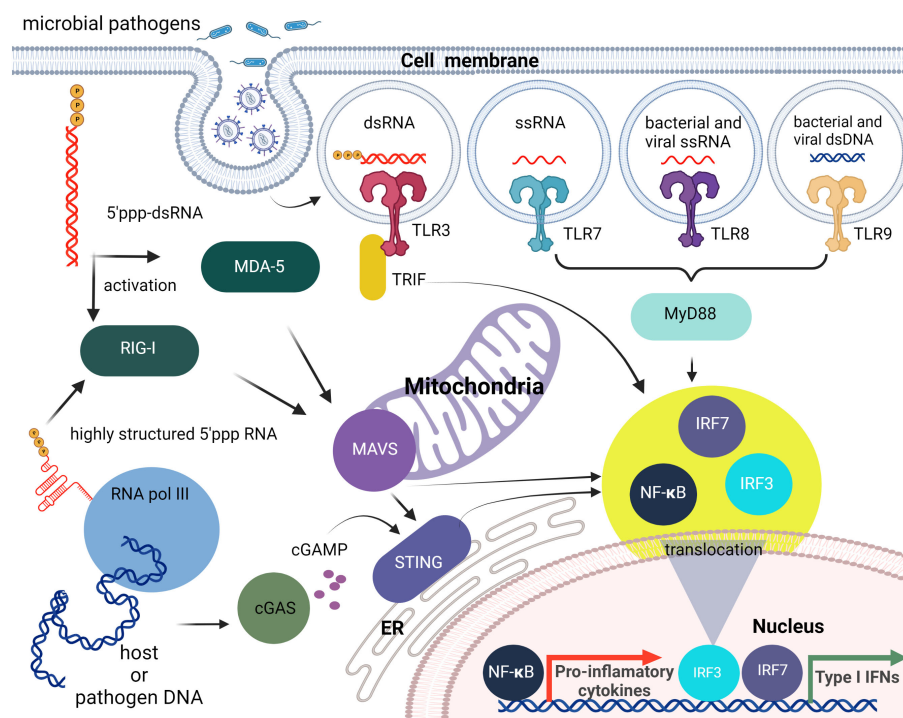


FIGURE 1

Brief overview of cellular innate immunity with an emphasis on nucleic acid recognition. The first line of nucleic acid PRRs consists of TLRs that can sense different PAMPs specific for non-self nucleic acids. Then cytosolic pathogen-associated nucleic acids can be sensed by members of the RLR family (RIG-I, MDA5). The endogenous and viral DNAs can also lead to RIG-I activation following their transcription by cytosolic RNA pol III, or can be detected directly as dsDNAs via cytosolic DNA sensing systems such as the cGAS-cGAMP-STING pathway. All of these pathways initiate the translocation of transcription factors including IRF3/7 and NF- κ B to the nucleus and the subsequent induction of type I IFN and pro-inflammatory cytokine production.

and complement activation-related pseudoallergies (CARPA), are circumvented.

As recently discussed at length, the presence of an array of cytosolic and endosomal nucleic acid sensors by most mammalian cells represents a highly attractive target to bolster beneficial host immune responses to infectious agents or to augment vaccine efficacy (41). This is illustrated by the promise of nucleic acid sensor agonists such as the TLR7 agonist, imiquimod, that has been approved for the treatment of genital warts (HPV), and the recent “shock and kill” strategies aimed at eradicating latent HIV viral reservoirs using TLR7 and TLR9 ligands, such as GS-9620 (vesatolimod) and MGN1703 (lefitolimod), respectively, to initiate viral reactivation and promote immune-mediated killing of infected cells (42–44).

Efficacious vaccines require the use of adjuvants that target pattern recognition receptors on antigen presenting cells to promote their ability to deliver antigen to B and T cells, and to provide essential co-stimulation, to achieve potent and long-lasting antigen-specific humoral and cellular immune responses. Currently, there are only a handful of vaccine adjuvants that are approved for human use and most of these have limitations, such as the inability of alum to promote cellular immune responses (45). As discussed previously (41, 46), nucleic acid sensors, including TLRs, RLRs and the cGAS-STING pathway, have been an attractive target for adjuvant development. The well-known adjuvant alum is now recognized to function through the induction of endogenous DAMPs, including DNA-based TNAs, that activate nucleic acid sensing pathways (47, 48). Similarly, more recent preclinical studies have showed that modified CpG-based adjuvants or combination adjuvants, such as AS15 and K3 CpG + cGAMP, are potent inducers of both humoral and cellular immune responses, and agonists of TLR3 and MDA5, such as synthetic dsRNA TNAs including poly-IC, the RNase-resistant derivative poly-ICLC (Hiltonol), and poly-IC12U (Ampligen), have been explored for clinical use (46, 49, 50). Furthermore, the TLR7 and TLR8 agonist 3M-052, formulated in a lipid-based nanoparticle (3M-052-AF), is being evaluated as an adjuvant for a preventive HIV vaccine, while a liposome formulated cyclic dinucleotide-based adjuvant has been shown to protect against a range of influenza strains (51, 52). As such, the array of nucleic acid sensors expressed by mammalian cells, as well as the identification of natural and synthetic ligands for these receptors, represents tremendous potential for the development of novel and effective adjuvants.

Endogenous noncoding RNAs as immunomodulators

RNA provides diverse functions; classically, RNA allows for the flow of genetic information from DNA to proteins by mRNA translation, where tRNA and rRNA are prominent in facilitating expression with the help of post-transcriptional regulation *via* RNAi. The other noncoding (nc) RNAs participate in splicing and, thus, finalize the functional mRNA sequence. Besides this, a diverse cornucopia of short or long ncRNAs are involved in physiological as well as pathological processes, often described with little detailed mechanistic understanding. Most interactions are carried out in association with proteins and all processes are spatially and temporally controlled, which allows sensing of

potentially pathogenic conditions and the alerting of host defensive systems (53). Hence, a better understanding of these processes and the ncRNAs involved may identify new targets for therapeutic intervention.

While a detailed understanding of the exact physiological roles of endogenous ncRNAs in innate system are only now emerging, it has become clear that dysregulation of their transcription, processing, and trafficking can have serious impact on RIG-I activation. Similarly, the participation of endogenous ncRNAs is open for therapeutic exploitation, either as a target or an effector, and their potential has recently been explored for some RNA Pol III transcripts (32).

The development and use of immune checkpoint inhibitors that disrupt co-inhibitory T-cell signaling has revolutionized cancer therapy. Upon relieving such blockade, the most efficient T-cell anti-tumor responses occur in an inflammatory microenvironment where there is an increased expression of type I IFNs, ISGs, pro-apoptotic molecules, and T-cell attracting chemokines. Many therapeutic strategies have focused on inducing inflammation within tumors and an attractive emerging strategy has been to exploit cellular nucleic acid PRRs (54).

Furthermore, the controlled stimulation of RIG-I in cancer cells using ligands that mimic an infection represents a new adjunctive therapeutic approach by increasing the susceptibility of tumor cells to conventional treatments. Such a possibility is supported by the observation that patients with intact RIG-I signaling are responsive to radio- and chemotherapy, while those with RIG-I suppression show tumor resistance (55). In addition, RIG-I activation renders cultured cancer cells susceptible to natural killer cell-mediated killing and promoted phagocytosis of tumor cells *in vivo* (56, 57). The intrinsic molecular heterogeneity of tumor cells within each patient generally requires a combinatorial approach. For example, the simultaneous suppression of tumor cell survival by targeting factors such as Bcl-2 or TGF- β using RNAi approaches while simultaneously increasing the immunogenicity of tumor cells by activating RIG-I with 5'-ppp RNAs can decrease tumor viability. In summary, the combination of traditional approaches with emerging immunostimulatory treatments holds the promise of improving clinical outcomes (58–62).

Contrary to this, many tumors express high levels of ISGs in response to DAMPs and inflammation at the tumor site is often associated with cancer progression and treatment resistance. It is likely that, under various stress conditions induced by cancer treatment, endogenous RNAs can serve as DAMPs *via* as yet poorly understood mechanisms. Under physiological conditions, epithelial cells are typically not in contact with fibroblasts, but they may interact at wound sites or at sites of tumor invasion. Such tumor-stromal cell interactions may then lead to damage signal release that could prove crucial for tumor invasiveness and resistance to therapy (63). Emerging evidence suggests that ISG activation in responsive tumor cells (e.g., breast cancer) by specific ncRNAs from stromal cells promotes survival and progression of cancer (32). Exosomes that deliver RN7SL1 ncRNA generated by RNA Pol III were identified as the pivotal link between activated stromal cells and RIG-I dependent activation of ISG signaling in breast cancer cells. While RN7SL1 is shielded by SRP9 and SRP14 to avoid detection by RIG-I under normal circumstances, naked RN7SL1 is transferred to stromal exosomes following contact between fibroblasts and ISG-R breast cancer cells. The unshielding of RN7SL1 and its loading into

exosomes is a consequence of a disrupted stoichiometry between RNA Pol III-driven transcription and unchanged SRP expression. This imbalance is induced by stromal NOTCH1-MYC signaling which, in turn, is enhanced by contact-dependent signaling by breast cancer cells. As a result, RN7SL1 delivered by exosomes to breast cancer cells activates RIG-I signaling (Figure 2) (32).

The immune recognition of RN7SL1 ncRNA has been employed in a follow up study where it was used to enhance the function of chimeric antigen receptor T-cells (CAR-T cells) (64). CAR therapy has recently emerged as a major advance in cancer immunotherapy with six different CAR-T cell products having been approved by the US Food and Drug Administration thus far. This treatment is based on T-cells isolated from the patient's body and customized to their needs by genetic engineering to express recombinant chimeric antigen receptor (CAR) proteins on their membranes. CAR-T cells are then expanded ex vivo and introduced into the patient where they continue to divide and, using the engineered receptor, identify and eliminate cancer cells displaying the specific antigen. CAR-T therapy has shown remarkable efficiency in some hematologic cancers, but application of this treatment to solid tumors has remained challenging. Poor infiltration of CAR-T cells into the tumor microenvironment, immunosuppressive conditions at the tumor site, and poor expansion of CAR-T cells, are some of the issues that may be responsible for these problems

To improve the performance of CAR-T cells in such solid tumors, a plasmid encoding ncRNA RN7SL1 was used as a key component in an experimental treatment. RN7SL1 ncRNA was overexpressed in CAR-T cells and was found to activate IFN production in murine and human immune cells. A construct expressing two clinically relevant CARs, the M5BBz CAR targeting human mesothelin (MSLN) and the 19BBz CAR against human CD19, and RN7SL1 driven by the U6 promoter was then developed and tested. It was found that most of the expanded CAR-T cell population that expressed RN7SL1 RNA

showed a memory T-cell phenotype and persisted longer in both the tumor and the bloodstream than RN7SL negative CAR-T cells, which were quickly exhausted. RN7SL overexpression resulted in its translocation to exosomes and its predominant export to immune cells residing in the tumor microenvironment, but not cancer cells, leading to IFN signaling. This, therefore, prevented the immunosuppression and tumor progression previously observed in another study (Figure 3) (64). Since RN7SL1 ncRNA was transcribed from an engineered construct here, it raises the intriguing question of whether natural and synthetic 5'-ppp ncRNAs provide similar immunostimulatory activity in such a system.

Interestingly, a role for a long ncRNA (lncRNA) in RIG-I regulation has been observed in a murine virus infection model. The endogenous lncRNA, lnc-Lsm3b, is normally present in the cytoplasm at low copy numbers, but such expression was increased tenfold after infection with Sendai virus or vesicular stomatitis virus (VSV). This upregulation was shown to be induced by a high concentrations of type I IFNs in a time dependent manner. Surprisingly, lnc-Lsm3b transcription silencing during infection resulted in higher type-I IFN production, which suggests that lnc-Lsm3b may suppress RIG-I activation at late stages of infection (65). While the therapeutic potential of lnc-Lsm3b binding motifs as RIG-I decoys is obvious, it remains unclear whether such treatments would be similarly effective in decreasing of RIG-I activity in human subjects.

Aptamers as extracellular immunomodulators

Aptamers are single-stranded nucleic acids (RNA, DNA, or chemical analogs) selected to adopt a conformation that allows for the highest binding affinity and specificity to its pre-defined target.

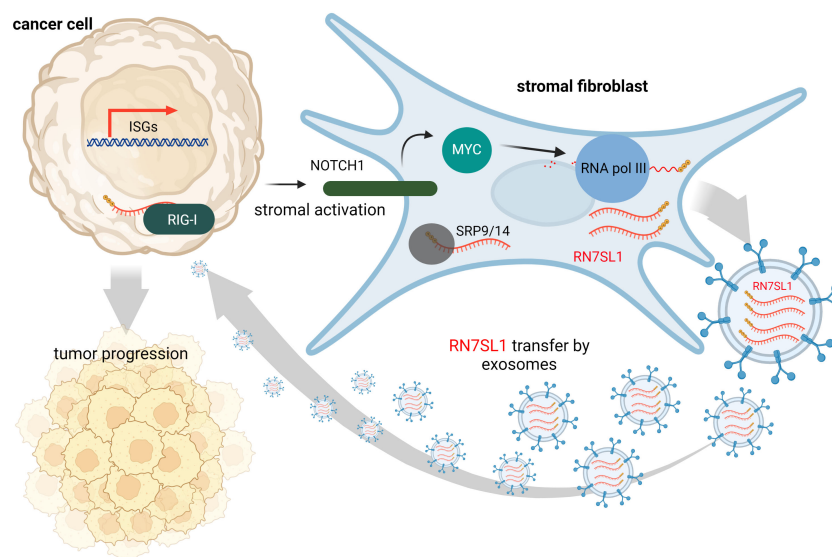


FIGURE 2

During contact with stromal fibroblasts, breast cancer cells activate NOTCH1/MYC signaling that leads to higher transcription of ncRNA RN7SL1 carrying 5'-ppp. These transcripts then remain unshielded since levels of their protein-binding partner (SRP9/14) remain constant. Naked RN7SL1 is loaded to exosomes and, upon interaction with breast cancer cells, can activate RIG-I signaling leading to an inflammatory tumor microenvironment that can promote tumor progression and poor clinical outcomes.

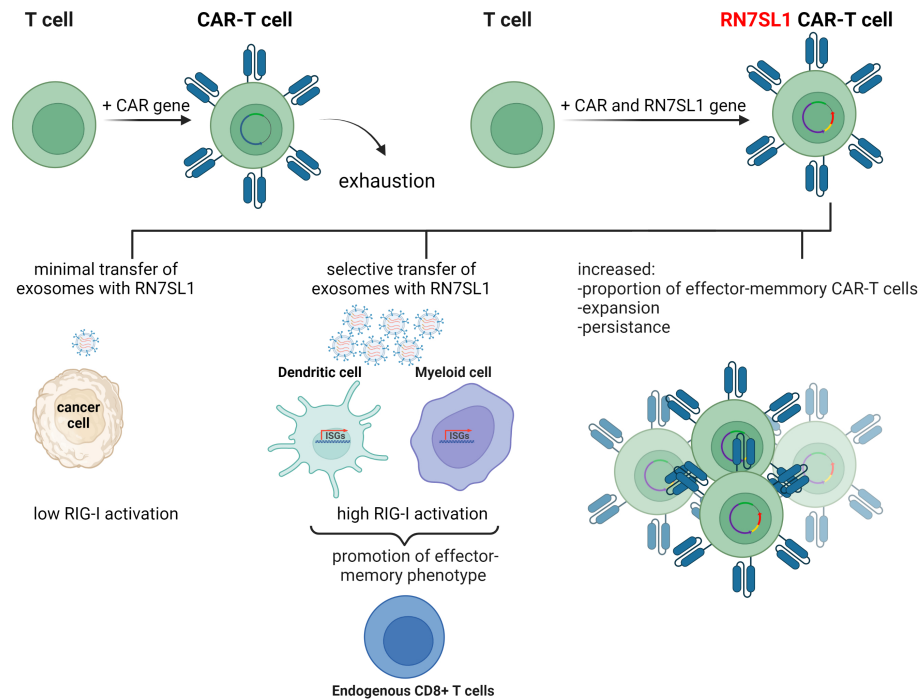


FIGURE 3

The use of endogenous RN7SL1 ncRNA to improve CAR-T cell therapy efficacy. Engineered CAR-T cells transcribe transgenic RN7SL1 ncRNA together with a chimeric antigen receptor. The resulting cell-autonomous effect prevents T-cell exhaustion and increases cell expansion. In addition, excreted exosomes transport RN7SL1 to intratumor myeloid cells, such as dendritic cells, rather than cancer cells, thereby avoiding inflammation triggered by tumor cells.

The correct aptamer sequences are identified during a process called SELEX (systematic evolution of ligands by exponential enrichment), where the library of $\sim 10^{12}$ different oligonucleotides is presented to the target molecule and subjected to several rounds of selection (66). Due to their known sequence and batch-to-batch consistency, aptamers selected against certain receptors can be used similarly to their monoclonal antibody (mAbs) analogs to either prevent receptor interactions with its natural ligand or inhibit/activate receptor downstream signaling. However, compared to mAbs, aptamers have a greater shelf life, and their storage and transportation does not require cold chain maintenance. Also, aptamers have additional benefits as they are synthetic and can be manufactured in significantly less time than mAbs, as the chemical synthesis of aptamers does not require living systems. Furthermore, aptamers are amenable to chemical modifications and precise conjugation to other drugs and imaging agents.

Cell-to-cell interactions between cancer and immune cells represent a crucial interplay for tumor survival. One aspect of this communication is represented by immune checkpoints, receptor-ligand pairs expressed on the cell surface that control the strength of T-cell activation under physiological conditions. When T-cells recognize checkpoint proteins on tumor cells that are often overexpressed, it sends an inhibitory signal that prevents T-cell attack. Therefore, aptamers with proteins involved in the inactivation of co-immunostimulatory pathways on the one side and activators of signaling that lead to immune quiescence on the other represent potent prospective therapeutic agents. Given that the concept of immune checkpoint inhibitors has revolutionized cancer immunotherapy, it is not surprisingly that several monoclonal

antibodies targeting such interactions have already been approved and many clinical trials are ongoing (67). Furthermore, it is fully appreciated that the use of antibody combinations against multiple targets can exert synergistic effects.

The application of extracellular immunomodulating aptamers has contributed to this therapeutic approach with several original concepts, as extensively reviewed by Thomas et al. (68). Due to the programmability of nucleic acids, aptamers can be rationally designed to assemble into higher order structures that enhance or even alter their original functionality. Such a relatively simple approach cannot be achieved with mAbs. The multivalent, and usually bispecific, aptamers can be designed and synthesized as a single continuous sequence, hybridized, or circularized (Figure 4A). The combinatorial potential of linking aptamers together offers not only the possibility of creating multivalent aptamers targeting the same or different epitopes of the same target molecule, but also the assembly of aptamers targeting diverse proteins. This presents an opportunity to promote specific cell-to-cell interactions, where the immune cell can anchor to the tumor cell and provide co-stimulatory signals more efficiently (Figure 4B) (68–71).

Alternatively, before T-cell interactions with cancer cells, the co-stimulatory signal on T-cells could be triggered by a bispecific aptamer targeted to abundant protein, such as VEGF that is secreted to the tumor stroma and linked to an agonistic aptamer specific for an inducible costimulatory receptor, such as 4-1BB. This approach has been tested in a murine model and was found to outperform the administration of an agonistic 4-1BB Ab or 4-1BB aptamer alone (Figure 4C) (72).

One of the first studies to explore the binding of antagonist RNA aptamers to T-cells expressing the negative co-stimulatory molecule

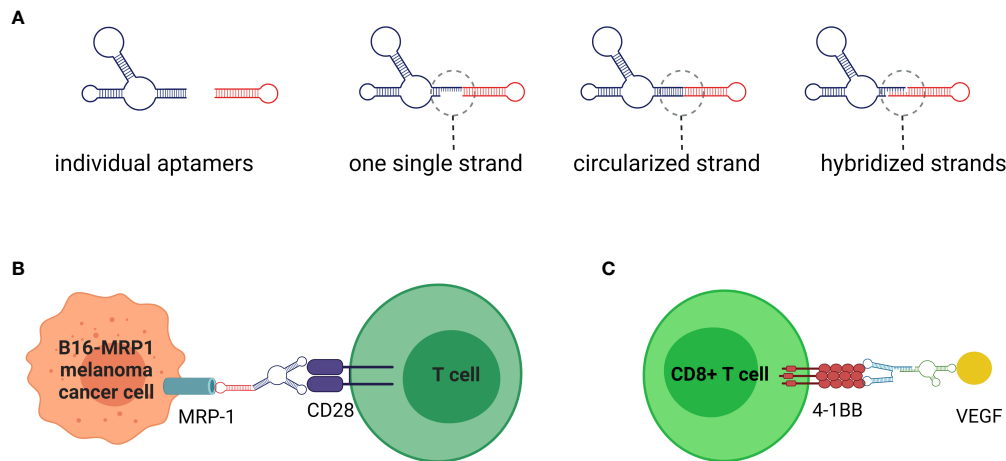


FIGURE 4

Aptamers are nucleic acids selected to specifically bind the molecules of interest in a similar manner to monoclonal antibodies. (A) Nanotechnology offers significant advantages in fusing individual aptamers to multivalent or bispecific molecules. Thus, by linking together the same or different aptamers, the increased binding affinity and/or ability to crosslink target cell receptors can be achieved. (B) Bispecific aptamers can promote cell-to-cell interactions with potential immunomodulatory applications. For example, a single stranded bispecific aptamer targeting CD28 on T cells and Multidrug-Resistant-associated Protein 1 (MRP1), involved in chemotherapy on B16 melanoma cancer cells, has been used to provide the necessary co-stimulatory signal for T cell activation. (C) Instead of cell membrane receptors that may be quickly internalized, an alternative strategy could be to target co-stimulatory signals to proteins (e.g., VEGF) overexpressed on tumor stroma.

CTLA-4 showed that integration of four individual aptamers into a tetravalent structure increased its bioactivity in a murine model (73). Similarly, linking two RNA aptamers targeting the co-stimulatory aptamer, exerted co-stimulatory activity on cytotoxic CD8+ T cells *in vitro* and promoted tumor rejection *in vivo* (74). An interesting functional change was described in two 2'-F modified RNA aptamers specific for the CD28 receptor for B7. Binding of one aptamer prevented co-stimulation *via* CD28, while binding of a second aptamer did not have a functional outcome. However, when both aptamers were linked together, either by double-strand linker or fusion into a single-strand molecule, their binding led to CD28-mediated activation (75). Gain of function upon assembly of aptamers on the scaffold was also observed in the T cell costimulatory receptor of T cells, which, in the monomer state, does not stimulate OX40. However, the annealing of two RNA aptamers to two separate complementary DNA oligonucleotides, linked by a polyethylene spacer, led to dimerization of OX40 and subsequent activation of downstream signaling (76). Indeed, the linking of individual aptamers in one complex represents a potentially versatile combinatorial therapeutic tool.

Although the principle of agonistic or antagonistic aptamers in immunomodulation is relatively straightforward, many technological and biological challenges remain. The engagement of aptamers with cell surface molecules implies their delivery in a naked form, which exposes them to degradation by serum nucleases. Traditionally, replacing natural nucleotides with chemical analogs, either during the SELEX process or post-selection, increases nucleic acid resistance to nucleases (77). After therapeutic application, aptamers, due to their small size, have a high chance of penetrating the tumor microenvironment. However, their small size negatively affects the rate of clearance, which is a contributor to half-life in the blood. To overcome their shorter half-life *in vivo*, a higher dose of aptamers might be required to increase their duration in the blood and allow for delivery to target tissues and cells.

The choice of target also determines the functional output. To prevent side effects, the selected target receptor molecule should ideally be as tumor cell specific as possible. Furthermore, receptor turnover rate is an important factor that affects the effectiveness of bispecific aptamers mediating cell-cell interactions. Rapid internalization with bound aptamer decreases the chance of establishing physical interactions between the cells. In other words, the receptor has to be displayed on the surface for sufficient time to allow the creation of a synapse between the immune and tumor cells.

Nucleic acid nanoparticles as intracellular modulators

NANPs are innovative scaffolds composed of rationally designed oligonucleotides or oligonucleotide chemical analogs. Because of their biocompatibility, functional versatility of nucleic acids, and tunability of their physicochemical and biological properties, NANPs have demonstrated strong potential for the development of future nanomedicine. Both RNA and DNA can form intra- or intermolecular hydrogen bonds *via* canonical base pairing, allowing for design and assembly of an almost limitless library of architecturally diverse nanoscaffolds with high batch to batch consistency (78, 79). The presence of a 2'-OH group in RNA ribose sugars enables RNA to adopt more sophisticated geometric optimization which expands the repertoire of possible hydrogen bonds classified in 12 geometric families (79–81). This is why RNA molecules naturally present a plethora of structural and long-range interacting motifs that can be engineered into NANPs with precisely controlled shapes (e.g., 3D vs 2D vs 1D), sizes (10–100 nm), and compositions (RNA vs DNA vs chemical analogs); various functionalities and bioactive properties can be encoded in the NANPs' architectures (82–85) (Figures 5A, B). Functionalization of NANPs can be achieved *via* self-assembly of different TNAs, either

using toeholds or by incorporating TNAs directly into the sequences of nanoscaffolds. Both approaches allow the same NANP scaffolds to be formulated with different TNAs and other functionalities. For example, hexameric RNA rings have been designed to carry multiple aptamers (e.g., specific for human epidermal growth factor receptor), siRNAs targeting various genes, and fluorophores for NANPs' visualization in cells and *in vivo* (82).

The physicochemical properties of NANPs are favorable for the pharmaceutical industry. Depending on the overall design principles and composition, various NANPs can be assembled under several simple protocols (Figure 5C). Assembled NANPs can be subsequently stored and transported in solution on ice or can be dehydrated and handled at ambient temperatures. In a recent study, several novel protocols for drying NANPs were compared with traditional lyophilization methods (86). It was discovered that while the light assisted drying (LAD) approach was fine-tunable and more reproducible in retention of NANP structures upon rehydration, this approach only allowed for processing a relatively small volume of NANPs solution, and processing of only one sample at the time. Lyophilization permits high throughput processing while also preserving structural stability of NANPs, but the retention of biological functionality becomes questionable. Addition of cryoprotectants such as trehalose seemed to aid in reducing the potential structural damage, but more investigation is necessary to reveal biological

and immunomodulatory potential of trehalose preserved NANPs in clinical settings.

The physicochemical properties of nucleic acids also affect their immunostimulatory properties. Unsurprisingly, the immunorecognition of NANPs is dependent on nucleic acid composition, size, and dimensionality as PRRs recognize distinct ligand motifs (87–89). Using these parameters as predictive indicators of immunostimulatory properties, NANPs can be designed to either be immunoquiescent or enhance desired immunological responses. For example, the NANPs composed of DNA are consistently immunoquiescent when transfected into human immune cells but this was not the case for their RNA analogs (88). The proportion of DNA and RNA can be specified during construction of DNA/RNA hybrid NANPs for the desired immune response or lack thereof. Similarly, the vast library of planar and globular NANP shapes allows for further optimization of this immunomodulator scaffold. Globular 3D NANPs made of RNA induce the strongest immunorecognition while the fibrous 1D NANPs are the least immunostimulatory (90). Furthermore, incorporation of modified nucleic acids can be utilized to avoid certain recognitions *via* specific PRRs. For example, incorporation of 2'-fluoro modified pyrimidines in NANP strands abrogate TLR7-dependent immune responses (91).

NANPs complexed with TNAs display great promise as immune response modulators. Importantly, the NANP scaffold allows for

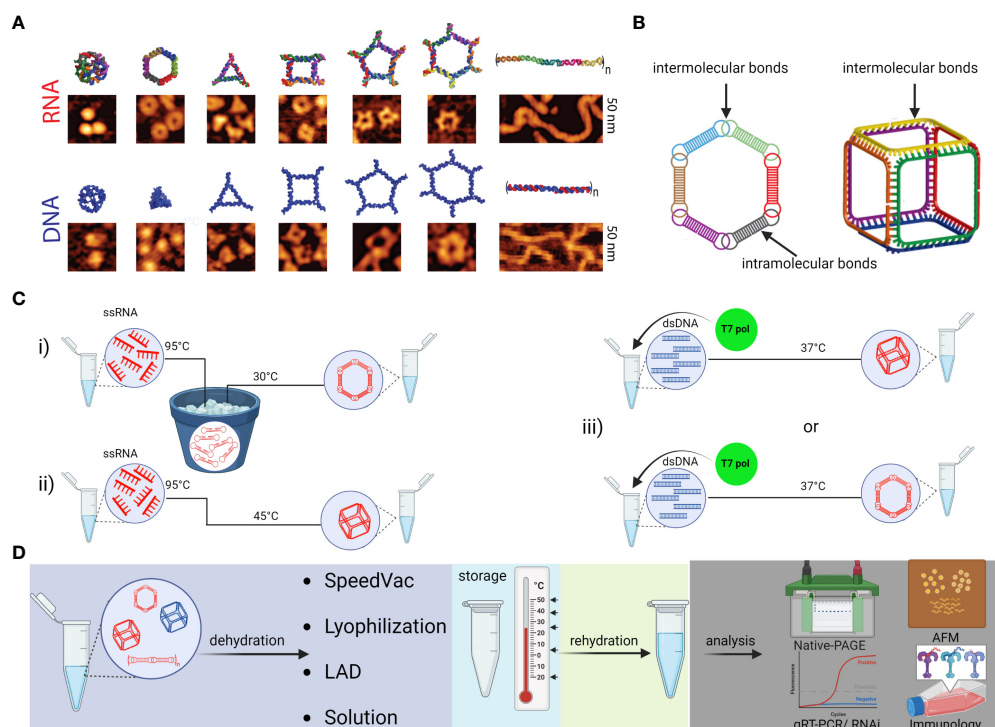


FIGURE 5

Schematic depiction of various NANPs, their production, characterization, storage, and handling. (A) Computational 3D visualization of individual NANPs with corresponding representative AFM images. (B) Two orthogonal NANPs design strategies are based either on the presence of both intra- and intermolecular or only intermolecular bonds, which also determine the assembly protocol of corresponding NANPs. (C) Several protocols for efficient one-pot NANPs self-assembly. Protocol (i) promotes secondary structure formation of individual monomers needed for NANPs assembly *via* long-range interacting motifs. For this assembly protocol, the individual ssRNAs are first denatured by heating at 95°C and then snap cooled on ice to form intramolecular Watson-Crick (W-C) bonds. The following incubation at 30°C in the presence of Mg^{2+} ions allows intermolecular bindings of monomers and assembly of NANPs. In (ii) protocol, monomers form only intermolecular canonical Watson-Crick base pairs, thus no pre-folding is needed, and any intramolecular interactions should be avoided by design. The (iii) protocol allows for co-transcriptional assembly of different types of NANPs formed as their RNA strands are transcribed from dsDNA templates. (D) Assembled NANPs can be stored and transported in anhydrous forms at ambient temperatures. The impact on structure stability, immunorecognition, and functionality depends of dehydration protocol and needs to be checked after rehydration for each type of NANP.

controlled and coordinated delivery of multiple functional groups to the same cell (92). For example, the individual strands of NANPs functionalized with a combination of different TNAs and TNA-functionalized RNA ring nanoscaffolds that target all four variants of lysophosphatidylcholine acyltransferases (LPCATs) significantly increased susceptibility of melanoma cells to radiation treatment (93). Notably, recent evidence indicates that the orientation of added TNAs can additionally contribute to the immunostimulatory properties of NANPs. Accessibility of NNP components to PRR binding may contribute to the observed difference in their immunostimulation. For example, despite the number of 5'-ppp remaining constant for functional and non-functional NANPs, RIG-I was specifically activated in response to transfected NANPs that carried TNAs. The response for some orientations of TNAs was stronger than for others. This data indicates that the cytosolic sensor, RIG-I, can distinguish between non-functional and functional NANPs and the extent of functionalization (94).

Functional group delivery can be further controlled through the intracellular reassociation of RNA/DNA hybrid NANPs. In this scenario, a pair of complementary RNA/DNA hybrids are engineered to be non-functional by carrying various split RNA functionalities such as RNAi inducers and aptamers (95–98). When interdependent RNA/DNA hybrids are both present in the cytosol, there is complementary base-pairing at toehold regions that drive branch migrations and the release of functional groups (89, 95, 96). This system has been used to effectively deliver dicRNAi inducers for the knockdown of gene expression of HIV-1 and relevant oncogenes *in vitro* (83). Additionally, RNA/DNA fibers have been optimized to deliver and activate both RNAi inducers and DNA decoys, targeting NF- κ B, a transcription factor that induces production of proinflammatory cytokines (Figure 6) (99). These NF- κ B targeting NANPs display great promise for reducing inflammatory immune response, as the decoys function to prevent translocation of activated NF- κ B to the nucleus. In addition, the RNAi inducers may serve to reduce overall NF- κ B expression.

In summary, the immune responses elicited by functionalized NANPs depend on their shape. This has been previously shown where all RNA-made NANPs, when functionalized with TNAs on each monomer, induced high levels of type I (IFN α , IFN β , and IFN ω) and type III (IFN λ) IFN responses. IFN responses to RNA cubes, rings, and fibers where every monomer was functionalized were comparable to ODN2216, a CpG oligonucleotide, a known IFN inducer. However, when the fibers were only functionalized on every other monomer, IFN response were significantly decreased, indicating that the spacing between the functionalization groups plays an important role in PRR activation. This decrease in IFN responses was mirrored by decreases in the proinflammatory responses evoked by the NANPs with the same amount of siRNA delivered (83).

Combinations of different carriers and NANPs as intracellular modulators

In the absence of a carrier, the negative charge of all of our NANPs prevented penetration through biological membranes (88, 100). As such, a variety of carriers, including cationic lipids, liposomes, polymers, magnetic nanoparticles, mesoporous silica-

based nanoparticles, and exosomes, most be employed as agents to protect against nuclease degradation and to facilitate delivery (91, 100–103). Furthermore, in the absence of a carrier, NANPs are essentially invisible to cells and so are immunoquiescent (104–106). This makes them perfect candidates for extracellular use (107). Cationic lipids and liposomes have been extensively explored as carriers for TNAs and can also serve as viable carrier options for NANPs. The transfection reagents lipofectamine and DOTAP have been previously employed to deliver NANPs to non-immune and immune cells (106, 108, 109). However, the use of Lipofectamine 2000 as a carrier is limited to *in vitro* cell delivery. Alternatively, cationic bolaamphiphiles form highly stable delivery vesicles that can be utilized *in vitro* and *in vivo* due to low toxicity. Notably, bolaamphiphiles are a promising carrier as previous studies indicate that they deliver siRNAs across biological barriers, including the blood brain barrier (110, 111). Similar to lipid-based carriers, polymers, such as polyethylenimine (PEI), poly(β -amino esters), polyamidoamine (PAMAM) dendrimers, and branched PEI, can be employed to deliver TNAs (100, 101, 112). The cationic, amphiphilic co-polymer, poly(lactide-co-glycolide)-grafted-polyethylenimine (PgP) is a micelle forming co-polymer that can deliver both TNAs and TNA functionalized NANPs to multiple cell types *in vitro* (100) (95). Recent data also indicates that PgP effectively delivers functional NANPs following retro-orbital administration in mice models. Similar to PgP, due to electrostatic interactions, NANPs can be complexed with cationic PAMAM dendrimers (101). These dendrimers facilitate NNP uptake to adherent cell lines and PBMCs. Finally, exosomes, 30 – 150 nm vesicles released upon fusion of multivesicular bodies with the cell membrane, mirror the characteristics of the parent cell. Exosomes facilitate cellular communication as cargo is delivered to neighboring cells by either receptor-mediated endocytosis, micropinocytosis, or membrane fusion. Exosomes have been documented to effectively deliver TNAs and functional NANPs *in vitro* and in murine *in vivo* models to target cells and/or tissues (113, 114). Exosomes also defend against nuclease degradation and efficiently deliver NANPs of differing three dimensional conformations functionalized with siRNA.

Importantly, carrier selection affects NNP immunostimulatory properties. First, the carriers discussed above can have immunostimulatory properties independent of the NANPs. Additionally, carrier selection determines both the efficiency of NNP delivery to specific cell types and the cellular route of NNP entry (91). NANPs complexed with lipid-based carriers have been demonstrated to first traffic through an endosomal compartment prior to delivery to the cytosol (88, 91). RNA cubes, rings, and fibers stimulate varying degrees of proinflammatory and IFN responses in part due to recognition *via* endosomal TLRs. In contrast to lipofectamine delivery, using a cationic amphiphilic co-polymer carrier stimulates reduced inflammatory cytokine production and no IFN production (100). Likewise, NANPs delivered with dendrimers are largely immunoquiescent (101).

Due to highly cell type specific expression and subcellular localization of PRRs, carrier selection can also impact nucleic acid sensor detection of NANPs thereby altering the subsequent immune responses. Previous studies using human peripheral blood mononuclear cells have indicated that plasmacytoid dendritic cells are the primary producers of IFNs following delivery of NANPs

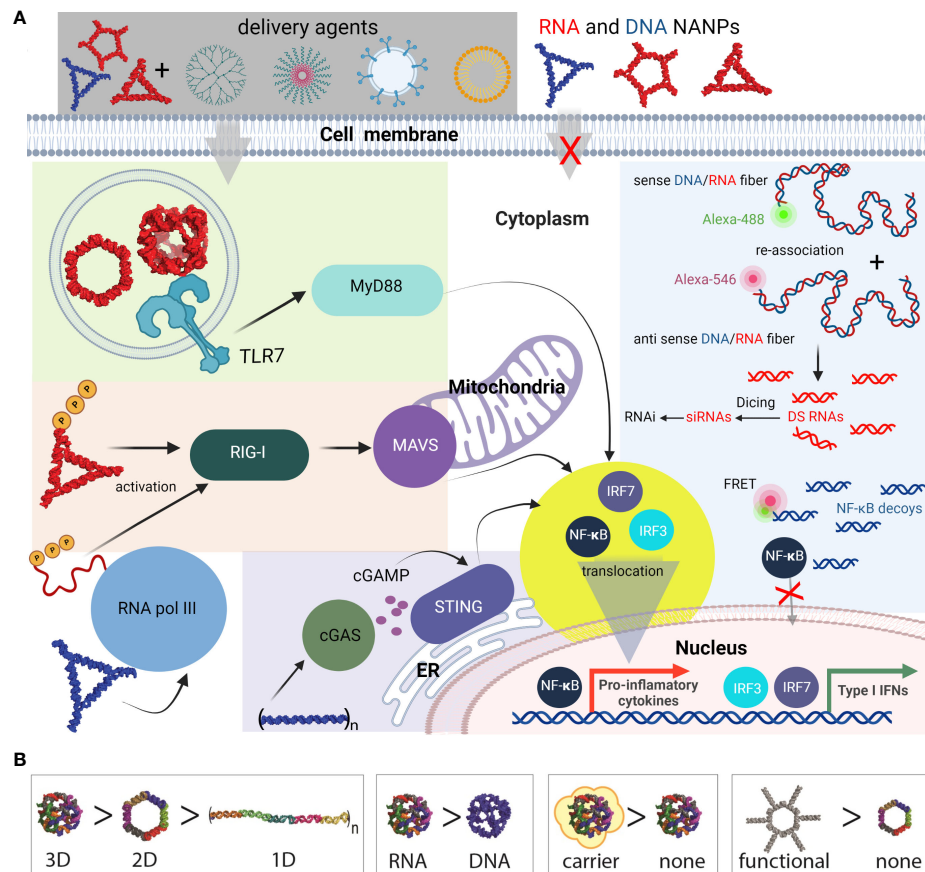


FIGURE 6

Most common innate pathways shown to be activated upon NANPs internalization. **(A)** Intracellular delivery of NANPs requires carriers; naked NANPs are immunoinert due to their ineffective crossing of biological membranes. Delivery of RNA rings and cubes trigger the immune system through TLR7. By-passing of TLR sensing can be compensated by RIG-I that can detect RNA NANPs bearing 5' triphosphates. DNA containing NANPs can be sensed after promoter independent transcription of NANPs strands by RNA pol III. DNA fibers stimulate cellular immunity through cGAS-cGAMP-STING pathway. Additionally, interdependent DNA/RNA fiber NANPs can be rationally designed to release of RNAi inducers and NF-κB decoys upon their intracellular re-association. This results in gene specific silencing while simultaneously blocking NF-κB translocation to nucleus thus lowering the proinflammatory immune responses. **(B)** Some of the architectural and compositional parameters that define immunorecognition of NANPs.

complexed with a lipid-based carrier (88, 91, 106). Notably, this observation supports results in reporter cell-lines indicating that RNA cubes and rings activate TLR7 and TLR9 as plasmacytoid dendritic cells are known to express the endosomal Toll-like receptors, TLR7 and TLR9.

NANPs can be designed to have switchable, tunable, and programable properties for a number of applications. As noted above, RNA cubes are the most immunostimulatory. While similar in shape, DNA and RNA cubes have different immune responses for the same carriers; RNA cubes induce significant amounts of IFN α and IFN ω , while DNA cubes only produce IFN β and IFN λ . RNA- and DNA-based rings have been found to be more immunostimulatory than their fiber counterparts (88). NANPs have been designed to interact with the immune system *via* their structure (88) and used to address specific biochemical problems (99, 115, 116). This includes the use of NANPs as scaffolds to carry TNAs with controlled and tunable immunostimulants (113) and the use of functionalized NANPs to silence specific genes to inhibit virus production (82). This has been achieved through the application of

our knowledge of the structure and function of natural and artificial classes of nucleic acids to NANP structure. Furthermore, known therapeutics and targeting agents can be attached to NANPs, and used for drug delivery, biosensing, and as molecular devices (89, 95, 115, 117–119).

Together, these studies indicate that cellular responses to NANPs is dependent on their structure, composition, and functionalization, in addition to type of carrier employed for intracellular delivery. Previous work has shown trends in the degree of immune response based on the previously mentioned design features (106) (101). Differences in dimensionality (1D, 2D, and 3D), composition (DNA or RNA), and connectivity (intramolecular, intermolecular, or both) evoke varying immune responses and enable NANPs to be customized based on the intended therapeutic effect (107). The field of therapeutic nucleic acids continues to advance and holds the promise of the development of versatile new means to manipulate host cell machinery to achieve a desired therapeutic effect in the absence of detrimental recipient responses (120, 121).

Translation of immunomodulatory nucleic acid therapeutics to the clinic

The immunomodulatory nucleic acids can be divided to two groups. In the first group, nucleic acids deliver genetic information that translates to immunogenic/immunomodulatory proteins such as chimeric antigen (CAR-T therapy) or nucleic acid-based vaccines (mRNA vaccines and adenovirus delivered vaccines). The second group contains noncoding nucleic acids that directly interact with proteins involved in immune pathways.

Noncoding nucleic acid-based therapeutics are only slowly entering medical use. Since 1998, when first oligonucleotide drug, Vitravene (also known as Fomivirsen) was approved by the FDA, only 15 non-coding oligonucleotides have been approved for clinical use. This group contains nine antisense oligonucleotides (ASOs), four siRNAs, one aptamer, and one natural oligonucleotide product made by depolymerization of porcine intestinal mucosal DNA (122–124) (Figure 7A). Six of these formulations are administered subcutaneously, another six are administered intravenously, two intravitreally, and one intrathecally (Figure 7B). However, none of the approved oligonucleotides are intended to be immunostimulatory. Recently, several clinical trials of a short synthetic RNA ligand that is selective for RIG-I, RGT100, have been conducted. One of these studies employing such a ligand (MK-4621) has been terminated due to business concerns (125), but this agent was found to activate RIG-I and contribute to modest antitumor activity, albeit with no substantial improvement over current treatments (125). In addition to antitumor activity, RIG-I agonists have been examined in preclinical trials as antiviral agents (126). Specifically, short hairpin RNA SLR14 complexed with polyethyleneimine was found to protect against SARS-CoV-2 infection in human angiotensin-converting enzyme 2 transgenic mice (126).

Rintatolimod is a dsRNA composed of inosinic and cytidylic acid residues that stimulates TLR3 but not cytosolic helicases. In addition, it activates 2'-5' adenylate synthetase. First identified in the 1970s, rintatolimod has been tested clinically for the treatment of various conditions including breast and ovarian cancers and HIV infections. However, to date, the FDA has only granted it an orphan drug designation status for patients with pancreatic cancer in 2020 and the

treatment of Ebola virus infection in 2022 (127). It is currently in Phase II and III double-blinded, randomized, placebo-controlled clinical trials for the treatment of chronic fatigue syndrome/myalgic encephalomyelitis (CFS/ME), and has shown promising results (128, 129).

Another group of noncoding immunomodulatory RNAs that are being tested in clinical trials include two spiegelmers, the L-stereoisomer RNA acid aptamers (130). PEGylated NOX-E36 binds the chemokine CCL2 thereby preventing the infiltration of CCR2-dependent tumor associated macrophages that initiate tumor-supporting angiogenesis (131, 132). In contrast, the NOX-A12 spiegelmer's target is CXCL12 that is implicated in the exclusion of T cells from the tumor microenvironment, and so blocking the actions of this chemokine should lead to increased protective T-cell infiltration. Excitingly, NOX-A12 has recently been studied in patients with advance stage colorectal and pancreatic cancer where it has been shown positive synergistic effects when combined with the PD1 immune checkpoint inhibitor, Pembrolizumab (133, 134).

Summary

Innate immunity is an evolutionary conserved network that provides immediate protection and precipitates specific and long-term adaptive immunity. In addition to providing defense against infectious organisms, the innate immune system can recognize danger signals that originate from cell stress and/or tissue injury. The integration of a wide range of signaling pathways initiated by exogenous and endogenous stimuli culminates in the expression of genes that underlie responses that include inflammation. The existence of certain types of nucleic acids and their cellular location is closely monitored by PRRs. These molecules play an important role in distinguishing foreign or altered self-nucleic acids, or their presence in appropriate locations, that can be manifestations of viral and bacterial infection or cellular damage/transformation. Due to their physicochemical properties, biocompatibility, and easy synthesis, nucleic acids may represent an ideal tool to manipulate the immune system. Immunogenic motifs from virus transcripts or RNA genomes can be derived and synthetically selected sequences or

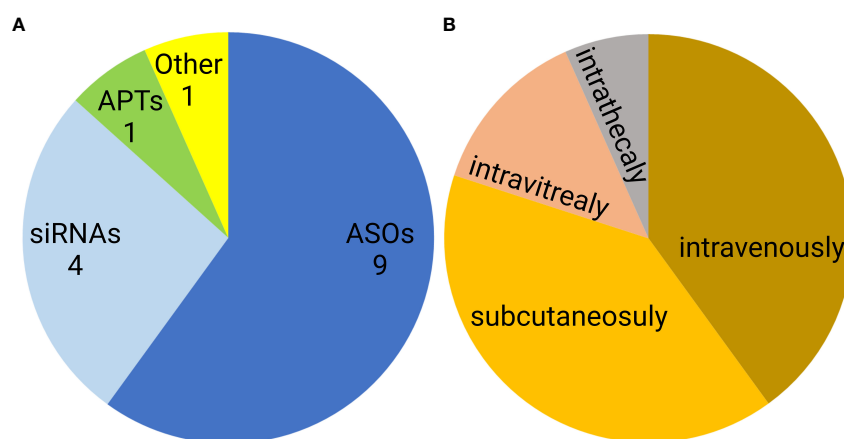


FIGURE 7
Distribution of FDA approved noncoding nucleic acid therapeutics according to type (A) and route of administration (B). ASO- antisense oligonucleotides, siRNAs- small interfering RNAs, APTs- aptamers.

cellular ncRNAs can be employed. However, the potency of individual immunogenic ncRNAs is currently unknown and their activity is likely to differ based upon the particular application. However, the use of NANP nanotechnology alone has already identified many of the properties, such as composition, architectural parameters, dimensionality, size, and chemical stability, that define the immunogenicity of such structures (135). The complications experienced in translating simple TNAs to clinical therapies are also important considerations for complex NANPs, but it should be noted that the properties of NANPs are more than the sum of their constitutive parts (120). While resistance to nucleases and renal clearance can be solved relatively easily, other safety and efficacy concerns remain challenging. Targeted delivery, barrier penetration, and toxicity, remain the principal obstacles for nucleic acid therapeutics. This problem is compounded by the current nonexistence of FDA guidance documents for such agents, in contrast to other strategies including gene therapy. Another issue is the scalability of NANP synthesis for mass production and the present lack of simple and unified assembly protocols.

Despite these issues, it is clear that NANP technology holds great promise and has high therapeutic potential. Over the last decade, we and others have explored the possibility of multifunctional NANPs that carry diverse functional moieties (aptamers, siRNAs, ASOs, decoys, etc.). It now remains to combine immunostimulatory ncRNAs with NANP scaffolds to create new multi-tasking NANPs that permit conditional activation as the next generation of nucleic acid-based theranostics.

Author contributions

All authors listed have made a substantial, direct, and intellectual contribution to the work and approved it for publication.

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The development of highly dense highly protected surfactant ionizable lipid RNA loaded nanoparticles

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The long quest for efficient drug administration has been looking for a universal carrier that can precisely transport traditional drugs, new genomic and proteic therapeutic agents. Today, researchers have found conditions to overcome the two main drug delivery dilemmas. On the one side, the versatility of the vehicle to efficiently load, protect and transport the drug and then release it at the target place. On the other hand, the questions related to the degree of PEGylation which are needed to avoid nanoparticle (NP) aggregation and opsonization while preventing cellular uptake. The development of different kinds of lipidic drug delivery vehicles and particles has resulted in the development of ionizable lipid nanoparticles (iLNPs), which can overcome most of the typical drug delivery problems. Proof of their success is the late approval and massive administration as the prophylactic vaccine for SARS-CoV-2. These iLNPs are built by electrostatic aggregation of surfactants, the therapeutic agent, and lipids that self-segregate from an aqueous solution, forming nanoparticles stabilized with lipid polymers, such as PEG. These vehicles overcome previous limitations such as low loading and high toxicity, likely thanks to low charge at the working pH and reduced size, and their entry into the cells *via* endocytosis rather than membrane perforation or fusion, always associated with higher toxicity. We herein revise their primary features, synthetic methods to prepare and characterize them, pharmacokinetic (administration, distribution, metabolization and excretion) aspects, and biodistribution and fate. Owing to their advantages, iLNPs are potential drug delivery systems to improve the management of various diseases and widely available for clinical use.

KEYWORDS

ionizable lipid nanoparticles, RNA-loading, drug delivery carriers, pharmacokinetics, biodistribution and clearance

Introduction

The modern concept of drug delivery probably started with German Nobel laureate Paul Erlich's "magic bullet" in 1907, a bullet that cannot miss its target (1, 2) and became common with penicillin in the early 20th century (3, 4). The initial idea was to kill prokaryotes leaving eukaryotes unharmed, thus reducing damage to the body associated with uncontrolled biodistribution. Soon it was also developed to improve dosing and, with it, therapeutic effects. More recently, the concept was actualized for chemotherapy due to its severe side effects, and thus, the firsts Drug Delivery Systems (DDS) were developed to improve the transport of antitumoral drugs such as doxorubicin (5). Before, excipients allowed the drug to solubilize and properly reach their target, but their capacity was limited to solubility issues, with poor capabilities in directing and protecting the drugs during the journey to the target. Similarly, if the development of DDS was initially intended for solubilizing common drugs, it rapidly opened the possibility of loading other substances, such as genetic material or proteins – antibodies, enzymes, etc.-. These substances cannot be administered in a free form since they are highly immunogenic and rapidly biodegraded. Therefore, the full development of DDS will not only optimize the pharmacology of current drugs but also dramatically expand the pharmacopoeia we have available for the cure, which will have a clear impact on population health.

It is important to note that therapeutic effectiveness strongly depends on pharmacokinetic aspects, on how drugs travel and interact through the body, reach their target, perform their intended effect, are modified (metabolized), and excreted. Up to now, pharmacokinetic principles were based on small drug properties, where balanced hydrophobicity and hydrophilicity allow it to reach all corners of the body (6) so that reaching the target was assured at the expense of undesirable side effects. For example, after cisplatin injection, a common chemotherapeutic agent, 60% goes to the kidney causing nephrotoxicity, 36% irreversibly binds to albumin losing its activity, and only a small fraction of the remaining 4% reaches the tumor cell's DNA and performs its therapeutic action (7). In this scenario, protecting the drug and carrying it to the region of interest is a natural evolution of pharmacology.

Together with the quest for efficient drug administration, chemists and nanochemists have searched for a universal carrier that can accommodate many different substances. In addition, the carrier has to be safe, more than its loading. DDSs have to be so safe that repeated administrations across one person's life should not be a problem. Also, for practical reasons, they have to be easy to produce and easy to store.

As expected, DDS have been developed and exploited to enhance the delivery of drugs in treating several diseases showing potential benefits in terms of pharmaceutical flexibility, selectivity, dose reduction and minimization of adverse effects (8). In these platforms, different drugs, ligands and biomolecules can be combined by absorption (9), loading (10), coordination bonding (11), and entrapment (12) to perform different tasks. While DDS popularization started in the 80s and developed as a full academic and technological discipline, nanotechnology irrupted in the 2000s offering unprecedented control of matter structured at the

nanoscale, allowing for the rapid and widespread development of new, more precise and more functional DDS. Interestingly, the initial vehicles were called microspheres and then renamed nanocarriers, even if some nanocarriers were bigger than some microspheres.

Among DDS, polymeric nanoparticles (NPs) were the first to be employed, showing significant therapeutic benefits but accompanied by polymeric toxicity, high cost, and lack of feasibility for scaling up. Besides, liposomes have traditionally been the more developed and implemented DDS. Lipid-based NPs made of lipids and surfactants (amphipathic molecules) are simple and safe, but there is typically a low degree of loading and structural fragility. They have become an up-and-coming delivery platform for hydrophobic and hydrophilic substances or a combination of both (13, 14). These carriers can penetrate abnormal tissue, remain for a long time and release their cargo drugs, increasing drug efficacy. For example, *in-vitro* studies by Wang et al. (15, 16) have shown the successful target delivery of resveratrol, a poor aqueous solubility drug and curcumin hydrophobic polyphenol in breast cancer. Recently developed lipid-based formulations included micro and nanoemulsions, self-emulsifying formulations, liposomes, lipid NPs and lipid-drug conjugates. Among the extensive range of lipid formulations, the solid lipid nanoparticles (SLNs) (17–19), the nanostructured lipid carried (NLCs) (14, 20), and the lipid-based nucleic acid therapeutics (21, 22) have probably centered the majority of the attention due to their successful activities toward multiples disease models. Other alternatives have been protein aggregates for insoluble chemotherapeutic agents such as paclitaxel in Abraxane[®] (23) or made of biological molecules such as polylactic-co-glycolic acid (PGLA) NPs, which has been considered one of the first universal nanocarrier platforms (24, 25).

In this work, we refer to those NPs made of a mixture of lipids, ionizable surfactants, and nucleic acids, which spontaneously form NPs by the electrostatic and hydrophobic collapse in water. These lead to highly dense and highly protective NPs, which can be singularized as ionizable lipid nanoparticles, iLNPs. These NPs can overcome the main biological barriers to cell transfection, including protection from endonucleases, and RNases, and selective targeting, when targeting moieties such as antibodies or aptamers are included, to improve the contact with the targeted tissues or cells (26), cell internalization, and intracellular release. Herein we focus on RNA-ionizable lipid NPs. RNA is not only a major player in genetic medicine that needs to be transported, but it is also a model of macromolecule that has to be protected until delivered inside the cells.

From a historical perspective, ionizable lipids evolved from years of working with permanently charged cationic lipids for transfection. The mechanism by which these cationic lipids capture nucleic acids is through complexing them by ionic interaction between the negatively charged phosphate groups on the nucleic acid molecules and a positively charged group on the lipid head, forming nucleotides-lipid complexes-, probably starting in 1987 with DOTMA, the first bi-layer forming cationic lipid, specifically designed and used for DNA transfection (27). However, due to its net positive charge, it presented unacceptable levels of

toxicity at the doses necessary to produce therapeutically relevant levels of transgene expression, especially *in vivo* animal models, making its transition into clinical praxis impossible (28–30). In addition, the positive net charge induces plasma protein adsorption and rapid clearance by the immune system, negatively affecting transfection efficiency (31). They commonly present hemodynamic toxicities, such as the activation of the complement system and an increase in blood coagulation time (32–34). Ionizable lipids entered the field as an answer to this problem. These lipids are a pivotal element of the iLNP systems (35) and are characterized by having an ionizable functional group in their polar head with an acid-dissociation constant (pKa) below 7.0 (36). Their pH-tunable charge allows them to be neutral at physiological pH, minimizing their cationic burden and toxicity but be protonated at a lower pH at the maturing, acidified endosome. Their cationic nature inside the endosome will help its break and escape by enabling the interaction with the anionic membrane lipids (and subsequent formation of non-by-layer phases), allowing cytosolic delivery. Indeed, the ability to activate and deactivate the ionizable lipid cationicity, when necessary, enables it to adapt to the needs of the synthesis (charge on), distribution within the body (charge off) and escape from the endosome (charge on). These positively charged vesicles present the advantages of a liposome-mediated transfection (e.g., fusion with the cell membrane, protection from degradation, digestion, opsonization, etc.) and of a cationic-mediated transfection (e.g., complex formation with nucleic acids, association with the negatively charged cell surface).

Today, iLNPs have proven to be an efficient vehicle for effectively delivering RNA inside the cells, opening the doors to gene therapy. Their rapid implantation in several medicines already approved for human use is an unprecedented success within the community of nanomedicine, drug delivery and gene therapy. Though, to date, only three different systems of RNA delivery are approved by the FDA: antitumoral Patisiran and two RNA COVID-19 vaccines (Pfizer/BionTech and Moderna) (37), and many others are under clinical trial. Encouraged by the successful application of the SarCov2 mRNA-lipid vaccines produced by Moderna and Pfizer companies, the high biocompatibility of the lipid nanocarriers is being explored to treat many other diseases. Thus, in a continuous effort to cure other viral diseases, other mRNA vaccines are developing to fight against etiological agents such as Cytomegalovirus, Syncytial respiratory, or influenza viruses (Trial number: NCT05085366, NCT05127434, NCT04956575). In the field of cancer disease, the pharmaceutical companies Moderna and BioNTech are advancing in the commercialization of a potent therapy based on mRNA vaccines for melanoma; their clinical trials are in phases 1 and 2, respectively (Trial number: NCT0389788, NCT04526899). The multifunctional characteristics of the iLNPs also have been advancing in treating solid tumors. In a lack of successful results compared to the CART cell therapy in liquid tumors, the BioNTech company has developed an RNA-based CAR-T cell therapy to counter the accelerated growth in the Gastric, Pancreatic, Ovarian, and Biliary Tract Tumors (Trial number: NCT04503278) (38).

Ionizable lipid nanoparticles: Structure, composition and characterization

Ionizable Lipid NPs consist of nanometrically sized particles (39) could be understood as a dense condensation of surfactants, lipids and genetic material. These NPs can be synthesized quickly and efficiently to encapsulate genetic material with high efficiency (high density) and have sufficient stability and robustness to travel through the body to their destination without being degraded or opsonized, protecting their cargo, and able to carry out an efficient cytoplasmic delivery of the genetic material. Their standard composition consists of 5 different compounds: i) the genetic material which has to be delivered, ii) an ionizable cationic lipid to interact with the genetic material and render it hydrophobic, iii) a helper amphipathic molecule, usually a phospholipid such as DSPC, iv) a helper sterol lipid, in the majority of cases Cholesterol, to making the structure more robust, and v) a PEG-lipid at the particle surface for surface stabilization and to avoid NP aggregation and opsonization. The ratio between these components varies among different formulations, but typically it can be around: ionizable lipid 50%mol (60%mass), phospholipid 10%mol (15%mass), Cholesterol 38%mol (15%mass), PEG-lipid 1,5%mol (8%mass).

These components interact and spontaneously structure themselves through a self-assembly process based on the ethanol injection method, which consists of rapid mixing of an ethanol phase, where the lipids are dissolved, into an aqueous phase, where the nucleic acids are dissolved in an acidic buffer. This rapid mixing induces the sudden supersaturation of the lipidic molecules, which leads to burst nucleation and their assembly into NPs, trapping the surfactants and genetic material (36). The process by which the genetic material is encapsulated in the lipid structure takes place in the first steps of the synthesis process when the ethanolic phase is mixed with the aqueous phase and self-assembly of lipids occurs. The first force that drives this self-assembly is an electrostatic interaction between the polar head of the positively-charged ionizable lipids at acidic pH and the negative charges of the nucleic acid chains at the working pH (typically around 4), and the second is the increase in polarity of the lipidic solvent by the addition of water, expelling lipidic material from the liquid phase into the NPs. Thus, as the polarity of the solvent progressively increases, inverted micelle-like structures coalesce, interacting with the rest of the lipids and surfactants, which at the NP surface closes the particle in a spherical form making the NPs soluble in water.

The PEG-lipid anchors to the NP surface's lipidic domains while extending its water-soluble part away from the NP, forming a hydrophilic steric barrier that provides colloidal stability and prevents NP aggregation and opsonization (40). The whole phase mixing and complexation of the nucleic acid is done at $\text{pH} < \text{pKa}$ of the ionizable lipid so that it is cationic-charged nature, and the entrapment efficiency of the nucleic acid is maximized. Afterwards, once the synthesis is complete, the pH can be adjusted to physiological value since the nucleic acid is already complexed and integrated inside the NP. In this way, a neutral charge of the

vehicle is achieved and significantly minimizes the cationic burden and its related toxicity that the particles would experiment with once they are administered (Figure 1).

An essential part of this process is how efficient and fast the mixing between these two phases is, since it determines size, and size plays a decisive role in NP biodistribution, delivery efficiency, and transfection potency (41). As shown by Belliveau et al. in 2012 (42) when investigating the influence of the flow rate on the iLNP particle size, the NP size decreased as the flow rate of the injection of the ethanolic phase into the aqueous phase increased. Indeed, there is an universal tendency for NPs to decrease surface energy (surface-to-volume ratio) by growth. Because of that, the PEG-lipid is employed to reduce the surface energy and stabilize the NPs. Multiple studies have shown that increasing the molar ratio of the PEG-lipid, by stabilizing NPs against aggregation yields significantly smaller iLNPs, independent of other lipid components (41–43). This indicates that without PEG, or other similar biocompatible polymers, the NPs would continuously aggregate and grow until complete phase separation.

Besides size, as discussed in the previous section, a determining functional parameter is the charge, a fundamental aspect of iLNPs, which should be positively charged during iLNPs formation to allow nucleic acid complexation, neutral at physiological pH for its administration, and positively charged at the acidified, maturing endosome for membrane disruption. The pKa value of the ionizable lipid will be the factor that determines the charge on the iLNP under the different pH conditions, which has to find a balance between (44, 45) i) being acidic during RNA trapping, ii) being neutral at physiological pH, to minimize toxicity and avoid rapid immune-clearance, iii) being as positively charged as possible at late endosome stage to maximize the interaction with the endosome's membrane and its disruption. Also important to consider the effect produced by absorbing protons during endosome acidification, inducing proton sponge effects.

The pKa value in which this balance is optimal is not a universal value for all lipids and depends on the iLNPs formulation and the nucleic acid sequences they carry. However, several studies demonstrated that a pKa between 5.5 and 6.5 tend to show maximal potency *in vivo* (21, 46–48). Regarding their chemical structure, as a rule of thumb, one can say that small head groups of the ionizable lipid, such as dimethylamino-based, show higher

transfection efficiencies compared to higher substituted moieties, which increase their steric hindrance as well as affecting the pKa (49–51). So it is the case of DLin-MC3-DMA, the ionizable lipid part of the patisiran (Onpattro®) formulation. It is important in the history of the development of ionizable lipids and corresponding NPs since, when first synthesized, it exhibited an improvement in the potency of more than two orders of magnitude compared to the previous benchmark formulation (DLinDMA), which allowed the TTR02 (later known as patisiran) formulation to transition into clinical development (45). Notably, the structure and formulation of DLin-MC3-DMA laid the groundwork for further iLNPs development. Currently, the search for new biodegradable, ionizable lipids with more potency or different properties is at the center of research to advance iLNPs, and this effort is yielding a large array of diverse and exciting types of iLNPs to adapt them to organs and diseases (52). The structures and pKas of the ionizable lipids present in the approved iLNP formulations appear in Figure 2.

They share branched (bulky) lipophilic moieties and hydrophilic amino terminations. This geometry allows for a cone-like conformation of the amphipathic molecules and of the cationic-anionic lipid pair that occurs once the ionizable lipid interacts with the lipids of the endosomal membrane. This non-by-layer, cone-like conformation of the amphipathic molecules favors high surface curvature and is responsible for iLNP disruption. Once the endosome and the iLNP have been disrupted, the pH goes back to 7, and the iLNP release its cargo so that free mRNA can enter ribosomes for expression. This disintegration is probably simultaneous with the endosomal disruption and mediated by the many (negatively) charged and detergent-like (amphipathic) compounds inside the cell –indeed, all proteins have hydrophilic and hydrophobic domains– interfering with the amphipathic molecules of the iLNPs.

Due to their reduced size and complex and unstable (dynamic) nature, their characterization can be a serious challenge, especially in the biological matrix (Figure 3). The standard parameters to evaluate include particle size, surface charge (ζ -potential), drug content and surface state (composition and conformation). Particle size, polydispersity index and charge analysis can be measured by dynamic light scattering (DLS) and associated ζ -potential with the main advantage of not being time-consuming. Besides, electron microscopy allows for high-resolution observation of these NPs.

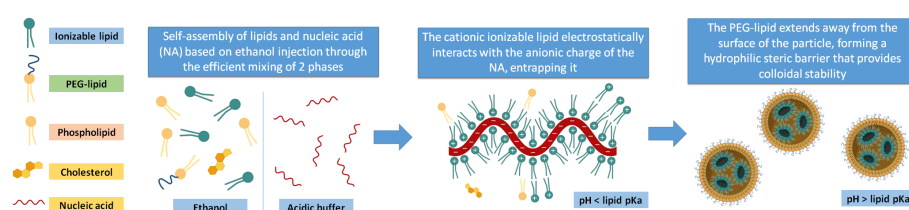


FIGURE 1

Main components of the iLNPs. The lipid components are dissolved in an ethanolic phase, and the nucleic acid is in an acidic buffer. When these two phases are efficiently mixed, the ionizable lipid gets protonated and electrostatically interacts with the anionic charges of the nucleic acids while the rest of the lipids self-assemble to form the iLNP structure. When the formation is complete, the pH of the batch can be brought to a value higher than the ionizable lipid pKa.

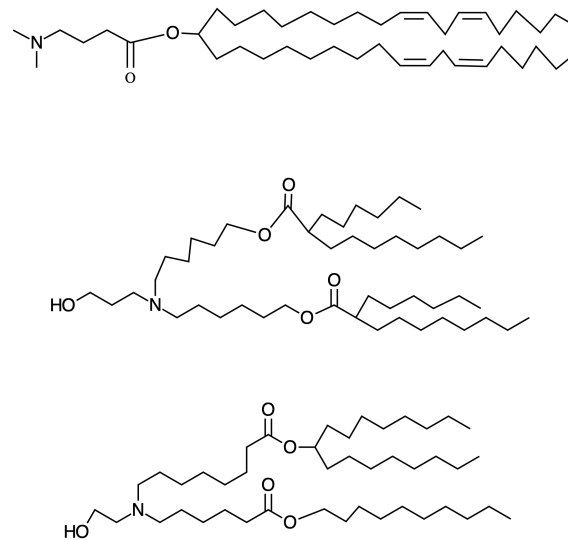


FIGURE 2

Structure of the approved ionizable lipids. From up to down DLin-MC3-DMA, Alc-0315 and SM-102, the ionizable lipids present in Onpattro, Comirnaty (BioNTech/Pfizer) and Spikevax (Moderna), respectively, with the pK_as: 6.44, 6.09, 6.75, respectively. The number of hydrophobic tails has geometrical consequences in the structure of the iLNPs contributing to the determination of size and robustness.

However, they are frail in high vacuum and under the electron beam, and therefore cryo-TEM is often employed, providing 2D images of stable frozen-hydrated particles. Alternatively, low electron beam energy and staining also allow observation of the iLNPs morphology (53). These iLNPs can also be fluorescently-labelled for their visualization and quantification in fluorescence microscopy and spectroscopy techniques (54). Concentration and composition are also studied using thermogravimetry and differential scanning calorimetric analysis (55).

Information about the internal structure of the systems can be obtained through X-ray (SAXS) and neutron (SANS) small angle scattering (55). In the past decade, SAXS has been shown to be very useful at providing information about the fine structure in self-assembled soft matter materials, like iLNPs (56–59). Still, the full understanding of the nanoscale organization of the lipids and genetic material in the interior of the particle remains yet to be achieved (60). It has been observed that depending on operational factors or compositional changes, the synthesis yields different arrangements

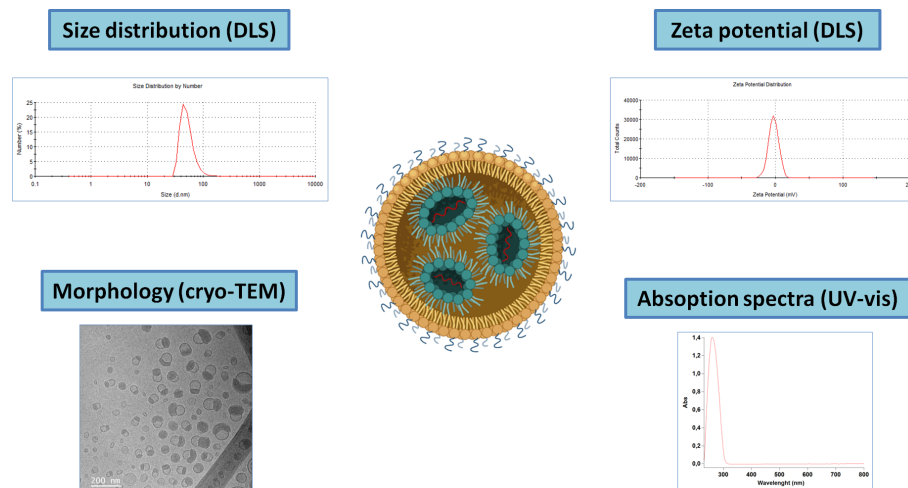


FIGURE 3

Schematic representation of the main techniques for iLNPs characterization. Note that for the UV-vis absorption spectra, the signal corresponding to the nucleic acids present in the sample will account for the majority part of the signal.

of iLNPs, such as multilamellar structures (61), Ia3d and Pm3n cubic phases (62), and other types of non-lamellar structures where the RNA molecules are inside aqueous cylinders (63).

Ionizable lipid nanoparticles: Pharmacokinetics

It is well accepted that the potential use of iLNPs in medicine is determined by the pharmacokinetic (administration, distribution, metabolism and excretion) aspects that govern iLNP behavior, which is different from previous drugs. Pharmacokinetics describes what the body does to the drug rather than what the drug does to the body; the latter would be pharmacodynamics. The field of pharmacokinetics has developed with the implantation of small-molecule drugs as principal therapeutic agents. This is because small molecule drugs can distribute across the body and enter inside the cells. However, everything changes when we pretend to employ large and structured substances such as proteins, genetic material or nanoparticles. Because of that, new pharmacokinetic models, which describe the behavior of these materials once injected until they are excreted, have to be developed for the proper implementation of new medical substances and materials into the clinic practice, taking into account that the biochemical composition of NPs and its entrance route into the human body, determines the final activity of these NPs (64). We focus on the existing clinical trials and *in-vivo* experimental models using RNA-lipid carrier systems. Many DDS enter the body *via* inhalation, oral ingestion, topical (cutaneous and ocular) application, and parenteral administration.

Herein, we first analyze the different transformations iLNPs may suffer, such as aggregation, interactions with proteins and disintegration/dissolution, and then comment on their biodistribution and excretion since the latter strongly depends on the formers. These alterations significantly impact their behavior and must be considered for their intended use in medicine. Therefore, research on iLNPs effects should strive to correlate with how they interact, evolve and are transformed during their exposure to the human body. That is, during their Administration, Distribution, Metabolization and Excretion (ADME) phases.

Transformations and metabolization

Regarding nanosized objects in general, due to interactions between NPs and components from the biological medium, NPs are known to suffer different alterations when applied. Indeed, NPs are intrinsically out of equilibrium, and transformations such as Ostwald ripening, NPs collapse, and over-grow always tend to occur. When administered, the NP's environment radically changes from low electrolytic NP concentrated media to a media full of cells, proteins and electrolytes. The main alteration they may suffer is the loose of colloidal stability and consequent aggregation. This loss of colloidal stability and subsequent aggregation and expulsion from the media has a dramatic effect on the abilities of NPs to travel through the body and to be well dispersed in organs

and tissues, provoking, in too many cases, the lack of -or unexpected- biological results (65, 66). Note that the final size of NP, which will reach the cells, is also determined by the interaction with the biological matrix, ultimately determining the distribution and kinetics of delivery.

Several factors cause the aggregation of colloidal NPs; for instance, the initial concentration of NPs, their chemical nature and the ionic strength of the medium (67). The most widely employed strategy to passivate the surface of nanosized objects, in general, has been modifying the NP surface with hydrophilic polymers as polyethyleneglycol (PEG), which acts as a steric barrier that minimizes interactions at the NP surface, indispensable to stabilize the surface and allow NPs to exist isolated in solution. This steric barrier “closes” the surface of the NP, provides colloidal stability and facilitates the small and narrow size distribution. However, the PEGylation of the NP surface dramatically difficult the interaction with cellular membranes, reducing the necessary close contact required for endocytosis. This double effect has been called the “PEG-dilemma” (68–71). Although alternative strategies are proposed, like cleavage of a PEG moiety (72), this problem is majorly addressed by a strategy based on “reversible PEGylation”, where a lipid-containing PEG slowly detaches from the NP surface once administered. This allows to take advantage of the disposing of the high PEG concentration needed for small and monodisperse synthesis and distribution, and the lower PEG concentration needed to have a good cellular uptake at the moment when the NP reaches the target organ. Note that an increase in the concentration of PEG also influences its conformation and protective effects, increasing the circulation time of the iLNPs (71). Indeed, a completely PEG-covered iLNP surface will dramatically inhibit the interaction with cells and serum proteins, modifying circulation time and biodistribution (68, 71). Such PEG-lipids remain integrated into the LNP structure during formation and under storage conditions, but in the presence of a lipid sink like in plasma, these PEG-lipids are stripped off the particle and into the medium, leaving the surface of the iLNP gradually unshielded (45). These PEG-lipids have short alkyl chains -which act as “hydrophobic anchors”-allowing a reasonable desorption rate once they enter blood circulation (71). The proper balance between a fully protected surface for iLNP synthesis and distribution, and a relatively unshielded surface for interactions with cell membranes, is achieved by finding a compromise between alkyl chain length and PEG-lipid surface concentration.

Special mention deserves the interaction of NPs with proteins, adjusted by the size and concentration of PEG at the NP surface. When NPs are administrated into the body, they first interact with biological fluids. Depending on the administration site, the biomolecules that will interact with the NPs can vary: from lung surfactants when inhaled to the interstitial fluid when locally injected into blood plasma following intravenous administration (73). Proteins, which are the most important of these biomolecules, will adsorb -to some extent- on the NP surface, especially as PEG is removed, coating the surface with a new layer that will define the biological identity of the NP, the so-called “biomolecular corona”, or “protein corona” (74, 75) which can dramatically alter the surface

properties of nanosized particles and determine their *in vivo* fate (76). Already in 2004, it was reported that the presence of proteins in physiological media affects the entry and intracellular localization of NPs in cells, thus modulating their potential biological effects and toxicity. Later on, the formation of a protein corona on top of the NP surface was observed to control biodistribution, uptake and biological response, transforming them from innocuous to toxic or vice versa. This surface coating can be formed by hundreds of biomolecules, including albumin, apolipoproteins, immunoglobulins, coagulation factors, and many others (77). Some of these biomolecules might associate almost irreversibly with the iLNP surface, in either their native or denatured form, affecting, de facto, all subsequent interactions. It has been proposed that the corona is comprised of both these tightly bound proteins (“hard” corona), which presumably bind directly to the iLNP surface with high affinity, and also a looser, more dynamic layer (“soft” corona) which constantly exchanges with proteins in the environment (78). The hard and soft corona are both considered relevant in determining iLNP interactions with cells (73).

Traditionally, for biomedical applications, this corona has only been conceived as a disruptive effect that hinders the functionality of nanoparticles, provoking underestimated side effects like loss of colloidal stability, aggregation, sedimentation or rapid clearance by the immune system. But the protein corona also plays an active role in deciding the destination organ for delivery and accumulation of the particles. For iLNPs, it has been shown that in Onpattro, there is a close relationship between the protein corona and the target organ of delivery, mediated through the adsorption of Apolipoprotein E onto the iLNP surface. Authors proposed that binding to ApoE will act as a highly effective targeting ligand by binding to lipoprotein receptors on the surface of hepatocytes, triggering the uptake by hepatocytes (45, 79). This relationship between the protein corona and the biodistribution of NPs could allow the fate of the particles to be actively altered. Indeed, the multifunctional physicochemical properties of lipids can be designed to target different body tissues. Min Qiu et al. (80) have achieved a lung-selective delivery in mice with the use of a series of ionizable lipids containing an amide bond in the tail which changes the interactions between plasma proteins in contrast with other types of lipids, like the ones with an ester bond in the PEG lipidic tail (as those present in the approved formulations), which easily accumulate in the liver (81). These are exciting and promising results for improving the delivery of iLNP beyond these organs, and other relationships between lipid composition and biodistribution should be carried out in the future. Active targeting by grafting a specific moiety, that is, the ligand of an over-expressed receptor onto the NP surface, is a very appealing strategy that, to this day, fails to impact the biodistribution drastically. However, once the NPs have reached the organs, their uptake can be influenced by targeting moieties (75)

Degradation and disintegration of iLNPs

It is well-known that NPs can dissolve in certain dispersing media (82–84). The extent of their dissolution depends not only on their intrinsic properties, such as size and shape, but also on

characteristics of the surrounding media, including pH and ionic strength, as well as the presence of organic matter (85, 86). Thus, while small NPs can be preserved in solution in the appropriate (as-synthesized) conditions for a long time, they may also be prone to rapid degradation in physiological media. This is why iLNPs can be kept for a long time in storage conditions while in hours disintegrates once in the body. Indeed, it has been reported that it is below c.a. 30 nm in diameter (87), where NPs cannot support the high surface energy anymore and tends to dissolve. The driving force behind dissolution strongly depends on the solubility of the constituent ions in a given environment and their concentration gradients in the solution. This phenomenon, enhanced at the nanoscale, is referred to as the Gibbs-Thomson effect, and in NPs manifests as Ostwald ripening, where NPs in solution spontaneously dissolve or grow due to concentration gradients, becoming progressively larger and more polydisperse. Controlled release of matter from an NP is illustrated in the Noyes-Whitney equation, which relates the rate of dissolution to the properties of the components and the dissolution medium. If the released components are removed from the equilibrium because, for example, are used in competitive reactions or simple diluted in the body, the system is moved away from the saturation point, reaches sink conditions, and the NP tends towards complete dissolution. For a given mass, the kinetics of dissolution will be proportional to the specific surface area and the coordination of the constituents at that surface (which decreases with size). NPs have to release their cargo at the appropriate rate and quantity: larger NPs may release them too slowly and too much, while the smaller ones may release them too fast and an insufficient amount of it. Thus, the reactivity of the NP has to be adjusted to persist more or less inside the different parts of the body.

Biodistribution and fate of iLNPs

The primary purpose of using these iLNPs is to cross natural barriers, interact with the target cell, and deliver the treatment efficiently. The first natural barrier the iLNPs need to cross is the biological fluids, blood or lymph, sweat or tear, and the corresponding extracellular matrix, consisting of macromolecules and minerals that change in different tissues, compartments, and health status (88). To overcome these barriers, some iLNPs can interact with particular matrix components that facilitate the interaction with the target cell and the entrance by endocytosis (87). The second natural barrier is the mononuclear phagocyte system, capable of recognizing foreign substances and commensal organisms when entering the body, labelling them with opsonins and enhancing uptake by phagocytic cells, such as kupffer cells in the liver. Basically, if NPs are recognized as a foreign substance, the innate immune response reduces their plasma half-life, decreasing the drug delivery efficiency to the target cell. However, the size range of NPs is that of recognition of the immune system which is supramolecular structures and molecular patterns of few tens of nm, mainly found in viruses and bacteria, in such a way that the immune response to NPs can be complex from tolerance, to pro-inflammation to immunomodulation (89). As mentioned above, the

lipid nanoparticle-surface functionalization with PEG minimizes opsonization and therefore the immune response and increases blood circulation time (90). Nonetheless, the activation of the immune system has been found against some of the iLNPs components as PEG. It has been reported that some patients can develop anti-PEG antibodies after a first dose of a PEGylated drug (anti-PEG immunoglobulin M (IgM)) (91), leading to rapid NPs clearance in the liver and spleen, removing the drug from circulation (92). Fortunately, PEG immunogenicity is not so prevalent and not so aggressive, while the rest of the approved iLNPs components are safe.

The precise behavior of these materials during their full-life cycle inside the body is still relatively unknown, with controversy about disparities between the *in vitro* and *in vivo* results. Additionally, subtle modifications of their nature -composition, size, shape and surface state- may have or not have a strong influence on their behavior, affecting their interaction with proteins (93), aggregation state (94), chemical transformation and degradation (95), and consequently biological responses (96). Once they are stable and do not aggregate when administered, their behavior is very different from small molecules, and they are subordinated to the many-body barriers to protect integrity. In addition to immunogenicity, which is somewhat tolerant to small molecules, the body is full of physical barriers. Considering intravenous administration, it is essential to note that the main blood vessels and capillaries in the body have a continuous lining of endothelial cells with pores of 6 nm. Besides, the fenestrated capillaries found in the intestine and some endocrine and exocrine glands may have pores up to 50–60 nm, while discontinuous capillaries, as those found in the liver, spleen and the bone marrow, have pores between 100–1000 nm, which is where typically NPs are found (97). Special attention deserves the tight junctions, including the blood-brain barrier, placenta and testis barrier, where pores smaller than 1 nm have been reported, where the hydrophobic nature of LNPs seems to favor translocation (98). In such conditions, small molecules can diffuse in-and-out from the blood vessels into the lymph, while the passive transport of large objects, like proteins and NPs, through these porous is negligible, and they tend to accumulate in organs of the mononuclear phagocytic system, such as the liver and spleen, which are the two usual places of NPs fate and accumulation (97, 99).

It is worth noting here that blood vessel and tissue permeability is altered during the course of diseases, allowing for the passive accumulation of NPs in those areas. Indeed, this passive accumulation can increase one order of magnitude the concentration of the drug in tissue (11). For example, in solid tumors, their rapid growth results in leaky vessels with large pores resulting from a defective angiogenic process, which facilitates NP accumulation in the absence of a functional lymphatic drain. This phenomenon, known as the Enhanced Permeability and Retention effect (100), is widely reported in the literature and has been exploited to accumulate nanocarriers in tumors (101) passively. Note that protein aggregates and cell debris are naturally found in solid tumors due to the EPR effect. Thus, by increasing NP circulation times, this passive accumulation has been employed to deliver therapeutic doses of drugs. It is the case of Doxil (liposomal

doxorubicin), where the inclusion of PEG-1,2-distearoyl-sn-glycero-3-phosphorylethanolamine (PEG-DSPE) extended circulation time over 4- to a 16-fold enhancement of drug level (101). With this increased circulation time, the Doxil liposome formulation could accumulate more at the tumor site (101), achieving a more significant therapeutic effect (102, 103). Besides, blood and tissue porosity increases during inflammation, which allows NPs to accumulate in those sites (104).

Once the NPs reach their target cells, they must enter and deliver the cargo. The cytoplasmic membrane is very robust and impermeable; things naturally enter either transported, typically ions and small molecules, or endocytosed, for proteins and larger objects. Endocytosis can be divided into pinocytosis (cell “drinking”) and phagocytosis (cell “eating”). Pinocytosis, commonly termed endocytosis, is when a fraction of the membrane is invaginated, and whatever is on its surface or around it is trapped. Endocytosis can be receptor-mediated or receptor-independent when the cell membrane recycles (105). Alternatively, substances like cationic detergents can permeate through the membrane, and large liposomes can fuse with the membrane. Both pathways often show toxicity, especially membrane permeation, being endocytosis the most benign way to introduce substances inside the cell. For the case of iLNP the successful endocytosis process is determined by their size, surface composition, and target cells (99). Once the iLNP reaches the target cell and is up-taken by endocytosis (45), the cargo must be released and reach the cytoplasm. It is important to note that the relationship between cellular uptake of NPs and transfection efficiency is not trivial since this is determined by the ability to escape from the endosome. Once engulfed into the cell by the endocytic process, the early endosomes mature into late endosomes and fuse with lysosomes decreasing pH and digesting its content for recycling (106). When the pH becomes smaller than the ionizable lipid pKa, it becomes positively charged again, enabling an electrostatic interaction between the iLNP and the negatively charged lipids of the cell membranes, as cationic lipids do.

This interaction can have disruptive effects, first on the NP structure and integrity, and second, on the endosome membrane, leading to its disruption (49, 107–109), promoting endosomal escape and cytoplasmic release of the nucleic acid cargo (107). As the electrostatic interactions between ionizable lipid and RNA increase as pH decreases, it is difficult to imagine the liberation of the cationic surfactant associated with the RNA from the NP, indicating the presence of an excess of ionizable lipids in the iLNP formulation. It has been proposed that endosome disruption is achieved by forming non-bi-layer phases due to the electrostatic interaction between the lipids. Of particular interest is the HII inverted hexagonal structure since it's been shown that this phase is not compatible with bilayers, and, as lipids tend to adopt it once they are mixed, membrane fusion and membrane disruption events are more likely to occur (35, 49, 107, 109). Regarding endosomal disruption, another possible factor playing a significant role in endosomal disruption would be the proton sponge effect. The proton sponge effect happens when during the maturation of endosomes, HCl influxes to decrease pH for digestion. The amine groups of the cationic lipid become

protonated, capturing protons from the media that resist acidification. As a result, more protons are pumped into the endosomes, followed by passive entry of more chloride ions by osmosis, the consequent increase in ionic concentration, leading to osmotic water influx and swelling, and up to rupture of the endosomes -and endolysosomes-, releasing their contents into the cytosol (110). Likely, membrane disruption and proton sponge effects happen in parallel: while the excess of ionizable lipids perturbs the membrane, RNA-bonded ionizable lipids scavenge H^+ intended for acidification. Once the cargo is delivered, pH returns to 7, quenching the cationic charge and leaving the genetic material ready for action. Finally, it is also important to note the clear difference that exists typically in cellular uptake between an *in vitro* system and an *in vivo* system, since *in vitro* conditions, the limitation of a low charge at physiological pH is much more relaxed, allowing the use of ionizable lipids with higher pKa, which can give a higher efficiency than *in vivo* (3). The endosomal escape mechanism mediated by the iLNPs, is illustrated in Figure 4.

Excretion of iLNPs

Once the NP disintegrates, its components have to be processed and excreted from the body. DSPC and Cholesterol are both part of cell membranes; therefore, degradation and metabolism of these products will occur integrated within the natural processes of the cell. Nucleases metabolize the delivered genetic material to nucleotides of various lengths. In the case of the ionizable lipids, the three (DLin-MC3-DMA, SM-102 and ALC-0315) present in the approved formulations have ester bonds, which are degraded by

hydrolysis, allowing their degradation into different metabolites that are more easily excreted or harmless. The introduction of ester bonds, stable at physiological pH, which are hydrolyzed by enzymes once inside the cell or tissues, is a widely used strategy to increase the biodegradability of these lipids, reducing their accumulation and possible consequent side effects (52). DLin-MC3-DMA is primarily metabolized by hydrolysis to 4-dimethylaminobutyric acid (DMBA) and excreted from the body through the urine (ONPATRO Assessment report EMA/554262/2018). On the other hand, PEG2000-C-DMG seems not to be extensively metabolized and is suggested to be eliminated unchanged through the hepatobiliary tract to the feces (ONPATRO Assessment report EMA/554262/2018). In the case of ALC-0159, the PEG-lipid present in Comirnaty, the BioNtech Pfizer vaccine, the primary route of metabolism appears to be related to amide bond hydrolysis, yielding N,Nditetradecylamine (COMIRNATY Assessment report EMA/707383/2020).

Current challenges for ionizable lipid nanoparticles to be used in medicine

Regarding DDS, a common limitation is dosing. In systemic delivery, taking into account that there is a limitation of volume that can be injected in a single shot into the body (e.g. 10 mL/Kg for intravenous injection in mammals), the therapeutic dose might not be reached unless iLNPs have been previously concentrated because, during synthesis and storage, high concentrations lead to larger and polydisperse particles. Besides, *in vitro* simple tests, as those assessed in monolayer cell cultures, do not consider important

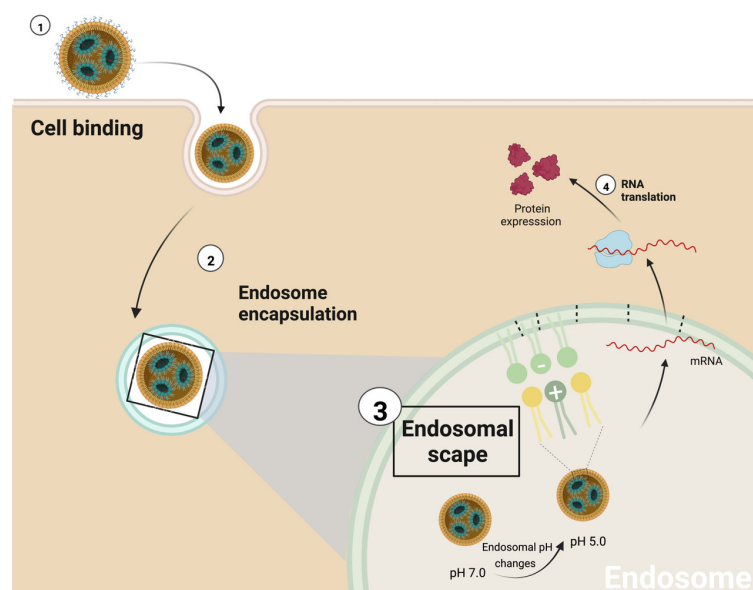


FIGURE 4

Schematic representation of endosomal escape mediated by iLNPs. 1) The first interaction between iLNPs and the target cell activates the endocytosis process, and 2) subsequently, the nanocarrier is encapsulated by the endosome. 3) As proton pumps reduce the pH of the endosome, the ionizable cationic lipid becomes progressively protonated (positively charged). As a result, it can interact with the endosome's membrane anionic lipids to produce non-bilayer structures, disrupting the endosomal membrane and the iLNP structure and 4) releasing the mRNA into the cell cytoplasm.

factors such as organ vascularity, organ penetration and other differential properties given by the organ microenvironment (111), something that is not so critical for small molecule drugs but that is determinant for NP biodistribution and effects. Similarly, different *in vivo* models show variations between them, such as the different sizes of pores in vessels or different immunological responses, which may result in different efficacy for the same NPs depending on the model being used. Also, to be able to work with animals with implanted tumors, SCID (Severe Compromised Immunodeficiency) models are often used, which lack a fully functional immune system, significantly when its size ranges between virus and bacteria. In this context, 3D cell cultures have been proposed as suitable models to study the behavior of iLNPs in a particular environment due to the possibility of mimicking a controlled extracellular matrix and different organ regions (112).

Regarding the penetration and distribution inside organs, it is known that macromolecular carriers fail to penetrate deep into organs and tumors and are generally accumulated just some micrometers away from the vessels that transported them (113–115). Furthermore, solid tumor penetration is also challenging for small molecules (111). Finally, as carriers, they could carry the substance to the wrong place with high precision, producing unexpected side effects. Also, regarding safety, as the vehicle aims at universality, it will be applied repeatedly to the individual across their life, which may end up triggering pro-inflammatory immune responses towards the iLNPs or some of their components, for example, PEG (116, 117). Beyond parenteral application, in the following, we list some of the current iLNPs developments showing the universality of the vehicle's ability to transport different sequences through different organs and portals of entry:

Oral ingestion

The most preferred administration route for medical treatments is oral delivery. Several studies suggest that the lipid nanoparticle composition enhances their biodisponibility in the gastrointestinal mucosae following the natural entrance in the digestion process (118). Additionally, studies on the siRNA- lipid nanoparticle stability showed that the LPNs remained potent and stable after exposure to solutions with pH values as low as 1.2. However, future research needs to increase cargo delivery and improve the effectiveness once mucin is present in the intestines (119). Interestingly, new research conducted by Sung et al. (120), demonstrates the efficiency deliver of IL-22 mRNA -loaded iLPS administrated by oral route in a mouse model of acute colitis. The results showed a high level of expression of interleukin 22, the recovery of body weight, and an accelerated healing process in the colon tissues.

Ocular applications

The main medicaments designed for ocular applications act in the anterior part of the eye. However, some degenerative processes, such as age-related macular degeneration, retinitis pigmentosa, and

diabetic retinopathy, occur at the retina level in the posterior part of the eye. Here iLNPs provide sustained gene expression that could overcome these limitations (121). Recently, Wang and co-workers employed an iLNP to generate a cell-specific gene delivery system with sustained gene expression in the eye tissue (122).

Cutaneous application

As an external barrier, skin homeostasis is a complex process. Therefore, a broad spectrum of topical medication treats diverse cutaneous diseases. Herein, iLNPs are a promissory agent to improve drug penetration through the stratum corneum. Although to date, no iLNP has been reported for commercial cutaneous applications, the efficient encapsulation of distinct cosmetic agents such as oils, vitamins, and antimycotic and anti-age compounds are the most common pharmaceutical approximations (123). As an approach to treating a chronic wound, Gainza and co-workers loaded the recombinant human epidermal growth factor (rhEGF) into an iLNP showing an essential recovery in healing grade and wound maturity (124).

Conclusions and future perspectives

The iLNPs are a promissory concept to explore the efficient drug delivery of a broad range of substances, including genetic material, proteins and other NPs, decreasing collateral effects in healthy tissues and cells. However, despite the current knowledge on the subject being scattered and too heterogeneous, many recent discoveries and advances preclude the inevitable success of iLNPs. Indeed it has been predicted that Nanoparticulate DDS will be the most innovative and crucial cornerstones in pharmaceutical research, with a tremendous economic impact, where the possibility to adjust their physicochemical characteristics and increase the interaction with the target cell, and control the escape from the endosomal compartment allow for precision medicine. Thus, novel iLNPs will be developed with growing interest and improved pharmacokinetic profiles compared to standard drug delivery.

They are simple to produce, can load hydrophobic and hydrophilic substances, and are easily functionalizable with target moieties to ensure better precise delivery once an organ is reached. Indeed, encapsulating the genetic material into iLNPs is one of the fastest currently developing pharmaceutical technology. This success is the result of its clever design, which, in a biomimetic way, adapts to the different barriers and biological difficulties encountered along the way. All in all, in the near future, iLNPs may result in a quantum leap in medicine history.

Author contributions

RG-R, VS, NB, and VP contributed to the design and implementation of the bibliographic research, the analysis and

discussion of the literature and the writing of the manuscript. All authors contributed to the article and approved the submitted version.

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Exploiting endocytosis for transfection of mRNA for cytoplasmatic delivery using cationic gold nanoparticles

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Introduction: Gene therapy holds promise to cure various diseases at the fundamental level. For that, efficient carriers are needed for successful gene delivery. Synthetic 'non-viral' vectors, as cationic polymers, are quickly gaining popularity as efficient vectors for transmitting genes. However, they suffer from high toxicity associated with the permeation and poration of the cell membrane. This toxic aspect can be eliminated by nanoconjugation. Still, results suggest that optimising the oligonucleotide complexation, ultimately determined by the size and charge of the nanovector, is not the only barrier to efficient gene delivery.

Methods: We herein develop a comprehensive nanovector catalogue comprising different sizes of Au NPs functionalized with two different cationic molecules and further loaded with mRNA for its delivery inside the cell.

Results and Discussion: Tested nanovectors showed safe and sustained transfection efficiencies over 7 days, where 50 nm Au NPs displayed the highest transfection rates. Remarkably, protein expression was increased when nanovector transfection was performed combined with chloroquine. Cytotoxicity and risk assessment demonstrated that nanovectors are safe, ascribed to lesser cellular damage due to their internalization and delivery via endocytosis. Obtained results may pave the way to design advanced and efficient gene therapies for safely transferring oligonucleotides.

KEYWORDS

gold nanoparticles, cationic, transfection, gene therapeutics, safety

Introduction

Developing efficient gene therapies depends on the means for transferring oligonucleotides (DNA or RNA) into the cell. The most common vectors used are replication-defective vector systems based on two types of viruses: retroviruses and adenoviruses. These vectors have been engineered to drastically reduce the transcriptional activity of the virus, virtually eliminating the possibility of viral reactivation. However, uncontrolled integration into the genome can potentially lead to insertional mutagenesis if the integration of vector DNA into host cells is placed near an oncogene, posing serious concerns in their clinical application (1). Additionally, their production is complex, and their production under Good Manufacturing Practices is burdened with strict regulations. Last but not least, DNA-insertion therapies in the context of CAR-T cell therapy, where ex-vivo transfection reprograms T cells to destroy B cells in the case of leukaemia, deplete patients of B cells for life with the corresponding health and societal burden. As an alternative, the idea of mRNA transfection will lead to transient cell therapy, dramatically reducing genetic therapy side effects. In addition, the transfection with mRNA has to be performed in the cytoplasm, opening the venue for non-viral transfection vectors.

Unlike viral vectors, nonviral ones rely on forming noncovalent assemblies between mRNA (a polyanion), cationic polymers, and lipidic moieties. Although a leading class of synthetic gene-delivery vehicles, cationic polymers suffer from high toxicity, and their efficiency does not compare to viral systems (2). To overcome these limitations, the delivery of oligonucleotides using nanovectors, a nanoparticle-based transfection vector, is attracting increasing attention (3–6). This includes lipidic and polymeric NPs composed of biocompatible units that self-assemble encapsulating nucleic acids. Also, inorganic NPs which can be functionalized with DNA or mRNA and can be used for *in vitro* transfection applications. Among the candidates, Au nanoparticles (NPs) are remarkably interesting due to their small size and monodispersity, low cytotoxicity, low immunogenicity, biocompatibility, straightforward synthesis and easy functionalization (7). Indeed, the chemical functionalization of Au NPs with cationic molecules (5, 8–12), especially polyethylenimine (PEI) molecules (13, 14), favours efficient oligonucleotide adsorption by high-affinity electrostatic interactions, ultimately enabling transfection. In any case, the interactions between the innate immune system and nanoparticles and derived objects can be especially immunogenic. Thus, purity, solubility, and surface state has to be precisely controlled (15).

The efficient loading of the nanovectors is ultimately determined by its size and charge. By adjusting its size, its loading capacity is modified (16). Thus, the load vs carrier ratio increases as the vector becomes smaller. Similarly, the loading depends on the charge of the nanovector. Cationic polymers possess many positive charges providing strong interactions with oligonucleotides, which are negatively charged. As simple as that, results suggest that optimising the oligonucleotide complexation is not the only barrier to gene delivery (8, 9, 13, 14, 17). A higher grafting density of PEI does not always result in more compact and

smaller complexes with mRNA, intended to prevent degradation and facilitate cytosolic mobility. Besides, approaches that work for one cell line might not perform well for others, suggesting that the mechanisms that NPs use for cell entry and cell trafficking are essential factors to consider when designing efficient transfection nanovectors (18).

The second aspect is the cellular uptake of the nanovector. Endocytosis is the primary mechanism for the uptake of nanovector- oligonucleotide complexes (19). During this process, the loaded nanovector is engulfed by the cell membrane and delivered into the cell within a vesicle. The internalization process depends on nanovector size and charge. The highest cellular internalization is observed for NPs in the size ranges of 25–50 nm (20). Alternatives for cell entry other than endocytosis are membrane permeation and membrane fusion, which often result in high toxicity, especially permeation (21, 22). Similarly, surface charge determines cellular uptake. The negatively charged cell membrane enhances the uptake of positively charged NPs. However, the uptake of positively charged NPs may disrupt the integrity of the cell membrane and lead to an increase in toxicity (23) unless size and structure are provided.

The third aspect is the endosomal escape of the nanovector. Once inside the cell, the nanovector complex is trapped within a vesicle. Several mechanisms have been identified to escape the endosome into the cytosol, the most popularly known as the “proton sponge mechanism” (24). The proton sponge mechanism relies on the fact that present amines are not protonated under physiological conditions. These basic moieties can buffer the decreasing pH within the endosome. As more protons are pumped, more counter ions (mainly chloride) influx into the endosome for electroneutrality. This fact increases the osmotic pressure and, ultimately, the passive diffusion of water into the endosome. Consequently, the endosome continues to swell until the increasing membrane stress leads to membrane rupture and a release of the contents.

In this context, the study’s main objective is to design and develop transfection nanovectors for releasing nucleic acids as messenger RNA (mRNA) inside the cell ready for transfection. The introduction of mRNA by nonviral transfection vectors allows the gene’s transient expression, which presents several medical advantages. For instance, note that people treated with DNA CAR-T cell immunotherapy get deprived of B cells for life (25, 26). The nanovector consists of a cationic Au NP where mRNA is adsorbed for further delivery into the cytosol. There are two critical points in the development of the nanovector: i) the tight absorption of enough mRNA and ii) the efficient cytoplasmic release of the mRNA following the “proton sponge” effect. The number of mRNA molecules adsorbed onto the nanovector is expected to depend on the size of the nanovector and the density of amino groups present at their surface, and this density will also determine the efficiency of the cytoplasmic release. In addition, the absorption of the mRNA onto the NP, as occur with other molecules as proteins, protects them from degradation.

Thus, a nanovector catalogue has been developed comprising different sizes of Au NP cores, later functionalized with two different cationic molecules. These nanovectors were further

loaded with mRNA for their application as nonviral transfection vectors. Cationic molecules have already been used as transfection agents, but with significant toxicity concerns (27–30). However, its absorption to the NP's surface promotes the loss of flexibility and the membrane pore formation ability. Instead, PEI-derived NPs (nanovectors) attach to the cell membrane, not crossing it but inducing endocytosis. Consequently, its toxic aspect is eliminated thanks to nanoconjugation. Indeed, detoxification by nanoconjugation has been observed before in different systems (31). Thus, the monolayer coverage of Au NPs allows for tuning the charge and structure to maximize transfection efficiency while reducing associated toxicity.

Results and discussion

Synthesis, cationic functionalization and mRNA loading of citrate-stabilized Au NPs

The first critical point in the design of the nanovector is the efficient adsorption of mRNA for their further delivery into the cytosol. The number of molecules adsorbed onto the nanovector depends on the size and density of amino groups at their surface. Therefore, a nanovector catalogue comprising different sizes of Au NPs functionalized with two different cationic molecules and further loaded with mRNA was developed. By adjusting the size of the Au NPs and the nature of the cationic molecule, their loading capacity was modified. Characterization by UV-Vis spectroscopy, DLS and Z-Potential was performed at each step and summarized in Table 1. The sizes of choice were 5, 20 and 50 nm as this size regime favours NP's endocytosis (32–35) and presents proven stability in physiological media (36, 37). As synthesized Au NPs were further functionalized with either 11-amino-1-undecanethiol

acid (AUT) or polyethyleneimine 2kDa (PEI). Both cationic molecules contain amine terminal groups providing a positive charge to the Au NPs at physiological pH while differing in their molecular structure and density of amino groups. While AUT consists of an 11-carbon chain with a terminal amine and a thiol group in the opposite site that pseudo-covalently binds to gold. The employed PEI is a branched polymer that binds electrostatically to the NP. Linear PEI was also tested but increased toxicity without increasing efficacy (data not shown).

Citrate-stabilized Au NPs were produced using a well-established seeded growth approach based on the citrate reduction of HAuCl₄ (38, 39). Citrate is a good capping agent because it only binds loosely at the Au NP surface, being easily replaced by other ligands such as thiol- or amine-containing ligands, which have higher binding affinities for Au surfaces (~ 45 Kcal/mol (40) and ~ 6 Kcal/mol (41), respectively). Representative transmission electron microscopy (TEM) images of 5 nm, 20 nm and 50 nm Au NPs are shown in Figure 1, revealing their high monodispersity and quasi-spherical morphology. Citrate-stabilized Au NPs are stable in aqueous media and display a well-defined surface plasmon resonance (SPR) peak that red-shifts and increases in intensity as NPs increases in size.

As synthesized citrate-stabilized Au NPs were functionalized with AUT and PEI by incubating them with an excess of the cationic molecule at pH 2.5 for 24 hours. Remarkably, under these extremely acidic conditions, the stability of citrate-capped Au NPs is compromised due to loss of electrostatic repulsion, and aggregation is only prevented by the effective conjugation of the selected molecules. Citrate has three pKa points which are 6.3, 4.7, and 3.1. Therefore, below pH~ 3, all the hydroxyl residues become protonated, losing their negative charge, and, in turn, NPs lose the electrostatic repulsion provided by the citrate capping. The presence of a self-assembled AUT monolayer provides colloidal stability to

TABLE 1 Characterization of the nanovector catalogue.

	NPs	NPs-AUT	NPs-AUT+RNA	NPs-PEI	NPs-PEI+RNA
Au 5 nm					
SPR (nm)	510	521	533	516	519
DLS (nm)	6.1 ± 1.2	11.6 ± 3.6	62.7 ± 25.5	15.6 ± 4.9	15.1 ± 3.6
Z-Pot (mV)	-59.7	+5.8	-10.3	+26.2	+9.3
Au 20 nm					
SPR (nm)	522	526	531	523	524
DLS (nm)	30.4 ± 10.6	37.0 ± 13.3	54.6 ± 22.9	38.9 ± 15.3	44.9 ± 19.6
Z-Pot (mV)	-44.4	+18.6	-28.6	+34.4	+21.7
Au 50 nm					
SPR (nm)	531	533	540	531	534
DLS (nm)	49.6 ± 14.5	58.8 ± 25.9	75.0 ± 35.7	67.5 ± 30.2	72.8 ± 26.4
Z-Pot (mV)	-41.2	+31.2	-25.7	+44.3	+34.9

Summary of sizes, optical properties and surface charge of citrate-capped Au NPs of 5, 20 and 50 nm, cationic functionalized Au NPs with AUT of PEI, and loaded with mRNA. Note that the pH at which ζ -Potential of the citrate-capped NPs was measured (pH~8.6) is different from the other measurements, where NPs were dispersed in MES buffer (pH~5). This fact fundamentally impacts the surface charge of the NP.

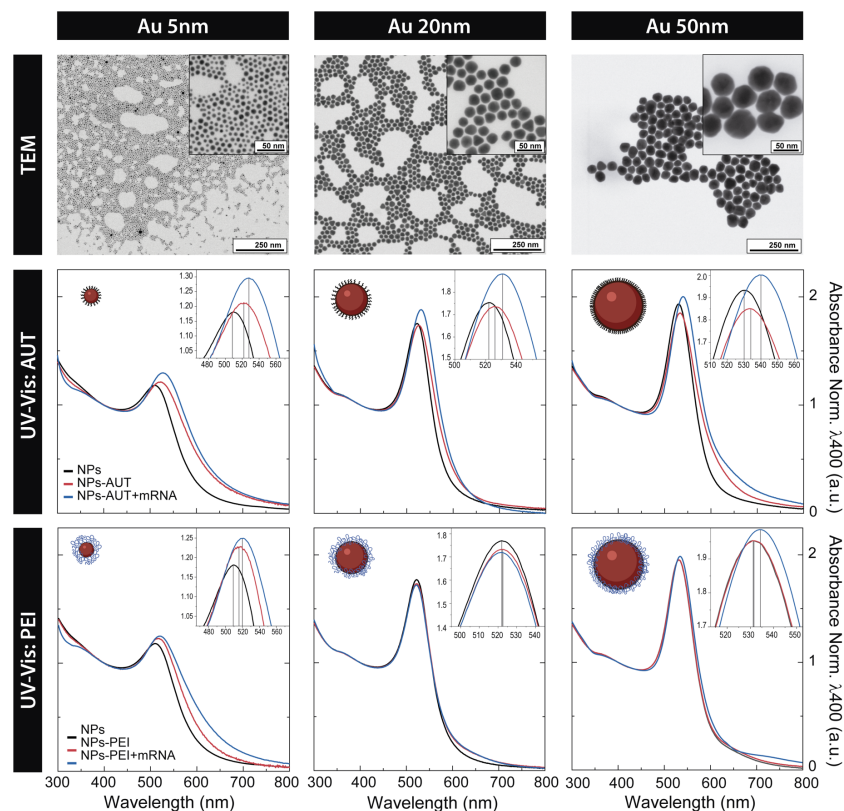


FIGURE 1

Nanovector Catalogue. Representative transmission electron microscopy images of highly monodisperse citrate-stabilized Au NPs of ~5 nm, ~20 nm, and ~50 nm. UV-Vis spectra of citrate-capped Au NPs of 5, 20 and 50 nm, cationic functionalized Au NPs with AUT of PEI, and loaded with mRNA. Absorbance is normalized to λ_{400} nm for a better comparison.

NPs through the positively charged amine-terminal residue that avoids aggregation by electrostatic repulsion. Therefore, appropriate conjugation conditions are critical to retaining NP stability during the coating process (see [Figure S1](#), [Figure S2](#)).

Characterization by UV-Vis spectroscopy indicates the effective conjugation of Au NPs to cationic molecules. The absorption spectrum is sensitive to the Au NP environment, and an observable red-shift of the SPR band of about 6–10 nm can be seen once the Au NPs are functionalized with the cationic molecules ([42](#), [43](#)). The shift occurs within a few minutes and then remains unaltered, suggesting that the conjugation process is quick and that NPs are stable for long periods. The extent of the redshift depends on the Au NPs size, the structure of the cationic molecule and the nature of the anchoring group ([42](#)). Thus, smaller Au NPs functionalized with AUT molecules bond *via* thiol groups exhibit the largest SPR shift. Although PEI is relatively big, it interacts electrostatically with NP's surface by the positively charged amine residues, not forming covalent bonds, ultimately leading to smaller SPR shifts.

The functionalization process was further assessed by dynamic light scattering (DLS). An apparent increase in the hydrodynamic size of the NPs is observed after conjugation. Remarkably, monomodal distribution profiles were obtained in all cases, indicating that cationic Au NPs are colloidal stable. Measurement of NP surface charge, performed by ζ -potential

measurements, revealed that cationic functionalization leads to highly positively charged Au NPs. Independently of their size, an increased surface charge is observed for PEI than AUT conjugates, explained by the higher amine density of the PEI coating due to its branched polymeric nature ([44](#)).

Functionalized NPs were purified and redispersed in MES buffer (pH ~ 5.5) for their later loading with oligonucleotides. Based on our previous expertise ([36](#), [37](#), [45](#)), we added the cationic NPs to the oligonucleotide solution to maximize NPs surface coverage while avoiding uncontrolled aggregation during the mixture of both solutions ([46](#)). The ratio of oligonucleotide molecules to NP was optimized for each NP's size tested to achieve the maximum loading while avoiding NP aggregation (see [Figure S3](#)). The incubation was performed at 4 °C for 24 hours to minimize the risk of nucleic acid degradation while ensuring surface saturation ([Figure S4](#) shows complete kinetics of the loading process). Samples were purified before characterization analysis.

As seen in [Figure 1](#), at any given NP size and cationic coating, a red shift in the SPR peak position of about 1–2 nm can be observed, confirming the effective oligonucleotide loading. Accordingly, their hydrodynamic diameter increased, and their ζ -potential dropped due to the presence of the negatively charged mRNA molecules at the acidic pH of work ([47](#)). Yet, the increase in the hydrodynamic diameter is larger for PEI than for AUT-functionalized Au NPs. These results, coupled with the fact that the surface charge doesn't

invert to negative values in the case of PEI-functionalized Au NPs, point out that significant differences attributed to the disposition of the cationic coating at the NP's surface could exist. As previously mentioned, AUT forms a regular self-assembled monolayer, whereas PEI, with a branched polymeric nature and high molecular weight, is most likely in a mushroom configuration. The fact that PEI-functionalized Au NPs remain positive after oligonucleotide loading has a significant impact on the interaction of the nanovectors with the cell surface and has a critical role in their transfection efficiency. Finally, aiming to calculate the loading of oligonucleotides to cationic Au NPs, quantification was performed by Nanodrop. For this, after the loading process, Au NPs were purified, and the supernatant was analyzed. Spectrophotometric results reveal a loading of 48% (9.3 ng/ μ L) for NPs-AUT and 45% (8.7 ng/ μ L) for NPs-PEI for 50 nm Au NPs. All in all, the presented results, along with the nanovector stability (Figure S5) and release studies (Figure S6), provided a deep understanding of the nanovectors properties and proved the high stability of the nanovector-oligonucleotide complex.

Nanovector cytotoxicity studies

A key point in the success of nanovectors as nonviral transfection vehicles must be their low cytotoxicity. Other

standard transfection methods, such as TransIT[®] or Lipofectamine[®], show good transfection rates but have very low cell viability. It is claimed that their internalization pathway is through membrane disruption, which ultimately causes their toxicity (48). In contrast, nanovectors internalize *via* endocytosis, significantly reducing the associated toxicity. To evaluate the safety of nanovectors in HEK293 cells, we first measured the cell viability by Resazurin reduction using Prestoblu[®] and then Annexin V/PI staining was performed to analyze cell viability. (Figure 2).

Some previous studies reported that Au NPs cytotoxicity is mediated by their size, which inhibited the proliferation and triggered cell cycle arrest (49–51). However, the present results suggest no toxic effect related to NP size, at least in the studied range. Yet, cationic functionalization of the Au NPs did compromise cell viability and membrane integrity in some cases. A slight decrease in cell viability in HEK293 cells was determined with an exposition of 5 nm Au NPs coated with PEI and PEI-RNA at the maximum concentration of 3.3×10^{13} NP/mL. On the contrary, AUT-coated 5 nm Au NP do not show any cytotoxic effect. Regarding 20 nm and 50 nm Au NPs, non-significant variation in the cell viability between Au-treated and non-treated cells was quantified even when exposing the cells to the highest concentration, corresponding to 2.7×10^{12} NP/mL and 3×10^{11} NP/mL, respectively.

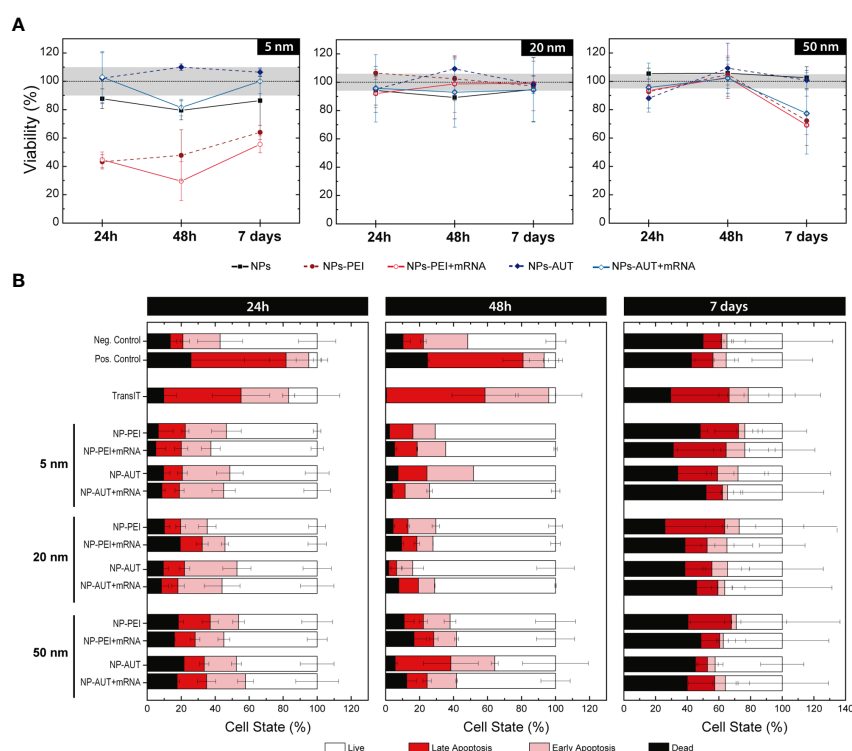


FIGURE 2

Nanovector Cytotoxicity Studies. The action of Au NP coated with PEI and AUT, and loaded with oligonucleotides was tested at different concentrations. (A) The percentage of resazurin reduction is shown at the maximum Au NP's concentration. The dashed-black line corresponds to control values for reference, and the grey area overlaid to its relative standard deviation. (B) After 24h, 48h, or 7 days of HEK293 cells exposition to cationic NPs, alone or loaded with mRNA, Annexin V/PI staining was performed to analyze cell viability. Cell state was classified as live, in early or late apoptosis, or dead according to the relative intensity of each marker.

To gain further insight into transfection-associated toxicity, HEK293 cells were exposed to nanovectors and sorted based on their viability state. Annexin V/PI staining was used to categorize cell populations as live, in early or late apoptosis, and dead. Viability controls were also included, cells without any treatment for the negative control and lethal H_2O_2 doses for positive cell death control. In this experiment, TransIT[®] was also included to compare its toxicity with the NP-based nanovectors carrying similar amounts of oligonucleotides. Results show an evident difference in the viability profile of TransIT[®] compared to nanovectors at short times. Cationic NPs, either loaded with mRNA or not, present a cell population distribution similar to the negative control. However, for TransIT[®] exposed cells, the proportion of cells in a pro-apoptotic state is much higher, comparable with those treated with H_2O_2 . The percentage of early and late apoptosis was maintained at 48 h. Accordingly, the dead cell proportion increased at each incubation time. In contrast, cells transfected with the nanovectors preserved their viability, and the apoptosis entrance was delayed. At 7 days post-exposure, viability values stabilized. Only a non-significant slight increase in the pro-apoptotic populations can be observed for TransIT[®] and 5 nm Au NPs-PEI. These results confirm that NP-based formulations are safe

for their use as delivery vectors. Cationic AuNPs non-loaded with DNA rapidly absorb negatively charged proteins from the medium losing their cationic charge and may cause uncontrolled aggregation (Figure S5, Table S1).

Endosomal escape

Reaching the cytoplasmic space is critical for the delivery of mRNA into the cytosol, where the ribosomes that will translate it into the coded protein are located. NPs with sizes ranging 5–100 nm enter the intracellular space *via* endocytosis, but the subcellular fate of the NPs will depend on their properties (32, 52). Upon vesicle formation, they enter into the endocytic pathway, where pH progressively decreases with the vesicle maturation process for digestion. However, NPs with pH buffering capacity can inhibit this process, disrupt the endosomal membrane, and escape from the endosome by the so-called proton sponge effect (53–55). Two parallel studies were performed to investigate the ability of the nanovectors to escape from the endosome (Figure 3).

First, the proton buffering capacity was tested *in vitro* by monitoring a solution's acidification in cationic Au NPs. The

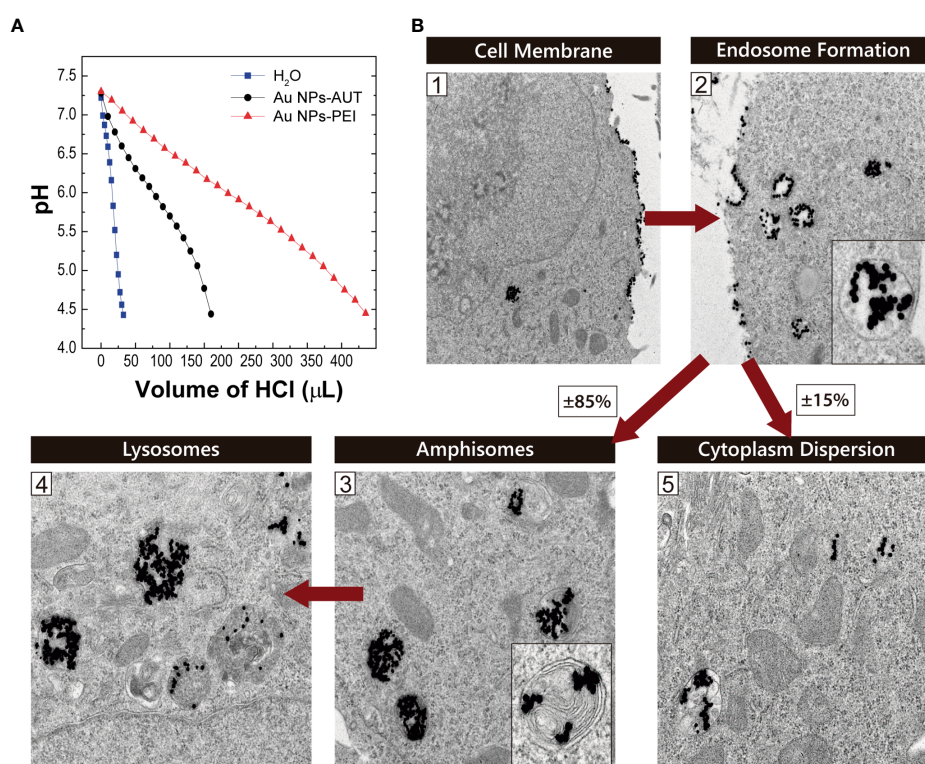


FIGURE 3

Endosomal Escape. (A) The proton buffer capacity of the cationic-coated Au NPs was analyzed by measuring the decrease in pH as a function of HCl volume added to the solution. (B) Au NP-PEI Intracellular Trafficking on HEK293 cells. Representative transmission electron microscopy images from HEK293 cells exposed to PEI-coated 20 nm Au NPs. The proposed internalization pathway is schematically represented at the different stages: (1) membrane attachment, (2) internalization in endosomes, maturation to (3) amphisomes and later (4) lysosomes. (5) Shows NPs dispersed in the cytoplasmic space after escaping from the endosomes. Red arrows indicate time evolution.

proton sponge efficiency of the NPs was evaluated as a function of the HCl added; thus, H⁺ needed to reach the same pH value. As observed, PEI and AUT-coated NP solutions present a delay in the pH drop compared to the aqueous solution used as a reference. In detail, the Au NPs-PEI show a much greater ability to capture protons than NPs-AUT. This correlates with the amine concentration of the PEI-coated NPs being higher. These results were correlated with the findings from the NP intracellular trafficking study. The observation of cells exposed to cationic NP by TEM reveals that NPs follow an internalization pathway *via* endocytosis. After NPs-PEI stuck to the cell membrane, they were internalized in endocytic vesicles. In a typical endocytosis process, the maturation of these vesicles has several steps, from early and late endosomes to amphisomes, to finally reach the active lysosome stage, where the proteases digest the cargo. In this case, it could be observed that close to 85% of the internalized NPs-PEI were found either in amphisomes or in lysosomes. However, the 15% remaining were located dispersed in the cytoplasmic space. This fact entails that NPs-PEI escaped from the endocytic pathway at some point.

As discussed before, the coating of Au NPs with PEI confers proton sponge capacities allowing for an endosomal escape, as results suggest. However, the loading of cationic NP with oligonucleotides and their interfacing with biological media may impact on their interaction with cells. In fact, the interaction with components from biological fluids -as the potential formation of a protein corona- could influence nanovectors cell internalization, distribution and fate (56). In our case, cells are transfected in serum free medium avoiding interaction with proteins in the cell culture.

Transfection: GFP expression

The effectiveness of Au transfection in HEK293 cells was assayed using 5, 20 and 50 nm Au NP coated with PEI and AUT, loaded with green fluorescence protein, *GFP* mRNA. The GFP expression was analyzed at short (24 and 48 h) and long (7 days) times post-transfection, by flow cytometry and fluorescence microscopy. The observation of the transfected cells by fluorescence microscopy allowed for a first visual inspection of the samples to evaluate cell morphology and GFP expression qualitatively. In addition, the transfection efficiency from the total cell population was measured by flow cytometry.

Figures 4A, B shows the transient expression of GFP. While all the Au NP-PEI could transfect the HEK293 cells, the transfection performed with the AUT-coated nanovectors was unsuccessful since no GFP expression was observed because the NPs did not reach the cytosol, either because they did not release the mRNA. Interestingly, the expression of the GFP protein was preserved for 7 days which could be ascribed to a slow mRNA from the nanovector (Figure S6). Some morphological and adherence changes were observed, especially after exposition to 5nm NPs-PEI and the commercial reagent TransIT[®], consistent with necrosis as reported in the cytotoxicity studies. Additionally, to evaluate ribosomal occupancy and saturation different concentrations of mRNA were tested, which allowed to standardize the transfection

protocol with nanovectors (Figure S7). It was observed that the transfected population increased with the amount of mRNA indicating that despite the high amounts of mRNA, the ribosomes were far from saturation, probably due to the slow and sustained release of mRNA in the cytosol.

Cellular viability was evaluated by flow cytometry using Annexin/PI combined staining to study apoptosis phenomena in those expressing GFP cells to gain further insights into the transfection events. Thus, GFP-positive cells were sorted into live, early or late apoptosis, or dead depending on the relative intensity of both viability markers. Figure 4B shows the expression in live cells at 24h, 48h and 7 days. HEK293 cells transfected with TransIT[®] show the highest GFP fluorescence signal but with relatively high-intensity variability within the same population. Regarding the PEI-nanovectors, 50 nm NP show the highest efficiency on all time points, and GFP expressions are maintained for 7 days, while that from TransIT[®] has started decreasing.

Interestingly, when GFP expression is reviewed as the proportion of live to total transfected cells (Figure 4C), differences between TransIT[®] and nanovectors dramatically change. These results reveal a high and prolonged transfection efficiency of HEK293 cells by PEI-nanovectors, coupled with low cytotoxicity, since the apoptosis cell ratio is not enhanced. It can be seen that the amount of healthy transfected cells is similar in both cases, TransIT[®] and AuNPs, but while there is a large population of transfected apoptotic cells with the former, they are almost none in the latter, especially at short times. Additionally, the observation of the samples under the CLSM enabled the image of the Au NPs simultaneously by reflectance mode (57–59) (Figure S8). These findings, coupled with the TEM observations of the NPs intracellular trafficking, may indicate that despite most of the cells having internalized nanovectors, they are not yet dispersed in the cytoplasmic space. Therefore, endosomal escape may happen later for these nanovectors, delaying the mRNA delivery and expression, which also agrees with the sustained GFP expression observed by flow cytometry. Additionally, variability in GFP expression could be ascribed to differences in the cell cycle stage between the HEK293 population (60).

Aiming to test the versatility of the developed nanovectors, different cells lines were also transfected with GFP mRNA loaded on 5, 20 and 50 nm Au NP-PEI. The transfection efficiency of the nanovectors on Jurkat cells, an immortalized line of human T lymphocyte cells that are used to study acute T cell leukaemia and RAW264.7 as a model of macrophage has been tested. Immune cells, and particularly T cells morphology is specially challenging for cytoplasmatic delivery since the majority of the cell volume is occupied by the cell nucleus. Obtained results demonstrate the capacity of the nanovectors to deliver mRNA to different cell lines (Figure S9).

Transfection: Chloroquine Effect

Here, the combined use of nanovectors with chloroquine is explored to enhance the transfection efficiency (Figure 5).

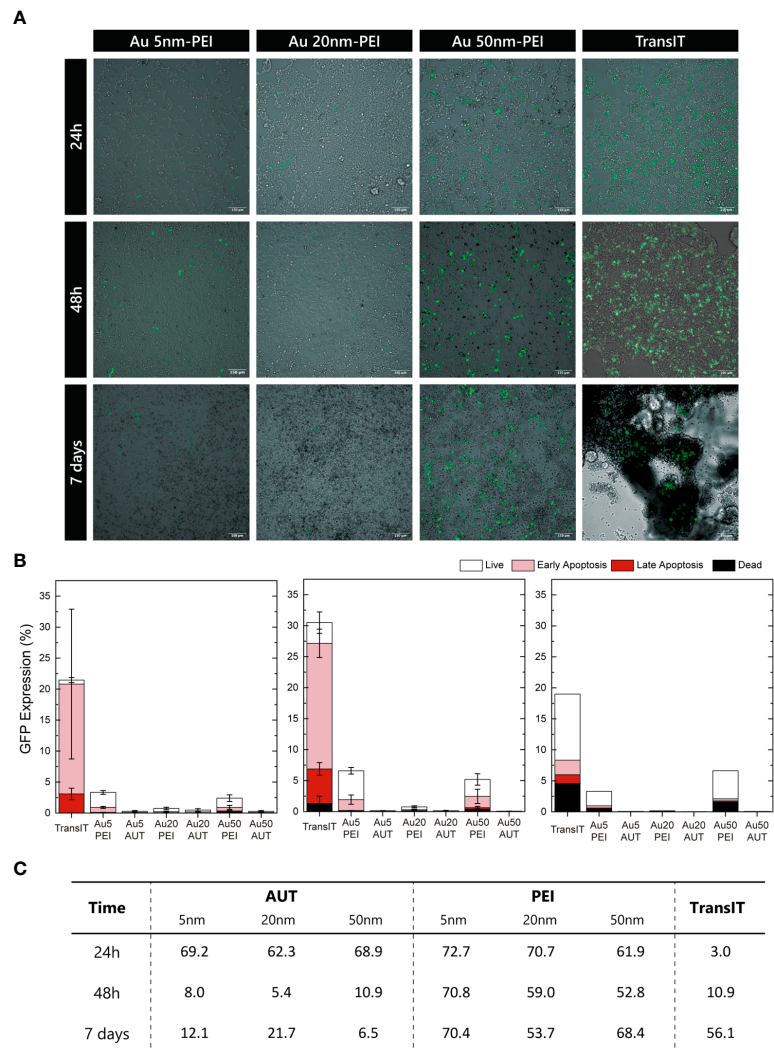


FIGURE 4
GFP Expression. **(A)** Wide-Field fluorescence overlaid onto Bright-Field images of transfected HEK293 cells at 24h, 48h, and 7 days. Scale bar = 150 μ m. **(B)** Quantifying the nanovectors transfection based on the mean GFP expression at 24h, 48h, and 7 days. Cell viability was analyzed by Annexin V/PI iodine staining, and the cell state was classified as live, in early or late apoptosis, or dead. **(C)** Summary of the GFP-expressing live cells relative to the total GFP-expressing cells.

Chloroquine, as largely reported in the literature, is a common compound used to halt endosomal maturation, which in turn acts to boost NP endosomal escape by enhancing the proton sponge effect (61, 62). So, HEK293 cells were treated with chloroquine for 4 hours prior to transfection with PEI-nanovectors and GFP expression at 24h was visualized by wide-field fluorescence microscopy.

The statistical analysis from the GFP expression quantification shows a significant fluorescence signal increase for 5nm and 50nm PEI-nanovectors, and higher but not so significant for 20nm. Conversely, no enhancement effect was observed in cells transfected with AUT-coated nanovectors (data not shown). Accordingly, these results support the hypothesis that Au NPs-PEI reaches the cytoplasmic space *via* endosomal escape by the proton sponge mechanism. Further, this study provides new insights into the characterization of nanovectors that ensure suitable mRNA delivery into the cells without a cytotoxic effect.

Conclusions

In this work role of cationic functionalized Au NPs as transfection vectors has been explored. Au NPs of 5 nm, 20 nm and 50 nm were synthesized with high monodispersity following a previously reported seeded-growth method. NPs were successfully coated with either AUT or PEI to provide cationic surface charge and then loaded with mRNA, which constitutes the nanovector construct. We studied stability in biological media and the ability to release the previously loaded mRNA over time. Nanovectors also displayed proton sponge capacity, and further microscopy studies suggested their delivery into the cytosol *via* endosomal escape. The use of PEI-coated Au NPs as mRNA delivery vectors showed a relatively low transfection efficiency but sustained GFP protein expression over 7 days, where 50 nm Au NPs displayed the highest

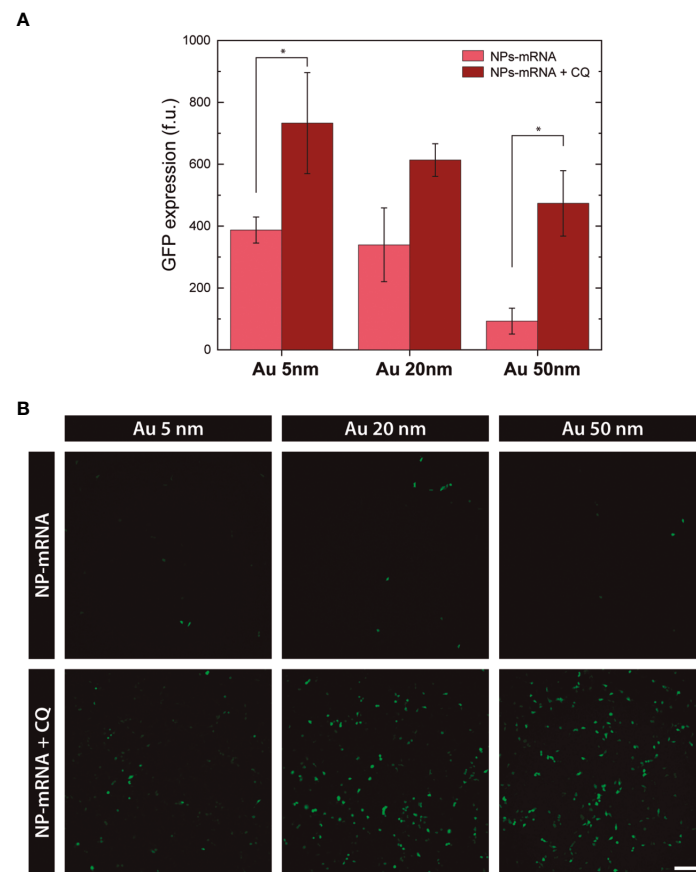


FIGURE 5

Effect of Chloroquine in transfection. **(A)** Transfection efficiency based on the mean GFP expression at 24h. (* $p > 0.05$) **(B)** Wide-field Fluorescence images of HEK293 cells transfected with PEI-coated nanovectors, alone or in combination with chloroquine, at 24h. Scale bar = 150 μ m.

transfection rates. Cytotoxicity and risk assessment performed by Prestoblue and Annexin V/PI assays demonstrated are safe and didn't induce significant cell damage, except for 5 nm Au-PEI NPs that showed higher toxicity, similar to TransIT transfection control. Protein expression was increased when nanovector-mRNA transfection was performed combined with chloroquine. The mRNA transfection with NPs induced less cellular damage and mortality due to their internalization and delivery *via* endocytosis. All in all, cationic Au NPs were proven to be safe, nonviral vectors for mRNA delivery into cells, with a wide margin for improvement.

In conclusion, the introduction of mRNA into the cells for protein overexpression is an alternative to viral vectors that includes several advantages: no threat of mutagenic insertion, no threat of viral particle reactivation, accessible to dose control, and synthetic animal product-free production, which altogether makes it an attractive approach for clinical use since they allow for a transient expression of the desired gene. Not only that, but non-viral vectors have gained importance in recent years because of their safety in handling and ease of application compared with viral vectors. In contrast, they are customizable, non-pathogenic, relatively safe, and easily produced and scaled-up.

Materials and methods

Chemicals

Gold(III) chloride trihydrate ($\text{HAuCl}_4 \cdot 3\text{H}_2\text{O}$), trisodium citrate ($\text{Na}_3\text{C}_6\text{H}_5\text{O}_7$), tannic acid ($\text{C}_7\text{H}_5\text{O}_7$), potassium carbonate (K_2CO_3), amino-undecanethiol (AUT), poly-ethyleneimine branched Mn2000 (PEI), 2-(N-morpholino)ethanesulfonic acid buffer solution (MES), sodium hydroxide (NaOH), hydrogen chloride (HCl), oligonucleotide model 600-800 bases (D1626), Sodium Phosphate Dibasic (Na_2HPO_4), Sodium phosphate monobasic (NaH_2PO_4), poly-L-lysine, Paraformaldehyde (PFA), Triton-X, Bovine Serum Albumin (BSA), Sodium Chloride (NaCl), and Calcium Chloride (CaCl_2) were purchased from Sigma-Aldrich. Dulbecco's Modified Eagle Medium (DMEM), Foetal Bovine Serum (FBS), Hoechst 3342 (H1399), Prolong antifade mounting medium (11559306), Optimem Medium, Pacific Blue-Annexin V, Propidium iodide (PI), accutase, 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid buffer (HEPES), and Prestoblue were purchased from Thermo Fisher. Phalloidin Alexa Fluor 647 (ab176759) was purchased from Abcam. Clean CAP eGFP mRNA (5 moU) was purchased from Tebu-Bio. TransIT[®]-LT1 Transfection Reagent was purchased from

MirusBio. All chemicals were used as received without further purification. Distilled water passed through a Millipore system ($\rho = 18.2 \text{ M}\Omega$) was used in all experiments. All glassware was first rinsed with acetone and then with Millipore water before use.

Gold nanoparticle synthesis

5 nm citrate-stabilized Au NPs were produced following Piella et al. In detail, a 150 mL of freshly prepared reducing solution of sodium citrate (SC, 2.2 mM) containing 0.1 mL of tannic acid (TA, 2.5 mM) and 1 mL of potassium carbonate (K_2CO_3 , 150 mM) was heated with a heating mantle in a 250 mL three-necked round-bottom flask under vigorous stirring. When the temperature reached 70°C, 1 mL of tetrachloroauric acid (HAuCl_4 , 25 mM) was injected. The colour of the solution changed rapidly to black-grey (less than 10 s) and then to orange-red in the following 1–2 min. The solution was kept at 70°C for 5 min more to ensure complete reaction of the gold precursor. Immediately after the synthesis and in the reaction same vessel, the sample was diluted by extracting 55 mL and adding 55 mL of SC (2.2 mM). When the temperature reached again 70°C, two injections of 0.5 mL of HAuCl_4 (25 mM) on a time interval of 10 min were done. This growing step comprising sample dilution plus 2 injections of HAuCl_4 was repeated until the particles reached the desired size.

20nm and 50nm citrate-stabilized Au NPs were produced following Bastus et al. In detail, a solution of 2.2 mM sodium citrate (SC) in Milli-Q water (150 mL) was heated with a heating mantle in a 250 mL three-necked round-bottomed flask for 15 min under vigorous stirring. A condenser was utilized to prevent the evaporation of the solvent. After boiling had commenced, 1 mL of HAuCl_4 (25 mM) was injected. The colour of the solution changed from yellow to bluish grey and then to soft pink in 10 min. Immediately after the synthesis of the Au seeds and in the same reaction vessel, the reaction was cooled until the temperature of the solution reached 90°C. Then, 1 mL of a HAuCl_4 solution (25 mM) was injected. After 30 min, the reaction was finished. This process was repeated twice. After that, the sample was diluted by extracting 55 mL of sample and adding 53 mL of Milli-Q water and 2 mL of 60 mM sodium citrate. This solution was then used as a seed solution, and the process was repeated again until the particles reached the desired size.

Functionalization of nanoparticles

Functionalization of Gold Nanoparticles with AUT. First parameter explored for a stable functionalization of Au NPs was the concentration of AUT. For this, 20nm Au NPs were concentrated 10-fold relative to the synthesis concentration by centrifugation (conditions were set according the Stokes law for each particle size). Next, AUT solutions with concentrations ranging between 50–400 μM were prepared in HCl 10 mM ($\text{pH} < 3$). NPs (10% to final volume) were rapidly added into the AUT solution under vigorous stirring. After 1h, samples were characterized by UV-Vis. Note that at pH values above 3, NPs aggregate and precipitate upon dispersion in the AUT solution. The

positive charges of the amine residues of AUT interact with the negatively charged hydroxyl residues of citrate and crosslink triggering NPs aggregation. The conjugation time was analyzed by monitoring the NPs by UV-Vis from 5 min to 1 month. Finally, the purification process of the AUT-coated NPs was studied. The conjugated NPs were precipitated by centrifugation twice, and resuspended to the initial volume, first with HCl 2 mM and then with MES 10 mM.

Functionalization of Gold Nanoparticles with PEI. The optimal PEI concentration and pH were studied for Au NPs PEI-coating. On the first case, 50nm Au NPs were concentrated 10-fold relative to the synthesis concentration by centrifugation. Next, PEI solutions with concentrations ranging between 50–200 μM were prepared in HCl 34mM ($\text{pH} \sim 7$). NPs (10% to final volume) were rapidly added into the PEI solution under vigorous stirring. After 1h, samples were characterized by UV-Vis. 10-fold concentrated 50nm Au NPs were conjugated to PEI (200 μM) at different pH conditions ranging from 2 to 7. NPs (10% to final volume) were rapidly added into the PEI solution under vigorous stirring. After 24h, samples were characterized by UV-Vis. The conjugated NPs were precipitated by centrifugation, resuspended to the initial volume with water and characterized again by UV-Vis.

Loading of cationic gold nanoparticles with oligonucleotides

Optimization of the NP : RNA ratio

50 nm (at 3×10^{11}) NP/mL) Au NPs coated with AUT were used, previously purified and dispersed in MES 10 mM. Single-stranded DNA (ssDNA) with a molecular weight similar to an average mRNA construct was used as an oligonucleotide model. For ssDNA loading, first 900 μL of 2-fold serial dilutions in MES 10mM were prepared, ranging from 53–0.41 $\mu\text{g/mL}$. Next, 100 μL of NPs were rapidly added onto the ssDNA and the mixture was gently homogenized. Thus, the final relative ssDNA : NP ratios ranged from [39–5000]. Samples were incubated for 24 h at 4°C under stirring. Next day, samples were characterized by UV-Vis spectroscopy, DLS and Z-Pot before and after purification. For purification, NPs were precipitated by centrifugation, supernatant was discarded and pellets were resuspended in MES 10 mM to the initial volume.

Loading kinetics

50 nm Au NPs coated with AUT were loaded with ssDNA. Briefly, 900 μL of NPs dispersed in MES 10 mM were added onto 100 μL of ssDNA to a final ratio DNA : NP=300. Samples were kept at 4 °C under stirring. At each time point, 1 mL of sample was taken for characterization. For purification, NPs were precipitated by centrifugation, supernatant was stored for ssDNA quantification and pellets were resuspended in MES 10 mM to the initial volume. Conjugates were analyzed by UV-Vis spectroscopy, DLS and additionally Z-Potential was measured after purification. The quantification of the ssDNA loaded on the NPs was extrapolated from the measurement of the supernatants at 24h by Nanodrop (Nanodrop 2000 Spectrophotometer, ThermoFisher).

Stability of nanovectors

To study the stability of nanovectors, 50 nm Au NPs coated with AUT and PEI, alone or loaded with ssDNA, were used. For this, NP solution was diluted 1:10 in the media of study and incubated for 24 h at 4 °C. Different biologically relevant media were tested: Optimem (pH 7.4) and Phosphate Buffer (PB) 10mM (pH 7.4). NPs dispersed in MES 10 mM (pH 5) were used as a control. NP stability was studied by UV-Vis and DLS. After 24 h samples were characterized. Au NPs were precipitated by centrifugation, the pellets were redispersed in the media of study and Z-Potential was measured.

In vitro experiments

Cells culture

HEK293 cell culture was maintained in culture in 75 cm² tissue culture flask using DMEM with heat-inactivated foetal bovine serum (FBS) at 10% at 37 °C and humidified 5% CO₂.

TEM imaging of cultured cells exposed to NPs

HEK293 cells were seeded on a 10 cm petri dish at 100.000 cell/cm² and incubated overnight. 20 nm Au NPs coated with PEI were added dropwise onto cell cultures and gently homogenized. At 24 h cells were fixed with 2.5% glutaraldehyde in 0.1 M PB. Next, samples were embedded in paraffin following a standard protocol. For observation, paraffin-embedded samples were sectioned using a ultra-microtome and transferred carbon-coated copper TEM grid.

Proton sponge efficiency of cationic gold nanoparticles

First, the pH of a cationic Au NPs solution was adjusted to 7.3 with NaOH. Then, pH was monitored continuously as a known volume of HCl (10 mM) was added dropwise on the Au NPs solution under stirring, until pH 4 was reached. A solution of Mili Q water was used as a control. The proton sponge efficiency of the cationic NPs was calculated based on the HCl volume added, normalized to Au surface (nm²).

Cytotoxicity

Cytotoxicity assessment of nanovectors

The action of Au NPs in the viability of the HEK-293 cells was evaluated by PrestoBlue and Annexin V/Propidium Iodide assay, according to the manufacturer's recommendations.

Prestobblue

HEK293 cells were seeded to 1x10⁵ cell/mL in 96-well plate during 24 hours before to Au NPs exposition. Serial dilutions of nanoparticles were added at final concentration ranging from 3.3x10¹³ - 1.2x10¹¹ for Au 5nm NPs/mL, 2.7x10¹² - 1.0x10¹⁰ for Au 20 nm NPs/mL and 3x10¹¹ - 1.1x10⁹ for Au 50nm NPs/mL. To assay the ratio oligonucleotide:NPs cytotoxicity the PEI/AUT nanoparticles were loaded with oligonucleotide. After 24 h, 48 h

and 7 days cell viability was measured. For this, 10 µL of PrestoBlue was added to each well, plates were incubated for 2h and fluorescence was measured (λ_{ex} 531nm, λ_{em} 572nm) by Varioskan LUX (Thermo Fisher Scientific). All experiments were carried out in triplicate, and data was treated and calculated with OriginLab software.

Annexin V/propidium iodide

To determinate the cell viability, HEK293 cells were stained with Pacific Blue- Annexin V/propidium iodide (PI) in accord with the manufacturer's recommendations to determine cell viability. Briefly, HEK293 cells were collected by cell detachment using accutase and washed with PBS. After centrifugation cells were resuspended in 100 µL of Annexin binding buffer (10 mM HEPES, 140 mM NaCl and 2.5 mM CaCl₂). 5 µL of Annexin V and PI (1 mg/mL) were added and incubated at room temperature for 15 minutes. After the incubation period, additional 400 µL of the binding buffer was added. Acquisition was configured to stop after recording 10,000 events within the HEK293 cell population.

Transfection efficiency

Transfection of mRNA with nanovectors

To evaluate the transfection capacity of gold nanoparticles coated with PEI and AUT, HEK- 293 cells were cultured in DMEM with FBS 10% in 24-well plate at 50.000 cells/mL. The transfection was performed with 60-70% confluence and final mRNA concentration of 1000 ng. After 2h the incubation at 37°C the DMEM medium was removed and replaced for 900 µL of Optimem medium. Next, specific colloidal ratios [mRNA : NP] were added (100 µL) for each nanoparticle size for 5 nm Au NPs [5:1], 20 nm [50:1] and 50 nm [300:1]. The next day 100µL of FBS were added to each well and left for 48h and 7 days after transfection process. The transfection and cell viability percentages were evaluated by confocal microscopy and flow cytometry.

Chloroquine effect

To further inside to the proton sponge mechanism the transfected HEK-cells were treated with chloroquine at 20 µM for 4 hours before nanovector transfection, performed as described above. At 24h cells were visualized by Wide-Field fluorescence microscopy and GFP signal intensity quantified. Statistical analysis was performed by the 2-way ANOVA test, using the GraphPad Prism software. For significance, p>0.005 was considered.

Flow cytometry

The percentage of Green Fluorescence Protein (GFP) expression after transfection was analyzed with BD LSRFortessa™ Cell Analyzer. Forward and side-scatter areas (FSC-A, SSC-A) in a linear scale were used to gate HEK293 population, and GFP expression was detected by excitation through 480-500nm. To determinate the cell viability, HEK293 cells were stained with Pacific Blue- Annexin V/propidium iodide (PI) in accord with the

manufacturer's recommendations. Briefly, HEK293 cells were collected by cell detachment using accutase and washed with PBS. After centrifugation cells were resuspended in 100 μ L of Annexin binding buffer (10mM HEPES, 140mM NaCl and 2.5mM CaCl_2). 5 μ L of Annexin V and PI (1mg/mL) were added and incubated at room temperature for 15 minutes. After the incubation period, additional 400 μ L of the binding buffer was added. Acquisition was configured to stop after recording 10,000 events within the HEK293 cell population.

Wide-field fluorescence microscopy

Au nanoparticles transfection efficiency in HEK293 cells was calculated by GFP expression analyzed by Wide-Field microscopy. To this end, HEK293 cells were visualized in Thunder Wide-Field Fluorescence Microscope (Leica). For GFP imaging, a 475 nm LED was used for excitation while the emission channel was set to 506–532 nm. For deconvolution of each image, we utilized the algorithm Small Volume Computational Clearing (SVCC).

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Author contributions

MB, GD, PB, RK, ME, MJ, NB, VP conceived of the presented idea MG, ME, VS, AA-P, AB, AC, and FF designed and performed the experiments. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fimmu.2023.1128582/full#supplementary-material>

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