

Advances and insights in peritoneal dialysis: a physiological perspective

Edited by

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Advances and insights in peritoneal dialysis: a physiological perspective

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Multidrug-resistant organism-peritoneal dialysis associated peritonitis: clinical and microbiological features and risk factors of treatment failure

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Background: Multidrug-resistant (MDR) bacterial infection causes difficulty in the therapy of peritoneal dialysis-associated peritonitis (PDAP); however, there are few studies on multidrug-resistant organism (MDRO)-PDAP. In view of growing concerns about MDRO-PDAP, the aim of this study was to investigate the clinical features, risk factors of treatment failure, and causative pathogens of MDRO-PDAP.

Methods: In total, 318 patients who underwent PD between 2013 and 2019 were included in this multicenter retrospective study. Clinical features, patient outcomes, factors related to treatment failure, and microbiological profiles associated with MDRO-PDAP were analyzed and risk factors for treatment failure associated with MDR-*Escherichia coli* (*E. coli*) were further discussed.

Results: Of 1,155 peritonitis episodes, 146 eligible episodes of MDRO-PDAP, which occurred in 87 patients, were screened. There was no significant difference in the composition ratio of MDRO-PDAP between 2013–2016 and 2017–2019 ($p > 0.05$). *E. coli* was the most prevalent MDRO-PDAP isolate, with high sensitivity to meropenem (96.0%) and piperacillin/tazobactam (89.1%). *Staphylococcus aureus* was the second most common isolate and was susceptible to vancomycin (100%) and linezolid (100%). Compared to non-multidrug-resistant organism-PDAP, MDRO-PDAP was associated with a lower cure rate (66.4% vs. 85.5%), higher relapse rate (16.4% vs. 8.0%), and higher treatment failure rate (17.1% vs. 6.5%). Dialysis age [odds ratio (OR): 1.034, 95% confidence interval (CI): 1.016–1.052, $p < 0.001$] and ≥ 2 previous peritonitis episodes (OR: 3.400, 95% CI: 1.014–11.400, $p = 0.047$) were independently associated with treatment failure. Furthermore, longer dialysis age (OR: 1.033, 95% CI: 1.003–1.064, $p = 0.031$) and lower blood albumin level (OR: 0.834, 95% CI: 0.700–0.993, $p = 0.041$) increased the risk of therapeutic failure for MDR-*E. coli* infection.

Conclusion: The proportion of MDRO-PDAP has remained high in recent years. MDRO infection is more likely to result in worse outcomes. Dialysis age and previous multiple peritonitis infections were significantly associated with treatment failure. Treatment should be promptly individualized based on local empirical antibiotic and drug sensitivity analyses.

KEYWORDS

peritoneal dialysis, peritonitis, multi-drug resistant, antimicrobial sensitivity pattern, risk factors

1. Introduction

The incidence of end-stage renal disease (ESRD) has been on the rise globally (1). Peritoneal dialysis (PD) is one of the most common renal replacement therapies; however, peritonitis remains a leading cause of technical failure in PD patients (2). Although prevention and treatment techniques have improved, peritonitis still plays a significant role in the mortality of PD patients (3, 4), and the occurrence of peritonitis has negative impacts on the survival of PD patients (5).

Infections caused by multi-drug resistant (MDR) bacteria are increasing (6), and the emergence of MDR-organism (MDRO) is a serious obstacle in the treatment of PD-associated peritonitis (PDAP). One of the main causes of antimicrobial resistance is the overuse of antibiotics (7). Furthermore, with the continuous adaptation and evolution of bacteria, it is becoming increasingly difficult to rationally choose antibiotics. Therefore, it is necessary to monitor the antimicrobial sensitivity patterns of MDROs to choose antibiotics more wisely.

Presently, studies on MDRO-PDAP are mainly limited to specific bacteria, such as *Acinetobacter* spp. (8), including *Acinetobacter baumannii* (9), and *Corynebacterium striatum* (10), and most of them are case reports or reviews. In previous studies, hypoproteinemia, malnutrition, sex, and diabetes have been identified as risk factors for adverse peritonitis outcomes (11, 12); however, the risk factors for poor MDRO-PDAP outcomes remain unclear. Furthermore, MDRO infection is a global health and economic threat with negative clinical consequences if not recognized and treated adequately (13). In summary, considering the growing problem of MDRO-PDAP, our major objective was to identify patient characteristics, predictors of treatment failure, and microbiological profiles to prevent antibiotic abuse and improve the clinical outcomes of MDRO-PDAP.

2. Methods

2.1. Patient selection and study design

We retrospectively screened 1,155 patients with peritonitis who underwent PD at the Second Hospital of Jilin University, Jilin Central Hospital, the First Hospital of Jilin University-the Eastern Division, and Jilin FAW General Hospital between January 1, 2013 and December 31, 2019. The inclusion criteria were the PDAP diagnostic criteria issued by the 2022 International Society for Peritoneal Dialysis (ISPD). The exclusion criteria were: (1) patients without complete data, (2) PD fluid that was not cultured, (3) negative PD culture, (4) PD fluid infected by multiple pathogens or fungi, and (5) drug sensitivity results could not be obtained.

Once a patient presented with peritonitis symptoms such as abdominal pain or cloudy dialysis fluid suspected to be caused by PDAP, the specimen of dialysis fluid was collected and sent for microbiological culture and sensitivity test, and then the patients was

administered empirical intraperitoneal antibiotics. Most of the empirical treatment regimens were first-generation cephalosporins or vancomycin combined with third-generation cephalosporins or aminoglycoside drugs, and the corresponding antibiotic therapy plan was adjusted after obtaining the bacterial culture and drug sensitivity results. Finally, patients were treated according to the ISPD peritonitis treatment recommendations for 2–3 weeks, and clinicians decided whether to conduct catheter removal.

The study participants were divided into a MDRO group and a non-multidrug-resistant organism (NMDRO) group based on the results of microbial culture and drug sensitivity in the peritoneal dialysate fluid. Combined with patients' other clinical data, we mainly studied the clinical characteristics, microbiological overview, and risk factors of treatment failure. Additionally, we also analyzed the risk factors for treatment failure of MDR-*Escherichia coli* (*E. coli*)-PDAP specifically. This study was conducted in line with the Declaration of Helsinki. The Ethics Committee of the Second Hospital of Jilin University approved this study; ethics approval number: 2020026. Informed consent was not required due to the retrospective study design.

2.2. Data collection

All clinical data were obtained from patients' record review, including age, dialysis duration, sex, etiology of renal failure, comorbidities, past infections of MDRO-PDAP, number of previous episodes of peritonitis, and laboratory index (for white blood cell count, neutrophil percentage, and neutrophil count in blood, hemoglobin, albumin, potassium, calcium, phosphorus, blood urea nitrogen, serum creatinine, and dialysate white cell count on the first day of PDAP) before or at diagnosis of the index PDAP episode. Treatment outcomes were classified as the initial treatment evaluation, which was primary response and the follow-up treatment evaluation, which included clinical cure, relapse, catheter removal, and PDAP-related death. Drug sensitivity data were also recorded. Finally, we collected the microbiological results of peritoneal dialysate cultures taken from the patients on admission to identify gram-positive, gram-negative, anaerobic bacteria, *Mycobacterium tuberculosis*, fungi, and polymicrobial infections.

2.3. Definition

In accordance with the 2022 ISPD guidelines (14), when at least two of the following conditions were present, peritonitis was diagnosed: (1) abdominal pain and/or cloudy ascites, (2) white blood cells in the dialysate $>0.1 \times 10^9/L$ or $>100/\mu L$ (after at least 2 h dwell time), with $>50\%$ polymorphonuclear neutrophil cells, and (3) a positive dialysate pathogen culture. However, the surveillance and study of MDROs has been compromised by the lack of a complete consensus on the definition. Thus, MDRO was considered to be insensitivity to at least one agent in three or more antimicrobial categories following the joint

recommendations for epidemiologic studies from the European Center for Disease Prevention and Control (15). The guide also clearly defines common MDROs in healthcare systems, including *Staphylococcus aureus*, *Enterococcus* spp., *Enterobacteriaceae* (other than *Salmonella* and *Shigella*), *Pseudomonas aeruginosa*, and *Acinetobacter* spp. We have only conducted related studies on the above bacteria for reliability and unity of definitions. The effective primary response was identified, when the symptoms of PDAP were significantly alleviated, the dialysate fluid was cleared, and the white blood cell count of the fluid decreased significantly within 48–72 h of reasonable anti-infection treatment (16). Clinical cure implied reasonable antibiotic treatment for 2–3 weeks, complete relief of clinical peritonitis symptoms, clear peritoneal fluid, and white blood cell count in dialysis fluid $<0.1 \times 10^9/L$ (14). PDAP-related death implied death occurring within 30 days of the onset of peritonitis or death due to peritonitis during hospitalization (14). Relapse implied an episode occurring within 4 weeks of therapy completion for a previous episode caused by the same organism (14). Recurrent implied a peritonitis episode occurring within 4 weeks of therapy completion for a previous episode caused by a different organism (14). Repeat implied a peritonitis episode occurring more than 4 weeks after therapy completion for a previous episode caused by the same organism (14). Treatment failure implied catheter removal or PDAP-related death (17).

2.4. Statistical analysis

Sample size estimation was performed using PASS version 16.0 (NCCS LLC, Kaysville, Utah, USA), setting a power value of 0.80, an α of 0.05, and a ratio of 1:3 for the number of patients in the two groups, yielding a minimum ideal sample size of 139 cases in the MDRO group and 390 cases in the NMDRO group, respectively. All statistical data were analyzed using SPSS version 26.0 (IBM Corp., Armonk, NY, USA). For categorical variables, data were analyzed as frequencies and percentages; Pearson's chi-square and Fisher's exact tests were used to compare categorical variables between groups. For continuous variables, data were analyzed as interquartile ranges [M, (P₂₅, P₇₅)], mean \pm standard deviation ($\bar{x} \pm s$), using the independent *t*-test (normal distribution) and Wilcoxon rank-sum test (non-normal distribution) to compare continuous variables between groups. Poisson regression was used to compare the incidence of peritonitis. Risk factors influencing treatment failure were analyzed using logistic regression models. Variables with *p*-values <0.05 in the univariate analysis and factors that may influence treatment outcome (age >60 years, diabetes mellitus) were included in the multivariate model for MDRO-PDAP treatment failure for correction. However, due to limitations in the positive sample size, only variables with *p*-values <0.05 in the univariate analysis were supported for inclusion in the multivariate model of MDR-*E. coli*-PDAP treatment failure. Statistical significance was set at a *p*-value <0.05 . All probabilities were two-tailed. All figures were plotted using GraphPad Prism version 8.0 (GraphPad Software, San Diego, CA, United States).

3. Results

3.1. Clinical characteristics

A total of 1,155 PDAP episodes occurred in 670 individuals from January 1, 2013 to December 31, 2019. The screening process for

including patients is shown in Figure 1. After applying the exclusion criteria, 318 individuals and 546 cases were finally included in the study, with 113 patients and 146 cases included in the MDRO group while 336 patients and 400 cases were included in the NMDRO group. During the study period, 93 patients experienced only one episode of MDRO-PDAP, 11 patients experienced only two episodes of MDRO-PDAP, 7 patients experienced only three episodes, 1 patient experienced only four episodes, and 1 patient experienced six episodes.

Comparisons of clinical characteristics between the two groups are presented in Table 1. Patients in the MDRO group had a higher percentage of blood neutrophils, were more likely to have past infections of MDRO-PDAP, more likely to show polycystic kidney as protopathy, and were more likely to be relapsing cases ($p < 0.05$) than those in the NMDRO group. Conversely, patients in the NMDRO group had higher blood albumin levels and were more likely to be initial cases than those in the MDRO group ($p < 0.05$). However, additional parameters showed no significant differences between the two groups. The details of each pathogenic bacteria studied are presented in Table 1.

3.2. Constituent ratio of MDRO-PDAP and pathogen distribution

A total of 146 cases of MDRO-PDAP accounted for 12.6% of the total 1,155 cases of PDAP over seven years. From 2013 to 2019, the average incidence of peritonitis was 0.225 episodes/patient-year, and the overall trend in incidence of MDRO-PDAP was decreasing ($p < 0.001$; Figure 2A); however, the composition ratio of MDRO-PDAP remained high from 2013–2015 (13.9%) to 2016–2019 (13.3%) ($p > 0.05$; Figure 2B). A total of 146 MDRO strains were isolated from 546 PDAP cases. Among these MDROs, gram-negative bacterial isolates ($n = 110$, 75.3%) were more common than gram-positive bacterial isolates ($n = 36$, 24.7%). MDR-*E. coli* ($n = 79$, 54.1%), followed by *Klebsiella pneumoniae* ($n = 10$, 6.8%), was the most common antimicrobial isolate among gram-negative strains, accounting for 78.2% (79/92) of all *E. coli* isolates. MDR-*S. aureus* ($n = 34$, 23.3%), followed by *Enterococcus* ($n = 2$, 1.4%), was the most common isolate among the gram-positive strains, accounting for 73.9% (34/46) of all *S. aureus* isolates (Table 2).

3.3. Antimicrobial susceptibility analysis

Figures 3A,B show the antibiotic sensitivity results with the two MDROs (*S. aureus* and *E. coli*) representing the largest proportion. All *S. aureus* strains showed susceptibility to vancomycin and linezolid (Figure 3A). The *enterococcus* spp. isolates were 100% susceptible to linezolid. Among gram-negative bacteria, *E. coli* strains were highly susceptible to meropenem (96.0%) and piperacillin/tazobactam (89.1%; Figure 3B). *P. aeruginosa* and *Acinetobacter* spp. were completely susceptible to meropenem and imipenem, respectively.

3.4. Evaluation of treatment outcome

Table 3 shows the treatment outcomes of the two groups. Compared to the NMDRO group, the MDRO group had a lower

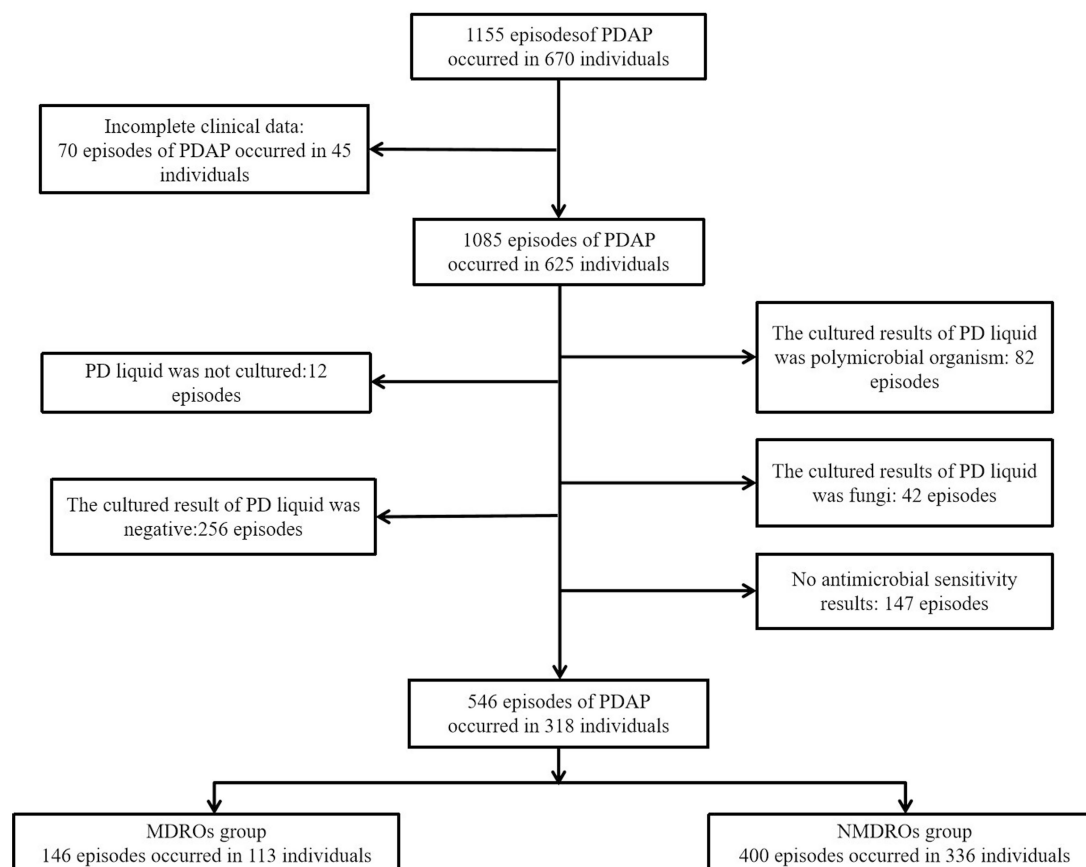


FIGURE 1

Flow chart. PD, peritoneal dialysis; PDAP, peritoneal dialysis-associated peritonitis; MDRO, multi-drug resistant organism; NMDRO, non-multi-drug resistant organism.

initial effective rate (70.5% vs. 88.5%, $p < 0.001$), lower cure rate (66.4% vs. 85.5%), higher relapse rate (16.4% vs. 8.0%), and higher treatment failure rate (17.7% vs. 6.5%, $p < 0.001$), which included a higher frequency of catheter removal (11.6% vs. 3.8%) and death (5.5% vs. 2.8%).

3.5. Risk factors for treatment failure

PD age and more than 2 previous PDAP episodes were suggested to be significant in the univariate analysis, and after adjusting for other confounding factors (age > 60 years, diabetes), a multifactorial logistic regression model identified the two independent risk factors for MDRO-PDAP treatment failure, namely PD age [odds ratio (OR): 1.034, 95% confidence interval (CI): 1.016–1.052, $p < 0.001$] and more than 2 previous PDAP episodes (OR: 3.400, 95% CI: 1.014–11.400, $p = 0.047$; Table 4). In addition, we also analyzed the risk factors for MDR-*E. coli*-PDAP treatment failure, with albumin levels and PD age showing significance in the univariate analysis. Putting the above indicators into a multifactorial regression analysis, it was determined that lower albumin levels (OR: 0.834, 95% CI: 0.700–0.993, $p = 0.041$) and PD age (OR: 1.033, 95% CI: 1.003–1.064, $p = 0.031$) increase the risk of MDR-*E. coli*-PDAP treatment failure (see Table 5).

4. Discussion

To our knowledge, this is the first multicenter retrospective study to explore the clinical characteristics, antimicrobial susceptibility, patient outcomes, and risk factors of treatment failure associated with MDRO-PDAP.

The average peritonitis rate was 0.225 episodes/patient-year in our study from 2013 to 2019, and per the ISPD recommendations updated in 2022, the requirement is no more than 0.4 episodes per patient-year, indicating that the incidence of peritonitis was relatively well controlled in the hospitals where this study was conducted. Another study from our center pointed out that the incidence of PDAP has decreased in recent years (18), and our study also observed that the incidence of MDRO-PDAP was similarly decreasing between 2013–2019. However, MDRO-PDAP remains a serious challenge for clinicians because of increasing drug resistance among bacteria. Considering that MDRO-PDAP incidence could be influenced by the overall incidence of peritonitis, we further studied the composition ratio of MDRO-PDAP in all PDAP cases. Not surprisingly, we observed that the proportion of MDRO-PDAP remained high in these years. During the study period, 93 patients with MDROs experienced only one episode of MDRO-PDAP, 11 patients experienced only two episodes, and 9 patients experienced more than two episodes. These

TABLE 1 Comparison of clinical characteristics between the MDRO and NMDRO groups.

Clinical variables	MDRO group (<i>n</i> =146)	NMDRO group (<i>n</i> =400)	<i>t</i> / <i>X</i> ² / <i>Z</i>	<i>p</i> -value	MDRO ^a				
					Staphylococcus aureus (<i>n</i> =34)	Enterobacteriaceae (<i>n</i> =101)	Acinetobacter spp. (<i>n</i> =7)	Pseudomonas aeruginosa ^b (<i>n</i> =2)	Enterococcus spp. ^b (<i>n</i> =2)
Age [year, (M, P ₂₅ , P ₇₅)]	62.0 (48.0, 70.0)	58.0 (46.0, 68.0)	2.632	0.105	61.0 (47.8, 66.0)	63.0 (48.0, 70.0)	67.5 (47.8, 79.5)	58.5	71.5
Gender [men (<i>n</i> , %)]	78 (53.4%)	210 (52.5%)	0.037	0.848	22 (64.7%)	49 (48.5%)	6 (85.7%)	1 (50.0%)	0 (0%)
Dialysis age [month, (M, P ₂₅ , P ₇₅)]	17.5 (4.0, 33.5)	16.0 (7.0, 30.0)	0.133	0.715	13.5 (4.8, 22.3)	20.0 (5.0, 46.0)	20.0 (1.5, 44.8)	3.5	1.5
Past infection of MDRO (<i>n</i> , %)	33 (22.6%)	21 (14.4%)	36.140	<0.001	12 (35.3%)	19 (18.8%)	0 (0%)	0 (0%)	0 (0%)
Protopathy									
Chronic glomerulonephritis (<i>n</i> , %)	62 (42.5%)	153 (38.3%)	0.796	0.372	12 (35.3%)	48 (47.5%)	1 (14.3%)	1 (50.0%)	0 (0%)
Diabetic nephropathy (<i>n</i> , %)	15 (10.3%)	66 (16.5%)	3.282	0.070	16 (47.1%)	17 (16.8%)	1 (14.3%)	0 (0%)	1 (50.0%)
Interstitial nephritis (<i>n</i> , %)	9 (6.1%)	12 (3%)	2.896	0.089	2 (5.9%)	7 (6.9%)	0 (0%)	1 (50.0%)	0 (0%)
Hypertensive nephropathy (<i>n</i> , %)	35 (24.0%)	110 (27.5%)	0.682	0.409	2 (5.9%)	11 (10.9%)	1 (14.3%)	0 (0%)	1 (50.0%)
Polycystic kidney (<i>n</i> , %)	13 (8.8%)	17 (4.3%)	4.462	0.035	1 (2.9%)	17 (16.8%)	1 (14.3%)	0 (0%)	0 (0%)
Accompanying disease									
Hypertension (<i>n</i> , %)	119 (81.5%)	351 (87.8%)	3.479	0.062	30 (88.2%)	82 (81.2%)	4 (57.1%)	1 (50.0%)	2 (100.0%)
Diabetes (<i>n</i> , %)	45 (30.8%)	157 (39.2%)	3.260	0.071	16 (47.1%)	27 (26.7%)	1 (14.3%)	0 (0%)	0 (0%)
Laboratory index									
WBC count [$\times 10^9/L$, (M, P ₂₅ , P ₇₅)]	8.26 (6.25, 12.16)	8.46 (6.29, 11.39)	0.031	0.860	8.25 (6.62, 12.37)	8.23 (5.93, 11.97)	8.75 (5.63, 18.44)	15.63	12.41
NEU percentage [%], (M, P ₂₅ , P ₇₅)]	85.95 (79.55–90.65)	82.40 (75.01–88.0)	12.327	<0.001	87.50 (79.91, 91.23)	85.40 (79.50, 90.15)	83.25 (81.30, 91.55)	85.57	74.15
NEU count [$\times 10^9/L$, (M, P ₂₅ , P ₇₅)]	7.34 (4.87–10.20)	6.92 (4.72–9.85)	0.935	0.334	7.38 (5.60, 10.52)	7.20 (4.71, 10.12)	7.47 (4.62, 17.05)	13.67	9.66
Hb [g/L, ($\bar{x} \pm s$)]	100.33 \pm 17.05	98.16 \pm 20.13	−1.249	0.213	89.97 \pm 12.14	104.29 \pm 17.13	89.00 (74.50, 109.00)	94.50	104.00
Alb [g/L, ($\bar{x} \pm s$)]	27.83 \pm 6.38	29.21 \pm 5.90	2.362	0.019	26.86 \pm 7.25	27.98 \pm 5.78	31.49 \pm 10.13	14.55	22.55
Potassium [mmol/L, (M, P ₂₅ , P ₇₅)]	3.74 (3.30, 4.24)	3.79 (3.30, 4.27)	0.086	0.770	3.91 (3.53, 4.68)	3.71 (3.24, 4.20)	3.5 (3.04, 3.83)	3.33	3.17
Calcium [mmol/L, (M, P ₂₅ , P ₇₅)]	2.11 (1.98, 2.29)	2.17 (2.01, 2.31)	2.422	0.120	2.03 (1.90, 2.28)	2.13 (2.00, 2.30)	2.11 (2.06, 2.42)	2.35	1.94
Phosphorus [mmol/L, (M, P ₂₅ , P ₇₅)]	1.22 (0.99, 1.51)	1.28 (1.05, 1.55)	2.448	0.118	1.26 (1.07, 1.54)	1.22 (0.97, 2.30)	1.05 (0.79, 1.70)	1.28	1.41
BUN [mmol/L, (M, P ₂₅ , P ₇₅)]	25.44 (11.61, 20.73)	15.88 (12.02, 19.84)	0.081	0.777	16.21 (12.34, 24.87)	14.77 (11.39, 20.44)	17.06 (14.96, 18.21)	12.84	23.17
Scr [μ mol/L, (M, P ₂₅ , P ₇₅)]	707.94 (529.68, 907.31)	738 (543.13, 920.03)	0.884	0.347	729.21 (578.85, 829.42)	703.30 (528.45, 910.50)	708.37 (335.71, 1047.83)	522.77	430.91
Nature of peritonitis									
Initial PDAP (<i>n</i> , %)	75 (51.4%)	244 (61.0%)	4.084	0.043	18 (52.9%)	47 (46.5%)	6 (85.7%)	2 (100.0%)	2 (100.0%)
Relapsing PDAP (<i>n</i> , %)	17 (11.6%)	26 (6.5%)	3.901	0.048	7 (20.6%)	10 (9.9%)	0 (0%)	0 (0%)	0 (0%)
Recurrent PDAP (<i>n</i> , %)	9 (6.2%)	20 (5.0%)	0.288	0.591	1 (2.9%)	8 (7.9%)	0 (0%)	0 (0%)	0 (0%)
Repeat PDAP (<i>n</i> , %)	9 (6.2%)	30 (7.5%)	0.288	0.592	4 (11.8%)	5 (5.0%)	0 (0%)	0 (0%)	0 (0%)

WBC, white blood cell; NEU, neutrophil; Hb, hemoglobin; Alb, albumin; BUN, blood urea nitrogen; Scr, serum creatinine; PDAP, peritoneal dialysis-associated peritonitis; MDRO, multi-drug resistant organism; NMDRO, non-multi-drug resistant organism.

^aIn addition to describing the differences between the two groups, we also presented baseline information for each type of MDRO we studied for reference.

^bBecause there were only two cases of this bacterium, the continuous variables were described using the mea

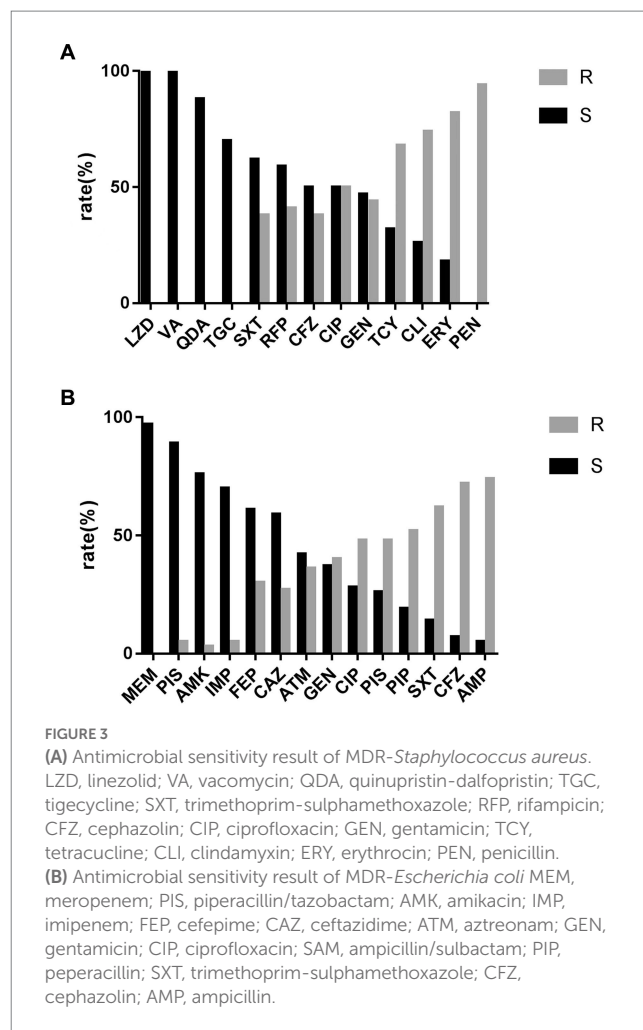
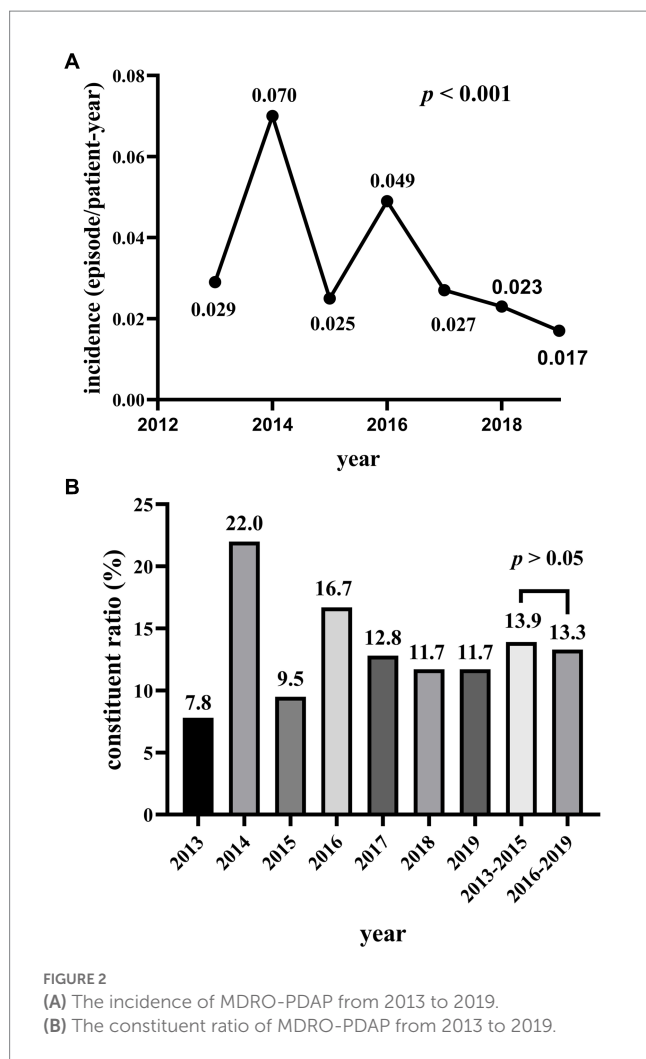


TABLE 2 The distribution of causative organisms in patients infected with MDRO.

Pathogenic microorganisms	n (%)
Gram-positive bacteria	36 (24.7%)
<i>Staphylococcus aureus</i>	34 (23.3%)
<i>Enterococcus</i> spp.	2 (1.4%)
Gram-negative bacteria	110 (75.3%)
<i>Enterobacteriaceae</i>	101 (69.2%)
<i>Escherichia coli</i>	79 (54.1%)
<i>Klebsiella pneumoniae</i>	10 (6.8%)
Others	12 (8.2%)
<i>Pseudomonas aeruginosa</i>	2 (1.3%)
<i>Acinetobacter</i> spp.	7 (4.8%)
<i>Baumannii</i>	4 (2.7%)
Others	3 (2.1%)
Total	146 (100%)

MDRO, multi-drug resistant organism.

results support the notion that, because of the seriousness of the problem presented by MDRO, the vigilance for MDROs should be improved and further research conducted on the microbiological

profiles and risk factors of MDRO-PDAP to fill the current gap in research.

We observed that the percentage of neutrophils was higher in the MDRO group than in the NMDRO group, with higher expression levels of inflammatory mediators, resulting in a stronger inflammatory response and a more severe degree of disease in the MDRO group; this finding is supported by an article demonstrating elevated expression of inflammatory mediators in endophthalmitis patients infected with MDR-*P. aeruginosa* (19). Another study (20) from China clarified that elevated neutrophil levels are a sensitive systemic inflammatory marker associated with high mortality in patients with ESRD. Furthermore, several studies (21, 22) have associated hypoalbuminemia with the development of PDAP. In our study, the MDRO group had low albumin levels. Serum albumin level is often used to assess patient nutritional condition, although hypoalbuminemia may also be linked to inflammation. Malnutrition affects immunity and causes immune dysfunction, which in turn affects the resistance to infection. Besides, some studies (13, 23) have noted that having a history of MDROs is associated with positive MDRO isolation on admission; this could partially explain why the MDRO group in our study were more likely to have a history of MDRO colonization.

Compared to the NMDRO group, the MDRO group had more relapsing cases, which required medical professionals to pay closer

TABLE 3 Evaluation of treatment between MDRO group and NMDRO group.

Therapeutic evaluation	MDRO group (n=146)	NMDRO group (n=400)	X ²	p-value	MDRO ^a				
					Staphylococcus aureus (n=34)	Enterococcus spp. (n=101)	Acinetobacter spp. (n=7)	Pseudomonas aeruginosa (n=2)	Enterobacteriaceae (n=2)
Effective initial treatment (n, %)	103 (70.5%)	354 (88.5%)	25.265	<0.001	28 (82.4%)	67 (66.3%)	5 (71.4%)	2 (100.0%)	1 (50.0%)
Evaluation of follow-up treatment			25.921	<0.001	–	–	–	–	–
Cure (n, %)	97 (66.4%)	342 (85.5%)	–	–	22 (64.7%)	68 (67.3%)	5 (71.4%)	1 (50.0%)	1 (50.0%)
Relapse (n, %)	24 (16.4%)	32 (8.0%)	–	–	8 (23.5%)	14 (13.9%)	1 (14.3%)	0 (0%)	1 (50.0%)
Catheter removal (n, %)	17 (11.6%)	15 (3.8%)	–	–	4 (11.8%)	12 (11.9%)	1 (14.3%)	0 (0%)	0 (0%)
Death associated with peritonitis (n, %)	8 (5.5%)	11 (2.8%)	–	–	0 (0%)	7 (6.9%)	0 (0%)	1 (50.0%)	0 (0%)
Treatment failure ^b	25 (17.1%)	26 (6.5%)	14.254	<0.001	4 (11.8%)	19 (18.8%)	1 (14.3%)	1 (50.0%)	0 (0%)

MDRO, multi-drug resistant organism; NMDRO, non-multi-drug resistant organism.

^aIn addition to describing the differences between the two groups, we also presented baseline information for each type of MDRO we studied for reference.^bTreatment failure including catheter removal and peritonitis-related death.

attention to patients with relapsing peritonitis because they are more prone to infections by MDROs. A systematic review (24) indicated that previous antibiotic use was related to the likelihood of MDRO isolation, possibly because prior antimicrobial treatment strongly modified the abdominal microbiota and was associated with an increased risk of drug-resistant microbial infection. Interestingly, there were no significant differences in the recurrent and repeat cases between the case and control groups. Besides, the MDRO group had a lower initial treatment effective rate and higher treatment failure rate compared with the NMDRO group. Reportedly, a poor prognosis was more common in patients with peritonitis due to methicillin-resistant *S. aureus* (MRSA), vancomycin-resistant *enterococci*, and extended spectrum β -lactamase (ESBL)- and metallo- β -lactamase-producing bacteria (25, 26), which supported our conclusion to some extent that MDRO-PDAP tended to have poor outcomes. Therefore, it is necessary to adjust the poor treatment plan of MDRO-PDAP on the basis of the drug sensitivity results and attempt to reduce the related risk to prevent poor prognosis whenever possible.

In our multivariate study, PD age and more than 2 previous PDAP episodes were independently associated with MDRO-PDAP treatment failure. Our previous study showed that long dialysis age was a risk factor for treatment failure of first peritonitis (27). The thickness of the submesothelial layer increases gradually and is accompanied by peritoneal fibrosis and neovascularization in the peritoneum of patients with long-term PD. Thus, these patients have a higher incidence of ultrafiltration failure (28). In this study, we observed a 2.4-fold increase in the risk-of-failure of the current peritonitis treatment when there were more than 2 previous PDAP episodes. Repeated episodes of peritonitis cause aggregation of inflammatory cells such as mononuclear macrophages and release transforming growth factor- β (TGF- β), a major molecule in the course of peritoneal fibrosis, and the overexpression of TGF- β is linked to worse PD outcomes (29). We further inferred that the effect of empirical antimicrobial therapy could be compromised based on the above pathological basis if the patient had an infection caused by MDROs, with treatment delay increasing the likelihood of treatment failure. In our study, non-first-episode peritonitis with the same pathogen cultured in the previous peritonitis episode accounted for 74.3% (26/35) of all non-first-episode peritonitis cases. This also suggests that in patients who are repeatedly hospitalized for peritonitis in a short period, clinicians should choose the initial treatment regimen in conjunction with their previous culture and drug susceptibility results. There are few studies related to the risk factors for treatment failure in MDR-*S. aureus* and MDR-*E. coli*; however, to avoid statistical bias caused by the few cases of *S. aureus* treatment failure, we only studied *E. coli*, which is the most prevalent species in the *Enterobacteriaceae* family. We observed that lower albumin levels and longer PD age increased the risk of treatment failure, similar to the results of another study (30) conducted in our center on the treatment outcome of *E. coli* infection. Therefore, for *E. coli*-PDAP, especially those infected with MDROs, it could be beneficial for clinical outcomes to raise albumin levels.

Previous studies (31, 32) showed that the most common microorganisms isolated from patients with PDAP were gram-positive bacteria, among which coagulase-negative *Staphylococcus* was the most prevalent, followed by *S. aureus*. Furthermore, *E. coli* was the most common gram-negative bacterium, followed by *Klebsiella pneumoniae* and *P. aeruginosa*. However, because coagulase-negative

TABLE 4 Risk factors of treatment failure in patients with MDROs group.

Variables	Univariate			Multivariate		
	OR	95%CI	p-value	OR	95%CI	p-value
Age>60 (years)	1.061	0.446–2.524	0.894	1.105	0.429–2.846	0.836
Male	0.882	0.371–2.099	0.777	–	–	–
Dialysis age (years)	1.034	1.016–1.052	0.000	1.034	1.016–1.052	<0.001
>2 previous peritonitis episodes	3.158	1.043–9.558	0.042	3.400	1.014–11.400	0.047
Accompanying disease						
Hypertension	1.232	0.386–3.937	0.725	–	–	–
Diabetes	0.849	0.327–2.205	0.737	0.780	0.269–2.261	0.836
Laboratory index						
NEU percentage (%)	1.026	0.974–1.080	0.339	–	–	–
NEU count (*109/L)	0.999	0.920–1.085	0.977	–	–	–
WBC count (*109/L)	0.992	0.915–1.075	0.768	–	–	–
Hb (g/L)	1.004	0.979–1.029	0.768	–	–	–
Alb (g/L)	0.956	0.891–1.026	0.214	–	–	–
Potassium (mmol/L)	0.915	0.511–1.637	0.764	–	–	–
Phosphorus (mmol/L)	0.655	0.259–1.653	0.370	–	–	–
Calcium (mmol/L)	2.659	0.457–15.457	0.276	–	–	–
Nature of peritonitis	–	–	0.685	–	–	–
Relapsing	0.712	0.251–2.203	0.524	–	–	–
Repeating	1.275	0.317–5.127	0.732	–	–	–
Recurrent	2.071	0.413–10.395	0.376	–	–	–
Initial	0.000	0.000–	0.999	–	–	–
Others	Reference					
Bacteria	–	–	0.712	–	–	–
Staphylococcus aureus	Reference					
Enterococcus spp.	1.738	0.547–5.524	0.349	–	–	–
Enterobacteriaceae	0.000	0.000–	0.999	–	–	–
Pseudomonas aeruginosa	7.500	0.388–144.973	0.182	–	–	–
Acinetobacter spp.	1.250	0.118–13.240	0.853	–	–	–
Protopathy	–	–	0.804	–	–	–
Chronic glomerulonephritis	2.115	0.245–188.271	0.496	–	–	–
Diabetic nephropathy	2.750	0.248–30.512	0.410	–	–	–
Interstitial nephritis	5.500	0.464–65.162	0.177	–	–	–
Hypertensive nephropathy	2.276	0.245–21.120	0.469	–	–	–
Polycystic kidney disease	2.000	0.157–25.404	0.593	–	–	–
Others	Reference					
Dialysate white cell count,1st day of PDAP (*10 ⁶)	1.000	1.000–1.000	0.716	–	–	–

WBC, white blood cell; NEU, neutrophil; Hb, hemoglobin; Alb, albumin; BUN, blood urea nitrogen; Scr, serum creatinine; PDAP, peritoneal dialysis-associated peritonitis; MDRO, multi-drug resistant organisms; OR, odds ratio; 95% CI, 95% confidence interval.

Staphylococcus was not included in the MDRO group in our study, the microbiological distribution of MDROs in our study was slightly different from the results of the PDAP population. Therefore, as shown in Table 2, gram-positive MDROs were mainly *S. aureus* and *E. coli*, followed by *Klebsiella pneumoniae*, and *Baumannii* was the most common gram-negative bacterium.

Owing to the small number of strains of other MDROs, including *P. aeruginosa*, *Enterococcus* spp., and *Acinetobacter* spp., we did not perform detailed drug susceptibility analysis of the above pathogens to avoid a small sample size distorting study results but instead focused on MDR-*S. aureus* and MDR-*E. coli*. The causative organism that produced more severe outcomes in MDR-*S. aureus* PDAP was MRSA,

TABLE 5 Risk factors of treatment failure in patients with MDR-*E. coli*-PDAP.

Variables	Univariate			Multivariate		
	OR	95%CI	<i>p</i> -value	OR	95%CI	<i>p</i> -value
Age > 60 (years)	0.750	0.173–3.249	0.701	–	–	–
Male	1.784	0.413–7.706	0.438	–	–	–
Dialysis age (years)	1.036	1.006–1.067	0.018	1.033	1.003–1.064	0.031
Previous peritonitis episodes	0.552	0.937–2.570	0.088	–	–	–
Accompanying disease						
Hypertension	0.798	0.148–4.296	0.793	–	–	–
Diabetes	0.767	0.14604.023	0.754	–	–	–
Laboratory index						
NEU percentage (%)	1.046	0.942–1.077	0.339	–	–	–
NEU count (*109/L)	1.007	0.942–1.071	0.832	–	–	–
WBC count (*109/L)	1.047	0.939–1.169	0.408	–	–	–
Hb (g/L)	0.997	0.957–1.039	0.892	–	–	–
Alb (g/L)	0.841	0.719–0.983	0.030	0.834	0.700–0.993	0.041
Potassium (mmol/L)	0.796	0.315–2.012	0.623	–	–	–
Phosphorus (mmol/L)	0.716	0.189–2.709	0.623	–	–	–
Calcium (mmol/L)	1.275	0.070–23.121	0.869	–	–	–
Nature of peritonitis	–	–	0.881	–	–	–
Relapsing	0.463	0.094–2.278	0.344	–	–	–
Repeating	0.875	0.082–9.376	0.912	–	–	–
Recurrent	1.313	0.115–15.032	0.827	–	–	–
Initial	0.000	0.000–	0.999	–	–	–
Others	Reference					
Protopathy	–	–	0.727	–	–	–
Chronic glomerulonephritis	Reference					
Diabetic nephropathy	2.188	0.339–14.095	0.410	–	–	–
Interstitial nephritis	4.375	0.599–31.934	0.146	–	–	–
Hypertensive nephropathy	0.729	0.074–7.181	0.787	–	–	–
Polycystic kidney disease	0.000	0.000–	0.999	–	–	–
Others	0.000	0.000–	0.999	–	–	–
Dialysate white cell count,1st day of PDAP (*10 ⁶)	1.000	1.000–1.000	0.557	–	–	–

WBC, white blood cell; NEU, neutrophil; Hb, hemoglobin; Alb, albumin; BUN, blood urea nitrogen; Scr, serum creatinine; PDAP, peritoneal dialysis-associated peritonitis; MDRO, multi-drug resistant organisms; OR, odds ratio; 95% CI, 95% confidence interval.

which are usually more severe than peritonitis caused by methicillin-susceptible *S. aureus*, with significantly increased frequency of hospitalization and length of treatment time, as well as increased frequency of extubation and death (33). Severe negative outcomes were more likely to occur when vancomycin was not used in the regimen of treatment for MRSA peritonitis (33). In our study, all the MDR-*S. aureus* strains were susceptible to vancomycin, reflecting the importance of vancomycin in the treatment of MDR-*S. aureus*-infection. Producing extended-spectrum beta-lactamases (ESBLs) is the most vital resistance mechanism in *Enterobacteriaceae*. In a study of MDROs from Hong Kong (6), *E. coli* accounted for 85.6% of all ESBL-producing isolates. Unfortunately, owing to the limitations of this retrospective study, ESBL-producing organisms could not

be accurately detected. Carbapenems are ideal therapeutic agents against this bacterium (34). The 2022 ISPD guidelines also state that for *Enterobacteriaceae*, treatment regimens should be based on resistance patterns. Intraperitoneal application of meropenem could be an option for ESBL-producing *Enterobacteriaceae* (ESBL-E) (14). The treatment recommendations were also supported by our finding that almost all MDR-*E. coli* cultured *in vitro* are susceptible to meropenem. However, it is worth noting that except for ESBL-E, *Enterobacteriaceae* had evolved to resist carbapenems (6), causing mortality rates of up to 70% (35) which are rising globally (36). Above all, our results showed that the local antimicrobial susceptibility patterns of MDR-*E. coli* and MDR-*S. aureus* were consistent with the therapeutic antibiotics recommended by the guidelines. Nevertheless,

the final treatment plan should still be carefully selected according to the drug susceptibility results to prevent more resistance caused by antibiotic abuse.

This study had some limitations. Firstly, the retrospective nature of the study resulted in the presence of some unavoidable biases. For example, the results of this study cannot be extrapolated to the general population because of the confined location from which patients were included and the treatment regimens in each region. What's more, we excluded cases with mixed bacterial infections due to concerns that they would interfere with the analysis of treatment failure of MDR-PDAP, but mixed infections are more likely to develop antibiotic resistance than isolated infections (37), which might introduce selection bias. Secondly, we were unable to identify MRSA or ESBL-E based on the collected drug sensitivity results; therefore, our efforts to analyze the antibiotic sensitivity pattern in more detail were limited. Finally, the number of MDROs for some species was too few to be analyzed categorically, so larger prospective studies are warranted in the future.

5. Conclusion

In summary, MDRO-PDAP has remained a major issue in recent years, resulting in poor treatment outcomes. Special attention should be paid to patients with more than two previous peritonitis episodes, and those who have been undergoing dialysis for a long time because treatment for such patients is more likely to fail. Although the treatment regimens recommended by the current guidelines for infections caused by MDR-*S. aureus* and MDR-*E. coli* are appropriate in the area where we are conducting our study; they should be modified promptly in accordance with drug susceptibility to reduce the adverse outcomes caused by delays in MDRO-PDAP treatment.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving human participants were reviewed and approved by the Ethics Committee of Second Hospital of Jilin

University (No. 2020026). The ethics committee waived the requirement of written informed consent for participation.

Author contributions

LMY, XYZ, and XXZ provided the data. LFM, XYL, SYC, and XHZ collected the data. SZG performed the statistical analysis and wrote the manuscript. WPC and SML designed the study and reviewed this manuscript. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Autophagy in peritoneal fibrosis

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Peritoneal dialysis (PD) is a widely accepted renal replacement therapy for patients with end-stage renal disease (ESRD). Morphological and functional changes occur in the peritoneal membranes (PMs) of patients undergoing long-term PD. Peritoneal fibrosis (PF) is a common PD-related complication that ultimately leads to PM injury and peritoneal ultrafiltration failure. Autophagy is a cellular process of “self-eating” wherein damaged organelles, protein aggregates, and pathogenic microbes are degraded to maintain intracellular environment homeostasis and cell survival. Growing evidence shows that autophagy is involved in fibrosis progression, including renal fibrosis and hepatic fibrosis, in various organs. Multiple risk factors, including high-glucose peritoneal dialysis solution (HGPDS), stimulate the activation of autophagy, which participates in PF progression, in human peritoneal mesothelial cells (HPMCs). Nevertheless, the underlying roles and mechanisms of autophagy in PF progression remain unclear. In this review, we discuss the key roles and potential mechanisms of autophagy in PF to offer novel perspectives on future therapy strategies for PF and their limitations.

KEYWORDS

autophagy, human peritoneal mesothelial cells, peritoneal dialysis, peritoneal fibrosis,
peritoneal dialysis-related peritonitis

1 Introduction

To date, more than 2 million people suffer from end-stage renal disease (ESRD), and this prevalence continues to increase year by year, leading to a significant economic burden (Howell et al., 2019; Masola et al., 2022). More than 272,000 patients, approximately 11% of the dialysis population, undergo peritoneal dialysis (PD) worldwide (Balzer, 2020). PD is a common renal replacement therapy for patients with ESRD. Owing to advantages such as simple operation, protection of residual renal function, and lower risk of cross-infection, PD offers a higher quality of life and more cost savings than does hemodialysis for patients with ESRD (Mehrotra et al., 2011; Yeates et al., 2012). During the COVID-19 pandemic, the importance of PD was revealed, especially in children or patients from low-income areas. The peritoneum is the first barrier preventing microbial invasion during the peritoneal fluid exchange. Owing to their large surface and dense vascularization, peritoneal membranes (PMs) can facilitate high solute and water transport to the intraperitoneal region and thus are a natural choice for membrane filtration and removal of excess water and uremic and other solutes (Balzer, 2020).

In patients undergoing long-term PD, the peritoneum is repeatedly exposed to a non-physiological environment with high glucose, high permeability, and low pH. Over time, it develops inflammation, fibrosis, and other peritoneal complications, leading to morphological and functional changes in the PMs, resulting in PM injury and ultrafiltration failure (UF) (Davies et al., 1996; Smit et al., 2004; Masola et al., 2022). UF

gradually declines within 2–4 years after the initiation of PD (Davies et al., 1996; Smit et al., 2004; Hayat et al., 2021). Initially, the primary causes of PD failure are peritonitis and catheter-related complications (Li et al., 2016a; Hayat et al., 2021). However, the bio-incompatibility of peritoneal dialysis solution (PDS) in the long term, accompanied by impairment of peritoneal integrity and functionality, becomes the main concern (Bajo et al., 2017). In 50%–80% of the patients undergoing long-term PD, the primary signs of peritoneal fibrosis (PF) are detected within 1–2 years (Strippoli et al., 2016). Inhibition of fibrosis and inflammation can prolong the life of PD therapy. Although many mechanisms have been proposed, effective interventions and treatment strategies for PF are lacking (Zhang et al., 2018a). Thus, there is an urgent need to explore the mechanisms underlying PF progression and develop effective prevention strategies.

Autophagy, a process that degrades single proteins and large organelles, is an integral part of all eukaryotic cell types. It is considered a true health modifier (Morishita and Mizushima, 2019; Klionsky et al., 2021) and serves as the primary regulator of cellular and tissue adaptation to various endogenous and exogenous pressures (Morishita and Mizushima, 2019). Autophagy pathways are physiologically correlated, even under basal and non-stressful conditions. In multiple experimental models, pharmacological and genetic interventions that impair autophagy were found to promote or exacerbate diseases (Klionsky et al., 2021). Autophagy plays a critical role in the progression of fibrosis in various organs, such as the kidneys (Dai et al., 2022), liver (Sun et al., 2021), and lungs (Araya et al., 2013). However, the causal connection between autophagy and PF and the pathophysiological mechanisms remains unclear.

Currently, many researches have proved that autophagy is involved in the process of PD and in PD-related complications, and novel interventions targeting autophagy may have clinical transformability. In this review, we highlight the current knowledge about the key roles and potential mechanisms of autophagy in PF. Furthermore, we discuss novel underlying mechanisms of autophagy modulators, which may contribute to developing new clinical therapies for PF.

2 Effect of autophagy in peritoneal fibrosis

PF is one of the most common complications in patients undergoing long-term PD and one of the leading causes of PD failure (Krediet and Struijk, 2013; Krediet, 2018). Epithelial-mesenchymal transition (EMT) of peritoneal mesothelial cells (PMCs), also called mesothelial-mesenchymal transition (MMT), is widely accepted as the main cause of PF (Strippoli et al., 2016; Zhou et al., 2016; Zhang et al., 2018a; Hayat et al., 2021). Furthermore, in submesothelial areas, transformed mesothelial cells can generate extracellular matrix (ECM) and cause fibrosis, demonstrating their invasive capacity (Yáñez-Mó et al., 2003). Moreover, during PF and MMT, the key fibrogenic molecular machinery, mainly transforming growth factor- β (TGF- β)/Smad-dependent signaling (Margetts et al., 2005; Patel et al., 2010; Loureiro et al., 2011; Yoshizawa et al., 2015) and TGF- β /Smad-independent signaling (Matsuo et al., 2006; Patel et al., 2010; Liu et al., 2012; Fan

et al., 2013; Kitterer et al., 2015; Wynn and Vannella, 2016; Padwal et al., 2018), triggers the transcription factors that act on the promoter regions of the cell matrix genes to activate their transcription via specific downstream intracellular signaling.

PF is commonly observed in patients with mild fibrosis undergoing PD (Di Paolo and Sacchi, 2000). However, encapsulating peritoneal sclerosis (EPS), which has low morbidity and high mortality, is an uncommon form of PF (Strippoli et al., 2016). It is a life-threatening complication that may progress even in patients who have discontinued PD.

2.1 Effect of autophagy in peritoneal fibrosis

As a complex and necessary metabolic process, autophagy exists in most mammalian cells. Autophagy is closely related to fibrosis in multiple organs, such as the kidney (Zhao et al., 2019), heart (Zhao et al., 2018), lungs (Cabrera et al., 2015), and liver (Meng et al., 2018). Additionally, high-glucose (HG) levels can modulate autophagy in multiple disease models (Wei et al., 2014; Chang et al., 2015; Lu et al., 2015). However, the potential effects of autophagy during the development of PF remain ambiguous, as some studies suggest that autophagy reduces PF, whereas others show the opposite trend (Figure 1).

On the one hand, autophagy is believed to contribute to PF progression. First, autophagy inhibition was observed in the peritoneum of an HG-induced peritoneal injury mouse model (Li et al., 2019a). Simultaneously, studies suggest that blocking autophagy with 3-methyladenine (3-MA) and Beclin-1 or ATG5 small interfering RNA (siRNA) not only enhances the continuous activation of the inflammatory factor nod-like receptor 3 (NLRP3)/interleukin-1 β (IL-1 β) induced by the stimulation of long-term HGPDS but also promotes MMT progression in the PMs of patients undergoing PD (Li et al., 2017). Moreover, as an autophagy inducer, trehalose has been shown to ameliorate PF by promoting the generation of autophagosomes and suppressing MMT in PMCs (Mayer et al., 2016; Sakai et al., 2017; Miyake et al., 2020) through activating AMP-activated protein kinase (AMPK) pathway, phosphorylating unc-52-like kinase-1 (ULK1) at Ser317, and AMPK/mammalian target of rapamycin (mTOR) pathway, dephosphorylating the inhibitory site of ULK1 (Ser757) (DeBosch et al., 2016; Mayer et al., 2016). Under HG conditions, autophagy inhibition has been observed in peritoneal mesothelial cells and mouse models, with reduction in the expression of light chain 3 (LC3)-II, p62, and Beclin-1; contrastingly, 1,25(OH)2D3 alleviates autophagy inhibition in PMCs through the mTOR pathway (Yang et al., 2017). Increasing evidence has shown that regulation of autophagy through the phosphatidylinositol 3-kinase (PI3K)/AKT/mTOR signaling contributes to the occurrence and pathological progression of diabetic nephropathy and PF (Li et al., 2016b; Lu et al., 2019; Yang et al., 2020a; Jia et al., 2022). In this research, treatment with the mTOR inhibitor rapamycin (RAPA) and PI3K inhibitor LY294002 activated autophagy and alleviated PF *in vivo* and *in vitro*, thereby upregulating E-cadherin and zonula occludens-1 (ZO-1) and downregulating alpha-smooth muscle actin (α -SMA) and ferroptosis suppressor protein 1 (Jia et al., 2022). In addition, RAPA, which can induce autophagy by inhibiting

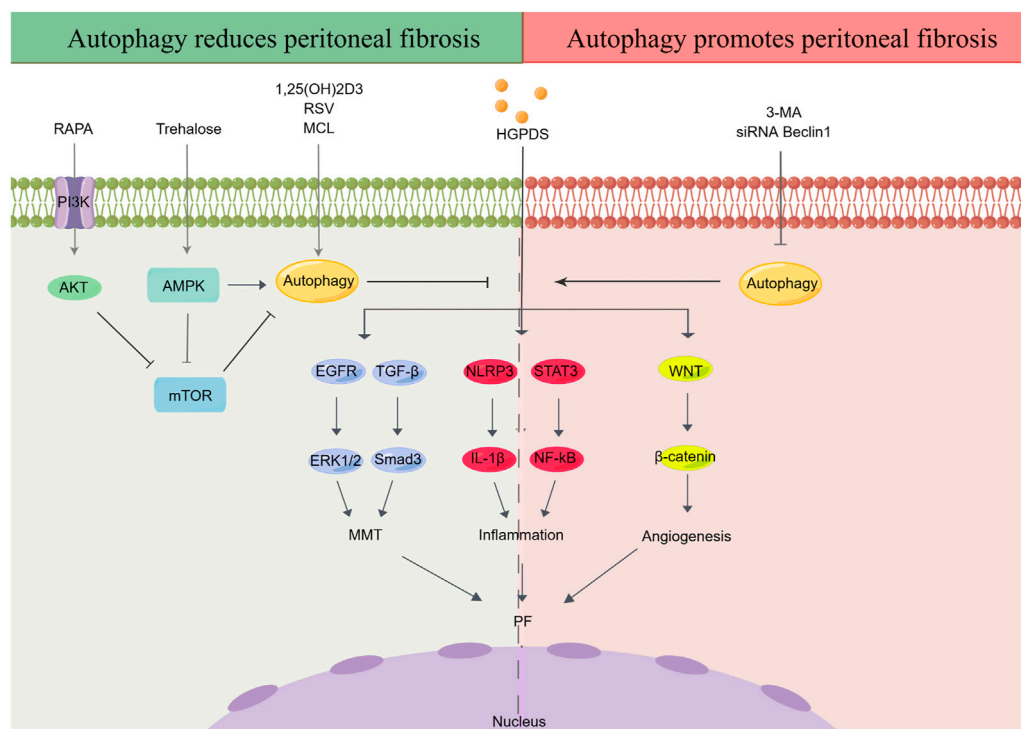


FIGURE 1

Effect of autophagy in peritoneal fibrosis. HGPDS contributes to MMT, inflammation and angiogenesis in peritoneal mesothelial cells, eventually cause PF. Some studies suggest that activation of autophagy reduces PF, whereas some evidences demonstrate that autophagy promotes PF. RAPA: rapamycin, RSV: resveratrol, MCL: micheliolide, HGPDS: high-glucose peritoneal dialysis solution, 3-MA: 3-methyladenine, PI3K: phosphatidylinositol 3-kinases, AMPK: AMP-activated protein kinase, mTOR: mammalian target of rapamycin, EGFR: epidermal growth factor receptor, ERK1/2: extracellular signal-regulated kinase 1/2, TGF- β : transforming growth factor- β , NLRP3: nod-like receptor 3, IL-1 β : interleukin-1 β , STAT3: signal transducer and activator of transcription 3, NF- κ B: nuclear factor kappa-B, MMT: mesothelial-mesenchymal transition.

MTORC1 expression, relieved peritoneal thickening, angiogenesis, lymphangiogenesis, MMT, and endothelial-to-mesenchymal transition (Endo-MT) and improved UF in a mouse PD model (González-Mateo et al., 2015). Finally, micheliolide (MCL), a natural guaianolide sesquiterpene lactone, which promoted autophagy in db/db mice at a low dose, inhibited TGF- β 1-induced ECM accumulation by activating autophagy in PF mouse models and the HPMC cell line (HMrSV5) (Zhong et al., 2018; Li et al., 2019b).

Limited evidence has demonstrated that autophagy promotes PF. Apigenin, a dietary flavonoid synthesized in multiple plants, effectively inhibits PF in a HG-induced mouse model, accompanied by a corresponding alteration of autophagy biomarkers (Zhang et al., 2018a). Moreover, significant activation of autophagy was observed in the PMCs of both two PF rat models induced by PDS and chlorhexidine gluconate (CG) (Shi et al., 2021). However, in above PF rat models and cultured HPMCs, treatment with 3-MA effectively delayed MMT and prevented PF by TGF- β /Smad3 signaling pathway and alleviated peritoneal angiogenesis by downregulation of β -catenin signaling pathway (Shi et al., 2021). Autophagy inhibition significantly reduced MMT, fibrosis, and apoptosis in HPMCs (Wu et al., 2018)(Table 1).

Similar dual characteristics of autophagy have been demonstrated in renal (Liang et al., 2022) and hepatic fibrosis (Sun et al., 2021; Hou et al., 2022). The effect of autophagy activation in the process of PF is complex and multifactorial, and

its molecular impact may vary from specific targets in autophagy regulation. Furthermore, different experimental PF models, cell categories, drugs, doses and timing of autophagy inducers, and the diversified molecular mechanisms could result in varying effects of autophagy on PF. It is generally accepted that autophagy functions differently in diverse diseases and at different stages of the same disease. Over-activation of autophagy promotes fibrosis of multiple organs, whereas inhibition of autophagy aggravates cell damage and promotes the occurrence of PF. Nevertheless, further studies are needed to explore whether the different factors mediating autophagy play different roles at different stages of PF. Autophagy activation is usually considered effective in acute pathological damage to maintain cell homeostasis. In contrast, sustained autophagy induced by some chronic diseases may be harmful, causing apoptosis by damaging important organelles.

Furthermore, mitophagy may be involved in PF. With the production of reactive oxygen species (ROS), mitochondrial DNA is more prone to mutations than nuclear DNA, which makes mitochondria more susceptible to damage. Thus, maintaining an intact population of mitochondria via quality control mechanisms, including mitophagy, is essential for cell survival under pathological stress conditions (Lemasters, 2005; Youle and Narendra, 2011). Many studies have shown that HPMCs stimulated with HGPDS can undergo oxidative stress, mitochondrial DNA damage, and even

apoptosis (Hung et al., 2014; Ramil-Gómez et al., 2021). However, insufficient or excessive autophagy of mitochondria results in the accumulation of damaged mitochondria, which eventually leads to the disruption of mitochondrial quality control and bioenergy metabolism and even cell death (Kubli and Gustafsson, 2012; Namba et al., 2014; Kawakami et al., 2015). The mitochondrial dysfunction subsequently participates in the occurrence and development of fibrosis (Li et al., 2020). Under long-term hypertonic and HGPDS, HPMCs exhibit progressive PF, and MMT of HPMCs caused by mitochondrial dysfunction is one of the possible mechanisms (Shin et al., 2017; Ramil-Gómez et al., 2021). Furthermore, metformin and other AMPK inhibitors could delay the phenotypic transition of PMCs and PF via modulating oxidative stress, suggesting that AMPK could be a novel therapeutic target to prevent PF. However, there is no direct evidence that mitophagy can inhibit the progression of PF, which requires further experimental proof (Shin et al., 2017).

2.2 Effect of autophagy in encapsulating peritoneal sclerosis

Autophagy may have a potential connection with EPS, a rare but severe complication of patients undergoing PD (Peperke et al., 2022). EPS, a clinical syndrome characterized by the formation of a fibrous cocoon in the peritoneal cavity, has a high mortality rate of 42% 1 year after diagnosis (Brown et al., 2009). Although there are few treatment methods, and their efficacy is poor. Anti-inflammatory therapy with steroids and antifibrotic therapy with tamoxifen are most commonly used for treating EPS (Lo and Kawanishi, 2009; Garosi et al., 2013; Peperke et al., 2022).

Recently, mTOR inhibitors (everolimus and sirolimus), widely used as immunosuppressive/antiproliferative agents in renal transplantation and oncology field, have been suggested as a novel treatment for EPS. Two *in vivo* experiments indicated that oral mTOR inhibitors (everolimus and sirolimus) significantly reduced the progression of PF, including peritoneal thickness, vascularity, and fibrosis score, in a rat model induced by CG (Duman et al., 2008; Ceri et al., 2012). Furthermore, mTOR inhibitors may protect the peritoneum from PF by inhibiting MMT, with an upregulation of the E-cadherin and downregulation of α -SMA (Aguilera et al., 2005). In addition, multiple clinical studies have proposed the therapeutic role of mTOR inhibitors in the management of EPS owing to the antifibrotic and anti-angiogenesis effects. Due to the rarity of EPS, most studies come from case reports rather than systematic research. In particular, Ghadimi et al. reviewed the effects of mTOR inhibitors (everolimus and sirolimus) in the therapy of EPS using 13 case reports (Ghadimi et al., 2016). In one-third of the patients with EPS, mTOR inhibitors were found to allay EPS and reduce mortality. Moreover, 5-aminoimidazole-4-carboxamide ribonucleoside (AICAR), a classical AMPK agonist that reduces inflammation, fibrosis, and cellular ROS injury and promotes autophagy, inhibits postoperative adhesion formation *in vivo* and *in vitro* by inhibiting inflammation and oxidative stress response and accelerating peritoneal mesothelial cell repair (Wu et al., 2022).

The therapeutic effects and mechanism of autophagy against EPS have not been fully confirmed, and more evidence is needed.

3 Effect of autophagy in PD-related peritonitis

PF encompasses two synergistic actions: the fibrosis process itself and inflammation. These two processes are usually bidirectional, with one triggering another (Yáñez-Mó et al., 2003; Loureiro et al., 2011; Yoshizawa et al., 2015; Zhou et al., 2016). PF often progresses after acute and chronic PD-related inflammatory (Kobayashi et al., 2018). Thus, the effects of autophagy on PD-related peritonitis must be elucidated (Figure 2).

Recently, PD-related peritonitis, the common and serious complication of PD, has attracted increasing public attention. More than 40% of patients experience UF owing to PD-related peritonitis after 3 years of PD therapy (Baroni et al., 2012). Mild systemic inflammation is usually observed in patients with chronic kidney disease (Stenvinkel and Alvestrand, 2002). PD-related peritonitis can be primarily classified into infection-related and non-infectious peritonitis.

On the one hand, a single microorganism is the main cause of the infection-related peritonitis, with half of these infections come from gram-positive bacteria (Peterson et al., 1987; Golper et al., 1996; Gokal, 2002; Yung and Chan, 2012). According to the comprehensive recommendations on the prevention and treatment of PD-related peritonitis by the International Society for PD, appropriate and adequate antimicrobial treatment is still the most important and main therapy for infection-related peritonitis (Szeto and Li, 2019). However, despite apparent clinical remission of peritonitis, the inflammatory factors and fibrotic mediators persistently increased in the peritoneal cavity cause continuous stimulation to PMCs (Yung and Chan, 2012). In addition, evidence indicates that pro-inflammatory factors are continuously released for at least 6 weeks even after the clinical resolution of PD-related peritonitis (Lai et al., 2000; Lai et al., 2007). On the other hand, when repeatedly exposed to a non-physiological condition of HGPDS, PMCs raise an inflammatory response in the peritoneal cavity, which causes non-infectious peritonitis (Lai and Leung, 2010). Research has established that non-infectious peritonitis also results in PF, neoangiogenesis, and UF (Lai et al., 2000; Myers, 2004; De Vriese, 2005; Zareie et al., 2005; De Vriese et al., 2006; Leung et al., 2006; Aroeira et al., 2007; Guo et al., 2007; Lai et al., 2007; Leung et al., 2009).

3.1 Effect of autophagy in infection-related peritonitis

Several studies have suggested that autophagy has a strong relationship with both infection-related and non-infectious peritonitis, suggesting that autophagy might act as a novel therapeutic target for patients with PD-related peritonitis.

HPMCs are considered as the first barrier to prevent against invading pathogens in patients on PD. Autophagy plays a key role in innate immunity and cell homeostasis (Gutierrez et al., 2004; Nakagawa et al., 2004; Thurston et al., 2009; Sir et al., 2010; Anand et al., 2011). After bacterial invasion, autophagy is activated, degrading bacteria via the autophagy-lysosomal pathway, thus protecting the host against pathogen colonization (Ligeon et al., 2011; Choi et al., 2013). Autophagy activation plays a critical role in the recovery of mesothelium following acute inflammation in a rat model by removing damaged cytoplasmic organelles (Balogh et al., 2015). Lipopolysaccharide (LPS), the active constituent of endotoxins in gram-negative bacteria, is a potential

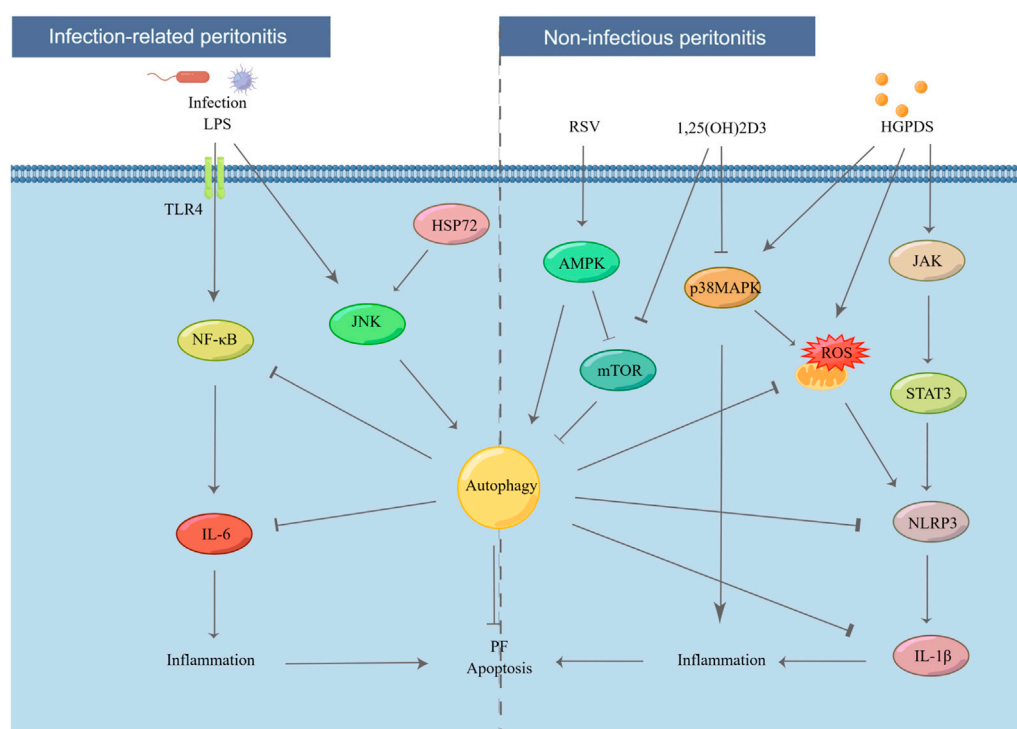


FIGURE 2

Effect of autophagy in PD-related peritonitis. Infectious factors lead to infection-related peritonitis via NF- κ B/IL-6 pathway. In addition, under long-term stimulation of HGPDS, HPMCs suffer from non-infectious peritonitis by NLRP3/IL-1 β pathway. However, these processes are blocked by the activation of autophagy. LPS: lipopolysaccharide, TLR4: toll like receptor 4, IL-6: interleukin-6, JNK: c-Jun N-terminal kinase, HSP72: heat shock protein 72, p38 MAPK: p38 mitogen activated protein kinases, JAK: Janus kinase.

inducer of autophagy in PMCs and macrophages (Xu et al., 2007; Doyle et al., 2011; Meng et al., 2012). In particular, autophagy is induced by LPS in HMrSV5 in a dose- and time-dependent manner, as demonstrated by an increase in the expression of Beclin-1 and LC3-II, number of autophagic vacuoles, and intracellular bactericidal activity (Li et al., 2011). However, these processes in the peritoneal cavity are blocked by autophagy inhibitors, such as 3-MA, Beclin-1 siRNA, or wortmannin, via TLR4 signaling (Wang et al., 2013). A study suggested that heat shock protein 72 (HSP72) protects peritoneal mesothelial cells against LPS-induced mesothelial cell injury by activating c-Jun N-terminal kinase (JNK)-dependent autophagy and partially inhibiting apoptosis (Li et al., 2011). Furthermore, peroxisome proliferator-activated receptor- γ (PPAR- γ) may act as a potential therapeutic target for peritonitis (Zhang et al., 2018b). With the stimulation of LPS, upregulating the expression of nuclear factor kappa-B (NF- κ B) activity, ICAM-1, and interleukin (IL)-6 was observed in rat PD models (Zhang et al., 2015). Although fungal peritonitis is rare compared to bacterial peritonitis, accounting for only 1%–12% of PD-related peritonitis (Chavada et al., 2011; Tobudic et al., 2013; Nadeau-Fredette and Bargman, 2015), it has higher morbidity and catheter-related mortality (Levallois et al., 2012; Li et al., 2016a; Giacobino et al., 2016; Xu et al., 2022). *Candida* species are the most common pathogens involved in most fungal peritonitis cases, with approximately 70%–90% frequency (Kazancioglu et al., 2010; Nadeau-Fredette and Bargman, 2015). In addition, scientific evidence suggests that caspase recruitment domain-containing protein 9 (Card9),

an adapter protein, protects against fungal peritonitis by regulating the mucosa-associated lymphoid tissue lymphoma translocation 1 (Malt1)-mediated activation of autophagy in macrophages (Xu et al., 2022).

3.2 Effect of autophagy in non-infectious peritonitis

Autophagy also contributes to non-infectious peritonitis. PMs develop chronic inflammation during long-term PD as a result of bioincompatible PDS with low pH, high concentrations of glucose, and high osmolality (Hayat et al., 2021). IL-6 is a crucial inflammatory factor in patients with PD, and repeated inflammatory activation can lead to fibrotic injury in the peritoneum via the JAK/Signal Transducer And Activator Of Transcription 3 (STAT3) signaling pathway (Fielding et al., 2014; Xiao et al., 2017; Yang et al., 2020b; Yang et al., 2021). Moreover, evidence indicates that the upregulation of IL-17 family cytokines protects the host from infections and chronic inflammation during PD-associated peritoneal injury (Schroder and Tschopp, 2010; Helmke et al., 2021). Long-term continuous exposure to HG PDS leads to mitochondrial ROS production in HPMCs, which subsequently triggers NLRP3 inflammasome activation and IL-1 β secretion (Witowski et al., 2001; Yáñez-Mó et al., 2003; Schroder and Tschopp, 2010; Li et al., 2017). However, ROS can induce autophagy, a self-clearance process that reduces oxidative damage via engulfing and

TABLE 1 Autophagy in peritoneal fibrosis.

Patients	Animals	Cells	Perineal fibrosis models	Fibrosis	Drugs/compound to modulate autophagy	Autophagy activity	References
NO	-	HMrSV5	HGPDS	↓	RSV,3-MA, ATG5 siRNA, Beclin1 siRNA	↑	Li et al. (2017)
NO	C57BL/6 mice	-	CG	↓	Trehalose	↑	Miyake et al. (2020)
NO	Kunming Mice	HPMCs	HGPDS	↓	1,25(OH) ₂ D ₃	↑	Yang et al. (2017)
NO	Rats	Rat PMCs	HGPDS	↓	PI3K inhibitor LY294002 and rapamycin	↑	Jia et al. (2022)
NO	C57BL/6 mice	Patients MCs	HGPDS	↓	Rapamycin	↑	González-Mateo et al. (2015)
NO	C57BL/6 mice	HMrSV5	HGPDS	↓	MCL, rapamycin, ATG7 siRNA	↑	Li et al. (2019b)
NO	BALB/c mice	Mice MCs	HGPDS	↓	Apigenin	↓	Zhang et al. (2018a)
NO	Sprague-Dawley rats	HPMCs	HGPDS and CG	↓	3-MA	↓	Shi et al. (2021)
YES	-	MET-5A	HGPDS	↓	Beclin1 siRNA	↓	Wu et al. (2018)

degrading the oxidized substances (Wu et al., 2016; Li et al., 2021). Timely initiation of autophagy could block the activation of NLRP3-IL-1 β signaling, providing a theoretical basis for a potential therapeutic strategy to suspend inflammation and PF (Li et al., 2017). Resveratrol-induced mitophagy/autophagy by the AMPK pathway may protect against ROS-NLRP3-mediated inflammatory injury in HPMCs (Wu et al., 2016). Research has conclusively demonstrated that HG treatment leads to apoptosis, ROS production, inflammatory activation, and MMT in PMCs via the MAPK/P38 signaling pathway, while 1,25(OH)₂D₃ blocks the above-mentioned changes (Zhang et al., 2012; Yang et al., 2016). A recent study found that 1,25(OH)₂D₃ plays a protective role in HG-induced peritoneal injury by increasing autophagy, possibly via the mTOR signaling pathway (Yang et al., 2017). However, opposing views exist. The blockade of autophagy with 3-MA considerably reduced the inflammatory response and macrophage infiltration via the STAT3/NF- κ B pathway in both PDS and CG-induced rat models (Shi et al., 2021).

4 Conclusion and perspective

In the last decades, many researchers have suggested a strong relationship between the process of PF and autophagy, but the roles and potential mechanisms are not completely clear, probably due to the versatility of autophagy.

Owing to the continuous research on the role of autophagy in the prevention and treatment of diseases, some drugs targeting autophagy have been used for the treatment of cancer, infection-related diseases, and neuropathy. Meanwhile, drugs targeting autophagy, such as mTOR inhibitors (evolutionus and sirolimus), have also been used in the treatment of EPS. However, most of the clinical data on EPS comes from case reports, while the registries and treatments of EPS provide low-quality evidence owing to its rarity, making it difficult to carry out large-scale systematic research on the role of autophagy in EPS. Histone deacetylase (HDAC) inhibitors or lysosomal acidification inhibitors (such as chloroquine and hydroxychloroquine) may also be used for

the regulation of autophagy and are often used in immunotherapy in kidney diseases. However, there is less clinical evidence in PF or peritonitis.

There are several potential aspects of autophagy research in PF. First, the specific mechanism of autophagy in PF and peritonitis needs to be clarified. Selective autophagy, such as mitophagy and macrophagy, may also be involved in PF. Additionally, potential autophagy markers are also attractive. For example, owing to the objective advantages such as simple operation, small invasion, and fast recovery, the ‘pull technology’ for PD catalyst removal is more popular among doctors and patients than the traditional open surgery, which makes it hard to obtain tissue samples. With the simpler, more economical, easier to obtain, and repeatable advantages, peritoneal dialysis fluid, rather than peritoneal tissue, can continuously and remarkably detect autophagy activity and peritoneal fibrosis. Additionally, the application of intervention drugs is equally important. Some autophagy activators can be added to peritoneal dialysis fluid for preventing peritoneal complications. Effective measures should be implemented to promote the transformation of experimental data into clinical practice. Autophagy modulators that can be used to develop novel clinical therapeutic strategies for allaying PF need to be developed to reveal the mechanism of autophagy pathways in PF.

Author contributions

HS, and JY designed and wrote the manuscript. RZ, NA, XC and HY revised the manuscript. HS and CY designed the figures. HS, NA, CY, C-wY, and HL obtained funding. All authors contributed to the article and approved the submitted version

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Comparison between the influence of roxadustat and recombinant human erythropoietin treatment on blood pressure and cardio-cerebrovascular complications in patients undergoing peritoneal dialysis

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Introduction: Roxadustat treatment in PD patients is equivalent to ESAs in increasing hemoglobin (Hb). But blood pressure, cardiovascular parameters, cardio-cerebrovascular complications and prognosis in the two groups before and after treatment has not been sufficiently discussed.

Methods: Sixty PD patients who were treated with roxadustat for renal anemia in our PD center recruited from June 2019 to April 2020 as roxadustat group. PD patients treated with rHuEPO were enrolled at a 1:1 ratio as rHuEPO group using the method of propensity score matching. Hb, blood pressure, cardiovascular parameters, cardio-cerebrovascular complications and prognosis were compared between the two group. All patients were followed up for at least 24 months.

Results: There were no significant differences in baseline clinical data or laboratory values between roxadustat group and rHuEPO group. After 24 months of follow-up, there was no significant difference in Hb levels ($p>0.05$). There were no significant changes in blood pressure, or the incidence of nocturnal hypertension before and after treatment in roxadustat group ($p>0.05$), while blood pressure significantly increased in rHuEPO group after treatment ($p<0.05$). Compared with roxadustat group after follow-up, rHuEPO group had a higher incidence of hypertension, the levels of cardiovascular parameters were worse and cardio-cerebrovascular complications had a higher incidence ($p<0.05$). Cox regression analysis showed age, systolic blood pressure, fasting blood glucose, and rHuEPO use before baseline were risk factors for cardio-cerebrovascular complications in PD patients, while treatment with roxadustat was a protective factor for cardiovascular and cerebrovascular complications.

Conclusion: Compared with rHuEPO, roxadustat had less influence on blood pressure or cardiovascular parameters, and it was associated with a lower risk of cardio-cerebrovascular complications in patients undergoing PD. Roxadustat has a cardio-cerebrovascular protective advantage in PD patients with renal anemia.

KEYWORDS

roxadustat, recombinant human erythropoietin, peritoneal dialysis, blood pressure, cardio-cerebrovascular complications

Introduction

Treatment with erythropoiesis-stimulating agents (ESAs) is an important therapy in peritoneal dialysis (PD) patients with renal anemia (1). When high doses of ESAs were used to raise serum hemoglobin (Hb) and hematocrit to achieve target values, the risk of cardio-cerebrovascular events and death increased (2, 3). Roxadustat is a hypoxia-inducing factor prolyl hydroxylase inhibitor (HIF-PHI), hypoxia-inducing factor (HIF) is a transcription factor that acts as the body's primary oxygen partial pressure sensor, coordinating red blood cell production and Hb response. Roxadustat can be used for the treatment of renal anemia in patients with chronic kidney disease had good effectiveness and safety (4–6).

Recent studies (7, 8) have shown that roxadustat treatment in PD patients is equivalent to ESAs in increasing Hb. A previous study (9) found that compared with ESAs, roxadustat had no significant difference in blood pressure or cardiovascular effects in patients with renal anemia in chronic kidney disease (CKD); however, these comparisons were rarely reported in PD patients.

In this study, we retrospectively compared the effect of roxadustat and recombinant human erythropoietin (rHuEPO) on blood pressure, cardiovascular parameters and cardio-cerebrovascular complications in PD patients with renal anemia.

Material and method

Study design

This retrospective study analyzed renal anemia patients who underwent PD from June 2019 to April 2020 in the PD center of the National Clinical Research Center of Kidney Diseases in China. We enrolled 60 PD patients who were treated with roxadustat via oral administration for renal anemia as roxadustat group and 60 PD patients who were treated with rHuEPO via subcutaneous injection in a 1:1 ratio as rHuEPO group. The two groups were matched 1:1 by clinical data and biochemical data using the method of propensity score matching. Follow-up was finished in March 2022. All patients were followed up for at least 24 months.

Inclusion and exclusion criteria

The inclusion criteria were as follows: (1) 18–80 years old, (2) PD patients with renal anemia, and (3) the treatment with roxadustat or rHuEPO was not interrupted during follow-up.

The exclusion criteria were as follows: (1) history of cardiovascular and cerebrovascular diseases, (2) abnormal liver function, (3) anemia due to hematological system diseases, tumors, rheumatoid diseases, gastrointestinal hemorrhage, and so on, (4) the treatment with roxadustat or rHuEPO was interrupted during follow-up, (5) incomplete clinical data.

Treatment strategy

The initial dose of roxadustat in PD patients weighing between 45 and 60 kg was 100 mg; in patients weighing ≥ 60 kg, the initial dose was 120 mg three times a week according to the instructions. The follow-up dose of roxadustat was adjusted to keep the latter target Hb level. rHuEPO was used according to the degree of anemia, age, initial dose and dose adjustment based on package insert guidelines. The Hb target is 110–120 g/dL, but no more than 130 g/dL. When transferrin saturation (TSAT) $\leq 20\%$ or (and) ferritin $\leq 100 \mu\text{g/L}$, oral iron therapy was the first choice. Iron status was evaluated 1 to 3 months later. The target values of TSAT and serum ferritin were 20–50% and 100–500 $\mu\text{g/L}$, respectively. If the values of TSAT and serum ferritin were not up to the target level, we could treat the patients with intravenous iron. Patients with serum ferritin $\geq 500 \mu\text{g/L}$ should not receive iron supplements. Hb levels were monitored at baseline, 2 weeks, 1 month, 2 months, 3 months, 6 months, 9 months, 12 months, 15 months, 18 months and 24 months; blood pressure and cardiovascular parameters were monitored at baseline and after follow-up, and we observed the occurrence and prognosis of cardiovascular and cerebrovascular complications after follow-up.

Measurements and variable definitions

Measurements: (1) Clinical data included age, sex, weight, height, duration of dialysis, blood pressure, diabetes, medication history, PD modalities, and urine volume, (2) Biochemical data and cardiovascular parameters included serum, dialysate and urine urea nitrogen, creatinine and glucose, serum albumin, Hb, total cholesterol, triglycerides, low-density lipoprotein cholesterol (LDL-C), high-density lipoprotein cholesterol (HDL-C), ferritin, serum iron, total iron-binding capacity, hypersensitive C-reactive protein (CRP), fasting blood glucose, N-terminal pro-brain natriuretic peptide (NT-proBNP), troponin T (TnT), troponin I (TnI) and interventricular septal (IVS), left ventricular posterior wall thickness (LVPW), cardiothoracic ratio (CTR), and left ventricular ejection fraction (LVEF). Laboratory tests were performed at each follow-up visit, echocardiography was performed annually, (3) Cardio-cerebrovascular complications included angina pectoris, myocardial infarction and other coronary heart diseases, heart failure caused by various reasons, atrial fibrillation, atrioventricular block and other arrhythmias, stroke (cerebral infarction, cerebral hemorrhage) which were recorded by diagnosis codes, laboratory and image studies, and (4) The changes in the abovementioned parameters were recorded at baseline and after treatment.

Variable definitions: Renal anemia is defined as anemia caused by impaired production of EPO from the kidney and a hemoglobin level of $< 110 \text{ g/L}$. The control rate of Hb means the proportion of Hb controlled between 110 and 130 g/L. Mean arterial pressure (MAP) is defined as diastolic blood pressure + $1/3$ (systolic blood pressure - diastolic blood pressure), systolic blood pressure and diastolic blood

TABLE 1 Baseline characteristics of PD patients in the two groups.

	Roxadustat (<i>n</i> =60)	rHuEPO (<i>n</i> =60)	<i>p</i> -value
Age (years)	46.6 ± 10.8	49.3 ± 11.2	0.172
Male, <i>n</i> (%)	29 (48.3)	29 (48.3)	1.000
Weight (kg)	58.2 ± 9.9	59.7 ± 10.8	0.411
Duration of dialysis (months)	6.5 (0–23.5)	9.0 (0–24.8)	0.386
MAP (mmHg)	108.1 ± 11.8	107.5 ± 11.7	0.757
Hypertension, <i>n</i> (%)	55 (91.6)	54 (90)	1.000
Diabetes, <i>n</i> (%)	6 (10)	7 (11.7)	1.000
rHuEPO use before, <i>n</i> (%)	27 (45)	29 (55.8)	0.855
Iron treatment, <i>n</i> (%)	50 (83.3)	52 (86.7)	0.799
Initial dialysis, <i>n</i> (%)	27 (45)	25 (41.7)	0.854
PD modalities, <i>n</i> (%)			
CAPD	5 (8.3)	3 (5)	0.717
DAPD	51 (85)	55 (91.7)	0.394
APD	4 (6.7)	2 (3.3)	0.678
Kt/V	1.86 ± 0.5	1.97 ± 0.5	0.217
Ccr (L/1.73m ²)	68.6 ± 27.1	77.6 ± 29.5	0.447
Hb (g/L)	89.6 ± 13.7	90.2 ± 13.5	0.825
Total cholesterol (mmol/L)	4.5 ± 1.1	4.6 ± 1.1	0.517
Triglycerides (mmol/L)	1.7 ± 0.9	1.8 ± 1.0	0.901
HDL-C (mmol/L)	1.1 ± 0.3	1.2 ± 0.4	0.267
LDL-C (mmol/L)	2.5 ± 0.7	2.5 ± 0.8	0.830
Albumin (g/L)	37.6 ± 4.4	38.7 ± 4.6	0.189
Iron metabolism			
Ferritin ≥100 µg/L and TSAT ≥20%, <i>n</i> (%)	31 (51.7)	29 (48.3)	0.855
Ferritin <100 µg/L or TSAT <20%, <i>n</i> (%)	29 (48.3)	31 (51.7)	0.855
hs-CRP (mg/L)	1.1 (0.5–2.2)	1.1 (0.5–2.3)	0.780
Fasting blood glucose (mmol/L)	5.04 ± 0.67	5.14 ± 0.83	0.433

MAP, mean arterial pressure; CAPD, continuous ambulatory peritoneal dialysis; DAPD, daytime ambulatory peritoneal dialysis; APD, automated peritoneal dialysis; Kt/V, weekly urea clearance index; Ccr, weekly creatinine clearance; Hb, hemoglobin; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; TSAT, transferrin saturation; hs-CRP, high-sensitivity C-reactive protein.

pressure were conducted by office, home or ambulatory blood pressure monitoring and we chose the mean value of blood pressure over multiple time points; nocturnal hypertension is defined as a blood pressure value of ≥120/70 mmHg at night (10) which was measured by home and ambulatory blood pressure monitoring; initial dialysis was defined as dialysis time within 3 months at the time of enrolment; TSAT was defined as serum iron/total iron-binding capacity×100%; CTR was defined as cardiac diameter/thoracic diameter in chest X-ray.

Statistical analysis

We used the propensity score matching method to improve the equilibrium between the two groups. Statistical analysis was performed using SPSS statistical software version 26.0 (SPSS Inc., Chicago, IL, United States). Descriptive parametric data consistent with a normal distribution are expressed as the mean ± standard deviation (SD), and nonparametric data are expressed as the median (interquartile range). We used Student's *t*-test and Mann–Whitney

tests to compare continuous variables between the two groups. Categorical variables were expressed as percentages and compared using the χ^2 -test. The univariate Cox regression model was used to calculate the hazard ratio (HR) and 95% confidence interval (CI) of each factor. GraphPad 8.0 software was used to draw the survival curve of cardio-cerebrovascular complications by Kaplan–Meier. The log-rank test was used to compare the survival curve between the two groups. *p* < 0.05 was considered to indicate statistical significance.

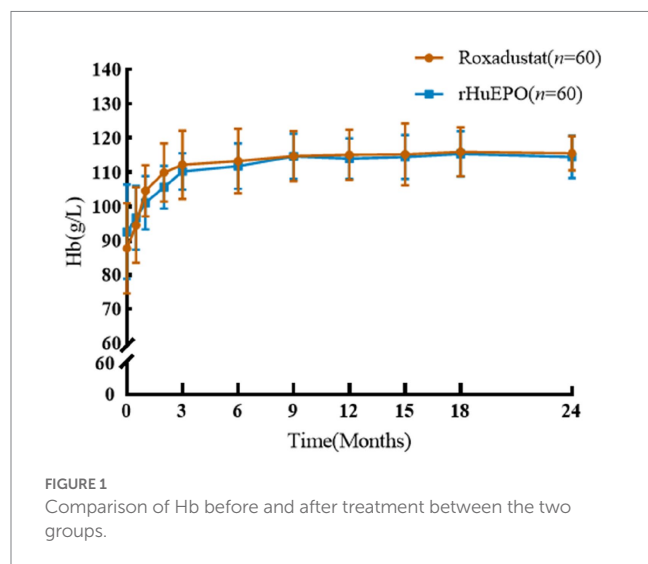
Results

Patient demographics and baseline characteristics

A total of 120 PD patients with renal anemia were included, i.e., 60 PD patients in roxadustat group and 60 PD patients in rHuEPO group. There were no significant differences in clinical and biochemical data at baseline between the two groups of PD patients (*p* > 0.05) (Table 1).

Hb levels

There was no significant difference in Hb between the two groups of PD patients at baseline, and both Hb levels increased significantly after treatment (Figure 1). There was no significant difference in Hb between the two groups at the 24-month follow-up (115.1 ± 5.5 vs. 114.8 ± 6.0 , $p = 0.716$). The control rate of Hb in roxadustat group and rHuEPO group were 90 and 88.3%, respectively ($p > 0.05$).



Blood pressure

There were no significant differences in blood pressure between the two groups at baseline, and there were no significant changes in systolic blood pressure, diastolic blood pressure or nocturnal hypertension in roxadustat group before and after treatment ($p > 0.05$). After 24 months of follow-up, both systolic blood pressure and diastolic blood pressure in rHuEPO group were significantly higher than those at baseline, and the incidence of nocturnal hypertension increased ($p < 0.05$). However, after 24 months of follow-up, systolic and diastolic blood pressure and nocturnal hypertension increased in rHuEPO group compared with roxadustat group ($p < 0.05$) (Table 2).

Cardiovascular parameters and cardio-cerebrovascular complications

There were no significant differences in cardiovascular parameters before and after treatment in roxadustat group ($p > 0.05$). NT-proBNP, TnT, TnI and CTR increased and LVEF decreased in rHuEPO group compared with baseline ($p < 0.05$), but there was no significant change in IVS and LVPW ($p > 0.05$). Compared with roxadustat group, the levels of NT-proBNP, TnT, TnI and CTR in rHuEPO group increased, while LVEF decreased ($p < 0.05$). IVS and LVPW showed no significant difference ($p > 0.05$) (Table 2). Compared with baseline, rHuEPO group had more cardiovascular and cerebrovascular complications after treatment (26.7% vs. 0, $p < 0.05$). Cardiovascular and

TABLE 2 Comparison of blood pressure, cardiovascular parameters between the two groups of PD patients at baseline and after 24 months of follow-up.

	Roxadustat (n = 60)			rHuEPO (n = 60)		
	Baseline variable	After 24 months of follow-up	Change from baseline	Baseline	After 24 months of follow-up	Change from baseline
Systolic blood pressure (mmHg)	131.3 ± 15.9	130.0 ± 12.5	-1.28 ± 13.4	131.1 ± 15.9	$138.1 \pm 14.0^{* \#}$	$7.02 \pm 15.1^{\#}$
Diastolic blood pressure (mmHg)	85.0 ± 10.2	83.1 ± 7.7	-1.93 ± 9.0	83.8 ± 10.1	$89.8 \pm 9.4^{* \#}$	$5.35 \pm 10.8^{\#}$
Nocturnal hypertension, n (%)	8 (13.3)	5 (8.3)	-3 (-5)	7 (11.7)	18 (30) ^{*#}	11 (18.3) [#]
Urine volume (mL)	1,100 (112–1457.5)	1,075 (157.5, 1437.5)	-50 (-100, 0)	1,100 (725–1337.5)	800 (450, 1087.5) ^{*#}	-200 (-487, -50) [#]
Weight (kg)	59.4 ± 9.9	57.8 ± 10.4	-0.4 ± 4.4	60.2 ± 10.8	59.7 ± 11.9	-0.0 ± 6.8
NT-proBNP (pmol/L)	170.2 (56.5, 475.8)	114.3 (34.4, 300.5)	-5.4 (-167.2, 158.5)	119.1 (60.1, 456.3)	424.4 (155.5, 1350.5) ^{*#}	95.3 (-17.2, 494.0) [#]
TnT (ng/mL)	0.019 (0.014, 0.034)	0.027 (0.021, 0.064)	0.007 (-0.004, 0.019)	0.021 (0.0125, 0.036)	0.066 (0.047, 0.0995) ^{*#}	0.048 (0.029, 0.072) [#]
TnI (ng/mL)	0.03 (0.02, 0.03)	0.0275 (0.015, 0.03)	0.005 (0.0015)	0.035 (0.025, 0.04)	0.05 (0.0395, 0.06) ^{*#}	0.02 (0.01, 0.04) [#]
IVS (mm)	9.94 ± 1.52	10.03 ± 1.75	-0.09 ± 1.74	10.26 ± 1.92	10.52 ± 1.53	0.28 ± 1.82
LVPW (mm)	9.94 ± 1.23	10.06 ± 1.85	-0.38 ± 1.40	9.78 ± 1.43	10.1 ± 1.42	0.26 ± 1.94
LVEF (%)	62.8 ± 4.5	63.2 ± 4.8	0.9 ± 6.7	63.8 ± 6.1	$60.9 \pm 4.7^{* \#}$	$-3.3 \pm 7.1^{\#}$
Cardiothoracic ratio	0.48 ± 0.06	0.49 ± 0.04	-0.02 ± 0.05	0.48 ± 0.05	$0.51 \pm 0.07^{*}$	$0.04 \pm 0.06^{\#}$

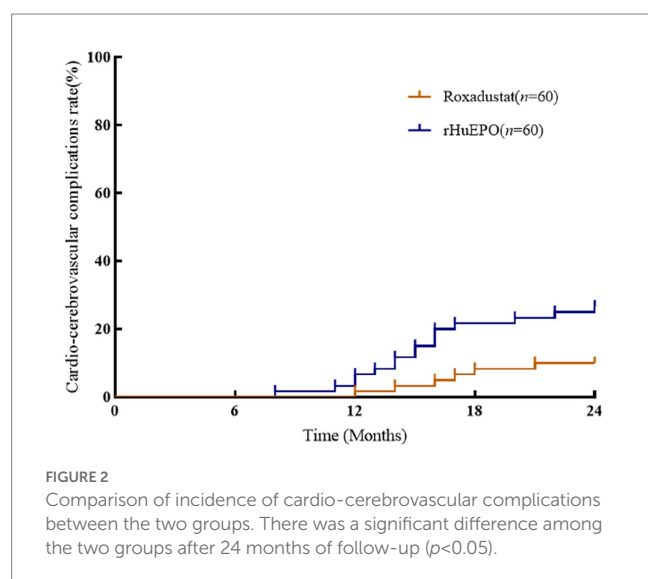
NT-proBNP, N-terminal pro-brain natriuretic peptide; TnT, troponin T; TnI, troponin I; IVS, interventricular septal; LVPW, left ventricular posterior wall thickness; LVEF, left ventricular ejection fraction.

Compared with baseline, ^{*} $p < 0.05$; Compared with roxadustat group, [#] $p < 0.05$.

TABLE 3 Comparison of cardio-cerebrovascular complications and prognosis of PD patients in the two groups during 24 months of follow-up.

Variable	HR	95% CI	<i>p</i>
Age (years)	1.045	1.006–1.086	0.022
Hb (g/L)	1.002	0.971–1.034	0.889
Systolic blood pressure (mmHg)	1.036	1.009–1.065	0.009
Diastolic blood pressure (mmHg)	1.033	0.989–1.079	0.139
Fasting blood glucose (mmol/L)	2.532	1.593–4.024	<0.001
rHuEPO use before	2.620	1.068–6.429	0.035
Roxadustat treatment	0.338	0.132–0.864	0.023
Kt/V	0.619	0.233–1.641	0.335
Ccr (L/1.73 m ²)	0.987	0.972–1.003	0.110
Total cholesterol (mmol/L)	1.151	0.775–1.709	0.485
LDL-C (mmol/L)	1.442	0.736–2.825	0.286
Blood albumin (g/L)	0.942	0.866–1.025	0.167
Hypersensitive CRP (mg/L)	0.950	0.834–1.081	0.436

HR, hazard ratio; CI, confidence interval; Hb, hemoglobin; Kt/V, weekly urea clearance index; Ccr, weekly creatinine clearance; LDL-C, low-density lipoprotein cholesterol; Hypersensitive CRP, hypersensitive C-reactive protein.



cerebrovascular complications increased in the rHuEPO group compared with those in roxadustat group after follow-up (26.7% vs. 10%, $p < 0.05$) (Table 3, Figure 2).

Risk factors for cardio-cerebrovascular complications

Cox regression analysis showed that age, systolic blood pressure, fasting blood glucose, and rHuEPO use before baseline were risk

factors for cardio-cerebrovascular complications in PD patients, while treatment with roxadustat was a protective factor for cardiovascular and cerebrovascular complications (Table 4).

Discussion

Renal anemia is a common complication in patients with CKD and is associated with increased cardiovascular events, hospitalization rates and mortality (11). Roxadustat is an oral HIF-PHI that can stimulate the production of endogenous erythropoietin (EPO) in the human body, and the process is very similar to the physiological regulation process of hypoxia at high altitude. HIF-PHI can increase the sensitivity of EPO receptors and promote iron absorption, which is more conducive to its clinical effect of improving renal anemia (12). Li et al. (13) showed that the effect of HIF-PHI in improving anemia was not affected by the inflammatory state and iron concentration in the human body. However, there have been few studies on the cardiovascular parameters and cardio-cerebrovascular complications of roxadustat. Therefore, this study aimed to observe cardiovascular parameters and cardio-cerebrovascular complications in PD patients to deepen the clinical understanding.

ESAs are direct vasoconstrictors that can raise blood pressure, and can also raise blood pressure by stimulating the production of endothelin, epinephrine, renin, and angiotensin. Furthermore, the effect of ESAs on blood viscosity is also a mechanism of hypertension (14); as a result, after using rHuEPO in clinical practice, PD patients are more likely to develop hypertension. In this study, compared with ESAs, roxadustat can correct anemia without increasing cardiovascular and cerebrovascular burden in PD patients. The lower blood pressure of roxadustat group has a protective effect on cardiovascular and cerebrovascular diseases. These results are related to the mechanism of HIF-PHI. Yu et al. (15) showed that HIF-PHI could reduce hypertension associated with high renin-angiotensin system activity or endothelial nitric oxide synthase (eNOS) deficiency in the angiotensin II (Ang II) hypertensive mouse model. Roxadustat downregulated the expression of angiotensin receptor 1, increased the expression of angiotensin receptor 2, eNOS and HIF1 α protein levels, prevented Ang II-induced oxidative stress, eliminated hypertensive response, and prevented vascular thickening, myocardial hypertrophy and renal injury. HIF-PHI also regulated angiogenesis, glucose metabolism, cell proliferation and apoptosis in an animal model of nephropathy with metabolic syndrome. HIF-PHI increased renal glucose excretion, reduced fat weight, and corrected hypertension. The mechanism of HIF-PHI for lowering blood pressure could be that it induces the transcription of vasodilation-related genes (16). In this study, compared with rHuEPO group, the blood pressure of PD patients in roxadustat group was significantly lower, and the abovementioned mechanisms provide a certain theoretical basis for this result.

Signore et al. (16) showed that the level of NT-proBNP decreased, left ventricular end-diastolic pressure decreased, LVEF increased, cardiac systolic and diastolic function improved, cardiac blood flow and myocardial oxygenation increased, and myocardial hypertrophy, fibrosis, and remodeling decreased in renal anemia rats treated with HIF-PHI. Animal model analysis indicated that HIF-1 plays a key protective role in the pathophysiological mechanism of ischemic heart disease and pressure overload heart failure (17). HIF-1 is a

TABLE 4 Analysis of risk factors for cardiovascular and cerebrovascular complications in PD patients.

	Roxadustat (<i>n</i> =60)	rHuEPO (<i>n</i> =60)
Cardio-cerebrovascular complications, <i>n</i> (%)	6 (10)	16 (26.7)*
Coronary heart diseases, <i>n</i> (%)	1 (1.7)	5 (8.3)
Heart failure, <i>n</i> (%)	3 (5)	6 (10)
Arrhythmia, <i>n</i> (%)	0	1 (2)
Stroke, <i>n</i> (%)	2 (3.3)	4 (6.7)
Changed to HD or combined with HD due to cardio-cerebrovascular complication, <i>n</i> (%)	2 (3.3)	5 (8.3)
All-cause mortality, <i>n</i> (%)	0	1 (1.7)

HD, Hemodialysis; compared with roxadustat group, **p*<0.05.

transcription factor that acts as a major regulator of oxygen homeostasis, it regulates angiogenesis and vascular remodeling, and utilizes oxygen by regulating glucose metabolism and redox homeostasis. In this study, PD patients treated with roxadustat had lower blood pressure and better cardiovascular parameters than those treated with rHuEPO, these results are considered to be related to the mechanism mentioned above.

Provenzano et al. (18) showed that roxadustat did not increase the risk of major adverse cardiovascular events (MACE, including cardiovascular death, myocardial infarction and stroke), MACE+ (MACE, unstable angina and congestive heart failure requiring hospitalization), or all-cause death compared with placebo in 4277 non-dialysis patients with CKD renal anemia. Recent randomized phase 3 trial study compared dialysis patients treated with roxadustat versus rHuEPO, there were no statistically significant differences in cardiovascular events and adverse events between the two groups (19). Barratt et al. (20) found that there were no significant differences in the risk of major adverse cardiovascular events (MACE, including cardiovascular death, myocardial infarction and stroke) and MACE+ (MACE, unstable angina and congestive heart failure requiring hospitalization) in non-dialysed CKD patients with renal anemia when the patients were treated with roxadustat compared with rHuEPO, but subgroup analysis found that roxadustat group had lower rates of hospitalization for congestive heart failure or unstable angina. Provenzano et al. (21) showed that roxadustat reduced the risk of MACE by 30% and MACE+ by 34% in initial dialysis patients compared with rHuEPO, therefore, in the study, roxadustat had a lower risk of MACE/MACE+ compared with rHuEPO in patients new to dialysis. Our study is the first time to compare blood pressure, the cardiovascular parameters and cardio-cerebrovascular complications treated with roxadustat versus rHuEPO only in PD patients. We had a continuous normative dynamic observation on cardio-cerebrovascular parameters and events. The highlight of this study is that roxadustat had a cardio-cerebrovascular protective effect on PD patients. The possible mechanism is that HIF and its family of

proteins regulate an oxygen-dependent signalling cascade, perceive and regulate the hypoxia and ischemia of cardio-cerebrovascular vessels and play a protective role in regulation. In addition, HIF acts on endothelial cells, vascular smooth muscle cells and macrophages, and plays a key protective role in cardio-cerebrovascular atherosclerotic diseases through cell-specific responses (22, 23). Recently, Zhao et al. (24) found that roxadustat in routine treatment doses did not affect platelet production, activation or thrombosis and had significant cardiovascular and cerebrovascular protection advantages compared with ESAs. The cardiovascular protective effect of roxadustat could be observed in the above animal experiments and clinical investigations.

Acet et al. (25) showed that elevated blood glucose was an independent predictor of MACE, and Monami et al. (26) showed that the risk of MACE reduced and renal adverse events correspondingly reduced after blood glucose control. In this study, elevated fasting blood glucose was a risk factor for cardio-cerebrovascular complications in PD patients, suggesting that active control of blood glucose in PD patients is needed to reduce the incidence of cardio-cerebrovascular complications.

However, there are some limitations in this study. It is a retrospective study in a single center. And then the 2 years of follow-up time of cardio-cerebrovascular complications in this study was insufficient. Therefore, the results of this study need to be further validated with longer follow up in a multi-center prospective study.

Conclusion

In this study, compared with rHuEPO in PD patients, roxadustat has less impact on blood pressure and cardiovascular parameters, and the incidence of cardio-cerebrovascular complications is lower. Treatment with roxadustat in PD renal anemia patients offers cardio-cerebrovascular protection, especially in PD patients with cardiovascular complications or elevated cardiovascular parameters, which is worthy of in-depth clinical study and discussion. It is necessary to further increase the sample size and observation parameters to make the research results more objective and comprehensive.

Data availability statement

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author.

Ethics statement

The studies involving human participants were reviewed and approved by the Local Ethics Committee of Jinling Hospital. Written informed consent to participate in this study was provided by the participants' legal guardian/next of kin.

Author contributions

SC, TZ, and LY conceived the study, researched literatures and develop the protocol. YY and SC obtained ethical approval. LY and ZZ performed data analysis. SC, TZ, and LY wrote the first draft of the manuscript. YY approved the final version of this manuscript. All authors contributed to the article and approved the submitted version.

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An observational study on the effect of seasonal variation on peritoneal dialysis patients

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Background: Seasonal variation has an impact on plants, wild animals, and also human beings. Data have shown seasonal variation has a significant impact on patients' fluid status, biochemistry results, and outcomes in hemodialysis populations. The relevant data on peritoneal dialysis is scant.

Methods: This was a cross sectional study. All patients followed up in our center had a peritoneal equilibration test and PD adequacy test every 6 months. All the peritoneal equilibration test and PD adequacy test data were collected during December 2019 to November 2020. The monthly delivery information of the whole center was collected from 2015 to 2019.

Results: There were 366 patients and 604 sets of peritoneal equilibration test and PD adequacy test results in the study. Plasma albumin and phosphate levels were higher in summer. The monthly average outdoor temperature was positively correlated with plasma albumin. There was no seasonal difference in peritoneal dialysis ultrafiltration or urine volume. The percentage of low glucose concentration (1.5%) usage was higher in summer and lower in winter.

Conclusion: Plasma albumin and phosphate levels were higher in summer in PD patients. Weaker glucose peritoneal dialysis dialysate was more widely used in summer. Understanding the seasonal variation of peritoneal dialysis is helpful in individualized treatment.

KEYWORDS

weather temperature, ultrafiltration, protein intake, fluid management, dialysate glucose concentration

Background

Seasonal variation has a wide impact on human beings. It is well known that the mortality rate varies between different seasons. The dominant cause of death is also different between seasons (Keatinge and Donaldson-The Eurowinter Group, 1997). Seasonal effects also vary between different geographical regions. The reasons for seasonal effects are complicated and likely to be a combination of a wide range of issues. Apart from temperature, humidity, and sunlight hours, seasons may also have an impact on food choice and the duration of physical activity (Shephard and Aoyagi, 2009).

For dialysis patients, there is the unique difficulty of maintaining fluid balance. The seasonal effects are likely to be more significant compared with the general population. Studies have shown significant seasonal variation in mortality rates, pre-dialysis systolic blood

pressure, intra-dialysis body weight gain, plasma albumin, and CRP levels in hemodialysis patients (Usvyat et al., 2012; Guinsburg et al., 2015). This phenomenon was first recognized in the early 21st century and further described in single-center, multi-center, and registry data. The seasonal effect on blood pressure is highly consistent among studies. Blood pressure is higher in winter (Sposito et al., 2000; Argiles et al., 2004; Broers et al., 2015). In the MONDO registry data, pre-dialysis blood pressure and intra-dialysis body weight gain were lower in summer, and plasma albumin and CRP levels were higher in winter (Guinsburg et al., 2015). The European data, which was also in the MONDO database, showed that sodium, hemoglobin, and CRP were higher in winter, plasma albumin was lower in autumn, and nPCR was lower in winter (Broers et al., 2015). The bioimpedance results showed that overhydration was more significant in summer compared with winter (Broers et al., 2015).

There is limited data on peritoneal dialysis patients regarding seasonal effects. A single-center study from Taiwan showed seasonal variations in peritoneal dialysis. Plasma sodium, potassium, and albumin were lower in summer, and ultrafiltration in PD was also lower in summer (Chen et al., 2010). The same team further noticed a seasonal variation in dialysate glucose concentration usage. Higher glucose concentration dialysate was less used in summer (Li et al., 2008). A single-center study from Beijing showed seasonal variations in blood pressure, but no change in body composition. The study did not show ultrafiltration, urine volume, or dialysate glucose usage (Cheng et al., 2006).

The current study meant to clarify the seasonal effects on peritoneal dialysis patients in Shanghai, a modern city with a typical maritime climate with four distinct seasons. We observed the seasonal variations of biochemical results, membrane function, ultrafiltration volume, and dialysate glucose usage.

Methods

Study design and patient population

All patients followed up in our center underwent a first PET test and dialysis adequacy test between 4 and 6 weeks after PD started and then every 6 months. Extra PET tests and dialysis adequacy tests were done if clinically relevant, e.g., unexpected reductions of ultrafiltration or clinical manifestations. All the patients who underwent PET tests and dialysis adequacy tests between December 2019 and November 2020 and who gave consent were enrolled in the study. Only the baseline and 6-month test data were analyzed. The biochemical results, membrane function, and dialysis adequacy data were recorded. In total, 366 patients underwent at least one PET test and 604 sets of data were included in the study.

Volume management policy of the center

The patients came to their outpatient clinic monthly. The patient's fluid status was evaluated through their blood pressure, body weight change, and edema status. Bioimpedance, BNP, and other relevant tests were conducted if needed. For patients with fluid overload, furosemide would be increased to 100 mg qd for patients with a urine volume of more than 200 mL per day, before increasing

the glucose concentration in the dialysate prescription. For those with daily fluid removal of more than 800 mL per day (urine volume and dialysate ultrafiltration), fluid restriction education would be repeated and emphasized. Their prescribed dialysate regimes may have been change during the clinic visits and then the relevant dialysate shipment was arranged.

Data collection

The clinical data were collected from the clinical electronic records system. Historical temperature date was retrieved from www.weather.com.cn. The shipment information including dialysate glucose concentration was recorded. To show the seasonal variations of the cohort's dialysate glucose consumption, the monthly shipment records from 2015 to 2019 were analyzed in the study.

Statistical analysis

Numerical variables that followed normal distribution were described as mean \pm SD. Numerical variables that did not follow normal distribution were described as median (interquartile range). The correlation between the monthly average temperature and other parameters were identified using Pearson's correlation. The difference between seasons were estimated using one-way ANOVA. IBM SPSS statistics 20 was the software used for the study.

Results

Seasonal variation and biochemical profiles

For analyzing purposes, March, April, and May were defined as spring; June, July, and August were defined as summer; September, October, and November were defined as autumn; and December, January, and February were defined as winter.

The seasonal variations of the biochemical profiles are shown in Table 1. Plasma albumin was higher in summer. Phosphate levels were also higher in summer. Hemoglobin levels were lower in spring compared with autumn. There was a positive correlation between the monthly average temperature and plasma albumin. The correlation between phosphate was nearly statistically significant ($r = 0.075$ $p = 0.066$). (Table 2).

There was no statistical correlation between the monthly average temperature and daily UF or urine volume (Table 3). As showed in Figures 1, 2, there was a significant seasonal variation in glucose usage. In summer, low glucose concentration dialysate (1.5%) was more widely used than in winter.

Discussion

Seasonal variation has a general impact on plants, animals, and human beings. It has been recognized for a long time. It is not clear how it affects certain populations, in which ways, and to what extent. The current study showed that low glucose concentration dialysate was used in summer. Plasma albumin and phosphate were higher in summer.

TABLE 1 Description of seasonal variations in biochemical profiles.

	Spring	Summer	Autumn	Winter	<i>p</i>
Albumin (g/L)	37.99 ± 4.33	39.26 ± 4.33	38.13 ± 4.34	37.57 ± 4.24	0.008**
Ca++ (mmol/L)	2.26 ± 0.22	2.25 ± 0.20	2.26 ± 0.21	2.24 ± 0.22	0.904
<i>p</i> (mmol/L)	1.67 ± 0.44	1.78 ± 0.48	1.60 ± 0.48	1.70 ± 0.47	0.010**
Hgb (g/L)	107.69 ± 18.94	111.63 ± 17.86	114.59 ± 17.95	111.50 ± 18.37	0.009**
Sodium (mmol/L)	140.16 ± 3.30	140.84 ± 2.67	140.63 ± 3.58	140.61 ± 3.08	0.259
hsCRP (mg/L)	2.2 (0.6,7.8)	2.0 (0.8,5.6)	2.2 (0.8,6.3)	2.7 (1.0,6.4)	0.19
4 h UF (mL)	320 (210,420)	330 (215,440)	300 (185,425)	325 (215,425)	0.377
Daily UF (mL)	498 (223,803)	530 (155,860)	528 (185,815)	373 (63,723)	0.263
Urine volume (mL)	285 (0,900)	300 (0,1000)	250 (0,900)	300 (0,1100)	0.52
D/Pcr4h	0.66 ± 0.10	0.67 ± 0.10	0.66 ± 0.09	0.65 ± 0.11	0.65

p* < 0.01, *p* < 0.01.

TABLE 2 The correlation between monthly average temperature and biochemical profiles.

	Mean ± SD	Monthly mean maximum temperature		Monthly mean minimum temperature	
		<i>r</i>	<i>p</i>	<i>r</i>	<i>p</i>
Age (year)	57.05 ± 15.27	—	—	—	—
Male (%)	60.38	—	—	—	—
Alb (g/L)	38.26 ± 4.35	0.085*	0.039	0.086*	0.036
Ca++ (mmol/L)	2.56 ± 0.21	−0.002	0.955	−0.007	0.861
<i>p</i> (mmol/L)	1.69 ± 0.47	0.067	0.1	0.075	0.066
Hgb (g/L)	111.18 ± 18.45	0.014	0.742	0.021	0.608
Sodium (mmol/L)	140.54 ± 3.19	0.034	0.409	0.042	0.303
hsCRP (mg/L)	2.26 (0.77,6.42)	−0.052	0.207	−0.056	0.176

p* < 0.01, *p* < 0.01. Lower glucose concentration dialysate in summer.

TABLE 3 The correlation between monthly average temperature and fluid removal.

		Monthly mean maximum temperature		Monthly mean minimum temperature	
		<i>r</i>	<i>p</i>	<i>r</i>	<i>p</i>
D/Pcr4h	0.66 ± 0.10	0.005	0.903	0.006	0.89
4 h UF (mL)	315 (200,428)	0.016	0.715	0.015	0.731
Daily UF (mL)	495 (158,815)	0.049	0.231	0.054	0.189
Urine volume (mL)	300 (0,1000)	0.045	0.273	0.042	0.309

Lower glucose concentration dialysate in summer

We found that lower glucose concentration dialysate was more frequently used in summer. This result is similar to the findings from the Taiwan cohort (Chen et al., 2010). The authors also found lower

plasma sodium levels and less daily UF in summer. We did not find this change in our cohort. Extra sodium loss through sweat may be the reason for the low sodium levels in summer. Fluid loss from sweat is also a pathway for fluid removal in dialysis patients. We did not collect blood pressure data in the study. From the study in hemodialysis, blood pressure in summer was lower than in winter.

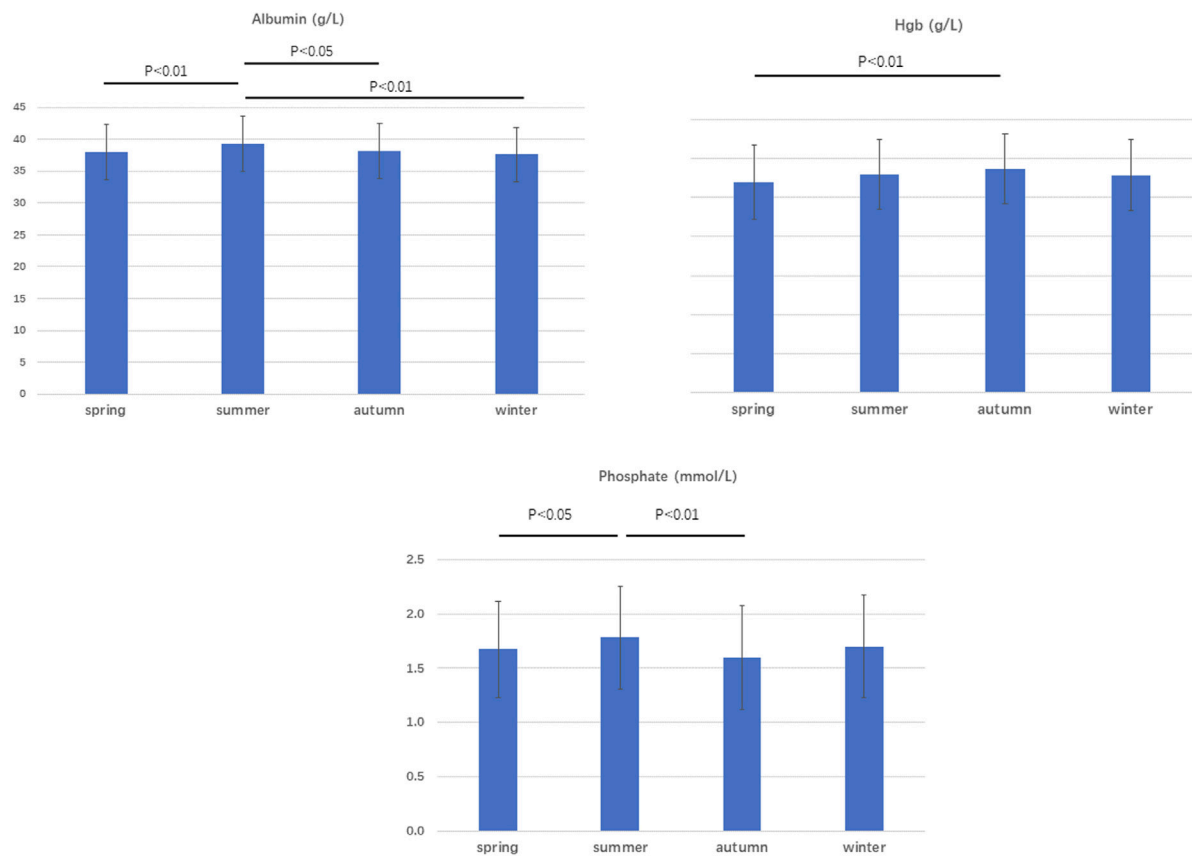


FIGURE 1
Plasma albumin, phosphate, and Hgb levels according to season.

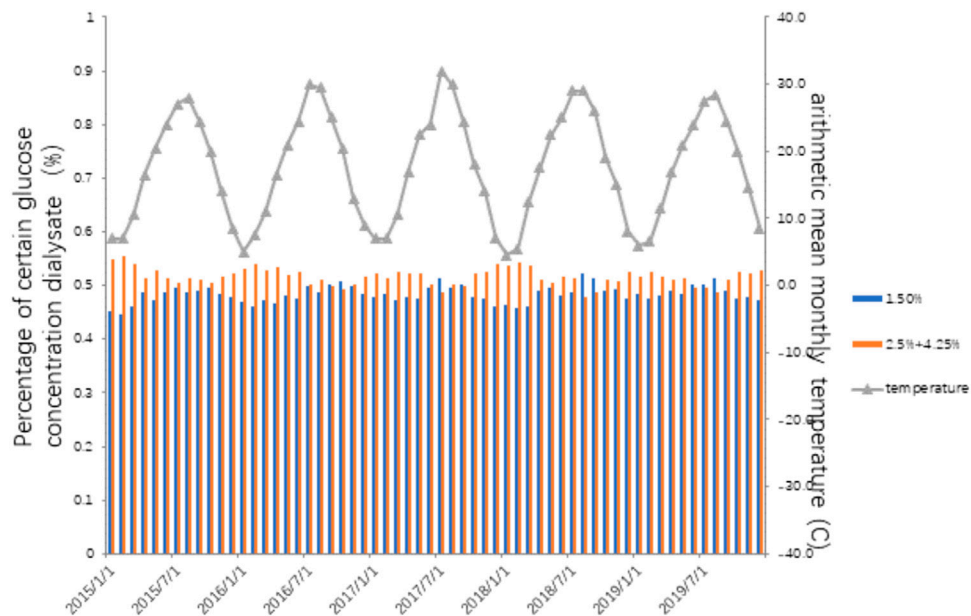


FIGURE 2
The relationship between monthly average temperature and dialysate glucose concentration.

Extra fluid and sodium loss from sweat may have a significant effect on ESRD patients.

Higher plasma albumin and phosphate in summer

The peak of albumin levels has appeared in different seasons in different studies. In the current study, plasma albumin was higher in summer. In the Taiwan cohort, plasma albumin was negatively correlated with outdoor temperature (Li et al., 2008). In the MONDO database, the European data showed plasma sodium, hemoglobin, and CRP were higher in winter. Plasma albumin was lower in autumn and higher in spring (Broers et al., 2015). In the MONDO registry system, plasma albumin was higher in winter and CRP was also higher in winter (Guinsburg et al., 2015). In the current study, CRP levels were lower in summer and there was a negative correlation between plasma albumin and CRP. The higher albumin level may be a result of less inflammation in summer.

On the other hand, plasma albumin also reflects nutritional status to some degree. Similar to the current study, no studies with a similar focus has detailed food intake data available. It is difficult to get direct evidence to show the relationship between plasma albumin and food intake in different seasons. We also found the phosphate levels were higher in summer. This may reflect a higher protein intake in summer. The seasonal effect on food intake is complicated. Major holidays may relate to high protein intake. Furthermore, the type of food available may be different in different seasons. Weather temperature may also have impact on appetite. In all, the seasonal effect may be different between cultures and geographical locations.

Improving patient management

Seasonal changes affect the human body in many ways. The reactions vary among different disease situations. Understanding the specific effects of seasonal changes on peritoneal dialysis patients, who have special difficulties in fluid balance, can help improve patient management and patient outcomes. In summer, considering the additional sweat loss of patients, relevant prescription changes can avoid volume deficiency and the related loss of residual renal function.

Relevance in clinical trials

Seasonal variations should also be considered when designing clinical trials and when interpreting study results. For clinical studies

with long enrollment periods crossing different seasons, block randomization should be considered to avoid the impact of seasonal variation on the results (Lin et al., 2015). A balanced number of patients can be enrolled into different groups within short time periods. For clinical studies with observational periods across different seasons, the interpretation of specific variables should fully consider the impact of seasonal variation itself to avoid bias.

Data availability statement

The raw data supporting the conclusion of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving human participants were reviewed and approved by the Shanghai Jiaotong University School of Medicine, Renji Hospital Ethics committee. The patients/participants provided their written informed consent to participate in this study.

Author contributions

ZY and LD contribute equally to the study. ZY and LD designed the study and wrote up the manuscript. YH and JH collected most of the data. WF, LG, and ZN helped in discussion and interpret the data. QW finalized the study design and the manuscript. All authors contributed to the article and approved the submitted version.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Association between anemia-related biomarkers and the adequacy of peritoneal dialysis in Chinese patients with chronic kidney disease

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Objectives: The study aimed to examine the association of three anemia-related biomarkers with the adequacy of peritoneal dialysis (PD) in patients with chronic kidney disease (CKD).

Methods: This study included 127 PD patients. The total Kt/V urea (Kt/V) was calculated according to the Kidney Disease Outcomes Quality Initiative (K/DOQI) guidelines. All patients were classified into two groups based on Kt/V, viz., adequate (Kt/V ≥ 1.7) and inadequate (Kt/V < 1.7) groups. Effect sizes are expressed as odds ratios (ORs) and 95% confidence interval (CI).

Results: After adjusting for age, gender, hypertension, diabetes, and PD duration, 20 g/L increment in hemoglobin (Hgb) was observed to significantly reduce the risk of inadequate PD by 19% (OR; 95% CI; P: 0.81; 0.70 to 0.95; 0.009), 5 g/L increment in the mean corpuscular hemoglobin concentration (MCHC) by 7% (0.93; 0.88 to 0.98; 0.009), and 5% increment in transferrin saturation (TS) by 23% (0.77; 0.64 to 0.94; 0.012). The gender-specific nomogram model was constructed by incorporating three significant anemia-related biomarkers and convenient influencing factors, and the prediction accuracy was good (concordance index (C-index): 0.686 for men and 0.825 for women).

Conclusion: Our findings indicate that the deterioration of three anemia-related biomarkers (Hgb, MCHC, and TS) can precipitate the development of inadequate PD in Chinese patients with CKD.

KEYWORDS

chronic kidney disease, peritoneal dialysis, Kt/V urea, anemia, nomogram

Introduction

Chronic kidney disease (CKD) is a chronic disorder of public health importance affecting approximately 1/10 of adults worldwide (Yang et al., 2020a; Kovesdy, 2022). Echoing the high global burden of CKD, along comes kidney replacement therapy, which is expected to increase over the coming decade. Yet, due to the scarcity of organs for transplantation and healthcare cost of hemodialysis, as well as lack of hemodialysis centers, peritoneal dialysis

(PD), a form of home dialysis, is gaining popularity. Global statistics reveal an estimated 272,000 PD patients, accounting for 11% of dialysis patients (Li et al., 2017; Bartosova and Schmitt, 2018; Yang et al., 2020b; Himmelfarb et al., 2020; Thurlow et al., 2021). In China, the number of PD patients in 2017 was 86,264, which increases annually (Wilkie and Davies, 2018; Yang et al., 2021).

In patients with CKD, PD can meet the requirements of clearing uremic toxins and reaching an acid–base balance, as well as removing excess fluids (Chan et al., 2019). Dialysis adequacy should be monitored at regular intervals. It is widely acknowledged that the urea clearance index, Kt/V urea (Kt/V), is a key index of dialysis adequacy, and its minimum target value is recommended to be 1.7 according to the Kidney Disease Outcomes Quality Initiative (K/DOQI) and the International Society for Peritoneal Dialysis (ISPD). The calculation of Kt/V, which requires 24-h peritoneal dialysate and 24-h urine samples, is usually impractical in outpatients, which inspires us to seek other reliable and convenient biomarkers that can be used as predictors for the dialysis adequacy status.

It is widely recognized that renal anemia is a common complication of uremic patients, and patients with a lower Kt/V level require more erythropoietin to manage anemia. Several studies showed that patients with the total Kt/V level maintained below 1.70 as a lower level in hemoglobin indicated inadequate PD (Lo et al., 2003; Liu et al., 2022). In patients with persistently low hemoglobin levels, Li proposed that urea clearance should be optimized for a better range of Kt/V (Li et al., 2003). Other studies indicated that anemia-related biomarkers, such as the mean corpuscular hemoglobin concentration (MCHC) and transferrin saturation (TS), varied in CKD patients (Gaftner-Gvili et al., 2019). As such, it is reasonable to speculate that renal anemia may serve as a promising harbinger of dialysis inadequacy. The medical literature has as of yet failed to reveal sufficient evidence to support this speculation.

To fill this gap in knowledge and produce more references for future studies, we aimed to examine whether anemia-related biomarkers, both individually and as a nomogram, can potentially predict the risk of inadequate PD in patients with CKD.

Methods

Study design

The conduct of this study was reviewed and approved by the ethics committees of the Beijing Hospital of Traditional Chinese Medicine, conforming to the principles of the Declaration of Helsinki. All participants provided their informed consent prior to their participation in the study.

Inclusion criteria

All study participants were Chinese adults who had PD catheter placement and regularly visited the Department of Nephrology at the Beijing Hospital of Traditional Chinese Medicine. This is a retrospective study conducted from September 2017 to October 2022. For consistency, the most recent PD adequacy assessment was recorded from the study participants.

Exclusion criteria

Initially, 142 patients were recruited in this study, and 15 of them were excluded due to the following reasons: 1) being under hemodialysis or after kidney transplantation; 2) recently experiencing significant changes in their weight; 3) having PD-related peritonitis occurrence in the last 3 months; 4) being diagnosed with diabetic ketoacidosis, acute cardiovascular events, or other severe disorders, including tumors; 5) having no consultation records for 3 months. Finally, 127 eligible patients with complete data were analyzed in this study.

Demographic information

In addition to the age and gender, the diagnoses of hypertension and diabetes mellitus were also performed at the time of enrollment. Hypertension was defined as having a systolic blood pressure value of ≥ 140 mmHg, diastolic blood pressure value of ≥ 90 mmHg, or the current use of antihypertensive agents (Writing Group of 2010 Chinese Guidelines for the Management of Hypertension, 2011). Diabetes mellitus was defined as having a fasting plasma glucose value of ≥ 7.0 mmol/L or taking hypoglycemic drugs or receiving parenteral insulin therapy (American Diabetes Association, 2013).

Clinical biomarkers

The collection of clinical biomarkers initiated from October 2022. Venous blood was taken in the fasting state. The total Kt/V value was calculated using the formula recommended in K/DOQI. Hemoglobin (Hgb) and the mean corpuscular hemoglobin concentration were measured using a hematology analyzer. Furthermore, the corresponding reference ranges used for Hgb were 115–150 g/L in women and 120–160 g/L in men. The MCHC was in a range of 316–354 g/L. Percentage of transferrin saturation was calculated by dividing serum iron by the total iron-binding capacity and multiplying the result by 100. TS ranged from 20% to 55%. Creatinine concentrations were determined by the enzymatic method, and urine microalbumin was determined by the immunoturbidimetric method. All assays were conducted at the Clinical Laboratory, Beijing Hospital of Traditional Chinese Medicine.

Based on the ISPD and K/DOQI guidelines, participants were classified into two groups according to total Kt/V, viz., adequate (Kt/V ≥ 1.7) and inadequate (Kt/V < 1.7) groups.

Statistical analyses

Normally distributed variables are expressed as the mean (standard deviation), skewed variables as the median (interquartile range), and categorical variables as the count (percent). The χ^2 tests for categorical variables and Wilcoxon rank-sum tests for continuous variables were used to assess the differences in demographic data and clinical biomarkers between the two groups.

TABLE 1 Baseline characteristics of the study participants in the retrospective study.

Characteristic	Overall	Adequate group	Inadequate group	P
Sample size	127	76	51	
Male (n, %)	81 (63.8)	40 (52.6)	41 (80.4)**	0.001
Age (years)	58.26 (13.57)	59.68 (13.10)	56.14 (14.11)	0.122
Diabetes (n, %)	60 (47.2)	34 (44.7)	26 (51.0)	0.491
Hypertension (n, %)	92 (73.0)	52 (69.3)	40 (78.4)	0.261
PD duration (years)	2 [1, 3]	2 [1, 2]	2 [1, 3]	0.106
Kt/V	1.73 [1.57, 1.99]	1.96 [1.84, 2.17]	1.54 [1.44, 1.63]**	<0.001
Scr (μmol/L)	898.20 [727.10, 1,160.25]	829.15 [704.47, 1,006.23]	1,040.50 [806.00, 1,231.80]**	0.001
BUN (mmol/L)	18.77 [15.78, 22.06]	17.45 [14.52, 21.36]	19.56 [16.35, 22.48]*	0.036
Dialysate nitrogen	16.16 (4.94)	15.60 (4.61)	17.05 (5.45)	0.294
Hgb (g/L)	115.50 [108.00, 124.75]	115.50 [108.00, 126.00]	115.00 [104.75, 123.25]	0.545
HCT (%)	34.25 [32.02, 37.27]	34.20 [32.20, 37.62]	34.25 [31.77, 37.10]	0.186
MCV (fL)	90.2 [84.1, 95.2]	90.9 [83.3, 95.7]	89.8 [84.3, 95.6]	0.637
MCH (pg)	30.1 [28.2, 33.2]	29.0 [28.3, 33.4]	30.2 [28.0, 33.1]	0.138
MCHC (g/L)	334.12 (7.93)	334.41 (8.24)	333.69 (7.50)	0.620
TS (%)	26 [19, 32]	28 [22, 32]	22.00 [14, 29]**	0.006
Fer (μg/L)	277 [177, 380]	298.00 [211, 404]	234.00 [172, 360]	0.141

Abbreviations: Kt/V, total Kt/V urea; Scr, serum creatinine; BUN, blood urea nitrogen; Hgb, hemoglobin; HCT, hematocrit; MCV, mean corpuscular volume; MCH, mean corpuscular hemoglobin; MCHC, mean corpuscular hemoglobin concentration; TS, transferrin saturation; Fer, ferritin. Data are expressed as the mean (standard deviation), median (interquartile range), number, or percentage, wherever appropriate.

To assess the prediction of anemia-related biomarkers with the risk of inadequate PD, logistic regression analysis was performed before and after adjusting for confounders. Gender, age, hypertension, diabetes mellitus, and PD duration were *a priori* balanced in logistic regression analyses. The gender differed significantly between the two groups ($p = 0.001$) in an unadjusted model. Hypertension control was reported as the preserve of the residual kidney function, which had an impact on the calculation of total Kt/V (Mathew et al., 2016). In many studies related to peritoneal dialysis, diabetes mellitus was considered as a factor that may have an influence on the results (Author Anonymous, 1996; Rocco M. et al., 2000; Wang et al., 2003). A younger age and diabetes were reported as significant risk factors for hyperphosphatemia in PD patients (Imtiaz et al., 2017), indicative of inadequate PD. PD, as a form of home dialysis, has a requirement of proficient operation and patience during daily dialysis. As for PD duration, it is reported that the function of the peritoneal membrane and the residual renal function may change rapidly in the first 2 years (Davies et al., 2001), which is the reason why the PD duration was taken into consideration. The effect-size estimate is denoted using odds ratios (ORs) and 95% confidence interval (95% CI).

The calibration capability was assessed using the $-2 \log$ likelihood ratio test, the Akaike information criterion (AIC), and the Bayesian information criterion (BIC) to inspect how closely the prediction probability for the addition of significant anemia-related biomarkers reflected the actual observed risk and the global fit of the modified risk model. In addition, decision curve analysis reflects the net benefit of adding anemia-related biomarkers. In this curve, the

X-axis denotes thresholds for the risk of inadequate PD, and the Y-axis denotes net benefits on different thresholds. Furthermore, the area under the receiver operating characteristics curve (AUROC) was also calculated for each model.

The nomogram model was constructed using the “RMS” package in the R programming environment (version 3.5.2), and the predictive accuracy was reflected by the concordance index (C-index). Statistical power was calculated by using power and sample size calculations (PS) software version 3.0.7. Unless otherwise stated, STATA software version 16 (StataCorp, College Station, TX, USA) was used for data cleaning and statistical analyses. Without prior notice, the statistical significance was set at a probability of less than 5%.

Results

Baseline characteristics

Table 1 presents the baseline characteristics of the study participants in this study. Of 127 patients involved, 76 were in the adequate group (as controls) and 51 were in the inadequate group (as cases). The gender differed significantly between the two groups ($p = 0.001$). Distributions of age and PD duration, as well as percentages of hypertension and diabetes, were comparable. As for anemia-related biomarkers, only TS was significantly higher in cases than that in controls ($p = 0.006$).

TABLE 2 Risk prediction of three anemia-related biomarkers for inadequate peritoneal dialysis.

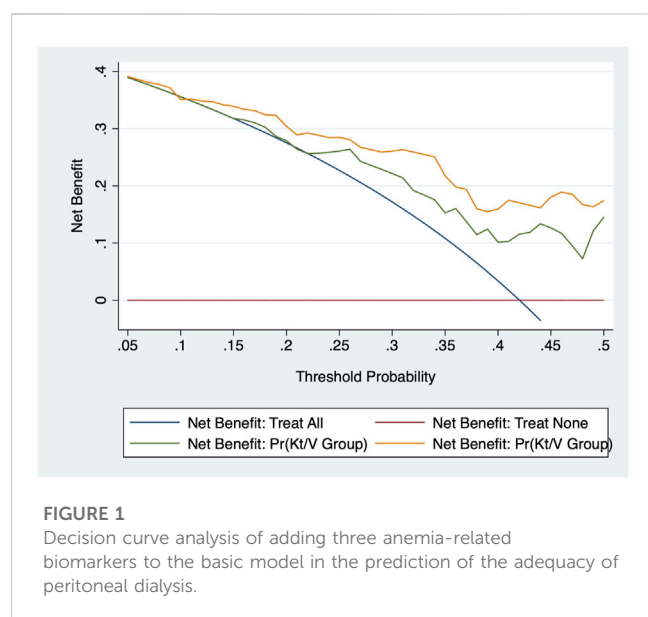
Significant risk factor	Odds ratio; 95% confidence interval; P	
	Before adjustment	After adjustment
Hgb (per 20 g/L increment)	0.92, 0.86 to 0.98, 0.014	0.81, 0.70 to 0.95, 0.009
MCHC (per +5 g/L increment)	0.97, 0.96 to 0.99, 0.019	0.93, 0.88 to 0.98, 0.009
TS (per +5% increment)	0.91, 0.83 to 0.99, 0.042	0.77, 0.64 to 0.94, 0.012

Abbreviations: Hgb, hemoglobin; MCHC, mean corpuscular hemoglobin concentration; TS, transferrin saturation; OR, odds ratio; 95% CI, 95% confidence interval.

TABLE 3 Prediction accuracy gained by adding three anemia-related biomarkers to the basic model for inadequate peritoneal dialysis.

Calibration and discrimination statistics	Basic model	Full model
AIC	164.1	82.3
BIC	175.5	97.9
LR test (χ^2)	14.08	
LR test (P)	0.003	
AUROC (95% CI)	0.819 (0.719; 0.919)	0.719 (0.594; 0.844)
ROC (P)	0.085	

Abbreviations: AIC, Akaike information criterion; BIC, Bayesian information criterion; LR, likelihood ratio. The basic model included age, gender, diabetes mellitus, hypertension, and duration of peritoneal dialysis.



Predicting inadequate PD

Table 2 shows the risk prediction of anemia-related biomarkers under study for inadequate PD. After balancing age, gender, hypertension, diabetes mellitus, and PD duration, 20 g/L increment in Hgb was observed to significantly reduce the risk of inadequate PD by 19% (0.81; 0.70 to 0.95; 0.009), 5 g/L increment in the MCHC by 7% (0.93; 0.88 to 0.98; 0.009), and 5% increment in TS by 23% (0.77; 0.64 to 0.94; 0.012). In view of the statistical

significance, power estimation revealed that the aforementioned association was convincing, with the power being over 80%.

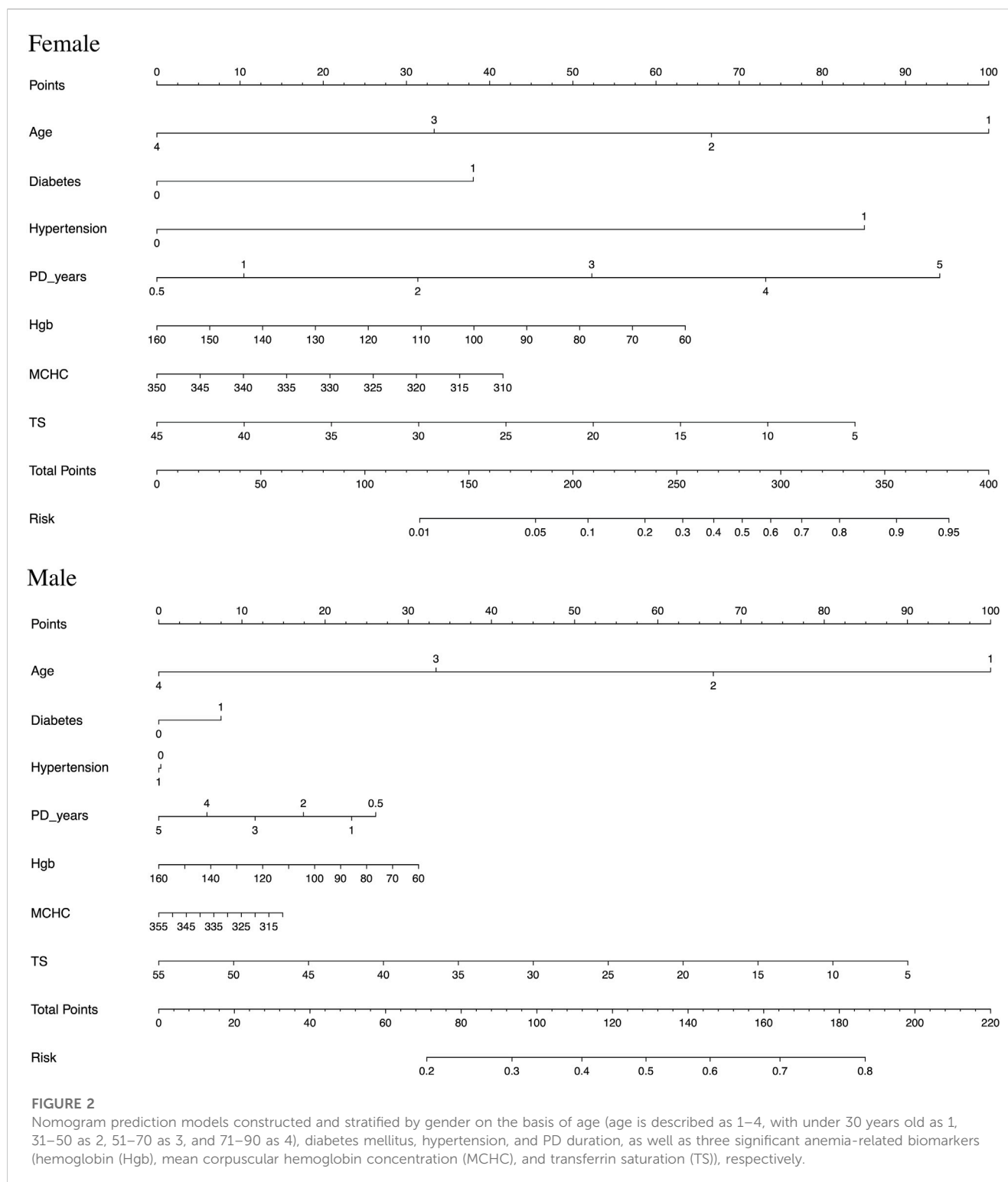
Prediction accuracy assessment

Table 3 shows the prediction accuracy driven by adding anemia-related biomarkers to the basic model (including age, gender, diabetes mellitus, hypertension, and PD duration). As for calibration, a reduction in both the AIC and BIC statistics was greater than 10 after adding biomarkers to the basic model. In addition, the likelihood ratio test revealed the significance to be at a level of 3%, which was further confirmed by decision curve analysis (Figure 1) and the AUROC.

Nomogram model

To facilitate clinical application, a nomogram model was constructed upon being stratified by gender, as illustrated in Figure 2. The prediction model was constructed on the basis of age, diabetes mellitus, hypertension, and PD duration, as well as three significant anemia-related biomarkers. This model was featured by a decent accuracy, as reflected by both the C-index (0.686 for men and 0.825 for women) and calibration curves after bootstrapping 1,000 repetitions (Supplementary Figure S1).

For example, assuming a woman aged 60 years old with diabetes mellitus and hypertension, PD for 3 years, Hgb of 90 g/L, MCHC of 315 g/L, TS of 15%, and her total points being 350, then the probability of experiencing inadequate PD was estimated to be nearly 90%.



Discussion

The aim of this retrospective study was to examine the prediction of anemia-related biomarkers for inadequate PD in patients with CKD. Our key findings are that the deterioration of three anemia-related biomarkers (Hgb, MCHC, and TS) can precipitate the development of inadequate PD in Chinese

patients with CKD. To the best of our knowledge, this is, thus far, the first report that has evaluated the prediction of anemia-related biomarkers for inadequate PD among Chinese adults.

Some studies have examined the association between anemia and PD adequacy, whereas the results of these studies are inconsistent and inconclusive. For instance, a randomized

prospective cohort in Hong Kong showed that patients with their total Kt/V maintained below 1.70 had lower levels of Hgb and more severe anemia (Lo et al., 2003). A significant correlation between anemia-related biomarkers and the total Kt/V was demonstrated in a study in Czech Republic, which made a conclusion that the relationship between anemia and blood purification is best expressed using the Kt/V index in PD patients (Opatrny et al., 1999). In addition, data from the Healthcare Financing Administration (HCFA) ESRD Core Indicators Project indicated that people in PD with lower Kt/V tend to have significantly lower mean hematocrit values, with a greater proportion of patients having a hematocrit level of less than 28% (Rocco M. V. et al., 2000). A retrospective cohort study in China demonstrated that PD patients with dialysis inadequacy had lower Hgb levels (Li et al., 2003). However, a study from Canada reported that Kt/V provided by PD did not seem important in the improvement of anemia (Ossareh et al., 2003). The reasons behind these conflicting findings are manifold. The first reason might be due to the differences in study populations. Mounting evidence suggests that inter-individual differences in anemia parameters have been linked in part to genetic polymorphisms in dialysis patients (Girndt et al., 2006; Kopp and Winkler, 2018). The second reason might be related to unaccounted residual confounding, which might yield a possible selection bias. The third reason is that the contribution of any individual biomarkers to reflect the level of Kt/V and the adequacy of PD is likely to be small, considering the complex nature of PD (Li and Szeto, 2003; Ryckelynck et al., 2012).

The important finding of this study is that TS differed significantly between patients in the adequate and inadequate groups, which is rarely reported in the medical literature. This finding is biologically plausible. TS can reflect a soluble transferrin receptor, which is a biomarker of erythropoiesis and is often impaired in dialysis patients (Gafer-Gvili et al., 2019). There is also evidence that TS can reflect the levels of anemia in PD patients and can further indicate the inadequacy of dialysis (Yavuz et al., 2004; Chung et al., 2012; Belo et al., 2019). Moreover, further regression analyses revealed that an increase in Hgb, MCHC, and TS levels was independently and significantly associated with the reduced risk of inadequate PD in patients with CKD. In light of the cross-sectional nature of this study, our findings support the candidacy of anemia-related biomarkers in the development of inadequate PD among patients with CKD.

Because of the complicated profiles of inadequate PD in patients with CKD, the contribution of individual biomarkers may be small or dependent on the presence of other biomarkers. The majority of studies in this field focused on single biomarkers, while disregarding other relevant biomarkers and overlooking their joint contribution. In this study, we not only assessed the association of anemia-related biomarkers with inadequate PD individually but also jointly in the form of a nomogram. In view of the marked gender differences in the incidence of inadequate PD among patients with CKD, we separately constructed nomogram models for anemia-related biomarkers and the risk of substandard Kt/V by gender, and both models were featured through decent prediction accuracy. For practical reasons, these nomogram models can be routinely applied in clinical practice to facilitate clinical decision-making and the personalized management of PD.

Several possible limitations should be acknowledged for this study. First, the cross-sectional data on this study preclude further comments on the cause-effect relationship between anemia-related biomarkers and Kt/V, and all study participants were recruited from one center, requiring further external validation. Second, some unmeasured characteristics of study subjects, such as dietary habits, might confound the association of anemia-related biomarkers with PD (Finkelstein et al., 2011). Third, all study participants were enrolled from a single center, which might yield a possibility of population stratification and limit the extrapolation of our conclusions. We agree that future studies that examined the implication of anemia-related biomarkers in inadequate PD are encouraged.

In spite of these limitations, our findings indicate the deterioration of three anemia-related biomarkers (Hgb, MCHC, and TS) can precipitate the development of inadequate PD in Chinese patients with CKD. Importantly, we have constructed a nomogram model based on anemia-related biomarkers for predicting inadequate PD, which can help provide evidence for medical decision-making and arguments for future research work on anemia as candidate monitors. Meanwhile, we hope that further investigations on the molecular mechanisms linking anemia-related biomarkers and PD inadequacy are warranted.

Data availability statement

The raw data supporting the conclusion of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving human participants were reviewed and approved by the ethics committees of the Beijing Hospital of Traditional Chinese Medicine. The patients/participants provided their written informed consent to participate in this study.

Author contributions

W-JZ and W-QN planned and designed the study, and directed its implementation. W-JZ and W-QN drafted the protocol. X-GZ and M-CL obtained statutory and ethics approvals. Y-SL and QL contributed to data acquisition. J-LL and F-QC conducted statistical analyses. JZ and ZC carried out the data preparation and quality control. J-LL, ZC, and W-QN wrote the manuscript. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphys.2023.1170537/full#supplementary-material>

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A review of research progress on mechanisms of peritoneal fibrosis related to peritoneal dialysis

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Peritoneal dialysis (PD) is an effective alternative treatment for patients with end-stage renal disease (ESRD) and is increasingly being adopted and promoted worldwide. However, as the duration of peritoneal dialysis extends, it can expose problems with dialysis inadequacy and ultrafiltration failure. The exact mechanism and aetiology of ultrafiltration failure have been of great concern, with triggers such as biological incompatibility of peritoneal dialysis solutions, uraemia toxins, and recurrent intraperitoneal inflammation initiating multiple pathways that regulate the release of various cytokines, promote the transcription of fibrosis-related genes, and deposit extracellular matrix. As a result, peritoneal fibrosis occurs. Exploring the pathogenic factors and molecular mechanisms can help us prevent peritoneal fibrosis and prolong the duration of Peritoneal dialysis.

KEYWORDS

peritoneal dialysis, peritoneal fibrosis, EMT, TGF- β 1, mechanism

1 Introduction

The peritoneum is made up of a single layer of mesoderm-derived mesothelial cells and a thin layer of connective tissue consisting of a dense subepithelial band. The dense band, composed mainly of collagen fibre bundles, along with some lymphocyte tubes, fibroblasts, mast cells, macrophages, and capillaries, plays a crucial role in maintaining the function and structure of the peritoneum (Bajo et al., 2017). The peritoneal natural semipermeable membrane is responsible for ultrafiltration and solute diffusion during dialysis by converting solutes and water and removing metabolites while maintaining water and electrolyte balance.

Peritoneal dialysis is a cost-effective method of dialysis (Li et al., 2017) that is gaining international attention. However, various nonphysiological factors in the dialysate, such as hyperosmolality, hyperglycaemia, low pH, glucose degradation products (GDPs), and advanced glycosylation end products (AGEs), can lead to chronic stimulation and damage of the peritoneum in PD patients, causing peritoneal sclerosis. Peritoneal fibrosis has always been a hot topic of research. Here, we provide an overview of how factors such as inflammation, oxidative stress, glucose metabolism, and hypoxia mediate peritoneal fibrosis through cytokine generation and molecular pathway activation.

2 EMT induced by TGF- β

Epithelial-mesenchymal transition (EMT) is a complex biological process characterized by the gradual loss of epithelial-specific markers, such as E-cadherin and zonula occludens-1, and the acquisition of a fibroblast phenotype expressing fibroblast-specific protein 1 (FSP1)

and α -smooth muscle actin (α -SMA). This process is accompanied by changes in cellular behaviour and the production of extracellular matrix (ECM) (Kalluri and Neilson, 2003).

The exact mechanisms underlying the EMT of peritoneal mesothelial cells remain unclear, but they are thought to involve the interaction of cytokines, inflammatory factors, and transcription regulators. Evidence suggests that Smad and non-Smad signalling pathways induced by TGF- β 1 play a dominant role in the EMT of peritoneal fibrosis (Lho et al., 2021). In the early phase of fibrosis, glucose, GDPs, and advanced glycosylation end products (AGEs) can upregulate type I and type II TGF- β receptors in mesothelial cells (Suryantoro et al., 2023) by activating protein kinase C- α (PKC- α) (Wang et al., 2016). TGF- β 1 signalling activates the phosphorylation of Smad2 and Smad3 via type I TGF- β receptors, and Smad2/Smad3 are transported to the nucleus, where they directly bind to DNA and regulate the transcription of target genes, including Snail, collagen, α -SMA, fibronectin, CTGF, β -catenin, plasminogen activator inhibitor-1 (PAI-1), and matrix metalloproteinase-2 (MMP2), promoting fibrosis (Derynck and Zhang, 2003; Hirahara et al., 2009; Xiao et al., 2010; Lei et al., 2012; Zhang et al., 2022a; Huang et al., 2022; Masola et al., 2022) (Figure 1). Smad1/5/8 proteins activated by ALKs in response to BMP (bone morphogenetic proteins) one to four or other ligands are also transported to the nucleus to regulate the transcription of target genes (Balzer, 2020). In addition to the Smad-dependent signalling pathway, there are also various non-Smad signalling pathways involved in the process of fibrosis, such as PI3K/Akt, c-Jun N-terminal kinases (JNK), Wnt/ β -catenin, and ERK/NF- κ B (Liu et al., 2012; Jang et al., 2013; Zhang et al., 2013; Lamouille et al., 2014).

Numerous studies have reported various initiating factors in epithelial-mesenchymal transition (EMT). For instance, caveolin-1 has been proposed to play a critical role in EMT associated with peritoneal fibrosis in patients with Parkinson's disease (Strippoli et al., 2015). Furthermore, overexpression of insulin-like growth factor 1 receptor (IGF-1R) has been linked to the promotion of EMT in human peritoneal mesothelial cells (Xia et al., 2022). These findings have expanded our understanding of potential strategies for preventing and treating EMT.

3 Inflammation

Inflammation is a frequent underlying cause of peritoneal fibrosis in patients with PD. While it can be directly induced by pathogenic microorganisms, peritoneal inflammation may also result from the accumulation of uraemia toxins, mechanical stress on blood vessel walls, ageing, and complications of diabetes (Cueto-Manzano et al., 2007). In PD patients, an increase in the number of peritoneal macrophages suggests chronic peritoneal inflammation, even in the absence of acute peritonitis.

The inflammatory response is a complex process involving multiple molecular mechanisms, inflammatory mediators, and signalling pathways. The peritoneum can be damaged by various factors, activating macrophages and neutrophils that mediate NF- κ B signalling pathways via Toll-like receptors (TLRs) and release numerous inflammatory cytokines, such as IL-6, IL-1 β , IL-8, and TNF- α , leading to peritoneal fibrosis (Kato et al., 2004). TLRs can

also activate the downstream molecules of JNK, p38MAPKs, and ERK1/2 through the MyD88 signalling pathway, promoting the expression of proinflammatory cytokines. In addition, the NLRP3 inflammasome, a cellular complex composed of proteins, can activate the cysteine-dependent aspartate-directed proteolytic enzyme and induce the production of IL-1 and IL-18, resulting in inflammatory responses (Hautem et al., 2017) (Figure 1). IL-6 plays a crucial role in regulating inflammation and can be secreted by macrophages, monocytes, and human peritoneal mesothelial cells. Exposure to dialysate and IL-1 β can trigger the release of IL-6, which has been reported to increase proportionally with the glucose concentration in the dialysate (Milan Manani et al., 2016; Yang et al., 2020). IL-6, along with soluble IL-6 receptors, can facilitate the synthesis and secretion of MCP-1, MCP-3, and IL-8, as well as adhesion molecules and angiogenesis factors (Salgado et al., 2002; Bellón et al., 2011). IL-17, mainly produced by Th17 cells and $\gamma\delta$ T cells, was detected in peritoneal biopsies of PD patients but not healthy subjects (Rodríguez-Díez et al., 2014). IL-17 can promote the production of ELR + CXC chemokines in mesothelial cells, such as CXCL1 and CXCL8. Furthermore, it is believed that IL-17 might directly stimulate mesothelial cells to produce VEGF via an unidentified mechanism (Witowski et al., 2018).

In addition, recent studies have begun to focus on the cyclic GMP-AMP synthase (cGAS)-stimulator of interferon genes (STING) pathway (Decout et al., 2021; Zhang et al., 2022b). Inflammation leads to damage to mitochondrial DNA (mtDNA), which can be released into the cytoplasm under cellular stress and recognized by various DNA sensing mechanisms, including TLR-9, cytoplasmic cGAS-STING signalling, and inflammasome activation, which can result in the development of fibrosis, as well as pathological angiogenesis and endothelial-to-mesenchymal transition (Wang et al., 2022a; Wang et al., 2022b). In the future, there may be more research on peritoneal fibrosis related to peritoneal dialysis that focuses on the cGAS-STING pathway.

4 Regulation of epigenetic genes

The role of epigenetic modifications in fibrosis has garnered increasing recognition. Epigenetic regulation mainly includes DNA methylation, histone modification, and noncoding RNA regulation. It is widely believed that DNA methylation of cytosine-phosphate-guanine (CpG) dinucleotide sites near the gene promoter leads to target gene silencing. In 2017, Kim et al. found that DNMT1 (DNA methyltransferase 1) inhibits RASAL1 protein expression by promoting hypermethylation of RASAL1 (Ras GTPase activating-like protein 1), which in turn upregulates the expression of TGF- β 1 and accelerates peritoneal thickening *in vivo* in experiments with encapsulating peritoneal sclerosis rats (Kim et al., 2014). Histone methylation has also been implicated in PF, as Maeda et al. demonstrated that the expression of H3K9 histone methyltransferase and H3K4 methyltransferase can exacerbate the thickening of the submesothelial compact zone (Maeda et al., 2017). Recent studies have also linked high expression of EZH2 (Zeste homologue enhancer 2) with peritoneal fibrosis, possibly through the activation of profibrotic signalling pathways (Wang et al., 2020; Shi et al., 2022).

Furthermore, there is a growing body of evidence indicating that different types of noncoding RNAs, including microRNAs (miRNAs) and long-chain noncoding RNAs (lncRNAs), are involved in the transcription of genes that regulate peritoneal fibrosis (Liu et al., 2019) (Figure 1). Studies have suggested that certain miRNAs, such as miR-129-5p and miRNA-302c, have a protective effect on the peritoneum during dialysis, while others, such as miRNA-30b, miRNA-23, and miRNA-21, can exacerbate peritoneal fibrosis (Xiao et al., 2015; Morishita et al., 2016a; Hirai et al., 2017; Lopez-Anton et al., 2017; Yanai et al., 2018; Zhang et al., 2019). The functions of miRNAs are diverse and complex, primarily involving the regulation of gene expression through interactions with DNA, RNA, proteins, or their combinatorial interactions involved in transcriptional and posttranscriptional regulation (Guo et al., 2020). Some researchers also believe that lncRNAs, such as BC049991 and AK080622, may participate in peritoneal fibrosis by influencing heat shock protein 72 (HSP72) (Bergmann and Spector, 2014). Additionally, lncRNA AV310809 promotes TGF- β 1 by activating the Wnt2/ β -catenin signalling pathway, which induces EMT in human peritoneal mesothelial cells (Bergmann and Spector, 2014). While circular RNAs (circRNAs) have been implicated in organ fibrosis, such as cardiac fibrosis, liver fibrosis, and pulmonary fibrosis (Li et al., 2019; Yousefi and Soltani, 2021), relatively little is known about their involvement in peritoneal fibrosis. It is possible that circRNAs may be involved in peritoneal fibrosis by inducing EMT, but further research is needed to determine the specific principles and molecular mechanisms.

5 Autophagy and apoptosis

Autophagy is a double-edged sword. On the one hand, it can be activated by cells to prevent organelle damage caused by reactive oxygen species (ROS) under certain external stimuli. However, it may also induce epithelial apoptosis or EMT. Studies have shown that autophagy initiation can prevent peritoneal tissue damage by blocking NLRP3/IL-1 β -mediated inflammasome activation (Wu et al., 2016) (Figure 1).

Normally, autophagy activation and inhibition are in balance, and excessive activation or inhibition can lead to oxidative stress, inflammatory damage, and even fibrosis. In fact, it has been reported that rapamycin, an autophagy inducer, stimulates mTOR signalling in peritoneal mesodermal cells activated by hyperglycaemia, reducing EMT and improving peritoneal fibrosis (Wu et al., 2018). Conversely, high glucose peritoneal dialysate has been shown to induce autophagy and fibrosis in human peritoneal mesothelial cells (Wu et al., 2018). This may be involved in EMT, the proinflammatory response, and angiogenesis by regulating the TGF- β /Smad3, EGFR/ERK1/2, STAT3/NF- κ B, and β -catenin axes (Shi et al., 2021), suggesting that autophagy plays a role in peritoneal fibrosis.

Autophagy is reported to contribute to apoptosis as type II programmed cell death via autodigestive cellular progression or extracellular stimulation (Ghavami et al., 2015; Zou et al., 2016). Some researchers have reported that high-glucose peritoneal dialysate induces Beclin 1-dependent autophagy in human peritoneal mesoepithelial cells (HPMCs) and that autophagy inhibition reduces EMT, fibrosis and apoptosis in HPMCs

(Wu et al., 2018). It has also been suggested that promoting mitochondrial synthesis and inhibiting apoptosis can improve peritoneal fibrosis (Li et al., 2022).

6 Pseudohypoxia and angiogenesis

Angiogenesis is considered to be a significant factor in peritoneal ultrafiltration failure (Schilte et al., 2009). Neovascularization increases the effective surface area for solute exchange and decreases osmotic pressure driven by glucose from the peritoneal dialysate, resulting in a decrease in ultrafiltration volume. Neovascularization is often associated with hypoxia in physiological or pathological states (Lei et al., 2012). Peritoneal mesenchymal cells overmetabolize glucose, leading to pseudohypoxia with increased NADH-NAD⁺ (oxidized-reduced nicotinamide dinucleotide ratio) in the cytosol (Krediet and Parikova, 2022) (Figure 1). This ratio promotes the expression of hypoxia-inducible factor-1 (HIF-1), which is one of the most important regulators in the hypoxia response. HIF-1 can regulate the transcription of various genes, mediate the occurrence of EMT, and thus participate in peritoneal fibrosis. YANG et al. have suggested that the activation of the HIF-1 α /STAT3 signaling pathway is the main contributor to EMT of mesenchymal cells induced by high glucose, and that knockdown of HIF-1 α could alleviate the EMT and fibrosis process (Yang et al., 2021). Yoshiyuki et al. found that hypoxia can promote the expression of HIF-1 α , Snail-1, VEGF, and MMP-2 in rat mesenchymal cells, which induces EMT, and that HIF-1 α inhibitors can diminish fibrosis by suppressing the expression of these factors (Morishita et al., 2016b). VEGF is a key player in peritoneal angiogenesis, and studies have shown that peritoneal dialysis solution with glucose is related to the growth of VEGF (Zweers et al., 2001). GDPs in PD solution can induce the formation of AGEs, and the AGE (RAGE) receptor plays a profibrotic role by mediating the activation of VEGF to induce capillary angiogenesis and promoting TGF- β -induced EMT (De Vriese et al., 2006; Boulanger et al., 2007). Angiogenesis is regulated by cell growth factors such as VEGF and basic fibroblast growth factor (bFGF), as well as statins such as angiostatin and endostatin (ES) (Kakuta et al., 2005; Tanabe et al., 2007; Nakao et al., 2010).

Apart from VEGF, several other factors contribute to peritoneal neovascularization. Aquaporin-1 (AQP 1), which is responsible for fluid transport, plays a vital role in angiogenesis and endothelial cell migration (Saadoun et al., 2005). Angiotensin 2 (Ang-2) is an angiogenic factor that has been found to be involved in peritoneal neovascularization in rats with EPS (Io et al., 2004). Prostaglandin E2 and MCP-1 enhance epithelial cell migration and induce the transcription of angiogenesis-related genes, contributing to angiogenesis (Ito et al., 2000; Xiao et al., 2010). Moreover, peritoneal smooth muscle cells are activated after infection and induce the formation of new blood vessels by producing proangiogenic factors such as TGF- β , fibroblast growth factor, VEGF, tumour necrosis factor- α , and IL-8 (Aroeira et al., 2005). Inflammatory factors such as IL-1 β and IL-6 may also participate in neovascularization by stimulating endothelial progenitor cell proliferation and inducing VEGF synthesis (Rosell et al., 2009; Catar et al., 2017).

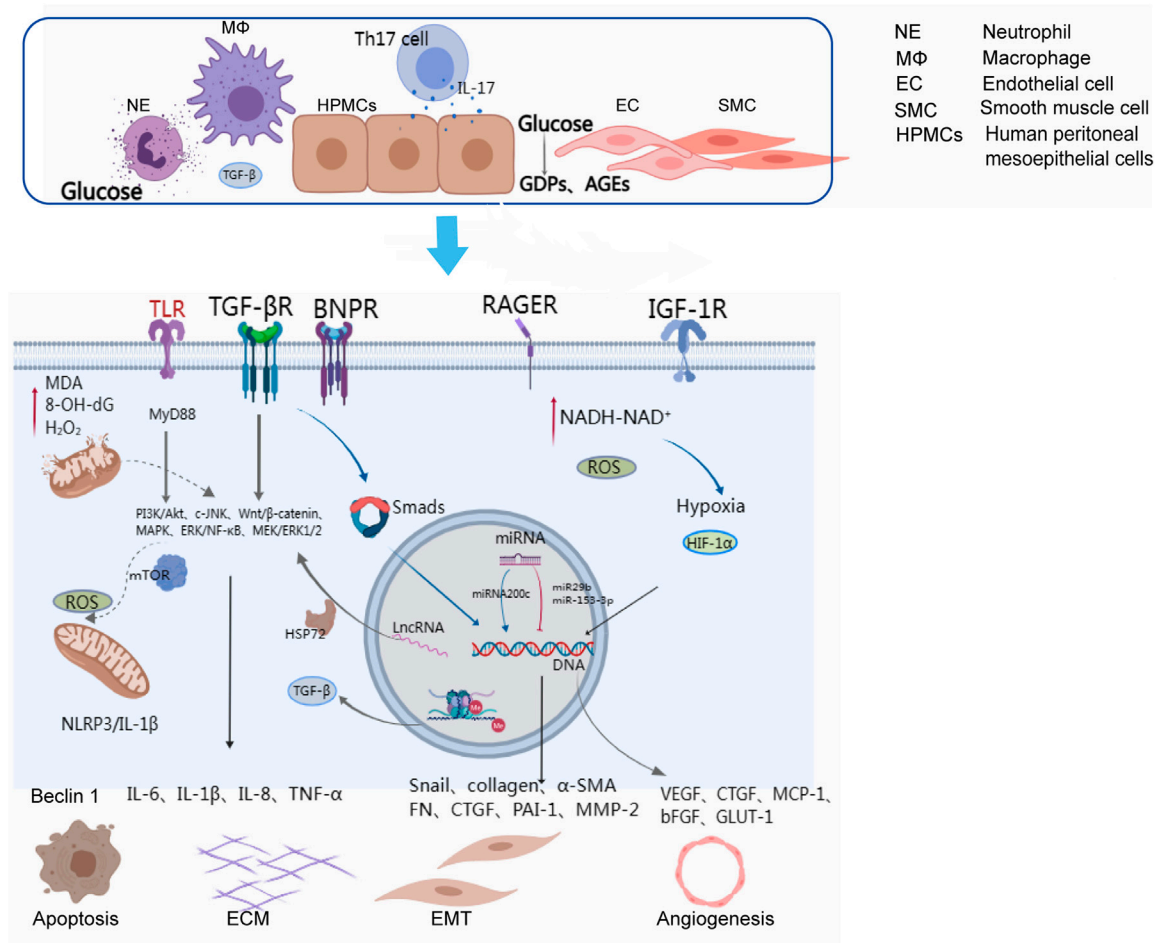


FIGURE 1
Cells and activated molecular pathways involved in peritoneal ultrafiltration failure.

7 Oxidative stress and glucose metabolism

Oxidative stress is a common occurrence in patients with chronic kidney disease (CKD) and its severity increases with the progression of the disease (Dounousi et al., 2006). In patients undergoing peritoneal dialysis, oxidative stress is mainly attributed to the bioincompatibility components of the peritoneal dialysis fluid, such as high glucose concentration, acidic pH, high osmolarity (Liakopoulos et al., 2017) and uraemic toxins (Castoldi et al., 2010). The accumulation of glucose degradation products (GDPs) in the peritoneum triggers the formation of excessive advanced glycation end products (AGEs), reactive oxygen species (ROS), and advanced oxidized protein products (AOPPs). The main pathway of ROS formation is through increased glucose oxidative metabolism triggered by GDPs and AGEs. The accumulation of AGEs in the peritoneal dialysis fluid promotes the expression and accumulation of specific multiligand transmembrane receptors, known as RAGE, in the peritoneum (Figure 1). These receptors induce morphological modifications of intracellular proteins, which alter the structure of the extracellular matrix (ECM) composition and the receptors expressed on the peritoneal cell membrane.

Finally, ROS are produced when AGEs and AGE-modified proteins closely integrate with RAGE. Furthermore, ROS mediate the activation of proinflammatory factors, cytokines, transcription factors and growth factors, contributing to downstream aberrant gene transcription and apoptosis (Roumeliotis et al., 2020).

Si et al. found that PD fluid indeed induces metabolic reprogramming in the mouse peritoneum through conducting gene expression profiling and metabolomics analyses. Specifically, this reprogramming is characterized by a state of hyperglycolysis (Si et al., 2019). Correcting the metabolic state in mesothelial cells may be a therapeutic approach to treating peritoneal fibrosis (Si et al., 2019; Fu et al., 2022). GLUTs and SGLTs are involved in glucose transport and energy metabolism (Onishi et al., 2015; Han et al., 2022). The presence of high glucose levels in peritoneal dialysis fluid can potentially stimulate the expression of GLUT1 and SGLT1, leading to enhanced glucose absorption and a reduction of the osmotic gradient for ultrafiltration (Schröppel et al., 1998; Hong et al., 2016). Unfortunately, this process can ultimately contribute to the development of peritoneal fibrosis. With the continuous emergence of new hypoglycaemic drugs, some have found that SGLT-2 inhibitors reduce the absorption of glucose in peritoneal dialysate by inhibiting the activity of SGLT-2 (Zhou et al., 2019).

They also significantly reduce the concentration of TGF- β , peritoneal thickening and fibrosis, and microvascular density, thus improving ultrafiltration (Balzer et al., 2020; Shentu et al., 2021). However, considering that the primary target of SGLT inhibitors in oral formulations is the renal tubules, it may be necessary to create more dosage forms, such as those that can be administered by intraperitoneal injection or added to peritoneal dialysis fluid, to improve peritoneal fibrosis.

8 Conclusion

In general, there are many factors involved in the development of peritoneal fibrosis in patients with abdominal dialysis, and the molecular signalling pathways involved are also complex, with interactions and influences on each other. Several factors are recognized for their importance in the development of peritoneal fibrosis in patients with PD. The most important is the use of traditional biocompatible peritoneal dialysis, which contains high glucose concentrations and glucose degradation products. Growth factor TGF- β 1 is transformed by inducing many profibrotic events, including epithelium-mesenchymal transformation, fibroblast proliferation, and extracellular matrix deposition, playing a central role in peritoneal fibrosis. A solution containing high glucose stimulates the synthesis of TGF- β 1 by activating protein kinase C in peritoneal cells and induces TGF- β type I and type II receptors, which induce various fibrosis-related signalling molecular transport pathways, including Smad-dependent and Smad-independent signalling pathways. Increasing studies on epigenetic regulation, hypoxic stimulation, and neovascularization are beginning to confirm their involvement. Peritonitis promotes peritoneal fibrosis through inflammatory factors such as IL-1 β and IL-6, exacerbating the chronic induction of TGF- β 1 synthesis (Kang et al., 1999), and promoting fibrosis events. Among the many factors involved in peritoneal fibrosis, EMT, the inflammatory response, autophagy, epigenetic regulation, and neovascularization are the dominant factors in fibrosis, of which TGF- β 1 plays an important role in the activation of various signalling pathways, the induction of inflammatory factors, and the hypoxia stress response. Correspondingly, many scholars increasingly emphasize the proposed peritoneal mesothelial cell markers that reflect the inflammatory state of the peritoneum and the degree of fibrosis, and the application of clinical evaluation of peritoneal ultrafiltration function is an important part of the evaluation of the treatment effect. Carbohydrate antigen CA125, CTGF, suppression of tumorigenicity 2, MMP-2, and microRNAs (Mizutani et al., 2010; Ge et al., 2012; Barreto et al., 2013; Krediet and Struijk, 2013; Kim et al., 2019) are some of the

biomarkers that have been proposed thus far, and the specificity and sensitivity of their diagnosis still need to be confirmed by more studies. Based on the above-related precipitating factors in the final treatment, the proposed peritoneal fibrosis treatments mainly include the use of biocompatible dialysate, tyrosine kinase inhibitors, inflammatory factor blockers, renin-angiotensin system inhibitors, and immunosuppressants, but most of these are still being studied in animal experiments or early clinical studies and are not widely used in clinical practice. In the future, more research is needed to further supplement the research targets and specific and detailed molecular mechanisms related to peritoneal fibrosis, and more clinical therapeutic drug intervention experiments will make greater contributions to delaying peritoneal fibrosis and providing more effective abdominal dialysis therapy for patients with PD.

Author contributions

JL crafted and authored the manuscript, while YL contributed valuable ideas, and JPL meticulously revised and thoroughly reviewed the document. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Microbacterium spp. peritonitis in patients undergoing peritoneal dialysis: a single-center experience and literature review

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Introduction: Peritoneal dialysis-related peritonitis (PDRP) caused by *Microbacterium spp.* is very rare, with only 9 cases reported to date. In this study, we report the treatment experiences of 7 patients at our peritoneal dialysis center.

Methods: We retrospectively collected clinical characteristics and antibiotic management of all 7 episodes of PDRP caused by *Microbacterium spp.* in 7 patients from at our center over 4 years, and reviewed the documented *Microbacterium spp.* PDRP in the literature.

Results: Empiric antibiotic therapy was initiated as soon as possible, and consisted of intraperitoneal (IP) gentamicin in combination with vancomycin. After up to 5 days, gentamicin was changed to meropenem if the treatment was not effective. The intended course of antibiotic treatment was 21-day. Totally, 6 episodes were cured (85.7%), which was higher than reported.

Conclusion: The 21-day antibiotic therapy program by combining vancomycin and meropenem may benefit the management of *Microbacterium spp.* PDRP.

KEYWORDS

Microbacterium spp., peritoneal dialysis (PD), peritonitis, vancomycin, meropenem

Introduction

Peritoneal dialysis (PD)-related peritonitis (PDRP) is a significant complication in patients undergoing PD, leading to hospitalization, catheter loss, technique failure, conversion to hemodialysis, and death (1). *Microbacterium spp.* is a genus of aerobic Gram-positive bacteria present in the environment, characterized by rod-shaped Gram-positive bacilli that are non-sporulating, acid-resistant, aerobic, and weakly anaerobic, primarily undergoing respiratory metabolism with occasional weak fermentation. Their nutritional requirements are complex. PDRP caused by *Microbacterium spp.* is rare, with only nine cases reported to date. In this study, we summarized the treatment experiences of the seven *Microbacterium* species episodes at our center and reviewed previously reported cases, trying to explore potential approaches that may benefit the cure rate of *Microbacterium spp.* peritonitis.

Materials and methods

We reviewed the records of PDRP cases identified as *Microbacterium spp.* infections at the center of the First Affiliated Hospital of Xi'an Jiaotong University from January 2019 to April 2023. Clinical and demographic data included age, gender, and ESRD cause. For the *Microbacterium spp.* peritonitis episodes, we also collected precise data on *Microbacterium* species and potential risk factors, such as catheter-related infection, body mass index (BMI), and personal exposure including keeping domestic pets, weeding or growing crops, and Charlson Comorbidity Index [CCI, the CCI index assigns 1 point for the history of myocardial infarction, congestive heart failure, peripheral vascular disease, cerebrovascular disease (transient ischemic attack or cerebrovascular accident with minor or no residual), dementia, chronic pulmonary disease, connective tissue disorder, peptic ulcer disease, mild liver disease, and diabetes without end-organ damage; 2 points for hemiplegia, moderate-to-severe renal disease, diabetes with end-organ damage, tumor without metastases, leukemia, lymphoma, and myeloma; 3 points for moderate-to-severe liver disease; and 6 points for metastatic solid tumor or acquired immunodeficiency syndrome. For every decade over 40 years of age, 1 point is added to the score] (1). Additionally, PD duration, residual glomerular filtration rate (rGFR), catheter-related infections, clinical features of peritonitis, and both blood and dialysate examination results, including blood cell counts, serum albumin, serum potassium, C-reactive protein (CRP), procalcitonin (PCT), effluent white blood cell count, and microbiologic causes, were retrospectively collected.

Peritonitis was diagnosed according to the peritonitis definition in the 2022 International Society for Peritoneal Dialysis (ISPD) guidelines. *Microbacterium spp.* peritonitis was enrolled based on dialysate culture. To increase the yield of peritoneal effluent culture, we directly inoculated the effluent into rapid blood culture bottle kits (aerobic and anaerobic, BacT/Alert, bioMérieux, Inc., Basingstoke, UK). Our center has not provided drug sensitivity results due to limited technical experience. According to the ISPD guidelines, we initiated empiric antibiotic therapy as soon as possible. All patients enrolled in the outpatient service received intermittent IP gentamicin at a dose of 0.6 mg/kg/d, up to a maximum of 40 mg in one PD exchange, in combination with IP vancomycin (administered at a dose of 15 mg/kg of body weight rounded to the nearest 500 mg to the longest dwell bag for at least 6 h). Vancomycin was used in accordance with the vancomycin-monitoring protocol previously reported (2). After 5 days of empiric treatment, antibiotic therapy was adjusted according to the treatment effect. We defined a dialysis effluent white cell count of $<100/\mu\text{l}$ and a neutrophil percentage of $<50\%$ as treatment-effective. Gentamicin was changed to meropenem (1 g/day by IP injection) if the empirical treatment was not effective. Prophylactic antifungal therapy (fluconazole, 0.2 g/day) was administered 7 days after combination antibiotic treatment (Figure 1).

We performed a literature search on PubMed, Wiley, Nature, the National Center for Biotechnology Information, and the China National Knowledge Infrastructure using the search terms “*Microbacterium*” and “peritoneal dialysis-related peritonitis.” We collected the general information of the reported patients infected

by *Microbacterium spp.*, such as sex, age at onset, and clinical features. In addition, we summarized the characteristics of all patients, clinical history, characteristics of antibiotic sensitivities, antibiotic treatment regimen, duration of treatment, and treatment outcome according to the ISPD guideline recommendation (3). Additionally, the exit site is cleansed using sterile saline solution every day or every 2 days, and mupirocin cream is applied to the catheter exit site and an exit site dressing cover is used to prevent catheter-related infection (4).

Follow-up was conducted until 31 July 2023, and outcomes for all episodes were identified and classified as medical cure, refractory, recurrence, and relapsing as recommended by the ISPD guideline (3). In refractory peritonitis cases, catheter removal is indicated to preserve the peritoneum for future PD and prevent morbidity and mortality. However, we propose that if the PD effluent white cell count is decreasing toward normal, it may be appropriate to observe the antibiotic effect for longer than 5 days instead of mandating PD catheter removal by day 5. The final decision on whether to remove the catheters depends on the clinical severity and the options available to the patients. In cases where the patient's clinical condition is not deteriorating and they prefer to continue with PD, we aim to minimize premature or unnecessary PD catheter removal.

Results

According to the ISPD recommendations, seven patients were diagnosed with PDRP (3), and Table 1 shows their demographic and clinical characteristics. The average age was 47.4 ± 18.7 years, and all were men. Chronic glomerulonephritis is the leading cause of end-stage renal disease. Their median PD duration was 51 months. All the patients in our study were on continuous ambulatory peritoneal dialysis (CAPD) using a glucose-based acidic lactate PD solution. Total KT/V urea was $1.97 \pm 0.52/\text{week}$. The common manifestations of the peritonitis were abdominal pain and cloudy dialysis effluent. There was no concomitant catheter-related infection. Because all patients were on dialysis, the minimum CCI is 2. The CCI in Case 3 is as high as 12.

The antibiotic management and clinical outcomes of *Microbacterium spp.* peritonitis at our PD center are presented in Table 2. At our center, we achieved medical cure in six patients (Cases 1, 2, 4, 5, 6, and 7), while one patient (Case 3) experienced relapsing. Throughout the treatment, we continued CAPD. After 3 months of follow-up, Cases 3 and 4 received PD catheter removal due to relapsing and repeat peritonitis, respectively.

Totally, nine cases of PDRP caused by *Microbacterium spp.* were reported previously, comprising three cases of *M. paraoxydans*, two cases of *M. oxydans*, two cases of *M. arborescens*, one case of *M. resistens*, and one case of *M. aurum*. Table 3 shows general information about the reported patients infected by *Microbacterium spp.* Among the episodes, five episodes (Cases B, C, E, G, and H) experienced medical cure, while four episodes (Cases A, D, F, and I) failed, involving three catheter removals and one refractory peritonitis. Antimicrobial susceptibility testing (AST) revealed 21 antibiotics used in the treatment of these 9 patients.

All nine patients underwent AST, and antibiotic therapy was modified until the culture results were known. In the AST,

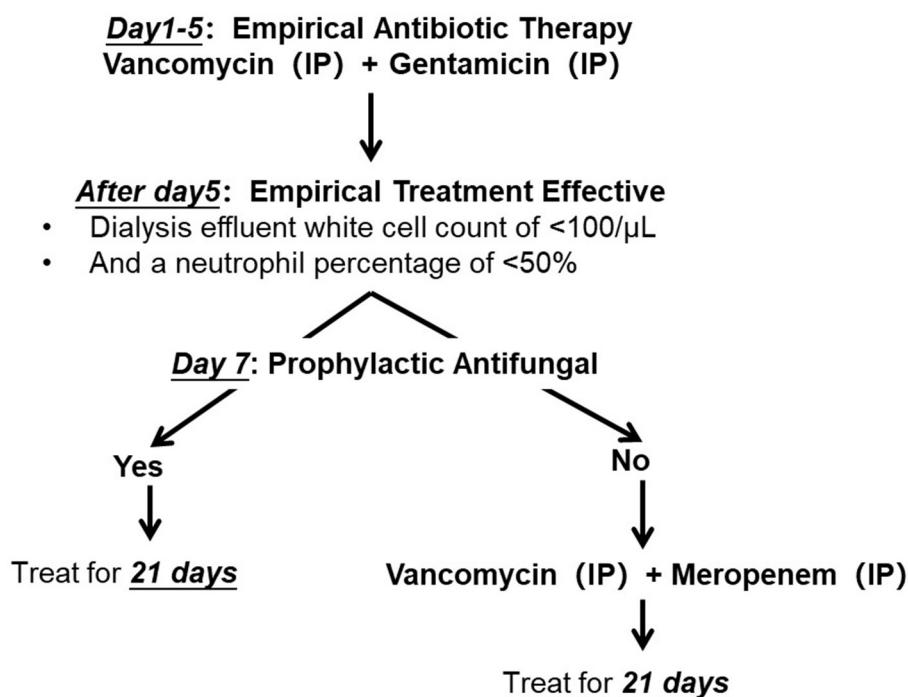


FIGURE 1

Antibiotic protocol of *Microbacterium* spp. peritoneal dialysis related peritonitis. IP, intraperitoneal administration.

six patients exhibited sensitivity to ampicillin, five patients to trimethoprim/sulfamethoxazole, four patients to penicillin, four patients to gentamicin, four patients to erythromycin, three patients to vancomycin, and three patients to ceftriaxone. However, a few reports mentioned antibiotic resistance, among which three showed resistances to vancomycin, two to ceftazidime, one to cefazolin, one to penicillin, one to aztreonam, one to colistin, and one to netilmicin (Figure 2).

As for the administration of vancomycin in the reported cases, six patients (Cases A, B, D, E, F, and G) received IP vancomycin, and it was employed as an empiric antibiotic in five patients (Cases A, B, D, E, and F); patient A showed susceptibility to vancomycin (minimum inhibitory concentration [MIC] determined by the E-test was 8 mg/L) and improved with IP aztreonam 2 g and vancomycin 1 g in 2 L of dialysate. After 4 days with amoxicillin/clavulanic acid (875 mg twice a day orally), the patient was discharged. However, the patient experienced relapsing on day 8. Patient B was susceptible to vancomycin (MIC determined by the E-test was unknown). Treatment was initiated with IP gentamicin (20 mg/24 h) and vancomycin (2 g/72 h), and vancomycin was continued for 3 weeks while the patient experienced a repeat episode. Patient D was empirically treated with IP vancomycin (12 g/3 d), ceftazidime (1 g/d), and amikacin (2 mg/kg/d). Because of the resistance to vancomycin shown by AST, it was adjusted to IP ampicillin (250 mg, thrice daily) plus IP gentamicin (45 mg/d). After 3 days, gentamicin was discontinued, and the patient was discharged with a prescription of IP ampicillin (250 mg, thrice daily) to be taken for 1 more week. However, the patient experienced a relapse on day 8. Patient E was susceptible to vancomycin. Empirical therapy involved oral ciprofloxacin (MIC

1.0 mg/L) and IP vancomycin. Aerobic culture revealed the growth of two types of organisms (*Acinetobacter* spp. and *Microbacterium aurum*). Oral ciprofloxacin was continued for 3 weeks, but the patient experienced a repeat episode after 4 months. For patient F, empirical therapy with IP vancomycin was initiated, but AST did not contain vancomycin. The aerobic culture grew three types of organisms (*Coagulase-negative staphylococci*, *Streptococcus mitis*, and *Corynebacterium amycolatum*). He underwent PD catheter removal due to refractory and recurrent peritonitis. Patient G was treated empirically with IP cefazolin (15 mg/kg/day) and ceftazidime (1 g/day) for the first 11 days. On day 12, the antibiotics were changed to IP administration of vancomycin (2 g loading, followed by 1 g every 5 days; the MIC determined by the E-test was 2 μg/ml) and oral administration of clarithromycin (500 mg every 12 h). After 2 weeks of antibiotic administration, the patient was cured.

Three patients were treated without vancomycin, among whom patients C and H were vancomycin-resistant. In detail, the treatment for patient C was changed to intravenous erythromycin (MIC ≤ 0.12 mg/L, 14 days) and oral sulfamethoxazole/trimethoprim (MIC ≤ 0.5 mg/L, 21 days) after AST, and PD was interrupted (hemodialysis with a dual-lumen catheter as vascular access was performed seven times in total). The patient was cured after 3 weeks of antibiotic administration. Patient H received empirical therapy with IP cefazolin (1 gram every 24 h) and ceftazidime (1.5 grams every 24 h) for 2 weeks. However, patient H experienced a repeat episode after 2 months. Furthermore, due to an AST without vancomycin, the treatment of patient I was changed to IP cefepime (CPM, 14 days), and she relapsed after 1 week.

TABLE 1 Characteristics of six patients with *Microbacterium spp.* peritoneal dialysis-related peritonitis at our center.

Case	1	2	3	4	5	6	7
Gender	Male	Male	Male	Male	Male	Male	Male
Age	28	65	65	29	71	35	39
BMI (kg/m ²)	27.7	18.9	17	26	23.4	22.5	26.7
Primary disease	HTN	DM	DM	HTN	CGN	CGN	CGN
WBC ($\times 10^9$ /L)	8.8	6.68	2.85	13.82	9.2	4.22	8.47
NEU (%)	75.1	77.5	79.8	82.4	79.5	72.2	86.2
CRP (mg/L)	18.9	200.5	9.31	8.23	43.8	23.4	48.3
PCT (ng/mL)	0.168	6.76	2.13	0.388	0.401	0.406	0.205
HGB (g/L)	103	101	116	106	138	105	94
ALB (g/L)	29.7	20.3	29.7	36.7	27.8	31.8	28.1
BUN (mmol/L)	15.85	14.75	19.14	20.55	20.54	20.81	17.61
CRE (umol/L)	654	951	491	826	784	538	901
rgFR (ml/min/1.73m ²)	8	6	7	6	6	13	5.7
Chol (mmol/L)	5.06	3.29	4.2	4.54	3.74	3.0	3.26
TG (mmol/L)	1.45	1.27	1.11	2.06	1.7	0.54	3.22
Serum potassium (mmol/L)	4.06	3.14	3.29	3.78	3.35	3.75	3.22
Serum calcium (mmol/L)	2.26	1.86	1.89	2.42	2.3	2.15	2.04
Serum phosphorus (mmol/L)	1.79	1.19	1.44	1.9	1.49	1.25	1.29
CCI	2	8	12	2	5	2	2
PD duration (months)	19	180	61	24	51	17	60
tKT/V urea	2.96	N/A	1.59	2.14	1.66	1.69	1.8
PD exchange volume (L/day)	8	9 ^a	8	8	8	10	10
PD ultrafiltration volume (ml/day)	450	N/A	430	400	520	670	540
Main symptoms	AP, CPDE	AP, CPDE	AP, CPDE	AP, CPDE	AP, CPDE	AP, CPDE	AP, CPDE
Catheter-related infection (either exit-site or tunnel)	No	No	No	No	No	No	No

^aThis patient received 8 L and 10 L alternately, thus the average PD exchange volume was 9 L/day, with no available PD adequacy test in the last 2 months. HTN, Hypertension; DM, Diabetes mellitus; CGN, Chronic glomerulonephritis; WBC, White blood cell; NEU, Neutrophils; CRP, C-reactive protein; PCT, Procalcitonin; HGB, Hemoglobin; ALB, Albumin; BUN, Urea nitrogen; CRE, Creatinine; CCI, Charlson Comorbidity Index [The CCI index assigns 1 point for history of myocardial infarction, congestive heart failure, peripheral vascular disease, cerebrovascular disease (transient ischemic attack or cerebrovascular accident with minor or no residua), dementia, chronic pulmonary disease, connective tissue disorder, peptic ulcer disease, mild liver disease, and diabetes without end-organ damage; 2 points are assigned for hemiplegia, moderate to severe renal disease, diabetes with end-organ damage, tumor without metastases, leukemia, lymphoma, and myeloma; 3 points are assigned for moderate or severe liver disease; and 6 points are assigned for metastatic solid tumor or acquired immunodeficiency syndrome (AIDS). For every decade over 40 years of age, 1 point is added to the score.]; AP, abdominal pain; CPDE, cloudy PD effluent; F, fever; N/A, not available.

Discussion

This report was a single-center experience and literature review of PDRP caused by *Microbacterium spp.*, comprising seven cases from our center and nine cases from the literature. Clinical features, therapeutic management, and clinical outcomes were collected. In our center, the clinical cure rate was 85.7% (6/7), while in the literature review, it was 55.6% (5/9).

Our six patients (Cases 1, 2, 4, 5, 6, and 7) were cured, and the cure rate was 85.7%, which was higher than reported (55.6%). Importantly, the six cured patients did not experience refractory peritonitis, all-cause hospitalization, technique failure, or death during a follow-up period of 3 months. Only one patient (Case 3) experienced relapsing. In the literature review, although five

patients (Cases B, C, E, G, and H) were cured, Cases B and H experienced a repeat episode within 3 months, and patient E experienced a repeat episode after 4 months.

The focus of the literature reviews was on the results of AST and antibiotic management, which revealed that the sensitivity rate of *Microbacterium spp.* to vancomycin was 50%, although the sample size was small. Vancomycin was still used despite treatment failure in some cases, and the serum vancomycin levels were not mentioned. Although the ISPD guideline showed controversy in the relationship between serum vancomycin levels and peritonitis outcomes, we previously discovered that serum vancomycin levels correlate with short-term adverse outcomes of PD-associated peritonitis, and the diagnostic threshold value of day 5 serum vancomycin levels for short-term adverse outcomes was

TABLE 2 Antibiotic management and clinical outcomes of the *Microbacterium spp.* peritonitis at our PD center.

Case	Species	Culture (days)	PD effluent routine test (day 0)		Empirical antibiotics	PD effluent routine test (day 5)		Day-5 serum vancomycin level (mg/L)	Adjusted antibiotics	PD effluent routine test (day 10)		PD effluent routine test (day 14)		Antibiotic treatment duration (days)	Outcome
			WBC ($\times 10^6/L$)	PMN (%)		WBC ($\times 10^6/L$)	PMN (%)			WBC ($\times 10^6/L$)	PMN (%)	WBC ($\times 10^6/L$)	PMN (%)		
1	<i>M. arborescens</i>	1.29	942	64.2	IP GM+ VAN	105	65	8.8	IP MEM+VAN	105	25	84	17	21	Medical cure
2	<i>M. arborescens</i>	1.08	582	93	IP GM+ VAN	105	39	11.4	IP MEM+VAN	26	39	14	14	21	Medical cure
3	<i>M. paraoxydans</i>	1.29	547	94	IP GM+ VAN	315	95	8.9	IP MEM+VAN	62	90	81	21	21	Relapsing (PD catheter removal for cure)
4	<i>M. arborescens</i>	1.23	315	93	IP GM+ VAN	278	95	9.5	IP MEM+VAN	36	82	38	29	21	Repeat (PD catheter Removal for cure)
5	<i>M. arborescens</i>	3.75	1,454	79	IP GM+ VAN	124	70	16.4	IP MEM+VAN	52	15	11	18	21	Medical cure
6	<i>M. spp</i>	2.6	463	65	IP GM+ VAN	681	86	15.1	IP MEM+VAN	44	94	35	3.1	21	Medical cure
7	<i>M. aurantiacum</i>	2.12	737	88.6	IP GM+ VAN	259	63.7	10.2	IP MEM+VAN	107	31.8	58	26	21	Medical cure

M., *Microbacterium*; PD, peritoneal dialysis; IP, intraperitoneal; GM, gentamicin; CZ, cefazolin; CAZ, ceftazidime; MSS, mezlocillin sodium/sulbactam; MEM, meropenem; VAN, vancomycin; ONZ, ornidazole. Medical cure, Complete resolution of peritonitis together with NONE of the following complications: relapse/recurrent peritonitis, catheter removal, transfer to hemodialysis for 30 days or death; Refractory, Peritonitis episode with persistently cloudy bags or persistent dialysis effluent leukocyte count $> 100 \times 10^9/L$ after 5 days of appropriate antibiotic therapy; Recurrent, Peritonitis episode that occurs within 4 weeks of completion of therapy of a prior episode but with a different organism; Relapsing, Peritonitis episode that occurs within 4 weeks of completion of therapy of a prior episode with the same organism or one sterile (culture negative) episode (i.e., specific organism).

TABLE 3 Outlines of patients with peritoneal dialysis-related peritonitis identified in the literature.

Case	References	Age (years)/sex	Duration of PD (years)	Species	PD effluent routine test		Antibiotic treatment initial treatment	After drug sensitivity testing	Antibiotic treatment (days)	Outcome
					WBC ($\times 10^6/L$)	PMN (%)				
A	Wybo et al. (5)	48/Female	1.8	<i>M. oxydans</i>	N/A	N/A	IP ATM+VAN (4 days)	Po AM/CA (8 days)	8	Relapsing (day 8)
B	Adams et al. (6)	57/Female	8	<i>M. arborescens</i>	N/A	N/A	IP GEN+VAN	IP GEN + VAN (21 days)	21	Repeat (month1), IP GEN+VAN (6 days), until the PD catheter removal.
C	Miyamoto et al. (7)	60/Male	2.3	<i>M. paraoxydans</i>	826	74	IP CZ+CAZ (7 days)	IP ERY (14 d), Po SXT (21 days)	21	Medical cure
D	Gallois et al. (8)	71/Male	1.1	<i>M. resistens</i>	678	83	IP VAN+CAZ+AMI	IP AMP (7 days) + GEN (3 days)	7	Relapsing (day 6, IP AMP(47 days) + GEN (5 days), until the PD catheter removal)
E	Yusuf et al. (9)	80/Male	NK	<i>M. aurum</i>	1070	55	Po CIP+IP VAN (7 days)	Po CIP (21 days)	21	Repeat (month 4), PD catheter removal for cure
F	Yusuf et al. (9)	48/Female	NK	<i>M. oxydans</i>	767	64	IPATM+VAN (3 days)	Po AM/CA+ IP VAN (7 days)	10	Refractory and Recurrent (PD catheter removal for cure)
G	Choi et al. (10)	54/Female	1	<i>M. paraoxydans</i>	2900	84	IP CZ+CAZ (11 days)	IP VAN, Po CLI (14 days)	14	Medical cure
H	Lam et al. (11)	74/Male	1.4	<i>M. paraoxydans</i>	815	78	IP CZ+CAZ (14 days)	No change	14	Repeat (month 2), PD catheter removal for cure.
I	Girişgen et al. (12)	16/Female	3	<i>M. arborescens</i>	N/A	N/A	IP CZ+CAZ	IP CPM (14 days)		Relapsing (day 7), PD catheter removal for cure.

N/A, not available; Po, peros; ATM, aztreonam; VAN, vancomycin; AM/CA, amoxicillin/clavulanate; GEN, gentamicin; CZ, cefazolin; CAZ, ceftazidime; CIP, ciprofloxacin SXT, trimethoprim/sulfamethoxazole; ERY, erythromycin; AMP, ampicillin; CLI, clarithromycin; CPM, cefepime; AMI, amikacin.

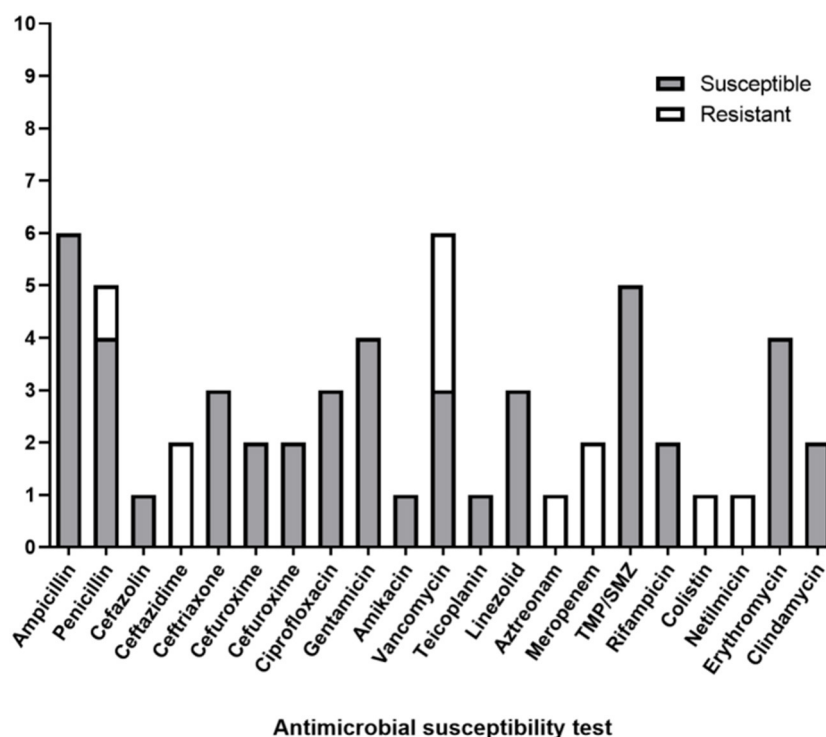


FIGURE 2
The characteristics of antibiotic sensitivities in literature reviews.

10.1 mg/L². In this study, the mean serum vancomycin level on day 5 was 11.5 ± 3.1 mg/L in medica-cured cases, which was suboptimal in the relapsing case.

The combination of vancomycin and meropenem as adjusted antibiotic therapy may benefit our cure rate. A review of 50 human specimens (species obtained from blood cultures, wounds, normally sterile anatomical sites, sterile materials, urine, and miscellaneous materials) revealed that *Microbacterium spp.* are susceptible to vancomycin (98% of the isolates were susceptible) (13). This provides the theoretical basis for the continued use of vancomycin to treat *Microbacterium spp.* PDRP. Moreover, meropenem exhibits an ultra-broad spectrum of antibacterial activity, encompassing Gram-positive and Gram-negative aerobes and anaerobes, including numerous strains resistant to other antibacterials (14). Furthermore, in the review of 50 human specimens, all 50 isolates were susceptible to meropenem.

The 21-day antibiotic course may be another potential beneficial measure to improve the cure rate in our center. As for the previously reported cured cases, patients B, C, and E received 21 days of antibiotic treatment, while for patients G and H, the course of antibiotic treatment was 14 days. The 2016 ISPD guideline recommended a 21-day course of effective antibiotic treatment for corynebacterial peritonitis. Considering *Microbacterium spp.* as a genus of coryneform bacteria originally proposed by Orla-Jensen in 1919 (15), we proposed a 21-day treatment duration for our seven patients. Since the 2022 ISPD peritonitis guideline suggested that *Corynebacterium* peritonitis should be treated with effective antibiotics for 2 weeks, a shorter

treatment duration in *Microbacterium spp.* peritonitis deserves future observation accordingly.

The high positive rate of *Microbacterium spp.* in our center may be attributed to the improvement of our culture technology. We employed blood culture bottles as the preferred approach for the bacterial culture of PD effluent, which is consistent with the guideline recommendation (3).

Additionally, identifying risk factors associated with *Microbacterium spp.* infection warrants attention. Among our patients, four (four of seven) patients experienced their first peritonitis episode, and all patients had no concomitant catheter-related infections. The average PD duration was 51 months. Meanwhile, given that the incidence of encapsulating peritoneal sclerosis (EPS) increases with the duration of PD, we tried to screen it in our cases. All of our cases lack typical presentations of EPS, such as signs of intestinal obstruction or a high peritoneal transporter status with incipient ultrafiltration failure. In addition, Case 3, whose PD duration was 61 months, underwent a CT scan because of peritonitis relapsing and revealed no evidence of a thickened peritoneal membrane. In terms of occupation, four of seven patients were farmers. Notably, all seven patients were male, which is inconsistent with the literature reports (4/9). It is hard to explain the underlying reasons. Deciphering the above factors may allow for greater progress in prevention and treatment. The CCI was a better predictor than models containing age, diabetes, cardiovascular disease, and albumin and a strong predictor of mortality in incident PD patients. The mortality rate was 50/100 patient-years for patients with a CCI score of 8 or greater (16). In our cases, the CCI of Case 3 was higher than 8

because of cancer and radiotherapy, and he experienced peritonitis relapsing and catheter removal. However, there was no definitive evidence confirming the predictive value of CCI or peritonitis adverse outcomes.

This study had several limitations. It was a single-center experience in treating PDRP caused by *Microbacterium spp.*. The promotion of treatment experience is limited due to the lack of AST. We have communicated with our laboratory in this regard and will promptly enhance the standard operating procedure associated with the AST of *Microbacterium spp.* based on our experiences and the literature reports available.

Conclusion

The treatment experience of PDRP caused by *Microbacterium spp.* is limited, and the treatment effect in the literature is not satisfactory. In this single-center report, seven cases of *Microbacterium spp.* peritonitis were presented for the first time. Our 21-day antibiotic therapy program based on a combination of IP vancomycin and meropenem achieved a relatively high cure rate. To validate our experience, available AST is needed, and further randomized controlled trials are required.

Data availability statement

The original contributions presented in the study are included in the article, further inquiries can be directed to the corresponding author.

Ethics statement

The studies involving humans were approved by the Ethics Committee of the First Affiliated Hospital of Xi'an Jiaotong University, the approval number was XJTU1AF2020LSK-273. The studies were conducted in accordance with the local legislation and institutional requirements. The participants provided their written informed consent to participate in this study. Written informed consent was obtained from the individual(s) for the publication of any potentially identifiable images or data included in this article.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Plasma phospholipids profiling changes were associated with the therapeutic response to Roxadustat in peritoneal dialysis patients

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Background: Elevated Phospholipids (PLs) and sphingolipid (SM) metabolism relates to with poor clinical status and adverse outcome of end-stage kidney disease patients undergoing peritoneal dialysis (PD). Studies have suggested that the use of hypoxia-inducible factor prolyl hydroxylase inhibitor (HIF-PHI) (Roxadustat) is associated with altered lipid metabolism. Observing on how PLs and SMs changes after the HIF-PHI treatment in PD patients may help understand the possible effect of HIF-PHI on PD patients besides correcting of anemia.

Materials and methods: Stable peritoneal dialysis (PD) patients treated with Roxadustat for over 3 months were included. Phospholipid and sphingolipid metabolism were measured before and after treatment.

Results: 25 PD patients were included. Overall, phospholipid and sphingolipid metabolism showed a decreasing trend after HIF-PHI treatment. Levels of LysoPC (20:0), 1,2-dilinoleoyl-sn-glycero-3-phosphocholine [CisPC (DLPC) (18:2)], lysophosphatidylethanolamine (LysoPE) (14:0), and sphingomyelin (d18:1/17:0) (17:0) were significantly decreased (all $p < 0.05$). Further regression analyses confirmed the significant relationship between the increased of hemoglobin levels and the decrease in egg lyso PC: phosphatidylethanolamines (PE) (16:0–18:1), PE (16:0–18:2), PE (16:0–22:6), PE (18:0–20:4), PE (18:0–18:2), LysoPE (18:0), LysoPE (18:1), and phosphatidylcholine (PC) (18:1–18:0).

Conclusion: This study demonstrated that phospholipid and sphingolipid metabolism decreased after administration of HIF-PHI and was associated with improvement of anemia.

KEYWORDS

peritoneal dialysis, phospholipids, hypoxia inducible factor prolyl hydroxylase inhibitors, anemia, end-stage kidney disease

Introduction

Roxadustat, a hypoxia-inducible factor prolyl hydroxylase inhibitor (HIF-PHI) is a novel small-molecule oral drug used for the treatment of renal anemia (Sanghani and Haase, 2019) that targets all three hypoxia-inducible factor prolyl hydroxylase domain (HIF-PHDs) to a similar extent (Yeh, 2017). Small-molecule prolyl hydroxylase domain (PHD) inhibitors

(PHDIs) stabilize HIF by inhibiting PHD, thereby promoting the secretion of erythropoietin (EPO) to promote hematopoiesis (Rabinowitz, 2013; Duan, 2016).

In addition to the treatment of anemia, several clinical studies have suggested that Roxadustat treatment is accompanied by a reduction in blood lipid levels. Two clinical trials have shown that Roxadustat decreases total, low density lipoprotein (LDL), and high density lipoprotein (HDL) cholesterol levels in patients with non-dialysis-dependent chronic kidney disease (Provenzano, 2016; Chen H., 2017a). Moreover, Chen reported a decrease in triglycerides and very low density lipoprotein (VLDL)-cholesterol in Roxadustat-treated patients with chronic kidney disease (Chen N., 2017b). Interestingly, Zhang showed that the adipocyte HIF-2 α reduces atherosclerosis by promoting ceramide catabolism, thus increasing hepatic cholesterol elimination and thermogenesis (Zhang). Atherosclerosis amelioration can be pharmacologically achieved in mice by activating adipose HIF-2 α via FG-4592 (Roxadustat).

Sphingolipid metabolites, particularly ceramide and sphingosine-1-phosphate, are signaling molecules that regulate a diverse range of cellular processes that are important in immunity and inflammatory disorders (Maceyka and Spiegel, 2014; Papazoglou, 2022). Phospholipids (PLs) are integral components of the membrane and have important functional, structural, and metabolic roles. Recent reports advocate the involvement of PLs in signaling pathways that modulate pathophysiological disease states, including inflammation, oxidative stress, angiogenesis, and apoptosis. Phosphatidylcholines (PCs) have been proven to independently predict the occurrence of future cardiovascular (CV) events in patients with established CAD (Hilvo, 2020). Moreover, in peritoneal dialysis (PD) patients, our previous study demonstrated that poor volume status was associated with the changes of PE and PC (Li, 2013). In addition, we have found that PD technical failure patients had different plasma PL profiles to non-failure patients using a lipidomic method, predominantly of SM and PC PLs (Tang, 2014a).

Therefore, observation on how PLs and SMs changes after the HIF-PHI treatment in PD patients might help to understand the possible effect of HIF-PHI on PD patients besides correcting of anemia. Novel insights into lipid metabolism could elucidate its mechanism of action and effects on possible PD patients outcome. Thus, in the present study, both serum lipidomics and metabolomics data were analyzed after the clinical use of HIF-PHI for renal anemia treatment in patients with end-stage renal disease who underwent PD.

Methods

Study procedures

This was a single-center retrospective self-controlled observational study. Patients' blood sample were prospectively collected for routine evaluation while patients were retrospectively included according to the inclusion criteria and the blood were tested accordingly. Patients undergoing stable peritoneal dialysis visited our clinic for clinical evaluation, and blood tests were performed between December 2019 and December 2021. They were included according to whether they

used HIF-PHIs (Roxadustat) for more than 3 months during the study period. The exclusion criteria were the 1) Discontinuation of HIF-PHI for various reasons during the study period. 2) Severe heart failure [New York Heart Association (NYHA) grade III or above], liver cirrhosis, autoimmune disease, and tumor; 3) Acute complications, such as infection, volume overload, surgery, cardiovascular or cerebrovascular diseases, and blood transfusion due to anemia during Roxadustat treatment; 4) Significant changes in the dialysis dose and the dialysis regimen; 5) The doses of various lipid-decreasing drugs and sevelamer adjusted during the HIF-PHI treatment; and 6) Blood samples before and after Roxadustat treatment were unavailable.

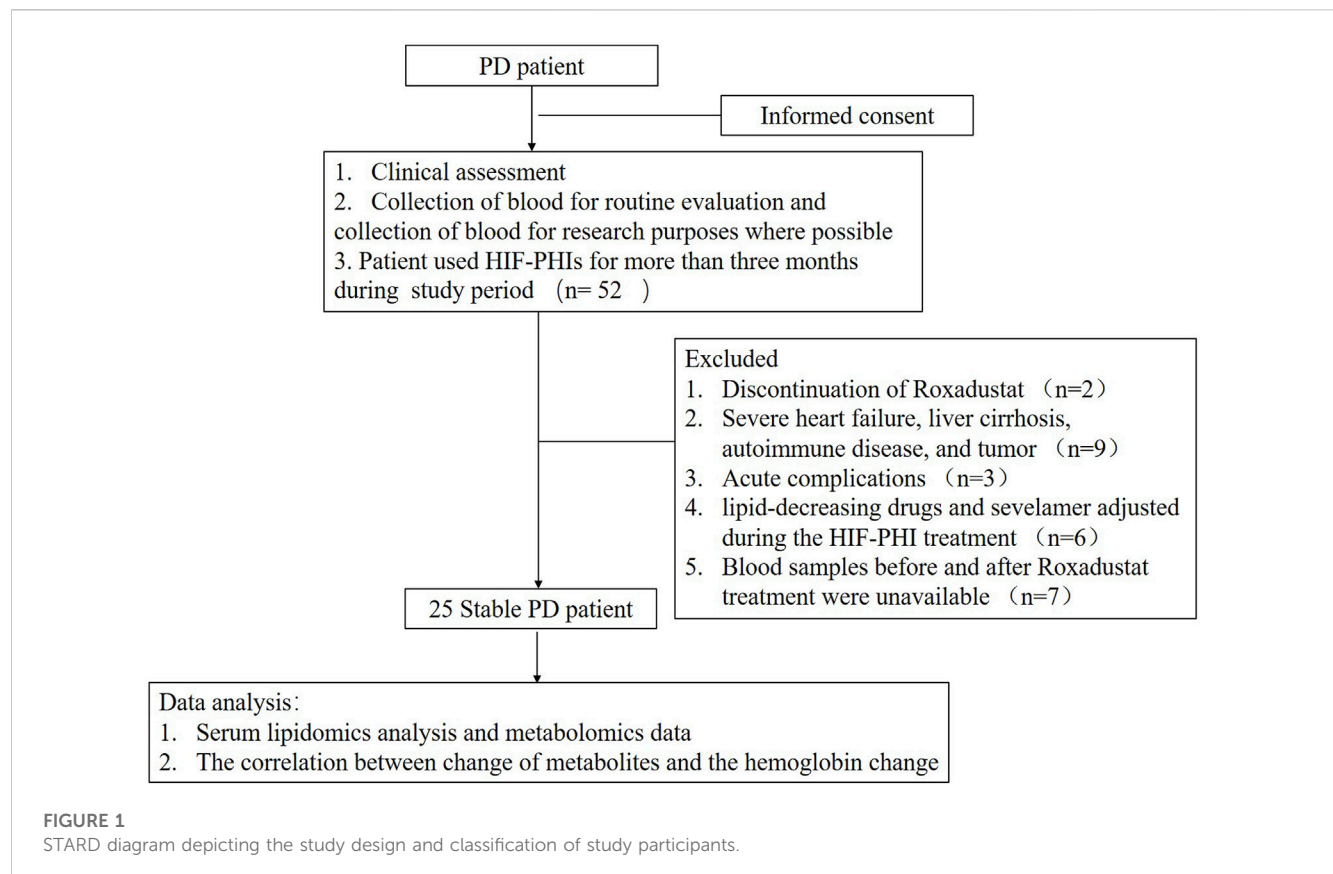
Clinical data, demographic data, laboratory examinations, and use of HIF-PHIs were collected from the available medical records. Biochemical assays and complete blood counts were performed.

Serum lipidomics analysis and metabolomics data processing

Sample pretreatment: Study samples, preserved at -80°C , were thawed at 4°C . Each sample (10 μL) was added, followed by an internal standard solution (10 μL), 0.9% NaCl (10 μL), and chloroform: methanol (2:1) (100 μL). The mixture was vortexed for 20 s and allowed to stand for 30 min at 4°C . After centrifugation for 3 min at 7,800 g, 20 μL of the supernatant was transferred into the insert and concentrated to dryness under nitrogen. Before injection for liquid chromatography-tandem mass spectrometry (LC-MS/MS) analysis, the dried samples were re-dissolved in acetonitrile:isopropanol (1:1) (20 μL) and vortexed for 60 s.

LC-MS/MS analysis

The lysophosphatidylcholine (LysoPC) components were identified and quantified using Eksigentultral liquid chromatography 100 coupled with an AB 5600 Triple TOF system (AB SCIEX) and separated using a 2.1 mm \times 100 mm XBridge Peptide BEH C18 column (Waters) with a 4 mm \times 2.0 mm guard column (Phenomenex). The separation of LysoPC was achieved at a column temperature of 40°C using acetic acid amine (10 mM), formic acid (0.1%, v/v), and water (99.9%, v/v) as mobile phase A, and acetic acid amine (10 mM), formic acid (0.1%, v/v), acetonitrile (49.95%, v/v), and isopropanol (49.95%, v/v) as mobile phase B. The step gradient was as follows: 0.01 min, 35% (v/v) B; 0.01–2 min, 35%–80% (v/v) B; 2–9 min, 80%–100% (v/v) B; 9–15 min, 100% (v/v) B; 15–16 min, 100%–35% (v/v) B; 16–20 min, 35% (v/v) B. The injection volume was 2 μL and the total run-time was 20 min at a flow rate of 0.4 mL/min. The instrument, under the negative model, was set as follows: curtain gas, ion source gas 1, and ion source gas 2 at 30, 50, and 50 psi, respectively; source temperature at 550°C ; and ion spray voltage floating at $-4,500\text{ V}$. In the auto MS/MS acquisition, the m/z range for Time of Flight Mass Spectrometer (TOF MS) scan and production of ion scan was 100–1,200 Da and 50–1,200 Da, respectively. The collision energy of the production ion scan was set to $-35 \pm 15\text{ V}$ and the declustering potential was set to -80 V .

**TABLE 1** Baseline and follow-up characteristics of study population after Roxadustat treatment.

	Baseline	Follow-up	<i>p</i> value
Age (years)	57.91 ± 12.42		
BMI (kg/m ²)	21.64 ± 2.01	21.80 ± 2.53	0.460
Hemoglobin (g/L)	106.00 ± 14.80	115.72 ± 15.02	0.006
RBC count (10 ¹² /L)	3.45 ± 0.57	3.73 ± 0.57	0.01
Hematocrit (%)	0.32 ± 0.05	0.36 ± 0.05	0.043
Kt/V Total	1.99 (1.83~2.14)	1.93 (1.63~2.07)	0.086
Ccr Total (ml/min)	73.86 (60.23~88.32)	77.31 (60.74~89.18)	0.67
Creatinine (μmol/L)	851.68 ± 253.47	827.36 ± 228.57	0.09
Urea (mmol/L)	19.00 ± 5.17	18.93 ± 5.35	0.93
TCHO (mmol/L)	4.93 (4.17~5.80)	4.28 ± 1.07	0.008
Triglyceride (mmol/L)	1.60 (1.33~3.04)	1.41 (0.89~2.82)	0.15
LDL-C (mmol/L)	2.27 (1.94~3.05)	2.07 (0.67~3.05)	0.017
HDL-C (mmol/L)	1.12 ± 0.26	0.99 ± 0.29	0.007
Plasma Albumin (g/L)	36.88 ± 4.79	36.22 ± 5.34	0.268
hsCRP (mg/L)	3.08 (0.59,5.36)	1.58 (1.03,6.38)	0.468

BMI, body mass index; RBC, red blood cell; TCHO, total cholesterol; LDL-C, low density lipoprotein cholesterol; HDL-C, high density lipoprotein cholesterol; hsCRP, hypersensitive C-reactive protein.

Data processing

Peak View 1.2 was used to identify LysoPC, and Multi Quant 2.1 was used to quantify LysoPC based on the m/z value and sample retention time.

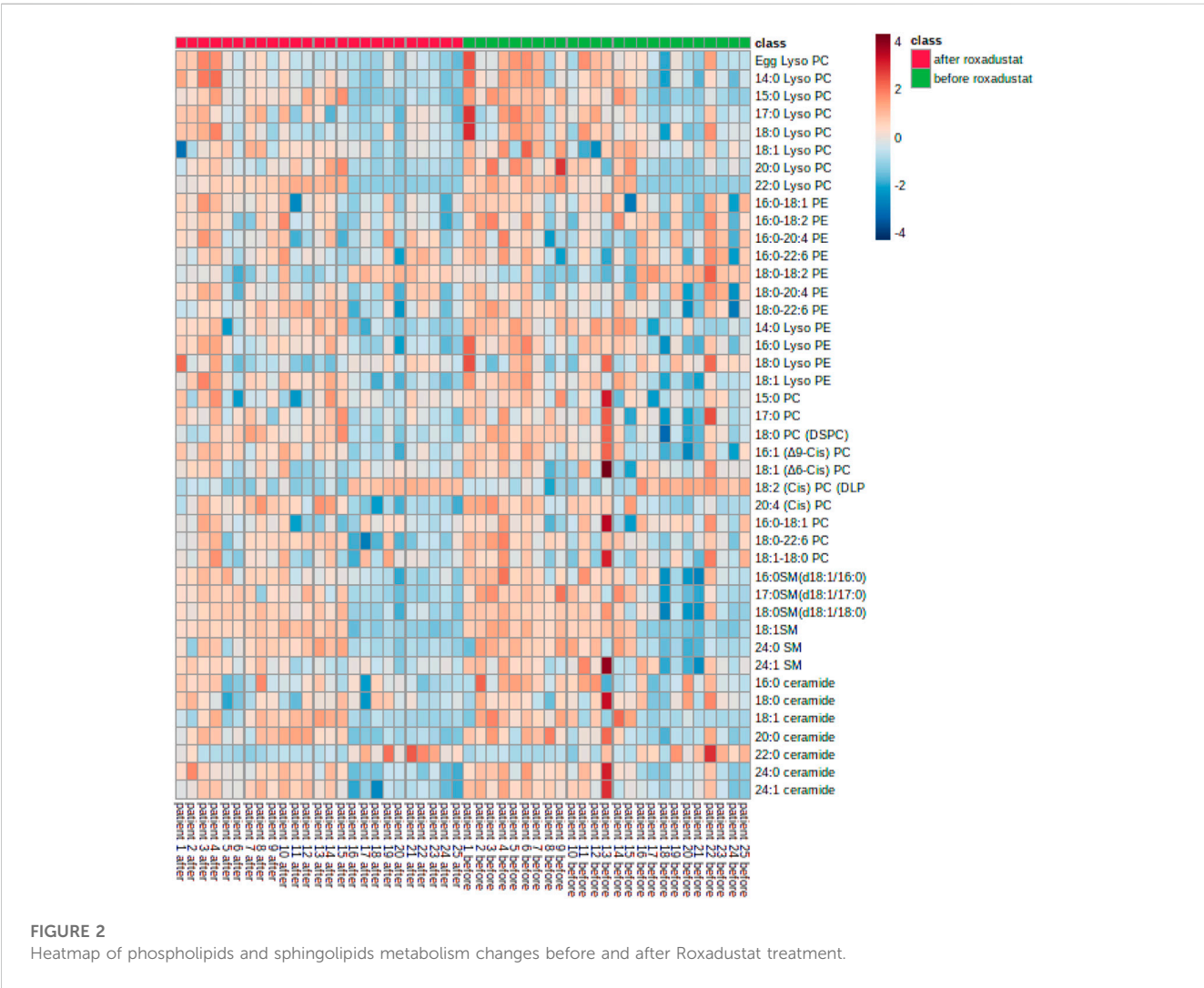
Statistical analysis

All statistical analyses in this study were performed using SPSS 26.0. The frequency and percentage were used to describe categorical variables. Categorical results were analyzed using chi-square tests and presented as frequencies and percentages. The mean and standard deviation was used to describe normal distribution continuous variables and unnormal distribution continuous variables were presented as median (25th–75th percentile). The Kolmogorov-Smirnov (K-S) test was used to observe the normality of the two groups of data before and after Roxadustat treatment. In the comparative analysis of before and after Roxadustat administration and the correlation analysis between hemoglobin changes and the lipid metabolite changes, if the K-S test results of both before and after Roxadustat administration

obeyed the normal distribution, the paired T-test and Pearson correlation analysis would be used for processing, respectively; if either before or after the Roxadustat groups did not obey the normal distribution, Wilcoxon signed rank test and Spearman correlation analysis were used, respectively. Linear regression analysis was used to observe whether the changes in hemoglobin were significantly correlated with changes in lipid metabolites after excluding the effects of factors, such as age, sex, total kt/v change, total ccr change, and BMI change. Metabolism levels were analyzed using MetaboAnalyst 5.0.

Results

A total of 52 patients were initially enrolled for this study in which twenty-seven patients were excluded due to different reasons and twenty-five peritoneal dialysis (PD) patients were finally included in this study and analyzed (Figure 1). The time between two serum lipidomics analyses was 29 weeks range from 20 to 44 weeks. As shown in Table 1. After Roxadustat treatment, the patient showed a significant improvement in hemoglobin levels. ($p = 0.006$). Plasma cholesterol levels, including total cholesterol, low-



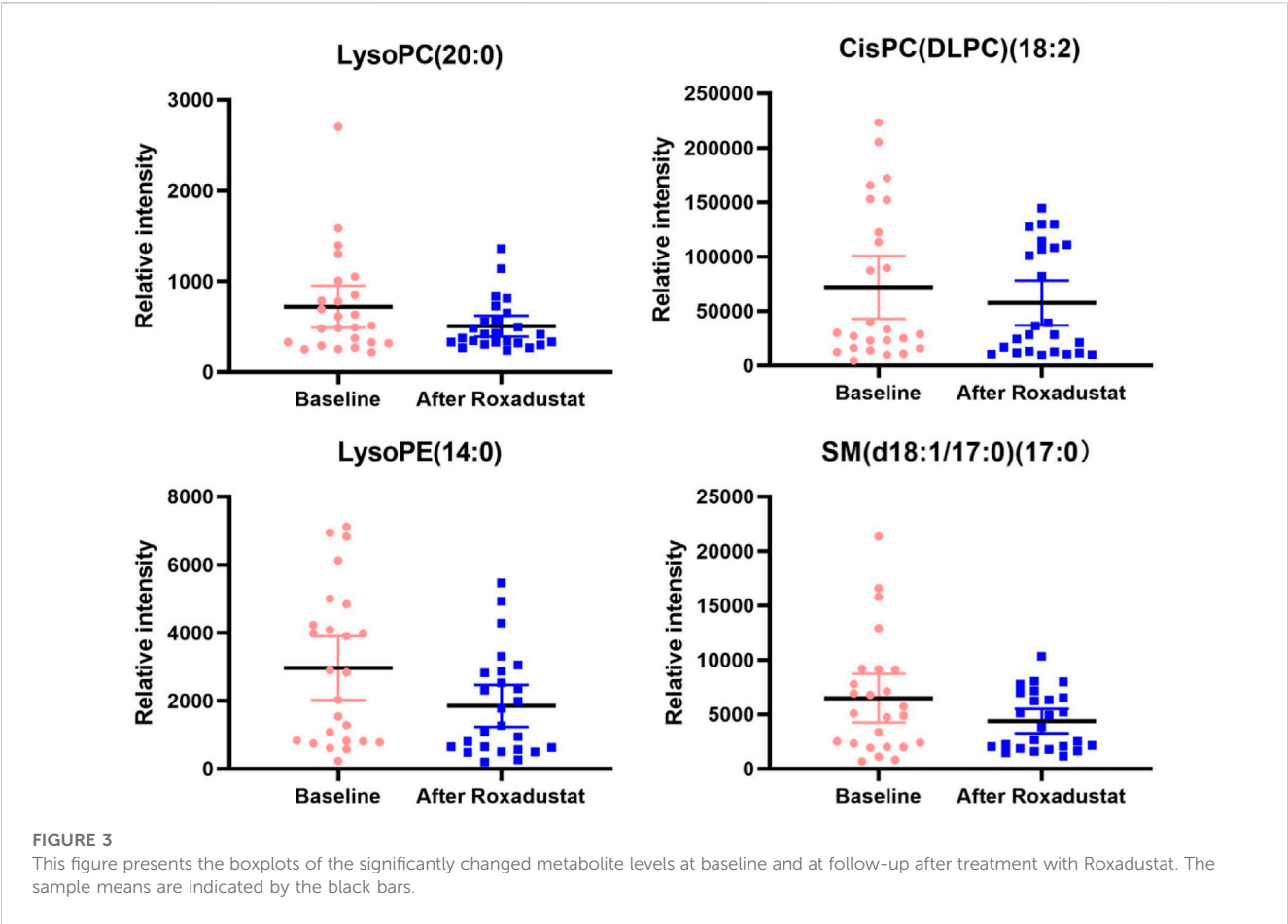
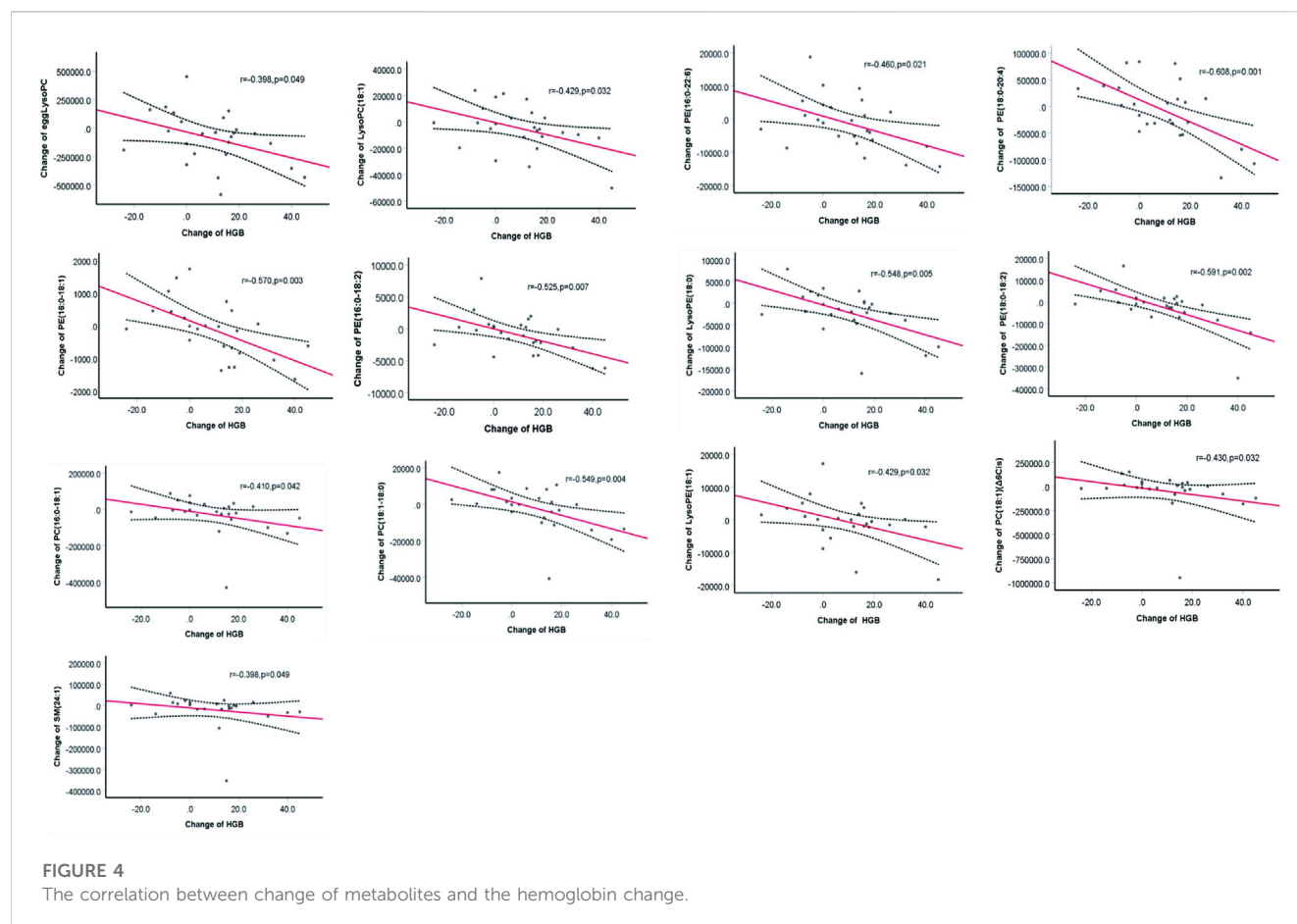


TABLE 2 Multiple regression analysis between change of metabolism levels and the hemoglobin change.

Phospholipid change	HGB change			
	β	t	R^2	p
Change eggLysoPC	−0.685	−3.156	0.486	0.006
Change LysoPC (18:1)	−0.479	−1.784	0.213	0.093
Change PE (16:0–18:1)	−0.671	−3.347	0.561	0.004
Change PE (16:0–18:2)	−0.386	−2.104	0.634	0.052
Change PE (16:0–22:6)	−0.379	−1.79	0.51	0.092
Change PE (18:0–20:4)	−0.598	−3.215	0.623	0.005
Change LysoPE (18:0)	−0.636	−2.976	0.502	0.009
Change PE (18:0–18:2)	−0.594	−3.319	0.651	0.004
Change LysoPE (18:1)	−0.721	−3.439	0.52	0.003
Change PC (18:1)($\Delta 6$ Cis)	−0.385	−1.465	0.246	0.162
Change PC (16:0–18:1)	−0.422	−1.587	0.229	0.132
Change PC (18:1–18:0)	−0.590	−2.624	0.448	0.018
Change SM (24:1)	−0.330	−1.213	0.19	0.243

All the initial model included age, gender, total Kt/V change, total Ccr change, BMI change, plasma albumin change and hs-CRP change.



density cholesterol, and high-density cholesterol levels, decreased significantly. The patients' dialysis clearance, as shown by the Kt/V and Ccr, remained stable.

Metabolism levels at baseline and follow-up

As shown in Figure 2. In general, all phospholipid and sphingolipid metabolism showed a decreasing trend after the HIF-PHI (Roxadustat) treatment. Levels of LysoPC (20:0), CisPC (DLPC) (18:2), LysoPE (14:0), and SM (d18:1/17:0) (17:0) were significantly decreased (all $p < 0.05$) after the HIF-PHI (Roxadustat) treatment (Figure 3).

Associations between changes in metabolisms and hemoglobin change from the baseline

Reductions in the levels of eggLysoPC, LysoPC (18:1), PC (18:1) ($\Delta 6\text{Cis}$), PC (16:0–18:1), PC (18:1–18:0), PE (16:0–18:1), PE (16:0–18:2), PE (16:0–22:6), PE (18:0–20:4), LysoPE (18:0), PE (18:0–18:2), and LysoPE (18:1) SM (24:1) were negatively ($p < 0.05$) associated with the increase in hemoglobin (Figure 4). Further regression analyses confirmed the significant relationship between the increase of hemoglobin level and the decrease of egg lyso PC; PE (16:0–18:1); PE (16:0–18:2); PE (16:0–22:6); PE (18:0–20:4); PE (18:0–18:2); Lyso PE

(18:0); LysoPE (18:1) and PC (18:1–18:0) after controlling for age, gender, total Kt/V change, total Ccr change, BMI change, plasma albumin change and high sensitive C- reactive protein change (Table 2).

Discussion

The present study found that patients with end-stage kidney disease (ESKD) who underwent PD showed decreased concentrations of LysoPC (20:0), LysoPE (14:0), PC (18:2) cis dlpc, and SM (17:0) d18:1/18:0 after Roxadustat treatment. In addition, decreased levels of LysoPC, LysoPC (18:1), PC (18:1) ($\Delta 6\text{Cis}$), PC (16:0–18:1), PC (18:1–18:0), PE (16:0–18:1), PE (16:0–18:2), PE (16:0–22:6), PE (18:0–20:4), LysoPE (18:0), PE (18:0–18:2), LysoPE (18:1), and SM (24:1) were correlated with improvement from anemia. To our knowledge, this is the first study to investigate the changes in phospholipid and sphingolipid metabolism after HIF-PHI.

PLs are integral parts of the membrane and have important functional, structural, and metabolic roles (Liu, 2013). Recently, LC-MS/MS-based lipidomics has provided an opportunity to understand the pathological role of PLs and to develop new predictive biomarkers for distinct diseases.

Sphingolipids are an important class of lipid metabolites and have been confirmed as critical regulators of cardiovascular disease and cancer (Lemaitre, 2018). Abnormal sphingolipid metabolism is common in

patients with uremia. Our previous study found that elevated levels of active sphingolipids are associated with a poor prognosis in end-stage renal disease dialysis (Tang, 2014b; Bai, 2020). Nete also reported that sphingomyelin and phosphatidylcholine species are associated with renal impairment and cause mortality in Type 1 diabetes (Tofte, 2019). In the present study, after Roxadustat treatment, the levels of most plasma sphingomyelin decreased to some extent, whereas only serum SM (d18:1/17:0) decreased significantly ($p < 0.05$).

Chen H. (2017a) reported a significant increase in the serum levels of phospholipids in patients with CKD, which was positively correlated with the level of serum triglycerides and inversely correlated with the levels of total cholesterol and eGFR (Chen H., 2017a). In the present study, we demonstrated that serum LysoPC (20:0), LysoPE (14:0), and PC (18:2) cis-dlpc levels were dramatically decreased after the HIF-PHI treatment. As it is reported that multiple PC, LPC, and LPE are correlated with cardiovascular morbidity (Ferreira-Divino, 2022; Jensen, 2022); thus, our findings that decreased phospholipids after the HIF-PHI treatment, might be suggesting a possible role in cardiovascular protection. However, further studies are required to confirm this hypothesis.

Ceramides are important precursors of other biological sphingolipids. Studies have shown that ceramide levels are increased in chronic kidney disease (CKD) patients (Mantovani, 2021) and are associated with cardiac and renal lipotoxicity (Savira, 2021). Interestingly, adipocyte HIF-2 α deficiency exacerbates Western diet-induced atherosclerosis by increasing ceramide levels in adipose tissue, and activation of fatty HIF-2 α by the HIF-PHI (Roxadustat) protects against atherosclerosis while simultaneously reducing fat, plasma ceramide, and plasma cholesterol levels (Zhang et al., 2019). In the present study, after the HIF-PHI administration, the levels of most of the plasma ceramides decreased to some extent but not significantly. These decreasing trends may suggest the potential role of the HIF pathway in sphingolipid metabolism; however, future studies with larger sample sizes are needed to confirm this.

One interesting finding in the present study was that decreased levels of phospholipids, lysophospholipids, and SM metabolism were correlated with the improvement of anemia after Roxadustat treatment.

However, the underlying mechanism remains unknown. Studies have shown that the life span of red blood cell (RBC) in patients with renal failure is significantly reduced, indicating that one of the reasons for renal anemia may be the reduction in the life span of RBCs (Vos, 2011; Sato, 2012; Ma, 2017; Li, 2019). In addition, it stabilizes HIF by inhibiting PHD, thereby promoting EPO secretion to improve renal anemia. A previous study also showed that hemodialysis (HD) patients treated with the HIF-PHI had significantly longer RBC longevity than those on rhuEPO therapy (Yang, 2021). Interestingly, both plasma and erythrocyte phospholipid metabolism have been linked to the RBC lifespan in previous studies (Grace, 2012; Dinkla, 2016). Further studies are needed to elucidate the link between phospholipids and RBC life after HIF-PHI treatment.

This study has several limitations. First, the sample size was relatively small, which reduced the statistical power of this study. Second, this is a real-world treatment cohort; although we tried our best to exclude the possible influence of other clinical and treatment factors, we cannot completely rule out the possible impact of some other factors that we did not include. Third, some patients were switched from ESA treatment to Roxadustat therapy, therefore, we could exclude the effect of withdraw of ESA treatment. Forth, despite independent relationship of change of

hemoglobin and some of PLs and SMs were discovered after Roxadustat treatment in this study, we could not answer the underline mechanism. Therefore, further study using more advanced method to investigate the potential role of HIF-PHI in PLs and SMs metabolism is need in this area. Despite the above drawbacks our study is the first to investigate PLs and SMs metabolism after the HIF-PHI treatment in a real-world ESKD treatment cohort and may help understand the clinical effect of HIF-PHI in ESKD patients.

Clinical significance

Elevated Phospholipids and sphingolipid (SM) metabolism have been connected with poor clinical status and adverse outcome of end-stage renal disease patients who underwent peritoneal dialysis (PD).

Hypoxia-inducible factor prolyl hydroxylase inhibitor (HIF-PHI) (Roxadustat) is a novel small-molecule oral drug used for the treatment of renal anemia. Several clinical studies have suggested that treatment by HIF-PHI is accompanied by a reduction in blood lipid levels. Study showed that atherosclerosis amelioration can be pharmacologically achieved in mice by activating adipose HIF-2 α via the HIF-PHI (Roxadustat) possible by promoting ceramide catabolism.

This study demonstrated that after HIF-PHI administration, phospholipid and sphingolipid metabolism showed a decreasing trend. Decreased levels of phospholipids, lysophospholipids, and sphingolipid metabolism were correlated with the improvement of anemia after HIF-PHI (Roxadustat) treatment. Our findings that decreased phospholipids and sphingolipid metabolism after Roxadustat treatment, might be suggesting a possible protection role of HIF-PHI for PD patients besides correction of anemia. And provoke further investigation as clinically appropriate.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding authors.

Ethics statement

The studies involving humans were approved by the Peking University Third Hospital Medical Science Research Ethics Committee. The studies were conducted in accordance with the local legislation and institutional requirements. Written informed consent for participation was provided by the participants.

Author contributions

Y-HY: Data curation, Investigation, Writing—original draft, Methodology. YS: Data curation, Methodology, Writing—original draft. YZ: Investigation, Conceptualization, Methodology, Validation, Writing—review and editing. WT: Conceptualization, Writing—review and editing, Supervision.

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Can one long peritoneal dwell with icodextrin replace two short dwells with glucose?

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Background: Due to the slower dissipation of the osmotic gradient, icodextrin-based solutions, compared to glucose-based solutions, can improve water removal. We investigated scenarios where one icodextrin-based long dwell (Extraneal) replaced two glucose-based exchanges.

Methods: The three-pore model with icodextrin hydrolysis was used for numerical simulations of a single exchange to investigate the impact of different peritoneal dialysis schedules on fluid and solute removal in patients with different peritoneal solute transfer rates (PSTRs). We evaluated water removal (ultrafiltration, UF), absorbed mass of glucose (AbsGluc) and carbohydrates (AbsCHO, for glucose and glucose polymers), ultrafiltration efficiency (UFE = UF/AbsCHO) per exchange, and specified dwell time, and removed solute mass for sodium (ReNa), urea (ReU), and creatinine (ReCr) for a single peritoneal exchange with 7.5% icodextrin (Extraneal®) and glucose-based solutions (1.36% and 2.27%) and various dwell durations in patients with fast and average PSTRs.

Results: Introducing 7.5% icodextrin for the long dwell to replace one of three or four glucose-based exchanges per day leads to increased fluid and solute removal and higher UF efficiency for studied transport groups. Replacing two glucose-based exchanges with one icodextrin exchange provides higher or similar water removal and higher daily sodium removal but slightly lower daily removal of urea and creatinine, irrespective of the transport type present in the case of reference prescription with three and four daily exchanges.

Conclusion: One 7.5% icodextrin can replace two glucose solutions. Unlike glucose-based solutions, it resulted only in minor differences between PSTR groups in terms of water and solute removal with UFE remaining stable up to 16 h.

KEYWORDS

chronic kidney disease, peritoneal dialysis, icodextrin, ultrafiltration, sodium removal, glucose absorption, ultrafiltration efficiency

1 Introduction

The removal of excess water and uremic toxins is the main goal of peritoneal dialysis (PD). In conventional PD solutions, glucose at different concentrations is used as an osmotic agent to provide sufficient water removal (ultrafiltration, UF), together with solute removal. The higher the glucose concentration, the higher the osmotic gradient, which induces greater UF; however, glucose absorption increases. Moreover, the prolonged exposure to a higher glucose concentration might trigger local structural and functional changes within the peritoneal membrane that, in the long-term, may lead to insufficient water removal and, possibly, UF failure. As an alternative, to ameliorate these problems, an isosmotic solution (Extraneal®, Baxter) containing glucose polymers (7.5% icodextrin) instead of glucose as the primary osmotic agent can be used in longer dwells or in patients with insufficient UF to increase and prolong water removal due to the slower dissipation of the osmotic gradient created by icodextrin and to decrease the exposure to glucose.

The efficiency of water and solute removal is directly related to the characteristics of the peritoneal membrane and its transport capacity (permeability) that varies among patients and may change over time in long-term dialysis. Although recently more emphasis was given to fluid removal, the typical assessment of peritoneal membrane transport properties is based on small-solute transport and classification of individual patients according to their peritoneal small solute transfer rates (PSTRs) as fast, average, and slow transporters based on the peritoneal equilibration test (Morelle et al., 2021). This is partly due to the fact that, in the case of dwells with glucose-based solutions, a faster PSTR not only results in the faster and earlier equilibration of solutes but also the faster absorption of glucose and, consequently, lower UF, which, in turn, leads to the lower removal of urea and creatinine during the latter part of the dwell (Wang et al., 1998). This is in contrast to long icodextrin-based dwells, for which numerical simulations and also clinical trials suggest the lower dependence of UF on the PSTR and tendency to equalize water and sodium removal, especially among patients characterized by a fast and average PSTR (Lin et al., 2009; Akonur et al., 2016).

The current consensus is that small-solute removal should not be considered so strictly and treated as the only indicator of treatment adequacy, and that other factors should be also taken into account (Brown et al., 2020). Nowadays, modern PD prescriptions allow more possibilities to modify and optimize standard PD treatment regimens in order to not only provide effective treatment outcome in terms of fluid and solute removal but also to decrease glucose exposure that may harm the peritoneal membrane or reduce the number of exchanges as these changes may potentially protect residual renal function and increase the patient quality of life. The recent trend of the growing popularity of incremental dialysis is also consistent with the above fact (Blake et al., 2020). Incremental PD consists in the earlier initiation of PD with less frequent exchanges and/or with lower doses, with further modifications following changes occurring in membrane and renal function at the time of PD. It is very common to initiate PD therapy with only 2–3 exchanges per day, especially in Asia (Lo et al., 2001; Yan et al., 2022).

Various clinical studies suggest that icodextrin improved UF and lowered daily glucose absorption levels compared to glucose-based solutions (Goossen et al., 2020). In addition, the differences in mechanisms involved in the water removal for icodextrin and glucose-based solutions were investigated experimentally and using mathematical modeling (Morelle et al., 2018; Morelle et al., 2023); however, the magnitude of its superiority requires further research. In this study, we applied the three-pore model to simulate various PD schedules and their impact on fluid and solute removal under well-specified and controlled conditions to investigate whether glucose-based exchanges can be replaced with 7.5% icodextrin in the same patients and, if yes, to which extent? We especially address one question: can one icodextrin-based long dwell replace two exchanges with glucose-based solutions? Since the problem of insufficient water removal is mainly observed in patients with a fast PSTR, we primarily focus on this group, but we also verify to which extent answers to this question are transferable to patients with other transport status.

2 Materials and methods

2.1 Model overview

All simulations presented in this study are based on the extended version of the three-pore model for peritoneal transport (including dwells with 7.5% icodextrin) described in detail below. The proposed model is based on the classical three-pore approach applied to describe the peritoneal transport of water and solutes. In addition, icodextrin hydrolysis and its impact on peritoneal transport are taken into account; in the present study, we used a minimal model, i.e., a simplified version of the models of icodextrin hydrolysis by α -amylase proposed by Akonur et al. (2015) and Stachowska-Pietka et al. (2023), which is still sufficient to provide an accurate description of clinical data.

The applied model describes changes in the intraperitoneal volume and solute concentrations in the dialysate. The following solutes are considered in the model: small solutes (urea, creatinine, glucose, and sodium) and icodextrin polysaccharides [aggregated into seven fractions, i.e., glucose polymer-size classes, with molecular weight cut-off values up to 1.08 kDa (fraction 1), 4.44 kDa (fraction 2), 9.89 kDa (fraction 3), 21.4 kDa (fraction 4), 43.5 kDa (fraction 5), 66.7 kDa (fraction 6), and over 66.7 kDa (fraction 7), as described in Stachowska-Pietka et al. (2023)].

2.2 Model-based simulations

Numerical simulations of peritoneal transport during a single exchange were carried out for a typical patient with an average PSTR according to PET. The characteristics of a “typical peritoneal membrane” were taken based on the adjustment of the model to the clinical data of nine patients undergoing PD with glucose 2.27% solution, described previously in Heimbürger et al. (1992). More precisely, the fractional small-pore UF coefficient (α_{sp}) and unrestricted pore area over the (unit) diffusion path length distance ($A_0/\Delta x$) were adjusted to clinical data from Heimbürger et al. (1992), and peritoneal fluid absorption of 1.2 mL/min was

taken into account based on the volume marker absorption from the peritoneal cavity. For each solute, the diffusive permeability of the peritoneal membrane (PS) was calculated according to the standard formulas from the three-pore approach, as proposed and applied previously based on the adjusted value of $A_0/\Delta x$ (Rippe and Levin, 2000; Rippe et al., 2004; Waniewski, 2013). The diffusive permeability of urea was adjusted separately to $A_0/\Delta x$ (with a slightly higher value than the theoretical one) to obtain a precise description of urea removal during the peritoneal exchange. This remains in agreement with clinical observations that higher values of diffusive transport parameters for urea were observed during PD exchanges related to its transport across the peritoneal tissue cells. The model describes data with high accuracy with an average relative error per measurement point of 0.01, as presented in [Supplementary Figure S1](#).

The obtained characteristics of the peritoneal membrane were taken to provide the simulation of glucose and icodextrin exchanges. The typical values of the peritoneal fluid absorption rate measured using a volume marker range from 0.7 up to 1.6 mL/min but typically remain below 1 mL/min (Waniewski, 2013). The mean value of peritoneal absorption measured in Heimburger et al. (1992) was 1.2 ± 0.6 mL/min, whereas a lower mean value of 0.67 ± 0.39 mL/min was found in Stachowska-Pietka et al. (2023). Therefore, to provide reliable simulations for a typical patient, we considered an average value of those two, 0.9 mL/min. The typical parameters for icodextrin hydrolysis by amylase were taken based on the average values obtained using the minimal model for the analysis of clinical data on long-term icodextrin-exposed patients undergoing 16-h 7.5% icodextrin dwells, published previously by Olszowska et al. (2019). The simulation of a single exchange of 2 L dialysis fluid with 2.27% and 1.36% glucose lasting up to 8 h and with 7.5% icodextrin lasting up to 16 h was performed with parameters as presented in [Supplementary Table S1](#).

The simulation of a single exchange of 2 L dialysis fluid with 2.27% and 1.36% glucose lasting up to 8 h and with 7.5% icodextrin lasting up to 16 h was performed with parameters as presented in [Supplementary Table S1](#). The initial concentrations of the solutes in the dialysate were calculated taking into account the dilution of solute concentrations in fresh dialysis fluid (according to specifications by the manufacturer) by the residual peritoneal volume. Numerical simulations for a patient with a fast PSTR were performed with the rescaled solute diffusive permeabilities of the peritoneal membrane (PSs), following the changes in $A_0/\Delta x$ (increased by a factor of 1.6), as previously proposed by Oberg (2021).

2.3 Minimal three-pore model for icodextrin transport

In order to simulate peritoneal dwells with icodextrin, the classical three-pore model was extended. Since the modeling of hydrolysis was out of scope of this study, we applied a model that would describe the kinetics of icodextrin fractions without a detailed description of its hydrolysis. We call this model a minimal model as it is a simplified version of the models that take into account icodextrin hydrolysis by α -amylase proposed by Akonur et al.

(2015) and Stachowska-Pietka et al. (2023), which is still sufficient to provide an accurate description of clinical data.

A simplified kinetics was proposed using pseudo-first-order degradation kinetics to describe the net decrease in icodextrin fraction mass in the dialysate (fractions 2–7) that was related to the hydrolysis with a constant degradation rate k_i (Akonur et al., 2015; Stachowska-Pietka et al., 2023). Therefore, in addition to peritoneal kinetics, a decrease in the mass of fractions 2–7 corresponding to the hydrolysis can be calculated as $k_i \cdot C_{D,amylase} \cdot (V_D \cdot C_{D,Ico_i})$, where $V_D \cdot C_{D,Ico_i}$ denotes the mass of fraction i . Similar to the previous approaches, we assume additionally that the degradation rate depends on the amylase concentration in dialysate $C_{D,amylase}$. The (net) mass of icodextrin polymers from fractions 2 to 7 degraded by the amylase activity (expressed in moles/min) would increase the molar mass of fraction 1 (by $2 \sum_{i=2, \dots, 7} k_i \cdot C_{D,amylase} \cdot (V_D \cdot C_{D,Ico_i})$) additionally to its increase related to the degradation of polymers present already in fraction 1 ($k_1 \cdot C_{D,amylase} \cdot (V_D \cdot C_{D,Ico_1})$).

Similar to the classical three-pore model, the minimal model was adjusted to the clinical data on long-term icodextrin-exposed patients undergoing 16-h 7.5% icodextrin dwells, published previously by Olszowska et al. (2019). The individual kinetics of the intraperitoneal volume and the concentration of glucose, urea, creatinine, and icodextrin fractions 1–7 were taken into account. The goodness of the minimal model to predict peritoneal transport in icodextrin dwells was high with an average relative error per measurement point of 0.032 ([Supplementary Figures S2, S3](#)).

2.4 Calculation of treatment efficiency

For each session, the removal of urea, creatinine, and sodium (ReU, ReCr, and ReNa, respectively) was calculated as the difference between the mass of the solute removed in the spent dialysate and the solute mass instilled. The absorption of glucose from glucose-based solutions and carbohydrates (polysaccharides) from icodextrin-based solution during the peritoneal exchange was calculated as the difference between the solute mass infused in the fresh solution and its mass removed in the drained fluid. The total absorption of carbohydrates, AbsCHO, was calculated as the total mass of glucose absorbed (in the case of glucose-based solution) or the sum of the total glucose and carbohydrate mass absorbed (for 7.5% icodextrin) during a single session or for a whole schedule. In addition, the total mass of glucose absorbed, AbsGluc, was calculated for each schedule.

The removal of fluid was evaluated based on the UF and calculated as the difference between the final volume decreased by the residual volume and the infused volume. The efficiency of dialysis solution to remove water, i.e., ultrafiltration efficiency UFE, was defined as UF divided by the total absorption of carbohydrates, AbsCHO, during a specified time—a single exchange with various dwell times or daily.

2.5 Numerical simulations

The parameters for the classical and minimal three-pore model were estimated using the “lsqnonlin” function implemented with the

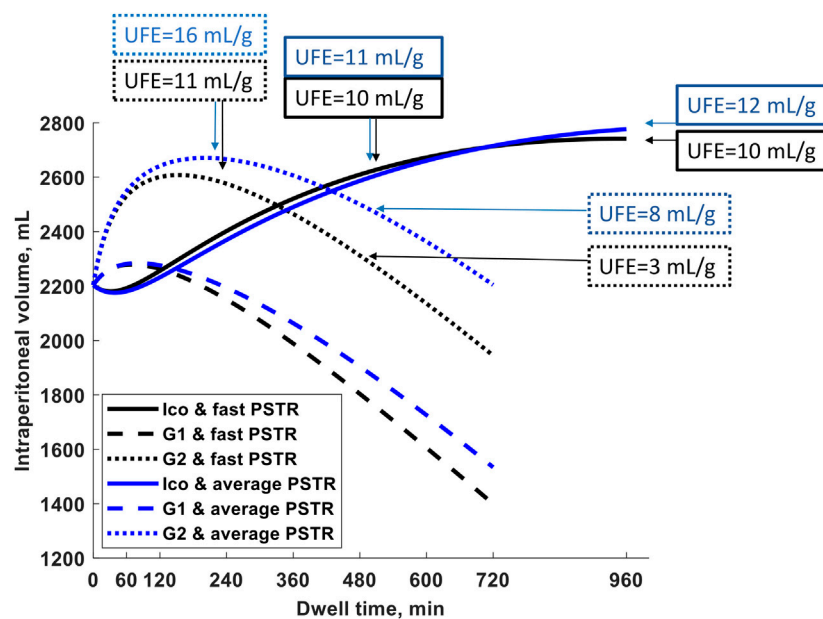


FIGURE 1

Intrapertitoneal volume as a function of dwell time during a 12-h exchange with 1.36% (G1) and 2.27% glucose (G2) and during a 16-h exchange with Extraneal (Ico, 7.5% icodextrin-based solution) for a patient with fast peritoneal solutes transfer rate (PSTR) and average PSTTR. The figure shows marked differences between the three solutions in the intraperitoneal volume with transitory increases in the two glucose-based solutions that are accentuated by a faster PSTTR, while the steady increase of volume up to 14–16 h with 7.5% icodextrin (Extraneal) is not influenced much by the PSTTR. The ultrafiltration efficiency, UFE (volume of water removed in mL per gram absorbed carbohydrates), for G2 and 7.5% icodextrin (Extraneal) and for both PSTTR groups is noted at specified dwell times (4 and 8 h for G2 and 8 and 16 h for Ico), showing a decrease in UFE in glucose-based solutions already after the 4-h dwell, whereas UFE remains stable even up to 16 h in the icodextrin-based solution.

trust–region–reflective algorithm implemented to minimize the sum of squared differences between the modeled and measured values for the intraperitoneal volume and concentration of glucose, urea, creatinine, and icodextrin fractions (for the minimal model only) in the dialysate.

The numerical simulation of glucose and icodextrin-based dwells was performed using the minimal three-pore model that was implemented and solved using the commercial software package MATLAB with the built-in function “ode45,” which is based on an explicit Runge–Kutta formula with variable step size. Computer-based simulations were performed according to the concept presented in Sections 2.1–2.4 and with the parameters presented in Supplementary Table S1.

3 Results

The changes in the intraperitoneal volume during a single exchange with 2.27% and 1.36% glucose and icodextrin-based (Extraneal) solutions are presented in Figure 1 for patients with an average and fast PSTTR. In the case of shorter exchanges, glucose-based solutions are more efficient in water removal than 7.5% icodextrin, whereas icodextrin provides greater UF for longer dwells (Figure 1). Initially, for glucose-based solutions, the intraperitoneal volume increases. However, the dominance of peritoneal fluid absorption over ultrafiltration during the later phase of the peritoneal dwell results in the thereafter observed steady decrease in the intraperitoneal volume and, thus, the appearance of negative ultrafiltration for long-enough dwells

(Figure 1). The appearance of negative ultrafiltration, corresponding to the absorption of fluid, can be observed earlier in the case of solutions with a lower glucose concentration, as well as in patients with faster transport status, due to the faster dissipation of the osmotic gradient (Table 1). This is in contrast to the icodextrin-based exchanges for which the intraperitoneal volume gradually increases up to 14–16 h of the peritoneal dwell (Figure 1; Table 1). However, the model predicts that for long-enough dwells with 7.5% icodextrin (exceeding 14–16 h), the fluid absorption rate will finally exceed the UF rate, eventually leading to a slow decrease in the intraperitoneal volume (instead of the observed increase) that would occur sooner in the case of patients with a faster PSTTR. In contrast to glucose-based solutions, the changes in the intraperitoneal volume during dwells with 7.5% icodextrin are similar among patients from different transfer groups (difference in UF for a single exchange is smaller than 65 mL) (Figure 1; Table 1).

During peritoneal dwells, the concentration of the osmotic agents in dialysate, glucose and icodextrin, slowly decreases. The absorption of glucose occurs during the whole dwell period with glucose-based solutions, with 42 g and 25 g of glucose being absorbed after 12 h for a patient with a fast PSTTR and 2.27% and 1.36% glucose, respectively, as presented in Table 1. In the case of icodextrin-based solutions, the amount of carbohydrates absorbed during the peritoneal dwell, AbsCHO, is mainly related to the absorption of glucose polymers composing icodextrin, while glucose is removed from the body in the dialysis fluid. After a 16-h dwell, the absorption of carbohydrates reaches net AbsCHO = 55 g for fast transporters (including an estimated amount of 5 g of

TABLE 1 Simulated ultrafiltration (UF), absorbed carbohydrates (AbsCHO for glucose and glucose polymers), ultrafiltration efficiency (UFE = UF/AbsCHO) per single exchange and specified dwell time, and removed solute mass calculated for sodium (ReNa), urea (ReU), and creatinine (ReCr) for a single peritoneal exchange with icodextrin-based (Extraneal) and glucose-based solutions (2.27% and 1.36%) and different dwell durations for a patient with a fast and average peritoneal solute transfer rate (PSTR). NA, not applicable due to net fluid absorption.

Solution	Icodextrin			Glucose 2.27%					Glucose 1.36%				
Dwell duration	10 h	12 h	16 h	4 h	6 h	8 h	10 h	12 h	4 h	6 h	8 h	10 h	12 h
Transfer group	Fast PSTR												
UF, mL	469	510	538	373	262	109	−68	−258	−53	−214	−399	−598	−804
AbsCHO, g	45.2	50.1	54.8	34.0	37.8	39.9	41.2	42.0	20.8	22.8	23.9	24.5	25.0
UFE, mL/g	10.4	10.2	9.8	11.0	6.9	2.7	NA	NA	NA	NA	NA	NA	NA
ReNa, mmol	75.1	80.9	85.2	51.1	42.2	24.5	1.9	−23.5	0.1	−19.2	−43.4	−70.2	−98.5
ReU, g	2.65	2.70	2.74	2.5	2.4	2.3	2.1	1.9	2.1	1.9	1.7	1.5	1.3
ReCr, g	0.21	0.21	0.22	0.17	0.18	0.18	0.16	0.15	0.15	0.15	0.14	0.12	0.10
Transfer group	Average PSTR												
UF, mL	457	512	573	463	403	297	160	1	−10	−140	−299	−478	−669
AbsCHO, g	39.7	43.9	47.9	28.3	32.8	36.0	38.3	39.9	18.1	20.7	22.4	23.6	24.4
UFE, mL/g	11.5	11.7	12.0	16.4	12.3	8.2	4.2	0.0	NA	NA	NA	NA	NA
ReNa, mmol	73.4	80.8	89.3	51.7	51.4	42.6	27.9	8.7	0.9	−13.1	−32.3	−55.2	−80.7
ReU, g	2.6	2.7	2.8	2.3	2.4	2.4	2.3	2.2	2.0	1.9	1.8	1.7	1.4
ReCr, g	0.20	0.21	0.22	0.15	0.17	0.17	0.17	0.16	0.13	0.14	0.14	0.13	0.11

glucose removed from blood to the dialysate) and AbsCHO = 48 g for patients with an average PSTR (Table 1). Moreover, the efficiency of icodextrin to remove water, UFE, remains relatively stable with values close to 10 mL/g for a fast PSTR and 11–12 mL/g for average transporters. Unlike for 7.5% icodextrin, the efficiency of glucose-based solutions, UFE, does not remain stable but decreases with the dwell length, being higher in the case of dialysis fluid with higher tonicity (Table 1).

Sodium removal follows water transport, being the highest in the case of dwells with 7.5% icodextrin for dwells longer than 6 h in patients with a fast and average PSTR, Table 1. Moreover, in the case of the usage of icodextrin-based solutions, sodium removal increases with dwell time, while the removal of sodium in dwells with glucose-based solutions increases initially but then decreases after 4–6 h of peritoneal dwells due to the decrease in the peritoneal dialysate volume (Table 1). Consequently, for long-enough dwells, effective absorption of sodium among fast transporters is predicted by the model to occur after 12 h and 6 h for 2.27% and 1.36% glucose, respectively, as indicated by negative values of ReNa in Table 1. In patients with a fast PSTR, the removal of urea and creatinine already decreases after 4 h of glucose dwells (Table 1). In the case of patients with an average PSTR, the corresponding decrease in the urea and creatinine mass removed is observed later, after 6–8 h (Table 1). This is in contrast to 7.5% icodextrin, for which a slight increase in the urea and creatinine mass removed is observed throughout the dwell time and for patients with all transfer types (Table 1). Furthermore, when comparing the removal of small solutes for dwells with the same duration, the removal of solutes is higher with 2.27% glucose than with 7.5% icodextrin in the case of shorter dwells, while for

longer dwells, superiority of icodextrin-based solution in terms of the solute mass removed is observed for patients with all types of peritoneal transfer (Table 1) (not shown for slow transporters).

Let us consider a patient with a fast PSTR undergoing initially three 8-h exchanges per day with 2 L of 1.36% or 2.27% glucose-based solution (presented as reference prescriptions in Table 2) and compare it with new scenarios in which one glucose-based exchange (A_1 and C_1 , and B_1 with an additional change in glucose concentration in one exchange) or two glucose dwells (scenarios D_1 and E_1) were replaced by one exchange of 7.5% icodextrin. In scenarios A_1 – C_1 , a single 12-h exchange with the icodextrin-based solution is assumed, followed by two 6-h exchanges with 1.36% or 2.27% glucose-based solutions, whereas in scenarios D_1 and E_1 , two glucose 8-h exchanges are replaced by one 16-h dwell with 7.5% icodextrin (Table 2). Based on the results presented in Table 1, the corresponding fluid and solute removals for all theoretical schedules were calculated and presented in Table 2. As expected, the reference prescription with 2.27% glucose provides the higher removal of fluid and solutes with daily UFE = 2.7 mL/g if compared to 1.36% glucose, for which the net absorption of fluid and sodium is predicted (negative UF and ReNa) (Table 2). However, the higher water removal for 2.27% glucose is accompanied by higher glucose absorption (>48 g daily) (Table 2). The substitution of one glucose dwell (from the reference prescription) by one icodextrin dwell leads to the increased removal of water and solutes, even in the case of shorter dwells of glucose solutions, as well as higher daily UFE (scenarios A_1 and C_1 ; Table 2). Moreover, although the total absorption of carbohydrates increases, the daily absorption of glucose for scenarios A_1 and C_1 is lower than in all reference





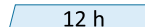



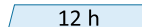


TABLE 2 Comparison of reference prescription of three exchanges/day with 2L of glucose 1.36% (G1) or 2.27% (G2) solution with new scenarios (A₁–E₁), where one icodextrin-based exchange replaces one or two glucose-based exchanges, in terms of fluid and solute removal^a for patients with a fast peritoneal transfer rate (PSTR).

Reference prescription Fast PSTR			New scenarios				
			A ₁	B ₁	C ₁	D ₁	E ₁
No. of dwells	Three exchanges/day		Three exchanges/day			Two exchanges/day	
Dwell time ^b	8 h 8 h 8 h		12 h 6 h 6 h			16 h 8 h	
Dialysis fluid	3xG1	3xG2	1xIco+2xG1	1xIco+1xG1+1xG2	1xIco+2xG2	1xIco+1xG1	1xIco+1xG2
UF, mL	–1,198	326	82	558	1,034	139	647
AbsGluc, g	71.6	119.8	40.8	55.9	70.9	19.1	35.1
AbsCHO, g	71.6	119.8	95.6	110.7	125.7	78.6	94.7
UFE, mL/g	N.A.	2.7	0.9	5.0	8.2	1.8	6.8
ReNa, mmol	–130.2	73.6	42.5	103.9	165.3	41.8	109.7
ReU, g	5.2	6.9	6.6	7.1	7.6	4.5	5.0
ReCr, g	0.41	0.53	0.51	0.54	0.58	0.35	0.39

^aUltrafiltration (UF), absorbed glucose (AbsGluc), and carbohydrates (AbsCHO for glucose and glucose polymers), ultrafiltration efficiency (UFE), and removed solute mass for sodium (ReNa), urea (ReU), and creatinine (ReCr) were calculated for the whole schedule.

^bGlucose-based exchanges are denoted by dark blue, and icodextrin-based exchanges by light blue.

TABLE 3 Comparison of the reference prescription of four exchanges/day with 2L of glucose 1.36% (G1) or 2.27% (G2) solution with new scenarios (A₂–F₂), where one icodextrin-based exchange replaces one or two glucose-based exchanges, in terms of fluid and solute removal^a for patients with a fast peritoneal transfer rate (PSTR).

Reference prescription Fast PSTR			New scenarios						
			A ₂	B ₂		C ₂	D ₂	E ₂	F ₂
No. of dwells	Four exchanges/day		Four exchanges/day				Three exchanges/day		
Dwell time ^b	   		   				  		
Dialysis fluid	4xG1	4xG2	1xIco+3xG1	1xIco+2xG1+1xG2		1xIco+1xG1+2xG2	1xIco+3xG2	1xIco+2xG1	1xIco+2xG2
UF, mL	−963	860	351	777		1,203	1,628	82	1,034
AbsGluc, g	87.3	143.9	57.6	70.8		84.0	97.2	40.8	70.9
AbsCHO, g	87.3	143.9	112.4	125.6		138.8	152.0	95.6	125.7
UFE, mL/g	N.A.	6.0	3.1	6.2		8.7	10.7	0.9	8.2
ReNa, mmol	−98.1	129.9	81.3	132.3		183.3	234.3	42.5	165.3
ReU, g	7.5	9.3	8.9	9.3		9.7	10.1	6.6	7.6
ReCr, g	0.55	0.67	0.66	0.68		0.71	0.73	0.51	0.58

^aUltrafiltration (UF), absorbed glucose (AbsGluc), and carbohydrates (AbsCHO for glucose and glucose polymers), ultrafiltration efficiency (UFE), and removed solute mass for sodium (ReNa), urea (ReU), and creatinine (ReCr) were calculated for the whole schedule.

^bGlucose-based exchanges are denoted by dark blue, and icodextrin-based exchanges, by light blue.

TABLE 4 Comparison of the reference prescription of three exchanges/day with 2L of glucose 1.36% (G1) or 2.27% (G2) solution with new scenarios (A₁–E₁), where one icodextrin-based exchange replaces one or two glucose-based exchanges, in terms of fluid and solute removal^a for patients with an average peritoneal transfer rate (PSTR).

Reference prescription Average PSTR			New scenarios				
			A ₁	B ₁	C ₁	D ₁	E ₁
No. of dwells	Three exchanges/day		Three exchanges/day			Two exchanges/day	
Dwell time ^b	8 h 8 h 8 h		12 h 6 h 6 h			16 h 8 h	
Dialysis fluid	3xG1	3xG2	1xIco+2xG1	1xIco+1xG1+1xG2	1xIco+2xG2	1xIco+1xG1	1xIco+1xG2
UF, mL	–897	891	232	775	1,318	274	870
AbsGluc, g	67.2	108.1	36.8	49.0	61.2	17.6	31.3
AbsCHO, g	67.2	108.1	85.2	97.4	109.5	70.3	83.9
UFE, mL/g	N.A.	8.2	2.7	8.0	12.0	3.9	10.4
ReNa, mmol	–96.9	127.9	54.6	119.1	183.5	57.0	132.0
ReU, g	5.5	7.3	6.6	7.1	7.6	4.6	5.2
ReCr, g	0.41	0.52	0.48	0.51	0.54	0.35	0.39

^aUltrafiltration (UF), absorbed glucose (AbsGluc), and carbohydrates (AbsCHO for glucose and glucose polymers), ultrafiltration efficiency (UFE), and removed solute mass for sodium (ReNa), urea (ReU), and creatinine (ReCr) were calculated for the whole schedule.

^bGlucose-based exchanges are denoted by dark blue, and icodextrin-based exchanges, by light blue.

TABLE 5 Comparison of the reference prescription of four exchanges/day with 2L of glucose 1.36% (G1) or 2.27% (G2) solution with new scenarios (A₂–F₂), where one icodextrin-based exchange replaces one or two glucose-based exchanges, in terms of fluid and solute removal^a for patients with an average peritoneal transfer rate (PSTR).

Reference prescription Average PSTR			New scenarios							
			A ₂	B ₂		C ₂	D ₂	E ₂	F ₂	
No. of dwells	Four exchanges/day		Four exchanges/day				Three exchanges/day			
Dwell time ^b	<div><div>12 h</div><div>4 h</div><div>4 h</div><div>4 h</div></div>		<div><div>12 h</div><div>4 h</div><div>4 h</div><div>4 h</div></div>				<div><div>12 h</div><div>6 h</div><div>6 h</div></div>			
Dialysis fluid	4xG1	4xG2	1xIco+3xG1	1xIco+2xG1+1xG2		1xIco+1xG1+2xG2		1xIco+3xG2	1xIco+2xG1	1xIco+2xG2
UF, mL	−699	1,390	483	955		1,428		1901	232	1,318
AbsGluc, g	78.6	124.7	49.7	59.9		70.1		80.3	36.8	61.2
AbsCHO, g	78.6	124.7	98.1	108.3		118.5		128.7	85.2	109.5
UFE, mL/g	N.A.	11.1	4.9	8.8		12.1		14.8	2.7	12.0
ReNa, mmol	−77.9	163.8	83.6	134.3		185.1		235.8	54.6	183.5
ReU, g	7.3	9.1	8.5	8.9		9.3		9.6	6.6	7.6
ReCr, g	0.50	0.61	0.59	0.61		0.63		0.65	0.48	0.54

^aUltrafiltration (UF), absorbed glucose (AbsGluc), and carbohydrates (AbsCHO for glucose and glucose polymers), ultrafiltration efficiency (UFE), and removed solute mass for sodium (ReNa), urea (ReU), and creatinine (ReCr) were calculated for the whole schedule.

^bGlucose-based exchanges are denoted by dark blue, and icodextrin-based exchanges, by light blue.

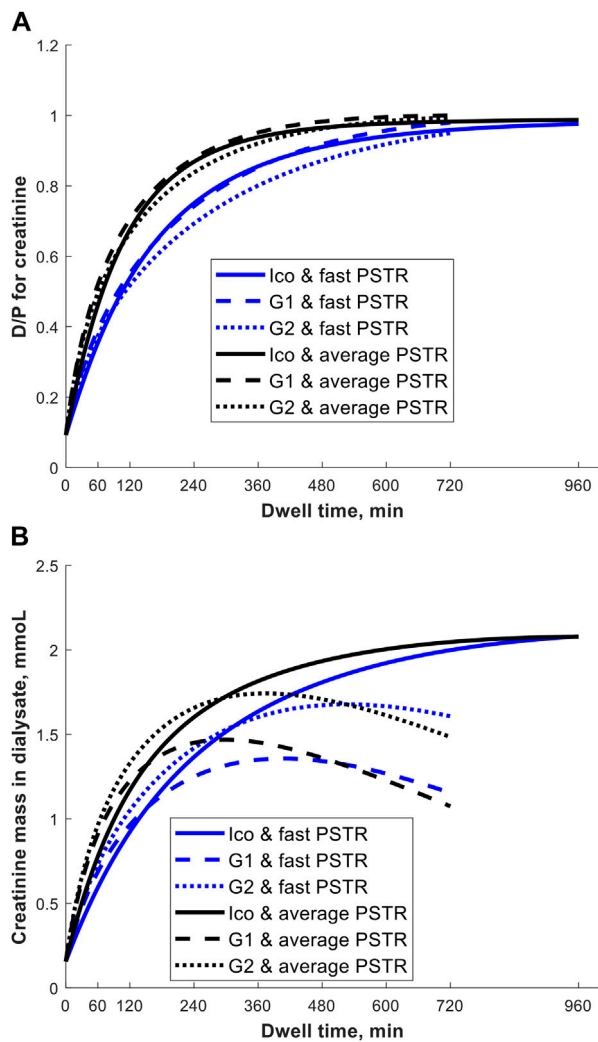


FIGURE 2 Creatinine dialysate-to-plasma concentration, D/P (panel A), and creatinine mass in dialysate (panel B) as a function of dwell time during the 12-h exchange with 1.36% (G1) or 2.27% (G2) glucose-based solution and 16-h exchange with 7.5% icodextrin-based solution (Ico, Extraneal®) in a patient with a fast and average PSTR.

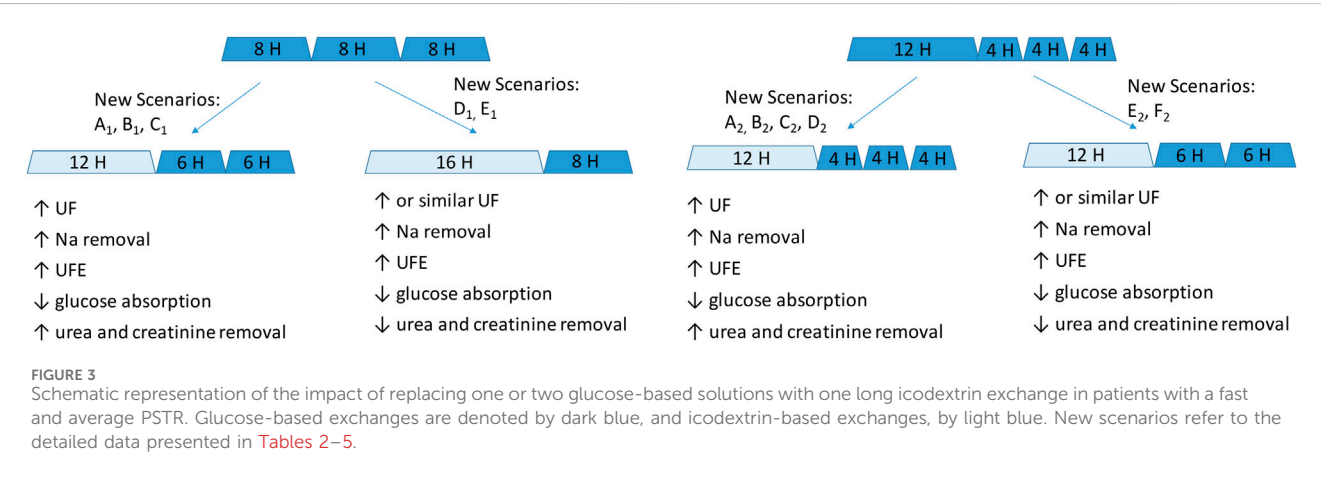


FIGURE 3 Schematic representation of the impact of replacing one or two glucose-based solutions with one long icodextrin exchange in patients with a fast and average PSTR. Glucose-based exchanges are denoted by dark blue, and icodextrin-based exchanges, by light blue. New scenarios refer to the detailed data presented in [Tables 2–5](#).

prescriptions, i.e., 40.8 g and 70.9 g for scenarios A₁ and C₁, respectively. Furthermore, in the case of reference prescription with 2.27% glucose, the fluid and solute removal is also higher when replacing one glucose exchange by one exchange with icodextrin, together with a lowering glucose concentration in one of the two remaining glucose-based exchanges, scenario B₁ (Table 2). Similarly, in the case of a patient with an average PSTR, the removal of water and solutes is also higher for scenarios A₁ and C₁, as can be calculated from the results presented in Table 1.

The substitution of two glucose-based exchanges from the reference prescription with 1.36% and 2.27% glucose by one 16-h icodextrin exchange leads to an increase in UF from −1,198 and 326 mL to 139 (+1,337 mL) and 647 (+321 mL) mL, respectively (scenarios D₁ and E₁; Table 2). This change also leads to improved sodium removal (increase of ReNa by 172 and 36 mmol for 1.36% and 2.27% glucose, respectively) and higher UFE (Table 2). The observed increase in AbsCHO for scenario D₁ and decrease for E₁ correspond to the increased total absorption of carbohydrates, whereas glucose absorption per day is lower (only 19 g and 35 g, respectively, for scenarios D₁ and E₁). However, the corresponding removal of urea and creatinine decreases in scenarios D₁ and E₁ by 13% and 15%, respectively, for 1.36% glucose solution and by 28% and 26% for 2.27% glucose solution (Table 2). Similarly, when substituting two glucose exchanges by one long dwell with the icodextrin-based solution in a patient with an average PSTR, this results in higher UF and higher UFE and sodium removal but not higher urea and creatinine removal.

Table 3 shows water and solute removal for a patient with a fast PSTR undergoing four daily exchanges as reference prescription, three short 4-h exchanges and one long 12-h exchange each with 2 L of solution. We consider different scenarios—A₂ and D₂—replacing one glucose exchange from initial reference scenarios by one icodextrin dwell, and scenarios B₂ and C₂ additionally with a different mix use of 1.36% and 2.27% exchanges (Table 3). In general, 7.5% icodextrin is more effective in fluid and solute removal not only if one long glucose dwell is replaced by one icodextrin dwell, scenarios A₂ and D₂, but also if additionally, the concentration in one glucose exchange is decreased (scenario C₂ in Table 3). However, a further decrease in glucose concentration, as in scenario B₂, although resulting in similar or slightly higher removal of solutes and higher UFE, leads to lower UF than reference prescription with glucose 2.27% (Table 3).

The replacement of two glucose exchanges by one icodextrin exchange, without changing the glucose concentration in the remaining exchanges, leads to an increase in water and sodium removal, which is higher for 2.27% than for 1.36% solutions, scenarios E₂ and F₂ (Table 3). It also results in lower glucose uptake (41 g and 71 g for scenarios E₂ and F₂, respectively, although AbsCHO is lower only in the case of 2.27% glucose) and higher UFE (Table 3). However, such a replacement also leads to the lower removal of urea and creatinine by 12% and 7%, respectively, for 1.36% glucose (scenario E₂) and by 18% and 15%, respectively, for 2.27% glucose (scenario F₂) (Table 3). A further increase in the effectiveness of water removal can be obtained by prolonging icodextrin exchange and shortening glucose dwells, for example, from 12 h + 2 × 6 h to 16 h + 2 ×

4 h (UFE equal to 4.5 and 10.5 mL/g for 1.36% and 2.27% glucose, respectively, calculated based on Table 1). On the other hand, although scenario E₂ is more efficient in water and sodium removal than reference prescription with initial exchanges with 2.27% glucose (Table 3), an additional decrease in the glucose concentration in one of the remaining exchanges (scenario B₁ in Table 2) leads to lower water and sodium removal. Similarly, a beneficial effect of icodextrin in water and sodium removal (in case of scenarios E₂ and F₂) is also present if considering patients with an average PSTR.

Detailed results for patients with an average PSTR having 3–4 exchanges per day have a similar trend and are presented in Tables 4, 5.

4 Discussion

This study shows that in PD patients who receive 3–4 daily exchanges with 1.36% or 2.27% glucose-based solutions, one icodextrin-based long dwell can replace two exchanges with glucose-based solutions in terms of the removal of fluid and sodium. Such a change in the prescription was found to provide higher or similar removal of water and sodium but slightly lower daily removal of urea and creatinine, independent of the PSTR. Consequently, there could be potential positive clinical implications linked to the better control of fluid status and improved quality of life because of less intrusion in regular life due to reduced number of exchanges. These potential advantages should be weighed against the potential disadvantage of the lower removal of urea and creatinine and other uremic toxins.

The introduction of icodextrin into reference prescriptions comprising 3–4 exchanges per day of glucose-based solutions leads to substantial increase in fluid and solute removal, lower glucose absorption, and higher UF efficiency for patients from all transport groups. The observed higher values of AbsCHO in the new prescriptions with icodextrin (although glucose absorption was lower) were related not only to the larger infused mass of CHO but also dwell duration. In fact, AbsCHO for icodextrin predicted for the same dwell duration and irrespective of transport groups was similar to that for 2.27% glucose being 39–44 g/8-h and 36–40 g/8-h dwell, respectively, and similar to the values of AbsCHO found in the MIDAS study—38 g/8-h and 39 g/8-h dwell, respectively (Mistry et al., 1994). Moreover, in contrast to dwells with the glucose-based solution, the absorption of icodextrin metabolites does not result in the observed hyperglycemia and hyperinsulinemia (Gokal et al., 2002). This is mainly due to the fact that during peritoneal dwell, icodextrin is hydrolyzed by α -amylase to maltose and larger glucose polymers, and further metabolism to glucose by maltase occurs rather intracellularly (Mistry et al., 1994; Gokal et al., 2002). The results for other treatment schedules, i.e., with different numbers and duration of dwells, can be easily calculated based on the results given in Table 1. Our predictions of the effects of the usage of icodextrin vs. glucose-based solutions in terms of fluid and solute (sodium, urea, and creatinine) removal agree with the clinical observations in randomized control studies in different groups of patients with the same dialysis dosage (Lin et al., 2009; Qi et al., 2011; Goossen et al., 2020). Similar results were previously predicted by numerical simulations of automated

PD (APD) and continuous ambulatory PD (CAPD) with glucose and icodextrin solutions (Akonur et al., 2016). The tendency of icodextrin to equalize water and sodium removal among patients with different PSTRs is in contrast to the glucose-based solutions in which the lower removal of water, urea, and creatinine is observed in patients with a fast PSTR and longer dwells (Wang et al., 1998). Moreover, a study looking within the same group of patients at the effect on fluid and solute removal of a night exchange of icodextrin vs. a night exchange of 1.36%, 2.27%, or 3.86% glucose demonstrated that UF and weekly removal of creatinine and urea were superior with icodextrin (Paniagua et al., 2012). Another advantage of using icodextrin is the reduction in the metabolic burden of glucose overexposure, which may be especially significant in the management of fast transport diabetic patients on PD by facilitating metabolic control (Paniagua et al., 2009).

Although we did not specifically analyze consequences for PD patients undergoing APD, our results are also relevant for APD patients using the icodextrin-based solution for the long daytime dwell (Plum et al., 2002). Interestingly, a study showed that a CAPD regimen with one icodextrin-containing and two glucose-containing solutions may contribute to a better preservation of residual renal function and a more biocompatible regimen, with similar dialysis adequacy to a regimen of four daily glucose-containing exchanges (Yoon et al., 2014). This is well-aligned with the study result in our math model. Another recent application is to use one 7.5% icodextrin (Extraneal) solution to replace two glucose-containing solutions as part of the prescription for incremental PD (Fernandes et al., 2023). By using the modified three-pore model, Guest et al. evaluated incremental CAPD prescriptions with 1–3 dwells/day using 2 L of icodextrin and glucose-based solutions and found that two dwells/day (including one Extraneal and one glucose solution) in patients with a glomerular filtration rate of at least 6 mL/min per 1.73 m² are sufficient to achieve clearance goals in all four types of peritoneal transport (Guest et al., 2017).

Why could one exchange of 7.5% icodextrin replace two shorter exchanges of 1.36% or 2.27% glucose solutions? First, this prescription change results in adequate fluid removal. Numerical simulations in our study suggest higher efficiency of icodextrin in water removal, i.e., higher UFE, in the case of longer dwells with a duration of over 10 h, whereas glucose-based solutions are more beneficial in the case of shorter dwells (Figure 1). Unlike glucose-based solutions, icodextrin resulted only in minor differences between transport groups in terms of water and solute removal, with UFE remaining stable up to 16 h (Table 1). Second, the introduction of 7.5% icodextrin also brings relative sufficient solute removal. Although the equilibration rates (in terms of the dialysate to the plasma concentration rate) for urea and creatinine are similar for icodextrin and glucose solutions, the water transport influences the observed removal of urea and creatinine (Figure 2). In consequence, a decrease in ReU and ReCr with increased dwell duration is observed for glucose-based solutions, whereas a persistent increase occurs during icodextrin dwells. Furthermore, despite higher removal during shorter glucose dwells, more efficient removal of urea and creatinine is provided by icodextrin in the case of longer dwells (Figure 2; Table 1). Based on the latest ISPD guideline (Brown et al., 2020), we shall consider more aspects regarding dialysis adequacy, including patient reported outcomes, fluid removal, and nutrition, whereas the view that small-solute removal (urea,

creatinine, etc.) is the only important index to consider when evaluating dialysis quality is no longer valid. However, we need further clinical studies to verify if the new prescription provides patient benefits. Obviously, the replacement of two glucose exchanges by a single exchange with icodextrin solution provides higher or similar water removal and higher sodium daily removal for patients from average and fast transfer groups. Third, the use of one 7.5% icodextrin solution instead of two glucose solutions also leads to lower glucose uptake, slower dissipation of the osmotic agent, and higher UF efficiency (Table 2). However, this change leads also to a slightly lower daily removal of urea and creatinine, irrespective of the transport type in the case of reference prescriptions with 3–4 daily glucose-based exchanges (Tables 2, 3). The direction of changes induced by the replacement of 1–2 glucose-based exchanges by one long dwell with 7.5% icodextrin is the same for all investigated reference prescriptions with 3–4 exchanges per day and patients with a fast and average PSTR, as summarized in Figure 3.

Recently reported findings showed that the method of steady-concentration PD performed using a device providing continuous glucose infusion to maintain a high intraperitoneal glucose concentration resulted in higher UF rates, more efficient use of glucose (increased ultrafiltration volume/gram glucose absorbed), and greater sodium removal than those when using standard 2.5% dextrose CAPD dwell (Heimbürger et al., 2023). However, while the strategy of PD with a steady glucose concentration means a more efficient use of glucose as an osmotic agent, it is associated with increased exposure to glucose, which may have disadvantages because of harmful metabolic effects and negative effects on the peritoneum.

Our study has several limitations. First, the daily fluid and solute removal calculated in this study represents the removal related purely to peritoneal dialysis, without renal clearance taken into account, and we did not analyze the impact of dry/wet periods. Moreover, the presented simulations consider only the dwell time, whereas the impact of the infusion and drainage procedures on fluid and solute transport was not included in the present model. We also do not provide results of simulations with 3.86% glucose, a solution which is highly efficient in terms of fluid and solute removal in short dwells also in patients with a fast PSTR since this was outside the scope of our study. Strengths of the study include the use of detailed clinical data on fluid and solute transfer from studies in patients using glucose-based (Heimbürger et al., 1992) and icodextrin-based (Olszowska et al., 2019) solutions that were incorporated in a modified three-pore model with icodextrin hydrolysis taken into account (Akonur et al., 2015; Stachowska-Pietka et al., 2023).

In summary, simulations of the peritoneal transfer of fluid and solutes in patients with a fast or average PSTR who used 3–4 glucose-based (1.36% and 2.27%) exchanges per day showed that one icodextrin solution could replace two glucose-based exchanges. Although the new prescriptions with icodextrin resulted in increased water and sodium removal independent of the PSTR, there was only a minor reduction in urea and creatinine removal in the case of the replacement of two glucose-based exchanges. Unlike glucose-based dwells for which the removal of fluid and solutes becomes negative after 4–6 h in patients with a fast PSTR, icodextrin was associated with only minor differences between PSTR groups in terms of water and solute removal, which increased on average steadily throughout the long dwell up to 16 h, with UFE remaining close to 10 mL/g. These results suggest that dialysis schedules using

one 7.5% icodextrin (Extraneal) exchange instead of two exchanges of glucose-based solutions might be a strategic prescription to provide adequate dialysis and potential benefits to the patient quality of life with less exposure to glucose. Further clinical studies are needed to confirm these findings.

Data availability statement

The raw data supporting the conclusion of this article will be made available by the authors, without undue reservation.

Author contributions

JS-P: software, investigation, formal analysis, writing–review and editing, writing–original draft, visualization, methodology, and conceptualization. JW: writing–review and editing, supervision, investigation, and conceptualization. AO: writing–review and editing and data curation. EG-L: writing–review and editing and data curation. JY: writing–review and editing, investigation, and conceptualization. QY: writing–review and editing, investigation, and conceptualization. ZW: writing–review and editing and data curation. BL: writing–review and editing, supervision, investigation, and conceptualization.

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Conflict of interest

Authors JY and QY were employed by Baxter Healthcare Corporation.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphys.2024.1339762/full#supplementary-material>

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Physiology of peritoneal dialysis; pathophysiology in long-term patients

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The microvascular wall of peritoneal tissues is the main barrier in solute and water transport in the initial phase of peritoneal dialysis (PD). Small solute transport is mainly by diffusion through inter-endothelial pores, as is hydrostatic fluid transport with dissolved solutes. Water is also transported through the intra-endothelial water channel aquaporin-1(AQP-1) by a glucose-induced crystalloid osmotic gradient (free water transport). In the current review the physiology of peritoneal transport will be discussed both during the first years of PD and after long-term treatment with emphasis on the peritoneal interstitial tissue and its role in free water transport. Attention will be paid to the role of glucose-induced pseudohypoxia causing both increased expression of fibrogenetic factors and of the glucose transporter GLUT-1. The former leads to peritoneal fibrosis, the latter to a reduced crystalloid osmotic gradient, explaining the decrease in free water transport as a cause of ultrafiltration failure. These phenomena strongly suggest that the extremely high dialysate glucose concentrations are the driving force of both morphologic and functional peritoneal alterations that may develop during long-term PD.

KEYWORDS

peritoneal dialysis, pseudohypoxia, glucose, GLUT-1, ultrafiltration failure, free water transport, peritoneal fibrosis, long-term PD

Introduction

Peritoneal dialysis (PD) as replacement of some aspects of kidney function is limited to removal of potentially toxic solutes that accumulate in severely impaired kidney function, and removal of excess of fluid that can also be present. It should be appreciated that the peritoneum in this condition is not only composed of the mesothelium that covers all abdominal organs, but also includes the submesothelial tissue. This so-called interstitium is composed of a ground substance of hyaluronan and glycosaminoglycans, forming a collagenous network that serves as a skeleton for embedded structures, like microvessels of the circulation and also lymphatic vessels. The interstitium contains a limited number of cells, mainly adipocytes and a few fibroblasts. Overall the interstitium looks rather “empty” at the start of (PD). The mesothelial layer is not a barrier to osmotic fluid transport induced by the glucose content of the intraperitoneal dialysis solution (Flessner, 1994). Therefore, the microvascular wall is likely to be the main barrier for the transport of solutes and fluid from the circulation to the dialysate-filled peritoneal cavity. After a description of the mechanisms of peritoneal transport in the initial phase of PD, the present review will focus on the alterations in peritoneal morphology and transport that can develop in patients after more than 2–4 years of PD, their interrelationships and pathogenesis. Especially the role of the interstitium will be discussed.

Physiology of solute transport

Solutes can pass the microvascular wall through a system of interendothelial pores. These interendothelial cell clefts comprise 90% of all pores and have radii of about 40 Å (Rippe, 1993). The hydrostatic pressure gradient in the normal situation—so without PD—averages 30 mmHg, but decreases to about zero from the arteriolar to the venous part of the microcirculation (Hall, 2016). Therefore hydrostatic ultrafiltration will be largest in the proximal part of the microcirculation. Using a dialysis solution without an osmotic agent and dextran 70 as intraperitoneal volume marker it could be estimated that peritoneal hydrostatic ultrafiltration in PD patients averages 0.5 mL/min (Struijk et al., 1996). Small solutes like urea, creatinine and glucose have radii of 2 to 3 Å, meaning that their transport through pores of 40 Å is unlikely to be size-selectively hindered and that they pass the small pores by convection to the interstitial tissue. When no PD is applied, the interstitial concentration of these small solutes will be similar to that in the microcirculation, but in case of the presence of a dialysis solution the concentrations of urea and creatinine will be zero. This concentration difference induces diffusion through the same small pore system, which is a much more efficient process for the removal of small solutes than convection. For instance the solute removal rate averages 17 mL/min for urea and 8 mL/min for creatinine (Smit et al., 2003). As the diffusion rate of a molecule is dependent on its molecular weight, a convection rate of 0.5 mL/min is quantitatively unimportant for small solutes, but this is different for large ones like serum proteins. For instance the transport rate of β_2 -microglobulin from the circulation to the dialysate averages 1 mL/min, half of which is by convection and half by diffusion (Krediet et al., 2022). The diffusion velocity of a solute is dependent on its size, meaning that low molecular weight solutes diffuse faster than those with a higher molecular weight, so urea (MW 60 D) > creatinine (MW 113 D) > glucose (MW 180 D). Besides the concentration gradient between plasma and intra-abdominal dialysate, the small pore density—so the number of perfused peritoneal micro-vessels—is a determinant of over-all diffusion. This parameter is also called the effective peritoneal surface area (EPSA). The dialysate/plasma (D/P) ratio of creatinine is often used as a functional parameter of EPSA. A mean value of 0.72 after a dwell of 4 h has been reported, but with a 95% confidence interval of 0.52–0.90, indicating a marked inter-individual variability (Smit et al., 2003). These values include an intra-individual variability of 7% (Imholz et al., 1998). Based on D/P creatinine, patients have been categorized in four groups: high and low transporters and high and low average transporters (Twardowski et al., 1987). More recently high and low have been changed to fast and slow. The majority of patients are in the average groups, slow transport rates are rare. Morphological studies on relationships between blood vessel density and peritoneal solute transport have shown equivocal results (Sherif et al., 2006; Schaefer et al., 2018; Nakano et al., 2020). An association has been reported in some, but not confirmed in others. A relationship between over-all estimated blood vessel density by sublingual sidestream darkfield imaging and peritoneal solute transport was found for peritoneal glucose absorption in a limited number of PD patients, excluding the fast transporter group (Vlahu et al., 2014), but this needs further confirmation. These findings suggest that in most patients

peritoneal transport is dependent on the vascular density, but that fast transporters additionally have peritoneal vasodilation, which will increase EPSA.

Physiology of fluid transport

Fluid transport during PD is the difference between transcapillary ultrafiltration and back absorption. As stated above, the hydrostatic pressure gradient will induce about 0.5 mL/min ultrafiltration, which is counterbalanced by 0.4 mL/min backfiltration due to the colloid osmotic pressure gradient (4). To withdraw excess fluid from patients with kidney failure additional crystalloid osmosis is applied by the addition of glucose to the dialysis fluid in high doses, leading to an osmolarity of maximal 500 mosmol/L. Part of the glucose will be absorbed during a dialysis dwell. On average this is 60% of the instilled quantity after 4 h. It means that glucose is unable to create a crystalloid osmotic gradient in the small inter-endothelial pores. The presence of the intra-endothelial water channel aquaporin-1 (AQP-1) in peritoneal capillaries and especially venules explains the crystalloid osmotic gradient, because this water channel only allows water to pass and restricts all solutes. So, AQP-1 induces free water transport (FWT) which is different from fluid transport through the small inter-endothelial pores (SPFT) that is composed of water and solutes. The AQP-1 genotype has some effect on its function. The TT genotype is associated with lower ultrafiltration than the CC genotype (Morelle et al., 2021).

FWT will decrease dialysate sodium concentration, the so-called sodium sieving. This is usually assessed after 60 min of a dwell. When the intraperitoneal volume at this time is known, the sodium clearance from the dialysate can be used to calculate FWT and SPFT separately (Smit et al., 2004; La Milia et al., 2005). During the first hour of a hypertonic dialysis dwell 40% of transcapillary ultrafiltration is by FWT and 60% by SPFT (Parikova et al., 2005). The presence of a large EPSA is associated with a high value for SPFT, but with a low FWT and over-all transcapillary ultrafiltration, pointing to the importance of the crystalloid osmotic pressure in peritoneal ultrafiltration (Krediet, 2018).

Due to the problems associated with the extremely high glucose load, glucose polymers have been investigated. Icodextrin is the only available glucose polymer (mainly α 1-4 linkages, average molecular weight 16,000 D). The 7% solution is not hypertonic, but induces colloid osmosis, i.e., it induces fluid transport through the small inter-endothelial pores, not through AQP-1. Therefore no sodium sieving is present, and a large EPSA is associated with high ultrafiltration rates (Ho-dac-Pannekeet et al., 1996). The large size of icodextrin molecules imply a slow absorption, making it especially effective during long dwells.

Early alterations of the peritoneal membrane

Already after a few months peritoneal accumulation of advanced glycosylation end products can be found, first submesothelially, later also perivascular (Yamada et al., 1994). This event is associated with the formation of immature capillaries and with an increase in

postcapillary vessel wall thickness (Nakano et al., 2020). Epithelial-to-mesenchymal transition of mesothelial cells (EMT) is another morphological change. This phenomenon has first been described in 2003 and consists of a transition of the usual epithelial phenotype to a mesenchymal one with loss of cytokeratin expression. EMT in peritoneal biopsies is characterized by the presence of cytokeratin-positive fibroblasts-like cells in the submesothelial interstitial tissue (Yanez-Mo et al., 2003). The prevalence of EMT is highest between 1.5 and 2 years, when it is present in about one-third of patients (Del et al., 2008). Both phenomena may be involved in the early reduction of ultrafiltration, which is the most important functional abnormality during the first years of PD. Indeed a relationship has been found between ultrafiltration and D/P creatinine (Davies, 2004). The relationship between creatinine and ultrafiltration is explained by a similar time course of creatinine appearance in the dialysate and the disappearance of glucose from it, both attributed to diffusion to and from the dialysis solution. The time course of D/P creatinine shows a tendency to increase with time on PD.

Late alterations of the peritoneal membrane

The early alterations tend to be progressive. In some patients the peritoneum after 4 years is characterized by partial loss of mesothelial cells, submesothelial and interstitial fibrosis, more extensive accumulation of AGEs, and vasculopathy. A schematic overview of these alteration has been published recently (Williams et al., 2002). The blood vessels may show signs of vasculopathy, defined as an increased wall thickness due to subendothelial hyalinosis causing narrowing of the lumen (Selgas et al., 1994). In general, subendothelial hyalinosis of arterioles is mostly seen in patients with diabetes mellitus. In the peritoneum of non-diabetic PD patients subendothelial hyalinosis can be found in all microvessels and is possibly caused by deposition of AGEs sub-endothelially. This narrowing can progress to partial or total lumen obliteration.

The fibrotic alterations can progress to encapsulating peritoneal sclerosis (EPS) in some patients. Ultrafiltration failure is the most relevant functional abnormality (Selgas et al., 1994; Coester et al., 2014). Impaired ultrafiltration is more severe than expected on the basis of D/P creatinine (Parikova et al., 2022) and concerns both SPFT and FWT (Coester et al., 2014). The role of the expanded interstitium in fluid and free water transport is discussed below. Vasculopathy is likely the cause of the decrease of SPFT, because this pathway is driven by the hydrostatic pressure gradient, that is influenced by the presence of vascular stenosis, similar to the post-stenotic pressure drop in renal artery stenosis.

Patients with EPS have reduced FWT (Sampimon et al., 2011; Morelle et al., 2015). They have normal expression of AQP-1, meaning that the crystalloid osmotic gradient in the fibrotic interstitium surrounding the microvessels must be reduced. Passive diffusion is generally considered the major pathway of the glucose absorption from the dialysis solution during a dwell. But its disappearance from the dialysis solution was faster than expected in an acute model in rats (Park et al., 1999). This suggests additional uptake of glucose in interstitial cells. A glucose molecule is too large to diffuse directly across the cell membrane, but requires

the presence of special channels, so-called glucose transporters in the cell membrane. Two types can be distinguished: facilitative glucose transporters (GLUTs) and those that also transport sodium into cells (SGLTs) (Navale and Parajape, 2016). GLUTs facilitate glucose diffusion through the cell membrane, glucose uptake by SGLTs is driven by that of sodium. The presence of both facilitative and sodium dependent glucose transporters in peritoneal tissue has been reported, especially in the mesothelium of patients in the initial phase of PD. Only one study described the presence of glucose transporters in long-term patients in the peritoneal interstitium in the proximity of blood vessels (Schricker et al., 2022). But, expression only gives no information on functionality. Therefore the present review focusses on GLUT-1, of which experimental evidence for function in PD has been shown (Bergling et al., 2022). GLUT-1 is ubiquitously expressed by most cells, among which red blood cells and endothelial cells and also by fibroblasts at a low level, but this is upregulated in the presence of cellular stress, including hypoxia. Increased expression of GLUT-1 by peritoneal interstitial fibroblasts has been postulated as an additional cause of rapid loss of the crystalloid osmotic gradient in long-term patients with extensive peritoneal fibrosis/sclerosis (Krediet, 2021). The functionality of GLUT-1 has been confirmed in a recent study in an acute rat model showing that GLUT-1 inhibition by phloretin improved ultrafiltration (Bergling et al., 2022), while SGLT-2 inhibition had no effect (Martus et al., 2021), thereby supporting the importance of cellular uptake of glucose on the osmotic gradient, irrespective of sodium handling.

Glucose causes peritoneal damage by pseudohypoxia

Peritoneal micro-inflammation has been considered the cause of the above discussed peritoneal alterations (Lambie et al., 2013). A critical analysis of the available evidence convincingly showed the weakness of this theory (Krediet and Parikova, 2022). Analogously to the genesis of diabetic complications (Williamson et al., 1993), glucose-induced pseudohypoxia is likely to be the driving force of the long-term peritoneal alterations (Krediet and Parikova, 2022). Hypoxia of cells is characterized by an increase in the ratio of reduced/oxidized nicotinamide dinucleotide (NADH/NAD⁺) in the cytosol, due to insufficient supply of oxygen. A similar increase of the NADH/NAD⁺ ratio can occur in situations with a high glucose load, like diabetes mellitus and peritoneal dialysis. This explains the term pseudohypoxia. High extracellular/dialysate glucose concentrations cause glucose transport to the cytosol by glucose transporters. Intracellular glucose is degraded in the glycolysis to pyruvate. NAD⁺ is converted to NADH in this process. The latter can be oxidized to NAD⁺ after uptake of pyruvate in the mitochondria, where it is metabolized in the respiratory chain, and by the lactate dehydrogenase reaction in the cytosol in which pyruvate is converted to lactate. These normal compensatory mechanisms can be impaired in the presence of mitochondrial dysfunction and by using lactate buffered dialysate. In case of a high glucose load additional degradation occurs in the sorbitol pathway, in which glucose is degraded to sorbitol. The latter is broken down to glucose along with the formation of NADH from NAD⁺. The various reactions are discussed in ref (Combet et al., 2000) and illustrated in Figure 1.

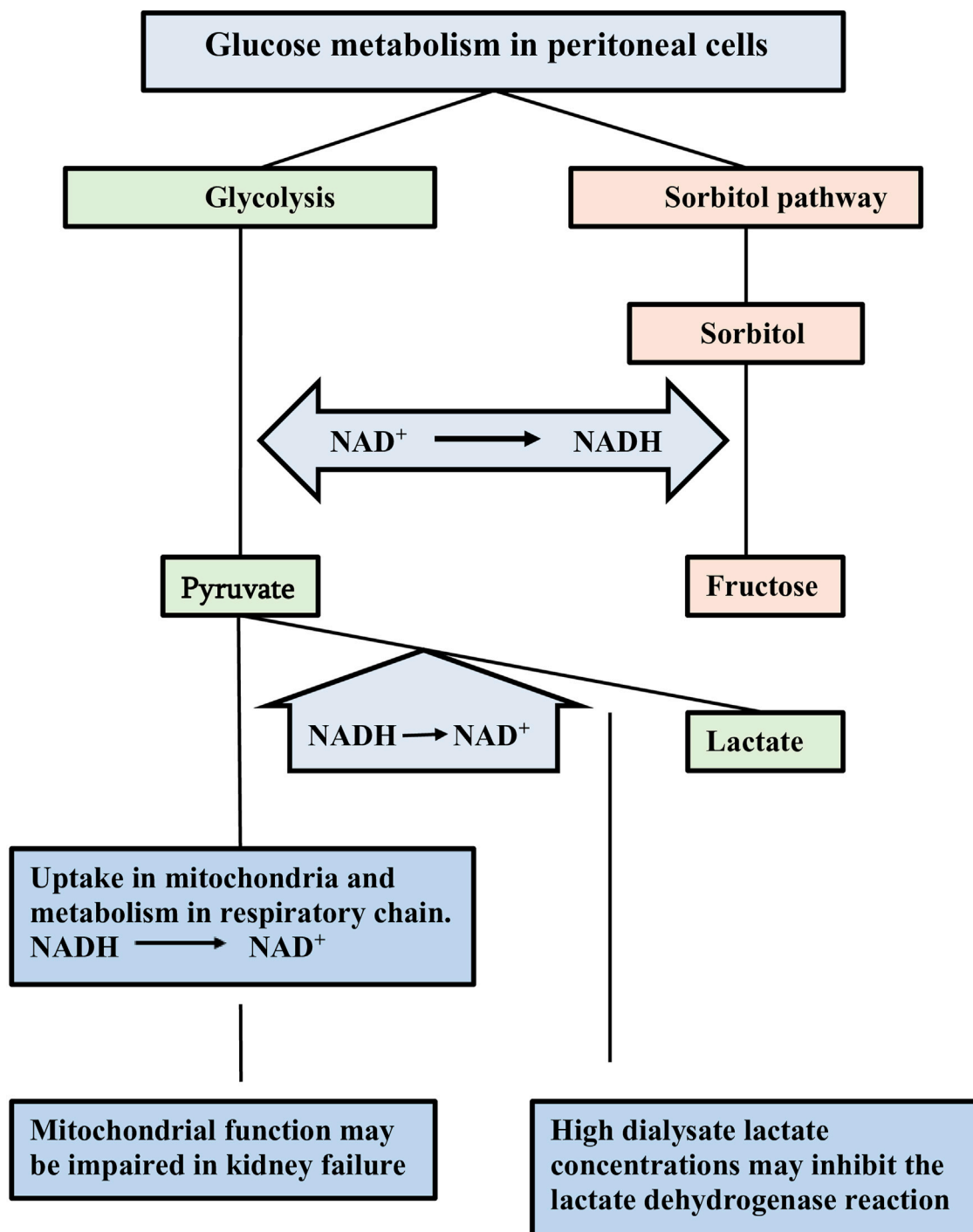


FIGURE 1

Schematic representation of glucose metabolism in peritoneal cells. Intracellular glucose can be degraded in the glycolysis and in the polyol/sorbitol pathway. Nicotinamide dinucleotide (NAD) is involved in by the reduction of NAD⁺ to NADH. Pyruvate is the end-product in the glycolysis. Oxidation of the formed NADH occurs by metabolism of pyruvate in the mitochondriae and conversion into lactate. These normal compensatory mechanisms may be impaired due to mitochondrial dysfunction and to the use of lactate as buffer in the dialysis solution. Fructose is the end-product of the sorbitol pathway without any compensatory mechanism to oxidize NADH. The resulting increased NADH/NAD⁺ ratio is an indicator of cellular hypoxia. Taken from ref (Krediet, 2022).

Effects of peritoneal (pseudo)hypoxia on the long-term morphologic alterations

Hypoxia activates the hypoxia inducible factor-1(HIF-1) gene, which causes an upregulation of the genes encoding for various proteins, like vascular endothelial growth factor (VEGF), transforming growth factor β (TGF- β), plasminogen activator inhibitor -1 (PAI-1) and connective tissue growth factor (CTGF). All these have profibrotic and angiogenic properties. Gene expression of VEGF has been shown in peritoneal tissue. It increased with PD duration (Zweers et al., 2001). Such increase was also present for peritoneal effluent VEGF protein (Margetts et al., 2001). TGF- β is probably the most important factor for peritoneal fibrosis (Mateijsen et al., 1999). PAI-1 and CTGF probably exert their effects distal from TGF- β . Besides angiogenic and profibrotic factors, HIF-1 also causes upregulation of GLUT-1, which causes a vicious circle in PD patients: more interstitial GLUT-1 will lead to a progressive decrease of FWT and to more extensive pseudohypoxia and upregulation of HIF-1. This will lead to more fibrosis and angiogenesis. The above mechanism explains the findings that have been reported in PD patients with EPS: the interstitium is composed of dense collagen bundles (Park et al., 1999) and myofibroblasts (Zhang et al., 2023). This hypothesis is supported by the finding that microvessel density and HIF abundance decrease after discontinuation of PD following kidney transplantation (Flessner, 2006).

Effects of peritoneal (pseudo)hypoxia on peritoneal transport in long-term patients

Angiogenesis, vasculopathy and interstitial fibrosis all with AGE depositions, are the most important morphologic alterations in long-term PD. Ultrafiltration failure is the main functional abnormality. It concerns both free water transport and small pore fluid transport (Sampimon et al., 2011). Small solute transport is somewhat faster than at the start of PD, but the increase can fully be explained by the vascular density. Various theories have been proposed to elucidate the mechanisms of impaired ultrafiltration in interstitial fibrosis, like binding of filtered plasma water by hyaluronan and/or collagen (Wiedner and Wilhelm, 1974). These binding theories are unlikely, because water binding is a process that will get saturated. As stated above, an effect of progressively increased GLUT-1 in interstitial cells is more plausible. The cause of the decrease in small pore fluid transport is not precisely known, but AGE-induced vasculopathy is a possibility, because this will lower the filtration pressure. Interstitial collagen is unlikely to affect peritoneal transport directly, because experiments with a bio-engineered native collagen membrane offered no indication of hindrance to small solute transport and a linear increase of ultrafiltration with increasing hydrostatic pressure (Toroian et al., 2007). Also another *in vitro* study with a gel filtration column consisting of bovine collagen-1 showed no effects on glucose transport, because it penetrated in the water shield of the fibers (Toroian et al., 2007). These *in vitro* studies support the contention that collagen itself is not important in the long-term alterations in peritoneal transport, but that glucose-induced pseudohypoxia is the driving force.

Summary and conclusions

The physiology of peritoneal transport in the initial phase of PD is only different from general microvascular filtration of plasma with respect of two conditions: (1) the presence of dialysis fluid in the peritoneal cavity and interstitial tissue allowing diffusion of solutes from the circulation to the dialysate through inter-endothelial pores, and (2) the presence of glucose in high concentrations, that induces free water transport through the intra-endothelial water channel AQP-1, and thereby removal of excess water from the body. Ultrafiltration is determined by the crystalloid osmotic pressure gradient, which decreases during a dialysis dwell due to absorption of the instilled glucose. Impaired ultrafiltration in the initial phase of PD is mainly due to fast transport of small solutes, including a fast glucose absorption rate. Long-term PD affects peritoneal morphology and function. Loss of mesothelial cells, interstitial fibrosis and vasculopathy may develop. Ultrafiltration failure is the most important functional abnormality, not necessarily associated with fast small solute transport rates. It can be caused by an impaired hydrostatic pressure gradient due to vasculopathy, but is often due to high uptake of glucose in interstitial fibroblasts by the glucose transporter GLUT-1. Glucose-induced pseudohypoxia is probably the cause of the increased GLUT-1 expression by HIF-1, that also increases the expression of various other factors involved in angiogenesis and fibrosis. These include VEGF, TGF- β , PAI-1 and CTGF. Glucose exposure in PD increases the cytosolic NADH/NAD⁺ ratio in peritoneal cells. The resulting pseudohypoxia is the driving force for the long-term morphologic and functional alterations.

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