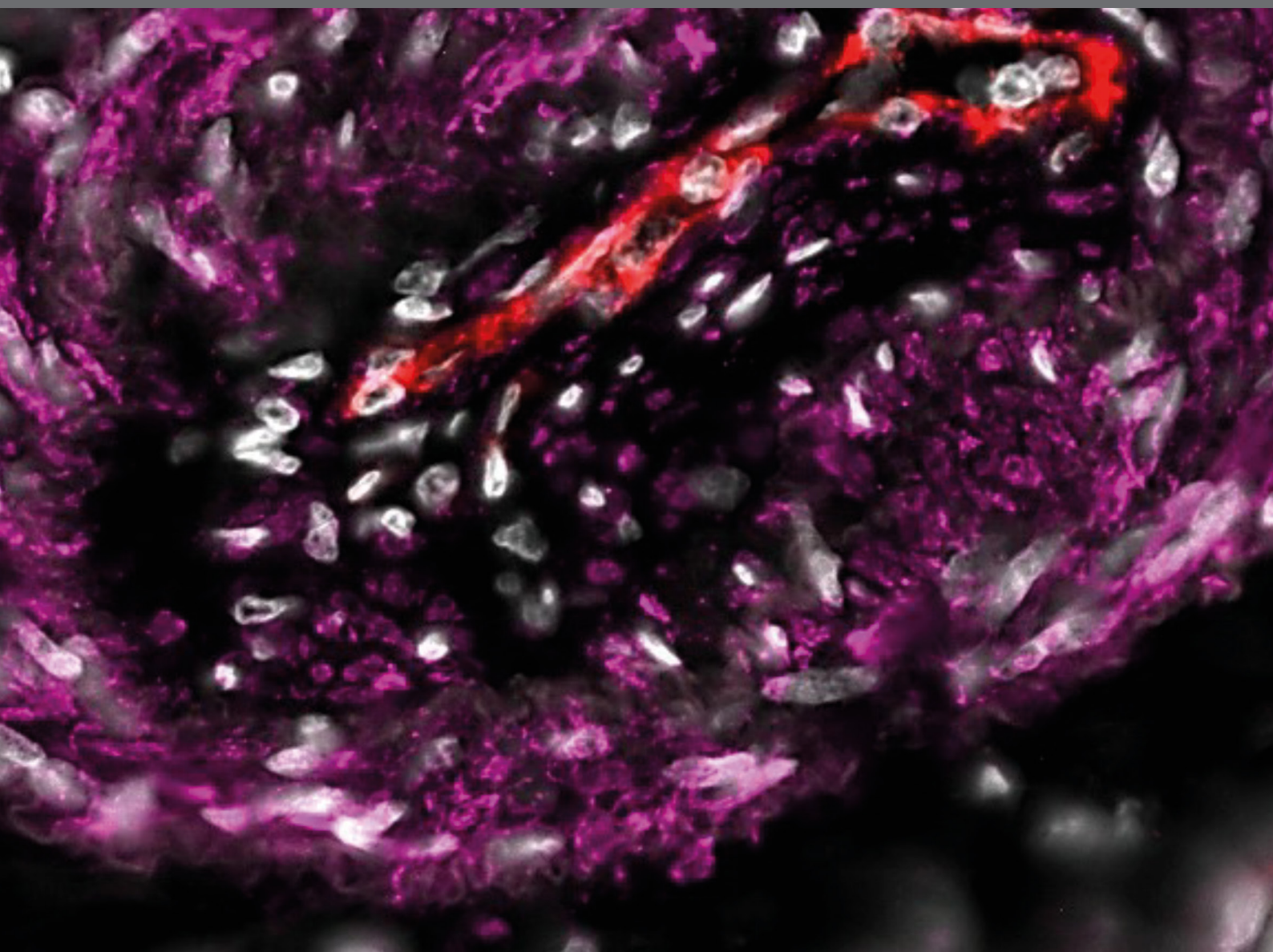


MOLECULAR MECHANISMS IN PULMONARY HYPERTENSION AND RIGHT VENTRICLE DYSFUNCTION

EDITED BY: Harry Karmouty-Quintana, Christophe Guignabert,
Grazyna Kwapiszewska and Mark L. Ormiston
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MOLECULAR MECHANISMS IN PULMONARY HYPERTENSION AND RIGHT VENTRICLE DYSFUNCTION

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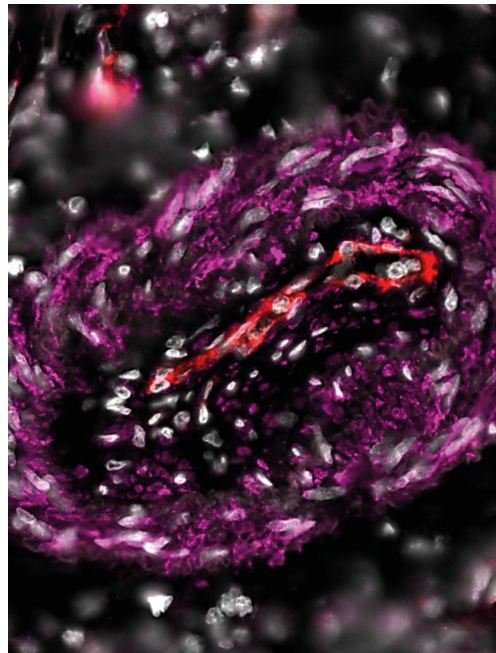


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Pulmonary hypertension (PH) is a disorder of the pulmonary vasculature defined by increased mean pulmonary arterial pressure (mPAP) leading to right ventricle (RV) hypertrophy and dysfunction, right-sided heart failure and ultimately death. PH is a common complication of chronic lung diseases (CLD) including idiopathic pulmonary fibrosis (IPF) or chronic obstructive pulmonary disease (COPD) where it is classified as Group 3 PH by the WHO. It can also be associated with cardiovascular conditions such as left-heart disease (classified as Group 2 PH) or appear on its own as pulmonary arterial hypertension (PAH) and classified as Group 1 PH. In all of these cases the diagnosis of pulmonary hypertension is strongly associated with increased morbidity and mortality. The focus of this Research Topic is to enhance our understanding of the mechanisms that contribute to the pathophysiology of pulmonary hypertension and right ventricle hypertrophy.

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Editorial: Molecular Mechanisms in Pulmonary Hypertension and Right Ventricle Dysfunction

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Keywords: pulmonary hypertension (PH), pulmonary hypertension (PH) due to lung diseases and/or hypoxemia, endothelial cell (EC), right ventricle (RV) function, vascular smooth muscle

Editorial on the research topic

Molecular Mechanisms in Pulmonary Hypertension and Right Ventricle Dysfunction

Pulmonary hypertension (PH) is a hemodynamic condition with multiple etiologies that is defined as a mean pulmonary arterial pressure (mPAP) of at least 25 mmHg at rest measured during right heart catheterization, leading to right heart failure and death (Simonneau et al., 2013; Galiè et al., 2015). PH can result from pre-capillary (arterial) or post-capillary (venous) pathomechanisms. Group 1 PH corresponds to pulmonary arterial hypertension (PAH), which is characterized by pre-capillary PH (mPAP greater or equal to 25 mmHg with a normal pulmonary capillary wedge pressure ≤ 15 mmHg) due to major pulmonary arterial remodeling. PH associated with chronic lung diseases such as idiopathic pulmonary fibrosis (IPF) is classified as Group 3 PH. In all of these forms, the diagnosis of PH is strongly associated with increased morbidity and mortality and in the vast majority of cases, PH remains a progressive, incurable disorder.

This research topic aims at enhancing our understanding of the mechanisms that contribute to the pathophysiology of Group 1 or Group 3 PH and right ventricle hypertrophy, as well as the development of novel therapeutics for PH. In this research topic, Segura-Ibarra et al. discussed innovative nano-therapeutics as potential therapies to treat Group 1 and Group 3 PH. Also, restoration of iron homeostatic balance could have the potential for therapeutic options in PAH are proposed by Ramakrishnan et al. in their review. The authors described that defects in iron homeostasis are associated with vascular remodeling and PAH.

A key cell in the pathogenesis of PH is the pulmonary endothelial cell (EC) (Guignabert et al., 2015; Huertas et al., 2018; Thenappan et al., 2018). At the interface between the bloodstream and the vessel wall, the pulmonary endothelium has a very significant role in controlling barrier integrity and function (Huertas et al., 2018). Injury or insult to ECs is a known mechanism that can lead to the development of PH (Guignabert et al., 2009, 2016; Thenappan et al., 2018). In this research topic, Fazakas et al. demonstrate that the oral multi-target tyrosine kinase inhibitor, dasatinib at high doses alters EC integrity causing changes in cell morphology and reorganization of the actin cytoskeleton consistent with increased pulmonary pressure in isolated perfused and ventilated rat lungs. This study also demonstrates that some of the effects of dasatinib are modulated by Rho-kinase activation, a signaling that is abnormally activated in both Group 1 and Group 3 settings (Guilluy et al., 2009; Collum et al., 2017b).

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Although parts of these findings are in line with previous studies demonstrating that dasatinib-induced endothelial cell dysfunction is reversible following withdrawal (Phan et al., 2018), it appears clear that this phenomenon cannot be sufficiently explained by ROCK activation or Lyn inhibition alone (Phan et al., 2018). Further work is therefore needed to identify the mechanisms underlying dasatinib induced lung vascular toxicity and PH predisposition (Guignabert et al., 2016). Hypoxia-induced EC injury is another key event that is associated with vascular remodeling in PH (Xu and Erzurum, 2011). In this research topic Pi et al. demonstrate that attenuation of the endothelial production of connective tissue growth factor (CTGF) decreased cdc42 activity and protected against hypoxia induced PH and bleomycin (BLM)-induced lung fibrosis and PH.

Enhanced hypoxic-adenosinergic axis is an important feature of Group 3 PH (Garcia-Morales et al., 2016) that is mediated through activation of the adenosine A2B receptor [ADORA2B (Karmouty-Quintana et al.)]. In these studies, genetic deletion of ADORA2B in mice or treatment with an ADORA2B antagonist was able to inhibit BLM-induced fibrosis and PH. Herein Mertens et al. uncouple the role of vascular smooth muscle cell in vascular remodeling, demonstrating that conditional deletion of ADORA2B from smooth muscle cells protects mice from the development of BLM-induced PH without altering fibrosis. These studies demonstrate that therapies aimed at targeting ADORA2B may be effective at treating Group 3 PH where there is an urgent need for new treatments (Hoffmann et al., 2014; Collum et al., 2017a). Rathinasabapathy et al. evaluated the role of the renin-angiotensin system in the development of PH associated with lung fibrosis. In these studies, treatment with either recombinant human Angiotensin Converting Enzyme 2 (rhACE2) (Rathinasabapathy et al.) or a selective Angiotensin II Type 2 (AT2) receptor agonist (Rathinasabapathy et al.) was able to attenuate both PH and fibrotic deposition induced by BLM. These effects were associated with a depletion of inflammatory cells, particularly macrophages, and were accompanied by improved right ventricle (RV) function.

The role of inflammation and fibrosis modulating right ventricular (RV) remodeling and dysfunction is explicitly addressed in this topic by three articles. In the first study, Tian et al. examined the impact of altered mitochondrial dynamics in RV fibroblasts on RV dysfunction and collagen deposition in monocrotaline challenged rats. The authors demonstrate that dynamin related protein-1 (Drp-1) inhibitors, including Mdivi-1 and P110, reverse mitochondrial network fragmentation, cellular hyperproliferation and elevated collagen production in RV fibroblasts from monocrotaline challenged rats *in vitro*. However, the *in vivo* administration of P110 was not sufficient to prevent PH and pathological RV remodeling in response to monocrotaline challenge. To accompany this study, a pair of reviews by Sydykov et al. and Dewachter and Dewachter discuss the role of inflammatory mediators in maladaptive RV remodeling and dysfunction. These reviews identify the major cytokines, chemokines, and immune cell subsets that have been linked to RV dysfunction and failure in both humans and animal models of RV overload. Interestingly, both studies highlight previous reports demonstrating more severe RV

impairment in patients with PAH secondary to systemic sclerosis (SSc) when compared to patients with idiopathic disease and comparable afterload. These works also examine the prospect of therapeutic strategies that aim to improve RV function through the targeting of inflammatory processes, as well as the potential use of inflammatory factors as biomarkers of RV dysfunction.

Currently the golden standard for diagnosis of PH patients is right heart catheterization. However, for monitoring, follow-up or sub-classification (endotyping) of the patients, application of biomarkers could be extremely useful. Identification of valid biomarkers are a crucial step toward precision medicine. In the current issue, three articles have focused on the importance of the biomarkers in PH. Grünig et al. tested the idea that circulating miRNA are associated with PH and that their levels depend on exercise and oxygen-therapy. Circulating miRNAs that control muscle and erythrocyte function (miR-22-3p, miR-21-5p, miR-451a) were decreased upon supervised exercise training or nightly oxygen intervention, pointing to a role as biomarkers of PH progression that are responsive to intervention. Indeed, miRNAs could be very promising biomarkers as they are very stable in bodily fluids such as blood (plasma and serum). In their review, Odler et al. described several biomarkers that have been associated with SSc-PAH. These biomarkers reflected endothelial physiology (e.g., vWF, endostatin), immune activation (e.g., CXCL4), extracellular matrix (e.g., osteopontin), metabolic changes (e.g., adipocytokines), or cardiac involvement (e.g., troponin T). They can range from peptides, cytokines, auto-antibodies up to miRNAs. Although most biomarkers were associated with diagnosis, disease severity, or progression, the authors point out that they rarely have been tested in a prospective studies using well-defined patient cohorts. Sydykov et al. in their review highlighted how inflammatory cells and their mediators can serve as biomarkers of RV remodeling and dysfunction. Higher numbers of macrophages, mast cells and leukocytes as well as cytokines/chemokines such as IL-6, TNF- α , CXCL10, CXCL12 correlated with worsened RV functions such as RV end-diastolic diameter, mean right atrial pressure, and cardiac index. However, performance of these biomarkers in clinical applications requires further validation. In conclusion, this special issue identified and discussed several important target molecules, which could help in the development of new potential diagnostic and therapeutic options. However, further research is necessary to pursue innovative biomarkers and subsequent translational studies are needed to attenuate the high morbidity and mortality associated with all forms of PH.

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All authors listed have made equal substantial, direct, and intellectual contribution to the work, and approved it for publication.

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Nanotherapeutics for Treatment of Pulmonary Arterial Hypertension

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Pulmonary arterial hypertension (PAH) is a devastating and fatal chronic lung disease. While current pharmacotherapies have improved patient quality of life, PAH drugs suffer from limitations in the form of short-term pharmacokinetics, instability, and poor organ specificity. Traditionally, nanotechnology-based delivery strategies have proven advantageous at increasing both circulation lifetimes of chemotherapeutics and accumulation in tumors due to enhanced permeability through fenestrated vasculature. Importantly, increased nanoparticle (NP) accumulation in diseased tissues has been observed pre-clinically in pathologies characterized by endothelial dysfunction and remodeled vasculature, including myocardial infarction and heart failure. Recently, this phenomenon has also been observed in preclinical models of PAH, leading to the exploration of NP-based drug delivery as a therapeutic modality in PAH. Herein, we discussed the advantages of NPs for efficacious treatment of PAH, including heightened therapeutic delivery to diseased lungs for increased drug bioavailability, as well as highlighted innovative nanotherapeutic approaches for PAH.

Keywords: pulmonary arterial hypertension, chronic lung disease, nanomedicine, nanoparticles, drug delivery

INTRODUCTION

Pulmonary arterial hypertension (PAH) is a progressive and fatal disease arising from restricted blood flow through pulmonary arterial circulation. Defined as having mean pulmonary artery pressures (mPAP) greater than 25 mm Hg (Pauwaa et al., 2011), the increased flow resistance in PAH causes an overload in the right ventricle (RV), leading to hypertrophy, hyperplasia, and fibrosis (Ryan and Archer, 2014). These ultimately lead to right heart failure, the major cause of death in PAH patients (Shah, 2012). PAH pertains to the Group I subset of PH, which encompasses idiopathic and heritable disease affecting pulmonary vasculature (Collum et al., 2017). Pathophysiologically, PAH is characterized by remodeling of the pulmonary vasculature that leads to vessel occlusion, muscularization of previously non-muscular vessels, and formation of complex vascular lesions (Stenmark et al., 2009), with pulmonary arteriole smooth muscle cells (PASMCs) and endothelial cells (PAECs) lying at the crux of these processes (Morrell et al., 2009).

Pulmonary arterial hypertension drug therapies have traditionally relied on regulation of vascular tone (Sahni et al., 2016), principally targeting the prostacyclin (PGI₂), endothelin (ET), and nitric oxide signaling pathways (Lang and Gaine, 2015). While pharmacotherapies have resulted in improvements in hemodynamics and quality of life (Lau et al., 2017), they are not without considerable shortcomings, including short drug half-lives and instability (Delcroix and Howard, 2015), as well as adverse side effects (Galie et al., 2009). Moreover, despite combination drug regimens, PAH undoubtedly progresses despite pharmacotherapy. Thus, there are currently no curative treatments available for PAH patients save for lung transplantation (Gottlieb, 2013), highlighting the pressing need to develop innovative treatments that can attenuate or even reverse vascular remodeling.

Nanotechnology-based drug delivery platforms prove effective vectors for packaging of drug and genetic material (Ferrari, 2005). Nanoparticles (NPs) are defined as possessing diameters between 0.1 and 100 nm, which can be composed of either naturally occurring or synthetic, man-made materials (Riehemann et al., 2009). These nanoconstructs can be precisely designed with regards to size and geometry, with versatile chemistry enabling tailorability of properties such as enhanced cellular entry and controlled release (Blanco et al., 2015). NP platforms prolong circulation lifetimes of drugs when administered intravenously (IV), proving pharmacokinetically advantageous when compared to conventional drug formulations (Blanco et al., 2011). Importantly, the myriad of pathophysiological alterations involved in PAH progression, particularly endothelial injury, provides a potential avenue for systemically administered nanotherapies in PAH. NP-based drug delivery has been extensively used in cancer primarily because of the ability of long-circulating NPs to accumulate passively in tumors by extravasating through leaky vasculature (Maeda et al., 2013). This phenomenon is commonly referred to as the enhanced permeability and retention (EPR) effect. Herein, we will discuss conventional pharmacotherapies in PAH. We will also describe the established NP platforms commonly used for drug delivery, and highlight the role that vascular remodeling in PAH can play in enhancing accumulation in lungs. Lastly, we will showcase several nanotherapeutic strategies that prove promising for the treatment of PAH.

CONVENTIONAL DRUG THERAPY IN PAH

Prostacyclin Agonists

Produced in vascular endothelial cells, the arachidonic acid metabolite PGI₂ plays an important role in vasodilation, and inhibits smooth muscle cell (SMC) proliferation and platelet aggregation (Del Pozo et al., 2017). By binding and activating the PGI₂ (IP) receptor on SMCs, PGI₂ activation increases cyclic adenosine monophosphate (cAMP) levels, which in turn results in vasodilation (Ricciotti and FitzGerald, 2011). In PAH, endogenous PGI₂ levels are decreased (Tuder et al., 1999), making PGI₂ and prostaglandin analogs attractive therapeutic

options for treatment. Prostanoids have been used clinically over the past three decades for PAH therapy, with the synthetic PGI₂, epoprostenol sodium (Flolan®), being the first pharmacological agent to gain FDA approval for the treatment of PAH (Safdar, 2011), based on improvements in exercise capacity and hemodynamics in patients (Barst et al., 1996).

Endothelin Receptor Antagonists

Produced by endothelial cells, endothelin-1 (ET-1) promotes SMC vasoconstriction, proliferation, migration, and survival. ET-1 also promotes collagen synthesis by fibroblasts (Rosano et al., 2013). Binding of ET-1 to endothelin receptors (ET_A and ET_B) on SMCs activates phospholipase C, which in turn increases intracellular calcium, resulting in sustained vasoconstriction (Seo et al., 1994). Patients diagnosed with PAH have increased activation of ET-1 in both plasma and lung tissues (Galié et al., 2004) and elevated plasma levels of ET-1 can be correlated with severity of disease and prognosis (McLaughlin et al., 2009), leading to the exploration of various compounds capable of blocking either ET_A or ET_A and ET_B receptors. Three orally administered ET receptor antagonists (ERAs), ambrisentan (Letairis®, an ET_A receptor inhibitor), bosentan (Tracleer®, a dual ET_A and ET_B receptor inhibitor), and macitentan (Opsumit®, a dual ET_A and ET_B receptor inhibitor), have been clinically approved by the FDA based on randomized clinical trials where increases in 6-min walk distance (6MWD), improved hemodynamic parameters, and overall quality of life were observed (Raja, 2010).

Nitric Oxide Promoters

Nitric oxide (NO) is a product of endothelial cells and a potent vasodilator. By binding to and subsequent activation of soluble guanylate cyclase (sGC), NO increases levels of cyclic guanosine monophosphate (cGMP) (Russwurm and Koesling, 2004), resulting in reduced intracellular calcium levels and SMC relaxation (Carvajal et al., 2000). NO has also been shown to inhibit SMC proliferation and platelet activation (Tonelli et al., 2013). Levels of NO and NO-products in lungs and bronchoalveolar lavage fluid (BALF) of PAH patients have been shown to be significantly lower compared to control subjects (Kaneke et al., 1998). Therapies targeting the NO pathway in PAH consist of sGC agonists and phosphodiesterase type 5 (PDE5) inhibitors. While NO signaling in PAH patients is aberrant, sGC is expressed in PSMCs of PAH patients (Schermuly et al., 2008), making sGC stimulators attractive agents for increasing cGMP levels in these patients. One such oral sGC agonist, riociguat (Adempas®), was the first drug approved targeting the NO pathway for the treatment of PAH, and activates sGC directly despite the absence of NO (Klinger and Kadowitz, 2017). Findings also demonstrate that PDE5 is overexpressed in PSMCs of PAH patients (Murray et al., 2002). PDE5 inhibitors function by hindering the degradation of cGMP (Giovannoni et al., 2010). Administered orally, PDE5 inhibitors currently approved for the treatment of PAH are sildenafil (Viagra®) and tadalafil (Cialis®). sGC stimulators and PDE5 inhibitors have led to improved 6MWD in patients, as well as lessened time to clinical worsening (Humbert et al., 2014).

Pitfalls of Conventional Pharmacotherapies

Pharmacotherapies in PAH have improved patient hemodynamics and quality of life, but are not without significant shortcomings. Chief among these are drug half-life, stability, and formulation limitations, resulting in deleterious side effects. As an example, epoprostenol has a short half-life of 3–5 min, and instability at low pH values (Mubarak, 2010). As a result, the drug must be continuously infused IV by means of an implanted catheter and infusion pump, and the drug must be constantly maintained under refrigeration and prepared daily. Consequently, patients are at risk of infections, sepsis, and thrombosis (McLaughlin and Palevsky, 2013). Moreover, permanently implanted catheters may malfunction (Ruan et al., 2010). In the case of drugs such as PDE5 inhibitors, a high and continuous dosage is required to achieve beneficial effects, necessitating oral administration of 80 mg up to 3 times a day (Galie et al., 2005).

An additional pitfall is the non-specific distribution of pharmacotherapies, resulting in adverse systemic side effects. Prostanoid therapy is associated with flushing, headaches, and gastrointestinal symptoms, such as nausea and vomiting (Lang and Gaine, 2015). Traditional ET inhibitors result in peripheral edema, anemia, and hepatotoxicity (Aversa et al., 2015). And while the precise mechanism of liver toxicity has not been fully established, abnormal liver function is an indication for treatment discontinuation (McGoon et al., 2006). Lastly, targeting the NO pathway by either PDE5 inhibitors or sGC stimulators causes side effects such as headache, dyspepsia, peripheral edema, nausea, and dizziness (Ishikura et al., 2000; Ghofrani et al., 2013), in addition to retinal vascular disease and myocardial infarction (Duarte et al., 2013).

Novel drug formulations address limitations related to formulation and delivery. As an example, epoprostenol AS (Veletri®), contains arginine and sucrose, and can be stable at room temperature for up to 72 h depending on the concentration of the solution (Sitbon and Vonk Noordegraaf, 2017). More stable prostanoids such as inhaled iloprost (Ventavis®) showed improvements in exercise capacity and beneficial hemodynamic effects (LeVarge, 2015). Recently, a non-prostanoid PGI₂ receptor analog, selexipag (Uptravi®) was developed and approved for oral administration in PAH (Duggan et al., 2017). In the case of ERAs, the aforementioned macitentan reduced morbidity and mortality in PAH patients (Sitbon et al., 2014), lowering the incidence of liver toxicity. Despite these improvements, strategies capable of increasing the bioavailability of PAH pharmacotherapies in the lung have the potential to improve patient outcomes and reduce systemic adverse events.

NP PLATFORMS FOR DRUG AND GENE DELIVERY

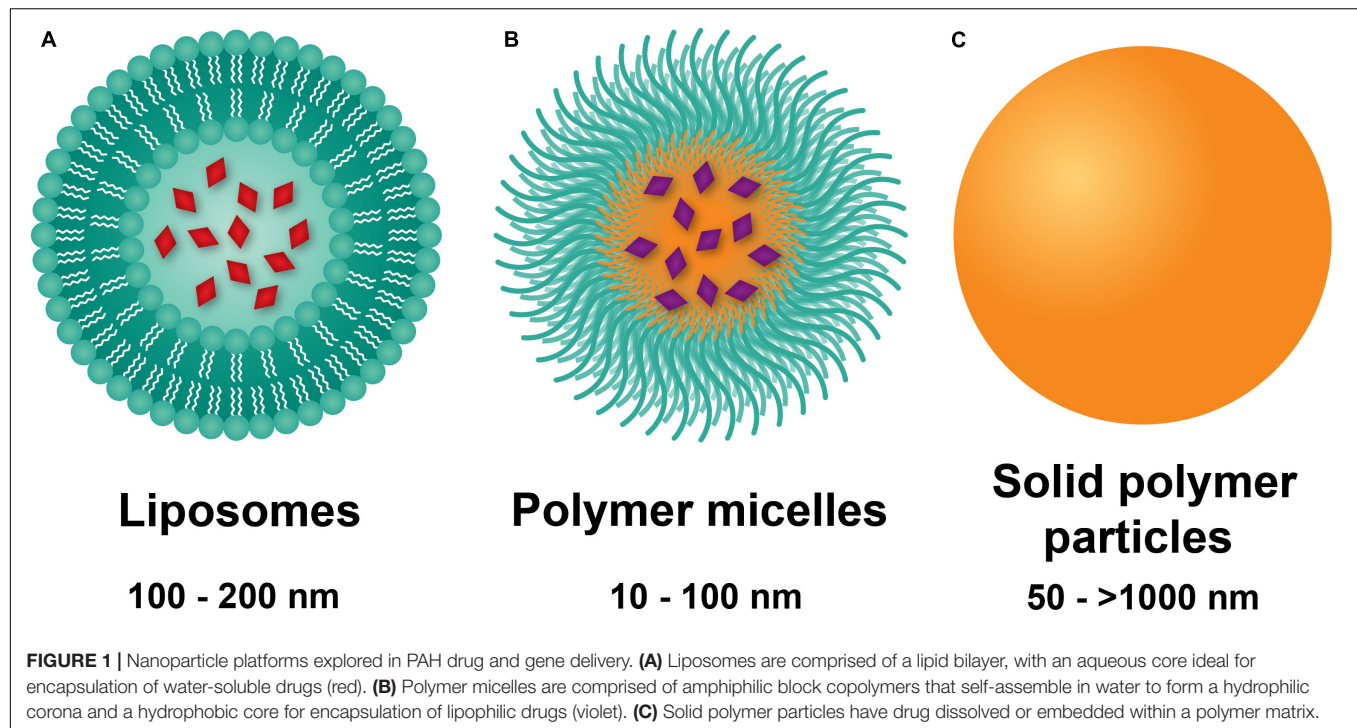
Liposomes

Liposomes are composed of phospholipids with polar heads and hydrophobic tails, forming bilayered constructs with an aqueous

core, typically on the order of 100 nm in size (Figure 1A) (Pattni et al., 2015). The aqueous compartment is ideal for accommodation of water-soluble drugs. Hydrophobic drugs can be incorporated within the bi-phospholipid membrane, albeit at the risk of membrane destabilization (Liu et al., 2006). Functionalization of liposomes with polyethylene glycol (PEG) on the surface led to significant enhancement of circulation lifetimes, best demonstrated by DOXIL®, a PEGylated liposomal formulation of doxorubicin (Hamilton et al., 2002). The increase in circulating half-life was a direct result of incorporating PEG onto the surface of liposomes, with the hydrating layer provided by PEG deterring protein adsorption and NP clearance by the mononuclear phagocyte system (MPS) (Harris and Chess, 2003). Importantly, liposomal doxorubicin was shown to reduce doxorubicin-associated cardiotoxicity compared to the conventional, clinically used formulation of doxorubicin (Berry et al., 1998). These advantages led to DOXIL® being the first NP platform approved by the FDA for the treatment of Kaposi's sarcoma in 1995 (Barenholz, 2012). Liposomes also prove advantageous for efficient delivery of genetic material through incorporation of cationic lipids such as [1,2-bis(oleoyloxy)-3-(trimethylammonio)propane] (DOTAP) (Zhang et al., 2012). Functionalization of liposomes with the thermoresponsive polymer N-isopropylacrylamide (NIPAAm) can be used to induce membrane disruption at high temperatures, resulting in increased local release of drug at specific sites (Ta and Porter, 2013).

Polymer Micelles

Polymer micelles are NPs formed from the self-assembly of amphiphilic-block copolymers in aqueous environments (Blanco et al., 2009). The core-shell morphology of polymer micelles consists of a hydrophobic core and a hydrophilic shell (Figure 1B), wherein the hydrophilic block of the constituent polymer is typically PEG. On the order of 10–100 nm in diameter, polymer micelles have traditionally been used as delivery vehicles for hydrophobic drugs. Of significant note, the tailorability of polymer chemistries makes micelles highly versatile carriers with a myriad of advantages for drug delivery. Cationic polymers such as polyethylenimine (PEI) (Dai et al., 2011b) or poly(L-lysine) (Christie et al., 2012) can be either grafted onto block copolymers or used as the core-forming block for loading of genetic material. Stimuli-responsive, tailored drug release can also be obtained based on the composition of the core forming polymer block. As an example, Bae et al. (2005) used PEG-b-poly(aspartate) (PEG-PAsp) for pH-sensitive release of doxorubicin by conjugating it to PAsp through a hydrazine linkage. Lastly, targeting moieties including antibodies, aptamers, and peptides fashioned onto polymer micelles can be used for active targeting to diseased tissues and cells (Jhaveri and Torchilin, 2014). As an example, the cyclic(Arg-Gly-Asp-DPhe-Lys) (cRGDfK) peptide has been used for polymer micelle targeting to the $\alpha_v\beta_3$ integrin found overexpressed on tumor vasculature (Nasongkla et al., 2004; Song et al., 2014). Despite their numerous advantages, polymer micelles are limited by fast release of drug and long-term stability, with strategies such as interlayer-crosslinked cores (Dai et al., 2011a) shown to prevent premature drug release.



Solid Polymer Particles

Solid polymer particles, typically comprised of the polyester polylactide-co-glycolide (PLGA), have long been employed in controlled drug release applications. These particles are spherical in morphology, can range from the nano- to micro-meter dimensions, and can be used for delivery of water soluble and insoluble drugs (Makadia and Siegel, 2011), with agents dissolved or encapsulated within the polymer matrix (Figure 1C; Danhier et al., 2012). PLGA remains the constituent polymer of choice for these NPs due to several advantages. Chief among these is the relative ease of fabrication, as well as the biocompatibility and biodegradability of the PLGA, a material approved by the FDA for a wide range of biomedical applications. In aqueous environments, ester linkages of PLGA undergo hydrolysis, producing the monomers lactic acid and glycolic acid, which are readily metabolized and removed from the body (Acharya and Sahoo, 2011). Moreover, drug release from PLGA NPs occurs through initial diffusion followed by degradation of the polymer matrix, which in turn is affected by crystallinity, composition, molecular weight, and size and shape of the matrix (Makadia and Siegel, 2011). Thus, highly controllable and sustained release profiles can be achieved by employing PLGA copolymers with the more hydrophobic polylactic acid (PLA) than polyglycolic acid (PGA), which give rise to NPs with less water absorption and slower degradation kinetics (Dinarvand et al., 2011). In addition to drugs, PLGA particles can incorporate cationic polymers (e.g., PEI) for delivery of genetic material (Bivas-Benita et al., 2004). PLGA NP drug delivery is limited by rapid initial release of payload due to hydration of the polymer (Kapoor et al., 2015), as well as dose dumping effects at longer timepoints (Khanal et al., 2016). Moreover, peptides and proteins may undergo

chemical degradation within polymer matrices (Houchin and Topp, 2008).

Nanoparticle Size Considerations

The relative size of the different NPs influences *in vivo* fate following intravenous delivery. It is now well known that NPs with diameters < 5 nm are cleared rapidly by the kidneys (Choi et al., 2007). NPs that measure > 100 nm accumulate non-specifically in livers (Braet et al., 2007), those measuring > 200 nm accumulate in the spleen (Chen and Weiss, 1973), and particles > 2 μ m accumulate in lung capillaries. Resident macrophages of the liver, spleen, and lungs rapidly internalize opsonized NPs in a size-dependent manner. Taken together, smaller sized NPs, measuring 100 nm or less, have been shown to be long circulating following intravenous administration (Blanco et al., 2010).

These size considerations play an important role in the design of nanotherapeutic constructs for purposes of targeting specific tissues. As an example, Xu et al. (2016) used particles with a diameter of 2.5 μ m to specifically target breast cancer metastasis in the lung. Long-circulating NPs have a heightened propensity to passively accumulate in tissues with remodeled vasculature by extravasating through submicron sized pores in the endothelium (Hobbs et al., 1998). And while smaller sized NPs are able to extravasate from circulation into these diseased sites, the extent of NP penetration into the tissue depends on the size of the carrier. Cabral et al. (2011) were able to demonstrate that sub-100 nm NPs were able to penetrate into permeable tumors. However, in more fibrotic tumors, only NPs measuring < 50 nm were capable of penetrating into the tissue.

Inhalational delivery of NPs represents an attractive strategy for specifically targeting pulmonary tissues. However, particle size also dictates regional lung deposition after inhalation (Paranjpe and Muller-Goymann, 2014). When administered as a dry powder, large particles in the size range of 1–5 μm deposit in bronchioles and smaller airways, particles in the size range of 0.5–1 μm accumulate in alveolar regions, and smaller NPs (< 0.5 μm) can undergo exhalation.

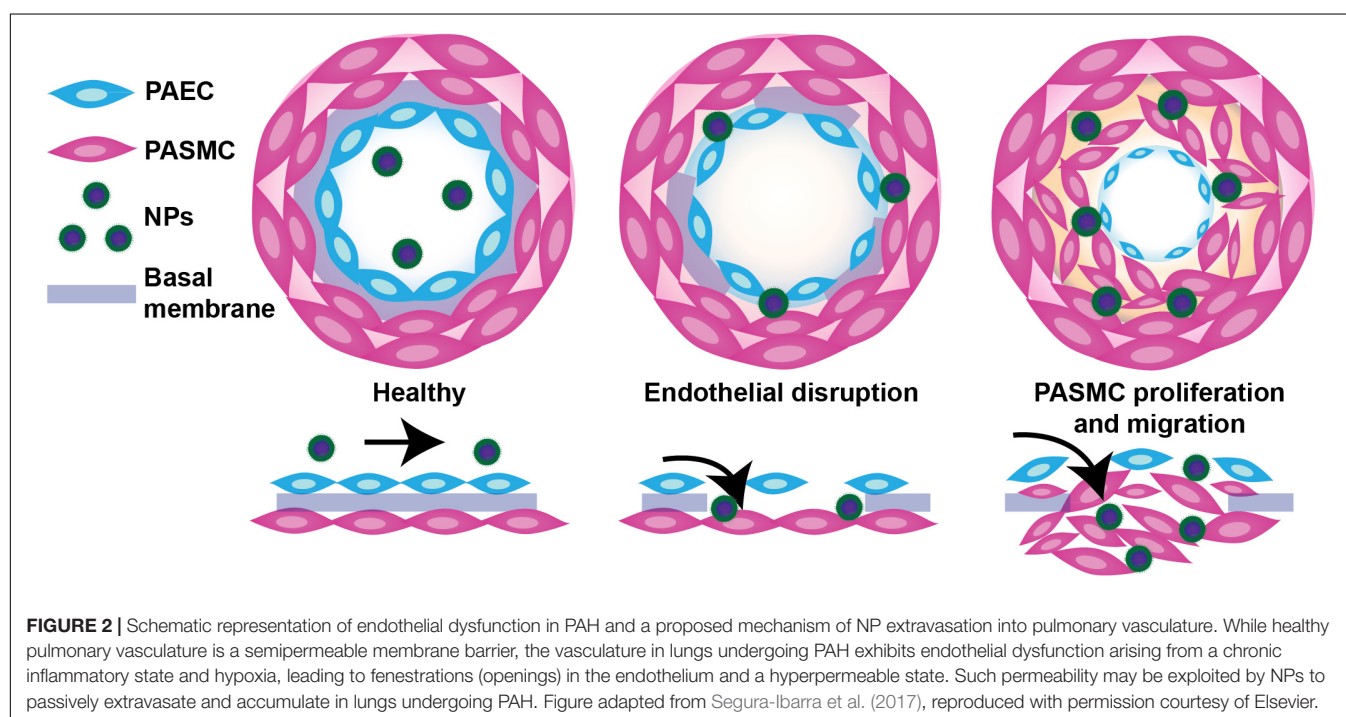
ENHANCED NP ACCUMULATION IN LUNGS UNDERGOING PAH

Nanoparticle platforms such as liposomes and polymer micelles have been extensively explored in chemotherapy. While advantageous at increasing the circulation lifetimes of chemotherapeutics, it was the observation by Maeda et al. (2013) regarding the ability of IV-administered macromolecules to accumulate to a large extent in tumors that led to the excitement of NP-based drug delivery strategies in cancer (Matsumura and Maeda, 1986). Passive targeting of macromolecules and NPs to tumors is owed to the high degree of fenestrations (e.g., openings) present in tumor vasculature (McDonald and Choyke, 2003), a direct result of chaotic and ongoing angiogenic processes in tumors (Fang et al., 2011). This enhanced NP accumulation in tumors, combined with NP persistence due to impaired lymphatic drainage (Banerjee et al., 2011) is known as the EPR effect (Maeda et al., 2013).

While passive accumulation of NPs in disease sites is primarily associated with cancer, vascular permeability is prevalent in other diseases characterized by abnormal angiogenesis and vascular remodeling as a consequence of inflammation (Durymanov

et al., 2017). As an example, in rheumatoid arthritis, where a combination of angiogenic and inflammatory processes promote vessel leakiness, several groups have reported passive targeting to the synovium (Metselaar et al., 2004; Anderson et al., 2010). Similarly, formation of new blood vessels in atherosclerotic plaques leads to enhanced NP uptake in these lesions (Chono et al., 2005; Stigliano et al., 2017). Vascular injury stemming from local inflammatory processes and hypoxia is present in diseases such as myocardial infarction and heart failure, resulting in enhanced vascular permeability to the heart. Nagaoka et al. (2015) and Nakano et al. (2016) demonstrated increased NP uptake in myocardial infarct areas following IV administration in a model of ischemia-reperfusion (IR) injury in the heart, mirroring previously published findings (Dvir et al., 2011; Paulis et al., 2012). Our laboratory recently demonstrated enhanced accumulation of micron-sized particles in failing hearts compared to healthy hearts (Ruiz-Esparza et al., 2016). It is important to note that the prevalence of immune-related cells in areas of inflammation can also contribute to increased uptake at these sites through macrophage phagocytosis (Ulbrich and Lamprecht, 2010).

Vascular permeability in PAH arises from injurious events such as inflammation and hypoxia, resulting in focal disruptions in endothelial cell basement membranes (McLaughlin and McGoon, 2006; Stenmark et al., 2006; Montani et al., 2014), as well as increased vascular pressure, which leads to fenestrations as a result of greater mechanical and shear stress (Figure 2) (Zhou et al., 2016). Moreover, mutations in bone morphogenetic protein receptor 2 (BMPR2), highly prevalent in heritable PAH, have been shown to contribute to increased vascular permeability through dysregulation of the TGF- β signaling pathway (Morrell, 2006). Our laboratory recently demonstrated



that vascular permeability in PAH contributes to enhanced NP accumulation in diseased lungs (Segura-Ibarra et al., 2017), agreeing well with previous findings by Ishihara et al. (2015). In a monocrotaline (MCT)-induced model of PAH, poly(ethylene glycol)-*block*-poly(ϵ -caprolactone) (PEG-PCL) micelles containing rapamycin (RAP) resulted in increased drug accumulation in diseased lungs compared to healthy lungs 2 h after IV administration (**Figure 3A**). Moreover, LC/MS analysis comparing RAP-containing micelles and a free drug formulation of RAP showed a significantly higher increase in RAP accumulation in diseased lungs when packaged within NPs (**Figure 3A**). Upon closer examination of remodeled vasculature using confocal microscopy, heightened accumulation of PEG-PCL NPs was observed within the perivascular region (**Figures 3B,C**).

NANOTHERAPEUTICS IN PAH

Conventional pharmacotherapies for PAH treatment suffer from short half-lives, drug instability, and adverse side effects. NP-based strategies for the treatment of PAH offer advantages of improving short-term pharmacokinetics associated with drugs and increased localization of therapy to diseased tissues, in turn decreasing adverse effects. Herein, we highlight nanotherapeutic approaches aimed at delivering clinically approved PAH drugs, as well as nanoplatfroms for delivery of novel agents, including genetic material (**Table 1**).

Prostanoid-Containing NPs

The clinically approved drug inhaled iloprost has an extremely short half-life, requiring at most 12 inhalations per day (Olschewski et al., 2000), largely impacting patient compliance. In hopes of increasing drug bioavailability, Kleemann et al. (2007) developed a liposomal formulation for sustained release of iloprost for aerosolized PAH therapy. Liposomes consisted of di-palmitoyl-phosphatidyl-choline (DPPC), cholesterol to enhance sustained delivery, and poly(ethylene glycol)-di-palmitoyl-phosphatidyl-ethanolamine (PEG-DPPE) to prevent clearance by alveolar macrophages, which would limit their bioavailability. Resulting liposomes ranged in size from 200 to 400 nm, and contained 11 μ g iloprost/ml, which would significantly reduce the number of inhalations required.

Jain et al. (2014) fabricated iloprost-containing liposomes with cationic lipids in hopes of increasing drug loading efficiency and examined their efficacy based on changes in vascular tone of pulmonary arteries isolated from mice by means of a wire myograph. NPs averaged 168–178 nm in diameter and had drug loading efficiencies of \sim 50%. Pulmonary arteries were constricted by application of the thromboxane analog, U-46619, and treated either with free or liposomal iloprost. Liposomal iloprost resulted in significant enhancement of vasodilation (29% compared to 16% for free iloprost), with a much lower concentration of liposomal iloprost required to bring about efficacies similar to that of free drug.

The oral PGI₂ analog beraprost has proven vasodilatory and anti-platelet activity, but much like other prostanoids, has a

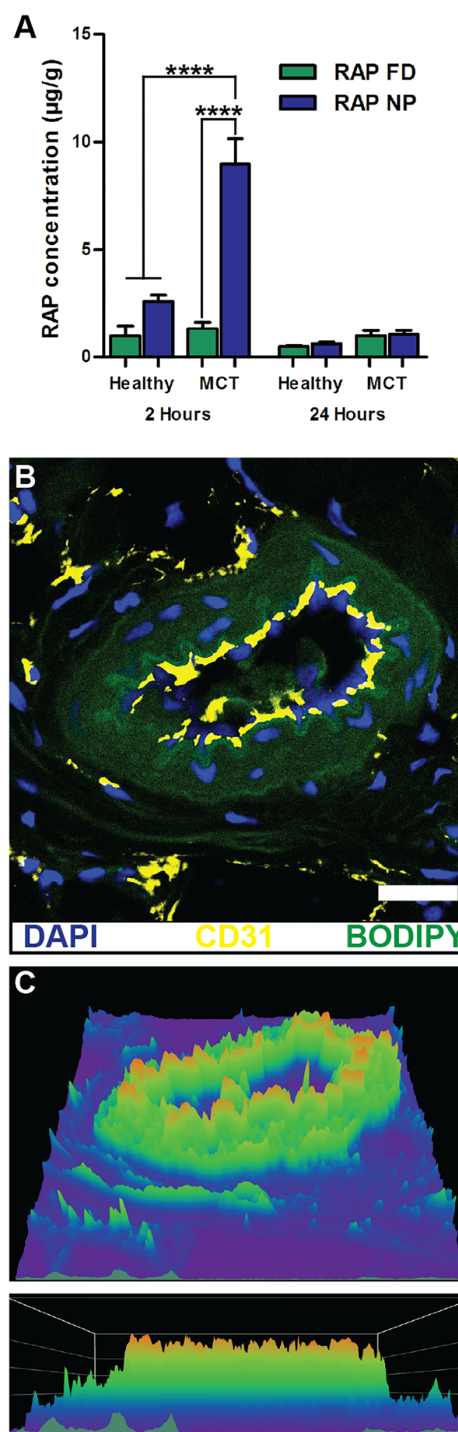


FIGURE 3 | NP accumulation in PAH lung vasculature. **(A)** LC/MS analysis of rapamycin (RAP) concentration in lung tissues 2 and 24 h after a single administration of 15 mg/kg of RAP, either as a free drug formulation (RAP FD) or nanoparticle form (RAP NP) in healthy and MCT-induced model of PH in rats (PH). Results represent mean \pm SEM (**** $P < 0.0001$). **(B)** Confocal imaging depicting fluorescently loaded NPs in diseased lungs. CD31 positive endothelial cells appear in yellow, NPs are green, while DAPI appears as blue. The scale bar represents 25 μ m. **(C)** Surface intensity plot of the image from panel B representing NP signal. Figure adapted from Segura-Ibarra et al. (2017), reproduced with permission courtesy of Elsevier.

TABLE 1 | Nanotherapeutics explored pre-clinically in PAH.

Therapeutic agent	NP formulation	Size	Control	Advantage over control	Model	Reference
Iloprost	Liposomes (various formulations combining POPC, DOTAP, PVP, SA, DPPE-PEG2000, CH)	168–178 nm	Free iloprost	~1-fold ↑ vasodilation	BALB/c isolated intrapulmonary arteries	Jain et al., 2014
Beraprost	PEG-PLA NP	~128 nm	Free beraprost	↓ effective dose (20 µg/kg for NP vs. 100 µg/kg for control)	Rat MCT-induced PAH	Ishihara et al., 2015
Beraprost	PLGA NP	280–300 nm	Drug-free vehicle	1.3-fold ↑ survival rate in MCT model, ↓ RV hypertrophy, ↓ RVSP, ↓ muscularized pulmonary arteries in MCT and sugen/hypoxia models	Rat MCT-induced PAH, Rat sugen/hypoxia-induced PAH	Akagi et al., 2016
NO	Liposomes (EDPPC, DOPC, CH, Ar)	–	NO in Ar saturated mannitol solution	7-fold ↑ NO uptake by VSMC	Cultured VSMC	Huang et al., 2009
NO	Hydrogel-like polymer NP (Methyl silicate, oligochitosan, PVP, PEG)	200–230 nm	Same formulation applied to healthy mice	Concentration-dependent ↑ vasodilation	Mice hypoxia-induced PAH	Mohamed et al., 2016
Pitavastatin	PLGA NP	~196	Free pitavastatin	↓ RVSP, ↓ arteriolar remodeling, ↓ macrophage infiltration, > 50% ↓ NF-κB positive cells, ↑ survival, ↑ NOS expression	Rat MCT-induced PAH	Chen et al., 2011
Fasudil	Aerosolized Liposomes (DPPC, CH)	~180 nm	Free fasudil	10-fold ↑ drug half-life, ↑ duration of vasodilation	Rat MCT-induced PAH	Gupta et al., 2013
Fasudil	Liposomes (DPPC, CH, DSPE-PEG, CAR peptide)	206–216 nm	Free fasudil	34-fold ↑ drug half-life in healthy rats; ↓ mPAP (40% reduction for NP vs. 35% for control in MCT model)	Healthy rats, Rat MCT-induced PAH	Nahar et al., 2014
Fasudil, SOD	Liposomes (DPPC, CH, DSPE-PEG-MAL, CAR peptide)	~150 nm	Fasudil + SOD	↓ mPAP, ↓ arterial medial wall thickness, ↑ vasodilatory effects duration	Rat MCT-induced PAH	Gupta et al., 2017
Ethyl pyruvate	PEG-LG NP	~286 nm	Free ethyl pyruvate	56% ↓ mPAP, > 50% ↓ arterial medial wall thickness, ~50% ↓ IL-6, ↓ TNF α, > 50% ↓ ROS, > 60% ↓ HMGB1	Rat Shunt flow-induced PAH	Liu et al., 2016
Imatinib	PLGA NP	280–300 nm	Drug-free vehicles	~40% ↓ RVSP, prevented ↑ in RV hypertrophy, ~50% ↓ small pulmonary vessel muscularization	Rat MCT-induced PAH	Akagi et al., 2015
Rapamycin	PEG-PCL NP	~17 nm	Free rapamycin	~50% ↓ inflammatory cytokines levels, 10% ↓ in weight loss	Rat MCT-induced PAH	Segura-Ibarra et al., 2017
NF-κB decoy oligodeoxy-nucleotide	PEG-PLGA NP	~44 nm	Free NF-κB decoy	↓ RVSP, ↓ RV hypertrophy, ↓ small pulmonary vessel muscularization, > 50% ↓ inflammatory cytokine mRNA, > 50% ↓ NF-κB positive cells	Rat MCT-induced PAH	Kimura et al., 2009
Anti-sense oligonucleotide against miR-145	Liposomes (Star:Star-mPEG-550)	80–100 nm	Non-silencing oligonucleotide	~25% ↓ RVSP, ↓ in RV hypertrophy, ↓ arterial medial wall thickness, > 50% ↓ in miR-145 expression	Rat Sugan/Hypoxia-induced PAH	McLendon et al., 2015

POPC, 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine; DOTAP, 1,2-di-(9Z-octadecenoyl)-3-trimethylammonium-propane; PVP, polyvinylpyrrolidone; SA, stearylamine; DPPE-PEG2000, [methoxy (polyethyleneglycol)-2000]-dipalmitoyl-phosphatidylethanolamine; PEG, polyethylene glycol; PLA, polylactic acid; NP, nanoparticle; MCT, monocrotaline; PAH, pulmonary arterial hypertension; PLGA, poly(lactic-co-glycolic acid); RV, right ventricle; RVSP, right ventricular systolic pressure; NO, nitric oxide; EDPPC, 1,2-dipalmitoyl-sn-glycero-3-ethylphosphocholine; DOPC, 1,2-dioleoyl-sn-glycero-3-phosphocholine; CH, cholesterol; Ar, argon; VSMC, vascular smooth muscle cells; SP, systolic pressure; NF-κB, nuclear factor kappa-light-chain-enhancer of activated B cells; NOS, nitric oxide synthase; DPPC, 1,2-dipalmitoyl-sn-glycero-3-phosphocholine; DSPE-PEG-MAL, 1,2-distearoyl-sn-glycero-3-phosphoethanolamineN-[maleimide(polyethylene glycol)-2000]; CAR peptide, peptide with amino acid sequence CARSKNKDC; mPAP, mean pulmonary arterial pressure; PEG-LG, poly(ethylene glycol)-block-lactide/glycolide copolymer; TNFα, tumor necrosis factor alpha; HMGB1, high mobility group box 1 protein; ROS, reactive oxygen species; IL-6, Interleukin 6; PEG-PCL, poly(ethylene glycol)-block-poly(ε-caprolactone); Star, staramine; mPEG, methoxypolyethylene glycol.

very short half-life (~1 h) (Barst et al., 2003). In attempts to overcome pharmacokinetic limitations of the drug, Ishihara et al. (2015), who previously formulated NPs containing prostaglandin E1 (PGE1) (Takeda et al., 2009), encapsulated beraprost within poly(ethyleneglycol)-*block*- poly(lactide) (PEG-PLA) micelles

and examined their efficacy in an MCT-induced PAH rat model and hypoxia-induced mouse model of PAH. Resulting NPs possessed average diameters of 128 nm and exhibited slow drug release kinetics (~20% over 1 week). Beraprost NPs showed significantly reduced drug clearance from plasma compared to

free beraprost, the former present in circulation at timepoints of 24 h, while the latter was cleared within 6 h. Upon IV administration in an MCT-induced model of PAH in rats, NPs accumulated more in MCT-damaged lungs compared to healthy control lungs, and were found associated with pulmonary peripheral arteries. Importantly, once a week IV administration of beraprost NPs at a dose of 20 $\mu\text{g/kg}$ in an MCT-induced PAH rat model reduced pulmonary arterial remodeling and right ventricular hypertrophy; the efficacy proving similar to that of a daily oral administration of the drug at a much higher dose (100 $\mu\text{g/kg}$). A similar improvement in pulmonary arterial remodeling was observed in the hypoxia-induced model in mice. This study effectively highlights the advantages afforded by NP-based drug delivery, mainly the need for lower doses and less frequent administrations to achieve similar efficacious responses.

In another study, Akagi et al. (2016) fabricated PLGA NPs containing beraprost and examined the efficacy of the platform in MCT- and Sugen/Hypoxia-induced models of PAH. After a single intratracheal administration of beraprost-containing NPs, RV systolic pressure (RVSP), RV hypertrophy, and the percentage of fully muscularized small pulmonary arteries were significantly reduced compared to disease controls in both PAH models. Moreover, the survival rate increased to 65% following administration of NP-based beraprost, compared to 27.8% in disease controls. Of note, NPs administered intratracheally in the Sugen/Hypoxia-induced model of PAH were found associated with the media of pulmonary arteries and interstitium at timepoints of up to 3 days, whereas no NPs were evident in healthy control lungs.

NP-Based Targeting of the NO Pathway

Nitric oxide plays an important role in healthy pulmonary physiology, driving SMC relaxation (Perez-Zoghbi et al., 2010), with added anti-inflammatory and proliferative properties (Tonelli et al., 2013). Huang et al. (2009) developed a liposomal formulation of NO consisting of 1,2-dipalmitoyl-sn-glycero-3-ethylphosphocholine (EDPPC), 1,2-dioleoyl-sn-glycero-3-phosphocholine (DOPC), and cholesterol. These liposomes encapsulated 10 μL of NO per mg of lipids and Argon (Ar) was used as an excipient for NO. Upon examination of release kinetics *in vitro*, release of NO from liposomes was slower in the presence of Ar, resulting in a sustained release profile. No significant toxicity was observed *in vitro* in cultured rat vascular smooth muscle cells (VSMCs), and based on a colorimetric NO assay kit, a sevenfold increase in uptake of NO was observed with liposomal NO than NO formulated in Ar saturated mannitol solution. Moreover, liposomes protected NO from microenvironmental scavengers such as hemoglobin. To evaluate *in vivo* efficacy, a balloon injury was induced in the common carotid arteries of rabbits and liposomes containing NO were administered locally. After 2 weeks, a significant decrease in intimal hyperplasia was observed in rabbits treated with liposomal NO compared to vehicle controls (empty liposomes), demonstrating the feasibility of delivery of bio-active gases NPs.

Recently, Mohamed et al. (2016) developed a novel hydrogel-like polymer composite NP formulation for delivery of NO.

NPs released NO in a sustained fashion over time, and showed concentration-dependent vasodilation of U-46619-induced precontracted pulmonary arteries, with a more pronounced effect observed in arteries from hypoxia-induced PAH mice compared to healthy mice.

Beck-Broichsitter et al. (2012) have explored novel spray-drying techniques to fabricate PLGA microparticles for deposition in the lungs and release of sildenafil. Using a vibrational spray drying procedure, resulting microparticles measured 4–8 μm in size and had a high sildenafil encapsulation efficiency of > 90% (Beck-Broichsitter et al., 2017). Moreover, the formulation resulted in a sustained release of sildenafil over time, making these microparticles potentially beneficial for controlled pulmonary drug delivery in PAH and chronic lung diseases.

Nanotherapeutic Delivery of Novel Agents Targeting PAH

Currently, statins are one of the first-line medications given to patients with elevated cholesterol levels to prevent cardiovascular disease. The mechanism of action involves inhibiting the rate-limiting step of cholesterol biosynthesis by competitive inhibition of HMG-CoA reductase (Istvan, 2003). Statins also improve endothelial function (Beckman and Creager, 2006), displaying anti-tumoral (Crescencio et al., 2009), anti-proliferative (Kamigaki et al., 2011), and anti-inflammatory (Ridker et al., 1999; Lefer, 2002) effects.

Given that inflammation, endothelial injury, and cellular proliferation play a crucial role in PAH progression, Chen et al. (2011) explored the use of statin nanotherapeutics for treatment of PAH. The anti-proliferative effects of different statins (pravastatin, losuvastatin, simvastatin, atorvastatin, fluvastatin, and pitavastatin) were evaluated in human PSMCs, and pitavastatin was selected for PLGA NP encapsulation based on its potent effects. Distribution of PLGA NPs following intratracheal instillation were examined, and FITC-containing NPs were found in lungs of rats undergoing MCT-induced PAH 3 days after administration, specifically in small arteries, bronchi, alveoli, and alveolar macrophages. Of significant note, FITC was detected in lungs at timepoints of up to 14 days after a single administration. A single administration of pitavastatin-containing NPs was performed at the time of PAH induction of rats, and 21 days after administration, right ventricular catheterization revealed a significant decrease in RV systolic pressure compared to rats treated with free pitavastatin or vehicle controls. A significant decrease in systolic pressure in pulmonary arterioles was also observed. Of note, lower levels of macrophages and monocytes were found in rats treated with pitavastatin-containing NPs. Moreover, compared to free pitavastatin, the NP formulation resulted in a > 50% decrease of cells positive for nuclear factor kappa-light-chain-enhancer of activated B (NF- κ B), which plays an important role in cell proliferation and survival (Hoesel and Schmid, 2013). The NP formulation increased expression of endothelial NO synthase (eNOS), which can potentially promote endothelial healing. Following NP administration in rats 21 days after MCT induction of PAH, pitavastatin-containing NPs significantly increased survival by 64% compared to control

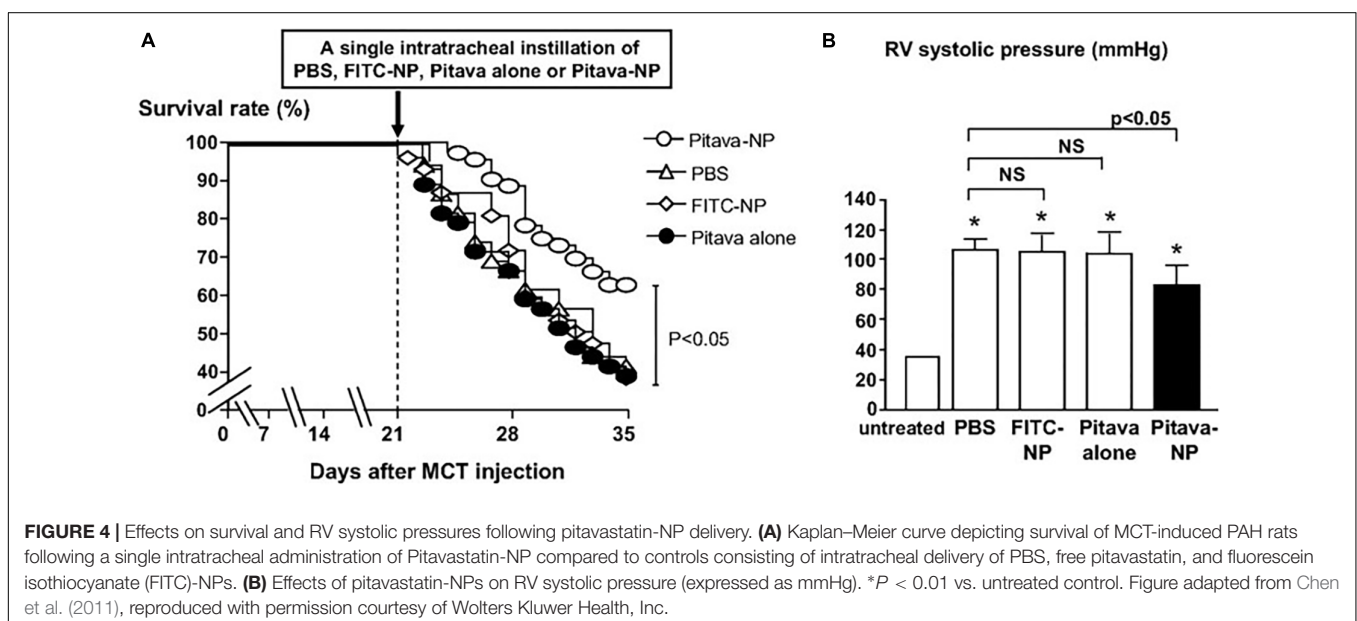
groups (**Figure 4A**) and significantly decreased RVSP compared to disease controls (**Figure 4B**). It is important to note that a Phase I clinical trial involving pitavastatin PLGA NP-based delivery for PAH has recently been completed (Nakamura et al., 2017).

Activation of the Ras homolog gene family, member A (RhoA) GTPase and its downstream effector, the Rho-associated kinase (ROCK), have been implicated in several processes driving PAH pathogenesis, including SMC vasoconstriction and proliferation, and endothelial cell contraction (Oka et al., 2008). Thus, inhibitors of RhoA/ROCK signaling such as Fasudil can potentially prove efficacious in the treatment of PAH. However, Fasudil has a short half-life of ~45 min (Shibuya et al., 2005). In light of these limitations, Gupta et al. (2013) developed a liposomal formulation of fasudil for purposes of aerosolized delivery to lungs undergoing PAH. Resulting liposomes measured ~180 nm following nebulization, had loading efficiencies > 60%, and released ~70% of the drug over the course of 35 h. Pulmonary delivery of liposomes via intratracheal administration increased the half-life by more than 10-fold, as well as the bioavailability of the drug, compared to a free drug formulation administered IV. Upon efficacy examination in an MCT-induced PAH model in rats, an intratracheally administered liposomal formulation of fasudil was compared to a free formulation of fasudil administered intratracheally and by IV. Liposomal fasudil resulted in an increase in the duration of vasodilatory effects compared to controls, with a maximal reduction in mPAP of ~40%.

In an attempt to enhance site-specific accumulation of NPs to the lungs, Nahar et al. (2014) subsequently developed fasudil liposomes with the cyclic peptide CARSKNKDC, which binds to cell surface heparan sulfate found overexpressed in pulmonary vasculature in PAH. Liposomes were in the range of 206–216 nm and had a sustained release of fasudil over

the course of 120 h. Peptide-coated liposomes resulted in ~34-fold increase in half-life of the drug compared to an IV-administered formulation of free drug. As a result, the mPAP in an MCT-induced model and a Sugen/Hypoxia model of PAH in rats was greatly reduced compared to controls. In a recent study, Gupta et al. (2017) incorporated superoxide dismutase (SOD) into their peptide-targeted fasudil liposomes, with the hypothesis that inclusion of a reactive oxygen species (ROS) scavenger would further enhance efficacy, given the role that increased ROS levels play in vascular remodeling in PAH. In an MCT-model of PAH, wherein the liposomal formulation was administered every 72 h for 21 days, the duration of vasodilatory effects was significantly increased in rats receiving targeted liposomes containing both fasudil and SOD compared to free drug controls. In a Sugen/Hypoxia model of PAH, mPAP, RV hypertrophy, fractions of occluded blood vessels, and arterial medial wall thickness were all reduced in rats receiving targeted liposomes containing both fasudil and SOD compared to free drug controls.

Liu et al. (2016) also examined the potential of ROS scavenging nanotherapeutics for the treatment of PAH. In their study, ethyl pyruvate, a derivative of pyruvic acid and an inhibitor of nuclear protein HMGB1, which in turn activates pro-inflammatory cytokines, was incorporated within poly(ethylene glycol)-*block*-lactide/glycolide (PEG-LG) NPs and examined their efficacy in a hyperkinetic model of PAH induced by shunt flow. At a timepoint of 24 h after intratracheal instillation, NPs were evident in lungs, predominantly in bronchi, alveoli, alveolar macrophages, and small arteries, with evidence of NPs present up to timepoints of 7 days. Following weekly administration of ethyl pyruvate NPs immediately after model induction for a time period of 12 weeks, medial wall thickness index (TI) and medial wall area index (AI) of small pulmonary arteries was significantly reduced by > 50% compared to free ethyl pyruvate controls. Moreover, IL-6 and



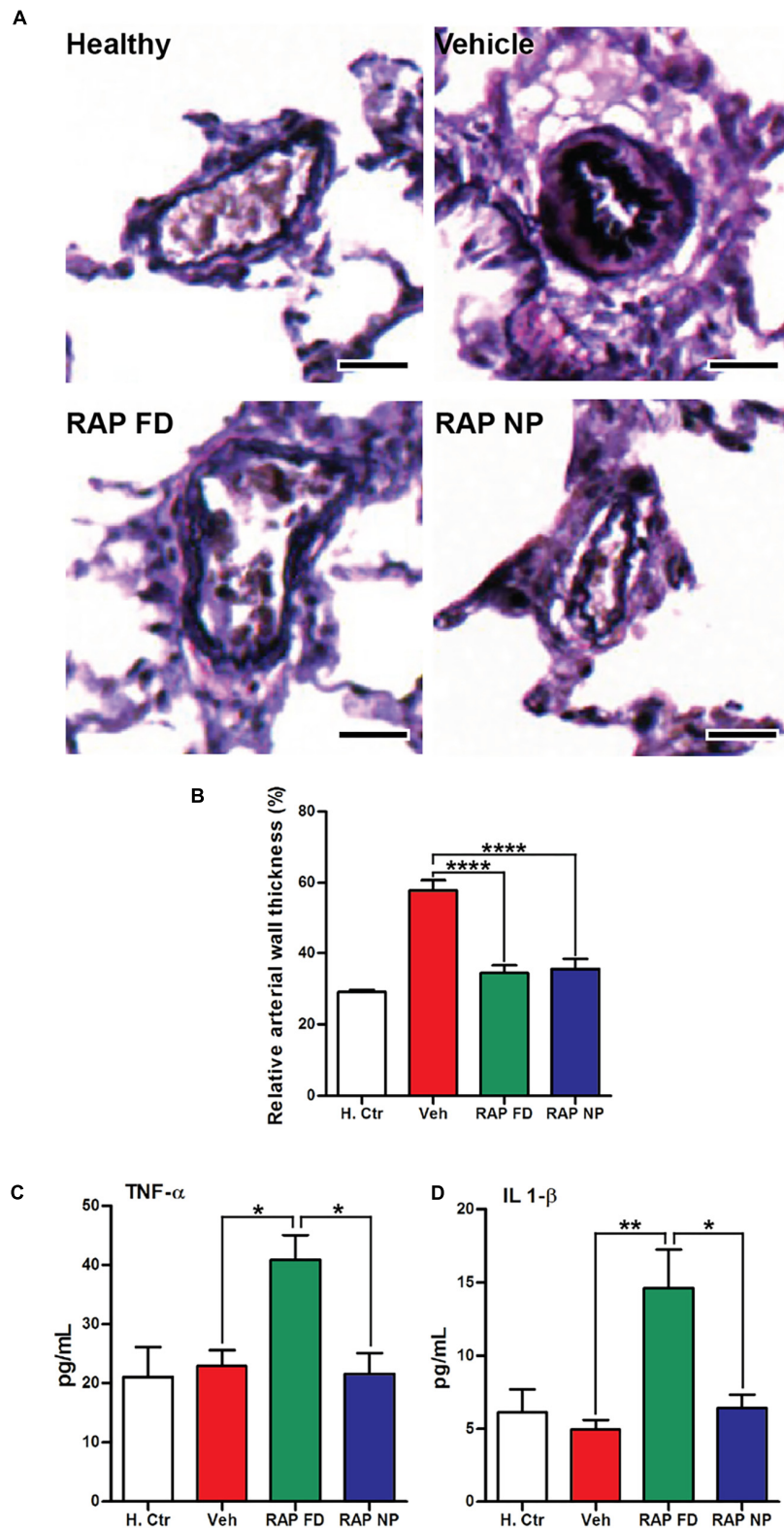


FIGURE 5 | Rapamycin NPs prevented pulmonary arteriole hypertrophy in PAH and did not lead to an increase in inflammatory cytokines. **(A)** Verhoeff–Van Gieson (VVG) stain of pulmonary arterioles from MCT-induced model of PAH in rats treated with free rapamycin (RAP FD), NP vehicle (Vehicle), and RAP NPs. Scale bars represent 50 μm . **(B)** Quantification of the relative wall thickness among treated groups in **(A)**. Results shown as mean \pm SEM (**** $P < 0.0001$). Serum levels of inflammatory cytokines TNF- α **(C)** and IL-1 β **(D)** measured after the course of treatment. Results represent mean \pm SEM values (** $P < 0.01$, * $P < 0.05$). Figure adapted from Segura-Ibarra et al. (2017), reproduced with permission courtesy of Elsevier.

TNF α levels were significantly reduced ($\sim 50\%$), as were levels of HMGB1 and ROS by more than 50 and 60%, respectively.

PASMC abnormal proliferation is vital to pathogenesis of PAH, with platelet-derived growth factor (PDGF) stimulation resulting in increased growth rate of PASMCs (Ikeda et al., 2010). Akagi et al. (2015) incorporated the PDGF-receptor tyrosine kinase inhibitor imatinib in PLGA NPs and examined their efficacy in an MCT-induced model of PAH. Imatinib is used for the treatment of chronic myelogenous leukemia (CML) and acute lymphocytic leukemia (ALL), and has resulted in 10-year progression-free survivals of 82% in CML (Kalmanti et al., 2015). It is important to note that a limitation of imatinib is patient resistance due to BCR-ABL1 amplification and multidrug-resistant P-glycoprotein (MDR-1) overexpression (Milojkovic and Apperley, 2009). Following a single intratracheal administration immediately after model induction, imatinib-containing NPs significantly reduced RV systolic pressure ($\sim 40\%$ reduction) and RV hypertrophy, as well as muscularization of pulmonary small vessels ($\sim 50\%$ reduction) compared to vehicle controls.

Aberrant activation of the mammalian target of rapamycin (mTOR) plays an important role in diseases such as cancer (Blanco et al., 2014), leading to the therapeutic exploration of mTOR inhibitors such as RAP. mTOR is also a key player in PAH progression due to its effects on PASMC growth and survival (Goncharova, 2013). Rapamycin has been shown to prevent PAH progression pre-clinically (Houssaini et al., 2013) while clinical exploration of everolimus, a rapalog, led to improvements in pulmonary vascular resistance and 6MWD (Seyfarth et al., 2013). Similar to the aforementioned imatinib, resistance to RAP is a

limitation of the drug, stemming from mutations in mTOR or mutations in downstream effectors of mTOR (S6K1 or 4E-BP1) (Huang and Houghton, 2001). Our laboratory recently examined the potential of RAP NPs for the treatment of PAH (Segura-Ibarra et al., 2017). RAP was encapsulated within PEG-PCL polymer micelles measuring ~ 17 nm in diameter. In an MCT-induced rat model of PAH, RAP NPs led to a significant increase in RAP in diseased lungs compared to healthy lungs. Similarly, RAP NPs led to an increase in RAP in diseased lungs compared to a free drug formulation. Moreover, NPs were localized primarily in pulmonary vasculature. Following twice a week administration of RAP NPs at the time of PAH induction for a duration of 4 weeks, RAP NPs significantly reduced pulmonary arteriole hypertrophy (Figures 5A,B) and RV ventricular remodeling compared to vehicle controls, and prevented increases in right ventricular systolic pressures and phosphorylation of S6, a downstream effector of mTOR. Importantly, compared to a free drug formulation of RAP, a 10% decrease in weight loss associated with RAP was observed in rats receiving RAP NPs, accompanied as well by a decrease ($\sim 50\%$) in levels of pro-inflammatory cytokines (Figures 5C,D).

NP Delivery of Genetic Material in PAH

Enhanced insights into molecular machinery driving PAH progression, including those involved in inflammation, have resulted in the identification of several viable therapeutic targets, with NP-based delivery platforms enabling gene therapy. As an example, NF- κ B is a transcription factor that regulates numerous inflammatory cytokines, including IL-6 and TNF- α , which are involved in PAH (Hoesel and Schmid, 2013).

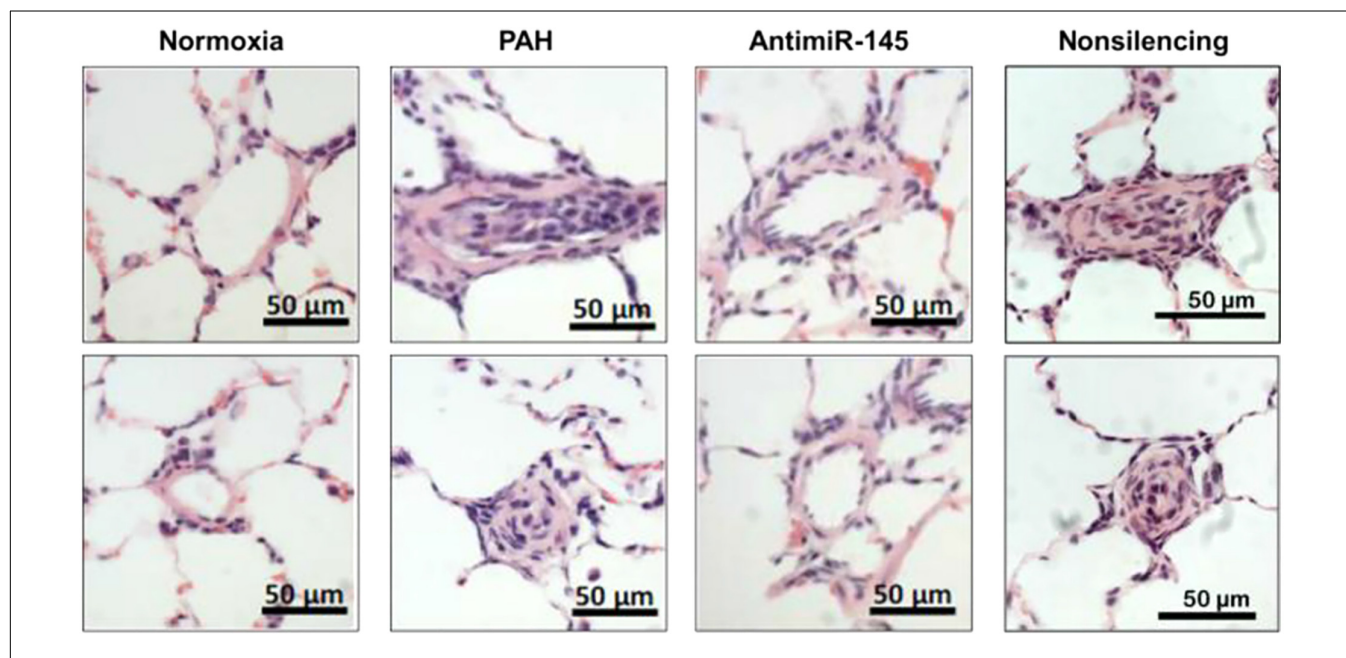


FIGURE 6 | Effects of anti-miR-145 loaded liposomes on arteriole hyperplasia in an MCT-induced model of PAH. Hematoxylin and Eosin (H&E) stained histological sections depicting pulmonary arterioles following anti-miR-145 liposome treatment of rats with Sugen/Hypoxia induced PAH. Results highlight anti-miR-145 liposome treatment compared to controls consisting of healthy controls (normoxia), rats undergoing PAH (PAH), and liposomes containing non-silencing control oligonucleotide (non-silencing). Scale bar represents 50 μ m. Figure adapted from McLendon et al. (2015), reproduced with permission courtesy of Elsevier.

Kimura et al. (2009) examined the role of NF- κ B in PAH, as well as the potential for NP-based therapeutics targeting NF- κ B as a treatment strategy. An NF- κ B decoy oligodeoxynucleotide meant to inhibit binding of NF- κ B to the promoter region was encapsulated within poly(ethylene glycol)-*block*-lactide/glycolide (PEG-PLGA) polymer micelles. Resulting NPs measured 44 nm in diameter, and displayed release of \sim 40% of NF- κ B decoy over 24 h and sustained release over the course of 28 days. Efficacy of NF- κ B NPs were examined in preventive (NP intratracheal administration at the time of model induction) and treatment (NP intratracheal administration 21 days after model induction) protocols in an MCT-induced model of PAH. Using FITC-labeled NF- κ B for visualization of NPs, FITC signal was found in small arteries, arterioles, small bronchi, and alveoli of diseased lungs at timepoints of 7 and 14 days after administration. In the preventive study, NF- κ B positive cells were significantly reduced ($> 50\%$) compared to free NF- κ B decoy controls 7 days after model induction. In the treatment study, NF- κ B NPs resulted in a significant decrease in RV systolic pressure, RV hypertrophy, and percentage of muscularized pulmonary arteries compared to PBS controls. Moreover, mRNA levels of inflammatory factors such as monocyte chemoattractant protein (MCP) 1, TNF- α , IL-6, and ICAM-1, were reduced by more than 50% following treatment with NF- κ B NPs compared to free NF- κ B decoy controls, and animal survival rate was increased compared to vehicle controls.

In a study by McLendon et al. (2015), NPs were used to deliver anti-sense oligonucleotide against microRNA-145 (miR-145) in hopes of exploiting RNA interference (RNAi) as a viable treatment strategy in PAH. Increased expression of miR-145 has been shown in lungs undergoing PAH, playing a vital role in vascular remodeling and pulmonary artery muscularization (Zhou et al., 2015). Moreover, downregulation of miR-145 prevents the onset of PAH in preclinical models (Caruso et al., 2012). Anti-miR-145 oligonucleotides were encapsulated within cationic lipid nanoconstructs in the range of 80–100 nm in size. Efficacy was examined in a Sugen/Hypoxia model of PAH in rats, wherein NPs were administered IV every 2 weeks starting on week 8 after model induction. Liposomes delivered anti-miR-145 to diseased lungs, and decreased the expression of miR-145 by more than 50%. The median wall thickness of pulmonary arteries was reduced following treatment with anti-miR-145 liposomes (Figure 6), with results suggesting that the therapy was capable of repairing vascular remodeling. Moreover, RV systolic pressure decreased by \sim 25% and RV hypertrophy was reduced following treatment with anti-miR-145 liposomes compared to non-silencing oligonucleotide controls.

CONCLUSION

Pulmonary arterial hypertension results in considerable patient morbidity, proving irreversible and fatal. Present-day pharmacotherapies suffer from considerable limitations. Short-term drug pharmacokinetics, where half-lives are on the order of minutes, contribute to low bioavailability in diseased tissues and adverse side effects. Nanoplatforms have improved the pharmacokinetic profiles of chemotherapeutics, with increased

accumulation of NPs in tumors through the EPR effect. Importantly, enhanced accumulation and persistence of NPs has been observed in lungs undergoing PAH following both intravenous and inhalational routes of delivery. Endothelial dysfunction present in diseased lung vasculature results in NP accumulation in pulmonary arterioles, and NPs are found largely associated with vascular cells such as PAECs and PASMCs. Given the vital role these cells play in PAH progression, NPs stand to significantly impact PAH treatment strategies and patient outcomes.

Herein, we have provided an overview of NP-based drug delivery strategies in PAH, with particular emphasis on improvements in vascular remodeling and hemodynamics. Several nanotherapies involved the use of clinically approved drugs for PAH, while others exploited novel signaling pathways and molecular targets. The future of NP-based drug delivery in PAH will surely involve advancements on two fronts. On the one hand, innovations in materials science will lead to sophisticated nanotechnology platforms highly capable of delivering drugs to target cells in diseased lungs. These nanoconstructs will incorporate moieties for successful navigation of barriers to transport to the lungs, facilitate sustained delivery of therapeutics over time, and enable combined delivery of drugs and genetic material for synergistic treatment. Additionally, nanotherapies in PAH will benefit from enhanced understanding of molecular drivers of the disease. Insights into processes of PAH pathogenesis can potentially provide overexpressed surface receptors for active targeting to target cells and provide novel targets for gene therapy. Thus, rational design of NPs that can effectively target diseased lungs combined with molecular-targeted therapeutics will lead to more efficacious treatment outcomes in PAH.

AUTHOR CONTRIBUTIONS

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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Pulmonary Arterial Hypertension: Iron Matters

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The interplay between iron and oxygen is longstanding and central to all aerobic life. Tight regulation of these interactions including homeostatic regulation of iron utilization ensures safe usage of this limited resource. However, when control is lost adverse events can ensue, which are known to contribute to an array of disease processes. Recently, associations between disrupted iron homeostasis and pulmonary artery hypertension (PAH) have been described with the suggestion that there is a contributory link with disease. This review provides a background for iron regulation in humans, describes PAH classifications, and discusses emerging literature, which suggests a role for disrupted iron homeostatic control in various sub-types of PAH, including a role for decompartmentalization of hemoglobin. Finally, the potential for therapeutic options to restore iron homeostatic balance in PAH are discussed.

Keywords: iron, hepcidin and ferroportin 1 (Fpn1), pulmonary arterial hypertension, pulmonary arterial remodeling, pulmonary hypertension

BACKGROUND OF IRON HANDLING IN HEALTH

Iron and Oxygen

Iron is the principal catalyst that allows for oxygen utilization. The electronic structure of ground state molecular oxygen provides inherent stability (two unpaired electrons with parallel spin); so called spin restriction. Ground state molecular oxygen is, therefore, a relatively unreactive molecule. In order to facilitate oxygen utilization for metabolism, conversion to a reactive state (activation) is achieved via single electron transfer reactions. Iron, as a classical transition metal, has the ability to exist in different states of valence and, therefore, the ability to donate or accept electrons singly, enabling it to convert oxygen to a reactive and therefore metabolically active state. Consequently, body iron requirements are almost exclusively involved with some aspect of oxygen utilization. Notable examples include: respiration, molecular transport, molecular storage, antioxidant protection and biosynthesis.

Mammalian Iron Requirements

Healthy human adults contain between 2 and 4 g of iron; daily iron requirements for metabolism and biosynthesis are 20 mg, largely for heme biosynthesis, to satisfy the daily requirement for the production of 200 billion red blood cells. However, iron utilization is not limited to these processes; for instance, all cells require iron to proliferate, iron being essential for DNA biosynthesis as well as for cell cycle progression (Yu et al., 2007). In addition, many proteins and particularly those involved in oxygen metabolism have an essential requirement for iron, which is usually localized to heme and non-heme containing active centers. Mitochondria are principal cellular sites for heme

and iron-sulfur cluster biosynthesis and therefore require an adequate supply of iron to maintain these activities.

Iron uptake from the diet is largely facilitated by enterocytes localized to the duodenum but these can provide only 1–2 mg of iron on a daily basis. Moreover, daily iron losses are similar; although no specific iron excretory mechanisms exist in mammals, losses do occur through shedding of intestinal epithelial cells and skin cells, blood loss and, in addition, via bile and urine excretion. Iron uptake from the gut therefore balances these losses but cannot accommodate the daily requirement of 20 mg. The majority of this essential iron requirement is therefore supplied by recycling endogenous iron resources and stores rather than by intestinal uptake, and is under strict regulatory control, not least because iron is a limited and precious resource.

Iron Homeostatic Control

Cellular Regulation

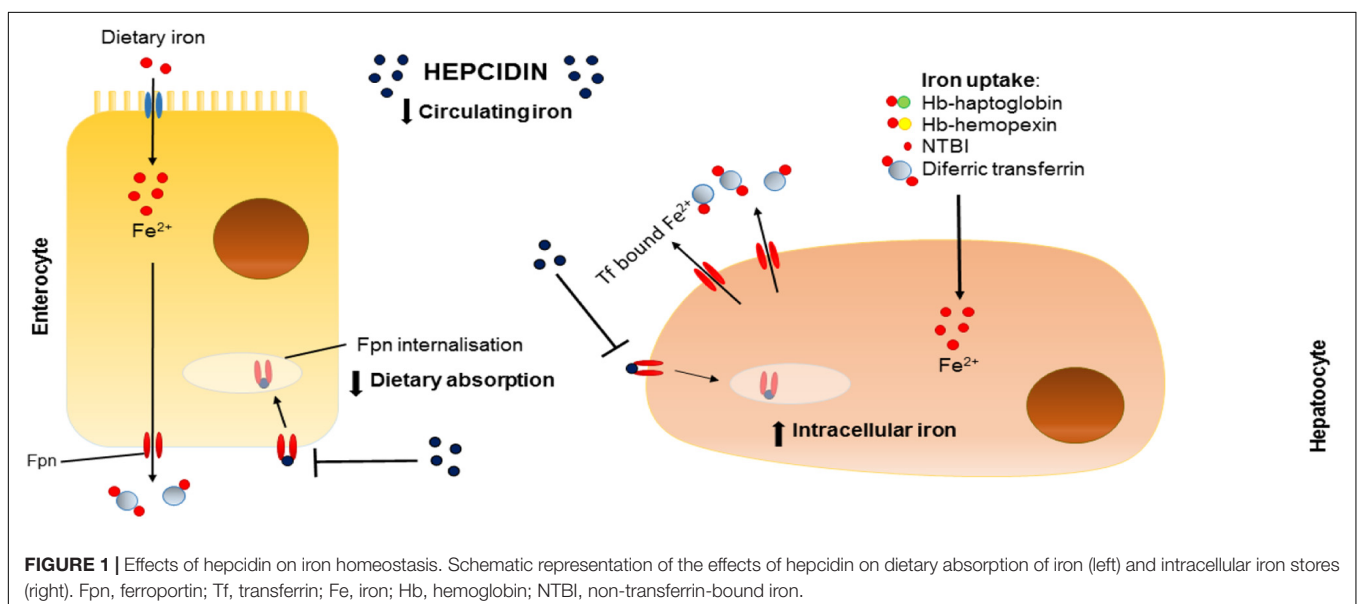
Regulation of cellular iron requirements are chiefly facilitated by post-transcriptional feedback mechanisms directed by the activity of two cytosolic iron regulatory proteins, IRP-1 and IRP-2, which, when active, bind to key regulatory motifs termed iron responsive elements (IREs) either located at the 5' or 3' ends in target mRNAs. IRP binding to 5' IREs prevents ribosomal translation and hence biosynthesis, whereas 3' binding stabilizes mRNA and supports translation. IRPs are activated by low cytosolic cellular iron levels. Under these circumstances synthesis of both light (L) and heavy (H) chains of the intracellular iron storage protein complex, ferritin, is down regulated (as is the synthesis of the transmembrane protein and iron exporter, ferroportin). Importantly, the translation of hypoxia inducible factor (Hif)-2 α which is one component of the Hif complex, is also inhibited demonstrating the interplay between iron and oxygen homeostasis (see also section "Oxygen Sensing and Iron Regulation"). Conversely, IRP 3' IRE mRNA binding promotes the synthesis of transferrin receptor 1 (TFR-1), a

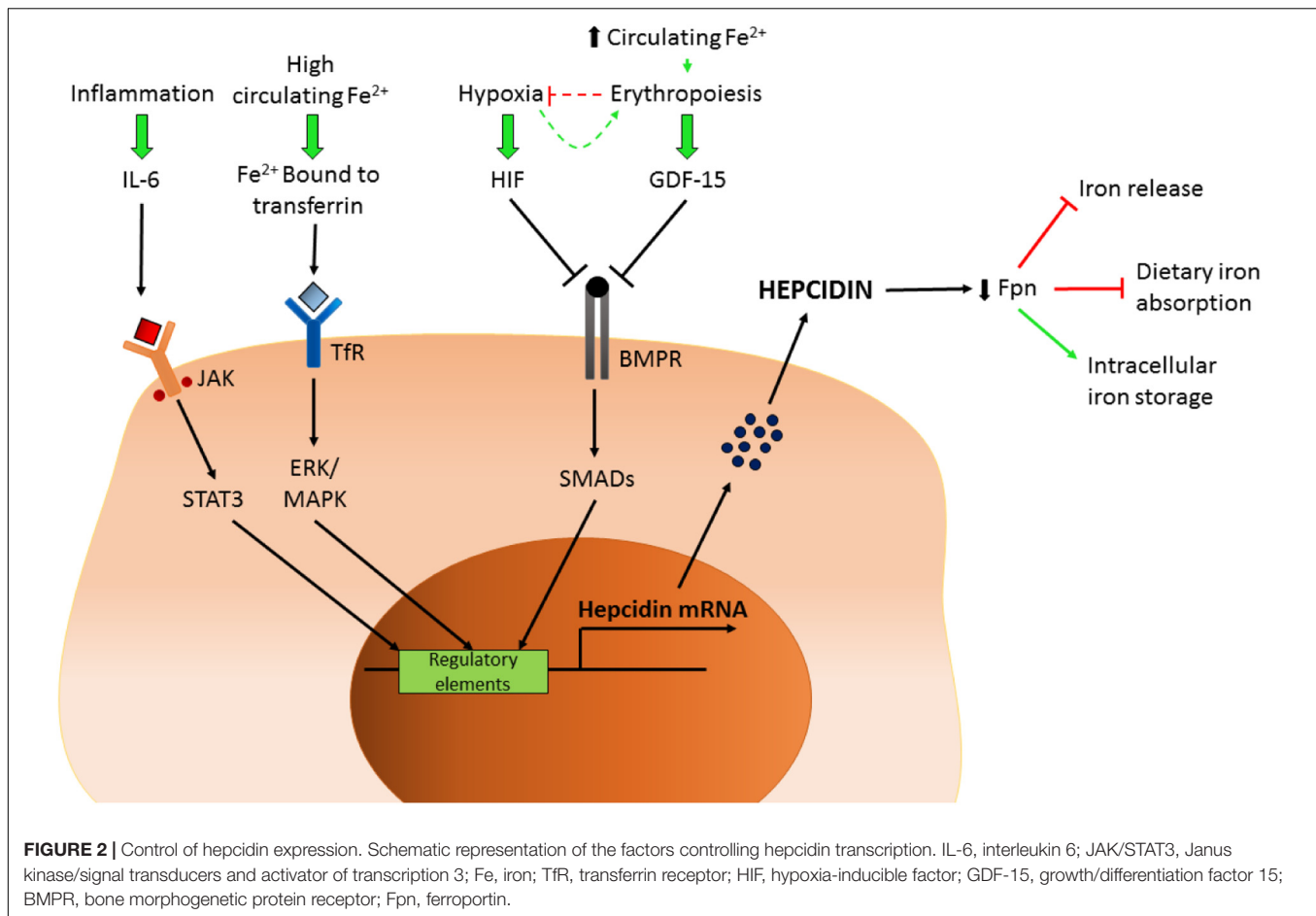
transmembrane glycoprotein that facilitates the uptake of iron-loaded transferrin from the circulation via receptor mediated endocytosis. Additionally, divalent metal transporter 1 (DMT-1) a protein that binds to a variety of metals including cadmium, copper, zinc, and iron, provides an additional route for (direct) iron uptake by cells. Thus, in situations when cellular iron levels are low, active IRPs down-regulate iron storage and cellular export whilst facilitating cellular iron uptake. The opposite occurs when cellular iron levels are replete or overloaded- IRPs are inactivated. Operational within cells such as enterocytes, macrophages, and hepatocytes, and important for iron turnover and control, it is also apparent that such regulation is common to other cell types. In addition, IREs have been identified in mRNAs for numerous proteins beyond those described above indicating a more complex role for the IRPs in cellular regulation of iron and oxygen homeostasis; for reviews, see Kuhn (2015) and Simpson and McKie (2015).

Global Regulation: The Importance of the Hepcidin-Ferroportin Axis

Often described as the master regulator of iron homeostasis, hepcidin is a small peptide hormone (25 amino acids) synthesized in the main by liver hepatocytes; a process that is regulated by plasma and liver iron levels and which involves signaling via bone morphogenetic protein (BMP) and SMAD pathways, inflammation and, in particular, IL-6 levels via the JAK/stat pathway. In the circulation hepcidin targets and binds to cellular ferroportin causing it to be endocytosed and degraded hence halting cellular iron export (Figure 1).

Hypoxia and erythropoiesis are also important regulatory signals for hepcidin production (Figure 2). Consequences of such inhibition include prevention of intestinal iron absorption, limitation of release of liver iron stores and hindrance of recycling processes linked to macrophages. If hepcidin release is sustained, the accumulation of iron in tissues (hepatocytes, macrophages,





and other cell types) coupled with limited iron uptake from the diet result in a negative iron balance and tissue iron loading. For a comprehensive review, see Drakesmith et al. (2015).

Oxygen Sensing and Iron Regulation

Iron and oxygen utilization are closely linked and longstanding in nature, being essential for all aerobic life. This relationship is aptly illustrated by the joint regulatory roles for both oxygen and iron in the control of the activity of Hif. Hif is composed of an oxygen-dependent subunit, Hif 2 α , and a constitutively expressed β subunit. The prolyl hydroxylases (PHDs) hydroxylate two key prolyl residues on Hif 2 α which ultimately leads to ubiquitination and degradation, so preventing Hif assembly and activation. Importantly, both oxygen and iron are required for enzyme activity of the PHDs. Conversely, when either iron or oxygen levels are low, transcription factor assembly occurs and binding to target hypoxia responsive elements in the promoter regions of genes regulated by Hif is facilitated. Hif is a multifunctional transcription factor involved in expression of genes linked to cytoskeleton formation, energy metabolism, and erythropoiesis and importantly, in the context of this review: vasomotor function, migration, proliferation, angiogenesis, and the regulation of iron transport. For a general review of Hif, see Simpson and McKie (2015).

EVIDENCE FOR IMPORTANCE OF IRON AND RELATED MOLECULES IN THE NORMAL HUMAN VASCULATURE

Literature describing the role of iron in the maintenance of balanced vascular function is somewhat limited with most studies on iron homeostasis focusing on global aspects involved in control of erythropoiesis. However, some studies undertaken with healthy human volunteers have demonstrated that iron chelation with desferrioxamine promotes hypoxic vasoconstriction (HPV) and increases pulmonary artery systolic pressure (PASP) compared to iron replete individuals (Smith et al., 2008). Furthermore, the same group performed two randomized placebo controlled trials investigating the effect of iron on HPV and PASP. In the first, a group of sea-level dwelling individuals were taken to altitude; iron infusion resulted in a 6 mmHg fall in the pulmonary hypertensive response initiated by hypoxia. In the second protocol, patients with chronic mountain sickness received isovolaemic 2 l venesections followed 2 weeks later by an infusion of iron or placebo. Venesection resulted in a 25% increase in PASP. However, subsequent iron infusion did not ameliorate the increase in PASP (Smith et al., 2009). Additional support for the role of iron in HPV is provided by Frise et al. (2016). In 13 iron deficient individuals, 6 h of hypoxia led to an

increase in PASP compared to iron replete controls. Intravenous iron (given before the hypoxic challenge) attenuated the rise in PASP in both groups but to a greater extent in the iron deficient group (Frise et al., 2016). The above findings indicate a key role for iron in the sensing and signaling response to hypoxia in normal pulmonary vascular function.

As for evidence of any role for iron regulation at the level of the pulmonary vascular cell, these studies are somewhat lacking but new findings from our own laboratory have recently demonstrated the presence of the iron exporter ferroportin in pulmonary artery smooth muscle cells (PASMCs) and pulmonary artery endothelial cells (PAECs) (Ramakrishnan et al., 2014) suggesting a potential dynamic role for the hepcidin-ferroportin axis and the regulation of cellular iron stores at the level of the pulmonary vasculature. Please see Section “Group 3: PH Related to Chronic Lung Disease and/or Hypoxia (Including High Altitude)” for further discussion of response of the pulmonary vasculature to hypoxia and relevance to the development of pulmonary hypertension (PH).

PULMONARY HYPERTENSION: DEFINITION AND CLASSIFICATION

Pulmonary hypertension encompasses a group of conditions characterized by raised blood pressure in the pulmonary arteries. The formal diagnosis requires right heart catheterization: PH is defined as a mean pulmonary arterial pressure ≥ 25 mmHg at rest. There is a further hemodynamic division into pre- and post- capillary PH depending on whether the pulmonary artery wedge pressure (a measure of left atrial pressure) is ≤ 15 mmHg (pre-capillary PH) or > 15 mmHg (post-capillary PH). PH is divided into five clinical groups, each group of which shares similar pathophysiology and anticipated response to treatment (Galie et al., 2016). Group 1 PH is known as pulmonary arterial hypertension (PAH). All the conditions within this group have pre-capillary hemodynamics, a raised pulmonary vascular resistance (PVR) and no evidence of significant lung disease (Group 3 PH) or thromboembolic disease (Group 4). The main disorders presenting with PAH are congenital heart disease (predominantly Eisenmenger Syndrome), scleroderma associated PAH and idiopathic (i)PAH (a diagnosis of exclusion) (Humbert et al., 2006; Peacock et al., 2007). Within the clinical phenotype of Group 1 PAH, a small proportion will have a family history and most will carry a genetic abnormality in one of the genes associated with the condition, predominantly, bone morphogenetic protein receptor (BMPR) 2 (Rudarakanchana et al., 2002; Soubrier et al., 2013). All members of Group 1 have similar histology with remodeling of pulmonary arterioles (diameter $< 500 \mu\text{M}$). This involves hyperplasia of cells encompassing all three layers of the vessel wall, although predominantly smooth muscle (Figure 3). The resulting increase in PVR increases the afterload on the right ventricle (RV) provoking RV hypertrophy, enlargement and eventually failure (Tuder et al., 2013). PAH is always associated with increased morbidity and mortality, but with some heterogeneity depending on sub-type. Patients with iPAH have one of the worse prognoses

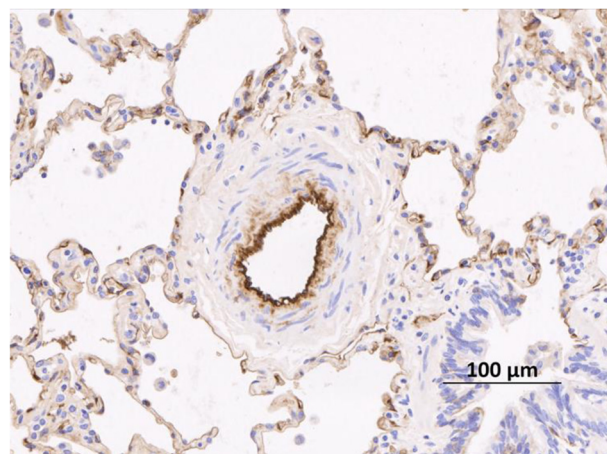


FIGURE 3 | Remodeled pulmonary arteriole from a patient with idiopathic pulmonary arterial hypertension taken after transplant. Remodeling in this case is characterized by an increase in the number of smooth muscle cells in the media. The endothelium is stained with an anti-vWF antibody (brown stain). vWF, von Willbrand Factor. Figure courtesy of Dr. Allan Lawrie and Dr. Roger Thompson, University of Sheffield, United Kingdom.

with a pre-treatment era median survival of only 2.8 years, comparable to many advanced cancers (Barst et al., 1996). In addition, it has a female predominance and tends to affect younger adults (Peacock et al., 2007).

Pathophysiology of PAH

This review is predominantly involved with the pre-capillary remodeling observed in PAH, although pure vasoconstriction is likely to be involved in acute responses to hypoxia, described in other sections.

The exact sequence of events leading to pulmonary vascular remodeling remains unknown; however, the lung pulmonary vasculature does show a stereotypical response to insult(s) as histopathology of lesions remains very similar across sub-types of PAH, see Figure 3 for a representative remodeled human pulmonary arteriole. On the one hand, it is very likely that increased endothelial shear stress from left to right blood flow across an intra- or extra-cardiac defect is the initiating insult in Eisenmenger syndrome (D'Alto and Mahadevan, 2012). On the other, in heritable PAH, defects predominantly in the BMPR2 gene increase susceptibility to developing PAH. However, the penetrance of the genetic defect remains low, suggesting other “hits” are necessary. Additional insults are likely to include: infection, exposure to hypoxia, exposure to serotonergic drugs and pregnancy related changes in female hormone levels (Tuder et al., 2013). Although not proven, one of the earliest abnormalities is probably endothelial cell dysfunction leading to an imbalance of vasoactive molecules: increased production of the vasoconstrictor and mitogen, endothelin (ET)-1 and reduced production of nitric oxide (NO) and prostacyclin (PGI₂), both vasodilators and anti-proliferative agents (Humbert et al., 2004). Damage to the endothelium may expose the underlying

smooth muscle (SM) to cytokines and serum factors that promote proliferation.

The presence of BMPR2 mutations pre-dispose SM cells to increased proliferative rates and reduced apoptosis (Yang et al., 2011). Medial (SM) hypertrophy in resistance arterioles is one of the cardinal histological features of PAH (**Figure 3**). As the disease progresses, it is likely that apoptotic resistant endothelial cells lead to neointimal formation and fibrosis and the formation of plexiform lesions. The adventitia is also involved with increased numbers of fibroblasts and extra-cellular matrix protein deposition. Inflammatory changes are often observed surrounding remodeled vessels, although the exact contribution of inflammation (marker or mediator) remains unclear. However, circulating cytokines, such as IL-6, IL-8, and IL-10 are increased in patients with PAH and correlate with outcome (Soon et al., 2010). Other important mediators are growth factors such as platelet derived growth factor (PDGF) and transforming growth factor (TGF)- β . Most recently, it is clear that there are also epigenetic mechanisms involved (Pullamsetti et al., 2016). A more complete discussion, apart from reviewing the role of iron and iron-related molecules below is beyond the scope of the present review.

EVIDENCE FOR ABNORMAL IRON HANDLING IN PULMONARY HYPERTENSION

Most of the literature relating abnormal iron handling to the development of PH concentrates on iPAH and Eisenmenger syndrome, which will be the main focus of this section. However, there is good evidence to relate iron deficiency to an exaggerated response to hypoxia, which may of course relate to respiratory conditions associated with PH in Group 3 of the international classification as well as exposure to high altitude. Chronic exposure to hypoxia, and the development of high altitude PH has been the topic of several recent reviews (Wilkins et al., 2015). See also Section “Group 3: PH Related to Chronic Lung Disease and/or Hypoxia (Including High Altitude)” of this review.

Evidence for Abnormal Iron Handling in iPAH

Ruiter et al. (2011) reported the first data to support iron deficiency in patients with iPAH. In 70 patients, 30 (43%) had iron deficiency as determined by a serum iron $< 10 \mu\text{mol}^{-1}$ and transferrin saturation $< 15\%$ in females and $< 20\%$ in males; in normal individuals levels of iron saturation of transferrin are 25% and above; 50% saturation indicates iron overload. Six-minute walk test (6MWT) was reduced in iron-deficient patients compared with iron replete patients, irrespective as to whether they had anemia or not. In a sub-set of patients who received oral iron therapy, only eight out of 18 had ferritin levels restored to normal levels, suggesting impaired oral uptake in these patients (which has subsequently been proposed to be secondary to increased hepcidin levels). These findings were confirmed in a slightly later study where it was also demonstrated that iron

deficiency was more prevalent in patients with iPAH compared to patients with chronic thromboembolic PH (CTEPH) (Soon et al., 2011). Interestingly, IL-6 levels were correlated with iron levels in iPAH patients but not in CTEPH patients. As described earlier, IL-6 is known to promote hepcidin production, but in this study there was no correlation of IL-6 with hepcidin in iPAH patients. Data from another United Kingdom group suggested that hepcidin levels may be inappropriately high in a subset of iPAH patients (Rhodes et al., 2011a). Furthermore, iron deficiency, this time defined by increased circulating soluble transferrin receptor levels, was associated with disease severity and poor clinical outcome.

There are also potential implications related to BMPR2 gene mutation or subsequent downstream pathway dysfunction and altered iron handling in PAH, as BMPR2/SMAD pathways, amongst other functions, are also involved in regulation of iron homeostasis, facilitated through the control of hepcidin production (**Figure 2**) (Finberg, 2013). As mentioned earlier, under normal circumstances iron availability directs such homeostatic control. In patients with iPAH this homeostasis is presumably lost, leading to iron deficiency and hepcidin excess (Rhodes et al., 2011b). Inflammation may impact further on dysfunctional BMPR2 signaling and loss of iron homeostasis, as plasma IL-6 levels are raised in patients with PAH (Selimovic et al., 2009); IL-6 is also known to up-regulate hepcidin expression via the JAK-STAT pathway (Soon et al., 2010) (**Figure 2**). Intriguingly, increased autophagy mediated by lysosomal action (where BMPR2 and ferroportin are both degraded) has been implicated in PAH (Long et al., 2013) suggesting a potential link with altered iron handling.

Further evidence for abnormal iron handling was demonstrated by Decker et al. (2011) who showed that zinc protoporphyrin (Zn-pp) levels are high in patients with PAH (mainly iPAH) indicating deficient iron incorporation to form heme suggestive of iron deficiency; levels were closely related to clinical severity (Decker et al., 2011). Zinc competes with iron for binding sites, therefore when iron levels are diminished zinc replaces iron at these sites. PAH patients also had a high red cell distribution width (RDW), again corresponding to markers of clinical severity, such as higher pulmonary arterial pressures and lower 6MWT. Most recently, using proteome analysis in the plasma of patients with PAH, Rhodes et al. (2017) were able to identify a combination of nine circulating proteins associated with a high risk of mortality, two of which, plasminogen and erythropoietin, are associated with abnormal iron metabolism (Rhodes et al., 2017).

Evidence for Abnormal Iron Handling in Eisenmenger Syndrome

Iron deficiency has been recognized in patients with cyanotic congenital heart disease for much longer than other forms of PAH. This is considered to be a direct response of increased secondary erythrocytosis (due to chronic cyanosis). However, the exact underlying mechanisms remain unclear. An additional factor, historically, was the routine use of venesection, which was associated with increased risk of hemoptysis, anemia and iron

deficiency (Daliendo et al., 1998). Iron deficiency is associated with adverse outcomes in Eisenmenger patients (Van De Bruaene et al., 2011). Venesection is now not recommended and iron deficiency actively corrected in this population (Dimopoulos et al., 2008).

Although very different diseases, pulmonary vascular remodeling in ES and iPAH is similar; however, dysfunctional BMP signaling linked to the gene defects in BMPRII has not been found in ES (Therrien et al., 2006) (although BMPRII protein levels have been reported to be reduced in this population). As for determinants of disrupted iron homeostasis in these patients, data are limited but, in a small comparative observational study undertaken by ourselves (published in abstract form), there were significant increases in an array of plasma markers including: soluble transferrin receptor, free heme, iron saturation of transferrin, IL-6 and hepcidin; clearly demonstrating elevated levels of these iron indices in ES cohorts as compared to iPAH patients and healthy controls (Mumby et al., 2016).

Evidence for Abnormal Iron Handling in Other Forms of PH

Group 1: Associated Forms of PAH

With regards to associated forms of PAH in Group 1, only when in association with scleroderma has there been a link with iron deficiency described in the literature. Iron deficiency (as determined by soluble transferrin receptor) was present in 46% of patients with scleroderma-PH compared to 16% of patients with scleroderma but no PH (note that not all of these had PAH). Iron deficiency was associated with lower exercise capacity and worse survival. Hepcidin levels were overall high and related to transferrin receptor status but not to IL-6 levels (Ruiter et al., 2011).

Group 3: PH Related to Chronic Lung Disease and/or Hypoxia (Including High Altitude)

As described earlier, iron deficiency causes an exaggerated response, in terms of PASP, to acute hypoxia, compared to iron replete controls. Iron replacement reverses this response (Frise et al., 2016). Apart from periods when humans are exposed to hypoxia, these findings may be relevant to PH that develops in conjunction with respiratory conditions, which are characterized by alveolar hypoxia (Group 3). Indeed, iron deficiency has been shown to associate with echo derived PASP in non-anemic patients with COPD (Plesner et al., 2017). Potential relevant mechanisms are described next.

A role for Hif in hypoxia and normoxia

The molecular mechanisms underpinning the response to hypoxia are incompletely understood, although Hif is likely to be key. Mutations which lead to over activation of Hif in normoxia, a condition called Chuvash polycythemia, result in an exaggerated vasoconstrictor response under hypoxic conditions (Smith et al., 2006). Mouse models of the von Hippel-Lindau mutation, that characterizes Chuvash polycythemia, result in PH and fibrosis (Imtiyaz et al., 2010). Moreover, mouse models with heterozygous mutations in Hif components result in some protection from PH under conditions of hypoxia

(Yu et al., 1999; Brusselmans et al., 2003). Furthermore, as Hif activity is both regulated by iron and itself regulates aspects of iron homeostatic control, an interactive role for iron and Hif in PH seems plausible. Indeed, for an increasing number of genes involved in iron homeostasis, the presence of IREs and hypoxic responsive elements (HREs) within the promoter region have been described. Expression at the level of mRNA is therefore regulated not just by the IRPs but also by the hypoxia inducible transcription factor component, Hif-2 α . Moreover, as mentioned above, Hif-2 α activity is controlled via the enzymatic activity of the iron and oxygen sensing prolyl hydroxylases, and depletion of either substrate leads to Hif activation and an array of transcriptional responses. Therefore, iron deficiency, in a similar fashion to hypoxia, can lead to Hif activity; but potentially under normoxic conditions.

Hif and regulation of cellular iron content

Importantly, the ferroportin gene contains both IREs and HREs; thus, hypoxia represents a further signal for ferroportin expression via Hif-2 α (Simpson and McKie, 2015). As for any role for hypoxia in hepcidin expression/activity there are controversies in the literature with some studies suggesting an involvement for Hif-2 α in hepcidin suppression, (Peyssonnaud et al., 2007) whereas more recent literature refutes this suggestion (Volke et al., 2009); however, other soluble factors may be involved (Ravasi et al., 2014). Reactive oxygen species (ROS) may also have a role as the redox sensitive transcription factor, NF- κ B, has been shown to regulate hepcidin expression in part in macrophages (Sow et al., 2009). Given the role of hypoxia and ROS production in PAH it is likely that such perturbations will be influential in aspects of disrupted iron homeostasis of relevance to the pulmonary vasculature and will further modulate the hepcidin/ferroportin axis. Another iron homeostatic perturbation that may be of relevance to Hif activity is iron regulatory protein-1 (IRP-1) dysfunction; targeted deletion of IRP-1 in mice resulted in PH and polycythemia, responses, which were more apparent in animals, fed an iron-restricted diet. Hif-2 α expression in pulmonary endothelial cells cultured from these animals was elevated in comparison to those from wild type controls (Ghosh et al., 2013); effects on the hepcidin/ferroportin axis were not described in this study. Additionally, iron-sulfur cluster deficiency linked to either hypoxic or genetic alterations in the microRNA-210-ISCU1/2 axis also contribute to PH in murine models, (White et al., 2015) all of which suggests a link to mitochondrial dysfunction, given that iron-sulfur synthesis occurs in this organelle and its function is dramatically affected by ischemia or hypoxia. Finally, there may also be implications in relation to IRP-1 activity which is regulated by iron-sulfur cluster assembly (Kuhn, 2015). The role of Hif, hypoxia and iron as potential drivers of PAH are therefore complex and still emerging.

Group 5: Miscellaneous Causes of PH: The Hemolytic Anemias

The last group to mention is the chronic hemolytic anemias, which sit in Group 5 of PH classification. Abnormal iron handling may clearly be a factor in conditions such as Sickle

Cell Disease (SCD) and the Thalassemias. Potential factors that may contribute to disease presentation in these circumstances are numerous and include consequences related to the release of free hemoglobin. The potential for a direct proliferative role linked to decompartmentalization of free iron/heme/hemoglobin is also of potential importance and is given consideration below. However, as for mechanisms of disease onset and progression, in addition to the more detailed descriptions presented below, consideration should also be given to high cardiac output-PH in very anemic patients, as well as direct myocardial involvement producing a post-capillary PH picture (Group 2 PH).

Hemoglobin and oxidative stress

Hemoglobin, once decompartmentalized, disassociates to the dimeric form, is subject to the release of free heme and is also likely to shed iron, which, in an extracellular setting of complete transferrin iron saturation, will remain free or loosely bound. This, in turn, will be available to catalyze damaging hydroxyl radical formation from hydrogen peroxide and initiate or propagate peroxidation of membrane polyunsaturated fatty acids causing damage that is not necessarily limited to endothelial targets. In addition, both hemoglobin and heme are redox catalysts and so can also contribute to damaging oxidant production and an overall altered redox balance. Thus, there are numerous iron breakdown products released or formed consequent to hemolysis, which may have implications for disease onset and progression.

Endogenous protection of a limited resource

Targeted binding by haptoglobin for hemoglobin, hemopexin and or albumin for heme and transferrin or lactoferrin for iron, followed by receptor mediated cellular uptake limits adverse aspects related to the release of these species in the extracellular setting. However, during prolonged or pronounced hemolytic episodes, such binding processes are saturated leading to extracellular accumulation of these products of hemolysis and also increased iron storage within cells and tissues. In this regard, it is now widely recognized that PH is a common co-morbidity for patients suffering from hemoglobinopathies resultant from hemolytic anemias (Souza et al., 2009) and consequently that endogenous protection is compromised in these patient groups.

A role for decompartmentalized hemoglobin in PAH

Decompartmentalization of hemoglobin and subsequent binding of NO that affects vascular reactivity and remodeling has been hypothesized as a functional component in PAH associated with hemoglobinopathies such as the Thalassemias and SCD (Mathew et al., 2016). In addition, hemoglobin/heme containing red cell microparticle formation also accompanies hemolysis with known effects on the endothelium and resultant vascular occlusion in SCD (Camus et al., 2015). In epidemiological terms for SCD populations, PAH is many orders of magnitude more common than in the normal population (Buehler et al., 2012) and additionally for SCD patients with PAH, hemolytic anemia is much more severe (Potoka and Gladwin, 2014); all of which strongly suggests active involvement of hemolysis in the development of PAH in SCD. A link which is also apparent for β -thalassemia major where PAH development is thought to be

related to both the severity of hemolysis and also the need for repeated transfusions (leading to tissue iron overload); whereas for β -thalassemia intermedia, ongoing hemolysis without transfusion also causes iron loading and is associated with PAH (Fraidenburg and Machado, 2016). In a small study of non-transfusion dependent thalassemia patients, PAH was relatively common (10%) and was associated with previous multiple transfusions, splenectomy and non-transferrin bound iron (a marker of iron overload) (Inthawong et al., 2015). A role in PAH is also apparent for other hemolytic disorders such as hereditary spherocytosis, microangiopathic anemias, and paroxysmal nocturnal hemoglobinuria to name but a few (Machado and Farber, 2013). Importantly, recent studies in patients with iPAH and heritable PAH have demonstrated red cell abnormalities: specifically enhanced levels of zinc-protoporphyrin (Decker et al., 2011); elevated creatine (Fox et al., 2012) and plasma free hemoglobin, which was independently associated with increased risk for admission to hospital (Brittain et al., 2014) all of which are suggestive of iron deficiency and sub-clinical hemolysis. Moreover, decreased levels of haptoglobin are apparent across PAH phenotypes and demonstrates a negative correlation with mean pulmonary artery pressure for patients with connective tissue disease associated PAH (Nakamura et al., 2017). Given the role of haptoglobin as an extracellular hemoglobin binding protein these studies further support a role for hemolysis and decompartmentalized hemoglobin in PAH progression.

IN VITRO AND IN VIVO MODELS OF DISRUPTED IRON HOMEOSTASIS

There are a number of recently published studies, which have investigated the relationship between iron availability, or deficiency, and proliferative responses in settings of relevance to PAH. In one study the use of iron chelation via the administration of desferrioxamine to rats was found to inhibit chronic hypoxia induced PH and remodeling suggesting that iron is requisite for vascular proliferation in these circumstances; an assertion further supported by *in vitro* studies by the same authors which showed that an iron chelation strategy also inhibited proliferation of cultured PSMCs (Wong et al., 2012). In another study, use of plumbagin, an iron chelator, (Padhye et al., 2012) was found to limit proliferation in human PSMCs and decrease distal pulmonary artery remodeling in a rat model of PAH (Courboulin et al., 2012). Additionally, iron was found to induce remodeling in cultured rat PAECs (Gorbunov et al., 2012). Together, these studies indicate a role for iron availability in proliferation and remodeling. However, in other recent studies, opposing responses have been reported; for instance, iron deficient (iron restricted diet) monocrotaline treated rats were somewhat protected from pulmonary vascular remodeling and right ventricular failure; however, the low levels of hepcidin shown in these animals compared to controls (iron replete) is at variance with elevated hepcidin as observed in clinical PAH and also suggests that cellular iron retention is less likely in these circumstances (Naito et al., 2013). In a related rat model, iron deficiency alone of 4 weeks duration was shown to contribute to in pulmonary

vascular remodeling, raised pulmonary artery pressure and right ventricular hypertrophy. All these changes were reversed on restoration of a dietary iron (Cotroneo et al., 2015) suggesting that iron deficiency contributes to vascular remodeling. Whilst not in absolute agreement, collectively, these studies do indicate that iron availability or otherwise is a key component of vascular remodeling in experimental PAH.

As for any role for iron retention or release at the level of the cell, these studies are fledgling in nature and largely limited to published abstracts. Our own studies in this regard have established that ferroportin is present on both human PAMSCs (Ramakrishnan et al., 2014) and human PAECs (Ramakrishnan et al., 2013) and that hepcidin treatment of human PAMSCs causes a proliferative response most likely linked to cellular iron retention. Moreover, treatment with IL-6 also promotes human PAMSC proliferation (Ramakrishnan et al., 2015). Interestingly, the hemoglobin-haptoglobin receptor/scavenger molecule, CD163, has been shown to be expressed and regulated in both human PAECs as well as PAMSCs (Ramakrishnan et al., 2015, 2016) suggesting a means for cellular uptake of iron by these cells. In related studies, an *in vivo* model of vascular remodeling linked to cellular iron accumulation was reversed with haptoglobin therapy (Irwin et al., 2015) indicating a potential role for free hemoglobin in these processes. Thus there may be a generalized functional impact related to decompartmentalization of hemoglobin of relevance to PAH which given our observational data (Mumby et al., 2016) may be of greater relevance in condition such as Eisenmenger syndrome.

TREATMENTS: SUMMARY OF CLINICAL EVIDENCE WITH IRON REPLACEMENT IN PAH

There are very few clinical trials investigating the effect of iron replacement in patients with PAH. Viethen et al. (2014) presented the results of 20 iron deficient patients with mixed PAH etiology, given IV ferric carboxymaltose (1,000 mg) in an open label fashion. Compared to a non-treated group, there was an improvement in iron status, significant increase in 6-min walk test and quality of life score (Viethen et al., 2014). There have been two trials in specific PAH sub-types, described below.

Iron Therapy in Cyanotic Congenital Heart Disease

There are no randomized, placebo controlled studies investigating the effect of iron replacement in the cyanotic congenital heart disease population. However, Tay et al. (2011) studied 25 iron-deficient cyanotic CHD patients, 14 of which had Eisenmenger Syndrome, who received oral iron replacement in a prospective open label manner (Tay et al., 2011). Oral ferrous fumarate was titrated to a maximum of 200 mg tds. After 3 months of treatment, hemoglobin, ferritin and transferrin saturation had all significantly increased. Significant improvements were also seen in quality of life and 6MWT, although peak VO_2 was unchanged. Oral treatment was well

tolerated with no complications. In clinical practice in the cyanotic CHD population treatment of iron deficiency (as a complication of secondary erythrocytosis) is managed quite aggressively, usually with intravenous iron replacement. In 142 consecutive cyanotic CHD patients of which 49% were ES, treatment with IV ferrous carboxymaltose (500 mg; Ferrinject™) resulted in improvement in hemoglobin, hematocrit, ferritin, and transferrin saturation. There were no cases of excessive erythrocytosis with very few complications (personal communication).

Iron Therapy and Idiopathic Pulmonary Arterial Hypertension

There is only one published study on the use of iron replacement in patients with iPAH (Gerrina et al., 2015). Fifteen patients with iPAH and iron deficiency received a single, high dose of IV iron in an open label fashion. After 12 weeks, the primary endpoint, 6MWT, was not changed. However, exercise endurance time and aerobic capacity increased significantly without change in cardiac function. There was improved quadriceps muscle oxygen handling. IV iron was well tolerated and there was an improvement in quality of life. A randomized, placebo controlled trial is currently active and the results are eagerly awaited (Howard et al., 2013).

Iron Therapy in Other Forms of PH

There are no other studies investigating the use of iron replacement in other forms of PH apart from experimental studies in acute hypoxia driven PH. Bart et al. (2016) investigated the effect of 1 g IV iron (or saline) on increases in PASP associated with 6 h of hypoxia in 22 subjects. Patients receiving iron before hypoxia had a 50% reduction in PASP rise which was sustained up to 43 days after iron therapy (Bart et al., 2016).

Future Treatments

Clearly from the literature presented above, it is apparent that protocols are under development and in use involving iron supplementation therapies in order to correct perceived iron patient deficits. Whilst this ultimately may help restore iron homeostasis there is nevertheless the potential to for cellular iron-loading to occur particularly in a setting of hepcidin excess as is seen in PAH; in which case shorter term benefits may be outweighed by longer term effects on pulmonary vascular remodeling. Other potential solutions that would aim to restore iron homeostatic control could involve targeted inhibition (modulation) of the hepcidin/ferroportin axis. In fact, there are several treatment options under development/developed which either seek to stabilize ferroportin expression and activity in spite of hepcidin excess or that target hepcidin directly (Sebastiani et al., 2016). Such approaches will thereby allow for iron uptake from the gut and also cellular iron excretion, which may be of relevance for the pulmonary vasculature and any links with iron retention and remodeling in PAH. Finally, given the relationship between IL-6 and hepcidin expression and release, therapies that selectively target this cytokine would also be expected to influence iron homeostatic control. Indeed such approaches are already

underway in PAH groups (TRANSFORM UK study) albeit not specifically to correct iron imbalance.

SUMMARY

Presently the field of disrupted iron homeostasis in PAH is poorly understood, not least because most studies of iron regulatory control have centered on global mechanisms and cells principally involved in recycling body iron resources.

However, emerging literature does suggest similar regulatory controls are also operational across other cell types including, potentially, in the vasculature. Links between disrupted iron homeostatic control and sub-types of PH, especially PAH, PH associated to hemolytic anemias and hypoxia may therefore well have implications for iron turnover and control in pulmonary artery vascular cells. Debate centered on the role of iron deficits or overload in PAH and models thereof may merely serve to strengthen the supposition that loss of iron homeostatic control is an important contributory factor to disease onset and progression. Additional studies may well confirm these suggestions

and ultimately offer much needed alternative therapeutic options.

AUTHOR CONTRIBUTIONS

SW and GQ were responsible for the conception of idea and design and wrote most of the manuscript. LR was responsible for the contribution of ideas, design, figures, and copy-editing. SP was responsible for the contribution of ideas, figures, and contents research. QT contributed ideas, copy-editing, and contents research. All authors contributed to the manuscript revision, read and approved the final version.

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Rho-Kinase Inhibition Ameliorates Dasatinib-Induced Endothelial Dysfunction and Pulmonary Hypertension

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The multi-kinase inhibitor dasatinib is used for treatment of imatinib-resistant chronic myeloid leukemia, but is prone to induce microvascular dysfunction. In lung this can manifest as capillary leakage with pleural effusion, pulmonary edema or even pulmonary arterial hypertension. To understand how dasatinib causes endothelial dysfunction we examined the effects of clinically relevant concentrations of dasatinib on both human pulmonary arterial macro- and microvascular endothelial cells (ECs). The effects of dasatinib was compared to imatinib and nilotinib, two other clinically used BCR/Abl kinase inhibitors that do not inhibit Src. Real three-dimensional morphology and high resolution stiffness mapping revealed softening of both macro- and microvascular ECs upon dasatinib treatment, which was not observed in response to imatinib. In a dose-dependent manner, dasatinib decreased transendothelial electrical resistance/impedance and caused a permeability increase as well as disruption of tight adherens junctions in both cell types. In isolated perfused and ventilated rat lungs, dasatinib increased mean pulmonary arterial pressure, which was accompanied by a gain in lung weight. The Rho-kinase inhibitor Y27632 partly reversed the dasatinib-induced changes *in vitro* and *ex vivo*, presumably by acting downstream of Src. Co-administration of the Rho-kinase inhibitor Y27632 completely blunted the increased pulmonary pressure in response to dasatinib. In conclusion, a dasatinib-induced permeability increase in human pulmonary arterial macro- and microvascular ECs might explain many of the adverse effects of dasatinib in patients. Rho-kinase inhibition might be suitable to ameliorate these effects.

Keywords: endothelial cells, paracellular permeability, dasatinib, Rho-kinase, pulmonary arterial hypertension, endothelial elasticity

INTRODUCTION

Dasatinib is a second generation BCR/Abl tyrosine kinase inhibitor (TKI) approved for first- and second-line use in patients with chronic myeloid leukemia (CML) and Philadelphia chromosome-positive acute lymphoid leukemia. It is also being evaluated as a therapy for numerous solid cancer types. Besides dasatinib, other TKIs such as imatinib and nilotinib have been approved for the

treatment of CML. These TKIs share common targets such as BCR/Abl, platelet derived growth factor receptor (PDGFR) and c-kit. However, dasatinib is also a potent Src tyrosine kinase (SrcTK) inhibitor (Lombardo et al., 2004; Rix et al., 2007).

Due to the differences in the pharmacological profile, each TKI has a unique side-effect profile (Pasvolsky et al., 2015). Dasatinib therapy has been associated with the risk of partially reversible pulmonary arterial hypertension (PAH), with an estimated incidence of 0.45% (Montani et al., 2012, 2013; Orlandi et al., 2012; Sano et al., 2012). To date, more than 100 cases of dasatinib-induced PAH have been submitted for European pharmaceutical vigilance. PAH is a highly morbid and often fatal disease characterized by progressive pulmonary vascular obstruction. PAH affects all layers of the pulmonary arterial wall (Galie et al., 2009; Dayeh et al., 2016). Dasatinib-induced potassium channel inhibition in pulmonary arterial smooth muscle cells may play a key role in the development of PAH, however, adverse effects on endothelial cells (ECs) cannot be excluded (Nagaraj et al., 2013; Olschewski et al., 2014; Guignabert et al., 2016).

Dasatinib therapy may also induce microvascular leakage resulting in pleural effusion, lung and peripheral edema (Han et al., 2013; Latagliata et al., 2013; Dong et al., 2016; Kreutzman et al., 2017). Pleural effusion affects 10–35% of the treated patients, and in 78% the effusion is classified as exudative (with lymphocytic predominance). Dasatinib could affect barrier function through several different mechanisms. Since BCR/Abl has been shown to regulate pulmonary endothelial barrier function (Dudek et al., 2010; Wang et al., 2011), dasatinib may induce dysfunction by the inhibition of BCR/Abl. However, both PAH and pleural effusion are much stronger associated with dasatinib than with nilotinib or imatinib treatment, which suggests that unique actions of dasatinib may cause endothelial leakage and vasoconstriction. Inhibition of potassium channels likely explains pulmonary vasoconstrictive effects but not endothelial leakage.

We investigated the effects of dasatinib on the barrier function of pulmonary micro- and macrovascular ECs, using primary human pulmonary microvascular ECs (HMVEC-L) and pulmonary artery ECs (HPAEC) and employed a number of different cellular and functional readouts. We found that dasatinib but not imatinib or nilotinib caused significant endothelial leakage, associated with Src inhibition and secondary activation of ROCK signaling. We confirmed our *in vitro* results in the isolated perfused rat lung model.

MATERIALS AND METHODS

Cell Culture and Treatments

Human pulmonary microvascular ECs and human pulmonary artery ECs were purchased from Lonza (Allendale, NJ, United States) and were cultured according to the manufacturer's instructions. In our experiments, we used HMVEC-Ls from four different donors and HPAECs from two different donors. The endothelial-specific media (Vasculife® Basal Medium, Lifeline Cell Technology in the case of HPAEC and EBM-2, Lonza for

HMVEC-L) was changed every third day. Cells used in the experiments were between passages five and nine. Confluent cultures were washed with serum-free Vasculife medium, and incubated in the same serum-free medium for 2 h prior to 15 min treatments for western-blot analyses. Transendothelial electrical resistance (TEER), permeability and gene expression measurements were performed in Vasculife medium containing 2% FBS (Sigma). The following concentrations were used for cell treatments: dasatinib (Selleck Chemicals) 1 nM, 10 nM, and 100 nM; imatinib (Selleck Chemicals) 5 μM; nilotinib (Selleck Chemicals) 100 nM; PP2 (Selleck Chemicals) 10 μM; Y-27632 (Tocris) 10 μM and fasudil (Tocris) 10 μM. All chemicals were dissolved in dimethylsulfoxide (DMSO) resulting in 0.1% final concentration during treatments. For control experiments, cells received the same amount of DMSO in medium.

Transendothelial Electrical Resistance (TEER) Measurements

A computer-controlled device (CellZScope®, nanoAnalytics, Muenster, Germany) was used to measure TEER of endothelial monolayers. HMVEC-L cells were cultured until confluence on collagen/fibronectin-coated semipermeable filter inserts (0.4 μm pore size, 0.33 cm², Costar Corning Transwell Clear). Baseline TEER was measured for 1 h before experiments, followed by application of different treatments for up to 24 h.

Cell Index (CI) Measurements

Cell index (CI) was calculated from real-time impedance data acquired in ACEA's xCELLigence® real-time cell analysis (RTCA) instrument. HMVEC-L and HPAEC cells were cultured on collagen-coated 96-well E-plates until the CI values reached the plateau. Treatments were applied and changes of endothelial barrier properties were monitored for 12 h.

Permeability Measurements

Endothelial barrier permeability to 4 kDa FITC-dextran (Sigma) was assessed in phenol red-free Vasculife® Basal Medium (Lifeline Cell Technology) supplemented with 2% FBS (Sigma). After 24 h treatment, medium was removed and 200 μg/ml 4 kDa FITC-dextran containing media was added in the upper compartments. Cultures were incubated at 37°C for 30 min with gentle shaking and samples were collected from the lower compartment. FITC-dextran concentration of the samples was measured using a fluorescent microplate reader (FLUOstar Optima, BMG Labtechnologies, Offenburg, Germany) with an excitation wavelength of 485 nm and an emission wavelength of 520 nm specific for FITC-dextran. Permeability coefficients (*P*) were calculated by the following equation:

$$P = \frac{dQ}{dT \times A \times C_0}$$

(*dQ*: transported amount, *dT*: incubation time, *A*: surface of filter, *C*₀: initial concentration in the luminal compartment).

The values for empty filter inserts (P_{filter}) were subtracted from the values of the endothelial monolayers (P_{total}) obtaining the real value for the endothelial monolayer (P_e) using the formula:

$$\frac{1}{P_e} = \frac{1}{P_{\text{total}}} - \frac{1}{P_{\text{filter}}}$$

Immunofluorescence Studies

For immunofluorescence studies, HMVEC-L and HPAEC cells were cultured on collagen/fibronectin-coated filter inserts. Endothelial monolayers were fixed using a mixture of ice-cold ethanol:acetic acid (95:5 v/v) for 10 min and then washed three times for 5 min in PBS. After blocking with 3% bovine serum albumin (BSA, Sigma) for 30 min, inserts were incubated with primary antibodies against VE-cadherin (Cell Signaling Technology) or ZO-1 (Invitrogen), nuclei were counterstained with Hoechst33342 (Sigma). The staining was visualized using Cy3- or Cy2-conjugated secondary antibodies (Jackson Immuno Research) diluted in 1% BSA-containing PBS, and washed three times for 5 min in PBS. Filter inserts were mounted in anti-fading embedding medium (Fluorogel, Electron Microscopy Sciences, Hatfield) and studied using a Nikon Eclipse TE2000U photomicroscope (Tokyo, Japan) connected to a digital camera (Spot RT KE, Diagnostic Instruments, Sterling Heights, MI, United States).

Immunofluorescence images were quantified using the ImageJ software (version 1.51n, NIH). We measured the mean intensity of VE-cadherin immunofluorescence staining using the polygon selection tool to define the cell junctions. In the case of ZO-1 tight junctional protein, we selected the cells by freehand selection tools and then measured the continuity of the immunofluorescence staining.

Western-Blot Analyses

Cells were lysed in ice-cold lysis radioimmune precipitation buffer (20 mM Tris, 150 mM NaCl, 0.5% Triton X-100, 1% sodium deoxycholate, 0.1% sodium dodecyl sulfate, 1 mM sodium vanadate, 10 mM NaF, 1 mM EDTA, 1 mM Pefabloc®) and incubated on ice for 30 min. Lysates were clarified by centrifugation at $10,000 \times g$ for 10 min at 4°C. Protein concentration was determined with the bicinchoninic acid (BCA) method (Pierce, Rockford, IL, United States). Proteins were electrophoresed with standard denaturing SDS-PAGE procedures and blotted on PVDF (Bio-Rad) or nitrocellulose (Bio-Rad) membranes. Blocking the non-specific binding capacity of the membranes was carried out at room temperature for 30 min in TBS-T (Tris buffered saline with 0.1% Tween 20) containing either 5% casein (non-fat milk powder) or 3% BSA. Membranes were incubated with primary antibodies against total c-Src, pSrc (Y416), or non-phosphorylated (Y416)-Src (Cell Signaling) or β -actin (Sigma). After washing the membranes three times for 10 min in TBS-T, the blots were incubated with the secondary antibodies diluted in TBS-T, then washed again three times for 10 min in TBS-T. The immunoreaction was visualized using Immobilon Western Chemiluminescent HRP Substrate (Millipore, Billerica, MA, United States) on X-ray film (Alga, Mortsel, Belgium).

Atomic Force Microscopy (AFM) Measurements

All experiments were carried out with an Asylum Research MFP-3D atomic force microscope (Asylum Research, Santa Barbara, CA, United States; driving software IgorPro 6.32A, Wavemetrics), situated on the top of a Zeiss Axiovert 200 type optical microscope. The experiments were performed with overall gold coated silicon nitride rectangular cantilevers holding a V-shaped tip (BL-RC150VB Olympus, Optical Co. Ltd.). The cantilevers have a nominal spring constant of 30 pN/nm, resonant frequency of 25 kHz in air, which drops to 10 kHz in liquid. The spring constant of each of the used cantilevers were determined each time by thermal calibration (Hutter and Bechhoefer, 1993; Higgins et al., 2006; Sader et al., 2012). During measurements cells were kept in Leibovitz's medium (Gibco, Thermo Scientific) containing 2% FBS at 37°C for maximum 3 h. Images from an area of $60 \mu\text{m} \times 60 \mu\text{m}$ having 256 lines \times 256 points were recorded in alternate contact mode using closed loop with a speed of $90 \mu\text{m/s}$. Trace and retrace images were recorded and compared for validation, no considerable differences were found. Probing any material with a hard indenter (AFM tip) leads to the theory of indenting an elastic half-space with a stiff object, based on the work of Hertz (1881) and Sneddon (1965) later modified for AFM tips (Mathur et al., 2001). This theory is used for indentation tests, regardless of length scale. Elastic characterization was based on calculating the sample's elastic modulus from each force curve (Varga et al., 2016).

During recording a single force curve, the tip is brought into contact with the top (indentation below 500 nm) layer of the cells. Force curves were recorded at constant loading speed ($8 \mu\text{m/s}$) and sampling frequency (2 kHz). Total force distance was kept at $3 \mu\text{m}$ with maximum load of 300 pN. 32 lines \times 32 points maps (force volume) were recorded at each selected area of $60 \mu\text{m} \times 60 \mu\text{m}$, data collection for one image was approximately 15 min. Values for elasticity were extracted with the microscope's driving software, implementing the above mentioned models and assumptions.

Ex Vivo Experiments on Isolated Perfused and Ventilated Rat Lungs

All animal care and experimental procedures complied with EU and Austrian regulations and were approved by and reported to the Institutional Animal Care and Use Committee (BMWF, Austria and Medical University of Graz, Graz, Austria). All measures were taken to keep animal suffering to a minimum. Seventeen male Sprague-Dawley rats (Janvier, Saint Berthevin, France), weight $350 \pm 112 \text{ g}$ (mean \pm SD) were used in this study. Rats were sacrificed by an overdose of ketamine (200 mg/kg b.w.) and xylazine (17 mg/kg b.w., exsanguinated, the heart and lung removed enblock and mounted in IPL-2 HSE Harvard Apparatus (March-Hugstetten, Germany). Lungs were perfused through the pulmonary artery at constant flow with 37°C sterile Krebs-Henseleit buffer containing 2% BSA (Sigma A9647), 0.1% glucose, 0.1% Hepes, 24 mM NaHCO_3 and ventilated with negative pressure in a closed chamber with a tidal volume of $\sim 12.4 \text{ ml/kg b.w.}$, an end-expiratory pressure of $-2 \text{ cm H}_2\text{O}$

and a respiratory rate of 60 breaths/min. Hyperinflation (-22 to -24 cm H₂O) was performed at 1-min intervals. Lungs were initially acclimatized with one-way perfusion ($\sim 45'$) and then switched to recirculation (total volume 200 ml). After 20' equilibration period, dasatinib (100 nM) was added to the perfusate (Timepoint 0'). In a subgroup of rats, Y27632 (10 μ M) was added to the perfusate 20' prior to dasatinib. The pH of the perfusate was continuously monitored and adjusted to pH 7.3 with CO₂. Changes in mean pulmonary arterial pressure and weight (oedema formation) were continuously recorded over a 150-min period. Data are presented as weight/mPAP change compared to the 0' timepoint. Data were compared using a two-way ANOVA.

Statistical Analysis

Data analysis was performed using GraphPad Prism software (version 7.0). The statistical tests are presented at each result and given in the figure legends.

RESULTS

Dasatinib Alters Barrier Properties of Pulmonary Micro- and Macrovascular Endothelial Cells

We first evaluated the dasatinib effects on endothelial barrier properties by measuring the electrical impedance of cells exposed to clinically relevant concentrations of dasatinib. For comparison imatinib and nilotinib were also used. Like dasatinib, imatinib, and nilotinib are potent BCR/Abl kinase inhibitors, but less prone to induce PAH or lung edema. In response to 100 nM dasatinib, TEER of microvascular pulmonary endothelial (HMVEC-L) cells dropped significantly within 1 h and this effect lasted up to 24 h (Figure 1A). Imatinib at 5 μ M had a lower and transient effect on changes in the TEER of HMVEC-L, while nilotinib at 100 nM did not significantly alter the endothelial barrier properties in comparison to control cells (Figure 1A).

Since macrovascular ECs do not form such a tight barrier as the microvascular endothelium in the lung, measuring the TEER of cells cultured on semipermeable filter inserts was complemented with measuring the CI of cells cultured on gold electrodes. We applied the same treatments (100 nM dasatinib, 100 nM nilotinib, 5 μ M imatinib) in parallel to both micro- (Figure 1B) and macrovascular (HPAEC) (Figure 1C) ECs and measured in real-time the impedance of the cells reflected by the CI. We observed a rapid decrease of the CI of both HMVEC-L and HPAEC cells after dasatinib application (Figures 1B,C). This effect was long-lasting (up to 24 h), whereas imatinib only induced a transient CI decrease in HPAEC cells. After 24 h exposure the permeability of HMVEC-L (Figure 1D) and HPAEC (Figure 1E) to 4 kDa FITC-dextran was determined. The permeability coefficient reflects the paracellular diffusion of the fluorescent dye, which increased significantly in response to 100 nM dasatinib in both microvascular and macrovascular endothelial monolayers (Figures 1D,E). Neither imatinib, nor nilotinib facilitated the transfer of the

fluorescent marker from the apical to the basolateral side of the cells.

The Dasatinib-Induced Pulmonary Endothelial Injury Is Dose-Dependent

The TEER-decreasing effect of dasatinib on HMVEC-L cells proved to be strongly concentration-dependent, with the highest concentration having the most accentuated effect (Figure 2A). In accordance with the TEER changes, FITC-dextran permeability assay also showed a concentration-dependent increase in response to dasatinib. These concentration-dependent barrier disrupting effects of dasatinib were observed in both micro- and macrovascular ECs (Figure 2B). Dasatinib-induced impedance and permeability changes suggested the involvement of the inter-endothelial junctions. This was confirmed by immunofluorescence staining of the junctional protein VE-cadherin. Treatment of ECs with either 1 nM or 10 nM dasatinib exhibited minimal effects on the distribution of VE-cadherin in HMVEC-L or HPAEC cells. However, the clinically relevant concentration of dasatinib (100 nM) resulted in significant loss of the continuous distribution of VE-cadherin, indicating interendothelial junctional disruption (Figures 3A,B). Moreover, we observed formation of inter-endothelial gaps, probably due to changes in the adhesion of the cells to the substrate (Figure 3A).

At these concentrations, no apoptotic or cytotoxic effects of dasatinib were detected in the ECs after 24 h of treatment (Supplementary Figures S1A,B). Based on these results, all future experiments were performed with 100 nM of dasatinib.

Dasatinib Induces Nanomechanical Changes in Pulmonary Endothelial Cells

High resolution three dimensional images were recorded in tapping mode on confluent HMVEC-L monolayers prior to and after 30 min of administration of dasatinib. Dasatinib induced superficial cytoskeletal reorganization and cell morphology alteration which could not be seen in case of the vehicle control (Supplementary Figure S2). Similar results were obtained for HPAEC cells (data not shown). Apparent Young's modulus was calculated using the modified Hertz model for each recorded curve. Representative reconstructed pseudo-colored elasticity maps recorded prior and after dasatinib treatment or medium change alone are shown for HMVEC-L (Figures 4A,C) and HPAEC (Figures 4B,D) cells, respectively. In both cases, there was a remarkable increase in elasticity in response to dasatinib as compared to control. As no cell compartment specificity was observed in any case, averages from whole reconstructed maps were calculated for comparison. In order to visualize the dynamics of elasticity change for both cell types, average values from whole maps were calculated and plotted against time. To properly compare the changes induced by different treatments, all values were normalized to initial (pre-treatment) values. Figures 4E,F show the time evolution of the relative elasticity change calculated from five parallel measurements for each cell type and treatment. Dasatinib treatment reduced the stiffness of both HMVEC-L (Figure 4E) and HPAEC (Figure 4F) cells as

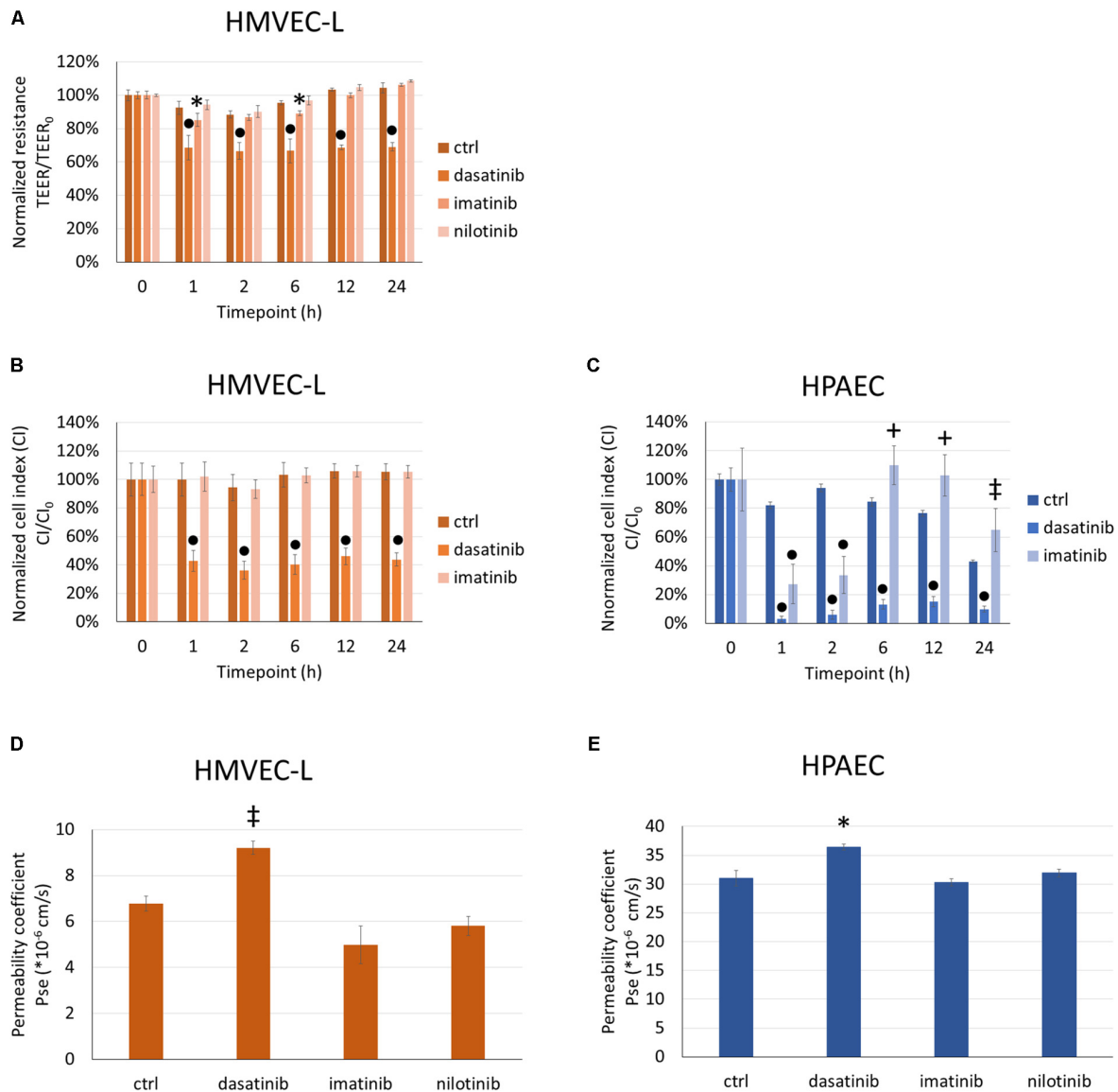


FIGURE 1 | Dasatinib, but not imatinib or nilotinib, alters barrier properties of HMVEC-L and HPAEC cells. HMVEC-L or HPAEC cells were treated with clinically relevant concentrations of dasatinib (100 nM), imatinib (5 μ M), nilotinib (100 nM) or vehicle (ctrl: 0.1% DMSO). Cell impedance (transendothelial electrical resistance/TEER or cell index/CI) was followed for 24 h. TEER of HMVEC-L cells was normalized to values before treatments (TEER₀) (A). CI of HMVEC-L and HPAEC cells were normalized to values before treatments (CI₀) (B,C). Permeability of HMVEC-L and HPAEC cells to 4 kDa FITC-dextran was measured after 24 h exposure to TKIs (D,E). Data analysis was done by two-way (A–C) or one-way (D,E) ANOVA with Tukey *post hoc* test. Values are presented as mean \pm SD; * p < 0.05, † p < 0.01, ‡ p < 0.001, + p < 0.0001 compared to ctrl. Representative results of three (N = 3, A,D), five (N = 5, B), four (N = 4, C) or two (N = 2, E) independent experiments are shown.

compared to control. Effect of imatinib treatment on the cells' elasticity appeared to be similar to control.

Rho-Kinase (ROCK) Inhibition Attenuates Dasatinib-Induced Endothelial Barrier Dysfunction

ROCK inhibition had no significant effect on the dasatinib-induced impedance drop of HMVEC-L cells (Figure 5A). On the other hand, co-treatment with Y27632 or fasudil significantly

attenuated the dasatinib-dependent CI decrease of HPAEC cells (Figure 5B). The dasatinib-induced permeability increase of HMVEC-L cells to FITC-dextran was moderately decreased in the presence of Y27632 (Figure 5C). However, Y27632 significantly reduced hyperpermeability of HPAECs resulting from dasatinib treatment (Figure 5D).

Since ROCK inhibition during dasatinib treatment was beneficial for endothelial barrier properties, we examined the effect of Y27632 on the localization of VE-cadherin and ZO-1 junctional proteins. Y27632 ameliorated the dasatinib-induced

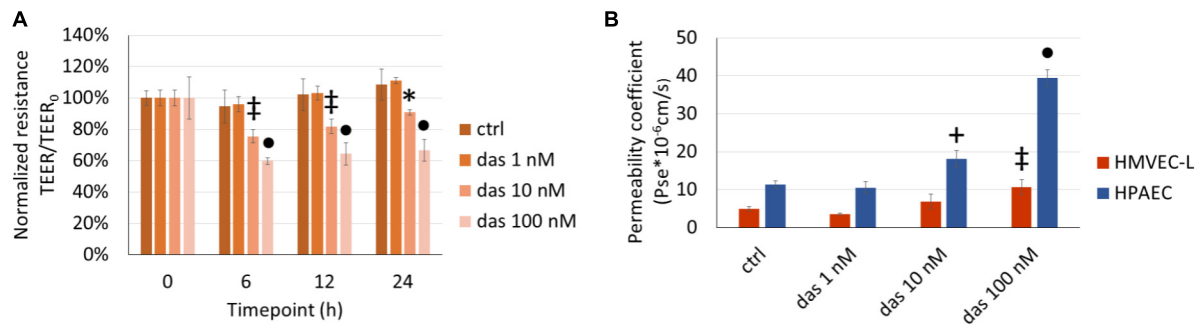


FIGURE 2 | Dasatinib-induced changes in endothelial TEER (A) and permeability (B) are concentration-dependent. HMVEC-L and HPAEC cells were exposed to dasatinib (das: 1 nM, 10 nM, or 100 nM) or vehicle (ctrl: 0.1% DMSO) for 24 h. Two-way ANOVA test was performed with Tukey *post hoc* multiple comparison test. Values are presented as mean \pm SD; * $p < 0.05$, * $p < 0.01$, + $p < 0.001$, * $p < 0.0001$ compared to ctrl. Representative results of three independent experiments ($N = 3$) are shown.

loss of endothelial junctional integrity in HMVEC-L cells, as seen both for VE-cadherin and ZO-1 proteins (Figures 6A–C). In HPAEC the difference between dasatinib-treated and dasatinib+Y27632-treated cells was even more pronounced, suggesting a particularly beneficial effect of ROCK inhibition (Figures 7A–C).

Despite the beneficial effect on the junctions, treatment of ECs with Y27632 did not overcome the cellular stiffness-decreasing effect of dasatinib, as measured with AFM (data not shown).

Dasatinib-Dependent Src Inhibition Might Contribute to the Disruption of Pulmonary Endothelial Junctional Complexes

Since we observed formation of inter-endothelial gaps in response to dasatinib, we presumed that dasatinib-induced inhibition of Src activity might cause endothelial dysfunction. First, we examined the expression of Src kinases by RT-PCR in HMVEC-L cells. All Src tyrosine kinase mRNA isoforms (c-Src, Yes, Lyn, Fyn, Lck, Frg) were present in these cells, c-Src and Lyn were strongly detected, while Fyn and Yes were detected but weaker. Expression of Lrg and Lyn could not reliably be detected (Supplementary Figure S1C). HMVEC-L were treated with 100 nM dasatinib for 15 min. Dasatinib markedly reduced Src activation (phosphorylation on Tyr416) whereas the administration of the ROCK inhibitor (Y27632) had no effect on Src phosphorylation (Supplementary Figures S1D,E).

In order to investigate if Src inhibition causes barrier dysfunction in pulmonary ECs, we compared the effects of dasatinib with the Src-specific inhibitor PP2 on TEER and permeability of HMVEC-L monolayers. Similar to dasatinib, PP2 caused a significant decline in the TEER values and an increase in permeability compared to control (Supplementary Figures 3A,B). The permeability increasing effect of PP2 was reversed by Y27632 (Supplementary Figure 3B). In line with the effects of dasatinib, PP2 disrupted the junctional complex of both micro- and macrovascular EC, as shown by decreased junctional staining of ZO-1 and gaps in the monolayers (Supplementary Figure 3C).

Dasatinib Causes Pulmonary Pressure Increase and Edema Formation in Rat Lungs

Our *in vitro* data were complemented with measurements of pulmonary vascular pressure and edema formation in isolated perfused rat lungs. As indicated on Figures 8A,B, dasatinib caused an increase in the mean pulmonary arterial pressure, which could be reversed by co-administration of the ROCK inhibitor Y27632. Elevated pulmonary arterial pressure was accompanied by a gain in the lung weight over time (Figures 8C,D). However, dasatinib-dependent edema formation was not prevented by Y27632.

DISCUSSION

The TKIs: imatinib, nilotinib, and dasatinib have been approved for the treatment of CML and primarily target the BCR/Abl kinases and c-kit. Dasatinib, but not imatinib or nilotinib, also potentially inhibits the tyrosine kinases of the Src family (c-Src, Yes, Lyn, etc.) (Rix et al., 2007; Weisberg et al., 2007). c-Src has a central role in the regulation of endothelial permeability (Komarova et al., 2017). Dasatinib was shown to effectively inhibit Src in a concentration of 4–9 nM (Rix et al., 2007; Shi et al., 2012), while imatinib or nilotinib had no effects up to 10 μ M (Chislock and Pendergast, 2013) or 4.5 μ M (Manley et al., 2010) concentrations.

Off-target effects of dasatinib may be largely responsible for its adverse effects, including PAH, pleural effusion and pulmonary edema. Pleural effusion was characterized by lymphocytosis, suggesting an inflammatory response (Bergeron et al., 2007). PAH could be explained, at least partially, by Src inhibition, causing inactivation of an important two pore domain potassium channel in pulmonary artery smooth muscle cells (PASMCs; Nagaraj et al., 2013), while dasatinib-induced endothelial dysfunction may be independent of Src inhibition. Guignabert et al. (2016) suggested increased ROS production, apoptosis, and elevated expression of endothelial adhesion molecules ICAM-1, VCAM-1, and E-selectin in pulmonary artery ECs as underlying

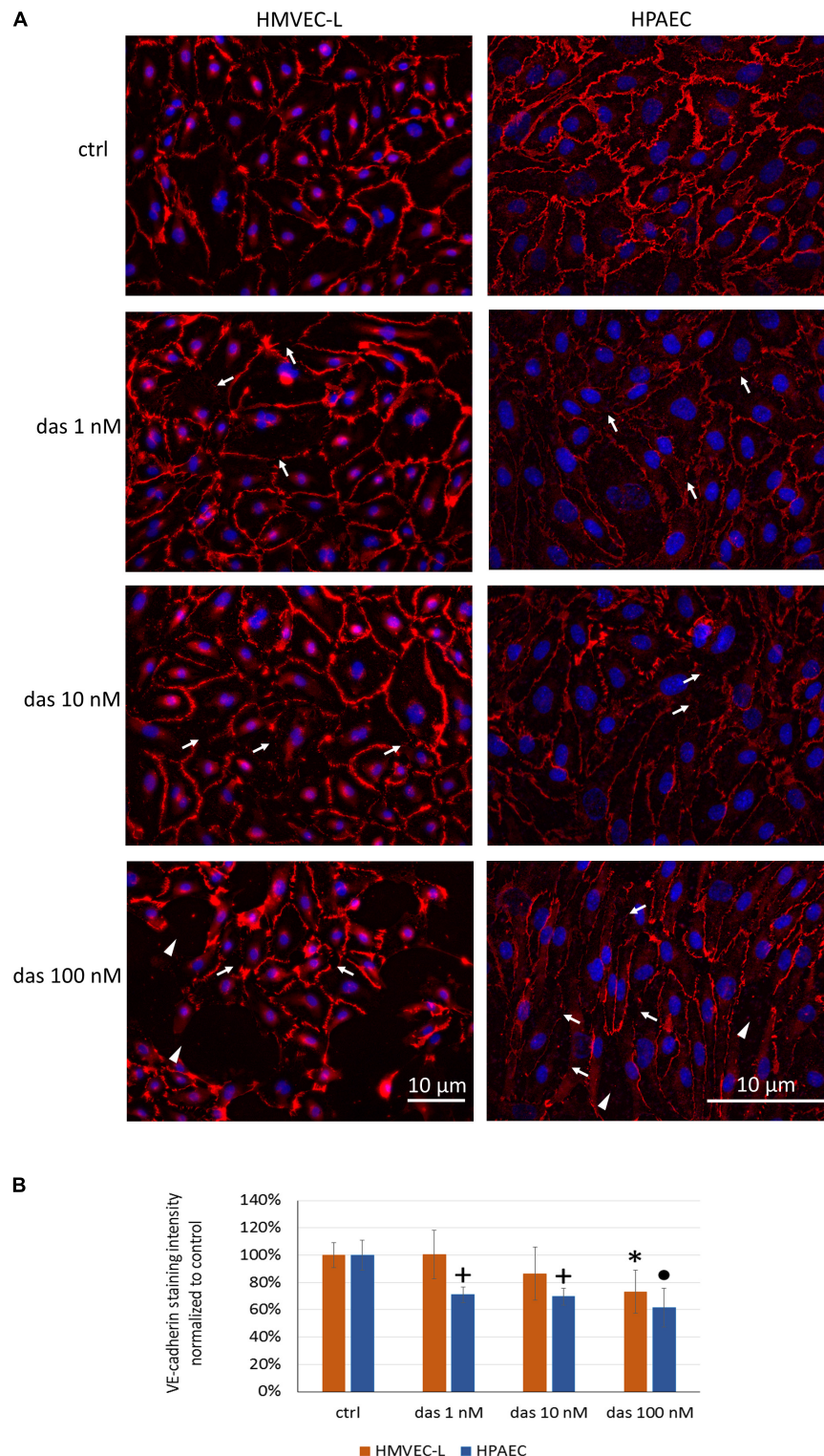


FIGURE 3 | Dasatinib disrupts the junctional complex of HMVEC-L and HPAEC cells in a concentration-dependent manner. HMVEC-L and HPAEC cells were exposed to dasatinib (1 nM, 10 nM, or 100 nM,) or vehicle (ctrl: 0.1% DMSO). Cells were fixed and probed with anti-VE-cadherin antibody (red), nuclei were counterstained with Hoechst 33342 (blue). **(A)** Representative images of two independent experiments are shown. **(B)** Quantification of the immunofluorescence staining intensity. Arrows indicate loss of junctional protein staining, while arrowheads indicate the gaps between cells. Data analysis was done by one-way ANOVA with Tukey *post hoc* test. Values are presented as mean \pm SD; * $p < 0.05$, + $p < 0.001$, * $p < 0.0001$ compared to ctrl ($N = 6$).

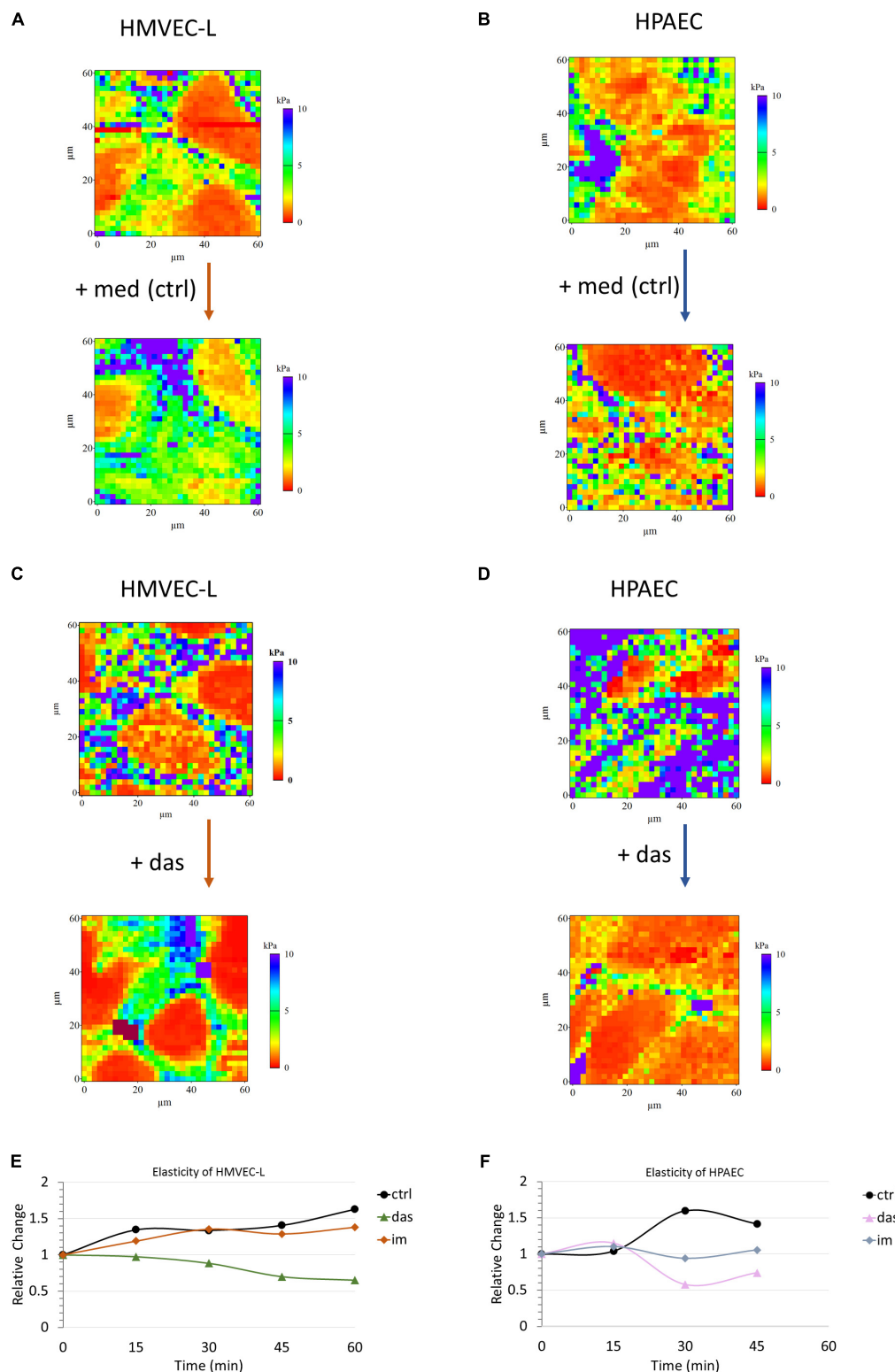


FIGURE 4 | Dasatinib induces changes in elasticity of HMVEC-L and HPAEC cells, as measured by AFM. Pseudo-colored reconstructed elasticity (each point showing the apparent Young's modulus) maps of HMVEC-L (**A,C**) and HPAEC (**B,D**) cells prior to and 45 min after treatment with vehicle (0.1% DMSO) containing medium (med) as control or 100 nM dasatinib (das), respectively. Charts (**E,F**) represent average values of five parallel sets. Values were normalized to the pre-treatment state of each set. Cells were treated with dasatinib (das, 100 nM), imatinib (im, 5 μM; data not shown) or vehicle (0.1% DMSO) containing medium (ctrl) for both studied cell types.

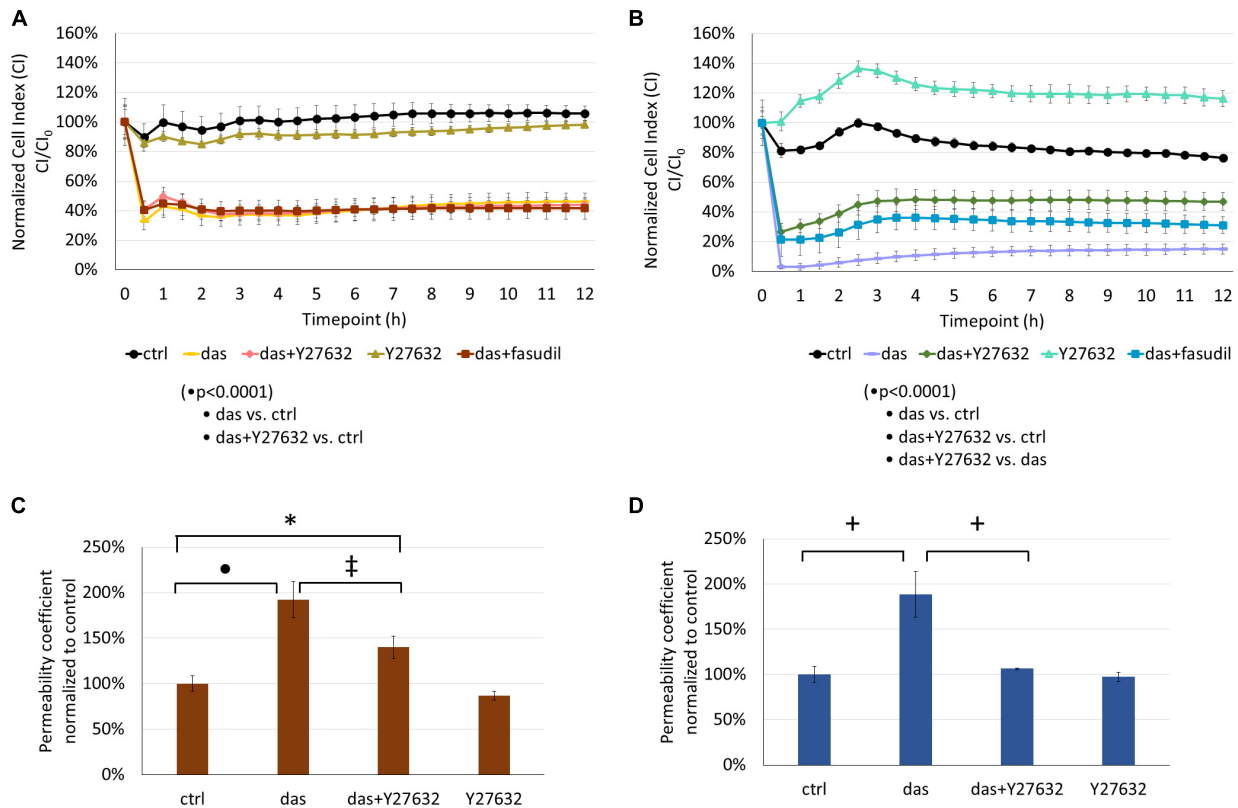


FIGURE 5 | Rho-kinase inhibition partially reverses dasatinib-induced alterations in the barrier properties of HMVEC-L and HPAEC cells. Cells were treated with dasatinib (100 nM), dasatinib and Y27632 (10 μ M), Y27632, dasatinib and fasudil (10 μ M) or vehicle as control (ctrl: 0.1% DMSO) and CI was assessed (**A,B**). Permeability changes of HMVEC-L (**C**) and HPAEC (**D**) monolayers was determined after 24 h. Statistical analysis was performed using two-way ANOVA test (**A,B**) or one-way ANOVA (**C,D**) with Tukey *post hoc* multiple comparison; * $p < 0.05$, † $p < 0.01$, ‡ $p < 0.001$, • $p < 0.0001$. Representative images of five ($N = 5$, **A**), four ($N = 4$, **B**) or three ($N = 3$, **C,D**) independent experiments are shown.

mechanisms. Indeed, increased levels of the adhesion molecules were found in the serum of CML patients (Guignabert et al., 2016). In our study, we induced endothelial dysfunction by exposing human pulmonary macro- and microvascular ECs to clinically relevant concentrations of dasatinib.

After oral administration of 70 mg dasatinib twice daily for CML, the plasma peak concentration (C_{max}) of dasatinib reaches ~ 90 nM (Weisberg et al., 2007). Therefore, we treated pulmonary ECs up to a maximal concentration of 100 nM and assessed the effects on the barrier properties. In accordance with previous data, human pulmonary arterial ECs (HPAECs) have lower relative barrier properties compared to the pulmonary microvascular endothelium (HMVEC-L, Mehta and Malik, 2006; Stevens et al., 2008). Dasatinib treatment increased the permeability of both micro- and macrovascular ECs in a dose-dependent manner and induced a marked decrease in cell impedance. In contrast, the effects of imatinib or nilotinib were minimal. Integrity of the endothelial barrier relies on tight and adherens junctions at cell-cell contacts. The main component of endothelial adherens junctions is VE-cadherin, which is a key regulator of paracellular permeability (Dejana et al., 2009). ZO-1 is a cytoplasmic junctional protein involved in the formation of both tight and adherens junctions (Fanning and Anderson,

2009). Disappearance of VE-cadherin or ZO-1 from intercellular junctions may lead to barrier disruption (Tornavaca et al., 2015). Our results suggest that both VE-cadherin and ZO-1 junctional proteins disappeared from intercellular junctions in micro- and macrovascular endothelial monolayers exposed to dasatinib.

Junctional complexes responsible for the maintenance of barrier properties are connected to the actin cytoskeleton. Cellular responses to agents disrupting intercellular connections or cytoskeletal remodeling can be detected by assessment of the elastic properties of the cells. In order to monitor quick mechanical changes in living cells, atomic force microscope offers an outstanding resolution and precision (Birukova et al., 2009). Using this technique, we followed the changes in elasticity of ECs upon dasatinib or imatinib treatment. We demonstrated that only dasatinib caused softening of both micro- and macrovascular cells. This stiffness decreasing effect may reflect disruption of intercellular junctions and loss of barrier function, as previously shown in brain ECs exposed to hyperosmosis (Balint et al., 2007).

Rho GTPases belong to the main regulators of the actin cytoskeleton. RhoA/ROCK signaling plays an important role in endothelial barrier function through regulation of the actin cytoskeleton. The activated RhoA/ROCK pathway impairs endothelial barrier properties leading to increased paracellular

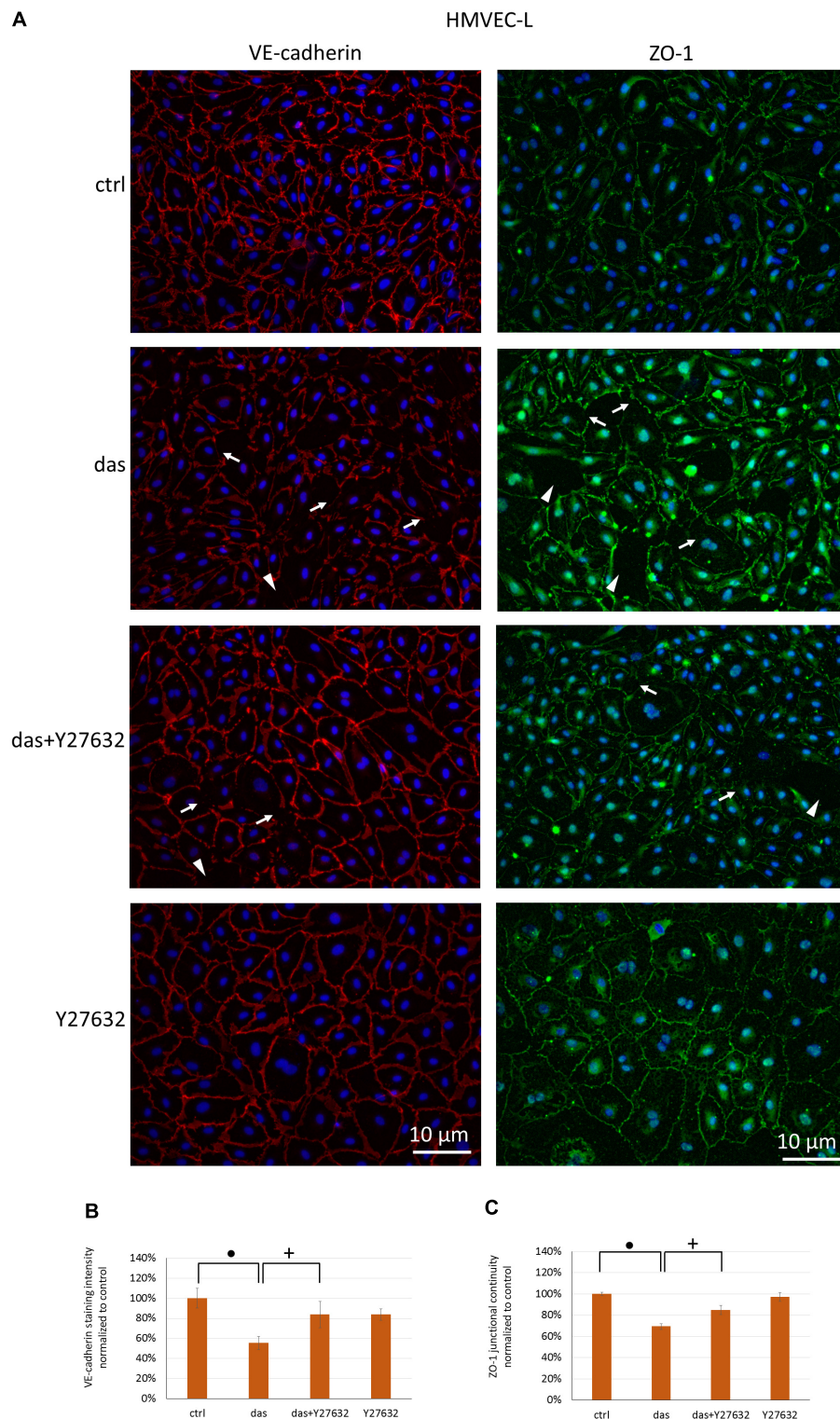


FIGURE 6 | Rho-kinase inhibition partially protects against dasatinib-induced disassembly of endothelial junctions in HMVEC-L cells. Cells were treated with dasatinib (100 nM), dasatinib and Y27632 (10 μ M), Y27632 or vehicle (ctrl: 0.1% DMSO) for 1 h. Cells were fixed and probed with anti-VE-cadherin (red) or anti-ZO-1 antibodies (green), nuclei were counterstained with Hoechst 33342 (blue). **(A)** Representative images of three independent experiments are shown. **(B)** Quantification of the immunofluorescence staining intensity and **(C)** staining continuity. Arrows indicate loss of junctional protein staining, while arrowheads indicate the gaps between cells. Data analysis was done by one-way ANOVA with Tukey *post hoc* test. Values are presented as mean \pm SD; * p < 0.001, • p < 0.0001 compared to ctrl (N = 4).

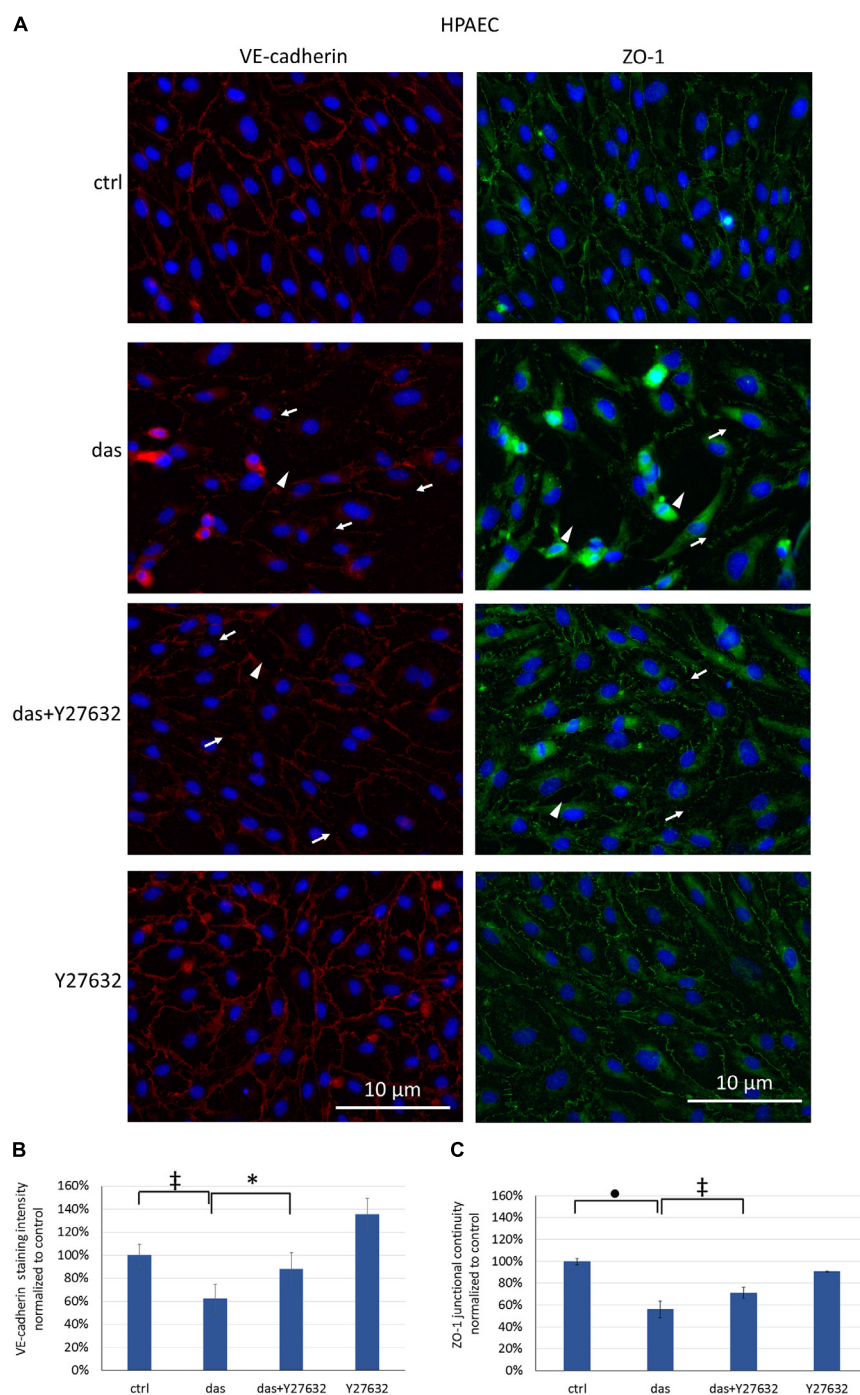


FIGURE 7 | Disruption of endothelial junctions in HPAEC cells is partially ameliorated by simultaneous ROCK inhibition. Cells were treated with dasatinib (100 nM), dasatinib and Y27632 (10 μ M), Y27632 or vehicle (ctrl: 0.1% DMSO) for 2 h. Cells were fixed and probed with anti-VE-cadherin (red) or anti-ZO-1 antibodies (green), nuclei were counterstained with Hoechst 33342 (blue). **(A)** Representative images of three independent experiments are shown ($N = 3$). **(B)** Quantification of the immunofluorescence staining intensity **(C)** and staining continuity. Arrows indicate loss of junctional protein staining, while arrowheads indicate the gaps between cells. Data analysis was done by one-way ANOVA with Tukey *post hoc* test. Values are presented as mean \pm SD; * $p < 0.05$, ‡ $p < 0.01$, • $p < 0.0001$ compared to ctrl ($N = 4$).

permeability which could explain pleural effusion and edema formation. Several studies suggest that activation of the RhoA/ROCK pathway contributes to PAH (Nakanishi et al.,

2016) and that ROCK inhibitors are potential therapeutic agents for PAH (Oka et al., 2008; Fujita et al., 2010). In addition to the regulation of PSMCs, the GTPase RhoA plays primary role in

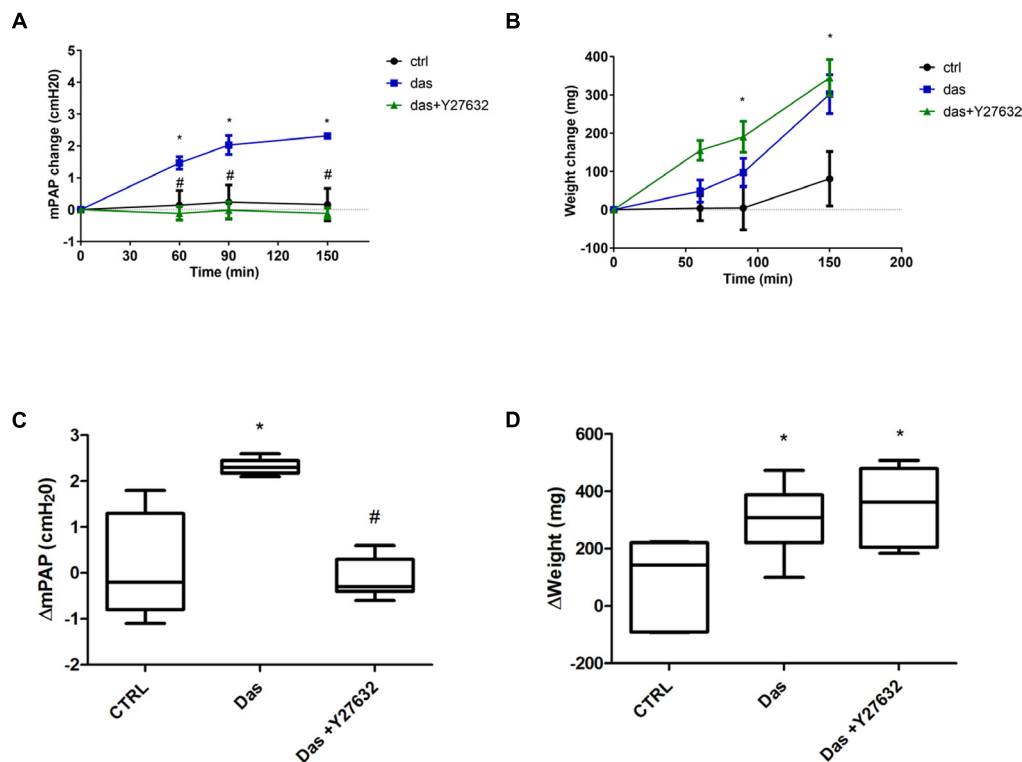


FIGURE 8 | Rho-kinase inhibition ameliorates dasatinib-induced elevation of pulmonary artery pressure, but not lung weight changes/edema formation. Isolated perfused rat lungs were exposed to dasatinib (100 nM), dasatinib and Y27632 (10 μ M) or vehicle (CTRL) for 150 min. Changes in mean pulmonary artery pressure (mPAP) (A) and lung weight (B) were followed in time. (C,D) Charts represent lung weight and mPAP change compared to the 0' timepoint. Data analysis was done by two-way ANOVA, with Bonferroni's *post hoc* test, five animals/group. Values are presented as mean \pm SD; * p < 0.05 as compared to control: CTRL, # p < 0.05 as compared to Das.

the regulation of endothelial barrier function and permeability. During the development and progression of PAH, endothelial dysfunction is a critical event. Behind the vascular pathology observed in PAH there are changes of signaling mechanisms regulating angiogenesis, endothelial-mesenchymal transition and epigenetic regulation of ECs, which might lead to increased endothelial permeability (Morrell et al., 2009; Good et al., 2015; Ranchoux et al., 2018). The endothelial dysfunction leads to an imbalance of endothelial and smooth muscle cell crosstalk (Morrell et al., 2009; Nogueira-Ferreira et al., 2014). Interestingly, Src blocks the RhoA/ROCK pathway through p190RhoGAP and through phosphorylation of ROCK (Lee et al., 2010). Therefore, it is plausible that the barrier disruptive effect of dasatinib might be due to its inhibitory effect on Src, resulting in ROCK activation. Accordingly, Y27632, a potent ROCK inhibitor ameliorated dasatinib-induced disassembly of VE-cadherin and ZO-1 and the increase in the permeability of endothelial monolayers.

Recently, dasatinib has been shown to induce ROCK-dependent micro- and macrovascular endothelial dysfunction in non-pulmonary ECs. Dasgupta et al. (2017) used human dermal microvascular ECs to show that dasatinib increases endothelial permeability via the Rho-ROCK-MLC (myosin light chain) pathway. Moreover, dasatinib affected tyrosine phosphorylation of p130cas, paxillin, and vinculin, whereas imatinib had no

effect on the phosphorylation levels of these proteins. The authors suggested that dasatinib by disrupting the inhibition of RhoA by integrins, promotes activation of RhoA/ROCK pathway, which results in endothelial barrier damage (Dasgupta et al., 2017). Kreutzman et al. (2017) showed that dasatinib causes a profound, reversible and dose-dependent disorganization of HUVEC (human umbilical vein EC) monolayers and that intraperitoneal administration of dasatinib induced intestinal vascular leakage in mice. The molecular mechanisms involved ROCK activation, MLC phosphorylation and activation of non-muscle myosin II. Therefore, involvement of ROCK in dasatinib-induced endothelial dysfunction seems to be important in the whole body, and not only in the lung.

In our study, ROCK inhibition-dependent reduction in dasatinib-induced barrier disruption was more pronounced in pulmonary macrovascular than in pulmonary microvascular ECs, as shown by immunofluorescence staining of junctional proteins, permeability measurements and even more by impedance measurements. Therefore, amelioration of dasatinib complications by ROCK inhibition might be more beneficial in macrovascular pulmonary areas. Accordingly, in isolated perfused and ventilated rat lungs, acute co-administration of the ROCK inhibitor attenuated the dasatinib-induced elevation of pulmonary artery pressure,

but had no effects on the weight gain (edema formation) of the lung. In contrast, long-term ROCK inhibition was recently shown to reduce dasatinib-induced Evans blue extravasation in the mouse lung (Dasgupta et al., 2017). Furthermore, in the ROCK1-deficient mouse, dasatinib-induced pulmonary microvascular permeability was reduced to the levels seen in wild type controls. This suggests that long-term ROCK-inhibition might be also effective in amelioration of the pulmonary microvascular dysfunction induced by dasatinib.

According to our data and results from previous studies, the effect of dasatinib on pulmonary ECs may contribute substantially to the pulmonary adverse effects of the drug. Our data are consistent with a scenario in which dasatinib, in pulmonary ECs, by inhibition of src, triggers a barrier disruption that is partly mediated by ROCK, leading to endothelial dysfunction and vascular leakage. The application of a ROCK inhibitor might be beneficial in dasatinib-induced adverse effects involving endothelial dysfunction and pulmonary vasoconstriction.

AUTHOR CONTRIBUTIONS

AO, HO, ZB, IK, CF, AV, and IW: conceived and designed the experiments. CF, IW, AV, CN, LM, and DZ: performed the experiments. IK, CF, IW, ZB, LM, AV, AO, DZ, and CN: analyzed the data. IK, CF, ZB, AV, HO, IW, and AO: wrote the paper. All authors approved the final version of the article.

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Vascular Endothelial Cell-Specific Connective Tissue Growth Factor (CTGF) Is Necessary for Development of Chronic Hypoxia-Induced Pulmonary Hypertension

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Chronic hypoxia frequently complicates the care of patients with interstitial lung disease, contributing to the development of pulmonary hypertension (PH), and premature death. Connective tissue growth factor (CTGF), a matricellular protein of the Cyr61/CTGF/Nov (CCN) family, is known to exacerbate vascular remodeling within the lung. We have previously demonstrated that vascular endothelial-cell specific down-regulation of CTGF is associated with protection against the development of PH associated with hypoxia, though the mechanism for this effect is unknown. In this study, we generated a transgenic mouse line in which the *Ctgf* gene was floxed and deleted in vascular endothelial cells that expressed Cre recombinase under the control of VE-Cadherin promoter (eCTGF KO mice). Lack of vascular endothelial-derived CTGF protected against the development of PH secondary to chronic hypoxia, as well as in another model of bleomycin-induced pulmonary hypertension. Importantly, attenuation of PH was associated with a decrease in infiltrating inflammatory cells expressing CD11b or integrin α_M (ITGAM), a known adhesion receptor for CTGF, in the lungs of hypoxia-exposed eCTGF KO mice. Moreover, these pathological changes were associated with activation of α -Rho GTPase family member—cell division control protein 42 homolog (Cdc42) signaling, known to be associated with alteration in endothelial barrier function. These data indicate that endothelial-specific deletion of CTGF results in protection against development of chronic-hypoxia induced PH. This protection is conferred by both a decrease in inflammatory cell recruitment to the lung, and a reduction in lung Cdc42 activity. Based on our studies, CTGF inhibitor treatment should be investigated in patients with PH associated with chronic hypoxia secondary to chronic lung disease.

Keywords: pulmonary hypertension, hypoxia, connective tissue growth factor (CTGF), CD11b/integrin α_M (ITGAM), cell division control protein 42 homolog (Cdc42)

INTRODUCTION

Hypoxia is traditionally held to be a necessary factor in the pathogenesis of pulmonary hypertension (PH) secondary to chronic lung disease, classified as World Health Organization (WHO) Group III PH (Klinger, 2016). This contribution is clinically important, as Group III PH patients have at least a four-fold increased risk of death compared to disease controls without pulmonary vascular disease (Lettieri et al., 2006), and no proven treatments exist. Thus, studies of novel molecular pathways contributing to disease are needed in order to identify therapeutic targets.

To this end, the tissue response to low oxygen mediated by hypoxia-inducible factor (HIF)—a tightly conserved and regulated transcription factor across species—is known to be integral in the development of PH (Yu et al., 1999; Brusselmans et al., 2003). Building on these data, our group has recently uncovered a necessary role for tissue-specific—vascular endothelium derived—HIF in several models of PH (Bryant et al., 2015, 2016). Specifically, we found that deletion of endothelial HIF leads to improved vascular barrier integrity in response to injury, and is associated with protection against pulmonary vessel “leakiness” leading to PH. These findings echo previously reported results that described normalization of pulmonary pressures, in a genetic model of PH, associated with a decrease in endothelial layer permeability (Burton et al., 2011a). Of note, protection against these lung vasculopathic changes was in part due to reduced extravasation of circulating myeloid cell mediators into the pulmonary vascular bed (Burton et al., 2011b), although an exact mechanism is a topic of ongoing debate.

Therefore, a primary objective was to find a candidate targetable hypoxia-response element gene that is both (1) a protein involved in cell-cell adhesion and remodeling, and (2) a chemoattractant for circulating myeloid cells. Significantly, we discovered that connective tissue growth factor (CTGF)—a matricellular protein of the CCN family important for cell-cell and cell-matrix crosstalk (Lipson et al., 2012)—is upregulated in an endothelial cell autonomous fashion during hypoxia exposure (Bryant et al., 2016). Notably, CTGF is an identified coordinator of vascular repair (Pi et al., 2011), and a known ligand for the integrin α_M (ITGAM)—also known as CD11b—adhesion receptor expressed by peripheral blood leukocytes (Schober et al., 2002). Based on these findings, we asked the question: what is the mechanistic role of CTGF in pulmonary vascular remodeling? Our central hypothesis, based upon this query, is that endothelial CTGF is necessary for recruitment of CD11b expressing leukocytes to the lung, and development of PH. In this study, we demonstrate in two models of PH, that endothelial CTGF is necessary for development of disease, through accumulation of CD11b⁺ cells and downstream factors promoting aberrant vascular repair.

MATERIALS AND METHODS

Reagents, Antibodies, and Primers

FG-3019 (10 mg/kg) and control IgG (10 mg/kg)—both administered intraperitoneal every week at initiation of hypoxia

exposure (Wang et al., 2011)—were the kind gift of FibroGen Inc. (San Francisco, CA). Bleomycin Sulfate, ML141, and dichloromethylenediphosphonic acid disodium salt (clodronate) was purchased through MilliporeSigma. Lipids and cholesterol for liposome production were bought from Avanti Polar Lipids. EBM-2 culture media (Lonza), with EGM-2 bulletkit, was utilized for all *in vitro* experiments. Primer sequences are as follows: CTGF forward primer GGGAGAACTGTGTACGGAGC; CTGF reverse primer AGTGCACACTCCGATCTTGC; CD11b forward primer ATGGACGCTGATGGCAATACC; CD11b reverse primer TCCCCATTACGCTCTCCCA; 18S forward primer ACCTGGTTGATCCTGCCAGTAG; and, 18S reverse primer TTAATGAGCCATTTCGCAGTTTC. Antibodies used in this study were: anti-GFP (Aves), MECA-32 (BD Biosciences), CTGF (BD Biosciences), CD11b (Abcam), F4/80 (BD Biosciences), CD31 (Santa Cruz Biotechnology), and GAPDH (Abcam). Antibodies for flow cytometry used in this study were: CD45 (FITC; BioLegend), CD11b (APC-Cy7; BioLegend), and IgG2 (isotype control; BioLegend). Active Cdc42 detection kit was purchased through Cell Signaling Technology. Secondary fluorescent antibodies were from Jackson ImmunoResearch. Refer to **Supplementary Table 1** for full details of antibody catalog number and dilutions.

Animals

All wild-type (Jackson Laboratory) and transgenic mice generated for this study were on the C57BL/6J background, were greater than 8 weeks of age at the study onset, included both males and females, and ranged in weight from 20 to 30 g. Transgenic mice expressing Cre-recombinase under control of the mouse VE-Cadherin promoter (VECad.Cre) (Alva et al., 2006) were crossed with mice in which exon 4 was flanked by two loxP sites (*Ctgf*^{fl}) to create Cre mediated deletion the *Ctgf* gene within vascular endothelium (*Ctgf*^{fl/fl}, VECad-Cre). Breeding pairs were set up such that *floxed* *Ctgf* allele was maintained in homozygous state while VECad-Cre was in the heterozygous state, yielding Cre-positive mice with endothelial deletion of CTGF while *Ctgf*^{fl/fl} mice served as littermate controls. To control for potential Cre-positive effects, in some experiments, VECad.Cre mice were used as part of the control cohort. Experiments to identify CTGF-expressing cells used CTGF-GFP mice, in which transgenic expression of green fluorescent protein (GFP) is driven by the *Ctgf* promoter (Pi et al., 2011). Mice were housed in the central animal care facility at University of Florida College of Medicine (Gainesville, FL) and were given food and water *ad libitum*. The experimental protocol was reviewed and approved by the institutional animal care and utilization committee at University of Florida.

Chronic Hypoxia and Bleomycin Models

Mice exposed to chronic hypoxia were placed in a normobaric chamber (Coy Laboratory Products) with continuous monitoring of oxygen and carbon dioxide concentration, ensuring that ventilation was maintained such that carbon dioxide levels remain <0.1%. Mice were housed in the same room under normoxia (room air, FiO₂ 21%) or hypoxia

(FiO₂ 10%) for a period of 4 weeks. At the completion of the chronic hypoxia protocol, mice underwent harvest for histology and hemodynamic measurement (Bryant et al., 2016). In indicated experiments, a separate group of mice underwent intraperitoneal injection with 0.018 U/g bleomycin (Thermo Fisher Scientific) or vehicle twice weekly for 28 days (Baran et al., 2007; Bryant et al., 2015). A group of vehicle- or bleomycin-treated mice were concomitantly dosed with 100 μ L intraperitoneal liposomal clodronate (CL₂MDP) 1 week prior to either bleomycin or chronic hypoxia exposure, and every 3 days thereafter, in order to induce lung macrophage apoptosis. Clodronate liposomes, and control PBS liposomes, were generated as previously described (Murray et al., 2011; Zaynagetdinov et al., 2013). One week after the last injection, mice were then harvested for histology and hemodynamic measurements, similar to hypoxia-treated groups. ML141 (5 mg per kg body weight), a Cdc42 inhibitor, was dissolved in dimethyl sulfoxide (DMSO), and was intraperitoneally injected daily throughout bleomycin administration protocol (Chen et al., 2015), in described experiments.

PH Assessment

Invasive hemodynamic measurement was conducted, as described previously (West et al., 2008). In brief, upon induction of a surgical plane of anesthesia with avertin (500 mg/kg, intraperitoneal) the right internal jugular vein was exposed. The distal portion of the vein was completely occluded, while the proximal end of the jugular was loosely tied. A small incision was made in the exposed vein, and a Millar 1.4 French pressure-volume microtip catheter transducer (SPR-839; Millar Instruments, Houston, TX) connected to a PowerLab/8s (ADInstruments) was inserted through the incision and threaded down into the right ventricle. Data were collected using Chart 5 (ADInstruments). The heart was then excised with removal of the atria, and the RV and left ventricle (LV) plus septum were isolated for measurement of the RV:LV+S as previously described (Hemnes et al., 2014).

Isolation of Pulmonary Microvascular Endothelial Cells (PMVECs)

Primary isolates of PMVECs were obtained from transgenic mice and littermate controls, as previously described (West et al., 2014). In brief, cells were prepared from uninjured mice using collagenase type 2 and red blood cell lysis buffer. Endothelium was then isolated by fluorescence-activated cells sorting (FACS) based on CD31-PECAM-1 expression. To induce endothelial differentiation, sorted cells were plate on gelatin-coated plastic and were cultured in endothelial growth medium (Lonza, Walkersville, MD), until cells were confluent. Cells were then incubated with Alexa 488-labeled AcDiLDL (Life Technologies, Grand Island, NY) as previously described (Irwin et al., 2007), and positively stained cells were enriched by flow cytometry. Cells were then expanded and phenotyped as described.

Flow Cytometry

Flow cytometry analyses were performed on a BD LSR II or on FACSCalibur upgraded at three lasers and 8 colors (Cytek). Cell populations were identified using sequential gating strategy characterized within body of manuscript (excluding debris and doublets). Fluorescence minus one (FMO) and isotype controls were used when necessary. The expression of markers is presented as median fluorescence intensity (MFI). Data were analyzed using FlowJo software (Tree Star).

Immunohistochemical, RNA, and Protein Analyses

Upon harvest, the left lobe of the lung was inflated and placed in either 10% formalin or 4% PFA followed by sucrose for histological processing as previously described (Degryse et al., 2011; Tanjore et al., 2013), and the right lobes were snap frozen in liquid nitrogen for RNA and protein processing. Sections were prepared and processed for immunohistochemistry and immuno-fluorescence staining as previously described (Tanjore et al., 2009). Semiquantitative lung fibrosis scoring (10) and hydroxyproline microplate assay were performed, as previously described (11). For morphometric measurement, CTGF expression was analyzed quantitatively based on green fluorescence intensity from CTGF-GFP transgenic animals and CD11b expression was based on red fluorescence intensity from eCTGF KO lungs. At least 10 images (20x magnification)/lung sections were analyzed using ImageJ software (<http://rsb.info.nih.gov/ij/>). Relative expression was calculated as a percentage of total pixel intensity in each image. Western blots were performed on tissue and cell lysates as previously described (Tanjore et al., 2011). Total RNA was isolated from frozen whole-lung tissue and human cell lysate using a RNeasy kit (Qiagen) per manufacturer recommendations, DNase treated and prepared for quantitative RT-PCR according to previous report (Pi et al., 2015). Specific transcript levels for target genes were then determined by normalization to 18s. Values are presented as mean normalized transcript level using the comparative C_t method ($2^{-\Delta\Delta C_t}$).

Statistical Analyses

Statistical analysis was performed using GraphPad Prism 6.0 (GraphPad Software). Data are expressed as means \pm SEM. As appropriate, groups were compared by ANOVA; follow-up comparisons between groups were conducted using Student's *t*-test. A $P \leq 0.05$ was considered to be significant.

RESULTS

Blockade of CTGF in Hypoxia Model Rescues PH Phenotype

In order to investigate the therapeutic targeting of CTGF in chronic hypoxia induced PH, we determined whether the pulmonary vascular response could be suppressed by systemic administration of a CTGF inhibitory monoclonal antibody, FG-3019. FG-3019 was therefore administered by intraperitoneal injection three times weekly starting the day prior to the onset of hypoxia exposure, in a preventive

regimen. The extent of PH, as measured by right-ventricular systolic pressure (RVSP; mmHg), was significantly reduced in those mice treated with FG-3019, as compared to control IgG treated mice (**Figure 1A**). Additionally, the extent of protection against PH development by FG-3019 was also quantified by assessing the ratio of right ventricle to left ventricle plus septal mass (RV:LV+S; %), a surrogate marker of right ventricular remodeling in response to PH. Though there was a trend toward a decrease in RV remodeling, there was no statistically significant difference between hypoxia-exposed groups. Collectively, these findings suggested that an intrinsic lung vascular change accounted for differences in pressures (**Figure 1B**). In order to evaluate this vascular specific effect further we performed co-immunofluorescent staining for MECA32 (highlighting the vascular endothelium) in CTGF-GFP reporter mice—in which GFP expression is driven by the *Ctgf* promoter—exposed to normoxia vs. hypoxia. We found that the vascular endothelium significantly increased expression of CTGF in lung sections from hypoxia vs. normoxia animals (**Figures 1C,D**). Taken together, these data indicate that CTGF importantly contributes to the development of PH, and that FG-3019 can

suppress PH—in the described murine models—through CTGF-inhibition.

CTGF Expression Is Enhanced in Hypoxia Model in Lung CD11b⁺ Cells

The induction of CTGF under hypoxic conditions has been recognized as a key contributor to conditions of aberrant tissue remodeling (Higgins et al., 2004). Likewise, CTGF-expression is known to contribute to perivascular myeloid cell accumulation in the pathology of atherosclerotic arterial changes in cardiac disease (Schober et al., 2002). Therefore, we hypothesized that CTGF expressed during chronic hypoxia exposure critically influences accumulation of CD11b⁺ cells in the lung. To investigate the contribution of CTGF to CD11b⁺ cell accrual during the development of PH, we first confirmed global lung increase in CTGF expression in response to chronic hypoxia (**Figure 2A**). In CTGF-GFP mice, lung-sections co-stained for CD11b exhibited co-localization with CTGF that was qualitatively increased in hypoxia compared to normoxia exposed mice (**Figure 2B**). This is consistent with either increased binding of CTGF to CD11b⁺ cells, or

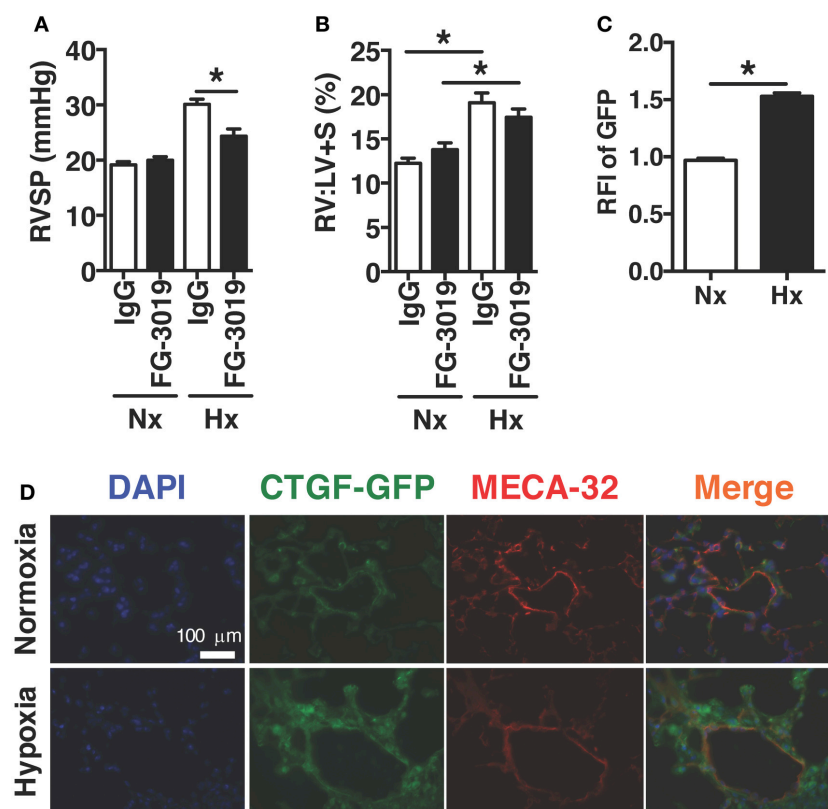
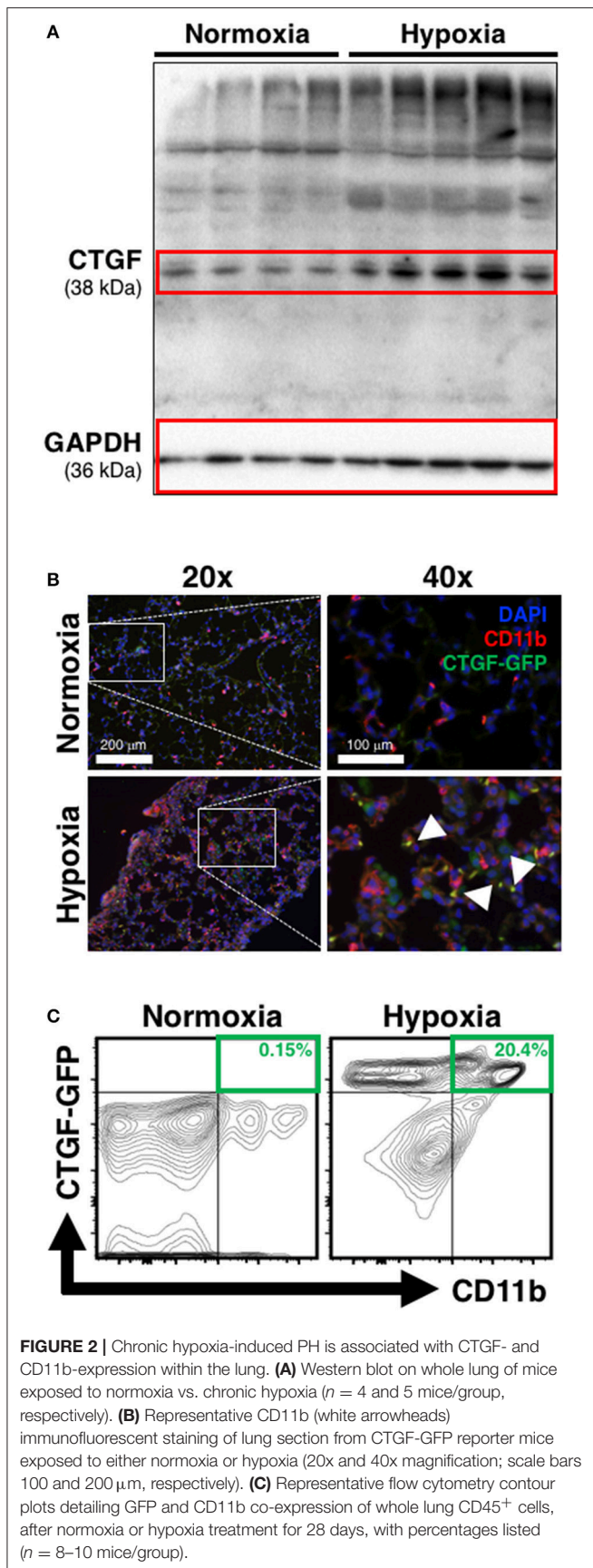


FIGURE 1 | Pharmacological inhibition of CTGF protects mice from hypoxia-induced PH. **(A)** Right ventricular systolic pressure (RVSP) and **(B)** Right ventricle to left ventricle plus septal mass ratio (RV:LV+S) in control IgG- or FG-3019-treated mice, exposed to normoxia (FIO₂ 21%) or chronic hypoxia (FIO₂ 10%; day 28, *n* = 8 mice/group). Dose for both FG-3019 and IgG was 10 mg/kg, injected intraperitoneally, once weekly. **(C)** Quantification of GFP relative fluorescent intensity (RFI) and **(D)** representative immunofluorescent images (40x magnification; scale bar 100 μ m) from CTGF-GFP mice exposed to normoxia or hypoxia, also co-stained for vascular endothelial cell marker, MECA-32. **P* < 0.05; data are presented as mean \pm SEM.



to increased expression of CTGF in the CD11b-expressing cells, though the latter is less likely since CD11b-expressing leukocytes are known to produce little CTGF intrinsically (Cicha et al., 2005). Flow cytometric assessment confirmed that the percentage of dual positive CTGF and CD11b cells in the lungs was increased in hypoxia (20.4% of CD45⁺ cells) vs. normoxic (0.15% of CD45⁺ cells; **Figure 2C**) controls. These data suggest that CTGF contributes to the expansion of the CD11b⁺ myeloid cell pool within the lung, possibly through direct interaction with CD11b upon exposure to hypoxia, since CTGF is a ligand for this adhesion receptor that is encoded by the *ITGAM* gene on leukocytes (Schober et al., 2002).

Vascular Endothelial CTGF Is Necessary for Development of PH Secondary to Hypoxia

Based on our lab's previous work demonstrating alteration in vascular endothelial cell CTGF as associated with PH pathophysiology (Bryant et al., 2015, 2016), we next sought to evaluate the impact that endothelial cell CTGF deletion would have on disease progression. In order to test our central hypothesis, we developed a genetic mouse model in which *Ctgf*^{fl/fl} alleles were deleted by the Cre recombinase under the control of the VECadherin-promoter, creating endothelial specific knockouts (eCTGF KO). Immunohistochemical staining for CTGF expression corroborated that in eCTGF KO mice, CTGF was not expressed in the thin vascular endothelial cells lining blood vessels within the lung after hypoxia exposure (**Figure 3A**). In addition, we examined isolated pulmonary microvascular endothelial cells (PMVECs) from our genetic model, for RNA (**Figure 3B**) expression level confirmation that CTGF was not present in cells compared to controls. We also found little to no CTGF staining in isolated PMVECs by immunofluorescence, co-stained with CD31 (**Figure 3C**). Next, we exposed our eCTGF KO mice to chronic hypoxia, and found that they were protected against development of PH (**Figure 4A**), with an associated decrease in RV remodeling (**Figure 4B**). The decrease in RVSP was associated with a decrease in leukocyte CD11b expression within the lung, as assessed by flow cytometry (**Figure 4C**). This was reinforced qualitatively, and semi-quantitatively, by examining CD11b immunofluorescent staining of lung sections, demonstrating fewer CD11b⁺ cells in the lungs of eCTGF KO mice after hypoxia (**Figures 4D,E**). RNA level expression of CD11b in whole lung was likewise decreased in eCTGF KO mice after hypoxic exposure, compared to controls (**Figures 4F,G**). Taken together, these data demonstrate the critical role of endothelial CTGF to the pulmonary vascular response to chronic hypoxia, associated with increased CD11b-expression.

Endothelial CTGF Expression Is Necessary in a Bleomycin Model of PH

In order to establish rationale for the following series of experiments, we must consider possible cell sources of CTGF. CTGF is known to be increased in whole lung of patients

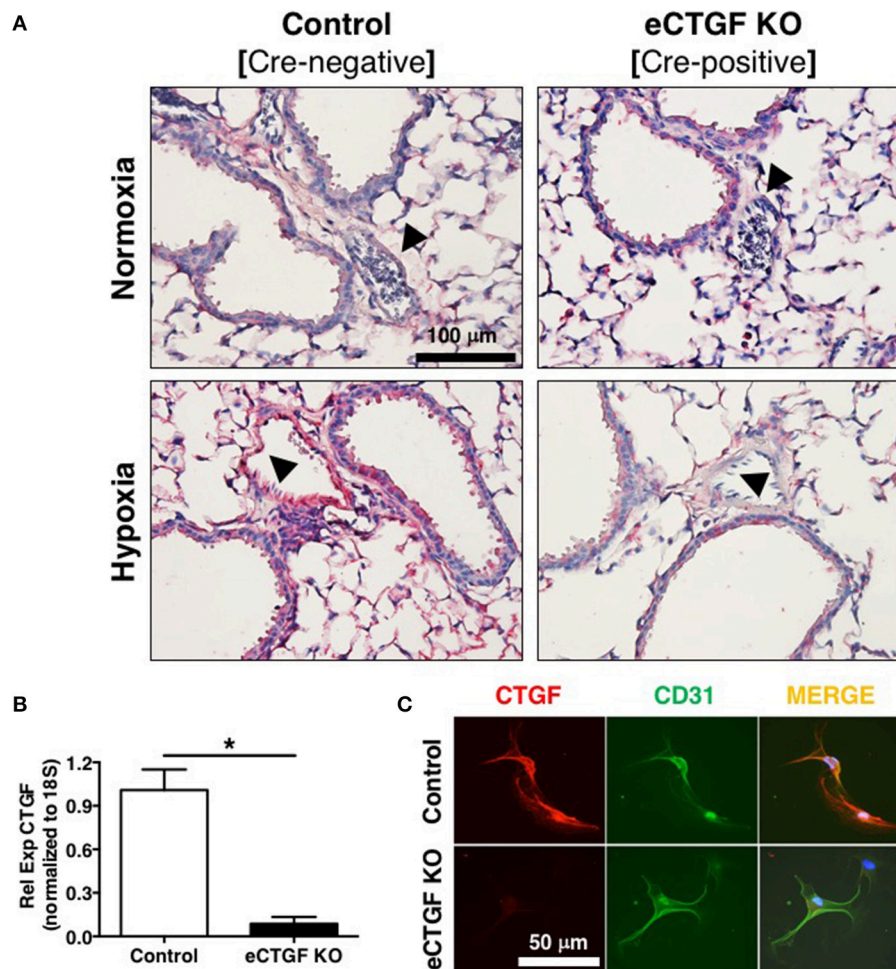


FIGURE 3 | Mice designated eCTGF KO (VECadherin.Cre-CTGF^{fl/fl}) have no CTGF expression in pulmonary vascular endothelial cells. **(A)** Representative immunohistochemical stain for CTGF (red) in whole lung sections from Control and eCTGF KO mice, upon exposure to normoxia or hypoxia. **(B)** qPCR for CTGF mRNA ($n = 4$ mice/group) and **(C)** immunofluorescent double staining for CD31 and CTGF proteins, in pulmonary microvascular endothelial cells isolated from wild type (WT) and eCTGF KO mice (200x magnification, scale bar 50 μ m). * $P < 0.05$; data are presented as mean \pm SEM.

with chronic lung disease (Noguchi et al., 2017). In pulmonary fibrosis, CTGF is expressed in interstitial fibroblasts and type 2 alveolar epithelial cells (Pan et al., 2001). In addition to endothelial cells, other vascular cells can express CTGF, including pericytes (Suzuma et al., 2000) and vascular smooth muscle cells (Lee et al., 2005). Likewise, in hepatic fibrosis models, production of CTGF has been shown to be a necessary factor in progression of scarring of chronic fibrosis, and co-localization of CTGF was observed with liver macrophages/Kupffer cells in a biliary fibrosis model (Pi et al., 2015). Importantly, modest expression of CTGF in myeloid cells has also been observed in other models. For example, *in vitro* CTGF expression in monocyte-derived macrophages can be induced (Ikezumi et al., 2015), and modest CTGF expression was observed in THP-1 cells polarized to M1, M2a or M2c macrophage phenotypes, with much more robust expression if

the polarized macrophages were co-cultured with a mesenchymal cell population (Finlin et al., 2013). Similarly, we found in the intraperitoneal bleomycin model of pulmonary fibrosis an increase in CTGF expression by F4/80⁺ macrophages within the lung (**Figure 5A**). The fact that these non-endothelial cells express CTGF may explain, in part, our findings that after chronic intraperitoneal bleomycin exposure alone (twice weekly for 33 days), eCTGF KO mice were not protected against development of PH (**Figure 5B**), or pulmonary fibrosis (**Supplementary Figure 1**). Intriguingly, our group has recently described a novel model for PH, administering bleomycin in combination with clodronate (CL₂MDP, in figures) liposomes, resulting in depletion of macrophages and robust PH, with nearly no evidence of pulmonary fibrosis (Bryant et al., 2017). In light of these findings, we hypothesized that depletion of lung phagocytes with clodronate liposome administration

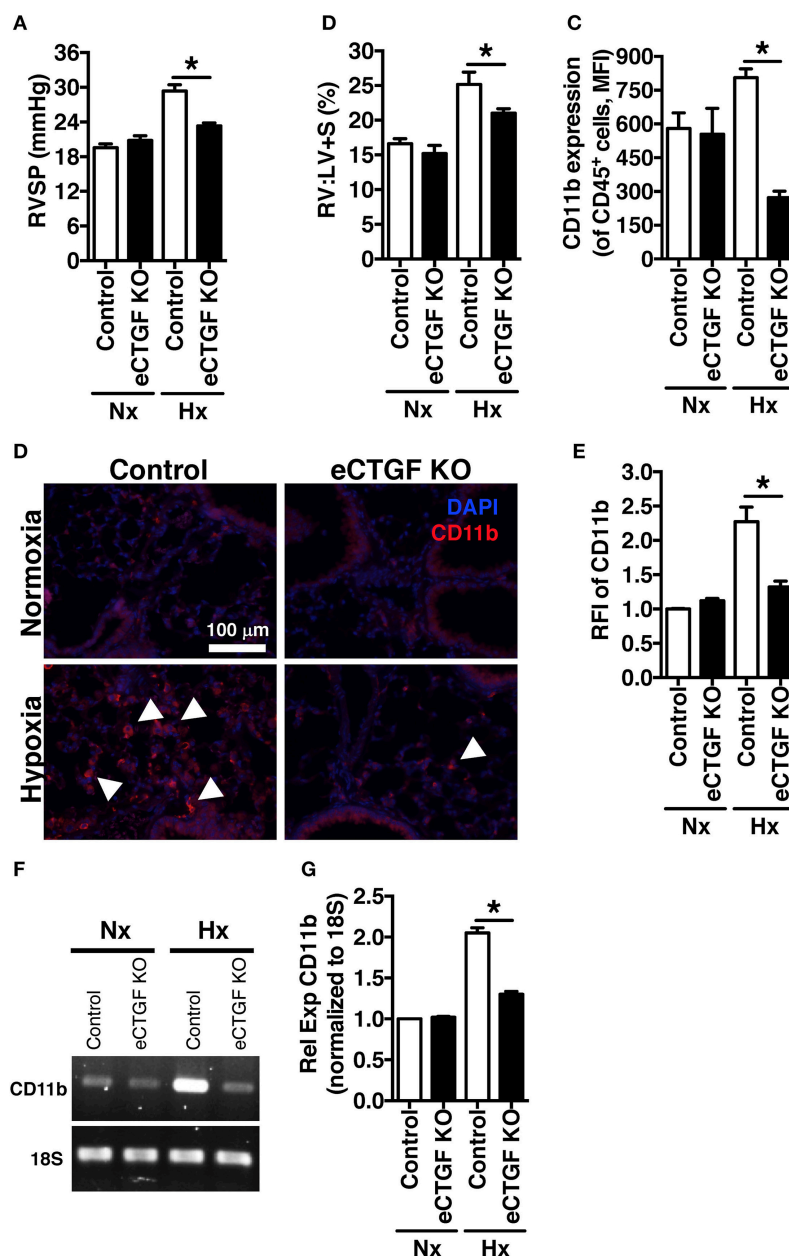


FIGURE 4 | The development of chronic-hypoxia induced PH is dependent upon pulmonary vascular endothelial cell expression of CTGF, and CD11b⁺ cell accumulation within the lung. **(A)** RVSP and **(B)** RV:LV+S in Control and eCTGF KO mice, exposed to normoxia or chronic hypoxia ($n = 10$ mice/group). **(C)** CD11b-expression (MFI) as determined by flow cytometric analysis of CD45⁺ cells from lungs of mice treated with either normoxia or hypoxia ($n = 8$ mice/group); **(D)** Representative immunofluorescent images of lung sections from described groups, staining for CD11b (40x magnification; scale bar 100 μ m), and **(E)** quantification of CD11b relative fluorescent intensity (RFI). **(F,G)** PCR for CD11b-expression in whole lung of mice in indicated groups. * $P < 0.05$; data are presented as mean \pm SEM.

would lead to decreased whole lung CTGF-expression, with a greater dependence on CTGF from the vascular/endothelial compartment in maintaining the wound regulatory balance. Given this rationale, we found an appreciable decrease in CTGF in lungs of mice treated with clodronate, compared to PBS liposome controls (**Figures 5C,D**). Using this model, we were next able to confirm the main findings of the chronic hypoxia

experiments, validating that eCTGF KO mice were protected against development of PH (**Figure 5E**). The normalization of pulmonary pressures was also shown to correlate with a decrease in CD45⁺ cell CD11b expression (**Figure 5F**). These results suggest that endothelial CTGF is integral in recruited myeloid-cell associated pulmonary vascular remodeling in multiple models of PH.

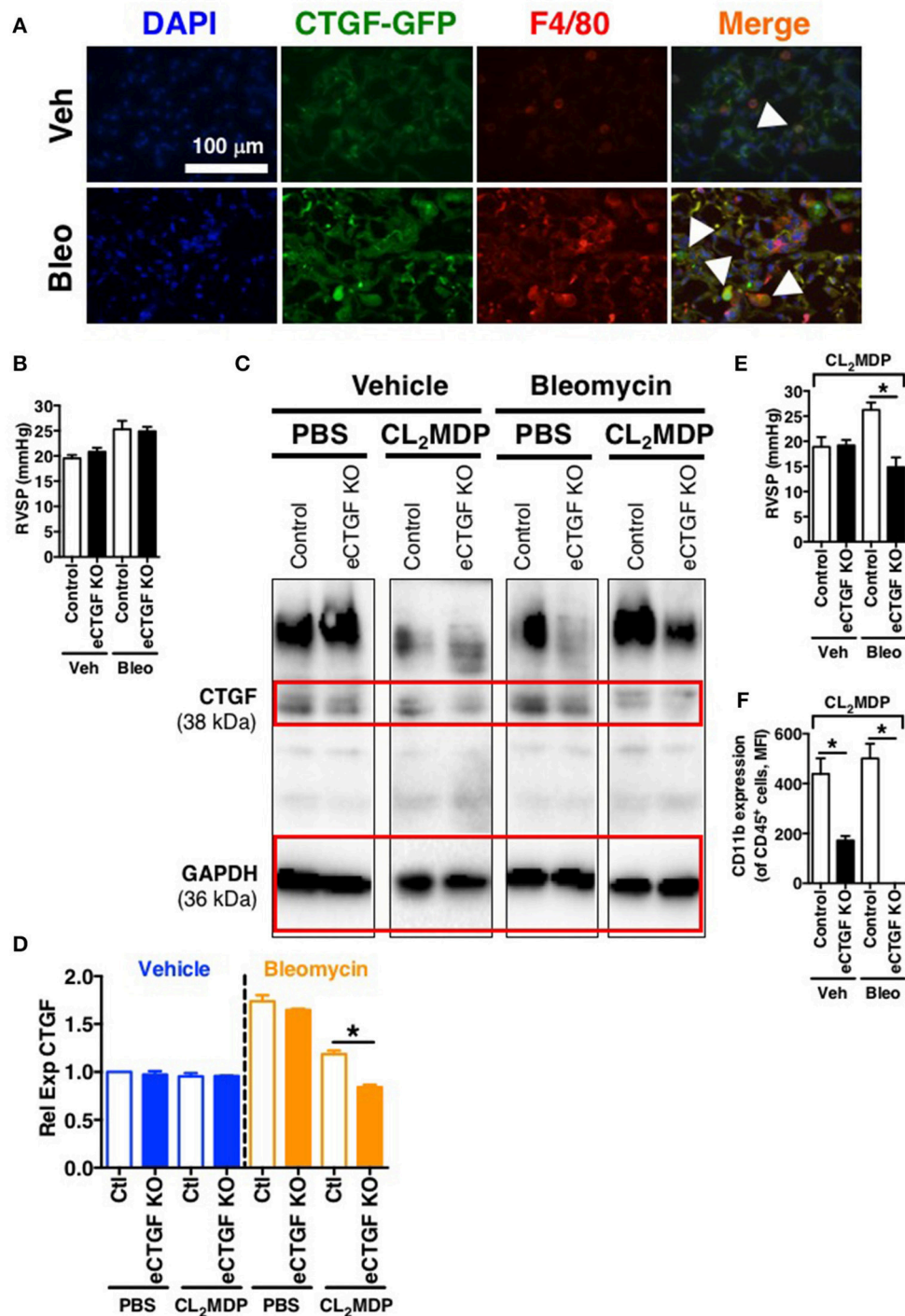
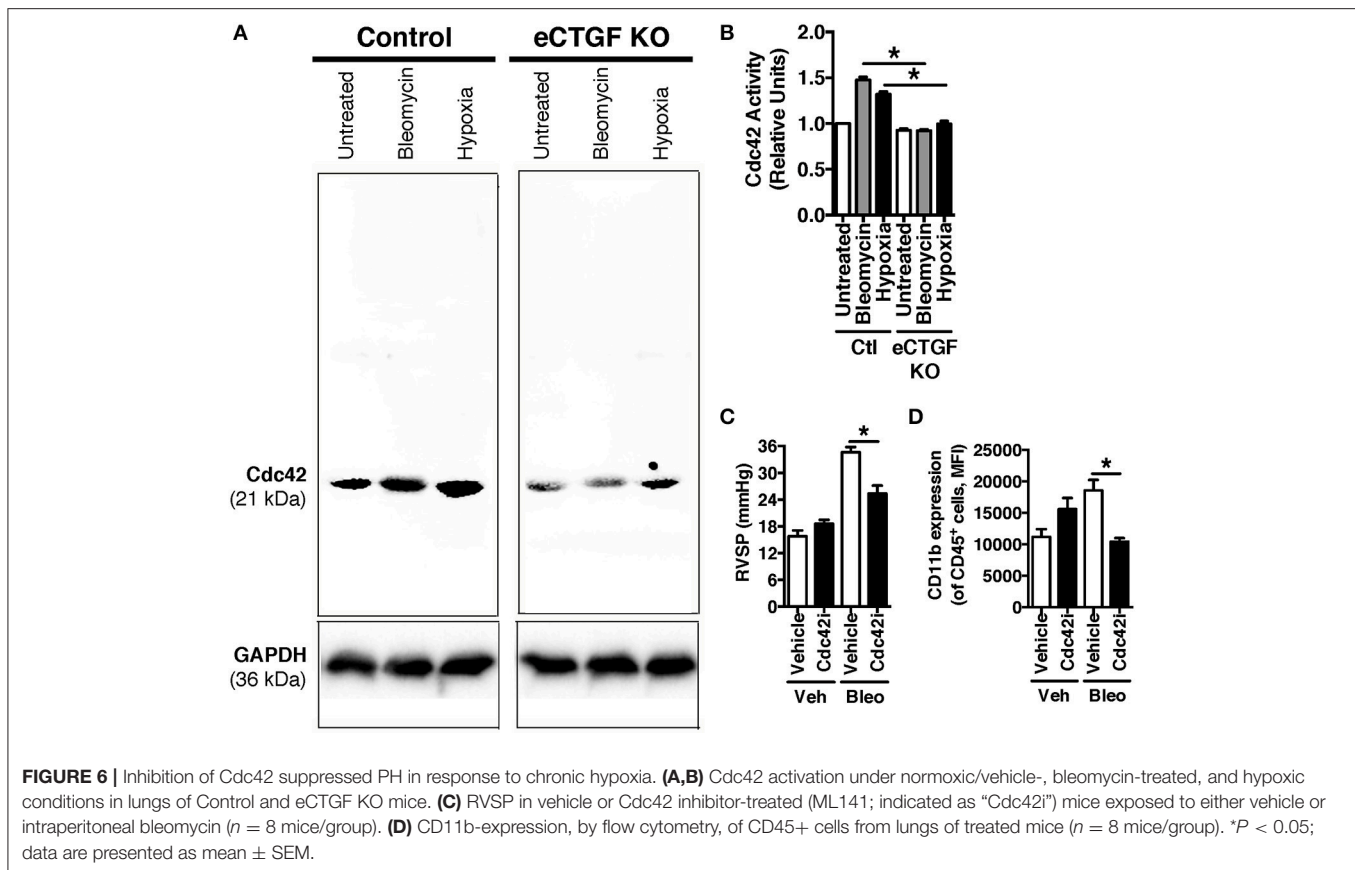


FIGURE 5 | Vascular endothelial cell CTGF production induced in a bleomycin model of PH is necessary for development of elevated pulmonary pressures. **(A)** Representative immunofluorescent images (40x magnification; scale bar 100 μ m) from CTGF-GFP mice exposed to normoxia or hypoxia, co-stained for macrophage marker, F4/80. **(B)** RVSP measurement in Control and eCTGF KO mice, exposed to vehicle (PBS) or intraperitoneal bleomycin (day 33; $n = 8$ mice/group). **(C)** Western blot and **(D)** densitometry analysis on whole lung of Control and eCTGF KO mice detailing CTGF expression upon exposure to bleomycin and either PBS- or clodronate (CL₂MDP) liposomes. **(E)** RVSP in Control and eCTGF KO mice, exposed to CL₂MDP liposomes and either vehicle (PBS) or intraperitoneal bleomycin (day 33; $n = 8$ –10 mice/group). **(F)** CD11b-expression, by flow cytometry, of CD45⁺ cells from lungs of treated mice ($n = 8$ mice/group). * $P < 0.05$; data are presented as mean \pm SEM.



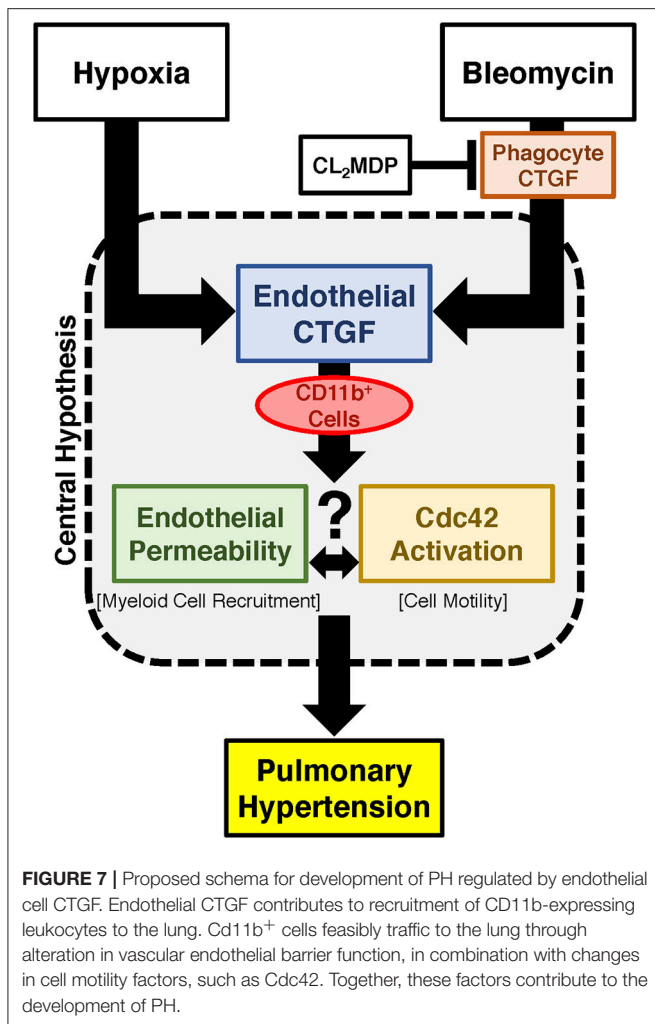
Endothelial CTGF Expression Activates Cdc42 in Lungs of Mice Exposed to Hypoxia and Bleomycin, While Cdc42 Inhibition Protects against Development of PH

Vascular permeability is a consistent change observed in PH development (Burton et al., 2011a,b). Previous studies have shown that inhibition of vascular endothelial cell hypoxia signaling resulted in improvement in pulmonary vascular leak, associated with a decrease in CTGF production (Bryant et al., 2016). As a next step, to further investigate a potential mechanism of CTGF contribution to a known potentiator of vascular permeability and PH, we chose to examine the Rho GTPase proteins in a model of PH. This group is known to contribute to microvascular permeability (Spindler et al., 2010)—with candidate family member Cdc42 being mediated by CTGF—integrating cell polarization and migration in response to injury (Crean et al., 2004; Black and Trackman, 2008). As demonstrated in **Figures 6A,B**, Cdc42 activity is increased in response to both bleomycin and hypoxia treatment, and is nearly absent in whole lung samples from our eCTGF KO mice. Given difficulties with feasibility in the experimental approach of administering a daily Cdc42 inhibitor (ML141; referred to as “Cdc42i,” in figure) to mice undergoing either hypoxia exposure (frequently interrupting the development of

the phenotype), or multiple injections (with bleomycin and clodronate liposome administration), and—finally—given the robust upregulation in the bleomycin model alone, we chose to test whether Cdc42 inhibition would be protective against development of bleomycin-induced PH. The administration of a Cdc42 inhibitor prevented development of PH in response to bleomycin treatment, though not to completely normal pressure measurements (**Figure 6C**). Importantly, pulmonary pressures were lowered in association with decreased CD11b expression (**Figure 6D**). Taken together, these results suggest that endothelial CTGF plays a pivotal role in inducing PH through coordinating CD11b⁺-cell trafficking to the lung due to change in induction of Cdc42 activity, which is known to influence cell polarization and motility (Summary, **Figure 7**).

DISCUSSION

Balanced regulation of wound-healing response through CTGF is a necessity for survival of an organism. Too little CTGF can impair efficiency of tissue regeneration after injury (Gibson et al., 2014), but too much can result in fibrosis and eventual organ dysfunction (Wang et al., 2011). While numerous cell-types have been found to secrete CTGF in response to chronic inflammation or injury, the tissue-specific contribution to development of aberrant vascular remodeling continues to be actively scrutinized.



To this end, proper and coordinated release of CTGF by specific cells within the vascular niche, and the subsequent downstream orchestration of cell motility and proliferation, is necessary for normal vascular repair. Among the factors known to facilitate cell migration is Cdc42, which dynamically mediates actin cytoskeleton rearrangement and is directly regulated by a CTGF-integrated mechanism (Crean et al., 2004). However, the contribution of vascular endothelial CTGF to Cdc42-mediated actin polymerization and cell-cell adhesion is complex, depending on the coordinated reaction of multiple cell types within the lung. In this study, we have shown that endothelial cell expression of CTGF is necessary for development of PH secondary to chronic hypoxia, implicating a potential mechanism in the regulation of Rho family GTPase, Cdc42.

While other members of the Rho family of GTPases—such as RhoA and Rac1—have been confirmed as important in endothelial cell permeability upon exposure to noxious stimuli, the role of Cdc42 in this process remains disputed (Wojciak-Stothard et al., 2001; Fediuk et al., 2014). However, changes in endothelial cytoskeleton, adherens junctions, and permeability do correlate with Cdc42 activity in a model of

hypoxia-induced neonatal pulmonary hypertension (Wojciak-Stothard et al., 2006). Importantly, CTGF works in concert with other protein mediators to increase the angiogenic response to injury, including downstream Cdc42 activation (Pi et al., 2012; Kiwanuka et al., 2016). Thus, it is interesting to speculate—based on our findings—that the spatiotemporal integration of signals that regulate cytoskeletal dynamics through CTGF, specifically Cdc42, are necessary for PH development. Future studies examining vascular endothelial models of Cdc42 up- or down-regulation upon exposure to hypoxia will help to elucidate this mechanism.

Moreover, as described above, CTGF may be directly responsible for binding to CD11b in promoting the adhesion and diapedesis of myeloid cells within inflamed vasculature (Schober et al., 2002). This finding is consistent with another report detailing that, in a model of renal fibrosis, while CTGF is expressed by myeloid cells to a slight degree, the predominant expression is in other surrounding kidney cells (Tateishi et al., 2015). Furthermore, CTGF expression is sufficient to induce bone marrow mesenchymal stem cells/stromal cells to differentiate into collagen-producing fibroblasts, contributing to fibrogenesis and pathological fibrosis (Lee et al., 2010). Interestingly, our group has recently described a contributory role of a similarly immature CD11b⁺ myeloid cell population in vascular remodeling necessary for development of chronic hypoxia-induced PH (Bryant et al., 2017). A next step in parsing out the mechanistic pathway leading to disease, will involve exploring the CTGF/CD11b interaction in *in vitro* and *in vivo* models, to understand the true molecular effect on pathophysiology of pulmonary vascular remodeling.

Though the central hypothesis is strongly supported by our experimental design—including use of our novel genetic knock out model—there are several limitations in this study worth noting. First, these data do not address a central question: what is the role of pulmonary macrophage CTGF-expression in development of pulmonary vasculopathy? As mentioned above, many different cells can express CTGF, and they often express it more strongly than macrophages. Therefore, it remains to be determined what is the relative contribution of CTGF from each of the cells toward development of PH. Though one hypothesis is that protection conferred in the bleomycin and clodronate liposome model is due to depletion of phagocyte produced CTGF, the role of those cells in the model, and the source of CTGF that drives their accumulation, requires further exploration. The contribution of other cells is also reinforced by recent studies detailing the necessary function of CTGF in bone marrow development and myeloid precursor-cell release by the stroma (Battula et al., 2013; Wang et al., 2015). Similarly, though the VECadherin Cre-recombinase is expressed primarily within vascular endothelial cells, there is slight, but potentially contributory, expression within bone marrow cells. Thus, a second caveat to the reported study is that CTGF expression may be decreased within the bone marrow stromal microenvironment in our model, resulting in inhibition of myeloid cells discharge from the developmental niche (Istvánffy et al., 2015). Such a finding would result in decreased numbers of CD11b-expressing cells in the circulation of these animals.

However, contrary to this concern, we detected no gross decrease in global hematopoiesis in our murine models. Nevertheless, such a concern does emphasize the need to search for bone marrow contribution to the PH phenotype, through either generation of bone marrow chimera mice or by knocking out CTGF expression in bone marrow stromal cell populations (Cheung et al., 2014).

Overall, regulation of CTGF expression in response to injury is poorly understood on a broad spectrum encompassing potential deficits of wound repair and chronic scarring leading to fibrosis. The current study demonstrates that tissue-specific expression of CTGF by the vascular endothelium significantly influences the delicate balance between extremes of aberrant vascular wound repair, leading to development of PH. As well, we observed that inhibition of CTGF-regulated Cdc42 results in near normalization of pulmonary artery pressures. Given that vasodilator therapy use—clinically applied based primarily upon the treatment of familial/genetic pulmonary arterial hypertension—has to date failed in application to patients with Group III PH, there is a significant clinical need for evaluation of novel drug targets that meaningfully impact disease pathogenesis. We believe that endothelial cell CTGF-dependent interaction with Cdc42 in the recruitment of circulating CD11b⁺ myeloid cells is a singular example of a relevant protective pathway, possibly contributing to observed benefit in human clinical trials of anti-CTGF drugs related to pulmonary disease. Ultimately, cell-specific targeting may improve the clinical benefit of such therapies (Liu H. et al., 2006; Liu L. et al., 2006; Jung et al., 2017), with an ancillary decrease in off-target effects.

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AUTHOR CONTRIBUTIONS

LP: designed and performed experiments, analyzed data, and wrote the manuscript; CF, YL, JZ, MJ, and VS: performed experiments; KL and ES: designed experiments and edited the manuscript; AB: designed experiments, analyzed data, and edited the manuscript.

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SUPPLEMENTARY MATERIAL

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Supplementary Figure 1 | Mice without vascular endothelial cell expression of CTGF are not protected against development of pulmonary fibrosis. **(A)** Fibrosis score and **(B)** collagen content of lungs from Control and eCTGF KO mice exposed to bleomycin ($n = 8$ mice/group).

Supplementary Table 1 | Antibodies used for immunostaining and flow cytometry.

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Switching-Off Adora2b in Vascular Smooth Muscle Cells Halts the Development of Pulmonary Hypertension

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Background: Pulmonary hypertension (PH) is a devastating and progressive disease characterized by excessive proliferation of pulmonary artery smooth muscle cells (PASMCs) and remodeling of the lung vasculature. Adenosine signaling through the ADORA2B receptor has previously been implicated in disease progression and tissue remodeling in chronic lung disease. In experimental models of PH associated with chronic lung injury, pharmacological or genetic inhibition of ADORA2B improved markers of chronic lung injury and hallmarks of PH. However, the contribution of ADORA2B expression in the PASMC was not fully evaluated.

Hypothesis: We hypothesized that adenosine signaling through the ADORA2B receptor in PASMC mediates the development of PH.

Methods: PASMCs from controls and patients with idiopathic pulmonary arterial hypertension (iPAH) were characterized for expression levels of all adenosine receptors. Next, we evaluated the development of PH in ADORA2B^{f/f}-Transgelin (Tagln)^{cre} mice. These mice or adequate controls were exposed to a combination of SUGEN (SU5416, 20 mg/kg/b.w. IP) and hypoxia (10% O₂) for 28 days (HX-SU) or to chronic low doses of bleomycin (BLM, 0.035U/kg/b.w. IP). Cardiovascular readouts including right ventricle systolic pressures (RVSPs), Fulton indices and vascular remodeling were determined. Using PASMCs we identified ADORA2B-dependent mediators involved in vascular remodeling. These mediators: IL-6, hyaluronan synthase 2 (HAS2) and tissue transglutaminase (Tgm2) were determined by RT-PCR and validated in our HX-SU and BLM models.

Results: Increased levels of ADORA2B were observed in PASMC from iPAH patients. ADORA2B^{f/f}-Tagln^{cre} mice were protected from the development of PH following HX-SU or BLM exposure. In the BLM model of PH, ADORA2B^{f/f}-Tagln^{cre} mice were not protected from the development of fibrosis. Increased expression of IL-6, HAS2 and

Tgm2 was observed in PASMC in an ADORA2B-dependent manner. These mediators were also reduced in ADORA2B^{f/f}-Tagln^{cre} mice exposed to HX-SU or BLM.

Conclusions: Our studies revealed ADORA2B-dependent increased levels of IL-6, hyaluronan and Tgm2 in PASMC, consistent with reduced levels in ADORA2B^{f/f}-Tagln^{cre} mice exposed to HX-SU or BLM. Taken together, our data indicates that ADORA2B on PASMC mediates the development of PH through the induction of IL-6, hyaluronan and Tgm2. These studies point at ADORA2B as a therapeutic target to treat PH.

Keywords: Group I PH, Group III PH, hyaluronan, tissue transglutaminase, lung fibrosis, vascular remodeling

INTRODUCTION

Pulmonary Hypertension (PH) is a condition of the pulmonary vasculature characterized by an mPAP of ≥ 25 mmHg at rest (Archer et al., 2010). The pathological diagnosis is portrayed as muscularization of previously non-muscular arteries, smooth muscle and endothelial cell proliferation, and the development of vascular lesions (Morrell et al., 2001). PH can be grouped into 5 subsets of hypertension based upon the etiology of the disease. Group I PH, or Pulmonary Arterial Hypertension (PAH), is PH that primarily affects the pre-capillary vasculature of the lungs (Ventetuolo and Klinger, 2012; Hansdottir et al., 2013). Group III PH is associated with chronic lung diseases such as chronic obstructive pulmonary disease (COPD) and idiopathic pulmonary fibrosis (IPF) (Farkas et al., 2011; Fell, 2012; Judge et al., 2012). Group III PH affects between 30 and 80% of patients (Poor et al., 2012; Hansdottir et al., 2013) where it is strongly associated with increased morbidity and mortality (Poor et al., 2012; Ventetuolo and Klinger, 2012; Hansdottir et al., 2013). In the vast majority of cases, PH is not curable. The pathogenesis of PH is poorly understood due to a lack of knowledge of the mechanisms governing its onset and progression. Consequently, research efforts aimed at uncovering the mechanisms involved in disease progression in PH are necessary to stimulate the development of novel therapies for this deadly disorder.

Adenosine is a nucleoside that is elevated following cell injury and stress (Fredholm, 2007). Under conditions of stress or cell injury, ATP is released from the cells and is converted by CD39 and CD73 (CD73 being the rate limiting enzyme) into adenosine (Lennon et al., 1998). Adenosine is then able to bind to one of its four G-protein coupled receptors: the adenosine A1 (ADORA1), A2A (ADORA2A), A2B (ADORA2B), and A3 (ADORA3) receptors (Fredholm et al., 2001). Adenosine is then metabolized extracellularly to inosine by adenosine deaminase (ADA) (Fredholm et al., 2001). In the context of chronic lung disease, increased expression of ADORA2B has been observed in patients with COPD and IPF (Zhou et al., 2010), although it is important to mention that protective effects of ADORA2B have been reported in acute lung injury settings (Karmouty-Quintana et al., 2013b).

In the context of PH, studies performed using explanted lungs from patients with a diagnosis of IPF with and without PH revealed increased expression levels of ADORA2B and enhanced capacity for the generation and accumulation of adenosine

levels in patients with Group III PH (Garcia-Morales et al., 2016). Experiments using the ADORA2B antagonist (GS-6201) or *full* Adora2b knock-out mice revealed that genetic deletion or pharmacological inhibition of Adora2b subdued both the fibrotic deposition and the development of PH in a mouse model of chronic bleomycin (BLM)-induced lung fibrosis and PH (Karmouty-Quintana et al., 2012). Further studies revealed that conditional deletion of Adora2b from the myeloid lineage resulted in a reduction in fibrotic deposition and the absence of hallmarks of PH, including thickening of the vascular wall and elevated right ventricle systolic pressure (RVSP), in mice with conditional deletion of Adora2b in myeloid cells (Karmouty-Quintana et al., 2015). In experiments using pulmonary artery smooth muscle cells (PASMC), studies have shown that activation of ADORA2B can lead to increased expression of hyaluronan synthase (HAS) isozymes 1 and 2, enhancing levels of hyaluronan (Karmouty-Quintana et al., 2013a), the major glycosaminoglycan in the lungs that when fragmented has been implicated in modulating PH and lung fibrosis (Karmouty-Quintana et al., 2013a; Collum et al., 2017b). However, expression levels of CD39, CD73, ADA, and adenosine receptors in PAH has not yet been evaluated. In addition, the effects of conditional deletion of ADORA2B from vascular smooth muscle cells on the development of PH have not yet been determined. Here, we have assessed expression levels of mediators involved in the generation and metabolism of adenosine in PAH and evaluated the effects of conditional deletion of ADORA2B in vascular smooth muscle cells using the transgelin (Tagln) promoter, also known as smooth muscle protein 22- α promoter. In these *in vivo* experiments, mice were exposed to two distinct models of PH: the chronic hypoxia-SUGEN (HX-SU) model of PH and the BLM model of lung fibrosis and PH. In addition, we performed cell culture studies using human isolated PASMCs to identify ADORA2B-mediated mechanisms leading to PH.

MATERIALS AND METHODS

Isolation of Human Pulmonary Artery Smooth Muscle Cells (PASMCs)

Human PASMCs were isolated and cultured as previously described (Guignabert et al., 2005; Huertas et al., 2015). To identify PASMCs, we examined cultured cells for expression of muscle specific contractile and cytoskeletal proteins including

smooth-muscle α actin, desmin, and Tagln. Cells were used between passages 3 and 6. A minimum N of 5 was used for all experiments using PSMCs. The clinical data from the donors where the PSMCs were isolated for western blots is available in Supplementary Table 1. The clinical data for PSMCs used for RT-PCR experiments can be found in the following publication: (Huertas et al., 2015, Table 2). Our studies using human material was reviewed by an institutional review board (IRB): HSC-MS-08-0354.

Cell Culture Experiments

Primary human pulmonary artery smooth muscle cells (PSMCs) were plated at 3,000 cells/cm² and grown in DMEM containing 10% FBS and antibiotics until 70–80% confluence. Next, PSMCs were serum starved overnight followed by 72 h exposure to normoxia or 2% O₂ (hypoxia) using a modular incubator chamber (Billups-Rothenberg, San Diego, CA, USA). PSMC were exposed for 72 h in combination with normoxia or hypoxia to the ADORA2B agonist BAY 60-6583 (10 μ M) with or without the ADORA2B antagonist GS-6201 (100 nM) (both Tocris Bioscience, Bristol, UK). DMSO was used as a solvent control.

Animals

Adora2b^{ff/ff}-Tagln^{Cre} and Tagln^{Cre} mice on the C57/BL6 background were used for all experiments. Animals were mated and genotyped as described previously (Zimmerman et al., 2013). All mice were housed in ventilated cages equipped with microisolator lids and maintained under strict containment protocols. N of 5 was used for all experimental groups (except for western blots). Mice were randomized to group treatment using a random number generator using www.graphpad.com/quickcalcs. For sample analysis, all mice were ear-tagged and researchers were blinded to the treatment group. In cases where data was normalized, this was performed to control for unwanted sources of variation. Mice were housed 5 per cage and were provided with variable free paper bedding (Pure-o-Cel The Andersons, Inc. Maumee, Ohio, USA) and NestletsTM provided by Ancare (Bellmore, NY). The red mouse loft (Tecniplast, Buguggiate, Italy) was provided as amusement to all mouse cages. Mice were kept at an ambient temperature of 22°C and in a 12 h dark/light cycle. Animal care was in accordance with institutional and NIH guidelines. All studies were reviewed and approved by the University of Texas Health Science Center at Houston Animal Welfare Committee. Following consultation with a statistician, our experimental N number was set to 5 based on a power analysis (*F*-tests ANOVA:One Way) with the following criteria: alpha error: 0.05, Power: 0.95, number of groups 4, *f*:1.189. The Power and *f*-values were calculated *post-hoc* using previous data generated by our lab, including pulseox values, right ventricle systolic pressures, Fulton Indices and gene expression data for fibrotic markers. G*Power 3.1.9.2 Universität Düsseldorf, Germany was used for all the analysis.

In order to verify that Adora2b was depleted in PSMCs; primary cultures of pulmonary artery smooth muscle cells (PSMC) from mice were isolated as previously described (Lee et al., 2013) with some minor alterations. A mixture of 0.5%

(w/v) agarose + 0.5% iron particles in DMEM containing antibiotics was infused through the right ventricle, resulting in lodging of 0.2 μ M iron particles in PAs. The lungs were then inflated with 1% (w/v) agarose in DMEM containing antibiotics, removed, and dissociated. The iron-containing vessels were pulled down with a magnet, treated with 0.2% (w/v) collagenase, Type 2 (Worthington, Lakewood, NY, USA), and for 45 min. The resulting PSMC were maintained in DMEM media with 25 mM HEPES, 10% fetal bovine serum (FBS) and antibiotics at 37°C in a humidified atmosphere with 5% CO₂. After isolation and reaching 80–90% confluence, cells were lysed for RNA and protein extraction. Depletion of Adora2b was assessed on isolated primary pulmonary artery smooth muscle cells (PSMCs) from Tagln^{Cre} and Adora2b^{ff/ff}-Tagln^{Cre} mice where Cre expression was also determined (Supplementary Figure 1).

Experimental Design

In experiments involving chronic exposure to hypoxia-SUGEN (HX-SU), mice were placed in open cages inside a specifically designed chamber (A-Chamber, Biospherix, Lacona, NY) and exposed to 10% oxygen for 4 weeks. The oxygen levels were maintained using the Oxygen regulator from OKO Labs (Pozzuoli, NA, Italy). In our model, SUGEN (SU5416; Tocris, Bristol, BS11 9QD United Kingdom) was dissolved in a solution of 10% Kolliphor[®] HS 15 (Macrogol (15)-hydroxystearate, Sigma Aldrich, St Louis, MO) and administered once weekly via the intra-peritoneal route (20 mg/kg/b.w. IP). Control mice were housed in the same room and were exposed to ambient air (normoxia) for 4 weeks and received the vehicle for SUGEN (10% Kolliphor[®] once weekly IP). In our bleomycin (BLM) model of chronic lung injury, mice were exposed to BLM (0.035 U/kg/b.w. IP) or vehicle (PBS) twice weekly for 4 weeks as previously described (Karmouty-Quintana et al., 2012). Mice were euthanized on day 28 in the HX-SU model and on day 33 for the BLM model for histological analysis after physiological measurements were performed. A minimum N of 5 was used for experimental groups.

Hemodynamic Measurements: Right Ventricle Systolic Pressure (RVSP), Heart Rate, and RV Hypertrophy

This procedure was performed as previously described (Karmouty-Quintana et al., 2012). Briefly, mice were given 0.75 mg/g of 2.5% Avertin (a mixture of tert-amyl alcohol and 2-2-2 Tribromoethanol, Sigma Aldrich, ST. Louis, MO) to induce a surgical plane of anesthesia. Mice were placed on a heated pad (Deltaphase Isothermal pad model 39; Braintree Scientific, Braintree, MA) and secured with surgical tape. Mice were then tracheotomized with a 19G blunt needle (BRICO, Dayton, NJ) and attached to a small animal ventilator (MiniVent, Hugo-Sachs Elektronik, March-Hugstetten, Germany) and ventilated at a stroke volume of 250 μ l at 60 strokes per minute. The surgical site was viewed using a surgical microscope (SMZ-2B, Nikon, Tokyo, Japan). An incision of ~1 cm in length was made just below the xiphoid process. An alm retractor (ALM-112, Braintree Scientific, Braintree, MA) was used to expose the

abdominal cavity to visualize the diaphragm and the liver. An incision was then made on the diaphragm to expose the heart and the pericardium was removed. The right ventricle was then identified and a puncture was made with a 27G needle. A 1 French pressure catheter (SPR-1000, Millar Instruments, Houston, TX) was then inserted through the puncture. The heart rate results were continuously recorded using a Powerlab 8-SP A/D (AD Instruments) converter, acquired at 1000 Hz. All RVSP

results were recorded to a PC utilizing Chart5.3 software. After completion of the measurements, blood was collected and the lungs were excised and flash frozen in liquid nitrogen for RNA extraction. The heart was excised and the atria were removed. The right ventricle was then surgically removed and the dry weights of the RV were used to determine the Fulton Index: extent of RV-hypertrophy using the weight of the left ventricle and septum to normalize the data (RV/LV+S).

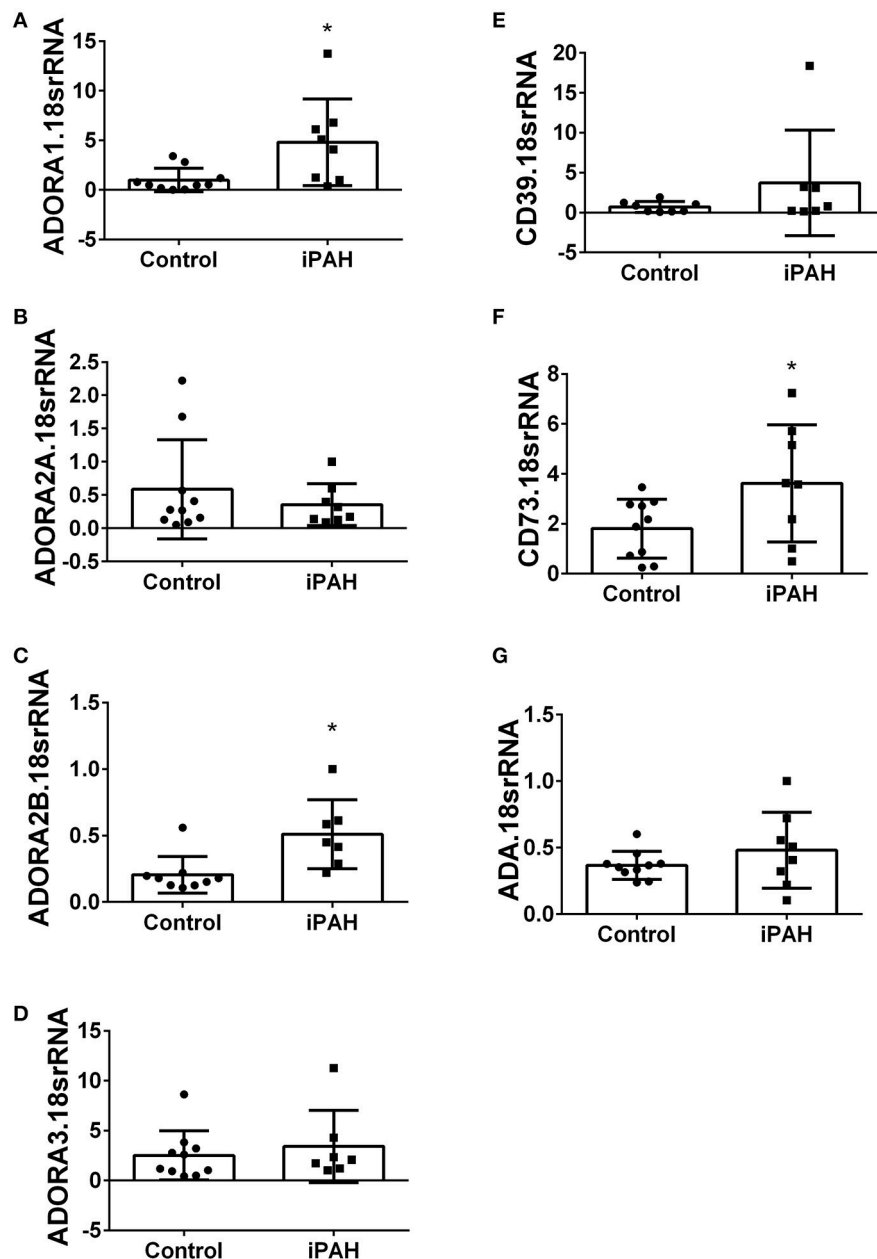
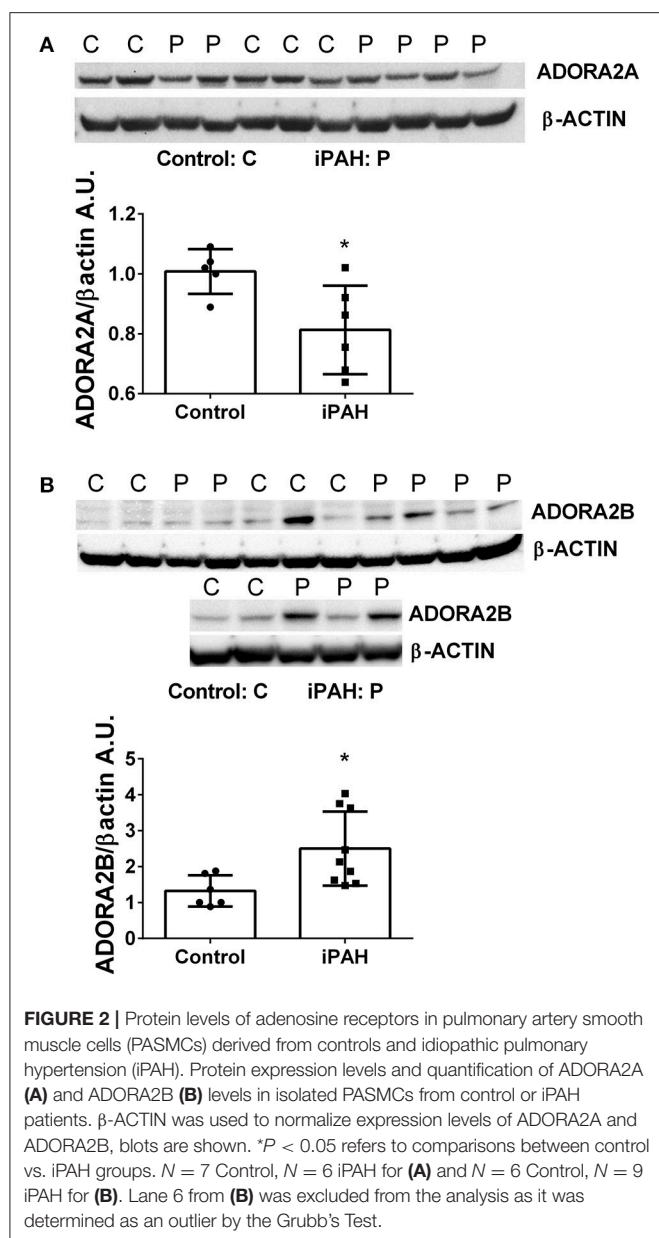


FIGURE 1 | Expression levels of adenosine receptors and genes associated with adenosine synthesis in pulmonary artery smooth muscle cells (PASMCs) derived from controls and idiopathic pulmonary hypertension (iPAH) lung tissue. ADORA1 (A); ADORA2A (B); ADORA2B (C); ADORA3 (D); CD39 (E); CD73 (F); and adenosine deaminase (ADA, G). Results are presented as means \pm SE, $N = 10$ (control) or 8 (iPAH) and normalized to the expression of 18srRNA. * $P < 0.05$ refers to comparisons between control vs. iPAH groups.



Histology, Immunohistochemistry, and Western Blots

Mouse lungs were inflated with 10% buffered formalin at 25 cm of water and fixed at 4°C overnight. Lungs were dehydrated in ethanol gradients and embedded in paraffin, and 5- μ m tissue sections were collected on microscope slides and stained with Masson's trichrome (EM Science, Gibbstown, NJ) according to manufacturer's instructions.

Immunohistochemistry was performed on 5 μ m sections cut from formalin-fixed, paraffin-embedded lungs. Sections were rehydrated through graded ethanol to water, antigen retrieval was performed using a solution of 10 mM citric acid and heated for 2 min for 3 intervals at high power using a microwave, endogenous peroxidase and alkaline phosphatase

were inactivated using BLOXALL (Vector Labs, Burlingame, CA) and 2.5% normal horse serum (Vector Labs) was used as a blocking solution prior to incubation with the primary antibody. Following overnight incubation with the primary antibody, sections were treated with the ImmPRESS polymer detection kits for alkaline phosphatase or horse-radish peroxidase (Vector Labs) based on the host of the primary antibody and development method. Slides were incubated with primary antibodies (see Supplementary Table 1). Sections were developed with VIP-HRP Substrate Kit or Vector Blue/Red or BCIP/NBT Alkaline Phosphatase Substrate Kits (Vector Laboratories). Slides were mounted using cytoeal or mounting medium containing DAPI (Sigma Aldrich).

For Western blots, protein from lung tissue lysates or PASMCs was extracted with RIPA buffer (Thermo Scientific, Rockford, IL) containing 1 mM of protease and phosphatase inhibitor (Sigma Aldrich, St Louis, MO). Thirty microgram of protein per sample was loaded onto 4–12% Mini-Protean TGX gels (Bio-Rad, Hercules, CA) for electrophoresis and then transferred on polyvinylidene difluoride (PVDF) membranes (0.45 μ m, GE Healthcare Piscataway, NJ). Membranes were then blocked in 5% Milk (Bio-Rad) for 1 h at room temperature and then incubated with the appropriate primary antibody overnight (see Supplementary Table 2). Secondary antibodies and an ECL kit (GE Healthcare) were applied for generating chemiluminescent signals. Isotype control images for all IHC staining is available in Supplementary Figure 2.

Morphometry

Muscularized arterioles of the lung parenchyma were observed under 20x magnification and noted as being different from both airways and non-muscularized arterioles. Muscularized arterioles were then photographed under 40x magnifications. Micropictographs were then analyzed using Image Pro-Plus software (MediaCybernetics Inc, Bethesda, MD). In short, the overall area of the muscularized portion was measured for each arteriole. To account for size, the largest diameter for each arteriole was also measured. The area of the arteriole was then divided by the largest diameter to give a relative measurement of muscularization. To determine fibrotic deposition, lung sections were stained for Masson's Tri-chrome and analyzed using a modified Ashcroft scale optimized for mouse lung sections (Hubner et al., 2008). Ten images per animal were analyzed by 3 individuals blinded to group status.

RT-PCR

Total RNA was isolated from frozen lung tissue using Trizol reagent (Life Technologies). RNA samples were then DNase treated (ArticZymes, Tromsø, Norway) and subjected to quantitative real-time RT-PCR. The specific primers used is available in Supplementary Table 3. Data is presented as mean normalized transcript levels using the comparative Ct method ($2^{-\Delta\Delta Ct}$).

HPLC

Adenosine levels in bronchoalveolar lavage fluid (BALF) were measured as previously described (Wakamiya et al., 1995).

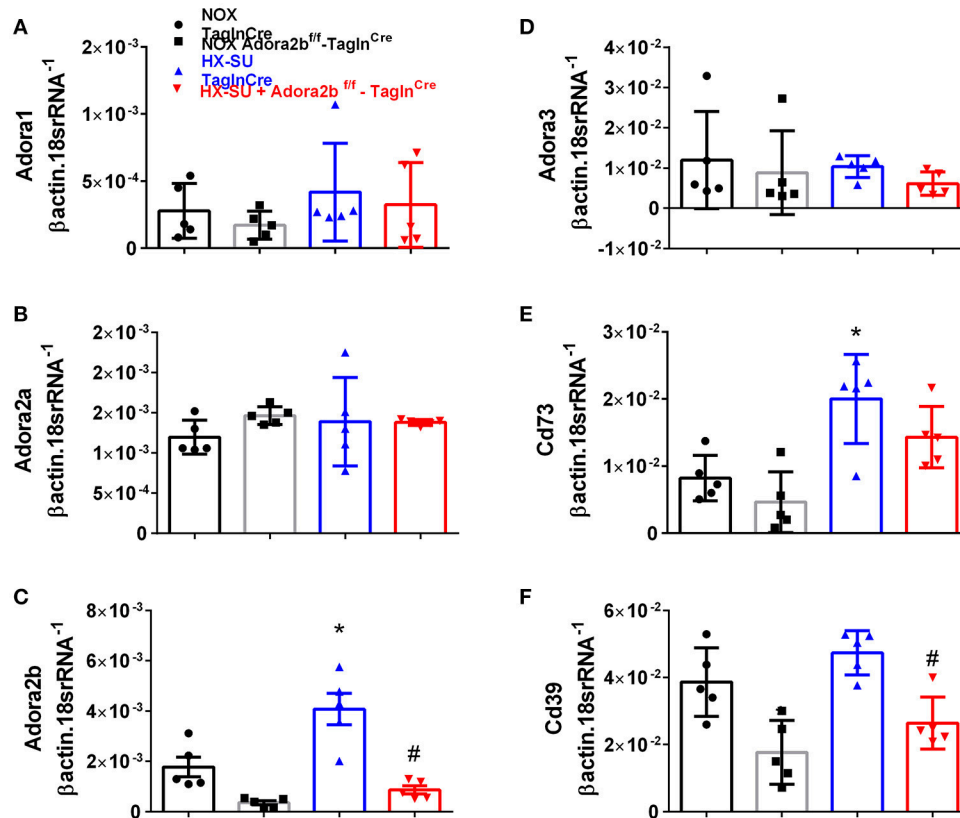


FIGURE 3 | Expression levels of adenosine receptors and genes associated with adenosine synthesis in TaglnCre and Adora2b^{f/f}-TaglnCre mice exposed to hypoxia-SUGEN (HX-SU) or normoxia (NOX). All analyses were performed on day 28 of HX-SU and NOX exposure. Adora1 (A); Adora2a (B); Adora2b (C); Adora3 (D); Cd73 (E); Cd39 (F); expression levels measured by RT-PCR and normalized to the Geo mean of expression levels of β actin and 18sRNA from NOX-TaglnCre mice (black circles and bar outline); NOX-Adora2b^{f/f}-TaglnCre mice (black squares and gray bar outline); HX-SU-TaglnCre mice (blue triangles and bar outline); HX-SU-Adora2b^{f/f}-TaglnCre mice (red triangles and bar outline). Significant values: * $P < 0.05$ refer to comparisons between TaglnCre HX-SU and TaglnCre NOX treatment groups. # $P < 0.05$, are for comparisons between TaglnCre HX-SU and Adora2b^{f/f}-TaglnCre + HX-SU treatment groups. $N = 5$ for all groups.

Briefly, to measure the nucleoside levels in BALF, mice were anesthetized with 2.5% avertin and the lungs were lavaged 4 times with 0.3 ml PBS containing 2 μ M dipyrindamole (Sigma-Aldrich, St. Louis, MO, USA) and 5 μ M ADA-inhibitor deoxycytosine (dCF, R&D Systems Inc, Minneapolis, MN, USA), which pooled 1.0 ml BALF. The BALF was then centrifuged to remove cells and debris. To measure nucleoside levels, 200 μ l BALF supernatant were loaded to the HPLC meter per reading and the flow rate was set at 1 ml/min. The representative peaks were identified and quantitated by running known external standard curves.

Statistical Analysis

All analyses were blinded to the experimenter. A two-way analysis of variance (ANOVA) with a Tukey *post hoc* test was performed for all experiments with more than 2 groups. For experiments that consisted of two groups, an un-paired two-tailed Student's *t*-test with a Welch correction was performed. Categorical data was analyzed using a Chi-Squared calculation. Statistical significance was defined as $P \leq 0.05$ by use of GraphPad Prism version 5 (GraphPad Software, La Jolla, CA). Densitometry analysis from Western blots were performed using

ImageJ (National Institutes of Health, Bethesda, Maryland, USA). The Grubbs' test was used to detect outliers.

RESULTS

Enhanced Adenosinergic System in Idiopathic Pulmonary Arterial Hypertension (iPAH)

Using isolated PASMCs from normal controls or patients with a diagnosis of idiopathic pulmonary arterial hypertension (iPAH), we first profiled the expression levels of adenosine receptors (Figures 1A–D). In these experiments, we identified increased transcript levels of ADORA1 (Figure 1A) and ADORA2B (Figure 1C) but not ADORA2A or ADORA3 (Figures 1B,D). Subsequently, we determined expression levels of CD39 and CD73, key enzymes for the catabolism of ATP to adenosine. These experiments did not show significant changes for CD39 in iPAH PASMCs compared to controls (Figure 1E). CD73, the rate-limiting enzyme, was significantly elevated in iPAH vs. control PASMCs (Figure 1F); yet no

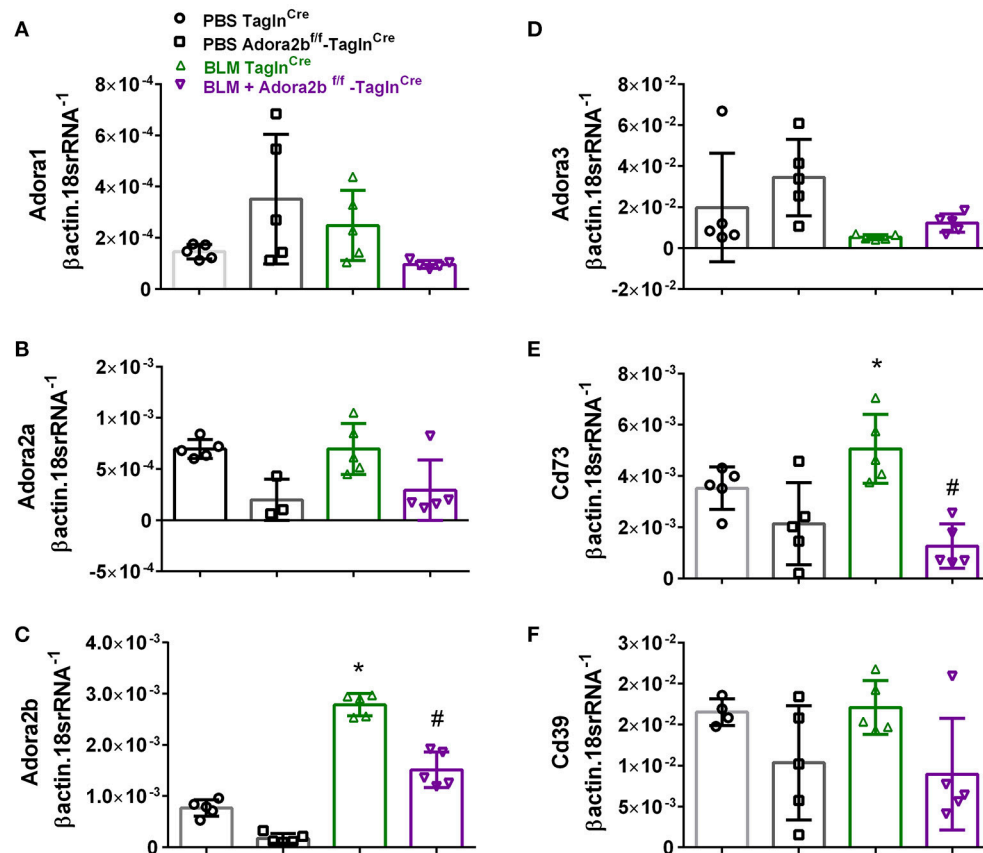


FIGURE 4 | Expression levels of adenosine receptors and genes associated with adenosine synthesis in Tagln^{Cre} and Adora2b^{f/f}-Tagln^{Cre} mice exposed to bleomycin (BLM) or vehicle phosphate-buffered saline (PBS). All analyses were performed on day 33 of PBS or BLM exposure. Adora1 (A); Adora2a (B); Adora2b (C); Adora3 (D); Cd73 (E); Cd39 (F); expression levels measured by RT-PCR and normalized to the Geo mean of expression levels of β actin and 18sRNA from PBS-Tagln^{Cre} mice (black circles and bar outline); PBS-Adora2b^{f/f}-Tagln^{Cre} mice (black squares and bar outline); BLM-Tagln^{Cre} mice (green triangles and bar outline); BLM-Adora2b^{f/f}-Tagln^{Cre} mice (magenta triangles and bar outline). Significant values: * $P < 0.05$ refer to comparisons between Tagln^{Cre} BLM and Tagln^{Cre} PBS treatment groups. # $P < 0.05$, are for comparisons between Tagln^{Cre} BLM and Adora2b^{f/f}-Tagln^{Cre} + BLM treatment groups. $N = 5$ for all groups.

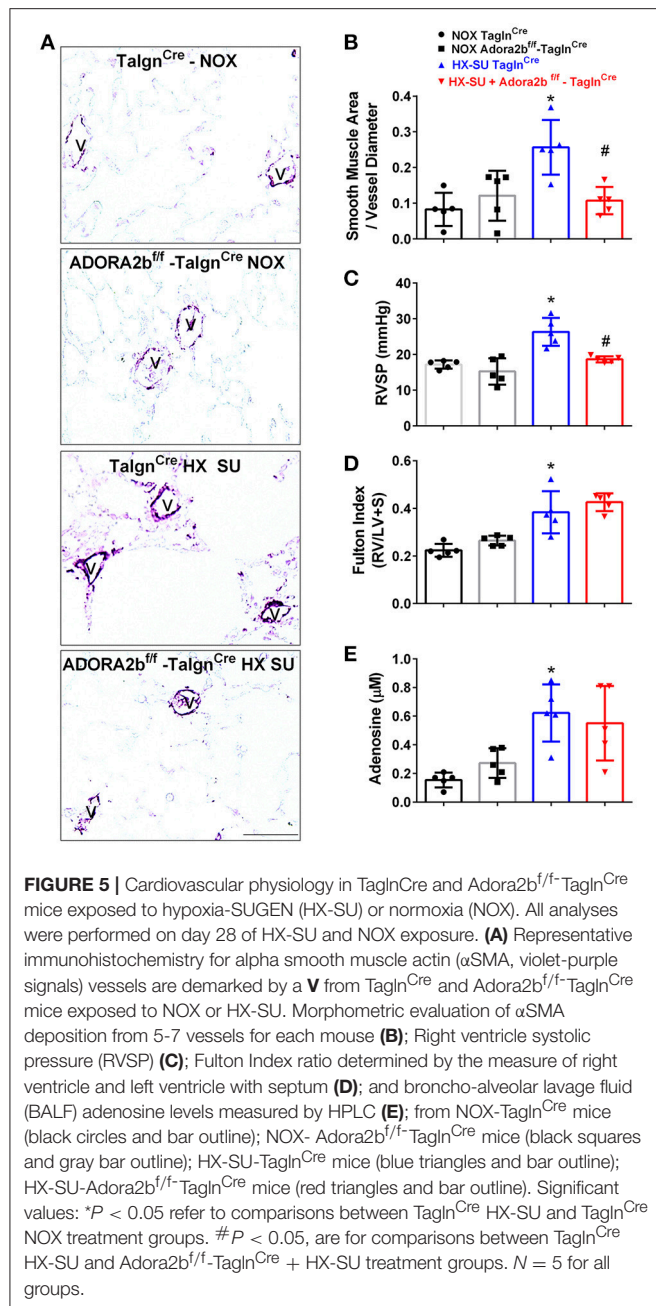
changes in ADA expression were seen (Figure 1G). Expression levels of ADA did not appear altered in iPAH vs. control PSMCs.

We next used Western blots to validate expression levels of ADORA2A and ADORA2B. Remarkably, iPAH PSMCs showed attenuated levels of ADORA2A but elevated ADORA2B (Figures 2A,B); the latter consistent with transcript levels for ADORA2B. Collectively, these data point at enhanced capacity for the generation of adenosine in PSMCs from iPAH patients in addition to increased altered expression of adenosine receptors leading to increased ADORA2B, but reduced ADORA2A. These results point at altered adenosine receptor expression in human PSMCs from patients with iPAH.

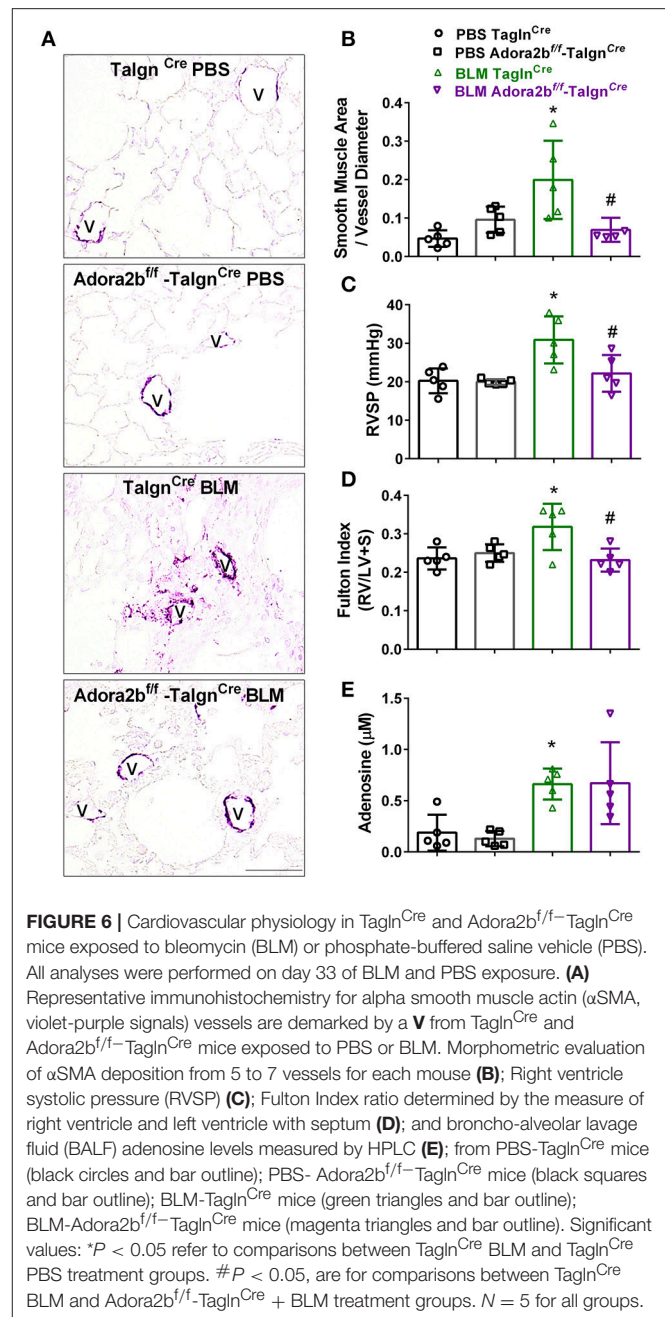
Enhanced Adenosinergic System in Mice Exposed to Hypoxia-SUGEN (HX-SU) or Bleomycin (BLM)

In order to model pulmonary hypertension, we exposed mice for 4 weeks to hypoxia and treated them once weekly with SUGEN (SU5416, 20 mg/kg bw). This protocol was adapted

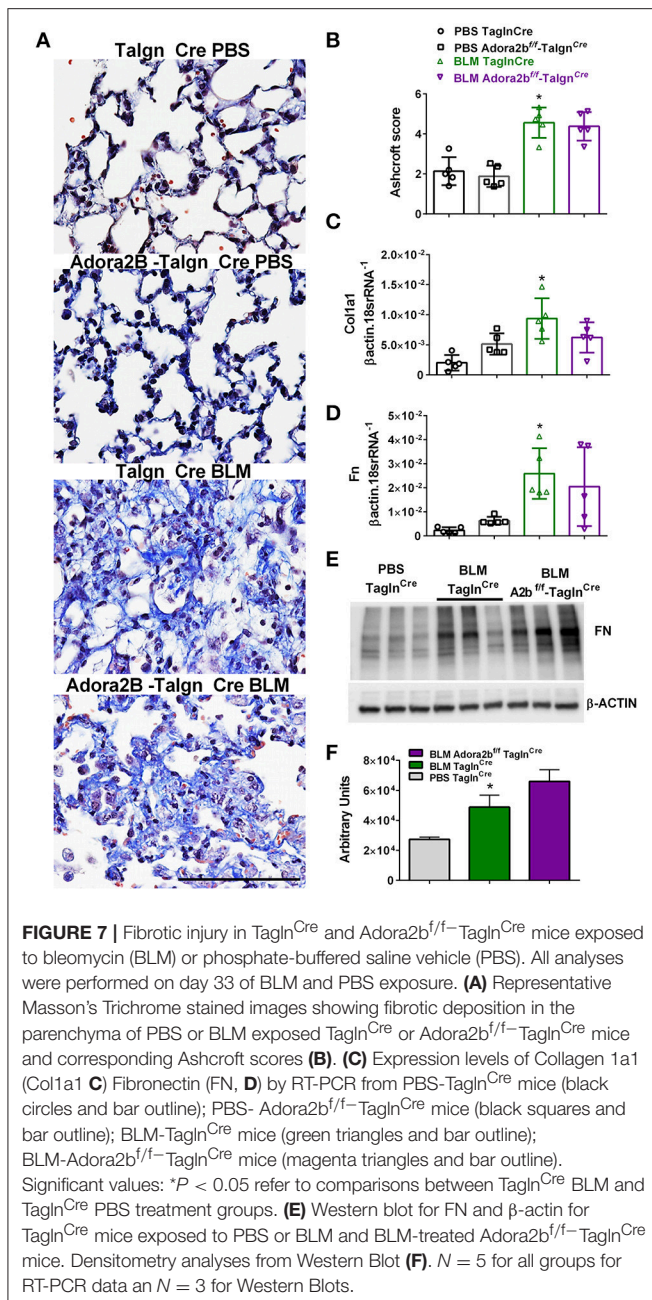
from earlier studies (Ciucan et al., 2011). RT-PCR from flash frozen lungs revealed no significant changes in Adora1 or Adora2a expression levels between mice exposed to HX-SU or normoxia (NOX) in Tagln^{Cre} or Adora2b^{f/f}-Tagln^{Cre} mice (Figures 3A,B). However, consistent with our observations in iPAH PSMCs, we report increased Adora2b transcripts in HX-SU-exposed Tagln^{Cre} mice compared to NOX exposed Tagln^{Cre} mice which were attenuated in HX-SU exposed Adora2b^{f/f}-Tagln^{Cre} mice (Figure 3C). No significant differences were observed in Adora3 expression levels between treatment groups (Figure 3D). Interestingly, increased expression levels of CD73 were observed between HX-SU-exposed Tagln^{Cre} compared to NOX exposed Tagln^{Cre} mice, albeit no differences between HX-SU exposed Adora2b^{f/f}-Tagln^{Cre} and HX-SU Tagln^{Cre} mice (Figure 3E). CD39 expression analysis revealed reduced levels in Adora2b^{f/f}-Tagln^{Cre} mice exposed to normoxia or HX-SU compared to Adora2b competent mice (Figure 3F). In summary HX-SU exposed Adora2b^{f/f}-Tagln^{Cre} mice showed reduced expression levels of Adora2b and CD39 compared to HX-SU exposed Tagln^{Cre} mice (Figures 3C,F).



These changes were consistent with mice chronically exposed to low doses of BLM IP where no significant changes in Adora1, Adora2a, or Adora3 expression levels were observed between Adora2b^{f/f}-TaglnCre or TaglnCre mice exposed to either BLM or PBS (Figures 4A,B,D). In line with our HX-SU exposed mice and with our previous studies using BLM-treated mice (Karmouty-Quintana et al., 2012), increased levels of Adora2b were observed in BLM-exposed TaglnCre mice compared to PBS-treated mice (Figure 4C). Consistent with the depletion of Adora2b using the TaglnCre promoter, we report reduced expression levels of Adora2b in Adora2b^{f/f}-TaglnCre mice exposed to either BLM or PBS (Figure 4C). Expression



levels of CD73 demonstrated increased levels in the BLM-TaglnCre group (Figure 4E). No significant changes in CD39 were reported between treatment groups (Figure 4F). BLM- exposed Adora2b^{f/f}-TaglnCre mice showed reduced expression levels of Adora2b and CD73 compared to HX-SU exposed TaglnCre mice (Figures 4C,E). These results demonstrate Adora2b expression is augmented in TaglnCre mice following BLM-exposure, consistent with increased CD73 expression. Interestingly, expression levels of Adora2b were only partially attenuated in BLM-exposed Adora2b^{f/f}-TaglnCre mice. These results likely reflect Adora2b expression in non-TaglnCre-expressing cells.



Vascular Deletion of Adora2b Prevents the Development of Hypoxia-SUGEN (HX-SU)-Induced Pulmonary Hypertension (PH)

We next examined the role of vascular deletion of Adora2b in the development of HX-SU-induced PH. In these experiments, Tagln^{Cre} mice exposed to HX-SU presented with increased α-smooth muscle actin (αSMA) deposition, consistent with vascular remodeling, compared to Tagln^{Cre} and Adora2b^{f/f}-Tagln^{Cre} exposed to normoxia (**Figure 5A**). HX-SU-exposed Adora2b^{f/f}-Tagln^{Cre} mice showed reduced vascular αSMA

deposition compared to HX-SU exposed Tagln^{Cre} mice (**Figure 5A**). These histological observations were consistent with morphometric analyses showing evidence of vascular remodeling in HX-SU-Tagln^{Cre} mice compared to mice exposed to normoxia. Adora2b^{f/f}-Tagln^{Cre} mice exposed to HX-SU showed a significant reduction in vascular remodeling compared to HX-SU exposed Tagln^{Cre} mice (**Figure 5B**). RVSP measurements revealed increased pressures in HX-SU exposed Tagln^{Cre} mice compared to mice exposed to normoxia. HX-SU exposed Adora2b^{f/f}-Tagln^{Cre} mice showed reduced RVSP levels in comparison with HX-SU exposed Tagln^{Cre} mice (**Figure 5C**). We next examined the extent of right ventricle hypertrophy (RVH) using the Fulton index. Here we report an increased Fulton index in Tagln^{Cre} mice exposed to HX-SU compared to normoxia-exposed mice. Remarkably, HX-SU-Adora2b^{f/f}-Tagln^{Cre} mice did not show a reduced extent of RVH compared to HX-SU Tagln^{Cre} mice (**Figure 5D**). Adenosine levels in BALF revealed increased levels in Tagln^{Cre} mice exposed to HX-SU compared to mice exposed to normoxia that remained elevated in HX-SU Adora2b^{f/f}-Tagln^{Cre} mice (**Figure 5E**). These observations are in line with RT-PCR data showing increased CD73 levels in HX-SU Tagln^{Cre} mice that are maintained in conditional KO mice lacking Adora2b. Taken together, these results demonstrate that conditional deletion of Adora2b from vascular smooth muscle cells attenuated the development of PH in mice despite increased levels of adenosine remaining unchanged. Interestingly, in this model, the Fulton index remained elevated in HX-SU exposed Adora2b^{f/f}-Tagln^{Cre} mice.

Vascular Deletion of Adora2b Prevents the Development of Bleomycin (BLM)-Induced Pulmonary Hypertension (PH)

We next used our BLM-induced model of lung fibrosis and PH to evaluate the effect of conditional deletion of Adora2b in vascular smooth muscle cells in a model mimicking features of Group III PH. Immunohistochemistry for αSMA revealed increased vascular αSMA deposition in BLM exposed Tagln^{Cre} mice compared to PBS-exposed Tagln^{Cre} mice, which appeared to be attenuated in the BLM-treated Adora2b^{f/f}-Tagln^{Cre} group (**Figure 6A**). No significant changes in αSMA deposition were observed in PBS-exposed Adora2b^{f/f}-Tagln^{Cre} mice compared to Tagln^{Cre} mice receiving PBS (**Figure 6A**). Morphometric determination of vascular remodeling showed thickening of the vascular wall in BLM-treated Tagln^{Cre} mice compared to mice receiving PBS. BLM-treated Adora2b^{f/f}-Tagln^{Cre} mice showed significantly reduced vascular remodeling, observed histologically and morphometrically, compared to BLM-exposed Tagln^{Cre} mice (**Figures 6A,B**). Determination of RVSP in these mice revealed increased pressures in Tagln^{Cre} mice exposed to BLM compared to PBS groups, which is consistent with our previous studies (Karmouty-Quintana et al., 2012, 2015). In line with our morphometric data, BLM-treated Adora2b^{f/f}-Tagln^{Cre} mice showed reduced RVSP levels compared to BLM-treated Tagln^{Cre} mice (**Figure 6C**). Determination of RVH using the Fulton index revealed evidence of RVH in BLM-treated Tagln^{Cre} mice that was attenuated in BLM-exposed Adora2b^{f/f}-Tagln^{Cre}

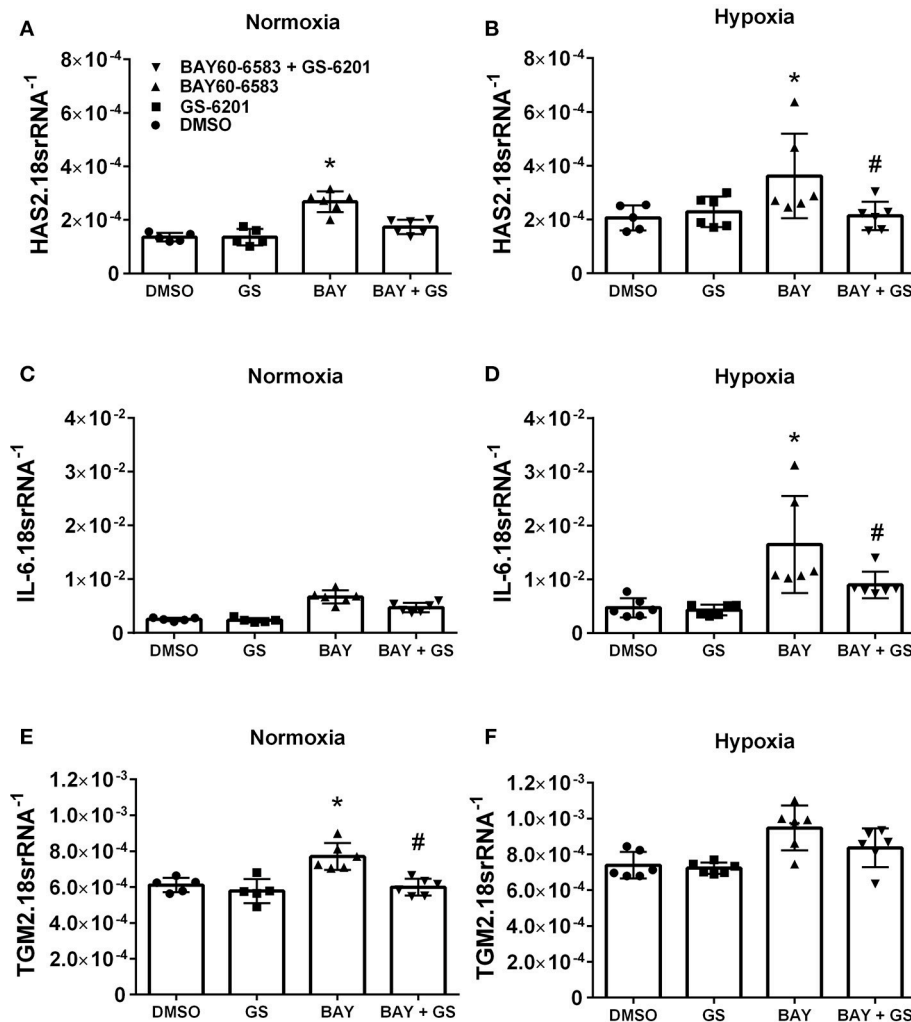


FIGURE 8 | Response of primary human pulmonary artery smooth muscle cells (PASMCs) to activation of ADORA2B. Expression levels of HAS2 (**A,B**); IL-6 (**C,D**); and TGM2 (**E,F**) under normoxia (**A–C**) or under hypoxia (2%O₂, **D–F**) of human PASMC exposed to DMSO (white bars); the ADORA2B antagonist: GS-6201 (light gray bars); the ADORA2B agonist: BAY60-6583 (black bars) or under the presence of both GS-6201 and BAY60-6583 (dark gray bars). **P* < 0.05 refers to comparisons between DMSO and BAY60-6583 treatment groups and #*P* < 0.05, are for comparisons between BAY60-6583 and BAY60-6583 + GS-6201 treatment groups. *N* = 5 for all groups.

mice (**Figure 6D**). Consistent with previous publications (Sun et al., 2006; Zhou et al., 2010; Karmouty-Quintana et al., 2015), exposure to BLM led to increased levels of adenosine in BLM-treated Tagln^{Cre} mice that remained elevated in BLM-exposed Adora2b^{f/f}-Tagln^{Cre} mice (**Figure 6E**). Collectively, these results demonstrate that conditional deletion of Adora2b using the Tagln^{Cre} promoter is able to attenuate markers of PH following BLM exposure.

Vascular Deletion of Adora2b Does Not Alter Fibrotic Deposition Following Bleomycin (BLM)-Induced Lung Injury

Most remarkably, Adora2b^{f/f}-Tagln^{Cre} mice exposed to BLM did not appear to show a reduction in fibrotic deposition as observed

histologically in Masson's Trichrome (MT) stained sections (**Figure 7A**) and in Ashcroft scores (**Figure 7B**). Expression analysis for collagen 1a2 (Col1a2) also reveal increased levels in the BLM-Tagln^{Cre} group that were not significantly reduced in the BLM-exposed Adora2b^{f/f}-Tagln^{Cre} mice (**Figure 7C**). These observations are further supported by transcript levels for fibronectin (Fn), showing increased levels in BLM-exposed Tagln^{Cre} mice that are maintained in Adora2b^{f/f}-Tagln^{Cre} mice exposed to BLM (**Figure 7D**). In line with these results, Western blots for Fn revealed increased signals for BLM-Tagln^{Cre} compared to PBS-Tagln^{Cre} mice that were maintained in the BLM-Adora2b^{f/f}-Tagln^{Cre} group (**Figures 7E,F**). These results indicate that Adora2b-expressing Tagln^{Cre} cells plays a pivotal role in vascular remodeling in PH, but do not appear to modulate fibrotic responses in the lung, following BLM-exposure.

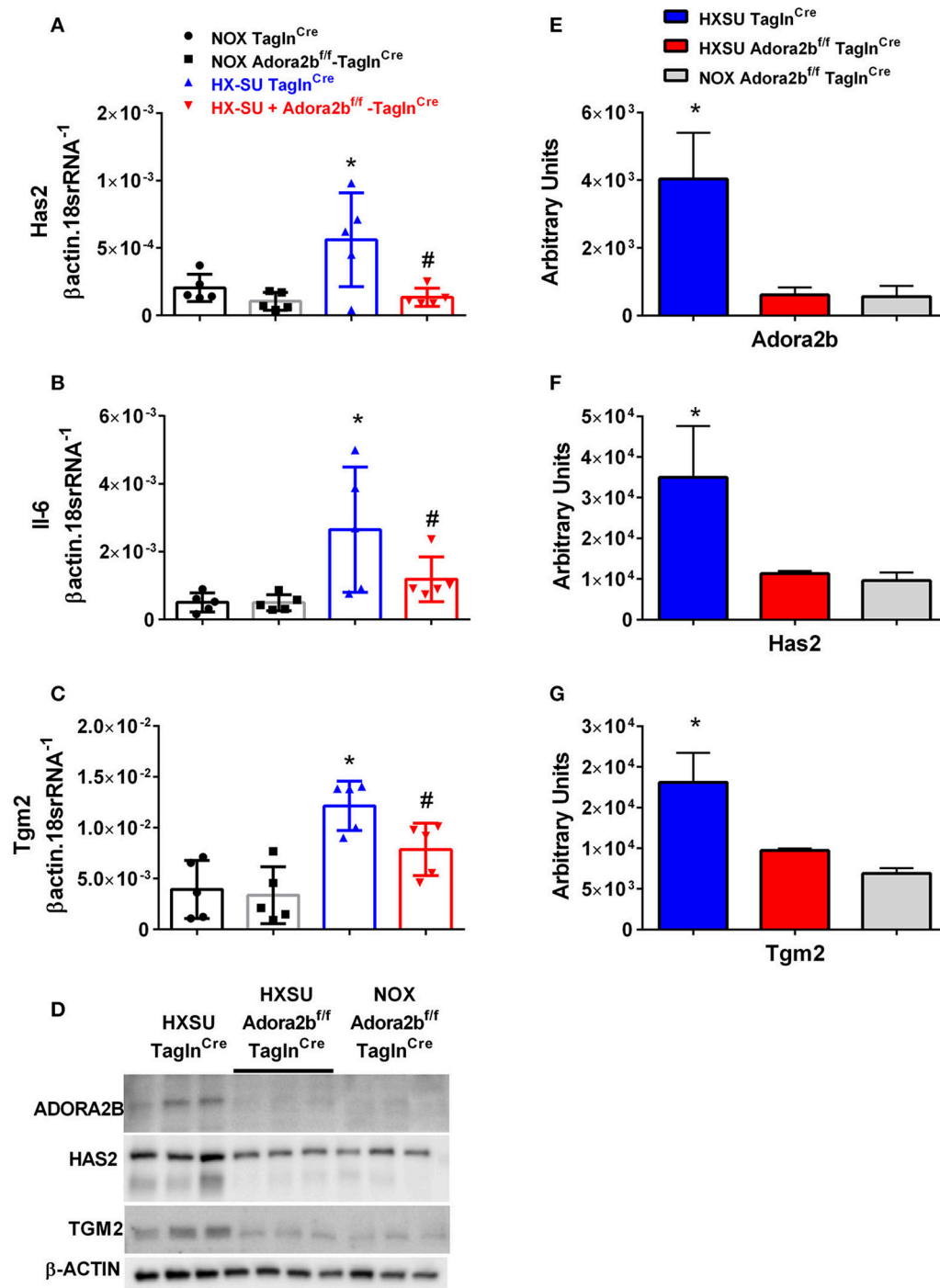
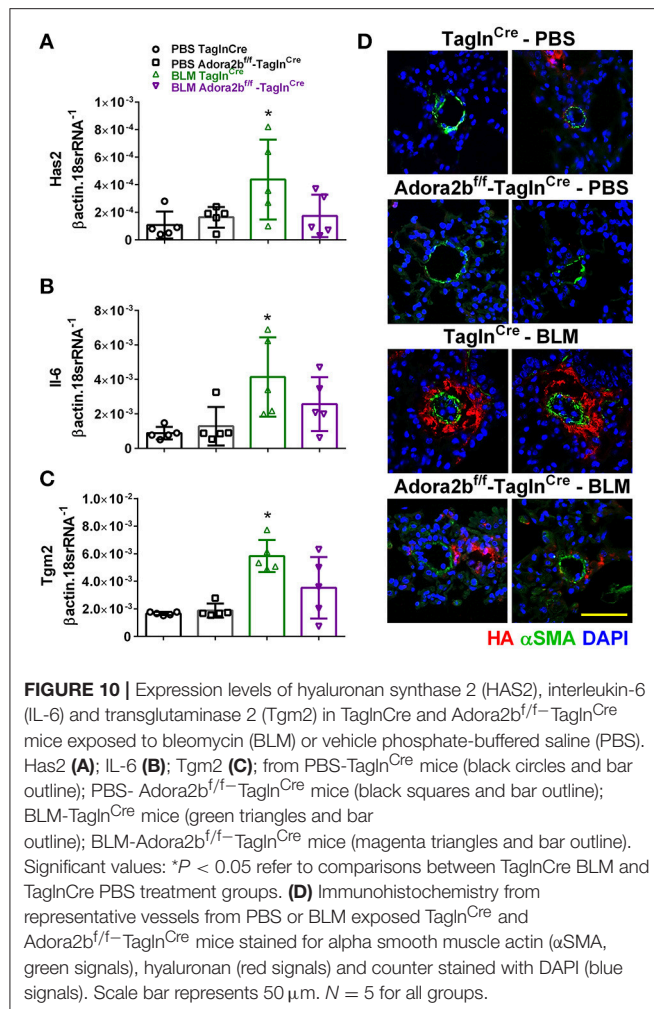


FIGURE 9 | Expression levels of hyaluronan synthase 2 (Has2), interleukin-6 (Il-6) and transglutaminase 2 (Tgm2) in Tagln^{Cre} and Adora2b^{f/f}-Tagln^{Cre} mice exposed to hypoxia-SUGEN (HX-SU) or normoxia (NOX). All analyses were performed on day 28 of HX-SU and NOX exposure. Has2 (**A**); Il-6 (**B**); Tgm2 (**C**); expression levels measured by RT-PCR and normalized to the Geo mean of expression levels of β actin and 18srRNA from NOX-Tagln^{Cre} mice (black circles and bar outline); NOX-Adora2b^{f/f}-Tagln^{Cre} mice (black squares and gray bar outline); HX-SU-Tagln^{Cre} mice (blue triangles and bar outline); HX-SU-Adora2b^{f/f}-Tagln^{Cre} mice (red triangles and bar outline). Significant values: * $P < 0.05$ refer to comparisons between Tagln^{Cre} HX-SU and Tagln^{Cre} NOX treatment groups. # $P < 0.05$, are for comparisons between Tagln^{Cre} HX-SU and Adora2b^{f/f}-Tagln^{Cre} + HX-SU treatment groups. (**D**) Western blot for Adora2b, Has2, Tgm2, and β -actin for Tagln^{Cre} mice exposed to HX-SU, HX-SU exposed Adora2b^{f/f}-Tagln^{Cre} mice and NOX-treated Adora2b^{f/f}-Tagln^{Cre} mice. Densitometry data for Adora2b (**E**), Has2 (**F**) and Tgm2 (**G**): * $P < 0.05$ refer to comparisons between Adora2b-Tagln^{Cre} HX-SU and Tagln^{Cre} HX-SU treatment groups. $N = 5$ for all RT-PCR experiments and $N = 3$ for western blots.



Activation of ADORA2b in Human Pulmonary Artery Smooth Muscle Cells (PASCs) Leads to Increased Pro-Remodeling Mediators

Interestingly, our results demonstrate that deletion of Adora2b from smooth muscle cells is able to prevent the development of pulmonary hypertension in two distinct experimental models of PH. Thus, in order to evaluate the ADORA2B-mediated mechanisms that lead to PH, we performed experiments with isolated primary pulmonary artery smooth muscle cells (PASCs) from normal healthy donors. In these experiments we report that activation of ADORA2B by the selective agonist BAY 60-6583 leads to increased expression levels of hyaluronan synthase 2 (HAS2) under both normoxia and hypoxia (Figures 8A,B); interleukin (IL)-6 only under hypoxia but not in normoxia (Figures 8C,D) and transglutaminase 2 (TGM2) under normoxia but not hypoxia (Figures 8E,F). It is interesting to note that the responses for HAS2 and IL-6 but not TGM2 were augmented under hypoxic conditions

(Figures 7A–F). Remarkably, BAY60-6583-induced increased HAS2 and IL-6 signals were attenuated following treatment with GS-6201, a selective ADORA2B antagonist, in conditions of hypoxia, but not normoxia (Figures 8A–D). GS-6201 was only able to inhibit BAY 60-6583-induced up-regulation of TGM2 under normoxia but not in hypoxia (Figures 8E,F). Taken together, these results demonstrate an ADORA2B-dependent up-regulation of the pro-remodeling mediators HAS2, IL6, and TGM2, and that this response is further augmented under hypoxic conditions.

Hyaluronan Synthase 2 (Has2), Il-6 and Transglutaminase 2 (Tgm2) Levels in PH

We next examined whether expression levels of hyaluronan synthase 2 (Has2), Il-6 and transglutaminase 2 (Tgm2) were altered in mice exposed to HX-SU. Consistent with our data, HX-SU-TaglnCre mice presented with higher levels of Has2, IL6, and Tgm2 that were attenuated in HX-SU-Adora2b^{f/f}-TaglnCre mice (Figures 9A–C). These observations are consistent with Western blots from mice showing reduced expression levels of ADORA2B, HAS2, and TGM2 in HX-SU-Adora2b^{f/f}-TaglnCre and NOX-Adora2b^{f/f}-TaglnCre mice compared to Adora2b-competent-HX-SU-exposed TaglnCre mice (Figure 9D) and subsequent densitometry analyses (Figures 9E–G).

In our experimental model of BLM-induced lung fibrosis and PH, we report increased levels of Has2, Il-6 and Tgm2 following BLM exposure compared to PBS exposure in TaglnCre mice (Figures 10A–C). No significant difference in Has2, Il-6 or Tgm2 transcript levels were observed between BLM exposed Adora2b^{f/f}-TaglnCre mice compared to the BLM TaglnCre group (Figures 10A–C). However, vascular hyaluronan deposition was reduced in BLM-exposed Adora2b^{f/f}-TaglnCre mice compared to BLM-exposed TaglnCre mice (Figure 10D). Our RT-PCR findings were consistent with increased signals from Western blots for P-STAT3 (but not STAT3) and HAS2 for BLM-exposed TaglnCre mice compared to PBS exposed TaglnCre mice that remained elevated in BLM exposed Adora2b^{f/f}-TaglnCre mice, albeit no differences in TGM2 were identified (Supplementary Figures 3A–E). IHC staining for P-STAT3 and TGM2 revealed increased signals in the vasculature of BLM-exposed TaglnCre mice compared to PBS-treated mice that were attenuated in BLM-exposed Adora2b^{f/f}-TaglnCre mice (Figures 11A,C). Consistent with the presence of fibrosis in these mice, we report increased signals for P-STAT3 and TGM2 in fibrotic areas rich in myofibroblasts (Figures 11B,D). In addition to augmented TGM2 levels in HX-SU and BLM-exposed mice, we report increased TGM2 signals within remodeled vessels in patients with a diagnosis of PAH or IPF + PH (Figure 12A). These observations were in line increased TGM2 transcripts from PAH patients compared to controls (Figure 12B) and with increased HAS2 mRNA in PAH vs. control PASCs (Figure 12C). Taken together, our results show a likely mechanism where Adora2b activation promotes the development of PH through increased expression of Has2, Il6 and Tgm2 in experimental models of disease and in human patients with Group I or Group III PH.

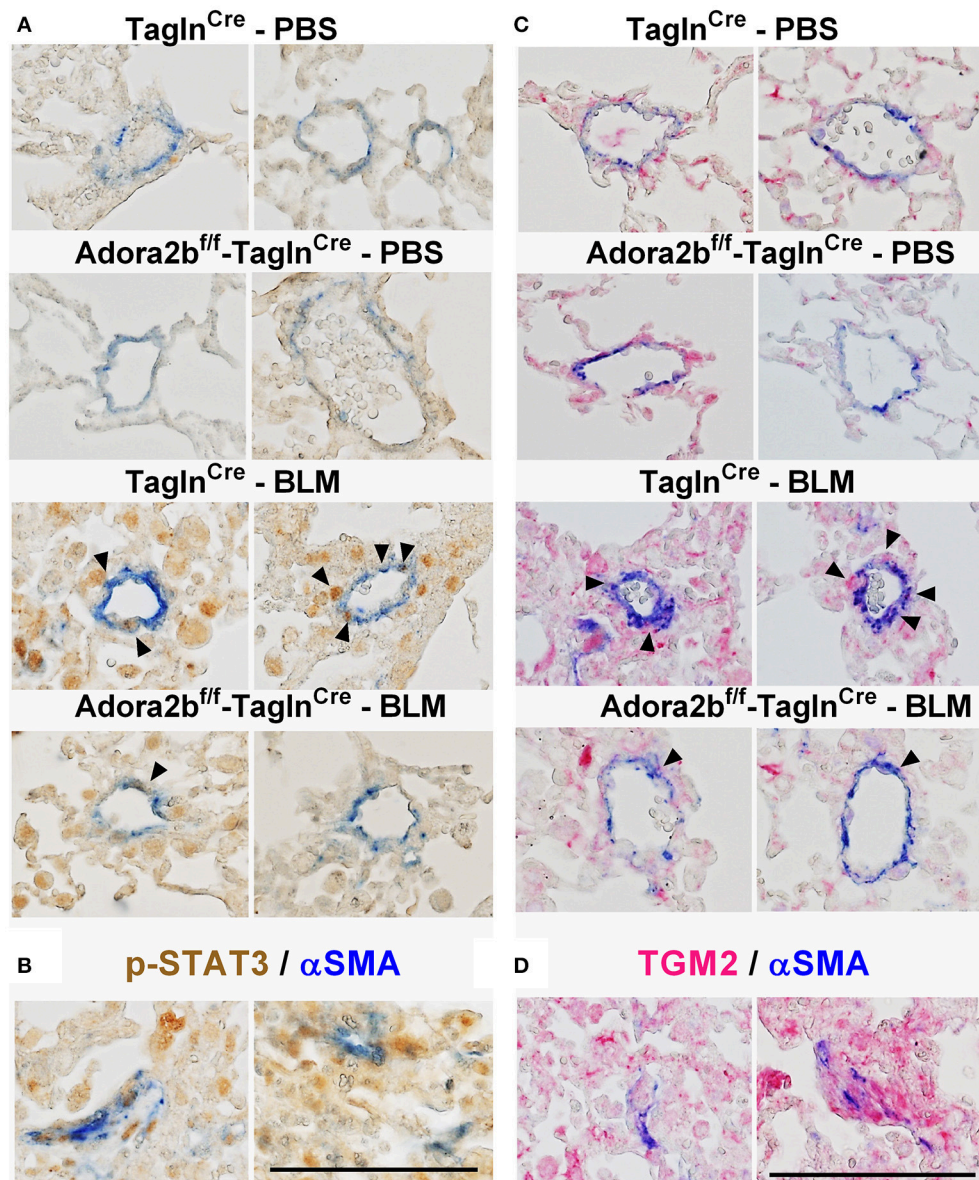


FIGURE 11 | Dual immunohistochemistry (IHC) from representative vessels from PBS or BLM exposed Tagln^{Cre} and Adora2b^{ff}/Tagln^{Cre} mice stained for **(A)** alpha smooth muscle actin (αSMA, blue) and nuclear P-STAT3 (brown signals); **(B)** represent fibrotic areas rich in myofibroblasts (αSMA positive) where PSTAT is present; **(C)** αSMA, blue and transglutaminase (TGM2, red signals) **(D)** represents fibrotic areas rich in myofibroblasts (αSMA positive) where TGM2 is also present. Scale bar represents 200 μm. Arrow heads point and p-STAT3 or TGM2 positive cells in the vessel wall (αSMA positive).

DISCUSSION

The presence of pulmonary hypertension (PH) in the context of idiopathic pulmonary fibrosis (IPF) is associated with significantly increased morbidity and mortality rates (Behr and Ryu, 2008; Pitsiou et al., 2011; Collum et al., 2017a). Despite the detrimental consequences of PH, there are very limited therapies available that can treat PH in IPF patients (Collum et al., 2017a). Although anti-fibrotic agents have been shown to attenuate experimental fibrosis and PH (Hemnes et al., 2008;

Schroll et al., 2010, 2013; Van Rheen et al., 2011; Karmouty-Quintana et al., 2012, 2015; Bei et al., 2013; Grasemann et al., 2015; Chen et al., 2016; Avouac et al., 2017), these therapies have not translated to the clinic. Moreover, standard therapies for PAH have failed to show a benefit in Group III PH and have been associated with worsening mortality (Ruggiero et al., 2012; Klinger, 2016).

A major finding of our study is that switching-off Adora2b in vascular smooth muscle cells using the Tagln promoter is able to prevent the development of PH in two distinct mouse

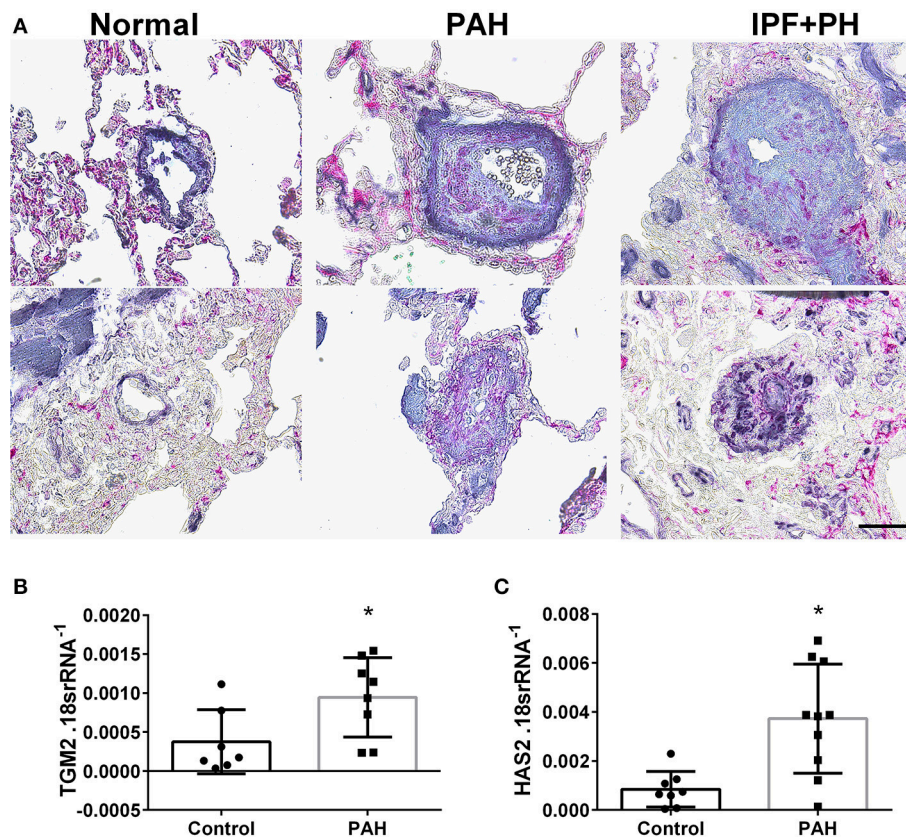


FIGURE 12 | (A) Dual immunohistochemistry (IHC) for alpha smooth muscle actin (α SMA, indigo-blue signals) and transglutaminase (TGM2, pink-magenta signals) from representative pulmonary arteries from normal (top), pulmonary arterial hypertension (PAH, middle), or IPF+PH (lower) lungs. Scale bar represents 200 μ m. Expression levels of TGM2 **(B)** and HAS2 **(C)** from PSMCs isolated from controls and patients with iPAH. * $P < 0.05$ refer to comparisons between Control and PAH groups. $N = 8$ for all groups.

models: the HX-SU and the BLM model. Most remarkably, we report that Adora2b^{f/f}-Tagln^{Cre} mice exposed to BLM still present with fibrotic lung injury that is not significantly different to that of control Tagln^{Cre} mice exposed to BLM. These results demonstrate that Adora2b expression in the vascular smooth muscle is a viable target to treat PH, either on its own or associated with chronic lung injury. Consistent with previous publications from our group, we demonstrate that the likely mechanism for Adora2b-mediated PH is through enhanced IL-6 and hyaluronic acid deposition (Karmouty-Quintana et al., 2012, 2013a, 2015; Collum et al., 2017b). In addition to these mediators, we also report the novel finding that Tgm2 can be modulated by Adora2b and that this is consistent with increased expression of vascular Tgm2 in experimental models of PH and in remodeled vessels of patients with a diagnosis of PAH or IPF+PH.

In response to injury or stress, the lung releases ATP that is then converted to adenosine by ecto-nucleotidases (Colgan et al., 2006). This response is part of a normal physiological reaction to high altitude (Song et al., 2017; Sun et al., 2017) and to acute lung injury (Van Linden and Eltzschig, 2007; Eckle et al., 2009). These ecto-nucleotidases include CD39 and CD73 that are regulated

by hypoxia-inducible factor (HIF-1A) (Synnestvedt et al., 2002; Hart et al., 2010). Adenosine is then able to activate one of its four G-protein coupled receptors: the adenosine A1 (ADORA1), A2A (ADORA2A), A2B (ADORA2B), and A3 (ADORA3) receptors (Fredholm et al., 2001). All four of these receptors have been shown to be involved in cellular processes implicated in tissue injury (Karmouty-Quintana et al., 2013b). Under normal physiological conditions, adenosine is rapidly metabolized to inosine by adenosine deaminase (ADA) (Fredholm et al., 2001) or up-taken intracellularly through equilibrative nucleotide transporters (ENTs) (Eltzschig et al., 2005). Studies in CD73 and CD39 deficient mice have demonstrated that increased adenosine levels are critical for the resolution of acute lung injury (Volmer et al., 2006; Eckle et al., 2007; Davies et al., 2014). Yet, despite the protective effects of adenosine, sustained levels have been shown to mediate chronic lung injury (Blackburn, 2003; Blackburn and Kellems, 2005; Chunn et al., 2006). These studies are consistent with increased expression of CD73 and ADORA2B in experimental models and patients with lung injury (Chunn et al., 2006; Zhou et al., 2010; Wirsdörfer et al., 2016). Lowering extracellular adenosine through treatment with ADA or genetic deletion of CD73 have shown that these mice are

protected from the development of chronic lung injury (Chunn et al., 2006; Zhou et al., 2010; Wirsdörfer et al., 2016). This dualistic action of adenosine can be explained by the concept of purinergic remodeling, where alterations in the expression levels of enzymes of adenosine metabolism (CD73, ADA), transport proteins such as ENTs, or adenosine receptors may influence the progression from acute to chronic responses (Zhou et al., 2009). A highly relevant example of purinergic remodeling is the altered levels of CD39, CD73, ENTs and adenosine receptors in IPF+PH (Garcia-Morales et al., 2016). Here, purinergic remodeling shifted the balance toward accumulation of adenosine and increased expression of ADORA2B (Garcia-Morales et al., 2016). Interestingly, in our study, although adenosine levels were maintained, vascular remodeling and RVSP were attenuated in both the HX-SU and the BLM model. Yet these increased levels of adenosine were likely responsible for the presence of RVH following HX-SU exposure (Toldo et al., 2012; Ferrari et al., 2016) and for the development of fibrosis (Blackburn and Kellems, 2005; Chunn et al., 2006; Sun et al., 2006).

Intriguingly, in the context of PH, reduced adenosine levels in the pulmonary circulation were reported in patients with COPD + PH and in Primary Pulmonary Hypertension (PPH) compared to normal individuals (Saadjian et al., 1999). Although the sample size is limited ($n = 7$ controls, $n = 8$ COPD+PH, and $n = 8$ PPH) these results suggest that reduced adenosine levels in the circulation are pathogenic (Saadjian et al., 1999). At face-value these observations are counterintuitive to our hypothesis that enhanced ADORA2B levels are pathogenic in PH since ADORA2B has the lowest affinity for adenosine (Fredholm et al., 2001). Despite this, it is important to consider that adenosine has a very low half-life and is rapidly metabolized *in vivo* and *in vitro* (Klabunde, 1983). Thus it is conceivable that local elevations of tissue adenosine near the vasculature lead to enhanced activation of vascular smooth cell ADORA2B and promote the development of PH. In line with these studies, we have reported increased activity of CD73 and reduced activity of ADA in tissue samples of patients with IPF+PH (Garcia-Morales et al., 2016) that point to a pathogenic accumulation of adenosine in PH. Similarly, we show that PSMCs from patients with PAH present with increased CD73 that point at an enhanced capacity to accumulate adenosine in remodeled vessels in PAH.

Augmented ADORA2B levels have been reported in patients with IPF and COPD (Zhou et al., 2010; Karmouty-Quintana et al., 2013b) that are consistent with increased Adora2b levels in experimental models of chronic lung injury that also present with PH (Sun et al., 2006; Pedroza et al., 2011; Karmouty-Quintana et al., 2012, 2013a). Using an Adora2b antagonist and *global* Adora2b-deficient mice, we have shown that abrogation of this receptor reduces PH associated with chronic lung disease (Karmouty-Quintana et al., 2012, 2013a). In these experiments, the attenuation of PH was linked with reduced severity of lung injury (Karmouty-Quintana et al., 2012, 2013a). Similarly, conditional deletion of myeloid ADORA2B resulted in reduced fibro-proliferative lesions and attenuated markers of PH following exposure to BLM (Karmouty-Quintana et al., 2015). Taken together, these results demonstrated the therapeutic potential of abrogation of ADORA2B signaling in

lung injury and PH; however, it was not known whether vascular ADORA2B could contribute directly to the development of PH in an *in vivo* setting. Similarly, the role of ADORA2B in clinical or experimental models of PAH had not been addressed until now (Alencar et al., 2017). Strikingly, our results show that switching-off vascular smooth muscle ADORA2B is able to prevent HX-SU and BLM induced PH without altering fibrotic deposition levels in BLM-exposed mice. These results provide further rationale for the use of ADORA2B antagonists for the treatment of PAH and PH associated with chronic lung injury. We believe that this discrepancy is the result of the pleiotropic functions of ADORA2B; where ADORA2B activation in other cells such as fibroblasts and myeloid cells may continue to drive the fibrotic process (Sun et al., 2006; Karmouty-Quintana et al., 2013b, 2015). Further studies testing the effect of ADORA2B antagonists in established models replicating features of PAH would provide important pre-clinical data supporting the use of ADORA2B antagonists for the treatment of this fatal condition.

Regarding the ADORA2B mediated mechanisms, our data showed that activation of ADORA2B in PSMCs leads to increased levels of IL-6 and hyaluronan, two mediators that have been associated in the pathophysiology of lung fibrosis and PH (Karmouty-Quintana et al., 2012, 2015; Chen et al., 2016; Collum et al., 2017b). Indeed increased IL-6 has also been shown to play an important role in the development of PAH (Ricard et al., 2014). In fact, treatment with a hyaluronan synthase inhibitor attenuates BLM-induced PH independent from fibrotic deposition in the BLM model of lung injury (Collum et al., 2017b). Interestingly, we also show that activation of Adora2b modulates expression of Tgm2, a multifunctional enzyme (Gundemir et al., 2012; Eckert et al., 2014; Liu et al., 2017) that has been associated with PH (Diraimondo et al., 2014; Penumatsa et al., 2017) and pulmonary fibrosis (Oh et al., 2011; Olsen et al., 2011, 2014). Tgm2 likely contributes to the development of PH through serotonylation leading to enhanced cellular proliferation (Diraimondo et al., 2014; Penumatsa et al., 2014, 2017). However, Tgm2 can also crosslink with other ECM proteins that contribute to vascular stiffening (Gundemir et al., 2012; Eckert et al., 2014) similar to vascular expression of hyaluronan (Karmouty-Quintana et al., 2013a). Tgm2 could also promote pulmonary hypertension by other means (Liu et al., 2017) that may affect receptor levels by altering ubiquitination or influence the presence of auto-antibodies (Liu et al., 2014, 2015).

It is also important to consider that other adenosine receptors may play a role in PH. An elegant review (Alencar et al., 2017) has recently summed up the most recent developments of adenosine receptors for the treatment of PAH. Most notably activation of Adora2a has been shown to be effective for the treatment of PAH (Alencar et al., 2017); this is consistent with our data showing reduced protein levels of Adora2a in PSMCs isolated from patients with iPAH.

In conclusion, our data show that conditional deletion of Adora2b from vascular smooth muscle cells prevents the development of PH through a mechanism that involves upregulation of IL-6, hyaluronan and Tgm2. Taken together, these results point at a role for inhibition of Adora2b for the treatment of Group I and Group III PH.

ETHICS STATEMENT

This study was carried out in accordance with the recommendations of the UTHealth Animal Welfare Committee (AWC), an AAALAC accredited Institution. The protocol was approved by the AWC under protocol number AWC-16-00060. The use of human derived material was reviewed by institutional review board (IRB): HSC-MS-08-0354.

AUTHOR CONTRIBUTIONS

TM, AH, and HK-Q planned and performed experiments, acquired and analyzed data and wrote the manuscript. LT, CP, SC, N-YC, TW, and CL performed experiments, acquired and analyzed data. HE provided the floxed Adora2b mice and together with JD and YX contributed to the design of the study and interpretation of the results. SJ, KR, AG, and BB supervised the use of human samples for the study. MB, CG, and HK-Q conceived the idea, designed and supervised the study.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphys.2018.00555/full#supplementary-material>

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rhACE2 Therapy Modifies Bleomycin-Induced Pulmonary Hypertension via Rescue of Vascular Remodeling

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Background: Pulmonary hypertension (PH) is a progressive cardiovascular disease, characterized by endothelial and smooth muscle dysfunction and vascular remodeling, followed by right heart failure. Group III PH develops secondarily to chronic lung disease such as idiopathic pulmonary fibrosis (IPF), and both hastens and predicts mortality despite of all known pharmacological interventions. Thus, there is urgent need for development of newer treatment strategies.

Objective: Angiotensin converting enzyme 2 (ACE2), a member of the renin angiotensin family, is therapeutically beneficial in animal models of pulmonary vascular diseases and is currently in human clinical trials for primary PH. Although previous studies suggest that administration of ACE2 prevents PH secondary to bleomycin-induced murine IPF, it is unknown whether ACE2 can reverse or treat existing disease. Therefore, in the present study, we tested the efficacy of ACE2 in arresting the progression of group 3 PH.

Methods: To establish pulmonary fibrosis, we administered 0.018 U/g bleomycin 2x/week for 4 weeks in adult FVB/N mice, and sacrificed 5 weeks following the first injection. ACE2 or vehicle was administered via osmotic pump for the final 2 weeks, beginning 3 weeks after bleomycin. Echocardiography and hemodynamic assessment was performed prior to sacrifice and tissue collection.

Results: Administration of bleomycin significantly increased lung collagen expression, pulmonary vascular remodeling, and pulmonary arterial pressure, and led to mild right ventricular hypertrophy. Acute treatment with ACE2 significantly attenuated vascular remodeling and increased pulmonary SOD2 expression without measurable effects on pulmonary fibrosis. This was associated with nonsignificant positive effects on pulmonary arterial pressure and cardiac function.

Conclusion: Collectively, our findings enumerate that ACE2 treatment improved pulmonary vascular muscularization following bleomycin exposure, concomitant with increased SOD2 expression. Although it may not alter the pulmonary disease course of IPF, ACE2 could be an effective therapeutic strategy for the treatment of group 3 PH.

Keywords: pulmonary hypertension, pulmonary fibrosis, ACE2, bleomycin, mice

INTRODUCTION

Pulmonary hypertension (PH) is a progressive, rare lung disease, which results in right heart malfunction and is fatal when untreated. The pathogenesis of PH often begins with elevated resistance in the pulmonary circulation due to endothelial dysfunction and underlying vascular remodeling, which eventually leads to increased pulmonary arterial pressure (Schermler et al., 2011). This increased pulmonary pressure increases the right ventricular (RV) work load and maladaptive RV remodeling, and culminates in right heart failure (Schermler et al., 2011). The median survival of a PH patient is <3 years. As per the most recent WHO guidelines, PH is classified into 5 groups, by origin: idiopathic, heritable, or drug/toxin-induced in group 1, left heart disease in group 2, chronic lung disease in group 3, chronic thromboembolic pulmonary hypertension in group 4, and hematologic, systemic, or metabolic disorders in group 5 (Oudiz, 2016).

The present study focuses on chronic lung disease associated PH. The Global Burden of Disease Study on global life expectancy in 2013 (Mortality and Causes of Death, 2015) summarized that the death rate of interstitial lung disease grew more than 50% between 1990 and 2013, while its global ranking escalated from 64 (1990) to 40 (2013). Idiopathic pulmonary fibrosis (IPF) is a chronic, fatal interstitial lung disease associated with recurrent pulmonary epithelial injury and maladaptive repair, which results in a progressive interstitial fibrosis and compromised gaseous exchange (Richeldi et al., 2017). These pathological symptoms in conjunction with a concomitant endothelial dysfunction, and vascular remodeling results in group 3 PH (PH associated with IPF). PH develops in more than 32–50% of advanced IPF patients (Patel et al., 2007; Shorr et al., 2007), where it significantly impacts survival, with an increased mortality rate of 2.2–4.85-fold compared to IPF patients with no PH (Hamada et al., 2007). Despite pharmacological interventions including phosphodiesterase or endothelin receptor inhibition, or activation of prostacyclin or guanylate cyclase pathways, there has been little improvement in the mortality of IPF-associated PH (Klinger, 2016). Thus, there is great need for the development of newer therapeutic strategies to treat group 3 PH.

One promising new PH therapy is a modulator of the renin-angiotensin system (RAS). The RAS is a hormonal system of enzymes, ligands, and receptors that regulates pathophysiological events in the lung, heart, kidney, and other organs (Ferreira et al., 2010; Hsueh and Wyne, 2011; Kalra et al., 2015; Passos-Silva et al., 2015). The RAS can be categorized into two divergent axes: either the angiotensin converting enzyme

(ACE), its product angiotensin II (Ang II), and the angiotensin receptor type 1 (AT1), or the angiotensin converting enzyme-2 (ACE2), the ACE2 product angiotensin-(1-7) [Ang-(1-7)], and the Ang-(1-7) receptor, Mas1 (Passos-Silva et al., 2015). Activation of the ACE2/Ang-(1-7)/Mas1 axis with administration of either rhACE2 or Ang-(1-7) also improves the cardio-pulmonary defects associated with experimental PH and PF (Shenoy et al., 2010, 2013; Meng et al., 2015). ACE2 treatment is also one of the only therapies to reverse murine BMPR2-related PAH, the cause of most heritable PH (Johnson et al., 2012), and improves right ventricular function under stress (Johnson et al., 2011).

The primary rodent model of pulmonary fibrosis and group 3 PH is a single intratracheal installation of bleomycin, which after 2 weeks recapitulates many of the functional, molecular and pathological defects associated with IPF (Mouratis and Aidinis, 2011; Meng et al., 2015), including cardiac and pulmonary vascular remodeling (Shenoy et al., 2013; Rathinasabapathy et al., 2016). A repeated low dose bleomycin insult in mice, over a period of 5 weeks, results in cardio and pulmonary vascular remodeling in addition to extensive lung fibrosis (Bryant et al., 2015; Chen et al., 2016).

The therapeutic benefits of ACE2 in prevention have been assessed in multiple bleomycin studies (Shenoy et al., 2010, 2013; Rey-Parra et al., 2012; Meng et al., 2015). These prevention studies all relied on a single dose of bleomycin, rather than repeated low doses, and the ACE2 treatment regimen was initiated either concurrent with or prior to bleomycin instillation, while development of PH/PF was acute and robust. To date, no treatment studies have assessed the therapeutic effect of ACE2 in arresting or reversing the progression of bleomycin-induced damages (treatment), over a longer course of time. Potential translation of ACE2 to human studies requires identification of potential to reverse, not just treat, IPF and IPF-associated PH, using the more human disease relevant repeated dosing model of IPF. The goal of these studies was to fill this gap in our knowledge.

MATERIALS AND METHODS

Reagents and Chemicals

Bleomycin (bleomycin sulfate, Cipla, Goa, India) was purchased from the Vanderbilt University Medical Center pharmacy. Recombinant human angiotensin converting enzyme 2 (rhACE2) was a kind gift from GlaxoSmithKline, UK. α -smooth muscle actin (α -SMA), SOD2, and β -actin antibodies were purchased from Abcam (Cambridge, MA, USA) and CD68 antibody purchased from Dako (Santa Clara, CA, USA).

Animals

All the mice utilized in this study were housed at Vanderbilt University Medical Center animal care facility, which is certified by the Association for Assessment and Accreditation of Laboratory Animal Care International. All animal protocols were approved by the Institutional Animal Care and Use Committee at Vanderbilt University Medical Center (Approval number–M12/110) in compliance with National Institute of Health

Abbreviations: α -SMA, alpha smooth muscle actin; ACE, angiotensin converting enzyme; Arg1, arginase 1; AT1, angiotensin type 1 receptor; Bleo, bleomycin; Col1, collagen, type 1; Col3, collagen, type 3; echo, echocardiography; EF, ejection fraction; IPF, idiopathic pulmonary fibrosis; LV, left ventricle; Mas1, Mas receptor; MRC1, mannose receptor C-type 1; PH, pulmonary hypertension; rhACE2, recombinant human angiotensin converting enzyme 2; RAS, renin angiotensin system; Retnla, Resistin like alpha; RV, right ventricle; RVH, right ventricular hypertrophy; RVSP, right ventricular systolic pressure; SOD2, superoxide dismutase-2 (manganese superoxide dismutase); WBC, white blood cell.

guidelines. Animals housed in the conventional cages were exposed to 12:12 h, day:night cycle with free access to food (normal chow) and water. One week prior to the start of the study, animals were fed with 60% high-fat, high-calorie diet (Bio-Serv, Flemington, NJ, USA) to assist in weight maintenance, and this diet was continued until the termination of the study.

Study Design

Eighteen to 26 week old inbred male and female FVBN mice were used in this 5-week study. For the first 4 weeks, animals were challenged with bleomycin (0.018 U/g, injected i.p.), every 4 days, for a total of eight doses. Bleomycin was aseptically dissolved in saline, and the control animals for the bleomycin group were administered saline. Eighteen days following the first bleomycin injection (immediately after 6th dose), rhACE2 (1.2 mg/kg/day) was administered through mini-osmotic pumps (Durect Corporation, Cupertino, CA, USA), and the pumps were continued for 2 weeks, 1 week past the final administration of bleomycin. rhACE2 was solubilized in a buffer containing 100 mM glycine, 150 mM NaCl, 50 mM ZnCl₂, pH 7.5. This buffer without rhACE2 was implanted in the vehicle group. Original $n = 17$ for each bleomycin group and $n = 7$ for each control group; two animals from each Bleo+vehicle and Bleo+ACE2 group died prior to obtaining invasive hemodynamics. All of these deaths occurred in the last 2 days of the study, either during or just following isoflurane anesthesia.

Transthoracic Echocardiography, Hemodynamic Measurements, and Right Ventricular Hypertrophy

One day prior to the end of study, transthoracic echocardiography was performed using the Vivo 770 high-resolution image systems (VisualSonics, Toronto, Canada). On day 33, invasive hemodynamics were conducted to measure the right ventricular systolic pressure (RVSP) as described in Bryant et al. (2015). Right ventricular hypertrophy (RVH or Fulton's index) was assessed at sacrifice, and blood and tissues collected for RNA and histology. A complete blood count (CBC) analysis was performed by the Vanderbilt University Medical Center pathology core.

Real Time Quantitative RT-PCR Analysis

Real time RT-PCR was used to study the transcript expression of collagen type 1 (Col1), collagen type 3 (Col3), resistin like alpha (Retnla/Fizz1), mannose receptor C-type 1 (Mrc1), and arginase 1 (Arg1). In brief, total RNA was isolated from the frozen lung using RNeasy (Qiagen, Valencia, CA, USA) as per the supplier's instruction. 1 µg of total RNA was utilized to synthesis the first strand cDNA using QuantiTect reverse transcription kit (Qiagen, Valencia, CA, USA). Real-time RT-PCR was performed in a 96-well format using Power SYBR green mastermix on Applied Biosystems platform (Applied Biosystems Corporation, Foster City, CA, USA). The expression of target gene transcripts was normalized against the internal control Hprt (hypoxanthine-guanine phosphoribosyltransferase) using

the comparative $\Delta\Delta\text{CT}$ method ($2^{-\Delta\Delta\text{Ct}}$). Mouse primers are listed in **Table 1**.

Western Blotting

A portion of the right lung lobe was homogenized in RIPA buffer with protease inhibitors for protein isolation and debris cleared by centrifugation. Proteins were resolved on a 4–12% SDS-PAGE gel (Thermo Fisher Scientific, Waltham, MA, USA), transferred to PVDF, and visualized on the ChemiDoc MP imaging system (Bio-Rad Laboratories, Hercules, CA, USA). Antibodies were diluted in 2% milk/TBST.

Immunohistochemical Analysis (IHC)

The left lung lobe was perfused with PBS, inflated with 0.8% agarose solution and stored in 10% neutral buffered formalin overnight. The following day, the fixed tissues were rinsed in 70% alcohol and subsequently processed for paraffin embedding. Paraffin-embedded tissue samples were sectioned (5 micron), de-paraffined and stained with either CD68 at 1:100, or α -SMA at 1:200. For muscularized vessel wall analysis, the total number of vessels and vessels per size group were counted at 10X (10 fields/lung; 4 animals/group). Similarly, the CD68-stained macrophages were also analyzed and counted at 10X (10 fields/lung; 4 animals/group). To analyze lung remodeling, lung sections were stained with Masson's trichrome (Sigma, St. Louis, MO, USA) and the scoring was performed in a blinded fashion as previously described (Lawson et al., 2005). 10 non-overlapping randomly photographed images were analyzed from multiple slices per animal, and the results from each animal were averaged.

Statistics

JMP (SAS, Cary, NC) was used for statistical analysis. A two-way ANOVA with Holm-Sidak multiple comparison post-test was used to compare groups. Values are represented as mean \pm SEM, and $p \leq 0.05$ considered statistically significant.

TABLE 1 | Mouse primers used for RT-PCR.

No	Gene		Sequence
1.	Col1	F	ACG CAT GAG CCG AAG CTA AC
		R	ACT TCA GGG ATG TCT TCT TGG C
2.	Col3	F	CCT GGA AGG GAT GGA AAC CC
		R	CAG GGC CAG TTT CTC CTC TG
3.	Retnla/Fizz1	F	CCT GCT GGG ATG ACT GCT AC
		R	CGA GTA AGC ACA GGC AGT TG
4.	Mrc1	F	AAC AAG AAT GGT GGG CAG TC
		R	TTT GCA AAG TTG GGT TCT CC
5.	Arg1	F	GAC AGG GCT CCT TTC AGG AC
		R	GCC AAG GTT AAA GCC ACT GC
6.	Hprt	F	TGC TCG AGA TGT CAT GAA GGA G
		R	TTT AAT GTA ATC CAG CAG GTC AGC

RESULTS

rhACE2 Does Not Slow or Reverse the Progression of Lung Fibrosis in the Bleomycin Model of Group 3 PH

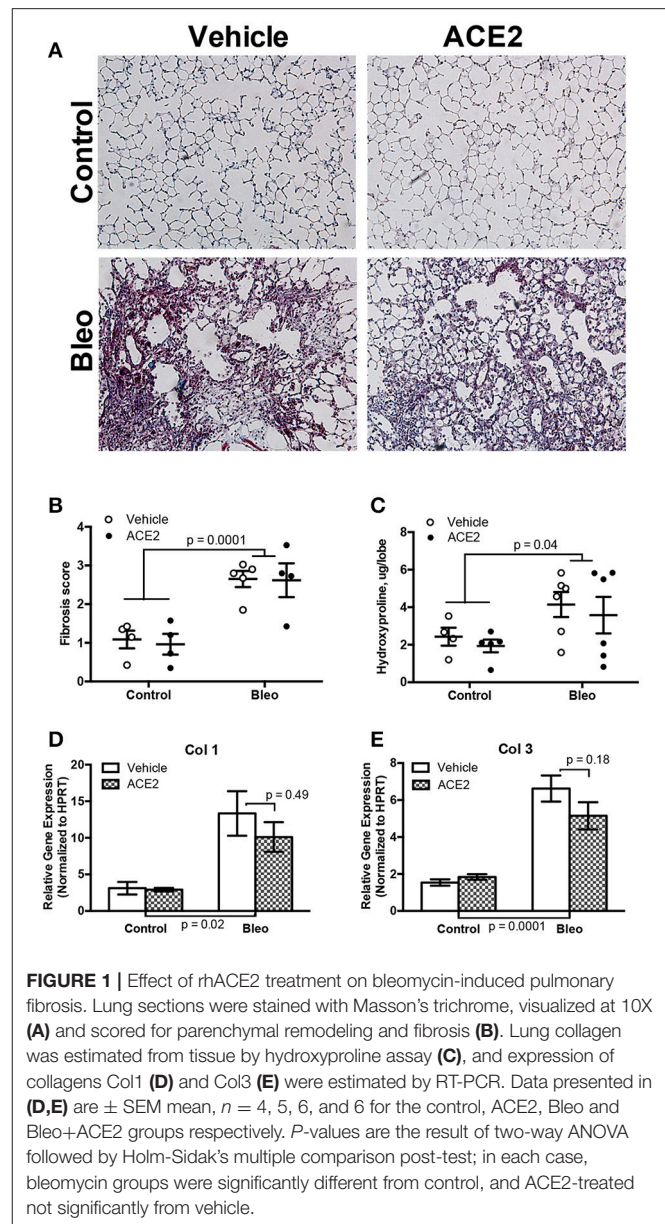
A near-infrared blood pool imaging agent (Angiosense-750 EX, Perkin-Elmer) was used to measure pulmonary vascular leak on Day 18 after the onset of the first bleomycin injection and just prior to ACE2 pump installation. This non-invasive proxy measurement was utilized to confirm the development of pulmonary fibrosis (Supplementary Figure). Animals were then treated with ACE2 or vehicle for 2 weeks; during this time, they were exposed to bleomycin for a week and allowed a recovery period of a week before sacrifice. Administration of repeated bleomycin over the period of 4 weeks resulted in significant alteration of lung tissue architecture. Blinded scoring of Masson's trichrome-stained lung sections demonstrated a significant deposition of collagen fibers ($p < 0.0001$ by two-way ANOVA) in bleomycin-treated animals (Figures 1A,B), matched to increased hydroxyproline (Figure 1C). RT-PCR analysis demonstrated a significant increase in Col1 and Col3 expression in the lung (Figures 1D,E). Treatment of the Bleo animals with recombinant human ACE2 in weeks 4 and 5 had no significant effect on histology ($p = 0.62$, Figures 1A,B), hydroxyproline (Figure 1C), or expression of Col1 and Col3 (Figures 1D,E), compared with vehicle-treated animals.

RV Dynamics and Cardiac Function Associated With Group 3 PH Animals

As expected (Figures 2A,B), bleomycin insult resulted a significant increase in RVSP (Con; 21.8 ± 0.7 vs. Bleo; 30.6 ± 1.7 , mmHg, $p < 0.0001$ by two-way ANOVA) with a concomitant change in Fulton's index (Con; 0.28 ± 0.006 vs. Bleo; 0.31 ± 0.01 , $p = 0.03$). ACE2 reduced the RVSP variance ($p = 0.028$ by *F*-test) but failed to overall significantly decrease RVSP in response to bleomycin ($p = 0.19$ by two-way ANOVA/Holm-Sidak). We performed transthoracic echocardiography (echo) to determine cardiac function in these animals. Bleomycin-treated animals showed only a trend toward decreased LV ejection fraction and fractional shortening, which were reversed with ACE2 treatment (Figures 2C,D). There was no overall change in cardiac index with bleomycin (Figure 2E), and so ACE2 had no impact. Cardiac index (cardiac output normalized to body surface area) rather than cardiac output is displayed because of the large differences in weight between control and bleomycin treated animals (Figure 2F), also not impacted by ACE2 treatment.

rhACE2 Does Not Alter Lung Inflammation in Group 3 PH Animals

Because remodeling is often caused by inflammation, we assessed inflammatory cells in the lungs and circulation. In the peripheral circulation, bleomycin slightly increased white blood count, circulating neutrophil numbers, red cell distribution



width, and platelet count (Table 2). ACE2 treatment had no impact on any of these parameters, but did cause a slight increase in mean platelet volume, likely not functionally meaningful.

To assess the status of inflammatory cells in the lung, we stained sections for CD68, a marker for monocytes/macrophages, and found that macrophage presence was significantly increased in the Bleo lungs (Figures 3A,B), with an approximately 4-fold increase in pulmonary macrophages. Because IPF patients predominantly have M2 macrophage lung infiltrates (He et al., 2013), we used RT-PCR to more closely examine macrophage polarization following bleomycin administration. Expression of the M2 macrophage markers *Retnla* (*Fizz1*), *Mrc1*, and *Arg1* were all significantly elevated in the Bleo lung (Figures 3C–E), with *Fizz1*

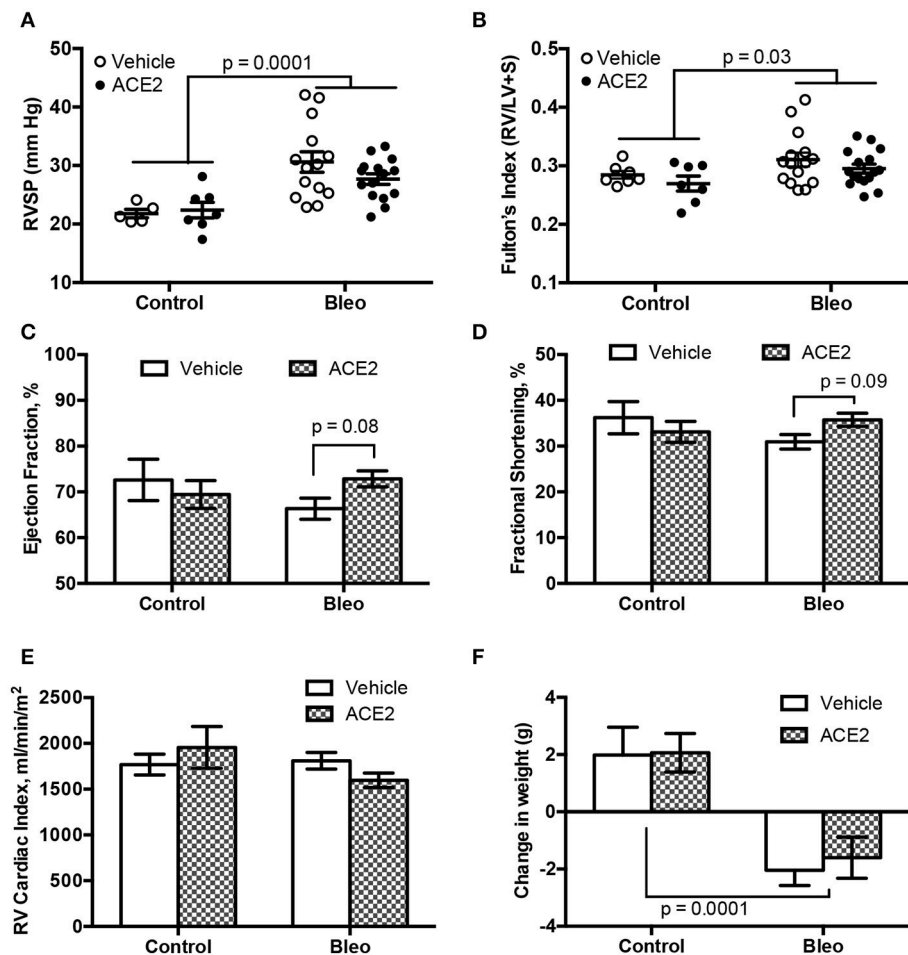


FIGURE 2 | RVSP and cardiac function in group 3 PH animals. RVSP, measured by RV catheterization, and hypertrophy, measured by Fulton's index, both increase with bleomycin treatment (A,B). ACE2 significantly improved the fractional shortening and ejection fraction in bleomycin-treated animals, compared with vehicle (C,D), while there was no change in RV cardiac output normalized for weight across groups (E). ACE2 did not significantly decrease the weight loss associated with Bleo treatment (F). Data are mean \pm SEM; $n = 7, 7, 15$, and 16 for the control, ACE2, Bleo and Bleo+ACE2 groups respectively in (B–F), and $n = 5, 7, 14$, and 15 in (A). Comparisons shown are the result of two-way ANOVA followed by Holm-Sidak's post-test.

increased 10-fold (greater than the increase in macrophages). However, ACE2 did not reduce this increase in M2 markers.

rhACE2 Treatment Improves the Pulmonary Vascular Remodeling in Group 3 PH Animals

To assess pulmonary vascular remodeling, we stained lung sections with α -SMA. Scoring of non-overlapping images at 10x demonstrated a significant muscularization of pulmonary vessel wall in the Bleo animals (Figures 4A–E). A vessel was considered to have total muscularization when $\geq 70\%$ of the vessel perimeter stained positive for α -SMA. Muscularization was further characterized based on vessel diameter. There was pronounced remodeling in the smaller ($p = 0.0001$, Figure 4C) and larger vessels ($p = 0.03$, Figure 4E) following Bleo administration. In agreement with the trends in RVSP and

cardiac function, rhACE2 treatment attenuated muscularization (Figures 4A–E), in Bleo animals, particularly in vessels < 25 microns in size (Figure 4C). Similarly, mice treated with ACE2 had fewer vessels of any size that were partially ($< 70\%$) muscularized (Figure 4F). We have recently investigated the effects of short-term ACE2 infusion in human PAH patients, and found reduced oxidant stress and increased plasma superoxide dismutase-2 (SOD2) with ACE2; in parallel, we have found that application of a synthetic agonist for Mas receptor increases SOD2 expression in porcine pulmonary vessels (Carrier et al., 2016). Because Mas receptor activation or ACE2 treatment can increase SOD2 protein levels, and SOD2 has been shown to decrease vascular smooth muscle proliferation and neointimal formation, we examined the effects of ACE2 on pulmonary SOD2 expression in Bleo-treated mice. Bleomycin instillation reduced SOD2 expression, but was normalized in Bleo animals treated with ACE2 (Figures 4G,H). Taken in combination, these data suggest

TABLE 2 | Results of complete blood count.

	Control		Bleomycin-treated		Significance
	Vehicle	ACE2	Vehicle	ACE2	Bleo: ACE2:
White blood count ($10^9/L$)	1.7	2.2	2.6	2.5	0.037
Neutrophil # ($10^9/L$)	0.6	0.9	1.2	1.2	0.009
Lymphocyte # ($10^9/L$)	1.1	1.2	1.3	1.2	
Monocyte # ($10^9/L$)	0.08	0.10	0.10	0.12	
Hematocrit (%)	49.3	52.2	51.8	54.1	
Red cell distribution width (%)	13.8	13.9	14.2	14.3	0.015
Platelet count ($10^9/L$)	837.1	717.7	1005.6	941.9	0.013
Mean platelet volume (fL)	5.23	5.37	5.33	5.39	0.027

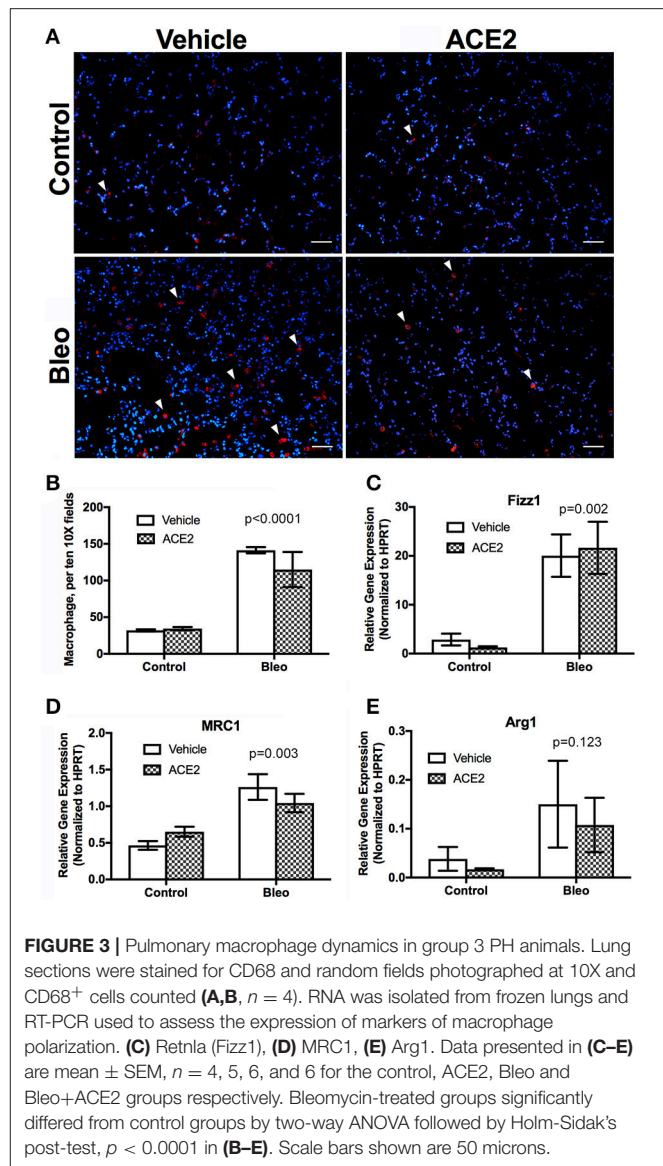
Data are mean \pm SEM, $n = 7, 7, 14$, and 15 for the control, ACE2, Bleo and Bleo+ACE2 groups respectively; comparisons between groups were made with two-way ANOVA followed by Holm-Sidak's multiple comparison post-test.

that the significant reduction in vessel muscularization with ACE2 in bleomycin treated mice was not the result of altered inflammatory cell numbers but possibly due to improved SOD2 expression.

DISCUSSION

Although the body of existing literature suggests a beneficial effect of ACE2 in various animal models of PH and PF (Shenoy et al., 2010, 2013; Meng et al., 2015), our study would be the first to examine recombinant human ACE2 as treatment for previously established pulmonary fibrosis, and against the development of group 3 PH and the associated cardiac abnormalities in animals following extended Bleo exposure. Our data suggest that rhACE2 treatment does not significantly alter PF in these animals, but prevents the vascular remodeling that may lead to PH, and improves some markers of cardiac function.

Although the onset of fibrotic scar in the IPF lung is idiopathic, this chronic lung disease is promoted by repeated parenchymal injury, vascular leak, recruitment and differentiation of fibroblasts, and pathologic remodeling in pulmonary circulation that culminates in *cor pulmonale* (Fernandez and Eickelberg, 2012). Bleomycin insult in rodents recreates these cascades of events with a significant disruption in the expression pattern of RAS components (Meng et al., 2015). A single injection of bleomycin in rodents causes the robust development of lung fibrosis and symptoms of PH, including elevated RVSP and RV dysfunction (Shenoy et al., 2010, 2013). To better mimic the slower progression of group 3 PH, in this study we utilized an animal model with repeated Bleo insult. The advantage of repeated Bleo administration is that it better mimics the sustained alveolar epithelial injury of IPF (Fernandez and Eickelberg, 2012), and pulmonary recovery, which limits the usefulness of the single-administration mouse model, is prevented. Functionally, these animals exhibited severe alteration in the lung architecture in addition to cardio-pulmonary vascular remodeling and elevated pulmonary arterial pressure. Recently, Bryant et al. demonstrated that vascular



leak and interaction between vascular smooth muscle and endothelial cells in animals given repeated bleomycin results in vascular remodeling, independent of the severity of PF (Bryant et al., 2016). Clinically, IPF-PH results in a progressive, irreversible lung damage; therefore, the treatment regimen for those patients are aimed at improving the pulmonary vascular rather than the fibrotic symptoms (Klinger, 2016). One weakness of the bleomycin rodent IPF model is that it depends on an initial inflammatory reaction, and compounds that prevent this inflammatory phase can show false promise for IPF treatment (Moeller et al., 2008). Thus, although multiple studies describe the preventive effect of ACE2 and Ang-(1-7) in bleomycin-induced PF, for better translation to human disease it is imperative to assess post-induction treatment. Here, we demonstrate that rhACE2 treatment after induction of IPF with repeated Bleo does not affect pulmonary fibrogenesis,

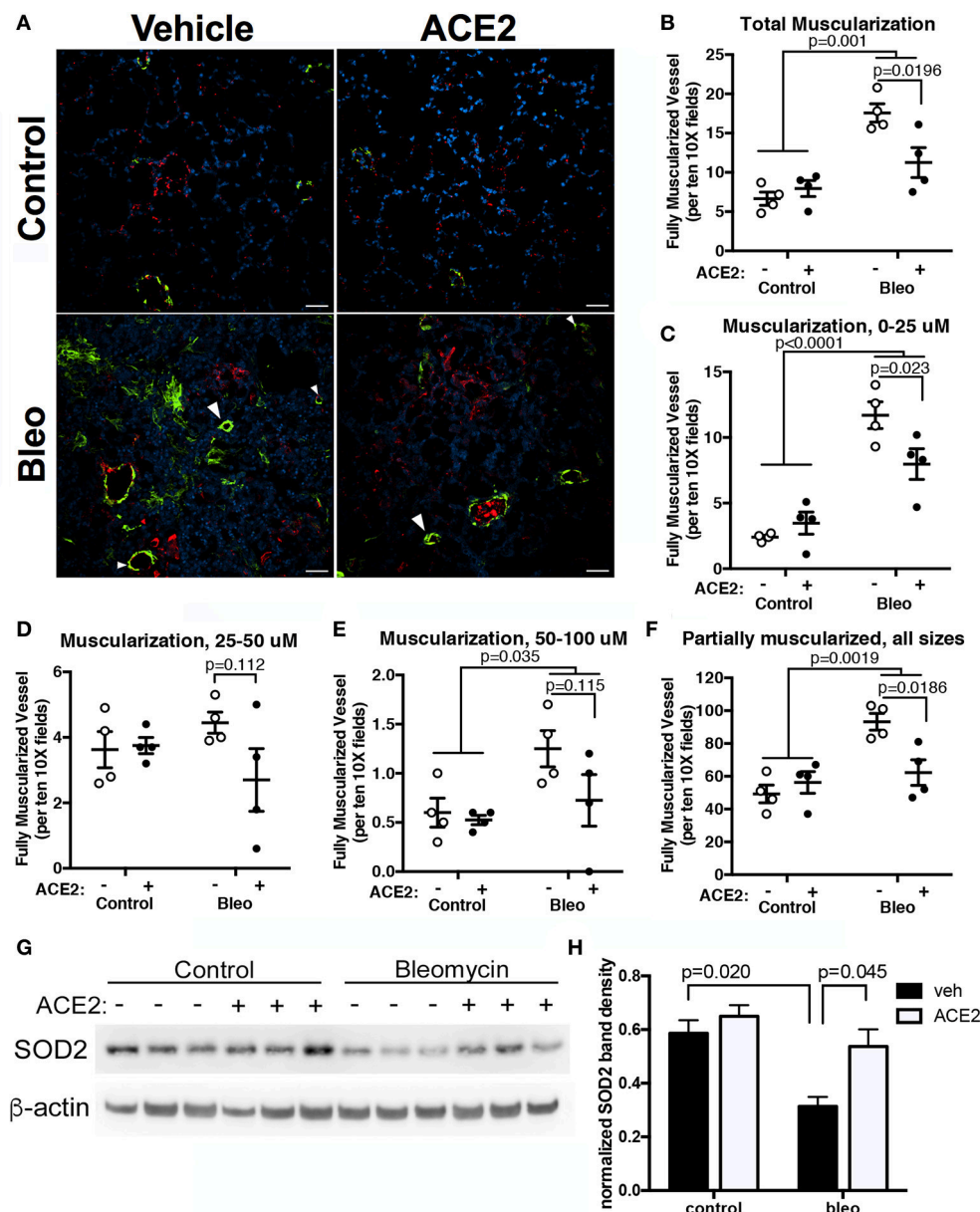


FIGURE 4 | rhACE2 treatment improves the pulmonary vascular remodeling in group 3 PH animals, while increasing pulmonary SOD2 expression. Lung sections were stained for α -SMA and von Willebrand factor, and random fields photographed at 10X. **(A)** Representative images of α -SMA-positive muscularized vessels (arrowheads). **(B–E)** ACE2 treatment decreased per field complete vessel muscularization regardless of vessel size: total **(B)**, 0–25 μ m **(C)**, 25–50 μ m **(D)**, and 50–100 μ m **(E)**, as well as partial muscularization of all vessels **(F)**; mean \pm SEM, $n = 4$ for all experimental groups). The results of two-way ANOVA followed by Holm-Sidak's post-test are shown; scale bars are 50 microns. **(G–H)** Bleomycin decreased SOD2 expression in mouse lung, which was normalized in mice treated with ACE2. Bands were quantified in ImageJ and normalized to β -actin. Shown are the results of a two-way ANOVA comparison followed by Holm-Sidak test ($n = 3$).

collagen expression, and extracellular remodeling, yet still decreases vascular remodeling. Similar to previous studies from our lab, using different models of pulmonary arterial hypertension (West et al., 2016a,b), the modest increase in RVSP was not enough to cause cardiac dysfunction as measured by echo. Thus, we are unable to conclusively comment on any rescue effects of ACE2 on RV function in this model. However,

our observations are in line with our findings that rhACE2 treatment primarily improved the PH symptoms in the present study.

The RAS is dysregulated in IPF, animal models of PF, PH, and in the animal PH model of RV pressure overload (Johnson et al., 2011; Shenoy et al., 2013; Meng et al., 2015). In IPF and bleomycin lungs, there is attenuated expression and activity

of ACE2 (Li et al., 2008). Similarly, a number of groups have demonstrated the dominant expression pattern of ACE and AT₁ receptor over ACE2 and Mas1 receptor in pulmonary and cardiovascular diseases (Qi et al., 2011; Shenoy et al., 2013; Meng et al., 2015). Activation of the ACE2/Ang-(1-7)/Mas1 axis by the administration of ACE2 or Ang-(1-7) results in enhanced ACE2 activity and promotes expression of ACE2/Mas1 over ACE/AT₁ in PF and PH; furthermore, augmentation of the ACE2/Ang-(1-7)/Mas1 axis improved the pathological symptoms associated with these heart and lung tissues (Shenoy et al., 2013; Meng et al., 2014, 2015). While ACE2 can also hydrolyze AngI to produce the bioactive peptide Ang-(1-9), its affinity for AngII is approximately 400x greater (Vickers et al., 2002); thus, the effects seen with ACE2 administration are more likely to be mediated by Ang-(1-7). Our group recently conducted an open-label phase IIa pilot study of rhACE2, and found that even an acute 4 h infusion of rhACE2 greatly improved the Ang II/Ang-(1-7) ratio, with a concomitant increase in the cardiac output (Hemnes et al., 2017). In the present study, we used continuously infused rhACE2 to activate the ACE2/Ang-(1-7)/Mas1 axis following induction of PF in mice with repeated Bleo injection. Although we did not quantify the expression pattern or the peptide levels of RAS members pre- and post-rhACE2 treatment, we have previously found that administration of rhACE2 for 2 weeks increases RV Mas1 expression in a mouse model of PAH (Johnson et al., 2011). To support the involvement of the Ang-(1-7)/Mas1 axis in this study, we have found that ACE2 treatment normalized pulmonary expression of SOD2 in Bleo mice; this complements our previous finding that synthetic agonist of the Mas receptor increases SOD2 expression in porcine pulmonary vessels (Carrier et al., 2016).

In our study, ACE2 treatment reduced muscularization of pulmonary vessels following bleomycin. We also observed an extensive lung tissue remodeling in conjunction with an accumulation of macrophages after repeated bleomycin. Numerous studies on PH have implicated that inflammatory signals produced at the site of injury due to infiltration of monocytes, macrophages, dendritic or natural killer cells or any other immune cells complement disease progression by directly promoting pulmonary vascular remodeling (El Chami and Hassoun, 2012; Rabinovitch et al., 2014). In this study, the increased CD68⁺ macrophages and expression of M2 macrophage markers in the bleomycin lung were not significantly diminished with ACE2 treatment, suggesting that reduced macrophage infiltration was not responsible for the reduction in vessel muscularization with ACE2 in bleomycin treated mice. Ang-(1-7) does reduce vascular smooth muscle proliferation *in vitro* (Freeman et al., 1996), and following vascular injury (Strawn et al., 1999) suggesting a possible direct effect on vascular smooth muscle. Short-term ACE2 treatment increases SOD2 expression in PH patients (Carrier et al., 2016), and SOD2 overexpression decreases proliferation and migration of vascular SMC while normalizing apoptosis (Archer et al., 2010; Wang et al., 2012). Because SOD2 is known to be reduced in PH patients (Bowers et al., 2004; Archer et al., 2010), and SOD2 siRNA creates a PAH phenotype in vascular SMC

(Archer et al., 2010), this suggests that ACE2 treatment could fill a necessary void in PH treatment by decreasing vascular remodeling.

Noticeable shortcomings of our study are the modest effects of bleomycin-induced PH on cardiac function, and the variable and limited rescue of PF and PH symptoms by rhACE2. The length of our rhACE2 treatment, and thus the study length, was limited by the potential immune response of mice to a recombinant human protein. Therefore, a follow-up study that used murine ACE2 to extend bleomycin exposure and mACE2 treatment time may find more significant effects both of Bleo-induced PF as well as mACE2 rescue and strengthen the case for the therapeutic benefits of rhACE2 in group 3 PH. However, our investigation is the first attempt to demonstrate that the rhACE2 limited the progression of group 3 PH in animal model, by improving vascular remodeling and normalizing SOD2 expression. Limiting vascular muscularization and possibly improving RV function would dramatically improve patient quality of life, since the available pharmacologically agents marginally benefit the irreversible chronic lung conditions in group 3 PH, and one study of lungs from 62 mixed-origin PH patients demonstrated that prostacyclin treatment does not reduce the pathology of vascular remodeling (Stacher et al., 2012). Although triple-combination therapy including synthetic prostacyclin may reduce pulmonary arterial pressure in group 1 PAH patients (Sitbon et al., 2014), it is yet unknown whether this will benefit IPF-associated PAH though the TRITON clinical trial investigating the efficacy of triple-combination therapy is currently including group 3 PAH patients (clinicaltrials.gov study NCT02558231). Despite the limitations of this investigation, the outcome of rhACE2 treatment in bleomycin animals contributes to a growing body of evidence that warrants further consideration of rhACE2 or promoters of the ACE2/Ang-(1-7)/Mas axis for treatment of group 3 PH.

AUTHOR CONTRIBUTIONS

AR, AB, JW, and EC conceived and designed the experiment. AR, AB, EC, TS, CM, SS, and SG performed the experiment. AR, JW, and EC analyzed the data. AR, JW, and EC wrote the paper.

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The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphys.2018.00271/full#supplementary-material>

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The Selective Angiotensin II Type 2 Receptor Agonist, Compound 21, Attenuates the Progression of Lung Fibrosis and Pulmonary Hypertension in an Experimental Model of Bleomycin-Induced Lung Injury

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Idiopathic Pulmonary Fibrosis (IPF) is a chronic lung disease characterized by scar formation and respiratory insufficiency, which progressively leads to death. Pulmonary hypertension (PH) is a common complication of IPF that negatively impacts clinical outcomes, and has been classified as Group III PH. Despite scientific advances, the dismal prognosis of IPF and associated PH remains unchanged, necessitating the search for novel therapeutic strategies. Accumulating evidence suggests that stimulation of the angiotensin II type 2 (AT₂) receptor confers protection against a host of diseases. In this study, we investigated the therapeutic potential of Compound 21 (C21), a selective AT₂ receptor agonist in the bleomycin model of lung injury. A single intra-tracheal administration of bleomycin (2.5 mg/kg) to 8-week old male Sprague Dawley rats resulted in lung fibrosis and PH. Two experimental protocols were followed: C21 was administered (0.03 mg/kg/day, ip) either immediately (prevention protocol, BCP) or after 3 days (treatment protocol, BCT) of bleomycin-instillation. Echocardiography, hemodynamic, and Fulton's index assessments were performed after 2 weeks of bleomycin-instillation. Lung tissue was processed for gene expression, hydroxyproline content (a marker of collagen deposition), and histological analysis. C21 treatment prevented as well as attenuated the progression of lung fibrosis, and accompanying PH. The beneficial effects of C21 were associated with decreased infiltration of macrophages in the lungs, reduced lung inflammation and diminished pulmonary collagen accumulation. Further, C21 treatment also improved pulmonary pressure, reduced muscularization

of the pulmonary vessels and normalized cardiac function in both the experimental protocols. However, there were no major differences in any of the outcomes measured from the two experimental protocols. Collectively, our findings indicate that stimulation of the AT₂ receptor by C21 attenuates bleomycin-induced lung injury and associated cardiopulmonary pathology, which needs to be further explored as a promising approach for the clinical treatment of IPF and Group III PH.

Keywords: pulmonary fibrosis, pulmonary hypertension, C21, AT₂ receptor, bleomycin, rats

INTRODUCTION

Idiopathic Pulmonary Fibrosis (IPF) is a chronic, progressive interstitial lung disease with a median survival of 3 years after diagnosis (Raghu et al., 2011). The origin of IPF remains unknown; however, smoking, viral infections, pollutants, and aging have been identified as potential risk factors (Wolters et al., 2014). Pulmonary hypertension (PH) is a common comorbidity in patients with IPF where it is classified as Group III PH by the World Health Organization (WHO). In fact, PH associated with IPF is considered as one of the principal predictors of mortality (Collum et al., 2017). The prevalence of IPF is growing at an alarming rate worldwide (Ley and Collard, 2013) and the available medical options are very limited. Currently, nintedanib (inhibits multiple tyrosine kinase) and pirfenidone (downregulates transforming growth factor β) are the only drugs approved for IPF treatment (Raghu and Selman, 2015). However, they provide little therapeutic efficacy, fail to prolong survival, and are associated with increased incidence of side effects (Canestaro et al., 2016). All these factors necessitate the search for novel strategies to effectively combat IPF and associated cardiopulmonary symptoms.

The renin angiotensin system (RAS) is a major driving force in maintaining renal, metabolic, and cardiovascular homeostasis. The members of the RAS family have been recently characterized into two major arms that exert opposing actions to one another (Iwai and Horiuchi, 2009)—(a) the deleterious ACE/Ang II/AT₁ receptor axis, which comprises of Angiotensin converting enzyme (ACE), Angiotensin II (Ang II), and the Angiotensin type 1 (AT₁) receptor; and, (b) the protective ACE2/Ang-(1-7)/Mas axis, consisting of Angiotensin converting enzyme 2 (ACE2), Angiotensin-(1-7) [Ang-(1-7)], and the Mas receptor. Interestingly, the beneficial effects of activating the ACE2/Ang-(1-7)/Mas axis have been associated with a

concomitant increase in the expression of Angiotensin type 2 (AT₂) receptor (Shenoy et al., 2014), suggesting an active role for this receptor against tissue/organ damage.

Consistent with the aforementioned observations, stimulation of the AT₂ receptor by a selective ligand, Compound 21 (C21) was shown to confer protection against experimental models of kidney damage (Patel et al., 2016), myocardial infarction (Kaschina et al., 2008), ischemic stroke (Joseph et al., 2014), and islet cell injury (Wang L. et al., 2017). C21 is a highly selective angiotensin II AT₂ receptor agonist with a K_i value of 0.4 nM for the AT₂ receptor and a K_i > 10 mM for the AT₁ receptor (Wan et al., 2004). We have recently reported that treatment with C21 (0.03 mg/kg/day, ip) after the establishment of disease pathogenesis effectively arrests the progression of monocrotaline-induced PH, and these beneficial effects are abolished by co-administration of the AT₂ receptor antagonist, PD123319 (Bruce et al., 2015). Though the effects of C21 have been evaluated against a wide variety of disease conditions and organ fibrosis (Wang Y. et al., 2017), its actions against PF and Group III PH are yet to be investigated. Hence, in this study, we investigated the therapeutic potential of C21 against lung fibrosis and associated cardiopulmonary complications in the bleomycin-model of lung injury. The bleomycin animal model mimics key pathophysiological features of human IPF and associated PH following intra-tracheal challenge (Nogueira-Ferreira et al., 2016).

MATERIALS AND METHODS

Reagents and Chemicals

Bleomycin sulfate (BLEO) was purchased from EMD Millipore (Billerica, MA). C21 was a kind gift from Vicore Pharma (Gothenburg, Sweden). α -smooth muscle actin (α -SMA) and CD68 antibodies were purchased from Abcam (Cambridge, MA, USA) and Dako (Santa Clara, CA, USA), respectively.

Animals

All animal procedures were approved by the Institutional Animal Care and Use Committee at the University of Florida, complied with National Institutes of Health guidelines and were performed in accordance with the Guide for the Care and Use of Laboratory Animals (Eight Edition, 2011, published by National Academics Press, 500 Fifth Street NW, Washington, DC 20001, USA).

Abbreviations: Agtr2, angiotensin type 2 receptor; Ang-(1-7), Angiotensin-(1-7); AT₁, angiotensin type 1; AT₂, angiotensin type 2; BLEO, bleomycin; BCP, bleomycin + compound 21 (prevention); BCT, bleomycin + compound 21 (treatment); Col1a1, Collagen, type 1, α 1; Col3a1, Collagen, type3, α 1; Ctgf, Connective Tissue Growth Factor; C21, compound 21; ECHO, echocardiography; ECM, extracellular matrix; EDA, end diastolic area; EF, ejection fraction; IL-6, Interleukin 6; IL-13, Interleukin 13; IPF, Idiopathic Pulmonary Fibrosis; LV, left ventricle; MMP, matrix metalloproteinases; MCP-1, monocyte chemoattractant protein 1; PF, pulmonary fibrosis; PH, Pulmonary Hypertension; RAS, renin angiotensin system; RVH, right ventricular hypertrophy; RVSP, right ventricular systolic pressure; TIMP, tissue inhibitor of metalloproteinase; TLR4, Toll Like Receptor 4.

Study Design

Two different protocols were followed in this study—Prevention and Treatment. For both the protocols, 8-week old male Sprague Dawley rats were used (Charles River Laboratories, Wilmington, MA). A pilot experiment was initially performed to determine the best time to initiate C21 injection for the treatment protocol. In this pilot study, PF and accompanying PH (Group III) was induced by a single intra-tracheal injection of BLEO (2.5 mg/kg \equiv 4U/kg, $n = 4$), while control animals received saline ($n = 4$). Three days after BLEO instillation, right ventricular (RV) hemodynamics was measured, and lung tissues were processed for histological examination. Based on

this pilot study, it was decided to initiate C21 treatment (0.03 mg/kg/day, ip) after 3 days of bleomycin-instillation (treatment protocol, BCT). However, for the prevention protocol C21 was administered immediately after bleomycin injection (prevention protocol, BCP). For both the protocols, ECHO assessment of RV function and hemodynamics were performed after 2 weeks of BLEO instillation. Lung and heart tissues were harvested for RNA and histological analysis. A subsequent experiment (both prevention and treatment) was performed to obtain all the five lung lobes for estimation of total lung collagen deposition. We have previously demonstrated that C21 was therapeutically active in the monocrotaline model of PH at a dose, 0.03 mg/kg/day (Bruce et al., 2015). At this dose, C21 did not alter any of the following parameters - basal systemic blood pressure, basal right ventricular systolic pressure, cardiac function, and gene expression in normal animals. Both C21 and BLEO were dissolved in sterile deionized water. The terminology AT₂ (human) has been used throughout the article to denote angiotensin type 2 receptor, except for gene expression studies, wherein, Agtr2 (rat) has been used.

TABLE 1 | Rat primers used for RT-PCR experiment.

No	Gene	Sequence
1.	Col1a1	Rn01463848_m1
2.	Col3a1	Rn01437681_m1
3.	Ctgf	Rn01537279_g1
4.	Mmp12	Rn00588640_m1
5.	Timp1	Rn01430873_g1
6.	IL-13	Rn00587615_m1
7.	Ccl2	Rn00580555_m1
8.	IL-6	Rn01410330_m1
9.	Tlr4	Rn00569848_m1
10.	Agtr2	Rn00560677_s1
11.	18S	Hs99999901_s1

Echocardiography and Hemodynamic Assessments

Transthoracic echocardiography was performed after 2 weeks of BLEO instillation to assess ventricular dimensions and cardiac function using a GE Vivid7 ultrasound machine with a 12-MHz transducer (GE Healthcare, NJ, USA). Following echocardiography, the right ventricular systolic

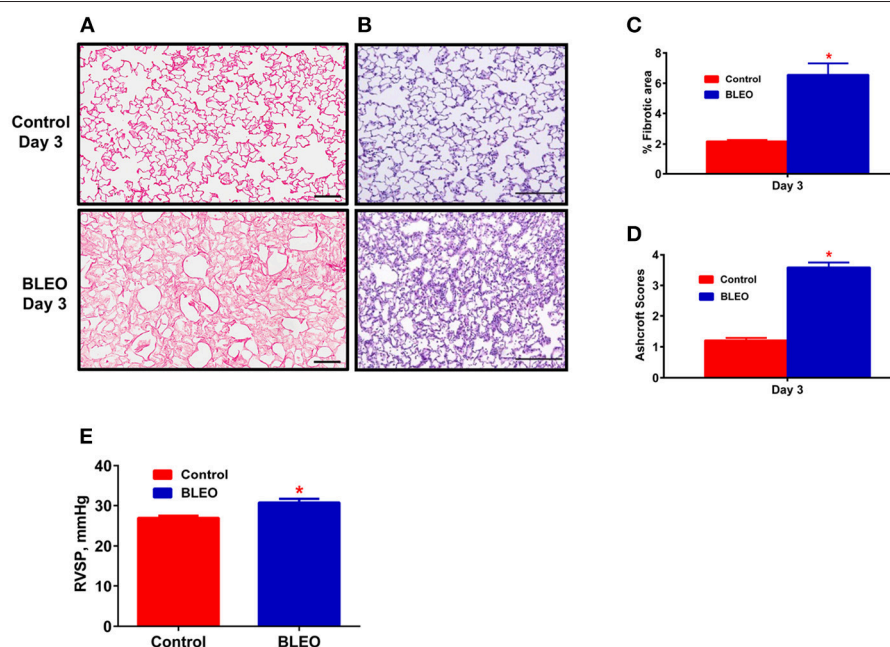


FIGURE 1 | Early onset of lung tissue remodeling and pulmonary hypertension in BLEO animals. **(A,B)** Representative images demonstrating picro-sirius and hematoxylin-eosin staining. **(C,D)** Summary data showing the lung tissue remodeling and fibrosis. **(E)** Summary data showing RVSP after 3 days of BLEO instillation. The data presented in **(C–E)** are mean \pm SEM ($n = 4$). *Represents a p -value of ≤ 0.05 when comparing BLEO animals against the controls. **(A)** Scale bar = 100 μ m and **(B)** Scale bar = 200 μ m.

pressure (RVSP) was measured as described previously (Rathinasabapathy et al., 2016). Subsequently, animals were sacrificed and organs were harvested for RNA, histology and hypertrophy assessments. Right ventricular hypertrophy [RVH = $RV/(LV+S)$] was calculated as the ratio of wet weight of right ventricle (RV) and left ventricle + intra-ventricular septum (LV+S).

Real-Time Quantitative RT-PCR Analysis

Real time qRT-PCR was performed using Taqman Gene Expression System (Life Technologies, USA) to evaluate gene expression of cytokines, fibrotic and extracellular matrix (ECM) markers viz. collagen type 1 (Col1a1), collagen type 3 (Col3a1), connective tissue growth factor (Ctgf), interleukin 13 (Il-13), matrix metalloproteinases 12 (Mmp12), tissue inhibitor of metalloproteinases 1 (Timp1), monocyte chemoattractant protein 1 (Ccl2), interleukin 6 (Il-6), toll like receptor 4 (Tlr4), and angiotensin receptor type 2 (Agtr2). Total RNA and cDNA preparation was performed as described previously (Anandharajan et al., 2009). Gene expression was calculated by the $\Delta\Delta CT$ method and data was presented as relative fold change from that of control animals. The rat primers have been listed in Table 1.

Histochemical Analysis

Following hemodynamic measurements, the left lobe of the lung was inflated with phosphate-buffered saline (PBS), followed by 10% neutral buffered formalin and stored in formalin overnight. Subsequently, the fixed lung tissue was processed (4 μ m section) and stained with picro-sirius red. Images were photographed at 10X magnification using an Aperio Imagescope (Leica Biosystems, US). Using Image-J software, the percent of fibrotic area was assessed. To determine remodeling of the lung tissue, sectioned lung specimens (4 μ m) were stained with hematoxylin-eosin (H&E) and imaged. Blinded Ashcroft scoring system was performed to grade the tissue remodeling across all experimental groups (Ashcroft et al., 1988). A minimum of 10 non-overlapping images was randomly chosen from each lung section for picro-sirius and H&E staining. For macrophage and muscularization analysis, lung sections (5 μ m) were stained with CD68 (1:100) and α -smooth muscle actin (1:200) antibody, respectively, and imaged at 10X (15 random fields/lung section). The degree of muscularization was determined by quantifying the amount of α -smooth muscle actin in different sized vessels (vessel inner diameter—0–25, 25–50, and 50–100 μ m). Briefly, when more than 70% of the pulmonary vessel wall is stained by smooth muscle actin, it is classified as completely muscularized, while if it is <70%, it is classified as partially muscularized. Results from each animal was averaged for the subsequent statistical analysis.

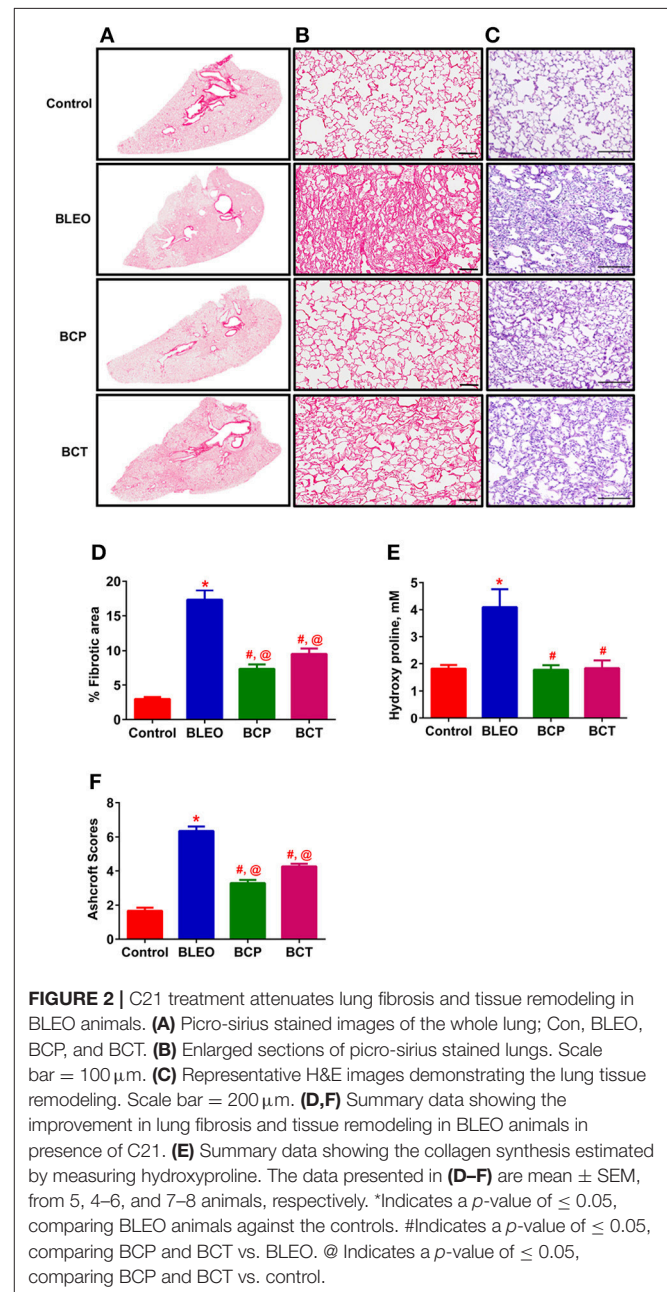
Collagen Estimation—Hydroxyproline Assay

Hydroxyproline assay was performed to estimate lung collagen deposition, as an index of fibrosis. In a separate set of experiments, all the five lung lobes were harvested from each

animal, and dried at 65°C for 3 h. Subsequently, the dried lungs were weighed and subjected to collagen estimation according to the protocol provided in the assay kit (Biovisions, CA).

Statistics

Graph Pad Prism, version 5.0 (La Jolla, CA) was used for statistical analysis. A simple student *t*-test was performed to analyze the data presented in Figure 1. One-way ANOVA followed by Newman-Keuls *post-hoc* analysis test was carried out for all the other end point experimental parameters. Values are represented as means \pm SEM, *p*-values \leq 0.05 were considered statistically significant.



RESULTS

C21 Treatment Attenuates Lung Fibrosis and Tissue Remodeling

A pilot 3-day study revealed considerable lung damage in BLEO animals compared to controls, as evidenced by picrosirius red and H&E staining ($p \leq 0.05$, **Figures 1A–D**). In addition, BLEO instilled animals showed significant increase in RVSP (**Figure 1E**). Based on these histological and hemodynamic assessments, we decided to initiate C21 treatment after 3 days of BLEO insult in the treatment protocol (BCT group, $n = 8$). On the other hand, C21 was injected immediately after BLEO instillation in the prevention (BCP) protocol. It is evident from **Figures 2A,B** that BLEO lungs are stained intense red (represents lung collagen accumulation) as compared to controls, and that this pattern is significantly attenuated by C21 in both BCP and BCT groups. Quantification of the red color collagen staining is provided in **Figure 2D**. Likewise, hydroxyproline analysis revealed that C21 treatment normalized BLEO-induced increase in hydroxyproline levels in both BCP and BCT groups ($p \leq 0.05$, **Figure 2E**). Further, Ashcroft scoring of the H&E stained lung sections showed considerable disruption of the lung architecture

(especially collapsed alveoli) upon bleomycin instillation, which was attenuated by C21 administration ($p \leq 0.05$, **Figures 2C,F**).

C21 Treatment Improves Ventricular Remodeling and Hemodynamics in Bleomycin Animals

Following 2 weeks of BLEO instillation, RVSP was significantly increased in the BLEO group as compared to controls ($p \leq 0.05$, **Figure 3A**). This increase in pressure was associated with development of RVH ($p \leq 0.05$, **Figure 3B**). However, administration of C21 substantially attenuated the altered hemodynamics and RVH in both the experimental protocols ($p \leq 0.05$, **Figures 3A,B**). Further, analysis of the ECHO images revealed a shift in the intra-ventricular septum toward the left ventricle in BLEO-instilled animals, which could be due to elevated RVSP. An increase in RV/LV end diastolic area (EDA) was also observed in BLEO animals that was accompanied with decreased ejection fraction (EF) ($p \leq 0.05$, **Figures 3C,E**). In line with the hemodynamics and RVH data, C21 treatment significantly improved the cardiac function in both the experimental protocols ($p \leq 0.05$, **Figures 3D,E**). Although C21

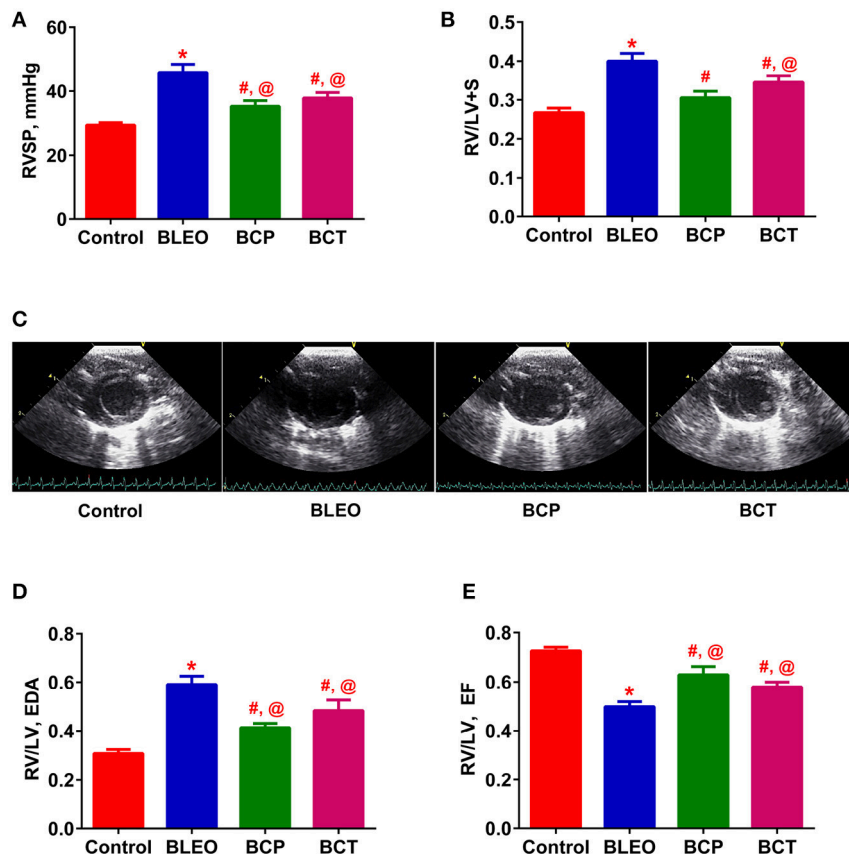


FIGURE 3 | C21 treatment attenuates the right ventricular remodeling in BLEO animals. (**A,B,D,E**) Summary data showing the improvement of RVSP, RVH, RV/LV EDA, and RV/LV EF in BLEO animals in presence of C21. (**C**) Representative images of parasternal short axis view of the ventricles on Day-14. Data represented in (**A,B,D,E**) are mean \pm SEM ($n = 6-8$). *Indicates a p -value of ≤ 0.05 , comparing BLEO animals against the controls. # Indicates a p -value of ≤ 0.05 , comparing BCP and BCT vs. BLEO. @ Indicates a p -value of ≤ 0.05 , comparing BCP and BCT vs. control.

treatment was beneficial in improving hemodynamic and all cardiac parameters in the prevention protocol, statistical analysis revealed that only RVH was completely prevented (BCP group), while all other parameters showed partial attenuation in both the experimental groups.

C21 Treatment Improves Pulmonary Vascular Remodeling in Bleomycin Animals

In order to investigate remodeling of the pulmonary vasculature, we performed α -smooth muscle actin staining and quantified the degree of muscularization. We observed extensive remodeling of the BLEO lungs as evidenced by an increase in the number of completely muscularized pulmonary vessels (0–100 μ m, $p \leq 0.05$, **Figures 4A–E**), as well as muscularization of the smaller vessels ($p \leq 0.05$, **Figures 4F–H**). In agreement with the hemodynamics and cardiac function data, C21 treatment significantly reduced muscularization of the pulmonary vessels

in both the experimental groups, when compared against the BLEO group ($p \leq 0.05$, **Figures 4E–G**). However, a detailed statistical analysis revealed that there was total prevention of the completely muscularized vessels, while other muscularization outcomes were partially prevented in the prevention protocol. Likewise, though statistically significant only partial attenuation of muscularization was observed in the BCT group.

C21 Treatment Attenuates the Expression of ECM and Inflammatory Markers, Along With Decreasing Macrophage Infiltration in Bleomycin Animals

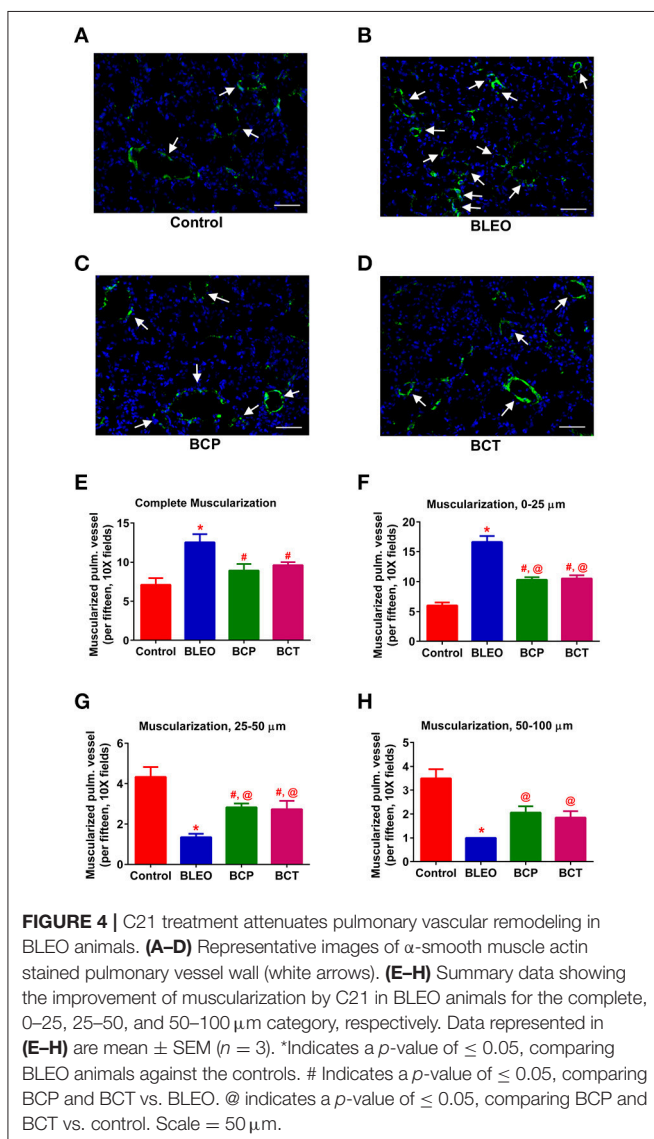
To investigate the possible mechanism (or pathways) by which C21 attenuates lung fibrosis, real time qRT-PCR determinations and immunohistochemical staining of the lung macrophages were performed. Gene expression of Col1a1 and Col3a1 was found to be significantly upregulated in BLEO animals, but was attenuated by C21 treatment ($p \leq 0.05$, **Figures 5A,B**). Similarly, C21 treatment significantly attenuated the gene expression of Ctgf, Mmp12, Timp1 and Il-13 in both the experimental protocols ($p \leq 0.05$, **Figures 5C–F**). Further, the key markers of inflammation, (Ccl2 and Il-6) and innate immune system (Tlr4) were also significantly upregulated in the BLEO animals, but significantly attenuated by C21 ($p \leq 0.05$, **Figures 6A–C**). As a next step, we performed immunohistochemical staining to estimate the infiltration of macrophages in the lungs. In line with our gene expression results, BLEO lungs exhibited significant infiltration of CD68⁺ macrophages, which was attenuated by C21 treatment in both the experimental groups ($p \leq 0.05$, **Figures 7A–E**). However, statistical analysis revealed that macrophage infiltration was normalized only in the BCP group, while it was partially attenuated in the BCT group.

C21 Treatment Alters the Expression of Angiotensin Type 2 Receptor in Bleomycin Animals

qRT-PCR determinations revealed that the expression of Agtr2 was considerably upregulated in the BLEO animals as compared with controls ($p \leq 0.05$, **Figure 8**). However, C21 treatment significantly reduced the expression of Agtr2 in both the experimental groups ($p \leq 0.05$, **Figure 8**).

DISCUSSION

The most significant finding of the present work is that pharmacological activation of the AT₂ receptor by C21 effectively mitigates PF, and improves cardiopulmonary complications in an experimental model of bleomycin-induced lung injury. We observed that C21 treatment of BLEO animals significantly: (1) reduces PH and decreases muscularization of the pulmonary vessels, along with restoring cardiac function; (2) prevents as well as attenuates the progression of PF by reducing ECM remodeling and lung collagen accumulation, and; (3) alleviates inflammatory stress by reducing the infiltration of lung macrophages. Collectively, these data suggest a potential role



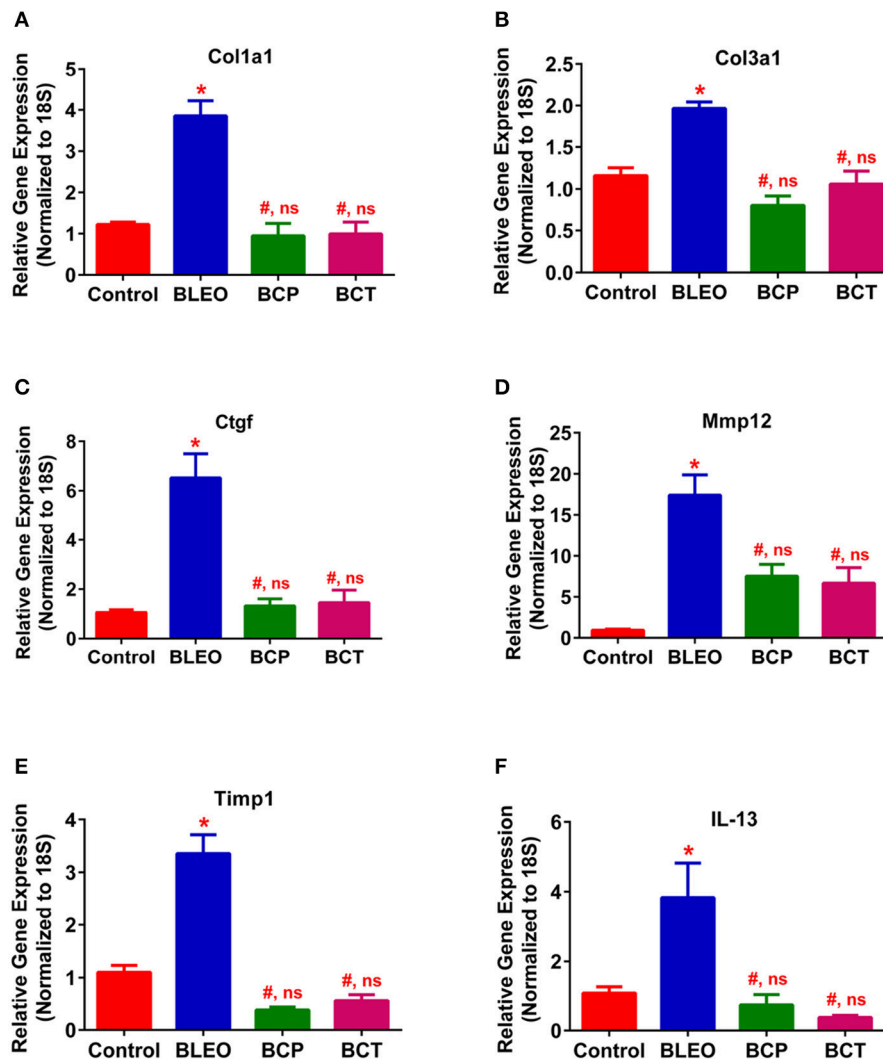


FIGURE 5 | C21 treatment attenuates the expression of markers of fibrosis and ECM in BLEO animals. **(A)** Col1a1, **(B)** Col3a1, **(C)** Ctgf, **(D)** Mmp12, **(E)** Timp1, and **(F)** IL-13. Data represented in **(A–F)** are mean \pm SEM, $n = 5$ animals/group. *Indicates a p -value of ≤ 0.05 , comparing BLEO animals against the controls. # Indicates a p -value of ≤ 0.05 , comparing BCP and BCT vs. BLEO. ns indicates a p -value of non-significant, comparing BCP and BCT vs. control.

of the AT₂ receptor and its synthetic activator (C21) in the treatment of patients with PF and associated Group III PH.

PH due to interstitial lung disease (IPF and chronic obstructive pulmonary disease) has been classified as Group III PH by the WHO. There is an increased incidence of PH and right heart failure in patients with IPF, which adversely affects disease outcomes and survival. To our knowledge, this is the first report to show that stimulation of the AT₂ receptor using a synthetic activator (C21) renders protection against bleomycin-induced cardiopulmonary injury, which could open up novel therapeutic avenues to tackle lung fibrosis and Group III PH. We chose to evaluate the effects of C21 in the BLEO-model since it mimics key pathological features of human IPF and associated PH. We have previously demonstrated that a single intra-tracheal injection of BLEO induces fibrosis and alters pulmonary hemodynamics

within 14 days of insult (Shenoy et al., 2013; Rathinasabapathy et al., 2016). In our experience, remodeling of the lung tissue and changes in pulmonary hemodynamics commence as early as 3 days, which worsens over time, causing considerable mortality after 15 days of intra-tracheal BLEO injection. For this reason, we terminate our experiments after 2-weeks of BLEO instillation. It was interesting to observe that markers of fibrosis and pulmonary pressure were elevated just after 3 days of bleomycin instillation. Thus, it appears that the pathology of PF and PH occur simultaneously in the bleomycin model. Though it is logical to believe that PH follows fibrotic lung injury, it is possible that both the pathological conditions might occur concurrently. From our study, it is difficult to figure out which pathology comes first—PF or PH. Additional studies in the bleomycin model are warranted to evaluate and clarify these points.

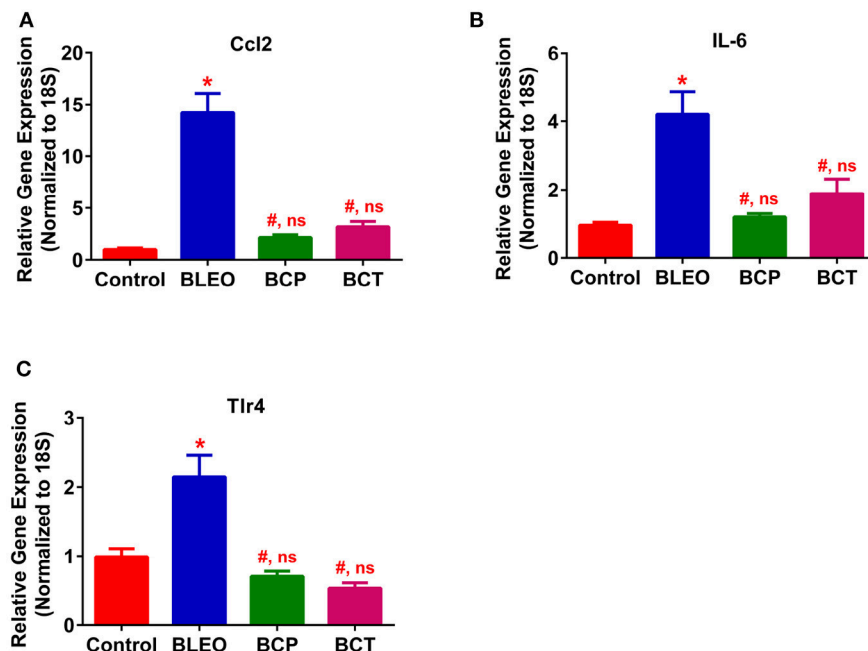


FIGURE 6 | C21 treatment attenuates the expression of inflammatory markers in BLEO animals (A) Ccl2, (B) IL-6, and (C) Tlr4. Data represented in (A–C) are mean \pm SEM, $n = 5$ animals/group. *Indicates a p -value of ≤ 0.05 , comparing BLEO animals against the controls. # Indicates a p -value of ≤ 0.05 , comparing BCP and BCT vs. BLEO. ns indicates a p -value of non-significant, comparing BCP and BCT vs. control.

Right ventricular structure and function is often altered in patients with IPF because of increased pulmonary vascular resistance and cardiac overload (Han et al., 2013; Rivera-Lebron et al., 2013). In our animal study, bleomycin-instillation was associated with ventricular hypertrophy and right heart dysfunction. Interestingly, treatment with C21 not only attenuated bleomycin-induced cardiac hypertrophy but also improved right heart function in both the experimental protocols. It is conceivable that the protective effects of C21 on the heart may be secondary to a reduction in fibrotic lung injury. However, it is also possible that C21 may exhibit direct actions on the heart. In fact, C21 has been shown to exert protective actions against experimental models of cardiovascular injury (Kaschina et al., 2008; Rehman et al., 2012). With regards to pirfenidone and nintedanib (the approved anti-fibrotic drugs), there exists limited data in the literature on the cardioprotective effects of these agents in the bleomycin model. However, pirfenidone, has been shown to produce beneficial actions on the heart (Avila et al., 2014). It would be interesting to evaluate the cardiopulmonary effects of a combination therapy with C21 and pirfenidone/nintedanib. In conjunction to improving the heart function, C21 treatment also improved pulmonary vascular remodeling by reducing the muscularization of smaller vessels, as evidenced by histology. A potential limitation of our study is that the lungs of BLEO-injected animals at the onset of C21 administration in the treatment protocol (Day 4) resembles early stage of IPF, and not an advanced disease stage. Further studies are warranted to evaluate the effects of C21 on the advanced stage of lung fibrosis by commencing C21 treatment

after 7 or 10 days of BLEO instillation. One another limitation is that we have not conducted antagonist experiments with an AT₂ receptor blocker (PD123319) to convincingly show that C21 mediates its anti-fibrotic effects via stimulation of the AT₂ receptor. Additional studies need to be performed with an AT₂ receptor blocker to address this deficiency. However, at this point we contend that the significant findings observed in the present investigation overrules the above mentioned potential limitations and ascertains that C21 could indeed be an effective strategy for the treatment of IPF and Group III PH.

Accumulating evidence indicate that the RAS has important functions within the cardiopulmonary system. While the role of the AT₁ receptor has been well-recognized, little is known about the functional significance of the AT₂ receptor. The reason being, there is a relatively lower expression of AT₂ receptor in the adult tissue. However, during injury, the receptor expression levels increase significantly (Matavelli and Siragy, 2015). There have been conflicting reports on whether the observed increase in AT₂ receptor during injury contributes to tissue damage, or that it plays a compensatory protective role. With regards to fibrotic lung injury, Königshoff et al., reported an upregulation of the AT₂ receptor in the lungs of IPF patients (Königshoff et al., 2007). Similarly, animal models of lung fibrosis were associated with increased pulmonary AT₂ receptor levels (Königshoff et al., 2007; Rey-Parra et al., 2012). Consistent with these reports, we also observed an elevation in the expression of lung AT₂ receptor in BLEO animals.

AT₂ receptor is primarily expressed by lung epithelial cells (Bullock et al., 2001), fibroblasts, and activated myofibroblasts

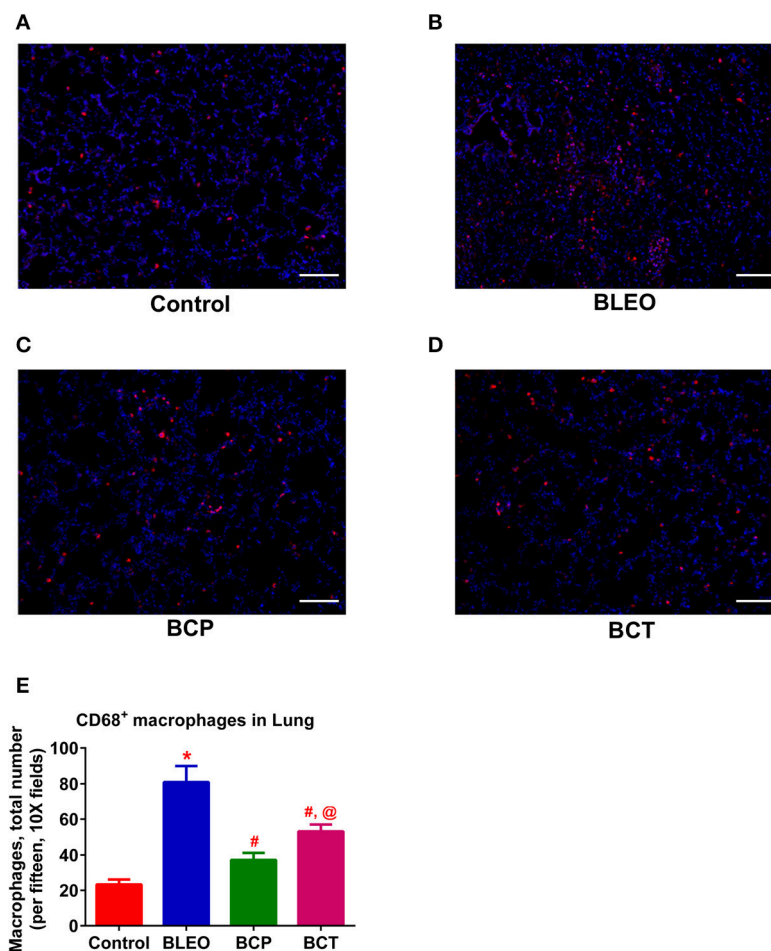


FIGURE 7 | C21 treatment reduces the infiltration of pulmonary macrophages in BLEO animals (A–D) Representative images of CD68⁺ macrophages. (E) Summary data showing the reduction of CD68⁺ pulmonary macrophages (red) in BLEO animals in presence of C21. Data represented in (E) is mean \pm SEM ($n = 3$). *Indicates a p -value of ≤ 0.05 , comparing BLEO animals against the controls. # Indicates a p -value of ≤ 0.05 , comparing BCP and BCT vs. BLEO. @ indicates a p -value of ≤ 0.05 , comparing BCP and BCT vs. control. Scale = 100 μ m.

(Königshoff et al., 2007). We propose that the observed upregulation of AT₂ receptor in BLEO animals could arise from increased numbers of lung fibroblast/myofibroblast, a common feature of fibrotic lung injury (Pardo and Selman, 2016). However, the AT₂ receptor levels were significantly lower in C21 treated animals, which correlated with reduced pathology. Further support that the AT₂ receptors are found on the myofibroblasts comes from a recent report by Kumar et al. (2016) who demonstrated that in cultured human lung fibroblasts (MRC5 cells), BLEO (5 μ g/ml) triggered the differentiation of fibroblasts into myofibroblasts with a marked elevation of expression level of fibrotic markers, fibronectin, alpha smooth muscle actin, collagen type1, and collagen type 3. Co-treatment of these cells with C21 (10 μ g/ml) blocked the expression of these markers (Kumar et al., 2016). Thus, a plausible explanation for our *in vivo* findings is that C21 may inhibit fibroblast proliferation or differentiation, and/or reduce the influx of circulating fibrocytes. Since there is less fibroblast/myofibroblast with C21 treatment, there is less AT₂ receptor in the treated

group. On the contrary, in the monocrotaline-induced PH model, we have reported that the AT₂ levels increase with C21 treatment. These contrasting findings could be attributed to differences in disease models (monocrotaline vs. bleomycin), the time of C21 treatment initiation, and/or the different lung cell-types involved in the disease pathology. We believe that identification of cell-types that express the AT₂ receptor in these two varied models of lung injury (Bleomycin and Monocrotaline) would be beneficial and help to resolve some of the observed discrepancy.

Lung fibroblasts are actively involved in the secretion of collagen type I, type III, and fibronectin, thus contributing to the accumulation of ECM proteins and fibrogenesis (Shimbori et al., 2013). The synthesis rates of types I and III collagen are regulated by the mRNA expression levels of Col1a1 and Col3a1, respectively. We observed that the gene expression of Col1a1 and Col3a1 are significantly upregulated in BLEO lungs, but normalized with C21 treatment in both the experimental protocols. Our results are in agreement with the recent findings,

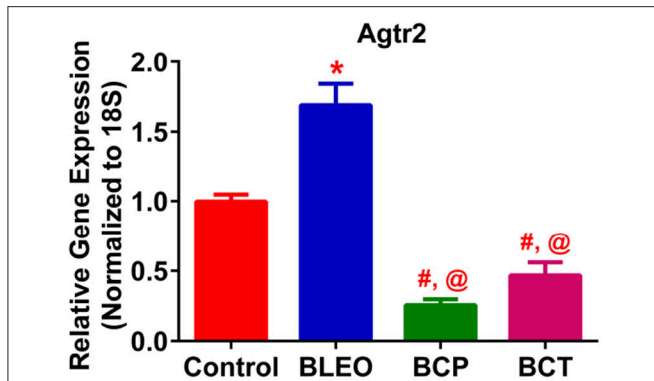


FIGURE 8 | C21 treatment attenuates the expression of Angiotensin type 2 receptor in BLEO animals. Treatment of BLEO animals with C21 attenuated the expression of Agtr2 in the lungs. Data represented is mean \pm SEM, $n = 5$ animals/group. *Indicates a p -value of ≤ 0.05 , comparing BLEO animals against the controls. #Indicates a p -value of ≤ 0.05 , comparing BCP and BCT vs. BLEO. @ indicates a p -value of ≤ 0.05 , comparing BCP and BCT vs. control.

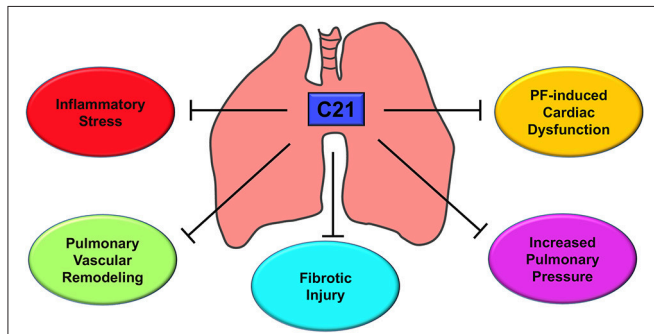


FIGURE 9 | Putative mechanism of action - AT₂R stimulation by C21. C21 exerts a host of actions on the cardiopulmonary system that include decrease in lung inflammatory stress, reduction of pulmonary vascular remodeling, attenuation of fibrotic lung injury, lowering of pulmonary pressure, and improvement of cardiac function. All these properties are responsible for the protective actions of C21 against pulmonary fibrosis and associated cardiac damage.

which demonstrated that stimulation of the AT₂ receptor with C21 suppresses collagen synthesis to exhibit anti-fibrotic actions in diverse models of organ fibrosis (Castoldi et al., 2016; Chow et al., 2016). Apart from collagen, a wide variety of matrix metalloproteinases (MMPs) and endogenous inhibitors of metalloproteinases (TIMPs, tissue inhibitor of MMPs) are involved in lung fibrogenesis (Giannandrea and Parks, 2014). In addition, upregulation of Il-13 and Ctgf (Guo et al., 2015; Yang et al., 2015) expression levels contribute to fibrotic lung

diseases. Hence, we wanted to investigate the effects of C21 on the gene expression of Mmp 12, Timp1, Il-13, and Ctgf. Interestingly, stimulation of the AT₂ receptor by C21 decreased levels of Mmp12, Timp1, Il-13, and Ctgf in both the experimental protocols. Our results are in line with the published literature (Koulis et al., 2015). Thus, the anti-fibrotic effects of C21 may be partly mediated by modulation of MMP's, TIMP's, Il-13, and CTGF.

Increasing evidence suggests that pharmacological activation of the AT₂ receptor attenuates inflammation and oxidative stress to exert anti-fibrotic actions (Koulis et al., 2015). In the present study, treatment of BLEO animals with C21 resulted in significant downregulation of Ccl2, Il-6, and Tlr4 in combination with reduced recruitment or infiltration of macrophages to the injured lung, could contribute to the observed protective effects. A recent review on AT₂ receptor agonists summarizes that the receptor activation by C21 mechanistically arrests and attenuates the multiple process of fibrosis by: (i) the direct inhibition of pro-inflammatory and fibrotic factors; (ii) inhibition of remodeling of macrophages and fibroblasts to myofibroblasts; and (iii) inhibition of secretion or synthesis of ECM or collagen by myofibroblasts (Wang Y. et al., 2017). Overall, these findings strongly support our contention that the activation of the AT₂ receptor by C21 has a direct role in providing anti-inflammatory and anti-fibrotic actions.

To improve life expectancy in patients with Group III PH due to fibrotic lung injury, it is preemptive to treat cardiovascular complications since fibrosis is an irreversible process. In this investigation, we have demonstrated that activation of the AT₂ receptor by C21 significantly decreased inflammatory stress, reduced pulmonary vascular remodeling, mitigated fibrotic lung injury, restored pulmonary hemodynamics, and attenuated cardiac dysfunction as represented in Figure 9. Collectively, our study provides the necessary experimental evidence to attempt the strategy of utilizing AT₂ receptor agonist for the treatment of IPF and Group III PH.

AUTHOR CONTRIBUTIONS

AR, MK, MR, and VS: Conceived and designed the experiment; AR, AH, KH, AK, DM, SG, GB, and VS: Performed the experiment; AR, TU, MR, JW, US, CS, MK, and VS: Analyzed the data; AR, US, CS, MK, and VS: Wrote the paper.

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Increased Drp1-Mediated Mitochondrial Fission Promotes Proliferation and Collagen Production by Right Ventricular Fibroblasts in Experimental Pulmonary Arterial Hypertension

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Introduction: Right ventricular (RV) fibrosis contributes to RV failure in pulmonary arterial hypertension (PAH). The mechanisms underlying RV fibrosis in PAH and the role of RV fibroblasts (RVfib) are unknown. Activation of the mitochondrial fission mediator dynamin-related protein 1 (Drp1) contributes to dysfunction of RV myocytes in PAH through interaction with its binding partner, fission protein 1 (Fis1). However, the role of mitochondrial fission in RVfib and RV fibrosis in PAH is unknown.

Objective: We hypothesize that mitochondrial fission is increased in RVfib of rats with monocrotaline (MCT)-induced PAH. We evaluated the contribution of Drp1 and Drp1–Fis1 interaction to RVfib proliferation and collagen production in culture and to RV fibrosis *in vivo*.

Methods: Vimentin (+) RVfib were enzymatically isolated and cultured from the RVs of male Sprague–Dawley rats that received MCT (60 mg/kg) or saline. Mitochondrial morphology, proliferation, collagen production, and expression of Drp1, Drp1 binding partners and mitochondrial fusion mediators were measured. The Drp1 inhibitor mitochondrial division inhibitor 1 (Mdivi-1), P110, a competitive peptide inhibitor of Drp1–Fis1 interaction, and siRNA targeting Drp1 were assessed. Subsequently, prevention and regression studies tested the antifibrotic effects of P110 (0.5 mg/kg) *in vivo*. At week 4 post MCT, echocardiography and right heart catheterization were performed. The RV was stained for collagen.

Results: Mitochondrial fragmentation, proliferation rates and collagen production were increased in MCT-RVfib versus control-RVfib. MCT-RVfib had increased expression of activated Drp1 protein and a trend to decreased mitofusin-2 expression. Mdivi-1 and P110 inhibited mitochondrial fission, proliferation and collagen III expression in MCT-RVfib. However, P110 was only effective at high doses (1 mM). siDrp1 also reduced fission in MCT-RVfib. Despite promising results in cell therapy, *in vivo* therapy with P110 failed to prevent or regress RV fibrosis in MCT rats, perhaps due to failure to achieve adequate P110 levels or to the greater importance of interaction of Drp1 with other binding partners.

Conclusion: PAH RVfib have increased Drp1-mediated mitochondrial fission. Inhibiting Drp1 prevents mitochondrial fission and reduces RVfib proliferation and collagen production. This is the first description of disordered mitochondrial dynamics in RVfib and suggests that Drp1 is a potential new antifibrotic target.

Keywords: mitochondrial fission, mitochondrial dynamics, dynamin-related protein 1 (Drp1), fibrosis, mitochondrial division inhibitor 1 (Mdivi-1), P110

INTRODUCTION

Pulmonary arterial hypertension (PAH) is characterized by pulmonary vascular obstruction, vascular stiffening and vasoconstriction, leading to increased right ventricular (RV) afterload and, consequently, right ventricular hypertrophy (RVH). Ultimately, pulmonary vascular disease leads to death from RV failure. Despite the importance of pulmonary vascular hemodynamics in PAH, RV function is the major determinant of the long-term prognosis (D'Alonzo et al., 1991; Sandoval et al., 1994; Campo et al., 2010; Ghio et al., 2010; Humbert et al., 2010; Sachdev et al., 2011; Voelkel et al., 2015). Some PAH patients, such as those with Eisenmenger's syndrome, respond to increased afterload with an adaptive form of RVH, which is associated with a good prognosis; whereas, others, such as patients with scleroderma, have a maladaptive form of RVH. While the differences between adaptive and maladaptive RVH remain poorly defined, patients with maladaptive RVH have worse functional capacity. These patients have greater impairment of angiogenesis, adrenergic signaling and metabolism, and display impaired RV morphology characterized by RV dilatation and fibrosis (Archer et al., 2013; Ryan and Archer, 2014).

Disorders of mitochondrial metabolism, notably an increase in uncoupled glycolysis due to activation of pyruvate dehydrogenase kinase (the Warburg phenomenon), contribute to impaired RV myocyte function in RVH (Piao et al., 2010, 2013; Fang et al., 2012). The Warburg phenomenon also promotes a hyperproliferative, apoptosis-resistant phenotype in pulmonary artery smooth muscle cells (PASMC) in PAH (Michelakis et al., 2002; McMurtry et al., 2004; Bonnet et al., 2006). A similar Warburg shift in metabolism in pulmonary adventitial fibroblasts, mediated by epigenetic changes in pyruvate kinase muscle isoform 2/isoform 1 ratio, contributes to a hyperproliferative, profibrotic vascular fibroblast phenotype in PAH (Zhang et al., 2017).

In addition to metabolic changes (Sutendra and Michelakis, 2014), the mitochondria in PAH display structural changes due to disorders of mitochondrial dynamics that are linked to cell cycle regulation (Marsboom et al., 2012) and production of reactive oxygen species (Tian et al., 2017). Mitochondria undergo dynamic cycles of fission (division) and fusion (union) to form a highly plastic network. The mitochondrial network is regulated by various GTPase, including the fusion mediators mitofusin-1 (MFN1), mitofusin-2 (MFN2), and optic atrophy-1 (OPA1) and the fission mediator, dynamin-related protein 1 (Drp1) (Chen et al., 2003; Westermann, 2010). Inactivated Drp1 resides in the cytosol. Once activated by either dephosphorylation at Serine 637 (Cereghetti et al., 2008; Sharp et al., 2014, 2015),

phosphorylation at Serine 616 (Taguchi et al., 2007; Marsboom et al., 2012), or both (Rehman et al., 2012), Drp1 translocates to the outer mitochondrial membrane where it associates with one or more of its binding partners, including fission protein 1 (Fis1), mitochondrial fission factor (MFF), and mitochondrial dynamics proteins of 49 and 51 kDa (MiD49 and MiD51) (Otera et al., 2010; Zhao et al., 2011; Loson et al., 2013; Chen et al., 2018). Activated Drp1 and its binding partners multimerize, forming a ring-like structure, which constricts and divides the mitochondrion, resulting in mitochondrial fission (Lee et al., 2004; Zhu et al., 2004; Chan, 2007; Youle and van der Bliek, 2012; Archer, 2013). Increased rates of mitochondrial fission are observed in PASMC in PAH, resulting in a fragmented mitochondrial network that promotes a hyperproliferative, apoptosis-resistant phenotype (Bonnet et al., 2007; Marsboom et al., 2012). This increase in mitotic fission is coordinated with cell cycle progression and reflects a shared reliance of fission and mitosis on certain kinases, including cyclin B1-CDK1 (Marsboom et al., 2012). However, the importance of increased fission is contextual and varies by cell type. For example, excessive mitochondrial fission in RV myocytes in PAH leads to increased production of mitochondrial-derived reactive oxygen species and impaired RV diastolic function (Tian et al., 2017), rather than changes in cell proliferation.

Inhibiting mitochondrial fission by targeting Drp1 has therapeutic potential in PAH. Mitochondrial division inhibitor 1 (Mdivi-1), a selective Drp1 GTPase activity inhibitor (Cassidy-Stone et al., 2008), inhibits mitochondrial fission and reduces proliferation in PASMC from PAH patients and improves hemodynamics *in vivo* in animal models of pulmonary hypertension (Marsboom et al., 2012). Mdivi-1 also inhibits mitochondrial fission in rat left ventricular (LV) myocytes and improves LV function both in *ex vivo* Langendorff ischemia-reperfusion injury model in rat and in *in vivo* cardiac arrest model in mouse (Sharp et al., 2014, 2015). P110, a relatively novel drug, is a 7-amino acid peptide representing a homology sequence between Drp1 and Fis1 (Guo et al., 2013; Qi et al., 2013). It is delivered across cell membranes and can cross the blood-brain barrier with the TAT_{47–57} carrier peptide (Guo et al., 2013). P110 selectively inhibits pathological, but not physiological mitochondrial fission (Guo et al., 2013; Qi et al., 2013). Blocking the interaction between Drp1 and Fis1 with P110 also preserves mitochondrial morphology and cellular function in rat cardiac myocytes under ischemia-reperfusion injury *in vitro* and *ex vivo* and improves LV function in an ischemia-reperfusion injury model *in vivo* (Disatnik et al., 2013). Our group has also demonstrated that P110 improves mitochondrial function and preserves RV diastolic function in

both normal and monocrotaline (MCT)-induced PAH rat RVs in ischemia-reperfusion injury model using the Langendorff preparation (Tian et al., 2017). However, Fis1 is not important to the increased fission observed in PAH PASM (Chen et al., 2018). The mitochondrial metabolic and mitochondrial dynamics profile of RV fibroblasts (RVfib) is unknown, as its potential relevance to RV fibrosis.

Here, we isolated RVfib from normal and pulmonary hypertensive rats and studied changes in mitochondrial dynamics. We focused on these cells as they are likely the major determinant of the RV fibrosis that occurs in maladaptive RVH. We compared RVfib from control versus monocrotaline (MCT)-induced PAH rats, using this well-established model because of the predisposition of the MCT RV to develop fibrosis and the MCT rat to die of RV failure. We characterized the mitochondrial dynamics in RVfib and examined the relationship between the observed increase in mitochondrial fission and increased rates of RVfib proliferation and collagen production. We then examined the effects of Mdivi-1 and P110 on mitochondrial morphology, cell proliferation and collagen production. We also evaluated the role of Drp1–Fis1 interaction in the regulation of mitochondrial fission in RVfib in PAH.

We demonstrate that MCT-RVfib have a fragmented mitochondrial phenotype due to excessive mitochondrial fission mediated by Drp1 activation. This phenotype persists in culture, suggesting it may be epigenetically mediated. This increase in fission promotes excess proliferation and collagen production. The Drp1 inhibitor Mdivi-1, small inhibitory RNA targeting Drp1 (siDrp1), and high doses of P110 each reverse mitochondrial fission. Both Mdivi-1 and high dose P110 reduce proliferation and collagen production in MCT-RVfib *in vitro*. Despite promising results in cell culture, P110 was not effective *in vivo*, at the administered dose. This is the first description of increased mitochondrial fission as a mediator of cardiac fibroblast proliferation and collagen production. Drp1 is a potential new antifibrotic target in PAH.

MATERIALS AND METHODS

Experiments were conducted in accordance with the published guidelines of the Canadian Council on Animal Care and approved by the Queen's University Animal Care Committee.

Reagents

Monocrotaline (MCT; C2401), Mdivi-1 (M0199), dimethyl sulfoxide (DMSO; D2650), collagenase (C0130), Dulbecco's modified Eagle's medium (DMEM; D5796), 10% neutral buffered formalin (HT501128), and bovine serum albumin (A7906) were purchased from Sigma (St. Louis, MO, United States). Both P110 and the peptide control sequence, TAT, were purchased from United Peptide (Herndon, VA, United States). L-glutamine (25030081), fetal bovine serum (SH3039603), penicillin-streptomycin (15140163), trypsin-EDTA (25200056), Hanks' Balanced Salt Solution (SH3058802), phosphate-buffered saline (PBS; SH3025601), paraformaldehyde (AC416780250), Triton X-100 (BP151-100), and Tween-20 (BP337-100) were

purchased from Thermo Fisher Scientific (Waltham, MA, United States). Fibroblast growth factor-basic was purchased from ProSpec (CYT-608; East Brunswick, NJ, United States).

Monocrotaline-Induced PAH Animal Model

Male Sprague–Dawley rats (~270 g) (Charles River, QC, Canada) received a single subcutaneous injection of monocrotaline (MCT; 60 mg/kg) ($n = 45$) or PBS ($n = 5$). We assessed the effects of P110 both as a prevention and as a regression intervention. In both protocols, P110 and TAT were administered at 0.5 mg/kg via intraperitoneal injection. In the prevention group (MCT-P3 group; $n = 5$), P110 was injected once at the time of injection of MCT.

There were two regression protocols. In one, P110 (MCT-P1 group; $n = 14$) or TAT (MCT-T1 group; $n = 14$) was injected on day 14 and 19 post MCT injection. In the other, P110 (MCT-P2 group; $n = 7$) or TAT (MCT-T2 group; $n = 5$) was injected on alternating days beginning day-10 post MCT injection.

Echocardiography

At week 4 after MCT injection, Doppler, 2-dimensional, and M-mode echocardiography was performed using a high-frequency ultrasound system (Vevo 2100; Visual Sonics, Toronto, ON, Canada), as described (Urboniene et al., 2010; Tian et al., 2017). The following variables were measured: pulmonary artery acceleration time (PAAT), main pulmonary artery (PA) inner diameter at the level of the pulmonary outflow tract during mid-systole, diastolic and systolic thickness of the RV free wall (RVFW), and tricuspid annular plane systolic excursion (TAPSE). RVFW systolic thickening was calculated as $(RVFW_{systole} - RVFW_{diastole})/RVFW_{diastole}$, and cardiac output (CO) was estimated as $HR \times VTI \times ID^2/4$, where HR is the heart rate, VTI is the systolic velocity time integral over the main PA flow obtained from pulsed-wave Doppler, and ID is the inner diameter of the main PA at mid-systole, as described previously (Piao et al., 2010; Urboniene et al., 2010; Prins et al., 2017; Tian et al., 2017).

Right Heart Catheterization (RHC)

At week 4, following cardiac ultrasound, invasive closed-chest RHC was performed to obtain RV pressure-volume loops. Briefly, rats were anesthetized with 5% isoflurane induction and maintained with 3% during procedures. A high-fidelity catheter (Scisense pressure-volume catheter; Transonic, London, ON, Canada) was advanced to RV through the right jugular vein and the right atria in closed-chest animals. During catheterization, animals were intubated and ventilated. RV pressure and volume were recorded continuously using Scisense ADV500 Pressure-Volume Measurement System (Transonic, London, ON, Canada) and LabScribe2 software (iWorx, Dover, NH, United States). RV systolic pressure and end-diastolic pressure (RVSP and RVEDP, respectively) were directly obtained from the pressure trace. Total pulmonary resistance (TPR) was then calculated as $mPAP/CO$, where CO is cardiac output calculated as $(RV \text{ end-diastolic volume} - RV \text{ end-systolic volume}) \times \text{heart}$

rate, and mPAP is the mean pulmonary artery pressure estimated as $0.61 \times \text{RVSP} + 2$ (Chemla et al., 2004).

Histological Analysis

After RHC, animals were sacrificed. RV and LV plus septum were then dissected for tissue weight measurement. Biopsies of RV free wall tissues were fixed in 10% buffered formalin. The fixed tissues were then embedded in paraffin and stained with picrosirius red, for measurement of collagen deposition.

Images of RV stained with picrosirius red were taken by a scientist who was blinded to the experimental groups, using a Leica digital color camera (Leica DFC310 FX, Leica Microsystems; Wetzlar, Germany) and Leica DM4000 B LED microscope with a 20X objective (Leica Microsystems; Wetzlar, Germany). For each sample, more than 4 areas were imaged and analyzed for the percentage of the collagen area using Leica software (LAS V4.7, Leica Microsystems; Wetzlar, Germany). Results are presented as the average percentage of all the sample areas stained with picrosirius red.

RV Fibroblasts Isolation

RVfib were isolated from control and monocrotaline rats ($n = 8$ each) using a modification of a previously described method (Agocha and Eghbali-Webb, 1997). Briefly, excised fresh RV free wall tissues were rinsed with ice-cold PBS twice and minced in ice-cold PBS into small pieces at ~ 0.5 mm. The minced tissues were then digested at 37°C in 2 mL Hanks' Balanced Salt Solution supplemented with 0.1% trypsin-EDTA and 200 U/mL collagenase in 15 mL conical tube by constant stirring at a speed of 1000 RPM via EppendorfTM ThermoMixer temperature control device (05412503; Thermo Fisher Scientific, Waltham, MA, United States) for 5 min, and the supernatant was discarded. A total of 2 mL digestion solution was added to the 15 mL conical tube for the next digestion. The second to the sixth digestions underwent constant stirring for 15 min each, and at the end of each digestion period the supernatant was aspirated and centrifuged. The pellet was suspended in culture medium and placed on a 100-mm culture dish (12-556-02; Fisher Scientific, Waltham, MA, United States). After the supernatant was aspirated, 2 mL of fresh digestion solution was added for the next cycle. On the second and the third days after the cell isolation, the cell culture dish was washed with PBS and replaced with new culture medium. Starting from the fourth day, the culture medium was replaced every 2 or 3 days. The identity of fibroblasts was confirmed by immunofluorescence using previously published criteria (positive for vimentin and negative for α -smooth muscle actin, von Willebrand factor, and heavy chain cardiac myosin) (Neuss et al., 1996; Agocha and Eghbali-Webb, 1997).

Cell Culture

Isolated RVfib were cultured in DMEM containing glucose (4500 mg/L), supplemented with 2 mM L-glutamine, 10% fetal bovine serum, penicillin/streptomycin (100 U/mL), and 4.6 ng/L fibroblast growth factor basic. Cells were treated with P110 or control peptide TAT (10, 50, 100 μM or 1 mM) daily, with small interfering RNA of Drp1 (siDrp1) or its negative control (NC1),

or with Mdivi-1 (25 μM) or DMSO once. Depending on the experiment they were studied 5, 24, 48, or 72 h post incubation with the study drug.

qRT-PCR

The mRNA was extracted from RVfib using the InvitrogenTM Ambion PureLink RNA Mini Kit (12183025; Thermo Fisher Scientific, Waltham, MA, United States), and then converted to cDNA with High-Capacity cDNA Reverse Transcription Kit (4368814; Thermo Fisher Scientific, Waltham, MA, United States). mRNA levels of Drp1, Fis1, MFF, MiD49, and MiD51 were assessed by Bio-Rad CFX96 qPCR instrument (Mississauga, ON, Canada). mRNA expression was normalized to GAPDH mRNA and the relative expression between groups was assessed using $2^{-\Delta\Delta C_t}$ equation. All the primers were purchased from IDT (San Jose, CA, United States).

Mitochondrial Networking

Mitochondrial fragmentation was evaluated with MitoTrackerTM Green FM (M7514; Thermo Fisher Scientific, Waltham, MA, United States) or tetramethylrhodamine methyl ester (TMRM; Cat #T668, Lifetechnologies; Carlsbad, CA, United States). Briefly, RVfib were cultured in a 35-mm glass-bottom dish (P35G-1.5-14-C; MatTek Corporation, Ashland, MA, United States) and incubated in culture medium containing 400 nM MitoTrackerTM Green FM or 25 nM TMRM at 37°C in the dark for 40 or 20 min, respectively. Images were then taken with a Leica SP8 confocal, laser-scanning microscope (Leica Microsystems; Wetzlar, Germany) with a 1.40 NA, 63X oil immersion objective with 3X digital zoom. Mitochondrial segments were identified using ImageJ (National Institutes of Health, Bethesda, MD, United States), and mitochondrial fragmentation count was calculated as the ratio of the number of individual mitochondria and the total area of these mitochondria, as described (Marsboom et al., 2012; Rehman et al., 2012).

In addition, mitochondrial morphology was also quantified via a machine-learning algorithm using the Leica LAS X software (Leica Microsystems; Wetzlar, Germany), as described (Chen et al., 2018). This algorithm automatically measures the percentage area of three morphology-based categories (punctate, intermediate, and filamentous) in an entire field of cells, independent of the operator. Briefly, an image that has mitochondria covering a large range of area, length, and aspect ratio was chosen, and more than 15 mitochondria from each category were manually selected from this image to inform the machine-learning algorithm. Subsequently, the algorithm was applied to all the images to obtain the percentage area of each category in each image. Results are presented as the average distribution of the three categories.

Proliferation Assay

Cell proliferation was assessed using the Click-iT[®] EdU Flow Cytometry Assay Kit following the manufacturer's instructions (C10420; Thermo Fisher Scientific, Waltham, MA, United States), as described (Hong et al., 2017). Briefly, 10 μM EdU (5-ethynyl-2'-deoxyuridine) was added to the culture medium for incorporation into DNA during active DNA

synthesis and the cell culture dish that did not have addition of EdU was taken as a negative staining control. A total of 24 h following the addition of EdU, cells were harvested, fixed, permeabilized, and labeled with Alexa Fluor® 488 azide. The analysis for proliferation was then performed using the analysis mode of the flow sorter SH800S (Sony Biotechnology Inc., San Jose, CA, United States). A total of 10,000 events were recorded, adjusted according forward and side scatter and the positive population was gated and analyzed using the 488 nm laser and FL2 filter (525 ± 50).

Immunoblotting

Proteins were extracted from RVfib with cell lysis buffer (#9803; Cell Signaling Technologies, Beverly, MA, United States) and 50 or 70 μ g (for phosphorylated Drp1 at Serine 616) protein was loaded to SDS-PAGE gel for immunoblotting. Images were taken with Chemidoc MP Imaging System (Bio-Rad Laboratories; Mississauga, ON, Canada) and analyzed with ImageJ (National Institutes of Health, Bethesda, MD, United States). The following antibodies were used: anti- β -actin (A5441; Sigma, St. Louis, MO, United States), anti-MFN2 (ab56889; Abcam, Cambridge, MA, United States), anti-phospho-Drp1 (Ser616) (#3455; Cell Signaling Technology, Danvers, MA, United States), anti-Drp1 (611112; BD Transduction Laboratories™, San Jose, CA, United States). β -actin was used as loading control. Note that for the gels running for phosphorylated Drp1 at Serine 616, the cells were collected on ice and low temperature was carefully maintained throughout all steps of protein isolation and processing.

Immunofluorescence

Cells were fixed in 4% paraformaldehyde at room temperature for 10 min, permeabilized with 1% Triton X-100 in PBS, blocked in 2% bovine serum albumin plus 0.05% Tween-20 in PBS for 30 min, and incubated with primary antibodies at 4°C overnight. The following primary antibodies were used: anti-collagen III (ab6310; Abcam, Cambridge, MA, United States), anti-collagen I (ab34710; Abcam, Cambridge, MA, United States), anti-phospho-Drp1 (Ser616) (#3455; Cell Signaling Technology, Danvers, MA, United States), anti-vimentin (ab8069; Abcam, Cambridge, MA, United States), anti- α -smooth muscle actin (ab5694; Abcam, Cambridge, MA, United States), anti-von Willebrand factor (ab6994; Abcam, Cambridge, MA, United States), and anti-heavy chain cardiac myosin (ab15; Abcam, Cambridge, MA, United States). Slides were then washed with PBS for 5 min three times and then incubated with secondary antibodies (Alexa Fluor-conjugated secondary antibodies Alexa Fluor 488 goat anti-rabbit #A-11034 and Alexa Fluor goat anti-mouse #A-11031; Invitrogen, Carlsbad, CA, United States) for 60 min at room temperature. Finally, slides were washed with PBS three times in the dark and mounted in ProLong™ Gold Antifade Mountant with DAPI (P36935; Thermo Fisher Scientific, Waltham, MA, United States). Images on phospho-Drp1 (Ser616) and collagen were taken with a Leica SP8 confocal, laser-scanning microscope (Leica Microsystems; Wetzlar, Germany) with a 1.40 NA, 63X oil immersion objective with 3X digital

zoom and with Leica DM4000 B LED microscope with a 20X objective (Leica Microsystems; Wetzlar, Germany). A microscopist blinded to treatment groups performed the analysis. Images for cell characterization were acquired with an EVOS image system (EVOS FL Color, Life Technologies; Carlsbad, CA, United States). The intensity of fluorescent signal for phospho-Drp1 (Ser616) and collagen I and III was measured using ImageJ software (National Institutes of Health; Bethesda, MD, United States).

Statistical Analysis

All of the data are reported as mean \pm standard error of the mean (SEM). Two-tailed, Student's *t*-test, paired *t*-test, Chi-Square test, or analysis of variance (ANOVA) was performed as appropriate. Statistical analyses were performed using the GraphPad Prism version 7.04 for Windows (GraphPad¹ Software, La Jolla, CA, United States). A *P* < 0.05 was considered statistically significant.

RESULTS

Mdivi-1, siDrp1, and P110 at High Dose Inhibit Mitochondrial Fission in MCT-RV Fibroblasts

The identity of isolated fibroblasts from RV was confirmed with immunofluorescence positive for vimentin and negative for α -smooth muscle actin, von Willebrand factor, and heavy chain cardiac myosin staining (Supplementary Figure S1). Compared to control-RVfib, MCT-RVfib displayed excessive mitochondrial fission indicated by increased mitochondrial fragmentation count (MFC) and decreased percentage area of filamentous mitochondria (Figure 1). Both Mdivi-1 (25 μ M) treatment for 5 or 24 h and siDrp1 for 48 h inhibited mitochondrial fission in MCT-RVfib, whereas P110 treatment for either 5, 24, or 48 h at a dose of 10, 50, or 100 μ M did not significantly inhibited mitochondrial fission in MCT-RVfib (Figure 1 and Supplementary Figure S2). Treatment with P110 at a high dose (1 mM) for 3 days significantly inhibited mitochondrial fission in MCT-RVfib with no effect on Control-RVfib (Figures 1D,E).

Mdivi-1 and P110 at High Dose Reduce Proliferation in MCT-RV Fibroblasts

Compared to Control-RVfib, MCT-RVfib had higher proliferation rates (Figure 2). Mdivi-1 (25 μ M) treatment for 48 h significantly reduced proliferation rates in MCT-RVfib (Figure 2). Treatment with P110 for 48 h at a dose of 10, 50, or 100 μ M had no significant effect on the proliferation of MCT-RVfib (Figure 2). Again, treatment with P110 at a high dose (1 mM) for 3 days significantly reduced proliferation rates in MCT-RVfib but also in Control-RVfib (Figure 2). Preliminary study found that treatment with P110 at low doses (0.5 mM or lower) for 3 days did not reduce proliferation rates on RV fibroblasts from two MCT rats (data not shown).

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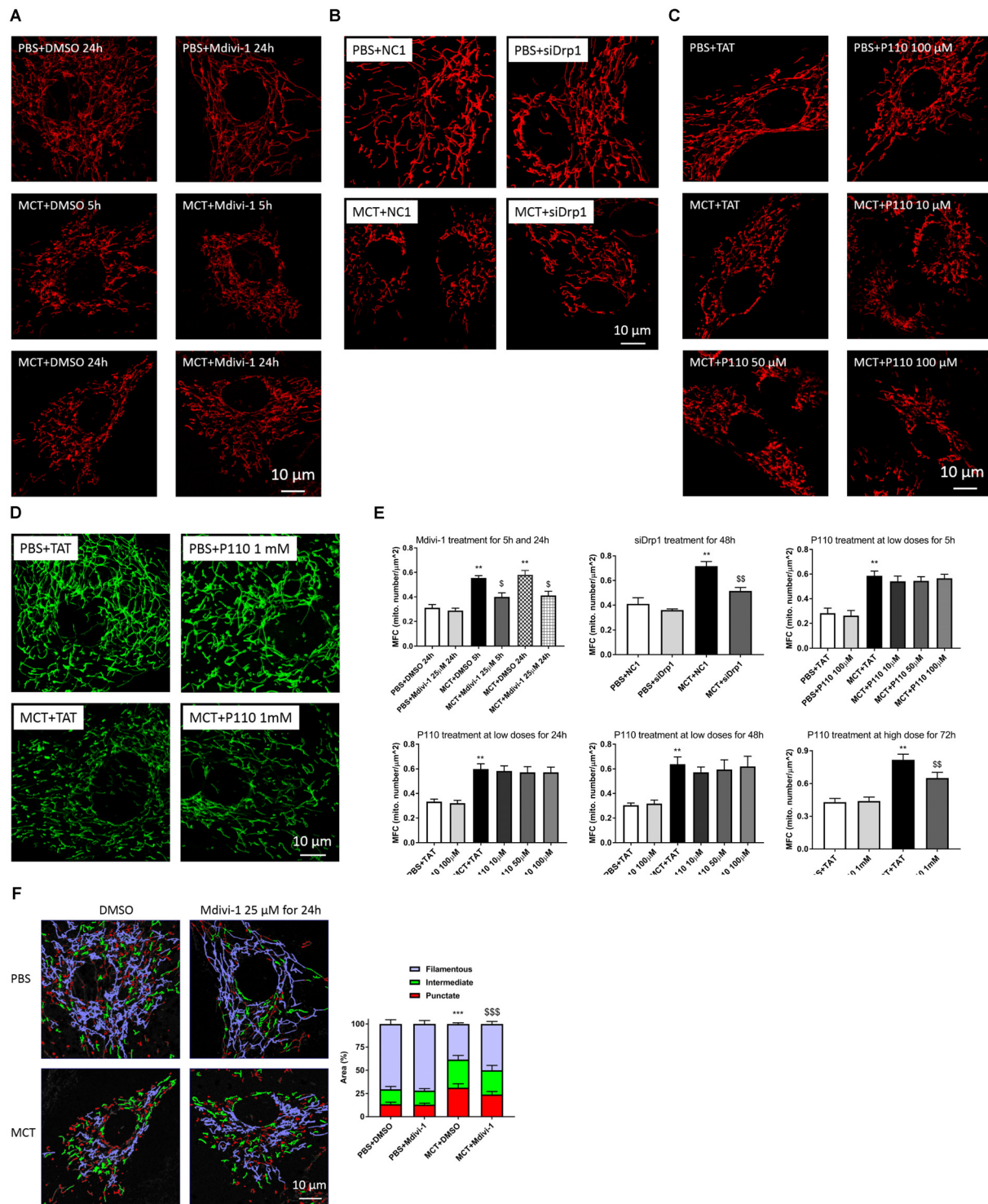


FIGURE 1 | Monocrotaline (MCT)-induced RVfib display mitochondrial fragmentation and mitochondrial division inhibitor 1 (Mdivi-1; 25 μ M) for both 5 and 24 h, small interfering RNA targeting Drp1 (siDrp1) for 48 h, and P110 treatment at high dose (1 mM) for 3 days inhibited mitochondrial fission, whereas P110 at a dose up to 100 μ M for 5, 24, and 48 h has no significant effect. Representative mitochondrial network stained with TMRM in RVfib with and without **(A)** Mdivi-1 for 5 and 24 h, **(B)** siDrp1 for 48 h, or **(C)** P110 (up to 100 μ M) treatment for 5 h; **(D)** Representative mitochondrial network stained with MitoTracker™ Green FM with P110 and its control TAT (1 mM) treatment for 3 days; **(E)** Summary of mitochondrial fragmentation count (MFC) in RVfib; **(F)** Representative mitochondrial network divided into three categories (punctate, red; intermediate, green; filamentous, purple) in RVfib treated with Mdivi-1 (25 μ M) for 24 h and summary of area distribution of the three categories. ** $P < 0.01$ and *** $P < 0.001$ versus PBS+DMSO, PBS+NC1, or PBS+TAT group; \$ $P < 0.05$, \$\$ $P < 0.01$, and \$\$\$ $P < 0.001$ versus the corresponding vehicle control group (i.e., MCT+DMSO, MCT+NC1, or MCT+TAT). $n = 5$ per group except for the PBS+NC1 and PBS+siDrp1 groups ($n = 2$).

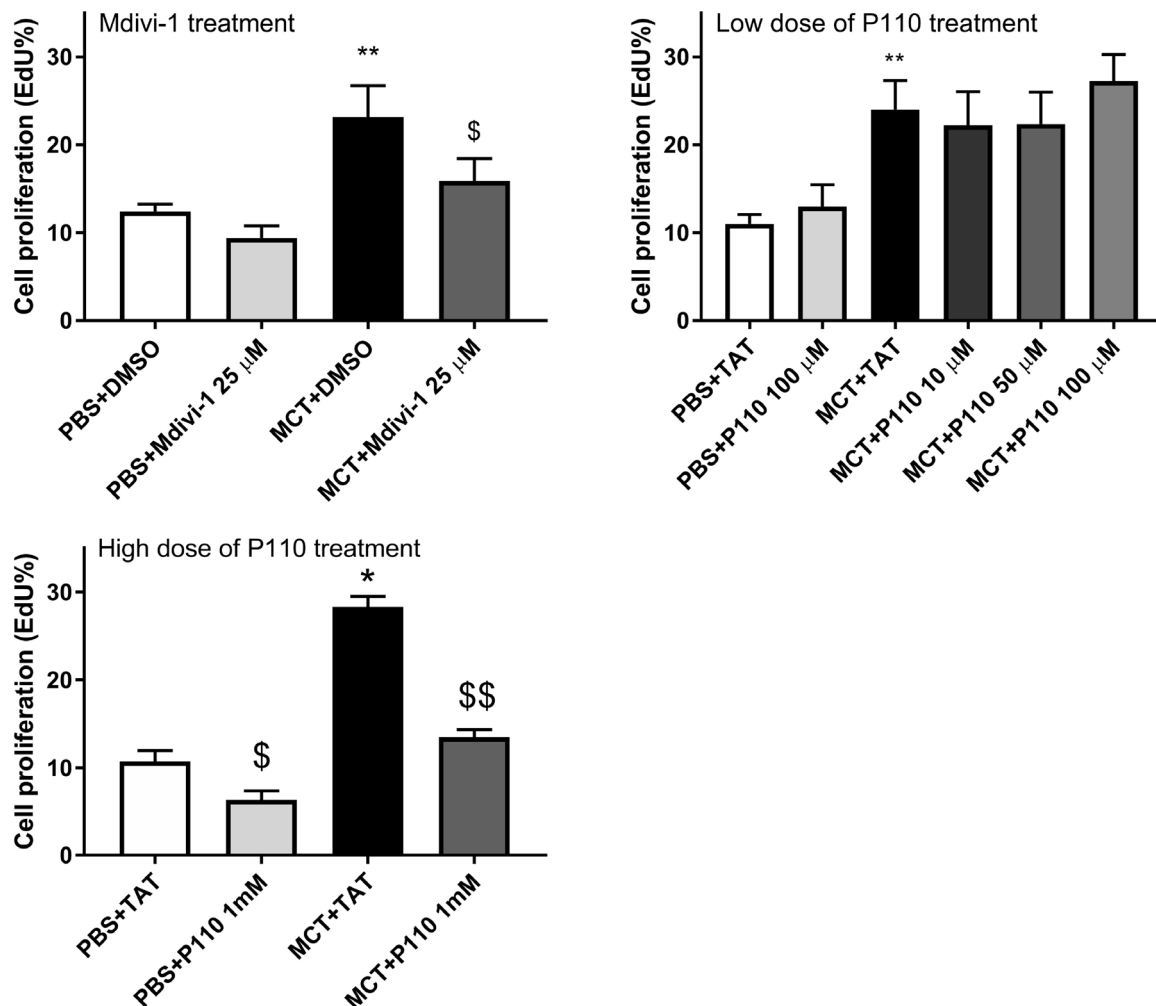


FIGURE 2 | Compared to control, monocrotaline (MCT)-induced RVfib are hyperproliferative as measured by Click-IT® EdU assay. Mitochondrial division inhibitor 1 (Mdivi-1; 25 μ M) for 2 days and high dose of P110 (1 mM) for 3 days reduced proliferation in MCT-RVfib whereas lower doses of P110 had no effect. * $P < 0.05$ and ** $P < 0.01$ versus PBS+DMSO or PBS+TAT group; \$ $P < 0.05$ and \$\$ $P < 0.01$ versus the corresponding vehicle control group. $n = 5$ per group.

Mdivi-1 Reduces Collagen Production in MCT-RV Fibroblasts

Compared to Control-RVfib, MCT-RVfib increased collagen production in both types I and III, though only statistically significantly in type III (Figure 3). Mdivi-1 (25 μ M) for 3 days significantly reduced type III collagen production in MCT-RVfib, while P110 (1 mM) for 3 days showed a trend ($P = 0.14$) in reducing type III collagen production in MCT-RVfib (Figure 3).

MCT-RV Fibroblasts Have Increased Phosphorylated Drp1 at Serine 616

Activated Drp1 (phosphorylation at Serine 616) measured via immunofluorescence was significantly increased in MCT-RVfib versus Control-RVfib (Figures 4A–C), which is confirmed with immunoblotting (Figure 4D). qRT-PCR measurement showed that there was no significant difference between Control-RVfib and MCT-RVfib in the mRNA expression of total Drp1, Fis1,

MFF, MiD49, or MiD51 (Figure 4E). Immunoblotting also did not find significant change in total Drp1 in MCT-RVfib versus the control (Figure 4F). In addition, qRT-PCR measurement found no significant difference between groups in the mRNA expression of fusion mediators (MFN1, MFN2 and OPA1) (Supplementary Figure S3). However, there was a trend toward reduction in the expression of MFN2 mRNA ($P = 0.32$) and protein ($P = 0.18$) in MCT-RVfib versus Control-RVfib (Supplementary Figures S3, S4).

P110 Does Not Improve RV Function in MCT Rats

At week 4 post-injection of MCT or PBS, the body weight of MCT rats was significantly less than PBS (i.e., control) rats and was not altered by P110 treatment (either prevention or regression) (Supplementary Figure S5). Compared to control (i.e., PBS), MCT rats had significantly increased total

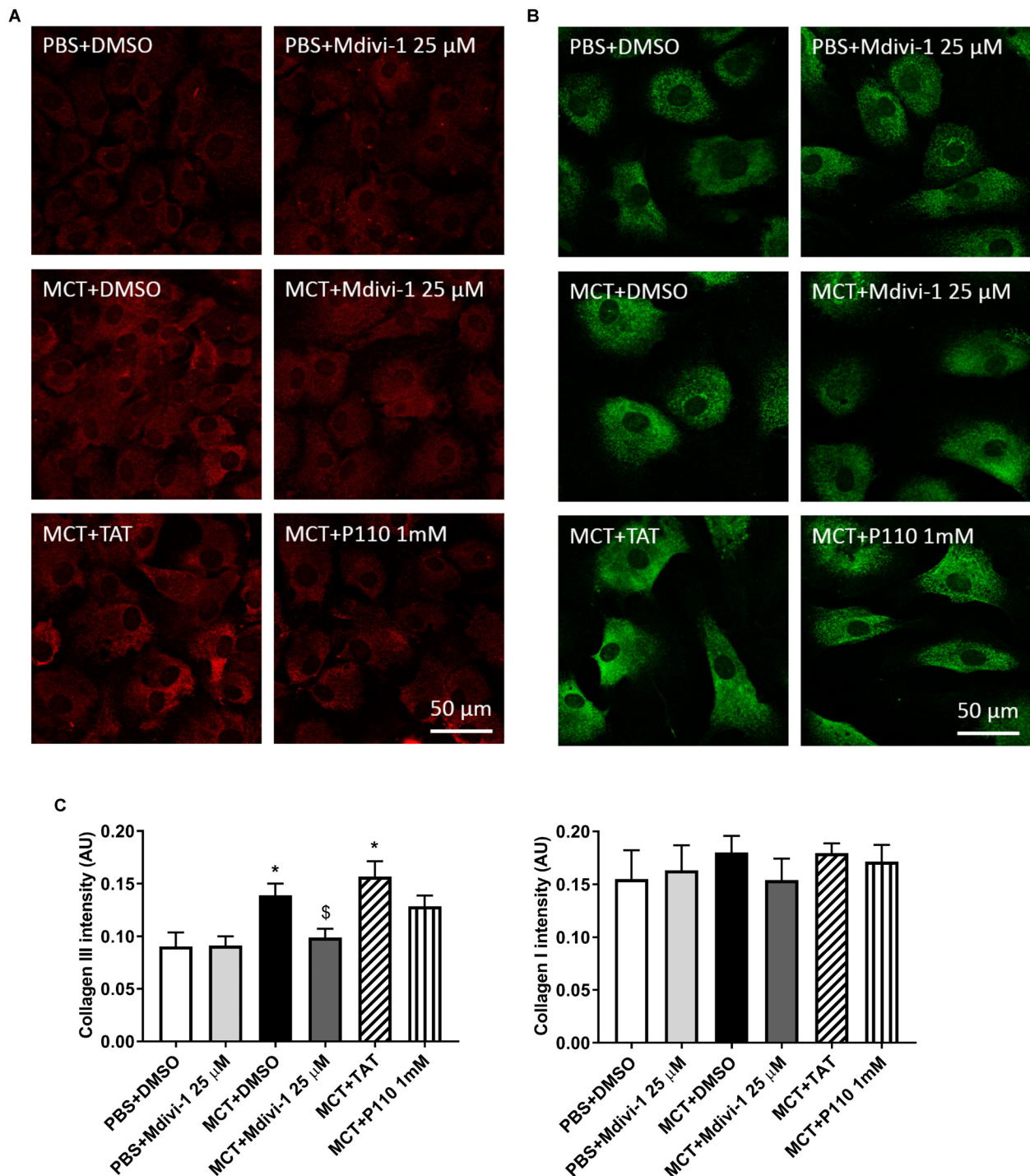
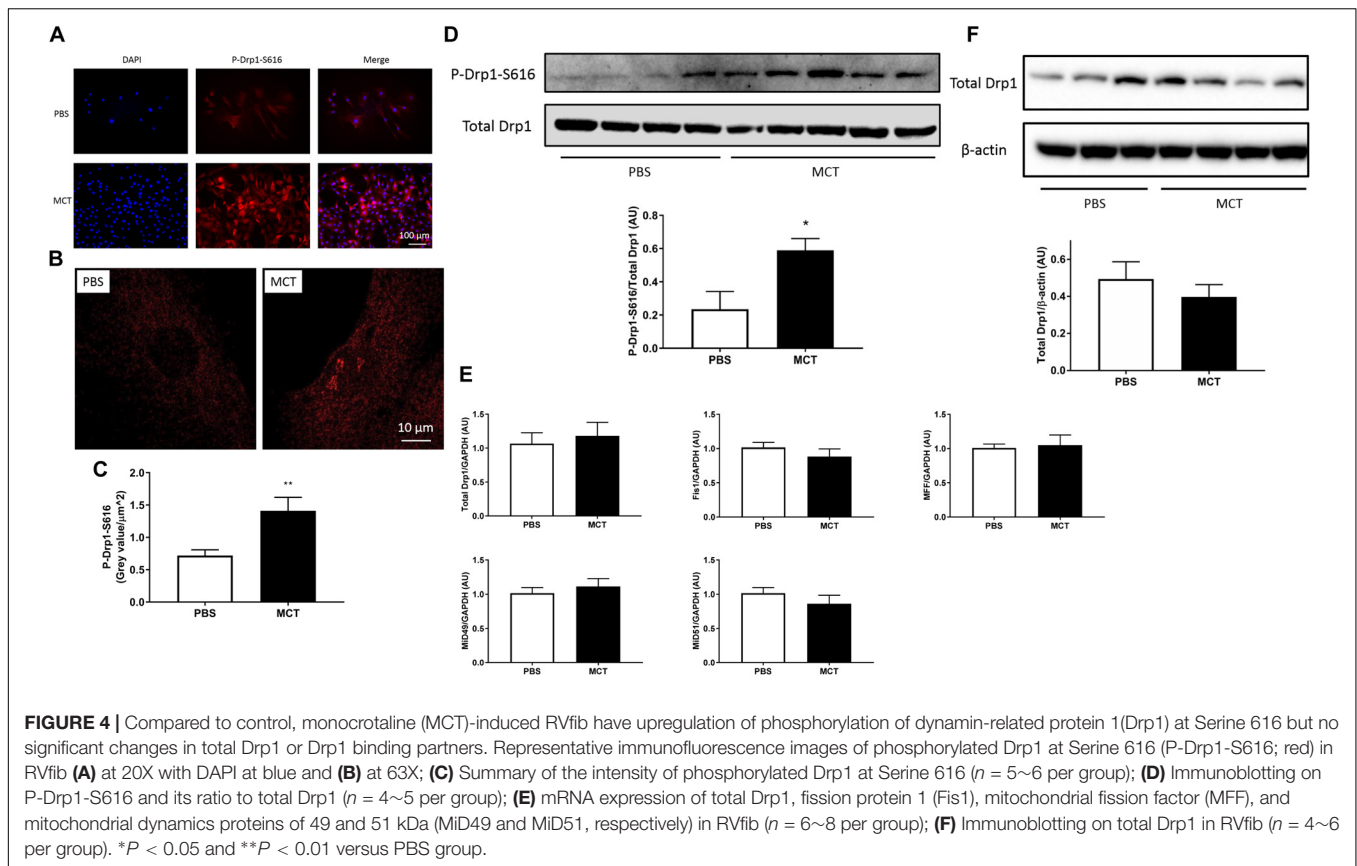


FIGURE 3 | Compared to control, monocrotaline (MCT)-induced RVfib have significantly greater production of collagen type III but not collagen type I. Mitochondrial division inhibitor 1 (Mdivi-1; 25 μ M) significantly reduced type III collagen production and P110 (1 mM) for 3 days showed a trend in reducing type III collagen production ($P = 0.14$). Representatives of (A) type III (red) and (B) type I (green) collagen in RVfib characterized by immunofluorescence; (C) Summary of intensity of the fluorescent signal. * $P < 0.05$ versus PBS+DMSO group; \$ $P < 0.05$ versus MCT+DMSO group. $n = 5\sim6$ per group.

pulmonary resistance (TPR, estimated from RHC; **Figure 5A**) and developed RV hypertrophy (RVH) (**Figure 5B**). MCT rats had higher pressure in both PA and RV as indicated by

shorter pulmonary artery acceleration time (PAAT) (measured by echocardiography; **Figure 5B**) and higher RV systolic pressure (RVSP) and RV end-diastolic pressure (RVEDP)



(measured by RHC; **Figure 5A**). Also, MCT rats had reduced RV contractility manifest as reduced RVFW systolic thickening, reduced tricuspid annular plane systolic excursion (TAPSE), and reduced cardiac output (CO) (**Figure 5B**). P110 treatment did not improve RV function in MCT rats in either the prevention protocol (P110 was administered at the time of MCT injection) or the two regression protocols (P110 administered on day 14 and 19 or every other day from day 10) (**Figure 5**).

MCT RV Develops Fibrosis That Is Not Altered by P110 Treatment

Compared to control, MCT rats developed greater RV fibrosis, as observed from picrosirius red staining (**Figure 6**). *In vivo* P110 treatment did not prevent or regress RV fibrosis in MCT rats (**Figure 6**).

DISCUSSION

This study examined the role of disordered mitochondrial dynamics in the hyperproliferative, collagen-producing phenotype of RV fibroblasts derived from rats with MCT-induced PAH. The study revealed five significant findings. First, MCT-RVfib display excessive mitochondrial fission and this phenotype persists in culture. Second, MCT-RVfib are hyperproliferative. Third, MCT-RVfib have increased expression

of activated Drp1 (phosphorylated at Serine 616). Fourth, the mitochondrial fission is crucial to the hyperproliferative, profibrotic phenotype, since Mdivi-1 treatment, which inhibits mitochondrial fission, also reduces proliferation and collagen production, indicating Drp1 is a potential antifibrotic target. Fifth, P110, a competitive peptide that antagonizes the interaction between Drp1 and Fis1 also reduces mitochondrial fission and RVfib proliferation *in vitro*; however, it only has these effects at very high doses. Moreover, P110 failed to prevent or regress RV fibrosis or improve RV function *in vivo*. These data suggest that Drp1-mediated fission is central to the RVfib hyperproliferative, profibrotic phenotype in MCT-PAH.

Changes in mitochondrial dynamics regulates vital cellular functions including metabolism, cell cycle progression, and apoptosis (Archer et al., 2008; Suen et al., 2008; Rehman et al., 2012). Excessive mitochondrial fission has been observed in PAH in RV myocytes (Tian et al., 2017), pulmonary artery smooth muscle cells (PASMC) (Marsboom et al., 2012; Chen et al., 2018), and pulmonary adventitial fibroblasts (Plecita-Hlavata et al., 2016). In PASMC, excessive mitotic fission is associated with increased proliferation and is thought to reflect coordination between division of the nucleus and mitochondria (Marsboom et al., 2012; Chen et al., 2018). In PAH PASMC, this fissogenic phenotype is mediated by both posttranslational modification of Drp1, leading to its activation, and increased interaction of Drp1 and upregulation of its recently discovered binding partners, MiD49 and MiD51 (Chen et al., 2018). Similar

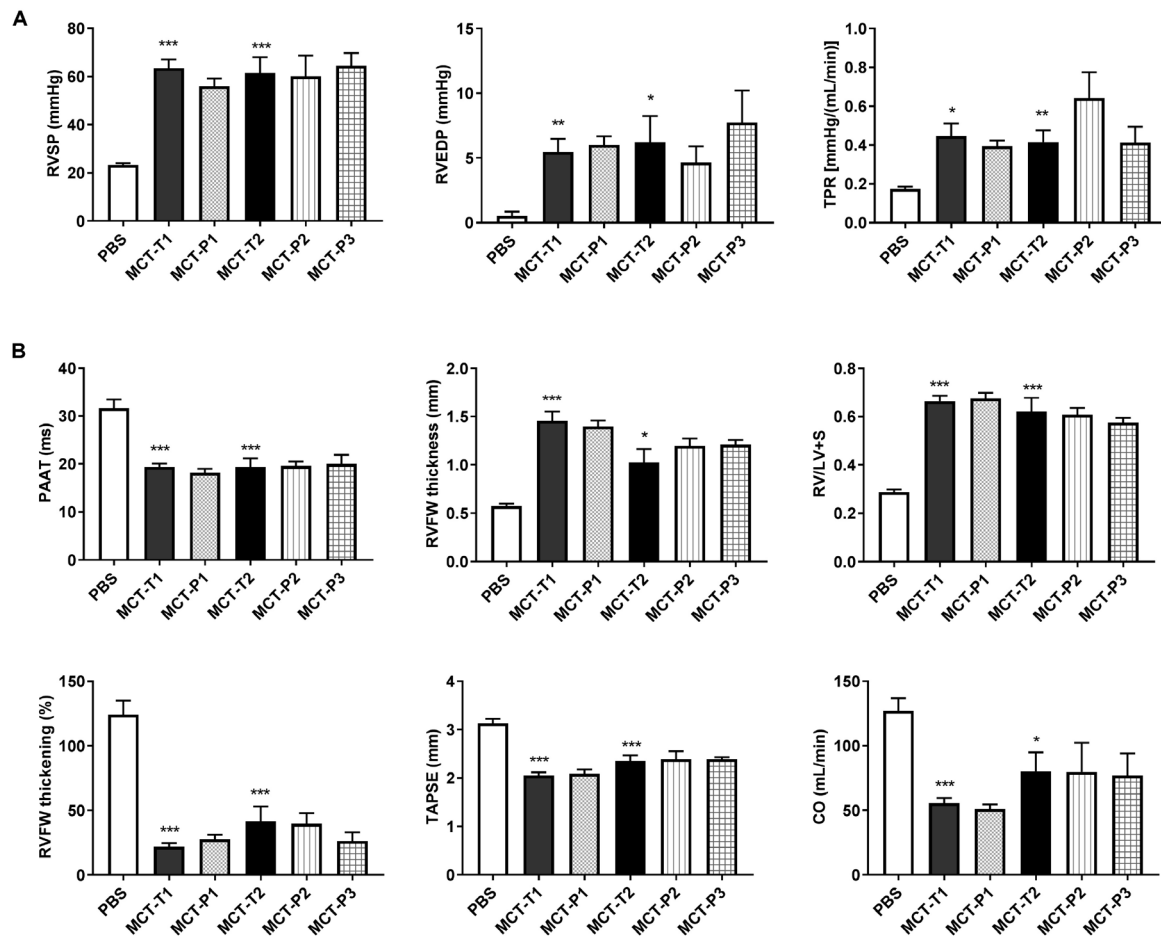


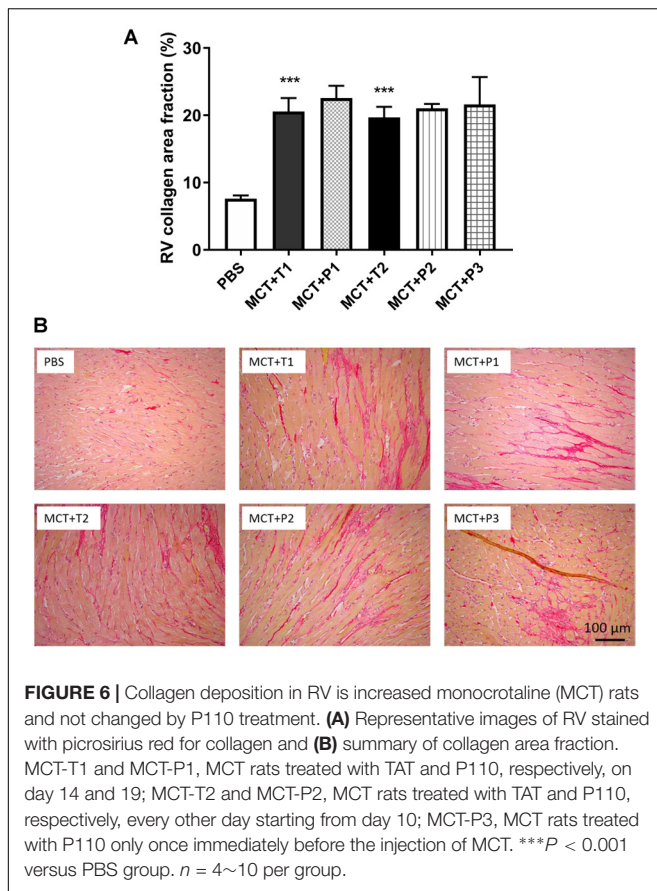
FIGURE 5 | Monocrotaline (MCT) rats developed RV hypertrophy and pulmonary hypertension and P110 did not improve RV function. **(A)** RV systolic and diastolic pressures (RVSP and RVEDP) and total pulmonary resistance (TPR) increased in MCT rats and were not changed by P110 treatment; **(B)** MCT decreased pulmonary artery acceleration time (PAAT) and caused increases in RV free wall (RVFW) thickness and the ratio of RV over LV plus septum weight (RV/LV+S). MCT rats had reduced RVFW thickening, tricuspid annular plane systolic excursion (TAPSE), and cardiac output (CO). Treatment of P110 did not change any of these parameters in MCT rats. MCT-T1 and MCT-P1, MCT rats treated with TAT and P110, respectively, on day 14 and 19; MCT-T2 and MCT-P2, MCT rats treated with TAT and P110, respectively, every other day starting from day 10; MCT-P3, MCT rats treated with P110 only once immediately before the injection of MCT. * $P < 0.05$, ** $P < 0.01$, and *** $P < 0.001$ versus PBS group. $n = 4\sim 10$ per group.

to PAH PSMC, we also found that RVfib in MCT-PAH display more mitochondrial fragmentation (Figure 1) and increased proliferation (Figure 2), confirming the persistence of a phenotype characterized by excess fission and rates of fibroblast proliferation in culture. To the best of our knowledge, this is the first study to demonstrate mitochondrial fission and show that it regulates the proliferation and collagen production of in RVfib in PAH, or indeed in any cardiac disease. We speculate that epigenetic mechanisms, triggered by MCT, are in play, since the phenotype persists through multiple passages of fibroblasts in culture of these cells, which are derived from genetically normal rodents.

Mechanistically, the mitochondrial network is regulated by fission mediator (Drp1) and fusion mediators (MFN1, MFN2, OPA1). Increases in Drp1 or decreases in fusion mediators result in mitochondrial fragmentation in both PSMC and pulmonary artery adventitial fibroblasts in PAH (Marsboom et al., 2012; Ryan

et al., 2013; Plecita-Hlavata et al., 2016; Chen et al., 2018). Our group has previously found an increase in the phosphorylated Drp1 at Serine 616 and a decrease in MFN2 in PSMC in PAH (Marsboom et al., 2012; Ryan et al., 2013). Studies on pulmonary artery adventitial fibroblasts from the lungs in PAH found a decrease in both MFN2 and OPA1 (Plecita-Hlavata et al., 2016). Consistent with this we found an increase in the phosphorylated Drp1 at Serine 616 (Figures 4A–D) and a strong trend to decreased MFN2 expression (Supplementary Figures S3, S4) in RVfib in MCT-PAH, without significant changes in the other two fusion mediators (MFN1 and OPA1) (Supplementary Figure S3). Therefore, our data suggest that acquired activation of Drp1 promotes mitochondrial fragmentation in MCT-RVfib, perhaps reinforced by reduced expression of the fusion mediator MFN2.

Since Drp1 mediates mitochondrial mitotic fission, which is associated with accelerated cell cycle progression and increased



cell proliferation, Drp1 has been proposed as a therapeutic target for PAH (Marsboom et al., 2012). Mdivi-1, which inhibits a conformational change of Drp1 required for self-assembly and GTP hydrolysis, is a selective Drp1 GTPase activity inhibitor (Cassidy-Stone et al., 2008). Inhibiting Drp1 via Mdivi-1 inhibits mitochondrial fission and reduces proliferation in PASMC in PAH (Marsboom et al., 2012). In agreement with the study on PASMC, the current study demonstrates the same effects of Mdivi-1 on RVfib in MCT-PAH *in vitro*, i.e., the inhibition of mitochondrial fission and reduction in proliferation (Figures 1, 2). The inhibition of mitochondrial fission is also achieved by knocking down Drp1 (i.e., siDrp1; Figure 1), providing additional molecular certainty that it is Drp1 which is crucial to the fragmented mitochondrial morphology in MCT-RVfib.

Along with excessive mitochondrial fission and hyperproliferation, MCT-RVfib also have greater collagen production than Control-RVfib (Figure 3), consistent with the increased RV fibrosis observed in MCT versus control rats (Figure 6). Mdivi-1 also reduced collagen type III production in MCT-RVfib (Figure 3), indicating that mitochondrial fission is linked to collagen production and that Drp1 is a potential antifibrotic target.

Activated Drp1 translocates to the mitochondrion where it associates with its binding partners creating a ring-like, multimeric structure which constricts and divides the

mitochondrion. The relevant binding partner varies by cell type. For example, in cardiomyocytes, Drp1 binds to Fis1 but not MiD51 or MFF under conditions of acute ischemia-reperfusion injury (Disatnik et al., 2013). In the MCT RV, P110 (1 μM) both inhibits mitochondrial fission and improves RV myocyte and cardiac diastolic function in ischemia-reperfusion injury (Tian et al., 2017). In contrast, in the current study, only 1000-fold higher doses of P110 were able to inhibit mitochondrial fission or reduce proliferation in MCT-RVfib *in vitro* (Figures 1, 2). At these doses, the specificity of P110, a competitive peptide which theoretically only inhibits the interaction between Fis1 and Drp1, is unknown. This basis for the difference between the cardiomyocytes and RVfib studies is unknown. *In vivo* P110 failed to prevent or regress RV fibrosis. Our protocol involved repeated administration of P110 over 2 weeks. In contrast, Disatnik et al. (2013) gave P110 treatment immediately prior to a single point injury (acute ischemia-reperfusion injury) and observed a beneficial effect. We speculate that MCT, which causes a complex and sustained injury, may be less amenable to intervention (Figures 5, 6). Previous studies have used a high dose of P110 at 3 mg/kg/day using Alzet osmotic mini-pumps on mouse models of Huntington's disease and amyotrophic lateral sclerosis and shown benefits of P110 (Guo et al., 2013; Joshi et al., 2018). In addition, the half-life of P110 is probably as short as 1 h (Qi et al., 2013), perhaps higher doses of P110 and use of continuous infusion protocols might have proven more effective. Alternatively, Fis1 may simply be less relevant as a Drp1 binding partner in MCT-RVfib than other binding partners, which we did not assess (MFF, MiD49, and MiD51).

Nonetheless, the fact that P110 at high dose also inhibited mitochondrial fission and cell proliferation (Figures 1, 2) may indicate a role for Drp1-Fis1 interaction, as observed in the RV myocytes in this MCT model of PAH (Tian et al., 2017). However, we were only able to observe an effect of P110 at 1 mM dose and the effect required several days of incubation. This may indicate that the observed effects are nonspecific or that the interaction between Drp1 and Fis1 in RV fibroblasts is robust and hard to reverse. Certainly, at the doses of P110 that we could afford to test we could neither prevent nor regress RV fibrosis *in vivo* (Figure 6). This would favor the interpretation that the Drp1-Fis1 interaction may be less critical in RVfib than in RV myocytes.

The finding that P110 treatment did not change PAAT or pulmonary vascular resistance (or TPR) in MCT rats (Figure 5) indicates Drp1-Fis1 interaction is not important either for pulmonary vasculature at least in MCT-PAH. This confirms a recent study from our group. Although Fis1 is found to be upregulated in PASMC in human PAH patients (Marsboom et al., 2012; Ryan et al., 2013), knockdown of Fis1 using a small interfering RNA (siRNA) does not inhibit mitochondrial fission nor reduce proliferation in PASMC in human PAH patients (Chen et al., 2018).

Drp1 may use different binding partners to facilitate mitochondrial fission in RVfib in PAH. We recently showed that two Drp1 binding partners (MiD49 and MiD51) are upregulated in PASMC in PAH. The epigenetic upregulation of

MiDs (mediated by a reduced expression of microRNA 34a-3p) promotes a Drp1-dependent increase in mitochondrial fission and proliferation in PASMC in both human PAH patients and MCT rats (Chen et al., 2018). In this study, mRNA expression of MiD49 and MiD51 was not changed in MCT-RVfib (Figure 4E), although mRNA and protein expression levels are not always concordant. The role of MiDs on mitochondrial fission in RVfib remains unknown.

Limitations

Several limitations are acknowledged. First, we did not examine if Mdivi-1 can reduce RV fibrosis in MCT rats. Our group has previously shown that Mdivi-1 can improve RV function in MCT rats (Marsboom et al., 2012). In addition, another study demonstrates that Mdivi-1 can reduce LV fibrosis in aortic banding model in rats (Givvimani et al., 2012). We propose (but did not prove) that Mdivi-1 would reduce RV fibrosis in PAH. This requires direct confirmation in a future *in vivo* study.

Second, we did not measure the expression of Drp1 phosphorylated at Serine 637. Decreased phosphorylation of Drp1 at Serine 637 contributes to ischemia-reperfusion injury in cardiac arrest (Cereghetti et al., 2008; Chang and Blackstone, 2010; Sharp et al., 2014, 2015). In future studies, measurement of this phosphorylation of Drp1 in RVfib will be important to better determine the mechanism of Drp1 activation.

Third, we did not perform immunoprecipitation studies on RVfib to directly examine the role of Drp1–Fis1 interaction in MCT-RVfib. Indeed, previous *in vitro* studies (Disatnik et al., 2013) showed that P110 at 1 μ M (which is a low dose) inhibited ischemia-induced mitochondrial fission in cardiac myocytes. In ischemia-reperfusion injury, the Drp1–Fis1 interaction is well established as an early step in the generation of the mitochondrial-derived reactive oxygen species that drives cardiac dysfunction. In contrast, in RV fibroblasts, P110 at this dose (1 μ M) had no effect. This may be due to the difference in sensitivity of the Drp1–Fis1 interaction in different cell types (cardiomyocytes versus cardiac fibroblasts) and/or a different role for Fis1 in different pathologic situations (more important in acute ischemia than in the MCT model of chronic, pressure-volume overload). The reason why such high doses of P110 were required to have significant effects on RVfib *in vitro* is unclear. In the future, immunoprecipitation studies will be used to clarify the role of high dose P110 on Drp1–Fis1 interaction.

Fourth, because P110 only blocks the interaction between Drp1 and Fis1, the failure of P110 treatment *in vivo* may indicate either that adequate levels of P110 were not achieved *in vivo* and/or that the Drp1–Fis1 interaction is less

important in the pathogenesis of the fragmented mitochondria-proliferative fibroblast phenotype than other Drp1-binding partner interactions (such as Drp1–MiD49 and Drp1–MiD51). The role of MiD49 and MiD51 in MCT-RVfib remains unknown and requires further study.

CONCLUSION

We conclude that in MCT-induced PAH, RV fibroblasts display mitochondrial fragmentation that reflects Drp1-mediated fission. Increased mitochondrial fission promotes a hyperproliferative state and results in excessive production of collagen type III. Inhibiting Drp1 can inhibit mitochondrial fission, and reduce fibroblast proliferation and collagen production, suggesting Drp1 is a potential antifibrotic target. Further *in vivo* preclinical studies are required to establish the translational relevance of these observations.

AUTHOR CONTRIBUTIONS

LT and SA designed the work. LT, FP, DW, AD, K-HC, JM, and PL performed the experiments. LT, FP, DW, AD, K-HC, JM, PL, and SA analyzed and interpreted the data. LT drafted the work. LT, FP, DW, AD, K-HC, JM, PL, and SA revised the work critically and performed the final approval of the version to be published.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphys.2018.00828/full#supplementary-material>

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Inflammatory Mediators Drive Adverse Right Ventricular Remodeling and Dysfunction and Serve as Potential Biomarkers

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Adverse right ventricular (RV) remodeling leads to ventricular dysfunction and failure that represents an important determinant of outcome in patients with pulmonary hypertension (PH). Recent evidence indicates that inflammatory activation contributes to the pathogenesis of adverse RV remodeling and dysfunction. It has been shown that accumulation of inflammatory cells such as macrophages and mast cells in the right ventricle is associated with maladaptive RV remodeling. In addition, inhibition of inflammation in animal models of RV failure ameliorated RV structural and functional impairment. Furthermore, a number of circulating inflammatory mediators have been demonstrated to be associated with RV performance. This work reviews the role of inflammation in RV remodeling and dysfunction and discusses anti-inflammatory strategies that may attenuate adverse structural alterations while promoting improvement of RV function.

Keywords: right ventricle, adverse remodeling, dysfunction, failure, inflammation

INTRODUCTION

Pulmonary arterial hypertension (PAH) is a severe and debilitating disease characterized by progressive remodeling of small pulmonary arteries leading to sustained pressure elevation in the pulmonary circulation. The resulting chronic pressure overload induces remodeling of the right ventricle. Although increased pulmonary pressure is caused by changes in the pulmonary vasculature, severity of symptoms and survival of patients with PAH are strongly dependent on the ability of the right ventricle to cope with chronically increased afterload (Chin et al., 2005).

Cardiac remodeling in general is defined as “genome expression, molecular, cellular, and interstitial changes that are manifested clinically as changes in size, shape and function of the heart after cardiac injury” (Cohn et al., 2000). Cardiac remodeling is a complex process that affects every cell type comprising the heart tissue and involves cardiomyocyte hypertrophy, fibrosis, metabolic changes, and angiogenesis. Right ventricular (RV) remodeling in response to pressure overload represents a number of adaptations in the size, shape, structure, and function of the right ventricle. Hypertrophy of the RV wall allows compensating for increased afterload and helps maintain cardiac output in PAH patients. However, geometric adaptation of the right

ventricle in PAH is heterogeneous. Although PAH is associated with a spectrum of RV geometric adaptation, two patterns of RV hypertrophy can be distinguished based on the RV mass to volume (M/V) ratio: eccentric hypertrophy with low M/V ratio and concentric hypertrophy with high M/V ratio (Badagliacca et al., 2015). Concentric hypertrophy represents a more favorable RV adaptive remodeling pattern in patients with PAH and is associated with minimal fibrosis and preserved RV function and cardiac output (Vonk-Noordegraaf et al., 2013). In contrast, eccentric hypertrophy represents maladaptive RV remodeling and is associated with excessive RV fibrosis, RV dysfunction, and decreased cardiac output (Vonk-Noordegraaf et al., 2013). However, the mechanisms underlying adverse RV remodeling and dysfunction are poorly understood. A better understanding of the mechanisms of the RV remodeling may help identify candidate targets for novel therapeutic strategies directed specifically at the right ventricle and thus improve survival in these patients.

There is substantial evidence for the important role of inflammation in the pathogenesis of PAH (Hassoun et al., 2009; El Chami and Hassoun, 2011; Price et al., 2012). Furthermore, elevated levels of circulating mediators of inflammation correlate with disease severity, symptom burden and survival in PAH patients (Humbert et al., 1995; Quarcq et al., 2009; Soon et al., 2010; Cracowski et al., 2014; Heresi et al., 2014; Matura et al., 2015; Al-Naamani et al., 2016). Moreover, circulating inflammatory mediators released from the pulmonary vasculature might trigger or contribute to inflammatory processes in the right ventricle and thus adversely affect RV remodeling and function. Consistent with this view, chronic RV pressure overload without concomitant pulmonary vascular disease in patients with pulmonary stenosis is often associated with adaptive RV remodeling and preserved RV function, which remains compensated for decades (Haddad et al., 2008; Jurcut et al., 2011; Driessen et al., 2016, 2017). Another line of evidence suggesting the role of inflammation as a driver of adverse RV remodeling and dysfunction comes from studies of patients with systemic sclerosis or scleroderma-associated (SSc) PAH. Scleroderma is a systemic connective tissue disease characterized by chronic inflammation, fibrosis, and immune abnormalities (Furue et al., 2017). Although various mechanisms may underlie pulmonary hypertension (PH) in scleroderma patients, PAH due to vasculopathy of the small pulmonary arteries secondary to inflammation and fibrosis is one of the most frequent forms of PH in these patients (Launay et al., 2017). Patients with SSc-PAH have worse survival than patients with idiopathic PAH (Kato and Atsumi, 2017). Further, RV function strongly predicts survival in SSc-PAH patients (Mathai et al., 2011). Moreover, SSc-PAH patients have more impaired RV function compared with idiopathic PAH patients despite comparable afterload (Tedford et al., 2013; Mukherjee et al., 2017). Remarkably, significantly more inflammatory cells were found in RV tissue samples from SSc-PAH patients as compared to those from patients with idiopathic PAH thus confirming increased local inflammation in these patients (Overbeek et al., 2010). Contribution of inflammatory pathways to the pathogenesis of

RV adverse remodeling and dysfunction is further supported by the association of circulatory mediators of inflammation with RV function in patients with PAH (Sztrymf et al., 2010; Yang et al., 2014; Prins et al., 2017). Interestingly, a recent magnetic resonance imaging investigation in individuals free of clinical cardiovascular disease has demonstrated that plasma levels of pro-inflammatory C-reactive protein (CRP) and interleukin-6 (IL-6) are independently associated with RV morphology, suggesting that systemic inflammation may contribute to RV structural changes (Harhay et al., 2013).

ACUTE RIGHT VENTRICULAR PRESSURE OVERLOAD

Acute pulmonary embolism (PE) can produce a rapid and excessive elevation in afterload leading to acute RV dilatation, dysfunction and failure (Vitarelli et al., 2014; Grignola and Domingo, 2017). Importantly, RV dilatation and dysfunction in patients with acute PE are strong predictors of adverse clinical outcome (Coutance et al., 2011; Trujillo-Santos et al., 2013; Cho et al., 2014; Meinel et al., 2015). Interestingly, examination of autopsy RV tissue samples from patients who died from acute PE showed increased accumulation of neutrophilic granulocytes, lymphocytes, and macrophages in the RV wall suggesting that acute pressure overload-induced inflammatory response might contribute to RV failure after PE (Iwadata et al., 2001, 2003; Begieneman et al., 2008).

Experimental models of acute RV pressure overload induced by PE or pulmonary artery banding (PAB) confirmed that inflammation is one of the earliest events following pressure overload. In a rat model of acute PE induced by infusion of microspheres, RV failure after PE was associated with tissue infiltration of neutrophils and monocyte/macrophages (Watts et al., 2006, 2009). Neutrophil and macrophage infiltration in the right ventricle has also been demonstrated in a different model of acute RV failure induced by transient PAB in dogs (Dewachter et al., 2015). Increased mRNA expression of various chemokines (CCL-2, -3, -4, -6, -7, -9, -17, -20, -27; CXCL-1, -2, -3, -9, -10, -16; receptors CCR1 and CXCR4 in the right ventricle following acute elevation of afterload has been demonstrated (Watts et al., 2006, 2009; Zagorski et al., 2007, 2008; Dewachter et al., 2015). Notably, alterations in gene expression were more profound with increasing PH (Zagorski et al., 2008). Chemokines play important chemotactic roles for the recruitment of leukocytes to the site of inflammation and thus might promote leukocyte recruitment into the right ventricle during acute pressure overload. In addition, experimental acute RV failure was also associated with increased local expression of pro-inflammatory cytokines [IL-1 β , IL-6, tumor necrosis factor α (TNF- α)] (Dewachter et al., 2010, 2015). Moreover, there was an inverse correlation between the right ventricle–pulmonary artery coupling and RV gene and protein expressions of IL-6 as well as to the RV neutrophil and macrophage infiltration (Dewachter et al., 2010).

CHRONIC RIGHT VENTRICULAR REMODELING AND FAILURE

Accumulating evidence from various experimental models of chronic RV pressure overload shows association of RV remodeling and dysfunction with increased inflammatory mediators in the right ventricle (Campian et al., 2010; Waehre et al., 2012; Belhaj et al., 2013; Guihaire et al., 2017; Luitel et al., 2017). The inflammatory mediators include pro-inflammatory cytokines, chemokines, as well as molecules secreted/released

by inflammatory cells. The findings of studies investigating inflammatory markers in the RV tissue are summarized in Table 1.

INFLAMMATORY CELLS

Numerous studies have demonstrated that recruitment of immune cells from the circulatory system is important for the induction and maintenance of inflammatory processes in the

TABLE 1 | Summary of studies investigating inflammatory mediators in the right ventricular tissue.

Disease model	Species/subjects	Findings	References
Acute RVF following transient PAB	Dogs	Increased expression of CCL2, CCR2, IL-1 β , IL-6, TNF- α mRNA.	Dewachter et al., 2010, 2015
Acute RVF following PE	Rats	Increased expression of the CC-chemokines (CCL-2, -3, -4, -6, -7, -9, -17, -20, -27), the CXC-chemokines (CXCL-1, -2, -3, -9, -10, -16), the receptors CCR1 and CXCR4, ICAM-1, selectin E, the cytokines IL-1 β and IL-6 mRNA. Elevation of CCL2 protein expression. Increased MPO activity. Accumulation of neutrophils and monocyte/macrophages (CD68).	Watts et al., 2006, 2009; Zagorski et al., 2007, 2008
Acute RVF following PE	Autopsy tissues from patients	Increased recruitment of macrophages (CD68).	Iwade et al., 2003
Acute RVF following transplantation	Human donors	Eight of 26 recipients (30.8%) developed RVF. Seven of these eight (87.5%) expressed TNF- α , but only 4 of the 18 (22.2%) who did not develop RVF expressed TNF- α . Higher TNF- α protein expression in the myocardium of donor hearts that developed RVF.	Birks et al., 2000
Chronic hypoxic PH	Mice	Increased accumulation of CD68 positive cells.	Nergui et al., 2014
MCT-induced PH	Rats	Increased TNF- α , IL-1, IL-6 mRNA expression. Elevated protein expression of TNF- α , NF- κ B subunits p100/p52, and Rel-B. Increased accumulation of CD45 ⁺ cells enhanced MPO activity.	Handoko et al., 2009; Campian et al., 2010; de Man et al., 2012; Ahmed et al., 2014; Moreira-Goncalves et al., 2015; Paulin et al., 2015; Nogueira-Ferreira et al., 2016; Rice et al., 2016; Wang et al., 2016; Alencar et al., 2017; Brown et al., 2017
Sugen-injection induced PH	Athymic rats	Macrophage infiltration.	Guihaire et al., 2017
PH due to blockade of VEGF receptor and exposure to chronic hypoxia	Female ovariectomized rats	Increased IL-6 mRNA expression.	Frumpt et al., 2015
PH due to prolonged systemic-to-pulmonary shunting	Growing piglets	Increased TNF- α , IL-1 α , IL-1 β , and ICAM2 mRNA expression.	Rondelet et al., 2012; Belhaj et al., 2013
Chronic RVF remodeling following PAB	Mice	Increased mRNA expression of CCL-2, CCL-5, CX3CL-1, CXCL-6, CXCL-10, CXCL-16, CD45R, CD3, CD4, CD8, IL-6, TNF- α , Fn14, mMCP-2, 4, -5, -6, and CPA3. Increased density and activity of mast cells.	Vistnes et al., 2010; Waehre et al., 2012; Luitel et al., 2017
Chronic RVF following PAB	Rats	Increased expression of activated p65 (NF- κ B). Increased density and activity of mast cells, enhanced accumulation of CD68-positive macrophages.	Olivetti et al., 1989; Yoshida et al., 2016
PAH	Autopsy tissues from patients	Increased tissue content of CD68 positive macrophages.	Nergui et al., 2014
SSc-PAH, IPAH and controls	Autopsy tissues from patients	RV's from SSc-PAH patients showed significantly more inflammatory cells than those from IPAH and then of controls.	Overbeek et al., 2010

PE, pulmonary embolism; PAB, pulmonary artery banding; MCT, monocrotaline; PH, pulmonary hypertension; PAH, pulmonary arterial hypertension; SSc-PAH, pulmonary arterial hypertension due to systemic sclerosis; IPAH, idiopathic pulmonary arterial hypertension; RV, right ventricle; RVF, right ventricular failure; ICAM2, intercellular adhesion molecule 2; CXCL, chemokine (C-X-C motif) ligand; CCL, CC-chemokine; CX3CL, chemokine (C-X3-C motif) ligand; CCR2, chemokine C-C receptor 2; IL, interleukin; TNF- α , tumor necrosis factor α ; NF- κ B, nuclear factor "kappa-light-chain-enhancer" of activated B-cells; mMCP, mouse mast cell protease; CPA3, mast cell carboxypeptidase A3; MPO, myeloperoxidase; Fn14, fibroblast growth factor-inducible molecule 14; VEGF, vascular endothelial growth factor.

heart (Sanchez-Trujillo et al., 2017). Although the precise role of inflammatory cells in the pathophysiology of maladaptive RV remodeling and dysfunction is not well established, accumulating evidence suggests that these cells might represent a potentially important target for management of RV adverse remodeling and failure.

Macrophages

Resident macrophages are present in all tissues including the heart (Mylonas et al., 2015; Pinto et al., 2016). Expansion of cardiac macrophages has been documented in various experimental models of pressure overload-induced left ventricular remodeling and failure (Xia et al., 2009; Velten et al., 2012; Weisheit et al., 2014).

In contrast, data regarding the role of macrophages in RV remodeling and failure are still very limited. Similar to the left ventricular pressure overload, recruitment of macrophages into the right ventricle has been shown to be triggered by increased RV afterload induced by PAB in rats (Yoshida et al., 2016). Moreover, in a model of severe PH caused by a single injection of vascular endothelial growth factor (VEGF) receptors blocker in athymic rats, macrophage infiltration was associated with adverse RV remodeling and dysfunction (Guihaire et al., 2017). Increased macrophage recruitment has also been demonstrated in RV autopsy samples from PAH patients with RV failure (Nergui et al., 2014). Notably, autopsy samples from patients with SSc-associated PAH exhibited significantly more macrophage infiltration in the right ventricle as compared with those from patients with idiopathic PAH (Overbeek et al., 2010). The role of macrophage recruitment in the pathogenesis of pressure overload-induced RV remodeling has not yet been well studied. However, based on studies in left ventricular remodeling and failure, the potential mechanisms through which macrophages might contribute to RV remodeling and dysfunction include production of reactive oxygen species, regulation of cardiac inflammation and mediation of extracellular matrix alterations (Glezeva et al., 2015).

Mast Cells

Mast cells are immune cells of the myeloid lineage and are residing in various tissues throughout the body including the heart (Dvorak, 1986; Rakusan et al., 1990). Mast cells play an important role in many inflammatory settings. Moreover, a growing body of evidence implicates mast cells in various cardiovascular diseases including left ventricular remodeling and failure (Levick et al., 2011). Enhanced accumulation of mast cells in hypertrophied and failing hearts suggests that mast cells play a role in the pathogenesis of these diseases (Panizo et al., 1995; Shiota et al., 2003; Battle et al., 2006). Studies utilizing mast cell stabilizers, inhibitors of mast cell proteases, and mast cell deficient mice provided further evidence of the importance of mast cells for left ventricular remodeling and failure (Hara et al., 2002; Matsumoto et al., 2003; Levick et al., 2009; Li et al., 2016).

An early accumulation of mast cells in both left and right ventricles has been documented in a rat model of biventricular volume overload (Forman et al., 2006). Interestingly, the time course of the responses in the density of myocardial mast cells

in this model was similar for the left and right ventricles (Brower et al., 2002). However, the number of mast cells after an initial increase returned to normal values by day 14 post-fistula. In rats, long-term pressure overload induced by PAB was associated with an increased mast cell density in the right ventricle (Olivetti et al., 1989). Similarly, in mice subjected to PAB, there was a time-dependent accumulation and activation of mast cells in the right ventricle (Luitel et al., 2017). In contrast, significant RV hypertrophy in rats born at simulated high altitude was not associated with an increase in cardiac mast cells density (Rakusan et al., 1990). Adaptive nature of RV remodeling in hypoxic PH may account for the unaltered mast cells density in the right ventricle in rat exposed to chronic hypoxia.

Mast cells granules contain proteases tryptase and chymase (Gilfillan and Beaven, 2011). In addition, mast cells generate a wide variety of cytokines, including IL-3, IL-4, IL-5, IL-6, IL-10, IL-13, IL-33, and TNF α ; and chemokines, including CCL2, CCL3, CCL5, and CXCL8 (Gilfillan and Beaven, 2011). Mast cell mediators have been implicated in the stimulation of collagen synthesis leading to myocardial fibrosis or activation of matrix metalloproteinases causing collagen degradation and resulting in left ventricular dilatation (Levick et al., 2011). However, the role of mast cells in the pathogenesis of pressure overload-induced RV remodeling and dysfunction has not yet been studied in detail. Interestingly, elevated mRNA levels of mast cell proteases (Mcp)-2, 4, 5, 6, and carboxypeptidase A3 in the right ventricle have been observed in mice subjected to PAB suggesting their potential contribution to RV remodeling process (Luitel et al., 2017).

Leukocytes

Numerous studies have shown that leukocytes play critical roles in the pathogenesis of left ventricular remodeling and failure in experimental models of left ventricular pressure overload (Damilano et al., 2011; Laroumanie et al., 2014; Nevers et al., 2015; Salvador et al., 2016). However, data on the leukocyte involvement in the RV remodeling and failure are limited. Several reports have demonstrated increased accumulation of CD45⁺ cells in the right ventricle of rats with monocrotaline-induced PH (Handoko et al., 2009; de Man et al., 2012; Brown et al., 2017). Notably, no leukocyte infiltration in the right ventricle was detected in compensated RV remodeling in rats with mild PH induced by injection of low doses of monocrotaline (Handoko et al., 2009; Brown et al., 2017). In mice subjected to PAB, pressure overload was associated with increased mRNA expression of leukocyte cell-surface gene markers, including CD45R, CD3, CD4, and CD8, in the right ventricle (Waehre et al., 2012).

INFLAMMATORY MEDIATORS: CHEMOKINES AND CYTOKINES

The inflammatory mediators involved in ventricular remodeling and dysfunction can be produced by cells in the heart tissue, by infiltrating immune cells, or can be of extra-cardiac origin (Van Linthout and Tschope, 2017). Multiple factors may be responsible for the induction of inflammatory genes in the pressure-overloaded heart, including neurohumoral

mediators, reactive oxygen species, as well as direct activation of mechanosensitive pro-inflammatory signals in the myocardium (Van Linthout and Tschope, 2017). Chemokines can recruit inflammatory cells into the pressure-overloaded myocardium. In addition to their chemotactic role, chemokines can stimulate release of pro-inflammatory cytokines, thus contributing to the amplified activation of inflammatory processes. Pro-inflammatory cytokines and chemokines can contribute to ventricular remodeling and dysfunction through various mechanisms, including negative inotropic effects on the myocardium, cardiomyocyte hypertrophy, cardiomyocyte apoptosis, and extracellular matrix alterations (Mann, 2015).

Chemokines

Elevated plasma levels of the chemokines CXCL10, CXCL12, CXCL13, and CXCL16 have been observed in PAH patients (Heresi et al., 2010). Importantly, CXCL10, CXCL12, and CXCL16 levels significantly correlated with RV function (Yang et al., 2014). Elevated plasma levels of a chemokine CXCL9 have been observed in a murine model of PAB-induced RV pressure overload (Vistnes et al., 2010). Further, marked upregulation of several chemokines, including CCL2, CCL5, CXCL6, CXCL10, CXCL16, and CX3CL1, was detected in the right ventricle of mice subjected to PAB (Waehre et al., 2012). Similarly, in female ovariectomized rats with severe angioproliferative PH due to blockade of VEGF receptor and exposure to chronic hypoxia, upregulation of CCL2 mRNA in the right ventricle has been reported (Frumpt et al., 2015).

TNF- α

TNF- α is a key multifunctional cytokine with pleiotropic actions in various inflammatory processes (Feldman et al., 2000). Although the normal heart does not express TNF- α , its mRNA and protein expression is rapidly induced in response to pressure overload (Kapadia et al., 1997). High levels of TNF- α have been shown to lead to left ventricular remodeling and dysfunction in animal models with long-term infusion of TNF- α , as well as in transgenic animals with targeted cardiac overexpression (Kubota et al., 1997; Bozkurt et al., 1998; Bryant et al., 1998). In contrast, TNF- α deficiency was associated with attenuation of cardiac inflammation and amelioration of adverse left ventricular remodeling and dysfunction in mice subjected to transverse aortic constriction (Sun et al., 2007). Consistent with findings from animal studies implicating TNF- α in the pathogenesis of heart failure, circulating levels of TNF- α have consistently been shown to be elevated in patients with chronic heart failure (Liu et al., 2014).

Involvement of TNF- α in the pathogenesis of RV failure has been suggested by demonstrating a relationship between TNF- α mRNA and protein expression in right ventricles of donor hearts immediately before implantation and the development of right heart failure early after transplantation (Birks et al., 2000). Further, a relationship between circulating levels of TNF- α and several parameters of RV failure, including severity of peripheral edema, RV ejection fraction and NYHA functional class, has been shown in patients with right heart failure related to ischemic heart disease or idiopathic dilated cardiomyopathy (Odeh et al., 2006).

In line with these observations, expression of TNF- α has been shown to be upregulated in the right ventricle in various animal models of pressure overload-induced RV remodeling and failure, including PAB in mice (Luitel et al., 2017), monocrotaline-induced PH in rats (Ahmed et al., 2014; Moreira-Goncalves et al., 2015; Nogueira-Ferreira et al., 2016; Rice et al., 2016; Wang et al., 2016; Alencar et al., 2017), and prolonged overcirculation-induced PH in piglets (Rondelet et al., 2012; Belhaj et al., 2013). Notably, decompensated RV failure in monocrotaline-injected rats was associated with higher serum and RV myocardial TNF- α expression levels compared with compensated RV hypertrophy (Campian et al., 2010; Paulin et al., 2015).

The TNF superfamily comprises several members, including TNF-like weak inducer of apoptosis and its receptor fibroblast growth factor-inducible molecule 14 (Fn14), which have been implicated in pathological ventricular remodeling and heart failure (Novoyatleva et al., 2014). Recently, increased mRNA and protein expression of Fn14 in the pressure-overloaded right ventricles has been demonstrated (Novoyatleva et al., 2013). Moreover, mice deficient for Fn14 developed substantially less RV fibrosis and dysfunction following PAB compared to wild-type mice (Novoyatleva et al., 2013).

IL-1

IL-1 cytokines consist of 11 members, including pro-inflammatory cytokines IL-1 α and IL-1 β that induce synthesis and expression of several hundreds of secondary inflammatory mediators (Dinarello, 2018). Upregulation of IL-1 has been consistently demonstrated in heart failure and is associated with worse prognosis (Van Tassell et al., 2015). Increased levels of IL-1 β have also been shown in PAH patients (Humbert et al., 1995; Soon et al., 2010; Duncan et al., 2012; Cracowski et al., 2014; McMahan et al., 2015). Similarly, RV pressure overload in mice was associated with elevated plasma levels of IL-1 α (Vistnes et al., 2010). Further, expression of IL-1 α and IL-1 β was upregulated in right ventricles of piglets subjected to prolonged systemic-to-pulmonary shunting (Rondelet et al., 2012; Belhaj et al., 2013) and rats with monocrotaline-induced PH (Rice et al., 2016) suggesting potential contribution of IL-1 cytokines to RV remodeling and dysfunction.

IL-6

IL-6 is a multi-functional cytokine with a variety of biological activities, which has been implicated in left ventricular remodeling and failure (Fontes et al., 2015). Chronic IL-6 infusion in rats has been shown to lead to left ventricular dilatation and dysfunction (Janssen et al., 2005). In contrast, genetic deletion of IL-6 ameliorated pressure overload-induced adverse left ventricular remodeling and dysfunction in mice (Zhao et al., 2016). In patients with chronic heart failure, elevated circulating levels of IL-6 have been reported (Liu et al., 2014).

Numerous studies have documented increased levels of IL-6 in PAH patients (Humbert et al., 1995; Selimovic et al., 2009; Soon et al., 2010; Duncan et al., 2012; Cracowski et al., 2014; Heresi et al., 2014; Matura et al., 2015; Al-Naamani et al., 2016; Prins et al., 2017). Notably, increased expression of IL-6

mRNA has been detected in right ventricles of failing hearts (Plenz et al., 2001). In addition, IL-6 mRNA expression in the right ventricles inversely correlated with cardiac index in patients with advanced heart failure (Plenz et al., 2001). Similar findings were made in experimental models of RV pressure overload. Thus, elevated plasma levels of IL-6 and increased IL-6 expression in right ventricles has been demonstrated in rats with monocrotaline-induced PH (Wang et al., 2016), in mice subjected to PAB (Vistnes et al., 2010; Luitel et al., 2017), and in female ovariectomized rats with severe angioproliferative PH due to blockade of VEGF receptor and exposure to chronic hypoxia (Frumpp et al., 2015). Interestingly, in a recent study, a strong, independent, inverse relationship between IL-6 and RV morphology was demonstrated in asymptomatic individuals without documented cardiovascular disease (Harhay et al., 2013).

Nuclear Factor- κ B

The nuclear factor- κ B (NF- κ B) super family of transcription factors has been implicated in the regulation of a variety of physiological processes and plays a key role in regulation of inflammatory responses (Begalli et al., 2017). However, preclinical studies provided conflicting evidence for the role of NF- κ B in left ventricular remodeling and failure. Several studies have demonstrated a critical role of NF- κ B in promoting adverse cardiac remodeling and failure (Gupta et al., 2008; Maier et al., 2012), whereas other studies have suggested its importance in the development of compensatory hypertrophy

following pressure overload (Andersen et al., 2012; Javan et al., 2015).

There have been only a few studies investigating the role of NF- κ B in RV remodeling and dysfunction. In rats subjected to PAB, elevated expression of activated NF- κ B has been found in right ventricles (Yoshida et al., 2016). Further, activation of the non-canonical NF- κ B pathway with upregulation NF- κ B subunits p100/p52 and Rel-B in right ventricles has been reported in rats with monocrotaline-induced PH (Nogueira-Ferreira et al., 2016). Interestingly, treatment of PAB rats with the NF- κ B inhibitor pyrrolidine dithiocarbamate ameliorated RV inflammation and fibrosis and improved RV function (Yoshida et al., 2015).

INFLAMMATORY MEDIATORS AS BIOMARKERS

Circulating biomarkers serve as a non-invasive tool for diagnosis, assessment of the severity of the disease, prognosis, and response to treatment (Foris et al., 2013). A variety of inflammatory mediators, including IL-1 α , IL-1b, IL-2, IL-4, IL-6, IL-8, IL-10, IL-13, IL-12p70, TNF- α , and CRP are upregulated in PAH (Quarck et al., 2009; Selimovic et al., 2009; Sztrymf et al., 2010; Duncan et al., 2012; Heresi et al., 2014; Matura et al., 2015; Al-Naamani et al., 2016; Prins et al., 2017). Importantly, markers of inflammation are associated with disease severity and mortality in these patients (Humbert et al., 1995;

TABLE 2 | Summary of studies evaluating the relationship of circulating inflammatory biomarkers with the parameters of right ventricular performance.

Disease	Sample	Population	Inflammatory mediators	Findings	References
CTEPH and CHF	Serum	Patients with CTEPH ($n = 49$), CHF ($n = 17$), Control ($n = 34$)	TNF- α , sTNFR-1 and -2, IL-10, hs-CRP, and NT-proBNP	High serum levels of TNF- α sTNFR1, sTNFR2, NT-proBNP, and IL-10 in CTEPH and CHF patients. Correlations between sTNFR1, sTNFR2, IL-6, hs-CRP, and NT-proBNP and magnetic resonance imaging-derived RVEF.	von Haehling et al., 2010
IPAH	Plasma	Patients with IPAH ($n = 61$), Control ($n = 20$)	CXCL-10, CXCL-12, and CXCL-16	Association of increased levels of CXCL-10, CXCL-12 and CXCL-16 with RVEF and TAPSE.	Yang et al., 2014
PAH	Serum	Patients with PAH ($n = 40$)	IL-6	Inverse correlation of serum IL-6 levels with echocardiography-derived RV FAC, TAPSE, and right ventricle-pulmonary artery coupling parameters. Negative relationship between circulating IL-6 and cardiac magnetic resonance imaging-derived RV ejection fraction.	Prins et al., 2017
HF patients presenting with RVF	Serum	HF patients with RVF ($n = 83$), Control ($n = 15$)	TNF- α	Correlation of TNF- α levels with severity of peripheral edema and multigated acquisition (MUGA) technique-derived RVEF.	Odeh et al., 2006

PAH, pulmonary arterial hypertension; IPAH, idiopathic pulmonary arterial hypertension; CTEPH, chronic thromboembolic pulmonary arterial hypertension; CHF, chronic heart failure; RV, right ventricular; RVF, right ventricular failure; RVEF, right ventricular ejection fraction; RV FAC, right ventricular fractional area change; TAPSE, tricuspid annular plane systolic excursion; TNF- α , tumor necrosis factor alpha; sTNFR, soluble tumor necrosis factor receptors; IL, interleukin; CXCL, chemokine (C-X-C motif) ligand; NT-proBNP, N-terminal pro b-type natriuretic peptide; hs-CRP, high-sensitivity C-reactive protein.

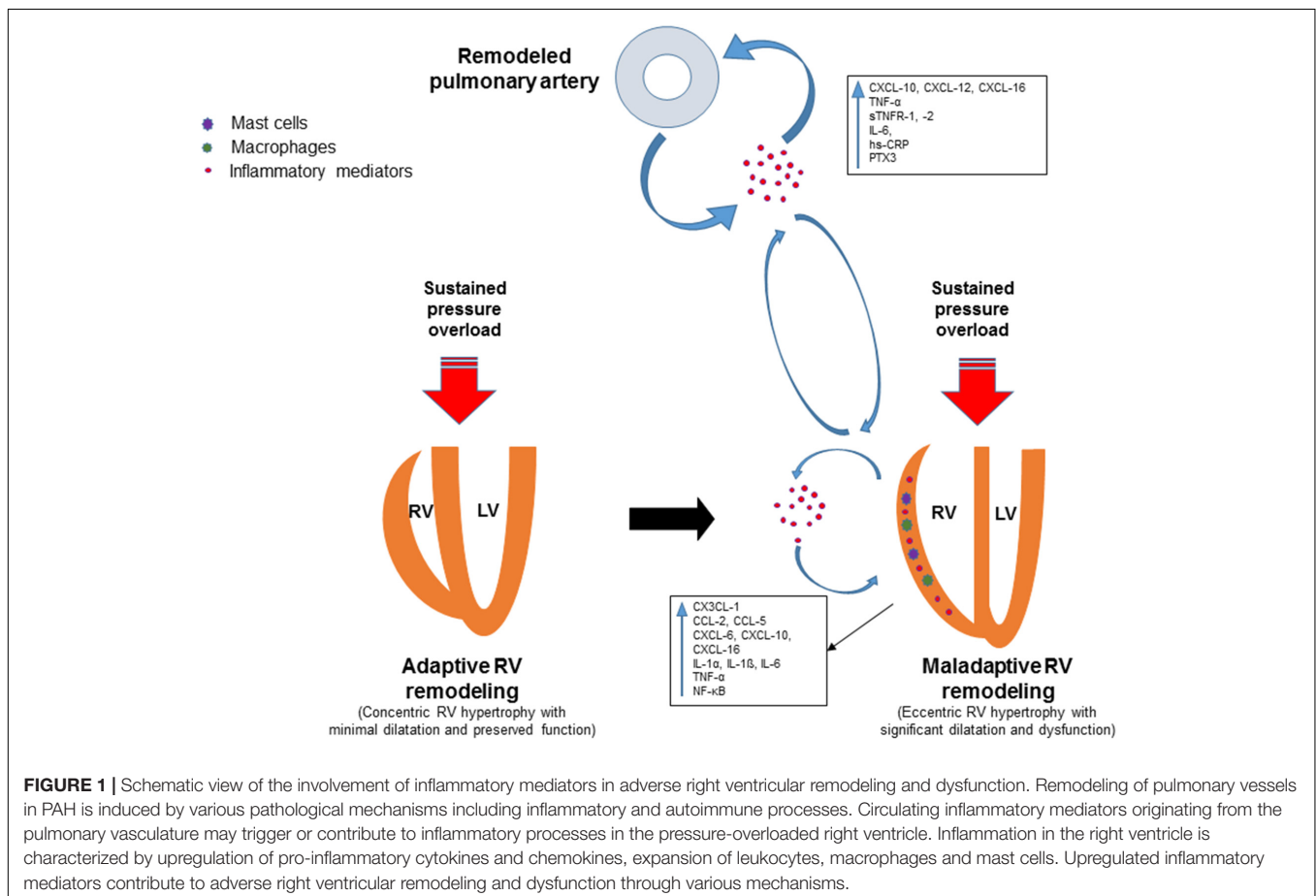
RV, right ventricular; TNF- α , tumor necrosis factor alpha; sTNFR, soluble tumor necrosis factor receptors; NT-proBNP, N-terminal pro b-type natriuretic peptide; hs-CRP, high-sensitivity C-reactive protein; IL, interleukin; PTX3, pentraxin 3; CXCL, chemokine (C-X-C motif) ligand.

Soon et al., 2010; Cracowski et al., 2014; Karakurt et al., 2014; McMahan et al., 2015). However, there have been only a few studies that specifically addressed the relationship between circulating markers of inflammation and parameters of RV performance in patients with PAH. In patients with idiopathic PAH, elevated plasma levels of chemokines CXCL10, CXCL12, and CXCL16 correlated negatively with echocardiographic parameters of RV function such as tricuspid annular plane systolic excursion (TAPSE) and RV ejection fraction (Yang et al., 2014). In addition, CXCL10 and CXCL12 correlated significantly with RV end-diastolic diameter, mean right atrial pressure, and cardiac index (Yang et al., 2014). Recently, relationships between increased circulating IL-6 levels and RV function in PAH patients have been analyzed (Prins et al., 2017). Serum IL-6 levels correlated inversely with echocardiography-derived measures of RV function, including RV fractional area change, TAPSE and right ventricle–pulmonary artery coupling parameters (Prins et al., 2017). Importantly, these relationships remained significant, even after excluding patients with SSc-PAH (Prins et al., 2017). Remarkably, a negative relationship between circulating IL-6 and cardiac magnetic resonance imaging-derived RV ejection fraction was described (Prins et al., 2017). A significant relationship has also been demonstrated between circulating levels of TNF- α and severity of peripheral edema in patients with right heart failure related to ischemic heart disease

or idiopathic dilated cardiomyopathy (Odeh et al., 2006). Further, a significant inverse correlation was found between serum TNF- α and multigated acquisition (MUGA) technique-derived RV ejection fraction (Odeh et al., 2006). In **Table 2**, we reported a list of inflammatory markers, which reflect adverse RV remodeling and dysfunction.

TARGETING INFLAMMATION

Low-level graded aerobic exercise is recommended as a general measure in the treatment of PH by the current European Society of Cardiology – European Respiratory Society Guidelines on Pulmonary Hypertension (Galie et al., 2016). There is substantial evidence for anti-inflammatory effects of physical activity in patients with various cardiovascular, metabolic, or pulmonary diseases (Pedersen, 2017). Beneficial effects of exercise training on pulmonary hemodynamics and functional capacity has also been shown in patients with PH (Arena et al., 2015; Buys et al., 2015; Babu et al., 2016; Ehlken et al., 2016). Moreover, acute effects of exercise on the inflammatory state in patients with idiopathic PAH have recently been reported (Harbaum et al., 2016). In a recent study using monocrotaline-induced PH in rats, high intensity interval training lowered RV systolic pressure, RV hypertrophy and fibrosis, and increased



cardiac output (Brown et al., 2017). In another study, effects of continuous exercise training were found to be beneficial only in adaptive RV remodeling (Handoko et al., 2009). In contrast, in progressive PH with maladaptive RV remodeling, continuous exercise training worsened survival and dramatically increased RV leukocyte infiltration (Handoko et al., 2009). It is obvious that effects of exercise training depend on frequency, duration, and intensity of exercise. More studies are therefore necessary to explore a potentially more optimal exercise regimen and to investigate effects of training on RV adaptation/maladaptation. A randomized controlled trial to evaluate the effect of exercise training program on hemodynamics and cardiac magnetic resonance-derived parameters of RV function in patients with PAH (the ExPAH study) is currently underway (Chia et al., 2017).

Currently approved drugs used in the medical management of PAH target endothelin 1, nitric oxide, and prostacyclin pathways, which are important in the control of pulmonary vasomotor tone and vascular cell proliferation (Galie et al., 2016). Although none of the currently approved PAH-specific therapies primarily targets inflammatory mechanisms, there is evidence for anti-inflammatory properties of these drugs (Stasch et al., 2011; Stitham et al., 2011; Watzinger et al., 2016). There are several preclinical studies suggesting that PAH-targeted drugs might influence inflammatory processes in the pressure overloaded right ventricle. In dogs subjected to transient PAB, epoprostenol infusion limited activation of inflammatory processes in the right ventricle (Dewachter et al., 2015). Further, chronic treatment of rats with monocrotaline-induced PH with the endothelin-1 antagonist bosentan was associated with improved RV function and preserved right ventricle-pulmonary artery coupling and reduced cytokine levels in the right ventricle (Fontoura et al., 2014).

Recent experimental studies have demonstrated efficacy of direct anti-inflammatory drugs, including TNF- α antagonists (Wang et al., 2013), anti-CD20 antibodies (Mizuno et al., 2012; Breitling et al., 2017), an inhibitor of T helper 17 cell development SR1001 (Maston et al., 2017), and mast cell stabilizers (Dahal et al., 2011; Bartelds et al., 2012), in attenuating PH. Phase II clinical trials investigating novel drugs targeting inflammation and immune dysfunction in PAH (ubenimex, rituximab, and tocilizumab) are currently underway (Lau et al., 2017). However, data on the effects of anti-inflammatory agents on adverse RV remodeling and dysfunction are scarce. In experimental acute RV failure following PE, several studies have shown that various anti-inflammatory strategies, including treatment with antibodies against polymorphonuclear leukocytes, antibodies to CXCL-1, or anti-inflammatory drug ketorolac can decrease

expression of RV inflammatory genes, reduce neutrophil influx, and prevent RV dysfunction (Watts et al., 2006, 2009; Zagorski et al., 2007). Similarly, in rats with chronic RV pressure overload following PAB, treatment with the NF- κ B inhibitor pyrrolidine dithiocarbamate decreased macrophage accumulation in the right ventricle, which was associated with improved RV remodeling and function (Yoshida et al., 2016).

CONCLUDING REMARKS

A plethora of inflammatory mediators are upregulated in the right ventricle in response to pressure overload along with accumulation of inflammatory cells (**Figure 1**). However, the exact role of the inflammatory mediators in this context is not established yet. Further studies are required to gain mechanistic insight into how these mediators contribute to maladaptive RV remodeling and dysfunction. A better understanding of the role of inflammation in the pathogenesis of adverse RV remodeling and failure may lead to novel anti-inflammatory therapies for selected patients. Biomarker strategies identifying patient subpopulations with overactive pro-inflammatory signaling may contribute to rational implementation of anti-inflammatory therapies to prevent or reverse RV maladaptive remodeling and dysfunction. Preliminary evidence from preclinical studies suggests that therapeutic approaches targeting specific components of the inflammatory response may be promising for patients with pressure overload-induced adverse RV remodeling and dysfunction.

AUTHOR CONTRIBUTIONS

AS, AM, AP, and DK drafted the manuscript. AS, AM, AP, DK, ASS, HG, NW, and RS revised the manuscript critically for important intellectual content. AS, AM, AP, DK, ASS, HG, NW, and RS approved the final version of the manuscript submitted.

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Inflammation in Right Ventricular Failure: Does It Matter?

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Right ventricular (RV) failure is a common consequence of acute and chronic RV overload of pressure, such as after pulmonary embolism and pulmonary hypertension. It has been recently realized that symptomatology and survival of patients with pulmonary hypertension are essentially determined by RV function adaptation to increased afterload. Therefore, improvement of RV function and reversal of RV failure are treatment goals. Currently, the pathophysiology and the pathobiology underlying RV failure remain largely unknown. A better understanding of the pathophysiological processes involved in RV failure is needed, as there is no proven treatment for this disease at the moment. The present review aims to summarize the current understanding of the pathogenesis of RV failure, focusing on inflammation. We attempt to formally emphasize the importance of inflammation and associated representative inflammatory molecules and cells in the *primum movens* and development of RV failure in humans and in experimental models. We present inflammatory biomarkers and immune mediators involved in RV failure. We focus on inflammatory mediators and cells which seem to correlate with the deterioration of RV function and also explain how all these inflammatory mediators and cells might impact RV function adaptation to increased afterload. Finally, we also discuss the evidence on potential beneficial effects of targeted anti-inflammatory agents in the setting of acute and chronic RV failure.

Keywords: right ventricular failure, coupling, pulmonary hypertension, inflammation, cytokines, chemokines, immune cells

INTRODUCTION

Although the initial insult involves the pulmonary circulation, it has been better realized recently that symptomatology and poor clinical outcome in patients with pulmonary arterial hypertension (PAH), are essentially determined by the adaptation of right ventricular (RV) function to increased afterload (Galiè et al., 2010; Vonk-Noordegraaf et al., 2013; Vonk-Noordegraaf et al., 2017; Friedberg and Redington, 2014), showing the importance to consider the coupling of the RV to the pulmonary circulation, as a sole functional unit (Naeije et al., 2014). Similarly, after pulmonary embolism, mortality and morbidity increase dramatically in patients, in presence of RV dysfunction (Kasper et al., 1997; Ribeiro et al., 1997; Kreit, 2004; Schoepf et al., 2004). We know that the RV initially adapts to an increase in afterload observed in pulmonary hypertension (PH) by an increased contractility with preserved dimensions and stroke volume

(called Anrep's homeometric adaptation). This systolic function adaptation eventually fails, resulting in increased RV dimensions (called Starling's heterometric adaptation) and decreased stroke volume (Galiè et al., 2010; Vonk-Noordegraaf et al., 2013; Vonk-Noordegraaf et al., 2017; Friedberg and Redington, 2014). Cellular and molecular mechanisms underlying the development of RV dysfunction (from adaptive to maladaptive processes) remains insufficiently understood (**Figure 1**). Moreover, specific pharmacologic therapy that can reverse RV failure is not yet available and the effects on RV function of available PAH therapies remain largely elusive.

In recent years, activation of inflammatory processes has been identified as one of the major pathogenic components of pulmonary vascular remodeling, contributing to the development of various forms of pulmonary PH (Humbert et al., 2004; Rabinovitch, 2012; Voelkel et al., 2016). Additionally, circulating levels of inflammatory mediators, such as interleukin (IL)-6, IL-1 β , tumor necrosis factor (TNF)- α , and monocyte chemoattractant protein (MCP)-1, have been shown to be elevated in PAH and correlated to the severity of the disease (Humbert et al., 1995; Dolenc et al., 2014). However, the role of inflammation in the transition from RV adaptation to RV failure is still poorly understood.

Described in many different cardiovascular diseases (other than PAH) (Mann, 2002; Frangogiannis, 2014), myocardial inflammation has progressively emerged as a pathophysiologic process contributing to cardiac hypertrophy, fibrosis and dysfunction in heart failure (Frieler and Mortensen, 2015; Mann, 2015). In patients with idiopathic PAH (Overbeek et al., 2008; Condliffe et al., 2009) or selected forms of congenital heart diseases, such as Eisenmenger syndrome (Kuhn et al., 2003), RV failure is less prevalent and occurs later compared to patients with PAH associated to inflammatory diseases such as systemic sclerosis (Kawut et al., 2003; Kuhn et al., 2003; Overbeek et al., 2008; Condliffe et al., 2009). In these patients, RV inflammatory infiltrates were denser than in patients with idiopathic PAH, while interstitial fibrosis was similarly present in all the RV (Overbeek et al., 2010). This strongly suggests that RV failure is predominant in patients with PH presenting an inflammatory background. However, the implication of inflammation to RV dysfunction is suspected in all forms of PH, including both chronic and acute increase in RV afterload (Iwadate et al., 2003; Begieneman et al., 2008; Overbeek et al., 2010). In experimental models of RV failure, myocardial inflammation has also been described, with increased infiltration of inflammatory cells and expression of various cytokines and chemokines (Campian et al., 2010; Rondelet et al., 2012). We also know that, in the heart, inflammatory processes are inextricably linked to cell death, oxidative stress, altered cell metabolism and extracellular matrix remodeling, which all have been incriminated in the pathogenesis of RV failure (**Figures 1, 2**; Bogaard et al., 2009a).

In the present review article, we propose an overview of the multiple players involved in the complex inflammatory response to acute or chronic increased afterload and its contribution to subsequent (mal)adaptive remodeling of the RV leading to RV dysfunction, regarding what's already known in the left ventricle (LV) and in heart failure in general.

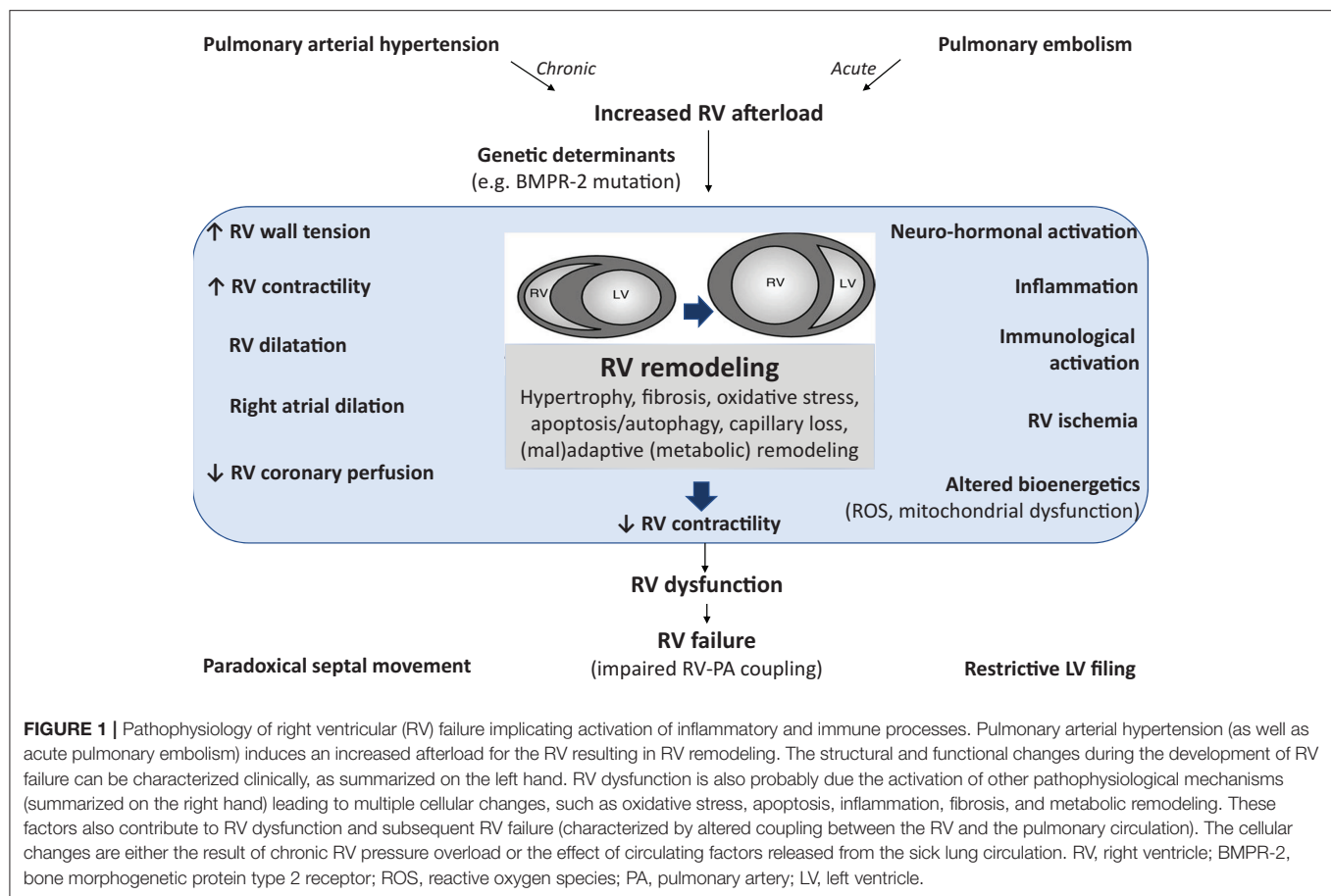
INFLAMMATION AND RV FAILURE

Inflammation is an essential biological stimulation-response system provided by the immune system to ensure the survival after noxious stimuli, such as infection or tissue injury. Inflammatory responses may, therefore, be considered as a classic homeostatic system, functioning to maintain normal organ function. In the heart, activation of inflammatory processes induced by sterile stressors is largely similar to that observed during infection, including the release of vasoactive peptides, the expression of adhesion molecules [e.g., vascular cell adhesion molecule (VCAM)-1, intercellular adhesion molecule (ICAM)-1] in cardiac cells (e.g., cardiomyocytes, fibroblasts, endothelial cells) that promote myocardial recruitment of inflammatory cells (e.g., neutrophils, macrophages, lymphocytes), the release of inflammatory cytokines and chemokines, and the activation of T cell-mediated adaptive immune responses (Chen and Nuñez, 2010; Frieler and Mortensen, 2015; Mann, 2015; Prabhu and Frangogiannis, 2016). This initial response to harmful stimuli represent *acute inflammation*, which probably evolves as an adaptive response to restore tissue homeostasis and function. However, when this harmful inflammatory trigger persists, it can cause dramatic tissue damage eventually leading to cardiac loss of function (Libby, 2007). This prolonged dysregulated and maladaptive response of the body is *chronic inflammation*, which involves myocardial inflammation, tissue destruction and attempts to repair tissue damages, leading to altered myocardial function.

Accumulating evidence suggests that all cardiac cell types could participate to this inflammatory response by their own and therefore playing a central vicious role in the maintenance of these maladaptive processes associated to chronic inflammation (Van Linthout et al., 2014), leading to heart failure. RV activation of inflammatory processes is associated with and contributes to RV adverse remodeling and dysfunction (Campian et al., 2010; Rondelet et al., 2012; Dewachter et al., 2015). In RV failure, an elevated expression of cytokines and chemokines modulate various intracellular signaling pathways in cardiac cells, leading to cardiomyocyte hypertrophy and death, mitochondrial dysfunction, endoplasmic reticulum stress, and cardiac fibrosis characterized by fibroblast proliferation and differentiation and collagen deposition (**Figure 3**; Frieler and Mortensen, 2015; Mann, 2015; Prabhu and Frangogiannis, 2016). In addition, these inflammatory mediators also alter myocardial metabolic processes and cardiomyocyte contractile properties.

MEDIATORS AND EFFECTORS OF INFLAMMATION—CYTOKINES AND CHEMOKINES

Cytokines play a crucial role in inflammatory response to acute myocardial injury, mediating the recruitment of inflammatory and immune cells into the injured area (Seta et al., 1996) and exerting direct detrimental effects on the heart (Seta et al., 1996). Released directly by the heart itself (Shimano et al., 2012), cytokines can also be produced by cardiomyocytes

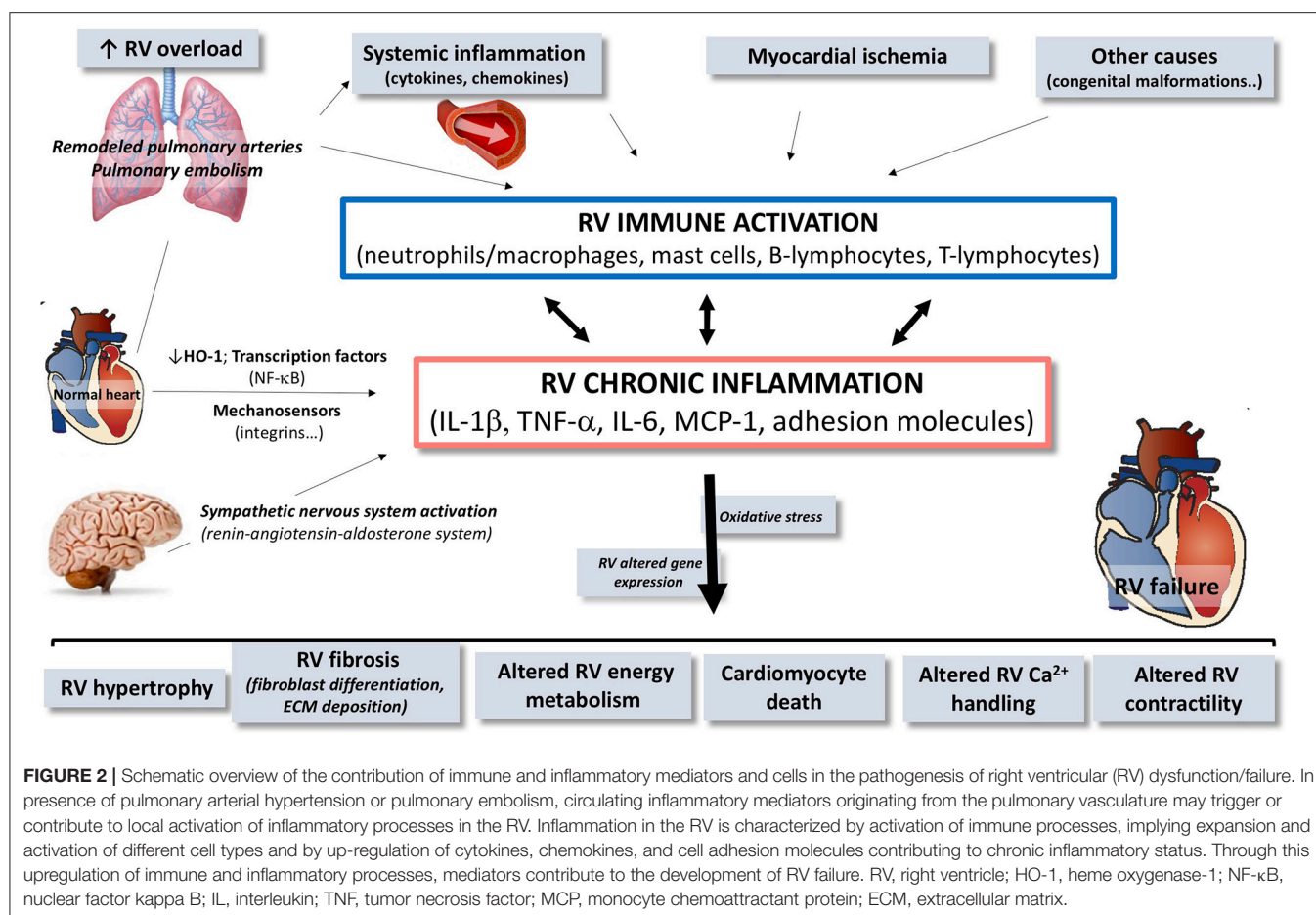


(Kapadia et al., 1995), cardiac endothelial cells (Liu et al., 2014) and fibroblasts, resident macrophages (Pinto et al., 2016) and infiltrated inflammatory cells, as well as by extra-cardiac tissues (e.g., adipose tissue). In PAH patients, increased levels of circulating pro-inflammatory cytokines (e.g., IL-1 β , TNF- α) have been correlated to the severity of the disease (Humbert et al., 1995; Dolenc et al., 2014), which also reinforces the vicious circle between inflammation and RV failure.

IL-1 Signaling Pathway

In persistent RV failure induced by acute pulmonary artery banding, IL-1 β was overexpressed in the RV, mainly in the vessels and myocardial infiltrating cells, rather than in cardiac cells themselves (Dewachter et al., 2015). This was associated with decreased expression of IL-33, a cardio-protective cytokine of the IL-1 family, and of ST2, a soluble decoy receptor regulating negatively the IL-1/IL-33 signaling (Dewachter et al., 2015). Overexpression of IL-1 α and -1 β was also reported in experimental RV failure on chronic systemic-to-pulmonary shunting in pigs (Rondelet et al., 2012), while IL-33 expression did not change (Belhaj et al., 2013). Pro-inflammatory cytokines (such as IL-1 β and TNF- α) act as acute-phase mediators after tissue injury. In the heart, they mediate negative inotropic effects and promote myocardial hypertrophy and cell death

(Bujak and Frangogiannis, 2009). Mechanistically, IL-1 β -induced negative inotropic effects were mediated by inducible nitric oxide (NO)-synthase activation and peroxynitrite production, which can interfere with the excitation-contraction coupling, leading to a rapid and reversible contractile dysfunction (Finkel et al., 1992; Van Tassel et al., 2013). In addition, it was demonstrated that IL-1 β (as well as IL-6) were able to reduce the expression of sarco/endoplasmic reticulum calcium (Ca²⁺)-ATPase in cardiomyocytes (Thaik et al., 1995), suggesting abnormalities of Ca²⁺ handling underlying these negative inotropic effects. IL-1 β promotes cardiac hypertrophy through insulin-like growth factor-1 release from cardiac fibroblasts, via a paracrine mechanism involving signal transducer and activator of transcription3 (STAT3) activation (Honsho et al., 2009). In cardiomyocytes, IL-1 β -induced apoptosis was reported to be mediated by the activation of inducible NO-synthase and the upregulation of Bcl2 homologous antagonist/killer (Bak) and B-cell lymphoma-extra-large (Bcl-XL) (Ing et al., 1999). In addition, IL-1 β directly induced cardiomyocyte growth in a NO-independent manner (Thaik et al., 1995). On the other hand, IL-1 β also contributed to fibrotic processes, stimulating the release of matrix metalloproteinases in cardiac fibroblasts, through the inhibition of the endoglin signaling and the activation of the bone morphogenetic protein (BMP) pathway (Saxena et al., 2013). IL-1 β , has also been shown to impair cardiac energy

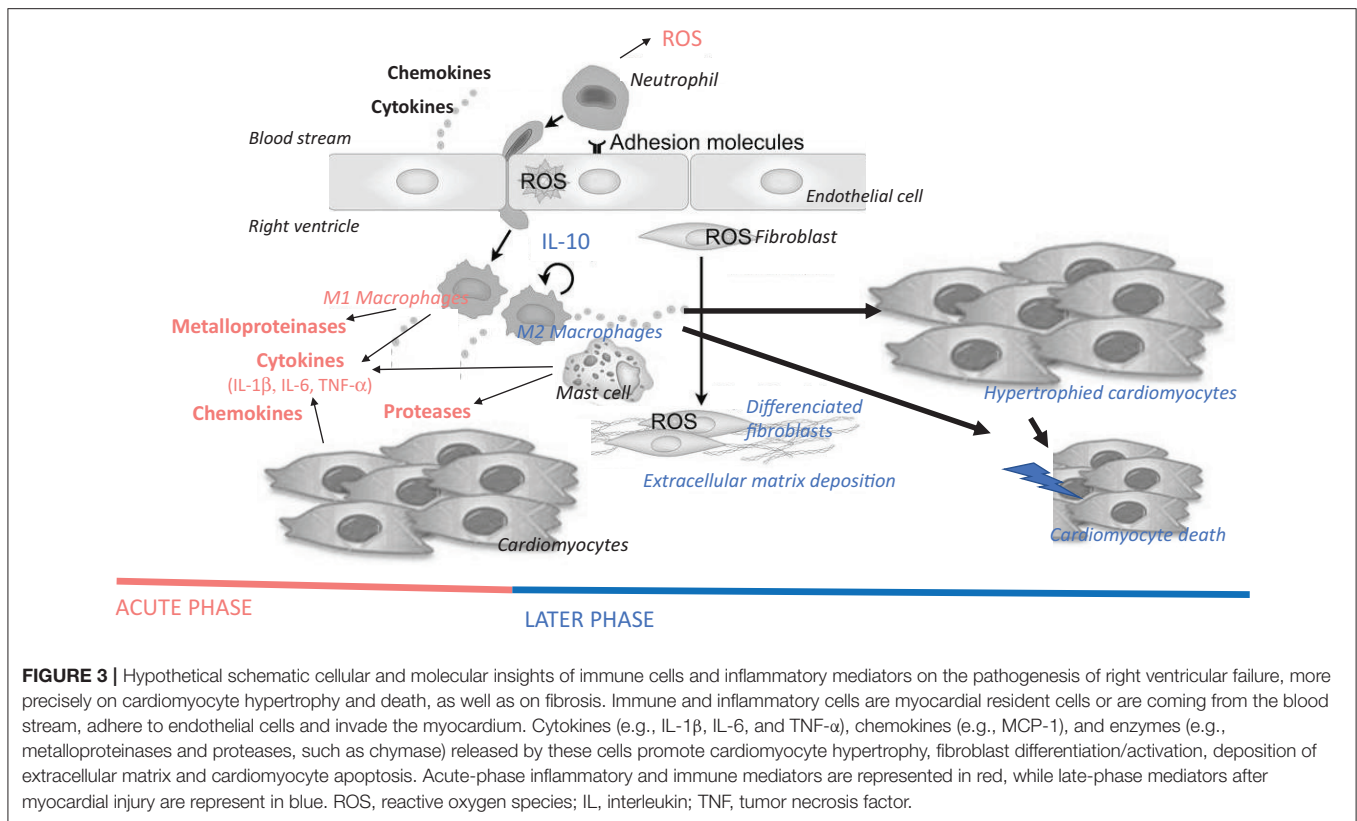


metabolism, increasing myocardial oxygen demand adding to the detrimental effects of myocardial contractile performance in a context of oxygen supply limitation (Hofmann et al., 2007). Therefore, upregulation of IL-1 β could contribute to the pathogenesis of RV failure by decreasing RV contractility, inducing cardiomyocyte death and altered supply in metabolic energy.

TNF- α Signaling Pathway

RV failure induced by transient pulmonary artery banding was associated with a RV increase in TNF- α expression, whereas circulating serum levels of TNF- α remained undetectable after pulmonary artery banding (Dewachter et al., 2010), suggesting local early expression of this pro-inflammatory cytokine in this experimental model. A local increased expression of TNF- α was also observed in experimental brain death-induced RV dysfunction (Belhaj et al., 2016) and tightly correlated to the prediction to develop RV failure early after heart transplantation (Birks et al., 2000). Expression of TNF- α was increased in the failing RV after 6-month systemic-to-pulmonary shunting in pigs, together with increased circulating serum TNF- α levels (Rondelet et al., 2012). Early activation of inflammatory processes, characterized by an increase in TNF- α and myeloperoxidase expression, was also observed

in RV dysfunction in rats developing severe PH induced by monocrotaline injection (Campian et al., 2010). In patients with advanced heart failure, myocardial expression of TNF- α was abundantly increased (Torre-Amione et al., 1996), probably contributing to maladaptive mechanisms implicated in the development of cardiac hypertrophy and dysfunction (Frieler and Mortensen, 2015; Mann, 2015; Prabhu and Frangogiannis, 2016). In these patients, high circulating TNF- α levels were tightly correlated to myocardial fibrosis, inflammation, as well as ventricular dilatation and mortality (Kubota et al., 2000b). This is consistent with experimental data showing that TNF- α contributes to substantial cardiac remodeling. In cardiomyocytes, TNF- α induced the activation of apoptosis (Chandrasekar et al., 2004), through the activation of nuclear factor- κ B (NF- κ B) signaling (Glezova and Baugh, 2014). TNF- α induced cardiomyocyte hypertrophy, through mechanisms dependent on the interaction between cell integrin and the extracellular matrix (Yokoyama et al., 1997) and the activation of AKT/NF- κ B and JNK pathways (Higuchi et al., 2006). In cardiac fibroblasts, TNF- α induced proliferation and collagen production through the suppression of miR-29 (Venkatachalam et al., 2009). Experimentally, TNF- α has been shown to contribute to systolic and diastolic dysfunction (Kubota et al., 2000a; Dibbs et al., 2003) and increased arrhythmogenesis (Lee et al., 2007). In mice,



cardiomyocyte-specific overexpression of TNF- α induced dilated cardiomyopathy characterized by ventricular hypertrophy and dilatation, myocardial infiltration of inflammatory cells, fibrosis and cardiomyocyte apoptosis, together with reduced ejection fraction (Kubota et al., 1997). In contrast, TNF- α -deficient mice subjected to pressure overload were protected against cardiac hypertrophy, fibrosis and dysfunction (Sun et al., 2007). Interestingly, TNF- α (as well as IL-1 β) downregulated the expression of Ca²⁺-regulating genes, including sarcoplasmic reticulum Ca²⁺ ATPase (Wu et al., 2011) and Ca²⁺-release channels (Thaik et al., 1995), responsible for direct negative inotropic effects (Yokoyama et al., 1993; Duncan et al., 2007). This shows the contribution of inflammation in Ca²⁺ imbalance and cardiac remodeling, leading to a vicious circle observed in heart failure (Tschöpe and Lam, 2012). Moreover, TNF- α also altered the activity of β -adrenergic receptors, leading to the uncoupling of these receptors from the adenylyl cyclase (Gulick et al., 1989; Chung et al., 1990). In RV failure, TNF- α could, therefore, contribute to altered RV contractility and remodeling, through a Ca²⁺ imbalance responsible for ventriculo-arterial uncoupling. Moreover, it has been suggested that estrogen could alter inflammatory cell-induced synthesis of TNF- α , preventing the induction of cardiac fibroblasts that leads to adverse remodeling of the extracellular matrix (McLarty et al., 2013). This could, at least partly, explain why estrogen contributes to RV function improvement in different experimental models of PH (Frumpp et al., 2015; Liu et al., 2017).

IL-6 Signaling Pathway

In experimental RV failure, increased expression of IL-6 in the RV was inversely correlated to RV adaptation to increased afterload [assessed by the ratio between the pulmonary arterial elastance (Ea) and the end-systolic elastance (Ees)], while RV expressions of binding- (IL-6R) and signal transducing (gp130)-subunits of the IL-6 receptor remained unchanged (Dewachter et al., 2015). This is well-known that IL-1 and TNF- α are able to induce IL-6 release in different cell types (Zhang et al., 1990), which suggests that IL-6 has direct negative inotropic effects (Yu et al., 2005), but can also potentate these of IL-1 and TNF- α (Maass et al., 2002). Therefore, increased RV expression in IL-6, IL-1 β , and TNF- α could contribute to the amplified activation of inflammatory processes in the setting of RV failure. Circulating IL-6 levels were increased in RV failure on acutely increased afterload (Dewachter et al., 2015), which also probably contributes to the perpetuation of the inflammatory state and to the acceleration of the progression of global heart failure (as already described in the setting of LV failure). High circulating levels of CRP and IL-6 were independently associated to increased RV mass and volume (Harhay et al., 2013). High circulating levels of IL-6 have been reported in patients with severe PAH (Humbert et al., 1995), predicting negatively their survival and outcome (Soon et al., 2010). In contrast, RV expression of IL-6 did not change in RV failure induced by 6-month systemic-to-pulmonary shunting in pigs (Rondelet et al., 2012). Therefore, IL-6 could play a role in the transition from acute to chronic inflammation in RV failure. Moreover, IL-6 has also been incriminated in the pathogenesis

of cardiac hypertrophy and dysfunction (Frieler and Mortensen, 2015; Mann, 2015; Prabhu and Frangogiannis, 2016), through the activation of the Ca^{2+} /calmodulin-dependent protein kinase II and STAT3 pathways (Kunisada et al., 1996). Experimentally, infusion of IL-6 in rats was able to induce cardiac hypertrophy, inflammation, fibrosis and diastolic dysfunction (Meléndez et al., 2010), whereas IL-6 genetic deletion ameliorated angiotensin II- (Coles et al., 2007; Ma et al., 2012) and norepinephrine-induced cardiac hypertrophy and fibrosis (Meier et al., 2009). Downregulation of IL-6 expression reduced inflammation and reversed altered glucose metabolism induced by high fat diet in mice, through the inhibition of suppressor of cytokine signaling-3 signaling and the upregulation of insulin receptor substrate-1 signaling (Ko et al., 2009). This suggests that chronic inflammation may contribute to cardiac dysfunction through metabolic perturbations that can impair cardiac energetic production in response to metabolic stress. Overexpression of the signal transducer gp130 was shown to be sufficient to induce cardiomyocyte hypertrophy and to mediate IL-6 effects (Ancey et al., 2003), through the activation of STAT3 signaling (Kunisada et al., 1998) and the GRB2-associated-binding protein 1-Src homology 2 domain-containing phosphatase2 interaction (Nakaoka et al., 2003). Therefore, IL-6 could also be implicated in the development of RV remodeling in RV failure, but its precise role should be confirmed for the RV.

IL-10 Signaling Pathway

In RV failure on acutely increased afterload, the pro-inflammatory status (described above) is reinforced by the downregulation of anti-inflammatory cytokine IL-10 (Dewachter et al., 2015), leading to increased pro-inflammatory ratio of IL-6/IL-10 both in the RV and in the serum. Macrophages are the major source of IL-10, a cytokine that mediates its anti-inflammatory effects, through the inhibition of the synthesis of various inflammatory molecules such as interferon- γ , IL-1, IL-6, and TNF- α (Anker and von Haehling, 2004). Therefore, IL-10 is usually called a neutralizer of inflammation and a tissue protective cytokine. However, expression of IL-10 did not change in the failing RV in an experimental model of systemic-to-pulmonary shunting in pigs (Rondelet et al., 2012), suggesting a role mainly in the acute phase of inflammation. The role of IL-10 in heart failure is not well established. In experimental myocardial infarction, myocardial IL-10 expression was decreased (Kaur et al., 2006). Circulating IL-10 levels were diminished in patients with heart failure (Stumpf et al., 2003), while it has been reported that elevated levels of IL-10 and TNF- α was associated with an increased risk of mortality (Amir et al., 2010). These data are conflicting. Nevertheless, IL-10 is considered as a cardio-protective cytokine and increased levels of IL-10 in heart failure may be seen as a compensatory mechanism to counter deleterious effects of cytokines, such as TNF- α or IL-6.

MCP-1 (Endothelium-Derived CC Chemokine Ligand 2; CCL-2) Signaling Pathway

Expressions of MCP-1 and its receptor CCR2 were increased in the failing RV in two experimental models of RV failure

on acute increase in afterload (Watts et al., 2006; Dewachter et al., 2015). Increased expression of MCP-1 (as well as other chemokines) has been described in the pressure-overloaded RV following pulmonary artery banding and linked to altered expression of small leucine-rich proteoglycans by cardiac cells (e.g., fibroblasts), probably contributing to matrix remodeling (Waehre et al., 1985) and inflammation regulation (Iozzo and Schaefer, 2010; Moreth et al., 2010). Circulating levels of MCP-1 were increased in patients with PAH (Sanchez et al., 2007) and with heart failure (Kohno et al., 2008). However, the precise mechanistic role played by MCP-1 in heart failure remains elusive. We know that chemokines are, at least, able to promote myocardial infiltration and activation of leukocytes in the failing heart. Via its receptor CCR2, MCP-1 induced cardiomyocyte apoptosis, therefore contributing to ventricular dysfunction (Zhou et al., 2006). Interestingly, myocardial expression of MCP-1 increased during the early phases of myocardial infarction (Maekawa et al., 2004; Hayasaki et al., 2006) and inhibition of MCP-1 prevents ventricular remodeling after myocardial infarct (Hayashidani et al., 2003). Moreover, targeted deletion of MCP-1 in mice was shown to improve survival, attenuate LV dilatation and reduce contractile dysfunction after coronary occlusion (Hayashidani et al., 2003). In contrast, myocardial overexpression of MCP-1 was associated with altered contractile function associated with myocardial infiltration of leukocytes, mainly macrophages (Kolattukudy et al., 1998). Moreover, MCP-1 also induced the release of pro-inflammatory cytokines (Wrigley et al., 2011), such as IL-1 β and IL-6, participating to a “cytokine cascade” leading to the amplification of inflammatory processes in RV failure.

CELLULAR REGULATORS OF INFLAMMATION

Heme Oxygenase (HO)-1

Expression of HO-1 was decreased in the failing RV following acute (Dewachter et al., 2015) and chronic increase in afterload (Belhaj et al., 2013), with a tight correlation between RV expression of HO-1 and RV-pulmonary artery coupling (assessed by the Ees/Ea ratio) (Belhaj et al., 2013; Dewachter et al., 2015), suggesting a functional role of HO-1 in maintaining RV systolic function. This stress-inducible enzyme plays crucial roles in the control of inflammation and cytoprotective processes (Otterbein et al., 1999). Indeed, HO-1 catalyzes heme degradation into carbon monoxide, biliverdin and iron (Tenhunen et al., 1968). Through the biological activities of its metabolite products, activation of HO-1 contributes to cell defense, through reduced oxidative stress and inhibition of the activation of inflammatory and apoptotic processes. Moreover, carbon monoxide is an effective vasodilator which is also able to inhibit platelet aggregation, reduce leucocyte adhesion, cellular apoptosis, and pro-inflammatory cytokine production. Therefore, a decrease in HO-1 expression may lead to an increase in pro-inflammatory cytokine expression (Constantin et al., 2012) in the failing RV. Moreover, there were inverse relations between HO-1 expression and RV neutrophil and macrophage infiltration, as well as with RV pro-apoptotic

Bax/Bcl-2 ratio (Dewachter et al., 2015), which strongly suggests a potential mechanistic link between downregulated HO-1 expression and inflammation and apoptosis in RV failure. In chronic hypoxia-exposed mice, administration of mesenchymal cells overexpressing HO-1 was associated with reduced RV hypertrophy, limited infarcted zones and decreased RV systolic pressure to normal values (Liang et al., 2011). In contrast, in the same experimental PH model, downregulation of HO-1 was shown to induce severe RV dilatation and dysfunction, together with cardiac inflammation, fibrosis, and apoptosis (Yet et al., 1999). However, expression of HO-1 was respectively increased and decreased in the RV of experimental models of RV pressure overload (Katayose et al., 1993) and RV failure (Bogaard et al., 2009b). This suggests variable HO-1 expression depending on the stress-induced cardiomyocyte damage and the progression of RV failure. In RV failure, we could speculate that downregulated HO-1 expression could impair its physiological implication in the control of inflammation activation in RV failure. However further studies are necessary to confirm that.

NF- κ B

In an inflammatory experimental model of PH, cardiac specific inhibition of the major inflammatory transcription factor NF- κ B, prevented RV hypertrophy and remodeling, despite the presence of PH, mainly through the restored expression of BMP signaling members, and the reduced inflammatory phenotype (including reduced expression of IL-6 and cell adhesion molecules) (Kumar et al., 2012). Activation of NF- κ B signaling also plays a role in regulating cardiomyocyte hypertrophy, promoting cardiomyocyte growth and expression of fetal sarcomeric genes, whereas its inhibition reduces cardiac growth *in vivo* (Kawano et al., 2005; Zelarayan et al., 2009; Liu et al., 2012). Mechanistically, the cross-talk between NF- κ B and nuclear factor of activated T-cells (NFAT) seems to be critical to promote cardiomyocyte growth (Liu et al., 2012). In addition, cardiac expression of peroxisome proliferator-activated receptor gamma coactivator-1 α , a master regulator of mitochondrial function (Shah et al., 2016), has been shown to be inhibited by chronic inflammatory activation, through a NF- κ B-dependent mechanism, suggesting that chronic activation also impairs mitochondrial metabolic regulation. However, the precise role of NF- κ B in the progression of RV failure remains unknown. Activation of NF- κ B has been associated to the development of heart failure in both humans and experimental models. Myocardial levels of NF- κ B were increased in patients with advanced heart failure (Frantz et al., 2003). In contrast, in patients with advanced heart failure with LV assist device, the number of NF- κ B immune-positive myocardial cells decreased (Grabellus et al., 2002), suggesting that activation of NF- κ B signaling seems to involve a complex cellular response to heart failure.

Cellular Mechanosensing

In heart failure, wall stress increases, exposing cardiac cells to increasing biomechanical strain. Mechanosensitive adhesion proteins, including integrins, and cadherins, transduce these mechanical signals, and can stimulate inflammation

(Schroer and Merryman, 2015). It has been described, in stretched cardiomyocytes and in hemodynamic-overloaded myocardium, increased secretion of TNF- α and IL-6, together with increased expression of atrial natriuretic peptide (Yoshida et al., 2014). Upon mechanical stretch, cardiac fibroblasts, rather than cardiomyocytes themselves, can be activated, secreting more chemokines and inflammatory cytokines (such as IL-1 β), but also extracellular matrix components (Lindner et al., 2014). This contributes to recruit further monocytes by allowing transendothelial migration into cardiac tissue (Lindner et al., 2014). Mechanical strain induces in macrophages the activation of inflammatory processes, leading to increased expression of TNF- α , IL-6, and metalloproteinases acting on the extracellular matrix (Pugin et al., 1998) and increased expression of scavenger receptors (Sakamoto et al., 2001). Moreover, macrophages submitted to mechanical strain are more prone to entry into the cell cycle (Sager et al., 2016), suggesting increased wall tension observed in right heart failure could participate to local macrophage proliferation. Strong similarities suggest that all these phenomena could be of importance in RV failure, but still remain unexplored.

INFLAMMATORY AND IMMUNE CELLS

In heart failure, the inflammatory/immune component includes infiltrated neutrophils/monocytes, macrophages, dendritic cells, and lymphocytes, but also cardiac resident cells such as cardiomyocytes, fibroblasts, and endothelial cells (Figure 2). All these cells are responsible for local cardiac expression and release of inflammatory mediators (Figure 3).

After injury, circulating immune cells, which come from lymphoid organs (spleen and bone marrow), are directed to sites of injury, adhere (or come close) to endothelial cells, invade the myocardium and release a variety of inflammatory molecules (e.g., cytokines and chemokines), acting locally, and promoting chemotaxis of other inflammatory cells. These released cytokines induce the activation of inflammatory processes, mediating multiple interactions between circulating and cardiac cells (Kim et al., 2014). These complex communications result in cardiac remodeling through matrix deposition (mainly collagen) and remodeling, cardiomyocyte apoptosis and differentiation. In addition, we know that inflammatory cells activate cardiac fibroblasts leading to adverse deposition of extracellular matrix, which contributes to the pathobiology of heart failure.

Innate Immune Cells

Dendritic Cells

Acting as sentinels, immature dendritic cells patrol the blood and peripheral tissue to detect foreign and pathogenic antigens, as well as tissue damage and inflammation. This leads to antigen phagocytosis by dendritic cells, which then expresses the maturation marker CD83 and class I and II major histocompatibility complexes. Mature antigen-presenting dendritic cells migrate to secondary lymphoid tissue, where they present antigens to naïve helper and cytotoxic T-cells and prime them (Banchereau et al., 2000). According to their

hematopoietic origin, dendritic cells can be divided into myeloid and plasmacytoid dendritic cells, inducing a Th1 and Th2-biased immune response respectively. Furthermore, specialized cardiac dendritic cells have been found in the human heart (Zhang et al., 1993; Yokoyama et al., 2000), and further characterized as a subtype of dendritic cells expressing human leukocyte antigen-DR (but not S100, CD1a, CD21, CD23, and CD35) (Yokoyama et al., 2000). This different surface marker profile compared to ordinary dendritic cells has led to the hypothesis that dendritic cells could change their phenotype depending on the local environment. In various cardiovascular diseases (as well as in hypoxic conditions), dendritic cells play a central role in mediating immunological effects (Yilmaz et al., 2009; Kretzschmar et al., 2015; Rohm et al., 2016). In end-stage heart failure, elevated numbers of dendritic cells have been identified, with a marked increase in myeloid dendritic cells and a concomitant decrease in plasmacytoid dendritic cells (Athanassopoulos et al., 2004, 2009). This suggests a systemic Th1 polarization in these patients. In contrast, lower circulating myeloid and plasmacytoid dendritic cell counts have been described in decompensated heart failure (Sugi et al., 2011). In idiopathic PAH patients, decreased percentage of monocyte-derived dendritic cells has been observed in the peripheral blood, suggesting a Th1 reaction in these patients (Wang et al., 2009). However, the presence and the potential role of dendritic cells have not been considered yet in RV failure.

Mast Cells

Mast cells are granulocytes that develop in the bone marrow and migrate, with the blood stream, to different tissue, where they differentiate and mature. Upon inflammatory stimuli, cardiac mast cells degranulate, releasing a broad spectrum of mediators, including histamine, leukotrienes, growth factors, vasoactive substances, proteases, and cytokines (i.e., IL-1, TNF- α). The secretion of mast cell content is responsible for local inflammation. During the last decade, the possible role of cardiac mast cells has emerged in the pathogenesis of various cardiovascular diseases (Levick et al., 2011). Indeed, increased number of mast cells has been documented in hypertensive and failing LV (Batlle et al., 2006) and described as playing an important role in LV fibrosis, hypertrophy and failure (Stewart et al., 2003; Levick et al., 2008; Zhang et al., 2011). Therapy with mast cell stabilizer reduced fibrosis and preserved LV wall mass in experimental fulminant myocarditis in rats (Mina et al., 2013). Prolonged pressure overload on the RV induced by pulmonary artery banding was associated with increased mast cell density in the RV (Olivetti et al., 1989). This probably results from proliferation and maturation of resident immature cardiac mast cells (Forman et al., 2006; Li et al., 2012), as well as from recruitment of mast cell progenitors followed by further maturation and differentiation in the RV (Frangogiannis et al., 1998; Ngkelo et al., 2016). Despite the presence of RV hypertrophy, mast cell density was not affected in the RV of 3-month-old rats born at high altitude (Rakusan et al., 1990). Mast cells also contribute to cardiac hypertrophy and fibrosis by synthesizing and secreting

pro-hypertrophic and pro-fibrotic cytokines (e.g., TNF- α and IL-6) and growth factors [e.g., transforming growth factor (TGF)- β and basic fibroblast growth factor] (Gordon and Galli, 1990; Gordon et al., 1990; Shiota et al., 2003; Sun et al., 2007; Meléndez et al., 2010). In addition, mast cells can also promote tissue fibrosis, stimulating proliferation, maturation and synthesis of collagen in cardiac fibroblasts (Liao et al., 2010). Upon their degranulation, mast cells release very high levels of proteases (e.g., chymases and tryptases) which can activate the proliferation and the synthesis of matrix protein in fibroblasts (Cairns and Walls, 1997; Akers et al., 2000). Inhibition of these proteases was shown to prevent the development of cardiac fibrosis and improve LV dysfunction in experimental models of LV disease (Matsumoto et al., 2003; Kanemitsu et al., 2006). Therefore, inhibition of mast cell proteases might be an original strategy to manage cardiac function. In the hypertrophied RV induced by pressure overload, the expressions of mast cell proteases (i.e., chymases-2,-4,-5,-6 and exopeptidase CPA3) were upregulated (Luitel et al., 2017). Moreover, a mast cell stabilizing compound was tested in chronic hypoxia exposed rats, showing significant reduced RV hypertrophy and lung mast cell hyperplasia (Kay et al., 1981). This should be further explored in RV failure.

Neutrophils/Monocytes and Macrophages

Upon tissue damage, monocytes massively leave the blood stream to differentiate into macrophages in tissues. There, they patrol to eliminate dead cells or pathogens, using phagocytosis and destroying foreign bodies by enzymatic digestion. Macrophages also reside in many healthy tissues, with a substantial tissue-specific heterogeneity among each macrophage population. In the heart, 6–8% of non-cardiomyocytes are cardiac resident macrophages (Pinto et al., 2016), with a dynamic balance between classically-activated macrophages (M1-like cells) and alternatively-activated macrophages (M2-like cells) depending on the activation stimulus. M1 macrophages are known to display a cytotoxic and pro-inflammatory phenotype characterized by strong pathogen and debris clearance and pro-inflammatory cytokine (i.e., IL-6, TNF- α , IL-1 β , IL-12, and IL-23) secretion. In contrast, M2 macrophages suppress immune and inflammatory responses (through the release of anti-inflammatory IL-10 and TGF- β), and participate in tissue remodeling and scar formation (Frantz and Nahrendorf, 2014). Deriving from local cardiac progenitors, M2 macrophages have been shown to be the major steady-state cardiac macrophage population, even if their specific functions remain largely unknown. However, these cells may have typical tissue resident macrophage roles, including guarding against infection/insult, but also probably regulating cardiac metabolism, contraction, extracellular matrix deposition, and survival of cardiomyocytes (Frantz and Nahrendorf, 2014). In experimental models of myocardial infarction (Swirski et al., 2009) and chronic heart failure (Ismahil et al., 2014), activation and migration of monocytes to the heart have been described and tightly linked to the activity of angiotensin II (Leuschner et al., 2010). In the early inflammatory steps after myocardial injury, M1 macrophages are predominantly present, while during the later remodeling phase, M2 macrophages are mostly present.

M1 macrophages probably act to clear debris, dead cardiac cells and neutrophils in order to allow tissue regeneration. This initial phase is followed by a proliferation phase during which M2 macrophages participate to myocardial mechanical stability through the regulation of angiogenesis and myofibroblast activity (Nahrendorf et al., 2007). The presence of sequential biphasic M1/M2 macrophage response seems to be crucial for wound healing and for a stable myocardial scar after cardiac injury (van Amerongen et al., 2007; Frantz et al., 2013). However, overabundant pro-inflammatory macrophages are also harmful. Indeed, massive recruitment of macrophages to the heart in response to cardiac injury has a prominent role in the development of myocardial remodeling, hypertrophy and fibrosis (Zhang et al., 2011; Frieler and Mortensen, 2015; Mann, 2015; Prabhu and Frangogiannis, 2016). During the progression of the pulmonary hypertensive disease, the role, dynamics and composition of M1/M2 macrophage populations in the RV are currently largely undefined. Most data are descriptive and come from *post-mortem* histological analysis of RV obtained after fatal pulmonary thromboembolism. They showed RV inflammatory infiltrate predominantly comprised of macrophages, T cells (Begieneman et al., 2008; Orde et al., 2011), neutrophils and macrophages (Iwadate et al., 2003). In experimental pulmonary embolism in rats, early and acute RV damage was associated with infiltration of mononuclear cells with characteristics of M1 phenotype. In the later phase, RV contractile function was reduced together with RV infiltration of mononuclear cells with M2 phenotype and collagen deposition beginning scar formation. This strongly suggests that neutrophil response corresponds to the early acute phase of inflammatory events, while macrophages are present during the proliferative phase and extracellular matrix deposition, changing from M1 to M2 phenotype (Watts et al., 2008). In an experimental model of persistent RV failure on acute increase in afterload, RV extravascular macrophage number was increased and tightly correlated to the coupling of the RV to the pulmonary circulation (assessed by the Ees/Ea ratio) (Dewachter et al., 2015), suggesting a potential mechanistic link between RV macrophage infiltration and RV dysfunction. Ischemia, which can be present in RV failure, induces the recruitment of macrophages (through MCP-1 release) (Kai et al., 2005). This could, at least partly, explain why RV dysfunction after pulmonary embolism was associated with increased expression of MCP-1 and C-C motif chemokine ligand 3 (CCL3 or MIP-1 α), as well as RV infiltration with neutrophil and monocyte/macrophage (Watts et al., 2006). In the hypertrophied RV, increased number of activated macrophages contributes to the release of a variety of pro-inflammatory cytokines (e.g., MCP1 and metalloproteinases), that contribute to the pathogenesis of RV failure. To date, cardiac macrophages have never been therapeutically targeted. Crucial to maintain the steady state and defending against infection, specific population of macrophages should be targeted to avoid collateral damage. During inflammatory processes, monocyte recruitment, which is tightly regulated by interaction between CCL2 and CCR2, could be reduced using silencing of the chemokine CCR2 with nanoparticles, as already experimentally tested in experimental myocardial infarction (Majmudar et al., 2013).

It should be interesting to evaluate this further in RV failure.

Adaptive Immune Cells

B-Lymphocytes

B-lymphocytes are able to differentiate into antibody-producing plasma B-cells, which play crucial roles in cell-mediated immune regulation through antigen presentation, cytokine release, differentiation of T-effector cells, and collaboration with antigen-presenting dendritic cells. In PAH patients, a distinct gene expression profile of their peripheral blood B-lymphocytes has been identified (Ulrich et al., 2008b), suggesting activation of B-cells in these patients. Moreover, antibodies directed against pulmonary endothelial cells and fibroblasts have been found in PAH, suggesting a role of B-cells in the pathogenesis of PAH (Tamby et al., 2005, 2006). However, the role played by these cells in the pathogenesis of RV failure remains unknown.

T-Lymphocytes

T-lymphocytes play a central role in cell-mediated immunity and include different types regarding their activity. T helper cells type 1 (Th1) are mainly pro-inflammatory and induce macrophage activation, while T helper cells type 2 (Th2) are predominantly anti-inflammatory through the release of multiple anti-inflammatory cytokines, such as IL-4, -10, -13. Treg cells control the balance between Th1 and Th2 responses, and are implicated in the control of autoimmunity. Tregs not only control other T-cells but also regulate monocytes, macrophages, dendritic cells, natural killer cells and B-cells. In heart failure, the presence of circulating CD4⁺ T-cells (expressing inflammatory cytokines) tightly correlates with altered LV function (Satoh et al., 2006; Fukunaga et al., 2007), and probably contributes to the transition from cardiac adaptation to heart failure. B- and T-lymphocyte-deficient mice submitted to chronic pressure overload had preserved systolic function, reduced myocardial fibrosis and macrophage infiltration (Laroumanie et al., 2014). In contrast, increased number of CD4⁺ T-cells have been reported early after coronary occlusion in mice (Hofmann et al., 2012), probably contributing to wound healing just after ischemic injury. Moreover, CD4⁺ T-cell deficient mice presented impaired wound healing with extracellular matrix disorganization in the ischemic zone (Hofmann et al., 2012). This strongly suggests protective adaptive immune responses early after myocardial insult, which seem to be detrimental at latter stages. Altered Treg function has been identified in patients with PAH (Tamosiuniene et al., 2011; Huertas et al., 2012) and in patients with PAH associated to HIV, systemic sclerosis, systemic lupus erythematosus, Hashimoto's thyroiditis, Sjögren's syndrome, and the anti-phospholipid syndrome (Speich et al., 1991; Covas et al., 1992; Mandl et al., 2004; Bonelli et al., 2009; Radstake et al., 2009). Moreover, higher numbers of circulating Treg cells have been shown in PAH patients, suggesting altered immune control by CD4⁺ T-lymphocytes (Ulrich et al., 2008a). However, the proportion of these cells in the hypertrophied/failing RV remains to be investigated in PAH, as well as their role in the pathogenesis of RV failure.

Resident Cardiac Cells Endothelial Cells

In cardiac endothelial cells, pro-inflammatory cytokines induce the expression of adhesion molecules (Tamaru et al., 1998), promote subsequent endothelial binding of immune cells and platelets (Zakrzewicz et al., 1997) and transendothelial migration (Woodfin et al., 2009). In an experimental model of RV failure induced by transient pulmonary artery banding, RV expression of VCAM-1 increased, while expression of ICAM-1 did not change (Dewachter et al., 2015). This was associated to increased RV expression of cytokines and chemokines, together with RV infiltration of neutrophils and macrophages, indicating an early immune response. RV dysfunction associated to brain death was also associated to increased expression of ICAM-1, -2, and VCAM-1 in the RV (Stoica et al., 2005; Belhaj et al., 2016), suggesting endothelial activation, which persists in the post-operative period, even in the absence of acute rejection. On the other hand, we also know that cytokines induce the apoptosis of cardiac endothelial cells and increase endothelial generation of reactive oxygen species (ROS), which induce the production of plasminogen activator inhibition-1 and of collagen by cardiac endothelial cells (Chandrasekar et al., 2004).

INFLAMMATION AS POTENTIAL THERAPEUTIC TARGET IN RIGHT HEART FAILURE

Even if inflammatory processes are activated in RV failure, the precise role of inflammation is yet to be deciphered in this morbid condition. Indeed, it remains unknown if inflammation in the RV could be a key transition step from RV adaptation to failure or if RV activation of inflammatory processes could be a mere bystander and a normal consequence to the primary processes involved in the pathogenesis of RV failure. In addition, whether a myocardial inflammatory process is exclusively maladaptive or whether it may be protective in allowing the heart to properly respond to metabolic stress remains elusive in RV failure. It was previously demonstrated that after acute myocardial injury, an acute inflammatory phase is important to remove damaged tissue and to induce the repair mechanisms that lead to scar formation (Frieler and Mortensen, 2015; Mann, 2015; Prabhu and Frangogiannis, 2016). Suppression of this acute inflammatory phase was proven to be detrimental and to impair post-infarction remodeling (van Amerongen et al., 2007; Frantz et al., 2013). Therefore, further studies should be focused on elucidating the various phases implicated in the pathogenesis of RV inflammation, and trying to dissect the mediators and cellular components that are important in each of these phases. On the other hand, we also know that clinical trials evaluating specific anti-inflammatory treatment in heart failure, despite a strong pathobiological background also present in this condition, were, so far, quite disappointing (Glezeva and Baugh, 2014; Hartman et al., 2018), which makes one wonder if the appropriate signals are being targeted.

While the activation of inflammatory processes has been obviously identified in RV failure secondary to PH, targeting

some of them may prove ineffective or offer an unacceptable risk-to-benefit ratio. For example, while TNF- α appears to be clearly implicated in the pathogenesis of RV failure, as well as of PAH, antagonizing this cytokine was not convincing with mixed pre-clinical results (Henriques-Coelho et al., 2008; Wang et al., 2013) and it is known to predispose patients to severe infectious complications such as tuberculosis. In PAH patients, clinical studies targeting such inflammatory mediator and evaluating the effects on RV function have not yet been performed. Moreover, we know that currently approved drugs used to treat PAH patients, which did not primarily target inflammation, have been shown to present some anti-inflammatory effects in pre-clinical and clinical studies (Stasch et al., 2011; Stitham et al., 2011; Fontoura et al., 2014; Dewachter et al., 2015). However, there is a paucity of data evaluating the effects of these drugs on the RV *per se*. Therefore, this is really difficult to discriminate the potential beneficial RV effects of these drugs vs. those observed in the pulmonary circulation. In an experimental model of acute RV failure on pulmonary embolism, selective anti-inflammatory therapy targeted at neutrophil chemoattractants present beneficial effects on RV function, reducing RV inflammation and damage (Zagorski et al., 2007).

Right heart failure is associated with an increase in sympathetic nervous system tone and an activation of the renin-angiotensin-aldosterone system, both resulting in fluid retention and vascular and myocardial remodeling. In patients with severe PAH, we also know that neuro-humoral activation is associated with a decreased survival (Ciarka et al., 2010; de Man et al., 2013a,b). The activation of the adrenergic nervous system and the regulation of the production of cytokines are tightly linked. Indeed, the activation of β_2 -receptors reduced TNF- α expression, while its increased anti-inflammatory IL-10 production (Ng and Toews, 2016). Conversely, $\alpha_{1,2}$ -adrenergic stimulation increased expression of TNF- α and reduced IL-10 (Spengler et al., 1990). We could therefore speculate that blocking the renin-angiotensin system may induce anti-inflammatory effects and may therefore result in reduced structural and functional alterations in the RV.

CONCLUSIONS AND FUTURE PERSPECTIVES

In conclusion, the role of inflammation in the development of RV failure appears to be significant. This is true for both RV failure on acute and chronic increase in afterload. However, more effort is needed to understand the mechanisms promoting this pathologic process and how to modulate it in order to develop new therapeutic interventions aiming at the reduction of RV failure and mortality in PAH patients. Moreover, it seems that inflammation and RV failure are strongly interconnected and mutually reinforce each other. Therefore, the inflammatory processes should be counteracted at early stages to stop the vicious circle existing between inflammation and heart failure. As illustrated in **Figure 1**, it may be that RV failure is not a uniform disease but a clinical syndrome, where different pathways play different important roles. More frequent RV failure in patients with PAH due to chronic inflammatory disorders compared to

patients with idiopathic PAH, might be a potential RV affection secondary to systemic inflammation. But if so, the question arises why the LV becomes not altered under these conditions.

Based on the results of experimental and translational studies presented here, we could speculate that a better understanding of the pathogenesis of RV failure will open the door for new therapeutic targets. Probably, different stimuli at various stages in the development of RV failure trigger inflammation, ROS generation, mitochondrial metabolism alteration and induction of cell death. Therefore, it is important to point out key regulators of these signaling pathways. Inflammation and ROS generation may not necessarily be harmful in RV failure, and may even

play a protective role depending on the trigger (acute or chronic increase in afterload) and the context. However, uncontrolled or excessive exposure of tissues to intense inflammatory signals may be detrimental. The relevance in the control of inflammation warrants further investigation in RV failure to evaluate if the use of anti-inflammatory therapy to improve RV function might be useful.

AUTHOR CONTRIBUTIONS

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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Circulating MicroRNA Markers for Pulmonary Hypertension in Supervised Exercise Intervention and Nightly Oxygen Intervention

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Rationale: Therapeutic exercise training has been shown to significantly improve pulmonary hypertension (PH), including 6-min walking distance and right heart function. Supplemental nightly oxygen also has therapeutic effects. A biomarker tool that could query critical gene networks would aid in understanding the molecular effects of the interventions.

Methods: Paired bio-banked serum ($n = 31$) or plasma ($n = 21$) samples from the exercise or oxygen intervention studies, respectively, and bio-banked plasma samples ($n = 20$) from high altitude induced PH in cattle were tested. MicroRNAs (miRNAs) markers were chosen for study because they regulate gene expression, control the function of specific gene networks, and are conserved across species.

Results: miRNAs that control muscle (miR-22-3p, miR-21-5p) or erythrocyte function (miR-451a) were chosen based on pilot experiments. Plasma samples from cattle that developed PH in high altitude had significantly higher miR-22-3p/(relative to) miR-451a values when compared to control cattle tolerant to high altitude. Measurements of miR-22-3p/miR-451a values in serum from patients receiving exercise training showed that the values were significantly decreased in 74.2% of the samples following intervention and significantly increased in the remainder (25.8%). In samples obtained after exercise intervention, a higher composite miRNA value, made of miR-22-3p and miR-21-5p/miR-451a and spike RNA, was significantly decreased in 65% of the samples and significantly increased in 35% of the samples. In the study of nightly oxygen intervention, when comparing placebo and oxygen, half of the samples showed a significant down-ward change and the other half a significant up-ward change measuring either of the miRNA markers. Samples that had a downward change in the miRNA marker following either intervention originated from patients who had a significantly higher 6-min-walking-distance at baseline (mean difference of 90 m or 80 m following exercise or oxygen

intervention, respectively) when compared to samples that had an upward change in the miRNA marker.

Conclusion: These natural animal model and human sample studies further highlight the utility of miRNAs as future biomarkers. The different directional changes of the miRNA markers following supervised exercise training or nightly oxygen intervention could indicate different PAH molecular pathomechanisms (endotypes). Further studies are needed to test this idea.

Keywords: pulmonary hypertension, MicroRNA, circulating biomarker, high altitude pulmonary hypertension, supervised exercise training, nightly oxygen intervention

INTRODUCTION

Pulmonary hypertension (PH) is a progressive disease for which there is no cure. PH is characterized by increased blood pressure in the pulmonary vasculature and the right heart, and can occur as a primarily vascular disease, or associated with conditions that cause pulmonary vascular remodeling and constriction. In all instances, PH leads to adverse clinical outcomes relative to the respective disease or healthy control groups that have no PH, and can be the cause of early mortality with 2–5 years life expectancy. The current World Symposium on Pulmonary Hypertension (WSPH) classification of PH is based on a combination of patient characteristics, clinical features and cardiopulmonary hemodynamics and these WHO groups are used to inform drug treatment options (Simonneau et al., 2013). Recently, PH interventions based on supervised exercise training and nightly oxygen have been developed that have significant therapeutic effect to a degree that is expected from adding another drug for multi-drug treatment of PH (Mereles et al., 2006; Grunig et al., 2011, 2012a,b; Nagel et al., 2012; Becker-Grunig et al., 2013; Schumacher et al., 2014; Pandey et al., 2015; Ulrich et al., 2015; Ehlken et al., 2016; Gonzalez-Saiz et al., 2017; Keusch et al., 2017; Moreira-Goncalves et al., 2017; Richter et al., 2017; Leggio et al., 2018). Already after a 3-week period, supervised exercise training improved, for example, the 6MWD and hemodynamics, which are important signs for PH prognosis (Grunig et al., 2012a,b). Nightly oxygen, even after 1 week, likewise, significantly improved the 6MWD (Schumacher et al., 2014; Ulrich et al., 2015).

Aside from genetic testing and the measurement of the right-heart stress markers B-type natriuretic peptide biomarkers that would identify the molecular or cellular pathobiologic mechanism that identify the cause of PH are not established (Hoffmann et al., 2016). Further, biomarkers that could explain the effects of therapeutic interventions like supervised exercise training or nightly oxygen, would aid in the understanding of the causes of PH, and represent optimal monitoring tools for the disease. Additionally, biomarkers that could identify underlying molecular mechanisms would be important to understand the diversity of PH by characterizing subtypes of PH that are distinguished by molecular pathomechanisms [endotypes

(Lotvall et al., 2011)] (Hemnes et al., 2017). This is important for personalized medicine for PH patients. The diverse molecular nature of PH is underscored by our recent understanding of mutations that can cause heritable PH. For example, recent work has identified multiple genes in multiple different molecular pathways that have gene-function altering mutations and confer greatly increased risk for developing PH. Examples include BMPR2 gene and other genes in the BMPR – transforming growth factor signaling networks, potassium channel dysfunction (KCNK3 gene), transcription factors, water channel (aquaporin gene) (Eichstaedt et al., 2017; Kimura et al., 2017; Ma and Chung, 2017; Olschewski et al., 2017; Gräf et al., 2018). Further evidence for the complex molecular cause of PH is that several risk factors have to come together to trigger disease (Viales et al., 2015; Evans et al., 2016).

MicroRNAs (miRNAs) function as epigenetic regulators of gene expression. miRNAs are small non-coding RNAs that negatively regulate gene expression by binding to the 3'UTR (untranslated region) of target messenger RNAs (mRNAs), thereby promoting mRNA degradation or suppressing the translation of the mRNA, in both cases, limiting or suppressing protein production from that specific gene. Currently, several thousands of miRNAs have been identified, each miRNA binding to several mRNAs, to control the function of several genes. In contrast to mRNA, miRNAs are actively excreted by cells and occur in the circulation (blood), miRNAs are very stable in bodily fluids, and are conserved among species. The importance of miRNA for PH has been established in recent studies (Bockmeyer et al., 2012; Brock et al., 2012; White et al., 2012). miRNAs are known for their critical function in gene-reprogramming that occurs in response to hypoxia (Hale et al., 2012), and hypoxia is an important cause for PH. Additionally, miR-204 has been identified as a critical pathogenic mediator in experimental PH, and it is down-regulated in human PH (Courboulin et al., 2011). Several miRNAs, among them miR-21 or miR-20, have been shown to target BMPR2 (Qin et al., 2009; Brock et al., 2012) and to also have critical function for the hypoxia mediated reprogramming of the pulmonary vasculature (Sarkar et al., 2010; Brock et al., 2012; Yang et al., 2012).

The current studies were designed to test the idea that circulating miRNA marker levels measured in the serum or plasma would be associated with PH in an animal model (Newman et al., 2015), and demonstrate significant change following PH-alleviating supervised exercise training (Grunig et al., 2012; Ehlken et al., 2016) or nightly oxygen

Abbreviations: 6MWD, 6-min walking distance; BMI, body mass index; BMPR2, bone morphogenetic protein receptor 2; miRNA, MicroRNA; PAP, pulmonary artery pressure; PH, pulmonary hypertension.

(Schumacher et al., 2014; Ulrich et al., 2015) interventions in human patients.

MATERIALS AND METHODS

Ethics Statement

All samples were from bio-repositories at the collaborating institutions. Serum and plasma samples were obtained for studies unrelated to the current experiments and then stored in respective bio-repositories at the University of Colorado (cattle plasma samples), or Universities of Zürich or Heidelberg (human samples). The previous studies (Grunig et al., 2012a; Schumacher et al., 2014; Newman et al., 2015; Ulrich et al., 2015; Ehlken et al., 2016) were performed under the supervision of the respective ethics committees at the collaborating institutions with the consent that bio-repositories can be instituted. The human participants gave written informed consent for blood sample studies for the supervised exercise intervention (Ehlken et al., 2016) and the nocturnal oxygen intervention (Ulrich et al., 2015) studies, respectively. The blood samples were obtained for other outcomes, unrelated to our study. For the current studies, the samples were sent to us from our collaborators in a de-identified manner, by persons not directly involved in the current study, such that we would never be able to access the link to the identifying data. For this reason, our research falls under the category 'no human or animal subjects involvement' and therefore ethics approval was not required for this research as per our Institution's guidelines and national regulations.

Cattle Plasma Samples

Plasma samples were analyzed from groups of cattle that were kept at high altitude (2300 m and higher) and that had received approval by the Institutional Animal Use and Care Committee at the University of Colorado (Newman et al., 2015). One group of cattle remained healthy and tolerant of the altitude with mean pulmonary artery pressures (mean PAP) of 50 mmHg and less (Newman et al., 2015). The other group had exhibited signs of intolerance to high altitude with mean PAP of 79 mmHg and more. A few cattle had an intermediate response with mean PAP of 50–79 mmHg.

Human Plasma and Serum Samples

De-identified, plasma and serum samples from bio-repositories were received from two different centers at the Universities of Heidelberg (Grunig et al., 2012a; Ehlken et al., 2016) and Zürich (Schumacher et al., 2014; Ulrich et al., 2015), respectively. The baseline characteristics of the sample donors are listed in **Table 1**, and the diagnoses are summarized in **Table 2**. The study from the Thoraxclinic, University of Heidelberg, had the goal to test the treatment effects of a supervised exercise program that was administered for the duration of 3 weeks in PH patients (Grunig et al., 2012a; Ehlken et al., 2016). Paired serum samples had been obtained before and after the supervised exercise program for outcomes unrelated to our study. The samples were sent to us from a repository. The study from the University of Zürich had been designed to test the effects of nightly oxygen that

was administered in a randomized, double blinded manner to PH patients (Schumacher et al., 2014; Ulrich et al., 2015). Each patient was randomly assigned to placebo (air) or oxygen first, and then was crossed-over to receive the other intervention. Paired plasma samples were obtained from the placebo and the oxygen parts of the study, respectively, for outcomes unrelated to our study, each taken after 1-week duration of the placebo or oxygen periods, respectively. Samples were sent to us from a repository.

RNA Isolation

The same volume (200 μ l) plasma or serum was used for total RNA purification for all samples. Total RNA was purified using miRNAeasy Mini Kit according to the protocol of the manufacturer (Qiagen, Valencia, CA, United States) and eluted into 35 μ l of water. During RNA isolation process, after the lysis and homogenization step of the manufacturer's protocol, 1 μ l of UniSp6 RNA Spike-in template (representing 10^8 copies) was added. The Spike RNA was used as an exogenous reference for the miRNA measurements. The UniSp6 RNA Spike-in template was provided with the miRCURY LNATM Universal cDNA synthesis kit II (Exiqon, Woburn, MA, United States).

For all human plasma samples, we performed a heparinase step following RNA purification. Thirty nanograms of RNA was treated with the following mix: 0.3U of heparinase (H2519-50UN, Sigma-Aldridge, St. Louis, MO, United States) and 22U RNase inhibitor (Invitrogen) re-suspended in 1xRT buffer from miRCURY LNATM Universal cDNA synthesis kit II, for 1 h at 25°C to remove heparin.

The cattle RNA was isolated in the same manner with addition of dialysis step prior RNA isolation, because the cattle samples were thought to contain citrate and heparin. Briefly,

TABLE 1 | Characteristics of sample populations.

		U. Heidelberg (Grunig et al., 2012a; Ehlken et al., 2016) exercise intervention	U. Zürich (Schumacher et al., 2014; Ulrich et al., 2015) oxygen intervention
Number of pairs		31	21
Age		50.68 \pm 2.935 ¹	65.14 \pm 2.205
Gender	Female	21	13
	Male	10	8
NYHA class ²	II	16	5
	III	9	16
BMI (kg/m ²)		28.28 \pm 1.239	27.33 \pm 0.892
6MWD (m)		459.5 \pm 23.03	438.30 \pm 19.79
PH with additional diagnosis ³		87%	100%
Mean PA pressure (mmHg)		50.54 \pm 3.383	40.50 \pm 3.801

¹Means \pm SEM are indicated. ²Information was not available for each of the variables [e.g., NYHA (New York Heart Association) class of heart failure and mean pulmonary artery (PA) pressure]. Of the patients with missing NYHA classification ($n = 6$) the mean pulmonary artery pressures at rest were between 50 and 80 mmHg in three patients, and 40 mmHg in one patient. ³PH classifications and Additional Diagnoses are listed in **Table 2**.

TABLE 2 | Diagnoses for PH Patients.

	U. Heidelberg (exercise intervention)	U. Zürich (oxygen intervention)
Total number of PH patients	31 (100%)	21 (100%)
Primary diagnosis¹		
Idiopathic PAH	19 (61%)	12 (57%)
Heritable PAH	7 (22.6%)	
Associated PAH		
connective tissue disease	2 (6.5%)	1 (4.8%)
portal hypertension	2 (6.5%)	1 (4.8%)
congenital heart disease	1 (3.2%)	
Chronic thromboembolic PH		7 (33%)
Additional diagnosis²		
Number of patients who had additional diagnoses	27 (87%)	21 (100%)
Transient embolic episodes of the pulmonary artery	6 (19%)	
Peripheral vascular disease (hypertension, subdural hematoma, arterial blockage, chronic venous disease)	9 (29%)	8 (38%)
Chronic lung disease (COPD, airway hyperreactivity, airway obstruction, asthma)	8 (26%)	6 (28%)
Left heart disease and/or heart rhythm abnormalities	7 (23%)	6 (28%)
Anemia, or iron therapy	8 (26%)	2 (9.5%)
Auto-immune disease (e.g., insulin dependent diabetes, or autoimmune thyroiditis)	3 (9.7%)	2 (9.5%)
Kidney disease	5 (16%)	5 (24%)
Tumor	2 (6.5%)	1 (4.8%)

¹One primary diagnosis per patient. All patients received PH specific medication.

²One or more additional diagnoses per patient. The patients received diagnosis specific medication as needed.

200 µl of sample in dialysis tube [Slide-A-Lyser Mini Dialysis Unit, 2000 MWCO] (Thermo Fisher Scientific, Waltham, MA, United States) was dialyzed against 200 ml of 1xTE (10 mM Tris-HCl pH 8.0, 1 mM EDTA) at room temperature for 1 h. This was followed by miRNAeasy Mini Kit extraction with addition of 10⁸ copies UniSp6-Spike RNA and heparinase treatment.

Reverse transcriptase reaction was performed with miRCURY LNATM Universal cDNA synthesis kit II accordingly to manufacturer's instructions. RNA concentrations were measured with DS-11 spectrophotometer (DeNovix, Wilmington, DE, United States).

miRNA Expression

Real time PCR was performed in triplicate with 0.1 ng of cDNA per reaction using a 7900HT Fast Real-Time PCR instrument (Applied Biosystems/Life Technologies, Grand Island, NY, United States) in a 10 µl volume. The PCR reactions were run with LNA-modified primers and SYBR Green master mix (Exiqon, Denmark/now Qiagen) in 384-well plate under the following conditions: 95°C for 10 min, followed by 45 cycles of

95°C for 10 s and 60°C for 1 min, followed by a hold at 4°C. The following LNA-modified primers were used: hsa-miR-451a (target 5'AAACCGUUACCAUACUGAGUU); hsa-miR-22-3p (target 5'AAGCUGCCAGUUGAAGAACUGU); hsa-miR-21-5p (target 5'UAGCUUAUCAGACUGAUGUUGA); Spike6 (target the synthetic spike RNA, UniSP6, supplied in the cDNA kit).

For the pilot study, we purchased LNA-modified primers specific for 16 additional miRNAs (hsa-let-7g-5p, hsa-miR-17-5p, hsa-miR-20a-5p, hsa-miR-20b-5p, hsa-miR-26a-5p, hsa-miR-27a-3p, hsa-miR-27b-5p, hsa-miR-30e-3p, hsa-miR-30e-5p, hsa-miR-93-5p, hsa-miR-103a-3p, hsa-miR-135a-5p, hsa-miR-142-5p, hsa-miR-150-5p, hsa-miR-204-5p, Exiqon) and performed real time PCR exactly as described above.

Raw data were then analyzed with SDS Relative Quantification Software version 2.4.1 (Applied Biosystems) to determine cycle threshold (Ct). The miRNA values that were calculated relative to synthetic spike RNA used the following equation: 1.98 to the power of [Ct of spike6 RNA – Ct of miRNA determinant], and then multiplied by 10,000 (human data) or multiplied by 10 (cattle data). The composite miRNA values were calculated as follows: 1.98 to the power of [Ct of miRNA reference(s) – Ct of miRNA determinant(s)], and then multiplied by 10,000. The miRNA values were calculated without knowledge of the characteristics of the sample donors. The full data sets that were calculated relative to synthetic spike RNA are shown in Excel data files (Supplementary Files: cattle_data.xlsx; human_large_sample_set.xlsx; human_large_mir_set.xlsx).

Statistical Analysis

Group comparisons were performed with the two-tailed, independent Mann-Whitney *U* test, or the Wilcoxon matched pairs signed rank test as indicated. Correlations were calculated with the Spearman's Rank Correlation test. Statistics were calculated and graphs were generated using Prism 6 (GraphPad, La Jolla, CA, United States). A *p*-value < 0.05 was considered to be statistically significant.

Hierarchical clustering was performed to calculate principal component analysis and to generate heatmaps with the freely available online R-based tool ClustVis¹ (Metsalu and Vilo, 2015). Unsupervised hierarchical clustering was performed using Euclidean distance and complete linkage for columns (miRNA value relative to spike RNA) and rows (sample ID). The heat map graphs were re-oriented (columns and rows transposed) for best display of the data.

RESULTS

Choice of miRNAs

Pilot studies were performed with RNA from whole blood and serum (*n* = 12 and *n* = 6, respectively) from paired samples from patients who had received exercise training intervention. We utilized RNA sequencing of whole blood RNA (data not shown) and literature mining to choose 18 miRNAs for a pilot study in serum samples

¹<https://biit.cs.ut.ee/clustvis/>

(**Supplementary Figure S1**). Specific LNA-modified primers to hsa-let-7g-5p, hsa-miR-17-5p, hsa-miR-20a-5p, hsa-miR-20b-5p, hsa-miR-21-5p, hsa-miR-22-3p, hsa-miR-26a-5p, hsa-miR-27a-3p, hsa-miR-27b-5p, hsa-miR-30e-3p, hsa-miR-30e-5p, hsa-miR-93-5p, hsa-miR-103a-3p, hsa-miR-135a-5p, hsa-miR-142-5p, hsa-miR-150-5p, hsa-miR-204-5p, and hsa-miR-451a were detected by quantitative PCR and were calculated relative to synthetic spike RNA (**Supplementary Figure S1a**). We performed hierarchical cluster analysis to identify miRNAs that would show changed levels when comparing samples taken after and before training. We focused on the magnitude of the change, irrespectively, of the direction of the change (increased or decreased). Three miRNAs were most interesting: miR-22-3p, miR-451a, and miR-21-5p (**Supplementary Figure S1b**). We also searched for endogenous reference miRNAs that would show little, if any variations among the samples, and did not find clear candidates. However, a literature review indicated that miR-451a had been considered as a reference miRNA (Song et al., 2012), although in our samples this was not the case when miR-451a was measured against the extrinsically added spike RNA (**Supplementary Figure S1**).

Cattle Model of High Altitude Induced PH

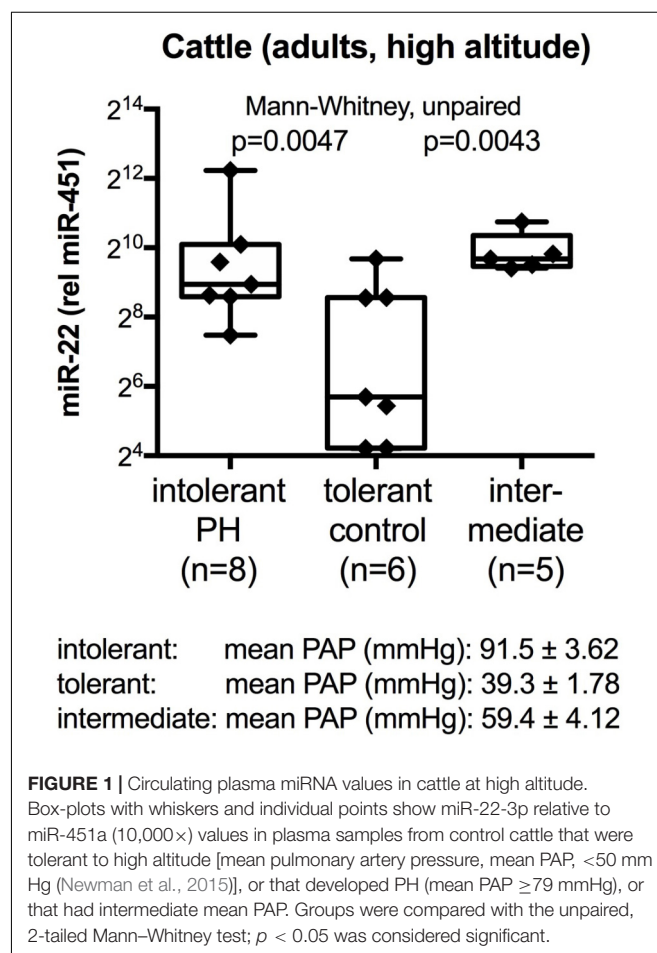
Because the human PH condition is heterogeneous, we wanted to test the miRNAs that we had identified in the pilot studies with human samples (with focus on miR-22-3p and miR-451a) in an animal model. High altitude induced PH was chosen because this is a natural disease in cattle that has clearly identified etiology (high altitude, with the decreased oxygen tension and hypoxia challenge) with genetic predisposition in the EPAS-1 (Endothelial PAS Domain-Containing Protein 1) gene, also known as hypoxia inducible factor 2- α . Additional reasons to choose the cattle model included the possibility to measure pulmonary arterial pressures (PAP) by catheterization, even in the clinical setting, and the cross-species conservation of the miRNAs between cattle and human. Plasma samples from cattle that were tolerant to high altitude (mean PAP less than 50 mmHg), cattle that had developed PH (mean PAP more than 79 mmHg) and cattle with intermediate mean PAP values were analyzed. The data showed significantly decreased miR-22-3p determined relative to miR-451a values in the plasma samples from the tolerant (control) cattle, as compared to the intolerant and intermediate groups (**Figure 1**). miR-22-3p and miR-451a are of molecular interest in PH, particularly in PH associated with oxygen consumption, because miR-22-3p has been shown to regulate muscle function, including skeletal (Eisenberg et al., 2007; Schweisgut et al., 2017), heart and smooth muscle (Huang et al., 2013; Huang and Wang, 2014; Zhao et al., 2015), control estrogen signaling by targeting the estrogen receptor (Pandey and Picard, 2009), while miR-451a controls erythrocyte function (Dore et al., 2008; Yu et al., 2010) and skeletal muscle function (Davidsen et al., 2011).

Choice of Reference miRNAs for the Human Test

Having confirmed the utility of miR-22-3p and miR-451a as potential biomarkers for PH in the cattle model, we wanted

to further understand the relationships between the miRNA measurements, including also miR-21-5p. Hierarchical cluster analysis was performed on all data from both intervention studies (exercise or oxygen, respectively, with 52 donors and 104 samples in total). The results are presented in a heatmap display (**Supplementary Figure S2**). The cluster analysis showed that miR-21-5p and miR-22-3p clustered together, separately from miR-451a. Additionally, the clustered miRNAs separated the before and after intervention measurements in 46 donors, and only 6 donor data clustered together (**Supplementary Figure S2**).

For miR-22-3p relative to miR-451a and additionally for each of the studied miRNAs we calculated the miRNA level values relative to spike RNA and determined the fold change after training or oxygen, respectively. We then determined correlations of the fold-change values (**Table 3**). The calculations showed that the fold change determined in miR-22-3p (relative to spike) was significantly correlated with the fold change in miR-21-5p (relative to spike) in both the training and the oxygen intervention studies, respectively (**Table 3**). This prompted us to also compare the fold-change in composite miRNA values, combining miR-22-3p and miR-21-5p, as a way to diminish the significance of technical variations (minute pipetting errors for example) as causes for variations in the qPCR quantification



values. As for the reference miRNA composite choice, we used miR-451a plus spike RNA, because spike RNA is the invariant component of our test, as the same number of copies (10^8) of spike RNA were added to each 200 μ l of sample used for the RNA isolation. The composite miRNA marker was then calculated

as miR-22-3p + miR-21-5p relative to miR-451a + spike RNA. The composite marker (miR-22-3p + miR-21-5p relative to miR-451a + spike RNA) was significantly correlated with the values for miR-22-3p relative to miR-451a in both the exercise training and oxygen intervention studies, respectively (Table 3).

TABLE 3 | Correlations between different types of miRNA measurement readouts.

(A) miRNA marker change following exercise training intervention ($n = 31$ pairs).

X – Variable	miR-22/miR451	miR-22/miR451	miR-22/miR451	miR-22/spike	miR-451/spike	miR-22/miR451
Y – Variable	miR-22/spike	miR-451/spike	miR-21/spike	miR-21/spike	miR-21/spike	miR-22 + miR-21/miR-451 + spike
Spearman's R	0.3156	-0.348	0.09699	0.704	0.629	0.5986
P-Value	0.0838	0.055	0.6037	<0.0001	0.0002	0.0004

(B) miRNA marker change following nightly oxygen intervention ($n = 21$ pairs).

X – Variable	miR-22/miR451	miR-22/miR451	miR-22/miR451	miR-22/spike	miR-451/spike	miR-22/miR451
Y – Variable	miR-22/spike	miR-451/spike	miR-21/spike	miR-21/spike	miR-21/spike	miR-22 + miR-21/miR-451 + spike
Spearman's R	0.7636	-0.2558	0.3143	0.5221	0.2494	0.8688
P-Value	<0.0001	0.2630	0.1653	0.0152	0.2757	<0.0001

Correlations and significance were calculated with Spearman's rank correlation test on the fold-change after training relative to baseline, or oxygen relative to placebo, respectively. A $p < 0.05$ was considered significant (bold).

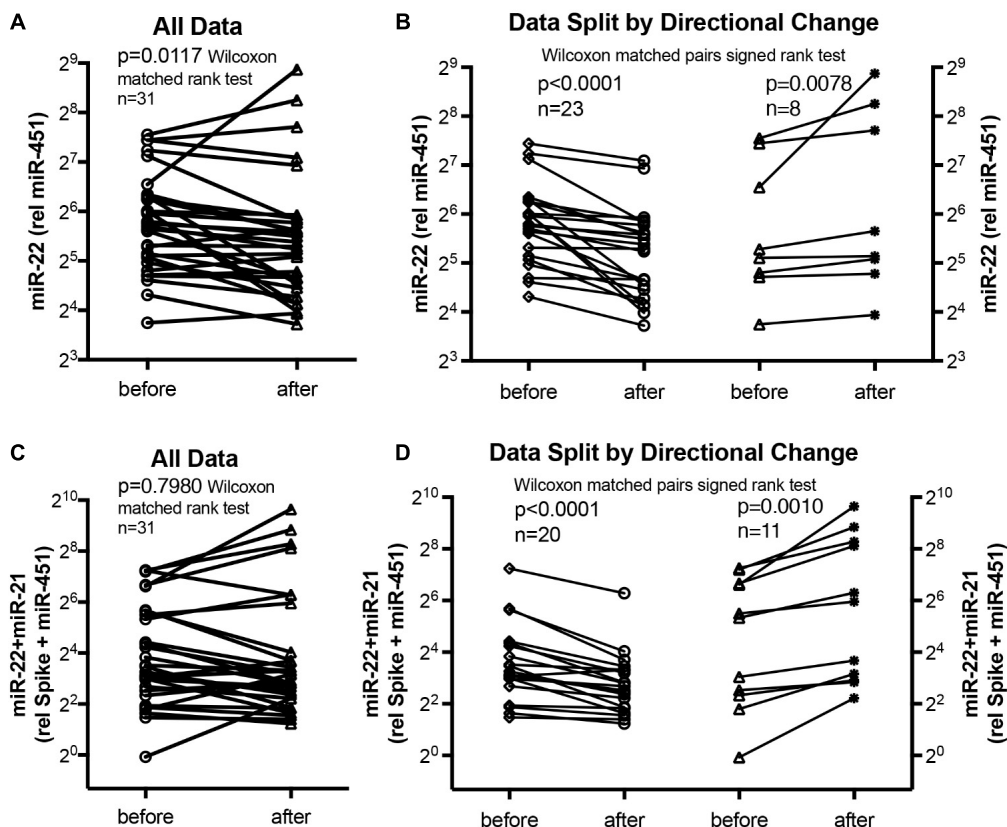


FIGURE 2 | Circulating serum miRNA values in the supervised exercise training intervention study. Symbols and lines graphs show miR-22-3p relative to miR-451a ($10,000\times$) values (A,B), or miR-22-3p + miR-21-5p relative to spike-RNA + miR-451a ($10,000\times$) values (C,D) in serum samples obtained from patients (Ehken et al., 2016; Grunig et al., 2012a) before and after exercise training intervention. All of the data are plotted in (A,C); in (B,D) the data are separated by the directional change in the samples after exercise training intervention. Groups before and after intervention were compared with the Wilcoxon matched pairs signed rank test; $p < 0.05$ was considered significant.

miRNA Value Changes After Supervised Exercise Training or Oxygen Interventions

We used miR-22-3p relative to miR-451a and miR-22-3p + miR-21-5p relative to miR-451a + spike RNA values to compare changes following supervised exercise training (Figures 2, 3) or nightly oxygen (Figures 4, 5), respectively. In the exercise intervention, the serum levels of miR-22-3p relative to miR-451a were significantly decreased ($p = 0.012$) following training, however, the direction of change was clearly increased in some of the samples (Figure 2A). The divergence of the direction of the change in miRNA values could be clearly shown by dividing the samples based on the direction of the fold change (Figure 2B). The divergence of the direction of change in miRNA values was even more pronounced when miR-22-3p + miR-21-5p relative to miR-451a + spike RNA

was calculated (Figures 2C,D). Comparing miRNA directional changes to baseline disease characteristics we found a significant difference in the 6-min-walking distance (Figure 3). Samples that showed a decreased directional change in the miRNA marker [miR-22-3p + miR-21-5p relative to miR-451a + spike RNA] (Figure 2D) were obtained from patients who had a significantly longer 6-min-walking distance at baseline (Figure 3). For this analysis, we omitted samples from 3 patients who had a BMI greater than 40 kg/m^2 and who achieved 6-min-walking-distances between 150 and 190 m.

The data from the nightly oxygen intervention study showed that we measured higher miRNA marker values as compared to the values measured in the exercise intervention study (Figure 4 compared to Figure 2). This is likely due to the different materials being studied: serum in the exercise intervention study (Figure 2), plasma in the oxygen intervention study (Figure 4).

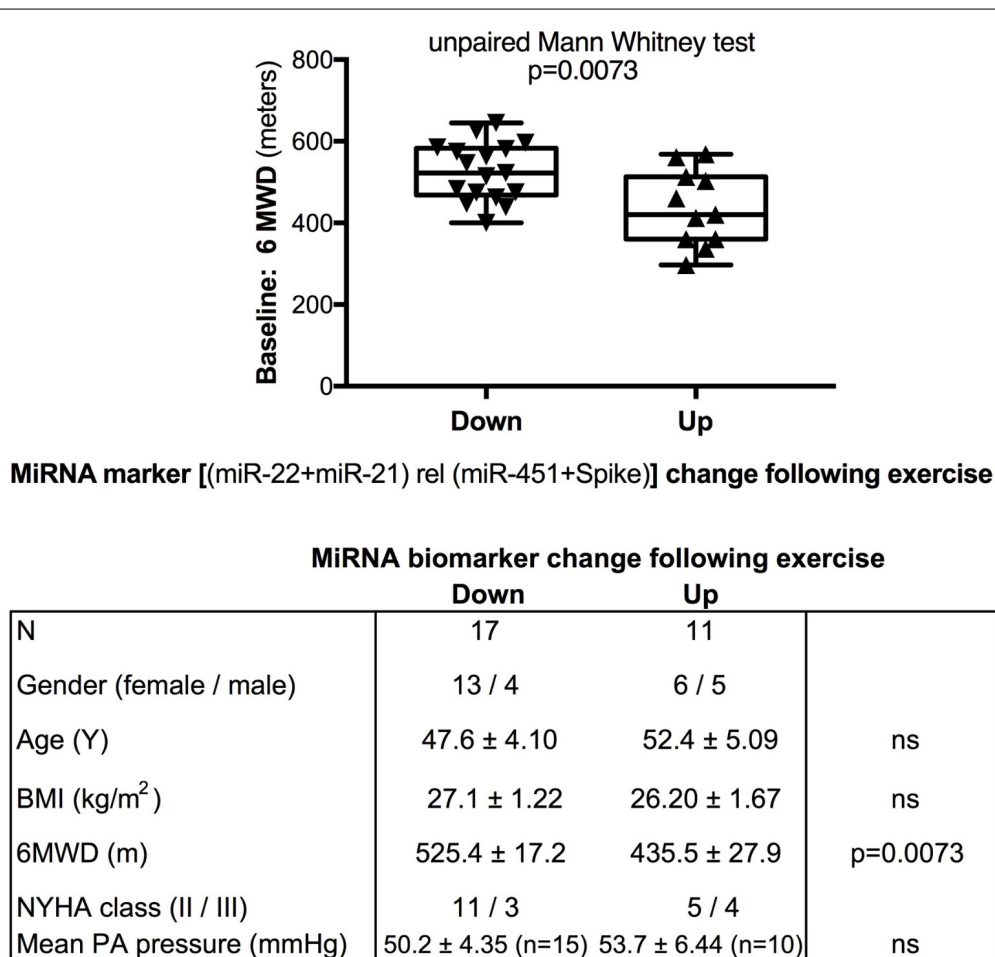


FIGURE 3 | Baseline 6-min walking distance in the exercise training intervention study - comparison with directional change of the miRNA marker. Box-plots with whiskers and individual points show 6-min-walking-distance (6MWD, m) measured at baseline examination from patients in the exercise training intervention study. The data were grouped by the directional change of the miR-22-3p + miR-21-5p relative to spike-RNA + miR-451a ($10,000\times$) values after versus before exercise training intervention: down or up, as shown in Figure 2D. Groups were compared with the unpaired, 2-tailed Mann-Whitney test; $p < 0.05$ was considered significant, ns is not significant. The table graph lists the characteristics of the sample donors for each group. For this analysis, samples from three patients who had a body mass index (BMI) greater than 40 kg/m^2 and who achieved 6-min-walking-distances between 150 and 190 m were omitted; two of these three patients were NYHA class III, one was NYHA class not determined.

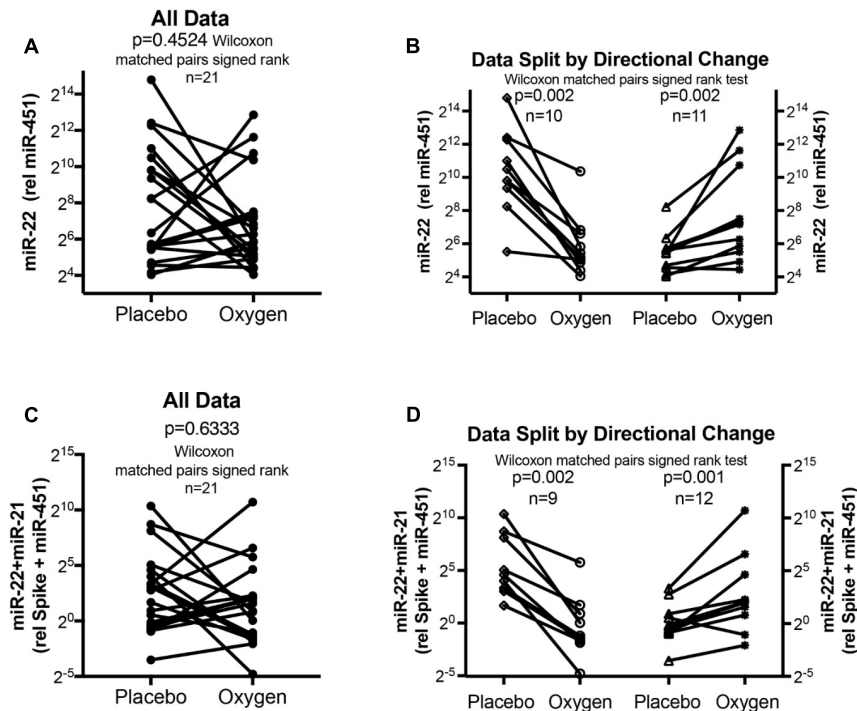


FIGURE 4 | Circulating serum miRNA values in the oxygen intervention study. Symbols and lines graphs show miR-22-3p relative to miR-451a (10,000 \times) values (**A,B**), or miR-22-3p + miR-21-5p relative to spike-RNA + miR-451a (10,000 \times) values (**C,D**) in plasma samples obtained from patients (Schumacher et al., 2014; Ulrich et al., 2015) given placebo (air) or oxygen in a cross-over design. All of the data are plotted in (**A,C**); in (**B,D**) the data are separated by the directional change in the samples after oxygen intervention. Groups before and after intervention were compared with the Wilcoxon matched pairs signed rank test; $p < 0.05$ was considered significant.

This idea is supported by the data from cattle plasma samples that show miRNA marker values in a similar range as the human plasma samples (**Figure 1** compared to **Figure 4**). As observed in the exercise intervention study (**Figure 2**), the oxygen intervention study showed that significant changes in the direction of the miRNA values followed individual variation, with approximately half demonstrating decreased, and the other half increased miRNA marker values (**Figure 4**). This was found both with miRNA marker values being calculated by miR-22-3p relative to miR-451a, or miR-22-3p + miR-21-5p relative to miR-451a + spike RNA (**Figures 4B,D**). To understand if the fold change difference could represent different PH endotypes, we compared the groups of patients whose miRNA value was either significantly decreased or increased following oxygen intervention. We found a significant difference between these groups in the 6MWD recorded at baseline (**Figure 5**). As we had already seen in the data from the exercise intervention study (**Figure 3**), the group that had an upward change in the miRNA marker following oxygen intervention had a significantly lower 6-min-walking-distance at baseline (**Figure 5**). Further, in both intervention studies, there was a higher percentage of males in the group with an upward direction of the miRNA marker change, but the difference to the group that had a downward change was not significant (**Figures 3, 5**). To further confirm the possibility that the 6-min-walking-distance at baseline could predict, or be correlated, with the directional, fold-change of the

miRNA marker following intervention, we plotted fold-change of serum or plasma miR-22-3p + miR-21-5p relative to miR-451a + spike RNA (**Figure 6**). The data from the exercise training and the nightly oxygen intervention studies were combined to increase the number of observations for analysis and to query for generalizable impact (**Figure 6**). For this analysis, we omitted samples from three patients who had a BMI greater than 40 kg/m² and who achieved 6-min-walking-distances between 150 and 190 m. The analysis showed a significant correlation calculated with Spearman's rank correlation test between 6MWD at baseline and the fold change of the miRNA marker (miR-22-3p + miR-21-5p relative to miR-451a + spike RNA, **Figure 6**).

DISCUSSION

Our studies identified circulating miRNA markers composed of miR-21, miR-22, and miR-451 that showed significant change in a natural animal model (Newman et al., 2015), and in two intervention studies [supervised exercise training (Grunig et al., 2012a; Ehlken et al., 2016) and nightly oxygen (Schumacher et al., 2014; Ulrich et al., 2015)] in human PH patients. In the human studies, the change in miRNA value following intervention was significantly correlated with the 6MWD at baseline. While the present study did not evaluate the genes (mRNA) controlled by the miRNAs, a literature search shows that, for example,

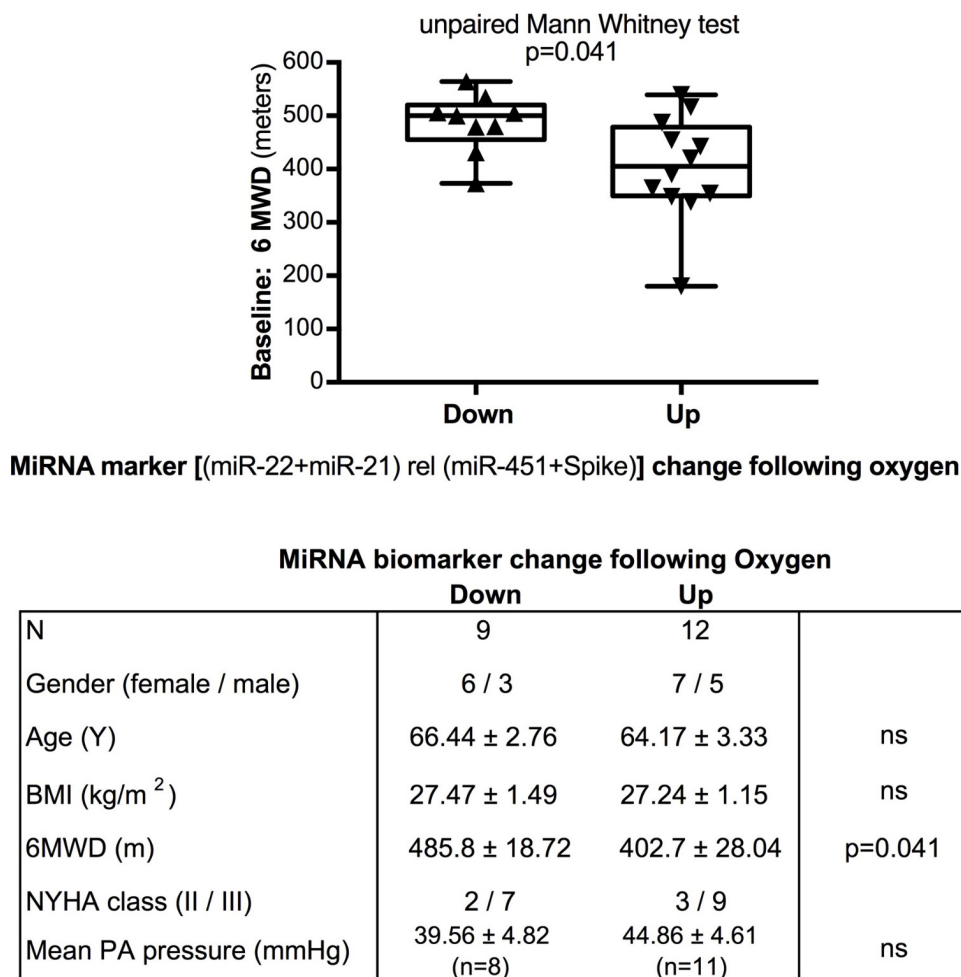


FIGURE 5 | Baseline 6-min walking distance in the oxygen intervention study – comparison with directional change of the miRNA marker. Box-plots with whiskers and individual points show 6-min-walking-distance (6MWD, m) measured at baseline examination from patients in the oxygen intervention study. The data were grouped by the directional change of the miR-22-3p + miR-21-5p relative to spike-RNA + miR-451a (10,000×) values after oxygen versus placebo: down or up, as shown in **Figure 4D**. Groups were compared with the unpaired, 2-tailed Mann–Whitney test; $p < 0.05$ was considered significant, ns is not significant. The table graph lists the characteristics of the sample donors for each group.

miR-21 directly targets BMPR2 (Qin et al., 2009). Both miR-21 and miR-22 control fibrosis in the lungs (Liu et al., 2010), or kidney, respectively (Long et al., 2013). Further, miR-21 and miR-22 are dysregulated in some primary muscle diseases (Eisenberg et al., 2007) and miR-451 is differentially regulated in low and high responders of a specific muscle training program of healthy volunteers (Davidsen et al., 2011). miR-22 is also a critical regulator of cardiac muscle health, and smooth muscle differentiation (Huang et al., 2013; Huang and Wang, 2014; Zhao et al., 2015). miR-451a is a critical regulator of erythropoiesis and erythrocyte function (Dore et al., 2008; Yu et al., 2010).

Our data add to the knowledge of miRNA function in PH (Bockmeyer et al., 2012; White et al., 2012; Deng et al., 2015; Caruso et al., 2017) that has thus far mainly focused on miRNA control of endothelial cells (Huertas et al., 2018), vascular smooth muscle cells, the right heart, the important PH risk factor gene, BMPR2, and the PH inducing hypoxia miRNAs (hypoxamirs),

with particular significance of miR-204 (Couboulin et al., 2011), miR-20 (Brock et al., 2012), and miR-21 (Qin et al., 2009; Sarkar et al., 2010; Yang et al., 2012). miRNAs have been further shown to have critical significance for the dysfunction of endothelial cell metabolism and function (miR-124) in PH and mitochondrial dysfunction of fission and calcium transport causing hyperproliferation of smooth muscle cells (miR-34a-3p, miR-138, miR-25) in PH (Caruso et al., 2017; Hong et al., 2017; Chen et al., 2018).

Our studies highlight the significance of skeletal muscle function in PH as miR-21, miR-22, and miR-451a share skeletal muscle as one of their cellular targets (Eisenberg et al., 2007; Davidsen et al., 2011; Schweisgut et al., 2017). Furthermore, miR-451 is known for its control of erythrocyte function (Dore et al., 2008; Yu et al., 2010). This may be the reason why the composite miRNA marker value that contained miR-22, miR-21, miR-451a, and spike-RNA was correlated with the 6-min-walking distance

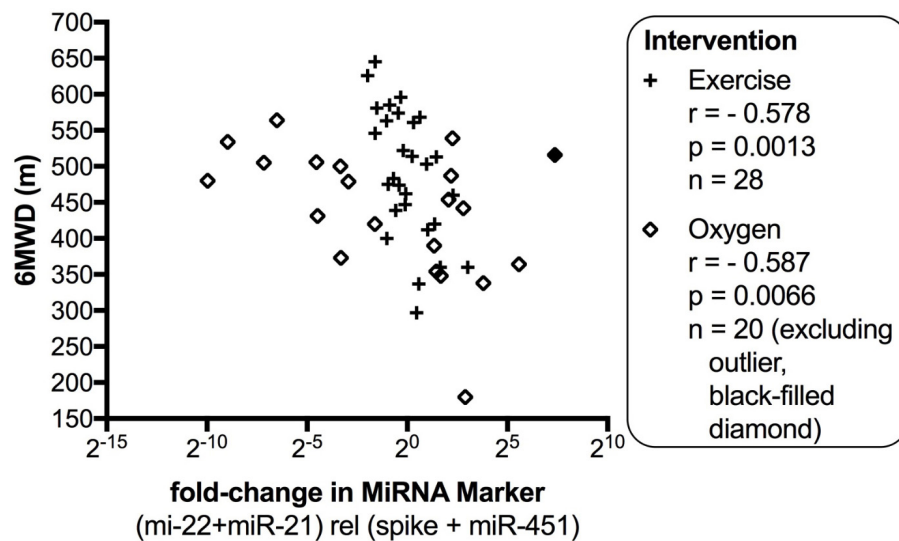


FIGURE 6 | Correlation between change in miRNA marker and 6-min-walking-distance, supervised exercise training and nightly oxygen intervention data combined. The fold-change in miR-22-3p + miR-21-5p relative to spike-RNA + miR-451a (10,000×) values (after/before exercise, or oxygen/placebo, respectively) were plotted against 6-min walking distance (m) measured at baseline examination from the patients. The data from the exercise training intervention study were plotted with × symbols, and the data from the nightly oxygen intervention study were plotted as clear/black-filled diamond symbols. The black-filled diamond represents one outlier data point, and correlations were calculated with and without the outlier point as indicated. The correlation was calculated with Spearman's rank correlation test; $p < 0.05$ was considered significant. For this analysis, samples from three patients who had a body mass index (BMI) greater than 40 kg/m² and who achieved 6-min-walking-distances between 150 and 190 m were omitted.

measured at baseline by the patients who participated in the exercise training intervention or oxygen intervention studies, respectively. Skeletal muscle function and optimal erythrocyte transport of oxygen are critical for achieving optimal walking distances, and muscle wasting has been described in PH patients (Marra et al., 2015). Optimized erythrocyte function is an important adaptation to high altitude hypoxia (Song et al., 2017). It is intriguing that miR-451a has been described as one of the miRNAs that demonstrate differential response directions in healthy young men who underwent resistance exercise training and had varying degrees of muscle mass gain (Davidsen et al., 2011). Therefore, future studies have to be designed to distinguish between the possibilities that the divergent directional changes in miRNA marker values that we observed, are already an intrinsic personal trait due to skeletal muscle responsiveness prior to the development of PH, or are developed as consequence of the PH disease.

Our studies provide an example for the importance of using animal models for biomarker discovery in PH because of the variations intrinsic to human disease. In our case, there was no optimal experimental mouse or rat model of exercise or oxygen intervention in PH available. The cattle model has the advantages of being a natural disease, and, importantly, control as well as PH cattle are perfectly matched (Newman et al., 2015). Control animals share the same environment as the animals that develop to PH including high altitude, food, pasture, animal housing

(Newman et al., 2015). In contrast, in experimental models of hypoxia induced PH, the experimental group is exposed to hypoxia, the control group is not. In our case where the goal was to identify miRNA markers that track PH, it was essential that the control animal group was also exposed to hypoxia, as hypoxia itself induces changes in the expression of a large set of miRNA markers, called hypoxamirs (Hale et al., 2012). Furthermore, our data in cattle may be hypothesis generating to further develop the understanding of the regulation of PAP at high altitude in humans by miRNAs (Blissenbach et al., 2018).

Our study in samples from human patients was designed with the heterogeneity of PH in focus, although all patients responded favorably to the supervised exercise training intervention (Grunig et al., 2012a; Ehlken et al., 2016), or nightly oxygen (Schumacher et al., 2014; Ulrich et al., 2015) intervention, respectively. The heterogeneity of PH is highlighted by the heterogeneity of gene mutations in heritable PH (Eichstaedt et al., 2017; Ma and Chung, 2017; Gräf et al., 2018). The heterogeneity of the underlying molecular mechanisms that cause disease has prompted the development of tools for personalized medicine (Hemnes et al., 2017). Big data, OMICS studies are currently conducted to fine-map clinical, physiological, imaging and molecular parameters that are then used to better define clinical subtypes and to identify disease endotypes (Hemnes et al., 2017). One example in PH is the pulmonary vascular disease OMICS (PVDOMICS) study (Hemnes et al., 2017). Our study, in contrast, did not have the

power based on thousands of individual data points to draw this fine-map of PH. Instead we used three different sample cohorts to identify miRNA markers that would demonstrate significant changes in the biomarker: a high altitude animal model of PH (Newman et al., 2015), and PH interventions in humans consisting either of supervised exercise training (Grunig et al., 2012a; Ehlken et al., 2016) or nightly oxygen (Schumacher et al., 2014; Ulrich et al., 2015). The significant difference in the homogenous animal model, in contrast to the individual differences in the direction of the change of the miRNA marker together with differences among groups with respect to baseline 6-min-walking-distance in human PH, implies that the biomarker may have distinguished PH endotypes. However, further studies using large patient cohorts are needed to confirm this idea.

CONCLUSION

Our analysis identified circulating miRNAs that control muscle and erythrocyte function (miR-22-3p, miR-21-5p, miR-451a) that may have utility as biomarkers of PH progression and responses to intervention. The strength of our data is in the consistency across different patient groups given supervised exercise training or oxygen intervention, respectively, consistency across sample processes (serum versus plasma), and confirmation in a natural animal model. Further research in larger patient groups and in additional data sets is needed to validate our data and to test the idea that different PH endotypes are, in part, the cause for the individual variation in the direction of the miRNA marker changes in response to the training or oxygen interventions. Future studies will also need to address the relationship between the miRNA markers and commonly used markers in PH (e.g., B-type natriuretic peptide). Furthermore, future studies will need to be designed to identify the molecular mechanisms by

which exercise training or oxygen interventions provide feedback signals via the changed levels of circulating miRNAs to the pulmonary vasculature, and the clinical PH phenotype, because miR-21 and miR-22 also have functions in the pulmonary vasculature (Sarkar et al., 2010; Yang et al., 2012; Zhao et al., 2015) and in the heart (Huang et al., 2013; Huang and Wang, 2014).

AUTHOR CONTRIBUTIONS

GG and SP conceived the study, performed the experiments, and wrote and edited the manuscript. CE, JV, SS, GK, KS, SU, and EG established and maintained the sample bio-repositories. JV and SS sent samples to GG and SP for study. CE, ND, SU, and EG edited the figures and manuscript.

SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphys.2018.00955/full#supplementary-material>

FIGURE S1 | Hierarchical clustering of serum miRNA levels determined relative to synthetic spike RNA from samples obtained before (B) or after (A) exercise intervention. **(a)** Full pilot study miRNA panel. Note that miR-22-3p and miR-21-5p are in clusters distinct from miR-451a. Also note that samples from a single donor are listed together (box) but not clustered together. **(b)** Selected miRNAs. Note that miR-22-3p and miR-21-5p are clustered together apart from miR-451a. Note that none of the paired samples are listed together.

FIGURE S2 | Hierarchical clustering of serum or plasma miRNA levels determined relative to synthetic spike RNA from $n = 52$ paired samples, total $n = 104$. The samples were obtained before (B) or after (A) exercise intervention at the University of Heidelberg (HD), or following placebo (P) or oxygen (O) intervention at the University of Zurich (ZH), respectively. Samples from 46 donors clustered apart; the samples from 6 donors were either listed or clustered together and are indicated (boxes).

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Conflict of Interest Statement: GG and SP are the co-founders of Mirna Analytics.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Biomarkers for Pulmonary Vascular Remodeling in Systemic Sclerosis: A Pathophysiological Approach

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Pulmonary arterial hypertension (PAH) is a severe complication of systemic sclerosis (SSc) associated with high morbidity and mortality. There are several biomarkers of SSc-PAH, reflecting endothelial physiology, inflammation, immune activation, extracellular matrix, metabolic changes, or cardiac involvement. Biomarkers associated with diagnosis, disease severity and progression have been identified, however, very few have been tested in a prospective setting. Some antinuclear antibodies such as nucleosome antibodies (NUC), anti-centromere antibodies (CENP-A/B) and anti-U3-ribonucleoprotein (anti-U3-RNP) are associated with PAH while anti-U1-ribonucleoprotein (anti-U1-RNP) is associated with a reduced PAH risk. Anti-endothelin receptor and angiotensin-1 receptor antibodies might be good markers of SSc-PAH and progression of pulmonary vasculopathy. Regarding the markers reflecting immune activation and inflammation, there are many inconsistent results. CXCL-4 was associated with SSc progression including PAH and lung fibrosis. Growth differentiation factor (GDF)-15 was associated with PAH and mortality but is not specific for SSc. Among the metabolites, kynurenine was identified as diagnostic marker for PAH, however, its pathologic role in the disease is unclear. Endostatin, an angiostatic factor, was associated with heart failure and poor prognosis. Established heart related markers, such as N-terminal fragment of A-type natriuretic peptide/brain natriuretic peptide (NT-proANP, NT-proBNP) or troponin I/T are elevated in SSc-PAH but are not specific for the right ventricle and may be increased to the same extent in left heart disease. Taken together, there is no universal specific biomarker for SSc-PAH, however, there is a pattern of markers that is strongly associated with a risk of vascular complications in SSc patients. Further comprehensive, multicenter and prospective studies are warranted to develop reliable algorithms for detection and prognosis of SSc-PAH.

Keywords: systemic sclerosis, autoimmune, vascular, fibrosis, pulmonary hypertension, PAH, biomarker

INTRODUCTION

Systemic sclerosis (SSc) is an autoimmune, multiorgan disease characterized by autoimmunity, fibrosis and vascular damage of the skin and other organs, including the lungs. Clinically, SSc is a heterogeneous disease which is classified in two major subtypes based on the extent of skin involvement: limited cutaneous (lcSSc) and diffuse cutaneous SSc (dcSSc) (Leroy et al., 1988). DcSSc patients are characterized by a generalized skin involvement with sometimes rapidly progressive and often fatal organ involvement, while lcSSc patients generally show a slower progression with isolated cutaneous involvement. A third phenotype called systemic sclerosis sine scleroderma (ssSSc) can also be differentiated, if the patients have any of the characteristics features of internal organ involvement without skin involvement. In addition, SSc may overlap with other rheumatic or autoimmune disorders such as rheumatoid arthritis (RA), dermatomyositis or systemic lupus erythematosus (SLE). To make a definitive classification, the criteria of the American College of Rheumatology/European League against Rheumatism (ACR/EULAR) should be applied (van den Hoogen et al., 2013; Jordan et al., 2015).

Pulmonary arterial hypertension (PAH) is a devastating disease which develops on the basis of proliferative vasculopathy of small and medium-sized pulmonary arteries, leading to an increase in mean pulmonary artery pressure (mPAP ≥ 25 mmHg) at rest. The diagnosis must be confirmed by right heart catheterization (RHC), which besides measuring pulmonary arterial pressure (PAP) allows the determination of pulmonary arterial wedge pressure (PAWP), pulmonary vascular resistance (PVR), and cardiac output (Galiè et al., 2015). Based on the values of the PAWP a pre- (PAWP ≤ 15 mmHg) and post-capillary (PAWP ≥ 15 mmHg) pulmonary hypertension can be distinguished (Galiè et al., 2015). The life-time prevalence of PAH in SSc patients ranges from 5 to 12% (Avouac et al., 2010; Hao et al., 2015; Kovacs et al., 2017; Morrisroe et al., 2017), while the prognosis of these patients is very poor with about 50% 3-year mortality after PAH diagnosis (Chaisson and Hassoun, 2013; Chung et al., 2014b). SSc-PAH patients have a worse outcome compared to idiopathic (IPAH) or PAH associated with other collagen vascular diseases, such as mixed connective tissue disease (MCTD) or SLE and PAH represents one of the leading causes of death in SSc (Chung et al., 2010, 2014b; Tyndall et al., 2010; Sobanski et al., 2016). Despite the extended involvement of internal organs in dcSSc, PAH occurs more commonly in patients with lcSSc (Denton and Khanna, 2017). In the setting of SSc, primary pulmonary vasculopathy is not the unique cause of pulmonary hypertension (PH). Significant lung disease, which might lead to PH due to hypoxaemia was identified in up to 30–75% of SSc patients complicated by elevated pulmonary arterial pressure (group 3 of the World Classification of PH) (Kowal-Bielecka et al., 2010), although a clear delineation from PAH (group 1) is sometimes difficult to establish. In addition, left ventricular systolic or diastolic dysfunction, which is frequently found in SSc patients, may cause postcapillary PH (group 2). Finally, pulmonary venoocclusive disease, a rare variant of PAH, may be also associated with SSc (Dorfmueller et al., 2007).

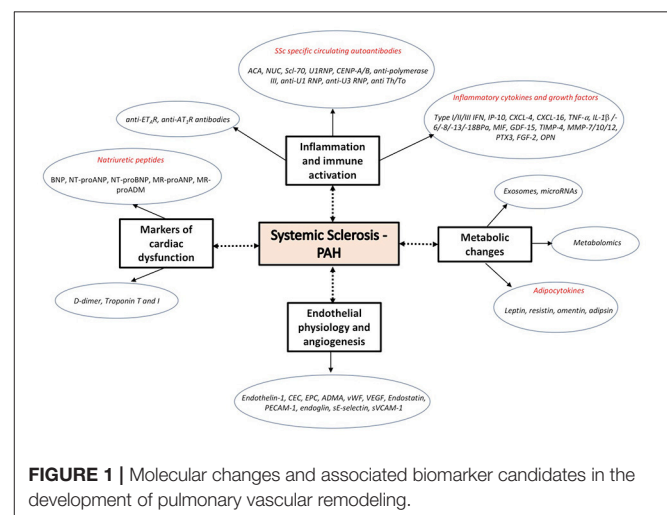
There are some differences in the pathogenesis of SSc-PAH as compared to IPAH. As an example, the expression of bone morphogenetic protein receptor 2 (BMPR2) is highly associated with heritable PAH and is often present in IPAH (Rubin, 2017), but this mutation has not been found in SSc-PAH patients, at least in two small genetic studies (Morse et al., 2002).

Recent studies provided novel insight into the key signaling pathways of PAH including the role of endothelial dysfunction, growth factors, inflammation, immune activation, metabolic changes, extracellular remodeling, and the development of heart failure (Figure 1). Considering the fact that PAH is a life-threatening complication of SSc, blood biomarkers of pulmonary vascular involvement, either alone, or in combination with other prognostic clinical parameters may be important tools contributing to earlier diagnosis and targeted treatment. In this review we summarize blood biomarkers associated with key changes reflecting the molecular pathology of pulmonary vascular abnormalities in SSc.

INFLAMMATION AND IMMUNE ACTIVATION

There is an increasing body of evidence for an inflammatory component in the pathomechanism of pulmonary hypertension. The presence and exuberance of inflammatory cells and their interactive interplay may provide a missing link between PAH, autoimmunity, and inflammation (Marsh et al., 2018). However, the detailed and comprehensive description of the interaction between the inflammatory cells and proinflammatory processes is still difficult.

The imbalance and dysregulation of immune function and tolerance may lead to autoimmunity and chronic inflammation involving different types of immune cells and chemokines. Autoimmunity and immune activation of both the innate and adaptive immune system may play a role in the early development of SSc. The subsequent activation of immune cells and fibroblasts may contribute to the pathogenesis of SSc



and accelerated fibrogenesis and extracellular matrix deposition (Varga and Abraham, 2007). Immunological and inflammatory aspects of the disease may be therefore correlated with vascular and fibrotic manifestations and reflected by changes in the levels of corresponding circulating biomarkers (Gu et al., 2008; Denton, 2015), although most of these markers are not specific and often not based on robust studies.

SSc Specific Circulating Autoantibodies

As recently added to the ECR/EULAR criteria, the presence of highly SSc-specific circulating autoantibodies such as anti-topoisomerase 1 (ATA), anti-centromere (CENP, ACA), and anti-RNA polymerase III are used for the diagnosis of the disease (van den Hoogen et al., 2013). Specific autoantibodies indicating pulmonary vascular involvement, pulmonary disease progression or treatment response have not been included in this statement because they have not been confirmed in prospective studies. Over 85% of SSc patients present with circulating antibodies and there is emerging evidence that these antibodies are present in early stages of the disease highlighting their role as both pathogenetically important factors and early diagnostic biomarkers (Choi and Fritzler, 2016).

Over 90% of SSc patients present with antinuclear antibodies (ANAs), however, there is no association with the development of PAH (Sweiss et al., 2010). According to data from the Pulmonary Hypertension Assessment and Recognition of Outcomes in Scleroderma (PHAROS) Registry, the prevalence of anticentromere (ACA) and nucleolar antibodies (NUC), in SSc-PAH as compared to SSc without PAH, was elevated (35–37 and 24%, respectively) but not the prevalence of Scl-70 (7%) and U1RNP (5%) antibodies. No association was found between any of these biomarkers and survival (Chung et al., 2014a; Hinchliff et al., 2015). Accordingly, patients having ACA, CENP-A and/or CENP-B were more likely to have PAH but less likely to have ILD (Hudson et al., 2012).

There have been conflicting results regarding anti-polymerase III and PAH. A large longitudinal study showed that the presence of anti-polymerase III is a positive predictor for PAH (Nihtyanova et al., 2014). However, this could not be confirmed in another prospective patient cohort (Hoffmann-Vold et al., 2017). A study investigating 342 CTD-associated PAH patients found that Anti-U1 RNP positivity was associated with decreased mortality in CTD-associated PAH patients, even after correction for hemodynamic impairment (Sobanski et al., 2016). In contrast, SSc patients with anti-U3 RNP positivity were more frequently affected by PAH which was the most common cause of death in this patient group (Okano et al., 1992; Aggarwal et al., 2009). A study comparing lcSSc patients with anti-Th/To-positivity and CENP-positivity found that both groups presented with a high frequency of PAH, while the frequency of ILD was higher in the anti-Th/To group (Mitri et al., 2003). Among the larger PAH screening algorithms, only the DETECT (Evidence-Based Detection of Pulmonary Arterial Hypertension in Systemic Sclerosis) algorithm included an autoantibody (ACA) as criteria for identification of PAH in SSc (Hao et al., 2015). Autoantibody positivity and their association with survival in SSc-ILD and SSc-PAH patients are listed in Table 1.

Endothelin-1 Type a Receptor and Angiotensin Receptor Type-1 Antibodies

Autoantibodies against endothelin receptor type A (anti-ET_AR Ab) and angiotensin receptor type-1 (anti-AT₁R Ab) may affect inflammation and fibrotic processes by direct receptor activation thus causing vasoconstriction and proliferation (Kill et al., 2014; Cabral-Marques and Riemekasten, 2016). These autoantibodies are more frequent in patients with CTD-PAH compared to other forms of PH and might be diagnostic and prognostic biomarkers in SSc-PAH and/or CTD-PAH (Becker et al., 2014). In addition, it has been shown that anti-ET_AR Ab may identify patients at risk for the development of subsequent digital ulceration. Furthermore, SSc patients with loss of capillaries showed a strong

TABLE 1 | Autoantibody positivity and association with survival in SSc-ILD and SSc-PAH patients.

Reference	Antibody	Prevalence of PAH in patients with antibody positivity (No. of patients)	Prevalence of ILD in patients with antibody positivity (No. of patients)	Association with survival	Independent predictive ability for PAH (Odds ratio)
Hinchliff et al., 2015*	ACA	37% (162)	–	No	–
	ANA	24%	–	No	–
	Scl-70	7%	–	No	–
	U1RNP	5%	–	No	–
	RNA pol III	6%	–	No	–
Sobanski et al., 2016#	Anti-U1 RNP	11% (342)	–	No ($p = 0.055$)	–
Okano et al., 1992	Anti-U3 RNP	17% (24)	25% (24)		
Aggarwal et al., 2009	Anti-U3 RNP	31% (86)	36% (97)	–	–
Mitri et al., 2003	Anti Th/To	28% (87)	48% (87)	–	–
	ACA	19% (306)	13% (306)	–	–
Becker et al., 2014	Anti-ET _A R	–	–	Yes	2.7
	Anti-AT ₁ R	–	–	Yes	1.053

ACA, anticentromere antibody; anti-ETAR, endothelin-1 type A receptor; AT1R, angiotensin II type 1 receptor; ANA, antinucleolar antibody; ILD, interstitial lung disease; PAH, pulmonary arterial hypertension; RNA pol III, RNA polymerase III; Scl-70, antitopoisomerase antibody. *SSc vs. SSc-PAH. #CTD-PAH patients.

association between the presence of an antibody titer and digital ulcerations or PH (Avouac et al., 2015b).

Interferons

A member of the interferon family, the type I interferon (type I IFN) has a central role in the innate immune response to viral infections, while type I IFN therapy may represent a risk factor for PAH (Galiè et al., 2015). In a recent study, investigating the role of type I IFN in PAH, serum levels of type I, II, and III IFN were found to be increased in patients with SSc-PAH (George et al., 2014). In addition, the serum interferon γ inducible protein 10 (IP10/CXCL10) was positively correlated with hemodynamic parameters, 6 minute walking distance test (6MWT), brain natriuretic peptide (BNP) and cardiac index (CI) (George et al., 2014). In another study there was also an association between IP-10 and PAH in SSc patients (Eloranta et al., 2010).

Chemokines

Chemokines belong to a protein family with a major role in leukocyte activation and chemoattraction, but they may also play an important role in angiogenesis (Koch et al., 1992; Strieter et al., 1995). CXCL4 is a chemokine with potent antiangiogenic properties which is secreted by megakaryocytes and plasmacytoid dendritic cells. The serum level of CXCL4 was markedly elevated in SSc patients and associated with PAH and lung fibrosis development (van Bon et al., 2014). The proangiogenic receptor CXCR6 ligand CXCL16 was also elevated in patients with SSc-PAH, however, correlation analysis with hemodynamic parameters was not performed (Rabquer et al., 2011).

Inflammatory Cytokines and Growth Factors

In SSc-PAH patients, a large number of pro-inflammatory cytokines have been recorded to be increased. The tumor necrosis factor alpha (TNF- α), interleukin (IL)-1 β , IL-6, IL-8, and IL-13 are elevated in the serum and plasma of lSSc-PAH patients (Pendergrass et al., 2010; Christmann et al., 2011). IL-6 is increased in MCTD-PAH patients compared to those without PAH (Nishimaki et al., 1999). The IL-18-binding isoform a (IL-18BP α) is elevated in SSc patients compared to healthy controls and positively correlated with SPAP and mPAP (Nakamura et al., 2016a). The macrophage migration inhibitory factor (MIF)—a pleiotropic cytokine with proinflammatory properties—is also elevated in SSc-PAH patients (Stefanantoni et al., 2015). The level of IL-5, IL-8, and IL-12 show no difference between SSc patients with and without PH (McMahan et al., 2015). Bosentan, a drug used for PAH therapy, causes a significant decrease of the serum levels of IL-2, IL-6, IL-8, and IFN- γ (Bellisai et al., 2011).

The growth differentiation factor (GDF)-15—a member of the transforming growth factor (TGF)- β superfamily—is strongly elevated in remodeled pulmonary arteries of SSc-PAH patients (Nickel et al., 2011). Accordingly, serum levels are increased in SSc-PAH patients compared with SSc patients without PAH and positively correlate with SPAP (Meadows et al., 2011). Importantly, an increased level of GDF-15 is associated with increased mortality (Nickel et al., 2008).

The level of acute phase response protein pentraxin-3 (PTX3), which act as an antiangiogenic factor by binding to fibroblast growth factor-2 (FGF-2) and inhibiting FGF-2-dependent neovascularization and extracellular matrix (ECM) proliferation is increased, while the level of fibroblast growth factor-2 (FGF-2) is decreased in SSc-PAH (Rusnati et al., 2004). Moreover, both changes are independently associated with the presence of PAH (Shirai et al., 2015). Markers associated with inflammation and immune activation are indicated in **Table 2**.

EXTRACELLULAR MATRIX COMPONENTS

Matrix metalloproteinases (MMPs) together with their inhibitors (TIMPs) are responsible for the degradation of ECM proteins and lead to the release and activation of cytokines, growth factors but also ECM degradation products (Nagase et al., 2006).

Osteopontin (OPN) is an extracellular matrix protein involved in bone remodeling, but it is also involved in pro-inflammatory and pro-fibrotic properties via modulation of a variety of cell types, including endothelial and vascular smooth muscle cells (Anborgh et al., 2011). It is elevated in SSc patients with PH, however, the same is true in SSc patients with ILD (Lorenzen et al., 2010). Unfortunately, there are no data comparing OPN serum or plasma levels between SSc-PAH and SSc-ILD patients. OPN has also been associated with IPAH (Lorenzen et al., 2011) and is therefore not specific for SSc-PAH. Circulating pro-MMP-10 was increased, in SSc-PH patients in comparison with SSc patients without PH or controls, which is consistent with MMP-10 overexpression in the pulmonary arteries of SSc-PAH patients (Avouac et al., 2017). The matrix metalloproteinase tissue inhibitor-4 (TIMP-4) may contribute to extracellular matrix deposition in SSc and its level is correlated with elevated SPAP in SSc patients (Gialafos et al., 2008). However, such correlations have also been found in PAH patients without SSc (Tiede et al., 2016). MMP-12 was elevated in capillary vessels of SSc-ILD patients, while MMP-7 in blood of SSc-ILD patients. However, the blood level of them were not analyzed in SSc-PAH patients (Moinzadeh et al., 2011; Manetti et al., 2012).

MMPs seem to be increased in SSc-ILD patients, while TIMPs are more likely associated with vascular changes. However, there are no prospective studies comparing these molecules between SSc-ILD and SSc-PAH patients.

ENDOTHELIAL PHYSIOLOGY AND ANGIOGENESIS

Microvascular endothelial cell injury plays a pivotal role in the pathogenesis of SSc (Altorok et al., 2014). The disease is characterized by an elevated number of activated monocytes/macrophages or T-lymphocytes in the circulation and tissues (Hasegawa et al., 2014). The infiltration of internal organs by these cells may provoke endothelial damage, fibroblast abnormalities, and alternatively activated macrophages, through the release of a variety of chemokines, cytokines, or growth factors (Abraham et al., 2009; Ueda-Hayakawa et al., 2013). Clinical and pathological findings of vascular destruction and endothelial cell activation

TABLE 2 | Markers of inflammation and immune activation in SSc-PAH patients.

Reference	Marker	No. SSc patients with PAH	No. SSc patients without PAH	No. control subjects	P-value
George et al., 2014	IFN	28	35	9	n.s.*
	IP-10				<0.05*,**
	ET-1				<0.05*,**
	IL-6				<0.05**
	IL-12p70				<0.05*
	TNF- α				<0.05**
van Bon et al., 2014	CXCL-4	n.d.	n.d.	n.d.	<0.001**
Christmann et al., 2011	IL-13	13	22	10	<0.001*
McMahan et al., 2015	IL-5	37	40	–	n.s.
	IL-8				n.s.
	IL-12				n.s.
Meadows et al., 2011	GDF-15	30	24	13	=0.004**
Gialafos et al., 2008	TIMP-4	37 [#]	69	–	=0.003
Shirai et al., 2015	PTX3	21	150	–	=0.006
Lorenzen et al., 2010	OPN	8	62	–	=0.001

ET-1, endothelin 1; GDF-15, growth differentiation factor-15; IFN, interferon; IL, interleukin; IP-10, interferon gamma (symbol) inducible protein 10; n.d., no data available; n.s., no significant; OPN, osteopontin; PTX3, pentraxin 3; TIMP, tissue inhibitor of matrix metalloproteinase-4; TNF- α (symbol), tumor necrosis factor alpha(symbol).

*SSc-PAH vs. Control.

**SSc vs. SSc-PAH.

[#]SSc patients with elevated pulmonary artery systolic pressure (≥ 40 mmHg).

strongly support the hypothesis of a unique vascular disease accompanied by the presence of inflammatory and redox potential changes (Abraham and Distler, 2007). Several soluble markers associated with endothelial damage, including a wide spectrum of adhesion molecules, anti-endothelial antibodies, or endothelial progenitor cells are increased in the circulation of SSc-PAH patients and thus may serve as potential biomarkers of a pulmonary vascular involvement.

Endothelin 1

Cell adhesion molecules located on the surface of endothelial cells are involved in cell adhesion and endothelial cell-smooth muscle cell interactions. Endothelin 1 (ET-1) is a potent vasoconstrictor peptide that is mainly secreted from endothelial cells (Hickey et al., 1985). This mechanism is triggered by protein kinase C (PKC) activation via enhancing the production of 1,2-diacylglycerol in vascular muscle cells (Barman, 2007). However, in pathological conditions ET-1 is secreted by many other cells, including fibroblasts, epithelial cells, smooth muscle cells, or inflammatory cells, such as macrophages and leukocytes (Böhm and Pernow, 2007). In fibroblasts, the expression of the peptide is induced by TGF- β causing also fibroblast migration, myofibroblast differentiation and proliferation of smooth muscle cells. Endothelin exerts its biological activity by interacting with two cell membrane-bound receptors called ET receptor A (ET_AR) and B (ET_BR). ET receptor antagonists are approved as targeted medications for PAH and one of them, bosentan, is also approved for the prevention of new digital ulcers in SSc patients (Hamaguchi et al., 2017).

An early study showed that ET-1 is elevated in the plasma of SSc patients (Yamane et al., 1991). Additionally, its level

is increased in SSc patients with PAH (Coral-Alvarado et al., 2009; Kim et al., 2010) and correlates with echocardiographic parameters of right ventricular (RV) overload (Ciurzynski et al., 2014). According to a prospective observational study, the peptide level could reflect the presence and severity of PH and may indicate the response to bosentan therapy in patients with SSc-PH (Kawashiri et al., 2014). However, circulating ET-1 levels depend very much on ET-1 clearance by ET_BR on endothelial cells and may not represent the ET-1 levels in the tissues of interest.

Circulating Endothelial Cells and Endothelial Progenitor Cells

Circulating endothelial cells (CECs) and endothelial progenitor cells (EPCs) may play a role in endothelial repair and neovascularization and serve as biomarkers of PAH (Foris et al., 2016). Moreover, there is an evidence of dysfunction of these cells in PAH (Toshner et al., 2009). Regarding CECs in SSc, they were significantly correlated with PAP and DLCO in lcSSc patients (Del Papa et al., 2004). Previous studies suggested that EPC-derived endothelial cells (ECs) may play a role in the progression of vascular complications in SSc (Avouac et al., 2008a,b). A reduced number of EPCs was associated with PAH in SSc (Nevskaya et al., 2008). EPC-derived ECs showed an upregulation of the matrix metalloproteinase-10 (MMP-10) gene in SSc-PAH.

Asymmetric Dimethylarginine

Asymmetric dimethylarginine (ADMA) is an endogenous inhibitor of eNOS, which may contribute to endothelial dysfunction. In a small cohort of SSc-PAH patients, ADMA levels were significantly associated with PAH after adjustment for specific disease characteristics, cardiovascular risk factors,

and other related vascular complications (Thakkar et al., 2016). An ADMA level ≥ 0.7 ng/mL in combination with an NT-proBNP ≥ 210 ng/mL showed 100% sensitivity and 90% specificity for the identification of SSc-PAH (Thakkar et al., 2016). However, other studies did not find any significant correlations between ADMA and echocardiographic markers of PH, (Dag et al., 2014; Foris et al., 2016), although they found a negative correlation with the 6-minute walking test (6MWT) (Dimitroulas et al., 2008). Taken together, the role of ADMA as a biomarker is currently controversial.

Von Willebrand Factor, Vascular Endothelial Growth Factor, Endostatin

Von Willebrand Factor (vWF) is a circulating glycoprotein and a marker of endothelial cell activation or damage, secreted by endothelial cells and megakaryocytes. It plays an important role in the coagulation cascade as a carrier for coagulation factor VIII (Lip and Blann, 1997). Elevated levels of vWF were found in IPAH and in CTEPH patients (Bonderman et al., 2003) and also in lcSSc patients with PAH which was associated with an increased risk for a PAP elevation (Pendergrass et al., 2010; Barnes et al., 2012). In contrast, in another study, there was no difference between SSc and SSc-PAH patients in vWF levels (Iannone et al., 2008). In addition, the vWF antigen was elevated in MCTD-PAH patients, as compared to MCTD patients without PAH (Vegh et al., 2006). Thus, vWF may be a marker of increased PAH risk in lcSSc and MCTD patients. No data, however, are available for dcSSc patients.

The angiogenic factor vascular endothelial growth factor (VEGF) is increased in SSc patients with elevated SPAP as assessed by echocardiography. Additionally, there is a positive correlation between VEGF and SPAP (Papaioannou et al., 2009).

Endostatin is a potent angiostatic peptide, which is a cleavage product of the extracellular matrix protein, collagen 18. Indeed, it may be considered as an endogenous antagonist of VEGF. It is massively upregulated in the intima of remodeled pulmonary arteries from SSc-PAH patients, and circulating levels of endostatin are correlated with markers of right ventricular failure (Hoffmann et al., 2015). Endostatin levels were elevated in SSc patients as compared to control subjects and a multivariable analysis in SSc patients showed an association between elevated endostatin levels and PAH. Endostatin was also a strong predictor of mortality (Reiseter et al., 2015). There is a polymorphism of collagen 18a1 which alters circulating endostatin levels and is also strongly associated with mortality in SSc patients. Finally, endostatin serum levels are correlated with exercise capacity, World Health Organization (WHO) functional class, and pulmonary hemodynamics (Damico et al., 2015).

Other Endothelial Markers

Other factors associated with endothelial physiology, such as platelet endothelial cellular adhesion molecule-1 (PECAM-1) and endoglin were also investigated in SSc-PAH. Increased PECAM-1 was found in SSc patients with digital ulceration and PAH, however, correlations with clinical parameters were

not significant (Ricciardi et al., 2011). In SSc-PAH compared to healthy controls, the endoglin level was increased and correlated with circulating ET-1 levels (Coral-Alvarado et al., 2009). However, the diagnostic and predictive value of these markers has not been confirmed in prospective studies. The soluble forms of E-selectin (sE-selectin) and vascular cell adhesion molecule-1 (sVCAM-1) serum levels were not elevated in lcSSc patients (Stratton et al., 1998). In accordance, another study found also no difference between the sVCAM levels of SSc and SSc-PAH patients (Iannone et al., 2008). Endothelial cells not only secrete various mediators but they can also release exosomes, a cell-derived vesicles. Exosomes can contain various macromolecules including proteins, lipids, and nucleic acids such as microRNA. Therefore, either their content or exosomes *per se* can serve as biomarkers. They may play a role in extension of fibrotic SSc process in non-affected tissues (Wermuth et al., 2017). The blood level of exosomes in SSc patients with vascular involvements were decreased (Nakamura et al., 2016b). However, further studies are required to prove their role in the vascular pathological processes of SSc-PAH patients.

METABOLIC CHANGES

There is strong experimental and epidemiological evidence supporting a “metabolic theory” of PAH development. Accordingly, several organs of PAH patients share mitochondria-based metabolic changes (Paulin and Michelakis, 2014; Michelakis et al., 2017).

Adipocytokines

In SSc-PAH, dysregulated adipose tissue and adipokine dysbalance have been found. The adipocytokines such as resistin, leptin, adiponectin, adipisin, or omentin are soluble and circulating factors. They are mainly produced by adipocytes and have pro-inflammatory and pro-angiogenic properties (Tilg and Moschen, 2006). Leptin has been considered as a mediator of immunological disorders in IPAH. Its level was elevated in IPAH and SSc-PAH patients compared to healthy controls and the function of leptin expressing T-lymphocytes was impaired in a leptin-dependent manner. However, leptin levels were not different between IPAH and SSc-PAH patients (Huertas et al., 2012). Omentin was also elevated in SSc patients with increased SPAP, however, it was not correlated with any fibrotic or inflammatory parameters (Miura et al., 2015). In SSc patients, SPAP was also associated with elevated resistin levels (Masui et al., 2014). Elevated circulating levels of adipisin were associated with SSc-PAH and adipisin gene single-nucleotide polymorphisms (Korman et al., 2017).

25(OH)-D Vitamin

In patients with SSc, low serum 25(OH)-D Vitamin levels were associated with increased SPAP as assessed by echocardiography (Atteritano et al., 2016) and there was a significant correlation between serum levels and diastolic dysfunction (Groseanu et al., 2016), but not with pulmonary arterial pressure (Groseanu et al.,

2016). However, there are few diseases that have not been associated with decreased 25(OH)-D vitamin levels. Therefore, this is certainly not specific for SSc or for PAH.

Metabolomics

In recent years, metabolomics showed promising results in the field of pulmonary vascular research. In an exploratory approach, numerous metabolites were associated with pulmonary arterial pressure and the elevation of kynurenine appeared quite specific for PH (Lewis et al., 2016). Indeed, kynurenine is a strong endogenous pulmonary vasodilator increasing both cAMP and cGMP levels in the target cells (Nagy et al., 2017). This suggests that the kynurenine system represents a negative feedback mechanism for PH, similar to the natriuretic peptides. In addition, the kynurenine system has a strong impact on immunologic signaling (Jasiewicz et al., 2016). Moreover, a recent analysis based on orthogonal signal correction (OSC), combined with a method of two dimensional separation of NMR data, highlighting possible clusters, trends, or outliers, confirmed a change in the metabolic profile of SSc-PAH as compared to SSc without PAH (Deidda et al., 2017). Altogether this suggests that many metabolic factors are changed in PAH, however, it is not clear if they are cause or consequence of the disease and what is their role in the pathogenesis of SSc-PAH.

MICRORNAS

Epigenetic changes are heritable alterations of the human genome affecting the gene expression without involving changes of the underlying DNA sequences. As the pathogenesis of SSc is thought to be influenced by environmental factors affecting human genome, these stimuli have been considered to be responsible for epigenetic regulatory complex changes which can manifest in alterations in disease outcomes (Aslani et al., 2018). RNA interference via microRNAs is considered to be one of the potential mechanisms to initiate and maintain epigenetic changes. Alterations in the regulation of microRNAs may lead to pathway alterations playing a role in the development of PAH (Thenappan et al., 2018). Moreover, they might contribute in processes of right ventricular remodeling (Batkai et al., 2017). According to these concepts, microRNAs can be identified in the circulation, and circulating miRNA levels vary according to the severity of PH (Wei et al., 2013; Zhao et al., 2017). In patients with PH, the level of circulating miR-424(322) was elevated and was associated with more severe symptoms and hemodynamic changes, while miR-4632 has been identified as a possible serum PAH biomarker (Qian et al., 2017; Baptista et al., 2018). Regarding SSc miR-193b, it has been described as a possible contributor to proliferative vasculopathy (Iwamoto et al., 2016). In addition, microRNA let-7d from skin biopsies showed a negative association with the severity of PAP measured by echocardiography in patients with SSc (Izumiya et al., 2015). In summary, based on results in PAH and SSc patients, micro RNAs might represent attractive biomarkers as well as future therapeutic targets in PH and SSc. However, their role in the pathogenesis of SSc-PAH needs further investigation.

MARKERS OF CARDIAC DYSFUNCTION

Microvascular alterations may play a pivotal role both in the impairment of myocardial function and the development of pulmonary vascular disease in SSc. These changes, directly or indirectly may cause right ventricular failure. Several studies investigated the potential role of different markers released by the heart, including the natriuretic peptide family, D-dimer as well as Troponin T and I as diagnostic and prognostic tools for PH in SSc patients. Studies investigating heart-related markers in SSc associated PH are listed in Table 3.

Natriuretic Peptides

Natriuretic peptides are well established, clinically useful markers of right ventricular dysfunction in PH. A-type natriuretic peptide (ANP) is secreted from granula in the atrial cardiomyocytes in response to an increased RV afterload. Any release of afterload causes an immediate decrease of the secretion (Wiedemann et al., 2001). The major disadvantage of ANP lies in its complicated handling methods. The N-terminal fragment of A-type natriuretic peptide (NT-proANP) is the inactive form of ANP, which is more stable and has a longer life-time in the circulation. In a prospective study, NT-proANP revealed a prognostic value for cardiac involvement, including PH in SSc (Költo et al., 2014).

Most of the studies focused on the investigation of BNP and its terminal fragment NT-proBNP. NT-proBNP is a 32-amino acid polypeptide attached to a 76-amino acid N-terminal fragment and it is secreted but not stored by ventricular cardiomyocytes (Janda and Swiston, 2010). BNP does not need cooled handling or transportation after blood drawn and the metabolic clearance of NT-proBNP is slow in comparison with ANP or BNP (Foris et al., 2013). As a consequence, the levels depend considerably on renal function.

Several studies found significant correlations between hemodynamic parameters, exercise capacity and natriuretic peptides in SSc-PAH (Mukerjee et al., 2003; Czurzynski et al., 2008; Dimitroulas et al., 2010). In screening for PAH, both BNP and NT-proBNP were correlated with PAP, and BNP was an independent predictor of PAH in SSc patients (Cavagna et al., 2010). NT-proBNP combined with pulmonary function test and other markers had a high sensitivity and specificity in a screening model for PH (Thakkar et al., 2016). Importantly, NT-proBNP has been included in the 2015 risk stratification for IPAH as a prognostic marker (Galiè et al., 2015). A study in 101 SSc patients found that an increased NT-proBNP level together with a decreased DLCO/VA ratio was highly predictive for PAH development in the next 29-months (Allanore et al., 2008). Moreover, in a prospective study, the peptide level alone was strongly related to the severity of PAH and its increase during therapy was associated with high mortality (Williams et al., 2006). Another study found no relation between the changes of NT-proBNP and the clinical status (Rotondo et al., 2017). A retrospective study in 432 SSc patients with PH due to left heart disease from a French-Canadian cohort suggested mid-regional pro-atrial natriuretic peptide (MR-proANP) and mid-regional

TABLE 3 | Overview of heart related markers in patients with SSc-PAH or at risk of PH, correlation with hemodynamic parameters, predictive value, cut-off values, and association with survival.

Reference	Marker	No. SSc-PAH patients	RVSP	mPAP	PVR	Independent predictive ability for PAH (Odds ratio)	Cut-off value for identification of PAH	Association with survival
Költo et al., 2014	NT-proANP	144*	–	–	–	–	822.5 pmol/l (Sensitivity: 56.3% Specificity: 79.5%)	yes
	NT-proBNP						154.5 pmol/l (Sensitivity: 50% Specificity: 76.8%)	
Mukerjee et al., 2003	NT-proBNP	23	$r = 0.59$	$r = 0.53$	$r = 0.49$	–	395.34 pg/ml (Sensitivity: 0.69 Specificity: 1.0)	–
Ciurzynski et al., 2008	NT-proBNP	51*	–	–	–	29.5	115 pg/ml (Sensitivity: 92% Specificity: 44%)	–
Cavagna et al., 2010	NT-proBNP	20	–	$r = 0.61$	$r = 0.61$	–	239.4 pg/ml (Sensitivity: 45% Specificity: 90%)	–
	BNP		–	$r = 0.72$	$r = 0.61$	2.1	64 pg/ml (Sensitivity: 60% Specificity: 87%)	–
Thakkar et al., 2016	NT-proBNP	15 (all 94)	$r = 0.65^{**}$	$r = 0.63^{**}$	$r = 0.76^{**}$	–	209.8 pg/ml (Sensitivity: 92.9% Specificity: 100%)	–
Allanore et al., 2008	NT-proBNP	8	–	–	–	6.35 ($p=0.053$)	–	–
Williams et al., 2006	NT-proBNP	68	–	$r = 0.62$	$r = 0.81$	–	91 pg/ml (Sensitivity: 90% Specificity: 51%)	yes
Rotondo et al., 2017	NT-proBNP	21	$r = 0.30$	–	–	–	–	–
Kiatchoosakun et al., 2007	D-dimer	47	n.s.	–	–	–	–	–
Nordin et al., 2017	NT-proBNP	44 [#]	–	–	–	1.9	–	–
	Hs-cTnI		–	–	–	3.2	–	–
Avouac et al., 2015a	NT-proBNP	89 ^{&}	–	–	–	26.6	–	–
	Hs-cTnT		–	–	–	2.0	–	–
	NT-proBNP + Hs-cTnT		–	–	–	50.0	–	–

BNP, brain natriuretic peptide; Hs-cTnI, high-sensitivity cardiac troponin I; Hs-cTnT, high-sensitivity cardiac troponin T; NT-proANP, N-terminal atrial natriuretic peptide; NT-proBNP, N-terminal pro brain natriuretic peptide. All values reached the significance level of $p < 0.05$.

*SSc patients with heart involvement, including PH.

**The analysis involved all the patients.

[#]SSc patients with abnormal echocardiographic findings.

[&]SSc patients with cardiovascular risk factors.

pro-adrenomedullin (MR-proADM) may be more reliable than NT-proBNP as a biomarker for early PH (Miller et al., 2014).

D-Dimer, Troponin T and I

There is some indication from epidemiological and experimental studies that microvascular thrombosis may be involved in the pathogenesis of PAH. However, a cross-sectional study in SSc-PAH patients found no correlation between plasma D-dimer and RVSP assessed by echocardiography (Kiatchoosakun et al., 2007).

Troponin T (TnT) and high-sensitive Troponin I (hs-cTnI) are well-known markers of acute ischemic heart disease and

have been identified as independent markers of mortality in PAH (Foris et al., 2013). A small study in SSc patients found a significant association between hs-cTnI and elevated echocardiographic SPAP (Nordin et al., 2017). The high-sensitive TnT (HS-cTnT) was even elevated in SSc patients without relevant cardiovascular risk factors and an HS-cTnT level of >14 ng/L was independently associated with PAH. The combination of this marker with NT-proBNP was strongly associated with PAH (Avouac et al., 2015a). Therefore, the combination of TnT subtypes and NT-proBNP might serve as predictor for PH in SSc. Unfortunately, these markers are not specific for the right

ventricle and may be increased to the same extent by left heart disease. They are also not specific for SSc or any other cause of PH.

FUTURE CLINICAL AND RESEARCH NEEDS

The diagnosis of SSc-PAH needs an invasive method, therefore the inauguration of a well-established non-invasive diagnostic method would be crucial. The number of studies evaluating biomarkers in blood samples as diagnostic tools for PAH detection in SSc is progressively increasing, however very few of them have demonstrated solid diagnostic performance. Recent advances in the understanding of pathophysiological processes are promising for further therapies; nevertheless, the most important point for now is the early diagnosis as a mean to early treatment. The combination of biomarkers which help to differentiate between pulmonary parenchymal and vascular complications in SSc at an early stage would be very important. However, these biomarkers have to be validated in prospective multicenter studies involving a large series of patients. In addition, there are no unified definitions to segregate PAH (group 1 of the World Classification of PH) from PH-ILD (group 3 of the World Classification of PH). Different studies apply different definitions that make it difficult to compare the data about potential biomarkers. Thus, selection criteria for patients must be defined well and prospectively. Finally, an extended research interest is needed implicating underlying mechanisms described

in systemic sclerosis. One example may be the association between adipocytokines and malabsorption, as latter molecules can be associated with the disease pathogenesis. It is likely that in the future some of the discussed biomarkers will be employed, alone or in combination with other already established biomarkers or clinical parameters, to improve the accuracy of early diagnosis and guide therapy.

CONCLUSIONS

PAH is a severe complication of SSc and associated with high morbidity and mortality. There are several biomarkers of SSc-PAH, reflecting endothelial physiology, inflammation, immune activation, extracellular matrix, metabolic changes, or cardiac involvement. Biomarkers in form of antibodies, cytokines, chemokines, metabolites, and natriuretic peptides were associated with diagnosis, disease severity, and progression. However, very few have been tested in a prospective setting. Prospective studies in well-defined patient cohorts are warranted to develop reliable algorithms for detection and prognosis of SSc-PAH.

AUTHOR CONTRIBUTIONS

All authors conceptualized and designed the review. BO, HO, and GK wrote the paper. VF, AG, VM, GKW and PH provided critical feedback and input. All authors agree to be accountable for the content of the work and approved the manuscript.

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The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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