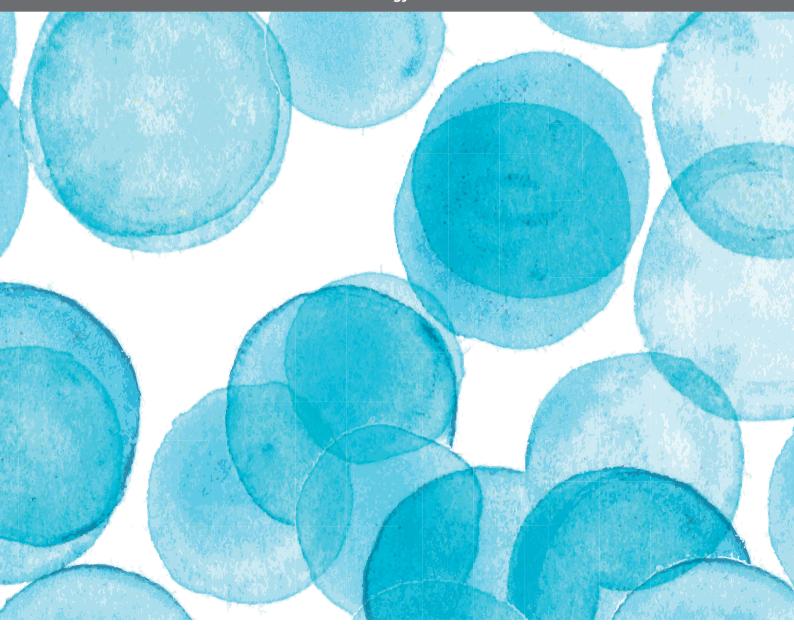
# ANTIBIOTIC ALTERNATIVES AND COMBINATIONAL THERAPIES FOR BACTERIAL INFECTIONS

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## ANTIBIOTIC ALTERNATIVES AND COMBINATIONAL THERAPIES FOR BACTERIAL INFECTIONS

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## Editorial: Antibiotic Alternatives and Combinational Therapies for Bacterial Infections

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Keywords: antibiotic alternatives, bacterial infection, probiotic, bacteriophage, anti-persister molecule, biofilm

#### Editorial on the Research Topic

#### Antibiotic Alternatives and Combinational Therapies for Bacterial Infections

"The thoughtless person playing with penicillin treatment is morally responsible for the death of the man who succumbs to infection with the penicillin-resistant organism." As Alexander Fleming predicted in 1945, bacteria have become increasingly resistant to antibiotics. Penicillin resistance was presumably first reported already in 1940 when Abraham and Chain reported that an enzyme from bacteria was able to destroy penicillin (Abraham and Chain, 1940). Every now and then mankind is shelled with news of infections and deaths caused by antibiotic and multiple drug resistant superbugs. This increase of resistance toward commonly in-use antibiotics, due to decades of their use, misuse and abuse, is today a global health concern. Research investments on development of new agents that can fight antimicrobial resistant microorganisms and the advent of antibiotic failure due to bacterial resistance has raised interest in other non-conventional alternative therapies.

This Research Topic gathers some of the latest science around antibiotic alternatives and the effect of combined therapies. The call was launched in July 2017, and open-call papers were submitted until May 2018. This is the editorial article introducing the 20 accepted publications addressing the antimicrobial action of varied agents representing the breadth and scope of research in this topic.

A high number of publications address the antibacterial use of bacteriophages. A mini review by Morozova et al. describes the main outcomes of English and Russian case reports regarding bacteriophage use in infected wounds, burns and trophic ulcers. The antimicrobial assessment of bacteriophage therapy include in vitro testing toward biofilms of Klebsiella pneumoniae isolated from diabetic foot patients (Taha et al.), Staphylococcus aureus biofilms (Kumaran et al.), and their combined use with honey to control dual species biofilms of Pseudomonas aeruginosa and Escherichia coli in an ex vivo wound model (Oliveira et al.). Overall, bacteriophages were able to decrease bacterial loads and destroy biofilm structures. Bacteriophage-antibiotic treatment order was investigated by Kumaran et al. and this greatly influenced the treatment outcome, and bacteriophages always augmented the activity of antibiotics. Ujmajuridze et al. screened cultures of patients planned for transurethral resection of prostate, adapted the commercial Pyo bacteriophage preparation to target the main species identified (S. aureus, E. coli, Streptococcus spp., P. aeruginosa, and Proteus mirabilis), administered the preparation via intravesical delivery in nine patients, and observed bacterial decrease in six of the nine patients treated. In vivo use of a purified bacteriophage capsule depolymerase to treat E. coli infections in a mouse thigh model was also studied (Lin et al.). In this work, the authors show that E. coli infections, usually lethal to mice, were effectively treated with an

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Sillankorva S, Pereira MO and Henriques M (2019) Editorial: Antibiotic Alternatives and Combinational Therapies for Bacterial Infections. Front. Microbiol. 9:3359. doi: 10.3389/fmicb.2018.03359 enzyme dose of 20  $\mu$ g per mouse; however this effect was enzyme and capsule type dependent.

Three original research articles assessed the use of probiotics such as *Lactobacillus plantarum* or *L. rhamnosus*. Wang et al. describe the diverse roles of *L. plantarum* from enhancing the intestinal barrier function, inducing the secretion of antimicrobial peptides that protect against pathogens, improving the gut bacterial ecology and barrier function in weaned piglets. The efficacy of *L. plantarum* in preventing enterotoxigenic *E. coli* growth and inhibiting its adhesion to a porcine intestinal epithelial cell line was also assessed (Wang et al.). *L. rhamnosus* was reported to reduce the adhesion of *E. coli* to bovine mammary epithelial cells devoid of the caspase recruitment domain by supressing the NLRP3 and NLRP4 inflammasomes and inhibiting *E. coli*-induced cell pyroptosis (Wu et al.).

Defraine and colleagues reported extensive *P. aeruginosa* membrane damage caused by a novel anti-persister molecule (Defraine et al.) and its antibacterial effect together with different classes of antibiotics toward clinically relevant ESKAPE pathogens (Defraine et al.). The molecule used (SPI009) has great potential to inhibit biofilm growth and eradicate both *P. aeruginosa* and *S. aureus* biofilms, and improved nematode survival when tested in *Caenorhabditis elegans* infected with *P. aeruginosa*. Vitamin C was shown to have antibiofilm activity against *Bacillus subtilis* by reducing the extracellular polymeric substance biosynthesis, with cells becoming more susceptible for killing (Pandit et al.).

An original article by Klitgaard et al. identified potential genes that could be suitable as targets for ciprofloxacin potentiating compounds, and found that in targeting the AcrAB-TolC efflux pump and the SOS response proteins RecA and RecC, *E. coli* resistance to ciprofloxacin was reverted in intermediate susceptible strains.

Antibiotic derivatives were reported by Ramchuran et al., who used three teixobactin derivatives to inhibit methicillin-resistant *S. aureus* (MRSA) growth, giving evidence of its dominant binding mode to lipid II. Antibiotic combinations against established *S. aureus* biofilms were also studied in a hollow fiber infection model. However, no beneficial effect of combination therapy compared to the most effective antibiotic was observed, though the addition of the second antibiotic reduced the rise of bacterial resistant to the first drug (Broussou

et al.). Anti-MRSA activity using cationic nanostructured lipid carriers combined with antibiotic was evaluated in mice models of cutaneous infection resulting in infection reduction and improvement of skin barrier function and architecture (Alalaiwe et al.). The topical efficacy and safety of chitogel assembled together with an iron chelator and with a novel broad spectrum antimicrobial effectively reduced S. aureus biofilms in an in vivo sheep model without causing any topical or systemic adverse effects (Ooi et al.). The topical treatment of recalcitrant chronic rhinosinusitis using colloidal silver was assessed through a 10day program where patients performed rinsing twice daily (Ooi et al.). Despite being safe, the group of treated patients had similar improvement in symptoms and endoscopic scores as those in the control groups and were inferior to culture-directed oral antibiotics. Tran et al. used an antineoplastic mitotane, that permeabilize the outer membrane of *P. aeruginosa*, *Acinetobacter* baumannii and K. pneumoniae, to exert greater effect to a novel polymyxin, and reduce the emergence of antibiotic-resistant phenotypes.

Three branched RRWQWR-based cationic peptides were designed, synthesized and evaluated revealing higher antibacterial activity against clinically relevant pathogens than the reference peptide (Vega et al.).

We hope that you enjoy reading this Research Topic and find it a useful reference for the state of the art in the emerging field of antibiotic alternatives.

#### **AUTHOR CONTRIBUTIONS**

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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### Adapted Bacteriophages for Treating Urinary Tract Infections

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Ujmajuridze A, Chanishvili N, Goderdzishvili M, Leitner L, Mehnert U, Chkhotua A, Kessler TM and Sybesma W (2018) Adapted Bacteriophages for Treating Urinary Tract Infections. Front. Microbiol. 9:1832. doi: 10.3389/fmicb.2018.01832 Urinary tract infections (UTIs) are among the most widespread microbial diseases and their economic impact on the society is substantial. The continuing increase of antibiotic resistance worldwide is worrying. As a consequence, well-tolerated, highly effective therapeutic alternatives are without delay needed. Although it has been demonstrated that bacteriophage therapy may be effective and safe for treating UTIs, the number of studied patients is low and there is a lack of randomized controlled trials (RCTs). The present study has been designed as a two-phase prospective investigation: (1) bacteriophage adaptation, (2) treatment with the commercially available but adapted Pyo bacteriophage. The aim was to evaluate feasibility, tolerability, safety, and clinical/microbiological outcomes in a case series as a pilot for a double-blind RCT. In the first phase, patients planned for transurethral resection of the prostate were screened (n = 130) for UTIs and enrolled (n = 118) in the study when the titer of predefined uropathogens (Staphylococcus aureus, E. coli, Streptococcus spp., Pseudomonas aeruginosa, Proteus mirabilis) in the urine culture was >10<sup>4</sup> colony forming units/mL. In vitro analysis showed a sensitivity for uropathogenic bacteria to Pyo bacteriophage of 41% (48/118) and adaptation cycles of Pyo bacteriophage enhanced its sensitivity to 75% (88/118). In the second phase, nine patients were treated with adapted Pvo bacteriophage and bacteria titer decreased (between 1 and 5 log) in six of the nine patients (67%). No bacteriophage-associated adverse events have been detected. The findings of our prospective two-phase study suggest that adapted bacteriophage therapy might be effective and safe for treating UTIs. Thus, well-designed RCTs are highly warranted to further define the role of this potentially revolutionizing treatment option.

Keywords: bacteriophage therapy, Pyo bacteriophage, adaptation, urinary tract infection, antibiotic resistance

#### INTRODUCTION

Emergence and re-emergence of multiple antibiotic resistant bacterial infections and their rapid spread in the environment has led to a new rise of scientific interest toward bacteriophage therapy as an alternative to antibiotics. Use of bacteriophages for treatment of bacterial infections has been suggested by the French-Canadian scientist Felix d'Herelle in 1917. Since then, bacteriophage therapy has been applied in different fields of medicine, for treatment of various bacterial infections (Chanishvili, 2012). However, after the discovery of penicillin in 1940s the Western scientific

societies gave the preference to antibiotic therapy, while many physicians and researchers in the former Soviet Union republics remained dedicated to bacteriophage therapy and continued to use it alone or in combination with antibiotics (Chanishvili, 2012), see also **Supplementary Material** for more references, partly in Russian.

Lower urinary tract symptoms (LUTS) are a common problem in adult men with a high impact on quality of life (Martin et al., 2011). Traditionally LUTS have been related to bladder outlet obstruction, which is often caused by prostatic enlargement (Abrams et al., 2002). Prostatic enlargement occurs in about 25% of all men in their fifties, 30% in their sixties, and in 50% of men aged 80 years or older (Kupelian et al., 2006). Transurethral resection of prostate (TURP) is regarded the cornerstone of surgical treatment of LUTS secondary to benign prostatic obstruction (Cornu et al., 2015). These patients have a relevant risk for urinary tract infections (UTIs) (Schneidewind et al., 2017). Beside the possible development of residual urine, which acts as a growth medium for bacteria (Truzzi et al., 2008), many of these patients rely on a short or long-term catheterization prior to further treatment. Single insertion of a catheter causes infection in 1-2% of cases, while catheters with open-drainage systems result in bacteriuria in almost 100% of the cases within 3-4 days (Warren, 1992; Bonkat et al., 2018).

Therefore, we decided to combine TURP with bacteriophage therapy, using bacteriophages as a replacement of perioperative antibiotics. The present study has been designed as prospective two-phase (first phase: bacteriophage adaptation, second phase: treatment with the commercially available but adapted Pyo bacteriophage) study preceding a randomized, placebocontrolled, double-blind clinical trial (Leitner et al., 2017) to assess efficacy and safety of adapted bacteriophages for treating (catheter associated) UTIs (Nicolle et al., 2005; Hooton et al., 2010; Bonkat et al., 2018) in patients undergoing TURP.

#### PATIENTS AND METHODS

#### **Ethics Committee Approval**

This prospective two-phase study has been approved by the local ethics committee (TNCU-02/283; Tbilisi, Georgia) and was conducted at the Alexander Tsulukidze National Center of Urology (TNCU), Tbilisi, Georgia and the Eliava Institute of Bacteriophage, Microbiology and Virology (EIBMV), Tbilisi, Georgia. The study was designed as an investigation preceding the randomized controlled trial (RCT) registered at ClinicalTrials.gov: NCT03140085 (Leitner et al., 2017).

#### **Patients**

From September 2016, 130 patients planned for TURP were screened in preparation for the RCT (Leitner et al., 2017) at the TNCU. In the first phase, urine cultures from all patients (taken by mid-stream urine, or from the existing transurethral or suprapubic catheter) were evaluated. Overall, 118 (91%) of the 130 screened patients had positive urinary cultures with predefined uropathogens (i.e., *Staphylococcus aureus*, *E. coli*,

Streptococcus spp., Pseudomonas aeruginosa, Proteus mirabilis) and  $>10^4$  colony forming units (CFU)/mL. The isolated cultures were consecutively subjected to an in vitro bacteriophage sensitivity test to the commercially available and in Georgia registered Pyo bacteriophage solution (Eliava BioPreparations Ltd., Tbilisi, Georgia), which underwent adaptation cycles, as described in the next paragraph. In the second phase, nine patients who had scored sensitive to the cocktail were further subjected to bacteriophage treatment in a non-blinded fashion. Exclusion criteria were symptomatic UTIs, microorganisms not sensitive to Pyo bacteriophage and age under 18 years. From all patients, prostate size, prostate specific antigen (PSA), International Prostate Symptom Score (IPSS) questionnaire (Barry et al., 1992) values, maximum flow rate and post void residual were collected prior to surgery. Resected prostate volume was collected and histological results were determined. Urine culture sampling was repeated 7 days after surgery or at the time of any adverse events. Written informed consent was obtained from all included patients.

## Bacteriophage Preparation and Adaptation

To cover a diversity of uropathogens a commercial preparation called Pyo bacteriophage produced by Eliava BioPreparations Ltd., Tbilisi, Georgia, was used for treating UTIs. This bacteriophage cocktail is composed of bacteriophage lines active against a broad spectrum of uropathogenic bacteria: Staphylococcus aureus, E. coli, Streptococcus spp. (including Streptococci group D renamed now to Enterococcus spp.), Pseudomonas aeruginosa, and Proteus spp. of urological infections (Chanishvili, 2012). As is common practice, commercial bacteriophage cocktails, including Pyo bacteriophage, are regularly adapted by the EIBMV with the aim to increase the efficacy of the bacteriophage cocktail toward newly emerging pathogens (Kutter et al., 2010; Villarroel et al., 2017; McCallin et al., 2018). Also in our study we applied adaptation to enhance the efficacy and coverage toward uropathogenic strains that initially scored intermediate or resistant in the in vitro sensitivity study, in a similar way as done in the previously conducted in vitro study (Sybesma et al., 2016). The method is based on Appelmans' protocol for titration of bacteriophages (Appelmans, 1921) and selects for h-mutants with a broader and stronger host-bacteriophage interaction (Merabishvili et al., 2018). Similar as for the determination of the minimal inhibitory concentration for antibiotics (Levison and Levison, 2009), Appelmans' method is based on liquid titration of bacteriophages and determines the lowest concentration of bacteriophages that show optical transparency over 24-72 h in a suspension with preselected bacterial strains resistant to the bacteriophage cocktail. This dilution with the lowest concentration of bacteriophages, cut-off point, is designated with negative degree values. If the initial bacteriophage titer was  $10^{-1}$ , it may become  $10^{-2}$  or 10<sup>-3</sup> with every dilution round, which indicates that more active bacteriophage units had been able to kill bacteria and that the tested bacteria had become less resistant to the adapted bacteriophages.

The subsequent titer of the bacteriophages is determined using two methods: titration in liquid (Appelmans, 1921) and titration using a double layer agar method (Gratia, 1936). The titration is done for each component included into Pyo bacteriophages separately on a standard set of host cultures (i.e., the titer of the *E. coli* bacteriophages is determined on the set of the standard *E. coli* strains, the titer of *Staphylococcus* component is determined on the set of the standard *Staphylococcus* strains, etc.). In this way, the titer of the bacteriophages in the range of  $10^7 - 10^9$  plaque forming units per mL (pfu/mL) is estimated. However, the titer of the individual (adapted) clones included into one group of bacteriophages may vary (McCallin et al., 2018).

## Microbiological Evaluation and Bacteriophage Sensitivity Test

In the first phase, urine samples were streaked in triple on the chromogenic Uriselect<sup>TM</sup>4 media (Bio-Rad Laboratories, Marnes-la-Coquette, France) for quantification and qualification of uropathogenic microorganisms. Positive urinary cultures were microscopically assessed regarding Gram stains and morphology. For all bacterial strains antibiotic and phage sensitivity tests were performed. If eligible microorganisms potentially treatable with Pyo bacteriophage (S. aureus, E. coli, Streptococcus spp., P. aeruginosa, P. mirabilis) were found, urine cultures were sent to the EIBMV and further screened for bacteriophage sensitivity. Hereto, the urine samples were re-cultivated and their identity was re-checked. As soon as the same eligible microorganisms had been cultivated a bacterial cell lysis screening assay was performed, as described previously (Sybesma et al., 2016). If in vitro results showed clear confluent lyses on the petri dish with the bacterial lawn, it was classified as sensitive (Figure 1). Resistant and intermediate resistant strains were used in adaptation cycles. In case of sensitivity Pyo bacteriophage was sent to the hospital to start the treatment. Seven days after TURP, urine samples were again collected and cultivated in triple on the above mentioned chromogenic Uriselect<sup>TM</sup>4 media and re-evaluated.

#### **Intravesical Bacteriophage Treatment**

Transurethral resection of prostate was performed according general surgical practice using a monopolar resectoscope (May and Hartung, 2006). For low pressure irrigation, a suprapubic trocar was placed in every patient. No perioperative antibiotic prophylaxis was given. After TURP a suprapubic catheter and a transurethral catheter were placed to maintain irrigation. The transurethral catheter was removed after 24–48 h. The suprapubic catheter was kept in place for 7 days to enable adapted Pyo bacteriophage instillation. Pyo bacteriophage was instilled by a health care provider two times per 24 h (i.e., 8.00 h, 20.00 h) for 7 days, starting the first day after surgery. The solution of 20 mL was retained in the bladder for approximately 30–60 min.

## Assessment of Safety and Clinical/Microbiological Outcomes

All adverse events within the treatment phase were recorded as defined by the International Conference on Harmonisation

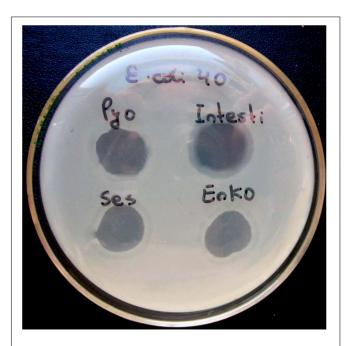


FIGURE 1 | Different degrees of lyses of bacterial culture due to bacteriophage activity. The results in upper line (for Pyo bacteriophage and Intesti bacteriophage) are considered as "S" (sensitive), while the results in the lower line (Ses bacteriophage and Enko bacteriophage) are considered as "I" (intermediate). Note: Pyo, Intesti, Ses, and Enko bacteriophage are all commercially available bacteriophage cocktails. Picture was taken during previously conducted work (Sybesma et al., 2016) where several different bacteriophage cocktails were used.

(ICH) Good Clinical Practice (GCP) Guidelines (E6) (International Conference on Harmonisation, 1996) and International Organization for Standardization (ISO 14155) (International Organization for Standardization, 2011). Potential efficacy was assessed using clinical/microbiological parameters and defined as no clinical signs for infection and a reduction in CFU/mL.

#### **Outcome Parameters**

Primary: (a) sensitivity of uropathogenic strains to the commercially available but adapted Pyo bacteriophage (first phase) and (b) effect of intravesical treatment with adapted Pyo bacteriophage (second phase).

Secondary: Occurrence/absence of adverse events, in categorization according to the National Cancer Institute Common Terminology Criteria for Adverse Events (CTCAE) version 4 in grade 1 to  $5^1$  during bacteriophage treatment (second phase).

#### Statistical Analyses

Descriptive statistics were used. Data are presented as percentages or mean  $\pm$  standard deviation. Due to the limited number of subjects no further statistical analyses were performed.

 $<sup>^{1}</sup>http://ctep.cancer.gov/protocolDevelopment/electronic\_applications/ctc.htm\\$ 

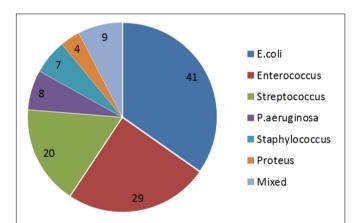
#### **RESULTS**

## First Phase: *in vitro* Bacteriophage Sensitivity Testing and Adaptation Cycles

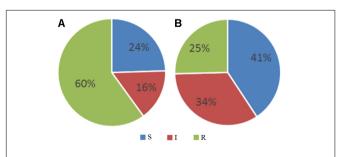
The distribution of bacterial strains of the 118 included patients is shown in **Figure 2**. 24% and 17% of all strains were sensitive and intermediate sensitive to the initially used Pyo bacteriophage (i.e., total sensitivity of 41%), **Figure 3A**. After four adaptation cycles the sensitivity and intermediate sensitivity increased up to 41% and 34% (i.e., total sensitivity 75%), **Figure 3B**.

## Second Phase: Treatment With Adapted Pyo Bacteriophage

Patients characteristics are found in **Table 1**. The mean age was 69  $\pm$  12 years, IPSS questionnaires revealed moderate to strong LUTS (IPSS 20  $\pm$  2). The average prostate size was 77  $\pm$  37 mL, all PSA values were within the non-pathological range. Maximum flow rate was 11  $\pm$  3 mL/s with a mean post void residual of 80  $\pm$  100 mL. Two patients relied on an indwelling catheter preoperatively. The average operation time was 48 min, no complications occurred during prostate surgery. Histological results revealed benign prostatic hyperplasia in all cases, five



**FIGURE 2** | Proportional distribution of bacterial strains. Urinary cultures of the 118 included patients showed the following distribution of bacterial strains: *E. coli* was found predominantly with 41%, followed by *Enterococcus* spp. with 29%, *Streptococcus* spp. with 20%, *Pseudomonas aeruginosa* with 8%, *Staphylococcus* spp. 7%, *Proteus* spp. 4%, and others 9%.



**FIGURE 3** | Proportional distribution of the sensitive, intermediate, and resistant strains among 118 clinical samples before **(A)** and after **(B)** four adaptation cycles of the Pyo bacteriophage cocktail.

patients showed high grade prostatic intraepithelial neoplasia but no malignant disease was found.

Prior to treatment, urine culture revealed *E. coli* in four, *Streptococcus* spp. in two, *Enterococcus* spp. in two and *P. aeruginosa* in one of the nine patients. After treatment, four patients showed no significant bacterial growth, while *E. coli* and *Enterococcus* spp. were still isolated from the urine culture of four and one patient, respectively. In six out of nine patients (67%), bacterial titers decreased after bacteriophage treatment (**Table 1**).

No bacteriophage-associated adverse events have been detected. In one patient, an antibiotic therapy (third generation cephalosporin) was started at day 3 after development of fever (>38.0°C) and the symptoms disappeared within 48 h. Urine culture showed *P. aeruginosa*.

#### DISCUSSION

In vitro analysis showed a sensitivity for uropathogenic bacteria to the commercially available Pyo bacteriophage of 41%. Adaptation cycles of Pyo bacteriophage further enhanced its sensitivity to 75%. In our *in vivo* pilot series, the bacterial titers decreased after bacteriophage treatment in six out of nine patients (67%). No bacteriophage-associated adverse events have been detected but one patient developed fever due to *P. aeruginosa* infection with restitution of symptoms under antibiotic treatment.

Our study was designed as a feasibility, tolerability, and safety assessment and to evaluate clinical/microbiological outcomes of commercially available adapted Pyo bacteriophages preceding a placebo-controlled, double-blind RCT (Leitner et al., 2017). We have not investigated the composition of the continuously adapted Pyo bacteriophage cocktail by, e.g., metagenome analysis as recently described for previously used Pyo bacteriophage cocktails (Villarroel et al., 2017; McCallin et al., 2018), where it has also been reported that as a result of adaptation the titer of the individual bacteriophage clones included may vary. We expect that the detailed elucidation of the composition of bacteriophage cocktails as well as understanding the mechanisms behind the bacteriophage infection or bacterial resistance will become more relevant as soon as more conclusive outcomes about the efficacy of bacteriophage therapy has been described.

Bacteriophage therapy has already been practiced for decades in Eastern European countries (Chanishvili, 2012) and many people are aware of its existence (see also **Supplementary Material** for more references, partly in Russian). In the present open-label pioneering study for a placebo-controlled, double-blind RCT, the commercially available preparation Pyo bacteriophage was used for treating nine patients who were planned for TURP and had been diagnosed with UTI. Bacteriophage therapy only started after a positive result of an *in vitro* sensitivity analysis of the isolated uropathogen with the Pyo bacteriophage cocktail and did not cause any adverse events such as rise of body temperature, headache, hematuria, or allergic reaction in eight out of nine patients. Only in one case (# 9), on the 3rd day after prostate surgery, fever was observed. After a

**TABLE 1** | Summary of results of intravesical Pyo bacteriophage treatment conducted on nine patients.

Case	Age range (years)	Pre-tre	eatment	Post-tr	reatment	Prostate size (g)	PSA value (μg/L)	Adverse events/remarks
		Culture ID	Titer (CFU/mL)	Culture ID	Titer (CFU/mL)			
1	61–65	E. coli	10 <sup>7</sup>	E. coli	10 <sup>5</sup>	70	1	No adverse events
2	81–85	E. coli	10 <sup>7</sup>	E. coli	10 <sup>4</sup>	140	2	No adverse events
3	56-60	E. coli	10 <sup>4</sup>	E. coli	10 <sup>4</sup>	65	0.3	No adverse events
4	81–85	E. coli	10 <sup>7</sup>	Non-pathogenic microflora	Not quantified	90	3.2	No adverse events
5	56-60	Streptococcus	10 <sup>7</sup>	Streptococcus	10 <sup>6</sup>	130	0.8	No adverse events
6	81–85	Streptococcus	10 <sup>5</sup>	No bacterial growth	Below detection limit	29	2.3	No adverse events
7	66–70	Enterococcus	10 <sup>6</sup>	E. coli	10 <sup>7</sup>	45	1	Potential secondary infection
8	66–70	Enterococcus	10 <sup>6</sup>	Non-pathogenic microflora	Not quantified	60	1.3	No adverse events
9	56–60	Pseudomonas	10 <sup>6</sup>	No data	No data	60	1.3	Sudden fever and chills started on the 3rd day

sudden onset of fever (38.5°C), the bacteriophage treatment was stopped, while a third generation cephalosporin was prescribed. In 48 h after the start of antibiotic therapy, the body temperature was normalized (24 h: 37.8°C; 48 h: <37.5°C). In this particular case the infection was caused by *P. aeruginosa*, which is known to release endotoxins during its lysis.

The secondary bacteriology testing of urine samples, taken after the bacteriophage treatment, demonstrated a positive tendency in therapy of infection, in particular a decrease of bacterial counts varying between 1 and 5 logs (cases # 1, 2, 5, 6). In one case (# 6) the secondary bacteriology analysis after bacteriophage therapy showed that urine had become below the detection limit of the Uriselect<sup>TM</sup>4 media (10<sup>4</sup> CFU/mL for the uropathogens). In two cases (# 4, # 8) the initial infections, E. coli (titer 107 CFU/mL) and Enterococcus (titer 10<sup>6</sup> CFU/mL), respectively, had disappeared after bacteriophage therapy; however, presence of non-pathogenic micro-flora was observed which did not require any further treatment. It is notable that in these two cases the non-pathogenic flora appeared in aged patients 69-80 years old, which may be a result of urination difficulties remaining even after the operation. In one case (# 3) the titer of E. coli did not change after the bacteriophage treatment. In case (# 7) the initial infection caused by Enterococcus (titer 106 CFU/mL) after bacteriophage therapy was replaced by E. coli (titer 107 CFU/mL), which may be attributed to a secondary infection.

Although the design and number of cases and the diversity of the results described in this publication do not permit to draw out any statistically reliable conclusions, the trend indicated by the data from our study does not stand on its own and corresponds well with the outcome of several other recently reported cases where bacteriophage therapy was used in Western countries (Abedon et al., 2017). In terms of safety, the findings of our prospective two-phase study support earlier made conclusions that bacteriophage therapy using broad spectrum bacteriophages cocktails, including Pyo bacteriophage, is safe (McCallin et al., 2013, 2018; Sarker et al., 2016). However, for a definite conclusion

about efficacy of bacteriophage treatment, well designed RCTs are urgently needed.

Due to a too high use of antibiotics in today's society, the emergence of antibiotic resistance pathogens has become a serious problem in terms of increased morbidity and mortality rates as well as the elevated healthcare costs as has been brought to the public attention by several national and international health protection agencies (CDC, 2013; European Centre for Disease et al., 2017; Leitner et al., 2017). Since the resistance mechanism of bacteria against bacteriophages differs from those against antibiotics, and since bacteriophage are self-replicating and selfevolving entities, bacteriophage therapy could be used as an alternative method to eliminate antibiotic resistant bacteria. One of the main limitations for acceptance and reimplementation of bacteriophage therapy is the lack of placebo-controlled, doubleblind RCTs in agreement with Western standards (Expert round table on acceptance and re-implementation of bacteriophage therapy, 2016). We expect that the RCT we preceded with the present open-label study will contribute to conclude on the efficacy, cost and benefits of bacteriophages in case of antibiotic resistant uropathogenic bacteria.

Finally, we would like to remark that before bacteriophages can become accepted and broadly applied for treatment of certain bacterial infections, as is already practiced in several Eastern European countries, the legislative framework in the Western world needs to be adjusted. Since the intrinsic strength of bacteriophages relates to their antagonistic evolution potential with their bacterial hosts, the composition of effective bacteriophages cocktails will not be static, but adapted and adjusted over time, which assures efficacy toward evolving bacterial infections at different moments at different places for different groups of patients. However, such a dynamic approach is not compatible with today's production and admission requirements for chemical drugs. Although the use of bacteriophages is already quite old, it is remarkable to acknowledge that in fact a more tailor-made development and application of bacteriophages are in line with the increasing needs and opportunities around personalized nutrition and personalized medicine. A recent breakthrough in this debate has been reported for Belgium, where the national authorities agreed on setting up a practical bacteriophage therapy framework that relates on the magistral preparation (compounding pharmacy in the United States) of custom-made bacteriophage medicines (Pirnay et al., 2018). This Belgian "magistral bacteriophage medicine" framework is expected to be flexible enough to exploit and further explore the specific nature of bacteriophages as co-evolving antibacterials whilst giving precedence to patients' safety.

#### CONCLUSION

In our prospective two-phase study preceding a placebo-controlled, double-blind RCT, adaptation cycles enhanced the *in vitro* sensitivity of 118 strains to the commercially available Pyo bacteriophage from 41% to 75%. In the *in vivo* pilot series, a promising clinical and microbiological effect and excellent tolerability of adapted Pyo bacteriophage treatment could be shown. Our findings suggest that bacteriophage therapy might be effective and safe for treating UTIs. Thus, well-designed RCTs are highly warranted to further define the role of this potentially revolutionizing treatment option.

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#### **AUTHOR CONTRIBUTIONS**

All authors contributed in designing and setting up the clinical study. AU conducted the bacteriophage treatment. NC and MG conducted all work related to bacteriophages. NC and WS drafted the manuscript. AU, MG, UM, and AC critically reviewed the manuscript. LL and TK made the final editing to the manuscript. All the authors read and approved the final manuscript.

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#### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb. 2018.01832/full#supplementary-material

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## Applications of Bacteriophages in the Treatment of Localized Infections in Humans

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In the recent years, multidrug-resistant bacteria have become a global threat, and phage therapy may to be used as an alternative to antibiotics or, at least, as a supplementary approach to treatment of some bacterial infections. Here, we describe the results of bacteriophage application in clinical practice for the treatment of localized infections in wounds, burns, and trophic ulcers, including diabetic foot ulcers. This mini-review includes data from various studies available in English, as well as serial case reports published in Russian scientific literature (with, at least, abstracts accessible in English). Since, it would be impossible to describe all historical Russian publications; we focused on publications included clear data on dosage and rout of phage administration.

Keywords: phage therapy, clinical practice, wounds, burns, trophic ulcers, diabetic foot ulcers, therapeutic bacteriophage

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#### **INTRODUCTION**

Since their discovery, bacteriophages have been considered to be potential antibacterial therapeutics for the treatment of various infectious diseases in humans. Initially, clinical application of bacteriophages was aimed at the treatment of acute intestinal diseases (Summers, 1999) and skin infections (Bruynoghe and Maisin, 1921). Later, bacteriophages were applied in surgical practice for treatment of purulent wounds and postoperative infectious complications, and this approach was used in the USSR in the thirties and forties of the twentieth century (Tsulukidze, 1940; Kokin, 1941; Krestovnikova, 1947). After the advent of antibiotics, phage therapy was ceased in most countries and considerably decreased in surgical practice in the USSR. However, the use of bacteriophages in the clinical treatment of infected wounds was not stopped in Eastern Europe and the former SU, as antibiotic treatment of such infections sometimes failed, even in cases of antibiotic-sensitive bacteria. Phage preparations approved for clinical application have been produced in the Russian Federation, Republic of Georgia, and Poland, and a large number of studies on phage therapy have been reported in these countries (Weber-Dabrowska et al., 2000; Sulakvelidze et al., 2001; Chanishvili, 2009, 2016; Górski et al., 2009; Miedzybrodzki et al., 2012; etc), including investigations published in Russian scientific literature (Zhukov-Verezhnikov et al., 1978; Bogovazova et al., 1991; Perepanova et al., 1995; Brusov et al., 2011; etc.).

The rapid rise of multi-drug resistant bacteria worldwide has led to a renewed interest in phage therapy as a possible alternative to antibiotics or, at least, a supplementary approach for the treatment of some bacterial infections. Recently, the results of bacteriophage and phage cocktail application for the treatment of various infections have been reported in a number of clinical cases, case series and clinical trials (Rhoads et al., 2009; Wright et al., 2009; Fish et al., 2016; Jennes et al., 2017). Despite the promising results from phage therapy, still there are no commonly approved

recommendations or therapeutic schemes for phage application. Development of these schemes is complicated by the diversity of phage preparations used (some of which are not even fully characterized), the variety of routes of administration and courses of phage treatment. Notably, the various localizations of bacterial infections require identification of the most preferable routes and therapeutic schemes of phage administration. In this mini-review, we focus on the results of phage therapy applied in the clinical treatment of localized infections in wounds, burns, and trophic ulcers, including diabetic foot ulcers.

#### BACTERIOPHAGE TREATMENT OF WOUND INFECTIONS AND INFECTIOUS COMPLICATIONS OF SURGICAL WOUNDS

D'Herelle's enthusiasm concerning the wide possibilities of phage therapy led to extensive attempts to isolate bacteriophages that were active against bacterial agents found in infected wounds and apply them in treatment. As a result, phage therapy was used in the USSR during the Finnish Campaign (1939-1940) and continued during the World War II (Tsulukidze, 1940, 1941; Kokin, 1941, 1946; Pokrovskaya et al., 1941; Krestovnikova, 1947). The majority of this historical data (except the study published by Pokrovskaya et al., 1941) was described in a previously published review (Chanishvili, 2012). It was reported that the mixtures of bacteriophages active against Clostridium perfringens, Staphylococcus spp., and Streptococcus spp. were used for the prevention and treatment of gas gangrene (Kokin, 1941). Several studies demonstrated high effectiveness of phage application in an early stage of infection (Kokin, 1941; Pokrovskaya et al., 1941; Tsulukidze, 1941). To improve the efficacy of phage therapy, "Pyophage" (a poly-specific cocktail of phages) was applied initially, and after detection of the etiologic agents, mono-specific lytic phages were used (Pokrovskaya et al., 1941; Tsulukidze, 1941; Krestovnikova, 1947). The best results were achieved in the treatment of Staphylococcal and Streptococcal infections, and phage application led to the elimination of 69 and 50% of these bacterial pathogens, respectively (Pokrovskaya et al., 1941). A course of phage treatment included washings of a wound with a phage preparation and subcutaneous injections of phages from one to four times per day. Five to eight days of therapy were sufficient for clinical improvement in the majority of cases; however, if no improvement was achieved during this period, further phage application was useless (Pokrovskaya et al., 1941; Table 1).

Despite the widespread introduction of antibiotics, phage preparations continued to be used in the USSR and, later, in the Russian Federation for the prevention of wound infections and treatment of infectious complications of surgical wounds (Table 1). Poly-specific (Pyophage, Sekstaphage) and mono-specific therapeutic phage cocktails developed in research institutes and pharmaceutical companies were used in the USSR. In the recent years, phage preparations produced in JSC Microgen (http://www.bacteriofag.ru) have been applied. Bacteriophages were administered locally, by subcutaneous

injections, and orally (Table 1). Notably, phage therapy was carried out as a mono-therapy (Zhukov-Verezhnikov et al., 1978; Peremitina et al., 1981; Kochetkova et al., 1989; Brusov et al., 2011), or in complex treatments, which included phages and antibiotics administration (Kochetkova et al., 1989; Khairullin et al., 2002). The investigations revealed that complex treatments decreased the healing time by 1.2-2.5 times compared to an antibiotic treatment (Kochetkova et al., 1989; Khairullin et al., 2002; Table 1). Even application of bacteriophages specific to one of the infectious agents in a wound improved healing and stimulated faster purification (Ponomareva et al., 1985; Khairullin et al., 2002). This positive effect was, probably, due to the partial destruction of biofilms, influence of bacteriophages on the regenerative processes in a wound and on the immune system of a patient (Miedzybrodzki et al., 2009; Górski et al., 2017; Van Belleghem et al., 2017). Importantly, it has been shown that a single application of a bacteriophage could not be enough to prevent infectious complications of wounds (Brusov et al., 2011; Table 1).

Phage therapy was applied for the treatment of infected post-operative wounds in cancer patients (Ponomareva et al., 1985; Kochetkova et al., 1989). It resulted in faster cleaning of wounds from purulent masses, granulation, and healing without deforming scars compared to a group of cancer patients which were treated with antibiotics (Table 1). In one of these studies, the fastest wound healing was observed in patients treated only by bacteriophages (Kochetkova et al., 1989; Table 1). However, it would not be correct to conclude that application of bacteriophages without antibiotics is preferable, as investigators have used complex treatments in patients with more severe infections, previously unsuccessfully treated with antibiotics. Based on the obtained data, the authors have suggested that application of phage preparations provided positive effect in mono-infection, while complex therapy, including bacteriophages and antibiotics, was required in mixed bacterial infection (Kochetkova et al., 1989). One of the reasons for using complex treatments may be the inability of quick selection of lytic bacteriophages active against all pathogens in a wound.

Another important issue of phage therapy is the question of which is better to use: one specific bacteriophage or a poly-specific phage cocktail. Application of highly specific bacteriophages (adapted by cultivation on a bacterial strain isolated from a patient) was more effective than treatment with poly-specific phage cocktails (Zhukov-Verezhnikov et al., 1978; **Table 1**). The significantly higher efficiency of this type of personalized phage therapy can be explained by the improvement of the specificity and virulence of phages to host strains. However, the adapted phage preparations require detailed characterization because they may contain temperate bacteriophages produced by the clinical bacterial strain, which was used for adaptation.

## PHAGE TREATMENT OF INFECTED BURNS

Burn surfaces are rapidly colonized by bacteria, which are capable of producing biofilms and are often resistant to multiple

TABLE 1 | Case series and reports of phage therapy of infected wounds in humans.

References	Patients, n (PT, CT, AT) <sup>a</sup>	Phage prophylaxis/ Phage therapy	Type of lesion	Pathogens	Applied phages, titer, pfu/ml <sup>b</sup>	Route of administration (dosage)	Course of phage treatment, days	Characteristics of outcomes
Pokrovskaya et al., 1941	16PT	3/16	Infected wounds	Staphylococci, Streptococci	Pyophage, Streptococcus phage cocktail, Staphylococcus phage cocktail	Washing of the wound (up to 40 ml once a day) Subcutaneous injection (2-10 ml once a day)	2-8	Wound healing in 16/16 patients
Zhukov- Verezhnikov et al., 1978	60 (30 <sup>Pyo</sup> , 30 <sup>APT</sup> ) <sup>c</sup>	0/60	Infected surgical wounds	E coli, Enterococci, Staphylococci, P. aeruginosa	Pyophage, Adapted phage preparations, 10 <sup>4</sup> -10 <sup>6</sup>	Topical application once a day	7–10	<b>Pyo:</b> Wound healing in 19/30 patients <b>APT:</b> Wound healing in 28/30 patients
Ponomareva et al., 1985	77 (19 <sup>PT</sup> , 58 <sup>CT</sup> )	2/10	Infected surgical wounds	E. colf, Enteroccoci, P. aeruginosa, Staphylococci	Pyophage	Washing of the wound and topical application once a day	Ŋ	PT: positive responses in 13/19 patients (68%) CT: positive responses in 41/58 patients (70.6%)
Kochetkova et al., 1989	78 (7 <sup>PT</sup> , 32 <sup>CT</sup> , 39 <sup>AT</sup> )	0/36	Infected surgical wounds	Enterococci, <i>P. aeruginosa</i> , Staphylococci	Pyophage, Staphylococcus phage cocktail, Pseudomonas phage cocktails	Washing of the wound (up to 40 ml) and topical application (2–10 ml) once a day	7–10	PT: wound healing in 7/7 patients within 17.2 ± 2 days  CT: Wound healing in 29/32 patients within 26.8 ± 2 days <sup>6</sup> AT: Wound healing in 32/39 patients within 32.2 ± 3 days
Khairullin et al., 2002	37 (27 <sup>CT</sup> , 10 <sup>AT</sup> )	0/27	Infected surgical wounds	E. coli, P. aeruginosa, Proteus spp, S. aureus, S. pyogenes	Pyophage	Topical application once a day	4-8	CT: Wound healing in 27/27 patients within 4–8 days AT: Wound healing in 10/10 patients within 10–14 days
Brusov et al., 2011	120 <sup>d</sup> (90 <sup>PT</sup> )	0/06	Non-infected surgical wounds	ON	Sekstaphage	Washing of the wound (up to 40 ml)	Once, at the end of surgical intervention	2 cases of infection in a group of 30 patients
						Per os (20 ml)	Twice, before surgery and 5 days later	No infectious complications in a group of 30 patients
						Subcutaneous injection (2 ml)		
						No phage application	I	3 cases of infection in a group of 30 patients

<sup>&</sup>lt;sup>a</sup>PT, phage treatment without antibiotics; CT, complex treatments, including phages and antibiotics; AT, antibiotics treatment.

<sup>b</sup>Russian manufactured phage cocktails must contain at least 10<sup>6</sup> pfu/ml of each phage component according to instruction of manufacturer.

<sup>c</sup>Pyo, phage treatment with therapeutic phage cocktails; APT, phage treatment with adapted phage preparations.

<sup>d</sup>All patients were treated by Cefazolin intramuscularly once before surgery.

<sup>e</sup>Previous unsuccessful antibiotic treatment.

antibiotics (Erol et al., 2004; Church et al., 2006; Asati and Chaudhary, 2017). Additionally, patients with burns frequently suffer from lymphopenia, sepsis, intoxication, and changes in the microbiota (Erol et al., 2004). Phage therapy could potentially be used to treat burns and prevent sepsis. Several case series have been reported (Gomareli et al., 1976; Abul-Hassan et al., 1990; Lazareva et al., 2001; Sivera Marza et al., 2006; Rose et al., 2014), and promising results have been demonstrated in some reports (Table 2). Topical application of phages led to the elimination of multiple drug resistant (MDR) P. aeruginosa or successful skin graft take in 18 of 30 patients with burns, but the method was time-consuming, and the authors recommended this therapy only for infections resistant to available antibiotics (Abul-Hassan et al., 1990). In other investigation, it was revealed that bacteriophage application in complex therapy (bacteriophages per os and antibiotics) provided better clinical dynamics in patients with infected burns compared to a group of antibiotictreated patients (Lazareva et al., 2001; Table 2). Notably, the first group included a higher number (29%) of initially complicated cases (intoxication, sepsis, purulent discharge of wounds), in contrast to 12.6% of such cases in the antibiotic-treated group (Lazareva et al., 2001).

The dosage of phage preparation is believed to be very important in phage therapy, and the therapeutic titer should be higher than 10<sup>6</sup> pfu/ml. Much more concentrated phage suspensions are applied in the majority of reported cases (Table 2). However, phage BS24 (Soothill, 1994), which was used at a low titer (10<sup>3</sup> pfu/ml, single application), provided a positive effect (Sivera Marza et al., 2006). In another investigation (Rose et al., 2014), no positive response was recorded when the phage cocktail BFC-1 (Merabishvili et al., 2009) was applied at a high titer (109 pfu/ml, single application). The investigators explained this insufficient result by several possible reasons, such as a delay in phage application, previously initiated systemic and topical antimicrobial treatment, and unsuitable pharmaceutical form of BFC-1 (Rose et al., 2014). It is possible that the result of phage therapy depends on both phage titer and a number of other reasons, including sensitivity and accessibility of bacterial host to the phage, routes of phage administration, duration of phage treatment course, and so on.

Recently, a phase I/II clinical trial was dedicated to the study of safety, effectiveness, and pharmacodynamics of two phage cocktails to treat *E. coli*, and *P. aeruginosa* burn wound infections (http://www.phagoburn.eu). The results of this study, which was conducted for 3 years in France, Switzerland, and Belgium, may help the development of dose and treatment scheme recommendations for phage therapy of infected burns.

## PHAGE THERAPY OF PATIENTS WITH INFECTED ULCERS

Chronic trophic ulcers occur as a complication of some disorders, such as chronic insufficiency of blood circulation (atherosclerosis, varicosity), diabetes, peripheral polyneuropathy of the limbs, and so on. It is believed that the rate of healing of ulcers depends on the concurrent infection; meanwhile, the

spectrum of aerobic and anaerobic microorganisms inhabiting chronic wounds is very diverse (Rhoads et al., 2012; Wolcott et al., 2016). Microbiomes of chronic ulcers and, particularly, of diabetic foot ulcers (DFU) are associated with clinical factors: superficial ulcers and those with a shorter duration are usually infected with Staphylococcus spp., mainly S. aureus, in a relatively high titer; deep ulcers and those with a longer duration are colonized with the diverse microbiota that contains Proteobacteria and anaerobes, including Anaerococcus, Peptonihilus, Bacteroides, and Clostridium genera (Gardner et al., 2013; Spichler et al., 2015). According to 16S rDNA pyrosequence analyses of microbiomes from ~3,000 ulcers, only one infectious agent was found in 7% of infected ulcers (Wolcott et al., 2016). S. aureus and P. aeruginosa were found to be predominant and the most pathogenic species commonly persisting in chronic wounds (Wolcott et al., 2016), and their elimination would lead to improvement and wound healing in the majority of cases. However, antibacterial treatment of ulcers infected with diverse microbial agents is usually complicated, primarily by microbial biofilm formation and high level of antibiotic resistance (Malik et al., 2013; Rahim et al., 2016; Di Domenico et al, 2017). Long-term administration of antibiotics is sometimes ineffective; especially in diabetes mellitus patients, long-term administration of antibiotics is often unsafe, because they may suffer from diabetic nephropathy and hepatic insufficiency.

Phage therapy could be an alternative to antibiotics or, at least, a supplementary approach to the treatment of infected ulcers. Currently, several studies (Table 2) have reported the efficiency and safety of phage treatment of infected trophic ulcers in humans (Markoishvili et al., 2002; Rhoads et al., 2009; Fish et al., 2016, 2018; Vlassov et al., 2016; Morozova et al., 2018). A large case series (96 patients) demonstrated a positive effect of PhagoBioDerm (a biodegradable wound dressing impregnated with the phage cocktail Pyophage) on the healing of venous leg ulcers (Markoishvili et al., 2002; Table 2). These biodegradable polymers contain different antimicrobial substances and are of particular interest because of their ability to degrade slowly and release active antimicrobials, including phage particles, for a long time. The use of PhagoBioDerm reduced the number of treatments and hence, injuring of wounds; therefore, this type of material is promising for both therapy and prevention of microbial infections in wounds (Markoishvili et al., 2002; Jikia et al., 2005).

Later, a phase I safety trial of a cocktail of bacteriophages WPP-201 was performed (Rhoads et al., 2009). WPP-201 was applied topically to venous leg ulcers, and its safety was confirmed as it did not lead to an increase in the number of side effects compared to the standard therapy. Meanwhile, the rate of wound healing was the same in both the experimental and control groups (Rhoads et al., 2009). Since the aim of the trial was to demonstrate the safety of the phage cocktail rather than its effectiveness, the study did not provide information on the composition and number of infectious microorganisms, which might not be sensitive to phages from the WPP-201 cocktail.

TABLE 2 | Case series and reports of phage therapy of burns and trophic ulcers in humans.

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References	Patients, n (PT, CT, AT <sup>)a</sup>	Phage prophylactic/ Phage therapy	Type of lesion	Pathogen	Applied phages, titer, pfu/ml <sup>b</sup>	Route of administration of phages (dosage)	Course of phage treatment	Characteristics of outcomes
Abul-Hassan et al., 1990	30PT	0/30	Infected burns	MDR <i>P. aeruginosa</i>	Pseudomonas phages, 10 <sup>10</sup>	Dressing with gauze soaked with phage preparation 3 times a day	5-17 days	Elimination of P. aeruginosa in 12/30 patients. Significant improvement in wound healing in 15/30 patients. Skin grafts take: good results in 18/30 patients
Lazareva et al., 2001	94 (9PT 45CT 40 <sup>AT</sup> )	9РТ/45СТ	Infected burns	Enterococci, E. coli, P. aeruginosa, Staphylococci	Pyophage	Per os (2 tablets 3 times a day in 1–1.5 h before meals)	7 days	PT: Wound healing in 9/9 patients. CT: Decrease of a number of microbial isolates in wounds in 2.2 times and number of positive hemocultures from 55 to 36.8%. Mortality rate: 2 fatal outcomes. AT: A number of microbial isolates in wounds remained, number of positive hemocultures go up from 33.3 to 75%. Mortality rate: 6 fatal outcomes
Jikia et al., 2005	2 <sup>CT</sup>	0/2	Infected radiation burns	MDR S. aureus	PhagoBioDerm impregnated with Pyophage, 1 × 10 <sup>6</sup>	Topical application of PhagoBioDerm	Single application	Purulent drainage stopped in 2–3 days S. <i>aureus</i> elimination in 7 days in 2/2 patients <sup>c</sup>
Sivera Marza et al., 2006	1СТ	0/1	Infected burns	P. aeruginosa	Pseudomonas phage BS24, 5 × 10 <sup>3</sup>	Topical application	Single application	No infection after 3 days of CT <sup>C</sup>
Rose et al., 2014	gст	6/0	Infected burns	MDR <i>P. aeruginosa</i> , MDR <i>S. aureus</i>	Phage cocktail BFC-1, 10 <sup>9</sup>	Topical application	Single application	No positive response
Markoishvili et al., 2002	96 <sup>CT</sup>	96/0	Infected venous stasis ulcers	E. colli, P. aeruginosa, Proteus spp., Staphylococci, Streptococci	PhagoBioDerm impregnated with Pyophage, 1 × 10 <sup>6</sup>	Topical application of Phago Bio Derm every 3–5 days	From single to multiple applications	Wound healing in 67/96 patients, Ulcers reduced in size, elimination of purulent drainage in 24/96 patients No improvement in 5/96 patients with diabetes mellitus
Fish et al., 2016	6РТ	9/0	Infected diabetic toe ulcers	S. aureus	Phage Sb-1, (Kvachadze et al., 2011), 10 <sup>7</sup> -10 <sup>8</sup>	Dressing with gauze soaked with phage preparation once in a week,	4–18 weeks	Wound healing in 6/6 patients after PT <sup>c</sup>
Vlassov et al., 2016	23°CT	0/23	Infected diabetic foot ulcers	Enterococci, E. coli, Klebsiella spp., P. aeruginosa, Proteus spp., Staphylococci	Staphylococcus phages, Pseudomonas phages, <i>E. coli</i> phages, <i>E. coli</i> phages, Entercoccus phages; 10 <sup>8</sup> -10 <sup>10</sup>	Washing of the wound, topical application, 1-4 times a day	5–14 days	Elimination of S. aureus and E. coff, the titler of P. aeruginosa decreased in 3–4 orders in 13/13 patients with mono-infections. Elimination or decrease in the titlers of all bacterial isolates in 4/10 patients with poly-microbial infections

<sup>&</sup>lt;sup>a</sup>PT, phage treatment without antibiotics; CT, complex treatments, including phages and antibiotics; AT, antibiotics treatment.

<sup>b</sup> Russian manufactured phage cocktails must contain at least 10<sup>6</sup> ptu/ml of each phage component according to instruction of manufacturer.

<sup>c</sup> Previous unsuccessful antibiotic treatment.

The use of bacteriophages that were specific to infectious demonstrated clear positive results (Table 2). Staphylococcus phage Sb-1 (Kvachadze et al., 2011) was successfully used in the treatment of patients with DFU infected with methicillin-resistant and methicillin-sensitive S. aureus strains, as it has been described in a case series report (Fish et al., 2016). Phage therapy without antibiotics resulted in subsequent wound healing in all treated patients (Fish et al., 2016, 2018; Table 2). Another investigation reported phage treatment of patients with various infections of DFU, in whom previous antibiotic treatment was not successful (Vlassov et al., 2016; Morozova et al., 2018; Table 2). Importantly, commercially available phage cocktails were selected in each case individually according to their specificity to particular infectious agents in an ulcer. When no specific phage cocktail was found, a custom-made phage preparation was prepared. Phage treatment was most effective in ulcers with one bacterial agent (100%), but a personalized approach led to the elimination of pathogens, even in several cases with mixed infections. The main difficulty in treating of wounds infected with several pathogenic bacteria was the inability to quickly select phages against all identified bacterial agents (Vlassov et al., 2016; Morozova et al., 2018; Table 2).

#### **CONCLUSION**

Extensive empirical experience of phage therapy of localized infections has been accumulated over 100 years of bacteriophage application in treatment of infectious diseases (Weber-Dabrowska et al., 2000; Sulakvelidze et al., 2001; Miedzybrodzki et al., 2012; Chanishvili, 2016; Górski et al., 2017), and the safety of bacteriophages for use in humans has been repeatedly demonstrated (Bruttin and Brüssow, 2005; Rhoads et al., 2009; Wright et al., 2009; Rose et al., 2014). Different schemes and routes of phage administration have been applied, varying from single oral or intravenous applications to multiple topical treatments per day for 12-15 weeks (Arsentieva, 1941; Meladze et al., 1982; Weber-Dabrowska et al., 2000; Brusov et al., 2011; Miedzybrodzki et al., 2012; Fish et al., 2016; Jennes et al., 2017; Chan et al., 2018; etc). Analysis of reported results of phage therapy of localized infections allowed us to draw several conclusions.

Phage application was more effective in an early stage of acute wound infection and 5–10 days of phage therapy provided positive clinical results in the majority of cases (Kokin, 1941; Pokrovskaya et al., 1941; Tsulukidze, 1941). The results of phage treatment depended on the pathogen species, and the best results were achieved in the treatment of infections caused by *Staphylococcus* spp. and *Streptococcus* spp. (Kokin, 1941; Pokrovskaya et al., 1941; Miedzybrodzki et al., 2012).

In the treatment of infected chronic ulcers, mostly long-term application of phage preparations (up to several weeks)

provided positive clinical effect (Weber-Dabrowska et al., 2000; Markoishvili et al., 2002; Miedzybrodzki et al., 2012; Fish et al., 2016). Importantly, multiple changes of dominant pathogens may occur in infected chronic ulcers during phage treatment (Morozova et al., 2018). This situation requires timely replacement of ineffective bacteriophages. Therefore, large collections of therapeutic phage preparations would be useful, because diverse bacterial communities have been recorded in most chronic wounds and ulcers. Even when only part of the infectious agents are susceptible to therapeutic phages, phage therapy might be a reasonable supplementary approach providing the elimination of dominant pathogens. Moreover, different bacteria in the ulcer's microbiota may be resistant to various antibiotics, leading to the inability to choose one appropriate antibiotic for therapy. So, complex treatments, including antibiotics and bacteriophages, may be the optimal solution in this

It is possible that phage therapy should be personalized, which means individual selection and custom-made phage preparation, and in some cases, an adaptation of bacteriophage to infectious agent isolated from a patient (Zhukov-Verezhnikov et al., 1978; Pirnay et al., 2011, 2018; Schooley et al., 2017; Rohde et al., 2018). Poly-specific cocktails of bacteriophages might be applied preventively or at the beginning of treatment before identification of etiologic agents.

Phages were applied topically in the majority of studies (Tables 1, 2); though the early Soviet investigations reported subcutaneous, intramuscular, and intravenous administration of phages in successful treatment of wound infection (Arsentieva, 1941; Kokin, 1941; Krestovnikova, 1947, etc). It should be noted, that Staphylococcus phage developed by the Eliava Institute of Bacteriophage (Tbilisi, Republic of Georgia) was successfully applied intravenously for treatment of infections in children and adults in the late soviet times (Meladze et al., 1982; Samsygina and Boni, 1984). A range of doses of phage preparations provided positive results, presumably reflecting their ability to replicate where the target pathogen is present. Further accumulation of data in the field of phage therapy of localized infections should help to develop optimal dosage and routes of administration of phage preparation.

#### **AUTHOR CONTRIBUTIONS**

All co-authors have made equal contribution to the writing and editing of the article. All authors read and approved the final version of the manuscript.

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## Bacteriophage ZCKP1: A Potential Treatment for *Klebsiella pneumoniae* Isolated From Diabetic Foot Patients

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The recorded growth in infection by multidrug resistant bacteria necessitates prompt efforts toward developing alternatives to antibiotics, such as bacteriophage therapy. Immuno-compromised patients with diabetes mellitus are particularly prone to foot infections by multidrug resistant *Klebsiella pneumoniae*, which may be compounded by chronic osteomyelitis. Bacteriophage ZCKP1, isolated from freshwater in Giza, Egypt, was tested *in vitro* to evaluate its lytic activity against a multidrug resistant *K. pneumoniae* KP/01, isolated from foot wound of a diabetic patient in Egypt. Characterization of ZCKP1 phage indicated that it belonged to the *Myoviridae* family of bacteriophages with a ds-DNA genome size of 150.9 kb. Bacteriophage ZCKP1 lysed a range of osteomyelitis pathogenic agents including *Klebsiella* spp., *Proteus* spp. and *E. coli* isolates. The bacteriophage reduced the bacterial counts of host bacteria by ≥2 log<sub>10</sub> CFU/ml at 25°C, and demonstrated the ability to reduce bacterial counts and biofilm biomass (>50%) when applied at high multiplicity of infection (50 PFU/CFU). These characteristics make ZCKP1 phage of potential therapeutic value to treat *K. pneumoniae* and associated bacteria present in diabetic foot patients.

Keywords: Klebsiella, bacteriophage, ulcer, diabetes, biofilm, osteomyelitis

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#### INTRODUCTION

Klebsiella pneumoniae belongs to the Enterobacteriaceae family. It primarily affects patients with compromised defenses to cause severe complications. It is a particular problem for patients with diabetes mellitus leading to "diabetic foot" infections and osteomyelitis (Podschun and Ullmann, 1998). Once infection is established K. pneumoniae forms a biofilm that enables evasion of the host's defenses (Akers et al., 2014; Gupta et al., 2016). Moreover, phagocytosis by polymorphonuclear granulocytes is dramatically hindered, as K. pneumoniae possesses an outer protective polysaccharide capsule, a key determinant of their subsequent pathogenicity. The capsule suppresses complement components, particularly C3b (Domenico et al., 1994; Diago-Navarro et al., 2014). Among many other pathogenicity factors, bone adherence is attributed to adhesin production that may be fimbrial, or non-fimbrial (Malhotra et al., 2014). Staphylococcus aureus is considered the most frequently implicated bacterium in cases of diabetic foot infection (Richard, 2011) but recent data indicate that K. pneumoniae is responsible for approximately 21.7% of cases (Mukkunnath et al., 2015. With rising numbers of diabetes patients and the severity of foot osteomyelitis complications, this represents a considerable economic burden on health providers,

notwithstanding the suffering of the individuals affected. In the past, *K. pneumoniae* was primarily associated with pulmonary and urinary infections, and was only relatively recently recognized as a significant cause of foot osteomyelitis (Dourakis et al., 2006; Prokesch et al., 2016).

Foot osteomyelitis is a common and serious problem in diabetic patients resulting chiefly from peripheral neuropathy or, less commonly, by vasculopathy and wound healing impediments (Grayson et al., 1995). It occurs in approximately two thirds of cases of diabetic foot patients (Grayson et al., 1995). *K. pneumoniae* is able to migrate to bone tissues haematogeneously (derived from or transported by blood) or contiguously from areas of local infections in the feet of diabetic patients (Mathews et al., 2010; Rana et al., 2013). If not effectively treated, viable cells of the infectious agent can be trapped in the devitalized bone and thus evade host defenses, and eventually cause chronic osteomyelitis (NADE, 1975; Ross et al., 2003; Calhoun and Manring, 2005).

In addition to the virulence characteristics described, the emergence of MDR K. pneumoniae strains, resistant to the last-line antibiotic treatment colistin, is a major concern (Kidd et al., 2017). Resistance arises from mutations of the mgrB gene, which are stably maintained in Klebsiella populations, from which resistance can be disseminated, in addition to plasmid mediated resistance due to mcr-1 and mcr-2 genes (Cannatelli et al., 2015). With the advent of the post-antibiotic era, severe cases of osteomyelitis may require more frequent surgical intervention in the form of resection of the infected and necrotic bone (Sanchez et al., 2013). It is therefore vital to seek alternative therapies to treat *K. pneumoniae* and other bacterial infections especially in developing countries (Nagel et al., 2016). Bacteriophage therapy is a good candidate and has been shown, using mice as animal models, to provide significant protection against respiratory and other infections caused by *K. pneumoniae* such as liver abscesses and bacteremia (Chhibber et al., 2008; Hung et al., 2011). Bacteriophage therapy has also been used to treat K. pneumoniae infected burn wound infections, in mice (Malik and Chhibber, 2009). Intranasal administration of lytic bacteriophage reduced the bacterial burden of K. pneumoniae in the lungs of mice (Cao et al., 2015). Other studies have characterized a number of diverse lytic bacteriophages to K. pneumoniae belonging to different families and demonstrated their potential in vitro (Bogovazova et al., 1991; Kesik-Szeloch et al., 2013; Hoyles et al., 2015). Bacteriophage therapy is regarded as a simple, safe and highly effective alternative to counter the rising problems associated with multidrug resistant bacteria (Qadir, 2015; El-Shibiny et al., 2017). Here we evaluate the lytic activity of bacteriophage ZCKP1 isolated from an environmental freshwater source in Egypt against a MDR K. pneumoniae KP/01 isolated from the foot of a diabetic patient.

**Abbreviations:** BIMs, bacteriophage insensitive mutants; IC, phage infective centers; MOI, multiplicity of infection; MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide.

#### MATERIALS AND METHODS

#### **Bacterial Strains and Growth Media**

K. pneumoniae KP/01, used as a host for bacteriophage infection, was isolated from a human clinical diabetic-foot sample from a male patient in May 2016 and identified by National Institute of Diabetes using the VITEK method for identification (Cairo, Egypt). Other clinical isolates of K. pneumoniae (n=21), Proteus mirabilis (n=18) and E. coli (n=15) were also isolated by National Institute of Diabetes, for bacteriophage host-range analysis, from wound infection samples and provided to the microbiology research lab at Zewail City. Isolates were kept in tryptone soy broth (TSB; Oxoid, England) containing (w/v) 20% of glycerol, at  $-80^{\circ}$ C. In the following experiments, bacterial strains were grown on tryptic soy agar (TSA; Oxoid, England) overnight, and isolated colonies of bacteria were grown at  $37^{\circ}$ C, in TSB, to reach OD<sub>600</sub> approximately 0.3.

## Bacterial Identification Using PCR Specific Primers and Gel Electrophoresis

PCR amplification was performed to confirm the identity of the *K. pneumoniae* isolate (KP/01) using specific primers for 16s RNA gene (forward primer: 5'-ATTTGAAGAGGTTGCAAA CGAT-3' and reverse primer: 5'-TTCACTCTGAAGTTTTCT TGTGTTC-3'; Woese and Fox, 1977; Woese et al., 1990). Thirty cycles were performed at denaturation temperature of 95°C for 30 s; annealing at 58°C for 60 s and extension at 72°C for 1 min looking for a PCR product of 133 bp length using an Applied Biosystems thermal cycler (Cady et al., 2012). The PCR product was run on a 1% (w/v) agarose gel to identify its size.

#### **Antibiotic Sensitivity Test**

*K. pneumoniae* KP/01 strain was subjected to antibiotic resistance evaluation against a set of antibiotic discs including: tigecycline (TGC; 15 μg), imipenem (IPM; 10 μg), piperacillin-tazobactam (TZP; 100/10 μg), levofloxacin (LEV; 5 μg), linezolid (LZD; 30 μg), ceftazidime (CAZ; 30 μg), and cefepime (FEP; 30 μg) all from Oxoid (England). Antimicrobial sensitivity testing was performed for strains of *K. pneumoniae*, *E. coli* and *P. mirabilis*by using the disk diffusion methods in accordance with National Committee for Clinical Standards guidelines (Clinical and Laboratory Standards Institute, 1999). The antibiotics chosen are usually used for the treatment of diabetic foot infections in National Institute of Diabetes, due to their efficacy against members of the *Enterobacteriaceae*.

## **Bacteriophage Isolation, Amplification and Purification**

Bacteriophages were isolated from environmental water samples from freshwater in El- Maryoteyya-Haram area, Giza, Egypt. *K. pneumoniae* (KP/01) used as a bacterial host upon which the clear plaquing phage were selected for further characterization. The bacteriophage plaques were purified by repeated single plaque isolation using sterile micropipette tips (Adams, 1959). All isolated bacteriophages were amplified in liquid culture (TSB) and the lysates were centrifuged at  $6,400 \times g$  for 15 min at  $4^{\circ}$ C to remove remaining bacterial cells and debris (Marcó et al., 2012).

The supernatant containing phages was then centrifuged for 1 h 15,300  $\times$  g at 4°C. The pellet was resuspended in SM buffer (100 mM MgSO<sub>4</sub>.7 H<sub>2</sub>O; 10 mM NaCl; 50 mM TrisHCl; pH 7.5) and filtered using 0.22  $\mu$ m syringe filters (Chromtech, Taiwan). Bacteriophage titers were determined using double-agar overlay plaque assays (Mazzocco et al., 2009).

## Examination of Bacteriophage Morphology by Electron Microscopy

The morphology of bacteriophage ZCKP1 was investigated using transmission electron microscopy at the National Research Center (Cairo, Egypt). Formvar carbon coated copper grids (Pelco International) were immersed into phage suspension, the phage were fixed using glutaraldehyde (2.5% v/v), washed and stained using 2% phosphotungstic acid (pH 7.0). After drying, grids were examined using a transmission electron microscope (JEOL 1230).

#### **Pulsed Field Gel Electrophoresis (PFGE)**

DNA was prepared from bacteriophage ZCKP1 (10<sup>10</sup> PFU/ml) to determine the genome size by pulsed field gel electrophoresis (PFGE; Senczek et al., 2000). Briefly, bacteriophage suspended in agarose plugs were digested with lysis buffer (0.2% w/v SDS [Sigma]; 1% w/v N-Lauryl sarcosine [Sigma]; 100 mM EDTA; 1 mg/ml Proteinase K [Fischer Scientific]), overnight at 55°C. Following washing 2 mm slices of agaraose containing DNA were inserted into the wells of a 1% w/v agarose gel. The gel was run by using a Bio-Rad CHEF DRII system, in 0.5 X Tris-borate-EDTA, for 18 h at 6 V/cm with a switch time of 30 to 60 s. The size of the genome was determined by comparison to standard concatenated lambda DNA markers (Sigma Aldrich, Gillingham, UK).

#### **Phage DNA Sequencing**

Genomic DNA was prepared from phage ZCKP1 (10<sup>10</sup> PFU/ml) lysates by proteinase K treatment (100 μg/ml in 10 mM EDTA pH 8) followed by resin purification using the Wizard DNA kit (Promega, UK) following the manufacturer's instructions. DNA sequencing was performed using the Illumina MiSeq platform. The data consisted of 3.1 million paired-end sequence reads of 250 bp in length. Initial processing of the raw data and *de novo* assembly was performed using CLC Genomics Workbench version 11.0.1 (Qiagen, Aarhus, Denmark). ORFs were predicted from PHASTER and manually curated (Arndt et al., 2016). Nucleotide sequences appear under the GenBank accession number MH252123.

#### Lytic Profiles of Isolated Bacteriophages

Using double-agar overlay plaque assays (Mazzocco et al., 2009), the lytic profile of phage ZCKP1 and other isolated phages was determined against a clinical isolate panel when spotted phage concentrations were not  $<\!10^9$  PFU/ml [34]. The experiment was performed using log phase bacteria. The panel included bacteria that cause osteomyelitis, including *K. pneumoniae*, *P. mirabilis* and *E. coli*. The lytic activity of bacteriophages was determined based on plaques of clear lysis. If  $\geq\!20$  plaques were produced, the tested bacteria were regarded as being sensitive to the phages.

#### **Efficiency of Plating**

Bacteriophage ZCKP1 was tested in triplicate over eight decimal dilutions against all the susceptible bacterial strains lysed in the spot assays as previously described (Viazis et al., 2011). Conditions of these experiments were the same as spot test using log-phase bacteria. Thus, 200  $\,\mu l$  of all bacterial isolates were added to top agar, and different dilutions of phages were spotted on petri dishes. The plates were incubated overnight at 37°C. Next day, EOP was estimated as the average PFU on target bacteria/average PFU on host bacteria.

## **Determination of the Frequency of Bacteriophage Insensitive Mutants**

The frequency of the emergence of bacteriophage insensitive mutants (BIMs) was estimated as previously described (O'Flynn et al., 2004). Phage ZCKP1 was mixed with bacterial host strains confirmed to be susceptible to the bacteriophage including strains of *K. pneumoniae*, *P. mirabilis*, and *E. coli* at an MOI of 100. After 10 min of incubation at 37°C, the suspension was serial diluted and spotted using double-agar overlay plaque assays. Plates were incubated overnight and BIM was calculated correspondingly by dividing bacterial viable counts remained after phage infection by initial viable counts. Experiments were conducted in triplicate.

#### **One Step Growth Curve**

One step growth curves were performed as previously described (Hyman and Abedon, 2009). Briefly, KP/01 strain was grown at concentration of  $10^8$  and mixed with bacteriophage at multiplicity of infection of 1 and incubated at  $37^{\circ}$ C for 2 h. Directly after infection and every 10 min, aliquots of 200  $\mu$ l were withdrawn and divided into two volumes of 100  $\mu$ l. Chloroform was added to one of two volumes with a concentration of 1% (v/v); to set intracellular phages free while other 100  $\mu$ l was left with no chloroform addition. After serial dilution, phage titer was estimated by spotting on top agar using double-layer method. Three replicates were conducted for each time interval.

## **Bacteriophage Potency Against Planktonic Cells**

The survival lysis characteristics of phage ZCKP1 were estimated KP/01 in the presence of ZCKP1 phage at multiplicities of infection of 0.1, 10 and 100 PFU/CFU was estimated in comparison to bacterial control at a temperature of 37°C (phagefree samples; Armon and Kott, 1993). Phage infective centers (IC) and plaque forming units (PFU) were also estimated, at different time intervals (0, 5, 10, 20, 30, 40, 60, 90, 120, and 180 min). IC is the amount of free phage particles released from the bacterial cells, without the need to add chloroform, while PFU refers to the number of nascent phage both inside and outside the bacterial cell. Briefly, two flasks were filled with either bacterial culture at a given concentration (control) or with bacterial culture at the same concentration and bacteriophage matching the desired MOI (Test). At every time interval, the concentration of bacterial control (B), bacterial survival (BS) IC, and PFU were simultaneously estimated. Bacterial concentration were determined using the Miles and Misra method (Miles et al.,

1938), while phage concentration was estimated using double-agar overlay plaque assays by adding chloroform to the aliquot to be estimated in case of PFU determination, or not adding chloroform to calculate the IC.

Bacteriophage ZCKP1 was added to *K. pneumoniae* KP/01 in log-phase of growth, at 25°C, at an MOI of 1. Bacterial survival, number of infective centers, and number of plaque forming units were estimated periodically at different time intervals (0, 8, 24, 32, and 48 h).

## Bacteriophage Activity Against Established Biofilms of *K. pneumoniae*

The activity of ZCKP1 against established biofilms of KP1/01 was examined using a modification of previously described protocols (Cerca et al., 2005; Pettit et al., 2005). One hundred microliter aliquots of K. pneumoniae KP/01 (5  $\times$  10<sup>6</sup> CFU/ml) in 96-well flat-bottomed polystyrene microtitre plate (Sigma Aldrich) were incubated for 24 h at 37°C. Unattached planktonic cells were carefully removed. The number of bacterial cells in a biofilm per well were estimated to be 107 CFU after 24h (Mottola et al., 2013). Using different MOIs (5, 10, and 50), 100 µl aliquots of phage ZCKP1 diluted in TSB were added to each well, 1 day after biofilm establishment. Other wells received an equivalent amount of TSB as positive controls. In a parallel experiment, phage was introduced to wells every 4h carefully replacing the previous suspension (containing TSB, planktonic cells and released phages) without disturbing the established biofilms. The biomass of preformed biofilms was quantified by staining with crystal violet (0.2% w/v). Following washing to remove excess dye with PBS, the crystal violet was solubilized in ethanol (95%). The absorbance was measured using a microplate reader at OD<sub>600</sub> (Biotek, USA). The bacterial counts in biofilms were estimated using an MTT [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] assay (Serva Electrophores, Germany) as described by Cady et al. (2012). The absorbance was then measured at 570 nm at 4, 12, and 24 h, using a microplate reader (BioTek, USA). Control and test samples were assayed in triplicate.

## Bacteriophage pH and Temperature Stability

The temperature stability of phage ZCKP1 (10<sup>10</sup> PFU/ml) was evaluated at 45, 55, 65, 75, 85, and 95°C, at 10 min intervals, over 1 h in adjusted water bath incubator. Immediately after incubation, serial dilutions of phage were spotted in triplicate, using standard double layer technique; on a lawn of host strain (KP/01) to estimate phage titers as previously described (Capra et al., 2004; Hammerl et al., 2014).

The bacterial counts of ZCKP1 at different pH values (5, 6, 7, 8, and 9) was determined after 1 h incubation, followed by determining the phage titer as previously described (Hammerl et al., 2014). Different pH values were achieved in SM phage buffer to maintain comparative conditions.

#### **Statistical Analysis**

In all data sets, test and control sets were compared using Student's t-test. A significance level of 0.05 was applied in

all cases. Analytical statistics were undertaken using GraphPad PRISM version 7.00 for Windows (GraphPad Software, La Jolla, USA).

#### **RESULTS**

## Klebsiella Identification and Sensitivity to Antibiotics

The identity of the KP/01 strain was confirmed to be *K. pneumoniae* by PCR, by the presence of 133 bp band corresponding to conserved region in 16s RNA gene of *K. pneumoniae*, following amplification with the specific primers. The antibiotic sensitivity of *K. pneumoniae* isolate KP/01 was tested using the disc diffusion method and the results showed that *K. pneumoniae* isolate KP/01 was sensitive to tigecycline (TGC), imipenem (IPM) and piperacillin-tazobactam (TZP) but resistant to levofloxacin (LEV), linezolid (LZD), ceftazidime (CAZ) and cefepime (FEP).

#### **Bacteriophage Isolation**

Bacteriophages were isolated from freshwater near the pyramids of Egypt in Giza. Selection of the bacteriophage was undertaken upon serial passage according to their ability to lyse a broad range of *K. pneumoniae* isolates and other pathogens causing osteomyelitis, generate reproducible clear zones of lysis, produce hallow zones around lysis zones indicative of exopolysaccharide depolymerase activity and capable of replication to produce high titers on the selected host with respect to time. Bacteriophage ZCKP1 fulfilled these criteria.

#### Morphology of Lytic ZCKP1 Phage

Electron microscopy revealed that ZCKP1 had an icosahedral head and contractile tail with collar, and base plate, and therefore typical of phages belonging to the family of *Myoviridae* (**Figure 1**). The proportions of the phage head and tail length were also typical of the *Myoviridae* with the head size being 80  $\pm$  0.7 nm while tail length was calculated to be 138.5  $\pm$  2.5 nm.

#### **Phage Genome**

Bacteriophage ZCKP1 contains a double-stranded DNA genome estimated to be 160 kbp by PFGE, which is comparable to values indicated by International Committee on Taxonomy of Viruses (ICTV) for bacteriophages belonging to the *Myoviridae* family. DNA sequencing of the phage DNA enabled de novo assembly and accurate size determination of a circular permuted genome of 150,925 bp with a G + C content of 39.1%. The genome contained 267 open reading frames, the majority of which are hypothetical proteins or recognized in BLASTP database searches as phage proteins without any ascribed function. Reading frames for which putative functional information could be ascribed to the products appear in **Supplementary Table 1**. Notably these include the phage structural proteins, nucleotide metabolism and components of the replication machinery that are conserved amongst Myoviridae infecting hosts within the Enterobacteriaceae. Of interest are enzymes that have the potential to modify infected cell surface polysaccharides that may impede superinfection. These include an O-antigen biosynthesis

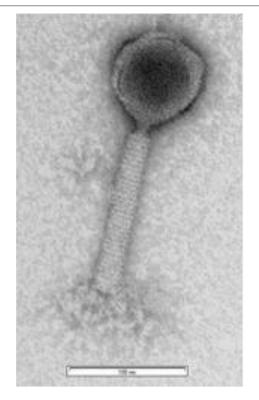


FIGURE 1 | Transmission electronmicroscopic image of phage ZCKP1.

protein, a glycosyltransferase and a wcaM superfamily protein associated with colonic acid biosynthesis clusters present in Enterobacteriaceae that feature exopolysaccharide production. Four genes encoding proteins related to tellurite resistance are present. Tellurite resistance is frequently used for selection in culture isolation media but is not used for antimicrobial therapy. The genes are thought to contribute to colicin and phage resistance (Taylor and Summers, 1979), which may provide reasons for their presence in phage ZCKP1 in that colicin resistance will provide a selective advantage to the phage infected cell and phage resistance to prevent superinfection. Also of note the phage encodes a member of the hydrolase 2 superfamily implicated in bacterial cell wall hydrolysis. The nearest database phage sequence was PHAGE\_Escher\_phAPEC8 that infects avian pathogenic E. coli and is also a member of the Myoviridae (Tsonos et al., 2012).

## **Bacteriophage Host Range and Efficiency of Plating**

The host range of five different phages isolated from freshwater, including phage ZCKP1 were tested on bacteria that were isolated from diabetic patients suffering from osteomyelitis. The ZCKP1 phage was capable of producing lysis zones (≥20 plaques) on 15 out of 21 *K. pneumoniae* isolates, 5 out of 18 *P. mirabilis* isolates and 9 out of 30 *E. coli* isolates, while other phages did not display a comparable spectrum of activity against the *K. pneumoniae* isolates (**Table 1**). A range of EOP for ZCKP1 phage was observed against different species of *Enterobacteriacae* 

**TABLE 1** Lytic activity of isolated phages against *K. pneumoniae* and other selected members of the *Enterobacteriaceae*.

Bacteriophage name		Bacterio	phage act	ivity	
	ZCKP1	P2	<b>K</b> 4	EC4	P9
K. pneumonia (21 isolates)	15	3	5	1	2
P. mirabilis (18 isolates)	5	5	0	0	8
E. coli (30 isolates)	9	0	0	2	0

**TABLE 2** | Efficiency of plating of phage ZCKP1 against different species of *Enterobacteriacae*.

Bacterial species	K. pneumoniae (n = 15)	P. mirabilis (n = 5)	E. coli (n = 9)
EOP >0.5	7	-	6
EOP >0.1 < 0.5	6	-	2
EOP >0.001 < 0.1	1	5	1

(Supplementary Table 2). For *K. pneumoniae* seven phages demonstrated EOPs similar to the multidrug resistant host strain. For *P. mirabilis*, all susceptible strains showed EOP <0.1, whereas for *E. coli six* strains supported replication with EOPs approaching that of the permissive *K. pneumoniae* hosts (Table 2).

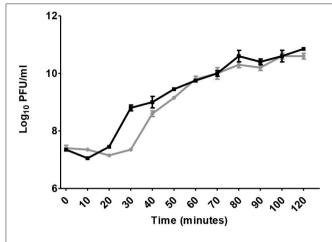
#### Frequency of BIMS

BIMs were recovered following high multiplicity infections (100) of host bacteria *K. pneumoniae*, *P. mirabilis* and *E. coli* with bacteriophage ZCKP1 at  $37^{\circ}$ C. Mutational frequencies of  $7.5 \times 10^{-5} \pm 1.7 \times 10^{-4}$  and  $3.7 \times 10^{-5} \pm 6.8 \times 10^{-5}$  were determined for *Klebsiella* and *E. coli*, respectively where *K. pneumoniae* KP1 alone exhibited a lower frequency of  $5 \times 10^{-6} \pm 4.04 \times 10^{-6}$ .

#### In vitro Characterization of Phage ZCKP1

A single-step growth curved demonstrated bacteriophage virions were naturally released from bacterial cells after 30 min: the latent period which is the time taken for phages to be assembled and released after infection. However, viruses were assembled 10 min before. This was indicated by eclipse period that was estimated to be 20 min, as chloroform aids new phage particles to free from bacterial cell wall (**Figure 2**). Burst size was estimated to be  $\sim\!110$  virions per single bacterium.

The infection and lysis characteristics of phage ZCKP1 were estimated at different MOIs, over a period of 3 h (**Figures 3A–C**) in a growing culture of *K. pneumoniae* KP/01 (**Figures 3A–C**). *K. pneumoniae* KP/01 was lysed by phage ZCKP1 at each MOI tested but the MOI of 100 reduced the viable bacteria from 9.0 log<sub>10</sub> CFU/ml to below the limit of detection at 37°C by 2 h



**FIGURE 2** | Single step growth curve. Gray dashed line represents nascent phage without chloroform addition (PFU/ml), while the black line represents phages released after chloroform addition (PFU/ml).

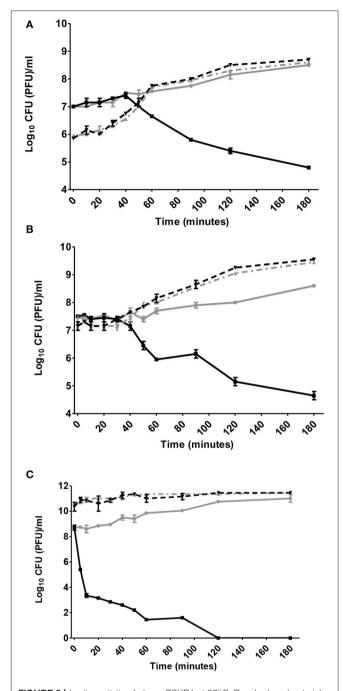
(**Figures 3A–C**). Under these circumstances the reductions in bacterial count were not accompanied by a measurable rise in phage titer (**Figure 3C**). Phage replication was observed at lower MOI, which coincided with the commencement of the fall in viable count.

## Bacteriophage Activity Against *K.* pneumoniae Established in Biofilms

A single application of ZCKP1 to established biofilms of K. pneumoniae KP/01 resulted in a reduction crystal violet stainable biofilm content (P < 0.01; Figure 4A) and the percentage of viable cells observed by MTT staining (P < 0.01; Figure 4C) after 4h. The most effective treat represented the highest MOI (50 PFU/CFU). However, following this disruption there was recovery in biofilm estimates accompanied by a recovery in cell viability. Multiple treatments of phage ZCKP1 on established K. pneumoniae KP/01 biofilms at 4h intervals resulted in significant reductions in biofilm content and prevented the recovery of cell viability throughout the 24h period of the experiment (P < 0.01; Figures 4B,D).

## Bacteriophage Temperature and pH Stability

The stability of phage ZCKP1 at different temperatures and pH values was investigated (**Figures 5A,B**). Phage titers were stable, at approximately  $10^9$  PFU/ml, for 1 h at temperatures of 45 and 55°C. The phage titer decreased after 40 min at 65°C to  $10^8$  PFU/ml, and continued to decline below  $10^7$  PFU/ml after 1 h. A significant decline (P < 0.005) was observed when phages were incubated at 75 and  $85^{\circ}$ C. However, phage could still be recovered after 1 h at  $75^{\circ}$ C at a titer of  $10^3$  PFU/ml. Phage could not be recovered after 40 min at  $85^{\circ}$ C. Acidic pH of <6 significantly (P < 0.005) reduced the phage stability after 1 h. The optimum stability was observed to be pH 6 but persisted at alkaline pH values to pH 9 (**Figure 5B**).



**FIGURE 3** | *In vitro* activity of phage ZCKP1 at 37°C. Panels show bacterial counts and phage titers of *K. pneumoniae* KP/01 infected with ZCKP1 at: **(A)** MOI 0.1; **(B)** MOI 1; **(C)** MOI 100. Black solid line represents viable count of *K. pneumoniae* KP/01 infected with phage (CFU/mI); Gray solid line represents *K. pneumoniae* KP/01 uninfected control (CFU/mI); black dashed line represents phage infective centers (PFU/mI) and gray dashed line represents nascent phage (PFU/mI).

#### DISCUSSION

K. pneumoniae is an enteric pathogen that causes pneumonia and wound infections (Podschun and Ullmann, 1998). The

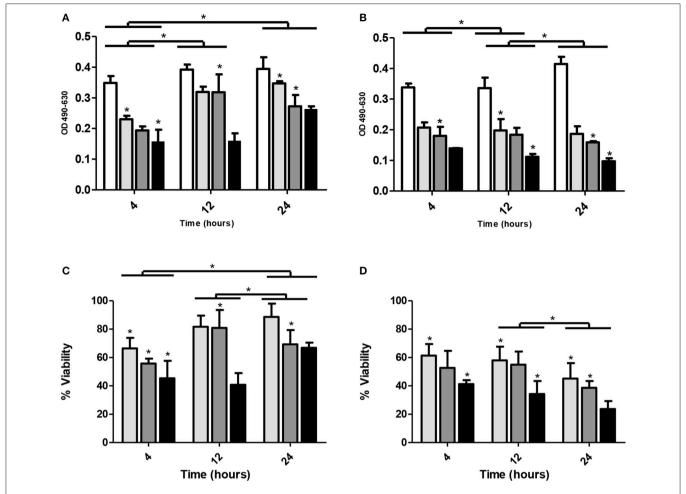
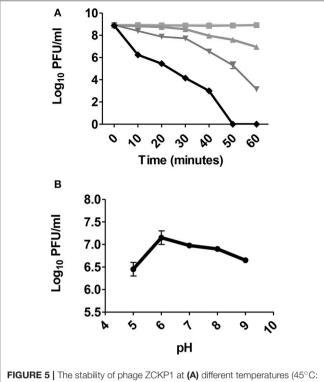


FIGURE 4 | Phage treatments of *K. pneumoniae* KP/01 biofilms. Panels (A) and (B) show the effect of phage treatment on preformed biofilms determined by crystal violet staining and solubilization estimates of biomass: (A) single treatment with phage ZCKP1; (B) with multiple treatments with phage ZCKP1 using different MOIs. White columns represent untreated control; light gray columns represent a starting MOI of 5; dark gray columns represent a starting MOI of 10 and solid black columns represent a starting MOI of 50. Panels (C) and (D) show bacterial counts in biofilms determined using an MTT assay, (C) single treatment with phage ZCKP1 bacteriophage or (D) with multiple treatments with phage ZCKP1 bacteriophage using different MOIs: Light gray columns represent a starting MOI of 50; dark gray columns represent a starting MOI of 10 and solid black columns represent a starting MOI of 5. \*P < 0.01 (brackets specify comparisons between groups).

effectiveness of antibiotics to treat such infections has been reduced significantly in recent years due to the increasing numbers of antibiotic-resistant bacteria, and as a result morbidity and mortality remain high. Antibiotic resistance is a growing public health threat for which the use of bacteriophage as an alternative to antibiotics may be considered to combat MDR infections. In particular phage therapy has also been considered a promising approach to eliminate diabetic foot ulcer after infection by MRSA in human subjects (Fish et al., 2016). In order to get the maximum benefits of bacteriophage based therapies, it is important to determine the characteristics of individual bacteriophages so that treatments can be tailored for the situation where treatment is to be applied. Moreover, it is crucial to ensure that phages selected do not have the capacity to transfer resistance or pathogenic traits to the resident microbiota (Abedon and Thomas-Abedon, 2010).

Antibiotics that were previously effective in the elimination of diabetic foot infections are now less effective. The *K. pneumoniae* KP/01 isolate recorded here shows resistance to levofloxacin, fluoroquinolone and was identified as a ceftazidimeresistant *K. pneumoniae* (CSKP). Ceftazidime is a cephalosporin antibiotic that can be degraded by extended spectrum beta lactamases (ESBL) that include SHV, TEM, CTX and YOU types (Sougakoff et al., 1988; Urban et al., 1994). *K. pneumoniae* KP/01 also showed resistance to the cephalosporin cefepime. As a clinical multiple drug resistant bacteria the KP/01 isolate was an ideal host for this study (Sougakoff et al., 1988).

Both morphological analysis and genome size confirmed that bacteriophage ZCKP1 belonged to the *Caudovirales* order with typical features of *Myoviridae*. It had an icosahedral head, a contractile tail with base plates showing tail fibers and spikes in addition to a collar. The genome of 151 kb,



**FIGURE 5** | The stability of phage ZCKP1 at **(A)** different temperatures (45°C: circle, 55°C: square, 65°C: triangle, 75°C: inverted triangle and 85°C: diamond) and **(B)** pH values. Results are shown as means  $\pm$  Standard error.

differs in size to the 45 kbp of KLPN1 phage previously reported as isolated against *K. pneumoniae* (Hoyles et al., 2015). Bacteriophage ZCKP1 demonstrated a broad lytic profile covering a variety of bacterial pathogens including *K. pneumoniae*, *Proteus* and *E. coli* that all contribute to osteomyelitis cases and were isolated from patients with "diabetic foot."

*In vitro* studies of potential therapeutic bacteriophages ensures only the most effective phages progress to clinical trials based on their capability to lyse pathogens in planktonic and biofilm formations with wide host range coverage. Phage ZCKP1 was shown to be highly effective at reducing K. pneumoniae counts in vitro and proved to be stable at high temperatures and over a wide pH range. Phage ZCKP1 was also effective against other members of Enterobacteriacae that cause osteomyelitis, which contributes to the therapeutic potential. With the application of high concentrations of bacteriophages (MOI of 100), ZCKP1 was demonstrated to reduce K. pneumoniae without producing new phages. This is an established phenomenon called "lysis from without," where many phages become absorbed to bacterial cells causing lysis without release of new phage (Abedon, 2011). In addition, a single high dose applied in a clinical situation may enable the human immune system to overcome reduced numbers of pathogens by working synergistically with the phage. Even with lower doses of phage, the rate of development of resistance to bacteriophages is approximately 10-fold lower than the rate of the development of antibiotic resistance (Carlton, 1999). The conditions of application and the influence of immune system can vary so the action of a particular phage must be considered before therapeutic use (O'Flynn et al., 2004; Lu and Koeris, 2011). In this context the mutation frequencies determined at high MOI applications would dictate the use of phage cocktails, and possibly the availability of reserve phage. Developing a cocktail of isolated lytic phages may increase the efficacy of bacteriophages to lyse multiple hosts and reduce the frequency that resistant strains may emerge.

Klebsiella are able to form thick biofilms on tissues and on medical implants making them more resistant than free-living planktonic cells to antibacterial agents and have reduced susceptibility to antibiotics (Calhoun and Manring, 2005). Phage ZCKP1 treatment of K. pneumoniae KP/01 biofilms was shown to be an effective method for biofilm reduction, although repeated treatments were required to prevent regrowth. Reductions in biofilm biomass have been attributed to the action of a soluble exopolysaccharide depolymerase (Cornelissen et al., 2011). These enzymes have the ability to disrupt the capsule of Klebsiella making it more susceptible to antibacterial agents (Hughes et al., 1998; Kesik-Szeloch et al., 2013). The nucleotide sequence of phage ZCKP1 revealed enzyme activities consistent with polysaccharide modification, However, the presence of wcaM could influence exopolysaccharide structure to adversely affect biofilm integrity when embedded bacteria become phage infected.

Previously reported phage treatments of *K. pneumoniae* biofilms include: a phage belonging to the *Podoviridae* family (Chhibber et al., 2013); a *Siphoviridae* named bacteriophage Z (Jamal et al., 2015) and *Myoviridae* phages (Kesik-Szeloch et al., 2013). Of these, the Myoviridae are likely the most promising as they represent virulent bacteriophage that do not mobilize and transfer genetic information. The gene sequence of phage ZCKP1 suggests that it does indeed fall into this category. Four genes associated with tellurite resistance were observed but are not used for antimicrobial therapy. Tellurite resistance is often associated with colicin and phage resistance phenotypes (Taylor and Summers, 1979), and likely extends this advantage to the virus infected cell as insurance against superinfection.

#### CONCLUSION

Phage ZCKP1 has been fully characterized *in vitro* and shows excellent potential to be used as a therapeutic agent against *K. pneumoniae* infections of diabetic foot. It can reduce the bacterial pathogen in both planktonic and biofilms and is extremely stable over a range of pH and temperatures. Therapeutic trials are needed to confirm its potential *in vivo*.

#### **DATA AVAILABILITY**

All data generated or analyzed during this study are included in this published article and are available from

the corresponding author. Nucleotide sequences appear in the NCBI public database under the GenBank accession number MH252123.

#### **AUTHOR CONTRIBUTIONS**

AE-S: primary responsibility for design of the work. OT and AE-S: substantial contributions to the design of the work and analysis and interpretation of the data. OT, PC, IC, and AE-S: drafting the work and revising it critically for important intellectual content. OT, PC, IC, and AE-S: final approval of the version to be published.

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#### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb. 2018.02127/full#supplementary-material

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# Chestnut Honey and Bacteriophage Application to Control *Pseudomonas aeruginosa and Escherichia coli* Biofilms: Evaluation in an *ex vivo* Wound Model

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Chronic skin wounds represent a major burn both economically and socially. Pseudomonas aeruginosa and Escherichia coli are among the most common colonizers of infected wounds and are prolific biofilm formers. Biofilms are a major problem in infections due to their increasingly difficult control and eradication, and tolerance to multiple prescribed drugs. As so, alternative methods are necessary. Bacteriophages (phages) and honey are both seen as a promising approach for biofilm related infections. Phages have specificity toward a bacterial genus, species or even strain, self-replicating nature, and avoid dysbiosis. Honey has gained acknowledgment due to its antibacterial, antioxidant and anti-inflammatory and wound healing properties. In this work, the effect of E. coli and P. aeruginosa phages vB\_EcoS\_CEB\_EC3a and vB\_PaeP\_PAO1-D and chestnut honey, alone and combined, were tested using in vitro (polystyrene) and ex vivo (porcine skin) models and against mono and dual-species biofilms of these bacteria. In general, colonization was higher in the porcine skins and the presence of a second microorganism in a consortium of species did not affect the effectiveness of the treatments. The antibacterial effect of combined therapy against dual-species biofilms led to bacterial reductions that were greater for biofilms formed on polystyrene than on skin. Monospecies biofilms of E. coli were better destroyed with phages and honey than P. aeruginosa monospecies biofilms. Overall, the combined phage-honey formulations resulted in higher efficacies possibly due to honey's capacity to damage the bacterial cell membrane and also to its ability to penetrate the biofilm matrix, promoting and enhancing the subsequent phage infection.

Keywords: ex vivo, in vitro, biofilms, dual-species, P. aeruginosa, E. coli

#### INTRODUCTION

Chronic wounds are defined as wounds which failed the sequential reparative process responsible to repair the anatomic and functional integrity of the damaged tissue in a period of 4-8 weeks (Lazarus et al., 1994; Mustoe et al., 2006). These wounds lead to considerable morbidity and high costs associated with treatment, which represents an increasing burden on public and health systems worldwide.

In a chronic wound, bacterial growth occurs in biofilms, sessile communities organized in a three-dimensional structure, embedded in a self-produced matrix containing extracellular polymeric substances (EPS) such as polysaccharides, proteins, extracellular DNA, membrane vesicles, and other polymers. Biofilms are a protected mode of growth that allows bacteria to survive in hostile environments, presenting an altered growth rate (Baillie and Douglas, 1998) and gene expression (Whiteley et al., 2001), and an increased tolerance to antimicrobials (Fux et al., 2005), when comparing to their planktonic equivalents. Within a chronic wound, the biofilm tolerance to several antibiotics and host defenses (Flemming and Wingender, 2010) is promoted by numerous factors. The biofilm matrix offers structural stability, acting as a diffusional barrier both to antibiotics (Billings et al., 2013) and to host defenses (Jensen et al., 2007). Besides, extracellular DNA can be easily exchanged among bacteria allowing the transference of genes responsible by protective behaviors against external molecules (Chiang et al., 2013). For example, efflux pumps have been identified in several biofilm forming pathogens, such as E. coli (Ito et al., 2009), P. aeruginosa (Zhang and Mah, 2008) and S. aureus (Ding et al., 2008) and the production of antibiotic degrading-enzymes, such as β-lactamase, was identified in biofilm forming strains (Hengzhuang et al., 2013).

Bacteriophages (phages) are highly specific viruses that infect and replicate within bacteria. Phage attachment to a host cell occurs after specific recognition of complementary receptors on the bacterial cell surface (Weinbauer, 2004). The great increase of multi-drug resistant microorganisms has revitalized the interest in using phages as an effective alternative to antimicrobial therapy, including for wound healing (Pirnay et al., 2011).

Honey is a viscous solution derived from nectar gathered and modified by honeybee. It is composed by  $\sim$ 31.3% glucose, 38.2% fructose, 1% sucrose and 17% water, and in minor quantity by organic acids, proteins, amino acids, vitamins, minerals and enzymes (Bogdanov et al., 2008). The use of honey in wounds was firstly documented by the ancient Egyptians 4,000 years ago and it has been used for this purpose since ancient times, by Romans, Greeks, and Chinese (Sato and Miyata, 2000). Antimicrobial properties of honey are associated with a combination of factors as high osmolarity, low availability of water (Molan, 1992), production of hydrogen peroxide [product of the enzyme glucose oxidase activity while degrading glucose (Molan and Betts, 2004; Brudzynski, 2006)], acidic pH levels (Gethin et al., 2008), presence of methylglyoxal (MGO) [reacting with macromolecules such as DNA, RNA, and proteins (Adams et al., 2008; Majtan et al., 2014)], among others.

In this work, the antibacterial effect of two lytic bacteriophages vB\_EcoS\_CEB\_EC3a and vB\_PaeP\_PAO1-D were evaluated either alone or combined with a Portuguese honey, C1, in 24 h biofilms formed in porcine skin explants.

#### **MATERIALS AND METHODS**

#### **Bacterial Strains and Growth Conditions**

Two Escherichia coli strains were used in this study: the clinical isolate EC3a that was kindly provided by the Hospital

Escala Braga (Portugal) for phage vB\_EcoS\_CEB\_EC3a (EC3a) propagation and the *E. coli* reference strain CECT 434 (purchased from the Spanish Type Culture Collection) for biofilm experiments.

Pseudomonas aeruginosa reference strain PA01 (DSM22644), purchased from the German Collection of Microorganisms and Cell Cultures, was used for isolation and propagation of phage vB\_PaeP\_PAO1-D (PAO1-D) and for biofilm experiments. Other 36 strains of *P. aeruginosa*, were used for PAO1-D host range evaluation that included 3 culture collection strains—ATCC 10145, CECT 111, PAO1—and 33 clinical isolates [Hospital Escala Braga (Portugal)].

Bacteria were cultured at  $37^{\circ}$ C for  $\sim 18$  h in Tryptic Soy Broth (TSB, VWR) or Tryptic Soy Agar medium (TSA; TSB containing 1.2% (w/v) agar, NZYTech). MacConckey Agar (Merck<sup>®</sup>) and Pseudomonas isolation agar (PIA, Sigma-Aldrich) with 5% (w/v) glycerol (Sigma-Aldrich), were used as selective media for *E. coli* and *P. aeruginosa*, respectively, for viable cell counts.

## C1 Honey Origin, Minimum Inhibitory Concentration and Physicochemical Characterization

The honey C1 is a single-flower honey from chestnut (92% Castanea sativa) collected from the Minho region in Portugal that has a conductivity of 1534 μS.cm<sup>-1</sup>. The minimum inhibitory concentration (MIC) values for E. coli and P. aeruginosa were determined as described in the guidelines of the Clinical and Laboratory Standards Institute (Andrews and Andrews, 2001; Ferraro et al., 2003) using a honey concentration range from 50% (w/v) to 3,125% (w/v). C1 was physicochemical characterized as previously described (Nishio et al., 2016): the pH was performed as described by the International Honey Commission (Bogdanov, 2002), the color was determined according to the standards already established by the United States Department of Agriculture (USDA) (United States Department of Agriculture, 1985), the MGO concentration was obtained by RP-HPLC as described previously (Adams et al., 2008), the protein content was determined using the BCA Protein Assay Kit (Thermo Scientific<sup>TM</sup> Pierce<sup>TM</sup>) according to manufacturer instructions, and the Hydroxymethylfurfural (HMF) content was determined by White's method (White, 1979).

#### **Bacteriophage Origin and Production**

The phages used in this work were EC3a for *E. coli*, isolated from raw sewage (Nishio et al., 2016), and PAO1-D, for *P. aeruginosa*, isolated from the Sextaphage commercial cocktail (Microgen, ImBio Nizhny Novgorod, Russia). Each phage was produced in the respective isolation host: EC3a in EC3a strain and PAO1-D in PAO1 strain, using the plate lysis and elution method (Sambrook and Russell, 2001). Briefly, 5 μL of phage suspension were spread evenly on host bacterial lawns using a paper strip and incubated overnight (O/N) at 37°C. Then, 3 mL of SM Buffer (5.8 g.L<sup>-1</sup> NaCl, 2 132 g.L<sup>-1</sup> MgSO<sub>4</sub>.7H<sub>2</sub>O, 50 mL.L<sup>-1</sup> 1 M Tris-HCl pH 7.5, VWR) were added to each plate and re-incubated O/N at 4°C with gentle stirring (50 rpm on a PSU-10i Orbital Shaker 134 (BIOSAN)). The floating liquid was collected and

centrifuged (10 min, 9,000  $\times$  g,  $4^{\circ}$  C), and afterwards, phages were concentrated by incubating the lysate with  $58.4\,\mathrm{g.L^{-1}}$  NaCl for 1 h at  $4^{\circ}$  C under slow agitation, and the resultant supernatant with  $100\,\mathrm{g.L^{-1}}$  PEG 8000 (ThermoFisher Scientific) at  $37^{\circ}$  C O/N. The subsequent suspension was centrifuged, purified with 1:4 (v/v) chloroform, filter sterilized (PES, GE Healthcare,  $0.2\,\mu\mathrm{m})$  and stored at  $4\,^{\circ}$  C until use.

#### **Phage Growth Parameters**

One-step growth curves of the two phages in the two different strains were performed as described previously (Sillankorva et al., 2008). Briefly, 10 mL of a mid-exponential-phase culture was harvested by centrifugation (7,000  $\times$  g, 5 min, 4°C) and resuspended in 5 mL fresh TSB medium in order to obtain an OD<sub>600</sub> of 1.0. To this suspension, 5 mL of phage solution were added in order to have a MOI of 0.001 and phages were allowed to adsorb for 5 min at room temperature. The mixture was than centrifuged as described above and the pellet was resuspended in 10 mL of fresh TSB medium. Samples were taken every 5 min over a period of 1 h and immediately plated.

## **Transmission Electron Microscopy Analysis**

Phage PAO1-D particles were sedimented by centrifugation (25,000  $\times$  g, 60 min, 4°C) and washed twice in tap water by repeating the centrifugation step. Subsequently, the suspension was deposited on copper grids with carbon-coated Formvar films, stained with 2% (w/v) uranyl acetate (pH 4.0) (Agar Scientific), and examined using a Jeol JEM 1400 (Tokyo, Japan) transmission electron microscope (TEM). Images were digitally recorded using a CCD digital camera Orious 1,100 W, Tokyo, Japan.

#### Assessment of Phage Viability in C1 Honey

Phage PAO1-D and EC3a viability was tested in C1 honey. For that,  $2\times 10^9$  PFU.mL $^{-1}$  were incubated at 37°C with 25% (w/v) and 50% (w/v) C1 honey, mentioned hereafter as C1<sub>25%</sub> and C1<sub>50%</sub>, respectively. Samples were taken every hour until 6 h, and then after 24 h.

Controls were performed in sterile deionized water instead of honey. For each time point, phages were serial-diluted and quantified by mixing 100  $\mu L$  of diluted solution with 100  $\mu L$  of host bacteria culture and with 3 mL of TSA top agar (TSB supplemented with 0.6% (w/v) agar). The mixture was poured onto a layer of TSA (Adams, 1959). After an O/N incubation at  $37^{\circ}\text{C}$ , the plaque forming units (PFU) were determined. Three independent experiments were performed.

#### In Vitro Biofilm Formation and Treatment

The turbidimetry (620 nm) of a 16 h-grown EC3a or PAO1 inoculum was adjusted to 0.13 (corresponding between  $2\text{-}3\times10^{-8}$  CFU.mL $^{-1}$ ), and 10-fold diluted in TSB in order to have an initial inoculum concentration of  $10^{-7}$  CFU.mL $^{-1}$  (Crouzet et al., 2014; Pires et al., 2017). For biofilm formation, 200  $\mu L$  of the bacterial suspension were added to wells of a 96-well plate that was subsequently incubated for 24 h at 37°C and 120 rpm [orbital shaker ES-20/60 214 (BIOSAN)]. For the formation of dual-species biofilms, the turbidimetry of both

bacteria was adjusted to 0.13 and 5-fold diluted in TSB. After,  $100~\mu L$  of each suspension were added to the wells and biofilm formation allowed to proceed as described above.

Phage treatments were performed with  $1 \times 10^9$  PFU.mL<sup>-1</sup> and honey challenge was done with C1<sub>25%</sub> and C1<sub>50%</sub>. Monospecies biofilms formed during 24 h, were washed twice with saline [0.9% (w/v) NaCl, VWR] to remove non-adhered cells. After, 200 μL of phage, honey or 100  $\mu L$  of phage 2  $\times$  concentrated and 100 μL of honey 2 × concentrated were added to each well and plates were incubated at 37°C, 120 rpm [orbital shaker ES-20/60 (BIOSAN)]. Dual-species biofilms were treated with 100 μL of the P. aeruginosa phage and 100 µL of E. coli phage, 200 µL of honey or with 50 µL of the P. aeruginosa phage and 50 µL of the E. coli phage both 4 × concentrated and 100 µL of honey 2 × concentrated. The control samples were performed with 100  $\mu L$  of 2  $\times$  TSB, and 100  $\mu L$  of SM buffer. Samples were analyzed at 0, 6, 12, and 24 h for viable cell quantification. At each sampling time point, biofilms were washed twice with saline [0.9% (w/v) NaCl, VWR], 200 µL saline added to each well and all biomass detached from the polystyrene bottom and side wall, by scraping, before CFU analysis. Three independent experiments were performed in triplicate.

#### **Preparation of Porcine Skin Explants**

Fresh porcine skin explants were generously supplied by ICVS - Life and Health Sciences Research Institute (Braga, Portugal), immediately stored in vacuum at  $-20\,^{\circ}\text{C}$  and thawed only before use.

Explants were cut into  $2 \times 2$  cm pieces and disinfected as described previously (da Costa et al., 2015). After disinfection, each skin piece was placed between two sterile stainless steel plates with an o-ring in the center, to delimit the infection region. The skin was immobilized by fixing the upper metal plate with wing nuts (da Costa et al., 2015).

#### Ex Vivo Biofilm Formation and Treatment

Three different biofilm treatments were evaluated: phage, honey and the combination of both agents. Similar to *in vitro* treatments,  $1\times10^9$  PFU.mL $^{-1}$  of phages EC3a and PAO1-D, and C1<sub>25%</sub> and C1<sub>50%</sub> were used. The combinatorial effect of phagehoney was accomplished using the concentrations used in the single-agent experiments.

For monospecies biofilm formation,  $80~\mu L$  of the bacterial suspension prepared as described above were placed in direct contact with the skin inside of the O-ring, and for dual-species biofilms  $40~\mu L$  of both bacterial suspensions were used. The stainless steel plates holding the skins were placed in previously disinfected desiccators and incubated for 24~h at  $37^{\circ}C$ .

The infected area was washed twice with saline and after, in monospecies biofilms 80  $\mu L$  of phage, honey or both agents were placed in the O-ring area, and incubated at 37°C. In dual-species biofilms the volumes of each agent were: 40  $\mu L$  of each phage 2  $\times$  concentrated; 80  $\mu L$  of honey; or 20  $\mu L$  of each phage 4  $\times$  concentrated and honey 2  $\times$  concentrated. Biofilm cells were collected with the aid of a cotton swab that was then immersed in 1 mL saline. The suspension was centrifuged (8,000  $\times$  g, 10 min, 4°C) and the pellet resuspended in 1 mL saline. Samples were

analyzed at 0, 6, 12 and 24 h, for viable cell quantification. Three independent experiments were performed in triplicate.

## **Quantification of Viable Cells From Biofilms**

Viable cells in biofilms were quantified by adapting a previously described method (Pires et al., 2017). Serial dilutions were performed in saline containing 1 mM ferrous ammonium sulfate (FAS, Applichem Panreac) to assure that all non-infecting phages were destroyed (Park et al., 2003). Samples (10  $\mu L$ ) were plated on MacConkey Agar or PIA plates, for *E. coli* or *P. aeruginosa* cell counts, respectively, using the microdrop technique (Naghili et al., 2013). Plates were incubated 16 h at 37°C, and colony forming units (CFU) were determined.

#### Interpretation of the Results

For each combined therapy (phage EC3a, phage PAO1-D, honey C1<sub>25%</sub>, honey C1<sub>50%</sub>) we determined if the outcome of the combination was synergistic according to the methodology described by Chaudhry et al. (2017). In brief, an outcome was regarded as synergistic when the equation  $Log(C)-log(S_P)-log(S_H)+log(S_{PH})<0$  was valid. In the equation, C refers to the cell density obtained in the control (no treatment), and  $S_P$ ,  $S_H$ , and  $S_{PH}$  are the surviving cell densities after treatment with phage (P), honey (H), or both combined (PH), respectively (Chaudhry et al., 2017). The calculations are presented only for monospecies biofilms formed on porcine skin, and dual-species biofilms formed on polystyrene and porcine skin (Table S3).

#### **Statistical Analysis**

Statistical analysis of the results was performed using GraphPad Prism 6. Mean and standard deviations (SD) were determined for the independent experiments and the results were presented as mean  $\pm$  SD. Results were compared using Two-way ANOVA, with Tukey's multiple comparison statistical test. Differences were considered statistically different if  $p \leq 0.05$  (95% confidence interval).

#### **RESULTS**

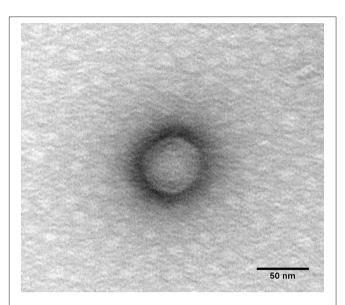
#### C1 Honey Physicochemical Characterization and MIC Determination

C1 honey is a white honey with a pH of 5.4. The total protein content is  $81.7 \,\mathrm{mg.kg^{-1}}$ , the MGO concentration  $1000.2 \,\mathrm{mg.kg^{-1}}$  and the HMF is  $< 4 \,\mathrm{mg.kg^{-1}}$ . The MIC experiments of C1 on *E. coli* and *P. aeruginosa* was 12.5% (w/v) and 25% (w/v), respectively.

## Phage Growth Parameters and Morphology

Phage EC3a is a strictly virulent *Siphovirus* that has already been partly characterized (Nishio et al., 2016). EC3a has a latent period of  $\sim$ 15 min giving rise to  $\sim$ 53 progeny per infected cell.

PAO1-D, isolated from the Sextaphage preparation, is a *Podovirus* showing a  $56 \text{ nm} \times 64 \text{ nm}$  icosahedral capsid, and a 12 nm non-contractile tail (**Figure 1**). This phage was selected for all further experiments based on its lytic spectra toward



**FIGURE 1** TEM micrograph of PAO1-D bacteriophage particle (scale bar 50 nm).

the clinical isolates (Table S1) and also on the dimension of its large halo (Table S2, Figure S1) that may suggest the presence of enzymes with higher efficiency to degrade the EPS matrix of biofilms. PAO1-D has a short latent period (5 min) and a burst size of  $\sim$ 61 phages per infected cell (**Figure 2**).

#### Phage Viability in C1 Honey

Viability of both phages, EC3a and PAO1-D, was assessed on C1<sub>25%</sub> and C1<sub>50%</sub> (**Figure 3**). Until 9 h, there was no evident effect on EC3a viability in C1<sub>25%</sub> and C1<sub>50%</sub>. However, no infective EC3a were recorded after 24 h of contact with both concentrations of C1 (p < 0.05). Furthermore, although PAO1-D showed to be slightly more sensible to honey until 9 h of contact, C1<sub>25%</sub> did not cause complete inactivation of this phage at 24 h.

## E. Coli and P. aeruginosa Colonization of Surfaces

E. coli CECT434 and P. aeruginosa PAO1 colonization was assessed in 24 h mono- and dual-species biofilms formed in vitro and in porcine skin explants (**Figure 4**). Although, monospecies biofilms of E. coli colonized better the skin surfaces than polystyrene, no significant differences in colonization were observed for monospecies P. aeruginosa biofilms (p < 0.05). Dual-species biofilms of both bacteria on polystyrene presented statistically more cells than monospecies biofilms formed in this material. The colonization of porcine skins by E. coli and P. aeruginosa alone and when mixed was also analyzed. In general, the level of colonization by P. aeruginosa was similar in both experiments, however the colonization by E. coli was highly influenced by the presence of P. aeruginosa resulting in less 2.6-Log cells than in monospecies E. coli biofilms (p < 0.05).

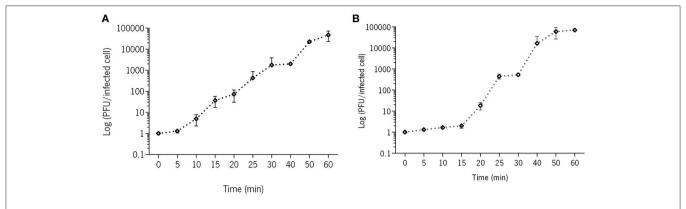
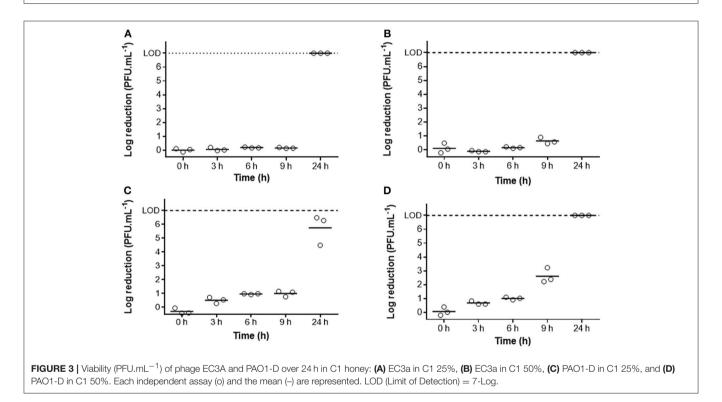


FIGURE 2 | One-step growth curve of phages (A) PAO1-D and (B) EC3a in their respective hosts. Error bars represent standard deviations from 2 independent experiments performed in duplicate.



## Antibiofilm Effect of Honey and Phage on Polystyrene–Formed Biofilms

The effect of phage and honey was evaluated in 24 h-old biofilms formed in 96-well polystyrene plates (**Figure 5**).

Phages EC3a and PAO1-D were used against *E. coli* and *P. aeruginosa* biofilms, respectively. EC3a antibiofilm activity was highest after 6 h of infection, reducing about 2.7-Log *E. coli* viable cells. However, no effect of EC3a was noticed after 24 h. Contrarily to EC3a, phage PAO1-D caused a uniform cell reduction throughout the 24 h experiment that was always higher compared to the reductions caused by C1<sub>25%</sub>.

The effect of  $C1_{25\%}$  on cell count reductions was always less evident (varied form a 1.2 to a 1.6-Log reduction) than the effect

of  $C1_{50\%}$  that varied from 4.0-Log to a 4.7-Log reduction in the time-points assessed.

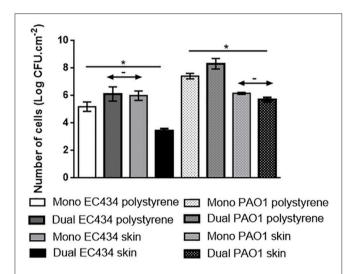
 $C1_{50\%}$  showed always superior antibiofilm activity compared to the lower honey concentration and also significantly higher killing capacity than both tested phages at 24 h of treatment (p < 0.05).

## Antibiofilm Effect of Phage, Honey, and Phage-Honey Combination on Dual-Species Biofilms Formed on Polystyrene

Dual-species biofilms formed on polystyrene were challenged with a cocktail of both phages, honey or all combined (**Figure 6**).

*E. coli* cell reductions observed at 6 h of combined honey-phage treatment were in great part due to phage EC3a resulting in similar values to those obtained when applying phage alone. Honey alone resulted in a gradual increase of the number of *E. coli* cells killed from less than 1-Log at 6 h to 1.8-1.9-Log at 24 h with C1<sub>25%</sub> and C1<sub>50%</sub>, respectively. At 12 h, honey at 50% combined with phage was significantly better (p < 0.05) than honey alone. By 24 h of treatment, the decrease of cells obtained when a combined therapy was used was, contrarily to the initial 6 h time point, greatly due to the action of C1 honey. Nonetheless, honey alone was never as efficient in killing *E. coli* living in dual-species biofilms compared to its effect on monospecies *E. coli* biofilms (compare **Figures 5, 6**).

In terms of treatment effects on *P. aeruginosa* present in the dual-species biofilms, overall the numbers of cells killed gradually



**FIGURE 4** | Bacterial colonization (CFU.cm $^{-2}$ ) of 24 h-old biofilms of *E. coli* 434 and *P. aeruginosa* PAO1 formed individually (Mono) or combined (Dual). Number of cells in dual species biofilms were counted separately on MacConkey for *E. coli* or PIA for *P. aeruginosa*. Data are shown as mean  $\pm$  SD and results. With the exception of the two arrowheads with "-" all other values were considered statistically different (\*p  $\leq$  0.05).

increased with phage and both honey concentrations alone. The combined treatment using phage and honey  $C1_{25\%}$  was statistically higher (p < 0.05) than the action of phage alone at 6 h than honey alone at 12 and 24 h (p < 0.05). Phage combination with honey  $C1_{50\%}$  was not significantly different from the action exerted by honey alone (p > 0.05).

Even though statistically significant differences where observed after the different combinations, overall the antibacterial action of EC3a phage until 12 h was better than honey, at both concentrations, in killing *E. coli* from dual-species biofilms. Phage PAO1-D had a similar or slightly better effect than honey at 25%. Combined treatment resulted in a slightly better antibacterial outcome than phage and honey alone however without resulting in a synergy effect (see Table S3).

## Antibiofilm Effect of Phage, Honey, and the Phage-Honey Combination on 24 h-Old Porcine Skin-Formed Biofilms

The effect of phage, honey and also the combination of both antimicrobial agents was evaluated in *E. coli* and *P. aeruginosa* monospecies biofilms formed in porcine skin explants (**Figure 7**).

Considering *E. coli* biofilms, the effect of phage EC3a in the *ex vivo* model was constant (p>0.05) ( $\sim$ 1-Log reduction in average) from 6 to 24 h (contrarily to the 6 h reduction observed over time in the *in vitro* assay). A similar consistency was observed with the C1<sub>25%</sub> or C1<sub>50%</sub> effect in the porcine skin,  $\sim$ 1-Log viable cell reduction over 24 h.

Throughout the experiment, the combination of EC3a and C1<sub>25%</sub> or C1<sub>50%</sub> were statistically similar to, at least, one of the antimicrobial agents used separately (p > 0.05). The exception was observed 6 h after treatment with EC3a and C1<sub>25%</sub> when the reduction of viable cells was higher with the combination (1.6-Log) comparatively to phage (0.9- Log) or honey (0.9-Log) (p < 0.05).

Regarding *P. aeruginosa* biofilms,  $C1_{25\%}$  had no effect on cell reduction (there was even an increase in CFU count at 6 and 12 h after treatment), while  $C1_{50\%}$  reduced cell concentration in no more than 0.6-Log during the 24 h treatment.

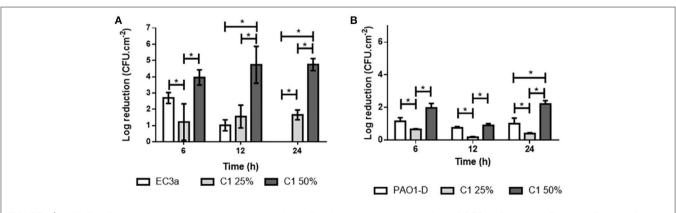
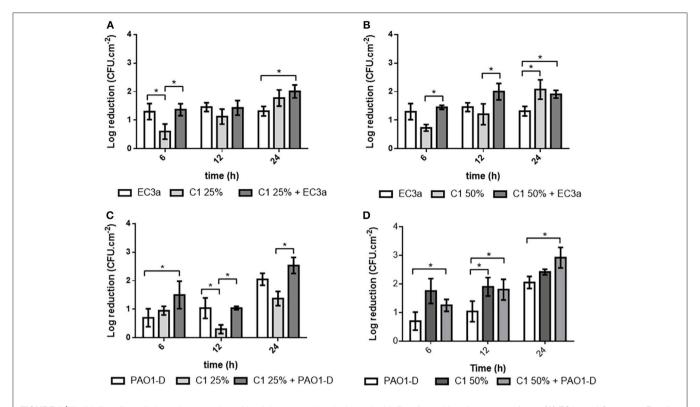


FIGURE 5 | Antibiofilm effect of phage and honey against monospecies biofilms formed in polystyrene surfaces: (A) EC3a,  $C1_{25\%}$  and  $C1_{50\%}$  on *E. coli* biofilms and (B) PAO-D,  $C1_{25\%}$  and  $C1_{50\%}$  in *P. aeruginosa* biofilms. Data are shown as mean  $\pm$  SD and results were considered statistically different if \* $p \le 0.05$ .



**FIGURE 6** | Antibiofilm effect of phage, honey and combined therapy against dual-species biofilms formed in polystyrene surfaces: **(A)** EC3a and C1<sub>25%</sub> on *E. coli*; **(B)** EC3a and C1<sub>50%</sub> on *E. coli*; **(C)** PAO1-D and C1<sub>25%</sub> on *P. aeruginosa*; **(D)** PAO1-D and C1<sub>50%</sub> on *P. aeruginosa*. Data are shown as mean  $\pm$  SD and results were considered statistically different if \* $p \le 0.05$ .

The antibiofilm effect of PAO1-D increased over time (p < 0.05) leading to 1.6-Log cell reduction after 24 h of treatment.

The combination of PAO1-D with  $C1_{25\%}$  led to a constant effect along the 24 h experiment (p > 0.05) with a maximum viable cell reduction at 12 h (1.3-Log reduction). PAO1-D combined with  $C1_{50\%}$ , also displayed highest reduction of viable cells at 12 h (1.8-Log cell reduction).

## Antibiofilm Effect of Phage, Honey, and Phage-Honey Combination on Dual Species Biofilms Formed in Porcine Skin

The antibiofilm effect of phage, honey, and their combination was tested against dual-species biofilms of *E. coli* and *P. aeruginosa* formed on porcine skin and the effect reported per bacterial species, respectively (**Figure 8**).

The antibiofilm effect of EC3a against  $E.\ coli$  in dual-species biofilms was similar among time points showing a 0.6-Log reduction, in average, at 12 h post-infection. Similarly, C1<sub>25%</sub> alone maintained a cell reduction below 0.5-Log in all analyzed samples, and C1<sub>50%</sub> alone below 1.0-Log. The combination of phage EC3a with C1<sub>25%</sub> didn't vary considerably throughout time resulting in  $\sim$ 0.5 to 0.8-Log reductions of  $E.\ coli$  viable cells from dual-species biofilms, while the combination of EC3a + C1<sub>50%</sub> varied from no cell reductions up to 1.4-Log reduction, at 24 h post-treatment, of  $E.\ coli$  from dual-species biofilms.

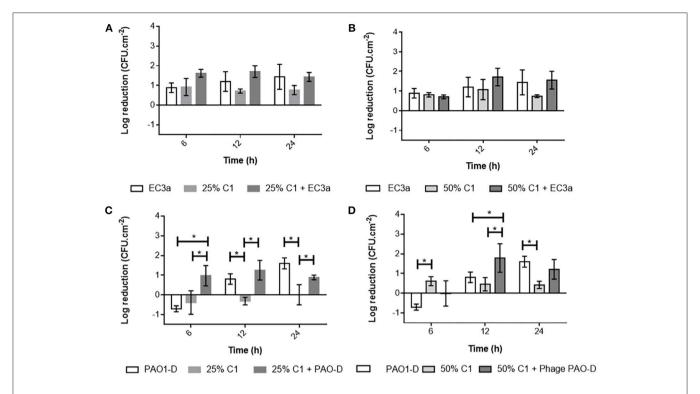
Concerning *P. aeruginosa* reductions in dual-species biofilms, C1<sub>25%</sub> alone contributed with no more than 0.9-Log observed at 12 h, while C1<sub>50%</sub> displayed a 1.8-Log reduction in the same period. On the other hand, the effect of PAO1-D on *P. aeruginosa* increased significantly from 6 to 24 h ( $p \le 0.05$ ).

The combination of PAO1-D and C1<sub>25%</sub> revealed a synergistic effect 24 h after treatment (**Figure 8** and Table S3), causing an average cell reduction of 2.2-Log, higher than the sum of phage and honey alone [1.0-Log (PAO1-D) + 0.6-Log (C1<sub>25%</sub>)]. Synergism was also observed for C1<sub>50%</sub> combined with phage, at 12 h: 2.3-Log > 0.1-Log (PAO1-D) + 1.4-Log (C1<sub>50%</sub>) (see also result in Table S3).

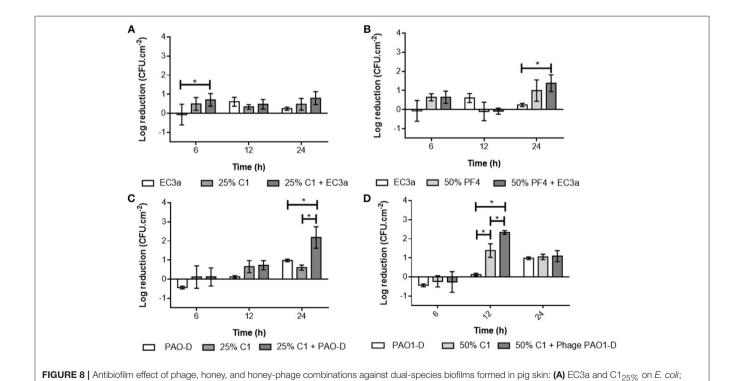
Overall, honey and phage were more effective in controlling *P. aeruginosa* in dual-species biofilms formed in porcine skin than in monospecies *P. aeruginosa* biofilms.

## DISCUSSION

The reduction of bacterial wound bioburden to host-manageable levels, as well as the elimination of certain virulent forms of wound pathogens has become a goal of the wound care professionals. In fact, a direct link between bacterial load and subsequent healing has been demonstrated (Bendy et al., 1964) being the successful closure of wounds apparently dependent on maintaining a bacterial level below 10<sup>5</sup> CFU.g<sup>-1</sup> of tissue (Robson, 1997; Bowler, 2003). In the wound-healing scheme,



**FIGURE 7** | Antibiofilm effect of phage and honey against monospecies biofilms formed in pig skin: **(A)** EC3a and C1<sub>25%</sub> on *E. coli*; **(B)** EC3a and C1<sub>50%</sub> on *E. coli*; **(C)** PAO1-D and C1<sub>25%</sub> on *P. aeruginosa*; **(D)** PAO1-D and C1<sub>50%</sub> on *P. aeruginosa*. Data are shown as mean  $\pm$  SD and results were considered statistically different if \* $p \le 0.05$ .



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were considered statistically different if \* $p \le 0.05$ .

(B) EC3a and C1 $_{50\%}$  on *E. coli*; (C) PAO1-D and C1 $_{25\%}$  on *P. aeruginosa*; (D) PAO1-D and C1 $_{50\%}$  on *P. aeruginosa*. Data are shown as mean  $\pm$  SD and results

the use of alternative antimicrobial agents is considered when other approaches as the use of moisture-retentive dressings (that assist the hosts' phagocytic defense mechanisms by creating a moist wound environment) have been unsuccessful. These alternative antimicrobial agents are expected to supplement the host immune activity in reducing wound bioburden until a balance in favor of the host is restored. The antimicrobial potential of honey and phage to control biofilm-related infections can be a potentially good alternative for topical applications, particularly for treatment of chronic wounds. Phage therapy effectiveness (orally and locally administered) in chronic suppurative infections of the skin caused by Pseudomonas, Staphylococcus, Klebsiella, Proteus and Escherichia was described over 30 years ago with  $\sim$ 50% of the 31 studied patients resulting in an "outstanding" improvement (Cislo et al., 1987). In 2002, a phage impregnated polymer used to treat infected venous stasis skin ulcers achieved complete healing in 70% of the 107 patients (Markoishvili et al., 2002). Research using animal models has also supporting evidences of phage safety and efficacy in treating chronic wounds infected by S. aureus, P. aeruginosa and Acinetobacter baumannii (Mendes et al., 2013; Seth et al., 2013). Recent works also have shown superior chronic wound healing rates and a lower healing time of honey when compared to commonly used products (Sharp, 2009; Imran et al., 2015). For example, Medihoney dressing used in non-healing venous leg ulcers during 12 weeks revealed a decrease in ulcer pain, size and odor (Dunford and Hanano, 2004). Bacteriological changes in venous leg ulcers treated with Manuka honey or hydrogel were evaluated in 108 patients (Gethin and Cowman, 2008), and after 4 weeks, Manuka honey was able to eradicate MRSA in 70% of

Chronic wounds are usually polymicrobial in nature and therefore, this work focused on evaluating the interaction of honey and phages, alone and both combined, with dual-species biofilms of *P. aeruginosa* and *E. coli*.

One essential step before carrying the combined antimicrobial therapy was to assess the viability of phages in honey. Although our phage collection comprises some fully characterized P. aeruginosa phages (Pires et al., 2011, 2014, 2015, 2017), all showed to be highly sensitive to this chestnut honey. Therefore, isolation of phages from the Sextaphage and also from Intestiphage preparations (both from Microgen, Russia) using PAO1 as host strain allowed the isolation of phages presenting an increased insensitivity to the chestnut honey used. Different phages were isolated, however PAO1-D showed the best features (Table S1, Figure S1) and was therefore chosen for the antimicrobial experiments. The E. coli phage on the other hand was chosen taking advantage of its known morphologic and genomic characteristics, and also due to its known survival on two polyflora honeys (Oliveira et al., 2017) during the first 6 h. In this work, chestnut honey partially or completely destroyed both phages after 24 h of exposure resulting in phage concentrations below the limit of detection. The main characteristics of honey that seem to cause loss in phage viability are its low pH (between 3.2 and 4.5), high sugar content (about 80%) that can cause an osmotic shock, possible presence of proteases, and the slow release of hydrogen peroxide when dissolved in water (about 1

mmol.L<sup>-1</sup>) (Rossano et al., 2012; Agún et al., 2018). Nevertheless, this late destruction of phage particles, only at 24 h, grants them capacity to complete several infection cycles before destruction since both phages have relatively short latent and burst periods (**Figure 2**).

The antimicrobial actions of each of these agents have distinct mechanisms in biofilms. While phages specifically destroy bacteria through host-receptor recognition and infection, honey reaches the same destruction by oxidative stress, osmotic pressure, acidity, hydrogen peroxide release, presence of methylglyoxal (MGO) among other mechanisms. We recently observed an enhanced antibacterial effect of phage and other two Portuguese honeys in monospecies biofilms of *E. coli* formed *in vitro*, and these results led us to pursue research with other honey types, and other bacteria, this time using a more complex and already validated model—the porcine skin explant model (da Costa et al., 2015). The results obtained where nonetheless compared with those obtained using the easiest and most commonly used high-throughput biofilm model—the polystyrene microplate biofilm model.

Analyzing the effect of the phages alone, the two lytic phages tested, EC3a and PAO1-D, decreased *E. coli* and *P. aeruginosa* cells from biofilms formed in polystyrene and porcine skin, respectively. The phages action against biofilms formed in porcine skin explants increased with time when compared with *in vitro*-formed biofilms (compare **Figures 5**, 7). Furthermore, between 6 and 24 h no bacterial regrowth on porcine skins experiments challenged with phage was observed, suggesting a reduced emergence of phage-resistant phenotypes. This phenomenon might be due to the lower cell reductions achieved by EC3a in the later model (1.9-Log) compared to the reductions observed in the polystyrene experiments (2.7-Log) which minimizes the adaptation of *E. coli* to evade EC3a infection.

The honey used in the experiments is a monofloral honey (92% Castanea sativa). Regarding the feasibility of safeguarding the inter-lot reproducibility of a honey-based product, the use of honey with a single floral source, as happens with manuka honey (at least 70% of its pollen content should come from *Leptospermum scoparium*) seems to be more convenient. Besides, the chestnut honey has already been reported to have high antimicrobial effect against E. coli (Coniglio et al., 2013) and, together with Manuka honey, against P. aeruginosa including PAO1 (Hao et al., 2012; Voncina et al., 2015; Bolognese et al., 2016). The tissue of chestnut plants contains compounds such as tannins and antioxidants (Hao et al., 2012), which have inhibitory effects on microorganisms, and 3-aminoacetophenone is the main volatile compound occurring specially in this floral source, known as having antibacterial properties (Bonaga and Giumanini, 1986). Contrarily to phages, the antimicrobial effect of chestnut honey was evident in vitro, when the polystyreneformed monospecies biofilms were treated with a 50% (w/v) honey preparation resulting in a maximum of 5.6-Log and 2.8-Log reductions from E. coli and P. aeruginosa biofilms, respectively. This is in accordance with the obtained MIC results showing that a lower concentration of C1 honey is needed in order to eradicate E. coli in the suspension form, compared

with P. aeruginosa. However, in an ex vivo context, honey was less effective toward P. aeruginosa. The lower sensitivity of P. aeruginosa to honey might be due to the lower permeability of its cell wall to antimicrobial compounds and its ability to grow in an environment with higher MGO levels. A study led by Kilty in 2011 tested the effect of different MGO concentrations on different strains of P. aeruginosa biofilms, within a range of 1800-7300 mg.kg<sup>-1</sup>. According to these tests, MGO concentrations from 3600 to 7300 mg.kg<sup>-1</sup> were required to reduce the biofilm biomass of different P. aeruginosa strains (Kilty et al., 2011). A study led by Lu in 2013 supports this hypothesis, where P. aeruginosa was shown to have a higher tolerance to MGO than Bacillus subtilis, E. coli, and S. aureus (Lu et al., 2013). On the other hand, the active compounds of C1 seemed to be able to diffuse through the EPS matrix of established E. coli biofilms reaching and causing damage to the bacterial cells as reported previously (Oliveira et al., 2017). For instance, Lee et al. (2011) demonstrated that even at low concentrations, honey was able to reduce the colonization and subsequent biofilm formation, and virulence of a pathogenic E. coli strain assessed by crystal violet staining of the total biofilm biomass, and analysis of expression of quorum sensing and virulence genes. Furthermore, these authors observed that curli fibers, a common factor controlling biofilm formation in E. coli 0157:H7, were repressed by acacia honey.

Although honey was not nearly as effective against biofilms formed in porcine skin explants compared to those formed on polystyrene, it can be highlighted that honey provides other properties that may be interesting for wound treatment purposes, such as its role in tissue regeneration (Majtan, 2014; Oryan et al., 2016; Mohamed, 2017).

In this work, we aimed to determine whether the combined treatments with phage and honey exerted an enhanced antibacterial outcome and synergy testing was not the main interest of this study. There is an extensive literature regarding terminology of combined treatment outcomes and how these are described (Greco et al., 1992; Piggott et al., 2015). We use the term "synergy" when the combined phage-honey treatment kills a greater fraction than the effect of the two agents independently and for the interpretation of the results we adopted the approach described by Chaudhry et al. (2017).

The combined treatment using phage and honey against dual-species biofilms formed on polystyrene (**Figure 6**) caused a slightly improved killing activity compared to the addition of phage or honey alone however, never resulting in a synergistic effect (Table S3). Comparing the efficacy of both phages against mono and dual-species biofilms, while in monospecies biofilms the ability of phages to infect decreased over time, possibly due to the emergence of phage resistant phenotypes, the same was not observed in the presence of another bacterial species where phages continued to be able to reduce cells over the 24 h-period assessed (compare **Figures 5, 6**).

Monospecies biofilms of *E. coli* and *P. aeruginosa* formed on porcine skins were also targeted using combined therapy. *E. coli* cell numbers started being reduced upon application of EC3a or both honey concentrations and resulted, overall, in slightly more cells killed using the combined therapy approach. On the other hand, *P. aeruginosa* biofilms increased in numbers

after 6 h of application of both phage and honey at 25% but surprisingly the combined treatment exerted antibacterial effect. As already described above for the treatment of biofilms formed on polystyrene, honey alone presented lower efficacy against *P. aeruginosa* biofilms formed on porcine skins than *E. coli*.

In dual-species biofilms of *E. coli and P. aeruginosa* only *P. aeruginosa* had a real benefit in dual-species biofilms, clearly outnumbering *E. coli*. This has already been described before and by Cerqueira et al. (2013) whom also analyzed the biofilm structure by confocal laser scanning microscopy and found that these species colonize surfaces forming co-aggregated biofilm organization (Cerqueira et al., 2013). Dual-species biofilms formed on porcine skin explants were not as easily reduced by phage and honey as monospecies biofilms.

However, their removal using the combinatorial phage-honey approach was beneficial at 24 h with C1<sub>25%</sub> and phage PAO1-D and at 12 h with C150% also with phage PAO1-D resulting in a synergy outcome. P. aeruginosa control on porcine skin explants was more efficient when this bacterium was in the presence of E. coli. Moreover, synergistic effects on dual-species biofilm control were observed for both honey concentrations combined with phage although at different time points. These results suggest that in this context honey and phage are enhancing each other's antimicrobial properties. Even though we use the "synergy" terminology, we are aware that this does not give evolutionary dynamics during treatment since these results are limited to the time points assessed (6, 12, 24 h). The validation of the synergy outcome should also be further confirmed employing approved standard methodology for synergy testing (Breitinger, 2012).

Possibly, this is due to honeys penetration through the biofilm EPS as demonstrated with S. aureus biofilms (Lu et al., 2014) that will then allow that the phages used can more easily access the target host cells. Taking into account the direct link between bacterial load and subsequent wound healing described above (bacterial levels < 10<sup>5</sup> CFU.g<sup>-1</sup> of tissue), in our work we observed a cell load below the 10<sup>5</sup> CFU.cm<sup>-2</sup> for E. coli 434 and P. aeruginosa PAO1 under certain treatment conditions such as using phage and honey at 50% (w/v) after different time points (see Figure 8). Based on this threshold and based on previous works reporting healing in ulcers only when the bacterial load was below 106 CFU/ml (Bendy et al., 1964) and successful skin grafting in patients with wound contamination under 5 × 10<sup>4</sup> CFU/cm<sup>2</sup> (Majewski et al., 1995), it might be inferred that this combined treatment presents potential to effectively reduce viable bacterial levels. Moreover, the recognized antiinflammatory activity of honey that stimulate immune responses by increasing the release of citokines supports this assumption (Visavadia et al., 2008).

In general, clear differences between the results obtained *in vitro* and *ex vivo* were observed. These include variations of viable cell reductions that can be mainly explained by the possible different biofilm architectures due to differences in the surfaces where the biofilms were formed, namely in roughness, and hydrophobicity, by the conditions adopted in each case that varied in terms of humidity and nutrient supply when biofilms were formed on polystyrene and porcine skin. Rougher materials

tend, indeed, to promote bacterial adhesion due to microbial adherence to irregularities (Alnnasouri et al., 2011). In this work, E. coli showed 10-fold better ability to colonize the porcine skins than the polystyrene surfaces. Hydrophobicity can have an influence higher than roughness in surface colonization. In general, hydrophilic materials are favorable for cell attachment when bacteria have larger surface energy than the liquid in which they are suspended. However, the contrary is more common to happen, as bacterial surface energy is normally inferior to the surface energy of the liquids. This mismatch leads to cell adhesion preferentially to hydrophobic materials (Tuson and Weibel, 2013). According to Elkhyat et al. (2004) human skin contact angle is hydrophobic (91°) and therefore it is expected that porcine skins will also be hydrophobic. Polystyrene, on the other hand, is generally more hydrophilic than skin having a contact angle between 73° and 90° (Baier and Meyer, 1996; Cho et al., 2005; Kondyurin et al., 2006). The 10-fold higher colonization of porcine skin by E. coli suggests that the difference in surface roughness and hydrophobicity might be sufficient to interfere with the mechanisms of gene expression (including motility and attachment gene expression) (Tuson and Weibel, 2013), secretion of EPS, among other factors. These, particularly the secretion of EPS can have a great influence in the action of phages and honey, and even in the antimicrobial action of the individual components that are present in honeys.

Overall, this work provides novel insights into alternative strategies to control biofilm-related infections caused by *E. coli* and *P. aeruginosa* using phage-honey formulations. This work indicates that EC3a and PAO1-D may effectively be combined with chestnut honey to treat wound beds with *P. aeruginosa* and *E. coli* microbial biofilms. This formulation can potentially be used for topical applications due to the known advantages of phages in the control of antibiotic-resistant

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Baillie, G. S., and Douglas, L. J. (1998). Effect of growth rate on resistance of candida albicans biofilms to antifungal agents. Antimicrob. Agents Chemother. 42, 1900–1905. bacteria and of honeys ability to accelerate wound healing. Further improvements are required to obtain greater microbial reductions, which may include testing other phages and honey types as well as producing encapsulated particles where for instance phages are entrapped in the core and honey in the shell layer in order to preserve phage viability.

### **AUTHOR CONTRIBUTIONS**

AO and SS conceived the study. AS, JS, and LM performed the experiments. AO and SS wrote the paper. All authors critically analyzed and revised the manuscript.

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### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb. 2018.01725/full#supplementary-material

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# Does Treatment Order Matter? Investigating the Ability of Bacteriophage to Augment Antibiotic Activity against Staphylococcus aureus Biofilms

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<sup>1</sup> Center for Innovative Cancer Therapeutics, Ottawa Hospital Research Institute, Ottawa, ON, Canada, <sup>2</sup> Centre for Innovation, Canadian Blood Services, Ottawa, ON, Canada, <sup>3</sup> Division of Orthopedic Surgery, The Ottawa Hospital, Ottawa, ON, Canada

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Kumaran D, Taha M, Yi Q, Ramirez-Arcos S, Diallo J-S, Carli A and Abdelbary H (2018) Does Treatment Order Matter? Investigating the Ability of Bacteriophage to Augment Antibiotic Activity against Staphylococcus aureus Biofilms. Front. Microbiol. 9:127. doi: 10.3389/fmicb.2018.00127 The inability to effectively treat biofilm-related infections is a major clinical challenge. This has been attributed to the heightened antibiotic tolerance conferred to bacterial cells embedded within biofilms. Lytic bacteriophages (phages) have evolved to effectively infect and eradicate biofilm-associated cells. The current study was designed to investigate the ability of phage treatment to enhance the activity of antibiotics against biofilm-forming Staphylococcus aureus. The biofilm positive S. aureus strain ATCC 35556, the lytic S. aureus phage SATA-8505, and five antibiotics (cefazolin, vancomycin, dicloxacillin, tetracycline, and linezolid), used to treat S. aureus infections, were tested in this study. The ability of the SATA-8505 phage to augment the effect of these antibiotics against biofilm-associated S. aureus cells was assessed by exposing them to one of the five following treatment strategies: (i) antibiotics alone, (ii) phage alone, (iii) a combination of the two treatments simultaneously, (iv) staggered exposure to the phage followed by antibiotics, and (v) staggered exposure to antibiotics followed by exposure to phage. The effect of each treatment strategy on biofilm cells was assessed by enumerating viable bacterial cells. The results demonstrate that the treatment of biofilms with either SATA-8505, antibiotics, or both simultaneously resulted in minimal reduction of viable biofilm-associated cells. However, a significant reduction [up to 3 log colony forming unit (CFU)/mL] was observed when the phage treatment preceded antibiotics. This effect was most pronounced with vancomycin and cefazolin which exhibited synergistic interactions with SATA-8505, particularly at lower antibiotic concentrations. This in vitro study provides proof of principle for the ability of phages to augment the activity of antibiotics against S. aureus biofilms. Our results also demonstrate that therapeutic outcomes can be influenced by the sequence in which these therapeutic agents are administered, and the nature of their interactions. Further investigation into the interactions between lytic phages and antibiotics against various biofilm-forming organisms is important to direct future clinical translation of efficacious antibiotic-phage combination therapeutic strategies.

Keywords: bacteriophage, Staphylococcus aureus, biofilm, antibiotics, synergy

## INTRODUCTION

The majority of human bacterial infections are thought to involve biofilm-associated bacterial pathogens (Römling and Balsalobre, 2012). Broadly defined, biofilms are communities of microbial cells adhered to biotic or abiotic surfaces encased in a selfproduced matrix (Costerton et al., 1999). The ability to form biofilms has been shown to provide associated bacterial cells with heightened tolerance to antibiotics when compared to their planktonic counterparts. Biofilms account for the observed recalcitrance of biofilm-associated chronic bacterial infections (Mah and O'Toole, 2001). The heightened resistance displayed by biofilms is thought to be multifaceted, with the matrix serving as the first line of defense. The physical and biochemical properties of the matrix have been reported to impede the diffusion of antimicrobial agents into the biofilm which leads to suboptimal concentrations of these agents within the biofilm thereby reducing their efficacy (Gordon et al., 1988). Additionally, mature biofilms display physiochemical stratification caused by the varying availability of nutrients and waste products within the biofilm. As a result, cells found in the deeper layers of biofilms are generally less metabolically active than those found in the periphery, and are consequently less susceptible to antimicrobials that rely on active replication for their activity (Fauvart et al., 2011). The differential expression of genes within biofilms has also been shown to contribute to heightened antibacterial tolerance. This was observed in Escherichia coli and Pseudomonas aeruginosa biofilms, where efflux pumps and periplasmic glucans were upregulated, respectively (Mah et al., 2003; Lynch et al., 2007). Finally, the presence of a subset of isogenic cells called persister cells and naturally occurring antibiotic-resistant cells play a key role in the persistence of biofilms following antibiotic treatment. Persister cells become metabolically dormant and exhibit tolerance in the presence of antimicrobials; however, they are able revert to an active metabolic state in its absence (Lebeaux et al., 2014). These factors together with the evermounting threat of antibiotic resistance have made the search for alternative treatments of biofilm-related infections a high priority in several clinical disciplines including orthopedic surgery and cardiac surgery (Archer et al., 2011; Tande and Patel, 2014).

Bacteriophages (phages) are viruses that are highly specific to their bacterial hosts. They were discovered in the early 1900s (Salmond and Fineran, 2015) and were quickly shown to be effective in treating bacterial infections (Schultz, 1929; MacNeal and Frisbee, 1936). However, with the introduction of antibiotics, the appeal of phage therapy rapidly diminished. Due to the emergence of multi-drug-resistant bacterial pathogens in recent years, there has been renewed interest in phage therapy as an alternative antimicrobial strategy (Doss et al., 2017). Phages co-evolve with bacteria in nature; consequently, phages have developed mechanisms to overcome the obstacles posed by the biofilm state. Some of these mechanisms include exploiting water channels within the biofilm to penetrate into the deeper layers of the biofilm (Doolittle et al., 1996), or the expression of depolymerases that can disrupt the extracellular matrix allowing phage to penetrate and spread within the biofilm (Parasion et al., 2014). Biofilms also provide an excellent niche for phage replication since bacteria are found at high densities. Therefore, phages can self-amplify and reach high concentrations at the site of infection with a low initial dose (Burrowes et al., 2011). Phages have also been shown to infect antibiotic-resistant bacterial cells, since the evolved resistance mechanisms against antibiotics do not affect phage infection. As a result, the utilization of phage to treat infections caused by these resistant bacterial cells can help eliminate the selection of these cells and consequently minimizes persistence (Loc-Carrillo and Abedon, 2011). Additionally, Pearl et al. (2008) demonstrated that though phages require metabolically active hosts to replicate, they can infect persister host cells where they remain dormant. However, the phage lytic cycle is activated upon reversion to an active metabolic state, thereby abrogating the risk of reseeding.

A notable example of a human pathogen that is able to cause biofilm-related chronic infections is the commensal opportunistic bacterium Staphylococcus aureus. This bacterium is the leading cause of biofilm-related infections associated with implanted medical devices, such as heart valves, catheters, and prosthetic joints (Archer et al., 2011; Tande and Patel, 2014). In an effort to combat these recalcitrant infections, studies have investigated the potential of using matrix dispersal agents in conjunction with antibiotics (Lauderdale et al., 2010; Reffuveille et al., 2014). However, several shortcomings of this approach include the presentation of suboptimal levels of antibiotics within the biofilm, which lead to either acute infections or inadvertent upregulation of biofilm-forming genes (Lister and Horswill, 2014). Encouragingly, studies have demonstrated that a S. aureus-specific phage can successfully treat S. aureus infections when used in conjunction with antibiotics (Chhibber et al., 2013; Yilmaz et al., 2013). However, the effect of staggering the administration of these therapeutic agents on S. aureus biofilms has not been investigated.

The main aim of the current study is to investigate the ability of phage to enhance antibiotic activity against biofilm-forming *S. aureus*. Furthermore, the study aimed to elucidate whether the order in which treatment was administered had an impact on biofilm eradication outcomes.

## **MATERIALS AND METHODS**

## **Bacterial Strain and Phage**

The *S. aureus* biofilm-forming strain ATCC 35556 and the lytic phage SATA-8505 were obtained from the American Type Culture Collection (ATCC). This *S. aureus* isolate served as the host strain for phage propagation. All bacterial cultures were incubated at 37°C unless otherwise stated.

## **Antibiotics**

Five antibiotics clinically used to treat *S. aureus* infections were assessed. These antibiotics were divided into two groups based on their mode of action. The first group consisted of vancomycin, dicloxacillin sodium salt, and cefazolin sodium salt which inhibit bacterial cell wall synthesis, while the second group consisted of linezolid and tetracycline hydrochloride which inhibit protein synthesis. All antibiotics tested in this study were

obtained from Sigma–Aldrich (Canada). Stock solutions of the antibiotics were prepared in sterile double distilled water to a final concentration of 10 mg/mL, with the exception of linezolid which was prepared in dimethyl sulfoxide (Sigma–Aldrich) according to manufacturers' recommendations. Working stocks of these antibiotics were prepared in Mueller Hinton II cation-adjusted (MH-CA).

## **Minimal Inhibitory Concentration (MIC)**

Minimal inhibitory concentration values were determined according to the Clinical Laboratory Standards Institute [CLSI] (2015) M107-A10 guidelines. Briefly, overnight liquid cultures of S. aureus were adjusted to  $\mathrm{OD}_{600}=0.1$  in MH-CA media (BD Biosciences, Sparks Glencoe, MD, United States), and was further diluted in a 1:1 ratio in MH-CA. Fifty microliters of the adjusted bacterial culture was added to the wells of a 96-well plate (tissue culture treated; Falcon, Corning Inc., Durham, NC, United states) (approximately  $10^5$  CFU/well). A twofold serial dilution of the antibiotics was prepared from stock solutions in MH-CA to obtain concentrations of  $1024-0.125\,\mu\text{g/mL}$ . The antibiotics were then added to the bacterial cell suspension (50  $\mu\text{L}/$  well) to obtain an antibiotic concentration gradient across the plate. The plates were statically incubated for 24 h at  $37^{\circ}\text{C}$ . Visible growth was monitored and MIC values were assigned.

## **Establishing Biofilms**

Overnight liquid bacterial cultures were adjusted to  $OD_{600}=0.1~(10^7~CFU/mL)$  in tryptic soy broth media supplemented with 0.5% glucose (TSBg). A 500  $\mu L$  aliquot of the bacterial suspension was added to each well of 48-well polystyrene tissue culture plates (Falcon, Corning Inc., Durham, NC, United States) and incubated at 37°C statically for 24 h to allow for the formation of mature biofilms.

## Minimal Biofilm Eradication Concentration (MBEC)

Minimal Biofilm Eradication Concentration values were determined following the method described by Cui et al. (2016) with some modifications. Briefly, following mature biofilm formation (described above), planktonic cells were aspirated and 500  $\mu$ L of increasing concentrations of antibiotics (32–1024  $\mu$ g/mL) prepared in MH-CA was added to the biofilms and allowed to incubate at 37°C, for 24 h statically. The planktonic cells were aspirated, and the residual biofilm cells were mechanically dislodged into phosphate-buffered saline (pH 7.4), and homogenized by vigorous pipetting. The bacterial suspension was serially diluted, plated on tryptic soy broth agar (TSA), and incubated overnight at 37°C. Following incubation MBEC values were assigned. MBEC values were determined using the 48-well format since this format was used to assess antibiotic and phage interactions against biofilms.

## Assessment of Antibiotic and Phage Interactions

This assay was performed to evaluate the nature of the interactions between the tested antibiotics and the SATA-8505

phage against pre-formed biofilms of *S. aureus* ATCC 35556. The concentration of phage used for all the experiments was  $10^6$  plaque forming unit (PFU)/mL [it was determined that a concentration of  $10^5$  PFU/well in a total volume of 500  $\mu L$  was sufficient for successful infection in this assay format (data not shown)]. The antibiotics were tested at six concentrations: 1024, 512, 256, 128, 64, and 32  $\mu g/mL$ . The highest concentration of tetracycline used was 256  $\mu g/mL$ , and this was due to difficulties associated with accurately quantifying viable biofilm cells caused by the bacteriostatic nature of the antibiotic. All treatments were prepared in MH-CA. Biofilms treated with MH-CA alone served as the cell control. The experiments were repeated at least three independent times.

Following the formation of mature biofilms the supernatant was aspirated to remove planktonic cells and the biofilm cells were treated with 500  $\mu L$  of either the "individual" or "combination (simultaneous or staggered)" treatments (**Figure 1**).

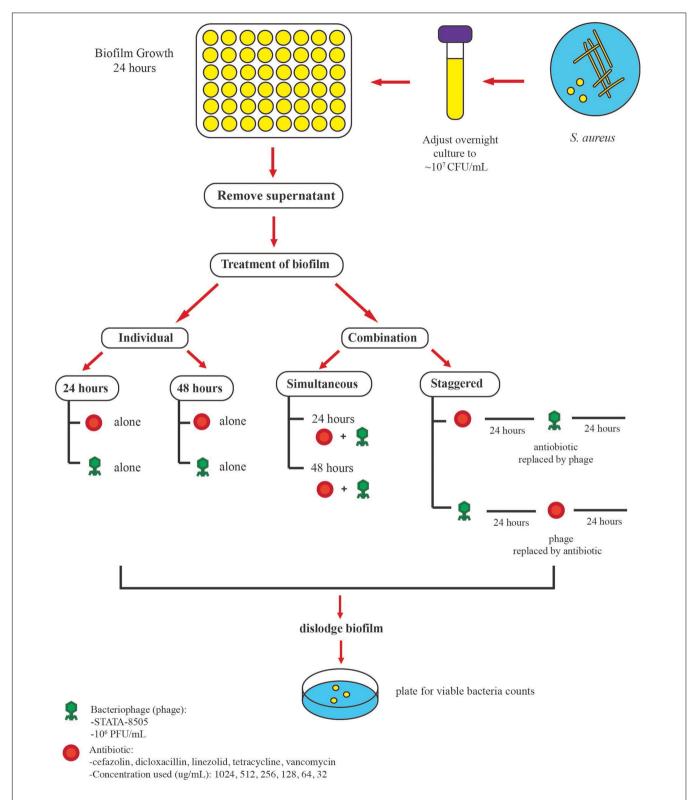
In the individual format, biofilms were treated with either the phage alone ( $\sim 10^5$  PFU/well) or with the concentration gradient (described above) of antibiotics alone and incubated at 37°C for 24 or 48 h statically (**Figure 1**). Following the treatment regimen, the supernatant was removed and the biofilms were mechanically dislodged and homogenized by vigorous pipetting. The residual viable biofilm cells were enumerated by plating 10-fold serial dilutions of the bacterial cell suspensions on TSA.

In the simultaneous combined treatment format, the pre-formed biofilms were treated with 500  $\mu$ L/well of the concentration gradient of antibiotics described above with the exception that the suspension contained a total phage content of  $\sim 10^5$  PFU/500  $\mu$ L. The plates were then allowed to incubate at 37°C for either 24 or 48 h.

In the staggered format, the pre-formed biofilms were first exposed to one of the treatments (phage alone or antibiotic alone) at the concentrations described above and allowed to incubate at 37°C for 24 h after which the supernatant was removed and the biofilm was then exposed to the second treatment for an additional 24 h at 37°C. The residual viable biofilm cells were enumerated as described previously.

## Statistical Analysis

Bacterial CFU counts were  $\log_{10}$  transformed. Mixed model analysis was performed to determine the nature of the interaction (synergistic, additive, or antagonistic) of the combined treatment of phage and antibiotics against *S. aureus* biofilms. A *p*-value of <0.05 was considered significant. Reduction in viable bacteria counts was calculated as the difference between viable counts of the untreated biofilms (control) and the treated biofilms. An interaction was defined as being synergistic when the combination of the treatments led to greater reduction of bacteria than the sum of the individual effects. An interaction was defined as being additive in nature if the combination of the treatments resulted in bacterial reductions equal to the sum of the individual effects. While an antagonistic interaction was one that resulted in bacterial reductions that were lower than the sum of the



**FIGURE 1** | Protocol used to examine the antimicrobial activities of phage SATA-8505 and five different antibiotics against *S. aureus* ATCC 35556 biofilms. Mature biofilms were obtained after 24 h of incubation, planktonic cells were removed, and the biofilms were exposed to different treatments. The biofilm was exposed to either (a) individual treatment (phage or antibiotic alone) for 24 or 48 h or (b) a combination of phage and antibiotics. Two approaches were employed for the combination treatment, the first was to expose the biofilm to antibiotics and phage simultaneously (24 or 48 h) and the second was to stagger the exposure to phage and antibiotics over 48 h. Phage was used at a concentration of 10<sup>6</sup> PFU/mL and different antibiotic concentrations were used.

individual effects. This could be described by the following equations:

Coefficient of interaction is equal to  $\log{(AB^R)} - ((\log{(A^R)} + (\log{(B^R)}),$ 

### where

A<sup>R</sup>, reduction in bacteria counts treatment A; B<sup>R</sup>, reduction in bacteria counts treatment B;

AB<sup>R</sup>, reduction in bacterial counts following the combined treatment (AB) (staggered or simultaneous).

If the coefficient is:

$$= 0$$
, additive interaction, (1)

From the mixed model analysis, if the interaction was significant (p-value < 0.05), with a positive coefficient, it was concluded that combining the treatments resulted in a synergistic interaction (Equation 2). However, a significant interaction with a negative coefficient (Equation 3) was an indicator of an antagonistic effect. If the interaction was not significant (p-value > 0.05), then the combined treatment was considered to act in an additive (independent) manner against the biofilm (Equation 1).

To evaluate the possible effect of antibiotic concentrations on the efficiency of the treatment, the antibiotic concentrations were  $\log_2$  transformed and linear regression analysis was performed. Data analyses were performed with computer software [Statistical Analysis System (SAS) 2002–2010, SAS Institute, Inc., Cary, NC, United States].

**TABLE 1** MIC and MBEC values ( $\mu$ g/mL) of different antibiotics against *S. aureus* ATCC 35556

Vancomycin		Cefazolin		Tetracycline		Linezolid		Dicloxacillin	
МІС	MBEC	МІС	MBEC	МІС	MBEC	МІС	MBEC	МІС	MBEC
4	>1024	0.5	>1024	0.5	>1024	4	>1024	0.125	>1024

**TABLE 2** Interactions between SATA-8505 and different antibiotics exhibited when *S. aureus* biofilms were exposed to the simultaneous treatment of these two agents over 24 h.

Concentratio (μg/mL)	n Antibiotic						
	Vancomycin	Dicloxacillin	Cefazolin	Tetracycline	Linezolio		
		Int	eraction				
32	А	G	G	Α	Α		
64	А	G	G	Α	Α		
128	G	G	G	Α	Α		
258	G	G	G	Α	Α		
512	G	G	G	n/a	Α		
1024	А	G	G	n/a	Α		

A, additive interaction; G, antagonistic interaction; n/a, not applicable.

## **RESULTS**

## Anti-biofilm Activity of the Simultaneous Treatment of Antibiotics and Phage

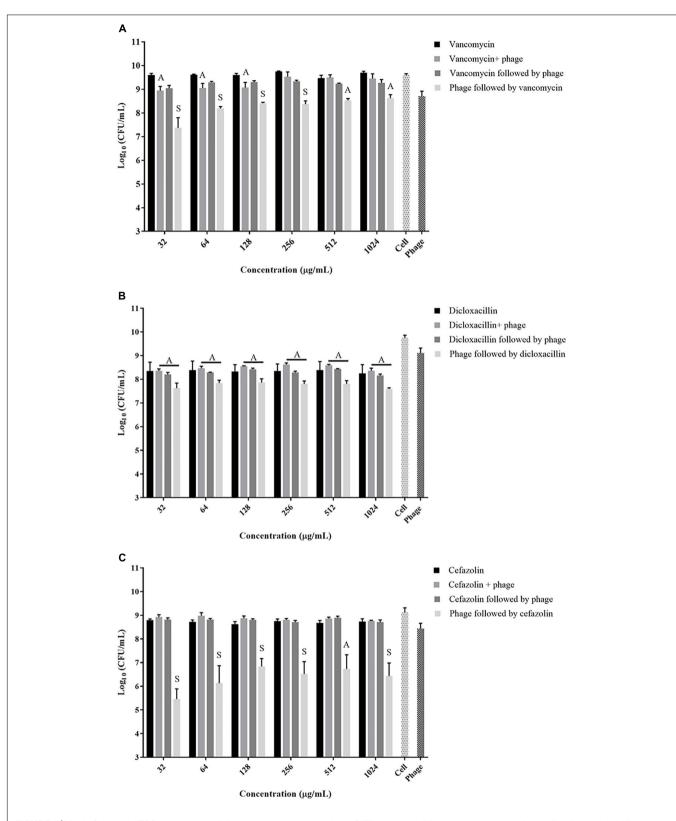
Pre-formed biofilms were simultaneously treated with antibiotics and SATA 8505 over 24 and 48 h. The MIC and MBEC values of the five tested antibiotics were determined (**Table 1**), and it was found that the MBEC of all the antibiotics were  $> 1024 \,\mu \text{g/mL}$ .

The antibiotic concentrations used in the successive experiments which evaluated antibiotic and phage interactions were the same range utilized for MBEC determination. Following the 24 h incubation period, the combination treatment of SATA-8505 with linezolid or tetracycline demonstrated an additive effect at all concentration of antibiotics tested (p > 0.05, **Table 2**). Vancomycin showed a similar pattern at lower concentrations (p > 0.05), however at concentrations higher than 64 µg/mL, the interaction with the phage was mostly antagonistic in nature (p < 0.05, **Table 2**). An antagonistic interaction was observed at all concentrations of cefazolin and dicloxacillin tested as well (p < 0.05, **Table 2**).

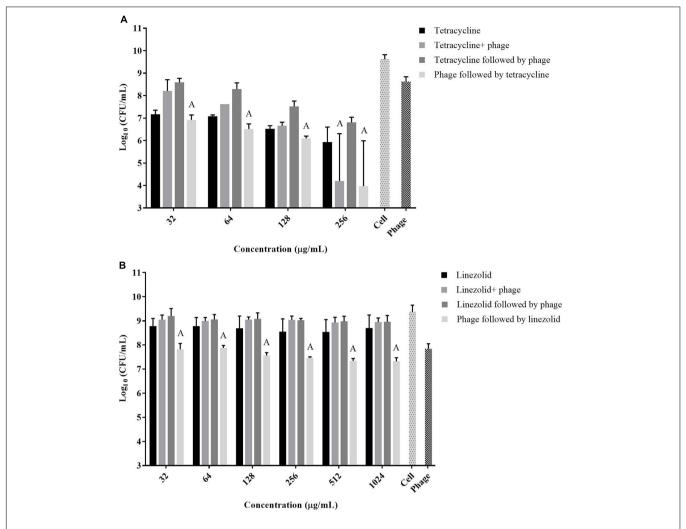
The exposure of biofilms to cefazolin, linezolid, or tetracycline in combination with the phage over 48 h resulted mostly in an antagonistic effect (**Figures 2C**, **3A,B**) (p < 0.05) with no major reductions of bacterial viable counts being observed. In the case of vancomycin, an additive interaction was observed when the antibiotic was used in conjunction with the phage up to a concentration of 128  $\mu$ g/mL (p > 0.05). At concentrations of 256  $\mu$ g/mL and higher, an antagonistic interaction was observed (**Figure 2A**) (p < 0.05). Of the antibiotics tested, dicloxacillin alone exhibited additive interactions at all concentrations tested (**Figure 2B**) (p > 0.05). Therefore, results indicate that simultaneous phage and antibiotic treatments for either 24 or 48 h have limited antibacterial activity against *S. aureus* biofilms.

## Staggered Treatment of the Phage and the Antibiotic

A strategy to stagger the phage and antibiotic treatments against biofilms was employed to assess the effect that the order of treatment may have on biofilm viability. Exposing pre-formed biofilms to antibiotics (vancomycin, cefazolin, tetracycline, or linezolid) prior to phage treatment resulted in antagonistic interactions between the two agents at all concentrations tested (Figures 2A,C, 3A,B) (p < 0.05). On the other hand, when the phage treatment preceded exposure to either vancomycin or cefazolin, significant anti-biofilm activities were observed corresponding to a synergistic interaction between the antibiotics and the phage (Figures 2A,C) (p < 0.05). The exposure of biofilms to phage prior to either linezolid or tetracycline gave rise to levels of biofilm reduction indicative of an additive interaction (**Figures 3A,B**) (p > 0.05). The data suggest that biofilm exposure to phage prior to antibiotics is more effective at eliminating biofilm-associated cells. Interestingly, dicloxacillin and the phage interacted in an additive manner regardless of whether they were exposed to the biofilm simultaneously or in a staggered fashion (**Figure 2B**) (p > 0.05).



**FIGURE 2** | Viable *S. aureus* ATCC 35556 counts following 48 h exposure to phage SATA-8505 and different concentrations of the cell wall synthesis inhibitor antibiotics; **(A)** vancomycin, **(B)** dicloxacillin, or **(C)** cefazolin. The treatment strategies employed were: antibiotic alone, phage alone, phage and antibiotic simultaneously, phage first followed by antibiotic, or antibiotic first followed by phage. Synergistic (S) and additive (A) interactions have been indicated. Bacterial cells treated with Mueller Hinton cation-adjusted (MH-CA) alone served as a control (cell).  $N = 3-4 \pm SD$ .



**FIGURE 3** | Viable *S. aureus* ATCC 35556 counts 48 h following exposure to phage SATA-8505 and different concentrations of antibiotics that inhibit translation; **(A)** tetracycline and **(B)** linezolid. The treatment scenarios: antibiotic alone, phage alone, phage and antibiotic simultaneously, phage first then followed by antibiotic, or antibiotic first followed by phage. Synergistic (S) and additive (A) interactions have been indicated. Bacterial cells treated with MH-CA alone served as a control (cell).  $N = 3 \pm SD$ .

## Antibiotic Concentration and Staggered Treatment Efficiency

Since our data indicated that better biofilm reduction outcomes can be achieved when phage is administered prior to antibiotics, we investigated the effect of the antibiotic concentrations on enhancing the staggered treatment efficiency. Linear regression analysis of the data demonstrated that there was linear relationship between the concentration of most antibiotics and biofilm reduction (**Figure 4**). The biofilm reduction observed was directly proportional to the concentration of linezolid and tetracycline used (p=0.0019). However, the biofilm reduction observed for vancomycin was enhanced when lower concentrations were used (p=0.0014). In the case of cefazolin, an inversely proportional relationship between antibiotic concentration and anti-biofilm effect was observed up to a concentration of 128  $\mu$ g/mL. No linear correlation was observed between the concentration of dicloxacillin and

tetracycline employed and biofilm elimination (p=0.6791 and p=0.0654, respectively).

## **DISCUSSION**

The emergence of multi-drug-resistant bacteria has been on the rise over the past decade; a problem that has been compounded by a significant decline in the discovery of novel antibiotics. Consequently, there has been a resurgent interest in harnessing the antimicrobial properties of phages as a therapeutic platform.

Staphylococcus aureus biofilms are the leading cause of clinical infections such as osteomyelitis and infections associated with artificial implants (Archer et al., 2011; Tande and Patel, 2014). The successful treatment of biofilm-related infections using current antibiotic therapy continues to be a major challenge. Therefore, alternative therapeutic platforms that utilize phage to overcome the biofilm state offer a promising alternative to traditional

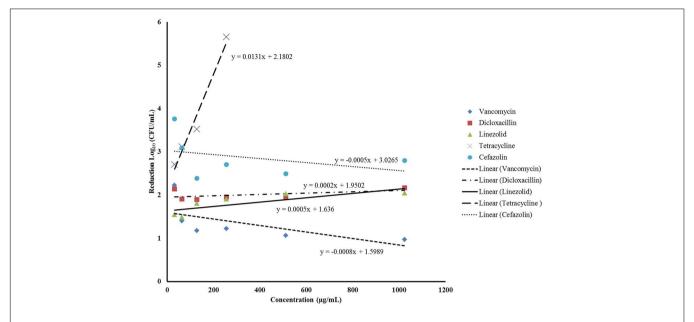


FIGURE 4 | Linear regression analysis assessing the correlation between the different concentrations of the antibiotics and the average biofilm reduction observed during the staggered treatment where the phage preceded antibiotics.

antibiotic treatments (Cornelissen et al., 2011; Gutiérrez et al., 2012).

Different groups have investigated the effectiveness of combining antibiotics with phage to eradicate bacterial populations existing in both planktonic and biofilm states. Zhang and Buckling (2012) demonstrated that when planktonic cultures of Pseudomonas fluorescens had been exposed to a combination of lytic phage and antibiotics, it resulted in a higher reduction in viable cells when compared with cultures treated with antibiotics alone. The simultaneous addition of phage to antibiotic regimens has also been reported to have a fascinating outcome of enhancing the sensitivity of multi-drugresistant bacteria to antibiotics (Chan et al., 2016). Studies have also assessed how planktonic cultures are affected when these agents are added sequentially. Of note, groups led by Escobar-Paramo and Torres-Barcelo reported that the order in which the treatment was administered impacted bacterial reduction outcomes and antibiotic resistance profiles in the planktonic populations of Pseudomonas spp. studied (Escobar-Páramo et al., 2012; Torres-Barceló et al., 2014). Torres-Barceló et al. (2014) also claimed that the order in which the treatment was administered affected resistance profiles to a greater extent than the antibiotic dose employed.

According to the National Institute of Health, up to 80% of chronic infections are biofilm related (National Institute of Health [NIH], 2007). Consequently, strategies aimed at eradicating biofilms are of clinical significance. A majority of the studies that have investigated the effects of antibiotic and phage treatment on biofilm eradication have administered the two antibacterial agents simultaneously (Bedi et al., 2009; Verma et al., 2009, 2010). These studies have demonstrated that the efficacy of such treatments vary, and is dependent on

the antibiotic, bacteria, and the phage employed. However, the value of utilizing phage to augment antibiotic effects cannot be underestimated. Bedi et al. (2009) demonstrated that a significant reduction in biofilm mass could be achieved in vitro following combined therapy as a result of phage-mediated biofilm disruption. Additionally, successful in vivo studies and clinical data in human subjects highlight the promise of using phage in conjunction with antibiotics to treat recalcitrant infections such as Staphylococcus sepsis, lung infection, and osteomyelitis (Chhibber et al., 2013; Yilmaz et al., 2013; Kaur et al., 2016). A key study by Chaudhry et al. (2017) investigated different strategies of administrating phage and antibiotics to treat P. aeruginosa biofilms. They were able to demonstrate that the order in which the two treatments were administered greatly affected biofilm eradication outcomes (Chaudhry et al., 2017). This, to our knowledge, is the only study that has investigated the effect that an order of treatment has on biofilm eradication.

In the current study, we assessed whether phage can augment the activity of five antibiotics against *S. aureus* biofilms *in vitro*. In addition, the effectiveness of sequential or simultaneous administration of the treatments was compared. Our data demonstrated that the order in which *S. aureus* biofilms were exposed to the treatments was a key determinant of biofilm reduction outcomes. An analysis of the interplay between the antibiotics and the phage during simultaneous treatment demonstrated that of the five antibiotics tested, only dicloxacillin displayed additive interactions with the phage, while the other four antibiotics displayed predominantly antagonistic interactions at the different concentrations tested. This suggested that the interaction between phage and antibiotics was dependent on the antibiotic being studied. This observation is in line

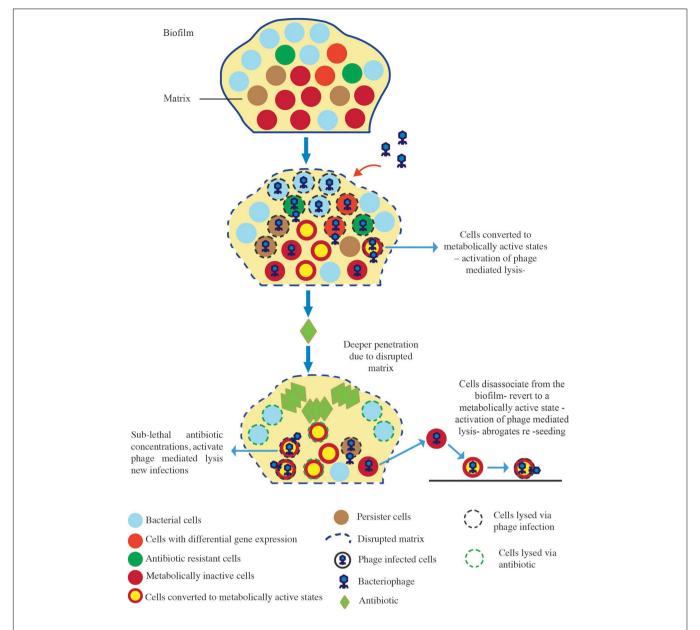


FIGURE 5 | Proposed model of biofilm reduction by the "phage first" staggered treatment. Exposure of the biofilm to phage first results in the disruption of the matrix, and the phage mediated lysis of biofilm-associated cells including antibiotic-resistant cells, differentially regulated cells, metabolically inactive cells, and persister cells. The addition of antibiotics to such a system leads to enhanced antibacterial effects due to higher local concentrations resulting from deeper penetration of these agents. Sub-lethal concentrations experienced by phage-infected cells in deeper layers of the biofilm elicit the activation of phage-mediated lysis resulting in further bacterial reductions.

with other *in vitro* studies that showed varying degrees of biofilm reduction when biofilms were treated simultaneously with antibiotics and phage (Verma et al., 2009, 2010; Chaudhry et al., 2017). Our findings gave credence to investigating other strategies that could be used to bolster the effects of phage and antibiotics. Consequently, we demonstrated that establishing a phage infection in the biofilm prior to antibiotic exposure led to the highest *S. aureus* biofilm reductions. Our results also highlighted that biofilm reduction after phage treatment was dependent on the type and concentration of antibiotics utilized.

Furthermore, we were able to demonstrate that this strategy paved the way for synergistic interactions to occur between the phage and two antibiotics (vancomycin and cefazolin), leading to the highest biofilm reductions observed. Our results were comparable to those reported by Chaudhry et al. (2017) who observed enhanced eradication of *P. aeruginosa* biofilms that were pre-exposed to phage prior to gentamycin or tobramycin. Their group was also able to recover high phage titers when biofilms were treated with phage prior to antibiotic exposure, which translated to enhanced anti-biofilm activity. However,

much lower phage titers were obtained when other treatment strategies were employed, and were accompanied with lower antibiofilm efficiencies. The treatment of biofilms with phage prior to antibiotics allows phages to rapidly replicate in the bacterially dense environment of the biofilm leading to high phage densities and the disruption of the biofilm matrix (Chaudhry et al., 2017). The addition of antibiotics to such a system leads to more robust bacterial reduction owing to the deeper penetration of these agents. However, when biofilms are exposed to antibiotics first followed by phage, the bacterial populations available for phage infection are reduced which can negatively affect infection kinetics and ultimately affect eradication outcomes (Payne and Jansen, 2000; Escobar-Páramo et al., 2012). Taken together, these factors can account for the heightened anti-biofilm activity observed in our study when a sequential (phage first) treatment approach was employed (Figure 5). Further investigation is needed to determine the precise mechanisms involved in the observed biofilm reduction.

The mode of action of the antibiotics being used in conjunction with phage may have contributed to the outcomes observed in our study. Cefazolin and vancomycin are both cell wall synthesis inhibitors, and when they were administered to biofilms following phage treatment it resulted in markedly higher biofilm eradication outcomes, especially at the lower concentrations tested. This can be explained by the fact that sub-lethal concentrations of antibiotics that affect cell wall integrity have been reported to activate the bacterial stress response resulting in an up-regulation of phage replication and cell lysis (Comeau et al., 2007; Chaudhry et al., 2017). The reduction in anti-biofilm activity observed at higher concentrations can be caused by diminished bacterial densities which curtail new phage infections, thereby diminishing the overall anti-biofilm effect. Interestingly, although dicloxacillin also affects cell wall integrity, a robust antibiofilm reduction was not achieved when used in conjunction with phage. This observation suggested that other factors may play a role in biofilm elimination in combination

In this study, we have demonstrated that the antibiotic-mediated eradication of *S. aureus* biofilms can be augmented

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if a bacteriophage infection is established prior to antibiotic treatment. These results are the first to document the impact that an order of treatment has on S. aureus biofilm eradication. Our study shed light on the importance of investigating the effect treatment order can have in optimizing phage-antibiotic treatment efficacy against biofilms. Furthermore, results from the current study suggested that the success of such a treatment regimen depends on numerous factors including: the nature of the interaction between the phage and antibiotic, the type of antibiotic, and the concentration of antibiotic employed. Our findings provide a basis for parameters to be considered while assessing phage antibiotic pairings for the treatment of biofilmrelated infections. Our work, as well as other in vitro studies, highlights the potential clinical benefit of combination therapies using libraries of lytic phages and antibiotics to treat biofilmrelated infections.

## **AUTHOR CONTRIBUTIONS**

DK and MT designed and conducted the experiments, analyzed the data, and drafted the manuscript. HA, QY, SR-A, J-SD, and AC contributed to the conception and design of the work and revised the manuscript critically.

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## Therapeutic Application of Phage Capsule Depolymerases against K1, K5, and K30 Capsulated *E. coli* in Mice

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Capsule depolymerase enzymes offer a promising class of new antibiotics. *In vivo* studies are encouraging but it is unclear how well this type of phage product will generalize in therapeutics, or whether different depolymerases against the same capsule function similarly. Here, *in vivo* efficacy was tested using cloned bacteriophage depolymerases against *Escherichia coli* strains with three different capsule types: K1, K5, and K30. When treating infections with the cognate capsule type in a mouse thigh model, the previously studied K1E depolymerase rescued poorly, whereas K1F, K1H, K5, and K30 depolymerases rescued well. K30 gp41 was identified as the catalytically active protein. In contrast to the *in vivo* studies, K1E enzyme actively degraded K1 capsule polysaccharide *in vitro* and sensitized K1 bacteria to serum killing. The only *in vitro* correlate of poor K1E performance *in vivo* was that the purified enzyme did not form the expected trimer. K1E appeared as an 18-mer which might limit its *in vivo* distribution. Overall, depolymerases were easily identified, cloned from phage genomes, and as purified proteins they proved generally effective.

Keywords: bacterial capsule, phage, capsule depolymerase, infection, antibiotic

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## INTRODUCTION

Both intact phages and their proteins are promising therapies for antibiotic resistant bacteria (Lewis, 2013; Drulis-Kawa et al., 2015; Abedon et al., 2017) especially given the current slow pace of new antibiotic discovery (Silver, 2011). Phage therapy's advantages include high host specificity, amplification where bacteria are dense, an abundance and diversity of wild phages, and evolution in response to bacterial resistance (Weber-Dabrowska et al., 2016). Yet there are also drawbacks, such as the need to match phages to the infecting strain and the simple fact that bacteria have many mechanisms of escape.

The use of intact phages to treat infections is an old concept; the first phage therapy in humans was attempted in 1919 (D'Herelle and Smith, 1926; Sulakvelidze et al., 2001) and the first report of clinical phage therapy was published in 1921 (Bruynoghe and Maisin, 1921). More recently, it has been realized that therapy may utilize phage proteins instead of intact phages. These alternative technologies have many advantages of phages – an abundant and diverse collection of phage proteins occur in nature, evolved specifically to act against bacteria, and they potentially overcome

one of the main drawbacks of traditional phage therapy, namely the narrow specificity of phages. Thus, Gram-positive phage endolysins also lyse Gram-positive bacteria from the outside and have far broader host ranges than do individual phages (Fischetti, 2011; Pastagia et al., 2013; Nakonieczna et al., 2015; Pires et al., 2016). Mycobacterial phage endolysins have activity against mycobacteria when added to cells (Payne and Hatfull, 2012; Grover et al., 2014), and combining an endolysin with a cell-permeating peptide (Artilysin®) also shows promise for disrupting the complex cell envelope of Gram-negative bacteria (Briers et al., 2014; Gerstmans et al., 2016; Pires et al., 2016). Phage-encoded polysaccharide depolymerases, which potentially also have a broad host range, can degrade carbohydrate barriers on bacterial cell surfaces such as capsule, lipopolysaccharide and biofilm matrix to compromise bacterial virulence (Latka et al., 2017). Capsule depolymerases are one class of polysaccharide depolymerases that can strip capsules and thereby expose bacteria to immune attack, with the further advantage that the bacteria are not lysed and thus do not release endotoxins (Azeredo and Sutherland, 2008).

A bacterial capsule is a thick polysaccharide layer found on many bacteria. Over 80 different types of Escherichia coli capsules have been identified and classified into four groups, based on their varied serological, biochemical and genetic properties (Orskov et al., 1977; Whitfield, 2006). Our work involves K1 and K5 capsules in Group 2, two types highly frequently found in extra-intestinal infection (Orskov et al., 1977), and the K30 capsule in Group 1, a type found in intestinal infection and well-studied for capsule biosynthesis (Whitfield, 2006). Characterization of capsules surrounding other bacteria has revealed both the same and novel structures but nomenclature is often specific for a particular genus (Orskov et al., 1977; Roberts, 1996). Possible functions of capsules include protecting bacteria from desiccation, bacterial adherence to surfaces and to each other, helping bacteria escape complement-mediated killing or phagocytosis, and resisting immune response (Roberts, 1996).

Phages that grow on capsulated strains commonly encode tailspike enzymes that degrade the capsule, providing a ready source of enzymes. Some capsule depolymerases assemble as trimers with the help of a C-terminal domain that functions as a chaperone, which is then autoproteolytically cleaved (Gerardy-Schahn et al., 1995; Muhlenhoff et al., 2003; Schwarzer et al., 2007, 2012; Leiman and Molineux, 2008). One of the depolymerases used in this work, K1E, assembles on the phage virion using an adaptor protein, which in addition likely contributes to accurate trimerization (Tomlinson and Taylor, 1985; Gerardy-Schahn et al., 1995; Stummeyer et al., 2006). However, other tailspike enzymes, e.g., P22 gp9, autonomously fold as a trimer and spontaneously assemble correctly on a mature phage head, although a cellular chaperone may improve efficiency (Brunschier et al., 1993).

This study tests capsule depolymerases as therapeutic agents against capsulated bacteria. The few experimental studies of phage depolymerase treatments in rodents, including those with the K1E depolymerase in a neonatal rat infection model, have met with apparent success (Mushtaq et al., 2004, 2005; Lin

et al., 2014; Pan et al., 2015), but the generality and wide-scale technical feasibility of the approach remains unclear because few types of capsules and depolymerases have been tested. Further, different infection models have been used, and different enzymes degrading the same capsule have not been compared side-by-side. Further evidence of depolymerase efficacy is offered here for five different phage depolymerases against three capsule types in a mouse infection model.

### MATERIALS AND METHODS

## **Strains and Culture Conditions**

The *E. coli* strains RS218 (O18:K1:H7) (Achtman et al., 1983), ATCC 23506 (O10:K5(L):H4), and E69 (O9:K30) (Orskov et al., 1977) were used for mouse infection, capsule isolation and serum sensitivity assays. *E. coli* BL21(DE3) was used for protein expression and purification. Bacteria were grown in LB (10 g tryptone, 5 g yeast extract, 10 g NaCl per liter) broth in 37°C shakers unless otherwise noted. The concentration of viable bacteria was determined by colony counts using LB agar (1.3% w/v) plates.

The E. coli strain EV36 (Vimr and Troy, 1985) was used to propagate the coliphages K1E, K1F, and K1H (Bull et al., 2010). E. coli ATCC 23506 and E69 were used for propagation, respectively, of the coliphages K1-5 (Scholl et al., 2001, 2004) and K30 (Whitfield and Lam, 1986). Phages were grown and purified as previously described (Scholl et al., 2001; Leiman et al., 2007). Briefly, the coliphages were added to bacterial cultures at an  $OD_{600} = 0.25-0.4$  at a multiplicity of infection of 4, followed by incubation at 37°C with aeration until the culture cleared. Phages were precipitated with 0.5 M NaCl and 10% PEG 8000, and then purified by equilibrium CsCl gradient centrifugation in SM buffer (50 mM Tris-HCl, 100 mM NaCl, 8 mM MgSO<sub>4</sub>, pH 7.5) supplemented with CsCl to a density of 1.5 g/ml. After dialysis into SM buffer using 12-14 kDa MWCO dialysis membranes (Spectrum), phage titers were determined by plaque counts using a LB soft agar (0.65%) overlay.

## Cloning of Phage Capsule Depolymerase Genes

Phage genomic DNA was extracted as described for phage  $\lambda$  (Sambrook et al., 1989), and then was used as template to amplify the depolymerase genes K1E, K1F, K1H, K5 or those for the putative enzymes K30 gp41 and K30 gp42. Gene information and the PCR primers are listed in Supplementary Table S1. PCR products were then assembled into NdeI- and EcoRI-digested pET28b (EMD Biosciences Inc.) using the Gibson Assembly Master Mix (NEB Inc.).

## **Protein Expression and Purification**

After overexpression of their genes, capsule depolymerases were purified essentially as previously described (Leggate et al., 2002). Briefly, the pET28b derivatives were transformed into  $E.\ coli\ BL21(DE3)$ . Expression of the recombinant Histagged depolymerase genes was induced at  $A_{600}=0.6$  with

0.5 mM isopropyl-β-D-thiogalactopyranoside (IPTG) followed by overnight growth at 20°C. Cells were lysed by sonication in lysis buffer (50 mM Na $_2$ HPO $_4$ , 300 mM NaCl, 10 mM imidazole, pH 7.5) and the depolymerases were purified using HisPur Ni-NTA resin (Thermo Fisher Scientific Inc.) according to the user guide. After dialysis into phosphate-buffered saline (PBS) buffer (137 mM NaCl, 2.7 mM KCl, 10 mM Na $_2$ HPO $_4$ , 1.8 mM KH $_2$ PO $_4$ , pH 7.5) using 3.5 kDa MWCO dialysis membranes (Spectrum), the depolymerases were used directly in all experiments. Protein concentrations were estimated by  $A_{280}$ , using a Nanodrop ND-1000.

Purified proteins were analyzed by SDS-PAGE and size exclusion chromatography. SDS-PAGE was performed using a 10% resolving gel with a 4% stacking gel. Proteins were denatured at  $100^{\circ}$ C for 5 min. After electrophoresis, proteins were stained with Coomassie brilliant blue. Size exclusion chromatography was performed on an AKTA FPLC (GE Healthcare) at 4°C. Depolymerases, in 25 mM sodium phosphate, 150 mM NaCl, pH 7.5, were applied to a Superose 6 10/300 GL column (GE Healthcare). Elution was at a flow rate of 0.4 ml/min and proteins were detected at  $A_{280}$ . Molecular weights were estimated using the high molecular weight gel filtration calibration kit (GE Healthcare).

## Mouse Infections and Depolymerase Treatment

Mouse work conformed to NIH guidelines and the University of Texas IACUC protocol approval (AUP-2015-00035). 4–6 weeks old female NIH Swiss outbred mice (Envigo Inc.) weighing 20–25 g were used. For infections, 1 – 4 × 10<sup>8</sup> CFU (colony forming units) of bacteria in up to 100  $\mu$ l were injected into the left thigh (Smith and Huggins, 1982; Bull et al., 2012; Ponnusamy et al., 2016). Doses ranged from 1.2 to 3.5 × 10<sup>8</sup> CFU for *E. coli* RS218, 1.7 – 3.7 × 10<sup>8</sup> CFU for *E. coli* ATCC 23506, and 1.0–3.7 × 10<sup>8</sup> CFU for *E. coli* E69. The lower end of the dose range may be near a threshold that enables viability, e.g., infection by 1.2 × 10<sup>8</sup> CFU of *E. coli* ATCC 23506 allowed 2 of 3 control mice to survive, whereas doses above 1.7 × 10<sup>8</sup> CFU were routinely inimical to survival.

Treatment was performed by injecting a depolymerase appropriate for the capsule type into the right thigh within 0.5 h after the bacterial injection, i.e., K1E, K1F, or K1H depolymerase with E. coli RS218, K5 depolymerase with E. coli ATCC 23506, K30 gp41 or K30 gp42 with E. coli E69. Different doses were obtained by dilution of the stock depolymerase into PBS to yield 100 µl for an injection. The effective doses were first determined by giving 3 mice each dose (0, 2, 5, or 20 µg). Optimal doses were then used with more mice to allow statistical analysis of therapeutic efficacy. Mice were monitored at least twice daily for 5 days, and moribund mice were euthanized. The numbers of surviving mice at Day 5 were plotted, and Fisher's Exact Test was used to evaluate the therapeutic efficacy of a depolymerase. Using SPSS software, Kaplan-Meier survival curves (Rich et al., 2010) were plotted to show the cumulative probability of survival over the 5-day period, using the Log Rank test or generalized Wilcoxon test for statistics.

To assess potential acute toxicity from the depolymerase, 3–5 mice were injected with 100  $\mu g$  of depolymerase (in 100  $\mu l$  PBS) or 100  $\mu l$  PBS alone in the right thigh, in the absence of bacterial infection. Mice were monitored for 5 days for survival; behavior and daily body weights were measured. Statistics of the body weight gains over 5 days were performed by mixed ANOVA with repeated measures using SPSS software.

## **Capsule Polysaccharide Isolation and Assay**

Escherichia coli RS218, ATCC 23506 and E69 were grown overnight at 37°C in defined medium (10 g Casamino Acids, 10 g glucose, 12.5 g Na<sub>2</sub>HPO<sub>4</sub>·2H<sub>2</sub>0, 0.9 g KCl, and 0.6 g MgSO<sub>4</sub>·7H<sub>2</sub>0 per liter). Isolation of K1, K5, or K30 type capsule used extraction with pyridine acetate as previously described (Pelkonen et al., 1988). Capsules were dissolved in sterile water and stored at 4°C. The capsule concentrations were quantified by the phenol-sulfuric acid method (Dubois et al., 1956), using glucose to generate standard curves.

Degradation of capsules was monitored by gel electrophoresis followed by alcian blue staining (Møller et al., 1993; Pan et al., 2013).  $10\text{--}20~\mu g$  of capsule was mixed with serial dilutions of corresponding depolymerase and incubated at  $37^{\circ}C$  for 1 h (K1E, K1F, or K1H depolymerase with K1 capsule; K5 depolymerase with K5 capsule; K30 gp41 or K30 gp42 with K30 capsule). Reactions were loaded on 12% TBE-PAGE (Tris-Boric acid-EDTA polyacrylamide gel electrophoresis) essentially as previously described (Pelkonen et al., 1988). XC (xylene cyanol), BPB (bromophenol blue) and PR (phenol red) were used together with all blue protein standards (Bio-Rad Inc.) as tracking dyes and molecular weight markers.

Quantitative analyses of depolymerase activity were performed by incubating 30–45  $\mu$ g of capsule with serial dilutions of depolymerase, or by incubating 10  $\mu$ g/ml depolymerase with serial dilutions of capsule, both for 30 min at 37°C, followed by determination of reducing sugar using the modified dinitrosalicylic acid (DNSA) reagent (Miller, 1959). Glucose served as the standard. The quantity of reducing sugar released against enzyme concentration was plotted, and enzyme specific activity is expressed as nmol glucose equivalents released per min per mg protein (McCallum et al., 1989). Hanes–Woolf plots (a/v against a, where a is the capsule concentration and v is the reaction velocity) allowed the determination of kinetic parameters, assuming K1 capsule at a molecular weight of 54 kDa (Hallenbeck et al., 1987; Leggate et al., 2002).

## **Serum Sensitivity Assay**

The assay was adapted from previous work (Podschun et al., 1993; Fang et al., 2004; Mushtaq et al., 2004). Briefly,  $4-6 \times 10^7$  CFU/ml of log phase bacteria were incubated with or without depolymerase (100  $\mu$ g/ml) for 1.5 (K1, K5) or 2 h (K30) at 37°C. Mixtures were diluted and  $4-6 \times 10^4$  cells were incubated with 75% of human serum (Sigma–Aldrich Inc.), heat inactivated serum (56°C, 30 min) or PBS for 1.5

(K5) or 2 h (K1, K30) at 37°C and then plated to determine CFU. Assays were repeated at least three times, and Student's t-test with an appropriately adjusted degree of freedom was used to evaluate the enzyme's effect in sensitizing cells to serum killing by the survival ratio X(serum)/X(PBS), where X is CFU/ml. The null hypothesis is that one treatment is the same as the other, or X1(serum)/X1(PBS) = X2(serum)/X2(PBS), i.e.,  $\log [X1(serum)] - \log[X1(PBS)] - \{\log [X2(serum)] - \log[X2(PBS)]\} = 0$ .

## **RESULTS**

## **Expression and Purification of Recombinant Depolymerases**

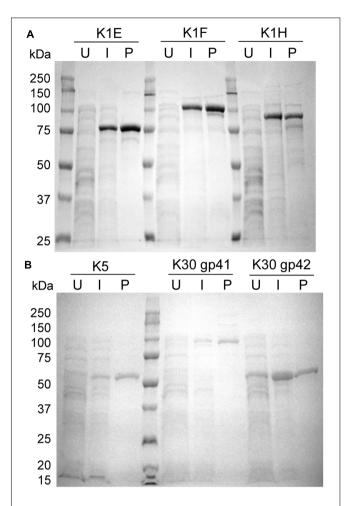
Depolymerases from phages K1E, K1F, K1H, and K5 were purified from expression plasmids of previously identified genes (Petter and Vimr, 1993; Long et al., 1995; Clarke et al., 2000; Machida et al., 2000; Muhlenhoff et al., 2003; Scholl et al., 2004). K30 depolymerase was described as a trimer of a heterodimer of 90 and 52 kDa proteins (McCallum et al., 1989). Inspection of the subsequently deposited and annotated K30 genome sequence (Genbank NC\_015719), which is largely syntenic with the wellcharacterized T7 genome, revealed only two likely candidate genes for the proteins: the K30 gene 42 product is a putative lipase/acylhydrolase, and gene 41 is a putative tailspike. Expected sizes of both proteins correspond to subunits of the depolymerase originally characterized biochemically. Both genes were therefore cloned into expression plasmids and all the His-tagged proteins were purified, yielding approximately 10 mg of K5 or K30 gp41 per liter culture, 20 - 30 mg per liter of K1E, K1F, or K1H, and 40 mg per liter of K30 gp42. We therefore expressed and tested a total of six proteins, including four depolymerases and two putative depolymerases.

The affinity-purified K1 and K5 depolymerases migrated on SDS-PAGE in accordance with their expected sizes after proteolysis (K1E 76 kDa, K1F 103 kDa, K1H 93 kDa and K5 52 kDa) (**Figure 1**). Sizes of the two K30 proteins were estimated to be 97 and 57 kDa, suggesting that they are not post-translationally cleaved. By densitometry analysis all purified proteins appeared > 90% pure in SDS-PAGE.

## Capsule Depolymerases Can Be Effective Therapeutics

Capsule depolymerases were tested in a mouse thigh model of infection. Without treatment, infection was usually lethal, whereas most mice were rescued by treatment when the enzyme dose was 20  $\mu$ g per mouse, i.e., 0.8–1 mg/kg weight (**Figures 2, 3**). The exception was the K1E enzyme, which rescued only 3 of 32 mice at a dose of 20  $\mu$ g per mouse (**Figures 2A, 3A**). Preliminary trials of the three K1 enzymes at lower doses suggested the effective doses of K1F and K1H were between 2  $\mu$ g (both partially rescuing) and 5  $\mu$ g (both rescuing 3 of 3 mice) per mouse (**Figure 2A**).

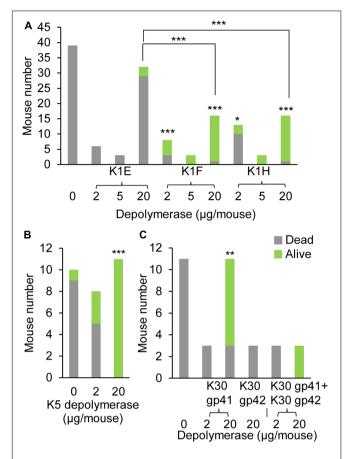
For K5, the effective dose was between 2 and 20  $\mu g$  per mouse (**Figures 2B**, **3B**). Of the two putative K30 depolymerases, only



**FIGURE 1** | Expression and purification of recombinant K1, K5, and K30 depolymerases. **(A)** SDS-PAGE showing induced expression and purification of K1E, K1F, and K1H depolymerases. 50  $\mu$ g of uninduced or induced whole cell lysate obtained after sonication, or 2  $\mu$ g of enzyme purified was fractionated by SDS-PAGE followed by Coomassie Blue staining. U, uninduced whole cell lysate; I, induced whole cell lysate; P, purified enzyme. **(B)** SDS-PAGE of K5 and putative K30 depolymerases after a similar induction and protein purification.

K30 gp41 rescued mice and then only at the higher dose tested (20 µg per mouse) (**Figures 2C**, **3C**). A mixture of both K30 gp41 and K30 gp42 yielded the same survival outcome as K30 gp41 alone (**Figure 2C**), although the small sample size limits a statistical resolution. K30 gp41 appears somewhat less effective than K5 and two of the K1 enzymes.

To evaluate potential acute toxicity from enzyme injection, mice received 100  $\mu g$  of depolymerase in the right thigh and were monitored for survival, behavior and body weight gains for 5 days. All the mice survived and appeared healthy without any behavior change observed. Statistics by ANOVA indicates no significant difference in body weight gains of the treated mice compared to that of the control mice receiving PBS injection (Supplementary Figure S1). These indicate no or little toxicity from enzyme injection.

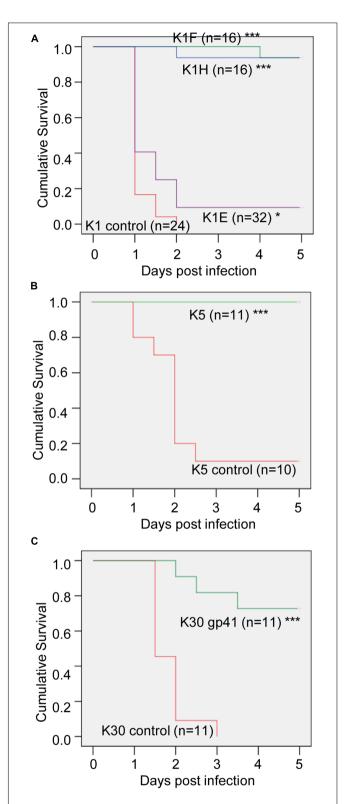


**FIGURE 2** | Mouse survival at Day 5 post infection and depolymerase treatment. 1.2–3.5  $\times$  10<sup>8</sup> CFU of *Escherichia coli* RS218 **(A)**, 1.7–3.7  $\times$  10<sup>8</sup> of *E. coli* ATCC 23506 **(B)**, or 1.0–3.7  $\times$  10<sup>8</sup> of *E. coli* E69 **(C)** were injected to the left thigh, followed by corresponding depolymerase injection in the right thigh at various doses. Three mice each dose were preliminarily tested for dose titration, then more mice were repeated at select doses to validate the treatment efficacy. Mouse survival was monitored for 5 days. The numbers of surviving and dead mice at day 5 were evaluated by Fisher's Exact Test for treatments with n >= 8: \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001 compared to control or as noted

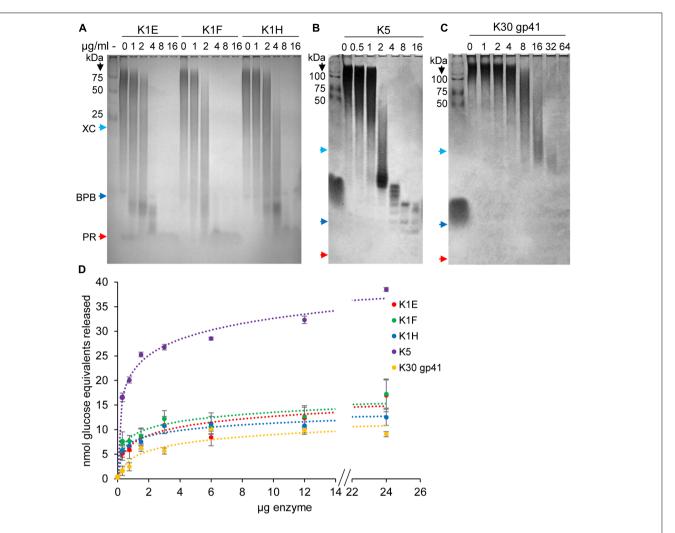
## In Vitro Depolymerase Assays

The depolymerases were generally effective for the *in vivo* treatment, but different enzymes also showed differences in efficacy, especially K1E, which was a relatively poor therapeutic agent. K30 gp42 had no effect and likely lacks depolymerase activity. Therefore, *in vitro* assays were conducted to directly assess enzyme activities.

Activities of the different K1 enzymes were compared using a gel assay to monitor capsule degradation. Apparent complete degradation (by visual inspection) of 10–20  $\mu g$  of K1 capsule in 1 h was achieved by 4–8  $\mu g/ml$  of K1E or K1F depolymerase, and by 8–16  $\mu g/ml$  of the K1H enzyme (**Figure 4A**). Two  $\mu g/ml$  of K1E or K1F enzyme completely degraded the capsule within 3 h, but K1H was again significantly less effective (data not shown). Thus, both K1E and K1F perform better than K1H during *in vitro* capsule degradation, in contrast to *in vivo* therapeutic efficiencies.



**FIGURE 3** | Mouse survival curves of depolymerase treatment. Kaplan–Meier survival curves of the 20  $\mu$ g-K1 **(A)**, K5 **(B)**, or K30 **(C)** depolymerase treated mice and control mice in **Figure 2** were plotted with the cumulative probability of survival over 5 days. The total mouse number n of each treatment is labeled by each curve. Log Rank test or generalized Wilcoxon test: \*p < 0.05, \*\*\*p < 0.001 compared to control.



**FIGURE 4** Capsule degradation by depolymerases. **(A)** 10–20  $\mu$ g of K1 capsule was incubated with serial dilutions of K1E, K1F, or K1H depolymerase at 37°C for 1 h, and then fractionated using 12% TBE-PAGE gel followed by Alcian Blue staining. Protein standards and dyes (XC, xylene cyanol FF; BPB, bromophenol blue; PR, phenol red) were loaded as molecular weight markers. Similar assays were performed using K5 **(B)** or putative K30 **(C)** depolymerase and their respective capsules. **(D)** Quantitative assay of capsule degradation by depolymerases. 30–45  $\mu$ g of capsule was incubated with ranged doses of depolymerase for 30 min at 37°C. The product of reducing sugar was quantified by dinitrosalicylic acid (DNSA), with glucose as standard. The calculated amount of reducing sugar (nmol glucose equivalents) was plotted against enzyme doses.

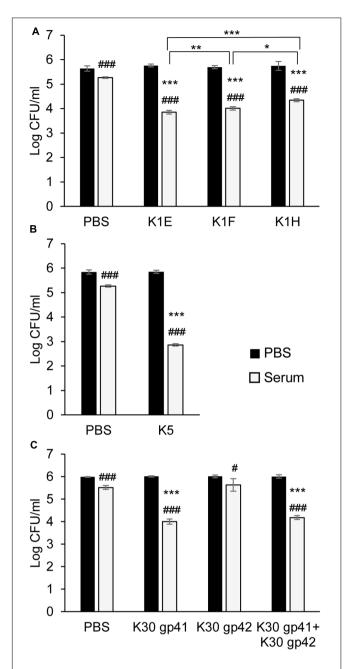
K1E depolymerase activity was quantified by assaying reducing sugar release from capsule (**Figure 4D** and Supplementary Table S2). Assays with 30  $\mu$ g of K1 capsule and varying K1 enzyme doses showed similar kinetics of the three K1 enzymes, with similar specific activities at lower enzyme doses (K1E 80 – 240, K1F 80 – 360, K1H 70 – 260 nmol glucose equivalents released per min per mg protein) (**Figure 4D**). Assays with 10  $\mu$ g/ml of depolymerase and varying K1 capsule concentrations showed slightly better binding affinity for K1E [ $K_{\rm M}=4.16~\mu$ M, similar to previous reports (Long et al., 1995; Leggate et al., 2002)] than K1F and K1H, and higher catalytic efficiency than K1H (Supplementary Table S2).

Similar assays were performed with K5 and K30. 10–20  $\mu g$  of K5 capsule was degraded in 1 h by 4–8  $\mu g/ml$  K5 depolymerase (**Figure 4B**). Of the two putative K30 depolymerases, 64  $\mu g/ml$  K30 gp41 was required to degrade 20  $\mu g$  K30 capsule in 1 h

(**Figure 4C**). K30 gp42 did not detectably degrade capsule, and combining K30 gp42 with K30 gp41 in different molar ratios provided no increase in reactivity (data not shown) though the two proteins appeared to bind when mixed (Supplementary Figure S2). Quantitative assays confirmed the high activity of K5 depolymerase (260–850 nmol glucose equivalents released per min per mg protein), low activity of K30 gp41 (35–60 nmol per min per mg protein) (**Figure 4D**), and no activity of K30 gp42 (not shown).

## Depolymerase Sensitization of Bacteria to Serum Killing

Depolymerases can strip capsules and expose the underlying bacterium to immune attack such as complement-mediated killing (Roberts, 1996; Finlay and McFadden, 2006). We therefore



**FIGURE 5** | Serum sensitivity assay.  $4\times10^7$  CFU of *E. coli* RS218 **(A)**, ATCC 23506 **(B)**, or  $6\times10^7$  of *E. coli* E69 **(C)** were incubated with or without their respective depolymerases (100 μg/ml) for 1.5–2 h at 37°C. The mixtures were diluted and 4–6  $\times$  10<sup>4</sup> cells were treated with 75% serum for 1.5–2 h at 37°C before plating to determine CFU. Assays were repeated at least three times. The serum's bactericidal effect was analyzed by Student's *t*-test to compare cell survival in serum to that in PBS within each treatment:  $^{\#}p < 0.05$ ,  $^{\#\#}p < 0.001$ . The enzyme's effect on serum sensitivity of the bacteria was analyzed by Student's *t*-test to compare the ratio of cell survival in serum over survival in PBS between different enzyme treatments or the control (PBS):  $^{*}p < 0.05$ ,  $^{**}p < 0.01$ ,  $^{**}p < 0.01$ ,  $^{**}p < 0.001$  compared to control or as noted.

tested our purified proteins using *in vitro* serum sensitivity assays. In the absence of serum, none of the depolymerases affected bacterial survival. Serum alone had a small effect in

killing (**Figure 5**), while heat-inactivated serum slightly increased bacterial numbers (Supplementary Figure S3). For K1 bacteria, enzyme plus serum decreased bacterial survival by at least an order of magnitude (**Figure 5A**), with  $>10^4$  killing if the incubation time was extended to 3 h (not shown). As in the capsule degradation assays, K1E exhibited similar activity to K1F depolymerase, and both were superior to K1H in sensitizing bacteria to serum (**Figure 5A**).

K30 gp41 depolymerase, and especially K5 depolymerase, also sensitized bacteria to serum (**Figures 5B,C**). K30 gp42 alone had no significant effect on bacterial survival (with or without serum), and failed to provide any synergistic effect when combined with K30 gp41 (**Figure 5C**).

## Oligomerization of Purified Depolymerases

Most depolymerases are homotrimers, and one possible explanation for the discrepancy between the poor therapeutic performance of K1E in mice but good *in vitro* activity is that the purified proteins did not correctly trimerize. Analytical size exclusion chromatography of the depolymerases indicated that the K1E enzyme was mostly present as an ~18-mer with only a trace of an apparent trimer (**Figure 6A**), while the K1F and K1H enzymes, and those from K5 and K30, were mostly trimeric (**Figures 6B–F**). Multimerization of K1E may limit its *in vivo* distribution following intramuscular injection, as further discussed below.

## DISCUSSION

Capsule depolymerases are a promising class of new and non-traditional antibiotics. They have potential advantages over phage therapy: a broader host range than the phages that encode them, and an avoidance of bacterial lysis with concomitant endotoxin release. One downside is that they are active only on specific capsules. To our knowledge, seven phage-encoded depolymerases have now been shown to rescue laboratory rodents from bacterial infections (Mushtaq et al., 2004, 2005; Lin et al., 2014; Pan et al., 2015; and this work). These studies should motivate further investigations: (i) Does the approach generalize to any phage-derived capsular depolymerase? (ii) Can effective depolymerases be isolated from other environmental microorganisms? (iii) Can *in vitro* assays be developed that would serve as a predictor of *in vivo* activity?

This study addressed the general efficacy of phage-derived depolymerases as potential therapeutics by testing three distinct K1 depolymerases, plus similar enzymes from phages K5 and K30. We have shown that using depolymerases for treating bacterial infections is likely a generalizable and feasible therapeutic option, at least in the context of some infection models. Although we have not carefully optimized concentrations, 20  $\mu g$  K1 or K5 depolymerase delivered intramuscularly into mice ( $\sim\!1$  mg/kg body weight) was sufficient to rescue mice from an otherwise lethal infection. This concentration is well within the range necessary for a practical human or other mammalian therapeutic. The K30 enzyme was

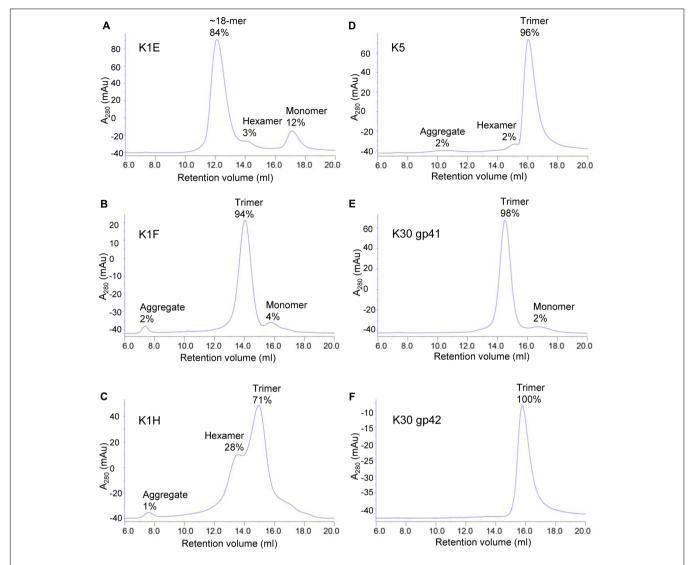


FIGURE 6 | Size exclusion chromatography of purified depolymerases. 1 mg K1E (A), 200 μg K1F (B), 500 μg K1H (C), 500 μg K5 (D), 200 μg K30 gp41 (E) or 200 μg K30 gp42 (F) was loaded to a Superose 6 10/300 GL column for chromatographic analysis. mAu, micro absorbance unit. Molecular weight of each peak was estimated using calibration standards (GE Healthcare). The estimated multimeric status and percentage are indicated.

first purified from K30 lysates as a complex of two proteins at 90 and 52 kD (McCallum et al., 1989). K30 gp41 and K30 gp42 appear to be the only two logical candidates at these sizes. However, K30 gp41 was sufficient and experienced no increased activity by the presence of K30 gp42, although the two proteins were purified separately. It is possible that co-expression, as occurs during phage infection, would yield improved activity. However, the N-terminal domain of K30 gp41 is homologous to that of the tail-binding domain of the T7 tail fiber, and it is possible that the interaction with K30 gp42 is more for binding the latter protein to the K30 virion rather than for improved enzymatic efficiency.

Besides testing the general therapeutic efficacy of capsule depolymerases, this study is also the first one to compare depolymerases of different origin against the same capsule type or bacterial strain *in vivo*. An unexpected result was that only

two of the three K1 depolymerases, provided by intramuscular delivery, performed well in rescuing mice from a lethal bacterial infection. K1E did not, which was surprising for several reasons: (i) the enzyme worked well in previous work where a different, neonatal rat, model was used with gastrointestinal administration of bacteria (Mushtaq et al., 2004, 2005), (ii) K1E phage worked well *in vivo* using the same infection protocol (Bull et al., 2012), and (iii) K1F and K1H enzymes both worked well. To identify the basis of K1E depolymerase inferiority in the mouse infection model, *in vitro* activity assays were conducted, which showed that K1E depolymerase is at least equally efficient as the other K1 enzymes. Thus the *in vitro* assays failed to explain the *in vivo* inferiority of K1E.

Size exclusion chromatography may have revealed the cause of the discrepancy. The purified K1E depolymerase appeared as an 18mer, unlike other enzymes, which were mostly trimers. This observation is consistent with other reports that K1E depolymerase tends to aggregate (Hallenbeck et al., 1987; Gerardy-Schahn et al., 1995) although our preparation remains a soluble species. Phage tailspikes often require chaperones to fold correctly (Muhlenhoff et al., 2003; Schwarzer et al., 2007; Leiman and Molineux, 2008). The 38 kDa phage adaptor protein K1E gp37, which attaches the K1E depolymerase to the phage virion (Tomlinson and Taylor, 1985; Gerardy-Schahn et al., 1995; Stummeyer et al., 2006), may contribute to forming a specific trimeric species. It seems possible that multimers of a trimeric K1E depolymerase, although retaining activity in vitro, are unable to be efficiently disseminated in vivo following intramuscular injection. A preliminary test using intraperitoneal injection of 20 µg depolymerase following thigh injection of E. coli RS218 showed that K1E enzyme had good efficacy in treatment (data not shown). This observation together with the size exclusion chromatography suggests that poor dissemination of the K1E enzyme when administered intramuscularly may be the cause of the discrepancy. These variations highlight the difficulty of predicting therapeutic efficacy in humans from in vitro studies or from different rodent models, especially when using different routes of administration.

This study, like many others with a similar goal of treating an acute and lethal infection, administered the therapeutic agent at the same time as the pathogenic bacteria. Even though the depolymerases were injected into the opposite thigh of the mouse and thus had to diffuse or be transported to where the bacteria were growing, this "simultaneous" treatment is clearly not representative of natural therapeutic interventions. Treatment success with simultaneous administration is an important first step, but may not be a sufficient criterion for successful therapy in a natural setting. Our current investigations are testing the therapeutic efficacy of depolymerases after a designed delay in initiating treatment, which would better reflect actual clinical therapeutics. Tests of depolymerases in other infection environments, i.e., using additional model systems, are also now warranted.

Nonetheless, this study shows general efficacy of capsule depolymerases. These enzymes may thus provide an alternative to phage therapy *sensu stricto*, one with a broader host range than the source phages themselves. For instance, phage K1F does not grow on *E. coli* RS218; however, K1F depolymerase worked well in rescuing mice from a lethal dose of the bacterium. This study also shows that different depolymerases for the same capsule type may perform differently in certain settings. It may therefore be useful to have multiple sources of enzymes, which although structurally similar have different amino acid

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sequences, for the same capsule type. This would be particularly valuable in the event that patients develop immune responses to one. Environmental bacteria and other types of microbes can provide additional sources of depolymerases (Avery and Dubos, 1931; Dubos and Avery, 1931; Negus and Taylor, 2014). At a minimum, non-phage sources of depolymerases would further expand the possible sources of such enzymes, but they also offer the possibility of broader host range depolymerases and of evolving better activities (Bull and Gill, 2014).

## **ETHICS STATEMENT**

This study was carried out in accordance with the recommendations of NIH (National Institutes of Health) guidelines. The protocol (AUP-2015-00035) was approved by the University of Texas IACUC (Institutional Animal Care and Use Committee).

## **AUTHOR CONTRIBUTIONS**

HL, JB, and IM designed the experiments. HL, MP, and JB carried out the animal experiments, and HL carried out all the other experiments. All authors analyzed data and wrote the manuscript.

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## 1-((2,4-Dichlorophenethyl)Amino)-3-Phenoxypropan-2-ol Kills Pseudomonas aeruginosa through Extensive Membrane Damage

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The ever increasing multidrug-resistance of clinically important pathogens and the lack of novel antibiotics have resulted in a true antibiotic crisis where many antibiotics are no longer effective. Further complicating the treatment of bacterial infections are antibiotictolerant persister cells. Besides being responsible for the recalcitrant nature of chronic infections, persister cells greatly contribute to the observed antibiotic tolerance in biofilms and even facilitate the emergence of antibiotic resistance. Evidently, eradication of these persister cells could greatly improve patient outcomes and targeting persistence may provide an alternative approach in combatting chronic infections. We recently characterized 1-((2,4-dichlorophenethyl)amino)-3-phenoxypropan-2-ol (SPI009), a novel anti-persister molecule capable of directly killing persisters from both Gram-negative and Gram-positive pathogens. SPI009 potentiates antibiotic activity in several in vitro and in vivo infection models and possesses promising anti-biofilm activity. Strikingly, SPI009 restores antibiotic sensitivity even in resistant strains. In this study, we investigated the mode of action of this novel compound using several parallel approaches. Genetic analyses and a macromolecular synthesis assays suggest that SPI009 acts by causing extensive membrane damage. This hypothesis was confirmed by liposome leakage assay and membrane permeability studies, demonstrating that SPI009 rapidly impairs the bacterial outer and inner membranes. Evaluation of SPI009-resistant mutants, which only could be generated under severe selection pressure, suggested a possible role for the MexCD-OprJ efflux pump. Overall, our results demonstrate the extensive membrane-damaging activity of SPI009 and confirm its clinical potential in the development of novel anti-persister therapies.

Keywords: Pseudomonas aeruginosa, mechanism of action studies, membrane damage, antibiotic tolerance, anti-persister therapies

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## INTRODUCTION

Modifying existing antibiotic scaffolds upon emergence of resistance has proven a successful strategy to extend a drug class' utility in the past. However, recent data suggest that multidrug-resistance increases at an alarming rate while few novel antibacterials reach the market (Wright, 2014; O'Neill, 2015). A particular issue are multidrug-resistant Gram-negative pathogens such as Pseudomonas aeruginosa, posing additional challenges to antibiotic discovery due to their highly impermeable outer membrane (Livermore, 2002; Breidenstein et al., 2011), and the so-called ESKAPE pathogens (Enterococcus faecium, Staphylococcus aureus, Klebsiella pneumoniae, Acinetobacter baumannii, P. aeruginosa, and Enterobacter spp.), efficiently evading antibiotic treatment and responsible for the majority of bacterial infections (Rice, 2008; Delcour, 2009; Poole, 2011). Since no new antibiotic scaffolds active against Gram-negative pathogens have been identified in the last decades, physicians are reverting to the use of polymyxins, once avoided due to toxic effects, as a last-resort treatment for these strains. Therefore, new antibacterial scaffolds are desperately needed (Falagas and Kasiakou, 2005; Walsh and Wencewicz, 2014).

Contributing to the difficult treatment of bacterial infections is the presence of persister cells which constitute a small but important fraction of phenotypic variants tolerant to treatment with high doses of antibiotics (Lewis, 2010). Their occurrence in many bacterial pathogens combined with a demonstrated link between persistence and the recalcitrant nature of chronic bacterial infections renders persisters a serious threat to immunocompromised patients and effective anti-persister treatments are much needed (Fauvart et al., 2011; Zhang, 2014; Fisher et al., 2017). Previous research revealed the strong antibacterial effect of the novel anti-persister molecule SPI009 (Liebens et al., 2017; Figure 1) as an adjuvant in combination therapies against different bacterial pathogens. In addition, the compound proved highly successful in the treatment of intracellular and in vivo P. aeruginosa infections when combined with the fluoroquinolone ciprofloxacin. SPI009 sensitizes bacteria to antibiotic activity and, strikingly, restores antibiotic sensitivity even in resistant strains. In addition, SPI009 monotherapy exhibited extensive inhibition and eradication activity in biofilms of *P. aeruginosa* and *S. aureus* (Defraine et al., 2017). The current need for novel antibacterials active against Gram-negative species, together with the unique characteristic of SPI009 to kill both normal and persister cells, prompted us to further investigate the mode of action of this compound.

Current approaches to identify the next generation of antibacterials involve high-throughput screenings of natural and chemical products, the characterization and adaptation of new antibacterial structures (Samanta et al., 2013; Mandal et al., 2017), genome hunting, whole-cell-based assays and the targeting of non-multiplying bacteria (Coates et al., 2002). As these options offer interesting alternatives that can bypass the identification of novel antibiotic targets, mechanism of action studies become increasingly important to characterize and select interesting candidates after initial discovery (Terstappen et al., 2007).

**FIGURE 1** | Chemical structure of the propanol-amine derivative 1-((2,4-dichlorophenethyl)amino)-3-phenoxypropan-2-ol (SPI009).

In this study, we set out to determine the mode of action of a recently discovered antibacterial compound, SPI009, showing a broad spectrum antibacterial effect and capable of killing both dividing cells and non-dividing or dormant persister cells (Liebens et al., 2017). While generating useful information for the further development of this compound as an antibacterial therapy, determination of the mode of action could also greatly assist in the development of future anti-persister therapies. A combination of genetic and cellular approaches was employed, revealing the membrane damaging activity of SPI009 and suggesting the ability of SPI009 to attack the bacterial membrane(s) both from the cytoplasm and extracellular environment.

## MATERIALS AND METHODS

## Bacterial Strains, Media, and Growth Conditions

Bacterial strains were cultured in 1:20 diluted trypticase soy broth (1:20 TSB) at 37°C, shaking at 200 rpm. For solid medium, TSB was supplemented with 1.5% agar. The following antibacterials were used: ofloxacin, ciprofloxacin, erythromycin, polymyxin B, rifampicin (Sigma – Aldrich), fosfomycin, meropenem (TCI Europe), triclosan (Merck Chemicals), melittin (Bachem), and SPI009 (**Figure 1**). Concentrations are indicated throughout the text. Bacterial strains used in this study are listed in **Table 1**.

## Screening of a *P. aeruginosa* Mutant Library

A genetic screen of the *P. aeruginosa* PA14 transposon mutant library (Liberati et al., 2006) was performed to identify single gene knockouts sensitive or resistant for SPI009. Stationary phase mutant cultures were split in two and treated for 5 h with either 10 µg/mL ofloxacin or the combination of ofloxacin and 51 µg/mL of SPI009. Treated cultures were diluted 1:100 in fresh TSB medium and incubated at 37°C, shaking at 200 rpm. Growth was monitored over a total period of 40 h by means of periodic OD595 measurements. Average OD595 was calculated for each 96-well plate and used to correct mutant OD595 values. Mutants were identified as sensitive if the OD595 after 24 h of growth was  $\leq$ 0.3× average OD595 after 24 h. Alternatively, mutants having an OD595 >3× average were defined as resistant. The screening was performed twice to prevent false-positive hits and, to allow identification of SPI009

TABLE 1 | Strains used in this study.

Strain	Description	Source or reference		
Pseudomonas -	aeruginosa			
PA14 WT	Wild type UCBPP-PA14	Pierre Cornelis; Lee et al., 2006		
YM WT	PAO1 WT, K767	De Kievit et al., 2001		
YM64	mexAB-oprM::FRT, mexXY::FRT, mexCD-oprJ::FRT, mexEF-oprN::FRT	Morita et al., 2001		
K1521	K767 ΔmexCD-oprJ	De Kievit et al., 2001		
K1525	K767 ΔmexXY	De Kievit et al., 2001		
Liberati WT	Wild type UCBPP-PA14 (Lib WT)	Liberati et al., 2006		
ΔgalU	PA14_38350::Mar2xT7 (52640)	Liberati et al., 2006		
ΔnfxB	PA14_60860::Mar2xT7 (55219)	Liberati et al., 2006		
ΔPA14_0812 PA14_08120::Mar2xT7 (47659)		Liberati et al., 2006		
Acinetobacter i	baumannii			
Ab-84	MDR clinical isolate	García-Quintanilla et al., 2014		
Ab-84R Ab-84::40nt insertion and 321 of <i>lpxC</i>		García-Quintanilla et al., 2014		

specific effects, selected mutants showing a clear sensitivity or resistance for ofloxacin were excluded. Resistant hits were additionally confirmed via detailed monitoring of growth in the presence of 51  $\mu$ g/mL SPI009, using an automated OD reader (Bioscreen C). Functional enrichment analysis was performed based on PseudoCAP classifications and using Fisher's exact test. A schematic overview of the described workflow can be found in Supplementary Figure S1.

## **RNA Sequencing and Data Analysis**

Overnight cultures of P. aeruginosa were diluted 1:100 in fresh 1/20 TSB medium and allowed to grow until late-exponential phase (OD595 = 0.2). Cells were treated for 15 min with 50  $\mu$ M SPI009, 50  $\mu M$  of the inactive analog SPI014 or 1% DMSO. Total RNA isolation was performed in triplicate for each sample, as previously described (Liebens et al., 2014). The Ribo-Zero<sup>TM</sup> rRNA Removal Kit for Gram-negative bacteria (Epicentre) was used to deplete ribosomal RNA and RNA samples were sent to the Genomics Core facility of EMBL (Heidelberg, Germany). The quality of the raw sequencing reads was verified using FastQC after which genomic alignments of the reads were performed with Bowtie2, using the P. aeruginosa UCBPP-PA14 genome as a reference (NC\_008463.1). Differential expression analysis between treated and control samples was done using the DESeq2 package with a False Discovery Rate threshold of 5% (Love et al., 2014). Genes with a log<sub>2</sub> fold-change above 1 and no differential expression under the inactive compound treatment were selected, allowing the detection of SPI009 specific effects on gene expression. Functional annotation of the obtained results was performed using PseudoCAP functional classes obtained from www.pseudomonas.com (Winsor et al., 2016) and functional enrichment was assessed using Fisher's exact test. A UCBPP-PA14 interaction network was created using the STRING database (Szklarczyk et al., 2011) where only reactions with a minimum reliability score of 0.8 were retained. PheNetic was run using both this network and the obtained omics data to generate a downstream interaction network, using the standard parameters and a cost of 0.25 (De Maeyer et al., 2013). Obtained networks containing more than two genes were visualized using Cytoscape (Shannon et al., 2003).

## **Macromolecular Synthesis Assay**

An overnight culture of P. aeruginosa PA14 wild type (WT) was diluted 1:10 in 1/20 TSB and grown to an OD600 of 0.3 at 37°C (late exponential phase). Radiolabeled precursors for DNA (1 µCi/mL [methyl-3H]-thymidine), RNA  $(2.5 \,\mu\text{Ci/mL} \, [5,6-3H] - \text{uridine})$ , protein  $(2.5 \,\mu\text{Ci/mL} \, L - [4,5-3H]$ leucine), peptidoglycan (2.5 μCi/mL D-[6-3H(N)]-glucosamine hydrochloride), and fatty acids (1 μCi/mL [2-3H]-glycerol) were added after which cultures were treated with 17 µg/mL SPI009 or 8× MIC concentrations of relevant control antibiotics. Thirty minutes after onset of treatment, 100 µL samples were added to 3.5 mL of ice-cold 10% TCA and precipitates were collected under vacuum on 25 mm glass microfiber filters (Whatman® Grade GF/C). Filters were washed twice with 4 mL ice-cold distilled water and added to 3.5 mL scintillation liquid (Ultima-Flo M, PerkinElmer). Incorporation of the different radiolabels was assessed using a Hidex 300SL scintillation counter. Counts per minute at different treatment conditions were used to evaluate the incorporation of radiolabeled precursors relative to the untreated control, as previously described (Cotsonas King and Wu, 2009; Grzegorzewicz et al., 2012; Nowakowska et al., 2013; Ling et al., 2015).

## Fluorescein Leakage Assay

Small unilamellar vesicles (SUVs) representing the Gramnegative membrane and loaded with carboxyfluorescein (CF) were produced as described previously (Randall et al., 2013; Gerits et al., 2016). The total phospholipid concentration was kept at 25  $\mu$ M, containing a mixture of 1,2-dioleoyl-sn-glycero-3-phosphoethanolamine (DOPE)/1,2-dioleoyl-sn-glycero-3-phospho-(1'-rac-glycerol) (DOPG) (4:1) (Avanti Polar Lipids, Inc). Liposomes were treated with increasing concentrations of SPI009 and an inactive chemical analog, SPI023, keeping the final DMSO concentration at 1% (v:v). Release of CF ( $\lambda$ ex = 485 nm,  $\lambda$ em = 520 nm) was measured in function of time. The percentage of CF leakage was determined relative to the treatment with 0.5% Triton X-100.

## Assessment of Inner and Outer Membrane Permeabilization

Inner membrane permeabilization was examined using a SYTOX Green uptake assay, as previously described (Gerits et al., 2016). A PA14 WT culture was grown until late exponential phase and corrected to a final OD595 of 0.5 in  $1\times$  phosphate-buffered saline supplemented with 1  $\mu$ M SYTOX Green. Cultures were treated with Milli-Q (MQ; untreated control), DMSO (1%;

carrier control), 10  $\mu$ g/mL melittin (1× MIC) and increasing concentrations of SPI009 and transferred to the wells of a black microtiter plate (clear bottom). Fluorescence ( $\lambda$ ex = 504 nm,  $\lambda$ em = 523) and absorbance (OD595) were measured every minute, using a Synergy MX multimode reader (BioTek) at 37°C.

*Pseudomonas aeruginosa* outer membrane permeabilization by SPI009 was measured using a 1-*N*-phenylnaphthylamine (NPN, Sigma, United States) uptake assay (Gerits et al., 2016). Briefly, a *P. aeruginosa* PA14 WT culture was grown until late exponential phase, after which the OD595 was corrected to 0.5 in 5 mM HEPES (pH = 7.2). A total of 150 μL volumes of culture were treated with MQ (untreated control), DMSO (1%; carrier control), 0.625 μg/mL polymyxin B (1× MIC) and different concentrations of SPI009 (4.25–34 μg/mL) and transferred to the wells of a black microtiter plate (clear bottom). Fifty microliters of a 40 μM NPN solution in 5 mM HEPES (pH = 7.2) was added and fluorescence was measured immediately using a Synergy MX multimode reader (BioTek) at 37°C.

Independent assays for outer and inner membrane permeabilization assessment were performed three times. Measured fluorescence signals were divided by well-specific OD595 to correct for cell density after which the values of the respective untreated controls were subtracted. Results are expressed in relative fluorescence units.

## Microscopic Confirmation of Membrane Damage

Overnight cultures of *P. aeruginosa* and *S. aureus* were treated for 20 min with 0.5% DMSO (carrier control) or 34  $\mu$ g/mL SPI009, centrifuged and stained with 10  $\mu$ g/mL *N*-(3-triethylammoniumpropyl)-4-(6-(4-(diethylamino)phenyl)hexatrienyl)pyridinium dibromide (FM®4-64, Molecular Probes). Samples were spotted on 2% agarose pads for imaging with Zeiss Axio imager Z1 fluorescence microscope, using an EC Plan-NEOFLUAR 100× objective ( $\lambda$ ex = 540–580 nm;  $\lambda$ em = 593–668 nm).

### Interaction of SPI009 with LPS

To assess possible interaction between SPI009 and the lipid A compound of Gram-negative LPS layers, a whole-cell BODIPY TR Cadaverine displacement assay was performed. Briefly, a late-exponential PA14 WT culture was corrected to an OD595 of 0.3 in 50 mM Tris–HCl and added to the BODIPY TR Cadaverine conjugate (BC, 5  $\mu$ M; Life Technologies) in the wells of a black microtiter plate (clear bottom). Cultures were incubated for 2 h to allow BC binding after which equimolar amounts of Tris–HCl (negative control), meropenem, polymyxin B and SPI009 were added and fluorescence ( $\lambda$ ex = 580 nm,  $\lambda$ em = 620 nm) was measured continuously for 1 h. Fluorescence values from the negative control (Tris–HCl) were used to correct for background fluorescence.

## **Antibacterial Assay**

The effect of SPI009 on different bacterial cultures was assessed as described previously (Liebens et al., 2017). Briefly, stationary phase cultures were treated for 5 h with DMSO (carrier control)

and different concentrations of SPI009. After treatment, cultures were washed twice in 10 mM MgSO<sub>4</sub> and appropriate dilutions were plated onto solid agar plates to assess the number of colony forming units.

## Generation and Whole Genome Sequencing of SPI009-Resistant Mutants

In an attempt to generate resistant mutants, P. aeruginosa was plated out on solid TSB agar plates containing high concentrations of SPI009. The plates were incubated at 37°C for a total of 10 days but no colonies were able to grow, proving the absence of any resistance development under the specific conditions (our own, unpublished data). Alternatively, resistance development was assessed using a MIC-based protocol as previously described, with minor modifications (Briers et al., 2014; Ling et al., 2015). An initial MIC test was performed in three independent P. aeruginosa PA14 WT cultures with ofloxacin and SPI009, according to EUCAST standards (EUCAST, 2003). After 24 h of growth at 37°C, shaking, the MIC value was determined as the minimal concentration that completely inhibited bacterial growth. A new MIC assay was prepared using 1:100 diluted cells at MIC/4 as a starting condition. The assay was repeated for 10 passages with daily assessment and, if necessary, adjustment of antibiotic and compound concentrations. Intermediate and endpoint cultures were stored at -80°C in glycerol (25% v/v) for further analysis. Genomic DNA of the P. aeruginosa PA14 WT strain and the three evolved resistant mutants was isolated from overnight cultures grown in 1/20 TSB using the DNeasy Blood & Tissue Kit (Qiagen) following the manufacturer's instructions. DNA quantity and purity were verified using a NanoDrop ND-1000, after which samples were sent to the Genomics Core Facility of EMBL (Heidelberg, Germany) for whole genome sequencing on the Illumina HiSeq 2500 platform. Assembly of the 125 bp paired-end reads and further analysis was performed using CLC Genomics Workbench v8.0. Genome sequences of the resistant mutants were aligned with the genome of the PA14 WT strain in order to detect genetic differences, taking into account a coverage above 10× and cutoff frequency of 75%. Identified nonsynonymous mutations were confirmed via PCR amplification and Sanger sequencing (GATC Biotech).

## RESULTS

## Genetic Analysis of the SPI009 Mode of Action

To gain more information about the mode of action of SPI009 and allow the detection of possible persister-specific effects, individual single-gene knockouts from a *P. aeruginosa* mutant library were treated with ofloxacin alone or in combination with SPI009 and screened for altered sensitivity to SPI009 (see overview in Supplementary Figure S1). Analysis of the obtained screening results revealed a total of 118 and 37 different mutants that showed an increased or decreased sensitivity for SPI009, respectively. Functional enrichment analysis of the sensitive mutants based on their PseudoCAP functions (Winsor

et al., 2016), revealed an over-representation for genes involved in "adaptation and protection" and "cell wall/LPS/capsule" (Figure 2A and Supplementary Table S1). The relatively low levels of resistance, combined with the functional enrichment analysis (Figure 2A) suggest that single-gene knockouts are not sufficient to obtain significant resistance toward the anti-persister effects of SPI009 and point to a more general effect of the compound.

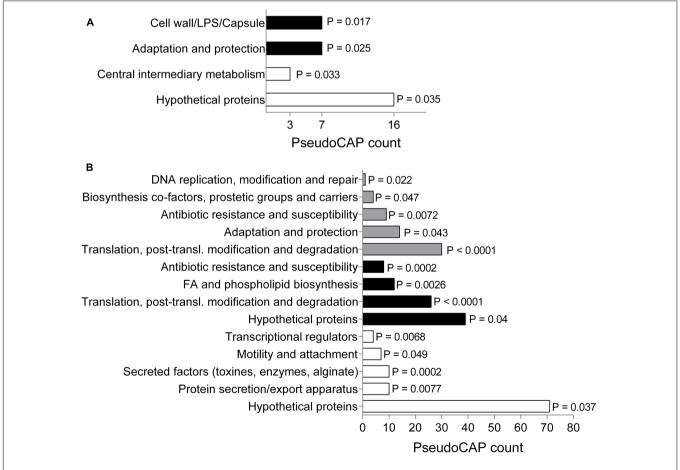
Next, we compared genome-wide gene expression levels of *P. aeruginosa* PA14 WT following treatment with either SPI009 or an inactive analog. RNA sequencing analysis generated a list of 297 genes that were specifically differentially expressed (log<sub>2</sub>-fold change >1) upon treatment with SPI009 (Supplementary Table S2). Functional enrichment analysis of upand downregulated genes (**Figure 2B**), combined with network analysis (Supplementary Figure S2) revealed a first group of SPI009 upregulated genes to be involved in antibacterial efflux and multidrug resistance, suggesting the increased efforts of the cell to protect itself against SPI009. Another group of mostly upregulated genes are involved in fatty acid metabolism and

degradation, suggesting altered amounts of available fatty acids upon treatment of the cell with SPI009. Furthermore, there is a downregulation of multiple genes involved in virulence; including phenazine biosynthesis, pilus assembly and protein secretion and the bacterial Type VI secretion system and biofilm formation (Imperi et al., 2013).

Taking both genetic analyses into account, there does not appear to be a single process or pathway that emerges as the target for SPI009. Instead, membrane-related functions are perturbed, supplemented with more general effects in different regulatory and metabolic pathways. This could point to SPI009 causing membrane damage.

## SPI009 Inhibits Macromolecular Biosynthesis in a Non-specific Manner

To further explore the hypothesis of SPI009-induced membrane damage and rule out other bacterial mechanisms targeted by the compound, a macromolecular synthesis assay was performed (Cotsonas King and Wu, 2009). Addition of 17  $\mu$ g/mL of SPI009 strongly reduced incorporation of radio-labeled precursors for

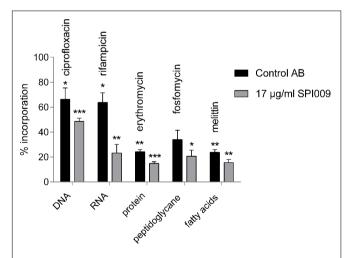


**FIGURE 2** Genetic analysis of SPI009 mode of action. **(A)** Functional enrichment of the obtained set of sensitive (black bars) and resistant (white bars) mutants using PseudoCAP classifications. P-values were determined using a two-tailed Fisher's exact test ( $\alpha$  = 0.05). PseudoCAP counts represent the number of mutants in the respective classes. **(B)** Functional enrichment analysis of the up- and downregulated differentially expressed genes (log<sub>2</sub> fold change > 1) as determined after RNA sequencing upon treatment with SPI009. A two-tailed Fisher's exact test was used to determine P-values for the classes of downregulated genes (white bars), upregulated genes (black bars), and the total set (gray bars).

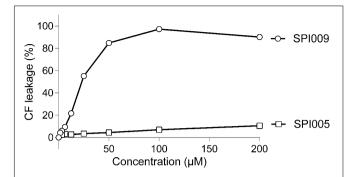
DNA, RNA, proteins, fatty acids, and peptidoglycan, resulting in a more than 50% decrease in synthesis for all macromolecules tested (**Figure 3**). When compared to different antibiotics, known to inhibit incorporation of precursors,  $1/3 \times MIC$  concentrations of SPI009 show a generally stronger inhibitory effect, a pattern previously reported for membrane-damaging compounds (Hobbs et al., 2008; Nowakowska et al., 2013; Masschelein et al., 2015; Gerits et al., 2016).

# SPI009 Is Capable of Disrupting Artificial Bacterial Bilayers

To further confirm the suggested membrane damaging effect of SPI009, its capacity to disrupt lipid bilayers that mimic the Gram-negative inner membrane was tested. Increasing concentrations of SPI009 clearly induced CF leakage in a concentration-dependent manner, while the inactive analog SPI005, displaying no antibacterial or anti-persister effect, and the conventional antibiotic ofloxacin, did not cause any significant leakage (**Figure 4**). When comparing SPI009 with the membrane damaging antibiotic polymyxin B, 50% CF leakage was obtained at concentrations of 11.92  $\pm$  0.07 and 1.16  $\pm$  0.04  $\mu g/mL$ , representing 0.185× MIC and 1.85× MIC concentrations of SPI009 and polymyxin B (Supplementary Figure S3), respectively. These results indicate that SPI009 is indeed capable of effectively disturbing an artificial lipid bilayer and further support the membrane-damaging hypothesis.



**FIGURE 3** | SPI009 inhibits macromolecular synthesis. Incorporation of [methyl-³H]-thymidine (DNA), [5,6-³H]-uridine (RNA), L-(4,5-³H)-leucine (protein), D-[6-³H(N)]-glucosamine (peptidoglycan), 2-³H-glycerol (fatty acids) by *P. aeruginosa* PA14 WT after treatment with relevant control antibiotics at 8× MIC concentrations or 17 μg/mL of SPI009. Incorporation was measured after 30 min and expressed relative to an untreated control. Bars represent the average of at least three independent repeats ± SEM. Statistical analysis was performed on "counts per minute" obtained upon radioactivity detection after treatment of the bacterial cells with MQ (untreated control), the control antibiotic or 17 μg/mL SPI009. One-way ANOVA ( $\alpha$  = 0.05) with appropriate correction for multiple testing was used to determine statistically relevant differences between the untreated control and antibiotic or untreated control and SPI009 treatment. \* $^*P$  < 0.05; \*\* $^*P$  < 0.01; \*\*\* $^*P$  < 0.001.



**FIGURE 4** | SPI009 causes extensive CF leakage. SUVs were treated for 15 min with increasing concentrations (x-axis) of SPI009 (open circles) or the inactive analog SPI005 (open squares). Increasing concentrations of ofloxacin, used as a negative control, did not result in any CF leakage (data not shown). % CF leakage was determined by fluorescence measurements, corrected for background fluorescence and expressed relative to the positive control (0.5% Triton X-100). Data points represent the mean of three independent repeats  $\pm$  SEM.

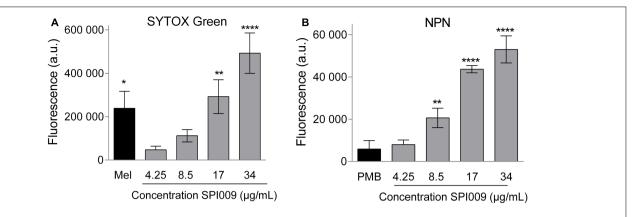
### **Membrane Permeabilization Studies**

To evaluate membrane disruption activity of SPI009 on whole P. aeruginosa cells, NPN and SYTOX Green assays were carried out, allowing the investigation of respectively outer and inner membrane permeabilization. SYTOX Green shows a strong increase in fluorescence upon binding to DNA. This is, however, only possible when the inner membrane of the cell is compromised, thus correlating the observed fluorescence with the amount of inner membrane damage (Roth et al., 1997). Thirty-minute treatment of P. aeruginosa with increasing concentrations of SPI009 caused a strong increase in fluorescence as compared to the untreated control (Figure 5A and Supplementary Figure S4A). At concentrations of 17 µg/mL  $(= 0.33 \times MIC)$ , the observed membrane damage was comparable to the effect of treatment with  $1 \times MIC$  concentrations of melittin, the active compound in bee venom known to induce inner membrane damage (Raghuraman and Chattopadhyay, 2007).

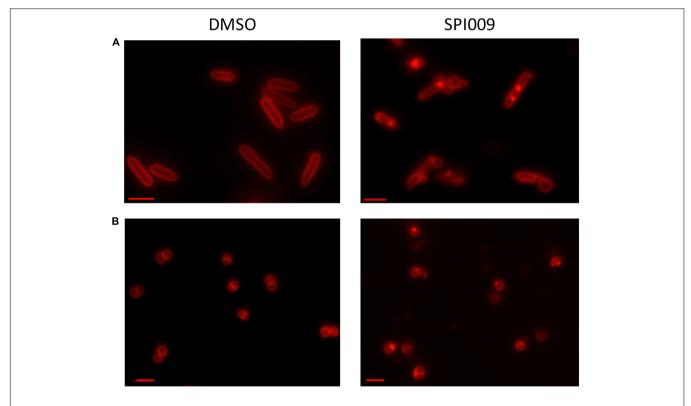
Next, permeabilization of the outer membrane was assessed by means of the hydrophobic fluorescent probe NPN. Bacterial cells normally exclude NPN. Consequently, increasing fluorescence caused by the insertion of the probe in the phospholipid bilayer is indicative of damage to the bacterial outer membrane (Helander and Mattila-Sandholm, 2000). Fluorescence measurements revealed a rapid outer membrane permeabilization by SPI009 in a clear concentration-dependent manner (**Figure 5B** and Supplementary Figure S4B). In comparison, treatment with  $1 \times$  MIC concentration of polymyxin B resulted in a comparable fluorescence level at  $1/6 \times$  MIC concentrations of SPI009. These results strongly support the hypothesis that SPI009 is capable of disrupting the bacterial membrane, and this for both the inner and outer membrane of *P. aeruginosa*.

# Microscopic Confirmation of Membrane Damage

Since the bacterial membrane is such a critical part of the cell's architecture, membrane stains are commonly used



**FIGURE 5** | SPI009 extensively permeabilizes both inner and outer membrane of P. aeruginosa. (A) Effect of increasing concentrations of SPI009 on the inner membrane permeability, as measured by the SYTOX Green uptake assay. Cells were treated for 30 min using melittin (Mel;  $1 \times MIC$ ) as a positive control. (B) Outer membrane permeability after treatment with increasing concentrations of SPI009, using polymyxin B (PMB,  $1 \times MIC$ ) as a positive control. Data for both assays represent the mean of at least three independent repeats  $\pm$  SEM. Statistical comparisons with the untreated control were performed using a one-way ANOVA ( $\alpha = 0.05$ ) with Dunnett's correction for multiple comparison (\*P < 0.05, \*\*P < 0.01, \*\*\*\*P < 0.001).



**FIGURE 6** | Microscopic confirmation of SPI009 induced membrane damage. Overnight cultures of **(A)** *P. aeruginosa* and **(B)** *S. aureus* cultures were treated for 20 min with 1% DMSO (carrier control) or 34  $\mu$ g/mL of SPI009. Treated cells were stained with 10  $\mu$ g/mL of FM® 4-64 and visualized using a Zeiss Axio imager Z1 fluorescence microscope equipped with an EC Plan-NEOFLUAR 100× objective ( $\lambda_{ex}$  = 540–580 nm;  $\lambda_{em}$  = 593–668 nm). Scale bars correspond to 2  $\mu$ M. Pictures are representatives of repeated experiments.

for microscopic visualization of cell integrity. Treatment of P. aeruginosa and S. aureus with DMSO (1%, carrier control) resulted in uniformly stained membranes while addition of 34  $\mu$ g/mL SPI009 induced brightly fluorescent membrane accumulations (**Figure 6**). In the Gram-negative P. aeruginosa, a second phenotype was visible: stained

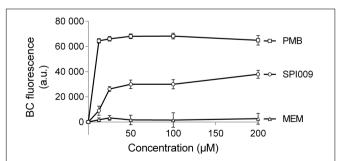
membrane blebs, possibly originating from severe outer membrane deformations (Kulp and Kuehn, 2010). The observed membrane accumulations after treatment with SPI009 confirm a direct effect of the compound on the bacterial membrane for both Gram-negative and Gram-positive species.

# SPI009 Interacts with the Lipid A Compound of the Bacterial LPS Layer

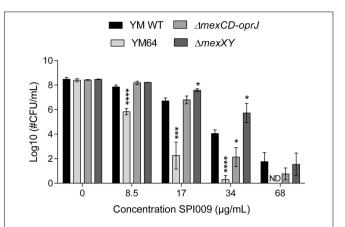
The BODIPY<sup>TM</sup>-TR-cadaverine probe (BC) was used to reveal possible interactions of SPI009 with the bacterial LPS layer. If compounds are added that have the ability to bind lipid A, BODIPYTM-TR Cadaverine will be displaced, resulting in a strong increase in fluorescence (Torrent et al., 2008; Gerits et al., 2016). Positive and negative controls consisted of, respectively, polymyxin B, known to use the interaction with lipid A for self-promoted uptake and resulting in cell lysis (Yu et al., 2015), and meropenem, not capable of interacting with LPS. Comparison of the effects of equimolar amounts of SPI009 and these controls demonstrated a clear time and concentrationdependent interaction between SPI009 and lipid A (Figure 7). However, since it was previously shown that SPI009 maintains its antibacterial and anti-persister activity in Gram-positive bacteria, the interaction with lipid A in the bacterial LPS layer cannot be the sole mechanism of SPI009-induced membrane damage.

# The Role of Efflux Pumps in SPI009 Activity

The SPI009-induced inner membrane damage, as indicated by the SYTOX Green uptake assay, could be a secondary effect resulting from extensive outer membrane damage caused by SPI009. Alternatively, the compound may enter the bacterial cell and cause membrane damage from within. To explore these possibilities, different efflux mutants were evaluated for their sensitivity toward SPI009 (Figure 8 and Supplementary Figure S5). Upon treatment with SPI009, the PAO1-derived YM64 mutant, lacking the four major mex operons of P. aeruginosa; mexAB-oprM, mexCD-oprJ, mexEF-oprN, and mexXY-oprM (Morita et al., 2001), showed a significantly decreased survival for all concentrations tested. Treatment with 8.5, 17, and 34  $\mu$ g/mL SPI009 caused significant 2.0  $\pm$  0.3, 4.5  $\pm$  0.9, and 3.7  $\pm$  0.4 log unit decreases in survival as compared to the YM WT, respectively, while 68 µg/mL of SPI009 was capable of completely eradicating the efflux mutant. To further explore the role of the different efflux pumps missing



**FIGURE 7** | SPI009 interacts with the LPS layer. BC bound *P. aeruginosa* cultures were treated with equimolar amounts of SPI009, polymyxin B (positive control; PMB) and meropenem (negative control; MEM). Fluorescence was measured continuously, using  $\lambda_{ex}$  = 580 nm and  $\lambda_{em}$  = 620 nm, and corrected for background fluorescence. Results represent the average of four independent repeats  $\pm$  SEM with BC fluorescence values obtained after 1 h.



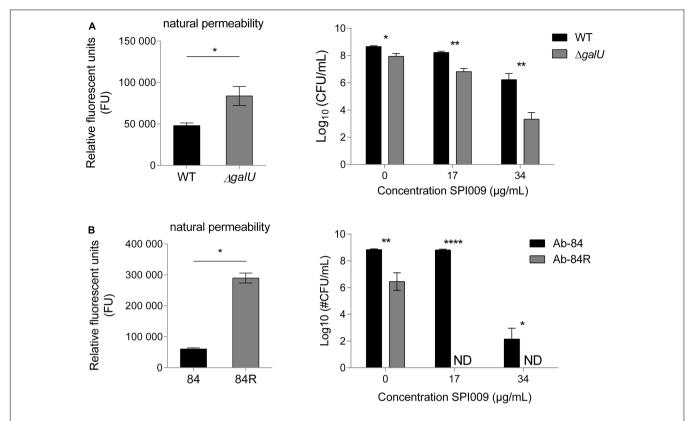
**FIGURE 8** | Activity of SPI009 in efflux mutants. *P. aeruginosa* efflux mutants YM64,  $\Delta mexCD$ -oprJ and  $\Delta mexXY$ , together with their WT strain YM, were treated for 5 h with increasing concentrations of SPI009. Significant differences in sensitivity toward SPI009 between the WT and different mutants were detected using multiple t-tests ( $\alpha$  = 0.05) with Holm–Sidak correction for multiple comparisons and represented by \*P < 0.05; \*\*\*P  $\leq$  0.001; and \*\*\*\*P < 0.0001. Values represent the average of at least three independent repeats with error bars depicting SEM values. ND, not detected.

in YM64, separate  $\Delta mexCD$ -oprJ and  $\Delta mexXY$  mutants were also analyzed. For these, only the  $\Delta mexCD$ -oprJ strain showed decreased survival compared to the YM WT after treatment with 34 µg/mL SPI009. The obtained results clearly show that some *P. aeruginosa* efflux pumps, including MexCD-OprJ, are capable of actively removing SPI009 from the bacterial cell and suggest the involvement of other Mex pumps, most likely not MexXY-OprM. These experiments confirm the inner membrane as an important target of SPI009, in addition to the observed outer membrane permeabilization.

# Role of Natural Membrane Permeability in SPI009 Sensitivity

Since the natural membrane permeability of different bacterial species contributes to their intrinsic antibiotic resistance (Breidenstein et al., 2011), we investigated whether this also affected the activity of SPI009. *P. aeruginosa*  $\Delta galU$ , is no longer capable of synthesizing UDP-glucose, a precursor required for the formation of the glycosyl residues found in the bacterial LPS layer (Choudhury et al., 2005). Natural membrane permeability was assessed by measuring NPN fluorescence of MQ-treated samples and revealed a significantly higher permeability for  $\Delta galU$  (Figure 9A). Treatment with 17 or 34  $\mu g/mL$  SPI009 revealed respective 1.4  $\pm$  0.3 log and 2.9  $\pm$  0.7 log unit decreases in survival as compared to the WT strain.

We next wanted to evaluate the effect of SPI009 in the complete absence of LPS. However, no *P. aeruginosa* strain lacking LPS has been described to date. In contrast, a 40 nt insertion in *A. baumannii lpxC* results in the complete loss of the bacterial LPS layer without affecting viability (García-Quintanilla et al., 2014). Moreover, like *P. aeruginosa*, *A. baumannii* is also a member of the Pseudomonadales and an important contributor to the spread of antibiotic resistance. As compared to the WT



**FIGURE 9** | Cells displaying increased membrane permeability show higher sensitivity toward SPI009. Mutants resulting in LPS biosynthesis malfunction or complete loss of the LPS layer were selected for **(A)** *P. aeruginosa* and **(B)** *Acinetobacter baumannii*, respectively. Natural membrane permeability was assessed by means of NPN assays of untreated cultures (left panel). Statistical analysis was done by means of a single unpaired, two-tailed *t*-test ( $\alpha$  = 0.05). Next, stationary phase cultures of WT and mutant strains were treated for 5 h with increasing concentrations of SPI009 (right panel). Statistical analysis was done by means of multiple *t*-tests ( $\alpha$  = 0.05) to compare the antibacterial effect of SPI009 between the WT and mutant strain, with Holm–Sidak correction for multiple testing. Displayed data points show the average of at least three independent repeats  $\pm$  SEM. \*P < 0.005; \*\*P < 0.01; \*\*\*P < 0.001; and \*\*\*\*P < 0.0001; ND, not detected.

strain Ab-84, the absence of the LPS layer greatly increased the observed natural membrane permeability (**Figure 9B**). The differential sensitivity of these strains for SPI009 shows a more pronounced character than for *P. aeruginosa* since treatment with 17  $\mu$ g/mL of SPI009 already completely eradicated the LPS-deficient Ab-84R strain. Together, these results indicate that the structure of the bacterial LPS layer, which partly determines membrane integrity and strength, strongly influences the susceptibility of the cell toward SPI009.

# Generation and Analysis of SPI009-Resistant Mutants

Being so far unable to generate spontaneous SPI009-resistant mutants on solid growth medium (our own, unpublished data), an evolution experiment using the MIC broth dilution method was used to generate mutants showing a 10-fold increase in the SPI009 MIC. MIC values slowly increased for the strains grown in the presence of SPI009 while resistance to the conventional antibiotic ofloxacin showed a more abrupt transition with a first plateau of 16-fold increase in MIC being reached after just 2 days (Supplementary Figure S6A). The results obtained for ofloxacin are in agreement with previous fluoroquinolone resistance evolution experiments (Wong et al., 2012; Briers et al.,

2014; Ling et al., 2015). Decreased sensitivity for SPI009 of the evolved strains was confirmed via MIC and plate assays, where treatment with 68  $\mu$ g/mL of SPI009 caused a maximal 1.46 log decrease in the number of surviving cells (Supplementary Figure S6B). Whole genome sequencing and analysis of the evolved strains revealed two identical non-synonymous SNPs in each of the parallel lines. A first mutation involved a 47A > C change in PA14\_08120 (PA0625), a phage tail length determination protein located in the outer membrane or outer membrane vesicles (Choi et al., 2011; Winsor et al., 2016). PA0625 is part of a 16-ORF gene cluster coding for R-type phage tail-like pyocins in *P. aeruginosa*, bacteria-produced bacteriocins that are capable of depolarizing the cytoplasmic membrane in sensitive cells and inhibiting active transport (Nakayama et al., 2000; Ghequire and De Mot, 2014; Choudhary et al., 2015). A second SNP, 88G > A, was identified in nfxB, the negative regulator of the MexCD-OprJ efflux system. Interestingly, this SNP is located in a predicted helix-turn-helix region responsible for DNA-binding. Other similar mutations in this region have been shown to disturb the binding to the MexCD-OprJ promotor and thus cause overexpression of this efflux pump and active expulsion of SPI009 from the cell (Okazaki and Hirai, 1992; Purssell and Poole, 2013).

A transposon mutant of nfxB showed a significant decrease in sensitivity toward SPI009 resulting in 1.7  $\pm$  0.4 and 3.1  $\pm$  0.9 log unit increases in survival as compared to the WT after treatment with 17 and 34  $\mu g/mL$  of SPI009, respectively (Supplementary Figure S6B). In contrast to the whole genome sequencing results, full gene knockout of PA14\_08120 did not cause a significant increase in survival. Taken together, these results confirm the hypothesis that the MexCD-OprJ efflux is capable of protecting the cell against SPI009-mediated membrane damage. Further research will, however, be necessary to unravel the exact role of PA14\_08120 in this mechanism.

### DISCUSSION

Increased understanding of persister formation mechanisms and the general acknowledgment of their clinical importance has resulted in a growing number of reports on anti-persister molecules, contributing to potential future treatment options in the fight against bacterial infections (Wood, 2015; Van den Bergh et al., 2017). Targeting persisters is likely to greatly improve patient outcomes but unfortunately the rational target-based design of anti-persister therapies remains a great challenge. Contributing to this are the limited numbers of persister cells, the incomplete knowledge and redundancy in mechanisms controlling persister formation and the observation that these processes are often species-specific (Harms et al., 2016; Michiels et al., 2016; Van den Bergh et al., 2017). A possible way of bypassing these issues is the use of well-designed wholecell screenings that can identify novel compounds based on anti-persister activity rather than target (Coates et al., 2002). We recently reported the use of such a screening in the identification of SPI009 (1-((2,4-dichlorophenethyl)amino)-3phenoxypropan-2-ol) (Liebens et al., 2017), a small molecule capable of directly killing persister cells of clinically relevant Gram-negative and Gram-positive pathogens in different in vitro and in vivo set-ups. Other anti-persister compounds reported to directly kill bacterial persister cells use varying strategies such as depolarization and destruction of the cell membrane, DNA cross-linking, inhibition of essential enzymes, and generation of reactive oxygen species (Helaine and Kugelberg, 2014; Wood, 2015; Van den Bergh et al., 2017). Several characteristics of SPI009, such as its broad-spectrum activity, ability to tackle both dividing and non-dividing cells and the potentiation of mechanistically different antibiotics presented a first indication of a non-specific target. Identifying the mechanism of action for this novel anti-persister and antibacterial compound is not only important for the further development of possible therapies but also increases our knowledge about persister cells and contributes to the identification of possible targets for future anti-persister therapies (Terstappen et al., 2007).

In this study, we present the detailed exploration of the mode of action of SPI009, combining complementary genetic and cellular approaches. Several lines of evidence support that SPI009 kills persister and non-persister cells by causing extensive membrane damage. The overall inhibition of macromolecular synthesis at relatively low concentrations of SPI009, together

with the obtained genetic data, provided us with the indication that SPI009 induced membrane damage (Hobbs et al., 2008; Nowakowska et al., 2013; Masschelein et al., 2015; Gerits et al., 2016). Several membrane and whole-cell-based assays confirmed this hypothesis and revealed the possibility of SPI009 to efficiently and extensively damage both the outer and inner bacterial membrane. Furthermore, microscopic analysis revealed membrane damage and severe outer membrane deformations and blebs in *P. aeruginosa*. The observed changes upon treatment of the Gram-positive S. aureus suggest a similar mechanism of membrane damage, but further research will be necessary to confirm this. Since the integrity of the bacterial membrane remains crucial for the viability of persister cells, membranes have previously been suggested as potential targets for anti-persister strategies (Hurdle et al., 2011). Several anti-persister compounds described in literature, such as the Artilysin® Art-175 (Briers et al., 2014; Defraine et al., 2016), membrane-acting peptides (Chen et al., 2011), HT61 (Hu et al., 2010; Hubbard et al., 2017), and AM-0016 (Zou et al., 2013) use this strategy to efficiently tackle antibiotic-tolerant persister cells of both Gram-negative and Gram-positive species.

Although SPI009 proved capable of interacting with the lipid A moiety of the bacterial LPS layer, the demonstrated activity in Gram-positive species and LPS-deficient strains exclude LPS as the primary binding target of SPI009. However, the architecture of the LPS layer and resulting membrane permeability do have a strong influence on SPI009 activity. Possible explanations include the physical barrier formed by the LPS sugars, its influence on overall membrane strength or the changes in membrane charge due to the absence or presence of sugars and phosphate groups (Rana et al., 1991; Papo and Shai, 2005). Additionally, the increased SPI009 sensitivity of the P. aeruginosa YM64 mutant, lacking the four major Mex efflux pumps (Morita et al., 2001) and resulting in increased intracellular concentrations of the compound, provided evidence that SPI009 can cause cytoplasmic membrane damage and suggests the possible use of efflux pump inhibitors to further increase SPI009 activity.

Additional experiments revealed a possible role for MexCD-OprJ in the efflux of SPI009, but the substantial difference in sensitivity between YM64 and  $\Delta mexCD$ -oprJ suggests that additional efflux mechanisms are involved. Interestingly, both the genetic screen and RNA sequencing revealed genes belonging to the mexCD-oprJ system and its regulator nfxB, previously reported to be inducible by membrane-damaging agents and best known for its role in fluoroquinolone resistance (Morita, 2003; Fraud et al., 2008; Purssell and Poole, 2013). Besides increasing the efflux of antibacterial compounds through MexCD-OprJ,  $\Delta nfxB$  also influences cell membrane permeability (Okazaki and Hirai, 1992), thus suggesting an alternative role for nfxB in SPI009 resistance. The involvement of this bacterial efflux pump was corroborated through genetic analysis of the evolved SPI009resistant strains, where all three independent mutants showed SNPs in nfxB and PA14\_08120. While inactivation of nfxB strongly decreased sensitivity toward SPI009, this was not the case for PA14\_08120. The R2 region of P. aeruginosa has previously been linked with antibiotic resistance. Fluoroquinolone induced production and release of pyocins was shown to cause cell lysis,

while deletion of several R2 genes induced significant resistance to ciprofloxacin (Brazas and Hancock, 2005; Breidenstein et al., 2008). However, the lack of upregulation of any of the R2 genes in response to SPI009 (see Supplementary Table S2), suggests a different role for PA14\_08120 in SPI009 susceptibility. Differences in survival between the nfxB knockout mutant and the SPI009-resistant strains could suggest the enhancement of the observed SPI009 resistance after accumulation of both mutations. The absence of SPI009 resistant mutants in earlier attempts, combined with the lack of any clear resistance phenotypes after single-gene knockout, predicted fitness defects of  $\Delta nfxB$  (Stickland et al., 2010) and possibility of using efflux pump inhibitors (Lomovskaya and Watkins, 2001) all decrease the chances of SPI009 resistance emerging in  $in\ vivo\ situations$ .

Overall, the use of different combined approaches resulted in compelling evidence that the novel antibacterial compound SPI009 is capable of directly killing *P. aeruginosa* cells as a consequence of severe membrane damage. Further experiments revealed the ability of the compound to impair both the outer and inner membrane of *P. aeruginosa*, the latter being a direct consequence of SPI009 entry into the cell. The crucial importance of membrane integrity for survival of both active and metabolically inactive bacterial cells combined with the suggested limited resistance potential of membrane-damaging compounds (Hurdle et al., 2011) and the previously reported limited cytotoxicity (Liebens et al., 2017), further support the clinical potential of SPI009 and its role as a scaffold in the development of future anti-persister therapies.

### **AUTHOR CONTRIBUTIONS**

Conceptualization: VD, VL, RC, AM, PC, MF, and JM; Methodology: VD, VL, MF, and JM; Formal analysis: VD and VL;

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### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb. 2018.00129/full#supplementary-material

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## Antibacterial Activity of 1-[(2,4-Dichlorophenethyl)amino]-3-Phenoxypropan-2-ol against Antibiotic-Resistant Strains of Diverse Bacterial Pathogens, Biofilms and in Pre-clinical Infection

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described recently the novel anti-persister compound dichlorophenethyl)amino]-3-phenoxypropan-2-ol (SPI009), capable of directly killing persister cells of the Gram-negative pathogen Pseudomonas aeruginosa. This compound also shows antibacterial effects against non-persister cells, suggesting that SPI009 could be used as an adjuvant for antibacterial combination therapy. Here, we demonstrate the broad-spectrum activity of SPI009, combined with different classes of antibiotics, against the clinically relevant ESKAPE pathogens Enterobacter aerogenes, Staphylococcus aureus, Klebsiella pneumoniae, Acinetobacter baumannii, P. aeruginosa, Enterococcus faecium and Burkholderia cenocepacia and Escherichia coli. Importantly, SPI009 re-enabled killing of antibiotic-resistant strains and effectively lowered the required antibiotic concentrations. The clinical potential was further confirmed in biofilm models of P. aeruginosa and S. aureus where SPI009 exhibited effective biofilm inhibition and eradication. Caenorhabditis elegans infected with P. aeruginosa also showed a significant improvement in survival when SPI009 was added to conventional antibiotic treatment. Overall, we demonstrate that SPI009, initially discovered as an anti-persister molecule in P. aeruginosa, possesses broad-spectrum activity and is highly suitable for the development of antibacterial combination therapies in the fight against chronic infections.

Keywords: antibacterials, P. aeruginosa, ESKAPE pathogens, anti-persister therapies, antibiotic resistance

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### INTRODUCTION

Antibiotic resistance is rapidly increasing in the majority of nosocomial pathogens, complicating the effective treatment of bacterial infections and transforming once easily cured diseases into serious human health threats (European Centre for Disease Prevention and Control, 2013; O'Neill, 2016). Although selection for resistance in microorganisms is inevitable, the widespread and excessive use of antibiotics allowed pathogens to efficiently adapt to these stressful conditions, resulting in the occurrence of extensively drug-resistant and pan-drug resistant strains (Livermore, 2004; Fischbach and Walsh, 2009). In an attempt to guide research and development toward the most critical pathogens, the World Health Organization (WHO) recently published their 'global priority list,' containing 12 bacterial pathogens that raise particular concern (WHO, 2017). Among these are the so-called ESKAPE pathogens, Enterococcus faecium, Staphylococcus aureus, Klebsiella pneumoniae, Acinetobacter baumannii, P. aeruginosa, and Enterobacter spp., which efficiently evade antibiotic treatment and represent new paradigms in pathogenesis, transmission, and resistance (Rice, 2008). Together, this select group of bacteria is responsible for most of the hospital-acquired infections and, despite increasing research efforts, therapeutic options remain scarce (Bassetti et al., 2013; Pendleton et al., 2013). Greatly contributing to the difficult treatment of these bacterial infections is the presence of non-growing persister cells. These phenotypic variants show a reduced metabolic activity, are able to withstand intensive antibiotic treatment, and when antibiotic pressure drops, are capable of restoring the bacterial population, causing recurrence of infection (Fauvart et al., 2011; Van den Bergh et al., 2017). Persistence is widely acknowledged as a major culprit of treatment failure in chronic and biofilm infections and recent research has identified the persister fraction as a possible reservoir for the development of resistance (Lewis, 2007; Cohen et al., 2013). Effective elimination of persister cells could significantly improve patient outcomes, but their small numbers and the apparent redundancy in persister mechanisms greatly hampers the development of targeted anti-persister therapies.

We recently reported the identification of a novel antipersister molecule capable of directly killing persister cells of P. aeruginosa (Liebens et al., 2017). SPI009 was identified in a screening of 23,909 small molecules for compounds that decrease the persister fraction of P. aeruginosa in combination with the conventional antibiotic ofloxacin. In the present study, we explore the activity of SPI009 in several additional pathogens and demonstrate broad spectrum activity and the ability to sensitize resistant strains. Furthermore, SPI009 was shown to retain activity in different biofilm models and is capable of significantly improving antibiotic efficacy both in in vitro and in vivo infection models. Overall, these results further increase the clinical potential of SPI009 and offer compelling perspectives for the use of SPI009 as an adjuvant in effective antimicrobial therapies.

### MATERIALS AND METHODS

# Bacterial Strains, Human Cell Lines, *C. elegans*, and Culture Conditions

Bacterial strains used in this study are listed in **Table 1**. All strains were cultured in 1:20 diluted Trypticase Soy Broth (1/20 TSB) at 37°C shaking at 200 rpm. For solid medium, TSB was supplemented with 1.5% agar. Human THP-1 cell lines were cultivated in RPMI-1640 medium containing 10% fetal calf serum at 37°C with 5% CO<sub>2</sub>. The *C. elegans* AU37 strain [glp-4(bn2); sek-1(km4)] was obtained from the Caenorhabditis Genetics Center (CGC) and maintained according to standards (Stiernagle, 2006). The following antibacterials were used: ofloxacin, ciprofloxacin, rifampicin, polymyxin B, vancomycin (Sigma–Aldrich), and 1-[(2,4-dichlorophenethyl)amino]-3-phenoxypropan-2-ol (SPI009; CD3) with concentrations indicated throughout the text.

### **Antibacterial Assays**

Antibacterial assays were performed on different clinically relevant pathogens as previously described (Liebens et al., 2017). Briefly, stationary phase cultures were treated for 5 h with 17 or 34  $\mu g/mL$  of SPI009 alone or in combination with an appropriate antibiotic to assess anti-bacterial and antipersister effects, respectively. To evaluate activity against resistant strains, stationary phase cultures were treated for 5 h with 1x, 4x, and 8x MIC concentrations of the respective antibiotic; 17 or 34  $\mu g/mL$  SPI009 or the combination of both. After treatment, cells were washed and viability was assessed via plating.

# **Quantification of Biofilm Formation and Eradication after Treatment with SPI009**

Overnight cultures of *P. aeruginosa* PA14 WT or *S. aureus* ATCC 33591 were diluted 1:100 in 1/20 TSB medium supplemented with 2% DMSO (carrier control) or increasing concentrations of SPI009 (4.25–68  $\mu g/mL$ ). Biofilms were grown for 24 h at 37°C on the bottom of a polystyrene 96-well plate, non-shaking. Medium and free-living cells were removed and the biofilms were washed, scraped off and passed five times through a syringe (0.5 mm  $\times$  1.6 mm) to disrupt any cell clumps and obtain single cells (Hermans et al., 2011). Appropriate dilutions made in 1x PBS were plated on solid TSB agar plates to assess biofilm growth under different conditions.

To explore the biofilm eradicating effects of SPI009, overnight cultures of P. aeruginosa PA14 WT or S. aureus ATCC 33591 were diluted 1:100 in 1/20 TSB medium and incubated for 24 h at 37°C (non-shaking). Mature biofilms were treated for 5 h with 2% DMSO and increasing concentrations of SPI009 (8.5–136  $\mu$ g/mL) at 37°C, non-shaking, after which the remaining biofilms were processed as described above.

### **Chronic Wound Model**

A three-dimensional wound biofilm model was used, as previously described (Townsend et al., 2016). *P. aeruginosa* coated cellulose matrices, obtained after 2 h of adhesion  $(1 \times 10^6$ 

TABLE 1 | Strains used in this study.

Strain	Description	Source or reference
P. aeruginosa PA14	Wild type; UBCPP-PA14	Pierre Cornelis; Lee et al., 2006
P. aeruginosa PAO1	Wild type	Dieter Haas (ETH)
P. aeruginosa PA62	Broncho-pulmonary clinical isolate $OFX^R$ , $CIP^R$ , $GEN^R$ , $AMK^R$ , $ATM^R$ , $TIC^R$ , $PIP^R$ , $TZP^R$ , $CAZ^R$ , $FEP^R$	Françoise van Bambeke (UCL)
P. aeruginosa 9BR	Clinical isolate, PBMR, MEMR, CIPR, and FEPR, CAZR, or TZPR	Bob Hancock; Boyle et al., 2012
E. aerogenes	ATCC 13048 (KCTC 2190)	Shin et al., 2012
S. aureus Rosenbach 1844	Wild type, methicillin resistant, ATCC 33591	BCCM/LGM bacterial collection; Conlon et al., 2013
K. pneumoniae	ATCC 13883	Arivett et al., 2015
A. baumannii	RUH134	Jean-Paul Pirnay; Merabishvili et al., 2014
E. faecium	LMG 8148	Descheemaeker et al., 1997
B. cenocepacia K56-2	LMG 18863	Van Acker et al., 2013
E. coli BW25113	F <sup>-</sup> , $\Delta$ (araD-araB)567, $\Delta$ lacZ4787(::rrnB-3), $\lambda^-$ , rph-1, $\Delta$ (rhaD-rhaB)568, hsdR514	Baba et al., 2006

Resistance profiles determined according to EUCAST MIC breakpoints (European Committee on Antimicrobial Susceptibility Testing, 2017). OFX, ofloxacin; CIP, ciprofloxacin; GEN, gentamicin; AMK, amikacin; ATM, aztreonam; TIC, ticarcillin; PIP, piperacillin; TZP, piperacillin-tazobactam; CAZ, ceftazidime; FEP, cefepime; PBM, polymyxin B; MEM, meropenem.

cells/mL), were placed onto the hydrogels after which 3D biofilm development was allowed for 24 h at 37°C. Mature biofilms were treated for 24 h with DMSO (1%), 10 µg/mL ofloxacin, 34 and 69 µg/mL of SPI009 or the combination of ofloxacin and SPI009. Any non-adherent cells were removed by rinsing after which biomass was removed by sonication at 35 kHz for 10 min and DNA was extracted. Samples were prepared as previously described and viability-based qPCR using P. aeruginosa specific primers F- GGGCGAAGAAGGAAATGGTC and R- CAGGTGGCGTAGGTGGAGAA was used to determine live and total fractions of biofilm cells under different treatment conditions (Smith et al., 2016). Standard curves were used to convert the obtained qPCR values to colony forming estimates (CFEs), after which log<sub>10</sub>-transformed values were used for statistical analysis, as described below. All experiments were carried out in triplicate, each containing three technical repeats.

### **Intracellular Infection Model**

Infection of human THP-1 cells was performed as described previously, with minor modifications (Buyck et al., 2013). Since a newly synthesized batch of SPI009 was used for this experiment, cytotoxicity assessment via an LDH enzyme assay was repeated for the THP-1 cell line, as previously described (Liebens et al., 2017). After THP-1 infection with P. aeruginosa PAO1 and subsequent removal of any nonphagocytozed or adherent bacteria, ciprofloxacin and SPI009 were added in final concentrations of, respectively, 0-20 µg/mL and 6.8 or 10.2 µg/mL. After 5 h of treatment, eukaryotic cells were collected in three consecutive centrifugation steps and complete cell lysis was obtained by sonication (10 s). Lysates were used for bacterial CFU counting and determination of protein content by Lowry's assay (Bio-Rad DC protein assay kit; Bio-Rad laboratories, Hercules, CA, United States). For analysis of surviving bacterial cells, CFU data were divided by corresponding protein content for normalization.

# C. elegans Toxicity Testing and Survival Assay

AU37 nematodes were synchronized as previously described (Porta-de-la-Riva et al., 2012) to obtain L4 worms suitable for toxicity and infection assays (Briers et al., 2014). Larvae obtained after bleaching were plated onto solid NGM-OP50 agar plates and incubated at 25°C during 2 days to allow development of the worms to the L4 stage. Worms were transferred to fresh NGM agar plates containing OP50 (toxicity testing and uninfected control) or PA14 (infection) for an additional 24 h at 25°C.

To evaluate toxicity of SPI009 L4 nematodes grown on OP50 were transferred to 12-well plates (20–30 worms/well) containing different concentrations of SPI009 (8.5–136  $\mu g/mL$ ) in 1.5 mL NGM:M9 (1:4). Controls consisted of untreated worms and DMSO (2% and 20%). For the infection assay, adult worms were allowed to feed on NGM-PA14 plates for 24 h, after which residual bacteria were removed and nematodes were divided over a 12-well plate (20–30 worms/well). Different treatments were prepared in 1.5 mL NGM:M9 (1:4) and consisted of an untreated control, 1.56  $\mu g/mL$  ciprofloxacin (5x MIC), 8.5  $\mu g/mL$  of SPI009 and the combination of ciprofloxacin and SPI009. As an additional control, uninfected worms were included. For both assays, worms were incubated at 25°C and survival was scored visually for 6 days.

### Statistical Analysis

Unless mentioned otherwise, all statistical analyses were performed on  $\log_{10}$ -transformed data using GraphPad Prism software (version 6.01). Bacterial survival after different treatments was compared to the untreated or antibiotic control using a one-way ANOVA ( $\alpha=0.05$ ), with Dunnett's correction for multiple comparisons. Statistical comparison of monoand combination treatment in resistant strains was done using a two-way ANOVA ( $\alpha=0.05$ ) with Tukey correction for multiple comparisons. Statistical analysis of the *in vivo C. elegans* data was done by means of a log-rank test using GraphPad Prism.

### **RESULTS**

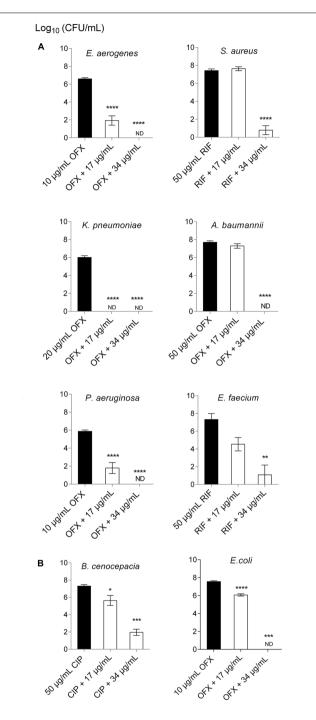
# SPI009 Shows Broad-Spectrum Activity against Different Clinically Relevant Bacterial Species

The activity of SPI009 was previously assessed in P. aeruginosa PA14 and several clinical isolates where combination with ofloxacin significantly decreased the persister fraction in all strains tested (Liebens et al., 2017). In the present study, we challenged a panel of clinically relevant species, including the ESKAPE pathogens (Figure 1A), B. cenocepacia and E. coli (Figure 1B). For each species appropriate concentrations of a conventional antibiotic used in the clinic were selected to allow only persister cells to survive (Supplementary Figure S1). Combination of the antibiotic with 17 µg/mL SPI009 significantly decreased the number of surviving bacteria for five of the eight species with reductions in CFU ranging between 1.5  $\pm$  0.1 and 6.0  $\pm$  0.2 log units and complete eradication of K. pneumoniae. Addition of 34 μg/mL completely eradicated the bacterial cultures of five of the eight species tested and resulted in significant 6.6  $\pm$  0.5 log, 6.2  $\pm$  1.3 log, and 5.4  $\pm$  0.5 log reductions in bacterial survival for S. aureus, E. faecium, and B. cenocepacia, respectively. No reduction in survival is observed after treatment with 17 µg/mL for either of the Gram-positive species, E. faecium and S. aureus. These results suggest that the latter two species, and the Gram-negative B. cenocepacia, are slightly less sensitive toward the combination therapy. K. pneumoniae proved the most susceptible species toward SPI009. Overall, the obtained results further support the antibacterial effect of SPI009 and reveal a broad-spectrum activity.

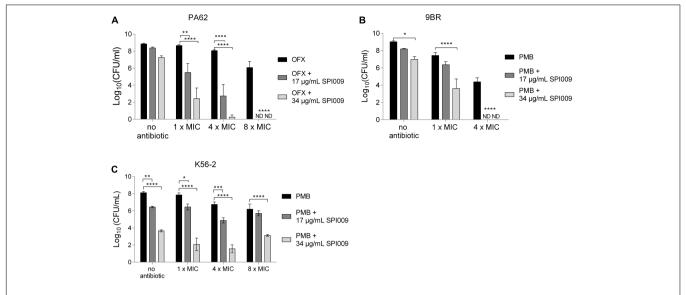
# SPI009 Sensitizes Antibiotic-Resistant Strains

To investigate the possible use of SPI009 as an adjuvant in antibacterial combination therapies, several (multi)drugresistant strains were treated with 1x, 4x, and 8x MIC concentrations of the antibiotic, alone and in combination with SPI009. While SPI009 alone did not cause a significant decrease in survival of the ofloxacin resistant *P. aeruginosa* PA62, addition of 17 or 34  $\mu$ g/mL of SPI009 significantly reduced the number of surviving cells by 5.3  $\pm$  0.9 and 7.8  $\pm$  0.9 log units at 4x MIC of ofloxacin while combination with 8x MIC completely eradicated the bacterial culture (**Figure 2A**). In comparison, treatment with ofloxacin alone caused 0.8  $\pm$  0.9 log and 2.8  $\pm$  0.9 log decreases in surviving cells at concentrations of 4x MIC and 8x MIC, respectively.

A similar trend was observed in the polymyxin B resistant P. aeruginosa 9BR (Figure 2B). Here, addition of the antibiotic alone had a slightly greater effect but combination with SPI009 still significantly improved the treatment and 17  $\mu$ g/mL of SPI009 successfully eradicated the entire bacterial culture in combination with 4x MIC of polymyxin B. A somewhat smaller effect was observed in the polymyxin B resistant B. cenocepacia strain K56-2, for which addition of 17  $\mu$ g/mL and 34  $\mu$ g/mL SPI009 to 4x MIC polymyxin B resulted in significant 4.9  $\pm$  0.5 and



**FIGURE 1** | SPI009 possesses broad-spectrum activity against different clinically important pathogens. 200 μL volumes of stationary phase cultures of (A) ESKAPE pathogens *E. aerogenes, S. aureus, K. pneumoniae, A. baumannii, P. aeruginosa,* and *E. faecium* and (B) *B. cenocepacia* and *E. coli* were treated for 5 h with the combination of a conventional antibiotic; ofloxacin (OFX), ciprofloxacin (CIP), or rifampicin (RIF) and 17 or 34 μg/mL SPI009. Black bars represent the antibiotic and white bars the combination of antibiotic with SPI009. Results are the mean of at least three independent experiments with error bars depicting SEM values. One-way ANOVA with Dunnett's correction for multiple comparisons was used to detect significant differences to the antibiotic control with \* $P \le 0.05$ , \*\* $P \le 0.01$ , \*\*\* $P \le 0.001$ . ND, not detected.



**FIGURE 2** | SPI009 re-enables the treatment of (multi)drug-resistant strains. Stationary phase cultures of **(A)** *P. aeruginosa* PA62 (OFX<sup>R</sup>), **(B)** *P. aeruginosa* 9BR (PMB<sup>R</sup>) and **(C)** *B. cenocepacia* K56-2 (PMB<sup>R</sup>) were treated for 5 h with 1x MIC, 4x MIC, and 8x MIC concentrations of the respective antibiotic alone and in combination with 17 or 34  $\mu$ g/mL of SPI009. Data points represent the average of at least three biological repeats. SEM values are shown as error bars. Statistical analysis was done by means of two-way ANOVA ( $\alpha = 0.05$ ) with Tukey correction for multiple comparisons and \* $P \le 0.05$ , \*\* $P \le 0.01$ , \*\*\*\* $P \le 0.001$ ; ND, not detected.

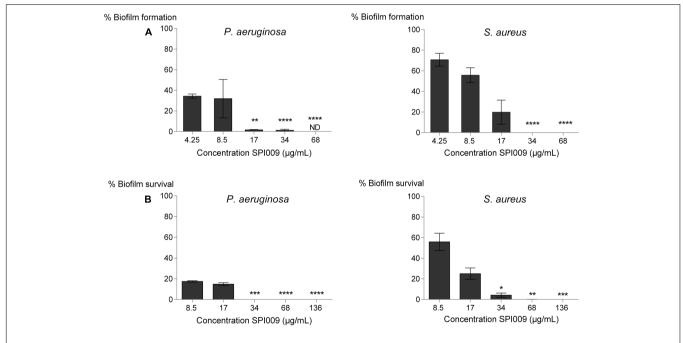


FIGURE 3 | Anti-biofilm effects of SPI009 in P. aeruginosa and S. aureus. Increasing concentrations of SPI009 (4.25–136 μg/mL) and a DMSO control were added for (A) 24 h to 1:100 diluted cultures or (B) 5 h to 24-h-old biofilms in 96-well microtiter plates to assess biofilm inhibition and eradication, respectively. After treatment, biofilms were washed, disturbed and plated out to calculate the number of surviving cells. Data points represent the percentage of surviving cells relative to the untreated control as an average of at least three biological repeats, each containing three technical repeats. Error bars depict SEM values. Statistical significance was calculated on  $\log_{10}$  transformed CFU counts using a one-way ANOVA with Dunnett's correction for multiple comparisons. \* $P \le 0.001$ , \*\*\* $P \le 0.001$ . ND, not detectable.

 $5.2\pm0.5$  log decreases in survival. Combinations with higher concentrations of polymyxin B (8x MIC) did not further decrease the number of surviving cells (**Figure 2C**). The obtained results

clearly demonstrate the effective use of SPI009 as an adjuvant for antibacterial therapy thereby facilitating the treatment of different antibiotic-resistant strains. Furthermore, SPI009 retains activity in multidrug-resistant strains, revealing the lack of cross-resistance. Importantly, resensitization of resistant strains could restore the effectiveness of established antibiotics.

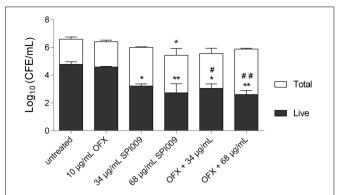
# Biofilm Inhibition and Eradication Effects of SPI009

To assess biofilm inhibiting properties of SPI009 in *P. aeruginosa* and *S. aureus*, biofilm growth was allowed in the presence of increasing concentrations of SPI009 (**Figure 3A**). Analysis of the obtained results clearly show an effective inhibition of biofilm growth in both *P. aeruginosa* and *S. aureus*. For *P. aeruginosa*, a steep increase in inhibitory activity was observed at concentrations above 8.5  $\mu$ g/mL, resulting in 1.8  $\pm$  0.5 log and 2.4  $\pm$  0.4 log decreases at 17 or 34  $\mu$ g/mL SPI009, respectively, and complete inhibition of biofilm growth at 68  $\mu$ g/mL. *S. aureus* showed a more gradual decrease in biofilm formation with 34  $\mu$ g/mL and 68  $\mu$ g/mL resulting in significant 6.2  $\pm$  0.6 log and 6.4  $\pm$  0.6 log decreases in biofilm formation, respectively. These results clearly demonstrate the potent biofilm inhibiting activity of SPI009 for both Gram-negative and Gram-positive model pathogens.

To explore biofilm eradication, SPI009 was added to mature biofilms and survival was assessed after 5 h of treatment. For P. aeruginosa the lower concentrations (8.5 and 17 µg/mL) caused a decrease in biofilm survival of about 0.8 log units (Figure 3B). Doses of 34 µg/mL or higher significantly decreased the number of surviving biofilms cells, resulting in 4.2  $\pm$  0.6;  $6.2 \pm 0.6$ ; and  $6.6 \pm 0.6$  log reductions. In comparison,  $10 \,\mu\text{g/mL}$ of the conventional antibiotic ofloxacin caused a significant  $4.5 \pm 1$  log decrease in the number of surviving biofilm cells (Supplementary Figure S2A). For S. aureus, the treatment of mature biofilms with lower concentrations of SPI009 proved slightly less effective than for P. aeruginosa. Treatment with higher concentrations did cause extensive damage, resulting in significant decreases in biofilm survival ranging between  $2.5 \pm 0.7$  and  $5.4 \pm 0.6$  log. For the 96-well biofilm models used in this study, the combination of SPI009 with a conventional antibiotic did not further decrease the number of surviving cells as compared to mono-treatment with SPI009 (Supplementary Figure S2). Overall, SPI009 shows potent activity in biofilms of both Gram-negative and Gram-positive species and is capable of significantly inhibiting biofilm formation and decreasing survival of mature biofilms.

### SPI009 Reduces Bacterial Load in a Chronic Wound Model

After confirming the biofilm eradication capacity of SPI009 in a standard biofilm set-up, a more clinically relevant model was used to assess the clinical potential of SPI009 as a topical antibacterial treatment. Using a porous cellulose matrix placed upon a moist hydrogel allowed the growth of a complex, three-dimensional hydrated structure, effectively mimicking biofilms in a chronic wound environment (Townsend et al., 2016; Kean et al., 2017). Assessment of viability was performed by means of live/dead quantitative PCR (Figure 4). For the viable cells, treatment with increasing concentrations of SPI009

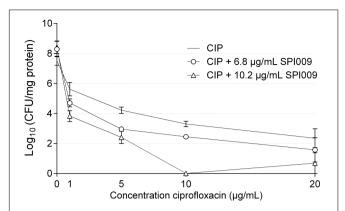


**FIGURE 4** | Effect of SPI009 in a chronic wound model. Mature biofilms, grown on hydrogels supporting a cellulose matrix, were treated for 24 h with 10 μg/mL ofloxacin, 34 or 68 μg/mL of SPI009 alone or in combination with ofloxacin. Washed biofilms were removed by sonication and viability was assessed by means of Live/Dead PCR. Values are shown as the log<sub>10</sub> transformation of colony forming estimates (CFEs), as determined for three biological repeats each containing three technical repeats. Error bars represent SEM values. Significant differences relative to untreated control are depicted by \*, # represent significant differences relative to ofloxacin treatment with \*/#  $P \le 0.05$ , \*\*/##  $P \le 0.01$ , as determined by means of one-way ANOVA with Dunnett's correction.

alone resulted in significant 1.6  $\pm$  0.5 log (34  $\mu g/mL)$  and 2.0  $\pm$  0.5 log (68  $\mu g/mL)$  decreases in the number of surviving cells. The obtained results confirm the biofilm eradication capacity of SPI009, both as an antimicrobial and as part of a combination therapy, and this in a more complex, realistic biofilm environment.

# SPI009 Potentiates Antibiotic Activity in an Intracellular Infection Model

Next, the anti-persister and antibacterial activities of SPI009 were verified in a recently developed P. aeruginosa intracellular infection model (Buyck et al., 2013). Human THP-1 cells were infected with PAO1 cells (MOI 10) and treated for 5 h with different concentrations of ciprofloxacin, alone or in combination with 6.8 or 10.2 µg/mL of SPI009. Concentrations of SPI009 were chosen to be well below the determined IC<sub>50</sub> value of 24.5  $\pm$  1.36  $\mu$ g/mL. After treatment, both the number of surviving PAO1 cells and the amount of eukaryotic proteins present was assessed, as this can provide information about the possible toxic effect of the different treatments and the infecting bacteria. While treatment with SPI009 alone caused non-significant decreases of 0.78  $\pm$  0.7 and  $0.89 \pm 0.7$  log units in surviving bacteria, addition of SPI009 to ciprofloxacin greatly improved the antibacterial effect for all concentrations tested and this in a dose-dependent manner (Figure 5). Maximal antibacterial activity for the combination therapy with 10.2 µg/mL of SPI009 occurs at ciprofloxacin concentrations of 10 µg/mL, resulting in complete eradication of the bacterial culture. Moreover, all combinations tested significantly reduced the bacterial load as compared to ciprofloxacin alone. Combination treatment with 6.8 µg/mL SPI009 showed a maximal 0.78  $\pm$  0.6 log decrease as compared



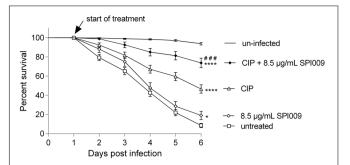
**FIGURE 5 |** Addition of SPI009 enhances antibiotic treatment of intracellular infections. Human THP-1 cells were infected for 5 h with *P. aeruginosa* PAO1 (MOI 1:10) after which extracellular bacteria were removed and cells were treated with increasing concentrations of ciprofloxacin, alone or in combination with 6.8  $\mu$ g/mL or 10  $\mu$ g/mL of SPI009. Data points represent the average of at least two biological repeats, each containing three technical repeats. Error bars depict SEM values. Statistical comparison between ciprofloxacin treatment and the different combination treatments was done by means of one-way ANOVA testing with correction for multiple comparisons (Dunnett) ( $\alpha=0.05$ ).

to antibiotic alone at a ciprofloxacin concentration of 20  $\mu$ g/mL. These results clearly show that SPI009 can effectively penetrate the eukaryotic cell membrane, without causing extensive damage, to eradicate the intracellular *P. aeruginosa* infection.

### SPI009 Combination Therapy Significantly Improves *in Vivo* Survival

Since the antibacterial effect of SPI009 was demonstrated extensively *in vitro*, a next step was to assess the effect of this new compound in an *in vivo C. elegans* gut infection model. Toxicity testing of SPI009 in *C. elegans* revealed minor levels of toxicity at 68  $\mu$ g/mL and >80% killing at 136  $\mu$ g/mL (Supplementary Figure S3), excluding these concentrations from further experiments. Analysis of the different DMSO concentrations suggests that the observed toxicity is mainly caused by increasing concentrations of the solvent.

Infection of nematodes with PA14 resulted in 91.5% killing within 6 days after the start of infection, confirming the highly virulent nature of the PA14 strain in this model (Figure 6). Addition of 8.5 µg/mL of SPI009 alone slightly improved survival but not as good as 5x MIC of ciprofloxacin, resulting in survival rates of 19.0% (P = 0.045) and 46.6% (P < 0.0001), respectively. However, addition of 8.5 µg/mL of SPI009 to ciprofloxacin greatly increased survival, resulting in 73.8% nematode survival after 6 days. These results show a significant improvement in antibacterial effect of the combination therapy compared to the untreated (P < 0.0001) and ciprofloxacin-treated (P = 0.0001) controls (Supplementary Table S1). Since low doses of SPI009 can greatly enhance the effect of conventional antibiotic treatment, resulting in more than 73% survival, these results indicate the highly efficient antibacterial and potentiating effect of SPI009 as part of a combination therapy.



**FIGURE 6 |** SPI009 combination therapy enhances *C. elegans* survival in a PA14 WT infection assay.  $\Delta glp-4(bn2)/\Delta sek-1(km4)$  *C. elegans* worms were infected with *P. aeruginosa* by feeding them on NGM-PA14 WT plates for 24 h. Worms were treated with 8.5 μg/mL SPI009 (open diamonds), 1.56 μg/mL ciprofloxacin (5x MIC; open triangles) or the combination of SPI009 with ciprofloxacin (filled circles). Untreated worms (open squares) and uninfected worms (solid line) served as controls. Worms were counted daily for 6 days with nematode survival expressed as a percentage relative to the viability on day 1. Data points represent the mean of at least three independent repeats ± SEM. Statistical analysis was performed on Kaplan–Meier plots by means of the log-rank test ( $\alpha$  = 0.05). Significant differences to the untreated control are represented by \*, # represent significant differences to the ciprfloxacin control. \*P ≤ 0.05, \* $^{##}P$  ≤ 0.001 and \*\*\*\*\* P ≤ 0.0001.

### DISCUSSION

Decades of excessive drug prescription, misuse of antimicrobials and extensive agricultural applications have caused a massive increase in drug resistance. Conventional antibiotic therapies are losing the battle against emerging extensively drug-resistant strains, resulting in 25,000 annual deaths in the European Union (European Centre for Disease Prevention and Control, 2009). A group of pathogens raising particular concern are the so-called ESKAPE pathogens, E. faecium, S. aureus, K. pneumoniae, A. baumannii, P. aeruginosa, and Enterobacter spp. Responsible for the majority of nosocomial infections, these pathogens show significant rises in resistance rates and are becoming increasingly difficult to treat with currently available antibiotics (Boucher et al., 2009; Pendleton et al., 2013). Since it is becoming alarmingly difficult to identify novel antibiotic targets, combination therapies could provide an alternative strategy for the effective treatment of bacterial infections. When different mode of actions are combined, they can lower the risk of resistance development and extend the life span of currently available antibiotics (Tamma et al., 2012; Gill et al., 2015). However, additional research is needed to assess possible negative effects associated with combination therapies and to determine an optimal combination in vivo (Tamma et al., 2012; Pena-Miller et al., 2013). An additional advantage of combination therapies is their potential use in the treatment of persister cells (Cui et al., 2016; Feng et al., 2016; Yang et al., 2016; Gallo et al., 2017; Koeva et al., 2017), a small reservoir of phenotypical variants that tolerate antibiotic treatment and reinitiate bacterial infection when the antibiotic pressure drops. The antibiotic-tolerant phenotype of persister cells contributes to the recalcitrant nature of chronic infections,

greatly complicates treatment and increases the chances of resistance development (Lewis, 2007; Fauvart et al., 2011; Michiels et al., 2016).

We recently described the discovery of the propanol-amine derivative SPI009, a novel anti-persister molecule capable of directly killing persister cells of P. aeruginosa (Liebens et al., 2017). Most anti-persister molecules described in literature are only active against one or a very limited number of bacterial species, which can be explained by a very specific mode of action or the sensitizing of persister cells to a specific class of antibiotics (Wood, 2015; Van den Bergh et al., 2017). Other examples of small organic compounds capable of directly killing persister cells include the recently described α-bromocinnamaldehyde (Shen et al., 2017), 5-iodoindole (Lee et al., 2016), halogenated phenazines (Garrison et al., 2015) and the nitroimidazole prodrug PA-284 (Singh et al., 2008). In this study, we showed that SPI009 possesses broad-spectrum activity and is capable of significantly decreasing or even eradicating the bacterial culture for all pathogens tested, including the notorious ESKAPE pathogens. In addition, combination therapy of conventional antibiotics with SPI009 allowed the efficient treatment of polymyxin B and ofloxacin resistant strains and could lower the required concentration of antibiotics, thereby enabling their use in resistant strains.

The close relationship between persisters and chronic infections (LaFleur et al., 2006; Mulcahy et al., 2010) is partly caused by their presence in biofilms. The presence of the biofilm matrix is capable of physically protecting the persister cells against the human immune system, thereby enabling the persister cells to resume growth when antibiotic pressure drops and cause recurrence of infection. When compared to other anti-biofilm compounds or conventional antibiotics, SPI009 monotherapy shows a promising anti-biofilm effect, both decreasing biofilm formation and causing a strong reduction in the number of surviving biofilm cells, for both Gram-negative and Grampositive species. A more clinically relevant biofilm model was obtained by P. aeruginosa growth on cellulose matrices and hydrogels, providing a three-dimensional structure and moist environment closely mimicking the environment of a chronically infected wound. In this 3D model, clinical treatments have been shown to have less impact on the viability of biofilms in comparison to traditional 2D models, which are more susceptible to eradication (Townsend et al., 2016; Kean et al., 2017). Therefore this further supports the ability of SPI009 monotreatment to eradicate cells in a more complex biofilm model and suggests the possible use of SPI009 in the topical treatment of chronically infected wounds. For all biofilm experiments executed, the addition of SPI009 to a conventional antibiotic did not further decrease the biofilm population as compared to SPI009 alone. In comparison to planktonic cultures, where combination therapy with antibiotics strongly enhances the antibacterial effect, the specific lay-out and environment of the bacterial biofilm, including a possibly reduced penetration of antibacterials, could impair the cooperation between both antibacterials.

Besides the biofilm matrix, persister cells have also been shown to use eukaryotic cells to shield themselves from the human

immune system. The presence of intracellular persister reservoirs has been confirmed *in vivo* and can be associated with the chronic nature of infections (Buyck et al., 2013; Helaine et al., 2014). The ability of SPI009 to effectively reduce the intracellular bacteria further confirms the potential of SPI009 as an adjuvant in combination therapies. Capable of increasing nematode survival to more than 70% when combined with ciprofloxacin, the *in vivo C. elegans* model further contributes to the clinical potential of SPI009. The *C. elegans* model has been extensively used in the identification and clinical assessment of novel antibacterials and antifungals with ample studies confirming the consistent correlation between toxic effects in *C. elegans* and mammalian models (Hunt, 2017).

### CONCLUSION

We demonstrated that the anti-persister molecule SPI009 possesses a broad-spectrum antibacterial activity and, taken into account that it can be combined with different classes of antibiotics, shows great potential for the development of case-specific antibacterial combination therapies. The clinical potential of SPI009 was further confirmed by the observation of an excellent anti-biofilm activity, successful eradication of an intracellular infection in human eukaryotes and the significant increase in *C. elegans* survival after treatment with the combination of SPI009 and ciprofloxacin. Additional *in vivo* experiments will be required to assess the future applicability of SPI009 but its excellent activity in antibacterial combination therapies holds great promise.

### **AUTHOR CONTRIBUTIONS**

Conceptualization, VD, RC, AM, PC, MF, and JM. Methodology, VD, FVB, GR, MF, and JM. Formal analysis, VD. Investigation, VD, LV, AA, and EMT. Wrote the original draft, VD. Contributed in writing review and editing, VD, FVB, GR, MF, and JM. Visualization, VD. Supervision, MF and JM.

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### SUPPLEMENTARY MATERIAL

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# Design, Synthesis and Evaluation of Branched RRWQWR-Based Peptides as Antibacterial Agents Against Clinically Relevant Gram-Positive and Gram-Negative Pathogens

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Multidrug resistance of pathogenic bacteria has become a public health crisis that requires the urgent design of new antibacterial drugs such as antimicrobial peptides (AMPs). Seeking to obtain new, lactoferricin B (LfcinB)-based synthetic peptides as viable early-stage candidates for future development as AMPs against clinically relevant bacteria, we designed, synthesized and screened three new cationic peptides derived from bovine LfcinB. These peptides contain at least one RRWQWR motif and differ by the copy number (monomeric, dimeric or tetrameric) and structure (linear or branched) of this motif. They comprise a linear palindromic peptide (RWQWRWQWR), a dimeric peptide (RRWQWR)<sub>2</sub>KAhx and a tetrameric peptide (RRWQWR)<sub>4</sub>K<sub>2</sub>Ahx<sub>2</sub>C<sub>2</sub>. They were screened for antibacterial activity against Enterococcus faecalis (ATCC 29212 and ATCC 51575 strains), Pseudomonas aeruginosa (ATCC 10145 and ATCC 27853 strains) and clinical isolates of two Gram-positive bacteria (Enterococcus faecium and Staphylococcus aureus) and two Gram-negative bacteria (Klebsiella pneumoniae and Pseudomonas aeruginosa). All three peptides exhibited greater activity than did the reference peptide, LfcinB (17-31), which contains a single linear RRWQWR motif. Against the ATCC reference strains, the three new peptides exhibited minimum inhibitory concentration (MIC<sub>50</sub>) values of 3.1–198.0 μM and minimum bactericidal concentration (MBC) values of 25–200  $\mu$ M, and against the clinical isolates, MIC<sub>50</sub> values of 1.6–75.0  $\mu$ M and MBC values of 12.5–100 μM. However, the tetrameric peptide was also found to be strongly hemolytic (49.1% at 100 μM). Scanning Electron Microscopy (SEM) demonstrated that in the dimeric and tetrameric peptides, the RRWQWR motif is exposed to the pathogen surface. Our results may inform the design of new, RRWQWR-based AMPs.

Keywords: antibacterial activity, antimicrobial peptide, cationic peptide, lactoferrin, lactoferricin, multidrug resistance

### INTRODUCTION

The emergence of multidrug-resistant (MDR) bacterial pathogens is a clinically urgent phenomenon that demands the development of new antibiotics (Draenert et al., 2015; Brunetti et al., 2016; da Cunha et al., 2017). Moreover, the incidence of bacteria in healthcare-associated infections (HAIs) is a constantly evolving public health threat that varies geographically (Prakash, 2014). Pathogens currently implicated in HAIs include bacteria such as *S. aureus*, *K. pneumoniae*, *P. aeruginosa*, *E. coli*, and *E. faecalis*, which have widely become multidrug resistant (MDR) (Percival et al., 2015; Brunetti et al., 2016; da Cunha et al., 2017).

Antimicrobial peptides (AMPs) have garnered interest as potential therapeutic agents for MDR infections (Brunetti et al., 2016), especially as they exhibit broad-spectrum activities against diverse strains of Gram-positive and Gram-negative bacteria, including resistant ones, and against fungi (Chung and Khanum, 2017). The rational design of new AMPs offers hope for enhanced biological activity and cheaper, more-efficient production. Rational design methodologies include *in silico* methodologies. Large-scale, high-quality recombinant production can be done using tobacco mosaic virus and gene-editing techniques such as CRISPR (Clustered Regularly Interspaced Short Palindromic Repeats) recombinant peptide biosynthesis (da Cunha et al., 2017).

Evaluation of AMPs usually involves ascertaining how their bioactivity is influenced by physicochemical properties such as the presence of conserved domains; their length, hydrophobicity or hydrophilicity; their structural form (e.g., linear, branched, or cyclic); and their net charges (Shang et al., 2012; de la Fuente-Nunez et al., 2017; Mishra et al., 2017). Previous work has shown that how structural changes to the RRWQWR motif can influence the antimicrobial activity of the resulting peptides (Tam, 1988). Moreover, use of engineered prodrugs and peptide conjugates can improve the specificity of the therapeutic peptide for its intended target.

AMPs with reported antimicrobial activity include peptides derived from the protein bovine lactoferricin B (LfcinB) (Leon-Calvijo et al., 2015). Interestingly, this activity has been attributed to the RRWQWR motif within LfcinB, which is considered to be the smallest known motif with antibacterial (Richardson et al., 2009; Leon-Calvijo et al., 2015; Huertas et al., 2017) or anticarcinogenic (Solarte et al., 2015) activity.

In the present work, we sought to better understand the contribution of the RRWQWR motif to the antimicrobial activity of LfcinB-derived AMPs, so that we could obtain new, lactoferricin B (LfcinB)-based synthetic peptides as viable early-stage candidates for future development as AMPs against clinically relevant bacteria. To this end, we designed, synthesized and screened a set of cationic LfcinB-based peptides that contain at least one motif RRWQWR and that vary by the copy number and structure of this motif. After preparing these peptides by solid-phase peptide synthesis, we screened them against various bacterial cell lines from ATCC and against clinical bacterial isolates relevant to HAIs. This enabled us to identify two peptides with attractive biological and physicochemical profiles that could ultimately inform a new generation of antibiotics.

### MATERIALS AND METHODS

### **Microorganisms**

We sought to assess antibiotic-sensitive and antibiotic-resistant strains of representative Gram-positive and Gram-negative bacteria from the American Type Culture Collection (ATCC). Accordingly, we chose *E. faecalis* as the Gram-positive species (lines ATCC 29212 and ATCC 51575 as sensitive and resistant, respectively) and *P. aeruginosa* as the Gram-negative species (lines ATCC 10145 and ATCC 27853 as sensitive and resistant, respectively). All strains were purchased from ATCC.

For the clinical isolates, we used 20 different isolates from the Public Health Reference Laboratory collection of the Secretaría de Salud del Distrito (SdSD; Bogotá, Colombia). The samples were collected from June to December 2016. For each isolate, the patient parameters (age, gender and location) and the culture site were recorded for epidemiologic monitoring (**Table 1**). All isolates had been previously tested for antibiotic sensitivity at the Public Health Microbiology Laboratory using either the Phoenix<sup>TM</sup> system (Gram-positive) or the VITEK 2 system (Gram-negative).

### **Antibacterial Peptides**

We designed and synthesized three new cationic peptides based on the RRWQWR motif and prepared two other peptides for comparison (hy): LfcinB (20-25) (RRWQWR) and LfcinB (17-31) (FKCRRWQWRMKKLGA), the latter as reference peptide or antibacterial activity, based on results previously reported by Leon-Calvijo et al. (2015). All peptides were synthesized on solid phase using the Fmoc/tBu methodology, as previously reported (Solarte et al., 2015; Huertas et al., 2017). The sequences described in Table 2 were synthesized by Fmoc/tBu solid-phase peptide synthesis, as previously reported (Shang et al., 2012; Percival et al., 2015; de la Fuente-Nunez et al., 2017; Mishra et al., 2017). The steps are listed below. Firstly, the solid support, Rink-amide resin (0.66 meq/g substitution), was swelled with dimethylformamide (DMF) for 2 h at room temperature with constant stirring. Next, the resin was treated with a 20% solution of 4-methylpiperidine in DMF to remove the Fmoc group, to enable coupling of the first amino acid. For all coupling steps, the desired Fmoc-protected amino acid was first pre-activated with DCC/HOBt (0.20 mmol/0.21 mmol) in DMF, and then added to the deprotected resin. Each coupling reaction was monitored using the ninhydrin test. Once coupling was complete, the terminal Fmoc-group of the newly added amino acid was removed as above. Iterative coupling and deprotection was performed until the desired peptide sequence was obtained. Finally, the side chains were deprotected as follows: firstly, the peptide was cleaved from the solid support using "cleavage" cocktail containing (TFA/water/ Triisopropyl silane (TIS)/EDT (93/2/2.5/2.5% v/v). The reaction was stirred for 6h (for some sequences up to 12h) at RT, and then the mixture was filtered and the solution was collected. Next, the peptide was precipitated out with cold ethyl ether, and finally, it was purified by extraction in solid phase. All peptides were characterized by reverse-phase, high-performance liquid chromatography (RP-HPLC) and mass spectrometry. To obtain

TABLE 1 | The clinical isolates of HCAI-relevant bacteria used in this study.

Gram classification	Species	Isolate	Age (years) /sex	Clinical service	Origin
Gram-positive	E. faecium	550	1 (M)	ICU	Blood
		1,040	39 (F)	Surgical unit	Brain tumor
		1,225	58 (F)	Medical unit	Urine
		1,461	26 (M)	Observation	Skin
		1,462	80 (M)	ICU	Peritoneal liquid
	S. aureus	52,013	63 (F)	Medical unit	Body fluids
		43,062	69 (F)	ICU	Trachea
		43,337	22 days (F)	Emergency unit	Eye
		48,575	41 (M)	Hematology	Blood
		48,577	42 (F)	Medical unit	Secretion ulcer
Gram-negative	K. pneumoniae	49,644	69 (M)	Medical unit	Blood
		50,181	59 (M)	ICU	Bronchoalveolar lavage
		50,424	32 (F)	ICU	Abdominal wall secretion
		51,048	72 (M)	ICU	Blood
		51,009	47 (M)	Medical unit	Urine
	P. aeruginosa	47,661	65 (F)	Medical unit	Catheter
		48,220	81 (M)	Medical unit	Urine
		48,221	76 (M)	Medical unit	Urine
		48,458	94 (M)	ICU	Urine
		48,526	55 (F)	Medical unit	Urine

From the Public Health Reference Laboratory collection of the Secretaría de Salud del Distrito (SdSD; Bogotá, Colombia). Samples gathered from July to December 2016.

TABLE 2 | Structure and physicochemical properties of the cationic peptides used in this study.

Alternate name		Sequ	ence		RP-HPLC	MALDI-TO	F (M/Z) [M+H] <sup>+</sup>	<sup>b</sup> Net charge	Residues	Hydro-phobic amino acids (%)	<sup>b</sup> GRAVY
					<sup>a</sup> t <sub>R</sub> (Min)	Theor.	Exper.			animo doldo (70)	
Motif	2	OR RWQWF	<b>2</b> 5		4.33	985.55	986.66	+3	6	33.3	-3.133
Lineal/palindromic		RWQWF	R W Q	WR	5.95	1,485.75	1,488.58	+3	9	44.4	-2.678
Lfc B reference Peptide	<sup>17</sup> F K C	RRWQWF	R M K	K LGA <sup>31</sup>	5.25	1,992.09	1,994.71	+6	15	33.3	-1.207
Dimeric		(RRWQWF	R) <sub>2</sub> K Ah	X	5.21	2,195.24	2,198.51	+6	15	26.7	-
Tetrameric		(RRWQWF	R) <sub>4</sub> K <sub>2</sub> Ah	x <sub>2</sub> C <sub>2</sub>	19.11	2,298.32 <sup>c</sup>	2,302.96 <sup>c</sup>	+12	30	26.7	_

<sup>&</sup>lt;sup>a</sup>tR: Retention time of the main product (in minutes).

the dimeric peptide, di-FMOC-protected lysine was used, which enabled simultaneous synthesis of the two peptide chains (one from the  $\alpha$ -amino group and the other, from the  $\epsilon$ -amino group of this amino acid). The tetrameric peptide was obtained via oxidation of the dimeric peptide, (RRWQWR)2-K-Ahx-C, with 10% DMSO % in PBS buffer (pH 7.5), as described by Leon-Calvijo et al. (2015), which led to formation of a disulfide bond between the side chains of the cysteine residues at the carboxyl terminus (**Figure 1**). All peptides were >90% pure (as determined by RP-HPLC) and had the expected molecular weight (determined by MALDI-TOF MS). The peptides were synthesized by the SAMP research group of the Faculty of Science of the Universidad Nacional de Colombia and stored in lyophilized form.

### **Screening for Antibacterial Activity**

We screened all five peptides against the ATCC reference strains and the clinical isolates according to Method M7-A7 of the National Committee for Clinical Laboratory Standards (CLSI, 2007). The MIC $_{50}$  and MBC values were determined using a broth microdilution and growth inhibition method previously reported by Leon-Calvijo et al. (2015), with some modifications (Wiegand et al., 2008). Briefly, the MIC $_{50}$  experiments comprised a liquid-inhibition growth assay in a sterile, untreated, 96-well flat-bottom tissue culture plate. The bacteria were cultured overnight n Mueller Hinton agar; three colonies were transferred to 8 mL of Mueller Hilton broth and incubated at 37°C until the mid-exponential phase of growth. The turbidity of the cultures was measured and adjusted spectrophotometrically to

<sup>&</sup>lt;sup>b</sup>Net charge values and Grand Average of Hydropathy (GRAVY) values were calculated using the Antimicrobial Peptide Calculator and Predictor (http://aps.unmc.edu/AP/prediction/prediction\_main.php). However, this was not possible for the branched peptides.

<sup>&</sup>lt;sup>c</sup>Experimental molecular weight that correspond to dimeric molecule before oxidation.

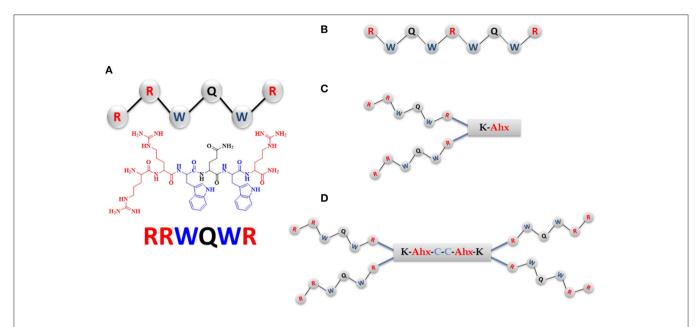


FIGURE 1 | The RRWQWR-based peptides designed, synthesized, and screened for antibacterial activity. In blue: hydrophobic amino acids; in red: cationic amino acids. (A) Linear monomer. (B) Linear palindromic peptide. (C) Branched dimeric peptide, in which the two monomers are linked to a tripeptide comprising Lys, Ahx (in red) and terminating in Cys (in blue). (D) Branched tetrameric peptide, comprising two of the peptides shown in (C) linked by a cysteine disulfide bridge (in blue).

a McFarland standard of 0.5, and then diluted to a final concentration of  $5\times 10^7$  colony forming units (CFU) per well. Stock solutions (2,000  $\mu M)$  of each test peptide were serially diluted to final concentrations (per well) of 200, 100, 50, 25, 12.5, and 6.25  $\mu M$ . Each concentration was evaluated in duplicate and each assay was performed in triplicate.

Wells containing Mueller Hilton broth with bacterial inoculum only served as bacterial-growth controls. Additional controls included Mueller Hilton broth alone (as blank) and Mueller Hilton broth with ciprofloxacin (2  $\mu$ g/mL; as positive control). The microplate was incubated for 24 h at 37°C, and growth inhibition was measured by monitoring the optical density at 620 nm (OD $_{620}$ ). The MIC $_{50}$  was defined as the peptide concentration at which bacterial growth was inhibited by 50%.

To determine the MBC, an aliquot from each well of the MIC<sub>50</sub> assay was spread onto Mueller Hilton agar. After 18 h at 37°C, the concentration that inhibited bacterial growth was determined. Each of these tests was performed four times. MBC was defined as the lowest concentration of peptide at which the number of bacteria was reduced by 99.9% *in vitro* (European Committee for Antimicrobial Susceptibility Testing, 2000).

### Scanning Electron Microscopy

We observed bacterial morphology by SEM. The *E. faecalis* and *P. aeruginosa* strains were grown to mid-logarithmic phase, and adjusted spectrophotometrically to a McFarland standard of 0.5 (corresponding to  $\sim \! 1 \times 10^8$  CFU/mL). Subsequently, 1 mL of bacterial suspension was distributed into three tubes: one tube was treated with (RRWQWR)<sub>2</sub>KAhx at 3× the MIC<sub>50</sub>; another tube, with (RRWQWR)<sub>4</sub>K<sub>2</sub>Ahx<sub>2</sub>C<sub>2</sub> at the same concentration; and the third tube was left untreated, as a control. The samples were incubated aerobically at  $37^{\circ}\mathrm{C}$  for 2 h, and the bacterial

suspensions were centrifuged at  $1,459 \times g$  for 3 min and then, washed twice with Millonig's Phosphate Buffer (0.10 M, pH 7.4). For SEM, each sample was fixed with 1 mL of 2.5% glutaraldehyde at  $4^{\circ}$ C for 2 h. The fixed samples were dehydrated in an ethanol gradient (50, 70, 80, 90, and 100%) for 20 min and then, centrifuged at  $1,459 \times g$  for 10 min. The bacterial pellet was resuspended in 100% ethyl alcohol and air-dried. Finally, the slides were taped onto stubs, coated with gold using a Quorum Q150R sputter coater, and observed with an FEI Quanta 200-r microscope.

### **Hemolytic Activity**

Human erythrocytes collected from the blood samples of healthy humans were harvested by centrifugation for 7 min at 162  $\times$ g and washed three times in phosphate-buffered saline (PBS). The erythrocytes (2% hematocrit in PBS) were incubated with peptide molecules at several concentrations (6.25, 12.5, 25, 50, and 100  $\mu$ M) for 2 h at 37°C. PBS was used as negative control for hemolysis, and sterile distilled water was used as positive control (100% hemolysis). The plate was subsequently centrifuged at 1,459  $\times$ g for 10 min at 4°C. Aliquots of the supernatant from each well (75  $\mu$ L) were carefully transferred to a new sterile 96-well plate, and hemolytic activity was evaluated by measuring the OD492 using an Asys Expert Plus Microplate reader. The experiments were performed in duplicate, and hemolytic activity was calculated for each peptide.

### Therapeutic Index

We determined the therapeutic index of each peptide, which we defined as the ratio of Maximum Hemolytic Activity ( $H_{max}$ ) to  $MIC_{50}$  ( $H_{max}/MIC_{50}$ ).

### **Statistical Analysis**

We analyzed all the data using SPSS 11.0 software. The results are presented here as the mean  $\pm$  standard deviation. MIC<sub>50</sub> values were determined by interpolation on a four-parametric curve of pharmacology functions.

### **RESULTS**

### **Antibacterial Peptides**

The crude products were characterized using RP-HPLC and then purified. The chromatogram of each purified product exhibited a primary peak corresponding to the desired peptide (purity: >90%). The molecular weight of each peptide was confirmed by MALDI-TOF-MS (**Table 2**). Stock solutions of each peptide were prepared in water (2,000  $\mu$ M), sterilized by 0.22  $\mu$ m filtration, and stored at  $-20^{\circ}\text{C}$  until used in the subsequent experiments.

### **Antibacterial Assay: ATCC Strains**

The screening results for each peptide against the sensitive and resistant strains of E. faecalis are shown in Figure 2, which shows that the activities varied by peptide and by strain. Activity was assessed in terms of bacterial viability, whereby the control (untreated) samples showed a viability of 100%. As shown in Figure 2A, against the sensitive strain, the highest activity (lowest viability value) observed for each peptide was: for the RRWQWR monomer, 72.8% at 200  $\mu$ M; for the palindromic peptide, 33.3% at 50 µM; for the dimeric peptide, 40.9% at 25 µM; for the tetrameric peptide, 48.9% at 6.2 μM; and for the reference peptide (LfcinB), 25.6% at  $100\,\mu\text{M}$ . Overall, the RRWQWR monomer appeared to be the weakest antibacterial agent. However, and rather curiously, for the samples treated with LfcinB at 6.25, 13.0, and 25.0 µM, the bacterial viability was actually higher than for the untreated sample. As shown in Figure 2B, against the resistant strain of E. faecalis, the highest activity (lowest viability value) observed for each peptide was: for the RRWQWR monomer, 48.4% at 200 µM; for the palindromic peptide, 61% at 12.5 µM; for the dimeric peptide, 65.3% at 25.0 µM; for the tetrameric peptide, 62.4% at 12.5 µM; and for the reference peptide (LfcinB), 8.3% at 200 µM. Overall, the most active peptide appeared to be the tetramer. Studying the dose-response plot of 1B from another perspective (Figure 1B, inset), reveals two important findings: firstly, that these peptides are generally inactive against the resistant strain of E. faecalis; and secondly, that at the highest concentration, all of them except for the monomer induced strong bacterial proliferation.

The experiments on *E. faecalis*, **Figure 2** revealed three major findings: firstly, that the most active peptides were the tetrameric peptide and the dimeric peptide; secondly, that at most concentrations, the monomer was inactive against both strains; and lastly, that at some concentrations, some of these peptides actually induced proliferation of either strain. Overall, the palindromic and Lfc B peptides exhibited significant antimicrobial activity with the higher concentration evaluated in this study (200  $\mu$ M). The dimeric peptide and the tetrameric peptide exhibited the strongest antimicrobial activity on each strain at the lowest concentrations (50 and 25  $\mu$ M, respectively).

The screening results for each peptide against the sensitive and resistant strains of *P. aeruginosa* are shown in **Figure 3**.

We calculated the  $MIC_{50}$  values for each peptide against the sensitive and resistant strains of *E. faecalis* and of *P. aeruginosa*, using a broth microdilution assay. The values are shown in **Table 3**. In terms of activity against all four bacterial strains, the peptides ranked, from most active to least active, as follows: tetrameric > dimeric > palindromic > reference > monomer.

Importantly, the RRWQWR monomer was generally inactive against all *E. faecalis* and *P. aeruginosa* strains (MIC<sub>50</sub> > 200  $\mu$ M); moreover, it exhibited a MIC<sub>50</sub> of 198  $\mu$ M against the resistant strain of *E. faecalis*. Importantly, against the resistant strain of *E. faecalis*, none of the other peptides exhibited any activity (MIC<sub>50</sub> > 200  $\mu$ M). The reference peptide (LfcinB) exhibited a similar profile to that of the monomer, except against the sensitive strain of *E. faecalis*, against which it was moderately active (MIC<sub>50</sub> < 50  $\mu$ M). Intriguingly, the palindromic, dimeric and tetrameric peptides were each more active against the Grampositive bacteria than against the Gram-negative bacteria. These experiments demonstrated that in the range of concentrations tested, all of the peptides showed at least some activity against at least one of the bacterial lines, with the palindromic, dimeric and tetrameric peptides generally the most active.

We calculated the MBC values for each peptide, which showed the activity against the sensitive *E. faecalis* strain (or both strains) relative to the corresponding value(s) for the tetrameric peptide (MBC<sub>tet</sub>), as it was the most active one (e.g., MBC<sub>tet</sub> against the sensitive *E. faecalis* strain: 25.0  $\mu$ M). Thus, the activity ranking for the three active peptides is: tetramer (MBC<sub>tet</sub>) > dimer (4× MBC<sub>tet</sub>) = palindromic (4× MBC<sub>tet</sub>). The MBC of this peptide against the sensitive *P. aeruginosa* strain was 25.0  $\mu$ M. Therefore, the activity ranking for the two active peptides is: tetramer (MBC<sub>tet</sub>) > dimer (4× MBC<sub>tet</sub>). Finally, the MBC of the tetrameric peptide against the resistant *P. aeruginosa* strain and 4× MBC for the resistant strain, which gives an activity ranking of: tetramer (MBC<sub>tet</sub>) > dimer (4× MBC<sub>tet</sub>).

### Scanning Electron Microscopy (SEM)

We used SEM to study the morphology of bacterial cells before and after treatment with either branched peptide (dimeric and tetrameric). To this end, each strain of *E. faecalis* and *P. aeruginosa* was first studied by SEM; then, independently treated in the exponential phase with either peptide at  $3\times$  the corresponding MIC<sub>50</sub> value for 2h (except for the resistant *E. faecalis* strain, for which a peptide concentration of 200  $\mu$ M was used); and finally, studied by SEM again.

### E. faecalis

Before treatment, the antibiotic-sensitive *E. faecalis* cells were spherical or ovoid, had a smooth surface and exhibited a primarily diplococcic structure; the untreated antibiotic-resistant *E. faecalis* cells had a similar appearance but exhibited little surface mucus (**Figure S1**). After treatment with the dimeric peptide, the sensitive *E. faecalis* cells exhibited a random organization with morphological alterations (e.g., pitted and wrinkled surface) and alterations to cell-membrane surface morphology and agglutination, which might have caused leakage

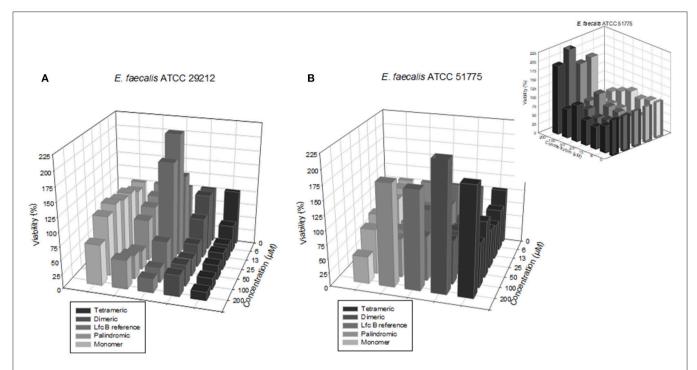
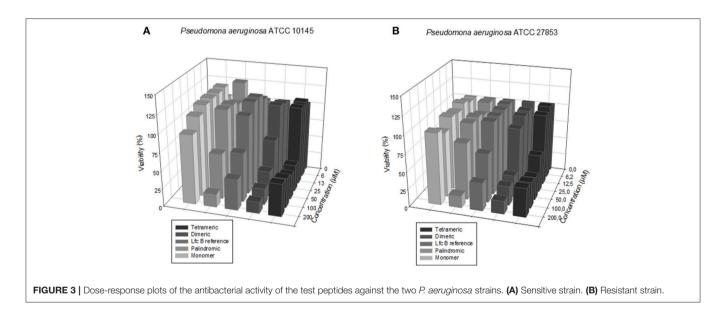


FIGURE 2 | Dose-response plots of the antibacterial activity of the test peptides against the two *E. faecalis* strains. (A) Sensitive strain. (B) Resistant strain. (B: inset) Plot seen from a different perspective, revealing that at higher concentrations, all of the peptides except the monomer induced strong bacterial proliferation.



of cellular contents. In contrast, treatment of sensitive *E. faecalis* cells with the tetrameric peptide induced population decline, cell-size heterogeneity and cell-surface alterations in the form of protrusions. Treatment of the resistant *E. faecalis* cells with either of these peptides induced alterations in the surface mucus levels and, in some cases, morphologic alterations (e.g., amorphous cells or surface changes, in the case of the tetrameric peptide); however, there were no changes in population.

### P. aeruginosa

Before treatment, the untreated antibiotic-sensitive *P. aeruginosa* cells were uniformly rod-shaped and exhibited intact cell membranes (**Figure S1**). However, treatment with the dimeric peptide induced a clear reduction in population and caused morphological alterations (e.g., wrinkling and surface shrinkage). Treatment of this strain with the tetrameric peptide led to a very heterogeneous population and to alterations in the cell surface, namely in the form of protrusions, pores and

TABLE 3 | Antibacterial activity of the RRWQWR-based peptides against the ATCC strains of HCAI-relevant bacteria.

Bac	terium		Enterococo	cus faecalis			Pseudomona	as aeruginosa	
	rain	Sens		Resis		Sens		Resis	
Peptide	Alternate name	MIC <sub>50</sub> (μM)	МВС (μМ)	MIC <sub>50</sub> (μM)	МВС (μМ)	MIC <sub>50</sub> (μM)	МВС (μМ)	MIC <sub>50</sub> (μM)	MBC (μM)
LfcinB (20-25)	Monomer	> 200.0	> 200.0	198.0	> 200.0	> 200.0	> 200.0	>200.0	> 200.0
PLS	Palindromic	25.6	100.0	> 200.0	> 200.0	99.7	> 200.0	107.2	> 200.0
LfcinB (17-31)	Reference	34.3	> 200.0	> 200.0	> 200.0	111.7	> 200.0	99.6	> 200.0
LfcinB (20-25) <sub>2</sub>	Dimeric	13.1	100.0	> 200.0	> 200.0	29.1	100.0	34.8	200.0
LfcinB (20-25) <sub>4</sub>	Tetrameric	3.1	25.0	> 200.0	> 200.0	18.1	50.0	21.7	50.0

disrupted membranes. Moreover, the tetrameric peptide induced a total transformation of cell morphology, from rod-shaped to spherical, and led to aggregation of diversely sized spheres. Before treatment, the antibiotic-resistant *P. aeruginosa* cells resembled those of the sensitive strain, but were slightly longer and exhibited surface mucus. Treatment with the dimeric peptide caused a marked drop in population and severe morphological alterations (e.g., cell elongation and cell-membrane porosity). Treatment with the tetrameric peptide was even more dramatic, leading to disintegrated and irregularly-shaped mucoid cells that exhibited surface changes and to heterogeneous aggregates. Importantly, in both strains of *P. aeruginosa*, both treatments appeared to induce leakage of cellular contents that may have contributed to the observed aggregation.

### **Hemolytic Activity**

To evaluate the effects of all five test peptides on normal human erythrocytes, we independently treated erythrocytes with each of the five test peptides, using the standard microtiter dilution method (Table 4). For all peptides, the  $H_{50}$  was  $>100\,\mu\text{M}.$  However, the  $H_{max}$  values demonstrated a clear ranking of hemolytic activity for the peptides, from strongest to weakest: tetrameric > palindromic > monomer > Lfcin-B (reference peptide) > dimeric. This demonstrated that the dimeric was the least pernicious to human erythrocytes.

# Antimicrobial Activity on Clinical Isolates of HCAI Pathogens

Having investigated the antibacterial activity of the peptides on diverse bacterial cell lines, we next sought to assess their activity against Gram-positive and Gram-negative bacteria from the 20 HCAI clinical isolates. We tested four species in total: *E. faecium* and *S. aureus* (Gram-positive) and *K. pneumoniae* and *P. aeruginosa* (Gram-negative) (Table 5). We did not test *E. faecalis* here because currently, it is relatively rare among the patient population (Bogotá hospital network). Thus, we replaced it with vancomycin-resistant *E. faecium*, a Gram-positive species frequently encountered in the clinic.

According to the MIC<sub>50</sub> and MBC values, the monomer RRWQWR was active primarily against *S. aureus*; the palindromic peptide, predominantly against *S. aureus* and *K. pneumoniae*; and the dimeric and tetrameric peptides

TABLE 4 | Hemolytic activity of the tested peptides.

Peptide	Alternate name		<sup>a</sup> H <sub>max</sub>	<sup>b</sup> H <sub>50</sub> (μM)
		(%)	Peptide Concentration (μM)	
LfcinB (20-25)	Monomer	7.1	25	>100
PLS	Palindromic	24.8	100	>100
LfcinB (17-31)	Reference Peptide	6.6	25	>100
LfcinB (20-25) <sub>2</sub>	Dimeric	5.6	100	>100
LfcinB (20-25) <sub>4</sub>	Tetrameric	49.1	100	>100

 $^aH_{max}$ : Maximum hemolytic activity attained of human red blood cells after 2 h of treatment at 37°C with each peptide molecule.

Peptide concentration: concentration ( $\mu$ M) of peptide corresponding to  $H_{ma}$ .

had the widest antibacterial spectra and strongest activities, inhibiting S. aureus, K. pneumonia, and P. aeruginosa. Thus, based on MIC<sub>50</sub> values, the overall activity ranking for these peptides against all clinical isolates was, from strongest to weakest: tetrameric > dimeric > palindromic > monomer. However, the MBC values give a different picture. Firstly, the monomer was not effective against any of the bacteria. Secondly, the palindromic peptide was active against all four species, as follows (from highest inhibition to lowest): S. aureus > K. pneumoniae > E. faecium = P. aeruginosa. The dimeric peptide was active against all the isolates except for one E. faecium sample. And, again, the tetrameric peptide was strongly active against all the isolates (from highest inhibition to lowest): S. aureus > K. pneumoniae > E. faecium > P. aeruginosa. Interestingly, the tetrameric peptide was highly specific for the Gram-positive isolates.

### **Therapeutic Index**

The therapeutic index (TI) is a ratio of the toxic dose of a substance to its therapeutically-active dose and can be calculated different ways (e.g.,  $LD_{50}/ED_{50}$ ). Here, we calculated a TI value for each peptide against all the Gram-positive or the Gramnegative ATCC strains, by dividing its  $H_{max}$  by its MIC<sub>50</sub> for the given group of strains. Since the tetrameric peptide was consistently the most active, here we report the TI values

 $<sup>^{</sup>b}H_{50}$ : concentration of peptide ( $\mu$ M) leading to 50% hemolysis of human red blood cells after 2 h of treatment at 37°C.

TABLE 5 | Antibacterial activity of the RRWQWR-based peptides against the clinical isolates of HCAI-relevant bacteria.

Gram classification	Bacteria	Isolates		MIC <sub>50</sub> (μM)	(M			MBC (μM)	ŝ		Resistant phenotype
			LfcinB (20-25) Monomer	PLS Palindromic	LfcinB (20–25) <sub>2</sub> Dimeric	LfcinB (20-25) <sub>4</sub> Tetrameric	LfcinB (20-25) Monomer	PLS Palindromic	LfcinB (20–25) <sub>2</sub> Dimeric	LfcinB (20–25) <sub>4</sub> Tetrameric	
Gram-positive	Enterococcus	550	> 100	> 100	>100	> 100	>100	100.0	> 100	12.5	STR, CIP, LVX, ERY, TEC, VAN, TET SXT
		1,040	>100	> 100	>100	> 100	> 100	>100	>100	> 100	STR, CIP, LVX, ERY, TEC, VAN, TET. TMS
		1,225	>100	> 100	>100	> 100	> 100	100.0	>100	12.5	STR, CIP, LVX, ERY, TEC, VAN, TET, TMS
		1,461	>100	>100	>100	>100	>100	100.0	>100	12.5	STR, CIP, LVX, ERY, TEC, VAN, TET, TMS
		1,462	>100	5.7	49.8	> 100	> 100	100.0	> 100	12.5	STR, CIP, LVX, ERY, TEC, VAN, TET y TMS
	Staphylococcus aureus	52,013	5.1	89 8.3	12.6	6.7	> 100	100.0	25.0	12.5	Sensitive
		43,062	5.1	50.4	13.5	6.7	> 100	100.0	90.09	12.5	OXA
		43,337	3.7	13.0	13.5	6.3	> 100	50.0	25.0	12.5	OXA
		48,575	3.7	36.5	13.4	9.2	> 100	100.0	25.0	12.5	OLI
		48,577	3.7	2.7	12.9	6.3	> 100	100.0	90.09	100.0	OXA
Gram-negative	Klebsiella pneumoniae	49,644	>100	12.5	12.3	Q.	> 100	100.0	50.0	Q	IPM, MEM, ETP, DOR, FEP, CAZ, CRO, TZP, CIP
		50,181	>100	> 100	9.9	5.5	> 100	>100	100.0	100.0	IPM, MEM, ETP, DOR, FEP, CAZ, CRO, TZP
		50,424	11.3	5.6	5.8	7.8	> 100	>100	>100	100.0	IPM, MEM, ETP, DOR, FEP, CAZ, CRO, TZP, GEN, CIP
		51,048	>100	11.7	5.7	5.2	> 100	>100	100.0	50.0	IPM, MEM, ETP, DOR, FEP, CAZ, CRO, TZP
		51,009	>100	25.6	5.6	1.6	> 100	100.0	25.0	25.0	MEM, ETP, CTX, CRO, AMK, GEN, SXT, FEP, CAZ y OIP, NOR, NIT
	Pseudomonasss 47,661 aeruginosa	3 47,661	>100	75.0	13.4	7.5	> 100	>100	>100	25.0	MEM, IPM, FEP, CAZ, CIP, AMK, GEN, TGC
		48,220	>100	> 100	20.0	12.6	>100	>100	20.0	25.0	Sensitive
		48,221	>100	> 100	64.2	11.9	>100	>100	>100	90.0	MEM, FEP, CAZ, AMK, CIP
		48,458	>100	> 100	75.0	72.8	> 100	>100	>100	> 100	MEM, GEN, CAZ, FEP, AMK
		48,526	>100	> 100	36.3	24.9	> 100	100.0	> 100	> 100	Sensitive

Amikacin (AMK), cefepime (FEP), cefotaxime (CTX), celtriaxone (CRO), celtazidime (CAZ), ciprofloxacin (CIP), clindamycin (CLI), doripenem (DOR), ertapenem (ETP), erythromycin (ETX), celtazionem (IPM), levofloxacin (LEV), tetracycline (TEC), tetracycline (TEC), tetracycline (TEC), tetracycline (TEC), trimethoprim-sulfamethoxazole (SXT), vancomycin (VAN).

ND: Not determined.

for the other peptides relative to its value, using fold values. Additionally, to make our quantitative analysis more robust [geometric mean (Khachatryan et al., 2017) and fold values], we have included MIC<sub>50</sub> values for these peptides against S. aureus and K. pneumoniae that we previously obtained using the same assay, the M7-A7 method of the National Committee for Clinical Laboratory Standards (Leon-Calvijo et al., 2015).

Firstly, we calculated separate TI values for each peptide against all the Gram-positive or all the Gram-negative ATCC strains (Table 6). The tetrameric peptide had the highest TI value, suggesting that it may have a wide therapeutic window for antibacterial use, particularly against Gram-positive bacteria.

Finally, we determined the TI values of the three most active peptides from the previous experiments against four of the clinical isolates (two Gram-positive bacteria and two Gramnegative bacteria). We did not calculate values for the monomer, as it was generally inactive against the ATCC strains and the isolates. The results are shown in Table 7 (Gram-positive) and Table 8 (Gram-negative). Regarding the Gram-positive bacteria, the palindromic, dimeric and tetrameric peptides were active chiefly against S. aureus. This trend was consistent with results of the experiments on the ATCC strains, in which these peptides were only active against the sensitive strain of the Enterococcus bacteria. The GM values demonstrate that the tetrameric peptide was active at lower doses than were the palindromic or dimeric peptides, which had similar potencies. Calculating the fold-MIC<sub>50</sub> values relative to the MIC<sub>50</sub> value for the tetrameric peptide gave values of 2.4 for the dimeric peptide and 2.0 for the palindromic peptide. Taken together, the observed values for GM, MIC<sub>50</sub>, and TIC against the clinical isolates suggest that the tetrameric peptide has the strongest antibacterial activity.

Regarding the Gram-negative bacteria, the palindromic, dimeric, and tetrameric peptides were all active K. pneumoniae and P. aeruginosa (Table 8). As indicated by the GM values, the tetramermic peptide was the most active and the palindromic peptide, the least. Calculating the fold-MIC<sub>50</sub> relative to the  $MIC_{50}$  for the tetrameric peptide gave values of 1.7 for the dimeric peptide and 1.8 for the palindromic peptide. The tetrameric peptide again had the highest TI value, which was even higher than its TI value against Gram-positive bacteria. All together, these values suggest that the tetrameric peptide is the most active of the peptides against Gram-negative bacteria.

### DISCUSSION

The antibacterial activity of AMPs has been correlated to physicochemical properties such as net charge and hydrophobicity. For instance, the cationic segments of AMPs are known to favor electrostatic attraction, thereby driving the peptides toward negatively-charged components on bacterial membrane surface (Shang et al., 2012; Ma et al., 2014; Chen et al., 2015). However, the relationship between charge and antibacterial activity is not linear: above a certain threshold (usually, +6), increasing the positive charge does not improve activity (Dathe et al., 2001; Park and Hahm, 2012; Yin et al., 2012). Given that in our five peptides, net charge

for the RRWQWR-based peptides against the ATCC strains of HCAI-relevant bacteria. TABLE 6 | Therapeutic Index values

Attribute	Че	аншах			Gram	Gram positive						9	Gram negative			
			MIC	MIC (μM)		g <sub>G</sub> m	h Fold	<sup>i</sup> Therapeutic index	ic index		MIC	MIC (μM)		g Gm	h Fold	<sup>i</sup> Therapeu
	(%)	(W <sup>1</sup> ) (%)	b29212-cs d25923-cs		e33591-fR			MHC/MIC JFold	<b>JFold</b>	k <sub>13883-</sub> c <sub>S</sub>	<sup>1</sup> 700603- <sup>f</sup> R	k13883-cS 1700603-fR m10145-cS	<sup>n</sup> 27853- <sup>f</sup> R			MHC/MIC
	7.1	7.1 25.0	> 200.0	> 200.0	> 200.0					> 200.0	> 200.0	> 200.0	> 200.0			
alindromic	24.8	100.0	25.6	34.9	25.0	28.2	0.6	3.6	0.1	30.7	26.2	200.7	107.2	54.1	4.1	1.8
Lfc B reference peptide	9.9	25.0	34.3	> 200.0	50.0	414.4	13.2	9.0	0.0	> 200.0	> 200.0	111.7	9.66	105.5	8.1	0.2
	9.9	100.0	13.1	3.0	24.1	9.8	3.1	10.2	0.3	0.6	7.3	29.1	34.8	16.1	1.2	6.2
Tetrameric	49.1	100.0	3.1	1.7	5.9	3.1	1.0	31.8	1.0	12.0	6.2	18.1	21.7	13.1	1.0	7.6

utic index

0.0

H<sub>max</sub>: Maximum Hemolytic Activity of the indicated peptide against human erythrocytes after 2h of treatment at 37°C.

<sup>29212:</sup> Enterococcus faecalis.

Staphylococcus aureus.

<sup>33591:</sup> Staphylococcus aureus. R: resistant strain.

geometric mean of MIC<sub>50</sub> values from all three Gram-positive or Gram-negative bacterial ATCC strains in the table. Fold: Calculated as (GM for the indicated peptide)/(GM for the tetrameric peptide)

against the Gram-positive or Gram-negative bacteria studied here. A larger value correlates to greater antimicrobial specificity Fold: Calculated as (TI for the indicated peptide)/(TI for the Therapeutic Index: H<sub>max</sub>/GM for the peptides

<sup>10145:</sup> Pseudomonass aeruginosa.

TABLE 7 | Therapeutic Index values for the RRWQWR-based peptides against the clinical isolates of HCAI-relevant, Gram- positive bacteria.

Peptide	Attribute	аH	max					М	IC <sub>50</sub> (μΝ	1)				bGm	<sup>c</sup> Fold	Therapeutic	index
		(%)	(μ <b>M</b> )		Entero	ccocus	faeciu	m		Staphyl	lococcus	aureus				MHC/MIC <sub>50</sub>	<sup>d</sup> Fold
				550	1040	1225	1461	1462	52013	43062	43337	48575	48577				
PLS	Palindromic	24.8	100.0					5.7	8.3	50.4	13	36.5	5.74	13.7	2.0	7.3	0.5
LfcinB (20-25) <sub>2</sub>	Dimeric	5.6	100.0					49.8	12.6	13.5	13.5	13.4	12.9	16.4	2.4	6.1	0.4
LfcinB (20-25) <sub>4</sub>	Tetrameric	49.1	100.0						6.7	6.7	6.3	9.2	6.3	7.0	1.0	14.4	1.0

<sup>&</sup>lt;sup>a</sup>H<sub>max</sub>: Maximum Hemolytic Activity of the indicated peptide against human erythrocytes after 2h of treatment at 37°C.

TABLE 8 | Therapeutic Index values for the RRWQWR-based peptides against the clinical isolates of HCAI-relevant, Gram- negative bacteria.

Peptide	Attribute	аН	max					MIC <sub>50</sub>	(μ <b>Μ</b> )					<sup>b</sup> Gm	$^{\rm c}$ Fold	Therapeutic	index
		(%)	(μ <b>M</b> )		Klebsie	lla pneu	moniae		P	seudom	onas ae	ruginos	as			MHC/MIC <sub>50</sub>	<sup>d</sup> Fold
				49644	50181	50424	51048	51009	47661	48220	48221	48458	48526				
PLS	Palindromic	24.8	100.0	12.5		5.6	11.7	25.6	75.0					17.4	1.8	5.8	0.6
LfcinB (20-25) <sub>2</sub>	Dimeric	5.6	100.0	12.3	6.6	5.8	5.7	5.6	13.4	50.0	64.2	75.0	36.3	16.8	1.7	6.0	0.6
LfcinB (20-25) <sub>4</sub>	Tetrameric	49.1	100.0		5.5	7.8	5.2	1.6	7.5	12.6	11.9	72.8	24.9	9.7	1.0	10.4	1.0

<sup>&</sup>lt;sup>a</sup>H<sub>max</sub>: Maximum Hemolytic Activity of the indicated peptide against human erythrocytes after 2h of treatment at 37°C.

was directly proportional to the number of RRWQWR motifs (tetrameric > dimeric > reference > palindromic = monomer), then by extension, higher net charge appeared to correlate to stronger bacterial activity (tetrameric > dimeric > monomer). Indeed, our two most active AMPs, with net charges of +12 (tetrameric) and +6 (dimeric), exhibited strong activity against seven of the eight ATCC bacterial strains (MIC $_{50}$ : 1.7–21.7  $\mu$ M) and against 17 of the 20 clinical isolates (1.6–73.8  $\mu$ M for clinical isolates).

The hydrophobicity of our peptides might also have influenced their activity. We designed the two branched RRWQWR-based peptides by linking each pair of monomers to a shared Lys residue in the linker, which also included one or two residues of Ahx, a common hydrophobic spacer that prevents steric hindrance (Leon-Calvijo et al., 2015). The short sequence RRWQWR contains an interesting combination of hydrophobic (W, tryptophan) and cationic (R, arginine) amino acids (Table 2). Our results corroborated a direct link between the proportion of hydrophobic residues and the activity. Thus, among the linear peptides, the palindromic peptide (44.4% hydrophobic residues) was more active against the ATCC strains (seven of eight; Table 3) and the clinical isolates (fourteen of 20; Table 5) than was the reference peptide (33.3% hydrophobic residues) or the monomer (33.3% hydrophobic residues).

Finally, from a synthetic perspective, among the three most active peptides (tetrameric > dimeric > palindromic), the two branched peptides were easier to prepare, as they implied fewer

coupling steps (9 for the tetrameric and 8 for the dimeric, compared to 9 for the palindromic). This practical advantage, combined with their superior activity, contributes to their attractiveness as starting points for possible antibacterial agents. Our results are consistent with those of previous reports that branched short peptides are more active than linear ones (Lopez-Garcia et al., 2002; Park and Hahm, 2012; Pires et al., 2015).

Although we did not screen the five peptides against many bacterial species, our objective was merely to establish a preliminary assessment of their antibacterial activities against a small variety of antibiotic-sensitive and antibiotic-resistant Gram-positive and Gram-negative bacteria relevant to HAIs.

Among the most surprising results that we observed with the ATCC lines was that at certain concentrations, some of the peptides induced growth of certain strains (**Figure 2**). This might simply reflect the diverse effects that AMPs and bacteria can have on each other, including proteolytic degradation of peptides by bacterial enzymes (peptidases and proteases) (Schmidtchen et al., 2002), as has been reported by other authors studying LfcinB-derived peptides in *E. faecalis* and other bacteria (Schmidtchen et al., 2001). Thus, such peptides must be studied carefully to determine their proper therapeutic window, which may be rather narrow. This might simply reflect an inherent lack of activity of LfcinB-derived peptides against the entire *Enterococcus* genus. Curiously, in our study, the monomer was inactive against the ATCC strains (**Table 3**); however, in previous reports, it was shown to be active against the same sensitive strain of *E. faecalis* 

<sup>&</sup>lt;sup>b</sup>GM: geometric mean of the MIC<sub>50</sub> values for the indicated peptide against the indicated bacterial strains.

<sup>&</sup>lt;sup>c</sup> Fold: Calculated as (GM for the indicated peptide)/(GM for the tetrameric peptide).

<sup>&</sup>lt;sup>d</sup> Fold: Calculated as (TI for the indicated peptide)/(TI for the tetrameric peptide).

<sup>&</sup>lt;sup>b</sup>GM: geometric mean of the MIC<sub>50</sub> values for the indicated peptide against the indicated bacterial strains.

<sup>&</sup>lt;sup>c</sup>Fold: Calculated as (GM for the indicated peptide)/(GM for the tetrameric peptide).

<sup>&</sup>lt;sup>d</sup> Fold: Calculated as (TI for the indicated peptide)/(TI for the tetrameric peptide).

that we tested (ATCC 29212; MIC $_{50}$ :  $101.5\,\mu\text{M}$ ) (Leon-Calvijo et al., 2015). This discrepancy underscores that, while ATCC lines can be useful tools for assaying antimicrobial activity, they are not definitive indicators of activity, which must be assessed using clinical isolates.

Our SEM analysis revealed that the dimeric and tetrameric peptides induced changes in the sensitive strain of E. faecalis (Figure 3) only, and in both the sensitive and resistant strains of P. aeruginosa (Figure S1). These results agree with those obtained for other cationic peptides studied at the surface of these bacteria (Winfred et al., 2014; Spitzer et al., 2016), which suggest that the mechanism of action of each peptide involves the membrane. Interestingly, our observations that each peptide induced damage and porosity in the membrane of P. aeruginosa (Figure S1), mirror literature reports on other AMPs (Benli and Yigit, 2008; Cao et al., 2017). Also the SEM microphotographys display how P. aeruginosa has not surface biofilm As others authors has been demonstrate that Lactoferrin has anti-biofilm activity interfering with its formation and promoting the formation of thin, flat biofilm, allowing P. aeruginosa be more susceptible (Chung and Khanum, 2017).

Our results on the clinical isolates confirmed some of the results that we observed with the ATCC reference strains. Among the most important results was that against the clinical isolates of E. faecium, the peptides were either inactive or had MIC<sub>50</sub> values of at least 100 µM (Table 5), similarly to their activity against the ATCC reference strain of antibiotic-sensitive E. faecalis. It was interesting to find again that in terms of activity against Enterococcus, the palindromic molecule was more active than the dimer (Table 5). This result open new overview because it could indicate that lineal and palindromic repetition of the short motif may useful design as antibacterial molecules for this gender of bacteria. A recent World Health Organization study has underscored the challenge of developing of antibacterials active against P. aeruginosa (WHO, 2014). Thus, among our most encouraging findings, was that the dimeric peptide and the tetrameric peptide were each active against P. aeruginosa. These results gave further evidence of the therapeutic potential of these two branched peptides and suggest that might exhibit specificity against Gram-positive species.

Considering our all our findings, we propose here that our dimeric and tetrameric have the following mode of action to inhibit bacterial growth: their large net cationic charge enables them to attach to the bacterial membrane surface, where they create small, permeable holes that disrupt the membrane and provoke cell permeation. The superior activity of these branched peptides relative to the three other RRWQWR-based peptides is consistent with previous reports that branched peptides are more active than linear ones (Tam, 1988; Pires et al., 2015), including a study on antigenic peptides derived from human Lfcin (Azuma et al., 1999).

Although the tetrameric peptide was nearly always the most active in all the assays, it also exhibited the highest hemolytic activity (Hmax: 49.1% = 8x that of the dimer). Hemolytic activity is directly related to the net positive charge of the molecule, which for the tetrameric peptide was +12. Interestingly, we attributed the antibacterial activity of this peptide to this very charge. Our

first attempt to reduce the hemolytic activity was to synthesize the dimeric peptide, whose net charge (+6) is half that of the tetrameric peptide. Encouragingly, the dimeric peptide exhibited similar antibacterial and lower hemolytic activity relative to the tetrameric peptide. In terms of future work, one strategy to reduce hemolytic effects would be to explore controlled-release systems for the tetrameric, dimeric or other peptide, whereby the concentration of the released peptide could be controlled temporally to maximize therapeutic efficacy while minimizing hemolytic effects. Another option would be to explore the use of prodrugs and/or peptide conjugates, to improve specific targeting. Examples of such prodrugs include a bioactive peptide linked to delivery peptides or cell-penetrating peptides (Mishra et al., 2017).

Intriguingly, during our experiments using Muller Hinton Broth and the tetrameric peptide at concentrations of 100 and  $200\,\mu\text{M}$ , the peptide appeared somewhat unstable: upon addition of the peptide solution, the culture developed turbidity, which disappeared with time. This effect may be down to the salt content in Muller Hinton Broth, as various AMPs have been reported to lose activity in physiological salt solutions and in sera (Goldman et al., 1997; Lee et al., 1997; Wu et al., 1999; Rothstein et al., 2001). Further studies salt interactions and serum binding will be required to determine the utility of the tetrameric peptide, whose use as antimicrobial agent may currently be limited to lower concentrations (hemolytic activity at 12.5  $\mu\text{M}$ : 11.2%).

### CONCLUSION

We have reported the design, synthesis and screening of a set of short, cationic, LfcinB-derived peptides containing at least one RRWQWR motif, as antibacterial agents against ATCC reference strains and clinical isolates of Gram-positive and Gram-negative bacteria associated with HAIs. Our findings suggest that the branched dimeric peptide is the most attractive candidate for further development: although it was generally less active than the branched tetrameric peptide, it was far less hemolytic and did not suffer from the stability problems that the latter peptide showed in culture. We are currently performing detailed membrane, cellular and systemic toxicity studies on both peptides.

### **ETHICS STATEMENT**

This study was approved by the Ethics Committees of the Universidad Nacional de Colombia and the Secretaría de Salud de Bogotá. All patient records were anonymized prior to analysis.

### **AUTHOR CONTRIBUTIONS**

SV and JR contributed conception and design of the study; DM synthesized the peptides molecules; SV performed *in vitro* assays and SEM microscopy of ATCC strains. SV, JR, and HV contributed conception and design of the clinical isolates test. MC and SV performed the *in vitro* assay with clinical isolates;

SV wrote the first draft of the manuscript; DM, MC, HV, SV, and JR wrote sections of the manuscript. All authors contributed to manuscript revision, read and approved the submitted version.

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### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb. 2018.00329/full#supplementary-material

**Figure S1** | Scanning electron microscopy (SEM) images of Gram-positive (*E. faecalis*: Sensitive ATCC-29212; Resistance ATCC-51575) and Gram-negative (*P. aeruginosa*: Sensitive ATCC-10145; Resistance ATCC-27853) strains before and after treatment with the dimeric or tetrameric peptides. **(Top)** The sensitive strain, untreated (left), and after treatment with either the dimeric (middle) or tetrameric (right) peptide at  $3 \times \text{MIC}_{50}$  for 2h. **(Top)** *E. faecalis*: ATCC-29212 (300.0 and 75.0 μM, dimeric or tetrameric peptides respectively); Resistance ATCC-51575 (200 μM was used because those peptides have not induced MIC $_{50}$  on this strain). **(Bottom)** *P. aeruginosa*: Sensitive ATCC-10145 (87.3 and 54.3 μM, dimeric or tetrameric peptides respectively) and for the Resistance ATCC-27853 (104.4 and 63.3 μM respectively).

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# Differential Activity of the Combination of Vancomycin and Amikacin on Planktonic vs. Biofilm-Growing Staphylococcus aureus Bacteria in a Hollow Fiber Infection Model

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Combining currently available antibiotics to optimize their use is a promising strategy to reduce treatment failures against biofilm-associated infections. Nevertheless, most assays of such combinations have been performed in vitro on planktonic bacteria exposed to constant concentrations of antibiotics over only 24 h and the synergistic effects obtained under these conditions do not necessarily predict the behavior of chronic clinical infections associated with biofilms. To improve the predictivity of in vitro combination assays for bacterial biofilms, we first adapted a previously described Hollow-fiber (HF) infection model by allowing a Staphylococcus aureus biofilm to form before drug exposure. We then mimicked different concentration profiles of amikacin and vancomycin, similar to the free plasma concentration profiles that would be observed in patients treated daily over 5 days. We assessed the ability of the two drugs, alone or in combination, to reduce planktonic and biofilm-embedded bacterial populations, and to prevent the selection of resistance within these populations. Although neither amikacin nor vancomycin exhibited any bactericidal activity on S. aureus in monotherapy, the combination had a synergistic effect and significantly reduced the planktonic bacterial population by -3.0 to  $-6.0 \log_{10}$  CFU/mL. In parallel, no obvious advantage of the combination, as compared to amikacin alone, was demonstrated on biofilm-embedded bacteria for which the addition of vancomycin to amikacin only conferred a further maximum reduction of 0.3 log<sub>10</sub> CFU/mL. No resistance to vancomycin was ever found whereas a few bacteria less-susceptible to amikacin were systematically detected before treatment. These resistant bacteria, which were rapidly amplified by exposure to amikacin alone, could be maintained at a low level in the biofilm population and even suppressed in the planktonic population by adding vancomycin. In conclusion, by adapting the HF model, we were able to demonstrate the different bactericidal activities of the vancomycin and amikacin combination on planktonic and biofilm-embedded bacterial populations, suggesting that, for

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biofilm-associated infections, the efficacy of this combination would not be much greater than with amikacin monotherapy. However, adding vancomycin could reduce possible resistance to amikacin and provide a relevant strategy to prevent the selection of antibiotic-resistant bacteria during treatments.

Keywords: hollow-fiber infection model, antibiotic combination, amikacin, vancomycin, biofilm, antimicrobial resistance, *Staphylococcus aureus* 

### INTRODUCTION

*Staphylococcus aureus* possesses the ability to form biofilms and is responsible for chronic infections which are hard to treat and cause significant morbidity and mortality.

Biofilms are communities of bacteria which adhere to surfaces and are encapsulated in a self-produced extracellular polysaccharide matrix. They constitute an important strategy implemented by microorganisms to survive in harsh environmental conditions (Donlan and Costerton, 2002). Biofilms are responsible for chronic, recurrent infections and are known to survive very high concentrations of antibiotics (Lewis, 2008; Lebeaux et al., 2014). One hypothesis to explain the lower activity of antimicrobial drugs on biofilms is the high prevalence of persister cells in biofilms (Lewis, 2008; Singh et al., 2009). These persisters, unlike resistant bacteria which are genetically modified, consist of clones of bacteria expressing a different but reversible phenotype which allows them to transiently escape the effects of antibiotics (Lewis, 2008).

The antibiotic therapies currently used against biofilm infections are often associated with poor clinical responses and frequent relapses (Davies, 2003). For several years, different solutions have been proposed to eradicate biofilm bacteria such as phages, quorum sensing inhibitors or physical methods (Ivanova et al., 2017). However, although highly innovative strategies still need to be developed to deal with severe infections by both tolerant and multi-resistant bacteria, the method which can most rapidly and easily be implemented in patients at present is to combine existing drugs or to modify their therapeutic regimen (dose, frequency, and mode of administration).

In the case of suspected S. aureus infection, vancomycin therapy is often initiated in patients to provide antibacterial activity against both Methicillin-Sensitive S. aureus (MSSA) and Methicillin-Resistant S. aureus (MRSA) (Deresinski, 2009). However, although vancomycin can kill planktonic bacteria, its activity against Biofilm-Embedded Bacteria (BEB) is quite low. Lebeaux et al. (2015) showed that after exposure to a very high, constant concentration of vancomycin (5000 mg/L) for 24 h, the percentage of bacteria surviving in a 24 h-old S. aureus biofilm exceeded 20% and was even close to 100% for 2 of the 4 tested strains. Singh et al. (2009) reported similar results and found no statistically significant difference between the bacteria remaining in a non-treated S. aureus biofilm or in a biofilm exposed for 24 h to vancomycin concentrations equal to or higher than those clinically achievable. Post et al. (2017) demonstrated that vancomycin is able to eradicate a mature biofilm of S. aureus from metal implants by using a static concentration

of 200 mg/L over 28 days. Nevertheless, such a concentration profile cannot be achieved by systemic administration or local delivery vehicles currently available. To overcome this poor activity on biofilms, an aminoglycoside is often combined with vancomycin. Synergistic activity between vancomycin and aminoglycosides had already been demonstrated on S. aureus (Watanakunakorn and Glotzbecker, 1974; Cokça et al., 1998) but these studies were performed by exposing planktonic bacteria for no more than 24 h to constant antibiotic concentrations whereas in the in vivo situation, antibiotic concentrations continuously fluctuate over several days. The effects of a combination of gentamicin and vancomycin on S. aureus were more rarely tested under dynamic in vitro conditions with varying antibiotic concentrations or in animal models of infection. No significant synergy was observed in two studies where low inocula of S. aureus were exposed to the two drugs (Backo et al., 1999; Aeschlimann et al., 2000). Another study on large inocula of MRSA and MSSA, representative of a biofilmassociated infection, was performed in an in vitro simulated endocardial vegetation model. The effect of vancomycin alone was statistically significant compared to the control after 3 days but the activity of vancomycin on MSSA or MRSA was not improved by adding gentamicin (LaPlante and Woodmansee, 2009). However, in this study, the vancomycin concentrations tested were almost two times higher than the free and active concentrations routinely obtained in patients because no correction was performed for the 45% plasma protein binding of vancomycin (Liu et al., 2002; Butterfield et al.,

To propose new treatment optimizations, the predictivity of *in vitro* experiments needs to be improved, for example by exposing both planktonic and BEB in parallel over the complete duration of treatment (several days), to drug concentrations identical to those that would be encountered under clinical conditions in patients.

In this study, we studied the effects of amikacin, an aminoglycoside, and vancomycin on planktonic and biofilm-embedded *S. aureus* by using an *in vitro* dynamic model, the Hollow-Fiber (HF) infection model, which mimics the fluctuations of antibiotic concentrations over time, as would occur in the plasma of patients during a 5-day treatment. The HF model was recently labeled by the European Medicines Agency (European Medicines Agency, 2015; Gumbo et al., 2015) for drug dosage optimization in the treatment of tuberculosis. We have further adapted this model to explore drug activity not only on planktonic but also on biofilm-embedded *S. aureus*. Indeed, in previous studies conducted in HF (Nicasio et al., 2012; Ferro et al., 2015), the bacteria were systematically

exposed to drugs during the exponential phase of growth, when there was no time for biofilm development, whereas in this study, the biofilm was allowed to form for 3 days before drug exposure. The killing effects of drugs and the potential selection of resistance were assessed both on planktonic bacteria over time and on BEB at the end of exposure. We first compared monotherapy and combinations of amikacin and vancomycin at the currently recommended dosing regimens, i.e., 1g vancomycin twice a day and 15 mg/kg amikacin once a day for 5 days. Such therapeutic regimens are considered sufficient to achieve the PK/PD indices classically expected to obtain drug efficacy. For aminoglycosides, the most predictive PK/PD index is the Maximal Concentration (Cmax) divided by the Minimal Inhibitory Concentration (MIC) ratio (Moore et al., 1987) and a value from 8 to 10 is usually recommended to ensure efficacy against the pathogen (Toutain et al., 2002). For vancomycin, the best predictive index is the AUC over 24 h divided by the MIC (AUC<sub>24h</sub>/MIC) (Nielsen et al., 2011), and value of 400 is recommended to achieve clinical effectiveness (Rybak et al., 2009; Jung et al., 2014; Song et al., 2015).

We then explored the effects of a slight deviation from these standard dosages by simulating an increased dose of amikacin, which is a concentration-dependent antibiotic, (Frimodt-Møller, 2002) and by modifying the mode of administration (infusion vs. bolus) of vancomycin, which is a time-dependent antibiotic (Waineo et al., 2015).

### **MATERIALS AND METHODS**

### **Bacterial Strain**

The Methicillin-sensitive *S. aureus* strain HG 001, derived from NCTC 8325, was used for all experiments.

### **Antimicrobial Agents**

Amikacin sulfate powder (Amikacine Mylan®) and vancomycin chlorhydrate powder (Vancomycine Sandoz®) were used to prepare antibiotic stock solutions with water. Vials were stored at  $-20^{\circ}$ C for less than 1 month and were thawed and diluted to the desired concentrations for the assay just before each antibiotic administration.

# Minimal Inhibitory Concentration (MIC) Determination

Minimal inhibitory concentrations of vancomycin and amikacin on the MSSA strain were performed in triplicate by broth microdilution in cation-adjusted Mueller Hinton broth (Ca-MH, Mueller-Hinton II, Sigma Aldrich, Saint Quentin-Fallavier, France) according to the CLSI reference methods (Clinical and Laboratory Standards Institute [CLSI], 2012), and also in Roswell Park Medium Institute 1640 Medium (RPMI, Gibco, Thermo Fischer Scientific, MA, United States). Briefly, a bacterial suspension, diluted in Mueller-Hinton Broth or RPMI to give a final organism density of 5.7 log<sub>10</sub> CFU/mL, was added to wells of a microtiter

plate containing serial twofold dilutions of vancomycin or amikacin. Growth was recorded after incubation for 18 h at 35°C.

### **PK/PD Study**

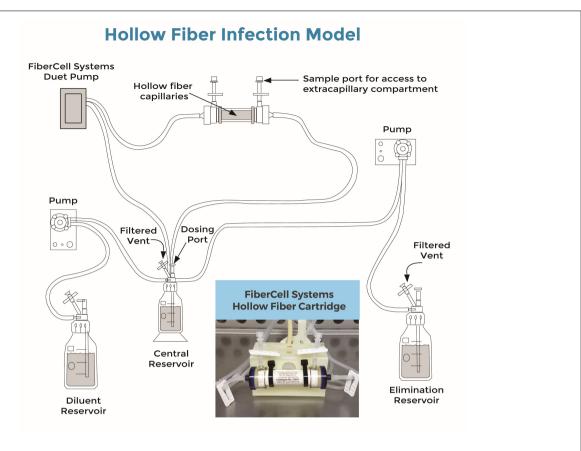
### Hollow-Fiber Infection Model

A HF infection model was used to assess the antibacterial activity of the combination of amikacin and vancomycin on planktonic and biofilm-embedded *S. aureus* during exposure to fluctuating clinically relevant antibiotic concentrations. A diagrammatic representation of the Hollow Fiber Infection Model was kindly provided by FiberCell Systems® (Figure 1). Basically, the HF model includes a cartridge with capillaries composed of a semipermeable polysulfone membrane. The pore size of the capillaries (42 kDa) allows equilibration of the concentrations of chemicals which circulate through the central and peripheral compartments by means of a peristaltic pump (Duet pump, FiberCell Systems, Inc., Frederick, MD, United States) while the bacteria stay confined to the extracapillary space in the peripheral compartment.

In this study, twenty milliliters of a suspension containing 5.7 log<sub>10</sub> CFU/mL of *S. aureus* were inoculated into the extracapillary space of each hollow-fiber cartridge (C2011 polysulfone cartridge, FiberCell Systems, Inc., Frederick, MD, United States) and incubated at 37°C in RPMI from Day 0 (D0) to Day 2 (D2) without any drug, to allow biofilm formation.

From D3 to D7, the bacteria were then subjected to amikacin and/or vancomycin. The drugs were added to the central compartment to obtain the maximum concentration ( $C_{\rm max}$ ) and were continuously diluted with RPMI by means of a peristaltic pump (Mini Rythmic PN+, SMD, Fleury-sur-Orne, France) to mimic the human terminal half-life of each antibiotic. The antibiotics also constantly circulated through the central and peripheral compartments by means of a second peristaltic pump (Duet pump, FiberCell Systems, Inc., Frederick, MD, United States).

The first antibiotic exposure tested in the HF model simulated the plasma concentrations of patients receiving 15 mg/kg amikacin once a day (Kato et al., 2017) and/or 1 g vancomycin every 12 h (Nicasio et al., 2012). Since the free plasma drug concentration is known to be one of the best surrogates of the concentration at the site of infection (Liu et al., 2002), we exposed the bacteria in the HF model to concentrations similar to the free plasma concentrations obtained in patients after administration of the above dosing regimens. For amikacin, plasma protein binding was considered negligible and a plasma C<sub>max</sub> of treated patients ranging from 60 to 80 mg/L (A70 treatment) was reproduced in the HF model (Gálvez et al., 2011). For vancomycin, plasma protein binding is around 45% (Butterfield et al., 2011) so the total plasma concentrations obtained from patients described in the literature were corrected to calculate the free  $C_{\text{max}}$  of 18  $\mu$ g/mL, which was then simulated in the HF model (V18 treatment) (Mandell et al., 2007). The simulated elimination half-life for both drugs in the HF model (4 h) was similar to the plasma elimination half-lives of amikacin and vancomycin in patients (Matzke et al., 1986; Adamis et al., 2004).



**FIGURE 1** Diagrammatic representation of the Hollow Fiber Infection Model kindly provided by FiberCell Systems® (Cadwell, 2015). Bacteria were trapped by the hollow fiber capillaries in the cartridge (see also embedded photo). Drugs were added to the central reservoir and freely circulated through the cartridge and bacteria by means of the Fibercell Systems Duet pump® (FiberCell Systems, Inc., Frederick, MD, United States). Drug concentrations decreased over time after drug administrations, due to the continuous addition of a diluent (RPMI) by means of another set of pumps (here, Mini Rythmic® PN+, SMD, Fleury-sur-Orne, France).

For the combinations, we first tested both drugs at the current dosing regimens for amikacin and vancomycin (A70 V18 treatment) and then simulated different pharmacokinetic profiles. We then tested two higher peak concentrations of 90  $\mu$ g/mL (A90 V18 treatment) and 130  $\mu$ g/mL (A130 V18 treatment) of amikacin, that could theoretically be attained in patients with a dose of 2500 mg (Álvarez et al., 2016), to investigate the relation between amikacin concentration and activity. For vancomycin, a dosage of 2 g a day has been recently recommended (Patel et al., 2011; Waineo et al., 2015), so a Continuous Rate Infusion (CRI) of 2 g a day of vancomycin was simulated by directly adding the drug to the fresh diluting medium to obtain a constant vancomycin concentration of 9 μg/mL (A70 CRIV9 treatment) (Hanrahan et al., 2015). All the experiments, including control and exposure to amikacin and vancomycin in monotherapy or in combination, were performed in duplicate to check reproducibility.

### Planktonic Bacteria Quantification

One milliliter samples were collected from the extracapillary space in the HF cartridge to count the planktonic bacteria at 0 h (baseline), 2, 4, 6, 8, and 10 h after the morning antibiotic

administration each day for 5 days (D3 to D7). The samples were centrifuged at 3000 *g* for 10 min. The supernatant was removed and the pellet resuspended in 1 mL of NaCl 0.9%. The suspension was then serially diluted and the bacteria counted in triplicate after an overnight incubation at 37°C on tryptic soy agar supplemented with magnesium sulfate and activated charcoal to prevent any carry-over effect of the antibiotic. The counts were verified again 8 h after to include colonies that could have slower grown. The limit of detection was 2.5 log<sub>10</sub> CFU/mL.

After two washes to remove the antibiotic contained in the suspension, the less-susceptible planktonic bacteria were counted once a day prior to morning antibiotic administrations from D3 to D7 on agars containing threefold (3  $\mu$ g/mL) and sixfold MIC (6  $\mu$ g/mL) of amikacin or vancomycin. The plates were incubated for 3 days at 37°C before the bacteria were counted. The proportion of less-susceptible bacteria in the total bacterial population was calculated as the ratio of the colony counts on drug-supplemented agar divided by the colony counts on drug-free agar at the same sampling time.

### **Biofilm Bacteria Quantification**

At the end of the experiment (D7), the extracapillary space in the cartridge containing the bacteria was washed four times with 50 mL of sterile NaCl 0.9% to remove the planktonic bacteria. The biofilm was then disrupted by sonication of the cartridge for 15 min at 42 kHz (Bransonic 5800, Branson Ultrasonics Corporation, Emerson, Angoulême, France) which suspended the BEB in the 20 ml of NaCl 0.9% remaining in the cartridge after the washes. These bacteria were collected for quantification with the same technic as for planktonic bacteria. The colonies were plated on the drug-free and drugsupplemented agar and were counted, before and after ultrasound treatment. After an overnight incubation at 37°C, or more if needed, the size of the biofilm was calculated in log<sub>10</sub> CFU/mL from the difference between the bacterial counts in the extracapillary space before and after ultrasound treatment. For each combination, the MIC of amikacin or vancomycin was also determined on a single bacterial colony growing on the drug-containing agar plates to accurately quantify the loss of susceptibility.

### **Drug Assay**

Samples for antibiotic quantification were withdrawn from the central reservoir and from the extracapillary space of the cartridge before and after each antibiotic administration and at 2, 4, 6, and 8 h on the 1st day and twice a day thereafter. Samples were centrifuged at 3000 g for 10 min and stored at  $-20^{\circ}$ C for less than 2 months before dosing.

Samples were prepared in 1.5 mL tubes. Two hundred  $\mu L$  of 15% of trichloroacetic acid containing the vancomycin d12 and amikacin d5 internal standards at 10  $\mu g/mL$  were added to 100  $\mu L$  of calibrators, quality controls, or samples. Antibiotics were quantified on an Acquity ultra performance liquid chromatography (UPLC) coupled to a Xevo triple quadrupole mass spectrometer (Waters, Milford, MA, United States). Chromatographic data were monitored by Targetlynx software (Waters, Milford, MA, United States). The method was validated in terms of linearity, sensitivity and repeatability. Accuracies ranged from 84 to 94% and from 99 to 107% with CV intraday precisions below 9 and 10% for amikacin and vancomycin, respectively. The limit of quantification was set at 0.5  $\mu g/mL$  for both antibiotics.

The concentration of antibiotic in the system was calculated according to equation 1.

### **Statistics**

The planktonic bacterial inoculum sizes before (D3) and after (D7) in the 5-day combined treatments were compared by applying a paired T-test with the R® software (R Development Core Team, 2014).

The sizes of the planktonic bacteria and BEB populations after treatment with the amikacin and vancomycin combination for 5 days (D7) were also compared by paired T-test with  $R^{\otimes}$ .

### **RESULTS**

### **Minimal Inhibitory Concentration (MIC)**

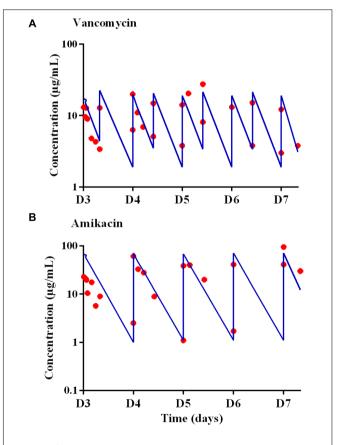
The MIC of vancomycin, for the S. aureus strain tested, was 1  $\mu$ g/mL both in Ca-MH and in RPMI and the MIC

of amikacin was 1  $\mu$ g/mL in Ca-MH and 0.5  $\mu$ g/mL in RPMI. Based on the EUCAST breakpoints, the tested strain was therefore considered as susceptible to vancomycin and amikacin.

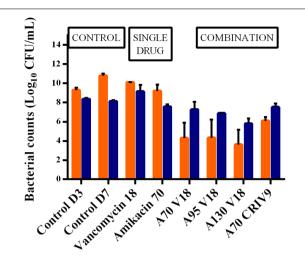
### **PK Analysis**

The concentrations in the central compartment and in the extra capillary space of the cartridge (containing bacteria) attained equilibrium within 15 min after adding the antibiotic to the central compartment (data not shown). The predicted vs. observed free concentration-time profiles of amikacin and vancomycin in the HF model, corresponding to the dosing regimen of 15 mg/kg of amikacin once a day (A70) and 1 g of vancomycin every 12 h (V18), are provided in **Figure 2**.

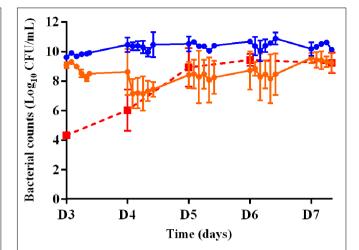
For vancomycin, the targeted AUC<sub>24 h</sub> was 400  $\mu$ g.h.mL<sup>-1</sup>, i.e., 16.6 times the MIC over 24 h (Toutain et al., 2007), and AUC<sub>24 h</sub> ranging from 372 to 417  $\mu$ g.h.mL<sup>-1</sup>, i.e., deviations ranging from -7.0 to +4.3% from the targeted AUC<sub>24 h</sub>, were obtained. For amikacin, the targeted  $C_{\rm max}$  was 70  $\mu$ g/mL and, at steady-state, a  $C_{\rm max}$  of 59.3  $\pm$  25.8  $\mu$ g/mL (mean  $\pm$  SD) i.e., a mean deviation of 15.3% from the expected  $C_{\rm max}$ , was obtained.



**FIGURE 2** | Expected (blue lines) and observed (red circles) concentration-time profiles in the Hollow Fiber system from D3 to D7 for **(A)** vancomycin after administrations twice a day with peak concentrations of 18  $\mu$ g/mL (V18 treatment) and for **(B)** amilkacin after administrations once a day with peak concentrations of 70  $\mu$ g/mL.



**FIGURE 3** | Mean  $\pm$  SD of the bacterial counts (log<sub>10</sub> CFU/mL) for planktonic (in orange) and biofilm-embedded bacteria (in blue) at the end of the experiments (D7) for control assays and the different treatments (n=2 for each antibiotic combination). The BEB population was smaller than the planktonic population in the control experiments, and also after monotherapy with amikacin or vancomycin. In contrast, the BEB populations were 1.2–2.0  $\log_{10}$  CFU/mL higher than the planktonic populations ( $\rho < 0.001$ ).



**FIGURE 4** Changes in the planktonic bacterial populations ( $\log_{10}$  CFU/mL) after exposure to amikacin or vancomycin in monotherapy from D3 to D7. Full circles represent the bacterial counts in the HF model during 5 days of treatment with vancomycin twice a day (V18 treatment, in blue) or amikacin once a day (A70 treatment, in orange). Full red squares represent the bacterial counts of planktonic bacteria growing on agar supplemented with threefold MIC of amikacin over time during A70 treatment. Mean  $\pm$  SD of the bacterial counts are shown (n=2 for each treatment).

#### **PK/PD Study**

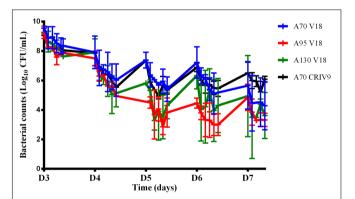
#### Killing Activity on Planktonic Bacterial Populations

After incubation for 3 days in the HF cartridge (D3), the planktonic and biofilm populations of *S. aureus* were  $9.3 \pm 0.3 \log_{10}$  CFU/mL and  $8.4 \pm 0.1 \log_{10}$  CFU/mL, respectively.

In the absence of antibiotic (control experiments), the planktonic and biofilm populations remained quite stable for a further 5 days with bacterial counts of  $10.8 \pm 0.2 \log_{10}$  CFU/mL and  $8.1 \pm 0.1 \log_{10}$  CFU/mL, respectively, at the end of the experiments (D7) (**Figure 3**).

The time-kill curves for the planktonic bacteria associated with the 3-days old biofilm and exposed to amikacin or vancomycin alone and the bacterial counts of planktonic bacteria growing on agar supplemented with threefold MIC of amikacin over time during A70 treatment for 5 days (from D3 to D7) are shown in **Figure 4**. After 5 days of exposure to vancomycin (from D3 to D7) administered twice a day with a peak concentration of 18  $\mu$ g/mL (V18 treatment), the planktonic population never decreased below the initial population size. After exposure to amikacin administered once a day with a peak concentration of 70  $\mu$ g/mL (A70 treatment), a mean reduction of 0.9 log<sub>10</sub> was observed over the 1st day of treatment (D3) but after 5 days (D7), the size of the planktonic population, 9.2  $\pm$  0.7 log<sub>10</sub> CFU/mL, was very similar to that of the population before exposure to amikacin and not much lower than in the control experiments.

We then assessed the killing activity of the amikacin and vancomycin combinations over 5 days (from D3 to D7). For amikacin, three peak concentrations of 70 (A70 V18 treatment), 95 (A95 V18 treatment), or 130 (A130 V18 treatment)  $\mu g/mL$  were tested and for vancomycin, a single peak concentration of 18  $\mu g/mL$  (A70 V18 treatment) twice a day was compared



**FIGURE 5** | Changes in the planktonic bacterial population (log<sub>10</sub> CFU/mL) after exposure to combinations of amikacin and vancomycin from D3 to D7. The marks represent the mean  $\pm$  SD of the bacterial counts for the different tested treatments [blue: A70 V18 treatment, red: A95 V18 treatment, green: A130 V18 treatment and black: A70 CRIV9 treatment (n=2 for each antibiotic combination)]. The reduction of the planktonic bacterial population between the 1st day (D3) and the last day (D7) of treatments with combinations of amikacin and vancomycin was significant ( $\rho < 0.001$ ).

to a steady concentration of 9  $\mu$ g/mL (A70 CRIV9 treatment). The time-kill curves of planktonic bacteria exposed to the drug combinations from D3 to D7 are shown in **Figure 5**. Similar time-kill profiles were observed for the planktonic bacteria, whatever the drug concentration profiles tested. The mean decrease of the bacterial population during the 1st day of treatment (D3) with the different drug combination regimens was very similar and ranged from -0.9 to -1.4  $\log_{10}$  CFU/mL, followed by stabilization or a slight increase overnight. The killing activity of the drugs during the following days (D4–D7) ranged from

a decrease of  $3.0 \log_{10}$  to an increase of  $0.5 \log_{10}$  of the planktonic population between two successive administrations of amikacin.

After exposure to combinations for 5 days (D7), no eradication of planktonic bacteria was observed but the overall reduction ranged from  $-3.0 \log_{10}$  to  $-6.0 \log_{10}$  compared to the population before drug exposure. This reduction of the planktonic bacterial population between the 1st day (D3) and the last day (D7) of treatments with combinations of amikacin and vancomycin was significant (p < 0.001) whereas amikacin or vancomycin alone failed to reduce the planktonic population over 5 days (the planktonic bacterial populations were equal to or higher after monotherapy than before monotherapy, **Figure 4**).

#### Killing Activity on BEB

The counts of biofilm-embedded bacteria recovered at the end of each experiment (D7) and the planktonic bacterial counts at the same time point are compared in **Figure 3**.

After exposure to vancomycin alone, the BEB count was 9.2  $\pm$  0.7  $log_{10}$  CFU/mL, i.e., approximately one  $log_{10}$  higher than the biofilm without treatment, while amikacin alone (A70) decreased the size of the biofilm by 0.6  $log_{10}$  CFU/mL. The addition of vancomycin (V18 or CRI V9) to amikacin (A70) did not increase BEB reduction and showed that the combination did not exhibit any synergy on these bacteria.

In parallel, we observed that the BEB population was smaller than the planktonic population in the control experiments, and also after monotherapy with amikacin or vancomycin. In contrast, the BEB populations were 1.2 to 2.0  $\log_{10}$  CFU/mL higher than the planktonic populations (p < 0.001) in all the combination experiments.

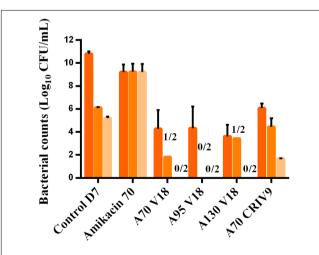
#### Prevention of the Selection of Resistance

No bacterial growth was observed on vancomycin-supplemented agar, whatever the experiment.

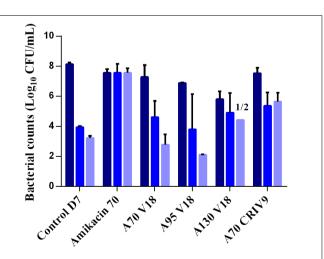
The counts of planktonic bacteria and BEB growing on agar supplemented with 3-MIC and 6-MIC-amikacin, after exposure to the drugs for 5 days (D7), are compared to the total counts in **Figures 6**, 7. Less-susceptible bacteria were systematically observed on the amikacin- supplemented agar plates before any drug exposure (D3) at a proportion of about  $10^{-6}$  of the total bacterial population for planktonic bacteria (assessed in all the experiments) and BEB (assessed in control experiments). Similar proportions (around  $10^{-6}$ ) were also found at the end of the control experiments (D7).

After 5 days of exposure to amikacin alone (D7), all the planktonic bacteria and BEB (proportion around 1) were able to grow on 6MIC-amikacin agar (Figure 6), which implied that the less-susceptible bacterial population, rather than fully susceptible bacteria, was selected by the drug. The time-development of the less-susceptible planktonic population, represented in Figure 4, showed that the fully susceptible population was drastically reduced from the 3rd day of treatment (D5). The addition of vancomycin to amikacin reduced the counts of planktonic bacteria growing on 3-MIC-amikacin and 6-MIC-amikacin, which were only detected in 4 on 1 out of 8 assays, respectively. Exposure of biofilm to the drug combinations, rather than to amikacin alone, also reduced the populations of less-susceptible bacteria (Figure 7).

The highest MIC of amikacin for the sampled biofilm bacteria was 16  $\mu$ g/mL (a 16-fold increase), corresponding to bacteria with intermediate amikacin-susceptibility with regard to the EUCAST breakpoints.



**FIGURE 6** | Mean  $\pm$  SD of the bacterial counts (log<sub>10</sub> CFU/mL) of total planktonic bacteria (dark orange) and bacteria growing on agar supplemented with three-times the MIC of amikacin (medium orange) and six-times the MIC of amikacin (light orange) in the control experiment or after 5 days of exposure to different treatments (D7) (n=2 for each condition).



**FIGURE 7** | Mean  $\pm$  SD of the bacterial counts (log<sub>10</sub> CFU/mL) of total biofilm-embedded bacteria (dark blue) and of biofilm-embedded bacteria growing on agar supplemented with three-times the MIC of amikacin (blue) and six-times the MIC of amikacin (light blue) in the control experiment or after 5 days of exposure to different treatments (D7) (n=2 for each condition).

#### DISCUSSION

Due to the refractoriness of S. aureus biofilm infections to antibiotic treatments, there is an urgent need to optimize the use of currently available drugs to ensure bacterial killing and the prevention of resistance. In this study, we developed an innovative use of the HF model by delaying exposure to the antibiotics and studied the effects of a combination of vancomycin and amikacin both on planktonic bacteria and on BEB in conditions representative of clinical situations. Different concentration profiles of the drugs were tested, and bacteria were subjected to the fluctuating concentrations that might be encountered in patients during a complete treatment. These experimental conditions should have greater predictive value than simple static assays in which bacteria are exposed to a fixed concentration over time. Moreover, due to the lack of medium renewal in static assays, such experiments are often conducted over 24 h whereas longer periods are needed to assess the selection of resistance by antibiotics (Drusano, 2017). Compared to animal models, which may exhibit very different pharmacokinetics to humans and in which some human pathogens cannot develop, all bacteria can be cultured in the HF model and exposed to drug concentration profiles that mimic the range of human profiles (Toutain et al., 2010). For example, as vancomycin is eliminated much faster in mice (half-life = 32 min) than in humans (Knudsen et al., 2000), dosage regimens tested in mice can hardly be extrapolated to humans. Obviously, the main weakness of static or dynamic in vitro assays is the absence of the immune system which can cooperate with antibiotics to clear an infection.

Several in vitro studies in dynamic systems including the HF model (Nicasio et al., 2012; Lenhard et al., 2016) have investigated the antibacterial activity of drugs combined with vancomycin against planktonic S. aureus. However, the use of dynamic in vitro systems, such as the CDC biofilm device or others, to study the effects of combinations on biofilm is rarely reported. To our knowledge, the present study is the first to use a HF model to conduct experiments on a 3-day old biofilm of a single S. aureus strain to assess the activity of drugs combination, over 5 days, on both planktonic bacteria and BEB. The HF model had already been used to simulate in two distinct studies the free concentration-time profiles of amikacin or vancomycin that can be achieved in patients receiving the recommended doses (Nicasio et al., 2012; Ferro et al., 2015). In our study, exposure to different dosage regimens of a susceptible strain of S. aureus with MICs of 1 µg/mL for amikacin and vancomycin led to equal or higher values of the PK/PD indices than those classically expected to obtain drug efficacy (Zelenitsky et al., 2003; Rybak et al., 2009; Song et al., 2015). For aminoglycosides, for which the most predictive PK/PD index is the  $C_{\text{max}}$ /MIC ratio (Moore et al., 1987), we targeted  $C_{\text{max}}/\text{MIC}$  values from 70 to 130 in the HF model whereas a value from 8 to 10 is usually recommended to ensure efficacy against the pathogen (Toutain et al., 2002). For vancomycin, for which the best predictive index is the AUC over 24 h divided by the MIC (AUC<sub>24 h</sub>/MIC) (Nielsen et al., 2011), we targeted the value of 400 recommended to achieve clinical effectiveness (Rybak et al., 2009; Jung et al., 2014; Song

et al., 2015) and obtained AUC24 h/MIC values ranging from 372 to 417 for the bolus of vancomycin in the HFIM and 480 for the constant infusion. Even though these targeted values of the PK/PD indices were attained for both drugs, almost no bactericidal activity was observed on the 3-day old biofilm or on the co-existing planktonic bacteria when amikacin or vancomycin were administered alone for 5 days. These results are in agreement with previous studies which demonstrated the low activity of vancomycin on large bacterial inocula (LaPlante and Rybak, 2004; LaPlante and Woodmansee, 2009) and on biofilms (Hogan et al., 2016). One study involving a HF model showed that a peak concentration as high as 80 mg/L was needed to achieve bactericidal activity against a large inoculum of a MRSA strain with a MIC of 1 µg/mL for vancomycin (Lenhard et al., 2016). One proposed explanation for the inoculum effect and reduced efficacy of vancomycin is that bacteria at high density are in a stationary growth phase with low dividing rate and low cell wall synthesis (Brown et al., 1988; Lamp et al., 1992). Another explanation is that vancomycin may be sequestrated by S. aureus on peptidoglycan layers, thus reducing the free vancomycin concentrations surrounding the bacteria (Srinivasan et al., 2002; Ekdahl et al., 2005; Yanagisawa et al., 2009). Finally, a reduced penetration of vancomycin through S. aureus and S. epidermidis biofilms has also been described (Doroshenko et al., 2014; Singh et al., 2016) and, even worse than the lack of efficacy, low concentrations of vancomycin were reported to stimulate biofilm formation in some clinical isolates of S. epidermidis (Cargill and Upton, 2009). In this study on S. aureus, our results were concordant as the biofilm which was exposed to vancomycin alone contained 10 times more bacteria than the control.

The lack of efficacy of the drugs used in monotherapy in this study supports the clinical recommendation to associate an aminoglycoside with vancomycin for the treatment of S. aureus biofilm infection (Deresinski, 2009). Compared with the absence of activity of amikacin or vancomycin alone, exposure to combinations of vancomycin and amikacin for 5 days in the HF model had a synergistic bactericidal effect on the planktonic bacterial populations. However, despite this synergy, the planktonic bacteria remaining after 5 days of exposure to the combination (D7) still exceeded 2.5 log<sub>10</sub> CFU/mL. We therefore investigated the ability of other dosage regimens of amikacin and vancomycin to improve the antibacterial efficacy against this planktonic population. Contrary to our expectations, given the concentration-dependent activity of aminoglycosides, increasing the C<sub>max</sub> of amikacin 1.8-fold (from 70 to 130 μg/mL) did not increase the efficacy on planktonic bacteria. For vancomycin, the efficacy of the combination seemed to be slightly decreased by constant rate infusion, especially on planktonic bacteria, but there were not enough replicates to draw a definitive conclusion. Contrary to the planktonic population, the addition of vancomycin (as a bolus or constant infusion) to amikacin did not result in an additional bacterial reduction on S. aureus biofilm, and no synergy between the two drugs was observed. The distinct activity of the combination on planktonic bacteria and BEB confirmed the different phenotypes of these two populations of bacteria and that the drugs were less active on BEB. Indeed, biofilms are supposed to contain more persister

bacteria which have lower growth rates and are therefore less affected by antibiotic drugs (Singh et al., 2009; Conlon et al., 2015). Moreover, no dosing regimen tested in this study, even if it exceeded the recommended PK/PD index values, was able to fully eradicate the planktonic bacteria co-existing with a biofilm, which could suggest that some planktonic bacteria were continuously released from the biofilm. As our study is the first one focusing on the biofilm in the HF, microscopy imaging will be further needed to investigate the distribution of the biofilm in the HF cartridge, which could be influenced, among others, by the shear forces in the extracapillary space. It should also be kept in mind that our system was characterized by an absence of the immune system and the presence of a rich medium - more favorable to bacterial growth -, that both limit the efficacy of antibiotic treatments compared to the *in vivo* situation. However, our in vitro results are in agreement with the reported lack of efficacy of systemic antibiotic treatments in patients for whom additional treatments, such as mechanical removal of biofilms or very high local antibiotic concentrations, are advised whenever possible (McConoughey et al., 2014; Wu et al., 2015).

In addition to efficacy, we assessed the ability of the combination to reduce the selection of resistant bacteria in planktonic and biofilm populations. The absence of resistance to vancomycin in this study was in accordance with other experiments conducted on S. aureus (LaPlante and Rybak, 2004). Conversely, bacteria (approximately  $10^{-6}$ ) able to grow on agar supplemented with 6 µg/mL (sixfold MIC) of amikacin were systematically present in the planktonic and biofilm populations before drug exposure, implying that small proportions of such bacteria are spontaneously present in large populations, as previously reported (Ferro et al., 2015). Since similar proportions were also found at the end of the control experiments, it suggests that the growth and survival rates of less-susceptible and fully susceptible bacteria were similar in the absence of drugs. After 5 days of antibiotic exposure, the MIC of amikacin for these bacteria able to grow on agar supplemented with amikacin and termed "less-susceptible," never exceeded the resistance breakpoint (>16 μg/mL). These bacteria showed an intermediate amikacin-susceptibility with regard to the EUCAST breakpoints, implying that the administration of amikacin to patients infected by these bacteria would have an uncertain therapeutic effect (Rodloff et al., 2008), but it should also be stressed that the initial MIC of the tested strain was low (1 µg/mL). This suggests that the same selection phenomenon occurring on a strain with a two or four-fold higher MIC would lead to the selection of "true" resistant bacteria. The selection of less-susceptible bacteria, which represented the main population of planktonic bacteria and BEB after exposure for 5 days to amikacin in monotherapy, could be explained by an inducible mechanism of resistance, known as adaptive resistance, in which thickening of the cell wall results in less penetration of amikacin into the bacterial

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#### CONCLUSION

By studying planktonic bacteria and BEB in parallel and by mimicking the fluctuations in antibiotic concentrations over 5 days, as can occur *in vivo* after daily administrations, we demonstrated the increased efficacy of a combination of amikacin and vancomycin on planktonic bacteria but not on BEB. However, even though vancomycin did not increase the killing activity of amikacin on BEB, it reduced the selection of bacteria less-susceptible to amikacin, which could help to maintain the efficacy of this drug during treatments. Even if these results need to be further confirmed with clinically relevant strains of MSSA and MRSA, they highlight the importance of selecting combination therapies not only based on efficacy but also on resistance selection endpoints by taking into account the 2 co-existing populations of planktonic bacteria and BEB.

Equations:

Concentration HF =

$$\frac{\text{(Concentration CR * Volume CR)+}}{\text{(Concentration ECS * Volume ECS)}}$$

$$\frac{\text{(Volume CR + Volume ECS)}}{\text{Volume CR}}$$
 (1)

With HF being the Hollow-Fiber, CR the Central Reservoir and ECS the Extra-Capillary Space.

#### **AUTHOR CONTRIBUTIONS**

DB, AF, FW, FE, P-LT, and AB-M: substantial contributions to the conception or design of the work. DB, ML, AF, P-LT, and AB-M: acquisition, analysis, or interpretation of data for the work. DB, ML, FW, FE, P-LT, AB-M, and AF drafting the work or revising it critically for important intellectual content. Final approval of the version to be published. Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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# DNA Damage Repair and Drug Efflux as Potential Targets for Reversing Low or Intermediate Ciprofloxacin Resistance in *E. coli* K-12

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Klitgaard RN, Jana B, Guardabassi L, Nielsen KL and Løbner-Olesen A (2018) DNA Damage Repair and Drug Efflux as Potential Targets for Reversing Low or Intermediate Ciprofloxacin Resistance in E. coli K-12. Front. Microbiol. 9:1438. doi: 10.3389/fmicb.2018.01438 Ciprofloxacin is a potent antibacterial drug that is widely used in human clinical applications. As a consequence of its extensive use, resistance has emerged in almost all clinically relevant bacterial species. A mean to combat the observed ciprofloxacin resistance is by reversing it via co-administration of a potentiating compound, also known as a helper drug. Here, we report on the current advances in identifying ciprofloxacin helper drugs, and put them into perspective of our own findings. We searched for potential helper drug targets in Escherichia coli strains with different levels of ciprofloxacin resistance using transcriptomics i.e., RNAseq and by deletion of genes associated with hyper-susceptibility to ciprofloxacin. Differential gene expression analysis of the highly ciprofloxacin resistant uropathogenic E. coli strain, ST131 UR40, treated with a clinically relevant concentration of ciprofloxacin (2 µg/mL), showed that the transcriptome was unaffected. Conversely, genetic screening of 23 single gene deletions in the high-level ciprofloxacin resistant laboratory derived E. coli strain, LM693, led to a significant decrease in the minimal inhibitory concentration for several genes, including genes encoding the AcrAB-ToIC efflux pump, SOS-response proteins and the global regulator Fis. In addition, deletion of acrA, tolC, recA, or recC rendered two E. coli strains with intermediate susceptibility to ciprofloxacin fully susceptible according to the CLSI recommended breakpoint. Our results corroborate the AcrAB-ToIC efflux pump and the SOS response proteins, RecA and RecC, as potential targets for ciprofloxacin helper drugs in treatment of human bacterial infections caused by E. coli strains with intermediate sensitivity to ciprofloxacin.

Keywords: antibiotic resistance, ciprofloxacin, helper drugs, RNA-Seq, transcriptomics

#### **INTRODUCTION**

Fluoroquinolones are some of the most prescribed antibacterial drugs in the world, commonly used for the treatment of urinary tract infections and sinusitis (Emmerson and Jones, 2003; Linder et al., 2005; Mitscher, 2005), but this has not always been the case. For the first two decades after the discovery of nalidixic acid in 1962, and its introduction into the clinic in 1964, the quinolones

Abbreviations: MIC, minimal inhibitory concentration; ST, sequence type.

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were only used to treat uncomplicated urinary tract infections. This changed with the release of the second generation quinolones, including ciprofloxacin, which showed significant activity outside the urinary tract and against a broad spectrum of both Gram-negative and Gram-positive bacteria. Ciprofloxacin acts by binding to its targets, DNA gyrase and topoisomerase IV, inhibiting the native ability of these two enzymes to re-ligate double stranded DNA breaks, in turn leading to fragmentation of the chromosome. Due to its mechanism of action it is sometimes referred to as topoisomerase poison (Aldred et al., 2014). Inevitably, considering its extensive use and misuse, resistance toward ciprofloxacin has increased in almost all clinically relevant bacteria (Werner et al., 2011; Dalhoff, 2012). One method to overcome antibacterial resistance is by combinatorial treatment with a potentiating compound, also known as a helper drug. A helper drug is by definition non-antibacterial when administered alone, but it enhances the activity of the antibiotic when used in concert. The potentiating effect of a helper drug can be achieved by either direct inhibition of the resistance mechanism or by targeting endogenous cellular components and pathways like, cell membranes, efflux pumps and cellular repair systems. A classic example of targeting the resistance mechanism is the combination of amoxicillin and the β-lactamase inhibitor clavulanic acid (White et al., 2004). Highlevel ciprofloxacin resistance is primarily associated with multiple target site mutations in gyrA and parC, encoding subunits of the DNA gyrase and topoisomerase IV, respectively (Aldred et al., 2014). Since 1998 three different plasmid-mediated ciprofloxacin resistance mechanisms have been identified; (i) target protection (Qnr proteins), (ii) efflux pumps (QepA and OqxAB) and (iii) drug modification (AAC(6')-Ib-cr acetyltransferase) (Rodríguez-Martínez et al., 2016).

# Potential Ciprofloxacin Helper Drug Targets

Studies of the endogenous cellular mechanisms involved in ciprofloxacin susceptibility and resistance evolution have revealed more than two dozen gene deletions that lead to increased ciprofloxacin susceptibility in wild-type Escherichia coli (Cirz et al., 2005; Tamae et al., 2008; Liu et al., 2010; Yamada et al., 2010). Thus, suggesting the gene products as potential ciprofloxacin helper drug targets. Recently, Tran et al. identified 23 single gene deletions that increased the ciprofloxacin susceptibility of a laboratory derived resistant E. coli strain. The most significant increase in ciprofloxacin susceptibility was observed for the deletion of SOS-response genes directly involved in DNA damage repair, and the genes encoding the AcrAB-TolC efflux pump (Tran et al., 2016). Recacha et al. recently showed that deletion of recA rendered a laboratory derived E. coli strain with intermediate sensitivity to ciprofloxacin clinically susceptible in vitro. In addition, the in vivo efficacy of ciprofloxacin against the same strain was significantly increased in a peritoneal sepsis murine model (Recacha et al., 2017). Thus, the current evidence suggests that targeting the repair of ciprofloxacin induced DNA damage or the efflux pump AcrAB-TolC are the most promising strategies for ciprofloxacin helper

drugs. Here, we used a combined transcriptomic and genetic approach in an attempt to both identify novel helper drug targets, as well as further assess the potential of known helper drug targets in laboratory derived *E. coli* strains with different levels and mechanisms of ciprofloxacin resistance.

#### **MATERIALS AND METHODS**

#### **Bacterial Strains and Plasmids**

Strains LM693 and LM862 were obtained from Diarmaid Hughes from Uppsala University. LM693 is isogenic to the commonly used laboratory strain, MG1655, besides two gyrA mutations, S83L and D87N, and one parC mutation, S80I. LM862 is also isogenic to MG1655, but with one gyrA S83L mutation and one parC S80I mutation. ST131 UR40 has two gyrA mutations, S83L and D87, and two parC mutations, S80I and E84V, and carries aac-6'-Ib-cr on a plasmid (Cerquetti et al., 2010). The aac-6'-Ib-cr carrying plasmid pRNK1 (was constructed as follows: aac-6'-Ib-cr gene was amplified by PCR from ST131 UR40, using the following primers: GATCGGATCCATGAGCAACGCAAAAACAAAGTT AGGC and CATCGAATTCTTAGGCATCACTGCGTGTTCGC, and cloned into pMW119 (Nippon Gene, Toyama, Japan) using BamHI and EcoRI. The qnrS-carrying plasmid pRNK9 was constructed as follows: qnrS was amplified by PCR from the clinical E. coli isolate EC38 using the following primers: GATCGGATCCATGGAAACCTACAATCATACATAT CGGC and GATCAAGCTTTTAGTCAGGATAAACAACAAT ACCCAGTGC, and cloned into pMG25 using BamHI and HindIII (M. Mikkelsen and K. Gerdes, unpublished). pRNK1 (4796 bp) and pRNK9 (4723 bp) was then introduced in LM862 by electroporation. Strain EC38 was isolated from a patient with a urinary tract infection at Hvidovre Hospital, Denmark.

#### **Genetic Screening and MIC Tests**

For the genetic screen, P1 phage lysates were prepared from the relevant Keio collection strains (Baba et al., 2006) and used for transduction into LM693 and LM862. All the transduced strains were verified by PCR. The ciprofloxacin MICs for LM693 and derived strains were determined using E-tests (0.002–32  $\mu$ g/ml, BioMerieux) and according to the manufacturer's guidelines. The MICs for LM862 and derived strains were determined by broth micro-dilution using cation adjusted Mueller Hinton broth II with 1 mM and 10  $\mu$ M IPTG for pRNK1 and pRNK9, respectively. The two different IPTG concentrations were used to obtain a ciprofloxacin MIC for LM862/pRNK1 and LM862/pRNK9 of 2  $\mu$ g/mL i.e., within the CLSI intermediate susceptible range. The reference *E. coli* strain ATCC 25922 was used as standard in all MIC tests and the susceptibility was evaluated according to CLSI recommended breakpoints.

#### **Checkerboard Assay**

All wells in a micro-titter plate were filled with 100  $\mu$ l cation adjusted Mueller Hinton broth II (200  $\mu$ L in the negative control wells). Copper phtalocyanine-3,4',4'',4'''-tetrasulfonic acid, was added to the first row, followed by serial dilution along the

abscissa, leading to a start concentration of 100  $\mu$ M. Hereafter ciprofloxacin was serial diluted along the ordinate, giving a start concentration of 2 and 64  $\mu$ g/ml for LM862 and LM693, respectively. Hundred microliter diluted culture with an OD600 of 0.001 was then inoculated in each well and the plates were incubated at 37°C for 24 h.

#### **RNA-Sequencing**

Ciprofloxacin was added to a culture of ST131 UR40, which had been growing exponentially for more than six generations, to a final concentration of 2 µg/ml. Samples for RNA isolation were taken at 0 min (prior to ciprofloxacin addition) and 30 and 90 min after ciprofloxacin addition, which has previously been shown to be long enough to induce fragmentation of the E. coli chromosome (Charbon et al., 2014). Total RNA was isolated using a Thermo Scientific GeneJET RNA isolation kit. Dnase treated with TURBO DNA-free kit from Ambion. rRNA was depleted using an Illumina Ribo-zero rRNA removal kit, followed by RNA-Seq library prep using an Illumina TruSeq Stranded mRNA Library Prep Kit. Sequencing was performed on an Illumina Miseq with a Miseq reagent kit v3. (75 bp pairedend) from Illumina. Data analysis was performed in Rockhopper ver.2.03 (McClure et al., 2013). E. coli NA114 (ST131) (accession number: NC\_017644) was used as reference genome (Avasthi et al., 2011). The percentage of successfully aligned reads varied from 91 to 88% of the total read count. The sequencing data files and the Rockhopper results from the differential gene expression analysis are available from the Gene Expression Omnibus (GEO: GSE89507).

#### **RESULTS**

## Identification of Helper Drug Targets by Genetic Screening

As mentioned in the introduction several single gene deletions are known to increase the ciprofloxacin susceptibility of E. coli. To further assess the helper drug target potential of these genes, 23 single gene deletions were introduced into the highlevel ciprofloxacin resistant E. coli strain LM693 (MIC of 24-32 µg/ml) (Marcusson et al., 2009) and tested for hypersusceptibility toward ciprofloxacin (Table 1). LM693 is isogenic to the commonly used laboratory strain MG1655 besides two GyrA mutations; S83L and D87, and one ParC mutation; S80I. Even though nine of the mutant strains showed a three to four fold reduction in the MIC, none of them were found to be susceptible according to the CLSI MIC breakpoint for ciprofloxacin (≤1 μg/mL). Our results therefore indicate that none of the tested gene-knockouts identify valid helper drug targets in high-level ciprofloxacin resistant E. coli strains. However, they could potentially be used as helper drug targets in bacteria with intermediate susceptibility to ciprofloxacin. To create two strains with intermediate ciprofloxacin susceptibility, we constructed the plasmids pRNK1 and pRNK9 carrying the ciprofloxacin resistance determinants aac-6'-Ib-cr and gnrS, respectively. AAC-6'-Ib-cr inactivates ciprofloxacin by *N*-acetylation of the amino nitrogen of its piperazinyl substituent

(Robicsek et al., 2006), while QnrS acts as a DNA mimic, binding to and protecting the gyrase from the action of ciprofloxacin (Rodríguez-Martínez et al., 2016). Introduction of pRNK1 and pRNK9 into strain LM862, which carries GyrA S83L and ParC S80I mutations, increased the MIC from 1 to 2 µg/ml, i.e., into the CLSI intermediate susceptible MIC range. We then evaluated the ability of seven of the most promising gene deletions described above to reduce the ciprofloxacin MIC of LM862/pRNK1 and LM862/pRNK9. Four of the gene deletions (acrA, tolC, recA, and recC) rendered both strains susceptible to ciprofloxacin (Table 2). To assess whether inhibition of RecA was an amenable strategy for potentiation of ciprofloxacin, synergy between ciprofloxacin and a RecA inhibitor, copper phtalocyanine-3,4',4",4"'-tetrasulfonic acid (Alam et al., 2016), was tested by a checkerboard assay. However, we did not observe a reduction in the ciprofloxacin MICs for either LM693 or LM862.

## Identification of Helper Drug Targets by RNA Sequencing

The *E. coli* clonal group ST131 has become the predominant *E. coli* lineage isolated from human extra-intestinal infections and is currently regarded a global problem in hospitals and clinical practices (Nicolas-Chanoine et al., 2014). Two independent studies have shown that more than 90% of ESBL-producing

TABLE 1 | MIC values for the single gene deletions in LM693.

Strain/single deletions	MIC (μg/ml)
LM693	24–32
toIC	1.5
acrA, acrB and fis	2
recC, xseA, xseB, uvrD, and recA	4
ruvC and dksA	6
recG and hlpA	8
pgm, ybgF and ybgC	12
deoR, ydcS, yciT and ybjQ	16
ygcO and nlpC	24
rimK	24-32

**TABLE 2** | MIC values for the single gene deletions in LM862/pRNK1 and LM862/pRNK9.

Strain	MIC (μ	g/ml)
LM862	1	1
LM862/Empty vectors	1	1
	pRNK1	pRNK9
LM862	2	2
toIC	0.25	0.5
acrA	0.25	0.5
recA	0.5	0.5
recC	0.5	0.5
uvrD	2	1
xseA	1	1
fis	2	4

ST131 isolates are also resistant to ciprofloxacin (Brisse et al., 2012; López-Cerero et al., 2014). Strain ST131 UR40 is resistant to high levels of ciprofloxacin due to GyrA mutations S83L and D87, and ParC mutations S80I and E84V (Cerquetti et al., 2010). Here we used RNA-Seq to map the transcriptomic changes during treatment of ST131 UR40 with a clinically relevant concentration of ciprofloxacin, 2 µg/ml, which is approximately equal to the maximum serum concentration following oral administration of 500 mg ciprofloxacin according to the FDA. The rationale behind this was to identify potential helper drug target genes that were upregulated upon ciprofloxacin exposure and thereby potentially involved in ciprofloxacin resistance. In contrast to the genetic screen, the RNA-Seq analysis would also reveal targets encoded by essential genes and non-coding RNA. The transcriptomic analysis did not show any non-ribosomal transcripts to be significantly upregulated in the presence of ciprofloxacin, i.e., with a false discovery rate of <1% and more than two-fold expression change.

#### DISCUSSION

By utilizing a combination of "direct genetic screening" and differential gene expression analysis, we have attempted to identify potential genes suitable as targets for ciprofloxacin potentiating compounds. We did not find any genes to be significantly upregulated by ciprofloxacin, indicating that the transcriptome of ST131 UR40 was relatively unaffected by treatment with a sub-inhibitory and yet clinically relevant concentration of ciprofloxacin. The lack of an upregulation of the SOS response genes in the transcriptomic analysis suggests that the ciprofloxacin exposure did not cause sufficient DNA damage to induce a SOS response; hence it was not necessary for ST131 UR40 to upregulate any specific genes to cope with the presence of ciprofloxacin at a sub-inhibitory concentration.

The screening of selected mutant strains revealed a number of genes, which when deleted, lowered the MIC for ciprofloxacin significantly in LM693. These findings are in accordance with genes reported to contribute to high-level ciprofloxacin resistance by Tran et al. (2016). Treatment of bacteria with ciprofloxacin generates double stranded breaks in the DNA of the organism (Drlica et al., 2008), which in turn activates the SOS response. Seven of the tested gene deletions; recA, recC, recG, uvrD, xseAB, and ruvC, which all significantly reduced the MIC of LM693, are part of the SOS response and involved in DNA damage repair (Chase and Richardson, 1974; Kuzminov, 1993; Michel, 2005). Thus, deletion of any of these seven genes likely lowers the ability of the bacteria to cope with ciprofloxacin induced DNA damage. Deletion of genes encoding the AcrAB-TolC efflux pump, or the global regulator Fis (Factor for inversion stimulation) showed the largest decreases in MIC values for LM693. The Fis protein has been shown to repress the gyrA and gyrB promoters, thereby reducing the expression of the DNA gyrase (Schneider et al., 1999). Thus, deletion of fis likely increases DNA gyrase expression and the number of ciprofloxacin targets. As ciprofloxacin works as a topoisomerase poison, an increase in ciprofloxacin bound

DNA gyrase could potentially lead to an increase in double stranded breaks, explaining the decrease in MIC for the *fis* deletion strain. The *fis* deletion did not have the same effect on the intermediate susceptible strains LM862/pRNK1 and LM862/pRNK9, which may be explained by the relatively higher affinity of ciprofloxacin for its target in LM862, compared to that of LM693. Thus, the increase in expression of the DNA gyrase might lead to an increase in ciprofloxacin-gyrase complexes, but if the ciprofloxacin induced DNA damage is already at a level, where the DNA repair mechanisms cannot keep up, the *fis* deletion does not have a dramatic effect on the MIC.

Individual deletions of acrA, acrB, or tolC genes encoding the AcrAB-TolC efflux pump had a large effect on the ciprofloxacin susceptibility of both LM693 and LM862 strains. This was not surprising as overexpression of the AcrAB-TolC efflux system has been connected to ciprofloxacin resistance numerous times (Mazzariol et al., 2000). The deletion of acrA or tolC in the LM862 strains lowered the MIC beneath the CLSI susceptible breakpoint indicating that AcrAB-TolC efflux system is a potential target for ciprofloxacin potentiating compounds in intermediate susceptible E. coli. A number of AcrAB-TolC inhibitors have been identified (Chevalier et al., 2004; Bohnert et al., 2013; Aparna et al., 2014; Opperman et al., 2014; Yilmaz et al., 2015), two of which have been shown to decrease the MIC of ciprofloxacin in susceptible E. coli strains (Opperman et al., 2014; Yilmaz et al., 2015), but none of them are used in clinical practice so far.

Inhibition of RecA and thereby of the SOS response has been proposed as a strategy to fight antibiotic resistance numerous times (Blázquez et al., 2012; Culyba et al., 2015; Alam et al., 2016). Our finding, that deletion of *recA* render intermediate susceptible strains of *E. coli* fully susceptible to ciprofloxacin is in accordance with recent observations by Recacha et al. (2017). Overall, this indicates that RecA could be a potential ciprofloxacin helper drug target.

Even though AcrAB-TolC or RecA deficiency rendered LM862/pRNK1 and LM862/pRNK9 susceptible to ciprofloxacin, the respective MICs were only two to four-folds lower than the susceptible MIC breakpoint. It therefore seems reasonable to assume that a given inhibitor should completely block the activity of either RecA or AcrAB-TolC in order for it to be an efficient helper drug. This hypothesis is backed by the failure of lowering the ciprofloxacin MIC of LM862 and LM693 with the RecA inhibitor phtalocyanine-3,4′,4″,4″′-tetrasulfonic acid.

#### CONCLUSION

The findings of this study and the evidence given in the literature, indicates that reversal of ciprofloxacin resistance in high-level resistant *E. coli* strains by the use of helper drugs does not appear to be plausible. Conversely, targeting RecA, RecC or the AcrAB-TolC efflux pump is a likely feasible strategy for reversing ciprofloxacin resistance in *E. coli* strains with intermediate susceptibility to ciprofloxacin. However, it should be noted that there is a discrepancy between the MIC breakpoint

for ciprofloxacin susceptibility proposed by the CLSI ( $\leq 1 \,\mu g/mL$ ) and the EUCAST ( $\leq 0.25 \,\mu g/mL$ ). Therefore, further *in vivo* studies are needed to asses if targeting either RecA, RecC, or AcrAB-TolC leads to a significant increase in the efficacy of ciprofloxacin against an intermediate susceptible *E. coli* strain.

#### **AUTHOR CONTRIBUTIONS**

RK carried out all experimental work, designed the study, analyzed the data, and prepared the final manuscript. AL-O supervised all aspects of the study and helped prepare the final manuscript. BJ assisted and supervised the experimental part

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of the RNA-seq. LG supervised and delivered the ST131 UR40 strain. KN performed genomic analyses and delivered the EC38 strain carrying the *qnrS* gene. All authors read and approved the final manuscript.

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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# In Vitro Antibacterial Activity of Teixobactin Derivatives on Clinically Relevant Bacterial Isolates

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Ramchuran EJ, Somboro AM, Abdel Monaim SAH, Amoako DG, Parboosing R, Kumalo HM, Agrawal N, Albericio F, de La Torre BG and Bester LA (2018) In Vitro Antibacterial Activity of Teixobactin Derivatives on Clinically Relevant Bacterial Isolates. Front. Microbiol. 9:1535. doi: 10.3389/fmicb.2018.01535 Methicillin-resistant Staphylococcus aureus (MRSA) and vancomycin-resistant enterococcus (VRE) are included on the WHO high priority list of pathogens that require urgent intervention. Hence emphasis needs to be placed on developing novel class of molecules to tackle these pathogens. Teixobactin is a new class of antibiotic that has demonstrated antimicrobial activity against common bacteria. Here we examined the antimicrobial properties of three Teixobactin derivatives against clinically relevant bacterial isolates taken from South African patients. The minimum inhibitory concentration (MIC), the minimal bactericidal concentration (MBC), the effect of serum on MICs and the time-kill kinetics studies of our synthesized Teixobactin derivatives (3, 4, and 5) were ascertained following the CLSI 2017 guidelines and using the broth microdilution method. Haemolysis on red blood cells (RBCs) and cytotoxicity on peripheral blood mononuclear cells (PBMCs) were performed to determine the safety of these compounds. The MICs of 3, 4, and 5 against reference strains were 4-64 µg/ml, 2-64 µg/ml, and 0.5-64 µg/ml, respectively. The MICs observed for MRSA were (3) 32 μg/ml, (4) 2-4 μg/ml and (5) 2-4 μg/ml whilst those for VRE were (3) 8-16 μg/ml, (4) 4 μg/ml and (5) 2–16 μg/ml, respectively. In the presence of 50% human serum, there was no significant effect on the MICs. The compounds did not exhibit any effect on cell viability at their effective concentrations. Teixobactin derivatives (3, 4, and 5) inhibited bacterial growth in drug-resistant bacteria and hence emerge as potential antimicrobial agents. Molecular dynamic simulations suggested that the most dominant binding mode of Lys10-teixobactin (4) to lipid II is through the amide protons of the cycle, which is identical to data described in the literature for the natural teixobactin hence predicting the possibility of a similar mechanism of action.

Keywords: teixobactin derivatives, biological activity, antimicrobial agents, resistant bacteria, antimicrobial peptides, in silico analysis

#### INTRODUCTION

The rate of antibiotic resistance is increasing faster than the development of new compounds for clinical practice. In an extremely short period, resistance to antibiotics has become a significant cause of disease and death globally (Penesyan et al., 2015; Brown and Wright, 2016; Hamilton and Wenlock, 2016). Limited success in collective research efforts to synthesize novel and efficient compounds has contributed to the drug-resistance scenario we are now facing and to the lack of new and efficient treatment options.

The first antibiotics were produced through screening soil microorganisms. However, by the 1960s, this limited resource of cultivable bacteria had been overexploited (Lewis, 2012). Synthetic approaches to produce antibiotics have been unable to replace this platform. Uncultured bacteria, which make up 99% of all species in external environments, emerge as a potent source of new antibiotics (Kaeberlein et al., 2002; Nichols et al., 2010; Fang et al., 2012).

Teixobactin (1, Figure 1) is a new class of antibiotic that was discovered through the screening of uncultured bacteria using i-Chip (isolation chip), a revolutionary method for bacterial culture (Ling et al., 2015; Piddock, 2015; von Nussbaum and Süssmuth, 2015). Teixobactin was identified as an effective agent against Gram-positive bacteria. It inhibits cell wall synthesis by binding to two lipid cell wall precursors, namely lipid II (peptidoglycan precursor) and lipid III (teichoic acid precursor) (Ling et al., 2015; Homma et al., 2016). Vancomycin also targets lipid II. However, taking into account that Teixobactin has been demonstrated to be active against vancomycinresistant enterococcus (VRE), its binding is through a different region compared to that of the Vancomycin. In this regard, biochemical assays have demonstrated that teixobactin binds the pyrophosphate and the first sugar moiety present in both, lipid II and lipid III (Ling et al., 2015).

Although much attention has shifted towards combating Gram-negative bacteria, there is still a need for compounds with novel mechanisms and low resistance profiles against Grampositive strains. In this regard, Texiobactin can satisfy this need and contribute to the treatment of resistant Gram-positive bacteria such as VRE and MRSA. In this study we sought to evaluate three novel derivatives of Teixobactin (3, 4, and 5) and determine their activity against clinically relevant Gram-positive resistant bacteria as well as against Gram-negative species.

#### **MATERIALS AND METHODS**

#### **Antibiotics and Reagents**

All the derivatives were dissolved in 5% DMSO. GIBCO RPMI-1640 cell culture media (with HEPES, L-glutamine and sodium pyruvate) was obtained from Life Technolgies (Carlsbad, CA, United States). Hyclone fetal bovine serum was purchased from GE Healthcare Life Sciences (Chicago, IL, United States). Phosphate Buffered Saline (PBS) was obtained from Lonza (Basel, Switzerland). Nunclon Delta Surface sterile microtiter plates (including the Edge 2.0 plate) were bought from Thermo Fisher

Scientific (Waltham, MA, United States). Human serum from male AB plasma (sterile and filtered), antibiotics, antimycotic solution and all other reagents were obtained from Sigma (St. Louis, MO, United States).

#### **Bacterial Strains**

Clinical isolates of MRSA and VRE were obtained from Lancet Laboratories, Durban, South Africa, with ethical approval BE394/15 from the Biomedical Research Ethical Committee of the University of KwaZulu-Natal. Four reference strains of bacteria, namely *Escherichia coli* ATCC 25922, *Pseudomonas aeruginosa* ATCC 27853, *Bacillus subtilis* ATCC 6051 and *Staphylococcus aureus* ATCC 29213 were obtained from the American Type Culture Collection (ATCC).

# Synthesis, Purification, and Characterization of Teixobactin Derivatives

Our group previously synthesized the Teixobactin derivatives (3, 4, and 5) (**Figure 1**) used in this study. Furthermore, they were chemically characterized by HPLC and MS and subjected to preliminary biological testing against two Gram-positive and two Gram-negative ATCC strains (Abdel Monaim et al., 2017).

# Minimum Inhibition Concentration (MIC) and Minimum Bactericidal Concentration (MBC) Determination

The MICs of the Teixobactin derivatives were determined using the broth microdilution method following the Clinical and Laboratory Standards Institute [CLSI], 2017 guidelines. Twofold dilutions of each compound solution were prepared using cation adjusted Mueller-Hinton Broth (CAMHB) in a microtiter plate. A 0.5 McFarland-standardized bacterial inoculum was used to prepare a total volume of 200 µl in each microtiter well. The plates were incubated at 37°C for between 18 and 20 h. The MIC was determined as the lowest concentration at which no visible bacterial growth was observed. Control wells for bacteria and media were also included. Meropenem, vancomycin and ampicillin were used as standard control drugs. The plates containing VRE were incubated at 35°C under aerobic conditions. The MBC was determined as the lowest concentration of the test compound that was able to produce a 99.9% decrease in viable bacterial cells on the agar plates. Control wells included the same amount of solvent used in dissolving the drug candidates, medium and bacteria.

#### Effect of Human Serum on the MICs

The effect of serum on the MICs was determined in a similar way to the MIC method described above, but in this case 50% human serum: Mueller-Hinton broth was prepared.

#### **Time-Kill Kinetic Assays**

Time-kill assays were performed following CLSI guidelines and previously described methods (Wang et al., 2015; Clinical Laboratory Standard Institute [CLSI], 2017; Zheng et al., 2017).

Overnight bacterial cell cultures were suspended in CAMHB and adjusted to an absorbance of approximately 10<sup>6</sup> CFU/ml. Varying concentrations of the test compounds were added to the inoculum suspensions, with final concentrations corresponding to 1x MIC, 2x MIC, and/or 4x MIC, and incubated at 37°C. Aliquots were removed from the inoculum cultures after 0, 1, 2, 4, 6, 8, and 24 h of incubation. They were then serially diluted, plated on MH agar and incubated for 24 h at 37°C. Bacterial cell viability was determined by colony count. The assays were performed in triplicate. Data was presented as mean and standard deviation of three independent replicates, analyzed with one-way ANOVA followed by Dunnett's test to determine the significance relative to the untreated bacteria (P < 0.05).

#### **Cell Culture**

The Buffy coat used in this study was obtained from the South African National Blood Service (SANBS). The anonymised product is provided by the SANBS for research purposes, upon approval from their Ethics Committee (National Health Laboratory Service Clearance Certificate approval no: 2013/18). Aseptic techniques and appropriate biosafety precautions were observed.

#### Haemolysis Assay on Red Blood Cells (RBCs)

The haemolysis assay was performed as previously described (Tramer et al., 2012; Jayamani et al., 2017), with modifications to allow for a 96-well microtiter plate format. Briefly, washed red blood cell pellet was re-suspended in PBS (to obtain a hematocrit of approximately 20%). Next, 10 µL of the cells was aliquoted into a 96-well microtiter plate containing 170 μL of PBS and lysed by addition of 20 µL of 1% Triton<sup>TM</sup> X-100 solution. After 30 min, the samples were spun at 3000 g for 5 min in an Orto Alresa Digicen 21R plate centrifuge. Absorbance was read at 405 nm in a Tecan Sunrise<sup>TM</sup> plate

Seven serial 5-fold dilutions of the compounds were then prepared in triplicate by adding 25 µL of the compound to 100 μL of PBS. Controls (i.e., 0% and 100% hemolysis samples) were included. Appropriately diluted RBCs (10 µL RBCs and 90 µL PBS per well) were added to the microtiter plate and incubated at 37°C for 30 min and then spun at 3000 g for 5 min. The supernatants were then transferred to a fresh microtiter plate, and absorbance was read at 405 nm. The viability of the RBCs at each concentration of the compound was calculated as follows: % viability =  $100 \times [1 - [A_t/(A_{100})]]$  $[-A_0]$  where  $A_t$  = mean absorbance of the test compound at a given concentration,  $A_0$  = mean absorbance of the untreated control, and A<sub>100</sub> = mean absorbance of the sample lysed with Triton<sup>TM</sup> X-100. The results were represented graphically. The experiment was performed in triplicate (n = 3). The error bars indicate the standard deviation. One-way ANOVA followed by Dunnett's test was performed to determine the significance relative to the untreated RBC (P < 0.05; indicated by \*).

MIC µg/ml) reference strains of bacteria. 64 .64 P. aeruginosa ATCC 27853 28 28 5 concentration (MBC) and MIC in presence of 50% human serum of Teixobactin derivatives against susceptible 3ram-negative serum MIC µg/ml) 64 , 64 coli ATCC 25922 MBC (µg/ml) 28 29 2 64 64 32 3.125 50% serum (MIC µg/ml) 2 - 2 subtilis ATCC 6051 bactericidal MIC µg/ml) **TABLE 1** | Minimum inhibitory concentration (MIC), minimum aureus ATCC 29213 mg/ml) Antimicrobial agents

Meropenem

TABLE 2 | Minimum inhibitory concentration of Teixobactin derivatives against methicillin-resistant Staphylococcus aureus (MRSA).

Isolates	Isolates Origin <sup>a</sup> Species	igin <sup>a</sup> Species	igin <sup>a</sup> Species	Origin <sup>a</sup> Species	a Species 3 4	4	5	Vancomycin	Ampicillin
			MIC (μg/ml)	MIC (μg/ml)	MIC (μg/ml)	MIC (μg/ml)	MIC (μg/ml)		
B11970	Blood	S. aureus	32	2	2	1	>512		
P10781	Nasal	S. aureus	32	2	2	1	>512		
P10747	CVP	S. aureus	32	2	2	1	>512		
S37938	_	S. aureus	32	2	2	1	>512		
S18155	ETT	S. aureus	32	2	2	0.5	>512		
B13178	Blood	S. aureus	32	2	2	1	>512		
440260	_	S. aureus	32	4	4	1	>512		
S18970	_	S. aureus	32	2	2	1	>512		
P11520	Pus	S. aureus	32	4	4	1	512		
T5683	Nasal	S. aureus	32	2	2	1	>512		
	MIC50		32	2	2	1	>512		

<sup>&</sup>lt;sup>a</sup>ETT, Endotracheal tube; CVP, Central venous catheter, -, Missing data.

TABLE 3 | Minimum inhibitory concentration of Teixobactin derivatives against vancomycin-resistant enterococci (VRE).

Isolates	Species	3	4	5	Vancomycin
		MIC (μg/ml)	MIC (μg/ml)	MIC (μg/ml)	MIC (μg/ml)
951245262 (A)	Enterococcus faecium	8	4	4	>128
951234856 (B)	Enterococcus faecium	16	4	4	>128
951208931 (C)	Enterococcus faecium	16	4	4	>128
938636470 (D)	Enterococcus faecium	16	8	4	>128
938666613 (E)	Enterococcus faecium	16	16	4	>128
938600912 (F)	Enterococcus faecium	16	2	8	>128
938072607 (G)	Enterococcus faecium	16	8	4	>128
944414000 (H)	Enterococcus faecium	16	8	4	>128
945530665 (I)	Enterococcus faecium	16	4	4	>128
U43821 (J)	Enterococcus faecium	16	8	4	>128
	MIC50	16	4	4	>128

# Cytotoxicity on Peripheral Blood Mononuclear Cells (PBMCs)

The cytotoxicity assay was performed as previously described with slight modifications (Pannecouque et al., 2008; Pinto et al., 2011; Araújo et al., 2013; Azumah et al., 2016). Briefly, PBMCs (100,000 viable cells/well) were placed into the wells of a Nunclon<sup>TM</sup> Delta Surface Edge 2.0 microtiter plate containing 100 μl of RPMI-1640 with 10% fetal bovine serum, 1% Antibiotic Antimycotic solution and 3% phytohemagglutinin. The cells were then incubated for 24 h at 37°C and 5% CO2. Seven serial 5-fold dilutions of test compounds were prepared and transferred to the appropriate wells of the plate containing the cells. The plate was then incubated for 72 h at 37°C and 5% CO<sub>2</sub>. Thereafter, 20 µl of MTT salt (7.5 mg/ml) was added to each well, and the plate was incubated for a further 4 h. Then 100 μl of the media was carefully removed from each well (avoiding agitation of the crystals) and replaced with 100  $\mu$ l of solubilisation solution (containing acidified isopropanol and Triton<sup>TM</sup> X-100). The plate was then placed on a shaker for 30 min to facilitate dissolution of the crystals. Absorbance was read at 550 nm (background: 690 nm). The results were shown graphically.

The experiment was performed in triplicate (n = 3). The error bars indicate the standard deviation. One-way ANOVA followed by Dunnett's test was performed to determine the significance relative to the untreated PMBC (P < 0.05; indicated by \*).

#### **Molecular Dynamics Simulation**

Structures of lipid II and teixobactin were downloaded from Automated Topology Builder (ATB) and Repository (Malde et al., 2011). In the teixobactin structure, the residue of enduracididine was replaced by Lys by molefacture program of VMD to get Lys<sub>10</sub>-teixobactin (4) structure (Humphrey et al., 1996). CHARMM General Force Field (CGenFF) parameters were used for simulation of both molecules (Vanommeslaeghe et al., 2010). The molecular dynamics simulation system contains one lipid II molecule, one Lys10-teixobactin (4) molecule, and 6767 water molecules. The TIP3P water model was used for the water molecules (Mark and Nilsson, 2001). The system was first energy minimized using the steepest descent algorithm (Bixon and Lifson, 1967), after which two sequential equilibrations were performed using canonical ensemble (NVT), followed by an isobaric-isothermic ensemble (NPT) for 100 picoseconds

(ps) each, and production simulation was performed using NPT ensemble for 100 nanoseconds (ns). The simulation was performed at 310 K temperature and 1 atm pressure, for temperature coupling velocity-rescale method and for pressure coupling the Parrinello-Rahman method was used (Parrinello and Rahman, 1981). The Particle Mesh Ewald method was used for long-range electrostatic interactions (Darden et al., 1993), with 10Å cut-off being used to calculate the VdW and short-range coulombic interactions. MD simulation was performed using the GROMACS simulation package (Abraham et al., 2015). To identify the binding region of lipid II with Lys<sub>10</sub>-teixobactin (4) an *in-house* TCL script was used. Script counts the numbers of frames that each oxygens atoms of lipid II were within 3.5 Å of protons of Lys10-teixobactin (4) throughout the simulation time.

#### **RESULTS**

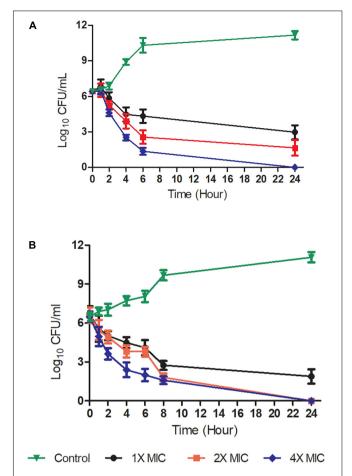
#### **Teixobactin Derivatives**

Teixobactin is an 11-amino acid "head to side-chain" cyclodepsipeptide (**Figure 1**) with a D-Thr as a bridge head that forms the ester with the carboxylic group of a L-Ile. L-Ala and the post-translational modified L-allo-enduracidine (End), which contains a cyclic guanidine, are also part of the cycle (Abdel Monaim et al., 2016a; Dhara et al., 2016; Giltrap et al., 2016; Jin et al., 2016, 2017; Yang et al., 2016, 2017; Monaim et al., 2017; Parmar et al., 2017a,b; Schumacher et al., 2017; Wu et al., 2017). The tail is formed by two moieties of L-Ser, two moieties of L-Ile, D-allo-Ile and D-Gln ending with a N-Me-D-Phe. As L-allo-End was not commercially available, our group concentrated their efforts on synthesizing Arg<sub>10</sub>-Teixobactin (2, **Figure 1**), in which the L-allo-End is substituted by Arg (Jad et al., 2015; Parmar et al., 2016).

Arg<sub>10</sub>-Teixobactin (2), which has been converted from the parent Teixobactin analog, has slightly lower activity than Teixobactin. Our group had previously used a Lys-scanning strategy to prepare a small library of Teixobactin analogs containing more than one Lys residue—a residue that is absent in the natural structure (Abdel Monaim et al., 2016b, 2017). From this collection of peptides, three (3, 4, and 5, **Figure 1**) with good MICs against sensitive bacteria (ATCC strains) were selected for further *in vitro* evaluation in this study.

# Antimicrobial Activity of Teixobactin Derivatives and the Effects of Human Serum on the MICs

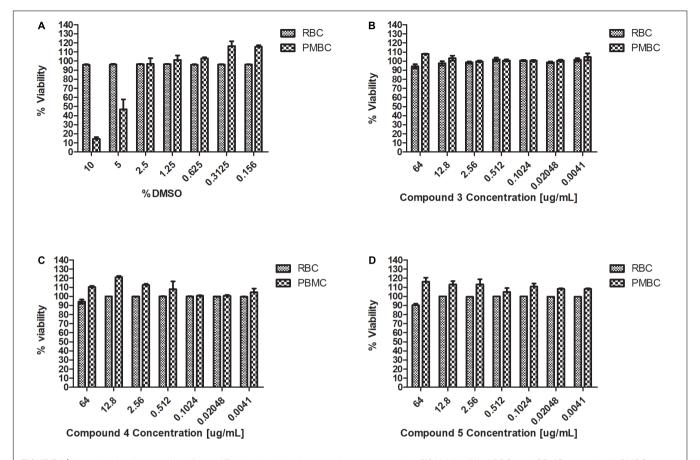
The antimicrobial activity of the three derivatives (3, 4, and 5) was examined by *in vitro* screening against drug-resistant and -sensitive bacteria using the broth micro-dilution method, following CSLI guidelines. The derivatives inhibited sensitive Gram-positive (ATCC strains) and resistant MRSA and VRE isolates (**Tables 1–3**). They demonstrated potent antimicrobial activity against Gram-positive bacteria as opposed to Gramnegative bacteria. Three conventional antibiotics (meropenem, vancomycin and ampicillin) were used as controls and exhibited activity against the drug-sensitive ATCC strains. The following



**FIGURE 2** | Time-kill kinetics at a range of concentrations of Teixobactin derivative 4. Gram-positive bacteria [S. aureus ATCC 29213 **(A)** and B. subtilis ATCC 6051 **(B)**] were challenged with compound 4 at 1X, 2X, and 4X MIC levels. The experiment was performed in triplicate (n=3). Data was presented as mean and standard deviation of three independent replicates, analyzed with one-way ANOVA followed by Dunnett's test to determine the significance relative to the untreated bacteria (P < 0.05).

MIC<sub>50</sub> were recorded for the derivatives: (3) 32 μg/ml, (4/5) 2 μg/ml for MRSA, as well as (3) 16 μg/ml and (4/5) 4 μg/ml for VRE. The derivatives yielded MICs as low as 2 μg/ml and 0.5 μg/ml for Gram-positive reference ATCC strains *S. aureus* and *B. subtilis* respectively. The MICs of the experimental compounds against susceptible Gram-negative bacteria were 32 μg/ml for *E. coli* and 64 μg/ml for *P. aeruginosa*. These compounds also inhibited drug-resistant clinical isolates of MRSA at concentrations of 32 μg/ml, 4 μg/ml and 2 μg/ml for 3, 5, and 4 respectively. Vancomycin, the current drug of choice for the treatment of MRSA, had an MIC of 1 μg/ml; while the MIC of ampicillin against MRSA was  $\geq$ 512 μg/ml. Compounds 3, 4, and 5 showed MICs against VRE of 16 μg/ml, 8 μg/ml, and 4 μg/ml and respectively.

No significant effect of serum on the MICs was observed when the reference bacterial strains were tested with varying concentrations of the derivatives in the presence of 50% human serum; the values varied by only  $\pm 1$  in fold dilutions. Compounds



**FIGURE 3** | Haemolysis and cytotoxicity effects of Teixobactin derivatives at various concentrations (**A**) Viability (%) of RBCs and PBMCs treated with DMSO; (**B**) Viability (%) of RBCs and PBMCs treated with compound 3; (**C**) Viability (%) of RBCs and PBMCs treated with compound 4; (**D**) Viability (%) of RBCs and PBMCs treated with compound 5. The experiment was performed in triplicate (n = 3). The error bars indicate the standard deviation. One-way ANOVA followed by Dunnett's test was performed to determine the significance relative to the RBC and PMBC (P < 0.05).

3, 4, and 5 demonstrated bactericidal activities, yielding a 99.9% decrease in viable cells on the agar plates at concentrations  $\leq 4x$  MIC values. All the experiments were conducted in triplicate to confirm the outcomes.

#### **Time-Kill Kinetics**

Time-kill kinetic assays were performed to determine whether the Teixobactin derivatives showed time-dependent or

**TABLE 4** | Number of frames (> 1000) that lipid I oxygens was within 3.5 Å of Lys10-teixobactin (4) protons.

Oxygens of lipid II (Atom number)	Number of frames		
Pyrophosphate oxygen (O14) <sup>a</sup>	3518		
Pyrophosphate oxygen (O15)	2772		
Pyrophosphate oxygen (O8)	2676		
Pyrophosphate oxygen (O9)	1713		
Oxygen acetyl of sugar moiety 1	1447		
Ala-6 oxygen carbonyl group	1066		
Glu-7 oxygen α-carboxyl group	1050		

<sup>&</sup>lt;sup>a</sup>The number of the O atoms are shown in the Figure 4B.

concentration-dependent properties, as well as whether their effects were bacteriostatic or bactericidal. The time-kill curves of compound 4 against Gram-positive *S. aureus* ATCC 29213 and *B. subtilis* ATCC 6051 are shown in **Figure 2**. The kinetics indicated time- and concentration- dependent bacterial killing for this compound, and the bactericidal effect was observed at a concentration of 2x and 4x MIC levels at 6 h, as well as at 1x MIC at 24 h against *S. aureus* and *B. subtilis*. Exposure of *S. aureus* and *B. subtilis* to 4 at 2x and 4x MIC resulted in a decrease in bacterial cell count greater than 3 log<sub>10</sub> relative to the initial density from 6 and 4 h respectively, which was also indicative of a bactericidal effect. At a concentration of 1x MIC, compound 4 caused a significant reduction in log<sub>10</sub> CFU 6 h after its addition (**Figure 2**).

#### **Haemolysis and Cytotoxicity**

Haemolysis and cytotoxicity effects were evaluated by exposing RBCs and PBMCs to varying concentrations of the Teixobactin derivatives. The concentrations tested showed no cytotoxic effect on PBMCs or any hemolytic effect on erythrocytes. RBC and PBMC viability was above 90% at the highest concentration of the derivatives used in this study (64 µg/mL) (**Figure 3**).

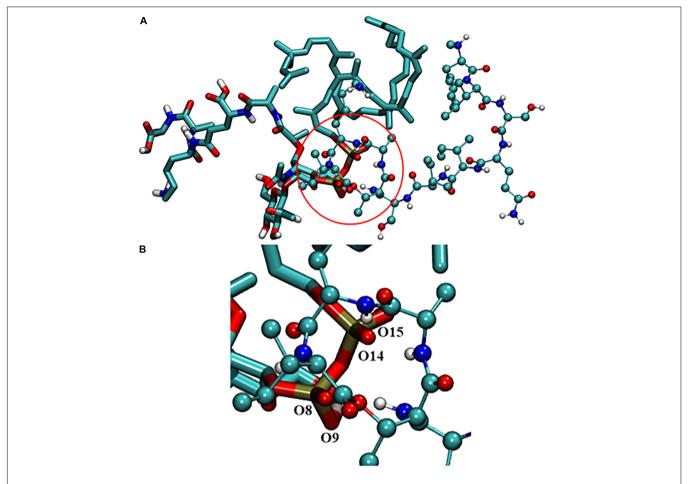


FIGURE 4 | (A) Interaction between lipid II and Lys10-teixobactin (4); (B) magnification of the pyrophosphate and the cycle. For clarity purposes, only polar hydrogens were shown.

# Molecular Dynamics Simulation: Binding of Lys10-Teixobactin (4) With Lipid II

To understand the binding modes of Lys<sub>10</sub>-teixobactin (4) with lipid II, 100 nanoseconds (ns) molecular dynamics simulations were performed. The data revealed different binding modes of Lipid II with Lys<sub>10</sub>-teixobactin (4) out of which pyrophosphate interaction with amide group proton of the cycle was the most dominant. To identify the interacting region of lipid II with Lys<sub>10</sub>-teixobactin (4), the number of frames that oxygens of lipid II is within 3.5 Å (hydrogen bonding distance) of proton atoms of Lys<sub>10</sub>-teixobactin (4) for whole simulations was calculated (**Table 4** indicates > 1000). As there are 10000 frames (10ps each), it was observed that four oxygens of pyrophosphate groups were formed the most interaction with Lys<sub>10</sub>-teixobactin (4) cycle amide group protons (**Figure 4**).

#### DISCUSSION

Although antibiotic resistance in Gram-positive bacteria is increasing worldwide, as indicated by the WHO list of high-priority pathogens (i.e., VRE and MRSA), much attention has

shifted to combating Gram-negative bacteria. Teixobactin has been demonstrated as effective against Gram-positive bacteria and no detectable resistance has been reported yet. The capacity of Teixobactin is attributed to it being structurally distinct from glycopeptides and it being the first member of a new class of lipid II binding antibiotics.

The MICs of compounds 4 and 5 for reference strains *S. aureus* and *B. subtilis* were between 0.5 and 4  $\mu$ g/ml (**Table 1**) while for the MRSA isolates they were between 2 and 4  $\mu$ g/ml. Compound 3 had an MIC of 32  $\mu$ g/ml, a value that was much higher than that reported for the control antibiotic vancomycin (0.5–1  $\mu$ g/ml). Other groups reported compound 3 to have a MIC of 4  $\mu$ g/ml against MRSA (Jin et al., 2016; Parmar et al., 2017a; Schumacher et al., 2017). These results were echoed in the present study, as the MIC observed against MRSA for this compound was between 2 and 4  $\mu$ g/ml.

The MBC reported by Ling et al. (2015) was 2x the MIC of Teixobactin. The bactericidal activity of Teixobactin and its derivatives against Gram-positive bacteria is superior to that of vancomycin, and these compounds retain excellent bactericidal activity against VRE (Ling et al., 2015). The strong bactericidal activity of Teixobactin and its derivatives is attributed to not

only inhibition of peptidoglycan synthesis but also the synergistic inhibition of cell wall teichoic acid synthesis. These derivatives show the same bactericidal activity as that observed for Teixobactin and the MIC/MBC ratios were  $\leq 4$  for all the three derivatives.

Time-kill kinetic assays were carried out with compound 4 as it showed the best MICs against *S. aureus* and *B. subtilis*. Complete bactericidal activity was observed at concentrations of 16 and 8  $\mu$ g/ml at 4 h. Similar to observations of other Teixobactin derivatives, compounds 3, 4, and 5 had no cytotoxic or hemolytic effect *in vitro*. In the presence of 50% serum, there was no drastic change in the MICs (**Table 1**).

On the basis of our observations, we can conclude that human serum has no effect on the antibacterial activity of compounds 3, 4, and 5. These results are similar to those observed by Parmar et al. (2017a). The serum effect is essential as it aids in speculating the probable *in vivo* activity of the drug. These derivatives will possibly have low protein binding properties because they bind to multiple target sites, none of which are proteins. The present study confirms that Teixobactin derivatives 3, 4, and 5 are safe and can thus be considered potential treatment options against resistant bacterial infections (VRE and MRSA).

Interestingly, we observed that, at higher concentrations, 3, 4, and 5 were also active against Gram-negative bacteria (**Table 1**). This is a relevant observation given the low toxicity of these compounds. These derivatives may exert their activity against Gram-negative bacteria by disrupting the outer membrane layer. In conclusion, we have demonstrated the highly potent antimicrobial activity of three Teixobactin derivatives against clinically significant isolates of bacteria. Unlike vancomycin, these derivatives showed early stage killing kinetics.

Due to the lack of crystallography or NMR data of the complex lipid II-teixobactin, until now it has not been possible to establish the interaction of teixobactin residues with lipid II experimentally. However, Lewis and co-workers (Ling et al., 2015) have hypothesized that lipid II pyrophosphate group and *N*-acetylmuramic acid are essential for the binding to teixobactin. This was further supported by recent MD simulation study of Liu et al. (2017) that showed the importance of the participation

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Abraham, M. J., Murtola, T., Schulz, R., Páll, S., Smith, J. C., Hess, B., et al. (2015). GROMACS: high performance molecular simulations through multilevel parallelism from laptops to supercomputers. *SoftwareX* 1, 19–25. doi: 10.1016/j.softx.2015.06.001 of the oxygens of pyrophosphate group of lipid II with amide protons of the teixobactin cycle. In the MD simulation study carried out herein, similar interactions were also observed with Lys10-teixobactin (4) and pyrophosphate of lipid II (**Table 4** and **Figure 4**). These data suggest that the most dominant binding mode of Lys10-teixobactin (4) to lipid II is through the amide protons of the cycle, which is identical to data described in the literature for the natural teixobactin hence predicting the possibility of a similar mechanism of action.

Given these promising results, further research should address the mechanism/s of action exerted by these compounds. The findings of this study will contribute to the development of other Teixobactin derivatives with high potent antimicrobial activity against resistant bacterial strains and to the development of novel peptide-based antimicrobial agents to tackle the global threat of drug resistance.

#### **AUTHOR CONTRIBUTIONS**

ER, AS, SM, DA, BT, and FA conceived and designed the experiments. ER, AS, SM, DA, HK, and NA performed the experiments. ER, AS, DA, RP, HK, and NA analyzed the data. RP, BT, FA, and LB contributed to reagents, materials, and analysis tools. ER wrote the paper. All authors did a critical revision of the manuscript.

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- **Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.
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### Novel Polymyxin Combination With Antineoplastic Mitotane Improved the Bacterial Killing Against Polymyxin-Resistant Multidrug-Resistant Gram-Negative Pathogens

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Due to limited new antibiotics, polymyxins are increasingly used to treat multidrug-resistant (MDR) Gram-negative bacteria, in particular carbapenem-resistant Acinetobacter baumannii, Pseudomonas aeruginosa, and Klebsiella pneumoniae. Unfortunately, polymyxin monotherapy has led to the emergence of resistance. Polymyxin combination therapy has been demonstrated to improve bacterial killing and prevent the emergence of resistance. From a preliminary screening of an FDA drug library, we identified antineoplastic mitotane as a potential candidate for combination therapy with polymyxin B against polymyxin-resistant Gram-negative bacteria. Here, we demonstrated that the combination of polymyxin B with mitotane enhances the in vitro antimicrobial activity of polymyxin B against 10 strains of A. baumannii, P. aeruginosa, and K. pneumoniae, including polymyxin-resistant MDR clinical isolates. Time-kill studies showed that the combination of polymyxin B (2 mg/L) and mitotane (4 mg/L) provided superior bacterial killing against all strains during the first 6 h of treatment, compared to monotherapies, and prevented regrowth and emergence of polymyxin resistance in the polymyxin-susceptible isolates. Electron microscopy imaging revealed that the combination potentially affected cell division in A. baumannii. The enhanced antimicrobial activity of the combination was confirmed in a mouse burn infection model against a polymyxin-resistant A. baumannii isolate. As mitotane is hydrophobic, it was very likely that the synergistic killing of the combination resulted from that polymyxin B permeabilized the outer membrane of the Gram-negative bacteria and allowed mitotane to enter bacterial cells and exert its antimicrobial effect. These results have important implications for repositioning non-antibiotic drugs for antimicrobial purposes, which may expedite the discovery of novel therapies to combat the rapid emergence of antibiotic resistance.

Keywords: polymyxin, mitotane, repurposing, combination therapy, multidrug-resistance

#### INTRODUCTION

The emergence of Gram-negative bacteria with resistance to multiple classes of antibiotics is causing serious problems for health care centers worldwide (Boucher et al., 2013). Infections caused by multidrug-resistant (MDR) Gram-negative bacteria not only have higher mortality rates (Harris et al., 2015) but also lead to more economic burden than infections caused by susceptible Gram-negative bacteria (Gandra et al., 2014). Among these MDR Gram-negative bacteria, carbapenem-resistant Acinetobacter baumannii has been identified as one of the most difficult-to-treat pathogens and is becoming increasingly problematic for critically ill patients and war-wounded soldiers (Davis et al., 2005; Gupta et al., 2006; Peleg et al., 2008; Centers for Disease Control and Prevention [CDC], 2013). A. baumannii possesses numerous mechanisms of carbapenem resistance (Tiwari et al., 2012a,b; Tiwari and Moganty, 2014; Roy et al., 2017; Verma et al., 2017), and can cause a wide range of infections including pneumonia, urinary tract and wound infections, bacteremia, and meningitis (Gupta et al., 2006; Maragakis and Perl, 2008; Tiwari et al., 2012a). More recently, the World Health Organization (WHO) has classified carbapenem-resistant A. baumannii, Pseudomonas aeruginosa, and Enterobacteriaceae as the top priorities for research and development of new antibiotics (Tacconelli and Magrini, 2017).

Due to the current lack of effective antibiotics against MDR Gram-negative bacteria, the polymyxins (colistin and polymyxin B) have been revived as antibiotics of last resort (Li et al., 2006; Nation et al., 2015). However, resistance to polymyxins is on the rise (Marchaim et al., 2011; Kim et al., 2014; Goli et al., 2016) and a growing body of evidence suggests that resistance to polymyxins can emerge with monotherapy (Tam et al., 2005; Tan et al., 2007; Bergen et al., 2011; Meletis et al., 2011; Deris et al., 2012; Hermes et al., 2013; Lee et al., 2013; Ly et al., 2015; Lenhard et al., 2017; Zhao et al., 2017). In vitro studies have revealed that polymyxin resistance may occur within 24 h after colistin or polymyxin B monotherapy (Bergen et al., 2011; Deris et al., 2012; Tran et al., 2016). The two main mechanisms of polymyxin resistance identified in Gram-negative bacteria are lipid A modifications and loss of LPS (Moffatt et al., 2010; Arroyo et al., 2011).

Unfortunately, the *de novo* drug discovery and development process is lengthy (usually 10–17 years) and has a low success rate (<10%; Ashburn and Thor, 2004). With limited new antibiotics in the pipeline, an approach to expedite the discovery process is through the repositioning of non-antibiotic FDA-approved drugs. This process can be as short as 3 years as these drugs have already passed the FDA safety requirements

and have well-defined pharmacokinetics (Ashburn and Thor, 2004). In light of the dire resistance problem, we screened an FDA drugs' library to identify potential synergistic candidates with polymyxins for the treatment of MDR Gram-negative bacteria. Our screening identified FDA-approved antineoplactic mitotane as a highly potential non-antibiotic candidate for combination therapy with polymyxin B. In this study, we evaluated the *in vitro* antimicrobial activity of the combination of polymyxin B and mitotane against highly resistant clinical isolates of Gram-negative bacteria including carbapenem-resistant *A. baumannii*, carbapenem-resistant *P. aeruginosa*, and New Delhi metallo-β-lactamase (NDM)-producing *Klebsiella pneumoniae*. Our findings highlight the potential of this novel polymyxin/non-antibiotic combination for treatment of these problematic Gram-negative "superbugs".

#### **MATERIALS AND METHODS**

#### **Bacterial Isolates**

Ten bacterial strains which included multidrug- and polymyxin-resistant isolates were examined in this study (Table 1). A. baumannii ATCC 17978, A. baumannii ATCC 19606, K. pneumoniae ATCC 13883, and P. aeruginosa ATCC 27853 were obtained from the American Type Culture Collection (Rockville, MD, United States). A. baumannii FADDI-AB225 (formally designated ATCC 17978-R2) is a polymyxin-resistant pmrB mutant (due to phosphoethanolamine-modified lipid A) derived from ATCC 17978 (Arroyo et al., 2011). A. baumannii FADDI-AB065 (formally designated ATCC 19606R) is a polymyxin-resistant, LPS-deficient, lpxA mutant derived from ATCC 19606 (Moffatt et al., 2010). Polymyxin-susceptible A. baumannii FADDI-AB180 (formally designated 2949) and lipid A modified (with phosphoethanolamine and galactosamine) polymyxin-resistant A. baumannii FADDI-AB181 (formally designated 2949A) are carbapenem-resistant MDR clinical isolates from the bronchoalveolar lavage fluid of a patient before and after colistin therapy (Pelletier et al., 2013). P. aeruginosa FADDI-PA070 is a non-mucoid, MDR (including carbapenemand polymyxin-resistant) clinical isolate from the sputum of a patient with cystic fibrosis (formally designated 19147 n/m; Bergen et al., 2011). K. pneumoniae FADDI-KP027 is a polymyxin-resistant, NDM-producing clinical isolate from the sputum of a patient with respiratory tract infection. Isolates were stored in tryptone soy broth (Oxoid) with 20% glycerol (Ajax Finechem, Seven Hills, NSW, Australia) in cryovials at −80°C and subcultured onto nutrient agar plates (Media Preparation Unit, University of Melbourne, Melbourne, VIC, Australia) before use.

TABLE 1 | Minimum inhibitory concentrations (MICs) for polymyxin B and mitotane against bacterial isolates examined in this study.

Bacterial isolate (former nomenclature)		MIC (m		
	Polymyxin B	Mitotane	Mitotane in the presence of 2 mg/L polymyxin B	Polymyxin susceptibility and mechanism of resistance
A. baumannii ATCC 17978	0.25	>128	-	Susceptible
A. baumannii FADDI-AB225 (ATCC 17978-R2)PR	16	>128	4	Lipid A modification
A. baumannii ATCC 19606	0.5	>128	-	Susceptible
A. baumannii FADDI-AB065 (ATCC 19606R)PR	64	4	4	LPS loss
A. baumannii FADDI-AB180 (2949) <sup>MDR</sup>	1	>128	-	Susceptible
A. baumannii FADDI-AB181 (2949A)MDR,PR	64	>128	4	Lipid A modification
P. aeruginosa ATCC 27853	0.5	>128	-	Susceptible
P. aeruginosa FADDI-PA070 (19147 n/m)MDR,PR	64	>128	4	Uncharacterized
K. pneumoniae ATCC 13883	0.5	>128	-	Susceptible
K. pneumoniae FADDI-KP027 <sup>MDR,PR</sup>	256	>128	4	Uncharacterized

 $^{MDR}$ , multidrug-resistant: defined as non-susceptible to  $\geq 1$  treating agent in  $\geq 3$  antimicrobial categories (Magiorakos et al., 2012).  $^{PR}$ , polymyxin resistant: defined as an MIC of  $\geq 4$  mg/L for Acinetobacter spp. and  $\geq 8$  mg/L for P. aeruginosa as per CLSI guideline (Clinical and Laboratory Standards Institute [CLSI], 2016); and > 2 mg/L for Enterobacteriaceae as per EUCAST guidelines (The European Committee on Antimicrobial Susceptibility Testing [EUCAST], 2017); and mitotane breakpoints are not available.  $\rightarrow$ , Not performed.

# Antimicrobial Agents and Susceptibility Testing

Polymyxin B (Beta Pharma, China; batch number 20120204) solutions were prepared in Milli-Q water (Millipore, North Ryde, NSW, Australia) and sterilized using a 0.20-µm cellulose acetate syringe filter (Millipore, Bedford, MA, United States). Mitotane (Sigma-Aldrich, Australia; lot number BCBG9480V) solutions were prepared in dimethyl sulfoxide (DMSO; Sigma-Aldrich, Australia). Stock solutions were stored at −20°C for no longer than 1 month. The minimum inhibitory concentrations (MICs) to polymyxin B and mitotane were determined for all isolates in three replicates on separate days using broth microdilution with cation-adjusted Mueller-Hinton broth (CAMHB; Oxoid, England; 20–25 mg/L Ca<sup>2+</sup> and 10–12.5 mg/L Mg<sup>2+</sup>) according to the Clinical and Laboratory Standards Institute guidelines (Clinical and Laboratory Standards Institute [CLSI], 2016). Stock solutions of polymyxin B were diluted to the desired concentrations in CAMHB, while mitotane was initially prepared in DMSO and subsequently in CAMHB to obtain the desired drug concentrations with 10% DMSO (v/v). The procedure to measure the MICs of polymyxin B and mitotane was adapted from our previous method (Tran et al., 2016). Briefly, 100 µL of the bacterial suspension (10<sup>6</sup> cfu/mL) was combined with 100  $\mu$ L of the prepared polymyxin B solutions or 50 µL of CAMHB plus 50 µL of the prepared mitotane solutions in 96-well microtiter plates (Techno Plas, St Marys, SA, Australia). For mitotane MICs, the final concentration of 2.5% DMSO (v/v) was employed, as preliminary studies demonstrated that 2.5% DMSO (v/v) had no effect on the bacterial growth. The plates were incubated standing at 37°C for 20 h and MICs were determined as the lowest drug concentrations that inhibited the visible growth of the bacteria. For polymyxin-resistant isolates, MICs of mitotane in the presence of 2 mg/L of polymyxin B were also determined. According to the CLSI guidelines, polymyxin B MIC is ≤2 mg/L for polymyxin-susceptible A. baumannii and

*P. aeruginosa*, ≥4 mg/L for polymyxin-resistant *A. baumannii*, and ≥8 mg/L for polymyxin-resistant *P. aeruginosa* (Clinical and Laboratory Standards Institute [CLSI], 2016). For *K. pneumoniae*, breakpoints have not yet been established by the CLSI. Consequently, susceptibility to polymyxin B was extrapolated from the European Committee on Antimicrobial Susceptibility Testing (EUCAST) colistin breakpoints where susceptibility is defined as an MIC  $\leq$ 2 mg/L and resistance an MIC of >2 mg/L (The European Committee on Antimicrobial Susceptibility Testing [EUCAST], 2017).

#### Time-Kill Studies

Time-kill studies were conducted for all isolates based on our previously described method (Tran et al., 2016). Briefly, bacteria were grown overnight in 20 mL CAMHB. The overnight broth cultures were transferred to 20 mL of fresh CAMHB at  $\sim$ 50–100-fold dilutions and incubated for an additional 3–4 h to generate log-phase culture at ~0.55 McFarland standard. The log-phase cultures were transferred to 20 mL of fresh CAMHB at ~100-fold dilution in borosilicate glass tubes for treatment to minimize loss of drug due to non-specific binding to the plastic. For the drug-containing tubes, polymyxin B, mitotane, or both compounds were added to achieve final concentrations of 2 mg/L for polymyxin B and 4 mg/L for mitotane (the minimum concentration of mitotane identified by broth microdilution assay to inhibit to growth of polymyxin-resistant isolates in the presence of 2 mg/L polymyxin B). The final concentration of 0.4% DMSO (v/v) was achieved for all treatments; 2.5% DMSO (v/v) had no effect on bacterial growth with 2 mg/L of polymyxin B (Tran et al., 2016). Samples (1 mL) were aseptically removed at 0, 0.5, 1, 2, 4, 6, and 24 h and inoculated onto nutrient agar plates for viable-cell counting. Colonies were counted after 24 h incubation at 37°C using a ProtoCOL colony counter (Synbiosis, Cambridge, United Kingdom). The combination of polymyxin B and mitotane was considered synergistic if the bacterial killing was  $\geq 2 \log_{10}$  compared to the most active

monotherapy (Pillai et al., 2005). Changes to polymyxin B MICs were determined for all cultures that showed regrowth after 24 h to evaluate the emergence of polymyxin resistance.

# Phase Contrast, Scanning Electron, and Transmission Electron Microscopy

Phase contrast microscopy, scanning electron microscopy (SEM), and transmission electron microscopy (TEM) were employed to examine the effect of the polymyxin B/mitotane combination on the cellular morphology of polymyxinsusceptible A. baumannii ATCC 17978 and polymyxin-resistant A. baumannii FADDI-AB225. Bacteria were subcultured and treated with 2 mg/L polymyxin B, 4 mg/L mitotane, or both antibiotics for 2 h in CAMHB as per the time-kill studies. For phase contrast microscopy, 20 µL of each culture was used to prepare wet samples for instant observation on a phase contrast microscope. For the SEM and TEM studies, samples were transferred to 50-mL polypropylene tubes (Greiner Bio-One, Frickenhausen, Germany) and centrifuged at  $3220 \times g$  for 10 min three times. Between centrifugation steps, supernatants were discarded and bacterial pellets resuspended and washed in 1 mL phosphate buffered saline (PBS). Following the final centrifugation step, the supernatants were removed and bacterial pellets resuspended and fixed in 0.5 mL 2.5% glutaraldehyde in PBS. The tubes were left in a rocker shaker for 20 min at room temperature. Once fixed, tubes were centrifuged at  $3220 \times g$  for 10 min, the fixatives removed, and bacterial pellets washed twice in 1 mL PBS as above. Pellets were finally resuspended in 1 mL PBS, and SEM and TEM were conducted at the Department of Botany, University of Melbourne, Australia.

#### Mouse Burn Wound Infection Model

A mouse burn wound infection model was employed to assess the in vivo antimicrobial activity of the polymyxin B/mitotane combination against polymyxin-resistant A. baumannii FADDI-AB225. Bacterial inoculums were prepared with early log-phase culture. After centrifugation at 3220  $\times$  g for 10 min, the supernatant was removed and bacterial cell pellets were suspended in 0.9% saline to approximately 10<sup>9</sup> cfu/mL. Bacterial samples (100 µL) were then loaded into 29-G 0.3-mL insulin syringes for inoculation of burn wounds. Drug solutions were prepared by initially dissolving mitotane in polyethylene glycol (PEG) 200 to ~4,096 mg/L and polymyxin B in 0.9% saline to  $\sim$ 1,536 mg/L. An equal amount of the two drug solutions was later combined to produce the combination solution with ~2,048 mg/L mitotane and 768 mg/L polymyxin B. For mitotane monotherapy, mitotane solution was combined with an equal volume of 0.9% saline. For polymyxin B monotherapy, polymyxin B was combined with an equal volume of PEG 200. For solvent controls, equal volumes of blank PEG 200 and 0.9% saline were combined. Prior to infection, female NIH Swiss mice (6-10 weeks old, ~30 g body weight) were sedated with isoflurane and anesthesia was maintained throughout the entire procedure. Hair from the mouse dorsal skin was removed and the local skin area was injected with 100 µL of Bupivacaine (Marcaine 0.5%). A burn wound was established with a hot

iron bolt from boiling water and bacteria injected into the burn eschar. After 2 h, different treatments were applied topically by evenly spreading 200 µL of the drug solutions across the wounds of groups of four mice. This study included five groups of four mice comprising blank control (no treatment), solvent control, polymyxin B monotherapy, mitotane monotherapy, and the combination (polymyxin B and mitotane). Each wound of the treated groups received 154 µg of polymyxin B (0.5%, w/w), 410 µg of mitotane (1.4%, w/w), or both. Four hours after treatment, mice were sacrificed and the burn wound skin tissues and the muscle tissue ( $\sim$ 0.3 g) under the burn wounds were aseptically removed and placed separately into 8 mL of sterile saline in 50-mL Falcon tubes. Burn wound skin tissues were homogenized under sterile conditions and filtered using a filter bag (Bag Stomacher Filter Sterile, Pore Size 280 micrometer, 0.5 cm × 16 cm, Labtek Pty Ltd.). Filtrate (1 mL) was then transferred into a sterile test tube for serial dilution and 100 uL was cultured onto nutrient agar for viable counting. Viable counts were performed on the next day following overnight incubation at 37°C. Statistical significance for the bacterial killing of different treatment groups was calculated with one-way ANOVA and Tukey's multiple comparisons (Tukey's HSD).

#### RESULTS

#### MICs of Polymyxin B and Mitotane Against Polymyxin-Susceptible and -Resistant Isolates of *A. baumannii*, *P. aeruginosa*, and *K. pneumoniae*

The polymyxin B and mitotane MICs against all 10 Gram-negative isolates are shown in **Table 1**. Additionally, **Table 1** shows the MICs of mitotane in the presence of 2 mg/L polymyxin B against the polymyxin-resistant isolates. Apart from *A. baumannii* FADDI-AB065, mitotane monotherapy had no antimicrobial activity at concentrations up to 128 mg/L. However, in the presence of 2 mg/L polymyxin B, 4 mg/L of mitotane was effective at inhibiting growth of five polymyxin-resistant isolates (**Table 1**).

The changes to the polymyxin B MICs of 10 examined isolates after overnight treatment with either polymyxin B monotherapy, mitotane monotherapy, or polymyxin B/mitotane combination are shown in Table 2. In the control group (overnight incubation in drug-free CAMHB), polymyxin B MICs of all isolates at 24 h were not affected as all values remained within two folds of the baseline MICs (European Committee for Antimicrobial Susceptibility Testing (EUCAST) of the European Society of Clinical Microbiology and Infectious Diseases (ESCMID), 2003). After treatment with polymyxin B monotherapy at 2 mg/L, polymyxin B MICs of the polymyxin-resistant isolates at 24 h remained unchanged. However, with the three polymyxin-susceptible isolates that showed regrowth at 24 h, polymyxin B MICs of the 24-h samples increased significantly ( $\geq$ 32 times). Following mitotane monotherapy at 4 mg/L, polymyxin B MICs remained unchanged for all polymyxin-susceptible isolates and

**TABLE 2** Changes in baseline polymyxin B MICs following overnight treatment with polymyxin B (PMB) monotherapy, mitotane (MIT) monotherapy, and polymyxin B/mitotane combination.

Bacterial isolate	Polymyxin B MICs relative to their baseline values					
	Control	PMB 2 mg/L	MIT 4 mg/L	PMB 2 mg/L + MIT 4 mg/L		
A. baumannii ATCC 17978	2 × MIC	NG	2 × MIC	NG		
A. baumannii FADDI-AB225	2 × MIC	2 × MIC	1/32 × MIC	1 × MIC		
A. baumannii ATCC 19606	1 × MIC	32 × MIC	1 × MIC	NG		
A. baumannii FADDI-AB065	1 × MIC	1 × MIC	NG	NG		
A. baumannii FADDI-AB180	1 × MIC	32 × MIC	1 × MIC	NG		
A. baumannii FADDI-AB181	1 × MIC	1 × MIC	2 × MIC	1 × MIC		
P. aeruginosa ATCC 27853	2 × MIC	NG	1 × MIC	NG		
P. aeruginosa FADDI-PA070	1 × MIC	1 × MIC	1 × MIC	1 × MIC		
K. pneumoniae ATCC 13883	$1/2 \times MIC$	64 × MIC	1/2 × MIC	NG		
K. pneumoniae FADDI-KP027	1 × MIC	1 × MIC	1 × MIC	1 × MIC		

NG, no growth at 24 h.

three polymyxin-resistant isolates; the polymyxin B MIC of polymyxin-resistant *A. baumannii* FADDI-AB065 at 24 h could not be determined, as it was highly susceptible to mitotane and showed no regrowth after 24 h. Interestingly, the polymyxin B MIC of polymyxin-resistant *A. baumannii* FADDI-AB225 was reduced significantly (32-fold lower than the baseline) after 24-h exposure to mitotane. In the combination treatment group, the polymyxin B MICs did not change for all four polymyxin-resistant isolates that showed regrowth after 24 h.

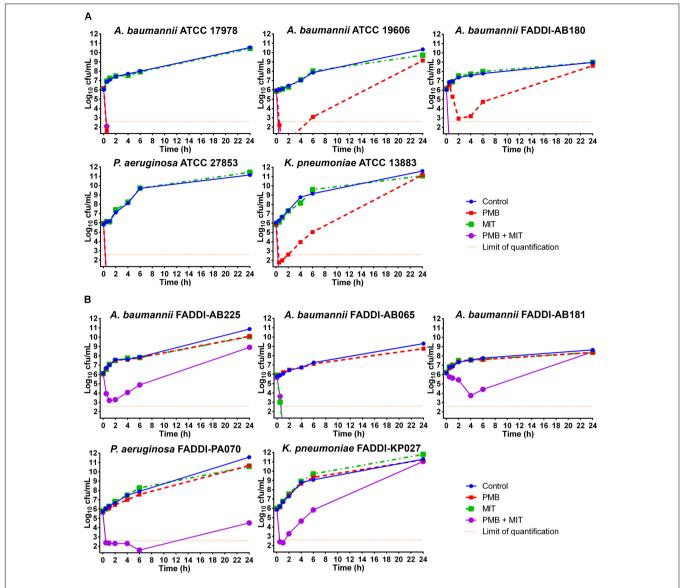
# Time-Kill Results for Polymyxin B and Mitotane Against Polymyxin-Susceptible and -Resistant Isolates of *A. baumannii*, *P. aeruginosa*, and *K. pneumoniae*

Time-kill profiles for polymyxin B and mitotane mono- and combination therapy are shown in Figure 1. Against the five polymyxin-susceptible isolates, polymyxin B monotherapy (2 mg/L) showed effective bacterial killing within 6 h with a minimum of ~3 log<sub>10</sub> cfu/mL killing (FADDI-AB180) and  $\sim$ 6 log<sub>10</sub> cfu/mL killing for the remaining susceptible isolates; however, regrowth to control values occurred by 24 h with three isolates (Figure 1A). There was no bacterial killing of polymyxin-susceptible isolates with mitotane monotherapy (4 mg/L), with growth comparable to that of controls (Figure 1A). With the combination, bacterial counts for all five polymyxin-susceptible isolates were reduced to below the limit of detection within 0.5-1 h, with no viable colonies detected thereafter (Figure 1A). Against the five polymyxin-resistant isolates, 2 mg/L polymyxin B monotherapy was ineffective with growth paralleling that of the controls (Figure 1B). Similarly, mitotane monotherapy displayed no antimicrobial activity against four of the five isolates (Figure 1B). However, against A. baumannii FADDI-AB065 mitotane monotherapy reduced bacterial counts to below the level of detection within the first 0.5 h and prevented regrowth over 24 h. Combination treatment showed synergistic bacterial killing (i.e., >2 log<sub>10</sub> reduction compared to the most active monotherapy) between 0.5 and 6 h with the remaining four isolates; interestingly, regrowth occurred

at 24 h in all four cases and was close to control values in three cases (Figure 1B).

#### Impact of Polymyxin B and Mitotane Treatment on the Cellular Morphology of Polymyxin-Susceptible and -Resistant A. baumannii

Figure 2 shows phase contrast microscopy, SEM and TEM images of polymyxin-susceptible A. baumannii ATCC 17978 following treatment with polymyxin B (2 mg/L), mitotane (4 mg/L), or both. Phase contrast microscopy images showed that polymyxin B (Figure 2B) or mitotane (Figure 2C) monotherapy had minimal impacts on the overall morphology of the bacterial cells compared to the control group (Figure 2A); the average cell length remained approximately 2 µm in all cases. However, more clumps of cells were observed with polymyxin B monotherapy (Figure 2B). In combination (Figure 2D), polymyxin B and mitotane resulted in significantly shorter cells compared to the other groups with the average cell length reduced to approximately 1 µm. From SEM, polymyxin B monotherapy (Figure 2F) affected the integrity of the cell surface in polymyxin-susceptible A. baumannii. Without treatment (Figure 2E), the bacterial surface appeared even and smooth, while the surface became uneven and rough following treatment with polymyxin B (Figure 2F). Mitotane monotherapy (Figure 2G) and polymyxin B/mitotane combination therapy (Figure 2H) had minimal impacts on the bacterial surface, although the cell length was confirmed to be much shorter. TEM results reveal that polymyxin B monotherapy (Figure 2J) caused membrane blebbing. Compared to the control group (Figure 2I), treatment with mitotane monotherapy (Figure 2K) had little impact on the bacterial surface. Similar to polymyxin B monotherapy, membrane blebbing was also observed for the treatment with polymyxin B/mitotane combination (Figure 2L). Additionally, TEM images showed that bacterial cells treated with the polymyxin B/mitotane combination were much shorter in length and most appeared to be undergoing a cell division cycle, with evident chromosomal segregation.



**FIGURE 1** | Time-kill kinetics of polymyxin B (PMB; 2 mg/L) and mitotane (MIT; 4 mg/L) monotherapy and combination therapy against five polymyxin-susceptible Gram-negative isolates (**A**) and five polymyxin-resistant Gram-negative isolates (**B**). The *y*-axis starts from the limit of detection and the limit of quantification is indicated by the orange dotted line.

Phase contrast microscopy, SEM, and TEM images for polymyxin-resistant *A. baumannii* FADDI-AB225 treated with polymyxin B (2 mg/L), mitotane (4 mg/L), or both are shown in **Figure 3**. Similar to the results for polymyxin-susceptible *A. baumannii* ATCC 17978, phase contrast microscopy results showed no changes in bacterial size compared to the control group (**Figure 3A**) following treatment with polymyxin B (**Figure 3B**) and mitotane (**Figure 3C**) monotherapy, while the polymyxin B/mitotane combination (**Figure 3D**) led to a significant reduction in the cell length. For SEM, treatment with polymyxin B monotherapy (**Figure 3F**) did not affect the bacterial cell surface; however, the overall structure appeared distorted. Treatment with mitotane monotherapy (**Figure 3G**) affected the cell surface of polymyxin-resistant *A. baumannii* 

FADDI-AB225, as the surface was more uneven and rough compared to the control group (Figure 3E). Combination therapy (Figure 3H) did not affect the membrane surface, although it led to substantial shortening of the cells. For TEM, similar results to polymyxin-susceptible isolates were once again observed. Membrane blebbing was evident in bacteria treated only with polymyxin B (Figure 3J), but not in those treated only with mitotane (Figure 3K). With the polymyxin B/mitotane combination (Figure 3L), most cells were substantially shorter compared to the control group (Figure 3I) and appeared to be going through cell division. Unlike the polymyxin-susceptible isolate, no membrane blebbing was observed with the combination in the polymyxin-resistant isolate.

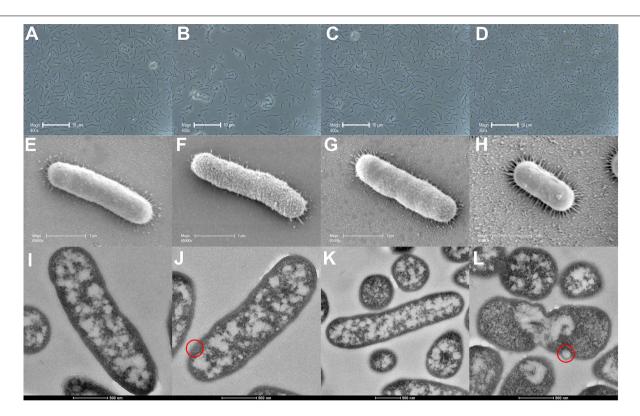


FIGURE 2 | Images from phase contrast microscopy (A–D), scanning electron microscopy (E–H), and transmission electron microscopy (I–L) for polymyxin-susceptible *A. baumannii* ATCC 17978 treated with 2 mg/L polymyxin B (B,F,J), 4 mg/L mitotane (C,G,K), or both (D,H,L). A, E, and I represent the control condition. Membrane blebs are indicated by red circles.

#### In Vivo Antimicrobial Activity of Polymyxin B and Mitotane Against Polymyxin-Resistant A. baumannii FADDI-AB225 in a Mouse Burn Wound Infection Model

Figure 4 shows the bacterial killing of polymyxin B (0.5%, w/w), mitotane (1.4%, w/w), and the polymyxin B/mitotane combination against polymyxin-resistant A. baumannii FADDI-AB225. One-way ANOVA showed significant difference between the means of all groups (p < 0.0001). There was no significant difference in the bacterial load between the blank control (i.e., no treatment) and solvent control groups (mean  $log_{10}$  cfu/wound difference, -0.33; Tukey's HSD, p > 0.05), indicating that the solvent possessed no major antimicrobial activity. Although this isolate was polymyxin-resistant, topical polymyxin B (0.5%, w/w) monotherapy significantly reduced the bacterial load (mean  $log_{10}$  cfu/wound difference, -1.44 vs. blank control; Tukey's HSD,  $p \le 0.0001$ ). However, there was no significant reduction in the bacterial load (mean log<sub>10</sub> cfu/wound difference, -0.11 vs. blank control; Tukey's HSD, p > 0.5) with topical mitotane (1.4%, w/w) alone (Figure 4). Importantly, both agents used in combination produced a further significant reduction in the bacterial load compared to polymyxin B monotherapy (mean  $log_{10}$  cfu/wound difference, -0.74; Tukey's HSD,  $p \le 0.01$ ). Compared to the blank control group,

the polymyxin B/mitotane combination resulted in a mean  $\log_{10}$  cfu/wound difference of -2.19 (Tukey's HSD,  $p \le 0.0001$ ).

#### DISCUSSION

Given the rapid emergence of multidrug-resistance and the limited new effective antibiotics developed over the last two decades (Boucher et al., 2009, 2013), novel approaches for the treatment of MDR Gram-negative bacteria infections are urgently needed. This is the first study to investigate the potential utility of polymyxin B in combination with the FDA-approved antineoplastic mitotane to treat infections caused by polymyxin-resistant MDR Gram-negative pathogens. Mitotane is a derivative of the insecticide dichlorodiphenyl-trichloroethane and is currently used for the treatment of adrenocortical carcinoma (ACC) (Lalli, 2015). The precise mechanism of action of mitotane in ACC is not well understood, but it has been shown to inhibit the activity of sterol-O-acyl-transferase and induce endoplasmic reticulum (ER) stress in ACC cells (Sbiera et al., 2015). Our study is the first to demonstrate its potential application for the treatment of Gram-negative infections when combined with polymyxin B.

To ensure the applicability of the combination of polymyxin B and mitotane to a diverse population of problematic Gram-negative bacteria, three Gram-negative bacterial species

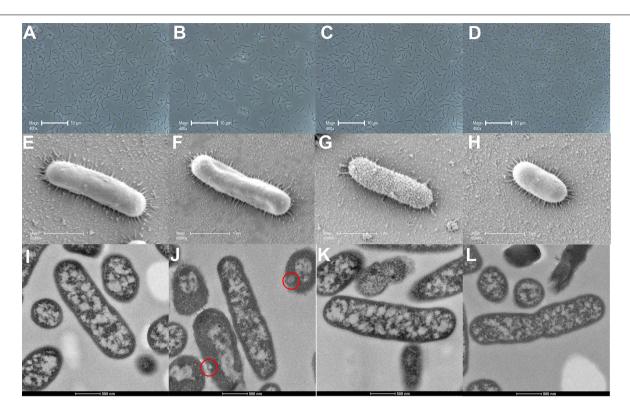
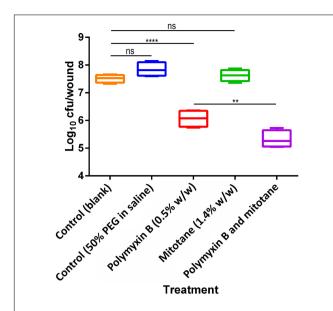


FIGURE 3 | Images from phase contrast microscopy (A–D), scanning electron microscopy (E–H), and transmission electron microscopy (I–L) for polymyxin-resistant *A. baumannii* FADDI-AB225 treated with 2 mg/L polymyxin B (B,F,J), 4 mg/L mitotane (C,G,K), or both (D,H,L). A, E, and I represent the control condition. Membrane blebs are indicated by red circles.

(A. baumannii, P. aeruginosa, and K. pneumoniae) were selected for the initial in vitro antimicrobial activity evaluation. Isolates selected included MDR, carbapenem-resistant, and polymyxin-resistant strains with known different mechanisms of polymyxin resistance. A. baumannii and P. aeruginosa were selected as they are frequently resistant to multiple classes of antibiotics and are currently considered by the WHO as two of the top bacterial "superbugs" requiring urgent antibiotic development (Tacconelli and Magrini, 2017). K. pneumoniae was also examined as it is also identified as a top bacterial "superbug" by the WHO due to the rapid emergence of carbapenem resistance (including NDM production) (Yong et al., 2009; Kumarasamy et al., 2010; Farzana et al., 2013). Concentrations of 2 mg/L for polymyxin B and 4 m/L for mitotane were examined as they were achievable in patients (Hermsen et al., 2011; Sandri et al., 2013).

One of the major concerns surrounding the intravenous use of polymyxin B or colistin monotherapy for the treatment of infections caused by Gram-negative bacteria is the development of resistance *via* amplification of polymyxin-resistant subpopulations (Tam et al., 2005; Tan et al., 2007; Bergen et al., 2011; Meletis et al., 2011; Deris et al., 2012; Hermes et al., 2013; Lee et al., 2013; Ly et al., 2015; Lenhard et al., 2017; Zhao et al., 2017). Consequently, the use of antibiotic combination therapy represents a potential option to increase bacterial killing and prevent the emergence of polymyxin resistance as the

combination may result in subpopulation or mechanistic synergy (Landersdorfer et al., 2013). Despite extensive bacterial killing by polymyxin B monotherapy against five polymyxin-susceptible isolates, regrowth with associated polymyxin resistance (the latter evident by significantly increased polymyxin B MICs compared to baseline values) subsequently occurred with three isolates (A. baumannii ATCC 19606, A. baumannii FADDI-AB180, and K. pneumoniae ATCC 13883; Figure 1A). When used as monotherapy, mitotane showed antimicrobial activity against only one isolate (Figure 1B). However, the combination of polymyxin B and mitotane significantly improved bacterial killing against the less susceptible isolates (i.e., those that were resistant to polymyxin B or mitotane monotherapy, or showed regrowth at 24 h; Figures 1A,B). The enhanced antimicrobial killing was indicated by the complete prevention of regrowth in all polymyxin-susceptible isolates after 24 h (Figure 1A) and >2 log<sub>10</sub> cfu/mL reduction within the first 6-h treatment against the four polymyxin-resistant isolates compared to the more active monotherapy (Figure 1B). Although regrowth occurred in four of the five polymyxin-resistant isolates, the combination still enhanced initial bacterial killing which may assist with the bacterial clearance from the body. Since polymyxins are well known for their ability to permeabilize the outer membrane of Gram-negative bacteria (Salmelin et al., 2000; Tsubery et al., 2000; Sahalan and Dixon, 2008), a possible mechanism for the enhanced killing observed with the combination is



**FIGURE 4** | Efficacy of polymyxin B alone, mitotane alone, and the combination against polymyxin-resistant *A. baumannii* FADDI-AB225 in a mouse wound infection model. Statistical significance was calculated with one-way ANOVA and Tukey's multiple comparisons (ns = p > 0.5, \*\* =  $p \le 0.01$ , and \*\*\*\* =  $p \le 0.0001$ ). Box plots indicate upper and lower quartiles (top and bottom of box); median (line within box); and the spread of data (whiskers).

permeabilization of the outer membrane by polymyxin B leading to the entry of mitotane into the bacterial cell. Indeed, polymyxin B and its derivative polymyxin B nonapeptide had previously been shown to enhance the antimicrobial activity of hydrophobic antibiotics against Gram-negative bacteria and yeasts (Ofek et al., 1994; Pietschmann et al., 2009). Interestingly, mitotane monotherapy displayed substantial antimicrobial activity against LPS-deficient, polymyxin-resistant A. baumannii FADDI-AB065 (Figure 1B). LPS in the outer membrane of Gram-negative bacteria acts as a highly selective permeability barrier that protects bacteria from harmful substances (Nikaido, 2003). Consequently, it is possible that in the absence of LPS, mitotane was able to enter bacterial cells and exert its antimicrobial activity. Another notable finding is that mitotane monotherapy also lowered the polymyxin B MIC of polymyxin-resistant A. baumannii FADDI-AB225 (Table 2); however, it did not affect the polymyxin B MICs of the other polymyxin-resistant isolates. The mechanism for this phenomenon is currently unclear, although it may result from the expression of LPS variants by the different isolates. Coincidently, it has been reported that Moraxella catarrhalis and Salmonella typhimurium with deep rough-type LPS displayed higher susceptibility to hydrophobic antimicrobial agents (Tsujimoto et al., 1999). Further mechanistic studies are warranted.

According to the SEM imaging results, it is possible that the polymyxin resistance in *A. baumannii* FADDI-AB225 altered their surface interaction with mitotane, as the outer membrane appeared disrupted (uneven and rough) following mitotane monotherapy in *A. baumannii* FADDI-AB225 (**Figure 3G**), but

not A. baumannii ATCC 17978 (Figure 2G). Both the SEM and TEM images showed disruptive changes to the outer membrane of polymyxin-susceptible A. baumannii ATCC 17978 following polymyxin B monotherapy (Figures 2F,J), which confirmed the known impact of polymyxin B on the outer membrane of Gramnegative bacteria. For the lipid A modified polymyxin-resistant A. baumannii FADDI-AB225, no disruptive effect on the surface membrane by polymyxin B monotherapy was observed with SEM (Figure 3F), most likely due to the modification of lipid A which resulted in minimal polymyxin B affinity. Membrane blebs, however, were still observed by TEM in polymyxinresistant A. baumannii FADDI-AB225 treated with 2 mg/L polymyxin B alone (Figure 3J), indicating that blebbing might not necessarily result in cell death, but was enough to allow the mitotane to enter and exert antibacterial effect. Although monotherapy with mitotane or polymyxin B appeared to impact the outer membrane of polymyxin-resistant and -susceptible A. baumannii, the combination impacted the overall structure of both strains leading to an extensive shortening in the length of the bacteria (Figures 2, 3). SEM images showed a smooth membrane surface on the shortened bacterial cells, suggesting that the combination prevented the formation of the rough surface, which could be an adaptive response to polymyxin B or mitotane monotherapy. Numerous incompletely separated cells revealed by TEM images (Figures 2L, 3L) suggest a possible impact on the bacterial DNA replication.

In our mouse burn wound infection study, the combination displayed effective antimicrobial activity against polymyxin-resistant A. baumannii. The doses of 5 mg/kg for polymyxin B (subcutaneous median lethal dose in mice [LD<sub>50</sub>] 59 mg/kg) and 14 mg/kg for mitotane (oral LD<sub>50</sub> > 4,000 mg/kg in mice, dermal LD<sub>50</sub> not available) were selected, as they are safe in animals according to their material safety data sheets. Based on the available LD<sub>50</sub> limits of polymyxin B and mitotane, it is likely that much higher doses of both drugs can be used for topical combination therapy. Given the lack of an optimized topical formulation, it is possible that the *in vivo* efficacy of the combination in the current study was underestimated. Nevertheless, the combination treatment was able to significantly reduce the number of polymyxin-resistant A. baumannii, compared to polymyxin B or mitotane monotherapy.

#### **CONCLUSION**

Our study is the first to reveal the synergistic activity of mitotane, an FDA-approved non-antibiotic drug, in combination with polymyxin B against problematic Gram-negative bacteria. Importantly, the combination also prevented the emergence of polymyxin resistance. As mitotane is currently used in humans, its repositioning for antimicrobial purposes may be easier than discovering novel antibacterial compounds against Gram-negative "superbugs". The synergistic antibacterial killing of polymyxin B with mitotane in animals raises hopes for the potential repositioning of mitotane against MDR Gram-negative bacteria and further clinical investigations are warranted.

#### **ETHICS STATEMENT**

This study was carried out in accordance with the recommendations of "Australian Code of Practice for the Care and Use of Animals for Scientific Purposes" and Monash Institute of Pharmaceutical Sciences Animal Ethics Committee. The protocol was approved by the Monash Institute of Pharmaceutical Sciences Animal Ethics Committee before the study started.

#### **AUTHOR CONTRIBUTIONS**

TT carried out the main experiments, data analysis, and wrote the manuscript draft. JW participated in the animal study. PB

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participated in *in vitro* studies' design. YD and TV participated in data analysis. JL designed the project and guided all experimental designs and data analysis. All authors participated in manuscript revision and read and approved the final manuscript.

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### Low Concentrations of Vitamin C Reduce the Synthesis of Extracellular Polymers and Destabilize Bacterial Biofilms

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Extracellular polymeric substances (EPS) produced by bacteria form a matrix supporting the complex three-dimensional architecture of biofilms. This EPS matrix is primarily composed of polysaccharides, proteins and extracellular DNA. In addition to supporting the community structure, the EPS matrix protects bacterial biofilms from the environment. Specifically, it shields the bacterial cells inside the biofilm, by preventing antimicrobial agents from getting in contact with them, thereby reducing their killing effect. New strategies for disrupting the formation of the EPS matrix can therefore lead to a more efficient use of existing antimicrobials. Here we examined the mechanism of the known effect of vitamin C (sodium ascorbate) on enhancing the activity of various antibacterial agents. Our quantitative proteomics analysis shows that nonlethal concentrations of vitamin C inhibit bacterial quorum sensing and other regulatory mechanisms underpinning biofilm development. As a result, the EPS biosynthesis in reduced, and especially the polysaccharide component of the matrix is depleted. Once the EPS content is reduced beyond a critical point, bacterial cells get fully exposed to the medium. At this stage, the cells are more susceptible to killing, either by vitamin C-induced oxidative stress as reported here, or by other antimicrobials or treatments.

Keywords: biofilms, exopolymeric matrix, quantitative proteomics, Bacillus subtilis, vitamin C

#### INTRODUCTION

Bacterial biofilms are culprits of various human infectious diseases, industrial corrosion and food contamination (Flemming et al., 2016). Bacteria within the biofilms synthesize a dense protective matrix composed of extracellular polymeric substances (EPS) (Branda et al., 2005). This matrix is mainly composed of polysaccharides, proteins and extracellular DNA (eDNA), whose continuous release leads to the establishment of a complex "mushroom-shaped" biofilm architecture (Branda et al., 2006; Barnes et al., 2012). Exopolysaccharides and proteins are the most abundant component of the biofilm matrix, defining its physico-chemical properties and morphology (Marvasi et al., 2010; Roy et al., 2017). Furthermore, the EPS serve as a food storage, which gets mobilized during extended nutrient depletion (Xiao et al., 2012). The structure of the EPS matrix varies considerably

among bacterial strains, and its composition is influenced by the local environment and nutrient availability.

Antibiotics are widely used to eradicate bacterial biofilms when treating infections. However, their prolonged use increases the risk of developing multi-resistant strains, and disrupts the ecology of the residential microflora (Cegelski et al., 2008). Hence an increasing interest for chemo-prophylactic agents, which can affect biofilm formation, and thereby reduce the time and dose of antibiotics treatments (Xavier et al., 2005; Cegelski et al., 2008). Vitamin C, a major dietary micronutrient, has been shown to exhibit bactericidal activity against mycobacteria (Vilcheze et al., 2013). However, this killing effect seems to be confined to mycobacteria, since vitamin C did not kill other opportunistic bacterial pathogens, such as Staphylococcus epidermidis, Staphylococcus aureus, Escherichia coli, and Pseudomonas aeruginosa (Khameneh et al., 2016). Interestingly, vitamin C has been reported to enhance the effect of antibiotics vs. a broad spectrum of bacteria via a synergistic effect, but the mechanism of this synergy remains unclear (Kallio et al., 2012; Khameneh et al., 2016). Similarly, vitamin C has been shown to enhance the killing effect of a physical bactericidal agent, cold atmospheric plasma, against biofilms of S. epidermidis, E. coli, and P. aeruginosa (Helgadóttir et al., 2017). In this study we set out to characterize the mechanism of this non-lethal synergistic effect of vitamin C, which enhances the effect of antibiotics and physical killing agents.

We performed an initial characterization with several bacterial strains, and different doses of vitamin C. Our conclusion was that while the low doses of vitamin C are harmless to the planktonic bacteria, they effectively destabilizes biofilms. We then focused on an in-depth quantitative analysis with *Bacillus subtilis*, a model organism for biofilm development (Vlamakis et al., 2013). Our findings, based on quantification of the biofilm EPS content and cell viability, quantitative proteome analyses and genome-scale metabolic modeling point to a vitamin C-dependent inhibition of the synthesis of polysaccharides that form the biofilm matrix. This proceeds via inhibition of the quorum sensing and other regulatory mechanisms, leading to repression of specific biosynthetic operons. Once the EPS content is reduced beyond a critical point, bacterial cells become exposed, and more susceptible to killing by any external factors.

#### MATERIALS AND METHODS

## Bacterial Strains, Culture Media, and Reagents

*Bacillus subtilis* NCIB 3610, *E. coli* UTI89 and *P. aeruginosa* PAO1 were used in this study. LB (10 g of tryptone, 5 g of yeast extract and 5 g of NaCl per liter) or solid LB medium supplemented with 1.5% agar were used for the routine growth of all bacteria. Sodium ascorbate was purchased from Sigma–Aldrich.

#### **Bacterial Growth and Biofilm Formation**

For growth analysis, an overnight bacterial culture was diluted 1:100 (1  $\times$  10<sup>7</sup> CFU) in LB medium with 1% glycerol for *B. subtilis*, plain LB medium for *P. aeruginosa* and *E. coli*, with

varying concentrations of sodium ascorbate (neutral pH form). The diluted cultures were incubated at 37°C with continuous agitation (200 rpm) and the absorbance of the culture was measured periodically at 600 nm for 9 h with intervals of 1 h. *B. subtilis* biofilms were formed in LBGM medium (LB medium containing 1% glycerol; 1 mM MnSO<sub>4</sub>).  $2-5 \times 10^6$  CFU/mL of bacterial culture was inoculated into 5 mL of LBGM medium and incubated at 37°C for 24 h without agitation. *E. coli* and *P. aeruginosa* biofilms were formed on 24 well plates.  $2-5 \times 10^6$  CFU/mL of an overnight bacterial culture was inoculated into a 24 well plate containing 2 mL of LB broth and incubated for 24 h without agitation.

#### B. subtilis Biofilm Analysis

For the biofilm analysis, 24 h old biofilms, grown in the presence of various concentrations of sodium ascorbate, were removed and sonicated at 10 W for 30 s to homogenize the biofilm. The homogenized suspension (5 mL) was used to determine the biomass, colony forming units (CFU), polysaccharides, protein and eDNA. Briefly, for the determination of biomass, the homogenized suspension was washed three times (5000 g for 20 min) with sterile water, lyophilized and weighed. For the determination of viability, an aliquot (100 µL) from the homogenized suspension was diluted serially and plated on LB agar plates to count colonies. Water insoluble polysaccharide was extracted from the lyophilized sample by using 1 N sodium hydroxide (300 µL/mg biomass for three times) and quantified by using a phenol-sulfuric acid assay as described previously (Pandit et al., 2011). For protein quantification, biofilms were collected and homogenized in 1 N NaOH (300 µL/mg biomass for three times). The supernatant from the homogenized suspensions were collected after centrifugation (5000 g, 20 min) and protein content was quantified by using the Bradford assay. For quantification of eDNA in the EPS matrix, the filtered supernatant from the homogenized suspension was used. eDNA was extracted by using a DNA extraction kit (Thermo Fisher Scientific) and the quantity was measured using a nanodrop UV-Vis spectrophotometer (NanoDrop 2000, Thermo Scientific).

#### Fluorescence Microscopy Analysis

The effect of sodium ascorbate on B. subtilis biofilms was analyzed by simultaneous labeling of the bacterial cells and the polysaccharides in the biofilm. Briefly, 10 µg/mL of Alexa flour® 633-labeled wheat germ agglutinin conjugate (absorbance/fluorescence emission maxima 632/647 nm; Molecular Probes Inc., Eugene, OR, United States) and 50 μg/mL of Concanavalin A, Tetramethylrhodamine conjugate (555/580 nm; Molecular Probes) was added to the culture medium during biofilm formation. The toxicity of these fluorescence probe toward the bacterial cells in biofilms was evaluated by comparison of viability and biomass with control samples. After 24 h, the biofilms were exposed to 2.5 µm of SYTO® 9 green-fluorescent nucleic acid stain (480/500 nm; Molecular Probes) for 30 min. The stained biofilms were transferred to a glass slide and laser scanning confocal microscope imaging of the biofilms was performed using an LSM 710 NLO (Carl Zeiss) equipped with argon-ion and helium neon lasers. Three independent experiments were performed and image stacks from five sites per experiment were collected (n = 15). EPS biovolume was quantified from confocal stacks by COMSTAT (Heydorn et al., 2000). Biovolume is defined as the volume of the biomass (µm<sup>3</sup>) divided by substratum area (μm<sup>2</sup>). For the detection of reactive oxygen species (ROS) in biofilm cells, 24 h old B. subtilis biofilms grown with or without presence of vitamin C were stained with DAPI and CellRox deep ROS sensor (Life Technologies) as described previously (Durmus et al., 2013). Briefly, biofilms were stained with 5  $\mu M$ of CellRox deep red stain for 30 min, washed with sterile water and counter- stained with DAPI for 20 min. The stained biofilms were visualized by fluorescence microscopy. To visualize the live/dead cells in B. subtilis biofilms grown with and without presence of vitamin C, biofilms were stained with 6.0 µM SYTO 9 and 30 μM propidium iodide (LIVE/DEAD BacLight bacterial viability kit L13152, Invitrogen, Molecular Probes, Inc., Eugene, OR, United States). Imaging was performed with a fluorescence microscope (Axio Imager 2. Carl Zeiss, Zena, Germany).

# Assay for Biofilm Formation of *E. coli* and *P. aeruginosa*

For the biofilm formation assay, 24 h old biofilms of *E. coli* and *P. aeruginosa* were rinsed three times with sterile water to remove the loosely adherent bacteria and dried for 30 min at room temperature. Dried biofilms were then stained with 1% crystal violet for 5 min without agitation. All the biofilms were washed at least five times with sterile water to remove the excess stain and dried for 1 h at room temperature. Absolute ethanol (1 mL) was added to the dried stained biofilm and agitated vigorously for 15 min to dissolve the stain. Optical density was measured at 600 nm.

#### **Proteome Analysis**

All experiments for MS analysis were carried out in biological triplicates. 24 h biofilms of B. subtilis were collected and centrifuged to obtain a cell pellet. Cell lysis was performed by re-suspending the cell pellets in an SDS lysis buffer containing 4% SDS in 100 mM triethylammonium bicarbonate pH 8.5, 5 mM β-glycerophosphate, 5 mM sodium fluoride, 5 mM sodium orthovanadate and 10 mM ethylenediaminetetraacetic acid, along with a protease inhibitor cocktail (Roche). The cell extracts were boiled at 90°C for 10 min followed by sonication. The cell debris was removed by centrifugation at 13400 rpm for 30 min and the crude protein extracts were cleaned up by chloroform/methanol precipitation. Dried protein pellets were dissolved in denaturation buffer containing 8 M urea in 10 mM Tris-HCl pH 8.0. The protein lysate was reduced with 1 mM dithiothreitol and alkylated with 5.5 mM iodoacetamide in the dark, for 1 h each at room temperature. Proteins were then subjected to overnight digestion with an endoproteinase Trypsin (1:100, w/w; Pierce<sup>TM</sup>). The reaction was stopped by acidification with 10% trifluoroacetic acid and stage-tipped before injecting the samples into the mass spectrometer (Ishihama et al., 2006). Samples were analyzed on an Q Exactive mass spectrometer coupled to an Easy-nLC 1200 (both Thermo Fisher Scientific,

Inc., Waltham, MA, United States). Chromatographic separation was performed using an in-house constructed pre-column (45 mm  $\times$  0.075 mm I.D) and analytical (200 mm  $\times$  0.075 mm I.D.) column set up packed with 3 µm Reprosil-Pur C18-AQ particles (Dr. Maisch GmbH, Ammerbuch, Germany). Peptides were injected onto the column with solvent A (0.2% formic acid in water) at a flow rate of 300 nL/min and 500 bars. Peptides were then eluted using a segmented gradient of 7-27% B-solvent (80% acetonitrile with 0.2% formic acid) over 45 min, 27-40% B over 5 min, 40-100% B over 5 min with a final hold at 100% B for 10 min. The mass spectrometer was operated on a data-dependent mode. Survey full-scans for the MS spectra were recorded between 400 and 1600 Thompson at a resolution of 70,000 with a target value of 1e6 charges in the Orbitrap mass analyzer. The top 10 most intense peaks from the survey scans of doubly or multiply charged precursor ions were selected for fragmentation with higher-energy collisional dissociation (HCD) with a target value of 1e5 in the Orbitrap mass analyzer in each scan cycle. Dynamic exclusion was set for 30 s. Triplicate injections (technical replicates) were carried out for each of the samples for label free quantitation (LFQ).

#### **Data Processing and Analysis**

Acquired MS spectra were processed with the MaxQuant software suite (version 1.5.3.30) (Cox et al., 2009), integrated with an Andromeda search engine. Database search was performed against a target-decoy database of B. subtilis 168 downloaded from UniProt (taxonomy ID 1423), containing 4,195 protein entries, and additionally including also 248 commonly observed laboratory contaminant proteins. Endoprotease Trypsin/P was set as the protease with a maximum missed cleavage of two. Carbamidomethylation (Cys) was set as a fixed modification. Label free quantification was enabled with a minimum ratio count of two. A false discovery rate of 1% was applied at the peptide and protein level individually for filtering identifications. Initial mass tolerance was set to 20 ppm. In case of the main search, the peptide mass tolerance of precursor and the fragment ions were set to 4.5 and 20 ppm, respectively. Downstream bioinformatics analysis was performed using Perseus version 1.5.3.2 (Tyanova et al., 2016). Grouping of proteins with similar expression profiles was achieved by hierarchical clustering analysis. Log10 transformation of mean LFQ intensities of proteins was performed for all the tested conditions. Missing values were replaced from the normal distribution via imputation. Hierarchical clustering was performed on Z-score transformed values using Euclidean as a distance measure and Average linkage cluster analysis. Significance B ( $p \le 0.05$ ) was calculated to identify significantly regulated proteins in each of the ascorbate treatment conditions relative to the control.

# Reconstruction of Context-Specific Models Using Proteomics Data

Log10 LFQ protein intensities were used to generate sodium ascorbate concentration specific models by mapping the protein intensities to the genome-scale metabolic model of *B. subtilis* 

(Bs-iYO844) (Oh et al., 2007). Log10 LFQ protein intensities from biological replicates (three replicates for each sodium ascorbate concentration and 2 for the control) were averaged and used to constrain the fluxes in the associated reaction using Gene Inactivity Moderated by Metabolism and Expression (GIMME) (Becker and Palsson, 2008). GIMME was run using 90% of the objective function threshold and 50th percentile of proteins expression level. Since properly constrained reactions do not demonstrate uniform distributions of feasible steadystate fluxes, the range and distribution of feasible metabolic flux for each reaction were determined by using Markov Chain Monte Carlo (MCMC) sampling (Lewis et al., 2012). To do this, a large number of feasible sets of metabolic fluxes were randomly moved within the solution space until they were well mixed, thereby sampling the entire solution space (Lewis et al., 2012). This sampling process yielded a distribution of feasible steady-state fluxes for each reaction. Sampling was done using gpSampler with default settings from the COBRA toolbox (Schellenberger et al., 2011) using Gurobi (Gurobi Optimization, Inc., Houston, TX, United States) and MATLAB® (The MathWorks Inc., Natick, MA, United States). Averaged sampled predicted flux distributions for each reaction at each sodium ascorbate concentration were compared to those from the control model in order to identify reactions (and their associated genes) that have significantly altered flux rates upon adding sodium ascorbate to B. subtilis.

#### **Statistical Analysis**

The data are presented as the mean  $\pm$  standard deviation. Intergroup differences were estimated by one-way analysis of variance (ANOVA), followed by a *post hoc* multiple comparison (Tukey) test to compare the multiple means. Differences between values were considered to be statistically significant when the *P*-value was <0.05.

#### **RESULTS**

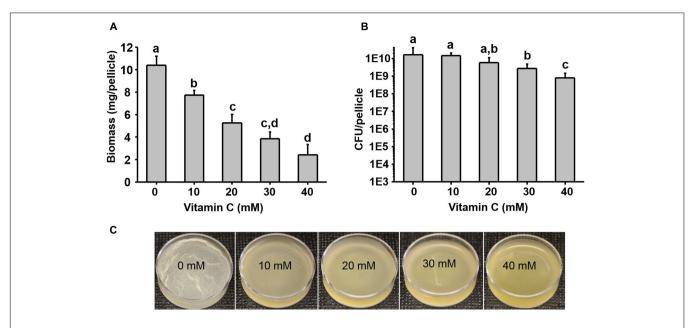
#### Vitamin C Does Not Affect Bacterial Growth in a Liquid Medium, but Inhibits Biofilm Formation

Five-ten millimeter doses of vitamin C were previously reported to completely exterminate mycobacteria (Vilcheze et al., 2013). By contrast, it has been reported that vitamin C is not bactericidal toward opportunistic pathogens such as *E. coli* and *P. aeruginosa*, but it renders them more susceptible to antibiotics and some physical treatments (Kallio et al., 2012; Khameneh et al., 2016; Helgadóttir et al., 2017). To clarify this effect of vitamin C on non-mycobacterial species, we used the opportunistic pathogens *E. coli* and *P. aeruginosa*. Since we previously hypothesized that the synergistic effects of vitamin C may be related to biofilms (Helgadóttir et al., 2017), we included also *B. subtilis*, the model organism for biofilm development (Vlamakis et al., 2013). We exposed these bacterial strains to a concentration range of vitamin C from 10 to 40 mM (sodium ascorbate, neutral pH form), assessing both the survival and growth in liquid media and

biofilms. Up to 40 mM vitamin C did not significantly inhibit the planktonic growth of B. subtilis, E. coli, or P. aeruginosa (Supplementary Figure S1). However, in the same concentration range, biofilm formation was impaired for all three species (Figure 1 and Supplementary Figure S2). Since the vitamin C effect was most pronounced on biofilms, we focused on B. subtilis for an in-depth study of the mechanism behind this effect. B. subtilis biofilm is the most robust and easiest to analyze in terms of structure and composition, and the mechanisms leading to its formation are well characterized (Vlamakis et al., 2013). The normal B. subtilis pellicle (control, 0 mM) exhibits wrinkled and folded architecture (Figure 1C). Vitamin C treatment abolished this wrinkled architecture and visibly attenuated the pellicle in a concentration-dependent manner (Figure 1C). This effect was accompanied by a linear decrease in biofilm biomass (Figure 1A). However, the viability of B. subtilis in the pellicle was not significantly affected, suggesting that the reduced biofilm biomass could be due to loss of EPS and not the loss of cells.

## Low Concentrations of Vitamin C Do Not Kill *B. subtilis* but Deplete the EPS Matrix

Next, we examined in details the content of various biofilm components in response to the same concentration range of vitamin C. All three major components of the biofilm matrix, polysaccharides, proteins and eDNA, were reduced in the presence of vitamin C (Figures 2A-C). The reduction in protein content vs. vitamin C concentration showed a linear regression coefficient of only 0.88, but the trend of exopolysaccharide and DNA reduction was more closely correlated to increasing concentration of vitamin C and the loss of pellicle biomass (Supplementary Figure S3). The polysaccharide content and bacterial bio-volume in the B. subtilis biofilm were examined by laser scanning confocal microscopy, in the same concentration range of vitamin C (Figures 2E-G). EPS account for over 40% of the mass of the B. subtilis biofilm, but their identification and characterization is not complete. Roux et al. (2015) identified that poly *n*-acetylglucosamine is the major polysaccharide component of the B. subtilis biofilm matrix (Roux et al., 2015). We therefore used fluorescence probes to visualize EPS components: Alexa flour, WGA conjugate, for n-acetylglucosamine and ConA, Tetramethylrhodamine conjugate, as an unspecific EPS binder for proteins and other polysaccharides. We first established that these probes had no effect on biofilm formation and exhibited no toxicity to B. subtilis cells (Supplementary Figure S4). The n-acetylglucosamine (stained in red) occupied a significant part of the biovolume in the untreated sample (Figure 2G). With increasing concentrations of vitamin C, the overall thickness of the biofilm decreased, and the content of the poly n-acetylglucosamine (red) and the unspecific EPS matrix (blue) decreased as well (Figure 2G). The decreasing pattern of NAG with vitamin C treatment was consistent with the total polysaccharides content observed by colorimetric assay, where significant inhibition was observed with  $\geq 20$  mM of concentration. Meanwhile, the bacterial bio-volume remained constant up to 30 mM vitamin C. The decreasing pattern of bacterial bio-volume was



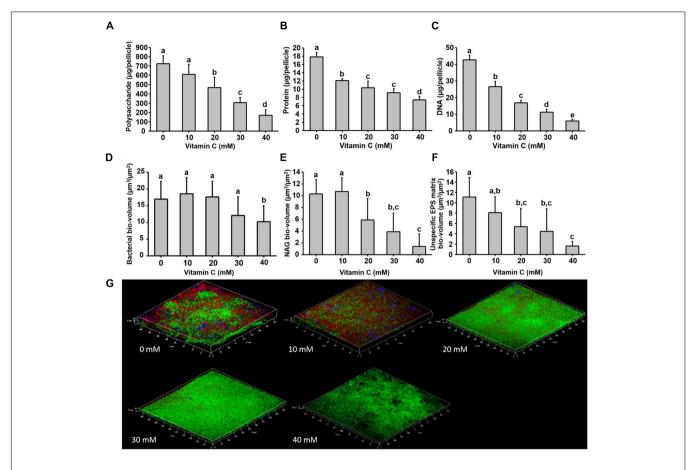
**FIGURE 1** Effect of vitamin C on biomass and bacterial viability of *Bacillus subtilis* biofilm. **(A)** Biomass of a 24 h old *B. subtilis* biofilm in the presence of increasing concentrations of vitamin C. **(B)** Viability of bacteria in a 24 h old biofilm grown in the presence of increasing concentrations of vitamin C. **(C)** Representative images of a 24 h old *B. subtilis* biofilm grown with different concentrations of vitamin C. All data in **(A,B)** are mean values  $\pm$  standard deviation from three biological replicates. Values labeled by the same superscript are not significantly different from each other (P > 0.05).

not consistent with other results because vitamin C treatment is mainly affecting the ECM production but not the growth and viability of bacteria at lower concentrations as shown in Figure 1. Viability of cells was examined by live/dead staining (Figure 3A) where it was observed that, at low concentration of vitamin C (10 mM) the cell survival rate was similar to that of untreated control biofilms. By contrast, a significant number of cells were dead in biofilms treated with a higher concentration of vitamin C (40 mM). The killing of cells at the higher concentration of vitamin C coincided with higher levels of detectable oxidative stress (Figure 3B). This confirmed that vitamin C effect on biofilms takes place in two stages: at concentrations of up to 30 mM the cell viability is preserved, but there is a loss of the EPS, primarily exopolysaccharides. Above 30 mM vitamin C, the bacterial cells start dying.

#### Stage 1: Low Concentrations of Vitamin C Inhibit Exopolysaccharide Synthesis, Stage 2: High Concentrations of Vitamin C Induce Lethal Oxidative Stress

Since vitamin C seemed to inhibit *B. subtilis* biofilm formation in two stages: reduction of EPS components at up to 30 mM (**Figure 2**), and killing of cells at 30 mM and higher by inducing the oxidative stress (**Figures 1B**, 3), we performed an in-depth label-free quantitative proteome analysis of vitamin-C treated biofilms in this critical concentration range. A total of 2056 *B. subtilis* proteins were identified, of which 1373 were quantified (**Supplementary Table S1**). Three biological replicates

showed a high degree of correlation (Pearson correlation coefficient > 0.9) (Supplementary Figure S5). Hierarchical clustering analysis was employed for grouping similar expression profiles of proteins (Figures 4A-C). Differentially regulated proteins grouped in four clusters (Figure 4B). The majority grouped in clusters 1 (expression reduced upon the addition of vitamin C) and 4 (expression enhanced upon the addition of vitamin C). Clusters 2 and 3 showed variation across the range of vitamin C concentrations. All proteins falling in the four different clusters are listed in the Supplementary Table S1. Proteins for which the expression levels were most strongly affected by vitamin C treatment (p < 0.05) were identified by plotting log2 transformed label-free quantification (LFQ) ratios against log10 transformed LFQ intensities (Figure 4C). Around 100 proteins were found in this category. Among these, at lower vitamin C concentrations, many proteins directly involved in exopolysaccharides synthesis, export and biofilm formation were depleted: notably PtkA, SlrR, SpeA, EpsC, EpsD, EpsE, EpsH, EpsI, EpsO, TuaD, Ugd (Kobayashi, 2008; Gerwig et al., 2014; Mijakovic and Deutscher, 2015). This correlated with disrupted expression of the key regulators controlling synthesis or activity of these proteins, such as ComA, RepC, Spo0A, YmdB, KinC, FloT, and PtkA (Lazazzera et al., 1999; Diethmaier et al., 2011; Yepes et al., 2012). By contrast, at higher vitamin C concentrations, oxidative stress associated proteins (Antelmann et al., 2000; Grimaud et al., 2001; Towe et al., 2007) were strongly overexpressed: MsrA, MsrB, MhqA, MhqD, AzoR2, and RocA. Individual roles of these proteins in biofilm production and oxidative stress response are reviewed in detail in the discussion section. It was evident from this dataset that vitamin C treatment provoked a two-stage global



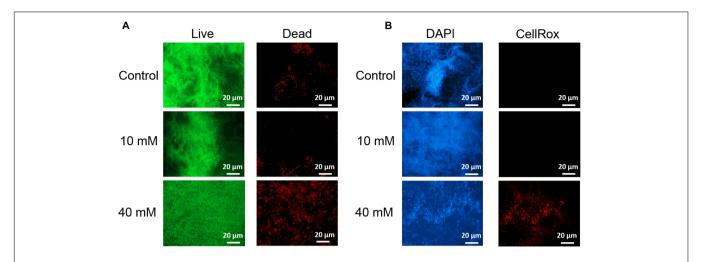
**FIGURE 2** | Biochemical and confocal laser scanning microscopy analysis of B. Subtilis biofilm grown in the presence of vitamin C. (A) Content of polysaccharide, (B) content of protein and (C) eDNA concentration in a 24 h old biofilm. (D) Bacterial biovolume, (E) biovolume of poly n-acetylglucosamine and (F) biovolume of unspecific EPS matrix (proteins and polysaccharides) in a 24 h biofilm. (G) Representative 3-D architecture of a 24 h old B. Subtilis biofilm grown in the presence of vitamin C (green: bacteria; red: n-acetylglucosamine; blue: unspecific EPS matrix). All data (A-F) are mean values  $\pm$  standard deviation from three biological replicates. Values marked by the same superscripts in panels (A-F) are not significantly different from each other (P > 0.05).

rearrangement of the cellular proteome, which correlated well to our previous observations on EPS content and cell viability. At low concentrations of vitamin C, biosynthetic pathways leading to exopolysaccharide synthesis and export were down-regulated, explaining the observed depletion of biofilm EPS. At higher vitamin C concentrations, the cell started expressing proteins to cope with excessive oxidative stress, which correlates to cell death and loss of the bacterial bio-volume in the biofilm. To assess the specific impact of this global proteome adaptation on redistribution of metabolic fluxes, we used the quantitative proteomics data to generate vitamin C concentration-specific genome-scale metabolic models, by mapping the protein intensities to the available B. subtilis model Bs-iYO844 (Oh et al., 2007) (Supplementary Figure S6). This enabled us to identify several metabolic pathways with flux redistribution provoked by vitamin C, which corroborate our findings (Figure 5). Notably, the model guided analysis showed that pyrroline-5-carboxylate dehydrogenase (P5CDH)/RocA had a significantly upregulated flux in the presence of vitamin C (Figure 5), which indicates that the cells are trying to neutralize ROS.

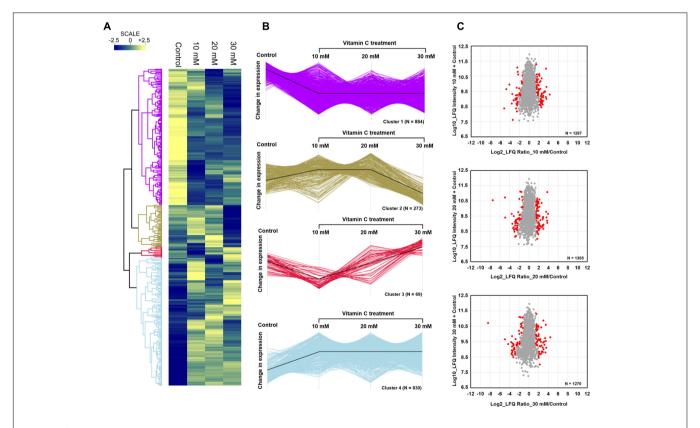
#### DISCUSSION

The interest toward bacterial biofilms is driven by the protection that their complex architecture offers toward antimicrobial agents (Donlan, 2002; Peterson et al., 2015). The key element of this architecture are the EPS (Romero et al., 2010; Xiao et al., 2012). Although different ratios of polysaccharides, proteins and eDNA components were reported in biofilms of different species, they collectively act as a backbone for the structural integrity and protection of the bacterial communities (Jennings et al., 2015; Klein et al., 2015; Voberkova et al., 2016). Polysaccharides and proteins of the biofilm matrix form a hydrophobic coating, which retards the penetration of antimicrobial agents and confers biofilm resistance (Epstein et al., 2011; Tiwari et al., 2017). Inhibiting EPS production is a viable strategy for fighting bacterial pathogens. Our results indicate that vitamin C, at concentrations up to 20 mM can be used to effectively disrupt bacterial biofilm formation by inhibiting EPS production.

At sub-lethal doses of vitamin C, i.e., below 30 mM, our proteomics data suggested that quorum sensing of *B. subtilis* 



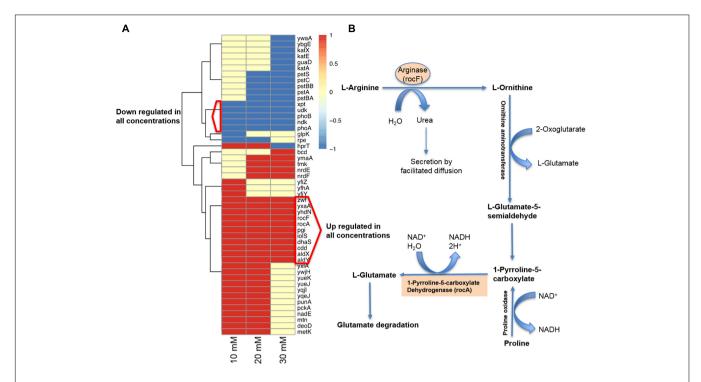
**FIGURE 3** Live/dead staining of *B. subtilis* biofilm grown with or without presence of vitamin C (concentration indicated besides each image) (A). Live bacteria are stained green and red bacteria are dead. Effect of vitamin C on the ROS generation in *B. subtilis* biofilm cells (B). Blue color represents the bacterial cells (DAPI, nucleic acid stain), and the red color (CellRox) intensity corresponds to the amount of ROS induced in bacterial cells.



**FIGURE 4** | Quantitative proteome analysis of the *B. subtilis* response to vitamin C. **(A)** Hierarchical clustering analysis depicting protein clusters showing differential fluctuations. Mean LFQ intensities of the three biological replicates for each condition were calculated for the clustering analysis. **(B)** All proteins with expression change due to vitamin C grouped into four clusters with different response profiles. The black line indicates the overall trend of the protein expression profile in each of the individual clusters. **(C)** Scatter plot depicting significantly  $(p \le 0.05)$  upregulated or downregulated proteins (in red) in each of the vitamin C treatment conditions relative to the control. Log2 calculated LFQ ratios are plotted against log10 LFQ intensities.

was impaired, which is in accord with previous observations in *P. aeruginosa* (El-Mowafy et al., 2014). The major *B. subtilis* quorum sensing associated protein, the response regulator

ComA, became less abundant upon vitamin C treatment. ComA affects the transcription of more than 10% of the *B. subtilis* genome, and it activates the transcription of genes for biofilm



**FIGURE 5** | Model-guided contextualization of proteomics data. **(A)** Proteins that are associated to reactions that are significantly altered when adding increasing concentrations of sodium ascorbate to *B. subtilis*. **(B)** Degradative pathway of arginine generating P5CDH/RocA and ARGN/RocF are significantly upregulated at all concentrations of vitamin C, producing glutamate and NADH, and contributing to protection against oxidative stress.

formation (Mielich-Süss and Lopez, 2015). In addition to ComA depletion, vitamin C provoked overexpression of RapC, a negative regulator of ComA activity (Lazazzera et al., 1999). Consequently, vitamin C provoked a drop in expression levels of a number of ComA-RapC-dependent proteins essential for biofilm formation, such as Spo0A, SlrR, YmdB, KinC, FloT, and SpeA. Inactivation of Spo0A, a major early sporulation transcriptional factor, causes a defect in biofilm formation due to its role in negatively regulating AbrB (Hamon and Lazazzera, 2001) and controlling the expression of an operon responsible for the synthesis of the exopolysaccharide matrix (McLoon et al., 2011). Cells with defective FloT are known to reduce the level of FtsH protease which indirectly regulates the phosphorylation and activity of Spo0A via phosphatase degradation (Yepes et al., 2012). SlrR acts in concert with SinR, and induces the eps and yaxM operons required for biofilm formation, by consequence, a mutation of slrR leads to a defect in biofilm formation (Kobayashi, 2008). Inactivating ymdB has been demonstrated to suppress SinR-dependent biofilm gene expression (slrR, tapA, epsA) and to induce the expression of SigD dependent motility genes (hag, cheV, and motA) (Diethmaier et al., 2011). SpeA, an arginine decarboxylase, is essential for the production of polyamines which are required for *B. subtilis* biofilm formation (Burrell et al., 2010). Finally, low concentrations of vitamin C inhibited the expression of a number of proteins involved directly in synthesis and export of extracellular polysaccharides (Cluster 1), namely the operon epsA-O (Barnes et al., 2012; Pozsgai et al., 2012). Among the eps genes, epsH-K encodes proteins

responsible for the production of poly-n-acetyl glucosamine (Roux et al., 2015), epsH-J encodes glycosyltransferases, while epsK is an exporter of poly-N-acetylglucosamine. EpsE has been demonstrated to have a dual function: production of exopolysaccharides and functional control of the flagellum (Guttenplan et al., 2010). In our dataset, proteins EpsC, EpsD, EpsE, EpsH, EpsI, and EpsO were no longer detectable in the presence of vitamin C. Similarly, UDP-glucose dehydrogenases TuaD and Ugd, which synthesize glucuronic acid, a precursor for exopolysaccharide production (Mijakovic and Deutscher, 2015), were also less abundant in vitamin C-treated samples. The activity of several key proteins in the exopolysaccharide production and export cluster are known to be positively regulated by tyrosinephosphorylation, catalyzed by BY-kinases (Mijakovic et al., 2003; Whitfield and Larue, 2008). In our dataset, the expression BYkinase PtkA, a control protein for exopolysaccharide production and biofilm formation, was also strongly repressed in the presence of vitamin C. While we clearly observe the consequences of disruption of specific regulatory networks that control the EPS synthesis on the proteome level, it is still unclear how vitamin C targets these regulators. Further studies will be needed to elucidate the exact molecular mechanism behind this effect.

The killing effect of vitamin C against *B. subtilis* biofilm cells occurred at concentrations of 30 mM and above (Figures 1A, 2D). It has been previously demonstrated that the bactericidal effect of vitamin C against mycobacteria was mainly associated with oxidative stress (Roux et al., 2015). Accordingly, in our dataset several proteins known to provide

protection against oxidative stress (Towe et al., 2007) were overexpressed at high vitamin C concentrations: MsrA, MsrB, MhqA, MhqD, and AzoR2 (Figure 4B, cluster 5). MsrA and MsrB belong to the methionine sulfoxide reductase (Msrs) family and are known to protect cells from oxidative stress by reducing methionine sulfoxide to methionine (Grimaud et al., 2001). Both MsrA and MsrB mutants of E. coli were shown to have more sensitivity toward oxidative stress generated by H2O2 (Towe et al., 2007). It has been reported that genes belonging to the MhqR regulon: mhqA, mhqD, and azoR2 are overexpressed under the electrophile and oxidative stress (Antelmann et al., 2000). The glyoxalases (MhqA, MhqE, and MhqN) were also demonstrated as critical for the detoxification of cytotoxic methylglyoxal in bacteria and eukaryal cells (Antelmann et al., 2000). Azoreductases (AzoR1/2) are enzymes which catalyze the NADH dependent two-electron of substrates to protect the cells from toxic effects of free radicals and ROS arising from one-electron reduction (Antelmann et al., 2000). In addition, pyrroline-5carboxylate dehydrogenase (P5CDH)/RocA was overexpressed, leading to a significantly higher predicted flux rate in vitamin C-treated genome-scale metabolic models (Figure 5B). P5CDH converts  $\Delta^1$ -pyrroline-5-carboxylate (P5C) to glutamate. Proline oxidase (YcgM), which degrades proline into P5C, was not upregulated in the presence of vitamin C. By contrast, arginase (ARGN/RocF) had a significantly higher flux in all vitamin C models, as well as the secretion of urea, a byproduct of the arginase reaction. Accumulation of P5C was found to induce cell death by producing reactive oxygen species (Nishimura et al., 2012), and the activation of P5CDH counters that effect (Miller et al., 2009). Therefore, it is plausible that vitamin C-induced oxidative stress provokes the overexpression of RocA, as a protective effect. We propose that this oxidative stress, clearly evidenced by the proteome rearrangement, is the most probable cause of death for cells that become exposed once the protective EPS matrix is lost, i.e., at elevated concentrations of vitamin C, above 30 mM.

Based on these findings, we propose that the inhibitory effect of vitamin C on biofilm formation proceeds by inhibition of quorum sensing and other stationary phase regulatory mechanisms underpinning biofilm development, which specifically leads to inhibition of polysaccharide biosynthesis. Once the EPS content is reduced, at vitamin C concentrations of 30 mM and above in the case of *B. subtilis*, bacterial cells get fully exposed to the medium. Thereby they become more susceptible to killing by vitamin C-induced oxidative stress reported here, and other antibacterial compounds or treatments (Khameneh et al., 2016; Helgadóttir et al., 2017). In situations where the risk of developing resistance by administering excessive doses of antibiotics is too high, we would argue that low concentrations of vitamin C can be effectively used as a pre-treatment or a combined treatment to destabilize bacterial biofilms.

#### **AUTHOR CONTRIBUTIONS**

SP, VR, AA-H, AD, and CS performed the experiments. SP, VR, AD, AA-H, VM, KM, TG, XG, FW, and IM analyzed the data. SP,

VR, AA-H, and IM wrote the manuscript with support from all authors.

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#### SUPPLEMENTARY MATERIAL

The mass spectrometry proteomics data have been deposited to the ProteomeXchange Consortium via the PRIDE (Vizcaíno et al., 2013) partner repository with the dataset identifier PXD007533.

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb. 2017.02599/full#supplementary-material

FIGURE S1 | Effect of vitamin C on bacterial growth. Growth of (A) Bacillus subtilis, (B) Escherichia Coli, and (C) Pseudomonas aeruginosa, in the presence of different concentrations of vitamin C, as indicated in the color-coded legend. The experiment was performed with biological triplicates, and the error bar shows the standard deviation.

**FIGURE S2** | Effect of vitamin C treatment on biofilm formation by E. coli and P. aeruginosa. The biofilms were stained with crystal violet and optical density was measured. All data represent mean  $\pm$  standard deviation. Values followed by the same superscripts are not significantly different from each other (P > 0.05).

**FIGURE S3** | Relationship between concentration of sodium ascorbate and biomass and constituents of EPS matrix. Linear fitting of biomass, polysaccharide, DNA and protein of biofilm vs. increasing concentration of vitamin C.

**FIGURE S4** | Effect of polysaccharide fluorescence stain on biofilms. Biomass **(A)** and viability **(B)** of *B. subtilis* biofilm grown in the presence of two different polysaccharide stains alone or in combination: Concanavalin A Tetramethylrhodamine conjugate (ConA;  $50 \mu g/ml$ ) and Alexa flour 633-labeled wheat germ agglutinin conjugate (WGA;  $10 \mu g/ml$ ).

**FIGURE S5** | Correlation between biological replicates of the proteomics analysis. Correlation plots depicting correlation of proteins between biological replicates in the control and in 10, 20, and 30 mM vitamin C treatment conditions. The figure shows Log10 intensities of individual replicates plotted against each other.

FIGURE S6 | Workflow for model-guided analysis of proteomics data. (A) Log10 LFQ protein intensities from the biological replicates were averaged and mapped using GIMME (Becker and Palsson, 2008) to Bs-iYO844, the *B. subtilis* genome-scale metabolic model (Oh et al., 2007) to constrain the fluxes in the associated reactions. (B) The range and distribution of feasible metabolic flux for each reaction were determined by using Markov Chain Monte Carlo (MCMC) sampling (Lewis et al., 2012). Averaged sampled predicted flux distributions for each reaction at each sodium ascorbate concentration were compared to those from the control model (ascorbic acid concentration = 0 mM) in order to identify differentially active reactions which are later decomposed into their corresponding genes through the gene-protein reaction associations embedded in the model.

**TABLE S1** | List of all identified proteins, proteins belonging to cluster 1, 2, 3, 4 from **Figure 3**, and regulated proteins.

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# Lactobacillus rhamnosus GR-1 Ameliorates Escherichia coli-Induced Activation of NLRP3 and NLRC4 Inflammasomes With Differential Requirement for ASC

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Wu Q, Zhu Y-H, Xu J, Liu X, Duan C, Wang M-J and Wang J-F (2018) Lactobacillus rhamnosus GR-1 Ameliorates Escherichia coli-Induced Activation of NLRP3 and NLRC4 Inflammasomes With Differential Requirement for ASC. Front. Microbiol. 9:1661. doi: 10.3389/fmicb.2018.01661 Escherichia coli is a common cause of mastitis in dairy cows. The adaptor protein apoptosis-associated speck-like protein containing a caspase recruitment domain (ASC) synergizes with caspase-1 to regulate inflammasome activation during pathogen infection. Here, the ASC gene was knocked out in bovine mammary epithelial (MAC-T) cells using clustered, regularly interspaced, short palindromic repeat (CRISPR)/CRISPRassociated (Cas)-9 technology. MAC-T cells were pre-incubated with and without Lactobacillus rhamnosus GR-1 and then exposed to E. coli. Western blot analysis demonstrated increased expression of NLRP3 and NLRC4 following E. coli infection, but this increase was attenuated by pre-incubation with L. rhamnosus GR-1, regardless of ASC knockout. Western blot and immunofluorescence analyses revealed that preincubation with L. rhamnosus GR-1 decreased E. coli-induced caspase-1 activation at 6 h after E. coli infection, as also observed in ASC-knockout MAC-T cells. The E. coli-induced increase in caspase-4 mRNA expression was inhibited by pre-incubation with L. rhamnosus GR-1. ASC knockout diminished, but did not completely prevent, increased production of IL-1β and IL-18 and cell pyroptosis associated with E. coli infection, whereas pre-incubation with L. rhamnosus GR-1 inhibited this increase. Our data indicate that L. rhamnosus GR-1 suppresses activation of ASC-dependent NLRP3 and NLRC4 inflammasomes and production of downstream IL-Iβ and IL-18 during E. coli infection. L. rhamnosus GR-1 also inhibited E. coli-induced cell pyroptosis, in part through attenuation of NLRC4 and non-canonical caspase-4 activation independently of ASC.

Keywords: bovine mammary epithelial cell, Lactobacillus rhamnosus, Escherichia coli, inflammasome, ASC

#### INTRODUCTION

Escherichia coli is a frequent cause of bovine mastitis and a leading cause of clinical mastitis in bovine (Shaheen et al., 2015). The NLR family member pyrin domain-containing protein 3 (NLRP3) inflammasome is considered a suitable target for new alternatives to antibiotics to treat bovine mastitis (Thacker et al., 2012). Our previous study showed that probiotic Lactobacillus rhamnosus GR-1 ameliorates E. coli-induced inflammatory damage via

attenuation of apoptosis-associated speck-like protein containing a caspase recruitment domain (ASC)-independent NLRP3 inflammasome activation in primary bovine mammary epithelial cells (PBMCs) (Wu et al., 2016). Therefore, *L. rhamnosus* GR-1 represents a potentially promising therapeutic agent targeting inflammasome activity in *E. coli*-associated bovine mastitis.

Binding of lipopolysaccharide (LPS) from gram-negative bacteria to toll-like receptor (TLR) 4 increases cellular expression of NLRP3 protein through nuclear factor-κB (NF-κB) signaling, leading to rapidly NLRP3 activation (Afonina et al., 2017). Upon activation, NLRP3 nucleates the adaptor protein ASC through interaction with the pyrin domain (PYD). Procaspase-1 is subsequently autoproteolytically processed through CARD-CARD (caspase recruitment domain) interactions in the NLRP3/ASC complex scaffold and cleaves precursors of the proinflammatory interleukin (IL)-1 family into their bioactive forms, IL-18 and IL-18. We found that L. rhamnosus GR-1 reduces E. coli-induced caspase-1 activation and production of IL-1β and IL-18. However, in contrast to increases in the expression of NLRP3 and caspase-1, expression of the adaptor protein ASC is decreased in PBMCs infected with E. coli, even in cells pretreated with L. rhamnosus GR-1 (Wu et al., 2016).

In contrast to the multiple stimuli that activate NLRP3, NLRC4 is activated by flagellin and the rod protein EscI of the E. coli type III secretion system (T3SS) apparatus (Miao et al., 2010). NLRC4 contains a CARD motif, through which it directly oligomerizes with caspase-1 independent of ASC; this complex activates caspase-1 without autoproteolysis, triggering pyroptosis, an inflammatory form of cell death (Broz et al., 2010b). However, ASC greatly enhances the efficiency of NLRC4-mediated maturation of IL-1ß and IL-18 by inducing caspase-1 autoproteolysis (Lamkanfi and Dixit, 2014). NLRC4-dependent production of IL-1\beta is induced by pathogenic Salmonella or Pseudomonas but not commensal Lactobacillus plantarum, indicating that the NLRC4 inflammasome specifically discriminates pathogens and probiotic bacteria (Franchi et al., 2012). However, the contributions of the NLRC4 inflammasome to inflammatory responses that control E. coli infections are less clear in relation to L. rhamnosus

NLRP3 and NLRC4 inflammasomes play a crucial role in potentiating the host antimicrobial response (Guo et al., 2015). Studies using ASC-deficient cells from  $ASC^{-/-}$  mice demonstrated the dual role of ASC in bridging NLRP3 and NLRC4 inflammasomes and caspase-1 via PYD and CARD and regulating the result of inflammasome activation (Broz et al., 2010a; Gueya et al., 2014). ASC-dependent inflammasome activation results in the production of proinflammatory IL-1 family cytokines, whereas ASC-independent inflammasome activation induces cell pyroptosis. Given the significant potential of IL-1 family cytokines to cause detrimental inflammation and pyroptosis to control the spread of intracellular pathogens (Jorgensen et al., 2016; Lannitti et al., 2016), the role of ASC in regulating inflammasome activity during E. coli infection must be examined in detail to determine and how L. rhamnosus GR-1 regulates the immune response to prevent E. coli-associated bovine mastitis.

In the present study, we knocked out the *ASC* gene in bovine mammary epithelial (MAC-T) cells using the RNA-guided clustered regularly interspaced short palindrome repeats (CRISPR)-CRISPR-associated nuclease 9 (Cas9) system. We hypothesized that during *E. coli* infection, the activity of NLRP3 and NLRC4 inflammasomes is differentially regulated by *L. rhamnosus* GR-1, inducing maturation of IL-1β and IL-18 or cell pyroptosis, depending on ASC. We provide evidence that *L. rhamnosus* GR-1 suppresses *E. coli*-induced ASC-dependent activation of NLRP3 and NLRC4 inflammasomes and thus decreases production of IL-lβ and IL-18 during *E. coli* infection. In addition, *L. rhamnosus* GR-1 suppresses *E. coli*-induced cell pyroptosis, in part through attenuation of NLRC4 inflammasome and non-canonical caspase-4 activation, independent of ASC.

#### **MATERIALS AND METHODS**

#### **Biosecurity Statement**

All bacterial strains were treated in strict accordance with the *Regulations on Biological Safety Management of Pathogen Microbiology Laboratory* (000014349/2004-00195) from the State Council of the People's Republic of China. The *E. coli* CVCC1450 was subjected to all necessary safety procedures to avoid pathogen transmission and infection.

## Construction of CRISPR/Cas9 System Expression Vector

Three guide RNAs (ASC-sgRNA1, ASC-sgRNA 2, and ASC-sgRNA 3) were designed to target the exon 1 regions of the bovine ASC gene (**Table 1**). A pair of oligos for each targeting site was annealed and ligated into the *BbsI* site of pCRISPR-sg5, which was kindly provided by Professor Sen Wu (China Agricultural University, Beijing, China), to generate pCRISPR-sg5-ASC-sgRNA1, pCRISPR-sg5-ASC-sgRNA2, and pCRISPR-sg5-ASC-sgRNA3 plasmids. All plasmids were confirmed by sequencing (Sangon Biotech, Shanghai, China).

#### **Cell Culture and Transfection**

MAC-T cells transferred with the SV40 T antigen (Huynh et al., 1991) was a gift from Dr. Ying Yu (China Agricultural University). MAC-T cells were cultured in Dulbecco's Modified Eagle medium/Ham's F-12 medium (1:1) supplemented with 10% heat-inactivated fetal calf serum, 100 U/mL of penicillin, and 1 g/mL of streptomycin (Invitrogen, Carlsbad, CA, United States) at 37°C in an atmosphere of 5% CO<sub>2</sub> and 95% air at 95% relative humidity.

Plasmid DNA for cell transfection was prepared using an Omega Endo-free Plasmid Mini Kit II (Omega Bio-Tek Inc., Doraville, GA, United States). MAC-T cells (1  $\times$  10<sup>6</sup>) were electroporated with 1.5  $\mu g$  of pCRISPR-W9 plasmid, 1.5  $\mu g$  of pCRISPR-sg5-ASC-sgRNA plasmid, and 1  $\mu g$  of pCAG-PBase plasmid using the T-020 program of an Amaxa electroporator (Lonza, Allendale, NJ, United States), in which pCRISPR-W9 encoded Cas9 nuclease and pCRISPR-sg5-ASC-sgRNA encoded ASC-sgRNA. After electroporation, 300 cells

**TABLE 1** Sequences of three guide RNAs designed to target the exon 1 region of the bovine *ASC* gene and primers for PCR amplification.

Gene product <sup>a</sup>		Accession	
	Directionb	Sequence (5'-3')	number
ASC-sgRNA1	F	CACCGCGATGCCATC CTGGATGCGC	NM_174730.2
	R	AAACGCGCATCCAGGAT GGCATCGC	
ASC-sgRNA2	F	CACCGCTTTCAGTGCC GCTGCGGGA	NM_174730.2
	R	AAACTCCCGCAGCG GCACTGAAAGC	
ASC-sgRNA3	F	CACCGCAAGCTCGT CAGCTACTATC	NM_174730.2
	R	AAACGATAGTAGCTG ACGAGCTTGC	
ASC	F	CCAGGTTCCTGATTTG GCTAGCTA	NM_174730.2
	R	GAAGTCTCGGTCCGGAG GCCAAGG	à

<sup>&</sup>lt;sup>a</sup>ASC, apoptosis-associated speck-like protein containing a caspase-recruitment domain; sgRNA = Cas9/single guide RNA (sgRNA). <sup>b</sup>F, forward; R, reverse.

were plated in a 10-cm dish using growth medium containing 350  $\mu g/ml$  of selectable marker G418 (Sigma-Aldrich, St. Louis, MO, United States). After 10 days, individual clones were picked, and clonal cell populations were expanded. Before experiments, MAC-T cells were electroporated with pmaxGFP^TM (Lonza) encoding green fluorescent protein to determine transfection efficiency using the T-020 and W-001 programs. MAC-T cells were chosen for CRISPR-Cas9 inactivation experiments due to their good transfection efficiency.

#### Sequencing and Protein Analysis of the Gene Target Site

Genomic DNA samples were extracted using a TIANamp Genomic DNA Kit (Tiangen, Beijing, China) according to the manufacturer's instructions, and 50 ng of DNA template was used to amplify the 630-bp fragment encompassing the gene inactivation locus in 25  $\mu l$  of PCR buffer (Takara, Shiga, Japan) using primer pairs listed in Table 1. The resulting PCR products were purified and subsequently sequenced to identify deletions. In addition, clonal cell population whole-cell extracts were analyzed by Western blotting.

#### **Immunocytochemistry**

The epithelial origin of MAC-T cells was tested by staining for cytokeratin 18. MAC-T cells (6  $\times$   $10^4$  cells/well) were seeded into a 24-well culture plate with glass coverslips. After 24 h, cells were washed three times with phosphate-buffered saline (PBS) and fixed with 4% paraformaldehyde for 15 min on ice. The cells were then permeabilized with 0.2% (v/v) Triton X-100 (Sigma-Aldrich) and blocked with 1% bovine serum albumin. Subsequently, cells were incubated with mouse anti-cytokeratin-18 primary monoclonal antibody at a

dilution of 1:200 (Ab668; Abcam, Cambridge, United Kingdom) for 45 min at 4°C, following by incubation with secondary antibody, goat anti-mouse fluorescein isothiocyanate (FITC)-conjugated IgG (F4143; Sigma-Aldrich). Cell nuclei were stained using 4′,6′-diamidino-2-phenylindole (DAPI; Sigma-Aldrich). Coverslips were imaged on an FV1000 confocal laser scanning biological microscope (Olympus, Tokyo, Japan).

#### **Bacterial Strains and Growth Conditions**

Lactobacillus rhamnosus GR-1 ATCC 55826 was purchased from the American Type Culture Collection (Manassas, VA, United States) and grown in De Man, Rogosa, and Sharpe (MRS) broth (Oxoid, Hampshire, United Kingdom) for 24 h at 37°C under microaerophilic conditions. After overnight incubation, L. rhamnosus GR-1 was subcultured at a dilution of 1:100 in fresh MRS broth for approximately 8 h until reaching mid-log phase [optical density (OD) at 600 nm (OD<sub>600</sub>) of 0.5] for all experiments.

Escherichia coli CVCC1450 (serotype O111:K58) was purchased from the China Institute of Veterinary Drug Center (Beijing, China) and grown in Luria–Bertani (LB) broth (Oxoid). After overnight incubation at 37°C with vigorous shaking, bacteria were diluted 1:100 in fresh LB and grown for approximately 3 h until reaching mid-log phase (OD<sub>600</sub> of 0.5).

#### Adhesion Assay

Wild-type (WT) and  $ASC^{-/-}$  MAC-T cells (3 × 10<sup>5</sup> cells/well) were seeded onto a six-well transwell collagencoated polytetrafluoroethylene (PTFE) filter. Confluent cell monolayers were pretreated with L. rhamnosus GR-1 (3  $\times$  10<sup>7</sup> CFU) for 3 h, and then were washed three times with PBS and exposed to E. coli (3  $\times$  10<sup>7</sup> CFU). At 1.5, 3, and 6 h after E. coli challenge, the cell monolayers were washed four times with PBS to remove non-adherent bacteria and treated with 0.05% trypsin for 10 min at 37°C. Cells were harvested by centrifugation for 10 min at 4000 g and lysed using 100 µl of 0.2% Triton X-100 (Sigma-Aldrich) in sterile water. The populations of E. coli and L. rhamnosus GR-1 were determined on LB and MRS agar plates, respectively. The adhesion rate of E. coli was defined as the adhered E. coli population on the cells pretreated with L. rhamnosus GR-1 relative to the adhered E. coli population in the adhesion assay of E. coli infection alone.

#### **Immunofluorescence**

Confluent monolayers of WT and  $ASC^{-/-}$  MAC-T cells (6  $\times$  10<sup>4</sup> cells/well) grown on glass coverslips in a 24-well flat-bottom culture plate were treated under four different conditions, as follows: (i) medium alone (CONT); (ii) *E. coli* alone (6  $\times$  10<sup>6</sup> CFU) at a multiplicity of infection (MOI) of 100:1 (ECOL); (iii) incubation with *L. rhamnosus* GR-1 (6  $\times$  10<sup>6</sup> CFU) at a MOI of 100:1 for 3 h (LRGR); or (iv) pre-incubation with *L. rhamnosus* GR-1 (6  $\times$  10<sup>6</sup> CFU) for 3 h prior to addition of *E. coli* (LRGR + ECOL). At 6 h after *E. coli* infection, the cells were washed, fixed with 4% paraformaldehyde for 15 min on ice, permeabilized with 0.2%

(v/v) Triton X-100 (Sigma-Aldrich), and blocked with 1% bovine serum albumin. Subsequently, the following primary monoclonal antibodies were used: mouse anti-cytokeratin-18 (Ab668, 1:200 dilution; Abcam), rabbit anti-ASC (10500-1-AP, 1:500 dilution; Proteintech Group, Chicago, IL, United States), and mouse anti-caspase-1 (22915-1-AP, 1:500 dilution; Proteintech Group). The cells were incubated with the primary antibody for 45 min at 4°C, followed by incubation with goat anti-rabbit Cy-3 (AP307F, 1:200 dilution; Sigma-Aldrich) or FITC-conjugated IgG (F-0382, 1:40 dilution; Sigma-Aldrich) as the secondary antibody. Cell nuclei were stained with DAPI. The coverslips and slides were visualized and photographed under an FV1000 confocal laser scanning biological microscope (Olympus).

#### **Western Blotting**

WT and  $ASC^{-/-}$  MAC-T cells (6 × 10<sup>4</sup> cells/well) were seeded onto a six-well transwell collagen-coated PTFE filter and treated with E. coli or L. rhamnosus GR-1 at a MOI of 100:1, as described above. Cells were also simultaneously treated with lactate at a concentration of 0.6 g/L (equivalent to 7 mM) and E. coli at a MOI of 100:1. At 1.5, 3, and 6 h after E. coli infection, cells were extracted using Radio-Immunoprecipitation Assay buffer (Sigma-Aldrich), as previously described (Wu et al., 2016). The primary antibodies were as follows: rabbit anti-NLRP3 (19771-1-AP, 1:200 dilution; Proteintech Group), rabbit anti-NLRC4 (12421, 1:1,000 dilution; Cell Signaling Technologies Inc., Danvers, MA, United States), mouse anti-caspase-1 (sc56036) (14F468, 1:500 dilution; Santa Cruz Biotechnology, Dallas, TX, United States), rabbit anti-cleaved caspase-4 (Gln81) (GTX86890, 1:250 dilution; GeneTex, Inc., San Antonio, TX, United States), and mouse anti-glyceraldehyde-3-phosphate dehydrogenase (GAPDH, 60004-1-Ig, 1:500 dilution; Proteintech Group). Horseradish peroxidaseconjugated AffiniPure goat anti-mouse IgG (SA00001-1, 1:5,000 dilution; Proteintech Group) or goat anti-rabbit IgG (SA00001-2, 1:5,000 dilution; Proteintech Group) were used as secondary antibodies. The detection of NLRP3 and caspase-1 proteins was performed in the same gel. After NLRP3 and caspase-1 proteins were visualized, blots were then stripped using Restore Western Blot Stripping Buffer (Solarbio, Beijing, China), and re-probed with the desired antibodies for GAPDH. The OD of each band was quantified by densitometric analysis using Quantity One software (Bio-Rad Laboratories, Richmond, CA, United States). Results are presented as the ratio of the NLRP3, NLRC4, caspase p10 subunit or cleaved caspase-4 band intensity to the GAPDH band intensity.

#### Lactate Dehydrogenase (LDH) Assay

The death of WT or  $ASC^{-/-}$  MAC-T cells under the different conditions was assessed using the CytoTox 96 Non-Radioactive Cytotoxicity Assay (Promega, Madison, WI, United States) according to the manufacturer's instructions. The assay measures the release of LDH into the supernatant, calculated as the percentage of total LDH content as determined from cell lysates (100%). LDH released by uninfected cells

was used as a maximum-lysis control. The percentage of LDH released was calculated using the following equation: [(LDH infected–LDH uninfected)/(LDH total lysis–LDH uninfected)]  $\times$  100.

## Enzyme-Linked Immunosorbent Assay (ELISA)

The concentrations of IL-1 $\beta$  and IL-18 in cell-free supernatants of WT or  $ASC^{-/-}$  cells were determined at 1.5, 3, and 6 h after *E. coli* infection using commercially available ELISA kits specific for bovine IL-1 $\beta$  (DG90995Q) and bovine IL-18 (DG91524Q; Beijing Dongge Biotechnology Co., Beijing, China).

#### **Quantification of Lactate Content**

Cell culture supernatants were collected. Lactate content in the supernatants were quantified using the enzymatic kit K-DLATE (Megazyme, Bray, Ireland) that allows the measurement of both D-lactate and L-lactate.

#### Statistical Analysis

Statistical analysis was performed using the SAS statistical software package, version 9.1 (SAS Institute Inc., Cary, NC, United States). With regard to small sample sizes, normal distribution and homogeneity of variance were assumed using the UNIVARIATE (Shapiro-Wilk test) and HOVTEST procedures. Natural logarithm transformation was performed prior to analysis for IL-1β and IL-18 data to yield a normal distribution. Statistical significance of differences was tested using ANOVA procedures, following Tukey's honestly significant difference post hoc test. Data of adhesion assay were compared by an unpaired two-tailed Student's t-test. Data were visualized using GraphPad Prism5 software (GraphPad Software Inc., San Diego, CA, United States). Data from adhesion assay are presented as the mean  $\pm$  standard deviation (SD) and data from Western blotting, LDH, ELISA and lactate quantification assays are presented as the mean  $\pm$  standard error of the mean (SEM). Results are representative of three independent experiments, each performed in triplicate. P-values: \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.001.

#### **RESULTS**

## CRISPR/Cas9 Mediates Knockout of ASC in MAC-T Cells

To demonstrate the role of ASC in *L. rhamnosus* GR-1 modulation of inflammasome activation during *E. coli* infection, we attempted knockout of the *ASC* gene in MAC-T cells using the CRISPR/Cas9 system. Upon immunocytochemistry analysis, MAC-T cells showed intense positive staining for epithelial cell-specific cytokeratin-18 in the cytoplasmic meshwork of cytokeratin fibrils (**Supplementary Figure S1**). Compared with program W-001, after electroporation with program T-020, MAC-T cells exhibited higher transfection efficiency (**Figure 1A**). Thus, the *ASC* gene knockout experiment was subsequently performed in MAC-T cells using program

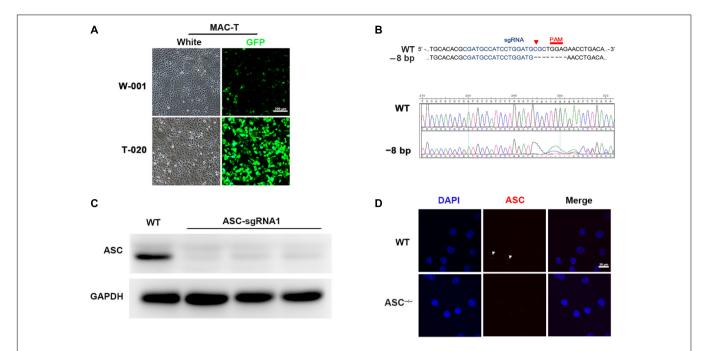
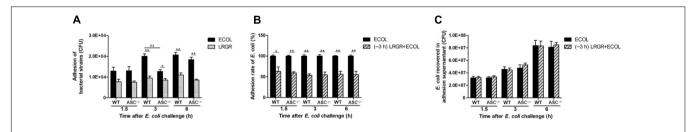


FIGURE 1 | CRISPR/Cas9 system-mediated knockout of the *ASC* gene in MAC-T cells. (A) To determine transfection efficiency, MAC-T cells were electroporated with pmaxGFP encoding green fluorescent protein using the programs W-001 and T-020, respectively. (B) Schematic illustrating Cas9 inactivation of the bovine *ASC* locus. The 20-bp guide RNA target sequence is shown in blue, and the protospacer-adjacent motif (PAM) is shown in red. An 8-bp deletion was detected (Upper). Representative Sanger sequencing results of target regions of *ASC* (frameshift indels; Lower). (C) Analysis of ASC protein in WT and *ASC*<sup>-/-</sup> cells transfected with Cas-9 and ASC guide RNA expression vector by Western blotting. (D) Immunofluorescence staining of ASC (red) in WT and *ASC*<sup>-/-</sup> cells at 6 h after *Escherichia coli* challenge. DAPI was used for nuclear staining (blue). Representative confocal immunofluorescence images show staining of ASC. Scale bar, 20 μm. Data are representative of three independent experiments.



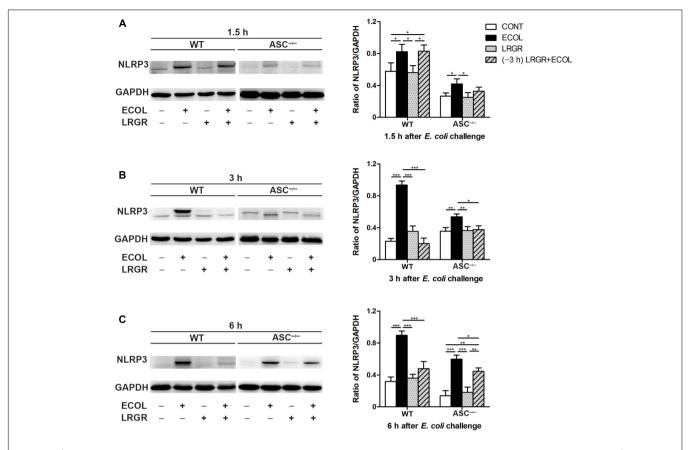
**FIGURE 2** | Pre-incubation with *Lactobacillus rhamnosus* GR-1 reduced the adhesion of *E. coli* to MAC-T cell monolayers. An adhesion assay was performed. Cells and supernatants were collected. The number of adherent *E. coli* and *L. rhamnosus* GR-1 was determined **(A)**. The adhesion rate of *E. coli* was defined as the adhered *E. coli* population on the cells pretreated with *L. rhamnosus* GR-1 relative to the adhered *E. coli* population in the adhesion assay of *E. coli* infection alone **(B)**. The number of *E. coli* recovered was determined in adhesion assay supernatants **(C)**. Data are presented as the mean  $\pm$  SD of three independent experiments. Asterisks indicate the significances among different treatments in the same cell type. Pound signs indicate the significance among WT and  $ASC^{-/-}$  MAC-T cells infected with *E. coli* alone at 3 h. \*P < 0.05, \*P < 0.01, \*P < 0.01

T-020. Among the three designed sgRNA sequences, the specific 20-nucleotide sgRNA1 sequence targeted the exon 1 regions of the *ASC* gene and directed Cas9 nuclease to precisely introduce a DNA double-strand break in front of a protospacer adjacent motif (PAM). After cloning and sequencing of the DNA fragment, an 8-bp deletion was observed (**Figure 1B**). Western blot analysis did not show expression of ASC protein in sgRNA1 sequence-targeted MAC-T cells (**Figure 1C**). Furthermore, *E. coli* infection triggered assembly of ASC specks in WT cells, whereas pre-incubation with *L. rhamnosus* GR-1 attenuated *E. coli*-induced ASC speck assembly. No ASC specks were observed in *ASC*<sup>-/-</sup> cells,

regardless of *E. coli* infection (**Figure 1D**). These results demonstrated that knockout of the *ASC* gene in MAC-T cells was successful.

## Pre-incubation With *L. rhamnosus* GR-1 Reduces the Adhesion of *E. coli* to MAC-T Cell Monolayers

Escherichia coli or L. rhamnosus GR-1 exhibited similar adhesion capacity in WT and  $ASC^{-/-}$  MAC-T cells. The number of adherent E. coli was about 1.29  $\times$  10<sup>4</sup>  $\pm$  0.67  $\times$  10<sup>2</sup> CFU (means  $\pm$  standard deviation) at 1.5 h after E. coli infection,



**FIGURE 3** | Pre-incubation with *L. rhamnosus* GR-1 attenuated *E. coli*-induced NLRP3 expression. Western blot detection of NLRP3 in WT and  $ASC^{-/-}$  cells collected from the indicated cell cultures at 1.5 h **(A)**, 3 h **(B)**, and 6 h **(C)** after *E. coli* challenge. Representative panels showing expression of NLRP3 protein (Left). Results are presented as the ratio of NLRP3 band intensity to that of GAPDH (Right). Data are presented as the mean  $\pm$  SEM of three independent experiments. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001.

and increased to  $1.95 \times 10^4 \pm 1.17 \times 10^3$  CFU at 6 h. At 3 h after *E. coli* challenge, the number of adherent *E. coli* in  $ASC^{-/-}$  cells was lower (P=0.007) than in WT MAC-T cells (**Figure 2A**). *L. rhamnosus* GR-1 had a lower adhesion capacity and the number of adherent *L. rhamnosus* GR-1 was about  $8.75 \times 10^3 \pm 1.56 \times 10^3$  CFU, regardless of infection time. Preincubation with *L. rhamnosus* GR-1 resulted in a reduction in the *E. coli* adhesion rate to 57% of that observed in MAC-T cells infected with *E. coli* alone (**Figure 2B**). No differences were observed in the number of *E. coli* recovered from the supernatant fraction among two groups (**Figure 2C**).

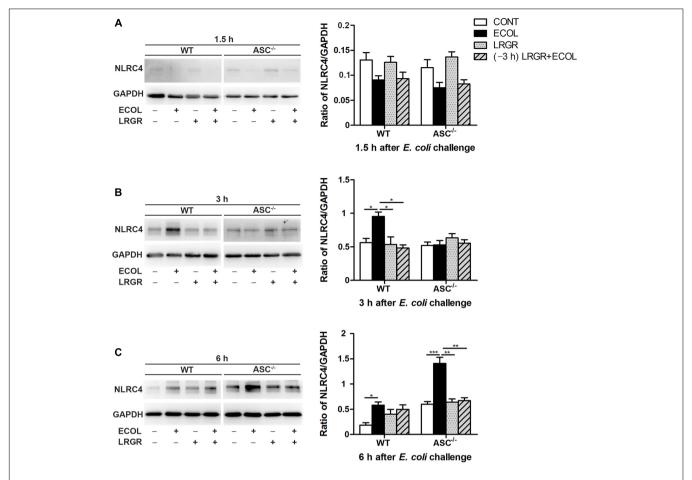
#### Pre-incubation With *L. rhamnosus* GR-1 Attenuates *E. coli*-Induced NLRP3 Expression and Increases Lactate Content in the Supernatants

Compared with untreated control WT cells, Western blot analysis showed an increase in NLRP3 protein expression at 1.5, 3, and 6 h after *E. coli* challenge in cells only infected with *E. coli*, but not in cells incubated with *L. rhamnosus* GR-1 alone (P = 0.046, P < 0.001, and P < 0.001, respectively; **Figures 3A–C**). In contrast, WT cells pre-incubated with *L. rhamnosus* GR-1 had

a lower expression of NLRP3 protein than did WT cells only infected with E. coli at 3 and 6 h (P < 0.001 for both).

Compared with WT cells,  $ASC^{-/-}$  MAC-T cells exhibited a similar differential response to *E. coli* challenge and *L. rhamnosus* GR-1 incubation. Compared with untreated control  $ASC^{-/-}$  cells, at 1.5, 3, and 6 h after *E. coli* challenge, NLRP3 protein expression was elevated in  $ASC^{-/-}$  cells only infected with *E. coli* ( $P=0.036, P=0.005, \text{ and } P<0.001, \text{ respectively; Figures 3A-C}) but not in <math>ASC^{-/-}$  cells pre-incubated with *L. rhamnosus* GR-1.

The lactate content (D-lactate plus L-lactate) in the supernatants was quantified. Compared with untreated control cells, the lactate content was increased in the supernatants from both WT and  $ASC^{-/-}$  cells incubated with L. rhamnosus GR-1 alone or pre-incubated with L. rhamnosus GR-1, but not the cells only infected with E. coli at 1.5, 3, and 6 h after infection, regardless of ASC knockout (P < 0.05; Supplementary Figure S2A). Western blot analysis showed that compared with untreated control cells, at 6 h after E. coli challenge, NLRP3 protein expression was elevated in WT or  $ASC^{-/-}$  cells infected with E. coli, but not in cells only treated with lactate alone (P < 0.05; Supplementary Figure S2B). Lactate addition did not attenuate E. coli-induced increase in NLRP3 protein expression in either WT or  $ASC^{-/-}$  cells.



**FIGURE 4** | Western blot detection of NLRC4 protein. Representative panels showing expression of NLRP4 protein in WT and  $ASC^{-/-}$  cells collected from the indicated cultures at 1.5 h (**A**), 3 h (**B**), and 6 h (**C**) after *E. coli* challenge (Left). Results are presented as the ratio of NLRC4 band intensity to that of GAPDH (Right). Data are presented as the mean  $\pm$  SEM of three independent experiments. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001.

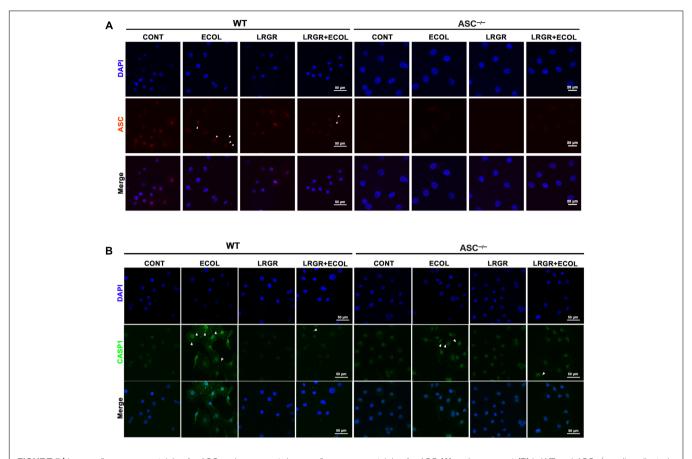
## Effect of *L. rhamnosus* GR-1 on NLRC4 Activation During *E. coli* Infection

Compared with untreated control cells, expression of NLRC4 protein was elevated at 3 h after *E. coli* infection in WT cells only infected with *E. coli* (P=0.027; **Figure 4B**) but not in WT cells incubated with *L. rhamnosus* GR-1 alone or pre-incubated with *L. rhamnosus* GR-1. Compared with WT cells only infected with *E. coli*, expression of NLRC4 protein at 3 h was decreased in WT cells incubated with *L. rhamnosus* GR-1 alone and pre-incubated with *L. rhamnosus* GR-1 (P=0.019 and P=0.001, respectively). No differences were observed at 3 h in  $ASC^{-/-}$  cells, regardless of treatment.

Compared with untreated control cells, *E. coli* challenge led to increased expression of NLRC4 protein at 6 h after *E. coli* challenge in WT cells (P=0.019) and  $ASC^{-/-}$  cells (P<0.001; **Figure 4C**). Expression of NLRC4 protein was lower in  $ASC^{-/-}$  cells incubated with *L. rhamnosus* GR-1 alone and pre-incubated with *L. rhamnosus* GR-1 (P=0.001 for both) than in  $ASC^{-/-}$  cells only infected with *E. coli*. No changes were observed at 1.5 h after *E. coli* infection in WT cells or  $ASC^{-/-}$  cells, regardless of treatment (**Figure 4A**).

#### Pre-incubation With *L. rhamnosus* GR-1 Attenuates *E. coli*-Induced Caspase-1 Maturation

Immunofluorescence staining showed that compared with untreated control cells, E. coli challenge triggered assembly of ASC specks in WT cells at 6 h after E. coli challenge, and this was attenuated in WT cells pre-incubated with L. rhamnosus GR-1 (Figure 5A). No ASC specks were observed in ASC<sup>-/-</sup> cells, regardless of treatment. Compared with untreated control cells, bright foci indicative of increased caspase-1 expression was observed in WT cells only infected with E. coli at 6 h after challenge; this increase was attenuated by incubation with L. rhamnosus GR-1 (Figure 5B). Compared with WT cells, ASC deletion attenuated, but did not abolish, caspase-1 staining in response to E. coli infection and preincubation with L. rhamnosus GR-1. A punctate staining pattern for caspase-1 was observed in  $ASC^{-/-}$  cells only infected with E. coli, and pre-incubation with L. rhamnosus GR-1 inhibited the *E. coli*-induced punctate caspase-1 staining pattern. Compared with untreated control cells, incubation with L. rhamnosus GR-1 only did not result in



**FIGURE 5** | Immunofluorescence staining for ASC and caspase-1. Immunofluorescence staining for ASC (**A**) and caspase-1 (**B**) in WT and  $ASC^{-/-}$  cells collected from the indicated cell cultures at 6 h after *E. coli* challenge. Cells were immunostained for ASC (red) and caspase-1 (green). DAPI (blue) was used to localize nuclei. Arrows mark specks. Scale bars, immunofluorescence staining for ASC in WT cells and for caspase-1 in WT and  $ASC^{-/-}$  cells: 50  $\mu$ m, and immunofluorescence staining for ASC in  $ASC^{-/-}$  cells: 20  $\mu$ m. Data are representative of three independent experiments.

increase in caspase-1 activation either in WT or  $ASC^{-/-}$  cells (**Figure 5B**).

Compared with untreated control cells, increased maturation of procaspase-1 into its catalytic 10-kDa subunit was observed at 6 h after *E. coli* challenge in WT and  $ASC^{-/-}$  cells only infected with *E. coli* (P < 0.001 for both; **Figure 6C**). However, maturation of caspase-1 declined in WT and  $ASC^{-/-}$  cells pre-incubated with *L. rhamnosus* GR-1 (P = 0.014 and P = 0.006, respectively) or incubated with *L. rhamnosus* GR-1 alone (P < 0.001 for both), compared with WT cells infected with *E. coli* only. No differences were observed in caspase-1 maturation at 1.5 and 3 h after *E. coli* infection in WT cells or  $ASC^{-/-}$  cells, regardless of treatment (**Figures 6A,B**).

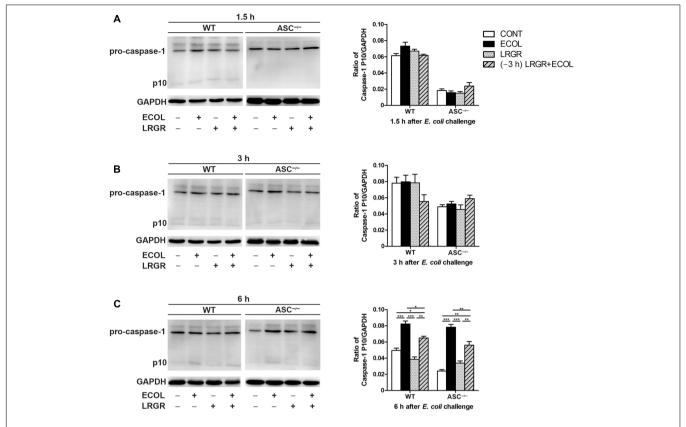
## Pre-incubation With *L. rhamnosus* GR-1 Attenuates *E. coli*-Induced Caspase-4 Activation

At 3 h after *E. coli* infection, expression of cleaved caspase-4 (26 kDa) in WT and  $ASC^{-/-}$  cells pre-incubated with *L. rhamnosus* GR-1 was lower than in untreated control cells and cells only infected with *E. coli* (**Figure 7B**). Infection with *E. coli* resulted in increased expression of cleaved caspase-4 in WT and

 $ASC^{-/-}$  cells (P=0.001 and P=0.004, respectively; **Figure 7C**) at 6 h. However, expression of caspase-4 decreased in WT and  $ASC^{-/-}$  cells pre-incubated with *L. rhamnosus* GR-1, compared with cells only infected with *E. coli* (P<0.001 and P=0.001, respectively). No differences were observed in the expression of cleaved caspase-4 at 1.5 h after *E. coli* infection in WT or  $ASC^{-/-}$  cells, regardless of treatment (**Figure 7A**).

## Pre-incubation With *L. rhamnosus* GR-1 Attenuates *E. coli*-Induced Production of IL-1ß and IL-18 and Cell Pyroptosis

Compared with untreated control cells, IL-1 $\beta$  production was increased at 3 and 6 h after *E. coli* infection in WT cells only infected with *E. coli* (P < 0.001 for both; **Figure 8A**). IL-1 $\beta$  production was lower at 3 and 6 h both in WT cells incubated with *L. rhamnosus* GR-1 alone (P = 0.002 and P = 0.004, respectively) and cells pre-incubated with *L. rhamnosus* GR-1 (P = 0.013 and P = 0.011, respectively) than in WT cells only infected with *E. coli*. Compared with WT cells, *ASC* deletion led to a decrease in production of IL-1 $\beta$  in  $ASC^{-/-}$  cells in response to different treatments. Challenge with *E. coli* resulted in elevated production of IL-1 $\beta$  at 1.5, 3, and 6 h after *E. coli* 



**FIGURE 6** | Pre-incubation with *L. rhamnosus* GR-1 attenuated *E. coli*-induced activation of caspase-1. Western blot detection of caspase-1 in WT and  $ASC^{-/-}$  cells collected from the indicated cell cultures at 1.5 h **(A)**, 3 h **(B)**, and 6 h **(C)** after *E. coli* challenge. Representative panels showing expression of caspase-1 (Left). Results are presented as the ratio of caspase-1 p10 subunit band intensity to that of GAPDH (Right). The detection of NLRP3 and caspase-1 proteins was performed in the same gel. Caspase-1 blots shared the same GAPDH blots with NLRP3 protein. Data are presented as the mean  $\pm$  SEM of three independent experiments. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.01, \*\*\*P < 0.001.

infection in  $ASC^{-/-}$  cells only infected with  $E.\ coli\ (P=0.009,\ P=0.021,\ and\ P=0.001,\ respectively;$ **Figure 8A** $) compared with untreated control cells; however, the <math>E.\ coli$ -induced increase in IL-1 $\beta$  production was attenuated at 3 and 6 h by incubation with  $E.\ rhamnosus\ GR-1$  alone  $(P=0.014\ and\ P=0.007,\ respectively)$  and pre-incubation with  $E.\ rhamnosus\ GR-1\ (P=0.009)$  and  $E.\ rhamnosus\ GR-1\ (P=0.009)$  and

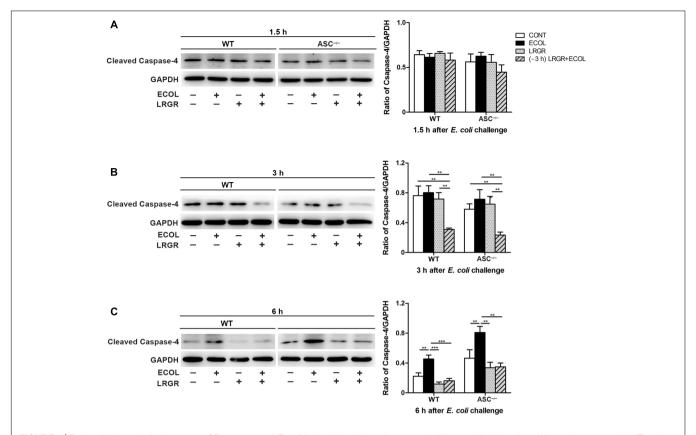
IL-18 exhibited similar differential production as IL-1β. Compared with untreated control cells, production of IL-18 was increased at 3 and 6 h after *E. coli* challenge both in WT (P=0.001 for both) and  $ASC^{-/-}$  (P<0.001 for both) cells only infected with *E. coli* (**Figure 8A**). However, incubation with *L. rhamnosus* GR-1 alone and pre-incubation with *L. rhamnosus* GR-1 attenuated the *E. coli*-induced elevation in the concentration of IL-18 at 3 and 6 h after *E. coli* challenge both in WT and  $ASC^{-/-}$  cells. Compared with untreated control  $ASC^{-/-}$  cells, the concentration of IL-18 was elevated at 3 and 6 h in  $ASC^{-/-}$  cells pre-incubated with *L. rhamnosus* GR-1 (P=0.008 and P=0.002, respectively).

Cell pyroptosis was quantified by monitoring the release of LDH into the supernatants after *E. coli* challenge. Compared with untreated control cells, the percentage of pyroptotic cells at 3 and 6 h was increased in WT cells only infected with

*E. coli* (P < 0.001 for both; **Figure 8B**) but not in WT cells incubated with *L. rhamnosus* GR-1 alone and pre-incubated with *L. rhamnosus* GR-1. Compared with WT cells, *ASC* deletion let to a similarly differential but attenuated cell pyroptosis. Compared with untreated control cells, the percentage of pyroptotic cells was increased at 3 and 6 h in  $ASC^{-/-}$  cells only infected with *E. coli* (P = 0.020 and P < 0.001, respectively), whereas incubation with *L. rhamnosus* GR-1 alone and pre-incubation with *L. rhamnosus* GR-1 ameliorated the *E. coli*-induced increase in pyroptotic cell death at 6 h (P < 0.001 and P = 0.002, respectively). No changes were observed in WT and  $ASC^{-/-}$  cells, regardless of treatment.

#### **DISCUSSION**

Bacterial adhesion to host epithelial cells is an essential step in the initiation of infection. *Lactobacillus* can reduce pathogen adhesion to epithelial cells and exert direct antimicrobial activity due to accumulation of antimicrobial substances (Gudina et al., 2015). We found that *L. rhamnosus* GR-1 did not directly kill *E. coli*, but did decrease the level of *E. coli* adhesion to 57% of that observed in MAC-T cells infected with



**FIGURE 7** | Pre-incubation with *L. rhamnosus* GR-1 attenuated *E. coli*-induced activation of caspase-4. Western blot detection of cleaved caspase-4 in WT and  $ASC^{-/-}$  cells collected from the indicated cell cultures at 1.5 h **(A)**, 3 h **(B)**, and 6 h **(C)** after *E. coli* challenge. Representative panels showing expression of cleaved caspase-4 (Left). Results are presented as the ratio of cleaved caspase-4 band intensity to that of GAPDH (Right). Data are presented as the mean  $\pm$  SEM of three independent experiments. \*\*P < 0.01, \*\*\*P < 0.001.

*E. coli* alone. We previously revealed that live and ultravioletirradiated *L. rhamnosus* GR-1 rather than culture supernatant of *L. rhamnosus* GR-1 and medium acidified with lactate lead to a decrease in the *E. coli* adhesion rate in bovine mammary epithelial cells (Wu et al., 2016). The reduced *E. coli* adhesion level mediated by *L. rhamnosus* GR-1 may be attributed to steric hindrance due to competition for attachment sites (Ardita et al., 2014; Tytgat et al., 2016).

NLRP3 is activated by a wide variety of stimuli, including pore-forming toxins, extracellular adenosine triphosphate, RNA-DNA hybrid molecules, and pathogens (Jo et al., 2016). We found that E. coli infection also increased the expression of NLRP3 protein from 1.5 to 6 h, but L. rhamnosus GR-1 pretreatment inhibited this increase. NLRP3 must be primed before activation. Escherichia coli LPS binds to TLR4 to induce expression of NLRP3 protein via NF-κB signaling. Bacterial mRNA from viable E. coli cells that have been phagocytosed enters the cytosolic compartment, resulting in assembly of the NLRP3 inflammasome (Sander et al., 2011). Intake of L. plantarum CECT 7315/7316 downregulates expression of Nlrp3 in the ileum of rats (Vilahur et al., 2015). However, the NLRP3 inflammasome is also activated by L. rhamnosus GG and LC705 originating from dairy sources (Miettinen et al., 2012).

In a mouse immune hepatitis model, lactate treatment was shown to attenuate hepatic and pancreatic injury by negatively regulating TLR4-mediated activation of the NLRP3 inflammasome and production of IL-1β through arrestin β2 and G-protein-coupled receptor 81 (Hoque et al., 2014). In the present study, there was a higher lactate content in the supernatants of cells incubated with L. rhamnosus GR-1. However, additional lactate treatment did not attenuate the E. coli-induced increase in expression of NLRP3. This indicates that the elevated lactate content in the supernatant is a secondary effect of L. rhamnosus GR-1 treatment and cannot account for attenuation of E. coli-induced activation of NLRP3. Previously, we have shown that L. rhamnosus GR-1 attenuates E. coli-induced TLR4 expression in bovine mammary epithelial cells (Wu et al., 2016). This may contribute to attenuating the priming step and subsequent activation of NLRP3 through TLR4-mediated NFкВ signaling (Bauernfeind et al., 2009). The mitogen-activated protein kinase (MAPK) subfamilies, c-Jun N-terminal kinase (JNK) and extracellular regulated protein kinase (ERK) are essential for NLRP3 inflammasome activation and addition of JNK1/2 inhibitor SP600125 or upstream MAPK/ERK kinase inhibitor PD98059 of ERK inhibits the LPS-induced increase in NLRP3 protein expression (Liao et al., 2013). Culture medium of L. rhamnosus GR-1 inhibits LPS-induced JNK

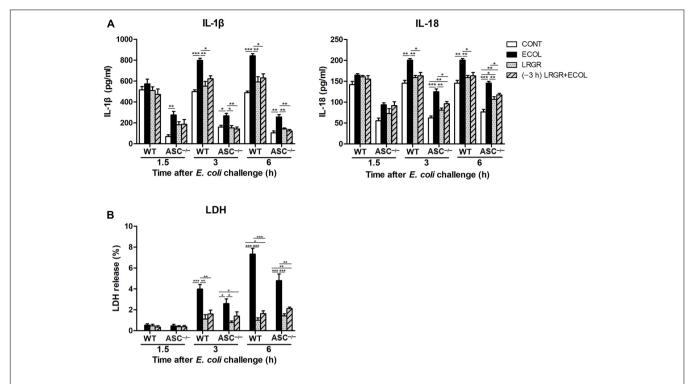


FIGURE 8 | Pre-incubation with *L. rhamnosus* GR-1 attenuated *E. coli*-induced production of IL-1β and IL-18 and cell pyroptosis. Secretion of IL-1β and IL-18 (A) into the indicated cell culture supernatants at 1.5, 3, and 6 h after *E. coli* challenge as determined by ELISA. Cell pyroptosis was determined by measurement of LDH release (B). Data are presented as the mean ± SEM of three independent experiments. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001.

activation in macrophages or monocytic THP-1 cells (Kim et al., 2006). Histamine derived from *Lactobacillus reuteri* 6475 inhibits activation of ERK in THP-1 cells (Thomas et al., 2012). It is possible that *L. rhamnosus* GR-1 attenuates *E. coli* induced NLRP3 activation through reducing the adhesion of *E. coli* to MAC-T cells and subsequently negatively regulating the functional synergy between NF-κB and JNK/ERK MAPK pathways mediated by some uncertain soluble factors. Further studies are required to determine active components derived from *L. rhamnosus* GR-1 and elucidate possible mechanisms underlying the antagonistic effects of *L. rhamnosus* GR-1 on NLRP3 activation during *E. coli* infection.

NLRP3 contains only a PYD, which engages the PYD of ASC, leaving the CARD of ASC to interact with the CARD-containing region of pro-caspase-1. Caspase-1 is thought to be activated by a proximity-induced dimerization and autoproteolytic process in the NLRP3/ASC complex platform (Shi, 2004). Active caspase-1 cleaves pro-IL-lβ and pro-IL-18 into mature IL-lß and IL-18, which are essential for coordination of immune responses to pathogen infection through allograft neutrophil sequestration, mononuclear phagocyte recruitment, and T-cell activation (Samuel Weigt et al., 2017). In the present study, L. rhamnosus GR-1 attenuated E. coli-induced caspase-1 autoproteolysis and elevated production of mature IL-lβ and IL-18 at 6 h after challenge. Another study also showed that the NLRP3 inflammasome pathway plays a critical role in the host immune response to pathogen infection (Dikshit et al., 2018). However, inappropriate activation of the NLRP3

inflammasome is linked not only to local inflammation but also several autoimmune inflammatory disorders in humans (Seo et al., 2015). Indeed, activation of the NLRP3 inflammasome amplifies inflammation and promotes pathogen infection via a process involving triggering of T helper 2-biased adaptive immune responses (Gurung et al., 2015) or secretion of secondary danger-associated molecular pattern molecules (Bui et al., 2016). Our data suggest that *L. rhamnosus* GR-1 prevents *E. coli*-induced inflammation by suppressing activation of ASC-dependent NLRP3 inflammasomes.

In mice, non-canonical caspase-11 was identified as a key regulator of NLRP3 inflammasome-associated caspase-1 activation in response to E. coli infection. Caspase-11 is activated via NLRP3-independent mechanisms, but it is essential for NLRP3-dependent and ASC-dependent caspase-1 processing and IL-1β maturation in response to E. coli infection (Kayagaki et al., 2011). In addition, binding of LPS to human caspase-4 or murine caspase-11 via the CARD directly induces cell pyroptosis, independently of NLRP3 and ASC (Shi et al., 2014). A recent study revealed that outer-membrane-vesicle-mediated cytoplasmic delivery of extracellular E. coli LPS activates murine caspase-11 to induce pyroptosis and IL-1β maturation (Vanaja et al., 2016). Bovine caspase-4 is a homolog of human caspase-4 and mouse caspase-11 and plays a role in the processing of IL-1β and IL-18 precursors (Koenig et al., 2001; Martinon and Tschopp, 2004). In the present study, caspase-4 was activated by E. coli at 6 h; however, L. rhamnosus GR-1 pretreatment attenuated this activation.

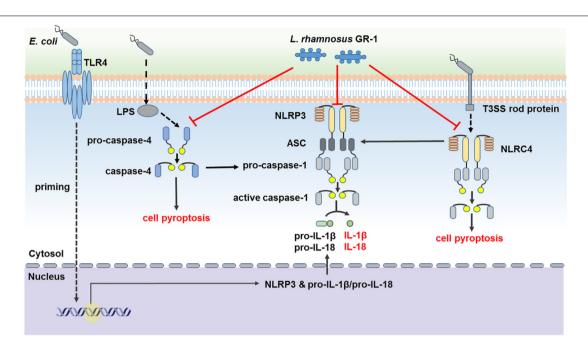


FIGURE 9 | Lactobacillus rhamnosus GR-1 attenuated activation of ASC-dependent and ASC-independent inflammasomes during *E. coli* infection. *L. rhamnosus* GR-1 ameliorates *E. coli*-induced inflammatory damage via attenuation of both ASC-dependent and ASC-independent inflammasome activation in MAC-T cells. *L. rhamnosus* GR-1 inhibits activation of ASC-dependent NLRP3 and NLRC4 inflammasomes and production of the downstream proinflammatory cytokines IL-Iβ and IL-18 during *E. coli* infection. *L. rhamnosus* GR-1 suppresses *E. coli*-induced cell pyroptosis, in part through attenuation of NLRC4 inflammasome activation, independently of ASC. In addition, *L. rhamnosus* GR-1 inhibits non-canonical caspase-4 activation, which subsequently synergizes with the NLRP3 inflammasome to attenuate caspase-1 activation and potentially inhibit caspase-1-independent cell pyroptosis and IL-Iβ and IL-18 production. Full lines represent the results of the present study, and dashed lines represent the conclusions drawn in other studies.

Interestingly, there was a lower number of adherent E. coli in  $ASC^{-/-}$  MAC-T cells at 3 h after E. coli challenge compared with WT MAC-T cells. It must be noted that ASC deficiency reduced, but did not abolish, caspase-1 processing, IL-1β and IL-18 maturation, and cell pyroptosis during E. coli infection. Decreased E. coli adhesion may delay the expression of NLRC4 receptor and the downstream activation of caspase-1, maturation of proinflammatory cytokines and cell pyroptosis in ASC<sup>-/-</sup> MAC-T cells. Caspase-1 activation by E. coli requires NLRP3 and ASC, but caspase-11 processing and cell pyroptosis do not (Kayagaki et al., 2011). A previous study reported weaker oligomerization of both ASC and caspase-1 in macrophages infected with E. coli compared with the canonical NLRP3 inflammasome activator nigericin, but with comparable production of IL-1 $\beta$  (Rathinam et al., 2012). Caspase-11 interacts with caspase-1 in infected cells, forming a heterodimeric complex (Kayagaki et al., 2011). These data suggest that caspase-4/-11 amplify caspase-1 activation independently of ASC by enabling caspase-1 autoprocessing through heterodimerization. Indeed, in the present study, caspase-4 activation was enhanced in ASC<sup>-/-</sup> cells compared with WT cells, which could have compensated for the loss of caspase-1 activation due to ASC-dependent NLRP3 inflammasome activation. Our findings indicate that E. coli infection activates caspase-4, subsequently resulting in cell pyroptosis and maturation of IL-1β and IL-18 via an NLRP3 inflammasome-dependent and ASC-independent pathway. Lactobacillus rhamnosus GR-1

suppresses ASC-dependent NLRP3 inflammasome activation and ASC-independent caspase-1 processing by inhibiting caspase-4 activation, thereby attenuating cell pyroptosis and cytokine production and thus preventing establishment of *E. coli* infection.

In contrast to NLRP3 activation in response to diverse stimuli, upon E. coli infection, NLRC4 responds to bacterial rod protein of the T3SS apparatus and flagellin (Zhao et al., 2011). We found that L. rhamnosus GR-1 inhibited E. coliinduced NLRC4 expression, as was also observed in ASC<sup>-/-</sup> cells. NLRC4 contains a CARD motif through which it directly interacts with caspase-1 to induce pyroptosis, independently of ASC. This NLRC4-dependent/ASC-independent cell death pathway proceeds in the absence of caspase-1 autoproteolysis. Interestingly, we observed weaker staining for caspase-1 in  $ASC^{-/-}$  cells. Caspase-1 autoproteolysis is often used as an indicator of caspase-1 activation. However, it was also reported that uncleaved caspase-1 is enzymatically active in  $ASC^{-/-}$ cells and can induce pyroptosis. In contrast to the formation of a single large ASC/caspase-1 focus for efficient IL-l\beta and IL-18 processing, pro-caspase-1 could be recruited to NLRC4, with which it forms a smaller complex that induces pyroptosis (Broz et al., 2010b). Although NLRC4 contains a CARD, ASC amplifies NLRC4 inflammasome activity because ASC is essential for NLRC4-induced caspase-1 autoprocessing and maturation of IL-lß and IL-18 (Brubaker et al., 2015). Our data suggest that L. rhamnosus GR-1 inhibits E. coli-induced cell pyroptosis via suppression of ASC-independent NLRC4 inflammasome activation. During *E. coli* infection in the present study, *L. rhamnosus* GR-1 decreased the secretion of IL- $\beta$  and IL-18, in part due to suppression of ASC-dependent NLRC4 inflammasome activation.

This MAC-T cell model of E. coli and L. rhamnosus GR-1 co-incubation presents an in vitro framework for assessing bovine mammary immune response to pathogen infection, and evaluating the efficiency of Lactobacillus-based intervention in preventing bovine mastitis. The results require further confirmation in other cell lines and in vivo studies. However, several concerns need to be addressed before the clinical application of Lactobacillus in bovine mastitis. Oral ingestion of probiotics promotes mucosal immune response to pathogen infection in the gut. The mechanism underlying how the immunomodulatory effect extends to the mammary glands remains unclear. The means of probiotic supplementation (e.g., mixed into the feed, oral capsules or intra-mammary infection) and dose effect also needs to be studied in more details. The molecular mechanism underlying regulation of inflammasome activity by Lactobacillus requires further investigation. Our findings identify NLRP3 and NLRC4 inflammasomes as potential targets for bovine mastitis therapy and could strengthen the development for other inflammasome-targeted therapies in E. coli-associated mastitis.

#### CONCLUSION

In conclusion, our findings suggest that *L. rhamnosus* GR-1 ameliorates *E. coli*-induced inflammatory damage by attenuating both ASC-dependent and ASC-independent inflammasome activation in MAC-T cells (**Figure 9**). *L. rhamnosus* GR-1 inhibits activation of ASC-dependent NLRP3 and NLRC4 inflammasome activation and production of the downstream proinflammatory cytokines IL-lβ and IL-18 during *E. coli* infection. In addition, *L. rhamnosus* GR-1 suppresses *E. coli*-induced cell pyroptosis, in part through attenuation of NLRC4 inflammasome activation, independently of ASC. Furthermore, *L. rhamnosus* GR-1 inhibits non-canonical caspase-4 activation, which subsequently synergizes with NLRP3-/ASC-dependent caspase-1 activation to potentially inhibit ASC-independent caspase-1 activation, thus suppressing cell pyroptosis and IL-lβ and IL-18 production.

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#### **AUTHOR CONTRIBUTIONS**

QW, Y-HZ, and J-FW conceived and designed the experiments, analyzed the data, and wrote the manuscript. QW, JX, XL, CD, and M-JW performed the experiments.

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#### **SUPPLEMENTARY MATERIAL**

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb. 2018.01661/full#supplementary-material

**FIGURE S1** | Immunodetection of cytokeratin-18 in MAC-T cells. Representative confocal immunocytochemistry images showing typical morphology of MAC-T cells. MAC-T cells were immunostained for cytokeratin-18 (red). DAPI (blue) was used to localize nuclei. Scale bar, 20  $\mu$ m. Data are representative of three independent experiments.

**FIGURE S2** | The lactate content in the cell supernatants and the effect of lactate on NLRP3 expression during *E. coli* infection. Lactate content in the supernatants was determined **(A)**. Cells were also simultaneously treated with lactate (LACT) at a concentration of 0.6 g/L (equivalent to 7 mM) and *E. coli* at a MOI of 100:1. Western blot detection of NLRP3 in WT and  $ASC^{-/-}$  cells collected from the indicated cell cultures at 6 h after *E. coli* challenge **(B)**. Representative panels showing expression of NLRP3 protein (Left). NLRP3 band intensity was determined using Quantity One software. Results are presented as the ratio of NLRP3 band intensity to that of GAPDH (Right). Data are presented as the mean  $\pm$  SEM of three independent experiments. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001.

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## Probiotic *Lactobacillus plantarum*Promotes Intestinal Barrier Function by Strengthening the Epithelium and Modulating Gut Microbiota

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Wang J, Ji H, Wang S, Liu H, Zhang W, Zhang D and Wang Y (2018) Probiotic Lactobacillus plantarum Promotes Intestinal Barrier Function by Strengthening the Epithelium and Modulating Gut Microbiota. Front. Microbiol. 9:1953. doi: 10.3389/fmicb.2018.01953 Weaning disturbs the intestinal barrier function and increases the risk of infection in piglets. Probiotics exert beneficial health effects, mainly by reinforcing the intestinal epithelium and modulating the gut microbiota. However, the mechanisms of action, and especially, the specific regulatory effects of modulated microbiota by probiotics on the intestinal epithelium have not yet been elucidated. The present study aimed to decipher the protective effects of the probiotic Lactobacillus plantarum strain ZLP001 on the intestinal epithelium and microbiota as well as the effects of modulated microbiota on epithelial function. Paracellular permeability was measured with fluorescein isothiocyanate-dextran (FD-4). Gene and protein expression levels of tight junction (TJ) proteins, proinflammatory cytokines, and host defense peptides were determined by RTqPCR, ELISA, and western blot analysis. Short-chain fatty acid (SCFA) concentrations were measured by ion chromatography. Fecal microbiota composition was assessed by high-throughput sequencing. The results showed that pretreatment with 10<sup>8</sup> colony forming units (CFU) mL<sup>-1</sup> of L. plantarum ZLP001 significantly counteracted the increase in gut permeability to FD-4 induced by 10<sup>6</sup> CFU mL<sup>-1</sup> enterotoxigenic Escherichia coli (ETEC). In addition, L. plantarum ZLP001 pretreatment alleviated the reduction in TJ proteins (claudin-1, occludin, and ZO-1) and downregulated proinflammatory cytokines IL-6 and IL-8, and TNFα expression and secretion caused by ETEC. L. plantarum ZLP001 also significantly increased the expression of the host defense peptides pBD2 and PG1-5 and pBD2 secretion relative to the control. Furthermore, L. plantarum ZLP001 treatment affected piglet fecal microbiota. The abundance of butyrate-producing bacteria Anaerotruncus and Faecalibacterium was significantly increased in L. plantarum ZLP001-treated piglets, and showed a positive correlation with fecal butyric and acetic acid concentrations. In addition, the cell density of Clostridium sensu stricto 1, which may cause epithelial inflammation, was decreased after L. plantarum ZLP001 administration, while the beneficial Lactobacillus was significantly increased. Our findings suggest that L. plantarum ZLP001 fortifies the intestinal barrier by strengthening epithelial defense functions and modulating gut microbiota.

Keywords: Lactobacillus plantarum, permeability, tight junction, immune response, host defense, microbiota

#### INTRODUCTION

The sudden changes in diet and the physical and social environment associated with weaning are significant piglet stressors. Elevated plasma cortisol and corticotropin-releasing factor levels are indices of weaning stress (Van der Meulen et al., 2010). The feed intake of most piglets after weaning is relatively low because of the dietary change from liquid milk to solid feed. Decreased feed and water intake cause small intestinal villous atrophy (Lallès et al., 2004), which in turn results in diminished digestive and absorptive capacities and reduced growth rate. Maternal separation and changes in environment are social and environmental stresses that cause tension in piglets and weaken their immune system. Furthermore, the dietary and environmental changes associated with weaning are associated with a substantial modification of the intestinal microbiota and may cause post-weaning diarrhea and enteric infection (Lallès et al., 2007). Perturbations of the intestinal epithelium, weakened immune system, and modified intestinal microbiota induced by weaning stress can profoundly impact piglet health and growth performance and may, in some cases, lead to mortality (Campbell et al., 2013).

The intestine plays a critical role in the defense against harmful external factors. Poor intestinal defense renders piglets more susceptible to weaning stress, leading to infection and disease. In post-weaning piglets, transepithelial electrical resistance (TER) significantly decreases while paracellular permeability increases (Hu et al., 2013). The expression of the tight junction (TJ) proteins occludin, claudin-1, and ZO-1 decreases during weaning, and as a result, barrier integrity is impaired. This facilitates pathogen penetration and permits bacteriotoxins to enter the body. Weaned piglets also exhibit elevated expression of the proinflammatory cytokines TNF- $\alpha$  and IL-6 (Hu et al., 2013), which is associated with weak epithelium and inflammatory disease. Furthermore, weaning lowers intestinal microbial diversity and alters the microbiota composition in that the abundance of obligate anaerobic bacteria decreases and that of facultative anaerobic bacteria increases (Winter et al., 2013), which weakens intestinal function. For instance, Lactobacillus spp. and other beneficial bacteria play an important role in protecting against intestinal pathogens, and the reduction in their abundance after weaning enhances disease risk (Konstantinov et al., 2006). S. enterica and E. coli are two major pathogens infecting piglets. An increased abundance of these pathogens in the intestine often results in severe infection.

Evidence indicates that the consumption of probiotic bacteria contributes to intestinal function by maintaining paracellular permeability, enhancing the physical mucous layer, stimulating the immune system, and modulating resident microbiota composition and activity (Boirivant and Strober, 2007). The regulatory effects of probiotics on human, pig, and chicken intestinal homeostasis have been studied extensively (Van Baarlen et al., 2013; Cisek and Binek, 2014; Gresse et al., 2017), and interactions between probiotic and commensal bacteria and the epithelial barrier are thought to be the main underlying mechanism. *Lactobacillus* is a predominant indigenous bacterial

genus found in the human and animal gastrointestinal tract, and species of this genus are commonly used as probiotics. In vitro and in vivo studies in various cell lines and animal models have demonstrated that L. plantarum MB452, L. casei, L. rhamnosus GG, and L. reuteri I5007 affect TER and epithelial permeability and modulate TJ protein expression and distribution (Anderson et al., 2010; Eun et al., 2011; Patel et al., 2012; Yang et al., 2015). Lactobacillus spp. boost the immune system by promoting the expression of anti-inflammatory cytokines, such as IL-10 and IFN-y (Lactobacillus GG, Kopp et al., 2008; L. rhamnosus CRL1505, Villena et al., 2014), or by inhibiting that of proinflammatory cytokines, such as IL-6, IL-8, and TNF-α (*L. reuteri* LR1, Wang et al., 2016; L. plantarum 2142, Farkas et al., 2014). L. reuteri I5007 and L. plantarum DSMZ 12028 can modulate the synthesis of antimicrobials by the intestinal epithelium (Paolillo et al., 2009; Liu et al., 2017). Multiple studies have confirmed that Lactobacillus spp., such as L. salivarius UCC118 and L. acidophilus, significantly modulate resident intestinal microbiota composition and activity (Riboulet-Bisson et al., 2012; Li et al., 2017). Thus, through enhancing intestinal epithelial function, probiotics improve host health. However, the effects of probiotics on intestinal barrier function are strain-dependent and not ubiquitous. The unique effects of specific strains on the intestinal epithelium and microbiota, and whether the modulated microbiota affect intestinal epithelial function remain unclear.

The results of our previous studies indicated that dietary supplementation with Lactobacillus plantarum ZLP001 isolated from healthy piglet intestinal tract (Wang et al., 2011) improves growth performance and antioxidant status in post-weaning piglets (Wang et al., 2012). However, its impact on intestinal barrier function and microbiota, and the interaction between barrier function and microbiota after L. plantarum ZLP001 treatment remained to be investigated. In this study, the impact of L. plantarum ZLP001 on intestinal epithelial function was evaluated by measuring gut permeability and the expression of TJ proteins, inflammatory cytokines, and host defense peptides (HDP). Further, we evaluated the ability of this strain to regulate microbiota composition and community structure. The regulatory effects of the microbiota modulated by the probiotic strain on intestinal epithelium function were also analyzed.

#### **MATERIALS AND METHODS**

#### **Bacteria and Culture Conditions**

L. plantarum ZLP001 was isolated in our laboratory from the intestine of a healthy piglet. It was identified by the China Center of Industrial Culture Collection (Beijing, China) and preserved in the China General Microbiological Culture Collection Center (CGMCC No. 7370). It was grown in improved De Man, Rogosa, and Sharpe liquid medium (10 g peptone, 5 g yeast powder, 20 g glucose, 10 g beef extract, 5 g sodium acetate, 2 g ammonium citrate dibasic, 2 g dipotassium phosphate, 0.58 g magnesium sulfate, 0.19 g manganese sulfate, 1 mL of Tween 80, and water to 1,000 mL; pH 6.5) at 37°C under anaerobic conditions.

Enteropathic *E. coli* strain expressing F4 (F4+ ETEC), serotype O149:K91, K88ac, was obtained from the China Veterinary Culture Collection Center. It was grown in Luria-Bertani medium (Oxoid, Basingstoke, United Kingdom) at 37°C.

#### **Cell Line and Culture Conditions**

The porcine intestinal epithelial cell line (IPEC-J2) used in this study was purchased from JENNIO Biological Technology (Guangzhou, China). It was originally derived from the jejuna of neonatal piglets. The cells were cultured in DMEM/F12 (Dulbecco's modified Eagle's medium/nutrient mixture F-12, a 1:1 mixture of DMEM and Ham's F-12; Invitrogen, Carlsbad, CA, United States) supplemented with 10% fetal bovine serum (FBS; Invitrogen, Carlsbad, CA, United States), streptomycin (100  $\mu g\ mL^{-1}$ ), and amphotericin B (0.5  $\mu g\ mL^{-1}$ ). IPEC-J2 cells were cultured at 37°C in a 5% CO<sub>2</sub>/95% air atmosphere and 90% relative humidity. Cells were separated at each passage with 0.25% w/v trypsin (Invitrogen, Carlsbad, CA, United States) and replenished with fresh media every 2–3 days.

#### **Paracellular Permeability Determination**

Changes in paracellular permeability after L. plantarum ZLP001 treatment were determined with fluorescein isothiocyanatedextrans (FD-4; average molecular mass, 4.4 kDa; Sigma-Aldrich Corp., St. Louis, MO, United States) according to the method reported by Wang et al. (2016) with some modifications. IPEC-2 cells were seeded into 6-well Transwell insert chambers (0.4 µm pore size; Corning, Inc., Corning, NY, United States) at a density of  $2.5 \times 10^5$  cells per well and were cultured to form differentiated monolayers. The cells were pretreated or not with L. plantarum ZLP001 (LP,  $10^8$  CFU mL<sup>-1</sup>) for 6 h and then challenged or not with 10<sup>6</sup> CFU mL<sup>-1</sup> ETEC for 3 h. FD-4 was added to the apical sides of the IPEC-J2 cell monolayers at a final concentration of 1 mg mL<sup>-1</sup>. After incubation, medium (100 μL) was sampled from the basolateral chambers, and the FD-4 concentration was quantified using a fluorescence microplate reader (FLx800; BioTek, Winooski, VT, United States). Calibration curves were plotted with an FD-4 gradient series. All experiments were carried out in triplicate.

#### IPEC-J2 Cells Treatment With L. plantarum ZLP001 and ETEC

IPEC-J2 cells were seeded into 6-well plates (Corning, Inc., Corning, NY, United States) at a density of  $2.5 \times 10^5$  cells per well. At 80% confluence, the cells were pretreated or not with *L. plantarum* ZLP001 (LP,  $10^8$  CFU mL $^{-1}$ ) at  $37^{\circ}$ C for 6 h. Then, the cells were washed three times with PBS and the supernatant was removed. The cells were challenged or not with  $10^6$  CFU mL $^{-1}$  ETEC at  $37^{\circ}$ C for 3 h. Fresh medium containing bacteria was prepared by resuspending and diluting collected bacteria in DMEM/F12 without FBS or streptomycin/penicillin. After incubation, the cells were rinsed with PBS three times and collected for subsequent assays. Culture medium supernatants were collected simultaneously. All experiments were carried out in triplicate.

#### **Determination of mRNA Expression**

The mRNA expression levels of TJ proteins, cytokines, and HDPs were determined by quantitative real-time PCR (RTgPCR). IPEC-J2 cells collected after incubation were lysed with RNAzol (MRC, Cincinnati, OH, United States). Total RNA was extracted following the manufacturer's instructions. RNA concentrations were determined with a NanoDrop spectrophotometer (Thermo Fisher Scientific, Waltham, MA, United States) and purity was verified by A260:A280 and A260:A230 absorbance ratios. The RNA was reverse transcribed with an iScript cDNA Synthesis Kit (Bio-Rad Laboratories Ltd., Hercules, CA, United States) according to the manufacturer's instructions. qPCR was performed using iTaq Universal SYBR Green Supermix (Bio-Rad Laboratories Ltd., Hercules, CA, United States) on a QuantStudio 3 real-time PCR system (Thermo Fisher Scientific, Waltham, MA, United States). Porcine-specific primers are listed in **Supplementary Table S1**. The expression of each gene was normalized to that of glyceraldehyde-3-phosphate dehydrogenase (GAPDH) to yield a relative transcript level. PCR conditions were 95°C for 10 min followed by 40 amplification cycles (95°C for 30 s, 60°C for 30 s, and 72°C for 20 s). Relative gene expression was calculated by the  $2^{-\Delta\Delta C_T}$  method.

#### **Protein Extraction and Immunoblotting**

Total protein from IPEC-J2 cells was extracted after the various treatments using a lysis buffer containing 150 mM NaCl, 1% Triton X-100, 0.5% sodium deoxycholate, 0.1% SDS, and 50 mM Tris-HCl adjusted to pH 7.4 and supplemented with a protease inhibitor cocktail (Applygene, Beijing, China). The IPEC-J2 cells were collected into precooled lysis buffer and kept on ice for 30 min. The lysed samples were centrifuged at 4°C and 12,000  $\times$  *g* for 5 min to collect the supernatants. Protein concentrations were determined with a Bicinchoninic Acid Protein Assay Kit (Thermo Fisher Scientific, Waltham, MA, United States). After separation on 10% SDS polyacrylamide gel, proteins were electrophoretically transferred to polyvinylidene difluoride membranes (EMD Millipore, Billerica, MA, United States). The membranes were blocked with 5% skim milk and then incubated with primary antibodies overnight ( $\sim$ 12–16 h) at 4°C. They were then incubated with horseradish peroxidase-conjugated secondary antibodies for 1 h at 20-25°C. The antibodies used are listed in **Supplementary Table S2**. Immunoreactive proteins were detected on a ChemiDoc XRS imaging system (Bio-Rad Laboratories Ltd., Hercules, CA, United States) using Western Blotting Luminol Reagent (Santa Cruz Biotechnology, Dallas, TX, United States). Band densities were analyzed with ImageJ (National Institutes of Health, Bethesda, MD, United States). Results were calculated and recorded as the protein abundance relative to  $\beta$ -actin.

## Proinflammatory Cytokine and Porcine β-Defensin 2 (pBD2) Measurement

Proinflammatory cytokines and porcine  $\beta$ -defensin 2 were measured by an enzyme linked immunosorbent assay (ELISA). Cell culture medium supernatant (500  $\mu$ L) was centrifuged

at 4,000  $\times$  g for 10 min and then passed through a 0.25- $\mu$ m pore diameter filter (Corning Inc., Corning, NY, United States). The concentrations of interleukin 6 (IL-6), interleukin 8 (IL-8), tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ), and pBD2 were determined with porcine-specific ELISA Kits (Abcam, Cambridge, United Kingdom), according to the manufacturer's instructions.

#### **Animal Groups and Diets**

The experimental protocol was reviewed and approved by the Ethics Committee of the Institute of Animal Husbandry and Veterinary Medicine, Beijing Academy of Agriculture and Forestry Sciences, Beijing, PRC. Humane animal care was practiced throughout the trial.

Ten post-weaning piglets (siblings; Large White × Landrace;  $8.54 \pm 0.58$  kg) were assigned to *L. plantarum* ZLP001 treatment or placebo control groups. Each group consisted of two males and three females. Animals were raised at the Beijing Xiqingminfeng Farm (Beijing, China) in a separate room decontaminated prior to the study and were housed at 25-28°C. Each piglet was kept in an individual 1.28-m<sup>2</sup> pen with a mesh floor. Each pen contained a feeder and a water nipple. Free access to feed and water was provided throughout the 30-day trial. Piglets received a complete feed specially formulated according to the NRC (2012) and the Feeding Standard of Swine (2004). Detailed information about the diet is shown in **Supplementary Table S3**. The control group received a basal diet supplemented with placebo (2 g kg<sup>-1</sup> feed). The treatment group was administered the basal diet supplemented with freeze-dried L. plantarum ZLP001 (5.0 ×  $10^9$  CFU  $g^{-1}$ , 2 g  $kg^{-1}$  feed).

## Fecal Sample Collection and Microbiota Analysis

Fresh fecal samples were individually collected from piglet recta at the end of the feeding experiment. The samples were immediately transferred to the laboratory and processed for genomic DNA extraction with an E.Z.N.A. Stool DNA Kit (Omega Bio-Tek, Norcross, GA, United States) according to the manufacturer's instructions. V3+V4 hypervariable sequences of 16S rDNA were amplified by PCR with TransStart FastPfu DNA Polymerase (TransGen Biotech Ltd., Beijing, China) with barcode-modified universal primers (forward: 338F, 5'-ACTCCTACGGGAGGCAGCA-3'; reverse: 806R, 5'-GGACTACHVGGGTWTCTAAT-3'). Amplified products were separated on 2% agarose gels and extracted and purified with an AxyPrep DNA Gel Extraction Kit (Axygen Biosciences, Union City, CA, United States). Barcoded V3+V4 amplicons were sequenced by the paired-end method with Illumina MiSeq at Shanghai Majorbio Bio-pharm Technology Co. (Shanghai, China). Raw sequences were denoised using Trimmomatic and FLASH software and filtered according to their barcodes and primer sequences with QIIME v. 1.5.0. Chimeras were identified and excluded using the UCHIME algorithm v. 4.2.40. Optimized, high-quality sequences were clustered into operational taxonomic units (OTUs) at 97% sequence identity against a subset of the Silva 16S sequence database (Release

119¹). Taxon-dependent analysis was carried out using the Ribosomal Database Project (RDP) naive Bayesian classifier, with an 80% bootstrap cutoff. Alpha diversity (Shannon and Simpson indices), abundance (Chao1 and ACE indices), and Good's coverage and rarefaction were analyzed with mothur v. 1.31.2. Principle coordinates analysis (PCoA) was conducted to visualize differences in fecal community composition. PCoA plots were generated on the basis of Bray–Curtis indices. The linear discriminant analysis effect size (LEfSe) algorithm was used to identify the taxa responsible for the differences between the treatment and control groups. The biomarkers used in the present study had an effect-size threshold of two.

## Determination of Fecal Short-Chain Fatty Acid (SCFA) Concentrations

Fecal SCFA concentrations were determined following modified procedures of Qiu and Jin (2002). Half-gram fecal samples were homogenized in 10 mL of double-distilled water. After centrifugation at 12,000  $\times$  g for 10 min, the supernatants were removed and filtered through 0.25- $\mu$ m-pore filters (Corning Inc., Corning, NY, United States). Acetic, propionic, and butyric acids were measured with an ion chromatography system (Dionex Corp., Sunnyvale, CA, United States).

#### **Statistical Analysis**

SPSS v. 22.0 (IBM Corp., Armonk, NY, United States) was used for statistical analysis. The FD-4 concentration and mRNA expression levels were analyzed by one-way ANOVA. Fecal SCFA concentrations were analyzed with unpaired Student's two-tailed t-tests. The results are expressed as the mean  $\pm$  standard error of the mean (SEM). The significance level was P < 0.05. Correlations between fecal SCFA concentration and intestinal-associated microbiota were examined with Spearman's rank-order correlation test in R v. 3.2.1.

#### **RESULTS**

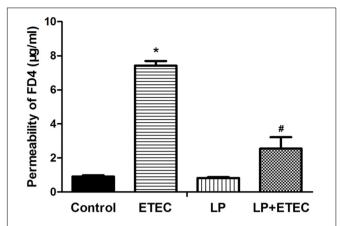
## Effects of *L. plantarum* ZLP001 on Epithelial Permeability

FD-4 diffusion is a good indicator of paracellular permeability. Therefore, FD-4 transport was measured in this study to evaluate the protective effect of *L. plantarum* ZLP001 on epithelial integrity (**Figure 1**). FD-4 concentrations in the *L. plantarum* ZLP001-treated group were not significantly different from those in the untreated control. When IPEC-J2 cells were exposed to  $10^6$  CFU mL $^{-1}$  ETEC alone, FD-4 permeation was significantly increased relative to that of the control group (P < 0.05). Pretreatment with *L. plantarum* ZLP001 ( $10^8$  CFU mL $^{-1}$ ) significantly counteracted this permeation.

## Effects of *L. plantarum* ZLP001 on TJ Expression

Abundances of *claudin-1* (**Figure 2A**), *occludin* (**Figure 2B**), and *ZO-1* (**Figure 2C**) transcripts in IPEC-J2 cells after bacterial

<sup>1</sup>http://www.arb-silva.de



**FIGURE 1** | FD-4 diffusion in *L. plantarum* ZLP001-treated IPEC-J2 cells. Cells were left untreated or pretreated with *L. plantarum* ZLP001 (LP,  $10^8$  CFU mL $^{-1}$ ) for 6 h on the apical sides of the cell monolayers and then challenged or not with  $10^6$  CFU mL $^{-1}$  ETEC for 3 h. FD-4 concentrations in the basal compartments were measured. Values are shown as the means  $\pm$  SE of three independent experiments. \**P* < 0.05 vs. non-treated controls; \**P* < 0.05 vs. ETEC alone.

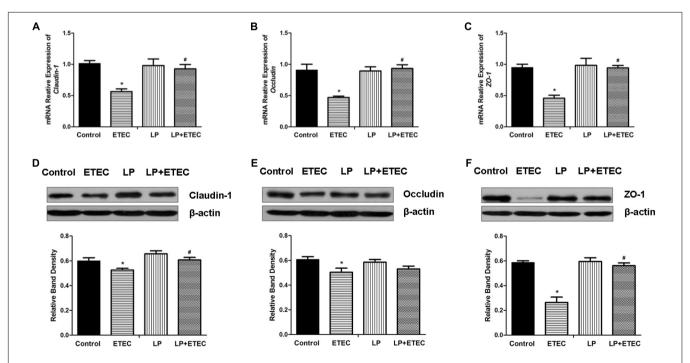
treatments were examined by RT-qPCR (**Figure 2**). After IPEC-J2 cells were incubated with ETEC alone, the mRNA expression levels of these genes were significantly decreased (P < 0.05) relative to those in the untreated control. *L. plantarum* ZLP001 treatment alone had no significant influence on TJ mRNA

expression as compared to the untreated control. L. plantarum ZLP001 pretreatment significantly (P < 0.05) abrogated the decreases in TJ-related mRNA expression caused by ETEC infection.

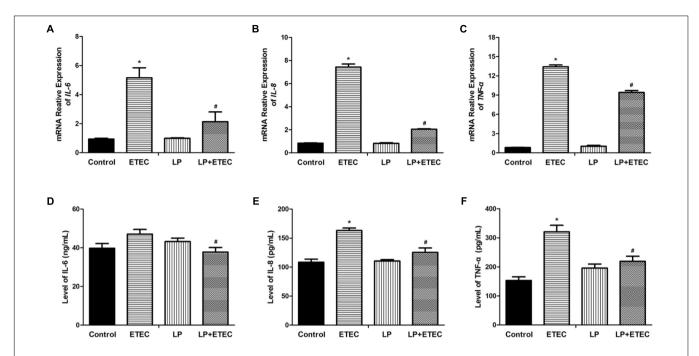
Differences in TJ protein expression after the bacterial treatments were examined by western blotting. Expression levels of claudin-1 (**Figure 2D**), occludin (**Figure 2E**), and ZO-1 (**Figure 2F**) were significantly lower (P < 0.05) in cells exposed to ETEC than in the untreated controls. These results were consistent with those for mRNA expression. *L. plantarum* ZLP001 treatment alone did not significantly affect protein expression relative to the untreated control. *L. plantarum* ZLP001 pretreatment negated the reduction in claudin-1 (**Figure 2D**) and ZO-1 (**Figure 2F**) abundance caused by ETEC treatment.

## Effects of *L. plantarum* ZLP001 on the Epithelial Immunological Barrier

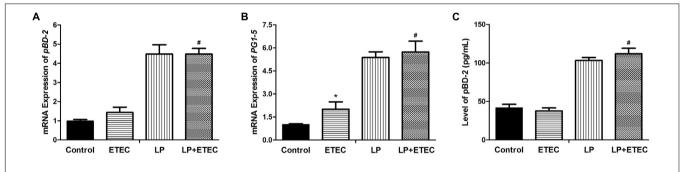
Proinflammatory cytokines in IPEC-J2 cells were quantified after the treatments (**Figures 3A–C**). Incubation with ETEC alone significantly upregulated IL-6, IL-8, and  $TNF\alpha$  transcripts. Treatment with L. plantarum ZLP001 alone had no significant effect on cytokine expression. However, pretreatment with L. plantarum ZLP001 prior to the ETEC challenge reduced cytokine expression in the IPEC-J2 cells to levels lower than those observed after ETEC treatment alone (P < 0.05). Therefore, L. plantarum ZLP001 reduced the ETEC-induced upregulation of proinflammatory cytokines.



**FIGURE 2** | Relative mRNA transcript and protein levels of TJ proteins in IPEC-J2 cells left untreated or pretreated with *L. plantarum* ZLP001 (LP,  $10^8$  CFU mL $^{-1}$ ) for 6 h, and then challenged or not with  $10^6$  CFU mL $^{-1}$  ETEC for 3 h. mRNA levels of *claudin-1* (**A**), *occludin* (**B**), and *ZO-1* (**C**) were standardized to that of *GAPDH*. Expression levels relative to non-treated controls were calculated by the  $2^{-\Delta\Delta C_T}$  method. TJ protein levels were assessed by immunoblotting. Data are western blotting results and gradation analysis of claudin-1 (**D**), occludin (**E**), ZO-1 (**F**). Values are shown as the means  $\pm$  SE of three independent experiments. \*P < 0.05 vs. non-treated controls;  $^{\#}P < 0.05$  vs. ETEC alone.



**FIGURE 3** | Relative mRNA transcript levels and concentrations of proinflammatory cytokines in the culture supernatant of IPEC-J2 cells left untreated or pretreated with *L. plantarum* ZLP001 (LP,  $10^8$  CFU mL $^{-1}$ ) for 6 h then either unchallenged or challenged with  $10^6$  CFU mL $^{-1}$  ETEC for 3 h. mRNA levels of *IL*-6 (A), *IL*-8 (B), and *TNF*- $\alpha$  (C) were standardized to that of *GAPDH*. Expression levels relative to non-treated controls were calculated by the  $2^{-\Delta\Delta C_T}$  method. Protein expression of IL-6 (D), IL-8 (E), and TNF- $\alpha$  (F) was assessed by ELISA. Values are shown as the means  $\pm$  SE of three independent experiments. \*P < 0.05 vs. non-treated controls;  $^{\#}P$  < 0.05 vs. ETEC alone.



**FIGURE 4** Relative mRNA transcript levels of *pBD2* **(A)** and *PG1-5* **(B)** and concentrations of pBD2 **(C)** in the culture supernatant of IPEC-J2 cells left untreated or pretreated with *L. plantarum* ZLP001 (LP,  $10^8$  CFU mL $^{-1}$ ) for 6 h and then challenged or not with  $10^6$  CFU mL $^{-1}$  ETEC for 3 h. mRNA expression levels were standardized to that of *GAPDH*. Expression levels relative to non-treated controls were calculated by the  $2^{-\Delta\Delta C_T}$  method. The pBD2 concentration was assessed by ELISA. Values are shown as the means  $\pm$  SE of three independent experiments. \* $^*P$  < 0.05 vs. non-treated controls;  $^\#P$  < 0.05 vs. ETEC alone.

ELISA was used to verify the protective effect of *L. plantarum* ZLP001 on epithelial immunological function at the protein level after ETEC challenge (**Figures 3D–F**). The results confirmed that, while ETEC did not significantly induced IL-6, *L. plantarum* ZLP001 pretreatment suppressed the increases in IL-6, IL-8, and TNFα secretion in IPEC-J2 cells challenged with ETEC relative to the levels observed in cells incubated with ETEC alone.

### Effects of *L. plantarum* ZLP001 on HDP Production

The modulatory effect of *L. plantarum* ZLP001 on the innate immune response was evaluated by measuring porcine HDP

mRNA expression (**Figures 4A,B**). Cathelicidins and β-defensins are the two main mammalian HDP families. We selected pBD2 (a β-defensin, **Figure 4A**) and PG1-5 (a cathelicidin, **Figure 4B**) as target genes in this study. The results showed that treatment with L. plantarum ZLP001 significantly induced mRNA expression of both HDPs in IPEC-J2 cells (P < 0.05). ETEC exposure had no significant effect on pBD2 expression, but significantly induced PG1-5 expression. Challenge with ETEC 3 h after L. plantarum ZLP001 pretreatment had no significant effect on the HDP expression levels observed after incubation with L. plantarum ZLP001 alone.

Effects of bacterial treatment on pBD2 secretion were evaluated by ELISA (Figure 4C). The result was consistent with

pBD2 mRNA expression. Exposure to *L. plantarum* ZLP001 significantly induced pBD2 secretion in IPEC-J2 cells. In contrast, ETEC treatment had no significant effect on pBD2 secretion. Challenge with ETEC 3 h after *L. plantarum* ZLP001 pretreatment had no significant influence on pBD2 secretion by *L. plantarum* ZLP001 treatment alone.

#### **Sequencing Results**

Sequencing of the amplified 16S rRNA genes produced 373,846 reads after quality checks. An average of 37,385  $\pm$  4,742 reads were obtained for each sample. Among the high-quality sequences, >99% were >400 bp. The average read length for each sample was 435 bp. Reads were clustered into 3,746 OTUs using a 97% similarity cut-off. We obtained 329–404 OTUs per sample. Based on rarefaction analysis, the sequencing depth adequately reflected species richness, suggested that the Illumina MiSeq sequencing system detected most of the fecal bacterial diversity in our study.

## Effects of *L. plantarum* ZLP001 on Alpha Diversity of Fecal Microbiota

We used the Chao1, ACE, Shannon, and Simpson indices to estimate fecal microbiome taxon abundance and diversity (**Table 1**). *L. plantarum* ZLP001-treated groups exhibited higher diversity than the control group according to the Shannon and Simpson indices. Nevertheless, the difference was not significant (P > 0.05). *L. plantarum* ZLP001 treatment had no significant effect on fecal microbiota abundance according to the Chao1 and ACE indices. Good's coverage was >99.6% for all samples. Thus, the dominant bacterial phylotypes present in the feces were captured by this analysis.

## Effects of *L. plantarum* ZLP001 on Fecal Microbiota Composition

Taxon-dependent analysis was used to compare microbiota compositions of the feces from piglets treated with *L. plantarum* ZLP001 and those receiving the placebo (**Figure 5**). Firmicutes and Bacteroidetes were the most abundant phyla in both groups and accounted for >97% of the total sequences on average. Firmicutes was the dominant phylum and constituted 58.1% in all treatments. Bacteroidetes accounted for 39.6%. Other phyla were present at lower frequencies. **Figure 5B** shows a hierarchically clustered heatmap of the fecal microbiota composition at the genus level. *Prevotella* was the most abundant; it accounted for an average of 21.5% of the sequences in all treatments by the end of

**TABLE 1** Effects of *L. plantarum* ZLP001 treatment on average richness and diversity of bacterial community in piglet feces.

Treatment	Abundance		Coverage	Diversity	
	ACE	Chao1		Shannon	Simpson
Control	559.3	569.8	0.9968	4.31	0.0394
L. plantarum ZLP001	556.5	565.7	0.9971	4.47	0.0313
SEM	14.15	16.21		0.730	0.00355
P-value	0.929	0.908		0.311	0.282

the experiment. Clostridium sensu stricto 1 (14.2%) was identified in the control piglets. Lactobacillus (12.8%) was detected in the L. plantarum ZLP001-treated piglets. LEfSe analysis indicated no significant differences between the placebo- and L. plantarumtreated piglets at the phylum level in terms of relative OTU abundance. Significant differences were observed between groups at several other taxa (Figure 6). The probiotic-treated group was enriched in Bacilli at the class level, Lactobacillales at the order level, Lactobacillaceae and Ruminococcaceae at the family level, and Alloprevotella, Anaerotruncus, Faecalibacterium, Lactobacillus, Subdoligranulum, unclassified Lachnospiraceae, and no-rank Ruminococcaceae at the genus level. However, it was depleted in Clostridiaceae\_1 and Peptostreptococcaceae at the family level and Clostridium sensu stricto 1, Terrisporobacter, Ruminococcaceae\_UCG\_007, Ruminococcaceae\_UCG\_004, and Ruminococcaceae\_UCG\_009 at the genus level. Fecal microbiota composition PCoA revealed that L. plantarum ZLP001 treatment significantly affected overall fecal microbiota composition. The microbiota communities in the piglets treated with L. plantarum ZLP001 were clustered together and were distinctly separated from those of the control pigs (Supplementary Figure S1).

## Effects of *L. plantarum* ZLP001 on Fecal SCFA Concentrations

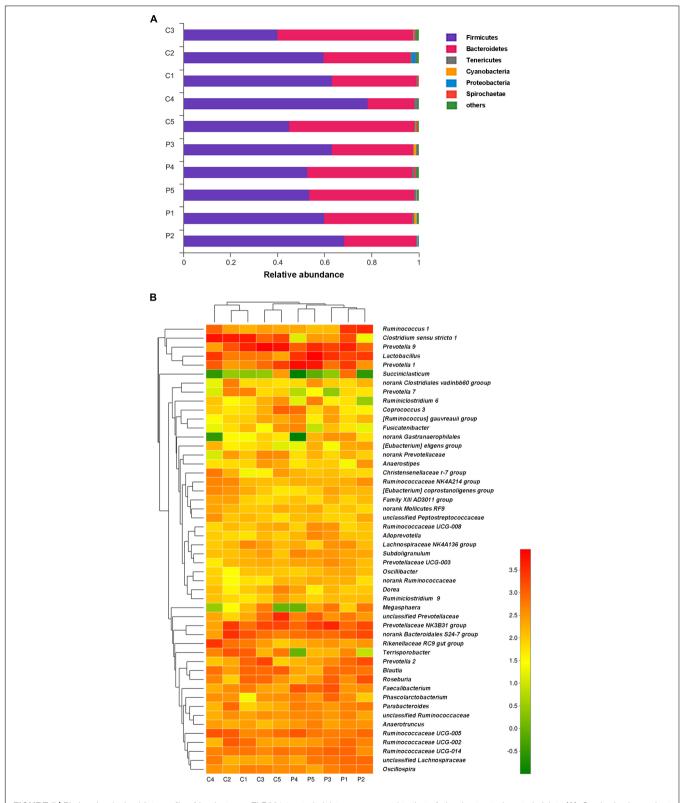
**Table 2** shows the SCFA concentrations in piglet feces. *L. plantarum* ZLP001 treatment increased butyric acid concentrations relative to those in the controls (P = 0.068). Acetic and propionic acid concentrations did not significantly differ between the placebo and *L. plantarum* ZLP001 treatments (P > 0.05).

## Correlation Between SCFA Concentrations and Fecal Microbiota

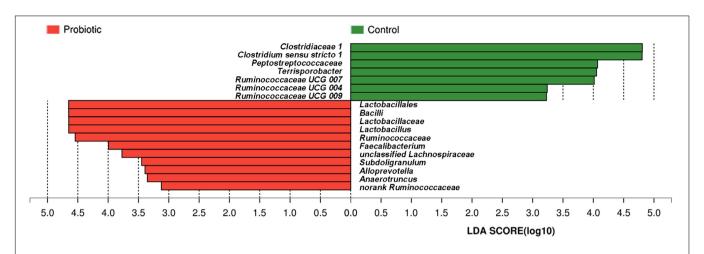
Correlations between SCFA concentration and fecal bacterial abundance (relative abundance of the top 30 genera) are shown in **Figure 7**. The results demonstrated positive associations between butyric acid concentration and *Anaerotruncus* ( $r=0.721,\ P=0.019$ ) and unclassified\_f\_Lachnospiraceae ( $r=0.758,\ P=0.011$ ) abundance. Acetic acid concentration was positively correlated with *Faecalibacterium* ( $r=0.879,\ P=0.001$ ), *Subdoligranulum* ( $r=0.721,\ P=0.019$ ), and *Prevotellaceae\_*NK3B31\_group ( $r=0.648,\ P=0.043$ ) abundance. It was negatively correlated with *Clostridium sensu stricto 1* abundance ( $r=-0.661,\ P=0.038$ ). Propionic acid concentration was negatively correlated with *Phascolarctobacterium* abundance ( $r=-0.697,\ P=0.025$ ).

#### **DISCUSSION**

Using porcine IPEC-2 cells as a model, we demonstrated that *L. plantarum* ZLP001 plays multiple protective roles in epithelial barrier regulation. The present study showed that ETEC treatment significantly increased gut permeability to FD-4, whereas treatment with probiotic *L. plantarum* ZLP001 alone had no significant effect on gut permeability. These findings corroborate those of a previous study, in which probiotic



**FIGURE 5** | Phylum-level microbiota profile of *L. plantarum* ZLP001-treated piglets as compared to that of placebo-treated control piglets (**A**). Stacked column chart showing the relative phylum-level bacterial abundance per fecal sample. Genus-level microbiota profile of *L. plantarum* ZLP001-treated piglets as compared to that of placebo-treated control piglets (**B**). The heatmap shows genera whose relative abundance was >0.1%. Relative abundance is indicated by a color gradient from green to red, with green representing low abundance and red representing high abundance. C and P represent the control and the probiotic-treated group, respectively. Numbers represent individual animals.



**FIGURE 6** | Differences between bacterial taxa in *L. plantarum* ZLP001-treated piglets and placebo-treated control piglets. The histogram shows differentially abundant bacteria in the treatment and control groups ranked by linear discriminant analysis (LDA) scores. Red bars (negative LDA scores) represent bacteria that are more abundant in probiotic-treated fecal samples than in controls. Green bars (positive LDA scores) represent bacteria that are more abundant in probiotic-treated fecal samples.

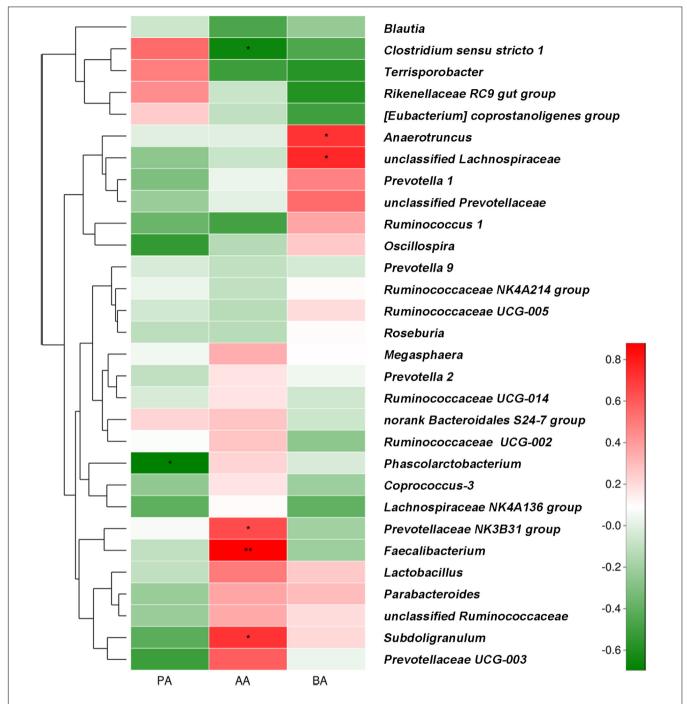
**TABLE 2** Effects of *L. plantarum* ZLP001 on SCFA concentration (mmol kg<sup>-1</sup>) in piglet feces.

Short chain fatty acid	Acetic acid (AA)	Propionic acid (PA)	Butyric acid (BA)
Control	28.3	14.7	8.2
L. plantarum ZLP001	30.3	13.8	9.3
SEM	1.26	0.52	0.48
P-value	0.276	0.117	0.068

L. reuteri did not significantly change FD-4 fluorescence intensity in IPEC-J1 cells (Wang et al., 2016). On the other hand, L. plantarum ZLP001 pretreatment significantly suppressed the increase in gut permeability caused by ETEC infection, suggesting that L. plantarum ZLP001 can alleviate epithelial damage caused by ETEC. This result was consistent with that of a previous study in which permeability to FD-4 indicated that L. reuteri treatment maintains the barrier integrity of IPEC-J1 cells exposed to ETEC (Wang et al., 2016).

TJ proteins play crucial roles in maintaining barrier integrity and function. They include transmembrane proteins such as claudins and occludins, and cytoplasmic scaffolding proteins, such as the ZO family, which have linking and sealing effects (Suzuki, 2013). In this study, relative TJ transcript and protein abundances were significantly reduced after ETEC infection. However, these reductions were abrogated by pretreatment with *L. plantarum* ZLP001. Previous studies using various probiotic strains reported similar results *in vivo* and in *vitro* (Yang et al., 2014; Wu et al., 2016). Therefore, probiotic *L. plantarum* ZLP001 may fortify intestinal epithelial resistance to pathogens by maintaining TJ protein abundance.

Cytokines play significant regulatory roles in the intestinal inflammatory response. Several studies have demonstrated the effects of probiotics on cytokine expression. Nevertheless, this regulatory action varies with strain. L. reuteri ACTT 6475 shows immunosuppressive action by inhibiting *TNF*α overexpression in LPS-activated human monocytoid THP1 cells (Lin et al., 2008). However, L. reuteri ACTT 55730 significantly stimulates TNF-α production as an immunostimulatory action (Jones and Versalovic, 2009). In the present study, L. plantarum ZLP001 per se did not influence the expression of proinflammatory cytokines, but inhibited their ETEC-induced overexpression, thus exerting an immunosuppressive action. Certain proinflammatory cytokines reportedly are associated with pathogeninduced TJ protein changes (Otte and Podolsky, 2004). ETEC K88 substantially increases IL-8 and disrupts the membrane barrier; however, this disruption can be alleviated by *L. plantarum* pretreatment (Wu et al., 2016). We obtained similar results in the present study. ETEC-induced increases in IL-6-, IL-8-, and TNF- $\alpha$  expression were effectively counteracted by *L. plantarum* ZLP001 pretreatment. This observation was consistent with the FD-4 assay results and TJ protein expression levels. Similar findings indicated that *L. reuteri* inhibits *TNF*-α expression and may protect TJ proteins (Yang et al., 2015). Highthroughput sequencing analysis of post-weaning piglet feces after L. plantarum ZLP001 or control treatment revealed relatively low abundances of certain bacterial genera in the probiotic-treated group. Some of these are associated with various pathological conditions, e.g., Peptostreptococcaceae incertae sedi, which is dominant in viral diarrhea (Ma et al., 2011). Wang et al. (2017) reported that *IL-1*β and *TNF-*α transcript levels were positively correlated with Clostridium sensu stricto 1 enrichment in the sheep colon. In the present study, Clostridium sensu stricto 1 was significantly less abundant in the probiotic-treated than in the control group. Certain Clostridium spp. are harmful to host health. Epithelial inflammation observed in weaned piglets may be correlated with Clostridium sensu stricto 1 enrichment in their intestinal mucosa (Wang et al., 2017). The protective effect of probiotics in terms of epithelial immunity may be partially explained by microbiota modulation. One limitation of

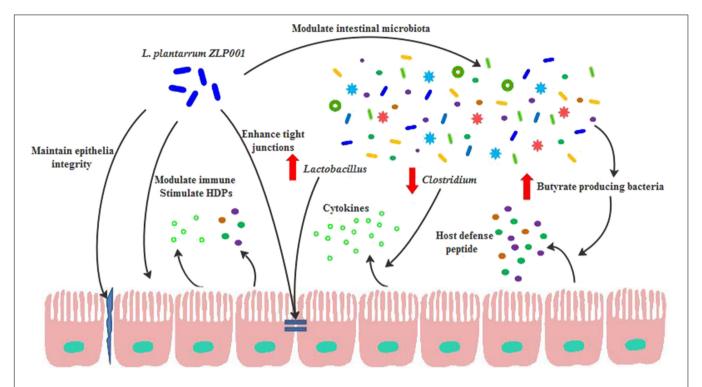


**FIGURE 7** | Correlations between relative generic abundance and SCFA concentrations in feces obtained from post-weaning piglets. Only the relative abundances of the top 30 bacterial genera are shown. Correlation is indicated by a color gradient from green to red based on Spearman's correlation coefficients. Asterisks in red cells represent significant positive correlations ( $^*P < 0.05$ ;  $^{**}P < 0.01$ ). Asterisks in green cells represent significant negative correlations ( $^*P < 0.05$ ). AA, acetic acid; PA, propionic acid; BA, butyric acid.

the present study was that we did not evaluate proinflammatory cytokines in the piglet intestinal tissue and thus, we could not analyze the correlation with microbiota abundance. Such relationships merit further investigation.

The secretion of HDPs, which exert both antimicrobial and immunomodulatory activities, is an epithelial innate immunity

mechanism (Bevins et al., 1999; Zhang et al., 2000). Enhancing endogenous HDP synthesis improves the early response to bacterial infection and inflammation (Veldhuizen et al., 2008). Nutrients, such as VD<sub>3</sub>, butyrate, and zinc induce HDP secretion (Talukder et al., 2011; Zeng et al., 2013; Merriman et al., 2015). Probiotics can also stimulate HDP expression (Schlee et al., 2008;



**FIGURE 8** Suggested mechanism by which *L. plantarum ZLP001* protects intestinal barrier function from weaning stress. *L. plantarum ZLP001* functions not only through maintaining epithelial integrity, improving TJs, regulating the immune response, and stimulating HDPs, but also via modulating the intestinal indigenous microbiota. Modulated microbiota and alterations in certain bacterial taxa in turn enhance epithelial function.

Liu et al., 2017). In the present study, increased pBD2 and PG1-5 expression and pBD2 secretion were observed after L. plantarum ZLP001 treatment, suggesting that this strain can induce HDPs, to protect against bacterial infection. Similar results have been reported for the probiotic strain L. reuteri I5007 (Liu et al., 2017). The administration of synthetic HDPs reportedly can improve weaned piglet growth performance, nutrient digestion and assimilation, intestinal health, and antioxidant capacity (Xiao et al., 2013; Yoon et al., 2013; Yu et al., 2017). Therefore, the induction of HDP expression by L. plantarum ZLP001 may be correlated with the improved growth and reduced risk of diarrhea reported in our previous studies. SCFAs, especially butyrate, induce HDPs (Zeng et al., 2013). Butyrate production by enteric microbiota is the only microbial stimulus capable of inducing HDP expression (Schauber et al., 2003). Most butyrate-producing bacteria belong to Clostridium clusters IV and XIVa. Butyrate metabolism has been observed in species of Faecalibacterium and Anaerotruncus, e.g., Faecalibacterium prausnitzii and Anaerotruncus colihominis are butyrate producers (El Aidy et al., 2013; Wrzosek et al., 2013). A. colihominis has been shown to specifically colonize the lumen whereas F. prausnitzii is enriched in the mucus (Van den Abbeele et al., 2013). In the present study, Faecalibacterium spp. and Anaerotruncus spp. were significantly abundant in L. plantarum ZLP001-treated piglets. Therefore, increasing the abundances of these genera may elevate butyrate levels and epithelial HDP expression. The present study confirmed a positive correlation between fecal butyric acid and Anaerotruncus spp. abundance after

L. plantarum ZLP001 treatment. In addition, Faecalibacterium spp. abundance showed a positive correlation with acetic acid concentration. Acetic acid can be converted to butyrate by Eubacterium rectale (Duncan and Flint, 2008), which may enhance HDP expression. The modulation of butyrate producers with probiotics to generate butyrate to stimulate HDP levels in the epithelium may thus be a meaningful approach for future interventions that aim to improve intestinal balance. Few studies have focused on the association between HDP production and probiotic function. Future studies involving probiotical and the non-pathogenic enteric bacterial regulation of antimicrobial peptides may elucidate the beneficial effects of probiotics against pathogen infection.

The piglet intestinal microbiota undergoes substantial dynamic changes after weaning, and this alteration can be associated with severe disorders and bowel disease. In the present study, fecal bacterial communities were dominated by Firmicutes and Bacteroidetes, regardless of treatment. This result was expected because the colon is a strictly anaerobic environment and most of the species within these phyla are anaerobic. Similar results were reported in previous pig studies (Konstantinov et al., 2004; Kim and Isaacson, 2015). *Prevotella*, which is associated with hemicelluloses degradation, reportedly is the predominant genus in piglets at nursery stage (Konstantinov et al., 2004). A high *Prevotella* spp. abundance may be essential for post-weaning piglets to be able to digest plant-based diets. Post-weaning increases in the proportions of *Lactobacillus* spp. are desirable and beneficial. Previous studies have shown that

oral administration of lactic acid bacteria enhances the relative abundance of intestinal Lactobacillus spp. in weaned piglets (Hu et al., 2015; Zhang et al., 2016). In the present study, dietary L. plantarum ZLP001 supplementation significantly increased *Lactobacillus* spp. abundance in the post-weaning piglet intestine. L. plantarum ZLP001 may produce molecules that stimulate Lactobacillus spp. growth in the piglet intestine (Ohashi et al., 2001). Alternatively, the observed increase in Lactobacillus abundance may have resulted from the proliferation of the administered probiotic strain (Takahashi et al., 2007). Certain lactobacilli, such as L. rhamnosus, L. reuteri, and L. plantarum, protect TJ proteins after stress and infection and may, therefore, contribute to TJ integrity and intestinal barrier function (Yang et al., 2015; Blackwood et al., 2017). Further studies are needed to investigate specific species and their effects on piglet epithelial TJ proteins. The effects on gut microbiota composition and community observed after L. plantarum ZLP001 treatment in this study suggest that the modulation of the intestinal flora by L. plantarum ZLP001 helps to maintain a well-balanced gut microbiota, thereby improving the health and growth of pigs.

#### CONCLUSION

Our IPEC-J2 model demonstrated that L. plantarum ZLP001 enhances intestinal barrier function by (1) maintaining epithelial integrity and preventing ETEC-induced gut permeability, (2) forming TJs and reducing ETEC-induced TJ damage, (3) modulating immune function and repressing the ETEC-induced immune response, and (4) inducing the secretion of antimicrobial peptides to protect against pathogens. Our study also indicated that L. plantarum ZLP001 supplementation improved gut bacterial ecology and barrier function in weaned piglets by (1) reducing the abundance of certain bacterial species correlated with proinflammatory cytokine expression, (2) modulating butyrate-producing enteric microbiota to induce epithelial HDP expression, and (3) enhancing intestinal Lactobacillus abundance to improve the gut microbiota composition and reinforce TJs (Figure 8). Elucidation of the mechanisms by which probiotics act on the intestinal barrier will promote their use in livestock

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production. In addition, further animal studies are required to determine how *L. plantarum* ZLP001 protects the piglet intestinal barrier both before and after pathogenesis.

#### **AUTHOR CONTRIBUTIONS**

JW and HJ conceived and designed the experiments. JW, SW, HL, and DZ performed the experiments. JW and WZ analyzed the data. YW contributed reagents and materials. JW and HJ helped to draft the manuscript. All authors read and approved the final manuscript.

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#### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb. 2018.01953/full#supplementary-material

**FIGURE S1** Effects of *L. plantarum* ZLP001 on microbial community structure in piglet feces based on principal coordinate analysis (PCoA). PCoA plot showing microbiota clustering in various treatments. Each dot represents an individual sample. Red and green indicate control and probiotic-treated samples, respectively. C and P represent control and probiotic-treated groups, respectively. Numbers represent individual animals.

TABLE S1 | Primers used in this study.

TABLE S2 | Antibodies used in this study.

TABLE S3 | Ingredients and chemical composition of the basal diet.

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# Swine-Derived Probiotic Lactobacillus plantarum Inhibits Growth and Adhesion of Enterotoxigenic Escherichia coli and Mediates Host Defense

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Wang J, Zeng Y, Wang S, Liu H, Zhang D, Zhang W, Wang Y and Ji H (2018) Swine-Derived Probiotic Lactobacillus plantarum Inhibits Growth and Adhesion of Enterotoxigenic Escherichia coli and Mediates Host Defense. Front. Microbiol. 9:1364. doi: 10.3389/fmicb.2018.01364 Weaning stress renders piglets susceptible to pathogen infection, which leads to postweaning diarrhea, a severe condition characterized by heavy diarrhea and mortality in piglets. Enterotoxigenic Escherichia coli (ETEC) is one of typical strains associated with post-weaning diarrhea. Thus, prevention and inhibition of ETEC infection are of great concern. Probiotics possess anti-pathogenic activity and can counteract ETEC infection; however, their underlying mechanisms and modes of action have not yet been clarified. In the present study, the direct and indirect protective effects of Lactobacillus plantarum ZLP001 against ETEC infection were investigated by different methods. We found that bacterial culture and culture supernatant of L. plantarum ZLP001 prevented ETEC growth by the Oxford cup method, and ETEC growth inhibition was observed in a co-culture assay as well. This effect was suggested to be caused mainly by antimicrobial metabolites produced by L. plantarum ZLP001. In addition, adhesion capacity of L. plantarum ZLP001 to IPEC-J2 cells were observed using microscopy and counting. L. plantarum ZLP001 also exhibited a concentration-dependent ability to inhibit ETEC adhesion to IPEC-J2 cells, which mainly occurred via exclusion and competition mode. Furthermore, quantitative real time polymerase chain reaction (qPCR) analysis showed that L. plantarum ZLP001 upregulated the expression of host defense peptides (HDPs) but did not trigger an inflammatory response. In addition, L. plantarum ZLP001 induced HDP secretion, which enhanced the potential antimicrobial activity of IPEC-J2 cell-culture supernatant after incubation with L. plantarum ZLP001. Our findings demonstrate that L. plantarum ZLP001, an intestinal Lactobacillus species associated with piglet health, possesses anti-ETEC activity. L. plantarum ZLP001 might prevent ETEC growth, inhibit ETEC adhesion to the intestinal mucosa, and activate the innate immune response to secret antimicrobial peptides. L. plantarum ZLP001 is worth investigation as a potential probiotics.

Keywords: Lactobacillus plantarum, ETEC, growth prevention, adhesion inhibition, host defense peptides

#### INTRODUCTION

Piglets are exposed to various stresses after weaning and are vulnerable to infections caused by enteric pathogens that cause post-weaning diarrhea. Intestinal infection severely affects piglet health and growth performance (Campbell et al., 2013) and sometimes results in mortality, thus causing considerable economic loss. Therefore, the inhibition of pathogens, especially certain strains of *Escherichia coli* (*E. coli*), responsible for significant infections in piglets, with disease forms ranging from mild to bloody diarrhea, is of special interest in the swine industry (Fairbrother et al., 2005). Enterotoxigenic *E. coli* (ETEC) is one of the main pathogens associated with post-weaning diarrhea in piglets, and ETEC infection can be fatal for piglets and leads to death in more than 50% of piglets (Gyles, 1994; Bailey, 2009).

Probiotics have been studied extensively as a main potential antibiotic alternative in animal husbandry and have been demonstrated to benefit animal health in multiple ways. Moreover, they are considered to be the only efficient feed additive against pathogen infection in piglets (Gresse et al., 2017). Probiotics have been shown to counteract ETEC-induced injury and inflammation (Guerra-Ordaz et al., 2014; Yang et al., 2015; Trevisi et al., 2017). However, not all probiotic species exert anti-infection activity in the intestines, and their underlying mechanisms are still insufficiently characterized. Their protective effect against pathogenic infections was recently shown to involve inhibition of pathogen growth, prevention of adhesion of pathogens to the intestinal mucosa, and modulation of the inflammatory responses of intestinal epithelial cells (Gresse et al., 2017).

Growth inhibition of pathogens is one of the most direct and important ways in which probiotics act against pathogens, and is considered the most essential characteristic of probiotic strains. Growth inhibition by probiotics is thought to occur mainly via a lowering of the pH to a level not suitable for most pathogens (Sreekumar and Hosono, 2000; Lin et al., 2009). Probiotics also combat pathogens by producing a variety of microbicidal substances, such as bacteriocins and microcins, which exert bactericidal or bacteriostatic actions (Dubreuil, 2017). Multiple probiotics have been demonstrated to inhibit pathogen growth by one or both of these mechanisms. Probiotics may also have the ability to reduce or prevent pathogen colonization of the animal intestine by inhibiting pathogen adhesion in a strain-specific and concentration-dependent manner (Walsham et al., 2016; Wang et al., 2016). Moreover, different probiotics employ different adhesion inhibition mechanisms, such as steric hindrance, competitive exclusion, or regulation of the immune system (Roselli et al., 2006). In addition, host defense peptides (HDPs), produced mainly by intestinal epithelial cells and phagocytes in the gastrointestinal tract, are important components of the innate immune system that play critical roles in pathogen elimination. These HDPs can be stimulated by nutritional compounds, including vitamin D<sub>3</sub>, butyrate, and zinc, in addition to infection and inflammation (Talukder et al., 2011; Zeng et al., 2013; Merriman et al., 2015). Recent studies have revealed that probiotics can stimulate HDP expression without modulating inflammatory responses (Schlee et al., 2008; Liu et al., 2017). However, different probiotic strains show varying HDP-inducing abilities, and the HDP secretion induction and antibacterial activity of secreted HDP have not yet been studied.

Lactobacillus is among the predominant indigenous genera in human and animal gastrointestinal tracts and is commonly used in probiotics. Our previous studies revealed that dietary supplementation with L. plantarum ZLP001, originally isolated from the intestinal tract of a healthy weaned piglet (Wang et al., 2011), exerted beneficial effects on growth performance and antioxidant status in weaning piglets (Wang et al., 2012). However, the potential inhibitory impact on pathogenic bacterial growth and adhesion, and the induction of antimicrobial peptides by this strain are still under investigation. In this study, L. plantarum ZLP001 was evaluated for its ETEC growth and adhesion inhibitory abilities as well as for its ability to stimulate the expression and secretion of HDPs and thus enhance the antimicrobial activity of epithelial cell culture supernatant after incubation with L. plantarum ZLP001.

#### MATERIALS AND METHODS

#### **Bacterial Culture**

Lactobacillus plantarum ZLP001 was isolated from a healthy piglet in our laboratory, identified by the China Center of Industrial Culture Collection (Beijing, China), and preserved in the China General Microbiological Culture Collection Center (CGMCC No. 7370). L. plantarum ZLP001 were grown in improved De Man Rogosa Sharpe (MRS) medium at 37°C under anaerobic condition.

The *E. coli* used in our study was an F4-expressing ETEC strain (serotype O149:K91, K88ac) obtained from the China Veterinary Culture Collection Center.  $F4^+$  ETEC were grown in Luria-Bertani (LB) medium (Oxoid, Basingstoke, United Kingdom) at  $37^{\circ}$ C.

#### **Antimicrobial Activity Assay**

The pathogen growth inhibition by L. plantarum ZLP001 were investigated according to the method of Benavides et al. (2016) with some modifications. After overnight culture, L. plantarum ZLP001 was inoculated at 1:100 (v/v) in improved MRS liquid medium and cultured for 18 h at 37°C under anaerobic condition. The supernatant and bacterial cells were collected by centrifugation at  $4000 \times g$  for 10 min at  $4^{\circ}$ C. The supernatant was sterilized using a 0.25-µm filter (Corning Inc., Corning, NY, United States). Bacterial cells of L. plantarum ZLP001 were washed with phosphate-buffered saline (PBS) and then resuspended to original concentration. To determine the antimicrobial activity of ZLP001, the indicator ETEC strain was grown using LB broth and adjusted to a concentration of 10<sup>7</sup> colony-forming units (CFU)/mL with LB broth. This prepared culture was poured on pre-prepared nutrient agar plates containing several Oxford cups, which were removed when the agar was solidified. The L. plantarum ZLP001 culture solution, supernatant, and resuspended bacterial cells (100  $\mu L$ ) were spotted onto the wells and incubated at 37°C.

After 12-h incubation, the inhibition zones were determined. Three independent experiments were carried out. The mean diameters of inhibition zones were estimated, and inhibition halos >15 mm indicated high inhibitory activity (Benavides et al., 2016).

## Coculture of *L. plantarum* ZLP001 and ETEC

After overnight culture, *L. plantarum* ZLP001 and ETEC were diluted to  $10^7$  CFU/mL in sterile MRS medium, which equally supports the growth of *L. plantarum* and ETEC. Then,  $10^7$  CFU *L. plantarum* ZLP001 and ETEC were inoculated together in fresh MRS medium to a final volume of 50 mL. One milliliter of pure culture samples and 1 mL of co-culture samples were collected after 6, 12, and 24 h of incubation to evaluate bacterial growth. Samples were spread in dilutions of  $10^{-1}$ –  $10^{-6}$ , and *L. plantarum* ZLP001 and ETEC on MRS and LB agar plates, respectively, and incubated at  $37^{\circ}$ C for colony enumeration. The pH of the samples was measured at different intervals.

#### **Cell Line and Culture Conditions**

The porcine intestinal epithelial cell line IPEC-J2 was originally derived from jejunums of neonatal piglets (Schierack et al., 2006) and is considered a valuable in vitro model system for investigating the interaction of bacteria (commensal or transient) with the small intestinal epithelium. The IPEC-J2 cells used in the present study were purchased from JENNIE-O Biological Technology (Guangzhou, China). IPEC-J2 cells were cultured in a 1:1 mixture of Dulbecco's modified Eagle's medium/Ham's Nutrient Mixture F-12 (DMEM/F12) supplemented with 10% fetal bovine serum (FBS), streptomycin (100 μg/mL), and amphotericin B (0.5 μg/mL) under 5% CO<sub>2</sub> in a 95% air atmosphere with 90% humidity at 37°C. The cells were maintained by replacing the medium with fresh medium every 2-3 days and were split with 0.25% w/v trypsin (Gibco-Invitrogen, Carlsbad, CA, United States) at each passage.

#### Adhesion and Adhesion Inhibition Assays

Adhesion of L. plantarum ZLP001 to IPEC-J2 cells was evaluated by microscopy and agar plate counting. IPEC-J2 cells were seeded into 6-well plates at a density of  $2.5 \times 10^5$  cells/well (Costar, Corning Inc., Corning, NY, United States). When the cells had grown to ~80% confluence (approximately overnight), they were exposed to L. plantarum ZLP001 at different concentrations (10<sup>7</sup>, 10<sup>8</sup>, and 10<sup>9</sup> CFU/mL). L. plantarum ZLP001 bacteria were resuspended and diluted in DMEM/F12 without FBS or antibiotics. The plates were incubated for 2 h at 37°C. All assays were replicated in duplicate wells. Treated IPEC-J2 cells were washed three times with PBS, fixed with methanol, followed by gram staining, and then sealed with resin (Sigma-Aldrich, St. Louis, MO, United States). Adhered L. plantarum ZLP001 were observed by microscopy at a magnification of 1,000×. The number of bacteria adhered per 100 IPEC-J2 cells was counted and is reported as the adhesion index. Agar plate counting was performed according to the method described by Kaushik et al. (2009). After incubation, the supernatant was discarded and the cells were washed with PBS. After the cells were lysed with 100  $\mu$ L of 0.2% Triton<sup>TM</sup> X-100 (Sigma-Aldrich, St. Louis, MO, United States), viable counts of *L. plantarum* ZLP001 were determined by serial dilution and plating on MRS agar. Adhesion was expressed as bacteria adhering to IPEC-J2 cells per well.

To evaluate the inhibitory effect of L. plantarum ZLP001 on ETEC adhesion to IPEC-J2 cells, L. plantarum ZLP001 was added at  $10^7$ ,  $10^8$ , and  $10^9$  CFU/mL 1 h before (preaddition), at the same time (co-addition), or 1 h after (post-addition) the indicator ETEC strain was added. Cells treated with only ETEC were used as a control. After 2 h of incubation, the IPEC-J2 cells were washed to remove unbound bacteria. The cells were lysed with  $100~\mu L$  of 0.2% Triton  $^{TM}$  X-100, and viable ETEC counts were determined by serial dilution and plating on LB agar. Adhesion was calculated as the percentage of adhering ETEC normalized to the control.

## Detection of HDP and Proinflammatory Cytokine Expression by Real-Time PCR

To evaluate the stimulatory effects of L. plantarum ZLP001 on HDP and proinflammatory cytokine expression in IPEC-J2 cells, the cells were incubated with or without L. plantarum ZLP001 at different concentrations. The concentrations for concentration-dependent experiments were  $10^5$ ,  $10^6$ ,  $10^7$ ,  $10^8$ , and  $10^9$  CFU/mL L. plantarum ZLP001. DMEM/F12 containing different concentrations of L. plantarum ZLP001 was obtained as described above. The incubation time was set at 6 h after a time-dependent (3, 6, 9, and 12 h) preliminary experiment (data not shown).

After treatment, the cells were lysed directly in RNAzol (Molecular Research Center, Cincinnati, OH, United States) to extract total RNA, according to the manufacturer's instructions. RNA concentration and purity were determined using a NanoDrop Spectrophotometer (NanoDrop Technologies, Inc., Wilmington, DE, United States). First-strand cDNA was synthesized by reverse transcription of 1 µg of total RNA using an iScript<sup>TM</sup> cDNA Synthesis Kit (Bio-Rad Laboratories, Inc., Hercules, CA, United States), according to the manufacturer's instructions. Real-time PCR was carried out on a QuantStudio 3 Real-Time PCR System (Applied Biosystems, Foster City, CA, United States) with iTaq<sup>TM</sup> Universal SYBR® Green Supermix (Bio-Rad Laboratories, Inc., Hercules, CA, United States). The porcine-specific primers used in this study were designed using the Primer Express software (Applied Biosystems, Foster City, CA, United States). The expression level of each gene was normalized to that of the housekeeping gene glyceraldehyde-3-phosphate dehydrogenase (GAPDH). All primers used in this study are listed in Table 1. The  $\Delta\Delta$ Ct method as described by Livak and Schmittgen (2001) was used to calculate relative gene expression.

TABLE 1 | Primer sequences used for quantitative real-time PCR.

Gene	Forward primer	Reverse primer	Product size (bp)	Accession number
GAPDH	GCTACACTGAGGACCAGGTTG	CCTGTTGCTGTAGCCAAATTC	146	XM_021091114.1
pBD-1	TTCCTCCTCATGGTCCTGTT	AGGTGCCGATCTGTTTCATC	130	NM_213838.1
pBD-2	TGTCTGCCTCCTCTTCC	AACAGGTCCCTTCAATCCTG	149	NM_214442.2
pBD-3	CCTTCTCTTTGCCTTGCTCTT	GCCACTCACAGAACAGCTACC	163	XM_021074698.1
PG1-5	ACGGTGAAGGAGACTGTG	CGCAGAACCTACGCCTACAA	196	XM_021070622.1
pEP2C	ACTGCTTGTTCTCCAGAGCC	TGGCACAGATGACAAAGCCT	92	XM_003362076.4
IL-6	AAATGCTCTTCACCTCTC	TCACACTTCTCATACTTCTC	106	NM_001252429.1
IL-8	TTCGATGCCAGTGCATAAATA	CTGTACACCTTCTGCACCCA	176	NM_213867.1
$TNF$ - $\alpha$	CCCCTCTGAAAAAGACACCA	TCGAAGTGCAGTAGGCAGAA	180	NM_214022.1

## Enzyme-Linked Immunosorbent Assay (ELISA) of Porcine $\beta$ -Defensin 1 (pBD-1) and pBD-2

From each treatment described as above, 500  $\mu$ L of cell culture supernatant was collected, centrifuged at 4,000  $\times$  g for 10 min at 4°C, and passed through a 0.25- $\mu$ m filter. Secreted pBD-1 and pBD-2 were quantified using commercial ELISA kits (Cloud-Clone Corp. USCN Life Science, Inc., Wuhan, China), according to the manufacturer's protocols.

## Antibacterial Activity of the Cell Culture Supernatant

Antibacterial activity of the cell culture supernatant was determined refer to the method by Wan M.L. et al. (2016). Prepared IPEC-J2 cells were treated with L. plantarum ZLP001 at different concentrations (10<sup>5</sup>, 10<sup>6</sup>, 10<sup>7</sup>, 10<sup>8</sup>, and 10<sup>9</sup> CFU/mL) in triplicate. DMEM-F12 containing different concentrations of L. plantarum ZLP001 was prepared as described above. Nontreated IPEC-J2 cells were used as a negative control. Wells containing only L. plantarum ZLP001 at different concentrations resuspended in DMEM/F12 were used as positive controls to subtract any influence of L. plantarum ZLP001 metabolites on antimicrobial activity. After 6 h of incubation, the cell culture supernatant was collected and passed through a 0.25μm filter. The indicator ETEC strain was used to evaluate the antibacterial activity of the supernatant. Overnight-grown ETEC was harvested by centrifugation, washed three times in PBS, and resuspended to a final concentration of 10<sup>7</sup> CFU/mL. Ten microliters of ETEC suspension was incubated with 500 µL of cell culture supernatant. After 2 h of incubation at 37°C with shaking at 200 rpm, the number of viable ETEC bacteria was quantified by serial dilution and plating on LB agar.

#### **Statistical Analysis**

Statistical analysis was performed using one-way analysis of variance (ANOVA) and Student's *t*-test in the SAS statistical software package version 9.3 (SAS Institute Inc., Cary, NC, United States). Duncan's multiple range test was performed to compare the differences between means (Harter, 1960). GraphPad Prism version 5 (GraphPad Software, Inc., San Diego, CA, United States) was used to visualize the data. The level

of confidence at which experimental results were considered significant was P < 0.05.

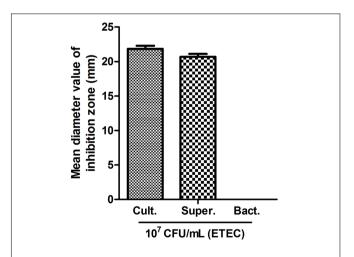
#### **RESULTS**

## L. plantarum ZLP001 Exhibits Antimicrobial Activity

Lactobacillus plantarum ZLP001 bacterial culture solution and supernatant exhibited antimicrobial activity against 10<sup>7</sup> CFU/mL ETEC, with mean inhibition-zone diameters of 21.8 and 20.7 mm, respectively (**Figure 1**). No inhibition zone was observed with *L. plantarum* ZLP001 resuspended in PBS (the inhibition zone diameter was approximately 0–1 mm). **Supplementary Figure S1** visualizes an inhibition zone formed by *L. plantarum* ZLP001 on 10<sup>7</sup> CFU/mL ETEC.

## L. plantarum ZLP001 Inhibits ETEC Growth

**Figure 2** shows the growth patterns of *L. plantarum* ZLP001 and ETEC in pure culture and in co-culture. The viable count of each species and medium pH were measured. *L. plantarum* ZLP001



**FIGURE 1** Antimicrobial activity of *L. plantarum* ZLP001. Mean inhibition zone diameter in mm recorded after 12 h of incubation. Bars represent means  $\pm$  standard errors (SEs) of three independent experiments.

showed similar growth patterns in pure culture and co-culture (**Figure 2A**). The number of viable cells was slightly higher in co-culture than in pure culture. ETEC grew in MRS medium and reached a concentration of 10<sup>8</sup> CFU/mL at the end of culture (24 h) (**Figure 2B**). ETEC growth was inhibited in co-culture with *L. plantarum* ZLP001, and the viable counts were constant until 12 h and then rapidly declined. After 24 h, no viable ETEC bacteria were detected. Acid production by *L. plantarum* ZLP001, as indicated by a decrease in medium pH (**Figure 2C**), was the same under each of the culture conditions. The decline in pH in pure ETEC culture was slower than that in pure *L. plantarum* ZLP001 culture and co-culture, with the pH dropping to 5.32 at the end of the culture (24 h).

## L. plantarum ZLP001 Adheres to Porcine Intestinal Cells and Inhibits ETEC Adhesion

Adhesion of *L. plantarum* ZLP001 to IPEC-J2 cells was observed by light microscopy after methanol fixation and Gram staining (**Figure 3A**). The adhesion index showed an obvious concentration-dependent effect (P < 0.01); the number of *L. plantarum* ZLP001 cells adhered to 100 IPEC-J2 cells sharply increased with inoculated bacterial concentration (**Figure 3B**). The adhesion capacity as assessed by the agar-plate counting method was also concentration-dependent (P < 0.01). The adhered *L. plantarum* ZLP001 increased from 4.72 log CFU at  $10^7$  inoculated bacteria to 7.68 log CFU at  $10^9$  inoculated bacteria (**Figure 3C**).

To investigate the inhibitory effects of L. plantarum ZLP001 on ETEC adhesion, a high (109 CFU/mL), intermediate (108 CFU/mL), and low concentration (107 CFU/mL) of L. plantarum ZLP001 were tested. L. plantarum ZLP001 inhibited ETEC adhesion at all concentrations (Figure 4, P < 0.01) in a concentration-dependent manner, and the inhibition ratio increased considerably with inoculated bacterial concentration. To compare different inhibition assays, L. plantarum ZLP001 was added to IPEC-J2 cells 1 h before (pre-addition, Figure 4A), simultaneously with (co-addition, Figure 4B), or 1 h after (postaddition, Figure 4C) addition of ETEC. The results showed that L. plantarum ZLP001 inhibited ETEC adhesion regardless of the time of administration. Post-addition had a lesser inhibitory effect than pre- and co-addition. When data obtained for the three concentrations were pooled, ETEC adhesion was 47.4% for the pre-addition assay, 52.3% for the co-addition assay, and 70.0% for the post-addition assay.

## L. plantarum ZLP001 Induces HDP mRNA Expression in Porcine Intestinal Cells

The mRNA expression of porcine HDPs was measured in IPEC-J2 cells to assess the effects of L. plantarum ZLP001 on HDP modulation. We detected most of the porcine HDP genes, including the two main families in mammals (cathelicidins and  $\beta$ -defensins), by real-time PCR (**Figure 5**). HDP genes with significantly induced expression in IPEC-J2 cells upon exposure to L. plantarum ZLP001 included pBD1, pBD2, pBD3,

protegrins 1-5 (PG1-5), and epididymis protein 2 splicing variant C (pEP2C). Genes showing undetectable expression levels before or after treatment, undetectable expression levels in unstimulated cells, or no significant difference in expression levels after incubation were excluded from further analysis. Most genes with significant induction following exposure of IPEC-J2 cells to L. plantarum ZLP001 showed concentrationdependence. The expression levels of pBD2 (Figure 5B) and pBD3 (Figure 5C) obviously increased along with L. plantarum ZLP001 concentration, with the highest fold inductions at  $10^9$  CFU/mL (P < 0.05). For pBD1 (Figure 5A) and PG1-5 (Figure 5D), the expression levels first increased and then tended to decrease, with mRNA expression of pBD1 peaking at 108 CFU/mL and that of PG1-5 at 106 CFU/mL. Additionally, pEP2C (Figure 5E) mRNA expression was maximal at 108 CFU/mL, while other concentrations did not induce an obvious increase (P > 0.05). The magnitude of induction also varied among several genes; pBD2 showed the highest maximum fold change, whereas pEP2C showed the lowest maximum fold change.

#### L. plantarum ZLP001 Does Not Induce Proinflammatory Cytokine mRNA Expression in Porcine Intestinal Cells

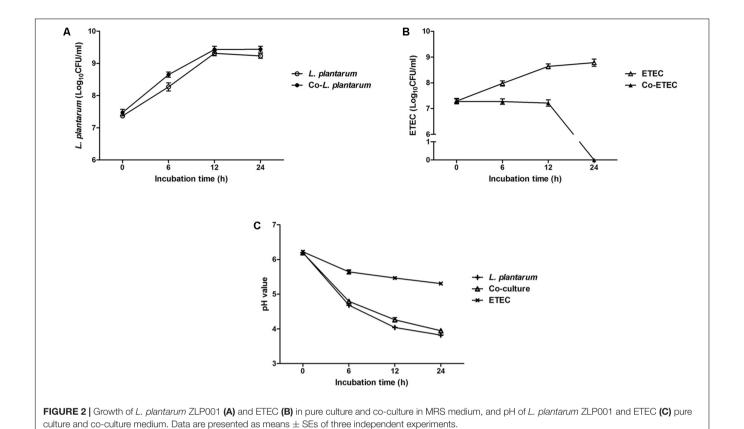
Relative mRNA expression of interleukin 6 (*IL-6*), *IL-8*, and tumor necrosis factor  $\alpha$  (*TNF* $\alpha$ ) induced by *L. plantarum* ZLP001 in porcine IPEC-J2 cells was determined (**Supplementary Figures S2A–C**). The results showed that none of the detected proinflammatory cytokines were induced by *L. plantarum* ZLP001 inoculation, regardless of concentration (P > 0.05), which suggested that *L. plantarum* ZLP001 did not provoke an inflammatory response in the intestine.

## L. plantarum ZLP001 Induces HDP Secretion by Porcine Intestinal Cells

The antibacterial effect of L. plantarum ZLP001 on IPEC-J2 cells against ETEC may be associated with the HDP expression and secretion. We investigated the levels of pBD1 and pBD2 (commercial ELISA kits with antibodies for other HDPs were not available) in the cell-culture supernatant using ELISA after treatment of cells with L. plantarum ZLP001 at different concentrations (**Figure 6**). L. plantarum ZLP001 showed different abilities to promote pBD1 and pBD2 secretions compared to that of the control at different concentrations. For pBD1 (**Figure 6A**), high concentrations of inoculated L. plantarum ZLP001 induced significantly increased defensin secretion ( $10^7 - 10^9$  CFU/mL, P < 0.05), whereas for pBD2 (**Figure 6B**), only the highest inoculated concentration showed a significant induction of secretion (P < 0.05).

## Antibacterial Activity of Cell-Culture Supernatant

To further evaluate the antibacterial effects of *L. plantarum* ZLP001 after stimulation of IPEC-J2 cells, the antibacterial activity of cell-culture supernatant was measured using the indicator ETEC strain (**Figure** 7). IPEC-J2 cells were incubated



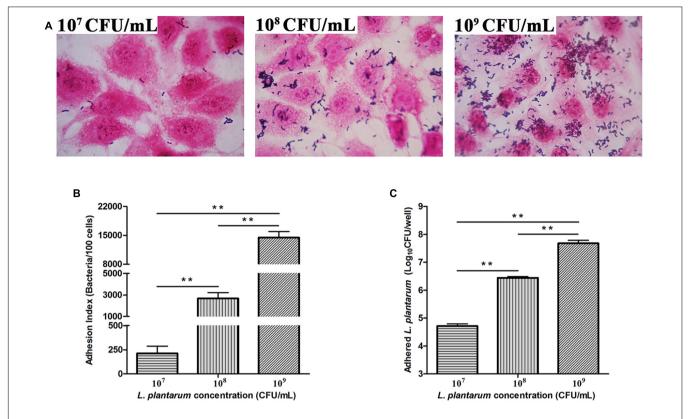
in the absence or presence of L. plantarum ZLP001 at different concentrations. Considering the proliferation and antibacterial activity of L. plantarum ZLP001 itself, we inoculated L. plantarum ZLP001 alone in DMEM/F12 as a positive control. Supernatant collected from L. plantarum ZLP001-treated IPEC-J2 cells reduced ETEC counts compared to the negative control (without L. plantarum ZLP001) at all concentrations of ZLP001, and further reduced the counts as compared to supernatant collected from L. plantarum ZLP001 alone, at the concentration of  $10^8$  CFU/mL(P < 0.05).

#### DISCUSSION

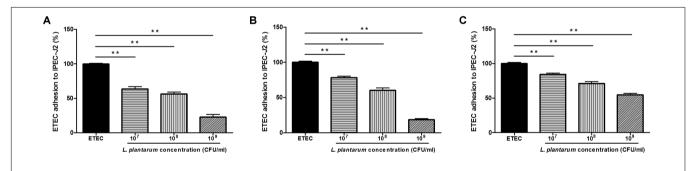
Many *L. plantarum* have been studied extensively and shown to possess broad-spectrum antimicrobial properties in different hosts (Guerra-Ordaz et al., 2014; El Halfawy et al., 2017). However, the mechanisms underlying pathogen inhibition and interaction with the host are still not thoroughly understood. In order to explain the mode of action of this species, antimicrobial properties were evaluated from different perspectives.

Growth inhibition of harmful bacteria is a major property of probiotics. The present study indicated that *L. plantarum* ZLP001 inhibited the growth of the common intestinal pathogen ETEC based on inhibition zone and co-culture assays. *Lactobacillus* spp. have the ability to upregulate host antimicrobial factors (Kirjavainen et al., 2008), which is possibly related to the lactic acid they produce, low pH, and antimicrobial compounds

(Longdet et al., 2011; Benavides et al., 2016). Acidic environment and stress induction in the outer membrane are all factors that potentially affect ETEC survival (Delley et al., 2015). In the present study, the L. plantarum ZLP001 bacterial culture as well as the supernatant showed antagonistic activity against ETEC, while no antagonistic activity (no inhibition zone) was observed with bacterial cells. This result suggested that the antimicrobial activity of L. plantarum ZLP001 is mainly related to its metabolism or the low pH condition rather than the bacteria per se. In our co-culture assay, the decreasing trend of pH under co-culture of L. plantarum ZLP001 and ETEC was similar to that observed for *L. plantarum* ZLP001 cultured alone. However, the negative effects of L. plantarum ZLP001 on viable ETEC count were not as pronounced when the co-culture period was less than 12 h. This suggested that the inhibitory effects of L. plantarum ZLP001 on ETEC viability occurred mainly via antibacterial metabolism. This observation is supported the finding that acidic conditions mediated by lactic acid are not the predominant mechanism by which Lactobacilli probiotics act (Fayol-Messaoudi et al., 2005). Lactobacillus can produce broadspectrum antimicrobial substances, such as extracellular organic acids, hydrogen peroxide, and bacteriocin-like compounds, which act against gram-positive and gram-negative pathogens (Azizi et al., 2017; Wang et al., 2017). We previously assessed the production of lactic acid by L. plantarum ZLP001 after 24 h of fermentation, which was in the range of 50-60 mmol/L (data not published). In addition, we demonstrated that L. plantarum ZLP001 has the ability to produce hydrogen peroxide based on



**FIGURE 3** Adhesion of *L. plantarum* ZLP001 to porcine small intestinal epithelial cells (IPEC-J2) **(A)**. Adhesion of *L. plantarum* ZLP001 to IPEC-J2 cells as indicated by adhesion index, which represents the number of adhered *L. plantarum* ZLP001 to 100 cells **(B)** and count of adhered viable *L. plantarum* ZLP001 **(C)**. Cells were incubated with *L. plantarum* ZLP001 at different concentrations ( $10^7$ ,  $10^8$ , and  $10^9$  CFU/mL) for 2 h. The magnification was 1,000×. Values are presented as means  $\pm$  SEs of three independent experiments. \*\*P < 0.01 compared to each concentration.

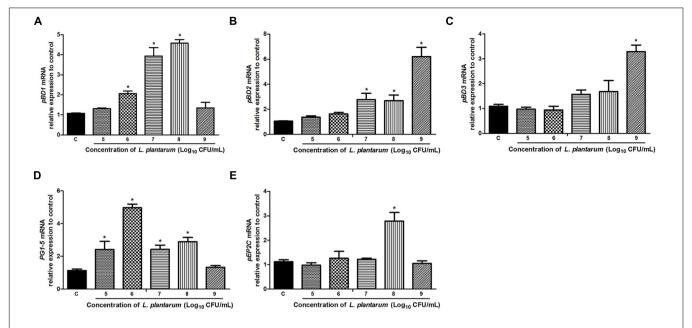


**FIGURE 4** | Inhibitory effect of *L plantarum* ZLP001 on ETEC adhesion to IPEC-J2 cells. ETEC adhesion inhibition was determined upon incubation in medium containing  $\sim 10^7$ ,  $\sim 10^8$ , and  $\sim 10^9$  CFU/mL of *L. plantarum* ZLP001 added 1 h before (pre-addition, **A**), at the same time (co-addition, **B**), or 1 h after (post-addition, **C**) addition of ETEC. Values are presented as means  $\pm$  SEs of three independent experiments. \*\*P < 0.01 compared to ETEC treatment.

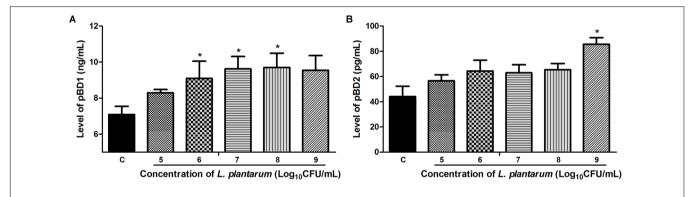
DAB staining intensity. With respect to bacteriocin, the presence of structural genes encoding for plantacirin in this strain as well as the antimicrobial agents secreted by *L. plantarum* ZLP001 remain to be confirmed.

Adhesion property is considered one of the most essential factors for a probiotic to fulfill its beneficial function. This study demonstrated that *L. plantarum* ZLP001 can effectively adhere to IPEC-J2 cells, which is consistent with the findings of a previous study using other *Lactobacillus* strains on IPEC-1 cells (Wang et al., 2016). The concentration of inoculated

L. plantarum ZLP001 and the number of adhered viable bacteria or the adhesion index showed a clear concentration-dependent relationship. However, pathogen adhesion is a prerequisite for the initiation of the infection, which is associated with the destruction of the intestinal epithelial structure and is crucial for targeted delivery of secreted enterotoxins. Besides producing enterotoxin, F4-fimbriated ETEC specifically attach to receptors on the brush border of the mucosa by expressing F4 fimbrial adhesins, which initiate infection (González-Ortiz et al., 2013). Several studies have demonstrated that probiotics have the



**FIGURE 5** | Relative gene expression of *pBD1* **(A)**, *pBD2* **(B)**, *pBD3* **(C)**, *PG1-5* **(D)**, and *pEP2C* **(E)** induced by *L. plantarum* ZLP001 in IPEC-J2 cells. Cells were incubated with *L. plantarum* ZLP001 at different concentrations  $(10^5, 10^6, 10^7, 10^8,$ and  $10^9$  CFU/mL) for 6 h. mRNA expression was standardized to *GAPDH* expression. The relative fold changes versus the unstimulated control were calculated by the  $\Delta\Delta$ Ct method. Values are presented as means  $\pm$  SEs of three independent experiments. \*P < 0.05 compared to non-stimulated control. C, non-stimulated control.

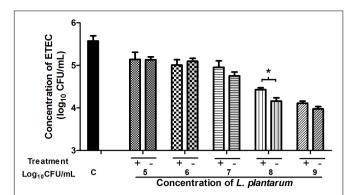


**FIGURE 6** | Levels of pBD1 **(A)** and pBD2 **(B)** protein in IPEC-J2 cell-culture supernatant following treatment of the cells with *L. plantarum* ZLP001 (10<sup>5</sup>, 10<sup>6</sup>, 10<sup>7</sup>, 10<sup>8</sup>, and 10<sup>9</sup> CFU/mL) for 6 h. Protein levels in the supernatant were determined by ELISA. Data are presented as means ± SEs of three independent experiments. \*P < 0.05 compared to non-stimulated control. C, non-stimulated control.

potential to prevent infection by inhibiting pathogen adhesion and penetration (Zareie et al., 2006; Fukuda et al., 2011). Our present results suggested that *L. plantarum* ZLP001 has the ability to inhibit ETEC adhesion to IPEC-J2 cells. This inhibition was more effective when *L. plantarum* ZLP001 was added at higher concentrations. Similar results have been reported by Jin et al. (2000), who showed that *Enterococcus faecium* 18C23 effectively inhibited the adhesion of *E. coli* F4ac to piglet intestinal immobilized mucus, especially at 10<sup>9</sup> CFU or more. Probiotics can pre-occupy or compete for pathogen-binding sites, thus interfering with pathogen adhesion and colonization (Tuomola et al., 1999). Our results were similar to those from other reports demonstrating that inhibition by probiotic added to epithelial cells prior to pathogens is more effective than attempting to

disrupt established pathogen colonization (Dunne et al., 2014; Manning et al., 2016). This suggested that *L. plantarum* ZLP001 can prevent ETEC adherence mechanistically through steric hindrance or binding-site competition (Wong et al., 2013). The binding sites are composed of different types of molecules, like fibronectin and collagen. *Lactobacillus* species have the ability to bind these molecules (Lorca et al., 2002; de Leeuw et al., 2006). In addition, bacterial co-aggregation may inhibit adhesion. Further, secretion of bacteriocin and other antimicrobial substances may be involved (Lebeer et al., 2010).

Host defense peptides exert both antimicrobial and immunomodulatory activities, and contribute to epithelial innate immune defense (Bevins et al., 1999; Zhang et al., 2000). The antimicrobial activity of HDPs is associated



**FIGURE 7** | Antibacterial activity of IPEC-J2 cell-culture supernatants collected after incubation with *L. plantarum* ZLP001 at different concentrations (10<sup>5</sup>, 10<sup>6</sup>, 10<sup>7</sup>, 10<sup>8</sup>, and 10<sup>9</sup> CFU/mL) for 6 h or supernatants of *L. plantarum* alone incubated in DMEM)/F12. Values are expressed as the number of viable enterotoxigenic ETEC present after 2 h incubation in the supernatant in three independent experiments. C, non-stimulated cell control (negative control); Treatment +, supernatant of *L. plantarum* ZLP001 culture in DMEM/F12 (positive control); Treatment -, cell-culture supernatant after *L. plantarum* ZLP001 incubation. \**P* < 0.05.

with the intestine microbiota and protects the host against pathogens, including bacteria, fungi, and viruses (Smet and Contreras, 2005; Veldhuizen et al., 2008). Enhancing the synthesis of endogenous HDPs is beneficial to the early response to infection and inflammation (Veldhuizen et al., 2008). Probiotic microbes are able to induce HDP production, including in pigs (Borchers et al., 2009; Wan L.Y. et al., 2016; Liu et al., 2017). We observed that pBD1 mRNA expression was significantly upregulated after exposure to L. plantarum ZLP001, which is inconsistent with the results of Liu et al. (2017), who showed that pBD1 mRNA expression was not significantly increased in IPEC-J2 cells or piglets exposed to Lactobacillus reuteri I5007. The potency of probiotics to modulate HDP production varies among strains (Schlee et al., 2008), which may result in different efficacies of different strains. Upregulation of pBD2 in response to L. plantarum ZLP001 likely inhibited pathogenic bacteria in our study, as reported previously that pBD2 protects against a wide range of pathogenic bacteria in vitro (Veldhuizen et al., 2007; Zhang et al., 2011; Deng et al., 2013). pBD3 exhibits not only profound antimicrobial properties, but also strong immunoregulatory ability by regulating the expression of the proinflammatory cytokine IL-8 (Dou et al., 2017). In the present study, pBD3 mRNA expression was considerably increased only at the highest concentration of L. plantarum ZLP001, which was inconsistent with another report of high pBD3 expression at 10<sup>7</sup> and 10<sup>8</sup> CFU/mL (Liu et al., 2017). Furthermore, increases in the expression of other antimicrobial peptides (PG1-5 and pEP2C) were observed in the present study, accounting for the L. plantarum ZLP001-mediated protective effects against pathogen infection. In addition to defenseresponse modification, HDPs are also correlated with nutrient digestibility, intestinal morphology, and growth performance in weaning pigs (Yoon et al., 2013). This implies that L. plantarum

ZLP001-induced HDP gene expression may be beneficial not only to the innate immune response, but also to body health and production performance.

Our results suggested that L. plantarum ZLP001 enhances the intestinal defense response via induction of HDP secretion. To our knowledge, this is the first study to illustrate that Lactobacillus can stimulate porcine HDP secretion in intestinal epithelial cells. Only one previous study using human intestinal epithelial cells (Caco-2) showed induction of defensin secretion by the probiotic Lactobacillus fermentum and E. coli (strain Nissle 1917) (Schlee et al., 2008). Similarly, this is the first study to show ETEC-antimicrobial activity of cell-culture supernatant post-Lactobacillus treatment. The results obtained in our study were not as pronounced as those reported by Wan M.L. et al. (2016) who used cell-culture supernatant from epigallocatechin-3-gallate (EGCG)-treated cells and observed 32% lower E. coli counts than those in the control. EGCG has no antibacterial effects on E. coli. In contrast, the stimulator strain used in our study possesses strong antibacterial activity per se. Thus, maybe the effective positive control to evaluate the antimicrobial effect of the cell culture supernatant after L. plantarum ZLP001 treatment was insufficient. However, based on our results, it can be concluded that the antibacterial activity of L. plantarum ZLP001-stimulated IPEC-J2 cell-culture supernatant was not due to L. plantarum ZLP001 per se, but rather was a result of antimicrobial substances being secreted into the supernatant by IPEC-J2 cells induced by L. plantarum ZLP001. Certainly, further studies are required to verify the antimicrobial activities of the HDPs secreted by probiotic-induced epithelial cells. The effectiveness of probiotics in innate immune defense is an important starting point for future deeper studies of the benefits of probiotics to intestinal health and against infection.

#### CONCLUSION

In conclusion, we demonstrated that L. plantarum ZLP001 possesses antimicrobial activity. It can prevent ETEC growth by producing certain antimicrobial substances in combination with generating a relatively acidic environment. L. plantarum ZLP001 adhered to IPEC-J2 cells and inhibited ETEC adhesion mainly through exclusion and competition. L. plantarum ZLP001 also induced the expression and secretion of HDPs in intestinal epithelial cells, thus enhancing the antimicrobial activity of cellculture supernatant after L. plantarum ZLP001 incubation. These functions of L. plantarum ZLP001 may account for its protective effects against pathogenic infection. Thus, L. plantarum ZLP001 may prove useful as a probiotic strain in piglet production. However, the lack of in vivo experiments was a limitation of the present study and thus, further studies in vivo are essential to verify the protective effect of L. plantarum ZLP001 and to delineate the exact underlying mechanism.

#### **AUTHOR CONTRIBUTIONS**

JW and HJ conceived and designed the study. JW was responsible for the bacterial and cell assays, data

analysis, and writing. HJ conceived and designed the experiments. YZ participated in the adhesion inhibition assay. SW participated in the ETEC growth inhibition assay. HL participated in the real-time PCR test. WZ participated in the bacterial adhesion assay. DZ and YW participated in the ELISA.

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#### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb. 2018.01364/full#supplementary-material

**FIGURE S1** | Visualization of the inhibition zone produced by *L. plantarum* ZLP001 toward enterotoxigenic *Escherichia coli* (ETEC). Cult., culture solution; Super., supernatant; Bact., bacteria; CFU, colonyforming unit.

**FIGURE S2** | Relative gene expression of interleukin 6 (*IL*-6, **A**), *IL*-8 (**B**), and tumor necrosis factor  $\alpha$  (*TNF* $\alpha$ , **C**) induced by *Lactobacillus plantarum* ZLP001 in porcine small intestinal epithelial cells (IPEC-J2). Cells were incubated with *L. plantarum* ZLP001 at different concentrations (10 $^5$ ,10 $^6$ ,10 $^7$ ,10 $^8$ , and 10 $^9$  CFU/mL) for 6 h. mRNA expression was standardized to glyceraldehyde-3-phosphate dehydrogenase (*GAPDH*) expression. The relative fold changes versus the unstimulated control were calculated with the  $\Delta\Delta$ Ct method. Values are presented as means  $\pm$  standard errors of three independent experiments. C, unstimulated control; CFU, colony-forming unit.

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## Synergistic Anti-MRSA Activity of Cationic Nanostructured Lipid Carriers in Combination With Oxacillin for Cutaneous Application

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Alalaiwe A, Wang P-W, Lu P-L, Chen Y-P, Fang J-Y and Yang S-C (2018) Synergistic Anti-MRSA Activity of Cationic Nanostructured Lipid Carriers in Combination With Oxacillin for Cutaneous Application. Front. Microbiol. 9:1493. doi: 10.3389/fmicb.2018.01493 Nanoparticles have become a focus of interest due to their ability as antibacterial agents. The aim of this study was to evaluate the anti-methicillin-resistant Staphylococcus aureus (MRSA) activity of cationic nanostructured lipid carriers (NLC) combined with oxacillin against ATCC 33591 and clinical isolate. The cationic resource on the NLC surface was soyaethyl morpholinium ethosulfate (SME). NLC loaded with oxacillin was produced to assess the antibacterial activity and the effectiveness of topical application for treating cutaneous infection. The hydrodynamic diameter and zeta potential of oxacillin-loaded NLC were 177 nm and 19 mV, respectively. When combined with NLC, oxacillin exhibited synergistic MRSA eradication. After NLC encapsulation, the minimum bactericidal concentration (MBC) of oxacillin decreased from 250 to 62.5 µg/ml. The combined NLC and oxacillin reduced the MRSA biofilm thickness from 31.2 to 13.0  $\mu$ m, which was lower than the effect of NLC (18.2  $\mu$ m) and antibiotic (25.2  $\mu$ m) alone. The oxacillin-loaded NLC showed significant reduction in the burden of intracellular MRSA in differentiated THP-1 cells. This reduction was greater than that achieved with individual treatment. The mechanistic study demonstrated the ability of cationic NLC to disrupt the bacterial membrane, leading to protein leakage. The cell surface disintegration also increased oxacillin delivery into the cytoplasm, activating the bactericidal process. Topical NLC treatment of MRSA abscess in the skin decreased the bacterial load by log 4 and improved the skin's architecture and barrier function. Our results demonstrated that a combination of nanocarriers and an antibiotic could synergistically inhibit MRSA growth.

Keywords: nanostructured lipid carriers, cationic surfactant, oxacillin, methicillin-resistant Staphylococcus aureus, skin

#### INTRODUCTION

The growing amount of drug-resistant strains has become a serious health threat, especially the methicillin-resistant *Staphylococcus aureus* (MRSA) (Tong et al., 2015). Some MRSA strains are even resistant to second-line treatment such as vancomycin and doxycycline (Cihalova et al., 2015). The skin is the major organ infected by MRSA (Dréno et al., 2016). Topical application can be an efficient route to administer antibiotics for direct MRSA eradication. Only 6 antibacterial agents have been approved by the USFDA for MRSA management. Since none of these drugs is used for topical treatment (Rodvold and McConeghy, 2014), the development of new anti-MRSA agents for cutaneous use is urgently needed.

In the past 10 years, nanomedicine has become an innovative approach for combating drug-resistant pathogens. The large surface-to-volume ratio, the possibility of surface functionalization, and the capacity for drug entrapment contribute to the efficient antibacterial activity of nanoparticles (Zazo et al., 2016). Among these nanosystems, lipid-based nanoparticles such as liposomes, nanoemulsions, and nanostructured lipid carriers (NLC) are usually employed for carrying antibacterial drugs. In addition to their role as carriers for antibiotics, some cationic surfactants exhibiting antimicrobial impact can be intercalated in the surface of lipid-based nanoparticles; these include amino acid-based surfactants and quaternary ammonium salts (Colomer et al., 2013; Hwang et al., 2013; Tavano et al., 2014). The combination therapy of more than one antibacterial agent can reveal the synergistic activity against MRSA; thus the dose can be reduced to minimize the adverse effects (Henson et al., 2017). Some investigations involve combining nanoparticles and antibacterial agents for the synergistic inhibition of MRSA infection. For instance, Banche et al. (2015) developed chitosan nanodroplets loaded with oxygen for efficiently eradicating MRSA and Candida albicans without resultant cytotoxicity on keratinocytes. Argenziano et al. (2017) demonstrated that ultrasound-mediated vancomycin-loaded nanobubbles were more effective than free vancomycin for killing MRSA. In this study, we aimed to investigate the applicability of synergistic MRSA inhibition by cationic nanocarriers in combination with antibiotic for topical delivery. NLC consisting of mixed liquid and crystalline lipids in the nanoparticulate cores were utilized to load cationic surfactant for enhanced anti-MRSA potency. Soyaethyl morpholinium ethosulfate (SME) was chosen as the cationic surfactant because of the low cytotoxicity against mammalian cells such as neutrophils and keratinocytes (Hwang et al., 2015; Yang et al., 2016).

Oxacillin is a  $\beta$ -lactam commonly used to treat complicated skin infections, but it is ineffective against MRSA invasion (Thomsen et al., 2006). We used oxacillin entrapped in NLC for increased effectiveness against MRSA. A panel comprising S. aureus, MRSA, and drug-resistant clinical isolate was used as the pathogens to assess the antibacterial activity of the nanosystems. MRSA in the planktonic, biofilm, and intracellular forms was tested in the present study. The encapsulation of oxacillin in lipid nanoparticles may enhance

the delivery ability into the biofilm and host cells. To estimate the *in vivo* efficiency of combined NLC and oxacillin, the transepidermal water loss (TEWL), MRSA burden, and histology were evaluated using a BALB/c mouse model with MRSA skin infection.

#### **MATERIALS AND METHODS**

#### **Preparation of NLC**

The lipid and water phases of NLC were prepared separately. The lipid phase consisted of 2% squalene, 2% hexadecyl palmitate, 1.5% soy phosphatidylcholine (Phospholipon 80H®), 1% deoxycholic acid, and 0.4% SME. The water phase consisted of 1.5% Pluronic F68 and double-distilled water. Both phases were heated to 85°C for 15 min. The water phase was added to the lipid phase in the presence of high-shear homogenization (Pro250, Pro Scientific) at 12,000 rpm for 20 min. The mixture was subsequently treated using a probetype sonicator (VCX600, Sonics and Materials) for 15 min at 35 W. Oxacillin (0.1%) was included in the lipid phase as needed.

#### Size and Surface Charge of NLC

The average diameter and zeta potential of NLC with and without oxacillin were determined using dynamic light scattering (Nano ZS90, Malvern). The nanocarriers were diluted by double-distilled water 100-fold before measurement.

#### **Oxacillin Encapsulation in NLC**

The entrapment percentage of oxacillin was determined by utilizing the ultracentrifugation method to separate the incorporated compound from the free form. The NLC was centrifuged at  $48,000 \times g$  and  $4^{\circ}\text{C}$  for 40 min. The free antibiotic in the supernatant and the encapsulated antibiotic in the precipitate were analyzed by high-performance liquid chromatography to measure the entrapment efficiency.

## **Bacterial Strains and the Culture Conditions**

Staphylococcus aureus (ATCC 6538) and MRSA (ATCC 33591) were obtained from American Type Culture Collection. KM1 was a clinical isolate of MRSA purchased from Kaohsiung Medical University Hospital. The strains were grown in tryptic soy broth (TSB) medium at  $37^{\circ}$ C and 150 rpm.

## Minimum Bactericidal Concentration (MBC)

A broth with twofold serial dilution method was utilized to measure the MBC. An overnight culture of bacteria was diluted in TSB to achieve OD<sub>600</sub> of 0.01 (about 5  $\times$  10<sup>6</sup> CFU/ml). The bacteria population was exposed to several dilutions of oxacillin and/or NLC with TSB and incubated at 37°C for 18 h. Subsequently, the CFU was counted. The MBC was defined as the lowest concentration that killed  $\geq$  99.9% of the bacteria.

## MRSA Viability Detection by Fluorescence Microscopy

The viability and death of MRSA after oxacillin and/or NLC treatment were monitored using a Live/Dead BacLight® kit (Molecular Probes). The bacterial pellet was obtained by centrifugation at 12,000 rpm for 3 min. The pellet was resuspended in culture medium (1 ml) with oxacillin (125  $\mu$ g/ml) and/or NLC (equivalent to 500  $\mu$ g/ml SME). After incubation at 37°C for 2 h, the resulting suspension was stained with the kit for 15 min. The stained sample was analyzed two-dimensionally by fluorescence microscopy (IX81, Olympus).

#### **Biofilm Detection**

The MRSA biofilm was grown in a Cellview® dish by incubating the bacteria (OD $_{600}=0.1$ ) in TSB containing 1% glucose at  $37^{\circ}\text{C}$  for 24 h. The biofilm was treated with 125  $\mu\text{g/ml}$  cetylpyridium chloride (CPC, the positive control), 125  $\mu\text{g/ml}$  oxacillin, NLC (equivalent to 500  $\mu\text{g/ml}$  SME), or NLC + oxacillin for 24 h. The biofilm was then stained using a Live/Dead BacLight® kit for 15 min. The biofilm was gently rinsed with PBS. The three-dimensional structure was visualized by Leica TSC SP2 confocal microscopy. The SYTO9 green color intensity and biofilm thickness in the confocal images were estimated.

#### MRSA Morphology Visualization by Transmission Electron Microscopy (TEM)

MRSA was incubated overnight at  $37^{\circ}$ C in TSB broth. The bacterial suspension was diluted to achieve an  $OD_{600}$  of 0.3. The microbes were then fixed in 3% glutaraldehyde in 0.1 M cacodylate buffer for 2 h. After fixation in 1% osmium teroxide for 2 h, followed by dehydration in an ascending series of ethanol concentrations, the samples were embedded in Spurr's resin. Sections of 70 nm were stained with 4% uranyl acetate and 0.4% lead citrate prior to observation under Hitachi H-7500 TEM.

#### **Intracellular MRSA Eradication**

Differentiated THP-1 were employed as the host cells to examine the activity of oxacillin and NLC in relation to intracellular MRSA. The differentiation of THP-1 into macrophages was carried out at a phorbol 12-myristate 13-acetate concentration of 100 µg/ml. The cell line was infected by MRSA at an MOI of 50 for 20 min. After being washed with PBS, the cells were incubated in the fresh medium supplemented with 125  $\mu g/ml$ oxacillin and/or NLC (equivalent to 500 µg/ml SME). Triton X-100 (1%) was pipetted into the medium for cell lysis. The lysate of the cell medium was cultured on the agar dish for 18 h to count the CFU. For the confocal imaging of MRSA killing in THP-1, 4'-6-diamidino-2-phenylindole and anti-S. aureus antibody/Alexa Fluor® 488 goat anti-mouse IgG were used to stain the THP-1 nucleus and MRSA, respectively. We also stained the THP-1 actin using an anti-α tubulin antibody/microtubule marker (Alexa Fluor® 594) for visualizing the cytoskeleton under confocal microscopy.

#### **Proteomic Identification**

The MRSA was treated using oxacillin and/or NLC for 3 h. After centrifugation, the bacterial pellet was suspended with 0.5 ml double-distilled water. The MRSA was then centrifuged at 10,000 rpm and 4°C for 15 min after 20-min sonication. The total protein content of MRSA was measured using a Bio-Rad protein assay kit with ELISA at 595 nm. The SDS-PAGE analysis was conducted with a 5% stacking gel and a 10% separating gel followed by silver staining. The bands in the protein gel staining were digested by trypsin at 37°C for 24 h. The digested proteins were acidified with 0.5% trichloroacetic acid and then loaded into an AnchorChip® 600/384. A Bruker Ultraflex® spectrometer was employed for MALDI/TOF/TOF identification. The procedure for this analysis was shown in a previous report (Pan et al., 2010).

#### **Genomic DNA Analysis**

MRSA genomic DNA was extracted using a Presto® Mini bacteria kit according to the manufacturer's instruction. The aliquot of purified genomic DNA (100 ng) was analyzed by electrophoresis on a 0.8% agarose gel.

#### **Animal**

An 8-week-old female BALB/c mouse was purchased from the National Laboratory Animal Center (Taipei, Taiwan). The animal experiment was done in strict accordance with the recommendations in the Guidelines for the Care and Use of Laboratory Animals of Chang Gung University. The protocol was approved by the Committee of Care and Use of Laboratory Animals.

#### In Vivo MRSA Infection

The mouse's back hair was shaved. The back was subcutaneously injected with  $1 \times 10^6$  CFU MRSA in PBS (150  $\mu$ l). Subsequently, oxacillin and/or NLC with a volume of 0.2 ml was topically administered on the injection area every 24 h for 3 days. The gross and microscopic appearance of the skin surface was monitored each day. A handheld digital magnifier (Mini Scope-V, M&T Optics) was used to visualize the microscopic skin appearance. TEWL was estimated by Tewameter® TM300 (Courage and Khazaka) from 0 to 3 days post-injection of MRSA. At the end of the experiment, the skin was excised for homogenization by NagNA Lyser (Roche) to count the CFU of MRSA in the skin. The treated skin sample was fixed in 10% formalin, buffered in the phosphate saline, and processed for hematoxylin and eosin (H&E) staining. The unstained slices of formalin-fixed paraffinembedded skin samples were prepared for immunohistochemical (IHC) staining of lymphocyte antigen 6 complex locus G6D (Ly6G), which is the indicator of neutrophil infiltration. The skin section was incubated with anti-mouse Ly6G antibody for 1 h at room temperature and observed under optical microscopy (DMi8, Leica).

#### In Vivo Cutaneous Irritation

Oxacillin (625  $\mu g/ml)$  and/or NLC at a volume of 150  $\mu l$  were immersed in a non-woven cloth (1.5  $\times$  1.5  $cm^2). This cloth was$ 

applied to the dorsal skin of the mouse. Tegaderm® film was used to fix the cloth onto the mouse's back. The bacterial agent was applied daily for 5 consecutive days. After the treatment, the skin area was monitored by a handheld digital magnifier and TEWL.

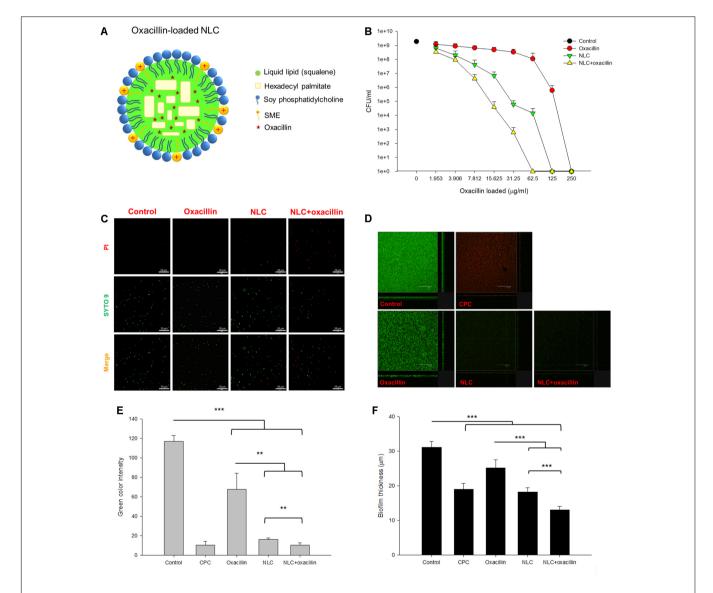
#### **Statistical Measurement**

The statistical measurement was conducted using GraphPad Prism 5 software. Dual comparisons were made with unpaired Student's t-test. Groups of three or more were analyzed by ANOVA with Tukey or Dunnett posttests. The significance was indicated as \* for p < 0.05, \*\* for p < 0.01, and \*\*\* for p < 0.001 in the figures.

#### **RESULTS**

#### Size and Surface Charge of NLC

The molecular structure of oxacillin-loaded NLC is illustrated in **Figure 1A**. We proposed that oxacillin was entrapped in the inner core of NLC, whereas SME was intercalated in the emulsifier layer (oil-water interface). The two antibacterial agents were resided in the different phases of nanoparticulate system. **Table 1** summarizes the diameter, polydispersity index (PDI), and surface charge of the lipid nanocarriers. The average particle size of NLC without the antibiotic was 117 nm, and that of NLC containing oxacillin was 177 nm. Both nanosystems revealed stable unimodal size distribution with PDI of  $\leq$ 0.3, demonstrating a narrow



**FIGURE 1** | Determination of the anti-MRSA activity of oxacillin and/or NLC. (**A**) The proposed structure of oxacillin-loaded NLC: oxacillin is included in the lipid matrix, whereas SME is intercalated in the emulsifier layers. (**B**) Dose-dependent MRSA killing measured by CFU. (**C**) The planktonic live/dead MRSA strain viewed under fluorescence microscopy. (**D**) The three-dimensional images viewed under confocal microscopy. (**E**) Quantification of fluorescence intensity of MRSA biofilm. (**F**) The corresponding biofilm thickness analyzed by confocal microscopy. Each value represents the mean  $\pm$  SD (n = 3). \*\*p < 0.01 and \*\*\*p < 0.001.

**TABLE 1** | The physicochemical properties of NLC and NLC + oxacillin.

Formulation	Size (nm)	PDI	Zeta potential (mV)
NLC	$116.92 \pm 23.21$	$0.30 \pm 0.02$	$12.82 \pm 2.34$
NLC + oxacillin	$177.00 \pm 9.55$	$0.29 \pm 0.03$	$18.70 \pm 0.82$

Each value represents the mean  $\pm$  SD (n = 3). PDI, polydispersity index.

distribution. Positively charged nanoparticles were achieved (13 mV) for NLC without oxacillin because of the existence of SME on the particulate surface. The oxacillin addition generated greater zeta potential than did the nanoparticles without the drug. The result revealed that the entrapment percentage of oxacillin in NLC was 76.8  $\pm$  7.0%. The encapsulation could be reduced to 59.1  $\pm$  5.5% after 24 h of fresh preparation, indicating a drug release during the experiment.

## Synergistic Antibacterial Activity of NLC in Combination With Oxacillin

Table 2 shows the MBC value of oxacillin alone, NLC alone, and the NLC-oxacillin combination. The MBC of oxacillin alone against non-resistant S. aureus was 0.488~0.976 μg/ml, whereas the MBC for SME in NLC was 62.5 µg/ml. The oxacillin MBC was not reduced after NLC incorporation. The combined NLC and oxacillin reduced SME MBC by 16-fold. MRSA was found to be more resistant to NLC and oxacillin as compared to drug-sensitive bacteria. Oxacillin synergized with NLC to inhibit MRSA growth. The oxacillin MBC of treatment alone and in combination with NLC was 250 and 62.5 µg/ml, respectively. The SME MBC of NLC for MRSA decreased twofold after oxacillin entrapment. The clinical MRSA strain (KM1) was more strongly inhibited by NLC and oxacillin than ATCC 33591. The anti-KM1 activity of oxacillin increased in the presence of cationic NLC. The MBC profile clearly indicates an enhancement in antibacterial potency of NLC and oxacillin upon the combination of both agents.

Figure 1B represents the concentration-dependent microbicidal action of NLC and oxacillin on MRSA ATCC 33591. The counting of CFU was log-transformed in this figure. No significant decrease of CFU was detected in the oxacillin concentrations of  $\leq$ 31.25 µg/ml. The oxacillin concentrations

**TABLE 2** | The MBC of *S. aureus*, MRSA, and KM1 clinical strain after treatment of oxacillin, NLC, and NLC + oxacillin.

Strain	Treatment	Oxacillin (μg/ml)	SME in NLC (μg/ml)
0	0	0.400.0.070	
S. aureus	Oxacillin	0.488~0.976	N
	NLC	N	62.5
	NLC + oxacillin	0.976	3.906
MRSA	Oxacillin	250	N
	NLC	N	250~500
	NLC + oxacillin	62.5	125
KM1	Oxacillin	62.5~125	N
	NLC	N	62.5
	NLC + oxacillin	7.812	31.25

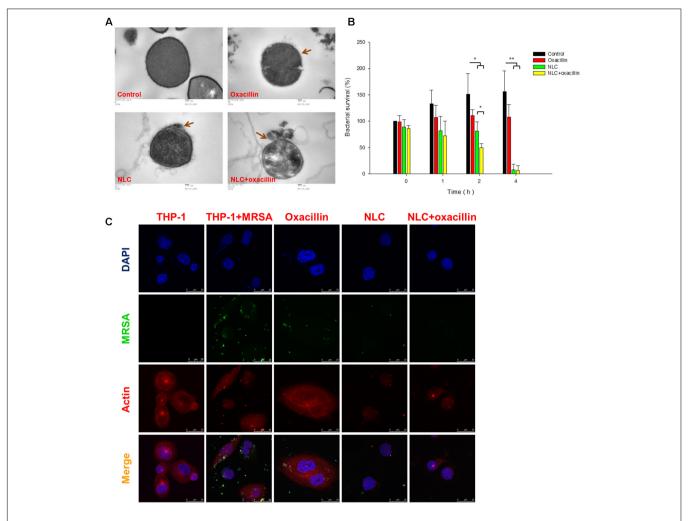
N, no data. Each value represents the mean  $\pm$  SD (n = 3).

of  $>\!31.25~\mu g/ml$  showed a dose-dependent decrease in viability. With respect to NLC, the inhibitory effect increased with the increased concentration against MRSA. The combination of NLC with oxacillin reduced CFU/ml counts by at least log 5, leading to a killing of  $>\!99.9\%$  MRSA at the oxacillin concentration of 62.5  $\mu g/ml$ . The viability of MRSA was observed with fluorescence microscopy with the staining of dead and live bacteria by propidium iodide (PI) and SYTO9, respectively (Figure 1C). The untreated control MRSA was mainly composed of live cells, which were green-stained. Fluorescence analysis revealed that some bacteria co-localized with PI after incubation with NLC and/or oxacillin. Combining nanocarriers and antibiotic proved superior for killing microorganisms as compared to individual treatment because of the increased PI staining.

Figure 1D shows the anti-biofilm activity of NLC and/or oxacillin against MRSA under confocal microscopy. The bacteria were able to create a dense biofilm with a large amount of live MRSA after 24 h, which is shown as the negative control. CPC is a cationic surfactant affecting the antibacterial effect via cell wall destruction, with a strong potency. As a positive control, CPC markedly reduced the green signal and enhanced the red signal in the biofilm. Oxacillin exhibited a limited activity against biofilm due to the significant green signal after treatment. The image of biofilm from MRSA treated with NLC alone showed that the biofilm had disintegrated, with an obvious reduction in the number of live bacteria. A similar result was observed in the case of combined NLC and oxacillin. The quantification of green fluorescence in biofilm showed a negligible signal of live cells after CPC treatment (Figure 1E). Incubation of oxacillin and NLC alone decreased the green color intensity by about 2- and 6-fold, respectively. The combination permitted a synergistic effect on intensity reduction with statistical significance. Oxacillin-loaded NLC exhibited greater biofilm thickness reduction (13.0 µm) compared to that of drug or NLC alone (Figure 1F).

## Intracellular MRSA Killing by NLC and/or Oxacillin

Figure 2A presents the TEM images of the MRSA morphology. The intact bacteria (control) reveal an integrated cell surface with homogenous cytosol distribution. Oxacillin caused cell membrane deformation with a rough surface (arrow in Figure 2A). The MRSA membrane was disrupted after NLC treatment. Some cytoplasmic materials were released from the cytosol (arrow in Figure 2A). The observation of fewer dark zones in the cells treated by NLC than in the control can be attributed to cytoplasm dissolution. The cell wall tended to separate from the cytoplasmic membrane since vacuoles formed between them. More cell wall damage and cytoplasmic leakage are seen after combined treatment (arrow in Figure 2A). The antibacterial efficacy of oxacillin and NLC was examined using macrophages as the host cells for MRSA infection. Timedependent intracellular MRSA killing was detected, and is depicted in Figure 2B. The MRSA burden in the mammalian cells gradually increased following the increase of time in the untreated control group. Although treatment with NLC and/or



**FIGURE 2** | Bacterial morphology change and intracellular MRSA killing by treatment of oxacillin and/or NLC. **(A)** Morphological changes of MRSA viewed under TEM. **(B)** Measurement of MRSA survival in macrophages (THP-1). **(C)** Intracellular MRSA distribution in macrophages (THP-1) viewed under confocal microscopy. Each value represents the mean  $\pm$  SD (n = 3). \*\*p < 0.01; \*p < 0.05.

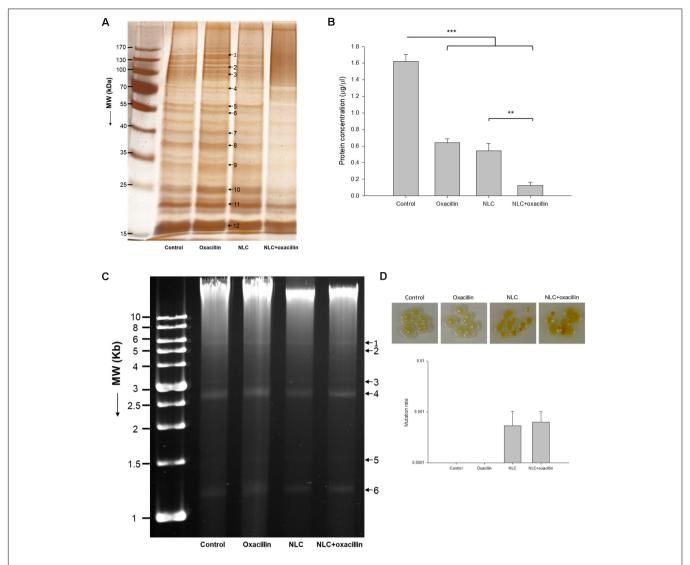
oxacillin reduced MRSA production at 1 h, no significant difference was shown after a comparison with the control group. At 2 h, NLC with and without antibiotic resulted in a marked reduction in intracellular MRSA survival. On the other hand, oxacillin alone had no effect on the intracellular viability of bacteria for all the time points tested. Synergy was demonstrated by the combination of NLC and the drug after 2-h incubation. There was a threefold decrease of MRSA survival for the combined treatment as compared with the untreated control. A complete inhibition of MRSA growth occurred consistently after 4 h of contact with NLC alone or NLC + oxacillin.

**Figure 2C** shows the confocal microscopic images of MRSA-infected THP-1 cells. In the images of THP-1 without any treatment, the cytosol is full of red signals, indicating the presence of cytoskeleton stained by actin. Some punctuated green signals in the MRSA-infected THP-1 cytoplasm indicate the invasion of bacteria inside the macrophages. After 4-h incubation of oxacillin or cationic NLC alone, less green fluorescence was visualized in the cytosol. The oxacillin-entrapped NLC resulted in negligible

MRSA residence in the cytosol, demonstrating a synergistic effect. We hypothesize that NLC can be utilized as Trojan horses to promote the antibiotic delivery into host cells for killing bacterial.

## Anti-MRSA Mechanisms of NLC and/or Oxacillin

We next explored the anti-MRSA mechanisms of NLC in the presence or absence of oxacillin intervention. **Figure 3A** illustrates the profiles of SDS-PAGE. The bands of NLC- and/or oxacillin-treated MRSA are quite different from those of the untreated microbes. There were 12 protein bands differentially expressed after treatment. The quantification of the protein level was conducted in mass as shown in **Table 3**. All 12 proteins exerted comparable or slightly higher expression by treatment with oxacillin alone, in comparison to the untreated group. No protein exhibited upregulation greater than 2-fold after oxacillin application. The 3 proteins with the highest molecular weights: DNA-directed RNA polymerase subunit  $\beta$ ,



**FIGURE 3** | Anti-MRSA mechanisms of oxacillin and/or NLC. **(A)** The protein change of MRSA analyzed by SDS-PAGE and MALDI-TOF/TOF mass. **(B)** Protein concentration in MRSA. **(C)** Analysis of the quality of MRSA genomic DNA by 0.8% agarose gel electrophoresis. **(D)** Mutation rate of MRSA analyzed by colony color change. Each value represents the mean  $\pm$  SD (n = 3). \*\*p < 0.01 and \*\*\*p < 0.001.

chaperone ClpB, and elongation factor G, were downregulated by the NLC treatment. Increased expression was detected for the other 9 proteins. However, the expression increment of these 9 proteins was insignificant (<1.25-fold). The NLC and oxacillin combination produced a notable decrease in protein expression, as shown in the SDS-PAGE profiles, especially in the case of ornithine carbamoyltransferase and 30S ribosomal protein S4. Both proteins were decreased by >5-fold in the MRSA with NLC+oxacillin. The total MRSA protein amount was measured after the application of NLC and/or oxacillin as shown in **Figure 3B**. Oxacillin and NLC alone caused a 60 and 66% loss of total protein content compared to the control, respectively. A further reduction was observed with the use of antibiotic-loaded NLC, resulting in a 13-fold decrease.

We studied the anti-MRSA mechanisms of oxacillin and NLC by genomic DNA detection, as shown in **Figure 3C**. We

differentiated 6 plasmid bands in the agarose gel image. DNA obtained from MRSA treated with NLC and/or the drug exhibited a pattern similar to that found in the control. No significant elimination of DNA was observed by oxacillin or NLC treatment. This result suggests that the extensive damage to the integrity of DNA might not occur when MRSA is treated with both agents; however, small region deletions/insertions or inactivating point mutations of DNA might be occurred. We also examined the possible genomic mutation of the MRSA. The mutation rate assay was performed by spotting a 10-fold dilution of overnight culture onto the agar supplemented with 62.5 µg/ml SME in NLC or NLC + oxacillin. The plate was incubated at 37°C overnight and imaged. As shown in the upper panel of Figure 3D, the treatment of NLC alone or the combined strategy was able to modify the color of some colonies from yellow to orange or white, indicating of bacterial mutation. Oxacillin alone did not

 $\textbf{TABLE 3} \mid \text{Differentially expressed proteins follow the treatment of oxacillin, NLC, and NLC + oxacillin.}$ 

Band No.	Protein	Accession MW (Da) No.	MW (Da)	Matched- peptides	Sequence Coverage %	<b>E</b>	Ratios to control <sup>a, b</sup>	itrola,b	Biological function
					(1000)	Oxacillin	NLC	NLC + oxacillin	
-	DNA-directed RNA polymerase subunit beta	Q6GBV4	134,735	59	30% (152)	1.82	-0.72	1.32	Initiation factors that promote the attachment of RNA polymerase to specific initiation sites and are then released.
N	Chaperone ClpB	Q6GAV1	87,165	23	41% (167)	1.99	-0.64	1.54	Part of a stress-induced multi- chaperone system, it is involved in the recovery of the cell from heat-induced damage, in cooperation with DnaK, DnaJ and GrpE.
ო	Elongation factor G	P68791	76,877	13	22% (113)	1.59	-0.65	1.24	Catalyzes the GTP-dependent ribosomal translocation step during translation elongation.
4	Molecular Chpaerone DnaK	P64408	66,321	21	39% (143)	1.23	0.52	-1.33	Acts as a chaperone.
Ŋ	Catalase	Q8NWV5	58,516	17	41% (93)	1.42	1.13	-2.44	Decomposes hydrogen peroxide into water and oxygen; serves to protect cells from the toxic effects of hydrogen peroxide.
9	Enolase	P64079	46,277	17	48% (120)	1.27	0.94	-3.33	Catalyzes the reversible conversion of 2-phosphoglycerate into phosphoenolpyruvate. It is essential for the degradation of carbohydrates via glycolysis.
9	Elongation factor Tu	P64029	43,148	91	58% (109)	1.27	0.94	-2.78	This protein promotes the GTP-dependent binding of aminoacyt-tRNA to the A-site of ribosomes during protein biosynthesis.
7	Arginine deiminase (ARCA)	Q8NUK7	47,139	17	35% (120)	1.33	0.52	-3.85	L-arginine + $H_2O = L$ -citrulline + $NH_3$ .
ω	Ornithine carbamoyltransferase	Q6GDG8	37,792	14	52% (113)	1.06	0.55	-5.28	Reversibly catalyzes the transfer of the carbamoyl group from carbamoyl phosphate (CP) to the N(epsilon) atom of ornithine (ORN) to produce L-citrulline.
0	Fructose-bisphosphate aldolase class 1	Q6GDJ7	32,875	<del>-</del>	44% (100)	96.0	-	-2.56	D-fructose 1,6-bisphosphate = glycerone phosphate + D-glyceraldehyde 3-phosphate.
10	30S ribosomal protein S4 (RS4)	P66564	23,027	17	61% (159)	1.31	1.25	-6.25	One of the primary rRNA binding proteins, it binds directly to 16S rRNA where it nucleates assembly of the body of the 30S subunit.
Ξ	50S ribosomal protein L6	Q7A084	19,802	10	62% (96)	0.75	0.81	-1.63	This protein binds to the 23S rRNA, and is important in its secondary structure. It is located near the subunit interface in the base of the L7/L12 stalk, and near the IRNA binding site of the peptidyltransferase center.
12	Alkaline shock protein 23 (ASP23)	P0A0P7	19,210	11	68% (124)	0.75	0.80	-0.43	May play a key role in alkaline pH tolerance.

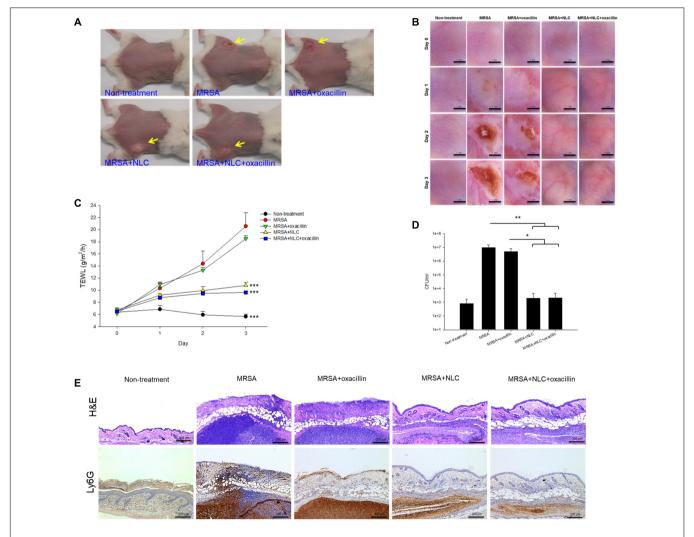
<sup>a</sup>Ratios to control indicated the fold changes in protein volume among Oxacillin, NLC, NLC + oxacillin treated samples versus MRSA samples, respectively. The higher ratios (> 1.0) mean the proteins whose expression levels were increased upon treatments of compounds, while lower ratios (<-1.0) indicate the proteins were downregulated under the exposure to compounds. <sup>b</sup>Analyzing the gel images using GeneTools software.

change the colony color. The mutation rate was calculated based on the MRSA numbers of orange or white colonies normalized to the numbers of total colonies. As shown in the bottom panel of **Figure 3D**, NLC and NLC + oxacillin caused a mutation rate of about  $6 \times 10^{-4}$ . No colony color phenotype mutation was detected for oxacillin alone.

#### In Vivo MRSA Infection

Nanostructured lipid carriers and/or oxacillin were topically applied onto the region of subcutaneous abscess generated in a mouse model by local MRSA infection. **Figure 4A** shows the demonstrative gross appearance of the mouse back after 3-day treatment. The abscess caused by MRSA is indicated by the arrow in this figure. A significant lesion is seen in the group of MRSA infection without treatment. The improvement in lesion healing was limited in the mouse receiving oxacillin alone. The lesion was reduced with no open wound by topical application of

NLC and antibiotic-containing NLC. A nearly complete abscess resolution was detected for the combined NLC and oxacillin. The handheld digital magnifier offered visualization of the changes caused by the MRSA on the demonstrative mouse skin surface, as demonstrated in Figure 4B. The end face view of the skin exhibited that the wound was worse following the increase of time in the MRSA and MRSA + oxacillin groups. The treatment with NLC and drug-loaded NLC significantly cleared the abscess with skin texture comparable to healthy skin. The open wound formed by MRSA infection disturbed the cutaneous barrier function. The TEWL-time curves are plotted in Figure 4C. The baseline of TEWL (non-treatment) was maintained at 4~6 g/m<sup>2</sup>/h during 3 days. MRSA inoculation resulted in an immediate and large increase of TEWL, indicating the barrier function deficiency. Oxacillin alone was ineffective in reducing TEWL, while NLC and NLC + oxacillin demonstrated a significant inhibition of water loss in the infected area.



**FIGURE 4** | *In vivo* topical application of oxacillin and/or NLC against MRSA. **(A)** The representative macroscopic skin surface observation of mouse after a 3-day treatment MRSA injection. **(B)** The representative skin surface of mouse after treatment of MRSA at day 0, 1, 2, and 3 viewed under handheld digital magnifier. **(C)** TEWL of mice skin after treatment of MRSA at day 0, 1, 2, and 3. **(D)** Survival of MRSA in mice skin treated with MRSA. **(E)** Histological observation of mice skin biopsy stained by H&E and Ly6G antibody after treatment of MRSA. Each value represents the mean  $\pm$  SD (n = 6). \*p < 0.05, \*p < 0.01, and \*\*\*p < 0.001.

The bacterial count in the skin was estimated 3 days postinjection, as shown in Figure 4D. MRSA injection produced a 4-log enhancement in CFU/ml as compared to normal skin. No significant reduction in the MRSA count of oxacillin treatment alone was observed when compared to bacterial infection without intervention. In the mouse infected with MRSA, both NLC and drug-loaded NLC resulted in a 104 reduction of CFU/ml compared with the placebo control. Figure 4E shows the qualitative evaluation of skin histopathology of the infection of MRSA with and without intervention. As compared to healthy skin, MRSA injection created a significant disorganization in the epidermis, degenerated dermis, and immune cell infiltration. A large MRSA burden was seen under the subcutis. The generation of the abscess led to thickened tissue. The epidermal damage confirmed the deficiency of barrier integrity as measured by the enhanced TEWL. The wound treated with either NLC or oxacillin-loaded NLC showed a minor inflammation. The distribution of the infiltrated neutrophils in the skin was visualized using Ly6G IHC, as shown in the bottom panel of Figure 4E. The large neutrophil infiltration overlapped the MRSA distribution in the subcutaneous region, suggesting deep inflammation. We could also observe the neutrophil diffusion to viable skin. Topical oxacillin suppressed the neutrophil migration in viable skin but not in the subcutaneous area. We found attenuation of neutrophil accumulation after nanoparticle treatment, with the oxacillin-loaded NLC displaying greater amelioration.

#### In Vivo Cutaneous Irritation

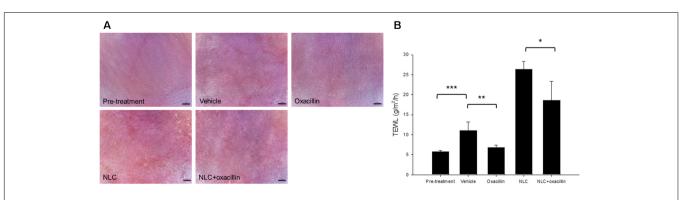
The formulations tested in this study were topically applied on healthy mouse skin each day for 5 days. **Figure 5A** illustrates the representative skin surface images visualized by a handheld magnifier. Slight erythema and scaling occurred when the mouse skin was administered with the vehicle (double-distilled water). In contrast, no visible erythema or edema was observed in the oxacillin-treated skin. The severity of erythema and excoriation was worsened by NLC alone. It was surprising that the addition of oxacillin in NLC could lessen the cutaneous abnormalities caused by NLC. The results of TEWL after 5-day treatment reflected the condition of the skin surface. As shown in **Figure 5B**, the

increased TEWL induced by vehicle control was reversed to the non-treatment baseline by oxacillin administration. Application of NLC alone revealed an approximately 4-fold higher TEWL compared to healthy skin. Oxacillin incorporation significantly decreased TEWL from 26 to 18 g/m $^2/h$ , demonstrating that oxacillin as a protector possesses the capability to reduce possible cutaneous irritation raised by the vehicle or NLC.

#### DISCUSSION

Oxacillin is effective in inhibiting non-resistant *S. aureus*, whereas MRSA is known to resist antibiotics such as methicillin and oxacillin (Cihalova et al., 2015). Our results confirm that oxacillin has limited anti-MRSA activity. Oxacillin incorporation in cationic NLC increased the killing efficacy against MRSA. The assembling ability of SME on the nanoparticulate shell was responsible for the antibacterial activity of cationic NLC. The synergistic effect on the antibacterial effect can be described as the combination of two different approaches producing greater activity than either approach alone (Basri and Sandra, 2016). Qin et al. (2013) also define the synergism of two drugs combined causing bacterial killing by a 4-fold lower dose than that of either agent used separately. We achieved the synergism of anti-MRSA activity by combining NLC and antibiotic according to the MBC profile of oxacillin.

Bacterial wall integrity is vital for their survival because it is the outermost and most accessible layer encountering the surrounding environment. It is an important area of action for many antibiotics (Radovic-Moreno et al., 2012). Oxacillin presents cell wall biosynthesis inhibition. The cationic quaternary ammonium surfactants demonstrate antimicrobial activity by targeting and disrupting the cell wall via electrostatic and lipophilic interactions (Zhou et al., 2017). The cell wall of MRSA carries negative charges due to the presence of lipopolysaccharides and teichoic acid (Hemeg, 2017). SME on the NLC surface can bind to the negatively charged cell membrane, permeabilizing it to induce lysis and cellular content leakage. The long alkyl chains in the SME structure might assist the interaction in the cell wall because of the facile intercalation into the lipid bilayers in the membrane. The destabilization of the



**FIGURE 5** | Skin tolerance examination of mouse skin by a 5-day treatment of topically applied oxacillin and/or NLC. **(A)** The representative skin surface of mice viewed under handheld digital magnifier. **(B)** TEWL of mice skin at day 5. Each value represents the mean  $\pm$  SD (n = 6). \*p < 0.05, \*\*p < 0.01, and \*\*\*p < 0.001.

bacterial wall involves the creation of pores on the cell surface to release ions and molecules as confirmed by our TEM results, after which bacterial death occurs. The demonstration of synergistic antibacterial activity by the combined treatment herein suggests the different mechanisms of action for both antibacterial agents (Bassolé and Juliani, 2012). The oxacillin-loaded NLC interacted strongly with the MRSA surface to damage the membrane. A considerable amount of oxacillin was released from the nanocarriers to generate high local drug concentration near the bacterial surface or inside the bacteria. The sustained bactericidal concentration of combined SME and oxacillin exhibit an anti-MRSA effect superior to that of separate treatment. Oxacillin entrapment increased the positive zeta potential of cationic NLC. The more-positive charges of antibiotic-loaded nanocarriers improved the electrostatic targeting to exert greater MRSA eradication.

Different from the case with planktonic bacteria, conventional antibiotics are less effective in treating biofilm bacteria due to the resistance to antibiotic delivery and avoidance of innate immune intervention (Abee et al., 2011). Using biofilm, we demonstrated that oxacillin-loaded nanoparticles penetrated into the extracellular polymer substance (EPS) and eradicated biofilm MRSA more effectively than individual treatment did. Extracellular DNA plays a key role in biofilm production, acting as a chelator of cationic molecules (Baelo et al., 2015). The interaction between EPS and the nanoparticles featuring lipids can cause a strong affinity and biofilm disintegration (Cheow et al., 2011). The cationic NLC designed in this study fit these criteria. The extremely non-wetting property of biofilm led to the restricted diffusion of antimicrobial liquid formulations (Lin et al., 2017). The low surface tension of cationic NLC caused by the presence of emulsifier systems might assist the penetration into non-wetting biofilm. NLC can hide the physicochemical characteristics of oxacillin to diminish the unfavorable interaction with biofilm.

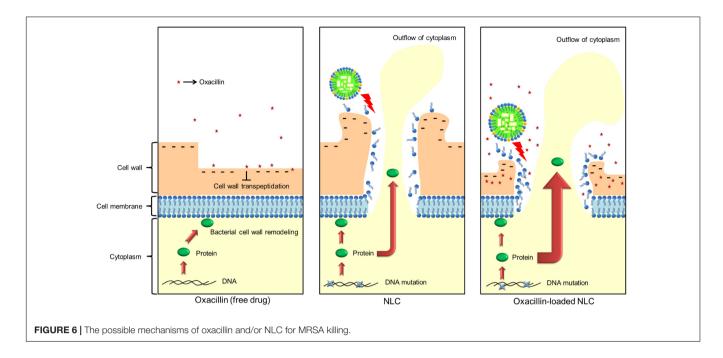
The killing of intracellular MRSA is a complicated procedure. The pathogens in the host cells favor intracellular replication and the extensive spread of infection. Most of the antibiotics poorly penetrate into the host cells and therefore do not display satisfactory intracellular infection inhibition (Xie et al., 2014). Our results showed that the nanocarriers were preferentially taken up by macrophages, revealing greater activity against intracellular MRSA compared to free oxacillin. The change in the cytoskeleton morphology by the nanoparticles is evidence of phagocytosis (May and Machesky, 2001). The cationic NLC can modify the actin distribution in THP-1 cells; however, it must be noted that NLC might produce some toxicity on macrophages. It is generally recognized that the lipophilic nanoparticles are more facilely phagocytosed into macrophages than are hydrophilic nanoparticles, by the hydrophobic interaction with the cellular membrane (Hsu et al., 2017). The cationic nanoparticles ensure better uptake to macrophages with negatively charged membrane as compared to neutral and anionic ones (Zazo et al., 2016).

Soyaethyl morpholinium ethosulfate on the NLC shell can directly interfere with the bacterial cell wall and damage the membrane. The cationic nanocarriers altered the membrane to release cytoplasmic materials, as shown in the TEM images.

The significant loss of proteins in the MRSA co-treated with NLC and oxacillin verified the cell wall leakage; however, the leakage can be acknowledged as mild according to the TEM. The anti-MRSA activity of oxacillin-loaded NLC may also rely on other mechanisms of action. The nanoparticles possibly interact with DNA and the proteins of microbes to disturb the replication, translation, and transcription of the cellular pathways (Hemeg, 2017; Richter et al., 2017). Our previous study (Yang et al., 2016) suggested the antibacterial mechanisms of SME to evoke the Fenton reaction and reactive oxygen species (ROS). The preliminary genome analysis showed no significant alteration of the DNA level after NLC and/or oxacillin management. The greater molecular size of bacterial DNA compared to proteins retarded the leakage to the extracellular space. It is hypothesized that, besides membrane leakage by direct targeting, the nanosystems predominantly acted on proteins, thereby constraining MRSA growth.

The three proteins with the highest molecular weights revealed no significant change under combined NLC and oxacillin. On the other hand, all proteins with the molecular weight of <75 kDa exhibited loss after co-treatment. The mild leakage in the bacterial membrane created by antibiotic-entrapped nanoparticles might allow the liberation of proteins of <75 kDa. Among the detected proteins of >75 kDa, chaperone is central to survival in stress and antibiotic resistance (Frees et al., 2014). It is also a protein predominating in the resistance of MRSA to oxacillin (Jousselin et al., 2012). Treatment of oxacillin and NLC alone moderately increased and decreased chaperone expression, respectively. The combined NLC and oxacillin exhibited an offset effect on chaperone expression. A similar trend was shown in the other two proteins with high molecular weights (DNA-directed RNA polymerase and elongation factor G).

Ribosomes, a primary target for some antibiotics, such as macrolides and tetracyclines, are a critical catalyst for substrate stabilization of S. aureus protein synthesis (Wall et al., 2015). Oxacillin-loaded nanocarriers might interact and deactivate ribosomal subunits in the same way that some metal nanoparticles do (Hemeg, 2017), which can lead to the obstruction of protein translation. Elongation factor Tu is responsible for the protein synthesis through translation in the ribosomes (Pereira et al., 2015). NLC in combination with the drug showed significant downregulation of both ribosomes and elongation factor Tu. The attachment of invasive phenotype S. aureus to the biological surface is a requirement for eliciting virulence infection. Enolase and ornithine carbamoyltransferase are the proteins on the bacterial surface for binding with extracellular matrix proteins such as fibronectin, elastin, and collagen (Hussain et al., 1999; Carneiro et al., 2004). Both surface proteins were largely decreased by NLC and oxacillin co-treatment, thus impeding the pathogenesis of MRSA in the biological system. A similar case was the significant reduction of arginine deiminase after combined treatment. Arginine deiminase is a virulence factor of bacteria in biofilm growth and intracellular survival (Lindgren et al., 2014). The presence of NLC can produce some bacterial mutation. The change of colony color on the agar plate could be due to a response to oxidative stress (Strand et al., 2003), and also indicates of the



loss of infectious force. However, it should be noted with caution that the bacterial resistance against the antibiotics may increase after mutation. The oxacillin encapsulation was slightly reduced 24 h post-preparation. Since most of the *in vitro* and *in vivo* experiments were performed within 24 h, we believed that the structure of oxacillin-NLC complex generally remained intact during the experiments. Of course some oxacillin molecules were released from NLC nanoparticles in the nanosystem. It is our opinion that the unencapsulated oxacillin still could synergize with cationic NLC to eradicate MRSA because of the different antibacterial mechanisms of both agents. The possible mechanisms of oxacillin-loaded NLC for killing MRSA are illustrated in **Figure 6**.

The biofilm-like property of bacterial abscess in the skin weakens conventional antibiotic therapy (Han et al., 2009). MRSA contributes to cutaneous inflammation and barrier deterioration. NLC was able to diffuse into the nidus to decrease the MRSA burden and repair the barrier capacity, especially the drug-loaded NLC, which showed smaller abscess size and neutrophil infiltration compared to the NLC without the drug in the in vivo experiment. According to the previous studies (Hung et al., 2015), NLC would remain intact because of the soft and deformable characteristics for facile transport into the skin. The fusion of NLC in SC lipids is another possibility (Gelfuso et al., 2016). MRSA infection would damage the skin barrier function because of the formation of wound (Soong et al., 2012; Lin et al., 2017). It was possible that NLC could penetrate into the skin in the intact form. Although NLC can be a potential therapy for MRSA eradication, it is important to examine whether nanotoxicity is induced by the lipid nanocarriers. Our in vivo cutaneous tolerance study suggests the symptoms of erythema and excoriation on the skin surface treated by NLC. The TEWL increased 4-fold after 5 consecutive days of topical NLC administration, suggesting barrier disruption. The cutaneous irritation could be classified as mild. A previous study (Shimada et al., 2008) suggests about a 5-fold TEWL increase in dog skin after stratum corneum stripping. Another study (Yan et al., 2010) reports a  $10\sim25$ -fold increase of TEWL in rat skin receiving microneedle puncture, which is a permeation-enhancing approach. Both tape stripping and microneedles demonstrate a greater barrier loss as compared to cationic NLC.

It is well-known that quaternary ammonium-based surfactants are typical skin irritants producing some toxicity, including CPC, cetyltrimethylammonium bromide, tri(dodecyldimethylammonioacetoxyl)diethyltriamine trichloride, and benzalkonium chloride (BKC) (Kano and Sugibayashi, 2006; Zhou et al., 2016, 2017). Toxicity is usually a concern in developing antibacterial nanoparticles such as cationic surfactant-coated, zinc oxide, and silver nanoparticles (Pati et al., 2014; Pérez-Díaz et al., 2016). It is critical to improve the safety of cationic nanocarriers while maintaining the antibacterial effect. We had screened a series of cationic surfactants for the cytotoxicity and found that SME demonstrated a wider therapeutic window than the others such as CPC and BKC (Yang et al., 2016). Our previous result approved a safe use of SME. It is the reason why we employed SME in the study.

#### CONCLUSION

We assembled cationic NLC to load oxacillin as a drug-delivery nanosystem for MRSA infection therapy. Since oxacillin encapsulation in NLC achieved > 70%, the free oxacillin was also present in the nanosystems. However, the high loading efficiency of NLC for oxacillin led to the elucidation that the synergistic anti-MRSA effect was mainly attributed to the oxacillin-NLC complex but not free drug or NLC alone. The combined NLC and oxacillin showed lower MBC against MRSA compared to

individual treatment. NLC and oxacillin co-treatment increased the efficacy against MRSA residing both extracellularly and intracellularly. The combination was superior in eradicating biofilm compared to mono treatment. Topical administration of oxacillin-loaded nanoparticles significantly reduced cutaneous infection and improved skin barrier function and architecture. NLC has potential for use in combination with antibiotic against MRSA, especially with the currently increasing drug resistance among microbial species. The dose and dosage interval can be reduced with this association. The reduced dose, easy scale-up fabrication, and inexpensiveness of the SME-coated NLC may lessen the expenditure needed for antibacterial therapy. Our nanocarriers can be potential candidates for topical treatment of MRSA infection.

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#### **AUTHOR CONTRIBUTIONS**

AA and J-YF conceived and designed the experiments. P-WW, Y-PC, and S-CY performed the experiments. AA, Y-PC, and S-CY analyzed the data. P-WW and P-LL contributed reagents, materials, and analysis tools. AA, J-YF, and S-CY wrote the paper.

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## Safety and Efficacy of Topical Chitogel- Deferiprone-Gallium Protoporphyrin in Sheep Model

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Ooi ML, Richter K, Drilling AJ, Thomas N, Prestidge CA, James C, Moratti S, Vreugde S, Psaltis AJ and Wormald P-J (2018) Safety and Efficacy of Topical Chitogel-Deferiprone-Gallium Protoporphyrin in Sheep Model. Front. Microbiol. 9:917. doi: 10.3389/fmicb.2018.00917 **Objectives:** Increasing antimicrobial resistance has presented new challenges to the treatment of recalcitrant chronic rhinosinusitis fuelling a continuous search for novel antibiofilm agents. This study aimed to assess the safety and efficacy of Chitogel (Chitogel®, Wellington New Zealand) combined with novel antibiofilm agents Deferiprone and Gallium Protoporphyrin (CG-DG) as a topical treatment against *S. aureus* biofilms *in vivo*.

**Methods:** To assess safety, 8 sheep were divided into two groups of 7 day treatments (*n* = 8 sinuses per treatment); (1) Chitogel (CG) with twice daily saline flush, and (2) CG-DG gel with twice daily saline flush. Tissue morphology was analyzed using histology and scanning electron microscopy (SEM). To assess efficacy we used a *S. aureus* sheep sinusitis model. Fifteen sheep were divided into three groups of 7 day treatments (*n* = 10 sinuses per treatment); (1) twice daily saline flush (NT), (2) Chitogel (CG) with twice daily saline flush, and (3) CG-DG gel with twice daily saline flush. Biofilm biomass across all groups was compared using LIVE/DEAD BacLight stain and confocal scanning laser microscopy.

**Results:** Safety study showed no cilia denudation on scanning electron microscopy and no change in sinus mucosa histopathology when comparing CG-DG to CG treated sheep. COMSTAT2 assessment of biofilm biomass showed a significant reduction in CG-DG treated sheep compared to NT controls.

**Conclusion:** Results indicate that CG-DG is safe and effective against *S. aureus* biofilms in a sheep sinusitis model and could represent a viable treatment option in the clinical setting.

Keywords: chronic rhinosinusitis, *Staphylococcus aureus*, biofilm, Chitogel, Deferiprone, Gallium Protoporphyrin, topical agents, antimicrobial therapy

#### INTRODUCTION

Recalcitrant chronic rhinosinusitis is a difficult clinical entity to manage. Bacterial biofilms contribute to disease recalcitrance and have been shown to be associated with more severe disease (Bendouah et al., 2006; Psaltis et al., 2008; Singhal et al., 2010, 2011). Although oral antibiotics are frequently ineffective against biofilms (Costerton, 1995), it remains the only option available to achieve symptom control for many recalcitrant patients. However, with the growing prevalence of resistance to first-line antibiotics (World Health Organization, 2016) and the lack of research and development of new antibiotics (Conly and Johnston, 2005; World Health Organization, 2017), novel topical anti-biofilm agents are needed to help improve the outcomes in these patients.

Richter et al. first described the potent synergistic antimicrobial properties of Deferiprone and Gallium Protoporphyrin (DG) (Richter et al., 2016, 2017a,b). This agent targets the iron metabolism that is crucial for bacterial growth and survival (Braun, 2001; Weinberg, 2009). Deferiprone is an iron chelator approved by the U.S. Food and Drug Administration to treat thalassaemia major. Gallium Protoporphyrin IX is a heme analog with strong antibacterial activity against gram-positive bacteria, gram-negative bacteria and mycobacteria (Stojiljkovic et al., 1999; Hijazi et al., 2017). Gallium Protoporphyrin IX has been shown to kill S. aureus and Methicillin Resistant S. aureus (MRSA) in planktonic, biofilm and small colony variant form and has been shown to enhance the antimicrobial properties of commonly used antibiotics (Richter et al., 2017c). Deferiprone is thought to chelate iron from the bacteria's surrounding environment, forcing the bacteria to upregulate their iron transporter proteins. Deferiprone-dependent increased expression of iron transporter proteins are thought to enhance Gallium Protoporphyrin IX uptake into bacterial cells, thereby augmenting bacterial killing efficacy (Richter et al., 2016, 2017b). Consequently, the synergistic antimicrobial effects are observed mainly when Deferiprone and Gallium Protoporphyrin IX are given consecutively (Richter et al., 2016).

In this study, DG is incorporated within Chitogel (chitosan and dextran), a surgical hydrogel FDA approved for the use after sinus surgery, which acts as a drug carrier, that can be applied topically to fill the sinus cavities. The gel has been shown to allow the immediate and complete release of Deferiprone whilst Gallium Protoporphyrin IX is released more slowly (Richter et al., 2017b). This topical application allows higher concentration of drugs to be used for a localized action with less systemic side effects. The mucoadhesive properties of the hydrogel also increases contact time of these topical agents with the sinus mucosa and biofilms (Illum et al., 1994; Nakamura et al., 1999) augmenting its anti-biofilm effects.

The aims of this study were to assess the safety of CG-DG on healthy sinus mucosa and evaluate its efficacy as an anti-biofilm

Abbreviations: CG, Chitogel; CG-DG, Chitogel- Deferiprone-Gallium Protoporphyrin; GaPP, Gallium Protoporphyrin; SEM, scanning electron microscopy; CRS, chronic rhinosinusitis.

agent in a previously validated *S. aureus* biofilm-induced sheep sinusitis model.

#### MATERIALS AND METHODS

This study was approved by the Animal Ethics Committee of both The University of Adelaide and the South Australian Health and Medical Research Institute (SAHMRI).

#### **Animals**

Twenty three male merino sheep between 2 and 4 dental age (1–2 years of age) were used. All animals were drenched to eradicate the parasite *Oestrus Ovis*. Fifteen sheep were allocated to the efficacy arm and 8 to the safety arm. For the efficacy arm 5 sheep were randomized to each efficacy group (i) Twice daily saline flush (NT), (ii) Chitogel (CG) and (iii) Chitogel- Deferiprone-Gallium Protoporphyrin (CG-DG). For the safety arm, 4 sheep were randomized to each safety group (i) Chitogel (CG) and (ii) Chitogel- Deferiprone-Gallium Protoporphyrin (CG-DG).

#### **Bacterial Inoculum**

A known biofilm-forming reference strain of S. *aureus*, American Type Culture Collection (ATCC) 25923, was supplied by the Department of Microbiology, TQEH. A frozen glycerol stock was defrosted and subcultured overnight in 3 mL of nutrient broth (Oxoid, Adelaide, Australia) on a shaker at 37°C for 24 h before being transferred to a 1% nutrient agar plate (Oxoid). The plate was incubated at 37°C for 16–18 h, at which point a single colony forming unit (CFU) was diluted in 0.45% sterile saline to 0.5 McFarland standard and transferred on ice for instillation into sheep sinuses.

#### Chitogel

The Chitogel is made up of a combination of three components; 5% succinyl-chitosan, 0.3% phosphate buffer and 3% dextran aldehyde (Chitogel<sup>®</sup>, Wellington, NZ). The components are manufactured and sterilized by Chitogel<sup>®</sup>. All stocks were stored at room temperature.

#### **Deferiprone and Gallium Protoporphyrin**

Deferiprone (3-hydroxy-1,2-dimethylpyridin-4(1*H*)-one) (Sigma-Aldrich, St Louis, USA) and Gallium Protoporphyrin IX (Ga-PP IX) (Frontier Scientific, Logan, USA) were stored at room temperature.

#### **Preparation of Chitogel**

Dextran aldehyde (0.3 g) was dissolved in 10 mL of phosphate buffer then mixed with succinyl chitosan solution (0.5 g in 10 mL buffer) using sterile technique.

#### Preparation of Chitogel-Deferiprone-Gallium Protoporphyrin

Deferiprone ( $20\,\text{mM}$ ) and Gallium Protoporphyrin ( $250\,\mu\text{g/mL}$ ) were diluted in  $10\,\text{mL}$  of phosphate buffer under sterile conditions the day before use. This prepared solution was then used to dissolve dextran aldehyde prior to mixing with  $10\,\text{mL}$  of succinyl chitosan using sterile techniques.

#### **Anaesthetic Protocol**

For every surgical procedure, all sheep underwent general anesthesia given by an experienced animal handler. Intravenous phenobarbitone was given at induction (19 mg/kg) and sheep were intubated and placed onto 1.5–2% inhalation isoflurane to maintain anesthesia. Each sheep was placed in a supine position on a wooden cradle and supported on a head ring with neck slightly flexed. Each nasal cavity was sprayed twice with Cophenylcaine Forte (ENT Technologies Pty Ltd., Australia) 10 min prior to any procedures.

#### **Surgical Protocol**

As per protocol all sheep underwent middle turbinectomy and anterior ethmoid complex resection, which is then followed by a 3–4 week convalescence period. Frontal trephination was later performed by placing mini trephines bilaterally on the sheep's forehead, 1cm lateral from the midline and along a line connecting the superior aspect of the orbital rims. The placement of trephines was confirmed when fluorescein flushed via trephines (0.1 mL diluted in 100 mL of physiological saline) was visualized to be draining from the frontal sinus ostium.

#### Safety Arm

In the safety arm, following frontal trephination, the gels were instilled into each sinus cavity via mini trephines until gel extrusion from the frontal sinus ostium was visualized under direct endoscopic view. The mini trephines were then capped. Gel instilled was left undisturbed within the sinus cavities for 24 h before beginning sinus irrigation via mini trephines with 15 mL of sterile physiological saline twice a day. On day 8, all safety sheep were euthanized and sinus mucosa harvested for histopathological and SEM analysis.

#### **Efficacy Arm**

In the efficacy arm, following frontal trephination the frontal ostia were packed with petroleum gauze (Vaseline, Kendall, Mansfield, MA). 1 mL of 0.5 McFarland Units of S. aureus was then instilled into each sinus cavity via mini trephines and capped. Bacterial biofilms were allowed to form over the next 7 days. On day 8, the petroleum gauze was removed and each sheep was randomly assigned into one of three efficacy groups (i) Twice daily saline flush (NT), (ii) Chitogel (CG) and (iii) Chitogel- Deferiprone-Gallium Protoporphyrin (CG-DG). For sheep assigned to gel groups (ii) and (iii), the gels were instilled into each sinus cavity via mini trephines until gel extrusion from the frontal sinus ostium was visualized under direct endoscopic view. The mini trephines were then capped. For all groups, sinuses were irrigated 24 h later with 15 mL of sterile physiological saline twice a day for the remaining 6 days of treatment. On day 8, all sheep were euthanized and sinus mucosa harvested for histopathological analysis and biofilm biomass imaging.

#### Safety Analysis

#### **Histopathology Evaluation**

One  $1 \times 1 \, \text{cm}$  mucosal section from each sinus was fixed in 2% formalin solution and sent for histopathology preparation

(Adelaide Pathology and Partners, Adelaide, Australia). Samples were embedded in paraffin and stained with hematoxylin & eosin. Microscopic evaluation of tissue damage and inflammation was performed by a pathologist blinded to all clinical data using light microscopy (Eclipse 90i, Nikon instruments Inc, Melville, NY).

#### Scanning Electron Microscopy Evaluation

From each sinus, a sample of  $5 \times 5$  mm tissue was obtained, sonicated in saline, then submerged in SEM fixative (4% paraformaldehyde/1.25% glutaraldehyde in PBS + 4% sucrose, pH 7.2) for at least 24 h. Tissues were washed in a washing buffer (PBS + 4% sucrose) for 5 min then post fixed in 2% OsO<sub>4</sub> in water for 1 h. All samples underwent a graded dehydration of 70, 90, and 100% ethanol, then dried using hexamethyldisilazane (HMDS). Following that, all tissues were mounted on stubs and carbon coated. Images were taken using an XL30 Field Emission Gun Scanning Electron Microscope (Phillips, Eindhoven, Netherlands).

## Quantification of Plasma Deferiprone and Gallium Protoporphyrin Levels

Plasma samples were analyzed for Deferiprone and GaPP using high performance liquid chromatography (HPLC) on a Shimadzu UFLC XR (Shimadzu Cooperation, Kyoto, Japan). For the quantification of Deferiprone, 250 µl plasma was mixed with 750 µl methanol (HPLC grade, Merck, Darmstadt, Germany). The samples were vortexed for 1 min and centrifuged for 4 min at 14,800 rpm at room temperature (Eppendorf 5804R, Eppendorf, Hamburg, Germany). The clear supernatant (50 µl) was quantified on a Phenomenex Synergi 4 µm Fusion-RP LC column coupled to a security guard cartridge (Phenomenex, Lane Cove, NSW, Australia) using methanol/0.1 M orthophosphate buffer pH 7.2 (15%: 85%) as mobile phase at a flow rate of 2.0 ml/min. The Deferiprone concentration was detected at 280 nm and calculated against a standard curve ranging from 1.0 to  $10.0 \,\mu\text{g/ml}$  Deferiprone ( $R^2 > 0.992$ ). For the quantification of GaPP, solid phase extraction (SPE) was performed using Oasis PRiME HLB cartridges 1 cc/30 mg (Waters, Dundas, NSW, Australia). Samples were prepared according to the manufacturer's protocol. Briefly, 250 µl plasma was mixed with 250 µl orthophosphoric acid (4%) and placed in a SPE cartridge. After washing with 5% methanol in Milli-Q water, 500 µl methanol was used to elute GaPP. The clear eluate (50 µl) was quantified using methanol/0.1 M orthophosphate buffer pH 7.2 (70%: 30%) as mobile phase at a flow rate of 1.0 ml/min. The GaPP concentration was detected at 405 nm and calculated against a standard curve ranging from 0.02 to  $10.0 \,\mu g/ml$  GaPP ( $R^2 >$ 0.995).

#### Efficacy Analysis

#### **Biofilm Biomass**

Method of biofilm analysis were as described in previous studies (Ha et al., 2007; Singhal et al., 2012; Drilling et al., 2014; Paramasivan et al., 2014b; Rajiv et al., 2015). Two random  $1 \times 1$  cm mucosal sections from each sinus were sampled. Each

sample was briefly immersed in phosphate buffered solution to wash off planktonic cells and stained with LIVE/DEAD BacLight stain (Life Technology, Mulgrave, VIC, Australia) as per manufacturer's instructions. Biofilm biomass was assessed using confocal scanning laser microscope (LSM 710, Zeiss, Germany). Within each sample 3 of the areas with highest biofilm presence had axial Z stacks recorded to construct a 3D virtual image of the overlying tissue mucosa and biofilm, making a total of 6 Z-stack images per sinus. Eighty individual images of each representative area were taken as one Z stack image (Image properties: line average 4, 512 × 512 pixels, Z-stack 80 steps). The COMSTAT2 computer software (Lyngby, Denmark) was utilized to quantify biofilm biomass in each Z-stack (Heydorn et al., 2000; Klinger-Strobel et al., 2016).

#### **Histopathology Grading**

One  $1 \times 1\,\mathrm{cm}$  mucosal section from each sinus was fixed in 2% formalin solution and sent for histopathology preparation (Adelaide Pathology and Partners). Samples were embedded in paraffin and stained with hematoxylin & eosin. Microscopic evaluation and tissue grading was performed by a pathologist blinded to all clinical data using light microscopy (Eclipse 90i, Nikon instruments Inc, Melville, NY). Degree of inflammation (lymphocytes, plasma cells, histiocytes and mast cells), acute inflammation (neutrophils), oedema, fibrosis and cilia were graded using an arbitrary scale (Boase et al., 2013; Drilling et al.,

2014; Rajiv et al., 2015). Degree of inflammation, oedema and fibrosis were each graded from 0 to 3; 0 = none, 1 = mild, 2 = moderate, 3 = severe. Acute inflammation was graded from 0 to 2; 0 = none, 1 = mild, 2 = severe. Cilia were graded as minimal loss, focal loss, moderate loss, severe loss.

#### Statistical Analysis

Comparison of mucosal biofilms between treatment groups were analyzed using Kruskal Wallis One-way analysis of variance (ANOVA) with Dunn's multiple comparison test. Comparison of histopathology grading between treatment groups in the efficacy arm were analyzed using Two-way analysis of variance (ANOVA) with Dunnett's multiple comparison test. Statistical significance was considered at p < 0.05. All statistical tests were done using GraphPad Prism 7.0b software (San Diego, CA).

#### **RESULTS**

#### Safety Arm

#### Histopathological Analysis

Similar mucosal architecture was noted in all sinus samples obtained from CG and CG-DG treated groups, showing a pseudostratified columnar epithelial layer intersected with goblet cells. No squamous metaplasia of epithelium was identified in any samples (**Figure 1**). These images reflect that the test treatments are safe to apply topically to sinus mucosa.

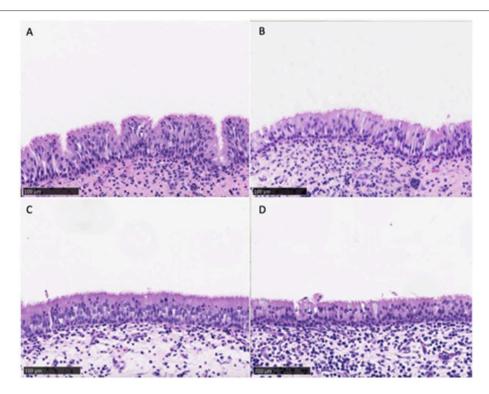


FIGURE 1 | Representative images of sinus mucosa histology harvested from sheep in the safety arm treated with CD (A,B) and CD-DG (C,D). All sinus mucosa showed pseudostratified columnar epithelial layer with no metaplasia, indicating that test treatments were safe for sinus topical application. CG, Chitogel; CG-DG, Chitogel- Deferiprone-Gallium Protoporphyrin.

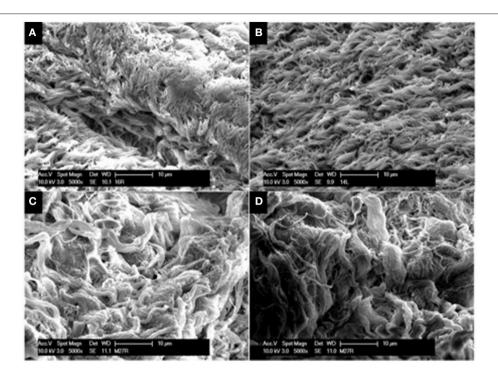
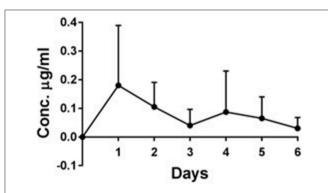


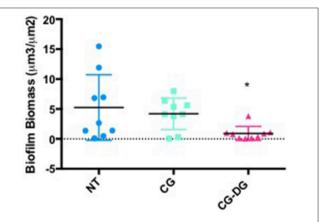
FIGURE 2 | Representative SEM images of sinus mucosa harvested from sheep in the safety arm treated with CG gel (A,B) and CG-DG gel (C,D). SEM allowed assessment for ciliary presence and morphology on sinus mucosa. No ciliary denudation were observed in both treated groups, indicating that test treatments were not ciliotoxic. CG, Chitogel; CG-DG, Chitogel- Deferiprone-Gallium Protoporphyrin.



**FIGURE 3** | *In vivo* plasma concentration ( $\mu$ g/ml)  $\pm$  standard deviation of deferiprone over 6 days, n=4. Maximum Deferiprone plasma level of 0.18  $\mu$ g/ml was detected at day 1 of topical application to sinuses, which is 110 times less than one oral dose of Deferiprone. No GaPP was detected in the plasma of all 4 sheep treated with CG-DG (data not shown). This indicates that CG-DG has negligible systemic effect from topical sinus application. GaPP, Gallium Protoporphyrin, CG, Chitogel; CG-DG, Chitogel-Deferiprone-Gallium Protoporphyrin.

#### **SEM Tissue Analysis**

SEM was employed to assess the presence and integrity of cilia present on sinus mucosal samples. In all sinus mucosal samples collected, there were no signs of ciliary denudation in both CG and CG-DG treated groups (**Figure 2**). These images reflect that the test treatments were not ciliotoxic on ciliated human respiratory cells.



**FIGURE 4** | Scatter plots showing COMSTAT computation of *Staphylococcus aureus* biofilm biomass between **(A)** Twice daily saline flush (NT), **(B)** CG gel with twice-daily saline flush, and **(C)** CG-DG gel with twice-daily saline flush. Significant reduction of biofilm biomass seen in CG-DG treated group compared to NT and CG gel.  $^*P < 0.05$ , Kruskal Wallis 1-way analysis of variance (ANOVA) with Dunn's multiple comparison test. NT, No treatment; CG, Chitogel; CG-DG, Chitogel- Deferiprone-Gallium Protoporphyrin.

## Plasma Deferiprone and Gallium Protoporphyrin Levels

The maximum Deferiprone concentration was reached after 1 day (0.18  $\mu$ g/ml Deferiprone) in the 4 sheep treated with CG-DG (**Figure 3**). After 6 days the Deferiprone plasma concentration decreased to 0.03  $\mu$ g/ml.

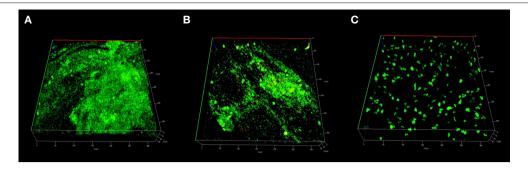
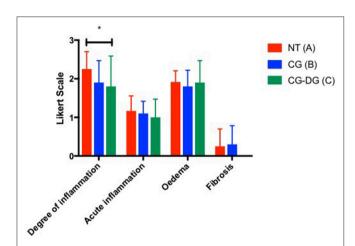


FIGURE 5 | Representative CLSM images of *S. aureus* biofilms stained with LIVE/DEAD Baclight reconstructed into 3D virtual image. Small light green stains represents live bacteria, large dark green stains represents mammalian cells and large red stains represents dead mammalian cells. Sinus mucosa treated with (A) Twice daily saline flush (NT) showing dense population of live bacterial biofilms; (B) CG gel with twice-daily saline flush showing moderate population of live bacterial biofilms; (C) CG-DG gel with twice-daily saline flush showing no bacterial biofilms. CLSM, Confocal laser scanning microscopy; *S. aureus*, *Staphylococcus aureus*; NT, No treatment; CG, Chitogel; CG-DG, Chitogel- Deferiprone-Gallium Protoporphyrin.



**FIGURE 6** | Bar graph showing degree of inflammation, acute inflammation, oedema and fibrosis grading between (A) Twice daily saline flush (NT), (B) CG gel with twice-daily saline flush, and (C) CG-DG gel with twice-daily saline flush. Significant reduction is seen in degree of inflammation of sinus mucosa between CG-DG and NT. \*P < 0.05, 2-way analysis of variance (ANOVA) with Dunnett's multiple comparison test. NT, No treatment; CG, Chitogel; CG-DG, Chitogel- Deferiprone-Gallium Protoporphyrin.

GaPP was not detected in the plasma of any of the 4 sheep treated with CG-DG (data not shown). According to the quantification level ranging from 0.02 to  $10\,\mu g/ml$ , this indicates a GaPP plasma concentration was below 0.02  $\mu g/ml$ .

#### **Efficacy Arm**

#### **Biofilm Biomass Analysis**

COMSTAT2 assessment showed a significant reduction of biofilm biomass in CG-DG treated sheep compared to NT controls (p=0.03, One-way ANOVA, Kruskal-Wallis test), but not between NT and CG treated sheep. Compared to no-treatment controls, CG-DG gel and CG reduced S. S aureus biofilms by 82 and 20% respectively (Figure 4). Representative CLSM images showing LIVE/DEAD BacLight staining of S. S aureus biofilms seen in Figure 5.

## Histopathology Analysis of Sinus Mucosa Harvested From Sheep in Efficacy Arm

There was a significant reduction in the degree of inflammation of sheep sinus mucosa between CG-DG treated group and no treatment (p=0.0476, CI 95% 0.004116 to 0.8959). No significant differences were observed in degree of inflammation between CG only group and no treatment controls. Looking at acute inflammation, oedema, fibrosis and cilia, there were no significant differences in sheep sinus mucosa across all groups (**Figure 6**).

#### DISCUSSION

In this study we were able to show that CG-DG is safe and effective in killing *S. aureus* biofilms *in vivo* using a sheep sinusitis model described previously. The anti-inflammatory effects seen in the sinus mucosa of CG-DG group might be due to the effective eradication of biofilms.

The FDA approved oral dose of Deferiprone that is safe to use in humans is up to 75-99 mg/kg/day. Spino et al reported that following an oral dose of 1,500 mg Deferiprone (20 mg/kg) the mean maximum serum deferiprone concentration (Cmax) of non-iron-loaded healthy subjects was 20 µg/mL (Spino et al., 2015). Following one topical CG-DG application the highest plasma Deferiprone concentration measured in this study was 0.18 µg/ml, which is 110 times less than one oral dose of Deferiprone. In addition, GaPP was not detected in the plasma of any of the sheep treated with CG-DG gel. In an in vivo model we have to also account for some accidental oral ingestion of the sinus flushes which may reflect that the true plasma level of deferiprone might be even lower in human application as patients are instructed to apply sinus rinses head down and allow the rinses to wash out. Therefore, negligible Deferiprone plasma concentrations and the absence of GaPP in plasma, together with no observed adverse effects (e.g., no sinus mucosa damage, no ciliary denudation) indicate safety of CG-DG gel in vivo.

Iron is an essential element for bacterial growth, survival and replication. Deferiprone is an iron-chelator, capable

of chelating free iron at the ratio 3:1 and approved by the Food and Drug Administration (FDA) for the treatment of Thalassemia Major (Olivieri et al., 1998). Deferiprone has slight anti-microbial properties by capturing iron from the environment around bacteria, causing a depletion of iron as a nutrient source (de Léséleuc et al., 2012). Deferiprone also has been shown to accelerate wound healing with enhanced skin closure after topical application in vivo (Mohammadpour et al., 2013). Gallium Protoporphyrin IX belongs to the family of non-iron metalloporphyrins and has antibacterial properties. The compound shows structural similarity to haem, therefore, it can mimic haem as a preferred iron source of bacteria (Stojiljkovic et al., 1999). Once inside the bacterial cell however, non-iron metalloporphyrins such as Gallium Protoporphyrin IX preserve their structure and show antibacterial effects by interfering with essential cellular pathways in the cytoplasm and in the plasma membrane causing bacterial cell death (Reniere et al., 2007). Combining Deferiprone and Gallium Protoporphyrin IX has potent synergistic antimicrobial properties against a range of bacteria including Multi Drug Resistant bacteria and Methicillin Resistant S. aureus (MRSA) (Richter et al., 2016). The Deferiprone and Gallium Protoporphyrin IX combination is thought to exert its anti-biofilm effects by interfering with the iron metabolism of S. aureus which is involved in membrane bound respiration, bacterial growth, protects against reactive oxygen species, and increases bacterial virulence factors (Braun, 2001; Weinberg, 2009).

In this study, CG gel showed the capacity to act as a drug carrier, facilitating the topical delivery of DG to biofilms in the sinonasal cavities. To exert the full anti-biofilm potential of DG it is imperative that Deferiprone is first applied followed by Gallium Protoporphyrin IX (Richter et al., 2016). Richter et al. described the quick release of hydrophilic Deferiprone from the CG gel within the first 48–72 h followed by a sustained release of hydrophobic Gallium Protoporphyrin IX reaching 20–25% over 20 days (Richter et al., 2017b) which reinforces the anti-biofilm effects of DG.

In the last decade, Chitogel has been largely used in ENT surgery to improve patient outcomes post endoscopic sinus surgery (Athanasiadis et al., 2008; Valentine et al., 2010; Ngoc Ha et al., 2013; Chung et al., 2016) due to its effective hemostatic (Klokkevold et al., 1991, 1992; Rao and Sharma, 1997; Chou et al., 2003; Pusateri et al., 2003; Valentine et al., 2009, 2010, 2011; Chung et al., 2016), wound healing (Biagini et al., 1991; Stone et al., 2000; Azad et al., 2004), anti-adhesion (Kennedy et al., 1996; Costain et al., 1997; Vlahos et al., 2001; Diamond et al., 2003; Zhou et al., 2004, 2010; Athanasiadis et al., 2008; Medina et al., 2012; Medina and Das, 2013; Cabral et al., 2015) and antimicrobial (Rhoades and Roller, 2000; No et al., 2002; Paramasivan et al., 2014a) properties and was recently FDA approved for use after sinus surgery. CG gel comprises succinyl-chitosan which is a chitosan polymer produced by the hydrolysis of chitin, found in the exoskeletons of crustaceans. Incorporating DG into CG gel strengthens the gel's anti-biofilm effects which might help improve the outcome of recalcitrant and post endoscopic sinus surgery patients.

CG-DG has been shown to have significant anti-biofilm activity not only against *S. aureus* but also MRSA, *S. epidermidis* and *P. aeruginosa* biofilms (Richter et al., 2017b). The anti-biofilm activity of DG against multiple pathogens has the added potential of treating polymicrobial infections. This broad activity makes topical CG-DG a valuable treatment alternative that can be applied within the same outpatient setting while waiting for sensitivity result to become available.

In February 2017, the World Health Organization (WHO) released a global priority list of pathogens to guide research and development of new antibiotics. Amongst the list, MRSA has been classified as a high priority pathogen and *P. aeruginosa* as critical. This also suggests that as a novel antimicrobial agent CG-DG gel has great potential for broader applications in various clinical settings.

#### CONCLUSIONS

Topically applied CG-DG gel effectively reduced *S. aureus* biofilms with no observed topical and systemic adverse effects in a sheep sinusitis model, indicating safety and efficacy of CG-DG gel *in vivo*. The use of Chitogel to enhance the delivery of Deferiprone and Gallium Protoporphyrin IX offers otolaryngologists an alternative method to treat surgically recalcitrant CRS.

Clinical trials are currently underway to investigate the safety and efficacy of CG-DG gel in patients with recalcitrant chronic rhinosinusitis and in the post-operative setting.

#### **AUTHOR CONTRIBUTIONS**

MO: project design, data collection and analysis, manuscript preparation. KR: data analysis, manuscript preparation. AD: project design, data collection. NT, CP, CJ: data analysis. SM: product manufacture and quality control. SV, AP, P-JW: project design, manuscript preparation.

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**Conflict of Interest Statement:** P-JW and SM are part of the consortium that owns the patent for Chitogel and are shareholders in the company. P-JW and SV hold a patent on the treatment combination of Deferiprone and Gallium-Protoporphyrin.

The other authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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### Topical Colloidal Silver for the Treatment of Recalcitrant Chronic Rhinosinusitis

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**Background:** The management of recalcitrant chronic rhinosinusitis (CRS) is challenged by difficult-to-treat polymicrobial biofilms and multidrug resistant bacteria. This has led to the search for broad-spectrum non-antibiotic antimicrobial therapies. Colloidal silver (CS) has significant antibiofilm activity *in vitro* and *in vivo* against *S. aureus*, *MRSA*, and *P. aeruginosa*. However, due to the lack of scientific efficacy, it is only currently used as an alternative medicine. This is the first study looking at the safety and efficacy of CS in recalcitrant CRS.

**Methods:** Patients were included when they had previously undergone endoscopic sinus surgery and presented with signs and symptoms of sinus infection with positive bacterial cultures. Twenty-two patients completed the study. Patients were allocated to 10-14 days of culture directed oral antibiotics with twice daily saline rinses (n=11) or 10 days of twice daily 0.015 mg/mL CS rinses (n=11). Safety observations included pre- and post-treatment serum silver levels, University of Pennsylvania Smell Identification Test (UPSIT) and adverse event (AE) reporting. Efficacy was assessed comparing microbiology results, Lund Kennedy Scores (LKS) and symptom scores using Visual Analog Scale (VAS) and Sino-Nasal Outcome Test (SNOT-22).

**Results:** CS demonstrated good safety profile with no major adverse events, no changes in UPSIT and transient serum silver level changes in 4 patients. CS patients had 1/11 (9.09%) negative cultures, compared to 2/11 (18.18%) in the control group upon completion of the study. Whilst not statistically significant, both groups showed similar improvement in symptoms and endoscopic scores.

**Conclusion:** This study concludes that twice daily CS (0.015 mg/mL) sinonasal rinses for 10 days is safe but not superior to culture-directed oral antibiotics. Further studies including more patients and looking at longer treatment or improving the tonicity of the solution for better tolerability should be explored.

Keywords: chronic rhinosinusitis, recalcitrant, infection, antimicrobial, topical agent, safety, efficacy

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#### INTRODUCTION

The management of recalcitrant chronic rhinosinusitis (CRS) is increasingly challenged by difficult-to-treat polymicrobial biofilms and multidrug resistant bacteria which antibiotics often cannot effectively eradicate. For recalcitrant patients, antibiotics often alleviate symptoms in acute exacerbations but fail to eradicate the biofilm nidus which periodically sheds planktonic organisms resulting in a relapsing and remitting course of disease (Foreman et al., 2011). This has fuelled a continuous search for broad-spectrum topical non-antibiotic anti-biofilm therapies. Topical agents allow increased concentration, localized action, less systemic side effects and lessen the risk of antibiotic resistance.

To date, numerous topical agents have been tested and although some have shown anti-biofilm activity (Chiu et al., 2008; Le et al., 2008; Alandejani et al., 2009; Jardeleza et al., 2011; Jervis-Bardy et al., 2012; Paramasivan et al., 2014; Richter et al., 2016, 2017a,b), none have been widely accepted as a treatment option in recalcitrant CRS. Recent evidence suggests that colloidal silver (CS) may be effective against bacterial biofilms. We have previously shown that CS showed significant anti-biofilm activity in vitro and in vivo against S. aureus (Goggin et al., 2014; Rajiv et al., 2015), and against methicillin-resistant S. aureus (MRSA) and P. aeruginosa biofilms. Spherical nanoparticles were also shown to be non-toxic in human cell culture (THP-1, Nuli-1) (Richter et al., 2017c) and safe in a sheep sinusitis model (Rajiv et al., 2015). Moreover, they were physically stable for over 6 months in storage with no observed loss in anti-biofilm activity (Richter et al., 2017c).

However, due to the lack of evidence for their efficacy, it is only currently used as an alternative medicine. This is the first study investigating the safety and efficacy of CS in recalcitrant CRS patients.

#### **METHODS AND MATERIALS**

#### **Participants and Study Design**

This was a prospective, open-label, single-blinded, pilot study looking at the safety and efficacy of CS sinonasal rinses in patients with recalcitrant CRS between December 2016 to July 2017. Ethics approval was granted by the Central Northern Adelaide Health Service, Ethics of Human Research Committee (TQEH/LMH/MH HREC) to conduct the trial within its network of teaching hospitals in Adelaide, Australia. All subjects gave written informed consent in accordance with the Declaration of Helsinki.

A total of 22 patients were enrolled in the study (8 females, 14 males, aged 27–86). Patients were allocated to either the colloidal silver arm (CS) (n = 11) or control arm (CON) (n = 11) depending on availability of silver stock and patient's adverse reaction to culture-sensitive oral antibiotics (**Figure 1**). Full

Abbreviations: CRS, chronic rhinosinusitis; INC, intranasal corticosteroid; CON, control; CS, Colloidal Silver; VAS, Visual Analog Scale; SNOT-22, Sino-Nasal Outcome Test-22; LKS, Lund Kennedy Scores; UPSIT, University of Pennsylvania Smell Identification Test; AE, Adverse Event.

inclusion and exclusion criterias are outlined in **Table 1**. Baseline demographic and clinical characteristic are demonstrated in **Table 2**.

CS patients were provided with 20 sealed bottles of prefilled 120 mL CS solution in standard nasal irrigation squeeze bottles. Patients were instructed to store these bottles away from light and in the refrigerator. Prior to use, patients were asked to warm the solution to room temperature, fill the rinse bottle to 240 mL with cooled boiled water, then perform the rinses twice daily for 10 days. Patients are to apply gentle pressure onto squeeze bottles which delivers the solution through the inner tube and out of the tip of the bottle into the nostril. CS patients were specifically instructed not to add the usual proprietary buffered salts sachets to avoid chemical interaction with the CS nanoparticles. All squeeze bottles were provided by NeilMed Pharmaceuticals (Santa Rosa, CA). If there were signs of persistent infection on endoscopic examination and a positive culture swab post-treatment, CS patients exited the study and resumed treatment based on clinical grounds.

CON patients received a 10 to 14-day course of culturedirected oral antibiotics and were instructed to perform twice daily saline rinses similar to the delivery of CS. If the patient had persistent infection on endoscopic examination and a positive culture swab at the end of treatment, they received CS.

Those taking INCs on enrolment were instructed to continue throughout the duration of the study.

#### **Synthesis of Silver Nanoparticles**

Spherical silver nanoparticles were prepared as previously described (Richter et al., 2017c). Briefly, a mixture of 6.25 mL water, 1.25 mL sodium citrate (1% wt.), 1.25 mL silver nitrate (1% wt.) and 50  $\mu l$  potassium iodide (300  $\mu M$ ) was prepared under stirring at room temperature and incubated for 5 min. This mixture was added to 237.5 mL of boiling water that included 250  $\mu l$  ascorbic acid (0.1M). The colorless solution changed to yellow and finally slightly orange, indicating particle formation. The silver nanoparticles were further boiled for 1 h under reflux and stirring at 1,500 rpm. After cooling, the silver nanoparticles were characterized by UV-Vis spectrometry and transmission electron microscopy (quality control). This confirmed a spherical particle shape and size of approximately 40 nm. Silver nanoparticles were stored in amber glass flasks under dark condition at 4°C prior to utilization as a nasal rinse.

#### Efficacy Assessment

Endoscopic guided sinonasal swabs were taken at every scheduled visit for microbiological evaluation. All patients completed symptoms score questionnaire at every visit, using Sino-Nasal Outcome Test-22 (SNOT-22) (Kennedy et al., 2013) (22 items, each scored from 0 to 5; total score range 0 to 110) and Visual Analog Scale (VAS) (Walker and White, 2000) (average of 6 items and an overall symptom score; each scored from 0 to 100, total score range 0 to 100). At each visit, all patients had entry and exit endoscopic videos recorded and scored by a blinded surgeon using the Lund Kennedy Score (LKS) (Lund and Kennedy, 1995; Kennedy et al., 2013) (score range, 0–20).

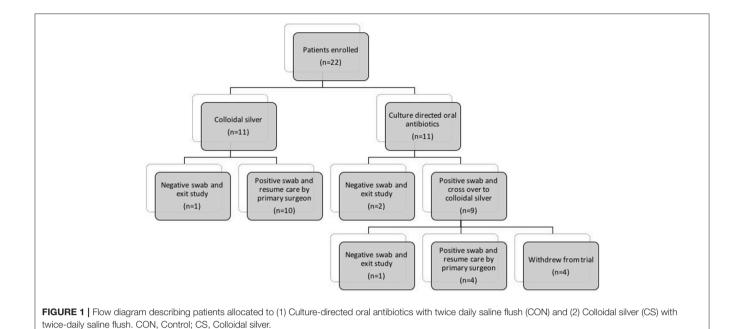


TABLE 1 | Inclusion and exclusion criteria.

Inclusion Criteria	Exclusion criteria
Ongoing symptoms of CRS despite at least one trial of oral antibiotics	Allergy to silver
ESS >12 weeks prior to enrolment	Antibiotics in previous 2 weeks
Positive bacterial microbiology swab	Taking oral corticosteroids
Over 18 years of age AND able to give written informed consent	Pregnant or breastfeeding
Willing to return to this center for postoperative follow-up care	Immunocompromised

ESS, Endoscopic sinus surgery; CRS, Chronic rhinosinusitis.

#### Safety Assessment

All patients on CS treatment were required to have pre- and post-treatment serum silver levels and completed the University of Pennsylvania Smell Identification Test (UPSIT). If serum silver level post-treatment was above normal limits, a repeat serum silver level was performed 7 days later to confirm return to baseline. Patients were advised to report any adverse outcomes while on the study.

#### **Data Analysis**

Statistical power was calculated for the primary end-point of culture negativity post-treatment. Power analysis estimates determined a sample size of 11 patients per group would be required to achieve statistical significance (80%, p < 0.05) based on response rates of 25 and 90% in the control and silver groups, respectively.

All results were statistically analyzed at the completion of the study using 2-way analysis of variance (ANOVA) and student's t-test, with a significance value set at p < 0.05.

TABLE 2 | Baseline patient demographics and clinical characteristics.

C	CON (n = 11)	CS (n = 11)
Age, year	61 (52–72)	60 (47–73)
Gender, male	7 (63.6%)	7 (63.6%)
History of polyposis	9 (81.82%)	8 (72.73%)
Frontal drillouts	7 (63.64%)	9 (81.82%)
Visual analog scale 38.2	9 (22.14–51.86)	49.72 (28.75–65)
SNOT-22 score	88.55 (23–59)	58.01 (43–75)
Lund-Kennedy score	6.82 (4–10)	8.57 (6–10)

Data are medians (interquartile range) or numbers (%). CON, Control; CS, Colloidal silver; SNOT-22, Sino-Nasal Outcome Test-22.

#### **RESULTS**

#### **Efficacy**

#### Microbiology Result

2/11 (18.18%) patients in CON group had negative swabs while 1/11 (9.09%) CS patients had negative swabs upon completion of treatment. List of pathogens treated in both cohorts are described in **Table 3**.

#### Visual Analog Scale (VAS)

VAS scores in both CON and CS groups showed a similar trend of improvement post-treatment, but both were not statistically significant (CON 1.728 [95% CI -7.785 to 11.24] vs. CS 3.536 [95% CI -5.977 to 13.05]) (**Figure 2**).

#### Sino-Nasal Outcome Test-22 (SNOT-22)

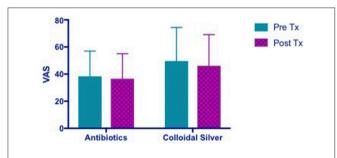
Patients in the CON group showed no change in SNOT-22 scores post- treatment while CS group showed a trend toward an improvement in SNOT-22 scores, but it was not statistically

TABLE 3 | Standard semi-quantitative analysis of bacterial load reported as scant, light, moderate or heavy (equivalent to 1+, 2+, 3+, or 4+) by laboratory.

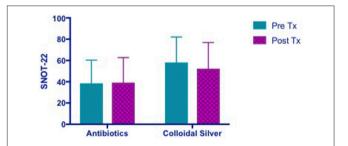
Before colloidal silver	After colloidal silver
Heavy MRSA + Light P. aeruginosa	Heavy MRSA + Scant P. aeroginosa
Heavy S. aureus	Moderate S. aureus
Heavy S. aureus + Heavy P. aeruginosa	Moderate S. aureus + Moderate P. aeroginosa
Moderate S. aureus	Light S. aureus + Light S. pneumoniae
Scant K. oxytoca, Scant H. influenza	No growth
Heavy H. influenza	Heavy S. aureus + Light E. cloacae + Light H. influenzae
Moderate K. oxytoca + Moderate P. aeruginosa	Heavy K. oxytoca + Moderate P. aeruginosa
Light P. aeruginosa	Moderate S. aureus
Heavy S. aureus	Moderate S. aureus
Heavy S. aureus + Heavy P. aeruginosa	Heavy S. aureus
Heavy S. aureus	Heavy S. aureus + Moderate M. morganii

Before oral antibiotics	Antibiotics	After oral antibiotics	After colloidal silver
Heavy S. aureus	Augmentin DF	Moderate P. aeruginosa + Heavy S. aureus	Moderate S. pneumoniae + Moderate S. aureus
Moderate P. aeruginosa	Ciprofloxacin	Light P. stutzeri	Withdrew due to other commitments
Heavy H. influenzae	Bactrim DS	No growth	
Heavy S. aureus	Augmentin DF	Heavy S. maltophilia	No growth
Moderate S. aureus	Augmentin DF	No growth	
Heavy E. coli	Augmentin DF	Moderate E. coli	Withdrew due to flush discomfort
Heavy S. aureus	Cephalexin	Moderate S. aureus + Light H. influenzae	Withdrew due to lack of efficacy
Moderate S. aureus	Augmentin DF	Moderate S. aureus + Light H. influenzae	Heavy S. aureus + Light E. coli
Moderate E. aerogenes	Ciprofloxacin	Moderate E. aerogenes + Scant S. aureus	Withdrew due to due to external injury
Moderate S. pneumoniae + Scant S. aureus	Augmentin DF	Light S. aureus	Light S. aureus
Moderate S. pneumoniae + Scant S. aureus	Bactrim DS	Moderate S. aureus + Scant Alternaria sp.	Light S. aureus

P. aeruginosa, Pseudomonas aeruginosa; MRSA, Methicllin resistant staphylococcus aureus; S. aureus, Staphylococcus aureus; H. influenza, Haemophilus Influenzae; E. cloaca, Enteroboacter cloacae; S. pneumonia, Streptococcus pneumonia; K. oxytoca, Klebsiella oxytoca; M. Morganii, Morganella Morganii; P. stutzeri, Pseudomonas stutzeri; S. maltophilia, Stenotrophomonas maltophilia; E. coli, Escherichia coli; E. aerogenes, Enterobacter aerogenes.



**FIGURE 2** | Bar graph showing no significant difference in VAS scores between CON and CS treated groups. VAS, Visual Analog Scale; CON, Control; CS, Colloidal silver.



**FIGURE 3** | Bar graph showing no change in SNOT-22 scores in CON group, while CS group showed a trend of improved SNOT-22 scores, but not statistically significant. SNOT-22, Sino-Nasal Outcome Test-22; CON, Control; CS, Colloidal silver.

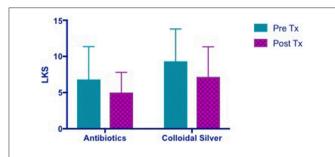
significant (CON -0.6364 [95% CI -6.673 to 5.4] vs. CS 5.818 [95% CI -0.2183 to 11.85]) (**Figure 3**).

#### Lund Kennedy Score (LKS)

Both CON and CS group showed trends of similar improvements in Lund Kennedy Scores but this was not statistically significant (CON 1.818 [95% CI -1.373 to 5.009] vs. CS 2.167 [95% CI -2.154 to 6.488]) (**Figure 4**).

#### **Subgroup Analyses: Crossover Silver Arm**

Five patients completed the crossover CS arm after failing oral antibiotics. Subgroup analyses were performed comparing VAS, SNOT-22, and LKS scores of patients while on either treatment. The mean score difference post antibiotic treatment vs. post CS treatment were compared using Wilcoxon matched-pairs signed rank tests. However, due to the small sample size of our subgroup analyses, data presented is focused on describing observed trends.



**FIGURE 4** | Bar graph showing similar improvements in LKS in both CON and CS groups, but not statistically significant. LKS, Lund Kennedy Scores; CON, Control; CS, Colloidal silver.

# Pre Tx Post Tx Antibiotics Crossover Silver

**FIGURE 5** | Bar graph comparing VAS scores of patients following failed culture sensitive oral antibiotics and crossed-over to CS treatment. VAS, Visual Analog Scale; CS. Colloidal silver.

#### Microbiology Result of Crossover arm

1/5 patient had successful infection eradication from CS treatment after failing culture-sensitive oral antibiotics.

#### Visual Analog Scale (VAS) of Crossover Arm

There were slight improvements in VAS scores after culture sensitive oral antibiotics and CS treatment. There was a trend of greater improvement in VAS while on CS compared to when patients were treated with culture sensitive oral antibiotics. It is also observed that patients' VAS scores appeared to return to baseline after completing course of oral antibiotics and before commencing CS which is consistent with what is observed in clinical practice (**Figure 5**). Mean difference in VAS scores when patients were on culture sensitive oral antibiotics 4.546 [95% CI -8.156 to 17.25] vs. CS treatment 5.94 [95% CI -3.347 to 15.23], p = 0.4750.

## Sino-Nasal Outcome Test-22 (SNOT-22) of Crossover Arm

There were no changes in SNOT-22 scores after culture sensitive oral antibiotics treatment but showed trends of improvement when patients were crossed over to CS treatment (**Figure 6**). Mean difference in SNOT-22 scores when patients were on culture sensitive oral antibiotics 0.2 [95% CI -2.021 to 2.421] vs. CS treatment -13 [95% CI -22.42 to -3.585], p = 0.06.

#### Lund Kennedy Score (LKS) of Crossover Arm

Patients demonstrated an improvement in LKS post antibiotic treatment and further improvements were observed after completion of CS treatment (**Figure** 7). Mean difference in LKS scores when patients were on culture sensitive oral antibiotics -2.8 [95% CI -7.311 to 1.711] vs. CS treatment -1.4 [95% CI -4.259 to 1.459], p = 0.50.

#### Safety

#### Serum Silver Levels

Four patients who had received CS had serum silver levels that were above normal limits measured within 24 h after receiving final silver dose. 3 patients had a repeat test 10 days after study exit which saw serum silver levels had returned to normal parameters. One patient had serum silver levels which were above normal ranges pre-treatment and on repeat test had returned to

baseline. Our laboratory reference indicates that argyria can be present at serum silver levels of approximately 100 nmol/L, the highest level of serum silver level recorded in our study was 57.3 nmol/L.

#### Smell Test

There were no significant changes in smell pre- and posttreatment between both groups measured using the University of Pennsylvania Smell Identification Test (UPSIT).

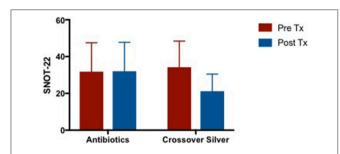
#### **Adverse Events**

There were no serious adverse events reported.

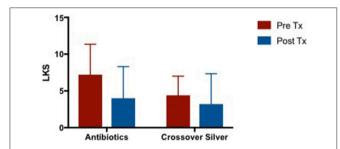
#### DISCUSSION

In this study, looking at the primary end-point of culture negativity post-treatment, CS has not been shown to be superior to culture-directed oral antibiotics. Although interesting to note, CS patients had more severe baseline disease when compared to CON, but demonstrated comparable improvement in subjective symptoms and objective endoscopic scores suggesting it may be more than just a placebo effect. It is possible that CS treatment over 10 days is sufficient to demonstrate symptomatic and endoscopic improvement but insufficient time to achieve bacterial eradication. Indeed, when compared with topical mupirocin rinses which have been one of the more successful topical treatments for recalcitrant patients (Solares et al., 2006; Uren et al., 2008; Jervis-Bardy and Wormald, 2012; Jervis-Bardy et al., 2012; Seiberling et al., 2013), mupirocin has been used as a twice-daily rinse over 3-4 weeks. We believe that this reflects the duration of CS treatment needs to be further optimized. A longer study period including a larger number of study participants would be needed to assess the safety and efficacy of CS topical application in these patients.

The spherical CS nanoparticles used in this study has been shown to have substantial anti-biofilm activity *in vitro* with 96, 97, and 98% biofilm reduction of *S. aureus*, MRSA, and *P. aeruginosa* respectively (Richter et al., 2017c). It has been postulated that CS exerts its antimicrobial properties via multiple mechanisms. It can act on bacterial cell membranes by disrupting phosphate (Schreurs and Rosenberg, 1982) and sodium channels (Semeykina and Skulachev, 1990), inhibits mitochondrial ATPase



**FIGURE 6** | Bar graph comparing SNOT-22 scores of patients following failed culture sensitive oral antibiotics and crossed-over to CS treatment. SNOT-22, Sino-Nasal Outcome Test-22; CS, Colloidal silver.



**FIGURE 7** | Bar graph comparing LKS scores of patients following failed culture sensitive oral antibiotics and crossed-over to CS treatment. LKS, Lund Kennedy Scores; CS, Colloidal silver.

(Chappell and Greville, 1954) and interacts with bacterial DNA to form dissociable complexes (Rosenkranz and Rosenkranz, 1972; Modak and Fox Jr., 1973).

Some immunomodulatory functions of CS have also been observed in the literature. It has the ability to inhibit matrix metalloproteinases (MMPs) which is pro-inflammatory (Wright et al., 2002) and metallothionein (Wright et al., 2002) (MT) which promotes resistance to immune-mediated apoptosis (Dutsch-Wicherek et al., 2006). Both MTs and MMPs have been found at increased levels in patient with CRS with nasal polyps (CRSwNP) (Wicherek et al., 2007; Eisenberg et al., 2008; Sauter et al., 2008). CS has also been shown to induce inflammatory cells apoptosis by TNF- $\alpha$  and IL-12 suppression (Bhol and Schechter, 2005). An improved host response might be able to account for the efficacy observed in the CS cohort even though there was no eradication of bacteria.

However, one of the limitations of this study is the time-consuming process of manufacturing CS rinses using small scale equipment. Currently, to prepare sufficient CS for a 10-day treatment course a full-time laboratory personnel requires over 10–15 h. If production cannot be upscaled, CS could be evaluated as an adjunct to oral antibiotics.

In the literature, silver has been described to exhibit low toxicity with minimal risks expected from clinical exposure. Silver is absorbed into the systemic circulation as a protein complex and eliminated by the liver and kidneys (Lansdown, 2006). Prolonged silver exposure commonly associated with

occupational and/or systemic administration can lead to deposition of silver particles in skin (argyria), eye (argyrosis), and other organs (Tomi et al., 2004). Argyria is a cosmetic concern with irreversible blue-gray skin discoloration in sun-exposed areas, but not life-threatening.

Reported cases of silver toxicity are limited. In the literature, very little data exists correlating serum silver levels with symptomatic presentation of argyria and at present there are no medical guidelines available regarding its use. The World Health Organisation reported that a person can have a total lifetime oral intake of approximately 10 g of silver with no observed adverse effects (World Health Organisation, 1996). The United States Environmental Protection Agency's has reported that a maximum acceptable oral dose of silver to be 0.005 mg/kg/day or about 0.35 mg for a 70 kg person a day, every day during their lifetime (Fung and Bowen, 1996). In this study patients will be exposed to a total of 72 mg of topical CS rinses, which is well under the total lifetime amount of 10 g and to an equivalent of 7.2 mg/day of topical silver treatment for 10 days. Our laboratory reference of serum silver levels indicates argyria could be present when serum silver levels exceed 100 nmol/L. The serum silver levels were well below this concentration and no symptoms of argyria were observed in any patient of this study.

Although this study has shown that CS is safe based on serum silver levels and smell tests, the discomfort of using CS rinses have been noted. This discomfort is likely due to the tonicity and temperature of the rinses and possible stinging properties from silver. To improve the tonicity of the rinse solution for better tolerability, we are currently looking at mixing CS with 5% dextrose isotonic solution.

#### CONCLUSION

This study concludes that twice daily CS (0.015 mg/mL) sinonasal rinses for 10 days is safe but not superior to culture-directed oral antibiotics. Future studies looking at optimizing the tolerability, duration of treatment and investigating the role of CS as an adjunct treatment to oral antibiotics should be explored and evaluated in a randomized, double-blinded, placebo-controlled trial.

#### **AUTHOR CONTRIBUTIONS**

MO: project design, data collection and analysis, manuscript preparation; KR: project design, product manufacture and quality control, manuscript preparation; CB: product manufacture and quality control; LM-V: data analysis; AP project design, manuscript preparation; SV: project design, manuscript preparation; P-JW: project design, manuscript preparation.

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